

Stuff has Changed

May 30, 2018 | 1486 upvotes | by [pulsarkid](#)

I remember getting into a lot of this back in 2008 or so. In those days there was just The Mystery Method, and a handful of other books on the topic. I used the information, and yes I got laid. My success wasn't immense, but it was enough for me.

Chad wasn't even a thing (that I can remember). It was just alpha and beta. The focus was just pickup. I don't think Rollo had even written his book yet (not sure).

Now there's SJWS, The Purple Pill Debate, Incels (wtf), neo masculinity, and a lot of feminists up in arms about all this stuff. I kind of miss how it was back then. It was just guys talking about how to pick up women, and all the mandatory self improvement that come out of that.

Anyway, here's a little advice from a guy that's been around the block. Hopefully this won't sound too redundant:

1. Incels are just guys that haven't even begun to start trying. They are lost. The people talking about them have some weird agenda. Just ignore them.
2. Women will never ever admit to hypergamy. Don't waste your time. Just be rational and navigate.
3. Exercise is important.
4. Before obsessing about getting laid, ask yourself, do you care that much? Most guys are programmed to think that if they aren't getting laid they are losers or something. You're not a loser.
5. FATE is what I never see talked about much in this community. Some people are fated not to have too many relationships, and not because they are loser omegas or betas. Some people were born more for other things. Maybe they go off to war. Maybe they live in the woods. Maybe they strive before success gives them what they want. This is normal. Enjoy striving. Get a sense of your own fate. It will help.
6. There's nothing wrong with learning better social skills to pickup women. Holding a frame, learning to joke in a conversation etc are all important. The people that think this is bad are lost. Women that get offended even when a man politely flirts with them are BITCHES. They qualify themselves out when they react. Don't forget that.
7. As you get older you'll be able to tell when a women is into you within a minute of talking to them. This isn't rocket science. Pay attention to subtext. SUBTEXT.
8. Women have to carry a baby for nine months. That's why this all seems like so much work. If you don't like it, strive or get to know your bisexual side.
9. Porn will fuck you up. It's just too advanced now for our ape brains to deal with. Jerk off without it.
10. This isn't a community just for conservatives or liberals. It transcends those boundaries.

And finally one last super important observation. I used to look at all my failures and blame myself. If only I had done X. Or if only I had done Y. What I didn't do was give myself enough credit. Maybe I ran a DLV spike because deep down inside I didn't like her. Maybe my failures weren't failures because I didn't stand up for what I actually needed. QUALIFYING is very important. You can't qualify what's right for you, if you can't stand up for yourself.

Ask yourself if you actually give that much of a shit. Ask yourself what you NEED not what you WANT, and remember getting in touch with your needs can take years!

YOU CAN'T FAIL IF YOU KNOW SHE'S NOT RIGHT FOR YOU. Talk to thirty women... how many are actually a match? Maybe one? Those other twenty nine aren't failures, and yes that applies to just

getting laid too. Who the hell wants to fuck someone they aren't actually into? You see? Your needs matter a lot. Don't ignore them. Get to know them.

The End

p.s. No not everyone can master the day game method of picking up a total stranger off the sidewalk. Socially engineer what WORKS FOR YOU. The gym, a club, house parties, workplace, church, NA meetings, dating sites, etc are all valid ways to meet someone.

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Comments

Ikoikobythefio • 594 points • 30 May, 2018 12:48 PM

"Porn is too advanced for our ape brains" - well said. It really is these days

[deleted] • 97 points • 30 May, 2018 05:26 PM

Especially the VR shit...stay away from that. I haven't watched porn for 223 days.

Ikoikobythefio • 37 points • 30 May, 2018 05:31 PM

Dude fuck yeah!!! Keep it up man!! Their methods are just going to become more and more sinister. Wrecking the lives of so many young people

Anonaux • 1 point • 3 June, 2018 05:28 PM

I did that for awhile but I found that when I masturbated I would have to think about different fantasies/scenarios in order to get hard (usually things like dominance/submission).

I tried using softcore pictures (bikini shots mostly) to try to re-train my mind to become aroused with only the sight of a woman's body but it still just goes into me imagining scenarios.

I suppose most people would say that it's stupid to try to use porn to *correct* sexual issues but when I stopped using porn I could only get hard to fantasies and I don't think that's good for a healthy sex life.

Have you ever had a similar issue? How do you solve it?

[deleted] • 2 points • 14 June, 2018 05:16 PM

Total abstinence will heal you in weeks. No porn no fapping

InterNetting • 126 points • 30 May, 2018 01:44 PM

Agreed. Those 30+ who have been watching it for fifteen or more years know this is true.

Ikoikobythefio • 135 points • 30 May, 2018 02:08 PM

I remember scoring a hustler magazine in 8th grade and passing it between friends. I'm 33. These days, the lighting, cinematography, the scripts and the clothing are all designed to trigger massive releases of dopamine that can't be replicated without more porn. There's an entire genre where the girl talks to the camera as if it were you and the methods they employ are sinister. They make it so intense and addicting that sex never becomes the same. Then they make fun of you for being addicted which reinforces the fact that they are. Luckily I'm old enough that when i encountered the genre my brain was already developed. I feel sorry for the 16 yr olds out there that fall into the trap. And incest porn for some reason has taken off - i guess the taboo nature of it turns people on - and that is REALLY screwing with their minds.

[deleted] • 58 points • 30 May, 2018 06:28 PM

Its called JOI (jerk off instruction). I am 18 and fell into that very addiction. It almost seems like it fills your loneliness. Subreddits like this are helping me.

Ikoikobythefio • 34 points • 30 May, 2018 08:13 PM

1) it's okay 2) you're not lonely, you just feel that way 3) you can change your feelings

Feel free to pm me. I can help you

[deleted] • 12 points • 31 May, 2018 03:57 PM

Thank you very much. This is why I love reddit. I get to come across brothers that are so altruistic like your self. May God bless you. It means a lot.

dmi_3 • 25 points • 30 May, 2018 08:18 PM

Don't worry bro, you can get out. I used to watch it since 15 and until a year ago (26 years old) and then something just snapped and I stopped watching it altogether. After a year I now have much lower standards for women and really don't miss it at all. It's hard at first but you can do it.

Ikoikobythefio • 12 points • 30 May, 2018 11:24 PM

Great work brother *fist bump*

Spoderman1340 • 10 points • 31 May, 2018 12:17 AM

Thanks for sharing my dude. Reading this helped me. I'm a ta point now where i watch very occasionally but I have a habit of bingeing several days in a row when I do. Not always, but sometimes.

Reading everyone's comments here is motiviating me to just drop it entirely. Don't need it. Men have gotten by without it just fine over the last however many years.

[deleted] • 1 point • 31 May, 2018 03:57 PM

Thanks for the advice bro, much appreciated :).

[deleted] • -5 points • 30 May, 2018 06:49 PM

Don't feel sorry for them, feel sorry for yourself not having the mentality to remember the more free pussy there is floating about, the better it is for the rest of us

Ikoikobythefio • 8 points • 30 May, 2018 08:11 PM

I do feel for those poor guys and you should too

leviathan51 • 33 points • 30 May, 2018 04:59 PM

Those 30+ who have been watching it for fifteen or more years know this is true.

No shit. Got PIED at fucking 18 years old.

srlbambam • 4 points • 31 May, 2018 02:16 AM

Doctors don't even know what that is, or won't admit to it is they do.

[deleted] • 3 points • 14 June, 2018 05:18 PM

Abstain bro, the brain is very plastic and it will heal

okojofiveeyes • 4 points • 31 May, 2018 01:41 PM

I agree with all of the above, but with the caveat that all porn is not equal. In the formative years, the porn you watch will set your expectation of what sex should be. Intensively produced porn will train your cock to flop when faced with a real-life situation. There is no question of this. The middle ground is amateur porn. And I don't mean 'amateur porn' where some unassuming girl is seduced in a studio. I mean real people doing it in the real world. Consuming real situations with real people, and forming

expectations around how things are really done will do far less harm to sexual performance in the long run. The difference is night and day. For sure, abstinence will leave you able to get an erection at the sight of a tight dress, but makes are not really geared towards that. Let's not think of it as a porn/no porn dichotomy, but as a scale of management.

red_matrix • 101 points • 30 May, 2018 04:19 PM*

Porn is as addictive as cigarettes and heroine. The dopamine science is complete. Ignore these warnings at your own peril.

Edit: <https://www.yourbrainonporn.com>

smirk_addict • 77 points • 30 May, 2018 05:20 PM*

It took professional help for me to stop looking at porn. Started around 10 thanks to older friends and some uncles. I'm 34 now and this is the longest I've gone without looking at it. 3 and a half years.

bape1 • 13 points • 30 May, 2018 06:13 PM

How long did it take to be back to normal?

smirk_addict • 32 points • 30 May, 2018 07:13 PM*

It took me attending meetings once a week for about two years with a group of guys with similar issues, before i felt really strong. This local church does AA meetings. I have no idea why there isn't more help and support for men dealing with porn addiction. But I was very fortunate to be apart of a group like that at the church. I didn't agree with everything and one of the reasons I stoppped going was because as new members came and old ones left, I just didn't really feel close to a lot of those guys.

EDIT: I forgot to add that the meetings were lead by a clinical therapist that I also saw for private sessions about 2 or three times a month.

GEOTUS_Mit_Uns • 1 points • 30 May, 2018 10:09 PM **[recovered]**

Because there are a lot of "powers that be" that want men to be enslaved to internet porn, pills, booze, etc.

Healthy, masculine and free-thinking men are "dangerous".

Ikoikobythefio • 18 points • 30 May, 2018 11:22 PM

That's exactly right. Wow. Never looked at it from that angle. Thank you

PhattyBacon • 14 points • 31 May, 2018 01:10 AM

I've thought about this... if you want to decrease crime or whatever I'm not sure there's a better way than to start injecting a man with a slow drip of video games, porn, and his drug of choice. There's a reason men are so much more likely to become alcoholics-there's some link with men and addictive behavior idk.

[deleted] • 4 points • 31 May, 2018 05:20 AM

I haven't watched in 223 days

Fwest3975 • 3 points • 30 May, 2018 08:15 PM

How has it been in the last three years in regards to your social life?

smirk_addict • 18 points • 30 May, 2018 10:34 PM

With the exception of the few years I lived in Asia maybe a decade ago.... It's probably the best it's ever been. I'm nowhere near where I want to be. But part of that is location. I use to not be one for casual sex. This led to years of sexual frustration. Porn was my coping mechanism. I had the very naive view that if I wanted a woman that didn't sleep around, I had to be the kind of guy that didn't as well. Of course I found that while most women may find that "admirable", It doesn't make their vagina's wet. As well as how easy it is as a man to show sexual restraint. You just have to exist. As most women that find you attractive will still expect you to make most of the effort. So many things have changed about how I think about life and relationships. While i'm not exactly a casanova, I have developed a bit of a reputation as a player. Which is a good thing. I don't drink or do any recreational drugs. If I did, I would absolutely be killing it. I've lost quite a few because I didn't give them plausible deniability with some type of substance. I have a good physique, i'm always well dressed and I got a bit of wit and charm. With my friends i'm usually one of the most attractive guys in the groups. My flirting is good and so is my sex game. I honestly just need to move. But one thing at a time.

walruskingofsweden • 1 points • 30 May, 2018 09:17 PM **[recovered]**

I started watching porn when I was 11 on my shitty old iPod Touch. Fast forward a decade and I am now more addicted than I ever thought possible. And you're right, it might as well be heroin for people like me. By the time I "lost my virginity" I could not maintain an erection and usually could not get one at all. This has eliminated my confidence entirely. I am writing this comment for any other redpillers here whose addiction is still in it's infancy: stop while you still can, because porn will take everything from you. I can not even date a woman now. I battle with suicidal thoughts all day long. People close to me are starting to wonder what the fuck is wrong with Me, and I can never tell them. Because nobody will ever look at you the same when you tell them you're a disgusting porn addict with limp dick.

