## **The Great Banning of 2017**

793 upvotes | 13 June, 2017 | by redpillschool

As you are reading this, our mod team is hard at work banning a few hundred members en masse over what can only be labeled *severe retardation* or a case of runaway Asperger's.

If you recently found yourself banned and you just don't know why, here's the reason:

- If you read /u/gaylubeoil's latest post and saw his analogy to how culture is treating /r/the\_donald but ignored the analogy and conflated that with politics has suddenly taken over TRP, you're gone.
- If you purposefully misunderstand the point of what's written, or are legitimately that stupid not to get it, you're gone.
- If you don't care to grow your own power or help others here build tools for <u>/r/theredpill</u>, you can always just ignore it. If you instead complained and whined, and tried to stop progress like a god damn feminist, you're gone.
- If you complained that the content here is getting worse, but your submission history is all in /r/deadbedrooms, you're gone.
- If you're annoying or don't understand that respect here is earned, not given out like gold stars in kindergarten, you're gone.
- If you want to complain in this thread and test your luck, you're gone.

This purge was long overdue.

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## **Comments**

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mallardcove • 321 points • 13 June, 2017 05:43 PM
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It's a lot like the anti-lifting crowd around here. The ones who get their panties in a twist anytime someone tells another user to lift and claim that lifting is optional and that they slay 25 different vaginas every day despite having not touched a single weight in their life. Yeah there are rare exceptions to every rule. But its toxic to say something like lifting is optional because most guys here need lifting to succeed sexually. If they didn't need to lift to succeed, they probably wouldn't be in a place to where they needed TRP.

Same concept applies here. You don't have to be a conservative or Trump supporter to be red pill or Chad. But sometimes you have to look inward and see if your behaviors, thoughts, ideologies and mindsets are a contributor toward causing you to be an incel. If you think you can apply TRP and succeed sexually while still being a non lifting minivan driving male feminist and clinging to those ideologies, fine. Just don't come whining & complaining when you don't succeed and trying to spread said negativity toward others, and insisting that TRP is the issue and not your mindset/behaviors.

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SpeakerToRedditors • points • 13 June, 2017 10:07 PM [recovered]
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I've been fat, fit, fat again and fit again. There is a direct correlation to how much time I spend in the gym and how much time my dick spends in vagina. To say lifting is optional is absolutely ludicrous.

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LiftingW8sGettingD8s • 38 points • 13 June, 2017 11:42 PM
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When I was fat I still got pussy, but I had to work soooo much harder for it, and have to often commit to an LTR or at least a few dates for it. 0 casual hookups or picking up at the bar.

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twatbutters • 14 points • 14 June, 2017 10:44 AM
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The pussy you get when you're fat is also sub-par. All you can manage are fat, ugly, 25+ year old, or <HB5's. If you're fit, and put a modicum of effort into grooming yourself well, you get to sleep with women that skinnyfats dream (or fap) to.

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LiftingW8sGettingD8s • 1 point • 15 June, 2017 02:57 AM
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When I was fat I had some above average girls, but not many. I also lacked leverage and didn't have an abundance mentality though.

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derek0660 • 1 point • 8 July, 2017 12:31 AM
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What do you have against older women bruh

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grandaddychimp • 26 points • 14 June, 2017 03:05 AM
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Lifting is optional if you think having easy access to an abundance of young hot pussy is also optional. Lifting is optional if you think playing life on easy mode is optional.

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thebrandedman • 3 points • 15 June, 2017 03:32 PM
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Here here. When I wasn't able to lift (fucking crushed by a HMMWV, thanks army) it was as close as you could get to hell. Body was fucking shot, fitness wasn't an option, and I fucking tell you, the girls scattered like roaches. When I finally was able to start lifting again last year, the sudden reversal was fucking astounding.

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ShrimShrim • 188 points • 13 June, 2017 07:07 PM

Lifting is never optional. Humans didn't evolve to sit in cubicles all day. We have to compress days of labor into a few hours in the gym a week.

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yunhaila • 57 points • 13 June, 2017 10:12 PM
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The greatest bond between white collar workers is forged in the gym, where they do REAL labor while the other bitches eat doritos and watch anime.

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PandaLitter • points • 14 June, 2017 12:55 AM [recovered]
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What's wrong with lifting and liking anime?

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IIIIIIIIIIIII • 93 points • 14 June, 2017 12:57 AM
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He's making fun of the stereotype, not literally calling out people who watch anime.

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[deleted] • 21 points • 14 June, 2017 01:40 AM
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Nothing is wrong with the two. But ODing on hentai is frowned upon

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CQC3 • 10 points • 14 June, 2017 06:34 AM
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Should've told middle school me that. Was slaving over a hot kazaa for that porn. Who the fuck knows why we even watched it.

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Qerus • 5 points • 14 June, 2017 01:38 PM
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Excessive porn watching probably indicates a larger underlying problem.

PrivetKalashnikov • 12 points • 14 June, 2017 02:37 AM

Nothing wrong with it until you're dropping gym time to watch it

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freeman c14 • 3 points • 19 June, 2017 04:32 PM
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I'm an anime watcher and it's becoming harder and harder to not see the rampant emasculation and feminization of the japanese culture. Still there are awesome movies/TV series with good red pill messages like 5cm per second showing how idealization will fuck you in the ass really hard but those are the exception rather than the norm

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slotrot • 2 points • 14 June, 2017 02:48 AM
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Watch out for this guy at the gym.

Jewridiction • points • 13 June, 2017 11:04 PM [recovered]

I think that lifting is over the top obession on this subreddit.

It is really important yes but only lifting seriously? What about cardio,martial art, swimming, biking, climbing, ball games, ... SO MUCH stuff to do to be complete, just making lifting is such a load of bullshit in my opinion, you are just a facade to me.

Lifting (or alternative) should be mandatory, I do agree but it has to be a COMPLEMENT to actual sport and physical activies, not the other way around. (unless you want to make a life of lifting like a bodybuilder would do..)

So yeah, lifting is never optional, yeah, maybe you are right but I would say that consitant sport/cardio pratice should be mandatory and be the core of the physical health, lifting only as a complement.

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titsmegeee • points • 13 June, 2017 11:18 PM [recovered]

It is an easy and manageable starting point for gaining confidence. Boosts your test and makes you feel good, leading onto all these other things you mentioned. Getting your mind right is the most important part i believe, but you need the physical base to do so.

Jewridiction • points • 13 June, 2017 11:26 PM [recovered]

I get what you are saying and I agree. However, lifting should be the end goal, but only the beggining, the iniator to your althetic journey. When I read on TRP that a lot of people avoid cardio at costs because it will "eat their gain", it makes me cringe in pain.

m0neyg00d • 12 points • 14 June, 2017 12:09 AM

What do you mean lifting as an end goal only in the beginning? I don't follow.

Jewridiction • points • 14 June, 2017 12:11 AM [recovered]

saying and I agree. However, lifting should be the end goal, but only the beggining, the

Nice remark. I mess up my comment, I wanted to say that it shouldn't be the end goal but only a spark to your althetic journey.

InstigatingDrunk • 1 point • 14 June, 2017 03:29 PM

Agreed. Ultimately it's about betterment of the self. Lifting is just a (crucial) facet of that.

CQC3 • 8 points • 14 June, 2017 06:39 AM

I think lifting can be your athletic outlet, but generally it's nice to do stuff with your new found fitness. Also, I cut some of my leg volume to add in sprints a few times a week into my workouts so I can get some good cardio in, it feels good.

Lifting does increase your heartrate but it's not the same as cardio. Lifting does not make you "in shape", I know guys who can lift big but still get winded running up some stairs. Their conditioning sucks. Don't neglect your cardiovascular health, a little goes a long way. A little cardio won't eat your gains, if anything it'll give you a more favorable body composition when bulking.

I agree that lifting is the best course of action for most dudes, but overall I think that being "fit" can mean many different things. The important thing is to find some activity that gets you moving and you enjoy.

If you don't have a particular sport in mind, lift some heavy ass weight.

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InstigatingDrunk • 1 point • 14 June, 2017 03:30 PM
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Lifting requires discipline and organization which of course bleeds into other aspects of your life. Alongside better mood there are just so many positives.

[deleted] • 1 point • 15 June, 2017 11:45 AM

The ideal physique is a sprinters, swimmers, or fighters body. They all are very conditioned. They all lift to one degree or another.

CQC3 • 2 points • 16 June, 2017 04:27 PM

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Yeah that's why I got into sprinting, it's very enjoyable to me. I love the time efficiency of it and the feeling of speed and movement. Best of all it's very complementary to lifting. Sprinting will improve your squat and DL, and doing those lifts will conversely improve your sprinting power and speed.

IkWhatUDidLastSummer • 5 points • 14 June, 2017 12:31 AM

If you wanna be nitpicky it actually DOES, thats why bodybuilders ONLY do cardio because of how test&juice affects their heart and NOT because cardio is benefitial for gains. You wanna know why? Because by doing cardio and endurance training you are actually taking some of your white (anaerobic) type 2 muscle fibres and turning them into red type 1 muscle fibres (aerobic) and that is NOT good.

Not all type 2 muscle fibres become type 1, it doesnt work like that, and thats why it comes heavily down to genetics what type of athlete you can become. Thats exactly the reason why Usain Bolt has apparently never run a mile in his life, thats the explanation for that, because it would *literally* eat his gains if he did such training. The funny and bit ironic thing is, if Usain Bolt consistently ran 5ks and 10ks he wouldnt stand a chance at being the best sprinter in the world, as a result of this fact.

However, the regular fitness guy working out shouldnt be concerned about this in the slightest also because doing cardio has a lot of benefits, but if you're the typa guy where youre just about to break into the worlds best within a particular field, you should DEFINTELY pay attention to this as this is an area in which you can improve.

This also explains why cheetahs are fast af but have zero endurance.

Jewridiction • points • 14 June, 2017 12:38 AM [recovered]

My message was directed to the 99.50 % of the population that are not professional altheltes. Of course that if you aim for the very very best to do very hard competition, you have to "optimise" the most of that you can.

However for John and Jane, this doesn't concern them, thus why I don't agree with the fear of eating up gains, which sounds like an obession + and hamster excuse not to do cardio.

IkWhatUDidLastSummer • 5 points • 14 June, 2017 12:59 AM

Yeah the fear of eating gains is not something the regular gym guy should be concerned of, but i will also say that its not necessary to do cardio either, its not a must if u work out really. And theres defintely no need to do cardio at an extreme, in smaller amounts, sure, not a necessity but u can do it, sure.

lopsidedlucky • 2 points • 14 June, 2017 01:51 AM

Going to correct you here. Cardio absolutely eats into the regular gym guy gains. It straight takes from your gains. If your gains are your goal for lifting then you're being counterproductive by doing cardio.

What I'm saying is to be aware of this fact, not necessarily ignore cardio. Do what you want, just know it robs gains.

Phoenixtorment • 3 points • 14 June, 2017 07:56 AM

If you keep 6 hours between cardio and normal workout, the negative effect on gains is neglible.

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Even if you don't do that, in the long term a combination of cardio and lifting, while slower gains, will have tons of benefits over non-cardio guys.

IkWhatUDidLastSummer • 2 points • 14 June, 2017 02:41 AM

It does - like i pointed out above. Not to the extent at which some people make it out to be.

[deleted] 14 June, 2017 04:32 AM

twatbutters • 1 point • 14 June, 2017 10:49 AM

It straight takes from your gains. If your gains are your goal for lifting then you're being counterproductive by doing cardio.

You need to learn balance. 30 minutes of cardio, as long as you're eating enough to compensate for it, is good for you in the long run, and you'll still put on mass. It's especially useful on a cut, to increase the caloric deficit. Unless you want to be one of those dudes who can't go up a flight of stairs, however built you are, without panting like a fatass, you should incorporate some form of cardio in.

tenor11 • 3 points • 14 June, 2017 04:47 AM

Type II fibers can NOT transform into Type I fibers or vice versa. Type IIx and Type IIa can but it is not possible to change your ratio of Type II to Type I

InstigatingDrunk • 2 points • 14 June, 2017 03:33 PM

If you're not making money being a body builder, after you get past the brad Pitt phase you're only going to impress dudes lmao. Cardio will kill gains but the added longevity and endorphins are worth it. Look at the big picture.

IkWhatUDidLastSummer • 1 point • 14 June, 2017 05:45 PM

You should work out to impress yourself. Also Brad Pitts physique lacks alot in alot of places.

