Hawaiian Libertarian

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Compiled by /u/dream-hunter
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Aloha kakou! E Komo mai!

Keoni Galt · 14 March 2007 · Archived copy · Original



Aloha and welcome to my blog!

Although I've been reading a wide variety of blogs since 2000, it is only today that I finally felt inspired to join the cyber-rat race and create a blog of my own. The inspiration came from the discovery of the online MRA movement about two months ago, which eventually led me to reading the online book, "The Garbage Generation" by Daniel Amneus. While reading this book and perusing over a few of the MRA sites, I had an epiphany of sorts.

The topics and themes covered in Amneus' work and those found on MRA blogs was not something I was completely ignorant of - yet I never had the entire picture of the changes of Western society in the past 40 years come into focus so clearly in my minds eye. I have been aware of all the various issues -- the propaganda of the feminist movement, misandry in the pop culture, unfairness towards men in divorce law and family court, the corruption of the welfare state, and the ever growing beast of a strong, central government expanding through socialism -- for a really long time, but I have never read anything prior to The Garbage Generation that finally connected all the dots.

However, what really strikes me is that I have been a skeptic of conspiracy theories all of my adult life...yet the epiphany for which I experienced while digesting Amneus' treatise on the efforts of the useful idiots of feminism to overthrow the traditional structure of Western society from Patriarchy and revert to Matriarchy, it required believing that in fact the cultural contortions of the past 40+ years is the purposeful and deliberate results of the infiltration and subterfuge of Marxist ideology as discussed by MRA blogger, No Ma'am, in his blog post: The Communist Takeover of America.

It sounded crazy to me at first...but it was really reading through the various MRA blogs that came to actually believe that in fact the goals of the Communists during the cold war have in fact been actively pursued, and achieved success on a wide variety of fronts in Western culture...the destruction of the foundation of society - the nuclear family model of Patriarchy- is well underway and the evidence is undeniable.

My two short months of regularly surfing through MRA blogs from the UK, Canada, the US, Australia and Aotearoa (New Zealand) have given me anecdotal testomonials and viewpoints that led me to the realization of just how ubiquitous the proliferation of feminism in the Western World has become. The commonality of experience from such a wide geographical dispersal of MRAs worldwide have settled the argument conclusively for myself...Feminism is the cultural WMD employed by the communist conspirators to destroy the West's traditional cultural norms and societal structures and supplant it with the soul destroying socialism.

With that in mind, I decided to enter the foray of MRA blogging for myself - to share in relating the common

experiences and opinons about "feminist creep."

My brothers in MRA, understand that the Matriarchy has proliferated at the highest levels of social, cultural and governmental power from Western Europe all the way to my island home in the middle of the Pacific, and much of what you all write about, I too have experienced for myself or seen it played out while growing up in the 50th State of the USA.

I hope I can bring a unique perspective on the issues that make for compelling reading. And if you think I'm full of kukae (I'm sure you can figure out what that Hawiian word means from the context...), than feel free to comment on that as well. My goal is not to be liked, nor is it to be hated...only not to be boring.

A hui hou!

Song for Jody

Keoni Galt · 14 March 2007 · Archived copy · Original

"Ain't no use in going back
Jody's got your Cadillac

Ain't no use in calling home
Jody's got your girl and gone

Ain't no use in feeling blue
Jody's got your sister too

Took away my faded jeans
Now I'm wearing Army greens"

- "work songs" some troops in Iraq sing while doing PT (physical training).

This is the kind of stuff that makes my blood boil...

'Jody' - Blogging Baghdad, the Untold Story

So yesterday, due to a project going on longer than I expected, I missed my 4:20 bus I normally catch from my office here in Downtown Honolulu back to my home in the middle of the island...so I caught a ride with a female co-worker and her daughter, who works in the same building as we do and live in the same town I do.

My co-worker is in her 50's and her daughter is 22. While riding home, daughter recieves a call on her cell phone and proceeds to talk to a friend of hers that is apparently in the middle of a divorce.

Come to find out after the call was over, daughter's friend married a soldier last year, and he got deployed to Iraq. While the poor guy is over in the sand box putting his ass on the line for the country, Mrs. Newlywed almost immediately began to go out night clubbing and banging a whole succession of "Jodies." My co-worker's daughter tells me how they went out and had a good old time partying it up - but when the soldier came back for his first R&R, he found out about her cheating ways and pretty much demanded a divorce almost immediately.

So he got a lawyer and served her papers right before heading back to Iraq to finish his current tour of duty...and Mrs. DirtyHo is already going back to the clubs with my co-worker's daughter and their peer group, getting men to buy them drinks, dressing like sluts, and looking for the next "Jody."

Her whole attitude while talking to her friend on the phone and the way she told me the story was basically from the whole "it's always the man's fault" perspective and that she was happy that her friend was going to finally be "free."

When I told my co-worker's daughter that I hoped her friend did not get one red cent of her Husband's benefits and pay because I thought that was pretty crappy of her to be cheating on her husband while he might actually come home in a box bleeding and dying for our Country, she didn't know what to say. After a few moments of silence, they changed the subject of conversation.

This conversation bothered me. I've been thinking about this all last night and today as well - so when I got into work today, I googled "Deployed Iraq soldiers cheating wives" and found the MSNBC report.

Too bad the military won't do something to help protect our soldiers from being screwed over while they are deployed...perhaps a law where a spouse cheating on a deployed soldier would lose all benefits, and forego any claims on alimony and marital property?

That would be too much to expect from our present day, feminized military administration and the zeitgeist of no-fault divorce in todays disgusting Matriarchy.

"Boys Are Stupid" - Hawaii Style

Keoni Galt · 15 March 2007 · Archived copy · Original

Part of the reason why I wanted to start my own blog was to share my perspective on the corrosive spread of the Matriarchy that has touched almost every corner of the Western World - and I've discovered by reading other MRA blogs from around the world that Hawaii is no different than any other place in the West.

Hawaii has been "Blue" for over 40 years - which means that the Union/Democrat Party machine has enjoyed almost absolute political power since the late 1950's, and of course, in American politics, when the liberal Democrats have such a stranglehold on any particular State's political power, the liberal socialist agenda gets implemented to a greater degree than you normally see in America's "Red" states (the States that have a Conservative/Republican majority).

Hawaii was also one of the States that was first to institute no-fault divorce, and we also have one of the highest per capita level of welfare recipients (single-mothers), and we were also the state that provides subsidization for Planned Parenthood - which in practice is a "non-profit" organization that bascially provides free abortions without parental consent for teenage girls. While other states are fighting over the issue of parental consent, Hawaii has quietly been subsidizing the practice for years now. I personally knew of several girls while I was going to High School who did exactly that - some of them multiple times.

In short, Hawaii is extremely feminized.

So look at the kind of feminist dreck a newspaper columnist writes in our primary daily here, the Honolulu Advertiser: Making Fun of Boys Totally Fair

> I never thought I'd say that there's a downside to not being oppressed.
>
> No, I don't want to be stripped of my job, my salary, my degree, my right to vote or any freedoms I enjoy.
>
> I do want to be able to explain to a 9-year-old boy in terms he will understand why I think it's OK for girls to wear shirts that revel in their superiority over boys.

Glad to see you've recognized that you are no longer "oppressed." Ooops, wait a minute - not only are you no longer oppressed, but you think girls, by virtue of their gender, are superior to your 9 year old son? Poor little boy...you don't even know you're a mangina in training.

> The T-shirts became an issue when my son Corwin begged me to buy his dad an "I beat your mom at Mario Kart" shirt as a testament to my poor video game skills.
>
> Ha, ha, ha.
>
> I struck back and suggested we buy his sister a shirt that said "Boys are stupid."

Ahh, I see. Instead of teaching your boy that one shouldn't wear shirts that denigrate people we supposedly cherish and respect in your life, you "strike back" at your Son with your thoughtless, deeply ingrained misandry.

> In general, I support a girl's right to offend any member of the opposite sex who happens to cross her path. In fact, I'd much rather see a little girl wearing a shirt that mocks boys than one that turns them on.
>
> That's not a conversation I'm willing to have with a 9-year-old, though, so I used the equality argument instead.
>
> The problem is that even smart boys like Corwin sometimes have a hard time seeing the big picture.
>
> Women have made big strides in the past few decades, but men still dominate when it comes to high-level and highly-paid positions, according to the Bureau of Labor Statistics.

So instead of telling your son what you truly believe, "...I think it's OK for girls to wear shirts that revel in their superiority over boys," you lie and 'used the equality argument.'

The problem is that even smart women like yourself sometimes have a hard time seeing the big picture - that instead of accepting the meme that the paucity of high-level women in high-paid positions is due to Women having the options and flexibility in todays society to either work or stay at home and have a man (or the welfare state) subsidize that choice...while Men generally don't have that choice. We just have to work until we retire and/or die.

> Maybe tomorrow's women will be propelled further faster if they obliterate the inferiority complex that apparently persists in some girls, especially when it comes to subjects like math and science. This "boys are stupid" thinking could lead to the obvious conclusion: Girls are smart.

People who need to denigrate, insult and put others down usually do so because they have their own inferiorities and insecurities they are trying to hide. Besides, your obvious conclusion has already been debunked...didn't you get the memo? It's official: Men are smarter than Women.

> In Corwin's eyes, I'm the primary authority figure. He could be sitting six feet away from his dad and he'll still get up to find me in another room to open a container, help him with his homework or answer a question, except, of course, if it deals with video games.
>
> My second-in-command is his bossy little sister, whose powerful personality forces all of us to bend to her whims and wiles.

Aiyaiyaiyaieeeeee...the boy IS doomed to be a pushover mangina for sure...

> It's not fair, he says, because everyone knows that boys are smarter than girls.

I take it back...there's hope for this boy afterall!

The Politics of Sex

Keoni Galt · 20 March 2007 · Archived copy · Original

Having attained awareness of the ongoing revolution of our times - the Matriarchy's usurping of the Patriarchy to subvert civilization - I've been avidly researching and reading everything I can find online whenever I get the time.

One of the author's I've discovered is the former Reagan Supreme Court Nominee, Retired Justice Robert Bork. He is a phenomenal writer and in his book "Slouching Towards Gomorroah" he nails radical feminism to a "T." This is one book I will be ordering when I have the spare $.

From Chapter 11, The Politics of Sex, excerpted by Fathers For Life.org

> Isaac Newton's Principia Mathematica is a "rape manual" because "science is a male rape of female nature"; Beethoven's Ninth Symphony expresses the "throttling murderous rage of a rapist incapable of attaining release." (1) These and other ludicrous pronouncements may incline sensible people to dismiss today's feminism as a mildly amusing but utterly inconsequential fit of hysterics. That would be a mistake.

Indeed it would be...as I can attest to the fact that I and my peers are/were largely unaware of just how radical the effect feminism has had on society and culture in the past 40 to 50 years. I can recall my mindset was the general consesus of most of my generation: that namely it is a generally positive thing, and that the fringe kooks are just humorous lesbos that have taken their attitudes a bit too far - but that overall feminism is a good thing even though 95% of American women would not really describe themselves as 'feminists'. This is instructive as to how the destructive, anti-Patriarchical attitudes and actions of the feminist movement have become today's paradigm. In the section entitled "Feminism Past and Present, " Bork writes:

> Many people suppose that feminism today is a continuation of the reform movement of the past. They occasionally notice a ranting Bella Abzug or an icy Gloria Steinem but imagine them to be merely the froth of extremism on an otherwise sensible movement. That is not the case; the extremists are the movement.

Now that I have become aware, I see the cultural rot begat by this poisonous ideology everywhere - yet I am also dismayed that the popular image of feminism as a "sensible" movement endures.

> Radical feminism is the most destructive and fanatical movement to come down to us from the Sixties. This is a revolutionary, not a reformist, movement, and it is meeting with considerable success. Totalitarian in spirit, it is deeply antagonistic to traditional Western culture and proposes the complete restructuring of society, morality, and human nature.

Looking at the marriage statistics, demographics on reproductive rates, the epidemic of divorce, the rising average age of marriage and an entire generation of children enstranged from their Fathers, I would say that Bork's description of "considerable success" may in fact unfortunately be understating how much success radical feminism has achieved.

> America has seen women's movements before, reform movements seeking for women the political and cultural privileges held by men. They represented what best-selling author and professor of philosophy Christina Hoff Sommers calls "equity feminism" to distinguish them from "gender feminism", the radical variety. She identifies herself as an equity feminist. (4) It would be better, I think, to drop the word "feminism" altogether since the movement no longer has a constructive role to play; its work is done. There are no artificial barriers left to women's achievement. That fact does not mollify the radicals in the slightest. Revolutions, it is commonly observed, often break out not when circumstances are next to intolerable but when conditions begin rapidly to improve. There are now more female than male students in universities, and women are entering business, the professions, and the academy in large numbers. Yet this seems only to fuel the rage of the feminists.

> Indeed, Midge Decter thinks improvement is precisely the problem. She asks "why there should have been an explosion of angry demand on the part of women who as a group were the freest, healthiest, wealthiest, longest-lived, and most comfortably situated people the world had yet laid eyes on." (5) She answers that "It is a freedom that frightens her [today's woman] and disorients her and burdens her terribly ... The appeal to her of the women's movement is that in her fear and disorientation, the movement offers her the momentary escape contained in the idea that she is not free at all; that she is, on the contrary, the victim of an age-old conspiracy that everything troubling to her has been imposed on her by others." Decter has a profound point. A woman who formerly had a constricted range of choices "must now decide everything essential to her." Whether to be serious about a career, whether to marry, whether to divorce, whether to bear children. Everything is in her hands "to a degree possibly unprecedented in the history of mankind, a degree experienced by her as bordering on the intolerable." The responsibility is too much, the choices too many.
>
> The radical feminist movement not only explains that any dissatisfaction she may experience is the fault of others, namely men, but also comforts her with a sense of solidarity and common purpose in the way that some men find the battalion a welcome relief from the freedom of civilian life. There is probably more to it than that, however. Radical feminism is not merely a way of discovering that a woman is not free. It is also a cause that creates an orientation and a meaning in her life that unstructured freedom destroys. Radical feminism is thus similar to causes such as the identity politics of the racial and ethnic programs on campuses.

Bork introduces an interesting concept here as to why feminism can be such an attractive ideology for the young women of today: radical feminism is a mental crutch for women of today's society set adrift from the Patriarchy by the Feminist Matriarch Revolution. Much like the old, hard-liner communists in the early 90's of Eastern Europe who longed for the rigid structure of communist totalitarianism once the Soviet Empire collapsed, many radical feminists simply cannot handle the responsibility of so much freedom...because along with freedom comes consequence. Rather than deal with the consequences of their choices, feminists point the finger of blame at scapegoat class to avoid looking at their own inadequacies and failures...in this case, the entire Male gender. Now where in history have we seen that particular facet of scape-goat blaming behavior before?

I think Rush Limbaugh's coining of the term "FemiNazi" may be a more apropos term than I first thought.

The Solution to the Damage Feminists Have Caused

Keoni Galt · 22 March 2007 · Archived copy · Original

Thanks to Rob Fedders from No Ma'am for giving me the link to Amneus' follow up to The Garbage Generation, a much more detailed book and one that actually offers a solution to the crisis of marriage dissolution and the rising crime and social ills begat by the Feminist Matriarchy: The Case for Father's Custody.

Riveting reading...I'm still about 2/3rds of the way and I came across a paragraph that perfectly encapsulates that timeline of radical changes feminism has wrought:

> There was another—albeit brief—feminine paradise during "the best years," the postwar years of family values, the patriarchal years of 1945-65, when "never had so many people, anywhere, been so well off," when there were likewise feminine figures and symbols everywhere. Women were placed on pedestals. These years created the Baby Boom and doubled the American industrial plant in two decades—accomplishments of an "essentially peaceful character,"22 and of a patriarchal character.
>
> The disruptive feminism which followed, and reacted against this patriarchal prosperity, terminated the Baby Boom, exchanging it for a below-replacement level birthrate, thirty percent illegitimate, and with a sixty percent divorce rate—and millions of fatherless children. The feminist revolution convinced women that family values are not central to all aspects of life for women, but that women can establish their sexual autonomy by male-style achievement in the world of work.
>
> The result has been swarms of females taking over male jobs—and expecting Affirmative Action benefits and special favors for their sex, lest they be discriminated against, lest they be supposed to need husbands. Result: income redistribution on a massive scale, male rolelessness and demoralization on a massive scale—and female unchastity on a massive scale, entrenched and now presumed to be a right—"the sexual revolution has transformed not only our behavior, but our deepest understanding of sex and its meaning in our lives," to quote the dust wrapper of Re-Making Love.

The paradigm shift has been made, the damage has been done. Do we in the West go along with the continued descent into Matrilineal chaos or will we ever find the will to re-discover the civilizing influence of Patriarchy again?

Amneus ceratinly makes a strong case on HOW this can be done: Automatic, default custody of children to the Father in Divorce.

"Feministicide" or Death by Matriarchy

Keoni Galt · 23 March 2007 · Archived copy · Original

I wish to bring attention to University of Hawaii Professor R.J. Rummel's blog, Democratic Peace.

He coined the term "Democide" which means:

> "The murder of any person or people by a government, including genocide, politicide, and mass murder".
>
> For example, government-sponsored killings for political reasons would be considered democide. Democide can also include deaths arising from "intentionally or knowingly reckless and depraved disregard for life"; this brings into account many deaths arising through various neglects and abuses, such as forced mass starvation. Rummel explicitly excludes battle deaths in his definition. Capital punishment, actions taken against armed civilians during mob action or riot, and the deaths of noncombatants killed during attacks on military targets so long as the primary target is military, are not considered democide.

With that in mind, Rummel has devoted a large amount of time researching Democide, and has determined that the greatest cause of Democide in the 20th century was committed by Governments founded on Marxism...or Communism.

> By my count (here) for 1900-1987, totalitarian regimes murdered about 138 million (communist regimes about 110 million out of 169 million overall for all governments. Electoral or procedural democracies murdered 2 million (149 thousand domestic, mainly due to the Spanish Civil War); liberal democracies murdered none of their citizens.
>
> Some, mainly on the left, argue that my figures for communist systems are way too high, while being too low for democracies, especially like the United States. Okay, cut in half all my estimates for communist systems, and double those for democracies. That leaves the communist murdering 55 million versus 4 million for the democracies (almost all wartime democide against enemy civilians). We can even go further and do this again, and the conclusion remains the same--nondemocratic socialism is one of the great threats to human life. In other words, as far as democide is concerned, the major danger, by far, is from the nondemocratic far left.
>
> Be clear, regimes on the right, such as the absolute monarchies and non-socialist fascists like Chiang's Nationalist government of China (10 million murdered) and Japan's WWII military government (6 million), also committed major democide, but overall much less than the Marxists. Truly, we can say of communism, it is death by Marxism.

Economically, Marxism has by and large failed...but only after millions upon millions of human beings lost their lives in the process. But where it has failed economically, it has certainly achieved total success in it's cultural invasion of the West.

Socialism is now a given in Western politics, and this was accomplished through feminism.

When one is aware of the communist underpinnings of feminst ideology, looking at our current state of affairs in the West and the continual advancement of the marxist agenda of the liberal Democrats in the US and the Pro-Socialist governments of Europe, one can only conclude that right now Rummel's Democide tally of Communism is

going to be changing in the not-too-distant future - once the Patriarchy is totally dismantled and socialism takes complete dominance in Western society.

Now there's a study I'd like to see carried out by those with the time and resources to do so...let's see what is the total tally of a term I propose we call "Feministicide" which literally would mean "Death by Matriarchy."

The Feministicide tally would be the total number of deaths caused since the 1965 (the arguable starting point for feminist's cultural subversion in the West) by abortions, all of the murders committed by males raised in single parent homes, the suicides of all roleless males raised in the ghetto matriarch's as described by Amneus in his books The Garbage Generation and The Case for Father's Custody.

Though it won't probably reach the proportion of Rummel's research in Democide, I bet the figures would still be pretty high.

Discover the Networks

Keoni Galt · 27 March 2007 · Archived copy · Original

Here's a helpful guide that contains a lot of information about feminists, it's history and the major personalities of the movement...all written with a particular viewpoint, one critical of their feminist-lefitst-socialist agenda, rather than the typically hagiographic puff pieces you find in traditional mainstream media sources.

DiscoverTheNetworks.org: A Guide to the Political Left

Although it's not focused on feminists overall, it does have some good info about the feminist movement, as most of us know that just about all feminist groups and individuals are really just Marxist/Socialist leftwingers.

DiscoverTheNetworks.org - Individual Feminists

> This section profiles individuals who profess a commitment to advancing the rights of women, but whose practical agendas are radical and politically left.

DiscoverTheNetworks.org - Feminist Groups

> This section examines groups that profess a commitment to advancing the rights of women, but whose practical agendas are in fact radical and politically left. Some of the groups profiled here identify their principal issue as abortion rights, which is a moral issue that is not a hallmark of left or right. The pro-abortion groups listed here identify themselves as feminist organizations in the radical meaning of the term. They all embrace leftwing agendas that go well beyond the abortion issue, supporting race and gender preferences in the workplace and academia; quota hirings and promotions; socialized medicine ; federally financed and regulated day care; and "comparable worth" regulations that amount to government-imposed wage fixing.

DiscoverTheNetworks.org - Leftwing Gender Bigots

>

> This section contains quotes that expose leading feminists as the hate-filled leftwing bigots that they are.

Discover the Networks is the brainchild of former leftist and founder of FrontpageMagazine, David Horowitz.

>

All Anna, All the Time

Keoni Galt · 27 March 2007 · Archived copy · Original

The American mainstream media has just spent yesterday devoted to the closing chapter of one of the greatest orgies of oversaturated media stories since OJ Simpson hacked his wife to death...the death of America's greatest Gold Digger of all time, Anna Nicole Smith. Her autopsy report merely confirmed what most reasonable, common sense person thought when they first heard the news of her passing...drug overdose.

Well Duh.

Now many people constantly criticize the American media for it's sensationalist, over-saturated stories on pop culture and the cult of celebrity...but the reason why they do so is because their is a STRONG demand for such mindless dreck masquerading as "news."

In short, TV has been feminized, and such coverage of usually mildly interesting yet not really important celeb-info-tainment stories like Anna Nicole Smith is just one aspect of the feminization of American Television.

So are we REALLY surprised that the media found a ratings bonanza in the All Anna, All the Time coverage we've endured since America's foremost gold-digger overdosed on a cocktail of painkillers and anti-depressants? It's not as if the news story was actually SHOCKING.

The ratings have been sky-high, because even though Anna Nicole has been the source of gold digger jokes and snide remarks by comedians and late-night TV talkshow hosts for the past decade or so, Anna Nicole represented what millions of me-first American Matriarch's aspire too as the ultimate "independant" woman: find the gullible, 90 year old billionaire, marry him, and wait out the few years until he kicks the bucket and voila: INDEPENDANCE!

So while millions of women laughed at the jokes told about her, and millions of others said nasty, snide remarks about her to deny their jealousy of the opportunity she had to live out the "dream," the fascination with her death was real, because American matriarchy-minded-me-first skanks and hos were deep down, in their heart of hearts, mourning the loss of their ultimate role model.

Sadly, the overall lesson to be learned from the fiasco known as Anna Nicole Smith's life - that abundant materialism like the kind Anna married, is no guarantee for a happy life - is lost on the majority of American women who aspire to achieve the same "success."

Women: The Angrier Sex

Keoni Galt · 31 March 2007 · Archived copy · Original

It's true: Women are showing there rage

(Hat tip: Dr. Helen)

> "Heather Joshi, the study co-author, states, "Our study show that women report being angry far more often than men do."
>
> > IT is the research finding every man suspected, and every women will vehemently disagree with - women are the angrier sex.
> >
> > New research that examined the responses of 22,000 people over 50 years has found that women are more likely to feel angry and persistently frustrated than men.
> >
> > They also are more likely to act on their frustration in an unhealthy manner, choosing passive aggression over non-violent confrontation, psychologists say.
> >
> > And Hell really has no fury like a woman scorned, as thirtysomething women with no partner are far more likely to report angry feelings than those with partners....
> >
> > Dr Dryden, who runs a clinical practice in London, said his work with patients suggests women respond to anger in a less constructive manner than men.
> >
> > He said: "Instead of using it as an opportunity for assertion, they tend not to deal with it directly, often becoming passively aggressive, talking behind people's backs, or taking feelings out on other people."

Who would of thought, eh?

And people get paid to study what any bloke with common sense figures out? It's still good to get this kind of research saved so that the next time you encounter a female that mindlessly drones out the various feminist memes that women are the "gentler" and "more peaceful" gender....or the old "IF women ran the world, there would be no war!"

Dr. Helen makes a good point here:

> The researchers speculate that women's anger is prompted by feelings of powerlessness caused by "entrenched sexism in modern society." As opposed to what, less sexism in ancient society? When sexism was more prevalent, women were even more "ladylike." Today's women are encouraged to express anger in our "you go, girl" culture but instead of using anger constructively, women continue to take the mean-girl routes, talking behind people's backs, avoiding confrontation and personal responsibility for their anger by being anonymous and/or passive aggressive in their approach. What this leads to is probably... more anger.

I think Dr. Helen touches on it, but I don't think she understands the entire picture: when women were more "ladylike," it was during the period where orderly society was based on the Patriarchal Nuclear Family model in which shame was an important part of people regulating their social behavior.

But now that we've begun the reversion to Matriarchy, shame has been lost and women (and men) no longer feel the pressure to conform to societal norms to act "ladylike."

Chivalry is dead, and feminism killed it. Women are "equal" and free from the "oppression of Patriarchy."

Yet they are angrier than ever.

You'd think they'd be happier than since feminism has freed them from Patriarchal oppression, right?

RIGHT?!?!

The Travesty of 35 Years of Feminism in NCAA Athletics

Keoni Galt · 31 March 2007 · Archived copy · Original

It's a matter of record that the feminst movement has been attempting social engineering by implementing their ideas into policies enforced by law in American institutions like the military, and the public school systems. One of those efforts has been the passage of Title IX legislation 35 years ago. This anniversary coincides with the NCAA "March Madness" Basketball tournament. 35 years later, one can see that like just about all feminist promoted legislation, it's sold as a means of "helping" woman achieve equality - when in reality, it's simply another case of feminists passing laws that help women by hurting and discriminating against men.

National Review's Carrie Lukas writes about it today:

> Many members of the organizations sponsoring the conference recoil from any suggestion that innate differences between the sexes contribute to disparate outcomes, whether on a basketball court or in the workplace. “Discrimination” is the only acceptable explanation when men out-participate or out-perform women, while women’s triumphs ironically are ignored.
>
> It’s hard to imagine, for example, the gender-obsessed handwringers pondering why women outnumber men in so much of academia during their conference breakout session “Title IX: It’s Not Just for Athletics.” Speakers from “The Association for Gender Equity Leadership in Education” and “The National Alliance for Partnerships in Equity” will surely discuss achievement in the hard sciences (where men still outnumber women), but psychology and education (in which women earn about eight of ten bachelor’s degrees) undoubtedly will be overlooked. Few will lament the inherent “inequity” in women constituting 58 percent of college graduates.
>
> Indeed, athletics is one of the few areas of schooling where men predominate. A survey of high school seniors found girls were more likely to participate in music and performing-arts activities, academic clubs, student council or government, and the newspaper or yearbook. The only extracurricular activity where boys out-participated girls was athletics.
>
> Title IX enforcers seek to change this, but not just by encouraging more female participation in sports, which most everyone sees as laudable. Far from merely barring discrimination, activist administrators have interpreted Title IX as demanding equal outcomes. Colleges and universities must demonstrate “participation opportunities for male and female students are provided in numbers substantially proportionate to their respective enrollments.” Not surprisingly, schools eager to avoid costly lawsuits often make the numbers add up by reducing sports opportunities for men.

Mrs. Lukas goes on to cite examples of various Universities across the country that have cut Male athletic programs just to avoid sanctioning from the NCAA just because of the unequal amount of female interest or participation in athletic programs.

This is sheer travesty. On a basic level, the majority of female college students are just not CHOOSING to participate in athletics...but to "ensure an equal outcome" the school has to cut other male athletic programs. This is nothing but sheer, naked Marxist Socialism!!!

"Equality" is always held up as the ultimate ideal by the Socialist minded liberals...but they NEVER fail to

recognize that TRUE equality is ONLY achievable by reducing EVERYONE to the lowest common denominator.

Mrs. Lukas finishes with a statement for which I whole-heartedly agree:

> Title IX was sold as a way to ensure everyone has the opportunity to live up to his or her potential, not as a means to decimate male athletics. It’s time to reform Title IX and its enforcement so that male and female sports can both thrive.

7 Things to Keep in Mind

Keoni Galt · 3 April 2007 · Archived copy · Original

Vox Day has written an article for WND, entitled: The Wrath of Women.

In it, he makes 7 points you should keep in mind when you are dealing with a female in your life who is chronically angry...

> 1. She is responsible for her feelings. You are responsible for your actions. These two things are not identical and in most circumstances are not even related.
> 2. If she is angry no matter what you do, then her anger is unrelated to your actions and there is nothing you can do to resolve it.
> 3. If she gets angry over crazy and petty things, she is using her anger to control you.
> 4. Women despise men who allow themselves to be controlled.
> 5. A no-win position is actually a can't-lose situation. If she puts you in a position where you cannot win regardless of what you do, then you are completely free to do whatever you want without taking her feelings into account at all. Enjoy the freedom.
> 6. Life is too short to waste it with the angry. You're going to spending a lot of time in avoidance anyhow, so you'd do better to avoid the entire relationship from the start.
> 7. If a woman is always angry with her work, her family or her friends, she will always be angry with you as soon as you become a part of her life.

Number 7 is probably the most important consideration one should bear in mind when you are in the early stages of ANY kind of voluntary relationship with a person of either gender: a miserable person will make you miserable if you let them draw you into their miserable world.

If you do notice the other person in a new relationship is constantly angry, it would be best to remember Vox's tip No. 6. Once you've known a person long enough to evaluate their "anger" levels, cut the perpetually disgruntled from your life before you become just as miserable and angry they are.

Parental Alienation Awareness Day

Keoni Galt · 3 April 2007 · Archived copy · Original

[image]Glenn Sacks has a post about Parental Alienation Awareness Day 2007.

I don't think it's a stretch to say that most of us in the West know people who come from broken homes and were alienated from their non-custodial parents (usually the father).

Usually, the children are turned against their father by a vindictive, selfish ex-wife who uses her children as a weapon to hurt her ex-husband, and also as a means of extorting money.

The worst part of it, is that most children who are being used in this way have no idea they are simply pawns in a sick game, and they truly believe their Fathers are heartless, uncaring pigs that have abandoned them because they don't love them. Many never realize that their mothers either drove their fathers out of the picture for her own selfish reasons, or that she took the children away and have brainwashed them.

But not every case of Parental Alienation works out that way. Sometimes, the Father IS a real deadbeat dad. But even in those cases, most Mothers fail to own up to their responsibility in choosing an irresponsible man to sire children with them.

They get to play the role of "victim" of a "typical male" and place all the blame on him - and they usually express this sentiment repeatedly to the innocent children - both consciously and subconsciously. This invariably harms her children regardless of their gender. It teaches that girls are never wrong, that it's ok to make bad decisions and be irresponsible because it's always "his" fault, while boys grow up hating their fathers and unknowingly hating themselves. What these selfish, angry women don't realize is that teaching a young boy to hate his father is teaching him to hate himself.

I say this because I personally know of people that have been scarred by such behavior. And than I also know of a few exceptions to this rule as well...

I have a close friend who did choose a "bad boy" as the father of her first two children. They lived together for a few years, and eventually got married...while he was a drug using, hard drinking philanderer that cheated on her consistently.

After she finally opened her eyes to the truth of what she married, and realized that she was NEVER going to be able to "fix" him, she left with the kids.

It is now 10 years later, and she remarried a "good guy." But what I really commend her for is her honesty with her children and the way she handled the post-divorce custody issues. She was aware of how Parental Alienation can negatively affect her children, and she strove to avoid doing it as best she could.

She never played games with visitation, and she never bothered him for child support or sent the courts after him. She consciously strove to avoid bad mouthing their father, and she let the kids visit their father whenever they wanted to...and when the kids themselves would see how their father acted - selfish, whacked out on drugs or drunk, bringing around his skank of the week and flaking out on plans for taking them places and doing things -- they would ask their mom why he would act that way.

It was only then that she would tell her children that all of the problems they were going through was her fault for

choosing the wrong man to father them, and that she was really sorry that they had suffer for her own bad judgement in men, and that they should love and respect their step-father as the example of a good man.

In short, the boys were alienated from their father...not because she turned them against him, but because he turned them away from himself through his own behavior. But I'm happy to say that both those boys have grown up in a much more happy, stable environment with a stable, loving and supportive Step-Father who has adopted them and provided for them financially and served as a positive role model...while their biological father is still a 36 year old live-at-home with his mother, drug dealing, womanising loser.

If only more Women where as honest and responsible as my friend was, and would own up to their own mistakes and be much more critical in choosing men to make children with, than a Parental Alienation Awareness Day would not be necessary.

Women Bosses are More Sensitive?

Keoni Galt · 3 April 2007 · Archived copy · Original

MSNBC posts an article on how to cope with a boss who is a bully. It's an interesting article, but I found an interesting point where a person interviewed in the article points out the difference between the sexes...

> For some employees who work for bullies, acceptance might also be an option, says Gini Graham Scott, author of “A Survival Guide to Working with Bad Bosses: Dealing with Bullies, Idiots, Back-Stabbers, and Other Managers from Hell.”
> There might be some companies, she says, where people are just more intense and emotional because of cultural differences. “If you're part of a culture and everyone yells at everyone you have to learn to accept that, or maybe the job is not right for you,” she explains.
>
> And don’t take it personally. “I think some women can be more sensitive and personalize these things, where men can have a stiffer upper lip. They all yell at each other and then go out and have a drink,” Graham Scott adds.

You don't say?

"Anna-Nicole Smith died of a sudden and massive injection of unearned wealth."

Keoni Galt · 3 April 2007 · Archived copy · Original

Here's a great article from TCS Daily: The Perils of Unearned Wealth.

Jerry Bowyer's article makes the point that:

> The thing about wealth creation is that it requires certain virtues, like patience, thrift and diligence.

And he closes with the corollary point of:

> Scarcity is a tutor and when it is no longer there to restrain our appetites, only character remains.

It's a pretty good read on the situation...but it pretty much beats around the bush over the topic of naming Anna for what she was - a gold digger.

> Anna Nicolle's way is the way it's not supposed to be. Be born reasonably pretty and adopt a flexible attitude towards cosmetic surgery and public disrobement. Shake your tassels into the right face and viola, you're Mrs. Billionaire. Her husband poured his heart into oil; she poured silicone into her chest. He took almost a century getting there; she took less than a decade. He died in his nineties; she died in her thirties.

"The way it's not supposed to be" - in terms of how you build and successfully retain and live with wealth. But how Anna did it? For millions of women in the West, that is EXACTLY how it's "supposed to be." Why work, sacrifice, suffer through hard times and multiple failures before finally realizing success, when you can simply shake your silicone in an old man's face and end up rich beyond your wildest imaginations?

It's the "Get Rich Quick" entitlement mentality that has infected the West in epidemic proportions. Funny though...you almost never hear about such gold-diggers that end up happy and productive in life. A gold digger has a certain psychological make-up...one that justifies and rationalizes acting like a parasite. But I believe that deep down inside, women like Anna KNOW that they are acting like nothing more than a lowly parasite, and it gnaws at their soul, instilling a deep unhappiness for which they try and mask with rampant indulgences in hedonism.

> If you go from the trailer park to unlimited wealth, chances are good that you will overdose on something - food, booze, or (in this unfortunate case) sleeping pills.

Yes, the Truth DOES hurt...

Keoni Galt · 4 April 2007 · Archived copy · Original

Heather Mills breaks down over "gold-digger" jibes.

> "I could have gone down that path of lowering myself to everyone else's level ... and proven my innocence," she said, referring to the media coverage following her split with McCartney in May last year.
>
> "All I did was fall in love with somebody -- madly -- and give up my life for seven years, you know.... and then to be vilified for it? I'm actually quite shocked."

Notice the language here. That's code-speak for "You owe me millions of dollars (or Pounds as in her case) for MY SACRIFICE!"

What about Sir Paul? He sacrificed having seven years for which he could have had any other woman he wanted? Or does Ms. Mills think that for seven years she could have pursued her career to the point of success that would have equalled the wealth, status, stature and jet-set luxury she enjoyed while leeching off of Sir McCartney?

What exactly did she "give up?"

The Black Family: 40 Years of Lies

Keoni Galt · 6 April 2007 · Archived copy · Original

I recently got into a debate with a liberal, pro-feminist friend about why blacks in America are in such economic, social and legal dire straights in the inner cities of America.

When I told him it was primarily due to the destruction of the nuclear family which was largely caused by LBJ's "The Great Society" welfare policies, he got mad (he is a hardcore, card-carrying union member leftist liberal Democrat) and tried to tell me that it was Senator Moynihan that was most concerned with the state of the Black nuclear family and that the "Great Society" was a success and that LBJ was the greatest civil rights President the US has ever had.

Because of this disagreement, I was inspired to do a bit of research and came across a great article on just this topic in the City-Journal archives.

The Black Family: 40 Years of Lies

> Prompted by Moynihan's still-unpublished study, [lyndon B.] Johnson delivered a speech at the Howard University commencement that called for "the next and more profound stage of the battle for civil rights." The president began his speech with the era's conventional civil rights language, condemning inequality and calling for more funding of medical care, training, and education for Negroes. But he also broke into new territory, analyzing the family problem with what strikes the contemporary ear as shocking candor. He announced: "Negro poverty is not white poverty." He described "the breakdown of the Negro family structure," which he said was "the consequence of ancient brutality, past injustice and present prejudice." "When the family collapses, it is the children that are usually damaged," Johnson continued. "When it happens on a massive scale, the community itself is crippled."
>
> Johnson was to call this his "greatest civil rights speech," but he was just about the only one to see it that way. By that summer, the Moynihan report that was its inspiration was under attack from all sides. Civil servants in the "permanent government" at Health, Education, and Welfare (HEW) and at the Children's Bureau muttered about the report's "subtle racism." Academics picked apart its statistics. Black leaders like Congress of Racial Equality (CORE) director Floyd McKissick scolded that, rather than the family, "[i]t's the damn system that needs changing."

Moynihan and LBJ were initially on the right track...but the Black leaders of the era and the feminist movement that actively promoted the destruction of the nuclear family as "Patriarchal Oppression" shouted down Moynihan's and LBJ's calls for strengthening the Black Families as the answer to the lower income poverty and ghetto pathology. Instead, they called such analysis "racist" and "sexist" and than went on to enact the "Great Society" welfare state that made black men unneccesary to support their families and completely dismantled the structure of the nuclear family, exacerbating the pathologies of poverty in the American ghettos.

> Feminists, similarly fixated on overturning the "oppressive ideal of the nuclear family," also welcomed this dubious scholarship. Convinced that marriage was the main arena of male privilege, feminists projected onto the struggling single mother an image of the "strong black woman" who had always had to work and who was "superior in terms of [her] ability to function healthily in the world," as Toni Morrison put it. The lucky black single mother could also enjoy more equal relationships with men than her miserably married white sisters.

> If black pride made it hard to grapple with the increasingly separate and unequal family, feminism made it impossible. Fretting about single-parent families was now not only racist but also sexist, an effort to deny women their independence, their sexuality, or both. As for the poverty of single mothers, that was simply more proof of patriarchal oppression. In 1978, University of Wisconsin researcher Diana Pearce introduced the useful term “feminization of poverty.” **But for her and her many allies, the problem was not the crumbling of the nuclear family; it was the lack of government support for single women and the failure of business to pay women their due.**

Thus the impetus to enact family destroying legislation that comprised the so-called "Great Society."

> With the benefit of embarrassed hindsight, academics today sometimes try to wave away these notions as the justifiably angry, but ultimately harmless, speculations of political and academic activists. “The depth and influence of the radicalism of the late 1960s and early 1970s are often exaggerated,” historian Stephanie Coontz writes in her new book, Marriage, a History: From Obedience to Intimacy, or How Love Conquered Marriage. This is pure revisionism. The radical delegitimation of the family was so pervasive that even people at the center of power joined in. **It made no difference that so many of these cheerleaders for single mothers had themselves spent their lives in traditional families and probably would rather have cut off an arm than seen their own unmarried daughters pushing strollers.**

Ahhh...gotta love limousine liberalism - good enough for me but not for thee.

The misery of the poverty stricken ghettoes of Black America owes it's existence to feminists and their poisenous, anti-family policies of the 60's.

Stop Global Whining

Keoni Galt · 10 April 2007 · Archived copy · Original



Good god, the Global Warming Hysteria is reaching epic, idiotic proportions! Check out the following...

> Bill Ties Climate to National Security
> By Bryan Bender, Globe Staff | April 9, 2007
> WASHINGTON -- The CIA and Pentagon would for the first time be required to assess the national security implications of climate change under proposed legislation intended to elevate global warming to a national defense issue.
>
> The bipartisan proposal, which its sponsors expect to pass the Congress with wide support, calls for the director of national intelligence to conduct the first-ever "national intelligence estimate" on global warming.
>
> The effort would include pinpointing the regions at highest risk of humanitarian suffering and assessing the likelihood of wars erupting over diminishing water and other resources.
>
> The measure also would order the Pentagon to undertake a series of war games to determine how global climate change could affect US security, including "direct physical threats to the United States posed by extreme weather events such as hurricanes."
>
> The growing attention to global warming as a national security issue could open new avenues of support for tougher efforts to limit greenhouse gases, according to specialists.

"Global Warming" the movement (not the natural phenomenon) is simply the propaganda movement of the NWO of global socialists trying to limit the first world countries economic success and influence.

So while Al Gore flies around the world in his private jet, like chicken little clucking "The Sky is Warming! The Sky is Warming!" we get stories like this coming out...

From AgWeb.com :

> Last year was record warm, this year record cold! April is currently tracking as the coldest April in 113 years - a dramatic change from last years #1 warmest ever. Even after some late month moderation, April 2007 will likely keep the month in the top 7 coldest in history. The Southwest is the one exception, but even here temperatures will cool dramatically late in the week. And, the snow is not over!

So now we know...Blacks are the protected class.

Keoni Galt · 12 April 2007 · Archived copy · Original

We've had a number of interesting stories in the media for the past few days that highlight the unacknowledged facts in our modern, Western society...namely that one particular minority group is a protected class and the "sacred cow" that cannot be discussed, criticized or held responsible for their own behavior. It really is getting to the point of ridiculous absurdity.

To wit - Don Imus makes an offhand, bigoted comment about the Rutgers Women's Basketball team and the race hustler pimp media whores, Jesse Jackson and Al Sharpton, go ballistic and threated all kinds of boycotts and demonstrations unless Imus is immediately fired. Imus is now unemployed from both his TV Simulcast on MSNBC AND from his CBS radio show.

Now Imus deserves whatever punishment he gets...but to see these two extortionist race hustling hypocrites lead the charge is almost more than one can stomach. What penalty did Al Sharpton pay for ruining the life of Officer Pagones in the Tawana Brawley debacle? Where's the apology from Jesse Jackson for branding the Duke Lacrosse players as racist rapists - when all charges have just been dropped? When did Jesse Jackson apologize to Jews for calling New York "hymie town?"

So Al Sharpton and Jesse Jackson can pariticipate in a number of defamatory and sladerous actions and the media never calls them on it. Indeed, they are still reverentially referred to as "Reverends" and are the first blacks consulted whenever any kind of potential racial issue or controversy regarding blacks in America becomes a news item. "Reverend" Jackson had an extra-marital affair with an assistant, and gave her a bunch of tax-exempt, charitable money from his Rainbow-Push extortion organization to maintain her and the bastard child he sired with her...but he's still the revered "Reverend."

Al Sharpton and Jesse Jackson are the two most prominent examples of how Blacks are now a "protected class" in the US. They can say or do just about anything morally objectionable, and they are given a free pass and are never questioned. Worse yet, they are granted the legitmized authority by the media to be the spokespersons for what is racially and morally objectionable.

Speaking of the Duke Lacrosse False Rape Accusation story...

> However, Cooper said no charges will be brought against the accuser, saying she “may actually believe” the many different stories she told. “We believe it is in the best interest of justice not to bring charges,” he said.

WTF?

Here we have a double whammy...Crystal Gail Mangum, the false accuser...is black, AND female. So she basically gets away with ruining the lives of three college men simply because she is of the protected class (black female is a double dose of immunity in todays PC climate), she will pay NO penalty whatsoever.

Is this what "equal justice under the law" is supposed to mean?

And the double-standards of the press are simply abominable. While much of the MSM posted pictures of all three men who were falsely accused, they STILL do not use Crystal Mangum's name in reports (like in the MSNBC article I just linked to that only refers to her as "the woman,") let alone show us her picture.

[image]

At least John Podhoretz of the NYPost does what the rest of the MSM SHOULD be doing...

Finally, lets take a look at what's going on across the pond...Tony Blair has recently said that much of the problems with a recent spate of murders in the UK is due to "black culture."

That's what the headlines say...but if you read further, we find that Blair correctly points to the real problem with "black culture." And it appears to be the same issue that plagues "black culture" in the US as well: Black males raised in homes without Fathers.

Despite the fact that Tony Blair has spoken the truth, he's been inundated with complaints and insults for daring to point that out.

> The Rev Nims Obunge, chief executive of the Peace Alliance, one of the main organisations working against gang crime, denounced the prime minister.
> Mr Obunge, who attended the Downing Street summit chaired by Mr Blair in February, said he had been cited by the prime minister: "He makes it look like I said it's the black community doing it. What I said is it's making the black community more vulnerable and they need more support and funding for the work they're doing. ... He has taken what I said out of context. We came for support and he has failed and has come back with more police powers to use against our black children."
>
> Keith Jarrett, chair of the National Black Police Association, whose members work with vulnerable youngsters, said: "Social deprivation and delinquency go hand in hand and we need to tackle both. It is curious that the prime minister does not mention deprivation in his speech."
>
> Lee Jasper, adviser on policing to London's mayor, said: "For years we have said this is an issue the black community has to deal with. The PM is spectacularly ill-informed if he thinks otherwise.
>
> "Every home secretary from [David] Blunkett onwards has been pressed on tackling the growing phenomenon of gun and gang crime in deprived black communities, and government has failed to respond to what has been a clear demand for additional resources to tackle youth alienation and disaffection".
>
> The Home Office has already announced it is looking at the possibility of banning membership of gangs, tougher enforcement of the supposed mandatory five-year sentences for possession of illegal firearms, and lowering the age from 21 to 18 for this mandatory sentence.
>
> Answering questions later Mr Blair said: "Economic inequality is a factor and we should deal with that, but I don't think it's the thing that is producing the most violent expression of this social alienation.
>
> "I think that is to do with the fact that particular youngsters are being brought up in a setting that has no rules, no discipline, no proper framework around them."
>
> Some people working with children knew at the age of five whether they were going to be in "real trouble" later, he said.
>
> Mr Blair is known to believe the tendency for many black boys to be raised in families without a father leads to a lack of appropriate role models.

Blair hits the nail right on the head here...yet the typical talking heads and so-called spokespersons for the "black community" all rush in to castigate Blair and ignore or invalidate the point Blair made. These black "leaders" NEED to have white, Patriarchal racism as the boogeymen so that they can maintain and wield their power and influence...because the real solution here is NOTHING they can do about - because the problem with "black culture" in the US and the UK is NOT economic deprivation..it's FATHER deprivation.

But since Black's have now become the protected class, NO CRITICISM can be made. No blame can be taken. It's always whitey's fault...or men's fault.

Until this "protection" ceases to keep "black culture" from recognizing, dealing with and taking responsibility for it's own problems and pathologies, and "racist society" can always be the scapegoat to blame, the black matriarchy will continue to populate the ghettoes with wild, young black male criminals and unwed teenage welfare moms to perpetuate a "black culture" that is increasingly criminal and deviant.

Hairy Legs

Keoni Galt · 14 April 2007 · Archived copy · Original

So, while I was planning to make a different post, I was surfing through some MRA sites, and via feminist scum, I ended up getting into a debate with Amy, a young feminist on her blog, Scorpio Risen.

I stumbled across her rant about Society's "Patriarchal Oppression" that "expects" women to shave their legs, and got into it a bit with her. Before I get into the specifics, I will say that Amy does deserve some credit for allowing dissenting opinion on her blog, and that even though it's obvious she's quite the angry young female prone to vulgar invective, she has thus far been pretty cordial in response to my challenge to her rant.

The following is my reply to her last response to me, with her arguments in italics:

> Personally, I could give less of a fuck about making myself attractive for males.

Than why are you angry at all and feel the need to rage about the conventions of society that are basically in place because females are primarily concerned with making themselves as attractive and desirable as possible? And if you really don't care, than are you a lesbian? And if you are a lesbian, are not at least concerned about making yourself attractive to other lesbians?

> Hawaiian Libertarian, you probably won't be surprised, but I disagree with you. "Femininity is the specific traits women have for expressing their DIFFERENCE from the male gender." That's not true. Femininity and masculinity are not about both genders expressing their differences, they are the guidelines imposed, and drip-fed as ideology, from an early age, exaggerating any natural differences, and to maintain the patriarchal status quo.

Your indoctrination in feminist denials of the differences between the sexes couched in post-modernist gobbledy gook is complete.

Males and Females are different in many, many different ways. The differences in gender are merely the evolution of the species designed to complement each other to providing a well balanced environment for raising the next generation of the species.

> If the mindset of society was more liberal to choosing to shave or not to shave, rather than simply expecting women to be shaved, then I suspect less women would shave, and more men would be less judgemental.

Here's a newsflash: Men will NEVER be "less" judgemental.

Neither will women.

Judgementalism is a trait that is inherent in us as a species. Even if NO women in the west were to shave ever again, and we men accepted and even learned to prefer it (as it is in some European countries), we would simply be judgmental about some other aspect of the female physical appearance in determining whether or not we would

want to pursue any particual female. "She has beautiful leg hair, but her ass is still too fat and her boobs sag."

Judgementalism is how we ALL discriminate whether or not a person would be suitable for mating.

If more men quit working and collected welfare and got fat and lazy, do you really think you and the rest of the females in the West would be "less judgemental" about dating/marrying/hooking up with said loser? Somehow, I don't think so.

> You mention competition amongst women for male suitors. You do have a point there; women aren't particularly expected to be competitive, except for trying to attract males.

You are too focused and worried about what society "expects" women to do. Much of the expecation is what you women put onto yourselves for your own reasons.

> *Are you really suggesting that we are not superior to other animals? And therefore, our social patterns must follow suit? And by the way, genders are socially constructed, whereas sex is biological, so perhaps you should ensure your terms are correct ;).*

I'm not suggesting that at all. I merely do not deny that the biological imperative that exists in all of us to procreate to ensure the survival of our species is non-existant or nullified simply because we are capable of abstract thought -- the trait that does make us superior to all other animal species on the planet.

Just because we can think beyond instinctual impulse does not mean such instincts don't exist, nor does it mean they do not play a powerful role in influencing our thoughts and our actions.

No matter what your feminist influences tell you, I will never agree to this idea that genders are socially constructed, as if they are some seperate entity from sex. I've observed too much innate differences with my own eyes to believe this notion.

We are different from each other because we both have different reproductive organs and varying levels of hormones that influence and control our responses to stimuli. That is why women are more prone to crying at emotionally intense situations while men are more prone to clamming up and "avoiding" or "not talking about it." You women actually feel better from "talking it out" while we men just get a sick feeling in our stomach when you tell us "we need to talk about us!"

Patriarchy IS an artificial construct. But it's NOT a system solely designed for men to oppress women for their own benefit.

It's a trade off system between men and women in which women agree to share their reproductive lives with men in exchange for men supporting them. It's a system that evolved to control female sexual desires and limit it to a lifetime monogomous arrangement, giving the male relative reassurement that the children of their marriage are his.

In exchange, he will than be motiviated to work hard and support his family, secure in the knowledge of the paternity of his children. It is a social contract.

Women's liberation movement and feminisim is all about rejecting that social contract. You feminists look at the deal and say, "I don't need you men to support me, so I will NOT allow you to control my sexuality."

When you reject the artificial model of Patriarchy, you get what we now see in modern society. An epidemic divorce rate and millions of single mothers raising men who are no longer motivated to become providers for their families that they would have become under the influence of the Patriarchal model of society.

Hence, women now outnumber men in college, and boys are failing and dropping out of high school in record, unprecedented numbers.

Why bother working hard to achieve career success when a woman doesn't need me for nothing but my sperm to whelp her children and extract child support from me while alienating my kids from me and denying me any parental rights and responsibilities?

Modern, feminist women who have the mentality you demonstrate on your blog want nothing to do with the Patriarchal contract. Fine.

So you're free as you want to be. You have the pill, you have the freedom to abortion, and you no longer have societal wide condemnation for "living in sin" or even sleeping around with multiple partners. You can even have kids from different fathers and cut them out of the kids lives, take child support from them and recieve welfare support...and yet you still rage against "Patriarchal oppression?"

You already have the means to reject Patriarchy and not suffer the consequences of ostrasization and extreme poverty of women who once did when Patriarchy was the dominant model of relations between the genders.

Walk around in your mini-skirt with hairy legs and guys will most likely avoid hitting on you - which is what you want, right?

But notice who gives you the nasty looks, snide comments and snickers behind your back about your hairy legs...your fellow sisters.

That's not "Patriarchal oppression." That's peer pressure from your fellow females - all wrapped up in playing the competitive game of attracting potential mates.

Whether society abides by Patriarchy or Matriarchy, the biological imperative to breed will still compel women to attract men, and you will still have SOME kind of social norms or "rules of the game" when it comes to competing for potential mates.

If not hairy legs, there will be some other aspect of your physical appearance that other women will find some means of differentiating themselves from the competition in the game of mate attraction.

Avoiding Ideological Monomania

Keoni Galt · 16 April 2007 · Archived copy · Original

Monomania, or the obssession with one idea, is a dangerous pitfall whenever one becomes passionately involved in an ideological movement or when one becomes a dedicated supporter.

To put it simply - with an MRA mindset, it's quite easy to see any issue, any topic or any current event, and apply the ole "feminism is too blame" reasoning to it. I think it is important that we should all recognize that this kind of mindset can lead to mistakes and errors in judgement that may hinder ones credibility or compromise your objectivity.

Now, lest I be mistaken, I do need to reiterate the point that I do believe the feminist mindset has become pervasive and ubiquitous, so simply pointing out the many different variations and manifestations of the consequences of the societies paradigm shift from Patriarchy to Femininst Matriarchy does not make one a monomaniac. Indeed, much of feminists ideas are deeply ingrained into us, as we are now moving into the 3rd generation of Western society since the Matriarchal revolution of the 60's. There are many, many areas of our modern lives that have been affected by this, and one could spend a lot of time correctly pointing them out (and indeed, most MRA blogs do). But I still think that we bloggers need to be careful when we find yet another instance of feminism to point out, critique, criticize or deride...can we REALLY blame a certain event or instance on the pervasive corruption of feminist influence - or are we so focused on it as an issue that we start to see it EVERYWHERE....even where an objective viewpoint clearly can see it does not?

We need to be aware of the dangers of falling into a monomaniacal mode of thinking, simply because monomania is a primary attribute of modern day feminists...i.e. they see everything and everyone and every action as yet another manifestation of "Patriarchal Oppression." We need to avoid such specious and flawed analytical predilections to avoid becoming like the feminist useful idiots that are quite adept at repeating the propaganda points they've been indoctrinated with, but simply CAN'T engage in a discussion with opposing viewpoints and disagreement.

Monomaniacs thoroughly beholden to the idea that feminism is the explanation and answer to everything, and if a reason or explanation should run counter to their programmed indoctrination, the response is to avoid, ignore, change the subject and/or censor the dissenting argument. Case in point, feminist blogger Scorpio Risen detailed in the preceding blog post - who simply could not or would not answer my counter-points.

She blames the pressure women have to shave their legs to conform to social norms as "Patriarchal Oppression." When I challenged her assumption that in fact the social pressure she is raging against has nothing to do with "Patriarchal Oppression" and everything to do with females competing to attract males as a natural state of mating in the human species, she did not even address that counter point, but simply evaded answering me directly and focused on a different tangent that was largely irrelevant to the main point I made.

Thus, her monomania tendencies with regards to feminism manifests itself for all to see. Patriarchal Oppression is her Moby Dick, and she is the Captain Ahab, seeing the great white whale wherever she looks.

Of course, as I am trying to point out here, she is merely a single example of the monomaniacal mindset of modern feminists. I think the tendencies are better illustrated by taking a more mainstream article written by an obviously feminist minded editorialist from the Gainseville, FL newspaper

Sexism is Keeping Women "in their place" in politics

Let the Fisking begin...

> As a basically optimistic person, and in view of the recent increased number of female leaders, I naively had begun to think that there is less sexism in our society. I have realized how naive and overly optimistic I am in view of several recent events.

There will never be less "sexism" in our society in your eyes, because you feminists must ALWAYS blame someone or something for your own shortcomings.

> For example, earlier this week I read a lengthy newspaper article that focused primarily on the color of scarves worn by House Speaker Nancy Pelosi during her recent trip to the Middle East.
>
> In this article there were few comments about Speaker Pelosi's ideas and observations about her meetings with various political leaders. This particular information would appear to be important in view of the fact that she is third in succession to the presidency.
>
> In addition, I was struck by the lack of coverage about the color of ties worn by the congressmen who accompanied Speaker Pelosi.

Of course, she makes no mention of who the writer of this article was...but I'd bet anything it was either a woman, a gay man or a metrosexual mangina that wrote the article focused on what Nancy was wearing. Real men would consider such details to be superfluous and completely unneccessary to a political story. And the reason why women journalists are writing about what women politicians and leaders are wearing is because women readers care about such things. But because newspaper editors and women journalists recognize that women readers want to know such details, this feminist looks at the reporting and immediately blames it on "sexism" (aka 'Patriarchal Oppression').

Just like Scorpio Risen blaming the competitive pressure amongst women to attract men on the same.

> Another example of on-going sexism is the news coverage of Sen. Hillary Rodham Clinton. Why is she typically referred to as "Hillary" rather than Senator Clinton? Referring to a woman in a powerful position by her first name definitely is sexist.

The WSJ's Best of the Web Today had the best response to this:

> Phyllis M. Meek, who apparently is an administrator at the University of Florida, doesn't think women in politics get enough respect. Here's one of her complaints, outlined in a Gainesville Sun op-ed piece:
>
> > Another example of on-going sexism is the news coverage of Sen. Hillary Rodham Clinton. Why is she typically referred to as "Hillary" rather than Senator Clinton? Referring to a woman in a powerful position by her first name definitely is sexist. . . .
> >
> > Referring to Sen. Clinton as "Hillary" is a not so subtle way of diminishing her importance as a very competent and intelligent elected female U. S. senator.
>
> We went to Mrs. Clinton's campaign Web site, where the banner atop the homepage reads "Hillary for President." Links on the site include "Join Team Hillary," "The Vilsacks Endorse Hillary," and, our favorite, "Women for Hillary." Apparently the conspiracy to keep women down is so vast that Hillary--sorry, Mrs. Clinton--herself is in on it.

Hilarious.

Let's continue with Mz. Meek's monomaniacal diatribe...

> It is important to remember that sexism is a means by which to reinforce the basic belief that not only are women inferior to men, but just as important is the accompanying belief that women inherently are less valuable than men.

It is important to remember that sexism is a means for feminists to constantly point to red herrings and logical fallacies and claim victimhood status for which the State needs to be petitioned to address the grievances to benefit women at the expense of men.

> It thus is not surprising that powerful women are "kept in their place" by emphasizing aspects of their physical appearance rather than their intellectual abilities. Referring to Sen. Clinton as "Hillary" is a not so subtle way of diminishing her importance as a very competent and intelligent elected female U. S. senator.

Again, most of us men could give a crap what a woman leader is wearing. Reporters and articles that spend any kind of extended focus on how women politicians are dressed are virtually garunteed to be written by women reporters aiming to appeal to women readership.

> Why are people, particularly men, so threatened by intelligent and talented women? Is this due to the well established idea that such women are being "uppity" and do not know their "appropriate" role?

This argument is one of the largest fallacies oft repeated by feminists, ad naseum. Yes, men are "threatened" by "intelligent and talented women." But it's not the threat you and all your indoctrinated sisters think it is. Men are not afraid of a woman competitor in business or politics. The real threat manifests itself in the growing trends of "intelligent and talented women" remaining unmarried or divorced.

We don't want to marry you (or remain married to you) because you in fact do NOT know your appropriate role as the nurturer and caregiver of a family. You care more for nurturing your career and personal ambition, and the results often mean screwing a man over in divorce court.

Men are not afraid of competition when they are competent and confident in their own abilities on a fair, level playing field. Where we ARE threatened, is trying to compete with women on a playing field tilted heavily in their favor - i.e. divorce and family courts. Getting married to a career woman (i.e. "intelligent and talented,") is like your average joe, recreational golfer agreeing to play Tiger Woods 18 holes without any kind of handicap.

The problems here - Men "threatened" by "intelligent and talented" women is not an issue of "Sexism."

> In view of the current caliber of United States political leaders, it certainly is obvious that strong, capable, and intelligent women such as Speaker Pelosi and Senator Clinton are needed in key leadership positions.

What does gender have to do with what is needed in key leadership positions? And aren't Hillary and Nancy current political leaders right now? This argument is so intellectually retarded when one simply takes it to it's logical conclusion: We need Hillary for President Because she is strong, capable, intelligent...AND SHE HAS A VAGINA!

I personally would not have a problem voting for a woman for President - but only if I gauged her experience, talent and abilities as the best qualified for the job amongst the available candidates, regardless of her gender.

> How can anyone deny that they particularly would be an improvement over the current occupants of the White House and the executive branch of the government?

As bad as President Bush has been to a Libertarian like myself's point of view, I fail to see how a President Hillary would be any kind of improvement at all. If your goal is to continue to screw up the country and our society by implementing more feminism, liberalism and nanny state socialism in more areas of our lives, than yes, she'd be an improvement.

But when it comes to referring to her by her first name, or female (or gay) reporters writing stories focused on Nancy's and Hillary's fashion and accessories - I don't see how you get to point at such stories as further evidence of patriarchal oppression.

An Obvious Case of Parental Alienation

Keoni Galt · 20 April 2007 · Archived copy · Original

This little recording and story has been making the rounds on the Internet, and it seems like it's been largely the consensus that Alec Baldwin is a total asshole for how he yells at his daughter on her voice mail.

Now, first of all, I won't defend Alec Baldwin for calling his daughter crude names, he is absolutely wrong for doing so. He's supposed to be the adult here -- and it's obvious he simply has problems controlling his own emotions and anger. And I cannot actually believe I'm defending him in this post, since I don't like Mr. Baldwin at all because he is a fascist left wing blowhard Democrat partisan hack that I cannot stand whenever he weighs in on any political issue of the day,

BUT...

If you look at much of the commentary on this story, you'll see that most of it is basically condemning Alec Baldwin and advocating that he lose all parental visitation rights.

I think that it's rather obvious that Kim Basinger has turned her kid against her Father...and no matter how bad Alec Baldwin has behaved in yelling at his dauther, he makes a good point through his publicist:

> *A friend of Alec Baldwin's just contacted TMZ to say that the actor called Ireland last week and apologized for his outburst. The friend added that Ireland is the most important thing in the world to* **[image]***Alec and that he is frustrated because over the last six years, Kim has "tried everything" to alienate Ireland from him.*
> **UPDATE:** Alec Baldwin's spokesperson released the following statement to the TV show "EXTRA": "*In the best interest of the child, Alec will do what the mother is pathologically incapable of doing ... keeping his mouth shut and obeying the court order. The mother and her lawyer leaked this sealed material in violation of a court order. Although Alec acknowledges that he should have used different language in parenting his child, everyone who knows him privately knows what he has been put through for the past six years.*"

So Kim has been actively trying to alienate Ireland from her Father, and after a certain point, Mr. Baldwin lost it. Yet the media wide consensus is that Baldwin is now an unfit parent for "threatening" his daughter.

I find that last point particularly disgusting for the simple fact that "threatening" IS a part of parenting. His "threat" was that he was going to "straighten her ass out."

Now if any parent were to be stripped of parental rights for "threatening" their child with discipline or consequences, the law would basically be making any and all parenting illegal. The feminist idea that Father's are not only unnecessary, but "dangerous" because of the potential for violence is becoming quite pervasive - and the attitude that Mr. Baldwin is "dangerous" for yelling that he is going to "Straigten her ass out" is disgustingly misandrist.

Now tell me, can anyone HONESTLY believe that Mr. Baldwin would actually physically abuse his daughter? Because what I hear is a very frustrated Father who simply reached a breaking point because he's so helpless in the face of a manipulative ex-wife who is using her daughter as a pawn to get back at him for a divorce. I personally think Kim Basinger has done something FAR WORSE to her daughter by releasing this recording to the public than any angry words Alec left on Ireland's voicemail.

BTW - if it indeed is true that Kim Basinger violated a court order by releasing this recording, anybody wanna bet me she will face absolutely NO CONSEQUENCES WHATSOEVER....while Baldwin may actually lose visitation rights!

The Gender Wage Gap

Keoni Galt · 24 April 2007 · Archived copy · Original

While riding the bus home from work yesterday, I was listening to the Tom Leykis radio show on my walkman, and he did an hour of his show based on the latest news being reported by the American Mainstream Media regarding the American Association of University Women - i.e. the continued promotion of feminist propaganda that the gender wage gap is caused due to discrimination.

Leykis brought on a guest for his show to discuss the latest news and the guest proceeded to point out the obvious flaws and claims of the AAUW's hypothesis and conclusions. This guest was Dr. Warren Farrell, and I was impressed with his story and his arguments about how the Gender Wage Gap is all about the choices women have the opportunity to make with regards to career, rather than the continued claims of the feminists that it is due to male discrimination.

The basic premise of the AAUW report is this:

> The pay gap between female and male college graduates cannot be fully accounted for by factors known to affect wages, such as experience (including work hours), training, education, and personal characteristics. Gender pay discrimination can be overt or it can be subtle. It is difficult to document because someone's gender is usually easily identified by name, voice, or appearance. The only way to discover discrimination is to eliminate the other possible explanations. In this analysis the portion of the pay gap that remains unexplained after all other factors are taken into account is 5 percent one year after graduation and 12 percent 10 years after graduation. These unexplained gaps are evidence of discrimination, which remains a serious problem for women in the work force.

Dr. Farrell quite forcefully refuted this on Leykis' radio show and has written more than a few articles on it. Here's the gist of his position from a New York Times Op Ed he wrote:

> Nothing disturbs working women more than the statistics often mentioned on Labor Day showing that they are paid only 76 cents to men's dollar for the same work. If that were the whole story, it should disturb all of us; like many men, I have two daughters and a wife in the work force.
>
> When I was on the board of the National Organization for Women in New York City, I blamed discrimination for that gap. Then I asked myself, "If an employer has to pay a man one dollar for the same work a woman would do for 76 cents, why would anyone hire a man?"
>
> Perhaps, I thought, male bosses undervalue women. But I discovered that in 2000, women without bosses - who own their own businesses - earned only 49 percent of male business owners. Why? When the Rochester Institute of Technology surveyed business owners with M.B.A.'s from one top business school, they found that money was the primary motivator for only 29 percent of the women, versus 76 percent of the men. Women put a premium on autonomy, flexibility (25- to 35-hour weeks and proximity to home), fulfillment and safety.
>
> After years of research, I discovered 25 differences in the work-life choices of men and women. All 25 lead to men earning more money, but to women having better lives.
>
> High pay, as it turns out, is about tradeoffs. Men's tradeoffs include working more hours (women work more around the home); taking more dangerous, dirtier and outdoor jobs (garbage collecting, construction, trucking);

> relocating and traveling; and training for technical jobs with less people contact (like engineering).
>
> Is the pay gap, then, about the different choices of men and women? Not quite. It's about parents' choices. Women who have never been married and are childless earn 117 percent of their childless male counterparts. (This comparison controls for education, hours worked and age.) Their decisions are more like married men's, and never-married men's decisions are more like women's in general (careers in arts, no weekend work, etc.)
>
> Does this imply that mothers sacrifice careers? Not really. Surveys of men and women in their 20's find that both sexes (70 percent of men, and 63 percent of women) would sacrifice pay for more family time. The next generation's discussion will be about who gets to be the primary parent.
>
> Don't women, though, earn less than men in the same job? Yes and no. For example, the Bureau of Labor Statistics lumps together all medical doctors. Men are more likely to be surgeons (versus general practitioners) and work in private practice for hours that are longer and less predictable, and for more years. In brief, the same job is not the same. Are these women's choices? When I taught at a medical school, I saw that even my first-year female students eyed specialties with fewer and more predictable hours.
>
> But don't female executives also make less than male executives? Yes. Discrimination? Let's look. The men are more frequently executives of national and international firms with more personnel and revenues, and responsible for bottom-line sales, marketing and finances, not human resources or public relations. They have more experience, relocate and travel overseas more, and so on.
>
> Comparing men and women with the "same jobs," then, is to compare apples and oranges. However, when all 25 choices are the same, the great news for women is that then the women make more than the men. Is there discrimination against women? Yes, like the old boys' network. And sometimes discrimination against women becomes discrimination against men: in hazardous fields, women suffer fewer hazards. For example, more than 500 marines have died in the war in Iraq. All but two were men. In other fields, men are virtually excluded - try getting hired as a male dental hygienist, nursery school teacher, cocktail waiter.
>
> There are 80 jobs in which women earn more than men - positions like financial analyst, speech-language pathologist, radiation therapist, library worker, biological technician, motion picture projectionist. Female sales engineers make 143 percent of their male counterparts; female statisticians earn 135 percent.
>
> I want my daughters to know that people who work 44 hours a week make, on average, more than twice the pay of someone working 34 hours a week. And that pharmacists now earn almost as much as doctors. But only by abandoning our focus on discrimination against women can we discover these opportunities for women.

In short, Dr. Farrell was once on the board for NOW and was a firm believer in the feminist propaganda that the gender wage gap was due solely to male discrimination...but common sense and logical reasoning actually brought him to question the feminist assumption that simply accepting discrimination as a catchall explanation for the gap. After ruminating on the different factors involved, Farrell came to the inescapable conclusion that the discrimination explanation simply didn't add up.

He has since gone on to write a book about the topic called "Why Men Earn More" and he has broken it down to 25 differences in the work-life choices of men and women as the primary cause for the Gender Wage Gap...none of which have anything to do with discrimination. He has even gone so far as to write an article to point out 11 tips on How Women Can Earn More.

His overview for that article really says all that needs to be said about the so-called Gender Wage Gap "Problem."

> Power is not about earning money; power is about controlling one's life based on one's values and priorities. Pay is not about power; pay is often about giving up power to get the power of pay. Power and pay are about trade-offs. If you're getting paid less than a man, before you assume discrimination, look at the 25 things men

> are more likely to do to get paid more. Women tend to trade income for fulfillment, flexibility, family, and safety. Rather than focusing your binoculars on discrimination, focus them on opportunities, such as the more than 80 fields that pay women more than men, or the 39 large fields that pay women at least 5% more than men. Based on my research for Why Men Earn More, I believe that while men earn more for different work, women today earn more for the same work--when they work in the exact same job for the same type and size of firm, same number of hours, travel and relocate equally, produce equally, have equal years of experience, and so on. You do not live in a world in which men have stacked the deck against you. Both sexes discriminate for and against both sexes.

Good to see this former NOW Board member actually speaking the truth: all things being equal, the true Gender Wage Gap comes from affirmative action quota requirements actually make Women the higher paid gender for the same amount of work.

So the only way we can truly end gender discrimination is to end affirmative action that creates incentives for companies to pay women more than men for the same skills, experience, and work.

Does anyone truly believe the feminists want to end that?

Reversing the Effects of the Feminist Revolution

Keoni Galt · 26 April 2007 · Archived copy · Original

While surfing yesterday through the MRA blogs on my blogroll (if you are on my blogroll, I read your blog daily), I came across several posts that are tengenitally related to an overall idea I've been ruminating on for awhile.

Namely, I believe that we men who have knowledge of just how destructive feminism has been to families, children and society-at-large, have two rational choices to make in this day and age.

1) Avoid marriage or cohabitation...in terms of MRA - MGTOW;

or 2) Find a woman who is worthy of trust and understands how much power she has when a man marries and has children with her -- and won't abuse it for selfish reasons that result in broken homes and another generation of children scarred by the psychic damage from being raised without a constant, positive Father influence in their lives.

While I certainly understand, sympathize and support MGTOW...the logical conclusion to the MGTOW movement if it were to become as widespread as feminism has, is the SAME biological/evolutionary dead end as feminist cat ladies. It's surrendering the next generation to the marxo-femi-socialists agenda.

I think MGTOW is a perfectly acceptable response to the ubiquitous pervasiveness of the corruption of feminism...I do tend to notice that the most outspoken and eloquent MGTOW MRA's appear to be from the UK -- where feminism has taken root much more strongly and affected far more areas of everyone's lives. Yet, I think more men need to find a woman worthy of exercising option 2 if we are to ever have hope of reversing the mainstream status of the femi-centric mentality we currently live with.

New Zealand anti-feminist blogger, Julie, from Balance the Genders, recently made a comment on Rob Fedder's No Ma'am blog that helped me come to this realization:

> Many of us blogging are not "Old School." We were not the ones seeing this coming. We are the ones living in, "What came."
>
> Today is a different day. We are not seeing into the future and trying to open the eyes of "What will be" into males and females.
>
> We are in it. We are the future meaning today is a different day.

This is absolutely correct...yet I never thought about it in this "frame of perception" until I read this. Great insight Julie.

> I love this site and others that work out, "What happened" because the past holds our answer to the future. But because we are the future, we can't be the past. (Does that even make sense)
>
> The old school feminists were so busy taking control at the top, they forgot to take control of the bottom being the people growing up. Now they realise where they failed they are educating the next generation.

This is so true. The hope lies in the fact that the truth is out there. We, as MRAs, have the advantage of pointing to the ill effects of what the feminsts have wrought as the effective means of educating the next generation on just why marriage and creating stable, nuclear families is so important.

> But while they forgot the people the MRA did not. They did not have the power so they concentrated on our generation.
>
> That means this day, being us, is their turn.

But right now, for those of us that know better, is the time for us to take OUR TURN.

> This is balance and this is normal in history. It is up to us to balance what the last generation went 'Cuckoo' on.
>
> How do we do it?
>
> Well, we go back to basics. The "old school" MRA tell us we have no hope in affecting the media because they had no hope. But then they had no hope because in their day, the feminists had severe control over this. But today, the journalists are our age and the media and just as us they want truth. Just like us they have passion and they do what they love to do.

> I personally too have heard all the "Can't do" but I questioned it and reached out to Human Rights Commission, Education Departments, Women's groups and so on only to get thanked for my input. These poeple see, really see and really want to change things. This is their passion.
>
> Please don't give up on our generation. I am not hopeless,. you are not hopeless and neither is the most of us. This is our day.

You're right Julie. We must never surrender...because surrendering to the feminist agenda is to not lose society for ourselves..but to lose it for the next generation.

So...regarding the next generation - I found another source of inspiration from Outcast Superstar's blog, in which he cited a post from the "Don't Get Married" forum. The author of this post makes some GREAT points on how we should be training the next generation of Men to carefully choose a woman worthy of creating the next generation of anti-feminists:

> So, no matter how insane it is to marry with current Ameriskanks and the legal system, men will marry.
>
> If you are one of them who must marry, at least try to be as intelligent about it as you can.
>
> First, examine the woman as best as you can. Let me repeat good signs and bad signs involving a particular woman.

1. Don't marry a divorced woman.
The dog that has bit will bite again. Divorced women have a higher divorce rate then first marriage.

2. Don't marry an unwed mother.
There are two types of unwed mothers. One is pure skank, and is an unwed mother because she skanked out. The other type, rather rare in the US, but relatively common in Mexico, simply made a stupid mistake, and trusted a Bad Man. The rare type is marriageable, but it is really tricky to sort them out with a high probability of error, so don't bother. Generally, though, unwed mothers are also more likely to be divorced.

3. Don't marry the daughter of a divorced woman.
Not only is she probably accustomed to the state of being divorced because of her mother's divorce state, but really does not know how to be married. They also have a higher than normal divorce rate.

4. Don't marry the daughter of an unwed mother.
They are also not accustomed to being around married people, so have a higher divorce rate than average.

5. Look for a woman who has ever done anything for anyone.
Most US women never have. "It's all about me." and they aren't kidding. They will tell you at great length what you are supposed to do for them, but they have no intention of ever doing anything for you. Run!

6. Look for a woman who shows signs of respecting external authority. There are only two systems of morality. Either internal morality, which means "if it feels good do it" or external, which usually means a religious based morality.

I do NOT mean a person who claims to be religious, because Christian women have a higher divorce rate than non-Christian women. You have to observe her, with the care one should use when selecting the woman to trust his life and all his assets with. Look for any signs of real morality, of following basic rules such as the Ten Commandments.

There is a Catch-22 problem here. If she agrees to shack-up with you, she is bending her morality, and that is by definition a bad sign. I can't tell you how to resolve this Catch-22 conflict.

7. Credit Card check.
If she had thousands of dollars of credit card debt, she is bad news. If she has a lot of debt, she should also flunk other stuff, but it is possible you are enamored of her mighty chest and might be foolish enough to overlook other tests, but a woman with a lot of debt will not only expect you to pay it off once but all the time. She is materialistic and greedy and way into instant gratification. Run!

8. The driving Test.
This is a one-way valve. If the woman drives like a fiend, running red lights; driving way over the posted speed limit; generally ignoring the laws of physics, ask no further question, dump her ASAP and move on. Women who drive like that almost always get divorced. They recognize no external morality. They have no concern for the well-being of others. They will do exactly whatever they feel like, whenever they feel like it.

> I am told by someone else on this URL that it is possible for a woman to drive carefully, and still be a total junkyard. So, the driving test is a one-way valve. If she flunks, get rid of her. If she doesn't flunk, make sure she passes the other tests.
>
> 9. Women perform in marriage based on their relationship with their fathers.
> From their fathers, they learn how to understand men and to enjoy being around them, without expecting them to think and act like women. If she passes the other tests, and also is very, very close to her father, your chances of divorce because of her skank-ness are very low.
>
> 10. If she expects a diamond costing three or four months pay, thank her profusely for exposing her skankness, and give her the boot.
> Ditto for an expensive wedding. In the 80's a divorce attorney wrote a book documenting the inverse relationship between cost of wedding and length of marriage. The more it cost, the quicker the divorce.

These 10 points are EXACTLY what we need to teach the next generation of men about choosing a woman who is most likely to be "the one" to nurture a marriage and a family and ensure a reasonable chance of success in raising a generation prepared to deal with a society that has been decimated by the feminist revolution we currently live in.

Now on to the final test (there is only one for men to use for themselves):

> 1. Is hunting or fishing or riding your motorcycle or playing video games more important to you than your wife will be?
> If so, break the engagement, it's not worth it. Don't even think of marrying someone if your hobbies are more important to you. When you marry, your wife is the most important thing to you. Not because she is a demanding skank, but because that's the way marriage is.

As important as it is to choose the right woman, if you are not willing to at least "ease up" on your hobbies to a certain degree, you should definitely become another member of MGTOW.

Now, after all this, if you still decide you have found a woman who is worth the risks posed by the Divorce industry culture that gives her all of the power to wreck the family, you must apply yourself to making your marriage work. Just because she has most of the power to destroy your marriage and family does not mean you don't have any power yourself in sabotaging your own family...

As this poster Outcast quotes points out, what men need to do once they do get married, is to TAKE CONTROL.

> Since it is not easy to explain what is meant by taking charge, and all sorts of weird men have all sorts of mentally unhealthy views of taking charge, let me start by explaining first what I don't mean.
>
> I don't mean a pistol, a chair, and a whip, ala lion tamer.
>
> Maybe 20 years ago, I knew a young Mexican woman married to a much older male skank. Every time we met them, he made a point to tell her if she ever misbehaved, he'd send her back to poverty. What a S O B! She

> didn't need to hear it more than once. And, when he said it, she looked sick. If I ever encountered her with a steak knife rammed into his chest and it was hung up on gristle, I'd have helped her push it. Marriage based on fear is not marriage.

The very foundation of success of the feminist effort to become the mainstream mentality was to attack the very basis of Patriarchy - by telling woman that having a man "take control" is "oppressive" by conflating relational control with Mental or Physical abuse. Mental and physical abuse are just as destructive as the feminist paradigm of selfishness...and is NOT what "relational control" means.

> When I was a boy, my mother told me, "Son, when you are married, and your wife is in a bad mood, buy her flowers and take her out to eat." Good job, Mom-skank, thanks for destroying my first marriage with your fucked up fantasies, you fiend!

And right there is the crux of all the problems manifest in children raised by single mothers in today's Matriarchal mentality. Raising their sons to believe they need to cater to women's emotional fluctuations while raising daughters to believe that what they want and need (a man to protect and provide for her and her family with competent leadership) and what they think they want (a man that caters to her emotional state) are two totally different things that create cognitive dissonance and results in the crazy behavior so many modern women are prone to in this day and age of Matriarchal chaos.

> I can tell you, though, that is what most men do. As long as Cupcake is in a good mood, they run around doing all their hobbies and having a great time, with little attention paid to their wives. Until she gets on her ear, then they panic this way and that, doing all sorts of things to make her feel all better.
>
> I call this, "Giving your dog a bone when he bites you." You have an operant conditioning program, teaching your wife the way to get warm fuzzies is to be a bitch.

> As in most cases, men should normally be doing exactly the opposite of what they are told to do. Treat your wife like a queen, then when she's a bitch, stop all the warm fuzzies, and she will grovel to get them back.

I've been married for 10 years this June (one reason why I'm not a MGTOW blogger - I couldn't. I've been married before I was even consciously aware of the current state of our feminist warped society. Luckily, without consciously realizing it, I chose a woman who passes 9 of the 10 points of the tests listed above - which is why I believe we will be making 10 years soon.)

However, it has only been through recent readings of a plethora of MRA sights, as well as perusing through the pages of another blog I found quite informative and helpful - the Reality Method and a few columns from Ross In Range - that I've finally come to realize that I too had been catering to my wife's emotional state. But in the last few months, I've begun to apply what I've learned from all this reading, and I must say, my marriage is at the best state it's ever been...even better than our "honeymoon" period! To repeat the basic point: Treat your wife like a queen, then when she's a bitch, stop all the warm fuzzies, and she will grovel to get them back. From my own anectdotal experience, I found this principle to be 100% correct!!!!

> So, when she is in a good mood, go for walks hand in hand. Buy her flowers and tell her when you saw those flowers, you felt sorry for them because they were going to die without seeing true beauty, so you decided to let them see her.

> Rub her feet! At least three or four times a week. When you are doing this, it's as hard for her to be angry with you as it is hard for you to be angry while she's shoveling your ashes. There are two kinds of women. Some women only want their skin rubbed. My Real Daughter lies there moaning and gasping with delight when I rub her feet, and it is just a very soft rubbing of the skin. My Biological Daughter likes her feet and legs kneaded like making yeast bread with all your strength. Few women don't like foot rubs. And, it does soften them up for other fun activities!

Yep. This too works most of the time.

> Do things with her, in some cases whatever she likes to do, except shopping; that is asking too much unless you get to sit by the door and watch girls walking by. Go to the spring flower show at the municipal parks. Take her for long drives to see the autumn colors. Walk at night and look at the stars.

Yes, these type of activities offer "experiences" that are much more memorable than going out and spending money on the same old restaurants and movie theatres.

> Take her to chick flicks. Rent her choice of DVD's at least half the time.

Now here is where I take exception. Chick flicks are for chicks. That's what she has girlfriend's for.

> One thing more. Most of what I know about men and women and marriage, I learned from counseling men. This is one I blundered on by myself. The first fifteen years of my marriage weren't too hot, except for the kids. I don't remember how I figured this out.

And this is where MRA blogs are VITAL to the effort of rearing the next generation of anti-feminists!

The next point is also crucial to marital success:

> But, you want to control your wife's association with you.

> Think about men you know. Joe's always happy. "Hey, buddy, how's your hammer hangin'? Let's have a beer!" You can't think of Joe in any other way.
>
> Bill is a grouch. Always whining about something. Never fixes anything. Just likes to whine. And, you can't think of Bill without thinking of his whining.

> Your wife will have a similar view of you, based on what she normally sees.

This is absolutely true. If you are a grouchy, miserable fuck, always complaining and grumbling, you are setting the tone for your relationship and how she percieves and reacts to you...EVEN IF YOU NEVER DIRECT THAT BEHAVIOR DIRECTLY AT HER. The poster elaborates:

> When I was married 15 years, I started a campaign. When my wife came in the room, I said, "What a great wife! Mwaa, mwaa." Not smacking sounds, the words as spelled.

> When I came in the room, I said, "What a great wife! Mwaa, mwaa."
>
> At first, she was angry. Then, she started laughing when I said it. Then, she began to take it as normal, which means my goal was reached. When she thought of me, she simply could not help but think of my face saying, "What a great wife! Mwaa, mwaa."
>
> December 29, 1995, I fell on my face in our Mexico City home, and was in a coma for 6 days. She was told I might be an idiot IF I survived. When I finally regained consciousness, I had tubes in my mouth and couldn't talk. I looked at her, and moved my lips, "Mwaa, mwaa." She started laughing and crying at the same time. She knew it was really me. (Turned out to be encephalitis)
>
> So, what is the purpose of this? It gives you control. Most men have nothing to do but suffer when their wives act like fiends. When you are doing all this stuff, and your wife is a jerk, and you cut off the warm fuzzies, she really starts to suffer and will do anything to get them back. You have something to take away from her when she's a jerk, and that's good.

This is where you get "Gender Balance." Because when it comes to common sense, everyone knows women control the major need we men have to be happy: sex. The only way to have success in a relationship, is to achieve balance by creating something she needs from you.

> Most husbands don't have control; they don't have the wife addicted to warm fuzzies, so when a seducer at work gives them warm fuzzies, they think they have found their true love -- and you are toast.

This was how I was for the first 9 years of marriage, and we've had many, many ups and downs, conflicts and problems related to this. It was only through my raised awareness through reading MRAs and MGTOW that I finally learned about what I've been doing wrong all along. My children will be raised as anti-feminists, and they will have the positive examples of how a man and woman relate in a positive manner so they too can grow up and help propagate the next generation of AWARENESS.

Funny...and Unfortunately, Sad But True.

Keoni Galt · 26 April 2007 · Archived copy · Original

[image]

Click on image to see it full size.

Alec Baldwin Interview

Keoni Galt · 27 April 2007 · Archived copy · Original

Alec Baldwin has made what he calls his last public appearance/PR interview on the View the other day, addressing the current situation over the released audio message to his daughter, and indicating that he is going to step away from acting and devote himself to the issues of divorce and parental alienation.

It's a great interview, and he makes a lot of points. Perhaps it takes a high profile Hollywood case such as this one to finally put the issues of parental alienation and the inequity and injustice for men in the Divorce industry to the fore of mainstream consciousness.

You can watch the interview here.

Based on this interview, I believe my initial reaction to the phone message was correct - that this is a case of Parental Alienation and that Alec had simply lost it due to frustrations caused by a vindictive and selfish witch of an ex-wife who is merely using her daughter as a pawn to hurt Alec.

As I said before, I am no fan of Alec Baldwin - especially since he's such a Democrat tool deidcated to promoting the marxist/socialist agenda. But I wonder if this whole issue is going to wake him up to the fact that the party he supports wholeheartedly is the very same party that is beholden to the lawyers who make an entire living breaking up families and alienating children from their loving fathers....and that the party he has wholeheartedly endorsed is the very same one that has promulgated the feminist agenda that has enacted the divorce and custody laws he now suffers tremondously from.

Good luck Mr. Baldwin. I'm sure the MRA movement will eagerly await your book on divorce and parental alienation.

Equal Parenting Bike Trek

Keoni Galt · 2 May 2007 · Archived copy · Original

Counter-Feminist brought this event to my attention...

Robert and Rob Equal Parenting Bike Trek

> August 11th 2007 Robert Pedersen and Rob Mackenzie will start their over 600 mile bicycle trek from the Lansing Capitol to Washington, D.C.. This will be an intense multi-day bike trek through numerous states ending in Washington, D.C. where they will be greeted by thousands of people attending the national rally in Washington, D.C. on August the 18th.

The Bringing Children and Families Back Together rally on the national mall is an attempt to highlight and raise public consciousness of the disaster wrought by the feminist movements machinations to drive Fathers out of the family and marginalize their roles in their children's lives.

WE MUST COME TOGETHER

“GOVERNMENT HAS COME INTO OUR HOUSEHOLDS,
AND WE WANT THEM OUT!”

The "Value" of Stay-at-Home Mom's Housework

Keoni Galt · 2 May 2007 · Archived copy · Original

Reuters just released this "news story."

Stay-at-home mother's work worth $138,095 a year

This is pure, unadulterated feminist propaganda, meant to appeal to the narcisstic, self-centered mentality of the typical American entitlement princess...and it's intent is to further the destruction of the nuclear family.

Where to begin....

> The 10 jobs listed as comprising a mother's work were housekeeper, cook, day care center teacher, laundry machine operator, van driver, facilities manager, janitor, computer operator, chief executive officer and psychologist, it said.

First of all, this study makes it's most idiotic error based on the assumption that the average wage for a cook, a laundry machine operator, a van driver, a facilitis manager, a computer operator, psychologist etc. is a realistic basis to compute the jobs a stay-at-home mother does.

Of course, this doesn't even consider the following: the average wages for these jobs are what workers are paid to do those jobs for a complete shift of work! Stay at home moms at most cook 3 meals a day for 1-4+ people (depending on the size of her family, of course), while professional cooks will spend 8 hours in a restaurant kitchen cooking for up to hundreds of people a day. Same goes for "laundry machine operator."

In fact...who gets paid to operate a laundry machine the likes of which households have? The only "laundry machine operators" that do that sort of job full time are the folks that run machines for large hotels or something similar...and again, they are usually operating these machines for 8 hours at a time, doing laundry for hundreds of rooms to make that wage.

As for the other "jobs?" Computer Operator? Are you fucking kidding me? Surfing the Internet to find a recipe or read up on the latest celebrity gossip or carrying on an internet affair on MySpace is considered a job they should be paid for?

Psychologist? Psychologists go to school for years to attain a degree to work as a full time psychologist to build up a practice that involves seeing 8 or more patients a day to make the kind of average pay this so-called report undoubtedly used in this garbage of a "calculation."

As for "Chief Executive Officer," the claim to that job title for ANY housewife strains credulity. CEO's make executive decisions that direct an entire organization of people that affect every facet of the companies actions. Although it's true that a housewife can and does make such decisions that affect her own family, it is nowhere near the scope of what a CEO does on a daily basis.

> The typical mother puts in a 92-hour work week, it said, working 40 hours at base pay and 52 hours overtime.

Such a ridiculously inflated estimate would only be accurate if you count watching Soap Operas and Oprah,

gossiping with friends on the phone, shopping, carousing at Starbucks or supervising the illegal immigrant housekeeper...

> A mother who holds full-time job outside the home would earn an additional $85,939 for the work she does at home, Salary.com.

IF she focused on attaining the degree and experience for ONE of those so-called "jobs" for a career profession for an extended period of time...like being a professional psychologist or cook for a fancy restaurant. Other than that...can anyone name for me where they can make 85 thousand a year as a housekeeper, day care center teacher, laundry machine operator, van driver, facilities manager, or janitor? Because if such jobs exist, I'd quit my current white collar job for one of those in a heart beat!

> Salary.com compiled the online responses of 26,000 stay-at-home mothers and 14,000 mothers who also work outside the home.

AHA! Now we KNOW why we get such superficial, artificially inflated crap like the so-called results we have in this "News Story" that is really nothing more than feminist propaganda. They asked women themselves what "job titles" they have for their work in the home - which is where we get such asinine and inflated job titles like "computer operator." Why not "Director of Human Resources" for giving their kids allowance and "Fashion Consultant" for dressing the kids for school? How about "Art Critic" and "Interior Designer?" Why then we could say stay at home mothers should be making 1 million dollars a year!

The true fact of the matter is really this: having a stay at home mother committed to raising her children and creating a happy environment for her family to raise the next generation of healthy, productive citizens is PRICELESS.

But the aims of the feminist-sympathizing Reuters in releasing this propaganda is further continuation of the subversion of traditional culture by disenchanting stay-at-home mothers to make them feel underappreciated so that they divorce their "oppressive" and "exploitative" husbands, abandon their kids in day-care, and enter the workforce to get paid their "value."

It's purposeful and malicious lies promulgated to sow the seeds of dissatisfaction and disenchantment in the minds of women who are the greatest threat to the feminist movement: the example of fulfilled Mothers that enjoy the opportunity to stay at home and raise their children while being supported by bread-winning Fathers - the very structure of the "Patriarchal" nuclear family.

This "news story" is really just another piece of evidence that the mainstream media in the Western Society is really nothing more than liberal biased outlets meant to disseminate socialist-feminist propaganda and influence the masses of useful idiots to further their goal of re-shaping society by destroying it's foundation - the nuclear family.

Sperm Donors to Lesbos Must Pay

Keoni Galt · 10 May 2007 · Archived copy · Original

[image]

From the Patriot-News of Pennsylvania:

Sperm Donor Must Pay Child Support

> In what legal experts are calling a precedent, a three-judge panel of the state Superior Court has ruled that a York County man must pay child support for two children of a lesbian couple for whom he acted as a sperm donor.

Men, you have just been served notice: DO NOT DONATE OR SELL YOUR SPERM.

> Jodilynn Jacob and Jennifer L. Shultz-Jacob were a couple who lived in York County and who had undergone a commitment ceremony in Pittsburgh and a civil union in Vermont.
>
> [image]
>
> The couple cared for four children, two of whom were adopted nephews of Jacob's and the other two whom she had with Carl Frampton, a longtime friend of Shultz-Jacob's who had agreed to act as a sperm donor. Frampton is also named as an appellant in the case.
>
> In February 2006 Jacob and Shultz-Jacob separated, with Jacob moving from York County to Dauphin County. The separation was followed by Shultz-Jacob asking a York County judge for full legal and physical custody of all four children.
>
> Later, Jacob asked a Dauphin County judge for child support for two of the children from Shultz-Jacob, arguing that Frampton was "essentially a third parent" to two of the children. Frampton died of a stroke earlier this year.
>
> Kelly noted in his opinion that Frampton had held himself out as a stepparent to the children by being present at the birth of one of the children, contributing "in excess of $13,000" over the last four years, buying toys and borring money to obtain a vehicle in which to transport the children.
>
> "While these contributions have been voluntary, they evidence a settled intention to demonstrate parental involvement far beyond merely biological," wrote the judge.

In other words, even if you "donated" your sperm as a FAVOR, and than HELP OUT A FRIEND, this Lesbian twit can than turn around and USE THAT AGAINST YOU to take you for your money! Once again Gentlemen, DO NOT DONATE OR SELL YOUR SPERM. EVER.

That is, unless you don't actually mind paying 18 years of child support to a self-centered, artifically-inseminated, lesbian bitch!

US Divorce Rate Lowest Since 1970

Keoni Galt · 10 May 2007 · Archived copy · Original

Here's a shocker...US Divorce Rate Lowest Since 1970.

After taking note of the phenomenon,

> Despite the common notion that America remains plagued by a divorce epidemic, the national per capita divorce rate has declined steadily since its peak in 1981 and is now at its lowest level since 1970.

It points out when:

> America's divorce rate began climbing in the late 1960s and skyrocketed during the '70s and early '80s, as virtually every state adopted no-fault divorce laws. The rate peaked at 5.3 divorces per 1,000 people in 1981.

> But since then it's dropped by one-third, to 3.6. That's the lowest rate since 1970.
>
> What's fueling that decline? According to 20 scholars, marriage- promotion experts and divorce lawyers consulted by The Associated Press, a combination of things.

This article looks for a variety of explanations for this but makes only a passing mention at what is I suspect the largest cause for this:

> The number of couples who live together without marrying has increased tenfold since 1960; the marriage rate has dropped by nearly 30 percent in past 25 years; and Americans are waiting about five years longer to marry than they did in 1970.

Less marriages ocurring, less divorces naturally follow.

But the article than goes on to a series of different "explanations" while completley missing the reality: with a few exceptions, most marriages occur when a man proposes to a woman (or is pressured into it by a woman via pregnancy or familial-social pressure).

So why are men increasingly refusing to propose enmasse like they used to? The MRA aware know why: the casualties of misandrist divorce laws are everywhere for young men to see, and the increased socialism results in inflation and the requirement that young people need to spend years to attain educations to have enough money to responsibly start families, and finally the changing of societies morals that make attachment free sex available to men (why buy the cow when you can get the milk for free?) have all combined to cause a large reduction in marriages or a significant delay in when men willing to get married.

MGTOW is becoming mainstream, but the feminist media either can't or won't recognize it.

Spinning the Headlines

Keoni Galt · 11 May 2007 · Archived copy · Original

The Forced Transfer of Wealth from the Private Sector to Government to Finance Socialist Redistribution Schemes Hit an All-time High in April

Decades of State Intrusion Into Matrimony and Divorce Lead to Decline in Marriage Rates; Less Marriage = Less Divorce

Mentally Ill People Need Treatment, Not Sympathetic Propaganda Designed to Promote State Subsidization of Their Illness and Justify Immoral Behavior

GOP Presidential Hopeful Affirms His Support for Legal Infaticide

Female Empowerment in the Media - A Smashing Success!

Don't Whine to your Deployed Spouse

Keoni Galt · 16 May 2007 · Archived copy · Original

Dr. Laura, the talk radio show host that is a champion of strengthening marriages and families by calling women out on their selfish behavior has recently ruffled more than a few feathers the other day while doing a live show in Utah.

From her blog:

> On Friday, May 11th, I was in Salt Lake City doing my radio program at Fort Douglas to honor Military Moms for Mother's Day. Just before the three-hour live broadcast, I was interviewed by Matthew D. LaPlante for the Salt Lake Tribune; ostensibly about Military Moms. I don't remember him asking me even one question about that.
>
> His article was published the next day with the headline, "Dr. Laura to G.I. wives: No Whining." Although this interview went over one-half hour, and I covered a wide range of subjects pertinent to military families and the war, he chose a comment, one that I've made before many times on the air, to make the primary focus of his article - and, he took it out of the entire context of my remarks.
>
> I am so deeply sad and disappointed that this out of context comment appears to have caused hurt and pain to military spouses - people that I've spent so much time helping. I am frustrated that people who haven't heard my program would be misled as to my attitude and intent.
>
> I am a military mom. I whine to my husband every day about how scared I am for my son and how helpless I feel to protect his body and soul. However, I never whine to my son when he is able to call between missions.
>
> That, and only that, is my point. Of course military spouses endure fear and domestic burdens. Of course they often need emotional support and practical assistance. As I said to the reporter, and many times on my program, family services, clergy, family, friends, and the camaraderie of other military spouses are available outlets. However, burdening one's warrior spouse with your fears, upsets, loneliness, etc., is a huge mistake as it demoralizes the warrior and thereby undermines their concentration while they are in life-death situations.

It's funny that so many people read that article written by that Salt Lake reporter and sent a bunch of letters expressing outrage at Dr. Laura. However, even taking Dr. Laura's point out of context like the reporter did, still doesn't make what she said reprehensible at all...she speaks the truth!

> It is also true that when a soldier is in combat, his family must remember that anything they are going through needs to be perceived in the context of the fact that they are not dodging bullets and tip-toeing around IEDs. I know that when I get upset about things in my life, I think about my son and what he is facing that he can't walk away from, then I have a cup of coffee and go for a relaxing sail. It puts me back into a less "poor me" perspective. And that is what I have conveyed to millions of folks on my radio program.

It is unfortunate that so many women are raised in our culture to be so self-centered and selfish to the point that they have no consideration to their husband and the father of their children serving in a combat zone and may very well be killed, can't control themselves and have to vent and complain and unload their petty burden's of day to day life on their husbands...who oftentimes look forward to that call back home as an escape from the stress and

insanity of a war zone.

Reminders like the one issued by Dr. Laura are VITAL. A demoralized soldier who is depressed or upset by a wife's phone call is much more likely to have a harder time dealing with the stress of combat...and this doesn't even come close to talking about the absolutely disgusting skanks who tell the soldiers serving that they are leaving them or going off with "Jody." Women who do that to a soldier in a combat role are just about the lowest form of female skankhood in my book.

Ladies, if you have a man fighting in Afghanistan or Iraq, ALWAYS focus on inspiring and uplifting his morale when you do get a chance to communicate with him. Give him something to fight hard to get back to, and you may in fact increase his chances (however slightly) of coming back to you. As Dr. Laura said (and I see nothing wrong with it, even when it is taken out of context!): NO WHINING!

The Boys Project

Keoni Galt · 22 May 2007 · Archived copy · Original

The Boys Project is a website dedicated to the issues of how men are falling behind in women when it comes to education.

> **THE "BOY CRISIS"**
>
> Since the late 1970's, young women have soared in college attendance while young men have stagnated. Young men's literacy is declining. Many young men are disengaging from school. Young men are less likely to be valedictorians, to be on the honor roll, and to be active in organizations like student government. Young men are more likely to get D's and F's, to be suspended or expelled from school, to drop out of school, and to commit suicide.
> We are losing young boys to a sense of failure that comes from schooling poorly adapted to their needs. We are losing adolescent males to the depression that comes from feeling neither needed nor respected. We are losing young men to life tracks that include neither college nor any other energetic endeavor.
>
> A large, sullen, poorly educated group of men will not keep the nation vital in the twenty-first century. The nation needs the energy, initiative, and ambition of its young men as well as its young women.

It's a pretty good website - but as usual, it negelects - or perhaps is simply ignorant of - the most important factor in a generation of boys growing up without motivation, long term goals or hopeful of the future...the divorce/single-mother epidemic engendered by no-fault divorce and the changing of social norms that make illegitimate birth and co-habitation accepted and even promoted by the mainstream have contributed to a large swathe of males raised in households without a positive male influence in their lives - followed by spending their formative years in schools that are largely run by women for girls with a feminized agenda on non-competition and worrying about precious "self-esteem."

Do we really need any more proof that feminism has truly warped our culture and is having a long term effect on how boys are raised in this country? Check out a few choice statistics from The Boys Project:

> For every 100 girl babies born there are 105 boy babies born.
>
> For every 100 girls suspended from public elementary and secondary schools 250 boys are suspended.
>
> For every 100 girls expelled from public elementary and secondary schools 335 boys are expelled.
>
> For every 100 girls diagnosed with a learning disability 276 boys are diagnosed with a learning disability.
>
> For every 100 girls diagnosed with emotional disturbance 324 boys are diagnosed with emotional disturbance
>
> For every 100 women enrolled in college there are 77 men enrolled.
>
> For every 100 American women who earn an associateís degree from college 67 American men earn the same degree.
>
> For every 100 American women who earn a bacheloris degree from college 73 American men earn a bacheloris degree.

> For every 100 American women who earn a masterís degree from college 62 American men earn the same degree.
>
> For every 100 American women who earn a doctor's degree from college 92 American men earn the same degree.
>
> For every 100 females ages 15 to 19 that commit suicide 549 males in the same range kill themselves.
>
> For every 100 females ages 20 to 24 that commit suicide 624 males of the same age kill themselves.
>
> For every 100 girls ages 15 to 17 in correctional facilities there are 837 boys behind bars.
>
> For every 100 women ages 18 to 21 in correctional facilities there are 1430 men behind bars.
>
> For every 100 women ages 22 to 24 in correctional facilities there are 1448 men in correctional facilities.

The Matriarchy has done it's dirty work, and it is our boys who are paying the price.

Perhaps All is Not Lost Yet in the West...

Keoni Galt · 22 May 2007 · Archived copy · Original

[image]Four Women Fired for Gossiping

What happened in the town of Hooksett, N.H., is no rumor.

Four town employees with 46 years of service between them were fired, in part for gossiping and discussing rumors of an improper relationship between the town administrator and another employee that Hooksett residents now agree were not true.

The administrator complained, and after an investigation the town council fired the women, finding, "Gossip, whispering, and an unfriendly environment are causing poor morale and interfering with the efficient performance of town business."

"When I was given my termination papers, I just looked at the gentlemen that were present in the room and I said, 'You've got to be kidding!'" said fired worker Sandy Piper, who insisted her comments weren't out of line. "We discussed it on a lunch break, and then it ended."

"It kind of sort of was, 'Oh did you hear that too,'" said Michelle Bonsteel, Piper's fired co-worker.

Gossip is ingrained in American culture, from the elementary school playground to the office water cooler. But Tory Johnson, "Good Morning America's" workplace contributor, said people should be careful about what they say when they're on the clock.

"Free speech only goes so far," Johnson said. "An employer definitely has the right to defend his reputation."

In Hooksett the four firings are ironically now the talk of the town. But for the women out of work, the controversy is not a matter of idle chatter -- they want to get back to work.

"I did love my job. And do I want to return? Absolutely," Piper said.

Lawyers for the Town Council of Hooksett told ABC News they have "no comment" at this time, but there could be a decision this week on whether to reinstate some or all of the women.

Fired for Gossipping!?!?!!?!!!! LOL!

This almost too good to be true...

Suffering Patriarchy

Keoni Galt · 1 June 2007 · Archived copy · Original

I've Been doing some more online surfing to read up on the topic of Matriarchy vs. Patriarchy and came across another online book that makes for some good reading.

In the first chapter, the author Robert Lindsay takes one of the foundations of Feminist's hatred of the Patriarchal system:

Suffering Patriarchy: An Analytical Exploration Into the Promise of the Forbidden Planet

> Society clear saw the benefits of Patriarchy, and due to this fact, made laws and customs that would bind the female kinship system under the control of the male kinship system, in order to assure the benefits of the most successful model: Patriarchy. Society thereby controlled not only the sexuality of the woman in which to accomplish this, but gave the Father purpose. To do this, he thereby had complete unfettered control over his family, which was his 'property', legally defined as 'chattel'.
>
> ----------
>
> This issue of women and children being 'property' is greatly contested by the modern feminist movement. In fact, they immediately liken this issue as being similar in nature as to being 'owned' like a slave or an animal. This vexatious assumption posed by the modern feminist, although correct in label is wrong in thesis. For in reality, when the state assumes these wives and children under it's doctrine of Parens Patriæ, you better believe they are in fact **property,** (ergo: chattels), under the states law and domain... The feminist however; don't make a peep about that reality... The fact is, **that somebody owns our children**…but we now live in a society mulct at that recognition, and few are afraid to rise up—and claim what is by law and by nature their own legacy. Instead, they meekly mouth the state provided pabulum, that they will "take responsibility" and act "in the best interests of the child" to aid in their own destruction, to the delight of feminists and communists and elites whom continually feed off of this self denial and self-imposed destruction.
>
> However, when the males enforce their natural rights to their own children and property, well, then they are viewed as being oppressive. Somehow, the more tyrannical state; is not! (When they seize and claim children in "the child's best interests). Of course the common law reasoning for allowing the Male to 'own' both his wife and children stemmed not so much from a need to control, but rather of one to protect and be responsible for his own family.. Giving the Father 'ownership' of both his wife and his children allowed him to legally bind his family and protect his family from unwanted intrusion or threat. Not only that: Fathers don't need state subsidy to raise their children—and this is factually, the real threat against the modern state. Clearly, our Forefathers understood that the "Village" could not take care of people as well as Fathers and Families could take care of the village.

Ah well...read up, so we can better understand how things will become when Hillary "It Takes A Village" is the next President of the US of A...

AMERICAN MEN: YOU ONLY HAVE 30 DAYS!!!

Keoni Galt · 8 June 2007 · Archived copy · Original

One of the blogs I enjoy reading is "The Advice Goddesses" blog by Amy Alkon, a Libertarian that often takes feminists to task for their misandry, entitlement princesses for their narcissism, and wussy girly men for being manginas. (A side note: I just noticed that "Blogger" treats the word misandry as not a real word by underlining it in red! WTF? I'm quite sure misogyny doesn't get the same treatment -- yep, it doesn't.)

Anyhow, I read the following Reason Magazine article, "Injustice By Default" from a link from her blog -- and it contained something that EVERY AMERICAN MALE MUST KNOW:

> ...what nearly 10 million American men have discovered to their chagrin since the welfare reform legislation of 1996, is that when the government accuses you of fathering a child, no matter how flimsy the evidence, you are one month away from having your life wrecked. Federal law gives a man just 30 days to file a written challenge; if he doesn't, he is presumed guilty. And once that steamroller of justice starts rolling, dozens of statutory lubricants help make it extremely difficult, and prohibitively expensive, to stop -- even, in most cases, if there's conclusive DNA proof that the man is not the child's father.

You got that men?!?!? If you are ever served with paternity papers claiming you are a deadbeat dad, you must IMMEDIATELY obtain legal counsel and submit a written challenge to protect yourself!

Check out the experience of the subject of the article - a man who literally had a skank-whore pick his name out of the phone book and claim he fathered her bastard.

> Tony Pierce remembers vividly the exact moment in November 2000 when the state of California began trampling on his life. "There was a loud angry pounding at my door at five o'clock in the morning," he recalls. "Very scary."
>
> It was a female police officer with a complaint accusing him of being the father of an 8-year-old girl in Contra Costa County, east of San Francisco. "I'm like, 'Great! I'm definitely not the father of anybody,'" he says.
>
> ---
>
> The front page of the court document gave simple but misleading instructions: "You have 30 days to respond to this lawsuit. You may respond in one of two ways: 1. File an Answer to the complaint with the Superior Court of Contra Costa County, not with the District Attorney....2. Settle the case with the District Attorney. You may call us at (925) 313-4200 to discuss your case." Concluding incorrectly (but understandably) that he could settle the matter over the phone, Pierce called -- three times that day -- and tried to weave his way through a labyrinthine phone tree. Finally he found a human being, who instructed him to leave a message with a home phone number. The department called him back the next day and left a message; it took another three calls from Pierce before he reached a caseworker for the first time.
>
> "I said, 'What do I need to do? I'm not the father,'" he remembers. "And they were like, 'OK, well this is what you do: You just call in every day, and then we'll understand that you're not it, because if you're it, you're not gonna call us every day.'"
>
> Pierce did everything he was told over the next three weeks of phone tag, except for comprehending that the 30-day deadline for denying paternity in writing was etched in federal law, regardless of what he discussed with Contra Costa employees -- who he says never once told him the clock was ticking. "All they were doing was delaying me from doing what I needed to do," he says. "It's a huge scam -- *huge* scam....They're just

> counting the days. They're like, 'Sucker, sucker, sucker, sucker.'...And this is the government!"
>
> Two months later, after the phone conversations had ended and he assumed he was off the hook, Pierce received notice that a "default judgment" had been entered against him, and that he owed $9,000 in child support. He was between dot-com jobs, and his next unemployment check was 25 percent smaller; the state of California had seized and diverted $100 toward his first payment. Suddenly, he was facing several years of automatic wage garnishment, and the shame of being forced to explain to prospective employers why the government considered him a deadbeat dad. "That's when it hit me," he says. "I mean, it's mostly my fault -- 'Fill out the form, dumb-ass!'...But it's so rigged against you, it's ridiculous."

You got that guys? Remember, this is a FEDERAL law, so this sort of thing can happen to you in ANY 50 States in the good old United States of Matriamerica!

Here are some more details:

> For now, the system aimed at catching "deadbeat dads" illustrates how a noble-sounding effort to help children and taxpayers can trample the rights of innocent people.
>
> Here's how it works: When an accused "obligor" fails, for whatever reason, to send his response on time, the court automatically issues a "default judgment" declaring him the legal father. It does not matter if he was on vacation, was confused, or (as often happens) didn't even receive the summons, or if he simply treated the complaint's deadlines with the same lack of urgency people routinely exhibit toward jury duty summonses -- he's now the dad. "In California, you don't even have to have proof of service of the summons!" says Rod Wright, a recently retired Democratic state senator from Los Angeles who tried and failed to get several paternity-related reform bills, including a proof-of-service requirement, past former Gov. Gray Davis' veto. "They only are obligated to send it to the last known address."

Can you believe this crap? They are only obligated to send it to the last known address...in other words, a REALLY evil, conniving whore can tell social services an address you once lived at - knowing full well that you moved - but she only has to claim that as your last known address. And when you never even SEE the summons, the "default judgment" after 30 days holds you financially responsible and they will immediately begin to garnish your wages if you are employed!

Think it can't happen to you, or that this kind of thing rarely happens? Think again!

> In fact, a March 2003 Urban Institute study commissioned by the California Department of Child Support Services (DCSS) found that "most noncustodial parents appear to be served by 'substitute' service, rather than personal service, which suggests that noncustodial parents may not know that they have been served." In Los Angeles County, which is notorious for its sloppy summons service and zealous prosecution of alleged fathers it knows to be innocent, nearly 80 percent of paternity establishments come in the form of default judgments. In the state as a whole, which establishes 250,000 paternities a year while collecting $2 billion in child support, a whopping 68 percent of the 158,000 child support orders in 2000 (the last year studied) were default judgments.

> Once paternity is "established," even if the government has never communicated with the father, the county court imposes a payment rate and schedule under the statistically mistaken assumption that he makes a full-time salary at minimum wage. (State audits have found that a full 80 percent of default dads don't make even that much.) To collect the money, the county may put a garnish order on the purported father's paycheck or place liens on his assets. If the mother has received welfare assistance after the child was born, the man will be hit with a bill to pay back the state, plus 10 percent annual interest. "That's what they're trying to do, is get some reimbursement to the state," says Carolyn Kelly, public relations officer for the Contra Costa County DCSS. "As you can imagine, [that's] millions and millions and millions and millions of dollars."

This is without a doubt, the pinnacle of misandrist, man-hating legislation authored and enacted by the feminazi's and their mangina accomplices in the government!

So what happens to you when you are falsely accused and suffer a "default judgment" and you refuse to pay, or are currently unemployed?

> If the father falls 30 days behind on his payments, he will be blocked by law from receiving or renewing a driver's license or any "authorization issued by a board that allows a person to engage in a business, occupation, or profession" -- a category that includes teaching credentials, fishing licenses, and state bar memberships. If his credit rating was good, it won't be any more. If his past-due tab exceeds $5,000, the U.S. State Department won't issue him a passport. (An average of 60 Americans discover this each day. Meanwhile, Congress has been pushing to cut the limit to $2,500, while urging the State Department to begin revoking passports, which is allowed under the law.)
>
> "When you tell people about the inequities of the system," Wright says, "they're surprised. They go, 'This is America! You couldn't do that!' And I go, 'Yes, you can.'"

You got the whole picture men? I used to believe that the ultimate manifestation of the Matriarchy was the numerous examples of vindictive wives dragging their husbands into divorce court with false allegations of domestic violence and/or abuse, and take away your house, car, children and half your income and savings...but this is even worse than that! Women are now empowered to have the Government take a strangers money away from him, and take away all the rights and privileges we supposedly enjoy as Americans...all on her say so!

Always remember: if you get served with a summons, RESPOND IN WRITING and follow up! Make it the TOP PRIORITY IN YOUR LIFE AT THAT MOMENT. Contest it in writing and follow up to make sure your contest of paternity is recieved and registered and follow through! Because no matter what happens, you only have 30 days before the wonderful example of American Justice and Equal Rights Under the Law begins Ass-Raping you with a "default judgment!"

CBS President, Mangina Moonves

Keoni Galt · 13 June 2007 · Archived copy · Original

> ## CBS blames sexism for bad ratings
>
> By Joshua Chaffin in New York
>
> Published: June 12 2007 22:27 | Last updated: June 12 2007 22:27
>
> Leslie Moonves, CBS chief executive, on Tuesday suggested that sexist attitudes were partly to blame for the faltering performance of Katie Couric, the news anchor he recruited to the network with a $15m annual pay package.
>
> “I’m sort of surprised by the vitriol against her. The number of people who don’t want news from a woman was startling,” Mr Moonves said of the audience’s reaction to Ms Couric, who this month brought ratings for the CBS Evening News to a 20-year low.

Sorry Leslie, but you just don't get it. The number of people who don't want news from THIS woman is NOT startling. If you weren't the leftist, liberal, feminized tool typical of most of the network news types, you would have understood that Mz. Couric was going to be a disaster as a news anchor.

NRO Columnist, Myrna Blyth, explains it perfectly...

> They promised something more interesting than a news format that has been losing viewers for years, and then they didn’t deliver. They promoted Katie as a different kind of anchor as well. In truth, she is different only because she is not nearly as capable as the scores of women broadcasters who competently anchor or co-anchor the local news twice a night all over the country. And who audiences find acceptable.
>
> On *Today,* Katie was one part perkiness, one part snarkiness, overlayed with occasional forays into gushiness — especially whenever Hillary was on the set. She started out marketing herself to the women of America as your typical “soccer mom.” And that worked for quite a while. But as the years went by and she became more and more glamorous, showing off her trainer-buffed body and swinging her dangling earrings, her toned legs, and Jimmy Choos, at the camera. As her salary and celebrity status grew, she lost a lot of her appeal to the women who had been her fans. By the end of her *Today* stint, her Q ratings were even lower than, yes, Dan Rather’s! One wonder why CBS, as they handed her buckets of money, never even noticed.

See, 'cause CBS thought they were being cutting edge...that they were pioneering some kind of magical liberal PC breakthrough. Why, it was the FIRST female news anchor on prime time network news!

Nine FireMEN Killed in South Carolina Warehouse Fire

Keoni Galt · 19 June 2007 · Archived copy · Original

Hearing the reports on the radio, and reading the first reports on the Internet, I could not find any indication of whether it was Firemen or Firewomen were killed in todays warehouse fire in South Carolina.

Here's the first article covering todays tragedy: S.C. Warehouse Fire Kills 9 Firefighters

No mention of the gender of the fallen fighters....of course, now that the names have been officially released, it's not really surprising to find that all 9 are men.

> Captain William "Billy" Hutchinson, 48, 30 years of service; Captain Mike Benke, 49, 29 years of service; Captain Louis Mulkey, 34, 11.5 years of service; Engineer Mark Kelsey, 40, 12.5 years of service; Engineer Bradford "Brad" Baity, 37, 9 years of service; Asst. Engineer Michael French, 27, 1.5 years of service; Firefighter James "Earl" Drayton, 56, 32 years of service; Firefighter Brandon Thompson, 27, 4 years of service; Firefighter Melven Champaign, 46, 2 years of service.

RIP Men. You are true heroes.

Here's one "glass ceiling" the feminist have yet to even come close to addressing: the ratio of men to women in hazardous careers and suffering on-the-job injuries and death. Perhaps if you feminist "Gender Equity" activists thought about it, there's a damn good reason the average woman makes $.76 to the man's $1.00.

The Law of Unintended Consequences & Feminist Social Engineering

Keoni Galt · 19 June 2007 · Archived copy · Original

Todays Opinion Journal had an article written by Freakonomics author, John Lott. In his article, It's Not Enough to be Wanted, Lott reviews the statistics and points out all of the unintended consequences fostered by the passage of Roe vs. Wade almost 35 years ago.

> The abortion debate usually centers on the morality of the act itself. But liberalizing abortion rules from 1969 to 1973 ignited vast social changes in America.
>
> --
>
> Roe did substantially increase abortions, more than doubling the rate per live birth in the five years from 1972 to 1977. But many other changes occurred at the same time:
> • A sharp increase in pre-marital sex.
> • A sharp rise in out-of-wedlock births.
> • A drop in the number of children placed for adoption.
> • A decline in marriages that occur after the woman is pregnant.

Lott gives us some interesting food for thought...but I believe he has not touched on other aspects that explain much of the societal changes that he attributes largely to the federalized legalization of abortion. Although I believe he's got a real case for attributing PART of the drastic changes due to Roe v. Wade, a large share of responsibility for the drastic changes in demographics concerning marriage, pre-marital sex and illegitimacy has just as much to do with the proliferation of no-fault divorce laws coupled with the widespread availability of cheap and relatively effective birth control methods.

California first enacted No-fault divorce laws in 1969, and the rest of the nation soon followed suit. So by the time 1975 rolled around, per-capita divorce statistics hit an all time high of 5.3 per 1000 people.

However, Lott does make an essential point that is really the root of much of modern societal problems, and for which the changing social mores on pre-marital sex, illegitimate births and abortion:

> But all these changes--rising out-of-wedlock births, plummeting adoption rates, and the end of shotgun marriages--meant one thing: more single parent families. With work and other demands on their time, single parents, no matter how "wanted" their child may be, tend to devote less attention to their children than do married couples; after all, it's difficult for one person to spend as much time with a child as two people can.

I'm still amazed when I encounter people that believe that Fathers are not necessary to the successful rearing of children. The basic MATH of the common sense statement "after all, it's difficult for one person to spend as much time with a child as two people can." would seem obvious to any normal thinking person.

Than again, who said feminists are normal thinking people?

Veterans Fighting Paternity Fraud

Keoni Galt · 21 June 2007 · Archived copy · Original

Tom Leykis had Gulf War Veteran Taron James on his show today.

Taron James was serving in Gulf War I back in '91 when a former lady friend of his claimed he was the father of her illegitimate child. Upon returning from the war with multiple decorations for his service, he got slapped with a default judgment and the State of California began garnishing 50% of his wages for the next 9 years.

Here's the Glenn Sacks article from 2003 on Taron's case:

> "Sometimes it's hard to feel much pride on Veterans Day," he says.
>
> "Sometimes I just feel like a sucker. Veterans Day only reminds me that my government holds me and other vets in such contempt that it cannot lift a finger to stop a blatant fraud which victimizes tens of thousands of servicemen. Worse, the government actively enforces that fraud."
>
> While serving in Iraq, James was notified that a woman he knew back home was demanding that he pay child support for her newborn son. James knew from the beginning that the child could not possibly be his.
>
> The Navy's Judge Advocate General is not authorized to handle a serviceman's legal problems outside of the military justice system, but a sympathetic captain helped him obtain an agreement from the child's mother for a DNA test.
>
> Before the test could be done, however, the mother reneged on the agreement and disappeared with the child.
>
> James requested a blood test from the Los Angeles County District Attorney's office, and was told repeatedly over the next year and a half that he would be notified when there was a new development in the case. The D.A. instead went to court without James' knowledge and obtained a default judgment against him. James did not find out about it until the D.A. seized his driver's license and began taking 50 percent of his take home pay.
>
> Despite subsequent legal appeals and an April, 2001 DNA test which confirmed that the child is not his, the courts have refused to set aside the judgment. In the years since the D.A. and later Los Angeles County Child Support Services have: seized James' tax refund for six years in a row; blocked him from renewing his notary public license, which in turn caused him to lose his job as the manager of a business; ruined his credit, denying him the chance to purchase the business at a low price when the owner offered it to him for sale; blocked him from obtaining a passport; and forced him to drop out of college before finishing his degree.
>
> James' problem is not uncommon. According to Carnell Smith, Executive Director of the National Family Justice Association, military men such as James are often "preyed upon" by unscrupulous "father shoppers" who can make fraudulent paternity designations without penalty.
>
> "The military provides (a mother) a steady, easily garnished income as well as medical care for the baby. It's hard to contest paternity when you're thousands of miles away and losing a good chunk of your income to child support," he says.
>
> "Sometimes the time limit for contesting runs out and the guy ends up on the hook for 18 years of child

> support simply because he served his country."
>
> The solution to the problem is paternity fraud legislation of the type enacted in Illinois, Georgia, Maryland, Ohio and other states. This legislation allows putative fathers more time and greater judicial flexibility in challenging paternity findings.
>
> Similar legislation in California was vetoed last fall by Gov. Gray Davis, and a revised paternity fraud bill, SB 1030, passed the Senate 34-2 in June but is currently stalled in the Assembly.
>
> James has joined with 600 other victimized veterans and their families to form the Los Angeles-based activist group Veterans Fighting Paternity Fraud.
>
> "The problems we face wouldn't be hard for the government to solve if someone gave a damn," he says. "Every Veterans Day and Memorial Day I think the same thing -- we don't need parades and speeches -- we need justice."

Amen Taron. How can our Government get away with this crap for our veterans?

If you'd like to support Taron and his cause, check out his website, Veterans Fighting Paternity Fraud.

UPDATE: Looks like the courts have denied Taron James a refund for the money fraudulently taken from him by a false claim of paternity. Via Glenn Sacks,

No Refund Due Man Ordered to Support Child Not His

> James last year renewed his motions to set aside the paternity judgment and obtain reimbursement. Carroll granted the set-aside motion but denied his reimbursement request. The Court of Appeal agreed with the judge that Family Code Sec. 7648.4 barred reimbursement. Sec. 7648.4 expressly provides that, following the set-aside of a paternity judgment, “[t]he previously established father has no right of reimbursement for any amount of support paid prior ot the granting of the motion. ”Writing for Div. Eight, Justice Paul Boland said a plain reading of the statute precluded reimbursement. Adding that such a reading was consistent with legislative intent, he explained: “The section was intended to protect a declared father who, under existing law, lacked the procedural means to set aside or vacate an existing paternity decree after genetic testing determined he was not the biological father. While the statutory change was designed to enable a declared father to challenge a paternity decree, it was also intended to safeguard the child. ”While aware of the harm that paternity fraud inflicts on a declared father, Boland said, the Legislature balanced the competing interests of declared father and child and concluded a right of reimbursement should not be allowed.

Should not the interest of the child include having laws that do NOT give their mothers incentives to lie, cheat and steal?

Why shouldn't this mother that defrauded Taron James out of $12,000 and ruined his credit and caused other hardships that Taron did not deserve...why shouldn't she face ANY consequences for her despicable behavior?

California law Sec. 7648.4 needs to be changed! Taron is an innocent victim here, and the fact that the Government is the de facto accomplice of this woman's blatant theft of Taron's money just goes to show exactly how misandrist and feminized our Government has become.

The Eternal Bachelor is Hanging it Up

Keoni Galt · 22 June 2007 · Archived copy · Original

No, he didn't go and get married...

> FIN
>
> Well, after almost two-years of typing and posting away, and a fairly impressive 700,000 hits or so, it's time to close this blog. It's been fun but there's only so many times I can rant and rage before repeating myself. Plus as well as running out of things to post about, the blog was taking up quite a bit of time and I've just moved to a new country and need to concentrate on sorting stuff out.
>
> Not that I have any intention to stop being an bachelor, naturally.
>
> I'll probably see some of you on the various forums out there anyway.
>
> Ciao.

Damn Duncan.

Thanks for all the contributions you have made to the MRA movement. You inspired myself and others to pick up the blogger's pen and join the fight!

But couldn't you have at least left your archives up for us to peruse and reminisce? lol

Marriage in the UK at an All-Time Low

Keoni Galt · 29 June 2007 · Archived copy · Original

The work of the feminist/socialist revolution of the West is reaching a new level of success in the UK...

Marriage rate falls to its lowest level since records began

> Marriage has slumped to its lowest level since records were first kept more than 150 years ago, official figures have revealed.
>
> The proportion of couples tying the knot has fallen back into line with its declining long-term trend following a clampdown on sham weddings.
>
> The popularity of marriage has been waning since 1973, but in recent years it has been artificially boosted by such bogus unions. In London alone, new rules which make it harder to use marriage to win the right to stay in Britain cut the number of ceremonies by more than a third.
>
> But the report from the Office for National Statistics said the crackdown was responsible for only some of the steep decline.
>
> It said the long-term fall in the popularity of marriage was continuing, with millions of couples choosing instead to live together and delay having a family. The figures, which cover 2005, the same year the new rules were brought in, show the number of weddings in England and Wales dropped by more than 28,000, from 273,070 to 244,710.
>
> The fall brought the marriage rate, the number of people marrying compared to the population as a whole, to its lowest level since records were first kept.
>
> The figures show that 12 people married in 2005 for every 1,000 unmarried individuals. That compares with a figure of 27 in 1851.
>
> The proportion of married people among the adult population is now only a fraction over a half, at 50.3 per cent.
>
> This figure compares with 54 per cent in 1997 and more than two thirds in the 1970s.
>
> The report said: "There is evidence that London, a location with a greater than average proportion of non-European nationals, may have seen an effect from the legislation, either in removing sham marriages, or in delaying and deterring marriages."
>
> The findings show that the law putting limitations on the marriage rights of those from outside Europe had an immediate impact after it came into effect in February 2005.
>
> Under the rules, anyone without the right to live in Britain must get a certificate of approval from the Home Office before marrying, and must give notice of the marriage in one of 76 designated register offices.
>
> However, the ONS said the action against fake marriages was 'certainly not enough' to explain such a large drop in marriages.
>
> The analysts said marriage rates had picked up in 2002 and 2003 in advance of the 2005 slump. They said couples were influenced by a number of factors that compounded the effect of sham marriages.

Of course, as is typical of the pro-feminist/socialist/progressive press, no mention of the underlying factors that could possibly explain the decline in marriages - factors that are directly related to the feminist platform that have been enacted into the legal system to change the very fabric of Western society.

> In 2003 and 2004 widespread publicity about the state of marriage, the legal rights that go with it, and discussion over the intromarriageduction of gay civil partnership may have encouraged more couples to marry, the report said.
>
> It added that other influences on the figures could be migration, because incoming migrant groups include those with more commitment to marriage than the existing population, and the growing fashion for people to marry abroad.

Yes, incoming migrant groups from traditional Patriarchal societies vs. the homegrown mass of entitlement princesses who's precious legal rights to be sluts without incurring consequences for their irresponsible behavior and encouragment to enslave men into becoming wage slaves without reciprocating anything in return

> Critics of marriage insist that the institution reached heights of popularity in the 1950s and that in past centuries people married in similar numbers to now.

Marriage is the foundation of Patriarchal society...the society that has been branded as "oppressive." The very same society of "oppression" that raised children in intact, nuclear families that were much more likely to become productive, law abiding and positive contributors to overall society.

Instead, we in the West are afflicted with the exponential growth of Matriarchal-empowered relationships that result in the pandemic of broken homes, millions of children sacrificed on the altar of "choice," and millions of couples failing to reproduce adequate numbers of the next generation to support the socialist redistribution schemes of the government. Bankruptcy for the UK is not too far off in the future...as the retiring generation seeks to attain their share of redistributed earnings from the younger generation - a generation much smaller than their own due to the feminist agenda's implementation.

The story is the same for the USofA...it's only that the UK has moved further along on the path of "progressive" feminist's re-making of society, so you in Great Britain are much closer to the endgame than we in the US are. Nevertheless, all of us cultures in the West are due at some point or another to reap what we have sown.

> In recent years the decline of has come alongside the abolition by Labour of the Married Couples Allowance tax break, the removal of references to marriage from official documents and register office signs, and the growth of the tax credit benefit system which discourages people from living as a couple.
>
> The drop in marriage has also meant that the teenage wedding - a phenomenon that caused great concern in the 1960s and 1970s has virtually died out.
>
> Last year the number of teenagers marrying dropped to fewer than one for every 1,000 single people.

As more and more teens grow up in broken homes, they are unable to even comprehend what it means to grow up with a stable family between two normal people that work together and complement each other in life to nurture a

healthy family. This is a generation raised in homes where positive examples of marriage simply do not exist...not in their own homes, not in their peers homes, and certainly not anywhere in popular culture as reflected by today's television programming of sitcom's, reality shows and dramas of insidious propaganda masquerading as entertainment. So of course the next generation of teens have no desire to do something for which all of their experience or all they've been told about the system of Patriarchal Families has been the tragedy of modern matrimony promulgated by the feminist fascists.

This article is merely a report on what is essentially a marker on the road to civilized society's ruin.

How to Meet & Marry a Millionaire

Keoni Galt · 4 July 2007 · Archived copy · Original

Now why is Money Magazine posting this Cosmo type tripe?

How to meet and marry a billionaire Money magazine's field guide to the mating habits of the ultra rich

Basically, this article is all about how a woman can use strategies to try and meet and hook a billionaire or millionaire...with of course the strategic end game reserved for the every last two paragraphs of the article...

> Despite all the luxuries that marriage ultimately heaps upon you, don't expect the proverbial bed of roses, counsels David Patrick Columbia, editor of NewYorkSocialDiary.com, a Web site devoted to the doings of the fabulously classy.
> Having observed many who married for money over the years, he says, "The rich person can be a pain in the ass," adding that he or she often demands to be waited on hand and foot, arm and toe.
>
> But no matter how difficult things get, hang in there. The longer you stay, the more the court will award you if the marriage fails. There's no reason, after all, that your divorce shouldn't be every bit as lucrative as your marriage.

This article should be renamed "How to be a Shameless, Gold-digging Whore!"

Human Nature & Political Correctness

Keoni Galt · 11 July 2007 · Archived copy · Original

In truth, the following article encapsulates the core issue of the feminist movement and the vast cultural and legal changes they have effected in the past 30+ years... Ten Politically Incorrect Truths About Human Nature.

> The implications of some of the ideas in this article may seem immoral, contrary to our ideals, or offensive. We state them because they are true, supported by documented scientific evidence. Like it or not, human nature is simply not politically correct.

In other words, Political Correctness = Denial of Reality. It's a fantasy world. This article, being one published by Psychology Today doesn't explicitly point out that much of the 10 "truths" they list, but ALL of them deal with aspects of the "gender war" started by the radical feminists that have infiltrated every level of culture and society.

Some of the "truths" are downright hilarious - because they directly contradict the so-called conventional wisdom fostered by feminism.

For example...

> **The midlife crisis is a myth—sort of**
>
> Many believe that men go through a midlife crisis when they are in middle age. Not quite. Many middle-aged men do go through midlife crises, but it's not because they are middle-aged. It's because their wives are. From the evolutionary psychological perspective, a man's midlife crisis is precipitated by his wife's imminent menopause and end of her reproductive career, and thus his renewed need to attract younger women. Accordingly, a 50-year-old man married to a 25-year-old woman would not go through a midlife crisis, while a 25-year-old man married to a 50-year-old woman would, just like a more typical 50-year-old man married to a 50-year-old woman. It's not his midlife that matters; it's hers. When he buys a shiny-red sports car, he's not trying to regain his youth; he's trying to attract young women to replace his menopausal wife by trumpeting his flash and cash.

No wonder women always talk about Men and their "mid-life crisis" they endlessly make snide remarks or demean or criticize any middle aged man that starts trying to "recapture youth." So middle aged ladies worried about their husbands or boyfriends, understand the true lie of political correctness and the conventional wisdom of a man's "midlife crisis:" it's not about "re-capturing" their youth...it's about capturing some current youth to replace YOU.

However, the authors of this article definitely saved the best for last:

> Men sexually harass women because they are not sexist
>
> An unfortunate consequence of the ever-growing number of women joining the labor force and working side by side with men is the increasing number of sexual harassment cases. Why must sexual harassment be a necessary consequence of the sexual integration of the workplace?

> Psychologist Kingsley R. Browne identifies two types of sexual harassment cases: the quid pro quo ("You must sleep with me if you want to keep your job or be promoted") and the "hostile environment" (the workplace is deemed too sexualized for workers to feel safe and comfortable). While feminists and social scientists tend to explain sexual harassment in terms of "patriarchy" and other ideologies, Browne locates the ultimate cause of both types of sexual harassment in sex differences in mating strategies.
>
> Studies demonstrate unequivocally that men are far more interested in short-term casual sex than women. In one now-classic study, 75 percent of undergraduate men approached by an attractive female stranger agreed to have sex with her; none of the women approached by an attractive male stranger did. Many men who would not date the stranger nonetheless agreed to have sex with her.
>
> The quid pro quo types of harassment are manifestations of men's greater desire for short-term casual sex and their willingness to use any available means to achieve that goal. Feminists often claim that sexual harassment is "not about sex but about power;" Browne contends it is both—men using power to get sex. "To say that it is only about power makes no more sense than saying that bank robbery is only about guns, not about money."
>
> Sexual harassment cases of the hostile-environment variety result from sex differences in what men and women perceive as "overly sexual" or "hostile" behavior. Many women legitimately complain that they have been subjected to abusive, intimidating, and degrading treatment by their male coworkers. Browne points out that long before women entered the labor force, men subjected each other to such abusive, intimidating, and degrading treatment.
>
> Abuse, intimidation, and degradation are all part of men's repertoire of tactics employed in competitive situations. In other words, men are not treating women differently from men—the definition of discrimination, under which sexual harassment legally falls—but the opposite: Men harass women precisely because they are not discriminating between men and women.

Got that, ladies? When you are being "harrassed," we are just giving you true equality and treating you like "one of the boys."

Feminism is about power-hungry, ugly women.

Keoni Galt · 12 July 2007 · Archived copy · Original

For those of us that know better, the following article is just another example of yet another "No Shit Sherlock!" moment.

Women are the deciders, dominant ones in relationships, study finds

While feminists whined, nagged and bitched until their sisterhood let minimum wage workers raise their kids while being pushed into the workplace and making life miserable for everyone involved, one of their primary myths they promulgated was the fallacy that housewives did not have any power, and were simply domestic servants being ruthlessly exploited by the Patriarchy. Men made all the decisions and the Housewife just meekly accepted subservience. Even in the bad old days of the "Patriarchal 1950's" a lady like June Cleaver CERTAINLY had her influence over the family affairs.

The funny thing about that is the feminists that were complaining about this supposed state of affairs were actually embittered and angry that the NUMBER ONE WAY women have ALWAYS dominated men was the power of FEMININE influence...a power that most of the ugly hags that comprised the feminist leadership never had experience wielding successfully at all.

Imagine the following:

[image]

Hey there, my wonderful sexy husband! Me and the girlfriends want to go out on a girls night out. I know you don't like that, but I'll REALLY make it worth your while when I get home! I'll put on that sexy outfit you love so much and I'll do that thing with my tounge that you love so much... ...thanks honey! I can't wait to get home and show you how grateful I am!

[image]

Oh Honey, if we get that Mini-van I've always wanted, I'll be sure and show you just how many uses we can get out of laying down the back seats to make it into a bed....

[image]

Sweetheart, for our next family vacation, let's go to the Bahamas! I've ALWAYS wanted to go there...we could have a second honeymoon in such a romantic place! Just think of what we can do on a deserted beach under a full moon...

Rush Limbaugh was sort of right when he once said: "feminism was established so as to allow unattractive women easier access to the mainstream of society."

What would be more accurate would be to say "Feminism was established so that unattractive women would no longer have to seethe with jealousy and bitter rage when they see how easily attractive, beautiful women are able to manipulate men to get what they want, and realizing that they have no such power themselves."

Back from Vacation

Keoni Galt · 25 July 2007 · Archived copy · Original

I haven't been online for over a week, as I was at a business seminar/working vaction in Las Vegas, and have only returned to my beautiful island home last night...and I've returned to find that now FredX has pulled the blog/archives disappearing act with nary an explanation like the other recent UK MRA Blogs!

This is indeed extremely fishy when one steps back and looks at just who has retired from MRA blogging in the past month...Eternal Bachelor, Captain Z and now FredX...the 3 highest profile MRA bloggers in the UK.

WTF?

I don't think this is mere coincidence...something stinks, and I'm quite sure it has everything to do with the progression of the Nanny State in the UK and an effort to censor the bloggers that have been giving us dispatches from the heart of the feminist-controlled Matriarchy of the UK.

Hopefully we don't see similar efforts succeed in America...we are supposedly the land of the free and the home of the brave.

I for one will not give up blogging willingly...and if I did, I wouldn't simply delete my archives and leave some lame ass "due to personal reasons, I'm shutting this blog down" and that's it.

Never Get Busted Again

Keoni Galt · 27 July 2007 · Archived copy · Original

Although I was inspired to blog because of the MRA movement, I purposely chose the Blogger name, Hawaiian Libertarian, because I did not want to have to constrain myself to only blogging about MRA/anti-feminism issues. I am a registered Libertarian and I believe in most of their political platform - including the elimination of drug prohibition laws.

I oppose this simply because I believe the government should not have the power to tell individuals what substances they can or cannot consume, and that prohibition has created problems far worse for society than the problems associated with people who become addicted to a legal substance.

It really has nothing to do with the fact that I like to recreationally indulge every now and then with some of Hawaii's finest homegrown...

Anyhow, check this article out from Radar Online

Can't Bust This

Like drugs? An ex-narcotics agent reveals the secrets to staying one step ahead of the law
By Neel Shah

> During his eight-year stint as a cop in Texas—two of them as head of narcotics for the Gladewater Police Department—Barry Cooper made over 800 drug-related arrests, impounded more than 50 vehicles, and seized at least $500,000 in cash and assets. He worked with everyone from the DEA to the FBI to border patrol, earning a reputation as the "best narcotics officer in the state, and perhaps the country," according to a former colleague. So what did Cooper, now married with four kids, learn from his experience?
>
> "The war on drugs is an utterly losing proposition," he tells *Radar*. "We caused more harm breaking up families to put non-violent drug offenders in jail than the drugs ever did. And for what? To eradicate 1/10th of a percent of drugs on the street."
>
> Cooper's epiphany stems in part from a few legal skirmishes of his own—he's been arrested five times (all non-drug-related offenses), though convicted only once, of a misdemeanor verbal assault charge. Plenty of cops lose faith in the system, but Cooper's 180 was so complete, he's now helping people to subvert it. *Never Get Busted Again*, in stores this September (or available now through his website), is a DVD compendium of advice for potheads looking to avoid the po-po, breezily narrated by the man formerly tasked with putting them behind bars. "I really just felt guilty about what I had done with my life," says Cooper. "This was the least I could do."
>
> Because potheads have notoriously short attention spans, we asked Cooper to boil down his DVD into easy-to-read bullet points. Safe toking.

Read the whole thing...this former narc gives excellent advice - especially concerning beating drug-detecting dogs and how to interact with police if and when you are pulled over. Some of the things, I already knew...but some of it I didn't.

Tribute

Keoni Galt · 28 July 2007 · Archived copy · Original

[image]This is a tribute to Fred X, The Eternal Bachelor & Captain Zarmband.

The Last Q&A w/ Fred X

I've had a lot of questions of late, and I thought I'd highlight this one, just to make it ***crystal clear*** what I stand for.

Anon:

Fred, is the misogynist mens movement an extremist movement for elderly, right-wing, conservative anti-choicers? Just curious.

No we're not.

And speaking for myself, on this blog, the only thing extreme here is my language and the fact I call a femcunt by its rightful term.

I don't promote terrorism. I never have and I never will.

I want equality under the law and an end to misandry.

Also- I will ***always*** promote, and encourage, outspokenness, freedom of speech and frankness when talking about any subject.

I might not agree with everything people post- but it will never go censored.

Never.

Also- I don't call for violence, but I ***do*** call for protests and marches, and, where possible, media exposure.

There is ***nothing*** extreme about me, or about any blogger I link to.

The Men's Movement is a movement based on fairness and is just in its cause.

If people think I'm extreme, then they're confusing extreme language with extreme message.

My message is clear: men's rights are a cause ***every*** man ***must*** fight for.

To hell with any accusations that me, or the Men's Movement as a whole, are a bunch of 'old misogynists'.

Fuck that shit.

All men are effected: fathers, victims of DV, young guys who have been brought up with misandry etc etc.

Forget stereotypes of 'angry old conservatives'.

The Men's Movement is much more diverse than that.

In any case- I won't be explaining myself again after this- except to direct any critics to this article.

Or my arsehole, so I can fart in their faces.

Femcunts are pointless. *posted by Fred X @ 11:18 PM*

Before Anyone ever forgets...let us always remember the day Fred X had strived for us to always remember:

International Femcunt Day

March 8th

[image]

To whoever was responsible for censoring the Eternal Bachelor, Captain Zarmband and Fred X...

[image]

Patriarchy > Matriarchy

Keoni Galt · 30 July 2007 · Archived copy · Original

The roots of feminism have penetrated so deeply into the soil of Western society, it seems at times that the Patriarchal system that gave us the most prosperous civilization in human history is already lost. How can one combat what has become mainstream, conventional wisdom that is commonly accepted by 99% of the population?

The following are two articles that are seeking to address the problems of entitlement programs (i.e. socialism) being funded by the current work force's taxes, and the declining birthrates throughout the entire Western world. Notice how both authors fail to connect the dots with regards to feminism's radical altering of society and the results they engender:

The Cry Should Go Up in Europe: More Babies, Please!

Are Children a Public Good?

Both article recognize the problem and that inevitably the systems of socialist entitlement will no longer work as the baby boomer generation ages and their entitlement benefits are greater than the money being collected from the smaller generations of workers.

The problems are two-fold: the war on the nuclear family, and the idea that Government is the solution to the problem...when in fact it is Government that has caused all these problems to begin with! Or more accurately...Government corrupted by the Tyranny of the Petticoat, a.k.a. Feminism.

> At a time when we – I mean, anyone over 35 – are all horribly conscious that there won't be enough taxpayers to support us in gin and cigarettes in our old age, the very last thing we need to worry about is excess population growth. On the contrary: as seen from the dinner party circuit, the real crisis is the difficulty for female graduates in getting anyone to breed with. Forty per cent of women graduates don't have a single baby at the age of 35.

Funny, isn't it? The pro-Socialists worked tirelessly to make the masses in the West accept government entitlement programs...and often times, these were the same people that supported and promoted the modern feminist zeitgeist that all women should attend college and build careers instead of marrying young and raising families. In effect, the people behind the current state of affairs, built a house of cards in their entitlement system of retirement, and the foundation was rooted in the next generation's taxes...but their promotion of feminist ideals also resulted in birth rates that simply don't provide enough workers to sustain the system they set up!

The pertinent question is, was this done on purpose...or are the pro-socialist/pro-feminists just that stupid? Useful idiots, indeed.

As MRA blogger No Ma'am chronicles, the brilliantly conceived cultural assault on the West promulgated by the Frankfurt School masterminds exploited women and feminists as the ideal useful idiots to destroy the West from within.

To those of us that see the bigger picture, it all adds up perfectly, doesn't it? Connect the dots...

1) Give women the right to vote...in short order, the focus of government as a limited entity that exists to maintain

freedom for the citizenry is turned into a nanny state behemoth by women voters that value security over liberty. John Adams was right to oppose women's suffrage, as we now see just how the Tyranny of the Petticoat is the antithesis to freedom.

2) Promote the destruction of the nuclear family - change marital laws so that women have incentives to leave the fathers of their children and live off of the public sector if they are poor, or force the father through government coercion to subsidize the destruction of his family.

3) Push women into the workforce and encourage them to avoid getting married and having children until they have built a career...when they are past their prime years of fertility and are only able to have one or two children at most, and then have day care and Government propaganda institutions (a.k.a. public schools) raise them while she seeks "validation" in the world of work.

4) When the entitlement programs face pending insolvency because there are not enough workers to pay for the promised entitlements, import a foreign born workforce.

5) Encourage these foreign born workers to avoid assimilation. Any attempts to stop illegal immigration or to promote the idea that newcomers to the West should assimilate is branded "racism."

Yet the author of the column can write about this agenda's implementation while failing to connect the dots:

> Don’t they realise that there are only two classes in Britain for whom three or more children are an option – the rich, for whom mortgages don’t matter, and the poor, whose children are supported by the benefit system? The increase in the birth rate this year was largely accounted for by immigrants and older, richer mothers. One reason why there's such resentment – articulated by the Labour minister Margaret Hodge – among white working-class Britons about asylum-seekers with children getting social housing ahead of them is that the system seems to discriminate against couples who postpone having children until they can afford them in favour of ethnic minority communities with large families.

Seems to? It DOES. This is done by design! The Cultural Marxists plans are being effected to perfection!

Thus, the cultural building blocks of civilized society have been compromised. The first attack was disrupting the nuclear family structure that transmit the cultural values of preceding generations. Women are encouraged to be selfish and pursue material gains and power instead of nurturing children - this is called "empowerment" and "equality."

Import a foreign born working class to prop up the entitlement socialist schemes, and encourage them to balkanize themselves and avoid assimilation at all costs (If you would like to proceed in English, press 1; Para proceder en español, prensa 2...).

As the cultural disarray continues, we are headed further and further down the path of Matriarchal oppression.

All of this can actually be expressed in a simple mathematical formula:

If Feminists = Useful Idiots, than: Cultural Marxists + Useful Idiots + Socialism + (Immigration - Assimilation) = The Decline of Western Civilization

It's time to return to the original equation that gave us the Cultural Society of Western Civilization...

Patriarchy > Matriarchy

MRA in Your Personal Life

Keoni Galt · 1 August 2007 · Archived copy · Original

I am of the opinion that being an MRA carries a responsibility to it that requires far more than logging on to the internet and raging on your blog about the unfairness, inequality and stupidity of feminists and their useful idiot manginas. Don't get me wrong, the proliferation of MRA blogs is vital in raising awareness, because it seems to be the only venue at this time in which MRA ideas can be discussed and disseminated to a wide audience, as almost all other mediums of communication have been corrupted by feminist groupthink and PC conventions. I myself lived a life of ignorance and just kind of went along with the general theme of feminism's ubiquity in the mainstream Western consciousness until I discovered MRA blogs.

What I'm trying to say is that Blogging about MRA, and reading other blogs daily (as I do,) is important, but it is ONLY the first step.

The next, more important one is this: each one of us that have attained awareness to just how corrupted society has become with the advent of feminist ideoloogy and it's pernicious influence on the relationship between the sexes, the justice system, the family courts and society's general attitudes and acceptance of misandry have a responsibility: we all have a personal duty to be ambassadors of men's rights in our real world lives.

This responsibility is one that really does not require much...but if we are ever going to take MRA beyond existing as a minority movement occupying a small niche in the blogosphere, it's gonna take what every grass roots movement needs to succeed: the successful transmission by word of mouth.

Because feminism has infested and corrupted just about every level of Western society, it is indeed a monumental task for us to take on...but as the old saying goes, every long journey begins with the first few steps.

But the most important thing to remember is this: no matter how hopeless it seems, we MRA have the ultimate weapon on our sides in combating the rising tide of feminist thought...the truth.

Truth is our ultimate weapon, and we need to wield it wherever and whenever it is prudent to do so. This means we need to speak up when we can to help raise awareness of the ignorant and to counter feminist myths that are repeated as facts, and to identify and counter the folly of misandry whenever we encounter it in the real world. This, I believe, is far more important than blogging.

We MRA need to be especially mindful when misandry and feminist thought surfaces in the words and actions of people closest to you; because these are the people that you will influence the most, ESPECIALLY if you are not overt, aggressive or confrontational about it. In fact, I believe you will be far more effective by applying humor and teasing when dealing with the subtle misandry of people you are close to.

With that in mind, it is the following scenarios for which we MRA need to be on the look out for as opportunities to strike a blow against feminist ideology wherever and whenever possible.

* Whenever you hear women in your life reflecting the general misandry of our culture -- you should speak up and correct those erroneous assumptions.

> I was at a party a few weeks ago, and a few of the women in my peer group had gathered in a corner of the room to talk, and I overheard one of the ladies, who was my good friend's live-in girlfriend and mother to their

> daughter say "Oh David can babysit Lisa (there daughter) so we can go shopping." (Not their real names, of course).
>
> I interjected politely that since he was Lisa's Dad, he wouldn't be babysitting, he would simply be raising his own daughter. All of the women gave me curious looks and a little uncomfortable giggles, but she did acknowledge that I was right. The point is I planted the seed of doubt in the common feminist attitude in all of these ladies minds...the next time they hear another woman refer to her children's father as a "babysitter" perhaps my point will stick in their mind.

* Whenever you are watching TV with family and/or friend's, and the typical misandrist theme manifests itself, say something, no matter how subtle or small.

> This one especially applies to the common Hollywood fantasy of a single women defeating a larger, stronger man (or worse, yet a group of men) in hand to hand combat. I'll always say something like "Oh yeah...that was REALISTIC" while rolling my eyes.
>
> If the typical "Dad is a buffoon, mom is superwomen to the rescue" theme appears, I found the best counter is "Good thing MY/Your Dad is not that dumb or incompetent, he would have handled that with no problem!"
>
> Such subtle messages can be an effective counter that can possibly cause at least a little cognitive dissonance in the minds of women who generally think in the misandrist terms society has indoctrinated them too.

* Be aware of how women manipulate men, than DO NOT ALLOW THEM TO DO IT UNCHALLENGED. Especially when it is sisters, friend's, girlfriends or spouses. who use this tactic.

> I know plenty of women that will often make off-hand remarks of how they are strong, independent and don't need men to do things...until a spider or centipede appears; and than they are screaming and running and asking the nearest male to take care of the nasty critter. That's the best time to playfully remind them as you are killing the bug "I thought you don't need a man to take care of you?"
>
> Same goes for women who act helpless to get men to do some particularly dirty or heavy task. If a female family member or a female friend who I do like tries this tact to convince me to do such things, I'll often do them (if I genuinely like/love her) - but I will call them on their tactics first. I'll say something like "No need to act like a damsel in distress, just ask me straight!"
>
> Unpleasant tasks that females don't want to do also represent the perfect opportunity to remind them of any of their misandrist statements they've made in the past. For instance, one of the most over-used phrases I hear from women in my life is some variation of the "There's too much testosterone in this room," comment. So when the opportunity arises, use their own comments against them.... "Yeah, alright, I guess there wasn't not enough testosterone in the room to take care of this until I got here."

* Whenever you do a favor or give a gift for a woman in your life, and she acts like she was entitled to it, immediately call her on it.

> An exaggerated "YOUR WELCOME YOUR HIGHNESS" while bowing deeply to them gets that point across fairly well.

* Whenever you have women in your life complain, demean or degrade the men in their life, turn the tables on them.

> It seems like getting together and grumbling about the men in their lives is one of American Women's favorite past times, and even the nicest, smartest, happiest and non-naggy/bitchy women I know of will indulge in it if they are amongst a group of women who are also doing it.
>
> If I hear a relative or friend say something like "He's such a dummy" I'll instantly pipe up "Well who's the dummy that married/moved in with/had kids with him?"

In summary, feminism and misandry have infested and corrupted society on just about every level, and even women in our lives that we love will in fact reflect this frequently with little comments or actions on occasion. By not letting any opportunity go unchallenged, while not being off-putting and aggressive to the women that otherwise do respect and value your opinions, you can at the very least raise awareness in women who otherwise wouldn't give their thoughtless misandry and feminist-influenced attitudes a second thought.

Ruminating on the Topic of Abortion

Keoni Galt · 3 August 2007 · Archived copy · Original

I was ambivalent about the issue of legalized abortion for a long, long time. I've always been conflicted between the right to life argument and a person's right to control their own body. But after a lot of thought on this topic, I think I've finally decided I am pretty much a hard core, pro-lifer...but I'm certainly not some Fundamentalist either (i.e. I would never condone abortion clinic bombings or killing abortion doctors).

It is my view that abortion should be an issue resolved by the States and not by Supreme Court Fiat...and that the right thing for all 50 States to do would be to outlaw abortions with the exceptions for medical cases of life endangerment, or proven rape/incest cases.

I believe abortion is murder, and it is a barbaric act for which their is no acceptable excuse for it other than medical endangerment or rape/incest.

The feminist/pro-choice people no doubt find my position to be radical and an attempt to "take away a women's control over her own body."

I reject this line of reasoning on several grounds:

Women always have and always will have the choice to control their bodies.

They can decide who they have sex with.

They can decide which of the multiple forms of birth control they can use to prevent pregnancy in the first place.

Yes, I'm quite familiar with the ole, "What about those that were using birth control, but the control failed?"

I think as far as that goes, than a woman shouldn't be having sex with a man unless she is already prepared to deal with the potential consequences; i.e. if you don't know this guy well, or you know he's gonna skip town if you get pregnant, or he's an abusive drug addict or alcoholic, than you shouldn't be doing him in the first place, birth control or not. But hey, if you want to, go ahead, I'm not gonna try to get laws to stop you...but just be prepared to deal with the potential consequences for your choices.

If abortion were illegal across the board, most women would be a lot more careful and a lot more selective about who, where and when they sleep with, because they know the potential consequences would change their lives forever. That is how it used to be when abortion was largely illegal.