wildbill1987 • 28 points • 30 May, 2018 11:14 PM*

I started when I was six, I'm going to be 32 in Aug... I ended up catching my dad watching it one night, as I sat in the dark in the other room without him knowing. I'll never forget that shit. From then on it was my mission to find his tapes when he was gone and play them. Obviously not understanding, but still getting a high from it. My addiction grew even more during my teens, luckily by then I had already lost my virginity. It hurt me in so many ways though. The way I looked at women, I couldn't even look at a attractive women without seeing her naked, and taking it from behind. It killed my confidence with women during my 20's. I haven't dealt with limp dick though. But now in my 30's I have realize that porn has been the underlying issue to my confidence with women. It's not like I wasn't getting laid though. I felt like it was luck every time. I mean it's not like I'm a bad looking dude. I'm 5'5 but I never had issues finding someone that was attracted to me, 8 years in the Infantry made it easier. Threesomes, cheating wives... that shit always found me. But now, I'm having one hell of hard time recalibrating my brain. I have been learning about sexual transmutation, and channeling my sexual energy towards other things... damn it feels good to share this, I don't think I've ever told this to anyone.

red_philosopher • 16 points • 30 May, 2018 11:11 PM

Replace one addiction with another, except instead of it being bad, make your choice good for you. Lifting does wonders for men. It's not bullshit. Every time you want to look at digital vaginas, make yourself lift or do bodyweight exercises for 15 minutes. You could also write, or make something

with your hands. Or, even better, go out in public and talk to someone. Anyone, for any reason. This will encourage you to get your dopamine from a better source.

i also highly recommend CBT for depression. Everyone has bad thoughts, but frequently those thoughts are untrue distortions of our damaged minds.

And one more thing. Action comes before motivation. You must DO before you feel compelled. The same is true for any addiction. If you do, you feel compelled, if you don't, you don't feel compelled.

Spoderman1340 • 7 points • 31 May, 2018 12:12 AM

Hey man, our stories are weirdly similar. I remember only being able to navigate to like the cover page of a pay-for-porn website that had almost naked chicks on it and thinking that it was the pinnacle of existence. Boy did that change over time.

Thanks for sharing. Reading what you wrote really meant something to me and caused a couple of things to click. I too have had a limp dick experience. More than once actually. Some of it I would chalk up to nerves but considering my habits outside of that during that time...it was definitely the porn too. I struggle right now because I moved 750 miles away from home to go to graduate school. And while I love my program and don't regret moving to be a part of it, I moved to a really boring area where it is really hard to meet people unless you already have an established social circle - its a bit rural. So, naturally, porn is more alluring than ever.

Your comment has given me a lot of resolve though, and I want you to know that. Good luck my dude, thank you.

greenlittleman • 1 point • 1 June, 2018 06:07 PM

I don't think this is actually so related to porn, because it is estimated what more than 90% of young men watch porn and most of them don't have those problems. Usually you just find yourself a girlfriend and then you no longer watch porn as often if at all this is how this "addiction" ends up for most guys.

And I'm almost sure that those people who close to you jerk off on porn as well, this isn't unique in any way, any guy done it at least few hundreds times, most likely tens thousands. Maybe this is because of difference in libido, but even when I watched porn non-stop I could get erection just by looking on the hot real girl, or touching her lightly and in sex I could last for hours if I wanted (btw even when masturbate I still usually take about 1-2 hours to fully enjoy myself, 10-15 minutes just not enough). I think you should find if you have real health problems, because it couldn't be "just because of porn", after all almost everyone else do it and still don't have your problems.

Rollo_Mayhem3 • 19 points • 30 May, 2018 05:51 PM

The porn is free, so i don't get how the industry is making money at this point.

phoenix335 • 51 points • 30 May, 2018 08:18 PM

That question is the ultimate deep red pill on the political side.

If the offer is free, *you* are the product.

Nobody in the whole world has that many subscriptions to offset the cost of running YouPorn et al. They have to get their revenue from other sources.

SlimeGroove • 13 points • 30 May, 2018 09:43 PM

Namely, selling your accidental (and maybe the one in 1,000,000 genuine sucker's) clicks on

those boner pill ads, as well as whatever browsing data they can harvest off you, which is a surprising amount even with Incognito mode on.

LeDolceVita • 12 points • 31 May, 2018 02:54 AM

If you're not at the table, you're on the menu

red_matrix • 22 points • 30 May, 2018 06:48 PM

Ads and subscriptions. Look into how some guys spend all their money on porn. Especially the interactive stuff. Some guys are bankrolling cam girls jet-set lifestyles too. It's an addiction.

saibot83 • 12 points • 30 May, 2018 11:32 PM

Look up Maitland Ward. A failed d-list actress who's now a patreon whore full time. She's a chunky 3/10 and banks above 50K/Month from lonely suckers.

Howdoiusesync • 12 points • 30 May, 2018 08:41 PM

i've been where you are. It's a crutch like most vices out there. As soon as you realize the power of yourself and start to change aspects of your life you will realized that 1.) There are more things that are fulfilling in life like socialized experiencing women, people in general, and yourself. 2.) Having goals and actually working towards them. I skim by porn once and a while and realize I could actually bang a girl that looks like this. In the past I have actually hooked up with milfs at a young age. Not to brag but really i find fulfillment in making things now and you should to when you realized what you want out of life. Everytime I watch porn now i can't even get into because I know how fake it is. There is nothing like feeling passion during real sex. More importantly there is nothing like feeling you are in control of your own life. We as humans are very programmable like a computer. Think about what your inputs are and how they effect your outputs. Meditation helps alot with this.

mytrilosophy • 1 point • 30 May, 2018 11:42 PM

Think about all the ads on porn sites though

Rollo_Mayhem3 • 1 point • 30 May, 2018 11:43 PM

True but who the fuck is clicking on that shit when their jerking off and hanging around after they clean there pipes. I guess there is money there cause they keep pumping out the smut.

mytrilosophy • 1 point • 30 May, 2018 11:45 PM

You'd be surprised how many idiots will click on "single horny sluts in your area ready for your massive dick" or what have you. And just getting views get revenue I believe

GoGetting • 1 point • 2 June, 2018 05:08 PM

1. The platforms put up ads related to the effects of porn or the motives for watching porn. Ads for erectile dysfunction pills (due to watching porn), dick growing pills (due to feeling their dick is small due to the guys in the videos), 'meet girls in your area' ads (because lonely guys). Etc. Kind of like drug dealers selling addiction help.
2. The pornstars make money from prostitution. A guy will pay insane multiples versus a normal prostitute to bang a girl they jerk off to every day. There will always be some guy willing to

pay \$10k or more to bang a pornstar with vid views in the millions.

20CharactersAintEnou • 1 points • 3 June, 2018 12:36 AM **[recovered]**

Do you really think they make enough revenue from dick pill ads to run a website as big as pornhub or xvideos? No. The answers behind these questions can't really be discussed here because this isn't the place(and that's fine).

GoGetting • 1 point • 3 June, 2018 01:00 PM

You'd be surprised. Search google for (I forget) something like: "100% profit margin on advertising dick pills". Guys, believe it or not, are actually buying them. He got done by the FDA (because obviously dick pills are a fraudulent product), but it was \$1 in in ads, \$2 out in sales.

DontYouTrustMe • 21 points • 30 May, 2018 06:49 PM

I can only get off to Brazilian fart porn these days...

MankindMF • 21 points • 30 May, 2018 04:40 PM

Crazy that 2% of the population is allowed to pump this shit out on us.

thetotalpackage7 • 3 points • 30 May, 2018 10:31 PM

A parasitic tribe...they've been doing it since time immemorial. It's the reason they have been kicked out of over a dozen countries in the last 2k years.

Revo_Luzione • 5 points • 30 May, 2018 05:27 PM

With free speech being so important to the rest of society, it's hard to curtail.

However, it's basically prostitution. In porn, women are being paid for sex, and it shouldn't matter that it's a production company that's paying them--it's still sex for money. It would be interesting, and beneficial to society for a red-pill, ZFG prosecutor to start going after the porn industry as a prostitution racket. A lot of porn stars do sell themselves outside of the film industry, so it would seem like a no-brainer. Unfortunately, with most porn coming out of blue states, it's unlikely that this will happen, and the left would shriek bloody murder about teh poor empowered feministas being shut out of making a living with their own bodies.

MankindMF • 1 points • 30 May, 2018 08:43 PM **[recovered]**

I don't call it free speech although the courts disagree. They have a long history of using our laws against us.

MormonRedPill • 4 points • 30 May, 2018 10:15 PM

Removing free speech is the same as saying, "There is nothing left to figure out. We've reached perfection and will now enforce our perfect worldview on the populace."

Revo_Luzione • 7 points • 30 May, 2018 08:48 PM

free speech isn't actually important to most of society.

Fuck that. It's the reason it's the first amendment to the US constitution. It's foundational for a free society. See: the UK, Tommy Robinson, gag orders, Rotherham grooming gangs, today's news.

okojofiveeyes • 2 points • 31 May, 2018 01:47 PM

Haha! You're well under 40, aren't you?! That comes with some attributes but that comment was nothing but naive. If you had any concept of how many people have fasted, been imprisoned, fought, died, been killed, murdered, tortured, or even set themselves on fire because they understood the oppressiveness of restriction of speech, you would eat your words with the shit they are soaked in.

EndTimesRadio • 1 point • 5 June, 2018 05:27 AM

If it didn't sell people wouldn't buy it. SJW shit on the other hand...that has been repeatedly proven to cause bankruptcy but companies chase it like they're a lemming running toward the edge. Can't help it. 'new diverse market?' and they blow their wads right there.

Thrawy124 • 11 points • 30 May, 2018 10:57 PM*

I don't understand addictions. Idk if it's just me, but I spent 15 years eating shit tonnes of shit food every day and then one day I just stopped and never felt the urge to eat it again.

I needed to watch some pretty edgy shit to get off and then one day I just stopped watching porn, never felt any need to watch it again.

I can get halfway through a season of Vikings - get the sudden desire to be a Viking - then forget it exists for months.

Am I some sort of 3rd child experiment gone wrong?

Ikoikobythefio • 2 points • 30 May, 2018 11:13 PM

Addiction is simply wanting more dopamine from whatever activity triggers the most regardless of the associated negative consequences. But why does someone want more dopamine in the first place? We have plenty as it is. I think you just came to a realization that they were both bad ideas, no longer served a purpose and you'd be fine without them. For many that will subsequently expose them to pain - loneliness for example - that is easily assuaged by more porn/drugs/alcohol/food/sex/exercise. My hunch is you learned who you were, accepted it and said let's roll. A lot of folks don't accept. They just want. The difference between wanting and having sucks. And when people want what they can't have they try to fill the gaps

sef239 • 1 point • 31 May, 2018 12:41 AM

same here. i grew up watching porn all the time and have no problems having normal sex. if anything, the worst side effect of consistent porn watching is it desensitizes your dick because of all the rubbing. but that's not porn's fault, that's your hand's fault.

leviathan51 • 1 point • 31 May, 2018 06:53 AM

Probably depends on the person. I'm the exact opposite, I become addicted to anything. I can have 1 cigarette and become addicted. I watch porn for awhile and then it takes me a year to defeat this addiction. I fucking take a multivitamin pill in the evening for a month, and then feel real bad when I don't.

tallwheel • 0 points • 31 May, 2018 08:39 AM

Self control, man. Self control. I find that certain people have more of it than others. I, myself, have been a casual smoker for decades. Never once have I ever "needed" a cigarette. Nowadays I usually have

maybe one ever couple of months or so just for the fun and social aspects of it. Oftentimes I consider quitting even that as well.