TryDoingSomethingNew • 1 point • 14 June, 2017 04:17 AM

It is not an end goal, but tends to be the most beneficial to a man of all the other activities you mentioned.

nonouiswrong • 8 points • 14 June, 2017 12:50 AM\*

I think you're taking it a little literally- when someone tells you to "lift" its usually shorthand for "work out consistently and stay healthy & in shape" i.e. don't sit around and let yourself get fat.

Lifting weights should absolutely be a component of that, probably the primary one for most- but not everyone is cut out to be a pure bodybuilder- match your workout to your body.

If you're starting your journey overweight you absolutely need to vary your workouts with some cardio. No one's going to see your growing muscles if they're trapped under sheet of fat. Likewise If

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you're jacked but you get winded running half a mile youre still not "healthy". You're not usian bolt training one set of muscles or an athlete training for a single purpose- vary your workouts to keep yourself well rounded.

NakedAndBehindYou • points • 14 June, 2017 01:14 AM [recovered]

I do agree but it has to be a COMPLEMENT to actual sport and physical activies, not the other way around

You seem to miss the point of lifting. It's not just to have a hobby. It's to build muscles which are attractive to women.

Cardio and sports are never going to be as effective at building impressive-looking muscles as lifting weights.

twatbutters • 2 points • 14 June, 2017 10:46 AM

not the other way around.

Strongly disagree with this. Lifting has the biggest payoffs for my looks and ability to stand out. I enjoy many other sports and activities, but I would never put them above lifting. I do agree with the spirit of what you're saying though-- lifting alone shouldn't be enough, but it's a great foundation for people who are coming from a life of being overweight/scrawny/inactive.

PaperStreetVilla • 1 point • 14 June, 2017 12:35 PM

Dont equate how its described here with obsession.

Most dont lift at all, this is the reason its constantly harped on

SgtDowns • -2 points • 14 June, 2017 12:40 AM

I agree with this. The lifting only mentality is pretty sad. People that are saying you should eschew certain things because it won't make you look as big. Fitness isn't measure by just size and weights at the gym. It's a good way to start out but there are WAY more ways to get fit.

TryDoingSomethingNew • 3 points • 14 June, 2017 04:19 AM

There are other ways to get fit, but they certainly DO NOT provide the same multiple benefits that strength training does.

SgtDowns • 1 point • 14 June, 2017 05:06 AM

Didn't say it necessarily did or that it wasn't important either. But people act like size and weight training is the end all be all and that's a HUGE problem.

brethrenelementarycomment score below threshold • -5 points • 14 June, 2017 01:10 AM

One thing I don't like about TRP is that anytime a guy has a problem, the typical response is "Lift." So if your wife is threatening to leave you or you're not getting any pussy, most guys here will just tell you to lift. How about more practical advice? Not everything can be solved by going to the gym.

Echelon64 • 4 points • 14 June, 2017 04:29 AM

It's a starting point to self improvement the point is to do something about your situation. Going to the gym is a pretty easy one.

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TaylorWolfcomment score below threshold • -12 points • 13 June, 2017 09:28 PM

However... WHAT you lift is optional.

I prefer to throw other grown ass men around than weights for example. Grappling sports like Jiu Jitsu and Wrestling get you strong AF and also ups your cardio

WhiskeyAndCondoms • 13 points • 13 June, 2017 10:08 PM

Stronger compared to the average person that sits on their ass all day earning money for somebody else, yes.

Compared to someone that lifts with purpose or even a manual laborer though you won't be that strong.

TaylorWolf • 1 point • 13 June, 2017 10:31 PM

I won't be that strong at that particular lift that he does... but when we clinch up tight he will have virtually no strength if he doesn't know how to use it.

ReturnThroughAether • 15 points • 13 June, 2017 11:10 PM

And then he won't be able to say no, because of the implication.

LiftingW8sGettingD8s • 8 points • 13 June, 2017 11:38 PM

"Mister, you'd better take your gay porn an' walk right out of this bar."

TaylorWolfcomment score below threshold • -6 points • 14 June, 2017 01:14 AM

I think you mean "simulated murder" and not gay porn because murder is exactly what I can do to you with my BJJ skills... nothing gay about a life-or-death struggle you insecure little bitch

LiftingW8sGettingD8s • 6 points • 14 June, 2017 03:40 AM

Firstly, its a South Park reference.

Secondly, ugh, idk if you can.

Thirdly, you're threatening to fight over reddit and calling me the insecure little bitch. Interesting...

TaylorWolf • -1 points • 14 June, 2017 05:06 AM\*

It all comes from the confidence of knowing I can destroy you in hand to hand combat which is all that matters to me IMO yet internet tough-guys come at me

I just try to convey 10% of the intimidation I cause when you meet me in person. You would be hanging your head looking at your shoes like a coward. The only people that dare fuck with me are legally powerful people like law enforcement KYAAA

LiftingW8sGettingD8s • 2 points • 14 June, 2017 06:04 AM

My asshole is tingling as I imagine you whispering this dirty talk in my ear baby.

TryDoingSomethingNew • 3 points • 14 June, 2017 04:21 AM

I respect that you put in the effort for training, but your physical appearance is one of the first

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and most critical factors in attracting women.

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TaylorWolf • -2 points • 14 June, 2017 05:03 AM
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I train with Alan Jouban who is known as literally the best looking UFC fighter lol. He has gotten my core to an entirely new level I have a ten pack abs coming in and bubble butt ...Also I'm 6'2" with a 9/10 face I think I know about good looks;)

[deleted] • 21 points • 13 June, 2017 09:43 PM

It really doesn't give you any great strength gains, you're just lying to yourself.

SocietalEngineering • -3 points • 14 June, 2017 02:42 AM

Lifting is used by so many as an excuse for failure.

"Sure I can't get laid, but at least I lift, bro!"

I only started getting laid when I put the barbells down, dropped the mass, and learned how to actually communicate.

ShrimShrim • 7 points • 14 June, 2017 04:16 AM

Did lifting weights make you unable to communicate? I feel like I can do both.

SocietalEngineering • 1 point • 14 June, 2017 02:28 PM

Actually, yes. Lifting weights tricks your mind into believing that you are doing something, that you are improving your life, that you are making progress.

For me, this meant that I felt that I didn't need to push myself in other areas, like working on communication, social aggression, and education.

Working out excessively takes away your drive to improve. I'm not saying one should never work out, but I am saying that there are more important things than a nice body and a low heart rate.

ShrimShrim • 1 point • 14 June, 2017 07:35 PM

You might have real autism.

paynehouse • 0 points • 14 June, 2017 04:42 PM

To be fair we complain an awful lot to be *meant* to work long strenuous hours. Though I do agree the gym is a must.

Returnofthemack3 • 17 points • 13 June, 2017 07:49 PM

lol that's the worst crowd. the 'game' is everything crowd. Personally, nothing changed my outcomes more than lifting, getting in shape, and grooming well. Many others (trp and non trp alike) can fucking attest to this. There is a reason it's emphasized as one of the first things to do

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grandaddychimp • 12 points • 14 June, 2017 03:06 AM
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Looks > Game > Status > Money

[deleted] • 1 point • 14 June, 2017 05:45 PM

Can confirm. I have no idea why people would deny this.

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brooklynisburnin • 15 points • 14 June, 2017 01:39 AM

Honestly I'm amazed at the level of stupidity required to not understand that "lifting" is merely the most efficient example of "anything that will make you less ugly and more interesting, while teaching you the mechanics of hard work + commitment = results".

Thotwrecker • 5 points • 14 June, 2017 07:38 AM

Right, this is a very common redditor problem far beyond TRP. It's the "It's possible to play video games a lot and make 250k+ a year and fuck hot bitches, so therefore your post about giving up video games is wrong" syndrome.

Like ok, are you that dude? No, so you don't get to do what he does. Are you the guy who despite being a doughey fatass still pulls? Probably not, so you need to lift.

It's this sort of faulty logic where a select group of men can do X or Y beta / unhelpful behavior and still succeed, so therefore redditors en masse will defend that shitty behavior till the death.

Like really? You really deep down that if you cold turkey quit gaming and netflix and read 1 more book per week, lifted daily, and went cold turkey on booze/smoking/weed, your life wouldn't improve?

But of course, because I insulted your rationalizations you use to defend your stupid useless hobbies to yourself every night, you get your panties in a twist and aspie out in the comments.

What's even worse is the "oh I don't care about getting laid, why is chasing pussy better than X hobby?" Because chasing pussy is hard for a beta and it will make a man out of you to learn how to approach women, look good and confident on a daily basis, and command attraction. Like does that really not sound like a skillset worth sacrificing pointless timewastes for?

Hopefully the mods can ban all these fucktards. This sub isn't here to help you rationalize being a beta. It isn't here to help you at all, either take what we have proven to essentially be scientific law and use it to help yourself... or fuck off. I don't understand all this bitching - have we not proven that fat skinny ethnic betas, the lowest of the low, can get laid if they put in 1+ year into boosting their SMV through monkmode, and then spend 1-2 days a week in situations where they can meet women? How are people still having the looks / money / status debates that PUAers were having in 1999?

Some people are just born to be incels - not because of how the sexual market works, but because of how their mind works.

mallardcove • 1 point • 14 June, 2017 01:06 PM

If there is anything I have learned about my years on TRP its that most men who come here are willing to change 90% of themselves, but cling onto that last 10% blue pilled ways as if it were their life and refuse to change or let it go. They think that going 90% red pill means they can still partake in the 10% blue pill and succeed.

The issue I have with this is that they shit up comment sections with their blue pilled nonsense. They attack anyone who says that X blue pilled behavior is bad, and use themselves as an anecdote as to why you can be wildly successful despite practicing X blue pilled behavior. The problem here is that newbies and other users will see that post and think that if that user can do X blue pill behavior and still claim to succeed, so can I.

Just go onto AskTRP right now. There is an upvoted post on the front page from a user asking how to make cohabitating work. And the top replies are blue pilled garbage feeding into his fantasy that he can make cohabitation with his unicorn work. Scroll down and you begin to find actual red pill comments telling the user that no, it won't work out. That's the state of TRP these days. Blue pilled posts and

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comments upvoted by blue pill users to make it look like the consensus is the blue pilled take on things, and actual red pilled posts/comments get drowned out.

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jumpinglane • 1 point • 16 June, 2017 09:22 PM*
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what you describe is a cult. which trp is not. trp is an ongoing discussion. those who follow 100% of what is said here are just plain stupid.

AllahHatesFags • 13 points • 13 June, 2017 08:19 PM

There are men who don't need to lift and are always jacked due to mutations in the myostatin gene. They are less than 0.001% of the population though.

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absolucion • 8 points • 13 June, 2017 07:32 PM*
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I've been telling myself for ages that I was one of those guys who didn't have to lift. I thought that rule ("Fucking lift.") didn't apply to me. Spent the last few days researching programs, form, diet, etc. because I've hit a natural limit in what I can do based on my current looks. I'm a really tall guy and overweight but it's evenly spread out so I don't look terrible... but I can do better and so can everyone else. Lifting is only optional if you want poor (or no) results.

In short, you're free to choose your path to success but if you don't follow the most basic advice by people who've been there, you're going to have poor results. That's not the fault of TRP and not the fault of everyone here trying to knock some sense into you.

whatsthisgarg • 20 points • 13 June, 2017 06:02 PM

It's a lot like the anti-lifting crowd around here.

It's a lot like the anti-LTR crowd around here.

Yeah there are **rare exceptions** to every rule.

Not as rare as you think.

But its **toxic** to say something like lifting is optional because most guys here need lifting to succeed sexually.

Replace *lifting* with *LTR*. You have to be a stud to do both.

It's toxic to promise the fantasy flood of pussy to most of the guys on here. They are all going to be middle-aged and 97% of them are not going to have it.

It's not even a fine line. There is entirely too much discouragement going on.

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mallardcove • 47 points • 13 June, 2017 06:19 PM
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Anti-Lifting and Anti-LTR are apples and oranges.

I am not anti-LTR, I am anti-LTR when for the wrong reasons. Are you at least 25 years old and have you banged at least 25 different women? Have you been able to sample and plate several different women and get a good sample size to see what women have to offer? And out of the many women you have plated over time is there one that stands out above the rest and checks all the qualifications necessary to be LTR material? Go ahead and promote her to LTR. You've earned it.

