

## Bouncer Tales 4: Bartender Beat-down

August 24, 2018 | 770 upvotes | by [alphasquatch50](#)

---

Lena is one of our bartenders, not a particularly competent one, but absolutely stunning, the whole package, from her petty green eyes to her pretty pink toe-nails. Lena “dates” the AMOG in our club, the MMA fighter I mentioned in an earlier post. I think she honestly believes he belongs to her, even though she is no more than a plate to him, albeit a hot one. When she is off on a Friday or Saturday night, taking care of her 2yo from another Alpha, he invariably shows up and leaves with 1-3 of the hottest semen-receptacles in attendance.

I have watched this going on since May.

Three weeks ago, she posted a picture of her bruised and swollen face; she looked like a bloated trash-panda. Evidently, her current Alpha had tried to kill her; at least that was her account. The white-knighting which followed was unprecedented. Almost a hundred guys gnashed their social-media teeth and wailed. Many of them promised to fuck our villain up, laughable considering I know most of them to be the throng of effete and flabby followers who leer across the bar at her every weekend. When I went to work the next Saturday, the beat-down was all the irate staff could talk about. I have to admit I was a bit angry too. One of the waitresses said, “I bet you could kick his ass; you should go find him for Lena when he get out on bail.”

For about a minute I considered it, but then changed my mind, partly because I wasn’t 100% sure I could do the job, but mostly because my wise wife whispered, “that’s not really your business; that’s what the cops are for.”

At any rate, everyone was livid. Well, everyone but Mike, our oldest bouncer. When he remarked, “there’s two sides to every story,” he immediately became a pariah.

Later that night I asked Mike what he meant and he told me the other side.

Mike lives in the same apartment complex as Lena, and it was him who Lena called the night of the incident. According to Mike, when he got there, Mr. MMA was sitting on his tailgate in the parking lot with his head in his hands. Mike walked past him and into Lena’s apartment. She was sitting on the couch crying with an obviously broken nose. Mike told Lena to call the police.

He went back to the lot to confront the abuser and when he looked at his face he couldn’t believe the claw-marks, scratches and dried blood.

MMA guy said he came to see Lena after a night about and when he came in the door, she confronted him about where he had been and latched on to his face like a hungry feline. MMA guy swore he threw one half-hearted chop which unfortunately had struck Lena on the bridge of her nose. Within a few minutes the cops took the pugilist away in cuffs.

My first response to Mike was, “he’s a 200lb muscle-bound fighter and she’s only a 120lb bartender with perfect tits.”

Then he showed me a pic of his face. Holy shit! It looked as if he had tangled with a Wolverine. He even had a large piece of pink nail broken off in his cheek. (Yeah, I know wolverines rarely wear pink, but still.)

Of course Lena told the police, and everyone else, that she scratched him because he was on top of her trying to kill her.

I wasn’t there, and I don’t know exactly what happened, but since MMA guy is a professional and had a fight with another guy a few years ago, the District Attorney said he was going to do his best to make sure

he would serve at least 10 years.

Be careful out there boys.

---

Archived from [theredarchive.com](http://theredarchive.com)

---

## Comments

---

Atheist\_Utopia • 423 points • 24 August, 2018 03:09 PM

It's funny how much power a teenager with 1/10th your strength and half your size has over you in the west nowadays.

[deleted] • 311 points • 24 August, 2018 03:10 PM

well put ... they rule from the pedestal we put them on

babybopp • 87 points • 24 August, 2018 06:51 PM

She will be out back dating in two weeks with takes of how her abusive ex boyfriend almost killed her.

phenethyljammin • 35 points • 25 August, 2018 11:22 AM

She'll make a YouTube channel talking about domestic abuse, feminism, and vlogging daily about completely unrelated topics after the first flood of white knights and admiring feminists drastically raise here view count.

TheBunk\_TB • 2 points • 30 August, 2018 01:04 PM

Christy Mack's Charm School graduate?

I\_Sank\_Atlantis • 2 points • 31 August, 2018 03:11 AM

Ehhh. I'm not defending anyone but Warmachine is a fucking nutcase. Her fault for picking him, I suppose.

Shadowthrice • 29 points • 24 August, 2018 08:50 PM

they rule from the pedestal we put them on

Whoa! Poetry. Didn't you say your day job was in education?

Martin5hkreli • 5 points • 25 August, 2018 07:56 PM

Unrelated to the content of your post, but you communicate/narrate really well.

[deleted] • 11 points • 26 August, 2018 01:54 PM

thanks ... teacher/failed writer

nordicpolarbear • 129 points • 24 August, 2018 03:56 PM

And we all know that he wasn't trying to kill her because if so, she would actually be dead or hospitalized if he is an mma fighter and weighs 80 more pounds. So her story starts out with a lie right out of the gate.

[deleted] • 111 points • 24 August, 2018 04:20 PM

"He was on top of me trying to kill me!!" Lol, if my jiu jitsu coach were on top of me actually trying to kill me I'd be unconscious within 20 seconds and braindead within 1.5 minutes.

[deleted] • 60 points • 24 August, 2018 04:56 PM\*

Yeah, my wife asked how he could do that much damage with one blow and I had her hold my heavy

bag while I punched it. I believe if he had hit her with one punch at full force, she might have died.

Lavlamp • 28 points • 24 August, 2018 11:26 PM

Even amateur fighters hit like trucks. I've trained with pro guys, a couple in the ufc. When they hit, it's like a sledge hammer.

Onidramon • 24 points • 25 August, 2018 06:21 AM

True fucking shit. Nothing brings you down to Earth like getting that first taste of a serious, hard hit from a guy who's really logged in the hours to hit hard. It doesn't even need to be skin on skin. Held some pads for a roundhouse kick and could feel the fucking shin bone drill into my forearm through it.

I\_Sank\_Atlantis • 2 points • 31 August, 2018 03:14 AM

Truth. I'll never forget the first time I wrestled with a dude that had been big time. I've never felt like more of a useless fucking child and I'm 6'4" 250.

DancesWithPugs • 12 points • 24 August, 2018 08:43 PM

A punch with just arm strength, which is all most people know, will not do much. Put your shoulders, hips, legs behind it with technique and people go down much faster.

DeCiB3l • 17 points • 24 August, 2018 07:59 PM

It's called "Disparity of force" and it's one of the most progressive concepts when it comes to self-defense. A big guy punching a woman can be deadly use of force, the other way around, not so much.

Incel9876 • 14 points • 25 August, 2018 11:17 AM

It's called "Disparity of force" and it's one of the most progressive concepts when it comes to self-defense. A big guy punching a woman can be deadly use of force, the other way around, not so much.

Nothing "progressive" is good. In sane states, once someone has assaulted you, or even merely makes you feel in danger of being assaulted (battery), you've got the green light to use disparity of force to immediately end the threat.

thisishowiwrote • 2 points • 28 August, 2018 12:35 AM

once someone has assaulted you, or even merely makes you feel in danger of being assaulted (battery)

That's interesting. Where i'm from it's the other way around. Assault is the expectation of battery.

[deleted] • 1 point • 11 September, 2018 03:49 PM

Assault is the expectation of battery.

Can you explain this line? My brain is having a tough time working it out.

thisishowiwrote • 2 points • 11 September, 2018 08:43 PM

A reasonable belief that battery may occur. For example, getting in someone's face with your fists raised and saying "i'm going to punch you" is assault. When they punch you, that's battery.

alecesne • 6 points • 25 August, 2018 12:14 PM

Yeah, this goes against centuries old definitions of assault, battery, self defense, and reasonable force.

red\_matrix • 6 points • 24 August, 2018 04:56 PM

This only works for hot chicks

pFlap • 2 points • 26 August, 2018 07:46 AM

Not necessarily

[deleted] • 5 points • 25 August, 2018 01:22 AM

Take away their right to vote. NOW

Kyson5 • 319 points • 24 August, 2018 02:51 PM

And just like that, a man's life is ruined

CensorThis111 • 110 points • 24 August, 2018 03:18 PM

I feel a deep sense of wrongness.