EDIT: Meditation helps a lot, for those wanting to develop self-control. Hell there are studies showing this now.

t-away3 • 0 points • 31 May, 2018 02:50 AM

This ape brain thing i see on here is so stupid. Thinking our brains still function purely animalistically is ignorant. You can watch porn without getting addicted just like you can drink or smoke without getting addicted. Just know and understand the risks.

drallcom3 • 1 points • 30 May, 2018 02:01 PM **[recovered]**

What hasn't changed and never will: Being a desirable man works.

Lift, hold frame, get a carrer, do stuff. All that makes you immune to stuff that changes. Caving into every new fad society throws at you is for beta bitches.

MonetaryCock • 1 point • 8 June, 2018 11:02 PM

A career? You can have multiple sources of income from different skill sets you acquire. It doesn't ALL have to be from one type of work.

alucardluk • 123 points • 30 May, 2018 09:17 AM

Good advice, definetly agree with a lot of this.

omega_dawg93 • 220 points • 30 May, 2018 12:28 PM

agreed with the politics message.

please leave out all that conservative vs liberal bullshit.

Ferocious245 • 49 points • 30 May, 2018 03:11 PM

Divide and conquer. Never forget that.

vast_rightwing • 1 points • 31 May, 2018 12:03 AM **[recovered]**

If Marxism or one of its derivates take hold, there will be nothing to conquer.

Issoai2 • 0 points • 31 May, 2018 02:03 AM

Idk about that, there are a lot of people doing very well in Russia right now. Maybe Marxism is just a reset button for the good times.

CHAD_J_THUNDERCOCK • 55 points • 30 May, 2018 01:47 PM

In the early days of this sub it was more political. It had more on Title IX and protecting yourself against fake rape allegations. Lots more posts on Cultural Marxism. And many early posters came from the Manosphere which had overlap between PUA, neoreaction and dark enlightenment - which were overwhelmingly against progressivism. Landscapes have changed, this sub has grown, and now its more mainstream and accepted with a wider range of political opinions not afraid to post here.

Revo_Luzione • 31 points • 30 May, 2018 05:29 PM

This is true, and it's also true that lifting and raising your testosterone will drive men to a more conservative view. There's good studies on this, though the exact mechanisms aren't well understood yet.

There's a reason why so many liberals are low T soyboys, and the opposite as well.

o0joshua0o • 1 points • 30 May, 2018 07:27 PM [recovered]

Citation needed, dude. I say this as someone who's been lifting for 24 years, and still has compassion for minorities and poor people.

UNHAND_THAT_KANG • 27 points • 31 May, 2018 03:15 AM

So you're saying being conservative = no compassion for minorities and poor people?

okojofofiveeyes • 6 points • 31 May, 2018 02:03 PM

Left and right/red and blue is a totally arbitrary condition perpetuated by government who wants to politicise you and hold your vote. Instead look to yourself, your neighbour, your friends and family and decide what is important to you, then vote.

omega_dawg93 • 21 points • 30 May, 2018 08:35 PM

some of these dudes can make a discussion about toothpaste a conservative vs liberal political shit storm.

it's like they're stuck on putting everything and everyone in a red or blue box.

thetotalpackage7 • 24 points • 30 May, 2018 10:37 PM

You are clearly insinuating that you are a liberal, yet at the same time attempting to stake the moral high ground that only the left feels compassion for minorities and poor people. Nice try.

LEGALIZEMEDICALMETH • 5 points • 3 June, 2018 03:27 AM

Don't forget the environment. Many conservatives tend to shit on the environment. In my mind, protecting the sustainability of nature and our planet is a responsibility to every human. Ignoring that responsibility is childish.

Autosleep • 18 points • 30 May, 2018 11:12 PM

compassion for minorities and poor people.

That argument it's just silly. Conservatives don't hate poor people by default, they just believe wealth redistribution enslaves them to the state, impoverishing them as a result.

GeuseyBetel • 4 points • 31 May, 2018 12:47 AM

"Helping poor and suffering people yourself is compassion. Voting for our government to use guns to give money to help poor and suffering people is immoral self-righteous bullying laziness." - Penn Jillette

Revo_Luzione • 17 points • 30 May, 2018 08:46 PM

Here's one, and there are others in the literature if you dig a bit. Note that conservative views also show compassion for minorities and poor people, but see it through a lens of economic empowerment, creating jobs, rather than a handout. See: Candace Owens. The safety net was never intended to be a hammock, to paraphrase Thomas Sowell.

<https://www.thetimes.co.uk/article/weak-men-more-likely-to-be-socialists-study-claims-rsnc318mk>

SilkTouchm • 2 points • 1 June, 2018 08:52 AM

Thank you for that link. Fucking golden.

AngriestBeaver • 13 points • 30 May, 2018 09:24 PM

That is not peer reviewed article or even a science journal. That is an article written by journalist tom whipple. One thing that drew me into this sub was the evidence based reality of what was presented most of the time. Hypergamy is an evolutionary behavior, yet most conservatives don't even believe evolution is a fact. We all had blind spots before coming here or adopting redpill theory, but a majority of this sub acts as if this was their only blindspot. Continuing to improve yourself in everyway includes evaluating/scrutinizing your own biefs from time to time to see if they still hold water. It also means new information can change your opinion of a previously held belief. I don't see this from my ultra-conservative redpill brothers.

Revo_Luzione • 15 points • 30 May, 2018 10:29 PM*

Do you even read? It was a journalistic summary of an article published in Evolution & Human Behavior, most definitely a peer reviewed journal, and was performed at Brunel university in London. If you want, you could get the full text from sci-hub. I may do so later & post it for grins.

Continuing to improve yourself in everyway includes evaluating/scrutinizing your own biefs from time to time to see if they still hold water. It also means new information can change your opinion of a previously held belief. I don't see this from my ultra-conservative redpill brothers.

How do you think I got here from being an Obama voter from a blue collar, Democratic background and early life? From exactly the process you mentioned.

AngriestBeaver • 1 point • 30 May, 2018 10:41 PM

Please do, I'd like to read it. The article you posted didnt have an abstract or materials/methods, I'm not sure what i I was supposed to be analyzing, but I'll admit I stopped reading after the first paragraph. Even the best journalist lose something in translation when trying to explain a scientific study. The worst imbelish or outright lie, so without the source I take those types of second hand explanations with a huge helping of salt. I wasn't attacking you personally, just venting about what I see on this sub.

iwasbornred • 4 points • 30 May, 2018 10:30 PM

Do you have a peer reviewed article or science journal that proves conservatives don't believe in evolution, or are you just talking out of your ass?

Seriously, most people on the right are there for economic reasons more than religious reasons. How many "evangelicals" do you think there actually are?

Gottalovesluts6969 • 1 points • 31 May, 2018 01:26 PM **[recovered]**

Most conservatives don't believe in evolution? You'd arrive at the truth a lot quicker if you seek to understand instead turning other views into straw men.

AngriestBeaver • 1 point • 31 May, 2018 01:47 PM

Are you American? In the states, this is quite obviously the case. The GOP has routinely elected officials going on the record as not believing in evolution. Two GOP congressman recently said the rise in sea level was caused by rocks falling into the ocean. What was the strawman? OP was talking about seeking the truth. The left does it as well. The gender pay gap has been debunked several times, but it plays well to say it to voters. My only point is that I see people using this sub to stump for their political party. What I'm trying to say, maybe ineloquently, is to evaluate information for yourself. At the same time know your limits. Don't be the anti-vax stay at home mom who thinks she knows more than a physician because she read a package insert, and she doesn't understand the difference between mercury and methyl-mercury. Be skeptical of anyone trying to sell you a political ideology.

o0joshua0o • 1 point • 31 May, 2018 01:26 AM

Check this out

Revo_Luzione • 1 point • 31 May, 2018 02:08 AM

Haha, that's epic. Fuck. Academia is so screwed up. So many studies in the social sciences can't be replicated. This one could clearly get replicated by eating a burrito & waiting for it to exit the gut canal.

GayLubeOil • 7 points • 31 May, 2018 10:29 PM

Are you compassionate enough to give them blow jobs. Because that would be sexual strategy. So either tell me how you suck black dick *or* fuck off with your virtue signaling.

o0joshua0o • 3 points • 31 May, 2018 11:57 PM

Sounds like someone has latent sexual identity issues, AND doesn't understand what virtue signaling is

GayLubeOil • 6 points • 31 May, 2018 11:59 PM

Sounds like someone with a white savior complex is angry

o0joshua0o • 0 points • 4 June, 2018 06:00 PM

Not wanting to disenfranchise huge groups of people *en masse* is not equivalent to seeing oneself as a "white savior". You jump to the unfounded conclusion that I'm self-serving, whereas if I actually voted selfishly I would vote for those who want to treat people like myself better than anyone else

GayLubeOil • 6 points • 4 June, 2018 08:47 PM

Everyone votes selfishly some people even vote selfishly as a group. Other people fuck over their group by not voting selfishly.

GeuseyBetel • 3 points • 31 May, 2018 12:51 AM

"Helping poor and suffering people yourself is compassion. Voting for our government to use guns to give money to help poor and suffering people is immoral self-righteous bullying laziness."
- Penn Jillette

hrm0894 • 1 point • 31 May, 2018 03:54 AM

Even if it were true, being physically strong has never meant anything less than in today's day and age. All it takes is 1 bullet to kill a 7' 400lb all-muscle man. What matters more is an individual's knowledge and wealth.

[deleted] • 1 point • 31 May, 2018 08:46 AM

still has compassion for minorities and poor people.

If you had any compassion you wouldn't be voting for people who want to take away rights like due process for men. So cut the compassion shit. Title IX 'Dear Colleague' letter, courtesy of Obama.

ScamcoSpy • 1 points • 5 June, 2018 11:50 PM [recovered]

I'm a conservatie and still have those things. Fuck you man.

o0joshua0o • 1 points • 6 June, 2018 02:22 PM [recovered]

Please tell me a *single action* Trump has taken to help out minorities or the poor.

Was it the tax cuts that favor the wealthy over the middle class or poor?

Was it rolling back protections for workers' pay and safety?

Forcing workers to give up their right to file class action lawsuits?

Terminating DACA?

Appointing Neil Gorsuch, who has a record of ruling against workers and siding with corporate interests?

Trying to take affordable health care away from millions of low income people?

Appointing people with records of exploiting workers to key posts in the Department of Labor and the National Labor Relations Board?

Trump cares only about enriching himself and his corporate cronies at the expense of the middle and lower classes. If you think he gives a rat's ass about you, you are hopelessly deluded.

ScamcoSpy • 1 points • 6 June, 2018 03:00 PM [recovered]

Bitch I just told you that you were gonna get another Trump term, not that I endorsed him so I hope you enjoyed typing that long paragraph out for nothing.

o0joshua0o • 1 points • 6 June, 2018 03:22 PM [recovered]

I'm glad you don't support that corrupt jackass. Another Trump term can be avoided if enough people get their heads out of their asses.

GayLubeOil • 1 point • 31 May, 2018 10:24 PM*

Liberal degeneracy is antithetical to the Red Pill it's what caused the creation of the Red Pill. Cleaning up of losers takes time.

party_dragon • 30 points • 30 May, 2018 01:27 PM

Communities will *automatically* oppose those who want to restrict their freedom of speech / association and

shut them down. Currently, for TRP, it seems that “liberals” are the bigger threat. But it’s not hard to see the situation reverse in a few years/decades.

[deleted] • 71 points • 30 May, 2018 01:37 PM

Today's far-left - the ones who are seeking to silence speech - are not liberal at all. The rational, liberal left gets drowned out but they do still exist.