The problem is most people around here get into LTRs for the wrong reasons. Most commonly, scarcity mentality. Their girlfriend represents 100% of the access to pussy they have, and she is the only girl that has shown him any attention over the last 5 years. So they LTR her in order to lock her up(or at least they

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think that is what they are doing). They have limited sexual experience, a low n-count, and are still young, but jump headfirst into an LTR because of oneitis and scarcity mentality. Either that, or they get into an LTR despite ignoring warning signs, red flags, and thinking "Yeah she may have X and Y red flags but I can just tell she will be different and an exception to the rule because she is a unicorn you see" Nothing makes me shake my head more than seeing some clown on AskTRP asking about how he can save his LTR and then it comes out he is only 18 years old. No red pilled man under the age of 25 should be wasting his time with an LTR, he should instead be learning and cultivating abundance mentality.

It's toxic to promise the fantasy flood of pussy to most of the guys on here. They are all going to be middle-aged and 97% of them are not going to have it.

This isn't TRP's fault though. It's the individual's fault if they don't succeed. I believe TRP has a 100% success rate if implemented properly. The problem is too many hamsters come here thinking they can half ass TRP, or apply bits & pieces of it, and still succeed. TRP isn't a cafeteria where you pick and choose what to apply. It's all or nothing. There may be some minor aspects of TRP that can be optional, but the main core shit, is not. Like I said - it's a lot easier to blame TRP than yourself when you fail.

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whatsthisgarg • 15 points • 13 June, 2017 06:39 PM
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I am not anti-LTR, I am anti-LTR when for the wrong reasons. Are you at least 25 years old and have you banged at least 25 different women? Have you been able to sample and plate several different women and get a good sample size to see what women have to offer? And out of the many women you have plated over time is there one that stands out above the rest and checks all the qualifications necessary to be LTR material?

Superb response. I am surprised you are the same guy who made a post about *don't get married because the woman just might flirt with somebody*. That seemed so weak to me.

It's the individual's fault if they don't succeed. I believe TRP has a 100% success rate if implemented properly.

Totally and completely true. It's almost a tautology, though.

I've said it before, you can have any type of relationship you want with TRP principles. All it requires is that you be awesome every day.

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Cozc • 7 points • 13 June, 2017 11:26 PM
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Nothing is a 100% success rate.

Ill agree that trp done propper is a 99%. I think the initial claim was about the guys that preach lifting alone is a guaranteed without fail key to success. Its a major factor in many different aspects, but just being a meat head doesnt flip the switch in every situation

All about balance, imo

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PaperStreetVilla • 1 point • 14 June, 2017 12:37 PM
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You set your own goals.

So yeah, it has 100% success rate, unless youre a moron

[deleted] 13 June, 2017 08:54 PM

[deleted]

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mallardcove • 10 points • 13 June, 2017 10:53 PM

If you don't know what scarcity mentality is you need to do more sidebar reading

Also nice hamstering and concern trolling regarding lifting. Chances are your social circle is a bunch of scrawny weak neckbeards and ugly women.

IkWhatUDidLastSummer • -1 points • 13 June, 2017 11:28 PM

What did i write to make u come off that toxic? Sure i need to read more of the sidebar, thats why im here, after all. The term scarcity mentality wasnt explained in the glossary tho and thats probably why i havent stumbled over it yet. Also i couldnt care less about your assumptions, its a general observation that ive personally experienced, even the people that i know that are not my friends but happen to have succes with women are often ones who doesnt work out. Do you even know what hamstering means or do you just like to throw it around? This is literally not a case of hamstering. It just happens to be that, my friends who doesnt work out, are more successful with women than the friends i have who works out. This obviously *DOES NOT* mean that lifting would decrease your chances, infact the opposite, its just that this happens to be the case. Maybe its because subconsciously because theyre confident in their own self they dont see the need to do this, i dont know the reason for this. I work out my self, my social game is terrible, thats why i dont pull anything. I'd probably do even worse if i didnt work out.

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tallwheel • 3 points • 14 June, 2017 02:12 AM
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Dude. I can't believe someone who doesn't understand "scarcity mentality" is even posting here. Even if you've never heard the term, it is pretty damn self-explanatory if you understand even the most basic of RP concepts.

anonlymouse • 7 points • 13 June, 2017 08:25 PM

That's not remotely comparable. Lifting isn't dangerous. Even if you get injured lifting it's no big deal, you rehab like you would any injury.

LTRs are dangerous. Particularly in the form of marriage.

People advocate lifting because it works. Advocating against lifting is denying reality.

People don't advocate against LTRs because they don't work - obviously they do, the people advocating against them are often speaking from personal experience. It's because your life can be utterly fucked with little opportunity to recover because of one.

You don't have anyone talking about how lifting made them an incel. You don't have anyone talking about how lifting made them contemplate suicide.

More men than any man should be comfortable with if they have any self interest have committed suicide because of an LTR.

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empatheticapathetic • 11 points • 13 June, 2017 10:43 PM
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Of course you can get injured lifting. What a stupid Fucking thing to say.

Rehab is no guarantee of anything.

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whatsthisgarg • -2 points • 13 June, 2017 08:54 PM
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More men than any man should be comfortable with if they have any self interest have committed

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suicide because of an LTR.

That last sentence, lol wut.

I'm just saying there's too much excluding it as a possibility, as the majority of guys on here WILL end up in an LTR, and THEN they won't have the skills or even a fraction of the mindset needed to combat the inevitable conflicts, and then they are really fucked.

See what I'm saying? All the horror stories are entertaining, for sure, but the success stories get shouted down, and those are the ones a lot of guys could learn from.

You don't take swordfighting lessons from a guy who got his arm chopped off and his eye gouged out.

```
anonlymouse • 6 points • 13 June, 2017 08:57 PM
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You can mitigate the risk. You can't eliminate it. The laws are stacked against men. You might think the risk is worth it. But that doesn't make anti-lifting remotely comparable to anti-LTR.

```
whatsthisgarg • 1 point • 13 June, 2017 09:33 PM
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So we should have LESS constructive discussion of the riskier, more dangerous, and more likely thing?

Discussion of sexual strategy in a culture increasingly lacking a positive identity for men.

Is that how you interpret that?

This is why so many guys are getting chewed up and spit out: they have no guidance.

```
anonlymouse • 1 point • 14 June, 2017 12:49 PM
```

Do lift. Don't get married. That's guidance. You want to get nuanced, but it's an excellent start, and it won't ever be the wrong choice.

[deleted] 14 June, 2017 01:16 AM\* [deleted]

whatsthisgarg • 2 points • 14 June, 2017 03:03 AM

It's toxic to promise the fantasy flood of pussy to most of the guys on here.

What TRP are you reading?

Apparently I'm reading the TRP that nobody else is, the one that says take responsibility for yourself and stop blaming women and the government for your failures.

Jocularity aside, we agree. But you would be disingenuous if you thought there wasn't a huge bolus of readers who are getting the message that if they only lift and act aloof or whatever, they will be the beneficiaries of *Riches and Bitches* as they get older, while they are kissless virgins in their 20s.

The whole *men age like wine* horseshit, which is unaccompanied by useful advice so much of the time.

Of course, you and I will agree, if they believe this shit, without doing the required work, it is their own fault.

The only reason I am bothering commenting this shit is that I AM HERE TO HELP.

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Thotwrecker • 7 points • 14 June, 2017 07:50 AM

Here's the thing - as a dude trying to up his game, make money, fuck bitches, etc, you have to avoid being too academic and scholarly about the whole thing.

For 80% of the people on here, doing literally anything is probably better than how they spend their non-working hours.

Playing adult kickball and doing the Michelle Obama 3 30 minute jogs per week is an improvement and will lead to slightly better pussy rates for most of these guys, because they are at least going to be exposed to IRL people and get a little exercise in.

You just have to fucking start doing something, and when you are a kissless virgin at 25, the truth is it will probably take 1-2 years to start fixing yourself, and you will never really unfuck yourself. You'll always be like dog from a violent home - you'll have your social twitches, you'll be a bit insecure, a bit shy, whatever it is. You cannot fix what you build in 25 years in 1 year. That will take a decade of actually being an attractive person and internalizing subconscious attractive person behaviors.

But if incels read that, then guess what, 99% of them won't do the fucking work. If they get academic and look at how the sexual marketplace works and what kind of work it will actually take them to fix their life, they won't do SHIT. They will be overwhelmned.

So the attitude of "lift and talk to women once per week, don't smile seeking approval, be cocky, and you will start getting attraction and getting laid" is actually the best thing for them. Because they believe pussy is 3 months away, they will work their ass off. And when that pussy is farther still at the end of 3 months, they will at least understand that what they are doing is so much better than the way they are living. At that point, they will either push on now that they realize the extent of the rabbit hole, or they will double back and descend into bitter incel faggotry. (Which is most of the incel subreddit - they all use our lingo because they tried our shit and gave up after their long time oneitis orbitress still didn't want their ass.)

The fantasy is useful. I bought in when I was young and David D was huge. I legit thought David D was going to turn me into 10/10 pussy magnet. Obviously it didn't work out that way, but I did learn how to manage a casual relationship (early plate model) and line up dates with a few 7s and 8s without being a bitch and supplicating. On some level, incels need to believe in something bigger than themselves - they need to believe that my super secret tricks are going to pimp out their life, because if they don't believe it they won't ever do shit.

twatbutters • 1 point • 14 June, 2017 10:53 AM

It's toxic to promise the fantasy flood of pussy to most of the guys on here.

No one here promises that every person who reads/understands TRP will get easy pussy. There's a phrase here known as "mental masturbation" that aptly describes the losers who just read RP, feel good about themselves, then start gorging on food like every other BP fatass.

If you *do* apply RP principles (hell, you don't even have to apply all of them) consistently to your life, you will definitely see more pussy. TRP condenses the wisdom of male sexual strategy over the ages into a small guide for people to follow. It is a staightforward way to improve your life and sleep with women if you choose to do so.

[deleted] • 1 point • 13 June, 2017 07:02 PM

The reason they'll be middle aged and not have it is because they didn't put the work in for it.

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TheBunk TB • 2 points • 13 June, 2017 09:58 PM

Lifting is the start. It still takes many other facets to find greatness.

Velebit • 2 points • 14 June, 2017 01:02 PM

I am one who is quite skeptical of value of lifting but that is not a generalized statement. For those who have problem attracting girls lifting *will increase your success*, however what I have found as someone who was fit on and off, certain physical characteristics attract different kinds of people.

Me growing long hair and beard also tends to attract some borderline insane tattooed chicks... but I don't try to push this on others... I am a metalhead and that's my thing. When I had a normal haircut and cleanshaven face, those girls did not give me looks they give me now and I craved that. Maturity of this is debatable.

If your goal is simply "increase general smv" or simply "getting laid more often", sure go lifting, it's the nol thing to do. Average girl is quite attracted to buff guys. Also 70% of men prefer to be always the dominant one in bed this immediately limits your options if you are an average guy simply looking to score a girl.

But if you are looking for marriage material/nawalt, the kinda girl that will only be with you if you lift is probably not your target demographic. Considering this your mere muscle mass is not going to provide you with a girl worth your time. What you need to work on is your personality and social communication skill set, not merely getting more lean muscle mass.

mallardcove • 5 points • 14 June, 2017 01:10 PM

LMe growing long hair and beard also tends to attract some borderline insane tattooed chicks... but I don't try to push this on others... I am a metalhead and that's my thing. When I had a normal haircut and cleanshaven face, those girls did not give me looks they give me now and I craved that. Maturity of this is debatable.

The thing is you are an exception, not the rule.

MOST men find tatted up insane tattoo metal head chicks to be fucking disgusting and have low SMV. You do not. YOUR ways may work to pick up these ugly low value women. The thing is you are on the extreme of the bell curve. Most guys come here want to improve to pick up women who are normal and feminine and not inked up daddy issue trash.

But if you are looking for marriage material/nawalt, the kinda girl that will only be with you if you lift is probably not your target demographic. Considering this your mere muscle mass is not going to provide you with a girl worth your time. What you need to work on is your personality and social communication skill set, not merely getting more lean muscle mass.

More blue pill/purple pill bullshit. The exact type of garbage the OP was referring to.

Women who want to settle down and get married still want to do so with a man who is fit and muscular. They want to spread their genes with a man who is worthy.

Get the hell out of here with that "personality" and "communication" garbage. It doesn't matter if she is marriage material or not - AWALT. Women are still attracted to masculinity, and its hard to convey that as a skinny fat loser with no muscles. Trust me, if a woman marries a man who is skinny fat and out of shape, she is attracted to his wallet, not him.

