

# leftajar ARCHIVE

compiled by /u/dream-hunter

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## **XX crosspost -- a fattie gets shamed in public, the others are quick to soothe her that she's not fat.**

0 upvotes | April 5, 2013 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

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## Nobody sticks up for men on relationship subreddits. When I try, I get massively downvoted.

61 upvotes | May 4, 2013 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

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TRP cross links to a lot of blue pill examples on [/r/relationships](#). As a result, I've found myself trying to help other guys out. What can I say, I'm a giver.

I do it out of respect for other men. When I do post, my tone is very direct. However, I do "bro up" these fellow men.

The result has been massive downvotes and crazy combativeness

For example, one young college guy had it worked out with his girlfriend that, if she was admitted to his college, she would transfer. Log story short, she reneged on it, and he was very hurt, asking what to do and how to get over it. He said he felt betrayed.

Well, the top two replies were to the effect of, "you have no right to feel the way you feel. She needs to do what's best for her."

That *really* fuckin pissed me off. I replies with something like, "how dare you make him wrong for his feelings? She made a huge promise of their future together and broke it. He has every right to feel betrayed."

And then they tried to get in a semantic argument.

It was all manner of irritating.

Should I just stand idly by and watch these poor guys get hosed and then ridiculed when they ask for help? Has anyone else already gone through this?

## Should I be honorable with women?

14 upvotes | May 11, 2013 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

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I consider myself an honorable man. I've taken the whole self-improvement thing very seriously, and one of the aspects of that was improving my word. Now, when I give my word, I do my damndest to keep it.

I've noticed that women don't give a shit about honor. They will give me shit if I get caught breaking my word, but I don't get any love or respect for keeping it. And they will break their word all fucking day, and then hamster it away no big deal.

So here's my question:

All of this makes me think, "Fuckit, I should just sink to their level. My new motto is, 'Whatever I can get away with!'"

But a part of me still thinks that Honor is Honor, regardless of who I'm interacting with.

I'd love to get TRP's take on this.

Edit: Clarification: I will always be honorable with other men. I'm asking whether or not it's worth extending that to women.

## **Mark Manson, of PostMasculine.com, sold out.**

6 upvotes | June 28, 2013 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

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## Why you MUST work on your body.

41 upvotes | July 19, 2013 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

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Long time TRP-ers, this will all be review to you. You'll probably say, "duh."

New time TRP-ers like me, I need to hear this. So part of this is me saying this to myself:

**The condition of my body (ie my physical shape) is a reflection of how I value myself.**

If your body sends the message that you don't value yourself, how can you expect anybody else to value you?

Put another way, how can she respect you if you don't respect yourself?

Being physically fit is part of respecting yourself. Get to it.



**"If more men learned Game, the Men's Human Rights movement would not exist." -- Why MRA and TRP can't seem to play nice.**

13 upvotes | October 15, 2013 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

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## TRP is True feminism

7 upvotes | November 27, 2013 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

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# **Lift Weights. Lift Weights. Lift Weights. Why is that repeated so much here?**

230 upvotes | May 9, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

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## Bars and clubs stack the deck against you; pick up women in your best context.

80 upvotes | May 25, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

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Gents,

I did something I haven't done in a while, and went out to a club tonight.

I'm currently spinning 2 plates, a 7 and an 8, so I wasn't feeling an intense drive to game women.

My buddy, however, was really jonesing to give it a go. So I winged for him.

I had totally forgot how bitchy and hostile women are in clubs. I swear to god -- it's like they step in there, and pull some Dr. Jekyll and Mr. Hyde shit. Have you noticed this?

It's the weirdest thing. A woman who would be eating out of the palm of my hand during daygame instead will barely have a conversation with me at a club.

When chicks step into a club, something happens to their brain. In no other context does a 5 act like a 9. On the street, mediocre chicks understand their value and behave accordingly. In the club, they reject men like we have the bubonic plague.

Unless you have an intense drive to learn club game, pick up women where it's *easiest* for you.

There are times in your life when you get to demonstrate your prowess -- maybe you dance very well, or are huge and ripped, or play saxophone. For me, it's incredibly easy to pick up women when I do public speaking. WHATEVER CONTEXT in which you're the shit, THAT'S where you game. if you have no such context, start getting one. Stat.

Best of luck, brothers.

# Why women in relationships deliberately beta-fy their men

374 upvotes | June 26, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

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Women fit-test men all the time. If you've ever approached a woman, you've probably been fit-tested. The explanation is pretty simple: they need to make sure you're really alpha. Not just faking it. Even after getting into a relationship, they need to know you're still in charge.

What really confused me, though, is their pattern of deliberately trying to make boyfriends and husbands more beta.

I just figured it out, thanks to Blake55's comment on the recent marriage material thread:

"You're marriage material"

---translate---

You can be relied on to be there. You have limited options. You give no tingles. You might be a good provider one day.

This really clicked with me, and I want to articulate it:

Why do women actively ball-bust and emasculate their boyfriends and husbands?

**Because it secures their male's long-term commitment by reducing his options.**

Say your girlfriend really rips into you and destroys your self esteem for a whole week. That's an entire week in which:

- It's harder to stay on top of your health.
- It's harder to kick ass at your job.
- You're less likely to hit on other women.
- You're less likely to cheat.
- You're more likely to stay.

Women know, on some subconscious level, that male attractiveness is about your *mojo*, or your overall attitude. If your girl destroys your self-esteem once a week, you'll never have enough *mojo* to even think about getting another woman. Then you're hers to drain of resources. Eventually, the relationship may end, but it will be on her terms -- the way she likes it.

The analogous male behavior would be deliberately getting your girlfriend fat in order to prevent other guys from hitting on her. "But leftajar, why the hell would I do that? Wouldn't that make ME less attracted to her too?" Yes, it would.

So why do women do it? Because, historically, a *aging* women without a beta was in deep shit. At best, she would have to live with her extended family and be a burden into old age. At worst, she would end up a beggar on the streets. Many female beggars in the 19th and early 20th centuries were simply widows. And these destitute women served as a visceral reminder to ALL women: you're lucky to have a provider, sweetheart.

So, in their subconscious core, women are fucking *terrified* of not having a mate to provide for them. This fear has been bred into them as a Darwinian fitness mechanism.

The grand irony of this whole thing is that, in acting to secure her mate's long-term commitment by lowering his value, *she becomes no longer interested in him as a mate*. This didn't used to be a problem, because she'd only have to look at the destitute women to see what happens if she's tempted to leave. Now, however, thanks to alimony and no-fault divorce, when she's thoroughly betafied her man, she just leaves him and takes his money.

Take-home lessons:

- Build a lifestyle that keeps you attractive and in-charge. Never compromise it for any woman.
- Hold frame in any relationship.
- If she ever tries to betafy or ball-bust you, recognize it for what it is: She's insecure in the relationship. Handle it like any other fit-test.

Godspeed gents.

Edit: Johntookthepill provided this link in the comments:

<http://www.personalpowermeditation.com/forum/social-dynamics/the-betaization-process/>

It's amazing further reading on the subject.

## A lot of people think RP is anti-woman... let's put that one to rest.

582 upvotes | July 8, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

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There are many aspects to Redpill philosophy: theory, self-improvement, game, social dynamics, and on. But all of it boils down to this: recognizing the truth for what it is. Recognizing men for what they are, their strengths and weaknesses. And recognizing women for what they are, with their strengths and weaknesses.

It is called The Red Pill, I surmise, because once you take the proverbial pill and accept the *possibility* that it *might* be true, you start seeing confirmation everywhere. I accept RP philosophies because it did a better job explaining and predicting reality than any other philosophy I've encountered. If you can show me a better philosophy with even more predictive power than TRP, I'll be first in line to switch.

On to the point: the Red Pill philosophy seems anti-female. I can understand that.

A few reasons why it seems that way:

- Many newbies start in phase where they genuinely hate women. Imagine if someone you knew had been lying to you, controlling you, and taking advantage of you for most of your adult life. Upon becoming aware of it, the natural and logical reaction is anger and hatred. TRP's explosive growth means that the vast majority of guys are still in the anger phase.
- Women are angelized ruthlessly in the media. They are put on a pedestal, they are forgiven of heinous crimes, and they are generally presented as beings who can do no wrong. When they ARE shown as doing wrong, their agency is removed. She "couldn't help herself." She "made mistakes." Or, here's a good one: "a bad man was controlling her!" A lot of the "woman-hate" in TRP is merely pointing out the common misbehaviors of women. Newbies need to hear this often, as an antidote to the constant pedestalizing they're fed. TRP is a safe place to share the *negative* aspects of women, so that our view of them can be *balanced*.
- Lastly, thanks to 25+ years of gender feminism, Western women are out of control. They've been getting away with so much, for so long (sometimes *literally* getting away with murder. See [/r/PussyPass](#).), that they've run amok. It's not just a question of "well... some women are good and some are bad!" In the west, the entire tide has shifted towards bad. That gyrocopter chick in the UK? If that was in Asia, she never would've assaulted that guy, because she would have *expected* that he'd knock her on her ass.

The truth is, most of the veteran RPerS LOVE women. I love women. Feminine energy is amazing; it's the perfect complement to masculinity. I hope to one day settle down with the right women and start a family.

The problem is that our politically correct media sells us the idea that women are a lot like men. This is confusing for both genders. It teaches men to expect women to be something that they're not, and this mismatch between expectation and reality causes a lot of pain for us.

The whole point of TRP is to understand the truth about women so you can decide how best to get involved. I wouldn't be here if I didn't love women. I just found them so fucking confusing, that I

turned to the internet for understanding. That quest for truth led me here. Now, I love women more than ever -- but it's with my eyes open.

Just like men, women are NOT inherently good. They're just women. And THAT, my friends, is equality.



# Induct yourself into the Brotherhood of Men.

139 upvotes | July 9, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

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As I mentioned yesterday, a big part of "going Redpill" is re-balancing your view of women -- taking them off a pedestal and recognizing that they are capable of good and evil, just like men.

Time to talk about the flip-side of that coin: *re-balancing your view of men*.