CopperFox3c • 26 points • 30 May, 2018 01:48 PM*

Much of that has to do with Progressives, the "far left", hijacking liberalism over the last 50 years. Progressives truly are the totalitarians of the Left. They don't actually understand nor adhere to classical liberal principles.

A lot of it is more about social psychology than politics ... virtue signaling, aka identifying who is in who's tribe.

[deleted] • 16 points • 30 May, 2018 05:02 PM

Progressives who behave like this are no different than conservatives that do the same. The all or nothing identification and shaming from the tribe exists on both sides, but there are many progressives that subscribe to TRP. I promise that.

[deleted] • 3 points • 31 May, 2018 08:33 AM

Much of that has to do with Progressives, the "far left", hijacking liberalism over the last 50 years.

This started with FDR, well over 50 years ago. Keep in mind that American Liberalism and Classical Liberalism are two different ideologies.

xSiNNx • 22 points • 30 May, 2018 08:51 PM

Absolutely. I'm a liberal. As you, I'm a straight white male. I listen to metal, I like guns, I think a lot of the modern issues surrounding sex and race are insane (ie college students kicked out for being a females drunken regret aka “consent v2: the update”, blacks saying they have it hard because of color, rather than saying because they're poor (the ones primarily having problems) and being poor makes everyone s target for the law and justice system), I think women's rights has come far enough and any farther and they'll be the ones in an advantage in society (already have in family courts and justice system), etc etc etc

But, I also think illegals are people and the data saying they aren't vastly more criminal or tax dodging is accurate, I think no one should be told what they can and can't do with their bodies or the bodies of another with the others consent (gay/bi/trans/etc; abortion & birth control), I think we already waste enough tax money to take it all and couple it with the \$ many already pay out of pocket/paycheck towards health insurance and create universal health care for everyone because no one should suffer or die in this day and age simply because they can't afford outrageous medical costs, and I think going to war should be reserved for cases where it is vitally necessary for the betterment and security of mankind and all the \$ saved in not fighting as much could further improve our society here on the home front, and I think we need national programs that are available to anyone to provide: mental health services & hospitals (modern 'asylums' cuz crazy people don't belong in jail for being crazy), addiction treatment/management/rehab, and college educations/training & cert in trades. Finally, I think our “justice” and incarceration systems, as well as our law enforcement (from street cop to fed) needs to be massively & radically overhauled from

the ground up. Shit, I guess I think the wealthy should be taxed harder than the poor because in the end one of them pays an amount that sucks but doesn't endanger any aspect of their life or future and the other pays an amount that actually affects their ability to pay their bills and try and move us in the world. I also think that everyone deserves a fair wage, because until we can all agree on that and understand that everyone wakes up wishing they could afford the minimum required for a decent life were broken as a society, because homelessness and hunger and desperation lead to misery and crime that no one can stop.

I have no fucking idea why I wrote all that shit out, I'll understand if I get downvoted to hide this comment. My point here I guess was to say that I consider myself a liberal. I consider the people trying to force others to refer to them as their spirit animal as crazy fucks. They are to liberals what the evangelicals are to conservatives, and honestly both extremes are critically detrimental to this country.

I read here a lot, soaking up information, always looking for that little nugget of something new to me, but I have absolutely noticed lately that this sub seems to have a pretty hard bend to the right, and it does suck to see.

I think we're all here for one of the few things in the world that we see eye to eye on, and we'd all do well to remember that! And just because I want more safety and security and happiness for my fellow people and others want more individualism and only-the-strongest-survive for those people does not mean we don't still have many other things that we all want. This sub is a fantastic place and we all know deep down that we're here because, in some way, we all want to better ourselves and improve our world as we experience it, and that's a good thing.

Improvement and more enjoyment and less stress/pressure is ALWAYS good, and something I think we ALL strive for, thus the communal hard work being done here to help out the fellow man. :)

Im_Not_Kevin • 10 points • 30 May, 2018 09:59 PM

Cheers man, appreciate the personal write up. If you care about the identity politics of it all you sound a lot like most of my moderate friends; open to new ideas/equal rights but not the obscene or unrealistic kind. I know you don't like the "bend to the right" this sub has; but when the rest of Reddit is so heavily liberalized I can see how this sub is jarring. Sorry it "sucks to see" but think about every Conservative that comes to this site anyway; this is one of the few subs that accept those political ideals. I don't agree with everything you write, but I'll always respect it because that's the true American way (and the true definition of Liberal ideology before it's more modern interpretation) and I believe in practicing what I preach.

"we all want to better ourselves and improve our world as we experience it"

You nailed it brother, that's what TRP is all about

TwistedPeanut • 2 points • 31 May, 2018 02:53 AM

Damn it I wish we had more people with your attitude in our country. We could really use it right now.

party_dragon • -4 points • 30 May, 2018 01:38 PM

Hence my quotes. Also, there's no rational people in politics.

[deleted] • -2 points • 30 May, 2018 08:44 PM

The left is cancer to males. End of story.

fridgefucker12 • -8 points • 30 May, 2018 03:14 PM

I think conservative plays a big part in trp because most of the core tenets are conservative in nature while the new leftist movement seems to be more focused on getting your girlfriend a black bull.

smirk_addict • 12 points • 30 May, 2018 05:22 PM

What the fuck are you talking about?

omega_dawg93 • 5 points • 30 May, 2018 07:32 PM

who knows what the fuck he's talking about... mixing sexual preferences & cuck fetishes with politics.

shit is dumb AF.

who the fuck gets naked and claims a political belief system before fucking?

red pill knowledge and thinking isn't new... it's been around... most of it handed down from guys working the streets (pimps, players, bad boys, etc).

now u see "redpilled" bumper stickers etc and people lining up the tenets with their politics.

PretendGeneral • 1 points • 31 May, 2018 02:53 PM **[recovered]**

What percentage of people who believe male and female minds work identically do you think votes democrat in the United States? What percentage of US Democrat voters do you think would identify themselves as feminist?

How often would you expect self-identification terms like "liberal" and "feminist" to co-occur? How about "conservative" and "feminist"?

What does TRP think about feminism?

There you go. It's a fundamentally conservative system of belief.

As for the black bull shit, opening up the sexual marketplace benefits women disproportionately. We all know this. The same with open relationships. Mainstream Hollywood and TV are pro-female sexuality--another thing that's been explained hundreds of times on this sub. Mainstream Hollywood and TV are also overwhelmingly liberal, as literally anyone can see. Almost all of them vote Democrat in the US.

So are you actually confused, or are you having a low-T leftist sperg reaction because you wandered in here from the rest of Reddit, an overwhelmingly left-wing site that despises TRP and has caused the mods here to frequently discuss and implement backup plans?

smirk_addict • 0 points • 31 May, 2018 03:26 PM

The only low-t sperg shit is this tangent you're going on.

[deleted] • 23 points • 30 May, 2018 11:46 AM

I think what has helped propagate SJWism and the Incel culture is the huge increase in the consumption of mass media in this decade. Some people back then were still inclined towards such ideologies but then when they met similar minded people it helped cement their ideology firmly, closed circlejerk furthering their view.

TheRedPillMonkey • 32 points • 30 May, 2018 12:33 PM

I think its social media more than mass media to be specific. But I agree. We now have our echo Chambers where a single voice can turn into a louder voice. You realize your views are shared and you think you're ideas are more common, appropriate, and well received than they are. You can also ignore all the haters, and compete for the most extreme view, masquerading as the most pure version of that view.

Ironically, that's true even with the TRP echo chamber.

comcain • 95 points • 30 May, 2018 09:21 AM

Women who are being bitches disqualify themselves from genetic selection. That's a heavy hit.

Good list, thanks for the post OP.

[deleted] • 46 points • 30 May, 2018 01:37 PM

To an extent. There are plenty of dudes with zero self-respect who would stay with them because they're hot or the dude just likes being walked all over.

AndyCandyHandySandy • 34 points • 30 May, 2018 05:05 PM

Power is a self-fulfilling prophecy. You tell yourself a girl is the best you're ever going to get and she becomes just that.

Not to go all poetic on you but it reminds me of the old game of thrones quote

"Power resides where men believe it resides. It's a trick. A shadow on the wall. And a very small man can cast a very large shadow"

The_Noble_Lie • 1 point • 30 May, 2018 08:19 PM

Great quote. Continuing along the analogy in the optimistic sense; great men can also cast a tiny shadow. Get out there and be confident, mold out a place for yourself without harming others (while being very honest with yourself) and you'll be just fine. There's a lot of great men here.

Women or no women. Of course, if you're doing it right and you make interacting with society somewhat part of your plan, it'll come naturally eventually.

MormonRedPill • 7 points • 30 May, 2018 10:21 PM

That's where you get the effect of girls who only have male friends. She knows she can inflict her unpleasant personality upon men and the men will just take hit after hit, because on some level those men imagine they'll get with her. For her, being around other girls is a lot more work, not because—as she claims—"girls are too much drama," but because girls won't put up with her repugnant personality; they have no desire to mate with her.

smirk_addict • 2 points • 30 May, 2018 05:25 PM

I think most men fall into those categories.

red_matrix • 22 points • 30 May, 2018 04:23 PM

These days women act like bitches, walk all over (most men) and reign supreme as Queen's of the club scene. Stay away from night clubs, unless you're in the top 1% of men. There's better places to get laid. I also think this sub has evolved beyond getting laid to being the best version of yourself. It's your life after all, don't waste it on chasing pussy.

DeontologicalSanders • 32 points • 30 May, 2018 02:59 PM

It is really important to understand that on the whole, women who are bitches **absolutely do not** disqualify themselves from genetic selection. Maybe from having a peaceful, healthy relationship; maybe from getting a guy as good as they might otherwise; but certainly not from having biological kids.

Behavior (being timid, weak, insecure, lacking ambition, etc.) disqualifies **men** from reproducing, but not women. Put quite simply, as long as she is not physically malformed or *horrendously ugly*, there will always be some chump with enough spending cash to keep her around long enough to fuck her/provide for kids that may or may not be his. In the dating/mating market, there are way more men that are sexually attracted to any given woman than there are men to whom that woman is sexually attracted. This by itself makes women economically scarce and inherently far more sought after than men.

To put it plainly, women can pretty much act how they want and be emotional, and no one cares. We don't hold them to nearly as high a standard as we do men; they know this, and act accordingly. It's just the way things have always been. The corollary to "no matter how hot she is, someone is sick of her shit" is more often than not "and putting up with it in exchange for some pussy".

[deleted] • 7 points • 30 May, 2018 06:51 PM

Agreed.

I'd rather a bitchy woman than a bitchy man, there's more value in a bitchy woman as bitchy men are not men lol

Iwannachokekatie • 1 point • 31 May, 2018 10:50 AM

The chick that is a bitch to you won't be a bitch to her chad.

dropitmike • 1 points • 30 May, 2018 12:30 PM **[recovered]**

They don't know any better. Just slaves to their nature and surroundings. You could say the same for most beta men or incels too. People who aren't aware of how they come across as. Sometimes it could be intentional but usually it's not.

comcain • 1 point • 30 May, 2018 12:34 PM

I agree with you. I was responding to a specific line in OPs post, is all.

HiFr0st • 39 points • 30 May, 2018 02:06 PM

Idk man, i came across TRP at around 2013, i was about 17 at the time.

It was a smaller sub, none of this chad stuff had really picked up. Atleast i felt like TRP was almost an "underground" thing. It helped me a lot at a time i had no father figure and the RP "truths" kinda fit in perfectly, didnt even go thru an anger phase

Now i feel like a spotlight has been shined upon TRP, and lots of people who havent done a day of applying any RP knowledge are posting stuff. Lots of posts seem to be more and more "extreme" in a way, and i feel like every month i need to be more and more critical of what i read, and who wrote it.