Velebit • 2 points • 14 June, 2017 05:51 PM\*

Well they are not ugly, they are simply not relationship material.

This subreddit is not only about promiscuity or PUA, red stuff is not simply pua stuff man. And even

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if it was a large part of pua is game and game is not a workout program you tool, it's about having an interesting and inviting personality and knowing how to talk to other human being, which you don't. You need to put your big boy pants and read the side bar.

There are plenty of men here that do not fit your demographic of naive young boys. Misanthropy might (seem to you) work for you but for someone else it might not. You are very unimaginative and eat up all the confirmation bias you can. All reproduction is for is evolution. And if reality was as you fart out it is than there would be no evolution as all individual beings are the same, there is no difference in motivations (only misguided people right?), no difference in how various individual's brains work, no difference in genetics, even the concept of epigenetic or genetic differences is absurd because 1 formula, YOUR formula works for everyone they are just misguided and need you as their alpha to guide them and show them the true path right, the convenient one-size-fits-all egalitarian shit? We need to all be extremely thankful you are here to tell everyone what and to what degree is red or blue lol

What you have is a dogmatic and narrow worldview and you are trying to push it onto others and act like a know-it-all big alpha top dog. No wonder bitterness seeps out of you.

cut down to size DOW

colovick • 1 point • 14 June, 2017 04:36 PM

I haven't been very active on here lately but anti-lifting crowd? Is this real? What the fuck happened on here in the year or two I've been gone?

mallardcove • 1 point • 14 June, 2017 04:50 PM

One of the many subsets of users we have here contiminating things with their bullshit.

Not just the anti-lifting crowd.

colovick • 1 point • 14 June, 2017 05:21 PM

That has to be an annoyance. My condolences. I occasionally pop in to read a field report or to verify that water is still wet, but mostly beyond lifting and keeping frame, there's not a lot I need from the community as a married guy, not a hell of a lot I can add, so I hope the curration works and that you cab continue providing a good service to people

llmercll • 1 point • 14 June, 2017 05:11 PM

Some guys have good genetics and natural game, so they can get away without lifting. It does happen, but it's an exception, not the rule, and certainly shouldn't be recommended.

Besides, not lifting is neglecting a part of your physique and thus yourself. Self improvement is paramount.

```
isaiahexe • 1 point • 14 June, 2017 10:17 PM
```

I wasn't even aware there's an anti-lifting crowd around here. I mean, I (barely) understand *personally* not wanting to lift, but to be blatantly against it? Seems a little dumb to me.

Edit: Spelling lol

[deleted] • 1 point • 15 June, 2017 04:02 AM

Lift all you want but if you still eat shit you'll never get anywhere.

I'm honestly baffled ketogains, keto, and IF aren't at least touched upon in the sidebar. Girls like seeing the cutt lines and bulging veins moreso than size. I've always had fairly big arms for 6'2" but only by dropping

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the bf% down to 16% did they start commenting and touching them in public.

```
iwasbornred • -3 points • 13 June, 2017 07:34 PM
```

I agree that you don't have to be a conservative or Trump supporter to be red pill, but you do have to be "Right Wing" imo

Leftist policies really are at the core of blue pill ideology.

```
Ke9817 • 23 points • 13 June, 2017 10:18 PM
```

bullshit. A really informed and open minded person will be politically unidentifiable. Why? Because a blanket political response is fucking ridiculous in a world that is highly complex.

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[deleted] 14 June, 2017 01:18 AM*
[deleted]
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[deleted] • 1 point • 14 June, 2017 03:52 AM
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Then that is their choice. However if one is open-minded then they at least consider the other side's POV. Also coming to compromises and or allowing other ways for things to be done would be a sign of open-mindedness. I think it would be rare to find an open minded person who falls in line to either a right or left wing ideology completely.

```
iwasbornred • 0 points • 14 June, 2017 02:34 PM
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The other side's point of view is beyond ridiculous and should not be treated as a real thing in adult land. That's the truth.

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[deleted] 14 June, 2017 04:34 PM
[deleted]
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```
iwasbornred • 1 point • 14 June, 2017 07:52 PM
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Basically: politics and culture are super interconnected. Republicans aren't perfect but they are literally the last line of defense for civilization which is pretty scary if you think about how true this is AND the fact that many of them are fucking religious nut jobs.

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iwasbornred • 1 point • 14 June, 2017 07:54 PM
```

The name-calling identity politics stuff will slowly become less and less effective as words like racist and sexist lose their meaning, but the policies that have created our current demographics need to be seriously reworked.

```
iwasbornred • 0 points • 14 June, 2017 07:48 PM
```

Leftist policies have huge and direct impacts on culture. America has been brought to its knees through the slow death of immigration and welfare-state politics. Red pill is clearly right(not establishment right wing obvi, more the anarchist/libertarian wing of the right) wing and this will not change anytime soon.

iwasbornred • 4 points • 13 June, 2017 10:53 PM

The right has issues but the left is too far gone.

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Independents not saving us from retard leftists is just as bad as the leftists.

```
LiftingW8sGettingD8s • 1 point • 13 June, 2017 11:51 PM
```

I agree. TRP is incongruent with the leftist ideal of leeching off of others. A TRP man wants to be independent and stand on his own two feet, and have his great life be a product of his own success, not by meas of sucking the blood of those who invest in themselves and give a damn.

```
Ke9817 • 8 points • 14 June, 2017 01:56 AM
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TRP is beyond politics. Just worry about bettering yourself and controlling what you can. Being fanatical about politics in our current political climate is a waste of time, when that time could be much better spent in other hobbies, or self improvement.

```
iwasbornred • 0 points • 14 June, 2017 12:13 AM
```

Leftism must be extinguished. We are too strong for them, we must absolutely CRUSH them and bring about a new free market world.

```
LiftingW8sGettingD8s • 2 points • 14 June, 2017 12:19 AM
```

Just let them create their mongoloid utopia with 'free' education and 'free' healthcare. The beautiful thing about the left is that you don't have to crush them, they'll crush themselves.

```
iwasbornred • 3 points • 14 June, 2017 01:04 AM*
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Right but if they take the US, it's over, communist/globalist hell for decades

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DeathToTheZog • 1 point • 14 June, 2017 02:46 AM
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Yes, but it will be off the corpse of our Republic. Once they get their way, we all lose, including the leftists. They are like teens with their parents bank card, and open end on credit. By the time they are done, we lose the house, vehicles, college fund, life savings, and lil Tommies new pedal bike.

```
iwasbornred • 1 point • 14 June, 2017 12:33 PM
```

Right. It is hard to predict exactly what happens but we are headed towards some nasty shit if there is not a serious resurgence of certain values in America. Classical Liberalism is so insanely different than Modern Liberalism. The men who were the first to spread the concept of Liberalism would literally be rolling over in their graves if they knew what "Liberals" today are pushing.

[deleted] 13 June, 2017 09:01 PM\* [deleted]

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SpeakerToRedditors • points • 13 June, 2017 10:31 PM [recovered]
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I consider construction work lifting. The most cut person I ever knew did construction. All he did all day was lift buckets of nail and wood and other various things all day every day. Lifting does not mean you are a gym rat.

```
LiftingW8sGettingD8s • 1 point • 13 June, 2017 11:56 PM
```

When I was 19 I worked in a hardware store. I spent most of my time outside at the 'pot wall'. I had to lift 20kg or more plant pots up movable stairs, often above my head, and put them on top of a big

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display wall sort of thing, up to about 4-5 metres in height.

I hated this job until I left. Working 9 hour days lifting stuff (carrying bags of soil was another good one) had me in some of the best shape of my life, and at the time I was only going to the gym twice a week.

Swelfie • 1 point • 14 June, 2017 07:13 AM

I did serious construction work (hod carrier) in my 20's and I looked damn good. Not as good though as a well structured routine I started in my 40's. Labor doesn't target all the groups efficiently. Now, had I been smart, I'd have been in the gym twice a week in my 20's hitting the weak spots for 30 minutes and it would have been easy peasy paired with hard labor as opposed to fighting an uphill battle against a desk job...

Teapot\_Dragon • -1 points • 14 June, 2017 03:05 AM\*

You don't always need to lift, but you do always need to exercise. I think body weight exercise is more important than lifting because you build quality muscle more than bulk. If you get good enough at body weight exercise that it's easy you should supplement your training with weights. If all you do is weights you're going bulk up but what good is a lot of muscle if you can't use it to it's full potential.

TryDoingSomethingNew • 3 points • 14 June, 2017 04:25 AM

You can't build the same muscle mass using *only* body weight training as opposed to weight training. It's a whole other level of strength you can gain when properly taking advantage of weight training.

niczar • 1 point • 14 June, 2017 02:28 PM

Some people appear to get impressive results with body weight training; there was a video posted around reddit about a French homeless man who was jacked as fuck and obviously did only that.

Problem is, if it's possible, it's certainly much less efficient than lifting heavy weights. I know I can consistently allocate an hour a day to lifting, and gather the motivation to do so most days, but unlike that guy that's obviously not the only thing I have to do all day, nor would I have *that* patience anyway.

Having said that, I should really look into it for when I'm unable to go to the gym. Problem is my apartment has, as odd as it may sound, no spot where I can hang bars for pull ups.

Teapot Dragon • -1 points • 14 June, 2017 04:36 AM

I do martial arts and focus more on bodyweight training because even though great strength is nice a too much mass can slow you down. Not saying to ignore the weights, just saying it's ideal to focus on building speed, endurance, and flexibility as well as strength. There's a difference between looking good and being good. Don't just look good, be good.

Swelfie • 1 point • 14 June, 2017 07:09 AM

I work on strength, mobility/agility and cardio. Sure, I don't want to be a big slow/awkward guy. I also don't want to be a big guy with a pissy cardiovascular system. You can do all of that. And imho it's pretty hard to get too big without serious juicing if you work mobility into your routine.

jamesbwbevis • -1 points • 14 June, 2017 03:16 AM

lifting is optional, because you shouldnt be doing anything in life unless you at least somewhat enjoy it.

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I lifted like crazy in college, and never got laid. I moved on and got into other forms of exercise, and I still dont get laid. Just do what you enjoy and stop making every decision based on women

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mallardcove • 1 point • 14 June, 2017 11:59 AM
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I lifted like crazy in college, and never got laid. I moved on and got into other forms of exercise, and I still dont get laid. Just do what you enjoy and stop making every decision based on women

So that means lifting is bad and doesn't work?

This is exactly the type of blue pill post redpillschool was talking about.

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jamesbwbevis • 1 point • 14 June, 2017 12:09 PM
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No, it means there was no reason to lift specifically for women. I lifted because it made me happy and once it no longer made me happy I stopped. That's why you should lift.

It's truly beta for someone that doesn't enjoy lifting to force themselves just for pussy.

