

# **Stop focussing on getting laid, start focussing on everything else that will result in getting you laid.**

821 upvotes | 22 August, 2017 | by ozaku7

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So I have not been for a long time on TRP and decided to lurk around before I would post around again. In essence, I found that lots of newbies would just come on here and not look for the Red Pill, but the Pixie Pill that gets them laid automatically like Axe/Vice deodorant campaigns make you believe.

Work on yourself, as only you are important. Dress well, get a haircut, work out, work on your social skills, professional skills, tone of voice, mentality, view on life and your own interests and passions. Remember you do this for yourself, and this will not only attract women, but people in general. People which are attractive to other people automatically attract women towards your nether regions.

If there would be a shortcut, anyone would be using it. Sadly, there is none. The process won't take a week, it will take months before you will definitely notice improvement, but because it altogether takes so long makes it actually so valuable to begin with.

One of my supervisors is an almost 50 year old with a very decent body, great nutrition, great social skills. Although his face with all respect is not the most handsome, his laugh and energy make anyone feel great around the guy, and he makes the panties of 20-30 year old women cream without even intending to, just by being himself. He cares about himself, he focusses on himself. He's an example most of my colleagues should follow.

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## Comments

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AfterC • 325 points • 22 August, 2017 10:56 PM\*

Yup. Becoming an appealing single *man* is what makes you attractive. Maintaining this is what keeps your relationships strong.

Lots of people see relationships as islands of happiness between seas of despair while single. They hate the swimming.

Being a good swimmer is what gets you happiness. It's also what gets you love.

Embrace the swimming. That's what spinning plates is getting you to do, covertly. You do it for yourself, not for the next relationship.

Glacierdust • 79 points • 23 August, 2017 12:26 AM

This is an excellent analogy.

My favourite thing about being single is having *time*. It's the greatest resource a man has and the best part is that every man has it. But being in a relationship requires a large amount of your time. People are cool with that because it's a distraction from the numb void in their lives. When they're single they're alone with their thoughts because they have so much more time. The idea, of course, is to use that time to build yourself up. When you finally get your island, it will be a more beautiful island than most people's because the more attractive you are, the more attractive your partners will be **and** you will also have the solace of knowing that you are now a strong swimmer and can swim to any other island whenever you may need to.

ozaku7[S] • 16 points • 23 August, 2017 07:59 PM

Imho spinning plates is not the only truth out there. I found spinning plates to just be bothersome and eventually not my style. What spinning plates actually teaches you is that there is ALWAYS someone else out there for you, and if that doesn't work out, there are a ton of others that are out there for you anyway.

You can either spin plates like a juggler juggles balls, or just be content with a long term relationship and still be RedPill. Whatever rocks your boat. It's all about stopping to lie to yourself and realize when you are in a fulfilling or worthless relationship and get the hell out of there when it's no good anymore. And this works with everything. With an apartment, a job, with friends and many other things I can't come up with this very second. STOP LYING TO YOURSELF.

kiekrzanin • 5 points • 23 August, 2017 07:10 AM

The analogy about islands is great. I tend to fall into this delusion pretty often. Thanks!

vengefully\_yours • 18 points • 23 August, 2017 05:49 AM

Fuck love, it's a one way street and you're not at the business end of it.

ozaku7[S] • 3 points • 24 August, 2017 05:36 PM

I have been thinking of the definition love in the time I was away from TRP. Love never really existed and has no universal definition.

Some women are just looking for a daddy and love means being a daddy for them. A person to which they can run to with their bullshit and feel better about themselves, being the rock to support them through rough times. Love for men is just having a mommy that caresses you and lets her suck her tits for

comfort because the world out there is too harsh for him.

Love is irrelevant in relationships, it's about lust.

uwey • 3 points • 25 August, 2017 04:15 AM

Perfect love explained by my ex, which was by far my best loyal bang buddy, was actually accurate:

1) She is your lover and you can fuck her 2) She is your friend and will not bitch 3) She is your personal mom that have your children

I don't know why Japanese are dying, young woman are so mature and wild out there.....

[deleted] • 1 point • 25 August, 2017 07:27 PM

I know it's rhetorical but the Jap reproductive issue is that men prioritize their American-inspired business life. It requires all of their time, and women don't like having a husband that is only home to eat dinner then sleep. It's like the West cuckolded Japan, and I have no complaints

[deleted] • 2 points • 25 August, 2017 07:23 PM

Being a good swimmer is the reason I was born.

bickisnotmyname • 2 points • 12 September, 2017 09:01 PM

Fantastic analogy. Will remember this for the rest of my life. Honestly really good way of looking at it.

menial\_optimist • 1 point • 23 August, 2017 04:29 AM

[https://youtu.be/7l\\_tFa4-5OM?t=75](https://youtu.be/7l_tFa4-5OM?t=75)

kelvin\_condensate • -12 points • 23 August, 2017 01:39 AM\*

What is up with this "using red pill tactics for blue pill concepts" nonsense that is been propagating here recently?!?!

Are you implying 'love' is the end goal? Long term relationships aren't natural. Humans are a promiscuous species.

Marriage was created not as a means to unify two 'lovers' but as a means to consolidate political power.

AfterC • 53 points • 23 August, 2017 01:45 AM

Not all love is romantic, or sexual. I get love from my friends, from my close family, and from people I value. Just as not all relationships are sexual ones. Self progression will benefit all aspects of your life.

Don't be a pedantic faggot.

SocietalEngineering • 3 points • 23 August, 2017 02:55 PM

You are talking about fraternal love, not Eros love. They are not the same. We use the same word in English, but that is a mistake.

kelvin\_condensate • 5 points • 23 August, 2017 01:59 AM

Why would you bring up love in the context of relationships if you were talking about brotherly love? Doesn't make a whole lot of sense.

This is literally an entirely different topic, and you call that "being pedantic."