Now let me be clear, im far from a manly RP man, just that TRP has helped me tremendously, and really good posts still exist. Maybe its a byproduct of reading stuff on this sub for 5 years, but it feels like stuff is either repeated ad infinitum, or written by bitter people. One of my fears is to be stuck in an echo chamber, and its not something i want this sub to fall into.

So really, if i had any advice for someone who is starting TRP now, compared to 5 years ago, is to be very mindfull that some posts are almost fictional power fantasies, and that being stuck in echo chambers is very dangerous for your world view.

Diarrhea_Van_Frank • 1 point • 31 May, 2018 06:42 AM

TRP goes way back before this sub. I was involved with the manosphere for years before I even found out about reddit, much less this sub. There is so much more out there. Go read Chateau Heartiste's sidebar. Most of that stuff was from back when Roissy was still running it. I'm not a huge fan of Roosh, but Bang is a great book to start with. Go check out some of the stuff Matt Forney wrote as Ferdinand Bardamu. The Red Pill runs the gamut of opinions and ideas. Dig deep, man.

TRP_AnswerTheCall • 57 points • 30 May, 2018 12:57 PM

I would say Fate is the hand you have been given. Destiny is what you decide to do with it.

pencilcasserole • 9 points • 30 May, 2018 06:58 PM

Hellboy is a good example. Fated to end the world, says 'fuck that imma kill monsters'

saltyafrican • 26 points • 30 May, 2018 12:17 PM

Fate vs Destiny.

Most of us believe the freedom to make our own choices. That is why we choose our destiny.

Fate is basically the mindset that your life has already been preselected and whatever you do was fated to happen.

Are you religious to believe in fate over destiny?

hipfash3 • 14 points • 30 May, 2018 02:28 PM

Did you choose what color your skin would be? That's fate.

pulsarkid[S] • 15 points • 30 May, 2018 06:50 PM

Fate is the hand you're dealt.

[deleted] • 6 points • 30 May, 2018 03:26 PM

That's a deep question and a fair one at that. Fate does exist on some level. We don't choose our parents or our biological sex. We are who we are but we don't have a predetermined path.

saltyafrican • 7 points • 30 May, 2018 03:47 PM

LOL

We are not discussing biological probability. We are discussing life choices and taking control of your life in relation to TRP.

Exercise, self improvement, earning income, gaming girls...this is not fate but one taking control of their destiny.

hipfash3 • 15 points • 30 May, 2018 04:36 PM

I was trying to say, there are certain things you can't change. Those are fate. Of course you're in control of everything else. Like the four things you mentioned.

[deleted] • 7 points • 30 May, 2018 05:00 PM

Yeah but he's right. Fate does set certain boundaries of which you can exist and manipulate yourself and the world around you to your liking, within those fateful bounds. If you're born paraplegic, you have certain bounds that you operate in that are outside of your control. You still control what

happens within those bounds, but fate has largely decided a lot of what you can / can not do before you even get a say.

Koryphae_ • 1 point • 2 June, 2018 10:12 AM

No, that is not 'fate'. That is your life philosophy, the mindset you are operating in. If you think yourself with limits, you are with limits. If you think, however improbable something might be, that you have no limitations. Essentially you adopt the physics principle that there are no events with 100% or 0% probability.

[deleted] • 1 point • 3 June, 2018 03:40 AM

If you are born without legs your fate is that you never have legs. You might get prosthetic legs, sure, but you never have your own legs. That is your fate. You can get prosthetic legs and learn to use them with the efficiencies of a normal person, but you never will have your own legs. This is literally what i mean by operating within your fateful bounds.

If you were sexually abused by your father as a child, that is your fate. You can still work very very hard to heal and have a normal adult life, but it doesn't change what happened when you were a child. You are operating within those fateful bounds.

This can be transposed onto infinite scenarios. I don't comprehend what you're saying.

Koryphae_ • 1 point • 4 June, 2018 03:24 PM

You do not comprehend because the bitching/victimhood caused by social conditioning is clouding your way. The fact that you engineered a scenario to prove me wrong actually proves my point. Your social conditioning, i.e. the fixed mindset, ego, whatever you want to call it, makes up excuses which suit to whatever is on the topic. If every great man thought this way, we would be nowhere with our society.

But do not fret. You can learn to let go of this box you operate in.

[deleted] • 1 point • 4 June, 2018 04:57 PM

I'm not a victim like you claim. I'm merely demonstrating the definition of the word "fate" which is a real word. Look it up.

"the development of events beyond a person's control"

If a drunk driver hits me on my way home from the office tonight and I die, that's my fate. Please tell me how my social conditioning caused me to be a victim in that scenario.

Koryphae_ • 1 point • 5 June, 2018 07:28 AM

Okay, English is not my first language and words 'fate' and 'destiny' are translated pretty much to same word in my native language. That threw me off a little bit.

But the logic behind your earlier statement and the drunk driver example could be summed by the following example, in sexual strategy terms: Indians are having harder time with white girls and therefore should accept the fate/destiny. That is exactly the opposite I am trying to convey to you. This fixed mindset. Thoughts are powerful and as soon as you set limits to yourself, you are shooting yourself in the foot.

[deleted] • 1 point • 5 June, 2018 01:18 PM

Nah Indians shouldn't accept THAT as fate, because that isn't fate. That is an obstacle that likely needs more work to overcome than white dudes, but Indian dudes bang hot white chicks every day my man.

Now, there will be some specific women who are just not into Indian dudes. Maybe they are stupid or racist. Those women are probably not worth the effort for an Indian guy because she is unlikely to change her mind. But there are millions of white women who will fuck the RIGHT Indian dude.

CaptainBW • 1 point • 30 May, 2018 06:49 PM

Not so much one versus the other as it is a combination of both...there's a very Yin & Yang type thing happening here

Ayrab4Trump • 1 point • 30 May, 2018 05:07 PM*

Fate is just what you wind up doing.

Ie; say you chose all your own choices and your story is complete. We would say, "He was fated to post on trp and chase chicks and have 9 children".

In this sense, 'fate' and 'destiny' get used interchangeably.

U-94 • 1 point • 30 May, 2018 08:58 PM

Yeah on I'm on the fate side of things. You have free will in a lot of minor things but I think for each person, there's a specific force driving their lives in a specific direction. It's like if I said you were destined to live in the West. I couldn't tell you where or how or why but you're gonna end up somewhere in the West.

MattyAnon • 124 points • 30 May, 2018 10:56 AM

1. FATE

Fate is a made up reason that people made up to absolve themselves of responsibility. You make your own rules, you are not "fated" and neither is anyone else.

Rest is all great though.

III_III_III • 119 points • 30 May, 2018 12:21 PM

We are not all blank slates either. If you are 5'2, you could say you are fated to never play in the NBA. Simply not going to happen. All the determination in the world will not overcome that.

holalexa • 29 points • 30 May, 2018 03:02 PM

I like the basketball analogy.

I think Fate is just what you call odds. If you are short, your odds of playing in the NBA are bad. It's useful to understand the time you have to overcome the odds because once you are above 35 there's no way you will be playing for NBA. Not impossible but highly improbable and here we talk about generalities.

It's just like the Wall. You are given certain time to make the most of what you got. If you are born with good genes, your odds are better.

I think that's one reason TRP tends to suggest solutions which are general in nature rather than extremes

and rightly so.

vengefully_yours • 10 points • 30 May, 2018 04:08 PM

Fate it's not the best word, even for that basketball analogy. Fate means you have a destiny that you can't escape. No matter what you do, it will happen and you've got no choice.

Fate is quite contrary to reality. Who you are, where you go, what you do, are all based on your choices. Your base personality develops early, and it doesn't change much as we age. What we want and like does change, but not our basic personality unless we suffer head trauma. Nothing is guiding you nor your life, it's a combination of random chance resulting in opportunity, and opportunity you manufacture for yourself. It's your choices that dictate which random and not so random events affect you.

Matty is right, fate is similar to god/religion in that it allows people to absolve themselves of responsibility when they fail or do something fucked up. I couldn't help it, it was inevitable. Fuck that, a choice somewhere was the impetus for that action. While the choices of others can affect you, your choices affect you more. Genetic traits are not fate, you are what you are, and you can either make yourself into something you think is beneficial, or not. Fate is a copout

III_III_III • 1 point • 30 May, 2018 04:24 PM

I agree that fate is not the best word, it is more just something that acts like fate. Obviously there is no guiding hand ensuring that things go a certain way, it's more just that there are certain statistical realities. We can build jails to hold future criminals, even though right now they are only children who have committed no crimes. We know that some will, and can approximate a pretty good estimate based on available data. Is this the hand of fate? No, it is just observing inevitable patterns in human behavior.

I think using fate as a cop out is bad, but so is going too far in the opposite direction; you end up delusional and detached from reality if you take the stance that no one has any limitations except for their own grit.

iamanalterror_ • 1 point • 26 June, 2018 09:06 AM

Fate is the wrong word here; Fate implies a single destiny, but we here at TRP all know that a man can achieve many different things, even if he is 5'2.

I can't think of a specific single word to describe what you're referring to, so I'll just describe it as not playing to odds that aren't in your favour (which is the contrapositive of playing to your odds).

You're right though. Play to odds that are in your favour. Try and avoid ones that aren't.

Unrealenting • 1 points • 30 May, 2018 12:45 PM **[recovered]**

That's actually not true. https://en.m.wikipedia.org/wiki/Muggsy_Bogues

A strong frame and lifting can get you anywhere in life if you're determined enough.

[deleted] • 8 points • 30 May, 2018 01:08 PM

One guy out of 50 million isn't instilling a lot of confidence. It's about luck at that point.

RedKingRising • 6 points • 30 May, 2018 02:11 PM

Luck is when prep and opportunity meet. If you aren't prepared and you are blind to your chance by a shitty mindset you won't make it. I've been unlucky in the past and it was because I was unprepared or blinded by doubt and negativity.

Unrealenting • 1 point • 30 May, 2018 01:38 PM*

Make all the excuses you want, there's still a chance.

Do you think the Spartans gave up just because they had a tiny chance? Or the Ronans? Or the American colonialists? Fuck no. They gave their all and won. Success isn't guaranteed but if you don't even try then failure certainly is.

360NoSnooper • -2 points • 30 May, 2018 01:15 PM

..or all other 50 millions are giving 80% while he gave 120%

But I agree, when we talk about genetics as height, etc. we could talk about fate.

LiveAFTSOV • 2 points • 30 May, 2018 02:03 PM

The exception proves the rule.

360NoSnooper • 11 points • 30 May, 2018 12:14 PM*

Took it from my mind. You create your own fate, betas wait for it to fuck them. Either go and make your fate on your rules, or wait for it to make you on it's rules. Both is right, but we all know which is better. It's your choice.

Or, we couls say: it's faith's choice. Na-ah.

Overall, good post.

NibblyPig • 18 points • 30 May, 2018 01:22 PM

Yes, but the op isn't making that point, they're saying we all have different paths through life so you can't assign a measure of success in absolute terms.

Like, you can't say if you fuck 10 women a month that is success. One guys mission might be to live in the woods, one guy might have been partying it up since he was a kid and thus meet girls non stop.

Fate isn't an excuse for not fucking 10 women a month, since you should do whatever you want but don't hold yourself to the standards of another person in a different situation.

If you meet a unicorn and are in a 5 year LTR that doesn't make you less of a man less alpha or less successful than someone that fucks different 2 girls a week.

o0joshua0o • 6 points • 30 May, 2018 01:40 PM

I think OP is using the word fate, but he really means *will'*. What is it that you really and truly want to pursue in life, in your heart of hearts? Maybe it's not pickups or a relationship, and that's okay. Confidently pursue your self-determined purpose

pabz_is_keww • 7 points • 30 May, 2018 02:29 PM

Totally agree. Fate is a mental construct of the weak and the lazy. Make your own fate.

clavabot • 5 points • 30 May, 2018 02:19 PM

Fate is lie told by the gods

selux • 3 points • 30 May, 2018 03:19 PM

The only fate we all have is inevitable death. Memento mori

harry_lawson • 2 points • 30 May, 2018 03:24 PM

Not necessarily. A not-so-common philosophical belief is 'Hard Determinism' which argues that we don't even have free will as humans due to cause and effect. Interesting stuff.