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[deleted] • 0 points • 14 June, 2017 06:30 AM
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Lifting good. Bit if you're only lifting to get laid you will burn out. Lift because you Want to be a healthier you. Not so you can wear tight shirts and backwards hats.

```
Greek-God-Brody • 0 points • 14 June, 2017 07:03 AM*
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You don't need to be (very) muscular to look good. You need to be fit and athletic. 20/80 principle applies here too. A fit & athletic guy with strong Game will have way more success with women than a very muscular guy with not so strong Game.

Most guys don't even look good with a lot of muscle on them because of their bone structure. You can only put so much muscle on you and look good aesthetically.

I, for example, am just under 6 ft. My bones and wrists are not the biggest and manliest. No matter how much muscle I gain, I will not look like Jason Momoa. Even if, hypothetically, I reach the same amount of muscle mass that the guy has, it won't look as good on me as it looks on him, because he's taller and has larger bones.

And I'm perfectly OK with that. I also think every guy should lift or do calisthenics.

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Thotwrecker • 4 points • 14 June, 2017 07:54 AM
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You don't have to lift at all. But you do if you never seriously played a sport that trained you up some decent muscle and kept you decently lean. If you're  $\sim 15\%$  bodyfat and have 10-15 lbs more muscle than the standard male, then you are probably good to go. You won't score pussy off tinder just by posting a shirtless pic, but you'll do fine. You look good in a T-shirt.

The problem is, I'm willing to bet 90% of men on here straight up fail that basic test. For these men, you gotta lift. The logic the anti-lifters use astounds me - for example they will be like "you don't need to lift my friend is jacked from serious rockclimbing and he gets bitches."

Ok, sir, are you jacked too from rockclimbing? No? OK then. Lift.

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mallardcove • 1 point • 14 June, 2017 11:58 AM
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Calisthenics are not a substitute for lifting.

[deleted] 13 June, 2017 05:43 PM

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redpillschool[S] • 27 points • 13 June, 2017 05:47 PM

And to the folks that suggested about a half dozen alternatives: if you think you've got something good for the community, run with it and show us what it can do.

Use the building power flair, and show us how it can be adopted for easy use. Remember- even if you have the perfect solution to a problem, if the current market leader is easier to use, people won't adopt it.

hipstersdontlie • 44 points • 13 June, 2017 06:47 PM

On the one hand, people are asking for contributions but on the other they are dismissing every post that isn't breaking new ground. This gets to a point where I, as a novice, am afraid to post anything on this board because I have a lot of respect for the contributiors and understand that certain levels of quality have to be met.

As a result, I personally resort to lurking and I wouldn't be surprised if others did this too.

PaperStreetVilla • 30 points • 13 June, 2017 06:51 PM

Ignore the haters. Lift is the #1 strategy, regardless of a mans goal.

Sometimes, you need to hear it 500 different ways until you finally understand how important it is. Your first posts WILL suck, but so long as you come in, show what you've DONE, show lessons learned, and apply things you've learned here from other men, it will improve.

There was an old post, some 14 year old kid. Only posted on what his first steps were. He joined a gym, worked on finishing school, and let go of being pissed off all the time. Tested a bit in the thread, held frame.

0 new content, but he was a great example of how to take first steps. I don't know if it's in the archives or not

hipstersdontlie • 5 points • 13 June, 2017 07:02 PM

See, as one progresses his journey he inevitably makes mistakes. Most of the slayers in here haven't been born this way, they achieved status/wealth/physique/frame by making mistakes and learning from them.

This is where it gets ambiguous: You have to let people make mistakes and progress as long as they mean it.

PaperStreetVilla • 12 points • 13 June, 2017 07:33 PM

Thats all anyone here has ever asked for.

Make best efforts, learn from the other men.

Right there, two very simple concepts, and I'm constantly amazed how hard it is for so many guys

WilliamBott • 3 points • 14 June, 2017 02:34 AM

learn from the other men.

To be fair, we learn just as much about TRP from women, too. The constant attitude of women thinking I owed them something because I'm a male, that I'm going to buy them whatever they want, raise their bastard kids, etc. is what put me on my path to being a MGTOW.

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PaperStreetVilla • 1 point • 14 June, 2017 12:42 PM

They dont need a cheerleader. We dont need a frontpage full of shitty women

```
WilliamBott • 1 point • 14 June, 2017 02:11 PM
```

I don't want them posting in HERE. I'm just saying we learn from their shittiness just like we learn from any other fucked up situation in life.

mallardcove • 3 points • 13 June, 2017 07:20 PM

I first came to this sub in early 2014. The content I was reading for the first time then was concepts that others have probably seen dozens of times.

What may be old to one user may be new to another user. As long as the material is sound, I say who cares whether it is a new concept or not.

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twatbutters • 0 points • 14 June, 2017 10:41 AM
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Except the content, as a whole in 2014, was much more well-articulated and not full of fat blue-pillers trying to insert feminism into this sub in a subverted way.

```
PaperStreetVilla • 2 points • 14 June, 2017 12:43 PM Right...
```

ZEAL • 3 points • 14 June, 2017 03:01 AM

Exactly. What makes a great teacher is not only great knowledge, but trying to figure out a way to make sure the person you're teaching understands it. TRP is an amalgamation of teachers. Sometimes it takes that one personal touch to a story that you had in common with your own experience, for it to really hit home for someone who might not have understood fully before.

aherne18 • 0 points • 14 June, 2017 10:15 AM

Ignore the haters. Lift is the #1 strategy, regardless of a mans goal.

Personally I've seen lifting to have no effect whatsoever (either in me or in people I know): it is always good genes that matter. Unless you are attractive, but too fat / out-of-shape, you will gain nothing from lifting (except male admiration) or online "dating" (except bitterness).

Why concentrate on options that don't work for general TRP public (largely made of unattractive men) and not on those that actually work amazingly well? Just approach, pick your target and own the scene...

```
PaperStreetVilla • 2 points • 14 June, 2017 12:32 PM
```

Fuckarounditis is not lifting.

Out away the pink weights, use something with two digits printed on it

```
aherne18 • 1 point • 14 June, 2017 03:19 PM
```

Out away the pink weights, use something with two digits printed on it

:D I guess I'm doing that already (in like 8 years?). Man if it works on you, I'm happy! I'm talking about the majority for which it has no effect... I'm talking about friends who fucked up their bodies with weights and diets but got nothing in return (except a parasitic girlfriend, at

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most), no matter how ripped they have become.

PaperStreetVilla • 1 point • 14 June, 2017 04:24 PM

well, it's not a sole-solution, thats true.

Of course, you don't have a car with just an engine either, though it's important

Thotwrecker • 8 points • 14 June, 2017 08:03 AM

Here's my take on it. I will not downvote or post a rude response to someone talking about something they experienced in the REAL WORLD. If you are genuinely OUT of your house and you had some epiphany based off observing real people, then you may be ass wrong, but you are operating from a legitimate perspective.

The problem is people post these stupid ass theories they concocted either in their own head or by analyzing what some buzzfeed clickbait article says or some post on twox or relationships says. You cannot analyze real world behavior by posting your grand theory on male/female dynamics as demonstrated by House of Cards. It's fucking fiction - go out into the real world, go accrue some real experience and knowledge and make your post.

If you post a real rejection report, like one where you approached 10 different girls in one night and you lost all of them, some quick and some after investing a lot of time into them... that is worth more than 90% of the stuff on here. Because I've had nights like that. Any dude on here who actually tries to get laid in bars / clubs has had that happen and knows what it's like, and some of those guys know how to analyze what you are doing and give you real helpful suggestions based on what actually worked in the real world for them.

So my advice is, if you have nothing to post about, don't generate some bullshit just by trying to think of some popular topic to riff on. Go live your life and when you experience something that is tough or confusing or a victory or a defeat that relates to TRP, share that and take in the perspective of people who have been in your shoes.

PaperStreetVilla • 3 points • 14 June, 2017 12:45 PM Best comment of the thread

[deleted] 13 June, 2017 06:55 PM [deleted]

hipstersdontlie • 5 points • 13 June, 2017 07:19 PM

The place I see the most need is for people like yourself to talk about things that didn't work. Times are changing and we need to remain critical of our teachings.

Exactly. Also, I'd like to refer to your recent post, especially this part:

Shooting down ideas is not contributing.

You cannot be a passive consumer and expect to have a say in the direction of the community. If you are concerned with quality of posts, make your own. If you don't think a project is going to work, start your own. Sitting on your couch tapping out "that's dumb and gay" is a sure fire way to destroy anything good we are building here.

The current content providers are just a very small fraction of the entire community. Most of these

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people swallowed the pill a long time before the majority of the community did. Thus, they have a lot more experience and as a result, usually provide better content.

Now think about it in the long run. This small fraction eventually gets tired of providing content, some may even retire. Who will be there to step into their footsteps or even continue the journey for the sake of mankind?

Most likely not many, if anyone.

There is some kind of playground for rookies like asktrp and others but the seperation from this board also causes a segregation between members of this community. Unlike userflairs, using a secondary board for matters that eventually revolve around TRP does not promote the idea of development through trial and error.

If your out in the field and something doesn't work, make a report exploring why.

See above.

SiulaGrande • 3 points • 14 June, 2017 02:01 AM

to be honest, i have only ever posted one or two submissions to TRP, and only after being a reader for over a year. you really dont need to post anything if youre still at a stage where youre learning a ton by reading other peoples' work.

RoxoViejo • 1 point • 14 June, 2017 10:59 AM

Read the comment above. If you think you have something valuable to share, run it with an endorsed contributor or mod. Chances are when you're novice what you want to share has probably already been explained better in the past, which now results in many subpar posts.

Lurking isn't a crime if you're a novice.

PaperStreetVilla • 1 point • 14 June, 2017 12:46 PM

No. Most ECs and mods are busy enough.

Just go with it, so long as its not mental masturbation its usually fine.

If the automod grabs it, send a lonk to modmail. Unless its shit, we can see what we can do

KumonRoguing • 1 point • 14 June, 2017 05:53 PM

I've been here almost three years. Written multiple papers about trp subjects for school, and talked in depth with other trp bros. Still afraid to make a post with any of my ideas.

randarrow • 2 points • 13 June, 2017 10:05 PM

I was one of those naysayers I guess. Not banned though, have been here for years.

~Let's build a social media platform~ is contradictory to most reddit and red pill advice which is to avoid social media. My reasons were for security though, along with a healthy dose of ~stick to the real world.~

In the corporate world I see a lot of ~let's install x, it'll do everything~ excuses, for aps that don't really do anything. Is fun to watch. Basically they don't want to learn or fix existing tools so they think adding another tool to the mix will fix things. When really, the new tools do the same as old, users are just bored, and the extra behavior is disabled because it bothers the admins. And, adding additional paradigms just makes things more complicated....

What would we be coordinating in an ap, exactly?

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If we are getting targeted on reddit, the targeting is only worse in real world.

Sorry for the FUD. I'm a real fan of be the change you want to see in the world.

```
redpillschool[S] • 2 points • 13 June, 2017 10:49 PM
```

~Let's build a social media platform~ is contradictory to most reddit and red pill advice which is to avoid social media. My reasons were for security though, along with a healthy dose of ~stick to the real world.~

Not everyone has vision, you apparently are just fine leaving it at "it's broke, don't attempt to fix it".

However, boiling it down to this summary of yours is an unfair characterization, and misunderstands the purpose of an internet based communication tool that helps men connect in a culture that wants to see them destroyed.

Feel free to ignore the app, no skin off my back.

```
randarrow • -1 points • 13 June, 2017 11:00 PM
```

I'm glad yall are excited. The internet is a communication tool. Having a communication tool, on a communication tool, is kind of redundant, you know. I'm more of an IOT person working on the backend.

I am genuinely curious though, what would this offer beyond the IRC room, to outweighs the risks and effort of putting third party apps on our phones. Think web tool bars, what would a Manosphere tool bar add?

Cheers.

```
redpillschool[S] • 2 points • 14 June, 2017 02:10 AM
```

How easy is it for most red pillers to jump on IRC without exposing their IP? I get tons of messages every day asking me what IRC is in the first place. Explaining proxies or cloud IRC services isn't exactly simple.

There's risk for sure. But I'm not sure you understand where it is.

```
randarrow • 0 points • 14 June, 2017 02:18 AM
```

Gets back to my comment elsewhere in this thread:

Basically they don't want to learn or fix existing tools so they think adding another tool to the mix will fix things.

You know nothing about me and I know nothing about you.

Sounds like a trptech subreddit is necessary. No reason for mods to teach people how to use google.

```
redpillschool[S] • 4 points • 14 June, 2017 02:26 AM
```

Sounds like a trptech subreddit is necessary. No reason for mods to teach people how to use google.

I don't disagree that the technology for the problem we're solving already exists.

What doesn't exist is the right solution that is easy enough to use that will be adopted.

Consider this: It's widely known that facebook is bad for privacy, why do people keep using it?

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It's convenient. As long as it's more convenient than the alternatives, it will be used.

GLO and my goal is to make private communications without the SJW overlords convenient. That simple.

Right now, there just isn't a platform that answers this call.

Since we're making it free, I don't see why anybody would argue against it. Donate if you'd like. Don't if you don't.

max\_peenor • 0 points • 13 June, 2017 10:42 PM

~Let's build a social media platform~

In fairness, just announcing it seems to have been a watershed moment. It's almost like 1990s Microsoft marketing department was at work here.

```
redpillschool[S] • 3 points • 13 June, 2017 10:48 PM
```

We did shed a lot of excess baggage, users who bitch and moan. No loss.

No mistake made here, this change has been happening since we launched trp.red and we're marching forward.

```
randarrow • 1 point • 13 June, 2017 10:51 PM
```

You remember any of that? Bill Gates wrote The Road Ahead talking about the coming internet. Was written after the fact, had to be revised heavily, and was just a pathetic attempt at staying relevant. The internet caught MS off guard, they expected something like it, but not that. BG might be cool/great now, but don't forget how much of a slimey douche bag he was then.