Men, boys, and male-ness get shit on constantly in our culture. A few examples:

- For over 25 years, many major sitcoms and cartoons portray the fat, bumbling, idiotic husband who would burn the house down trying to make a grilled cheese sandwich if not for the timely intervention of his brilliant, patient, gorgeous wife that he somehow landed and for some reason still fucks him.
- Look at advertising: how often is there a commercial that shows a boyfriend or husband committing some dumb, insensitive mistake, and then buying his wife something to make up for it?
- Male sexuality is demonized and shamed. A 50 year old male celebrity dates a 25-year old model, and is shamed by feminists. For 99.9999% of human history, it wouldn't have turned any heads. Suddenly, magically, it's a problem. "Guys only want sex, amirite?"
- It even starts when we're little boys. This is what makes me really sad. Little boys are programmed to *run, and jump, and climb, and fight, and tease each other, and get dirty, and not stop*. They're little warriors, each one preparing himself to be an adult warrior. Without this basic male instinct to play, humans could not have hunted as effectively. These same instincts make boys a problem in the classroom, where they can't sit still for two hours straight. Normal boyhood restlessness is cause for an ADD prescription.

This stuff is everywhere. Just the same as pedestalizing women messes with your ability to relate to women, demonizing men harms your ability to relate to men.

RIGHT NOW: Decide that you're going to become part of the Brotherhood of Men.

Here's what you need to do:

- If you don't already, start being cool towards other guys. We get enough shit from women, we don't need to be each other's enemy.
- Start calling other men "brother," or even "bro." This *will* feel weird at first if you're not used to it, but over time it will strengthen your connection with other men.
- Recognize what men are good at: leadership, honor and loyalty, being real/giving straight-talk, focusing on a single task, craftsmanship. And my favorite: *Generally being low-drama*.
- Reverse the tide of white-knighting: help women less and help other men more.
- Most importantly, hang out with your bros, as much as you can. And never, EVER let a woman come in between you guys.

Thanks to women invading and demonizing male space, the overall feeling of brotherhood and kinship between men has dropped to dangerously low levels. Decide, right now, that you're going to

reclaim some of it for yourself.

Men: we know how to be friends.

edit: clarity

# The purest example of powertalk you'll ever see

16 upvotes | July 23, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

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Stephen Colbert is an American comedian who is famous for *impersonating* a right-wing commentator on his show. He's actually progressive, but his comedy bit is to be an over-the-top fake idiot right-winger.

He went on *actual* right-winger Bill O'Reilly's show for an interview. It's 7 minutes of Stephen Colbert powertalking all over Bill, and Bill can't do a damn thing about it. He makes subtle digs, makes Bill look bad, dances and evades. Colbert is destroying Bill, and Bill knows it. But again, he's powerless. THAT's the power... of powertalk. Plausible deniability.

Check it out:

[https://www.youtube.com/watch?v=3\\_vh\\_GjaeRs](https://www.youtube.com/watch?v=3_vh_GjaeRs)

(Sidebar for link to powertalk article. If you haven't read it yet, do that first. It's a game-changer, a paradigm-shifter.

edit: dang a lot of you are saying this doesn't qualify. on review you're right; bad example. Bill wouldn't let himself get schooled on his own show. I was likely a promo.

**Thanks to this community, for the bro-ing up and the straight-talk.**

17 upvotes | July 28, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

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## U.S. states receive federal money to issue child support orders, creating a perverse incentive.

91 upvotes | August 7, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

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Sup fellas,

I was reading [this excellent Dalrock article](#) about divorce and the threat-point of women leaving...and he linked to [a personal account](#) of a man who was blind-sided by divorce-rape. It's really a chilling, sorrowful story. Worth a read, if nothing other than to drive home the point to never get married.

The guy said something that gave me pause:

States get matching funds from the federal government for every support order they issue; therefore there is an built-in economic incentive against family reconciliation and against shared custody and an economic incentive for sole physical custody.

I saw that and thought, "no frickin' way."

30 seconds of googling later, and I ended up at the [Wikipedia entry for the Office of Child Support Enforcement](#):

the Federal Government enacted the Child Support Enforcement and Paternity Establishment Program (CSE) in 1975....**authorizing Federal matching funds for enforcement purposes—locating nonresident parents, establishing paternity, establishing child support awards, and collecting child support payments.**[2]

And there it is. The federal government is literally *giving money* to the states, for the purposes of enforcing child support payments.

This creates a *perverse* incentive for the state to rule *against* men. By facilitating the divorce-rape of men, states receive federal money to continue doing exactly that.

This is bullshit.

## Why are custody courts so stacked? States receive federal money based on how many support orders they issue.

135 upvotes | August 7, 2014 | /r/MensRights | [Link](#) | [Reddit Link](#)

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Hey guys, I was doing some research on divorce today, and came across a personal account of a man who was blind-sided by divorce. It's really a chilling, sorrowful story. Worth a read, if nothing other than to drive home the point to never get married.

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This creates a *perverse* incentive for the state to rule *against* men. By facilitating the divorce-rape of men, states receive federal money to continue doing exactly that.

It helps to explain why the courts are so stacked against men: states will receive to enforce custody judgments. With joint custody, there's nothing to enforce. Hence, if they want some of that sweet federal money, they better take your kids away during the divorce.

It's an absolutely despicable incentive.

edit: Here's a video of a woman who worked in the child support court, explaining how their main objective was simply to *maximize* support payments, with little other consideration.

# Briffault's Law explains why women go cold after marriage

84 upvotes | August 25, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

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When does the expectation of mutual benefit in marriage go seriously wrong in the west? It goes wrong as soon as the "I Dos" are said, or very shortly thereafter. Why is this so? Because you, the man have just entered into a contract with the state where you have promised that you will provide everything to your bride, and where the bride has promised nothing. By the way, the full weight of the law and public opinion will support her stripping you of every thing you have, including your children, and most of what you will ever make in the future, when (not if) she decides to dump you. **Hence, once you enter into the contract you have nothing left to offer her. Everything you have, or will have, is already hers.** Seem like a harsh statement? I thought so too, the first time I heard it, during an argument with my first wife towards the end of our marriage. *She asked me the eternal female question, "What do you do for me?" (i.e. what benefit do I get from associating with you?) I responded, "I pay all your expenses. I feed, clothe, and house you. And, I am paying for your college tuition." She told me that all the money I earned was her money and that if she let me have any of it that was pure charity on her part, so I was doing nothing for her.* I thought this was unduly harsh. The divorce courts showed me that it was pretty much just a statement of fact. The wife has it all, and can make her part of the marriage contract, the portion where she is to provide you with companionship, comfort, loyalty, sex, etc., null and void at any time while keeping everything you have/had/will ever have. She has no need to associate with you further once you are married (see corollary 2). (What is the difference between regular Barbie doll and divorced Barbie doll? Divorced Barbie comes with her stuff and all of Ken's stuff too.) This seems a totally destructive state of affairs. Recently many in the western nations have been up in arms over a law passed in, I believe, Saudi Arabia that said if a married woman refuses her husband sex, then he can refuse to feed her. All are screaming it is Islamic misogyny. Seems to me, it is an equal degree of enforcement for both sides of a contract.

(emphasis mine)

From stickman's phenomenal explanation of Briffault's Law. The whole thing is worth reading. I'd link it, but the bots seem to always shit on that, so google "Briffault's Law," it's the third result.

## Non-Redpillers: how would you analyze/interpret this example of "holding frame?"

7 upvotes | August 28, 2014 | /r/PurplePillDebate | [Link](#) | [Reddit Link](#)

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This was a very popular post on TRP this week. I understand the TRP stance on what happened, I'm curious to hear the non-RP stance.

So I have a plate over and we bang. She has been bitching a lot about us getting exclusive lately. I was on the bubble whether or not I should make her a LTR (as I do enjoying being in LTR's myself), but this day she was being awfully bitchy.

After the bang she starts shit testing.

"You know, us having all of this sex could get me pregnant."

No it won't. (Then silence) "You know, it's bullshit how you'll fuck me but not want to be with me."

Silence. "You're an asshole. You'd rather check your email than spend time with me." (Notice, she had already been on her phone like 3 times at this point and even had another dude calling her, which she had to mention which I did not respond to.)

I think it's time for you to go home now. "OH I WILL! You don't think I'll leave? I Will!

She gets up and starts putting her clothes on.

"Such a jerk, blah blah, asshole, blah blah, never having sex with you again blah blah."

Go home and collect yourself and when you learn to not talk to me like that you can come back another day. "Blah, blah, babbety blah asshole blah."

Say Nothing, still checking email on phone. (She starts crying and lays back down with me.)

"I know I'm a crazy emotional mess. I'm sorry, I've always had emotional problems. I can't help it."

You still need to leave. I will not deal with these kind of outbursts and it's why we're not exclusive. Come back when you learn how to speak to me in a respectful manner. (More crying and rationalizing, finally leaves. I am still on the bed responding to emails on my phone. 5 mins later hear a knock at my door. She comes walking in still crying.)

"I'm sorry, just let me lay with you. Please, blah, blah."

No. You can come back another time when you learn how to speak with me. It's time to go."

I held frame and she crumbled. She recognized her ridiculous behavior, apologized for it, and wanted me to crumble and say come lay back in bed. I wanted her to go home and think about how she acted and how I did not reward her actions. I wanted her to have to ride home thinking about it and then realize I will not tolerate emotional outbursts for no reason. In the past I'd let it slide off of my back, or just cave when she started crying and apologizing. This time I held frame, and it slapped me in my face when I continued checking my email while she was getting dressed. I learned that I don't hold frame long



enough sometimes and I need to learn to hold it longer when needed. Seeing her melt when I didn't chase after her when she started getting dressed or begged her to stay was the biggest slap in my face to how holding frame works at its finest.

Thanks for all of the frame talk on here, fellas. I'm not a noob, but I still find myself learning new things every day.

Cheers

# You're the island, and she's the seagull.

436 upvotes | August 30, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

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Guys, the #1 mistake that men make is projecting their own traits onto women.

Getting shit done, which is squarely the domain of men, requires teamwork and alliances. Loyalty and trustworthiness are the literal CURRENCY of male relationships. Think about that for a moment.

Women simply. Are. Not. Loyal.

Super-high SMV guys are rapping about it.

Towards that end, I've developed a useful metaphor: the Island/Seagull concept.