TB12thMan • 7 points • 23 August, 2017 03:31 AM

Well, I think your definition of a "relationship" is the problem here. All interaction is in some form a type of relationship; therefore not all relationships need to be grounded in sex. Showing people love isn't a bad thing; being insecure and needy for that love is however as you become desperate and clingy. Abundance theory is an important concept to TRP, and having an abundance of people who enjoy you and your relationship with them (your family, your friends, coworkers, etc.) is important to maintaining frame and allowing yourself to grow and prosper. These relationships are not entirely necessary for growth, but they aid in emotional and social development, and allow for people to get what they want out of life. Loving someone does not mean you are their bitch or that you don't respect yourself, it shows that you are confident in your position in life if you are able to love yourself and other people while also getting what you want out of life. TRP asks that you prevent yourself from sacrificing your own happiness for others, it does not mean that you cannot bring other people happiness. As long as you are a whole individual who respects themselves and knows what they want out of life, love is a very valid emotion that is both important and necessary when developing long term sexual, romantic, friendly, and working relationships, even with your FWB. Being outcome independent doesn't mean you have to be an emotionless zombie, only that you live in the moment and know that you are a valuable prize that will be successful regardless of the other fuckers in society because he knows his place and continues to be a leader of society.

kelvin\_condensate • 2 points • 23 August, 2017 04:54 AM

I assumed romantic relationships. That seemed to be the context.

If we are discussing love in generality, I would think three forms exist. Brotherly love, familial love, and then romantic love. I was reply within the context of romantic love.

TB12thMan • 2 points • 23 August, 2017 05:02 AM

Why do these have to be different things in your eyes? Love is important regardless of if they are family, a friend, or a lover.

Attraction is what makes romance. You aren't attracted to your friends or your family (unless you're a freak).

kelvin\_condensate • 2 points • 23 August, 2017 06:30 AM

I assume you don't love your brother like you would some girl you are romantically involved in. It is pretty obvious the two are different.

Brotherly love, in a general term, would be the bond forged between men in combat situations. That is obviously another different form.

vengefully\_yours • -3 points • 23 August, 2017 05:50 AM

I can spot the religious kids so easily. Good luck with that in the real world.

TB12thMan • 6 points • 23 August, 2017 06:34 AM

I'm actually atheist bruh. Also you're the fucking idiot that is taking love as this ridiculous concept. It's an emotion just like anything else, being ignorant to the fact prevents you from controlling it. Don't be a naive idiot.

SiulaGrande • 5 points • 23 August, 2017 06:47 AM

dude straight up man, totally agreed about love being just an emotion. too many people think love is like some crazy weakness that men have to hide

themselves from and think that feeling love means that they have been compromised. feeling love has been fun for me. once it runs its course, i break up and move on, but its always fun in the mean time. i never really get hung up on breakups because of abundance mentality, so there's no real negative to it for me. i just enjoy it without embarrassing myself like a beta by getting way too invested in her.

love is a fleeting emotion. experience it, enjoy it, and move on. and no, i dont mean saying "i love you", thats weird clingy shit; i mean feeling "in love" and getting those feelings reciprocated by a girl you desire. that shits fun while it lasts, its a fun **emotion**. why all the hype?

thanks for the thought

Shaman6624 • 6 points • 23 August, 2017 09:37 AM

You have a blue pill concept of love that's why you think he means that love = long term attachment. Love is more something like appreciation and connection. Love is real it's not something made up by blue pill. It is abused by blue pill to support the ideal of marriage etc. But it's a real emotion. No reason to not experience the full spectrum of human emotion.

kelvin\_condensate • 1 point • 29 August, 2017 03:16 AM

FFS, we are talking about love in the context of long term relationships. This notion of love is pure blue pilld bullshit.

Instead of admitting this, you guys have to appeal to familial love which was clearly not what I, or anyone else, was taking about *given context and common sense*.

You guys use the classic deflect and obfuscate tactics.

Shaman6624 • 1 point • 29 August, 2017 06:10 AM

Maybe OP might have been but I'm serious when I think about love then I think about what you call familial love. Not oneitis.

circihat • 2 points • 23 August, 2017 12:39 PM

don't know why you're being down voted, actually I do the sub is growing fast and it is becoming beta's with a edge , not focusing on understanding the world but focusing on internal self, not wise at all

kelvin\_condensate • 1 point • 29 August, 2017 03:10 AM

I noticed the quality has decreased lately. A few posters maintain quality content, but many people here are just barely in the anger phase.

People are literally upvoting blue pilld notions of love. We need another great purge.

[deleted] • 54 points • 23 August, 2017 07:07 AM\*

If there would be a shortcut, anyone would be using it.

It's called learning female nature and it's a hell of a shortcut. It's how I became massively sexually successful despite being a loser *literally* living in my grandmothers basement.

Learning female nature is a more direct way of getting laid than is self-improvement. It's a myth that mere self-

improvement will get you laid. Without knowledge of female nature, your self-improvement is useless towards getting laid.

Many people use your sentiment (maybe you, too) to avoid actually going out and meeting girls because instead you're "self-improving." This is probably the most common and destructive trap men fall into as they digest TRP.

LazyMagus • 9 points • 23 August, 2017 08:34 AM

With so much info here, it's kind of difficult to separate self improvement info from female nature info. Any pointers?

[deleted] • 16 points • 23 August, 2017 06:20 PM\*

Self improvement:

Lift

Nofap

Clothes

Increase social confidence

etc.

Female nature:

[TheRedPill/comments/6g8a49/women\\_have\\_been\\_engineered\\_by\\_evolution\\_to\\_love\\_a/](#)

[TheRedPill/comments/3li647/chateau\\_heartiste\\_maxims\\_updated\\_from\\_17092014\\_to/](#)

LazyMagus • 1 points • 24 August, 2017 03:09 AM **[recovered]**

Can you please edit your comment to make the links to comments clickable?

henke1010 • 1 point • 24 August, 2017 10:38 PM\*

You should move clothes to female nature. Guess what you guys are talking about is fashion/expensive clothes to appeal to females like a fucking peacock? Interestingly, peacocks have developed their long tail feather things (have a proper name but forgot it) because it signaled the female that the peacock had a lot of excess energy. Meaning the peacock had access to lots of food and could support a child. Humans waste resources on clothes instead for the same reason.

circihat • 4 points • 23 August, 2017 12:45 PM

Simple, do both, get a degree, work out, learn female nature, but focus on subs like body building for working out and fashion for learning how to dress, red pill is just magazine column advice

hawkeaglejesus • 3 points • 23 August, 2017 03:05 PM

Read the Mystery Method. It's the original PUA book and despite TRP shitting on PUA it has some really good info in there.

ozaku7[S] • 7 points • 24 August, 2017 05:10 PM\*

Your mentality revolves around pussy, my mentality revolves around the entire life experience and pussy is a part of it. While you are bedding chicks from the local bar every single weekend, I am fucking a Norwegian under the Nordic Lights next to our tent or on a sailboat in the middle of Adriatic Sea. I just live life, give it my best, welcome women to join me on my adventures if they want and on numerous occasions sex just happens without me even putting effort into it. They just want a positive well built fun guy that gives them the feels all while I'm being myself, which makes it so easy to score that I don't give it as much thought as

many users in this sub. It's not a focus, it's a side-dish, and a delicious one.