```
max peenor • 1 point • 14 June, 2017 06:12 PM
```

The internet as a market for MS was the 2000s. The 90s were their golden area as they literally destroyed every competitor in office productivity. They did it almost entirely off of their marketing, which had some of the smartest and most ruthless motherfuckers in the industry. Bill just needed to scream at the product guy long enough to make sure marketing had something to sell.

Most people don't realize that there wasn't a lot of money to be made in 1999 off the internet. The gold rush was on but profits were pathetic. It wasn't until 2003 you started seeing roadmaps that showed black.

Tomes2789 • 20 points • 13 June, 2017 10:02 PM

I'm just here so I don't get fined banned.

WhoAreTheGlobalists • 56 points • 13 June, 2017 05:42 PM

thank you mod team, i appreciate your service.

http://i.imgur.com/tPE9NIf.gifv

dalex0504 • 7 points • 13 June, 2017 09:23 PM

Gosh I love this community.

ozaku7 • 16 points • 13 June, 2017 11:03 PM

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I was waiting for this purge for a long time to happen. In my terms its necessary censorship to keep the sub pure from red pill choking retards. The majority also only believes that TRP is only good for getting laid and dealing with women, while its actually aimed at everything in life, the entire reality one lives in.

```
chonaXO • 7 points • 14 June, 2017 06:21 AM
```

I don't believe you're correct, as it works as a toolbox from which you take what you need. Mr.CEO with a dad bod may only need the fitness, while Mr.Brolift may need money advice.

```
ozaku7 • 1 point • 15 June, 2017 06:33 PM
And does Mr. Dadbod CEO have time for fitness?
```

brooklynisburnin • 16 points • 14 June, 2017 01:43 AM

I've recently come across one of those motivational memes/quotes that basically said, if you ask for help no one will give a fuck, but if people see you pushing your own car they will come and push with you.

I'm sick and tired of seeing people begging for help and not even trying at all, I used to browse asktrp all the time replying to people these days I barely visit the parent subreddit...

```
SilverGryphon • 35 points • 13 June, 2017 06:14 PM
```

Good, we need less white knights and bluepillers running around TRP.

```
red-arctic-tern • 4 points • 14 June, 2017 10:19 AM
```

There are also people who think TRP is true but do nothing in their lives to benefit from the truth. They choose to masturbate and find excuses.

```
Bisuboy • 2 points • 14 June, 2017 05:38 PM
```

God, were there actually so many leftists in here? I am not that active and this post kind of shocked me.

```
[deleted] 13 June, 2017 06:59 PM
[deleted]
```

```
[deleted] • 1 point • 15 June, 2017 06:56 AM
```

Seems like the moderators have banned people for very specific things which aren't necessarily the ones you are listing - I believe they broadly understand the importance of not shutting down dissent or allowing those endowed with hubris to dismiss criticism by claiming some Red Pill One-up-man-ship.

If you read the FULL sidebar you'll see a lot of things which get posted, even by senior members, are "against" TRP - PK Atheists first rules for the sub stand in contrast to a lot of the content, but things have to change. I saw that silly Futurist blog got taken down, that was a great move.

```
bingobongo7000 • 8 points • 13 June, 2017 07:47 PM*
```

@Mods Thank you very much for you work. The Great Banning of 2017 is really, really a very needed event. (My pet hate is the guy with: Indian, Indian, Indian ...how to get blondes ... so unfair ... weh, weh, weh, ...)

```
[deleted] • 7 points • 13 June, 2017 06:23 PM
```

The past few times I have submitted a post, if i log out i see [removed] in the body of my text. i know my comments are still visible...is this some kind of shadowban? I have tried messaging the mods but obviously you guys are super busy..

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PaperStreetVilla • 8 points • 13 June, 2017 06:48 PM

We have a period where you cannot post OC, only comment. It exists to prevent new troll account from spamming the site. We don't disclose how long it lasts, or what criteria the bots use when finding them.

But it works well. Do, report, and comment. Most men of worth don't notice things, it flows seamlessly when you're building strategy and experiencing something worth a field report

```
[deleted] • 2 points • 13 June, 2017 10:30 PM
```

I hear that, filtering out is pretty important. it has been quite a while though, I have had this account and been active on red pill since this past October. and I see people posting with throwaways sometimes so I wonder...

```
PaperStreetVilla • 3 points • 14 June, 2017 12:51 PM

Its not perfect
```

Skaiiward • 7 points • 13 June, 2017 05:44 PM

Thanks mods!

```
sploogyp33n • 15 points • 13 June, 2017 05:36 PM
```

This was much needed, thanks mods.

```
dalex0504 • 4 points • 13 June, 2017 09:21 PM
```

I fucking love TheRedPill.

Buchloe • 6 points • 14 June, 2017 02:03 AM

Fuck yeah, bring out the ban hammer. This is a meritocracy, not a democracy.

```
GayLubeOil • 100 points • 13 June, 2017 06:16 PM
```

If you even casually glanced through the sidebar you would immediately recognized that the Red Pill has a very strong anti Egalitarian flavor. Failing that perhaps the obsession with the words Alpha and Beta would have been a clue.

I'm not asking people here to jerk off Donald Trump like Melania did during their first casual encounter. Maybe you voted for Barack because you wanted a fellow black man as president. Maybe you voted for Bernie because you enjoy seeing frail Jewish men dominated by obease black women. That's cool.

What I am saying is that if you identify as an Egalitarian kumbaya hippie Socialist the Red Pill isn't compatible with your beliefs.

Furthermore if you don't understand why it is very beneficial for the Red Pill that The\_Donald exists, spreads our culture and draws fire for us, regardless of your view of Trump you don't have want takes intellectually to benefit from our discussion.

Finally the Red Pill is a metaphor for escaping fantasy and living in reality. So if you came here to post fanciful stories about your rockstar sex life, want us to play along in your fantasies or what to know what fictional characters to immitate to become Alpha. This community isnt for you.

```
mallardcove • 29 points • 13 June, 2017 06:27 PM
```

Hilarious that this post is at -2. Just goes to show how you challenging some user's deeply held beliefs is causing them to lash out negatively.

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The thing is, Reddit has long been a site that attracts autists, aspies, incels, leftists, socialists, male feminists, etc. And a lot of those types will stumble onto TRP at some point in their reddit experience. Most of them will turn away and be turned off by TRP, but some will stick around and be intrigued by TRP.

Here is the problem - they have held their leftist, male feminist, identity politics mindsets for years. It has been engrained into their mind long before they ever stumbled upon TRP. Many of them have built their entire identities and social lives around their political beliefs. So naturally their first instinct is to protect their beliefs at all costs and attack anyone who challenges them. The next stage naturally is to try to have their cake and eat it too. "I can still be a Red Pilled man while still being a Bernie Sanders loving male feminist socialist". When that doesn't work, these men reach a crossroads. Either abandon their longly held political beliefs, or double down on them and blame TRP and its userbase for their problems.

```
IkWhatUDidLastSummer • 5 points • 14 June, 2017 12:52 AM
```

Exactly this. This is a masterclass example of cognitive dissonance.

```
[deleted] • points • 13 June, 2017 08:59 PM [recovered]
```

Why exactly you can't be a leftist and a Red Piller?

```
asymptotic salvation • 3 points • 13 June, 2017 08:35 PM
```

Absolutely. Women and gender dynamics is one thing, but the Leftist ideology is so deeply rooted in people's belief structures that I'd say its dissolution is a far harder pill to swallow.

```
mallardcove • 6 points • 13 June, 2017 08:38 PM
```

I saw it play out on The Donald and honestly I still do to this day.

I feel like a lot of The\_Donald's user base were not Trump fans, but just Bernie supporters disgruntled about the primary. You'd see a bunch of leftist Bernie Sanders socialist garbage upvoted in both post and comment form. You still do to this day. It's as if these former Bernie supporters support Trump because he wasn't Hillary, and not because of his positions/policies. They are still leftists at heart and would jump ship from Trump back to Bernie in a heartbeat.

There is a lot of that here on TRP. You have guys who are more loyal to their leftist political beliefs than to TRP. Because as I said, their leftism has defined who they are as a person. They would rather not change who they are. Hence why you see so many posts on here and AskTRP about how they are trying to game some crazy hyper feminist rainbow haired chick.

```
antariusz • 1 point • 17 June, 2017 08:36 AM
```

Eh, I was a TRP supporter long before I began supporting trump. I think the amount of berners in t\_d is far lower than the number of either tea party conservatives "aka freedom caucus republicans", or gamergate supporters sick and tired of the pussypass, sjws, and pc culture in general.

```
asymptotic salvation • 1 point • 13 June, 2017 08:47 PM
```

Definitely. Although I think Donald Trump was partly to blame for that, because I don't think he's necessarily pro-conservatism / classical liberalism -- he's just pro Donald Trump. If enacting *some* conservative policies is good for Donald Trump, then that seems to be what Donald Trump will do. He essentially leaves a lot of ideological wiggle room for the "feel the Bern" snowflakes (e.g. protectionist tariffs).

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von19 • points • 14 June, 2017 07:31 AM [recovered]

So you guys bitch about how important free speech is, then ban anyone that doesn't agree with you. Lol this mod team is full of pussy. Typical Trumpettes, fucking morons.

```
PaperStreetVilla • 3 points • 14 June, 2017 12:40 PM
Pew pew
```

JeremyHall • 6 points • 13 June, 2017 08:28 PM

It boils down to respecting merit.

```
_TheRP • 5 points • 13 June, 2017 11:23 PM
```

The world isn't compatible with egalitarian beliefs, it's not just this subreddit.

The strong will always rise to the top and take advantage of the weak, meek, and lazy.

```
[deleted] • 1 point • 15 June, 2017 07:06 AM
```

'The world isn't compatible with...' - I'd agree to a point but I think it's always better that individuals within a society have at least an equal opportunity to *pursue* betterment for themselves, equality of outcome or forced representation is going to be the downfall of the West.

The Weak, Meek & Lazy are as we speak busy chanting for the snickering Communist & Trade Unionists to "save" them from all these horribly oppressive iPhones, cheap luxury items & excellent work-life balances that the despicable Free-Market Democracies have imposed upon them - so Yes, the Strong WILL always rise up and take advantage.

```
TheRP • 1 point • 15 June, 2017 11:05 PM
```

I get your point, but I don't think equal rights are really egalitarian.

```
[deleted] • 1 point • 16 June, 2017 05:18 AM
```

I'm not quite sure what you mean there because that is literally the definition of it - "believing in or based on the principle that all people are equal and deserve equal rights and opportunities." - Dictionary.com

Perhaps in your experience it has become one of those catch-all terms for people that need to use it to prove a point regardless of it's factual relevance, like Socialism or Feminism get used.

Equal rights are none negotiable in the West I believe, but I'm highly alarmed by people talking about 'equality of outcome' and additional rights for "marginalised" groups - are the marginalised not human then? Cos that's pretty fucking offensive to insinuate I think.

```
TheRP • 2 points • 16 June, 2017 05:23 PM
```

I guess I'm distinguishing between equal rights and equality. I'll try to explain -

Equal rights is the notion that everyone should have the same level of legal protection as a person. Everyone should, from a purely governmental standpoint, be treated the same.

Equality is the notion that everyone *is* the same. That we're all equally capable of success and failure. I've always thought of the word 'egalitarian' as describing this notion, because it's so closely tied to what feminism preaches.

The first one is completely legitimate, equal rights is one of the pillars of modern society. The second one is demonstrably bullshit, and anyone who believes that is a fucking idiot.

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[deleted] • 1 point • 16 June, 2017 05:36 PM

Ah, I see.

I'm completely on board - we are all equal in the eyes of the state but we are not all equal relative to one another.

When a political system moves away from recognising the rights and dignity of the individual (in both respects, good and bad) they end up on a very slippery slope indeed.

Just like my country did last Thursday in the UK General Election.

Doulich • -1 points • 14 June, 2017 05:27 AM

Except it's a lot more nuanced than the right-left divide? Sexual strategy doesnt have to be capitalistic "best man gets harem of women" ideas. The co-alpha ideal that's so often espoused here of every man getting one (1) non slutty wife, effectively more or less equitably distributing the mating pool amongst most men *is* effectively egalitarianism. Sexual strategy might be capitalistic now, but that doesn't mean it can't be (or shouldn't be) egalitarian in the future.

As has been so adequately stated in the past, TRP is a guide to navigating the world around us to ensure the optimal outcome for *us*. The world around us is anti egalitarian, and so is reflected in everyone posting about the world. But I wouldn't go so far to assume that egalitarianism, as you describe it, is *bad*, per se.