And I also reject the line of reasoning about back alley coat hanger abortions. Rape, murder and robbery happen all the time despite being illegal. The fact that they are happening is not a persuasive argument to legalize them either.

The entire argument of the feminists as far as I can tell really boils down to this: the feminist goal is to enable women to engage in any kind of sexual behavior they want to and not have to face the consequences for their behavior.

No-Fault divorce is the feminist aim to give women carte blanc to commit adultery and break their marriage contract without penalty.

Abortion is the feminist solution to give women the right to kill their baby rather than deal with issues of personal responsibility for their own choices and behavior.

In short, my view is that Feminism's primary goal is to remove any and all constraints on how a woman wants to act sexually.

But to be clear: As a Libertarian, I don't want to control women's sexuality by force of law at all.

But neither do I want to have laws as they are now that provide the means to remove, shield or protect people from experiencing the negative consequences for their own bad choices.

I'm 32% Feminist?

Keoni Galt · 8 August 2007 · Archived copy · Original

You Are 32% Feminist
[image] No one would consider you a feminist. You believe women should hold on to traditional gender roles. Well, that's not the world we're living in anymore. Time to wake up to the 21st century!

Are You a Feminist?

I don't think so!!! I would say I'm a 0% Feminist...though mildly amusing, the quiz, which I found via Vox Popoli, the wording of the questions are all "either or" propositions that are badly worded.

Here's the 10 questions along with the reasons for why I voted the way I did to arrive at the 30% rating...

1. Women should be economically and socially independent. They shouldn't rely on men to take care of them.

   Strongly Disagree

   This gets to the very heart of the matter in which feminism has corrupted society and sparked the "gender war" we all endure. Under the old "oppression" of Patriarchy, men and women COMPLEMENTED each other by being dependent on each other when they married and created a family. Women did rely on men to take care of them financially, Men relied on women to take care of them by taking care of everything else like housekeeping and children rearing so he could focus on being the best breadwinner he could be.

   Women being economically and socially independent is the idea that women don't need men for anything...this is unnatural, and when one takes a step back and looks at it from an objective point of view, every single mammalian species that exists or has existed in this world consists of complementary genders that work together to produce, protect and raise the successive generations. Feminism seeks to push this idea that the human species is the exception to the rule that governs all other mammalian species on earth.

   And my answer doesn't preclude women from having a career either...I'm only concerned with the general attitude that our feminist corrupted culture has imbued Women with this idea that they don't need men. Men and Women need each other - that is the natural way of things. Going against this is unnatural.

2. There is no such thing as a "man's job." It is wrong for men to be given preference for any job position, even if women traditionally aren't in that field.

   Strongly Disagree

   Feminists can get back to me on this question when women are subject to the draft, when they work in equal

proportion to the hazardous jobs that men do, when they suffer the same casualty rate in those hazardous occupations, and when they no longer benefit from laws that give them maternity leave at the expense of the employer....because as an employer, and I had to choose between hiring a pregnant woman or a man, why should I be penalized for preferring the employee that is going to show up for work and produce versus the one that is going to take up to 3 months off, for which I have to cover all the expenses of keeping her job for her while she is not producing anything during that duration in return?

3. Men and women should be held to the same sexual standards. If men can sleep around without judgment, women should be able to as well.

   Disagree

   I believe men and women should be held to the same standards of judgment for their behavior, I really disagree with the wording of this particular question, which is why I chose Disagree rather than Strongly Disagree.

   If men can...women should be able to as well.

   The biological fact of the matter is this: no amount of feminist propaganda changes the basic facts that when men are looking for a spouse to create children with, they want to be assured that the children produced are genetically HIS. When a women is promiscuous, men will not value her for her potential to be the mother to his children, because her past behavior indicates that children produced from their marriage may in fact put the issues of paternity into at the very least a questionable category. Women have no such worries, as they gestate and birth the child. No matter how slutty she is, she knows the children are hers. So once again, we have another instance of feminism getting enraged at the natural order of life in the human species.

4. Women should take an equal role in dating. Women should ask out people they are interested in and take their turn in paying.

   Agree

   The only reason I did not put Strongly Agree is because I think one of the areas in which feminists have really messed up women is this idea that women need to act like men in the dating game...although women should certainly pay their fair share if they want to demonstrate to the men they are dating that they are more interested in his company than his wallet.

   It is a masculine manner to be straightforward and pursue a woman that interests him, and this is what feminists seek to emulate when they tell women they should ask people out they are interested in...but any women in the "age of oppression" had no such worries. Proper ladies knew exactly how to use her femininity to encourage a man she was interested in to ask her out. It's the same mating ritual dance one can see numerous examples of in nature...one gender seeks to attract the attention of the other they are interested in. For humans, it is the female that tries to attract and the male that pursues. Feminists are trying to flip this natural order on it's head and make women the overt pursuers rather than to use their innate feminine traits to attract a man.

5. Women should accept their bodies as they are. Women should not have to conform to wacky beauty ideals.

   Bah. This is another one of those whacko ideas feminists have that once again proves Rush Limbaugh's famous

assertion that feminism is just about ugly women who are angry that they do not enjoy the perks beautiful women enjoy in society.

The other point to consider is this: wacky beauty ideals pushed by society are not caused by "men" or the so-called "Patriarchy." Where is it exactly that one can look to find the "wacky" beauty ideals? Women's magazines written by feminist women for women readers and modeling fashion shows designed and produced by women or gay men to sell clothes to women. Couple this with the celebrity culture for which most women are obsessed with so that they can live vicariously through the lives of people who have the beauty they wish they themselves had, and we get the so-called "unrealistic beauty ideals that oppress women."

This feminist notion that women should just "accept themselves" is just another way for women to claim victim-hood for their own behavior. Eat right and exercise and you won't be an obese slob no sane man wants to touch with a 10 foot pole. Is it really unrealistic to expect that women AND men should work at keeping themselves in shape and healthy? Societal pressure to do this is a good thing, not "oppressive" as feminists claim.

6. A woman should be able to marry and have kids with anyone she wants - including another woman.

   Strongly Disagree

   Marriage is the model of Patriarchy designed to create families with Parental roles that are complementary to raise healthy, well-balanced children. Marriage by definition is the union between a man and a woman. A woman "marrying" another woman is an oxymoron. Of course, this is exactly why feminists support same sex "marriage." Because they are morons.

7. Women should have the right to choose any path in life - from being a stay at home mom to a Fortune 500 CEO.

   Strongly Agree

   This is probably the one answer that probably weighs substantially in giving me a 32% rating. Women AND Men should have the right to choose any path in life. Why is this a problem? This was never a problem before either. There were no laws that said women couldn't be a Fortune 500 CEO...they just by and large chose not to because of the social pressure and expectations that women should get married and raise a family.

8. Women should be encouraged to pursue education as much as men are.

   Strongly Disagree

   Women should have the right to pursue education as much as they want, but the societal pressure that now dictates that women SHOULD pursue education as much as men has now lead to the chaos we now live in, and is a major factor in why all of the Western countries that have embraced feminism as the cultural and legal paradigm all now have declining birth rates. Instead of having multiple children when women are in their prime fertile years, they are in school working on a degree than jumping into their careers upon graduation. By the time they feel "ready" to have kids, they can at most have two or three kids before they are no longer fertile, and it is more likely that they will only have one, and that child will often be raised by strangers on minimum wage at daycare while career woman goes back to work to get the most out of her "education." From a Demographic perspective, the feminist zeitgeist of encouraging women to work on education and careers while in their prime

reproductive years is cultural suicide.

9. Women should have legal, easy access to all types of birth control - including the morning after pill

   Disagree

   Well I'm pro-life, as I just explained in the previous post, so there's no further explanation as to why I disagree with this supposition. The only reason why I only chose Disagree rather than Strongly Disagree is that I see a very important distinction between birth control and the morning-after abortion pill.

10. You would support a woman for president (if you agreed with her politics).

    I most certainly would...but I don't see any women Libertarian candidates running for President, so I'm certainly not supporting any women in this next election.

All in all, this is yet another one of those stupid, vapid quizzes that are ubiquitous in women's magazines and women websites...but it is certainly revealing when one looks at the questions to see just how intellectually shallow and unnatural the feminist mindset really is.

The System THRIVES on Destroying Families

Keoni Galt · 14 August 2007 · Archived copy · Original

One of my favorite MRA columnists, Carey Roberts, has written a new piece that basically connects the dots between feminism, the government, and the destructive effects it has had on families and on society by extension.

Specifically, he addresses the horrendous situation that Child Support Programs in each State are firmly entrenched into a system where it thrives on destroying families, and keeping Father's away from their children so that it can continue to receive Federal funding...

From: "Newark Triple-Murder Reveals Need for Fathers,"

> The wellspring of the problem can be traced to the advent of no-fault divorce, relaxed sexual mores that gave rise to out-of-wedlock births, and the legacy of Great Society programs that diminished father's roles.
>
> And a recent report by political scientist Stephen Baskerville reveals powerful incentives have now become rooted in the system. [www.ipi.org/ipi/ipihome.nsf?OpenDatabase] These inducements stymie reform and place families at risk.
>
> The problem starts at the top with the Office for Child Support Enforcement, the federal bureaucracy that awards grants to states that propel the gears of their child support enforcement machinery.
>
> Remember we're talking about a squeezing-blood-out-of-a-turnip problem — few low-income dads have the skills or job opportunities to make their child support payments. So revoking their fishing licenses and throwing them in jail becomes an exercise in social do-gooding that is more symbol than substance.
>
> If our child support collection effort was working, the revenues collected from obligated parents should exceed the program's expenses. But they don't. According to a 2003 report from the House Ways and Means Committee, taxpayers actually lost $2.7 billion in 2002.
>
> The OCSE sweetens the deal by dangling juicy incentives that are tied to the level of child support dollars collected. For example in 2002, child support programs brought $640 million to California and $228 million to Ohio.
>
> It's those incentives that have made the system so destructive to families.
>
> If fathers are awarded 50% custody of their children, they owe little or nothing in child support. If no child support dollars are channeling through the system, then the federal money dries up. This creates an inducement for states to keep children away from their fathers as much as possible.

This is how the system is rigged...and it's overall effects on society are PLAIN for all to see.

> City Journal commentator Steven Malanga reveals the social pathology that lies behind those murders: "An astonishing 60 percent of the city's kids are growing up without fathers ... Studies have also found that about 70 percent of the long-term prisoners in our jails, those who have committed the most violent crimes, grew up without fathers." [www.city-journal.org/html/eon2007-08-09sm2.html]

Yet the madness of family destroying laws continue onward, sucking in more and more men and their innocent children every year into a soul-destroying system that continues to corrupt society.

When will the madness ever end?

And people wonder why I'm an outspoken Libertarian that opposes just about every facet of Government involvement in all the areas of life it does not belong.

Where is it written in the US Constitution that the Federal Government has ANY business being involved in child support?

Gender Limited Jobs in the NFL

Keoni Galt · 18 August 2007 · Archived copy · Original

[image]Another stupid woman takes the opportunity to play the victim with shrieking cries of "Sexism!" against the Pittsburgh Steelers for not allowing female hotel security officers to patrol the floors the Steelers were on, because some of the players stroll around naked after showers and such.

From ProFootballTalk.com:

> The Pittsburgh Post-Gazette reports that a female police officer and her supervisor have filed internal complaints after the officer was passed over for extra work at the Steelers' hotel due to her gender.
>
> The officer who made the room assignments didn't want a female patrolling the team's floor because some of the players "walk down the hallway with no clothes on."
>
> Cynthia Ferretti and her supervisor complained after the East Liberty station received a request from officer Kevin Head for volunteers for the off-duty assignment. Head allegedly included the gender limitation as the only stipulation for the gig.
>
> "They just couldn't work the floors where the guys were with no clothes on," said Head. "I don't know why everybody's blowing this out of proportion. Really, I didn't even think they took it like they took it. I had two posts that required the men to be on the floor."
>
> Steelers coach Mike Tomlin said that the team did not request that the guards assigned to player floors be men only.

I've only got one thing to say on this scenario: imagine if the gender's were reversed, and a male security guard sued the Miss America Paegent because they wouldn't let him patrol the lady's dressing room...would anybody take his complaint seriously?

Gender equality?

My ass.

The feminists claim they want equality, but it's obvious for all to see that what they really want is preferential treatment for the female gender on just about every issue they seek to address.

Feminism would love nothing more than to destroy the NFL...the ultimate masculinity driven organization. It is one of the last institutions in this country where feminists have not been able to infiltrate and corrupt simply because there is probably not a woman alive in this world that could handle playing any non-kicking position at the NFL level.

As feminism continues to try and influence every sphere of modern life in the Western Hemisphere, it will be organizations like the NFL that will at least preserve some bastion of acceptable masculine expression left in society.

So what exactly am I getting at here?

MRA: it is your DUTY to support the NFL, and do all that you can to watch football during football season!!!!!! :)

Why Should the US Model Itself After Europe's Socialist Systems?

Keoni Galt · 24 August 2007 · Archived copy · Original

The liberals, so-called "progressives" and Democrats in American politics are the primary supporters of the implementation of feminism. All one needs to do is visit the fever swamps of leftist thought to see that this is true...sights like Democrat Underground, Pandagon and Daily Kos are overflowing with feminist propaganda and misandry.

What one can also see is frequent references to the so-called "superior" model of European socialist states, and that we need to move the United States in their direction in terms of social and economic policies.

What these useful idiots don't realize is that looking to such Euorpean "utopias" is quite instructive as to why their thoughts, ideas, platform and agenda are the means to destroying society, one family at a time...

From the Ludwig Von Mises Institute, What Has Government Done to Our Families?

> In turning to Sweden, we find a classic case of bureaucratic manipulation to destroy the state's principal rival as a focus of loyalty: the family...
>
> ...The rise of the welfare state can be written as the steady transfer of the "dependency" function from the family to the state; from persons tied together by blood, marriage or adoption to persons tied to public employees.

This is socialism is distilled: Government taking over the traditional dependency function of the nuclear family. Hmmm, where have we heard this before? Perhaps it was a certain politician who is a radical feminist masquerading as a moderate Democrat? One who wrote a book entitled "It Takes A Village?"

> The process began in Sweden in the mid-19th century, through bureaucratic projects that began dismantling the bonds between parents and their children.

The article than goes on to outline the steps the Swedish Government has taken to accomplish this dismantling of the bonds between parents and their children...what's frightening is that when one reads how the Swedish Government went about this process, one realizes that those same measures have already been implemented here in America!

> In classic pattern, the first assertion of state control over children came in the 1840s, with the passage of a mandatory school attendance law.
>
> ----------

> The next step came in 1912, with legislation that effectively banned child labor in factories, and to some degree on farms. Again, the implicit assumption was that state welfare officials were better judges of the use of children's time, and more compassionate toward children than parents were or could be.
>
> ---
>
> The final step came at about the same time, when the Swedish government implemented a program of old-age or retirement pensions that quickly became universal. The underlying act here was the socializing of another dependency function, this time, the dependency of the "very old" and the "weak" on mature adults. For eons, the care of the elderly had been a family matter. Henceforward, it would be the state's concern.

> Taking all of these reforms together, the net effect was to socialize the economic value of children. The natural economy of the household, and the value that children had brought their parents—be it as workers in the family enterprise or as an 'insurance policy' for old age—was stripped away. Parents were still left with the costs of raising the children, but the economic gain they would eventually represent had been seized by "society," meaning the bureaucratic state.
>
> The predictable result of this change, as an economist of the "Gary Becker School" would tell you, would be a diminished demand for children, and this is exactly what occurred in Sweden. Starting in the late 1800s, Swedish fertility went into free-fall and by 1935, Sweden had the lowest birthrate in the world, below the zero-growth level where a generation just managed to replace itself.

Sounds familiar, doesn't it? The Swedish model of socialism...the system the Left in America wants to move us towards, is a recipe for cultural and national suicide. Plummeting birth rates, disintegrating families and a burgeoning welfare state that becomes increasingly bankrupt as the diminished younger generation no longer generates enough taxes to pay for the elder generations entitlements.

To all the leftists, socialists, democrats and feminists in this country that continually insist that we need to model our country like Europe...I say to you: if it's so bad here, and so great there, why are you still here?

Feminist Myopia

Keoni Galt · 24 August 2007 · Archived copy · Original

Read this following myopic viewpoint from this whining feminut:

Are Men More Intelligent Than Women?

> A professor in Canada has recently released the findings of a “scientific” survey which claims men are more intelligent than women. According to the test results of 100,000 participants men scored 3.63 IQ points higher than women across all levels including family economics.
>
> Although these findings are controversial they could also be the breakthrough that the fairer sex has been seeking for generations. If the male is now considered to be more capable than the female in family economics then maybe the 21st century will bring about a complete role reversal whereby the woman will go to work and earn the main income whilst the man maintains the home. He will be able to display his newly discovered expertise by juggling the housekeeping money to pay all the bills, doing the shopping, the housework, getting the kids ready for school each morning, preparing a family meal in the evening, getting the kids ready for bed and then washing up and tidying before finally finding the time to sit and relax for a while to watch his favourite television programme. Even then there will still be things to do so the man will need to multitask by watching the TV whilst ironing his wife’s clothes ready for her to wear for work in the morning, sewing the tears in the children’s school uniforms that will only need doing again after their next bout of exuberant playtime and subconsciously planning the following days family curriculum.
>
> Whilst the man will be expected to manage the household right up to the last minute before crawling into bed for a welcome rest the woman has also had her share to do as well. On her return home from an eight hour day at work, kicking off her shoes and flopping onto the sofa she may have to endure the inconvenience of getting up again to go to the fridge to retrieve a beer and even open it herself because the man is too busy cooking the dinner in between repeatedly separating the kids who are arguing over who’s turn it is on the Xbox.
>
> Dinner is served up at the dining table but the woman wants hers on the coffee table in the living room so she can still watch the football on the television. The match is vital, everything depends on the result; it could mean relegation to a lower division for her supported team! Like most other women who are fanatical about their football team she supports a Premier League side based three hundred miles away from where she actually lives. The man cannot understand the reasoning behind her over enthusiastic support of Liverpool when they live on the Isle of Wight.
>
> Dad and the kids eat like civilised people in the dining room whilst mum lounges on the sofa with her dinner just about within arms reach on the coffee table. Whilst her eyes are firmly fixed to the TV she attempts to load a fork and guide it to her mouth but drops the lot on the carpet as she jumps up shouting profanities at the referee for failing to award Liverpool a penalty after a gust of wind made one of their players fall over.
>
> Dinner is over and half of hers is on the floor where it will stay until dad can make the time to come and clear it up and take away her empty plate. She is too tired to do anything; she has been to work all day making important decisions so in her opinion she has done her fair share. At five ‘o’clock on Friday she finished her work period; great, no more work until Monday morning!
>
> Her husband is exhausted but she cannot understand why, after all, he’s just been at home all the time doing whatever he wants to do while she has had to work a 35 hour week. It’s ten ‘o’clock and he announces he is going to bed for an early night. Her eyes immediately light up at the thought of an early night; to a woman an early night means sex and she sulks childishly when her advances are spurned because the man complains he is tired and has a headache.

Notice in her attempts at being clever by reversing the sexes, she goes into lengthy detail about just how onerous and difficult it is for the "husband" doing the traditional housewife role, while the "wife" is a sports obsessed slob acting like the "husband" is simply a domestic slave to make sure dinner is ready, cleans up after "her" while catering to "her" every whim, while STILL managing to cope with child rearing and domestic chores. This is feminist myopia on plain view for all to see...barely a mention of the often difficult and dangerous work a provider may endure to support the family.

Oh the inhumanity and oppression.

One could easily reverse this cheap, transparent tactic:

After sending the kids off to school, the "husband " loads the breakfast dishes into the dishwasher, throws the laundry into the washing machine and vacuum's the house with the state of the art Kirby his "wife" just bought for him. This takes about an hour or so, after which he sits down with a cup of coffee and enjoys an hour of his favorite Soap Opera. After this, he gets on the phone and gossips for an hour with his "boyfriends" before planning to meet up with them at the Starbucks at the shopping mall.

After a few hours of shopping and gossiping, the "househusbands" all leave the mall to pick up the kids from school and head home to ensure the homework gets done and dinner is ready for the "Wife" when she gets home from her day of hard, manual labor in the coal mines that leave "her" completely exhausted, risking "her" life to put food on the table and to make the minimum payments on "His" credit cards that are all maxed out to support "his" shoe and jeans collection that stuff their closets to overfull.

But when "she" gets home, her duties are not over...the minute she walks in after a mind-numbing day of sheer physical labor in horrid conditions, he greets her at the door with immediate nagging about why the yard work hasn't been done yet, the garbage needs to be taken out and "HER" kids were misbehaving again.

All she wants to do after such a long hard day at the mines is take a shower, eat some dinner and watch the game with a beer or two before dropping to sleep from exhaustion from earning a living for her family from the sweat of her brow...but "he" never lets up with the nagging and it drives her so crazy, she leaves her dinner to get cold and her beer to get warm, and she misses the last quarter of her favorite teams playoff game so she can finally take the trash out and mow the lawn with the last rays of sunlight left...just so he'll finally stop nagging her to death.

Than, after finishing her cold dinner and warm beer, she has the NERVE to expect sex! Doesn't she know how tired he is from taking care of the kids and cleaning the house!?!??! (That's not even mentioning how tiring it is to walk around the mall with his boyfriends for a couple of hours, maxing out the credit cards for new clothes and the absolutely VITAL nicnacs and trinkets that adorn the house).

See...aren't cheap, rhetorical essays so much fun!??!

Female Predators in our Public Schools

Keoni Galt · 24 August 2007 · Archived copy · Original

It's commonly accepted in American society that most predators and statutory rapists are usually men, and that somehow women are the "fairer" sex.

Yet the number of female "teachers" in our public school teachers is quite staggering when you actually see just how many cases have occurred recently across the country -

The following list comes from WND:

Sextra Credit
The big list: Female teachers with students
Most comprehensive account on Internet of women predators on campus

Now, without putting much thought to the topic, I would guess that most people who first hear about the issue would hazard a guess that the majority of these female predators are hideously ugly hags and cows that are sexually desperate because no man their own age would touch them with a 10 foot pole.

It certainly appears that way for some of the following...

[image][image][image][image]

[image][image][image]

Oooooh those, poor little boys that were taken advantage of by these hideous cows....just seeing their pictures and reading the descriptions of their crimes makes me nauseas.

But than we have cases like these...

[image]Amy McElhenny, 25:
Charged with having a sexual relationship with an 18-year-old male student, the 25-year-old Hebron High School Spanish teacher and former Miss Texas contestant will not be serving any jail time after a Denton County, Texas, grand jury refused to issue an indictment in September 2006.

[image]**Angela Comer, 26:**
Middle-school teacher from Tompkinsville, Ky., fled with her alleged lover, her 14-year-old male student, before being tracked down in Mexico where she reportedly planned to marry the boy.

[image]**Carrie McCandless, 29**:
The former Colorado social-studies teacher, who also happens to be married to the principal, was charged in November 2006 with having had sexual contact with a 17-year-old male student during an overnight school camping trip.

[image]And of course...one of the most famous cases:

Debra LaFave, 25:
Tampa, Fla., area teacher received no jail time despite having sex with her 14-year-old male student in a classroom and her Hillsborough County home.

I guess some fairly attractive women can also be sexual predators of young boys as well.

There are a lot more stories of female predators in our public schools found at that WND page...but there is a common thread amongst almost all of these stories: just about all of these women that were caught in sexual "relationships" with their students recieved little to no jail time for their crimes.

Even when a judge points out the apparent double standard between how female sexual predators are treated versus male predators, the judge STILL gives these ladies light or no sentences....like the following case:

[image]**Cameo Patch, 29:**
Substitute teacher at Tooele High School in Tooele, Utah, arrested for allegedly performing oral sex on a 17-year-

old male student. The sexual activity was allegedly consensual, and reportedly took place off school grounds after the pair had exchanged phone numbers in a restaurant.

"In November 2006, Patch was sentenced to no jail time, despite comments from the judge that a man would have likely gone to prison."

The feminist movement claims to be about equality for the sexes....

...how about some equality in the sentences for convicted molesters and statutory rapists?!?!

The Greatest Single Cause of Evil

Keoni Galt · 4 September 2007 · Archived copy · Original

Townhall columnist and talk show radio host, Dennis Prager, has just published a column on Townhall.com in which he lists 10 reasons for why people commit evil deeds.

His number one reason perfectly fits in with MRA issues and the role of feminism in our society:

> A lifelong study of good and evil has led to me conclude that the greatest single cause of evil is people perceiving of themselves or their group as victims.

This is a great point, and examples that come to mind are legion...here a few that Prager mentions:

> Nazism arose from Germans' sense of victimhood -- as a result of the Versailles Treaty, of the "stab in the back" that led to Germany's loss in World War I and of a world Jewish conspiracy.
>
> Communism was predicated on workers regarding themselves as victims of the bourgeoisie.
>
> Much of Islamic evil today emanates from a belief that the Muslim world has been victimized by Christians and Jews.
>
> Many prisoners, including those imprisoned for horrible crimes, regard themselves as victims of society or of their upbringing.
>
> The list of those attributing their evil acts to their being victims is as long as the list of evildoers.

The victim mindset creates a condition for which any behavior can be condoned and justified, because it is done in the name of "justice" for the "victim."

The mother and wife that unjustly has her husband removed from the home and alienated from his children and put into dire financial straits feels justified in doing so because she is the "victim" of his anger.

The "feminist icon" that compared being a housewife to be equivalent to concentration camp prisoner, led an entire generation of people astray with her ideas that a housewife was a victim of "Patriarchal Oppression." Millions of broken homes, fatherless children and kids raised in dysfunction by daycare are now the results of women suckered into believing that being a wife and a mother was the same thing as being a victim.

> If my belief is even partially correct, the preoccupation of much of America with telling whole groups that they are victims -- of racism, sexism, homophobia, xenophobia and classism, among other American sins -- can only increase cruelty and evil in America.

I believe Prager is quite correct, and it is with this in mind that I sound a warning to the MRA movement:

We must fight feminism and injustice done in the name of "gender equality," but we MUST avoid taking on the

mantle of the "victim." It is this very mindset that has led us to where we are today.

It makes no sense to become that for which you've spent so much time and energy opposing in the first place.

Plundering the MRA Archives

Keoni Galt · 5 September 2007 · Archived copy · Original

More and more we're seeing new MRA blogs pop up all over the Internet. The message is getting out and it's great to see more and more people opening their eyes to the reality of how corrupted Western society has become due to the influence of feminist ideology.

I think now is a good time to take a little trip down memory lane and highlight some of the more memorable MRA blog posts of the recent past for all of the new people to the movement...these are what I would call "Essential Readings of the MRA Blogosphere."

Without further ado, we'll start with the classics, who for whatever reason, are no longer blogging:

[image]

This a classic post from the late, great MRA Blogger, Duncan Idaho, the Eternal Bachelor - the Poster Child for MGTOW. "The Great Protector of Women Nay More" speaks to how the majority of we men feel about women when we are young, naive, and infatuated with the opposite sex, entranced by the raging hormones that render us blind to any negative attributes women may possess.

> Anyway, the point is, I actually used to give a fuck about females, would feel an instinctive desire to not only protect them from harm but would feel that my ability and willingness to protect them from harm was a virtue, a measure of manliness or other…but now I don't.

[image]

Since his archives have been removed, even from anti-misandry.com's archives, we're left with the last Q&A I posted a couple of months ago...but it reflects perfectly on Fred's rebellious attitude while dealing with the daily struggles of life in the Matriarchy-dominated UK.

> There is ***nothing*** extreme about me, or about any blogger I link to.
>
> The Men's Movement is a movement based on fairness and is just in its cause.
>
> If people think I'm extreme, then they're confusing extreme language with extreme message.
>
> My message is clear: men's rights are a cause ***every*** man ***must*** fight for.

[image]

Many MRA bloggers have drawn the links between Communism, Socialism and their motives to wage cultural warfare on the West by using Feminism as the Trojan horse. Zarmband makes his case in this post, entitled "Stalin Would Be Proud."

> This year marks the tenth anniversary of New labour coming to power in Britain. In those years the New Labour dream of Socialism by stealth has taken place and an new army of bureaucrats now prevail.
>
> ---
>
> Labour has also created an army of single-mothers dependent on government benefits. It has done all it can to encourage divorce and erode family values. The only family unit ***not*** being encourage by government is the family consisting of mum, dad and their own children. Single-mothers, step-families, gay parents all get the official seal of approval.

These three MRA bloggers from the UK were very influential in the MRA blogosphere. There contributions are missed, but the movement goes on!

Now, on to the current MRA bloggers and there older, archived posts that have in one way or another inspired me or gave me a particular insight I've not thought of before...



It was reading this post by No Ma'am blogger, Rob Fedders, that gave me my "MRA Epiphany." It was Rob's post on the connections between Marxism and Feminism that opened my eyes to the roots of our cultural problems fostered by feminism, and the underlying motives for why the feminist movement is anti-family. A very long read in terms of a blog post...but well worth the time and effort!

> It is interesting to read descriptions of modern day feminism. Many times you will read that feminism has now branched out in other areas of Civil Rights and that they champion the causes of Ethnic Diversity, Gay/Lesbian/Trans-sexual Rights and they combat Racism.

> It all sounds pretty good, doesn't it? The Pink Proletariat is branching out and finally caring about others instead of their usual screeching of "ME, ME, ME!" We should applaud them… or should we?
>
> Maybe we should have a look at the big picture.

[image]

Blogger Fidelbogen directly addressed feminists who may have been logging on and reading his and other MRA blogs with this post, For Feminist Readers: An Introduction to the Men's Movement.

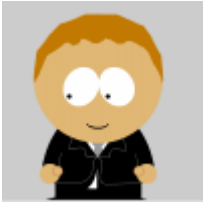
> When you systematically stir up hate toward a targeted population, and systematically enact laws and policies that could deprive this targeted population of wealth, health, happiness, security, a good name and other needful things, then you can expect this targeted population to "act out" in various ways, in token of its displeasure.



Kumogakure School was the rebirth of former MRA blog that had to go off line to maintain his anonymity. One of the first tasks he took on when he reopened his blog under the name Kumogakure School, was an excellent series of blog posts that reviews the book, the Tyranny of Tolerance, which is in Kumo's words, a must read for all MRA.

> Is the full horror of the Cultural Marxist scheme becoming apparent yet?
>
> Are you beginning to wake up from your daydream like existence, to see what is really happening all around you, every day?

> Marx said that the first steps of glorious revolution were to abolish inheritance, and to destroy the family. And lo and behold, the family and inheritance has been all but utterly wiped out, save a few hyper rich families.
>
> The family unit is still alive only through the great will and perseverance of those who still believe in it.
>
> The government has long since withdrawn its support for these ancient ideals.



Pete Patriarch highlighted a news story last month that has largely been a non-story in terms of the national media...but he made a great point about this story that shows just how badly the feminists have screwed men with their misandrous child support, alimony and no-fault divorce laws, driving some to lash back with extreme behavior...

> When a man controls his wife's finances, its domestic violence.
>
> When a woman controls her husband's finances, its child support or alimony and it is business as usual.

Another blogger who was influential to me when I first began blogging myself, went by the name" Rebel Against the Feminazi Blitzkrieg." He has since changed his blog name to "Truth For Men." I liked his original name better though, which is why I never changed the name in my blog roll. :)

Anyhow, Rebel has been blogging about MRA issues for awhile now, but one of his posts that I always remembered was written shortly after Michael Noer caused a minor kerfluffle when he penned his forbes.com article, Don't Marry A Career Woman. Rebel went on to make his own blog post, describing a host of other types of women men should avoid, should they consider risking their lives in the game of modern Russian Roulette we call "marriage."

> First - let me restate a basic premise: Men, if you feel you must marry, do not marry a woman who places the marriage itself any lower then #1 on her list of priorities. Even as far as Children go, their needs should be the #1 focus of the marriage partnership - but the partnership needs to be preserved. Your children will grow up. Being their caregiver is temporary. After they are gone - what are you left with?
>
> So despite the misinformation spread around Mr. Noer's article, what he is saying is "Never marry a woman whose career is the most important thing in her life."
>
> So - what other types of women should men avoid?

Rebel goes on to list and profile the following types of toxic women to avoid: The Feminsit (obviously), The Sexual Neurotic, The Professional Dater, The Single Mother, The Cheater, The Post-Abortionette, The Biological Clock-Watcher, The Bi-Sexual, The Body Issue Babe, The Goddess Worshipper, Nitro-Women, and the Jockette.

Funny thing is, once you read through all of Rebel's profiles of toxic women, one realizes that it encompasses most modern western women of the day. In other words, finding a Western woman suitable for marriage is increasingly rare in this age of Matriarchy.

My final MRA Blogger I'd like to highlight is the Outcast Superstar. Outcast's blog is a virtual cornucopia of MRA-related resources. He's painstakingly written synopsis' of a wide variety of MRA related books...not just quick ones, but often chapter by chapter reviews of some great books. He's also created an archive for some of the more prolific MRA blog readers' comments...people like "Christopher in Oregon" and "Anonymous 65" who don't have their own blogs, but contribute to the MRA blogosphere with well thought out and comprehensive comments.

Outcast has recently started a website and forum called "Happy Bachelors" so he hasn't been blogging much lately...but his last blog post, Thank You American Women! I couldn't have done it without you! contains a brief history of how he came to be an MRA, and it also has links to all of the indexes of commentary and book chapter synopsis' he's done.

> ...here are some other powerful reading materials I have read or wrote.
>
> From Courtship to Courtroom (What Divorce Law is Doing to Marriage Index)
>
> Cultural Devastation of American Women index
>
> The Manipulated Man Index
>
> Sex Ploytation (How Women Use Their Bodies to Extort Money from Men) Index
>
> Predatory Female Index
>
> Frauds and Scams Index
>
> American/Western Women Behavior and Confessions Index
>
> MGTOW Index
>
> Misc/Other Index
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> Words of Wisdom from Anonymous 65 Index
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> Christopher from Oregon's Comments Index

Each one of these entries in this post is, in it's own way, what I would consider to be "Essential Reading" for anyone who wants to learn all about what MRA is all about.

The Language of Victimology

Keoni Galt · 7 September 2007 · Archived copy · Original

No Ma'am & Exposing Feminism have got me thinking further about the manipulation of language by the feminists to implement their agenda by controlling thought with language. As Rob points out in his post Nihilistic Newspeaking Nitwits

> The most important institution which the Cultural Marxist PC Idiots have attacked is our language. The language controls our thoughts as a society. Of course, Orwell spoke of this in *1984,* refering to it as "Newspeak."

Reading Rob's post and than the piece on Word Manipulation by Exposing Feminism got me thinking about another aspect of word manipulation that has become probably THE most powerful tool of ideological manipulation of the masses: the use of
"WE" to instill a sense of inclusiveness to create a cult of victimology to recruit and control the useful idiots complicit in implementing the feminist (or any other "-ist") agenda.

Rob's post linking to jezebel.com to make his point about the manipulation of the definition of domestic violence to indict men and excuse women provides the perfect example of what I'm talking about here....from one of the jezebel.com's commenters:

> BY WARMAIDEN AT 08/28/07 06:59 PM
> *snicker* It's okay, ladies. They can just consider it payback for binding our feet, shoving our chunklet asses into corsets, leaving chick babies on mountaintops, droolin over size 0 asses, and generally making us miserable for centuries.

So tell me "Warmaiden," what was the man's name who forced you to bind your feet? When did he force you to wear a corset? And how have you managed to live "for centuries" to experience so much misery at the hands of men?

When one takes a step back and looks a the bigger picture, we can see that in fact it is merely a mind control tactic to make people believe they are included in a larger group of victims, despite they themselves never actually being victimized. Indeed, the most useful of all useful idiots are the ones who believe themselves to be victims when they in fact have not experienced any real victimization.

Just as the modern black American who has never been enslaved fights for reparations, to the feminist who is free to work in any job she chooses - who in fact receives preferential treatment in the hiring process do to "equality" laws, she still identifies herself as part of the group of "WE the OPPRESSED FEMALE VICTIMS."

It is mind control, and it is one of the easiest, yet most successful means in which to motivate and control people. Here's another example of one of these "ladies" justifying female domestic violence because she is female, and females have been raped:

> [image] BY THAKADINSKYPAPERS AT 08/29/07 11:23 AM @KurticusMaximus: You're right. Violence is

> violence. And violence is usually wrong. But I can tell you that I don't feel one ounce of shame for what these women have written for the simple fact that too many of us have experienced the soul shattering fear that comes when you realize a man is evil enough to want to rape you.

So because some women, somewhere, "has experienced the soul shattering fear that comes when you realize a man is evil enough to WANT to rape you," (the evil deed does not even have to be committed...just the THOUGHT that he might) is justification for these other women to attack men's genitals, throw objects at them and threaten to kill them.

Promoting the cult of victim is indeed a powerful tool to get people to justify anything in pursuit of the goals of the extremist agenda.

First Oprah; up Next: Multi-Million $$ Book Deal...

Keoni Galt · 8 September 2007 · Archived copy · Original

Murderess Mary Winkler to Appear on Oprah

> Mary Winkler chose The Oprah Winfrey Show as the venue for her first interview ever because she has a message to share with the public about abuse, her attorney said Thursday.
> Oprah will air a one-on-one interview Wednesday with Winkler, 33, who was convicted in April in the shotgun slaying of her minister husband.
>
> Winkler will talk about abuse within her marriage, reveal details from the day her husband died and share why she's decided to speak out now, a news release on Oprah's Web site said.

What a bunch of absolute bullshit.

She'll break down in tears on Oprah, and millions of women watching will empathize with her...in the minds of the Oprah-watcing masses, this poor woman merely did what any of them would do to that evil, bad man she was married to.

Welcome to the USMA...the Unites States of Matriarchal America.

End Paternity Fraud: Mandatory DNA Testing for All Live Births

Keoni Galt · 11 September 2007 · Archived copy · Original

One of the greatest injustices that regularly happens in the United States of Matriarchal America (USMA), is Paternity Fraud. Reading Angry Harry today brought me to this article written by Lea Anna Cooper in the American Chronicle, Paternity Fraud Will Punish the Blameless.

> What kind of a country or judicial system can condone deception, trickery, betrayal, unfaithfulness, adultery and all within the sanctity of marriage?

The kind of country in which misandrist feminists have lobbied successfully for 30+ years to codify and legislate favorable treatment for one gender.

The kind of country in which lawyers and members of the Family Court system make entire careers, thriving off of the bitter fruits of broken families.

The kind of country that enforces contracts and penalizes parties for breeching their contractual agreements...except for the most fundamental of all contracts, the marriage contract.

So what's the solution to this particularly egregious act of fraud and deceit?

> I would propose a congressional bill to be brought forward in Washington, D.C., which would take affect immediately upon passing. I believe it would be fair for ‘mandatory DNA testing’ with all new births. It would prove to be less expensive and far less explosive in the long term.

Though I am fundamentally a Libertarian in political philosophy, and having mandatory DNA tests for all live births strikes me as another hall mark of an overbearing, intrusive government, it might be one of the few short term measures that could be realistically passed and work to immediately aid in preventing the kind of fraud regularly committed by conniving women on unsuspecting innocent men.

The current system of divorce, family court custodial rulings, child support agencies and law enforcement have grown into a behemoth of bureaucracy that acts as a cancer on the state of the American Family, and it is a behemoth that is always seeking more men to feed on to continue to grow. Of course, this is achieved by the continual perpetuation of the "single mother-as-martyr"stereotype, victimized by the "deadbeat father" caricature.

As Cooper points out in her excellent article,

> What justice is there for a man, when women are provided with ‘free counsel’ to obtain a financial reward for ‘fraud?’

IN MEMORIUM

Keoni Galt · 11 September 2007 · Archived copy · Original

[image]

Why They Hate Us

Keoni Galt · 13 September 2007 · Archived copy · Original

In the last 3 years of war, the Western World has been embroiled in an ideological civil war between the pro-war and the anti-war sphere's of thought. One of the talking points of the Bush Administration whenever they publicly speak about the war is to claim that "They Hate Us For Our Freedom."

The Anti-War/Anti-Bush faction scoff at this statement as a ridiculous notion and yet another piece of evidence that George Bush is a moron.

The problem here is that George Bush is exactly right (at least in THIS case...he's done PLENTY wrong in the past 6 years).

They hate us because of the freedom our culture promotes...the freedom of females to be sexually promiscuous, provocative, licentious and exhibitionist.

The typical Islamic Father watches the feminist inspired filth that makes up our mass media and entertainment culture, and the thought of his own daughters being polluted and corrupted by it is enough to inspire the kind of fanaticism we see expressed in such acts as suicide bombing and hijacking planes and flying them into our buildings.

The latest example? Go to the following, Terrorists Threaten to Kill Britney and Madonna?!,
and have a listen to the audio file.

WorldNetDaily gives a more detailed description of the threat as outlined in a new book, Schmoozing with Terrorists.

[image]

> "Muslim terrorist leaders threatened to forcibly convert Britney Spears and Madonna to Islam and warned if they resist, their heads would be cut off for "spreading Satanic culture," according to a new book released today."

> "If I meet these whores I will have the honor – I repeat, I will have the honor – to be the first one to cut the heads off Madonna and Britney Spears if they will keep spreading their satanic culture against Islam," said Muhammad Abdel-Al, spokesman and senior leader of the Popular Resistance Committees terror organization.

> Abu Abdullah, a senior member of Hamas' so-called "military wing" is quoted in "Schmoozing" describing what his group would do with Madonna and Spears if jihad groups took over the U.S.:

> "At the beginning, we will try to convince Madonna and Britney Spears to follow Allah's way. But I honestly don't think they will follow. If they persist with their whoring music, we will prevent them by force. I don't think that I can be in the same place with these singers. They might be killed if they do not respect our laws."
>
> The Committees' Abdel-Al accused Madonna and Spears of "spreading this culture by the Americans as part of the war against Islam."
>
> "If these two prostitutes [Madonna and Spears] keep doing what they are doing, we of course will punish them. First we will call them to join Islam. But if they keep what they are doing ... we can stone them or even we can kill them if they keep ... tempting men in order to put them far from Islam. ... A prostitute woman must be stoned or must be eighty times hit with a belt."
>
> Abdel-Al said even before Islam takes over America he would personally kill Madonna and Spears if he ran into them. He boasted he would "be the first one to cut the heads of Madonna and Britney Spears."

Islamic extremists are an honor based culture, where the ultimate fear is not of death, but of shame and dishonor befalling the family name...and the sexual dishonor of a female family member is the highest possible act of shame that can be done to dishonor the family name. This is why Islamic Fundamentalist culture insists on suppressing women's visual appeal (mandatory burka's and veils), and why honor killings occur, even in the case of a faultless female who is raped is considered a deep shame to her family, and only killing her will restore the family honor.

Islamic-based Patriarchy recognizes the threat that female sexuality poses to an orderly, Patriarchal structured society.

So while we Western people that have opened our eyes to the havoc that the feminists have caused by working to institute Matriarchy, and we don't like it...the Islamic Fundamentalists positively SEETHE with hatred for the open sexual freedom that is flaunted and celebrated in our current culture of decadence and licentiousness fostered by the feminist movement.

Feminism has screwed up our modern world both directly and indirectly...from the millions of babies aborted in the name of choice, to the millions more born and raised without ever knowing the love and support of a Father...to inspiring the rage of an enemy that has committed horrible atrocities in reaction to what they have caused.

Perhaps in a few hundred years, mankind will look back on our era, and revile the Betty Friedan's, the Gloria Steinem's and their vile ilk of female supremacists for the chaos and havoc they wreaked upon mankind the same way in which we now look upon Hitler and the Nazi's crimes against humanity.

Marriage = the Non-Commital Commitment

Keoni Galt · 17 September 2007 · Archived copy · Original

[image]Here's another example of the proliferation of feminist attitudes held in common by Western Women that is destroying marriage as an institution.

From The Starter Husband, from Marie Claire Magazine.

> The Starter Husband You'd never buy a car without test-driving it first, right? So why settle into a lifelong marriage before trying one on for size?
>
> "I'm just really not ready to be committed like this." That's what Andi said to Tucker, her husband of 11 months, after she came home from a crazy day at work two years ago with an overwhelming urge to quit her marriage. Today. Right now. "This just isn't for me."
>
> She spoke stoically — no tears, no histrionics. She had been imagining this moment since she moved out of their condo a few months earlier, but she wanted to ease him into the inevitable — to somehow tiptoe her way through the minefield of Tucker's emotions. But now, having scored a direct hit with those crushing words, she watched Tucker crumple against the dining-room table. "I don't understand," he said, over and over. "We're *married*."
>
> "Look, we can do this now, or we can do this five years from now when it's a lot messier," Andi said, softening her voice but not her position. "I want a divorce." The guy didn't really do anything to deserve this, she thought, looking at Tucker's ashen face. He must think I'm a monster. Watching her husband shuffle to the door of her temporary apartment, Andi felt awful. But mostly, she felt unbelievably relieved.

This is the perfect example of how feminists have indoctrinated modern women to be self-centered and entitled...and how their agenda of no-fault divorce have absolutely gutted the institution of marriage by pandering to women's base desires.

This selfish women is the perfect example of why more and more Western Men are choosing to forgo marriage altogether and either go their own way or become non-committal pick up artists sport fucking as many sluts as possible.

> Within months of promising to love and honor and cherish Tucker forever, she knew she had made a huge mistake. The problem? He was boring.

Isn't that just perfect?

This is EXACTLY why marriage as the building block of society, is crumbling at it's very foundation.

The proliferation of feminist attitudes and norms have now led us to a state where women look at marriage as no big commitment, something to easily get out of...in fact it is something that benefits the woman, until she gets "bored," at which point she gets to cash out, gutting her poor, unsuspecting husband, cleaning out his house, bank

account and heart.

> "He must think I'm a monster."

That's because, my dear, you are.

Prior to "No-Fault Divorce" women knew that getting married was a lifelong commitment...and it was one that they weighed much more seriously before saying "I do." And even when they did "take the plunge," it took a lot more than just being "bored" before she even THOUGHT about destroying her husband's (and children's) lives to "feel relieved."

The seriousness of the marriage commitment has been abrogated by our laws...laws passed by the feminists. It appears that the prevailing attitude of Western women today is that commitment to marriage is not serious, because marriage has become the non-commital commitment.

What if the Genders Were Reversed?

Keoni Galt · 21 September 2007 · Archived copy · Original

The following news story almost seems like joke...but it is not.

Now what do you think would have happened in this case, had the Gender of the assailant and the victim been reversed?

> Des Moines Police Investigate Attack By Onion
>
> A Des Moines man went to jail Wednesday afternoon for allegedly throwing an onion at his wife.
>
> The police report begins: "(The victim) states her husband had been drinking and they got into an argument."
>
> James Izzolena, 54, of 3515 Sheridan Ave., was charged with domestic assault causing injury. Police said he became upset with his wife, Nicole Izzolena, 27, and tossed an onion at her, striking her in the back of the head.
>
> She told police it made her head hurt. James Izzolena admitted throwing the onion, police said, but he claimed he did not intend to hit her with it. He was being held without bond pending a court appearance today.

This story is comical on it's face...but troubling when you play the "What if the Genders Were Reversed" game. Because we all know EXACTLY what would have happened had a husband called the police and reported that a wife had thrown an onion at her husband...

Captain Zarmband Returns!

Keoni Galt · 25 September 2007 · Archived copy · Original

Thanks to Davout for bringing this to my attention...

It appears that the good Captain is back in business, this time with his own website: CaptainZarmband.com.

Captain says he's got an interesting and amazing story about why he suddenly quit his blogger account, deleted all the archives and "disappeared" for a bit.

Can't wait to find out why...and perhaps he will give us some insight as to why he and a few other UK based MRA bloggers seemed to go offline around the same period of time this past summer.

Welcome Back Captain!

OSU Coach Gundy's Righteous Indignation

Keoni Galt · 25 September 2007 · Archived copy · Original

Here in America, female sports writer Jenni Carlson wrote an article that was critical of the OSU Quarterback, who the coaches did not let play last Saturday because he was injured.

Coach Gundy read the article after it was brought to his attention, and he used the post-game press conference to personally confront Ms. Carlson and rip her a new one...

Now THIS is a class A lecture to a person who badly needs it.

However, I'm quite irritated by the mainstream media's portrayal of this justifiable rebuke...first, when you watch the video, you will see that the entirety of Gundy's rebuke is much different than the clips and soundbytes the mainstream media has been playing around the clock for the past two days. The MSM simply edited it to play the parts that ONLY show him raising his voice and gesturing dramatically...however, when one views his entire rebuke, one can easily see that the most powerful parts of his rebukes are when he speaks quietly between the sections where he raised his voice and gestured emphatically.

And of course, the so-called "The Association for Women in Sports Media" issued a press release in response to Coach Gundy's well spoken rebuke:

> "The Association for Women in Sports Media (AWSM) is alarmed at the unprofessional manner in which Oklahoma State football coach Mike Gundy chose to take exception with a column written by AWSM member Jenni Carlson of The Oklahoman. Gundy has the right to express his opinion, just as Carlson has the right to express hers. But his decision to air his objections in the form of a personal attack shows a lack of respect for all journalists."

Don't you just love how feminist organizations like the AWSM immediately go the "he was personally attacking me" route...there default defense is to immediately claim Ms. Carlson is a victim, and Coach Gundy is just another aggressive male oppressing a helpless women.

Also note that this is the perfect example of the feminization of overall society. A genuine display of righteous male indignation and anger is portrayed as "an attack" or an act of hostile aggression; the most commonly used phrase to describe the press conference was that it was a "TIRADE."

To paraphrase coach Gundy...Jenni Carlson and the The Association for Women in Sports Media are garbage, and they make me want to puke.

The MRA Blogroll

Keoni Galt · 27 September 2007 · Archived copy · Original

When I first began this blog, I pretty much only had MRA blogs on my blogroll who had me on their blogs as well.

But after reading through other MRA blog's and their extensive blogrolls, I've found quite a few blogs that are worthy of linkage.

If you are an MRA blogger, please feel free to add me to your blog roll at anytime. No need to ask permission or anything like that. And if you have an MRA blog, feel free to drop me a line and I'll add you at anytime.

I will also note that I make it a point to check every single blog on my blogroll, every single day, just to see the latest happenings in the MRA point-of-view. I hope many of you do the same.

MRA is truly a grassroots movement, and I believe we are slowly gaining traction...so let us all support each other - the more the merrier!

Tennessee Court's Common Sense Ruling

Keoni Galt · 27 September 2007 · Archived copy · Original

I think this sort of thing used to be a given in society...if a woman agreed to marry a man and accepted the engagement ring - than later broke it off, she returned the ring.

But my have the times changed...here's a story from The Tennessean:

> Court: engagement rings must go back to giver
>
> By SHEILA BURKE
> Staff Writer
>
> Don’t hock that engagement ring just yet.
>
> If you don’t get married, you’re not entitled to keep the ring, the Tennessee Court of Appeals said Monday.
>
> In a ruling that appears to be the first appellate decision of its kind in the state, the court said that if the wedding is canceled, the person who gave the engagement ring is entitled to get it back.
>
> “In summary, we hold that an engagement ring is given in contemplation of marriage, and as such, is impliedly a conditional gift,” the unanimous opinion, written by Judge Charles D. Susano, said.
>
> If the marriage doesn’t take place, “the engagement ring goes back to the one who gave it.”
>
> The decision stems from a legal battle over an engagement ring that began in a Knox County court. The ruling involves a woman who is a reporter for WSMV in Nashville.
>
> On Christmas Day 2005, Jason Crippen placed an engagement ring on Catharyn Campbell’s finger and proposed marriage.
>
> After the couple broke up, Crippen asked for the ring back; Campbell would not give it to him.

I can't believe this guy actually had to go to court and pay through the nose to get his ex-fiance to return a ring when she no longer wanted to marry him.

Regardless, he should be glad they broke up now, instead of marrying this obvious gold digger...because she could have taken him for A LOT more than just a few grand for a diamond engagement ring.

Nancy Levant's Rage Against the Machine

Keoni Galt · 28 September 2007 · Archived copy · Original

When I first began reading up in the MRA blogosphere, I came across the Cultural Devastation of American Women column from Nancy Levant, thanks to the in-depth book reviews Outcast Superstar did awhile ago.

Today, I finally got around to doing something I intended to do after having read her column and Outcast's reviews...I went to Nancy's archives at the News With Views site and checked out her past columns where I found some pretty intense and thought provoking columns!

I think it's safe to say Nancy is quite furious with feminism.

Not recklessly emotional, or out-of-control...but brimming with righteous indignation at feminists and what they have done to the modern American Female mindset. Witness her literary lashing as she seeks to disabuse feminists of the notion that the feminist movement is responsible for making women free...

From her column, The Dictatorship and Dialectic of Feminism

> At the very top of my list of despicable leadership is the political feminist lobbying groups and organizations. Their use of dialectic manipulations of American women is diabolical. They polluted the very essence of liberation for women. For women to be liberated by feminism, they have to agree with all aspects and agendas of feminist doctrine and missions. If you disagree with them, you are believed to be flawed and damaged, ignorant, and enslaved.
>
> Let me give the feminist political organizations a clue – American women ARE liberated, and we ARE liberated thanks to American men who recognized the value of liberated women in a sovereign REPUBLIC. For the feminist movement to claim that they freed American women is a lie. You were permitted to become feminists by virtue of righteous men. Let the men of this nation become too indignant or unrighteous, and see how long your self-proclaimed liberation lasts. Why don't you ask the women of Afghanistan what happened to their liberation, which existed prior to the national radicalization of angry men with weapons?

I'll have to remember this choice nugget of wisdom the next time I read or hear another dimwitted, propaganda-addled feminist talk about how women are so oppressed in America by the so-called patriarchy...

Nancy continues her indictment:

> American women are in dire straits. They have turned into cultural workhorses, both in homes and in the workplace, effectively performing 2 full-time jobs on a daily basis, and who are now forced to place their children into a daycare industry that damages the emotional security of their children. The feminist movement built the American daycare industry, which, in every state in the nation, is FULL OF MINIMUM WAGE FEMALE WORKERS, who perform the job of MOTHER to America's children for MINIMUM WAGE.

Nancy would know, as the very basis for her point of view came from her own years spent as a daycare worker, raising the children of working mothers from all economic classes. It was this experience that gave her most of her material for her book, The Cultural Devestation of American Women.

Nancy than goes on to connect the dots and point to the underlying motive behind the modern day feminist movement

> For decades, American women have been depressed, angry, unhappy, and exhausted due to the feminist demand that women leave the home to make money and to give up their children to social bureaucracies and corporations. Women are depressed, unhappy, and exhausted due to the mandates of the feminist movement, which first and foremost, is paid to forward population control - which in translation means the control over women, their bodies, and their choices. Feminism is simply another branch of dictatorship.

It's no accident that everywhere feminism has gained enormous cultural and legal influence, the birth rates have plummeted.

Nancy finishes up this excellent piece with a dire warning for modern American Women, and a plea to American Men...and it is a call that we in the West should definitely heed:

> We have unalienable rights. All of the above are the weapons to destroy these rights – globally. And to American women, read, read, read The Cultural Devastation of American Women. We have been brutally wronged in this nation by insidious control mechanisms. If you don't or can't understand the enemy, you are doomed to exhaustion, anger and depression, to divorce, and to children who will never know who you really are as human beings. We have been bitterly and brutally deceived and used.
>
> And to American men I say this – stand up and fight for your rights, for your states and nation, and for your families. This is your primary and single most important Constitutional duty as American men. Please, please save our freedom.

More MRA Reading: The War Against Patriarchy

Keoni Galt · 29 September 2007 · Archived copy · Original

When I first began this blog, I had been inspired by a number of MRA readings, and probably the most influential was Dr. Daniel Amneus' two books, The Garbage Generation and The Case For Father Custody.

At that time, I did a little more searching for other writings by Amneus, and found references to an article called "The War Against Patriarchy." However, whenever I tried to find it, any links or references I found for it never connected to the article itself.

After awhile, I forgot about it.

However, reading Rob Fedder's No Ma'am blog and his review of "The Case for Father Custody" the other day, I remembered that I never found that article, so I did another search for it today, and voila!

After reading it, I'm sure glad I found it! It offers the perfect synopsis of the main arguments he expounds upon in greater detail in The Garbage Generation and The Case For Father Custody. It can be read relatively quickly (compared to the two previously mentioned books -- it is a long article) and contains the main points, and is a great "introductory" reading to share with other people who are ignorant of what the MRA movement is all about.

I won't excerpt too much here...because if you haven't by now, you should definitely read the whole thing. Nevertheless, here's one cut that sums up the entire basis for Amneus' arguments:

> The woman's primary contribution to the marriage is her willingness to share her reproductive life with a man and thereby enable him to have a family. The woman's willingness to make this offer and the man's willingness to make the complementary offer to love, honor, protect and provide for the resulting family are what make civilization and social stability possible. The condition of the ghettos shows what happens when the marriage contract becomes meaningless or irrelevant. The new law makes the woman's offer to share her reproductive life meaningless by declaring that she may renege on her offer at any time she chooses. It makes her a moral minor who cannot enter into a stable and enforceable contract upon which a man--and society--can depend. Granting the woman the right to renege on her contract makes the contract worthless and deprives the woman of most of her bargaining power in the marriage marketplace. It is hard to imagine anything more damaging to society--or to women.

Of course, those of us who are aware of the consequences like social chaos, generational poverty and increased crime and social pathology, correctly look at the state of affairs and realize that what Amneus writes is truth.

Then never forget that the feminists look at the casualties of the war against patriarchy -- the millions of divorces, broken homes, emotionally scarred children, alienated fathers, rampant promiscuousness, millions of aborted fetuses and a society coarsened and cheapened with rampant sexualization of our mothers, sisters and daughters -- and they call it "progress."

The Banning of Boyhood

Keoni Galt · 2 October 2007 · Archived copy · Original

Today, a co-worker was playing the Michael Savage Show on the radio in my office. I normally do not listen to his show (I'm usually listening to Hawaiian Music on my PC while I work), but today I listened as he had on a guest, a columnist from the American Thinker, Selwyn Duke. Duke was reading his latest column, Banning Boyhood.

After listening to this for a bit, I decided to check out the American Thinker website and Selwyn Dukes archives...and though he writes on a wide variety of socio/economic/political topics, he has a few articles that address the folly of feminism and it's deleterious effects on society.

His latest column begins:

> Huck Finn must be spinning in his literary grave. Just recently a Colorado Springs, Co., elementary school banned tag during recess, joining other schools that have prohibited this childhood pastime. Upon hearing this, I thought about the movement to ban cops and robbers, musical chairs, steal the bacon, and the kill-joys' most frequent target and this writer's favorite childhood school game, dodge ball. Then there's the more inane still, such as the decision by the Massachusetts Youth Soccer Association to prohibit *keeping score* in kids' tournament play.
>
> There are many ways to describe this trend. One might say it's a result of the left's antipathy toward competition, the increasing litigiousness of the day, or the inordinate concern with self-esteem and hurt feelings. Then, if I am to speak only of my feelings, the word stupid comes to mind. Really, though, regardless of whether the motivations are good or ill or the reasoning sound or not, at the end of the day I find a conclusion inescapable. Slowly, incrementally, perversely, boyhood is being banned.
>
> Make no mistake, the aforementioned examples are not isolated social accidents but part of a pattern.

Certainly...the pattern of feminists who are either communist collaborationists or useful idiots acting as foot soldiers in the War on Patriarchy.

One of the most effective strategies the collaborationists and useful idiots have employed is the infiltration and subsequent take over of academia. By churning out class after class of students indoctrinated in feminist propaganda and lies, generations of teachers have taken over public education in every corner of the nation, and with it, their instilled and reinforced misandry from years of "higher" education steeped in feminist ideology.

We now see the results for ourselves.

> We should also realize that education has increasingly become a feminine domain. While in 1982 there were 1.4 female teachers for every male, now the figure is 2.1. This is not to imply that the fairer sex can't have a sound teaching philosophy, but the fact is that far too many young women today are in the grip of feminist dogma. Moreover, the type of women who become teachers is also an issue; for instance, let us consider graduates with degrees in Women's Studies. Such people are mostly women, and since there aren't many careers available to those with such illustrious qualifications, many of these ideologues decide to teach.
>
> And the problem with such individuals is that -- just as an Afrocentrist views matters through the prism of race and a Jihadist through that of believers versus infidels -- they tend to see everything as a battle of the sexes. In

> their minds, the ever-present "patriarchy" will only be vanquished and women liberated (of course, they will never see this as having been achieved) once boys are sufficiently reprogrammed.

Put into context, I'm finding the phrase "Feminazi" more and more relevant and accurate in describing the zealous fanaticism of the misandrist matriarchs that are constantly working to subvert our society.

> The liberals in question see masculine symbols and behavior and feel an aversion, in much the same way a person with a fear of heights may get a queasy feeling upon seeing airplanes or tall buildings. So, unwilling to confront their prejudices, they manufacture excuses. Dodge ball is dangerous, cops and robbers is violent, musical chairs is exclusive, tag terrorizes. If only they would be intellectually honest and reveal their true feelings: Boys are bad.
>
> Perhaps this is why these social engineers will see a bevy of boisterous boys and want to douse their masculinity with Ritalin.

Read the whole thing...it's great to find another good source of MRA-related reading like this article written by Selwyn Duke. Also be sure and check out his articles like Extolling the Female Toungue, Abortion, Authority and Responsibility, The Dehumanizing of Men, and a part of his essay, The Tragedy of Natalee Holloway, all touch upon many of the same issues we find in the MRA Blogosphere.

> Then there's the feminism factor. Because of politically—correct feminist imperatives, girls now know more about sex but less about the opposite sex. There was a time when girls were told that boys were vastly different from them, possessing stronger libidos and bodies. Girls were taught to avoid placing themselves in compromising situations; they were armed with the facts upon which good judgement rested and safety depended.
>
> Now, though, such counsel is sacrilege. Girls' minds are filled with notions of the sameness of the sexes, with its corollary that they can go where their sisters of yore feared to tread. Why, God forbid that we should tell them that, like it or not, they are the more vulnerable sex, and that this fact of life should inform their thinking.
>
> Not that I'm laboring under the illusion that modern girls are all sugar and spice and everything nice. Owing to feminism, which liberated the fairer sex from common—sense, morality, restraint, and chastity, quasi—harlotry now infects much of contemporary womanhood. A lady close to my heart said it best: 'Forty years ago you knew who the bad girls were; now you know who the good girls are.' And now we have a whole generation of girls—gone—wild.

Why should ANY Corporation Hire Women?

Keoni Galt · 3 October 2007 · Archived copy · Original

In light of this recent case:

> Knicks, Thomas lose harassment lawsuit
> Jury believes claims, orders organization to pay $11.6 million
> Associated Press
>
> NEW YORK -- In an end to a salacious three-week trial, a jury ordered the owners of the New York Knicks to pay $11.6 million to a former team executive who endured crude insults and unwanted advances from coach Isiah Thomas.
>
> The jury of four women and three men found Thomas and Madison Square Garden sexually harassed Anucha Browne Sanders, but it decided only MSG and chairman James Dolan should pay for harassing and firing Browne Sanders from her $260,000-a-year job out of spite.
>
> The result: The Garden owes $6 million for condoning a hostile work environment and $2.6 million for retaliation. Dolan owes $3 million. Though Thomas is off the hook for any damages, he leaves the case with a tarnished image.
>
> Outside court, a beaming Browne Sanders insisted her victory was more about sending a message than the money.
>
> "What I did here, I did for every working woman in America," she said. "And that includes everyone who gets up and goes to work in the morning, everyone working in a corporate environment."

This is absolute horseshit. She didn't do this for every women in america...she did it for her own bank account and the account of her ambulance-chasing shysters.

The worst of it is, even if Isaiah Thomas did in fact "harass" her, how in holy hell is that worth millions of dollars? So a woman's "feelings" are worth multi-millions now? And why does MSG have to pay for the actions of Thomas?

So if a McDonald's Manager tells his cashier that she has nice tits, she can now turn around and sue McDonald's Corporation for millions of dollars?

Why should ANY corporation hire ANY woman in America, when they can be sued into bankruptcy simply because an employee might possibly "harass" a co-worker by hitting on her or making a rude comment to her?

The Ladder Theory

Keoni Galt · 4 October 2007 · Archived copy · Original

> Sally: We are just going to be friends, OK?
> Harry: Great, friends. It's the best thing...You realize, of course, that we can never be friends.
> Sally: Why not?
> Harry: What I'm saying is - and this is not a come-on in any way, shape, or form - is that men and women can't be friends, because the sex part always gets in the way.
> Sally: That's not true. I have a number of men friends and there is no sex involved.
> Harry: No, you don't.
> Sally: Yes, I do.
> Harry: No, you don't.
> Sally: Yes, I do.
> Harry: You only think you do.
> Sally: You're saying I'm having sex with these men without my knowledge?
> Harry: No, what I'm saying is they all want to have sex with you.
> Sally: They do not.
> Harry: Do too.
> Sally: They do not.
> Harry: Do too.
> Sally: How do you know?
> Harry: Because no man can be friends with a woman that he finds attractive. He always wants to have sex with her.
> Sally: So you're saying that a man can be friends with a woman he finds unattractive.
> Harry: No, you pretty much want to nail them, too.
> Sally: What if they don't want to have sex with you?
> Harry: Doesn't matter, because the sex thing is already out there, so the friendship is ultimately doomed, and that is the end of the story.

Taken from the first page of the Ladder Theory website, this classic scene from the romantic comedy movie, When Harry Met Sally, illustrates one of the biggest differences between males and females and the way in which we view each other through the prism of the ages old mating ritual.

The ladder theory offers a pretty accurate metaphor and one everyone man and woman who is interested in truly learning how the opposite sex actually thinks. First, the author starts with the initial rating system for which Men and Women view potential future partners:

[image]

Now, once a man and a woman rates a person they first meet, they place them upon their mental ladder...however, the ladder metaphor is different for men and women:

[image]

> So it should be self-evident, if you are following this at all, that the people you want to have sex with the most will be at the top of the ladder. Descending down to the bottom of the ladder we pass the following people:
>
> 1. The people we really want, who may even be out of our league, are on top.
> 2. Then come the people we like.
> 3. Moving further down we pass the people who we would fuck if we were intoxicated and would admit to doing it later.
> 4. At the bottom are the people we would fuck drunk, and would lie about doing it later.
>
> Clinging to the bottom are the girls that are wolf ugly. These are women so ugly you would chew your own arm off to get away rather than fuck them. Usually fake teeth, or the loss of several hundred pounds can move a woman up from wolf ugly.
>
> Now let's take a look at what the typical woman's ladder looks like:
>
> [image]
>
> The first thing to notice here is that a woman has not one ,but two ladders. This is becasue in addition the normal ladder, a woman also has a friends ladder. The friends ladder is where a woman puts guys that she considers "just friends". More to the point where she puts guys who don't get to have sex with her.
>
> The problem arises because a woman never lets a guy know which ladder he is on. Obviously there is a huge difference, or gap between these two ladders. It is in this gap that kisses of death are delivered and intellectual whores are made. All a man can do is "go for it" and make a move on a girl; ask her out, try to kiss her, write her a love note or whatever. If he's on the good ladder fine. If he is on the friends ladder this is a case of ladder jumping. The man is trying to jump the gap from the friends ladder to the real ladder. The girl has two choices at this point: she can let him on the ladder and all is well, or, more likely, she can kick him in the head, and off the ladder. If you look you'll see that below the ladder is the Abyss(what was it Nietzsche said about a man being on a rope stretched over an Abyss?....well it's worse than he thought; there is no rope.) So the man falls into the Abyss. The Abyss isn't really as bad as it sounds. Mostly it's a period of self-loathing, embarrassment, and of course utter awkwardness with the girl in question if they are talking at all.

Excellent insight and in my opinion, an accurate metaphor.

It's a rather long website, but you really should read the whole thing.

He's back....

Keoni Galt · 9 October 2007 · Archived copy · Original

Look who decided to start blogging again!

Welcome back, Fred!

The Informational Cascade

Keoni Galt · 10 October 2007 · Archived copy · Original

About 3 months ago, I embarked on a lifestyle change in an effort to lose some stubborn weight that I just couldn't seem to shake from by beer belly and love handles. I began researching the available literature of body builders and nutritionists and found out that my problem was two-fold: I thought I was eating healthy, and I thought I was exercising properly to burn fat.

I quickly learned that all of my pre-conceived notions about nutrition and exercise were all wrong.

I learned that the "conventional wisdom" of weight loss being a simple equation of burn more calories than you consume was also wrong.

What is more important is not how much you eat...but WHAT you eat is most important of all. In short, I discovered that my weight problems had everything to do with consuming refined sugars, simple carbohydrates and not enough protein and good fat in my diet. I had fallen for the conventional wisdom that in order to lose fat, I had to avoid eating fat. I bought only the leanest cuts of meat. I used lean Turkey meat in place of hamburger. I bought only non-fat or low-fat dairy products, and a whole host of other fat-free/reduced fat food products. Yet I could NEVER lose even one pound despite eating like this for years.

As soon as I discovered personal trainer and nutritionist Mike Furci and his advice on foods to eat, and foods to avoid. Found in those articles were references to the Weston A. Price Foundation. From all this readings, I quickly learned just how wrong the conventional wisdom on "healthy eating" was, and I changed my diet accordingly. I now eat as much proteins and healthy fats as I want, plenty of fibrous vegetables and some fruits, and have cut out just about all refined sugars and simple carbs (bread, pasta & white rice).

I have now lost 22 lbs. and counting, and for the first time in 4 years, I feel like I'm in top shape again.

In summary, I learned that whenever you assume you know something because "everybody knows it" (aka "conventional wisdom"), you should never take such beliefs and assumptions at face value because you could be misinformed due to "The Informational Cascade."

Yesterday's New York Times had an article talking about exactly what I've already learned myself - that eating good fat is good for you, and how the conventional wisdom is proving to be wrong. The article is a good one, because it describes the process in which an "Informational Cascade" is generated, and how it leads to all sort of erroneous ideas in society, and how those ideas end up becoming legislation that cause more harm than good.

From Diet and Fat: A Severe Case of Mistaken Consensus

> Dr. Koop was expressing the consensus. He, like the architects of the federal “food pyramid” telling Americans what to eat, went wrong by listening to everyone else. He was caught in what social scientists call a cascade.
>
> We like to think that people improve their judgment by putting their minds together, and sometimes they do. The studio audience at “Who Wants to Be a Millionaire” usually votes for the right answer. But suppose, instead of the audience members voting silently in unison, they voted out loud one after another. And suppose the first person gets it wrong.

> If the second person isn't sure of the answer, he's liable to go along with the first person's guess. By then, even if the third person suspects another answer is right, she's more liable to go along just because she assumes the first two together know more than she does. Thus begins an "informational cascade" as one person after another assumes that the rest can't all be wrong.
>
> Because of this effect, groups are surprisingly prone to reach mistaken conclusions even when most of the people started out knowing better, according to the economists Sushil Bikhchandani, David Hirshleifer and Ivo Welch. If, say, 60 percent of a group's members have been given information pointing them to the right answer (while the rest have information pointing to the wrong answer), there is still about a one-in-three chance that the group will cascade to a mistaken consensus.
>
> Cascades are especially common in medicine as doctors take their cues from others, leading them to overdiagnose some faddish ailments (called bandwagon diseases) and overprescribe certain treatments (like the tonsillectomies once popular for children). Unable to keep up with the volume of research, doctors look for guidance from an expert — or at least someone who sounds confident.

> In the case of fatty foods, that confident voice belonged to Ancel Keys, a prominent diet researcher a half-century ago (the K-rations in World War II were said to be named after him). He became convinced in the 1950s that Americans were suffering from a new epidemic of heart disease because they were eating more fat than their ancestors.

The article goes on to detail just how wrong Ancel Keys was, and how his research was shoddy, biased and flawed. Yet this one man with an agenda was able to influence the entire cultural paradigm in terms of what the average Western person believes about saturated fats in the diet.
He started an informational cascade and it's effects are far reaching.

When one takes a step back and looks at Western Society today, and look at the basis for much of what passes as "conventional wisdom" of the day, I'm quite sure we can find a lot of instances of "informational cascade" causing generations of people to take action on ideas they think are right, but are in fact either unproven, highly questionable or outright false.

And this is exactly why I'm posting about this topic on this MRA/Anti-Feminist blog...because afterall, we in the MRA Blogosphere are basically focused on debunking the meme's and falsehoods the feminist movements have worked to turn into conventional wisdom. We are in effect waging an uphill battle against the Informational Cascades of Feminist lies and propaganda.

And when we look at this, it is quite the cascade indeed!

- Males commit all domestic violence.
- Women are oppressed by Patriarchy everyday.
- Father's are not necessary to raise children.
- No-Fault divorce is good for society.
- Most Divorced Fathers Are Deadbeat Dads.
- Women make $ .72 to the Men's $1.00 because of discrimination.
- There are not enough Female CEO's because of the "Glass Ceiling."
- Domestic Violence incidents spike after the Superbowl and other Sporting Events.

- It's in the best interest of children if the Women gets custody in a divorce.

Can you think of any others?

Feminist Stupidity Kills

Keoni Galt · 12 October 2007 · Archived copy · Original

Here's an example of feminists jumping upon an unproven theory and promoting another "Informational Cascade" that ended up needlessly costing the lives of women...

Here's an article about the book "Overtreated:"

> ...concerning the aggressive treatment for breast cancer, Brownlee concludes (p. 141):
>
> ...insurers unwittingly made the treatment a feminist cause by refusing to pay for it. Breast cancer advocacy groups...threw their weight behind the embattled women...When transplanters like Peters testified in court that the procedure was established practice, when in fact it was not, they stoked the perception among patients that high-dose chemo offered a shot at cure.
>
> Hope Rugo stopped performing transplants on breast cancer patients in 1999...she said, "We believed in it passionately. Now I think about all the women who died during transplant, who would have lived much longer without it."
>
> Doctors and hospitals did not wait for clinical trial results before embracing what turned out to be an ineffective, painful, and debilitating procedure.

It's so easy to manipulate these foolish activist feminists into believing unproven theories as facts, and getting them to lobby for "solutions" that make problems worse than they were before they got involved.

Going on Vacation

Keoni Galt · 12 October 2007 · Archived copy · Original

I'm heading to the UK for two weeks of vacation tomorrow, so I will not be blogging at all until I get back. I plan on visiting a few Scotch distilleries and the Guiness Brewery...I may need some rehab when I get back!

To all four or you that read this blog regularly, thanks for your readership! :) I'll be back on October 30th!

Aloha!

What a Vacation!

Keoni Galt · 30 October 2007 · Archived copy · Original

I'm back...and I had a great time drinking my way through the UK!

I had a great two weeks, driving through the Scottish Highlands, visiting the Dalwhinnie and Talisker distilleries, visiting castles and ending the trip with a day at the Guiness Storehouse/Brewery in Dublin.

Great experiences all around...but I must say, I had an eye for evidence of just how bad the matriarchal nanny state has gotten in Britain, and I do believe MRA folks like Fred X, Eternal Bachelor and Captain Zarmband, an Irishmen Against Feminsm et al are not exaggerating.

Just watching UK TV was eye opening to how femi-centric the mass media is. And PSA ads plastered all over Buses and public transportation stations about men who abuse women and children were everywhere. Dublin was especially bad...they apparently have a campaign right now about men who drink too much, and every one of them depict a pretty, but stern looking women with a serious look on her face with the caption "I've had enough!"

The television shows were something else as well. I watched a show at Inverness called "Love in Britain" and it was an unbelievable show...it followed the love lives of several women throughout their lives in the UK and Australia. Just about all of these women behaved like hussies and tramps in their youths, had illegitimate children from multiple men, and were portrayed as sympathetic victims of male predators and no-good womanizers.

UK television really is feminized more blatantly than American TV. I almost couldn't believe it, but it's true.

Anyhow, I still had a great time and am glad to be back! Time to check out the MRA blogosphere to see if I missed much while I was away!

Prostitots on Parade...It's Halloween!

Keoni Galt · 31 October 2007 · Archived copy · Original

[image]

There's been an abundance of articles in the past week or so detailing the popularity of pre-teen girl "sexy" Halloween costumes. They often question if this is a good or bad thing...

...if you have to ask, you're a moron to begin with.

What this really is, is the modern equivalent to the training bra for young girls who are going to come of age in the modern Matriarchy. After all, they are only trying to emulate their role models...

[image]

[image]

[image]

[image]

The only difference is, the type of 12 or 13 year old girl that would wear these slutty costumes are also the type who more than likely are being raised by a single mother, and his headed for early teen single motherhood herself, and end up looking like this:

[image]

...rather than this:

[image]

Happy Halloween!

Revealing the Thoughts of the Greatest Goldigger of Our Times

Keoni Galt · 2 November 2007 · Archived copy · Original

[image]

DOH!

We Don't Need Domestic Violence Shelters for Men

Keoni Galt · 7 November 2007 · Archived copy · Original

[image]Much has been written about the lies feminists have propagated about domestic violence as of late in the MRM blogosphere. Carey Roberts, Glenn Sacks, Dr. Helen and a few other noteworthy MR advocates have attempted to shine the spotlight on the facts that women are often instigators and/or co-conspirators in domestic violence cases, and that women often instigate assault on their male partners just as much, if not more than men...yet the conventional wisdom (or the successful indoctrination of society by the feminists) is that men are always the perpetrators and that women are never culpable.

While I believe it is important to expose the lies of the feminists for all to see, and that such inequity in application of the laws are important to recognize, we men need to absolutely avoid the victim mentality of the feminists and try to create the same kind of institutional programs to try and "deal with this problem."

In short, I hope I NEVER live to see "Domestic Violence Centers for Men" become a widespread phenomenon.

Men don't need shelter from abusive women.

We need shelter from an abusive SYSTEM that doesn't hold Women responsible for their own actions.

We need to fight the popular culture and media that degrades men, fathers, fatherhood and the "you go girl" mindset that gives it's tacit stamp of approval for women to physically assault men.

We need an end to television shows and advertisements that portray a blow to men's genitalia as high comedy.

Another needed change would be in favor of a complete change in the application of police procedure in domestic violence cases.

As is the case today, a woman can assault a man (frequently with an object or weapon to inflict damage,) and a man can simply shove her or forcibly disarm her to protect himself and he is the only one that gets arrested and charged...even if the man has evident physical damage and the woman only has tears streaming down her face as visual evidence when the cops show up.

I say in any domestic violence case where the police are called, they should simply arrest BOTH parties involved and charge them BOTH with domestic violence. Than, both should be administered lie detector tests to determine who instigated the first act of physical contact.

In this way, woman would no longer have the automatic assumption of innocence (imagine that, equality under the law, regardless of gender!), nor would they have the incentives to try and create false "events" of domestic abuse to use as a tool to divorce their husbands. Instigating violence would get her arrested and put into the same system he does. Furthermore, we need to make the penalties for false claims of domestic abuse to be punished just as harshly as actual abuse. As it stands right now, women have all the incentives to make up false claims and no penalties for lying to manipulate the system.

Finally, I think the most important change that needs to be implemented is to stop the practice of voiding men's Constitutional rights on the simple accusation of domestic violence from a woman. Just because a woman claims abuse does not mean a man should be forcibly kicked out of his home (especially if he can demonstrate that he

bears the majority of the burden for paying the mortgage or rent), or his second amendment rights by surrendering his legally owned firearms to the State on a simple TRO taken out by a female. We are all supposed to be innocent until proven guilty...yet the feminists have managed to enact laws that ignore this constitutional principle and given women the tools to disenfranchise men from their legal property and right to life.

Men don't need shelters from abusive Women.

We need the reform of a system and society that encourages Women to be abusive in the first place.

MIsForMalevolent

Keoni Galt · 8 November 2007 · Archived copy · Original

MIsForMalevolent asked if any MRA bloggers were interested in joining his blog and helping to contribute...so I've joined up to contribute occasionally.

Misandrope has blogged extensively about his personal experiences of going through the hell of divorce in the feminized court system of New Jersey, and his archives are quite instructive to others who may be going through a similar situation themselves.

I really enjoy his format and look to run with it a bit...he's got a great blog. I don't know of any "group blogs" in the MRM, so I think it would be a great idea of other bloggers would take up the offer and make an occasional contribution!

So folks, if you're interested, let's have some fun, pick a letter and post a topic!

My first entry over there: H is for Hero

Unintended Consequences: There is ALWAYS a price to pay.

Keoni Galt · 13 November 2007 · Archived copy · Original

One of feminism's anchor issues was the absolute right of women to have control over their sex lives without judgment, and that they should not be criticized or discriminated against for "acting just like men" and being promiscuous.

The so-called "Free-love" 60's were supposed to unleash a golden age of freedom for women...the results are now in.

U.S. sets record in sexual disease cases

There is no such thing as "Free Love."

Isn't it great that the model of monogamous Patriarchy that oppressed American Women for so long is now being overthrown?!?!?!

Feminized American Television

Keoni Galt · 15 November 2007 · Archived copy · Original

[image]

Were American television was once subtly promoted a pro-American, pro-family reflection of the American experience, it is now absolutely saturated in the modern day, mainstream religion: secular, anti-American, feminist-liberal socialism.

American TV is nothing more than a virtual, 24-7 vagina-centric appeal to the female fantasy; a cynical, lowest-common denominator product; an estrogen-saturated broadcast designed to promote materialistic and shallow consumerism of the American female psyche. (And from what little I did manage to watch while on vacation, I can say with some confidence that UK TV is in the same state - if not worse!).

Even a few of the most liberal, feminist minded creatures in America - the pro-feminist, female media journalists are starting to recognize this fact; albeit they still don't see the big picture, some of them are still starting to be a little troubled by the more obvious manifestations.

Case in point:
On TV, men are the new weaker sex

> This is the strange state of ABC's female-friendly Thursday night lineup: It has become a night of emasculated men and emasculating women. If the classic male pinup was the strong, silent, unattainable type, tonight's TV dream man is addled and fawning. And the empowered woman - once a happy departure from older stereotypes - has become not just self-sufficient, but kind of mean.

Uh...hello Ms. Joanna Weiss...this particular meme is not "new." It's been the overriding theme of the standard fare of American TV for decades now. Before the ascendancy of feminism in mainstream culture, the typical TV show usually depicted a competent, decent father figure that had the respect of his wife and family. But that particular character trait is all but gone...replaced by the ubiquitous depiction of the bumbling idiot who barely ties his own shoelaces without his super-competent, do-it-all-know-it-all wife/girlfriend/mother/daughter to tell him how he's screwing everything up.

> In one sense, this is gender-bending stuff as old as Shakespeare, imagining what things might be like if men were more like women, and vice versa. But on ABC, role-reversal is pursued with such vigor that it feels like a social mission: a feverish, wholly off-putting attempt to break free of the boy-meets-girl formula.

Ha! Only now is it starting to feel like a social mission? It's been one all along! Ms. Weiss only begins to recognize the feminism-as-social-mission theme of modern American TV because it has been getting more and more blatant. Where it once a subtle, undercurrent of one or two emasculated male characters or super-capable females in a few commercials or one or two TV shows, these caricatures of feminist fantasy are now ubiquitous! And this indulgence in feminist folly is driving male viewers away from TV in droves.

Only now are women themselves beginning to realize how off putting this distorted portrayal of an entire gender is.

> There's something unsatisfying about watching rich guys wallow in their powerlessness, perhaps because it puts us in the odd position of wondering who to root for: the venal women or the men they can so easily crush.

There's something unsatisfying you say? No kidding...American television is merely the reflection of the current, confused state of the American female mind. Women feel they are entitled to it all. They've been raised by an education system that tells them they can do anything a man can do...and that they should forsake getting married and raising children to pursue careers and compete with men to show that women are "equal."

And yet the phenomena of the dissatisfied, mid-life, unmarried feminist minded career woman lamenting that there are "no good men" to get married and take care of them happily ever after appears to be growing.

In contemplating the current state of Western pop-culture, the age old question: "Does art imitate life, or life imitate art?" has been rendered irrelevant...television most certainly reflects the attitudes and ideals of the modern American feminist-centric mindset, but it certainly would be an insane stretching of the imagination to call the present day programming "art."

[image]Even the last bastion of celebrated masculine expression on television -- male dominated sports -- has been corrupted.

Sports like NFL football are popular because it features the tension of high quality competition that sets the stage for feats of achievement that rely on excellence and striving for the perfection of execution...the higher the risk of failure, the higher the level of competition, the greater the sense of accomplishment when victory is accomplished. This is what drives Men to strive for excellence.

Yet the NFL broadcasts on all channels still feel like they HAVE to give prominent face time to women to try and "attract the female demographic."

Women fans, just like men, stand up and cheer when their favored team scores a touchdown...I've never seen a women football fan stand up and shout "YOU GO GIRL" whenever a female sideline reporter corners a player to ask him how he feels about something. And the female pablum and celebri-tard interviews in middle of on-the-field action seems to be taking up more and more time in every NFL broadcast.

How long before we see the "first woman" playing in an NFL game...and the endless glorification of her "accomplishment?" My prediction? They'll have to change the rules first, so that men are not allowed to tackle her. Then we'll see how the genders really are equal on the gridiron!

Feminists have ruined television programming, and it's corrupting Sports. But at least there are still a few areas that are a last bastion of masculine portrayals left on TV. and were it not for NFL football and a couple of shows that fly against the conventional norms of feminist indoctrination (shows like House), I would never watch network TV at all.

Husband Wins Lotto - Tries to Escape Marriage

Keoni Galt · 20 November 2007 · Archived copy · Original

[image]

Here's an interesting story...

Wife's at a loss to find husband after he wins the lottery

A former beauty queen is suing her airline-mechanic husband, claiming he tried to hide his lottery jackpot from her.

Ha ha ha ha!

Now, without really knowing the personal circumstances of the actual story -- the story in the paper is quite slanted to give a favorable point of view to the woman (surprise, surprise) -- what do you wanna bet this lady has been anything else but a pleasant, loving wife?

Any happily married couple would have an ecstatic husband coming home to bring home the good news to his wife that they've hit the big time and all financial worries are over....instead, this guy makes some plans in secret to buy a new house and leave her.

Now you may wonder why I would guess that this is the case without any real evidence. I say, one only has to see what she has to say on the matter to get a little insight into the kind of woman she is, and why the lotto winner was so desperate to escape her...

> Campbell said she needs her husband's lottery winnings to help pay bills and support herself.
>
> 'Right now, all I want is justice," she said. ``With time, I will file for divorce."

Now she might actually be a very nice lady who is getting screwed over by a conniving husband...but I doubt it.

Happily married men in love with their wives are not going to do something like this. Somehow, I get the impression he felt trapped by a selfish, standard American Woman with an entitlement princess attitude, and he probably looked at hitting the lotto as his only chance to escape.

Get ready Mr. Campbell...when you are finally tracked down and summoned to court, your soon-to-be ex-wife is going to drag you into court where the gears of a female-favoring system is going to chew you up and spit you out.

Hopefully you played it smart and you fled the country and are now happily living in Mexico or some other country where the US Divorce/Family courts can't get you!

The Original Counter-Feminist

Keoni Galt · 27 November 2007 · Archived copy · Original

[image]When I have the time, I always take some time to google up articles, columns and other such findings related to topics that interest me...including MRA topics, of course.

It's always a pleasure to find writings I've never before had the opportunity to peruse, but upon finding them, find myself nodding in agreement.

And today, I'd like to talk about one such find: the townhall column archives of Philis Schlafly.

Mrs. Schlafly was the original Counter-Feminist...and I say that not to cast aspersions or to slight Fidelbogen and the title of his most excellent blog, Counter-Feminist, at all - but to merely point out that at a time when the feminists made tremendous headway into the consciousness of mainstream American, Philis Sclafly was one woman who stood up, and fought against the tide of popular political propaganda put forth by the feminists, and successfully lobbied and fought to stop the feminist's attempts to legislate feminist philosophy into law, the Equal Rights Amendment.

[image]In a column tribute to Schlafly, Ann Coulter noted:

When Schlafly took up her battle against the ERA, the Senate had passed it by 84 to 8. The House had passed it by 354 to 23. The ERA was written in to both the Republican and Democratic Party platforms. Thirty states had approved it in the first year after it was sent to the states for ratification. Only eight more states were needed.
But the ERA had not yet faced Phyllis Schlafly. Over the next eight years, thanks to Schlafly and her Eagle Forum, only five states ratified it -- but five other states rescinded their earlier ratifications.

The fact that she is a major player in defeating the radical feminists should make her an eternal hero to the MRA movement. Schlafly made a huge impact in decades ago, but she is by no means finished in her work in exposing the lies, deceit and family-destroying legislation and propaganda the feminists constantly attempt to foist upon society.

The following are some excerpts from a few of her columns...points that make so much common sense, it's easy to see why this woman has been such an effective Counter-Feminist throughout her career as a Pro-Family advocate.

Schafly on Children's Rights in Divorce:

> It would seem that maintaining the father's love and authority would be crucial when a child's life is turned upside down by divorce. Yet, family courts routinely deprive children of one parent, usually the father, restricting his time with his child to about six days a month. The courts pompously assert they are invoking "the best interest of the child," but how can it be in the best interest of children to make them forfeit one parent?

Schlafly on U.S. women doing fine without International Violence Against Women Act

> The International Violence Against Women Act is based on the lie that violence against women is the same

> problem in all countries. Many non-Western countries have social norms that justify abuse (such as genital mutilation, forced marriage, and polygamy), and "international standards" would vastly diminish the rights and benefits U.S. women now enjoy.
>
> U.S. women are the most privileged class of people on the face of the earth. That's because we are the beneficiaries of the Judeo-Christian civilization, including the requirement in the Ten Commandments to honor mothers and the Christian religion that honors the Virgin Mary and respects women.

Schlafly on exposing Hillary Clinton's Presidential Campaign's "Mom Strategy"

> Clinton invites us to "imagine a country in which nearly all children between the ages of 3 and 5 attend preschool in sparkling classrooms." That children's paradise is France, which "makes caring for children a top priority," and where "more than 90 percent of French children between ages 3and 5 attend free or inexpensive preschools."
>
> The assumption of "It Takes a Village" is that daycare, run by tax-salaried and licensed "professionals" in centers regulated by the government, is preferable to mother care. Clinton even praises the fact that many French children are in full-day programs "even before they reach the age of 3."
>
> The re-issue of Hillary's old book dispels the notion that she is re-inventing herself as a moderate. Her mom strategy is badly out of sync with her book praising a country that starts government daycare for children at age 2.

Schlafly on United Nations Convention on the Elimination of All Forms of Discrimination Against Women.

> The notion is downright ridiculous that American women (the most fortunate class of people who ever lived) should submit to a treaty that dictates uniform rules for 185 other nations, all of which treat women worse than the United States.

It's good to see Mrs. Schlafly is still going strong, writing a lot of columns in the past year. The fact that she is largely unrecognized for her efforts speaks volumes to how much popular culture and the mainstream media will only idolize women who toe the politically correct, feminist line.

As Ann Coulter concluded her tribute:

> That Phyllis Schlafly is the mortal enemy of a movement that claims to promote women tells you all you need to know about the feminists.

Indeed.

Another Gold Digger Destroys her Family for $$

Keoni Galt · 27 November 2007 · Archived copy · Original

[image]Wow...this story is completely amazing. As a young kid, I used to love watching Hulk Hogan battle with the Iron Sheik, Andre the Giant, and Randy the Macho Man Savage and King Kong Bundy in the bad old days of the World Wrestling Federation.

Hulk Hogan was the mythical American hero who overcame tremendous odds to defeat mind-boggling, athletic, muscle bound villains and gigantic behemoths of humanity, while urging the kids to say their prayers and take their vitamins. He captured my pre-teen imagination like no other wrestler. I have no shame in admitting I was once a "Hulkamaniac" as a 12 year old boy.

Having since long outgrown Professional Wrestling in my early teen years, I still have fond memories of the excitement I used to have watching the Wrestlemania pay per views at friend's houses and cheering for the Hulkster to overcome the seemingly impossible odds against wrestlers like Andre the Giant.

But now it seems like the mighty Hulkster who defeated so many intimidating opponents is about to be defeated by a much more insidious and dangerous foe than he ever faced in the ring...his materialistic, gold-digging wife.

> From The Superficial blog:
>
> Linda Bollea, the wife of wrestler Hulk Hogan, is seeking half of the couple's assets after filing for divorce last week. She also wants an unspecified amount in alimony and health insurance for their son Nick Bollea, according to People:
>
> > Linda is seeking to split the couple's assets, which include the 17,000-square-foot Bel Air mansion where the family primarily lives and a 3,474-square-foot home in Clearwater Beach, Fla., as well as a condo under construction in Las Vegas. The two existing homes alone are worth nearly $9.5 million.
>
> Linda has an obsession with houses which a source for Page Six says caused rifts in her marriage to the Hulkster:
>
> > "She just goes nuts and acts like Hulk has Tom Cruise money - when he doesn't. She wanted to buy a $12 million house in LA, and when Hulk refused, she went ahead and rented a $35,000-a-month house. They already have four to five houses and she wants more?"

This is the perfect example of the kind of power and leverage the feminsts wanted to give females in the institution of marriage. They worked to turn the Patriarchal model of family into nothing more than a tool to enable women to blackmail, extort and become financial parasites off of men.

Hogan's wife demanded he buy what she wanted. When he wouldn't give in to her base materialism and greed, she now resorts to turning to the State system instituted by the radical feminists to forcibly pin him down in "family" court, pile drive his finances and body slam her family into fractured oblivion...all to satiate her greed and crass materialism.

What a whore.

I think MGTOW will continue to grow as more and more of these stories become common.

Another Sign of Decline

Keoni Galt · 28 November 2007 · Archived copy · Original

[image] The descent of Western Civilization into the social chaos and primitive existence of Matriarchal structured society is becoming more and more evident. Another sign of the decline is the recent trend of the last few years in which Hollywood Harlots eagerly expose their unmarried pregnancies in the nude on magazine covers.

This kind of thing is no doubt fostered by the delusions of feminist minded publishers and photographers who tell themselves that women who are pregnant are "sexy."

It is also another manifestation of the feminist centric idea that the female form, fertility and pregnancy are all goddess forms to be worshiped and celebrated. The fact that these women are not married, don't intend to get married, and are perfectly content to give birth to bastards and raise them as such, proudly and publicly, goes to show you just how far gone our societal standards of morality have fallen into disgrace.

Isn't this THRILLING!

Keoni Galt · 30 November 2007 · Archived copy · Original

[image]From the latest issue of Feminist-infested drivel, Glamour magazine's Best and Worst of 2007 feature:

> ## BEST!
>
> Gutsy new moms
>
> Melanie Brown and Bridget Moynahan remained thrilled about their pregnancies even after their relationships fell apart, just like glamour.com's Storked! blogger, Christine Coppa, did. Are their lives Christmas-card perfect? Nope. Are they proud mommies? Absolutely.

Proud of what? That these Hollywood Harlots managed to shag a noteworthy male celebrity? That they now have 18 years of child support coming from rich, famous and successful men? Proud that their publicly chronicled slutty behavior and resulting illegitimate offspring who are celebrated by the mindless cult of fame worshipers?

The worst part is that there are no doubt millions and teenage girls that read this mindless drivel and accept the notion at face value that having kids out of wedlock is an act of "Glamour."

Hey girls! You too can get knocked up by casual sex with a man! And if it doesn't work out, and your life is not Christmas Card perfect, don't worry! As long as you are proud, that is all that matters! Never mind the fact that having a fatherless child will result in a long life of financial hardship for you, and that your kid that you are so proud of is far more likely to develop learning disabilities, become a drunk or druggie, and much more likely to become a criminal! The important thing is that you are the BEST if you are PROUD MOMMY and THRILLED to be pregnant out-of-wedlock!

Girls "Dominate" National Competition

Keoni Galt · 5 December 2007 · Archived copy · Original

[image]Congratulations to Janelle Schlossberger and Amanda Harinoff, seniors at John F. Kennedy High School in Plainview, N.Y., who won the team grand prize in the Seimens Math and Science Competition.

There personal effort to excel should be recognized and lauded.

But the socialist engineering and spin behind this particular story is a bit nauseating.

First of all, have a look at the headline published for this story:

Girls Dominate the Siemens Competition

Yay! It's another celebration for the feminists! Girls DOMINATE!

Than we read the actual comments of the winners themselves:

> "Women lag far behind men in professional math, science, and computer fields, an issue that became the subject of renewed debate in 2005 when then Harvard President Lawrence Summers suggested the lack of top female scientists may stem in part from biological differences between men and women. Jain vehemently disagrees, but acknowledges with some annoyance that "the guy-to-girl ratio in math and science competitions is absolutely ridiculous. It's usually seven or eight guys to one girl." The results of this year's Siemens Competition may signify that more girls are "finally stepping up to the plate and are more than capable," Jain says. "And I'm proud to be a part of that."

The issue was NEVER "are women capable." This was the gist of Lawrence Summers point...it was not "women are biologically incapable" but that gender differences mean women are A LOT LESS LIKELY to be INTERESTED in pursuing math and science careers!!!

And that still holds true!

If these girls had not been raised by two highly-educated scientists to begin with (as the article points out), chances are they would be much more interested in the typical interests of the average American Teenage girl - social networking, dating, celebrity worship, fashion etc.

Just because they are the exception to the rule does not mean the rule is wrong!

Nevertheless, the statistics are in, and the results are undeniable: the further feminization of the school systems, and as more and more boys drop out of the educational system, the more we really will see females "Dominate" every aspect of the educational fields.

They have already surpassed males in attendance and graduation at college.

So when will the feminists finally look at the numbers and realize they "achieved equality?"

Never.

Because it never was about equality. It has always been the agenda to promote female supremacy.

Harvester of Sorrow

Keoni Galt · 10 December 2007 · Archived copy · Original

[image]Is it any wonder the axis of evil in American politics - feminism, socialism and the Democrat Party - have been promoting family destroying, pro-divorce policies and welfare subsidies for single mothers for so long? They know that for every single mother without a husband and provider for her children, she will view the government as the surrogate solution. Taking a step back and looking objectively at the big picture, can one really find it impossible to consider that the socialist-promoting Democrats have purposely promoted the agenda that either destroys current, two-parent families or prevents the two parent family from forming in the first place? The more single mothers, the more Democrat, socialist policy voters!

Jim Wooten of the Atlantic Journal Constitution makes the point in his article, Single women could usher in big government:

> Two trends bedevil America. One is taxes. The second, more important, is marriage.
>
> Those who pay no taxes have no check on their appetite for services. If somebody else is paying, nothing's unaffordable.

Is this not EXACTLY what we see with the rise of single mother headed households? Even the pro-Democrat, liberal research and think tank groups basically savor at the chance for electoral victory by getting the "gold mine" of the single mom vote!

> The liberal polling firm Greenberg Quinlan Rosner Research singled out unmarried women and their potential impact on future elections. What it found should chill the spines of those who wish to reverse, or even slow, the growth of government — not so much because of its cost, but because Big Government steals the initiative and enterprise and independence of its wards.
>
> "Because of the often stark economic reality of a single-income family, they [unmarried women] support an active government that will give all Americans a chance to get ahead, not just the affluent," the organization reported.
>
> As the nation discovered decades ago with welfare policies that pushed men out of the lives of poor women, except for procreation, women who previously found security in marriage turned instead to government. As Greenberg Quinlan Rosner find, unmarried women are a rich vein to be mined by Democrats.

A "rich vein" is an inaccurate metaphor as far as I'm concerned. A gold miner searches for "rich veins" and happens to stumble on it after much work.

I would say a better metaphor would be the liberal Democrat Socialists are farmers, rather than miners. They created the ever-increasing crops of single mothers and the growing population of unmarried females, full-well knowing that unmarried women and single mothers by-and-large support big government, socialist policies and politicians!

In truth, the liberal Democrats are counting on reaping the very harvest they themselves have sown.

As the liberal polling firm notes:

> “Marital status is playing an increasingly defining role in elections. For the 2006 congressional elections, the ‘marriage gap’ was 32 points, far bigger than the gender gap, which was just 9 points. Among women, the marriage gap was an even bigger 36 points … unmarried women tend to vote like other unmarried women, regardless of other powerful demographic variables such as age, income and education.”
>
> “Unmarried women are easily the largest segment of the Democratic base — bigger than Hispanics and African Americans combined.” And the second most loyal, second only to blacks. They favor Democrats over Republicans by a 70-24 margin, and Hillary Clinton over Rudy Giuliani by 66-30.
>
> “From 1960 to 2006, the percentage of the voting age population that was unmarried grew from 27 to 45 percent … If this trend continues, the unmarried will be a majority of the population within 15 years.”
>
> "Their top economic concern is health care. “This group strongly supports fundamental reform to provide universal coverage that can never be taken away.”
>
> “In total, there are over 53 million unmarried women of voting age, a number that dwarfs the percentage of seniors, people of color and even union members.” Of those who voted in 2006, two-thirds chose Democrats. Some 20 million, however, did not vote. That’s 41 percent of the unmarrieds. Among the married, it was 29 percent. But “2008 could be very different if progressives see the opportunity before them.” Unmarried women “emerge as the largest contributor to the Democratic vote in 2008.”

The liberal socialists that have the nerve to call themselves "progressive" have carefully cultivated a crop of single mother households for their own harvest of electoral votes, to the detriment of society.

As my favorite Metallica song goes...

I never really thought about it before (I've been a die-hard Metallica fan since 1986...my first album I ever bought was Master of Puppets), but the lyrics to Harvester of Sorrow are quite fitting in describing the socialist-feminist-liberal triumvirate and the damage they have done to families and society...

> My life suffocates
> Planting seeds of hate
> I've loved, turned to hate
> Trapped far beyond my fate
>
> I give
> You take
> This life that I forsake
> Been cheated of my youth
> You turned this lie to truth
>
> Anger
> Misery
> You'll suffer unto me
>
> Harvester of sorrow

> Language of the mad
> Harvester of sorrow
>
> Pure black looking clear
> My work is done soon here
> Try getting back to me
> Get back which used to be
>
> Drink up
> Shoot in
> Let the beatings begin
> Distributor of pain
> Your loss becomes my gain
>
> Anger
> Misery
> Youll suffer unto me
>
> Harvester of sorrow
> Language of the mad
> Harvester of sorrow
>
> All have said their prayers
> Invade their nightmares
> See into my eyes
> Youll find where murder lies
>
> Infanticide
>
> Harvester of sorrow
> Language of the mad
> Harvester of sorrow
> Language of the mad
> Harvester of sorrow

The Feminist, Socialist Democrats...they all speak the language of the mad while they prepare to reap the harvest of sorrow they have sown.

Another Casualty of the Divorce Revolution

Keoni Galt · 14 December 2007 · Archived copy · Original

[image]The Nebraska Mall Shooter's Mother:
Maribel Rodriguez Tells Diane Sawyer She Did 'Best' She Could With Her Son

> Rodriguez said her son's life had been a challenge from the start. She divorced Hawkins' father when the boy was 3-years-old, she said, and by 5 he was taking prescription Ritalin and Zoloft. She said she watched, feeling helpless the way a parent can, as raw anger took root inside her son.

Wow...no kidding. "Raw anger." Wonder if that had anything to do with a young boy's family being torn apart when he was only a toddler, than pumped him full of psychotropic meds by the time he was in kindergarten to put him in a chemical straight jacket for having fits because his father was ripped out of his life through no fault of his own?!

Isn't it just wonderful that we have a system that encourages no-fault divorce...preaches that father's are not necessary...that single mothers are more than capable...that young FIVE YEAR OLD BOYS NEED TO BE MEDICATED FOR BEHAVIOR PROBLEMS!!!

What the hell happened to common sense? What kind of "Doctor" looked at a young, hurting five year old boy, miserable because his family was torn apart by divorce...and conclude that he needs drugs to alter his body chemistry? Given the circumstances, it's COMPLETELY NATURAL for a young boy to be angry and hurt!!
The feminists who have declared war on masculinity and males...the feminists who have pushed for divorce as the solution to "free women," these are the folks that are indirectly responsible in creating the "monsters" who grow up without the structure and discipline of a two parent family; of a father to control, discipline and define adolescent male aggression. This is how we get these sociopaths that think nothing of killing innocent bystanders in our malls, churches and schools.

Think I'm taking one case and using it to indict feminism based on a lone freak incident? Think again:

Infamous Children of Single-Mother Households

1. Sirhan Sirhan, assassin of Robert Kennedy
2. Richard Lawrence, attempted assassin of Andrew Jackson
3. Charles Guiteau, assassin of James Garfield
4. Leon Czolgosz, assassin of William McKinley
5. John Schrank, attempted assassin of Theodore Roosevelt
6. Giuseppe Zangara, attempted assassin of Franklin Roosevelt
7. Dean Corll, the Houston mass-murderer
8. John Wilkes Booth, assassin of Abraham Lincoln
9. Lee Harvey Oswald, assassin of John Kennedy
10. James Earl Ray, assassin of Martin Luther King
11. Charles Manson, triple murderer of Sharon Tate, et al
12. Andreas Baader, mass murderer
13. Lynette Fromme, attempted assassin of Gerald Ford
14. Marc Lepine, mass murderer

15. Mitchell Johnson, 13 year old youth, shot 4 students and a teacher.
16. Aileen Wuornos, serial killer
17. Dorothea Puente, serial killer.
18. Marybeth Tinning, serial killer.
19. fourteen female serial murderesses in Heide and Keeney's study.
20. Jane Toppan, nurse who killed up to 100 patients.
21. Orenthal James Simpson, fatherless, "Fatherless America", pg. 38.
22. William Jefferson Clinton [list too long to post here].
23. Jesse James, bank robbery, train robbery, and murder.
24. Frank James, bank robbery, train robbery, and murder.
25. Henry McCarty, aka Billy the Kid, 20 murders.
26. Ted Bundy, murdered, mutilated 30-40 young women.
27. Mary Flora Bell, at age ten, strangled two boys 4 & 8 years old in Britain
28. Dennis Nilsen, "Britain's Jeffrey Dahmer"
29. Luke Woodham, Pearl, Mississippi, killed 3 in school shooting
30. Jeremy Delle, Richardson, Texas, blew his brains out in front of teacher
31. Dylan Klebold, with Eric Harris, shot 26 fellow students in Littleton, Colorado high school
32. Robert Thompson (then aged 11) in 1993 abducted a 2 year old boy, killed him by bashing his head in
33. 13-year old Nathaniel Brazill, living in an SMH, shoots biology teacher in the head and kills him

We can now add to this terrible list the following entry:

34. Robert Hawkins (aged 19), Murdered 8 people and committed suicide in the deadliest Mall Shooting in American History

UPDATE - After reading the list over again, I just noticed Number 22, Bill Clinton.

Yes, the guy was from a Single Mother Household...but no matter what your politics (and I'm as anti-Democrat as you can get), I don't think the guy should be on the same list as mass murderers like Charles Manson. But that's just my opinion...I'm sure there are those that would disagree and point out that he does deserve such a distinction. Afterall...god forbid should Hillary win the next election, we may end up looking back at the first Clinton years with nostalgia of better days gone by.

Ugh.

Message for 2008

Keoni Galt · 20 December 2007 · Archived copy · Original

To all five of my regular readers...Mele Kalikimaka! Hauoli Makahiki Hou!

(That means Merry Christmas and a Happy New Year!) I'm about to take a 5 day weekend for the holidays, so I'll be back after Christmas.

In the meantime, I'd like to leave the following political message that says it all...

(Thanks to Field Marshall Watkins from End of Men!)

[image]

The Iceman vs. the Axe Murderer

Keoni Galt · 27 December 2007 · Archived copy · Original

[image]
I'm on an extended holiday vacation here...as I'm in Las Vegas for my first ever, live UFC event, UFC 79: Nemesis. I'm a long time martial artist, and a huge fan of Mixed Martial Arts, and I've waited a LOOONG time to see these two fellas get into the ring and settle it once and for all.

Both of these men, Wanderlei Silva and Chuck Lidell are knockout artists, and I expect this one to be a real slugfest!

As Chuck is a Hawaiian Kenpo practitioner, and so am I (though I train a differnt style than he does, our schools come from the same roots), I'll be rooting for Chuck to win...however, I still admire the sheer brutality of Wanderlei's Muay Thai style!

I can't wait til this Saturday!

(MRA blogging will resume once I get back to Hawaii for the New Year!)

Happy New Years everyone!

Feminism Fragging Our Soldiers

Keoni Galt · 4 January 2008 · Archived copy · Original

It's no big surprise to those of us that are informed on the various issues of the MRA movement that feminist no-fault divorce laws have had a deleterious effect on marriage and society as a whole...but it is even more egregious when one looks at the effects radical feminists and the laws they have passed that have had in destroying the lives of our soldiers overseas, serving their countries.

From David Usher's Divorce and Child Support Are Eviscerating Military Recruitment

> Consider the advantages of marrying and divorcing a military man. If a woman is married to a military man for merely one day, she can collect up to half his pension if she divorces him. And there is no limitation on how many times a woman can do this.
>
> Secondly, the best time to divorce a man is when he cannot defend himself because he is on the other side of the world. It is quite simple to seize the family, get a hefty (temporary) support order, and move on. That's the beauty of no-fault divorce. You do what you want while the husband pays the costs and assumes the fault by default.
>
> A man on duty overseas can be hit with a surprise divorce, lose everything he owns, and have a "temporary" child support order levied against him. There is nothing in any federal or state law or the SSCRA requiring that child support orders be based on real contemporary income.
>
> Courts are quite likely to base the child support order on imputed civilian pay – which is commonly much higher than military pay. It is not exceptional to see military men paying over half of their pretax income as child support.
>
> It is worse for reservists. A divorced male reservist can end up owing more in child support than he earns on his military paycheck. And there isn't much he can do to change it.

Nice system we got here, huh? Military men, more than any other type of man in the modern Matriarchal West should avoid marriage like the plague.

Avoiding or Minimizing the Consequences...

Keoni Galt · 8 January 2008 · Archived copy · Original

[image]...ALWAYS results in promoting or subsidizing the choices made, which in effect means you are creating INCENTIVES to PROMOTE the behavior.

Should the request made in the following article be granted, it's a virtual certainty that what we will see is MORE of the undesirable behavior, teen pregnancies, in this Denver, Colorado school district.

Birth Leave Sought for GIRLS

Kayla Lewis (right), a senior at East High School (Denver, Colorado), asked school-board members last month to establish maternity leave for students who are new mothers.

Two counselors from East High School approached the school board last month, saying the policy at their school is unfair and inconsiderate because it forces new moms to return to school the day after being discharged from the hospital or face being charged with unexcused absences.
"My initial reaction is if we are punishing girls like that, that is unacceptable," said Nicole Head, one of the counselors who brought the matter to the school board last month. "We've got to do something."

This is not "punishing" girls. This is teaching them that there are real world consequences for their behavior, and that doing things like getting pregnant before they are married and able to care for the RESPONSIBILITY of a new life is not going to be easy.

East High School administrators could not be reached for comment over the winter break, but district officials say they are reviewing the policy on absences to make it "friendlier" to new moms, said DPS spokesman Alex Sanchez.

Friendlier? FRIENDLIER?!?! It should be as UNFRIENDLY AS POSSIBLE to unwed Teen mothers! Like how about EXPULSION!

The issue really is a black and white proposition. When you subsidize unemployment -- i.e. welfare -- you get more unemployment! When you subsidize young teens by "helping" to take away the hardships that teen pregnancies cause, you will get more of it! More kids born into the vicious cycle of poverty and fatherless households.

When other teenage girls see their classmates get pregnant, and see how the system bends over backwards to make things easier for them, they learn the intuitive lesson of unintended consequences: getting pregnant while you are still in high school is not that bad...after all, everyone will help you deal with the trouble.

This is exactly the wrong approach that needs to be taken. Young girls need to see that getting pregnant while they are still in high school is a huge problem that will make their life very difficult, so they had better be careful to avoid it in the first place.

Another Example of Female Selfishness

Keoni Galt · 25 January 2008 · Archived copy · Original

[image]This is why Marriage in decline in the West...the mentality that the female is entitled to all the benefits of a male spouse to provide for her and her children...but does not even have a clue about her marital responsibilities to meet her husband's needs.

Sorry, but Marriage and Sex DON'T Go Together

> Carrie Jones hasn't had sex with her husband Hal, a City banker, for the past four years. Nor does she want to. Sex is something she can no longer summon the effort to endure - with the man she married, at least.
>
> She admits she stays in her sexless relationship for the sake of her children, aged nine and 11, and will remain celibate until the day they are grown up and she feels able to leave. At which point, she confesses, she will probably abandon her husband and begin a sexual odyssey to find the satisfaction that eludes her.

Hopefully, her husband grows a pair and dumps her before she gets the chance to leave him.

> "I've made my choice. For now I'm caught up in marriage's net, bound up with responsibilities to my children. My interest in sex with the person I was supposed to be closest to has died. I could leave but for now I'll wait because of the desolation it would wreak on my family.

Oh how admirable of you...

> "I want to maintain the family unit because it makes other things possible, like doing things together with the children. But one day, when they are older and I can think about my own needs again, I may leave and start all over again.

Other things possible...like having her sorry sap wage slave of a husband pay for everything, give her everything she needs, while she feels NO sense of obligation to the man that is fulfilling his role. This is the mindset of female entitlement at it's worst, and it's THE reason why modern marriage in the west is in so much trouble.

> "Like most successful long-term partnerships, our relationship wasn't built on sex or passion. At best, sex was simply fine."
>
> But even the "fine" sex Carrie recalls was soon replaced by despondency once the couple's first child was born.

Oh yes, once the ATM and sperm donor functions were performed, her husband is now almost useless to her.

> "I did the middle-class mother thing in a big way," she says. "I gave up my career, breast-fed each child for a year and spent my days in a dizzy whirl of playgroups and coffee mornings.
>
> "I'd flipped from wife to mother, and it gave me excuses - often genuine - to cold-shoulder my husband's sexual advances. He knew I was tired from the children and was always very understanding. He's an unusually kind and tolerant man." Indeed he must be.

Nah. He's either banging prostitutes or lovers on the side...or he's a total mangina pathetically masturbating to relieve himself and hoping to one day "recapture" his wife's desire.

> Certainly, once the first flush of love and lust gives way to familiarity, domesticity and parenthood, few would argue that making love is the wanton adventure it was. But Carrie goes one step further. She believes that marriage and motherhood are simply not conducive to having a sex life at all.

> "Providing a stable home for children is totally incompatible with having an exciting sex life. The two things are violently at odds," she adds.

This woman is clueless. If she were married to a man with an ounce of self-respect, she would find herself a single mother post-haste. A strong sexual bond between a husband and wife is the true glue that holds a marriage together to create the kind of happy and loving home that is best to rear children in. She is obviously naive, ignorant and stupid if she thinks her children are going to grow up in a sexless marriage household and not pick up on the non-verbal communications and atmosphere, and how such dynamics are going to screw up any normal sense for her children to learn what a true, loving relationship is supposed to look like. She is consigning her children to years of a frustrated, resentful and most likely bitter husband poisoning the atmosphere in their home, while teaching them to view their future partners with contempt and utter selfishness

> For when asked whether she worries that Hal may seek sexual gratification elsewhere, she says: "I'm not concerned. I don't think that would happen. It's not Hal's fault that I wish to remain celibate; it's nothing he's said or done. He's a good man and a great dad. It's just that I don't want to be intimate with him any more."

What a sad, disgusting woman.

Before the advent of "no-fault" divorce, this frigidity was called "abandonment" and a man could rightfully give this frigid bitch the boot without losing half his wealth and custody of the children.

No wonder marriage is in such a severe decline in the West.

How to Turn A Free People Into Slaves

Keoni Galt · 9 February 2008 · Archived copy · Original

Many MRA bloggers have researched and written about the root cause of the gender wars started by the feminist movement were based on the deliberate, planned subversion of Western Culture by Communists.

When one looks at the current state of marriage and the Divorce industry, the proverbial proof is indeed in the pudding. The corrosive effects of the divorce industry on the entire mindset of a people is an insidious threat to a free society that has largely gone unrecognized by the mainstream.

Dr. Stephen Baskerville has written an excellent column entitled How to Turn A Free People Into Slaves, in which he plainly makes the case that the no-fault Divorce industry is a significant front in undermining a free society by empowering government authority to intrude into the most personal area of any individuals life; their family.

> Divorce sends many harmful messages to children and future citizens: that we can break vows we make to God and others; that family members may be discarded at will. But among the most destructive are about the role of government: that government is their de facto parent that may exercise unlimited power (including remove and criminalize their real parent) merely by claiming to act for their greater good.
>
> While feminists push divorce-on-demand as a “civil liberty,” in practice divorce has become our society’s most authoritarian institution.

I'm sure any man who has been through the system would certainly agree that the machinery of the family court and child support system is about as authoritarian as it gets.

And while most divorces that happen in the West directly affect Men for the most part, one of the most deleterious effects the system inflicts upon society as a whole is the instilling of a mindset in children of a divorcing family with regards to the role government plays in one's own private life.

> Using instruments of public criminal justice to punish private hurts turns the family into government-occupied territory. The children experience family life not as a place of love, cooperation, compromise, trust, and forgiveness. Instead they receive a firsthand lesson in tyranny. Empowered by the state and functioning essentially as a government official, the custodial parent can issue orders to the non-custodial parent, undermine his authority with the children, dictate the terms of his access to them, talk to and about him contemptuously and condescendingly in the presence of the children as if he were himself a naughty child – all with the backing of state officials.
>
> Eventually the children understand that the force keeping away one of their parents is the police, who are the guarantors of the custodial parent’s supremacy. Thus the message the children receive about both the family and the state is that they are dictatorships, ruled by an arbitrary power which can be marshaled against private enemies and even family members for personal grievances.

Oh but it gets even worse than that. The system also takes a woman who takes advantage of her position of power granted by the courts and law enforcement, and encourages the children to take an active part in reducing their father into a role of nothing more than a wage slave who's only involvement is the monthly child support check.

> While many children are materially impoverished by family breakdown, in other cases the systematic bribery dispensed by the divorce industry extends to the children themselves, who may be rewarded for their cooperation with material opulence, forcibly extracted from their father and used to corrupt his children and give them too a stake in his plunder and exile.

The term "wage slave" is really a fitting one in describing a divorced father being crushed under the gears of the child support machine. But Baskerville makes an even better point that shows just how apropos it is to call it that:

> It is not difficult to see that this is a highly unhealthy system to have in a free society. In fact, the logic is reminiscent of another system of domestic dictatorship that once tried unsuccessfully to co-exist with free civil government. Politically, the most powerful argument against slavery – and what eventually did more than any other to bring about the realization of how threatening it was to democratic freedom – was less its physical cruelty than its moral degeneracy: the tyrannical habits it encouraged in the slaveholder, the servile ones it fostered in the slave, and the moral degradation it engendered in both. Such dispositions were said to be incompatible with the kind of republican virtue required for free self-government.

Slavery was an institution that was antithetical to the tenets and ideals that founded America, and for the United States to continue to exist under them made a conflict with that institution inevitable. If only more people would wake up to the reality that the Institution of Divorce is in the same place today - as the very antithesis to a free people as a whole.

Divorce not only damages individual men, but society as a whole...for it plants the seeds of a mindset in each successive generation that increasingly accepts authoritarian rule of an ever-expanding and intrusive Government without question, and at the expense of the freedom and liberty of what was once a free and prosperous civilization.

Idolizing the Single Mother and other thoughts on American Idol

Keoni Galt · 21 February 2008 · Archived copy · Original

[image]Ok, I admit it...I enjoy watching American Idol. I've been watching it regularly for the past several seasons, and there are more than a few reasons as to why I found myself getting hooked on the show:

1) I'm a musician myself, so I do enjoy watching and listening to musical performance. I appreciate expressions of artistic talent, even if I don't particularly like the style or genre of music being performed.

2) Simon Cowell is a beacon of unashamed, brazen masculinity starring in prime time, network broadcast TV. There is no better example of the masculine, straight-line, logically based, in-your-face brutal honesty of Mr. Cowell; especially when it is contrast to Paula Abdul's(and to some extent, Randy Jackson's) emotive, feminine, feel-good, attempts to "soften the blow" of honest criticism.

3) It is certainly entertaining for it's "freak show" aspect of the auditions...to see how clueless, narcissistic and self-centered to the point of delusion so many people are in todays society is almost frightening. But it's even more entertaining to see such clueless delusion shattered by the unapologetic critique by Cowell.

I can sing on key and carry a tune. I have performed with a live band on more than a few occasions...in fact, I used to be in a band that got paid to play Hawaiian music for Weddings and Birthday Parties. But I KNOW that I DO NOT possess the kind of dynamic vocal talent necessary to even be competitive with the other contestants, let alone win. I cannot believe how clueless so many people are when it comes to the self assessment of their own talent and abilities.

Needless to say, as much as I enjoy the competition of American Idol, there are a couple of things that drive me bonkers about the show - and it mainly has to do with the 'production' and 'marketing' of certain contestants by giving an "in-depth" look into the lives of the contestants and hopefuls. Some of the stories are certainly touching and do create emotional attachments to these personalities, inspiring viewers to root for them.

One can certainly feel moved when watching the contestant who's Father passed away 2 days before her audition choke up while singing. It's blatant emotional manipulation to drive ratings...but I'm fine with it when we do have a legitimate reason to sympathize with a "humanizing" story like that.

But what drives me insane is how so many of the contestants proclaim their single mother hood as a badge of honor...as if it one of the biggest achievements for young women today to achieve! They are to be admired and worshiped for their courage! Their strength! Their bravery! Afterall, it's so admirable in todays day and age to breed out of wedlock bastards without Fathers in their lives!

Worse yet, the "in depth" features that often depict the day to day struggles of life ALWAYS place the single mother in the role of victim of the "deadbeat boyfriend."

There is no better indication of proof that our modern day society is Matriarchal and not the "Patriarchal Hegemony" the feminists constantly whine about. When Single Motherhood is celebrated, lionized and glamourized by media and society-at-large, it's safe to say the so-called "Patriarchy" is either dead or in it's last throes.

Adolescent Lust and Society's Double Standard

Keoni Galt · 27 February 2008 · Archived copy · Original

[image]In Field Marshall Watkin's latest blog post, News Round up 2, he links to Coed Magazine's "Hot for Teacher: 18 Sexiest Sex Offenders" which highlights some of the more notorious cases of young, attractive (at least in most of these cases...Mary Kay Letourneau is pretty disgusting in my opinion,) public school teachers convicted of sexual relations with adolescent boys.

FMW, or course, makes a passing reference about the double standards of society:

> The well known double standards between the application of the law (and the perception of the public) towards female criminals, especially sex offenders, continues with this article. I can't see the title of '18 fittest male rapists' being published somehow…

FMW is right, of course. But I think the double standards held by society with regards to adolescents having sex with adults regarding gender are the perfect example of the rank hypocrisy of feminist thinking - that the male gender is always at fault, while females are simply not ever held accountable. Young women are "exploited" while young men "get lucky."

When I was a 21 year old working construction and attending college, I was once hit on by my boss's 13 year old daughter...and it wasn't a coy, indirect attempt at seduction, but a straight up offer: "Wanna Fuck?" When I declined, she asked me incredulously "What...you think I don't know how to fuck?!"

While I was quite taken aback by this young child's straight forward directness, I never forgot it, because that that very moment, this young girl shattered my preconceived notions about the supposed ideal of the "fairer sex" mindset that our feminist-corrupted society had conditioned me to think of with regards to the female gender.

Here was the inevitable result of feminist ideology expressed...a young lady taught to believe that casual sex was her path to empowerment, that sexual pleasure was her right as a female to take wherever and whenever she desired it.

Yet, had I taken her up on her offer, and we were discovered, I could have been arrested and publicly excoriated in the media as a "rapist." And "taking advantage of an innocent, young girl."

No doubt about it...many of the boys that ended up having sex with the teachers in the article FMW linked to looked at their attractive teachers and passionately lusted after them and no doubt felt like they won the lottery having the opportunity to experience the carnal knowledge of these women. And most people in our society look at these cases from the outside, and other than most mother's of teenage boys, no doubt snicker and think "lucky boys." Many men (and I can admit that myself included) bemusedly think to themselves "Now where were these teachers when I was in school?"

But a 21 year old man and a 13 year old girl? The default reaction is abject horror...an innocent young girl "despoiled...violated...taken advantage of."

I mean, when one thinks further on this topic, what is a man to do? Ask any attractive female who is propositioning them for I.D.? I knew my Boss's daughter was only 13, but I can honestly say she could have passed herself off as 18 had I not known better.

Does THESE young ladies look underage?

[image]

Or these?

[image]

Young ladies can be just as lust filled and active and willing participants in seeking out sexual adventure from older men as young men all fantasize about doing so with older women...yet society looks at the case where the female is older and knowingly snicker at what most young men consider "great fortune," while a reversal of genders is considered a "horrific crime."

Never again should you read a story in the media about "statutory rape" between an adolescent female and an adult male and automatically take the default position that the male is a "predator taking advantage of an innocent young girl." No doubt there are young girls who are exploited and taken advantage of...just as young boys are - but there are plenty of young girls who know exactly what they are doing, know exactly what they want, and in fact may very well be the one exploiting an unsuspecting male's natural sex drive by deceiving him about her true age.

Looking for Mr. Good Enough

Keoni Galt · 1 March 2008 · Archived copy · Original

There are a lot of women pundits,commentators,bloggers, and/or columnists who are against most of the goals of feminism - usually self-identified as pro-family, Conservative Republicans. Some of these ladies offer excellent insights and commentary and are some of the most valuable contributors to the war against feminism. Nancy Levant, Ann Coulter, Phillis Schafly are some of the most notable.

However I and other MRA bloggers have at times highlighted, reviewed and quoted from many of these influential women, there is another set of women who are anti-feminist -- at least politically -- but fail to connect the dots between the decline of Western Civilization and the advancement of feminism.

These ladies usually decry the horrors of abortion, advocate avoiding promiscuity, and write about the value the stay at home mother has for her family, her children and society at large.

Yet, they still speak of "the good things feminism has brought" and they still write and speak from the feminist's misandrist point of view with regards to men.

Take for example, this recent column by Townhall.com columnist, Suzanne Fields, and her recent column, Looking for Mr. Good Enough:

> A bachelor acquaintance of mine, a prosperous man in his 40s, was new in town and wanted to meet the love of his life, to marry, and become a father and citizen (and voter). So, I organized a small cocktail party and invited several attractive women in their late 30s who are still looking for Mr. Right (and might be willing to settle for Mr. Good Enough). They're women with professional careers but want marriage and family, too.
>
> They feel a mild panic that motherhood might pass them by. The single men they meet seem determined to remain bachelors. The men are having too much fun to give up their freedom.

Aaahhh...see the typical assumptions at work in this mindset. Men's reluctance to get married wouldn't have anything to do with the widespread disenfranchisement of men through no-fault divorce, female-biased family courts and the child-custody industry, now would it? Nah...the "child-man" is still having too much "fun."

Translation: Men no longer want to get married, it must be Men's fault!

It gets worse when she describes the caricature of a typical 20-something bachelor:

> The Playboy of today is a beast of a different order, but a bit of a beast nevertheless. He's a young man in his 20s, refusing to grow up, with access to ATMs for instant money to spend on himself. You typically find him in the pages of Maxim magazine with movie heroes such as Ben Stiller, Jim Carey and Will Ferrell, indulging in grossed-out adolescent "Animal House" humor. He's uncultured, uncouth and unkempt, preferring beer to fine wine, skateboards to sports cars and teenage toys to higher status symbols of maturity. Kay Hymowitz calls him the "Child-Man in the Promised Land."

Sorry my dear, but the "status symbols of maturity" used to be a man defined by his family, his children, and most of all, his homemaker wife who proudly practiced her arts to create a happy home for her husband and kids. Thanks to the feminists and their war on the family, the majority of men that attempt to "grow up" and earn such "status symbols" nowadays are more likely than naught to find themselves in divorce court, ruined by child support,denied visitation,parental alienation of his children, alimony, false domestic violence accusations, etc.

There was a time when a man strove to become cultured, "couth" and "kempt," because this was the price of admission LADIES required to give men the status symbols of maturity - a family.

Women who complain about the "Child-man in the Promised Land" need to look in the mirror and face the reality that it was their precious "equality" and "liberation from the oppression of Patriarchy" that have given them the exact state of affairs they complain so bitterly about when they can no longer find "Mr. Good Enough."

Women wanted it all, and are bewildered when they find out "having it all" is impossible. Maybe one day they'll wake up and quit being surprised when they find out that "Mr. Good Enough" wants nothing to do with "Ms. Never Enough."

The Female Misogynist

Keoni Galt · 5 March 2008 · Archived copy · Original

Just a quick post...I check every MRA blog in my blogroll almost everyday, and I'm always happy to find out about new blogs dedicated to Men's Rights and/or against the feminist movement. thanks to the Counter-Feminist, I've found another interesting MRA/Anti-Feminist blogger I'm going to add to my blogroll, "Female Misogynist - How feminism and matriarchy are destroying civilization.."

Check it out, she is definitely worth the time to read!

The Impending Death of Feminism?

Keoni Galt · 7 March 2008 · Archived copy · Original

[image]The thought is certainly most appealing...but I'm not going to hold my breath, waiting for it to happen...the cultural norms, political zeitgeist, and most importantly the behemoth of a system that has been developed to profit from feminist ideology is too large, too pervasive and too entrenched to be declaring the death of the movement anytime soon. It's going to take a cataclysmic event of epic proportions to deliver the wake up call that kills feminism...

Nevertheless, Townhall.com columnist, Kathryn Jean Lopez has written a pretty good article about Hillary Clinton and her gender-based campaign to become the first commander-in-chief. Though I disagree with her premise that Clinton's blatant sexism and radical feminist ideology being exposed in her national campaign is a precursor to the eventual death of feminism, she still has a lot of good points in her column:

> Enough is enough. Hillary Clinton has made history already; she has shown us that a woman can be a major presidential candidate. But as we are here living history, I'd like it to now be history.
>
> Simply put, I don't want a woman president. Not if she's running to be a "woman president" and not the leader of the United States.

Amen, Sister.

> I'm deeply grateful to my junior senator. Her defeat this year would be a significant milestone for American women: The death of the feminist movement. It would mark the end of the silly-women-talk on the national political scene. The beginning of female candidates running as candidates, without a heavy serving of identity politics.

Well, I'm all with you on the defeat part, but as long as family courts continue to define the role of Fatherhood as nothing more than subsidizing the ex-wife in destroying her family; as long as "Women's Studies" continues as a major course of "higher" educational vocation; as long as the holocaust known as "CHOICE" continues to mercilessly slaughter millions of babies in the womb; as long as the media and popular culture continue to promote the "female good/male bad" stereotype, feminism will be far from dead.

But OF COURSE, that doesn't mean defeating Hillary Clinton would not be any less satisfying...

Despite disagreeing with Lopez's statement that a defeated Clinton would be the death knell for feminism in America, I whole-heartedly agree with the conclusion of her piece:

> ...I have the audacity to hope the next woman who runs will run because she's qualified to be commander in chief, **not because she's a Uterine-American.**

Societal Hypocrisy & Prostitution

Keoni Galt · 13 March 2008 · Archived copy · Original

[image]The recent resignation of NY Governor Elliot Spitzer is quite the story, illustrating quite many of the issues the MRA and MGTOW movements are concerned with; issues such as the state of marriage, the principles of hypergamy, the motivation of women to use sex for economic advantage, and the so-called "victimization" of females that supposedly occurs in the prostitute/customer transaction.

The picture to the right is the alleged "escort girl," Ashley Dupre, that the Governor hired. Note, she is definitely an attractive looking female...while one can denounce her for being a whore, I say at least this woman is honest about using her looks to cash in. She is straight forward in using her beauty to get money, instead of playing manipulative games and acting as a parasite, latching on to a man and getting him to finance her lifestyle under the guise of "having a fulfilling relationship based on love and romance."

Nevertheless, it's quite instructive to look at this ladies background. From Spitzer's Call Girl Identified as Aspiring Singer

> The call girl at the center of the prostitution scandal that prompted Gov. Eliot Spitzer to resign in disgrace has been identified as a 22-year-old aspiring musician who struggled in a broken home as a child.

A broken home? I'm shocked I tell you, just SHOCKED!

This poor lady is a VICTIM of an unscrupulous, rich, white, male politician taking advantage of her psychological problems stemming from a "broken" home! (translation: a single mother headed household.)

Hah.

As a former "Madam" of a high-end escort service similar to the one Ashley worked for writes in her Pajamas Media column, I've Seen My Share of Spitzers,

> None of these girls was coerced into selling her body for money. Most of them came from middle-class backgrounds, and many had been accepted to universities. But they dropped out as soon as they discovered that they could make $20-30,000 a month as an escort.
>
> Then they got addicted to the money and the lifestyle. And then one day, usually between the ages of 25 and 28, once they'd developed that knowing, experienced look that clients instinctively disliked, they found that themselves in a classic bind: they were addicted to high living but could no longer pay for it; they had no marketable skills; and years of late nights and lazy days had left them with no self-discipline. What to do? The really smart ones pulled themselves together and, with the help of a sympathetic client, started some kind of a business. Others married rich, cynical, older men in a sort of paid-wife arrangement. Those were the most common stories. I did not inquire into the fate of the girls who sort of faded away. I did not want to hear about their loneliness and poverty.
>
> So the value of the escorts declined rapidly as they aged. Meanwhile, the value of the clients increased because

> they accumulated more money and more power. I could not make my peace with the power imbalance, even though I understood intellectually that the men would always want to pay women for sex, and there would always be women who wanted to be paid for sex.
>
> But as a modern woman brought up to believe in romance, intimacy, equality between the sexes and monogamy, I had a really hard time dealing with the dawning understanding that the very men I'd been taught to value — my peers, as it were — were pretty atavistic types. They seemed to prefer whores in the bedroom and ladies in the salon.

Even this lady, intimately involved with the inner workings of a prostitution ring and the girls that willingly sell their bodies for money - not because they HAVE to, but because they WANT to for the easy money, still struggles with the programming of our feminist corrupted society. Also note her tacit admission of women's expiration date of physical attraction versus men's increase in relationship value as he ages.

Anyhow, the main point remains: society is hypocritical when we have laws against the freely entered transaction between two consenting adults, where a man pays a woman for sex, and this is a "crime." But a woman that marries a man for money and than divorces him? She receives government assistance in basically stealing the money from a man and giving him nothing in return under the name "alimony."

Will such hypocrisy ever come to an end?

Like Flies to a Pile of...

Keoni Galt · 15 March 2008 · Archived copy · Original



Isn't the Matriarchal welfare state wonderful! The sense of entitlement that it promotes caters to the lowest common denominator of humanity and subsidizes the creation of more and more poor people dependent on the government for subsistence.

This is exactly what Matriarchy looks like!

Just look what happens when a Section 8 Housing Authority in Florida announced a government hand out for "housing subsidy vouchers" (translation: taking money via taxes from the producers of society, and giving it to non-producing single mothers who are raising the next generation of criminals, deadbeats and losers, perpetuating the vicious cycle of poverty.)

> Then an official came out of the housing authority building and announced through a megaphone that disabled people should come forward.
>
> Instead, the entire crowd surged forward. People fell down and were close to being trampled, witnesses said.

A more accurate sentence would have been:

"...disabled people should come forward.

Naturally, the entire crowd surged forward."

I say naturally, because ALL of these people shown in the slide show and video are ALL disabled by a mentality of entitlement, that they deserve to receive something for nothing, and that the Government has a responsibility to take care of their most basic needs.

These people are disabled because they are unable to be productive because they have learned no other behavior

than the soul corrupting one of dependence.

They are disabled because they are unable to provide for themselves.

They are disabled because they have doomed themselves to a lifetime of poverty by following the collectivist mindset that is a primary feature of a Matriarchal society structure.

I came to this story via the Neal Boortz blog. Neal puts it best when he linked to it with the following comments:

> They were handing out welfare housing vouchers in Palm Beach earlier this week. Take a look at this story from the Palm Beach Post...and be sure to click on the link for the "special video report". Watch the video. Look for a woman of normal weight. Look for a father. Have fun.

Final Judgement for McCartney Divorce

Keoni Galt · 18 March 2008 · Archived copy · Original

[image]Here's the actual 58 page judgement written by the judge presiding over the Heather Mills & Paul McCartney's divorce.

I just spent a good portion of my morning reading the document in it's entirety, and I must say, it's quite instructive to read this and realize that the system of divorce in the UK is absolutely gender biased in favor of the female, and that females divorcing their husbands can act absolutely irresponsibly, unethically and dishonestly and still face no penalty for doing so.

In summary:

The judge writes that he basically believes that Heather Mills has repeatedly lied, exaggerated and slandered Paul McCartney in making false claims about their marriage, that he rejects most of her claims and accepts Paul's arguments for the most part in describing their marriage and it's eventual dissolution, and he basically calls her out for purposely spending Paul's money lavishly in an attempt to maximize the amount of money that could be ruled as her "accustomed lifestyle" award she was counting on in the pending divorce.

The judge essentially did everything but call her a gold digging liar.

The Judge expresses obvious disdain for Heather's conduct and motives, and directly disputes her lies...yet he STILL has to award her substantial alimony, properties, child support and assets to the tune of the widely reported 24+ million pounds.

TRANSLATION: Gold Digging is the official law of the land.

Defining Infidelity

Keoni Galt · 25 March 2008 · Archived copy · Original

[image]
The following is taken from a letter written to the Tom Leykis show, in which a supremely dissatisfied husband asks Tom to read it on the air during his radio show, so that his wife can hear it while they are in the car together. In it, he outlines the case for why he is about to divorce her.

The main point is a message that bears repeating for married women who wish to remain married:

> Women of the world, heed this advice. Heed it good; and don't you ever think that you and your magic vagina are the exception to these few very simple rules: Take care of your man. Treat him right. Shower him with love and respect - and yes, I mean take care of his physical needs...satisfy him sexually. Wear him out. If you want to guarantee fidelity in your marriage, there is a simple way to achieve that: Never let your husband leave the house with a single drop of semen remaining in his body.
>
> Trust me, if he is not dumping it at home, he is dumping it somewhere, unless he is hopelessly unattractive, beat-down loser. When you use sex for power and control, you do damage that can not be undone. When you withhold sex and affection from your husband, you drive a wedge between you and your man. Not only that - you drive him elsewhere to get his needs met.
>
> It is that simple.

Ladies, it really IS that simple.

What's interesting is the idea that many women have nowadays that when they are married, they don't have to have sex with their husbands...that if they don't have to "feel like it," than that's just too bad for him, he should go take a cold shower or go masturbate.

But when a husband is cut off from sex by his wife, she may think she is wielding the power...but what she is really doing is fostering a deep resentment in him and she is planting the seeds of destruction for her own marriage.

Granted, this may very well be exactly what she may have in mind...to withhold sex until he is driven to the point of cheating. Than she can divorce him, and claim the mantle of moral superiority and get the pity and emotional support from friends and family because "He cheated!"

Prior to "his-fault" divorce -- how can we call it "no-fault" when the judgments almost always favor her? -- a woman who stopped having sex with her husband could be divorced with cause for "abandonment." Essentially, marriage has been re-defined to mean: Men have all the responsibilities, bear all consequences and women have no incentives or consequences to motivate her to live up to the terms of the marital contract.

In other words, the success of any marriage in a modern day, Western society is almost ENTIRELY dependent on whether or not SHE feels like making it work...because if she no longer wants it to, she holds all the cards in her favor.

Of course, I believe a husband cheating on his spouse is not justified - as the old saying goes, "two wrongs don't

make a right," however, this does not mean a negligent wife should be absolved of responsibility either. As the letter writer to Tom Leykis points out:

> We need to stop defining infidelity as sexual only. Infidelity has many faces, and many manifestations. When you stop trying as a partner, or decide to renege on what you previously offered, you are in fact being disloyal, unfaithful and false to your partner. The idea that unfaithfulness is physical, via the sex act only is a semantic game we need to no longer play.

Infidelity is a betrayal of the marital contract...and a woman who binds a man to a contract in which he agrees to "forsake all others" certainly implies that she is responsible for making sure his needs are met so that he finds it easy to carry out his part of this agreement.

A woman that purposely cuts her man off from sex is just as culpable and responsible for the resulting infidelity as the spouse who finds affection in the arms of another.

> After all has been said and done, it may surprise you all to know that, in my humble opinion, most men don't fool around because of sex itself - it's really about the validation - the feelings of being wanted and valued.

This is absolutely true. The idea that men only care about meaningless, casual sex, is just another feminist lie, promulgated to plant the seeds of discord to further the destruction of the nuclear family.

> Women, if you want your man to seek his validation elsewhere, than you know exactly what to do.
>
> Cut him off.

Equal Parenting Bike Trek 2008

Keoni Galt · 27 March 2008 · Archived copy · Original

The 2007 Equal Parenting Bike Trek was a smashing success! Review the complete media coverage of last year's event.

Here are the 2007 Equal Parenting Bike Trek Pictures.

The 2008 Equal Parenting Bike Trek is already shaping up to be bigger and better than our 2007 event!

Media inquiries please contact Robert Pedersen 269-420-4688 or Angela Pedersen 269-420-3203

Click here to learn all of the details, to see pictures and video and go get further contact details.

Fathers, RIDE ON!

An Irishman Against Feminism Hangs it Up

Keoni Galt · 29 March 2008 · Archived copy · Original

[image]When I first discovered the MRA/MGTOW blogosphere, NHY's blog was one of the first ones I read...found from Duncan Idaho's original blog roll from the Eternal Bachelor.

He has now decided to hang it up, and he states his reasonings in his farewell post.

It's a frank admission by NHY, and one for which I commend him for having that much introspection into his own thoughts and motivations. Unlike him, I did not become an MRA blogger because of anger at the female gender...I became involved through witnessing how the feminist system has destroyed the families of both both friends and close family members.

And I could never be an active MGTOW, as I was already married for years upon discovering the MRA movement and what it was all about. Aside from that, one should be careful of embracing hatred and rage, lest it consume you the same way feminists have been consumed into their useful idiocy in destroying Patriarchal society.

But there is still much for which I have learned from the MRA/MGTOW movement, and I sought to share that with my farewell post to NHY at his blog...because it seems like he may regret his involvement in MRA/MGTOW blogging.

> There is a certain satisfaction gained from indulging in MRA approved misogyny...but one could easily let it consume them to the point of becoming the inverse image of the zeitgeist of feminists irrational angst we seek to overturn in the first place.
>
> However, the most important thing you should take away from your MRA experience is to never take ANY person, male or female (especially female) at face value...but to look at what they do, not what they say.
>
> When I first discovered the MRA movement, I enjoyed the rantings of Duncan and Fred X as much as the next guy...but I never had trouble with dating females -- indeed I'm married and have been so for the past 10 years. In other words, the MRA movement is not dependent upon or driven solely by bitter men who have learned to hate the female gender because of the feminist movement. No, I found Fred's, Duncan's, your's and others rage to in fact be quite justified in the face of what the forces of feminism has done to Western Civilization...but I also recognized that letting yourself become obsessed with anger and rage is risking becoming that which caused that hate and rage in the first place.
>
> But what I did get from discovering the world of the MRA and the MGTOW movements was recognition of the TRUTH. Why society is on the decline, and just how feminism has corrupted the building block of civilization: the nuclear family unit.
>
> So though you may leave off your rage against the machine and sign off from your blog, you are still equipped with the ability to recognize feminist bullshit when you see it...because whether you are a MGYOW and shunning female relationships, or whether you take the risks and do get involved in them, the feminist influence is indeed ubiquitous. Recognizing it when it rears it's ugly head is necessary to cope with whatever challenges you encounter.

> I used to cluelessly endure mindless misandry from my wife and her friends, thinking nothing of it. I too laughed at the caricatures of dumb men and laughed at misandrist jokes and most media manifestations of misandry.
>
> Thanks to the MRA, I laugh no longer...because I now see that such things are REALLY NOT FUNNY.
>
> They are designed to dehumanize the male gender and destroy the VERY NATURAL and BALANCED existence of the male/female relationship. I now confront the subversive influence whenever I encounter it...and it has made my relationships with the females in my life much easier for me to deal with as result.
>
> In short, one does not have to be a dedicated bachelor to oppose feminism. Indeed, the biggest blow you can strike against feminism and the modern Matriarchy is to find a female for which you can successfully create a Patriarchal family unit with.
>
> Though you may never blog again, I'm quite sure that at the very least, you will be able to a much more discerning and cautious entrant into a male/female relationship because you have been enlightened about the modern dynamics of life under the matriarchal model.
>
> Good luck NHY!

"You Go Girl!"

Keoni Galt · 31 March 2008 · Archived copy · Original

[image]While reading Glenn Sack's blog today, I came across the following entry that was Glenn's take on an article Feminism may go too far in girls vs. boys. The author of the article writes about her experiences of watching a girls soccer team playing a boys soccer team, and how the girls used every physical tactic - including illegal and unsportsmanlike punching - possible while the boys appeared to hold back and not retaliate or play as physical as they would normally.

Glenn relates his own experiences with the following:

> I had a vaguely similar experience playing against a girls' team when I was a kid. It was a soccer game between my team, probably consisting of 12 and 13-year-olds, against a girls' team from the next level up, probably 14 and 15-year-olds. I played goalkeeper, and with a few minutes left in the game their team broke through and a girl had the ball maybe about 20 feet in front of our goal.
>
> I certainly wasn't the most athletic of goalkeepers. However, I was sure-handed and I knew how to position myself and break up plays from having played fullback/defense for many years. Normally in this situation I would charge and slide-tackle the opposing forward and knock the ball away. This time I rushed out to do it and, as I was about to slide into her, my guy programming kicked in and instead I slid off to the side, allowing her to score.
>
> We lost the game by a goal and had to endure a bunch of "girl power/we beat the boys"-type celebrating. I've always been a pretty good sport about losing, but I remember watching this and thinking "Are you kidding me? Didn't you see me give away that goal?" I thought about saying something but realized that it would immediately be seen as boy-as-sore-loser-to-girls type sour grapes.

I experienced the exact same thing when I was a new student in my Kenpo self-defense class...

My first experience was learning a judo throw, the tomoe-nage. While serving as the "throwee" for a female student (who was higher ranked than I, I was a white belt that had just started training for only a month or so), and given that I had learned gymnastics when I was a young boy, I followed my natural instinct and "went" along with her attempt to apply the throw, and I literally used my own push off to somersault myself as she made her attempt to throw me. The result was I did a dramatic mid-air flip that made it look like she had thrown me with spectacular ease.

It looked even more dramatic when the other students training at the time did not have the advantage of such a willing (and capable) partner. Everyone else in the class, men and women alike, struggled with attempting this new technique. Had I simply relaxed and played the role of "dead weight" as the other partners did, her technique would not have looked anywhere near the results that happened when I "helped."

Yet the entire class and my instructor all gasped in amazement, and everyone began to congratulate her on her proficiency, and she literally basked in her false sense of achievement. And looking at her in the eyes, I know she knew I helped her...yet she ate up the praise and took all the credit.

A few months later, we had sparring training, where we would engage in "restrained-contact" kick boxing in full padded gear. This same girl asked if she could fight me. At that time, she was a green belt, which in our system, is a full 3 grades of skill level higher than a white belt...but when I stepped into the ring with her all geared up and we began to spar, I was tentative and psychologically inhibited by my misguided sense of chivalry....and I basically held back and half-heartedly engaged her.

She, on the other hand, opened up her entire arsenal of attacks and was easily declared the "winner" by my instructor afterwards.

A few months later, while our class was having an after-training party where we were all having drinks and socializing, she made some kind of comment about how she would beat me up again if I wised off to her. At THAT point, I made up my mind that the next time I was her partner, I would NOT make it easy for her, and if we were to ever spar again, I would forget the fact that she was a female and just let it go.

A short while later, my instructor set us up for another sparring session...except this time I went all out and unloaded on her at will. I absolutely outclassed her, despite the fact that she had been training for years while I was still a comparative newbie...the only difference was that I no longer held back. Her arrogant pride and condescension over having "beat" me previously overrode my chivalrous programming, and I beat her to tears...literally. She began crying after a few minutes in which I blocked and countered all of her attacks with ease. Now, it was "restrained" contact, so I never struck her with even 50% of my potential power, so I didn't physically hurt her. She was crying I think because here I was, a white belt newbie for which she had received her share of "YOU GO GIRL!" from our classmates and instructor because I had held back in our training and made her look far more effective than she really was. The thing is, she began to believe her own bullshit.

But when she faced me again, and I no longer felt obligated to be chivalrous, I quite simply destroyed her delusions with my naturally superior athletic ability and physical power.

The funny thing is, here I am, 10 years later, and I now teach my own class, and I have women of all ages as students...and more than a few of them are indeed "feminist" minded. Yet, when I teach my class, I make it a distinct point to disabuse these women of any and all notions that they can go toe-to-toe with a physically stronger and/or larger man and prevail simply because they've trained in my school. Some will argue with me...at first. But I've found that a first hand demonstration is the fastest way to open these ladies eyes to the difference between reality and feminist-inspired fantasy.

First they banned the guns...now the sword...

Keoni Galt · 8 April 2008 · Archived copy · Original

[image]...so now that the growing legions of criminal bastards growing up in the UK's single-mother hellholes will find a new weapon of choice to kill, rob, and rape the innocent, law-abiding and DISARMED citizens with.

Ban on Samurai Swords Becomes Law

Soon, Big Brother will ban knives, axes and any other kind of weapon...all the while, ignoring the root of the problem: RESTORE THE ROLE OF THE FATHER IN THE FAMILY.

The Conspiracy Theory is True

Keoni Galt · 16 April 2008 · Archived copy · Original

I haven't logged in to post or read other blogs this past week-and-a-half or so for a number of reasons (some of which involves a case of the flu and a high fever for a few days...but that's over with), but the biggest of which I've been spending my free online time reading yet another excellent book I discovered recently.

The book in question is The Underground History of American Education, and I must say, it has been illuminating reading. In summary, EVERYONE KNOWS public education in this country is broken, and politicians will always talk about how we need more funding for education to fix the problems...but what no one is willing to say is that there are no problems with public education, because it is working exactly as it was planned to! Public education as a federally administered system, was designed specifically to dumb down the masses to further the elitist, globalist, New World Order agenda -- just as the feminist movement was started by communist agents with the specific agenda of destroying the nuclear family as the foundation of Western Civilization in conjunction with promoting mass depopulation.

There are simply too many dots I've connected to in my mind to discount the sheer number of coincidences that would explain our current state of affairs.

Just about every single societal problem we face in Western Civilization is one that was caused by the very people that claim to have the solutions to the very problems they created in the first place!

We live in the age of mind control, and the only people that see the truth and try to alert everyone else to it can all be conveniently ignored as "conspiracy theorists."

So pass me my tinfoil hat, and cover the windows...the black helicopters are coming!

My Shallow, Narcissistic & Superficial Mommy!

Keoni Galt · 18 April 2008 · Archived copy · Original

[image]

A plastic surgeon has just published a book that help mothers explain to their children why they decided to change their appearances with plastic surgery.

Newsweek offers a preview of the book with excerpts of some of the pages.

But even this piece of commercial propaganda written by a man with a vested interest in the industry can't help but state the obvious truth to just how shallow and superficial a woman must be to waste so much money on simple vanity...

One page has the young daughter questioning her mother as to why she needs plastic surgery...

> "Not just different, my dear -- prettier!" Mommy said. "But you're already the prettiest Mommy in the whole wide world"

From the mouth of babes...

Just how shallow, narcissistic and superficial must a woman be...when she has a husband who was presumably attracted enough to her to marry her and impregnate her in the first place? Wasnt' her nose pretty enough back then? But that doesn't matter...mommy needs to be prettier! Why? She is unable to find happiness in having an intact family and a disposable income obviously large enough to indulge her vanity in the first place? She's obviously pretty enough for her family -- that people whose opinion she is supposed to care about more than any other in the whole world.

Perhaps she's planning for the inevitable divorce and her ability to attract the next sucker...

Deadbeat Moms

Keoni Galt · 25 April 2008 · Archived copy · Original

[image]Picture courtesy of http://www.deadbeatmoms.info

"Deadbeat" Dads are the ultimate class of outcast pariah in todays society. Anything and everything done to them in the name of the children is justifiable...including the continued punishment and reduction of wage-slave status to men who were tricked into paternity, cuckolded by promiscuous whores, or had their families destroyed by conscienceless women that cheated or left their husbands because of their selfish devotion to their own emotional state.

The latest manifestation of the acceptable persecution of the "Deadbeat" Dad class of citizens is the recent commissioning of a pilot for a new "reality" show on Fox, "Bad Dads."

> National Child Support Center Director Jim Durham will play the impoverished-mom savior/deadbeat-dad cop figure, according to The Hollywood Reporter. He'll track down the support payment delinquents and ultimately face off with them while the cameras roll.
>
> The pilot will follow the story of a struggling mother and her high-rolling ex-husband, whom Durham finds and confronts at his country club, according to the Reporter.

Now I don't have a problem with a show like this if they only go after true deadbeat Dads...fathers that have contributed to the failure of their marriages, left their families, and are delinquent in paying their obligations despite having the means to do so.

But what I do have a problem with is the continuation of the stereotype of "Deadbeat" Dads and the way in which the system is set up to reduce men into criminal status, oftentimes through no fault of their own. Men who experience unemployment or changes in financial status and are unable to get their child support payments temporarily reduced are all lumped into the exact same category as the kind of guy the pilot for this new show are going after.

Worse yet, the term "Deadbeat Mom" rarely registers in the popular consciousness -- kind of like how the word misandry is still considered a non-word by Microsoft Office and Blogger.

Yet, when look at the statistical ratios, Deadbeat Moms far outweigh the ratios of Deadbeat Dads.

From Moms Can Be Deadbeats Too:

> Single dads are sick and tired of being labeled "deadbeats" when it comes to paying child support. And data suggest they have good reason to be upset.
>
> The percentage of "deadbeat" moms is actually higher than that of dads who won't pay, even though mothers are more consistently awarded custody of children by the courts.
>
> Census figures show only 57 percent of moms required to pay child support -- 385,000 women out of a total of 674,000 -- give up some or all of the money they owe. That leaves some 289,000 "deadbeat" mothers out there, a fact that has barely been reported in the media.

> That compares with 68 percent of dads who pay up, according to the figures.

Yet Deadbeat Dads are the ones who receive just about ALL of cultural attention whenever the issues of child support are discussed in the public sphere. When was the last time you ever even heard of the term Deadbeat Mom?

This really is just another manifestation of the cultural shibboleth promulgated by the feminist movement "Women good, Men Bad!"

Feminist Depopulation is not just for the West...

Keoni Galt · 6 May 2008 · Archived copy · Original

...Japan is on the verge of demographic collapse as well.

From Japan Steadily Becoming a Land of Few Children

> Japan celebrated a national holiday on Monday in honor of its children. But Children's Day might just as easily have been a national day of mourning.
> For this is the land of disappearing children and a slow-motion demographic catastrophe that is without precedent in the developed world.
>
> The number of children has declined for 27 consecutive years, a government report said over the weekend. Japan now has fewer children who are 14 or younger than at any time since 1908.
>
> The proportion of children in the population fell to an all-time low of 13.5 percent. That number has been falling for 34 straight years and is the lowest among 31 major countries, according to the report. In the United States, children account for about 20 percent of the population.

If you go on to read the entire article, you find not even an attempt to pinpoint the reasons behind the decline.

But it's pretty obvious to those of us that have unplugged from the Matriarchal world view...Japan has adopted the feminist de-population shibboleth wholesale. Women embrace careers instead of families, birth control, abortion and foregoing marriage.

Feminism is a death-cult, society killer. The results are obvious when one looks at the demographic trends of any modernized, industrialized country that has embraced feminism. How much longer will mainstream society ignore the obvious demographic decline that feminism has wrought?