MattyAnon • 3 points • 30 May, 2018 06:10 PM

A not-so-common philosophical belief is 'Hard Determinism' which argues that we don't even have free will as humans due to cause and effect. Interesting stuff.

Yeah. God this is tough. Because when you say "you are deterministic and random, there is no such thing as free will", people act differently to "you are in charge of your own destiny and can decide for yourself".

Personally I believe in hard determinism. Plus inherent randomness. But no such thing as free will.... free will just has no meaning when you break it down.

But as soon as you say "hard determinism is fate and it's predetermined"... something inherently true... people choose to be apathetic. Which is an odd response if you think about it. It's like we as humans cannot comprehend or have no concept for "deterministic INCLUDING your own actions"

harry_lawson • 1 point • 30 May, 2018 10:35 PM

I think the main issue with acceptance of the theory is that we as humans have the perception that we are acting due to our free will, so whether or not our actions are predetermined is ultimately irrelevant. This kind of makes the whole theory redundant.

averagenoodle • 1 point • 30 May, 2018 03:03 PM

I think when OP says Fate, it isn't the mystical belief that we're used to hearing about, rather it's things that are out of your control (her feelings, her emotions etc.) And no matter how well you do in a scenario some things are just out of your control but still affect you.

Aywing • 1 point • 30 May, 2018 04:01 PM

It depends on how you define it, for me it is the path you find yourself walking in when you're giving it your all and focusing on what truly matters, do it long enough and the noise disappears, your decision making becomes less dependent on pros & cons and more on gut feeling, and somehow it always works out.

TheAC997 • 1 point • 30 May, 2018 06:40 PM

He seems to be talking about listening to your subconsciousness, and not fighting too hard against natural tendencies

CHAD_J_THUNDERCOCK • 33 points • 30 May, 2018 01:41 PM

Some things have changed for the better:

you now aren't mocked for acknowledging and believing in alpha/beta males and behaviours. As recently as 2012 people would laugh at you and groups of people would mock you. But now its just too obvious as most people have seen the power law differences in number of likes on facebook and matches on tinder.

In 2012 you could not criticise feminists AT ALL. Like one friend heard I said something against feminism in 2013 and I faced tremendous negative social consequences. But things changed slowly. Now lots of people think a lot of feminists are crazy. And its quite mainstream now to talk about the gender pay gap not being accurate representation of reality and preferences. I still remember when the first video that made feminists look bad went

mainstream on r / videos in like 2014, it was the beginning of a seismic shift.

The media has only gotten worse. When I watch BBC news there are 3 main stories. ALWAYS one of them is about feminism and how we aren't doing enough, and usually one of the other reports is semi-feminist in nature. Also the universities and schools have gotten worse. It used to be that Obama forced Title IX on universities. Now Trump has reversed Title IX and *the universities are saying they will not follow and will continue to enforce Title IX*. TRP used to talk about Title IX a lot but now doesn't.

The cultural marxists have jumped the gun with all this 'white fragility' 'male fragility' stuff. It only hurts them. But on the other hand, I do now see tweets with 100K retweets saying things along the line of "kill all men".

Gyms have changed due to social media. In 2013 London I struggled to find a squat rack in London!!! I found a couple gyms with ONE rack, each was £80/month and £500 upfront cost. Now there are low cost gyms everywhere, for £20/month with no upfront cost, each with 4 power-racks and huge free weight sections. Protein powder is now mainstream - I used to get *shamed* for using it. People thought it was cheating, or steroids, or pathetic, or whatever. Now supermarkets have small aisles for it.

okuli • 3 points • 30 May, 2018 06:11 PM

you now aren't mocked for acknowledging and believing in alpha/beta males and behaviours

In USA it's a taboo, you can't mention it with colleagues, friends, etc. Maybe with close friends you established rapport you can discuss that stuff. Try mentioning alpha/beta on AskMen as an experiment.

falecf4 • 2 points • 30 May, 2018 04:27 PM

Here he is...I found Chad! OP said you don't exist. At the time I wasn't aware of any of the things you just pointed out but looking back you are right on.

Not sure why your other comment got deleted.

Volt52121 • 1 points • 30 May, 2018 02:00 PM **[recovered]**

FATE is what I never see talked about much in this community.

TRP advocates owning your shit. Becoming 100% fully self-validated. It's quite hard to achieve and really takes years of mental awareness. **Truth is, there's nothing clear about adulthood**, or inter-gender dynamics, or society and life in general. **Everyone is just winging it with more and more hindsight**. This is why certain things become clearer as we get older, but tons of other things are still not in our control. Ascribing AWALT or Hypergamy theories are really just a way to deal with some of the things that are NOT in our control.

SgtBrutalisk • 1 point • 30 May, 2018 04:19 PM

Fate happens to inert objects and unconscious beings, destiny is what men fulfill of their own will.

AJ_Ak47 • 7 points • 30 May, 2018 11:37 PM

"Your needs matter alot"

All my life my friends tried to help me pick up women, it wasn't until I realized, I matter just as much as the girl I'm trying to pursue, and I matter more to myself than the girl I'm trying to pursue; that's when I started having success and truly applying what I learned.

redrogue12 • 27 points • 30 May, 2018 12:19 PM

Bunch of triggered people because of a word.

o0joshua0o • 4 points • 30 May, 2018 01:30 PM

Excellent post with some really good points!

I like the emphasis on pursuing your own needs rather than anyone else's. It's fine to pick up women, but if your only sense of self-worth comes from that activity, you need to work on yourself.

BaronRyder • 6 points • 30 May, 2018 02:51 PM

This should go in the sidebar

thewayshergoesbahd • 5 points • 30 May, 2018 03:49 PM

First TRP post ive seen I could really relate to in months. Great post.

screwston281 • 11 points • 30 May, 2018 09:46 AM

You're right about fate though.

scissor_me_timbers00 • 11 points • 30 May, 2018 11:10 AM

I'm interested to hear more opinions about this. My current view is that much of what we call fate is just the shit you're currently too powerless to control. But conceivably if you pulled your head out of your ass you could seize the reigns of what you now call "fate". Belief in "fate" like this is what creates this incel community bullshit. They just believe it's their fate. So I'm deeply skeptical of the idea although I won't entirely dismiss it. Thoughts anyone?

WastingTimeHereAgain • 7 points • 30 May, 2018 02:28 PM

There's multiple studies suggesting that humans may not even have free will

Many scientists say that the American physiologist Benjamin Libet demonstrated in the 1980s that we have no free will. It was already known that electrical activity builds up in a person's brain before she, for example, moves her hand; Libet showed that this buildup occurs before the person consciously makes a decision to move. The conscious experience of deciding to act, which we usually associate with free will, appears to be an add-on, a post hoc reconstruction of events that occurs after the brain has already set the act in motion.

However, to complicate things, whether or not you *believe in free will* can impact your actions.

Yes, indeed. When asked to take a math test, with cheating made easy, the group primed to see free will as illusory proved more likely to take an illicit peek at the answers. When given an opportunity to steal—to take more money than they were due from an envelope of \$1 coins—those whose belief in free will had been undermined pilfered more. On a range of measures, Vohs told me, she and Schooler found that “people who are induced to believe less in free will are more likely to behave immorally.”

In another study, for instance, Vohs and colleagues measured the extent to which a group of day laborers believed in free will, then examined their performance on the job by looking at their supervisor's ratings. Those who believed more strongly that they were in control of their own actions showed up on time for work more frequently and were rated by supervisors as more capable. In fact, belief in free will turned out to be a better predictor of job performance than established measures such as self-professed work ethic.

So it seems its best to believe you can change your fate, but don't fault others or yourself too much if you fail.

rogueman999 • 1 point • 24 June, 2018 01:32 PM

To get out of this trap you have to define what "Free Will" means in advance.

Is it freedom from outside influences? Is it possibility to change? Is it a homunculus inside your brain that makes decisions?

We're naturally evolved computers with massive *functional* parallel architecture. Of course in some parts of the brain you'll see signs of the "decision" before the whole brain gets around to actually making a decision. This is just peeking under the hood, has nothing to do with free will. Unless of course you define free will as "decision is made by the soul and teleported instantly into the brain".

SgtBrutalisk • 0 points • 30 May, 2018 04:25 PM

Free will is the only innate property we have against the overwhelming chaos of the universe. The two can be equally matched but free will needs to be exercised daily.

fakenate1 • 8 points • 30 May, 2018 12:15 PM

I am fated to never be a US senator. My grandfather died homeless on the streets, the ORange county Sheriff ran my father the hippie out of town so many times, that his shitty hearse would be pull over as soon as he crossed the border.

my family isn't prestigious enough to do anything like that. No matter how much I pull my head out of my ass I will never be a senator from California.

There are lots of things we can control, there are tons more we cannot.

RedKingRising • 4 points • 30 May, 2018 02:16 PM

Do you want to be a senator from California? I don't want to be a NASA astronaut, a cowboy or a computer programmer. I don't consider that part of my fate worth mentioning. Seems irrelevant.

360NoSnooper • 1 point • 30 May, 2018 12:26 PM

As u/MattyAnon said, fate is just an excuse to not do something because it is easier to say: "well, that's faith, theres nothing I can do about it" rather than go and do something about it.

Also interested in other opinions here.

LiteVisiion • 7 points • 30 May, 2018 12:45 PM

I think the concept is more about what you are inclined to excel at vs what you aren't.

100% of olympic athletes worked their asses off to get there, no doubt. It is unfortunately not the only criteria. Not everyone that works their ass off will end up on an olympic team, yet alone win a medal. It's not a reason to not try, it's just a statement that maybe someday you'll peak before getting all the way to the top.

Fate comes in as a way of saying that you are by default good at stuff and bad at others, and to maybe choose what you're good at to try and excel.

Interested as well to hear other point of views.

GuruDev1000 • 2 points • 31 May, 2018 04:38 AM

Well said. Point 5 in OP about Fate was the most interesting to read.

[deleted] • 3 points • 30 May, 2018 01:53 PM

This is definitely post of the day.

dingman58 • 4 points • 30 May, 2018 02:45 PM

Good, rational post from somebody who's been in it for years. Thanks

dinnerwithunions • 4 points • 30 May, 2018 03:55 PM

Nice post man. I've been around myself since 2009ish when I started reading/posting on the DJ forums. To this day I still think the book of pook is bible tier when it comes to self improvement and pick up. Read the game too but it was more of a fun story than theory to me.

Also on point ten.. lots of us don't realize it due to the disappointment, but fucking up is the best way to learn. If you're not fucking up you're not challenging yourself. Embrace failure because it shows you dared to take a step up toward progression.

SgtBrutalisk • 3 points • 30 May, 2018 03:56 PM

Feminist pushback is due to political influence any organized group of men exerts.

saibot83 • 2 points • 30 May, 2018 11:44 PM

Just look at current day film and tv, hell... all media. Nothing but insidious propaganda.

AnyDoughnut • 4 points • 30 May, 2018 08:29 PM

Good post.

11: Be more selective in the vaginas you stick your pickle into. Many new red pillers seem to want to work on quantity. Sure, banging new vagina is tons of fun, but exercise your better judgement. Even if a broad is hot, what's between her legs isn't worth drama or headaches. If your gut is telling you to stay away from a broad for whatever reason, back off of her. Don't let your pickle do the thinking for you.