Casd12 • 9 points • 26 August, 2018 09:20 PM

There's no true justice. The bartender will get another man

reecewagner • 96 points • 24 August, 2018 04:20 PM

Well, not just like that, no. He made a decision to let a nut job into his life, and then he failed to show enough restraint not to break her nose. Zero frame control.

look\_good • 32 points • 24 August, 2018 05:16 PM

yes, there were several steps he should have taken before he allowed what happened to happen. she went batshit crazy but ultimately it's always the guy's fault. take agency boys.

pm\_me\_tangibles • 26 points • 24 August, 2018 09:58 PM

it's always the guy's fault

whenever i choose to explain TRP to a guy: this is the first nutshell I use. It defuses their expectations.

look\_good • 16 points • 25 August, 2018 12:18 AM\*

bad move. I keep trp to myself. i'll pass along tidbits of knowledge to good friends but i stay away from explicitly calling it red pill. that's a quick way to get yourself ostracized.

pm\_me\_tangibles • 1 point • 25 August, 2018 12:03 PM

you know, these days, i'm not so sure...

but i am careful who i talk to

look\_good • 2 points • 26 August, 2018 10:39 AM

betas gon beta, be vigilant homie

pm\_me\_tangibles • 1 point • 27 August, 2018 10:55 AM

i hear that. at the same time i can't help but wanna help my fellow man out, if he can be helped.

look\_good • 1 point • 27 August, 2018 12:41 PM

heroes are crucified. save that shit for someone else. it's a cruel world, always put #1 first

pm\_me\_tangibles • 1 point • 27 August, 2018 12:56 PM

leave the world better than you found it. you can see some guys struggling on the edge of cog dis. they're so close. it can help them to talk to them. touch wood so far it's only been a positive.

TRPDigesting • 1 point • 28 August, 2018 10:51 PM

Some people really aren't psychologically ready to process this information.

They have to try and traverse the woods a few times and eventually realize that they keeping winding up back where they started. Bonus points if they also get scraped up by a bear or some bees along the way.

Only then will they go, "Doggone it, I feel like that park ranger gave me bum directions!"

And so the seed of doubt hath been sewn.

Edit: Actually the more I think about it, getting scraped up by a bear seems unlikely. How about scraped up by say...a raccoon instead.

look\_good • 2 points • 29 August, 2018 02:48 AM

different outcomes can be had depending on the situation but as a general rule, especially for newbs, don't talk ab trp.

p3n1x • 55 points • 24 August, 2018 06:17 PM

he failed to show enough restraint not to break her nose

This is a load of inexperienced bullshit. "Frame Control" while you are being stabbed and ripped open, gtfo.

Yeah, his fault for dating crazy. But you guys out there that claim you will always have XYZ valor during violence are comedians. Lose an eye, "cuz I'z dunt hits duh womenz".

reecewagner • 5 points • 24 August, 2018 06:36 PM

It's not a matter of valor, it's a matter of his decisions leading him into a situation he clearly couldn't handle. He's not devoid of blame for his own circumstance because she happened to be crazy.

p3n1x • 12 points • 24 August, 2018 06:38 PM

As I **said**, "his fault for dating crazy". His fault for going to her home. But in the moment of passionate violence, nobody here can claim how well they will behave or be judgemental on how somebody else behaves in that moment. It is how people die, they think some social contract protects them.

Shanguerrilla • 5 points • 24 August, 2018 09:02 PM

Shit...

Damn man, I must still have more fire over that topic than I thought... I missed this:

As I **said**, "his fault for dating crazy".

I just rambled off a huge reply to your above comment before reading this.

NOW HERE! Yea, man--I 100% agree with your reply and would retract any of my long ass ramble as objections against ya! Especially as someone who's been guilty of it and damn well sure it was MY fucking choice and fault, else I'd just keep "accidentally" ending up in those situations.

odkken • 4 points • 24 August, 2018 07:35 PM

You can't dismiss the whole validity of the first half of your statement by putting a "but" after it and then describing the horrible circumstance that only arose due to the bad decisions. The bad decisions are what to focus on. If he had been lucky, maybe he would've continued associating with this type of woman and nothing bad would've resulted, but he got what he had coming. The only useful way to analyze this sort of situation (since all we're doing is armchair analysis) is to ask how much and what he should have done differently leading up to (or hopefully not leading up to) the point of no return.

Shanguerrilla • 2 points • 24 August, 2018 09:14 PM

You can't dismiss the whole validity of the first half of your statement by putting a "but" after it and then describing the horrible circumstance that only arose due to the bad decisions.

nah, actually I really think that you absolutely **SHOULD** do that for men if we want to help them help themselves when most needed (**CLEARLY!**). Except the part you're most upset on is that is the part I missed: "Yea, his fault for dating crazy." The "yea, his fault's" and the "but's" those are the most important parts to us as men and sometimes to help each other see.

I say that after I jumped the gun and spewed a reply from a place of 'having gone through similar'... hell I completely missed his mention of it being his "yea" or "but".

I do agree, only way that guy could have helped himself and only way his struggle helps you or me or anyone else, least in my experience.

Just, the "yea his fault...." and "but's" are the only and actual shit we control as men. I'd prefer focus on all those I can. /u/p3n1x was doing a beneficial service as I can see.

p3n1x • 2 points • 24 August, 2018 09:27 PM

I get the impression that MMA guy **LOVED** all the bad, crazy shit until it exploded in his face.

My stance on violence will never change. Nobody knows what they will do in that exact moment of the initial liftoff. Especially when it comes from a source you don't expect. Imagine an 8yr old kid coming at you with a gun. Old lady with a taser. Shark with laser beams and so on.

We can analyze a ton of shit about this post, but at the end of the day, MMA guy was shitting where he eats. Around other employee's that worked with one of his plates. The dumb ass embarrassed, shamed and humiliated her directly to her face. She is also wrong

for poking a concussed bears face with her nails. At the same time, I don't feel bad for him on any level.

My argument is with anyone pulling a white knight stance on the fight itself.

gbdoragnic • 1 point • 26 August, 2018 12:20 AM

The dumb ass embarrassed, shamed and humiliated her directly to her face.

This is victim blaming, another reason why men are in such bad shape, it nice guy 101 and blue pill, just a form not talked about or addressed.

The flip side would be blaming a women for being rape because she took a nice guy on a few dates and embarrassed him when she went with chad

It's never the victims fault, unless it's always the victims fault in all cases for both genders.

I get the impression that MMA guy LOVED all the bad, crazy shit until it exploded in his face.

Emotions don't work like that, to not date her or the crazy would be to betray himself , the magnetic personality comes from not holding back, sucks being himself gets him in trouble for no fault of his own

p3n1x • 2 points • 26 August, 2018 05:46 PM

Sometimes being a douche bag is being a simple douche bag.

Flaunting is not "being yourself" or Alpha. Its actually a little penis move, and you are defending the behavior. You can be Alpha, be yourself or whatever BS tag you want to use, and you can do it ALL with some Class.

Him behaving like a douche doesn't make anyone a victim. Don't assign the victim tag and then you don't have to worry about it, period.

gbdoragnic • 1 point • 26 August, 2018 09:18 PM

I'm not quite sure what makes him a douche bag, I mean she sleep with him willingly, so apparently it works , he didn't deserve to be attacked, case closed, violence isn't the answer, we need to stop giving her a pass

Shanguerrilla • 0 points • 24 August, 2018 08:41 PM\*

Nah man. I actually agree with him.

I will say THIS though as a preface. I'm no "fighter" at all or trying to say I am. From the ~3ish years I did a few 'martial arts' at ~12 then 15-18 yr old... and I'll say this- your teacher and class MATTER 100% to this and to 'help' young men that age (the styles didn't matter near as much, but again-- long time ago, that was around 2000)..

So- being a "professional fighter" actually the whole fucking bias we have in the legal and court of society's judgement--is backwards.

I was NEVER a professional fighter, I'm sure a professional woman (least nowadays) would have destroyed me.. Learning and practicing (with other men that are peers and your betters--all as dedicated as you can..) that shit REALLY DOES teach you how to cause damage AND to protect yourself like the courts seem to "expect" these PROFESSIONAL FIGHTERS to display.... That's



stupid. The amateur, 'us' men that at least went all out and learned our ability, honed or sharpened at least 'some' skill or sense of self.. for at least a few years... then we diverged from the professional fighter with a lack of ambition to go fight for a living (OR ABILITY!), different priorities, and MOST OF ALL... they were probably always pretty badass among badasses, at least about tapping into "letting go" and letting their fists and actions drive in conflict or challenge. there is a BIG difference from someone who practiced, practices, or MOTHER FUCKING FIGHTS FOR KEEPS IN A CAGE--for their desire to make a living or name as a PROFESSIONAL FIGHTER. See on an amateur level once you have more strength, more used to getting hit, hitting, hopefully a few styles or good standing and ground / defensive and offensive that works well. Once you get even an amateur level of that, ESPECIALLY if you keep practicing it (I didn't, I was 14 years out of practice during my *what remained* false domestic violence report..which I guess means: male victim, but he didn't hit back). As a man- you're still gonna also get hit by a charge and go to jail, but if you don't fucking touch her... MAYBE and for me it did let me get acquitted then 'helped' my outcomes divorcing her. Even an amateur level of confidence and competence standing, rolling with, and fucking overcoming men doing their best to do the opposite was the only thing I could have learned or practiced to have "training take over" when my brain isn't fast enough. That offers the needed calm to make smarter decisions in a fight--it gives or seemed to give me the option to make choices from a larger pool and more meditated and accurate escalations of force; that gives us the ability to write our rules of engagement or amend them, choose 'how' to defend, run, or fight... Because you can rely on and experience your muscle-memory acting on your will faster than you will it, so your brain isn't the sole driver.