Too many people are beholden to the lies and propaganda, and the truth will not be widely recognized until the socialist redistribution programs instituted in just about every first world country goes bankrupt as the next generation of replacement workers consist of a much smaller population size in comparison to the generations that are about to retire in the coming decades.

Feminism and Socialism are a two-pronged assault on Civilization, purposely designed and implemented to destroy the nuclear family, decimate the population and bankrupt the nation's treasury. As every day passes, it is becoming more and more obvious to me that we are headed to some very unpleasant times in the near future.

Are you prepared?

Feminism IS the Caustic Hatred of Patriarchal Society

Keoni Galt · 7 May 2008 · Archived copy · Original

In my last post about how feminism's depopulation agenda has affected Japan the same why in which it has affecte the Nations of what is considered "Western Civilization" , Mandy left a well thought out comment, but I must take issue with the following:

> An important difference is that Japan has not thrown away it's culture and tradition. There will still be recognizable Japanese(not simply by looks but by customs) people in future generations. I wouldn't be surprised if Japan can buck the trend and encourage more babies.The feminism in Japan is not as caustic and hateful as our American grown variety. It is more about getting women into the workplace (although it has had negative effects in personal relationships - not to the same extent.) Yes, Japan is socialist but they still manage to inspire great work from their citizens, maybe from cultural pride.

Adopting feminism, and encouraging women to enter the workforce and forgo marrying, having children and raising the next generation IS throwing away their culture and tradition.

The very foundation for any culture and society is the nuclear family.

You tinker with the foundation, and you will inevitably change the culture in innumerable ways! The cultural traditions of the traditional family in Japan was an absolute Patriarchy - the Father worked long, hard hours to support the wife and children, and the wife stayed home and kept the home.

Feminism, whether it is subtly engaged in Japanese culture or given over to full blown public rhetorical expression as it is in the West, is always caustic and hateful, because the end result is caustic to the traditional Patriarchal family unit that was the bedrock of the Japanese culture.

Have a look at the prevailing attitude of the average Japanese single female...

From Japanese Women Wary to Wed

> Ryuko Ishikawa, a family psychiatrist, believes 30-something women are not prepared to "repeat their mothers' mistakes" in settling for the role of housewife.

THE primary means of destroying the Patriarchal nuclear family unit is to subvert the feminine cultural mindset to demean the role of housewife. To reiterate the point, the typical Japanese women raised in todays culture does not want to "...repeat their mother's mistake of settling for the role of housewife."

What are all of the implications inherent in the proliferation of this base attitude? Women should not depend on men to provide, they need to enter the workforce and compete with men - and the only way to compete with a motivated, competitive man is to provide preferential treatment through laws to force employers to hire women, and for these women to avoid or delay marriage and child bearing...or if they don't, to dump off their children to

daycare so they can maintain their careers.

Perhaps misandry is not as ubiquitous in Japanese media culture, but in the end, the results are the same - indeed, in a homogeneous country like Japan, the feminist mindset has proliferated to the point where they have reached the depopulation point quicker than in the US!

Take another feminist meme that has infected the Japanese cultural mindset from the previously linked article:

> Ms Mizushima cited government research, from 1995, which suggested full-time working men spent 26 minutes each weekday on domestic chores, compared to 3 hours, 18 minutes by full-time working women. The data may now be outdated, but Ms Mizushima said the balance had not changed.

See, it's no less caustic or hateful to the institution of marriage in Japan as it is anywhere else...feminism sows the seeds of discord and contention in the basic relationship between husband and wife. Feminism has instilled the desire for Japanese women to overturn the traditional role of the female, and the predictable cultural chaos and inevitable demographic decline have occurred exactly as it has in the West.

Just as in the West, the Japanese male looks at the state of their society and wish they could find a "traditional" women to marry and find that the "New" Japanese woman is un-marriageable, because they value their careers more than the role of housewife and mother.

From Japanese Women are Increasingly Passing Up Marriage:

> Men are also delaying marriage these days, but often they cite economic reasons: trouble finding a job that gives them the stability they need for married life, or reluctance to assume the responsibilities of family.
>
> Many Japanese women, however, blame the typical male, who expects the wife to cheerfully surrender her job, or juggle a career with keeping house and raising the kids.
>
> "It's not that we're set on being single. We're thirsting for a good marriage, but we can't find the right guy," said Sakai, a single 38-year-old. "Men haven't changed their old mind-set. Women have grown too powerful for them."
>
> It's a dramatic reversal of the Japanese tradition that praises early marriage and criticizes women who delay marriage as unattractive and selfish.

Of course, one has to read the aforementioned and hyperlinked articles with an eye on the pro-feminist filter the writers bring to their reportage. Notice there is no mention of liberalized divorce laws...that all of the blame for the breakdown of the traditional relations between genders in Japan is given to the men.

Feminism has infected the mainstream female mindset of Japan just as badly as it has in the West. Men want the traditional roles, while the women want to have it all: the career, the kids and a husband that will assume 50% of domestic duties.

Whether it is in the West or in Japan, or anywhere else, this feminist meme that tells women they can and should "have it all" is the very root of destruction of the nuclear family and Patriarchal society.

Just because the Japanese do not have the spectacle of lesbian, man-hating college professors leading domestic violence protest marches, screaming anti-male epithets into bullhorns, basking in breathless mainstream media coverage, or do not have the same level of misandrist entertainment and commercial saturation as the West does, does not make the proliferation of the base tenet of radical feminism any less caustic or hateful to traditional culture and society.

The end results are exactly the same: men and women avoid marriage and the demographic decline that inevitably occurs.

Spreading Disconent in the Institution of Marriage

Keoni Galt · 9 May 2008 · Archived copy · Original

Salary.com once again releases it's annual propaganda designed to instill discontent and discord amongst married couples by imputing a ridiculous valuation of the tasks a housewife performs in running a household.

Study: Stay-at-Home Mom Worth Nearly $117,000 a Year

> If a stay-at-home mom could be compensated in dollars rather than personal satisfaction and unconditional love, she'd rake in a nifty sum of nearly $117,000 a year.
>
> That's according to a pre-Mother's Day study released Thursday by Salary.com, a Waltham, Mass.-based firm that studies workplace compensation.

This is the kind of garbage promoted by the mainstream media designed to influence married women to look at their familial arrangements and think they are getting the proverbial short end of the stick. Rather than look at the benefits she derives from working to raise her own children and create a home that supports a husband as a breadwinner (A HAPPY HOME! What is more important than that?!?!), she's supposed to look at her housework and child raising and think she's being oppressed, ripped-off and taken advantage of by her evil, Patriarchal husband.

See, the Matriarchy doesn't want intact, nuclear families. Much harder to control a populace made up of intact families with Men fulfilling the roles of bread winner and leader of their families.

Such agitprop was designed to push the buttons in married housewives to promote divorce, AND discourage single women from getting married in the first place - after all, why should young women put themselves in the position of "working for free" when they can just forgo marriage and child rearing, and "get paid what they are worth?"

Either way, the dual agendas of the depopulation agenda and the "make as many people dependent on Nanny State Government" agenda are both served by the perpetual proliferation of this kind of garbage.

Of course, as all propaganda, some real truths are cleverly interspersed so as to camouflage the true motivations. Consider the telling quote I put in bold from the excerpt I quoted: "...rather than personal satisfaction and unconditional love..."

As if mere money can replace those two things in any family!

Funny, but that IS EXACTLY the lie todays society is promulgating! Children don't need a loving Father to provide for, support, love and discipline them...only his indentured servitude and minimal (if even that) visitations are necessary.

The subversion of what was once a great country continues...

Another Sign of the Times in the Age of Matriarchy

Keoni Galt · 13 May 2008 · Archived copy · Original

[image]

> The Slump: It's a Guy Thing
>
> They eat from the same dishes and sleep in the same beds, but they seem to be operating in two different economies. From last November through this April, American women aged 20 and up gained nearly 300,000 jobs, according to the household survey of the Bureau of Labor Statistics (BLS). At the same time, American men lost nearly 700,000 jobs. You might even say American men are in recession, and American women are not.
>
> What's going on? Simply put, men have the misfortune of being concentrated in the two sectors that are doing the worst: manufacturing and construction. Women are concentrated in sectors that are still growing, such as education and health care.

As the blue collar sector declines, the pink collar sector ascends. While the writer of the article poses various hypothetical guesses as to why this is happening, those of us that have unplugged form the Feminist Matrix understand EXACTLY what is going on.

> The troubles for the American male worker, while exacerbated by the current slump, are hardly new. The manufacturing sector is in long-term decline, and construction goes through repeated booms and busts. Meanwhile women are graduating from college at higher rates than men.

Hmmmm...the ongoing, dialectical process of the feminization of higher education, the increased promulgation of the cultural zeitgeist that directs young women to focus on education and careers instead of forming families, and the normalization of misandry in the mainstream media has been going on for the past 30+ years.

The results of this social re-engineering are becoming more and more evident to those of us that recognize the truth. But the folks that remain oblivious cling to the delusion that we still live in a Patriarchal society oppressive to women.

> Another reason politicians aren't making hay of the plight of males is that they are well aware that women are in no mood for it. Working-class and lower-middle-class women in particular, whether or not their men have jobs, are feeling economically stressed, says Bill McInturff, a pollster for Senator John McCain. He adds, "In focus groups they talk about how 'I'm taking care of my parents, his parents, buying groceries, taking kids to the doctor.' These women are tired."

See, never mind that men struggle with job loss and making ends meet to support their families, it's all about how the women feel.

The Enemy is Always the State

Keoni Galt · 22 May 2008 · Archived copy · Original

From Llew Rockwell's "The Enemy is Always the State"

> Let me state this as plainly as possible. The enemy is the state. There are other enemies too, but none so fearsome, destructive, dangerous, or culturally and economically debilitating. No matter what other proximate enemy you can name — big business, unions, victim lobbies, foreign lobbies, medical cartels, religious groups, classes, city dwellers, farmers, left-wing professors, right-wing blue-collar workers, or even bankers and arms merchants — none are as horrible as the hydra known as the leviathan state. If you understand this point — and only this point — you can understand the core of libertarian strategy.

One thing is for certain - in American politics, the Democrat party, the liberal and so-called "progressive" movements are the home of the feminist movement. The conservative and Republican side is generally the home of the anti-feminist faction of America's body politic - but in the three-card monte game called the "Two Party System," the feminist agenda has continued it's long, hostile march through American society, leaving millions of lives damaged, destroyed and altered irrevocably, regardless of whichever party has had control. This is what's referred to as the dialectical process.

Whether the Republicans or the Democrats have controlled the Executive branch and the Legislative branches of government, the feminist, anti-family agenda has continued to proceed with it's implementation of reforming a country that what was once the land of the free and the home of the brave into the land of the Fee and the home of the Slave.

Remember this the next time you see a Republican politician standing in front of a crowd, or on your TV or broadcasting their voice over the radio, speaking of "family values" and "defending marriage."

While the Republican or so-called "compassionate" conservative talks about Homosexual marriage as a threat to the institution of marriage, we who have unplugged from the Matriarchy know damn well that gay marriage means NOTHING in the grand scheme of things. Two gays having a little formal ceremony and legal recognition like a heterosexual couple has, doesn't destroy marriage. Feminism's agenda of no-fault divorce; the extra-constitutional family court system; the peonage of husbands and fathers to ex-wives and their alienated children; the domestic violence industry racket; the anti-male, anti-father cultural zeitgeist and the subversion of higher education into centers of indoctrination by the feminists have done the job just fine in destroying the institution of marriage.

Yet you never hear NOT ONE SINGLE SO-CALLED CONSERVATIVE/REPUBLICAN EVER TALK ABOUT THE TRUE PROBLEMS THAT ARE DESTROYING THE INSTITUTION OF MARRIAGE.

Because the game Republicans versus Democrats is really just a diversion to keep the nation distracted and divided so that the real agenda can continue to be implemented - the abrogation of American national sovereignty and subsuming of the USA into a Socialist One-World Global Governance.

This is why in my opinion that it is the Libertarian political philosophy that is the ONLY one tenable to the MRA movement.

Because the only sure principle in American politics is that whether it's Democans or Republicrats who control the government, the real problem is the size, scope and power of the centralized Federal government.

It is through this empowerment of the institution of Government that the ruthless, family-destroying agenda of the feminists have been legislated, subsidized, promoted and disseminated. And voting for the Republicans is not going to change this one bit, as they've already proven by their "compassionate conservatism" (i.e. socialism) that they are just as committed to growing the size and scope of the government as the liberal socialist Democrats ever were.

Of course, there are always exceptions to every rule...and in this case, that would be Ron Paul.

Repeal the 19th Amendment

Keoni Galt · 29 May 2008 · Archived copy · Original

The only way in which the social engineers have corrupted our society at it's very foundation was through the agent of an expanded and empowered federal government. In short, the elite want control over humanity for their own benefit, but you cannot control a free people, so freedom must be done away with.

And the most effective way in doing so was to reverse the course of events that the Founding Fathers of America had set into motion - by destroying the building blocks of society, the nuclear family.

But the assault on the institution that resulted in the development of the greatest superpower nation the world has ever seen -- the nuclear family -- was one that has taken years to accomplish. Slowly but surely it has been achieved with incremental steps in a dialectical process that has fundamentally altered the entire dynamics of society and human being's interpersonal relationships.

The first step was to empower a centralized, Federal government. The original foundation of the nation was a loose affiliation of the States, each an autonomous entity held together by a document designed to limit the accumulation of power by a Federal entity. It would be exceedingly difficult to achieve the radical social engineering of the society we currently live under, in a country as set up and designed by the Founding Fathers.

So the first step was to empower the Federal Government...and the means of doing so was accomplished through Women's suffrage.

Is There Really a Bias Against Women in Politics? History Suggests Otherwise

> Academics have for some time pondered why the government started growing precisely when it did. The federal government, aside from periods of wartime, consumed about 2 to 3 percent of gross domestic product (GDP) up until World War I. That was the first war in which government spending didn't go all the way back down to its pre-war levels. Then in the 1920s, non-military federal spending began steadily climbing.
>
> President Franklin Delano Roosevelt's New Deal — often viewed as the genesis of big government — really just continued an earlier trend. What changed before Roosevelt came to power that explains the growth of government? The answer is women's suffrage.
>
> For decades, polls have shown that women as a group vote differently than men. Without the women's vote, Republicans would have swept every presidential race but one between 1968 and 2004.
>
> The gender gap exists on various issues. The major one is the issue of smaller government and lower taxes, which is a much higher priority for men than for women. This is seen in divergent attitudes held by men and women on many separate issues.

There you have it in a nutshell.

The power and ability to expand the size and scope of the Federal Government to effect the changes to society to corrupt the nuclear family and subvert the national identity was to give women the "freedom" to vote.

Except the first thing women collectively did was to vote to limit, reserve, restrict or outright eliminate individual freedoms, starting with alcohol consumption.

In all seriousness, the 19th amendment is a Pandora's box. Ron Paul has a more realistic chance to win the Presidency this Fall than there is any kind of hope that the 19th amendment would ever be repealed.

Too many generations of women have been indoctrinated into the idea that their "freedom" is defined by the right to vote for more government dependency, more misandrist gender advocacy, the institution of unconstitutional peonage and unmitigated support for the divorce and abortion industries.

It's going to take a society-wide, cataclysmic upheaval of apocalyptic proportions to reverse the trends that started with the advent of female suffrage.

Subvert the System

Keoni Galt · 2 June 2008 · Archived copy · Original

I check up on every single link on my blogroll, every single day that I log on to the internet and actually have the time to do the reading. If I miss a few days (and I never log in on the weekends), I eventually find the time to catch up on the readings I missed previously.

I've noticed more than a few bloggers have taken great pains to define themselves as of late. Some proudly proclaim they are NOT MRA. Others will say they are strictly MGTOW. And still others simply say that they are anti-feminist. Bloggers from whom I respect and read every entry they make all have differing perspectives...here are some examples:

From Pook's "Time to Move Beyond MGTOW:

> When food and poison compromise, which is the victor? It is the poison. Eating it may be sustaining... for the short term... but your body fills up with these poison toxins. You begin to lose your ambition, your passion, and generally become filled with bitterness.
>
> ---
>
> For as much as we mock feminists for being negative, for getting with women to talk bad about men, it is becoming more and more clear that MGTOW is becoming more like the mirror image. Behavior by behavior, a MGTOW male acts very similar to a feminist in lifestyle and habit. You begin to live alone, have meetings with guys to 'talk bad about women' (to ease existential pains), and write bad essays.
>
> I think it is becoming clear that marriage and children is a natural longing in not just women but men as well. Nature did not intend gender avoidance. I believe generally everyone is repelled by the negative pessimistic tone found on MGTOW. However, people return consistently for a dose of the poison to ease the existential pain (caused by the natural longing of wife and children which is found in every culture and time). Once convinced by the rantings that women are more painful than pleasurable, the male goes off semi-satisfied. But, alas, the natural longing creeps up again causing the male to return.

I think by and large, Pook is correct in this assessment of the MGTOW community. And, as I was already married, long before I ever even thought much about feminism, the Matriarchal subversion of society, divorce and all of the other topics for which we are all familiar with, it's not like I could embrace MGTOW as a personal philosophy in dealing with the current state of affairs.

But I understand it. I've seen the system wreak havoc and destroy the lives of men, women and children in my own personal family members, friends and acquaintances. It is because of witnessing these experiences first hand that I understand the MGTOW mentality, for it is a logical reaction to the injustices dealt out by our current system.

This is why I link to MGTOW supportive blogs. I may not believe in MGTOW (still married...ten year anniversary coming up this month), but the MGTOW blogosphere and messageboards do serve a valuable function in the MRA movement - they provide a cautionary tale to previously ignorant men about the reality of life in the Matriarchal-dominated Western Civilization.

Same goes for outright, blatant and often vulgar blogs dedicated to vehement misogyny - such as the Eternal Bachelor. I do not agree with everything Duncan writes. I personally do not choose to resort to the vulgarity in most of my own writings that guys like Duncan do, but, like MGTOW, I understand exactly where this anger and rage is coming from...and that it most certainly is justified. My only reservation is that the angry MRA/MGTOW should heed Pook's warning - subsuming yourself in hate will turn you into the mirror image of the feminists you oppose so vehemently.

Pook also discusses MRA in his latest post, More Reasons Why I Am Not MRA:

> There is nothing wrong with single issue advocates. The problem occurs when it starts to override everything else. Take the Elian Gonzalez scenario. MRAs, seeing only the boy returned to his father, begin immediately applauding. They cheer the Janet Reno who sent the troops to invade the house for the boy on one side while condemning Janet Reno for Waco. Never mind that children belong to the State, not fathers, in Cuba.

One of my posts when I first created this blog was based on the same observation Pook made, about having a single issue begin to override everything else. From Avoiding Ideological Monomania:

> We need to be aware of the dangers of falling into a monomaniacal mode of thinking, simply because monomania is a primary attribute of modern day feminists...i.e. they see everything and everyone and every action as yet another manifestation of "Patriarchal Oppression." We need to avoid such specious and flawed analytical predilections to avoid becoming like the feminist useful idiots that are quite adept at repeating the propaganda points they've been indoctrinated with, but simply CAN'T engage in a discussion with opposing viewpoints and disagreement.

I also happen to agree with Rex Patriarch on his thoughts on "MRA" and the most public MRA today:

> I'm going to revisit this topic again. For those of you who are just starting out as a MGTOW. I didn't say MRA. I'm not an MRA. I'm not marching around trying to get a corrupt government to change it's stripes or spots. Whatever it is. Even if it did change somehow I would still never trust it wouldn't change back again. Screws that. Let it burn to the ground. Die the death it deserves. Girly men like Glenn Sacks can whine all day long about how we need to do this or that. Dudes like him are already caught up in the system that will eventually destroy them. They are on death row. I'm not. You should not be either.

In my opinion, Glenn Sacks does good job of exposing the various issues of feminism and raises awareness on the important points in the public sphere on the injustices of the family courts, parental alienation, peonage via child support and alimony, and exposing and opposing the blatant misandry of the mainstream mass media.

But Glenn is clueless when it comes to politics and the system that has been the primary actor in creating the various facets of misandry and injustice that he works to oppose. He is a self-described liberal Democrat. I simply cannot fathom how the man can work so hard to expose injustice in the system and try to bring about changing it...yet still fail to make the connection between the liberal democrat advocacy and legislation of socialism as the

primary means to promote the feminist zeitgeist he is trying to fight at the same time.

In my point of view, I really don't care about labels...I only care about truth. And whatever form that it manifests itself, the truth itself is what is important. But that doesn't mean I am "MRA" in the sense of being a true "activist." I use the term "MRA" as a convenient label to encompass any action, thought, behavior or idea that counters the conventional, mainstream, feminist point of view.

And it is keeping this in mind why I have bothered to make this rather lengthy post as to why I have a blogroll that includes many folks for whom I may not agree in part with.

I'm not looking for ideological purity.

I simply seek to promote any thoughts and ideas that are currently subverting the system of Matriarchy and all of the misery it inflicts on humanity. MRA, MGTOW, vulgar misogyny...they all have their own place in exposing the truth and subverting the system that so many are still ignorant of, having been raised and indoctrinated in the Feminist-Matrix.

The more people become aware of the important issues in the MRA/MGTOW or whatever other label you want to call this...the more we work to subvert the system.

Flags of our Fathers

Keoni Galt · 13 June 2008 · Archived copy · Original

[image]As we all know, this Sunday, June 15th, is Father's Day.

What a lot of people don't know, is that Saturday, June 14th is Flag Day. Hell, I didn't even know about Flag Day until I read an article by Oliver North today.

Ironically, it's very apropos to the Father's Day present I gave to my Father today! My Grandfather, a WWII combat veteran that served in the Pacific theater as an infantryman BAR Gunner in Guadalcanal and the Phillipines, died this past April at the ripe old age of 90. I asked my father for his memorial service flag, and he gave it to me after the funereal service. I had it encased and an engraved plaque made, and I gave it to my father today as his Father's Day present, since I won't be able to see him on Sunday.

My Father was very moved by it.

Given the current liberal-socialist-feminist zeitgeist that promotes misandry, anti-Father meme's and hatred of one's own country and outright disrespect of the American Flag, I think it's rather fitting to honor both occasions.

Ollie North does both in fitting fashion in his Townhall.com article, Of Fathers & Flags

> Just about everyone in America knows that Sunday, June 15, is Father's Day. The day for dads has been celebrated on the third Sunday of June since 1966, when President Lyndon Johnson decreed it to be so. Those who make and sell power tools and greeting cards have been grateful ever since. Somehow, it just isn't the same for June 14, which is Flag Day and, by no coincidence, the U.S. Army's anniversary.
> Father's Day traditionally is memorialized with gifts, cards and calls for dear old dad. Flag Day is all but forgotten. But this year, with the holidays as close as they ever get, there is good reason to celebrate both. As you read this column, tens of thousands of American dads are wearing our country's flag on their shoulders, helmets or flak jackets while serving far from home under some of the most difficult and dangerous conditions imaginable.
>
> Scores of books have been written about the diminished respect accorded to American fathers in our culture. Dads are derided and denigrated in everything from cartoons to commercials. For decades, our entertainment industry and mainstream media have been depicting dads as everything from bumbling buffoons to pathological predators. The dads of "Little House on the Prairie" and "Bonanza" all have passed from the scene. And just like those iconic, heroic dads of yesteryear, waving the flag has gone out of style.
>
> Oh, sure, there was that brief flurry of flag-waving in the aftermath of 9/11. We still can find on the Internet images of soot-covered firemen hanging the Stars and Stripes at the shattered wreckage of the World Trade Center or on the fire-scorched west wall of the Pentagon. And some of us still can recall commuting to work beneath bridges and overpasses on which patriots had draped Old Glory in defiance toward those who brought terror to our shores. But like good fathers, that too has passed. We even have a candidate for president who is acclaimed for refusing to wear an American flag on his lapel.

Of course Obama refuses. He's a tool for the communist socialists that would abrogate American Sovereignty and move us ever closer to the one-world, socialist government all Liberal Democrats favor.

> It sometimes seems as though the only place where you can see our flag and a good strong dad together is on -- and in -- a uniform. Rest assured, neither will get the respect or admiration they deserve from Hollywood or the so-called mainstream media.

Hollywood and the so-called mainstream media are devoid of respect and honor. As MarkyMark recently posted, "I remember hearing on the MSM all this hand wringing about the loss of male viewers-OMG, where did they go?! Uh, Darlin', TV's a matriarchal cesspool, so we left-duh!"

Amen Mark.

Throw in the anti-family, anti-patriotism and anti-military bias they inundate their programming with and it's a wonder that any patriotic American male watches anything they have to offer anymore. Where it not for sports, the last bastion of true, competitive male expression, the only "men" that would watch the damn thing would be feminist mangina liberal douchebags.

Anyhow, I just want to add that the conclusion to Ollie's article is a fitting reminder that every American should think this weekend when we are supposed to be honoring both our Fathers and the Flag so many of them have fought, bled and died for.

> But in an age when our media disparages fatherhood in general and defames those who wear uniforms in particular, this would be a good weekend to go ahead and wave the flag and thank God for fathers who are willing to serve.

[image]
Amen Ollie!

Obama Chastises Black Fathers...No Mention of Black Mothers

Keoni Galt · 18 June 2008 · Archived copy · Original

[image]

On Father's Day, Barak Hussein Obama went to his local Black Church in Chicago Illinois and demonstrated his true, feminist-socialist-liberal-Democrat credentials as he continues his campaign to seize the throne of the United States of Matriarchal America.

Obama Calls Absent Black Fathers to Task

> Barack Obama celebrated Father's Day by calling on black fathers, who he said are "missing from too many lives and too many homes," to become active in raising their children.

This is how he "Celebrates?"

Imagine Obama standing at the pulpit of his local Church on Mother's Day, and saying "Black Single Mothers with multiple children from multiple partners have played a devastating role in creating the type of environment that breeds the next generation of criminals and poverty! By relying on the Welfare State and choosing irresponsibly in deciding the type of men to procreate with, responsible and supportive providers for Black Families are missing from too many lives and too many homes."

That would lead to quite the Mother's Day "Celebration," wouldn't it?

> Black fathers are "missing from too many lives and too many homes," Barack Obama said Sunday.

Absolutely true.

> "They have abandoned their responsibilities, acting like boys instead of men. And the foundations of our families are weaker because of it," the Democratic presidential candidate said Sunday at a largely black church in his hometown.

Abandoned...or kicked out?

More specifically, kicked out by the single mothers encouraged and subsidized by the socialist welfare State created specifically to reduce the role of Black Fatherhood to nothing more than Sperm Donor.

The statistical facts are indisputable...the "cycle of poverty" is really the "cycle of illegitimacy."

The very party that has just selected Obama to be it's titular head of their policies and platform, is the same Party that legislated the laws to construct the elaborate system that encourages and promotes the continued creation of the single mother homes and illegitimate offspring that have developed into an inter-generational community-wide pathology! The blatant irony of the situation is astonishing!

Obama would never dare to speak the truth...because he needs the support of the feminist-eugenicist-socialist leftist base constituency. He's learned his party's history well...as he did not want to follow in the footsteps of Senator Daniel Patrick Moynihan and President Lyndon Johnson, when they first tried to address the dissolution of the nuclear family in the Black Community, they were quickly brought to heel by the feminists and race huckster "civil rights" leaders.

From The Black Family: 40 Years of Lies

> Convinced that marriage was the main arena of male privilege, feminists projected onto the struggling single mother an image of the “strong black woman” who had always had to work and who was “superior in terms of [her] ability to function healthily in the world,” as Toni Morrison put it. The lucky black single mother could also enjoy more equal relationships with men than her miserably married white sisters.
>
> If black pride made it hard to grapple with the increasingly separate and unequal family, feminism made it impossible. Fretting about single-parent families was now not only racist but also sexist, an effort to deny women their independence, their sexuality, or both. As for the poverty of single mothers, that was simply more proof of patriarchal oppression. In 1978, University of Wisconsin researcher Diana Pearce introduced the useful term “feminization of poverty.” But for her and her many allies, the problem was not the crumbling of the nuclear family; it was the lack of government support for single women and the failure of business to pay women their due.

And this is the EXACT justification for enacting the legislation that has become the entrenched bureaucracy that has promoted and exacerbated the dissolution of the black nuclear family. One would hardly expect Obama to have the cojones to speak the truth given that he is now the head of the very party most responsible for creating those conditions in the first place.

Of course, the man that Obama is today, is largely the result of his own personal upbringing:

> Reminding the congregation of his firsthand experience growing up without a father, Obama said he was lucky to have loving grandparents who helped his mother. He got support, second chances and scholarships that helped him get an education. Obama's father left when he was 2.
>
> "A lot of children don't get those chances. There is no margin for error in their lives," said Obama, an Illinois senator.
>
> "I resolved many years ago that it was my obligation to break the cycle -- that if I could be anything in life, I would be a good father to my girls," added Obama, whose daughters, Sasha and Malia, and his wife, Michelle, watched from the audience.

Too bad, Mr. Obama, you simply CANNOT acknowledge the truth: that under our current system forged by the feminist/race-huckster lobby of the party that you lead, you can only be a good father to your little girls by the will and grace of your wife Michelle.

For if she chose to exercise the legal powers afforded her by the establishment constructed by your own Party over the last half-century, she could consciously and deliberately choose to exclude you from their lives, alienate them against you, and reduce you to nothing more than another statistic of a "Black Father" that "abandoned" his family.

Obama's Father abandoned him. That is unfortunate and tragic. But Mr. Obama should not be projecting his personal experience on to the Black Community as a whole, since the abandonment of Fatherhood began in the black community when the Black Mothers rejected the Patriarchal arrangement and turned to the socialist machinery of the State to become the provider for her family.

Political pundits look to the Father's Day speech as Obama's attempt to "move to the center" and "establish his pro-family credentials."

> The issue adds to his family values credentials and lets voters see him delivering a stern message to black voters.
>
> "We can't simply write these problems off to past injustices," Obama said Sunday. "Those injustices are real. There's a reason our families are in disrepair ... but we can't keep using that as an excuse."

Yes, there most certainly is a reason why the Black families are in disrepair, too bad you don't dare acknowledge the truth of that reason!

Obama is not trying to establish his "pro-family credentials;" he is establishing his pro-Feminist credentials and trying to woe back the feminist-fascist base of his party alienated by his intense campaign battles with Ms. Clinton. Why else would he be pandering to the feminist ego by blaming the entire pathology of the Black Community on men...on Father's Day no less?

The Great Depression

Keoni Galt · 25 June 2008 · Archived copy · Original

[image]No, the title for this post is not about the calamitous stock market crash and the plague of unemployment that marked the misery of the 1930's...but about a column published today by Conservative Radio Talk Show host, Dennis Prager, entitled "Why Are So Many Women Depressed?"

Prager makes some excellent points regarding the role in which feminist dogma plays in creating a culture that produces a record number of women who are reportedly "depressed." His article is spot on in it's assessment, but I do think he misses some other key contributing factors that are indirectly tied to the epidemic of female depression. Nevertheless, I believe his key point ties in directly to much of the criticisms made of feminism and it's nihilistic ideology.

> As every wise person and wise culture in history has known, it is impossible to attain any happiness without conquering one's nature. This is, of course, equally true for boys and girls, men and women. However, along with feminism arose a belief in the superiority of female nature. One result of this has been the suppressing of many male instincts -- both negative and positive -- along with little or no suppression of negative female instincts.

Prager's entire article is worth the read, but I would argue that THIS paragraph is the key to every other pathology, deviancy and social corruption we can attribute to feminism.

In just about every area of complaint one can make of the feminists and the feminist movement, it is quite obvious that the key here is accepting personal responsibility for ones thoughts and actions. One of the first areas of responsibility one should learn is to control ones natural urges and instincts. One must "oppress" our base human nature.

Feminism, as we know, seeks freedom from oppression...not just the oppression of "Patriarchy," but the oppression of facing the consequences for giving in to ones base instincts. Is this not the prime motivation for legalized abortion and no-fault divorce? So that a woman can engage in any base behavior she wants without suffering any consequences for it?

> Societies and parents always knew that it was imperative to teach boys to control two aspects of their male nature -- their sexual desires and their predilection for violence. So all of us decent men were taught from a young age to touch a woman sexually only with her permission and to channel our physical aggression into sports or into helping to fight evil by joining a police force, or the military, or by being prepared to physically defend innocents. Men who did not learn to control these aspects of male nature not only became bad men, they became unhappy men. Happiness is attainable only when we control our nature and not when our nature controls us.

Does this not speak directly to the problems of the inner city ghettos and the proliferation of single mother households thanks to socialist welfare programs and the divorce industry? The young males raised without Fathers are the very same men that fill our prisons and prey on society; they are the very boys that were denied the primary role models and parental guidance in instilling the lessons of channeling physical aggression into positive outlets.

> Societies and parents also always knew that it was imperative to teach girls to control their natures -- in particular their predilection to be ruled by their emotions. Women who allowed their emotions to rule them not only became destructive (to members of their families first and foremost), they became unhappy women.
>
> However, with the advent of contemporary feminism and other social trends that coincided with the rise of feminism -- among them the elevation of compassion over standards, the great emphasis placed on feelings, the rejection of patriarchy and the devaluation of traditional masculine virtues (like subdued emotional expression) -- female nature came to be seen as far less in need of discipline than male nature.
>
> So, while society continued to teach boys to control themselves, it stopped teaching girls to do so. Girls' emotions and feelings were inherently valuable. And denying this was attacked as sexist, if not misogynistic.
>
> Consequently, the women many of these girls grew into lacked the ability to control their natures, to control their emotions, or their moods, and therefore lacked the facility to engage in the self-control necessary for happiness and the avoidance of depression.

It's no coincidence that the cultural zeitgeist that emphasizes emotional state as a paramount consideration of "happiness" has accompanied by the rise of the "no-fault" divorce revolution. When one contemplates it, it's not hard to make a leap in logic that the divorce industry was built upon the encouragement of women to destroy their families because of their emotional state of being.

I believe Prager's next point is also a key component in the epidemic of depression:

> Another aspect of feminism that has probably contributed to many women's unhappiness was the rejection of femininity.

He lists several examples of the loss of femininity - like feminine dress, the spread of coarse language and the casual sex norms have all contributed to the stripping of value of the virtues of femininity by our feminist-warped culture.

But the best point Prager makes comes next, for it speaks directly to the prime directive of the feminist ideology - the promotion of disharmony between men and women and the dissolution of the nuclear family.

> Women are generally happier when they have a good man in their lives. And by "good man," I mean not only devoted and kind, but masculine as well. Yet the prevailing egalitarian doctrines have conspired not only to undermine femininity in women but masculinity in many men.

Nature did not intend for men and women to be competitors, but symmetrical components complimentary to each other, each bringing a different aspect to the table in creating and molding the next generation of offspring. Thus it is not a leap of logic to point out that Feminism is truly a crime against nature.

> And women without men are not, as the old feminist saying went, fish without bicycles.
>
> They are women without men.

When you hear a woman say she doesn't need a man, know that you are listening to the words of a liar, or a delusional person in denial of reality.

Prager concludes:

> ...many women, untrained in subduing darker aspects of their natures, deprived of the female joy of femininity and increasingly deprived of men (as opposed to boys), are feeling the brunt of these losses.
>
> They call it depression.

Excellent article...but I do believe there is another factor in the rise of depression, and it has to do with SAD - the Standard American Diet. Modern, processed garbage laden with poisonous compounds masquerading as "food" are now ubiquitous. If the human body does not have the proper nutrition, it cannot produce the right mixture of hormones, neurotransmitters and other chemical processes required to have a "normal" functioning human body.

This state of affairs no doubt contributes to an even greater fluctuation in emotional states in a female body that already experiences fluctuations even when eating an optimal diet. Couple that with the cultural conditioning that does not reinforce the need for women to learn to control their natures, and you have the current epidemic of female depression.

No wonder anti-depressants are far and away the best sellers of the pharmaceutical industry.

Connect the Dots

Keoni Galt · 11 July 2008 · Archived copy · Original

Fair warning - all of the subsequent links in this post link to sites, blog postings and pdf files of online books that are substantial and time consuming. I've read them all, most of them more than once. They are all worth the time and effort.

All through my twenties, I was self-identified, registered Conservative Republican; a Rush Limbaugh & Michael Savage listener; a FOXNews watcher, and an enthusiastic George W. Bush voter. I was a GOP kool-aid drinking Iraq war-monger.

I like to think that as I got older, I also got wiser...not just from experience, but through self-actualized education. The kind that most of the institutions in Western Civilization are incapable of providing, no matter how much money you waste on their tuition, or how much time you submerge yourself into their cesspools of indoctrination and mind control. (Full disclosure: I myself attended 13 years of public education, and 7 years in the State of Hawaii University System).

As I watched the disaster that has been the Bush Administration unfold, I became more and more Libertarian in my thought process.

There's an old saying that Libertarians are nothing more than Republicans that love to smoke pot and Democrats that love their guns.

This was the extent of my "libertarianism" for much of my adult life.

But the discovery of the MRA movement online, and the subsequent eye opening I experienced from reading blogs such as No Ma'am and Henry Makow's "Save the Males" as well as all of the other sites in my blog roll have given me mental clarity on the macro-view of how and why Western Civilization is in decay.

We are in the death throes of Western Civilization's run as the era of the age of reason, freedom and liberty. We are ever closer to the age of madness. The grand experiment begun by the Founding Fathers of the Free Republic once known as the US of A is almost over.

Social dysfunction is proliferating, and we in the West are inexorably moving towards a very real, one world, Democratic Socialist dystopia as predicted by such doomsayers like Orwell and Huxley.

While I am hesitant to say that I believe that Makow's in depth expose of the Illuminati is factual...I do believe that much of today's social pathologies are in fact the very real results of deliberate social engineering that have been enacted by a cabalistic conspiracy. Call them the Illuminati, call them the Globalist Socialist Marxist movement...hell, call 'em communists, I don't care; they are all names for what HAS to be a very real secret society of super-wealthy elitists that has in fact corrupted almost every facet of society to suit their own, nefarious agenda.

The strands of the web these evil bastards have strung are all encompassing and visible to anyone who cares to take a step back, look objectively and connect the dots.

DOT - Proliferate Useful Idiocy: Subvert the educational system to create a mass of sheeple, easily swayed by propaganda into willing dupes and cogs in the machine. See: The Deliberate Dumbing Down of America and The

Underground History of American Education. After 13 years of public school brainwashing, young minds are than ripe for indoctrination in the institutions of "higher education."

DOT - Depopulation: Corrupt the food and water supplies and propagate myths, misinformation and lies about proper human nutrition to promote degenerative diseases, early death and the creation of industries dedicated solely to profiting off of the death and misery. Promote birth control, abortion, and changing the social paradigm of marriage and family formation in young adulthood into an extended adolescence of partying, avoiding responsibility and engaging in promiscuity; all things that are now the primary features of young adulthood and the "college experience."

DOT - Destroy the Foundation of Society: Attack the institution of the traditional nuclear family, based on the construct of Patriarchy. Use the vehicle of "social justice" to promote Feminism to kick the Father out of the home and create single mother households dependent on the nanny-welfare state, easily manipulated and controlled. Promote social chaos by throwing an entire generation into social upheaval. Subvert the family through the creation of an unconstitutional Family Court system built with the sole purpose of offering incentives and subsidies for mothers and wives to become active participants in destroying their own families, enslaving men through peonage, psychologically scarring their own children and providing an endless grist of lucrative profits for the mill of the State and all of the various components of the Divorce Industry.

DOT - Subvert Freedom and Liberty and Promote Dependency: Convince the masses that the ideal governmental paradigm is Democracy. Relegate the carefully designed Representative Republic that the Founding Fathers created in founding the USofA to irrelevancy by fostering disrespect for the "Dead, Rich-White-Misogynistic-Slave Owning-Males.

Connect the dots and the picture emerges. Those who would be our overlords, the cabal of socialist democrat elitists, have attacked our Civilization and way of life on multiple fronts to reduce the most advanced and prosperous way of life ever developed in human history into a depopulated mass of Proletariat easily controlled and enslaved for their own personal wealth and power. It's all right there for you to see if you can face the ugly truth.

The problems cannot be solved by Government...because the Governments as it exists today in every single country of the "first world" IS the problem. They have ALL been infiltrated and subverted.

What we once had is lost, and there is no movement, or organization that can restore Western Civilization.

The only answer IS to spread awareness to those receptive to the truth...to raise consciousness wherever and whenever we can, and to go your own way: work towards creating a life based on independence and self-sufficiency. Prepare for the imminent breakdown of social order in Urban areas, because it is inevitable.

Liberation

Keoni Galt · 16 July 2008 · Archived copy · Original

Here's an article written for the liberal/leftist website, Alternet, entitled Sleeping Around Craigslist.

It is a collaborative effort written by two middle-aged women who celebrate their descent into sluthood.

This is EXACTLY what the feminist movement has worked so long and hard for, this Liberation.

The liberation of the female gender from the strict social mores that used societal shame as the primary mechanism to prevent promiscuity, broken marriages and the proliferation of bastardy.

The liberation from having to take full responsibility for making a choice in what was supposed to be your lifetime partner, and for striving in earnest to give it your best efforts to make sure the marriage you entered into, worked.

Celebrate women of the West...you are free to be as depraved, deviant and promiscuous as you want to be...these two craigslist tramps are the perfect embodiment of the paradigm your feminist forbears fought for! You are fully liberated from any shame, guilt, or responsibilities for your own behavior! You are fully liberated from having to fulfill the duties you supposedly agree to when you sign the marriage contract!

Your femi-nazi forbears fought long and hard to change the cultural zeitgeist, the legal environment and the mainstream consciousness to create the perfect condition for you to enjoy this liberation.

Never mind that your "liberation" comes with a price...a price that by and large men, children and all of society pays for; the divorced men who are reduced to indentured servitude via alimony and child support, and the children twisted, scarred and cast into dysfunction by the pathologies that inevitably arise from the proliferation of broken homes.

These children of today's broken homes are the inmates of tomorrows industrial-prison complex and the predators of tomorrows mean streets.

Has this price for "liberation" been worth it?

Confronting the Feminist Mindset

Keoni Galt · 24 July 2008 · Archived copy · Original

I read all sorts of blogs and websites regularly...one of which is Amy Alkon, the Advice Goddess. She often serves up humorous, sarcastic servings of "advice" to people that write to her requesting relationship advice.

Her latest advice column was interesting and funny...as usual. But while I was reading the blog commentary, I got inspired to log in and participate in the debate after reading the feminist-centric commentary from a few of the ladies. I used the screen name of "Dave from Hawaii" Not my real name, of course, but it is the nickname I went by when I lived in the Mainland back in '93, as too many people I met had trouble pronouncing and remembering my Hawaiian name.

It was almost fun debating these ladies. Note how they tried to use every technique in the feminist indoctrination playbook - the shaming language, ad hominem attacks and calling me a racist, a bigot, blah blah blah.

This was actually the first time I've ever gotten myself involved in an online debate regarding feminism and the various MRA topics we are all familiar with. But it was so easy to see right through all of the pathetic attempts employed by these ladies.

I felt like a gunslinger in a knife fight.

I might have to do this sort of thing a little more often....

20 Years of Rush on the Radio

Keoni Galt · 2 August 2008 · Archived copy · Original

Rush Limbaugh has just celebrated 20 years of broadcasting his right-wing, conservative talk show.

I haven't listened to the man behind the golden microphone at EIB headquarters in a long, long time. However, it is most certainly fitting to pay tribute to the man that gave us the gift of coining the term "FemiNazi" and his hilarious bumper music before giving his latest FemiNazi Updates:

{background music - some lesbo, Lilith Fair folk singer}
"Men...what are they good for..."

{The strident harangue from a femiNazi Rally on a microphone}
"We're Fierce! We're Feminine! And we're in your F-F-A-A-A-A-C-C-C-E-E-E-E!"

I used to chuckle every time he played that clip.

We also must give him credit for being the first major media figure to speak the truth about Feminist extremists:

“Feminism was established to allow unattractive women easier access to the mainstream.”

Of course, the most fitting tribute to celebrate 20 years of the Right Wing King of the AM Radiowaves was given by another famous anti-feminist, conservative pundit (who herself once stated that she would give up her right to vote to reverse Women's Suffrage because she recognizes the truth that her fellow female voters are responsible for the continued advancement of socialism and feminism in public policy and legislation,) Ann Coulter:

> The Other Inventor of Radio
> 08/01/2008
> The story of Rush Limbaugh reminds me of a movie you wouldn’t believe could ever happen in real life. Forging his own path against all odds and under constant attack, in the end, the hero triumphs!
>
> I knew about the prominent Limbaugh family before I ever heard of Rush. I clerked for a federal appeals court judge in Kansas City after law school, and every lawyer in the Midwest has heard of the Limbaughs–the Limbaugh judges, the Limbaugh lawyers, the Limbaugh courthouse.
>
> But Rush spurned the law, spurned college and went on radio. He wanted to be on radio, so that’s what he did. He was a conservative, so that’s what he was.
> As obvious as it seems now that Rush would be a huge success on radio, it was far from obvious for many years. He was fired repeatedly, until, eventually, his distinctive brand of conservative talk radio that no one believed would work, worked.
>
> When Rush came along, it’s not just that there was no conservative talk radio to speak of. AM radio was dying. And the idea of a national show three hours a day at a time of day when Republicans are at work must have seemed ludicrous to even his friends.
>
> But the moment Rush became a huge success, liberals said he was just in it for the money!

Yes, what surer path to fame and fortune than announcing that you are a conservative and taking on the entire mainstream media while being repeatedly fired?

Perhaps some of Rush's imitators are in it for the money, but when Rush was coming up, there was absolutely no reason to believe three hours of conservative talk radio was the path to big bucks. (Judging from Air America radio, liberals sure aren't going into talk radio for the money.)

This is why I have a rule: Never trust a conservative public figure who hasn't been fired, at least once, for being a conservative. Apparently, we can trust Rush!

By being the first and the most successful public conservative, Rush made it leagues easier for those of us who followed him. Among other things, he flushed out liberals and forced them to deploy all their idiotic talking points against him. By now, we've heard the same denunciations so often, we can lip-sync liberal attacks on us.

But when Rush started out doing conservative radio, there was no Fox News, there were no other national conservative talk-radio hosts, there was no Drudge Report. Rush just had to stand there taking bullets by himself.

And he had no shortage of critics, on the left and a few envious souls on the right. They've never changed, even as Rush became more and more popular and other conservatives followed Rush into various branches of the media and they too became more and more popular. Luckily, Rush's critics have tended to disappear when their newspapers fold or their columns get cancelled, but new ones always pop up spouting the same drivel.

Back in 1991, The Syracuse, (N.Y.) Post-Standard unleashed almost all of the standard liberal clichés against conservatives in a single editorial denouncing Rush. I have categorized them here:

1. **His shtick is getting tiresome.** "By next year at this time, we may be saying, 'Rush who?'"

(Actually, by that time the following year people were saying "They're paying Rush Limbaugh how much?" and asking ,"The Syracuse Post-what?")

2. **Thinking conservatives reject him.** "He bills himself as a conservative, although thinking conservatives, after an initial chuckle or two, should want to put as much distance between him and themselves as possible."

(That would explain the 22 million listeners every week, the top-selling newsletter, and the two No.1 bestselling books.)

3. **He makes personal attacks!** "His favorite technique for discrediting an idea with which he disagrees is to make petty personal attacks against the people who espouse that idea."

(Yes, who can forget Rush's bestselling Book "Al Franken Is A Big, Fat Idiot"? Wait –that wasn't his book? What liberals mean by a "personal attack" is any comment about a liberal.)

4. **He's mean.** "He is not a nice man, and he doesn't pretend to be. . . . And he's nasty."

(This would explain the legions of female callers who breathlessly call Rush every day, cooing, gushing, and all but proposing to him over the airwaves. Of course, if by "nice" liberals mean "someone who cares about what liberals think," then they're right: Rush is not nice, not nice at all. Neither am I!)

> 5. **He's a fraud who just does it for the money.** "Limbaugh admits he's in it for the money."
>
> (This is as opposed to newspaper editors and reporters who work pro bono.)
>
> 6. **He's not as good as [fill in the blank]** "Plainly, he's no Edward R. Murrow."
>
> (And yet, he's inexplicably more popular than Murrow was.)
>
> 7. **He's more like these other losers.** "Limbaugh reminds us of Morton Downey, Jr., the celebrated TV hatemonger of a few years ago."
>
> (Really? Okay, name one similarity. Besides the fact that Rush Limbaugh and Morton Downey, Jr. are both more popular than the Syracuse Post-Standard.)
>
> Even writing a cliché, The Syracuse Post-Mortem couldn't get it right. They missed liberals' famed "fact-checking" of conservatives and the deft counterargument: "he's stupid." So, I'll add two more from the standard attack on conservatives:
>
> 8. **He gets his facts wrong!** A 1994 article in Newsweek claimed to have found a study showing that "Limbaugh often disdains facts." Among the examples was this quote from Rush: When "the [black] illegitimacy rate is raised, the Rev. Jackson and other black leaders immediately change the subject."
>
> But according to Newsweek: "For years, Jesse Jackson and others have decried 'children having children.'"
>
> (Say, wasn't there a story recently about Jackson threatening to cut someone's "n--s off"? Oh yes, I remember now! That was what Jackson said he wanted to do to Obama for talking about the black illegitimacy rate.)
>
> 9 **He's stupid!** Or as Ken Bode put it in a 1993 New York Times article: "Mr. Limbaugh is not hobbled by intellectual consistency."
>
> (22 million listeners a week.)
>
> Attacks like these gave the rest of us something to aspire to! Conservatives, if you're not being called a mean-spirited has-been, who's in it for the money, engages in personal attacks, gets his facts wrong and plainly is "no Edward R. Murrow"–you 're not doing it right.
>
> Liberals have had nearly two decades to come up with some fresh libel of conservatives, but it's always the same thing. Thank you, Rush Limbaugh! This has been a big help.
>
> Like Jerry Seinfeld's mother, who can't understand why everyone doesn't love Jerry, my mother is constantly perplexed by any criticism of me. I always tell her: "Remember how much you love Rush Limbaugh, Mother, and think of all the terrible things they've said about him. Notice how no one ever criticizes Rich Lowry.
>
> This always works, but it makes me wonder: What did Rush tell his mother?

Mr. Limbaugh, for everything you've ever said to expose and ridicule the idiocy of feminism, socialism and collectivism...

...DITTOS!

Patriarchy Reasserted: Part I

Keoni Galt · 7 August 2008 · Archived copy · Original

I recieved an email today from Fidelbogen, The Counter-Feminist. He was informing me of a recent publication of an article by some femi-nazi, Women's Studies Lesbo-chick (degrading, misogynistic insults certainly intended...) from the University of Ontario Institute of Technology. It is based on the theory that the online existence of a Father's Rights movement is a backlash against feminism.

Her name is Molly Dragiewicz, and her paper, Patriarchy Reasserted: Father's Rights and Anti-VAWA Activism, actually references Fidelbogen's blog in her citations.

While you cannot see the entire PDF document online without becoming a paying subscription member of Sage Journals Online, I have obtained a copy for which I am now going to excerpt and "Fisk."

First, the abstract preview:

> The backlash against gender-sensitive responses to women's victimization, offending, and imprisonment is inseparable from contemporary reaction against feminism and other progressive movements. The backlash against the American Violence Against Women Act (VAWA) provides a prime example of this resistance.

Yes, the backlash against the VAWA does provide an example of resistance...but feminism is hardly progressive -- more like "regressive." As in, regressing back to the social order of Matriarchy and the wonderful results in which it entails.

> Despite widespread support for VAWA and other policies designed to address violence against women, some constituencies object to their existence. The author investigates fathers' rights rhetoric on VAWA as an example of anti-feminist backlash.

The basic contention is not that some constituencies object to the existence of policies designed to address violence against women...but rather the recognition that in the name of "addressing violence against women," the feminist-extremists have passed laws that are used to to disenfranchise men from their children, cause further social chaos by contributing significantly to the proliferation of broken homes and fomenting the criminalization of an entire class of men -- Fathers -- who are guilty of nothing more than having Wives that decide to use the legal powers afforded them via legislation such as VAWA to gain advantages in divorce proceedings and custody disputes.

The entire premise of this paper is plainly revealed by Dragiewicz's abstract, and it rests entirely on the following premises:

* That VAWA is designed to address violence against women (it's not);

* That Father's Right's groups are a fringe minority group, and that they represent a backlash to feminism -- not because VAWA has been used to unjustly strip Father's of their children and assets and further the institution of

peonage that has become the current child support system -- but because anyone opposed to it SUPPORTS VIOLENCE AGAINST WOMEN.

When I read this abstract at the beginning of the paper, I suspected that she was framing the debate into terms that define the backlash against feminism as nothing more than a bunch of men that want to oppress, dominate and violate women. Reading the rest of her paper confirmed what I ascertained from the very first: she had a pre-determined conclusion and the entire paper is nothing more than confirmation of her own bias.

In short, this paper is nothing more than an exercise in regurgitating Women's Studies propaganda in a pathetic attempt to sidestep and ignore the very real and legitimate reasons as to why anyone, male or female, would participate in a "backlash" against feminism and/or unjust and unconstitutional legislation like VAWA.

The following is her statement of purpose for the rest of the article:

> In this article, I investigate fathers' rights (FR) rhetoric on VAWA as an example of antifeminist backlash. First, I define key terms central to this discussion including sex, gender and patriarchy. Second, I describe the method I used in selecting my sample for analysis. Third I establish the theoretical bases for my analysis, including patriarchal peer support and backlash. Fourth, I present the key themes that I uncovered in FR resistance to VAWA, including calls for formal equality, calls for the reassertion of patriarchy, and objections to women's authority. Finally, I conclude with remarks about the importance of considering FR backlash and suggestions for additional research.

The rest of my forthcoming postings on this topic will be based on deconstructing her arguments as the pertain to each of her five objectives in this article.

To be continued...

Patriarchy Reasserted: Part II

Keoni Galt · 15 August 2008 · Archived copy · Original

> First, I define key terms central to this discussion including sex, gender and patriarchy.

In which her definitions are all biased towards the feminist-extremist view point...

> On Sex and Gender:
>
> The sex/gender distinction is conceptually important because it challenges the notion that hierarchical gender differences are determined by biological differences between women and men. If differences and hierarchical power relations between the sexes are primarily culturally constructed, they are changeable. If they are natural, on the other hand, it would be both impossible and morally wrong (unnatural) to change them.

Hierarchical power relations between the sexes are most definitely culturally constructed, and as the social engineers and feminist activists have already proven, they are most certainly changeable.

What this feminazi fails to realize is that the very reason why a culture such as that which evolved in what we now call "Western Civilization," was due in part to the hierarchical power relations that resulted in strong, Patriarchal-modeled nuclear families...and that changing that structure by changing the gender roles through subversion, propaganda and gender-biased laws have resulted in social chaos, the spread of broken homes and the proliferation of psychologically scarred children and the pathologies that are the hallmarks of a civilization in decline.

On Patriarchy:

> Familial patriarchy refers to forms of family structure where men are the head of the household.

So far, so good...

> Social patriarchy refers to a sex/gender system in which men dominate women and what is considered masculine is more highly valued than what is considered feminine.

Here's where she once again goes off into feminazi propaganda territory. In a Patriarchal society, that which is feminine is the most highly valued trait of all. It is the current feminist upheaval of traditional patriarchy that has degraded and demeaned all the defining characteristics of femininity; motherhood (the ultimate feminine trait) is cast as slavery, and being a housewife was compared to the lives of concentration camp inmates by the likes of such feminist luminaries as Betty Friedan.

> Patriarchy is a system of social stratification, which means that it uses a wide array of social control policies and practices to ratify male power and to keep girls and women subordinate to men.

Again, this is simply a matter of perspective. It is not about ratifying male power, but rather placing legal and social constraints on female sexual behavior...because the lack of constraints leads to all sorts of social and familial chaos - which is exactly what we are seeing today.

So, one can see that by first starting out with the feminist defined terms with regards to gender, sex and patriarchy, she has already started out with feminist extremist bias that will no doubt reinforce her conclusion that Father's Rights groups are really NOT based on correcting injustices in divorce, custody and family laws, but only that Father's Rights groups simply are neanderthal Patriarch's who simply want to dominate and oppress women for no other reason than being motivated by misogyny.

Social Engineering through the Dialectical Process

Keoni Galt · 18 August 2008 · Archived copy · Original

This post is a brief departure from my review and fisking of "Patriarchy Reasserted." I will be covering the rest of the paper the rest of this week, but I do want to point out that an anonymous commenter wrote on Part I:

> Here is the danger in this nonsense. Other 'researchers' will get on the band wagon, and they will quote her as an expert in their own papers.
> Then, more.
> And, each will also be quoted as an expert.
> Soon, there will be a mountain of so-called evidence, all showing that...

BINGO! That's EXACTLY how Informational Cascades are started and built up to create a false sense of crisis to implement another step in the dialectical process of re-engineering society.

And the re-engineering of society is EXACTLY what is going on.

When I first began to delve extensively into the history of the feminist movement and trying to ascertain it's true purpose, I came across several sources that analyze how the social engineers that sought to change society to suit their agenda and implement their machinations.

The primary means was using the dialectical process, first described by German political philosopher, Hegel. Hegel's writings served as one of the primary sources and influences on Engels and Marx as they developed their communist ideology.

The dialectical process can be illustrated by a simple equation: Thesis + Antithesis = Synthesis

Translated into layman's terms, the social engineers use a variety of means to build and/or support opposing movements with stated goals in opposition to each other to give the illusion of conflict when the synthesis or compromise is the actual desired result.

The desired result produces another problem in which their are once again a thesis and antithesis used to address the "new" problem until the next synthesis generates the next problem. Through this process, the Hegelian Dialectical process is able to slowly but inexorably change the fundamental nature of society, foment the gender wars and create the social havoc and dysfunction that characterize our modern age -- all with the ultimate goal of creating a one world, collectivist government of corporatist power brokers ruling the rest of us...the "Proletariat" as prophesied by Orwell.

Captain Zarmband's latest entry at his blog perfectly illustrates the dialectical process in action.

> The Labour government blames world economic factors for our country's woes and claims there's nothing they can do except weather the storm. This is complete tosh of course and much of the damage is a direct result of Labour's policies. When they first came to power their main agenda was to ensure that they did not again

> experience eighteen years in opposition. With this in mind, Labour indulged in a massive campaign of social engineering with the intention of making more Britons dependent on big government.
>
> They did this mainly in two ways;
>
> 1. By creating a government dependent underclass who rely on state benefits for their income. This group will always vote Labour because it's in their interests to vote for a government that increases state benefits. The main targeted group was and still is single mothers. Labour has done all it can to destroy the traditional family and encourage women to live on their own, dependent on social security. At the same time fathers are milked of cash by way of CSA payments and increased taxes. The result has been an explosion in the numbers of single mothers on benefit with all the attended social problems this causes.
>
> 2. The creation of huge amounts of government bureaucracy. This means that more people now work for the government than at any time in history. Indeed, more than half of Britons rely on the government for most of their income. I've said before that this is Marxism by the back door. Again, this means more Labour voters as people who work for the government tend to vote Labour, the very party that created their worthless jobs in the first place. Most of these jobs are unproductive and many involve countless numbers of camera watchers, litter monitors and people counting lamp posts.
>
> The result of all this is simple. More voters for Labour paid for by the taxpayer and by massive public borrowing - Britain has the highest public sector borrowing rate in the Western world. All this took place while the economy boomed which meant lots of tax revenue for the government. But instead of saving this bonanza of cash for a rainy day, Labour's spent the lot and more in the ways listed above and borrowed massively into the bargain. Unfortunately, the economy is now slipping into recession which means that the tax bonanza has stopped and the Treasury now has fewer tax pounds landing in its lap. Government spending on the other hand is increasing as more people sign on the dole and all those single mothers and government bureacrates still need paying. So it's a double whammy for the Treasury - more money going out and less tax money coming in.

See, The Labour party used the process to perfection (just as it has been used in the US and most other "first world" nations).

Thesis = Single Mothers Need Tax Payer Help to Raise Their Children.

Anti-thesis = The Father Should be the Main Supporter of his Offspring, not the Tax Payer.

Synthesis = Father's become wage slaves in the Tax Payer funded system or they become criminal "deadbeats."

See how that works?

And of course, the ultimate reality of this "synthesis?" All of the attendant pathologies and familial and social dysfunction that is the hallmark of the fatherless household lends itself to all sorts of new 'thesis' and 'anti-thesis.' It is the primary mechanism to such un-constitutional actions like the "war on drugs." And the "war on poverty." And a whole other host of ills that plague our modern world...many of which could be ameliorated if the role of the Father were restored to it's proper social and legal standing, and a universal code of conduct backed up by a strong social stigma of shame where re-instituted in mainstream consciousness. But that goes against the desire for the government to further it's own power and continue to breed dependence amongst the masses. Thus, the process continues to keep addressing the supposed "problems" manifest in each new synthesis, while the root causes are

ignored so that the end-goal moves ever closer to reality.

Once you understand exactly how the Hegelian Dialectical process has been and continues to be implemented, you will have your eyes opened to just how far the social engineers of the power elite have come in re-shaping society into their version of Utopia...which happens to be We the People's version of dystopia.

Needless to say, by observing just how far along society has been engineered by this process, I am not optimistic about Western Civilization's future.

Title IX Screwed the US in the Olympics

Keoni Galt · 27 August 2008 · Archived copy · Original

Luckily for us, the veteran anti-feminist pioneer, Phyllis Schlafly, is still writing a regular column focused on politics and regularly points out the results of feminist ideology enacted into law.

Her latest column sheds in important light onto the real-world consequences of the infamous Title IX ruling demanding equal ratios of gender in any college athletics program of any school that receives Federal funding.

According to Feminist proponents, the idea was to boost the offering of athletic opportunities for women....but in practical reality has resulted in drastically reducing opportunities for men.

Is this not the typical end result of just about every single piece of feminist-lobbied legislation?

Read 'em and weep...

> Title IX Tied Our Hands At the Olympics
>
> The Olympics demonstrated again what competition, hard work and determination can produce, as numerous world records were shattered. American swimmer Michael Phelps and gymnast Nastia Liukin gave us much to cheer.
>
> But U.S. athletes won in spite of Title IX regulations, which impose gender quotas on sports for institutions that receive any federal money. Title IX has crippled our national competitiveness.
>
> Title IX regulations have forced educational institutions to eliminate men's teams until the number of men and women on sports teams is the same ratio as the number of men and women enrolled in academic classes. In the numerous colleges that are now 60 percent female in academic enrollment, Title IX requires that men's teams be eliminated until only 40 percent of the athletes are men.
>
> Title IX quotas have caused the elimination of all but 19 men's college gymnastics teams. This deprives boys of the scholarship incentive to take up gymnastics as a sport in high school and takes away the competition needed to improve their skills in college.
>
> The effect of this injustice hit us hard in Beijing. The Chinese (who are not restricted by feminist nonsense) destroyed our men's gymnastics team and won seven out of eight gold medals, while our men's gymnastics team failed to win a single gold medal in eight events.
>
> Then there is men's freestyle wrestling, a sport that the United States had repeatedly dominated at the Olympics. Over the years, we had won a very high percentage of medals in wrestling.
>
> But Title IX's gender quotas have forced the elimination of 467 wrestling teams from our colleges. This has nothing to do with lack of funding, since wrestling is one of the most inexpensive of sports, it's due to feminist ideology that demands eliminating macho sports in order to meet the foolish Title IX quotas.
>
> The devastating outcome in the 2008 Olympics was predictable. America won only one medal, which was in

men's freestyle wrestling's lightest-weight class, and that was won by the son of illegal aliens who did not wrestle in college.

The Americans who won in Beijing typically did so in spite of Title IX. Michael Phelps, who won eight gold medals (about one-fourth of all U.S. gold medals), trained privately and didn't compete on a college team.

Many men's swimming teams have been eliminated due to Title IX quotas, and future American winners will likely avoid college. Why bother attending college if you can't play the sport you love?

Historically, the United States dominated diving competitions just like swimming, but because diving has a small team size, many of these programs have been eliminated in favor of large-squad-size sports such as rowing. American men and women divers were repeatedly eliminated from contention for medals.

Title IX's gender quotas end up hurting women as much as men because they distort the availability of women's teams in college. Small-squad sports like women's gymnastics and fencing have been eliminated in favor of large-squad sports that lack the same intense dedication and interest.

Nastia Liukin, our star gymnast who won five medals, was born in Russia and trained at her family's private gymnastics club. She attended Southern Methodist University in 2007, and SMU is bragging on its Website about her Olympic achievements.

But SMU dropped its small women's gymnastics team and instead has a large women's rowing team, and so had nothing to offer Liukin. SMU is 55 percent women and has publicly announced that it wants to be 55 percent in women's athletes.

A glance through other U.S. medal winners reveals a high percentage of athletes who did not benefit from any school athletic program. Several Americans, for example, won medals in shooting even though virtually all schools have banned rifle or shooting teams to appease the liberals.

Kristin Armstrong won a gold medal for America in cycling, but she went to high school in Japan, where her military family was living. Now 35 years old, she is another self-made female athlete who apparently did not benefit from Title IX.

The cost of quotas is more than our defeat by the Chinese at the Olympics and a loss in U.S. competitiveness. Prior to Title IX quotas, both our male and female athletes went on to become community leaders and model citizens who inspired and motivated the next generation.

It wasn't helpful when our last female Olympic swimming star, Amanda Beard, posed nude for Playboy and then bombed this time. Today's aspiring athletes lack the great role models of the past, and Title IX is not working.

The George W. Bush administration kept in force the ridiculous quotas originated by the radical feminists in the Jimmy Carter administration. We wonder whether the next administration will learn the lesson of the 2008 Olympics or remain intimidated by the anti-male feminists.

Does Palin for VP Mean I'm Voting for McCain?

Keoni Galt · 3 September 2008 · Archived copy · Original

[image]In a word...no.

Yes, Palin is certainly the best possible candidate McCain could have chosen to try and win back the conservative base that has been sorely disappointed in McCain winning the nomination.

Yes, she does appear to have some real credentials in terms of libertarian, small-government philosophy.

Yes, she is a staunch 2nd amendment supporter, and she is staunchly pro-life.

All things for which I approve of.

But that doesn't mean I'm gonna vote for the McCain/Palin ticket, because if there's one thing we can be certain of, it's this: no matter how conservative or libertarian Palin is in philosophy and governance style, she will STILL be forced to toe the McCain party line should they win the election...which would of course maintain the status quo of expanding of the Federal Government's size, scope and power.

Finally, whether this was a blatant pander to disenchanted Hillary supporters, or not, the following quote gives us insight into this ladies ideology when it comes to gender politics:

> "It was rightly noted in Denver this week that Hillary left 18 million cracks in the highest, hardest glass ceiling in America. But it turns out the women of America aren't finished yet, and we can shatter that glass ceiling once and for all!"

That line sounds like a feminist in conservative/libertarian clothing to me.

"None of the Above" still sounds like the best ticket in 2008 to me.

Re-Thinking My Last Post...

Keoni Galt · 4 September 2008 · Archived copy · Original

[image]

It's been quite the media frenzy today regarding Palin and her speech last night. It's been refreshing to check out all of the mainstream media sights and for ONCE not see wall-to-wall coverage of that half-white socialist from my home State being lauded as the next messiah to lead America to the promised land of HopeChange.

However, this piece has gotten me to reconsider my previous position of not voting for McCain/Palin for a bit.

> Palin: wrong woman, wrong message
> by Gloria Steinem
> Sarah Palin shares nothing but a chromosome with Hillary Clinton. She is Phyllis Schlafly, only younger.
>
> By Gloria Steinem
> September 4, 2008

I'm not going to copy/paste her article, afterall, this is the nitwit feminazi bitch that coined that abolutely idiotic, "Women need men like a fish needs a bicycle" phrase...

...but the fact that she is so opposed to Palin is endorsement enough as far as I'm concerned!

Nah. Still not voting for McCain...but will certainly enjoy it immensely should Obama lose to McCain and the feminists lose their freakin' minds that the biggest accomplishment by an American Woman was achieved by a person who does NOT live her life according to the tenet's that feminists proscribe!

We Are All Marxists Now

Keoni Galt · 6 September 2008 · Archived copy · Original

[image]

While googling and reading various articles linked to by all the blogs I frequent while surfing the 'net, I often come across interesting articles that I skim and bookmark for later reading.

Sometimes it can be months before I go back and look at it again.

Today, is one such day in which I decided to clean up my bookmarks...and I came across this article I had bookmarked quite a long time ago: Marxism, American Style.

Many MRA bloggers have pointed out the many links between Marxism, Communism and Feminism...and this article actually does not mention Feminism at all - but nevertheless, one needs to avoid being myopic and missing the forest for the trees by focusing only on Feminism when analyzing the current state of our culture and society.

I found this article truly disheartening as it attests to just how far along this once great country has been subverted towards our eventual future of lost sovereignty, and the coming New World Order the power elites have planned for us...

The article begins with a classic quote...one in which I would like for every talking head and pundit to repeat (of course I won't be holding my breath waiting for this...) whenever any politician speaks about "Democracy."

> “A democracy cannot exist as a permanent form of government. It can only exist until the voters discover that they can vote themselves largesse from the public treasury. From that moment on, the majority always votes for the candidates promising the most benefits from the public treasury with the result that a democracy always collapses over loose fiscal policy, followed always by a dictatorship. The average age of the world’s greatest civilizations has been 200 years.” – Alexander Fraser Tytler, Lord Woodhouselee

Remember that we could never have reached the point we are now had the Suffragette's campaigned for and eventually achieved "Universal Suffrage." That was the beginning of the end.

> American leaders claim to reject collectivist ideology, but our government has come more to resemble Marx’s grasping hand of the super-state than Adam Smith’s invisible hand of laissez-faire capitalism.
>
> Listed below are the ten points of Marx’s Communist Manifesto and examples of ways in which these principles are exercised through federal policy in contemporary America.

I've listed the following ten points, but leave out the explanations from the article...you can click and read the link yourself. However I would like to point out that all ten of these points have been at least partially implemented ((if not wholesale) to varying degrees in good ole U.S. of A.

> 1. Abolition of property in land and application of all rents of land to public purposes.
>
> 2. A heavy progressive or graduated income tax.
>
> 3. Abolition of all rights of inheritance.
>
> 4. Confiscation of the property of all emigrants and rebels.
>
> 5. Centralization of credit in the banks of the state, by means of a national bank with state capital and an exclusive monopoly.
>
> 6. Centralization of the means of communication and transport in the hands of the state.
>
> 7. Extension of factories and instruments of production owned by the state; the bringing into cultivation of waste lands, and the improvement of the soil generally in accordance with a common plan.
>
> 8. Equal obligation of all to work. Establishment of industrial armies, especially for agriculture.
>
> 9. Combination of agriculture with manufacturing industries; gradual abolition of all the distinction between town and country by a more equable distribution of the populace over the country.
>
> 10. Free education for all children in public schools. Abolition of children's factory labor in its present form. Combination of education with industrial production, etc.

We are all Marxists now.

NFL Sportswriter on Problems for Black QBs Raised Without Fathers

Keoni Galt · 11 September 2008 · Archived copy · Original

[image]Most people are aware of Bill Cosby's highly criticized call on black parents to raise their kids right, stress education and take responsibility for their own actions and failures. All the black "leaders" like Jesse Jackson, Al Sharpton et al -- the primary promoters of the "All Black's Are Victims of America's Racism" mentality -- piled on Cosby.

The point is that Bill Cosby did something almost no prominent Black celebrity of his stature has dared to do in public before...tell the TRUTH about the problems in the Black Community in America...and the truth is that the absence of Fathers in the Black Family raises boys with he inability to handle pressure, authority and are plagued with self-esteem issues.

A corollary to the ongoing issue of race and the State of the Black Community has been a long, ongoing debate amongst NFL players, coaches, managers, owners and fans...the Black QuarterBack - and whether or not racism is a key factor in the success or failure of Black QB's and whether or not racism plays a role in the number of Black QB's that currently have starting jobs in the NFL.

Rush Limbaugh caused a firestorm of media controversy a few years ago when he criticized the mainstream sports media for overrating Donovan McNabb because they were so desirous to see a Black QB succeed...he rightfully called them on their political correctness in overrating the success of the than struggling McNabb.

McNabb has since gone on to become a premiere franchise QB for the Eagles and a perennial Pro Bowler and continually leads the Eagles to playoff births consistently (when avoids the injury-bug, that is.)

While McNabb has virtually put such criticisms behind him through his continual improvement over the years since Rush called the media on their politically correct narrative...there have been a number of high profile Black QB's that have recently made negative headlines in the NFL recently: Michael Vick's extraordinary fall from grace over his dog fighting involvement, Daunte Culpepper's retirement announcement in which he hints that racism may be a reason why he hasn't gotten a chance to compete for a starting job, and the latest has been Tennesse Titan's QB, Vince Young and his struggles with learning a new offense and performance at the NFL level under the harsh scrutiny of the media and booing fans.

Enter FOX Sports columnist, Jason Whitlock...who makes a critical point regarding the whole issue of Black QB's, the NFL and "racism." In short, Jason, a Black Sportswriter, says the whole racism angle is bovine dung, the real problem is fatherless boys with no role

From Jason Whitlock's Sad To Say, But Young's Problems Were Predictable:

> Vince Young, like a lot of young African-American men, desperately needs to hear the truth from the people who love him. Too often we pave the road to failure for black boys by believing the cure for bigotry — and there is still plenty of bigotry in America — is the ability to recognize it in (and blame it for) everything. That cure has more negative side effects than most of the drugs trumpeted by the pharmaceutical companies in television commercials. That cure serves as a convenient crutch, and turns a talent such as Vince Young into a quitter the moment adversity strikes. That cure helped land Michael Vick in jail.
>
> Everyone told Vince Young and Michael Vick the NFL would be easy. They'd revolutionize the QB position

> with their legs, and they could pop bottles, roll with a posse and pretend to be Jay-Z in their spare time.
>
> It just doesn't work. Not for Young or Vick. Not for Matt Leinart. Not for anyone who wants to star at the position and avoid the boo-birds.
>
> No one revolutionizes the starting quarterback position. The position revolutionizes the person playing it. Just ask Donovan McNabb. He figured it out and changed his game. Over the objection of idiots, McNabb developed his skills as a pocket passer. He concentrated on becoming a student of the game. If he can stay healthy over the next three or four years, McNabb will surpass Warren Moon as the best black quarterback ever to play the game.
>
> Unfortunately, there are still people, especially black people, who don't appreciate McNabb. They think he let "us" down by de-emphasizing his athleticism, and they criticize him for being cozy with his organization the way Peyton Manning is with the Colts and Brady is with the Patriots.
>
> McNabb doesn't get to enjoy the luxury of being a company man the way other franchise QBs in their prime do.
>
> But McNabb has never threatened to quit or asked out of a game because the Philly fans were too rough. McNabb understands that in some instances the scrutiny of a black quarterback might be a tad more intense than that of a white one. He also understands that the best way to combat it isn't whining. It's performance. It's work ethic. It's professionalism.
>
> It's not a coincidence that McNabb comes from a supportive, two-parent household.
>
> I bring that up not to castigate Vince Young and his mother. I don't even know the story of Young's upbringing.
>
> I raise the issue to point out that in modern professional sports — with the astronomical players' salaries — ownership and management examine the upbringing of the athletes and factor that into their decision-making.
>
> Vick's failure, Young's potential failure and the guaranteed money they were given will make ownership more reluctant to anoint another kid from the 'hood a franchise quarterback straight out of college.
>
> It's not about color. It's about fitting the profile of someone who can handle all that goes along with being an NFL quarterback. If I'm an owner, I spend my quarterback dollars on young men who were raised by strong fathers. It wouldn't be an infallible system, but on average I bet I'd hit more winners than if I turned over the leadership of my team to a kid who isn't used to having a strong male authority figure.
>
> As black people, we need to ask ourselves whether we are doing a good job preparing our boys for positions of immense leadership, responsibility and scrutiny.
>
> You are going to get criticized playing quarterback. If your instinct is to dismiss the criticism as racist, maybe you shouldn't play the position. If you are surrounded by people who spend every waking minute telling you that you can do no wrong and that everyone who criticizes you is a bigot, then maybe you shouldn't play quarterback.
>
> The position requires thick skin and genuine self-confidence. If you need four or five male groupies with you at all times, a half million dollars of jewelry around your neck and wrists and a dozen tattoos to feel confident, then maybe you should play wide receiver or start rapping.

As Instapundit regularly exhorts his readers to do...read the whole thing.

The Opiate of the Masses

Keoni Galt · 25 September 2008 · Archived copy · Original

If religion is "The Opiate of the Masses" as Karl Marx called it, I say it's high time Western Civilization tie off and start shooting up a badly needed fix...

While I'm not an actively religious person (I spend my Sundays hunting, fishing, surfing or watching Football in the Fall), I was raised in a strict, Christian household.

I do not attend any organized church, and my participation in familial religious observances are all done simply to participate in the various social functions within my extended family -- rather than my own search for spiritual fulfillment through ritual enactments in an organized religious environment.

However, I still adhere to the basic tenets of Christian faith - i.e. the Golden Rule and the Ten Commandments, as the guiding principles for my own personal code of conduct. This is how I've lived my entire adult life - not always living up to those ideals, but always striving to do unto others as you would have them do unto you.

My discovery of the existence of the MRA/Father's Rights/MGTOW movement and it's expose on the reality of our Feminist-dominated, hedonistic and morally disgusting culture that has promoted the destruction of the nuclear family, has also inspired me to seriously contemplate the ideas of monotheistic religious tradition and it's place in our mass-media propagated and contorted culture.

And the conclusion I've come to is this: whether you're a Christian, a Jew or a Muslim (the non-terrorist sympathizing sort anyhow), the overriding principle of the three major monotheistic faith traditions are really based on the Patriarchal family unit as the basic structure in ordering society, and creating and maintaining "Civilization."

I believe an objective look at the rigid codes and mores to govern sexual behavior that are common amongst Christian doctrine are one of the most effective ways to promote societal harmony and create an optimal environment for children to thrive.

When out-of-wedlock children, adultery and divorce where stigmatized by the influence of religion on society, less people engaged in the risky sexual behavior in the first place, knowing that the consequences of their behavior could very well ruin their lives and standings within their own communities.

Feminism, socialism, secular humanism...they are all ideas based on selfish hedonism designed to make individuals slaves to their base instincts. If it feels good, do it.

Consider the Golden Rule, "Do unto others as you would have them do unto you."

Now consider the behavior as advocated by the feminist movement. Is it not apparent that feminism is the complete and utter rejection of this base Christian tenet?

Would not children of broken homes have it better if their mothers had followed that rule when it came to thinking of divorcing their husbands and chaining them into servitude with alimony and child support obligations while using false accusations of domestic violence and alienating her ex-husbands children from him to drive the Fathers from their lives?

Feminism preaches to women that her ultimate source of power is her sexuality, and that she should use it to "empower" herself and use it for her own selfish needs.

That sex is nothing more than a means of her own entertainment and selfish enjoyment of physical pleasure, and that no man can have any claim to her sexuality.

The monotheistic religious point of view considers the ultimate source of female power resides with her biologically designed ability to conceive, nourish and nurture new life within her body, and that this power should only be used in a responsible manner - by finding a mate that will take the power of procreation as seriously as she does and dedicate themselves to raising, caring and providing for their offspring. By following this model, all of society benefits.

Religious institutions also recognize just how powerful a motivating force that female sex appeal has on other males in society, and how it can be used to manipulate and destroy families and children's lives when women use their sexuality for their own selfish desires.

The core tenets of Christianity is without a doubt one of the strongest upholders of Patriarchal Family tradition in the world - but in the West, many of the churches of various denominations have buckled under the pressures of the modern, fallen world's acceptance of Feminist doctrine.

Secular/liberal/Democrat/feminists -- useful idiots for the communitarian conspiracy to rule the world -- always speak of religion as a force of great evil - a cause for bigotry and oppression of women and minorities, blah blah blah...

...you all know the standard memes and shibboleths often used against people and institutions that are religious.

Yet, take a good look at the world around us today. The vulgarity, the obscenity, the filth that is now considered mainstream and acceptable in society.

Look at how anyone that dares to call for a return to traditional moral values instilled by our religious institutions are ridiculed and derided as deluded fundamentalists that believe in fairy tales or are nothing more than perverted fascists bent on enforcing their religion onto everyone whether they like it or not.

Are we really better off as a so-called "civilization" now that the sexual "oppression" brought about by religious moral codes has been unleashed from those traditional constraints?

If religion, especially Christianity, is really nothing more than a bunch of fairy tales and myths perpetuated to instill restraint on our behavior; the motivation to resist our base instincts; the impetus to strengthen the bonds of marriage and the creation of nuclear families; and to continue to inspire us to voluntarily place the needs of our families and communities before our own; I say this: let us all accept the fairy tale not as literal truth, but as an allegorical truth...one that would benefit us all if we adhered to it whether it is literally true or not.

Because what we can see in recent history of societal chaos and the continuing decline of Western Civilization, the Opiate of the Marxist/Feminist movement is far more toxic to families than the Opiate of Christianity.

The Politics of Marriage

Keoni Galt · 2 October 2008 · Archived copy · Original

I'm constantly amused whenever I get into debates, disagreements and arguments with people both in real life and on the internet, when it comes to politics.

To whit, there is plenty I have in common with "both" sides of the debate - and more for which I disagree.

Republicans, Democrats, the Bush Administration, McCain-Palin, Obama-Biden...too many people simply cannot comprehend the truth of American politics in 2008.

And the truth is this: Democrats and Republicans are two sides of the same coin.

As I posted earlier about social engineering through the Dialectical Process, the so-called "two-party system" is the perfect means for which the power elite promote their agenda while the masses are distracted by the political theater of Democrat vs. Republican ~ Conservative vs. Liberal.

Case in point, the politics of marriage.

What is the primary problems facing the institution of marriage today?

Divorce, the welfare system and the family courts.

But what is all of the modern day political debate focused on?

Same sex marriage.

In this way, the truly devastating results of the decades-long war on marriage that has been carried out by BOTH REPUBLICANS AND DEMOCRATS continues ever forward, while both sides for which the majority of Americans identify with continue the meaningless and insignificant battle over the issue of "Same-Sex Marriage."

While Bush and the Republicans pander to the right wing, religious evangelical conservative base with their "defense of marriage" by proposing the constitutional amendment to define marriage as one man and one woman...

...the liberal Democrats pander to their left-wing, feminist, secular and sexually libertine base to "fight for equal rights" for an "oppressed minority."

While both sides fight over this "IMPORTANT DEBATE ON THE STATE OF MARRIAGE" the REAL agenda continues to move ever onward.

And what is that agenda?

* The continued dissolution of the Patriarchal Modeled Family.

* The continued creation of single mother households dependent on either welfare or a child support system that is based on the enslavement, emasculation and parental alienation of hundreds of thousands of Fathers.

* The continued codification of laws like VAWA and IMBRA that blatantly violate men's constitutional rights and furthers the proliferation of unilateral divorces.

And what ties all this together? The very real goal of the social engineers responsible for creating this state of affairs: to empower the Government's scope and reach into the most personal of all places - the family.

As Stephen Baskerville writes in his News with Views column, How to Turn a Free People Into Slaves:

> Divorce sends many harmful messages to children and future citizens: that we can break vows we make to God and others; that family members may be discarded at will. But among the most destructive are about the role of government: that government is their de facto parent that may exercise unlimited power (including remove and criminalize their real parent) merely by claiming to act for their greater good.

Take away dependence from a Father and transfer that onto the State...

Remember that it was one of the express goals of the Communist Manifesto to destroy the nuclear family.

So while Republicans and Democrats continue the charade of debating the "politics of marriage" in terms of Same Sex Marriage...the REAL THREAT TO MARRIAGE in the divorce industry designed for lawyers and government employees to profit from the demise of families continues to operate unabated, creating the next entire generation of children that readily accept the role of the government as the primary arbiter and control agent for every facet of their personal lives.

Finally, as we all know, many right-wing, conservative, religious folks that were contemplating staying home rather than vote for McCain, have all become energized and excited by his selection of Sarah Palin...

...folks, she is the PERFECT example of another "so-called" conservative "family values" Republican that actually has used the powers of the State and her position as Governor to commit the very same injustices perpetrated by unscrupulous divorcing wives and their lawyers in utilizing the legal system to destroy Fathers.

From Men's News Daily, 2008 Elections: Marriage-Absence, America's Most Urgent Problem, Goes Ignored:

> Unfortunately, Palin is not a pro-marriage social conservative. She is an alpha power-feminist who, in a divorce-related personal family vendetta, grossly abused her powers to influence a family law case and get her former brother-in-law fired from his job state trooper. We already have hundreds of alpha feminists tampering with marriage in Washington. We do not need one in the White House.
>
> Party loyalists pretend this is a minor issue – which it most certainly is not. Tampering with court proceedings, litigants, witnesses, and evidence is a felony in most states.
>
> Palin hired a private investigator to dig up dirt on her sister's ex-husband because they were involved in a bitter custody dispute. Family law cases are classically won by hurling child abuse allegations and damaging the husband economically so he cannot afford to pursue the case. The PI came up with numerous allegations, including a serious child abuse allegation that Wooten used a taser on his child.

> An internal police investigation found no wrongdoing on Wooten's part, so the police commissioner refused to fire him. Upon election as Governor, Palin then pressured her newly-appointed Public Safety Director Walter Monegan to fire Wooten. Monegan refused, so Palin fired him.
>
> The Chronology of the case suggests that Palin interfered heavily in the divorce case, injected very serious allegations against Wooten which were not found valid, with intent to influence the decision of the court.
>
> False child abuse and domestic violence allegations are ruining marriage in America. Wooten was never tried or found guilty of child abuse or domestic violence. He was fired on allegations of improprieties.
>
> Palin publicly pretends to be supportive of the father of her pregnant daughter, but quietly moved her daughter to another school to keep them apart. These are not behaviors consistent with one who believes in marriage or encouraging marital responsibility. Few teen girls get pregnant out of wedlock parents provide enough love, supervision, and guidance.
>
> Tampering with family law court proceedings goes on every day in courts across the land. Horrendous feminist abuses of marriage will end only by firmly demanding that our elected representatives do not do it themselves. We should only support candidates who openly support "Responsible Marriage" reforms of federal laws.

Is Palin REALLY the "pro-marriage" anti-feminist many conservatives HOPE she is?

Somehow, I doubt it.

VP Debates - Rooting for Palin!

Keoni Galt · 2 October 2008 · Archived copy · Original

[image]

I've now posted 3 or 4 blog entries critical of Sarah Palin and John McCain...as they are simply the Republican arm of the Big Government/Big Media/Power Elite complex.

But I must say...I'm hoping that Sarah Palin cleans Joe Biden's clock in tonights VP Debate.

As I wrote about in my last post, Palin and McCain are not REAL defenders of the institution of marriage ...we all know that Joe Biden and his VAWA and IMBRA sponsorship is one of the biggest mangina, feminazi douche bags in the entire US Government.

Nothing would make me happier than to see Sarah Palin make him squirm and squash this feminist lapdog underneath her Moose-hunting boots!

You go GIRL!

The True Third Rail of American Politics

Keoni Galt · 9 October 2008 · Archived copy · Original

Many pundits and political commentators have called Social(ist) Security the "Third Rail of American Politics." For those that do not know what that means, it's an analogy to the third or middle rail of a train/subway track that conducts the electricity that powers the rail cars. The voltage it conducts is lethal, therefore "Untouchable."

It was once the conventional wisdom that trying to privatize or eliminate the Social(ist) Security entitlement program was the death knell to any politician's career...although it is now common knowledge that the program is in dire demographic straights, and it is perhaps not quite the untouchable program as it once was in the American political scene.

No, the real third rail is what No-Nonsense Man, Mark Rudov refer's to as "Invented Women's Rights."

From his review of the VP Palin - Biden Debate last Friday:

> Among other accomplishments, Biden bragged to Palin that he had authored the Violence Against Women Act (VAWA). No response from Palin. No response from moderator Gwen Ifill. But, that's not surprising. Have you ever heard — just once — any law professor, politician, or talkshow host publicly challenge Joe Biden on this pernicious, misandrist, unlawful legislation-turned-industry? Never: invented rights for women are off the table.

This is EXACTLY how you know that RepuliCons and DemonRats are two sides of the same coin. As I wrote in my previous blog entry, The Politics of Marriage, some issues are NEVER discussed publicly in either RepubliCon or DemonRat forums.

While they argue ad naseum over issues like Same Sex Marriage (which affects what, 2% of the population?), the REAL problems with marriage - i.e. no-Fault Divorce, gender biased divorce courts, the unconstitutional actions of the family court system, the biased way in which child support and visitation violations are enforced all tells us just what is the true third rail of American politics.

No one dare touch the feminist entitlements that have become codified into American jurisprudence, which is why we owe an eternal debt of gratitude to the likes of Phyllis Schalfly for spearheading the effort to defeat the Equal Rights Amendment in the 70's...because, like VAWA, once an invented female right becomes law, it's nearly impossible to get it rescinded.

The Notable Quotables of Ron Paul

Keoni Galt · 11 October 2008 · Archived copy · Original

The following quotes were taken from various speeches **RINO Congressman Ron Paul has delivered on the floor of the House throughout his career:

On The Welfare State & Marriage:

> I certainly recognize how the welfare state has contributed to the decline of the institution of marriage. As an ob-gyn with over 30 years of private practice. I know better than most the importance of stable, two parent families to a healthy society. However, I am skeptical, to say the least, of claims that government education programs can fix the deep-rooted cultural problems responsible for the decline of the American family.

On the Welfare State and Dependency:

> Voluntary charities also promote self-reliance, but government welfare programs foster dependency. In fact, it is in the self-interest of the bureaucrats and politicians who control the welfare state to encourage dependency. After all, when a private organization moves a person off welfare, the organization has fulfilled its mission and proved its worth to donors. In contrast, when people leave government welfare programs, they have deprived federal bureaucrats of power and of a justification for a larger amount of taxpayer funding.

On Corruption in the Federal Government:

> The only effective way to address corruption is to change the system itself, by radically downsizing the power of the federal government in the first place. Take away the politicians' power and you take away the very currency of corruption.

On Abortion:

> Abortion on demand is no doubt the most serious sociopolitical problem of our age. The lack of respect for life that permits abortion significantly contributes to our violent culture and our careless attitude toward liberty. As an obstetrician, I know that partial birth abortion is never a necessary medical procedure. It is a gruesome, uncivilized solution to a social problem.

On Government "Solutions":

> Since the use of power to achieve political ends is accepted, pervasive, and ever expanding, popular support for various programs is achieved by creating fear. Sometimes the fear is concocted out of thin air, but usually it's created by wildly exaggerating a problem or incident that does not warrant the proposed government "solution." Often government caused the problem in the first place. The irony, of course, is that government action rarely solves any problem, but rather worsens existing problems or creates altogether new ones.

On the Proper Role of the U.S. Military:

> Defending the country against aggression is a very limited and proper function of government. Our military involvement in the world over the past 60 years has not met this test, and we're paying the price for it.

On Judicial Activism:

> For judges who see themselves as social activists, their vision of justice is more important than the letter of the law they are sworn to interpret and uphold. With the federal judiciary focused more on promoting a social agenda than on upholding the rule of law, Americans find themselves increasingly governed by judges they did not elect and cannot remove from office.

On "Tax Cuts for the Rich":

> ...all we hear is that tax cuts for the rich are the source of every economic ill in the country. Anyone truly concerned about the middle class suffering from falling real wages, under-employment, a rising cost of living, and a decreasing standard of living should pay a lot more attention to monetary policy. Federal spending, deficits, and Federal Reserve mischief hurt the poor while transferring wealth to the already rich. This is the real problem, and raising taxes on those who produce wealth will only make conditions worse.

On The "FED":

> The Fed is solely responsible for inflation by creating money out of thin air. It does so either to monetize federal debt, or in the process of economic planning through interest rate manipulation. This Fed intervention in our economy, though rarely even acknowledged by Congress, is more destructive than Members can imagine.
>
> Not only is the Fed directly responsible for inflation and economic downturns, it causes artificially low interest rates that serve the interests of big borrowers, speculators, and banks. This unfairly steals income from frugal retirees who chose to save and place their funds in interest bearing instruments like CDs.
>
> The Fed's great power over the money supply, interest rates, the business cycle, unemployment, and inflation is

> wielded with essentially no Congressional oversight or understanding. The process of inflating our currency to pay for government debt indeed imposes a tax without legislative authority.

On Government Spending:

> The moral of the story is that spending is always a tax. The inflation tax, though hidden, only makes things worse. Taxing, borrowing, and inflating to satisfy wealth transfers from the middle class to the rich in an effort to pay for profligate government spending, can never make a nation wealthier. But it certainly can make it poorer.

On Democracy versus A Representative Republic:

> These strongly held views regarding the evils of democracy and the benefits of a Constitutional Republic were shared by all the Founders. For them, a democracy meant centralized power, controlled by majority opinion, which was up for grabs and therefore completely arbitrary.
>
> In contrast, a Republic was decentralized and representative in nature, with the government's purpose strictly limited by the Constitution to the protection of liberty and private property ownership. They believed the majority should never be able to undermine this principle and that the government must be tightly held in check by constitutional restraints. The difference between a democracy and a republic was simple. Would we live under the age-old concept of the rule of man or the enlightened rule of law?

After reading all these quotes, it's quite obvious to see why he never stood a chance to win the nomination for President.

He knows EXACTLY what is going on with the social engineering, power elite that truly run the country.

The fact that there is but ONE LONE VOICE in Congress, willing to speak these truths, and the fact that the mainstream conventional wisdom ESPECIALLY from so-called "conservative" Republicans that Ron Paul is a "crackpot" or "loony" does not bode well for the future of our country or Western Civilization.

**I call Ron Paul a RINO, or "Republican In Name Only," because we all know Ron Paul is NOT the party-line, "compassionate conservative," neo-con Republican typical of today's GOP. In fact, he's the only true Conservative/Classic Liberal elected to national office in the "Grand" Old Party today.

Divorcing a Material Girl in a Material World...

Keoni Galt · 16 October 2008 · Archived copy · Original

[image]Madonna and her husband of 7 and 1/2 years are reportedly going to divorce after Madonna finishes her latest tour.

There is reportedly no pre-nuptial agreement, and Madonna is certainly the far richer partner in their marriage...to the tune of 300 million pounds.

I believe they are both British citizens (Maddonna has a dual citizenship, if I recall correctly)...and they were both married in the U.K., so we now will see just how gender biased the U.K. divorce courts really are.

It will be highly interesting to see the alimony and child custody rulings...especially if you compare how this one turns out versus how the last U.K. high profile, rich pop-music star divorce of Paul McCartney and Heather Mills turned out.

As for this picture of Madonna as a hitchhiking exhibitionist...it's merely a bit of tasteless reminiscing on my part, as I remember seeing this photo of her when I was a teenager, when she was in her physical prime. All my guy friends and I thought she was one of the hottest stars at that time.

Compare and contrast to her recent photos in which she looks like an emaciated zombie assembled by the finest plastic surgeons money can buy....I think it serves as the perfect example of how aging females in this age of Matriarchal narcissism believe that they can always maintain their sexual appeal indefinitely if they have the money to pay for plastic surgery.

[image]

Guy Ritchie is definitely cashing out according to the custom and traditions of modern day British divorce culture at the right time. In 5 more years, she is going to be looking pretty hideous. Being in great physical shape and having the best surgeons money can buy still cannot hide the fact that female beauty is intrinsically tied to fertility...and at 50, her days as a sex idol are over.

However, I hope Madonna actually wins her divorce case and gets sole custody of the kids, and forces Guy Ritchie to pay her alimony.

Than this high profile divorce will demonstrate just how gender biased the whole divorce industry really is.

Having Guy "win" in the same fashion as Heather Mills will only lend an aura of credibility to the current injustices of the present day system.

Divorcing a Material Girl in a Material World...Part 2

Keoni Galt · 17 October 2008 · Archived copy · Original

[image]According to the latest on the material whore's pending divorce to Guy Ritchie, their marriage began to fall apart after a horse riding accident Madonna suffered back in 2005.

According to the Sun:

“If you can pinpoint an exact event or incident which spelled the death knell for them as a couple, Madonna’s horse-riding accident was it. Every other row the couple had following that boiled down to what happened that summer.”

The family friend said: “Madonna was in a huge amount of pain and expected Guy to drop everything to be at her bedside. In her mind that is what every husband should do to support his wife when she has been through a traumatic, possibly life-threatening, experience. But Guy approached the whole thing in what she now calls, ‘A very British way’."

...Pals say Madge .... now blames her man’s “no-nonsense” approach to their marriage on his British public school upbringing.

She says he was “typical of emotionally-stunted British men” and refuses to ever date another Brit.

Hah, I was right! As I said in the comments on the last post, Madonna is divorcing her husband and kicking their children's father out of their lives, because in her mind, he failed to emote enough like one of her gay dancer pals!

"Bi-Partisanship" Means Only One Thing

Keoni Galt · 17 October 2008 · Archived copy · Original

[image]

As one who has done extensive reading about the current sham of our political system here in the US, I am thoroughly convinced that the true agenda of the folks behind the social engineering that have infected society with such atrocities as the feminist assault on the nuclear family, a Federalized public school system designed to deliberately dumb down the masses, and the continued loss of our liberty and rights in the name of "security," is to keep the masses distracted with the "Right vs. Left" political theater while the true agenda of a one-world, socialist government continues it's long march towards global domination.

While many conservatives have been excited about the Sarah Palin nomination, I believe she is either being duped into thinking she can effect conservative changes in the government should she succeed...or she's just like McCain and Obama, and is nothing more than a pawn, bought, sold and controlled by the true powers that be.

In either case, the proof is in the pudding. Look no further than the latest call for "Bi-partisanship" by Obama and McCain...

> "Now is a time to come together - Democrats and Republicans - in a spirit of cooperation for the sake of the American people," Democratic nominee Barack Obama and Republican nominee John McCain said. "The plan that has been submitted to Congress by the Bush administration is flawed, but the effort to protect the American economy must not fail."

If Palin were a true "conservative republican" how could she continue to run as McCain's partner in this blatant socialization of the financial markets? On principle, she should resign in the face of this blatant push for a government takeover of a private market.

If Obama were a true "working-class democrat" how could he be for giving millions of tax payers dollars to the filthy rich, corrupt corporations?

Answer: because right/left, democan and republicrat are really two sides to the same thing.

Glenn Sacks also recently wrote a blog post that demonstrates exactly what I'm saying:

No Friend to Fathers Among the Presidential & Vice-Presidential Candidates

> All four of the candidates for president and vice-president this year have displayed hostility to fathers in one way or another.

That's because both parties will talk about marriage and family values, yet the true issues that are detrimental to the state of marriage and family values is the divorce industry and misandrist legislation like VAWA. Instead, We the

Sheeple are deliberately brainwashed and distracted into arguing about Same Sex Marriage and other garbage that truly only effects a very small percentage of a very small special interest group, while the true agenda of destroying nuclear families and enriching the divorce industry, and replacing Fathers with an extensive welfare state and child support peonage system continues to be the huge elephant in the room nobody ever talks about in mainstream political discussions and media coverage.

Whenever I hear the term "bi-paritsan," I remember what Thomas Sowell once wrote years ago in one of his columns (I'm paraphrasing from memory):

"Whenever I hear the term 'bi-partisan' the only thing I think of is BOHICA: Bend Over, Here It Comes Again."

Jennifer Aniston: Another Feminist Poster-Girl

Keoni Galt · 22 October 2008 · Archived copy · Original

[image]I must admit it...I often visit this website called: The Superficial - Because You're Ugly to indulge in a bit of celeb-u-tard schaudenfraude.

This latest bit comes from the recent announcement that the former Mrs. Brad Pitt, "Friends" sitcom star Jennifer Aniston, has re-united with a former boyfriend, John Mayer...but under the condition that they get married and start popping out children.

This is hilarious.

For those that don't keep up with the ongoing lives of Hollywood Babylon, this is the basic timeline on the drama of Ms. Aniston's life. (oh and by the way, this is based PURELY on my recollections of the story coming from the tabloid headlines I read every time I'm in line at the grocery store, as well as the occasional tidbits from the Superficial - lest any of you think I would actually make a concerted effort to follow the lives of celebrities like a typical American female...).

- In the early 90's, Jennifer Aniston and Brad Pitt were married for 5 years and were Hollywood's most attractive couple. Millions of American females envy Jennifer, as Pitt was widely considered the most attractive man in America for a number of years.

- Brad wanted to start having children, but Jennifer was in the midst of climbing her career ladder, as her sitcom show "Friends" was becoming a huge ratings success. Her and all her co-stars had re-negotiated their contracts making them all very well paid millionaires. Jen did not want to have children because it would inhibit her career track.

- Brad Pitt leaves her for Angelina Jolie. They subsequently start having children in addition to adopting orphaned third world kids from all over the world, creating a pretty big family...especially for modern Hollywood standards.

- Jennifer suffers emotional breakdowns and issues public denials and regrets about Brad leaving her for a younger, hotter, more fertile woman...saying she always wanted to have kids with him, etc.

- Jennifer goes through a string of high profile romances with various celebrities, including the aforementioned John Mayer.

- After a number of flings, and now reaching the age of 39...NOW she's ready to settle down and 'start' a family. John Mayer expresses interest in re-uniting with her, but she will only do so under the conditions that they get married and start having kids.

Can you say BABY RABIES?

It's a good thing she's wealthy TV and movie star, because fertility clinic treatments are quite expensive...

At least she's being honest...

Keoni Galt · 25 October 2008 · Archived copy · Original

[image]
However, to be 100% straightforward, she should also include the phrase...

"...and 18 years of child support, garnished from your paycheck to finance my lifestyle!"

Hat tip: The Elusive Wapiti

Women's Watch Inc., Director is SHOCKED at sexism in US Politics

Keoni Galt · 27 October 2008 · Archived copy · Original

[image]As ye sow, so shall ye reap, oh foolish feminists.

Helen McCaffery, the Director for Woman's Watch Inc., a Women's Advocacy Group, has written an article for the Philadelphia Inquirer in which she further promotes the mindless tropes of propaganda that are part and parcel to the shibboleth's of feminism.

The irony of her blind naivete is rather delicious...

From Palin Deserves Our Respect

> I cannot predict who will win the presidential campaign, but I already know who will lose big: all women.

Of course, because in identity/gender politics, there is always a need to identify the victim class, so that they can be held up in the highest esteem. Truth doesn't matter, as we all know that in fact regardless of who will win the presidential campaign, the misandry of our family courts, divorce and child support system and the continuation of "affirmative action" policies that legislate preferential treatment for women will remain in full force...so of course, all women will lose big, dontchya know?

> I realized this when I saw a 20-something male student who attends a class in the community college where I teach, wearing a T-shirt that read, "Sarah Palin is a C-." He wore it in public, in broad daylight, and without shame or even consciousness of what he was doing.
>
> I took the time to advise him of the "error of his ways" and informed him of the consequences if he wore it to my class.

Shame? Consciousness of degrading a woman based on her physical appearance? Typical of the clueless feminist, who cannot even begin to understand that it was her precious movement's work to "free" women from the stigma of unregulated sexual behavior -- i.e "Patriarchal Oppression" that has resulted in our current society for which women are objectified and reduced to nothing more than the value of their physical appearance!

Also note her authoritarian prederliction to censor the misguided man's right to free speech, because it ran up agaisnt her own politicially correct sensibilities.

> This encounter shook me right down to my socks.

So typical of a feminist, over-dramatizing and emoting in the extreme over such an inconsequential issue such as the subject matter of a T-Shirt a student is wearing.

> Most of my adult life has been spent working for civil rights for all Americans, as a lawyer defending constitutional rights and now as a college teacher and director of a nonprofit advocating for the rights of women.

As a lawyer defending constitutional rights, shouldn't you be aware that we are all supposedly equal under the law regardless of gender? I guess it really is a stretch to expect feminists to possess even a miniscule iota of intellectual honesty.

> It was the encounter with the young man that woke me up, but there were signs all along the campaign trail. First, with the candidacy of Sen. Hillary Clinton, who won 18 million popular votes from the people of the United States and was ridiculed, marginalized, and put in her place when she wasn't even offered the vice presidency slot.

Oh I see. Hillary was entitled to the VP slot, because of the 18 million popular votes...but because Barak Hussein Obama didn't offer it to her, it was a blow to the entire female gender! Women were ridiculed, marginalized and put in their place!

It's a good thing all you perfect little feminists are such useful idiots for the Democrat party...because they can screw you right in front of your faces and still count on knowing that come election day, you will all pull the appropriate lever and vote for the Donkey candidates, no matter how much they ridicule, marginalize and put you dumb feminists in your place!

> But the really big attack on women occurred when John McCain selected only the second woman in history to be on a major-party ticket.
>
> ...
> I thought Americans would be proud of her nomination, whether we agreed or disagreed with her on the issues. Was I in for a shock.
>
> The sexism that I believed had been eradicated was lurking, like some creature from the black lagoon, just below the surface. Suddenly it erupted and in some unexpected places.

Only to a deluded, feminist useful idiot like yourself could have been surprised by the so-called "unexpected places" for which this sexism erupted.

> Instead of engaging Palin on the issues, critics attacked attributes that are specifically female. It is Hillary's pantsuit drama to the power of 10. Palin's hair, her voice, her motherhood, and her personal hygiene were substituted for substance. That's when it was nice.
>
> The hatred escalated to performers advocating Palin be "gang raped," to suggestions that her husband had had sex with their young daughters, and reports that her Down syndrome child really was that of her teenage daughter. One columnist even called for her to submit to DNA testing to prove her virtue. Smells a little like Salem to me. I was present at an Obama rally at which the mention of Palin's name drew shouts of "stone her."
>
> "Stone her"? How biblical.

Notice she fails to even coming close to mentioning the source of these sexist and misogynistic attacks. It's the VERY leftist-liberal-progressive-Democrat contingent that is supposedly the champions of her precious feminist movement!

Didn't you idiots learn NOTHING from the Bill Clinton/Monica Lewinsky affair? That as long as a liberal democrat votes for the right party and supports the appropriate feminist policies of unrestricted infanticide, they can get away with any kind of racist, sexist, bigoted behavior...especially if the target for such attacks is a right-winger-fundie-Republican-conservative?

Don't you know...the end justifies the means...

....sometimes you have to break a few eggs to make an omelette?

Ahhh...feminist useful idiocy is so entertaining to behold.

> All this is at a time when women are regularly being raped as they try to cross the border into the United States; bloody, broken women haunt the emergency rooms of hospitals; and abuse and disrespect for women and girls is rising faster than bank bailouts. That is the atmosphere in which people, including women, choose to attempt to destroy a woman who is a legitimate political leader.
>
> Agreement on issues is not required, but Palin merits respect.

Oh the irony. First, this TOOL invokes the spectre of dastardly, evil men everywhere who are brutalizing women wherever and whenever possible - but she fails to realize that it is the promotion of such mindless, baseless generalizations that have created the very atmosphere that empowers her fellow liberal-democrat-progressives to carry out this proverbial witch-hunt with regards to Mrs. Palin.

> It is dismaying that misogyny and sexism are so excessively marbleized into our daily interactions that some of us cannot even recognize their existence when confronted with it or when staring at it directly in the mirror.

{Laughing my ass off}

You dumb broad. You cannot even bring yourself to mention the political party or ideology that is behind the very sexist and misogynist attacks you are decrying! Try and confront that first!

> Mockery and vilification of women such as Palin should become just as taboo as race-based slams. Until then, women are the real losers.

In your distorted world view, there is no "Until then." Women will always be the real losers. How else can you maintain the current misandry codified in our system to advantage women everywhere, unless you continue to promote the lie that all women are victims?

Don't you know? Oceania has always been at war with Eastasia!

Sick of Complaining?

Keoni Galt · 28 October 2008 · Archived copy · Original

An anonymous commenter wrote the following in my last post. She wrote a lot, so I will respond to each point in the "Fisk" style.

> A woman who is sick of you complaining said...
>
> I'm sorry but I feel the need to comment on this whole "regulated sex" shit. I've been reading the MRA blogs for the past few weeks, while most of the men post very valuable commentary, and make great points about feminism and how women act today, I can't understand why men don't understand where feminism came from.

If you've been reading MRA blogs for a few weeks, may I suggest you do even more reading? Perhaps you may actually educate yourself as to where feminism REALLY came from.

It is NOT some reaction to historical oppression of one gender by another as the revisionist feminists and Women's Study professors have brainwashed society into believing.

Feminism is the purposeful and deliberate indoctrination of an entire generation of females intended to break up the very foundation of society - the nuclear family.

Feminism has put forth the LIE that the Patriarchal model for ordering families as the building blocks of society is nothing more than men selfishly "oppressing" females for their own benefit.

In short, feminism was started by communist/marxist agent provacateurs that infiltrated the institutions of academia and the mass media to further a globalist, de-population agenda that involves evicting Father's from the homes to create as many single mother households as possible that are dependent on the State for subsistence.

Here are some quotations from prominent feminists, courtesy of the MRA blog, No Ma'am:

"Feminism, Socialism, and Communism are one in the same, and Socialist/Communist government is the goal of feminism." - Catharine A. MacKinnon, Toward a Feminist Theory of the State (First Harvard University Press, 1989), p.10

"A world where men and women would be equal is easy to visualize, for that precisely is what the Soviet Revolution promised." - Simone de Beauvoir, The Second Sex (New York, Random House, 1952), p.806

"The Women's Caucus [endorses] Marxist-Leninist thought." -- Robin Morgan, Sisterhood is Powerful, p. 597

Heretical Sex also offers excellent insight into the Feminist motivation to destroy the nuclear family: Why Did Feminists Attack the Family?

> Are you all idiots. Have you ever wondered why women began to feel oppressed? Probably not, because you are men and you think to methodically and with no emotion at all. The idea that men should regulate the sexual

> activities of a woman is as stupid as women regulating male sexuality. No one is ever the property of anyone else, and as soon as men come to terms with this notion, the sooner the sexes will stop being at war. Women are just trying to break free from being owned as property. Just like a piece of land, men feel they can dispose of us at anytime, or trade up.

You poor, pitiful, brainwashed fool. The "Oppression" of the Patriarchal system was not that men OWNED women. It is the agreement between Men and Women for the benefit of the CHILDREN that are the product of their union. Here's some more reading for you if you are truly interested in understanding how feminism has tricked women such as you into believing that traditional marriage was "oppression."

Marriage is Fraud

> Not to mention, before Feminism, men had no problem keeping a wife and having numorous affair. Women saw this made a consious decision to act against this, which is competely understandable. For every action there is a reaction, and the male population is totally ingoring this!
> Don't you understand that women were just reacting to the way they were being treated....like property. As a survior of sexual abuse by numorous males, the notion that any one owns my body and should have access to it and any time he pleases is rupulsive and is probably why I have yet to be married at the age of 29. I am no man's property. I have a mind of my own. I think for myself and don't need a man to do it for me. Men are unable to get past the sex, because that's all they are programed to want. It has been stated by many MRA bloggers.

All of these things that you write, are answered in that last link I posted. But if you don't bother to read it, at least read this much from Rob Fedder's post at No Ma'am:

> So, feminists are somewhat truthful when they claim that women were “owned” as chattel. A wife’s sexuality (NOT her person), was very much “owned” by her husband and it was in fact used as a means of production: The production of the husband’s own children.
>
> But, as always, feminists are only capable of speaking in half-truths.
>
> The part of the “women were owned as chattel” song leaves out the second verse, which is “and men were owned as beasts of burden.”

Marriage was a contract in which a woman traded her sexual reproductive ability for a man's economic labor ability. Marriage was NEVER a man "owning" a woman, lock. stock and barrel. He did NOT have carte blanche to do as he pleased or treat her as a slave.

> Before the 1860’s, if a woman decided to leave her husband, she had to leave the children behind, which were a product of the marriage, because property rights dictated that he had “paid” for them, and thus they were his property, and not hers. He did not “own” her person, but in marriage he did “own” her reproductive ability and the products thereof.

The transferring of these “property rights” back to the woman, when in fact they were the basis of the economic contract of marriage, diminished the validity of marriage enormously. It is interesting to note that the divorce rate has risen steadily from this point onward.

Keep in mind, women have always had the ability and natural right to have their own children. No-one ever stopped a woman from shagging some knave in the bushes after he had been swilling mead in a medieval tavern. It may have been frowned upon by society, but illegitimate children have been born since the beginning of civilization. It was a social stigma that women should not do this because it was widely known that the woman would be bringing a child into the world under an enormous disadvantage if she and the child were not coupled to the labour (and discipline) of a father. But, she owned her sexuality and if she wanted to have children with it, she most certainly could.

But, the contract of marriage is, in every sense, the contract of a woman selling children to a man. The right of a man to “own” what he paid for was dealt a mortal blow in the 1860’s when he lost the previously unchallenged right to “own” what he had paid for in marriage, that being his children.

Now, all through up until the 1970’s, marriage was still viewed as a legal contract. It was a given that both parties had an obligation to uphold such a contract just as within any other economic or legal contract.

If you wanted to leave you still could. No-one was stopping you. But, as with any contract, if you breeched your contract you would be the one that was penalized for it.

If you wanted to leave and receive the benefits from the marriage, or rather, be compensated for the breech of contract of the other party, you had to prove they were at fault in order to sue for compensation. This makes sense, doesn’t it?

Therefore, there were many things which constituted “fault.” Adultery, alcoholism, mental insanity, cruelty, physical abusiveness amongst a host of others all constituted “fault.” If you were at fault, you could expect to lose your rights as set forth in the contract. But even so, if there was no fault and you still wanted to leave, no-one was stopping you. You were not put in jail for leaving, but you were found to be at fault for “abandonment,” and therefore lost all of your rights as set forward in the contract – and you would be liable for any “damages” caused by your “fault.”

But, in the 1970’s, the ever wise feminists declared that it was far too difficult to find fault in people’s complex personal relationships, and therefore “No Fault Divorce” was implemented, again with the aid of the heavy hand of the courts. (Odd, isn’t it? They have no troubles at all finding “fault” in cases of domestic violence.)

So what have we got left here?

WE HAVE A FRAUDULENT CONTRACT MASQUERADING AS MARRIAGE!

What was originally based on a woman “selling” a man the ability to have his own children and taking his surplus labour as “payment,” has become a woman having children of HER own and still taking a man’s surplus labour as “payment” for that which she is NOT selling. THAT IS FRAUD!

Perhaps now you can understand exactly what the institution of marriage was all about, and how the feminists have purposely subverted it by negating women's responsibilities to abide by the terms of it, while still holding men to it.

See, in today's divorce culture, Men are STILL held to the terms of exchange - they still have to provide economic labor in the forms of alimony and child support, while women can freely violate the marriage contract without losing that economic labor...yet the courts regularly take away what the man was SUPPOSED to gain in the economic contract of marriage - his children.

> Men don't give a shit about what women think or do, just the pussy, and how to get it. And you males wonder why women have abandoned marriage and other conventional "wisdoms".

Actually, women by and large have not abandoned marriage the institution. They abandon "marriages" to specific males (to the tune of 70% of all divorces instigated by women...many times through no specific fault of the man's...only under the claim that she is "bored" or "not in love" or "unfulfilled" and she needs to "find herself.")

But you women all STILL want to get married. It is men going their own way and pursuing the eternal bachelor lifestyle who are abandoning the institution of marriage. That is because feminist-minded women such as yourself have decided that marriage is "oppression," and that you should all be free to use your sexuality in anyway you please, without penalty.

If that is what you believe is your ultimate definition of "freedom," than what is in it for a man to get married? If the marriage does not guarantee that a woman does not have to "oppress" her sexuality and sleep around at her will, than what's in it for us men to bind our economic productivity to a contract that you females won't keep, but we are forced to by the law?

> Let me ask you males a question. What if someone owned you as property, and made all your choices for you, what if you were alienated and isolated because of children, husband and had no social interaction. Can you imagine a life like this? If you can, you are probably a woman. If you can't you're a man. So don't blame the feminist. They are only reacting to the confinment of the male establishment of the last hundred or so years. Come on guys, how long did you think women would be ok with being treated like shit? And don't give me that crap about women were treated well and already had power. Lies, lies, lies! I'm so sick of men complaining, now you finally know what it is like to be a woman and you hate it. You hate it because you know it's how women have been treated. Because to let yourself feel the emotion that women feel would be emasculating and lord know that you men can't have that, heaven forbid you have emotions. It would also force you to recognize that patriarchy is just as bad as matriarchy and you would fall from from your golden thrown and and land your ass on your pointy crown. What a sight that would be!

Look at all your bitterness and anger...it is all misdirected towards men and the institution of Patriarchy. Your indoctrination has been thorough.

Keep reading MRA blogs, and then perhaps you can de-program yourself and realize that the gender war you are so invested in has been the deliberate manipulations of people that do NOT want men and women to happily raise the next generation of children in happy homes...but only want to have control of the minds of society so they can

consolidate and expand their power into the most personal sphere of anyone's life, the family.

The ABC Connection

Keoni Galt · 29 October 2008 · Archived copy · Original

What do I mean by the ABC connection? The Abortion - Breast Cancer Connection.

Isn't it funny how the 'pro-choice' feminists want all women to have the freedom to "choose," but they don't really care about women making a truly informed choice!

They only want the choice to be made based on their own promotion of a de-population agenda and to remove any short-term consequences for irresponsible sexual behavior.

But they have been deliberately quashing any and all references in the mainstream media to the undeniable connections between women who have abortions and breast cancer.

It is in fact a biological phenomenon that is perfectly explainable without invoking any kind of "pro-life" or "religous fundamentalist" type of argument. And these revelations are nothing new...

From AbortionBreastCancer.com

> Scientists first observed in the 17th century that women's reproductive histories impacted their risk for breast cancer when it was noticed that nuns were at high risk for the disease. Scientists surmised that childbearing provides women with increased protection.
>
> Today's medical experts agree that the best way women can reduce their lifetime risk for breast cancer is by: 1) Having an early first full term pregnancy (FFTP) starting before age 24; 2) Bearing more children; and 3) Breastfeeding for a longer lifetime duration. It's undeniable that abortion causes women to change their childbearing patterns. It leads them to forego the protective effects of early FFTP, increased childbearing and breastfeeding. Consequently, scientists do not debate that it increases breast cancer risk in this first of two ways.
>
> Despite these truths, there is not one cancer fundraising business that uses the phrase, "Abortion raises breast cancer risk." Not one of them has ever denounced Planned Parenthood for depriving women of the protective effect of childbearing or acknowledged that abortion contributes to the nation's breast cancer rates at least in this way.
>
> If childbearing reduces breast cancer risk, then choosing not to have that child means a greater breast cancer risk for the woman. Therefore, there is no debate among scientists that the woman who aborts has a greater breast cancer risk than does the woman who has a baby (assuming that her pregnancy lasts at least 32 weeks).

Fascinating stuff...

However, it's not just the fact that a woman that has an abortion never realizes the protection she gets from carrying a pregnancy to full term when she is young, there is another effect that occurs when a female becomes pregnant and has an abortion...

> Abortion has been implicated with breast cancer in yet another way, however, and estrogen overexposure is the explanation for it. There is staggering evidence of an independent link between abortion and breast cancer. What this means is that a woman who has an abortion is left with more cancer-vulnerable cells than she had before she ever became pregnant. Biological evidence and more than two dozen studies worldwide support a cause and effect relationship. Fifteen studies were conducted on American women, and 13 of them reported risk elevations. Seven found a more than a twofold elevation in risk. Seventeen are statistically significant, 16 of which demonstrated a positive association. The term “statistical significance” means that scientists are at least 95% certain that their findings are not due to chance or error.
>
> The evidence of a causal relationship between abortion and breast cancer isn’t only based on a statistical relationship either. Scientists also require biological evidence and a reasonable biological explanation before concluding that there’s a causal relationship. These requirements have been met.

In summary, when a woman becomes pregnant, her body chemistry changes dramatically. Her body produces massive amounts of estrogen in the beginning stages of a pregnancy, and part of that is to prepare the breast tissue to begin producing milk.

These biological facts are the basis for making the abortion/breast cancer connection:

> The explanation for the independent link makes good biological sense. It remains un-refuted and unchallenged by scientists because it is physiologically correct.
>
> A never-pregnant woman has a network of primitive, immature and cancer-vulnerable breast cells which make up her milk glands. It is only in the third trimester of pregnancy - after 32 weeks gestation - that her cells start to mature and are fashioned into milk producing tissue whose cells are cancer resistant.
>
> When a woman becomes pregnant, her breasts enlarge. This occurs because a hormone called estradiol, a type of estrogen, causes both the normal and pre-cancerous cells in the breast to multiply terrifically. This process is called “proliferation.” By 7 to 8 weeks gestation, the estradiol level has increased by 500% over what it was at the time of conception.
>
> If the pregnancy is carried to term, a second process called “differentiation” takes place. Differentiation is the shaping of cells into milk producing tissue. It shuts off the cell multiplication process. This takes place at approximately 32 weeks gestation.
>
> If the pregnancy is aborted, the woman is left with more undifferentiated -- and therefore cancer-vulnerable cells -- than she had before she was pregnant. On the other hand, a full term pregnancy leaves a woman with more milk producing differentiated cells, which means that she has fewer cancer-vulnerable cells in her breasts than she did before the pregnancy.
>
> In contrast, research has shown that most miscarriages do not raise breast cancer risk. This is due to a lack of estrogen overexposure. Miscarriages are frequently precipitated by a decline in the production of progesterone which is needed to maintain a pregnancy. Estrogen is made from progesterone, so the levels of each hormone rise and fall together during pregnancy.

> For a thorough biological explanation of the abortion-breast cancer link, see this second website for the Breast Cancer Prevention Institute, and click on its online booklet, “Breast Cancer Risks and Prevention.”

The fact that such scientific research is not widely known...despite having a "Breast Cancer Awareness Month" and the million and one charities and foundations supposedly dedicated to eradicating breast cancer only goes to show what the mainstream establishment and the feminist movement value more - there sacred sacrament of infanticide over the lives of the very women they supposedly care so much about.

Shouldn't every woman contemplating an abortion be educated on the biological truth that having one can increase the likelihood of developing breast cancer later on in her life?

Why wouldn't a pro-choice advocacy want women to know about the dangers of an elective procedure?

Answer: because the real agenda is global depopulation. Just as millions of babies are murdered in their wombs, so to are millions of women who are exposed to much higher risks of dying from cancer. It's a win-win situation for the global elite that want to reduce the number of proles...so that they can achieve there primary goal of environmental "sustainability."

McBama vs. O'Cain

Keoni Galt · 4 November 2008 · Archived copy · Original

I decided not to participate in today's grand charade of American "Democracy."

It's not like my vote in Hawaii is going to count anyways, every single National election I can remember except for the 2000 election has ALWAYS been over before Hawaii's polls are even closed (and even in the case of 2000, Hawaii's electoral votes were inconsequential, regardless of how the Florida re-count went, and secondly, this State is about as "blue" as it gets.)

I contemplated driving to my nearest childhood indoctrination center and standing in line to cast a protest vote for Chuck Baldwin of the Constitution party...decided that even that was a waste of my time. I simply see no value in participating in the charade any longer. All of the issues I care about are not even up for debate amongst the "opposing" parties.

There REALLY is no difference who wins today.

Johnny Kramer from LewRockwell.com explains it perfectly:

> Today, millions of Americans will validate their faith in the secular religion of democracy by going to the polls, as they do every four years, to choose between two basically interchangeable candidates, both of whom were, as always, hand-picked by the power elite because they can be trusted to dutifully perpetuate their system.

McBama...O'Cain, Republicrats or Democans, it matters not.

> This year is no different; while there may be some fairly trivial differences between them, in the grand scheme of things, it makes no fundamental difference whether McCain or Obama is elected – the underlying system will continue under either of them.
>
> For anyone who doubts this, let's look at Obama's and McCain's stated positions, and see if we can figure out what everyone is so worked up about.

Here, Kramer offers us a table of issues in which Obama and McCain are both pawns of the power elite who differ not a whit in maintaining the status quo.

> Maintain the Federal Reserve and its power to ruin the economy and erode citizens' standard of living with inflation, making credit too easily available, and inflicting the boom-and-bust cycle?
>
> Maintain the income tax and the commensurate level of federal spending?

> Prolong the recession by trying to forcibly prevent normal market corrections, such as falling prices, failures of unsound businesses, and liquidation of bad debt?
>
> Maintain the FDA and the government's medical- and pharmaceutical-industrial complexes?
>
> Maintain – and expand – the government's ruinous healthcare policies and programs, which, along with the pharmaceutical-industrial complex, are the root causes of healthcare being so expensive?
>
> Continue the Drug War, which has accomplished nothing in decades but wasting billions of dollars, fostering black markets and all of their inherent problems, and giving the U.S. the highest number of imprisoned people in the world – both in absolute terms and as a percentage of its population?
>
> Maintain U.S. troop presence in Iraq indefinitely?
>
> Perpetuate the rest of the military-industrial complex, including permanent U.S. troop presence and bases in more than half of the world's countries and foreign "aid?"
>
> Continue – if not expand – the bogus "War on Terror?"
>
> Perpetuate – if not expand – post-9/11 agencies' and programs' assaults on civil liberties?
>
> Continue untenable entitlement programs like Social Security?
>
> Perpetuate government schools from the federal level?
>
> Continue dismantling property rights (which are the only possible source of real environmental protection), eroding human living standards, decrying prosperity and plenty, and subsidizing "green" industries that can't survive in the market, all under the guise of "protecting the environment" and battling the meaningless catch-all term, "climate change?"
>
> Looking at this table, it's easy to see why the mainstream media insists that this is "the most important election in our lifetimes!" Which they also said in 2004. And 2000. And 1996 . . .

For the first time in my life, I'm proud to be an AmeriKKKan.

Keoni Galt · 6 November 2008 · Archived copy · Original

First of all, I'm absolutely 100% disgusted with the fact that a man with empty rhetoric and vacuous campaigning tactics has fooled so many people in this country into believing he can bring "HOPE AND CHANGE" by promoting the same old socialist/Marxist redistributionist propaganda.

We really are a nation of Useful Idiots.

Yes, this nation has been deliberately dumbed down, and the popular election of Obama shows EXACTLY how dumbed down the masses are. Mass manipulation of the mainstream has now proven to be easily accomplished.

Here's a humorous take that is not too far from the truth...

{note - The video says "no longer available," but it is, you just have to click on it}

The funny thing is that all of the things David Alan Greer mentions? There is an element of truth in what he says...but what he and most of the sheeple in this country fail to comprehend is that all of the things he cites were deliberately caused by the power elite that manipulate the media, corporations and both political parties themselves to further the agenda towards the destruction of American sovereignty and the establishment of a One World Government. Obama is not going to solve any of these problems anymore than George Bush and the Republicans could. He'll simply carry on with the exact same work that Bush has been doing for the past 8 years.

However, I do have to say that just because I'm opposed to Obama, the Democrat Socialist Party of the US, and the entire liberal agenda, and that I have an absolute disdain and disgust for the Vice-Mangina-in-Chief, Joe Biden, that does not mean there is nothing positive from having Obama as the President.

First and foremost, this idea that Black American's cannot succeed in AmeriKKKa because of institutional racism? Sorry liberals and black activists, you can no longer make that claim with any kind of credibility. We now have a black man who beat the crap out of a rich, white, old-boy network man at the ballot box.

A black man holds the highest office in the land.

So affirmative action, race based quota's and all the other programs based on the idea that black americans need a helping hand because they cannot succeed in a society entrenched with racism? The proof that this is not true is now in the White House!

Our Highly Engineered Society

Keoni Galt · 13 November 2008 · Archived copy · Original

Just about everything that is wrong in our society today, and everything that is a manifestation of the decline of Western Civilization, can be traced to the machinations of the power elite playing the part of the Wizard of Oz, pulling the various levers that control society.

Pay no attention to the man behind the curtain.

[image]

Always remember that the Government DOES NOT work for "We the People."

Our empowered Federal Government has been THE primary lever for which the "Wizard" has pulled to effect the changes to create our highly engineered society.

The Federal Government, and all of it's permutations and manifestations of the bureaucratic behemoth, has become the leviathan that reaches into EVERY ASPECT OF OUR LIVES.

FDA - DEA - AHA - BATF - CIA - FBI - NEA - NPR - DOE...

Someone please show me how and where the Constitution called for the Federal Funding for these entities that are attached to the teat of the Federal Government pork barrel?

It's amazing if one takes a step back and looks at the big picture here.

Via the power AND facade of legitimacy provided by this entity of the Federal Government, the power elite - the super-rich owners and benefactors of the think tanks, tax-exempt foundations, and owners of the large, multi-national corporations and central bankers have covertly and overtly engineered society to suit their own agenda.

Feminism, public schooling, and the infiltration of academia have all colluded into brainwashing the masses to turn out a population of Sheeple, easily herded into any direction the power elite wish to shepherd them. Let's look at the results as they now exist...

Thanks to the feminist movement, women are now a significant portion of the tax-paying, wage and/or debt slaves to the corporate machine.

Children are now wards of minimum wage workers or wards of the welfare state...or the proverbial chains of peonage on "Deadbeat Dads" enslaved by the divorce court industry.

Abortion, birth control and the current cultural zeitgeist that urges young girls consider career track instead of forming families and raising children are all an integral part of the population control agenda. We can't have the masses breed without permission, overpopulating the world and using up the resources that our betters should have all to themselves, now can we?

All you MRA minded folks that actually read my blog and all the others found in the MRA/MGTOW/Father's Rights blogosphere need to wake up to the reality that Feminism is but ONE manifestation of how our society has

been engineered by the power elite to the detriment of the masses.

The feminist agenda of infanticide and recreational sex, disassociated with procreation, are but one facet of the power elite's de-population agenda. Another facet is just as significant and far-reaching as feminism has been implemented to further their de-population agenda: the food and drug business as sanctioned and promoted by the Federal Government under the title of the Food & Drug Administration.

Our food supply in America is completely tainted with all kinds of chemicals and additives that are designed to create "food" that can be manufactured at a central location, stored and shipped all over the world without visible "spoilage."

Yet, this "food" is spoiled the moment it is processed and packaged. It tastes good, and many of the additives are addictive, so your taste buds tells your body you are eating food that is nutritionally fueling your body up...but the reality is that mass malnutrition, vitamin deficiencies and ill health are all the DIRECT RESULT of this tainting of the food supply.

And yet We The Sheeple blindly pay no attention to this current affairs because "the FDA and the DEA and the AHA and all the other alphabet soup agencies funded by the Federal Government tell us "Don't worry, we've made sure these things are alright for you to eat! Trust us! We're the Federal Government after all!"

The end result is to maximize their profits, with the rubber stamp of approval at the expense of our health and well-being.

Ever wonder why the "Atkins Diet" was such a popular "fad diet" that many people found worked in their efforts to lose weight? It's because the Atkins diet is THE COMPLETE opposite of the FDA's Food Pyramid guide to proper diet! The FDA is nothing more than the stooges for Big Agriculture and Big Pharma -- who are of course all the multi-national corporations owned and run by the power elite - the Wizard behind the curtain...the same wizard that pulled the levers of feminism, is also pulling the levers of food and drug control of the population).

[image]

The more people follow this "guide" the more sickly people get, the bigger the market of people who need Big Pharma's products that alleviate symptoms but NEVER CURE what is at the root, years of malnutrition and it's resulting physical degeneration.

See, processed and enriched grains, and the sweeteners like high fructose corn syrup, and mass-produced vegetable oils are the primary culprits of ill-health and degenerative conditions...but through mass propaganda to a dumbed-down populace, most people believe that meat, and saturated fats like butter, are bad for you, and that products such as margarine, canola oil and anything with Soy in it are all "good for you" because they are all based on "vegetables."

Go into any grocery store in this country and look at almost any packaged/processed "food." Notice the marketing slogans (corporate/agriculture/FDA approved propaganda). Look at how everything is "low-fat" or "non-fat." Understand that this has been the conventional wisdom (deliberately propagated falsehood!) for over a decade...yet the obesity rate of Americans is at an all-time high!

Do these following statements cause you to scratch your head in puzzlement?

"Eating fat does NOT make you fat."

"Eating cholesterol does not cause you to have high cholesterol."

If that sounds ludicrous to you, that is because the power elite has ingrained these LIES into our consciousness, so as to further the profitability of the Agricultural and Pharmaceutical industries!

Read and learn.

Most of you reading this understand that making our selves aware of the social engineering involved in the feminist movement is the key to understanding why society is in the state that it is in today...now understand that it is all connected, and that the food most of us eat and the health problems most of us experience are directly related to the same folks that gave us the wonders of feminism.

If you want to unplug COMPLETELY from the Matrix, educate yourself on how our national health problems are all directly tied into the EXACT same de-population agenda of the power elite who control our food and drug supply and deliberately corrupt our health care to further their own elitist agenda.

Think my rantings on a de-population agenda are in the realm of conspiracy theory that only George Noori from Coast to Coast AM radio would contemplate?

Think again:

Criticism AND Credit Where it is Due

Keoni Galt · 20 November 2008 · Archived copy · Original

Columnist and "conservative feminist" Kay Hymowitz has recently published an article that has inspired some responses from a few bloggers.

The article in question, Love in the Time of Darwinism, was her response to the avalanche of responses she got for her other article, Child Man in the Promised Land

Here's what a few have written in response to Hymowitz:

From Outcast Superstar:

> I must say this article is much improved and I think this time she did a much better job trying to hit the nail on the head.

From Sell Civilization Short:

> Hymowitz is dishonest. She's a Cultural Marxist, a con artist who will say anything in order to be the one who sets the rules and breaks them at her pleasure.
>
> To summarize :
> 1. Hymowitz claims the Men's Rights movement is all about Pick-Up Artists.
> 2. Hymowitz wants society to put more restrictions on men so that civilization doesn't collapse.
> 3. Hymowitz wants to be sure that her little elite clique gets to define what the rules are for their own advantage.
>
> The whole piece is classic Cultural Marxism. Harangue the victim with a plea for a return to morality -- then demand to be the arbiter of morality.
>
> Hymowitz should admit her personal guilt and the guilt of her associates in destroying civilized culture.

From
Rex Patriarch:

> All I know is that the legal deck is stacked way too far against men. This chicks article changes nothing. The same rule still applies. The only winning move in the dating game is not to play.

From The Elusive Wapiti:

> Oh dear. Hymowitz is at it again, this time surveying the behavior of SYMs in the dating scene and concluding that the immature, beastly child-boys have have cravenly replaced gentlemanly romantic behavior with the cold equations of survival-of-the-fittest sexual Darwinism:

I commented on Wapiti's post with the following:

> Look through her entire article...not once will you see the word "hypergamy."
>
> The "New Girl Order" (Hymowitz own phrase she coined) has changed women's behavior...but NOT the basic, biological imperatives that drive them to seek out mates with superior genes to give their offspring a better chance to survive and thrive.
>
> Under the New Girl Order, the cultural zeitgeist has basically presented a false paradigm to boys growing into manhood...that they must get in touch with their feminine side, that they must be more emotional and in tune with feelings, etc. Couple this society-wide social conditioning with a generation of boys raised by single mothers of divorce or illegitimacy where they're only ideas of manhood are based on what they're mothers SAY a "real man" should think and behave like (i.e. putting women on a pedestal, femininity), and you have this mass of males growing up to think and act like Beta's.
>
> All's "game" is, is re-connecting men to the idea of masculine dominance as the most desired trait females look for in mate selection.
>
> It is no more manipulative than a woman who seeks to "boost" the mating attributes that males value most -i.e. cosmetics to highlight the appearance of youthful fertility.
>
> The only difference is that in the New Girl Order, where all women are programmed since child hood that they are "equal" and "can do anything a man can do!" and "You Go Girl!" is the overriding mantra of our culture, Women are indoctrinated to SAY they want "equality" with a mate, while subconsciously, they're attraction triggers are based on identifying dominant males!
>
> Kay is incapable of recognizing this, because she too is beholden to the cultural motif of "equality." Most Western Women cannot and will not admit that they value men who are dominant over them...because to admit it aloud would cause cognitive dissonance with their societal programming!
>
> This is EXACTLY why we have women telling their girl-friends, emotional tampon guy friends and gay male friends how they dream of a man who is thoughtful, considerate, in touch with his feelings, blah blah blah...than go out and bang the bad boys.

My thoughts on this particular topic have definitely been influenced from reading PUA websites and blogs.

As notorious PUA blogger, Roissy in D.C., wrote in response to her latest:

> Unfortunately, she does not make the connection and put two and two together. The problem lies not with

> men, who are merely skeleton keys that adapt to whatever lock women weld on their gates; the “problem” lies with women who have no choice but to obey their hindbrain programming and seek higher status mates in the sexual market as long as their assets allow.

While I too am critical of Hymowitz's writings in her two articles dealing with the fallout from the Feminist revolution and it's affects on dating and mating in America, I still feel it necessary to temper criticism with the credit she is due for past works, and that she does make at least some effort to see the male point of view.

Unlike most female writers/columnist/journalists, Hymowitz does not completely surrender her pretense of intellectual honesty to feminist dogma.

In her article, The Black Family: 40 Years of Lies she correctly apportions a share of the blame on feminists for their role in the destruction of the Black family.

I read that article and blogged about it back before both "Child Man in the Promised Land" and "Love in the Time of Darwinism" were published.

I think Hymowitz needs to go back and view the current scene of chaos caused by her New Girl Order, and understand that feminism has not only devastated the Black Family, it is also the direct cause for Men avoiding marriage and family creation, and that this avoidance IS ENTIRELY RATIONAL.

Guy Ritchie Foregoes Madonna's $$$ for Custody

Keoni Galt · 20 November 2008 · Archived copy · Original

[image]While one part of me wishes Guy Ritchie would make an example of the total inequity and injustice of the Feminist corrupted Divorce Court system, and take Madonna to the cleaners like Heather Mills did to Sir McCartney...

...the example he sets here is more important, and it is something divorcing parents from all walks of life should pay attention to as they get ready to battle it out in court over the physical assets, reducing their children into nothing more than pawns for leverage to squeeze as much money as they can from their soon-to-be ex spouse.

Madonna and Guy strike deal to share custody of the children...but he doesn't get a penny of her £300m fortune

> Richie, who is currently looking after their sons, took them both to the London set of his film Sherlock Holmes.
>
> The source said: 'It will be all over by the end of the month. The priority for him has always been the children.
>
> 'Ritchie has not wanted her money. He has done exactly what Billie Piper did when she divorced Chris Evans. She walked away without any of his money, much to her credit. Guy Ritchie has done the same.'

> A second source said: 'Ritchie could have taken her to the cleaners. He is a very honourable man to have walked away.'

In short, Guy could have hired the most blood-sucking, ambulance-chasing court shark to take up to half of Madonna's fortune, as he is entitled to under UK Family law.

Instead, he gets Madonna to concede to shared custody if he agrees to not go after her money.

On the other hand, it certainly illustrates another aspect of the inherent gender bias in the divorce court industry...as Madonna's negotiations on this settlement most certainly start with the leverage she has from getting default custody for simply being female!

Good to see that Mr. Richie recognizes that no amount of money can replace the time he has to spend with his boys as they are growing up.

Training Day

Keoni Galt · 25 November 2008 · Archived copy · Original

I'm so grateful to be the part owner of a small business, with no other boss than myself...

...because if I had to go through what this guy describes, I think I'd blow a gasket.

> ...today, for the first time, I had to attend a mandatory sexual harassment training course.

Can you say "coporate re-education camp for the indoctrination of feminist dogma?"

> I find it deeply offensive to my personal sense of honor and integrity to be punished or otherwise lectured on something I did not do. Period. And to be subjected to two hours of second-grade style, “who can tell me what Johnny did wrong by telling Sarah she has a hot body” lecturing infuriates me on many levels.
>
> To begin with, I do not need to be told this is inappropriate behavior. I already know that is inappropriate behavior. I learned that was inappropriate behavior not from the State of California or a battalion of corporate lawyers, but from my parents, who raised me to be polite, well-mannered, and who spent much of their own youth trying to form me into a civilized gentleman.

I hear ya buddy...but don't ya know? There are now millions of kids who are raised by minimum wage day care workers, and single mothers getting welfare checks to subsidize their 'freedom from Patriarchal oppression.' You can't expect THOSE kids to understand things like the behavior of a civilized gentleman!

> I was treated to a video that had precisely the same emotional pitch and condescension as the old ABC After-School Specials, which is appropriate when aimed at 10-year-olds but in a room full of adults was unimaginably cloying and infantile. In this helpful lecture on the evils of hateful stereotypes, a clueless, insensitive white male managed to offend everyone without the dimmest awareness of his own boorishness until confronted and re-educated (with a rising string section!) by emotionally advanced, sensitive (yet strong!) women and his solemn, understanding (but firm!), black male superior.

While I appreciate your scorn for the insult to your intelligence that represents blatantly over-dramatized propaganda targeted towards a 10 year old's intellectual level, I must disagree...at least you are old enough to see through the politically correct lies of this garbage. It is much more INappropriate to indoctrinate actual 10 years olds with this feminist drivel!

> But what really set me off was learning that there are “protected categories” of people who apparently have special claims on being harassed, and that these groups include, but are not limited to:

> “Race, color…” [in case you happen to be green or of some color not associated with your race] ”…religious creed, sex, national origin, ancestry, citizenship status, pregnancy, childbirth…” [this being different from pregnancy presumably only if you are actually giving birth right there in your cubicle] “…physical disability, mental disability, age, military status or status as a Vietnam-era or special disabled veteran, marital status, registered domestic partner or civil union status, gender (including sex stereotyping and gender identity or expression), medical condition (including, but not limited to, cancer-related or HIV-related), or sexual orientation.”
>
> These – including but not limited to -- “protected categories” are areas in which “harassment” is especially hurtful, as far as I can understand it… which is not very far at all. Can you – offhand – think of any kind of harassment that does not fit into these categories? I suppose saying hateful things about the Florida State football team is okay as long as I don’t use the word “Seminoles” (which would then become offensive on the grounds of race, color, religious creed, national origin, ancestry and military status; to which, I will add as a Gator fan regarding FSU grads, mental disability and – what the hell – sexual orientation.)

Don't ya know? In today's Matriarchal society, all Animals are equal...only some Animals are more equal!

> All of this is mere sophistry and cover of course, for the essence of the 22 page workbook I received (and for which I was not given a crayon with which to write nor a gold star when it was completed) was boiled down to a single sentence, in bold italics at the bottom of page 15:
>
> It is not the intent of the alleged harasser, but the impact on the recipient.
>
> It doesn’t matter if you meant to hurt someone. As long as someone was hurt, then harassment took place.

Welcome to the Matriarchy! It's not what you meant or didn't mean to do or say...it's how SHE FEELS that determines the level of your ThoughtCrime and Double-plus Ungood Speech!

> Now at the end of all this, the facilitator – who is clearly a lovely person, for this is not aimed at her – smilingly told us not to be paranoid but just to be careful not to offend anyone. And the other 23 people nodded happily and made jokes and goofed around to show how lighthearted and un-paranoid we suddenly all were. And yet, this harassment and sensitivity training did not succeed fully, because there was one person who was offended, and who in point of fact felt extremely harassed. And that person was me.

Sorry. You're a privileged, White Male. You CAN'T be offended or harrassed, because you're a member of the Patriarchal Hegemony that needs to be overthrown!

> My parents – remember them? – taught me at an early age that what people said or thought or wrote about me did not have the power to hurt me – only I can allow them to do that. My self-worth, self-respect and self-esteem are earned, and not given, and are therefore mine – impervious to anything in the outside world, which is why I am willing to sit at this desk, as the only one of 24 happy, smart, creative people, and look like some

> reactionary nut case for being enraged about the fact that we willingly submit ourselves to insults to our personal honor and integrity that our forefathers would never, ever have countenanced. And I am ashamed on behalf of them. But just me. No one else thinks anything of it at all.

You can't blame your 23 other colleagues...they are simply just another example of how We The Sheeple have been effectively and deliberately dumbed-down to become nothing more than HUMAN RESOURCES for our corporate overlords, happy in our debt-slavery!

> And so, with smiles and good will all around, behind a plate of donuts and cartons of morning orange juice, we again fall another step from the adult world of action and consequence, to the warm, friendly, everlasting childhood of kindergarten, where no one's feelings can ever be hurt and teacher is always there to make sure – in her gentle but firm way – that there will never be harmful consequences to your actions because your actions will be so curtailed in advance that offending someone – like feeding and housing yourself – are things that we simply no longer have to worry about any more.

While this blogger never explicitly makes the connection between feminism and the indoctrination he was forcibly subjected to, he certainly describes the new paradigm of our permanently infantilized society promulgated by the Feminist Police State.

Same-Sex "Marriage"

Keoni Galt · 3 December 2008 · Archived copy · Original

While I've posted before how I think the political controversy regarding Same-Sex Marriage (SSM) is really insignificant when you actually look at the biggest threat to the institution of marriage (i.e. no fault divorce and the feminist cultural paradigm), that does not mean I believe marriage should be "re-defined."

I believe that no matter how well meaning, loving, nurturing or nice a single parent, or two same-sex parents can be, or that same-sex or single parents CAN AND DO the best job they possibly can given their respective situations...

...they simply CANNOT provide the primary function of child-rearing that a man and a woman married couple CAN - which is role modeling the behavior of interacting, living and co-existing with a member of the opposite sex for the basic purposes of genetic reproduction and nurturing of the next generation so that they too can mature and reproduce and nurture the genetic line, ensuring genetic survival.

These intrinsic traits of a traditional marriage- based family are in many respects the subconscious programming of the children to give them the tools to form their own lasting lifetime bonds with members of the opposite gender so they can continue to perpetuate the cycle of propagating the species.

No amount of conscious action, behavior or teaching can overcome what is lost in this subconscious programming of intrinsic, human relational behavior between the symmetrical and complementary elements of the human experience - the male and the female psyche.

Here is the ugly truths of reality on this matter...and no amount of beautiful lies or politically correct dogma can change:

Two women simply cannot provide the proper example for a young boy on how to be an adult man.

Two women cannot provide a comparable role modeling for a young girl to learn how to successfully live with a male mate as a man and woman can.

Two men cannot provide a comparable role modeling for a young boy to learn how to successfully live with a female mate as a man and woman can.

And no matter how much self-regard, or how much recognition we heap upon single-parents as the ultimate martyr worthy of self-respect in today's society, I say to you all that while single parents can try to do the best they can, you cannot "replace" or "substitute" a person's father or mother.

If they are not there for your child, they are missing out on having that masculine or feminine influence combined with the natural genetic bond of paternal or maternal relations that are key in their psychological and behavioral development.

Tell yourself all the pretty lies you need to to justify the choices you've made in your life, but in the end, YOU do not pay the price for YOUR choices...it is your children that pay it.

Pair-bonding of opposite genders is based on the biological necessity of creating an environment for the human species to thrive and survive.

From a completely dispassionate, scientific perspective, is not a fact that homosexuality is a biological dead-end?

Somehow, this FACT has become politically incorrect, hateful and bigoted to point out.

And this is why I don't view this movement to re-define "marriage" as an issue of "civil rights."

Marriage is an institution designed to create families to raise the next generation of offspring who in turn perpetuate that cycle by entering the institution themselves when they reach maturity.

Saying a Same Sex couple is 'married' is like saying the Blue Sky is Yellow.

No amount of calling me a bigot, or hateful or whatever is going to change the facts of the matter.

Call it yellow all you want, it's still Blue.

Getting the State to recognize that the sky is Yellow doesn't change the fact that it is still Blue.

Marriage was NEVER about "two loving people sharing their lives."

It was always about what's best for THE CHILDREN.

Somehow, this has been forgotten. Thanks to feminism, birth control, abortion, and a societal "revolution" in attitudes and morays, sex has been detached from procreation, and the very "definition" of marriage has been altered.

Pointing out that the definition has been altered is not in my mind adequate justification for further altering that definition.

Crimes of Flirtation

Keoni Galt · 8 December 2008 · Archived copy · Original

While commuting to work this morning, I was reading the daily paper and came across today's installment of "Dear Abby," entitled Amorous Salesman Delivers Pitch Uncomfortably Close.

This letter, and Abby's answer, offers an example of the attitudes of our feminist influenced society in terms of male/female roles, expectations and what is considered acceptable and unacceptable behavior.

There was a time when women were taught by their elder female family members about the facts of life, and that all girls grew up knowing that when they reached maturity, men would be approaching them as suitors, and most were taught how to politely, firmly and clearly reject unwanted male attention. If a particular male was unusually persistent, the ladies male family members usually got involved to ensure he got the message that his attentions were not wanted.

My how things have changed.

> DEAR ABBY: Once a month, a trade representative I'll call "Bob" visits our office and flirts with me. I try to keep him at a distance, but he always tries to move close to me and changes his voice to be soft and seductive. Last month he told me I "smelled good," although I wasn't wearing anything fragrant. I assured him it was the eucalyptus incense behind him.
>
> Abby, Bob comes on so strong it scares me. I had my chair backed up all the way against my computer desk. I decided that the next time he came in I would make sure I had a co-worker close by. But when I did, he didn't act the same way. I have a feeling he won't act up again until we're alone.
>
> I loathe the idea of being alone with him in a room. I hesitate to ask a male co-worker to step in because I don't want to appear weak. What should I do to get Bob to back off? -- HAD IT IN BEAUFORT, S.C.

Here's the key phrase: Abby, Bob comes on so strong it scares me.

This is perfectly indicative of just how confused and corrupted the relationship between the genders have become since the ascendancy of the feminist paradigm in today's society.

The feminists have spent decades now pushing for 'equality' in the workplace. To put women shoulder-to-shoulder with the men in the world of work. One of the means of accomplishing this has been to promulgate a state of mass confusion in gender roles and what is and is not appropriate behavior.

The answer to this confusion, of course, has been to basically criminalize natural, normal male behavior.

Note, the most threatening thing this guy did in this letter writer's description, was to DARE to tell her she smelt good, and to try to get close to her and have conversation.

Oh the horror!

Even more troubling however, was Abby's response:

> DEAR HAD IT: If you haven't already done so, document what has gone on each time Bob has come into your office. Frankly, he sounds more than a little bit creepy.

Which part was "more than a little creepy?" Trying to move in closely and softening his voice to talk to her? Complimenting her on her scent?

> When he comes on to you again, tell him directly and clearly (and loudly) that he is making you uncomfortable, and if he doesn't stop immediately, you will report him to your boss. And if he tries anything again, follow through.

In other words, this man is a potential RAPIST! Don't forget to yell FIRE!, kick him in the balls, and run screaming from your office! That would CERTAINLY ensure he NEVER commits the horrible crime of flirting with you ever again! He should be fired, arrested, charged with sexual harrassment and thrown into jail! Registered on the sex offenders list for life!

> It is your boss's responsibility to provide you with a harassment-free work environment, and if that doesn't happen, your state labor board or the federal Equal Employment Opportunity Commission should be notified.

Ah yes, the STATE is RESPONSIBLE that no woman ever has to feel SCARED that a man she does not find attractive in any way, dares to try to flirt and compliment her!

"Sexist" Obama Speech Writer

Keoni Galt · 12 December 2008 · Archived copy · Original



Oh how hilarious is it to see the bull dyke feminists and Women's Studies Professors getting their panties in a bunch over the fact that Obama's speech writer "groped" a CARDBOARD CUTOUT of Hillary.

Here's what the chic's and mangina's at California's NOW wrote on their website:

Obama Administration: Feminist or Sexist?

> Although Clinton's team has laughed it off, there needs to be a public apology from Favreau at the very least, including a statement recognizing why his actions were sexist and wrong. Ideally, we'd see a resignation from Favreau, or a commitment to attend a training on preventing sexual harassment.

Interestingly enough, Hillary's official response via her Senior Advisor was actually sane and shows a sense of humor...

> Clinton senior adviser Philippe Reines cast the photos as evidence of increased bonhomie between the formerly rival camps.
>
> "Senator Clinton is pleased to learn of Jon's obvious interest in the State Department, and is currently reviewing his application," he said in an e-mail.

Rush Limbaugh once described feminism as: Feminism was established to allow unattractive women easier access to the mainstream."

We can add that "Feminism was established to allow unattractive women with absolutley no sense of humor, the ability to harass and punish any male that dares to commit the thought-crime of sexism."

Quotables

Keoni Galt · 13 December 2008 · Archived copy · Original

Some of my fav's after I discovered the MRA/MGTOW/PUA/Men's Rights/Father's Rights websites:

The age-old bargain was that women exchanged sex for whatever they wanted, and men exchanged whatever they had for sex. Part of the deal was that the woman would be reasonably agreeable. A career woman today, being independent, no longer has to be agreeable, and frequently isn't. On the other hand, a man doesn't have to commit himself to anything to get sex. So the man dates his secretary, and the career woman sits in her apartment with the cats. - Fred Reed from Fred On Everything

---

Question: What are permanently unmarried women, whose illegitimate children have been taken from them to be raised by the state, good for anyway?

Answer: Work, Pay Taxes, Go Home, Feed Cats, Repeat until death. - Rob Fedders from No Ma'am

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Government and big corporations have created a society where men work and then hand over their money for women to spend. Traditionally men have always done this but recently the government has acted as a third party to control this process. The money is either removed from men's back pockets as tax and then redistributed to single mothers or done via the courts and the CSA following divorce. The outcome is the same: women end up controlling men's money. - Captain Zarmband

---

We don't need a legislature or judges to fall in love, have children, have a loving family, to build a home, or to be happy with the fruits of life. So why do we need legislatures or judges for marriage? - Da Pook from Pook's Mill

---

I remember back when a family consisted of a father and mother, and if you screwed up, your father beat your ass...it might be called child abuse now, but it at least kept kids in line. Now, government is these single moms' "husband" and these kids' "daddy", trying to discipline them through "progressive" disciplinary methods like juvenile detention centers - which is only preparing these bastard kids for a life in the government's prison system and wasting tons of taxpayers' money. Nothing like having a father to beat your kid's ass when he or she screws up - and much more cost effective to the taxpayers. An entrepreneurial individual might consider opening up a service that rents out "fathers" to beat these bastard kids' asses for these single moms - it would definitely save taxpayers' money and enforce discipline on the kids, while simultaneously making a profit. - Mirror of the Soul

If your car was as reliable as marriage, every time you got in it you would have a one in two chance of crashing. But let's not beat around the bush here...let's rephrase that...if your car "was as reliable as a woman…" -- because women file the vast majority of divorces. - Reality2008 from LoseLoseProspect

On Heather Mills divorce settlement from Paul McCartney:

The family courts in any sane society - that is, a proper Patriarchy - would have handed the daughter to her loving father and then just given Heather a shiny pound coin for the bus home and then told her to hop it. - Duncan Idaho from The Eternal Bachelor

One thing that modern western women don't seem to understand is this: most men in their mid-30s do not feel any deep instinctive desire to commit to a woman in her mid-30s. Whenever, in the history of the world, has there been any society in which the men longed to marry women in their mid-30s? - Darren from Cool Tools For Men

So in Europe between the World Wars, we had a generation growing up without fathers, a circumstance which consistently leads to delinquency, and a couple of dictators playing father figure to the masses who had been deprived of real fathers. And we all know where that led.

And now we have a large percentage of Americans and Europeans without fathers. And it seems that the Islamic world is willing to offer father figures, ones with a sinister agenda that is nonetheless at least not weak and feminine.