[deleted] • 7 points • 24 August, 2017 05:47 PM\*

This community is about sexual strategy. It's not about stargazing or sailing.

In woodworking forums participants talk 100 percent about woodworking even though woodworking only one part of their lives.

I'd like to ask you two questions right now and I'd appreciate your honesty on both of em. 1. How many times have you gotten laid in the last month. 2. How many times per week do you think you would like to be getting laid (if you're not already).

I ask this because when I hear people here propound the idea of "not focusing on getting laid" it's often because they're not getting laid and they want to make themselves feel better. 60 percent of the activity on this sub lately has been motivated by this sad psychological coping mechanism and my goal as-of-late has been to root it out.

ozaku7[S] • 5 points • 24 August, 2017 07:44 PM

10 times a month, some steaming hot sex two times a week works for me, three times is perfect.

Am I missing the point of this sub? We have categories of Finance, Fitness, Building Power for instance which don't have to do anything with getting pussy all the time. It's about being financially secure, being redpill on the workplace and in social circles, getting toxic friends out of your life, being healthy, realizing what is truly important in all aspects of your life and discarding the lies and fairy tales you have been told when you were growing up.

I want to be ballsdeep in pussy anytime of the day like any healthy male, but when I am not, I am happy with myself because I'm financially secure, I don't let myself get raped in the workplace by the higher ups or anyone on the workfloor, I have a healthy set of friends with whom I can have a blast, have ease with meeting and socializing with people and being the partyguy that everyone likes with a positive mindset, people can have fun with, and have the body of a greek god which make my entire day easier because I'm basically fit. Chicks dig that, and they let me dig them out with my mighty joystick.

So far, my post has been upvoted 700 times and 90% of that are upvotes, so many agree that TRP is not 100% about pussy, but also about life and experiences in general. Because I believe that this sub is focussed on being your own best and living life to the fullest, seeing the truth and discarding the lies you have been taught. This sub helps you become the guy that women want, so pussy gets handed to you, it's literally a lagging indicator of success as many endorsed users preach. So I don't see what your problem is with the mentality of my post.

[deleted] • 7 points • 24 August, 2017 07:50 PM\*

At some point you're probably going to want to start spelling focused correctly.

The reason why your post, in this case, was upvoted so much was because there's a large amount of men on this sub who are not getting laid and who are frustrated about it but instead of acknowledging that fact and working to change it, they create narratives like "getting laid isn't that important!" or "don't focus on women, focus on yourself!" and othersuch faux-empowerment hamstering bullshit. **Your post largely gives shade to that sentiment.**

Also, the people on this sub by and large DO NOT suffer from the problem of focusing too much on getting laid. They suffer from unhealthy narratives about women such as:

They're whores and bitches the lot of em!



Sex isn't that big of a deal. Just work on yourself

Don't let yourself feel anything for a woman, you'll end up with oneitis!

etc.

Those are the problems we have in this sub, not people focusing on getting laid (the very fucking purpose of this sub).

I would like to see **more** discussion, not less, about how to get laid as frequently as one desires at the lowest possible cost. My recent post entitled "Women serve two primary purposes in a man's life: 1. Sex, 2. Companionship. How to acquire both in the most cost-effective way" addresses that.

ozaku7[S] • 4 points • 26 August, 2017 09:38 AM

Well I'm not sorry for that, I work in an environment where I have to remain fluent in 4 languages on a daily basis and my english is not my mothertongue.

I get that you have a problem with that sentiment, but I have a problem with the sentiment that life is all about getting laid and spinning plates. If I tell the sub I have a girlfriend that's a beast in bed, I got oneitis. It still beats having a meatbag one-night-stand that screams "Fuck me" and scratches my back mediocrely. I am all for dumping your lustjuice inside of a woman and show them who's boss, because they love it. But that's only a fraction of your life that you are spending on getting laid. Spinning plates for me and getting laid alot used to be only the road to finding that little gem pussy among many that truly knows how to fuck me like a queen after my turn of fucking her like a beast. I can fully recommend you nuru massages by the way. By far the best erotic experience I have gotten (don't worry, I fucked her too, twice). This little gem knew how to make a man feel good.

You take your own context from my post. My post refers to moving your motivation from pussy to yourself which shifts the seeking of validation from something that takes time and effort in a specific time and day to something you can monitor continuously and can't be taken away from you wherever you are. Pussy would be secondary validation since you only enjoy that validation and result briefly, while life itself continuously. Que my supervisor, he is not even trying. He is just being himself, the positive Mr. Fucking Sunshine and women are just creaming over him. Pussy is not his goal, his life is his goal.

I agree that the men on this sub that talk about whores and bitches and having no feelings to a woman just doesn't get you ever laid because you will always radiate that negative energy that women simply can feel, just by your tone of voice and body language and many fail to realize that with women you can't fake it as easily as with men.

In the end the primary purpose of a woman in a mans life is as you say, sex and companionship. And so what is the purpose of colleagues, friends, family, other social entities in your life? A relationship is nothing but a sexual friendship that does not allow you to fuck another woman. Friends with benefits is just a relationship without the commitment. Friends are just people with whom you like to go out and have fun with. Even that is just an exchange of "I make you feel good and you make me feel good". I have friends I don't talk to for 2 months but sometimes just decide to call up the other and have a blast the entire weekend. Some don't call that friendship, I call that a solid and secure relationship that benefits us both.