A_yoshi_Egg • 21 points • 30 May, 2018 09:24 AM

Redpill preaches power in the hands of the beholder. FATE does not apply. Redpill theory in practice will help you change your "fate."

restoreroformality • 8 points • 30 May, 2018 05:35 PM

I don't know if this is welcome here, but I'll say it anyway. I tried to get into TRP but it's just overwhelming to me. It seems like a lot of it is just having to totally bullshit your way through it. I've accepted this is how things are, how the game works. But I'm just not made for it.

One great thing is that this sub has helped motivate me to start working out again and regularly. But as much as I like girls and like getting laid, it just doesn't feel worth it, especially in today's climate. I've seen posts here, either in guides or stories, talking about making sure to send a girl a text the following morning to give yourself insurance against false rape accusations. What the fuck. The fact that is necessary fucking scares me - why do I even want to remotely risk being in that position? Or what if a condom breaks and pregnancy happens. Or I'm told I got her pregnant and it wasn't even me. Or I get an STD, which condoms do not always protect against it? Sorry but it's just not worth it to me. Godspeed to all of you. But unless/until there's a major societal shift, I'm just gonna be jerkin' it.

ProductivityMonster • 1 point • 30 May, 2018 10:15 PM

Depends how low your standards are (are you trying to date trashy girls who do this sort of stuff?) and feels like a bit of a cop out.

restoreroformorality • 2 points • 31 May, 2018 12:53 AM

How do I know if a girl is trashy and would do this sort of stuff, until it actually happens?

ProductivityMonster • 1 point • 2 June, 2018 10:16 AM

you actually talk to them for a few days to get to know them before asking them out to see if they are a bit crazy...obviously there's no magic solution to know 100% if she'd do these things, but you can get a feel for a person's values/morals.

[deleted] • 7 points • 30 May, 2018 07:12 PM

Incels are just guys that haven't even begun to start trying. They are lost. The people talking about them have some weird agenda. Just ignore them.

This x100. Incels are being used by shadowy leftist groups to create a narrative where people like Jordan Peterson are creating these alt-right incel terrorists. It really is propaganda.

RedPlanetMan • 1 points • 30 May, 2018 09:54 PM **[recovered]**

They are being scapegoated? I mean, I think that is what is happening and they themselves have put themselves in that position of weakness by failing to do the work.

[deleted] • 1 point • 31 May, 2018 12:01 AM

I agree that they are failing at their job as men, their misery is being co-opted by powers larger than them.

gains_o_clock • 3 points • 30 May, 2018 06:05 PM

great post honestly and a good read, btw what is a DLV spike?

pulsarkid[S] • 4 points • 30 May, 2018 06:39 PM

Display of lower value. Pickup term.

Mystery said it only takes ONE DLV spike to ruin your chances with a woman. He's mostly right.

throw_it_away_like • 7 points • 30 May, 2018 05:12 PM*

I got into pickup in the late 90s when I found Ross Jefferies stuff in the bowels of the internet. It really worked well back then since nobody had even heard of it or believed it worked and the way you met women was going out to clubs and you had limited competition from the other guys there that night.

Now with hookup apps and what not, it's much more about how you look than anything else and the top 20% of guys have a whole automated supply chain of women to fuck and the rest have to get the leftovers or at least women looking to settle down with some good enough beta bucks.

Porn is bad because it is a huge waste of time. Fap if needed, but don't waste hours browsing porn.

Don't do gay stuff unless you're gay. It's just going to screw with your head and make your life more complicated.

Fate is overrated. Have a vision for your future.

Incels are a depopulation plot. Low value guys should go to Latin America or South East Asia and live it up for awhile to see the whole world doesn't have the awful gender dynamics of America.

pmmedenver • 5 points • 30 May, 2018 04:26 PM

SJW and Incel are different sides of the same coin. Both are confused, lost unfuckable weirdos that vigorously

waste their precious time and resources on a lost cause.

vandaalen • 3 points • 30 May, 2018 05:56 PM

If you are not getting laid, because you can't and no woman would even touch you with a stick you are the epitome of a loser and that will never change.

If you got women left and right wanting you to fuck them, but you refrain for logical reasons that's another story.

There is nothing like "fate". Self-fulfilling prophecies, born out of self-delusion, yes, fate, no.

heartbroken_nerd • 1 point • 31 May, 2018 03:23 AM

Thank you... I thought I am going crazy. I made similar comment and OP is arguing otherwise.

I just can't. How is this thread still on the frontpage? I know 90% of it is fine but this 10% about "fate" and "not being a loser if you can't get laid" is so toxic it will poison many newcomers right from the get go if this is one of the first posts they see.

KeffirLime • 7 points • 30 May, 2018 09:33 AM

Fate is not some ethereal concept that just happens to you. It's manipulating what you do have to put yourself in a better standing.

Most of the time what happens to you is directly in your control

averagenoodle • 2 points • 30 May, 2018 03:04 PM

Can someone elucidate the "Porn" bit? And why is it bad?

Revo_Luzione • 13 points • 30 May, 2018 05:33 PM*

Porn is a "supernormal stimulus" from an evolutionary perspective. It creates dopamine highs that are far above what our ancient ancestors would have experienced, which is what makes it addictive and damaging, by rewiring your dopamine circuits to desire an ever-increasing stimuli load. It's a vicious cycle.

Further, orgasming to porn as opposed to with a real person does not release the balancing hormonal effects of oxytocin and vasopressin, which mediates the dopamine overload.

o0joshua0o • 11 points • 30 May, 2018 08:20 PM

Sounds like the sexual equivalent of refined sugar

brocklanders3791 • 11 points • 30 May, 2018 05:04 PM

zero-effort exaggerated, perfected, idealistic and unrealistic fantasies damage any/all future healthy relationship(s). you'll have a very, VERY difficult time having, keeping or obtaining a relationship (in any capacity) with a girl who is "less than perfect" because you've trained your brain to achieve what you want without having to "deal with" her looks or behavior.

SgtBrutalisk • 6 points • 30 May, 2018 03:59 PM

Orgasming to porn short-circuits brain patterns.

jshtx2117 • 2 points • 30 May, 2018 03:58 PM

The failures are stepping stones to success.

falecf4 • 2 points • 30 May, 2018 04:22 PM

Ah, 2008, back when I was considered a "metrosexual" for grooming myself and caring how I looked.

The book The Game changed my life. Mystery Method was too formulaic even for more analytical self. The Mystery tv show though had enough good examples that you could follow that path to get started. It was on VH1 I believe.

Ch1pp • 2 points • 30 May, 2018 04:50 PM

Pay attention to subtext. SUBTEXT.

I don't know if that was meant to be ironic but it made me laugh.

BlackFallout • 2 points • 30 May, 2018 11:56 PM*

One of the things that really started standing out to me was how I look at girls. I used to be with girls just because they are pretty, that was enough for me. Then after failure after failure I realized deep down I hated those women for their fucked up personalities. I didn't even know a pretty girl that was also a good person with a nice personality existed. I just stayed in the relationship and dealt with these girls dumb bullshit because that's all I knew. Trying to find a pretty girl that isn't a stupid cunt is fucking impossible. Recently I met one girl like that. I don't want to say she was a unicorn but fuck if that's not what it felt like. She actually inspired me to get back in shape and I lost 37lbs over the last 6 months and started school to finish my HVAC engineering. I'm not going to fuck with her. I can go back being amazing and start taking care of myself like I should have been doing. People ask my how I'm doing and I say amazing. The thing is I really mean it when I say it.

qwertyuiop111222 • 2 points • 31 May, 2018 12:23 AM

Women have to carry a baby for nine months. That's why this all seems like so much work. If you don't like it, strive or **get to know your bisexual side**.

Oh, cracks me up! Well said!

UnfriendlySololutions • 2 points • 31 May, 2018 03:04 AM

This is the first level headed post I have seen in a while on this sub. Good stuff

Nautica51o • 2 points • 31 May, 2018 07:35 AM

This was exactly what I needed to hear.

I just turned 20 but I feel like I've come to learn a lot of this and that now it's just a matter of time and investment before I become someone who's great. I feel like what you talked about is what many people over complicate and that you simply have to trust the process. This could narrow down to anything from girls or even a passion. If a girl's into you she won't make you dance and jump through hoops, I wouldn't waste my time on them. Likewise, if you do what you are truly drawn to you'll find a way to become successful, maybe it might not open up immediately. Trust the process. Be patient.

I say this because I make music, beats more so. It's something I couldn't pour enough of my time into and I know that the more time I put into my craft, the greater the pay off (not monetarily speaking). I want to be the best and I know I can do it. I'm not scared of failure, I don't let my successes inflate my ego, and most of all I don't doubt myself.

I think that I have the right mindset and that people are always trying to test me against mine. They're always fighting to dominate a frame but these are all distractions from the reality of who you really are as a person which is something you work on, it is something you build, you bleed and pour countless hours of energy and sweat into and that when you become that person no one can shake that, there is no denying reality.

Bing_Bang_Bam • 4 points • 30 May, 2018 03:32 PM

I'm personally trying to develop psychic abilities. Its not that weird, back in the sixties there was a lot more experimental efforts like this and that's where recycling came from and a bunch of other stuff.

Anyways I'm just saying women won't lead us to a new and better place. I'm convinced they ruined the space program by making it lame. The whole point of exploration is to leave those dumb bossy hags far behind. Just ask Columbus or the Vikings.

SgtBrutalisk • 4 points • 30 May, 2018 04:28 PM

CIA Gateway experience research official document.

mertiy • 4 points • 30 May, 2018 09:31 AM

You lost me at the fate part

Gozsayin • 15 points • 30 May, 2018 09:53 AM

He just saying everyone gonna have a different life. Your fate is usually in your own hands though but naturally we all can't all be Chad.

redpill_quest • 2 points • 30 May, 2018 09:57 AM

I thought he lost me too, but what he means is probably that you can't change your genetic lottery too much. True. Luck and genetics sometimes are too strong to become successful. You can always try your best though, what else can you do anyway?

alucardluk • 9 points • 30 May, 2018 10:13 AM

I kind of took it as not everyone is going to be fulfilled by cars or material goods or their job. Find what your calling is and what you love, not what everyone else is saying or telling you to do. Essentially, do what the fuck you want (within reason).

positivecrystal • 4 points • 30 May, 2018 11:51 AM

you give me a lambo and i will be fulfilled for years.

alucardluk • 3 points • 30 May, 2018 11:52 AM

More a mustang kinda guy myself :P

kluger19 • 0 points • 30 May, 2018 12:07 PM

Give me a Toyota Kluger and I'll be happy

Lmao

tallwheel • 1 point • 31 May, 2018 08:29 AM

Lambo's may be sexy AF, but they are brand name commercial goods, nonetheless. Unless you are loaded with disposable income, learn to be happy and content with something more reasonably priced.

telytuby • 2 points • 30 May, 2018 12:22 PM

Thankyou for this post it's great- you might need to clarify the fate part however. Interestingly no one has picked up on the part that really stuck out to me which was that this used to be about picking up girls, not about some of the shit that's recently been posted.

jeffwingersballs • 2 points • 30 May, 2018 02:38 PM

This isn't a community just for conservatives or liberals. It transcends those boundaries.

Yes, if you are liberal and you want to improve, by all means, but it seems to me that side of the aisle is against masculine improvement.

Hibear • 2 points • 30 May, 2018 05:10 PM

Women have to carry a baby for nine months. That's why this all seems like so much work. If you don't like it, strive or get to know your bisexual side.

If you don't like it, strive or get to know your bisexual side.

I seriously don't agree with this pretty preposterous statement

Gozsayin • 1 point • 30 May, 2018 09:51 AM

Excellent

DarkWhale___ • 1 point • 30 May, 2018 10:48 AM

Great post

ZahrGould • 1 point • 30 May, 2018 02:28 PM

This is the shit that keeps this sub legible. Thank you

Aywing • 1 point • 30 May, 2018 04:02 PM

Loved your focus on individuality and capitalizing on your strengths, solid no BS advice, thanks!