Whatever the future holds, I can't say I'm looking forward to it. - The Female Misogynist

Any self-respecting man of intelligence despises feminism, knows that the state is his enemy, and treats women by no other standard than his own personal honor and goodness, be this what it may. - Fidelbogen from The Counter-Feminist

Given that the pool of wealthy men who view career women as marriage material is shrinking while that of wealthy women is increasing, one wonders how many eggs must drop out of the hatch before career women shelve their elaborate delusions. Perhaps an increasing number will discover their inner dyke and/or alternatively stock up on Meow Mix…. - Davout

Each woman is a double agent until proven otherwise. I'm not of the view that they are helpless creatures who can't help but take part in a giant sisterhood where the only bond is to be born with a set of female genitals. - Pete Patriarch

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Unlike western women, asses are intelligent enough to understand the importance of the nuclear family, including a doting mom and a dominant dad ready to kick some ass if / when necessary. - Uzem & Luzem

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If you allow a woman to make the rules she will resent you with a seething contempt even a rapist cannot inspire. The strongest woman and the most strident feminist wants to be led by, and to submit to, a more powerful man. Polarity is the core of a healthy loving relationship. She does not want the prerogative to walk all over you with her capricious demands and mercurial moods. Her emotions are a hurricane, her soul a saboteur. Think of yourself as a bulwark against her tempest. When she grasps for a pillar to steady herself against the whipping winds or yearns for an authority figure to foil her worst instincts, it is you who has to be there… strong, solid, unshakeable and immovable. - Roissy in D.C.

For the feminist movement to claim that they freed American women is a lie. You were permitted to become feminists by virtue of righteous men. Let the men of this nation become too indignant or unrighteous, and see how long your self-proclaimed liberation lasts. Why don't you ask the women of Afghanistan what happened to their liberation, which existed prior to the national radicalization of angry men with weapons? - Nancy Levant, Author of The Cultural Devastation of American Women

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The astounding fact is that, with the exception of convicted criminals, no group today has fewer rights than fathers. Even accused criminals have the right to due process of law, to know the charges against them, to face their accusers, to a lawyer, and to a trial. A father can be deprived of his children, his home, his savings, his livelihood, his privacy, and his freedom without any of these constitutional protections. And not only a divorced father or a unmarried father: Any father at any time can find himself in court and in jail. Once a man has a child he forfeits his most important constitutional rights. - Dr. Stephen Baskerville, Author of Taken Into Custody

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If we are to deal meaningfully with crime, what we must do is reduce the number of female-headed families; what we must do is prevent the divorce courts from expelling half of society's fathers from their homes; what we must do is terminate a welfare system which displaces millions of men from the principal male role, that of family-provider. What we must do is make the father the head of the family. - Dr. Daniel Amneus, Author of The Garbage Generation

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The Institute for Women's Policy Research finds that life has improved for American women, but "big inequities persist" (November 17). So that's why 80 per cent of suicides are males, 95 per cent of workplace mortality is of males, and men live an average of 7 years less than women. Oh, and 82 per cent of consumer spending is done by women. Kind of makes up for the so-called wage gap, doesn't it? - Lisa Scott from REAL Family Law

A man who wants a family can't have it without a woman. He would prefer a young, fertile one. She will have the energy to keep up with kids, and her body will recover quickly from pregnancy and childbirth. Men know that a woman's sex drive and looks decline. We'd like to start with one where the decline hasn't already gone on for a couple decades. - John Ross from Ross In Range

It's time we deconstructed anonymous sex. Somehow the females have got the upper hand. Much like the diamond cartel ,they have hoodwinked males into thinking that a commodity as commonplace and plentiful as pussy is rare and precious. It's not. In Andy Warhol's words, "Sex is the biggest nothing in the world." I'll never understand why a man would ever pay a woman for sexual gratification. Why shouldn't she pay him? Sex is just as necessary for her. What fools we men are. - Henry Makow from Save the Males

Marriage is a patriarchal institution. Hey guys, if you were designing a world to your specifications, would you design it something like marriage? Would you build a society in which you were with one woman for all of your life, even if she did cook and clean for you and raise your kids? Me, I'd design a society in which I stayed home, watched my kids grow up, and my wife could go work. I'd be allowed to have girlfriends on the side even though I was "married," and when war broke out we'd send all the ladies off to do battle while we stayed home and wrote letters. Anyone who thinks that men invented monogamous marriage or a lot of other things that pass for "patriarchy" is kidding themselves. - BusterB from The Men's Center

The Transportation Security Administration screens all carry-on and checked bags. Why? They are heavy and can be explosive. Because of rising fuel prices, American Airlines is now charging $15 for the first checked bag. Accordingly, every man must screen his woman’s baggage, because it can be heavy, expensive, and explosive — ask any divorce lawyer. - Marc Rudov, The NoNonsense Man

Thirty-odd years ago someone hauled patriarchy into the dock and charged it with a long list of crimes against womankind. The jury was rigged, the defendant was never given a chance to testify, and the verdict was foregone:

Guilty as charged. The sentence? Put the loathsome patriarchs in the pokey and bring on the matriarchy. - Columnist Carey Roberts

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If women genuinely wanted marriage and family, they would make a more sincere attempt at making themselves agreeable to men. They would be more appreciative of the husbands they had, and not be divorcing so readily. They would be treating men with respect and listening when men try to tell them their view of the world. They wouldn't be supporting laws that relegate men to powerless eunuchs in homes in which they have no legal stake. But instead, they're conceding nothing. If anything, the collective impression of women is that of a sex that becomes less respectful of men and less considerate of male aspirations or interests. - Rob Case from One Man's Kingdom

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Regarding "boats or votes", as far as I'm concerned, it's a mutually exclusive, binary choice between one or the other. Women cannot, in fairness, demand preferential seats on the boats on one hand while still exercising preferential rights on the other. Sorry, sister, you gave up the "boats" when you accepted the "votes", and this Christian man feels no obligation to you other than to treat you like another man. A better looking, probably better smelling one, but a man nonetheless. You can jockey for your place in line for the lifeboats with me and all the other men. There's equality for you. - The Elusive Wapiti

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Understand that Feminism is the symptom of a larger sickness; an illness that has infected the Western Psyche for generations. The struggles that we as Men have to fight today, have already been fought by our fathers long before. - Toku from Togakure School

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After years of feminists stating they don't need us men, reigning judgment on us and acting like we are second class citizens at best, now that they are playing the victim card and bitching about us not wanting to be their valiant knights, they can permanently and implacably fuck off. - Sociopathic Revelation from Feminist Apocalypse

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Sometimes I look at an attractive young woman who is determined to change the world and prove that women are truly equal to men in {every possible way} the eyes of the law, in social access, and in opportunity, and it makes me feel as if I'm standing on the edge of a very high precipice with a beautiful kitten in my hands. She's a brave little kitty, a courageous bundle of strength and independence, and her claws are sharp indeed. I cannot help but admire her as she bares her cute little fangs and meows her bold defiance of the uncaring world and all its unfairness and inequality.

Then I extend my arms out over the chasm, and I open my hands, and I cry: "Fly, little kitten, fly like the wind!" - Vox Day from Vox Popoli

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And finally....last and certainly not least, a quote from an MRA legend...

UP YOURS, FEMCUNT! - Retired MRA blogger, Fred X

Gone With the Wind vs. Titanic

Keoni Galt · 18 December 2008 · Archived copy · Original

I was reading Dr. Helen's latest blog entry, Romantic Comedies Can Spoil Your Love Life, and found some very good comments...

The first was a very insightful breakdown of Gone With the Wind by some guy going by the moniker Gawain's Ghost:

> Forget about these TV shows and romantic comedies, they're only an extension of the larger problem, which is romance novels. This is the largest publishing industry in the world, with millions of books sold every year and billions in profits. Funny thing is, they're all written by women, they're all read by women, and they all follow the same formula: girl meets boy, girl loses boy, girl wins boy back. (This is the underlying mindset that is the root of the problem--it's all about her, not about them.)
>
> What I find most amusing about romance novels is that the No. 1 best selling book of all time--it's a romance novel, and it has sold more copies and been read by more people than any other book ever published--does not follow the romance formula. I am referring of course to Gone With the Wind.
>
> Scarlett O'Hara loved Ashley Wilkes. Why? Because he was a scion, a son of privilege. He's the son of a wealthy plantation owner. She's the daughter of a wealthy plantation owner. It's just so right they should be together! Southern gentry, you see.
>
> Well, if it's so right, why does Ashley not love Scarlett? Because he knew her. He grew up with her, the mansion down the road; they went to school together. He knew she would never be anything other than a stupid, spoiled, conceited little girl. So he married her best friend, Melanie. (Snort.)
>
> Why does Ashley love Melanie? Because she's a woman. Comfortable in her feminity, she understands the terms and conditions of the marriage contract, and does not question her role and responsibilities in the relationship. Unlike Scarlett, who thinks she's special.
>
> If Scarlett is just a stupid, spoiled, conceited little girl, why does Rhett Butler love her? I mean, really, this guy could have had any woman he wanted. Tall, dark, handsome, brave, daring, courageous, rich. Why would a man like that risk everything for a stupid little girl like Scarlett?
>
> Because she was what he couldn't have when he was growing up. Are you kidding? Her father would have shot him if he even looked at her. Southern gentry, you see. So Rhett mistakenly believed that all he had to do was make himself into a man--he made his fortune gun running and bootlegging, a perilous and testing quest--make millions, and then Scarlett would love him. (Notice the medieval cartoon playing out in his mind.) So he did, and she didn't.
>
> Why does Scarlett not love Rhett? I mean, this guy did everything for her. He made millions for her; he went to war for her; he saved her family estate. Why then does Scarlett not love him?
>
> Because he was not a scion. He was not southern gentry. He was only, in her mind, a commoner. In other words, she thought she was better than him. (Notice that this is the exact problem the modern American girl

has in the relationship with the man in her life.)

Well, if she didn't love him, why did she marry him? Because she needed his money. Why else?

So Ashley married Melanie, and Scarlett married Rhett. Then, Melanie dies prematurely, leaving Ashley grieving and all alone. And Melanie even tells Scarlett on her death bed, "Captain Butler--be kind to him. He--loves you so." Scarlett asks, "Rhett?"

She never cared about him. She loved Ashely, she lost Ashley, and now this is her big chance. Girl wins boy back!

Not in this book. Ashley didn't love her. Ashley never loved her. Ashley wouldn't have anything to do with her. Her husband, Captain Rhett Butler, did love her, but now he's leaving! And as he's walking out the door, Scarlett suddenly comes to the realization of how incredibly stupid she's been, and that she really does love him. This is her last chance. Girl wins boy back!

"Rhett! Rhett! Don't go! Don't go! Where will I go? What will I do?"

"Frankly, my dear, I don't give a damn."

Forget formula, which is fantasy. This is about plot, which is real life. Girl meets man. Girl refuses to grow up. Man leaves.

This is why it is a mistake to consider Ashley Wilkes a wimp, as he is commonly portrayed. He knew a woman when he saw one, and he married her. Yes, it is unfortunate that Melanie dies. But when she was sick and dying, Ashley did not question his responsibilities. He was right there by her side, soothing her, assuring her, loving her, all the way to the bitter end. This is a man. Besides, after Melanie passes away, Ashley is still rich.

Contrast that with Rhett Butler. He didn't know a stupid, spoiled, conceited little girl when he saw one, and he married her. (Even the best of men make mistakes in love.) And when the entire relationship falls apart, because his wife couldn't get over her school girl crush (read romance formula), all he has left, out of all of his millions, is the clothes he's wearing when he walks out the door. But at least he has his manhood, for what it's worth, which after having wasted it is effectively nothing.

The point of all this is that people make a grave mistake when they look to romance comedies as the basis for their relationships. Margret Mitchell didn't understand romance as much as she understood life, the fundamental relationship between men and women. That's why her novel is more of a tragedy than it is a history.

It goes to a definition of terms. Romance (with a capital R) is an informing strategy, by which we make sense of the world; romance (with a small r) is a love story, by which we make ruin of our lives.

Love is for fools. Even the most casual observer knows that. It is only knowledge, honesty and trust (what Ashley and Melanie had) that makes for a relationship. What Rhett and Scarlett had, medieval love and the need for money, paves the way for self-destruction.

In conclusion, I apologize to Dr. Helen for using up so much of her bandwidth, but this is one of my pet peeves.

> And as far as the modern American girl goes, Scarletts the lot of them, I'd rather have the money.

A few comments later, Trust adds the following:

> Contrast "Gone with the Wind" with the highest grossing romantic movie of all time and what it teaches about romance.
>
> What should a young, Hollywood hero do when he sees another man's fiance contemplating suicide on the back of a ship? Pursue her behind his back, of course.
>
> What should a young Hollywood heroine do when she decides she does not want to marry her fiance? Go and break off the engagement like an adult? Of course not. She is to pose nude for an unemployed man she just met wearing a piece of jewelry given to her by her fiance, leave the nude portrait with a crude note for the fiance to find, then run off and have sex in the back seat of the fiances car. And when the fiance is *gasp* angry about this, he's a jerk (of course, if a man did this to a woman her anger would be righteous indignation, but that's another story).
>
> We all know what movie I refer to, and how many millions of young people were influenced by it. Icing on the cake after years of cartoons promoting the frog prince (when you find a toad, kiss him), Lady and the Tramp (chicken thieves are great partners), Beauty and the Beast (who cares that he's mean, her love will fix him), Alladin (who cares that he's a theif, he has a good heart), and various soap operas (the best men ride motorcycles and get into bar fights, villians wear ties).

It's no surprise folks...the mass media has played a KEY role in fomenting the plague of broken homes and single mother households as well as subliminally influencing millions of people that never get married, never have children and create Patriarchal Family Units.

LMAO

Keoni Galt · 19 December 2008 · Archived copy · Original

Great satire of Cosmopolitan Magazine's Cover from a PUA website, 11 minutes, that I found today...

[image]

Hau'oli Makahiki Hou!

Keoni Galt · 1 January 2009 · Archived copy · Original

In Hawaiian, that means Happy New Year!

Times have been really tough for myself in the world of business, and my immediate future is certainly uncertain right now.

I am a partner in a small business that is based on commission-based sales, and the tanking economy has hit our company as hard as anyone else in this country. Funny, but last year was our best year ever...this year the worst. Even worse than when I was fresh out of college and looking for my first career-related job. I may have to start burning the candle at both ends and go back to bouncer work at night and construction work on the weekends...but one thing I do know is this: I'm on the brink of financial disaster, but I know that I must remain positive and find a way.

Happy New Years!

The NWO End-Game

Keoni Galt · 8 January 2009 · Archived copy · Original

Three of the European change-agent puppets for the New World Order have all come out in plain language and called for an outright movement towards the One World Government the power-elite have been planning for us for many years now.

The money quote:

> Merkel said the International Monetary Fund has not managed to regulate global capitalism, and she called for the creation of an economy body at the United Nations, similar to the Security Council, to judge government policy.
>
> Speaking at the conference, European Competition Commissioner Neelie Kroes said "global rules" on government aid to companies would be "helpful."

Recall Mayer Amschel Rothschild's infamous quote: "Give me control of a nation's money and I care not who makes the laws."

Things are looking like we are definitely moving into the end-game phase of global governance of our brave new world.

I am absolutely convinced that our current economic crisis has been deliberately caused to further the goals of subverting Western countries sovereignty, nationalism and pride. This is why both legal and illegal immigration from the third world to the first world continues unabated regardless of which political party (Liberal/Conservative...two sides of the same coin) "controls" the government of any nation.

I used to be an avid debater on Internet discussion forums regarding Republican vs. Democrat politics. Through research brought about by delving into the feminist movement's history thanks to the MRA/MGTOW Blogosphere, I've awakened from that state of mind like a hippie coming down from a bad acid trip, to see the stark truth of just how deluded I had been.

The reality is that Both Political Parties Brought Police State to America

> “Fascism will come at the hands of perfectly authentic Americans…who are convinced that the present economic system is washed up…and who wish to commit this country to the rule of the bureaucratic state; interfering in the affairs of the states and the cities; taking part in the management of industry and finance and agriculture; assuming the role of a great national banker and investor, borrowing billions every year and spending them on all sorts of projects through which a government can paralyze opposition and command public support; marshaling great armies…at crushing costs to support the industry of war….which will become our greatest industry…adding …global planning …under the authority of a centralized government in which the executive will hold…all the powers, with Congress reduced to the role of a debating society.”
>
> Fascism didn’t come to America wearing jack boots and brown shirts. It came respectably-clad in suits and ties

> and calling itself Republicans and Democrats.
>
> The fascism basecoat was laid with each government intervention in the free market system, each undeclared and unconstitutional war and every single incursion by the state into private enterprises like banking and auto manufacturing. And both the R's and the D's were behind it all.
>
> As we watched the basecoat dry we continued to allow the incremental creeping toward fascism by electing those who made no secret of their plans to redistribute wealth, make the state the boss of us and dismantle the free enterprise system.

The NWO agenda is also why feminism is the ascendant paradigm in every first world country - the more feminist a country, the more the population control agenda is instilled, the less nuclear families are formed, the more dependent and easily controlled wards of the state are created amongst the sheeple.

Soon to come under the Obama regime...the total devaluation of the US Dollar, the implementation of the Amero, and the formation of the American Union - all coming from the inevitable State and US Constitutional Conventions that will once and for all kill the experiment in freedom and individual liberty started by the Founding Fathers.

Could They Be Anymore Obvious?

Keoni Galt · 9 January 2009 · Archived copy · Original



Now why do you think our Federal Government Overlords are so concerned about making sure everyone is prepared for the switch from Analog to Digital TV broadcasting?

Federal subsidized coupons to ensure that even the poorest of the poor can afford to get the converter box for their TV sets...got that?

That's OUR TAX MONEY BEING USED TO ENSURE THAT EVERYONE REMAINS PLUGGED INTO THE FEMINAZI-MATRIX!

TV is the primary means of indoctrinating the masses of we the sheeple so as to continue the social engineering goals of our Brave New World Order.

PUA vs. MGTOW

Keoni Galt · 10 January 2009 · Archived copy · Original

Before I get into anything else here, I want to make something perfectly clear here: while the topic of this post inherently will be critical of some aspects of the MGTOW movement, I need to say that given the current state of affairs, I absolutely understand that MGTOW is a perfectly reasonable and logical response to the dangers men expose themselves to by getting involved in relationships with the typical Westernized female. In this regards, I completely concur with Stephen Baskerville's advice: Do Not Marry, Do Not Have Children

> Marriage is a foundation of civilized life. No advanced civilization has ever existed without the married, two-parent family. Those who argue that our civilization needs healthy marriages to survive are not exaggerating.
>
> And yet I cannot, in good conscience, urge young men to marry today. For many men (and some women), marriage has become nothing less than a one-way ticket to jail. Even the New York Times has reported on how easily the divorce court leads to a jail cell, mostly for men. In fact, if I have one urgent piece of practical advice for young men today it is this: Do not marry and do not have children.

Men Going Their Own Way is in fact simply putting this advice and turning it into a credo. I cannot criticize or fault any man in our current society from taking that path.

However, I must say that I've read plenty of MGTOW bloggers and posters on the various "don't get married" type message boards, and I do think that to some degree, there are a lot of people out there for which MGTOW is not really a conscious decision to avoid getting trapped in the current system...but really an excuse or justification for not being able to have any kind of romantic relationship success with females, period.

This is where I think some of you MGTOW acolytes may want to assess exactly why you are taking the path you are choosing.

As Pook once wrote,

> I think it is becoming clear that marriage and children is a natural longing in not just women but men as well. Nature did not intend gender avoidance. I believe generally everyone is repelled by the negative pessimistic tone found on MGTOW. However, people return consistently for a dose of the poison to ease the existential pain (caused by the natural longing of wife and children which is found in every culture and time). Once convinced by the rantings that women are more painful than pleasurable, the male goes off semi-satisfied. But, alas, the natural longing creeps up again causing the male to return.

The biggest reason men I see MGTOW-types cite for avoiding marriage is the very real possibility of the typical American female cashing out once she captures her provider with children so she can have a steady income of alimony and child support.

This is unfortunately a very real possibility - but there is another aspect of this scenario that is usually not mentioned...unless you married a gold digger who's sole intent was to trick you into becoming her wage slave, there

are plenty of instances where the man has played a significant role in the demise of his marriage and his subsequent injustices he suffers at the hands of the divorce industry.

We MRA often criticize feminists for avoiding responsibility and blaming everything on men...well, I have to say that in some cases, I see the mirror image in some MGTOW rants and diatribes.

This is why I'm writing this post...because the other side to the MGTOW coin is the PUA....or the Pick Up Artist.

PUA's are well aware of the current misandry and injustice of the system, and have decided that women are simply nothing more than to be used for sexual sport. However, in terms of why I've added a few PUA websites to my blogroll (Roissy in D.C., Roosh V, and The Reality Method,) is because they offer some very keen insights into male/female relational dynamics.

See, as those of you that have been reading my blog for awhile now already know, I was married long before I discovered the MRA blogosphere or became awakened to the realities that our society has become a feminized Matriarchy.

And I had a contentious marriage for a long time, because I thought that following the cultural cues that urge men to "get in touch with their feminine side" and "put her on a pedestal and worship her as a goddess" was the key to making her happy...completely unaware that it was actually a recipe for disaster.

Women raised in our culture don't even know that 95% of them suffer from the cognitive dissonance created by the feminist indoctrination of equality for which they've internalized and consciously adhere to clashing with their biological instincts for hypergamy - to value dominant traits in their prospective mates.

This is EXACTLY why so many MGTOW types are bitter that they're "nice guys" while the ladies they were attracted to and wanted to pursue all went out with the "bad boys" and thugs, and told them "Let's Just Be Friends."

This is how my marriage fell into trouble over the course of several years. I basically became a spineless "beta" that handed my wife my balls and she was very unhappy with me for it. She couldn't respect me and she was falling out of attraction with me. When a women you are married to or involved with no longer finds you attractive - because you do not display adequate traits of dominance - that's when your relationship begins to have 'problems' and she begins to nitpick and employ passive-aggressive conflicts that make your life a living hell...and usually ends up ending the relationship if it goes on for too long.

And the typical man's response when he knows the relationship is going wrong is to escalate the very behaviors that are turning off her attraction for you in the first place! Buy her gifts, take her on vacations, spoil her like a princess, beg her to stay with you...these are all traits that turn off her biological cues of attraction!

Of COURSE, this does not mean a selfish woman is justified in destroying her family by divorcing her husband, and turning into the ex-wife from hell...but I say to you, that a man that makes himself knowledgeable about the biological imperatives that drive women's attraction are far less likely to end up as another ex-husband chained into peonage, because you CAN learn how to keep your long term woman continually attracted to you.

This is why I say the PUA offer some very valuable insights. By reading and studying and than applying the "GAME" techniques the PUA advocate on my own wife, I found that my marriage transformed dramatically. In short, the "GAME" that they advocate men learn so they can score sex is nothing more than understanding what makes women attracted to men on a visceral, instinctual level, and how to interact with them to make them LUST you. You can use "game" to become a player and seek out casual sex...but you can also use it to make your long

term relationship thrive. I speak from personal experience.

Because whether you're married, living with a woman, or just dating, once a woman falls out of LUST with you, she falls out of LOVE. Women won't or don't admit it to themselves, but this I tell you is TRUTH.

So if you are a man and you happen to be reading this, and you are in a relationship with a woman, I urge you to do some research on the PUA websites and you may look on your own relationship dynamics and see if perhaps understanding these things can help you succeed.

For me, the biggest help was the following: What is a Shit Test?

Once I understood just what is a shit test, this was the BIGGEST help to my relationship. Hope it can help you like it did for me.

PS - I've dropped a few comments under the name "Dave in Hawaii" over at Roissy's blog. There's been some interesting debates going on when Roissy's post It's Easy to Identify a Slut was linked to by Jezebel.com and the useful idiot feminuts invaded his comment section. Some entertaining reading!

Humans Were Designed to Mate & Reproduce

Keoni Galt · 12 January 2009 · Archived copy · Original

When I wrote my last entry on Friday and left the office for the weekend (I don't have internet access at home,) I expected that post would garner some responses...I even expected an angry MGTOW or two...but the replies have been mostly pretty well thought and expressed logically.

However, there was a lot more commentary than I expected, so rather than try to respond in the comments, I'm just going to post this in response.

Anon 66

> There may indeed by men in MGTOW who use it as an excuse for personal failures, but I hope other men do not start painting all MGTOW that way. The last thing we need is more men enemies of men. That has been the norm for 45 years, and the reason things have turned as bad as they are.

I was very conscious of this, which is why I did try to write my last post without naming any names or linking to any examples of what I was referring to...I was merely trying to be a voice of reason to perhaps inspire some men to really look honestly at themselves and their decisions they make in their lives. It's all well and good for a MGTOW to shun relationships with women...but he may one day look back and realize he did have an opportunity to have a wife and family with a good woman, but his ideological zeal kept him from realizing his potential.

MarkyMark:

> But, after examining the whole dating scene, I decided that the 'prize', an Ameriskank, wasn't worth the effort.

I'd agree with you there...afterall, if my wife were an Ameriskank, I would be divorced right now. My only point to you is that while feminism has screwed up society to an unbelievable extent right now, not all women have fallen under it's hideous spell. By all means Mark, nothing wrong with protecting yourself from falling prey to a female that can and will screw you over under our current regime...but on the other hand, don't let it poison you to the point where you find yourself with the opportunity should you actually come across a woman who would be worthy of getting involved with. For instance, have a read of Kim's blog, Equal but Different. If you met a young, single version of a lady like her who expressed the same thoughts and ideas, you telling me you'd write her off as an Ameriskank and hit the road?

Deadbeat Dad:

> If it works for you, then fine. But do you honestly believe that -- all other things being equal -- your relationship would have endured if your wife were an American citizen? No? Neither do I.

I'll beg to differ...but I will definitely concede that the chances of finding an American girl worthy of a long term

relationship, marriage and child bearing is getting increasingly harder and harder as the feminist zeitgeist continues to ascend in cultural dominance - but there are still some good ones out there. Afterall, I THINK I married one. (I say think, because nothing is ever 100% in this life, of course).

Anonymous:

> Can a woman add to my peace, satisfaction and tranquility? Certainly if her values and mine are similar. But that has not happened much in my life and I'm not willing to surrender my values for hers if hers differ.

I concur with this 100%. If you do indeed want to get married and have children, this needs to be your number one means of measuring and weighing her worthiness for you making yourself vulnerable to the feminist system. Be true to yourself, and if you can, find a woman whose values match yours before you even begin to think about committing to her.

Rudderstone:

> As to applying this PUA stuff to marriage, I don't think it will work. Married women simply don't want to have sex with their husbands. They find it to be a boring, tiring chore that they get no pleasure from. Married women do not give their husband "shit tests," they just flatly refuse to have sex with them. There is no clever comeback to that.

You don't have to take my word for it, but I tell you that you are wrong in this regard.

The "PUA" really deals with analyzing and applying what kinds of behaviors work to turn a woman's attraction on or off. The wife that doesn't want to have sex with her husband anymore is the wife that is really not attracted to him anymore...and he has his own role to play in that state of affairs as well.

Married women certainly DO shit test their husbands. If you read the link I provided from the Reality Method, you would understand that the "Shit Test" is really an intrinsic part of the female psyche - it's her subconscious desire to ensure that her mate has enough dominant genes worthy to inseminate her eggs. I can tell you this...for the first 7 years of my marriage, my relationship was on a deteriorating arc, as I continually failed her "shit tests." Yes, the sex became almost non-existent, and we fought all the time, and I was actually headed towards the brink of divorce. Once I discovered the whole MRA/MGTOW/PUA blogosphere (and I group them all together, because as a whole, they are all dedicated to finding the basic truths and exposing the LIES of our socially engineered feminist society), and especially the Reality Method's post on "Shit Tests" it was like a dramatic turnaround in our relationship.

I've been married 10 and a half years now. We have never been happier. NEVER. And it's all because I discovered that I had been acting like a beta and turning off all of her attraction cues that she herself is not even consciously aware of...but I am. Thanks to the PUA blogs.

By the way, I have never spent a single dime on pickup artist manuals or coursework or subscriptions or anything like that. I was able to read whatever is out there for free on the internet and learn about the basic truths of female and male mating instincts.

> Marriage is supposed to be a reciprocal arrangement; both partners are supposed to sometimes do things for the other partner that they don't necessarily feel like. And, for men, the main thing that his wife can do for him is have sex with him.

I'll certainly agree with you there. All I'm saying is that I went through a period of our marriage where she did look at sex like a chore...which is because she didn't even consciously realize it, but she was no longer attracted to me because I had turned into a spineless beta. Needless to say, things are MUCH different now....even better than when we were both hormone raging teenagers infatuated with each other.

In other words, I "GAME" my wife, and she is not bored...and it's really not that hard to do once you figure it out.

Jay Fink:

> While I enjoy reading the blogs, I have no desire to learn and practice PUA techniques. I am not a dominant male, I dislike dominant males, and have no desire (or energy) to go through life pretending I'm somebody I'm not. Men shouldn't have to learn "game", Instead women should evolve to the point where it doesn't work on them. But they require it, the result is the downfall of Western civilization. Got popcorn?

I just want to be clear - PUA "techniques" are really nothing more than recognizing what women are attracted to on an instinctual level. I don't "fake" anything, I don't pretend to be somebody that I'm not. In fact, I would say to you that having "game" is nothing more than developing a conscious awareness and development of your social skills with the opposite gender. Yeah, there are some PUA that are over-the-top machismo dominant alpha's and all that that entails...but that doesn't mean you have to put up a front and fake being one of those types.

"Game" just reconnects men with their traditional role of masculinity. The feminist mainstream has tried it's hardest to screw that up and emasculate men from their own "game." Following the cultural cues of worshiping women as goddesses is in fact a deliberate social engineering ploy designed to create the gender war we are now in.

Anonymous:

> I close with a fundamental question: If a man is decent chap who plays by the rules yet a woman finds that boring, why are we asking HIM to change and be something he's not?

Anon, you wrote a very long response...but let me be clear here: there is definitely a difference between PUA gaming girls to run up a notch count of conquest...and that certainly entails "being a jerk." But what I'm referring to has nothing to do with that...I'm talking about learning the specific cues that women are biologically attracted to and what turns off that attraction.

Look, I think one of the best ways I can try to get my point across is to refer you guys to the writing of John Ross from Ross in Range. This guy is NOT a PUA...but he is what a PUA would call a "natural."

His most recent article is the perfect example of what I'm referring to...

Women, Teasing, Tests, One-itis & Hope

Follow that up by reading this.

Learning About Women at a Young Age

In short, grovelling, trying to bribe her or acquiescing to her every whim and demand, i.e. treating her like a goddess, is what society constantly tries to instill in us as to how men should treat women. That behavior drives women away, not increase their attraction for you.

In the end, I have to say that I'm not trying to judge anyone, or to try and put myself above MGTOW guys...and if you know what work's best for you, great.

My only real point is that not ALL women are gold digging whors just waiting for their chance to suck you in and chain into wage slavery. Some ARE suitable wife and mother material...and if you do find one, it helps to understand what pushes her attraction buttons on basic, biological level. Than it's just a matter of continuing to push those buttons...and I think once you know how to do that, you have a much greater chance of having a long term, successful and happy relationship.

Can it still end up badly for you or me? Of course...but than no one ever said life was without danger.

[image]

Our Brave New World Order

Keoni Galt · 14 January 2009 · Archived copy · Original

[image]

It's been well over 15 years since I initially read Adolph Huxley's Brave New World. I have just finished re-reading it, and I must say, Huxley has presented one of the most accurate predictions of life in the future from the era in which he wrote his novel.

While Orwell foretold some equally accurate prognostications regarding the surveillance police state and heavy handed authoritarian government that would try to control every citizen's thoughts and behaviors, I do believe Huxley was closer to the mark in envisioning how our modern day society would become.

As Neil Postman wrote in the foreward to his book, Amusing Ourselves to Death:

> We were keeping our eye on 1984. When the year came and the prophecy didn't, thoughtful Americans sang softly in praise of themselves. The roots of liberal democracy had held. Wherever else the terror had happened, we, at least, had not been visited by Orwellian nightmares.
>
> But we had forgotten that alongside Orwell's dark vision, there was another -- slightly older, slightly less well known, equally chilling: Aldous Huxley's Brave New World. Contrary to common belief even among the educated, Huxley and Orwell did not prophesy the same thing. Orwell warns that we will be overcome by an externally imposed oppression. But in Huxley's vision, no Big Brother is required to deprive people of their autonomy, maturity and history. As he saw it, people will come to love their oppression, to adore the technologies that undo their capacities to think.
>
> What Orwell feared were those who would ban books. What Huxley feared was that there would be no reason to ban a book, for there would be no one who wanted to read one.
>
> Orwell feared those who would deprive us of information. Huxley feared those who would give us so much that we would be reduced to passivity and egoism.
>
> Orwell feared that the truth would be concealed from us. Huxley feared the truth would be drowned in a sea of irrelevance.
>
> Orwell feared we would become a captive culture. Huxley feared we would become a trivial culture, preoccupied with some equivalent of the feelies, the orgy porgy, and the centrifugal bumblepuppy.
>
> As Huxley remarked in Brave New World Revisited, the civil libertarians and rationalists who are ever on the alert to oppose tyranny "failed to take into account man's almost infinite capacity for distractions." In 1984, Huxley added, people are controlled by inflicting pain. In Brave New World, they are controlled by inflicting pleasure. In short, Orwell feared that what we hate will ruin us. Huxley feared that what we love will ruin us.
>
> This book is about the possibility that Huxley, not Orwell, was right.

I've read 1984 at least three times over the years, but it was the re-reading of "Brave New World" -- this time with a mind made aware of the realities of our current existence -- that I have to say, I believe Postman was right about this.

Look how far along Huxley's nightmare vision of dystopia have already come to pass....

* Sex would be completely disassociated with reproduction. (We're almost there.)

* The nuclear family model would fall out of mainstream acceptability. Motherhood and Fatherhood would become shameful. (We're almost there.)

* The use of chemicals by the population to avoid facing the stark reality of their existence.

* The rigid stratification of society into a socio-economic caste system.

* The conditioning of society to not value traditions, religion, or anything that is old. No value in keeping, mending or fixing things...a disposable society in which all things that break or wear out quickly and are immediately thrown out and replaced with NEW.

* The cultural acceptance of death as each person's duty to make way for your replacement in the larger community.

But most of all, I think Huxley's most accurate prediction was the successful means of the power elite to use what he called Hypnopædia - The use of repetitive suggestion to brainwash the masses. Except Huxley described this process in his story with the State implanting suggestions in developing infants while they sleep...we the Sheeple gladly embrace our own indoctrination and brainwashing while we are conscious and attending state indoctrination facilities (public schools and Universities) and our own voluntary consumption of mass media "entertainment!"

Environmentalism, Feminism, and Communitarianism are all our current versions of Conscious and Deliberate Hypnopædia. Talk to the average first world person still totally plugged into the current societal Matrix...and you will find it almost scary the platitudes, cliche's and verboten "opinions" they espouse.

Just like Huxley's characters repeating their hypnopædiac phrases, one can easily see the same sort of phrases regarding sex, Soma and behaviors, just listen/watch/read the thought patterns being regurgitated by ANY self-identified "Republican", "Democrat","liberal", "Conservative", "Feminist","Environmentalist" or even "Voter" in our modern world.

In fact, I think we could define "Political Correctness" as conforming to our Brave New World Order's hypnopædiac conditioning.

However, the thing I fear the most about our Brave New World Order is that Postman was merely making observations relevant to his time (he wrote the aforementioned quote in 1985), because I believe that the current paradigm of the New World Order following Huxley's prescient vision of population control through mass dumbing-down and infantilization of the sheeple and distracting them with base, hedonistic pleasures, will eventually result in mankind waking up from our stupefying slumber and find ourselves screaming under the authoritarian jackboot dystopia foretold by Orwell.

Once the New World Order power elite social engineers that have molded and shaped our present day existence have achieved absolute entrenchment into power and control, I think Orwell's vision will become our new reality.

The only real question here is how will each and every one of us refuse and resist? How can we save our own liberty and freedom from their nefarious master plan?

Because, after stepping back and looking at the big picture, I really don't see much hope for our future as a society and a culture.

Battlestar Vagina

Keoni Galt · 21 January 2009 · Archived copy · Original

[image]Cylons? These are CYLONS?!?!?!?!!

I remember the orignal Battlestar Galactica TV show when I was only 5 years old...I had a few of their toys and Starbuck was my hero. At that age, I wanted to grow up to become a Starbuck or a Han Solo - a galactic gunslinger-bad ass that took no shit, killed the bad guys and scored the ladies.

So I was a little intrigued to find out that the SciFi channel was gonna re-make the TV series back in 2004...until I read the commentary thread on Vox Popoli in which one of the commenters (I don't remember who, but I always remembered the quote) wrote that long time fans of the original shouldn't bother wasting their time watching "Battlestar Vagina." The new show was basically Hollywood's feminized version where the girls kick ass, the guys are metrosexuals and the show seeks to portray the bad guys in an ambiguous if not sympathetic light.

So I never bothered to record it on my DVR and watch it (DVR is the ONLY way I watch TV anymore...commercial free TV!).

Seems to me that the commenter on Vox's blog was right on the money, because Dirk Benedict, the original Starbuck has recently blogged about the new Battlestar Galactica, entitled: Lt. Starbuck … Lost In Castration.

> Once upon a time, in what used to be a far away land called Hollywood (but is now a state of mind and everywhere), a young actor was handed a script and asked to bring to life a character called Starbuck. I am that actor. The script was called “Battlestar Galactica.”
>
> Fortunately, I was young, my imagination fertile and adrenal glands strong, because bringing Starbuck to life was over the dead imaginations of a lot of Network Executives. Every character trait I struggled to give him was met with vigorous resistance. A charming womanizer? The “Suits” (Network Executives) hated it. A cigar (fumerello) smoker? The Suits hated it. A reluctant hero who found humor in the bleakest of situations? The Suits hated it. All this negative feedback convinced me I was on the right track.

That's because the "suits" are either active agents or stooges for the social engineers that seek to propagate the gender war. "Charming womanizer?" Everyone knows you're supposed to worship the female goddess and be a supplicating sycophant ready to serve her every wish and fulfill her every need!

> Starbuck was meant to be a lovable rogue. It was best for the show, best for the character and the best that I could do. The Suits didn’t think so. “One more cigar and he’s fired,” they told Glen Larson, the creator of the show. “We want Starbuck to appeal to the female audience for crying out loud.” You see, the Suits knew women were turned off by men who smoked cigars, especially young men. How they “knew” this was never revealed. And they didn’t stop there. “If Dirk doesn’t quit playing every scene with a girl like he wants to get her in bed, he’s fired.” This was, well, it was blatant heterosexuality, treating women like “sex objects.” I thought it was flirting.
>
> Never mind, they wouldn’t have it. I wouldn’t have it any other way, or rather Starbuck wouldn’t. So we

> persevered, Starbuck and I. The show, as the saying goes, went on and the rest is history for, lo and behold, women from all over the world sent me boxes of cigars, phone numbers, dinner requests, and marriage proposals.
>
> The Suits were not impressed. They would have their way, which is what Suits do best, and after one season of puffing and flirting and gambling, Starbuck, that loveable scoundrel, was indeed fired. Which is to say, “Battlestar Galactica” was cancelled.

Now we see that the "Suits" have simply re-made it to fit the feminized/homosexual agenda...

> There was a time, I know I was there, when men were men, women were women and sometimes a cigar was just a good smoke. But 40 years of feminism have taken their toll. The war against masculinity has been won. Everything has turned into its opposite, so that what was once flirting and smoking is now sexual harassment and criminal. And everyone is more lonely and miserable as a result.

Gee, I wonder if Dirk Benedict is a liberal/progressive feminist?

> One thing is certain. In the new un-imagined, re-imagined world of “Battlestar Galactica” everything is female driven. The male characters, from Adama on down, are confused, weak and wracked with indecision, while the female characters are decisive, bold, angry as hell, puffing cigars (gasp!) and not about to take it any more.
>
> One can quickly surmise what a problem the original Starbuck created for the re-imaginators. Starbuck was all charm and humor and flirting without an angry bone in his womanizing body. Yes, he was definitely “female driven,” but not in the politically correct ways of Re-imagined Television. What to do, wondered the Re-imaginators? Keep him as he was, with a twinkle in his eye, a stogie in his mouth and a girl in every galaxy? This could not be.

Of course not!

> The best minds in the world of un-imagination doubled their intake of Double Soy Latte’s as they gathered in their smoke-free offices to curse the day that this chauvinistic Viper Pilot was allowed to be. But never under-estimate the power of the un-imaginative mind when it encounters an obstacle (character) it subconsciously loathes. ”Re-inspiration” struck. Starbuck would go the way of most men in today’s society. Starbuck would become “Stardoe.”

Perhaps in another 20 years, they'll do another re-make of the re-make, and they'll turn the character into Star-transgendered-buck-doe...

Benedict finishes up his excellent blog post with an indictment of the mass media corporations - implicitly making

the point that we do in fact live in an age of deceit, and that the average person's thought process has been programmed by the social engineers of the Fascist Corporatocracy of our Brave New World Order...

> For you see, TV shows (and movies) are made and sold according to the same business formula as hamburger franchises. So that it matters not if it is the “best” hamburger, what matters is that you “think” it is the best. And you do “think” it is the best, because you have been told to; because all of your favorite celebrities are seen munching it on TV. The big money is not spent on making the hamburger or the television show, but on the marketing of the hamburger/show. (One 60 second commercial can cost more than it does to film a one-hour episode.) It matters not to Suits if it is Starbuck or Stardoe, if the Cylons are robots or lingerie models, if the show is full of optimism and morality or pessimism and amorality. What matters is that it is marketed well, so that all you people out there in TV land know that you must see this show. And after you see it, you are told that you should like it. That it is new and bold and sleek and sexy and best of all … it is Re-imagined!
>
> So grab a Coke from the fridge (not the Classic Coke, but the re-imagined kind with fewer calories) and send out for a McDonald’s hamburger (the re-imagined one with fewer carbs), and tune in to Stardoe and Cylon #6 (or was it #69?) and Enjoy the Show.
>
> And if you don’t enjoy the show, or the hamburger and coke, it’s not the fault of those re-imaginative technocrats that brought them to you. It is your fault. You and your individual instincts, tastes and judgment — your refusal to let go of the memory of the show that once was. You just don’t know what is good for you. But stay tuned. After another 13 episodes (and millions of dollars of marketing), you will see the light. You, your instincts, your judgment, are wrong. McDonald’s is the best hamburger on the planet, Coca-Cola the best drink, and Stardoe is the best Viper Pilot in the Galaxy.
>
> And “Battlestar Galactica,” contrary to what your memory tells you, never existed before the Re-imagination of 2004.
>
> I disagree. But perhaps, you had to be there.

I'm glad I followed the advice of that now forgotten commenter on Vox's blog...I have not wasted a single second watching Battlestar Vagina.

The Feminist Agenda for Our Mangina-In-Chief

Keoni Galt · 27 January 2009 · Archived copy · Original



The original Anti-Feminist and champion of the effort to defeat the original ERA movement, Phyllis Schalfly, is still on point in opposing the Feminazi lobby. Her latest townhall.com column lists the plans that leading Feminazi Special interest group, NOW, plans to enact now that they have their Mangina-in-Chief, B.H.O., in office, along with his sidekick, Joe VAWA Biden.

From Feminists Expect to Cash-In With Barack Obama

> The groups that elected Barack Obama are poised to cash in on their investment, and the feminists are muscling to be first in line. The National Organization for Women (NOW), bragging that "we all worked hard to help elect" Obama, has helpfully spelled out the "feminist action agenda":

Check out this laundry list of misandry, propaganda, misinformation and outright lies...

> -- Pass the Lilly Ledbetter Fair Pay Act to repeal the statute of limitations and allow women to sue employers for alleged wage discrimination long after bosses are dead and unable to defend their actions. The feminists made this their first priority, the House and Senate quickly acquiesced, and President Obama is itching to sign the bill.

They can finally strike a blow at the dead, white males they hate so much...

> -- Direct Equal Employment Opportunity Commission to compare pay scales in job categories held mostly by women or mostly by men, and then enforce wage control to equalize wages according to the feminists'

> subjective definition of what they call comparable worth.

"Wage control?! As Rob Fedders first line of text in the header of his No Ma'am blog demonstrates: "Feminism, Socialism, and Communism are one in the same, and Socialist/Communist government is the goal of feminism." - Catharine A. MacKinnon, Toward a Feminist Theory of the State (First Harvard University Press, 1989), p.10

> -- Expand the Family and Medical Leave Act to require paid parental and family leave at the option of the employee, rather than unpaid leave as allowed in current law. Reject all proposals to allow any portion of Social Security contributions to be paid into individual investment accounts.

This is a particularly idiotic goal...it would simply result in companies finding ways to avoid hiring women who could potentially get pregnant and stick them with the bill...and what the hell does Social Security contributions have to do with "Female Equality?"

> -- Appropriate $10 billion annually for daycare, early childhood programs, and grants for infant and toddler care so that mothers can be liberated from caring for their own babies.

Gotta make sure we get those young ones into Government propaganda facilities for their indoctrination as early as possible!

> -- Stop federal funding of marriage promotion and fatherhood programs. Repeal all the restrictions put into place by welfare reform legislation that encourage welfare recipients to seek employment or training for a job.

Just what we need...more subsidization of bastard-creation. Doesn't matter...the Federal Government shouldn't be funding "marriage promotion" anyhow. What SHOULD be done is changing the divorce and family court system so that women will no longer have the incentive to divorce and men will no longer be afraid to get married and submit themselves to a misandrist legal system that can enslave them into peonage.

> -- Expand the Child Tax Credit so that it covers all care-giving for married and non-married partners, and make it fully refundable for low-income working families.

Thereby making it official Federal policy that the institution of marriage is meaningless, since non-married partners receive the exact same benefits...not to mention the redistribution of wealth from the productive to the non-productive parasite class, since "low-income working families" have almost zero tax liability anyhow...

> -- Stop all funding for abstinence education and replace it with funding for federal programs that emphasize

> contraception. Increase funding for Title X family planning programs by at least $1 billion annually.

Of course...abstinence education is based on the idea of saving yourself for marriage - and it's quite obvious that the Femi-nazi's are quite intent on destroying the institution once and for all.

> -- Enact the Freedom of Choice Act, which would repeal all national and state regulations of abortion passed over the last 35 years, including the ban on partial birth abortion. Repeal the Hyde Amendment, which bars federal taxpayer funding for most abortions.

More accurately, this should be called the Fetal Genocide Act. Rush Limbaugh was right when he pointed out that Feminism is a cult-like religion and abortion is their sacrament.

> -- Halt adoption of a "conscience" regulation to allow doctors and other health care workers to refuse to perform abortions or provide contraceptive services they believe are morally objectionable.

Notice the ONLY Freedom of Choice these evil, malevolent murderess support is the "freedom" for pregnant women to suck their fetus into a sink.

> -- Require insurance companies to cover birth control, require pharmacists to fill contraceptive prescriptions, and remove the age restriction on over-the-counter so-called emergency contraception. Approve funding for embryonic stem cell research that requires killing embryos.
>
> -- Promote abortion programs, services and advocacy in other countries by spending at least $1 billion for international family planning. One of Obama's first presidential directives canceled Reagan's Mexico City policy that prohibited this.
>
> -- Nominate and confirm federal judges who support abortion and other feminist goals.

Further advancing the Rockefeller-funded population control agenda...

> -- Ratify the long-dead Equal Rights Amendment with no time limitation on the process. Ratify the United Nations Treaty on Women (CEDAW), which would make our laws, customs and textbooks subject to supervision and control by a U.N. committee of feminists designated as "experts."

Taking us another step closer to our Brave New World Order...

> -- Repeal the Don't Ask, Don't Tell policy in the military. Lift the combat exclusion on women in the military so women can be assigned to ground combat and submarines.

Thereby crippling the military in ALL facets of operation.

> -- Enact Hate Crimes legislation to cover acts of violence based on the victim's real or perceived gender, sexual orientation or gender identity. Fully fund, expand and aggressively enforce the Violence Against Women Act (VAWA), and enact the International VAWA (IVAWA).

Enact Orwellian THOUGHT CRIME as the law of the land, and than make sure men are unable to go to foreign countries to find normal, feminine women that have not been corrupted by their destructive and poisonous brain-washing influence...

> -- Cancel the regulations that allow public schools to have any single-sex schools or classes, and withhold federal funding from any schools that do. Aggressively enforce Title IX against colleges and universities, and refuse to accept evidence of women's relative lack of interest in sports.

Must continue to carry out the social engineering efforts to remake women into masculine feminoids...

> -- Oppose any constitutional amendment to ban same-sex marriage. Give same-sex couples federal benefits equal to married couples, and add sexual orientation and gender identity to federal nondiscrimination laws without a religious exception.

The only marriage these psychotic gender supremacists want to see is the gay ones...because gay marriages don't produce offspring. Just another means of population control.

> -- Establish a Cabinet-level Office on Women so that lobbying for feminist legislation and regulations can be carried out by federal employees at taxpayers' expense. Promote affirmative action for women.

Creating the office of The Chancellor of Feminism...Sieg Heil!

> -- Appoint feminists to key positions in all the federal departments and strive for gender balance (i.e., 50 percent feminists) throughout the government. Establish a lesbian, gay, bisexual and transgender liaison position in the White House.

My my, they are getting quite ambitious now, aren't they?

> -- Enact a single-payer (i.e., government-controlled and taxpayer-financed) health plan that includes unrestricted access to comprehensive abortion and contraceptive services. Pass an expanded SCHIP (State Children's Health Insurance Program) to include health services for all children, including illegal aliens.
>
> -- Provide a path to citizenship for illegal aliens. Rescind the Bush tax cuts. Restore the Fairness Doctrine in the media.
>
> Many Americans don't understand what it means to be a feminist. Now we know. The premier feminist organization, NOW, has defined feminism for us.

Taking all these plans they intend on inflicting on us all, it's obvious that the NOW gang is seeking to escalate the continuing disintegration of the cornerstones of American culture: Borders, language and culture. These psychotic bitches are looking for nothing less than delivering the killing blow to Western Civilization.

This is the Hope and Change we can all believe in!

I think Vox Day was right when he once wrote on his blog that calling these feminsts 'Nazi's' was an insult...

...to National Socialists.

Obama's First Constitutional Violation as President

Keoni Galt · 30 January 2009 · Archived copy · Original



Article 1, Section 6 of the U.S. Constitution:

> No Senator or Representative shall, during the Time for which he was elected, be appointed to any civil Office under the Authority of the United States which shall have been created, or the Emoluments whereof shall have been increased during such time…"

This means that you can't be in Congress, vote for a pay raise for the Secretary of State, and before your term is over be named to that very same position...which is exactly what happened with Obama appointing Hillary.

I'm quite certain this is just the first of many more violations to come.

Hope and Changing the Constitution we can believe in!

UPDATE - Just as I thought...Obama and the Democrats in Congress are not wasting any time going after the 2nd Amendment! Check out H.R. 45

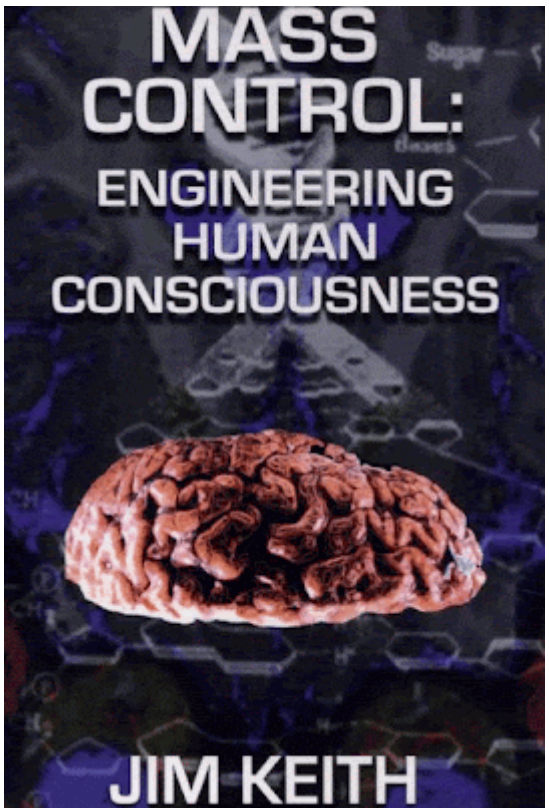
Oh how appropriate is the Hitler photoshop I posted here!

The "Independent" Press

Keoni Galt · 3 February 2009 · Archived copy · Original

Been reading a google-book regarding the way in which tax-exempt foundations and internationalist-minded elite rich like the Rockefellers have funded the social engineering that has shaped our culture and society.

The book is: Mass Control: Engineering Human Consciousness



On page 42, I came across this quotation from Journalist John Swinton, giving a toast to the New York Press Club in 1953. Supposedly, Swinton was one of the most respected journalists of his time, and he was asked to toast the "independent" press of America.

His toast:

> There is no such thing at this date of the world's history, in America, as an independent press.
>
> You know it and I know it.
>
> There is not one of you who dares to write your honest opinions and if you did, you know beforehand that it would never appear in print. I am paid weekly for keeping my honest opinion out of the paper I am connected with. Others of you are paid similar salaries for similar things, and any of you would be so foolish as to write honest opinions would be out on the streets looking for another job. If I allowed my honest opinions to appear in one issue of my paper, before twenty-four hours my occupation would be gone.
>
> The business of journalists is to destroy the truth, to lie outright, to pervert, to vilify, to fawn at the feet of

> mammon, and to sell his country and his race for his daily bread. you know it and I know it, and what folly is this toasting an independent press?
>
> We are the tools of rich men behind the scenes. We are jumping jacks, they pull the strings and we dance. Our talents, our possibilities and our lives are all the property of other men.
>
> We are intellectual prostitutes.

Wonder if his fellow journalists applauded his toast, eh?

This was back in 1953...think anything's changed for the better with regards to our mainstream press?

"He Was Controlling!"

Keoni Galt · 3 February 2009 · Archived copy · Original

Seems like that's one of the number one justifications women use to rationalize their behavior.

Check out this article that Field Marshall Watkins posted about on his End of Men blog:

In the article that was the basis for his post, One in Ten Men Could Be Victims of Paternity Fraud, he details the story of a man who is informed by his cheating whore of a wife that the eldest of three girls that he's raised into adulthood is not his. She cuckolded him straight up.

But get her quote from the article...it really takes the cake:

> He was the son of a painter and decorator, she the daughter of a tyre fitter and secretary. Lydia was 15 and still at school, Mark two years older and studying to be a baker.
>
> He says: 'It just worked. She was quite artistic, musically talented – a very good singer. She was basically an innocent girl from a small town who hadn't really been anywhere, and my history wasn't so dissimilar.
>
> 'She was my first serious girlfriend. Until then I'd been more interested in cricket than girls.' They married four years later in 1982.
>
> Lydia has since said that Mark quickly became controlling and manipulative, hitting walls when he was angry and constantly threatening to leave her.
>
> She also claimed that the gradual chipping away of her confidence left her emotionally vulnerable, which is why she was drinking heavily the night Elspeth was conceived.
>
> Lydia, then a secretary with a computing company, was at a conference and ended up in a hotel room with an older colleague, Allen Mottram, known as David.

So let's get this straight: when he got angry, he'd hit the walls (probably because he wanted to hit YOU but he knew that would be wrong).

And he "threatened to leave her."

How is that "controlling?" If he threatened to leave you, tell him "GO THEN."

Instead, you take no personal responsibility, claim you were "emotionally vulnerable" and than cuckold your husband.

Isn't female empowerment in our Brave New World Order wonderful?!?!

The Only Honest Man in a Den of Thieves and Liars

Keoni Galt · 5 February 2009 · Archived copy · Original

And he got up before Congress yesterday and introduced THE ONLY BILL capable of ending our so-called economic crisis:

> Before the US House of Representatives, February 4, 2009, introducing
>
> The Federal Reserve Board Abolition Act, H.R. 833.
>
> Madame Speaker, I rise to introduce legislation to restore financial stability to America's economy by abolishing the Federal Reserve. Since the creation of the Federal Reserve, middle and working-class Americans have been victimized by a boom-and-bust monetary policy. In addition, most Americans have suffered a steadily eroding purchasing power because of the Federal Reserve's inflationary policies. This represents a real, if hidden, tax imposed on the American people.
>
> From the Great Depression, to the stagflation of the seventies, to the current economic crisis caused by the housing bubble, every economic downturn suffered by this country over the past century can be traced to Federal Reserve policy. The Fed has followed a consistent policy of flooding the economy with easy money, leading to a misallocation of resources and an artificial "boom" followed by a recession or depression when the Fed-created bubble bursts.
>
> With a stable currency, American exporters will no longer be held hostage to an erratic monetary policy. Stabilizing the currency will also give Americans new incentives to save as they will no longer have to fear inflation eroding their savings. Those members concerned about increasing America's exports or the low rate of savings should be enthusiastic supporters of this legislation.
>
> Though the Federal Reserve policy harms the average American, it benefits those in a position to take advantage of the cycles in monetary policy. The main beneficiaries are those who receive access to artificially inflated money and/or credit before the inflationary effects of the policy impact the entire economy. Federal Reserve policies also benefit big spending politicians who use the inflated currency created by the Fed to hide the true costs of the welfare-warfare state. It is time for Congress to put the interests of the American people ahead of special interests and their own appetite for big government.
>
> Abolishing the Federal Reserve will allow Congress to reassert its constitutional authority over monetary policy. The United States Constitution grants to Congress the authority to coin money and regulate the value of the currency. The Constitution does not give Congress the authority to delegate control over monetary policy to a central bank. Furthermore, the Constitution certainly does not empower the federal government to erode the American standard of living via an inflationary monetary policy.
>
> In fact, Congress' constitutional mandate regarding monetary policy should only permit currency backed by stable commodities such as silver and gold to be used as legal tender. Therefore, abolishing the Federal Reserve and returning to a constitutional system will enable America to return to the type of monetary system envisioned by our nation's founders: one where the value of money is consistent because it is tied to a commodity such as gold. Such a monetary system is the basis of a true free-market economy.

> In conclusion, Mr. Speaker, I urge my colleagues to stand up for working Americans by putting an end to the manipulation of the money supply which erodes Americans' standard of living, enlarges big government, and enriches well-connected elites, by cosponsoring my legislation to abolish the Federal Reserve.

Any guesses on who this might be?

The ERA is Dead...Long Live the ERA

Keoni Galt · 11 February 2009 · Archived copy · Original

I've posted a few times in the past about Phyllis Schalfly who championed the movement to defeat the Equal Rights Amendment that the Femi-Nazi's (with apologies to the National Socialists) of the 60's sexual revolution movement tried to foist on the American people.

Like the mythical, multi-headed hydra, the ERA Fem-tards (with apologies to retards) simply reared their ugly heads in a variety of different fronts to get the same platform of the ERA passed when Schalfly cut off the giant head off their movement back in the hey day.

Family Law Reform Advocate and columnist David Usher examines just how they used incremental gradualism to achieve the initial goals of the ERA over a long period of time, once they failed at getting it all at once...

From REPLACING POST-ERA FEMINIST POLICY WITH "MARRIAGE VALUES"

> The final defeat of the ERA June 30,1982 did not mark an end to the pogrom of feminist activism. It just meant feminists had to change their game. Instead of demanding vague equal rights, they began hawking hyper-sexist victim-fear campaigns designed to achieve the same ends targeted in the ERA. The 2008 elections prove this chicanery has been horrendously successful.
>
> Post-ERA Lesbians and gays magically became victims of their genetic proclivities and supposed oppressors. Feminists began to make allegations of sexual improprieties against anyone who disagreed with them -- blackmailing politicians into granting feminists the very economic rights, civil unions, and same-sex marriages that brought the ERA down.
>
> “Trapped” housewives fearfully excommunicated themselves from the safe-haven of marriage, convinced that husbands are unnecessary rapists or abusers. A woman’s right to be supported and cared for by her husband became an ongoing public entitlement burden to be supported by Congress and screaming taxpayers. The mutilated beggar children highlighted in “Slumdog Millionaire” have their American counterparts – leveraged away from one or both parents by feminist policy and then used to beg for more marriage-destructive entitlements.
>
> Post-ERA feminist legal scams such as the Violence Against Women Act (VAWA) were marched through Congress by feminist trial lawyers in 1996. The legal trade profits immensely by destroying the marriages and futures of America’s women. VAWA destroys marriage on allegation alone. This is why lawyers in Congress (on both sides of the aisle) automatically pass anything that A.B.A. feminists want.
>
> A very convincing body of evidence proves that the American Bar Association’s approach to domestic violence is founded on feminist agitprop, and directly violates peer-reviewed science. And, an overwhelming body of scientific fact proves that VAWA does not reduce domestic violence.
>
> The official A.B.A. “Standards of Practice For Lawyers Representing Victims of Domestic Violence, Sexual Assault, and Stalking” is a gross violation of ethics and Constitution. It consistently pre-declares the victim as “her.” Imagine, for a moment, what would happen if A.B.A. documents officially named victims “white” and criminals “black”?

> $16-billion in TANF seed money is given to states to fertilize illegitimacy and divorce. States are rewarded for seizing it all back by locking up poor or unemployed fathers. Our jails are full of them. The vast majority of America's 1-million gang members were raised absent marriage.
>
> Why do Conservatives keep losing these battles, many of them fooled into supporting the feminist agenda? It is because post-ERA conservatives forgot how to fight feminism.

I'm reminded of this every time I hear or read a so-called conservative justifying our imperial corporatist wars in the Middle East are justifiable because the Islamic societies don't have 'women's rights.'

> Recall that the ERA battle was won against all odds because Phyllis Schlafly constantly talked out how ERA would hurt women, in addition to pointing out the principles. Most women (and politicians who fall over backwards to help women) ended up agreeing with Phyllis. Modern conservatives and libertarians contest the principles only, and never get around to showing everyone how feminist agenda hurts women.
>
> The result of Conservatives' failure to stress the damaging consequences of feminist agenda is a nation of deeply troubled unmarried mothers, fathers, and children, who still think that feminist-liberalism is the answer.

Don't forget, conservatives are too busy worrying about same sex marriage...which is decidedly a policy that directly affects a very, very small percentage of the population. It's akin to arguing that the barn door hinges are broken and how they should be fixed...while the horses are all still in the process of running away. How can you save marriage from the homosexuals when no-fault divorce and the divorce court industry created by the fem-nuts (with apologies to nuts) are absolutely destroying normal, opposite-sex marriage?

> Politics have changed in the post-ERA era. To restore America's ethical, economic and social dynamism to a level worthy of world leadership, two things must be done:
>
> First: Feminism has controlled America for over forty years. During this time period, every social indicator measuring the well-being of women and children has declined substantially. Marriage remains the most likely safe haven for living the American dream. We must constantly remind women of this truth.
>
> Second: Conservatives must formulate and aggressively socialize attractive pro-family "Marriage Values" policies, get them passed in the states, and later in Congress.

Can you say 1984? War is Peace! Freedom is Slavery! Ignorance is Strength! Feminism improves the lives of Women and Children!

> The National Organization for Women has a freight train of radical legislation set for passage. With über-feminists Barack Obama, Joe Biden, and the National Organization of Women running the White House, Congress fearfully passing anything feminists want, and 2010 another impending Waterloo, the RNC must

> make "Marriage Values" its top priority yesterday.

If you're counting on the RNC to fix this, don't hold your breath Mr. Usher. They'll be too busy saving marriage from the gays to not even worry about normal marriages utter destruction thanks to the efforts of the divorce courts and the Femi-mafia (with apologies to the mafia).

I'm a debt slave in the Brave New World Order

Keoni Galt · 24 February 2009 · Archived copy · Original

I haven't been blogging as of late because this tanking economy is really affecting my business, and I've been struggling to keep up with my bills. I've been putting in a lot of overtime and trying to get my financial house in order.

One of the things I was thinking about as I was looking at my mountain of bills was the fact that I'm in debt to credit card companies by the names of JP Morgan, Chase, Citibank...names of the mega-corporation Banker companies that are the primary movers and shakers of the NWO Globalists.

I've been chained into slavery by the NWO through my own ignorance and my own stupidity in my early twenties, when I used my credit cards to fund trips around the world and to live beyond my means.

But now I know the truth of the matter, and I am working towards that day when I can finally tear up those bank statements from the NWO institutions and become a free man again.

People may read my thoughts on the New World Order and the conspiracy for global governance by a power elite and think I'm just another crazy conspiracy theorist.

I refer all skeptics to the last U.S. President who was NOT a Council of Foreign Relations/Tri-Lateral Commission/Bilderberg Group/Rockefeller puppet advancing the NWO agenda...

...the late, great, John Fitzgerald Kennedy, assassinated for taking on the NWO and trying to usurp their power base by issuing executive order 11110.

Think JFK didn't know about the conspiracy of the central bankers to subvert the USA and seize control of the world? That "conspiracies" were all nothing but the ravings of paranoid delusions?

Think again.

An Introduction to Economic Reasoning

Keoni Galt · 5 March 2009 · Archived copy · Original

Given the hard economic times we are enduring, and the Obama's administrations plans that are most assuredly going to lead us from recession into depression, it's important that people have a clear understanding of the truth of the economic ideas that are being used to justify Obama's malfeasance and how and why we are where we are today.

Austrian Econmist and author, Tom Woods, just released a book entitled Meltdown: A Free-Market Look at Why the Stock Market Collapsed, the Economy Tanked, and Government Bailouts Will Make Things Worse

He began writing this book last year while Bush was still the President. He He, like all the other economists that study Austrian Economic Theories were predicting the current mess, quite accurately, years ago. He wanted his book to be completed and in print and circulation just as the shit hit the fan and the administration would start talking about economics to justify the expansion of government's scope and power.

The Austrian school of economics is also the primary source for Ron Paul's platform as a Congressmen and during his Presidential Candidacy.

So Woods has been doing the usual author of a brand new book thing, and been doing interviews, writing articles and such to get the word out on his book.

One of the sites he's been promoting his book is a place called Campaign For Liberty

At campaign for liberty, Woods offers three free, online links to books that go into further detail on the Austrian Economics School of thought on the current crisis, the solutions that would work, and the problems that are going to develop.

An Introduction to Economic Reasoning

> These three books, all relatively short and available online or for purchase, are an excellent starting point for an education in sound economics.
>
> Economics in One Lesson by Henry Hazlitt;
> Essentials of Economics by Faustino Ballve;
> An Introduction to Austrian Economics by Thomas C. Taylor

Obama and the Democrats who have the actual power to address the problems, are all most assuredly not going to follow the Austrian Economics Principles...because they are definitely more concerned with grabbing and consolidating more power in the leviathan of the Federal Government...and they are going to deliberately take this country into a Depression to do it.

Dialectical Contradictions

Keoni Galt · 7 March 2009 · Archived copy · Original

One of my favorite political humor sites is The People's Cube - a humorous satire that points out all the various levels of socialism inherent in the liberal/Democrat/Progressive platform by comparing them to the old Soviet Union regime's propaganda and imagery.

While most of the articles and blog entries are satirical in nature, there was actually a serious-toned article written by one of their contributors from a Russian immigrant to America who discussed the dialectical contradictions of the Soviet Communist Regime...and how he came to America and sees the same sort of dialectical contradictions here. From the article

Contradictions of Socialism (I saw the future & ran away)

> There was a time in recent American history when certain Soviet jokes didn't work in translation - not so much because of the language differences, but because of the lack of common sociopolitical context. But that is changing. As President Obama is preparing us for a great leap towards collectivism, I find myself recollecting forgotten political jokes I shared with comrades while living in the old country under Brezhnev, Andropov, and Gorbachev. (I was too young to remember the Khrushchev times, but I remember the Khrushchev jokes.) I also noticed that the further America "advances" back to the Soviet model, the more translatable the old Soviet jokes become. ~
> Not all Soviet advancements have metastasized here yet, but we have four more glorious years to make it happen.

Here is the old joke that he recalled from his life in the old Soviet Empire:

> **The six dialectical contradictions of socialism in the USSR:**
>
> - There is full employment - yet no one is working.
> - No one is working - yet the factory quotas are fulfilled.
> - The factory quotas are fulfilled - yet the stores have nothing to sell.
> - The stores have nothing to sell - yet people got all the stuff at home.
> - People got all the stuff at home - yet everyone is complaining.
> - Everyone is complaining - yet the voting is always unanimous.

Here's his explanation of dialectical contributions...which is what we NWO conspiracy theorists with tin foil hats firmly planted on our heads recognize as the Hegelian Dialectic...the old "thesis + antithesis = synthesis"

> Dialectical contradictions are one of the pillars in Marxist philosophy, which states that contradictions eventually lead to a unity of opposites as the result of a struggle. This gave a convenient "scientific" excuse for the existence of contradictions in a socialist society, where opposites were nice and agreeable - unlike the wild

> and crazy opposites of capitalism that could never be reconciled. Hence the joke.

Except it's really not that funny when you really think about it. Especially when you consider his recognition of the dialectical contradictions he sees in America that parallel his observations of life in the USSR...

> When I moved to America, where wild and crazy opposites of capitalism were supposedly at their worst. Until recently, however, the only contradictions that struck me as irreconcilable were these:

> **Economic justice:**
>
> - America is capitalist and greedy - yet half of the population is subsidized.
> - Half of the population is subsidized - yet they think they are victims.
> - They think they are victims - yet their representatives run the government.
> - Their representatives run the government - yet the poor keep getting poorer.
> - The poor keep getting poorer - yet they have things that people in other countries only dream about.
> - They have things that people in other countries only dream about - yet they want America to be more like those other countries.
>
> **Hollywood cliches:**
>
> - Without capitalism there'd be no Hollywood - yet filmmakers hate capitalism.
> - Filmmakers hate capitalism - yet they sue for unauthorized copying of their movies.
> - They sue for unauthorized copying - yet on screen they teach us to share.
> - On screen they teach us to share - yet they keep their millions to themselves.
> - They keep their millions to themselves - yet they revel in stories of American misery and depravity.
> - They revel in stories of American misery and depravity - yet they blame the resulting anti-American sentiment on conservatism.
> - They blame the anti-American sentiment on conservatism - yet conservatism ensures the continuation of a system that makes Hollywood possible.
>
> I never thought I would see socialist contradictions in America, let alone write about them. But somehow all attempts to organize life according to "progressive" principles always result in such contradictions. And in the areas where "progressives" have assumed positions of leadership - education, news media, or the entertainment industry - contradictions become "historically inevitable."
>
> If one were accidentally to open his eyes and compare the "progressive" narrative with facts on the ground, one might start asking questions.

Indeed.

Here are a few more select dialectical contradictions he lists --

> **People's power:**
>
> - Liberals believe they're advancing people's power - yet they don't believe people can do anything right without their guidance.
> - People can't do anything right - yet the government bureaucracy can do everything.

> - The government bureaucracy can do everything - yet liberals don't like it when the government takes control of their lives.
> - Liberals don't like it when the government takes control of their lives - yet they vote for programs that increase people's dependency on the government.
> - They vote for programs that increase people's dependency on the government - yet they believe they're advancing people's power.
>
> **Public education:**
>
> - Liberals have been in charge of education for 50 years - yet education is out of control.
> - Education is out of control - yet liberal teaching methods prevail.
> - Liberal teaching methods prevail - yet public schools are failing.
> - Public schools are failing - yet their funding keeps growing.
> - Their funding keeps growing - yet public schools are always underfunded.
> - Public schools are always underfunded - yet private schools yield better results for less.
> - Private schools yield better results for less - yet public education is the only way out of the crisis.
>
> **Liberals and taxes:**
>
> - Liberals want to help the poor - yet they won't give money to charities.
> - They won't give money to charities - yet they'd like the government to become a gigantic charity.
> - They'd like the government to become a gigantic charity - yet the money has to be taken from people by force.
> - The money has to be taken from people by force - yet they call it welfare.
> - They call it welfare - yet higher taxes make everyone poorer.
> - Higher taxes make everyone poorer - yet liberals find ways not to pay taxes.
> - Liberals find ways not to pay taxes - yet they get to be chosen to run the government.
>
> **Love and marriage:**
>
> - Sex differences are the result of social conditioning - yet homosexuality is biological.
> - Homosexuality is biological - yet everybody is encouraged to experiment with it.
> - Everybody is encouraged to experiment with it - yet venereal diseases are treated at the taxpayers' expense.
> - Venereal diseases are treated at the taxpayers' expense - yet taxpayers have no right to impose standards since there are no moral absolutes.
> - There are no moral absolutes - yet gay marriage is an absolute must.
> - Gay marriage is an absolute must - yet family is an antiquated tool of bourgeois oppression.

The one criticisim I have of RedSquare is that it is a GOP-sympathizing website...pro-Bush, pro-War, pro-Compassionate conservative. While I love a good skewering of the Feminazi's and the sympathizing, emasculated manginas that make up the Demo-lib-progessive party, the failure to note the dialectical contradictions of the Republicans is a huge ideological blind spot for Red Square...they are unaware that they are playing their own role in implementing the Hegelian Dialectic of Republican + Democrat = NWO.

But they're still funny as hell!

Some MRA related dialectical contradictions:

- Women get paid less than men for the same work - yet, on average, they don't actually do the same work.
- Killing a pregnant woman can result in a double murder charge - yet a woman killing the child in her womb is a "choice."
- Women can decide whether or not they have the baby, men have no say, and they have to pay child support whether they wanted the child or not - yet Feminism supposedly represents "equality between the genders."
- Men are afraid of commitment - yet women predominantly file for divorce.

Can you think of anymore?

Home Sweet Home

Keoni Galt · 14 March 2009 · Archived copy · Original

Yeah, I haven't been posting much...still struggling as a debt slave in our Brave New World Order and Obama's changing economy...

...but I've still been thinking a lot about all the MRA related issues; the gender war, the decline of Western Civilization and all the other topics for which my eyes have been opened to in the last couple of years.

There's a lot of time to think when you're driving in traffic to and from the office.

One topic I've been thinking quite a bit though is this:

IF you do take that incredible risk in today's crazy system, and you do get married...the quality of your wife will determine the quality of your home.

She literally and figuratively BECOMES your home.

Because if she's a loving, thoughtful, kind and giving person, who cares about what you think and what you have to say, and is not intent on chattering your ear off as if you were one of her gossipy girlfriends the minute you walk in the door, and who tends the domestic chores and fills your kitchen up with wonderful smells of the forthcoming meals you savor, you cannot WAIT to get home every day.

But if she's a shrill, shrieking shrew that nags you the minute you get in the door, demands you "share the domestic load equally!" and withholds sex as a means of manipulating you, "Home" doesn't have the same ring to it..eh?

These thoughts came to me when I overheard a few woman at lunch the other day at a restaurant here in Downtown Honolulu. They were discussing the divorce one of them was in the middle of going through.

"He's such a Workaholic!"

Oh how I am sick of hearing that particular complaint from bitchy women!

I felt like leaning over and saying the following to her:

"Your husband is a workaholic because he'd rather be working late (or having an affair, or drinking himself silly with his friends) than come home to the environment you've created there! No women who knows how to treat her man will EVER be whining to her girlfriends that her husband is a "workaholic!"

A happy, pleasant wife who shows her love to her husband will have no problem making sure her husband WANTS to get out of the office or away from his work-site as soon as he possibly can, every single day to get home to the SANCTUARY you create for him!

If he doesn't come home all the time...take a look in the mirror and be honest with yourself: Would you want to come home to you?"

"The Owners"

Keoni Galt · 19 March 2009 · Archived copy · Original

One of George Carlin's last comedy routines...

George Carlin - Describing The Owners
Uploaded by 0110110x

I remember seeing this before.

I laughed along with the audience all along, the first time I saw it.

I just watched it again today...with a new understanding. Now I know EXACTLY what he's talking about.

I'm no longer laughing.

It's really not funny.

Taxed Enough Already

Keoni Galt · 21 March 2009 · Archived copy · Original

From National TEA Party Day

> On April 15, be part of the Taxed Enough Already (TEA) party rally in your community
>
> On the day you pay your taxes, Wednesday, April 15, join others across the country and in your hometown who will be participating in TEA party rallies in front of their city halls. The TEA party rally will begin at 12 noon.
>
> Are you fed up with a Congress and a president who:
>
> * vote for a $500 billion tax bill without even reading it?
> * are spending trillions of borrowed dollars, leaving a debt our great-grandchildren will be paying?
> * consistently give special interest groups billions of dollars in earmarks to help get themselves re-elected?
> * want to take your wealth and redistribute it to others?
> * punish those who practice responsible financial behavior and reward those who do not?
> * admit to using the financial hurt of millions as an opportunity to push their political agenda?
> * run up trillions of dollars of debt and then sell that debt to countries such as China?
> * want government controlled health care?
> * want to take away the right to vote with a secret ballot in union elections?
> * refuse to stop the flow of millions of illegal immigrants into our country?
> * appoint a defender of child pornography to the Number 2 position in the Justice Department?
> * want to force doctors and other medical workers to perform abortions against their will?
> * want to impose a carbon tax on your electricity, gas and home heating fuels?
> * want to reduce your tax deductibility for charitable gifts?
> * take money from your family budget to pay for their federal budget?
>
> If so, participate in the TEA party rally, the Taxed Enough Already (TEA) party.
>
> Bring your cell phone and call Congress and the president while attending the TEA party rally (Representative and Senators, 202-224-3121; President, 202-456-1414). Tell Every American about this effort by forwarding this invitation to your friends. Together we can make a difference.

See this video - the momentum is growing!

A Woman's Nation

Keoni Galt · 24 March 2009 · Archived copy · Original

[image]
We've already had a Black President before Barack Obama was inaugurated...Bill Clinton.

> Years ago, in the middle of the Whitewater investigation, one heard the first murmurs: white skin notwithstanding, this is our first black President. Blacker than any actual black person who could ever be elected in our children's lifetime. After all, Clinton displays almost every trope of blackness: single-parent household, born poor, working-class, saxophone-playing, McDonald's-and-junk-food-loving boy from Arkansas.

But that doesn't mean Barak Obama is not the "HISTORICAL" President the news media and libtard progressives all singing his hosannas say he is...

...he is our Nation's first Mangina President.

Obama Creates Woman's Panel

> Obama, standing with prominent members of his administration and with his wife sitting nearby, signed an executive order creating an across-the-government council designed to help Cabinet agencies and departments collaborate on ways to make sure women were provided opportunities offered to men.

Ah...I'm sure they'll be getting started right away on making sure women achieve equality on these kind of career opportunities post-haste! (Don't hold your breath.)

> The National Women's Law Center applauded the move but added more needed to be done. California first lady Maria Shriver, who is working with the Center for American Progress on a report on women's issues, said the move was a reminder that "we are now what I like to call 'a woman's nation.'"

The United States of America is dead.

Long live the United State of Matriarchal Hegemony.

Ammunition Accountability Act

Keoni Galt · 25 March 2009 · Archived copy · Original

The latest example of Big Business using the power of the Corporatist Fascist State Government to pass laws that result in Government-coerced profitability for the lobbyists paying for that influence?

The corporate entity and government officials behind this latest effort:

The Ammunition Accountability Act

Notice the ".com" domain...pushing for official legislation in 18 states.

The developer of ammunition identification technology is attempting to use the power of the government to FORCE all ammunition manufacturer's to adopt their technology. They will also sell their database hardware/software to any states that adopt the legislation they are promoting (most likely in a non-bid, over-budget, highly lucrative contract from State's general budget coffers...i.e. the taxpayers).

I haven't read all the State's variations on the legislation, but in Hawaii's proposals, they are pushing for ALL CITIZENS to surrender all ammunition produced before the passage of this law! Than we can only buy back ammunition that has been serialized...and we have to pay a 5% on every single round! They also collect a host of personal info to put in the database for future reference by Big Brother.

And, of course, all this legislation is based on this notion of "helping" we the sheeple!

> Ammunition Accountability is a newly forming group of ammunition coding technology supporters. Our group includes gun crime victims, industry representatives, law enforcement, public officials, public policy experts, and more. We are working together to pass legislation to make ammunition coding technology a reality.

Translation: Ammunition Accountability is a newly forming group of ammunition coding technology supporters who plan to make a fortune creating and selling the tools necessary for your State Governments to help implement the Orwellian Police State. Ammunition manufacturers will have no choice but to pay the extra costs associated with our program while we rake in the $$$$$ selling our technology to the States that are dumb enough to support their legislators in passing this affront to the Second Amendment!!!!

> Ammunition coding technology works by laser etching the back of each bullet with an alpha-numeric serial number. Then when a potential criminal purchases a box of 9mm cartridges, the box of ammunition and the bullets' coding numbers would be connected to the purchaser in a statewide database. When a bullet is found at a crime scene, the code on the bullet can be read with a simple magnifying glass and then be run through a statewide database to determine who purchased the ammunition and where, providing a valuable investigative lead.

Ahhh..so now a person could easily frame another by stealing their ammo and using it in a crime!

Or what if you dropped a round by accident while you were at the firing range? Somebody could pick it up and use it in a crime...and YOU go to jail!

Ahh well.

Just another example of Hope and Change that we can believe in.

Welcome to the United Corporations of Fascist America...land of the Fee and Home of the Debt Slave!

Understanding the Hegelian Dialectic - A Social Engineering Tool

Keoni Galt · 27 March 2009 · Archived copy · Original

[image]Georg Wilhelm Friedrich Hegel
Inspiration for Marx & Engels in Developing Communist Ideology

As discussed on this blog and other sites that have traced the roots of feminism to the New World Order, the power elite's favorite tool for social engineering and building up the legislation to accomplish the usurping of the U.S. Constitution to move us ever closer to one world Governance is the Hegelian Dialectic.

It took me a little while, after much intensive reading on the topic, to come to a full understanding of what German Humanist philosopher and social engineer Hegel termed the Dialectic.

The basic equation of thesis + anti-thesis = synthesis was a bit puzzling for me to understand at first.

But I once read a lady (I forget now where I found her article, but her explanation was memorable) who explained it in layman's terms: she once combined her husband's white laundry load with her daughters red shirt in the washing machine. The result was pink socks and underwear and a bleached out red shirt. Her husband and daughter were so angry they demanded she never wash their laundry again.

Now if the stated goal were true - that mom was to do the families laundry correctly - she failed miserably. But, if her REAL goal was to combine the two so that her family would be so angry, they would do their own laundry from then on, than her real goal was achieved...to be free from that particular chore!

white clothes (thesis) + red shirt (anti-thesis) = Mom doesn't do laundry anymore (synthesis)

The key to the Hegelian Dialectic's success is that one, two or all three parts of the equation must have a little bit of truth mixed in with deliberate falsehood to accomplish the hidden agenda.

In this example, the deliberate deception is in the synthesis - that Mom was trying to do the laundry to clean her families clothes.

Now apply the same equation to any number of the Feminist-wrought changes to laws and society, and you can see just how effective the Dialectic is at changing society over time.

Abusive Husbands and Fathers (thesis) + No-Fault Divorce Laws (Anti-thesis) = Rise in Divorce (Synthesis)

The deception, of course is that the thesis is false: SOME men are abusive...but the anti-thesis is applied to ALL men to create the synthesis...as we all know, more than 3/4ths of all divorces are initiated by women, with the majority of them not involving any kind of substantive abuse!

While the stated goal was to save women from abusive spouses, the real goal...the dissolution of marriage as the building block of society, and the effort to create more dependent wards of the State, was certainly accomplished.

While the synthesis is presented as the solution to the original problem, it more often than not results in a whole slew of new problems to which the dialectic can be applied over and over again.

So, with the rise of broken homes due to no-fault divorce, we apply the dialectic again. It is statistically undeniable that single mother households are far more likely to produce the next generation of criminals.

Proliferation of Criminals (thesis) + Police State (anti-thesis) = World's Highest Incarceration Rate (synthesis)

Of course, this particular example gives us that dubious distinction of the country that incarcerates the highest percentage of it's own population, if one is aware of how the Dialectic is used, it's quite obvious that if one were to truly try and address the problem of the proliferation of criminals, instead of empowering the justice system to the point of becoming an Orwellian police state, one could address the thesis by reducing the number of single mother households - the single biggest common denominator amongst the criminal class!

But than the power elites wouldn't have their excuse to build up the Orwellian Police State and vastly profitable Industrial Prison Complex, now would it?

Keeping all that in mind, I now offer the latest iteration of the Dialectic to advance another goal of the New World Order: Disarmament of the Population.

From
Who Is Arming the Mexican Drug Cartels?

> The state, Mexican authorities and their US propaganda arm, known in most circles as the Mainstream Media, have recently embarked on a huge disinformation campaign to demonize the American gun owner as the supplier of weapons to the Mexican drug cartels. Everyone in the media, with the possible exception of Lou Dobbs, has joined in the campaign of lies.

The Hegelian Dialectic REQUIRES lies to be promulgated profusely, and accepted by the majority to realize it's intended social engineering.

> This week, Secretary of Homeland Defense, Janet Napolitano, announced a new plan to curb the alleged flow of weapons from the US into Mexico. This program, which will cost the overwhelmed US Taxpayer another 700 million dollars plus, includes machines that employ what is referred to as "virtual strip search." This plan will supposedly slow down the number of guns traveling south from the US to the drug cartels in Mexico.

Gun Battle Chaos in Mexico from US guns (thesis) + Intrusive Strip search machines (anti-thesis) = Lucrative Contract for machine manufacturer and a new tool in implementing the NWO Orwellian Police State (synthesis)

Of course, the dialectical deception here is implying that the Mexican drug cartels are buying their guns from the average US gun owner.

> If this program has the same success rate as the government's efforts at stopping the flow of contraband north into the US, the Mexican drug cartels will have nuclear weapons by the end of April!

The author points out the absurdity here to make the point: of COURSE the real goal is not to "stop the flow of guns to mexico from the US." That's the dialectical deception to achieve the real goal!

However the real goal is not just to fund the installment of intrusive machinery on American's crossing the border...but the ultimate disarmament of the average citizen.

Using the Hegelian Dialectic to overturn the 2nd Amendment!

> Napolitano stated, "70% of the weapons in the hands of the drug cartels are coming from the US." The implication is obvious she is referring to private gun owners. The MSM sucks up this propaganda like a large-mouth bass takes a worm, and regurgitates it to Boobus without ever questioning the truthfulness behind the claim. Neither Mexican, nor US officials, has ever produced an ounce of proof to back up these wild accusations.
>
> Shown here, on a CBS special, is video proof of the lies and disinformation by CBS, US and Mexican authorities. Anderson Cooper and Janet Napolitano are either ignorant or complicit in the myth that M-203s, RPGs and hand grenades are readily available to the American gun consumer. Most intelligent folks, and those without a state sponsored agenda, realize these weapons are usually only available to the military.

Of course, it's quite obvious that the mainstream media is the number one apparatus for promoting dialectical deceptions.

> Wednesday, on MSNBC, in an interview by Andrea Mitchell, New York Congressional Representative, Nita Lowey stated 97% of the guns in the hands of the Mexican drug cartels originated in the US. Representative Lowey, in her support for a new Assault Weapons Ban, alleges these firearms are coming from the American gun owner. She is correct in her assertion many of the firearms being used by the cartels are coming from Americans. They are, but, from the American taxpayer, not the American gun owner!
>
> The fact is: the Mexican authorities have refused to release the serial numbers of weapons confiscated from drug cartel members. Releasing the serial numbers would implicate the corrupt governments of the US and Mexico and their involvement in arming the drug cartels.
>
> Considering the above, it is my belief the Mexican drug cartels are procuring a large percentage of weapons from the world’s largest supplier of these weapons: the United States government!

The United States Government is corrupt?!? You don't say?

> The type of weapons confiscated and the unwillingness of those involved to supply weapon serial numbers is a clear indicator.
>
> Because of the "narco-wars," the US government supplies the Mexican military with arms and training. The Mexican military has trained at Ft. Bragg, North Carolina, and the arms budget from the US to Mexico is in the billions.

> Drug profits realized from the sale of drugs in the US by Mexico's violent drug cartels are estimated to be as high as 40 billion dollars per year. With that amount of money, is there any question as to the ability of the cartels to purchase military weapons provided by the United States government from corrupt Mexican government officials and members of their military?
>
> Our government is certainly aware of the rampant corruption within the Mexican government and military, yet we continue to provide them with money, military weapons and training, including all of the military weapons mentioned earlier in this article and shown in film clips by the mainstream media as proof positive we need a new Assault Weapons Ban. (AWB)

Isn't it all so obvious now?

Mexican Gun Violence comes from Us Guns (thesis) + Assault Weapons Ban Legislation (Anti-thesis) = Disarmed US Populace - 2nd Amendment nullified, the NWO desired synthesis!

Or as the author put's it:

> Our corrupt government, cooperating with Mexico's equally corrupt government, has embarked on a campaign to deprive American citizens of the means to defend ourselves from tyranny, screening their own involvement in arming violent criminal drug cartels. We can weakly submit, or stand for truth and liberty; the choice is ours.

Core Libertarian Philosophy

Keoni Galt · 8 April 2009 · Archived copy · Original

I'm not a card carrying member of the Libertarian Party.

I'm not even a registered voter...I no longer find it a worthwhile or meaningful action to participate in the sham facade of American "democracy" by showing up to even bother a protest vote for the LP's candidate.

This country was initially designed to be a Constitutional Representative Republic...who's primary feature was a strict limitation on the size and growth of the Central/Federal Government.

The current status quo of the present day is nowhere even close to the kind of country and society the founders envisioned when they first designed the US of A.

The biggest reason, I believe, is that the core principles of the Founders was a fear and mistrust of a powerful, central government that would use the power of coercion to create a tyranny that would take away individual freedom and liberty of the average citizen.

Lew Rockwell.com contributer, Michael S. Rozeff, writes about how and why a government based on coercion eventually always grows into a leviathan state headed towards self-destruction.

From Government Based on Coercion Cannot Be Tamed

> ...Washington insiders attempt to alter the course of the government while preserving it. Their goal is to tame the government. It's not going to happen. It can't be done.
>
> Why not? Why can government not be reformed? The government we have is coercive by construction. The law of the land is coercive by construction. They involve majority rule in which one group is able legally to impose its wishes on other groups by force. A non-coercive government can be reformed. People only need to stop using its services. It then either shapes up and responds to people's needs or it loses out to alternative means of governance.
>
> A coercive government invariably imposes losses on some while providing gains to others. (The same person may gain from one vote and lose from another.) To survive, the state has to juggle these losses and gains so as to not to alienate too many people. Power has to ensconce itself. It cannot rely solely on the use and threat of force. That is too costly a means to maintain power. Instead, it seeks to make itself indispensable. It seeks to weave itself into the basic fabric of daily life. It inserts itself into basic needs that involve food, health, money, financing, education, and so on. Thus, the survival of the State goes hand-in-hand with growth in government because the growth allows the State to entangle many more people in many more ways so that undoing the resulting society becomes too costly and scary a possibility to the people caught in the web.
>
> Furthermore, the growth of government is assured by a second circumstance, which is that the use of power attracts people who want to use that power and who compete to use that power.
>
> Any attempt to cut back this growth or tame it poses a threat to the State's survival and to the power-using inclinations of those in power. Such attempts at reform open up politics to new negotiations, new votes, new

> priorities, and new coalitions. They threaten to reduce the scope of power exercised by rulers. They alert the citizenry to entirely new possibilities. They unhinge old and established alliances and interests. In all reform movements lie great risks to the established system, interests, and people in power. If they cannot control these reforms, they will want to squelch them. If they control them, you can be sure that no real reforms will be forthcoming.
>
> The governing establishment, left and right, is highly conservative in one major respect, which is the maintenance and extension of the existing power structure and hold of coercive government over the private lives and liberties of Americans. Not wanting to take the risks of reforming government and having much to gain by extending government, the government grows.
>
> The interesting phenomenon emerges, which is that the government grows too much and risks its own destruction, even while those who are close to government, in and out, see that the government's very survival is threatened. This is because growing government is advantageous to the rulers, both personally and in terms of managing to hold power over society, and because cutting government back opens up many political risks. It is far easier for those out of power, like many on the Committee for a Responsible Federal Budget, to identify the survival threat and warn against it, than it is for those in power to do anything about it. Those in power want to retain power and get re-elected. Their time horizons are rather short. It hardly pays them to do something for the long-term good, even of the government, especially when that something involves large political risks. To upset one or two constituencies by cutting back their benefits may mean losing office.

Rozeff has distilled the very essence of at least MY own core, libertarian philosophy: the enemy of freedom and liberty is the ever-growing, ever-expanding leviathan known as THE STATE.

There is no fixing the problems of our current status quo, because the government is UNFIXABLE.

We are headed for a crash...as sure as the sun will rise tomorrow.

Are you ready?

USA Inc.

Keoni Galt · 14 April 2009 · Archived copy · Original

This country is NOT the 'United States of America,' the representative Republic designed by the Founders to limit the power of the government and promote individual freedom and liberty.

What we really are is USA Inc.

By USA Incorporated, I refer to the current system of big business and big government colluding to benefit each other at the expense of We the Sheeple. This system is also known as corporatism...which is nothing more than good old fashioned fascism as implemented by Benito Mussolini.

In 2008, after Ron Paul withdrew his name for consideration as the GOP Presidential candidate, he gave his support and endorsement to the Constitution Party's Candidate, Chuck Baldwin.

Chuck is a regular contributor to News with Views website, and his latest article explains in detail what is The Big Business/Big Government Axis of Evil

> Corporatism is the marriage of Big Business with Big Government. Corporatism uses the force and weight of government to create giant monopolies, which strangle competition and freedom. Rules and regulations are enacted that make it impossible for "little" guys to compete. The trade laws of nations are pitted against each other, forcing free nations to sacrifice their own peace and security to accommodate the economies of totalitarian regimes. And, of course, Big Business is the recipient of gargantuan profits in the process.

Ever wonder why Big Food manufacturers are allowed to sell literal poison as "food?" Of course, these poisons are all sold with the stamp of approval of the FDA.

Why every single gas station in the country is now required (aka FORCED by law) to sell gasoline that is made up of at least 10% ethanol? Because Big Ag can reap the massive profits of selling their corn to Big Oil that now HAS to buy corn to produce this new corporatist mandate.

The same thing goes for all of the concerns we MRA have with the current family court system.

Who benefits the MOST from the status quo of no-fault divorce?

The lawyers, social workers, counselors, courts, and child support collection bureaucracies all have a vested interest in keeping the BIG BUSINESS of divorce and child support slavery as it is.

I think too many "men's rights" activists are way too focused on a very small segment of injustice in our society. People need to wake up to the reality that the only reason things are the way they are is because our government has been corrupted by big business, and big business has been empowered in return to make profits at the expense of the health, well-being and health of the average citizen. Without modern American fascism aka corporatism, the injustices of the current feminazi-inspired legal system would not have been made possible.

The divorce regime has gotten big government to make big business out of involvement in the most personal sphere of American lives - the Family.

The next big step will be to step into interfering in our lives will be our food.

> And there is no limit to how intimately Big Business and Big Government can collaborate to steal people's liberties. A classic case in point is the burgeoning effort to control and regulate private, homegrown gardens. In the face of a growing recession, thousands of people across America are planting and growing their own gardens. And this is not lost to Corporatism. Remember, Corporatism's great goal is to create monopolies and crush freedom, leaving the cabal controlling both Big Business and Big Government alone atop the world of prosperity and power. Therefore, it will use every tool at its disposal to protect any and all of Corporatism's favored players. And when it comes to America's food supply, Big Agriculture is that favored player.
>
> Even as Michelle Obama plants a White House garden and encourages Americans everywhere to do the same thing, her husband is creating a brand new tool for the Big Business/Big Government powerbrokers: a new "Food Safety Administration" (FSA).
>
> At the same time, Rep. Rosa DeLauro (D-Connecticut) has introduced H.R. 875 to "protect the public health." But it is not the public health that Ms. DeLauro wants to protect. It is the health of the demonic duo of Big Business and Big Government. Two other bills with similar machinations are S. 425, introduced by Senator Sherrod Brown (D-Ohio), and H.R. 815, submitted by Rep. Diana DeGette (D-Colorado).
>
> In a nutshell, when these bills become law, every homegrown garden in the country will be regulated, inspected, controlled, and taxed by the federal government. (No, I am not making it up.) In addition, small, independent farms would most certainly be put out of business. In effect, the great Nanny State is posturing itself to completely take over the food business in America.

I've recently started my own "recession" garden. If the Government wants to try and come and regulate my RIGHT to grow my own FOOD on my own property, I think I will have to exercise my 2nd amendment right to bear arms and tell whatever government agent that wants to come to my house and inspect my garden to go to hell.

> It is an ingenious system: first, Big Government regulates legitimate business to the point that it can no longer function in a free and open market. Then it paves the way for foreign investors to gain influence or even seize control of those same businesses. Then it forces the mergers of smaller entities into international monstrosities. Then it passes laws making it impossible for the remaining small, independent businesses to compete. Meanwhile, the newly created super-wealthy collaborators in Big Business are more than eager to share their bounty with their fellow miscreants inside Big Government.
>
> The obvious result of all this chicanery is the creation of a superior ruling class and the destruction of a free and independent middle class. If all this sounds familiar, it is because Corporatism used to be known by another name: fascism! And this is exactly what is being created right in front of our very eyes, here in the good old U.S.A.

As I see it, USA Inc. is headed in one of two directions: Revolution or Dissolution.

Our Mainstream Media is One Giant Vagina

Keoni Galt · 17 April 2009 · Archived copy · Original

Take the latest episode of celebtard divorce "news:"

> HULK Hogan is sounding homicidal over the way his wife Linda dumped him, forced him out of his $18 million mansion, allegedly started spending his money at the rate of $40,000 a month and dating "some shaggy-haired pool boy 30 years her junior," Rolling Stone reports. "I could have turned everything into a crime scene, like OJ, cutting everybody's throat," he told the magazine. "You live half a mile from the 20,000-square-foot home you can't go to anymore, you're driving through downtown Clearwater and see a 19-year-old boy driving your Escalade, and you know that a 19-year-old boy is sleeping in your bed, with your wife . . . I totally understand OJ. I get it."

My wife watches our local news every morning while we get ready for work (mainly for the traffic and weather reports), and the news, both local and national all had headlines about Hulk "Understands O.J." and "threatens to murder his ex-wife and her boyfriend!"

People are all outraged that the Hulkster would DARE To 'threaten' his ex-wife! How Dare he interfere with her love life! His Lawyer was than given a few minutes of airtime to talk about how this is indicative of how Linda Hogan "lived in fear" while she was married to Hulk.

While Hulk should have realized that citing OJ would be a VERY negative reflection on himself and potentially devastate his pending divorce...I think that had he simply said "You live half a mile from the 20,000-square-foot home you can't go to anymore, you're driving through downtown Clearwater and see a 19-year-old boy driving your Escalade, and you know that a 19-year-old boy is sleeping in your bed, with your wife . . .it's outrageous!"

I doubt a word of his truth would have been reported.

This also signals just how feminized our mainstream culture has become. Typical masculine anger expressed with hyperbole is now being reported as if Hulk is a raging maniac, a threat to society and a de facto murderer.

But perhaps the subtext will somehow manage to make it's way into at least a few people's minds: that our divorce system is extremely unjust, and that it empowers women to commit acts that can and will drive men to commit acts of violence they would not otherwise even consider.

This case illustrates everything that is wrong with today's divorce court industry.

Beer Goggles!

Keoni Galt · 24 April 2009 · Archived copy · Original

[image]
Beer Goggles idea is a myth, scientists claim

> A study found that alcohol actually has the opposite effect and made men see women as less attractive.
>
> Drink also makes no difference to a man's ability to guess a woman's age, the research found.

I can't believe scientists actually wasted time and money to figure out what is so obvious.

Did anyone actually believe that alcohol made people think an ugly person was suddenly attractive?

I thought it was common knowledge that alcohol is primarily known for lowering inhibitions...not affecting vision!

In other words, "beer goggles" is a term used for men that have sex with women who are ugly enough that they would never even consider having sex with them when they were sober.

It's not that the ugly bitch starts to look 'better' the more he drinks...it's that his inhibitions for having sex with ugly women are significantly lowered!

I'm sure most people that just read that would agree that this makes intuitive sense...

...but it was the other things they discovered in this study that I found much more interesting:

> The findings showed that alcohol reduced the ability of women to guess the age of the photo models, but not men.
> Both the effects of alcohol and prettifying a face with make-up had little effect on men's judgment.
>
> Dr Vincent Egan, from the University of Leicester, said: "This study suggests that alcohol consumption and make-up use do not interfere with how old we perceive someone to be.

This certainly bolsters the argument that for men, the primary marker for physical attractiveness is fertility...aka YOUTH. Even drunk off of our asses, we are not fooled by women who try to hide their age with makeup...it's only that when we are drunk, we would be a lot less inhibited in doing things we wouldn't normally do when we are sober.

> "Another interesting finding was that overall participants who drank alcohol actually rated all the women in the photos as less attractive, compared to the participants who hadn't drunk alcohol. This seemingly flies in the face of the commonly held notion of 'beer goggles'."

Only because you dumbass "Scientists" started off with a false hypothesis! The question they were researching "Does beer make men see ugly women as attractive?" What they should have been researching was giving the men some drinks and showing them pictures and asking them "Would you bang her or not?" Of course, such research is not even necessary...we all know the fairly predictable results.

> Reporting their results in the British Journal of Psychology, the researchers wrote: "Although alcohol limited the processing of maturity cues in female observers, it had no effect on the age perceptions of males viewing female faces, suggesting male mate preferences are not easily disrupted."

Note what they DON'T say...that female mating preferences are not cued on age as it is for men. On a biological level, men want to have sex with fertile women...that is the primary drive - to procreate. For women, age is not so important a factor, as man's fertility can last for almost the entire male lifetime after puberty.

I'm constantly amused that people even need to research this kind of thing when the answer is really intuitive...provided you actually understand the basis for sexual desire and attraction between the genders. The fact that people even conduct studies like this goes to show you just how bad all these years of feminist cultural influence and gender confusion have proliferated.

Finally, this article closes with the obligatory "men are pigs/women are paragons of virtue" feminazi political correctness:

> On a more serious note, they said the influence of alcohol should not be a mitigating factor in the case of a man accused of having sex with someone under-age.
>
> "Our study suggests that even heavy alcohol consumption does not interfere with age-perception tasks in men, so is not of itself an excuse for apparent mistaken age in cases of unlawful sex with a minor," they wrote.

See how even the most innocuous sounding research can be misconstrued into issues that have very serious legal ramifications?

A drunk man that has sex with a minor is not "fooled" into mistaking her age...only that when he's drunk, he no longer gives a damn that society has deemed his sexual attraction to youth a crime.

Lorena's Red Wagon

Keoni Galt · 2 May 2009 · Archived copy · Original

My wife watches the national morning news every morning while we are getting ready for work. I cannot stand it, and usually am busy cooking breakfast and not paying attention to the TV...

...but this morning, the news did a feature on the "reunion" of John and Lorena Bobbit.

So, today, after I got into work, I googled "bobbit reunion" and did a little reading to see where America's most famous genital mutilator has been up to.

Fascinating to learn that in fact Ms. Bobbit has started her own website, entitled Lorena's Red Wagon.

From her "About" page:

> Lorena has overcome many obstacles in her life, and has been able to reach a level of success that allows her to be heard once and for all. Domestic violence is unacceptable! Lorena was a victim of domestic violence herself- everyone has read the headlines and remembers the stand that Lorena took against domestic violence years ago.

Talk about Orwellian double speak!

Domestic violence is UNACCEPTABLE...unless it's a women cutting off a man's penis. THAT is TAKING A STAND!

From her front page:

> What is Domestic Abuse?
>
> * Violent and coercive tactics committed by one intimate partner against another

You mean like cutting your husband's penis off while he is asleep?

> * A pattern of controlling behavior that consists of physical, sexual and/or psychological abuse

Hmmmm...so is cutting off your sleeping husband's penis sexual, physical or psychological abuse?

> * A learned behavior

So who taught you, Ms. Bobbit, that cutting off your husband's penis while he was sleeping, was TAKING A STAND AGAINST DOMESTIC VIOLENCE!?

> * Affects not only the victim, but the family, friends and co-workers as well.

Who was affected worse...John Bobbits family, friends and co-workers...OR HIS SEVERED PENIS?

Vegetarians Are Evil

Keoni Galt · 5 May 2009 · Archived copy · Original

The title for this post was taken from this humorous (but fact based) website: Vegetarians Are Evil.

While the website is a bit over the top, with articles like "Evil Vegetarians in History," the basic facts are pretty well documented.

I've gotten into plenty of arguments with vegans and vegetarians over the years about what is or is not a "healthy" diet.

I got into a protracted debate in the comment section with a few vegans at self-proclaimed libertarian (though she voted for Obama...go figure) Megan McCardle's blog, Asymmetrical Information.

In response to one of the vegan's, I wrote the following to once and for all settle the debate. My last post was a thread killer - seems to me all of the vegans and veg-heads couldn't respond at all. Here's what I wrote:

Everyone is entitled to make their own food choices.

Everyone is free to proselytize their lifestyle choices to try to convince others to follow them.

Please recognize that the human body has evolved or was created (whichever you believe) to be OMNIVOROUS.

Physiologically, our dental structure has incisors designed specifically for tearing flesh. We also have stomachs that produce hydrochloric acid.

These are physiological traits that are ONLY found in omnivorous and carnivorous species on the planet. Therefore, it requires no morality judgment or contention to say that consuming animal protein is quite natural and healthy, provided the source animals are natural and healthy.

Therefore, whether you believe in a religion based on the worship of an Omnipotent Deity or Deities as your source for moral principles, or if you are a Darwinist evolutionary atheist/agnostic/humanist, understand that you were designed to eat, digest and live off of animal protein. The physiological facts are indisputable.

Equating animals to humans or the predation of prey species as some kind of moral question is UNNATURAL.

Even if you cannot bear the idea of an animal dying to promote your own subsistence, there are still plenty of means of obtaining the vital animal protein's YOUR OMNIVOROUS BODY REQUIRES - humanely raised, free range organic chicken's allowed to eat their natural, omnivorous diet provide high quality eggs full of protein and essential fatty acids. Milk and milk fat produce derived from free range, pastured cows NOT PASTEURIZED, also provide a whole range of beneficial food products that your body will thrive on. And neither require cruelty or "exploitation." In fact, both sources require excellent husbandry of these animals to provide the highest quality foods that promote health and vitality.

On the question of environmentalism - the modern large scale industrial methods of producing meat and produce are harmful to the environment, inhumane to the animals, and provide substandard and even harmful "food."

Cows were not meant to be confined to feed lots, wallowing in their own offal and eating grains. They were designed/evolved to eat grass on pasture land - in which they exist in perfect symbiosis with their natural environment. They're eating the food they were designed/evolved to, and their offal fertilizes the land they just grazed, promoting new growth of the grass they just consumed. Also, naturally pastured cows provide milk and meat with high levels of Vitamin D, Conjugated Linoleic Acids and Omega-3 fatty acids...as well as Vitamin B12 - the one Vitamin your body absolutely needs, but cannot obtain through strict vegetarian diets.

Vegans and Vegetarians will often point to the produce of the Big Corporation Meat Production industries, their environmentally degrading feedlots and unhealthy reliance on preservatives and chemicals to extend shelf life and maximize profits as an indictment of all carnivorous dietary practices. This is akin to saying one should avoid eating all Spinach, simply because some unethical farmers spray neuro-toxic pesticides and use cholera-infected human feces as fertilizer on their Spinach crops.

There is a huge distinction in health and environmental benefits/detriments when discussing ANY food production techniques. But to say one's entire diet should be based on avoiding an entire class of food simply because SOME sources of that food are produced in an inferior and harmful manner is to throw the proverbial baby out with the bathwater.

Another physiological point of consideration is the bodies requirement of proteins and fats. Vegans and Vegetarians think plant based substitutes are adequate and/or superior to animal sources of proteins and fats. Soy is the most popular (note Megan's suggestion to add Tofu as a protein source.)

What they often do not know is that Soy for the most part is full of estrogenic isoflavones that upset the bodies hormonal balance and can lead to a whole host of health problems.

This site, Soy Online Service offers a very comprehensive but easy to understand explanation to back up what I just claimed about Soy. There are plenty of other sites dedicated to the health dangers of Soy foods. Google it yourself.

Finally, many vegans and vegetarians are under the mistaken assumption that avoiding animal derived foods is the healthiest diet possible. But even the modern feed lot, preservative laden denatured animal products are healthier for you than the primary culprits of the modern, industrial societies degenerative diseases that are found in abundance in the typical Western societies diets - simple carbohydrates (refined grain products & sugar), trans-fats, chemical preservatives and taste enhancers and the proliferation of vegetable oils that oxidize easily and upset the optimal ratio of Omega 6 and Omega 3 fatty acids.

Here's another article on the Omega 6 and 3 ratio (pdf) and how modern manufactured foods have it completely out of whack: Why Omega-3s Were Removed from the Western Diet and What We Can Do to Replace Them.

Veganism and Vegetarianism is based on emotional appeals (how you FEEL about the animals treatment) rather than an objective look at the scientific facts.

It relies on propaganda and scare tactics to try and convert people into adopting their own dietary practices...because anyone that truly and objectively researches the facts of the matter will come to realize that veganism is not a natural or health-optimizing diet.

Death of a Civilization

Keoni Galt · 14 May 2009 · Archived copy · Original

I have just read an article by David Deming from LewRockwell.com, entitled Death of a Civilization.

It's a great article that perfectly illustrates where Western Civilization is headed based on one of the more notable examples in history, and how a civilization destroyed itself by following an ideology based on lies. Here's the tragic story of that civilization...the Xhosa of Southeast Africa:

> In the early nineteenth century, the British colonized Southeast Africa. The native Xhosa resisted, but suffered repeated and humiliating defeats at the hands of British military forces. The Xhosa lost their independence and their native land became an English colony. The British adopted a policy of westernizing the Xhosa. They were to be converted to Christianity, and their native culture and religion was to be wiped out. Under the stress of being confronted by a superior and irresistible technology, the Xhosa developed feelings of inadequacy and inferiority. In this climate, a prophet appeared.
>
> In April of 1856, a fifteen-year-old girl named Nongqawuse heard a voice telling her that the Xhosa must kill all their cattle, stop cultivating their fields, and destroy their stores of grain and food. The voice insisted that the Xhosa must also get rid of their hoes, cooking pots, and every utensil necessary for the maintenance of life. Once these things were accomplished, a new day would magically dawn. Everything necessary for life would spring spontaneously from the earth. The dead would be resurrected. The blind would see and the old would have their youth restored. New food and livestock would appear in abundance, spontaneously sprouting from the earth. The British would be swept into the sea, and the Xhosa would be restored to their former glory. What was promised was nothing less than the establishment of paradise on earth.
>
> Nongqawuse told this story to her guardian and uncle, Mhlakaza. At first, the uncle was skeptical. But he became a believer after accompanying his niece to the spot where she heard the voices. Although Mhlakaza heard nothing, he became convinced that Nongqawuse was hearing the voice of her dead father, and that the instructions must be obeyed. Mhlakaza became the chief prophet and leader of the cattle-killing movement.
>
> News of the prophecy spread rapidly, and within a few weeks the Xhosa king, Sarhili, became a convert. He ordered the Xhosa to slaughter their cattle and, in a symbolic act, killed his favorite ox. As the hysteria widened, other Xhosa began to have visions. Some saw shadows of the resurrected dead arising from the sea, standing in rushes on the river bank, or even floating in the air. Everywhere that people looked, they found evidence to support what they desperately wanted to be true.
>
> The believers began their work in earnest. Vast amounts of grain were taken out of storage and scattered on the ground to rot. Cattle were killed so quickly and on such an immense scale that vultures could not entirely devour the rotting flesh. The ultimate number of cattle that the Xhosa slaughtered was 400,000. After killing their livestock, the Xhosa built new, larger kraals to hold the marvelous new beasts that they anticipated would rise out of the earth. The impetus of the movement became irresistible.
>
> The resurrection of the dead was predicted to occur on the full moon of June, 1856. Nothing happened. The chief prophet of the cattle-killing movement, Mhlakaza, moved the date to the full moon of August. But again the prophecy was not fulfilled.

> The cattle-killing movement now began to enter a final, deadly phase, which its own internal logic dictated as inevitable. The failure of the prophecies was blamed on the fact that the cattle-killing had not been completed. Most believers had retained a few cattle, chiefly consisting of milk cows that provided an immediate and continuous food supply. Worse yet, there was a minority community of skeptical non-believers who refused to kill their livestock.
>
> The fall planting season came and went. Believers threw their spades into the rivers and did not sow a single seed in the ground. By December of 1856, the Xhosa began to feel the pangs of hunger. They scoured the fields and woods for berries and roots, and attempted to eat bark stripped from trees. Mhlakaza set a new date of December 11 for the fulfillment of the prophecy. When the anticipated event did not occur, unbelievers were blamed.
>
> The resurrection was rescheduled yet again for February 16, 1857, but the believers were again disappointed. Even this late, the average believer still had three or four head of livestock alive. The repeated failure of the prophecies could only mean that the Xhosa had failed to fulfill the necessary requirement of killing every last head of cattle. Now, they finally began to complete the killing process. Not only cattle were slaughtered, but also chickens and goats. Any viable means of sustenance had to be destroyed. Any cattle that might have escaped earlier killing were now slaughtered for food.
>
> Serious famine began in late spring of 1857. All the food was gone. The starving population broke into stables and ate horse food. They gathered bones that had lay bleaching in the sun for years and tried to make soup. They ate grass. Maddened by hunger, some resorted to cannibalism. Weakened by starvation, family members often had to lay and watch dogs devour the corpses of their spouses and children. Those who did not die directly from hunger fell prey to disease. To the end, true believers never renounced their faith. They simply starved to death, blaming the failure of the prophecy on the doubts of non-believers.
>
> By the end of 1858, the Xhosa population had dropped from 105,000 to 26,000. Forty to fifty-thousand people starved to death, and the rest migrated. With Xhosa civilization destroyed, the land was cleared for white settlement. The British found that those Xhosa who survived proved to be docile and useful servants. What the British Empire had been unable to accomplish in more than fifty years of aggressive colonialism, the Xhosa did to themselves in less than two years.

Sound like any Civilization-destroying ideologies for which the true believers NEVER renounce their faith, that we may know of?

Deming points to one of the most obvious:

> Western civilization now stands on the brink of repeating the experience of the Xhosa. Since the advent of the Industrial Revolution in the late eighteenth century, Europe and North America have enjoyed the greatest prosperity ever known on earth. Life expectancy has doubled. In a little more than two hundred years, every objective measure of human welfare has increased more than in all of previous human history.
>
> But Western Civilization is coasting on an impetus provided by our ancestors. There is scarcely anyone alive in Europe or America today who believes in the superiority of Western society. Guilt and shame hang around our necks like millstones, dragging our emasculated culture to the verge of self-immolation. Whatever faults the British Empire-builders may have had, they were certain of themselves.

> Our forefathers built a technological civilization based on energy provided by carbon-based fossil fuels. Without the inexpensive and reliable energy provided by coal, oil, and gas, our civilization would quickly collapse. The prophets of global warming now want us to do precisely that.
>
> Like the prophet Mhlakaza, Al Gore promises that if we stop using carbon-based energy, new energy technologies will magically appear. The laws of physics and chemistry will be repealed by political will power. We will achieve prosperity by destroying the very means by which prosperity is created.
>
> While Western Civilization sits confused, crippled with self-doubt and guilt, the Chinese are rapidly building an energy-intensive technological civilization. They have 2,000 coal-fired power plants, and are currently constructing new ones at the rate of one a week. In China, more people believe in free-market economics than in the US. Our Asian friends are about to be nominated by history as the new torchbearers of human progress.

Deming is dead right on this...but there's so much more to this cautionary tale and our present day parallels!

But Western Civilization is coasting on an impetus provided by our ancestors.

As the institution of Patriarchy continues to crumble in the face of our Brave New World Order's war on the nuclear family, it's fairly obvious that we are in fact a Civilization that advanced so far and so quickly in terms of economic productivity and technological achievement because of the impetus of our past's largely Patriarchal-modeled society.

As everyday passes, and the institution of marriage is further degraded...as more and more single mother households dependent on collectivist government are created...as more children are born out of wedlock...as more families are ground up in the gears of the divorce court industry...as more and more men become apathetic to the state of society because they are no longer invested in it due to having been stripped of their roles as providers and Fathers...it becomes more and more obvious that we in fact are on the exact same trajectory as the ill-fated Xhostra.

We are not killing our cattle...we are killing our families.

Kill the family, kill the civilization.

The Script Has Flipped

Keoni Galt · 3 June 2009 · Archived copy · Original

About 4 years ago, a group of friends of mine all made "MySpace" pages and talked me into making one. As soon as I put one up, lo and behold, I had a whole ton of folks I was friends/acquaintances and classmates with as a teenager and young college student found me within a matter of months. Some of these folks I hadn't heard from in over 10 years.

It was really cool to connect and give each other updates on what we've all done with our lives. Some of them were actually really good friends that I had lost touch with. I really dug MySpace at first.

But after an initial flurry of old friends re-connected, my page pretty much started gathering dust. I never updated it, and I never used it to go and find other people I was curious about. I just stopped logging on to MySpace entirely.

Yet, in the past 2 weeks, I've suddenly gotten hits...and messages. From ladies I went to high school with.

All of them can plainly see that my MySpace profile lists me as married, as well as photos of my wife and I on vacation and at events.

Yet, these ladies, are pretty much all either "divorced" or never married, and "proud parents" -- i.e. single mothers.

One told me she was coming back to Hawaii and she wanted to meet up with me. She was basically asking me to go out with her without my wife finding knowing.

Another tried to draw me into an online sexual innuendo messaging exchange.

Another wrote me a "confession" that she always liked me since high school, and that she really wanted to come back to Hawaii to see me.

Good lord, now I REALLY understand the reality of how women in their youth have all the sexual powers of attraction and manipulation...and how once they've been used up and damaged goods saddled with another man's baggage, they start to get desperate and nostalgic!

One of these girls was one who I had previously tried to ask out in High School and she almost laughingly rejected me.

Back when she was a "9" in school, a lot of guys wanted her bad.

Looking at her MySpace page, she put on 75 pounds, pumped out two bastard kids from two different fathers, and a lifetime of partying and smoking have definitely aged her face dramatically...

...and NOW she wants to come back to Hawaii and get together with me without telling my wife!

Yeah, right.

The Character of Nations

Keoni Galt · 11 June 2009 · Archived copy · Original

I've often contended that while I myself am not a religiously active person, I still believe our country was a much better, much more civilized society when it was still a predominantly Christian country. Christianities focus on strong, Patriarchal families and a code of morality that was largely homogeneous across different Christian denominations (the 10 commandments) are cultural norms that are the impetus for the creation of what eventually became the most powerful country in the world.

The loss of that shared, Christian-based morality has been one of the biggest reasons why the USA is on a steep decline in civility, peace and prosperity.

Thomas Sowell makes an important point in his most recent column, a review of a book entitled The Character of Nations:

> While nations differ, particular kinds of behavior produce particular kinds of results in country after country. Moreover, American society in recent years has been imitating behavior patterns that have produced negative-- and sometimes catastrophic-- consequences in many other countries around the world.
>
> Among these patterns have been a concentration of decision-making power in government officials, an undermining of the role of the family, a "non-judgmental" attitude toward behavior and a dissolution of the common bonds that hold a society together, leading to atomistic self-indulgences and group-identity politics that increasingly pits different segments of society against each other.

Sowell couldn't have put it any more succinctly. The only part he's missing is that these changes have been done purposely by the power elite who have been effectively socially engineering these changes quite deliberately for quite some time now.

The character of this nation has been radically altered in the past half-century:

From a Christian-based morality that permeated pop culture that sought to uplift humanity and promote charitable behavior and love for your fellow man to the current secular/humanist based culture focused on hedonism and selfishness.

From a society made up largely of Nuclear Families to one in which the majority of people are either from broken homes or never get married in the first place.

From a civilization that valued masculinity AND femininity to one that denigrates masculinity in men and defines femininity by how masculine a women can act.

From a society of strong work ethics, pride in fierce independence and fiscal responsibility to one of Government dependency, a lack of personal responsibility and debt slavery.

In short, the nation is in decline, because our national character has declined.

ADDENDUM - Apropos to this post, I just came across this list of 10 statements made by in 1942 by a Presbyterian minister named William J. H. Boetcker:

> 1. You cannot bring about prosperity by discouraging thrift.
> 2. You cannot strengthen the weak by weakening the strong
> 3. You cannot help the poor man by destroying the rich.
> 4. You cannot further the brotherhood of man by inciting class hatred.
> 5. You cannot build character and courage by taking away man’s initiative and independence.
> 6. You cannot help small men by tearing down big men.
> 7. You cannot lift the wage earner by pulling down the wage payer.
> 8. You cannot keep out of trouble by spending more than your income.
> 9. You cannot establish security on borrowed money.
> 10 You cannot help men permanently by doing for them what they will not do for themselves.

This list accurately attests to the very change of the character of this nation that I referred to. It seems as if in every single one of these statements, we are now a Nation that embraces the policies and actions that are the complete opposite of each of the principles of this Minister's original statements.

A "Reasonable Feminist" on the Single Mother Baby Boom

Keoni Galt · 13 June 2009 · Archived copy · Original

Cathy Young, a self-described libertarian and "reasonable" feminist wrote an article recently, entitled: Single Mothers and the Baby Boom

I agree with most of her point of view...but I would still like to add a bit of my own commentary to her points, because she is still beholden to this idea that basic Feminism is a good thing, and that there is a "reasonable" form of femininsm.

> IN THE past 10 years, with my biological clock winding down and no husband in sight, I have been asked quite a few times if I had considered having a child on my own. What used to be scandalous is now practically a conventional life choice.

Not quite...it's actually now a badge of honor, a point of pride. The term "single mother" used to denote a tragedy that was rather uncommon - an unusual divorce or unfortunate tragedy that resulted in a Father's death. Now it is the ultimate statement of "I'm a strong, independent woman! I don't need no man to raise a child! My child will be perfectly fine, he or she has all the LOVE they need from me!"

This attitude is not "Practically" a convention in today's Brave New World Order...it IS the convention.

As Cathy Young notes:

> This is borne out by a new report released recently by the National Center for Health Statistics. Nearly 40 percent of all babies born in the United States in 2007, up from 34 percent in 2002 and 18 percent in 1980, were born to unmarried women. While unwed childbearing is much more common in black and Hispanic communities, the trend cuts across racial lines; moreover, it is driven primarily by women in their 20s and 30s, not teens. Should we treat single motherhood as "the new normal" or as a problem that needs to be addressed? And what about the fathers?

Why yes Cathy, it IS the "new normal." And what about the fathers? Under the current legal system and social mores, the father is merely a sperm donor and wallet. Nothing more, nothing less.

> For some, the growth of single-mother families is a sign of female empowerment.

If this is true, than we must look at the entire equation, now don't we?

REMEMBER: Female empowerment = Male Dis-empowerment.

The growth of single-mother families is a sign alright...the sign of decline!

> If children without fathers fare worse than children in two-parent families, say defenders of single mothers, the answer is better pay for women and better social programs. Yet even in Sweden with its generous welfare state, a major 2003 study found that children raised in single-parent homes were at significantly higher risk for addictions and serious psychiatric problems.

That's because society is sexist! Single mothers are discriminated against, and men still make more money than women in the workplace, therefore single mothers are oppressed and cannot provide for their children like they should be able to if society wasn't so misogynistic and oppressive!

> In discussions of single motherhood, men tend to be the missing piece. The fathers are often presumed to be feckless, self-centered rogue males. The reality is not that simple.

Nah, Cathy, it IS that simple. In the age of male dis-empowerment, women CHOOSE what kind of men that donate sperm for their bastard offspring. And since the males of our current culture have been dis-empowered from the role of Head of the Household, woman no longer select the Father's of their potential children based on character traits that would make for a great "head of house." Nah, the only determinant for who these ladies make judgment on who has the privilege of impregnating them, are the guys that "excite" them. Feckless...self-centered...ROGUE!

Mrs. Young, you need clarity on this issue. Try and read some of Dr. Amneus' writings, like the Garbage Generation and the Case for Father Custody. You would see that this is PRECISELY the conditions of the Matriarchal kinship system. When the male role is defined as nothing more than sperm donor to the Matriarchal system, men become human animals that do nothing but fight, fuck and live for nothing but the pursuit of their own hedonistic whims.

> Even if most mothers had adequate support from family and community, single motherhood would still leave a large percentage of men virtually disconnected from family life and the next generation.

Would?! It can and it DID! Look no further than ANY inner-city ghetto USA, that is precisely what you see: ghetto thugs disconnected from family life, living only to fight gang wars, commit crimes against society and end up dead, or incarcerated...but not before they have numerous children with other single mothers, creating the so-called "cycle of poverty."

> And, for all the talk of female autonomy, this is startlingly at odds with the goal of feminism, which sought equality for women and men in both public and private life.

No...that's the "goals" of feminism that have been used to turn otherwise conservative valued women such as yourselves into useful idiots for what was nothing more than a marxist movement to destroy the nuclear family.

There was NEVER anything "reasonable" about feminism, and the "goals" have ALWAYS been to destroy the role of the family as the building blocks of society, so that the new, socialist utopia could be created.

> Today, we have two contradictory trends. Millions of fathers are involved in hands-on child care to an unprecedented degree; millions of children have little or no contact with their fathers. Ironically, the mother-child family unit takes us back to a very pre-feminist idea: family and child-rearing as a feminine sphere. (For both biological and cultural reasons, men are far less likely to parent on their own.) Male alienation is another likely result.

Likely? Wake up dear, it's already here!

> The causes of the rise in unwed childbearing are as complex as the phenomenon itself. The economic and social pressures that used to propel people into marriage no longer exist; even Bristol Palin, the daughter of Governor Sarah Palin of Alaska, a conservative Christian, can opt out of marrying her baby's father without opprobrium. Expectations of love and emotional satisfaction in marriage are much higher than they once were. Gender roles are in flux. In today's economy, working-class women often have better job opportunities than men, yet men's marital desirability is still linked to the traditional notion of the "good provider."

Oh, the cause for the rise in unwed childbearing is not "complex" at all. Have you ever read "Brave New World?" That's our current reality today! We are now in our second and third generation of citizens indoctrinated and brainwashed by our media and our educational system into adopting these attitudes you are pointing out here. You can include yourself amongst your examples as proof...afterall Cathy, you think you're some kind of "reasonable feminist."

> Judging personal choices is tricky; while I strongly believe in the importance of fathers, I cannot be sure what choice I would have made if children were a higher priority for me.

This is just obtuse and asinine! You cannot be sure? This is sickening! Cathy has written a raft of articles on the pathologies of the rise of the single mother household...yet she can still write a rationale for more of the same!

Let's translate this sentence into "Reasonable Feminist-Speak": I cannot be sure what choice I would have made if fulfilling my own selfish desires were a higher priority than my children's needs for a Father.

> Certainly, many single parents do a wonderful job of raising their children and many married couples do not. But in general, the two-parent family does work best for children, women, and men, and marriage seems the best way to ensure it. No one wants to go back to the day when unwed mothers and their children were outcasts.

Nobody? I for one would like to. While I feel terrible for the outcast mothers and children who would suffer from the return to societal approbation and rejection of illegitimacy, we would have FAR LESS children being born in that condition in the first place. Better for a few to suffer, than the widespread breakdown of civilization we are now witnessing in the age of Male dis-empowerment!

> But restoring a cultural commitment to married parenting is a goal that should unite sensible conservatives, sane fathers' rights advocates, and reasonable feminists.

To which the "Reasonable" Feminist misses the forest for the trees.

You can't "restore a cultural commitment" until and unless you Re-empower males and the role of the Father as Head of the House.

But than, that wouldn't be "reasonable." That would be sexist and misogynistic! And no "reasonable" person today would want that, eh?

We the Sheeple

Keoni Galt · 16 June 2009 · Archived copy · Original

[image]
I had an idea for a blog post, and I was going to use Jeff Foxworthy's "You just might be a redneck" schtick to castigate the cultural zeitgeist of our Brave New World Order. The first idea I had was this one:

"If you believe Obama will save the economy with his fascist, corporatist policies...you just might be a Sheeple"

However, while googling for some pictures of "Sheeple" to accompany my original post, I came across a blog that was far better at putting the same point I was going to try to make, in a more direct and pithy manner. Check it out: Votestrike.com: Sheeple on Strike

> Today's teens are being attacked by popular culture like no other generation. Hollywood, the music industry, advertisers, and even the mainstream media are using their arsenal of tools to win the battle for our teens' hearts- and so far they are winning! In order to defeat our enemy, we must know how it thinks and understand the weapons it uses. It is critical that we realize how far-reaching the crisis is- and then we must work together to stop it.
>
> **TELEVISION**
> This generation views 16 to 17 hours of television each week and sees on average 14,000 sexual scenes and references each year. That's more than 38 references every day.
>
> **INTERNET**
> This generation spends three hours a day online and is the first to grow up with point-and-click pornography. Almost 90 percent of teens have viewed pornography online at one of the 300,000 adult websites, most while doing homework.
>
> **MUSIC**
> More than 25 percent of teen-targeted radio segments contain sexual content; 42 percent of the top selling CDs contain sexual content
>
> **ADVERTISING**
> With more than $128 billion dollars in their pockets, this generation has been targeted by corporate America, who does everything it can to grow brands and profits without any regard to the moral decay of a generation.
>
> **Sheeple: You are free to do as you're told**
>
> FREEDOM OF PRESS: All media outlets owned by 5 Mega-Corporations. CNN controlled. CBS controlled. Fox controlled. MSNBC controlled. ABC controlled.
>
> And that means your entertainment too.
>
> Decades of controlled TV and radio indoctrination has brainwashed us into lifestyles and thought patterns of ignorance. Polls revealed that Americans know more about the Simpson's than the 1st Amendment. Most don't even notice when they shred or manipulate our rights.The two political parties have merged into one system.

> They have become a hybrid.
>
> What exactly are they trying to conserve? Now both parties embrace both "big government" and "big corporation". Corruption, how is that good for "the people"?

[image]

Damn straight. This is how the social engineers of of Brave New World Order were able to effect the cultural changes of the last century. The advent of feminism was and is an artificially created ideology, indoctrinated into We the Sheeple. This is precisely how our modern day reality has been deliberately designed.

I've now reached the point where I hear the thoughts and ideas that people around me express, and I have to stifle making a visible reaction of visceral disgust. I literally hear the "B-a-a-a-a-a-a-a-a-a-a B-a-a-a-a-a-a-a-a" in my head when I here some person repeating the tropes of our Brave New World Order's indoctrination cues.

Think Green
Go Green
Carbon Footprint
Environmentally Friendly
Global Warming
Climate Change
Democracy
Progressive
Equal Rights
Social Justice
Hope and Change we can believe in!
My body, my choice!
War on Terror
War on Drugs
War on Poverty
Men are Afraid of Commitment

It's ALL the mindless bleatings of brainwashed sheeple.

Don't be Sheeple.

The Misinformation Age

Keoni Galt · 24 June 2009 · Archived copy · Original

I remember while attending business school at the University of Hawaii, all of my Professors often referred to the late 90's up to the present as "the Information Age."

The explanation for naming the current epoch as such was the advent of the internet and the changing of the Country's economy from a manufacturing based one to one in which Information was the primary base for economic activity.

While there is some truth to this definition, I think those of us that have taken the red pill and see the Matrix of delusion that is our modern day reality, it would be far more fitting to call this the Misinformation Age.

So many business decisions, lifestyle choices, market dynamics, elections, government legislation and entire ways of life are now made on the basis of misinformation being accepted as conventional wisdom, and constantly reinforced by a mass media and pop culture deliberately and blatantly created for the mind control of the masses.

The Australian-based website, A Study of our Civilization, by Phillip Atkinson, has a page called:

How to Diagnose if a Community is Declining.

> Consider the community's general attitude to truth; a civilization rises because it pursues truth, it falls when it suppresses truth. Our stance is revealed by the existence of popular delusions, whose absurdity has not prevented them from being adopted as truth by governments. The list of popular delusions include:
>
> - AIDS is a sexually transmitted disease caused by the HIV virus.
> - CFCs (Chlorofluorocarbons) cause a hole in the Ozone layer so their use must be banned.
> - Corpulence is the result of eating too much.
> - Democracy is good government
> - DDT, (Dichloro-diphenyl-trichloroethane) must be banned to avoid a '*Silent Spring*'
> - Eating beef from cattle afflicted by *Mad Cow Disease* will cause a brain rotting disease.
> - Global Warming is a threat to human existence.
> - Jobs for all are essential for economic prosperity.
> - Multiculturalism.
> - Native Title.

> - Political Correctness.
> - The Courts are there to make people behave.
> - Violence never solves anything.

This is a pretty good list with links to detailed explanations of the misinformation that is now considered "conventional wisdom."

However, I believe Atkinson only touched on the tip of the iceberg. I find myself almost becoming paranoid in my cynical skepticism when I hear, read or watch anything being discussed in the public sphere.

I no longer accept at face value, a damn thing reported from any mainstream news outlet. Our doctors, medical community members, nutritionists, therapists, psychologists, psychiatrists, scientists, politicians, leaders, activists, teachers, professors, administrators, lobbyists, actors, celebrities...all the people in professions that are supposedly in the business of "HELPING" We the Sheeple, and supposedly advancing and growing the collective wisdom of human history to make our lives better are all compromised into serving in the roles of either deliberate malefactor or useful idiot for the social engineers that continue to strive to rule every facet of our lives.

Yeah, we are in the most technologically advanced epoch of human history. This, I think, is the basis for which I encounter so many people that are possessed of a humanistic hubris...that such technological advancement means we now live in the best, most advanced age of human achievement.

Like a bird distracted by the shiny objects, too many people fail to see how we've degenerated into a very real dystopia. Human beings in overwhelming numbers, now live isolated, stifled existences bereft of spiritual and emotional growth...psyche's permanently scarred by deliberately inflicted atrocities by our systems, institutions and government.

We now live in an existence for which the policy of providing bread and circuses in the ancient Roman empire to keep the masses distracted and mollified while their civilization declined all around them have now been reinstituted and profligated in innumerable ways... literally in too many ways to be counted.

But, when one with eyes opened to the realization of our modern existence takes a step back and tries to understand the true scope of it all, I think it really boils down to one very simple agenda...one concept that is truly behind the proliferation of misinformation and mass delusions:

Population Control.

To control how and what we think, what we eat, how we live, commute, speak, fight, fuck, procreate and reproduce, how we die. This is what the striving for power in our world is truly based upon.

We are programmed to value "the environment" over humanity. We are programmed to not form nuclear families, or if we have, to break it up via the machinations of the State system. We are programmed to deviate from the natural order of procreation, to accept deviancy as normalized behavior...to become disconnected from our fellow human beings, to cherish and nurture hatred in our hearts, to give over to the idea that we are an oppressed and vicitmized member of some sub-group that has a set of grievances that take precedence over every facet of our lives...so that we are permanently divided and conquered. These realities, these ways of thought indoctrinated into

our mainstream consciousness by our mass media and institutions of education, are all nothing more than the symptoms of the population control agenda that is the very real paradigm of this, the Misinformation Age.

Our Brave New World Order's Dietary Wisdom

Keoni Galt · 1 July 2009 · Archived copy · Original

It's no coincidence that the vast influence of the multi-national corporations that produce and manufacture food products in this country have exercised their wealth and influence to pay for scientific studies, research, lobbying and extensive marketing to influence We the Sheeple into adopting dietary advice that is just as toxic to our bodies as is their propaganda regarding gender relations is to our families.

Blogger "agnostic" from Dusk in Autumn, has blogged as of late on the topics I've referenced before here regarding the low-fat/high-carb paradigm vs. the high fat, high protein/low carb diet that I believe is the optimal one for our human physiology. He recently started a new blog that dedicated solely to the topic of diet and nutrition, called Low Carb Art & Science.

His first posting "Did following the experts' diet advice make us any healthier?," offers a great timeline in seeing how the traditional American diet has been deliberately changed in the last half century, via the influence of the Agri-business, or BIG FOOD, industry and it's pernicious influence.

It all starts with shaping We the Sheeple's "Conventional Wisdom" about diet and nutrition...which makes us fooled into buying their products, mistakenly thinking their processed, manufactured junk is "healthy." This "conventional wisdom" gets propagated by "scientific studies" that get reported as proven facts...but when one reads the study itself, rather than the journalistic piece reporting on the study, one can see how the reporters conclusions don't really add up to the actual study...yet it's the reporters reported conclusions that in reality become the conventional wisdom.

First, the "News Report"

Animal fats linked to pancreatic cancer: Study

> Researchers have linked high intake of fat from red meat and dairy products with increased risk of pancreatic cancer, in a study published in the Journal of the National Cancer Institute.

Sounds like the conventional wisdom we hear all the time in our media, and based on the advertising of all the various food products in all of our stores, eh?

But re-read that opening statement a little more carefully...that word "linked."

What does that really mean?

Is it not the scientists first mission to determine whether or not we have correlation by coincidence, or directly attributable causation? Either it's proven, or it's not. "Linked" is just a way of making you THINK it's been proven.

However, if one reads the rest of the article with a critical, skeptical eye...

> Pancreatic cancer is fatal in 95 per cent of cases, and smoking and obesity are among the known risk factors,

> but scientists at the National Cancer Institute in Bethesda, Maryland said that previous studies into the impact of fat intake on pancreatic cancer had proved inconclusive.
>
> The authors used data collected by the National Institutes of Health-AARP Health Study to analyze the diets of 500,000 people who had completed food frequency questionnaires in 1995 and 1996.
>
> Participants were then followed for an average of six years to track a number of health issues, including pancreatic cancer. Of those sampled, 1,337 were diagnosed with the cancer – 865 men and 472 women.
>
> The authors wrote: “We observed positive associations between pancreatic cancer and intakes of total, saturated, and monounsaturated fat overall, particularly from red meat and dairy food sources.”

Food frequency questionnaires? That's IT?!?!? A research company tries to determine whether or not a widely consumed food (animal fat) causes cancer by using computer models to calculate probabilities based on people's self-reported questionnaires?

This is what we call "science?" I call it statistical manipulation to reach a pre-determined conclusion!

What happened to double-blind studies, using a control group and carefully observing the results to come to a reasonable scientific conclusion?

This is utter garbage! You're average person doesn't actually understand the difference between natural animal fats, hydrogenated animal fats, monosaturated, polyunsaturated and fully saturated fats.

Furthermore, many manufactured foods and fast food products will contain a variety of animal fats and vegetable fats. How the hell can they differentiate between them when the source of info is a QUESTIONNAIRE?!?!

Go look at typical brands of bread products in your grocery store...a good percentage of them will have paritally-hydrogenated (soybean) vegetable oil as an ingredient in your hamburger bun/hot dog bun/bread.

So if someone fills out their questionnaire that they ate hamburgers every single day for years...and they develop pancreatic cancer...how is the "scientists" supposed to ascertain whether or not the "animal fat" or the hydrogenated fats in the bread are the cause of the cancer?

Furthermore, studies on pubmed find that pancreatic problems associated with Diabetes are implicating daily refined sugar consumption as the primary culprit (Which is my belief probably the much more common denominator of pancreatic cancer than animal fats). Everytime you eat fast food, restaurant food, or convenience food, you are not just simply getting "animal fats." You are also eating polyunsaturated vegetable oils (usually rancid to boot), partially hydrogenated oils, as well as a host of laboratory created additives, preservatives and sweeteners.

Take your typical value meal at a hamburger fast food joint. It will contain saturated fats from the hamburger, partially-hydrogenated soy bean vegetable oil in the bun, rancid, poly-unsaturated vegetable oil for the deep fried french fries, not to mention copious quantities of corn syrup sweeteners and additives in the soda and condiments. If you are eating fast food, restaurant's meals, convenience food, etc., your meal will contain a variety of both animal and vegetable fats in it.

How the hell is a self-answer supplied questionnaire supposed to be able to adequately account for that?

It can't. Which is why the rest of the article is loaded with caveats and weasel-ly language.

> They added: “We did not observe any consistent association with polyunsaturated or fat from plant food sources. Altogether, these results suggest a role for animal fat in pancreatic carcinogenesis.”
>
> The reason for this could be connected to the role the pancreas plays in excreting enzymes that digest fat, they suggested. The authors also noted that studies have linked saturated fat consumption with insulin resistance, and that diabetes and insulin resistance are risk factors for pancreatic cancer.
>
> However, an accompanying editorial questioned whether the increased incidence of the cancer could be reliably attributed to higher meat consumption, saying that “other dietary or lifestyle preferences associated with meat consumption” could also have a role.

No shit, Sherlock.

> The editorial added that the study was “well-performed and a good addition to the understanding of pancreatic cancer.”
>
> Source: Journal of the National Cancer Institute

This is how " dietary conventional wisdom" starts.

After bilge like this gets reported on the news, people everywhere get all concerned about that evil demon, ANIMAL FAT.

This infects We the Sheeple's subconscious, so that we walk through the grocery store and load up our carts with all of those highly manufactured and processed food products (not food, FOOD PRODUCTS...big difference!), all with the prominent marketing labels of NON-FAT...LOW-FAT...LITE...FAT FREE... and you think you're eating healthy!

After all, these manufactured products contain GRAINS, and grains are FIBER...and:

> ...everybody knows "A diets high in fruit, vegetables and fiber that also limit red meat consumption, such as the Mediterranean diet, have been linked with longer life and lower rates of heart disease."

This, folks, is the exact phrasing used by public service announcements on the radio and TV, by groups such as the AHA, ADA, USDA etc...and it's no accident that such a phrase was used almost verbatim in this "news report."

Who was it that said, "Repeat a lie often enough and it becomes the truth..."

Fact of the matter is, if one looks at the source of this article, FOOD Navigator-USA.com, you will see an abundance of manufactured food product advertising and large, corporate agri-business companies logos and prominent products all over it.

It takes no stretch of the imagination to make the connection here:

The more BIG FOOD can make people think animal fats are bad for you, the more people will associate their NON FAT/LOW FAT/FAT FREE/LITE processed garbage as healthy food alternatives.

Feminst Satire

Keoni Galt · 2 July 2009 · Archived copy · Original

[image]Things are going pretty bleak for me on the financial front...not good times for me in the current Obamageddon economy that is going to one day be looked upon as The Great Depression 2.0...I'm late on my rent, I'm faced with taking a pay cut or being laid off, and I'm filing for bankruptcy. Let's just say I needed a bit of humor to cheer up the spirits a bit today.

I just checked out The Onion for the first time today in quite some time, and I found a hilarious satire about domestic violence shelters that I think the MRA/MGTOW readers and bloggers could certainly enjoy:

No One In Women's Shelter Able To Cook Decent Meal

> Despite having no other household responsibilities to occupy their time, none of the residents of the Cleveland YWCA Battered Women's Shelter can prepare a decent hot meal by 6 p.m., sources at the shelter reported Tuesday. "If it's not burned or under-seasoned, it's the same goddamn thing they made yesterday," said group counselor Devon Martin, who doesn't work all day long in the shelter's therapy sessions to microwave his own leftovers. "Without mastering this important life skill, these women will never be able to leave the shelter. It's not like they got anywhere else to go, anyway." Although records show the shelter houses more than 100 battered women, there is some speculation that this number may be exaggerated, as hardly any of the laundry bags left in the hallway get taken care of.

After having a good laugh, I decided to check out the archives and find if the Onion had other pieces making fun of feminism...

Here's a great one, making fun of the feminist's tactic of continually blaming "the media" for the problems of little girls self esteem: New Homely Doll To Improve Self-Image Of Young Girls

> "While we still value our classic Barbie franchise, we understand the need for dolls that offer an alternative body image," Mattel CEO Robert Eckert said. "And that's why we've created Plain Pamela. She's drab, she's dumpy, she's nothing to write home about, and she's going to make the girls of America feel like beauty queens."
>
> Added Eckert, "Relatively speaking."

DOH!

Here's another gem, a two part point/counterpoint column about young American women abroad...

> Point - European Men Are So Much More Romantic Than American Men
>
> I just got back from a semester abroad in Europe, and let me tell you, it truly was the most magical, amazing

> experience of my entire life. The French countryside was like something out of a storybook, the Roman ruins were magnificent, and the men, well, European men are by far the most romantic in the world....
>
> ...European men know the most romantic little cafés and bistros and trattorias, candlelit places where you can be alone and drink the most fantastic wine. They tell you what's on the menu and what you should try. (If it wasn't for a certain young man in Milan, I never would have discovered fusilli a spinaci et scampi.) And the whole time, they're looking deep into your eyes, like you're the only woman on the entire planet. What woman could resist a man like that? Then, after a moonlit stroll along the waterfront and a kiss in the doorway of their artist's loft, you find yourself unable to—well, I'll leave the rest to your imagination.
>
> I'll never forget my magical semester abroad. One thing's for sure—I'm ruined for American men forever!

Ruined for American men? You don't say...many American women don't even have to leave the country, and they're already been ruined for American Men by the cultural zeitgeist and feminist brainwashing they've been subjected to for their entire lives!

On to the counterpoint:

> Counterpoint - American Women Studying In Europe Are Unbelievably Easy
>
> I'm a 25-year-old carpenter living in Rome, and I don't mind telling you that I get all the action I can handle. I'm not all that handsome or well-dressed, and I'm certainly not rich. In fact, my Italian countrywomen could take me or leave me. But that's just fine, because Rome gets loads of tourist traffic, and American co-eds traveling through Europe are without a doubt the easiest lays in the world....
>
> ...For dinner, I usually take them to some cheap little hole in the wall, someplace deserted where not even the cops eat. American girls think candlelight means "romance," not "deteriorating public utilities," so they just poke their nipples through their J. Crew sweaters and never notice that there's no electricity. Just as well, because Roman restaurants aren't exactly the cleanest. After a bunch of fast-talk about the menu, I get them the special, which is usually some anonymous pasta with spinach and day-old shrimp, and whatever cheap, generic, Pope's-blood chianti's at the bottom of the list.
>
> By this time, they're usually standing in a slippery little puddle. Going in for the kill, I walk them past one of Rome's famous 2,000-year-old open cesspools. Then, as we open the door to my shitty efficiency, I kiss them on the eyelids so they don't see the roaches, making sure the first thing they see is the strategically positioned artist's easel I bought at some church sale. That's usually all they need to see and, like clockwork, they fall backwards on my bed with their Birkenstocks in the air.
>
> I mean, they're hardly Italian women, but we have a saying here in Europe: Why buy the cow when you can get the milk for free?

LOL!

Here's another great one, Women Now Empowered By Everything A Woman Does

> According to a study released Monday, women—once empowered primarily via the assertion of reproductive rights or workplace equality with men—are now empowered by virtually everything the typical woman does.

If one were to watch nothing but Oprah, The View, The Lifetime Channel and Oxygen network, it would be hard to make a case that this piece were simply satire...

Some of the empowering actions of the modern day Empowered America Women:

Shoe Shopping:

> "Shopping for shoes has emerged as a powerful means by which women assert their autonomy," Klein said. "Owning and wearing dozens of pairs of shoes is a compelling way for a woman to announce that she is strong and independent, and can shoe herself without the help of a man. She's saying, 'Look out, male-dominated world, here comes me and my shoes.'"

Eating Energy Bars:

> "Unlike traditional, phallocentric energy bars, whose chocolate, soy protein, nuts, and granola ignored the special health and nutritional needs of women, their new, female-oriented counterparts like Luna are ideally balanced with a more suitable amount of chocolate, soy protein, nuts, and granola," Klein said. "Proto-feminist pioneers like Elizabeth Cady Stanton and Susan B. Anthony could never have imagined that female empowerment would one day come in bar form."

Dressing like a slut:

> ...today's feminist asserts control over her biological destiny by wearing a baby-doll T-shirt with the word "Hoochie" spelled in glitter.
>
> "Don't tell this bitch what to do," said Kari Eastley, 24, a participant in the Oberlin study and, according to one of her T-shirts, a "Slut Goddess." "I wear what I want when I want, and no man is going to tell me otherwise. We're talking Pussy Power, baby."

Accessibility to empowerment (this one is real good!):

> Klein said empowerment is now accessible to women who were long excluded.
>
> "Not every woman can become a physicist or lobby to stop a foundry from dumping dangerous metals into the creek her children swim in," Klein said. "Although these actions are incredible, they marginalize the majority of women who are unable to, or just don't particularly care to, achieve such things. Fortunately for the less impressive among us, a new strain of feminism has emerged in which mundane activities are championed as proud, bold assertions of independence from oppressive patriarchal hegemony."

This particular piece saves the best line for last...

...You Go Girl!:

> Only by lauding every single thing a woman does, no matter how ordinary, can you truly go, girls."

LMAO

Here's a piece that makes fun of a topic we are all very familiar with...the modern feminist idea that women must achieve success and fulfillment through becoming a wage slave to a corporation rather than having a family and being a homemaker:

Report: Women Increasingly Choosing Dead-End Careers Over Dead-End Relationships

[image]

> "Technical and repair professions with zero prospects for advancement are no longer viewed solely as the realm of males," Detweiller said. "Women have proved that they are just as adept as men at frittering their lives away in soul-crushing vocations,"...
>
> ..."There is nothing that says women can't experience the manifold of crippling defeats life has to offer," said Elizabeth Mooney, a 46-year-old career counselor. "A woman shouldn't feel as though she has to forfeit her chances of raising three disappointing children with a man she doesn't love simply because she chose to squander the best years of her life working as a career counselor."
>
> Though a greater number of women have decided to waste their fleeting youth toiling away in unrewarding jobs, other statistics have shown that a growing faction are embracing the more traditional alternative of slipping quietly into a painless death with a handful of sleeping pills and a bottle of Gordon's gin.

Now that was a much needed dose of humor!

I swear, some of the Onion's editors and writers must be MRA's or MGTOW's....

The Source of Dietary Deception

Keoni Galt · 9 July 2009 · Archived copy · Original

A couple of posts ago, I wrote about how I suspected that in someway, somehow, giant corporate food product manufacturers and agribusinesses were behind the promotion of lies and propaganda to make people think that saturated fats were bad, and fat free/fat reduced products were healthy.

Indie film producer Tom Naughton, made a movie to counter the propaganda film Supersize Me, called Fat Head. He also writes a blog under the same name, and he too is a proponent of the high fat/high protein diet contrary to the conventional wisdom.

Well, his latest blog post, Warning, Bologna May Cause Cancer Headlines, he digs deeper into the article I referenced earlier regarding animal fats supposedly linked to pancreatic cancer.

My initial skepticism regarding the veracity of the study was based on the methodology of the study...in short, I thought it was quite ridiculous to claim a connection between cancer and ANY kind of food through a mass mailed questionnaire. I admit I didn't even try to find or read the study, I merely drew my own conclusions based on the article written about the study that drew the conclusion that animal fats causes cancer.

Naughton takes it much further and thoroughly debunks the initial study completely!

Behold:

> Oh my gosh! I eat a lot of animal fat … I can feel my pancreas swelling up with tumors as I write. I've been issued a death sentence, and I know it's accurate because – hold onto your seats, now – the article included the magic words STUDY FINDS right there in the sub-headline.
>
> And what an amazing study this has turned out to be. So far it has indicated that being overweight in middle age will kill you, a lack of physical activity can increase your odds of breast cancer, red meat will give you colon cancer, alcohol can lead to pancreatic cancer and fruits and vegetables may protect against lung cancer … uh, but only in men. The study also achieved the amazing feat of indicating that dietary fat may lead to breast cancer – but red meat doesn't.
>
> Considering how many headlines this study has already produced – with more sure to follow – I'm going to suggest you memorize the name: The NIH-AARP Diet and Health Study. I'm also going to suggest that when you spot an article that cites this study, you bookmark it, download it, print it, and then use the pages to paper-train a puppy.

Apparently, this one study that the NIH and the AARP conducted by mailing out questionnaires to AARP members has been used to generate all sorts of dietary/health conclusions...all of which have been than used generate an informational cascade in which it has now become the conventional wisdom that saturated fats are bad for you.

> Here's the first big problem with the study (the largest of its kind!): the survey itself. In order to determine what people eat, the investigators sent them a list of 120 foods and asked them to answer questions like this:

> Over the last 12 months, how often did you eat the following foods? (Ignore any recent changes.)
>
> Whole milk (4%), NOT in coffee, NOT on cereal: Never | 1-6 per year | 7-11 per year | 1 per month | 2-3 per month | 1-2 per week | 3-4 per week | 5-6 per week | 1 per day | 2-3 per day | 4-5 per day | 6+ per day. Portion size: less than ½ cup | ½ to 1 cup | more than 1 cup.
>
> Breads or dinner rolls, NOT INCLUDING ON SANDWICHES: Never | 1-6 per year | 7-11 per year | 1 per month | 2-3 per month | 1-2 per week | 3-4 per week | 5-6 per week | 1 per day | 2-3 per day | 4-5 per day | 6+ per day. Portion size: less than 1 slice or roll | 1 or 2 slices or rolls | more than 2 slices or rolls.
>
> Mayonnaise or mayonnaise-like salad dressing on bread: Never | 1-6 per year | 7-11 per year | 1 per month | 2-3 per month | 1-2 per week | 3-4 per week | 5-6 per week | 1 per day | 2-3 per day | 4-5 per day | 6+ per day. Portion size: less than 1 teaspoon | 1 to 3 teaspoons | more than 3 teaspoons.
>
> Ground beef in mixtures such as tacos, burritos, meatballs, casseroles, chili, meatloaf: Never | 1-6 per year | 7-11 per year | 1 per month | 2-3 per month | 1-2 per week | 3-4 per week | 5-6 per week | 1 per day | 2-3 per day | 4-5 per day | 6+ per day. Portion size: less than 3 ounces | 3 to 7 ounces | more than 7 ounces.

Damn...just as I suspected. Ridiculous questions with no real possibility of getting accurate results to bolster their arguments when they reach their predetermined conclusions...

> around 600,000 people did return the survey, which leads to the second problem: this is a self-selected group that doesn't mirror the general population.
>
> In the baseline data, it's obvious that compared to the general population, the survey group is far more likely to be white (over 90 percent), well educated, and non-smoking. The authors admitted they were concerned about the low response rate (about 17 percent), but managed to discern that "a shifting and widening of the intake distributions among respondents compensated for the less-than-anticipated response rate."
>
> In other words, they declared this cross-section of the population varied enough for a study and decided to keep going. (Gotta pay that mortgage, you know.)

This, folks, is called MARKETING...NOT SCIENCE. I took Marketing in college, and this is the standard tactic for gathering marketing information so you can formulate a business plan.

> Here's the third problem: the self-selected group was winnowed down even further by the investigators. Yes, it's common practice to try to dump incomplete or suspicious data, but in explaining how they determined if a survey was sufficiently complete, they stated, "In calculating our initial cohort sample size of 350,000 we focused on a single nutrient, dietary fat."
>
> Hmmm … sounds to me like they already had an opinion about which nutrient would wind up being linked to cancer. If they could determine how much fat you ate, you were in. Why fat? Why not sugar, or white flour, or corn flakes?

Why the fat? Gotta sell We the Sheeple on all of that highly profitable manufactured food products that are fat-free...non-fat...lite...reduced fat! We don't want them to know that REAL food that nourishes and strengthens the body is full of natural FAT.

> Nearly ten years after the first survey, the authors mailed a similar questionnaire, along with others that asked about exercise, smoking and medications. Then they compared the respondents' diets with their rates of various diseases, focusing primarily on cancer. That's where they came up with all the crunchable numbers.

I've argued vehemently on the internet at various forums with people who are so brainwashed into believing that the modern, conventional dietary wisdom about saturated fats and heart disease and cancer are SCIENTIFICALLY PROVEN. Is this what you call science?

> So how well do numbers like these crunch? That's the fourth big problem: they don't crunch very well. They're more on the squishy side. In one of their many papers, here's how the researchers evaluated the accuracy of their own food-intake data:
>
> For the 26 nutrient constituents examined, estimated correlations with true intake (not energy-adjusted) ranged from 0.22 to 0.67 … When adjusted for reported energy intake, performance improved; estimated correlations with true intake ranged from 0.36 to 0.76.
>
> So what does that statement mean? Here's what a site that explains statistics in plain English has to say about correlation:
>
> Correlations of less than 0.1 are as good as garbage. The correlation shown, 0.9, is very strong. Correlations have to be this good before you can talk about accurately predicting the Y value from the X value...
>
> ...But for this study, the estimated correlation (after being adjusted upwards) is between 0.36 and 0.76. In other words, the investigators themselves estimate that the accuracy of their food survey is somewhere between lousy and decent. Well, decent might be stretching it. The same analysis of their own study included this statement:
>
> However, previous biomarker-based studies suggest that, due to correlation of errors in FFQs and self-report reference instruments such as the 24HR, the correlations and attenuation factors observed in most calibration studies, including ours, tend to overestimate FFQ performance.
>
> So the lousy-to-decent estimate might be overestimated. Kudos to them for saying as much. And yet from this data, they're going to look for correlations between diets and diseases and write a slew of research papers on what they find.