[deleted] • 1 point • 26 August, 2017 09:43 AM

No one believes life is about spinning plates or getting laid. No one.



ozaku7[S] • 3 points • 26 August, 2017 10:11 AM

So what is the problem with stopping to focus on getting laid and starting to focus on everything else that will result in getting you laid then? It's still sub-focused and agrees with what you just said.

refusewool • 2 points • 25 August, 2017 05:04 PM

It's important not to focus on self-improvement too much. Add value to your life, become a man, but then focus on learning. Learn about game and women and whatever interests you. Read books. Don't use self-improvement as an excuse to stagnate and live your life in Monk Mode. Remember, self-improvement is masturbation. Get out there and live life, socialise and apply theory.

canlrn96 • 1 points • 23 August, 2017 11:35 AM **[recovered]**

what resources did you use to learn female nature

Poppenhoffer • 6 points • 23 August, 2017 05:31 PM

Not OP, but for me it was Tinder. You can learn a lot about the prevailing form of social communication among millennials (texting) from interacting with strange women whom you'll never meet for the most part. I developed my entire game through Tinder and it works like a charm. Once you find that opener that gets you a ~70% response rate, it's all easier from there. Just free practice, and your reward is numbers, nudes, and sex.

[deleted] • 4 points • 23 August, 2017 06:15 PM

TheRedPill/comments/3li647/chateau\_heartiste\_maxims\_updated\_from\_17092014\_to/

Rob\_Dead • 60 points • 23 August, 2017 01:57 AM

Don't chase butterflies, fix your garden and they'll come to you.

BlueRaspberry • 87 points • 23 August, 2017 02:45 AM

"You'll lose money chasing women, but you'll never lose women chasing money." -Nas

vengefully\_yours • 34 points • 23 August, 2017 06:10 AM

I build, cars, houses, guns, whatever. I don't chase money nor girls, I acquire knowledge, skills, and abilities, the only way to take that from me is to kill me or lock me up. Money can be lost faster than you make it, and the only thing that gives it value is other people believing it has value. Yes getting money is awesome, not having it sucks ass.

**You** should be your mission, not some external thing that can be taken from you or lose its value arbitrarily.

IntrovertSigma • 97 points • 22 August, 2017 11:23 PM

Never make women your mission in life.

[deleted] • 42 points • 23 August, 2017 12:19 AM

Never make anything that isn't directly in your control, your mission in life.

berryfarmer • 1 point • 23 August, 2017 12:30 PM

You're in control of next to nothing, good luck with that

[deleted] • 11 points • 23 August, 2017 03:05 PM

Yoursself is about the only thing and that is my point.

henke1010 • 1 point • 24 August, 2017 10:45 PM

If you're in control of yourself that is.

[deleted] • 1 point • 25 August, 2017 12:00 AM

It takes a lot of work to always remain in control. Daily meditation, exercise and focus planning.

ohHeyRightOn • -9 points • 23 August, 2017 12:55 AM

That's dumb. That would mean your mission in life must have no risk whatsoever.

[deleted] • 19 points • 23 August, 2017 01:03 AM

No. Having success of the mission in the hands of others is dumb. Choose a mission which success is defined through the struggle or work put into achieving the end goal. For instance, choosing "be a creative and passionate artist" as a mission is good because it is up to you to try and attain that (your definition of) success. Choosing a mission like "make 1 million dollars off of my art work or be a successful artist" is a poor goal because it relies on other people's interpretation of your art work and who know's what they'll decide is their flavor of the week.

vengefully\_yours • 9 points • 23 August, 2017 06:05 AM

You're on the right track, but slightly off. You don't let others dictate your mission, unless of course it's your job like in the military, you are the master of your life, but not entirely in control of it. Your choices make a difference, your life is the result of those choices and to a certain extent the choices others make for you when they've got some sway in your life. Parents, teachers, employers, boss, supervisors, etc all have some influence I your life and what you can and cannot do. You give that control up for a benefit in a job, survival when you're a kid, but after a pint you break free from their influence.

Trust me, you're not in control of your life. Every one of us is in the back seat making suggestions in heavy traffic, we get a grip on the wheel at times, and sometimes that cunt yapping away on her phone smacks into you. She meandered into fucking you up, not much you can do about it other than stay home and cower from risk, not go out at all. Then you get the fucktard who decides for whatever reason to intentionally bash you, and you then have to deal with him. About the only choice you really get is what part of the traffic you want to get into. Anyone can fuck you up through ineptitude, malice, or pure stupidity.

Learning to navigate this shit takes decades of experience, and you're going to get bashed often, deal with it and learn from it, but don't let them dictate to you what car you're going to dive into the fray.

ohHeyRightOn • 1 point • 23 August, 2017 01:51 AM

Just because your mission in life isn't under the control of others doesn't mean it's directly under your control. Sometimes you gotta take chances to achieve your mission in life. I don't disagree with your example, I just don't think a worthy life mission is exclusive to something that can be self-defined.

[deleted] • 3 points • 23 August, 2017 03:07 AM

One thing that makes any mission virtuous is the value undertaking it provides to others. In that sense, I agree with you.

joeluger • 1 point • 23 August, 2017 12:04 PM\*

100% Agreed. I've written on this before in an informative but quick post.

<http://www.westernmastery.com/2017/05/12/your-life-mission-absolutely-must-come-before-women/>

dontbedenied • 1 points • 23 August, 2017 12:00 AM **[recovered]**

I used to think I just had to wait for the "right girl" to come into my life who would "accept me for who I am". Ugh...

So I didn't work on myself because I didn't think I had to. I thought I was entitled to a good woman. The results were predictable...infrequent sex, and relationships with low value women who didn't respect me because I didn't respect myself.

Now...working on my career, working on my physical appearance, working on just being happy. Not only do I not need a woman to make me happy, a woman can't make me happy. Yeah I want some action every now and then but I won't live and die by that anymore, and I certainly don't think I am entitled to that.

circlhat • -9 points • 23 August, 2017 12:44 PM

If you went to the store and bought a bottle of water and someone took it from you, would you just stand there or go get it? Unless you went on a raping spree you didn't think you were entitled.