Now for me, some guy who had NOT stayed in practice, it was shocking how calmly and surely your body remembers, how confident you can be in what is about to come, how it will affect you, all your options... My DV wasn't as bad as this guys at all, but I am pretty sure if not in that case, in the handful of fights I couldn't avoid with men, where I was still able to 'not hurt' them any more than necessary.. That "amateur" level shit is VERY helpful, practicing it currently, EVEN BETTER! I feel like THAT is who the courts should be misjudging anyone if they must-- some higher than normal level 'martial' capability to defend, take blows, and minimize damage-- rather than pretending the professional fighters who had to train out all self control the archetype of self control. It's all backwards if there even is anything to go on... the amateur practices self-control, escalations of force, fight/run/should I NOT defend because this is a woman and I don't want to go to jail?... yet it's only the PROFESSIONAL FIGHTERS that get sold out over that BS after they get those concerns 'trained out' of their head in a fight... and a woman rung their bell!

A professional fighter would be stronger than fuck compared to me, faster, more endurance, more ability to take and give damage, better ground game... I'd have almost no way to hurt or to counter anything.

What sucks for him is that most of us don't live in a warzone or arena, out here we all know that if you so much as raise a hand to block your woman from violence, if she's crazy, if she calls the cops-- you're going to jail. I think that amateur level martial arts can really help you remember that, least it helped me prioritize my son, take what I knew I could without doing a damn thing could be held legally against me, and have the 'ability' to choose to ignore that muscle memory.. Unlike that professional fighter, that choice, if or when we have it was never trained out of me anywhere the same degree needed to go pro.

Even for me, arms to side or chest, "holding frame", then with purpose once I choice to, walking off non-confrontationally and separating myself from her, after the first little bubble of crazy-violence I decided best choice to disengage, keep son and I safe, file divorce in morning instead. BEST choice

guys--FUCKING GET IN YOUR CAR AND LEAVE, with my son here I locked myself away from her temporarily in a room that wouldn't inconvenience her without ever touching her.... would have if I HAD to, but the little amateur level shit at least helps us narrow in on 'where *that* is'. The professional fighters are likely trained and more used to more fully fucking tap into that muscle memory. I believe it could be a lot more difficult for a pro fighter than me NOT to hit back and NOT to fuck someone up. THEY are trained and conditioned to be the zeitgeist of their training and muscle memory, only using their brain on the strategies of how best to defeat or defend (rather than- how to first look to run, avoid, or acknowledge that we are men and it's a woman in THIS culture, legal and justice system will hurt more than our ego or a 120lb bitch if we use our strength solely to leave crazy)

DominatePressure • -2 points • 24 August, 2018 06:29 PM

did u lose an eye ? if so i would like to hear ur story if it pleases u

p3n1x • 12 points • 24 August, 2018 06:48 PM

I have three scars on my arm from my bouncing years. They are from fingernails, not from a knife.

I had the presence to choke her out (no marks), but believe me, my initial instinct was to punch. I can't imagine the knee-jerk reaction if it was my face vs my arm. Ask some cops how that shit goes down at the bars/clubs. At least at most businesses, you have cameras and witnesses.

I can assume a lot of guys here have never personally dealt with Crazy Violent (on another chemical) Girl and want to preach some shit about what you should do. We should all be millionaires after reading the sidebar.

You take the damage or you defend yourself, there is no Disneyland horseshit middle ground.

Spartan1590 1 points 24 August, 2018 06:23 PM **[recovered]**

He strikes me as the standard Chad type of guy. You can't expect a man like him to know TRP tenets, frame control, stoicism or all that kind of stuff we study and utilize in our lives.

Unfortunate victim of circumstances.

reecewagner • 4 points • 24 August, 2018 06:34 PM

Or the unfortunate victim of his cumulative decisions. Is this a forum for adults? I genuinely wonder sometimes.

CursingWhileNursing • 5 points • 24 August, 2018 08:00 PM

Unless you never know when the most reasonable and seemingly kind and level headed woman will turn into a nutjob or decides to stab you in the back.

I am a nurse, I work with women exclusively and the average work day often feels like a crossover between "Nothing New in the West" and a particularly nasty episode of "Game of Thrones". I had female co-workers who went utterly nuts out of the blue sky, usually when they had personal problems and needed a lightning rod.

It is impossible to actually and safely pre-determine if a woman goes nuts, when the actual question is *when* she will go nuts. And if it does not happen, you just were lucky.

[deleted] • 2 points • 24 August, 2018 11:01 PM

I'd say all men make mistakes when it comes to pussy... I bet she was fucken mental in the sack ☐

econquest • 1 point • 26 August, 2018 02:15 AM

He didn't communicate clearly with her. Per the writeup:

I think she honestly believes he belongs to her, even though she is no more than a plate to him, albeit a hot one.

This is a conversation he should have had.

However let's not victim-blame here.

Nutman-maddog • 1 point • 29 August, 2018 07:52 AM

The hit was in the intention of self defense. Equal rights equal fights. Hard to convince a court.

AsmellyFinger • 1 point • 30 August, 2018 04:43 AM

He could have choked her out.

[deleted] • 102 points • 24 August, 2018 03:49 PM

It is bad luck for him, since he is a professional fighter, his reaction was to blow a quick punch and knock out the opponent. Hope he gets a really good lawyer!

grandmasbroach • 46 points • 24 August, 2018 05:03 PM

Amateur mma fighters don't make much money. He probably makes just enough to pay his bills, if that. He'll probably end up with a public defender who doesn't give a shit and get sent to prison for at least a few years.

innibinni • 5 points • 25 August, 2018 11:39 PM

Actually amateur fighters make nothing at all. But most professional fighters also dont make a whole lot tbh.

grandmasbroach • 6 points • 26 August, 2018 12:27 AM

I was just assuming they possibly had a sponsorship or something that got them a few bucks here and there. I'm sure you would absolutely still need a day job

Fyrjefe • 27 points • 24 August, 2018 06:27 PM

Yes. He's someone who trained countless hours to react to offensive blows. It's hard to just turn that off when you are in fight or flight mode. Best of luck to him.

Andrew54321 • 9 points • 24 August, 2018 08:58 PM

OP mentioned MMA. Therefore grappling should be in his repertoire.

Cavannah • 5 points • 24 August, 2018 09:02 PM

MMA (Mixed Martial Arts) involves striking and grappling. What are you trying to say?

Andrew54321 • 10 points • 24 August, 2018 09:30 PM

Grappling is a better choice for subduing a bitch (male or bloopy) than throwing down.

Furthermore, given the fact that a 120lb woman was close enough to cut a 200lb man in the face with her hands means it is also the optimal skillset for the situation.

Its not like she was outboxing (scratching?) with range control and footwork of Mayweather Jr.

Cavannah • 10 points • 24 August, 2018 10:11 PM

Sure. That wasn't his instinctual response though, and with good reason.

[deleted] • 6 points • 25 August, 2018 05:35 AM

Yea, better choice. Fight or flight is a different story. Instincts kick in when your fucking face is being clawed out no matter how stoic you think you are.

[deleted] • 105 points • 24 August, 2018 03:59 PM

Shit like this is why my father left my mother. She physically abused my father until he couldn't take it anymore. Years later he told me that he left because he was afraid that he'd hit her back and wind up in jail.

drty\_pr • 18 points • 24 August, 2018 06:54 PM

How did the conversations with your father about his relationship with your mom go?