A slew of research papers, which are then cited as SCIENTIFIC STUDIES that are turned into headlines like Eating Animal Fat May Lead to Pancreatic Cancer.

Don't forget to stock up on your high fructose corn syrup-laden, monosodium glutamate-enhanced, bleached white flour fortified, partially hydrogenated vegetable oil incorporated food PRODUCT...it's FAT FREE!

> Which brings us to the fifth big problem: the associations you find when looking at data depend largely on the associations you seek. In a study like this, you gather a huge amount of data, then you ask the data some questions. How you ask the question affects the answer.
>
> Some months ago, the researchers asked this data if there was an association between red meat and colon cancer, and wouldn't you know it, the data answered "yes." At least that's the story that made the headlines. But the truth is, the question they asked went more like this: "Do people who eat a lot of steaks, hot dogs, hamburgers, sausage, pizza, cold cuts, bacon and deli sandwiches have a higher rate of colon cancer?"
>
> Grouping all those foods together under the label "red meat" confounds the question – and it wasn't necessary to confound the question. In the food survey, "steaks" is a separate item. If you really want to know if red meat causes cancer, why not simply ask, "Do people who eat a lot steaks have a higher rate of colon cancer?" Maybe they did ask that question. Maybe they didn't like the answer, so they asked it again and included pizza and hot dogs.
>
> Here's another strange grouping: the food survey lumped butter and margarine together as a single food item. I nearly jumped out of my skin when I read that one. Talk about confounding the data! Butter is natural. Margarine is a processed frankenfood. The only similarity is that people spread them on toast. You may as well lump cigarettes and carrot sticks together because they have the same shape.

Haughton is making a similar point to the one I made in my earlier post:

"Take your typical value meal at a hamburger fast food joint. It will contain saturated fats from the hamburger, partially-hydrogenated soy bean vegetable oil in the bun, rancid, poly-unsaturated vegetable oil for the deep fried french fries, not to mention copious quantities of corn syrup sweeteners and additives in the soda and condiments. If you are eating fast food, restaurant's meals, convenience food, etc., your meal will contain a variety of both animal and vegetable fats in it.

How the hell is a self-answer supplied questionnaire supposed to be able to adequately account for that?"

Haughton continues:

> Even when researchers ask well-designed questions, there's the "don't ask, don't tell" problem: there may be associations lurking in the data that no one is looking for. When Ancel Keys cherry-picked six countries and went looking for an association between fat and heart disease, he found it. But the same overall data showed a much stronger association between sugar and heart disease … and an even stronger association between television ownership and heart disease.
>
> Which brings us to the sixth problem: Associations are only useful for providing clues. They don't identify the cause. There's a strong association between obesity and type II diabetes. Does that mean being fat causes diabetes? Nope. It could mean diabetes makes you fat. Or, more likely, it could mean obesity and diabetes are both caused by excess insulin. You get the idea.

I certainly do. Too bad the dupes and useful idiots in the mainstream press don't. No, they take these biased, subjective and erroneous conclusions based on faulty methodology, and indoctrinate society into accepting

falsehoods as conventional wisdom with a myriad of articles, columns, TV reporting stories all pushing the same BS.

Haughton's conclusion is going to be my new reference point whenever I read the latest "FAT IS BAD" propaganda...

> The next time you see yet another paper from this study (the largest of its kind!) generate yet another round of alarmist headlines about the possible dangers of animal fats (and you will), keep this in mind about The NIH-AARP Diet and Health Study:
>
> What we're looking at is 1) a survey study with a low response rate that 2) required old people to accurately recall what they'd eaten in the past year (twice), which then provided data that is 3) almost certainly polluted by self-selection and confounding variables, and is 4) being analyzed by researchers who indicated from the beginning that their main concern is dietary fat, all for the purpose of 5) identifying associations, which don't tell us very much anyway.

I'd like to see just who it was that REALLY financed the NIH to conduct this study with the willing dupes in the AARP...let's just say I wouldn't doubt it if somehow the money trail eventually got back to giant food/agriculture producers.

You know, the same people responsible for lobbying the Federal governmental agencies to produce a "Food Pyramid" guide telling everyone to eat copious amounts of grains.

"A Plant Based Diet"

Keoni Galt · 9 July 2009 · Archived copy · Original

Good God, I feel like I'm Alice in Wonderland, finding out exactly how far the rabbit hole really goes....

I've often heard several different PSA's on various radio stations, advocating a "PLANT-BASED DIET" as the key to preventing cancer.

Inspired by ruminations and reading I did for my last post, I decided to delve a little further. The most memorable PSA I can recall having heard multiple times, is one done by Anthony Hopkins. I guess it's most memorable because whenever I heard it, I'd always chuckle at the thought of Hannibal Lecter telling people to eat a vegetarian diet...

Anyhow, you can listen for yourself to the PSA I'm talking about here, as well as read/listen/watch to a few other PSA's dedicated to pushing vegetarian "plant-based" diets as the key to preventing cancer.

While I don't have the time to check any and all references (I suppose I could, but than, I think I already know how this is going to turn out...), I read the Diet and Cancer Research page on the Cancer Project website.

When I got to the concluding sentence of the introductory paragraph (which is usually where a thesis statement placed in an exposition written to convince the reader of some position,) was this:

> Overall, these studies showed significant reductions in cancer risk among those who avoided meat. 4

Ok....so I check the citation: Barnard ND, Nicholson A, Howard JL. The medical costs attributable to meat consumption. Prev Med 1995;24:646-55.

I than googled: Prev Med 1995;24:646-55

Where I find this: Dietary Risk Factors for the Incidence and Recurrence of Colorectal Adenomatous Polyps: A Case-Control Study

Under the METHODS, we get this:

> Our study sample included patients having colonoscopy at three colonoscopy practices in New York City between April 1986 and March 1988. In total, 2988 patients were evaluated. Of these, 2443 (81.8%) were eligible for our study (patients had to be between 35 and 84 years of age; reside in New York, New Jersey, or Connecticut; speak English or Spanish; and have colonoscopy to at least the splenic flexure). The colonoscopists completed data sheets indicating the reason for colonoscopy and the clinical findings at the time of colonoscopy. The study pathologist reviewed slides of all suspected neoplastic lesions.
>
> All eligible participants received a letter signed by their colonoscopist introducing the study. A trained interviewer then contacted and interviewed participants by telephone. Alternatively, the questionnaire was mailed for self-completion and was followed by a telephone interview to resolve any remaining questions. An

> earlier study indicated that the results obtained for dietary factors were similar for both interview methods [13].
>
> The interview itself consisted of a general questionnaire that focused on demographic characteristics, medical history, lifestyle, family history, and other topics. The dietary interview consisted of the Block food frequency questionnaire and specified food intake for a period 3 to 5 years before the colonoscopy [14].
>
> Ultimately, 1956 dietary questionnaires were completed (80.1% of eligible patients). Of these, 71% were conducted by telephone, and 29% were returned by mail.

Here we go again....a fucking self-reporting questionnaire to determine colorectal cancer patient's diet to try and assess the dietary causes for cancer!

But no, I didn't stop there. This report mentioned the actual Block food frequency questionnaire...which of course, I promptly googled to see if I could find the questionnaire online.

Care to guess what I found?

My my, doesn't this online page look familiar?!

I note without a trace of irony, that in fact, the title of that segment of the Block Food Questionnaire is FAT SCREENER.

Yet look at these options:

> Margarine, butter or mayo on bread or potatoes
>
> Margarine, butter or oil in cooking

Put aside all of the problems associated with self-selection, sample size and all the other statistical-related reasons for skepticism pointed out by Tom Haughton in my last post...and consider this: the "conclusions" that have become conventional wisdom because the likes of Hannibal Lecter taking to the airwaves to spread the word that A PLANT BASED DIET is the key to avoiding cancer, the actual questionnaire they use to get these results to reach their conclusions makes no differentiation between animal-based butter and plant-based margarine.

But it gets worse.

I clicked on the ABOUT US link from the company responsible for this completely idiotic questionnaire, and find that there are two High Priests in the Church of Secular Science...ooops, I meant "Doctors," and a COO (a Marketing and IT guy) responsible for the creation of this questionnaire...

> Dr. Gladys Block (Ph.D, Epidemiology, Johns Hopkins), Senior Scientist. Dr. Block is professor of Public Health Nutrition and Epidemiology at the University of California, Berkeley. She continues to provide

> expertise and leadership in the development and analysis of NutritionQuest's dietary and physical activity instruments.
>
> Torin Block, Chief Operating Officer, is the Manager of NutritionQuest. He has 11 years of experience in the development and analysis of dietary questionnaires. He is responsible for the design and development of the NutritionQuest Data-on-Demand system, including the development of electronic questionnaires, analysis algorithms and data management systems.
>
> Clifford H. Block (Ph.D., Cognitive Psychology, Yale), Chief Behavioral Scientist. He has been the architect of many large-scale programs in health social marketing, education, and the application of new technologies. He directs NutritionQuest's innovations in education and health behavior change, such as our emailed dietary intervention program.

An epidemeologist, a Marketing executive and a Chief Behavioral Scientist specializing in health social marketing.

You figure with all of that expertise, experience, certifications like PhD's (Piled Higher and Deeper has never been a more apropos description than here!), they would actually understand something as basic as THE DIFFERENCE BETWEEN MARGARINE AND BUTTER!!!

Of course, I think they know damn well what the difference is. This deliberate deception is certainly no accident.

So, remember that the next time you do your grocery shopping, don't forget your plant-based high fructose corn syrup, your plant-based soybean oil margarine, your plant based, fortified ceral and your plant-based soymilk and your plant-based potato chips fried in plant-based cottonseed oil...you wouldn't want to get cancer!

Feminazi Themes in the Movies

Keoni Galt · 17 July 2009 · Archived copy · Original

For those of you that have immersed yourself in studying culture, feminism, and the socially engineered changes in gender roles in our current society, do you find that you can no longer watch movies without noticing the dynamics of social interaction between characters? I know I have.

Hollywood has been one of the most effective means of shaping the masses views, morality and behavior, and when one develops an acute awareness to these sorts of messages and cultural cues they seek to instill in the viewers of their products, it suddenly becomes blatantly obvious. I now find myself recognizing our Brave New World Order's indoctrination cues about human relations, present in just about every new movie, tv-show and commercial I see nowadays.

I haven't watched a movie in the theatres quite some time actually...the last movie I went and saw in the theaters was Mongol.

However, the other night, my wife and I rented the DVD of Liam Neeson's action flick, Taken.

Overall, I thought the picture was alright...but some of the dialogue and dynamics in the characters familial relationships prevented me from allowing myself to be completely immersed into enjoying the story.

Neeson plays an ex-CIA agent that quit his spy career to move to California so he could be closer to his daughter...who lives with his ex-wife and her mega-rich step-Father.

His ex-wife is an utter bitch who is definitely trying to interfere in the relationship between Father and Daughter. Neeson's character is supposed to be a bad ass, take no prisoners killer...but he is absolutely sackless and emasculated when it comes to dealing with his ex-wife.

[image]Fearless ex-CIA agent that kills thugs and criminals with his bare hands,
reduced to sackless wimpitude in the face of his ex-wife's bitching.

In one of the best scenes in the movie, the man boldly dissembles his way into the heart of an Albanian organized crime ring headquarters, than proceeds to kill multiple men, all with the demeanor of a man with ice running through his veins...yet in the scene's where she begins her bitching, complaining and accusations towards him, he's a spineless wimp that deserves to be divorced and have his role as father displaced by mommy's new husband.

While the movie definitely portrays a negative image of the ex-wife as a totally unreasonable bitch, the overall theme here is that she holds all the cards, and the assumption of authority as the custodial parent is unquestionable. Neeson is reduced to a begging, pleading, whining shell of a masculine man when it comes to dealing with her.

From my perspective, it was utterly disgusting to watch.

But the worst was how later in the movie, the ex-wife alludes to the reason why she divorced him.

The old "You were always working, you were never around."

This is the worst.

Men are supposed to be the providers, but if they work really hard at providing, than that's grounds for divorce?

And yet, when she hurls out these accusations and puts all of the blame on their failed marriage on Neeson's character, he has no response. He takes that blame and accepts it wholly.

This is in fact the cultural cue of the feminist movement writ large: It's always the Man's fault.

As if it's perfectly acceptable for a woman to break up her marriage, alienate their daughter from her father, and re-marry...simply because the man was "always working" i.e. he was performing his gender role of provider. Not cheating, beating her up, shooting drugs. No, working...providing for his wife and daughter.

Needless to say, while the action was fun to watch, noticing such underlying theme's and relationship messages pretty much ruined my overall enjoyment of the entire movie.

The Brave New World Order's subversive indoctrination propaganda messages are present in almost all movies...some more than others. But now that my eyes have been opened, it's literally destroyed much of the enjoyment I used to get out of watching movies.

BIH Walter Cronkite

Keoni Galt · 18 July 2009 · Archived copy · Original

The Chief Disseminator of the Brave New World Order's Indoctrination and Cultural Subversion Propaganda for over 3 decades, Walter Cronkite, has just died.

BIH Cronkite.

[image]

Why do I say BIH?

Watch this clip, at around 7:00 minutes in...

Burn In Hell, Walter, for surely you now most certainly do sit at the right hand of satan.

Big Ben...Rape or Gold Dig?

Keoni Galt · 21 July 2009 · Archived copy · Original

[image]

This woman, Andrea McNulty claims Pittsburgh Steeler's QB, Ben Roethlisberger, raped her a little over a year ago, and she has now filed a multi-million $$ civil lawsuit.

Am I skeptical? Hell yes I am...there has been far too many cases as of late for which a woman claims rape by a high profile celebrity, and goes for the $$$ rather than real justice.

There was no criminal case filed...it's literally a he-said, she-said, civil case at this point. This is a legal travesty that in fact Ben was never arrested, never allowed the right to a speedy trial or the right to have a jury trial. No, this accuser gets to simply file a lawsuit claiming damages so she can get as much $$ as possible.

If you were really, truly raped, than a CRIME has been committed, and the proper channel's to deal with it is supposed to be the criminal courts...not civil court.

Furthermore, I'm betting the end game here is to extort Ben into settling out of court for an undisclosed sum.

I think this points to a current legal reality that needs some serious attention, and my solution is simple:

A civil case regarding damages caused by supposed criminal activity SHOULD NOT BE ALLOWED UNLESS A CONVICTION PROVING THE GUILT HAS BEEN ATTAINED.

I.e....celebrities worth millions of dollars should be immune from civil lawsuits regarding rape (or any other serious charges) unless they are convicted and proven beyond a reasonable doubt to have committed the crime.

Finally...take a good look at this woman's picture. Does it really pass the smell test?

A high profile, multi-millionaire athlete...the starting QB of the recent, Super Bowl champion Pittsburgh Steelers -- does he really NEED to rape a lady like this?

Let's face it...she's obviously not getting a modeling contract anytime soon....

Please. Ben could simply show face at any bar or club in the country and walk out of there with a bevvy of ladies that would jump at the opportunity to sleep with a high profile, rich celebrity athlete.

Did You Know...

Keoni Galt · 22 July 2009 · Archived copy · Original

Phyllis Schlafly is still going after all these years of opposing the Feminazi's...

The first half of her latest column contains a list of "Did You Know..." questions that are I think a perfect laundry list you can present to someone to get them to see just how unfair and unjust the Family Court System has become in it's treatment of Father's and Husbands...

> DID YOU KNOW....
>
> ...that a family court can order a man to reimburse the government for the welfare money, falsely labeled "child support," that was paid to the mother of a child to whom he is not related? Did you know that, if he doesn't pay, a judge can sentence him to debtor's prison without ever letting him have a jury trial?
>
> ...that debtor's prisons (putting men in prison because they can't pay a debt) were abolished in the United States before we abolished slavery, but that they exist today to punish men who are too poor to pay what is falsely called "child support"?
>
> ...that when corporations can't pay their debts, they can take bankruptcy, which means they pay off their debts for pennies on the dollar, but a man can never get an alleged "child support" debt forgiven or reduced, even if he is out of a job, penniless and homeless, medically incapacitated, incarcerated (justly or unjustly) or serving in our Armed Forces overseas, can't afford a lawyer, or never owed the money in the first place?
>
> ...that when a woman applying for welfare handouts lies about who the father of her child is, she is never prosecuted for perjury? Did you know that judges can refuse to accept DNA evidence showing that the man she accuses is not the father?
>
> ...that alleged "child support" has nothing to do with supporting a child because the mother has no obligation to spend even one dollar of it on a child, and in many cases none of the "support" money ever gets to a child because it goes to fatten the payroll of the child-support bureaucracy?
>
> These are among the injustices that the feminists, and their docile liberal male allies, have inflicted on men.

Yes, I already knew all this...as I'm sure all you that read my blog already do. But many people have no clue about this reality.

Pass it on.

Our Brainwashed Society

Keoni Galt · 29 July 2009 · Archived copy · Original

[image]

I recently came across an article entitled 25 Scary Facts About Brainwashing.

While it was certainly in interesting read, the article is primarily focused on individual cases of a person showing signs of having been brainwashed...such as the famous Patty Hearst case.

However, when one considers the various points made in the article, and apply them to our socially engineered society as a whole...I think it's more than obvious that we do in fact live in a society that has been brainwashed en masse.

For instance...look at the various methods and techniques employed to brainwash the individual, than realize that in fact some of them can certainly be applied in the dissemination of propaganda through the mainstream media as a means of brainwashing our entire society.

> Repeated confrontation: The repeated confrontation method supposedly serves to "break down a person's resistance, expose poor habits, and allow the person to start over with correct methods and new goals,"

This seems like the most commonly used technique in the various forms of -isms, all employed to get people to "start over with correct methods and new goals." Liberal-ism, environmental-ism, femin-ism...all based on continually"confronting" the people with their crimes by association to get them to fall into the "correct" way of thinking and doing things. Mass media and public education continually hammer their themes home into our consciousness, over and over again. The multitude of portrayals of incompetent, moronic fathers in entertainment and commercials; the constant normalization of homosexuality; SAVE THE PLANET...GO GREEN; the perpetuation of racism and class envy...all these themes that literally saturate our culture and institutions are no doubt all apart of the social engineers implementing the "repeated confrontation" method.

> Education and re-education: Before the term brainwashing was introduced, the same techniques and effects were referred to as "re-education," in the U.S. and[sic] in the Soviet Union especially.

People like Charlotte Iserbyt and John Taylor Gotto have written extensively on this particular point.

> Brainwashing is especially effective during times of transition: During times of major social, political or personal transition, the brain is most vulnerable to brainwashing.

In hindsight, I can certainly see how I myself fell for the whole "war on terror" spiel after watching 9/11 coverage. By taking everything reported on in the media at face value, not questioning the official storyline, and buying into

this concept of "you're either for us or against us" mentality, I voted for Bush, and joined the chorus of right wingers that jeered and dismissed any and all voices of dissent in the rush to invade Afghanistan and Iraq, justify torture, and the loss of civil liberties. Mass brainwashing is in fact most effective when coupled with huge social political events. While 9/11 serves as the most high profile case study here, the most recent one can certainly be seen in analyzing the mass brainwashing that took place to get Barack Obama elected President. HOPE AND CHANGE WE CAN BE BRAINWASHED TO BELIEVE IN!

> Guilt, confession and shaming techniques: Making victims feel guilty or shameful for putting faith in their original convictions, lifestyle, or family and friends is an effective technique for forcing them to accept new ideas.

This goes hand in hand with my prior comment on the first technique, repeated confrontation. This is how people are conditioned to accept the lies of all the false ideologies...the -isms.

> Confinement and isolation: Keeping victims confined and away from the people and environments that are familiar to them breaks down resistance and is a technique often used to brainwash individuals.

This is why college has become the primary institution for brainwashing the masses into becoming politically correct, socialist and globalist minded Sheeple that vote Liberal Democrat, accept homosexuality and other deviant sexual behavior as normal, and to learn to hate their country, ethnicity and cultural heritage. At no time are people more susceptible to societal brainwashing than when they are young, inexperienced, and out away from parental, familial and community influence for the first time in their lives.

> Despite torture, victims often end up feeling a bond between themselves and their captors: After accepting the new ideals of the group, victims will also accept their treatment and even feel bonded and loyal to their captors.

Heh...does this not describe the typical liberal socialist progressive singing the praises of the Government as the best means of "fixing" society?

> Mystical Manipulation: This mind control technique is used to convince victims that their captors or leaders experience divine intervention. Supposedly spontaneous "magic" or spiritual-like experiences will occur, making the brainwashers seem more powerful and truthful, but it is actually an orchestrated plan designed to trick victims.

Heh...kinda like the mainstream media's deification and sycophancy of Barack Obama, eh? 8 months in, and we are certainly seeing more and more evidence accumulate that Obama most certainly "tricked" the victims into selling himself as the cure all for what ails America.

> Purity and perfection: Brainwashers and cult groups force victims to become converts who wholly accept and support the ideals of the group. The group is considered the only true way to become pure and good, and members must always strive for perfection.

Follow the mainstream dictates of political correctness, and you too can become an environmentally conscious, diverse, multicultural, global citizen who is least likely to commit the thought-crimes of racism, homophobia, patriotism, and misogyny!

> Time control: Psychologist Margaret Singer lists time control as an effective brainwashing or mind control technique, which requires that manipulators or cult leaders monitor and designate the way victims spend their time, including what they think about at any given moment.

While this method has been employed in an almost imperceptible manner on society as a whole, nevertheless, evidence of this it most certainly noticeable if you take a step back and look at the big picture.

Just as an example, look at feminism: women were steered towards pursuing careers and financial independence, instead of getting married, bearing and raising children. This has certainly influenced the majority of women how they should spend their time.

And the many consequences that have also come from this engineered change in cultural norms have manifest in ways that also dictate how we all spend our time.

The double income/no-children household, as well as the proliferation of single mother households subsidized by Government welfare programs has all played major factors in driving up the cost of housing to the point in which anyone that hopes to own their own house, has to tie themselves to a 30 year debt obligation. This certainly dictates how a homeowner spends his or her time for at least three decades!

> Ideals and beliefs are viewed as black and white: There is no room for debate, analysis or questioning when brainwashing. A victim must completely accept any new ideas and wholly reject any competing beliefs, lifestyles, people or experiences.

Climate Change...War on Terror...War on Drugs...Gender Wage Gap...Her body, her choice...women have always been oppressed...

...the list of ideals and beliefs that are black and white are almost too numerous to list. But talking and debating with people that hold such indoctrinated beliefs easily shows this mentality. When given an indisputable point of contention that they cannot refute logically, and they refuse to even try and consider the alternate view point in the face of such evidence, rest assured, that's a good indicator that you are not arguing with a free thinking, objective, mind. No, you've just encountered one of the many millions of minds thoroughly washed into compliance with the Brave New World Order's Sheeple Programming.

> Dehuminzation and demonization: Cult or group leaders may dehumanize or demonize outside people or ideas in order to make their ideas seem more like the only true, good way..

This is the primary technique for whipping up the country to support wars of foreign imperialism for corporate profits.

While I thought the article was insightful, I take issue with the final "fact" under techniques and methods:

> Brainwashing is more of a pop culture phenomenon rather than a scientific fact...

Move along folks, nothing to see here. Of course you haven't been subjected to brainwashing by the Corporatist Elite media and educational establishment that sought to make you into nothing more than a mindless consumer and a human resource, to be tagged, tracked, monitored, controlled and enslaved. Brainwashing is just the fanciful fantasy of fictional screenwriters and novelists...not an actual, deliberate program used to shape your thoughts, actions and behavior! That could never happen in the real world...

H.R. 3200 (Obamacare) - Front for a National ID Card

Keoni Galt · 7 August 2009 · Archived copy · Original

There's an email going around about H.R. 3200...ObamaCare, and how the President and his Democrat lackey's are trying to push reform to remake the entire health care industry into a government-run, socialized medical system.

But if one reads the bill a little more carefully...one can see that it is in fact just a front to implement one of the primary goals of the Brave New World Order's agenda...to have private info of every citizen and a mandatory National ID so that all people can be tracked and traced by the central authority at all times.

> which may include utilization of a machine-readable health plan beneficiary identification card;

Gee...I wonder just what kind of applications can be used for such a scannable card, and what kind of info could be accessed by scanning that card? How could it be used?

Our BNWO Socially Engineered Gender Roles

Keoni Galt · 14 August 2009 · Archived copy · Original

One of the reasons why I haven't been posting as frequently as of late has been my increased participation in the comments section of Roissy's blog. It's not that I prefer commenting over there versus writing here...it's just that at Roissy's blog, I find it much easier to just read his initial posts, than the wide variety of input from the commenters, and to take it from there and shoot from the hip, so to speak.

My posting over there requires no extensive foresight, no careful editing/proof reading...I can just jump right in with my viewpoint and perspective I've formed after years of reading and researching the topics of MRA, MGTOW, PUA and such. And it doesn't take me much time to write even some of my longer entries there than it does for me to actually come up with a new post here.

Nevertheless, I came across a wide variety of interesting bloggers and writers from my time over at Roissy's...and a lot of them have some very good things to add to the accumulated knowledge of what I now mentally refer to as: Studies of the Brave New World Order's Socially Engineered Gender Roles.

That's the term I've come up with to describe the total scope of the issues discussed in the MRA/FRA/MGTOW/PUA blogosphere. Because what it all comes down to it, every one of these "genres" of what is basically anti-feminist blogs and websites, all have to do with the socially engineered gender roles of modern day society.

While the MRA/MGTOW/FRA spend most of their time focused on the gender roles with regards to feminism and the injustices against men that they have worked to have codified and upheld by the Governments of the West, and the effects it has had on society as a whole, it is the PUA side that has sought to address the engineered gender roles on the more personal level of the genders as they relate to each other.

While I have tried to share my insights I have gleaned from studying the nature of human beings natural gender roles: the alpha/beta/omega classification and the intrinsic female mating principle of hypergamy and how it relates to much of the modern dysfunction casued by the BraveNewWorldOrder's Socially Engineered Gender Roles (henceforth referred to as BNWOSEGR), I've encountered more than a few MGTOW's that simply refuse to accept there is any validity to any of this. More than a few have derided me, insulted me, and predicted that my wife will eventually leave me and rape me in divorce court...that the whole PUA or "Game" thing is just me fooling myself.

Perhaps they may prove right in the end. Perhaps not.

But the real point is that their really exists a large population of men out there full of anger. Righteous anger.

Western Civilization was built upon the cultural phenomenon of monogamy...the institution of regulating female sexual behavior to invest males into society. What the BNWOSEGR have done is divest beta males from any meaningful role in society EXCEPT as SLAVES to be harnessed into servitude to women, while encouraging women to throw off any restraints on their own sexual behavior so they can than chase after alpha males with abandon, while the Beta males are subjugated to work themselves to death in debt slavery to finance such pursuits.

As another blogger who comments at Roissy's, Ferdinand Bardamu, pointed out:

> * We must mount an intellectual defense of the beta male. This includes illustrating the nature of the beta male's role in creating, developing and maintaining civilization and the necessity of having them invested in society. Whiskey in particular has done admirable work in this department.
>
> * We must provide a means by which beta males can sate their sexual lusts. Advocating game is the most obvious means to accomplish this, and the one I chiefly endorse, but I am open to other considerations. Some sectors of the MGTOW community have suggested expatriating to other countries with more amenable womenfolk, for instance.
>
> * Outsiders regard our views as misogynistic – therefore, we must make the case as to how our proposals will benefit women as well as men. For example, liberated single women are disproportionately employed in professions that are dependent on a stable government and law and order. Should the government collapse, those women will be starving in the streets.
>
> * Most importantly, we must work towards social, political, and economic changes that will destroy the existing sexual dystopia and secure a place for the provider betas in Western society.
>
> The sole alternative to this is already occurring – the slow, painful collapse of the greatest and most humane civilization in mankind's history. The devastation of Rust Belt cities such as Detroit is the result of the provider beta class disconnecting from society. This is the future of the West if we continue down our current path – infrastructural collapse, technological stagnation, and the breakdown of governments on every level. The black ghettos of the U.S. are the most stark examples of this coming hell. We're reliving the fall of Rome.
>
> Restoring the role of the provider beta in society is the only way to prevent this disaster, and anyone who opposes liberation for beta males is an enemy of Western civilization.

I agree wholeheartedly.

We must liberate beta males from the slavery of the current divorce court/child support/alimony industrial complex.

We must liberate beta males from the tyranny of female supported collectivist-based progressive tax schemes...which in reality amounts to male tax payers having their money taken away by government force, and having it redistributed as "welfare" for single mothers, so that they can enjoy their lifestyle of promiscuous sex with bad boy alpha's and have the beta male tax payers fund the costs of rearing their bastard progeny....and all of the other tax money that is thrown at all of the social pathologies that have arisen from the single mother households that were created when the male was supplanted as the Patriarchal head of the house by the feminist-driven government.

Viva la Beta Revolucion!

21st Century Newspeak

Keoni Galt · 19 August 2009 · Archived copy · Original

Orwell foretold of our modern day mass media culture of thought control ala political correctness. What he called "newspeak" is not just some fictional construct, but a very real, socially engineered vocabulary of code words designed to illicit visceral, emotion based reactions designed to trigger certain behaviors when the successfully indoctrinated individual hears or sees the word in use.

Once you take the red pill and see our Brave New World Order Matrix for what it truly is, and you gain a full understanding of just far reaching into our collective cultural psyche they've implanted the mnemonic triggers via mass media's power of suggestion via repetition and institutionalized brainwashing of our educational systems, you begin to recognize them all over the place. They literally saturate our culture. In our books, magazines, newspapers, billboards, tv shows, movies, commercials and radio airwaves. BNWO Newspeak is the language of our 21st century culture.

In Orwell's prescient classic, he took great pains to emphasize the mnemonic slogans that permeated his fictional dystopia:

WAR IS PEACE
FREEDOM IS SLAVERY
IGNORANCE IS STRENGTH

Is this not the prevailing paradigm of our times?!?!?!

Anyhow, I've decided to try and start a Glossary of Terms for our BraveNewWorldOrder.

Please feel free to suggest any additions you can think of.

SUSTAINABILITY

Newspeak: Reducing or eliminating the impact of human economic activity on the environment.

Realspeak: Humanity is a scourge on the face of the Pagan Goddess of All Things Beautiful, Gaia. The human rodents must be de-populated and controlled so that the Goddess may exist in a pristine state. Better for humanity to die or live in soul-killing poverty than to exploit Gaia's Beauty.

DIVERSITY

Newspeak: All cultures that are of minority status living amongst an otherwise largely heterogeneous society have a perspective and contribution they bring to the culture that should be valued for it's unique differences from the norms of the majorities cultural hegemony.

Realspeak: White, Anglo-Saxon-Protestant culture that is largely responsible for the development of what we now refer to as "Western Civilization" must be destroyed. To do this, minority cultures must be imported, and their cultural differences emphasized as significant, while urging them to retain their cultural identities and to resist assimilation into the host culture, so that the host culture is diluted eventually to the point where it is no longer valued at all...so that it's destruction is no longer resisted by what was once the majority. It's easier for the one

world government to manipulate and control a divided populace consumed with internecine struggles rather than a nation bound together by a common culture.

EQUALITY

Newspeak: The state of perfect human cultural evolution, where everyone regardless of their race, gender, creed, religion or sexual orientation are treated as fairly as anyone else in the eyes of the law.

Realspeak: Women, female children, minority ethnicities, gays, lesbians and transgendered will receive favorable and preferential treatment over White Males.

MISOGYNY

Newspeak: The unreasonable and illogical prejudice and hatred of the female gender by people who haven't evolved into an enlightened state of higher consciousness.

Realspeak: Any attempt to criticize, marginalize, counter or supress female supremacy or superiority in relation to laws, culture and personal relationships between the male and female genders is a hate crime that must be penalized by cultural stigmatization and if the violation is egregious enough, financial and judicial punishment.

MISANDRY

Newspeak: This word does not exist. Immediately report it's unlawful usage to the Ministry of Truth.

REPRODUCTIVE CHOICE

Newspeak: A woman should not be forced to bear unwanted children that may result from her sexual activity.

Realspeak: Woman have the right to practice infanticide and kill the baby that is growing within her womb. In this way, she can engage in promiscuous sex without worrying about the consequences of her behavior.

STIMULUS

Newspeak: When an economy experiences a recessionary phase in the business cycle, only the Government can correct it by reallocating tax revenues to certain sectors of the economy to stimulate economic activity.

Realspeak: By raising taxes on the private sector, the government can than take advantage of economic conditions created and controlled by the Central Banking Cartel that uses fiat currency and fractional reserve banking operations to manipulate the boom-and-bust cycle, thereby giving the politicians in power an excuse to take money from the tax paying citizenry and give it to the cronies, corporations, non-profit organizations and collective bargaining unions that bankrolled and supported their election campaigns that got them into power.

DEMOCRACY

Newspeak: The highest ideal of enlightened governmental philosophy. Everyone participates in creating and shaping the government policies to benefit society as a whole. By involving everyone, the citizenry will all be personally invested in making society the best it can be.

Realspeak: A pipe dream used to sell the people into believing they are free, but in reality is the method of

manipulating them into accepting their enslavement under the tyranny of the majority...a majority that is bought, sold and controlled by the elite power brokers of society.

SOCIAL JUSTICE

Newspeak: The idea that much of the world's population has been oppressed and exploited by the wealthy White Males hegemony through colonialism, and greedy capitalism. Action must be taken to redress these grievances and restore a balance of power and wealth to the disenfranchised populace.

Realspeak: The key word in employing class warfare rhetoric to induce the ignorant masses and useful idiots that they should surrender their individual rights and sovereignty, to advance collectivist communitarian government legislative goals.

To be continued...

21st Century Newspeak: Volume II

Keoni Galt · 20 August 2009 · Archived copy · Original

HOMOPHOBIA **

Newspeak: An irrational, bigoted fear of a group of people that simply wish to be accepted by the mainstream of society in order to have a family, get married and have children.

Realspeak: Any criticism, however small, with the gay lifestyle or the radical agenda of its most extreme advocates will not be tolerated.

COMMUNITY ORGANIZER **

Newspeak: A selfless person that celebrates community service and sacrifice over personal ambition and greed.

Realspeak: 1. A person that uses resentments, anger, and white guilt to shakedown whitey, grab attention for themselves, and climb the leftist agitator ladder on the way to bigger and better things. 2. A 'community organizer' is not someone that works to get people off welfare. It is someone that works to get people ON welfare. - Second definition submitted by Default User

PLANT-BASED DIET

Newspeak: Research has shown that people who eat a diet free of animal products, high in plant foods, and low in fat have a much lower risk of developing cancer.

Realspeak: The conglomerate of big business and big government have colluded into deliberately mislead the populace with a ubiquitous propaganda campaign into believing that the multitude of food products they manufacture, package, market and produce are healthy dietary choices, and that meat and dairy food are bad for the human to eat.

PATRIARCHY

Newspeak: A system of oppressive hegemony created by men to benefit men by subjugating women into serving only their needs, so that women can never realize their full potential as individuals.

Realspeak: The very foundation of Western Civilization.

EMPOWERMENT

Newspeak: Providing the tools of education and learning experience to help an oppressed minority succeed in an inherently unfair, bigoted, racist, sexist, homophobic society.

Realspeak: Using the force of government to indoctrinate minorities into believing that they cannot succeed unless

the power oo the government is used to oppress the majority so that the minority can than have an "even playing field" to succeed.

ROMANCE

Newspeak: The process by which a female can discover her soulmate by socially interacting with a man who can demonstrate his thoughtfulness, caring, humility, and ability to provide for her every need.

Realspeak: A deliberately socially engineered idea to encourage female serial polygamy, so that the ultimate characteristic upon which she should base her decision on who to mate with should be determined by how he makes her feel.

DIVERSE FAMILY STRUCTURES

Newspeak: Any assortment of individuals who may or may not be related by genetics, who decide to form a loving bond and share the same household.

Realspeak: The social and culture acceptance and legitimization of homosexuality and illegitimacy to destroy the foundation of Western Civilization; the Patriarchal Nuclear Family.

NO-FAULT DIVORCE

Newspeak: In an effort to take the acrimony out of an already painful process of a divorce, the matters that contribute to the divorce are no longer relevant, so as to avoid wasting valuable court time on determining who is wrong, but rather what is the most equitable solution regardless of fault as the most important means of determining how to divide up the marital assets and award child custody.

Realspeak: HIS FAULT DIVORCE

DOMESTIC VIOLENCE

Newspeak: When a person in a household abuses another household member physically, mentally and/or emotionally.

Realspeak: When a man does anything a woman or child in the house does not like, the man has committed violence and needs to be removed by governmental authorities and imprisoned and fined for his violation as soon as possible.

** These Entries submitted by ganttsquarry

Everything that is wrong in the world today...

Keoni Galt · 2 September 2009 · Archived copy · Original

...can be seen at the checkout stand of the any grocery store.

This thought came to my mind as I was stuck in a long line buying groceries yesterday with nothing to do but look at the garbage the retailer hopes you will impulsively decide to buy because something titillates you or sparks your interest as your waiting your turn to pay for your goods.

Of course, the most prominent item for sale is the female-centric periodicals...

[image]

Thanks to a 10 minute wait to pay for my groceries, I have now learned more about the sex lives and relationship status of people like John and Kate and Brad and Angelina than I ever thought I'd want to. I also learned that women can employ 50 sex techniques that will drive men wild.

Looking at the selection of women's mags at the checkout stand and the content of the fare they are offering for consumption is akin to peering into the mind of a neurotic obsessive compulsive, materialistic narcissist...which certainly describes the mental state of plenty of women nowadays, no?

But the biggest irony? Almost all of the magazine covers I looked at had headlines like "How to lose that extra 10 lbs. before the holidays!" or "5 new exercises to get rid of those love handles!"

These magazines are located directly across from yet another phenomena that is certainly a big factor in what is so wrong in today's society...

[image]
I was particularly appalled as I witnessed a manifestation of a typical denizen of our Brave New World Order in the checkout stand next to mine: an obese, late 20's/early 30's Mother with three kids, (of which one obviously had a different sperm donor than the other two), dressed as an inappropriate skank, intently studying one of the celebrity gossip mags while her bastard malcontents were raising havoc in their no-doubt sugar-induced hyperactivity. As her turn came up to checkout, she threw the magazine down for purchase as she unloaded her wagon's contents onto the conveyor belt. Her kids began whining and begging for various assortments of sugar fixes, to which she with a great show of impatient irritation told them to grab their fixes just so they'd shut up for a moment.

She than had to separate the kid's sugar fixes and celeb-u-tard gossip rag from the rest of the groceries, because (of course) she whipped out her EBT Card to cover most of her shopping cart's contents. Oh the irony.

The Federal Government replaced the old food stamps with the new EBT cards so as to eliminate the shame of having to use easily distinguishable food stamps.

Yet this disgusting specimen of the welfare state matriarchy who was wearing clothing that revealed far too many details about her body that no normal man would ever consider attractive...walking around dressed like THAT...yet she's supposed to be protected from the potential shaming of having to use food stamps?!?

This is similar to what she looked like...



...except the halter top was more revealing and her shorts were short enough to show off her rolls of cellulite and stretch marks. Add in a stretched out and faded tramp stamp on her lower back, a faded tattoo on her shoulder blade, and some hair that looked utterly damaged from too many chemical highlights and color changes, throw in some jewelry and overly done makeup, and you'll get the picture.

This is the sort of person we need to spare the public indignity of having to use food stamps? She has no sense of dignity and shame to begin with!

And, of course, she was but one of the many, many observable specimens of sheeple...the product of our BraveNewWorldOrder's matriarchal welfare state that I could see grazing through the aisles of my local grocery store.

I have never been more pessimistic and cynical about the direction our society is headed in, than I was yesterday at the grocery store.

MRA - Men's Rights AWARENESS

Keoni Galt · 3 September 2009 · Archived copy · Original

Many bloggers and other columnists and pundits like Glenn Sacks use the term MRA to mean Men's Rights Activists.

When I use the acronym MRA, I however mean something different...Men's Rights AWARENESS.

I don't believe "Activism" -- in the sense of fomenting a grass roots movement to build a groundswell of support to institute legal and cultural changes -- is ever going to realistically solve the problems many MRA/MGTOW bloggers have been writing about for years now. The feminist zeitgeist is too firmly entrenched into our mainstream culture...an inoperable cancer.

No, it is my firm contention that the only real and meaningful way in which the MRA blogosphere CAN effect real change, is on an individual level:

AWARENESS.

To raise awareness of the truth of the reality that we all live in.

To enable people to see things clearly, so that when they make goals and try to direct their lives towards achieving them, they do so knowing the full score so they can avoid many of the pitfalls our BraveNewWorldOrder has created to entrap us all in our deliberately distorted and contorted understanding of the gender roles and how they affect our lives.

MRA/MGTOW blogs gave me a complete understanding of just what the hell is going on in the system; the injustices of the divorce court industry and the true affect the feminist movement has had in socially engineering our modern dystopia.

PUA blogs gave me an understanding of the basic, primal nature of male/female gender roles.

Talleyrand at Seasons of Tumult and Discord wrote a post that perfectly encapsulates the essence of all the postings I have contributed at Roissy's with regards to "game" in a LTR/Marriage.

> It is very well know what men find generally attractive in women: youth, health, and beauty. Despite attempts by our current tyrannical society (and it is tyrannical, it wants to so totally control the way people think while speaking in Orwellian terms of tolerance and inclusiveness) to repress men, this fact remains.
>
> It is not well known what women are attracted to. There may be comments about them marrying up, or gold digging, but these just skim on the surface of reality. Men shy away from what women are attracted to because of the ugly truths found there.
>
> Without a complete understanding of what attracts women, a man cannot guard against the Cads out there that will poach his mate. If he believes her words, and not her nature, he will lose. If he understands what drives his wife, or girlfriend, he can defend against the real threats that the naturals and the seducers pose.

> Further, he can incorporate what attracts his wife into his own behavior to maintain her attraction to him. A wife that is attracted to her husband, is a wife that will love him. If she is not attracted to him, she will not love him and will hold him in contempt.
>
> Learning what attracts a woman, does not mean becoming a serial seducer, anymore than the fact that a woman wearing makeup makes her promiscuous. A woman does specific things to make a man attracted to her. She spends time doing it.
>
> As is so often pointed out in popular culture, a relationship takes work, yet so many men think that simply being themselves should be enough or they waste their energies doing the things that society says are romantic and expected of them. If men took all that time and money trying to buy a woman's affection and instead used it to actually attract her both individuals would be happier.
>
> A woman that is attracted to her partner, is a woman that stays married.

Well stated, Talleyrand...

...but I would also add a crucial point here: "game" also teaches men not only what behaviors attract women...but what behaviors also KILL attraction. Behaviors that she may not even be consciously aware of...nevertheless, I am convinced, become the basis for "I'm just not happy anymore" or "I just can't do this anymore" or "I'm not in love with you anymore," which in turn, of course, contributes to the modern American woman filing for divorce in the range of 70+ %.

Oh, and thanks to Alkibiades for commenting on my last posting, which lead me to finding your excellent blog.

To continue....I believe with the advent of the "Roissysphere," I think we are now witnessing a new phase in MRA...a merging of the two spheres - "game" theory and MRA into a cohesive and complete understanding of how unnatural our current socially engineered gender roles has played into the social decay and decline of civilization we are all currently living through.

These guys "get it" and have all taken the community discussions at Roissy's and generated a raft of interesting blogfodder to add to the debate in the MRA/PUA community. One of the most fascinating discussions has been the "Bio-cons" vs. the "So-cons" debate that was sparked by a few right wing, religious conservatives and their negative views and denunciations of "Game."

I tried my bit in that debate by commenting over at Anakin Niceguy's blog, but I failed to overcome his objections and point of view that Game is inherently bad and morally corrupt. While I disagree with him, I still find his blog to be a pretty good representation of how MGTOW is a more than justified approach to dealing with our modern feminist contorted cultural zeitgeist.

I believe this convergence of MRA/PUA blogs actually gives men a very real alternative to MGTOW.

To reiterate, I don't fault MGTOW for choosing to forsake relationships with women under the current cultural paradigm. But some MGTOW have steadfastly held to the idea that successful relationships with women is next to impossible. I don't believe so. If you DO want a wife and children so that you can create your own legacy through procreation, you DO have the resources to help guide you in giving you the best chance at building a successful marriage and family with a woman worthy of what is certainly a risky venture in today's BraveNewWorldOrder.

In closing, I'd like to recognize many of the "Roissysphere" blogs, such as In Mala Fide, Gucci Little Piggy, Novaseeker, Whiskey, Thursday, Dusk in Autumn, Welmer, The Beta Revolution, Alpha-Status,and Gantsquarry. They have all contributed their share of excellent insights into the overall debate of what I term the Men's Right's Awareness philosophy. I've been reading all of these aforementioned blogs for awhile now, and am glad to see a literal upwelling in the number of MRA focused blogs that have come out of the community of the increasingly popular comment section at Roissy's.

I also look forward to some of the more insightful Roissyshpere commenters like Obsidian and The Fifth Horsemen (Tood) either creating their own blogs or continuing to contribute to the comment sections of everyone else's blogs.

Keep up the good work, Men!

Hope for the Best...Prepare for the Worst

Keoni Galt · 8 September 2009 · Archived copy · Original

On December 29, 2008, the Wall Street Journal online headlined: "As if Things Weren't Bad Enough, Russian Professor Predicts End of US"

> For a decade, Russian academic (and former KGB analyst) Igor Panarin has been predicting the US will fall apart in 2010" to include an "economic and moral collapse, a civil war, and the eventual breakup of the country."

That was 8 months ago.

As every day passes, I walk through life in amazement at the behavior, actions, attitudes and beliefs of all the blue pill swallowers I'm surrounded by. Brainwashed sheeple wandering around in the haze of delusion fostered by our very real, Matrix-like society. Our society is a cultural/social paradigm that essentially resembles one big, gigantic Ponzi scheme on every level of existence. Lies built upon lies upon lies, heaped atop deceptions and piled on with more misinformation.

Almost no area of our lives has been left untouched. Our families, our food, our health, our history, our personal relationships...all of it...socially engineered and carefully inculcated by our schools and mass media to manipulate the masses towards something...the more I see, the more I believe.

Long time readers of this blog know that I ascribe to the conspiracy theory of a powerful elite cabal, working to institute a One World Government (which I've begun calling our BraveNewWorldOrder)...in the sense of the big picture, it makes too much sense in going towards explaining the dramatic changes in societal beliefs and attitudes in a relatively short period of time.

It's obvious that the crisis mechanism is the primary means to institute radical changes...and our economy is certainly in "crisis" mode.

Many like to draw parallels between now and the Great Depression. Austrian economists are quick to point out Obama's current policies and actions mirror the same policies and prescriptions employed by FDR that actually extended and worsened the economic conditions of the Great Depression.

Many people like to think that as bad as things are now, this country will come through it as we have in the past.

However, taking a look at the big picture...I don't think so. While the economic conditions and Government actions may be similar, in some very fundamental ways, we are much, much different world from the world that existed during FDR's Administration.

In the age of FDR's Great Depression, there did not exist the social chaos, the cultural decay that we now endure. People had faith in god, and a general code of conduct as laid out by the Judeo-Christian code that was fundamentally based on the "Golden Rule." Behaviors that were once recognized as destructive to the social fabric of society and stigmatized by the mainstream...are now celebrated and praised.

Broken homes are endemic...marriage has been decimated and now on it's deathbed as the bedrock of civilization.

We now have more incarcerated citizens than any other country in the world.

On a fundamental level, we no longer have the same national character...the same set of shared moral values...the social contract of society has been re-written and re-vised to the point at which the prevailing mindset embraces the complete overthrow of Judeo-Christian morality it was once based upon: everything that was once good is now bad, and everything that was once bad is now good.

And this is why I do not dismiss the predictions of the end of the US as crazy conspiracy theory that are just the ravings of paranoid lunatics.

The former KGB analyst that made his predictions of the end of the US, Igor Panarin, made the following points as to why the US is headed for dissolution:

> Mr. Panarin posits, in brief, that mass immigration, economic decline, and moral degradation will trigger a civil war next fall and the collapse of the dollar.

Much of the issues that we, the MRA blogosphere contemplate, ruminate and fulminate on, are all based on the moral degradation that Panarin notes. All it's gonna take is another "crisis" to move us ever closer to the end of the nation and the beginning of the One World Fascist Communitarian-based Government.

Since Obama's election, the American public has been stocking up on firearms and ammunition. I myself have been trying for months to buy .357 magnum for my Ruger ...but all of the stores here in Hawaii are sold out and have been since last year. Apparently the ammo manufacturer cannot make them fast enough.

Could the fact that this nation is armed to the teeth, and stockpiling as much as they can in the face of a crashing economy and the threat of a Swine Flu Pandemic be the reasoning behind the construction of FEMA camps across the nation? Why battle-tested in Iraq and Afghanistan divisions of the National Guard are brought home and preparing for civil unrest scenarios? It's simply reaching the point where it cannot be ignored. The government IS PREPARING FOR SOMETHING MOMENTOUS TO OCCUR IN THE NEAR FUTURE.

Many of you in the MRA/MGTOW/PUA blogosphere have readily recognized that our current society is unsustainable and certainly headed for a crash...yet most speak of this as if it were an abstract possibility...something that's not going to happen until much later down the road - so in the meantime, let's just go full bore hedonism and enjoy the ride while it lasts.

I certainly understand this mindset...but I'm now of the belief that the coming crash is much more likely to happen sooner than later. So while you sit back and try as best you can to enjoy the ride, at least do some preparation for the harder times that are definitely ahead.

Work on the three G's. Practice your target shooting with your firearms. Train in a martial art so that you have the tools to defend yourself. Plant a garden, try and acquire any kind of livestock. Prepare to be able to have food should civil order breakdown and the grocery store shelves are cleared out with no other supplies coming in. Store bottled water.

Better to prepare for something that doesn't happen rather than have something happen and not be prepared.

Prepare yourself folks, for the worst is yet to come.

Happiness in Slavery

Keoni Galt · 9 September 2009 · Archived copy · Original



Hey strong, independant, educated & empowered Womyn...

....how's that career thing working out for ya? Thank god you were able to go to college, get that degree and fulfill yourself with a career, rather than saddle yourself to a man, bear his children and become a domestic slave!

Looks like plenty of the sisterhood doesn't share your enthusiasm for self-fulfillment through the college/career track though...

> A survey of nearly 4,000 women, conducted by Woman's Day and AOL Living, found that 67% of American women would change what they do "in a heartbeat."
>
> Another 79% said "no way" would they want their kids to follow in their footsteps.
>
> But at the same time, nearly two of three women are worried about getting laid off - and just as many would work longer hours just to keep their paychecks.

Welcome to the world of Male Privilege, ladies! Aren't you glad you're self-actualized and empowered to realize the full promise of a career and education? And to think...we men have conspired for centuries to keep you from all of that fulfillment! Thank god for Women's Lib!

You now have the equal rights to become ~~a wage slave~~ financially independent, just like us men! Lucky you!

> "I can relate," said Janis Luciano, 40, a Bronx mom of a 17-year-old daughter who works in banking.

> "No, I don't like it, but I have to make ends meet," she said, adding that her costs are about to skyrocket as her daughter begins college next year.

Yes...gotta send her to college to study liberal arts and Womyn's studies or god forbid she gets married, has kids and becomes a ~~full-time housewife~~ domestic slave to Patriarchy!

> The poll, which will be released today, also found that 57% of women dream of quitting altogether to stay at home with their kids...

Why do so many womyn pine away for the life of a ~~housewife~~ domestic slave? Look at all of the federal subsidies for education, day care, extended family leave, affirmative action laws, gender quotas, sex harassment laws...the feminist movement has worked SO HARD to ensure that you ladies would have the assistance and help to escape the comfortable concentration camps of domestic slavery! You ungrateful bitches!

I Do Support Men Going Their Own Way

Keoni Galt · 10 September 2009 · Archived copy · Original

I've had a few debates here and elsewhere regarding MGTOW philosophy, and I just wanted to make it quite clear that although I've had a few pretty vehement disagreements with some of you MGTOWers, I do want to reiterate my main point: given the reality of institutionalized misandry and the feminist cultural zeitgeist that is our present day reality, I do not condemn, marginalize or criticize the MGTOW philosophy or men who choose to follow it's tenets.

I only tried to point out that while most women raised in our twisted culture are indeed fucked in the head and incapable of being a suitable mate for the traditional model of marriage, not all women are like that.

Yes, I'm perfectly aware that the "not all women are like that" is the standard trope most women use to justify feminist propaganda...but in terms of femininity and character, not all women are utterly beholden to feminist shibboleths or consumed with misandry...and that you may perhaps one day some of you may very well meet a woman who is suitable.

Believe me folks, my awakening to the reality of our world did cause me to do a really serious contemplation of my own personal situation, and the character of the women I'm married to. Had I determined she were not suitable, I would most certainly have pulled the plug.

The only real point I've been trying to make all along is that should you find a suitable woman (foreign or otherwise), you DO have a personal responsibility to understand and fulfill your role to strive for a successful, Patriarchal-modeled nuclear family. There is a masculine role you have to fulfill to compliment the feminine role a suitable women will take should you decide to take the ultimate risk in today's feminist dystopia and get married and have children.

I repeat...I believe MGTOW is perfectly rational and sane response to the insanity of our BraveNewWorldOrder's Matriarchal Hegemony!

Blogger Sociopathic Revelation from Feminist Apocalypse left an excellent comment on my previous post regarding Men's Rights Awareness, and I wanted to re-post it because he summarizes the reasons why I DO support MGTOW. He was responding to this part of my argument:

"But I have encountered quite a few MGTOW guys who seem to almost revel in pure, unadulterated misogyny...and that the worst thing a man can do is get married, because ALL women are the same. Some of these guys don't even realize it, but they become the mirror image of the utterly misandrist feminists they despise."

> Perhaps. But you have to remember those men as being no better is a rather tricky posit. I realize there exist men that would take away women's right to vote or similar things, but it comes to financial and social servitude, feminists have got real misogynists beat, hands down.
>
> Theirs is institutionalized.
>
> I myself certainly don't hate women, but it's even easier now days for the accusation of misogynist to come rolling off people's lips. I've been dubbed as one simply because I've criticized feminism---that's often enough

> for someone to dismiss me entirely. By doing so, they miss the messages, and the philosophy behind them is crucial.
>
> What this does, of course, is shut off any meaningful discourse and let's face it---men's voices have been zipped up for many years for the most part---unless you are a liberal politician, a woman firster, metrosexual, or mangina.
>
> And looking around at an anti-male cultural and seeing what an undercurrent of a matriarchal strain can do, men are gradually waking up. And with that will be resentment. It's difficult to hear some of it because it's been buried too long. But by shaming men as "bitter" because it exists---and for more legit reasons then some might think---does not do anyone any good. That expression needs outlets for growth and change, and when that doesn't happen, sometimes it gets warped.
>
> As I've stated in my own blog, I certainly don't approve of what Sodini did and he's no hero, but I honestly think if he had discovered MGTOW and PUA years earlier, he would have never killed those women and himself. He would have been a changed man.
>
> He would have had choices---and that's what makes a really powerful difference in a man's life.
>
> I've been writing lately about how our culture views men that are not successful with women as losers of some sort. What I do think MGTOW does is help validate themselves and their masculinity without the need for that affection 24/7, and if men decide to engage with women or not is up to them, ultimately.
>
> And let's face it---there are an awful amount of women out there that reinforce the idea that men are creeps and nobodies even if they have standards and just don't screw anything that moves. And if are aggressive with women, you're dubbed a player even if you haven't slept with a hundred barflies.
>
> Sadly, this is a nasty mentality that many carry even in their 30s and 40s; the other day I was lurking on a "romance" forum and was watching a woman gleefully call anyone who didn't share her dating optimism as bitter. She seemed to even take a perverse joy in it, and her comments were all directed towards men.
>
> Like Zenpriest, I realize that it's not the best way for men to be alone forever, but as a self-preservation tactic I understand it. Hell, I've even surprised a couple of MGTOWers when I said I still seek out friends with benefits now and again---that I shouldn't have anything to do with US women at all. I understand the sentiment, but I personally feel a bit of my humanity has been shelved. But, on the other hand, I also acknowledge when there are men that have been burnt so badly they opt out of the game, period.
>
> For those want to still be with women, there are foreign and minority women and alternate routes. I claim no expertise on FWs, but for those who want marriage and family and have success, more power to them and best wishes.

Just as SR wishes the best for those of us that do choose to take the risks and get married...I too wish the best of success for all of you MGTOW. May you have success in your endeavors to define yourselves in this life by going your own way and not falling for the idea that the approval of women is the definition of having a successful life.

9-11

Keoni Galt · 12 September 2009 · Archived copy · Original

[image]

To all the innocent victims caught in the events of that day that were designed to manipulate the masses into surrendering our freedom for the false promise of security and to provide a rationale for sending our young soldiers off to war for the continued advancement of our BraveNewWorldOrder,

RIP.

[image]

To the first responders that gave their lives, and to those that put their lives on the line to save their fellow citizens, your bravery, courage and deeds will not be forgotten and will serve as an inspiration and example for future generations in showing what true heroism is.

I AM A TRUTHER

Relationship Dynamics

Keoni Galt · 14 September 2009 · Archived copy · Original

One of the most important realizations I've come to with regards to being married, is to gain a very real understanding of the role in which my relationship dynamic plays in the long-term state of our cohabitation.

And it is the underlying assumption I've tried to impart to other people in the discussion of "Game" in a long-term relationship or marriage. It is the most important thing I've gleaned from studying on Game, and I've been trying to come up with a much simpler way of expressing this idea I've put into practice and has improved my own marriage in a very profound way.

To put it simply, you need to look at your interactions with your wife/girlfriend and ask yourself a question: does my behavior or conversations with her resemble a relationship between a man and a woman that desires him...or does it resemble a little boy afraid of upsetting his mother?

In my opinion, this is the very "essence" of LTR game...the defining distinction between acting "beta" or "alpha." It is in effect, the diametrically opposing dynamic between Patriarchy and Matriarchy.

In other words, the old joke "Who wears the Pants in the family?" But this question, which often is used to elicit laughter, is no laughing matter. I've come to understand that it is actually the primary determinant of whether or not a relationship will last...if the woman will end up cheating and/or divorcing. Eventually, most women will have a deep-seated, visceral contempt for a man that acts as if he is her child...and that extends to all other areas of attraction and bonding.

And our current cultural paradigm is certainly a matriarchal-focused one in ways to innumerable to list. But the attitude is certainly ubiquitous. Take Dr. Helen's latest blog posting, Lies or Self-Preservation?

> I was listening to Neal Boortz this morning and heard him talking about new research that shows men lie twice as much as women. I thought his point was good. Boortz felt that men were probably "lying" to their wives in response to questions such as "Do I look fat?" And indeed, when I looked through the main reasons men lied, most had to do with placating women:
>
> 1. Nothing's wrong, I'm fine
>
> 2. This will be my last pint
>
> 3. No, your bum doesn't look big in that
>
> 4. I had no signal
>
> 5. My battery died
>
> 6. Sorry, I missed your call
>
> 7. I didn't have that much to drink

> 8. I'm on my way
>
> 9. It wasn't that expensive
>
> 10. I'm stuck in traffic
>
> I think that often men lie because they will get a very severe response from women if they tell the truth. For example, if a woman says, "What's wrong?" and rather than reply, "I'm fine," the man says, "You are driving me crazy and I need some time away from you," there is a good chance the woman will make him pay dearly for the remark. I don't know about you, rather than lies, I think many of these quips are more like self-preservation.

I think Dr. Helen is correct, that men often lie for fear of upsetting their wives/girlfriends. But the way in which Dr. Helen has posted this, it seems that she is implying that this somehow excuses or mitigates the gender perception of who lies more? I know Dr. Helen is an avowed anti-misandrist, and often tries to look at topics of conversation and tries to point out obvious misandry...but in this instance, the most relevant thing about the observation that men "lie" more than women is not "WHICH GENDER LIES MORE" but rather, how many men find themselves in relationships in which the dynamic is Matriarchal versus Patriarchal...

...or "WHO'S AFRAID OF THEIR MOMMY."

If you find yourself lying to your wife or girlfriend out of fear that you will upset her, you are catering to her emotional state. You are in fact, acting FEMININE.

A healthy relationship is one in which their is BALANCE between masculinity and femininity. So by you acting feminine, you are throwing your relationship out of balance...and whether you realize it or not, you are sowing the seeds for future discord. One attribute I think we can say about Masculinity is calm, assertive confidence. Would a calm, assertive and confident man feel the need to lie because his woman might get upset?

Women's base sexual nature is to lust for dominant males. If you let her dominate, she will build contempt for you, and it will kill her attraction for you...which will make your relationship much more vulnerable for the old "I'm just not in love with you anymore" or "I'm just not happy" or "I don't know if I can do this anymore!"

To take another look at Dr. Helen's list of common "lies" men tell their wives or girlfriends:

1. Nothing's wrong, I'm fine

What he should have said: "I'm not in a good mood, and I don't feel like talking about it. I'll talk to you about it when I'm ready."

2. This will be my last pint

What he should have said: "I'm having a few drinks. I'll be home when I'm done."

3. No, your bum doesn't look big in that

What he should have said (with great, sarcastic exaggeration for effect): "Your ass looks HYYYUUUUUUGGGGGEEEEE! We better not wear that to the beach, you might be mistakenly harpooned as a blubber seal!" Than he should've spanked her ass and walked away.

4. I had no signal

5. My battery died

6. Sorry, I missed your call

These last three all relate to a man purposely not answering his phone because he's afraid of what his woman will say to him when he answers. He's afraid of telling her the truth. In short, he's the little boy pretending he doesn't hear his Mom calling for him to get home because he's having too much fun on the playground.

A man confident in his masculinity and role in the relationship should have no fear of answering the phone and telling his woman exactly what he is doing. If she's gonna get upset that you are enjoying yourself...so what?

7. I didn't have that much to drink

What he should've said: "Yeah, I've had a few drinks...I'm feeling pretty good!"

8. I'm on my way

What he should've said: See you when I get home.

9. It wasn't that expensive

What he should've said: Nothing. If you're the man, and you make the majority of the money in the relationship, you have no reason to justify any expenditure of the money you earned.

10. I'm stuck in traffic

What he should've said: I'm running late...I've been enjoying myself and lost track of time. See ya soon.

I'm positive that there are many men that simply cannot conceive of ever talking to their woman like that...hell, I was one of 'em.

What I've come to understand is this: acting Beta...MADE ME A DISHONEST LIAR.

Some guys try to say 'acting Beta' is just being "nice" and that women are unreasonable or screwed up in the head because they are "acting bitchy" when a guy is "acting nice."

Nothing could be further from the truth. Acting Beta, and living in fear of her emotional state MAKES YOU A DISHONEST WEASEL that in the long run, she cannot respect, lust or love. You are not a Man of your WORD if you are acting like this.

Even if you know a straight, direct answer will upset her, you need to realize that all women are much more influenced by their emotional state than you ever will be. If you think your goal for a "happy relationship" is to try

and never upset her, I've got news for you: women will ALWAYS become upset about something or another.

It's up to YOU to be the stable, calming influence, to compliment that emotional roller coaster - to balance out her Feminine emotional-influenced state of mind with your calm, confident expression of logic-grounded masculinity.

Attraction and respect from her can endure and even grow despite her being upset with you for staying out late a few times. But I assure you, any woman whose man uses ANY of those 10 "lies" Dr. Helen listed, SHE KNOWS YOU ARE LYING.

By trying to appease her with these lies, you are fooling nobody but yourself, you're killing her respect for you, and you are killing her attraction for you.

Better to let her get mad at you for a awhile because you're out having a few drinks with your friends and lost track of time...but still have her respect you for being a man, being truthful, and not cowering in fear of her emotional anger.

When dealing with your wife or girlfriend in any manner, you can analyze your actions and behavior by asking yourself which relationship dynamic are you engaged in?

"Is this what a man would do...or what a child would do trying to avoid punishment from his mother?"

If it's the former, you may have an upset woman to deal with for a little while, but so what? That's life living with a being that is much more influenced by her emotional state! There are much worse things in this life than an upset woman...like a woman that DESPISES the spineless, sackless, wimp that she has to mother.

If you're following the latter dynamic, you ARE most assuredly heading towards a bad ending, whether it be a divorce or a sexless marriage full of contempt for the man-child she doesn't respect or lust...afterall, what normal, sane woman is sexaully attracted to her SON? Because if you are acting like a child, she is acting like a parent by default.

Much has been debated as of late between the MGTOW/the So-Cons/ and the Roissy-sphere regarding "game" and morality, and whether or not their is any relevance with regards to Roissy's "PUA" philosophy and long term relationships. There are two rules that Roissy listed in his "Sixteen Commandments of Poon," that are true and speak to ANY relationship with a woman...whether you're a hedonistic cad looking to pump and dump or you are a man married for 20 years:

> IV. Don’t play by her rules
>
> If you allow a woman to make the rules she will resent you with a seething contempt even a rapist cannot inspire. The strongest woman and the most strident feminist wants to be led by, and to submit to, a more powerful man. Polarity is the core of a healthy loving relationship. She does not want the prerogative to walk all over you with her capricious demands and mercurial moods. Her emotions are a hurricane, her soul a saboteur. Think of yourself as a bulwark against her tempest. When she grasps for a pillar to steady herself against the whipping winds or yearns for an authority figure to foil her worst instincts, it is you who has to be there… strong, solid, unshakeable and immovable.
>
> XV. Maintain your state control

> You are an oak tree. You will not be manipulated by crying, yelling, lying, head games, sexual withdrawal, jealousy ploys, pity plays, shit tests, hot/cold/hot/cold, disappearing acts, or guilt trips. She will rain and thunder all around you and you will shelter her until her storm passes. She will not drag you into her chaos or uproot you. When you have mastery over yourself, you will have mastery over her.

Game is the Red Pill

Keoni Galt · 16 September 2009 · Archived copy · Original

Now that it appears the debate between the PUA/MGTOW/MRA blogosphere about Game and it's relevance and morality has cooled down a bit, I would like to reiterate the one point I believe is most relevant for why all men should take an effort to understand Game without trying to marginalize it or write it off as completely erroneous, simply because you object to the morality espoused by the PUA...or that you think Game is a silly, manipulative script that men follow simply to get laid.

To use the Matrix allegory, Game is the Red Pill.

> ...something happens which makes us question those very rituals we've blindly followed and we are confronted with a choice - shall we take the blue pill and choose to ignore any inconsistencies with our own paradigm which works pretty well, or shall we take the red pill and explore these inconsistencies knowing that it could lead us into a world we aren't familiar with... one that questions the very foundations of our current perspective.



In this context, I think it's perfectly fitting to describe the social engineering by cultural indoctrination and conditioning that has been effected for the last century regarding gender roles and attitudes towards institutions like the Patriarchal nuclear family; the confusion engendered by the "battle of the sexes" and the legal system of sexual/social politics; is all really best described as a mass delusion...an epidemic of blue pill-addiction.

Symptoms of blue pill delusions are ubiquitous, and it manifests itself all over the place. Only the few red pill takers...those that understand the reality of gender relations...are even aware of just how widespread the mass delusion of distorted gender roles is inculcated into mainstream consciousness.

And this is where "Game" comes in. Game is the red pill because it is based on men analyzing what behaviors are attractive to women, and what behaviors are not.

It is the basis for just about all social dynamics amongst any human interaction...why men compete with other men (for access to women)..why women compete for the attention and affection of men they perceive as desirable to other women.

Game is the Red Pill because it deals with understanding the principles of observable truths that are field tested...and these truths are in direct contradiction to the blue pill delusions of preconceived notions regarding gender roles in our BraveNewWorldOrder.

> Once we learn of that new paradigm, we can no longer hold the older belief as our truth. Not everyone can deal with this kind of thinking. Many people are perfectly content believing something to be as they've always known it to be, and reject this newer attempt at truth because it's too painful to accept - they've been living their entire life based on this lie and only now they come to discover that the world is not what they thought it was.

Unlike the caricature portrayed by it's detractors, Game is NOT a simple ruse...a routine or a schtick to manipulate or trick women into having sex with men. No, it's about truly understanding social dynamics and the role that social hierarchy plays in any human interaction. Once you have this understanding, you begin to see "THE MATRIX" or false reality of delusions regarding gender relations.

I thought of this as I read the comment section of Dr. Helen's blog post that I cited in my last post on Relationship Dynamics. So many Men weighed in with their comments, unknowingly revealing the depths of their blue pill instilled delusions that contributed to their failures in their relationships.

Here are a few quotes that demonstrate this blue pill effect:

> And whenever your woman asks which of two paint colors you prefer, you have to say you don't care. The alternative is surely picking the wrong color and paying dearly for it.

This is blue pill induced paranoia. Fear of "paying dearly" for upsetting a woman. Anyone that even has a rudimentary understanding of Game knows exactly what to do should a woman ask a man to pick a color...

> My ex-wife used to love to put me into impossible verbal situations such as, "do you think that (super model) is prettier then me?"
>
> Wrong answer #1: Yes
> "You don't think I'm pretty!"
>
> Wrong answer #2: No
> "Liar!"
>
> So I found myself avoiding talking to her at all.

Taking the blue pill renders many men utterly clueless to the "shit test." And failing these tests are relationship destroyers!

Here a few more comments showing the blue pill-addled mindset:

> I do think, however, that women manipulate more. They cry, they feign anger or hurt, they tell you stupid things like "a man doing the dishes is sexy" or "I'll be happy if you ___" (and if you refuse you don't want her to be happy).
>
> Of course, women lie to. Unless, of course, you really believe she's had a headache for 6 solid months or is somehow turned on by a man pushing a vacuum.
>
> --
>
> I'm a good guy. I don't cheat or go places I shouldn't or do things I shouldn't or drink too much or any of that stuff. I have nothing to hide from my wife, but I have learned the hard way that if I tell my wife the truth about certain things -- especially my feelings if they're at all negative -- then I'd better be prepared for two or three weeks of significant pain.
>
> Helen is right. I want to be a truthful person with my wife, but it just isn't worth the hassle -- especially since she's made it so clear that she really doesn't want to hear the truth.
>
> ---
>
> No offense, but sometimes women are just plain scary.

Are you beginning to see the common thread here? How the blue pill mindset has left so many men so clueless about how to deal with their wives and/or girlfriends? All of these preceding examples are Men who are afraid of their wive's emotional state.

> For the majority of husbands, they married a woman who they could communicate with and formed an allegiance. Her attitude became far less tolerant and hostile after. (There are many reasons for this that I won't go into here.)
>
> To rethink his attitude may invite a firestorm into his home. To rethink his allegiance will cost him dearly--he'll lose his children, and quite possibly pay huge bucks for his wife to move someone else in.
>
> Your advice would be great if the laws were not so biased in favor of women. Men have much to lose and little to gain by standing their ground. Women have much to gain and little to lose by villainizing their husbands and divorcing him.

I get this impression that there exists a commonly held notion amongst MRA that ever since feminists got no-fault divorce legislated, all women have taken to it with great gusto, simply because they can...that the laws give women

gold digging powers, and they take advantage of it simply because it appeals to women's greed, and they will happily destroy the lives of their husbands and children to sate that lust for greed.

I beg to differ. There's much more to it than that.

> Because if a married man stands up for himself in today's climate, he could very well find himself put out of his own house, paying over a substantial chunk of his paycheck to his ex-wife, and seeing the kids when (and if) she decides that.

This is what I call the Emasculation Paradox.

Many men today seem to think that the legal system is set up to give all the women the power in marriage...so they'd better cede it to her to avoid upsetting her so that she doesn't take you into divorce court hell. But the paradox is that a man who understands the reality, also understands that STANDING UP FOR HIMSELF is the ONLY WAY his wife CAN respect, admire, lust and love him.

You really shouldn't worry about upsetting her. She's a woman. She gets upset as surely as the sun rises in the East. What you you have to worry about, is turning into someone she doesn't respect...and patronizing her because you are afraid of her emotional state is the fastest path to losing that respect.

When contemplating why we now have over 70% of women who initiate no fault divorces, there's much more to it than simply because all women are greedy, slutty, or adulterous simply because that is the nature of modern, Western women. Yes, there are most certainly a segment of the female gender that is in fact materialistic gold digging manipulators. But I don't think it's quite a stretch to simply say that the 70+% of women that initiate their divorces do so because of a greedy, materialistic nature.

No, you HAVE to account for the social engineering of our BraveNeWorldOrder on BOTH genders into account when trying to understand just why so many women "change" for the worse by getting bitchy, nagging, fat and absolutely contemptuous of their husbands after they get married...and why men that used to be bold, assertive and confident when they were dating, fall into the relationship dynamic where they are the pussywhipped, cowed and beaten wimps absolutely crushed under a domineering harridan of a wife.

In short, it's nothing more than a blue pill overdose. Taking the red pill will open your eyes to the reality of the female sex drive and how it's basis on the principle of hypergamy dictates her behavior. It provides a solid understanding of exactly why women on an instinctual level, require men to be the dominant leaders in the relationship. Whenever a man fails to fulfill that role, the relationship begins it's death spiral towards oblivion.

Attraction is not an intellectual vocation. This is why "marriage counseling" usually doesn't work. No matter how many logical reasons there are for a woman to be happy in her marriage...if she has that visceral contempt for the man that turned into a "Beta" in the marriage bed and impregnated her with his inferior seed, she cannot control how she FEELS about that. Because by him "becoming" beta, she only feels disgusting contempt for him in her gut.

This epidemic of blue pill delusion that doesn't recognize this basic understanding of female attraction is why I believe so many women turn into the proverbial psycho ex-wife.

It's women's basic biological nature to seek dominant genes for her offspring. Yet too many men beta-ize when they get married, submit to their wives as their authority figure, and even if she THINKS it's perfectly fine to be the

dominant one...that she is just exercising "equality," her basic instinct is to have utter contempt for a man that she can rule.

This is precisely why so many men seem dumbfounded that the sweet loving girlfriend they married turned into an uncaring psychopath without a shred of mercy or decency in dragging him through the divorce court system and all of it's vagaries and indignities it inflicts ...THIS occurs because for the most part, because both of them failed to follow their natural gender roles, and the very nature of her sexual instinct -- hypergamy -- makes her regard him as a sub-human creature of utter contempt.

It is the very premise for the "game" routine that Roissy and other PUA call Marry Shag Kill

> You have to understand why women have this curdled reaction to betas deep in their bones. If a man spills his seed in the wrong woman, no biggie. He can still bang other women and fulfill his genetic programming. If a woman gets her eggs polluted by the feeble seed of a beta, she's stuck for nine months, and probably longer.

This is why there are so many cases of these women feel justified and entitled into getting the most they can from a divorce settlement...even if she's the spouse that ended up breaking her marital vows.

Beta Contempt.

By the time you are being taken to the cleaners, she is merely carrying through with the legally accepted means of playing the very real version of marry/shag/kill...with you being the Beta Sap she "kills."

I've come to realize this when I've thought long and hard about almost all of the failed marriages and relationships that I know of throughout my life. I can think of no exceptions in the cases where the female ended the relationship. It always happened after the man no longer fulfilled the leadership role her biological imperative requires.

The cultural indoctrination of our BraveNewWorldOrder -- the blue pill culture -- encourages these relationship malfunctions in every conceivable way. It's memes and shibboleths are ceaselessly pushed by our mass media driven popular culture to try and ensnare as many men and women to fall into this devious trap as possible. It is a population control agenda at it's most subversive.

To put it succinctly: The blue pill encourages masculine behavior in women and feminine behavior in men.

It encourages women to strive to hold all of the power in a relationship dynamic, and encourages men to cede that power to the women.

By promoting the ubiquitous culture of misandry, and making everyone strive for the unattainable goal of "equality," they push men and women to act out in ways that are contrary to our natural gender roles, thereby effecting an epidemic of "beta-ization."

Feminist lobbying for No-fault divorce was the mechanism for the BraveNewWorldOrder to attack the nuclear family; to re-make society by first destroying it's foundation...but it wouldn't have been nearly as effective if it were done without the social engineering that promotes contrary gender role behavior...empowered women and emasculated men.

The Network of "Enlightened" Women

Keoni Galt · 2 October 2009 · Archived copy · Original

I recently came across the following website, NEW: The Network of Enlightened Women.

At face value, much of what this group represents is a somewhat positive development - they are a conservative-based backlash against the feminist liberal culture of college campuses across the country...a reaction to religious-minded women to the Womyn's Studies curriculum.

What's wrong with that, you might ask?

Plenty, if you read further into their agenda and their ideology.

The most glaring point for me is the assumption these "enlightened" women advocate - while they oppose the liberal/libertine excesses of modern feminism, that they reject promiscuity as empowering, that they oppose the inculcation of victimology in women, that they encourage their members to revel in femininity and modesty (all of these are good things), they still accept the basic premise that is the foundation for promoting the feminist movement: that women are morally superior creatures to men, that men were oppressive, and that the initial feminist movement was just and necessary because women were in-equal and oppressed in the past.

In this way, they are actually just as subversive and destructive in promoting their agenda as any other feminist group.

From their "Educate" page, in discussing promiscuity, we get this gem:

> By women's view of empowerment being linked to sexual promiscuity we in fact undermine the very foundations of femininity. This promiscuity devalues women by men seeing them as something that can be used for their own ends and women accepting this status as the tools of men.
>
> Feminists threw away the moral superiority of women, a beautiful counteraction to the physical superiority of men.

If they had used any other term, like emotional bonding, or nurturing or some other feminine asset as a superior trait that balances out men's physical superiority, there would be nothing wrong with this statement.

But no...what we get is elitist, hubris-laden femininity.

It is a manifestation of "benevolent" Matriarchy...

..but it is Matriarchy nonetheless.

See, "moral superiority" has nothing to do with gender. It is a personal character trait that does not develop innately...but rather, it is a conscious decision to adhere to an abstract principle, even if it painful or detrimental to the person that decides to adhere to it.

Just how "morally superior" is ANY woman that ascribes moral INFERIORITY to an entire class of people, based on nothing but their gender?

Just like the most ardent, man hating feminazi, these upstanding, modest and feminine women of religious conviction are just as convinced of their superiority over men when it comes to the idea of character.

It gets worse too.

On the next issue of the educate page, they resort to the old shaming language of any other strident feminist...

> Since January, students have been nominating male ASU students for performing a gentlemanly act. The ten most-nominated gentlemen will be honored at a catered dinner event.
>
> To promote the Showcase, the NeW chapter at ASU has created a short video asking students four questions: What is a gentleman? What are the characteristics of a gentleman? Are there gentlemen at ASU? Are gentlemen an endangered species?
>
> Student answers range from the serious to the comical. For example, some student responses to the question “What is a gentleman?” include, “just a man that has manners I guess,” “well, we don’t know. We haven’t ever seen one before,” “someone who opens doors, is chivalrous, and a nice guy,” “a gentlemen is a person that likes to do nice things and doesn’t really ask for anything in return” and “someone who is nice and courteous and is always looking out for other people before themselves.”

Oh the irony.

You conservative, modest women long for the days of chivalry! If only Men would be Gentlemen again! If only men would be nice and courteous and look out for other people (that should be replaced by "female"), before themselves, everything would be just fine and dandy again!

See...it's an attitude that is still based on female superiority.

These conceited ladies completely fail to understand the truth of their predicament.

There are no gentlemen anymore, because there are no more ladies.

Breast Cancer Awareness Month

Keoni Galt · 6 October 2009 · Archived copy · Original

[image]

As I do not watch any TV news channels, and I no longer read newspapers to get my news, I was unaware that someone, somewhere decided that October was Breast Cancer Awareness month...until I watched NFL Football this past weekend and noticed most of the players had hot pink colors as part of their uniforms (Note Brett Favre's shoes in the above picture.)

While my first reaction is to roll my eyes and view this as yet another attempt to interject gyno-centrism in one of the last bastions of pure masculine competition in our culture (why is there no "prostate cancer awareness month?" for which the NFL has all the players sport blue?), I do have to say, I don't really see anything wrong with an effort to "raise awareness" about a disease that does in fact maim and kill so many women nowadays.

But the thing that drives me most insane is that the entire "awareness" campaign is based on pushing for women to go get regular mammograms to screen for cancer.

What about the awareness of the lifestyle factors, dietary choices and other behaviors that make women much more at risk of developing breast cancer in the first place?

Now, of course, much of the debate on dietary causes of cancer (in short, a lifetime diet heavy in sugars, carbohydrates, and Omega-6 fatty acids from vegetable oils), is considered controversial, there is one factor that is a considerable risk elevator that you never hear about in the mainstream media: the ABC connection.

Yes, if we are going to spend an entire month in an effort to "raise awareness" about breast cancer, this is one factor that definitely needs to be exposed and promulgated into mainstream consciousness!

From AbortionBreastCancer.com:

> In 1986, government scientists wrote a letter to the British journal Lancet and acknowledged that abortion is a cause of breast cancer. They wrote, "Induced abortion before first term pregnancy increases the risk of breast cancer." (Lancet, 2/22/86, p. 436)

[image]

> As of 2006, eight medical organizations recognize that abortion raises a woman's risk for breast cancer, independently of the risk of delaying the birth of a first child (a secondary effect that all experts already acknowledge). An additional medical organization, the Association of American Physicians and Surgeons, issued a statement in 2003 calling on doctors to inform patients about a "highly plausible" relationship between abortion and breast cancer. General counsel for that medical group wrote an article for its journal warning doctors that three women (two Americans, one Australian) successfully sued their abortion providers for neglecting to disclose the risks of breast cancer and emotional harm, although none of the women had

> developed the disease.

If feminists truly cared about ensuring that women could avoid developing Breast Cancer, you'd think they'd want to make sure women knew about the risks that abortion has for them, now wouldn't they?

I've never heard a feminist or women's activist group...or even a mainstream media news story on Tell-A-Vision ever mention the ABC connection...have you?

The Spearhead

Keoni Galt · 7 October 2009 · Archived copy · Original

Recently I volunteered to become a contributor to a brand new online Men's Awareness Magazine founded by Welmer and written by a slew of "Roissysphere" bloggers, The Spearhead.

My first contribution I wrote was a two part feature about Women's Suffrage, entitled The Despotism of the Petticoat.

My latest offering is a post about The Corruption of Federal Grant Funding:

> Do you fully understand the role the Federal Government plays in using tax dollars to fund the creation of so many of the problems we currently face today in our BraveNewWorldOrder? It is carried out under the noble sounding name of “Federal Grant Funding.”
>
> Continue reading at the Spearhead...

Misogyny in the Age of Misandry

Keoni Galt · 14 October 2009 · Archived copy · Original

We live in the Age of Misandry...and one of the primary features of this epoch is the present reality that most of the denizens are utterly convinced that we actually live in an Age of Misogyny.

Kinda like a President of a country that is engaged in two different wars of foreign occupation winning the Nobel "Peace" prize...but I digress.

Take the latest invasion of commenters over at the Spearhead.

The original article was based on making the observation that the science fiction genre has undergone a feminization process. Pro-Male/Anti-Feminist Tech (hereafter referred to as PMAFT) actually presented several concrete examples of just exactly what he meant by making that claim.

The bevvy of responses have been quite the revelation.

The term misogyny and misogynist are used so readily and easily, it almost makes one wonder if in fact it is really nothing more than a Pavlovian conditioned response. As soon as any observation, fact, or notation is made of a gender dynamic that questions the culturally indoctrinated feminist orthodoxy, the terms "MISOGYNY" and "MISOGYNIST" comes flying out like dog spittle at the sound of a bell.

And the women commenters? Just about all of them took personal offense, and proceeded to resort to the entire catalog of shaming tactics as well as bear their personal testimonials about how they were Science Fiction fans their whole lives...and that women have always been involved in writing science fiction!

You don't say, ladies?

Here's a sampling of these comments:

> News to me that science fiction is a “male form of fiction”. Specially as I’m female and have been a fan of science fiction almost as soon as I could read.

Notice the immediate assumptions here. Calling Science Fiction "a male form" is cause for immediate offense!

Never mind that women and girls can be fans of NFL Football almost as soon as they could watch TV, I guess it would be offensive to point out that the NFL is a "male form" of competitive sport.

> We women have always been there and fans of science fiction. Even my mom was a fan.

Would someone kindly show me where PMAFT wrote anywhere in his article that women couldn't, shouldn't or have never had anything to do with reading or writing science fiction?

> But thanks for letting me, a woman, know that I'm not welcome in the world of sci-fi.

Ahh...so pointing out the change in themes and gender focus in a genre, from a more masculine-centric to a female-centric one is the same as letting women know that they are "not welcome?" I guess pointing out the typical portrayal of incompetent fathers being berated and emasculated by empowered super mom characters that are ubiquitous in today's mainstream TV shows means women are no longer welcome to watch sitcom TV anymore?

You ladies are certainly showing exactly where the stereotype of women letting their emotions override their logic comes from...

> Awww, poor baby. Sorry to hear about your dick falling off because women are reading (and writing!) good science fiction. But that's okay — there's plenty of Perry Rhodan left out there for you.

Oooh, shaming language! PMAFT will just have to live with the humiliation. Somehow, I think he'll manage...

Thursday weighed in with a good observation:

> I agree with the general point of this post that any area of culture that doesn't go out of its way to be female friendly is automatically deemed to be defective.

Not just defective, I would add "offensive."

Indeed, that is exactly the impetus behind the large number of like-minded responses PMAFT's original article elicited!

The best way to promote real misandry in society is to make everyone think the existence of mythical forms of misogyny is the problem.

UPDATE: I just submitted an article to the Spearhead that was meant to directly address all of the visiting commenters, entitled We Are All Misogynists Now.

> Pro-Male/Anti-Feminist Tech's article about the feminization of Science Fiction television brought to The Spearhead a horde of blue pill-taking, politically correct, indoctrinated and brainwashed commenters only too eager to spit out their Pavlovian-conditioned, pre-programmed responses to any conveyed idea that runs counter to the mainstream, Gyno-centric cultural values of our BraveNewWorldOrder.

Continue reading at the Spearhead >>

Raising Awareness, One Person at a Time

Keoni Galt · 16 October 2009 · Archived copy · Original

As I've written before, I don't believe changes in the culture and all of the problems associated with our BraveNewWorldOrder are going to be effected by a movement of activists.

There will be no groundswell support of a grassroots movement that will bring about the changes to the current system of injustices caused by the cultural marxist social engineers.

The only thing any of us can do, is to work to raise awareness, one person at a time.

Individuals, who make decisions and set their life goals, all done in AWARENESS of exactly what system and what world we actually live in.

Just as the the recent lamentations of career women who near menopause and begin to question the femininst orthodoxy that had them pursuing careers instead of child rearing...so too does the effects of writing about and debating the various issues on the internet also raises awareness and helps people to see the world AS IT IS...not how the mass media, educational institutions and groupthink of our politically correct culture tries to make all of us perceive it to be.

From yesterday's post at the Spearhead, in which I posted a general response to all of the feminist-beholden women and mangina's that shrieked in outrage that anyone would dare to say the feminization of the SciFi channel was a bad thing...one commenter going by the handle D'mas had this to write:

> The funny thing is that not so long ago I would have supported those women complaining about that Sci-Fi post, and totally. Things started to change when I realized that all the insults they used (loser, can't get a date, blah blah blah) described me and my friends- the very same guys who stood up for them. In fact, I knew even back then that a lot of the guys saying things like Tech, or Roissy said, were getting the girls, and lots of them. That hurt me a lot- much more than I was willing to admit at the time.
>
> I don't think I'm misogynistic, and I don't agree with everything I read here, but I do think I'm being more realistic about life nowadays.

I think this sort of thing is only going to increase as more and more men like D'mas begin to see the manifestations of the programmed misandry of the useful idiots that accept the feminist ideology uncritically and without reservation.

On a related note...

Isn't it amusing that all of the feminist minded folks that dropped by the Spearhead to register their indignation...just about all of them engaged in shaming language...the "small penis", the "can't get laid," the "no woman would want you" variations of ad hominem attacks.

Notice how almost all of these harpies and mangina's that resorted to this attack, also leveled the charges of sexism

and misogyny?

Is it not in fact the very height of SEXISM to insult someone by focusing on their sexual desirability to the opposite gender?

Is not calling a woman fat, ugly, and so undesirable that only a lesbian Womyn's Studies professor would want to have sex with them....is that not "SEXIST?"

Yet, it's no different than these people using the exact same SEXIST attack on men they disagree with.

They're hypocrites and they don't even realize it.

The Temper Tantrums of 21st Century Sheeple

Keoni Galt · 16 October 2009 · Archived copy · Original

The feedback to my response to the feminist brouhaha at the Spearhead a couple of days ago have given many a brainwashed, 21'st century sheeple a chance to vent their emotions and reveal the depths of their indoctrination by today's matriarchal dystopia of a society.

One in particular dedicated a pretty long rant on her own blog to me. I responded to her on her blog...and I'm giving her the benefit of my the doubt when it comes to my expectations that she will allow my commentary to stand on her blog unedited or un-deleted. We all know how 21'st century sheeple spewing feminist indoctrination love censorship.

So I've copied and pasted my response to her here:

I'm sorry if you've lost the custody of your kids in a divorce or got the short-end of the stick in a sexual harassment claim at work. I'm sorry that there are too many American sitcoms that show men in positions of buffoonery and incompetence. I'm sorry that you somehow feel that feminist progression is bringing you down.

You refer to unjust child custody cases, false sexual harassment claims, and the subversive and demeaning portrayal of men in the mass media...and you relate this to "feminist progression."

Yet you have the temerity to pass judgement on me and call me stupid? You don't even see the contradiction in your hissy-fit of outrage.

Notice how the implications of this paragraph prove EXACTLY the point I was making, and your too stupid to even realize it.

In the name of female oppression, you've been brainwashed by school, TV, radio and the news to accept the idea that men need to be oppressed for females to progress.

You're a misandrist, in addition to being stupid.

NONE-THE-FUCKING-LESS: the female version of Starbuck, the omnisexual Captain Jack Harkness, and the people who slash Kirk and Spock ARE NOT AND NEVER WILL BE RESPONSIBLE FOR YOUR SHITTY EXPERIENCES.

My, you sure curse and yell alot. How ladylike. I'm sure you have a whole array of quality Gentlemen who can't wait to spend quality time with your sparkling, pleasant personality!

But that's besides the point, my dear. What you fail to recognize is that these examples that you've cited, represent something real. They perfectly represent the exact phenomenon I was pointing out in my article. They represent this ubiquitous cultural message that permeates every facet of our society...an ethos that demeans masculinity while worshiping femininity. It is this relentless and ubiquitous message that has deluded millions of silly, overly-emotional drama queens like yourself to fly into an emotional rage at merely reading the thoughts of somebody that doesn't agree with your politically correct indoctrination.

More gay and female (and everything in between) characters in sci-fi television and film are a step forward, not a step back. They had another brick to the foundation of sci-fi, they don't destroy it.

It's spelled SCY-FY. Epic Fail. SRSLY.

For you and PMAFT to act as if this destroys everything you know and love about sci-fi doesn't show that you're a misogynist, it just shows you're ignorant.

As you've already demonstrated a severe lack of reading comprehension, it would perhaps be a waste of my time to try and point out to you that MY article had nothing to do trying to prove PMAFT's article was right or wrong.

I don't agree with his point 100%...but my post was not to back up his argument more than it was to point out the groupthink mentality of all the brainwashed sheeple like yourselves that came to the site to spew misandrist, pathetic shaming language.

The entire thrust of my article was to point out that the attempts to shut down the debate by branding us 'misogynists' are hypocritical and lack any intellectual merit or logical consistency.

I'm surprised, in fact, that you feel this way, considering there's still a lot of concerning debate about how women are portrayed in sci-fi tv and film (see the debates surrounding Lt. Uhura in the new Star Trek movie). What's also interesting about you feeling as if you're under some kind of attack is the fact that you seem to forget the main block busters of summer in this year were all catering to traditional male demographics - Star Trek, Terminator: Salvation, and Transformers: Revenge of the Fallen all had leading male heroes saving the world, one way or the other in a mostly, traditional male-hero way.

You're conflating my observations of the fem-tard invasion of the Spearhead with PMAFT's argument. Personally, I no longer immerse myself in pop culture bullshit on the television and in the movie theaters. I no longer care to consume feminist indoctrination and emasculating cultural cues as "entertainment." All designed to give women like you a false sense of 'strength.'

Oh, and I don't "FEEL" I'm under attack.

I KNOW for a fact that in the name of "feminist progression," the legal system and mainstream society have been turned into a system designed to enslave, demoralize and emasculate men. But instead of laying down and taking it, a few of us have awoken up to this reality and are choosing to stand and fight back.

There were definitely a lot of supporting female roles in these movies who were sexy, kick-ass and contributed to the storyline... but they were still just supporting. Somehow, I think even supporting female roles are too much for you and PMAFT to handle.

LOL!

The most tiring argument you brainwashed femtards use is this utter rubbish that when men resist these idiotic, fantasy-laden portrayals of strong women and emasculated men in popular culture, is that we can't "handle" even seeing a fictional representation of a "strong woman."

Believe me dear, I can "handle" strong women quite easily.

The real deal is WHY WOULD I WANT TO?

Why would I want to interact with a person that thinks they are superior to men simply because she has a vagina?

One that sees no problem with a society that promotes destroying families by taking Men's children away from them?

One that sees no problem with false sexual harassment claims that cause men to unjustly lose their jobs, get stigmatized by society and have their reputations ruined and even imprisoned?

And you think it's "feminine progress" and that supporting such injustices is indicative of being a STRONG woman? No thanks. Like most Womyn's Studies useful idiots, you mistake being a bitchy, stubborn and narcissistic as characteristics of "strength."

We've come a long way as far as female empowerment goes, but we've got a long way to go still.

You've come a long way baby!

I guess what I'm trying to say both to you and PMAFT is this:
CHILL THE FUCK OUT.

The vaginas are not here to ruin your fandom, they're here to make it better. Trust me on this.

Better for who? Thanks for demonstrating your female superiority complex. Gyno-centric narcissism is the first red flag in identifying the indoctrinated thoughts of a 21st century sheeple.

If you can't accept that, well...

...I just feel sorry for you.

Somehow, I think I'll manage to live with myself.

Oh, btw, perhaps you can surprise me and actually have the guts to allow this comment to be posted on your blog.

Better yet, feel free to try and make a substantial, intellectual and logical argument instead of venting about how you FEEL about anything I've written.

Government Regulation + Industry = Cartel

Keoni Galt · 16 October 2009 · Archived copy · Original

[image]

Government Regulation + Industry = Cartel

Cartel = Corporatism

Corporatism = Economic Fascism

This is the reality of how the US economy exists today. Some economists call it a "mixed" economy. A little bit of socialism here, a little bit of capitalism there...

...but let's still call it a "free market," than blame the absence of "regulation" or "de-regulation" as the culprit of the problems so as to encourage more Government regulation, changing the "mix ratio" giving us more socialism and less capitalism.

The latest example is the leftist's useful-idiot-Goebbels-wanna-be, Michael Moore, making a propagandumentary that highlights all of the problems and injustices caused by the Corporatist/Fascist system and blaming it all on "Capitalism." The worst part is that Moore's film was financed by the very same Banksters he supposedly exposes and criticizes in the film!

To people that still don't understand that we in fact do not live in a free market, capitalist system, here's the breakdown as simple as it can get:

"BIG" Business lobbies politicians in the Government.

The Government than passes legislation that "regulates" the industry of that BIG Business entity.

Typically, the regulation results in exorbitant costs for any business in the industry to comply with those regulations.

Thus, the "BIG" Business entity that already has a huge revenue stream or financial backing happily pays all of those costs associated with complying...while smaller companies who can't afford it go out of businesses, and entrepreneurs that want to enter the market of that industry are effectively barred from competing because they cannot both pay start up costs to enter the market AND all of the costs associated with "regulation."

In this way, the BIG Business entity is able to buy the Government's cooperation in creating a Cartel.

This is the essence of Economic Fascism. The Government/Industrial Complex, writ large, across many industries.

Anytime you here the phrase "BIG BUSINESS" you need to understand that the media and the leftists use of it to imply greedy, unscrupulous capitalist pigs - but the reality is NONE OF THOSE "BIG BUSINESS" entities they are excoriating or lamenting could have gotten that big without some form of Government action that gives them Cartel monopoly powers!

While Government Cartels have indeed become a huge portion of the overall economy, there is still thousands of

small businesses that do manage to exist, and even profit in the sectors of the economy are still free from "regulation."

Yet everyday, the Government is actively working in cahoots with the Big Businesses that continue to ply them with campaign contributions and party donations to continue to expand the sphere of Big Government/Big Business monopoly.

This is the very essence of Obama's Health Care "REFORM." It's the blatant attempt by BIG Pharma and BIG Insurance to create a new and improved Cartel.

Sheldon Richman writes in his article Obama's Health-Insurance Cartel
exactly how Obama is using the exact same approach as Michael Moore, in claiming his reform will garner the benefits oft "competition" and "choice" when in fact his proposals are going to result with the exact opposite results:

> President Obama and other advocates of nationalized health insurance have tried a variety of sales pitches, which indicates their difficulty in getting traction with the public. The latest is “competition and choice.”
>
> Who could be against those things?
>
> Well, Obama for one, followed by House Speaker Nancy Pelosi, House member Barney Frank, and everyone else who favors what is question-beggingly called reform. The word reform suggests not just change but improvement. Therefore, to call the proposals to nationalize the medical-insurance industry reform is to assume precisely what is in dispute and must be proved. The argument is — or should be — over whether the proposed changes indeed are reform. To call them reform before the debate has even begun is to rig the discussion. It’s an old — and sadly effective — bit of sophistry.
>
> But let’s get back to competition and choice. I contend that what Obama favors would produce the opposite of competition and choice: cartel and restriction. This is so clear that it’s hard to believe an intelligent person surrounded by economic advisers wouldn’t know this.

Just like Michael Moore blames the problems of Bankers like Goldman/Sachs and their collusion with the Government to fleece the tax payers with a bailout on "FREE MARKET CAPITALISM, so to does Obama use the same tactics in pointing to the problems that were created by Government's involvement in the health care market, attributes it to the 'Free Market' and offers MORE Government in the market as the solution!

> Apparently members of Congress and the administration don’t know about the Internet, which performs the same function for every other good and service. If there’s no health-insurance market on the Internet, it may be because government forbids interstate competition, in order to protect the states’ ability to burden their residents with coverage mandates for hair transplants, in vitro fertilization, and other things offered by privileged businesses.

Competition by many businesses results in a 'race' by businesses to get the most customers from their competition by continually working to offer the best service or product at a price that makes them more attractive to customers than all of the other competitors in the market.

But if Government intervention via "REGULATION" reduces competition, you lose the incentives of free market competition to promote competing businesses to innovate and improve their product or services...afterall, the Government's regulations have made sure they won't HAVE to because there is no competition to take away the customers by offering a better product or service than they are.

> For all his talk about choice and competition, what Obama proposes is more of what we already labor under: corporate-state bureaucratic decision-making. The status quo is not the free market. It is a system of government-business collusion that, among other things, welds workers to their employers. Obama's scheme would simply be more of the same. The reason Big Pharma and Big Insurance favor the scheme is that everyone would be forced to buy their products or coverage for their products, with the taxpayers picking up most of the tab.
>
> Obama offers no radical break with the present but only a further application of the statism that brought us the current morass.

Unlike many right wing conservative Republicans who claim that Obama is a socialist, I don't believe he's a socialist per se.

He's a Fascist, the kind that supports socialist ideas to sell the masses on the benefits of implementing his fascist (corporatist) agenda.

When She Asks You About Your Past...THIS is how you respond.

Keoni Galt · 20 October 2009 · Archived copy · Original

Anakin Niceguy, the Biblical Manhood blogger who I do respect despite some vehement disagreements with him in the past about the relevancy of "GAME" on relationships -- Christian AND secular -- was giving advice to young men who's potential woman in the beginning stages of a relationship asks him about his past...more specifically about his prior usage of porn.

> Men, if and when the subject of your past comes up with a Christian woman, be honest and ask her if she is going to hang it over your head. Because if she is not resolute about letting the past be the past, then you and her are going to be miserable together.

No, you will be miserable together because by taking this line of reasoning with her in the first place, you are ceding the moral authority to her, giving her the upper hand in the relationship dynamic and basically acting like a spineless, Beta wimp that is afraid of her disapproval and future anger.

Always remember that in order for any male/female relationship to work, SHE HAS TO RESPECT YOU to feel attracted to you.

See, Anakin's response was an intellectual and logical response to what is essentially nothing more than the Christian woman's version of a shit test.

And Anakin's response is failing that test miserably.

All of you "so-cons" and MGTOW'ers that agree with Anakin's line of reasoning and think that "GAME" is an immoral, sinful, unnecessary and/or "changing yourself to cater to women," I say to you that have missed the forest for the trees.

"GAME" is just as important to your relationship in a Godly, Christian marriage as it is in a Pick Up Artist's attempts to seek out casual sex from women of loose morals.

This is because GAME, at it's essence, is understanding the base nature of female attraction...hypergamy.

The most god fearing, devout religious woman STILL needs to have a husband that inspires respect and admiration from her to maintain her level of attraction and "love" for him. This is the true essence of what hypergamy is.

Some "SoCons" have taken this to mean that woman will always leave or dump a man when a more dominant male comes along. This is not true, and is a complete misunderstanding of what applying "GAME" to a long term relationship means. The principles of hypergamy simply means that no woman will have feelings of love or attraction for a man she cannot respect. Attraction is NOT a logical, intellectual exercise. It is not a rational judgment that women make. If you act as if you are beneath her, that you are afraid of her emotional state, that you are afraid of her "using something against you in the future" you are acting in a manner that will trigger her hypergamous gut instincts of disgust with a mate she does not consider worthy of following.

This was my response to Anakin's post:

Anakin, this is just another instance of "LTR GAME" and how your difficulty in comprehending the relevancy of 'GAME' and how it also applies to a Christian relationship just as much as it does to PUA looking for meaningless sex.

This should be a BONUS for you in dealing with your woman. This is the opportunity to show her that you are man that has developed himself into a moral agent of character, through trial and error.

First of all, you should NEVER BE AFRAID TO TELL THE WOMAN THE TRUTH.

She is supposed to be your potential love mate, NOT YOUR MOTHER.

Second of all, she will only be able to "hold it against you" in the future if you go about it all wrong.

If she asks you 'Did you ever watch porn' it's not the fact that you admit it, but HOW you do it that will determine her reaction.

Are you going to act guilty and shameful? Are you going to essentially make an admission in a manner that cedes the upper hand of moral authority to her? Because in doing so, you are literally GIVING her the stick to beat you over the head with later.

This is exactly what I meant when I came here a while back and talked about "MANNING UP."

I did not use that term to "shame" men, but to give real helpful advice in dealing with relationships...because I've been there and done that.

You need to understand that your instinctual response to what is essentially nothing more than a "shit test" has set you up for failure:

"Men, if and when the subject of your past comes up with a Christian woman, be honest and ask her if she is going to hang it over your head."

This is completely BETA. This is ceding the power and authority in the relationship even before it truly gets started. There can be NO GOOD OUTCOME FROM DOING THIS.

By asking her if she is going to hang it over your head later, you are virtually guaranteeing her that she will! Because you've just placed yourself in your relation to her as beneath her. This will than create contempt for you, as all women, Christian or heathen harlots, all desire to "mate up."

First and foremost, I agree with you about being honest. You should have NO reason to lie to her...because YOU SHOULD NOT BE AFRAID OF HER "HOLDING IT AGAINST YOU LATER!"

You do not "ask her how she feels about it." You do not try to sugarcoat or make it sound any better OR worse than it is.

You stick to the facts. You should tell her "yes, I used to watch porn. I realized that it was damaging my spiritual essence, it was corrupting my character, and I quit watching it and I've learned that I'm a much better man for having developed such self-control."

And that's it.

If you handle it right, she will respect you for your no-apology, no wimpering, simpering, begging of her to not 'hold it against you' style. She will respect THAT kind of honesty...because you will DEMAND it with your demeanor.

Now, I realize that you and many other men that come here have already made up your minds to remain celibate. I'm trying to explain to you that your cynical view of women is predicated entirely on not only fear of her shit tests, but that you are already predetermined to fail them because of your fear of her doing what only comes naturally to her.

We are all sinners, no?

So why should you be afraid of telling your woman that you've learned from your past sins, and are a better man for it now?

It's All About Hypergamy

Keoni Galt · 23 October 2009 · Archived copy · Original

It appears the debates between the relevancy, validity and morality of "Game" continues with both sides somewhat "talking past each other." I'm going to attempt to break it down to it's bare bones to try and foster a better understanding for "game" detractors, and to also explain why Game "works" across the spectrum of male and female relations.

In my view, I believe the biggest problem is largely of semantics. Many social conservatives and religious oriented detractors and critics of "game" have a hard time overcoming their sensibilities and moral sense of right and wrong when it comes to the terminology employed by "Game" proponents to gain a true grasp of the basic principles underlying "Game."

I myself thought at one time that the term "Game" was too loaded with negative connotations and that those of us that understand it should seek to come up with a better term for it...but I've since changed my mind about that, and I'll save that topic for another time.

Nevertheless, the misunderstandings that abound still need to be addressed.

First and foremost is the term hypergamy.

Hypergamy is the primary reproductive biological imperative of female sexuality. Whether you're a godless atheistic darwinist or a devout religious person, recognizing this basic fact need not be a point of contention, but rather an observation of reality. Either women evolved and adapted this hypergamous instinct as an evolutionary strategy...or God designed women that way on purpose. And while both views come from a very different starting point, they both have practical applications when it comes to understanding female sexuality and how it drives female mating strategy.

Because strategy is what it's all about. Mating strategies of men and women are nothing more than the reproductive biological imperative: Women are instinctually attracted to male dominance and men are instinctually attracted to female fertility. Both instinct-driven strategies are either God's or Natures way of ensuring the best means of ensuring the procreation of the next generation into an environment with the best chance of success in continuing the propagation of the species.

No amount of feminist social engineering, indoctrination or propaganda is ever going to overcome this basic instinct...it will only mislead people that believe in it down a path of unhappiness.

No amount of Christian-based moralizing and caricaturizing of male sexuality as depraved and female sexuality as chaste purity and virtue are going to overcome this instinct either, and it too only leads to shared misery of both men and women that adhere to it.

Both the religious and secular foundations of these shibboleths are destined to failure because they fail to understand the role of female hypergamy in the female mating strategy.

It all boils down to the basic fact that women are driven at a subconscious level to mate "up."

When it comes to "long term game" or dealing with it in a relationship, your mate will always subconsciously be

judging your hypergamous position with regards to her in your relationship.

Think of it as a scale, with hypergamy on one end and beta-spinelessness on the other.

As long as your scale is tipping towards the hypergamy side, she's happy, she's in love, and your relationship is "working." Even if you occasionally backslide into some Beta behavior, as long as the majority of your relationship dynamic is tilted towards your status as a leader that she can respect and follow, you will not experience serious relationship discord.

But should you tip towards the Beta side far too much, it's a virtual certainty that she's going to "fall out of love" or start becoming dissatisfied with every facet of her life. Believe me, when you are running afoul of her basic hypergamous instinct, it will poison everything else in your relationship.

Marriage counselors and relationship advice folks always try to do scientific polls on the primary causes of divorce and/or relationship failures. They always point towards "money" or "infidelity" or some other easily recognizable "cause."

But what never gets addressed is the underlying female instinct of hypergamy.

A married couple can and will become a stronger, closer and more intimate couple in the face of severe difficulties and hardships in life...as long as the women has not developed Beta Contempt for her man. From a personal perspective, when I was in the death throes of marital beta-tude, minor financial troubles would turn into huge conflicts that would last for days...whereas nowadays we've never been worse off financially due to our current Great Depression 2.0, yet we get along better than ever.

Every instinct in every fiber of her being screams out for mating with a man who is "up" on the hypergamy scale. If your on the beta side, every little thing you do, every problem you both face, every obstacle and stumbling block in life will be magnified and intensified in her emotional reactions and her "feelings" about the Beta contempt she has for a man she no longer feels like she's "married up" with.

Another obstacle that seems to be hard to overcome appears to be an almost post-traumatic stress disorder reaction that manifests itself amongst many of Game's detractors - the minute a "Game" proponent tries to explain or encourage men to try and understand how they could apply the Game principles, critiques and criticisms of thought, ideas or actions in that context, they are reflexively deflected or rejected as nothing more than the equivalent of "shaming language."

Their is a substantial difference between trying to help someone recognize that a certain behavior is an attraction and respect killer to the female's attraction instincts by pointing out to them 'That's Beta,' versus a feminist or a mangina trying to silence debate by insulting someone simply to shame them into silence.

But I digress.

The primary point here is that whether you like it or not, the reason why "Game" has gained so much traction as of late, is because whether you agree with it or not, whether you are turned off by the hedonistic and what many consider the immoral pursuits of some of it's proponents (the PUA's), is because "Game" only WORKS because it is based on recognizing the principles of the female biological imperative, hypergamy.

Whether you are a devout Christian saving yourself for a marriage consecrated by God, or an aspiring player looking to engage in hedonistic indulgences with as many willing women as possible, understanding the principles

of the female biological imperative will go a long way to understanding how to succeed at whatever avenue you choose to pursue.

Sheeple Watching - Modern Femininity

Keoni Galt · 27 October 2009 · Archived copy · Original

The first in a series of random observations and fleeting thoughts that flit through my mind lately whenever I walk about in public and observe the average, brainwashed, indoctrinated and oblivious American Sheeple.

Traditional Femininity Stands Out

The vast majority of females in the public sphere generally present themselves in two different categories: masculinized, empowered and uncaring of presenting an attractive image to males, or hyper-sexualized attention whores emulating sluts that advertise their wares for all to see.

[image]The masculinized women I refer to is not necessarily lesbians or hardcore feminists...but rather women who eschew femininity. In this category, there are two subsets: Women in pants, pantsuits, slacks, or female "power suits" with shoulder pads to simulate masculine shoulders. These women are dressed to be "empowered" and ready to compete with men in the world of white collar business. The ironic thing about this fashion trend is that it was mostly inspired by the feminist doctrine that women should dress like men in order for men to "take them seriously" in the world of business. The contention that women must dress like men to be taken seriously by men is indeed the perfect indication that feminists that pushed this idea do not understand what it is about women that men "take seriously."



The other kind of masculinized fashion sense is the jeans,
sweatshirts, sweat pants and T-shirt types with tennis shoes or flip flops on their feet. They deliberately dress to downplay their feminine appearance. This one, I think, appears to be much more prevalent amongst the majority of the female herd members of 21st Century American Sheeple. I find this current cultural zeitgeist to be particularly demoralizing. It's the deliberate social engineering to make the world a much less visually appealing place. Some feminists would gleefully declare that last pronouncement as a blow to Patriarchy.

For once, they would be correct.

Now this thought occurred to me, when I was walking around downtown Honolulu this morning and observed the

vast majority of females dressed as one or the other specimens I previously detailed. About 100 yards away, across the street, I observed a women wearing a dress. A regular, non-slutty dress that was tasteful and extremely visually appealing because it projected femininity in a non-promiscuous manner on a purely aesthetic level.

 As we walked towards each other, I quickly realized that within 20 yards, it became apparent that she was actually quite unattractive when it came to her facial features...but her feminine appearance definitely went a long way towards softening up her asymmetrical face, acne scarring and crooked nose.

In Hawaii, we guys have a saying for this...it's called "Good from far...but far from good!' Nevertheless, this perception I had of her really drove the point home in my mind - the loss of the conventional standards of femininity in dress has made the world a much less beautiful place to behold. Even ugly women can avoid visual offense to male sensibilities if they project femininity in their dress and mannerisms! Of course there are plenty of women who just plain don't care about appealing to men's visual sense. I consider this a society-wide tragedy of epic proportions.

 The flip side of that coin, of course, is the women who play up their sexual assets to inspire and over-excite their appeal to male visual stimuli response. This, of course, is much more common on the night time scene. In fact, many of the women who dress either as the masculinized, androgynous womanoids in either jeans t-shirts and tennis shoes in the daytime, or the "empowered" business attire

during the day, will than go home, and get dressed up as exhibitionists for their night time recreation. As a normal male that certainly enjoys female visual stimuli, I still find such revealing attire a sad state of affairs. Women who dress like in this picture do project an aura of promiscuity - that they are open to propositions for casual sex with strangers. Even women who do not intend to do so, and are in fact interested in meeting a man with whom they want to pursue a serious committed relationship, still present themselves as promiscuous sluts when they are out and about for the evening, simply because that appears to be the norm of female attire in this day and age.

But the woman who truly stand out amongst the crowd, are those that defy the modern conventions, embrace tasteful femininity, and resemble a metaphorical flower amongst the weeds. Even here in Hawaii, where we have a somewhat specialized fashion sense influenced by our unique cultural conditions, it's apparent that the vast majority of women generally follow the typical models I previously detailed. The traditional feminine clothing specific to Hawaii is the mu'umu'u (it's NOT pronoucned "moo moo," it's pronounced moo-ooh moo-ooh), and most women in Hawaii (who were born and or raised here) have at least one mu'umu'u hanging in her closet.



But where it was once daily wear, it is now usually reserved for only church wear or family type events. Yet it was only a generation ago...hell, in my lifetime, that I recall most females, young and old, here in Hawaii, who wore mu'umu'u on an almost daily basis. I still remember my 3rd grade class when most of the girls wore dresses and mu'umu'u...but by the time we were in high school, the cultural inculcation of androgyny or hyper-sexualization had taken hold and rendered traditional feminine wear nearly obsolete.

I can't tell you how many times I've experienced an almost breath-taking shock when I've been around women I've known and socialized with for a long time...who all adhere to some various sense of masculine dress for the majority of their lives...who on some rare occasion, put on a feminine, non-promiscuous dress and shoes. It's a dramatic transformation...but it's only so shocking because indeed, as of nowadays, it's so uncommon.



It seems as if women en mass in our 21st century Brave New World Order have all been inculcated to embrace either androdgyny or exhibitionism in their clothing and fashion choices.

Both extremes are meant to either nullify or over-excite the human males hard-wired biological response to visual stimuli of the female form. In either case, it seems to me that the social engineers who have mutated cultural norms of fashion for traditional femininity into either extremes, have deliberately done so to help foment the modern gender war we all currently endure.

You Have A Choice...

Keoni Galt · 31 October 2009 · Archived copy · Original

[image]

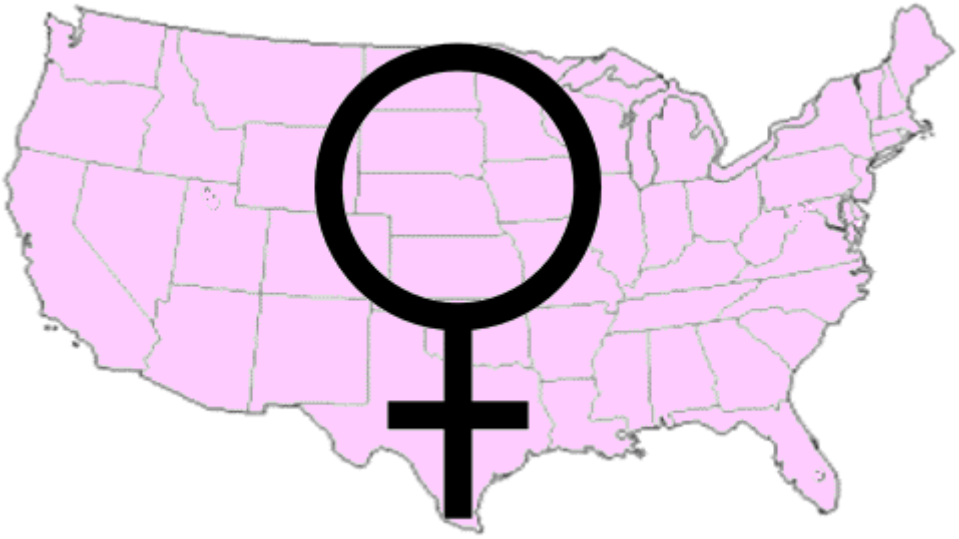
You take the blue pill and the story ends. You wake in your bed and believe whatever you want to believe.

You take the red pill and you stay in Wonderland and I show you how deep the rabbit-hole goes.

Remember -- all I am offering is the truth, nothing more.

A Woman's Nation Changes Everything

Keoni Galt · 4 November 2009 · Archived copy · Original



From the SpearheadFiles
November 4, 2009

Welcome to our Brave New World Order folks, because it's certainly a very different world for everyone than it was just one generation ago. James Brown once soulfully wailed "This is a MAAAAN'S WORLD….but it wouldn't be nuthin' without a woman to care!"

My how the times have changed.

We now have Maria Shriver exultantly declaring "It's a Woman's Nation!"

Isn't that special, dear.

The Center for American Progress (Put a CAP in the country, she's done for!) just released The Shriver Report: A Woman's Nation Changes Everything.

Jack Donovan has already taken an in depth look at Oprah Winfrey's epilogue to this piece of femi-nazi propaganda, I'm going to focus on the forward by John Podesta and the first Chapter by Maria Shriver.

Now, the first thing one must notice, is that the tone of this report is one for which many people have been trying to point out for years now – that this is in fact a nation that has certainly become a society that promotes Matriarchal values and denigrates Patriarchal ones.

That masculinity in men has been castigated and demonized for decades now, while masculinity in women has been relentlessly promoted and inculcated into the mainstream, cultural consciousness. And one of the memes that has been relentlessly promoted is this idea that women are oppressed, inequal and downtrodden, which is what necessitates all of the laws, tax-funded programs, divorce court industries and welfare programs…to "fix" all of the problems of a "Male" nation.

On the face of it, it sure seems like they're declaring victory now, doesn't it?
But of course not. This is in fact a literal cultural revolution, and this is merely a momentary pause for the social engineers to reflect on their past successes in overthrowing the old world order of Patriarchy, on their ever increasing march towards "equality."

Let's have a look at what this report is citing as turning points in their campaign to win this gender war…
First, from the Preface, mangina feminist lackey and former Clinton White House member, John Podesta, writes:

> *"Earlier this year, the Center for American Progress decided to closely examine the consequences of what we thought was a major tipping point in our nation's social and economic history: the emergence of working women as primary breadwinners for millions of families at the same time that their presence on America's payrolls grew to comprise fully half the nation's workforce. In addition, we were watching the Great Recession amplify and accelerate these trends. We are in the midst of a fundamental transformation of the way America works and lives."*

Indeed, change is what this is all about. From a Patriarchal focused society in which men worked and women raised the next generation, we now live in a nation for which men and women work…and the afterschool program , the minimum wage day care worker, the retired grandparent, or as in many cases, the television and the computer are raising the next generation.

Is this really a change for the better?

> *"When we look back over the 20th century and try to understand what's happened to workers and their families and the challenges they now face, the movement of women out of the home and into paid employment stands out as a unique and powerful transformation."*

Unique? Hardly. Matriarchal cultures are as old as humanity itself. What we really seeing is a decline in civilization, since Patriarchal culture is what built civilization in the first place.

> *"Women becoming primary breadwinners or co-breadwinners changed everything. But, even though we were all witness to this phenomenon's slow emergence over many years, these changes seem somehow to have snuck up on us. As a result, our policy landscape remains stuck in an idealized past, where the typical family was composed of a married-for-life couple with a full-time breadwinner and full-time homemaker who raised the children herself."*

Well that seems to be certainly true. Even though this report celebrates women now comprising 50% of the workforce, 60% of college attendees, and a huge increase in the number of women now serving as the primary breadwinners of their family…divorce laws, child custody and alimony awards are still based on the assumptions that women are economically disadvantaged by their full time homemaker roles…even when they are not full time homemakers!

Of course, I hardly think Podesta is arguing for true "equality" when it comes to Family law…

No, what his argument consists of is to basically make a case for more Government programs to support the

continued dismantling of Patriarchal family structures to promote the new ideal “Woman’s Nation:”

> *- Updating our basic labor standards to include family-friendly employee benefits*
>
> *- Reforming our anti-discrimination laws so that employers cannot discriminate against or disproportionately exclude women when offering workplace benefits*
>
> *- Updating our social insurance system to the reality of varied families and new family responsibilities, including the need for paid family leave and social security retirement benefits that take into account time spent out of the workforce caring for children and other relatives*
>
> *- Increasing support to families for child care, early education, and elder care to help working parents cope with their dual responsibilities*
>
> *- Updating these government policies so that they account for the reality of the overwhelming majority of today’s workers and families is the challenge we address in the pages that follow.*

See, what women are really finding out is that entering the world of work did not make life better or easier. Instead, it gave them a whole new means of stress and responsibilities in their lives, so now we must use the government to ease the burdens of responsibilities that pursuing “empowerment” through careers has given them.

As one goes beyond Podesta’s preface and into the first chapter of the report, penned by Shriver herself, that it becomes glaringly obvious that while Shriver and many other women are celebrating the so-called advancement of women’s “equality,” they are also documenting the ways in which the new reality is negatively impacting both men and women.

Not once does she or any of the other progressives (who are really nothing more than cultural revolutionaries and social engineers) ever stop to consider that the problems they are highlighting are caused directly by the cultural expectations that gear women towards careers rather than homemaking?

No, we must implement MORE government programs to make it easier on women to “Have it all.” Here’s what Shriver writes:

> *"Together, the results of these efforts provide a fascinating window into the changing American landscape. What we heard loud and clear is that the Battle Between the Sexes is over. It was a draw. Now we’re engaged in Negotiation Between the Sexes."*

It was a draw? But you’re declaring victory by calling it a “Woman’s Nation!” If it were a draw, wouldn’t it simply be “A Nation?”

Doesn’t sound like a draw to me. Oh, and what is this “negotiating between the sexes?” You mean where career mom tells her husband if he doesn’t toe the line, she’ll take him to divorce court, enslave him into peonage and take him away from his children? That kind of reality certainly doesn’t look like a “draw” to me.

> *"Virtually all married couples told the pollsters they’re negotiating the rules of their relationships, work, and*

> *family. An overwhelming majority of both men and women said they're sitting down at their kitchen tables to coordinate their family's schedules, duties, and responsibilities, including child care and elder care, at least two to three times a week. Men said it was more like every day!"*
>
> *"Indeed, during my conversation with powerful businesswomen on the West Coast, one told me she and her husband "are constantly renegotiating our agreement about what gets done, who does it—or do we hire somebody as opposed to doing it ourselves." And a man in Seattle told me he and his wife have to work out "who's gonna take care of the light bill? Who's gonna pay for the mortgage? It doesn't matter who's bringing the money in. The money is coming in, but decisions have to be made about how the money is going out."*

Isn't wonderful to see all of this "PROGRESS?" See how a "Woman's Nation" promotes marital harmony? What a wonderful, Brave New World!

> *"In the Rockefeller/Time poll, more than three-quarters of both men and women agreed that the increased participation of women in the workforce is a positive change for society."*

Pay attention folks! The very foundation that is the largest funder of Women's studies programs and population control policies, the very foundation that is the primary mover in socially engineering this "woman's nation" has conducted a poll that supports their goals? You don't say?

> *"Both sexes also agreed that men are becoming more financially dependent on women. And both women and men said they're still adjusting their lives, their expectations, and their assumptions to the change."*
>
> *"The findings matched what I heard in the street. Everywhere I went, people talked to me about how overstressed and in crisis they feel, especially when it comes to financial security. Women said that never before has so much been asked of them, and never have they delivered so much. Divorced mothers talked to me about trying to make do without child support. One single mother who had just lost her job told me she was utterly dependent on her family and friends just to stay afloat."*

This folks is what this report refers to as PROGRESS…but it's not done yet, we need more of it! Now, note that one of the themes Shriver and the author's of this report repeatedly make is the need for the Government to ensure that women get "equal pay for equal work." Yet the entire premise of that argument rests on the unfounded assumption that the reason for unequal pay is based on "inequality."

Yet…Shriver reports the following:

> *"And women often define that power differently from men. One woman who had made it to CEO chose to give up the corner office and downgrade to a lower-rung position. She told me, "I will admit, it was fun, it was power, and I was dealing with a bunch of top dogs. But now I get to hang out with my kids when they come home from school. For me the definition of success is not being a CEO and not being the biggest dog and frankly not making the most money. It's living a balanced life."*

This is the very reason WHY we have the so-called "gender wage gap." But this is not acknowledged at all. In fact,

while the authors of the report are calling for “equal pay for equal work” what they are actually arguing for is MORE pay for women for doing LESS work!

> *"One female corporate executive told me, “Women don’t need equal pay. They actually need to be paid more, because the fact of the matter is that we typically are responsible for more within our families, and we have to pay to outsource more. Most of the men I have competed with for positions have had a stay-home wife at some point and many have had a wife throughout their entire marriage.”*

Here we have a female corporate executive, whining about having to compete with a man who has a stay-at-home wife, making it unfair for her to compete with him for positions? Sorry lady, nothing is stopping you from finding a kitchen bitch husband who would give you the same advantages a full time man has with a stay at home wife!

Nothing that is, except for your own hypergamous instincts which cause you to shudder with revulsion at the thought of being married to a househusband who you’d have to support financially!

Yes Maria…all that you and the elite activists and social engineers that have promoted this cultural revolution, you can see all of the changes that have wrought havoc and confusion amongst so many people…yet you think that all that is being done is a good thing? That we need more of the same?

This report is full of inconsistencies. Women are now more equal than ever…but so much more work needs to be done…sexism is still rampant… but women have succeeded and we are a Women’s Nation now…the cognitive dissonance is readily apparent to the objective reader that understands the full ramifications of the cultural and social upheaval we have all experienced in transforming our society into a “Woman’s Nation.”
Just look at Shriver’s conclusion:

> *"As we move into this phase we’re calling a woman’s nation, women can turn their pivotal role as wage-earners, as consumers, as bosses, as opinion-shapers, as co-equal partners in whatever we do into a potent force for change. Emergent economic power gives women a new seat at the table—at the head of the table."*

Wait…in the name of “equality,” women now have a seat at the head of the table? This is a case in point for what Orwell pointed out in Animal Farm: “Some animals are more equal than other animals.” Look at the logical inconsistency of this argument! This is proof positive that the idea of “equality” is nothing but a lie! In the name of pursuing “equality” a Woman’s Nation is about woman becoming MORE EQUAL than men.

> *"Back in 1960, President Kennedy talked about the torch being passed to “a new generation.” Well, five decades later, the torch is being passed . . . to a new gender. There’s no doubt in my mind that we women will lift that torch. We will carry it. And we will light a new way forward."*

A NEW Gender?

President Kennedy talked about the torch passed to a new generation…a term which includes both men and women. But now, Shriver and the elite social engineers that have created this “woman’s nation” have disenfranchised men and they call it progress!

Note the celebrations that women now comprise almost 50% of the breadwinner role…through Men losing their

jobs in record numbers thanks to the current recession!

This is progress?

Translation: Woman are “advancing” because men are suffering! It is indeed a Woman’s Nation…and we are worse off for it – both women, men and especially children.

Notable Commentary from the Original Post

The Fifth Horseman November 4, 2009 at 14:58:

Women earn 75% of what men earn, for generating 70% of the productivity that men generate. Feminists like to leave off the second half of the sentence, and parrot only the first half.

Of course, this makes women’s jobs more vulnerable to outsourcing, given the higher costs per unit of productivity.

All this does is decrease the competitiveness of the US economy, which leads to men Expating, women’s jobs being outsourced, and a shrinking of the tax base that women depend on.

No ‘woman’s nation’ will be economically competitive in a globalized economy. Hence, it is sort of self-correcting, except for the strife in between.

Keoni Galt November 4, 2009 at 15:06:

Note how Shriver is declaring this “it’s a Woman’s Nation” in triumph…yet the substance of her content reflects nothing but conflict, struggle and turmoil in everyone’s lives as a result of the push to turn this into their vision of utopia.

Furthermore, it’s all well and good for Shriver to talk about her mother as a serious role model…and about her own success as a career woman and as a mother. Yet the average mother has nowhere near the struggles or problems associated with a career mom, as she’s married to the Governator, one of the wealthiest actors of our generation, and comes from a family of immense wealth and political connections.

Her and her mother get the best of these social changes they are celebrating, with none of the struggle, conflict or turmoil all of the masses are experiencing.

Limousine liberalism at it’s finest.

The Fifth Horseman November 4, 2009 at 15:19:

A niece of a President and two Senators, who marries Arnold Schwarznegger, has just about the easiest life around. Cushy gigs like her anchor position did not arrive her way due to merit. And I dare say she is the one preventing her husband from making the tough reforms needed to save a state that contains what was once the most dynamic private sector in the world.

Kirt33 November 4, 2009 at 16:22:

> *"Her and her mother get the best of these social changes they are celebrating, with none of the struggle, conflict or turmoil all of the masses are experiencing.*
> *Limousine liberalism at it's finest."*

Exactly right, HL. To paraphrase a comment I saw on another blog: 'working women' is often touted as meaning more women in medicine, law, high-powered careers, etc. In reality, it usually means middle- and working-class moms have to take crappy jobs at Wal-Mart instead of staying home with their kids. Only a relatively few women benefit; most get screwed.

Zeta November 4, 2009 at 17:03:

The government is just a wealth transfer mechanism from men to women. And yet losers like Shriver want us to believe all these women, with their preferential treatment in education, grants, employment, marriage, custody, divorce, alimony, child support… female sentencing discount, on and on – all of this was inconsequential and they got their on their own because they're "strong", independent women. Sorry. It's to the point where the only people I know have earned their way are the straight white guys. They don't have any allies or discrimination in their favor; in fact, it's exactly the logic of these systems favoring women that make the (evil) straight white guy the sucker in this picture.

If more females had a brain they might realize the implications of all this preferential treatment; the few women who actually do achieve on their own will be lumped in with the rest who, actively or passively, accept the female-first benefits in this "Woman's Nation".

The Fifth Horseman November 4, 2009 at 18:55:

Western Feminism has done more to boost the economies of India and China than anything those countries' own governments have done.

Welmer November 4, 2009 at 19:02:

> *"Western Feminism has done more to boost the economies of India and China than anything those countries' own governments have done."*

-TFH, I know exactly what you mean, but a lot of people won't interpret that statement correctly. Elaboration would be helpful for the confused masses.

Expatriate November 4, 2009 at 19:16:

The problem is not so much women or feminists but we men ourselves. Basically a vast majority of western men are brainwashed chivalrous idiots sweating blood to support the parasitical states that in turn take a crap on us daily. Look at all those men who went to Iraq to fight some phony "war on terror" in the process killing hundreds of

thousands of innocent Iraqi's while getting killed themselves to enrich the people who run the fembot state known as the US. That right there is a shining example of the idiocy of a good number of western men, how many of the US casualties in Iraq were women (1%?), compare that to the fact that they makeup over half of the US population, what it basically means is that US men serve as cannon fodder for US women & their gov't.

As long as men don't get out of the Victorian worship of women & chivalrous garbage we will always be slaves to western women & their governments. I feel no obligation to defend this so called "civilization" when it tells me everyday that as a man I am worthless & asks me to bow down to worship the vagina.

Those men who are smart will leave a sinking ship like the West & move to countries less hostile to men, most of Latin America is still not overrun with fembots, same with eastern countries like India, Philippines, Thailand etc. Costa Rica has a Libertarian Party which has been gaining influence & got 10% of the vote last elections, a libertarian state is a mans best friend which is why the fembots will always try to oppose it.

I am considering expatriating there so that I can contribute in building a free society (real freedom not just phony "free" like the US) by supporting the Libertarian Party & educating the men there about the dangers of feminism. Many men who are aware of the situation still want kids & a wife (MGTOW not withstanding) but not with western women, for those guys its best to expatriate to peaceful places like Costa Rica where the chances of you building a family life are much better while supporting Libertarians there who want to get the gov't out of the peoples lives.

I have no intention of spending much longer in this matriarchal hellhole called the West & plan to put my skills to better use in a place where men are not crapped on daily. In fact everytime you pay taxes you are giving your money to western governments so that they can spread the filth of feminism to the rest of the world (like Iraq under the guise of "democracy") & destroy any society that does not put women on a pedestal, i have no intention of contributing my money to such disgusting schemes & hence my expatriation soon enough.
Western women can defend themselves & their "womens nations", I want no part of it.

The Fifth Horseman November 4, 2009 at 19:39:

> *"Elaboration would be helpful for the confused masses."*

Step by step :

1) Women, due to their litigious nature, earn more per unit of productivity than men, contrary to the lies that they tell themselves.

2) Feminists also lobby to get taxpayer money (mostly paid by men) to create more public-sector jobs of no economic value, to maintain women.

3) No-fault alimony and child support=alimony=slavery have confined 10-20% of the male workforce to a situation where they have no incentive to strive for wealth, since 70% of it would be taken away from them. Thus, they have no reason to invent new technologies or start new enterprises. To have 10-20% of men disincentivized this way, cannot be good for the economy.

4) More females voting, and brainwashed by feminists, leads to more taxes and an anti-business climate.

5) All the above 4 points combined lead to the US economy becoming less competitive in an era where capital and

labor are mobile.

6) Hence, countries that have done nothing other than be less accomodating to feminism, receive a windfall of wealth that is fleeing the US.

7) Hence, the US tax base shrinks, and jobs that overpay women relative to their output get outsourced. Feminists try to sue, which only hastens this process.

8) Feminism implodes upon itself, leaving many women poor, unsafe, and with no prospects for marriage either. As soon as 2020.

This is Horseman #3, of the Four.

Reinholt November 4, 2009 at 21:31:

Paradoxically, this situation also makes it harder for women to get married. Why?

Men in the situation I find myself in (educated, wealthy, and with at least some game) are hip deep in women; they are all competing to “date up”, and when, through success, there is less “up”, I essentially have my pick of most people, don’t put up with shit, and have no reason to commit to someone long-term. Why put my assets at risk, give someone else control over my life, and lock myself in with a depreciating asset when I can always trade in for a new one instead?

In the end, this will turn out badly for everyone, but I intend to be long gone from the U.S. by then.

piercedhead November 4, 2009 at 23:38:

So much of what modern women are doing reminds me of how modern Zimbabwe was brought to its knees. Only 30 years ago, it was one of the most prosperous countries in Africa, and its prosperity was a direct consequence of its strong and well managed agricultural sector – unfortunately though, it was white farmers at the helm, and compared to the black population, they were very much a minority. Over its more than a century of European immigration, white settlers developed a complete lack of confidence in Africans being able to govern themselves, and no matter how much wealth they brought, no matter how much better life in Rhodesia may have been for the average African compared to life in, say, Zaire or the Central African Republic, the superior attitude of the whites was their undoing – and the locals didn’t give a damn what it cost them to be rid of them.

For those amongst us who haven’t noticed, Western women have developed a hatred of men that runs every bit as deep as the hatred black Zimbabweans developed for white farmers. As soon as they get a strong sense of their complete dominance over men politically, they will probably do exactly what Zimbabweans did: they will quite happily see the law of the land suspended for the hated group. They will cheer on any politician who promises them the proceeds of confiscation of their assets. They will make emigration possible only if they leave with nothing more than the clothes they are wearing. They will be deaf to any argument that the economy will suffer and that they will end up starving – it will be something too abstract and too far off to counter the more immediate pleasure of seeing the enemy take a beating.

And then one day they will realize they live in a police state presided over by a dictator, their currency will be worthless, nearly everyone will be living in abject poverty, and public health pandemics will be routine. Everyone

will have long forgotten their hatred, and will privately wish for the old days back again, but no-one dare say it. Instead, they will try to re-create it by quietly leaving and going to another country where the wealth and comfort can be found, and they won't care who rules, or be too concerned that they will be accepted only into the lowest social caste. They will be that grateful simply to be fed.

Western men are in a similar position as the white farmers of Zimbabwe in the late 70s. Although still politically in charge, and still influential in the country's economy, the end of that power is very near. As soon as it is lost, their wealth will be stripped from them, special laws will be enacted specifically aimed at restricting them, and the power that replaces them will have a popular mandate to do whatever it pleases to them.

The only two major differences are that we are not the same significant minority as the white farmers were, and we are not as disconnected in terms of family relationships. Whether that's enough to avoid the same fate remains to be seen.

Gunslingergregi November 5, 2009 at 04:11:

Laws pervade and intrude upon every area of life in us. From spanking your kids to every facet of how to raise them to how you treat each other in home to where you can smoke to when you can drink to what you can do. What drugs you can take and who you can fuck. Cradle to grave already. You think its not already carried away? You think it won't get worse?

Then they intentionally bring in people to take jobs from people who where born and educated in the us for same job. Then you have an ad for intel with a picture of their employees and it is completely diverse along with pictures of workers from every other company except whites still make up 70 percent of population but only represent 20 to 33 percent or 0 in what is supposed to be the picture perfect hiring practices of major corporations.

I mean shit they tell you how much money you can give away. How in the fuck can people seriously call that a free country in any way shape or form?

Expatriate November 5, 2009 at 05:33:

Gunslingerregi is right, the whole notion of being "free" in the US is just a facade, it may have been true 150 years ago & even then only for certain groups of the population, its definitely not true today. The US gov't regulates almost every aspect of your life from the size of your toilet bowl to your marriage arrangement. Jefferson already foresaw the future of US when he said that the nature of government is to grow.

HUNGRY HUNGRY HIPPOS YO November 5, 2009 at 23:16:

I wonder what the history books 100 years from now will look like when documenting this "advancement" of women in American society.

Renee November 6, 2009 at 22:00:

> *"That masculinity in men has been castigated and demonized for decades now, while masculinity in women has*

> *been relentlessly promoted and inculcated into the mainstream, cultural consciousness."*

"Masculinity in women"? What do you mean exactly? I ask this because for a while I've been thinking that some traits that were considered traditionally "masculine" weren't really "masculine" at all but could be found in both sexes.

> *"It was a draw? But you're declaring victory by calling it a "Woman's Nation!" If it were a draw, wouldn't it simply be 'A Nation?'"*

That's true. Ideally, or at least to me, this wouldn't be a "Man's World or Nation" (however you want to call it) or a "Woman's Nation". Just "the Nation or "the World". My question is, do you want it to be like that or do you want it to go back to being a "Man's World/Nation"? I'm just trying to get a sense of what you're ultimately saying overall. I have an idea, I just want to be sure.

Keoni Galt November 9, 2009 at 13:42:

> *"Masculinity in women"? What do you mean exactly? I ask this because for a while I've been thinking that some traits that were considered traditionally "masculine" weren't really "masculine" at all but could be found in both sexes."*

The promotion of masculinity for women has been an ongoing, gradual process that has been pushed on a wide variety of fronts. From gender neutral clothing, to the portrayal of masculine behavior by celebrity women in the mainstream media…behavior for which no "LADY" in the past when social shaming was the norm, would never engage in cursing, spitting, and openly and proudly sexually aggressive.

> *"My question is, do you want it to be like that or do you want it to go back to being a "Man's World/Nation"? I'm just trying to get a sense of what you're ultimately saying overall."*

One of the things I believe is that "A Man's World" of the past was really no such thing. The idea that in the past all of society was structured to benefit men and that women where oppressed and downtrodden and treated as second-class citizens is nothing more than a big lie fostered by the cultural marxist/social engineers to foment the gender war and promote feminism.

When it was a "man's world" it was really a well ordered world of social expectations and behavorial mores that most people were raised to ascribe to. The feminist movement made it's gains in shifting the culture by pushing propaganda that focused on all of the benefits men attained in fulfilling there gender role expectations, and ignoring all of the responsibilities…and conversely focusing on the responsibilities and negative aspects of the female gender role and ignoring the benefits accorded women in their expected gender roles. It was never a "man's world."

It was simply a world with clearly defined gender roles that were encouraged and enforced by social pressure and a culture that had a clear moral grounding. It was just as much a woman's world back then as it was man's. Whereas now, "It's a Woman's Nation!"

miles November 10, 2009 at 01:12:

HL, you are right about the Rockefeller Foundation. That group is both funding population-control advocacy groups and feminism. It becomes obvious the latter was cultivated as a arm of the former when seen in this light. Its apparently the Rockefeller Foundation's, or whomever is running it, belief there are way too many human beings in the world, and they seek to get us to voluntarily lessen our numbers each generation.

Would it have not been more logical to just -ask- people to limit themselves to two children per family on the basis of reason rather than to underwrite a ideology (feminism) that has caused so much unhappiness and unmet expectation instead? I think it would have been. Funny how its only working in the West, and not where population control was truly out-of-hand anyway. The best-laid plans of mice and men, etc.

Kamal S. November 17, 2009 at 15:37:

> *"Its apparently the Rockefeller Foundation's, or whomever is running it, belief there are way too many human beings in the world, and they seek to get us to voluntarily lessen our numbers each generation."*

Does this actually shock anyone?

Do serious research in the SOCIAL history of Progressivism, the Liberal Left, Fabian Socialist, Eugenics, and Social Biology.

A good bit of research into the history of the Rockefeller Funds and Foundation is also relevant..

All too often we inherit ideas without an inquiry into their historical development and origins.

Fascinating indeed, is the history of ideas.

Sheeple Watching - FUPA

Keoni Galt · 13 November 2009 · Archived copy · Original

The second in a series of random observations and fleeting thoughts that flit through my mind lately whenever I walk about in public and observe the average, brainwashed, indoctrinated and oblivious American Sheeple.

The Definition of Insanity

Most people have heard of the old "The definition of insanity is doing the same thing over and over again and expecting it to come out different."

The old maxim popped in my head the other day while I was standing in line at the grocery store, watching a FUPA in front of me loading up her purchases onto the checkout stand's conveyor belt.

 For those unfamiliar with the term, FUPA stands for Fat Upper Pubic Area. In other words...not typically overweight people, not even obese people...but morbidly obese folks.

And it seems like there are more and more of them everywhere I go.

Now lest you think I'm taking this opportunity to cruelly point the finger of ridicule on the morbidly obese, let me make myself clear: seeing such people makes me sad and angry. I'm NOT engaging in an exercise of cruelly indulging in personal character-diminishing schadenfreude here.

I'm sad and angry that we live in a society and culture for which lies and propaganda propagated for a wide variety of reasons, has resulted in a populace of people that have been slowly poisoning themselves to death on foods under the mistaken notions of what is and what is not a nutritious and healthy diet.

And while I do feel pity at the victims of these lies and propaganda, I still hold people to a standard based on my own values of personal accountability. Which brings me back to my observations of the FUPA lady piling up her assorted grocery choices onto the conveyor belt at the checkout stand and my opening quote about the definition of insanity...

Why can't this lady, like millions of other people out there who are morbidly obese, make the connection between all of the food products she's buying and consuming, and her state of extremely ill health?

Her cart was overflowing with diet cola, fat free frozen "Weight watchers" dinners, fat free dessert cakes and crackers and chips, and fat free yogurt and fat free ice cream, along with meat and produce.

How many years can such people continue to buy and eat this garbage, and see the kind of results that look back at them in the mirror every day? Is it not INSANE?

[image]Take a look at any packaged, processed food item found on the shelves of the grocery store...most of these products have some sort of label indicating "fat free" or "Lite" or "Low Fat."

As I've written extensively on in the past, one of the biggest lies ever promulgated by the giant Food processing industry was the implications via marketing slogans and promotions on their labels that eating "FAT" makes you fat. There are literally thousands of products in grocery stores that all promote this absolute lie.

Hell, you can actually buy ground meat that is CHEAPER because there's more fat in it's content.

And you have people, herded to their grocery stores like sheep, mindlessly buying these products and eating them...thinking they are at least trying to do something about their dreadful health problems associated with morbid obesity...and actually contributing further to their problems.

Than they get desperate and resort to literal modern day butchery procedures like bariatric surgery, to try and fix a problem...rather than actually deal with taking an objective look at their dietary choices and come to the rational conclusion that eating all of this fat free and lite foods ISN'T WORKING!

[image]But I guess the conventional wisdom and current zeitgeist as promoted endlessly by our mass media culture is too powerful a force to overcome.

There's a reason why large scale dairy producers have a vested interest in selling and promoting all of this 'fat free' and 'lite' dairy products: all of the butterfat is the primary ingredient in producing the highest quality ice cream and butter..which of course sells at a premium price.

And what better way to make a fortune off of both ends of the spectrum than to take the fat from the dairy to produce a premium priced dessert foods and taking the leftover, de-fatted, de-flavored, and de-vitalized by-products, add a bunch of sugar and perhaps natural and artificial flavors, and than sell it as health food? And millions of fat and obese people buy this stuff thinking it will help them in their futile battle of the bulge that they are so obviously losing...

The situation here is absolutely ludicrous...I still have a hard time accepting that people are so deluded and brainwashed by marketers and duplicitous government agencies that have colluded with processed food manufacturers and giant agricultural corporations into promulgating such dietary lies, that they are unable to make the connection between their ever expanding waistline and all of that fat free, lite "food" they're buying and eating?[image]

I almost wanted to grab this lady by her shoulders and point to her grocery choices and than point to her FUPA and ask her if she can't figure out why she's buying all of this "health" food and not getting healthy? HELLO?!?!? IS THERE ANYBODY HOME?

It disgusts me.

Worse yet, I cannot be too judgemental, because it was only about 4 years ago that I myself awakened from the blue-pill reality of our matrix-like existence.

I was developing my own unhealthy deposit of belly fat and a double chin while shopping exactly like this lady I was observing.

I was drinking diet soda every day.

Eating "low fat, low sodium" turkey bacon.

Ground Turkey substituted for all of our recipes that called for ground beef...because they were "leaner."

Sustitute sour cream. Fat free yogurt. Substitute sour cream that was "lite." Fat free Coffee Mate "cream." Fat free soy milk instead of real milk. My wife and I were buying and consuming this artificially produced CRAP for YEARS.

I graduated from High School weighing 155 lbs.

Only when I hit 220 lbs. at 32 years of age, and had to begin contemplating buying new clothes to accommodate my expanding waistline, did I finally take a good hard look at my diet and come to the conclusion that something wasn't quite right...I finally asked the questions about the conventional wisdom I had unwittingly followed for years:

What if it had all been a big fat lie?

The Hammer & Sickle Diet

Keoni Galt · 20 November 2009 · Archived copy · Original

[image] Many MRA bloggers have taken great pains to make the connections between feminism and communism and there role in undermining Western Civilization to prepare the way towards global governance. Rob Fedders from No Ma'am recently connected all of the dots regarding feminism, communism, suffrage and the lie of democracy on a recent comment over at the Spearhead.

But there is another connection between the goal of the social engineers who are carrying out the long march through Western society...

Mary Sparrowdancer, an investigative reporter for Rense.com, recently published an article entitled US Communism, Food, Healthcare, which discusses in part what she calls the Sickle & Hammer diet:

> It was the industrialization of grain agriculture that should have eventually given us a very clear clue of the identity of those taking over the United States from the inside. Our clue should have come from the flag of the former USSR, which contained the symbols that represented communism: a hammer and a sickle. The hammer represented industrialization and the sickle represented agriculture. The combination of industry with agriculture is one of the ten steps toward achieving a communist state as outlined by Marx and Friedrich Engels in the Manifesto of the Communist Party.

I've spent an innumerable amount of time researching the various tangential points regarding diet and industrial mono-cropping and the propaganda for which the big, agricultural corporations have financed and disseminated...but I never once thought to try and make the same connections to the ill health of our modern conventional wisdom regarding diet and nutrition, are the same ones connected to the very same cultural Marxist social engineers fomenting of the gender war and the feminist movement!

> By the early 1900s, the Communists had succeeded in putting a Comrade in the White House, who, acting as a dictator then helped them establish Marx's income tax on Americans' labor, thus now redistributing private wages that belonged to the laborer to others who the State felt "needed" them. This was unconstitutional and historically forbidden in this Republic. He also created a banking monopoly called the "Federal Reserve," and established State terrorists called the Internal Revenue Service who would enforce and carry out the confiscation, redistribution and abolition of private property. The U.S. also witnessed the finalization of the compulsory state "education" of all children in all states throughout the nation. The "demoralization" phase was well underway as the dreams and individuality of the nation's children were snuffed out, their creativity dampened while they were given an abysmal "standardized" education that would prepare them to become a nameless laborer working 9-5 for industry. Changes and amendments were also made to the Constitution to better suit Communist goals, and the Communist party gained complete control of the media. At that same time, the nation's diet changed when Americans began to rely upon the "standardized" grain-based diet of Marx's industrialized agriculture.

No wonder we have an unconstitutional bureaucracy such as the US Dept. of Agriculture's "Food Pyramid" that

recommends 8 or more servings of GRAIN based foods at the base!

> As recorded by the US Census Bureau, industrialized corn production went from 7.5 hundred million bushels in 1870 to almost 27 hundred million bushels in 1900. Just as communism focuses on the importance of the State and its redistribution of wealth to the masses than it does on the individual, mass production in industrialized agriculture cannot waste much time concerning itself with the quality of any particular product. There was a problem with that mass produced corn.

I wish it WAS a problem...in fact it's actually gotten worse since than. Look at your ingredients on almost any packaged, processed food product in your grocery store. There's a good chance there is some form of corn in it: Dextrose, maltodextrin, High Fructose Corn Syrum, corn oil...other than Soy, Corn is in everything!

> The new "progressive" farming goal was to grow a limited variety of grain and cereal crops on vast tracts of land. Chemical fertilizers were used to force crops from the exhausted earth without concern for that impact. Heavy machinery replaced the once important farmers who, in the past, represented over 90% of the US workforce. This progress of industry was also without concern for the damage to the earth, topsoil, farming or families. Local family farms were absorbed by agricultural monopolies, and processed grain and cereal products became massively available, as planned.

Remember this the next time you read some propaganda or some useful idiot repeating the lies about how everyone should go vegan to "save the Earth!" Mono-cultured industrialized agriculture has been one of the most environmentally destructive practices ever inflicted on the face of the Earth!

> In the process, however, many Americans lost their former easy access to local, fresh fruits and fresh vegetables. Therefore, the industrialized grain movement not only changed America, it also drastically altered the diet of Americans. For the first time, like laboring peasants elsewhere, Americans became largely dependent on a diet of grains.
>
> This new diet was not based on the nutritional needs of individual, but on the needs of the grain-agriculture industry. The new American diet suddenly went from a varied diet with plenty of fresh, locally grown fresh fruits, and fresh vegetables, fresh clean local dairy and meats, to a diet based on cheap, mass-produced, starchy grain and cereal products that had long shelve lives and could be easily transported over vast distances.

Bacon and eggs was once the ubiquitous mainstay of the American household for breakfast. It still is in the UK. But not America. Grain based foods have become what people consider a "healthy" breakfast, no? Corn flakes, bran flakes, bagels, pastries, breads, pancakes, whole grain cereals...

...What's for breakfast, Komrade?!?!

> The food industry was no longer local, decent and trustworthy, but was now "standardized," dangerous and

> frequently filthy. The U.S. Department of Agriculture (USDA) would eventually issue a piece of propaganda called the "Food Pyramid," which advised Americans that their diet should have a foundation consisting of starchy breads, cereals and pastas, "6 to 11 servings a day." It was a recipe for disaster.

Indeed. She than goes into greater detail about how the first experiments in mass producing corn products resulted in a pellagra epidemic because the industrialization process removed much of the nutritional content of corn grains, which caused widespread malnutrition. But the milling process that devitalized the corn was too profitable for the industrialized production...so they "enriched" the resulting products with synthetic vitamins so that pellagra would no longer be caused.

Remember this little piece of knowledge the next time you go grocery shopping. Note the wide variety of products with the label "enriched" on there.

Understand that "enriched" means the processing the food has undergone has devitalized it and eating it in it's processed state will cause malnutrition...so they've 'enriched' it.

That's because REAL food that nourishes and strengthens your body is food that is fresh, naturally produced, AND IT SPOILS. It is not conducive to mass production in a central location and transportation over long distances and for long term storage!

Coincidentally, this is also why Milk is pasteurized - which destroys the vitamin and nutrients in the milk, and why it has to be homogenized and fortified! All so it can be mass produced, stored and shipped!

This is what has been done to the American food supply, writ large!

> The resulting systemic symptoms experienced by an entire nation of Americans on a hammer and sickle diet would also be chemically treated, just as they are today, by the wealthy, industrialized "medical" monopoly machine, which was also created during the Progressive Era.

Which is precisely why the medical industry almost always focuses on pharmaceutical solutions to alleviate symptoms rather than actually taking a good, hard look at dietary effects on degenerative diseases, and recommending changes in eating habits to restore health...

...there's no profit in that!

> In 1901 the American Medical Association (AMA), reorganized, establishing a new policy-making body, and "policy-making" as well as "regulations" would soon become a form of new power and wealth opportunity for the industrialists. In perhaps one of the most unique methods of securing a monopoly and eliminating competition, Fred Kilmer, the Director of Scientific Affairs for Johnson & Johnson, gave his expert opinions regarding public health to the government in order to help formulate a law that would become known as "The Pure Food and Drug Act of 1906." This would eventually become the Food and Drug Administration (FDA). This law prevented the sale of "adulterated or misbranded" foods, drugs, medicines, etc. According to the American National Business Hall of Fame, while the "less scrupulous" competitors of J&J were forced to change their methods and products, "all of Johnson and Johnson's products and processes met the new

> regulatory standards" that their employee, Mr. Kilmer, helped write.

Gee, this sounds familiar too! See how that works? Large, industrial corporation funds the creation of a regulatory agency that produces guidelines that penalize or eliminates competition. Remember the equation I came up with last month: Government Regulation + Industry = Cartel.

> Medical journals dating back to the 1800s reveal that physicians were well aware then of the dangers of a starchy diet. Physicians also knew then about the need for catalase and other enzymes from fresh raw foods, and that the diet must optimally be based on a wide variety of foods producing the slightly alkaline pH in which many diseases, including cancers, cannot thrive. Catalase converts the extremely toxic (and flammable) hydrogen peroxide that accumulates in our bodies to harmless water and oxygen, but catalase is destroyed by high heat and an improper diet. Without catalase and other enzymes from fresh raw fruits and vegetables, foods are not properly digested.
>
> Decent diets consisting of colorful fresh fruits and vegetables were important preventative prescriptions in the 1800s, along with plenty of fresh air, sunshine and exercise.

First, they corrupted our food supply. Than they told us that the Sun would kill us all with skin cancer. Only now studies are showing that vitamin D deficiency is one of the primary causes of ALL forms of cancer!

> By the mid 1800s it had been "proved beyond question" that eliminating or even reducing "starchy and saccharine substances" most notably white bread from the diet of a diabetic, would result in a decrease in urinary sugar output. The elimination of starch, therefore, was already being used as a treatment for diabetes. It was also known in the 1800s that if the diet contained dairy it must be in the form of unadulterated, raw, chilled, and scrupulously clean dairy, rather than industrialized dairy because only fresh and raw foods contain the full matrix of nutrients needed for optimal health.
>
> All of the nutrient-based knowledge once available to us in the 1800s was thrown out the window during the Progressive Era, when, as monopolies were being established in the U.S., propaganda told us that modern is always better and new is always improved. We can now see that this was and is a lie. Deaths from heart disease and cancers have continued to climb since Americans were switched to the hammer and sickle diet. According to "The War on Cancer," in the year 1900, there were 12,769 deaths blamed on cancer. The number of deaths blamed on cancer during the year 1940 was 158,335. The number of deaths blamed on cancer during the year 2001 had reached 553,768.
>
> According to a report written in 1960 by the American Association for Cancer Research, "Cancer patients had a 22 per cent lower liver catalase activity than cancer-free patients." According to a National Institutes of Health report, a 1996 study of breast cancer risks found that "Vegetable and, particularly, fruit consumption contributed to" a decreased risk of cancer. They concluded, "thus, the preventive potential for fruit consumption has widespread implications." According to a report found on the American Academy of Periodontology, "Research has shown, and experts agree, that there is an association between periodontal diseases and other chronic inflammatory conditions, such as diabetes, cardiovascular disease and Alzheimer's disease."