"Now...working on my career, working on my physical appearance,

Now I have no ideal the logic behind post like yours it is saying, "Hey I thought I didn't have to wash my ass or work and life would be good"

This isn't red pill or blue pill but absolutely stupidity

and I certainly don't think I am entitled to that.

Once again unless you're raping women, you don't think you're entitled

Metalgear222 • 6 points • 23 August, 2017 02:49 PM

You typed all that over a misrepresentation of the word entitled? Anyone with elementary reading comprehension knows /u/dontbedenied is saying he used to believe that "being myself is enough to get a quality woman" as specified in his post and as is taught in blue-pilled programming in childhood. This is why context is so important to pay attention to.

circlhat • 1 point • 23 August, 2017 03:09 PM

I thought I was entitled to a good woman.

I focus on what people say, he didn't think he was entitled he was hoping, entitled people are proactive not reactive

The results were predictable...infrequent sex, and relationships with low value women who didn't respect me because I didn't respect myself.

this is called desperation , not entitlement, stop letting the female imperative define your emotions

hahayeahthatscool • 1 point • 23 August, 2017 04:15 PM

You're a straight up idiot haha

MrTrizzles • 16 points • 23 August, 2017 12:56 AM

And have fun. Not everything is fun, being a man is work, neverending work, but don't forget to have some fun. This will influence your interactions with girls. Flirting and game and seduction should be fun, and its easy to shift fun into passion.

hamstercide • 12 points • 23 August, 2017 09:06 AM\*

This is only part of the story. You can still be good looking, wealthy, have a stable career but if you have no game and sperg out around women it will all go down the shitter. Meanwhile a skinny 20 year old college kid in need of a haircut can easily get laid with that prime 18 year old pussy you covet so much, just because he can flirt and be friendly.

The bottom line is: You have to also learn how to talk to women and approach. Simply being "the best version of yourself" is not enough, nor is it even necessary. It's just a hoop to jump through to give you confidence in yourself. I used to be obsessed with lifting, then I noticed much skinnier or dumpier guys having less problems with women while I was still struggling. Only later did I realize that a few key things about me were fucked, mostly my attitude that telegraphed insecurity, while my chest, biceps and abs or how much I could squat didn't really matter.

ozaku7[S] • 1 point • 26 August, 2017 08:53 AM

Ofcourse I also meant that social skills are just as important and being the partyguy like this skinny dump. I don't see what you don't understand about that.

antoniofelicemunro • 16 points • 23 August, 2017 04:28 AM

Started exercising. Updating my fashion. Got a new haircut. Now so many girls are flirting with me and I get compliments all the time. I just wish I had got off my lazy ass sooner.

ozaku7[S] • 4 points • 24 August, 2017 05:00 PM

Your goal is still YOU, not PUSSY. You ALWAYS come first.

victordmor • 15 points • 23 August, 2017 12:13 AM

What I recommend to my fellow brothers when you feel that you are not living by your philosophy is to go Monk Mode for a while. It does wonders. Take a time to evaluate what is going wrong and what is preventing you to pursue and live the lifestyle you want. Avoid plates/women/game in general. Improve yourself, adjust your hobbies and interests to your lifestyle, improve what OP says in the second paragraph and everything else will come naturally.

WallyHotvedt • 10 points • 23 August, 2017 03:20 AM

monk mode in your late 50's is a bitch, can't shake the feelings of time running out on you...

MagnusRexus • 18 points • 23 August, 2017 04:02 AM

I think it's at this stage in life when it's important to remember that all we're doing here - on Earth, this lifetime - is basically finding ways to pass time (until death). Sex? Just passing time. Work? Passing time. Relationships, recreation, exercise... all human endeavors - just passing time. So you're in your 50s and know you have some personal work to do before your twilight years, so... do the work! Best case

scenario: you improve yourself to the point where you reach the zone/lifestyle where you *personally* want to be. Worst case scenario: you waited for death by passing the time by focusing on and bettering your self, and expanding your enjoyment of life.

WallyHotvedt • 2 points • 23 August, 2017 05:20 PM

not continuing to do the work is not an option, I got the message later in life than most here, but tough shit, I got the message and made the needed changes and life was fucking epic finally. Going into modified monk mode, got a cracked heart atm after dropping my ex in a really really nasty final go round with her. One that should have been ended long before, that part is on me. Isn't the first time I'll feel like this, won't be the last time either. Other harem members stepping up to fill the void, but my brain still wants its "drug of choice" that is no longer available to it, time will take care of that. And I'm ok with that, makes living life have a lot more depth and meaningful interactions, got to put shit on the line to get good shit back out of it, be willing to lose it all to have it all. But considering taking 8 months to MM at 25 is a much different thing than considering 8 months of MM at nearly 60. 2 different sides of the bell curve. But, we are where we are, so shut up, sack up, and do the work required to get what I want. Thanks for the message, it all helps.

[deleted] • 1 point • 23 August, 2017 08:15 PM

You do monk mode because you want to. If it's some sort of flagellation, then you're missing perspective. You *get to* do monk mode. It's a privilege. Enjoy it for what it is **and** the fruits it brings.

WallyHotvedt • 2 points • 23 August, 2017 11:38 PM

interesting perspective. I'm doing monk mode because I feel I *have to* in order to regroup, refocus, reclaim the bits that fell out along the way to get whole again. I've got plates reaching out and wanting to support me but I'm kinda meh about that part, GFTOW who are 40ish isn't the thrill that it once was, 40 year old vagina is like old bread, nobody gives a shit, but 20 year old vagina smells like hope (h/t to Patrice) but it helps to keep the pipes cleaned. so I'll take what feels right as long as it doesn't interfere with the "re-'s". But I understand what you are trying to convey, it's all in the way you think about something.

What you are afraid of, is controlling you. What you care about, is controlling you. When someone has what you need, you're controlled.

refusewool • 1 point • 25 August, 2017 04:56 PM

Don't think of it as "Monk Mode" per se. Think of it as a scheduled period of introspection that everyone should delve into once every year or so.