[deleted] • 43 points • 24 August, 2018 07:05 PM

We talked calmly about it but it was a shock to me. I'd always heard a different story from my mom. After recounting my childhood during their divorce and then being a victim of physical and verbal abuse from her I realized that he was telling me the truth. Once my dad told me why he left it all made sense and I've never looked at my parents the same way again. Mind you this happened when I was 7 and I found out in my early 20s. You can only imagine the confusion I had.

drty\_pr • 11 points • 24 August, 2018 07:18 PM

As someone who is married with kids, I often wonder if it blew up, what it would be like to explain it to them as they were adults.

[deleted] • 10 points • 24 August, 2018 09:37 PM

Tell it like it is. My mother continues to lie to me to this very day. She will find a way to complain about him every chance she gets. My dad set the story straight when I was old enough and we haven't talked about since.

[deleted] • 5 points • 24 August, 2018 11:03 PM

As a father with a 1yo going through divorce. I'm glad to hear hope that my side of the story will get to be told

Pintsmithy • 8 points • 25 August, 2018 02:49 AM

keep the faith. The kids see through it better than you think

[deleted] • 4 points • 25 August, 2018 01:03 PM

In my experience my mother never said one good thing about him. She brainwashed me and it took years to undo the damage.

iknowthewhey • 74 points • 24 August, 2018 04:22 PM

Whenever I hear about these things I never believe a word the girl says. I have been in a similar scenario at a very young age(20) where I was attacked by a girl I was seeing. She didn't call the cops on me but she had come

to my house and then was trying to scratch my throat when I had to push her off of me. The point is, girls attack guys and then when a guy has to defend himself in a **split second** decision he might cause some damage inadvertently. If confronted with a similar situation in the future, I would take any kind of assault from a female and do my best to avoid the damage and run out of the situation.

No guys will have your side and honestly in my experience the only people that tended to side with the guy were somewhat rational girls who knew the other girl and what she was capable of. Kind of sad how quickly guys will turn against you without hearing any other side of the story.

[deleted] • 64 points • 24 August, 2018 04:24 PM\*

Chivalry ad absurdum is so ingrained in us that we see ever where as a damsel in distress ... ignore that impulse till it passes.

DominatePressure • 16 points • 24 August, 2018 06:35 PM

we should thanks disney for that /s

[deleted] • 3 points • 25 August, 2018 01:25 AM

Chivalry ad absurdum

Phrase of the ~~week-month-year-decade~~ century.

PegAssSus • 1 point • 27 August, 2018 10:07 PM

If you're getting hit by a woman you probably deserve it. And if you don't then take it like a fkn man, it's a test of your resilience and patience and cunning, if you hit back you're just a salty weak bitch like her.

TheTrenTrannyTrain • 8 points • 24 August, 2018 06:33 PM

Most guys will do or say anything for a whiff of a pussy.

monitoripk 1 points 24 August, 2018 05:52 PM **[recovered]**

There's a video of a guy doing exactly that. Link: <https://www.youtube.com/watch?v=1P3xNKCXDDQ>

Not sure if his lack of reaction is due to morals or knowing what would happen if he hit back.

destraht • 2 points • 25 August, 2018 10:06 PM

She sure shifted his hat around though.

Yousuflof • 1 point • 24 August, 2018 05:01 PM

but still sisterhood uber alas ...

uwey • -3 points • 24 August, 2018 05:19 PM

Run if girl attack you and make sure you call police before she does, and make sure you have your injury report from hospital and get witness.

I always run if ever confronted and most time I win, I deep down somehow wish country had more Muslim because I had another Muslim man beat shit out of the female and it is fine because their religion and area they live.

Gender can't beat religion and race, period.

thotless\_rat\_bastard • 64 points • 24 August, 2018 04:04 PM

Been there, and the court trial, too. It took 40k and a team of lawyers.

I live on the other side of the world now.

Good luck to whomever!

<https://youtu.be/-1BxGded604>

4matting • 12 points • 24 August, 2018 06:17 PM

Thank goodness feminism is pushing for equality! /s

subdudeman • 45 points • 24 August, 2018 04:42 PM

Been on the receiving end of unexpected woman-fists. It sucks. I didn't see it coming, so she got some good ones in. Busted glasses, black eye, the whole nine. Screamed at me to hit her back before I restrained her wrists.

I didn't hit her, because I know exactly how that plays out.

I don't fight, so I didn't have the natural instinct to strike back, but if I hadn't kept my head, I'd be in a cell.

There's no doubt in my mind about that.

TheWeeklyWars • 28 points • 24 August, 2018 07:05 PM

My brother had a similar situation. His ex punched him senseless, black eye ect. He only pushed her off but she fell over something and smacked her head then called the cops put my brother in a cell for only pushing someone off you who is attacking you. Shits so fucked.

ANGRY\_ATHEIST • 14 points • 24 August, 2018 07:59 PM

This has happened to me. If a woman engages you in physical combat, take video of her acting nuts (from a distance) and RUN. Do not attempt to restrain her, do not attempt to "defend" yourself, just remove yourself from the situation.

willso86 • 2 points • 3 September, 2018 03:48 PM

Worst part is he missed out on punching her in the face and teaching her not to hit someone bigger than you

DropDeadTyrant • 74 points • 24 August, 2018 03:10 PM

the saddest part about this is: she could've been a 6ft tall girl, built like the one that kicked ronda rousey to the face, and he would still be sitting in jail for hitting back.

-uftw- • 23 points • 24 August, 2018 03:58 PM

You're talking about Holly Holm, but there are way bigger chicks than her in combat.

Gabi Garcia's the one you should have mentioned.

ButteredPastry • 35 points • 24 August, 2018 04:32 PM

Gabi Garcia looks like she could snap your dick off like celery with one kegel

Nicolay77 • 10 points • 24 August, 2018 04:53 PM

Damn, she looks like Thanos if Thanos was a woman !!

Those thick arms.

red\_matrix • 6 points • 24 August, 2018 04:58 PM

Look at the before and after photos of her

AssDefect20 • 2 points • 24 August, 2018 05:56 PM

notice the chads in the comments fantasizing about trannies

[deleted] • 29 points • 24 August, 2018 04:18 PM

Lol that DA is a pussy. And fuck Lena. Literally and metaphorically.

Gentlemen, if you ever have a wild female on your hands, set your boundaries, and walk away.

Brixylian • 32 points • 24 August, 2018 05:48 PM\*

When trapped with a banshee offering no recourse, at least try spinning the resultant chaos towards mitigating the career damage.

My disturbed ex attempted clawing my face off while driving. Had to put a stop to that before crashing. Instinct had me throw a punch towards her in the passenger seat while trying to pull over. Connected with the top of her hard head. She was already covering up. Street smart bitch that she is. Broke my finger.

She immediately starts yammering, "I'm calling the cops," which due to their white knight preferences would've resulted in me potentially losing my career.

Didn't even think, just reacted, while she was saying that. Grabbed the phone out of her hand, threw it out the car window while simultaneously booting her ass out of the car, and proceeded to run over her phone destroying it. Raced home and beat her to calling the cops. She was charged, I wasn't. Never went to court testifying against her, and the case was dismissed.

Kind of miss that chick. She was a tiger in bed, albeit batshit crazy.

MarinTaranu • 14 points • 24 August, 2018 06:52 PM

Yeah, that is interfering with a 911 call. Felony. You dodged a bullet.

Brixylian • 7 points • 24 August, 2018 09:56 PM

Perhaps, however that would have to be proven. I reported to the cops that in addition to clawing me, she struck me with her phone and I grabbed it out of her hand. Can't remember if I stated whether I threw it out the car window. Though her record for DV's, possession, shoplifting and being an all around troublesome feline was well established by her prior record. I didn't carry that same baggage. Thus, more credible.

destraht • 9 points • 25 August, 2018 10:12 PM

If she had gone Fight Club on you and smashed her own head against the wall a few times then it would have played out differently. Lets just hope they don't start talking about that in women magazines.

MarinTaranu • 1 point • 25 August, 2018 06:06 AM

I'm with you, bro, just saying.

[deleted] • 26 points • 24 August, 2018 05:27 PM

Physical violence with a woman is never worth it, even if she's the instigator. Police will always side with the woman unless there's exceptional circumstances i.e. she shoots you at point blank range with a shotgun. Even then, inquiries will be launched to ascertain what drove her to commit such an act (whereas the man would



simply be thrown in jail), not that, heaven forbid, women can be just as violent and aggressive as men.