> Industrialized medicine, however, pays almost no attention to basic nutrition and the effect it has on the human body. According to the AMA's "Concise Medical Encyclopedia" of 2006, they were still advocating the USDA's now slightly revised Food Pyramid, which is still promoting a hammer and sickle diet but with new emphasis now on "whole grains."

As those of us that have discovered the Primal Diet know full well...the difference between processed grains and "whole grains" in terms of dietary health is like the difference between smoking filtered and un-filtered cigarettes. One will kill you faster than the other...but you're just as dead if you smoke 'em long enough.

> While the government refuses to acknowledge its own folly, the FDA recently sent warnings to 29 fruit growers for claiming health benefits found in their fruits, including reports of pain relief that many experience after drinking tart cherry juice. According to the FDA warning, "articles intended for use in the diagnosis, cure, mitigation, treatment or prevention of disease in man-are drugs." Cherries are now drugs, and therefore they are now in need of more regulations.

Isn't it wonderful that we have an organization such as the FDA looking out for us and protecting us from unscrupulous fruit growers who would DARE to make unfounded and non-peer-reviewed-researched health claims for their produce?!!?

Eddie Would Go

Keoni Galt · 9 December 2009 · Archived copy · Original

[image]
I awoke this morning and turned on the boob tube to watch the morning traffic and weather reprot, only to find out the Quicksilver Eddie Aikau Surf contest at Waimea Bay was on!

This is THE Big Wave surfing contest. The waves must be 20 feet high or bigger for them to even consider holding the event. The last time it was held was in 2004. It's pretty much a once or twice a decade event when the ocean conditions are good enough to hold this event.

[image]
The reason why I titled this post: Eddie Would Go is because that is a phrase that has become a popular bumpersticker and saying here in Hawaiian which refers to Eddie Aikau, a renowned waterman and lifeguard. He rescued innumerable swimmers from drowning in Hawaii's waters as a lifeguard, and actually gave his life trying to swim for help as a crew member of the voyaging canoe Hokule'a that was capsized when they were caught in a severe storm. While he's venerated and honored for his lifeguard heroism and self sacrifice, the event for big wave surfing held is held in his honor because he was one of the pioneers in the sport of big wave riding. You can read more about this great Hawaiian Waterman here.

Anyhow, while I was watching the TV news reporters go on and on about the event and it's history as well as discussing the man for whom the event is held to honor, there was one thing I couldn't help but notice:

In our world of Gender Equality...there were no women surfer's who are official invites for the contest.

Is this Sexism in surfing?

C'mon ladies...why don't you load up your boards and paddle out and show us how you can do anything a man can do...

The Matriarchal Ghettos in Hawai'i

Keoni Galt · 11 December 2009 · Archived copy · Original

[image]
I have oft read many an anonymous commenter on various websites indulge in racial denigration and racial superiority debates, often backing their racist assertions with race based crime statistics. I believe there is in fact a large segment of white Americans that are absolutely sick of having all the blame for all that is wrong in the world today in politically correct mainstream society, laid at their doorstep...and many embrace racism out of anger and out of a sense of wanting to fight back from their mass indictment by our Brave New World Order.

Many don't even really realize it, but the primary point of the issue of criminality and what kind of people are predisposed towards it is NOT race. It's about the destruction of the nuclear family through the loss of the role of Fatherhood for males, and dependence upon the Government by females. One can look at ANY 'poverty-stricken' community or inner city ghetto, and you WILL notice the common denominator if you look for it: the lack of an intact, Father-headed family.

Whether one looks at the inner city denizens of New York City's worst areas, to a Southern States "white trash" trailer park, the common denominator of single mother headed households, violent and abusive boyfriends, welfare recipients, and the majority of older men in their communities are either dead, maimed or incarcerated. The particular ethnic race of the community doesn't mean a damn thing.

The Matriarchal-modeled community funded by the Government's welfare system is THE single biggest determinant of whether or not a community will be mired in crime and an endless cycle of poverty.

Racism is but one grand distraction meant to misdirect people into thinking the source of their communities pathology is related to systemic oppression of a minority class by a racist majority.

The truth is that both the "minority" and the "majority" are BOTH under the oppression of the elite power brokers of our corrupt system...and playing the race card is one of the most effective ways they have for implementing the OLDEST strategy in the book: Divide and Conquer.

The same principle plays out just the same, even here in Hawaii.

On the island of O'ahu, we have several areas that everyone "knows" is the "bad" part of the island. Yes, even here in tropical paradise, we have our matriarchal ghettos.

Most infamous on O'ahu is the entire Western Coastline of this island, known as the district of Wai'anae. (That's pronounced "Why-uh-nigh")

In the days before Western contact, Wai'anae was prized for it's mullet fish ponds, as the name translated from Hawaiian means "Mullet Waters." Like all of the other main Hawaiian islands, the Leeward coast is home to some of the most beautiful beaches in the world. However, tourists are advised to avoid going there, and many local residents do as well. As a song from a local group that world famous "Bruddah Iz" first got his start in the Hawaiian music biz with, the Makaha Sons of Ni'ihau, recorded a song about Makaha, a town in Wai'anae that had this refrain:

> "But beware, the Boys will be there to set your cars free! It no matter if you lock your door...the Boys will still score."

That song was written back in the 70's...and nothing has changed as far as that observation goes in 30+ years.

I've known avid surfers who specifically bought old, run down jalopy cars just to go surfing, so they could park at some of Wai'anae's best surf spots so they could paddle out and not worry about their cars getting broken into and/or stolen.

The real problem, as I see it, is that Wai'anae is home to the largest population of Native Hawaiians on the island...but like everywhere else in Hawaii, it also has a large population of other minorities that live there. But the reason why I mention the Native Hawaiian population is because for the most part, much of the Native Hawaiian population is deeply rooted into the ideology of victimization by the colonialization of the West. Yes folks, the exact same resentments and hatreds of "whitey" are nourished by the Hawaiians of the 21st century, just like they are in any Black ghetto in America today. Their personal lives, the decay of the social order of their community, the crumbling infrastructure...none of that is anyone's fault..but the 'haoles' that "took all the land and left the Hawaiians with nothing!"

Now...I write this as a man who is in fact of part Native Hawaiian blood. I've also spent serious time in the home base of the Hawaiian Sovereignty movement - the Hawaiian Studies department at the University of Hawaii. I've taken classes from the foremost proponents of the 'hate haole's' Hawaiians. In some ways, Hawaiian activist Haunani Trask is the Hawaiian equivalent of Al Sharpton.

I've been through hours of "education" regarding the "deconstruction" of Western Colonialism. I've endured endless lectures and speeches by activist teachers that tirelessly preached about the injustices the haole have done to the Hawaiians and indigenous peoples the world over.

And while I considered this education as quite eye opening, there was one thing I also understood: these people were trying to create activists to effect cultural revolution to gain political power. I took Hawaiian Studies to learn more about my heritage, my history and my culture. I was looking to find my familial roots. And in those regards, I learned plenty. I don't regret for a single moment, taking all of the Hawaiian Studies courses that I did when I was in college. But I also was fully aware of the ideology of victimology that permeated almost everything we had to study. While I was cognizant of this subtle indoctrination, I also saw many of my classmates embrace it full on, and become angry activists just like our professors.

I, on the other hand, have been raised on the ideology of personal responsibility. My full blood Tutu (Hawaiian Grandmother) used to scoff at the Hawaiian activists whenever they were portrayed in the media, usually in full diatribe mode about the injustices Hawaiians have endured under the greedy, evil haole. She would tell us kids "You mess up, you got no one for blame but yourself. Don't blame da Haole."

And this, in a nutshell, describes the social conditions of the Matriarchal community that is Wai'anae. It's never anyone's fault but 'the haoles.' "Fucking Haole" is used as gratuitously and openly in public as "Nigger" ever was by prejudiced white folks in mainstream American society prior to the Civil Rights movement.

Women justify their welfare dependence - their section 8 housing subsidies and their WIC food stamps - as simply getting something back from what the haole have stolen.

Just as other minorities in other community ghettos across the world, "Racism" is the tool to create a class of dependents easily controlled by their own hatreds and petty bigotry. Rather than focus on what they themselves are doing, they always have "the man" to blame for any and all behaviors they partake in.

One could read Dr. Daniel Amneus' description of the Matriarchal Ghetto and see all of the exact same characteristics he describes in the Wai'anae coast communities.

Now, the reason I bring this entire topic up was because the local, left wing, socialist/collectivist/communitarian "underground" weekly bird cage liner/fish wrapper, community paper, the Honolulu Weekly, dedicated this weeks feature story to the problems of Wai'anae as seen through the eyes of a few of the Wai'anae high school students. When one has his or her eyes opened to the realities of how the Matriarchal welfare State BUILDS the kind of ghetto community that is Wai'anae today, it's fascinating to detect all of the cultural marxist, socialist, left wing progressive attitudes and indoctrination in their featured story, Inside Wai'anae.

Let the Fisking Begin...

> Ask kids at Waianae about what high school is like and most of them bring up fighting before anything else. To some, it's a necessary distraction. If you don't know how to fight, you get teased or, worse, beat up. Sticking up for friends is a must, too–it's what led Crystal to get punched in the jaw by one of her male classmates.
>
> "I was trying to hold this boy back because he was trying to mob one of our friends," she says. "So I was holding him back and he punched me. It's scary but we're used to it."

Why of course you are. Men beating women is something every denizen of a Matriarchal ghetto the world over is used to seeing on a regular basis. In a place where it's common to have a welfare mother with four kids from three different fathers and a convict on parole boyfriend living with her and her brood in her section 8 housing, her kids have an upfront and personal view of men hitting women all the time.

This girl continues,

> ...Plus, people never use guns or stuff like that. It's not the mainland, just straight-up Waianae."

I suppose there is something to be said for this. Unlike most other Matriarchal ghettos in the US, gun violence is not a significant problem compared to elsewhere.

However, I'd also like you to take note of her last phrase: "...just straight-up Waianae." That is community pride.

Most people from Wai'anae know damn well that their community is a criminal haven full of domestic and gang violence, drugs, run down homes, decrepit infrastructure...yet they still have a strong sense of pride. I suppose there's something to be said for people that take pride in coming from a rough, lawless place.

But what gets me is more than few folks are PROUD of being welfare dependents. I once saw a bumper sticker on a truck driving towards Wai'anae that declared

SECTION 8 - NO SHAME!

I also noted that this truck that proudly declared their welfare recipient status was also sporting very expensive rims, off road tires, a lift kit, tinted windows and a loud stereo system. Thousands and thousands of dollars in modifications to create a "G" ride...yet proud of the fact that the driver takes tax dollars from working people to pay their rent.

I wanted to run that truck off the road.

One can also see a similar phenomenon in the grocery stores too. Women pushing their broods of bastard kids from multiple fathers, purchasing groceries with their WIC debit cards...all while sporting thousands of dollars of Hawaiian Heritage gold jewelry and having hundreds of dollars worth of tattoo artwork adorn their bodies.

But I digress...

> “If you look at Waianae, and specifically the high school, there are some indicators from the school and within the community that speak to the fact that this is a low-income area,” says Sylvia Yuen, director of the Center on the Family at the University of Hawaii at Manoa. “We know that being of low income can lead to a lot of poor outcomes for teens: a higher dropout rate, more kids not going on to college and so on.”

Oh the irony. A woman who is the director of the "Center on the Family" has to look at "indicators from the school and within the community" to indicate Wai'anae is a "low-income area." It is a "low income area" PRECISELY because the FAMILY composed of a Father and a Mother is NOT the center of the community. That "Center" is the single mother and her provider, the Welfare State.

> Waianae High School has posted the highest drop-out rate of any high school in Hawaii since at least 2001. Last year’s drop-out rate–as tallied over four-years starting with the graduating class’ freshman year–was 30.6 percent, compared to a state average of 11.9 percent for public high schools that submitted data to the Hawaii Department of Education. That’s compared to 7 percent nationally.

This drop out rate probably corresponds also to a higher rate of incarceration of young boys and the higher rate of teen pregnancies...all hallmarks of the Matriarchal Ghetto.

> But to get at the root of these problems, the students at Waianae are right to insist that adults must attempt to understand the complexities of the world as teen’s today experience it.

The students have no clue about getting to the root of the problem. That's because the root of their problem is the social breakdown that is endemic to any community that is comprised of single mother homes subsidized by the State Welfare system.

> When it comes to sex, the girls say it isn’t as easy to say no. They say a lot of girls in their class started having

> sex in eighth grade, when they were still at Waianae Intermediate School.
>
> “I even knew some seventh graders,” says Tina. “Most of it’s pressure from the guys. And you’re not going to go home and talk to your parents about it!”

Note the female rationalization at work here: MOST OF IT'S PRESSURE FROM THE GUYS.

Remember folks, it's always the guys who pressure for sex! Young girls don't want sex...it's the GUYS who are at fault.

> Students at Waianae say that it isn’t for lack of education–or access to birth control–that their classmates end up getting pregnant.
>
> “There’s a lot of pregnancy here,” says Erica, a sophomore at Waianae. “Like, a lot. The majority of people have sex, I think. They taught us all about condoms, but sometimes people just don’t use them. I don’t know why.”
>
> “We learned how to put a condom on a pickle,” laughs Robert. “And a banana!” Heather chimes in.
>
> Students at Waianae talk openly about sex, and say some of their peers see parenthood as a means to celebrity, and babies as accessories.
>
> “For some people, having a baby is popular, yeah?” says James. “Because everybody will start knowing them and everybody will start recognizing them. It’s a status symbol, definitely.”
>
> Others say teen pregnancy begets teen pregnancy–that girls see their teenaged older sisters with babies and envision themselves as mothers, too.
>
> “Babies who are born to teens are most likely to have a lot of issues,” says the Annie E. Casey Foundation’s Beavers. “They’re more likely to be born into families that aren’t economically stable, they’re more likely to have a low birth-weight, the list goes on and on.”

These are 14 year old girls, exposing the LIES of secular lib-tards that insist SAFE-SEX EDUCATION is the only way to combat teen pregnancy.

The key to be gleaned from this article written by your typical left wing progressive retard is this: INCENTIVES MATTER ON INFLUENCING HUMAN BEHAVIOR.

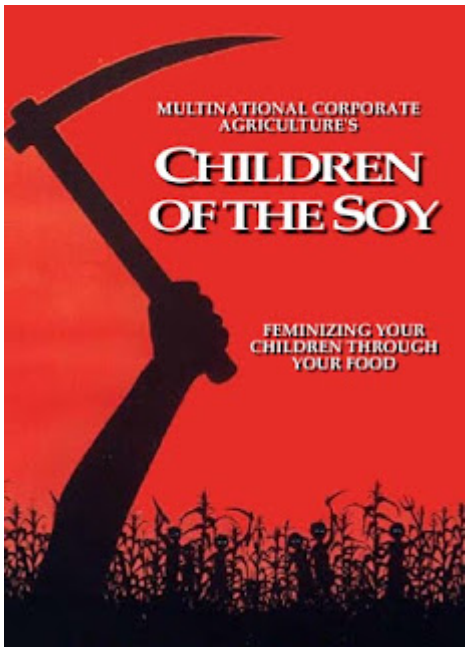
Young teens in a Matriarchal Ghetto community don't really see a downside to having children while they themselves are still children. Why not? It's not like they're gonna have a hard time with shelter (Section 8) or food (WIC). In fact, it gives them status amongst their peers.

But remember...the crime, the pathologies...these are not the results of the Welfare State! It's the "fucking haole!"

Whether your black, white, red, pink or green...and whether you live in an urban inner city or on the coast of some of the most beautiful beaches in the world...the socio-economic state of your community will predominantly depend upon the foundation of that community - the family structure. Is it a community built upon Patriarchy, or the welfare-state Matriarchy?

Children of the Soy

Keoni Galt · 17 December 2009 · Archived copy · Original



From the SpearheadFiles
December 17, 2009

Learn to fear She Who Walks Behind the Rows.

There is a lot of confusion when it comes to the health effects of Soy in the human diet. There are some things people need to realize before they conclude whether or not they should include this substance in their daily diet….but for most of you, it already is.

Unless you read labels religiously to purposely avoid eating soy products, chances are you have eaten some form of soy in just about every meal you've eaten – especially if you regularly eat at restaurants (fast food or not) or any kind of food that comes boxed, wrapped or pre-prepared for convenience.

First thing to consider is that the Soybean plant is similar to all other legumes: in their natural state, right from the plant, all legumes have a host of anti-nutrients in them. Traditional cultures around the world have intuitively understood this, which is why preparing legumes in traditional cuisines almost always involved pre-processing of the legumes to neutralize these anti-nutrients.

This is a very important point to remember – the traditional uses of Soy by Asian cultures was almost exclusively based on soy foods made through fermentation, which rendered most of the anti-nutrients harmless and even beneficial. Miso, Shoyu (traditionally brewed soy sauce), Natto and Tempeh are all examples of traditionally fermented soy foods that were a part of traditional Asian cultures diets.

So what anti-nutrients are a part of the Soy legume, and how do they affect the body? From Soy Online Service:

High levels of phytic acid in soy reduce assimilation of calcium, magnesium, copper, iron and zinc. Phytic acid in soy is not neutralized by ordinary preparation methods such as soaking, sprouting and long, slow cooking.

High phytate diets have caused growth problems in children.

Trypsin inhibitors in soy interfere with protein digestion and may cause pancreatic disorders. In test animals soy containing trypsin inhibitors caused stunted growth.

Soy phytoestrogens disrupt endocrine function and have the potential to cause infertility and to promote breast cancer in adult women.

Soy phytoestrogens are potent antithyroid agents that cause hypothyroidism and may cause thyroid cancer.

In infants, consumption of soy formula has been linked to autoimmune thyroid disease.

Vitamin B12 analogs in soy are not absorbed and actually increase the bodyâ€™s requirement for B12.

Soy foods increase the body's requirement for vitamin D.

Fragile proteins are denatured during high temperature processing to make soy protein isolate and textured vegetable protein.

Processing of soy protein results in the formation of toxic lysinoalanine and highly carcinogenic nitrosamines.

Free glutamic acid or MSG, a potent neurotoxin, is formed during soy food processing and added to many soy foods.

Soy foods contain high levels of aluminum which is toxic to the nervous system and the kidneys.

SOY INFANT FORMULA IS BIRTH CONTROL PILLS FOR BABIES

Babies fed soy-based formula have 13,000 to 22,000 times more estrogen compounds in their blood than babies fed milk-based formula.

Infants exclusively fed soy formula receive the estrogenic equivalent of at least five birth control pills per day.

Male infants undergo a testosterone surge during the first few months of life, when testosterone levels may be as high as those of an adult male. During this period, baby boys are programmed to express male characteristics after puberty, not only in the development of their sexual organs and other masculine physical traits, but also in setting patterns in the brain characteristic of male behavior.

Pediatricians are noticing greater numbers of boys whose physical maturation is delayed, or does not occur at all, including lack of development of the sexual organs. Learning disabilities, especially in male children, have reached epidemic proportions.

Soy infant feedings which floods the bloodstream with female hormones that inhibit testosterone cannot be ignored as a possible cause for these tragic developments. In animals, soy feeding indicates that phytoestrogens in soy are powerful endocrine disrupters.

Almost 15 percent of white girls and 50 percent of African-American girls show signs of puberty such as breast development and pubic hair, before the age of eight. Some girls are showing sexual development before the age of three. Premature development of girls has been linked to the use of soy formula and exposure to environmental

estrogens such as PCBs and DDE.

Yet if you look in mainstream media sources, all you ever hear, see or read is how Soy is a health food, how it can help prevent cancer, is good for heart health, is healthier to eat than meat, etc.

Nothing could be further from the truth.

What is really going on is this: Soy is the second biggest crop being farmed by Big Agriculture. It's a multi-million dollar crop, and industrial food processing corporations have found innumerable products, by-products and additives can be created and used from this legume. The multiple uses of this crop are precisely why it is so profitable to grow and market it to the food processing industry. And the soybean producers have certainly spent a pretty penny to fund research to promote their marketing efforts.

The important point of using methods like fermentation to neutralize the anti-nutrients in soy IS THE KEY TO THE BAIT AND SWITCH used by the Soy industry that they use to produce biased research results to promote Soy as a "health food."

Here's what Soy Nutrition (a pro-Soy website, most likely funded by the Soy lobby) says regarding Soyfood and Cancer:

Current views on soy and breast cancer stem from several comprehensive statistical analyses of epidemiologic studies. Epidemiology is the science of studying populations in order to determine the frequency and distribution of disease and measured risks. In the epidemiologic soy studies, investigators ascertained the quantity of soyfoods consumed by study participants to determine if high-soy consumers were more or less likely to have (in case-control studies), or to develop (in prospective studies), cancer.

In the most recent analysis, which was conducted by Anna Wu and colleagues from the University of Southern California, high-soy consumers were found to be about 30% less likely to report having breast cancer than Asian women who consumed relatively little soy.67 This second study purposely included a high percentage of vegetarians, who typically consume more soy than non-vegetarians. However, in a separate large study in the United Kingdom, there was no evidence that soy intake was protective.

What might account for the protective effect of soyfood intake in the Asian studies but not in the UK study? One explanation is that soyfoods are protective against breast cancer only when consumed early in life â€“ during childhood and/or adolescence.8 In the UK study, it is likely the vegetarians adopted their dietary behavior as adults, and may well have consumed little soy prior. In contrast, because soyfoods are part of the traditional Asian diet, it is likely that Asians who consume soy as adults also did so as children.

That's a deliberate misdirection.

The real reason is because Asians who eat soy, generally eat soy foods prepared in their traditional methods – fermentation to render the anti-nutrients harmless. The majority of soy consumed in the US and the UK…not so.

No, here in the west, the majority of Soy that we consume comes from all of the additives created by soy and put into the food supply.

Hydrolyzed Vegetable Protein
Textured Vegetable Protein
Soy Protein Isolate

Hydrogenated or Partially-Hydrogenated Soybean Oil
Soy Lecithin
Soy Flour
Soy Milk
Soybean Oil (if you ever see a listed ingredient as “Vegetable Oil” it’s almost a certainty that Soy is the “vegetable.”)

These are some of the products created from the soybean that are in nearly EVERYTHING you buy from the grocery store nowadays. If a food product has an ingredient list of more than 5 things, chances are, there is some soy derivative in it somewhere. Also, unless you’re eating fried or sauteed foods from restaurants that specifically state the oil they are using to make it, you can assume the oil they use is “vegetable” oil…the cheapest cooking oil in mass production.

Also, soy protein isolate and hydrolyzed soy are often used as meat filler. Public School lunches, and cheap fast food often have soy-filler in their meat. Ever wonder how a fast food Mexican restaurant could sell you a half-pound burrito for a $1 and still make a profit?

But I digress…

So these “researchers” can than look at a culture, and do an epidemiological study (see my previous post here, In the Name of Science, to see the other means of misleading the consumer through such study methods), than make statements like “Studies Show Higher Soy Consumption Can Help Prevent Cancer!”

Except they make NO distinction between traditional soy foods in Asian countries versus the manufactured, processed and toxic sources of Soy that predominantly are the source of soy consumption in the West.

To summarize – the amounts of Soy products in our food supply were almost non-existent prior to the 1980′s. It’s now in everything.

Some scientists wonder if that has anything to do with the rise in girls who enter puberty at very young ages, the rise in male babies with genital birth defects, and perhaps even in the rise in homosexuality…

If you ever do some research into body-building and sports nutrition, you can also find a lot of different weight trainers and sports nutritionists that explicitly advise limiting your soy consumption and to avoid using soy protein isolate in your protein shakes, as it inhibits your bodies testosterone production…which is what every body builder needs in order to see any kind of results from all of that hard work in the weight room.

While many of us here at the Spearhead focus on the myriad of ways in which the media, pop culture, and the educational establishment have worked to “feminize” society, bet you never thought the most subversive way was to sneak some food on your plate that would boost your estrogen and suppress your testosterone…eh?

Here some excellent reading on the topic for you to peruse should you care to:

Soy Alert

The Whole Soy Story

Newest Research on Why You Should Avoid Soy

Soy Online Service

Notable Commentary from the Original Post

slwerner December 17, 2009 at 07:55:

Personally, I find it very disconcerting that so few men know and understand the dangers of soy's endocrine disrupting constituents (in environmental science, we refer to plant derived estrogen-mimicking endocrine disruptors as "phyto-estrogens").

Of lesser overall consequences (due to far lower usage), but of potentially equal impact to individual men is red clover (often used in teas) The phyto-estrogens in red clover also have a significant chemical emasculating effect.

DF December 17, 2009 at 12:16:

Soy has been a marketing coup for agribusiness, already heavily subsidized by law. They've managed to market this product as a Far East cancer fighting health food miracle food to the New-Age/SWPL set. The SWPLers are the standard bearers of upper middle class living to which all Americans unfortunately aspire so naturally, human susceptibility to the herd mentality has created an unforeseen health risk.

The US is the world's largest producer of soy and with such a large supply it is no coincidence that it makes its way into virtually everything in the American food supply, a food supply that seems increasingly inferior to many other countries around the world despite our abundance. Anyone who has travelled abroad on a frequent basis can taste the difference. Anyone that walks around the country can see the difference clinging to the waistlines of the average American.

whiskey December 17, 2009 at 15:00:

Excellent post. I generally use olive oil in cooking, and try to avoid soy whenever possible. Though I love soy sauce on pretty much everything.

Keoni Galt December 17, 2009 at 15:14:

Oh, I love soy sauce too. Just make sure the brand you are using is brewed in the traditional method – i.e. fermentation. There are brands that do not ferment the sauce, they use different methods to simulate the flavor of traditional fermented soy sauce.

crella December 17, 2009 at 17:37:

The ad campaigns for green teas, soy and things like Okinawa coral calcium* would have you think there is little or no cancer in Japan, which is far from the truth. While there are relatively fewer cases of breast cancer and colon cancer, the rates for stomach cancer and esophageal cancer are very high as compared to the US. While diet is important, this type of marketing ignores the role of genetics. Certain populations are more prone to certain

cancers. Eating sensibly is of course important, but there are no magic foods or supplements, despite what the media says. The average Japanese drinks nearly an liter of green tea daily, as well as consuming soy sauce and miso every day, and it doesn't seem to be preventing cancer here.

In the US this past fall I saw the wall of sweetened flavored soy milks in the supermarket and just shook my head….I just don't get it. Green tea comes with sugar in it. Way to get healthy! Why, in the 80s, when pediatricians were looking for an alternative to cow's milk for allergic babies did they not advocate breastfeeding more strongly instead of putting everyone on soy? Parents jumped for it too, I knew parents who decided themselves to use soy, as it was supposedly 'safer'.

I don't know what to think of the tofu-brain degeneration study….I don't see a correlation here. Japan's Alzhiemer's rate is a good bit lower than that of the US, despite tofu consumption.

* The Okinawans do not make any special effort to utilize coral in their diets…it is *not* ground up on food, not in the drinking water. The reefs are protected, so although the people on the US infomercials claim to be using Okinawan calcium for their supplements they can't possibly be supplying that large a market by gathering only coral that has fallen off the reefs due to wave action, as they claim. I wonder where they are getting it? The infomercial also claims that there is no cancer on Okinawa…..doesn't quite explain the existence of the Okinawa Cancer Center.

z December 17, 2009 at 17:44:

As soon as I learned what "phyto-estrogens" were, and found out that soy had a great deal of them, I started trying to avoid soy. Its much harder said than done though because food companies sneak that stuff into everything. Anything that can mimic estrogens and stimulate estrogen receptors is going to make you more feminine and less masculine.

Keoni Galt December 17, 2009 at 17:48:

I would venture to guess the increased tofu consumption is probably offset by the much higher ratio of fish and other seafood consumption…whereas Japanese American's in Hawaii eat far less fish and seafood and eat a lot more Western processed foods.

The problems with tofu appear to be the anti-nutrients actually deplete the body of it's nutrients…but if your diet is also rich in those nutrients, the effects of tofu may be somewhat mitigated. Whereas in Hawaii, we have a much more deficient, S.A.D. (Standard American Diet…such a fitting acronym) overall diet than most typical Okinawan's or Japanese would have.

cayalx December 18, 2009 at 01:51:

> *"Excellent post. I generally use olive oil in cooking, and try to avoid soy whenever possible. Though I love soy sauce on pretty much everything." – Whiskey*

I don't think olive oil is the best thing to use for cooking. Though it's extremely healthy in things like salad dressing,

that kinda fat doesn't react well to heat. More stable, saturated fats like coconut oil, butter and even lard and bacon fat are a better bet. Of course, going this route requires getting over some fears deeply embedded in western culture. Think about it, we once thought that trans fat was good for you. The research that saturated fats are so awful is sketchier than the mainstream would have you believe.

Like HL said, soy sauce is fine, though it's worth it to buy the good stuff which is properly made.

Welmer December 18, 2009 at 02:38:

> *"I don't think olive oil is the best thing to use for cooking. Though it's extremely healthy in things like salad dressing, that kinda fat doesn't react well to heat." -cayalx*

True. Using olive oil for frying food is a bad idea because it burns so easily. However, it's perfectly fine for anything below a certain temp.

More stable, saturated fats like coconut oil, butter and even lard and bacon fat are a better bet. Of course, going this route requires getting over some fears deeply embedded in western culture.

Fears? lol. My Northern European-derived family consumes so much butter and animal fat that they must be in constant terror! I cook with bacon drippings all the time, but you've got to admit that the taste doesn't go with every dish, and it gets old after a while.

Keoni Galt December 18, 2009 at 14:33:

On another note: Purportedly it is common Japanese housewife folklore that when a woman hit menopause and had her sex drive disappear, she could start feeding her husband as much tofu as he would eat, as the Japanese women knew this would reduce his sex drive so he would not bother them for sex as much.

wallace December 19, 2009 at 00:34:

The traditional diet of Buddhist monks in East Asia is tofu. A huge part of their diet is comprised of plain tofu. A major reason for this is the emasculating, drive inhibiting/lowering effects it has, as detailed above. Since this is a big part of what Buddhist monks are about, trying to eliminate natural desires and urges to reach enlightenment. This is pretty common knowledge in East Asia. People there know that this is the traditional diet of Buddhist monks, and that tofu and soy products can have these effects.

Merry Christmas

Keoni Galt · 24 December 2009 · Archived copy · Original

[image]

PUA for LTR

Keoni Galt · 30 December 2009 · Archived copy · Original

First and foremost, commenter Patrissimo invited me to co-author on a new blog, PUA for LTR. I have politely declined, as I have a hard enough time writing here on my own blog as well as regularly contributing to the Spearhead. This was the first time I heard of this blog...and was somewhat amused to see a post dedicated to my own commentary I had contributed to Roissy's blog in the past.

You can read it here - as well as see the commentary of a bunch of people that criticized me, had no clue what they were talking about, and had made judgments of me, my wife and our life, of which they really know nothing about.

I've written a rather extensive response broken up into 4 different comments (that are currently awaiting moderation).

I'm going to re-post them here, as my FINAL say on this topic. I'm sick of people making judgments about my wife and I based on the little snippets of my life that I decided to share in an attempt to help other men who were in a similar situation as myself.

Before I get to my responses to the commentary on that blog, I want to make a few things real simple and clear:

I AM NOT AN "ALPHA."

I have never claimed to be one. Rather, my entire point in contributing to Roissy's blog at that time was to relate my experiences in identifying my own behaviors and mindsets that were, for lack of a better term I was aware of at the time, "beta." By focusing on "beta" behaviors and how to avoid or correct them, perhaps many people have mistakenly thought I was claiming the mantle-hood of "Alpha."

For lack of a better term, studying "game" (which is what I referred to previously as "taking the red pill"), gave me insight into what behaviors and attitudes were attractive to a woman's hypergamous instincts and what behaviors and actions were repellent to that same instinct. Once I stopped the repellent behaviors and incorporated the attractive behaviors, I guess you could say I DID become an "alpha" -- for my wife, within the bounds of our marriage.

But other than that, my previous use of the term "beta" and "beta-ization" has nothing to do with claiming to be some kind of "Alpha" or a "PUA" that could have women eating out of the palm of my hand.

I AM NOT A PUA.

I've been married 12 years now. I love my wife more than my own life. We have made a family together, and I am determined to raise my own children to benefit from the knowledge that I had gained from making all of the mistakes I hope to help them avoid when they grow up. If I am any label, I would proudly wear that of PATRIARCH. That is what I aspire to, and what I believe I now fully live up to.

I DO NOT "CONTROL" OR "INTIMIDATE" OR "MANIPULATE" MY WIFE.

On the contrary, the only real difference studying "GAME" has given me, was to learn the most important lesson of all: Do not let your wife's emotional state control, manipulate or intimidate YOU. I no longer live my life as if my

wife were my authority figure. I am my own authority figure. She accepts my authority because she wants to be a part of my life. That is how a complementary relationship between a man and a woman should work. That's what Patriarchy USED to be, but has now been socially engineered nearly into oblivion.

I DO NOT PUT UP AN ACT OR A FRONT. I DID NOT ADOPT A FAKE PERSONA THAT I CONSTANTLY STRIVE TO MAINTAIN.

No, I learned to see my own behaviors and actions and how they interacted in dealing with hers. I learned what worked and what didn't. I also learned that the things I did that were causing her to be upset with me WHERE CONTEMPTIBLE, WEAK and UN-MASCULINE. I learned from my mistakes and have changed my entire outlook on life and the way I interact with ALL people, not just my wife.

At this point in time, I am NOBODY's bitch. I live MY LIFE how I want to. I AM going my own way. It just so happens I have a wife who is going that way along with me.

All that being said, here were my various responses I gave to the critical commenters there. I hope this clarifies things:

First and foremost, I have to respond to this:

> Personally, *I* would be living a lie if I was married to Dave's wife and felt I needed to treat her the way he does all the time in order to maintain the marriage… but then, I'm not him.

Oh really? And just what do I do "all the time" in order to "maintain" my marriage? Just how do I "treat" her that you find so hard, difficult or objectionable? Some of you guys are talking out of your asses in trying to assess my reality based on what limited, subjective and contextual scenarios I've described for you all.

To tell you all the truth…once Roissy assembled everything I'd written into one long post, I decided to simply step back from his blog and let others contribute their own stories similar to mine. I had written enough, and I had gotten to the point where I was starting to reveal a little too much personal info on the internet. Hawaii is a small place, and the last thing I really want to do is have my writings on the internet somehow be used against me in real life. I have taken the red pill…and nothing makes blue pill takers angrier than confronting a person who tells them everything they believe and do is based on lies, propaganda and indoctrination. I've had this discussion one too many times in real life with friends and family members and seen too many people desperately determined to cling to their version of blue pill truth and won't even contemplate a contrary viewpoint.

My study of "GAME" was NOT my attempts at becoming a "PUA," nor was it simply "faking" a personality to "become" attractive to my wife.

It was an awakening to the truth.

I finally was able to see through the illusions and lies propagated by a lifetime of indoctrination by the mainstream media, and educational institutions I've spent most of my life attending.

Also, the biggest thing I had to overcome was seeing the truth of my own parents relationship with each other and how it set me up with a blueprint for failure when I myself grew up and got married.

Where it not for their devout faith and devotion to their church, my parents would have been divorced many many years ago. I do not doubt this in the least.

And the biggest thing I had internalized from being raised by parents bound together by religious doctrine rather than true love and respect for each other was the total pedestal-ization of women in my mind. Till this very day, metaphorically speaking, my mother says “jump” and my father says “how high.” And she has seething contempt for him, and she shows it in a myriad of ways.

And yet my Father is an upstanding, devout, religious, honorable man who is always ready to take the shirt off of his own back and give it to a stranger in need.

His entire life is devoted to his church, and he spends considerable amount of time helping church members in need.

And he has ALL women pedastalized in his own mind.

He has a twisted, Christianity-warped notion that women are the “pure” sex, and that all men are debased, sexist pigs with evil lust that can only be controlled by submitting to female authority in the covenant of marriage.

And in THEIR church (I haven’t attended since I was 14, and I never will again either.) the “herbivore white knight” mentality is almost virtually the 11th commandment.

Mothers are feted on Mother’s Day in that church. All mothers are asked to stand amongst the congregation during the service, so that all the young men of the church can give them flowers in honor of being sacred mothers.

On Father’s day, the Preacher gets up and administers a harangue and excoriates Father’s for failing to make the sacrifices necessary to make their wives and their children happy.

And I notice in this church, most of the men are like my father, and most of the women regularly get together and gossip about their own husbands like they are all schmucks to be manipulated and treated contemptuously. The women in this church will regularly berate and chastise grown men in front of a group, and these emasculated men only trying to live “righteously” take it like simpering, sackless wimps.

THIS is the kind of indoctrination I was raised with.

THIS is what I learned to overcome through great introspection, experimentation and observation. By stumbling across the “PUA”-sphere of the internet, I came across a multitude of viewpoints on the female gender and my own perception of male gender roles and how they complemented each other when each lived out their role according to the laws of attraction, rather than the false lies of cultural misandry, feminist ideology, and a Feminized, Matriarchal Christian Chivalry mindset I had been brainwashed with my entire young adult life.

I also learned precisely what behavior I had when I was dating my wife that caused her attraction to me….and how once I got married, I stopped acting that way and had fallen into the template of my parent’s unhappy marriage. My wife had begun the long, slipperly slope of falling out of RESPECT for me…just as my Mom has none for my own hard working, “nice-guy” father who will bend over backwards to help and serve EVERYONE in his life (not just my mom.)

I also recognized that many of the behaviors and attitudes espoused by the PUA-sphere were basically a lesson I had never been really exposed to growing up…on how masculinity roles complement feminine roles to inspire

attraction…and that you cannot beg, plead or convince a women to love, lust and respect you. You can only get that by being true to yourself and fulfilling your masculine role in a complementary relationship.

And I saw many of these "traits" in my wife's father. Not just in his relationship with his wife (my mother in law) but also with all the women in his family. He was a "natural."

I also recognized the way in which my FIL treated my wife was basically the entire "game" mindset I had studied on the internet.

He constantly "negs" my wife, his wife, and my sister-in-laws. They eat it up, and eagerly engage in verbal "one-upmanship" matches of mildly insulting putdowns (never really mean things). It's playful banter.

I also noticed that my FIL basically ruled his house with quiet, confident power. He almost never really 'laid down the law' and basically let my MIL make most of the mundane, day-to-day decisions…but if he felt ANY issue was in need of his input, his word was LAW. Not because he was oppressive, demanding and overbearing…but because my MIL and his children all respected him, and they all lived in fear of HIS emotional state, not my MIL's.

This, of course, was the exact opposite situation of my own household, where my Father lived in perpetual fear of my Mother's emotional state…and how I had let my own relationship dynamic devolve into.

By learning to recognize the "pretty lies" that had lead me to following out a dysfunctional relationship dynamic, I was able to turn it around and recognize the ugly truths.

When I saw how dramatic it turned my own relationship around, I almost couldn't believe it. But it was not just with my wife…it was with my own self and how I interact with the rest of the world as well.

I have not "faked" anything. I do not live a lie. I do not put up a front.

Was I some spineless wimp that "magically transformed" by studying game? Hardly. In fact, being raised by a doormat of a father and a domineering mother, I was a doormat that was harassed and picked on mercilessly by bullies and contemptuous girls until my early teen years.

Than one day, something inside of me snapped.

I got sick of being a spineless, sack-less wimp, and I took up martial arts, weight lifting, fishing, hunting and other recreations with groups of older men. I "toughened" myself up with regards to other men. I eventually went in the completely opposite direction from my early teen years. In my early 20's, I fought in some amateur fights, became a nightclub bouncer and learned precisely what it means to have some balls and suck up your fear and 'man up.' I've kicked ass and had my ass kicked.

But relating to women? I was still clueless….but I was also a man with a mission. When I met my wife, I was going to college, training martial arts 3 times a week, and always hunting, fishing, surfing, hiking, camping…something. I basically invited my wife into MY world, and she fell in love with me. I constantly took the "leadership" role and she followed without question. I wasn't "gaming" her, but neither was I a spineless suck-up being a doormat in an attempt to gain her approval. I tried my hardest to be entertaining by being active and planning and carrying out activities for us both, and she loved doing all these different things with me.

She eagerly accepted my proposal of marriage after we dated for several years. After graduating from college and getting my first job, and getting married, all that changed. Her biggest complaint for years was "we don't do

anything anymore."

But instead of taking the initiative and re-focusing on my mission…I made my "mission" the endless and fruitless attempt to supplicate and please her in a bid to try and make her happy…just as my father has done for my mother her entire life. And it did nothing but slowly kill her attraction and respect for me.

"GAME" made me see the truth of my situation, and helped me reverse it in dramatic fashion.

In short, here was my former mindset…an example of my pathetic, supplicating spinelessness when trying to deal with an upset wife I had way up there on my mental pedestal:

> Her: "We don't do anything anymore!"
> Me: "Well…what would you like to do than?"
> Her: "I don't know…why do we always do the same thing every weekend? Dinner and movies…dinner and movies!"
> Me: "Well, what would you like to do than? What would make you happy?"
> Her: {in complete disgust with me at this point} – "Nothing!"

I cringe just writing that…but that was my reality for a long, long time.

Now?

> Me: I have plans for us this weekend, Woman. (Or Wife. or Wench. or Mate. Something playfully misogynistic never fails….)
> Her: What do you mean, husband? (Or "my Man" she really does respond to this…)
> Me: I mean, don't go making plans with your friends, you have a date.
> Her: {Getting excited} Oooh, what would that be?
> Me: You'll see.

This, I hope, illustrates the fundamental difference in MY mindset that has changed the entire dynamic of our interpersonal relationship.

Do some of you get it now?

I simply revel in masculine behavior, rather than try to suppress it and live in perpetual apology for being male – which is by and large the cultural paradigm of our modern day society…except in my own case it was reinforced and magnified by a "Christian" church community that preached implicit misandry as a tenet of their religious doctrine.

THAT is the summation of what I tried to convey by contributing my anecdotal experience at Roissy's.

As for Lady Raine…LMAO.

I'm highly amused that you presume to be some sort of expert on people's relative happiness based on internet interactions. You have no clue, and furthermore, it is your own personally revealed details of your own sordid life,

your own endless rationalizations and justifications for your mistakes you've made that not only impact your own life, but that of your child's…that are more than enough evidence to KNOW your disapproval and conjecture more than verify to my own mind how right I am and how deluded and shameless you are.

But have no fear. The day will come when you will most likely realize that your poor choices in life have negatively affected your son. Will you still tell yourself your pretty lies…or will you ever face up to the ugly truths?

You truly are the penultimate representation of the contemptuous, obnoxious and self-righteous modern american female that is INCAPABLE of forming a stable, happy family with a worthy man who would be the ultimate role model for your boy to mold his own life after.

No…that would infringe on your own selfish narcissism. Having children is supposed to be a sacrifice BY BOTH PARENTS to benefit your children. You are not willing to sacrifice your sense of independence and empowerment you have by being a hard working single mom paying her own way and asking nothing of men to help you fulfill your life other than as a masturbatory sex toy hook ups or kitchen bitch mangina's who still long for your affection, and which you shamelessly exploit.

You know nothing of me other than what I've written here and elsewhere…and there is far more to my story than I've let on. I tried to focus on the key points of my own realizations SIMPLY TO HELP OTHER MEN.

I see many, many men that were raised with the exact same mindset that hindered me and nearly sabotaged my own relationship with my wife.

You, on the other hand, have related your entire life onto the internet out of some strange desire to achieve some sort of reality show-type of fame. A shameless attention whore who thinks she's smarter than everyone else…but can't even recognize her own faults and mistakes although everyone else can plainly see them in your self-absorbed writings and rantings on the internet.

My story is one of having learned from my mistakes, correcting my behavior, and turning my life around.

Yours is a story of how everyone else has done you wrong, but you still managed to overcome it all through sheer awesomeness, hard work and superior intellect.

I'll give you the hard working part…at least you are not another parasite welfare queen, nor do you use the biased family court system to trap some man into becoming your provider against his will.

But you really are not as brilliant and intelligent as you think you are.

Quoted from Lady Raine:

> I hate to be so crass, but that's at the root of it. Guys like Dave seem to think that "controlling" a woman is what makes you manly.
>
> No, a masculine man has no need to intimidate, manipulate, or control his partner. He is confident enough to want her to be with him because she WANTS to be……. and is also confident enough to get another woman if she DOESN'T want to be.

It's pretty entertaining of you to take a potshot at me that has no basis in reality, but rather you constructed a caricature of my life based on your own biases and misconceptions of "GAME" and the "PUA" community.

See, you actually have the TRUTH of my experience here in the latter part of your comment…but got it completely wrong in the first part in which you've mistakenly judged that I had done nothing other than adopt a PUA mentality to "control, intimidate and manipulate" my wife.

No, I learned how to be that confident man that she wants to be with. My wife has the extended family support system and the means to leave me at any time. She always has…and she almost did leave me on more than one occasion.

I do not "intimidate, manipulate or control" her. I simply no longer have her up on my pedestal.

I've become the man on her pedestal – which is what satisfies her hypergamous instinct. This is why we she proudly brags to her friends and co-workers that she's been happily married for 12 years now (funny how her current feelings about me and our marriage have extended to her overall opinion of our entire marriage experience. heh.)

You, on the other hand, have YOURSELF on your own pedestal.

Quote from Miles Anderson:

> It appears to me that Dave and Roissy both share immense fear leading to hate. This is amusing given both writers focus on their "alphaness". I think this is sad. Both are articulate and occasionally have moments of intense clarity. It is sad both are associated with the Spearhead as most writing there is sophomoric.

LMAO.

No fear…and no hate here. And I have NEVER claimed to be an "alpha" or "focused" on my "alphaness." I merely have endeavored to show how my personal experience illustrates how our society and cultural institutions inculcate "beta-ness" in men that lead them down a path of dysfunctional relationships with women.

If you read that last sentence and don't understand that, you never will.

Quote from Nicholas Weininger:

> Agreed. This is what gets me about so much PUA advice: it *does not treat women as fully reasonable and reasoning beings*. And so, even in this supposedly more "constructive" LTR situation, "Dave" is playing stupid little games with his wife, being a cocky bullshit artist, instead of doing the hard work of communicating with her honestly about what each of them actually want and need, of laying bare deep insecurities and weaknesses in an atmosphere of trust and forgiveness.

Ooooh, you got me all figured out, don't you?

Let me tell you something, Nicholas, you have the exact mindset I used to have. I thought being open, trying to communicate honestly and laying bare deep insecurities and all the other pretty lies you have internalized where the keys to making her happy. I would constantly BEG her to “communicate.”

Guess what…that “happy” relationship only exists in your deluded, blue-pill-addled mind.

You and all the other white knights that sum up my anecdotal experiences as “playing stupid little games with his wife, being a cocky bullshit artist” are fools.

Watch just about any drama, TV, movie or play that involves a seduction by a leading man and a female character…take note of the playful banter most such scenes depict. Note the spark…the sexual energy that is generated between the two when a woman verbally challenges him, and he is more than enough to meet her challenge. That’s called “flirting.” That’s what “playing stupid little games with my wife” involves. It’s PLAYFUL. It’s FUN. And it leads to true bonding. Because I am able to bond with her like that, I literally seduce her repeatedly over and over and over again…and it never fails to keep her happy.

Does that constitute the entirety of our relationship? Hell no. One thing I’ve learned is that by learning how to verbally and psychologically seduce my wife by “playing these stupid games” I’ve made my wife fall in love with me all over again. So now, if I choose to “reveal my deepest insecurities” she has enough respect, attraction and admiration for me (because I entertain her with my “bullshit” as you so naively call it”), it does not diminish my stature as a man in her eyes.

A man that a woman does not respect, (which in turn means lust and love), is man who will only experience her contempt if he tries to bare his “deepest insecurities and fears” to her.

> If anything this style of acting is even less attractive as an LTR maintenance technique than as a pickup technique. It may not be so bad to act full of shit like this if all you want is to get laid, and all the other people you’re hitting on want is to get laid, and that’s tacitly understood by all. But if you cannot be fully emotionally open and honest with your life partner– if you cannot be fully yourself with her, but have to put on a face of “social dominance”– then you can’t be fully emotionally honest with anyone, ever, and that’s a terribly sad thing.

Oh go choke on your own self-righteous, high-minded solipsism.

The entire point I’ve been endeavoring to impart is that men shouldn’t “put up a front” or “be something they are not” or “act full of shit.”

The entire point is to BECOME A MAN SHE RESPECTS AND ADMIRES.

By catering to her, being subservient and supplicating, you CANNOT earn her respect, only her contempt.

Women NEVER respect men they can rule.

Instead of begging her to let me into her world, I now live to excel in my world, and she’s welcome to be a part of it.

It’s not an act. It’s not a front.

It's a mindset.

A way of life.

One final thing to all:

Everything I wrote about at Roissy's were my experiences before I ever heard of his blog.

Everything I studied and learned from was free resources on the internet regarding "dating advice" for men and other such things. Many of these sites no longer exist. One in particular, the Reality Method, was the real key in opening my eyes to social relationship dynamics.

When I began to comment at Roissy's, I decided to simply contribute to the unique melting pot of ideas and personalities that his blog had attracted at that point in time. Men would constantly beg Roissy to give them advice on how to use "game" in the LTR's they were in. Along with a few other commenters there, I helped to point those men towards the light of truth that I had discovered myself.

Much of the people I found to be in concordance with on many of the related topics that were such great discussions in Roissy's commentary section are the same contributors and commenters over at the Spearhead now.

That is why I spend my time over there now, rather than Roissy's so much anymore. I still read him every day, but don't contribute hardly anymore commentary there.

Most People Are Sheeple

Keoni Galt · 6 January 2010 · Archived copy · Original

[image]

Most People Are Sheeple

This little rhyme has been running through my mind as of late.

I think it every time I stand at a crosswalk, and see groups of people standing there, mindlessly waiting for the blinking white "Walk" light before they proceed to cross the street while texting on their iPhones...when any observant person can easily see no oncoming traffic for hundreds of yards in either direction. Do you really need a blinking light to tell you it's safe to cross a street with no oncoming cars in sight?

I think it every time I stand in line at a grocery store and see some morbidly obese person with a cart full of processed, packaged junk "food" products, or the long lines of cars cued up at the fast food restaurant drive throughs. Can you not see yourself in the mirror everyday and make the connection between the junk in your trunk and the junk you put into your mouth?

I think it every time I see someone with an Obama or a "GO Green!" bumper sticker on their sub-compact, hybrid car driving precisely at the speed limit in the left hand lane of the freeway, oblivious to the people behind them trying to pass the even slower senior citizens clogging up the other lanes. Do you really think anyone is impressed by your expressed support for "Our Most Historical President Ever?" Do you really think sporting environmental slogans on your hybrid vehicles are doing your part in "saving the planet?"

I think it every time I hear people discussing how "terrible Tiger Woods" is. Hello....if Tiger had been the one to hit his cheating spouse with a golf club, no one would be calling HIM a victim or worthy of a multi-million dollar divorce settlement!

I am finding myself experiencing a continually diminishing threshold of tolerance for the indoctrinated behaviors and beliefs manifesting themselves in the brainwashed citizenry of our BraveNewWorldOrder.

And it all goes back to the very root of our problem...the institutionalized, bureaucratic system that we call "Public Education" that is largely responsible for churning out a population of sheeple, easily herded, cajoled and controlled by their Tell-A-Visions.

[image]

Former public school teacher, and author of *Legally* STUPiD: Why Johnny doesn't *have* to read, R C Murray, uses Orwell's term, Proles, which is pretty much the same thing as "sheeple" in his recent article, Our Prole-Producing Schools.

> In order to fix any problem, we have to identify the source of the problem, and although there are at least seven principal malefactors I'd blame for our big government problem, I blame our public schools the most. In fact, I've made it my life's goal to tell all Americans why they shouldn't have their children in public schools.

> For four years I taught in and fought The System, which is not the failure many folks think it to be. For 150 years, public schools have been doing exactly what they were designed to do – produce proles – that functionally illiterate class of people Orwell saw as the “hope” for Oceania, a fictional country ruled over by an all-powerful government called The Party or simply Big Brother. Do you think it’s coincidental the current administration talks so much about hope to his disciple-constituents, the majority of whom can barely read and write and who pay no taxes?

While I certainly agree with R C Murray's main point here, I don't think the goal is illiteracy...after all, you need all the proles -- sheeple -- to be able to at least have somewhat competent reading skills so they can read and absorb all of the official propaganda in print and on Tell-a-Vision. What the schools really do is produce a mass of people who are incapable of original thought...people who mindlessly submit to authority and willingly do as they are told; to know their PLACE.

> Individual knowledge and personal beliefs too often conflict with government goals. This is the reason for one of today’s teaching strategies, “Group Learning.” Those diverse learners mentioned earlier cannot understand what they read (if they can read at all), and they can’t explain their thoughts (if they have any) in writing, so they need help. Public schools now place at least one accelerated-gifted student with two or three diverse learners in a “small group setting” in which they “work together” to complete a learning project.
>
> In reality, the AG student does all the work, but everybody gets the same passing grade. No child gets left behind. In Legally STUPiD, I satirically propose “Group Testing” for all standardized tests. One AG student is paired with two diverse learners (a.k.a., proles) who simply copy his or her answers on their score sheet.
>
> It’s a learning experience for everyone. The AG student learns his or her role as a productive member of society whose taxes are necessary to support the non-productive proles depending on him. The proles learn to support politicians who support them with entitlement programs. In a nutshell, this is how our Constitutional republic has become a socialist state!

Now THAT would be an education in how the "REAL" world in today's America works...

Another public school teacher, Jerome Kohn also contributed to today's LewRockwell.com with an article, When a School Gets Sick, which goes into more details on the current situation with regards to the latest initiatives being carried out in our "Public Education" system:

> Being a libertarian, I have never been comfortable working in a government-run public school, but a PowerPoint presentation at a recent faculty meeting made me realize just how monstrous the system really is. The presentation was on something called RTI (Response to Intervention), and it began with a slide entitled "When a kid gets sick..." While RTI is hailed as a revolutionary new approach, it is really just an old practice dressed up in new jargon. With both RTI and its predecessor, nonperforming or uncooperative students are identified and treated as if they suffer from some kind of illness.
>
> In either case, the process typically ends with parents seated at a long conference table facing grim-faced teachers, administrators, counselors, social workers and perhaps even a psychiatrist all armed with file folders full of evaluations and test results. The remedy these "experts" prescribe usually involves placement in some

> Special Education program (i.e. low expectations dumping ground) and sometimes even the prescription of some dangerous mind-altering drug like Ritalin. Few parents ever object to or question these measures. Many parents even insist on them believing this special treatment is necessary to help their "ill" child. Supporters of RTI may protest that they are only trying to help and that Special Education or drugs are only last resorts. That may be true, but they fail to see the stigma attached to the child being labeled and processed like some kind of lab rat, and they fail to acknowledge the record of failure for all of their "interventions." Most important, they fail to even consider that the problem may be with the school and not with the child.

May? I think it's an almost certainty! More specifically, it's little boys who are naturally rambunctious and inquisitive who are simply out of place in the strict, regimented and dumbed-down curriculum of our BraveNewSchools who are deemed "ill" and dosed up on Ritalin.

But everyone knows about how the system does a disservice to the "special education" students...the learning disabled and intellectually challenged students caught in the gears of the system.

I found Kohn's other point much more illuminating in diagnosing the true purpose of our education system - his observations of the "gifted and talented" students. The "achievers." Those kids deemed "bright."

> Being labeled gifted means entering a fiercely competitive world of point mongering and grade grubbing. Honor students work extraordinarily hard to please their teachers and other authority figures. In academics, they fight for every point and are always looking for "extra credit." Typically, the parents of these students are also highly involved (i.e. applying pressure) and express tremendous concern about their son's or daughter's grades. At parent-teacher conferences, it is only grades in fact that come up for discussion – never learning. For the honor student, getting a "C" (and for some even a "B") on a major test, project or (God forbid!) on a report card brings on a personal and family crisis. It never occurs to these students or to their parents that these grades are merely the subjective evaluations of their teachers who know little to nothing about the person they are evaluating. Indeed, the parents know little to nothing about the teacher doing the evaluating.
>
> Nevertheless, the honor student's self-esteem and parental approval is completely tied to the teacher-assigned letter grades. In addition to obsessing over grades, honor students also join many clubs and go out for competitive sports. Many times they do this because they actually enjoy such activity, but just as often they join for the same reason they fight for grades – because it is expected of them and because they believe it is the key to getting into a big-name university. The life of the typical honor student is a life of frenetic activity, competition, homework and anxiety. Rarely is there time for reflection, solitude or contentment. Upon graduation from high school, many honor students know only that they are to go to college. As for what they want to do with their lives or what their real passion is, most have no clue. Many will never know.

I remember when I was in 5th grade, and my Mother tried to get me to enter the "gifted and talented" program at my school. My testing scores put me in the top percentile in my class, but the G&T teacher told my Mother that she wouldn't accept me into her class because of my behavioral and attitude problems (I spent many an afternoon in detention or in the Vice Principal's office getting yelled at).

I remember at that time feeling devastated by her rejection. I knew most of the kids in that G&T class, and I KNEW I had the intelligence to match or surpass most of them in educational achievement. Now I laugh at the

memory of my rejection. I have always had a problem with mindless submission to authority, and after thinking about what Kohn relates here, I'm now 100% sure the G&T teacher was absolutely right in denying my admittance into her program.

Still, Kohn's most relevant point that resonates with me is this:

> As for learning, most adults I know have forgotten most of the subjects they allegedly learned in school (even those they got A's and B's in), and what they do remember is usually politically correct nonsense. Witness how many parents are unable to help their children with their homework. We learn only those things we genuinely want to learn.
>
> Forcing students to take classes in subjects they are either uninterested in or not ready for is pointless and only frustrates student and teacher alike. At best, teachers in our public schools are mere entertainers filling the dreary hours of the school day. Despite all the clever classroom activities, worksheets, and projects, how many former high school honor students ten years after graduation can still factor a quadratic equation, prove a geometry theorem or explain and classify the different types of rock in the Earth's crust? Unless they are professional mathematicians or geologists, who really cares if they can?

This is so true on so many different levels.

I spent 5 years in my State University. I took all sorts of different courses to satisfy my liberal arts curriculum requirements. I had a cumulative 3.6 gpa in 5 years of college...and yet there are only a few classes I attended in which I learned something that sticks with me to this day, 10 years later.

But those things I endeavored on my own to study and practice? Like playing musical instruments, or martial arts? I genuinely wanted to learn those things, and I certainly gave myself a real education in those areas of my interest...no degrees, institutional hoop-jumping and other bureaucratic institutionalization were required for me to seek out a true education.

> Unfortunately, it seems the only thing students actually do remember from their government-provided education is the government's propaganda. One has to wonder, in fact, if such indoctrination has been the purpose of government schooling all along. How else but through indoctrination does one explain people's willingness to vote to raise their own taxes, sacrifice themselves or their children to the government's military, or continue to hold to an almost cult-like belief in a system that has an unbroken record of failure? To get a sense of the damage, compare the attitude of today's typical American with that of our non-schooled ancestors. The spirited self-reliance, daring and individualism that once defined the American character have been replaced by a docile dependency and mindless conformity.

I wonder no longer. Our educational system was designed precisely to condition our children into docile dependency and mindless conformity...the hallmark characteristics of sheeple.

Yes, They Most Certainly Want You to Be Helpless

Keoni Galt · 8 January 2010 · Archived copy · Original

I ended my last post with: "Our educational system was designed precisely to condition our children into docile dependency and mindless conformity...the hallmark characteristics of sheeple."

I forgot to add defenseless and vulnerable...just like a sheep led to slaughter.

Reading this post by Talleyrand in which he notes how school indoctrinate students with the following values:

> Don’t be a bully (also known as all violence is evil, even when you defend yourself, be a rat instead and go to the teacher authority figure)

This reminded me of an incident I experienced when I was in the seventh grade.

I used to get bullied all the time -- as I've written about before, I was raised by a domineering mother who constantly told me it was wrong to fight, that I should always tell the teachers/school people if I was being bullied or attacked, etc. In one instance, a particular kid used to bully me all the time, and one day I just got sick of it.

I didn't have the courage, knowledge or experience to stand up to him at that age, but when he tried to make me give up my seat on the school bus one day because he wanted to sit next to the window, I simply refused to move.

He began to threaten me, but I was angry and fed up with the bullying, and I just ignored him.

He jumped on me and began to pound on me relentlessly, and I never fought back. I just covered up and waited for someone else to rescue me.

Since this was after school, this occurred while we were boarding the bus while still on School grounds, and the lady bus driver summoned the security guards (who were always stationed at the bus stop area after school) to come onto the bus and 'Breakup the fight' (more like a one-sided beat-down of yours truly).

I will never forget the looks of pity and contempt from the girls on the bus (particularly the girl I had a crush on at the time), and disgust from my friends, as the guards grabbed me and the bully and escorted us off the bus. See, this was a "fight" so I had to be dragged to the Vice Principals office at the same time as the bully.

Needless to say, the bus driver came into the office and told the Vice Principal what had actually happened, that I had not fought back, that this kid attacked me, and I did nothing wrong.

The VP began to berate the bully, he began crying, and the VP literally walked over and began to pat my head and rub my shoulders. I don't remember what she said, but she gave him a 3 day suspension and a month of detention and told him he was not allowed to ride the bus home that day, they were going to call his parents to come pick him up. She than told him to go to the bathroom and wash his face.

When he left, she began to praise me for "not fighting" and for being a good boy etc. I don't remember her precise words, but it was praise. She essentially patted me on the back and reinforced the notion that I was a model student

for "non-violence." She called my mom and told her what happened, and put me on the phone with her so that my mom could tell me how proud she was of me for not fighting back.

To this day, the memory of this event fills me with nausea. It's one of my primary motivations I've had in pushing myself to train martial arts for so hard and for so long. That sense of helplessness, weakness and impotence in the face of violence has hurt and scarred me far more than the punches the bully reigned down on me that day.

I was teased by many boys and my friends for weeks after that for being a "wimp" and a "pussy" and a "fag" for not fighting back. It was utterly disgraceful, and I wouldn't even look at, much less talk to the girl I had a crush on for months after wards. That was probably the biggest blow to my 13 year old self-esteem; knowing the one girl I was head over heels infatuated with, was there to witness my humiliation that day. While that boy never did bully me again (I think he got into a lot of trouble with his own parents for being suspended), other bullies knew an easy target when they saw one. The bullying on me over the next few years by others intensified and escalated. It only ended when I finally fought back against a bully when I was a sophmore in high school.

Knowing I was getting bullied mercilessly, my Father took me on the side one day -- well out of ear shot of my mother for fear she would hear him and yell at him for teaching us kids to be violent -- and he told me that the next time I got bullied, I should punch the kid right in the nose as hard as I could. Even if the bully proceeded to kick my ass, it would end my bullying problems, because bullies will only pick on kids that are easy victims who take it.

My Dad's advice worked, I did get my ass kicked, but I did bust up a bully's nose pretty badly, and I no longer got bullied much from that day forward.

I just wish my Dad did not let my mother cooperate with the School system in making me a docile victim several years earlier.

The Harried Husband Excuse

Keoni Galt · 12 January 2010 · Archived copy · Original

I dodged two bullets this morning while driving in to work.

The second bullet was a typical event in which traffic during rush hour came to an unexpected stop and I missed being rear ended by a van by mere inches. That was a close one.

But the first bullet is rather amusing in hindsight...

After dropping my wife off at work this morning, I did a "Hollywood" stop at an intersection, and got pulled over by a law officer. I also didn't have the most recently updated proof of insurance card in my vehicle, and the officer informed me that I had been speeding after failing to come to a full stop at a stop sign.

He began to lecture me on how my driving was reckless and a danger to pedestrians and other drivers...and he wanted to know why I was driving like that.

I lied.

I said that I was dropping my wife off for work, and that we were late, and that she was yelling at me for making her late, so that after dropping her off, I was a little amped up, and not driving safely because of that...and that I was sorry.

The officer than told me "Oh boy, I know how that one goes. Look, I'll let you off this time...just make sure you don't make her late again. It's hard to deal with an angry wife first thing in the morning."

I said, "I hear ya. Thanks for the break!"

LMAO.

Thank goodness the officer that pulled me over was obviously married to a woman for which he lives in fear of her emotional state...playing on his sympathies got me out of over $300 in tickets and an appearance in court to show my current insurance card.

A Game Concept Demonstrated on American Idol

Keoni Galt · 14 January 2010 · Archived copy · Original

Yes, as I've admitted before, I watch American Idol.

On a tangential note, Uzem & Luzem's comment on that thread was pretty good, and he's absolutely right, I shouldn't feel the need to have to explain why I watch this show...nevertheless, I do feel that need to explain myself because I know that I often write about how Television programming in general consists of mostly feminist drivel and propaganda used as a brainwashing device for social engineering much of our society's present pathologies, and that I typically only watch football and MMA.

In addition to being a musician myself who enjoys watching real musical talent manifest in other people, I also find A.I. to be a pretty insightful look into the current state of our culture. The entitlement mentality, the narcissism, the solipsism, and the vanity are in abundance amongst the many hopeful auditioners...but than we also see glimmers of hope - jewels amongst the rabble - real people with admirable personalities, qualities and talent that still exist amongst the masses of dumbed down sheeple in our BraveNewWorldOrder...but I digress.

So what is this "game" concept I'm referring to here? Other than the most obvious, which is of course, that Simon is the perfect example of an "Alpha" personality that certainly has "Game," one particular audition really stuck out for me on Monday nights show, the first of the new season, in Boston, MA.

[image]Auditioner Andrew Fenlon provided a perfect example of how a good looking, handsome man (my wife said he looks like a young Rob Lowe) with bad social skills...no self awareness or clue about social dynamics, quickly kills female attraction with his interpersonal ineptitude.

Watch the following YouTube clip and you'll see what I mean.

Andrew swaggers into the room, apparently brimming with confidence. Randy Jackson is the first to react to his presence with a "YYeaah!" You can hear it in Jackson's voice "Now HERE'S a DUDE!"

Note Kara DiGuardia's initial reaction when a tall, handsome man walks into the room with a swagger of the confident Alpha... you can hear DiGuardia's appreciation for his physical appearance with her enthusiastic "HELLLLO!"

Than watch Victoria Beckham sit up in her seat and say "Hi!" with a look of interest on her face. You could almost hear both women's thoughts "Aaaahhh, finally, we got ourselves a looker!"

Than the dude opens his mouth and comes across as a George Sodini type of psycho. His attitude and demeanor are precisely what even pre-teen girls recognize as "CREEPY." He alternates between socially autistic anger and contrite apology when Simon calls him on his demeanor.

While I can't find the clips of his pre- and post- audition interviews with Ryan Seacrest on YouTube, there was something about this guy in those clips that made me think that he was an act...a put on, to deliberately spice up the show. Nevertheless, I do think the reactions of the judges to his initial appearance and subsequent anger at his

attitude were real.

This was in fact a very good demonstration in the differences between male and female attraction cues.

Men are primarily visual...most men would have no problem having sex with a woman whose looks were movie star grade, but who's personality was terrible. Such a woman is the perfect candidate for the pump and dump.

But from a woman's perspective, physical appearance is NEVER enough. An off putting demeanor, or a "creepy vibe" will quickly turn a woman's initial attraction into a gut-wrenching, seething disgust and contempt. While DiGuardia claims her anger is based on this guy's impatience when other people wait years for the same chance sounds plausible, I think this reaction from her demonstrates perfectly a female's visceral reaction of disgust at the idea of being fooled by the appearance of an Alpha who has the social skills of an Omega.

At the 3:27 point of the clip, DiGuardia pretty much says as much...

"You know what Simon, you have an attitude, but you're at least charming!"

If this dude would have been ugly and acted in the same manner, she probably would have laughed at him rather than get so upset at his lack of "charm."

Our Brave New World Order: Redeux

Keoni Galt · 21 January 2010 · Archived copy · Original

[image]

In January of 2009, I made this post entitled "Our Brave New World Order" that used Neil Postman's comparison and contrast of Aldous Huxley's Brave New World and George Orwell's 1984 as a starting point to come up with the many ways in which Huxley's vision of a future dystopia has already come to pass.

12 months later, Jim Quinn, a Lew Rockwell.com columnist, has done the same thing...but with more details, including statistics, graphs and tables to make the same point that I had arrived at intuitively.

As Lew Rockwell.com put it in their hyperlink to Quinn's Brave New World - 2009 article, "Read Orwell and Huxley to understand America."

He leads off with a great quote from Huxley:

> "Most human beings have an almost infinite capacity for taking things for granted. That men do not learn very much from the lessons of history is the most important of all the lessons of history."
>
> ~ Aldous Huxley

This is precisely what I think whenever I encounter people that express the idea that we human beings as a society, are "more advanced and evolved" than our forbears of the past.

So many people mistake technological advancement and luxurious existence afforded by technology for the evolution of a 'better humanity.'

Such fools never realize that it is precisely through the use of advanced technology that they are controlled, enslaved and they don't even realize it.

Quinn than goes to draw the parallels between Huxley's fictional society that governs cultural sexuality and reproduction with our current reality:

> The novel takes place in the year 2540 in London. The disturbing aspect is that we are now in the year 2009 and much of Huxley's vision has come to fruition. At the heart of the World State's control of its population is its rigid control over sexual mores and reproductive rights. Reproductive rights are controlled through an authoritarian system that sterilizes about two-thirds of women, requires the rest to use contraceptives, and surgically removes ovaries when it needs to produce new humans. The act of sex is controlled by a system of social rewards for promiscuity and lack of commitment.

Of course the primary difference is that we don't have an authoritarian system that sterilizes 2/3rds of all women,

nor do they require women to use contraceptives. That is not really necessary. Turns out that through indoctrination via mass media culture and institutionalized conditioning (our entire educational system), the system of social rewards for promiscuity and the lack of commitment have been more than enough to institute voluntary adherence to the elite's population control agenda.

As Quinn notes:

> The United States has restricted population growth through a number of methods. Abortion on demand was made the law of the land in 1973. Since that date 50 million abortions have been performed in the U.S.
>
> ---
>
> Over 12 million women in the U.S. use the pill (available since 1960) on a daily basis in order to avoid pregnancy. The morning after pill was introduced in 1999. Planned Parenthood, created in 1916, has 850 locations in the United States offering easy access to abortions and other forms of contraception. The net result of these government-supported efforts has been to cut the birth rate in half in the last century.

There is no need of authoritarian enforcement of a population control agenda if you can influence the masses to accept it willingly and eagerly on their own. This is precisely what the feminist agenda set out to accomplish, population control, both literally and figuratively.

Quinn also drew parallels between the caste system of Huxley's novel and the conditioning members of each caste received to America's current socio-economic caste system:

> Those in control of America also use conditioning and teaching to keep the lower classes in their place. The ruling elite send their children to exclusive private schools, grooming them for Harvard, Yale and Stanford. This guarantees they will be given the high-level positions in business and government. After decades of pumping billions of tax dollars into public schools while instituting politically correct diversity programs to dumb down the curriculum, the ruling elite have conditioned a vast swath of Americans to care more about Tiger Woods' driving and night putting skills than about the National Debt or the insidiousness of Federal Reserve–induced inflation.

Oh yes, as a country, we most certainly have been deliberately dumbed down by our public school system.

Quinn's next point compares the Bread and Circuses to distract the masses of Huxley's novel and our current entertainment-industrial complex:

> Another technological method of keeping the masses tranquilized and distracted in the Brave New World is through high-tech sports and entertainment. Sport is a pillar of the World State consisting of various games and activities which use high-tech equipment. Another key aspect of entertainment is the "feelies." Users rest their hands on metal knobs protruding from the arms of their chair, allowing them to feel the physical sensations of the actors on-screen (usually in sexually-themed films). The mass production of HDTVs, CD players, Laptop computers, Blackberries, iPhones, iPods, luxury automobiles and other electronic toys distributed to the

> masses through easy credit policies has successfully distracted the populace from the pillaging of the country by the Alphas at Goldman Sachs. The feelies of today are 24-hour cable TV with 600 stations, downloadable movies, an unlimited amount of free porn on the internet, strip joints, and prostitution. Sports addicts can attend baseball, football, basketball, hockey, soccer, wrestling, boxing, auto racing, and Michael Vick sponsored dog-fighting events year round, or watch it on TV 24 hours per day. With mindless jobs and unlimited distractions, the preponderance of citizens are as docile as sheep.

We the Sheeple indeed!

Quinn than compares our wasteful, consumer culture to the same mentality in the socially engineered culture of Brave New World:

> Our economic advancement has been marketed to Americans as "true happiness from consumption." Every need can be realized through material gain. Success as a society is measured by GDP growth and the façade of prosperity. In Brave New World children are conditioned from birth to value consumption with such platitudes as "ending is better than mending," which means buy a new one instead of fixing the old one. America has become the definitive throwaway society.

The wasteful consumption and throwaway mentality are often used to indict "Free Market Capitalism." I believe that true free market capitalism worked just fine when Americans used to have a much different attitude towards consumerism, thrift, savings and valuing what you did have and making it last. The 'disposable' economy is the direct product of the subversion of free market capitalism into our current reality of "crony capitalism" or corporatist fascism.

> The mass media is owned and controlled by mega-corporations run by the Alphas of our society. Colleges graduate thousands of people with the skills to manipulate the uninformed masses through advertising and propaganda. What passes for news organizations are just propaganda machines for a particular point of view. The public is distracted by the seemingly major differences between the two main political parties. The reality is that both parties are controlled by banking and corporate interests who pay for the laws that benefit their interests.

This is precisely the hardest point to try and get so many people to understand - that our two party system is a grand sham of political theater, and that both the donkeys and the elephants are not as different as the Corporate Government media complex would like you to think...remember:

Government Regulation + Industry = Cartel

Cartel = Corporatism

Corporatism = Economic Fascism

Quinn than compared our current reality, our technological advancement and material wealth with even recent

previous generations:

> The United States is the richest most powerful country in the history of the world. Our poorest live better than the aristocracy lived 100 years ago. We have indoor plumbing, air-conditioning, heaters, clean water, automobiles, trains, jet airplanes, televisions, CD players, portable gadgets galore, free public education, fast food, gyms to work off the fast food, movies, the internet, restaurants, bars, concerts, sporting events, casinos, home improvement stores, grocery stores, discount stores, Wal-Mart, clothes stores, jewelry stores, dollar stores, churches, Disney World, Las Vegas, and Graceland. These are the "things" that are supposed to make Americans happy. Going into the woods alone, like Thoreau, to think is frowned upon. The propagandists sell the American public happiness in the form of material goods and services. If you don't feel happy, take a pill. If you aren't happy with your appearance have plastic surgery. If your spouse isn't making you happy, cheat or get a divorce and try again. If your neighbor outdoes you by getting a $20,000 kitchen remodel, get yourself a $40,000 kitchen remodel. Happiness is a 6,000 sq ft McMansion with 5 bathrooms, a pool, game room, and Jacuzzi for your family of three. Having your neighbors see you driving a BMW 750Li will surely make you happy. Wearing a Rolex will definitely make you happy. If you die with the most toys, you're still dead. Until reading a book to your three-year-old at bedtime is valued more than staying at the office until 10:00 pm to complete an investment offering, our society is destined for decline.

Destined? We are already well on our way along that particular trajectory!

In reconsidering Neal Postman's comparison and contrast of 1984 and Brave New World, Quinn concludes:

> Our civilization has fused the worst of both novels. Many people in our country aren't capable of reading a book. Supposedly educated people have no interest in reading a book. The government withholds or manipulates information that is spoon-fed to the public. Trivial meaningless information floods the airwaves, keeping the public continuously diverted from seeking truth. The truth is lost in shades of grey and purposeful misinformation. Supposed differences between the ruling parties distract the public from realizing they are being fleeced by those in power. Government has used fear to create agencies and departments that have taken away our liberties and freedoms through Orwellian surveillance techniques. Our dumbed-down culture of hero worship, material pleasures, and ego enhancement is the representation of triviality. The Alphas have used our fears and desires to distract us from their plans to dominate and control every aspect of our lives. Their success is all but assured at this point.

Brave New World was written in 1931. So much he described has come to pass, I no longer think it was some sort of coincidence. Huxley most definitely had some kind of exposure to the inside knowledge of the plans and machinations of the Global elite and their goals in socially engineering the Brave New World Order we all live in today.

Awareness is Percolating

Keoni Galt · 22 January 2010 · Archived copy · Original

I've been reading various forums of a wide variety of different topics on the internet ever since I got my first computer and logged online back in 1997...with the Manosphere (btw - great all encompassing term for MRA/MGTOW/MRM/FRM/PUA blogosphere) being only one subject matter I discovered in the last 4 years or so.

Up until recently however, I've noticed that in just about any forum regarding whatever topic it's supposed to be focused on, like NFL football, martial arts, science fiction, news websites etc., most participants generally adhere to the politically correct, mainstream, blue-pill mindset on most every topic. Feminism, misogyny, and "equality" are pretty much taken as articles of faith by 90% of the people online.

Issues regarding domestic violence, divorce, adultery, cuckoldry, slutty behavior, non-jugementalism, the family court system, and all the other topics we in the Manosphere are used to discussing and such almost always had a lockstep conformity to the Matriarchy's cultural zeitgeist.

But as of late, I noticed the tide has slowly but surely turning. Awareness is percolating. While most people still don't recognize the full truth in light of the media and the culture's imposed vision of feminist-based mind control, I see more and more people looking at particular issues and raising important points that contradict the mainstream ideas of the Gynocracy. The cognitive dissonance between observed reality versus the socially engineered indoctrination is starting to manifest more and more amongst the brainwashed sheeple.

Take for instance this little news item reported on the NFL tabloid-esque website ProFootballTalk.com, about San Diego Chargers Linebacker, Shawne Merriman:

[image] "Merriman "excited" about fatherhood, "shocked" by lawsuit"

> On Thursday, San Diego Chargers linebacker Shawne Merriman announced on Twitter that he's going to be a father.
>
> "Wanted to wait until after the season to share some exciting news," Merriman tweeted. "I'm going to be Dad. I'm so excited."
>
> But in speaking to the San Diego Union-Tribune on Thursday, Merriman's excitement turned to "shock": That's the word Merriman used to describe how he felt when he learned that the mother, Tiffany Horne, filed a paternity case against him in San Diego Superior Court.
>
> "She's a great friend of mine and has been for almost six years now," Merriman said. "There's no denying of any kind of paternity. For this to be even taking place is a shock."
>
> The case is under seal, and there are conflicting comments from lawyers for Horne and Merriman about what kind of case it is. Horne's attorney said, "It's not a paternity suit," while Merriman's attorney called it a "standard paternity case."
>
> Merriman says he thinks the lawsuit stems from a breakdown in communication.

Of course even the tabloid styled website like PFT reports this news item in the neutral, non-judgmental tone of our age of permissive promiscuity and shameless bastardy. But the point I'm making here is found in the comment threads of PFT. A few commenters sound like the regular bloggers and commenters in the Manosphere!

> Hey Dummy!
> You know someone for 6 months, you knock he up, and you are a Professional athlete, you get served papers?
> CHA CHING!!!!!!!!
> CHILD SUPPORT!!!!!!
> Keep up the excitement, you should be real excited giving $15,000 or more a month to a baby youll hardly see.
> Way to go dummy.....
> LIGHTS OUT!!!!!
>
> ---
>
> She sees $$$$$$$$$$$.
>
> ---
>
> She was "Horne" for Merriman's money!
>
> ---
>
> Gold diggers! Mount up.
>
> ---
>
> She's not interested in what's your pants anymore, Shawn... now she wants what's in your wallet!
>
> ---
>
> Sounds like most of society today. Merriman "shes a great friend" ... I thought you were supposed to have kid with your wife and have a family e.g. the foundation of society.
>
> ---
>
> I'm pretty sure Merriman could have the best communication skills in the world and he'd still get hit with this lawsuit. Mom is looking to legally document Merriman as father and arrange court-ordered child support. None of this dicking around with "talking" and whatnot.
>
> One wonders what would happen if the courts stopped looking at men as wallets and codified the responsibility of pregnancy as solely that of the mother (after all the law is almost there now anyway re: Row Vs Wade) , whether you'd see a lot of decline of the phenomena of golddiggers and a drop in the single mom birth rate. I'd think it would be guaranteed. But hey, let's not do something to stop unaccountable behavior or anything.
>
> ---

> It's all about child support. Probably a very good move because we all know the well documented history of black athletes and children.
>
> ---
>
> oh i love when "great friends" turn into "money-grubbing whores"
>
> ---
>
> This is about money -- lots of tax-free money.
>
> The guideline in CA is that child support for a single child is 20% of the non-custodial parent's after-tax income. Merriman just ended his deal at about $2 million per season, so his after-tax income in 2009 was about $1 million. Based on this, the guideline will be about $200,000 per year, or about $17,000 per month, tax-free to the mother. The court will enter an order along those lines to take effect once the child is born.
>
> That number will also go up proportionately when Merriman gets tagged (as a restricted free agent) or signs a new deal.

Of course, there are a few comments of folks that regurgitate the femtard/white knight/mangina sensibilities...

...but even a just a couple of years ago, you never saw comments of this sort on non-Manosphere sights!

Awareness is percolating.

"Science" and the Epidemic of Obesity

Keoni Galt · 29 January 2010 · Archived copy · Original

Two articles came out this week that coincide perfectly with much of the dietary-based topics I've previously blogged about extensively.

First up, The Great Cholesterol Myth which gives a great rundown on how and why saturated fats and cholesterol have been systematically demonized by so-called "scientific studies" and eventually became the official policy of the Government/media zeitgeist that trickled throughout society to eventually become "conventional wisdom." This has lead to a whole host of consumer choices whereby most people thought they were eating healthier but were in fact contributing to the very diseases they thought they were preventing by following the conventional wisdom.

As Michael Chrichton once said in a lecture - (I)n my experience, we all tend to put a lot of faith in science. We believe what we're told. My father suffered a life filled with margarine, before he died of a heart attack anyway. Others of us have stuffed our colons with fiber to ward off cancer, only to learn later that it was all a waste of time, and fiber.

Here here. I can't believe people eat "I Can't Believe It's Not Butter!"

> Scientific hypotheses don't get much simpler than this: the cholesterol, or diet-heart, hypothesis, which has broken free from the ivory towers of academia to impact with massive force on society.
>
> It has driven a widespread change in the type of food we are told to eat, and consequently the food that lines the supermarket shelves. Many people view bacon and eggs as a dangerous killer, butter is shunned, and a multi-billion pound industry has sprung up providing 'healthy' low-fat alternatives.
>
> At the same time, millions of people are prescribed statins to lower cholesterol levels, and each new set of guidelines suggests that ever-more lowering of cholesterol is needed. When it comes to explaining what causes heart disease, the cholesterol hypothesis reigns supreme.
>
> But as the US editor and critic HL Mencken put it, 'For every complicated problem there is a solution that is simple, direct, understandable and wrong.' This is how we might view the diet-heart hypothesis: just because it is dominant does not mean it is right, and just because it looks simple does not mean that it actually is.

The second article gets into the details of High Fructose Corn Syrup (HFCS) and it's role in causing hyperinsulimia, diabetes and obesity...and also ties in the role of sugars and carbohydrates in raising dense, artery clogging LDL cholesterol.

From my own anecdotal experience, I have a young 22 year old male relative who came down with a painful case of gout. He went to the Doctor, who simply prescribed him some maintenance medication and told him to take it whenever he had a flair up.

I told him to just cut out HFCS sodas and juices, and to read the labels of anything he ate and make sure it didn't have any HFCS in it, and I bet his gout would go away.

He listened to me, and it went away in 2 weeks.

That stuff really IS poison. Just because it's from a "plant" doesn't mean it's healthy!

Expanding the Taxonomy of Male Classifications

Keoni Galt · 29 January 2010 · Archived copy · Original

Eveybody's favorite Christian Libertarian anarchist blogger, Vox Day, recently posted about Roissy and his practice of classifying men into the Alpha/Beta dichotomy.

VD wrote a pretty good taxonomy that definitely expands on what many critics of game and Roissy have always pointed out as Roissy's ideological weakness in using only two definitions of male behavior on the spectrum of male value in the sexual marketplace's hierarchy.

Before I present Vox's list, I do want to note that I think Roissy's focus on a Alpha/Beta dichotomy is useful as an intro for people who have never heard of "game" in the first place to gain a solid understanding of the differences in male behavior and demeanor.

Vox's expanded taxonomy seems to be a pretty good breakdown that accounts for all of the variations people always seem to question Roissy about. Roissy's comments are often filled with queries about behaviors such as "Is this "beta" or "alpha?" Am I a "greater beta" or a lesser alpha." Etc.

Perhaps Vox gives us a more useful taxonomy here:

> Alphas - the male elite, the leaders of men for whom women naturally lust. Their mere presence sets women a-tingle regardless of whether she is taken or not. Once you've seen beautiful married women ignoring tall, handsome, wealthy, and even famous men because that ugly old troll Henry Kissinger walked in the room, you simply can't deny the reality of Alphadom. Example: Captain Kirk, Big from Sex in the City. Suggestion: Do you see a scoreboard? Right, so relax already!
>
> Betas - the lieutenants, the petty aristocracy. They're popular, they do well with women, they're pretty successful in life, and they may even be exceptionally good-looking. But they lack the Alpha's natural self-confidence and strength of character. They're not leaders and they're not the men to whom women are helplessly drawn. Most men who like to think they're Alphas because of their success are actually Betas. Most Betas won't change their game because they don't really have any need or reason to do so. This is probably the easiest social slot in which to find yourself, since the Beta enjoys many of the benefits of Alphadom without being trapped in the Alpha's endless cycle of competition. Example: Brad Pitt Suggestion: Have some compassion for the less naturally fortunate. Try to include them once in awhile.
>
> Deltas - the great majority of men. These are Roissy's Betas. Almost all of you reading this are Deltas despite the natural desire to believe that you are a brave and bold Alpha snowflake notwithstanding. Deal with it. There's absolutely nothing wrong with being a Delta, it's just a simple statistical and observable reality. The sooner you accept the truth about yourself, the sooner you will be able to control your unconscious inclinations and modify your behavior in a manner that will help you achieve your goals. I've gone out of alphabetical order here because delta symbolizes change, which most Deltas are capable to some extent. Hence the synthetic alpha instruction set known as Game. Example: Probably you. Suggestion: Never forget that there are plenty of girls on the girl tree.
>
> Gammas - the obsequious ones, the posterior puckerers, the nice guys who attempt to score through white-knighting, faux-chivalry, flattery, and omnipresence. All men except true Alphas will occasionally fall into

> Gamma behavior from time to time, this is the behavior and attitude that Roissy is attempting to teach men to recognize and avoid. The dividing line between a Gamma and a Delta is that the Gamma genuinely believes in the Gamma reality to the very core of his soul whereas the Delta is never truly comfortable with himself when he behaves in this manner despite being thoroughly indoctrinated in it by his culture. Example: Probably you if you've found yourself complaining about your lack of female companionship over the last two years. Suggestion: Remember that the statement "all are fallen" applies to women too. She isn't any more naturally pure or holy or ethereal than you are.
>
> Lambdas - the gays. They have their own social hierarchy. They can fill any role from Alpha to Omega, but they tend to play the part rather than actually be it because the heterosexual social construct only encompasses the public part of their lives. Example: Neil Patrick Harris. Suggestion: Straights will be more tolerant if you keep the bathhouse behavior behind closed doors.
>
> Sigmas - the lone wolves. Occasionally mistaken for Alphas, particularly by women and Alphas, they are not leaders and will actively resist the attempt of others to draft them. Alphas instinctively view them as challenges and either dislike or warily respect them. Some Deltas and most Omegas fancy themselves Sigmas, but the true Sigma's withdrawal from the pack is not a reaction to the way he is treated, it is pure instinct. Example: Clint Eastwood's movie persona. Suggestion: Entertain the possibility that other people are not always Hell. The banal idiocy is incidental, it's not intentional torture.
>
> Omegas - the losers. Even the Gamma males despise them. That which doesn't kill them can make them stronger, but most never surmount the desperate need to belong caused by their social rejection. Omegas can be the most dangerous of men because the pain of their constant rejection renders the suffering of others completely meaningless in their eyes. Omegas tend to cluster in defensive groups; the dividing line between the Omega and the Sigma is twofold and can be easily recognized by a) the behavior of male Betas and Deltas and b) the behavior of women. Women tend to find outliers attractive in general, but while they respond to Sigmas almost as strongly as they do to Alphas, they correctly find Omega males creepier and much scarier than Gamma males. Example: Eric Harris Suggestion: Your rejection isn't entirely personal. Observe the difference in your own behavior and the way the Betas act. And try not to start off conversations with women by sharing "interesting facts" with them.

The System Was Designed to Make Us Go Mad

Keoni Galt · 2 February 2010 · Archived copy · Original

I spent this past weekend in a state of introspective contemplation, trying to grasp the enormity of all the issues and topics that I've spent the last several years reading, researching and blogging about. It has been like a continuous process of finding the metaphorical pieces of an enormous jigsaw puzzle, and as each piece fell into place, the picture finally begins to emerges in it's entirety.

The most prominent thought that emerged from my ruminations has been just how unnatural we live out our lives in this BraveNewWorldOrder. To use one of their indoctrination phrases...this is UNSUSTAINABLE.

I think one finds balance, peace of mind and an inner equilibrium when we live our existence in accordance with our natural state of being. This is why we now live in a carefully constructed, artificial reality shaped by endless repetitions of memes, disinformation and propaganda inculcated through mass media indoctrination and bureaucratic institutional brainwashing.

[image]
This subversion of our natural state of equilibrium is so complete, so encompassing, so pervasive...that once you grasp the enormity of just how many areas of your life they have affected, effected, conditioned, molded and steered, you can ONLY conclude that it has been done on purpose...with deliberate intent.

The social engineers that have shaped our society and our culture have a full, working knowledge of our human natures, our desires, our biological imperatives, and our instinctive proclivities...and they have deliberately and deviously gone about subverting, distorting and contorting those needs, wants and desires to create a script for which we unknowingly and unwittingly follow...immersing ourselves into lives of artificial constructs that deliberately go against our natural state of equilibrium.

If you ever feel like you're going crazy in a world gone mad, that is precisely your cognitive dissonance of your natural instincts clashing with the unnatural script you are trying to follow to achieve "success" and "happiness." This purposely instilled discombobulation was designed to leave you confused, tired, overworked, and in ill health, unable to contemplate their devious machinations to subtly and covertly control your life.

To put it in even simpler terms - to render you easily manipulated, our BraveNewWorldOrder's social engineers have deliberately scrambled our understanding of gender relationship roles, familial roles, dietary nutrition and health, understanding of finance and economics, and a proper understanding of education.

[image]
They've created a society for which the cultural inertia pushes us into debt slavery -- student loans to finance education to achieve certification to become an entry level human resource for a corporation so you can eventually qualify for a 30 year mortgage, multiple auto loans, and credit card debt to pursue materialistic consumerist satisfaction to try and derive meaning from your otherwise scripted and empty existence.

They've created a society for which cultural inertia pushes us into dysfunctional familial relationships mediated by an interloping State authority.

[image]
They've created a society for which we ignore all of these manifestations of population control by focusing on a

mass media constructed fantasy to keep us all distracted and mind-numbingly complacent and ignorant.

[image]
They've created a society for which cultural inertia pushes us into bad dietary lifestyles, unhealthy addictions and a health care "system" that profits off of our misery and sickness.

[image]
In other words, they treat us like the sheeple that we are. We've been herded, branded, fattened, sheered and eventually led to slaughter...

There's only one way to refuse and resist:

Stop drinking the kool aid.

Stop taking the blue pill.

Unplug from the Matrix.

Seek out the truth, and find your peace.

But most of all, Hope for the best...

...while preparing for the worst.

The Married Man's Last Stand

Keoni Galt · 9 February 2010 · Archived copy · Original

I watched the Superbowl yesterday -- good game. Unlike the rest of the NFL football season, I also watched the commercials. Throughout the 17 week season of the NFL, the large corporations that sponsor the games typically show the same 20 or so commericals over and over again during NFL game broadcasts. Such repetitive exposure to commercialized propaganda used to drive me insane.

But I love watching the NFL so much, I considered a nuisance I had to endure to get my enjoyment out of the spectacle of the human chess match that is professional NFL Football.

But a couple of years ago, I switched to a satellite broadcast company for my TV, shutting off the cable and have enjoyed a level of control over the idiot box I previously didn't think possible....with a 100 hour Digital Video Recorder receiver box, I've discovered the joys of recording all the games I want to watch, and than hitting the "skip forward 30 second" button on my remote. So while watching an NFL game, I can literally watch a 3 and-a-half hour broadcast in almost half the time sans all the commercials.

I've gone this entire season without watching even a single commercial.

But, of course, we all know that the Superbowl commands such a large audience, that advertisers will often pull out all the stops to create commercials that are memorable and humorous. So I do have to say, some of the commercials I saw certainly lived up to their Superbowl billing (not that I'm going to start drinking Bud Light and eat Doritos...but some of their commercials were entertaining)!

And...of course, as many people have noted, like everything else on 21st century idiot box, tell-a-vision programming, there were a fair share of misandrist themes found in many commercials. Jay Hammers offered a quick synopsis with youtube links over at the Spearhead highlighting some of the more egregious offenders.

But one commercial really stood out for me...the Dodge Chargers "Man's Last Stand" commercial.

Here's the transcript of the narrative:

> I will get up and walk the dog at 6:30am.
> I will eat fruit as a part of my breakfast.
> I will shave...I will clean the sink afterI shave.
> I will be at work by 8 am...I will sit through 2 hour meetings.
> I will say yes when you want me to say yes.
> I will be quiet when you don't want to hear me say no.
> I will take your call..I will listen to your opinion of my friends.
> I will listen to your friends opinions of my friends.
> I will be civil to your mother.
> I will put the seat down...I will separate the recycling.
> I will carry your lip balm.
> I will watch your vampire TV shows with you.
> I will take your socks off before getting into bed.
> I will put my underwear in the basket...

> And because I do this...I will drive the car, I want to drive.

My first thought was: "And because of this, you will be driving the car you want to drive...while struggling to put gas in the tank because you have to pay your court ordered alimony and child support payments because your now ex-wife couldn't stand being married to an utterly dominated, spineless, feminized little boy, begging Mommy's permission to do anything.

This is THE primary way in which the typical marriage is now portrayed by 21st century tell-a-vision. PUA game lingo refers to the average, plain guy who can't get laid as an Average Frustrated Chump, or: AFC...well tell-a-vision usually portrays the typical married man as an AMC.

I've gotten into my share of arguments over time with various folks in the Man-o-sphere regarding the topics of marriage..I don't intend to rehash them here. However, I will say, any man that is married or is getting married, you need to understand a basic truth here: any marriage that is modeled after the AMC template as promoted by our mass media culture, is one destined for failure and unhappiness.

Women are hypergamous. That means if she can rule you, she will not respect you. If she can't respect you, she certainly can't lust you. And if she can't lust you...

We all know how that ends up in our Brave New World Order's family court system.

Anyhow, I thought I'd give it a go to see how this commercial would be like if it were based on a Man who understands what HEAD OF THE HOUSEHOLD means:

> You need to start getting up and walking the dog at 6:30am...you're starting to look a little hefty...you wouldn't want to turn into one of those people of walmart cows?!
>
> You will add some fruit to my breakfast that you are cooking...but DON'T overcook the eggs.
>
> I will shave...I will clean the sink after I shave as well as that clump of your hair out of the bathroom drain...because as the MAN, I realize that the nasty, dirty jobs are MY job around here...and while I do all the things you simply cannot bear to do, like haul the garbage, kill the rodents and insects and yes, clean hair clogs out of drains, you should be cooking me some food or washing the dishes and not complaining about how you "Do Everything Around Here!" Because you don't.
>
> I will be at work by 8 am...I will sit through 2 hour meetings. Because I'm the provider, and I will endure whatever it takes to provide for this household.
>
> I will NEVER say yes when you want me to say yes. If you don't like what I have to say, than make me a sandwich.
>
> You will be quiet when I am doing something that has my interest and requires my concentration.
>
> I will take your call...if I feel like it. If not, I'll call you back later.

> I will listen to your opinion of my friends...I may or may not agree with you, but you will NOT choose my friends for me.
>
> What was that your friends said about my friends? Don't they have better things to do than gossip about MY friends?
>
> I will be civil to your mother...if she is civil to me. Respect is a two way street. I have no problem being respectful...to a respectful person in kind.
>
> Put the seat down yourself and quit your squawking....is it really that big a deal for something that takes no time and almost no effort to put it up or down?
>
> I will separate the recycling...after all, that's all bottles from my beer. I'll separate them and turn them in to the collection center, so I can take the refund and buy more beer. See...I got this recycling thing down pat.
>
> Here...carry your own lip balm...isn't that why you carry a purse with everything but the kitchen sink in it in the first place? In fact, while your at it, here...put this in your purse until I need it.
>
> Watch your vampire TV shows when I'm not around. Better yet, stop watching that garbage. Read a book.
>
> I will wear whatever I want to wear before getting into bed...if you don't like it, you can always take the couch.
>
> I will put my underwear in the basket when I'm good and ready to have my laundry done.
>
> And because I do this...I will drive the car, I want to drive, while you can drive the mini-van I bought for you to take the kids to soccer practice.

Wouldn't it be great to see a commercial like that?

Our Dysfunctional Society was Deliberately Designed That Way

Keoni Galt · 12 February 2010 · Archived copy · Original

[image]
An apropos variation of this blog-posting's title would be: Complete Population Control (It's not just about the birth rate.)

I, like many fellow Man-o-sphere bloggers, often refer to the Matrix red pill vs. blue pill allegory to describe the awakening or moment of awareness we undergo when we put aside the premises, assumptions and pretty lies of our mass media indoctrination that influences most people's understanding of what we mistakenly refer to as "conventional wisdom."

For many, they take the "red pill" concerning one specific area -- i.e. gender relations; the true nature of female sexuality; game; Marriage 1.0 vs. Marriage 2.0 etc. -- and upon gaining insight into a new paradigm, we open a little window of doubt into our formerly indoctrinated mental construct of the world. For some, that is all they are ever satisfied with. Many study the topics into extensive details,, continually deconstructing the pretty lies, taking them apart piece-by-piece, until they gain a full and comprehensive overview of that specific topics truths versus the misconceptions, illusions, delusions, memes and shibboleths of our BraveNewWorldOrder's propaganda-driven world view.

For others, like myself, gaining insights into one area of just how mass delusions are promulgated and accepted as the mainstream conventional wisdom begins a domino effect of cynical skepticism, bordering on paranoia. My initial quest in seeking to gain an understanding of how feminism corrupted marriage in this country has eventually lead me onto a path of studying and analyzing almost every aspect of life under our Brave New World Order. I began to question ALL conventional wisdom. From marriage laws, gender relations, dietary nutrition, education, science, money and finance, and politics. All of these areas that encompass all of our lives are literally influenced, directed...or more appropriately; HERDED by lies, propaganda, half-truths and disinformation. Himmler could only dream of the level of control over We the Sheeple's minds that today's social engineers exercise on the masses.

As far as I'm concerned, the lynch pin to gaining my understanding of the big picture came from combining all of the knowledge gleaned from years of blog reading with the insights provided by several seminal books that became available for free online - works that I would have never before walked into a bookstore and bought for myself. Books like those I've linked on my blogroll: The Underground History of America, The Deliberated Dumbing Down of America, The Garbage Generation, and most recently, Carroll Quigley's Tragedy and Hope: A History of the World in our Time.

I believe the evidence is overwhelming. I've put the pieces of the puzzle to together in my own mind, and I'm convinced that the conspiracy is indeed true. But in trying to impart this understanding to other people who haven't already done their own research into it, I've found is next to impossible. The inculcated programming to disbelieve all "conspiracy theory" is one of the strongest implanted ideas to overcome.

I've been rebuked, insulted, marginalized, ignored and castigated in many debates I've engaged in over the last couple of years; both online and in "real" life.* Once people find out that my basic premise involves pointing to the manipulation of every aspect of our reality by a powerful cabal of elites, working to bring the world under one world-communitarian governance...and that there primary weapon IS mass mind control...it seems to me that there is a deeply instilled mechanism that seems to kick in and causes most people to simply reject the entire argument. A reference to "conspiracy" has now come to mean Reptilian Satanists in UFO's to the average blue pill addict.

"C'mon man, you really believe that bullshit?!"

Mis-information and Dis-information is their most powerful means of maintaining their mass mind control. By subverting our societies churches, our educational system, our food supply, and most importantly our mass media, the social engineers behind all of this are actually the grand architects of our modern world. Why do we have a Government that is out of control and never seems to "fix" any of the problems they say they intend to? Why do we have a Government that endorses dietary guidelines and subsidized processed FEED that lead to an epidemic of degerative diseases amongst the populace? Why do we have a Government who's policies deliberately destroy the nuclear family structure that this nation was initially built upon? Why do we have a massive educational system that churns out a dumbed-down populace of sheeple easily mislead by tell-a-vision, news reporters and pseudo-scientists? These are all areas of our lives that are deeply dysfunctional if you live your life and formulate your behaviors based on the attitudes you've been TOLD to adopt by our culture. In short, we are a dysfunctional society, because the powers that be WANT IT THIS WAY.

When you unplug yourself from the matrix completely, in ALL facets of your life, you will finally see just how unbalanced, unnatural and corrupted our modern rat race of life within the matrix really is.

Once you take the red pill, there is no going back.

*I put "real" in quotes, in reference to the fact that red pill takers have a much different view of "real" life than your average blue pill swallower.

Red-pill Reflections On Blue-pill Delusions

Keoni Galt · 25 February 2010 · Archived copy · Original

As the old saying goes, hindsight is always 20/20...and after a bit of rumination and introspection, I think this axiom is certainly true. Inspired by the blogging of Alkibiades and Talleyrand and their frequent posts over at Seasons of Tumult and Discord regarding their "red-pill" based observations of interpersonal relationship dynamics in their day-to-day interactions, as well as recalling their experiences from their pasts, I too began to think a lot about my own experiences and of those of the people I've known.

Looking back to my own relationships, and those of relationships of friends and family for which I have an intimate knowledge of their particular dynamics, I now realize that I have a much clearer understanding of why people ended up doing the things they did; why they took certain tracks in life.

When I was a young man in my 20's, I self-identified as a socially-libertine conservative Republican - i.e. basically a small government, anti-liberal - Rush Limbaugh listening - FOXNews watching - Republican voting - pot smoker. I always supported the Libertarian Party platform and candidates...but I used to buy into the lie that I HAD to vote Republican to fight the liberal - socialist Democrats. (8 years of the Dubya-led GOP and his "compassionate conservatism" certainly cured me of that particular notion.)

Nevertheless, one of the ideas I used to accept without reservation was the idea that the two parent family was inviolable - that screwed up people only came from broken households with absentee parental guidance or abusive step-parents...which is of course the right-wing view as promoted by the likes of Rush and Bill O'Reilly et al. So I was always puzzled whenever I thought about a particular family that I knew of. The Father was a retired military man, the mother, an Asian he married while deployed overseas. They married, and moved to Hawaii, and had two children, a girl and a boy. They were both in my peer group and we all hung out amongst the same clique in High School and the first half of my 20's.

The girl was known as 'easy.' Not exactly considered a slut...but she was the penultimate serial monogamy-polyandrist. She dated almost every single guy amongst our social peer group. While she wouldn't have one night stands or cheat on a current boyfriend, it was widely known that all you had to do was ask her out and take her on a single date and you would be getting some until either she broke up with you or you broke it off with her. In a 10 year period (from 15-25 I lost contact with them after that - but eventually connected with her again through facebook.), I would say she "dated" probably 35+ guys. I would say it's not too outrageous to guess the pattern continued in the last decade since I last saw her. The reason why I write about her story is because she dated 3 of my closest friends for extended periods of time (3-6 months...for her, that was extensive.) I saw first hand the relationship arc she went through with each of my friends. Of course I had no understanding at all about the dynamics that played out at the time.

Her younger brother was a definite wild-child, who constantly got into trouble, and eventually dropped out of school. He and I used to hang out occasionally, and would often deal with each other in terms of acquiring our favored smokable herbs. I've spent a bit of time at their house just hanging out with the both of them and I used to wonder how both he and his sister turned out so wild when they had such a stern, disciplinarian-type drill Seargent type of a Father. I often sat there while he lectured one or both of them.

According to my "right-wing" belief system at the time, I thought these kids were some kind of weird anomaly. Two kids from an intact family home, both living wild and self-destructive (but-oh-so-fun) lifestyles.

Now, I do believe I know exactly why they turned out the way they did (and why I too got into so much trouble in my youth).

I now understand that the simple existence of a two parent household, while important, is certainly not the be all-end all of raising children to have successful families of their own and to becoming thoughtful, contributing members of society.

See, I now know that their can be worse situations than single mother households.

Just because parents are not divorced, doesn't really mean that a home can't be broken. Funny, how I used to think to myself about how these two were so screwed up...but I never made the association with my own situation, and why I too embraced a self-destructive lifestyle in my youth.

Looking back with "red-pill" induced clarity, I now understand exactly why these two kids took a path of dysfunction (as I similarly did). Their strict, harsh, disciplinarian father had zero authority in his home. And while the Father would get angry and go into tirades and try to mete out discipline for his children...their mother always intervened, interjected and undermined any sort of authority he tried to assert.

If he grounded them, she would give them permission to go out the minute he left the house.

If he tried to take away their things, she'd give it back to them.

If he cut off their allowance, she'd just give them the money when he wasn't looking.

She spoiled them rotten...and he knew it. And he never stood up to his wife's constant campaign to render his authority meaningless. She wore the proverbial pants.

He'd yell at them, and she'd jump right in and defend them, no matter what.

When the school called because the boy skipped school three days in a row, the father would start to yell at him, and his mother would immediately get in between them defend her son from the Father's wrath. Same thing when he got arrested for possession of cocaine and acid. When he got arrested for reckless endangerment for his crazy driving. No matter what, these kids had no consequences for their behavior...because their mother enabled them and the Father never stood up to her and called her on it. The mother had utter contempt for the Father. I now see this kind of home environment can be just as bad -- if not worse -- for children as a bitter divorce or abandoned by a deadbeat. It was much the same story I went through myself.

Gaining an understanding of this dynamic that they grew up in, I also now realize why the sister was such a serial monogamist - the very minute her boyfriends started "beta-izing," she'd lose all attraction for him, and either dump them, or begin to act so bitchy and aloof, he'd dump her. In essence, every new guy she began dating, was a potential male figure of authority that on a visceral, instinctual level, she needed to respect. As soon as she couldn't respect them anymore, it was over. She was essentially rejecting any male that became contemptible...unconsciously, she just couldn't bear to see herself fall into the same relationship dynamic as her parents.

Now, of course, thanks to facebook, I see that she's a single-mother career woman, turned cougar.

Her brother ended up in jail.

My own home life was a bit different, since religion played a prominent role in my own upbringing...but my mother's contempt for my Beta-provider Father certainly affected myself as well.

I don't think my Mother ever realized how destructive she was to my sibling's and my own personal development. The bitter contempt she expressed for my Father whenever he wasn't around. "YOUR FATHER" spit out in disgust was the daily epithet we heard from her as she complained about him on a regular basis. He could never do anything right. Ever. Oh, he sure tried his hardest. But my Father's church-based, white-night chivalry ideals combined with a supplicating, "what can I do to make you happy" demeanor drove my Mother's innate hypergamous instincts haywire.

The funny thing is that my grandfather was the complete opposite. He was certainly an old school 'player.' Until he died in his late 80's, my grandfather was the kind of man that could easily dominate any conversation in a room. He was a "natural." He also had multiple affairs on my Grandmother when they were dating (supposedly none after they married...but I wouldn't put it past the old goat). I think my Father was raised to be a supplicating Beta by my Grandmother constantly telling him to not be like his own father. She took him to a woman-pedestal-izing "Christian" church when he was a young boy and made sure he would not grow up to be a womanizer like his own Father.

My mother used to tell us that our Grandfather was a "terrible" man. That he was "abusive." What I now understand is that my Mother was observing how my Grandfather used to "neg" my Grandmother, and how he definitively "wore the pants." My Grandfather was a very dominant man and my Grandmother was certainly submissive to him. My mother couldn't stand going to their house for the holidays. It would drive her crazy to see my Grandfather say something like "Where's my dinner woman?!" and my Grandmother would quickly get to cooking in the kitchen.

In my mother's 1960's college indoctrinated mentality, my Grandfather was a chauvinist pig and my Grandmother, an oppressed slave catering to his every whim. It wasn't until I was a grown man and I saw my Grandparents die, that I began to understand that they truly loved each other. My Grandmother respected my Grandfather...and he truly loved her. I'll never forget standing at her hospital bedside, watching my Grandmother grasp my Grandfather's hand and telling him she loved him with all her heart and thanked him for a lifetime together. He was utterly heartbroken when she passed away. This was a complete and total shock to me. I had been brainwashed by my mother to believe that they had a sick, abusive relationship...that what they had was not "love."

Only now do I truly understand exactly who it is that has a sick, abusive relationship.

As a young teen, hearing a daily campaign of revulsion and contempt from my mother directed at my Father destroyed my own self-esteem and my own self-image. If your Father is such a piece of garbage, why than I must be one too. I used to hate my father with a passion...and that hatred also turned onto myself. When I looked in the mirror and saw that face that resembled my Father's, my mother's contempt for that similar face, had programmed me to develop a great deal of contempt for my own reflection in the mirror.

I now realize precisely why I myself embraced a self-destructive lifestyle as a teen and young adult. When it comes to hard drugs, and thrill seeking, reckless and suicidal behavior, I've been there and done that. I didn't care if I lived or died.

As I grew older and gained a real understanding of these things, I also went through a period of hatred for my mother. I've gotten over that now. I've gone through a pendulum of emotions and attitudes - from blaming my Father to blaming my Mother. I'm simply now past blame and recriminations. I've settled on simple acceptance. It is what it is, and I also realize that there are other people that have had far worse upbringings to deal with than what I went through. I now realize that my Mother is not totally to blame for her contempt of my Father...that my Father

simply does not understand how his supplicating, "nice-guy" manner of dealing with my Mom is the very reason why she's such a bitchy nag to this very day.

But I thank God I have taken the "red-pill" and see such things clearly now. When my own children grow older, I think I have the knowledge to give them a much better home life than the one I grew up in.

Hope for the Best While Preparing for the Worst

Keoni Galt · 2 March 2010 · Archived copy · Original

[image]

Within the last 5 years, I've experienced two events here in Hawaii that show how dependent most people have become to our modern, technology driven way of life....and how our modern Society is ill prepared to deal with the basic necessities of life following potentially catastrophic events. The first event was an undersea earthquake near the Big Island in October of 2005. It shook the entire Island chain on an early Sunday morning.

10 minutes after the quake, the power generators at the Oahu power plants shut down as an automatic safety precaution, as the quake caused the massive turbines to shift while they were in operation. This cut off power across the entire island. Completely. All traffic lights, street lights...everything was without power.

Within minutes, the local grocery stores were inundated with the masses of people, quickly buying up as much food, ice, charcoal, bottled water and toilet paper as they could. Most stores sold out within several hours. It took the Hawaiian Electric Co. about 12 hours to restore the power.

But I never forgot having to stand in a line at my community grocery store that day, that rivaled an amusement park roller coaster ride in the middle of the summer jam, to get into the grocery store. There was no lights, and the generator roaring out back was used only to keep the freezers and refrigerators powered up so the food wouldn't spoil. The store employees were only escorting two people at a time with flashlights, and were hand-writing all sales transactions and only accepting cash.

It was quite the experience to walk around a darkened store by flashlight and seeing all the shelves that had been rapidly emptied by panicked people.

That experience inspired me to make my own storehouse of provisions and supplies. I never again wanted to have to stand in a long line of unprepared people, desperate to get the chance to try and buy up a dwindling supply of provisions while worrying about a pending catastrophic event.

The scene repeated itself this past weekend. The Tsunami warning Hawaii was under following the Chilean earthquake this past Friday once again resulted in a mad scramble of the masses.

I saw the news alerts on Friday night after turning on the Tell-a-Vision during a midnight snack.

Our local news channels immediately began instructing the viewers to run out to the store and stock up on canned food, water, charcoal, ice, toilet paper and to top off all of their cars gasoline tanks. They also advised that the State Civil Defense Agency would be sounding the warning sirens at 6am that morning.

Since the Tsunami was predicted to hit our shores around 11:30am, this gave roughly 5 hours for everyone living near the coastlines of our island state to load up their valuables and camping gear and head for higher ground.

So of course, by 6:30am, the cars were lined up for 3-4 blocks to fill up their cars with gas, the stores quickly sold out of staple groceries, and all the roads from coastal areas leading to higher ground became a bumper to bumper traffic jam. Everyone went into a hoarding and evacuation frenzy.

I, on the other hand, relaxed comfortably in my yard, enjoying some refreshing beverages and observing the Ocean with binoculars, waiting to see if the telltale signs of a pending Tsunami would manifest. I was particularly interested to see if the water would suck out to sea, exposing the reefs and ocean floor before the Tsunami surge rolled in. Previous Tsunami's in Hawaii's history relate many eyewitness accounts to this phenomenon just before the Tsunami surge arrives on shore.

Needless to say, my afternoon of leisurely waiting for the Tsunami to arrive ended up being a weird mixture of relief and disappointment. I'm glad it wasn't a disaster that destroyed a lot of people's property...but I was somewhat excited to witness a rare event from a comfortable, and well-prepared vantage point.

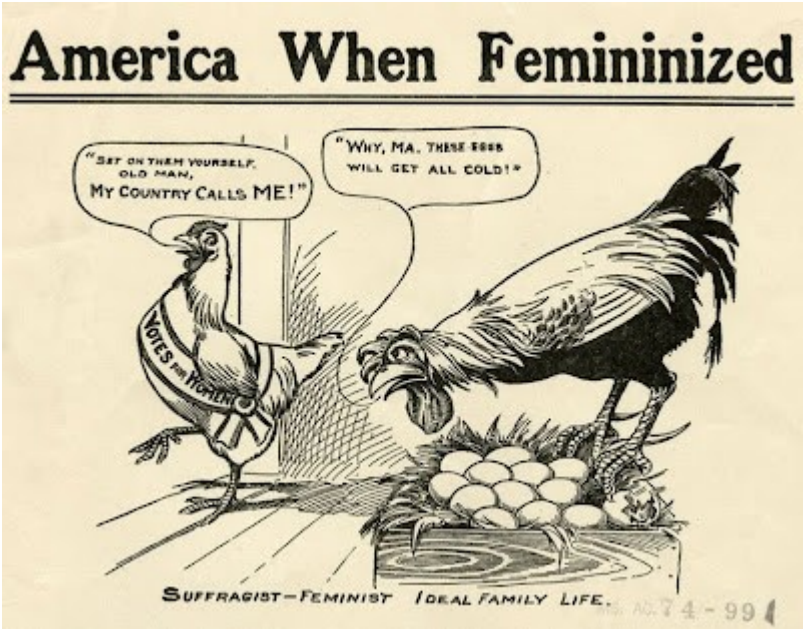
The reason why I did not have to panic, run out to the store and compete with the urgent masses trying to hoard as much of life's necessities as possible, is because I've already got my own stock of provisions, fuel and water...as well as ammunition.
I've also got my own thriving fruit vegetable and herb garden, livestock and egg-laying chickens. I'm fairly confident that I could literally survive without a grocery store, electricity and gasoline for an indefinite amount of time.

While I may have dropped out as a troubled teenager from my local Boy Scout troop long before attaining the rank of Eagle...I did attend long enough to absorb and incorporate the Boy Scout motto as a primary tenet of my personal ethos - Be Prepared.

Are you prepared for the potential breakdown of civil society, and a mad scramble for provisions and resources for the masses of Sheeple who never gave it a moments thought until the civil defense sirens began to wail? Are you able and capable AND have the means to defend your life, your family and your property?

The Anti-Suffragists Knew Exactly What Would Happen...

Keoni Galt · 4 March 2010 · Archived copy · Original



One of the first red pills I had initial resistance to swallowing as I was going through my initial eye-opening phase of attaining insight into the reality of our BraveNewWorldOrder, was the idea that Woman's Suffrage was a bad thing.

I think I first encountered the anti-suffragist point of view reading Vox Day, back when I was an elephant kool aid drunkard around 2002 or so. I was literally shocked when I first read VD's reasons for opposing suffrage. I couldn't believe anyone thought like that. Little did I know back then just how deep down that rabbit hole I would eventually go....

Of course, when you are firmly plugged into our mainstream media matrix and sufficiently re-educated and dumbed down by public schooling indoctrination camps, you simply "know" that "Brave Suffragists fought heroically in the early 20th century to secure the right to vote for women!" THE RIGHT TO VOTE, we are told, is one of the highest duties; a responsibility and an exercise in civic responsibility...doing an act that supposedly made this country great.

As we know, the winners of the war always write the history in their favor...and the suffragists certainly won this war.

The funny thing is that up until recently, I had always assumed that the suffragist activists that pushed to get the 19th amendment passed had pulled a fast one over an unsuspecting country. Thanks to my recent discovery of an excellent blog, Full of Grace, Seasoned with Salt, I found the evidence that the anti-suffragist movement knew exactly who the suffragists were and what they were trying to accomplish. Indeed, everything they predicted has come to pass.

The author of Full of Grace, "Laura" has a series of posts that were the result of her research of old newspaper micro-fiche files available online. You will find it well worth your time to specifically read all of her posts labeled with the following icon:



Well done Laura!

One of the items of interest she posted was a flyer printed up by the anti-suffragists opposed to the "Susan B. Anthony" amendment to the constitution. Have a look at the arguments they put forth:

> The more a politician allows himself to be henpecked, the more henpecking we will have in politics.
>
> American pep which was the result of a masculine dominated country will soon be a thing of the past. With the collapse of male ascendancy in this country we can look forward to a nation of degeneration. The suppression of sex will ultimately have its harvest in decadence, a phenomenon already beginning. The effect of the social revolution on American character will be to make "sissies" of American men--a process already well under way". --Dr. William J. Hickson, Chicago University.
>
> WOMAN SUFFRAGE denature both men and women; it masculinizes women and feminizes men. The history of ancient civilization has proven that a weakening of the man power of nations has been but a pre-runner of decadence in civilization.

They were not merely trying to scare up opposition to the suffragists, touting some mythical, worst case scenario that might have come to pass. No, these were people who understood their history and the way that gender roles and the social norms of a culture that support them will either build up or tear down "civilization."

As Laura wrote in her post, Henpecked America: Organized Female Nagging Forever -

> "What else is there to say? I think this and the other articles make it very clear the purpose of feminism. Back in the day those who believed it would destroy men and the family were probably seen as crazy. But, here we are now living the the proof."

Not just back in those days, my dear. If you were to tell a typical, modern day American woman (or man for that matter) that the suffrage movement was a disguised, subversive attack on the family and deliberately employed to break up families and foster discord between men and women, so that politicians would than be able to grab power by playing off of women's fears and basic instinctual desire to prefer security over freedom, she would look at you like you're an escapee from the loony bin.

I love the cartoon at the top of this anti-suffragist flyer, as it perfectly encapsulates the consequences of the politicization of the female gender. Note the broken egg with the dead chick on the bottom right corner of the nest. This was 50 years before Roe v. Wade became the law of the land and millions of women have slaughtered the

babes in their wombs in the name of "choice."

Oh yes, the anti-suffragists of that era knew exactly who they were dealing with.

As I noted in my first contribution to the Spearhead, the Women's suffrage movement as portrayed by feminist revisionist history, was based on the idea that women were "denied" the vote by oppressive, misogynist men, but the reality had nothing to do with "oppression." The real reason was based on the way in which society viewed the institution of marriage back then.

> The most important thing to consider first, was the widely held belief system that was accepted by society at large in the bad old days of Patriarchal oppression…primarily with regards to marriage. Before the sexual revolution and cultural upheaval of the 1960's, America was widely understood to be a Christian nation. Most Americans were church going citizens and the moral code of the Bible and it's 10 commandments and the New Testament's "golden rule" were the accepted 'social contract' of moral principles.
>
> Why is this relevant? Because the basic principle of a Christian-based society like the early America was the idea that marriage was the merging of a man and woman into a single entity. One unit. In the physical, spiritual and legal sense of the word.
>
> Signer of the Declaration of Independence and also one of the framers of the Constitution, James Wilson, wrote about how Marriage was considered under the eyes of the law:
>
> > *The most important consequence of marriage is, that the husband and the wife become, in law, only one person: the legal existence of the wife is consolidated into that of the husband. Upon this principle of union, almost all the other legal consequences of marriage depend.*
>
> This was the true essence of the reasoning why women were never specifically designated as a separate, legal entity, apart from her husband in manners concerning society. In other words, the prevailing cultural attitude of the times was that in terms of civic duties, the vote was designated as one vote per family…one vote per household…or one vote per single entity – that single entity being a married couple.
>
> And in the past, the vast majority of women did get married. Only a few women in any given community became "old maids" and spinsters. It was simply the cultural norm for women to get married and have children. Therefore, one vote, one household (provided the man of the house owned property).

Women need the vote like a Hen needs a bicycle.

The Vajazzle Monologues

Keoni Galt · 5 March 2010 · Archived copy · Original

[image]
Apparently Ferdinand Bardamu is attempting to put together his own little play, The Vajazzle Monologues, to compete with Eve Ensler's notorious V-Day production! Since he's given me so much link love in the past for both this blog and my posts over at The Spearhead, I've decided to give his efforts a free plug.

Here are some scenes that will be presented, to highlight how women have finally overcome years of oppression and inequality by reclaiming their private parts through the liberating practice of applying cheap sparkly pasties with a TV infomercial glue gun , to bling their vaginas!

* I Was Twelve, My Mother Vajazzled Me: a chorus describing many young women's and girls' first experiences shared with their mothers upon decorating their genitalia for the very first time.

* My Sparkling Vagina, in which a woman humorously rants about the lack of variation amongst the jewel stones available for vajazzling to strike a blow at the hetero-normative hegemony of Patriarchy!

* My Vagina Was My Disco Ball, a dialogue between George Lopez and the Hollywood Starlet Jennifer Love Hewitt, that brought this awesome practice into the public consciousness for the first time.

* The Little Coochie Sparkler That Could, in which a woman recalls memories of traumatic sexual experiences in her childhood with her plain, undecorated vajayjay and a self-described "positive healing" sexual experience in her adolescent years with an older woman who vajazzled her little coochie with some bling. In the original version, she is 13, but later versions would change her age to 16. This particular skit has sparked numerous controversies and criticisms due to this age discrepancies. Women are still trying to determine what is the appropriate age to validate their equality by vajazzleing their vajayjays.

* Reclaiming Cunt, a piece narrated by a woman who illustrates that the word "cunt" itself is a lovely word when used to reference all those brave women that have undergone vajazzlefication!

* The Woman Who Loved to Make Vaginas Sparkle, in which a prostitute for women discusses the intriguing details of her career and her love of giving women vajayjay bling. In several performances it often comes at the end of the play, literally climaxing with an actual demonstration of a virgin vajayjay being vajazzled.

* Because He Liked to Look At It, in which a woman describes how she had thought her pubic area was ugly and had been embarrassed to even think about it, but changed her mind after she vajazzled her vajayjay and than had a drunken one-night stand with a pickup artist named Bob who spent hours entranced by her vagina bling.

* I Was There In The Room, a monologue in which Ferdinand describes the birth of his vajazzle campaign.

Coming to all Womyn's Studies Programs at your local Universities and community colleges soon!

The Hidden Picture Within the Picture

Keoni Galt · 8 March 2010 · Archived copy · Original

We believe the picture painters of the mass media are artfully creating landscapes for us which deliberately hide the real picture. - Gary Allen & Larry Abraham

In a moment of circumspection while commuting amongst the rat race of a typical morning Hawaiian-style traffic jam, I attempted to assess the length and breadth of the intellectual journey I've undertaken in these last few years. What began as a curious search on the internet in trying to find an explanation for the seemingly illegal and unjust way in which my Uncle's ex-wife utterly screwed him over in divorce court, has turned into a complete re-orientation of my point of view of this world and my way of life in it.

This great unraveling of the lies, misinformation, propaganda and indoctrination that had been constructed in my mind by the various influences of institutional and cultural shaping is almost overwhelming when I try to grasp the sheer magnitude of what has been done to we, the peoples of the 21st Century.

The most difficult thing to do when it comes to "unplugging" from the matrix of our BraveNewWorldOrder has been avoiding becoming the 'crazy' guy trying to warn everyone else. It's one thing to discuss these things in the relative comfort of internet anonymity...quite another discussing such things with people in real life.

I've learned to simply avoid direct confrontation with people. Rather, I try to take a subtle, Devil's advocate approach to undermining deceptions and lies whenever I encounter them in real life. This usually means contradicting the conventional wisdom that encompasses dietary guidelines, the grand charade of dialectical political theater, mass media indoctrination, and of course, gender roles.

Often times, it feels rather discouraging when you can actually get someone to agree with you on one of these topics, or another...but the minute you try to share your insight the grand, overarching movement to tie it all together, well THAT'S when you become the crazy guy donning the tinfoil hat and hiding from the black helicopters. The proliferation of dis- and mis- information is so ubiquitous, that I think it's easy for people to simply shut down their critical thinking capacity as soon as their "fantastic theory" meter hits overload.

So I've come to the point where I wanted to find more corroboration to the views I've already formulated in my mind. What sources exist out there for which I could point people towards so they can ascertain themselves whether or not "conspiracy theory" is based on reality or insanity? In seeking such sources, I've come across three books that have recently become available as free pdf downloads...three books that were all written decades ago, yet who's content is as timely as ever.

In terms of the Masculine-focused blogosphere, many people have gone to great lengths to reveal the ties between the feminist movement and it's ties to communism. The evidence making this connection is rather overwhelming and quite easy to establish. Most MRA bloggers and commentariat are familiar with these arguments.

But it doesn't end there. Who was really behind the Communist movement? How where they able to effect this long march through Western culture? This is what initially led me to the New World Order conspiracy theory sphere of the internet.

[image]If you dig deep enough into the roots of feminism in the West, you will find that the connections between the Rockefeller Foundation is THE money behind all of the grants, studies, legislative movements, political

campaigns with regards to feminism, population control and abortion, as well as the entire Women's Studies college curriculum that is now established on 98% of the Western World's Academic institutions.

As Henry Makow pointed out: If you search "Rockefeller Foundation" and "Women's Studies" in Google, you will get over 19000 entries.

Just who or what exactly is the Rockefeller Foundation? Wonder no more...I've just discovered a free, online version of The Rockefeller Files. Keep in mind that this book was published back in 1975, when you consider this quote from Chapter Ten, The People Planners. Consider how many aspects of this "vision" have already come to pass:

> In our dreams we have limitless resources and the people yield themselves with perfect docility to our molding hands."Now, thanks to the taxpayers, the Rockefellers have almost limitless funds. As a result, faceless bureaucrats in Washington whom you did not hire and whom you cannot fire - now tell you how to run your business, whom you may hire, where your children will be bussed to school, what products you can purchase, and even what foods you can and cannot eat. It is only a matter of time until the dictocrats tell you how many children you are permitted to have. - Fred Gates, aide to John D. Rockefeller

Now, when you research the Rockefellers and their vision of a New World Order, you will invariably come up with another institution that the Rockefeller's founded: The Council of Foreign Relations.

From Obama & The CFR:

> Established in the 1920's and headquartered in New York, its membership includes prominent politicians and business elite, including heads of academia and media. The organization seeks to centralize both political power and market power to craft legislation outside the checks and balances of democracy. The CFR is rarely mentioned by the mainstream media, making it difficult to fully gauge its influence. When it is mentioned in the press, it is likely whitewashed as trivial or irrelevant. Notable members of the CFR include: John Rockefeller, David Rockefeller, Nelson Rockefeller, Dick Cheney, John Kerry, Bill Clinton, Al Gore, Ronald Reagan, George H. W. Bush, Gerald Ford, Richard Nixon, Condolezza Rice, Paul Wolfowitz, Alan Greenspan, Colin Powell, Henry Kissinger & Angelina Jolie (Yes, the actress has a five year term membership as an ambassador).
>
> Its membership list is a who's who of Washington and Wall St. elite going back nearly a century. It should not be surprising that most presidential candidates in the 2008 election are CFR members. Candidates do not advertise their CFR membership to the public. They pose as "liberals" and "conservatives" to control all aspects of the debate. The CFR has stacked the deck for the 2008 election with several members in the race from both sides of the isle:
>
> Democrat CFR Candidates: Barack Obama, Hillary Clinton, John Edwards, Chris Dodd & Bill Richardson
>
> Republican CFR Candidates: Mitt Romney, Rudy Giuliani, John McCain, Fred Thompson, & Newt Gingrich.
>
> The mainstream media's self-proclaimed "top tier" candidates are united in their CFR membership, while an unwitting public perceives political diversity. The unwitting public has been conditioned to instinctively deny such a mass deception could ever be hidden in plain view. Presidential Candidate & Congressman Ron Paul is

> the only “top tier” candidate who is not a member of the CFR.

When people are informed of the CFR and how most Republican and Democrat politicians on the National Stage are members of it, they often ignore it...like the CFR is some meaningless politician's club or debating society. But consider the words of a CFR insider, Carroll Quigley:

> The goals of the CFR is best described by its very own members. Bill Clinton's Georgetown mentor and CFR member Carroll Quigley states: “The Council on Foreign Relations is the American branch of a society which originated in England... (and) ...believes national boundaries should be obliterated and one world rule established.”. Quigley differs from many of his CFR colleagues in that he believes their plan for a new world order should be more publicly disclosed. In his book Tragedy and Hope, Quigley concedes he is unique among his peers in that he believes the new world order plan of global government's “role in history is significant enough to be known”. Quigley also admits that the two-party system allows for both groups to be controlled at the highest level but operate like bitter rivals. As Quigley says, this gives the voters the chance to “throw the rascals out at any election without leading to any profound of extreme shifts in policy.”. Controlling Washington elite allowed private central banks to “dominate the political system... ...and economy of world as a whole” and implement a new system of “feudalist fashion” through “secret agreements”. Although he believes the CFR's intentions should be more public, Quigley understands the average person doesn't understand feudalism or serfdom and will never read his book.

[image]Quigley himself also authored a book entitled Tragedy and Hope, an extensive history interspersed with startling information about the secret organizations behind the impact on almost every major event of modern history. (Note: the link goes to a 1090 paged pdf document. It may take awhile to download it in it's entirety.)

Quigley's tome has often been cited for it's candid admissions of the elite power structure intent on implementing their New World Order, but today is the first time I was able to find a complete, free pdf file of the book online.

[image]The final book, another that I have just discovered a free pdf file of online, is one I have yet to read...but have heard a lot about: None Dare Call It a Conspiracy

The first paragraph of the book (which also contains the opening quote for this post) has already got me intrigued...

> Most of us have had the experience, either as parents or youngsters, of trying to discover the "hidden picture' within another picture in a children's magazine. Usually you are shown a landscape with trees, bushes, flowers and other bits of nature. The caption reads something like this: "Concealed somewhere in this picture is a donkey pulling a cart with a boy in it. Can you find them?" Try as you might, usually you could not find the hidden picture until you turned to a page farther back in the magazine which would reveal how cleverly the artist had hidden it from us. If we study the landscape we realize that the whole picture was painted in such a way as to conceal the real picture within, and once we see the "real picture," it stands out like the proverbial painful digit.
>
> We believe the picture painters of the mass media are artfully creating landscapes for us which deliberately hide the real picture. In this book we will show you how to discover the "hidden picture" in the landscapes presented to us daily through newspapers, radio and. television. Once you can see through the camouflage, you

> will see the donkey, the cart and the boy who have been there all along.

Though I've just begun reading, I believe I can already see this picture that has been there all along.

Perhaps you too will read these books and see the hidden pictures for yourself.

Undeclared & Unconstitutional Wars

Keoni Galt · 11 March 2010 · Archived copy · Original

So I'm in the midst of reading None Dare Call It Conspiracy, the aforementioned book in my last post, and I've come across something in Chapter 6: The Rockefellers and the Reds, that suddenly clicked a missing puzzle piece into place in my own mind.

One of the things I used to struggle with as a pro-War, Dubya voting RepubliNeo-Con, was the fact that even though I used to think the Iraq war was necessary, justified and righteous...I was always puzzled by Bush and the GOP refusing to put forth a motion on the floor of Congress to ask for an official declaration of war, as required by the US Constitution.

Of course, in hindsight, the fact that Dubya didn't bother to adhere to the Constitution is certainly not a big surprise, only now do I finally see the hidden picture within the picture, regarding the reason why our country has engaged in a number of military actions without that Constitutionally mandated declaration by congress: to declare war officially, would mean any American corporations or firms selling arms, and goods that can be used for military purposes, would have to immediately cease doing business with an officially declared enemy or be considered treasonous and subject to the harshest penalties under the law.

Is it starting to make a little more sense now?

From pp. 68-69 of None Dare Call It A Conspiracy (note that this book was published in 1971 - the Vietnam War was still ongoing, hence the present tense references):

> On October 7, 1966, President Lyndon Johnson, a man who had appointed a C.F.R. {Council on Foreign Relations} member to virtually every strategic position in his administration, stated:
>
> > "We intend to press for legislative authority to negotiate trade agreements which could extend most favored-nation tariff treatment to European Communist states. We will reduce export controls on East-West trade with respect to hundreds of on strategic items…"
>
> The New York Times reported one week later on October 13, 1966:
>
> > "The United States put into effect today one of President Johnson's proposals for stimulating East-West trade by removing restrictions on the export of more than four hundred commodities to the Soviet Union and Eastern Europe…Among the categories from which items have been selected for export relaxation are vegetables, cereals, fodder, hides, crude and manufactured rubber, pulp and waste paper, textiles and textile fibers, crude fertilizers, metal ores and scrap, petroleum, gas and derivatives, chemical compounds and products, dyes, medicines, fireworks, detergents, plastic materials, metal products and machinery, and scientific and professional instruments."
>
> Virtually every one of these "non-strategic" items has a direct or indirect use in war.

Later, items such as rifle cleaning compounds, electronic equipment and radar were declared "non-strategic" and cleared for shipment to the Soviet Union. The trick simply is to declare almost everything "non-strategic." A machine gun is still considered strategic and therefore may not be shipped to the Communists, but the tools for making the machine guns and the chemicals to propel the bullets have been declared "non-strategic."

Meanwhile, nearly 50,000 Americans have died in Vietnam. The Viet Cong and North Vietnamese receive 85 percent of their war materials from Russia and the Soviet bloc nations. Since their economies are incapable of supporting a war, the Communist arm of the conspiracy needed help from the Finance Capitalist arm. The United States has been financing and equipping both sides of the terrible Vietnamese war, killing our own soldiers by proxy. Again, the landscape painters in the mass media have kept the American public from learning this provable fact.

Not surprisingly, the Rockefellers have been leaders in championing this bloody trade. On January 16, 1967, one of the most incredible articles ever to appear in a newspaper graced the front page of the Establishment's daily, the New York Times. Under the headline "Eaton Joins Rockefellers To Spur Trade With Reds" the article stated: "An alliance of family fortunes linking Wall Street and the Midwest is going to try to build economic bridges between the free world and Communist Europe. The International Basic Economy Corporation, controlled by the Rockefeller brothers, and Tower International, Inc., headed by Cyrus S. Eaton Jr., Cleveland financier, plan to cooperate in promoting trade between the Iron Curtain countries, including the Soviet Union…"

International Basic Economy Corporation (IBEC) is run by Richard Aldrich, grandson of Federal Reserve plotter Nelson Aldrich, and Rodman Rockefeller• (CFR), Rocky 5 son.

On October 20, 1969, IBEC announced that N M Rothschild & Sons of London had entered into partner ship with the firm.

Cyrus Eaton Jr. is the son of the notoriously pro Soviet Cyrus Eaton, who began his career as secretary to John D. Rockefeller. It is believed that Eaton's rise to power in finance resulted from backing by his mentor. The agreement between Tower International and IBEC continues an old alliance. Although Eaton's name does not appear on the CFR's membership rolls, the Reece Committee which investigated foundations for Congress in 1953, found that Eaton was a secret member.

Among the "non-strategic" items which the Rockefeller Eaton axis is going to build for the Communists are ten rubber goods plants, including two synthetic rubber plants worth $200 million. Mr. Eaton explains in the Times article: "These people are setting up new automobile plants and know they have got to have tire factories." Under the Nixon Administration which, contrary to campaign promises, has multiplied trade with the Reds tenfold, American concerns are building the world's largest truck factory for the Communists. Trucks are necessary for a nation's war machine and truck factories can be converted to the production of tanks as was done during WWII.

The U. S. will provide the Soviets with both the facilities to build the trucks and the tires (or tank treads) for them to roll on.

In addition, the Rockefellers and Eatons are constructing a $50 million aluminum producing plant for the Reds Aluminum for jet planes is considered "non-strategic under Johnson-Nixon doctrine.

See how this works? Like the venerable USMC General Smedley Butler wrote, War is a Racket.

The US has been involved in 6 official "military engagements" since the last official declaration of War as required by the Constitution...or, as Wikipedia calls them: "Authorized by Congress."

What a neat little trick! So now our American based, military-industrial complex need not worry about "treason" while selling military wares to both the US taxpayer as well as the governments of those countries our congress has "authorized" our military to "engage!"

As a caption from a picture from None Dare Call It A Conspiracy points out:

> The Rockefeller and Eaton families have now joined forces to build war production plants behind the Iron Curtain so that the Communists can become a bigger threat to U. S. survival. America spends $70 billion a year ostensibly on defense and then the Rockefellers build aluminum mills for the Communists. Only the absence of a formal declaration of war in Vietnam keeps the Eatons and Rockefellers from being actionable for treason. They have the blood of nearly 50,000 American servicemen on their hands.

Ahh, it's all so clear now.

Your Papers, Comrade!

Keoni Galt · 16 March 2010 · Archived copy · Original

One of the primary tenets of the "conspiracy theory" sphere of the internet concerning the New World Order, is the idea that the elites who are striving inexorably towards a one world government, and that all the masses will eventually be tagged, cataloged and registered into a central database that will have implications that reach into every facet of our lives.

As the Biblical prophesy concerning the Number of the Beast in the Book of Revelations:

> And that no man might buy or sell, save he that had the mark, or the name of the beast, or the number of his name. Here is wisdom. Let him that hath understanding count the number of the beast: for it is the number of a man; and his number is Six hundred threescore and six.

If you look at the Wikipedia page I linked to for Number of the Beast, you'll see the majority of the content regarding this passage is concerned with the actual number 666 and possible translations have mistaken that for the originally intended 616. Does the actual number itself really matter?

And that no man might buy or sell, save he that had the mark, or the name of the beast...

This is about CONTROLLING mankind by ID. I think the number itself is really just an allegory here...it's the basic idea that is most important aspect of this scripture to ponder!

Why do you think the banks, and many large corporations are pushing more and more people to use debit cards? Why they've made it the ultimate convenience tool to use? The more people use debit cards, the more they're financial transactions are easily traceable!

Whether you believe in "conspiracy theory" or not, you must look at what has been going on in the past generation in which Government entities have been working towards the goal of having a uniformly IDENTIFIED populace.

I believe this is the true rationale behind the imposition of a federally mandated drinking age of 21. (Note - this is just a theory of mine, I haven't read that anywhere else, I have no proof - it's just my own thoughts developed from trying to decipher the incremental approach to social engineering being used on the masses.)

People who have traveled in other countries in which the drinking age is much lower (if there is one at all) can quite easily see how a relaxed societal attitude towards alcohol usually results in a society for which drunken debauchery is generally disapproved of, how responsible drinking is the norm, and that all of the supposed chaos and problems that would result from having a lowered drinking age in America are usually not evident in most countries outside of the USA.

One can also see the most apparent contradiction in the drinking age policy when it comes to military service and suffrage. You mean society says your adult enough to vote...and sign up for military service to go and kill and be killed in foreign lands when you're 18...but still three years away from being mature enough to handle drinking alcohol?

This simply does not pass a cursory examination based on objective, common sense.

So why, than? Put on your tin foil hat for a moment and consider the "conspiracy" angle:

- We now have an entire generation of Americans that have grown up in a society in which a fairly common behavior throughout all of human history like social drinking has been regulated by Federal, State and County authorities. To now have a few drinks for recreation, you must line up, and submit your identification for scrutiny to enter an establishment that serves alcohol or purchase some from a grocery store or market.

- We now have an entire generation of Americans conditioned to the idea that they cannot wait to reach the age of 21 so they can eagerly obtain a government ID to prove their eligibility to enter an establishment or buy from their local grocery/liquor stores.

Seen from that angle, the Federally mandated raising of the Drinking age in the late 1980's to 21 now makes perfect sense!

Another idea for tagging We the Sheeple so we can be cataloged and tracked, is to store our individual, unique bio-metrics in a centralized database.

This, is also why I suspect their is such a huge push being done to pass "universal" health care. It's not about "caring" for everybody. It's about creating the impetus to justify the creation of a large, central database of the average citizen's medical records, indexed to their SSN's. Just one more way to advance the primary goal to tag and track We the Sheeple.

From Against Simple Universal Healthcare:

> The SSN was created in support of the social security program of the Federal Government in the 1930's. Originally limited in use to recording individual ontributions to the social security plan, its approved Federal use has been broadened to identifying taxpayers and their tax transactions, civil service employment, Defense Department personnel, recipients of some forms of public assistance, and other functions. In addition, states use the SSN for their own tax-related records, and many also index drivers' licenses, motor vehicle registration, and criminal history to the same identifier. Non-government uses include records holding an individual's history of employment, insurance, credit, and education. If current trends continue, health records will join this list.
>
> With growing interoperability of database systems, we are getting close to the time when a single SQL query can, at not very great cost, find a selection of individuals based on any or all of the characteristics indexed by the SSN listed above. To anyone who values privacy even slightly, this is a frightening prospect.

Rest assured, those that would Tag and Track us are not betting all their efforts on duping the populous to accept "universal healthcare." No...there looking for other ways to get our bio-metrics recorded...

Have a look at these two recent articles:

Judge: Police Can Forcibly Take DNA Samples Upon Arrest

Obama Supports DNA Sampling Upon Arrest

Note that this is UPON ARREST. Not conviction...merely arrested! Based on that alone, any man falsely accused of domestic violence as a simple divorce tactic as advised by his divorcing wife's attorney, will than be subject to an involuntary collection of his DNA.

I do believe the pattern is clear. Our government agencies and their agents have slowly but surely working towards collecting our information and working towards a Brave New World Order where we the Sheeple are all tagged, databased and easily tracked, controlled and manipulated.

Think THIS type of scenario is really that far fetched?

We are certainly moving closer to this sort of thing becoming our new reality.

The 10 Harmful Things Single Mothers Do to Ruin Their Sons

Keoni Galt · 17 March 2010 · Archived copy · Original



From the SpearheadFiles
March 17, 2010

I recently came across a Black Christian Pastor by the name of Gills Tripplett, and he has written an article entitled 10 Harmful Things Single Mothers Do To Ruin Their Sons Lives. It is an excellent piece regarding what I consider to be the single greatest cause in perpetuating the so-called "cycle of poverty." As pointed out by Kay Hymowitz in her seminal article, The Black Family: 40 Years of Lies, the Black American family was devastated en mass years before the same pathologies were spread to other racial groups in every country in considered "first" world. As many Spearhead contributors and bloggers alike have pointed out on numerous occasions, the subsidization of single mother households through tax redistribution schemes to fund entitlement programs is something that corrupts all communities and societies, regardless of race. The black family in America was simply the canary in the coal mine.

Well, much of society has ignored that canary's reaction to the experiment of the "GREAT SOCIETY," and we now see the same thing infecting all corners of our most-assuredly declining Western Civilization. Look in any white trailer park, or any other community across the country that is largely poverty stricken and is predominantly composed of single mother households on welfare, you will see the same pathologies of a matriarchal-modeled community. The same thing is apparent even here in Hawaii – the same kind of projects and ghettos can be seen amongst areas of the State that are welfare dependent ghettos. Wherever we see single mother households as the majority of "family" units, you will find the "Cycle of Poverty" is evident.

However, like most Christian-based articles concerning the travesty and tragedy of single mother households and it's overall effect on society as a whole, there is certain elements in his piece that are certainly oblivious to the

insights those of us who have studied Game and social hierarchy's role in mating and dating…so here's a "Fisking" of his article. While I agree wholeheartedly with the big picture, I believe there are few minor errors that needs to be corrected…

(Note that Pastor Tripplett provides plenty of links to back up his sources…visit the original article if you're interested in following up on anything he cites.)

Raising Boys Wrong…
In the state of Georgia, as in most urban areas, two thirds of the Black children born, are born to unwed mothers. Most of those boys will grow up to be unproductive men in our society. For irrefutable proof one only needs to examine:
** The high school drop out rate amongst boys from single-family homes.*
** The incarceration statistics for boys raised by single moms.*
** The mass number of single mothers who have trained their boys to devalue and disrespect the entire female gender*

Am I blaming society's ills on single mothers? No! Am I attacking or demonizing single mothers? A thousand times no!

Of course Tripplett needs to begin with a general disclaimer. This is a tacit admission that he at least understands the eternal solipsism of the female mind. I'm sure he wrote that first to preempt receiving numerous emails of protestations from single mothers who claim to be the exception to the rule. This was futile. He no doubt will get those anyways.

I am dealing with a critical issue that has devastated multiple generations. One that has not been properly dealt with for too long. I have watched this particular group of single mothers reek havoc and sow seeds of discord in the lives of countless children.

Amen, Pastor.

I had one incident in which a woman, (I'll call Racine) was dating a man, she got pregnant by him and they moved in together.
Like many women who give themselves to dishonorable men, Racine assumed that she could change him and that he would eventually marry her. She was so convinced of her abilities to alter his conduct, that she got pregnant, AGAIN! You should know that Racine was in the church while this disgraceful chain of events took place. After their second child, her live-in boyfriend just up and left. He coldly and calculatedly abandoned her and both of their kids.

Here's the first bit of "So-Con" rationalization. See how he basically positions his example as simply a woman done wrong…her intentions were noble, she was trying to "save" her boyfriend, but this "cold and calculating" scum bag abandoned them.

Pastor, what we have here is a classic case of a CHURCH GOING WOMAN chasing a known "bad boy" and basically thinking with her 'gina tingles instead of her head. Come now, give her an equal share of the responsibility here: she CHOSE an irresponsible guy to impregnate her, not once, but twice. She is not a victim here. She is an active participant in perpetuating the cycle of poverty by creating yet another single mother household.

Her means of getting revenge against her ex was to physically abuse both their children. She would do things such as force them to sit outside in the freezing cold for hours at a time. She would choke her older son, (I'll call Joseph) while swearing at him and cursing his father. Because of her physically and verbally abusive behavior, Joseph learned to hate females.
Because of how his mother abused him and his little brother, Joseph detests the female gender with an unforgiving

passion.

Ah yes. Thanks to the society wide acceptance and subsidization of the single mother household, another Misogynist is born!

Like his mother had been drilling in his ears for years, he followed in the footsteps of his father. He got a female pregnant while in high school, but instead of abandoning her and baby like his dad, he married her. Not because he loved her, but to prove his mother wrong. Joseph had taken on the same vengeful and abusive spirit as his mom. In less than two weeks after saying, "I do!" he physically assaulted his new bride. He has been abusing her ever since. Even at my behest, his wife refused to file charges. She felt as though she could change him.

Pastor, pastor, pastor…"SHE FELT" is nothing more than the rationalization hamster wheel furiously churning in her brain. It's how she justifies to herself why she stays involved with an abusive guy… because he makes her 'gina tingle.

Their little girl will be 5-years-old in 2004 and Joseph has never held a conversation with her because of distrust and hatred of all females. The only things he has said to his daughter is, "Shut up! Didn't I tell you… No! Sit down and, go get me a…"
Joseph kicked her across the room one night when she attempted to stop him from physically assaulting her mother. Did you comprehend what you just read? You just read how generational curses are started. Even worse, Joseph's daughter is a likely candidate to believe that all men are dogs and become an angry Black female.

Depends. If Joseph and her mother stay together all throughout her childhood, she may instead grow up to actively seek out an abusive thug that makes her 'gina tingle like her mom, and repeat the pattern of putting up with physical and mental abuse as long as she is excited by his thuggish behavior.

What you are reading are not aberrations. These incidents happen everyday. I could share with you so many other cases and incidents such as the large number of single mothers who for various reasons refuse to divulge to their kids who their true biological father are. These women don't realize how their callous insensitivity has damaged their children.

Ah, but Pastor, you're forgetting the number one response to pointing out any single instance of a woman behaving badly: **Not All Women Are Like That!**

Some of you will read this article and say, "What about the things the men are doing and why didn't you mention how daughters are affected when they don't have a dad?" I'll deal with the dishonorable men, deadbeat dads and daughters in another session. I cannot cover all of life's issues in one article. Right now, our focus is the ten harmful things certain single mothers do to ruin their son's lives.

Save it, Pastor. There's no need to go over how dastardly and dishonorable deadbeat dad's are. We already live in a culture and society for which our mainstream media and entire cable TV channels are dedicated to never letting us forget how *Men* are the problem, and single mothers are heroic martyrs and paragons of self-sacrifice.

Nevertheless, on with the list:

1. Do You Poison Your Son's Mind Against His Biological Father?
Some women knowingly and intentionally perform this evil scheme. Others do it unintentionally. While boys are young, this vengeful act seems harmless, but as they grow older, they develop bitterness against their fathers.

Note: Women can do this to their children, even if their Father didn't abandon them and still remains married and an able and competent provider in the home. This is what happens when you have a mother who doesn't respect her husband – most likely because he's an emasculated "herb" or "beta nice guy."

2. Do You Instill In Your Son: "The All Men Are Dogs," Mentality?
You may hate the father of your child. You may hate all men. You may feel justified in your malice because of how men have treated you. However, all men are not dogs! Good men do exist! A portion of the men who become dogs were trained to be that way by their disgruntled mothers. These boys listen to their moms speak hypercritically, denounce and condemn all men until they develop a disparaging complex about being a male.

Once those seeds are planted in their impressionable minds and hearts, these boys lose hope about being an honorable man. Their mother's words become a prophetic utterance. Albeit a negative one. Single moms, you must find ways to encourage your son and put a stop to words and actions that dismantle his vision of being a decent man. All men are not dogs!

Amen! Unfortunately the next point comes right out of the So-Con playbook:

3. Do You Play The Dating Game?
As a single mother, you cannot afford to play the worldly dating game of love, sex and relationships. When you become a revolving door for hordes of males, you indoctrinate your son to systematically devalue and disrespect the female gender. By watching an assortment of males freely enter into and abruptly exit out of your life, your son learns firsthand how to become a playa player, pimp, baller and shot caller.

On the other hand, you're simply giving your son a first hand view of what it means to be a slut.

As he witnesses your failed relationships, tears of regret from your manifold sexual liaisons and learns how you were dumped, played, dismissed and disgraced at the hands of detestable males, his conscience becomes desensitized to the well being of all women. As you play the dating game, you persuade your son that males were called to be pimps.

There's probably a lot of truth to this.

As a single mother, if a man refuses to respect you as a woman and honor the fact that you have a child, he is not worthy of your companionship.

Whoa there Pastor! The fact that she already made the mistake of getting impregnated by an irresponsible thug already severely limits HER WORTHINESS of the companionship of a worthy man!

You need to know that a man should not date you if he is not prepared emotionally, psychological, physically and financially to take on the responsibility of raising your child.

This is true…but you need to add that a woman who actually does find a "good" man "worthy" of her companionship, she should also seek to avoid deceiving him into thinking being a single mother is easy, and that she should imply or deliberately deceive a man with the idea that she will put him first in any future relationship…than not do so once the sucker (oops, I meant "Man") was actually foolish enough to commit to you.

It is an absolute waste of your time for you to date or court a man who:

> * *Doesn't want children*

> ** Doesn't like children*
> ** Is averse to raising another man's child*
> ** Is not interested in getting married*
> ** Has it made clear that his objective is to dishonor you sexually*

Sigh.

More So-Con pedestalization here. I agree with the rest of this list, but let's be frank about this last one: Women have the choice, the control, and the responsibility of dishonoring their own sexuality! A man who makes it quite clear that he is not interested in a long term, committed relationship is NOT dishonoring her! He's being honest! If she has sex with him anyways, in the hopes of "changing his mind," SHE IS DISHONORING HERSELF AND HER SON.

As a single mother of a boy, you are largely responsible for how your son will treat the next generation of women. Take that charge serious. Don't set your son up for sure relationship, marital and manhood meltdown. Set before him an example of honor, respect and virtue.

As important as it is for a single mother to avoid engaging in the cock carousel of thugs and bad boys in plain view of her son, she should also be aware of choosing a man who is NOT a pedestalizing, feminized mangina that she can manipulate and run roughshod all over either. That kind of role model will have it's own set of issues and pathologies that will affect him when he is older…and in some cases, this can cause just as much psychological damage as having a string of abusive bad boys for his primary male role models.

4. Do You Engage In The Sleepover Trap?
Time and time again, I meet single mothers who allow men to spend the night, move-in or do long-term layovers. When boys see their moms engaging in such shameful activity, they become indoctrinated to see women as sex objects, booty calls and casual sex partners.

Don't worry…even if you don't do this, he'll get plenty of that indoctrination from watching TV and going to school with all the other little boys whose mothers do it.

5. Have You Made Your Son The Man of The House?
As cute as it may seem, your son IS NOT the man of the house. He is your child! Most single mothers will never understand the psychological damage they cause by anointing their sons to be the man of the house. By falsely convincing their boys that they are men, these single moms pigeonhole their adolescents into a pressure-based environment God never intended for them to be in.

Many of these undeveloped boys feel such emotional duress, that they resort to doing the unthinkable to meet their mom's fanatical demands of manhood. These teenage boys freely talk about selling drugs, robbing people, car jacking and committing other crimes to take care of their household.

Amen.

6. Are You Feminizing Your Son?
To feminize means to cause a male to assume feminine characteristics. The way single mothers feminize their sons is by doing things such as:

> ** Having him with them while they go shopping for women's clothing*
> ** Taking him to the beauty salons while they get their hair and nails done*
> ** Having him in the bathroom and bedroom while they primp and pamper*
> ** Buying him feminine toys such as girl's bikes, dolls, etc.*
> ** Providing him with feminine clothes, makeup or accessories*
> ** Involving him in feminine activities*
> ** Calling him cute, primping and pampering him*
> ** Piercing his ears and giving him earrings*
> ** Belittling or minimizing male-female gender differences*
> ** Bringing feminine or homosexual males into his life or presence*

Single mothers who allow or inspire their sons to engage in activities that cause him to be feminized are partly responsible for the mass number of passive and effeminate males in our society.

Don't forget to add that young boys raised by a single mother also pattern their emotional responses to their mothers. This is why many young men from single mother households become violent and abusive criminals. They never learn to control and channel their aggression properly by a good masculine role model. Instead, the only role model they have is the emotional roller coaster of their mother's hormonal mood swings. When his body changes, you will have a young man full of testosterone and aggression, but no self control of his emotions.

7. Are You Training Him To Be a Man?
Get this irrefutable truth engrained into your mind and heart as expediently as possible. A woman cannot train a boy to be a man any more than a man can train a girl to become a virtuous woman. A man has his limits when it comes to raising and training girls.

While I'm sure there are plenty of problems men have when it comes to raising girls, I don't think "virtuous" is one of them. A strong, protective Father most certainly can train a girl to be virtuous. I think the Pastor would have been better served to state any more than a man can train a girl to become a *feminine* woman.