```
GayLubeOil • 6 points • 14 June, 2017 05:45 AM
```

Egalitarianism is very very bad. It took me a long time to accept this but after reading AskTRP for years and understanding the absolute futility of trying to make mediocre people not mediocre, I endorse elitism.

The Red Pill runs on elitism. If it wasn't Sheparded and currated by the moderator team it would be infiltrated and destroyed by Bloopies. Without strong moderation there would be no reason for proper writers to invest their time and energy here.

Think of the Red Pill as apartheid South Africa. As long as there are rules and the rules are enforced we are a European country in Africa. As soon as the rules aren't enforced we are in Africa and you have a big black penis inside your asshole because rape is just part of Africa.

```
neio • points • 14 June, 2017 08:07 AM [recovered]
```

The New South Africa on the other hand has some white males calling for Sadiq Khan to become president of the world. Even after seeing the video of him defending Farrakhan and the 911 terrorists. Fortunately the pendulum is swinging back to balls to the wall men taking charge again.

```
PaperStreetVilla • 1 point • 14 June, 2017 12:41 PM
Stop taking metaphors literally
```

Doulich • -1 points • 14 June, 2017 06:00 AM

You're comparing the population of alphas whom are here to betas in general. Sure, alphas are the elite of a society, which is why TRP runs on an elitist stance where only alphas are allowed in. Even so, just because we might currently *run* on a relatively elitist stance, doesn't mean that's the stance that *should* exist in every possible situation. It's might as well just be a reaction to the current state of the world that everyone is stratified into the plebes of betas and the patrician alphas.

The Red Pill might be the proverbial elite Rhodesians in Africa, but that's just because the rest of the

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continent is shit. If the world wasn't stratified as it was, and we had a supermajority of the male population as co-alphas, I believe an egalitarian society would be possible, due to the inherent equity in alphaness amongst the population.

That's a pretty big "if" though, and instilling that sort of mindset amongst most of the world will only come with a drastic cultural change.

The rest of the world is currently (and will be for a while) shit, but that's not the inherent state of it.

```
PaperStreetVilla • 2 points • 14 June, 2017 12:42 PM
Stop digressing. Metaphors arent to be talen literally
```

[deleted] • 4 points • 13 June, 2017 07:14 PM

Thank you for this. I understand that the mods have a shitton of stuff to do outside reddit, but cleaning the sub up was a great move.

```
-drukpa-kunley- • 4 points • 13 June, 2017 07:24 PM
```

I applaud the mods and ECs for their example of setting boundaries and guiding the community in a positive, masculine way.

For the learning impaired, this video that concisely explains what just went down here in TRP: San Diego Zoo

```
zyxw98 • 5 points • 13 June, 2017 09:50 PM
```

Been hoping for something like this for last few months. A little tough love will go a long way in this rite of passage.

```
ZEAL • 3 points • 14 June, 2017 02:56 AM
```

Good shit. I was wondering when you guys were going to clear them. There's definitely been a change for the worse over the past few months.

Thanks guys, looking forward to this place getting back to how it was. Keep lifting.

```
Waffle squid • 4 points • 14 June, 2017 06:26 AM
```

Finally. I used to visit trp all the time, and recently all these fucks have really put a damper on this sub. Thanks mods.

```
PaperStreetVilla • 30 points • 13 June, 2017 05:30 PM*
```

And no crying about it afterwards in the blue pill, or spamming moderator inboxes. Take it with a little dignity, don't cry like a bitch.

End of the day, you're yelling into the void at faceless pixels...

```
EDIT: RIP modmail
```

PROTIP, you won't be taken seriously with your shaming attempts, after the first 500, you just stop reading them.

```
[deleted] • 12 points • 13 June, 2017 10:03 PM
```

It's interesting that the butthurt tone and arguments is exactly the same as with the people we get rid of in uncensorednews.

```
PaperStreetVilla • 2 points • 14 June, 2017 12:48 PM
```

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And i know they all think they are special, and to be coddled.

Im not a god ffs, just a guy without the time to personally engage 500 angry, shitty contributor wantabes

WilliamBott • 2 points • 14 June, 2017 02:31 AM

Ah, another sub where those whiny snowflakes try to make people who post actual uncensored stories feel bad and push white guilt...:)

[deleted] 13 June, 2017 06:13 PM

[deleted]

thetotalpackage7 • 7 points • 13 June, 2017 06:17 PM

Quit complaining...you're about to be BANNED! haha

aga080 • 8 points • 13 June, 2017 08:59 PM

Same!!! this place got run over by fake accounts and trolls, we need to get back to our core and recover. Also.. too many fucking opinions in here, we need to listen to the gurus and top contributors, think about what they are saying, ingest it, and try to apply it, before spewing bullshit out of your mouths like "not all of us need to lift"

max peenor • 6 points • 13 June, 2017 10:26 PM\*

RIP modmail

That's too fucking funny. The best part is RPS spent the better part of the day trying to keep everything calm and orderly in that thread.

I think we've been pretty tolerant of most political points of view. Today it was just the same old retarded butthurt ejaculation I can get from your shit-tier SJW. Seriously, I get it; you don't like the president. Do you really need to ejaculate 50 words and 40 adjectives before you even attempt to state your grievance?

Let the blood flow RED...

whatsthisgarg • 2 points • 13 June, 2017 07:22 PM

EDIT: RIP modmail

That is some funny shit! I wish you had the time to post more.

PaperStreetVilla • 2 points • 14 June, 2017 12:49 PM

Its depressing, you wouldnt want it.

Every crosspost to tbp, every angry child, its supposed to be the anger phase, not the impotent angry phase

aga080 • 2 points • 13 June, 2017 08:58 PM

for fucks sake THANK YOU for doing this.

sadomasochrist • 19 points • 13 June, 2017 05:47 PM

Have you considered a purple pill purge? Know I'm repeating myself here, but honestly, from a theory perspective, it is the most damaging. Myself having fallen victim to it.

Purple pill stuff propagates so well because as Rollo put it, allows men to wrap themselves in the red flag yet

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still live in a blue house.

RedPillHorse • 19 points • 14 June, 2017 02:50 AM

This is ridiculous and shows your ineffectiveness at subverting and converting bluepill logic.

Every red pill person was purple pill at some point, and the transition probably took years. There is no such thing as a straight jump from blue to red. To suggest banning purple pills is to suggest banning converts, which will choke the movement.

An intelligent purple pill is a far more important asset than a retarded red pill.

PaperStreetVilla • 2 points • 14 June, 2017 12:50 PM

See mark mansons new post.

Purple pill is not as good as you thino

sadomasochrist • -1 points • 14 June, 2017 03:04 AM

An intelligent purple pill is a detriment to the community. What needs to be done, is a LOT of content and time needs to be spent working on these people.

But those that refuse to digest content need to be shown the door.

redpillschool[S] • 15 points • 13 June, 2017 06:05 PM

Any time you see it, please click report!

WhorehouseVet • 5 points • 13 June, 2017 09:07 PM

Purple pill is more awful than blue pill. At least BP is about blissful ignorance, whereas purple pill is a way for feminists and cucks to use TRP knowledge selectively to lure back people in the process of unplugging.

[deleted] • 7 points • 14 June, 2017 04:50 AM

Purple pill sucks but the blue pill has become as dangerous as any SJW shaming machine. People are loosing their jobs and being threatened IRL. Those fucking assholes think it is great, they actually think they are helping the world somehow. They are dangerous and evil. It is facism cloaked in virtue. Jordan Peterson has correctly identified how dangerous this logic is. They are not just deluded little nerds, they are dangerous adversaries. The problem is that there are no casualties on their side of the political fence, just for those who disagree with them.

Jakei34 • 3 points • 13 June, 2017 07:41 PM

I smiled when I saw this.

Moonshineraider • 3 points • 14 June, 2017 03:40 AM

For some reason I love hearing or reading a diatribe knowing full well that I'm not part of the problem. Good on the mods for keeping the ship on an even keel.

The BitterTruth • 3 points • 14 June, 2017 05:09 AM

Wise men speak because they have something to say; Fools speak because they have to say something. - Plato

[deleted] • 3 points • 14 June, 2017 12:16 PM

On TRP, there have been a large influx of new readers, that "want" to be red pilled.

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But they don't want to put in the work, or suffer the rejection, or suffer the diet change, or the soreness from the gym. They don't want to feel the grind of day in and day out.

They just want the results.

There have been and always be a fair number of trolls and fake posts (the mods are good about cleaning up the content) and if you check TRP once a week and filter by top posts of the week you get the good stuff. Because you shouldn't be on TRP every day, you should be making improvements in your life rather then fucking around on the internet.

Addressing the "bad" content. It Is alot of guys in TRP rage, where they make shitty posts. I frankly like to see that content, it shows the people that are waking up.l and I can see how far I came.

If you are new to this subreddit. Read the side bar, make self improvements, and before you post think how will what you say impacts the community as a whole before you hit submit.

Also if your a women on this sub, I know there are some, that either just want to hate on the guys here, or are actually trying to be better people as well. Keep the fact that you have a pussy to yourself. No one is gonna give you girl points (aka be nice to you because they want to fuck you) on the internet.

TankorSmash • 6 points • 14 June, 2017 04:56 AM

If you complained that the content here is getting worse, but your submission history is all in deadbedrooms, you're gone.

No sense in trying to go find a reason to ban someone right? Like I get if they're being dicks or whatever, but if you see someone complain then go through their history to find a reason to not hear them complain, that's lame.

redpillschool[S] • 3 points • 14 June, 2017 01:29 PM

If you complain about the quality, but don't contribute quality, then you're the problem.

NibblyPig • 5 points • 13 June, 2017 10:07 PM

Only downside to this sub is the huge amount of broscience. I see posts with 300+ upvotes where endorsed members have replied saying this is garbage. If broscience perpetuates for a while then the sub will become contaminated with bad ideas.

[deleted] 13 June, 2017 07:44 PM

[deleted]

[deleted] • 2 points • 13 June, 2017 08:07 PM

people need to be vetted in some way before they are allowed to put up arguments.

of course this would kill the sub. but still.

Count Gator • 2 points • 14 June, 2017 03:58 AM

Good job mods. The strong make the necessary moves, not always the easiest.

Raggos • 2 points • 14 June, 2017 07:40 AM

Heard this before...where was it... The French Revolution.

JOIN or DIE.

As sure as people understand the message, this is not the best way to go about it. Been here since sub.count was <2000. It's the lack of a stickied RULES POST on the top that it's just the catalyst for all the eh-posts and

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"opinions". Now-a-days people don't really glance or read the sidebard. Make it the first thing they see.

Doing what you're doing is worthless, having an on-going system where people can't help but ADHERE to it constantly (Quality of Quantity) is best long term, unless you want to have a sequel in 2018. While it's more manageable under low-sub-count it's possible with a 210k base.

And to that, good luck mods.

```
spectrum_92 • points • 14 June, 2017 08:29 AM [recovered]
```

I despise censorship and political bias in all its forms. As a right-wing long time member of this sub, please ban me you fucking tools.

```
[deleted] 14 June, 2017 11:09 AM
```

```
redpillschool[S] • 1 point • 14 June, 2017 01:32 PM Still here.
```

Rhynovirus • 2 points • 14 June, 2017 12:17 PM

Strong work mod team, action that was long overdue.

Maybe this will cut down on the 6 paragraph posts about "this one girl" and anger phase shitposting from people who read only half the sidebar.

```
Brondog • 2 points • 14 June, 2017 03:07 PM
```

You forgot to add no concern trolling as well.

```
[deleted] • 2 points • 15 June, 2017 02:09 PM
```

209k subscribers.

All of them fit on the bell curve.

The bottom of that bell curve must be a god forsaken cheeto dust encrusted place.

```
itsawomensworld • 2 points • 16 June, 2017 05:52 AM
```

Censorship is not the answer to censorship.

```
redpillschool[S] • 3 points • 16 June, 2017 01:11 PM
Yes it is.
```

```
itsawomensworld • 1 point • 16 June, 2017 02:58 PM
```

No, you're wrong. Censorship is lazy and just does what the left does. It will be a mistake of TRP to continue on this trend. I don't really care though because I will move on if this is the case and this becomes a place where you can't express ideas that are not 100% aligned with TRP.

You have become the left if you do this.