WallyHotvedt • 1 point • 25 August, 2017 06:02 PM

Yea, think I called it "modified monk mode". We're on the same page. It's just that instead of 1 year of introspection I've got 6 that I saved up. No matter, I'll get through it, not optional. Been at it hard today, back to journaling and building action lists. One of the items on the list is meditation to get this monkey brain under control

cirelhat • 7 points • 23 August, 2017 12:42 PM

And I know guys on heroin that do better with women, please read the side bar

ozaku7[S] • 1 point • 24 August, 2017 04:52 PM

I know them too, typically because they view women as just a human or just a bag of fuckmeat, anything in between. The beta puts her on a pedestal and no chick ever said "Say nice things to me and caress me while you gently go inside me back and forth". Doesn't sound like a heroin addict, does it.

wisty • 13 points • 23 August, 2017 09:46 AM

Dress well, get a haircut, work out, work on your social skills, professional skills, tone of voice, mentality, view on life and your own interests and passions.

This sub is becoming r slash selfhelp

If you want to fix your life, do it for yourself. If you want to get laid, stop being a pussy about how you approach women. It's not rocket science. It's not hard. Pretty much every guy who's not an incel does it.

It's like not being fat. There's a whole lot of ways to not be fat, but most of them involve cutting back on calories. Anyone who claims otherwise is using fatlogic.

I see the good side of your approach - there's nothing wrong with making yourself a better overall person.

But the bad side of your approach is that it's bullshit, and it's the kind of bullshit that incels lie to themselves about.

Oneitis - often compounded by a "she'll like me if I better myself like OP says"

Being a pussy (fear of failure, not playing the odds, not taking the initiative, being too indirect) - "No I'm not a pussy, I just got to better myself like OP says"

No game - I guess that's covered by your vague "social skills" thing. Game has pretty diminishing returns, and is something you learn by not being a pussy.

Am I missing anything? How the fuck cares, you don't have to be perfect.

Unemployed redneck meth addicts with three teeth and bad haircuts get laid (though it's usually with people in their social strata) if and only if they avoid a few common mistakes.

ozaku7[S] • 1 point • 26 August, 2017 08:57 AM

So according to you this sub is full of incels, or we should just close this sub because it's all so obvious :). And where are you in your life?

Even Hitler had women, your analogy of unemployed rednecks is retarded because a kind is looking for its own kind. You're not going to ever fuck a crackwhore, but unemployed rednecks will because that's all they've got. You're just throwing around redpill sub terminology that you can find in anyones bingobook. Oneitis used to be when your girlfriend is the one and only, the best queen in the world of which you kiss the ground she walks on. Now redpill is redefining oneitis to the plate you see a little bit too often.

wisty • 1 point • 26 August, 2017 09:29 AM

So according to you this sub is full of incels

Pretty much. Either betas or reformed betas. Chad Thundercock who never listened to the blue-pillers telling him to be a nice guy doesn't bother going here, why should he?

I get the point of all the generic self-improvement bullshit. Guys figure out the magic shortcut to get laid (which is all not too hard), then the sub doesn't really fill much of a purpose anymore. Either they can try to spin more plates, or improve themselves to see a slightly better class of woman.

I'm just a little dubious that the generic self-improvement stuff is really the thing this sub excels at. "Do



the opposite of what blue-pillers say" gets you a fair way with women, because there's a fairly deliberate movement to mislead men (because women are delicate flowers to be protected). There's a lot less value in being a contrarian when it comes to "work hard, build value" stuff - that's the kind of thing society actually wants men to do, so what special insight do you expect this sub to have? I guess if you're already on reddit, it's not *that* bad (compared to the average reddit sub).

ozaku7[S] • 1 point • 26 August, 2017 10:02 AM\*

For all you know, the majority of users on here claiming to be spinning 3 plates can be true, but maybe 95% of which they are saying it are just bluntly lying, because they enjoy the validation of this sub. Because on the internet you can be anyone. Which is why users with a brain should only use this sub as a reference and see what works for them in the real world to become that alpha male, because you don't want to brainwash yourself from the possibility that this sub is nothing but a plate spinning shitshow that's full of poor advise which is not based in truth, but just female loathing mentality and pussy focussed lifestyle that uses pussy to validate themselves. Much like some women use a dick for validation, which turns some of the users in the very women they hate, essentially not doing it for themselves, but just for revenge on women that it's so easy for them to get laid and so hard for those men to get their dick wet. It just boils down that you don't know shit what's true for sure and whether you are dealing with guys like your friends or incels you wouldn't touch with a stick from afar.

Because my post comes from observation. All guys that are getting laid are great socializers, are always positive, easy to talk to, open, communicative, read body language well, have a fit body, proactively seek life experiences and people love it, men love it which is why they have many friends and chicks love it, which is why women dig them and want to fuck them, because they are quality men. I've seen wimps who had a horrible clothing style and facial expression go to really sympathetic guys, with a decent dress code, fit body and became really good to talk to. These guys are getting their dick wet, and his former self just had a dick that's dryer than the Sahara and he doesn't put in any effort. Women still approach men themselves, they don't wait. They only approach men who are worth their time. That's my observation.

wisty • 1 point • 26 August, 2017 10:19 AM

Yeah, I suspect the vast majority of "plate spinners" are either making shit up, or just running 2-3 hook-ups at roughly the same time. Basically they're bragging about being a bit of a train-wreck.

mungbeansprout • 6 points • 23 August, 2017 10:44 AM

I agree. I didn't have much luck with the ladies during my teens and early 20s. I thought getting married was the end goal and I just couldn't do it.

Changed my life style and realised I was actually interesting, funny and had a personality. Since then and now in my 30s, I'm enjoying life.

I realised that there is a rising interest in being cuckolds, not for the thrill of it, but because they just need someone and don't care how degraded they get in the process, which is pretty much giving up on life. This is stupid.

Others get all tied up on racial issues and blame <insert race here> for not getting laid. Which is equally stupid and shows that you need to fix your life and complain less. Nothing comes easy.

ozaku7[S] • 2 points • 24 August, 2017 04:56 PM

It's not just the men just settling for someone, but women too. Womb starts calling, and just has children with someone and plans to keep looking for that man that can make her cum like no other and someone she can



show off. If you are that amazing guy any woman wants, you are fine. If you are that beta that she settles with just for your sperm and finances to finance the children, be prepared for a fuckton of shit in your life.

cutlikediamonds • 1 points • 23 August, 2017 11:59 AM [recovered]

Hey - what are things that you have done to improve yourself to become interesting, funny, and developing a personality?

mungbeansprout • 1 point • 23 August, 2017 12:32 PM

I didn't change. I was just being myself. I just needed confidence. Something I lacked going to an all boys school. Stopped thinking I NEEDED girls/pussy and cleared my mind. Stopped over thinking things.