As a man, YOU ARE AN ISLAND in the middle of the ocean. The better your SMV, the cooler your island. More food sources, better weather... generally a rockin' place for a seagull to hang out.

If your island really kicks ass, the seagull might stay there forever.

HOWEVER.

Seagulls can fly. They're designed for it. If they catch whiff of a better island, and they think they can make the journey, they'll go. Period.

The corollary to this is: it is USELESS to try to convince a seagull to stay there. Because fuck you, they can just flap their wings and adios.

All you can do is make the island a place where seagulls would really want to hang out.

Also, it's absolute lunacy to give a seagull domain over your island. Because they'll just eat all the food until there's none left, and shit everywhere. When there's nothing left to take? Adios, on to the next island. You'll just be a barren, shitty rock on the open water.

Btw, do you lift yet? You should go do that.

# You are disposable. The world does not care about you.

523 upvotes | September 1, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

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Men have always been the disposable sex. It's the biological truth of our species. The *number of wombs* in a tribe represented its most important resource: the capacity for reproduction.

One very happy man could generate enough semen to impregnate the women of an entire tribe. So what about the other men? They have ZERO inherent reproductive value. Their only value is *what they can produce* for the tribe.

That is why women are objectified for their beauty and men are objectified for their resources. That is the most basic, naked contribution of each sex to our species' survival.

What does that mean? Your life is inherently worthless. There are only two people in this world who truly care about you: your mom, and your dad -- if he stuck around.

SOCIETY DOES NOT GIVE A SHIT ABOUT YOU. It sucks, but it's our biological tendency.

Men have risked their lives to explore the world, work dangerous jobs, and go to war. Millions of men have been ground into the dust under the boot of the modern war machine. And for what? Resources.

Watch this, and think about MALE DISPOSABILITY: [The D-Day Scene from Saving Private Ryan](#)  
(Edit: original vid was taken down; here's a [new link](#))

Look at those men in the boat. Grim, determined, some prepared to die. And for what? Patriotism? Honor? Because they were shamed into doing it by society?

Most of the men in that boat will die. Machine gun rounds will pierce their organs. Mortars will blow off a limb, and they'll bleed out. Or they may simply drown in the channel under the weight of their gear. (Edit: some of these men were *drafted*, meaning they had no choice. That's slavery.)

(Side note: how could anyone in their right mind expect women to go to war?)

THE ONLY MEMORY of the dead men will be a tombstone in a national cemetery, and the grief of their mothers when they receive a typed letter from the US Army.

Civilization was paved with the bones of men.

You are disposable. Society doesn't care about you. CARE ABOUT YOURSELF FIRST. ALWAYS. Because outside of your mother, nobody else will.

## How to maintain frame: don't take anything women say seriously.

125 upvotes | September 18, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

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I've recently hit a new frontier of my relating to women. Everything is smooth as butter: no more strife, no more bullshit.

What happened was, I kept reading TRP, post, after post, after post of stories, links, and recommendations.

When guys like [/u/illimitableman](#) say AWALT, *it's true*. It's all true.

**The secret to navigating women is to never take what they say seriously.**

Whenever you're in a conversation with a woman, consider that you're in Emotion-Land, the theme park. Everything is about fun, and good feelings, and no responsibility.

If you must work with women at your job, know this: they are *playing serious*. Getting shit done does not come naturally to most women; so when they work a serious job, they are putting on a mask. They are *pretending* to be people who get shit done. (In Russia, when the men talk politics, *the women shut their mouths*.)

I know of at least two women who have high-salary jobs, who, when they get home from work, cry. Sometimes it even happens in the car, before they get home. Now I understand the need for cathartic emotional release, but these women are crying *almost every weekday*.

Does it sound like they're cut out for this crap? Hell no.

That's the secret to "maintaining frame," "amused mastery," and other stuff. Just tell yourself, "it's all games, even when they're pretending to be serious."

That will save you a lot of trouble.

And ironically, women will like you more for it.

# PUA's who've dated foreign women: American women are worse

97 upvotes | September 19, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

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Pickup gurus who've done some serious traveling have been busy swearing off American women. Guys like the obvious Roosh, and less-so-obvious Mark Manson. [Mark actually writes about it here](#). I have to hand it to Mark, because he does a fantastic job not offending the reader. However, deep into the long article, he finally admits:

...I find much more value in creating relationships in cultures which do value [...] authentic communication, emotional expression, loyalty, being fun-loving and enjoying life first. And most of these cultural factors are better found outside of the United States.

The way he avoids calling out American women is to point it at "cultural factors." He de-sexualizes it, disconnecting it from women and abstracting out to "culture." That's intellectually dishonest, because we are talking about women and relationships.

Mark Mason is very indirectly saying, that American women lack the following traits:

- Authenticity
- Emotional expression
- Being generally fun
- Enjoying life

This is how Mark avoids offending the reader. He's phrasing it as the negative of the positive trait, the "not good." It's Orwellian doublespeak, and what it does is to soften the impact of his message. Stated directly, the negative traits of American women sound much harsher:

- Fake
- Emotionally weird
- Being a downer
- Being sad or miserable.

Ouch. Sounds pretty accurate. Most of my female friends are, in some way, miserable or sad. Most are on psychoactive drugs of some kind (anti-anxiety, anti-depressant, etc)

Roosh, on the other hand, doesn't require any translating; he's very direct:

## 42 Things Wrong with American Women:

- 13 - They don't know how to be sexy.
- 14 - They have standards way beyond their level of attractiveness.
- 39 - They are uncomfortable in their own skin.
- 42 - They go on and on about the stupidest shit.

So, American bros: that's what we're dealing with.

American women were ruined by feminism. It's literally uncool to be feminine in America, and that's fucked. I don't want to date a bro with a vagina. I've only dated two foreign women, but each one was a fantastic experience. When I can, I'll be doing some traveling. Let's see, do I want my children to be half-Latino, or half-Asian...

# If you can control your need for sex, you win.

223 upvotes | October 22, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

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Guys, women are constantly trying to get attention. Almost everything they do is an attention-grab.

I went to a house party. I was feeling good -- talkative and confident. That day I decided to do an experiment. I was ONLY going to talk to men. Get some good bro-time. (Side note: men are better company than women, on average.)

So I did. I shot the shit with the guys there. We were laughing, whooping it up, and having a grand old time. Lo and behold, a couple of girls tried to break into the conversation.

The way they did it was absolutely amateur. They added nothing of value to the conversation, but rather were annoying. I straight-up called them on it: "Hey! Don't interrupt." *Smirk* Back to talking to the bros.

What happened? This drove them ape-shit, and they doubled-down on their efforts to get my attention. IOI's left and right. It was nuts.

I ended up fucking one of them, but that's another story.

The point is: *women need your attention*. The way they get it, is to use sex appeal. If you can learn to control your need for sex, they have no power. ZERO POWER. The only power they have, is the power that you give.

This is partially in response to the stupid "little girls saying fuck" video link on TRP right now. Like many of you, I found that shit disgusting. Don't use little girls to further your (retarded) agenda; that's low-rent behavior.

However, in reading some of the comments, I realized something:

*That video is an attention-grab... like everything else women do.*

The way to win is simply *don't pay them any attention*.

These days, there are only three reasons I even talk to women:

- I have to. (They're a waitress, cashier, etc., or I'm working with them.)
- I'm trying to get laid.
- Or they're a GF of one of my bros.

That's it. The more you make women work for your attention, the more power you have.

That sort of mastery comes from having control over your sex urges. The ONLY thing you need from them is sex, and once you stop needing it, you're free forever.

For guys just starting out, my best recommendation is to *completely let go of getting laid*. For the next three months, you're voluntarily celibate. If you go to a bar, don't go out of your way to hit on women. Just experience what it's like to NOT put pressure on yourself. How many times have you gone out, hoping, wanting, striving to get laid? Fuck that. That's no fun. Experience what it's like to not need sex. That's step 1 to restoring your male power.

Edit: Just to clear things up, the reason I was able to bang that girl was a combination of DHV's and social proof. I was clearly the source of fun for the group of guys. I was joking around, busting balls, and having a good time. The women wanted a piece of that, and then I negged them with the "don't

interrupt."

So yes, simply ignoring women is not a path to getting laid. However, if you have power, then it can be a useful tactic. Abstinence can be a way to build that power.

However, I was actually, seriously intent on NOT talking to women. At the same time, I won't turn down a lay if I know I can get it.



## Manly quote of the day: Winston Churchill on America Entering WW2

35 upvotes | December 2, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

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Now at this very moment I knew that the United States was in the war, up to the neck and in to the death. So we had won after all! How long the war would last or in what fashion it would end no man could tell, nor did I at this moment care. We should not be wiped out. Our history would not come to an end. Hitler's fate was sealed. Mussolini's fate was sealed. As for the Japanese, they would be ground to a powder. All the rest was merely the proper application of overwhelming force.

As you read this, try to imagine him saying it. These words were off the cuff. Say it out loud to yourself even, feel the power and intent behind those words. If you can speak even 20% this powerfully in your day-to-day life, you're well on your way.

(x-post [/r/MURICA](#) )

# How to survive working with women

484 upvotes | January 14, 2015 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

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A gentleman posted in [/r/asktrp](#) with a question -- he is about to begin a new job in which he is the *only* male in a group of *twenty-five* females. If that made your asshole pucker in terror, good: you're right to be cautious. This list was written for that man, but the rules apply to any man forced to work alongside women.