He can read a thousand books and attend countless lectures, but he will never be able to fully understand or explain to a girl what PMS is, a woman's hormones or what to expect when she gets pregnant. Most men won't even attempt to broach subjects such as a woman's broad range of emotions and feelings, her weight or looks, tampons or why women break out and cry at certain events and situations. It takes a woman to talk to a girl about those critical facets of her life.

Agreed. THIS is what Men cannot adequately do in raising girls…but none of that has to do with *virtue.*

In the same token, as a woman, there is only so much that you can instill in or teach a boy. Accept that fact and do not try to cross your boundaries. There are certain things that boys need psychologically, spiritually, mentally and emotionally, that you as a woman will never be able to impart to them. You will never understand or be able to help your son understand:

> ** Masculinity*
> ** Testosterone*
> ** The male ego*
> ** A man's penis*
> ** Why men are territorial*
> ** Why men love a good battle*

> ** A man's need to conquer*
> ** A boy's rites of passage*

Like most females, you will spend an eternity scratching your head trying to understand why men gravitate towards brute competition. Since you will never comprehend these masculine things, you will never be able to properly communicate them to any male. Including your son!
SO STOP TRYING!

Leave the manhood training to the men!

Hallelujah!

8. Are You Emasculating Your Son?
Some single mothers ruin their sons by emasculating them. To emasculate means: 1. To castrate. 2. To deprive of strength or vigor and to weaken. These single moms accomplish this catastrophic emasculation process by:

> ** Impeding the boy's natural gravitation towards things that boys love to do, (i.e. rough sports and aggressive play)*
> ** By constantly scolding, condemning, yelling and screaming at him. This commonly used tactic erodes a boy's self-confidence*
> ** By being a domineering or overbearing mother. These single moms not only bruise their son's male ego, but they mutilate his male identity and condition him to be a cowardly passive male*
> ** Constantly seeing his mother crying or throwing temper tantrums. When a boy sees these seemingly harmless emotional outbursts, he becomes conditioned to respond to the issues and pressures of life in the same manner as his mom.*

Excellent advice. Once again, Amen, Pastor.

I also cannot find any fault with his last two points as well…

…well, *almost* anything:

9. Have You Made Your Son Into a Momma's Boy?
I constantly meet single mothers who delight in the fact that they are raising momma's boys. Let me put things into proper perspective by first defining what a momma's boy is. He has been raised and taken care of by his mother. She has dressed him, cooked his meals, did his laundry, put a roof over his head, babied and spoiled him since birth and still does so… although he is a grown man.

She has come to his rescue, fought his battles, spoken up for him, lied for him, blamed others for his sins and protected him from harm and still does so… although he is a grown man. She has bought his shoes and socks, paid his bills, bought his groceries and got him out of jail and other jams and still does so… although he is a grown man.
In their strange and contorted mother-son relationship, neither of one them is willing cut their now grotesque umbilical cord. By the way their mothers have raised them, these males have been indoctrinated to believe that women exist for the sole purpose of serving and taking care of men.

They have no problem with moving in with a female and sitting at home, watching television while their wives, girlfriends and baby's mothers work two and three jobs to pay the bills.
Their understanding is, "What's the problem? That's what my mom did and that's what women are supposed to do!"
When it comes to marriage and relationships, I advise all women to avoid momma's boys. One way or another, these

males are going to cause you heartache. Especially if you attempt to snip their umbilical cord. Single mothers who truly care about their son's future will not raise their sons to be momma's boys!

10. Do You Avoid Finding Strong Male Role Models For Your Son?
By having no strong male role models in their lives, boys are prone to gravitate towards:

> ** Having a distorted sense of self-worth*
> ** Feeling irrelevant in our society*
> ** Rebelling against authority*
> ** Being passive males*
> ** Having a deep sense of vulnerability*
> ** Wondering about their legacy*
> ** Not respecting the female gender*

This is our Brave New World molded and fashioned by a feminist movement and a sexually libertine culture promoting Matriarchal values and unleashed female sexuality. Teaching a boy to "respect the female gender" is another way of teaching him to pedestalize women, as a gender. Teach him to respect only those men and women that have earned it! No woman deserves respect simply because she has female plumbing.

> ** Not understanding, respecting or embracing manhood*
> ** Not understanding, respecting or embracing marriage*

Heh. If he understands marriage…more specifically Marriage 2.0, he certainly should NOT embrace marriage…

> ** Not understanding, respecting or embracing fatherhood*
>
> *As they reach adulthood, these harmful traits make men become societal undesirables. As a single mom, you must make seeking out strong godly male role models for your son a top priority. Start with your child's father. The only reasons you should keep your son away from his biological father is because his dad:*

> ** Is an alcoholic, drug user or drug dealer*
> ** Is wanted by the police or other authorities*
> ** Has harmful mental or other psychological issues*
> ** Is a thug or is involved in other criminal activity*
> ** Is an abuser, molester or perpetrator of domestic violence*
> ** Has threatened physical harm or violence*
> ** Poses a safety threat to you or child in some other fashion*

Barring none of the above, you should not prevent your child's from interacting with his dad. After the child's biological father, look at the men in your family, church, after school programs and organizations that are passionate about raising boys. Be clear on this irrefutable fact: your son needs honorable men in his life if he is going to properly transition from boyhood to manhood.
If he has no godly strong male role models, your son will go from boyhood to adulthood, while skipping manhood. Don't deceive yourself into believing that you can raise your son without men, you cannot.

Overall, I really don't have too much quibble with this article. It would probably be better for society if more boys

in single mother homes were raised to be pedestalizing doormats for women when they get older than violent, anti-social and emotionally out control adults…but still, the better answer would be to prevent the promulgation of the ubiquity of single mother households in the first place.

As long as we have a welfare and family court system defining any "family" as a mother and children, and subsidizing and/or forcefully removing men from their families and their roles as Patriarchs, the "cycle of poverty" will continue to escalate and hasten the decline of our declining civilization.

Notable Commentary from the Original Post

Migu March 17, 2010 at 10:24

The pastor forgot one thing. Modern marriage castrates the husband legally. If the wife puts her foot down, the man faces enslavement or imprisonment. Not a good role model. Even an honorable man is three numbers away from a felony rapsheet if he is married.

A virtuous women can make the mistake of dialing those numbers once, and even if she admits it was a power play and mistake, the state's social army will remand her to psychiatric care in order to nullify all dissent for the coming destruction of the man she used those numbers against in a moment of weakness. Those numbers are 911.

krauser March 17, 2010 at 11:50

Yeah good stuff. I think the answer is not "cultural" in the sense of jawboning, moralising and so on. The answer is economic – cut these bitches off from all social safety nets and alimony. Let them starve in the streets if necessary.

The moment the glass floor is removed, women shape up very very quickly.

mgtow March 17, 2010 at 14:22

True, single mothers harm their sons.

But I'll be damned if money were siphoned from me to rectify the situation.

Let them turn feral and devour one another. See if I care.

'Single' mothers do not happen by chance, they are the consequence of poor choices made in life: spreading legs indicriminately, not using birth control, not aborting or giving kid up for adoption when you are penniless etc etc. Therefore, you have better luck squeezing blood from a piece of rock than to strain an ounce of sympathy from me.

GlobalMan March 17, 2010 at 15:44

> @ Migu March 17, 2010 at 10:24

Migu is correct. The damage done to my children seeing their father dragged out of his house for addressing the lies he was being told by their mother was quite severe, in my opinion. It demonstrated to the children that the man of the house could be arrested based on lies by the woman of the house.

My eldest son said to me ‘Afte seeing how you and my father were treated by my mother I will never get married because I might get a woman like my mother’.

Well done mamma!!! You taught your boy that you are such a bitch that to be saddled with the likes of you would be a disaster. Women willing to emasculate and abuse their husbands tell the boys all they need to know. Stay away from cunts like this.

Rebel March 17, 2010 at 15:56

I think the biggest single cause of fatherlessness is the government’s criminalization of fatherhood.

I don’t believe there’s any coming back.

It’s over and done.

J@bberw0cky March 17, 2010 at 16:06

In my case, my mom divorced my high achieving Beta dad for a low achieving Alpha cad, but then turned around and raised me to be Beta?

What the fuck and why?

I think I know the reason, and that is because women are hypocritcally-irrational. Whatever reasoning suites the moment, no matter how flawed, is the reasoning they will use. They can’t even be consistently irrational. Nature played a horrible trick on them by connecting their logical-cognitive processes directly to the emotional core of their brain, thereby throwing a monkey wrench into both processes. They are emotional for no logical reason, and incapable of logic for emotional reasons. Evolution designed them this way for a reason. Nature made them irrationally selfish, as they are indivdually, biologically more important than individual men, yet often physically and mentally inferior, especially to outlier men. Evolution countered this real world imbalance by giving women a couple aces up their sleeves: sexual power and selfishness. Men on the other hand are irrationally confident, despite being biologically less important, even when not outliers, because nature needs men to take risks and battle it out on the hierarchy for the benefit of the tribe/species at the consequence of the individual. Even highly successful men work themselves into an early grave.

The old “I don’t need to go see a doctor.” complex.

Fighting feminism is basically fighting nature.

But so is building a house to protect you from the weather, or planting crops so you don’t have to hunt in the dangerous wild, or inventing governments and laws to create order.

As Kurt Cobain said, “Nature is a whore.” She’s also a selfish bitch.

The only time women aren't completey selfish is when they are biochemically/psychologically addicted to their children through the gestation and birthing process, and even this trick of nature doesn't seem to hold back their selfish ways consistently or for very long.

Keep in mind, cartoons are cute because cartoon characters look like babies, which means things that look like babies are considered cute by human minds. We evolved this way to keep us from killing our crying babies or eating them when we are hungry. Both males and females are designed to process "cuteness". Young women look more like babies than men. More unfair advantages given to them by nature. I'm sure you all have read how I have a baby face. No cheek bones and not jaw line. I look very non-threatening. I believe this helped me get away with all sorts of trouble in school. I was a complete smart ass, but because I was cute and harmless looking, teachers let it slide. Women also found my cuteness very non-alpha, despite being a notorious fighter. I didn't look the part. This is why I know women are just as shallow as men when it comes to looks, even though if we have enough other stuff to offer they will ignore looks. The reason men primarily rely on looks more than women is because women rarely have anything else to offer us, or are willing to give us. I would have married a rich 5 who would have taken care of me financially while I pursued art. I was never offered. A rich 5 still wants an Alpha or at least another rich man. NO chick will support a creative Beta no matter what his potential is. He has to be established. Potential doesn't count to women who have money or looks, only to women trying to make the best play with their limited leverage.

This turned into a rant. Off to lunch.

the universe March 17, 2010 at 17:11

Yes, HL, good analysis in this article. And the links to other resourses are just as valuable.

Much of the regular media perusing public apparantly may not be ready to comprehend this article, what I and many others would perceive, as being sensible. Well, there is always the osmosis effect for the long run. (Trouble is, we, our culture that is, may not have that amount of time to be on the same page as much of the thinking expressed here).

I do wish to add something to the quality of your work. Your statement to the quote immediately below here:

> "Her means of getting revenge against her ex was to physically abuse both their children. She would do things such as force them to sit outside in the freezing cold for hours at a time. She would choke her older son, (I'll call Joseph) while swearing at him and cursing his father. Because of her physically and verbally abusive behavior, Joseph learned to hate females.
>
> Because of how his mother abused him and his little brother, Joseph detests the female gender with an unforgiving passion."

Ah yes. Thanks to the society wide acceptance and subsidization of the single mother household, "another Misogynist is born!" is well noted.

What I wish to add to you comment about another misogynist being born is this: perhaps another misanthrope may be born from this social arrangement. The young children, especially the boys, may grow into a later contempt for

all people which may manifest itself into all kinds of miscreant and even violent behaviors. This possiblity to be violent will usually spill over onto the usual targets of public abuse – the everyman. We all know the statistics on who is the most likely to be assaulted.

Anyway,I believe that most people who read and write here see well beyond what is only good for women. There's the rest of humanity to be concerned over. Sure, damaged people may come out of this 'family' dynamic and perpetuate the same indefinately and that is the whole point of the pastor's words and your analysis. This good article is but a snowflake in a world full of ideas, but with the right conditions – us and who we send this article to – will a larger momentum come about.

Firepower March 17, 2010 at 17:20

The most hurtful thing
black mothers do to their sons
is have 14 of them

Common Monster March 17, 2010 at 17:58

While I'm all for Making the Most of a Bad Situation, something tells me the pastor's advice is way over the heads of most of his intended audience. Maybe in retrospect they can see its soundness, but by then it's too late.

Maybe it's an academic concern, but what I don't get is how The Church, as the epitome of The Patriarchy, ever allowed things to devolve to such an extent that they're now in Full Out Damage Control mode.

Since the topic of "role models" was raised, I feel compelled to introduce readers here to an idea from the branch of social psychology known as transactional analysis, namely something called script theory.

The crucial idea is that every child is scripted, and this scripting is done by the parent of the opposite sex. Thus, a boy is scripted by his mom. What's her prime, default example of what a man should be like? A: Her father. If she didn't know him, she's gonna be at almost a total loss here unless she can come up with good role models for herself.

At the risk of being accused of pedestalizing, girls are even more directly impacted by fatherless since they entirely lack the parent of the opposite sex in the first place to properly (or improperly) script them. This perhaps explains the directionlessness of the daughters of single moms.

Anyway, I think people miss out on an important dimension when thinking soley in terms of "role models", who by definition are of the same sex.

GlobalMan March 17, 2010 at 18:29

A bit off topic. I was watching a youtube where a woman who was way too fat for it was learning to pole dance. She fell. No surprise there. Then she git up and started abusing the instructor for 'letting her fall'. I just laughed and thought to myself "sweetie, it's called gravity, and it's been around a while now." Then again. Maybe dropping a few women on their head will knock some sense into them?

tsurupettan March 17, 2010 at 20:20

The Good Pastor also has an excellent piece on avoiding accidental fatherhood.

Carnivore March 18, 2010 at 00:55

> *tsurupettan wrote:The Good Pastor also has an excellent piece on avoiding accidental fatherhood.*

And he's got an even better one here: Have Modern Day Women Lost Their Minds?

> "Many of today's women have had sex with Tom, Dick, Harry, Skeet and Pimp Daddy. They are depressed, confused, angry at their ex's, in need of crises counseling and have multiple children by multiple men. They are on Prozac, have had one or more abortions, crave therapy and are stressed out. They have chosen men who are jerks and have been dumped, played, pimped, tricked and dismissed. Now they are mad at God, bitter towards all men and are going off!
>
> These women not only have bizarre beliefs about men, love, sex and matrimony, they also harbor alarming issues that make them unsuitable mates for any good man. Forget baggage, these females bring the entire store into a relationship or marriage. And it doesn't matter if they attend church or not. Same story… lost in space! The question begs, "Have modern day women lost their minds?" Keep reading brethren…
>
> Once a woman thrusts a man into this den of vicious thieves, her to-do list and the agenda of the blood sucking divorce court becomes crystal clear! Tear him down. Strip him of his manhood. Leave him penniless, suicidal and sink him into despair! Many honorable men have been unfairly evicted out of their homes, ruined financially and their children permanently ripped out of their lives. All because they chose one of these modern day females who had lost her mind!
>
> I realize this is unsettling news for some men, but the reality is: YOU BETTER WAKE UP MY BROTHER! Between gold-diggers, paternity fraud predators, females shopping for disposable dads, angry bitter females, nut cakes and the females who have become combatants in the highly volatile gender war, you've got to be on high alert."

slwerner March 18, 2010 at 01:01

> Joseph – "Yeah, and we also have evidence of women who make good choices, but it's the exception, not the rule."

Joseph,

I was attempting to be ironic by bringing up Levi Johnston. I apologize if my effort missed the mark.

What I had hoped would be the obvious point is that Levi Johnston does not make $105k annually. He had one year

of pseudo-celebrity enhanced income-but his “15 minutes” are coming to an end, and he’ll be making a fraction of that.

But, he will be on the hook for $1750/mo. – even if he’s only making $750/mo. – by court order, for the next 17-20 years.

In a way, his (single) mother has screwed him up, and helped screw him over. Without a good male role model he has made some terrible choices (which are typical for young men raised by single mothers), and is continuing to make them. That he seems not to understand that his brush with fame will not endure, and he will not be getting big bucks just for making a fool of himself. He seems not to have made the argument to the court that his child-support (er, Bristol-support) should not be calculated on his one-year, one-time income – something that a father might have helped him to understand.

Sean MacCloud March 18, 2010 at 01:08

Niko wrote:Its the equivalent of saying protons are more atomically valuable than neutrons, like seriously wtf.

(As I said no. But)

A good example of the absurdity that comes from spinning biology into "nature as female empowerment display" is "females come before males".

Nonsense. A-sexual organisms come first; then hermaphrodites; then dim sex. One can not have "females" or "males" without the other–absurd. (Dim Sex formed a couple separate times through parallelism.)

They concoct this from the fact that A-sexual organisms have parts that later become female parts.

Female lions pick mates. They observed females go to new brunette stuffed males more than new blond/red males. Fine. But how blinded by political "relativism" does one need to be to not see male lions KILLING EACH OTHER IN WARS complete with coalition flanking and diversionary maneuvering!!? (Panzer Battalion strikes again! [It's actually Pz Abteilunge.])

Same with the elephant "matriarchy". Nonsense. Male elephants fight to the death and the winner male fucks his choice at his leisure. It is like claiming that a harem parlor –filled with lounging dames– is a matriarchy cause sometimes Sultan isn’t in there. _How blinded with bigotry does one have to be to not see a giant –no, a JUMBO– male elephant in must?_

(That is a main reason I ignore this "matriarchy/ patriarchy" blabber. It is all ill defined just so tales.)

A specifically human example of the absurdity that comes from trying to spin everything bio science into pro female display is "female open callosum" brain is better than male human single hemisphere brain". …Pigs, deers, horses, crocodiles etc all have open callosum brains. The male human has the single hemi focused brain and only the male human has left Erda. Coincidence?

Not to mention liberals are shameless hypocrites: One minute it is "we are all the same and biology isn’t real"; the next it is "biology is real and females are better –even if we gotta pound square pegs into round holes and shamelessly censor –and excommunicate those ‘in league with the devil’– to make it so".

There are tons of socio anthro babble [not really biology per se] matriarchy /patriarchy fem empowerment absurdities. (List some yourselves.)

We are definitely in a dark age when it comes to bio science — and especially gender bio science. You conservatives–most especially Americans– played your part in building that by being stubborn gits who couldn't(and still can't) get certain stuff. Liberals exploited accordingly until their citadel like control was complete. Now we are in a dark age. Sean MacCloud March 18, 2010 at 01:14

> Carnivore wrote:And he's got an even better one here: Have Modern Day Women Lost Their Minds?

> "Many of today's women have had sex with Tom, Dick, Harry, Skeet and Pimp Daddy. They are depressed, confused, angry at their ex's, in need of crises counseling and have multiple children by multiple men. They are on Prozac, have had one or more abortions, crave therapy and are stressed out. They have chosen men who are jerks and have been dumped, played, pimped, tricked and dismissed. Now they are mad at God, bitter towards all men and are going off!
>
> These women not only have bizarre beliefs about men, love, sex and matrimony, they also harbor alarming issues that make them unsuitable mates for any good man. Forget baggage, these females bring the entire store into a relationship or marriage. And it doesn't matter if they attend church or not. Same story… lost in space! The question begs, "Have modern day women lost their minds?" Keep reading brethren…"

The "good pastor"is trying to stop feminism by attempting to evidence how it is bad for females.

I just got done addressing that here at the spear head recently.

I ain't give no fuck if female 'empowahment hurts females.

Even if that worked at stopping this phase of feminism, the situation created would be the perfect condition for feminism to start up again anew even more virulently.

Tarl March 18, 2010 at 02:35

My mom divorced an alpha cad when I was very young, and never remarried.

1. Do You Poison Your Son's Mind Against His Biological Father?

Absolutely, and it was intentional.

2. Do You Instill In Your Son: "The All Men Are Dogs," Mentality?

Absolutely. Mostly unintentional – if I'd ever challenged it, I'm sure she would have said, "Oh, I don't mean you, son!"

3. Do You Play The Dating Game? 4. Do You Engage In The Sleepover Trap?

To her credit she did not. But that reinforced the “all men are worthless, who needs them?” message, which was not good for me.

5. Have You Made Your Son The Man of The House?

Nope. But I see a problem with the opposite approach, too. A single mom who makes herself the man of the house sends a confusing and damaging message as well. What is the boy supposed to do? How can he model himself on a “the man of the house” who is a woman?

6. Are You Feminizing Your Son?

Not in the sense he means here. The main feminizing my mom did was when she stamped on me hard for displaying any normal masculine characteristics like dominance, confidence, aggression, and risk-taking. Anything like that was called “acting like your father” and was a big no-no.

To her credit she sent me to martial arts school to learn to control and channel a lot of the normal aggression.

7. Are You Training Him To Be a Man?

Nope. How could she? She hated men, and particularly alphas. Thus if I got any training it was in how to be a beta.

8. Are You Emasculating Your Son?

Yup! She did everything on his list: impeded my interest in rough sports and aggressive play, constantly scolded, condemned, and yelled at me, was domineering and overbearing, and displayed emotional outbursts in my presence.

9. Have You Made Your Son Into a Momma’s Boy?

To some extent – but being incredibly busy put some limits on her ability to do this. She did fight a lot of battles for me that she should have let me fight myself.

10. Do You Avoid Finding Strong Male Role Models For Your Son?

She did. In fact, I know she broke up with some men she dated because she thought they would be “too strong” of a role model.

The ultimate outcome of all this, though, was not that I became an alcoholic thug and a lawbreaker. Instead I became a pedestaling beta mangina with entirely the wrong attitudes and ideas about women, men, and the sexual roles of each.

“It would probably be better for society if more boys in single mother homes were raised to be pedestalizing doormats for women when they get older than violent, anti-social and emotionally out control adults.”

That is exactly what happened to me – pedestaling doormat!

3DShooter March 18, 2010 at 05:20

> “The black family in America was simply the canary in the coal mine.”

I would offer that a more apt metaphor might be that “the black family in amerika was simply the Tuskegee experiment for all families in in our failed country.”

The ‘canary in the coal mine’ was a warning indicator, the Tuskegee experiment was deliberate . . .

Migu March 18, 2010 at 07:24

Deliberate is the correct word. This didn’t just happen due the proggesive god. This is just another failed attempt at a centrally planned society. People ought to just give it up. Centrally planning the lives of disparate groups homogenizes them through death. People do well when they aren’t being coerced. Give it up power mongers,

Amateur Strategist March 18, 2010 at 11:46

Tarl, can you tell us more about what woke you up from being a mangina? I hate to think anyone here ever was, but it’s an important life lesson and it may help in bringing more Men to their senses.

J@bberw0cky March 18, 2010 at 14:27

If there was a tribe of 98 men and 2 women, and over the mountain there was another tribe of 98 women and 2 men, which is better suited for survival. They are not concerned with each other yet, as they both have enough resources currently. Fast forward two generations, or just 40 years. The tribe with 98 men and 2 women has now become 98 feeble old men, 2 infertile women, and each women had 4 daughters and 4 sons, and those four daughters had 4 daughters and four sons. This tribe now has 100 useless, really resource draining elders, and 8 mature adults, and 32 young adults, 16 of which are fertile women.

That is 100 useless elders

20 males soldiers

16 fertile breeders

4 matriarchs running house

Lets look at the 98 women and 2 men tribe. Two generations in, 40 years about, and their are 98 x 4 x 4 fertile women and 98 x 4 x 4 soldier males. We’ll avearage to 1,500 of each.

That is 100 useless elders

1,900 male soldiers

1,500 fertile breeders

400 matriarchs running house

That is a lot of people, and now resources are getting scarce, so this tribe needs to conquer new land. Are they going to have much trouble taking out the other tribe? No.

One way it can get tricky is because the first tribe, instead of sitting around and trying to repopulate with its two women might decide while male numbers are to their advantage to cross the mountain and conquer the other tribe to take their women, but even in this scenerio it is women for whom all this risk was taken, again pointing to the value of being a reproductive asset. Women are inherently more valuable because they can make more women and men, with the help of only a handful of men. Men can only make more women and men very slowly with the help of a handful of women. So its just a numbers game, and in tribal war, numbers more than often win out. Several Alpha males, who can strategically utilize their limited resources to compensate for numbers, like say, the 300 Spartans of Thermopalye (sic) are more important individually than an individual female, biologically speaking, but these are rare men, and I'm talking average female to average male. Keep in mind, even the Alpha Spartans recognized the importance of fertility. You got buried without a gravestone unless you died in combat as a male, or died in childbirth as a female. They placed females giving birth as equal in value to males fighting in combat. Without women, you don't have new soldiers, but without soldiers, you still have plenty of new women (well, as long as there is at least one soldier whose little soldier, and its little amphibious soldiers, are up to the task of Operation Repopulation)

Water is not better than food, but it is biologically more important (vital).

Women are not better than men, but they are biologcally more important (vital).

I'm sure a physicist could explain why protons are more important to maintaining a stable physical reality compared to neutrons (or is it vice versa?), but that's not my area of expertise, and I'm speculating. Generally, rarity increases value, but does not solely determine value. If I had to choose between just water or just gold, you'd choose the less valuable water because it is more vital. Women are like water, and men are like gold. In the case of breeding, when something made up of multiple but even components is inherently valuable, like babies to a tribe, the rarer of the componenets, gametes, will be more valuable. (See Seans bottle neck example) Of course, if I'm stuck on gilligans Island, I'd throw all the bitches to the sharks if that meant I could keep the professor alive, my one hope for survival and rescue. His Alpha nature in this particular environment is more important than baby production.

So lets recap:

Individual average female biologically more important than individual average male in terms of long term tribal survival. Emphasis on long term, ie. multiple generations and average.

Individual Alpha male biologically more important than individual average male and individual average female in terms of long term tribal survival. His ability to maximize resources, both physical resources and his genetic resources, would make him more valuable than possibly dozens of men and women, depending on how extraordinary he is. A tribe of 50 Alexander the Greats and Spartacus's doesn't have much to fear from a tribe of 500 inner city thugs and baby mamma's.

J@bberw0cky March 18, 2010 at 15:03

> "(*female as stunted creature by nature is massively suppressed fact of our evolution _by all sides._) "

Yep. The Y chomosome provides the extra tweaking and specialization needed for males to be the ultra-competitive, task oriented, hard chargers that we are (of course, the education system beats that out of us best it can). Its also fertile ground for nature to experiment, because one generations ultra strong caveman alpha, may be the next generations omega living in a world of computer hackers. Thats why we have more men at both sides of the bell curve. Nature can't predict what will work as the environment continues to change. It just throws everything and the kitchen sink at it, and see what sticks. Women are doing the same shit they have always done: make babies, talk a lot so babies learn to talk, use men to acquire the bulk of their resources, and act selfish, I mean "gather". Men went from hunting, to farming, to industrialization, to paper shuffling, to computer manipulating, in a matter of 10,000 years. The last four of the five in just the last 300 years. Men adapt, women make babies.

Comment_Whatever March 18, 2010 at 17:42

People like to talk about how incredibly important the women's ability to have kids is.

Do any of you actually believe women's capacity to have children is the limiting factor on population growth? I mean REALLY. Let's keep it real simple. Since you somehow have failed to figure this out yourself.

About half of people are women. Let's say each of them manages to have 4 kids, with births at an average age of 25.

How long does it take a population of 100 men and women to grow to the entire population of the world today?

650 years. That's it. It's pretty clear that we've operated significantly below "maximum reproductive capacity" during almost the entire history of the world. Way, way below the maximum reproductive rate. Like way.

J@bberw0cky March 18, 2010 at 20:44

"How long does it take a population of 100 men and women to grow to the entire population of the world today?

650 years. That's it. It's pretty clear that we've operated significantly below "maximum reproductive capacity" during almost the entire history of the world. Way, way below the maximum reproductive rate. Like way."

Yes. A really good argument, good, because its true. However (you didn't think I was going to end it there) we have tried to operate at maximum reproductive capacity during most of the history of the world. We just had a lot of casualities and complications (lack of doctors and sabertooth tigers). We have only actively tried to operate below maximum capacity since maybe the start of the agricultural revolution, roughly 10,000 years ago. Families could outgrow the fields and the flocks, so to speak, so delays in marraige and reproduction probably started around then. For much of human evolution we made babies as fast as we could, and even after agriculture, I'd bet we were churning them out almost as fast as we could up until about the industrial revolution. (Then stuff gets weird) Shit be rough out there. Many babies never got the chance to make their own babies. War, plague, childbirth deaths, infertility, violent crime, work accidents: all these and more made it necessary to have 8 kids, on the chance half of them would make it to have their own kids. But what is more important to remember is that we all have this psychological baggage left over from our hunter-gather days. Even though its not as important in modern times to maximize the output of our baby making machines, we still have the evolved psychological traits that naturally predispose men to protect women at the expense of themselves because of their baby making capabilities. Pedastalizing is as much ev0-psych as it is cultural. It is culturally reinforced evo-psych. So yes, you are one hundred percent correct, a womens ability to bear children isn't anywhere as valuable as it was 10,000 years ago

when you needed to have 10 kids to ensure the survival of your family line, but we still have the psychological and cultural residue left over from the reality of the times when it was, and it still benefits women to this day.

J@bberw0cky March 18, 2010 at 20:56

Plus, I think people underestimate the importance of demographic trends at their own peril. I wonder how the Amish will portray the MRM long after the collapse of traditional western society, as women cock hop from PUA to PUA, and men ghost the hell out their way, until their inadvertent infertility creates a society of childless spinsters and virginal X-Box masters who care little as the population nose dives, preventing the entitlement-tax-base-economy to implode onto itself making way for Sharia law. Will the Amish forsake their disdain of technology in order to pick up the predator remote with attached tactical nuke to fight off the Jihad invasion, or will they to die to the brown skinned patriarchal society of Mohammad. Allah Akbar! Allah Akbar!

Tarl March 19, 2010 at 03:16

Tarl, can you tell us more about what woke you up from being a mangina? I hate to think anyone here ever was, but it's an important life lesson and it may help in bringing more Men to their senses.

Two different things.

Firstly, I started seeing a shrink for reasons unrelated to being a mangina, and inevitably childhood history came up. He obviously thought this was a valuable line of inquiry, and no doubt it almost always is. He brought to the forefront of my attention that my mom had poisoned my mind against my father (and against men in general), had tried to emasculate me as per point 8, and had generally turned me into a pedestaling doormat. Moreover, this guy told me that she was wrong to do that, and I had a right to be angry at her that she had. He had to push this pretty hard, because initially I resisted it (the programming went deep!). In retrospect I am sorta surprised that he took this line, because he was by no means an alpha himself. Older guy, SWPL liberal, I would have expected him to say that being a pedestaling doormat was just the thing to do.

Secondly, I had a series of women who begged me to dominate them. After number three, I started thinking hmmmm, they don't want to be put on pedestals so maybe I shouldn't do that, and maybe in the future I should act the way they asked me to without being asked.

I would definitely have woken up a lot sooner if I'd known about Game. I'm kicking myself now because when I was a young punk I knew several guys who were "naturals". I thought their success was specific to being who they were, and could not be transferred to me. It never occurred to me that most of their techniques were something all men – including me – could use. If only I'd known! (smacks forehead)

TrollKing March 19, 2010 at 04:26

I can tell you what brought me to the dark side. My mother is/was a radical feminist…just not as radical as some. She's got two boys so it has humbled her some, but not much. I used to be a white knight but really a man can only put up with so many women and the bullshit that they cause. There has to be some quantitative upper limit where most men just shut off from women/come to understand the true nature of females v. the alpha/ beta dynamic.

Anyways, As a teen I would say I was Alpha in appearance and Beta in action. But I still managed to get laid. I was

the typical white night pedelistizing women and believing in all their bullshit. Im not sure what snapped me out of it. It probably has alot to do with college and a long term relationship that ended at 21, see im 27 now. But I always had a inkling about the double standards and female nature. I used to walk around in a state of perpetual cognitive disassociation. See, women market their sexuality very well, they always say the same shit and talk like women are the pure lil snowflakes that can do no wrong(herd behavior) while they categorize men into a social heirarchy…mankind is one giant breeding experiment(it becomes quite visible in matriarchial single mommy by choice families) where women are the control group, playing passive aggressive spectator to the artificially created male social heirarchy. Thats where most men are today I think. Walking around believing what women say about themselves(female sexual marketing/herding) while simultaneously scratching their head and saying a collective "WTF does she ACTUALLY want????"

I was that guy that would throw out the feminist lines and then one day I started actually reading/TROLLING the femisphere and had my eyes opened. Im not sure if I always had my eyes opened and just went along like and idiot, cause I remember questioning alot of things like mens reproductive options and others….It really is truly amazing how much game works, just looking back on previous encounters with women. One thing that definately woke me up and could be used for men is not only questioning chivalry, but questioning the "do not speak ill of any women" aspect of it. One thing that bugs me alot is that I have never laughed at a rape joke, but time and again I have seen women laugh at mutilating mens genitals. When you see your own mother laughing about castrating men, thats when you really start seeing the true nature of women.

TrollKing March 19, 2010 at 04:31

Tarl,

I understand what you mean. My mother is a huge feminist and incredibly conservative too, so I got both sides of it drilled into me. I Kinda don't like the alpha/beta or omega distinction because they are vague. Alpha means different things from a mens perspective than it does a womans. But I do think that all men are natural alphas, its society and school and family that push us down to beta level. Afterall women market themselves as pure lil angels that fart rainbows and queef picie dust and us men absorb these messages from a very young age. just look at disney movies and the fact that most teachers/caregivers of young children are women.

-Peace

J@bberw0cky March 19, 2010 at 16:24

Scarcity x Vitalness = Value

The female gamete is no more vital than the male gamete, but it is more scarce, and both require the female womb, which adds additional value to the female side of reproduction.

And my wacked out scenerios where meant to show mathmatical realities. They were silly exagerations, but it is necessary to exagerate sometime to emphasize a more sublte reality that might not otherwise be obvious. I'll accept that I might be wrong, but I'm not trying to bullshit. By breaking things down mathmatically, I am trying to eliminate the bias of bullshit.

I'm sorry you can't affect that men's value is derived more from what we do, and womens value is derived more from what they are.

No one said life was fair, it doesn't mean we should ignore realities. That is what feminist do.

J@bberw0cky March 19, 2010 at 16:29

You even said nature is amoral, so why are you offended that on average, historically speaking, females are biologically more valuable than males.

We do have a population glut, which is a game changer and tilts the favor back to males, hence the China phenominon of wanting boy babies. But when their population shrinks back to sustainability over there, females will regain their natural value. It's an interesting debate. It should continue. Everything I say is off the top of my head, based on my general understanding of these issues. I'm hardly infailable, and I spit this shit out quickly while at work, but you haven't changed my mind yet.

Renee March 21, 2010 at 02:35

I thought China and Asian cultures in general have always favored boys, culturally speaking.

Sean MacCloud March 21, 2010 at 14:25

> Renee wrote:I thought China and Asian cultures in general have always favored boys, culturally speaking.

That is a complexity issue that people always point to as another example of how non natural humans are –how above reality itself we are.

While I don't have it figured out entirely it is something like this…

The fathers (and his top sons) are achieving and holding rank so that they can be as reproductively valuable as the females. (Note females do nothing but just show up and be healthy to be as valuable.) The way _those_ fathers hold rank is by having lots of mules that work and fight on behalf of him (and his number one son(s)) and the land needed to sustain that continuum. Those main 'top dog' genes are the main things making it through the bottle neck of fem sex value; the extra sons are a type of husk around the kernels.

This question and concern of your's is way more valid than your last one about "self awareness"/ Why creatures are motivated to do what they do. (I explained that one. You were simply wrong there because wimmins are "too close" in their thinking; they lack big picture objectivity.) This 'I want sons' thing is a more important thing you have brought up.

There are other similar examples like that too. Wife immolation(healthy fem killed and buried with high rank man); dowry paid to boys family.

Like I said I don't have this all figured out yet. But the dim sex premise I explained earlier is still valid and accurate. This "I am compelled to want sons" [compulsions are created by a chemical modules] is simply a "god of the gaps" issue. ("God of the gaps" = a profundity that hasn't been figured out which doubters use to throw a monkey wrench into the premise.) It is a complexity issue that doesn't negate the premise; it just muddies it.

Also the whole thing might be spandrels. A trait that is just going along for the ride –like ornaments on a cathedral.

(More later if I think of a better, smoother way of explaining this. Good shot dopey girl!)

(Just FYI note "culture" is some kind of expression of underlying natural reality.)

GlobalMan March 22, 2010 at 13:41

A good point about 'reproduction'. Women bullshit on about how they can't go to war because it's their role to have the next generation.

A woman can pop out 10-15 babies in her life. If society organised itself so that the 'breeding women' were ring-fenced and the babies were cared for by men as soon as they were off breast feeding nine out of 10 women are not required to produce babies. They can be blown up on battle fields just like the men can. No problem. They can die in workplace accidents just like the men can.

If us men defeat the PTB and create a new society afterwards I would be surprised if men do not create one in which th 'right' of a woman to have a child is taken away and it becomes a 'privilege' to have a child and the child is the property of the man. I would be surprised if men do not create a class of 'breeder women' who pop out babies for the men to own. After all, the society where women own the babies has proven to be a massive disaster.

GlobalMan March 22, 2010 at 13:52

By the way….we are very close to artificial wombs. Once it is possible to create a baby via artifical wombs women will lose the one and only task for which they are better suited than men. Then? It will be 'brave new world' time and the only use of women will be as 'play partners' for men.

Brave New World did not depict babies being grown outside the womb and natural birthing as an 'abhorence' for no reason. That is what they intend to present to women in the future. It's already starting.

Mangina in chief Obama has said "I do not want my daughters to be the victims of unwanted babies" or words to that effect. As a man who is 45 I can tell you that the idea that ANY baby could be 'unwanted' was simply not conceivable 30 years ago. Sure, women got accidentally pregnant at 16 on some occasions. I knew two. But I can tell you BOTH those women 'suffered' terribly later in life over that pregnancy and subsequent adoption. Those two babies were very MUCH wanted.

In one case the boy was a close friend of mine whom I have kept in touch with. In our quiet moments over a few drinks he too reports that he very much wanted the baby. But he also admits that he and his girlfriend simply could not give the baby a decent chance since they were both only 16 at the time. They were kids themselves. These babies that came along as 'accidents' were wanted. But in most cases older and wiser heads prevailed and the best interests of the child were most usually served by adoption to a couple who could not have their own baby for whatever reason.

This whole notion of 'unwanted babies' is new. Part of the depopulation program is the notion that some babies are wanted and some are not.

The Fall of a Natural

Keoni Galt · 17 March 2010 · Archived copy · Original

Upon reflecting on my past through the lens of understanding gained by taking the Red Pill (oh how I never tire of that allegory,) it's rather amusing to see things so clearly in hindsight to the kind of things I used to be completely oblivious to.

When I was in my early 20's and attending college, I had a roommate who was a "Natural" player. He was a PUA to the "T." The dude was practicing Leykis 101 (NSFW) before I ever heard that particular radio show.

He was an older guy in his mid 30's, he had 3 "steady" girls at all times, as well as an endless array of one night stands and short affairs of 20 something women. He was a DJ; an excellent drummer of a semi-popular jazz/funk/hip-hop fusion nightclub band; a sometime event promoter; as well as a primary procurer for illicit recreational substances. In short, he was Hawaii's version of the G Manifesto in the early 90's.

We were roommates for several years, and during that time, I witnessed the entire catalog of PUA behavior, multiple relationship management, negging, and alpha indifference to his girls emotional roller coasters. Being the clueless guy that I was, I was in many different cases, the LJBF nice guy to a few of his conquests.

I remember one instance in which one of his steady girls complained for hours to me at our house (she came over unannounced while he was out...swooping other girls, of course), and I was the only one home. I got an earful of how he was such a jerk, and what the hell was she doing wasting her time with him, blah, blah, blah.

I even got the "why can't he be nice like you?"

Now I know, it is precisely why he was not like me that attracted her all the more.

My roommate once told me he planned to play with women like that forever.

Eventually he moved out of our place, I ended up getting married and moving out and we haven't seen each other in years now.

But recently I talked to several mutual friends who gave me the update on how his life turned out since we last saw each other.

Apparently, he met THE ONE.

The mythical creature who does not exist.

The ONE woman he fell so hard for, he unwittingly quit all of his natural skills as a player, and put her way up on the pedestal. Knowing the quality of girls that he regularly swooped, it would not be any sort of stretch on my part to guess she was a 9 or a 10 for certain. My friends told me that he worshiped her. He broke up with all other girls, stopped nightclubbing and swooping other girls. He got a serious case of oneitis. He bought her a ring and proposed. They were engaged for 6 months.

In the midst of planning their wedding, she cheated on him and dumped him for another guy.

He was devastated.

Many women will read this account and think that he got exactly what he deserved...bad boy player finally getting his comeuppance. But I take a more important lesson from his tale of woe: if you meet a woman who you think is "THE ONE" and you game her into a relationship...don't forget the things you did to land her in the first place once you are in that relationship! As Alkibiades wrote in his excellent post, Hot Tubs and Women:

> Game does not end when you begin an LTR. If anything it is just the beginning.

As a "natural," I wonder if he will arrive to the conclusions on his own? Will he realize that he "beta-ized" and killed her attraction for him by ceasing to be the "player" he was for all those years? That he fell for one of the biggest lies of our feminized society that preaches that men should put women on a pedestal to have a "serious" relationship?

Unplugged

Keoni Galt · 30 March 2010 · Archived copy · Original

I've always been a sporadic blogger, but much moreso as of late. I'm in the process of moving offices for my business, and it's been time consuming...which is why I have not been able to log on and write for any extensive period of time this past two weeks. I should be done and back online next week.

Branding the Sheeple

Keoni Galt · 8 April 2010 · Archived copy · Original



As I discussed in the previous post, Your Papers, Comrade, I believe the elite who rule our society, have been actively working to implement a national ID system for which every citizen would be required to carry a national ID.

Over the last few decades, there have been a number of measures undertaken on a wide variety of fronts to continually move the populace towards accepting what now appears to be a virtual certainty in our near future.

One of the means of accomplishing this is inexorably tied to Social Security, Illegal Immigration, and job employment.

Remember the Dialectical Process of Social Engineering...

Thesis + Anti-thesis = Synthesis

In this case - Illegal Immigration + Employers Hiring Illegals = Justification for Implementing a required, biometric National ID card for any citizen wishing to obtain a job.

Here's a Washington Post article from last month, written by elephant-hack Lindsay Graham and donkey-hack Charles Schumer proposing a "bi-partisan" solution to "mend immigration." The following is an article written in Brave New World Order newspeak, and my translation of excerpts into realspeak...

> The right way to mend immigration

The Right Way to Finally Get You Idiot Proles to Accept National Identification.

> By Charles E. Schumer and Lindsey O. Graham
> Friday, March 19, 2010; A23
>
> Our immigration system is badly broken.

Our immigration system has been deliberately "broken" to accomplish a wide variety of goals to suit our purposes. It's worked beautifully so far in getting you morons to slowly but surely accept the implementation of our overall agenda.

> Although our borders have become far more secure in recent years, too many people seeking illegal entry get through. We have no way to track whether the millions who enter the United States on valid visas each year leave when they are supposed to. And employers are burdened by a complicated system for verifying workers' immigration status.

This is a problem that we created so that we could than propose a new solution...see how this works?

> Last week we met with President Obama to discuss our draft framework for action on immigration. We expressed our belief that America's security and economic well-being depend on enacting sensible immigration policies.

Notice we make no mention of the supposed founding ideal of America - FREEDOM.

Never mind that Ben Franklin dude and his blathering on about "They who can give up essential liberty to obtain a little temporary safety, deserve neither liberty nor safety." We will give you safety whether you deserve it or not...

> The answer is simple: Americans overwhelmingly oppose illegal immigration and support legal immigration. Throughout our history, immigrants have contributed to making this country more vibrant and economically dynamic. Once it is clear that in 20 years our nation will not again confront the specter of another 11 million people coming here illegally, Americans will embrace more welcoming immigration policies.

Once it is clear that in 20 years, our nation broken by our fiat currency, fractional reserve, FED-manipulated, debt-driven economy and the mass civil unrest to surely follow, Americans won't care about immigration policies, you'll be too busy trying to get out...but don't worry, we've planned for that too.

> Our plan has four pillars: requiring biometric Social Security cards to ensure that illegal workers cannot get

> jobs;

Requiring biometric Social Security cards to ensure that ALL Americans who wish to earn a living MUST obtain a Biometric National ID card,

> ...fulfilling and strengthening our commitments on border security and interior enforcement;

...further advancement of transforming this once great nation founded on freedom into an Authoritarian Police State,

> creating a process for admitting temporary workers;

...and ensure that our multi-national, corporate sponsors, will still be able to import third world slave-wage laborers to exploit for profit,

> ...and implementing a tough but fair path to legalization for those already here.

...and implementing the final plank in the effort to permanently alter American society through the steady infusion of multi-cultural diversity. The long awaited AMNESTY program.

> Besides border security, ending illegal immigration will also require an effective employment verification system that holds employers accountable for hiring illegal workers. A tamper-proof ID system would dramatically decrease illegal immigration, experts have said, and would reduce the government revenue lost when employers and workers here illegally fail to pay taxes.

A tamper-proof ID system would finally achieve the vision predicted by Orwell decades ago...Big Brother will finally have the means to track you Proles for your own good!

> We would require all U.S. citizens and legal immigrants who want jobs to obtain a high-tech, fraud-proof Social Security card.

Of course, we'll start off with only those who want jobs...but we will certainly find new justifications to expand these requirements until everyone must have these cards.

> Each card's unique biometric identifier would be stored only on the card; no government database would house everyone's information.

There would be no need...we'll already have that database once Obamacare is fully implemented, and it would be a simple matter to cross-reference your social security card with your medical record file.

> The cards would not contain any private information,

Of course your bio-metrics are not technically private...

> ...medical information or tracking devices.

As noted previously, these cards won't need these things...just your social security card easily cross referenced with our nationalized healthcare medical record database.

> The card would be a high-tech version of the Social Security card that citizens already have.

See, you've already been given a limited National ID card, we are simply expanding on it. Whereas the old ID was easily forged, this new card will make forgery much, much harder to get away with.

> Prospective employers would be responsible for swiping the cards through a machine to confirm a person's identity and immigration status. Employers who refused to swipe the card or who otherwise knowingly hired unauthorized workers would face stiff fines and, for repeat offenses, prison sentences.

Prospective employers will serve as our eyes and ears to monitor the populace. Any employer that refuses to cooperate with Big Brother will be punished.

> We propose a zero-tolerance policy for gang members, smugglers, terrorists and those who commit other felonies after coming here illegally. We would bolster recent efforts to secure our borders by increasing the Border Patrol's staffing and funding for infrastructure and technology. More personnel would be deployed to the border immediately to fill gaps in apprehension capabilities.

Once you all have your National ID cards, we will beef up the border security to ensure that you proles cannot leave

when the economy gets worse, hyper-inflation kicks in, and we start shipping thousands of you off to your region's FEMA camp.

> Other steps include expanding domestic enforcement to better apprehend and deport those who commit crimes and completing an entry-exit system that tracks people who enter the United States on legal visas and reports those who overstay their visas to law enforcement databases.

You see, we won't need a central database like we said. We merely have to cross reference your number with the other databases already in existence. We have our ways.

> Ending illegal immigration, however, cannot be the sole objective of reform. Developing a rational legal immigration system is essential to ensuring America's future economic prosperity.

After all, thanks to our welfare dependency programs designed to destroy the nuclear family and make as many of you proles as dependent upon us as possible, we still need to import third world slave labor to do the jobs Americans dependent on welfare don't need to do.

> Ensuring economic prosperity requires attracting the world's best and brightest. Our legislation would award green cards to immigrants who receive a PhD or master's degree in science, technology, engineering or math from a U.S. university. It makes no sense to educate the world's future inventors and entrepreneurs and then force them to leave when they are able to contribute to our economy.

It makes no sense to educate the upper classes and force them to leave when they are able to contribute to our entitlement program funding schemes that have arleady bankrupted our economy.

> Our blueprint also creates a rational system for admitting lower-skilled workers. Our current system prohibits lower-skilled immigrants from coming here to earn money and then returning home. Our framework would facilitate this desired circular migration by allowing employers to hire immigrants if they can show they were unsuccessful in recruiting an American to fill an open position;

Our corporate sponsors need merely make a dog-and-pony show effort to put forth the appearance of hiring American workers who don't need the jobs because of our entitlement programs, before carrying on with business as usual in hiring third-world slave labor;

> allowing more lower-skilled immigrants to come here when our economy is creating jobs and fewer in a recession; and permitting workers who have succeeded in the workplace, and contributed to their communities over many years, the chance to earn a green card.

...and give these wage-slave laborers just enough of an incentive to continue to flood across the border and supply our corporate masters the cheap labor they require.

> For the 11 million immigrants already in this country illegally, we would provide a tough but fair path forward. They would be required to admit they broke the law and to pay their debt to society by performing community service and paying fines and back taxes. These people would be required to pass background checks and be proficient in English before going to the back of the line of prospective immigrants to earn the opportunity to work toward lawful permanent residence.

For the 11 million immigrants already here illegally, they've served their mulit-faceted purposes for our designs quite admirably. If they want to stay here, they too will need to accept their branding, tracking and monitoring by big brother, just like the rest of you sheeple.

> The American people deserve more than empty rhetoric and impractical calls for mass deportation.

You deserve national IDs, permanent monitoring and tracking, and mass detainment should you resist these measures that are necessary for Homeland Security.

> We urge the public and our colleagues to join our bipartisan efforts in enacting these reforms.

Republicrats or Democans, it makes no difference. We all want you to have your National Biometric encoded ID's. It's for your own good.

Dietary Disorder

Keoni Galt · 9 April 2010 · Archived copy · Original

I've had some vehement arguments in real life with some friends and family members as of late regarding diet and nutrition.

It's getting real old.

The typical one begins like this:

"How did you lose all of that weight several years ago...and continue to keep it off? What kind of diet are you on?"

At first, I would use this occasion to launch into a lengthy narrative about how I discovered that the conventional wisdom regarding saturated fats, animal based proteins, and plant based foods was all wrong, and that switching to a low-carb/high-fat and protein diet was not only great for losing all that excess weight, but also for improving my overall health and well being.

Most people's eyes would glaze over after a certain point. The cultural programming is just too ubiquitous...the conditioning, too thorough. Even with a living, breathing example standing right in front of them, showing a literal embodiment that attests to the very things I'm arguing for...they refuse to make the connection.

I must be lying.

Or...if I'm not lying...well, yeah, maybe I did lose all that weight, and maybe I do look rather athletic and in top shape...but my arteries must be clogging up and I must be setting myself up for a heart attack at 50.

Or, because people that know me, attribute it solely to my physically active lifestyle....never mind the fact that I was just as active 3-4 years ago when I was 35 lbs. overweight and contemplating buying a whole new wardrobe to accommodate my expanding waistline.

So, after awhile, I got tired of it. I started telling people I "went paleo" or "primal." If people asked for sources, I'd tell 'em to check out Mark's Daily Apple or Free the Animal...both excellent sources of info on the entire genre of "primal" dieting.

Yet, I no longer call my "diet" primal or paleo either....because I'm not. The only time my diet would truly be "primal" is when I go hunting, and I catch a pig, and I eat it. While I do in fact do that frequently, it is by no means my primary method of subsistence. See, I like my dairy too much....and dairy is not "primal." Butter from grass fed cows, whole milk organic yogurt, sour cream and heavy whipping cream, and a wide variety of high quality cheeses are staples in my diet. Same goes for my eggs I get from my little flock of hens. Somehow, I doubt grok kept a flock of hens around for their eggs...he probably just killed and ate any chicken that he could get close enough to.

Nowadays, I simply call my diet a "as nutrient dense and naturally derived as possible."

I'm done with trying to hand out the dietary red pills to resistant blue pill addicts.

Unless someone persists, than I'll usually just say I don't eat "junk food" anymore. That's usually good enough. The only thing is that I know MY definition of junk food is usually much different from most people's ideas of what is

"junk."

Nevertheless, I've finally come to realize one very important thing regarding diet: the search for dietary purity is impossible. It sucks the joy out of life to be the stickler in the room...the killjoy at the dinner party. So now, if I'm at a birthday party, instead of regaling the room with a lecture on the evils of high fructose corn syrup and partially hydrogenated vegetable oils, I just shut up and eat some of damn cake and ice cream.

Sometimes it's better to poison your body a little bit, than to poison your relationships.

A Conversation On Child Support Enforcement

Keoni Galt · 13 April 2010 · Archived copy · Original

I was recently at a party and was in close proximity to a group of women discussing child support issues. It was a pretty serious conversation, as it involved the personal experiences of two of the women in the group.

One was a single mother who broke up with her abusive boyfriend after they had a child, the other, the second-wife whose husband has primary custody of his children from a previous marriage.

The second-wife was relating the struggles they've been enduring in trying to get her husband's ex-wife to pay child support. They've had to file paperwork in triplicate, attend court hearings, badger their case worker and generally constantly fight with the system to try and get the court ordered child support garnished from his ex-wife's paycheck. They've been trying to do this for well over a year, and have yet to see a single dime of child support from the ex-wife.

The single mother was completely bewildered. She couldn't believe how much trouble the second-wife and her husband was going through...she filed her paperwork and the child support agency for Hawaii immediately began to garnish her ex-boyfriend's paychecks and cutting her a monthly check for child support.

Second-wife was asking single-mother how she did it, and all of the women in the group conversation were voicing their bewilderment and puzzlement as to why one found it so easy to get her court-ordered child support checks while the other was having such a hard time getting it.

This is the point where I usually would interject and begin steering the conversation towards the realities of the family court system in today's BraveNewWorldOrder...but this time, I simply smirked and resumed drinking my whiskey, contemplating the topic in quiet consternation.

The answer is plain-as-day as far as I was concerned...there could not be a more obvious case of gender bias.

Yet none of them could figure it out. Eventually the topic of conversation changed, the mystery for them was simply unresolved and relegated to afterthought.

This, I'm afraid, is typical of today's modern women - so plugged into the matrix, they are incapable of seeing realities that manifest right before their own eyes.

Our Fiat Reality - 21st Century Serfdom

Keoni Galt · 14 April 2010 · Archived copy · Original

[image]

UPDATE - I replaced the previous chart from this original post with the most recent chart from 2008 to show PMAFT exactly what I'm talking about. As you can see, Federal Reserve holdings of the debt are just under 50%.

People can be easily confused when they try to undertake a little research into how and why the economy is in the dumps and we are in the beginning stages of the Great Depression 2.0.

It all looks and sounds so complicated.

But it really isn't...if you know some basic principles to understanding exactly how our system is set up, the answer as to why we are in dire economic straits becomes quite easily discernible.

To put it simply - the reason why we are in a world of economic shit right now is basically and fundamentally caused by changing the CONCEPT of what money is in people's mind.

It used to be that for a person to make a big ticket item purchase, people SAVED their money until they could finally afford it.

Money was something you worked for, earned, and saved to use to acquire the things.

When money was understood to be an exchange certificate for a valuable commodity like gold or silver, people understood that it took a lot of work and effort to earn and save up enough money to buy yourself a big ticket item.

Money = medium of exchange for goods and services. Earn it, save it, and spend it wisely.

That's what it used to mean.

You know what money means nowadays?

Money = DEBT.

Voluntary serfdom, which gives you the illusion of freedom, but keeps you bound to your overlords just as effectively as the Feudal system of the medieval period.

The banks who issue you your credit cards, give you your auto loans and your mortgages, they are establishing a claim to your labor, your efforts, and your very livelihood for the rest of your productive, adult-working life.

Money = Debt is the very foundation of our current system.

But the people in charge, the elite banksters who are in effect our Feudal overlords, have a vested interest in ensuring that most people never see the man behind the curtain, pulling the levers. So, just like their fiat currency is created out of thin air, so too is the reality they seek to portray to the average citizen is a fiat reality - an artificially created "reality" of how the monetary system works.

While I was in the waiting room at the doctor's office the other day, I grabbed an old TIME magazine off the coffee table to read something to pass the time. It was the TIME's Person of the Year 2009 edition, featuring Fed Chairman Ben Bernanke.

In the article, I found a paragraph that basically confirmed that money = debt:

> The Fed's central function is its dual mandate to steer the economy toward stable prices and maximum employment through monetary policy. To rev up a weak economy, it can lower interest rates by buying Treasury bonds or other safe securities, essentially printing money and dumping it into the banking system with a mouse click.

There it is folks. This is precisely what FIAT CURRENCY is. Of course, read all 5 pages of the TIME magazine article, you will not find one stray hint or mention of the word FIAT.

So...the Fed "buys Treasury bonds or other safe securities" which results in "printing money and dumping it into the banking system with a mouse click.

What, precisely is being done when the Fed buys Treasury bonds?

Treasury Bonds....future claims to the US Federal treasury. See how this works? The FEDERAL RESERVE "prints" money with a mouse click by buying treasury bonds...certificates redeemable for tax payer money, plus interest in the future.

For example (a very simplified example for the sake of clarity here) If the Fed "buys" a 10 year $100 Treasury Bond for $75 today, "bought" with it's fiat currency ("printed" with a mouse click), that represents a debt of the principle plus 25% interest the American tax payer "owes" the federal reserve in 10 years.

You know how you always here about the public debt in the news media? What you never hear is who exactly owns this debt and how much. The Federal Reserve is often called "Quasi-Governmental agency" and the debt owed to them for their "fiat currency mouse-click printing" services is officially called "Intra-governmental debt. This is a half-truth -- the most effective lies always contain some truths to it -- because the real truth is that the central banks that make up the system in the US are privately owned. It's only "quasi-governmental" because it was created by the 16th amendment to the US Constitution - the Federal Reserve Act signed into law by Woodrow Wilson in 1913. If you read The Creature From Jekyll Island, you'll learn about how the guys behind the 16th amendment were the same guys connected to the same guys behind feminism and women's studies (the Rockefellers, Warburgs, and Rothschilds). This is precisely why I believe in the "conspiracy theory of history."

So how much do We the Sheeple owe the Federal Reserve for their mouse-clicking services?

3.851 trillion dollars of the national debt is owed to the Federal Reserve...45% of the estimated 8 trillion dollars of debt.

Got that, folks? Almost half of the "national debt" that you always hear about in the mainstream media news is owed to the Federal Reserve for their mouse click printing services. Our money is debt based from it's very source. Every time the Fed "prints" money, we owe them interest for their "service."

The moment the Federal Reserve "prints" any more money, the national debt increases.

Money = Debt is our systemic reality.

So who is our 21st century Feudal overlords? Those who own our debt.

Give me control of a nation's money and I care not who makes her laws. - Mayer Amschel Rothschild

Barry Goldwater on the Fed and the NWO

Keoni Galt · 20 April 2010 · Archived copy · Original



Fellow Spearhead author and blogger Pro-Male-Anti-Feminist Tech has taken issue with "conspiracy theory" in the past, as well as disputing my contentions in my last post regarding the Federal Reserve's role as a privately owned corporation who owns a large portion of the US public Debt.

While I have nothing but respect for him, despite the fact that we disagree on this topic for certain...I can't help but notice that he wrote his latest piece for the Spearhead based on a quote from Barry Goldwater with regards to combating feminism and misandry.

I would remind you that extremism in the defense of liberty is no vice! And let me remind you also that moderation in the pursuit of justice is no virtue!
-Barry Goldwater at the 1964 Republican Convention

Given PMAFT's serious skepticism regarding "conspiracy" I'd simply like to present to him two other Barry Goldwater quotes...

Most Americans have no real understanding of the operation of the international money lenders. The accounts of the Federal Reserve System have never been audited. It operates outside of the control of Congress and manipulates the credit of the United States.

Ah yes...Goldwater was certainly a wise man - and he basically affirms the main point of my last post.

Here's another one of his quotes:

The Trilateralist Commission is international...(and)...is intended to be the vehicle for multinational consolidation of the commercial and banking interests by seizing control of the political government of the United States. The Trilateralist Commission represents a skillful, coordinated effort to seize control and consolidate the four centers of

power - political, monetary, intellectual, and ecclesiastical.

UPDATE - Heh...so after doing a little more googling, I come to find the original piece that this last quote was taken from.

Goldwater was most certainly a "conspiracy theorist!" Fascinating to see what he writes about here corroborates many, many other sources of NWO conspiracy theory.

> Goldwater Sees Elitist Sentiments Threatening Liberties
>
> By U.S. Senator Barry M. Goldwater (1979)
>
> In September 1939, two members of the Council on Foreign Relations visited the State Department to offer the council's services.
>
> They proposed to do research and make recommendations for the department without formal assignment or responsibility, particularly in four areas - security armaments, economic and financial problems, political problems, and territorial problems. The Rockefeller Foundation agreed to finance the operation of this plan.
>
> From that day forward, the Council on Foreign Relations has placed its members in policy-making positions with the State Department and other federal agencies. Every Secretary of State since 1944, with the exception of James F. Byrnes, has been a member of the Council.
>
> Almost without exception, its members are united by a congeniality of birth, economic status and educational background. The organization itself began in 1919 in Paris when scholars turned their attention to foreign affairs after the end of World War I. It remains a non-governmental private grouping of specialists in foreign affairs. [emphasis added]
>
> A number of writers, disturbed by the influential role that this organization has played in determining foreign policy, have concluded that the council and its members are an active part of the communist conspiracy for world domination.
>
> Their syllogistic argument goes like this: The council has dominated American Foreign Policy since 1945. All American policy decisions have resulted in losses to the communists. Therefore, all members of the council are communist sympathizers.
>
> I believe that the Council on Foreign Relations and its ancillary elitist groups are indifferent to communism. They have no ideological anchors. In their pursuit of a New World Order, they are prepared to deal without prejudice with a communist state, a socialist state, a democratic state, a monarchy, an oligarchy - its all the same to them.
>
> Their goal is to impose a benign stability on the quarreling family of nations through merger and consolidation. They see the elimination of national boundaries, the suppression of racial and ethnic loyalties, as the most expeditious avenue to world peace. They believe economic competition is the root cause of international tension.
>
> Perhaps if the council's vision of the future were realized, it would reduce wars, lessen poverty and bring about a more efficient utilization of the world's resources. To my mind, this would inevitably be accompanied by a

loss in personal freedom of choice and re-establishment of the restraints that provoked the American Revolution.

When we change presidents, it is understood to mean that the voters are ordering a change in national policy. Since 1945, three different Republicans have occupied the White House for 16 years, and four Democrats have held this most powerful post for 17 years. With the exception of the first seven years of the Eisenhower administration, there has been no appreciable change in foreign or domestic policy direction.

There has been a great turnover in personnel. But no change in policy. Example: During the Nixon years, Henry Kissinger, a Council member and Nelson Rockefeller protégé, was in charge of foreign policy. When Jimmy Carter was elected, Kissinger was replaced by Zbigniew Brzezinski, a Council member and David Rockefeller protégé.

Starting in the ‘30s and continuing through World War II, our official attitude toward the Far East reflected the thinking of the Institute of Pacific Relations. Members of the institute were placed in important teaching positions. They dominated the Asian affairs section of the State Department. Their publications were standard reading material for the armed forces, in most American colleges, and were used in 1,300 public school systems.

The Institute of Pacific Relations was behind the decision to cut off aid to Chiang Kai-Shek unless he embraced the communists, and the Council on Foreign Relations is the parent organization of the Institute of Pacific Relations.

In 1962, Nelson Rockefeller, in a lecture at Harvard University on the interdependence of nations in the modern world, said: “And so the nation-state, standing alone, threatens in many ways to seem as anachronistic as the Greek city-state eventually became in ancient times.”

Everything he said was true. We are dependent on other nations for raw materials and for markets. It is necessary to have defense alliances with other nations in order to balance the military power of those who would destroy us.

Where I differ from Rockefeller is in the suggestion that to achieve this new federalism, The United States must submerge its national identity and surrender substantial matters of Sovereignty to a new political order.

The implications in Nelson Rockefeller’s presentation have become concrete proposals advanced by David Rockefeller’s newest international cabal, the Trilateral Commission.

Whereas the Council on Foreign Relations is distinctly national, representation is allocated equally to Western Europe, Japan and the United States. It is intended to act as the vehicle for multinational consolidation of the commercial and banking interests by seizing control of the political government of the United States.

Zbigniew Brzezinski and David Rockefeller screened and selected every individual who was invited to participate in shaping and administering the proposed New World Order.

In the late 1950s, Brzezinski, an accepted member of the inner circle of academics, asserting the need for global strategies, was openly anti-communist. By 1964, he had modified his criticism of communism. In his prospectus describing the Trilateral commission, David Rockefeller said that he intended to bring the best brains of the world together to bear on the problems of the future.

I find nothing inherently sinister in this original proposal, although the name he gave his new creation strikes me as both grandiose and presumptuous. The accepted definition of a commission is a group nominated by some higher authority to perform a specific function.

The Trilateral Organization created by David Rockefeller was a surrogate -- its members selected by Rockefeller, its purposes defined by Rockefeller, its funding supplied by Rockefeller. Whether or not the approximately 200 individuals selected for membership on the commission represent the “best brains” in the world is an arguable proposition.

Examination of the membership roster establishes beyond question that all those invited to join were members of the power elite, enlisted with great skill and singleness of purpose from the banking, commercial, political and communications sectors.

Nor was the governmental community over-looked. Invitations to join were extended to Sen. Walter Mondale, Gov. Jimmy Carter of Georgia, George Ball, Cyrus Vance, Paul Warnke and Reps. Donald Fraser and John Brademas, among others.

In my view, the Trilateral Commission represents a skillful, coordinated effort to seize control and consolidate the four centers of power -- political, monetary, intellectual, and ecclesiastical. All this is to be done in the interest of creating a more peaceful, more productive world community. I have no hesitancy about judging its wisdom and the results of its actions.

A report presented at the plenary meeting of the Trilateral Commission in May 1975, at Kyoto, Japan, called for an enlargement of central authority and expressed a lack of confidence in democratically arrived at public decisions.

It also suggested that it would be helpful to impose prior restrictions on the press and to restructure the laws of libel to check the power of the press. I”ve suffered as greatly from an abusive press as any man in public life, but I get an itchy, uncomfortable feeling at the base of my spine when someone suggest that government should control the news.

The entire Trilateral Commission approach is strictly economic. No recognition is given to the political condition. Total reliance is placed on materialism. The commission emphasizes the necessity of eliminating artificial barriers to world commerce, tariff, export duties, quota - an objective that I strongly support. What it proposes to substitute is an international economy managed and controlled by international monetary groups.

No attempt has been made to explain why the people of the Western world enjoy economic abundance. Freedom -- spiritual, political, economic -- is denied any importance in the Trilateral Construction of the Next Century.

The Trilateral Commission even selects and elevates its candidates to positions of political power. David Rockefeller and Zbigniew Brzezinski found Jimmy Carter to be an ideal candidate, for example. They helped him win the Democratic nomination and the Presidency. To accomplish their purpose, they mobilized the money power of the Wall Street bankers, the intellectual influence of the academic community -- which is subservient to the wealthy of the great tax-free foundations -- and the Media controllers represented in the membership of the Council on Foreign Relations and the Trilateral Commission. It was no accident that Brzezinski and Rockefeller invited Carter to join the Commission in 1973. But they weren’t ready to bet all their chips on Carter.

> They made him a founding member of the commission but to keep their options open, they also brought in Walter Mondale and Elliot Richardson, a highly visible Republican member of the Nixon administration, and they looked at other potential nominees.
>
> After his nomination, Carter chose Mondale as his vice president. He chose Brzezinski as his foreign affairs adviser and Cyrus Vance as his secretary of state.
>
> "ACCEPTING THE DEMOCRATIC presidential nomination in New York, CARTER DENOUNCED THOSE "UNHOLY, SELF-PERPETUATING ALLIANCES THAT HAVE FORMED BETWEEN MONEY AND POLITICS."

A Mistake Does Not Mean "De-Bunked"

Keoni Galt · 20 April 2010 · Archived copy · Original

We have a little confusion here, for which I realize is due to my own mistake. The Pie Chart I referenced is for % of holder's of Treasury Securities - which I mistakenly attributed to as the total Government debt in my post, Our fiat reality - 21st Century Serfdom.

The Treasury Securities, as you will note, is what the Fed sells or buys to carry out there market operations. Of the total treasury securities (which represents a debt the US taxpayer is liable for), the Fed and other Intragovernmental agencies owns 49.37% of all treasury securities debt issued up to the point in time of the chart in 2008.

And that, as PMAFT calculated, is only a fraction of total government debt.

But that doesn't "debunk" any "conspiracy" aspects pointed out regarding the Federal Reserve system.

The Federal Reserve's practice of fiat currency being "printed" into existence by a mouse click in which they sell Bonds to the Government is a major contributor to the public debt.

This also doesn't debunk the manner in which fractional reserve lending practiced by all member banks of the Fed system is a primary cause of inflation, nor does this debunk the issue of the Fed's arbitrary setting of interest rates that are the root cause of "bubble" creations.

As for the rest of PMAFT's "debunking":

There was a committee in 1976 formed to investigate corporate banking influence. They issued a report entitled: Federal Reserve directors, a study of corporate and banking influence

Here's a chart from that report.

The money quote:

Chart 1 reveals the linear connection between the Rothschilds and the Bank of England, and the London banking houses which ultimately control the Federal Reserve Banks through their stockholdings of bank stock and their subsidiary firms in New York. The two principal Rothschild representatives in New York, J. P. Morgan Co., and Kuhn,Loeb & Co. were the firms which set up the Jekyll Island Conference at which the Federal Reserve Act was drafted, who directed the subsequent successful campaign to have the plan enacted into law by Congress, and who purchased the controlling amounts of stock in the Federal Reserve Bank of New York in 1914. These firms had their principal officers appointed to the Federal Reserve Board of Governors and the Federal Advisory Council in 1914. In 1914 a few families (blood or business related) owning controlling stock in existing banks (such as in New York City) caused those banks to purchase controlling shares in the Federal Reserve regional banks. Examination of the charts and text in the House Banking Committee Staff Report of August, 1976 and the current stockholders list of the 12 regional Federal Reserve Banks show this same family control.

There's also another official source that reveals that the Fed is in fact a privately owned corporation and not a government entity - from the 9th circuit court's case: Lewis v. United States, 680 F.2d 1239 (1982)

Quote: *Examining the organization and function of the Federal Reserve Banks, and applying the relevant factors, we*

conclude that the Reserve Banks are not federal instrumentalities for purpose of the FTCA, but are ***independent, privately owned and locally controlled corporations.***

As for the entire mathematical argument that the Fed doesn't get that much money from their operations because they "return" the profit to the treasury...

Here's the blog posting of a guy who looked up the interest paid back by the Fed to the Government in 2008 -

Only 20% of the FEDs income returns to the US Treasury.

> *There is 50+ Trillion dollars of monetized debt in our US economic system. At a 5% interest rate (which I will use in my argument as the average rate of interest that FED banks charge to their customers) that would account for around 2.5 trillion of interest income on issued debt. That is a conservative number because you still need to add T-Bill interest profits, subtract the insignificant 6% divendend income that federal reserve shareholders receive, and then add extra profits that FED banks earn from transaction fees.*
>
> *Off the top of my head, according to the 2008 US Treasury balance sheet, located on page 5 at http://www.fms.treas.gov/mts/mts1108.pdf , the Government only received about 500 billion in excess interest profits from the treasury in 2008. So, where did the other 2 Trillion of interest go? Should we believe that the banking system requires 2 trillion in operating expenses each year?*
>
> *With the Federal Reserve banking system having more than 2.5 Trillion a year in profit, how is it even possible that there could be a single bank failure? It doesn't seem possible when we know that they are swimming in 2.5 trillion of profits on interest. It would seem that a not-for-profit corporation such as the Federal Reserve system could easily pay off their liabilities before the excess profits go back to the government. Not so in this case because evidently the tradition is to take additional bailout funds from the government after they pocket the remaining 80% of their interest income. You can't tell me that 2 trillion dollars goes to operating expenses!*

This is precisely why the Fed "returns" profit to the treasury - it's a clever trick to fool the people as to what they are really doing.

Finally, PMAFT, you've rested your entire argument on mathematical calculations, while ignoring the source material I mentioned...namely, The Creature From Jekyll Island.

This book names names and goes through a historical recounting of the meeting of the financial elite who got Woodrow Wilson to sign the Federal Reserve Act into law in 1913.

In essence, you've debunked my error...not the 'conspiracy theory' of the Federal Reserve and it's role in financing the NWO.

The Mandrake Mechanism

Keoni Galt · 20 April 2010 · Archived copy · Original

[image]
In PMAFT's attempts at debunking "conspiracy theory" regarding the Federal Reserve, he concluded with the following statement:

"I'm not getting into whether the Federal Reserve, fiat money, the gold standard, etc. are good or bad ideas."

The entire debate between us was generated by my initial assertion that the basic problem of the Federal Reserve system has resulted in Money = Debt. That our financial system exists solely to trap the average person into debt slavery...as I called it, 21st century Serfdom.

PMAFT also stated that "However, false facts and claims of secret plots by bankers aren't good arguments. You can argue against the Federal Reserve without pulling a conspiracy out of your ass."

I didn't "pull it out of my ass," I pulled it from having done a lot of reading based on historical accounts behind the writing, lobbying and eventual passing of the Federal Reserve Act in 1913. While debating with PMAFT has caused me to do a fair amount of googling and reading in the past two days, I've been trying to find online sources of The Creature From Jekyll Island for free.

The best I could find was the publishing of chapter 10 from that book, What is the Mandrake Mechanism?

This chapter clearly explains the point I was trying to get across as to how the Federal Reserve System was designed to put all Americans into debt slavery.

First of all, what is the Mandrake Mechanism?

> In the 1940s, there was a comic strip character called Mandrake the Magician. His specialty was creating things out of nothing and, when appropriate, to make them disappear back into that same void. It is fitting, therefore, that the process to be described in this section should be named in his honor.

Sounds like an apropos metaphor to me.

> The first fact that needs to be considered is that our money today has no gold or silver behind it whatsoever. The fraction is not 54% nor 15%. It is 0%. It has traveled the path of all previous fractional money in history and already has degenerated into pure fiat money. The fact that most of it is in the form of checkbook balances rather than paper currency is a mere technicality; and the fact that bankers speak about "reserve ratios" is eyewash. The so-called reserves to which they refer are, in fact, Treasury bonds and other certificates of debt.
>
> Our money is "pure fiat" through and through.
>
> The second fact that needs to be clearly understood is that, in spite of the technical jargon and seemingly complicated procedures, the actual mechanism by which the Federal Reserve creates money is quite simple.

They do it exactly the same way the goldsmiths of old did except, of course, the goldsmiths were limited by the need to hold some precious metals in reserve, whereas the Fed has no such restriction.

The Federal Reserve is candid.

The Federal Reserve itself is amazingly frank about this process.

A booklet published by the Federal Reserve Bank of New York tells us:

> "Currency cannot be redeemed, or exchanged, for Treasury gold or any other asset used as backing. The question of just what assets 'back' Federal Reserve notes has little but bookkeeping significance."

Elsewhere in the same publication we are told:

> "Banks are creating money based on a borrower's promise to pay (the IOU) . . . Banks create money by 'monetizing' the private debts of businesses and individuals."

In a booklet entitled Modern Money Mechanics, the Federal Reserve Bank of Chicago says:

> In the United States neither paper currency nor deposits have value as commodities. Intrinsically, a dollar bill is just a piece of paper. Deposits are merely book entries. Coins do have some intrinsic value as metal, but generally far less than their face amount.

What, then, makes these instruments -- checks, paper money, and coins -- acceptable at face value in payment of all debts and for other monetary uses? Mainly, it is the confidence people have that they will be able to exchange such money for other financial assets and real goods and services whenever they choose to do so. This partly is a matter of law; currency has been designated "legal tender" by the government -- that is, it must be accepted.

In the fine print of a footnote in a bulletin of the Federal Reserve Bank of St. Louis, we find this surprisingly candid explanation:

> Modern monetary systems have a fiat base -- literally money by decree -- with depository institutions, acting as fiduciaries, creating obligations against themselves with the fiat base acting in part as reserves. The decree appears on the currency notes: "This note is legal tender for all debts, public and private."

While no individual could refuse to accept such money for debt repayment, exchange contracts could easily be composed to thwart its use in everyday commerce. However, a forceful explanation as to why money is accepted is that the federal government requires it as payment for tax liabilities. Anticipation of the need to clear this debt creates a demand for the pure fiat dollars.

The Federal Government requires it as payment for tax liabilities...

aka - Money = Debt or nothing more than the promise of your future labor.

> It is difficult for Americans to come to grips with the fact that their total money-supply is backed by nothing but debt, and it is even more mind boggling to visualize that, if everyone paid back all that was borrowed, there would be no money left in existence.
>
> That's right, there would not be one penny in circulation -- all coins and all paper currency would be returned to bank vaults -- and there would be not one dollar in any one's checking account. In short, all money would disappear.
>
> Marriner Eccles was the Governor of the Federal Reserve System in 1941. On September 30 of that year, Eccles was asked to give testimony before the House Committee on Banking and Currency. The purpose of the hearing was to obtain information regarding the role of the Federal Reserve in creating conditions that led to the depression of the 1930s.
>
> Congressman Wright Patman, who was Chairman of that committee, asked how the Fed got the money to purchase two billion dollars worth of government bonds in 1933.
>
> This is the exchange that followed.
>
> > Eccles: We created it.
> > Patman: Out of what?
> > Eccles: Out of the right to issue credit money.
> > Patman: And there is nothing behind it, is there, except our government's credit?
> > Eccles: That is what our money system is. If there were no debts in our money system, there wouldn't be any money.

This is precisely the very reason that was intended when this legislation was written and passed in 1913.

> With the knowledge that money in America is based on debt, it should not come as a surprise to learn that the Federal Reserve System is not the least interested in seeing a reduction in debt in this country, regardless of public utterances to the contrary.
>
> Here is the bottom line from the System's own publications. The Federal Reserve Bank of Philadelphia says:
>
> > "A large and growing number of analysts, on the other hand, now regard the national debt as something useful, if not an actual blessing . . . [They believe] the national debt need not be reduced at all."
>
> The Federal Reserve Bank of Chicago adds:

> "Debt -- public and private -- is here to stay. It plays an essential role in economic processes . . . What is required is not the abolition of debt, but its prudent use and intelligent management."

So what does this all mean when you consider the entire morality of the Federal Reserve system?

Consider the example given:

> Centuries ago, usury was defined as any interest charged for a loan. Modern usage has redefined it as excessive interest. Certainly, any amount of interest charged for a pretended loan is excessive. The dictionary, therefore, needs a new definition.
>
> Usury: The charging of any interest on a loan of fiat money.
>
> Let us, therefore, look at debt and interest in this light. Thomas Edison summed up the immorality of the system when he said:
>
> People who will not turn a shovel of dirt on the project [Muscle Shoals] nor contribute a pound of materials will collect more money . . . than will the people who will supply all the materials and do all the work.
>
> Is that an exaggeration? Let us consider the purchase of a $100,000 home in which $30,000 represents the cost of the land, architect's fee, sales commissions, building permits, and that sort of thing and $70,000 is the cost of labor and building materials. If the home buyer puts up $30,000 as a down payment, then $70,000 must be borrowed. If the loan is issued at 11% over a 30-year period, the amount of interest paid will be $167,806. That means the amount paid to those who loan the money is about 2 1/2 times greater than paid to those who provide all the labor and all the materials. It is true that this figure represents the time-value of that money over thirty years and easily could be justified on the basis that a lender deserves to be compensated for surrendering the use of his capital for half a lifetime. But that assumes the lender actually had something to surrender, that he had earned the capital, saved it, and then loaned it for construction of someone else's house. What are we to think, however, about a lender who did nothing to earn the money, had not saved it, and, in fact, simply created it out of thin air?
>
> What is the time-value of nothing?
>
> As we have already shown, every dollar that exists today, either in the form of currency, checkbook money, or even credit card money -- in other words, our entire money supply -- exists only because it was borrowed by someone; perhaps not you, but someone.
>
> That means all the American dollars in the entire world are earning daily and compounding interest for the banks which created them. A portion of every business venture, every investment, every profit, every transaction which involves money -- and that even includes losses and the payment of taxes -- a portion of all that is earmarked as payment to a bank.
>
> And what did the banks do to earn this perpetually flowing river of wealth? Did they lend out their own capital obtained through investment of stockholders? Did they lend out the hard-earned savings of their depositors? No, neither of these were their major source of income. They simply waved the magic wand called fiat money.

The power to profit from interest from fiat currency created by nothing more than a mouse-click? That is extraordinary power indeed.

What do you call it when a group of banksters get together to get this system passed off as the law of the land?

Why, I do believe the word "conspiracy" is perfect to describe this.

Misinformed Disinformation

Keoni Galt · 22 April 2010 · Archived copy · Original



These past few days of debating with Pro-Male/Anti-Feminist Tech have been rather productive for myself in clarifying my thoughts and ideas regarding the conspiratorial view of history.

I commend PMAFT for keeping it respectable despite his obvious contempt for the ideas we were debating. As one commenter pointed out, we are certainly on the same side when it comes to a lot of issues discussed in the MRA sphere and at the Spearhead.

But I get the sense that these debates will never get anywhere with PMAFT because he's already made up his mind about this topic. His entire premise is based upon the idea that all arguments for "conspiracy theory" all fall under the rubric of fantastic delusions of paranoia with no basis in reality.

That pointing out the Federal Reserve's role in enslaving the masses into debt slavery, that Private Foundations philanthropy has financed the social engineering of the masses through mass media communications and public schooling curriculum, and that International organizations affiliated with the UN have been working for a long time now to effect globalization and a one world government are all on the exact same level of reality-based discourse as other widely disseminated theories regarding zionist reptilian alien morgellon illuminati raellian satanic-cults who use MK-Ultra techniques to brainwash zombies to spray chem-trails over the nation to infect the populace with H1N1 so that we the Sheeple stampede to the nearest immunization clinic to sterilize ourselves before Obama herds us all into FEMA camps...

...did I forget any other conspiracy theories to conflate my arguments with?

By conflating the issues I've belabored to examine, dissect and emphasize with all of the other fantastic-sounding, syfy channel flavored conspiracy theory, he's essentially attacked a straw man.

You can search my entire archives here as well as re-read my posts on the Spearhead regarding conspiracy, and not find a single mention of any of the more fantastic, SyFy-flavored theories out there. (Oh the delicious irony of referring to conspiracy theory misinformation as "SyFy flavored" considering PMAFT's original firestorm he ignited with his SyFy piece at the Spearhead...)

My discussions have ALWAYS been confined to verifiable, factual evidence that can be researched by anyone with an objective mind and a willingness to ignore the mainstream, conventional wisdom while assessing the veracity of my source material I link to for themselves.

After all, you have to do that precise thing when you objectively research the issues pertaining to feminism and it's societal influence versus the cultural memes most people blithely accept at face value.

I remember before I knew any better, that I used to accept without a second thought that ideas about woman not having the vote, that they shouldn't have the freedom to choose sucking her fetus out of her womb with a vacuum tube, that domestic violence isn't all men's fault, that woman shouldn't have the protection of no-fault divorce, that women should be judged for their sexual behavior, that single mother's are not heroic and victims of deadbeat males and all of the other culturally indoctrinated ideals of feminism where all horrible instances of misogyny and sexism. That was my default position, because I was brainwashed into it.

That was my conditioning being raised in our Brave New World Order culture. These were assumptions that one just "knows" having spent countless hours watching TV and movies, and reading mainstream news magazines and papers, and sitting in public schooling classes and their socially engineered curriculum being crammed down my unsuspecting throat.

But once I realized I had been lied to my entire life...once I took the time and effort to educate myself and measure reality versus the propaganda of mainstream society, I began to see the extent of just how pervasive and ubiquitous lies have been promulgated into mainstream consciousness regarding feminism, gender roles and even the basic assumptions regarding "masculinity."

But once my eyes were opened to these truths, I could not stop there.

So yes, I've read extensively on the topics regarding the NWO conspiracy theory. I've at least spared a few cursory glances on the most fantastic and crazy things out there. Most of them, I read for humor's sake, and quickly moved on to find more substantial fare.

The things I've found had too much foundation in the reality I now clearly see with my own eyes. I began to connect-the-dots to much of what I found credible.

I now quite easily recognize socially engineered, dialectical arguments and themes whenever I read, see or hear them being made and reinforced by popular culture. Read and watch the things I have, and you too will begin to see it clearly.

Read: The Deliberate Dumbing Down of America.

Read: The Creature From Jekyll Island

Read: Tragedy And Hope

Read: The Open Conspiracy

Read: The Rockefeller Files

Read: None Dare Call It Conspiracy

Read: The Future is Calling

Watch: Aaron Russo's America: Freedom to Fascism

Watch: Alex Jones' The Fall of the Republic

Watch: The Money Masters

No SyFy-flavored silliness in any of these things.

Finally, if you don't really want to bother with going through all of that...don't take my word for it that their exists a shadow government of elite bankers and philanthropists who want to take over the world in a New World Order...take their own words for it. Take the word of many prominent leaders who undoubtedly where either their puppets or controlled or manipulated by them:

"We are grateful to the Washington Post, The New York Times, Time Magazine and other great publications whose directors have attended our meetings and respected their promises of discretion for almost forty years. It would have been impossible for us to develop our plan for the world if we had been subjected to the lights of publicity during those years. But, the world is now more sophisticated and prepared to march towards a world government. The supranational sovereignty of an intellectual elite and world bankers is surely preferable to the national auto-determination practiced in past centuries." - Senator David Rockefeller, Co-Founder and President of the Council on Foreign Relations, and the Trilateral Commission.

"Today, America would be outraged if U.N. troops entered Los Angeles to restore order [referring to the 1991 LA Riot]. Tomorrow they will be grateful! This is especially true if they were told that there were an outside threat from beyond, whether real or *promulgated* , that threatened our very existence. It is then that all peoples of the world will plead to deliver them from this evil. The one thing every man fears is the unknown. When presented with this *scenario*, individual rights will be willingly relinquished for the guarantee of their well-being granted to them by the World Government." - Dr. Henry Kissinger, Bilderberger Conference, Evians, France, 1991

"The drive of the Rockefellers and their allies is to create a one-world government combining supercapitalism and Communism under the same tent, all under their control.... Do I mean conspiracy? Yes I do. I am convinced there is such a plot, international in scope, generations old in planning, and incredibly evil in intent." - Congressman Larry P. McDonald, 1976, killed in the Korean Airlines 747 that was shot down by the Soviets

"In the next century, nations as we know it will be obsolete; all states will recognize a single, global authority. National sovereignty wasn't such a great idea after all." - Strobe Talbot, President Clinton's Deputy Secretary of State, as quoted in Time, July 20th, l992.

"We shall have world government whether or not you like it, by conquest or consent." - Statement by Council on Foreign Relations (CFR) member James Warburg to The Senate Foreign Relations Committee on February 17th, l950

"Since I entered politics, I have chiefly had men's views confided to me privately. Some of the biggest men in the United States, in the Field of commerce and manufacture, are afraid of something. They know that there is a power

somewhere so organized, so subtle, so watchful, so interlocked, so complete, so pervasive, that they better not speak above their breath when they speak in condemnation of it." - Woodrow Wilson,The New Freedom (1913)

"From the days of Sparticus, Wieskhopf, Karl Marx, Trotsky, Rosa Luxemberg, and Emma Goldman, this world conspiracy has been steadily growing. This conspiracy played a definite recognizable role in the tragedy of the French revolution. It has been the mainspring of every subversive movement during the 19th century. And now at last this band of extraordinary personalities from the underworld of the great cities of Europe and America have gripped the Russian people by the hair of their head and have become the undisputed masters of that enormous empire." - Winston Churchill, stated to the London Press, in l922.

"For a long time I felt that FDR had developed many thoughts and ideas that were his own to benefit this country, the United States. But, he didn't. Most of his thoughts, his political ammunition, as it were, were carefully manufactured for him in advanced by the Council on Foreign Relations-One World Money group. Brilliantly, with great gusto, like a fine piece of artillery, he exploded that prepared "ammunition" in the middle of an unsuspecting target, the American people, and thus paid off and returned his internationalist political support.

"The UN is but a long-range, international banking apparatus clearly set up for financial and economic profit by a small group of powerful One-World revolutionaries, hungry for profit and power.

"The depression was the calculated 'shearing' of the public by the World Money powers, triggered by the planned sudden shortage of supply of call money in the New York money market....The One World Government leaders and their ever close bankers have now acquired full control of the money and credit machinery of the U.S. via the creation of the privately owned Federal Reserve Bank." - Curtis Dall, FDR's son-in-law as quoted in his book, My Exploited Father-in-Law

"The real truth of the matter is, as you and I know, that a financial element in the larger centers has owned the Government ever since the days of Andrew Jackson." - A letter written by FDR to Colonel House, November 21st, l933

"The real rulers in Washington are invisible, and exercise power from behind the scenes." - Supreme Court Justice Felix Frankfurter, 1952

"Fifty men have run America, and that's a high figure." - Joseph Kennedy, father of JFK, in the July 26th, l936 issue of The New York Times.

"The powers of financial capitalism had another far reaching aim, nothing less than to create a world system of financial control in private hands able to dominate the political system of each country and the economy of the world as a whole. This system was to be controlled in a feudalist fashion by the central banks of the world acting in concert, by secret agreements, arrived at in frequent private meetings and conferences. The apex of the system was the Bank for International Settlements in Basle, Switzerland, a private bank owned and controlled by the worlds' central banks which were themselves private corporations. The growth of financial capitalism made possible a centralization of world economic control and use of this power for the direct benefit of financiers and the indirect injury of all other economic groups." - Tragedy and Hope: A History of The World in Our Time (Macmillan Company, 1966,) Professor Carroll Quigley of Georgetown University, mentor of Rhode's Scholar and former President Bill Clinton.

"The Council on Foreign Relations is "the establishment." Not only does it have influence and power in key decision-making positions at the highest levels of government to apply pressure from above, but it also announces and uses individuals and groups to bring pressure from below, to justify the high level decisions for converting the

U.S. from a sovereign Constitutional Republic into a servile member state of a one-world dictatorship." - Former Congressman John Rarick 1971

"The New World Order will have to be built from the bottom up rather than from the top down...but in the end run around national sovereignty, eroding it piece by piece will accomplish much more than the old fashioned frontal assault." - CFR member Richard Gardner, writing in the April l974 issue of the CFR's journal, Foreign Affairs.

"I know of this network because I have studied it for twenty years and was permitted for two years in the early 1960s to examine its papers and secret records. I have no aversion to it or to most of its aims and have, for much of my life, been close to it and to many of its instruments. I have objected, both in the past and recently, to a few of its policies ... but in general my chief difference of opinion is that it wishes to remain unknown, and I believe its role in history is significant enough to be known." - Dr. Carroll Quigley, Tragedy and Hope

"This regionalization is in keeping with the Tri-Lateral Plan which calls for a gradual convergence of East and West, ultimately leading toward the goal of one world government. National sovereignty is no longer a viable concept." - Zbignew Brzezinski, National Security Advisor
to President Jimmy Carter

"We are on the verge of a global transformation. All we need is the right major crisis and the nations will accept the New World Order." - David Rockefeller

"For more than a century, ideological extremists at either end of the political spectrum have seized upon well-publicized incidents to attack the Rockefeller family for the inordinate influence they claim we wield over American political and economic institutions. Some even believe we are part of a secret cabal working against the best interests of the United States, characterizing my family and me as 'internationalists' and of conspiring with others around the world to build a more integrated global political and economic structure - one world, if you will.

If that's the charge, I stand guilty, and I am proud of it." - David Rockefeller in his auto-biography "Memoirs"

Data-Rape

Keoni Galt · 27 April 2010 · Archived copy · Original

As I wrote about in two different posts, Your Papers Comrade! and Branding the Sheeple, the Government has been continually working to implement a national ID scheme...which I think is what Obamacare is really about - a trojan horse to get a nationalized database of everyone's medical records.

A few commenters have noted that such efforts have been going on for quite some time, and that it's basically useless to resist, since "THEY" have already got plenty of information on us all as it is.

They probably have a good point.

Big Brother is already here.

One man in the UK, a filmmaker by the name of David Bond, tried to put it to the test as detailed in the Times Online article: Can You Disappear in Surveillance Britain? In it, he details his efforts to try and evade capture by detectives he challenged to try and track him.

> Bond might never have thought of running away if he'd not received a letter, some months earlier, informing him that his daughter was among 25 million Britons whose records had been lost by the Child Benefit Office, along with bank details and other private information.He "became obsessed", Katie remembers, about the amount of information on him and his family that was already out there. As he looked into it, he found that the UK, once a bastion of freedom and civil liberties, is now one of the most advanced surveillance societies in the world, ranked third after Russia and China. The average UK adult is now registered on more than 700 databases and is caught many times each day by nearly five million CCTV cameras. Increasingly monitored, citizens are being turned into suspects. Within 100 yards of Bond's home, he discovered, there were no fewer than 200 cameras.
>
> Before going on the run, he made 80 formal requests to government and commercial organisations for the information they held on him. He piled the replies on his floor, appalled by the level of detail. The owners of the databases knew who his friends were, which websites he'd been looking at, and where he had driven his car. One commercial organisation was even able to inform him that, on a particular day in November 2006, he had "sounded angry". It was more than he knew himself.

Remember the last time you called customer support and got some incomprehensible person in India who frustrated you because you couldn't understand their speech? Perhaps they made a note in their system that you sounded angry...

Think of all your accounts for your services and utilities. Computerized, cataloged, and pulled up in a moments notice.

So anyhow, Bond contacted some private detectives and challenged them to try and track him as he tried to "go ghost" in the UK.

> “I told them I was making a film about privacy and surveillance, and wanted to be hunted,” he tells me a year later, over cups of tea in his East London home, amid the clutter of a young family – toy bricks on the floor, mashed banana on the table. He wondered if it was possible, in surveillance Britain, to keep himself to himself for a month. “I promised I wouldn’t sue them, whatever they did, as long as they didn’t cause my family any distress. ‘We’ll have you in four days,’ they laughed.”
>
> Bond spent a long time finding the right detectives for his project, talking to countless retired coppers before he found Duncan Mee and Cameron Gowlett of Cerberus. Ordinarily, they work as investigators for major companies and law firms, scrupulously following the letter of the law as they trail organised gangs, often in unstable parts of the world. (If they broke the law, courts would throw out their findings.) The work requires them to penetrate layer upon layer of shell companies and false identities. How hard could it be to find Bond? After all, they’re often asked to find people who might be beneficiaries of a will, and that rarely takes more than a few hours.
>
> After Bond phoned them, the arrangements were finalised by his friend and business partner, Ashley Jones – producer of the film. All the detectives were given was a photo, and the name, David Bond.

So this was not even government officials, but detectives who must follow the letter of the law in pursuing as much publicly available info as possible...

...imagine how much more info a Government agent might have access to?

> To begin, they gathered data about him on the internet. He’d deleted his Facebook page, but they retrieved it and much more. This helped them piece together yet more information from public records that require elementary details such as addresses and dates of birth.

I've been thinking of deleting my Facebook page for some time now. While I thought it was cool to see my friends and family that live all over the world, and their pictures and such...I still feel a little uneasy with it - even if it is set to private. I guess it doesn't matter now - even if you delete, I guess a person with the right know-how can find a cache.

> Pretending to be Bond, they set up a new Facebook page, using the alias Phileas Fogg, and sent messages to his friends, suggesting that this was a way to keep in touch now that he was on the run. Two thirds of them got in contact. As a result, the investigators were able to crash parties and find out more about Bond in conversation. Mee explains: “At the party, we’d say, ‘How do we know you are who you say you are? How do you know David?’ One guy said he’d been in a band with him, but we pretended to be sceptical and said, ‘Oh yeah? What instrument does he play?’”
>
> They also went through his bins, and later his father’s. From this they were able to piece together huge amounts of detail about Bond. For instance, they guessed that he was vaguely “green” because he printed on the back of documents Katie brought home from her office.
>
> Everything they learnt went up on a wall in their office, forming what they call Bond’s “data wake”. Then they

> used techniques that would not have been unfamiliar to Sherlock Holmes.
>
> “We looked at what kind of person he was,” says Gowlett, “so we could second-guess what he might do. His family, his education, the films he’s made. He’s a literate guy so we thought of George Orwell and Jura, the island where Orwell wrote 1984. That might be somewhere David would go. We put a pin in the map.”

How fitting that this UK newspaper worked in a reference to Orwell here - the UK has largely become the dystopia that Orwell wrote about. All they need is the two-way vid screens that you cannot shut off, and the surveillance state Orwell predicted will be complete.

Back to the story...

Bond went on a road trip through Europe, trying to find ways of avoiding leaving an electronic trail to be tracked...but eventually his pregnant wife got in contact with him and told him she was having complications and she needed him to go to the hospital with her. The detectives had already found a way to get his wife's hospital appointment schedules, find out who her doctor was, etc. by making ruse phone calls. It was only a matter of time until they caught him.

> Tipped off by their colleagues, Mee and Gowlett were waiting for Bond outside the hospital. He’d been on the run for 18 days.

Hmmm...think having a centralized medical record database couldn't be used by the Government to track you?

> Immediately afterwards, Bond had what he calls a “weird psychic wobble”. He accused his great friend Jones of conniving with the detectives. “I became potty, behaved in a way I’ve never behaved before.” The next day, at the debrief, Bond had difficulty hugging the detectives. “I was still in a role that felt angry towards them. They seemed smug, happy to have got their man, and I was the idiot who had lost.”
>
> He was appalled to see how much they knew about him, amassed on that wall. “There were huge bulldog clips holding together separate parts of my life – mother, father, schooling and so on. All obvious stuff, but it was more than the sum of its parts. The weirdest thing was the pictures of my mother they’d found in a church. It gave me the heebie-jeebies. I wanted to leave the room.”
>
> On the run, Bond had been maddened by the thought that the best way to elude the detectives was to do the last thing they would expect him to do – which also meant the last thing he would expect himself. He went round and round in circles thinking that if ideas occurred to him – no matter how outlandish – he had to reject them, because the person who had thought of them was him. He hated to admit it, but he had indeed planned a trip to Jura.
>
> Leaving the detectives’ office, Bond used a term to describe his feelings that he’s since concluded is inappropriate, but it gives an idea how strongly he felt at the time. He called it data-rape.

Data-Rape...good term.

I wonder how any of us would feel if we were able to see all of the information that exists for each and every one of us, all right there in front of us, up on a wall or stacked in a pile of documents?

What is this thing called "Privacy?"

Is it long gone...or is it something that never really existed for those of us born within the last couple of generations?

The article finishes with some excellent commentary by the detectives:

> “A lot of people are giving information away voluntarily,” says Gowlett. “Look how many young children are giving up their whole lives on Facebook and Twitter – everything, their date of birth, the names of relatives and friends, where they live, when they’re going on holiday and what their political views are.
>
> “People should think carefully how data is going to be used. Some are careful enough to opt out of the electoral roll, but when they have a baby and a nappy company comes round they give every piece of information they’re asked for. And that will be used to tie up with other databases.” Databases such as Tesco’s, which holds information on virtually every adult in the country, regardless of where they shop.
>
> The National Health Service is unrolling a multibillion-pound IT project that will upload millions of patients’ medical records on to a database, freely accessed by 250,000 NHS staff and, to a lesser degree, by private health companies, council workers, commercial researchers and ambulance staff. Letters are going out now, strongly urging us all to allow this and making it as hard as possible to opt out.
>
> The detectives are appalled. “That will have all your medical history on it, your date of birth and everything that has happened to you,” says Gowlett. “It’s vulnerable, and people will be able to get all that information on you in one go.”
>
> In the film, Gowlett demonstrated how easy it already was to pretend to be Bond and get information about Katie’s antenatal arrangements. For Katie, this totally overturned her previous complacency. “I was a bit freaked out that the NHS gave away our appointments,” she says. “I know what David meant about being data-raped.”

Can't wait to have the same data system for our medical records, here in the USA! It will be UNIVERSAL

We Are All Fascists Now

Keoni Galt · 27 April 2010 · Archived copy · Original



From the SpearheadFiles
April 28, 2010

“Fascism should more appropriately be called Corporatism because it is a merger of state and corporate power” - Benito Mussolini

Ron Paul's latest article at LewRockwell.com gets even more specific in it's definition:

> Socialism is a system where the government directly owns and manages businesses. Corporatism is a system where businesses are nominally in private hands, but are in fact controlled by the government. In a corporatist state, government officials often act in collusion with their favored business interests to design polices that give those interests a monopoly position, to the detriment of both competitors and consumers.

Paul's article goes into detail about how Conservatives and opponents to ObamaCare are actually doing their cause harm by calling ObamaCare "socialist" or opposing Obama's agenda on the grounds that it is based on "socialism."

> When he is a called a socialist, the President and his defenders can easily deflect that charge by pointing out that the historical meaning of socialism is government ownership of industry; under the President’s policies, industry remains in nominally private hands.

The key word here is nominally, which is why Paul is advocating that Obama's agenda be correctly called Corporatist.

> This also promotes the understanding that though the current system may not be pure socialism, neither is it free-market since government controls the private sector through taxes, regulations, and subsidies, and has done so for decades.

While Paul discusses this in the context of how the ObamaCare is essentially a corporatist act granting a Government enforced cartel to the insurance and pharmaceutical industries...there is another bill pending before congress that has just as far reaching consequences as healthcare.

The Fascists are going after our food supply.

Just who are these fascists? The nominally private corporations like Cargill, ConAgra, Kraft, Monsanto et al. And who are their Government partners in this fascist takeover attempt? The USDA's Food Safety Inspection Services (FSIS).

Why yes...the same folks that brought us the wondrous food pyramid, are now ostensibly going to protect us all from contaminated meat.

The bill is
H.R. 2749: Food Safety Enhancement Act of 2009.

A website dedicated to saving small, family farms in the face of the agribusiness corporate fascists, called Farm Wars, discusses the implications of this bill in an article entitled History, HACCP and the Food Safety Con Job:

> Vested interest groups have orchestrated a legislative lullaby to hush the public's growing unease with the safety of its food supply. Their enablers in the mainstream corporate controlled media amplify a chorus of government officials and non-governmental organizations admonishing that the public must be confident that the food it buys is safe. But having confidence our food is safe is not the same as having food that is safe and wholesome to eat.
>
> The American public has a great and unmet need to understand the true impacts (that is, the predictable consequences) of the Food Safety Enhancement Act of 2009, before the Senates passes its version of this dangerous bill. The US Congress has a long, tragic history of passing legislation that promotes the industrialization of our food supply, effectively implementing the wishes — both stated and unstated — of agribusiness, and it's about to do it again.
>
> Using the pretext of food safety, those behind the Food Safety Enhancement Act seek to institute changes the American public would not condone if it understood what is at stake. The country is being duped into believing that the pseudo-scientific measures prescribed by the bill will prevent new outbreaks of food-borne illnesses when in reality FSEA will usher in a number of undesirable outcomes, none of which do a thing to improve food safety. On the contrary, these measures will permit large processors to become an essentially unregulated segment of the industry by privatizing the inspection process, and — at the same time — the new regulations will constitute a cost-prohibitive barrier for small players to remain in business, making them easy targets for indiscriminant enforcement and greater market consolidation.

The cost-prohibitive barrier is precisely the objective! Another site also involved in the same fight, offered more details on some of the bills provisions. From FairFoodFight.org:

> Expanding an existing program, the FSIS wants to shore up food safety requirements by fully implementing and enforcing its 14 year old HACCP program. What is HACCP? From Wikipedia:http://en.wikipedia.org/wiki/Hazard_Analysis_and_Critical_Control_Points
>
> "HACCP is used in the food industry to identify potential food safety hazards, so that key actions, known as Critical Control Points (CCPs) can be taken to reduce or eliminate the risk of the hazards being realized."
>
> This is a good idea, right? A HACCP plan describes the places in a meat processing plant or a butcher shop where food could be contaminated, and it describes what daily and hourly routine steps are taken to prevent that from happening. Cleanings, pathogen tests, pH tests, temperatures, water activity, and other food safety practices are documented by workers and managers to insure that the HACCP plan is being followed. Poultry, eggs, seafood, and juice all require HACCP programs. (Most other FDA products do not.)
>
> HACCP went into effect over a decade ago, but one aspect that was never fully realized was "Verification," that is, proving that a business is following its own HACCP plan, and that's part of what these new FSIS regulations address. The new approach to Verification seeks to "verify" that meat processors are testing for pathogens (among other food safety practices) and documenting those tests in order to prove that their HACCP plan is working.
>
> THE PROBLEM
>
> Local butchers and small meat operations are going to get steamrolled by these requirements.
>
> As just one example, small meat processors will need to collect microbial data for at least one product from each HACCP category that they process (beef, pork, chicken, lamb, etc), under the new Validation program. These products can be grouped (chicken breasts, chicken thighs, chicken sausage), but the similarities and differences in species, process, product public health risk, and food safety hazards might require further testing. If your butcher's meats vary even slightly (various sausages can be significantly different in how they're made from one recipe to another), they may be required to "verify" all their products in each and every category.
>
> This is exasperating and frightening to many meat shops and small- to medium-sized processors. Even small operations offer a wide variety of foods, after all (think about all the cuts and various types of meat you see in your local butcher shop or at a farmers market). But these tests are expensive, so the more cuts and varieties of meats that an operation offers, the more it will cost that butcher to keep selling those various cuts. The obvious solution won't be to invest more money for further testing, but to raise prices, reduce the variety of their product mix, and offer only what sells very well.
>
> Or close up shop.

Ding ding ding ding! We have a winner!

That is precisely the point of this type of legislation! This is how competitors are regularly driven out of business by

special interest groups enlisting the Government bureaucracy to grant them a market cartel.

Joel Salatin, owner of PolyFace Farms, also wrote about the way in which government regulation favors the giant, industrial agriculture corporations versus the small operation farmer, in an article entitled Everything I Want to Do is Illegal:

> Everything I want to do is illegal. As if a highly bureaucratic regulatory system was not already in place, 9/11 fueled renewed acceleration to eliminate freedom from the countryside. Every time a letter arrives in the mail from a federal or state agriculture department my heart jumps like I just got sent to the principal's office.
>
> And it doesn't stop with agriculture bureaucrats. It includes all sorts of government agencies, from zoning, to taxing, to food inspectors. These agencies are the ultimate extension of a disconnected, Greco-Roman, Western, egocentric, compartmentalized, reductionist, fragmented, linear thought process.
>
> ON-FARM PROCESSING
>
> I want to dress my beef and pork on the farm where I've coddled and raised it. But zoning laws prohibit slaughterhouses on agricultural land. For crying out loud, what makes more holistic sense than to put abattoirs where the animals are? But no, in the wisdom of Western disconnected thinking, abattoirs are massive centralized facilities visited daily by a steady stream of tractor trailers and illegal alien workers.
>
> But what about dressing a couple of animals a year in the backyard? How can that be compared to a ConAgra or Tyson facility? In the eyes of the government, the two are one and the same. Every T-bone steak has to be wrapped in a half-million dollar facility so that it can be sold to your neighbor. The fact that I can do it on my own farm more cleanly, more responsibly, more humanely, more efficiently, and in a more environmentally friendly manner doesn't matter to the government agents who walk around with big badges on their jackets and wheelbarrow-sized regulations tucked under their arms.

Sure is hard trying to compete with the factory farming corporations here in the land of the fee and the home of the slave, eh?

> Our whole culture suffers from an industrial food system that has made every part disconnected from the rest. Smelly and dirty farms are supposed to be in one place, away from people, who snuggle smugly in their cul-de-sacs and have not a clue about the out-of-sight-out-of-mind atrocities being committed to their dinner before it arrives in microwaveable, four-color-labeled, plastic packaging. Industrial abattoirs need to be located in a not-in-my-backyard place to sequester noxious odors and sights. Finally, the retail store must be located in a commercial district surrounded by lots of pavement, handicapped access, public toilets and whatever else must be required to get food to people.
>
> The notion that animals can be raised, processed, packaged, and sold in a model that offends neither our eyes nor noses cannot even register on the average bureaucrat's radar screen — or, more importantly, on the radar of the average consumer advocacy organization. Besides, all these single-use megalithic structures are good for the gross domestic product. Anything else is illegal.

Never forget the way enforcement works too.

Big Ag corporations who violate the food safety codes that result in recalls, outbreaks of listeria or e. coli, that make consumers sick and even die?

They simply pay large fines to the Government.

Just another cost for doing business...the same fines that literally bankrupt smaller farms.

We the sheeple are caught in a fascist pincer. We get sick and malnourished from our fascist food supply, and we must than seek treatment from our soon to be enacted fascist health care system.

DUCE!

Notable Commentary from the Original Post

amfortas April 28, 2010 at 11:22:

Its funny how American farmers care little about free markets or corporatism of fascism or socialism or any other ism when an Aussie farmer wants to sell beef in the USA. Its funny how 'free trade agreements' with America which are designed to remove tarrif barriers always seem to present Australian manufacturers with something else that has a different name but looks remarkably like tarrif barriers as soon as they get within 20 miles of the Pacific coast.

krauser April 28, 2010 at 11:39:

It amazes me how many people fail to see Obama is a fascist. They think you can't be fascist until you're goosestepping Jews into the ovens.

crazyshoe April 28, 2010 at 11:50:

So fascists, who were focused on maintaining an inherited Western identity and a society based on class and family hierarchy and structure, are fundamentally in common cause with pro-immigration multiculturalists? I think I've heard this before, in every LewRockwell.com and Mises.org article I've ever read. But man, what a thrill to hear it again. And again and again and again.

Baphomet

Food supply / food processing one of the most fucked up things about the U.S. Government subsidies and regulations reward sugary, salty, heavily processed food and the healthcare industrial complex benefits from the sicknesses that develop. Health Insurance companies own huge amounts of stock in fast food companies.
Food issues are one of the things i agree with progressives and treehuggers on. I know lots of hippies with basically no money who have found resourceful ways to eat healthy on their lack of budget….

Towgunner April 28, 2010 at 14:56:

Yesterday the Independent (I think it's a UK based feminized, of course, newspaper) reported on the dramatic reduction of sperm counts within males over the last couple of decades, namely western males. I believe this bill referenced above is related to 'codex alimentarius' (Latin for food code), which are broad guidelines developed by and overseen by the UN's food group defining the standards of nutritional content. Globalman can probably help me with the specifics. People who have looked into codex have revealed some truly satanic things; briefly this "code" reduces the nutritional value per unit in all food. Forgive me, so that's some "food for thought".

Back to the Spearhead and feminism: Among many other things, from food additives, processing chemicals, corn feed from GMOs, corn made from GMOs (and then made into corn syrup), plastic packaging i.e. water bottles, wrapping etc all…all contain basic chemical ingredients that induce feminized effects in people (obviously in males). Why is this relevant? Because the feminizing effects of plastics and foods can no longer be denied, you even have a feminized newspaper reporting it. Yet due to corporatism (more so than even feminism who wants nothing more to change men to women and women to men) "they" will never…never address this issue in any appropriate manner. It will be allowed to continue unless we induce a remarkable change in the status quo.

Think about it: these chemicals are indispensable today. They are cheap, accessible and have helped usher in the modern standard of living. However they also enable huge profit margins, that means mega bonuses and stock options for CEO's, CFO's and COO's. Oh, and their financial drug dealers on wall street. Furthermore, feminism has created, as we know, a 'who cares about males' environment. As mentioned, feminizing men, regardless if it's actually toxic, is not only a good thing, it's a moral thing.

Hestia April 28, 2010 at 15:19:

> *"Baphomet wrote:Food issues are one of the things i agree with progressives and treehuggers on. I know lots of hippies with basically no money who have found resourceful ways to eat healthy on their lack of budget…."*

ITA. Most of what I've learn about gardening, seed saving, food preservation, bread-baking, and so forth has been taught to me by elderly folks or hippie "back to the land" friends. If you're willing to think outside the box, roll up your sleeves, and do some work, you can live quite well on a budget, not only for food, but many other necessities as well.

A recent issue of Mother Earth News featured an interesting article that might be of interest to WhiteWoman and anybody else interested in growing some of their own food: http://www.motherearthnews.com/Organic-Food.aspx

too late for romance April 28, 2010 at 16:22:

> *"Most of what I've learn about gardening, seed saving, food preservation, bread-baking, and so forth has been taught to me by elderly folks or hippie "back to the land" friends. If you're willing to think outside the box, roll up your sleeves, and do some work, you can live quite well on a budget, not only for food, but many other necessities as well."*

Bingo. If you want good organic food, hit the local farmers markets and network with the old farmers, small scale

organic meat producers and hippies. They know how to get it done.

And money is not the only way to pay for food either. Breaking the law is wrong of course unless you are wealthy, a corporate executive, or a government official, and I would never ever advocate it, but as an academic matter it seems like the local, state, and federal governments would have a difficult time taxing bartering.

It would be very difficult for them to pay for their corporate welfare mass murdering “defense” schemes, continuous violations of civil rights with their welfare job law enforcement apparatus, support of misandric social policies, and other assorted evil deeds without tax funds. We certainly would not want that.

Welmer April 28, 2010 at 21:51:

> *Keoni Galt wrote: "Some people never seem to get it whenever I post about food/diet related issues."*

Can’t please ‘em all. Today we have people complaining that all we write about is men’s issues, and at the same time others questioning why we’d write about anything else.

Personally, I’m all for expanding topics. This site is a place where men can voice their opinions without being swamped by female chatter/writing like the rest of our media. It’s that simple.

Baphomet April 28, 2010 at 22:08:

> *Hestia- "Most of what I’ve learn about gardening, seed saving, food preservation, bread-baking, and so forth has been taught to me by elderly folks or hippie “back to the land” friends."*

Very true. Our elders are excellent resources for this info as well. I actually feel kinda bad for overlooking that.

> *"If you’re willing to think outside the box, roll up your sleeves, and do some work, you can live quite well on a budget, not only for food, but many other necessities as well."*

Absolutely. I actually do quite a few things i’ve learned from the aforementioned hippies, despite that I have the salary to live much more extravagantly if i wanted.

Hestia April 28, 2010 at 22:35:

> *Baphomet wrote: "Absolutely. I actually do quite a few things i’ve learned from the aforementioned hippies, despite that I have the salary to live much more extravagantly if i wanted."*

You must also follow the wise financial philosophy of living *below* your means. ;) More people should. It's freeing to hoard money & investments rather than "stuff". Of course, such efforts can also allow for splurging when warranted too, which is always a fun thing.

KG, you should discuss the evils of debt and how it's used to turn us into silly little consumerist slaves in your next post. ;)

DeadEyedSuburbanite April 29, 2010 at 20:05:

I found this article quite interesting, and have often wondered why there are so few articles on the Spearhead about the industrial food complex, peak oil, GMO and other such subjects. I think they will have a profound effect on civilisation in the future in ways we can only guess at right now.

The US government is subsidizing corn to the tune of billions: a crop which requires more irrigation, insecticides and herbicides than any other and the result is a massively obese and unfit population. More and more farmland is being bought up by huge corporations and fewer people are living on farms than ever. Small farmers are being bought, sued or bankrupted out of existence.

The relationship between Monsanto and the FDA is positively incestuous. Monsanto, the company that has actually patented life forms. Scarey.

The Haber-Bosch process: the synthesis of fertiliser from fossil fuels feeds about a third of the world's population. Two billion people (and growing) depend on fossil fuels to eat.

Meanwhile, most of the US population lives in the suburbs at some distance from their places of work in houses that are temperature regulated by electricity instead of being designed to suit the environment they were built in. The commuting distance is getting further and further. Their clothes, appliances, food and toys are often shipped from the other side of the world. American eats, drinks and clothes itself in oil, which is rapidly running out.

I think these things have the potential to impact men to a far greater extent than many realize.

Fairy Tale Commentary

Keoni Galt · 28 April 2010 · Archived copy · Original

Just saw a hilarious Fairy Tale posted on an old article at the Spearhead by commenter Lavazza. Enjoy!

[image]

Young King Arthur was ambushed and imprisoned by the monarch of a neighboring kingdom. The monarch could have killed him but was moved by Arthur's youth and ideals. So, the monarch offered him his freedom, as long as he could answer a very difficult question. Arthur would have a year to figure out the answer and, if after a year, he still had no answer, he would be put to death.

The question? "What do women really want?"

Such a question would perplex even the most knowledgeable man, and to young Arthur, it seemed an impossible query. But, since it was better than death, he accepted the monarch's proposition to have an answer by year's end.

He returned to his kingdom and began to poll everyone: the princess, the priests, the wise men and even the court jester. He spoke with everyone, but no one could give him a satisfactory answer. Many people advised him to consult the old witch, for only she would have the answer. But the price would be high; as the witch was famous throughout the kingdom for the exorbitant prices she charged.

The last day of the year arrived and Arthur had no choice but to talk to the witch. She agreed to answer the question, but he would have to agree to her price first. The old witch wanted to marry Sir Lancelot, the most noble of the Knights of the Round Table and Arthur's closest friend!

Young Arthur was horrified. She was hunchbacked and hideous, had only one tooth, smelled like sewage, made obscene noises, etc. He had never encountered such a repugnant creature in all his life. He refused to force his friend to marry her and endure such a terrible burden, but Lancelot, learning of the proposal, spoke with Arthur. He said nothing was too big of a sacrifice compared to Arthur's life and the preservation of the Round Table. Hence, a wedding was proclaimed and the witch answered Arthur's question thus: What a woman really wants, she answered…is to be in charge of her own life.

Everyone in the kingdom instantly knew that the witch had uttered a great truth and that Arthur's life would be spared. And so it was, the neighboring monarch granted Arthur his freedom and Lancelot and the witch had a wonderful wedding. The honeymoon hour approached and Lancelot, steeling himself for a horrific experience, entered the bedroom.

But, what a sight awaited him. The most beautiful woman he had ever seen, lay before him on the bed. The astounded Lancelot asked what had happened. The beauty replied that since he had been so kind to her when she appeared as a witch, she would henceforth, be her horrible deformed self only half the time and the beautiful maiden the other half. Which would he prefer?

Beautiful during the day….or night?

Lancelot pondered the predicament.

During the day, a beautiful woman to show off to his friends, but at night, in the privacy of his castle, an old witch? Or, would he prefer having a hideous witch during the day, but by night, a beautiful woman for him to enjoy wondrous, intimate moments?

Noble Lancelot, knowing the answer the witch gave Arthur to his question, said that he would allow her to make the choice herself. Upon hearing this, she announced that she would be beautiful all the time because he had respected her enough to let her be in charge of her own life.

The moral of the story?

It doesn’t matter if your woman is pretty or ugly...underneath it all, she’s still a witch.

The Fat of the Land

Keoni Galt · 29 April 2010 · Archived copy · Original

The evidence that conventional wisdom regarding the deceptive and misleading mainstream dietary advice is slowly gaining momentum and recognition. A slew of articles have been published recently, all addressing the notion that the emphasis on avoiding saturated fats to promote "heart health" has been wrong all along.

I still remember the first time I saw a low-carb/high-protein diet website that stated emphatically that I could eat as much bacon, eggs, cheese, steak and butter as I wanted, and that I would lose weight while doing so. I thought I was reading a website version equivalent to a tabloid media's cover story regarding Elvis spotted flying in a UFO over the White House.

Our mainstream, anti-saturated fat zeitgeist had been that deeply ingrained into my consciousness. Not only did it take me reading a whole host of websites over a period of about a year to overcome my initial disbelief...but it also took a trip to Europe to see the way they ate bacon, eggs and sausage every single day for breakfast, and I didn't see a society that looks like the people of walmart. Yet, I still expected to step on the scale when I returned home and see some sort of weight gain, since I was eating those high protein/high fat breakfast meals daily for two weeks at the various bed and breakfasts I stayed at.

I actually lost 5 pounds. And this was a trip for which I spent mostly sitting on my ass and driving or riding on tour busses, and drinking beer and whisky at pubs and B&B's like there was no tomorrow.

Only then did the realization truly dawn on me that those websites I had read were right...and that anti-fat, anti-animal protein programming I had been so thoroughly inculcated with was all based on lies and propaganda.

In retrospect, I think the programming about food and diet were even stronger than the cultural programming regarding misandry and feminism.

So now I'm in my 3rd year of eating a nutrient dense diet, and I have never felt or looked better. It is some what gratifying to see the truth is slowly gaining momentum towards mass acceptance.

The problem of course, is the fact that dietary misinformation is absolutely under the control of the Government, non-profit organizations beholden to grant funding, and the giant food processing, agricultural and pharmaceutical corporations who supply that grant funding and campaign contributions who all profit immensely from keeping the public ill informed and malnourished.

For example, lets look at the American Heart Associations dietary recommendations page, from their Using Healthier Food Preparation guidelines:

> *Stock up on heart-healthy cookbooks and recipes for cooking ideas.
>
> * Use “choice” or “select” grades of beef rather than “prime,” and be sure to trim the fat off the edges before cooking.
>
> * Use cuts of red meat and pork labeled “loin” and “round,” as they usually have the least fat.

> * With poultry, use the leaner light meat (breasts) instead of the fattier dark meat (legs and thighs), and be sure to remove the skin.
>
> * Make recipes or egg dishes with egg whites, instead of egg yolks. Substitute two egg whites for each egg yolk.
>
> * For recipes that require dairy products, try low-fat or fat-free versions of milk, yogurt and cheese.
>
> * Use reduced-fat, low-fat, light or no-fat salad dressings (if you need to limit your calories) on salads, for dips or as marinades.
>
> * Use and prepare foods that contain little or no salt.

I get angry when I read these LIES. This is exactly how I used to cook and eat for years. And I over a good 7 years of eating like this, I watched as I slowly but surely got more and more overweight.

Now the Scientific American just published an article entitled: Carbs against Cardio: More Evidence that Refined Carbohydrates, not Fats, Threaten the Heart

> Eat less saturated fat: that has been the take-home message from the U.S. government for the past 30 years. But while Americans have dutifully reduced the percentage of daily calories from saturated fat since 1970, the obesity rate during that time has more than doubled, diabetes has tripled, and heart disease is still the country's biggest killer. Now a spate of new research, including a meta-analysis of nearly two dozen studies, suggests a reason why: investigators may have picked the wrong culprit. Processed carbohydrates, which many Americans eat today in place of fat, may increase the risk of obesity, diabetes and heart disease more than fat does—a finding that has serious implications for new dietary guidelines expected this year.

I'm not holding my breath waiting for any new dietary guidelines put out by the Government-NonProf-Media-Corporate conglomerate. Even if they finally admit that they may have been wrong about saturated fats, they will still find some way to align their recommendations to benefit the bottom line of the food processing and agricultural corporation's bottom line.

Don't believe me?

From Why the State Hates Cholesterol:

> Additionally, the State-created cartel of subsidy receivers is heavily biased in favor of grain products. According to this breakdown, between 1995 and 2003, $8.5 billion in U.S. subsidies went to growers of plant-based food crops, while only $5.5 million went to animal products, which means that over 99% of agricultural food subsidies go to plant products. The largest 10% of subsidized farms received 72% of subsidies, but a full 60% were not subsidized at all. As Brian Riedl points out, the $360,000 per year cap on farm subsidies is easy for large farms to pull loopholes through: Tyler Farms of Arkansas collected almost $32 million in farm subsidies between 1996 and 2001 by dividing its farm into 66 individual "corporations."

> Not only has the cholesterol hypothesis helped consolidate the government's ties to the agricultural industry through a shift in the diet away from animal foods and towards plant foods, but doubtlessly the massive level of soy subsidies – soy is the fifth most subsidized crop – has contributed to a surplus to be disposed of, whose result has been the manufacturing of a massive myth that this odd-tasting, highly estrogenic bean is a "health food."

This is why soy is in everything nowadays.

Another common aspect of dietary misinformation is the catch-all phrase "high-fat diet," making no distinction between the type of fat...namely the distinction between Omega 6 and Omega 3 fatty acids.

Note the American Heart Association's recommendations:

> * Use liquid vegetable oils or nonfat cooking sprays whenever possible.
>
> * Whether cooking or making dressings, use the oils that are lowest in saturated fats, trans fats and cholesterol – such as canola oil, corn oil, olive oil, safflower oil, sesame oil, soybean oil and sunflower oil – but use them sparingly, because they contain 120 calories per tablespoon.
>
> * Stay away from coconut oil, palm oil and palm kernel oil. Even though they are vegetable oils and have no cholesterol, they are high in saturated fats.

In other words, only use Omega 6 rich vegetable oils.

No wonder I was getting fat following the AHA recommendations.

While it's good to note that more and more people are finally starting to recognize the role that sugar and high fructose corn syrup has played in creating our obesity and heart disease epidemics - I believe the true cause of the obesity epidemic has been BOTH the prominence of both sugar and polyunsaturated fatty acid, Omega 6 rich vegetable oils in all of the processed and convenience, take out and restaurant foods that now make up the majority of the Western diet.

All Calories Are Not Equal

Keoni Galt · 1 May 2010 · Archived copy · Original

Time after time, whenever I write or read other sites that discuss diet, nutrition and weight loss, invariably someone will always log in and repeat one of the biggest fallacies ever promulgated: that losing weight is a simple equation of burn more calories than you eat.

Calories Out > Calories In.

As one Anonymous commenter wrote in my last post: "The problem isn't where the calories are coming from so much as the amount."

This is fallacious. gallier2 made some excellent responses with links to Gary Taube's work to back it up.

That being said, I'd like to offer another perspective, from Mike Furci, the fitness expert and columnist for the online Men's magazine, Bullz-eye:

> Many so-called experts think there is only one thing that matters when trying to lose weight: calories consumed versus calories used. They try to lead you to believe that a calorie of protein is equal to a calorie of fat is equal to a calorie of carbs, and that all you have to do is cut down the amount consumed to lose body fat. In order for this to be true, the physiological processes by which the human body transforms food into energy – metabolism – would have to be the same for every type of food. This is a simplistic, unscientific and untenable view.
>
> All macronutrients -- including fats, carbohydrates and proteins -- contain energy. The energy contained in food is expressed as calories. We tend to associate calories with food, but in reality, calories apply to anything. For example, a gallon of gasoline contains approximately 31 million calories.
>
> A calorie is the amount of heat needed to raise 1 kilogram of water 1 degree Celsius at sea level. What does this mean? A Double Whopper with cheese contains 960 calories. If we were to burn this burger, it would produce 960 calories -- enough energy to raise 960 kilograms of water 1 degree Celsius.
>
> Calorie is a shortened name for kilocalories, to reflect the simplified math. A kilocalorie contains 1,000 calories, so the Double Whopper with cheese is actually 960,000 calories. Now don't get your panties in a bunch -- this simplified math also applies to exercise calorie charts. If the piece of cardio equipment you're using says you burned 200 calories, it's simplified for 200,000 calories. However, don't rely on exercise equipment charts -- they are grossly inaccurate. This is due to several factors, mainly genetics, because the rate at which individuals burn calories varies greatly and cannot be measured on a piece of cardio equipment.
>
> Calories can and are measured in a sealed device called a "calorimeter" which locks in heat of burning food. A small vacuum container of water is contained above the food. Once the food is completely burned, the temperature of the water is measured. The rise in temperature will determine the amount of calories. While the calorimeter can show the total amount of energy in a serving of Fruit Loops, it cannot account for what the human body doesn't absorb, or the energy used in the digestion and assimilation of it. It also cannot show one's ability and efficiency to use food as energy, as opposed to storing it as fat.
>
> Does counting the number of calories consumed matter, or is it even necessary when trying to lose weight? No!

> Counting calories is completely inaccurate and a waste of time. Our bodies do not process food like a calorimeter. The assertion that macronutrients are all processed the same between individuals is just foolish. Yet, this is the basis for the calorie theory.

To reiterate...

OUR BODIES DO NOT PROCESS FOOD LIKE A CALORIMETER

[image]Does your stomach look like this?

Furci continues:

> As discussed earlier, a calorie is not a calorie. A calorie of a carbohydrate does not equate to a calorie of protein when being metabolized in our bodies. Protein calories are not likely to be stored as fat, as compared to carbs, because protein requires more energy to metabolize and assimilate and has numerous functions. Carbs are simply an energy source, and if not used as fuel, they are stored as fat without much effort. Carbs, unlike protein, also stimulate the release of high amounts of insulin, the fat storage hormone.

Tom Naughton, a comedian, was inspired to make a movie called Fathead, after he saw Michael Spurlock's famous anti-fast food film Super Size Me. In it, he offers a simplified animation that demonstrates how eating too much carbohydrates leads to your body storing fat tissue.

Finally, commenter John Smith (Blog author of recklessness and audacity) recommended that people check out the movie Food Inc.

Solid recommendation, brother! I've seen that movie as soon as it was available on Netflix. It basically re-affirmed everything I've studied, researched and applied into an easy to understand film.

That movie details precisely why our food supply and the conventional wisdom regarding diet and nutrition has been so thoroughly corrupted by the fascist conglomeration of big agricultural corporations and their cohorts in the Government.

A Blue Pill Guide-Tripper

Keoni Galt · 3 May 2010 · Archived copy · Original

A commenter over at Roissy's posted a link to a blog A Shrink For Men, that I just spent the last hour skimming through the archives of recent posts to get a taste for the kind of "shrinking" is being offered.

The author, Dr. Tara, describes her blog thusly:

A blog for professional men in complicated relationships and dissatisfying careers combining psychology, insight, humor, irony, sexuality, and social commentary.

Based on my readings, I would describe it like this:

A blog for average married chumps in out-of-whack relationships because they've let their wives become their authority figures who rule their lives because they live in fear of her emotional state. This blog will commiserate, empathize and sympathize and make you feel like you've done nothing wrong...it's all her fault, she's either Bi-polar or Narcissistic, and I'll make you feel better by letting you know you don't deserve this.

That's just my impression based on skimming through several of her posts and the letters and commentary of the men seeking her advice and describing their situations.

I would call her a blue-pill guide-tripper.

When I was a young kid in high school, my peers and I hung out with an older boy who was our "guide-tripper." He was basically our mentor in the sex, drugs and rock and roll lifestyle for which we all believed -- thanks to our mass media indoctrination programming -- were the keys to having a fun and meaningful life. He had experienced taking various drugs, and introduced us to them, serving as our guide in dealing with expectations and experiences, especially when it came to hallucinogens.

My take is that Dr. Tara's advice serves as sort of a blue pill guide-tripper, because the key flaws I find with the advice she doles out basically is nothing more than coping strategies to keep guys firmly plugged into the FeMatrix of our Brave New World Order - i.e. it's not that you're supplicating beta provider role is the cause for her contempt for you, that has you caught in an irrational, emotional tornado that has you walking on egg shells around her...no, there's nothing wrong with you. Get away from HER and eventually you'll find a lucky woman who will be grateful she's got such a nice guy.

You might think that I'm jumping to some pretty big conclusions based on a cursory skimming of a website...and I concede that might be the case.

But I don't think so.

In short, the concept of female hypergamy doesn't figure into her assessment of the situations these men are dealing with. In fact, the word doesn't even come up on her entire site.

This shrink is prescribing blue pills for men who've already been taking it their entire lives. In short, I get the impression that she doesn't see men who pedestal-ize women is the problem here...only that they picked the wrong woman to put on their pedestal.

Let's take a closer look to see what I'm talking about:

From Is She a Crazy Bitch? A Quiz

> This isn't a rhetorical question. If you've asked yourself more than once, "Is my girlfriend/wife/fiancee a crazy bitch?" as a clinical psychologist, I'm here to tell you the answer is, "Yes. Diagnostically speaking, she may very well be a crazy bitch."

It's not your fault. Now call or skype me, give me your credit card number, and I'll tell you how none of this is your fault, she's either Borderline Personality Disorder or has a Narcissistic Personality Disorder!

> A crazy bitch insidiously makes you feel like the unstable, angry person. You soon doubt your interpretation of events and experiences. In psychological circles, this type of woman is said to suffer from Borderline Personality Disorder (BPD) or Narcissistic Personality Disorder (NPD) or a combination of the two. Actually, the ones who really suffer are the people who come into contact with the Borderline or Narcissist.

Hmmm...official sounding Medical-ese from a licensed PhD!

Take the red pill...and you'll quickly see the problem here is that women are emotionally driven creatures, and her basic mindset responds badly to taking the role of authority and dominance in a relationship.

Before I proceed any further here, let me first make this disclaimer: there really are some women (and men) who are truly bat-shit crazy. The rest of this post does not apply to truly crazy individuals.

But I believe many of the "symptoms" Dr. Tara writes about here are often times nothing more than the manifestations of married couples playing out the script of disharmony for the average, dysfunctional union we now know of as Marriage 2.0.

In most of these cases, the real problem here is not some psychological disorder that requires counseling and medication. No, the men writing to Dr. Tara need to take their balls back from their wives purses, re-attach them, and STAND UP.

In short, they need to reverse the roles in their relationships to restore complementary balance in the gender roles.

> Here's a quiz to find out if you're involved with one of these women:
>
> * Does she fly into rages without warning over relatively trivial matters like a web page loading too slowly?

Trivial rage is a classic symptom of a woman who is deeply unhappy that her husband no longer gives her 'gina tingles. Her contempt for her situation - being married to a man she despises because she walks all over him - causes her to have a deep, visceral dissatisfaction with her situation.

> * Are you always the scapegoat/bad guy whenever she’s frustrated, disappointed or just plain bored?

A woman that respects and looks up to her husband would never dream of using her man as a scapegoat...because he would never let her. He'd stand up to her and immediately call her on that kind of bullshit.

> * Do her friends (that is, if she has any) describe her as a “drama queen?”
>
> * Does she describe herself as a drama queen? If so, congrats. You found one with a modicum of self-awareness.

{Misogyny alert}

...all women are drama queens. ALL. Some just have found a constructive, healthy outlet for their deep-seated need to experience psychological titillation. Roissy's latest post on Curiousity, Women and Game juxtaposes quite nicely with this last point.

> Be unpredictable. Unpredictability can make a day trip to the beach seem like a fantastic getaway to a remote fantasy island. A surprise trip once every couple of months will be enough to keep the average vagina tingly and loyal.
>
> Curiosity is win-win for men. You do fun, exciting things, and women become more attracted to you because of it. All it takes is a push off the couch. Given that most men can’t even manage that (“Game’s on, baby. Not now.”), a push off the couch automatically puts you ahead of the vast swath of men who secretly bore their girlfriends and wives.

Got that? All women need some sort of drama in their lives. Negative or positive...at least it's not BORING. This is precisely why so many women are attracted to, and constantly go back to abusive men. They may be abusive...but they are certainly not BORING.

If you don't give her drama, she WILL give drama to you.

> * Is her lipstick a little too red? Is it applied like theater makeup and a tad crooked?

Well no wonder you think she's psychotic. She's taken so many pills and drank so much booze she can't even put her makeup on straight...

> * Did sex begin with an earth shattering bang and fizzle into infrequent, transactional and conditional sex?

Translation: She used to have the hots for you when you first began dating. Than you beta-ized, ceded all authority to her, and she no longer lusts you. In fact, she downright resents you. For her to even consider having sex with you, you'd better compensate her for the unpleasant task of banging a contemptible beta. Buy her that mini-van or diamond necklace she's been wanting, and you might get lucky!

> * Is she a black-and-white, all-or-nothing thinker?

This means you let her set the frame of every conversation. RE-FRAME!

> * Do you lie to your family, friends and colleagues about what goes on at home?
>
> * Do you find yourself making excuses to your family, friends and colleagues for her inexcusable behavior?

Of course you're lying to everyone else...because fundamentally, you're lying TO YOURSELF. You're both living a lie...she thinks she's "normal" for being the dominant partner in the relationship, and you think you're being a "nice guy" why does she have to be so crazy when I've done nothing but try to make her happy? Yet you're both miserable...despite her being the empowered, independent STRONG woman of the 21st century, and you being the NICE GUY...why are you both not happy?!??!?!

> * walking_on_eggshells: Do you find yourself walking on eggshells around her?

It's not because she's got a terminal case of personality disorder that requires treatment from a doctor....it's because YOU'RE BEING A SACK-LESS WIMP AFRAID OF HER EMOTIONAL STATE!

> * Does she hate your friends and family and become angry or tearful when you spend time with them?
>
> * Is she pathologically jealous?

This is because you repeatedly fail her shit tests. Her anger and tears manipulate you...and it works. That's why she keeps doing it. And the more she does it, the lower her opinion - and attraction - for you gets.

> * Does she project her feelings onto you? For example, she’s yelling and raging and then accuses you of being angry. WTF?

Wait, what? Women...project feelings onto their men?

To paraphrase my new favorite commenter at Chateau Roissy... lzolzlzolzozlzollz!

> * Does she focus solely on her emotional experience while exhibiting little or no empathy for yours?

Now why would she have any empathy for the spineless wimps she does not respect or admire? He'll beg, plead, supplicate and kiss her ass whether she cares or not...

...so she doesn't.

> * Have you distanced yourself from friends and family because of your relationship?

You fool. Time to re-prioritize your life and stop making your relationship of trying to appease and accommodate her in a hopeless bid to try and "make her happy."

Make Your Mission, Not Your Woman, Your Priority!

> * Does she place you on a pedestal one day only to tear you down the next day? “I’ve never known anyone like you before. You’re so wonderful!” Next day: “You’re the devil! You’re the most selfish bastard I’ve ever met! You don’t love me!”

As if she's saying such things in a self-contained vacuum.... NOTE: the answer you give her for either of those questions could either escalate or kill her attraction for you.

She CAN'T tear you down if you don't let her:

"You’re the devil! You’re the most selfish bastard I’ve ever met!"
"Thanks for the compliment, babe."

"You don’t love me!"
"Not when you're acting like a petulant brat." {Follow this up by spanking her on the ass}

> * Did she change her identity after she landed you? For example, when you first met her she was a sexy, adventurous, sweet ballbuster; now, she’s afraid of her own shadow, has no outside interests and goes ballistic if she has to do anything without you.

If you no longer inspire her to be a sexy, adventurous part of YOUR life, she will drag you into her world...a world where she's deeply unhappy with your failure to satisfy her hypergamous instincts.

> * Does she put you into “no win” situations in which nothing you do is good enough and you’re guaranteed to fail?

TRANSLATION: You repeatedly fail her shit tests. The more you fail them, the worse it gets. You get caught in a death-spiral of exponentially increasing contempt as she goes crazy with the growing realization that she's married to a gutless, spineless wimp.

> * Does she exhibit stalker behaviors? This usually occurs during the courtship phase or when she senses you’re about to make a break for it. For instance: Calling and hanging up? Calling over and over and over until you answer the phone? Does she wait outside your home, uninvited, until you arrive? Does she show up at places she know you’ll be, also uninvited? Has she tried to get close to your friends in inappropriate ways?

Hell hath no fury like a woman scorned...especially when she has contempt for the guy that DARED to reject her!

> If you answered “yes” to more than two of these questions, you may be involved with a Borderline or a Narcissist. You’re not alone. They’re everywhere.

If you answered "yes" to more than two of these questions, you need to realize that your relationship dynamic is seriously out of whack, and your Renfield mentality is driving her mad, hating the beta that you've become.

> Most of the men who ended up in my therapy office were there because they were experiencing stress, depression or anxiety as a result from being in an emotionally abusive relationship with a Borderline or a Narcissist. Ironically, most of the time they were shamed and pathologized into seeking counseling by these women. Never mind that most of the symptoms my male patients experienced were a direct result of being in a relationship with a BPD or NPD.

This is precisely why I think this "DR. T" is nothing more than a blue-pill guide-tripper. Any man who gets "shamed" or "pathologized" into counseling by a woman...well, he's got no game.

Men, remember. A woman can only emotionally abuse you, if you let her.

You're problem is not that she's Borderline or Narcissistic...it's that you have a case of One-itis, and you've bought into the lies that you should try to supplicate, plead and be subservient to her to achieve a happy relationship.

A woman who is in love with a man who has options...will be on her best behavior to try and keep you attracted to her. But if you're beneath her, she will let her inner-harpy out without a second thought.

> If you think you may be involved with a Borderline or a Narcissist, good luck. They’re typically treatment

> resistant and they never really get any better. If you choose to stay in relationship with these women, I strongly recommend you educate yourself about the disorders and learn some basic behavioral management skills.
>
> By: Dr Tara J. Palmatier, PsyD

Or...you can save your money, and figure out what "hypergamy" means and how it applies to your relationship dynamic, and put her back into her place.

We Know Who You Are

Keoni Galt · 4 May 2010 · Archived copy · Original

[image]

Can't wait until our info will soon be easily cross checked with our medical records in the National database under Obama care.

Welcome to the 21st Century Panopticon.

> This plenary will discuss an inter-networked communication infrastructure that could facilitate the creation of a modern surveillance society. The name given to the criminal justice/national security project is “information fusion centers.” Fusion centers are an amalgamation of commercial and public sector data for the purpose of optimizing the collection, analysis, and sharing of personal information. The Department of Homeland Security’s $380 million in funding has created over 40 information fusion centers in the United States.

"Changes in Family Life"

Keoni Galt · 5 May 2010 · Archived copy · Original

Roissy commenter dragnet wrote a brilliant, succinct post about the breakdown of gender roles and family values in our current society.

The presumably female commenter, Skadi, got him going with this offhand remark:

> "dragnet, I understand your point very well. The problem is that today the family life has changed immensely since the times of your grandmother."

dragnet rebuts:

> Let's stop right here for a second because this is really where the shit starts. You write that family life "has changed" — as if we all just woke up one morning and the shit was totally different. That's not what happened and you fucking know it. What happened was that a minority of discontented women were no longer content to exercise traditional female power (their sexual power, and then their power as wives and mothers)and instead wanted to be able to wield traditionally male power in addition to that which they already had.
>
> The idea that a woman had no power before feminism was always bullshit — women had tremendous power.

Women who were attractive to men had tremendous power, thanks to the social code of chivalry. It was the bitter, bitchy and ugly harridan feminists who had no sexual-based manipulative influence over men that resented their more attractive sister's feminine power. They resented watching women who were able, with a mere batting of the eyelashes or a seductive smile, get men to do anything they desired. These jealous, unattractive women coupled with angry lesbian marxists were the real agitators for changing the gender roles of society.

> But they wanted more than power—they wanted authority which is the masculine form of power. And to get it, they made their personal grievances into a sociopolitical movement which the majority of women either tacitly supported or at the very least did nothing to hinder it.
>
> In doing so, they necessarily emasculated and marginalized men & boys. The acquisition of power is a zero-sum game—it can only be obtained at the expense of someone else. The more traditional male power women obtained, the less men would be able to wield it.

Female Empowerment = Male Dis-empowerment.

> Not that many men are "marriage/boyfriend prospects" because our society has rendered the vast majority of

> them undesirable partners by making them unable to satisfy the demands of hypergamy.

Hell, unable? Our society makes men completely unaware and clueless about the female's hypergamous sex drive. Everything in our culture and educational institutions tells men how to be "nice guys" so they can be "suitable" mates for women...and most guys follows these societal cues, and are confused and befuddled when they are told "Lets Just Be Friends."

> Women can now wield traditional masculine (authority) and feminine (sexual) power while men most men are left with diminished masculine power. Men with diminished power are never attractive to women — but that's what our society signed up for when we let women wield traditional masculine power in addition to what they had before.

Yup.

dragnet than excerpted another fallacy written by Skadi -

> "Too many men avoid commitment, marriage, having children. Many men postpone these duties for as long as they can… Too many men are not fit to be husbands and fathers. The real masculinity is almost gone."

Sounds like Skadi is taking the Kay Hymowitz Child-man in the promised land attitude. dragnet gives her a much deserved rebuke:

> The real masculinity is gone because it's become so heavily stigmatized and suppressed. Real masculinity — the determination by men to wield traditional male power — is persecuted by women as being oppressive and misogynistic.

Not just by women...don't forget the politically correct, SWPL mangina's and liberals who spout the same bullshit. I want to retch every time I read yet another male journalist, pundit or columnist...or hear some TV or radio talking head referring to violence or aggression, who condescendingly denigrates 'testosterone.'

> We aren't raising our boys to be confident and masculine because doing that is perceived as a threat to women being able to wield traditional male power in addition to traditional female power.
>
> So many men are ill-equipped for commitment/marriage, because we've decided that to give them power that would make them fit for these institutions is to infringe upon the freedoms of women.

I think while this is a great point, it does need to be expanded on a bit. Along with the privilege that comes with the exercise of power, also comes the responsibility that it entails. The feminist social engineering of society has no problem giving men the responsibilities of power...so long as women receive the privileges and benefits...without any of the responsibilities.

> Women and feminists have created a society of men bereft of the things women consider attractive — and are now complaining that the men are undesirable. Words fail.

It appears that words have failed Skadi. She has yet to respond.

> “Good men” aren’t born, Skadi. They are made—and women have a place in creating them.

Let's not forget that much of the women creating today's men, are the single mother's whose only male role models they bring into the lives of their young boys is abusive, thuggish boyfriends.

> Cultures create good and responsible men by giving them wives, children, and families—by giving them a reproductive investment. My grandfather didn’t become a “good man” until he married my grandmother and attended to the responsibilities of his family. Before that, he was just a “guy”. But he didn’t learn the full meaning of self-sacrifice, unconditional love, reliability, and steadiness until after he had a family and was able to bring traditional male power to bear in the service of caring for his household. Men these days don’t have that option because they don’t have traditional male power, and because women aren’t interested until marrying until much later when they have less to offer men. You couple that with misandrist divorce/family laws & VAWA and it’s really no wonder men aren’t marrying. Most men aren’t sitting it out waiting their turn on the casual sex carousel—because they know it’s not happening for 80 percent of the guys out there. They would have signed up for wives in their early 20s in a heartbeat if women were marrying that early…but they just aren’t because they’d rather pursue careers, graduate degrees, and alpha cock for 10-15 years first.

It's a brave new world of socially engineered gender roles.

You go girl.

The Matriarchal Paradigm is Ascendant

Keoni Galt · 7 May 2010 · Archived copy · Original

From the SpearheadFiles
May 8, 2010

[image]Dr. Daniel Amneus wrote the Garbage Generation in the late 1980's.

It was a seminal indictment of matriarchy and about the long term, societal results of the feminist platform's loosening of sexual mores and the institutions of no-fault divorce and family court system becoming normalized.

It's now been two decades since he wrote about the inevitable results of instituting matriarchy to replace patriarchy. He predicted that the more matriarchy became ascendant, the more America would resemble the matriarchal ghettos of the inner cities.

We're almost there.

Four in ten babies are born outside marriage in the U.S.

> The number of children born outside marriage in the United States has increased dramatically to four out of ten of all births.
>
> Figures show that 41 per cent of children born in 2008 did not have married parents - up from 28 per cent in 1990.

Remember this the next time you encounter the "conservative" argument that is passionate about "saving marriage" from the gays.

> Researchers have concluded that although Christian values still play an important role in American society, public attitudes have changed.

Hah. Most "Christian" values have changed to accommodate the public attitudes.

> Having a child out of wedlock does not carry the stigma and shame it once did, they say.

Anybody remember the huge media brouhaha when VP Dan Quayle criticized the portrayal of single motherhood as no big deal on the TV show Murphy Brown? He was lambasted, ridiculed and had all sorts of insults directed at him.

Oh yes, Dan Quayle was absolutely right.



Gooooo Longhorns!!!

Let's take a look at some substantial excerpts of the speech that contained the criticism of the TV show that got so many feminists and liberals panties twisted in a bunch...and put it into the overall context of the accurate points Quayle was making.

> This country now has a black middle class that barely existed a quarter-century ago. Since 1967, the median income of black two-parent families has risen by 60 percent in real terms. The number of black college graduates has skyrocketed. Black men and women have achieved real political power -- black mayors head 48 of our largest cities, including Los Angeles. These are achievements.
>
> But as we all know, there is another side to that bright landscape. During this period of progress, we have also developed a culture of poverty -- some call it an underclass -- that is far more violent and harder to escape than it was a generation ago.
>
> The poor you always have with you, Scripture tells us. And in America we have always had poor people. But in this dynamic, prosperous nation, poverty has traditionally been a stage through which people pass on their way to joining the great middle class. And if one generation didn't get very far up the ladder -- their ambitious, better-educated children would.

We see the exact thing here in Hawaii. I've seen it play out amongst Filipino, Korean, Vietnamese, Samoan,

Chinese and Micronesian families that migrate here. They often live in poverty-laden areas, with ten family members living in a two or three bedroom apartment, with the parents working long hours at menial blue color jobs...saving money to put their kids through school. Within a generation, these families go from penniless immigrants to middle and upper-middle class citizenry, when their educated kids become doctors, lawyers, bankers or small business owners.

This, of course, is a stark contrast to all those families that come here and instead of working hard and saving to invest in their children's future, they opt to go on the welfare, become dependent on hand outs and adopt the matriarchal ghetto lifestyle. I've seen families of all races take one or the other path, with reliably predictable results. The underclass really has nothing to do with race.

Nevertheless, the Black family in America leads the way in manifesting the societal results that occur when you adopt Government policies and laws that offer incentives for single mothers to have children out of wedlock. The black American family was the canary in the coalmine in terms of what happens when you effect social policies that impact the structure of the nuclear family.

As Dan Quayle noted:

> The inter-generational poverty that troubles us so much today is predominantly a poverty of values. Our inner cities are filled with children having children; with people who have not been able to take advantage of educational opportunities; with people who are dependent on drugs or the narcotic of welfare. To be sure, many people in the ghettos struggle very hard against these tides -- and sometimes win. But too many feel they have no hope and nothing to lose. This poverty is, again, fundamentally a poverty of values.
>
> But the underclass seems to be a new phenomenon. It is a group whose members are dependent on welfare for very long stretches, and whose men are often drawn into lives of crime. There is far too little upward mobility, because the underclass is disconnected from the rules of American society. And these problems have, unfortunately, been particularly acute for black Americans. Let me share with you a few statistics on the difference between black poverty in particular in the 1960s and now.

> * In 1967, 68 percent of black families were headed by married couples. In 1991, only 48 percent of black families were headed by both a husband and wife.
>
> * In 1965, the illegitimacy rate among black families was 28 percent. In 1989, 65 percent -- two thirds -- of all black children were born to never-married mothers.
>
> * In 1951 9.2 percent of black youth between 16-19 were unemployed. In 1965, it was 23 percent. In 1980, it was 35 percent. By 1989, the number had declined slightly, but was still 32 percent.
>
> * The leading cause of death of young black males today is homicide.

> It would be overly simplistic to blame this social breakdown on the programs of the Great Society alone. It would be absolutely wrong to blame it on the growth and success most Americans enjoyed during the 1980s. Rather, we are in large measure reaping the whirlwind of decades of changes in social mores.

Of course, these changes in social mores didn't "just happen."

> Unless we change the basic rules of society in our inner cities, we cannot expect anything else to change.

Indeed.

Instead of changing the basic rules of society in our inner cities, we've adopted them society-wide, which is precisely why we are now living through the decline of Western Civilization and entering into a Brave New World Order: Global Socialism Based on the Matriarchal family model; controlled and manipulated by dependence on the Ruling Elite.

> For the government, transforming underclass culture means that our policies and programs must create a different incentive system. Our policies must be premised on, and must reinforce, values such as: family, hard work, integrity and personal responsibility.

But that would be racist, sexist and homophobic!

> I think we can all agree that government's first obligation is to maintain order. We are a nation of laws, not looting. If a single mother raising her children in the ghetto has to worry about drive-by shootings, drug deals, or whether her children will join gangs and die violently, her difficult tasks becomes impossible.
>
> Safety is absolutely necessary. But it's not sufficient. Our urban strategy is to empower the poor by giving them control over their lives. Empowering the poor will strengthen families. And right now, the failure of our families is hurting America deeply. When families fail, society fails. The anarchy and lack of structure in our inner cities are testament to how quickly civilization falls apart when the family foundation cracks. Children need love and discipline. They need mothers and fathers. A welfare check is not a husband. The state is not a father. It is from parents that children learn how to behave in society; it is from parents above all that children come to understand values and themselves as men and women, mothers and fathers.
>
> And for those concerned about children growing up in poverty, we should know this: Marriage is probably the best anti-poverty program of all. Among families headed by married couples today, there is a poverty rate of 5.7 percent. But 33.4 percent of families headed by a single mother are in poverty today.
>
> The system perpetuates itself as these young men father children whom they have no intention of caring for, by women whose welfare checks support them. Teenage girls, mired in the same hopelessness, lack sufficient motive to say no to this trap.

That Dan Quayle sure was a stupid, moron, wasn't he?

> Answers to our problems won't be easy.
>
> We can start by dismantling a welfare system that encourages dependency and subsidizes broken families. We can attach conditions -- such as school attendance, or work -- to welfare. We can limit the time a recipient gets benefits. We can stop penalizing marriage for welfare mothers. We can enforce child support payments.

Heh. I wrote too soon...note the inherent contradiction in that last paragraph. He first calls for dismantling the welfare system...than immediately makes proscriptions that reform the welfare system, not dismantle it. And in fact, all of those conditions he mentioned were eventually effected with "Welfare Reform" during the Clinton administration. The Daily Mail article now shows us just how effective that was. American bastardy is at an all time high.

They should have ended it, not "mended" it.

This is what happens when you get "compromise" by "conservatives" so they can appeal to the "left" to achieve "bi-partisan consensus."

> Ultimately, however, marriage is a moral issue that requires cultural consensus and social sanctions. Bearing babies irresponsibly is, simply, wrong. We must be unequivocal about this.

Too late, Mr. Quayle. They reformed welfare and normalized babies born out of wedlock. The Matriarchal paradigm continues it's ascent.

> It doesn't help matters when primetime TV has Murphy Brown -- a character who supposedly epitomizes today's intelligent, highly paid, professional woman -- mocking the importance of fathers, by bearing a child alone, and calling it just another "lifestyle choice."
>
> I know it is not fashionable to talk about moral values, but we need to do it. Even though our cultural leaders in Hollywood, network TV, the national newspapers routinely jeer at them, I think that most of us in this room know that some things are good,and other things are wrong. Now it's time to make the discussion public.

Our cultural "leaders" in Hollywood, network TV and the national newspapers have won that particular debate.

Sounds to me like Quayle was well versed in Senator Moynihan's report about the destructive effects of matriarchal policies and programs on the black American family.

No wonder the liberal mainstream media, talking heads and late night comedians had to continually push the meme that Quayle was barely above the intellectual level of retardation because of his dispute with a grade schooler on the spelling of the word potato(e).

Dan Quayle was right, and he certainly was no dumbass when he made the argument that Murphy Brown's single mother storyline was in fact a glorification of single motherhood, a marginalization of the role of Fathers, and that it would subversively influence the viewers by normalizing bastardy in our culture.
Can anyone now say it with a straight face that Dan Quayle's predictions didn't come true?

Notable Commentary from the Original Post

finsalscollons May 8, 2010 at 15:09:

I read “The Garbage Generation” about a year ago and now I realize that it was written in the 80’s. It could have

been written yesterday. It is that relevant.

About Dan Quayle, I remember the liberal lynching due to the Murphy Brown affair. I hadn't read the actual text until now and it strikes me as a reasonable, moderate and not offensive at all. That the liberal media launched such an attack to such a moderate speech says a lot about the liberal media. When their totalitarian ideology is questioned, they react like the Spanish inquisition, trying to burn the heretic.

nemo May 8, 2010 at 16:01:

This may seem a bit off-topic, but bear with me. How many people remember the media coverage of Sarah Palin's church being firebombed in December 2008?

http://www.cnn.com/2008/CRIME/12/13/palin.church/index.html

You need to read the backpages of the newspapers in America and make lots of mental notes to find out what's really happening because the natural tendency of liberal reporters is to downplay the faults of liberals and focus almost exclusively on the faults of conservatives.

The bombing of black churches during the civil rights era still gets more "play" in the media than the Palin bombing. You won't often hear it mentioned whenever anyone calls Palin a "flake" for resigning from her post as Governor of Alaska. It seems that she had legitimate concerns about the safety and survival of her family.