Just ask girls out and don't be weird/creepy about it. My ex was actually significantly younger than me. I personally don't recommend it, but some it works for some.

SgtBrutalisk • 6 points • 23 August, 2017 01:32 PM

What I realized is that the efforts have a certain incubation time before they show results.

You might be trying for 9 years to improve yourself without seeing results, only to give up just when the results were about to start showing.

MusicSports • 4 points • 23 August, 2017 04:55 AM

Anything you can recommend reading on improving one's tone of voice?

[deleted] • 12 points • 23 August, 2017 02:03 AM

Don't focus on getting women to sleep with you. Focus on becoming the man women want to sleep with.

VasilyZaitzev • 10 points • 23 August, 2017 07:30 AM

Women are a lagging indicator of success, or "If you build it, they will come."

The Finish Line

dewzahundred • 5 points • 24 August, 2017 03:39 AM

Chase a check, never chase a bitch. Don't chase no bitches - Future

cirelhat • 3 points • 23 August, 2017 12:26 PM

This blue pill most guys don't fail because of dress but because of a lack of understanding of you want women learn about women

ShouldersofGiants127 • 3 points • 23 August, 2017 02:10 PM

Love this post. Would even take it a step further and say focus only on shit thats gonna improve the quality of your life.

Shakydrummer • 3 points • 23 August, 2017 09:54 PM

It's true. Turns out women have been shockingly easier to get when I started working out regularly, got contacts instead of glasses, and worked on my social marketing for my band.

The entire time though, that shit was for me, not for getting a girl. If anything I'm too busy now, if they want me, they come to me, not the other way around.

ozaku7[S] • 1 point • 24 August, 2017 04:45 PM

Exactly, it saves you time and satisfies your life in many other aspects besides pussy. What are you going to do when your dick is dry? Chase the next pussy, or do something useful to enrich your life?

Andrew54321 • 3 points • 23 August, 2017 10:12 PM

Bro. Do you have stories to back this up? It sounds more like a CORRELATION rather than CAUSATION.

ozaku7[S] • 1 point • 24 August, 2017 04:48 PM

Why would I need a story? Life should revolve around more than just pussy. Pussy is a side-dish. The majority of the newbie base of TRP is just those who are bitter about the female gender for choosing the alphas over the betas themselves, which is only natural. Instead of coming here to enrich their lives, they just look for the ingredients to stick their dick in 98F degrees.

Andrew54321 • 1 point • 24 August, 2017 06:00 PM

No. A story, a personal account, is required as to exactly how the information you have shared has improved your life. Otherwise it's just a theory with no proof back of it.

TRP is sexual strategy based on repeated observation shared collectively. So far no observation from personal experience has been presented.

Andrew54321 • 1 point • 24 August, 2017 06:06 PM

Let me help you out:

I started dressing better. I was treated better.

Did my improved visual presentation cause better treatment? No. Clothing as an inanimate object does not cause preferential treatment.

Did the programming associated with better dressed people cause the better treatment? Yes. I am treated the way media portrays a person wearing these clothes should be treated.

ozaku7[S] • 1 point • 24 August, 2017 06:58 PM

Show me one culture where visual presentation doesn't matter on earth. Even tribes in the jungle of Brazil and in the deserts of Africa put great deal into their appearance. They cut their lips and put dishes inside those holes bigger than the dishes you eat from because it's attractive, prolonged their necks with rings in China because long necks were considered beautiful and mangling their feet in tiny shoes because women with tiny feet were apparently preferred.

Tell me all about the media. You are just upset with the fact that you can't dress the way you want to dress yourself, and still get the same treatment as well-dressed people "as media portrays" according to you. Stop lying to yourself and accept that you dressed poorly and that you are better off now.

Andrew54321 • 1 point • 24 August, 2017 07:33 PM

So are you going to present experiential evidence or not?

Right now, I have proof of you talking about things you know very little about (me).

jwarnyc • 6 points • 23 August, 2017 02:28 AM

Started fasting lost 35lb. Kicked the weed in the am! Made nice pics on bumble and now I'm in the longest darkest stretch no action stretch I've experienced. 5 months and noting. Lord show me a sign!

Bibbs1 • 7 points • 23 August, 2017 11:14 AM

Dating apps are full attention whores and game players. Get out into the real world.

jwarnyc • 1 point • 23 August, 2017 12:21 PM

I really have no issues with approaching women on the street. It's just when I'm not playing the st game/ real game. I do get nice results online.

vengefully\_yours • 1 point • 23 August, 2017 06:35 AM

Wrap that dick and go fuck a fat chick, get back on the horse. It's easy but will still build your confidence.

EumenesOfEfa • 14 points • 23 August, 2017 07:03 AM

Give no sex to the fatties. Here where I live even many of the 20 year old women have given up on themselves and are overweight, and this behavior cannot be rewarded.

[deleted] • 8 points • 23 August, 2017 11:02 AM

I never understood since when fucking a miserable fat chick is building your confidence.

Kryptic\_Knight • 2 points • 24 August, 2017 06:05 PM

MGTOW - Focus on yourself.

Live the best life you can, make loyal friends, build yourself steadily, drink, sing song, and try to have adventures. Women are the bi-product of a life well lived.

ozaku7[S] • 1 point • 24 August, 2017 06:59 PM

Exactly. Nothing wrong with getting your dick wet. If you are doing it right, it will jump on you without effort. Women have alot of choice, and you become the one they want to choose.

uwey • 2 points • 25 August, 2017 04:11 AM

Gym

circle of friends you keep (u r ur friend's average)

passions

money

legacy

I tend to keep these 5 in checked all the time.

Woman come and go, not your money, not your gym hours, not your passion, not your legacy. Everything else remains, except pussy; they faded and diminishing return.