Follow these rules to maximize harmony, reduce needless stress, and survive disaster. (6th critical point added by [/u/cyralea](#))

1. **Never, ever, take sides.** Women will approach you and complain about each other; it's what they do. Listen, empathize, and *never, under any circumstances, take one woman's side.*
2. **Get used to refusing requests for help.** Every job I've ever had with females, they were constantly trying to offload their basic job description onto the males. In other words, they were always asking for help with shit they should be able to handle. As the lone male, this will be amplified times a hundred for you. *Just say no to shit.*
3. **Do not fuck any of them. These women are off-limits for fucking.** The simple rule, of "don't shit where you eat," is quadruply appropriate for you. *Women can't keep secrets.* If you bang one of them, the rest will know within a day or two. Guaranteed. Don't do it.
4. **Don't be too effective.** Women generally don't work very well, and they constantly require group validation. You put these two things together, and what you get is an environment in which everybody is aware of how hard everybody else is working. The level of work of each woman is well-calibrated to both: not get fired, and *not make anyone else look bad.* In a male environment, everyone is trying to get ahead. In a female environment, everyone is trying not to piss everyone else off. ~~Figure out how hard the top 5 women work, and work that hard. But NO HARDER!~~ (Edit: **Read the culture, go with the flow, and don't make a woman look bad.** It comes down to culture. If your female coworkers are effective and low-drama, by all means -- kick ass. Just be wary. *Exclusively*-female workplaces have a tendency to devolve into... cattiness, which creates loafing. The presence of a single male changes that. If you were to enter a catty, ineffective group of females, bringing a male ass-kicking attitude, it would send shockwaves of surprise and distress through the females. Seriously -- I cannot overstate how nutty it gets without any males. Just read the article [Read from halfway](#).)
5. **Don't play favorites; conduct yourself as a loner.** Women are hypersensitive to politics. Groups of women will try to enlist you as a beta orbiter constantly. Stay aloof. You're the rooster in the henhouse; you're the adult on the playground. Just hold yourself to a good standard of behavior, and stay out of muck of female relationships. *Women don't need a valid reason to hate you.* It could be as simple as, "you always sit with those women at lunch, and I don't like them. So I don't like you. No promotion." Sit alone, eat alone, keep to yourself. Better to be the enigmatic loner than Cathy's male bitch for all the other bitches to hate.
6. **Never confide in these women.** They will likely question you and pry into your life under the seemingly innocent guise of friendly banter. Don't fall for this. The more they learn about you, the more they have leverage to potentially use against you. Keep your conversations light and professional, but most importantly fact-free as it pertains to any aspect of your personal life. Any given one of them might be friendly today, but maybe tomorrow she is catching a vibe

from the other ladies that you're untrustworthy. Her feels won't let her rebuke them. Suddenly all the things you confided to her because she seemed like a decent person go out the window.

That's it; good luck, brothers.

Edit: we're getting some confusion about #4. That advice is for a lone man in an otherwise all-female environment. In that situation, the women's level of effort is calibrated to each other, which is typically way lower than what they're capable of. In that situation, if you did your best, you'd embarrass all the women. In a normal, mixed-gender environment, that's not a concern; just do your best.

2nd edit: for some epic lulz, see [what happened to an all-female TV company.](#)]

3rd edit: Fun story in support of #4. In the past, I made acquaintance with a veteran aerobics instructor in her 50's. She was a cool gal, very direct, with an old-school midwestern attitude. She was a great trainer because she was encouraging, but called you on your bullshit.

She invited me to attend her aerobics class for free. So I went. Fun, decent cardio. Interesting thing was, I was the only male in the room. So I fuckin' stepped up and gave it 100%.

Chit-chatting afterwards, she mentioned something to me. "I'm glad you're here. It helps to have a guy here."

Pause. Whoa. Interesting... "What do you mean?"

"Well, if there's no guy in the room, they all slack! And they complain endlessly! GOD.. it's so irritating! .... But with just one guy here, not a peep."

# Corporate culture is overly feminized and toxic to males. The only escape is to work for yourself.

100 upvotes | January 15, 2015 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

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I encountered this insightful comment from [/u/illimitableman](#):

It also helps I'm not stuck in a liberal environment on a day-to-day basis, that shit wears down on your psyche and nibbles at your masculinity bit-by-bit with the constant henpecking, tone policing and other bullshit you have to endure. It is passive aggressive, socially accepted and subtle enough not to result in coming under scrutiny, but by god is it effective. It's basically "behave how we want or be ostracised" which, when you need money and shit, is the equivalent of holding your masculinity to ransom in a gynocratic society. Free men can say whatever the hell they want, most of us aren't free.

After years away from it, I recently re-entered the corporate world as a freelancer. Now, finally, I can see the toxicity and bloat of corporate communication. There is a near-pathological level of sugar-coating, conflict-avoiding, and beating around the bush.

This is the result of women entering the workplace. Most women are emotionally hypersensitive to any feedback. Good luck if you have to give them negative feedback. You can't just tell Nancy her report sucked; there's a solid chance she'll have a meltdown. In order to survive, you must force your language through a filter, anesthetizing it of any possible female butthurt. Thus men are made to communicate like women.

Illimitable's right: it's a gynocracy. A passive, indirect, *ineffective* communication style is being pushed in many corporate environments. Comply, or it could mean your livelihood.

If you work in such a place, know this: it is NOT NATURAL.

When you're forced into that style, nine hours a day, it affects you. Your voice becomes higher pitched. You get anxiety. You're exhausted in the evening.

Constantly walking on eggshells creates stress. Stress creates cortisol, which directly inhibits your testosterone. So, in a sense, acting like a woman reduces your ability to be a man.

It's toxic, and you have to get out.

**So what's the solution?**

**Become an entrepreneur.**

My bosses are my clients. As long as they're happy, I'm working. Instead of worrying about how I'm phrasing my emails, I spend my time helping my customers, while brainstorming new ways to add value. When I interact with the clients, I'm in sales mode. All the rest of the time, I'm free to be myself.

**So how do you get there?**

If you're an extravert, go work in sales for at least one year. If you're smart, and you apply yourself, that's enough time to thoroughly acquire the skillset. Seriously, you can get good at sales really fast.

After a year, you'll be able to click into- and out-of sales mode at the drop of a hat. Very valuable skill, at every level of entrepreneurship.

Kick ass at sales, save money, quit, start a business. [/r/entrepreneur](#) for ideas.

Introverts might prefer acquiring a skill that can be freelanced. Software development, graphic design, copywriting, personal training, craftsmanship, there are so many possibilities. There are courses available on how to become a freelancer. Pick up some freelancing around your day job, while aggressively saving money. When you have a cushion saved, quit your job and go full freelance. Smooth transition.

So there you go. Corporate culture is toxic and anti-male. Do yourself a favor, and become your own boss.

# Why do sluts slut it up? The evolutionary basis of sluttiness

135 upvotes | January 18, 2015 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

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One of the fundamental ideas underlying modern seduction is this: our instincts are out of place in the modern world.

Our brains are designed to live in a stone-age tribe of about 150 people, give or take. In that situation, each female's job is to secure commitment from the highest-value male she can. Her tool for securing that commitment is sex.

In a small tribe, everyone knows everyone else, and they also know each person's status. The tribal chief is highest status. There's the second-highest status guy, his son. And then there's the 3rd, 4th, and 5th, etc.

If the chief's son picks a female to mate with, she will instantly go fuck him, no game required. Why? Because this is her best chance to garner resources for herself and her offspring. In fucking him, she hopes that the oxytocin and assorted bonding chemicals will take their effect on him, and cause him to desire commitment with her. In a small tribe, this was likely to result in a pair-bond, due to the simple fact that there weren't a lot of options, edit: and the fact that she's probably now pregnant.

In the modern world, we live in cities with potentially millions of strangers. There is no "chief." So, there is NO LONGER SUCH A THING as "absolute status." "Status" is now entirely based on social skills, aka Game.

When a woman goes into the modern-day nightclub, there could be five or ten guys who have the requisite game to attract her. Her instinct, again, is to fuck the highest-status guy ASAP, because that might be her only chance to exert that sweet cocktail of bonding chemicals.

Unfortunately for sluts, they are no longer in short supply. In a tribe of 150, you can't pump-and-dump a woman; there might only be twenty-five females of eligible age. In a modern city, a Player with Game can run through hundreds of women without any negative repercussions.

Sluts get screwed over because they are indulging in obsolete instincts. It's just like our desire for sugar: back in the day, it was only found in fruit, which is generally a healthy thing for humans to eat. Nowadays, we have refined sugar everywhere, causing legions of people get obese and develop diabetes.

**Sluts are like the obese diabetics of the sexual world: they are over-indulging in instincts that were once beneficial, but now are harmful.**

Mankind's solution to this problem, for thousands of years, was religion-enforced monogamy. However, within the past two generations, liberalism has destroyed religion as a cultural phenomenon, effectively cutting the brake lines of female hypergamy.

It's a good time to be a high-status male.

Edit: [/u/MattyAnon](#) pointed out something excellent:

A peculiarity of modern life is that women are spending 10 years having sex without getting pregnant. This would not happen naturally, and genetically speaking this is a problem that is solved by increasing desire and therefore having MOAR SEX. A great time to be a high-status male indeed :)

## Want to Redpill up? READ THE MATERIALS.

299 upvotes | January 27, 2015 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

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"Woo! I've been lurking on this sub and occasionally posting for like, a few weeks now! One of my cookie-cutter comments got 8 upvotes! I'm like, totally redpill guise, amiright?"

No.

If you want to really become redpill, *get okay with reading a lot of words*. Before you do anything else, go read the entire sidebar, and ESPECIALLY The Misandry Bubble. It is 40 pages of the most hardcore, dense, redpill theory you will encounter. It explain everything -- how women behave, what happened in America, and how Feminism fucked everything.

Then, check out the user pages for [/u/illimitableman](#), [/u/whisper](#), [/u/archwinger](#), [/u/redpillschool](#), and some of the other mods as well. Sort by "top comments" to see their best.

I've been active on this sub for *over a year*, and only now do I feel like I'm finally beginning to understand women. Also, I'm a voracious reader. Add up all the sidebar materials, and I've read 5-10 times that in length.

That is how you have to be.

This post was prompted by another post here, "Doesn't matter if you've provided for her for 30 years, women aren't loyal." This guy's poor dad, who worked his ass for 30 years to provide a 6-figure family income, is now getting divorced by his mom, mere months after being laid off. The lesson is to beware and don't assume women are loyal.

With love and respect, no shit. That's standard Briffault's Law, which is a foundational RP concept. [/u/bsutansalt](#), god bless him, made a comment pointing out it that it was an application of Briffault's Law, and was rewarded with a paltry ten upvotes. To me, this indicates that only 10 of the 100+ upvoters even read the fucking sidebar at all.

(It's not my intention to call anybody out; I'm just making a point about the need to read.)