My ex used to hit me. I never hit her back, but I was too BP'd to leave the relationship. TRP gave me the wake up call I so badly needed and now at 21 I'm free from her and killing it out there in becoming the best version of myself. Thanks brothers

Frostecat • 20 points • 24 August, 2018 05:07 PM

My 1/2 brother was a dummy and got sucked into a physical with his GF. She stabbed him in the heart with a kitchen knife & he staggered off and died a couple blocks away. Don't even go near a situation like that.

Luis\_McLovin • 11 points • 24 August, 2018 05:38 PM

How long did she go to prison for?

Frostecat • 20 points • 24 August, 2018 05:48 PM

She was investigated and it was determined to be self defense I guess. Though I don't think he even touched her, just came into the house he had just bought with/for her to confront whatever bullshit he thought needed addressing. TBH, I met him late in life, didn't even know he existed before and he was a Betamus Prime IMO. Very emotional, very anxiety ridden, all the classic shit. He was engaged to her and was buying her affections it appears and big surprise, she pulled the ripcord on the relationship at the 11th hour when she got what she wanted. That's just my take. Instead of STFU and ghosting he decides he's going to confront her. Not sure if he broke a door down or what, just know that the law saw it as a threat to her and let the stabbing slide somehow.

That shitshow is just one chapter in my biological father's story (I'm adopted). It was a convenient way to extricate myself from his lifelong (apparently) BS. The fucked part of it IMO was I was driving when I got the call and my 8 year old son answered my phone, only to get an earful of hysterical female meltdown from the bro's stepmom. I was pissed that she unloaded that on a kid but just turned it into one of my many "Life's a Bitch 101" lessons for my boy (I have two).

DeCiB3l • 6 points • 24 August, 2018 08:06 PM

It sounds like you only told half the story the first time. She broke up with him (maybe she was on her way to get a restraining order), and afterwards he entered her house? Sounds to me like she stopped a home invasion in progress.

Frostecat • 6 points • 24 August, 2018 08:27 PM

I'm sure that's how the law saw it. I personally wasn't surprised his life ended like that. He was WAY too wrapped up in what other people thought/did. I tried to steer him a bit when I first met him, but he was too much of a manchild for me to deal with. I already have kids. I don't have time to raise men too. That was our POS father's job and he obviously failed. Did he mess up? Yep. Did he deserve to die for it? Who knows. My point is that you should avoid that shit all together. We've all probably been burned by someone romantically early in life & know how this shit can go down--first time you're a victim. Second time you're a volunteer.

[deleted] • 1 point • 24 August, 2018 05:09 PM

Damn ... that's horrible

TunedtoPerfection • 37 points • 24 August, 2018 04:52 PM

There are 3 sides to every story, the third being the truth which, without video evidence, is rarely seen.



Thankfully we live in a world where camera's are everywhere.

The MOMENT a woman starts getting emotional, you start recording. That's it, it has come to that. If they start getting mad about that then you KNOW they were planning some situation where they were going to use the "damsel in distress" tactic. My Ex did that shit ALL the fucking time, it took me 2 times to just start whipping out the camera phone. Every time the phone came out and recording started instantly her main tactic was to get off screen or get the phone out of my hand, never failed. This saved my ass from going to jail twice, saved face with a huge friend group countless times. No when we broke up they didn't shun her or take my side for shit. But, had I not started this practice I would be typing this from a jail cell with a false rap accusation so yeah fucking worth it.

You don't just open a door and have a woman attack you, there is back and forth that happens before it comes to that, women like to rile themselves up like a discount ultimate warrior before they start swinging. You need to learn to identify that and get recording quick on your camera phone. At that point defend yourself with as minimal force as needed and keep her on screen, depending how drunk, emotional they get will dictate how hard that is.

P.S. NEVER hit a woman in the face, EVER that is number one fuck up that men do that gets the white knight brigade after you. For the most part emotinal and/or drunk women will just swing and claw wildly you just need to keep your cool and move out of the way like you would if a 12 yr was attacking you. Record and defend then when the cops show up, first thing you say. I have it all on tape officer here you go.

ANGRY\_ATHEIST • 9 points • 24 August, 2018 07:54 PM

At that point defend yourself with as minimal force as needed and keep her on screen, depending how drunk, emotional they get will dictate how hard that is.

I few months ago I would have agreed with you here, but let me tell you from personal experience: JUST RUN. Don't even try to defend yourself or restrain her, just remove yourself. Continue to record, but record yourself leaving the situation and get to an alibi as soon as fucking possible. A crazy, pissed off bitch will beat the shit out of herself Fight Club style and tell the cops it was you. I have seen it myself. Even in the best case scenario there you're stuck with a shit-ton of attorney's fees.

TunedtoPerfection • 3 points • 24 August, 2018 09:32 PM

Record that too you dont have run, dont be afraid of women. Obviously record your leaving and go straight to a place with other people, or buy a pack of gum to prove you were else where but there is no reason to run. In fact its best if you have proof of her aggression towards you and her hysterical state when you left.

It is becoming more and more common knowledge that women do this, if you have proof of a situation that would cause this reaction its better for your case. Just leaving and running away osnt the best solution in this type of situation in or out of the court room.

You dont pay attorneys fees when you have a slam dunk case because of video evidence and proof of previous malicious intent.

NomBok • 18 points • 24 August, 2018 05:33 PM

Yep, that's why I recommend getting some sort of nest cam for your apartment/house, I've got one in wide view of the whole apartment. I don't make an attempt to hide it (it's in an obvious spot), but I have it set so the little light is off so it doesn't draw any unnecessary attention. People rarely ever mention it, if they do, I just say it's off, I don't really care.

DancesWithPugs • 3 points • 24 August, 2018 08:52 PM

women like to rile themselves up like a discount ultimate warrior before they start swinging.

Lol thank you

Don't use your fists. The beauty of grappling training is the ability to make an attacker helpless without seriously hurting them. No one's going to be landing punches when they can't breathe or move.

2muchtequila • 50 points • 24 August, 2018 04:42 PM

If a woman ever starts hitting you and you're not surrounded by witnesses and or cameras... run.

I know people like to joke about "equal rights means equal lefts" but just get out of there.

Don't try to block punches or slaps. Don't try to restrain her or talk her down. Just run, literally run, as in put as much ground between you two as possible. Get out of there before something happens that you can be arrested for. A lot of jurisdictions have rules about requiring someone to go to jail in a domestic dispute. You don't want to hope the responding officer sides with you, because they might not.

There are lots of guys with arrest records who were technically in the right but got arrested anyway. Being "right" isn't worth your freedom.

I knew a couple where the guy got arrested after a loud argument despite being smaller than his girlfriend. The girlfriend was furious with the officers because she admitted being the aggressor and the only one who made physical contact. She was actually pissed at the sexism of him being arrested rather than her and called the cops out on it. Their response was shut up or you're going to go with him.

RossDDMarshalls • 5 points • 25 August, 2018 07:33 PM

You got an up vote, but I think this deserves a comment as well. Physically leaving that kind of situation seems to me to be the highest top tier tactical decision, by far. Trying to verbally calm down or softly restrain a violently aggressive female are basically trash options in comparison.

[deleted] • 8 points • 24 August, 2018 05:17 PM

Don't put your dick in crazy lol

gulag\_disco • 9 points • 24 August, 2018 07:15 PM

As someone who was raised by women, I have had little inclination toward White Knighting left.

They're out there, but I have never known a man who strikes his woman first. I have seen countless times women grabbing, pushing, clawing, kicking, striking at men who are much stronger than them. Almost always, the guy loses his frame and strikes them, pushes them, or puts a hand to their throat.

Then the waterworks start. Now she's crumpled in a frightened ball on the floor, screaming for help, calling the cops, posting pictures of the bruises(women bruise easily) for White Knight/Feminist Hivemind on social media.

On this I don't have anything cool or analytical to say. Fuck women for this.

AssDefect20 • 8 points • 24 August, 2018 06:10 PM

The district attorney is also white knighting. A person who potentially has power over your or my destiny is a fucking beta white knight. He basically said: Im going to ignore Justice in order to better serve the Feminine Imperative.

On the other hand, who can blame him? Imagine he said the opposite. A feminist would get outraged, the Lying Press would get to work, and he would get fired.