[deleted] • 1 point • 30 May, 2018 04:28 PM

To expand on your fate narrative, it comes down to personality type. People scoring high in openness will want to have different experiences than those high in conscientiousness.

Alpha_Jedi • 1 point • 30 May, 2018 06:37 PM

An interesting topic...I agree with some of these points but I think the important questions to ask is where is this all headed? The PUA's inadvertently gave rise to the Red Pill, but where is the Red Pill heading and giving rise to? Some interesting food for thought...

yeolderazzledazzle • 1 point • 30 May, 2018 07:06 PM

Masterpiece. Highly evolved. Thank you.

Shaney96 • 1 point • 30 May, 2018 09:08 PM

What fucks me off is the hamster telling me "you're just making excuses" if I don't do all of X, Y, and Z. This just adds to fucking anxiety as I'm out. "See that girl you really dig? So what if she's with a bunch of friends and you haven't socialized in a couple of weeks and feel anxious, go hit on her!".

Trvspkt • 1 point • 30 May, 2018 10:24 PM

Good basic post. Can't disagree with much but I think you can choose your own fate. Sounds a bit excusey.

[deleted] • 1 point • 30 May, 2018 10:34 PM

Ignore incels at your own peril... and theirs.

heartbroken_nerd • 1 point • 30 May, 2018 11:05 PM

Before obsessing about getting laid, ask yourself, do you care that much? Most guys are programmed to think that if they aren't getting laid they are losers or something. You're not a loser.

Yes. Yes, you are a loser, in more than one way. Stop feeding blue pill fantasies to spergs around here. At the very least, you are a loser from genetic game point of view. Your genes will not be passed further. Your body has failed to achieve it's purpose: to propagate your genes further. You have absolutely and utterly failed as a human being within the confines of genetic game. That's a loser right there.

Now, of course you can go and hamster out of this genetic game by rationalizing "But I don't want to play this game, I don't care about my genes! Fuck 'em!" - and that's alright, you can do that.

You have every RIGHT IN THE WORLD to check out of propagating your loser genes. That doesn't mean you're no longer being a loser.

When you say:

Some people are fated not to have too many relationships, and not because they are loser omegas or betas.

The spergs hear:

I can eat pizza, drink cola and jerk off all day long, it's my fate to never feel the touch of a woman. I won't worry, though - it's okay, because I am a beautiful skinnyfat snowflake of a man!

pulsarkid[S] • 5 points • 31 May, 2018 01:41 AM

Thinking you're a loser for not getting laid, makes you a loser. Getting laid so you won't feel like a loser, means your a loser.

heartbroken_nerd • 1 point • 31 May, 2018 03:11 AM*

Losers don't get laid precisely because they are losers. Getting laid is a lagging indicator of your mastery of all the different aspects of life.

As I said, there is more than one way to look at it but no matter how much hamster you apply to this, you won't convince me a male human being can fulfill his biological imperative while unable to achieve sexual intercourse with women. If you can't get laid, then it's because you are a loser.

Let's differentiate two situations: choosing not to get laid and not being able to get laid. These are two completely different things.

hoosing not to get laid is fine. However, if you can't get laid in the first place if you tried, you might be able to fool yourself into thinking it's alright, but you're not fooling us.

Same way if you say you are a pacifist and never start physical fights with anyone and expect to be respected. If you wouldn't be able to actually take the fight anyway, then you are a pussy, not a pacifist.

It can be boiled down to:

"There is nothing noble about avoiding an activity and it is a sign of weakness, unless you make that choice from a position of power."

You're advising losers to stay losers by allowing them to believe it makes them less of a loser if they frame it a certain way. Sorry, no. They are still losers, it's just their hamster runs a bit faster.

ReadLiftMeditate • 1 point • 31 May, 2018 03:42 AM

No one is “passing on genes” by fucking random hoes. Our biological purpose is to impregnate a women to eventually raise a child. Fucking drunk bitches isn’t our biological purpose, it’s just a rush of pleasure and really is meaningless in the grand scheme of things. However, that is not to say that sex can be amazing and may lead to higher self-confidence in a man’s life.

Key is to do what makes you happy. Does having sex with as many women as possible make you happy? Great then go ahead and own that shit. However if someone doesn’t choose fuck around like crazy then that’s fine, and most certainly doesn’t make them a loser, considering they may be very successful in other aspects of life. You sound like a pompous fucking douchebag and this comment was the most “sperg” thing I’ve ever read on this subreddit. Fuck off.

heartbroken_nerd • 1 point • 31 May, 2018 03:52 AM

You're missing the point. It's not about passing on the genes. It's about your capability to do so. You don't have to have children at all.

I went a bit more in depth in the other comment I made in this chain, so you can go check that out.

I'll quote a small part of it here:

It can be boiled down to:

"There is nothing noble about avoiding an activity and it is a sign of weakness, unless you make that choice from a position of power."

That is, if you can get laid and have done so regularly, but you just don't like girls for any logical reason, then more power to you.

This makes sense.

But if you couldn't regularly get laid for the life of yours, then it means you haven't put in the work. Almost any man, and I repeat ANY man (apart from the bottom 1% of the pack, I'd say) can eventually get laid if he puts in the time and uses his god damn brain for a few years.

If you check out at the start, you are in no position to say "Oh well, I'm just not meant to have sex with beautiful women, too bad."

This is weak. This is pathetic. This is disgusting.

ReadLiftMeditate • 1 point • 31 May, 2018 04:15 AM

I agree. A loser mentality like that is disgraceful for any man. I wish you would have specified your original comment more lol because I agree some people are pathetic and wallow away in their Cheeto dust covered sheets all day long, rather than putting in hard fucking work to achieve their goals. Truly sad what society is becoming now. Guess that leaves more for us though lol

heartbroken_nerd • 1 point • 31 May, 2018 12:49 PM

I wish it wasn't so but all we can do is enjoy the decline.

1subjec • 1 points • 30 May, 2018 11:50 PM **[recovered]**

I have a question, I quit porn on the 1st of the year. I wouldn't classify my porn watching as a serious addiction. Some weeks I did it every day, then I'd go weeks at a time with it completely. I still look at girls when I check instagram occasionally.

So my question is, when is it ok to masturbate again(w/o porn)? I hen't noticed any huge benefits from not doing

it. I don't even know if I've flatlined. I still check out girls, the only difference is now I get extremely horny every once in awhile. I never got horny before.

pulsarkid[S] • 0 points • 31 May, 2018 01:28 AM

Only you can ultimately decide when too much is too much.

Moderation in all things.

GoldCabinetGuava • 1 point • 30 May, 2018 11:54 PM

Women will never ever admit to hypergamy. Don't waste your time. Just be rational and navigate.

Not true. I have had so many women openly admit their hypergamy to me, usually after I fuck them and they are too comfortable and start talking about themselves.

bookloverphile • 1 point • 31 May, 2018 12:57 AM

Was the na meetings a joke or serious?

pulsarkid[S] • 2 points • 31 May, 2018 01:26 AM

Well I went to an NA meeting once, and I noticed a lot of people there were hooking up lol...

May not be the best but whatever works...

[deleted] • 1 point • 31 May, 2018 01:08 AM

Can you give an example of what subtext you should look out for? thanks

pulsarkid[S] • 2 points • 31 May, 2018 01:27 AM

Do you get any indicators of interest? You can usually tell when someone is into you... or not. Lookup what they are it will help you.

I noticed as I got older it became a hell of a lot easier to tell.

maestru_lejer • 1 point • 31 May, 2018 02:10 AM

Damn... I haven't seen so much frustration in a while, good for you dude ☐

nrokchi • 1 point • 31 May, 2018 09:03 PM

Point 8 made me laugh good. We're a practical bunch at times and that is a fun example of that.

Redasshole • 1 point • 2 June, 2018 07:01 PM

I'm an incel because my face is fucked. I tried, and I got results. But I had to put so much fucking energy and time in order to get landwhales....Gym, game...my face is hideous and those can't make up for it and sadly, I speak of experience.

The only thing that gets me the attention from women is money. When I wear my suit on the sub because I have to go see big clients then I'm not invisible anymore. Sigh.

LiftnLive • 1 point • 3 June, 2018 12:21 PM

Incels! The pefect word that can describe a majority of the guys in the CompSci major. As a compsci major I sometimes feel disgusted to even talk to these guys. Ok im a intelligent guy, but for fuck sake I also love pussy. I cant get enough sex sometimes and here you have guys who most likely have never been laid

psych0therapist • 1 point • 18 June, 2018 03:38 AM

I love this post, thank you for writing it and thumbs up for the meeting reference

cjENTusBLAZE • 1 point • 25 July, 2018 05:50 PM

all this weird bullshit going on the internet will clouded out the real discussion and just straight up real talk bros. lets fucking open up our minds and hearts and strive to be the best we can be for humanity.

TheRedPillMonkey • 1 point • 30 May, 2018 12:42 PM

A great, back to basics post. This is a sub about sexual strategy. Not politics, not self improvement. Just sexual strategy.

I think the fate comment is lost of people. Maybe destiny is a better word. Some men just aren't aiming for high N counts. They have other preoccupations - other things they are destined, and more interested in doing. But that doesn't mean they want to be beta, or have a 0 n count.

Jaereth • -3 points • 30 May, 2018 01:25 PM

Pretty sage advice here.

and a lot of feminists up in arms about all this stuff. I kind of miss how it was back then.

That's what I love about the DJT Presidency. (Aside from crooked Hillary not winning). DJT is now the ultimate Hitler, and it seems those weak minded crybully types who used to say TRP was a mass shooter indoctrination rapist training academy, are now all coordinating the "resistance". Delusional for sure, and I don't think anyone ever took them seriously. However, it is nice that it seems they can only really put their efforts into one thing at a time, seemingly forgetting about us. Taking reddit as a subsample, haven't heard much about the "red pillers" since Trump became president.

As you get older you'll be able to tell when a women is into you within a minute of talking to them. This isn't rocket science. Pay attention to subtext. SUBTEXT.

This is like noob gold right here. Anyone reading this thread, please please please internalize this nugget right here. It helps with so many different things in your mindset. Oneitis, Approach Anxiety, etc.

There is NO reason to continue to pursue a woman who isn't focusing on you and making an effort. Have some self esteem when you go about your interpersonal relationships.

whoisMikeJoneswho • 7 points • 30 May, 2018 02:29 PM

What did OP Just say about politics. Believe it or not, a significant portion of redpillers don't give a shit about American politics or they vote opposite of you. Furthermore, trying to explain human nature and male-female relationships through the prism of the American right and left is basically just pulling convenient info out of a huge grey area and saying "see, I'm right". Give it a rest

Jaereth • -2 points • 30 May, 2018 02:46 PM

I don't think you understood the point of what I was saying. You just saw a couple key words and got way too excited to spout off with some perceived superior opinion.

It's a discussion board. Chill out.

whoisMikeJoneswho • 5 points • 30 May, 2018 02:49 PM

Bro, you wrote a long paragraph about Trump lol. Just call me a libtard fem cuck already for bringing it up and feel better

RedPilledRoaster • -6 points • 30 May, 2018 06:11 PM

This destinal bullshit is exactly what creates a beta mentality.

Men are meant to get women. Biologically you are supposed to have sex with as many women as possible.

If you aren't getting laid or can't easily get laid anytime you want, biologically, yes you are a fucking loser. Quit trying to sugarcoat things.

yotheman • 3 points • 30 May, 2018 09:12 PM*

I don't agree with you about someone is a loser because it's not getting laid. A loser is someone that is failing at all of his goals in life, and women maybe could be one of lot of goals someone could have, so failing in one does not make you a loser and if your only goal in life is about getting laid, you are in the wrong path.