So: you want to be the man? You want to be alpha, unshakeable, and have a deep understanding of women? READ.

Start with the Misandry Bubble. It's really frickin' interesting, and you can feel your brain reorganize as you read it.

Godspeed gents.

## Every married man should read this.

127 upvotes | February 7, 2015 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

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I was browsing Dark Enlightenment today, (as many veteran TRPers do, but that's another story), and came across this [fantastic personal account](#).

Context: the guy has been implementing Athol Kay's plan to reassert dominance in a marriage, and he hits a snag:

[My wife] was PMSing pretty bad, but we were going away to a family event for the weekend and I wanted to get me some lovin' before we went. I knew it would be a dry spell on the weekend and thought my pure awesomeness would let me push through the clear hard nos that I was hearing from her.

She flipped out (understandably). Said some pretty harsh things about the changes in me, how she doesn't like having sex all the time, even threw in some comments about "duty" sex not being so stellar. I held frame, kept my cool, showed outcome independence and took it like a man. She asked for me to cool it for a few days so I said "fine."

Which was the right move.

But then:

But something shifted down deep inside. Something that frankly scared the living shit out of me. In front of me, I no longer saw my beautiful sexy wife that was in killer shape despite 3 kids and pushing 40. I saw the wrinkles, I saw the saggiess, I saw the lumps and bumps. I saw an aging, crazy, bitch of a woman. And I was... just not into her any more.

Check out [the article](#) for the rest. It's a good, basic account of a man redpilling up in his marriage, and the dangers of marriage.

There's also some good theory. What are the options for a man who's woken up and realized, he's just not that into his wife?



## An early lesson for doing approaches: have a screening mindset.

41 upvotes | February 12, 2015 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

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I've been out in the clubs recently, and I'd like to talk about getting rejected.

Most women are not direct enough to reject you. Instead, they communicate their disinterest through their eye contact and body orientation. They'll orient their body away from you, look away from you, or even just actively freeze you out of conversation. This is how they reject you, and it IS obvious -- if you're watching. (If you're not yet brave enough to do approaches, you can still get experience reading body-language. Just engage in people-watching.)

Last Saturday I went out for five hours, and did about fifteen approaches. I learned something: getting rejected isn't the worst thing. In actuality, it's pretty okay, because you instantly get to move on. The girl you approached, was gutsy enough to *tell you* that you're barking up the wrong tree. Most of them just ignore you and hope you go away.

The real enemies are the time-wasters: girls who WILL engage with you, flirt with you, even let you touch them on the hip. But if you escalate further, they'll mention they have a boyfriend. These are sexually UNavailable chicks looking for validation. If you sense any kind of weirdness coming from a girl, make a polarizing statement, like "are you single?" It's not the most cocky-funny, but does the job of weeding out time-wasters. Alternatively, when you shake her hand, just keep holding onto it -- this crosses the line into a sexual communication. There's something about physical touch that really forces the issue; she'll almost always give you a clear response.

Think of it as screening, or filtering. You're filtering for: girls that like you, who are sexually available.

Good further reading on screening: [Good Looking Loser on Screening](#)

I ended up wasting about 45 minutes talking to unavailable girls, and all of that could've been avoided if I used the hand-holding technique he recommends.

## Other guys in their early 30's... becoming more ambivalent about dating?

120 upvotes | March 29, 2015 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

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I was talking with my single friend yesterday. Just for reference, I'm 32, and he's 36.

He said, "Dude... I have to run something by you. I'm 36, I've already been married and divorced... and I feel like, if I don't settle down again soon, it'll never happen."

"Why not?"

"Well, the older I get, the less motivated I am to chase tail. If I take a girl home to have sex, between the date and the likely LMR, I won't end up getting to sleep until one or two in the morning. It pretty much guarantees my next day will be lackluster." (he's in the PUA community, so he actually said "LMR")

I was thinking about what he said, and I think I feel the same way.

Don't get me wrong -- there are positives to being older. I'm mostly impervious to female bullshit at this point. If a girl tries to manipulate me, or use her sexuality as a weapon, I can recognize it and shut it down about 95% of the time.

On the flipside, it's easier and easier to just... not pursue chicks. My standards have gotten higher and higher, while my sex drive slowly but steadily decreases. I've actually turned down easy lays from 5's and 6's recently.

Any other early 30's single guys experiencing this?

## **X-post, DarkEnlightenment: A super-short history of, "Why do people make such a big deal about college?"**

1 upvotes | April 4, 2015 | /r/AlreadyRed | [Link](#) | [Reddit Link](#)

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# Exploring realistic paths to a healthy state of, "Not Giving a Fuck."

89 upvotes | April 10, 2015 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

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Within the past year, I've started to actually and truly Not Give a Fuck about what others think about me. Let's clarify that.

Humans are social critters; to do anything good, you need the cooperation of other people. Therefore, I do CARE what other people think about me. I want to be liked, respected, admired, etc... but NOT because I NEED it, but rather, it makes my life mission easier to accomplish.

*So, it's not that I "Don't Give A Fuck" what others think; rather, how others perceive me no longer effects my self-esteem.*

Great, so how do you *realistically* get there? There are three paths I'm aware of:

## 1) Get painfully betrayed/manipulated/fucked over by a romantic partner, friend, family member, or other relationship.

This is 80% of what did it for me. Within the past two years, I had a live-in girlfriend cheat on me, manipulate me, and then gaslight me for twelve months, all the while extracting money from me in the form of an uneven rent split.

At the same time, I had a business partner who was a sociopath. He also gaslit me, and destroyed my self-esteem in order to extract money and free work.

This was a lot like going through Rejection Boot Camp. I was made to feel so shitty by these two people, that it would take *A LOT* to phase me these days. Now, if people talk shit to me, my feeling is, "That's it? That's all you got? The sociopath was wayyyyy worse than you."

Now, I'm not advocating that you seek out sociopaths to build your toughness. However, do look back at any abusive relationships you had, and realize that *those gave you strength and resiliency*.

## 2) Take illegal drugs, so that you can experience the state of "not giving a fuck." That gives you a reference experience from which you can mold your future behavior.

Disclaimer: I'm not a doctor or drug dealer. This whole post is a fucking anecdote. I'm not endorsing taking illegal drugs; I'm merely mentioning this path in the interests of being comprehensive.

Drugs that can help create a state of NGAF:

- MDMA. This drug, for a period of 3-5 hours, will replace almost all social fear with curiosity and love for other people. MDMA will also help you get comfortable touching others. (Side note: MDMA is finally being researched [as a treatment for PTSD](#).)
- Psychedelics: mushrooms/LSD. I have never felt such a feeling of, "everything is absolutely okay," than I did on mushrooms. Within that feeling of "right-ness," I found that all social fear evaporated, replaced only by empathy and a desire to understand others. If someone reacted negatively to me, it had little to do with me. Rather, it was a manifestation of their own fear or personal issues. (LSD has been shown to be [very effective at treating alcoholism](#).)
- Cocaine. Coke is basically "dark triad" in a powder form. If you snort a few lines of coke, you will experience what it is like to be a hyper-confident, narcissistic asshole. It's the opposite of empathy. For wimpy recovering nice guys, it can be valuable to know what that feels like.

Unlike MDMA and psychedelics, the insights from coke don't last very long.

### 3) Practice. Fake it til you make it.

You knew this was coming.

If you get out there in the world, and display your genuine self, some people won't like it. Being genuine is actually *polarizing*: some people will like you, some won't care, and some will dislike you. This is totally normal.

If you are brave enough to put your real self out there, some people will reject it. This hurts. But every time, it hurts a little bit less... until eventually, it barely registers. Eventually rejection or bad vibes will stop triggering an emotional response. You'll just think, "Oh, there's another person I won't associate with."

So, get out there. Mingle. Do social shit. Dare to be yourself. Over time, you will become more confident in who you are, and your skin will become thicker.

Not Giving a Fuck is liberating. What these three paths have in common, is they all encompass PAIN and/or PUSHING YOUR COMFORT ZONE. That is how you grow.

Godspeed, gents.

# The success of Feminism simultaneously proves and disproves the existence of "Patriarchy."

53 upvotes | April 13, 2015 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

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Feminism, Patriarchy, and all that other bullshit seems really complicated.

Allow me to drastically simplify.

Feminism teaches us that Men, as a class, have oppressed Women, as a class, for all of human history. Behind closed doors (or closed tent flaps), men have plotted and schemed to keep women down! Only through activism and lobbying have things changed! Rawr.

## The success of Feminism itself disproves Patriarchy:

Feminism has a history of *lobbying men for things, and then receiving them*:

Susan B. Anthony:

| We want to vote, even though we don't serve in the military! *March! Demonstrate! Be annoying!*

Men:

| Fine, Jesus, you can vote. Shut the fuck up, already.

But... wait a minute. If men *were conspiring to keep women down, why did we ALLOW them to vote?*

The suffragettes would have said some baloney about "speaking truth to power" or the "power of grassroots," or whatever bullshit terms were found in 1800's vernacular.

The truth is, *they asked, and they received*. Does that sound like oppression?

No, THIS is oppression: "Please, sir... can I have some more?" "You want... SOME MORE?"

Implied: Go Fuck Yourself.

## The success of Feminism *does* proves that the world IS a patriarchy (little "p").

Yes: men run the fucking world, because we're better suited for it. Having civilization requires all sorts of distasteful shit, like running courts, criminal justice systems, bombing people, figuring out where to send the million of tons of sewage that feminists expel from their mouths, err, assholes, every year. Etc.

*Women are unwilling and/or incapable of doing said shit.*

So when they wanted the vote, who did they ask? MEN. Way to smash patriarchy, ladies. Ask Daddy for another doll while pretending Daddy's not in charge.

The history of Feminism is *women nagging men for legal privileges, and by-and-large getting them*. But...but... mah oppreshun...? Feminists are like internet trolls: their only power is what they *trick you into giving them*. Just like internet trolls, if you ignore them, they can't do shit.

Western Civilization is like one giant Bluepill Beta-Male: *it keeps giving in to nagging*. The West: way to keep the pimp hand strong. /s

Godspeed, gents.

# "Toxic Masculinity" is a half-truth

100 upvotes | April 16, 2015 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

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I had an insight that I wanted to share.