HappyProfessor • 1 point • 28 August, 2018 01:21 AM

DAs usually go for cases like these because they are almost always in the bag. A win on his record and a political win to lock up an "abuser". Its much harder to charge and win against a female abuser without substantial evidence.

salinorum • 7 points • 24 August, 2018 07:00 PM

This is why I'm incredibly hesitant to get involved with anyone

DONT\_reply\_with\_THIS • 4 points • 25 August, 2018 11:33 PM

Develop self control and walk away from arguments and this won't happen. Also screen girls well and never be desperate for pussy.

Don't fuck easy chicks because they have problems unless its a one nighter and they don't know your contact info

[deleted] • 3 points • 24 August, 2018 11:41 PM

Theres a catchy quote ab not living life on the sidelines. Applies here

salinorum • 1 point • 24 August, 2018 11:41 PM

Are you suggesting I get involved in the messiness of life?

[deleted] • 2 points • 25 August, 2018 12:16 AM

I enjoy it more. I bet you will as well

Wildside1911 • 20 points • 24 August, 2018 03:46 PM

Haven't read it yet but I am appreciating these bouncer tales my brother. Keep em coming!

DubbleFUPAwitCheez • 4 points • 24 August, 2018 04:36 PM

And that's why you stay out of that shit. If it isn't a lie that he's abusing her then there's still the fact that she chose to be there.

It's an enlightening experience to be with one of these women that have been "abused". The one that opened my eyes to this is dead now. Not even 30 years old.

Quo210 • 5 points • 24 August, 2018 08:10 PM

Dude you keep calling these ones Bouncer tales, they're fucking terror tales, Jesus. I half wish this was all made up but the rational part is tugging to accept this kind of shit is 100% possible and happening on a daily basis.

[deleted] • 9 points • 24 August, 2018 06:30 PM

Am I the only one who's run over this exact scenario in my head and just decided to book it out of the country lmao?

Life is too fucking short to spend 10 god damn years in prison for some bullshit like that.

OP mentioned he might be getting out on bail so if I were in his shoes I'd just pack up and leave as soon as I got out. Empty savings, hightail it to Mexico, and just wing it from there.

I know I'm making it more simple that it actually is but I'd rather be a fugitive than rot in prison for a decade and become unemployable afterwards anyways.

biezpiens • 3 points • 24 August, 2018 06:43 PM

MMA so BJJ, should've just put the bitch to sleep for few mins

monadyne • 4 points • 24 August, 2018 11:21 PM

I love how a lot of the commenters here assume that being Red Pill would confer utterly certain knowledge upon us. If the MMA fighter coming home from banging hotties had been Red Pill trained, he would've anticipated that his bartender girlfriend would attack him that night. Or, he would've known not to even be with a woman that crazy, 'cuz ya don't stick yer dick into crazy.

Well, what if she hadn't been that crazy until that particular night? What if she'd just seemed like a normal girl with the normal amount of irrationality, with no foreshadowing of how bonkers she could get? He comes home that night and she goes absolutely mental, clawing his face so hard she breaks off a fucking nail- - he simply reacts in the moment to the attack, defending himself, and because of his power as a fighter, he breaks her nose. I'm sure he wasn't even conscious of what he was doing. It was a lizard-brain, saurian cortex kind of thing, a response to a stimulus.

Without knowing a lot more about the situation, to pass judgment is a bit foolish.

whatsthisgarg • 2 points • 25 August, 2018 03:43 AM

I love how a lot of the commenters here assume that being Red Pill would confer utterly certain knowledge upon us. If the MMA fighter coming home from banging hotties had been Red Pill trained, he would've anticipated that his bartender girlfriend would attack him that night.

An extremely sensible comment in a storm metoomanbattered shit

I've had women come at me (not small women) with both hands and I (not a big guy not a fighter) have always been able to swat their hands away and neutralize the situation. The most extreme case was the woman sat down straddled on me on a sofa and battered me with both hands, still not a problem, still did not have to hit her in the face.

Now in the present post, possibly it was an accident, but the dude was supposedly **MMA trained and couldn't counter and defend childish strikes from a woman/child, and also was surprised at her "attack"**? Maybe that happened, whatever.

It's funny how rednecks do redneck shit all the time.

destraht • 6 points • 25 August, 2018 12:22 AM\*

I'm in Cali, Colombia and last weekend after the huge Petronio event our group went to a rooftop bar. It was pretty ok. Towards the end of the night I was sitting on a full covered bench with my local legit runway model girlfriend to the right and some rude (enough story there) French girl to the left. This fat American girl wanted to speak to the French girl and so went butterfly squatting smashing her couche against my left leg pinning it to the back of the bench. It was very outrageous from the very first moment but I thought that it would pass after a few moments. Over about 30 seconds I started protesting increasingly loudly with hand signs and words to my girlfriend and she didn't give a fuck and I couldn't move my leg. She was humping my leg under a conversation guise.

So I decided that I didn't need to tell her shit like "mmm ok, uhm, can you please move your fat ass off of sexually assaulting me", since she knew full well before and after. So I picked up her left leg and placed it to my left. She fought me hard but I did it anyways. Then she lunged and slapped me and went for a second one and so I grabbed her hand. I immediately had 6 arms on me and so I let go of her hand and shook them all off. Then

some local fucker told me "you can't push someone" and I defiantly responded "Yes I can!". I explained to the people on the right that I know full well about these American women and that they are pieces of shit. As retarded as Colombians can be they would never do that, ever!

Later my girlfriend told me that she likes to handle things with words. I asked her if it was a guy if she would need to use words. She shook her head "fuck no" and of course not. It was outrageous. Additionally, why couldn't it have been a fantastic looking woman who did that? No, of course not. Only the aggressive American fat and ugly woman who acts oddly masculine and sexual while falling back on her beta male protectors.

Its one of about ten reasons that I'll be leaving here soon to be in Ukraine, Moldova and around thereabouts. Outside of Kiev and Chisnau center I virtually never see American women and that is just how I like it.

dandar4600 • 3 points • 24 August, 2018 06:00 PM

I don't think it's as bad as you make it out to be. Joe Mixon knocked out a girl, fractured four bones in her face for barely a slap and got a probation. If this guy is as badly scratched as you say he is and has no criminal record he isn't going to jail.

i\_like\_herr • 3 points • 24 August, 2018 07:46 PM

Can you please keep us updated on this guy? I love your posts, keep up the good work.

MarketingMachine9 • 6 points • 24 August, 2018 04:52 PM

LOL. Never stick your D into crazy... I'm sorry for the guy but he should have known better!

stylesm11 • 2 points • 24 August, 2018 07:22 PM

That's gunna put a dent in his career. Remember, restrain only, a nice head lock or arms held behind back if violence pursues. Or you get this mess..

[deleted] • 2 points • 24 August, 2018 08:05 PM

You don't stick your dick in crazy.

BigGeek43 • 2 points • 25 August, 2018 12:24 AM

MMA types are complete betas. My son attended kids martial arts at one of the local MMA clubs. I see a Chinese chick who's a receptionist there and apparently dating a Co-owner of the club. The dude has califlower ears and looks ferocious but the receptionist girlfriend treats him like shit in front of everybody. Berates him, throws pencils at him "jokingly". And that's in front of complete strangers. The dude's the owner for God's sake. If you tolerate shitty behavior from your woman, it gets out of hand and you deserve what's coming to you. Plain and simple. MMA or no MMA. It's about mental toughness, not so much physical one. I would never tolerate shitty behavior from my second wife. And she knows it. Even verbally, if she gets out of line, I point out the boundaries she's crossing.

And another thing. This "keeping frame" thing is too abstract and confusing. Whoever thought of that is an idiot. It should be called mental toughness. Because, well just listen to themselves - you should keep the frame... By running from an aggressive female. Come on, dudes. Have some common sense. If you're tough, you don't tolerate shitty behavior from the very beginning. Means you're mentally tough. It's like kids these days. Parents don't pay attention until a kid becomes a teenager and starts doing drugs. Then all of a sudden they wake up and start paying attention. It's too late. Should've started earlier. And if you take care of problems when they first appear, you avoid the big ones. Good luck boys and be tough.

Phoenix\_Alpha • 2 points • 25 August, 2018 03:25 AM

I love your posts Squatch. Keep posting please. You're doing these young men a great service.

[deleted] • 1 point • 25 August, 2018 03:31 AM

thanks buddy

RedKepler • 2 points • 25 August, 2018 02:16 PM

Yo when is comic "Bouncer Tales" coming out.

[deleted] • 2 points • 25 August, 2018 02:46 PM

I do see some funny shit ... not redpill material maybe

RedKepler • 1 point • 25 August, 2018 05:23 PM

? I just thought these were written so well in detail someone could recreate them pretty well in art form.