```
redpillschool[S] • 6 points • 16 June, 2017 03:31 PM
```

No, *you're wrong*. This sub has used deletion as its primary tool since its inception. It's the only way to remove idiots who clog up the works with garbage. Insisting otherwise convinces me that you are concern trolling, trying to convince the big bad mods that they should just "play fair" and embrace

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"muh free speech" so you can go on a bender this weekend posting pics of your dick. Or do you believe *that* should be removed? But censorship is wrong! MY FEEEEELINNNGGSSSSS. GTFO with your childish idealism.

legacyReasons • 4 points • 14 June, 2017 09:57 AM

Well you can ban me too then you bunch of pussies.

Go drink the koolaid.

I thought there was a discussion going on here.

```
PaperStreetVilla • 1 point • 14 June, 2017 12:53 PM K
```

suske127 • 2 points • 14 June, 2017 02:08 AM

You guys are such jerks!

Just kidding. I agree, this was needed and hopefully it'll make us stronger as a group. Having numbers is great but a movement needs a central focus and strong members. Feminism gained the numbers but had no central focus or strong leadership; I'm glad to see we are doing this the correct way, unlike the way feminism tried to create change.

```
FLFTW16 • 2 points • 14 June, 2017 04:56 AM
```

Thank you to the mod team for the hard work you men put in. This purge will really improve the signal-to-noise ratio.

```
NeoreactionSafe • 2 points • 14 June, 2017 03:20 PM
```

It's good to have these massive purges and clear out a lot of unneccesary posters.

The key point in the Red Pill (in my view of it) is to direct males towards masculinity which is the conscious embrace of there being gender differences.

When we say "positive male identity" we are simply saying that masculinity is a way of life that is fundamentally better than conforming to the Blue Pill social norms.

We affirm that masculinity is in line with Natural Law and is therefore "natural" even though the Blue Pill mythology teaches that masculinity is somehow inherently "toxic".

So our voice must be strong and deeply rooted in a knowledge of eternal Truths that say masculinity is a good thing.

As long as everyone stays "in objective reality" and aren't lost in a Blue Pill myth cycle (many ways you can screw up and chase myths) then you won't be banned.

Where it gets tricky is when you expand the view from the "small picture" of looking at gender specific issues (fucking chicks, etc) to the larger "big picture" of how Game is a kind of universal basis of all the crimes in the world.

All crime has a manipulative essentially *feminine* origin.

Beta males tend to be innocent, rigid and literal. (unaware of female criminal nature)

We encourage masculinity which means introducing some Machiavellian manipulation skills to your Game.

The Red Pill creates a "unity consciousness" where we as males understand crimes, both how to create the crime

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```
and how to detect and defeat a crime.
Anyway...
Stay within that general mindset and you are fine...
sqerl[□] • 2 points • 13 June, 2017 06:12 PM
  If you complained that the content here is getting worse....
No buts about it... thankful to see this shit go. Got nothing to contribute? Then STFU.
RPBulletDodger • 1 point • 13 June, 2017 06:00 PM
  This purge was long overdue.
Hell yeah!
   max peenor • 4 points • 13 June, 2017 10:14 PM
   -4. Hmmm... Seems there are still some autism hiding. Have an up vote.
      RPBulletDodger • 0 points • 14 June, 2017 01:52 AM
      Meh, Zero Fucks Given
      Good to see you checking in on this salt mine bro.
wendysNO1wcheese • 1 point • 13 June, 2017 10:47 PM
Fantastic.
launchpad45 • 1 point • 14 June, 2017 12:43 AM
Was I banned? lol
   redpillschool[S] • 1 point • 14 June, 2017 02:11 AM
   You weren't.
prest0change0 • 1 point • 14 June, 2017 01:56 AM
Hear hear!
WilliamBott • 1 point • 14 June, 2017 02:26 AM
Ah, I read the title before I clicked this and thought it was about the TwoX crybabies banning everyone not of
their hivemind and thought, "Great Banning? Shit, nobody really gave a fuck about it."
ultrasuperthrowaway • 1 point • 14 June, 2017 03:32 AM
Cool. I read the post and was able to read it and not post something and just think about it instead.
[deleted] • points • 14 June, 2017 04:08 AM
[permanently deleted]
   PaperStreetVilla • 1 point • 14 June, 2017 12:54 PM
   Theres no reason here, only telling us to do what you do... Because.
```

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```
jpfrana • 1 point • 14 June, 2017 05:06 AM
a good cull is a good thing
.
Math_3 • 1 point • 14 June, 2017 07:48 AM
I just kind of read the posts, I find it an interesting point of view
.
colmatterson • 1 point • 14 June, 2017 10:28 AM
```

The Red Pill mods are one of the most understanding and patient moderators I ever saw in an online community

## u/iLLprincipLeS

I agree, the mod team here is incredibly active and from what I've seen, also very fair. I am so sure that I've been reported more than a few times by members here that accuse me of being a blue pill, and that I haven't been banned makes me think that the mod team is actually weighing what I say with genuine consideration. I try to only propagate pertinent conversation through the lens of "red pill", and I'm only critical of other members here when I feel that what they're saying either has no relevance or their understanding of red pill is flawed, often bent to their own pre-determined biases. I did actually leave a sarcastic and unhelpful comment in the Red Pill App post, which would be the kind of comment that I'd likely berate in another circumstance; however, since the post was a meta-post, I felt like my comment was not inappropriate. Regardless, thank you to the mod team for the diligence, patience, and fairness that we so rarely see in other subreddits, and a personal thank you to letting me remain here, despite myself not identifying as a red pill. (And just to reiterate, I also do not identify as a blue pill, either!)

```
PaperStreetVilla • 3 points • 14 June, 2017 12:55 PM
We arent fair, but we aim for consistency
```

```
colmatterson • 1 point • 14 June, 2017 01:22 PM
```

Well, it's been my experience that I think I've been treated fairly by the mods. For all the blue pills that bitch about being banned, and its censorship!, and what, that red pill is afraid of open discourse, it's like.. If you stay on topic and discuss things through the scope of red pill, there really isn't any reason to be banned. I enjoy my discussions here, even if I find a lot of the members to be morally reprehensible. But unlike the blue pills, I also recognize that red pill issss, lol, "morally abstinent". I can't remember the exact words that Red Pill says about itself in regards to its moral neutrality, but I like what I came up with in its place, haha.

(Interesting. I reposted this comment w/o the links because I got an auto-message saying this comment was removed as soon as I first posted it.)

```
redpillschool[S] • 2 points • 14 June, 2017 01:31 PM
We don't ban people for being wrong, just for being dicks about it or trolling.
```

colmatterson • 1 point • 14 June, 2017 10:31 AM

The Red Pill mods are one of the most understanding and patient moderators I ever saw in an online community

```
-u / iLLprincipLeS
```

I agree, the mod team here is incredibly active and from what I've seen, also very fair. I am so sure that I've been

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```
tanqop • 1 point • 14 June, 2017 11:41 AM

I couldn't agree more. Keep up the good work.

TaxationSucks • 1 point • 14 June, 2017 11:47 AM

<3

KnowBrainer • 1 point • 14 June, 2017 04:23 PM

Testing to see if I'm banned. Hmm.

[deleted] • 1 point • 14 June, 2017 04:46 PM

respect here

did i get lost? i thought i was on the internet.
```

WeRAllOne • 1 point • 14 June, 2017 04:54 PM

This is all well and good, but in that same post you are referencing there were massive racial battles occuring. Now Im not sure this was one of the things you are talking about, but i personally dont think its in TRPs best interest to fester these ideologies. Despite the personal opinions of whomever from x or y race, TRP constitutes as one great brotherhood bound through struggle and lifting. We all are, regardless of race (biological imperative or not) trying to better ourselves and become better men, husbands and fathers. Hopefully these race ideologies will deafen and die, so that we can all stand together united.

```
PaperStreetVilla • 1 point • 14 June, 2017 05:03 PM Wut?
```

This isnt an identity. The group suggests nothijg but strategy, and the opiniond will differ as much as man differd

```
WeRAllOne • 2 points • 14 June, 2017 05:43 PM I agree with you 100%.
```

This sub is about sexual strategy and bettering oneself. That's all. It shouldn't be a place for people to voice their racial opinions.

```
PaperStreetVilla • 3 points • 14 June, 2017 06:09 PM
```

Agreed, blaming being indian on their inability to lift and game is annoying.

If you dont want racial Comments, dont lead with your race.

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TheRealYekke • 1 point • 14 June, 2017 06:52 PM

Thanks for pointing me to the dead bedrooms, looks like a lot of them are low testosterone / thyroid issues, and I already started leaving comments. Yes mine was a dead bedroom, I researched my options, fixed my low T, then put an axe into the relationship after giving my ex two Chances to get back into things. However, dead bedrooms lead to deep thinking, and the red pill however unpalatable gets swallowed. Whether they revert to purple pills is an individual choice. I'm not done with women yet anyway

```
[deleted] • 1 point • 15 June, 2017 04:02 AM
```

But what if I'm Indian and want hot blonde Scottsdale party chicks?!!!!!

```
[deleted] • 1 point • 15 June, 2017 07:58 AM
```

I thought this was about those of us who were banned elsewhere for posting here.

```
RedPillFreedom • 1 point • 15 June, 2017 06:45 PM
```

Thank you mods. Clean up much appreciated.

```
RedSwami • 1 point • 15 June, 2017 09:54 PM
```

I am so glad for this. The content of this sub went down hill so fast.

```
that italia guy • 1 point • 15 June, 2017 10:15 PM
```

Yay!!! Definitely was noticing a change in the atmosphere the last few months...seemed like not trp agenda was taking over.

```
[deleted] • 1 point • 20 July, 2017 06:28 PM
```

I hope this post isn't suggesting that the Mods and ECs know what they're doing and that 90% of everyone else is made up of spods who need to be culled every now and again.

That's just crazy talk.

(I consider myself firmly placed in that 90% btw... for now. cue shiteating grin)

```
j-mac-rock • -1 points • 13 June, 2017 05:31 PM
```

The hell is going on?

```
redpillschool[S] • 9 points • 13 June, 2017 05:33 PM
```

We just added a couple hundred idiots to the ban list.

```
Choice77777 • 1 point • 14 June, 2017 08:10 AM
```

Respect here, there, every fucking where is granted and taken away after mistakes, never earned...so fuck this place of you think otherwise. I'll dodge feminazis solo instead of being associated with retards that think respect is earned similar to how dogs beg for attention.

```
redpillschool[S] • 4 points • 14 June, 2017 01:31 PM k, bye
```

[deleted] • 1 point • 13 June, 2017 10:44 PM

Aaaaaay not banned

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```
[deleted] • 1 point • 14 June, 2017 01:25 AM

Only betas got banned the great mods say

plascra • 3 points • 14 June, 2017 01:51 AM

I lived through the great cleansing of 2017.

[deleted] • 0 points • 14 June, 2017 01:56 AM

Today we stand as alphas
```

DeathToTheZog • 1 point • 14 June, 2017 01:58 AM

Even in these comments people hen pecking eachother to death.

TruthInArt • 1 point • 14 June, 2017 03:29 AM

I would like to hereby complain and test my luck /s

Thanks for cleaning up the retards, mods!

```
redpect • 0 points • 13 June, 2017 05:50 PM*
```

deleted

PaperStreetVilla[M] • -1 points • 13 June, 2017 06:45 PM

In the exact thread you were told what happens with whining.

reecewagner • -2 points • 13 June, 2017 06:44 PM

Thanks for all the hard work. I've changed a lot about my mindset since stumbling on this sub, and I appreciate it. I won't complain about the content lately - rather I will say, I trust this purge will improve the content level on its own.

Endovelico • 0 points • 13 June, 2017 11:27 PM

Fuck, Couldn't think I could love this subreddit anymore.

Dat\_Chad • -2 points • 13 June, 2017 06:18 PM

It's the purge yall. Release the beast!

letjustbagemntagem • -1 points • 13 June, 2017 11:45 PM

Finally, now I can bring out the real red pill guides such as building a social media presence (plus the importance of it in this age) and building a social life as you get older.

Ace8889comment score below threshold • -7 points • 13 June, 2017 08:33 PM

I like it. Finally the beta-males have been purged.

```
[deleted] 13 June, 2017 11:10 PM [deleted]
```

redpillschool[S] • 5 points • 14 June, 2017 02:12 AM

Even I was blue bill as well. But in my worst of days, I probably deserved a ban from a place like this while I absorbed.

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Linoran • 2 points • 13 June, 2017 11:21 PM

True, but some come here with an open mind, while some feel the need to impose their BP morality onto others.

[deleted] • -1 points • 14 June, 2017 01:24 AM

Here to upvote

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