You hear the phrase, "toxic masculinity" thrown around a lot. Here's a useful definition, thanks to [geekfeminism's wiki](#):

socially-constructed attitudes that describe the masculine gender role as violent, unemotional, sexually aggressive, and so forth.

- Physically violent
- Unemotional
- Sexually aggressive.

That sums it up pretty well.

Here's the thing: feminists got it wrong. "Toxic masculinity" is not a social construct. Rather, it's the uninhibited expression of base male biological urges: fighting, dominating, and fucking. "Toxic masculinity" isn't taught; it's within us. It's the animal inside every man. If another man mocks you publicly, and you can feel a desire to pound his face into the ground, that's your inner animal.

**"Toxic masculinity" is just another way of referring to the Male Animal.**

Without morality or higher-level thinking, what are males? Physically violent, competitive, and sexually aggressive.

Competitiveness can be harnessed in a useful way, but most of these traits we discourage because they're destructive; they're at odds with civilization and order.

**What is conspicuously lacking from the discourse is any discussion of the Female Animal.**

This is the void that TRP fills. Many words are spent here describing the female animal, and consensus seems to be that they are the Yin/Yang of the male animal traits:

- Socially violent
- Overly emotional
- Sexually manipulative

When two boys fight on the playground, their goal is to subdue the other boy and win the altercation. When two girls fight on the playground, their goal is to *make the other girl cry publicly*. That is social violence. If you dump your girlfriend, and she spreads lies about you on Facebook, that is social violence. If a woman induces a man to fight another man, that's social violence.

To summarize: there is an animal within us all. We have cognition and higher-level thinking processes, but these are layered on top of the more base-level instincts we possess. Feminists and Progressives perpetuate a disgusting half-truth when they rant about the Male Animal, all the while pretending the Female Animal does not exist.

Misogyny? No, just fairness.

## "TRP is too nice to men, too mean to women. Waaaah!" ... the response

411 upvotes | April 18, 2015 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

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On purplepill, a female levied the claim that TRP is too nice to men and too mean to women -- that, in essence, we're out of balance and biased.

My response:

On the contrary, we know we're pieces of shit. Everyone is. (Edit: I mean that metaphorically. The intrinsic value of a human life, at this point, is almost nothing.) The vast majority of human beings do exactly what their animal instincts guide them to do, and then they use their higher-level thinking to rationalize why they did it after the fact.

For instance, like most others, you're anti-RP not because the ideas are bad, but because it threatens your ego. Nobody wants the group they identify with to be generalized as shitty. So you attack us, because you know you're a good person, and therefore we must be wrong. On some level, you probably label us as bad people, and that's how you're able to write off our ideas. Because evil people never have non-evil ideas, so TRP can be categorically dismissed. It's the low-hanging-fruit of resolving cognitive dissonance: "I don't like his ideas! Oh, he's a bad person."

When it comes to pointing out shittiness, the difference between men and women is that it's okay (and even encouraged!) to point out how men are shitty. However, if a public figure even suggests that women might not be 110% awesome, they are forced out of their jobs and receive death threats from SJW's (who are also convinced they're good people.)

The difference between TRP and most others, is that we're brutally honest with each other. We don't talk much about how men suck, because that's already being talked about basically everywhere. Instead, we rail on women, both to balance out all the female pedestaling in the media, and to prepare ourselves for when we inevitably encounter a shitty woman.



# "Women have higher emotional intelligence," and Sympathy vs. Empathy

52 upvotes | April 20, 2015 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

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You may hear that, on average, "Women have higher emotional intelligence."

I believe this to be true -- but! -- like most other Feminism-endorsed truisms, it's a half-truth; it hides the complete picture in a way that flatters women.

On average, women have higher emotional intelligence. (Though, like everything else, the extreme outliers are probably men. Meaning, the most non-social autistic AND the most socially/emotionally-skilled person are probably both male.)

Now, Feminists take this fact and they *twist* it.

"Women have higher emotional intelligence," became, "women are more caring and sympathetic."

THIS, my friends, is bullshit.

## Sympathy vs. Empathy

Sympathy -- *feelings of pity and sorrow for someone else's misfortune.*

Empathy -- *the ability to understand and share the feelings of another.*

It's unfortunate that these words sound so similar, because the meanings are very different. Sympathy means, *feeling FOR another person*. Empathy means, *absorbing the emotions of another person*.

For example, if a woman is listening to her beta complain about his job, she will *FEEL* his feelings of frustration, anger and helplessness. Her emotionality is very porous; those feelings will push their way into her. However, the only feelings *SHE HERSELF* will generate, are scorn and disgust for his weakness.

Let's say the same beta spills his guts to his good male friend. He may only absorb 10% of the beta's emotions compared to the GF. However, he will probably generate, within himself, feelings of pity and sorrow for his friend.

The GF *empathized* with the beta, but did not *sympathize*. His male friend did the reverse.

**This is the truth: women are programmed to feel what others are feeling. But, when it comes to their feelings *about* the other person, they are fucking ruthless.**

Again, Feminism delivers another half-truth: they are accurate about empathy, and then go on to interchange it with sympathy. Don't look for sympathy from women.

## **In-depth Powertalk analysis, Game of Thrones scene**

6 upvotes | April 25, 2015 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

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# The Blue Pill World is disempowering.

333 upvotes | July 13, 2015 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

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There are so many permutations of the hypergamy story on reddit. It sounds roughly like this:

My girlfriend recently went on vacation with her two friends. After she left, she immediately stopped communicating. Her texts were nonexistent; her emails were short, and delayed many days. When she returned, she acted very distant. After weeks of awkwardness, I grilled her/snooped her electronic media and discovered that she'd hooked up with some foreign guy. I was crushed. She told me she loved me at *at the airport*, right before she left! Several days later, she was in bed with another guy. I feel like I've been punched in the gut. What am I to make of this?

The #1 reddit response to stories like these?

*"Bullet dodged."*

I'm serious. "Bullet dodged" could summarize about 60% of the top up-voted responses.

Let's dig into that.

"Bullet dodged," implies that there are two categories of women: good, and bad. The scary thing is, a girl can look "good," and randomly reveal herself to be "bad" -- usually by cheating. This Doctor Jekyll/Mr. Hyde routine is essentially random and unpredictable.

*This is the most disempowering thing you could say to that guy.*

"Don't change a thing. Just keep doing what you're doing. Success is totally random and outside your control!"

Nowhere in there is:

- an explanation of WHY that happened, or
- how to PREVENT it; i.e., what to LEARN from the experience

Swallowing the pill often involves a loss of innocence: a man must painfully shed his existing false beliefs.

Coming off a painful betrayal, a man is vulnerable and confused, which make him particularly open to having his beliefs challenged. Bluepill advice shuts the door on this opportunity. It says, "you're the victim of random tragedy." Meaning, you have no power to affect your reality.

Thus the guy ceases to seek further explanation. He halts his search to understand *why* his girlfriend did that.

And thus he is robbed of an opportunity to understand women.

Much of TRP's success can be attributed to its empowerment of men. Here, you will find theories that *actually predict reality*, and you'll find *actionable* advice on how to achieve various goals.

The bluepill, on the other hand, lulls men to sleep. "Oh, don't worry. You're good. Just keep doing what you're doing."

No, thanks.

# Traditional Monogamy, Anthropology, and Culture -- AKA, Why the Death of Marriage Matters.

119 upvotes | July 20, 2015 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

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Alright, this post is gonna be meta as fuck.

Here's a summary:

- Hypergamy and AF/BB is biologically encoded through concealed ovulation.
- The #1 goal of any male is to ensure paternity of his children.
- The cultural mechanism by which men assured paternity was religion.
- Feminism was the preferred tool for financial elites to destroy traditional monogamy, that they might replace the family with the state.

**Feminism** (read: Cultural Marxism) **takes great joy in dismantling traditions, a big part of which is the systematic destruction of traditional monogamy.** It began with 2nd Wave Feminism and has continued ever since.

To understand *why this is really, really bad*, we need to talk about:

- Where traditional monogamy came from, and
- Why it was almost universally embraced and enforced.

## Part One: The Biological Reality of Concealed Fertility

In many ways, human beings are a very, very strange primate. One way that is barely discussed is the fact that human females conceal their ovulation. In other words, *human females have evolved to hide their fertility window*.

For most other primates -- hell, most other mammals! -- the females have a way of indicating fertility. For example, in most cat and dog species, the females go into heat, releasing pheromones when they are fertile. In many primate species, the females' vaginas will swell and change color. This is called, *estrus*.

Turns out, there are literally only a handful of species with concealed ovulation. Naturally, this has led to a number of hypothesis as to why this might evolve. From the wikipedia article I linked, here are the best-supported hypotheses:

### 1: Paternal investment hypothesis:

... concealed ovulation evolved in women to lessen paternity certainty, which would both lessen the chances of infanticide (as a father is less likely to kill offspring that might be his), and potentially increase the number of men motivated to assist her in caring for her offspring (partible paternity).

Hmm. So, if you fucked a woman, *you couldn't be sure that the child wasn't yours*. That means you 1- probably shouldn't kill it, and 2- might want to make sure the woman stays fed. Y'know, just to be safe.

### 2: Cuckoldry Hypothesis

Concealed ovulation allowed the woman to mate secretly at times with a genetically superior man, and thus gain the benefit of his genes for her offspring, while still retaining the benefits of the pair bond with her usual sexual partner.

Well how about that. Concealed fertility facilitates AF/BB.

So, that's our biological reality. That's what we're dealing with.

### **Part two: Culture and Religion as a Response.**

For most males in most species, ensuring paternity is a big deal. In Darwinian terms, it's the primary problem males are trying to solve.

Humans, again, are a strange critter: most species solve this problems through *evolution of physical traits*, whereas we solve(d) it through *religion*.

This article was the genesis for this post:

Religious practices that strongly control female sexuality are more successful at promoting certainty about paternity, according to a study published in the current issue of the Proceedings of the National Academy of Sciences.

In one particular religion,

...menstrual taboos are strictly enforced, with women exiled for five nights to uncomfortable menstrual huts. [This] ensure[s] that women honestly signal their fertility status to men in their husband's family.