[deleted] • 1 point • 25 August, 2018 05:49 PM

thanks ... I'm a teacher and a bouncer, but most of all, I'm a failed writer.

wanderer231988 • 2 points • 25 August, 2018 02:51 PM

This is funny. If he is anything resembling 200lbs amateur fighter (let alone pro) he would kill her right then and there if he tried to do it.

I also lift and am trained in fighting and I am afraid to imagine how would it look like to attack 120lbs person, be it man or woman.

It is very likely that she attacked him and he defended using reasonable force.

gasbill • 2 points • 26 August, 2018 12:49 PM

We want more bouncers tails this shit is pure gold!

KingZeeke • 1 point • 24 August, 2018 03:12 PM\*

So a situation happened, guy vs girl conflict started.

Girl acts up as normal.

TRP Says: Hold your frame, be alpha, dominant.

TRP MMA Fighter does so, and fights back.

Goes to prison 10 years.

BP Guy in that situation would stand down, and take the abuse. No 10 years in prison.

As someone new to the sub, and learning more about TRP, I see a lot of posts about being All or nothing red pill. Wouldnt make sense to apply Red pill principles in certain situations, and apply blue pill principles in other situations?

The blue pill me (still me), got into a lot of abusive conflict with my ex, and I always wanted to hit her back like her daddy did to her. But I always just took it, and then after a couple hours things would go back to normal.

EDIT: Thanks everyone for clearing my statement up, I wrongly assumed that "holding the frame" meant fighting back, not physically hitting back, but as in not bowing out of the conflict. In general, I read a lot that BP men let their women get away with things, and thus I assumed RP conversely wouldnt. But the method of not letting them get away with things is different. Its not a "Oh you hit me, I wont let you get away with it!" Its not that, its more of a "Oh you hit me, I am not gonna be treated like this, gl with the next dude". In this case when

the woman attacks the man, simply ejecting your self from the situation, and not coming back to it is the RP way. The BP way would be ejecting your self, and then coming back to it. Thats what I got from reading all these comments, thanks for the replies!

ThatOneDrunkUncle • 34 points • 24 August, 2018 03:45 PM

Where in the fuck on this subreddit have you ever seen laying hands on anyone, especially a woman. I think TRP knowledge would actually advise the EXACT opposite. With knowledge of how the court system treats men and women differently, a red pill aware guy would never ever do this.

iknowthewhey • 7 points • 24 August, 2018 04:27 PM

100% agree. Except that sometimes you get caught in a scenario where you quickly react. In every scenario it is never worth it to lay your hands on a woman and it should be avoided at all costs.

p3n1x • 3 points • 24 August, 2018 06:29 PM

If a woman fucks with my children, she will be snapped in half. It may be an immature point of view, but I know how I am with my kids.

phenethyljammin • 1 point • 25 August, 2018 11:06 AM

It makes sense though. Having children changes your brain radically to be finely attuned to their safety and caring for them. Even the court may see it differently in that case.

OneRedSock • 11 points • 24 August, 2018 05:15 PM\*

You either aren't reading or aren't learning.

Girl acts up as normal.

TRP Says: Hold your frame, be alpha, dominant.

Correct

TRP MMA Fighter does so, and fights back.

This is where you go wrong in your logic: fighting her is not holding his frame, but entering *her* frame.

The red pill response is this: abundance mentality. Bitch being crazy? Done. It's finished. There's no talking about it. You're ghosting her, and it's over and there's no possibility for reconciliation because she is a loaded gun that when it goes off will land you in jail. Which is what happened to the MMA fighter.

When women act shitty, you withdrawal your attention. There is no soul-mate; so find another.

Her frame in that moment is "I'm mad and I'm fighting you". By fighting, you have entered her frame and validated her rage. Your frame is "I'm not fighting you, because you're not worth fighting to begin with; I have other options that aren't going to act crazy and try to claw my face off".

Fighting her on her terms is falling into her frame. You have better things to do in your life than fight one girl when there are millions of options out there that won't try to claw your face off.

And the fact that you stayed with your abusive ex ("after a couple hours things would go back to normal") exemplifies your blue pill conditioning. You should be thinking: "why the fuck did I put up with a shitty, crazy bitch? I deserve non-shitty girls" then go out and make yourself reflect this mentality.

KingZeeke • 2 points • 24 August, 2018 05:28 PM

Thank you for logically explaining it.



I can see where I made the confusion on holding your frame. At first I assumed the fighter guys response by hitting her was an act in his mind as holding his frame (an act I condone btw), but yes I can see how that is entering her frame, and backing down and being done is the right red pill way.

Acerp321 • 16 points • 24 August, 2018 03:19 PM

I don't even think it's that complicated. He made a costly mistake throwing that punch. I wasn't there, but when women have attacked me I just grab them by the wrists and basically disable them. Surely he could have accomplished that even easier than me.

[deleted] • 12 points • 24 August, 2018 03:23 PM

Yeah, but the pain he must of been in might have made me swing too.

iknowthewhey • 5 points • 24 August, 2018 04:25 PM

Yes usually but its so much easier say that in hindsight. When blindsided by any kind of attack do you really think you can think rationally when a girl is trying to claw your eyes out. It's different then when a girl is slapping you or punching you in the body. Sometime reflexes give way when you are being attacked like that.

I'm sure the guy in question would have preferred to handle it this way but sometimes natural instinct takes hold.

NomBok • 3 points • 24 August, 2018 05:40 PM\*

You have to have sound enough mind to know to GTFO of the situation immediately. As pussy as it sounds, your instinct in that situation should be to vacate the area. If it's anywhere except your house, you walk out the door immediately, and have zero contact with her after that (assuming it's an episode of like physically attacking you).

If it's at your place, I wouldn't leave her with all my stuff, so the only solution is to prepare ahead of time with a security camera. As soon as things look like they're getting bad, remain in view of the camera at all times, demand she leave, call the police, etc all in view of the camera. If you can, bait her into admitting to being the aggressor.

If you call the police because she won't leave, prepare to be arrested anyway. Make damn sure the camera has been working. Tell why you called, she won't leave, just the bare facts (Like literally, "I told her to leave and she refuses, that's all"). If they side with her (especially if she starts making up lies), don't say another word to the police, don't tell them about the camera, IF they see it and ask, say something like "you can ask my lawyer about that, I'll be happy to cooperate" or something, make no promises. Only show your lawyer the footage unprompted.

The more she accuses you and spews lies, the better your chances of not only being quickly let go, but also building a case against her for damages.

DubbleFUPAwitCheez • 1 point • 24 August, 2018 04:46 PM

If sufficient pain or fear of disfigurement is present the lizard part of your brain will start to react and it will tell you to stop whats happening by any means regardless of context. A gf was playing around with me and biting my finger. She kept applying more and more pressure until I literally thought she was about to bite my finger off. I felt my hindbrain tell me PUNCH HER IN THE FACE BEFORE ITS TOO LATE and I almost did. A tall thin blonde girl just playing around.

p3n1x • 1 point • 24 August, 2018 06:31 PM



She was testing, not playing ;)

[deleted] • 5 points • 24 August, 2018 03:15 PM

I think he should have worried that she was capable of this level of crazy, let her know she was just a plate, and pushed her away and ran.

KingZeeke • 3 points • 24 August, 2018 03:18 PM

Yea definitely, I can agree with that too.

light-----dark • 9 points • 24 August, 2018 04:12 PM

Holding your frame would suggest not hitting back. .

p3n1x • 1 point • 24 August, 2018 06:34 PM

You have fun with that the next time you are being cut open and stabbed.

Frame would suggest knowing to stay away from crazy.

[deleted] • 2 points • 24 August, 2018 04:55 PM

There's nothing RP about hitting a woman. Holding frame doesn't mean getting physical, it means knowing when to engage and when to depart the area. As if holding frame when being attacked by a crazy cunt means hitting her and facing 10 yrs in jail.

Fyrjefe • 2 points • 24 August, 2018 06:33 PM\*

The "red pill" principal would be to steer clear of this kind of relationship. Too much baggage being with a single mother. Also, signs of jealousy and control don't pop up out of nowhere. One last thought about red Vs blue: these aren't team colours. It's about awareness of the cultural war against masculinity and what fundamental dynamics between men and women are. Those who take the blue pill are rejecting the notion that things are different than what the media and school tell us. Some people haven't even been offered the choice of accepting or rejecting the concepts but are oblivious and stumbling along. They aren't the enemy. They don't have a plan. Just focus on asking questions if you want to do the red pill thing.