[deleted] • 1 point • 23 August, 2017 08:29 AM

The main reason right now i am still going to go for cold approaching girls is because im scared to do it, get anxiety whenever im about to. Not talking to her to get something from her, talking to her so that i stop being scared on the inside of doing so. Gonna fix my own deficits.

refusewool • 1 point • 25 August, 2017 04:50 PM

In my opinion approach anxiety never goes. You just get used to it.

[deleted] • 1 point • 25 August, 2017 05:22 PM

Pretty much. I would relate it to your first time jumping down the tower in the huge tower in the public

pool, public baths (dunno how you call those huge pools where you pay a little fee at the entrance in english). The first time is scary, the second time aswell. But with time you will learn its okay, you are fine. And even at the 1000th time looking down it still is "something to be feared" but by then you are SO USED to it, you don't even feel the fear anymore. You are free.

ozaku7[S] • 1 point • 26 August, 2017 08:51 AM

Just imagine that every woman can lie in your bed and scream for more while you just dominate her. Makes it easier. Your fear comes from presumption/assumption.

selux • 1 point • 23 August, 2017 11:22 AM

What makes your supervisor so likeable? What's he doing exactly?

ozaku7[S] • 2 points • 24 August, 2017 04:54 PM

He is very positive, very socially interactive, tries to understand you, emotional (in a good way), talking in the right tone and pace, a leader. He is someone you would invite to all parties basically. Imagine that guy, be that guy.

Alpha\_Jedi • 1 point • 24 August, 2017 03:09 AM

Great post. I nice quick read for newbies and experienced folks to get a quick boost of inspiration.

epixs • 1 point • 23 August, 2017 04:22 AM

I agree, broke with my girl since I was noticing my mission was starting to slip and I was starting to lose frame. On to my main focus of the mission (destroyin med school) and keepin these gains up.

HierEncore • 1 point • 23 August, 2017 09:20 AM

I endorse this message.

In life, we tend to become what you focus on. If all we focus on is women, then women is all we will be.

TheLegionnaire00 • 1 point • 23 August, 2017 03:14 PM

Good post. Be ready for burger-flipping "alpha fucks" to come and tell you: "muh, did you hear about beta bucks/alpha fuck? I'm an alpha fuck even if I flip burgers at McDonald's, I don't need a good career and a good lifestyle".

ozaku7[S] • 1 point • 24 August, 2017 04:49 PM

You don't even need a good career. Just have a job that satisfies you and a healthy lifestyle that makes you have a good life. That means being healthy, fit, hygienic and positive to give a few examples.

swordshab • -2 points • 23 August, 2017 12:28 AM

What if you look better with long hair

FreyWill • 7 points • 23 August, 2017 01:29 AM

Long hair still needs to be maintained. Maybe more so.

GrammerNatziHypacrit • 1 points • 23 August, 2017 12:56 AM [recovered]

In the meantime, start **focusing** of proper spelling.

Shhhhh\_its\_a\_secret • 5 points • 23 August, 2017 03:42 AM\*

No one understood what OP was trying to say before you got here. Thanks for your help, Bryan! And if anyone else would like to see GrammerNaziHypacrit's (formerly PaulReincarnate, originally bryanpcox) full history of being super helpful, click my username and visit my sub!

[deleted] • -4 points • 23 August, 2017 01:07 PM

I am not a regular on this sub but let me drop an actual red pill on a sub allegedly called "The Red Pill." NOTHING FUCKING MATTER IF YOU ARE UGLY!! Get this through your head! If you are ugly you will not get laid, if you are not ugly you will get laid, its that simple. It doesn't matter if you are a convicted pedophile who hasn't showered in a month, if you are not ugly you will easily (within seconds) get laid. Don't take this blue-pilled mother fucker's normie advice. Look in the fucking mirror and be honest with yourself. If you are ugly you might as well give up on life, perhaps even kill yourself, because nothing else matters.

KR4FE • 3 points • 23 August, 2017 06:01 PM

Do you consider yourself ugly?

WallyHotvedt • 1 point • 25 August, 2017 06:05 PM

He's incel, permanent victim mode, not a good use of your time

ozaku7[S] • 1 point • 24 August, 2017 04:51 PM

If you're a trainwreck you can forget it. Noone fucks a personality. This is so obvious it was not worth mentioning, but thanks for doing that for me.

[deleted] • 1 point • 24 August, 2017 06:43 PM

Really, was it so obvious? Because your whiteknight blue-pilled TRP buddies have been messaging me all day saying how all one needs is a little self-improvement then anyone can get laid. Its obvious to me, its not obvious to your mates.

ozaku7[S] • 1 point • 24 August, 2017 06:48 PM

Getting so worked up makes a person unattractive for both genders of all ages. Come back when you are zen.

[deleted] • 1 point • 24 August, 2017 06:50 PM

you literally just said, "This is so obvious it was not worth mentioning, but thanks for doing that for me." now you are saying, "Getting so worked up makes a person unattractive for both genders of all ages." which is it?

24hrpleasure • 1 points • 23 August, 2017 03:14 AM **[recovered]**

I had fun at a concert with this chick. But I didn't have sex with her after. Blamed it on circumstances, etc. But perhaps I was just a pussy. Afraid that I wasn't getting the right signals or body language from her. Afraid that I would get shut down. Always Go for broke. I failed that promise. And I feel like a little bitch.

orca83 • 1 point • 23 August, 2017 03:19 AM

I'm focusing on myself, so growing an afro, wearing the clothes I have instead of getting a new wardrobe, i'm not trying to impress females just being myself

ozaku7[S] • 1 point • 24 August, 2017 04:59 PM

Abundance mentality. Don't force it. Be yourself, be confident, be the guy that chicks want to be around. That supervisor I talked about just had chicks dragging him to bed or just landing next to him to fall "asleep" and fool around. He didn't even try, they just came to him.

[deleted] • -1 points • 23 August, 2017 06:39 AM

This simple piece of advice can save civilization.

CallMeHaseo • -4 points • 23 August, 2017 01:57 AM

Tren hard eat clen anavar give up

Acquire protein disregard females

Xoramung • 0 points • 23 August, 2017 02:48 AM

And Dbol-ish all your goals, by being like this 50yr old uncle Roy.....d