And it works:

"We found that the indigenous religion allows males to achieve a significantly lower probability of cuckoldry—1.3 percent versus 2.9 percent,"

### **Part Three: WHY?!**

Why the fuck should any of this matter? Who cares whose kid it is?

Well, if a man KNOWS that a child is his, *he will work harder in order to guarantee its survival*.

Think about that for a moment: Fathers who are confident in their paternity WORK HARDER. In other words, guaranteeing a man his own family is *the best way to increase his economic output*.

**This is why traditional monogamy arose independently in almost every civilization in history!**

When men aren't sure of their paternity, they're not motivated. They do *just enough* to feed themselves, and no more. And why should they?

For an example of this, one need look no further than the American Black community. Welfare and social programs essentially destroyed monogamy for blacks, to the point where, today, 72% of black children are born out of wedlock. This has been absolutely disastrous for the black community, and is a substantial part of why black crime is so high.

On the flipside, if most of the men in your civilization have a family to feed, the aggregate effect is prosperity. *Civilizations were built on this shit*.

Additionally, this is why so many people have a visceral objection to gay marriage. On its face, gay marriage seems to be about equality. Really, it's just another way of *weakening* the institution of marriage. Now we can no longer say that Marriage is about making children. Now it's about... what, tax benefits? I don't even know any more.

## **Part Four: (Final Part) What is Feminism Up To?**

Let's circle back to Feminism. By destroying traditional monogamy, Feminism is indirectly acting to reduce male paternity.

We know this is bad, so why are they doing it?

**In short, Feminism is a tool used by financial elites. The ultimate goal is a sort of Autocratic Socialism, in which the financial and cultural influence of a child's father is replaced by the state. The ultimate goal is better control over the population.**

Imagine you're a modern would-be dictator, like Stalin. You have near-total power, and you pump out a constant stream of propaganda to keep the population pacified. However, you can't control what people teach their kids behind closed doors -- and this is a problem. What's the solution?

The Nazi solution was Hitler Youth Groups -- get the young men away from their family so you can indoctrinate them.

Well, Feminism and Public Schools are the West's solution. If you take the biological father out of the equation, the State becomes the de facto father of the child. Welfare replaces the husband's provisioning, and the Public School System replaces the father's cultural transmission.

In short, they want *control*. Already the Common Core textbooks are crammed to the gills with multiculturalism. They're pushing Progressive narrative on our fucking kids, guys.

**These assholes, these financial elites, they're AFRAID of us.** These people are categorically fucking over our futures. Like, if the American public knew just 10% of what's been planned, you'd have open revolt on your hands. Enough of us are gun owners that we'd probably succeed, too.

**So, to prevent revolt, they've weakened us by turning our women against us.** How the hell are we supposed to fight the system if we can't even control our own wives? Short answer: we can't.

Sorry this is so depressing. But -- then again -- you don't come here for the feelz. You come here to know the truth, no matter how unpleasant. In the meantime, don't get married, don't get any women pregnant, and enjoy life.

## Women get stupid little dogs and baby them because they should've had kids already.

194 upvotes | August 21, 2015 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

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**Summary: unwed, single women often get little yippy dogs, and these serve as a substitute for their mothering, nurturing instincts.**

Yesterday I saw something that disgusted me.

A woman and her little fluffly dog (yuck) were having a walk, *off-leash*, on a major street during rush hour. Even worse, the dog was flitting around retardedly, as if it were chasing butterflies in a field.

My first instinct was to admonish her for needlessly risking her dog's life. Right then, she called out to it, "Jasper! Come here now, silly!" The dog reversed direction, ran up to her, and jumped up on her thighs.

What struck me was the absurd level of the woman's emotional engagement. Her whole face was lit up, her head tilted, as she talked to her dog with a baby voice. (Side note: that is the opposite of how you want to talk to dogs. It is literally 100% wrong.)

I was struck by something: I've never seen a man do that with his dog. (Exception: flamboyant gay men.) Most men like their dogs, and give them affection, but remain authoritative.

Women, by contrast, treat their dogs like infants. I think this whole phenomenon is a direct result of Feminism. In the Good Old Days, they would've already had children by age 23, eliminating the need for a canine pseudo-infant. Hell, that's probably why they pick such small, helpless dogs. By contrast, it's harder to hamster that a majestic German Shephard needs constant babying.

Now, one might be tempted to say, "Who gives a shit? Let them do what they do."

The thing is: it sucks for the dog. Dogs PREFER to be trained and led. If you treat a dog like a human infant, it results in an emotionally stunted mess of a dog. Which, ironically, feeds into the feeling that the dog needs their care. They've created the problem they're attempting to solve.

Anyway, if you're considering getting a dog, get a REAL dog, and learn how to train it. I recommend Cesar Milan.

**Lessons learned: women have an innate need to mother something. Feminism is hurting women by denying them the children their instincts crave to nurture.**

# WTF is "Monk Mode," Why might one do it, and HOW to do it

102 upvotes | September 6, 2015 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

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I've had a hard time finding a proper guide to going monk mode so if you have any resources or advice you'd like to share I would appreciate it.

I think there's a lot of confusion in the sub about what "Monk Mode" means.

**When many guys encounter this sub, they don't have their shit together. Questions are asked that amount to, "My life sucks. What do I do?"**

**On some level, being awesome is all about scheduling. Simply design the optimal schedule, adhere to it, and reap the benefits. Right?**

**Well, turns out, actually doing it is the hard part.** Meet: willpower. You can think of it as your ability to compel yourself to do an unwanted task. Many behaviors that ultimately help us -- like, meditation, exercise, and cutting addictions -- can be boring, annoying, or even agonizing. How do you persist? Willpower fills the gap. You WILL yourself to do the task. When the part of you chimes in that says, "You don't have to do this now. You can do it tomorrow," you WILL that voice to fuck off, and you do the thing.

Used effectively, willpower can be the fast-burning tinder that ignites the larger fuel of the habit. After some time (1-2 months), the habit will be forming, requiring less (but still some) willpower to maintain.

Now, Monk Mode. **A guy with a life that is generally lame has a lot to change.** Imagine a guy with shit job at Best Buy, who is skinny and underweight, has shitty posture, crappy clothes, and plays video games instead of socializing. That is a *shitty* life. He could stand to change *everything*. **He could parcel it out: implement one habit at a time.** Spend two months getting a better job, another two months implementing an exercise regime, another two months building a social life... etc. This works, and it's a legitimate path. To convince you of this, a thought experiment: Imagine if you had *already been* implementing one new habit every two months, for the past year. You'd have six new habits, and your life would be transformed.

**OR... you can Monk Mode, which means to implement everything at once.** You spend a shit-ton of willpower to ignite a frickin' forest fire.

**Why is it called, "Monk Mode?"** If you introduce meditation, exercise, and good diet all at the same time, you will feel differently in your body and mind. Literally, your *subjective experience* of the world will change, PROVING TO YOU that there IS no objective reality. Life becomes surreal, as everything changes. The only way to stay sane is to *submit to it*, like a monk on a spiritual journey. Practically speaking, it also means cutting out a lot of unproductive time-wasting behaviors. We're going to prune the bullshit, and replace it with a realistic asskicking schedule, which you will then use willpower to implement.

So, make a choice: you're going to give it a go, for 60 days. Because, if not now, when?

"It's a terrible thing, I think, in life to wait until you're ready. I have this feeling now that actually no one is ever ready to do anything. There is almost no such thing as ready. There is only now. And you may as well do it now. Generally speaking, now is as good a time as any."



-Hugh Laurie

**Now it becomes a scheduling issue.** We need to design a schedule of ass-kicking with good balance and fun built into it. Because if it isn't fun, you won't do it.

Make it a realistic stretch from what you currently do. Build in leisure time. If it's really a priority, for instance, to watch anime movies, great! Schedule it.

Decide what you're implementing. If you're a student, here's a good list:

- Morning routine each day
- Gym routine + cut diet. The beauty of cutting is that you can lean out fast if you do a good job.
- Minimum 2-3 homework hours depending on major.

If you're a morning riser, for instance, you could do:

- 7a - Morning routine
- 7:30 - go to gym
- 8-10 gym/eat
- 10-12 class
- 12-1 lunch
- 1-5 class
- 5-6 dinner
- 6-8 homework at library
- 8-10 social activity
- 10-11:30 relax
- 11:30 bed

If you're a night owl, do this:

- 9a - Morning routine
- 9:30 - Leave for class
- (same as before)
- 5-6:30 gym
- 6:30-7:30 dinner
- 7:30-9:30 social activity
- 10-12 homework at home
- 12-1 relax 1a bed

8 hours of sleep, 30 minute morning routine, gym, etc. Use Google Calendar and plan it all out. And then do it! Make an experiment of it. Keep a wall chart. See what happens.

## She's a filthy whore, and you both know it.

350 upvotes | April 14, 2016 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

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Women all want to be spanked.

Every. Single. Girl. I've banged in the past two years went nuts when I Dom'ed her with some light-to-moderate spanking. Some wanted heavy spanking.

My point is:

That is some dirty, dirty shit. Right? AND! Many of these girls are presentable, possible LTR-worthy material.

And yet, every single one GOT OFF on me telling her that she was bad and needs to be disciplined; that she's a dirty whore, and she'd better beg me for cock.

Guys, **THEY ARE ALL WHORES**. Every. Single. Fucking. One of them.

Internalize this, and it will fundamentally change how you interact with women.

I used to struggle to make conversation sexual. Well, armed with this new knowledge of Universal Female Whorishness, I've made nearly every conversation with a girl a sexual one. It's so fucking blatant too:

(Me chatting with a married woman after Toastmasters. She is ~45, and keeps herself in great shape. Fitness instructor. Just got braces as a 45 year old, and I could tell she was self-conscious about it, because she was curling her lip to cover the braces.)

(After a few minutes of chatting, she's about to leave:)

Me: Hey, one last thing. Don't sweat the braces.

Her: (laughs) You like them?

Me: You're super-fine, and you have nothing to worry about.

Her: (laughs) I'm actually going to Vegas next weekend with some friends. (Some joke about making eyes at a guy from across the room, and then flashing the braces at him.)

Me: Well, you could always go for the schoolgirl outfit. Hell, with all that fitness, I bet you could really work it.