Edit: clarification

[deleted] • 1 point • 24 August, 2018 05:47 PM

It's usually left out of TRP because it's common sense when to apply Blue Pill. If you're at work, or university, etc., It's obvious that a person's word can put you in prison, so we don't go around initiating kino on teachers or hitting our girlfriends.

[deleted] • 1 point • 24 August, 2018 11:54 PM

Most everything ab unplugging is straightforward & easy to understand. Frame is the hardest concept to grasp by far. Its esoteric & intangible.

Its self confidence and how you make your will & personality the dominant reality of the groups shared perception. Like a carrier group is a projection of US strength, frame is the projection of your personal strength. Interpersonal Reality is subjective as much as objective. That doesn't make sense until you can start imposing your will successfully on people.

Google rollo's iron rules & rollo frame to get his iron rules & frame articles. Go read em

Theinternetroll 1 points 24 August, 2018 04:22 PM [recovered]

It is not alpha, dominant, or within frame to break a girl's nose you dumbass

You need to read a hell of a lot more before you try to use any of this in real life

You're another one of those guys that is going to rape a chick and call it Red Pill

Luis\_McLovin • 7 points • 24 August, 2018 05:36 PM

Jesus Christ the white knights are here as well

Theinternetroll 1 points 24 August, 2018 05:40 PM [recovered]

It's not white knight to not rape and beat the girl you're dating you stupid fuck

Luis\_McLovin • 4 points • 24 August, 2018 05:48 PM

white knight to advocate never an appropriate situation where a man might have to physically harm a woman, yet wouldnt give the same advice to when confronted by a man

sexist white knight, wake up, wake up

Theinternetroll 1 points 24 August, 2018 05:54 PM [recovered]

I'd agree that there are situations to physically hurt a woman.

An MMA fighter should be able to navigate that situation without breaking a nose.

A guy that is red pill would have navigated the situation to where the woman would have never grabbed his face in the first place. It isn't Red Pill to just beat and rape women.

Luis\_McLovin • 3 points • 24 August, 2018 05:58 PM

you're the only one speaking of rape. no one has asserted that. you are talking to yourself there.

Theinternetroll 1 points 24 August, 2018 05:59 PM [recovered]

The comment you replied to mentioned rape.

Good job staying with it...

Luis\_McLovin • 3 points • 24 August, 2018 06:02 PM

Yes, good job to you being relevant to the whole chain.

[deleted] • 2 points • 24 August, 2018 06:06 PM

Drop rape from what I said since things are getting too complicated for ya.

Everything I said still stands

CursingWhileNursing • 1 point • 24 August, 2018 07:54 PM

Wait, even *if* he did beat the crap out of her unprovoked, but *10 years*? Woah...

wiffofass 1 points 24 August, 2018 08:26 PM [recovered]

I take care of my skin. Use a dermaroller and creams everyday. Some bitch decides to scar and possibly blind me? I would not be able stop myself. It's fucking scary. Probably easier to go all the way and get rid of the body afterwards.

ThrowFader • 1 point • 25 August, 2018 04:28 AM\*

deleted

[deleted] • 1 point • 24 August, 2018 10:15 PM

Wow just wow. Guess the most beautiful ones are the most dysfunctional. Then make it look like they got it altogether.

Lavlamp • 1 point • 24 August, 2018 11:23 PM

If a pro MMA fighter was on top of her and wanted her dead, she would be dead. No question. Even if it was another untrained male the same size as the fighter.

I hope he lawyers up big and flips the script somehow. 1/1000 odds but a guy can hope.

punchyson • 1 point • 25 August, 2018 08:37 PM

Just gonna say it, he shouldn't have hit her. There is nobody who is going to take his side publicly because he is a man, and because he is a pro fighter.

Pretty sure I've heard a story like this a few years back with the fighter known as "War Machine".

[deleted] • 1 point • 26 August, 2018 01:53 PM

yeah, War Machine was a piece of shit

Framexemplary • 1 point • 27 August, 2018 05:32 PM

Enjoying these posts - I just don't think they should be considered field reports. FR are for applying RP theory to get lays or escalations on women - you are using real world observations to observe Red Pill Theory. I think these are theory related posts.

[deleted] • 1 point • 27 August, 2018 05:34 PM

fair enough ... couldn't decide

Framexemplary • 1 point • 27 August, 2018 05:37 PM

Very Very very important for a man - if ever you are in a situation that is getting out of hand. Where a woman is escalating and maybe getting physical - you must leave the situation. Even if she is in your apartment and trashing the place. It will end badly for you if you try to deal with it alone and without supportive witnesses. The BP world will try to white knight. You will be blamed. GTFO!!

[deleted] • 3 points • 27 August, 2018 05:38 PM

absolutely ... I just don't think this guy had any time

Framexemplary • 1 point • 28 August, 2018 04:43 PM

Or this guy didn't realize how vulnerable he was to women in society.

the\_real\_lunch\_box • 1 point • 30 August, 2018 07:32 AM

You are in no way hitting a woman back unless you have a camera and microphone rolling in HD. Don't do it just take the hits and remove yourself from the situation. It sucks but this will never change. And those things are crazy sometimes you can't even avoid getting hit.

rudra\_1793 1 points 24 August, 2018 03:29 PM **[recovered]**

About the white knighting guys on social media , I have seen more guys dropping hints of red pill on sm and it won't be long before majority of men complete the full circle and are back to being misogynistic again .

[deleted] • 8 points • 24 August, 2018 03:31 PM\*

These guys' attempts to stroke her ... whatever ... were pathetic.

[deleted] • 5 points • 24 August, 2018 04:01 PM

Good times create weak men. Weak men create bad times. These white knights are the weak men and the MMA dude going down is the bad times.

I see a future for female MMA hit-women to be hired out as body guards during plate breaking.

yumyumgivesome[ ] • -1 points • 24 August, 2018 04:45 PM

My first response to Mike was, "he's a 200lb muscle-bound fighter and she's only a 120lb bartender with perfect tits."

It's dialogue like this that makes it feel like the entire story is wrought with hyperbole. I'm not saying it's a lie or that it can't be used to teach a valuable lesson. But Jesus Christ dude, try giving reality a fairer chance at entertaining us.

[deleted] • 2 points • 24 August, 2018 04:50 PM\*

I wouldn't swear that I worded it that way, but it was close ... may have said great or big instead of "perfect" ... may have used MMA or professional fighter instead of "muscle bound" ... pretty close though

yumyumgivesome[ ] • 1 point • 24 August, 2018 05:12 PM

Fair enough. Nonetheless, I appreciate the stories and learning lessons.

[deleted] • 3 points • 24 August, 2018 05:13 PM

Thanks ... they are pretty close to true ... sans names etc.

SuperCrazy07 • 0 points • 24 August, 2018 06:37 PM

For about a minute I considered it

Uh, I don't care if you're 6'4...if he is a 200lb pro fighter this would have ended badly for you. If he fought at 155, this would end badly for you.

That said, love your stories.

[deleted] • 1 point • 24 August, 2018 06:40 PM

Well .. I coached wrestling for years and even have worked with MMA fighters ... I am 6'4" 275. He couldn't take me down. I hit harder. At 50 I would hate to face low-leg kicks from a 25yo stud. I don't know.

SuperCrazy07 • 3 points • 24 August, 2018 06:45 PM

Fair enough, if you have a lot of wrestling/grappling experience, you might hold your own. I just had a flashback to BJJ when high level, but scrawny little dudes (that were 80-100lbs lighter than me), could tap me pretty quickly.

[deleted] • 2 points • 24 August, 2018 06:51 PM

I've done some BJJ and used wrestling in reverse to avoid going to the ground ... sprawl on everything

falecf4 • 0 points • 25 August, 2018 12:10 AM

Another reason to literally record EVERY interaction with females!

JustinDell990 • -1 points • 25 August, 2018 04:49 AM

MMA fighters are so insecure. I know a couple and they are all severely fucked up, violent, generally bad people who are overcompensating for something.

Also lost count of how many of those faggots I've left writhing in agony on the ground with stab wounds in their gut or shards of glass in their eyes. They think they're tough because they fight with fists. This isn't the stone ages anymore, you come at me with fists I have no problem coming at you with a knife, beer bottle or lead pipe.

Atheist\_Utopia • 1 point • 25 August, 2018 06:59 AM

Why fight them though?