Her: (laughs) You'd like that, wouldn't you?

Me: All I'm saying is, tell your husband to send me a Thank-You note.

Her: (laughs) I just might! See ya.

Me: Later, Darlin'

I basically told a married woman to her face that I think she's fine, and I bet she looks killer in some kinky-ass outfit. And she laughed her ass off and IOI'ed the shit out of me.

The whole undercurrent of that interaction is, "I know you're dirty. I know you love cock. If you weren't married, I would do naughty things to you, and you would love it. But you are married, so it's fun to think about."

Like, I'm literally being a horndog male chauvinist, and she's loving every moment of it.

And why?

**Because they are all whores, and they all want the cock.**

Any amount of female yapping can be solved with a healthy dose of cock. A girl never behaves better than after you Dom'ed the shit out of her for 1-2 hours. Feminists just haven't been fucked appropriately, probably because they're hideous and don't trust men.

Think about it.

## She's a filthy whore, and you both know it.

41 upvotes | April 14, 2016 | /r/becomeaman | [Link](#) | [Reddit Link](#)

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Her: (laughs) I just might! See ya.

Me: Later, Darlin'

I basically told a married woman to her face that I think she's fine, and I bet she looks killer in some kinky-ass outfit. And she laughed her ass off and IOI'ed the shit out of me.

The whole undercurrent of that interaction is, "I know you're dirty. I know you love cock. If you weren't married, I would do naughty things to you, and you would love it. But you are married, so it's fun to think about."

Like, I'm literally being a horndog male chauvinist, and she's loving every moment of it.

And why?

**Because they are all whores, and they all want the cock.**

Any amount of female yapping can be solved with a healthy dose of cock. A girl never behaves better than after you Dom'ed the shit out of her for 1-2 hours. Feminists just haven't been fucked appropriately, probably because they're hideous and don't trust men.

Think about it.

**A nice victory: in 5k-upvoted AMA with DV expert, she acknowledges and highlights the problem of domestic violence against men. Much support in comments.**

13 upvotes | February 2, 2018 | /r/MensRights | [Link](#) | [Reddit Link](#)

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[https://np.reddit.com/r/IAmA/comments/7us8i2/after\\_growing\\_up\\_around\\_domestic\\_violence\\_i\\_have/](https://np.reddit.com/r/IAmA/comments/7us8i2/after_growing_up_around_domestic_violence_i_have/)

## Suggestions on non-faggoty clothing resources?

3 upvotes | October 6, 2018 | /r/askTRP | [Link](#) | [Reddit Link](#)

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Reddit's [/r/malefashionadvice](#) presents [these clothing styles](#).

Frankly, these are not the sort of people I'm interested in resembling.

Where do you suggest I look for current, masculine clothing styles? Thanks in advance. Edit: specific blogs/companies you like?

# Meta: Game/Pickup is the male adaptation to a female-primacy sexual landscape

73 upvotes | April 27, 2019 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

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## Pickup is the male response to Feminism.

Being bluepill used to be an effective mating strategy, during the period of traditional monogamy.

**Actually, let's abstract that out another level: traditional monogamy itself was a civilizational strategy to unlock the productivity of beta males.** Pre-monogamy, the highest status males were polygamous, with lower-status males not reproducing. 8,000 years ago, 17 women reproduced for every one man.

Then socially enforced monogamy came along. Every man agreed to publicly take only one woman. This effectively unlocked the productive capacity of all men. Normally, men work only hard enough to sustain themselves. But, when you essentially guarantee reproduction and ensure child paternity for every man, he works his ass off to sustain his family, and net output skyrockets.

Literally, civilization was built on traditional monogamy. Which, coincidentally, is why the Marxists are trying to destroy it.

Now, on to pickup. Since the destruction of traditional monogamy, the net effect has been a return to polygamy. The top 10% guys are maintaining virtual harems of women.

In the age of maximum female sexual selection, Game is necessary to even have a shot at getting laid if you're not a top 20% genetics male. Being a good provider is no longer enough, as the welfare state (aka, single mother state) will coerce you into providing whether you like it or not.

**As Feminism further liberates women's sexual choice, pickup will become even more required to entertain the passing attention of a modern female.** We have to learn tactics to mimic or even become a top 10% male.

The future is: a large number of numbed-out beta males enslaved to the state, financing the harems/progeny of brutish alpha males. This is a form of negative selection that actually moves the average towards stupid and violent. This is, of course, by design. While all of this is happening, the elites maintain traditional marriage/courtship.

So, there are positives and negative. If you learn game, you can have the sexual life of a feudal fucking king while enjoying the decline.



# Text game example and breakdown: how to deal with a Feminist

213 upvotes | August 2, 2019 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

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**I've been improving my text game a lot recently, and had an example that I felt was instructive:**

Exhibit A

**Background:** I live in a deep-blue city filled with shitlibs. Since I'm not trying to waste time, I put "Conservative" as my political orientation. This probably hurts my matches, but as you'll see, it provokes female testing, which, if I pass, works to my advantage.

Gal messages me first, as it's Bumble:

| **Her: How Conservative? :)**

I had to think about this one. The truth is, my views are probably radioactive to this chick. However, I would like to bury my face in her massive milkers.

*Incorrect response: Some literal statement of my actual politics. Politics = dry panties.*

Remember, SHE MESSAGED ME. She likes how I look. When lacking information, the human brain will fill in the gaps in accordance to how attractive a person is perceived. This is called, "The Halo Effect."

I make that work for me:

| **My response: Just the right amount. ;)**

Now her hamster is busy imagining what *her version* of "just the right amount" of Conservatism is.

Also: I used to be anti-emoticon. Thought it was "beta." That's totally wrong; a properly-selected, tactical emoticon can be devastatingly effective. That winky face got the sexual vibe going.

| **Her: I'm a super liberal feminist. Would you get along with me?**

My first instinct was to say something like, "Honey, I've been living in <<shitlib city>> for six years. I think I'll be okay."

WRONG. Logical. Bad.

*This is a test.* The appropriate response is a pressure flip:

| **My response: I'm not bothered by the difference if you're not.**

This is the truth. I don't care if this girl doesn't like my politics, but if she can't control herself and wants to verbally spar, then GTFO.

Remember, SHE MESSAGED ME. She likely.

| **Her: Im honesty curious to find out**

Bingo. "Who is this attractive conservative guy?" That's why she messaged. If my politics were a deal-breaker, she wouldn't have reached out. I very indirectly highlighted that, and it worked.

| **My response: Well, there is one way to find out. Grab coffee this weekend?**

This one was pretty easy, as she set me up beautifully.

*Key point: you can probably ask for the date way sooner than you think.*

I used to spend 2-3 days trying to build rapport over text. This is boring, lame, and will fuck over your conversion rate.

I learned this from a phenomenal text game guide here on TRP. [Link](#)

The worst thing you can do is just make her your pen pal and ask dozens of interview style questions without escalating. She is not an idiot, she knows what you are there for. If after 5-6 messages or so you still haven't found the opening to ask for her number or ask her out, just do it.

And it worked:

**Her: Love that. I have to work Sunday though.**

Done. "Love that." Shit works, boys.

Now we're in logistics, so I ask her which part of the city she lives in, and coordinate a time.

### **Key takeaways**

- If she's messaging you, she's interested.
- Make her imagination work for you by giving vague answers to her questions.
- You don't have to write multi-paragraph essays. Less is more.
- Pressure flips can work wonders for passing tests.
- Strike while the iron is hot, ask her out/get her number within 4-6 messages.

Questions? Helpful? If you guys like, I can do more of these. Happy hunting.

# Meta-Post: What is TRP, r- and K-selection, and political context

19 upvotes | July 17, 2021 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

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**This was a DM convo I had with another endorsed contributor. He suggested I repost it here for the bros.**

Question: In this alternate reality, where the political system is traditional, what would happen to promiscuous men? Do you ban promiscuity?

Answer: Okay, so TRP is this extreme, unnatural adaptation to an artificially screwy sexual landscape.

**Traditional marriage is a thing because it's the best way to keep human beings alive and going in the face of hostile natural environments.**

That's why whites and asians are better at stuff; their environments were more difficult to survive. You can't grow food for half the frickin' year, because seeds don't sprout in sub-zero temperatures. So these people evolved to be more K-selected, meaning: fewer offspring, higher parental investment per offspring. That's what's required to do farming-based survival in areas with cold winters. (Turns out: that's also a good strategy for accumulating resources in capitalism, go figure.)

Closer to the equator, the food is always all around you, 100% of the year. There are functionally no seasons, at least not in the way that impacts food. So you don't need as strong family units; as long as enough people hunt and gather, everybody gets fed. Hence equatorial populations are more r-selected in their mating strategies, meaning, more children, less parental investment per child.

**So, why does this matter, and what is TRP?**

The globalists are using the legal system to force r-selection conditions (communalism, gynocentric welfare state) onto a K-selected population, which is messing us up. They're also mass importing r-selected people into K-selected areas, which drains our resources.

**What TRP is, specifically, is some K-selected males have used their intelligence and systems analysis to figure out how to best mimic high-value r-selected behavior, and in the process, bang a bunch of hoes.**

To answer your original question, what does the mythical Trad-Society do about promiscuous men?

If you correct the underlying economic incentives, male/female relationships normalize and there's no need for TRP. TRP only exists because of artificial, state-imposed r-selection conditions. K-selected behavior, to a large extent, *does not work* in the West because the economic incentives have been so heavily altered. Culture is downstream from economics.

A healthy society looks down on promiscuous men, because they're destabilizing. You would raise your daughters to recognize and avoid these guys.

Follow up question: What about guys who just want to get laid more? What happens to them in your Trad-Society?

They're welcome to pursue promiscuity; that's not illegal. They're also free to deal with the consequences of it, meaning, they could get their asses kicked, and they'll mostly end up banging

damaged, low-quality women.

| Asses kicked by whom?

Boyfriends and husbands, because in this alternate reality we haven't normalized promiscuity and most people are coupled. So they're either banging loser single women or enticing taken ones.

**So, hope that was helpful. This is a sort of "decoding the Matrix" post, so I don't expect it to be super actionable. I do hope it's interesting for the more analytical types.**