Imagine what would happen if Obama's church was firebombed …

On a closely related topic, I remember seeing a headline this week that stated that 41% of all mothers were unmarried. When I clicked on the link, the title had changed to "Study: Older, unmarried, educated moms on the rise". The spin sisters in the media must have deep-sixed the original headline because I can find only one link that still has it:

http://news.google.com/news/story?pz=1&cf=all&ned=us&hl=en&q=41+percent+rate&ncl=dslp7E2sPkAkyTMQDs96IT6CHPxWM&hubgeo=United+States&sf_loc=840&cf=all&rfilter=3&scoring=d&start=0

http://www.thonline.com/article.cfm?id=281987

Same story, different headlines, and the one that's more truthful and less politically correct is now almost gone from cyberspace. Hmmm …

It's a bit Orwellian to click on a hypertext link and find that the headline has been changed before you can even read the story. The Ministry of Truth isn't necessary if you control the media.

ElectricAngel May 8, 2010 at 16:09:

KG,

I find it interesting that other groups can rise out of poverty in Hawaii. That is an urban phenomenon: working in agriculture will never raise the great class of people out of peasantry. Jane Jacobs wrote about this process in The Death and Life of Great American Cities. There's a bit of an overview of this here:

http://www.lewrockwell.com/schmidt/schmidt14.html

It seems that the more cities are independent, and functioning as urban economies, the better off the people become. It's notable that the growth of the urban economy was predicated on education in the "school of hard knocks," as small entrepreneurs found spinoffs of existing businesses. The bureaucratized megacorporation is sterile, dead, much like the graduate-degree earning women who staff it. The solution to those unemployed men 25-54 is straightforward: an entrepreneurial urban economy that rewards risk-taking. We see that today in Hong Kong, and might again in the USA.

3DShooter May 8, 2010 at 16:13:

I've often said that politics is the bastard step child of religion. A degenerate form of the hierarchical social model.

And yes, Mr. Potatoe-head leaves a gaping hole in his thin veneer of values rhetoric with statements like

"...We can stop penalizing marriage for welfare mothers. We can enforce child support payments."

In other words: end welfare by perpetuating it. Child support IS welfare and it is time to abolish the practice of state mandated/manipulated indentured servitude.

keyster May 8, 2010 at 16:56:

The purpose of ascendancy for a man was to achieve higher status among other men, eventually being recognized and "chosen" by the most desirable females. This dynamic still exists but to a much lesser degree as male accomplishment and female sexuality are similtaneously devalued.

The dissolution of this "check and balance" system strikes at the core of our modern moral decline. The great gender power-shift is the beginning of the end, because we (liberals /feminists) thought we could outsmart human nature. It's a war of attrition. Men receding to the fringes. He needs to redefine himself, because "husband" and "father" are roles he can no longer aspire to. The risks now out-weigh the rewards.

epoche* May 8, 2010 at 17:06:

> *"This country now has a black middle class that barely existed a quarter-century ago. Since 1967, the median income of black two-parent families has risen by 60 percent in real terms. The number of black college graduates has skyrocketed. Black men and women have achieved real political power - black mayors head 48 of our largest cities, including Los Angeles. These are achievements."*

I criticize Dan Quayle for uttering this nonsense. If social engineering achieves 2 good things and 200 bad ones, we need to criticize the very idea of social engineering, not preface our criticisms with a prepackaged rejoicing of all the "wonderful" achievements that progressives have accomplished. There is a line in Democracy in America where de Tocqueville state that the "government is happy that the people rejoice provided they think of nothing but rejoicing."

There was an article a month or 2 back that stated that half of the country doesnt pay any income tax. Think about that for a moment. With all of the entitlements that our government wonderfully provides, half of the population doesnt pay any income tax. I dont believe there is a worse figure in American history than LBJ and his Great Society. We need more radical attacks on the very concept of social equality.

TrollKing May 8, 2010 at 17:40:

About Dan Quayle, I remember the liberal lynching due to the Murphy Brown affair. I hadn't read the actual text until now and it strikes me as a reasonable, moderate and not offensive at all. That the liberal media launched such an attack to such a moderate speech says a lot about the liberal media. When their totalitarian ideology is questioned, they react like the Spanish inquisition, trying to burn the heretic.

Maybe this just shows how things were bad back in the day, and even worse now. You are trying to paint this as democrat v. republican, but its more than that. Its about men. Our constitution was written with men in mind. Not women. Our founding fathers understood the concept of gender. They understood that men help women, women don't help men. Women don't provide or protect males. They protect the herd. Men however protect women. Men protect their own families. What do women do? They drown their children in the tub or lake and then blame it on the closest black man.

Hell, murphy brown was nothing more than a show based on the concept of shielding women and the public from the fact that women create more child abuse than men. How many boys were raped and no one listened to them because murphy brown said it couldn't happen. How many. How many boys grew up during the 80's and 90's with this shit shoved down our throat. How many? I am one. And I know other men are out there too.

Its amazing to look at people like him. He obviously knew what he was talking about. But no one listened. I think most mras know how that feels. we can define our struggle and we can tell others about it. But what happens, we get made fun of or ignored. Its amazing and scary to me. I was 8 when he made that speech. I have gone to public schools and I have seen the REAL world. Meaning I know about gangs and guns and drug dealers. Ive had to deal with meth heads in person since he wrote this. Ive had friends die from hillbilly heroin and ive buried friends due to suicide. FUCK HIM. He could have done something. But what did he do???? NOTHING. He simply complained and grabbed his balls while he stuck his thumb up his ass. Again maybe if he hadn't sat there and tried to use 'smart' words and instead had helped, well maybe some of my friends would still be alive. Fuckin bastard. Im gettin pissed at assholes that think they are holier than thou because they were there in the day. Its like the fuckin hippies who preached love and peace and shit and what happened, they got high and watched as over a million cambodians were slaughtered. Real fuckin manly. Lets sit back and watch an entire generation go to the gas chamber, or more likely simply be lined up and shot against a wall. Maybe one day this will happen to feminists. I won't do it cause im a lover, not a fighter. BUt I won't lose sleep over it either.

- The TROLLKING

keyster May 8, 2010 at 18:09:

The idea was to hijack mass media and prime the social pump with liberal propaganda, (and they're still doing it), and mass media is now being over-run by the internet as the medium of choice for news, information and entertainment. They thought if they could keep the messaging constant and loud enough people would eventually adopt liberal idealism. Exalt enough examples of fictional female empowerment, upper middle class black families along with the first female/minority to accomplish something heretofore done by only white males, "breaking

barriers"…and the masses would see that it really is possible and follow along.

But the real world and human nature isn't like that. Things don't just happen because. You have to work at it and with good timing and a little luck, you might make it. All things are possible for the individual, but as soon as you identify with the victim group all bets are off.

Vitamin May 8, 2010 at 18:31:

Men have been each other's worst enemy since the dawn of man. Do I trust my buds? Nope. I know deep down they'd fuck my wife or one of my daughters if they had the slightest chance.

My own dad and brothers came on to my beautiful wife in our early years and when she gently tried to tell me that they were making her feel uncomfortable at family gatherings with their advances I instantly knee-jerk stood up for my brothers and father and told her flat-out she was full of shit. Until I walked in on my father lifting my wife up and rubbing her all over his body as a supposed 'hug'. I apologized to my wife and and told her how horrified I was that my own flesh and blood kin would do that but, it still didn't stop. My father would grab her and set her on his lap for photos, it became obvious and it upset my mother too. My wife stopped visiting my family altogether which caused a huge rift in the family dynamics because everyone wanted to know why my wife was rejecting my kin. It got ugly.

The only thing that changed it all was when I stopped working for my father and I struck out on my own and started my own carpentry and construction business. My father had to respect me from that day forward and that meant respecting my woman.

To this day men still ogle my wife even when I'm with her which takes all of my internal fortitude to not go ballistic on the idiots who have the audacity to ask if her hair is real or if they can touch it (she has really long hair).

Sorry for the rant but, I can't help but find that in the case of male to male relations we are often more enemies than friends when it boils right down to it. When a man can't even trust his own father and brothers, yeah, not cool.

GlobalMan May 8, 2010 at 19:19

Yes. Men have always men the ones willing to put the sword to other men in 'competition' or 'war'. Men know that they have to compete with each other for the wimminz and that some percentage, like 10%, fall through the 'glass floor'. Wimminz have ALWAYS had it better than men have. This inbuilt competition is one reason why men do not get together and defend their own rights very well as is clearly evidenced by the lack of any such collaboration in the MRA area. Such collaboration is only achieved when men realise they have a common enemy. THEN they will get together to get rid of the common enemy. Soon after they will settle back into their petty squables. This is why I continually point to the MEN at the top who are our common enemy. If men in the MRA area could come to understand that the REAL enemy are those few men at the top they would simply put those guys 'out of business' and then we could all get on with our lives. Men seem real keen not to notice this. I mean you can see pretty much ALL politicians flash the Illuminati diablo hand signal like Quayle in this article and yet men will say 'there can be no conspiracy' despite the fact the worlds history has been one long story of conspiracies for powerful men to stay powerful.

And yep, my brother hit on my gf then finacee because she was one of the FEW girls who did not chase after him in school when he was the 'football hero' type and I was the 'nerdy' type. I'm pretty sure it pissed him off I got the

hotter looking wife! LOL! Such is life. Men compete with each other. Even brothers. My ex was one who 'stopped the traffic' when she was young. Now? Shes fat. Women age like milk. Now? I date women who are even hotter than my ex was at her hottest. I like that.

Common Monster May 8, 2010 at 19:29:

Barbara Dafoe Whitehead already wrote a piece called Single Mother Birth Rate

Graph: Welfare Spending Increase Proportion

Migu May 9, 2010 at 06:52:

Yeah money a medium of exchange. Follow legal tender money doesn't exist in a naturL form today. Cent by cent your dollars will be inflated away. Wouldn't it be cool if we get inflation coupled with an insolvent government…….oh yeah.

finsalscollons May 9, 2010 at 15:02:

Vitamin, this is not the place to talk about God. You will be objetc of derision and scorn. One of the signs of our decadent times is that all the best things in the world are mocked: family, fathers, altruistic love, ideals, God.

When people stop believing in God, the only thing to live for are their own biological urges. Too bad that these biological urges are programmed to produce a matriarchy (as in Stone Age times). What we are living today is only the consequence of people living without a trascendent framework. Women follow their nature, men follow their nature and the end result is having 20% of alphas monopolize 80% of women.

But this is not the place to speak about this (I am making the same mistake than you by touching this issue but I only wanted you to know that not everyone here despises what you said and some of us really cherish it)

He Who Controls the Money, Controls the World

Keoni Galt · 12 May 2010 · Archived copy · Original

The words "population control" bring a thought process to bear on any person contemplating the phrase...usually connected to the idea of simple demographic overpopulation. But that is only one part of the equation - population control is not just limiting the overall number of humans that exist on the planet at any given moment to "sustainable" levels. It's also about CONTROLLING the behavior, thought processes, attitudes, and beliefs of the population as well.

And the most powerful means of controlling the people, is to control the primary means of interacting and exchanging goods and services amongst each other to obtain the necessities of surviving...control the money, you control the people.

Which, of course, is the primary contention of the "Conspiratorial view" of history.

Two quotes, one idea:

- Give me control of a nation's money and I care not who makes her laws.

- Permit me to issue and control the money of a nation, and I care not who makes its laws. - Mayer Amschel Rothschild

Many NWO conspiracy theories have speculated that the recent economic downturn was deliberately instigated by the International Central Banker's deliberate manipulation of the interest rates for institutions to borrow and lend out their fiat currency. Combined with fractional reserve lending and an exacerbated business cycle due to "Bubbles" of mal-investments (the dot.com bubble, real estate bubble...), inflation and economic recessionary conditions all contribute to the destruction of the American dollar.

The idea is that once the dollar is no longer meaningful as a medium of exchange, we the sheeple will than be ready to except a new currency, paving the way for our international banking elite to than introduce the "Amero" - the North American Region's version of the Euro.

This is a synthesis of the popularized view of the NWO "conspiracy theory" regarding the current economic crisis.

Niki Raapana, founder and of the Anti-Communitarian League, linked to an article on her blog, Living Outside the Dialectic, that digs a little deeper, and reveals that perhaps our financial overlords won't even bother with implementing the Amero...instead, they plan to destroy the Euro (Apparently, Greece is the first domino to begin falling...) destroy the dollar, and institute an entirely different scheme of "money."

And it ties in oh so neatly with the environmentalist agenda. It's called Carbon Currency.

> Critics who think that the U.S. dollar will be replaced by some new global currency are perhaps thinking too small.
>
> On the world horizon looms a new global currency that could replace all paper currencies and the economic system upon which they are based.

> The new currency, simply called Carbon Currency, is designed to support a revolutionary new economic system based on energy (production, and consumption), instead of price. Our current price-based economic system and its related currencies that have supported capitalism, socialism, fascism and communism, is being herded to the slaughterhouse in order to make way for a new carbon-based world.

No wonder the primary doomsayer for global warming is invested so heavily into carbon trading.

> Forces are already at work to position a new Carbon Currency as the ultimate solution to global calls for poverty reduction, population control, environmental control, global warming, energy allocation and blanket distribution of economic wealth.
>
> Unfortunately for individual people living in this new system, it will also require authoritarian and centralized control over all aspects of life, from cradle to grave.

> What is Carbon Currency and how does it work? In a nutshell, Carbon Currency will be based on the regular allocation of available energy to the people of the world. If not used within a period of time, the Currency will expire (like monthly minutes on your cell phone plan) so that the same people can receive a new allocation based on new energy production quotas for the next period.
>
> Because the energy supply chain is already dominated by the global elite, setting energy production quotas will limit the amount of Carbon Currency in circulation at any one time. It will also naturally limit manufacturing, food production and people movement.

Population CONTROL.

He who has the gold...errr, I mean carbon, makes the rules.

> Local currencies could remain in play for a time, but they would eventually wither and be fully replaced by the Carbon Currency, much the same way that the Euro displaced individual European currencies over a period of time.

When the day comes that our Government tells the masses that they are instituting a "carbon" or "energy" based currency or monetary system, you will surely know that the NWO was not just a silly fantasy of paranoids on the internet.

Does this all sound like madcap insanity? The article also provides a variety of links to articles published within the last decade, all contemplating the idea. But I would perhaps not call them speculative guesses...but trial balloons to get the masses used to the idea that will soon be our reality.

From 1995: Towards a single carbon currency

From 2004: A New Currency

From 2007: When Carbon is Currency

From 2008: Towards a Common Carbon Currency: Exploring the prospects for integrated global carbon markets.

From 2009:Everyone in Britain could be given a personal 'carbon allowance

Here's the official website of the folks pushing this idea: Technocracy Inc.

Of course, the real goal here is total population control...which is what the controllers of doling out carbon currency would eventually gain.

[image]

> If you study the card above, you will also note that is serves as a universal identity card and contains a microchip. This reflects Technocracy's philosophy that each person in society must be meticulously monitored and accounted for in order to track what they consume in terms of energy, and also what they contribute to the manufacturing process.

This idea of a carbon currency certainly seems to tie all of the "cospiracy theory" angles together quite nicely. Still think the conspiracy theories are not true? I'll bet you a million carbons...

The article's conclusion:

> Where there is smoke, there is fire. Where there is talk, there is action....
>
> ...This article intended to show that
>
> * Carbon Currency is not a new idea, but has deep roots in Technocracy
>
> * Carbon Currency has grown from a continental proposal to a global proposal
>
> * It has been consistently discussed over a long period of time
>
> * The participants include many prominent global leaders, banks and think-tanks
>
> * The context of these discussions have been very consistent
>
> * Today's goals for implementing Carbon Currency are virtually identical to Technocracy's original Energy Certificates goals.
>
> Of course, a currency is merely a means to an end. Whoever controls the currency also controls the economy and the political structure that goes with it.

The Reason We Have A "War on Drugs"

Keoni Galt · 19 May 2010 · Archived copy · Original

From US Drug War Has Met None of It's Goals

> - $20 billion to fight the drug gangs in their home countries. In Colombia, for example, the United States spent more than $6 billion, while coca cultivation increased and trafficking moved to Mexico — and the violence along with it.
>
> - $33 billion in marketing "Just Say No"-style messages to America's youth and other prevention programs. High school students report the same rates of illegal drug use as they did in 1970, and the Centers for Disease Control and Prevention says drug overdoses have "risen steadily" since the early 1970s to more than 20,000 last year.
>
> - $49 billion for law enforcement along America's borders to cut off the flow of illegal drugs. This year, 25 million Americans will snort, swallow, inject and smoke illicit drugs, about 10 million more than in 1970, with the bulk of those drugs imported from Mexico.
>
> - $121 billion to arrest more than 37 million nonviolent drug offenders, about 10 million of them for possession of marijuana. Studies show that jail time tends to increase drug abuse.
>
> - $450 billion to lock those people up in federal prisons alone. Last year, half of all federal prisoners in the U.S. were serving sentences for drug offenses.

4/5ths of all the money spent in 40 years in fighting this "war on drugs" has been spent to militarize and increase our police forces, and to create a literal gulag of Federal Prison detention facilities across the country.

I think the article's title has got it completely wrong...it's met all of it's goals.

Frontier Feminism

Keoni Galt · 20 May 2010 · Archived copy · Original

[image]

Conservative female columnists have gone gaga over Sarah Palin. She's a "conservative" feminist...aka a "pro-life feminist" that still believes women were oppressed by men, didn't have "equal rights" and that suffrage and the social engineering that has propelled women en masse into what was once the male sphere of gender roles are all still "good" things.

Left wing, or right wing, "feminism" is still an ideology of female pedestalization....female superiority. It promotes the same myths of female "Strength and independence."

One "conservative feminist," Townhall columnist Maggie Ghallagher, wrote about a recent Palin speech she attended, in a column entitled Sarah Palin's Girl Power:

> Palin understands that she is building not just a new political movement, but a new cultural identity. She dubbed it "frontier feminism," and it was the theme she carried through from beginning to end.

Well isn't that special. Palin is not just a feminist...she's a FRONTIER FEMINIST.

> She speaks emotionally as a mother, from the heart of motherhood, and she makes it what it should be: a source of power, not an admission of weakness or dependency, and a bond, the deepest bond among women.

See..."conservative" women are no different. The appeal of herd bonding through the sharing of emotional experience is a "source of power." Note how dependency is associated with weakness.

This association is precisely how the feminists appealed to the solipsism of the female mind to get them to embrace the ideological platform to destroy the dynamics of the Patriarchal nuclear family.

Sickening. Oh Maggie, you are just as much the useful idiot for feminist's goals as any left wing abortion fanatic.

Marriage is supposed to be a partnership...and what is a partnership but a relationship based on CO-DEPENDENCY? Where one partner is weak the other partner's strength meets the need. That's a complementary relationship! Dependency is a hallmark of any successful relationship...not a weakness.

Maggie than quotes a particular passage from Palin:

> And I thank the SBA List, too, for being a home to a new conservative feminist movement, is how I look at this. It's an emerging conservative feminist identity. Far too long, when people heard the word 'feminist,' they thought of the faculty lounge at some East Coast women's college, right? And no offense to them, they have their opinions and their voice, and God bless them; they're just great."

Do Pro-Life conservatives get that? Palin says the left wing, abortion supporting, left wing feminists are just great!

> "But that's not the only voice of women in America. I'd like to remind people of another feminist tradition, kind of a western feminism. It's influenced by the pioneering spirit of our foremothers, who went in wagon trains across the wilderness, and they settled in homesteads. And these were tough, independent pioneering mothers, whose work was as valuable as any man's on the frontier. ... They went where no woman had gone before."

How in holy hell was a pioneer woman a "feminst" tradition? I must have missed reading about all those women that INDEPENDENTLY braved the travails of settling the wild west. This is pure, revisionist bullshit by Palin. And so-called "conservative" women eat this shit up.

Tough? Hell yes. The pioneer women were indeed tough...they had to be. But "independent?"

Hardly.

The pioneer women were absolutely dependent on their men...just as the men were dependent on their women! It was a tough, rigorous and dangerous life...and each played their role in building a new life so that their next generation could succeed. IT TOOK BOTH MEN AND WOMEN WORKING TOGETHER TO SURVIVE AND THRIVE IN THE HARSH ENVIRONMENT OF THE FRONTIER.

The right wing version of feminism is just as subversive as the left. Note that the implications of Palin's line of thought is just as divisive of men and women as any left wing version of feminism. After all, isn't this the logical conclusion of the idea of "Independence?" An "independent" woman doesn't *need* a man. Hah.

Maggie than summarizes Palin's speech, while quoting an especially egregious line Palin used:

> A speech that began with women as "mama grizzlies" defending their children's economic interests ("My kid is not your ATM") ends with a call for a new kind of feminism:

My kid is not your ATM?!?!??!??!?!?!?!?!

That's right....Palin, why don't you just go ahead and say it...that you agree with your left wing sisters (they're great! God bless them!) YOU, the unfortunate sperm donor for MY kid is MY ATM. Child support for 18 years BAAAYYYYBBBBEEEE!

> "As an Alaskan woman, I'm proud to consider myself a frontier feminist like those early pioneering women of the West."

LMAO. Why yes Sarah...your 21st century experiences in Alaska, your experiences are JUST LIKE what those frontier women of the West!

> She proceeded to thank one of the largest and most effective pro-life organizations in the country, the Susan B. Anthony List, named for a key 19th-century leader who opposed abortion. "I'm grateful to have a place like this, full of sisters who are not put off by a gun-toting, pro-life mom of a fun, full family -- never dull."

Ah yes. Now "conservative" women are hailing that wonderful Susan B. Anthony, the primary change-agent to institute women's suffrage. Just because she was "anti-abortion" means Susan B. Anthony is an "acceptable" feminist icon for "conservative" women.

What a farce.

Here's what Susan B. Anthony wrote about abortion:

She blamed men, laws and the "double standard" for driving women to abortion because they had no other options. ("When a woman destroys the life of her unborn child, it is a sign that, by education or circumstances, she has been greatly wronged." 1869) She believed, as did many of the feminists of her era, that only the achievement of women's equality and freedom would end the need for abortion.

Hahahaha...the jokes on you, Susan! We have more abortion now than you probably ever thought possible in your time...but I'm sure, now, just as back than, this is all the fault of "men," right?

But I digress...

Back to Maggie Gallagher's finishing paragraph:

> Women can do anything.

Right. Try writing your name in the snow with your piss.

> We can bear children under less than ideal circumstances.

Hilarious. When you are pregnant, your biological directive will make you go into labor whether the circumstances are ideal or not. This is like being proud of the fact that women can take a shit in less than ideal circumstances. GIRL POWER!

But Maggie's last line is a real hoot:

> Like Sarah and her "strong and independent" daughter Bristol.

Why yes....she's so strong and independent, she's still living at home with mommy and daddy helping to raise her

little kid...and her parent's are filing a lawsuit to get Bristol's baby's daddy to pay child support. Now THERE'S strength and independence for you!

> "2010," Sarah Palin announced exuberantly, is the year "when commonsense conservative women get things done for our country."

Frontier Feminism and commonsense are an oxymoron...and Sarah Palin, you are no "conservative."

Why Tea Parties Are a Waste of Time

Keoni Galt · 21 May 2010 · Archived copy · Original

[image]
My favorite anti-communitarian Alaskan outdoors-woman, Niki Raapana, wrote a post that made a great point regarding what We the Sheeple can do to protest our out of control fascist, emerging Brave-New-World-Order-Global- Government....and public protests and demonstrations 'aint it.

> Watched Aaron Russo's Freedom to Fascism last night. It was the best explanation of the Tax Honesty movement I've ever seen, but then it's the only one I've ever seen. While I don't trust several of the "our side" experts he interviewed (Ruppert, Fitts, etc) it didn't detract one bit from his presentation of the story. How the bankers seized covert control over the United States is essential knowledge for Americans who choose to resist the emerging harmonization of norms. I did not like his recommendations for action at the end, but I never like the suggestions that we get organized and march on Washington DC. I don't believe we can restore constitutional govt using Marxist street actions.

I agree wholeheartedly....have the Tea Parties made one iota of a difference? Nah...Sarah Palin and the neo-con faux conservatives hijacked it to serve as the right wing of dialectic propaganda events.

Demonstrations and rallies and such are nothing more than literal manifestations of the farce known as DEMOCRACY. Mob rules. Claiming authority not by what is righteous or just, but based solely on the appearance of massive support.

The original Tea Party wasn't a public rally with attendant placards and assorted people dressed in costumes with the presumed leaders haranguing them into an emotional frenzy with bullhorns chanting trite slogans.

No, it was a bunch of saboteurs that disguised themselves as Indians, snuck aboard the British merchant ships and threw the merchant's wares into the harbor water.

Nowadays, the Media/Government Corpratocracy would have labeled them as terrorists and than instituted a whole new Federal bureaucracy to deal with the danger of the Homeland tea supply, and will henceforth require strip searches and questioning before allowing the average citizen to buy a permit for the privilege of purchasing the carefully measured, taxed and dispensed teabags.

But I digress.

Niki makes another great point:

> If we really are the masters here, then why would we stand outside our servants' offices and protest their erroneous policies and laws?

Great point. Isn't it obvious? Our media and educational institutions all have brainwashed generations of We the Sheeple into believing the "UNITED STATES OF AMERICA" fairy tale that we live in a country with a

Government by the people, for the people. That hasn't been true since at least Abe Lincoln's time.

> Why wouldn't we draft a resolution and vote/pass a people's initiative? If protecting our property and prosperity is the only legitimate purpose for govt and we have the power to fire them and restore the rule of law, then why would we need to protest in the streets? To me it's the sign of our corrupted nation.

Yes, it's also a sign of just how far the idea of "Democracy" has now been inculcated into the mainstream consciousness. When the masses think a mob demonstration is the only way to "be heard" and "raise awareness," it's a sure sign that the Representative Republic is dead.

Long live our new Communitarian Democracy!

> I wish Russo would have ended the film with a contact address to help instigate a statewide national referendum to put a cap on the feds... revoke executive order privileges, end the federal reserve, nullify the IRS, abolish Agenda 21 and sustainable development, and fire every Czar and office created to outmaneuver the US Constitutional requirements for separation of powers. We are the law here, that is our only power... and that is the only way we can restore our power.

I agree....but also don't believe it's going to happen.

This whole thing is gonna crash and burn.

The only thing left to do is get ready for it and enjoy the show.

Gleaning the Meaning

Keoni Galt · 25 May 2010 · Archived copy · Original

Roissy's blog, Citizen Renegade, is a rich resource for the convergence of various ideas that have gained traction in the Masculinist-themed blogosphere.The comment sections in his blog posts are a literal hotbed of ideas and insights that cut through all the lies and misinformed disinformation of our present culture. Roissy initially entitled his blog "Where Pretty Lies Perish," and he's lived up that billing...along with the help of an outstanding cast of commenters he's managed to attract over the last couple of years.

Last Friday's thread Why Game Will Continue To Be Relevant brought out some excellent commentary. This is my attempt to glean and distill some of the great points made in a post that has garnered close to 500 responses (is there any other blog in the MRA/Game area of the Interwebs that gets even half that number of comments?!?!)

The following touch upon topics of interest to most most of you that read my blog: Game, the cultural indoctrination of both men and women that lead to dysfunction and divorce, and how fiat masters like Bernanke uses the fiat dollar to desoul women by secretly taping teh butthex.

llololllzlzlolz.

First up, Epoxytocin No. 87, on trying to explain Game to a skeptic:

> “Game” is not a set of tactics. Game is the attitude, the mindset, that underlies those tactics.
>
> You are absolutely correct: cheesy show tactics will accomplish little. Putting on a top hat, black nail polish, swim goggles, and shiny shirts won’t make a success out of you. But the organism-level sea change in ATTITUDE required for some scrub to do these things — and to affect a certain degree of panache in doing them — will change everything. Everything from sales, to relationships, to negotiating, to avoiding fights, to starting fights, to applying for grants, to raising children, to …
>
> The reason you think of “game” as a set of tactics is because you’re listening to people who SELL things.
>
> You can sell tactics.
>
> You can’t sell good old fashioned masculinity, the kind that is born of imperfect circumstances and tempered by challenges and adversity.

For every person that takes the red pill and sees things clearly, this description by Epoxy is the distilled essence of this thing we call "GAME." It's a paradigm shift in the way you see yourself, the way you see other people, and the dynamics underlying all of our social interactions.

I would also add that "Game" recognizes the fundamental truths of the human sex drive based on gender: Males are hardwired for polygamy, Females for hypergamy.

Understanding what this means and how this affects all human relationships is the key to achieving the sea change in attitude Epoxy refers to.

When another female commenter accused "Game" practitioners of faking masculinity. Commenter TG set her straight with an even more concise explanation...so clear that maybe even a woman could understand it:

> You don't get it…90% of when men learn from blog/tapes/game seminars etc….
>
> ISN'T how to fake who they are….
>
> BUT...how to understand and respond to the situations they're in…
>
> ...it's more about understanding the female psyche…why women respond to certain behaviour, why do nice guys get less women than bad guy…when a woman says X…what does she really mean?…also why are women so mean to nice guys?
>
> NO ONE can consistently fake who they are…if this material required you to do that….it wouldn't work.
>
> For example many of Roissy's posts regarding Betas, Herbs and Alphas, gives men insight into how women see men…which is different than how men see other men….

Excellent point, TG.

The next commenter I'm excerpting, who goes by the name Gorbachev, than goes into extraordinary detail on how his study of Game effected his own sea change in attitude:

> I was raised by my truly wonderful, equalist mother to be a good mate. Treat women with respect. Always compromise. Avoid conflict. Be a Chivalrous Man, but not condescending. Be a Good Man, not just a Man. Women are to be adored.

Same here...except I was also raised by a Father who embodied all of that - and my Mother is contemptuous of him for it - yet she still indoctrinated me to be a compliant beta pedestalizing all women as angelic paragons of moral virtue. As the old saying goes, Men, don't ever take relationship advice from a woman...especially your Mother.

Gorbachev continues his narrative where he had a LTR with his eventual ex-wife:

> We dated for 2 years. I was hard to convert, but was ensnared and became what her family thought was an ideal husband. Her mother thought I was a gift to her family. I loved her. Really. Not just because she was pretty; because she was a good person.
>
> A Good Woman.
>
> I was the classic devoted, adoring Beta. I never argued; I considered her feelings at all times; I asked her opinion on everything, and we compromised based on a sensible middle ground. I cooked. I did 50% of the housework; we pooled our cash and I consulted her on even minor purchases. I was a skillful and patient lover, as was she, and we had an excellent sex life. She told friends she was glad she had the best of all worlds.

> I had some annoying flaws: some weird friends; nights out with the guys, which she didn't like (loss of control?); a penchant for buying cool toys; an unwillingness to pay for plastic surgery for her; not keeping up with the Joneses; weird work hours; but by her stated expectations, I was a good husband and her best friend, always.
>
> She and I had lots of flaws. We were both human.
>
> I was the same as most of the men I knew. As people, we're all very similar.

That sounds like an uncomfortably familiar situation...

> After 3-4 years, she started to get annoyed at small things. I spent more and more time enduring nagging over things I couldn't affect or was too time-pressed to deal with. Friction started to develop. She became listless and uninterested in activities together (in retrospect, it's possible she was cheating on me. Given my last few years of experience, I'm almost sure of it). Sex became less interesting. We tried to spice it up. I tried. She was the woman I loved.
>
> It was bizarre: For a year, the more I tried to accommodate her (what she *told* me she wanted), the progressively more frustrated and annoyed with me she became. In hindsight, the pattern was obvious.
>
> I became absorbed in household tasks; involved in activities outside home; I was domesticated; we went to counseling.

If your wife drags you into marriage counseling, and you go, and your experience is like Gorbachev's...

> The counselor blames everything – absolutely everything – on me. It was like being in an interrogation room with lights pointed in my face. The counselor – PhD Harvard, still practicing – thought I was the root of all of our troubles. Seriously, when my wife acted out (threw a temper tantrum, smashed a dish), the counselor asked me what I could have done to help my wife emotionally. I couldn't believe it: If I did something, it was my fault. If my wife did something, irrational and even insulting, it was also my fault.
>
> I'm not making this up.
>
> The counselor demonstrated that I was just inadequate.
> (This was true, just not for the reasons she said).
>
> We did counseling for 6 months. I went to every Cultural Revolution Self-Criticism Examination despite the fact that I had to cut work to do it because other times were inconvenient for my wife.

...your marriage is already doomed. Lawyer up and beat her to the punch. Gorbachev tried to salvage it the best he could...but he was hampered by the ubiquitous blue pill delusions of our feminist warped culture:

> I did *everything* that Oprah Winfrey and the Self Help industry demanded men do for their wives.
>
> So after another 6 months, she actually said: I am no longer in love with you, but you're still my best friend. We amicably divorced.

This is the essence of our cultural zeitgeist and demonstrates exactly how and why so many Men fail to have a happy and meaningful long term relationship with any woman in our Brave New World Order. This is the uphill struggle men must now contend with in coming to terms with our culturally oppressed masculinity. Our cultural cues are all based on feminist ideology, that run afoul of her hypergamous hard-wiring.

Next up: commenter Badger Nation, responding to a presumably female commenter lamenting the proliferation of "Women Bashing" at Chateau Roissy:

> This is equal time. if you want to hear about how bad men are, you can watch Dr Phil, Oprah, Maury Povich, read any number of advice columns, watch American sitcoms, sit in an American family law court…
>
> As evidenced by posters here and elsewhere, a lot of guys are invested in a Victorian fantasy that women are the higher, perfect sex and that men are "civilized" by women. In fact it appears to be the opposite – matriarchal subsocieties are dysfunctional and have frustrated, out of control male populations. Breaking them out of this fantasy is crucial for their happiness.
>
> But we should all be warned…red pill-ing can be bad for your psyche. It is disturbing to see the world as it is.

Certainly. If you see just how deep the rabbit hole goes...you will never be the same. Share enough of your red pill insights with blue pillers, and they start thinking your a "Conspiracy Theorist!" llololzlzolzlolz!!

Commenter INTP weighs in with a nice succinct explanation of where our society is ultimately headed and how the changes to marriage explain why we live in a declining Civilization:

> Modern civilizations provide other ways for men to leave a legacy. Men can write "Great Books for Men", build great companies, attain great personal achievement, etc. But that creates another problem. If men are off doing all that self-enriching cerebral work, and not raising stable families, then the civilization dies via the demographic suffocation of its high-value gene pool. In other words if great men are too busy to raise great offspring then where will the great men of tomorrow come from? That didn't used to be a problem under Marriage 1.0 (every man was pretty much guaranteed a wife + be king of his own castle). Now, under Marriage 2.0, not so much. Marriage now officially sucks for men. Bye, Bye West.

INTP forgot to add that the Great Men of yesteryear didn't really raise the next generation...their wives at home did. But they served as the examples and positive role models for the next generation of men to follow. The difference is the great men are now laboring in a workforce where all the womenz are competing with them and the minimum wage daycare workers are raising the next generation...

> Marriage 1.0 is necessary for stability. Marriage 2.0, our current still-born botched-abortion product of Feminism, is long-term dating with an obscene divorce rate and tri-fecta payout for women. Marriage 2.0 is the FARTHEST thing from stability. Marriage would have to roll back to pre-1960 standards, along with the rest of the culture, for it be remotely viable.

Marriage 1.0 gave us the foundation that forged greatest Superpower in the history of the world.

Marriage 2.0 gave us The Garbage Generation.

INTP Concludes:

> The cultural elites have different plans. They seek to consolidate their power under 21st Century Feudalism (i.e., destroyed middle class, ignorant but happy drone workers, 1% controls 99.9% of the wealth). High-technology serfdom.

Welcome to the club. Pull up a chair and don your tinfoil hat, my friend.

Consider Epoxytocin's next point, regarding the presumptions of entitlement men and women assume are their just due in a relationship:

> Specifically, I can't count the number of times I've read, from various MRA types, that, in return for beta-style material provision / a roof over their heads / a father for their children / etc, they deserve a slender, trim nymphet-o-matic.
>
> That's not how it works.
>
> What these guys fail to realize — probably because most of them are the type that has never been on the receiving end of intense attraction — is that attraction and economics are orthogonal.
>
> Economically:
> I provide the material goods and the father-figure role, she provides the housework, cooking, mothering, childbirth, etc. I take care of the financial shit, you fix the computers.
> Etc. etc.
> You scratch my back, I scratch yours.
> Admittedly, feminism has fucked with this part of the equation, especially with couples who are so foolhardy as to outfit a kitchen with 2 refrigerators and no sink (i.e., two breadwinners and no helpmeet).
>
> In terms of attraction:
> I provide the alpha, she provides the hot physically fit nymph-o-matic.
> This is still how things work; feminism hasn't touched this equation with a fourteen-foot pole, and probably can't since it's too biologically hardwired.
>
> The MRAs' problem arises when they feel entitled to the attraction-side goods, even though they are only

> bartering with the economic-side goods.
>
> The women's problem (not just feminists' problem, although that's the ultimate origin) arises when they feel entitled to the economic-side goods, even though they are only bartering with the attraction-side goods (and that only temporarily).
>
> The situation is in fact more symmetrical than many in this sphere would like to think.

That was an excellent breakdown on how Feminist social engineering corrupted the complementary gender roles of traditional Patriarchy. The entitlement mentality corrupts everybody that internalizes it, men and women alike.

Finally, no review of Roissy commenters would be complete without getting to the most amusing commenter to arrive at the Chateau recently, the estimable GreatBooksForMen...llolzlozlzolz!

This guy has found the most annoying, but simplified way of explaining the NWO conspiracy theory in teenager styled txt lingo. Many people get annoyed with him, and they repeatedly ask Roissy to ban him. They don't realize that there is a method to his apparent madness.

"yah dude rights nbow i am soo far ahead of america that i needs 2 repeat myself a bit until everything gets caught up."

Within reading his first 5 or so posts when he first arrived at the Chateau, I got this immediately...of course, I'm well read in everything he refers to in his disjointed rambles.

Eventually, some people try to understand just what the hell GBFM is talking about with all of his references to fiat currency, neo-con butthex, etc. and how it all corrupts America. Than he drops the knowledge, by quoting Mises.org:

> "The linkage between character and money has everything to do with self-ownership. Aside from one's body, the most personal property one may possess is the fruit of one's labor. In a capitalist society, typically, this labor gets rewarded in the form of money — a paycheck. Hence, a person's sense of value and self-worth is significantly influenced by how society values his labor — with money not only being that most personal asset, but also being the measuring rod. In days gone by, an individual developed character by learning that an honest day's work would be rewarded with honest money (i.e., gold). Never has there been a more stable measure of value than gold.
>
> In 1913, at the behest of the richest and most powerful banking elites in the world, an agent of social decay was established in the United States. Indeed, the Federal Reserve was founded. The stabilizing influence of gold money, gradually, was replaced by government fiat. Consequently, the character of Americans depreciated in lockstep with its fiat currency.

With his spastic act, he no doubt has gotten more than a few people to at least begin to look into just what the hell he's rambling on about with his constant references to fiat currency, the Federal Reserve and how the banksters have financed the social engineering of our feminist-warped society betwixt all the gratuitous typos and references

to neo-con butthex.

lolzlzolzolzolzz!

Feminism and the S.A.D.

Keoni Galt · 27 May 2010 · Archived copy · Original

From the SpearheadFiles
May 27, 2010



(NOTE – This is not a review or a fisking of Orbach's book…but it is an attempt to point out that FAT is most certainly a Feminist issue – just not in the way Orbach thinks…)

The connection between feminism and the Standard American Diet (appropriately referred to as S.A.D.), may not seem apparent to most. Bear with me in this rather long piece, as I belabor to make the point in showing this connection, and how it's contributed to so much ill health in America today.

Laura Wood, The Thinking Housewife, wrote a short post in which she quoted a Salon.com feminist's reaction to a great article by Michael Pollen in the New York Review of Book, The Food Movement, Rising.

The feminist's complaint?

> *Michael Pollan blames the movement for our fast-food culture. What about untold men who've never tied on an apron?*

Laura Wood responded to the feminists complaint humorously:

> *Men have been doing nothing all these years while women slaved away in the kitchen. Here's an all-points bulletin: Do not accept a dinner invitation from anyone named Anna Clark. Unless you like chicken nuggets.*

While I found Laura's quip in response hilarious, these two articles have a lot more content worthy of

consideration. Pollan's first mention of how the feminist movement changed the food culture of America was to tie it to the rise of fast food:

> *Besides drawing women into the work force, falling wages made fast food both cheap to produce and a welcome, if not indispensable, option for pinched and harried families.*

Of course it did. Women who chase the chimera of "having it all" live in denial of the fact that their are only so many hours in a day, and when you invest your time in one area - like your career - you simply don't have the time to dedicate to the other areas of your life, like homemaking and cooking. This is common sense. Than again, no one would accuse feminists for having an abundance of that particular virtue...

Many anti-feminists correctly recognize that feminist ideology is essentially a cult-like belief with articles of faith that are accepted at face value without question...and if any facts or evidence is presented that contradicts a feminist tenet, than the facts or evidence must surely be wrong, falsified, or just not relevant. The standard method of dealing with the cognitive dissonance of reality contradicting feminist doctrine is to simply shift the focus of debate.

Note the Salon feminist Anna Clark is a self-described fan of Pollan's work:

> *I'm a fan of the journalist who has become the food movement's top chronicler. I pass on copies of "The Omnivore's Dilemma" and "An Eater's Manifesto" like it's my job. I social network the living daylights out of Pollan's articles.*

That is of course until Pollan dares to skewer one of Anna's sacred cows...note her reaction:

> *So while reading Pollan's latest piece in The New York Review of Books, I was nodding along as he articulated how the local food culture manifests the good kind of movement fragmentation -- threading together diverse interests to create a powerful force. I was nodding, at least, until I got to the part where he discusses Janet A. Flammang's new book, "The Taste of Civilization: Food, Politics, and Civil Society." Pollan writes:*
>
> > *"In a challenge to second-wave feminists who urged women to get out of the kitchen, Flammang suggests that by denigrating "foodwork" -- everything involved in putting meals on the family table -- we have unthinkingly wrecked one of the nurseries of democracy: the family meal."*
>
> *Pollan chooses not to challenge the assertion that second-wave feminists are responsible for "wrecking one of the nurseries of democracy" because they urged women to explore possibilities outside of cooking the family meal. Nor does Pollan question the notion that feminists are to blame for "urging" women to leave the kitchen, when one might imagine that those who left the aprons behind were thinking beings who made their own choice to leave, regardless of the persuasions of feminists and family alike.*

Now why would he challenge or question those assertions? The second-wave feminists did in fact demean the role of the American housewife...this is indisputable. And is it really a stretch to say that cooking and feeding the family was one of the primary chores the housewife role entailed, for which the feminists so bitterly attacked? The famous

feminist description of the domain of the housewife in her domicile as a "comfortable concentration camp" comes to mind...

Note that instead of recognizing the truth of Pollan's indictment, Anna does what all lefty femi-nazis do when confronted with the truth - blame men!

> *My take, as a feminist and local foodie? Blaming feminism for luring women out of the kitchen, stealing the ritual of the family meal, and thereby diminishing "one of the nurseries of democracy" is both simplistic and ridiculous. It's true that shared meals are powerful spaces for building relationships and "the habits of civility." But if we're going to talk about who's to blame for our current culture of processed food, why not blame untold generations of men for not getting into the kitchen, especially given Pollan's characterization of the family meal as having a meaningful role in cultivating democracy? If it's so important, why is their absence excusable?*

Because those "untold generations of men" were out working to earn the money to pay for the house and the appliances and the food that the women were cooking for the family to eat, you deluded dolt! Feminism preached that women should get out of their "concentration camps" and get into the workforce and compete with the men...equality bayyybbeee!

This didn't result in the mass exchanging of gender roles...it just made life harder and more difficult for *both* men and women. But I digress...

Pollan concluded his article with some points I wish to expand upon:

> *...perhaps the food movement's strongest claim on public attention today is the fact that the American diet of highly processed food laced with added fats and sugars is responsible for the epidemic of chronic diseases that threatens to bankrupt the health care system. The Centers for Disease Control estimates that fully three quarters of US health care spending goes to treat chronic diseases, most of which are preventable and linked to diet: heart disease, stroke, type 2 diabetes, and at least a third of all cancers. The health care crisis probably cannot be addressed without addressing the catastrophe of the American diet, and that diet is the direct (even if unintended) result of the way that our agriculture and food industries have been organized.*

As I've covered before, there is an almost synergistic relationship between feminism and the industrialization of our food supply. The industrialization of the food supply was every bit as important for the cultural-Marxist, social engineers that carried out the long march through western institutions, as was the advent of feminist ideology to subvert and destroy the Patriarchal nuclear family. The two have gone hand in hand, and we've all suffered for it in both our physical, spiritual and mental health...it literally affects every area of our modern lives.

That being said, I have a small bone to pick with Pollan's conclusion:

> *the American diet of highly processed food laced with added fats and sugars is responsible for the epidemic of chronic diseases that threatens to bankrupt the health care system.*

While this is technically correct, the distinction between the *types* of fats that are added has a lot to do with it as well. This topic is fast becoming a pet peeve of mine, as I notice so many people that regurgitate the lipid hypothesis-based memes regarding "fat" as the primary culprit in causing heart disease.

Not all fats are equal.

More precisely, one of the primary contributors to ill health is the ratio of Omega-6 and Omega-3 fatty acids in your bodies cells...and the Standard American Diet contributes to a massive imbalance in the average person, with way too much Omega-6 fatty acids and not enough Omega-3's. This is why you sometimes hear about the need for eating more fish from some health "experts," to increase your Omega-3 intake.

What most people don't know, is that eating more fish won't make a bit of difference in your Omega-6 to Omega-3 ratio if your diet is still heavy in Omega-6 fatty acids...and the S.A.D. which is largely composed of the Federally subsidized grain and seed oil crops is THE single biggest source of Omega-6 in the S.A.D.

So why do the health "experts" always talk about fish as the necessary food to boost your Omega-3 levels?

One scientific researcher, Susan Allport, did extensive research into the differences between Omega-3 and Omega-6's and the role they play in human health. She wrote a book entitled The Queen of Fats: Why Omega-3s Were Removed from the Western Diet and What We Can Do to Replace Them.

While I've yet to read this book, I've read an excellent interview (pdf) she conducted in promotion of this book, in which she gave some eye opening insight into the topic.

First, she discussed the major difference between these two essential fatty acids and why they are related to our biology and the changing of the seasons:

> *We finally began to understand that the **omega-3s are predominantly concentrated in the green leaves of plants** and the **omega-6s are concentrated in the seeds of plants**, and that basically what we're talking about here is two families of fats that allow us animals to prepare for the changing seasons, to either speed up, get ready for times of activity and reproduction when green leaves are available and abundant — or to slow down, hunker down, get ready for times of survival — when the fats of seeds are more prevalent.*
>
> *It's really a cool system. Plants use the changing light as the Earth makes its orbit around the sun — they adapt to the changing light, and then we adapt to the change in plant food. It really is an amazing thing, but it's not generally understood. We just think, oh, we'll eat this food, if we eat enough fish we'll be healthy. There is a much bigger story than just how much fish we need to eat, or which seed oils to eat.*

Two important points regarding the distinction between the two - your not going to get enough of the Omega-3 you need by eating a bunch of leafy plants. This is where animal foods play an important role in getting enough Omega-3 in your diet. To put it succinctly - in plant form, Omega-3 fatty acids are largely in the form of ALA -- alphalinioleic acid -- for which the human body's digestive system is very poor in using. Our bodies need docosahexaenoic acid and eicosapentaenoic acid...aka EPA and DHA.

While the human digestive system doesn't do a good job of converting ALA into the needed DHA and EPA that we need (it will do it somewhat...but nowhere near as much as we require), other animals are very good at it...cows eating grass (the leafy greens rich in ALA) and convert it into DHA and EPA and store it in their meat and fat. This is precisely why free range, pastured cows (and other ruminants like buffalo) contain Omega-3 fatty acids while the feedlot produced meat and dairy contains almost none.

Feedlot ruminants are predominantly fed o6-rich grains. Same goes for factory farmed chickens and pork. The

quality of food products that come from animals raised on feedlots versus open pasture is affected dramatically.

From The Health Benefits of Grass Farming.

> *When cattle are taken off grass and shipped to a feedlot to be fattened on grain, they lose their valuable store of LNA as well as two other types of omega-3 fatty acids, EPA and DHA. Each day that an animal spends in the feedlot, its supply of omega-3s is diminished.*
>
> *When chickens are housed indoors and deprived of greens, their meat and eggs also become artificially low in omega-3s.*
>
> *Eggs from pastured hens can contain as much as 20 times more omega-3s than eggs from factory hens.*
>
> *Switching our livestock from their natural diet of grass to large amounts of grain is one of the reasons our modern diet is deficient in these essential fats. It has been estimated that only 40 percent of Americans consume a sufficient supply of these nutrients. Twenty percent have levels so low that they cannot be detected.11 Switching to grass fed animal products is one way to restore this vital nutrient to your diet.*
>
> *The CLA Bonus: The meat and milk from grass fed ruminants are the richest known source of another type of good fat called "conjugated linoleic acid" or CLA. When ruminants are raised on fresh pasture alone, their milk and meat contain as much as five times more CLA than products from animals fed conventional diets*

This is why we are told to eat more fish (but not too much...mercury poisoning!), or to take fish oil pills to boost our Omega-3 intake. It's not because fish are the only source...just the only source left in the S.A.D. that still eats leafy greens at the base of their food chain. (Which, of course, brings to mind the difference between farmed fish versus wild caught fish...).

As Allport noted:

> *All the omega-3s in seafood come originally from plants. Fish are so important to us because they're one of the last animals in our food supply that still eat greens. That is one of the reasons why fish have become so important.*
>
> *Another is that because they live in water, they require more of those omega-3s in their tissues in order to move around in that much colder environment, under pressure. So they require omega-3s in their diet, and because we now feed the majority of our animals grains instead of grasses, they're one of the last animals we're eating in any kind of quantity that eats greens.*
>
> *Eating fish is one way to correct this imbalance of 6s and 3s in our food supply. But it's not the only way, and it is not the best way. We have to eat 10 times as much fish to get a really healthy balance of those two families of essential fats is we would if we were eating healthy amounts of the omega-6s. If our omega-6s were at healthy levels, we would need just tiny amounts of fish or omega-3 enriched eggs or cattle that have been raised on grass.*

So we now understand why American diets are so deficient in Omega-3's...because most of our meat and dairy comes from animals fed Omega-6-rich grains. Why is the ratio between Omega-6 and Omega-3 so important anyways? Allport explains:

> *These two families of fats compete for enzymes, for positions in our cell membranes, which don't care whether they get loaded up with omega-6s or omega-3s. They don't care for a reason — because they're built that way so that they can change with the changing seasons and the changing food supply. They're meant to go through these seasonal changes, slight seasonal changes. The reason we've run into problems is because* ***we eat this high omega 6 diet year round.***

So we know why the S.A.D. doesn't have enough Omega-3 in it because of the Omega-6 rich feed for our food animals...but that's not the only reason why we the S.A.D. has such a dramatic imbalance in Omega-6 vs. Omega-3's. Thanks to the marketing efforts of agricultural corporations and their incestuous relationship with the US Government to promote propaganda like the USDA food pyramid and the whole "saturated fat causes high cholesterol which causes heart disease" meme, Americans began shying away from animal fats and began using o6 rich vegetable oils instead.

> *From the vegetable oils that have replaced butter and lard, from other fats in our diet, from the processed and packaged foods that use vegetable oils as a convenient and inexpensive fat, from the process of partial hydrogenation, which specifically eliminates omega-3s, turning them into 6s as well as trans-fats, from the fact that our livestock are no longer fed grass and other greens but are fed grains, which are much richer in the omega-6s. . . . I don't know how many ways! We wouldn't need to eat as much fish if we'd stop eating those high omega-6 vegetable oils.*

So what vegetable oils specifically? Corn, soy, sunflower, safflower, peanut, cottonseed and canola are typically the most widely used oils in the SAD. Not only is most manufactured, processed junk food made with these oils, but so too are most fare cooked in restaurants (fast food and slow food alike), and many Americans have also responded to the USDA/Pharmaceutical industry propaganda by substituting "non-fat' and "low-fat" cooking oils and margarine instead of the traditional oils like butter and lard in their own cooking.

So what specifically are the long term effects of having an Omega-6 rich diet year round? Remember Allport's initial explanation regarding the seasonal role of these two essential fatty acids: Omega-3's are kind of like a lubricant, meant to get things flowing and operating at a higher metabolism on a cellular level - which is why fish living in cold, dark water are so dependent on Omega-3's to move about - while Omega-6's slow down your metabolism, and promote inflammation. It's this overabundance of Omega-6 that contributes to inflammation on a cellular level. Over a long period of time, this inflammatory condition begins to contribute to a whole host of degenerative diseases. Allport expands on this, here:

> *Remember, we're talking about every cell in the body — and we're talking about these fatty acids first winding up in the cell membrane, every cell, which is why every day you see a new disease that's being linked to this imbalance.*
>
> *The last one I saw was Parkinson's disease. I've seen recent reports on autism, obesity, Type 2 diabetes, macular degeneration, all of those. OK, so you're picturing every cell, and every cell likes a certain amount of polyunsaturate in it,*
> *and that's what keeps it moving optimally, right? But that amount can be made up either of omega-3 or omega-6 fats, so it's got that discretion, which is meant to work with the changing seasons.*
>
> *The rest of the fats in those cell membranes will be fats of the saturated and the monounsaturated families. Those*

> *are fats that we make ourselves, depending on what we need. So, given anything that we eat, we can make whatever saturated and monounsaturated fats we need, but the polyunsaturated fats we need have to come from the diet, and each different cell type is going to want a slightly different ratio of polyunsaturated than the others, but the family that it comes from depends upon what you're eating.*

As detailed earlier, we know what kind of polyunsaturated fatty acids predominates in the S.A.D....Omega-6.

And this effect of having way too much Omega-6 and not enough Omega-3 in the body?

> *Let's say that omega-6s are a little stiffer, and omega-3s are a little looser. That looseness enables all those enzymes in the membrane — and that's where most enzymes live, in cell membranes — it enables them to go about their business that much faster. You can imagine it is kind of a WD-40 for the entire body, or you can think about doing jumping jacks in the air versus doing them in a thicker medium like water — that's what the difference is. You have this slowing-down effect when the omega-6s have replaced the omega-3s, and that fits in with that hunkering down for times of leanness and survival. You're putting on weight, and you're slowing down.*

> *These two families have different overarching effects. They are also snipped out of the membrane and used to make important cell messengers called prostaglandins. The first thing that we knew about these two families of fats was the fact that they made very different cell messengers. The ones made from the omega-6s are highly inflammatory, highly likely to promote blood clotting or increased blood pressure — they affect all kinds of bodily processes linked to diseases such as heart disease, obesity and diabetes. The omega-3 messengers are far less likely to promote inflammation.*

So remember this the next time you read, see or hear someone blaming high fructose corn syrup for the American obesity epidemic. Yes, HFCS definitely contributes...but it's not the only thing behind the epidemic of obesity, diabetes and heart disease. You have to factor in the chronic inflammation caused by too much Omega-6 in the S.A.D. America's too fat, because we eat too much sugar AND too much inflammatory Omega-6 fatty acids.

And of course, lets not forget the pivotal role the feminist movement had in creating the society wide demand for fast and convenient foods, which have now become the mainstay of the S.A.D. Since Feminism was one of the primary cultural and political drivers of promoting the types of foods that promote Omega-6 fatty acid imbalance in our diet, one could say that feminism has certainly been inflammatory in more ways than one.

Notable Commentary from the Original Post

Velocity May 27, 2010 at 16:10:

Wow. I hadn't ever made the link from the SAD to feminism. Interesting argument.

And an excellent breakdown of the omega-6/omega-3 discrepancy. Something to remember is that the optimal ratio for health of omega-6/omega-3 fatty acids in the body is somewhere in the neighborhood of 4:1. The problem is that in the SAD, that ratio balloons to 20:1, even as high as 40:1. It's insane.

Zammo May 27, 2010 at 16:40: Zammo May 27, 2010 at 16:40

With feminism came the rejection of the traditional role of woman as preparer of food, this much is clear.

That the processed food industry moved to fill in the void with such remarkably unhealthy cuisine is less well known.

With such convenient – yet unhealthy – food available, we all got fat. Women, in particular, got supersized. But rather than confront the basics of our dietary changes and address the problem with hard work and commitment, a parallel meme has developed within feminism: fat acceptance.

Fat acceptance is certainly a feminist issue because it scores on two fronts –shaming men into desiring overweight women and not having to take personal responsibility for one's health. Fat acceptance can also score a feminist hat trick with a healthy dose of victim-status. "I'm fat because I was coerced into eating unhealthy processed food."

3DShooter May 27, 2010 at 17:59

@HL

"Because those "untold generations of men" were out working to earn the money to pay for the house and the appliances and the food that the women were cooking for the family to eat, you deluded dolt! Feminism preached that women should get out of their "concentration camps" and get into the workforce and compete with the men…equality bayyybbeee!"

Very true. These feminist women didn't appreciate the privileges they were being given.

Personally, I have come to enjoy cooking. There is nothing like sharing a good meal with friends and family. I eat a lot better and healthier now than I ever did when married. One gal I dated for awhile didn't cook at all – everything came out of a box. Her kid gorged himself when he sat down for a home cooked traditional Thanksgiving meal – you'd have thought the poor kid was starving to death.

Carnivore May 27, 2010 at 19:01:

Great article HL! Interesting tie-in to feminism. Yeah, it's this convenience stuff, because the princess is too busy with her high powered career in order to cook a decent meal. The sad part is the stay at home moms who have the desire and take the time to cook a decent meal – because they want to do good by their families – but end up using the shitty ingredients from the grocery store because they don't know any better.

I already made the switch to grass fed beef, pastured chicken and eggs from same and raw milk. Also cut out all grains and eat my vegetables raw, for the most part. This does cause problems (related to the other thread) about prepping and storing food for survival. The canned and processed stuff stores for a long time without spoiling. But, when it comes down to starving or not, standards will have to be lowered.

Big Jay May 27, 2010 at 19:05:

I used to be a trail guide for one of those survival, live out in the desert camps for delinquent teenagers (Anasazi

Foundation). We hiked around, built fire by rubbing sticks together etc… and we cooked our very unrefined foods in a pint sized stainless steel cup with a handle, and ate it with a spoon we had to carve ourselves. I quickly learned that the boys groups were much better cooks than girls groups. Boys would share information with each other, and accept feedback and learn. Girls wouldn't. I'd try sharing information with particular girls "the whole wheat macaroni is nasty, but if you chew up a couple of sun-dried tomatoes and spit them into the boiling macaroni it infuses them with a better flavor, then you can add some of your powdered cheese, then if you add onion and garlic and use your imagination it almost tastes like lasagna!" Pretty consistently I'd get a withering look that said — I'm not stupid, I know how to cook. — Information that would fall on deaf ears in a girls group would be immediately tested and evaluated in a boys group.

I had concluded that the boys groups just wanted the food to taste good, and they thought of cooking as a fun thing to do. The girls thought of the cooking as a 'chore', and didn't approach it with any degree of enthusiasm. (female staff was different, they would share information and were good at cooking the food)

I hadn't considered that second wave feminism encouraged women to shame each other, and downplay the importance of these kinds of domestic skills. But that is exactly right. The girls groups on the trail would sometimes shame each other about stuff like this. How lame.

randian May 27, 2010 at 21:31:

One of the contributors to obesity and bad health is, in my opinion, the omnipresent push for vegetarianism and its alleged ethical superiority. Most vegetarians are, in my experience, female. Vegetarian diets tend to be very high carbohydrate diets, especially for those vegetarians who won't eat eggs, milk, or cheese. For them, nearly all the fat they consume is high-omega-6 seed oils from soybeans or rapeseed (the most popular fats in things like salad dressings). I figure the reason men resist it because they listen when their bodies tell them they need meat fats, whereas women in my experience are much more likely to turn personal things like diet into political statements (leftist ones, naturally).

PhakeNaim May 27, 2010 at 23:09:

When I was 23 the doctor wanted to put me on high blood pressure medication, I was also coming down with asthma. So, I believed what he told me and tried taking some pills and used the inhaler for about a month. Then I thought to myself, I'm too fucking young for this crap. What the hell is wrong with me?

I stopped using the inhaler and blood pressure pills after a couple weeks of feeling like I was a sick elderly person. I took stock of my life:

Exercise habits: poor

eating habits: poor

sedentary lifestyle: CHECK

It's been a long road the last 5 years, but slowly I've learned by trial and error what to do to take care of MYSELF. The doctors just wanted to mask the symptoms, they didn't offer any advice for getting to the root cause, they just wanted to make money off me. And that's my view of doctors to this very day. THEY'RE NOTHING BUT DRUG SALESMAN/DEALERS.

My cure for all that:

weekly regimen of pushups and chinups.

Bike ride twice a week with hills included.

Try to eat 5-9 servings of fruit/vegetables daily.

Don't eat anything out of a box, can, or drive through window.

I try to cover all my bases. I put flax seeds in my oatmeal every day, I eat fish several times a week. Before I probably had NO Omega 3 fat in my diet.

I'm big on Cauliflower, Oranges, Carrots, Berries, Nuts, Whole Grains, and Lean Protein like fish and chicken.

No more blood pressure pills at age 23, no more asthma inhaler. (I contribute adding lots more Vitamin C to my diet as the reason for holding my asthma at bay).

28 years old now, feel and look much better than I did 5 years ago.

PhakeNaim May 27, 2010 at 23:18:

Oh, I still can't cook worth shit though :-)

I just bake my fish and throw seasoning on top of it. And I steam vegetables like Cauliflower or broccoli. Sure, it's a little bland. But all the fiber is filling and it relieves the hunger pangs.

I've learned that if you only eat refined, processed foods, you're never, ever fully satisfied. You're always hungry because those foods aren't filling in any way. All the vitamins were added into the processed foods to make them LOOK more healthy.

Real, whole foods, unprocessed, are what the body craves. You get full on less of it because they're naturally filled with vitamins, lots of fiber, minerals, and whatever.

I could eat chips and cereal and junk food all day, but I'd still feel tired, depressed, hungry, and unsatisfied.

Keoni Galt May 27, 2010 at 23:31:

"I just bake my fish and throw seasoning on top of it. And I steam vegetables like Cauliflower or broccoli. Sure, it's a little bland. But all the fiber is filling and it relieves the hunger pangs."

This is where understanding that the entire "saturated fats is bad for you" garbage is such a huge deal.

Try mixing in grade A butter and a bit of freshly ground sea salt in with your steamed vegetables. Voila…not bland!

Also, what many people also don't realize, is that much of the vital nutrients in our foods are fat soluble…which means that when you drench your vegetables in butter or some other healthy fat, as you chew your food, the vitamin

content is absorbed by the fat — which is than much more easily absorbed by your body! Same goes for salad dressing.

The problem with salad dressings is that most are made with the Omega 6 rich vegetable oils. Make your own with extra virgin olive oil and some vinegar. I also make salad dressing using extra virgin (expellar pressed) macadamia and walnut oils.

Contrary to conventional wisdom, it's far better to eat healthy fats with your vegetables than to eat them raw!

Oh, and don't worry about "lean" meats as much as where the meats come from – grass fed beef/buffalo/chicken/pork will naturally be leaner. If you're buying such meats, you have NOTHING to worry about in eating the fat from naturally raised animals…i.e. chicken skin, pork fat, fatty cuts like bacon,etc. Eat it all up with gusto!

Remember, animals raised on their natural diets store all of the healthy nutrients (like the Omega 3's and CLA etc.) in their fat cells…you're actually losing nutrients if you trim the fat, throw out the skin, etc.

There's a reason why the old saying was to "live off the fat of the land." That's because it's only been in the last few decades that "fat" has been demonized so as to promote the sale of "low-fat" and "non-fat" processed foods and oils.

TrollKing May 28, 2010 at 00:24:

Wow. Amazing article. Im actually going to have to re-read this and pick through it and do some googling to edumicate myself. This pissed me off though:

Besides drawing women into the work force, falling wages made fast food both cheap to produce and a welcome, if not indispensable, option for pinched and harried families.

I realized a couple years ago that I would be around 3 inches taller if my mother had actually cooked during my childhood. My dad always cooked. He wasn't around much though. My mom never cooked. I have seen her bake bread, in a bread machine, a total of two times in my 27 yrs on this planet.

There was a time when I slept in my mothers office, under the desk, cause my parent couldn't make the house payments. If it weren't for my grandmother I might have actually starved to death. My mother, and fathers, idea of breakfast was pooring some cheerio O's into a zip lock bag and handing it to me. I remember my baby sitter screaming at me cause my parents didn't know how to make breakfast. My parent was never around.

Even when I lived with both of them, thanks feminists for the dual working family. When there wasn't fast food, I learned how to cook. I became good at it, cause we all have to eat. Its amazing what you can make with a couple of cans of beans, some noodles, tomatoe paste and ranch dressing…Just kidding, not really. There were too many times growin up when I simply didn't have the usual 10-20 bucks left on the kitchen table and the fridge was empty. Most of the time my grandmother, a real old school woman, would show up with bags full of mcdonalds or kfc or taco bell. It was better than going hungry, and was one of the few times in my life that I actually felt cared for, loved. I miss my grandmother, she's still alive, but she has dementia. She can't remember what I said five minutes ago, but she remembers what her classmates said 70 years ago. Women havn't changed. They never will. There are a few good one, like my grandmother but they sometimes give birth to bad ones like my mother.

I grew up thinking I was upper middle class because my parents have degrees. It wasn't until I hung out with upper-middle class kids that I realized how poor I was growing up. My mom has a degree in physics and in law, patent law. My dad has three degrees in physics related materials and is also a doctor and got another degree several years back. Both of my parents are very educated, but also very dumb. My mom is a radical feminist and my dad a complete beta.

I am a high school drop out. I went to rehab instead of prom. My younger brother is working on his masters and im still working on my bachelors. There is another aspect here. A painful one. My brother looks like my father. I don't. My whole life women have pointed out to me how my brother doesn't look like me, usually with a strange smirk or expression of bewilderment on their faces. Then there is the fact that everyone in my family wears glasses, except me. I have perfect vision. BUT literally every member of my family, even my uncles and aunts, wear glasses. My mother, brother, father and every other member has four eyes. Also my brother has almost no leg hair or facial hair, just like my dad. I don't think either of them could even grow a full beard. My brother has actually never tried. At 25 he grows lil patches around his face. I have been shaving since 12. I shave in the morning and by noon I have a 5 o'clock shadow. My brother has all sorts of heart related and blood pressure related problems that my dad also has. I have have none. I am either the luckiest, and unluckiest, person to hit the gene expression branch on my way tumbling through the ugly tree of life or female hypergamy is responsible. I need to get a dna test. I just don't want to know the truth. I am confronted with too much truth already. I don't know if I can handle it. God Damn I hate female nature. Ok Rant over.

I will have new posts up within the day, I might even force(or just spam) welmer until he publishes my posts. Or I can force you to read my rants. ;)

Or you can have some more:

I went home to a empty house. Hell, I remember being the last kid picked up from school. At the time my mom worked from home and she still couldn't manage to drive 2.5 miles down the road and pick me up from school on time.

I remember in elementary school, technically 5th grade but the school was undergoing constructin and we had classes of about 250 students for almost two years. I remember being the last kid picked up from school. I still remember this nice, female teacher, worrying whether or not I would be ok if she left me and my younger brother alone. She had to leave to pick up her own children. My mom was over four hours late picking me up, I had called her numerous times. School got out at 3:00 pm and she couldn't find five minutes to drive 2.5 miles and pick me up before 5, 6 or at this time 7 pm. Then 20 minutes later this kid, from a single mother household, who thought of himself(in 5th grade) as a thug and gangster came up to me and placed a knife against my throat. He took five dollars out of my pocket. This is one reason(jabberwocky) that I started walking down the streat, a lil less than a mile, to the comic book shop and I would hang out there. That's when I learned that I can't count on anyone. Not even my own mother.

Over the next couple of years, from 5th grade to 7th grade I didn't have too many problems. But in 8th grade I moved with my mom and lived in egypt. I had AK 47s placed in my face on a daily basis, but the egyptian farmers who were drafted into the military police were usually really cool. It was mainly when I moved back to the US to live with my dad that cops began to harass and harm me. They only care about females, they do not protect males. Then there were the other thugs. The ones carrying guns in HS and I only carried a knife. At 5′6″ and 110 pounds in 10th, 11th grade, nobody fucked with me, for the most part, cause I had a look. After years of running around on the streets of egypt and europe(I have travelled by myself since I was 10 yrs old, thanks again mom) I had guns pointed in my face. I had my ass kicked because I was american or because I fucked an egyptian girl and her boyfriend didn't like it. Hell police liked fucking with me for no reason.

Feminism has caused the loss of an uncountable amount of potential male hours of life and creation. Men create civilization. Women create society.

Women seem to like to destroy men, especially their spirit. Hell, They like to do this to women too. They even call it 'Soul Murder'.

crella May 28, 2010 at 00:28:

"Now I'm beginning to see why women might be so addicted to perfection. They have a lot to live up to – a couple of thousand years of art history, and a couple of thousand airbrushed boobs and bums to deal with every week."

No, they're trying to outdo every woman they know. Like they're thinking about 'a couple of thousand years of art history' when they look in the mirror…believe me, it's nothing that deep. It's competitiveness and one-upmanship. A really stupid way to spend your life. The only way to look like Madonna is to be born Madonna. Period. What's best for your frame and body type should be 'it', not trying to look like a model. Do women really consciously compare themselves to models on a daily basis, or is it all in Ms.Wolf's mind?

TrollKing May 28, 2010 at 00:56:

Also, Hawaiian Libertarian and welmer and any other person here at the SpearHead. Would you like to publish something on my blog. Your trollking would be honored if you would appear in his court. Hawaii would you like to publish this same post on my blog, maybe with a 101 intro into some of the more esoteric aspects. With all due respect, (notice that I said that), if you don't I will just post your stuff on my blogsite anyways. The Troll King will be heard. So will his subjects.

Keoni Galt May 28, 2010 at 01:12:

LOL! Post away….I don't care.

I blog for the love of writing…to clarify and organize my own thought process…and to try to share with others the things I think I've figured out. I don't do it for money, fame or recognition. Post anything I write at your own blog freely.

I don't care.

Your personal story is quite illuminating. Yet another testimonial as to how Feminism has fucked up so many lives.

I too would probably be taller, and not had some of the health problems I've had growing up, if I had a balanced diet instead of the S.A.D. I was raised on.

I'm betting my own kids will grow to be taller, stronger and smarter than myself…only because I know better on what to feed them than how my own parents fed me.

TrollKing May 28, 2010 at 01:57:

Well, my offer is still open. You can send me anything, in the email, and I will probably publish it on my blog. Almost certainly. Anyone can submit. Just email me.

Yes, Feminism has fucked up my life. Infact, I would say it fucked up my mothers life more. Men are adaptable. I always have been, but then again maybe that is why I didn't put a shotgun in my mouth like my buddy brad did. Or daniel. Or Tony(he hung himself). Or jake(he purposely overdosed) or many of my fallen brethren.

Remember that I have never been married, or had children. I could die tomorrow and nobody would really miss me. My parents would go through the motions, maybe they would even shed a few tears. Maybe some people I havn't talked to in years would come to my funeral. Just like friends of friends came to brads funeral. Or daniels. They forgot him the next day. Am I the only one that finds this fucked up? You can go to any bar and ask a woman about anna nicole smith and most women can tell you more than I can. They can't however remember the males who dropped dead around them throughout their high school years.

Hell, this isn't limited to females. I don't remember the names, or even the faces, of three girls that were cheerleaders who died in a drunk driving accident my 11th grade year in HS. I do however remember them. What I find really apalling is that I meet woman after woman and when I bring up male suicide they suddenly flash back to some dude they knew in school or someone who was a friend of a friend. Then five minutes later they have forgotten all about it. I don't forget. I simply have trouble adding up the number of peolple I knew at the age of 25 who were dead. I havn't made any new friends in two years for this simple reason. Im tired of people dying around me.

PhakeNaim May 28, 2010 at 09:08:

My desire for women was already pretty low before I started coming here and reading these posts. After reading what TrollKing wrote and everything else, it's practically non-existent now.

The thing is, earlier this week I called up a girl I used to know at work. She's a 36 year old virgin, never married, probably never had any relationships. (You'd think I'd struck gold, right?) Unfortunately I suspect, and have been told, that she has a mild case of Asperger Syndrome. To put it succinctly, she doesn't interact and socialize with other people easily and she doesn't pick up on subtle nuances quite well I don't think. Not to mention she isn't remotely attractive to me, which is probably 80% of her problem with men right there. I mean, I'd be totally willing to overlook certain failings in her personality if she was at least good looking to me. But that wasn't the case. She is a caring person though to her credit.

Anyway, in a moment of sad desperation (plus the fact she asked me out once) I decided to call her up and see what she was doing. We talked, and I sort of made plans to take her out to get ice cream together. Well, after sleeping on it, I decided the next morning to not take her out. I realized waking up that morning, after stewing all night whether or not I should take things any further with this girl, that life would simply be more harmonious if I was alone. In fact, life without any relationships would be better for my mental health. (Thank you, women).

To make a long story short, I came up with an excuse that I was busy (didn't want to hurt her feelings) and canceled on her. She said I could call her up any time I felt like doing something with her. I couldn't really tell how she felt while listening to her on the phone, she seemed to take it well when I said I couldn't do anything with her. Who knows, maybe she felt relief just like I did. I know she was attracted to me because once she told me I was in one of her dreams without my clothes on.

But getting back to my epiphany, it was when I woke up that morning that I realized, it would be unfair to her and myself to try and create a relationship where ZERO attraction exists. I felt nothing for her. I would've just been using her. And for what? To relieve my own loneliness? To make just ME feel better? What about her feelings, did I want to make her feel better? Could I ever truly love her? Obviously not without being physically attracted to her. To try and force myself to love her and want her would be a lie.

And there's my whole dilemma. For me, the thing that got this ball of wax rolling was because I read Lori Gottlieb's article entitled "Marry Him." In short, it's about settling for a man you don't really love. It's nothing more than an article declaring that in women's best interest, it's better to have a husband you don't really care about, than to have none at all. Yay, don't us men all feel loved now?

Let me tell you, I tried out her advice (stupid me) and attempted to settle for one measly date with I girl I wasn't attracted to, and the next morning I woke up with a guilty conscience and a feeling of shame. I felt trapped by what I instigated and now I needed to bring it to a swift end. Never, and I repeat, never am I going to settle for a woman I'm not attracted to. Period. It's a lie. You're using people when you SETTLE. And you're being selfish.

Lorri Gotlieb should be ashamed of herself. Imagine if a man wrote that book, he'd probably get tarred and feathered.

Now, I'm not going to say that all women are like Lori Gotlieb. Obviously the ones with the least bit of sympathy for men's feelings will completely disregard her "advice" and won't settle for just any man. I certainly wouldn't want to be "settled" for.

Now, getting back to what I said earlier. I have given up on the hope of finding a woman. And at this point, I don't think sex would be worth living in close proximity with a women, what with all the nagging and the tiny morsels of affection I'd recieve (only when I'm good). I'm 28 years old, but I probably should have realized I wasn't relationship material (i.e. Wanted by Women) at a much earlier age. I could've spared myself years of self-doubt and insecurity and just focused on my hobbies or getting a better career. But now that I'm here, there's a certain feeling of freedom developing in me. The fog is starting to lift. If I could, I'd just avoid women altogether. I'll do my best to not glance at all the women walking around in skin tight lycra pants, revealing tops, and g-strings popping out the back of their jeans. Because none of it was meant for me to look at anyway.

Sincerely,

PHake Naim (Giver Upper on Women)

Uncle Elmer May 28, 2010 at 13:01:

"...it would be unfair to her and myself to try and create a relationship where ZERO attraction exists."

Your response is noble and correct. Despite a lot of bs talk on the internets about banging and dumping chicks, getting involved when you have no true attraction or interest is a mistake.

Save up some money and go east young man.There are a lot of acceptable (and physically fit) women there who will be interested in you.

Zammo May 28, 2010 at 13:47:

- Nicole "So feminists are currently attempting to co-opt fat acceptance the same way they did secularism and humanism. They're claiming that fat acceptance is feminist when nothing could be further from the truth.

Until about a year ago, they were deriding us (normal and fat women) as "breeders". So don't be fooled. They still hate normal and fat women, and think we should all be striving for single digit bodyfat. They just realize that the pressure has alienated most women who don't know how to not be fat without starving. So it's more like blatant falsehood than any kind of trick."

There is certainly a strong element of feminism which utterly rejects a woman's choice to be a mother and homemaker. There is also a strong element of feminism which simply rejects the needs and desires of men. I get the sense that this is where fat acceptance is coming into its own within the feminist movement. Being attractive to the "male gaze" is something to be rejected out of hand simply because the "male gaze" is a manifestion of the patriarchy.

If a woman is not attractive to the "male gaze" then she is being true to feminism by rejecting the patriarchy. This also gives her permission to eat like a pig and be completely sedantary.

Feministing.com recently had some discussion about this. The vast majority of the posters were self-proclaimed fatties and had the most incredible rationalizations for their unhealthy eating habits.

J@bberw0cky May 28, 2010 at 15:21

"Now, getting back to what I said earlier. I have given up on the hope of finding a woman. And at this point, I don't think sex would be worth living in close proximity with a women, what with all the nagging and the tiny morsels of affection I'd recieve (only when I'm good). I'm 28 years old, but I probably should have realized I wasn't relationship material (i.e. Wanted by Women) at a much earlier age. I could've spared myself years of self-doubt and insecurity and just focused on my hobbies or getting a better career."

I feel you, but has Game not helped? Lift weights and learn game. Men can be ugly if you have muscles and game. I also say, try prostitution. And about settling; Settling is a bad word. But at the end of the day, we all settle to some extent. With that said, don't ever marry or let a women live with you. We need to settle to some extent, but we should never settle for unfair family and divorce laws.

In the cause of full disclosure, I'm married. My life has been a constant uphill battle of self improvement (as are many), and probably would have escalated to steroids and plastic surgery had I not gotten to an attraction level that I needed to be in order to score women I find attractive (hey, I was horny, and that motivates, blame hormones). I didn't need to go that far luckily, and I find my wife very attractive, as she perfectly fits my type. Was it worth it? Thats a tuff question. I had something to prove to myself and others. I did.

However, I also wasted a lot of potential in other areas of my life. A professor once told me, "I don't think you're used to being told 'no'." She probably meant it as a bit of a dig, like I'm spoiled, but I took it as a compliment, because I wasn't spoiled, and rather had to learn to demand what I felt I deserved. I learned to not accept 'no'. Find strength and resolve in your darkness, find freedom and fulfillment in your pain, much like Globalman has. Thats what I did in many ways.

I was told 'no' so often by women, it stopped mattering. The word lost its power. I was made fun of so much in my youth for being different, it stopped mattering, and I embraced my differences, and learned to play the social game by my own rules. If you understand that weaknesses can be a source of strength, and strengths can be a source of

weakness, than you understand what leads to true greatness. Not innate superiority, but overcoming superiority from a position of inferiority.

The history books write these triumphs as if the inferior was actually superior all along, but thats not true, they simply had more to prove, more motivation to succeed, and more reasons to play by their own rules, and not by the preconceived dictates their superior opponents used. Those are the greatest triumphs of history. Being the underdog is a gift, not a burden, as long as you believe that failing is the first of many steps to true success, to true greatness, and not the birth right of shallow superiority which leads to laziness and greed and one-dimensional thinking.

When Mohammad Ali no longer had the fastest hands and reflexes in the boxing world, he found strength in his weakness and played by a new set of rules. He would curl up his arms in defense and cower in the corner of the ring as his opponents pummeled him over and over. He let his superior opponents think he was in trouble, concentrating on absorbing the blows and protecting his head, and as they wore themselves out playing by their own rules, he waited, rested, and prepared for the final devastating assault on his exhausted opponent. The Rope-a-Dope strategy was invented. That is why he is the greatest. He played by his own rules.

I'm just saying, if what you are doing isn't working, try something else, and repeat until you die.

Common Monster May 28, 2010 at 15:52:

Lest anyone get carried away thinking there used to be some golden age when women routinely prepared great meals, I present this snippet from *H.L. Mencken's "In Defense of Women*" (circa 1917):

> *"…women seldom show any of that elaborately conventionalized and half automatic proficiency which is the pride and boast of most men. It is a commonplace of observation, indeed, that a housewife who actually knows how to cook, or who can make her own clothes with enough skill to conceal the fact from the most casual glance, or who is competent to instruct her children in the elements of morals, learning and hygiene–it is a platitude that such a woman is very rare indeed, and that when she is encountered she is not usually esteemed for her general intelligence.*
>
> *This is particularly true in the United States, where the position of women is higher than in any other civilized or semi-civilized country, and the old assumption of their intellectual inferiority has been most successfully challenged. The American dinner-table, in truth, becomes a monument to the defective technic of the American housewife. The guest who respects his oesophagus, invited to feed upon its discordant and ill-prepared victuals, evades the experience as long and as often as he can, and resigns himself to it as he might resign himself to being shaved by a paralytic. Nowhere else in the world have women more leisure and freedom to improve their minds, and nowhere else do they show a higher level of intelligence, or take part more effectively in affairs of the first importance.*
>
> *But nowhere else is there worse cooking in the home, or a more inept handling of the whole domestic economy, or a larger dependence upon the aid of external substitutes, by men provided, for the skill that is wanting where it theoretically exists. It is surely no mere coincidence that the land of the emancipated and enthroned woman is also the land of canned soup, of canned pork and beans, of whole meals in cans, and of everything else ready-made."*

In short, most women are and always have been horrible cooks. Even the worst fast food is a distinct improvement over what all but a tiny percentage of women can come up with. Would Spam even be viable longterm in the marketplace if this were not so? The assembly lines of cheap fast food places prevents the women (around here they're predominantly women) who work on them from doing too much damage to the "food" they're making.

Instead of blaming feminism, let's congratulate the men who put the science and the technology and the capital to work to liberate us from homecooked hell!

Keoni Galt May 28, 2010 at 21:31:

> *@ Common Monster - "Instead of blaming feminism, let's congratulate the men who put the science and the technology and the capital to work to liberate us from homecooked hell!"*

This is utterly wrong, Common Monster.

There are three components to "good cooking."

1) Quality of ingredients.

2) Precise and deliberate preparation.

3) Attention to detail and methodical observation.

But of the three, QUALITY OF INGREDIENTS is the most important.

Many a cook has ruined a good meal by not adhering to #2 or #3, but a meal is doomed to substandard if the basic ingredients are substandard to begin with.

Nutritionally, aesthetically and taste-wise, you can only polish a turd so much.

Get the best pastry chef in the world to bake a confection – but only give him or her margarine as the only oil allowed to cook with…and I'll bake the same recipe he or she uses – but I get to use lard and real butter instead.

100% guaranteed my pastry would beat his out in a blind taste test to any neutral taster.

Big Jay May 28, 2010 at 22:25:

Its interesting to me how how big-agriculture has given us a default of getting fat, because that's the shortest path to great profitability. Corn is unbelievably automated. Last time I checked, a bushel of corn cost the same amount as a bushel of corn in the 1830's, despite the utter decimation of the value of a dollar. Now thats productivity gains! But we haven't seen similar productivity improvements in a lot of other crops. So we default to eating corn, even when we think we're eating beef. Conspiracy or not, its pretty obvious when you follow the money.

Nicole May 29, 2010 at 06:32:

Zammo, during the 1990's they tried to convince us that we were victims of the "patriarchy" by claiming that fatness was caused by sexual abuse. It went as far as so-called therapists inducing false memories of sexual abuse in women just because they were fat. I don't doubt that they're repackaging some of that.

So now we're going to be victims of the misogynistic fat bashers even though the fat bashers are actually victims of feminist upbringing and media.

Take the Blue Pill; Take the Red Pill

Keoni Galt · 29 May 2010 · Archived copy · Original

[image]

> ***Morpheus:*** *"I imagine that right now you're feeling a little like Alice, tumbling down the rabbit-hole… I can see it in your eyes. You have the look of a man who accepts what he sees, because he is expecting to wake up. Ironically, this is not far from the truth… Let me tell you why you are here. You're here because you know something. What you know, you can't explain. But, you feel it. You've felt it your entire life. That there's something wrong with the world. You don't know what it is, but it's there, like a splinter in your mind, driving you mad. It is this feeling that has brought you to me. Do you know what I'm talking about?"*
>
> ***Neo:*** *"The Matrix?"*
>
> ***Morpheus:*** *"Do you want to know what it is?"*
>
> ***Neo:*** *{nods}*
>
> ***Morpheus:*** *"The Matrix is everywhere. It is all around us, even now, in this very room. You can see it when you look out your window, or when you turn on your television. You can feel it when you go to work, or when you go to church, or when you pay your taxes. It is the world that has been pulled over your eyes, to blind you from the truth."*
>
> ***Neo:*** *"What truth?"*
>
> ***Morpheus:*** *"That you are a slave, Neo. Like everyone else, you were born into bondage, born inside a prison that you cannot smell, taste, or touch. A prison for your mind. Unfortunately, no one can be told what the Matrix is. You have to see it for yourself. {Produces a box containing two colored pills, one blue and one red}. This is your last chance. After this, there is no turning back. You take the blue pill, the story ends, you awake in your bed, and believe whatever you want to believe. You take the red pill, you stay in Wonderland, and I show you how deep the rabbit-hole goes.*

I never tire of the Matrix allegory. Sorry to all those of you that read this blog and may think I'm overdoing it...but it's such a perfect metaphor for the reality of life versus the distorted projection of life portrayed by our corporate media and government/educational institution-designed matrix.

As columnist Lorie Kramer wrote , the media is the matrix. This is precisely why Nancy Levant's columns are full of references to "tell-a-vision." The corporate commercialization of science and the emergence of mass media influence combined with institutional reinforcement -- aka the Government-Media-Education complex --has lead to our modern day existence of the masses of people mindlessly following along with the messages of "conventional wisdom" that everyone "just knows."

How many times have you encountered a person that seeks to share some knowledge with you, prefaced by the statement "They say..."

Who's "they?"

The nameless, faceless entity of "conventional wisdom."

Deliberately mis-formed disinformation to benefit the bottom line of the propagators of these deceptions.

I've previously applied the allegory in: Game is the Red Pill.

Given the suitability of applying the Matrix allegory to so many other topics, I've decided to create a series of posts, with this serving as the index first post for future reference.

Red Pill Reality Dispelling Blue Pill Delusions: A Series

Sunshine, Vitamin D & Sunscreen

Fluoride

Relationships & Communication

Veganism

Red Pill Reality Dispelling Blue Pill Delusions: Sunscreen

Keoni Galt · 29 May 2010 · Archived copy · Original

An installment in a series: Red Pill Reality Dispelling Blue Pill Delusions

[image]

Living in Hawaii, I frequently engage in activities and attend social events and functions that involve being outdoors in the bright sunshine for an extended period of time. Surfing, skin diving, hiking, fishing and hunting are all recreational activities I do on a regular basis that have me exposed to the sun for hours.

I guess I should be worried, eh?

Afterall, "everyone knows" that sun exposure leads to skin cancer!

Our local TV Newscasts frequently urge the viewers when doing weather reports, "Don't forget the sunscreen today! It's gonna be a hot one!"

We frequently are bombarded by media admonitions and reminders to always "cover up" with wide-brimmed hats and scarves, and to slather on the sunscreen whenever we go to the beach or any kind of daytime outdoor event or festival. If we do want to do any kind of outdoor activity, we should also consider only doing it in the early morning and late afternoon, to avoid the suns damaging rays when they are at their strongest.

It's almost like our mass media considers we the sheeple to be a variant form of vampire...

TAKE THE BLUE PILL: Avoid the sun as much as possible, or you'll die of skin cancer!

For the fear of skin cancer -- the least fatal and easiest to treat of all cancers -- many people are endangering their health by developing vitamin D deficiencies because they follow the narrative of our mass media and public health "experts" over-hyping and exaggerating the dangers of sun exposure.

Note the recommendations of the American Cancer Society on how to avoid skin cancer:

> *The best ways to lower the risk of non-melanoma skin cancer are to avoid intense sunlight for long periods of time and to practice sun safety. You can continue to exercise and enjoy the outdoors while practicing sun safety at the same time. Here are some ways you can do this:*
>
> - *Avoid the sun between 10 a.m. and 4 p.m.*
> - *Seek shade: Look for shade, especially in the middle of the day when the sun's rays are strongest. Practice the shadow rule and teach it to children. If your shadow is shorter than you, the sun's rays are at their strongest.*
> - *Slip on a shirt: Cover up with protective clothing to guard as much skin as possible when you are out in the sun. Choose comfortable clothes made of tightly woven fabrics that you cannot see through when held up to a light.*
> - *Slop on sunscreen: Use sunscreen and lip balm with a sun protection factor (SPF) of 15 or higher. Apply a generous amount of sunscreen (about a palmful) and reapply after swimming, toweling dry, or perspiring. Use sunscreen even on hazy or overcast days.*
> - *Slap on a hat: Cover your head with a wide-brimmed hat, shading your face, ears, and neck. If you choose a*

> *baseball cap, remember to protect your ears and neck with sunscreen.*
> - *Wrap on sunglasses: Wear sunglasses with 99% to 100% UV absorption to provide optimal protection for the eyes and the surrounding skin.*
> - *Follow these practices to protect your skin even on cloudy or overcast days. UV rays travel through clouds.*
> - *Avoid other sources of UV light. Tanning beds and sun lamps are dangerous because they can damage your skin.*

Note the catchphrase here: *practice sun safety.*

Sounds awfully familiar, eh?

The actual science is revealing a completely different paradigm when it comes to sunscreen and sun exposure.

From the Washington Post article, for which I got the illustration at the top:

> *Sunlight is crucial to the body's natural production of Vitamin D, but exposure to ultraviolet-B light has been greatly reduced through use of sunscreens and spending more time indoors for work and play, especially in northern latitudes. Some scientists say a deficiency in the nutrient may contribute to many diseases.*

Even *MSNBC reported on sunscreens role in preventing your body from producing Vitamin D from sun exposure:

> *We looked at individuals that always wore a sunscreen before they went outside. ... And we found that, indeed at the end of the summer, they were deficient in vitamin D," says Holick. "And so we have shown over and over again that adults, even if they're on a multivitamin, and drinking milk, if they always wear sun protection, or avoid any direct sun exposure, they're at high risk of developing vitamin D deficiency.*

**Just a quick note: many times corporate media like MSNBC will publish articles contrary to the conventional wisdom. By mixing in the truth with all of the propaganda and lies, it simply sows confusion and cognitive dissonance in the casual media consumer. However, the overriding narrative of deception still saturates their coverage.*

So what does this all mean? First of all, a simple observation. If you have pets that have access to the sunshine...or you live in an area with abundant wildlife, or if you go to your nearest Zoo in the middle of the daytime (don't forget to cover up and use sunscreen with a minimum SPF 15!), you will notice something about nearly all animal species: they all take time to bask in the sun.

Humans (We the Sheeple) are the only one that puts a chemical substance on our skins to "protect" us from the suns rays. Just think about that for a moment.

The Sun is the source of all life on this planet. Our bodies were either designed, or evolved (whatever you believe), to get the majority of the vitamin D that we need from our sun exposure.

The problem is not sun exposure...it's sun *over-exposure*. Repeated sunburns can definitely lead to skin cancer when you get older (my grandparents have both had melanoma's removed when they were in their 70's).

But you shouldn't rhetorically cut your nose to spite your face...which is what following the conventional wisdom inevitably leads to! If you ALWAYS slap on the sunscreen before going out in the sun, and you never get any natural, uninhibited UV exposure, you are in danger of developing chronic vitamin D deficiency - which could give much worse cancers down the road.

In short, like animals that bask in the sun, pay attention to your body's signals. Bask in the sun with minimal covering and no sunscreen until you start to feel a little too hot...THAN head for the shade or cover up and/or use the sunscreen. (Personally, I quit using sunscreen altogether after reading articles like these...I simply cover up with clothes/hats or head for the shade after getting enough sun.)

Depending on the complexion of your skin, you have a variable amount of time to sun bathe for which your body produces all the Vitamin D that you need before you start to get over-exposed and at risk for sunburn. Figure out what amount of time is optimal for you and your complexion. You'll quickly figure it out if you pay attention to how your feeling.

It may even be worth it to get a mild sunburn just to find out where your threshold is.

If you review the reporting from most media and sources like the American Cancer Society, their recommendations are all uniform: avoid the sun during the hottest part of the day, and always use sunscreen whenever you do go out into the sun.

Paradoxically, it's when the sun is at it's zenith in the sky in which it is easiest to get the proper angle of exposure to maximize your vitamin D production in your skin! Talk about blue pill delusions...

TAKE THE RED PILL: Regularly sun bathing at high noon for 10 - 20 minutes without sunscreen may be one of the best ways to prevent all forms of cancer!

Ruminating on this topic starts to make me wonder: how much money has the manufacturers of sunscreen given to the American Cancer Society to promote incessant use of it's products like this? See, this statement may make you think of popular sunscreen brands...but I highly doubt they'd be so transparent and open about their interest. Nah, while I haven't looked into it, I'll take a wild guess that the parent chemical companies that manufacturer the basic chemicals that go into all the brands of sunscreen probably have something to do with the financing of non-profit PSA's and journalist articles promoting the "always use sunscreen and avoid the sun during the hottest part of the day" mentality. Of course, I could be even more cynical with my speculations...

...since understanding how much Vitamin D deficiency plays in causing so many other types of cancer...and noting that the cancer treatment industry based on chemotherapy is highly profitable...

...I'm sure you get the picture.

Red Pill Reality Dispelling Blue Pill Delusions: Fluoride

Keoni Galt · 2 June 2010 · Archived copy · Original

An installment in a series: Red Pill Reality Dispelling Blue Pill Delusions

[image]

It's a common substance used by most people in America every single day when they brush their teeth. In many counties, the water supply has it deliberately added before it's piped to residences and buildings, so even if you're one of those people that hasn't swallowed the lies and propaganda regarding the so-called health benefits of this toxic poison, and you buy fluoride free toothpaste, and only drink purified water...you are still ingesting this substance whenever you take a shower.

Furthermore, many foods and drinks you buy also contains fluoride, by virtue of the fact that most food production requires water...and most food processing facilities use tap water - so if your food processing facility or factory farm feedlot is located in a fluoridated county, it can be nearly impossible to avoid ingesting fluoride.

So the question remains...if it's really so bad for you, than why do so many counties in the country deliberately poison their water supply?

The answer, as always, can be found, by simply following the money...more specifically, the corporations money in buying off government agencies and politicians.

TAKE THE BLUE PILL: FLUORIDE IS NECESSARY TO PREVENT TOOTH DECAY!

Let's see what the American Dental Hygienists Association (ADHA) has to say regarding Fluoridating American water supplies and in toothpaste:

> *Good scientific evidence supports the use of community water fluoridation and the use of fluoride dental products for preventing tooth decay for both children and adults.*

Part of the reason I've decided to make this series of posts is because I've found that along with personal revelations regarding diet and the conventional wisdom as propagated by our mass media culture and educational institutions, I've begun to see patterns of deception whenever I encounter what appears to be "scientifically proven" ideas and "facts" that are usually presented by alphabet soup "non-profit" groups.

Note the wording of this particular phrase: "Good scientific evidence supports..."

For an idea that is supposedly "scientifically proven" why the qualifier? Why the adjectives?

The truth would be plain and not require either. It doesn't "support." Scientific FACT is proven, by double blind studies, using a control group.

Nevertheless, this can be a confusing issue...so lets get to the bottom of it.

As American Cancer Society notes:

> *Water fluoridation in the United States began in 1945, after scientists noted that people living in areas with higher water fluoride levels had fewer cavities.*

Herein lies the deception...the scientists noted that the areas were their were higher water fluoride levels, were areas in which the water had higher levels of Calcium Fluorophosphate...a naturally occurring substance in certain geographic locations, that is indeed beneficial for human consumption.

But the fluoride being put into the water supplies of most major metropolis areas in the country? That's Sodium Fluoride...which is essentially a waste product from industrial aluminum production.

TAKE THE RED PILL: SODIUM FLUORIDE IS NOT THE SAME THING AS CALCIUM FLUORO-PHOSPHATE.

The fluoride in your toothpaste and in our county water supply is not the same fluoride that was first discovered to coincide with the better dental caries rates of the people living next to water rich in calcium fluoro-phosphate. It's a bait and switch!

While researching this topic, I've come across a letter written by a chemist named Charles Perkin...it's gone viral, and I am unable to find the original source of the letter, but the many iterations I've come across are all the exact same.

The following letter was received by the Lee Foundation for Nutritional Research, Milwaukee Wisconsin, on 2 October 1954, from a research chemist by the name of Charles Perkins. He writes:

> "I have your letter of September 29 asking for further documentation regarding a statement made in my book, "The Truth about Water Fluoridation", to the effect that the idea of water fluoridation was brought to England from Russia by the Russian Communist Kreminoff. In the 1930's Hitler and the German Nazis envisioned a world to be dominated and controlled by a Nazi philosophy of pan-Germanism. The German chemists worked out a very ingenious and far-reaching plan of mass-control which was submitted to and adopted by the German General Staff. This plan was to control the population in any given area through mass medication of drinking water supplies. By this method they could control the population in whole areas, reduce population by water medication that would produce sterility in women, and so on. In this scheme of mass-control, sodium fluoride occupied a prominent place.
>
> "Repeated doses of infinitesimal amounts of fluoride will in time reduce an individual's power to resist domination, by slowly poisoning and narcotizing a certain area of the brain, thus making him submissive to the will of those who wish to govern him. [A convenient and cost-effective light lobotomy? --- Ott].
>
> "The real reason behind water fluoridation is not to benefit children's teeth. If this were the real reason there are many ways in which it could be done that are much easier, cheaper, and far more effective. The real purpose behind water fluoridation is to reduce the resistance of the masses to domination and control and loss of liberty."
>
> "When the Nazis under Hitler decided to go to Poland, both the German General Staff and the Russian General Staff exchanged scientific and military ideas, plans, and personnel, and the scheme of mass control through water medication was seized upon by the Russian Communists because it fitted ideally into their plans to communize the world."

> "I was told of this entire scheme by a German chemist who was an official of the great I.G. Farben chemical industries and was also prominent in the Nazi movement at the time. I say this with all the earnestness and sincerity of a scientist who has spent nearly 20 years' research into the chemistry, biochemistry, physiology and pathology of fluorine --- any person who drinks artificially fluorinated water for a period of one year or more will never again be the same person mentally or physically."
>
> Signed: CHARLES E. PERKINS, Chemist, 2 October, 1954.

Fluoride...the means of mass population control used by the Nazis. Somehow, I don't think the Nazi's cared about their conquered citizen's dental health...

Another viral letter:

This letter was written by a brilliant (and objectively honest) scientist named Dr. E.H. Bronner. Dr. Bronner was a nephew of the great Albert Einstein, served time in a WWII prison camp and wrote the following letter printed in the Catholic Mirror, Springfield, MA, January 1952:

> *"It appears that the citizens of Massachusetts are among the 'next' on the agenda of the water poisoners.*
>
> *"There is a sinister network of subversive agents, Godless intellectual parasites, working in our country today whose ramifications grow more extensive, more successful and more alarming each new year and whose true objective is to demoralize, paralyze and destroy our great Republic ---- from within if they can, according to their plan --- for their own possession."*
>
> *"The tragic success they have already attained in their long siege to destroy the moral fiber of American life is now one of their most potent footholds towards their own ultimate victory over us."*
>
> *"Fluoridation of our community water systems can well become their most subtle weapon for our sure physical and mental deterioration. As a research chemist of established standing, I built within the past 22 years 3 American chemical plants and licensed 6 of my 53 patents. Based on my years of practical experience in the health food and chemical field, let me warn: fluoridation of drinking water is criminal insanity, sure national suicide. DON'T DO IT!!"*
>
> *"Even in very small quantities, sodium fluoride is a deadly poison to which no effective antidote has been found. Every exterminator knows that it is the most effective rat-killer. Sodium Fluoride is entirely different from organic calcium-fluoro-phosphate needed by our bodies and provided by nature, in God's great providence and love, to build and strengthen our bones and our teeth. This organic calcium-fluoro-phosphate, derived from proper foods, is an edible organic salt, insoluble in water and assimilable by the human body; whereas the non-organic sodium fluoride used in fluoridating water is instant poison to the body and fully water soluble. The body refuses to assimilate it."*
>
> *"Careful, bonafide laboratory experimentation by conscientious, patriotic research chemists, and actual medical experience, have both revealed that instead of preserving or promoting 'dental health', fluoridated drinking water destroys teeth before adulthood and after, by the destructive mottling and other pathological conditions it actually causes in them, and also creates many other very grave pathological conditions in the internal organisms of bodies consuming it. How then can it be called a 'health plan'? What's behind it?"*

> *"That any so-called 'Doctors' would persuade a civilized nation to add voluntarily a deadly poison to its drinking water systems is unbelievable. It is the height of criminal insanity!"*
>
> *"No wonder Hitler and Stalin fully believed and agreed from 1939 to 1941 that, quoting from both Lenin's 'Last Will' and Hitler's Mein Kampf: "America we shall demoralize, divide, and destroy from within."*
>
> *"Are our Civil Defense organizations and agencies awake to the perils of water poisoning by fluoridation? Its use has been recorded in other countries. Sodium Fluoride water solutions are the cheapest and most effective rat killers known to chemists: colorless, odorless, tasteless; no antidote, no remedy, no hope: Instant and complete extermination of rats."*
>
> *"Fluoridation of water systems can be slow national suicide, or quick national liquidation. It is criminal insanity ---------- treason!!"*
>
> *Signed: Dr. E.H. Bronner, Research Chemist, Los Angeles*

Now, a skeptical person reading this blog may think, "yeah, right...two letters reprinted all over the internet, making claims about a substance I use every single day...there's nothing wrong with me! Why Should I belive this?"

I merely re-posted these letters, because they simplify the entire issue...but if you require much further validation before you bother trying to avoid ingesting this poison...here's where you can start:

The Fluoride Deception

The Devil's Poison: How Fluoride is Killing You

Fluoride, The Aging Factor, by Dr. John Yiamouyiannis

I found references to this last book from a web page entitled The Toxic Effects of Fluoride which also goes into the history of who exactly was behind the movement to fluoridate the American water supplies...and of course, being the conspiracy theorist that I am, am hardly surprised to find a connection to a name familiar with anyone that has looked into the NWO...

> *In the 1930s, H. Trendly Dean of the U.S. Public Health Service conducted extensive surveys which showed that as fluoride levels in the water increased, so did the incidence of dental fluorosis. Then Dr. Gerald Cox, on the staff of the Mellon Institute (the Mellons owned ALCOA Aluminum, a fluoride-polluting industry), claimed that if some fluoride was bad for teeth, a smaller amount was good and should be added to the water. In the late 1930s, Dean started publishing purposely skewed data to show that fluoride caused reduction in tooth decay. The USPHS was under the jurisdiction of Treasury Secretary Andrew Mellon, founder of ALCOA.*
>
> *Dr. Cox convinced a Wisconsin dentist, J. J. Frisch, to promote the addition of fluoride to the water supply. This was the beginning of the infiltration into the ADA & the AMA all to find an outlet for the by-product fluoride from the phosphate fertilizer and the aluminum industries. The rest of the conspiracy is too long and involved to present here, but you are referred to the book which is the basis of this report.*

Conspiracy theory skeptics, rest assured, the NWO conspiracy theory could be nothing more than paranoid fantasy

(PMAFT & Hestia, I'm thinking of you)...but that doesn't nullify the fact that the giant aluminum manufacturers like Alcoa used to have to **PAY** to get rid of their toxic, sodium sodium fluoride by-product....but thanks to skewed studies and mass media lies and propaganda, the aluminum manufacturing giants now **SELL** their toxic waste by-products to toothpaste manufacturers and to city and county Water Departments to poison our drinking water. No other "conspiracy" other than massive profits for giant corporations is necessary for you to understand, and act upon this.

lolzlozlzozlzolzolzol!

Keoni Galt · 2 June 2010 · Archived copy · Original

Eumaios from Riding with the King posted a glossary of terms to understand just what the hell greatbooksformen is talking about over at Roissy's.

A few of them, I think, needed a little more expansion/clarification, which I've added in { } brackets .

Well done, Eumaios.

Ben Bernanke: a symbol for central banks. Particularly, the rotating cabal of figureheads for the central banks.

Tucker Max: a symbol for the kind of asshole alpha women lust for, lose their innocence to, and in GBFM's piquant phrasing, invite in for a good asscocking.

Charlotte Allen: a symbol for ostensibly good, virtuous, conservative women, especially the older ones who should know better. *{But still cheerlead for the likes of Tucker Max, despite claiming conservative credentials}*

Jonah Goldberg: neocon hypocrisy and crypto-feminism.

"Women tame men": the rope neocons sell men

neocon: "conservatism after being taken over by the fiat masters." In Moldbuggian terminology, the portion of the Outer Party that has been fully and willingly co-opted by the Quakers.

butthex: sodomy, as pronounced by Barney Fag. Also, a "metaphor for what the fed does to a currency and a country."

butthex matrix: the Western system of debt-slavery. Government of the people, for the bankers, and by the eliteclasses. Implemented by universal butthex, otherwise known as fiat money.

asscocking: butthex

tucker max is six feet tall: this peculiarly gnomic mantra, even for GBFM, illustrates the tendency of the Cathedral to glorify those who perpetrate butthex.

fiat money, fiat cash: Pieces of paper, or worse, magnetic disparities on heavily guarded platters that are asserted to have value by despotic governments. *{And the primary feature of fiat money is that it has no real value...it is counterfeit, which is to say, created out of thin air. This is the key as to why the fiat masters are able to wield the power that they do.}*

Secretive tapings of butthex without the girls' consent: a symbol for the exploitation of the corrupt populace by the elite. The graphic image is that of exculpation for any acts an alpha chooses to perform as he engages in butthex.

fiat masters: those who exert power by means of their control of the "money" supply.

fiat lies: propaganda, goodthink. Polite discourse.

fiat: generally applied as a modifier where only one opinion is allowed in the naked public square.

desouling of women: Arguably, GBFM uses this phrase in its literal sense.

bernankified: e.g. “bernankified chick”. Refers to the habits of self-degradation enabled by the existence of apparently free money. The grasshopper, had the ants not demurred at supporting him over the winter.

bernankenomics: “transferring all the risk to the worker, inventor, creator, honest man, soldier; butthexing the common people who do all the physical work and labor; and inflating and deflating bubbles purposely to win friends in congress.” *{transferring the risks to the worker, inventor, creator, honest man, soldier, while the fiat masters reap all of the rewards.}*

weekly standard: respectable mainstream neo-conservatism engaged in the legitimization of depravity.

unbuttplugged: going off grid *{Taking the red pill and seeing the matrix of deception that is our popular culture and false perceptions of the mass media image of society.}*

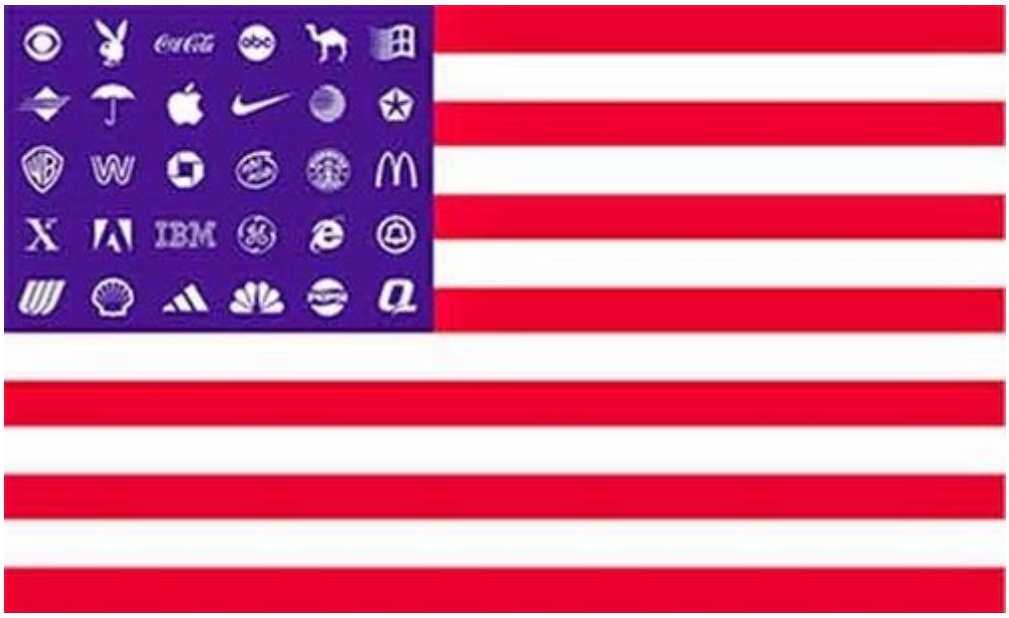
vampire: usually a more or less oblique reference to Twilight’s Edward Cullen, and to the depravity in the hearts of women that allows them to lust over dangerous, yet effeminate men.

fat, cherubic faces: a physical trait of neocons who volunteer our armed forces for tough jobs, esp. Jonah Goldberg

lzozl (and variations): Pay no attention to the man behind the curtain.

Understanding the System of Corporatacracy in the USA Inc.

Keoni Galt · 3 June 2010 · Archived copy · Original



From the SpearheadFiles
June 4, 2010

I pledge allegiance, to the TradeMarked Logo, of the United States Incorporated, and to all Big Business, for which it stands: one market, under law, divisible into niche segments, with rampant consumerism, debt slavery and serfdom for all.

Whenever there is some kind of economic trouble, you will always find some left wing, socialist Democrat blogger, pundit, journalist, talking head on TV, or a columnist in the print media declare that the problem is "greedy capitalism" and the "lack of regulation" (or "de-regulation") as the root of the problem.

Since most of the mainstream mass media propaganda corporations are largely composed of left wing socialist Democrat useful idiots, they dutifully espouse this party line at every opportunity. Unpopular TARP bailouts for banks "too big to fail?"

GREEDY CAPITALISTS!

The advent of our current Great Depression 2.0 because of the housing bubble being inflated by the Federal Reserve, causing significant mal-investments in nearly every sector of the economy?

WALL STREET BROKE OUR ECONOMY!

The anti-captalist/pro-socialist/pro-communitarians that spout this garbage really are useful idiots for the government-corporation complex. By screaming for MORE Government regulation, they are basically throwing the protesting Brer Rabbit into the briar patch.

The truth of the matter is that the USA has not been a free market, capitalist country for quite some time. We are a

corporatacracy - in which corporations lobby the Government at every level to gain some sort of cartel advantage...by having the Government officials "regulate" the industry...effectively stifling or eliminating the competition (usually a small business owner or local business) by enforcing regulations, fee schedules and safety requirements that are prohibitively expensive for the small business to handle.

As I've linked to in the preceding paragraph, I've written about this before...but I decided to reiterate this point again, after coming across an anonymous author at reddit.com revealed his story about how this works in the real world of USA INC.

How Real World Corruption Works

> *I'm a mid-career guy in a business that does a lot of work with governmental and quasi-governmental agencies. I've never ripped anyone off personally, but I have seen and occasionally been an incidental beneficiary of quite a bit of patronage, insider dealing, nepotism, misuse of taxpayer money, and outright corruption. While I have always been honest in my own dealings on a case-by-case basis, I have refrained from many opportunities to be a "whistleblower".*
>
> *A lot of stuff on reddit misunderstands the relationships between wealth, power, and influence. For starters, all the above three are always and have always been inter-related, and probably always will be. And that might not always be a bad thing: those who have risen to high levels of wealth are often pretty smart, and surprisingly often exceptionally honest. Those who rise to high levels of influence usually have some pretty good insight and talent in their area of expertise. Those who have acquired a lot of power tend to be good at accomplishing things that lots of people want to see happen.*
>
> *None of which is purely democratic, nor even purely meritocratic, but there is a certain dose of both kind of baked into the cake: stuff like wealth or family connections only gets you so far in modern, developed, and relatively open and transparent societies such as the US. And while that can be pretty far by normal standards, at some point sunlight does shine through any crack, and outright robbery or complete incompetence is difficult to sustain indefinitely.*
>
> *But there is an awful lot of low-level waste, patronage, and corruption that happens both in the private and in the public sector.*
>
> *Without going ideological, the private sector in a free-ish market has a more immediate system of checks and balances if only because you have to actually persuade the end users to keep buying your stuff for the price you're charging: if it's no good, or if you are grossly over-charging, your customers will tend to catch on sooner or later.*
>
> *But in the public sector, the "consumer" often has little choice... so-called "market discipline" is a lot more diffuse when you have a former-schoolteacher-or-real-estate-broker-turned city councilman whose job it is to disburse a multi-million-dollar street-paving contract or whatever. And neither the schoolteacher nor the real-estate broker has any clue how to write or evaluate a road-paving contract...*

Let's say that there are three credible bidders for that street-paving contract:

*

Bidder 1 is "Paver Joe", a local guy with a driveway-paving company and three trucks who sees this as a big opportunity to expand his business and get the city to pay for five new trucks. He puts in a dirt-cheap bid that he wrote up himself with the help of his estate attorney. The cost to taxpayers is very low, but the certainty that he will complete it on schedule and as specified is a little iffy. Paver Joe plans to work overtime and bust his tail on the job, not for profits, but to grow his business. He's offering the taxpayers a great deal, but a slightly risky one.
*

Bidder 2 is "Muni Paver Inc", a company who has the experience and expertise to do the job, who knows what's involved and who has done this work before. They already have the trucks, their workers are all unionized and paid "prevailing wage", everything will be done by the book, all their EPA certifications are in place, etc... The bid is a lot more expensive than Paver Joe, but it's credible and reliable. They are offering the taxpayers a degree of certainty and confidence that Paver Joe cannot match.
*

Bidder 3 is me, "Corruptocorp". Instead of Paver Joe's 2-page contract with typos, or Muni-Paving's 20-page contract, I'm offering the city council a full package of videos, brochures, and a 40-page contract with a price just a tad higher than Paver Joe (my quoted price is meaningless, as we will see). Moreover, I'm inviting the city council to Corruptocorp-owned suites in a golf resort near my headquarters to give my presentation (all expenses paid, of course, and of course, bring your spouses). There the city council members will, after the first day of golf, dinner, dancing, and cocktails, see a slideshow and chorus-line of smiling multi-ethnic faces and working mothers talking about how much Corruptocorp's paving improved their town and their lives. I'll then stand up and tell a self-effacing joke about being one of those corporate guys trying to get their money, and then I'll wax a bit emotional about my small-town roots and how Corruptocorp was started by a man with a simple dream to make life better for everyone, and to do well by doing good in local communities, and that we actually plan to hire local contractors such as Joe's Paving to do the work, backed our economies of scale and reliability. I'll mention that paragraph 32 subsection B of our proposal mandates twice-yearly performance reviews by the city council, to of course be held at the golf resort, at Corruptocorp's expense, ("so I hope to see you all back here every February and August!"), and of course I make sure that each of them has my "personal" cell phone and home numbers in case they have any questions....

So needless to say I get the bid, and six months later it's time for our review at the golf resort. After dinner and cocktails I step up to the podium and announce that there is both good news and bad news:

"The bad news is that our subcontractor has found over 1,000 rocks in the road. And as I'm sure you know, paragraph 339 subsection D.12 specifies that any necessary rock removal will be done at prevailing wages, currently $1,500 per rock, for a total cost overrun of $1.5 million. But the good news is (and believe me, I had to fight long and hard for this with the board of directors), Corruptocorp has agreed to remove those rocks for only $1,000 apiece! So even though there have been some cost overruns, your smart decisions have saved your taxpayers half a million dollars! Give yourselves a round of applause!"

> *"Now, the other situation is that there has been some 'difficult terrain' as described in subsection 238b, which I'm sure you're all familiar with. And as you know, 'difficult terrain' is not covered by the contract, which is for paving, not for turning mountains into flat roads... (wistful chuckle). Now, technically, according to the contract, we should be charging your town prevailing rates for these sections, but I've worked it so that you will be allowed to re-bid them, if you wish, since our contract doesn't specifically include terrain as described in subsection 238b."*
>
> *Now the contract price has doubled, and Corruptocorp has completely sidestepped all of the difficult and costly work, taking profits only on the easy stuff. The city council members can either admit that they were duped and bought (political suicide), or can simply feed corruptocorp's line to the voters. Which do you think will happen?*
>
> *And it gets even worse on smaller scales: look up your local building or electrical inspector. Ten-to-one he is a relative, friend, or campaign donor to the mayor or city council. What's in it for him? Every single construction or home improvement project not only has to pay him a fee, it also has to pass his inspection. Guess which contractors are most likely to pass his inspection? His brothers, friends, family... or the cheapest guy who for some reason has a hard time finding work in this town? Guess how the local inspector feels about homeowner self-improvements: does he think they are a great way for regular people to improve their wealth with a little elbow grease, or does he see them as stealing work from his friends and family?*

I've seen this exact thing play out to a "T" like this in my own 2 year stint of working for the State Government here in Hawaii.

In our current system, at the County, State and Federal level, this is how business is really done in this country...which is also why most budgets are in the red and States like California are about to go completely broke.

Notable Commentary from the Original Post

TrollKing June 4, 2010 at 12:26:

Most states are going broke. Seatle just passed a sin tax on candy and bottled water. Feminism and the police state is funded on the backs of men. I havn't paid taxes in years and I don't have a 'real' job. I do ok. Starve the system

Robert June 4, 2010 at 12:58:

I know a man who is helping Tennessee go broke.

AnonymousProtagonist June 4, 2010 at 14:00:

Corporatocracy exists because we let it. The power corporations have over our lives would be much much less if we simply didn't consume as much as we do. And it's not like we are forced to consume – we simply choose to live our lives that way. This is a cage of our own creation.

The other thing we're seeing now is that the current system has become so efficient in terms of delivering products and services, in order to maintain social order gov and the corporatocracy is increasingly in the business of "make work". This goes counter to what most people think is happening. If you look at more socialist western countries (the US obviously excluded) you see class stratification becoming a real problem. Simply put, more people are getting gov jobs that provide a fixed income with little or no actual contribution to society but a lot more bureaucracy. In places like Canada it's common for people to get gov jobs or jobs in monopolies and engage in office power struggles to maintain their position. Canada is especially brutal for this. Since there are only so many of these jobs out there the remainder are forced to make a living in the so-called free market. Well when you start to increase the labyrinth of bureaucracy the wealthy segment of this remainder become the ones who can succeed as either the barriers to entry are too high or the knowledge of the regulatory system so rare that an otherwise skilled person can't make a living. Everyone else falls out and becomes part of the margins. Thus the social stratification.

I'll give you an example. I've completely written one system for a dominant company in Canada (in it's vertical) that does hundreds of millions of dollars a year in transactions. I've been involved significantly in another. Yet in Canada people aren't knocking down my door to give me work. Now I've just moved to the States to take my proven record of building systems like this and monetize my skills by doing it a 3rd time – this time with direct compensation for the volume I can pull off. Such a thing would never happen to me in Canada. I'm too much of a threat for people in their comfy jobs to allow me to play in their ballpark.

Corporatocracy has become the defacto governing mechanism of the west because corporations are the ones that maintain social order. Gov has a role sure. But corps and gov are so deeply linked that they can be considered one unit in practice. So that's where we are now, and we are that way because we have let both corp and gov dictate, through our consumption nature, the social order. This is also, btw, why the valuation of currency has nothing to do with economic fundamentals. Rather currency has a value artificially assigned to it by the powers that be (gov + corp) and is just a tool to reform the social order.

The simple answer is to remove yourself from the consumptive cycle and find alternate ways to exchange goods and services outside of the monetary system. It shouldn't surprise anyone that every time there is a breakdown of society by war or disease or whatever, the people who operate the black markets are the ones who are least affected by the breakdown. The historical record of this is undeniable. And really, the black market, as unregulated as it is, is the most meritocratic system we have. So if you're unhappy with the fumblings of the social architects, just remove yourself from their grasp. Don't consume as much. Don't put yourself into any unnecessary legal contracts (marriage, property ownership fall under this umbrella). Find a currency hedge like physical gold that can be used to insulate yourself from artificial currency disaster. And so forth. It's really not that hard to identify your core needs and put yourself in a position to meet those core needs at a very low cost. Like I mentioned at the top, the efficiencies of the now-dying free market are so high that core goods are very inexpensive.

PrairieLark June 4, 2010 at 15:13:

I agree with the idea that corporations control America. But I disagree with the conclusions you draw from it. The reason corporations lobby the government is to keep any meaningful regulations from being passed in the first place. It's not as you suggest that that corporations dearly want the regulations and actively lobby for their creation. It's that they fear honest politicians will pass regulations that will harm their profit-making, and they lobby to gut the regulations and make them meaningless. They did it will the health-care bill, they did it with financial reform. Every time there is a groundswell of support among the public for real reform and regulation of business, and there is a Congress that might pass such reform, the corporations spend millions of dollars a day to kill such reform (by weakening and watering down the legislation).

I think that since you are a libertarian, you probably oppose all government regulation of business. So you are trying to find a way to explain why government regulation of business does not work. The reason why it appears not to work in our present day is because the regulations that end up getting passed have been watered down by the corporations due to millions of dollars of lobbying money. We don't even have real regulations of business. We have sham regulations. Both Congress and corporations are to blame. Congress because they take the money and write the regulations to benefit industry. Corporations because they work to kill any meaningful reform. If we had public financing of elections, Congress could pass meaningful regulations because they would not need the corporate money to run for re-election.

The answer is not to do away with all regulations of business. That would be worse than what we have now. The answer is to pass real regulations that protect the public interest over the interests of private corporations. I'm not holding my breath.

keyster June 4, 2010 at 15:14:

I work as a consultant for several county governments. What I've found is that most of the management and workers are more incompetent, inept and lazy than corrupt. When a shit storm brews over something the public is outraged and starts screaming about conspiracies and corruption, but this is rarely the case. Yet the governments don't want to admit their incompetence either. They spend more effort managing the PERCEPTION that they're honest and competent, than they do actually BEING honest and competent.

The real corruption happens at the elected official levels. They use the various government agencies as political whipping boys to gain points in the eyes of the public. Politician HAVE to be corrupt to rise up through the ranks. From school board to county commisioner to state senator to congressman to senator to president. It's a transactional business. It takes a million dollars just to run for state senator. Where will they get all that money? From people who expect quid pro quo of course. It's IMPLIED in the business of campaign donations.

fedrz June 4, 2010 at 19:53:

The very notion that we have had a "jobless recovery" in the economy ought to set of the alarm bells as to what is really going on. That certainly must be an oxymoron of the highest order, and yet we hear it trotted out daily on the news.

As well, the American and various Western Economies have had positively enormous growth over the past 20 years. Our economies are much, much, much larger, and have more "value" than before (on paper anyway, heh heh), and yet, for the past 20 years – when adjusted for inflation – the average worker is not making any more money than he did in 1990.

How can the economy grow, and "the Country" become more prosperous, while the people who live in the country are stuck at stagnant or declining levels of prosperity? If the economy grows 40% but your wages and/or level of wealth has risen 0%… well, what the hell is going on? Jobless recovery in the economy? LOL! Talk about Media Spin for saying that Microsoft made billions last quarter and grew by X%, and only Microsoft Inc. made money – not the Microsoft Employees, nor the guy who operates the hot-dog stand selling lunch to said employees, fared any better.

Also, our society has twisted itself somehow into thinking that Corporations have "rights." This is nonsense. You as a human being in your country have "rights," one of which is the right to your property – so if you own shares in

Microsoft, or your own private business, you have property rights to those things, including the “right” to not have your property degraded by the actions of others, including the government… but, it is absurd that we view corporations themselves, absent humans, to have “rights.” Trees don’t have rights either… but a tree in my front yard has rights through me, a human being who owns it as property.

keyster June 4, 2010 at 22:01:

A corporation in the USA has been actually deemed to have individual rights. It’s a Supreme Court ruling. http://en.wikipedia.org/wiki/Corporate_personhood_debate

It’s a “jobless recovery” because while US based corporations are expanding into global markets, they’re stagnant here. All those jobs that went overseas chasing the lower labor dollar also produced a new class of foreign consumer. They want what we’ve had. Houses, cars and stuff… To the extent a US worker can find employment in the private sector it will be to support foreign development and business or marketing operations. After we stopped borrowing money to buy things we couldn’t afford, are economy flatlined. Our quality of life is in decline while other nations, embracing capitalism, rise.

Keoni Galt June 4, 2010 at 23:59:

@ AnonymousProtaganist –

-"Corporatocracy exists because we let it. The power corporations have over our lives would be much much less if we simply didn’t consume as much as we do."

Because we let it? I hardly think so…first, you need to understand that our system of corruption is deeply entrenched and are the very reason as to why most of us are mindless, wasteful consumers of the corporations products. When you research the background of public education, you will find that our modern educational system was specifically designed to dumb down the populace to create human resource wage slaves, kept distracted and ignorant of their situation by being programmed to value materialistic consumerism is the key to temporal happiness. That is the entire purpose of having an utterly commercialized society in which everywhere you turn and look, hear, see and smell is some kind of advertisement to try to get you to consume. Who’s paying for that kind of subliminal, pervasive influence? The Corporatocracy, of course!

The molders of our reality are the multi-billion dollar philanthropic foundations that have donated massive sums of money to socially engineer society to give us our current dystopia. The Rockefeller, Carnegie, Mellon, Ford and more recently the Gates, and other Foundations have spent enormous sums of money on R&D and to create programs to design public schooling curriculum and mass media programming to reinforce that curriculum…all with the deliberate purpose of socially engineering our society to be the corporate wage slave consumerists that we are.

Corporatocracy has become the defacto governing mechanism of the west because corporations are the ones that maintain social order.

This is astounding that you actually believe this! Corporations (combined with their Government lackeys) are the ones that have contributed MOST to the social DISORDER we live in! Can you not see how the escalation of familial dysfunction is the direct product of the corporatocracy’s mass media/education propaganda mill?

How do you think they were able to change a homogeneous, American value system based on Christian Patriarchy that at it's foundation was the nuclear family…into our current feminist-driven Matriarchy of broken homes, a permanent criminal class and an industrial incarceration industry thriving off of the victims of the system?

Take the example given in this post about the road pavers…now swap it out with the developers of private prisons. Same system, same game.

Our socially engineered dystopia has been very lucrative for the corporations behind it.

AnonymousProtagonist June 5, 2010 at 00:21:

I hear you, but I still stand by what I wrote.

Regarding your first point, if people didn't consume corps would go out of business (to be replaced by businesses that support what people do consume no doubt). Otherwise I agree with your sentiments about the brainwashing. But hey, that's what societies do, they brainwash. It was no different hundreds of years ago. Which is to say that I agree that it sucks that this is going on, but the only solution is for people to recognize it for what it is and exercise choices that avoid the traps.

Regarding your second point. You are exactly right. And so am I. The social disorder IS caused by corps. That is the other side of the coin. But social order IS maintained by the status quo of which corps are key players. Hey I'm not trying to be an apologist for corporations. I just think that we live in a chaotic system and these agents of control will pop out of that chaos one way or the other. It's neither good nor bad. It just is.

Big Jay June 5, 2010 at 17:30:

I haven't seen this on a municipal level, but I have seen it on a corporate level. I work for a company that does outsourced facilities management. As such I have worked for a dozen or so very recognizable corporate headquarters. I have been amazed at the amazingly high level of incompetence supply management 'professionals' have in what is a relatively simple project: 1-Getting the service they are actually buying, and 2-Not paying more than they have to pay.

Usually it works such that they get one or the other. If they don't pay much, they don't get what they want. If they are getting what they want, they are usually paying too much for it.

fedrz June 7, 2010 at 12:57:

Some of the things that are going in the world are becoming so incredibly obvious – what is really a crying shame is that it hasn't all been put together yet.

A prime example of high level corporate corruption is Goldman Sucks latest quarter, where they bragged that they made money every single day in the last quarter, and yet, 7 out of 10 people who invested in Goldman's funds lost money – how could this be? Also of enormous shiftiness in nature, these slimebag bastards loaded up one fund with the most toxic debt they could find, then went to their clients and told them to buy the fund – selling it to them as a

rock solid investment – and then Goldman shorted the fund (bet that it would go down in value) because of course it would, since they were the ones who purposefully put it together with garbage that was about to fail, and Goldman made billions of dollars by ripping off their own clients. Of course, it is not technically illegal, but it sure is lacking in scruples… and this company, America, was a major recipient of your billions of bail-out dollars – the same slimey operation that is so intertwined with government that its high-level execs constantly hop from the board of Goldman to high-level gov't cabinet positions and back. It doesn't matter Republican or Democrat, either. Both parties freely invite people from this crooked outfit to sit in unelected positions at the highest levels of government power.

Also, the "goldbugs" out there are getting slapped in the face with the same kinds of issues that we are facing – high level corruption – that is getting so obvious, that the corrupt are hardly even trying to cover their tracks anymore. But more and more people are betting against the government and placing their vote in gold bullion. A purchase of gold is a vote against government and is a vote for freedom.

That there is gold price manipulation by the central banks is virtually regarded as fact by anyone who has been trading gold for the past few years. These are all people who understand "something is going on" and they are becoming more and more open to the notion that it is not just their area where the corruption stops.

Eric Sprott, for example, is a fairly famous guy in the investment world who constantly points out the corruption of central bankers. Nobody laughs at him either, since Sprott Asset Management has been bang on and one of the most successful investment firms in the past decade. Sprott even hired a full time researcher about five years ago or so, who investigated "who" was behind all of this market manipulation, and of course, the answer he got was central bankers, the CFR etc. etc. – the usual suspects.

People are beginning to understand that there is enormous corruption being done by the central banks with our nation's gold. For example, in order to "make a little interest" on gold bullion, they will lease gold forward so people can do a "carry trade." (They will lend out the gold to bullion banks at say 1% interest, the bank sells the gold, and then invests the proceeds in "safe" investments getting 3% or 4%). The problem is, that the central banks refuse to be audited, and we know there is corruption because they their accounting practice is to count their accounts receivables as physical money/gold in the bank. If anyone besides central bankers tried to do bullshit like this, they would be in jail for fraud.

It's the same scam as these Gold ETF's that are being trumpeted across the land that are "as good as gold." No they aren't. They are selling them forward in the same way as the central banks are, seeking minor interest from the carry-trade – and yet, they tell their clients that a GLD share means that it can be redeemed directly for gold. Problem is, that some investors have hired lawyers to check into the legal wording of such ETF's, and there are sufficient loopholes in them that no, you do not have first rights to "your" gold. They lend out your hard asset, but, if the person they lent it to goes broke and can't pay the gold back, it will be you, the client who thought he was safe by buying gold, that will be left holding the bag. It should be noted that Gold ETF's are derived from the Gold price (Derivatives, anyone? What set off the financial crisis?), and these ETF's have sufficiently loose legal mumbo jumbo attached to them that there is no guarantee in a crunch, that the ETF's will get their gold.

It is complete corruption. Many people believe that these ETF's are now being used to suppress the gold price in the same manner as Central Banks have been using national gold to suppress the gold price. This is why there is such a glaring difference between the "spot price" (the number you see on TV) and the physical price of gold. In Germany last month, for example, you could sell an ounce of physical gold for about $1,600, whereas the spot price is between $1200-1240 an ounce. You just cannot get your hands on an ounce of physical gold in Europe right now. This certainly does indicate corruption at work, and gold price manipulation.

Of course, the government at the highest level has an active interest in suppressing the price of gold because gold is a thermometer for how sick the nation's currency is, and the strength of a currency is a reflection of the strength, or confidence, people have in the government that issues said currency. If gold prices stopped being manipulated, the price would shoot through the roof, and the alarm bells would go off around the world. Many, many, many people are beginning to understand this, and understand that the government has an active interest in deceiving us into a false sense of security.

Eric Sprott, btw, has $235 Million dollars worth of gold on the way, and is starting up the first transparently accounted ETF, that will not be leased forward, nor anything else will be done with this gold except for being dust collectors in the vault. If you must buy an ETF rather than physical, this is the one to look into. And, btw, nobody in the world dares to call the guys at Sprott a bunch of morons for pointing their fingers at central bankers. Just like nobody scoffs at Marc Faber, who constantly is pointing his finger at central bank manipulations, and openly calls them crooks.

Conspiracy Theory for Dummies

Keoni Galt · 9 June 2010 · Archived copy · Original

[image]
The appearance of greatbooksformen at Roissy's has had a polarizing effect (to say the least!)...either you love him or hate him. Even though he writes like a spastic teen texting while overdosing on ritalin and aderall, some of us "get" him, because he makes references to various aspects of our current dystopian reality that only a person well versed in the ideas and theories of "conspiracy theory" would recognize readily.

Some people think he's merely parodying the Roissysphere. In Mala Fide commenter, Cauthon, ventured this explanation:

> *GBFM's comments are a loose amalgamation of all the politics in the Roissysphere. I don't think he even agrees with most of the stuff he says. He's merely regurgitating the opinions of others, shrouded in the language of a 16-year-old, text crazy girl. It's so ambiguous and nonsensical that you can read into it whatever meaning you want. And apparently a bunch of you are reading SERIOUS meaning into it. Shocking, really.*

It's only ambiguous and nonsensical, if you don't understand the references he's making...which for the most part requires a bit of extensive reading and rumination to even begin to see the big picture.

I've been ridiculed, slandered and reviled for my blogging both here and on the Spearhead for my discussions of "conspiracy theory." I've been called a crackpot, a moron, and whenever I post a new article on the Spearhead that doesn't relate strictly to 'game' or 'feminism' some anonymous person(s) invariably logs on and complains that I should not be a contributor to the Spearhead.

Even some of my favorite bloggers like Talley and Alki over at Seasons of Tumult and Discord make humor at my expense. (Very funny guys...I really did Laugh Out Loud!)

PMAFT has dedicated several posts and extensive commentary both here and elsewhere to the topic...and while he has been for the most part civil and respectful (and I towards him), I can't help but detect the tone of condescension that imparts his attitude that I'm a blooming idiot for believing in some aspects of "Conspiracy Theory."

Part of this, is the conflating of the aspects of "Conspiracy Theory" that I take seriously with other aspects for which I consider to be misinformation, deliberately designed and promulgated to instill this knee jerk rejection of ALL conspiracy theory, without a second thought.

As if pointing out the role such people Rockefellers and their mega $$$ Foundation has had in socially engineering society through control of the Central Banking System, and their influence on the Government, media and educational system through their philanthropic Foundation's grant funding; I guess pointing these things out is just as outlandish and crazy as Reptilian alien UFO's landing at the Bohemian Grove to sacrifice the babies of brainwashed MK-ultra FEMA Camp internees.

Well folks...it's all good. For those of you that read my stuff and think I'm a total tinfoil-hat wearing loony toon...I doubt there is anything more I can say to make you think otherwise.

However...to people who might be curious as to what the hell this is really all about, I thought I'd try to simplify the

concepts that GBFM continually refers to in his schtick.

First of all...what is GBFM talking about when he refers to "fiat masters?" And why does he always tie women embracing sexual promiscuity (butthexing) to transfer the wealth from men to the fiat masters?

They have ties to the creation of the Federal Reserve banking system. From The Origins of the Federal Reserve

> *The financial elites of this country, notably the Morgan, **Rockefeller**, and Kuhn, Loeb interests, were responsible for putting through the Federal Reserve System as a governmentally created and sanctioned cartel device to enable the nation's banks to inflate the money supply in a coordinated fashion, without suffering quick retribution from depositors or noteholders demanding cash.*

You want the bloody details, you can read that extensive article by Rothbard yourself...or you can also read The Creature From Jekyll Island.

So...the same folks responsible for the creation of the Fed, the "fiat masters," how exactly did they "desoul woman by butthex" and "transferring the wealth from menz to the Fed?"

The connection is blatantly obvious when you look at what kind of things the Rockefeller Foundation has funded that was directly responsible for the proliferation of feminism and shaped society into the problems associated with it that we all deal with today.

They funded Albert Kinsey, the researcher oft credited as the beginning of the change of sexual mores in America.

They funded Margeret Sanger, the founder of Planned Parenthood, the foremost proponent of abortion.

They fund women's studies programs in most major colleges throughout the country.

They funded the various institutes that researched, and developed birth control.

In short, the founders of the Federal Reserve Central Banking System..i.e. the "fiat masters" funded every major element of the feminist movement and sexual revolution that has spawned all of the issues we all discuss, argue, debate and rail against in the MRA blogsphere.

Now, this, as the title of the post entails, is a super-simplified version of the "Conspiracy Theory," but there are many more contributors to these sorts of things - philanthropist foundations and the super-wealthy like the Carnegie, Ford, J.P. Morgan etc. have all extensive ties to the funding of the Eugenics movement...the forerunner to modern feminism.

In Mala Fide commenter, White & Nerdy, took me to task for not focusing on what they believe is the problem: WOMEN!

> *Women have more power than the Federal Reserve by several orders of magnitude. The divorce laws, sexual harassment laws, the DV system, false rape system, etc. have no economic constraint so the Federal Reserve doesn't matter. Women are the primary problem.*

Who do you think financed the lobbyists, the mass media campaigns to normalize feminist propaganda to pass those laws, create the DV system?

GBFM was right...(with gratuitous typos corrected by myself.)

"it's not a fucking conspiracy theory you fucks...it's happening right out in front of your fucking faces!"

You just have to open your eyes.

Red Pill Reality Dispelling Blue Pill Delusions: Relationships & Communication

Keoni Galt · 9 June 2010 · Archived copy · Original

An installment in a series: Red Pill Reality Dispelling Blue Pill Delusions

[image]

This post, unlike the other posts in this series, is based on an actual conversation between myself and a woman acquaintance the other night. In essence, it was the rare occasion for which I dispensed a dosage of red pill reality to someone in real life (rather than through internet anonymity), while she was trying to explain her blue pill delusions to me.

I was two steps ahead of her at every turn in the conversation, and in the end, I actually think I got through to her and gave her a lot of food for thought. Since his is a recollection from a few days ago, of course it's paraphrased from memory and not an exact transcription.

The conversation began on the topic of Tiger Woods and divorce. While she was condemning Tiger for his philandering ways, I posed the question to her: what if Elin had cut Tiger off from sex? Would you than blame him for cheating on her?

Her response was, "well, than they have a problem of communication! He should have communicated with her rather than cheat on her!"

I than said, "what if he tried...and she still told him too bad, she was not interested in sex anymore?"

She than said, "well, than he should have filed for divorce and not cheated."

I said, "and what than? She gets the kids and half to more than half of all of the wealth he spent an entire lifetime earning!"

She said, "He could cite her refusal to have sex as the reason for divorce, and he'd be more likely to get custody and not have to pay alimony!"

My response..."Don't you know what 'no-fault' divorce means?"

No answer. I continued...

"No-fault divorce really means HIS Fault, since the courts typically give the woman default custody of the children, and the house, so that she has a place for the children. Why do I say "his fault?" Because when you call it "no-fault" this basically means a woman can cheat, break her marriage vows, and STILL get rewarded for it when the divorce courts give her custody of the kids."

Silence.

"Look at the way the mass media and society treat adultery. Magazines and TV shows all revile Tiger as a piece of

garbage for being a cheater. It's all his fault. But do we REALLY know what went on between those two? Yet, when you look at any high profile, celebrity episode of a woman cheating on her husband, there is always some sort of explanation that invariably blames it all on the man...'I was bored...he wasn't meeting my needs...I just wasn't feeling it anymore.' See how this works under 'no-fault divorce?'"

This is when she finally responded...

"See, that's the problem! When a woman is feeling these things, instead of cheating, she and her husband need to COMMUNICATE! Communication is the key to fixing these kinds of problems! But like most typical men, if a woman tries to talk to her man about these things, he doesn't listen, he doesn't change, so she goes out and finds a man that WILL listen, and WILL communicate with her!"

I felt like I was listening to an episode by Oprah Winfrey or Dr. Phil doling out the relationship advice to bored housewives and their beta-ized, beat-down husbands.

My response: "Bullshit, this whole 'communication' is the answer is nothing but a bunch of media-brainwashing garbage! When a woman says she's 'bored' it's simply because she's not getting that high from the infatuation stages that happens early in a relationship. When people first meet, the infatuation phase literally creates hormones and chemicals in their brains that are like a drug. Once marriage and kids and familiarity sets in, the other person no longer has that "high" from being with that person. Yet most women mistake the chemical high of infatuation for 'love,' and thanks to our media's endless message that 'love' is the most important thing to make a marriage work, we now have millions of women that 'get bored' and break up their families and destroy their children's lives based on searching for that same 'high' of infatuation. 'Communication' is not going to fix this desire for the chemical rush one gets from infatuation!"

Prolonged silence. I could see my words were sinking in. I continued,

"When a couple first starts dating, one of the biggest reasons that it seems so exciting, is that the unfamiliarity of the other person triggers a sense of anticipation when your not with that person. You're constantly wondering 'what's next?' in this relationship. This ramps up the 'high' of infatuation. This uncertainty consumes your thoughts, and ramps up expectations of excitement the next time you see the other person."

"Marriage and co-habitation eventually destroys this effect. Remember the old saying, 'familiarity breeds contempt?' There's no mystery anymore when the wife knows hubby comes home from work, pops open a beer and turns on the tube or plays with the kid. No more anticipation. No more infatuation. No more 'high.'"

"Than she 'falls out of love.' Perhaps she starts having an affair. Meanwhile, predictable, 'boring' husband keeps up with his routine of work, come home and spend time with the family, mow the lawn on the weekends, maybe have some beers with the boys at a barbecue. Meanwhile, bored housewife is watching the garbage on TV, in which asshats like Dr. Phil and women like Oprah -- who's never been married and is rumored to be a lesbian -- brainwashing you with these ideas of 'COMMUNICATION IS THE KEY TO A HAPPY RELATIONSHIP!'"

So bored housewife tries to 'communicate.' But she doesn't even understand in her own mind that the root of her problem is that she's craving the high of infatuation. So she's no longer sexually attracted to her husband. She stops having sex with him. He doesn't understand why. If HE tries to 'communicate' with her, she tells her clueless husband that something is 'wrong' or 'I'm not in love anymore' or some other such vague bullshit. And clueless husband, who goes to work everyday, pays the bills, helps with the housework, helps with the kids, thinks 'WTF did I do wrong? Everything I do is for this family? Why is she acting like this? Why is she so unhappy? What's the problem?"

"Eventually, she finds a new man that gives her that infatuation high, or she files for divorce so that she can start looking for her new high without feeling guilty of cheating. In either case, she's destroyed yet another family and unjustly took her children away from their Father, all just so she can look for that 'infatuation-high' that she mistakes for 'love.' Whenever you're infatuated with somebody, you're eating up their every word, no matter what they're saying. Clueless woman thinks that her new lover is a 'fantastic communicator' and that they have 'great conversations.' It's all bullshit. "Communication" is not the key. Men need to understand how to keep their wives experiencing that infatuation high with them to keep her from getting bored. THAT is how relationships really work!"

I can see at this point she's utterly confounded with my diatribe. More silence.

I laugh. She finally admits, "You may have a point...how did you figure this stuff out?

I tell her, "Now you know why my wife and I have been married for so long...and it 'aint because we 'communicate.'"

E Ola Mau Kalaninuimehameha! Long Live the King!

Keoni Galt · 11 June 2010 · Archived copy · Original

[image]

Today is King Kamehameha Day here in Hawai'i.

His is the portrait I use for my blogger profile.

I've read numerous books and have studied his biography intensively throughout my adult life. It is part of my desire to understand the story of my native heritage. He is the unifier, the conquerer. Hawaii's first warrior chief to have conquered all the Hawaiian islands to forge a kingdom to enter a new age of Global travel, trade and colonialism.

His life story is amazing, inspiring, and comparable to any mythical, legendary figure of any Western historical account. He was referred to as the Napolean of the Pacific.

If you're interested in reading a fairly accurate summary, Wikipedia has a good summation of his life story.

I also just bought a new, hardcover children's book, entitled Kohala Kuamo'o: Nae'ole's Race to Save a King. It regales the story of his birth, which in some ways parallels the events surrounding the story of Jesus Christ's birth. Legend tells that he was born while Halleys comet was in the sky, which portended the birth of the Chief who would eventually conquer all other Chiefs.

So the ruling chief of that time, ordered him killed. But he was taken into hiding and survived the attempt to kill him. I love this book, for it is written in both English and Hawaiian. Hawaiian language neared extinction in the last century, but it has undergone a revival in the last several decades. Children's stories in Hawaiian are good way to continue the resurgence of the language.

[image]

Finally, I would recommend an excellent book that I have read 3 times already, and will probably read it a fourth sometime in the future. It's essentially a compilation of the translated works of a serialization of Kamehameha's life story that appeared for a period of time in the Hawaiian language newspaper in the 18th century. It is told through the story of his *lua* instructor (Hawaiian traditional martial art), Kekuhaupi'o.

He inoa no Kalaninuimehameha!

Heeeeeeeeeeee's BACK!

Keoni Galt · 15 June 2010 · Archived copy · Original



Rob Fedders has decided to resume his contributions to the MRM by blogging again...I guess he got bored with his career as a drive-by commenter in the MRM blogosphere.

NO MA'AM!

Check out his first new blog posts since 2008:

NO MA'AM's Guide To Bird Watching in the Manosphere

The Baby Bomb: How the Boomers were Used to Demolish a Culture -- by Zenpriest

Bonecrker #1 - Abusive Behaviour

Philalethes #1 - Feminist Allies?

War is Coming - The Public vs. Government Workers

Good to see you back at it Mr. Fedrz!

Rob left a great comment in my Conspiracy Theory for Dummies post...regarding all of you folks that read some of the things I write about and instinctively write it off as paranoid ravings about reptilian illuminati:

Rob Fedders on Conspiracy Throughout History:

In many cases, key or pivotal decisions have been made without popular support, or even knowledge of the issues, that removed certain known pillars to society. And mockers, such as yourself, are ill able to explain "why" such things could happen, shrug your shoulders and carry on with your head buried in the sand.

Take the implementation of "No Fault Divorce," for example. This was not the result of a popular outcry from the masses to solve some horrific problem. It was implemented by a very small group of radicals manipulating the system.

It was no accident, and they knew what the results would be.

Now, every single little thing that happened as a result of such an action cannot be attributed to such groups, but, they did not need to manipulate every thing after that, all they needed to do was remove the "pin" that caused the further destruction. Much like if I loosened the lug-nuts on the tires of your car, I won't know exactly when or how it will happen, but I do know that I will be causing a lot of destruction to come your way in the near future.

There are examples of this in several key areas of our history that cannot be neatly explained away with the mocking attitudes of the Ostrich Heads - who are just as ridiculous as Illuminati Shreikers.

It's like you guys wish to deny that groups manipulating the system via conspiracies are unheard of in history, when historical fact illustrates that most significant historical changes are, indeed, the result of groups of peoples conspiring against others. Bismarck, for example, conspired to start the Franco-Prussian War by manipulating the German States into a frenzy of hatred against the French, by even going so far as to falsify letters and print them in newspapers. He succeeded, and Germany was born.

Et Tu, Brute?

So, I agree, Illuminati Reptillian Antarctican Dwellers meeting annually at the Bohemian Grove to have incestuous affairs with baby girls is complete hogwash.

But, the ostrich-heads who simply refuse to acknowledge the very existence of conspiracy all throughout the history of mankind, are not really all that much smarter.

Christ, the Founding Fathers of America were a conspiracy theory.

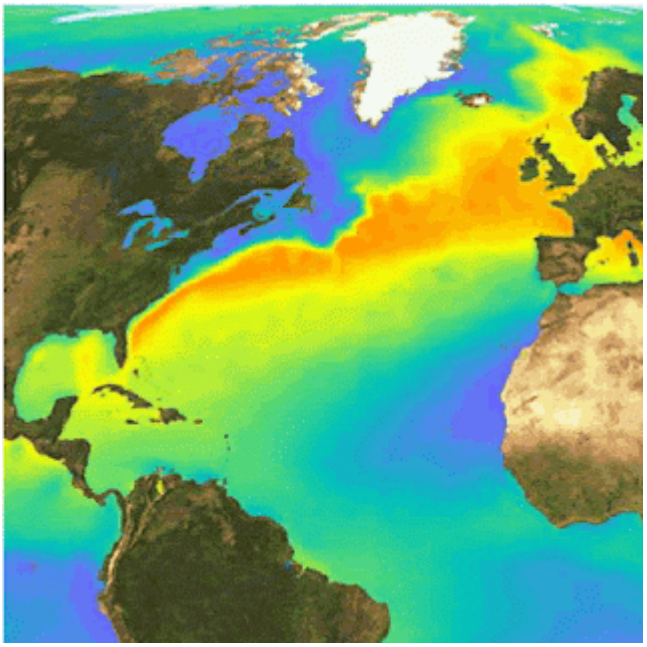
The majority of pivotal events in history have elements of conspiracy and deception behind them, and this is historical fact, not fiction.

What makes you think humans have evolved so much in the past century or so, that we have become so different

> *than all the generations of humans who came before us?*
>
> *What I'd like to see all of the "proto-Mra's" out there start doing, is backing up their assertions with some real research and fact, rather than just relying on their goddamn pontifications after a night of bong-hits, and then declaring their fantasies to be the "new" facts.*

Gulf Oil Spill - End of the World as We Know It?

Keoni Galt · 16 June 2010 · Archived copy · Original



I think one thing we can say for sure regarding the oil volcano still spewing petroleum into the ocean at a fantastically and sickening rate - we are learning first hand just how big of lie "peak oil" theory was. Worse than Global Warming.

If only the world were running out of oil...we might have some unspoiled oceans left after the gusher at the bottom of the Gulf finally runs out....but it doesn't look like BP or the Obama Admin or FEMA or The Coast Guard, or The Navy or any other official entity that is supposed to be doing something to stop this has the slightest fucking clue about how to stop this.

I recall reading about abiotic oil several years ago on the internet. All websites that I had previously bookmarked that reference abiotic oil are now all defunct. Perhaps the money of BIG OIL has very very very far reaching influence and have been able to methodically censor the truth about abiotic oil to keep the scarcity-driven profiteering scam going...

Artificial scarcity is the only way to ensure profitability of what now looks like an overly abundant and highly useful commodity. So the only thing to do is to promote "scientific research" that states a theory like 'peak oil' and through the media, and tremendous financing through a wide variety of channels...has now become accepted as conventional wisdom and proven fact.

Not so.

If BP/Obama don't get this oil volcano capped and plugged soon, we may literally see the biggest ecological disaster in all of human history.

The potential for disrupting the cycle of life and the balance of nature is so vast and far reaching, it's hard to even begin to try and grasp the big picture. How much of life on this earth is dependent upon the inter-connected dynamics of the cycle of life between land life and ocean life?

What happens to land life in the face of a massive ocean die off?

Check out the following article (pdf):

> *The Obama Administration and senior BP officials are frantically working not to stop the world's worst oil disaster, but to hide the true extent of the actual ecological catastrophe. Senior researchers tell us that the BP drilling hit one of the oil migration channels and that the leakage could continue for years unless decisive steps are undertaken, something that seems far from the present strategy.*
>
> *In a recent discussion, Vladimir Kutcherov, Professor at the Royal Institute of Technology in Sweden and the Russian State University of Oil and Gas, predicted that the present oil spill flooding the Gulf Coast shores of the United States "could go on for years and years … many years." 1*
>
> *According to Kutcherov, a leading specialist in the theory of abiogenic deep origin of petroleum, "What BP drilled into was what we call a 'migration channel,' a deep fault on which hydrocarbons generated in the depth of our planet migrate to the crust and are accumulated in rocks, something like Ghawar in Saudi Arabia."3 Ghawar, the world's most prolific oilfield has been producing millions of barrels daily for almost 70 years with no end in sight. According to the abiotic science, Ghawar like all elephant and giant oil and gas deposits all over the world, is located on a migration channel similar to that in the oil-rich Gulf of Mexico.*
>
> *As I wrote at the time of the January 2010 Haiti earthquake disaster,3 Haiti had been identified as having potentially huge hydrocasrbon reserves, as has neighboring Cuba. Kutcherov estimates that the entire Gulf of Mexico is one of the planet's most abundant accessible locations to extract oil and gas, at least before the Deepwater Horizon event this April.*
>
> *"In my view the heads of BP reacted with panic at the scale of the oil spewing out of the well," Kutcherov adds. "What is inexplicable at this point is why they are trying one thing, failing, then trying a second, failing, then a third. Given the scale of the disaster they should try every conceivable option, even if it is ten, all at once in hope one works.* ***Otherwise, this oil source could spew oil for years given the volumes coming to the surface already.*** *" 4*
>
> *He stresses, "It is difficult to estimate how big this leakage is. There is no objective information available." But taking into consideration information about the last BP 'giant' discovery in the Gulf of Mexico, the Tiber field, some six miles deep, Kutcherov agrees with Ira Leifer a researcher in the Marine Science Institute at the University of California, Santa Barbara who says the oil may be gushing out at a rate of more than 100,000 barrels a day.5*
>
> *What the enormity of the oil spill does is to also further discredit clearly the oil companies' myth of "peak oil" which claims that the world is at or near the "peak" of economical oil extraction. That myth, which has been propagated in recent years by circles close to former oilman and Bush Vice President, Dick Cheney,* ***has been effectively used by the giant oil majors to justify far higher oil prices than would be politically possible otherwise, by claiming a non-existent petroleum scarcity crisis.***

Obama & BP Try to Hide

According to a report from Washington investigative journalist Wayne Madsen, "the Obama White House and British Petroleum are covering up the magnitude of the volcanic-level oil disaster in the Gulf of Mexico and working together to limit BP's liability for damage caused by what can be called a 'mega-disaster.'" 6 Madsen cites sources within the US Army Corps of Engineers, FEMA, and Florida Department of Environmental Protection for his assertion.

Obama and his senior White House staff, as well as Interior Secretary Salazar, are working with BP's chief executive officer Tony Hayward on legislation that would raise the cap on liability for damage claims from those affected by the oil disaster from $75 million to $10 billion. According to informed estimates cited by Madsen, however, the disaster has a real potential cost of at least $1,000 billion ($1 trillion). That estimate would support the pessimistic assessment of Kutcherov that the spill, if not rapidly controlled, ***"will destroy the entire coastline of the United States."***

According to the Washington report of Madsen, BP statements that ***one of the leaks has been contained, are "pure public relations disinformation designed to avoid panic and demands for greater action by the Obama administration., according to FEMA and Corps of Engineers sources."*** *7*

The White House has been resisting releasing any "damaging information" about the oil disaster. ***Coast Guard and Corps of Engineers experts estimate that if the ocean oil geyser is not stopped within 90 days, there will be irreversible damage to the marine eco-systems of the Gulf of Mexico, north Atlantic Ocean, and beyond.*** *At best, some Corps of Engineers experts say it could take two years to cement the chasm on the floor of the Gulf of Mexico. 8*

Only after the magnitude of the disaster became evident did Obama order Homeland Security Secretary Napolitano to declare the oil disaster a "national security issue." Although the Coast Guard and FEMA are part of her department, Napolitano's actual reasoning for invoking national security, according to Madsen, was merely to ***block media coverage of the immensity of the disaster that is unfolding for the Gulf of Mexico and Atlantic Ocean and their coastlines.***

The Obama administration also conspired with BP to hide the extent of the oil leak, according to the cited federal and state sources. After the oil rig exploded and sank, the government stated that 42,000 gallons per day were gushing from the seabed chasm. Five days later, the federal government upped the leakage to 210,000 gallons a day. However, submersibles monitoring the escaping oil from the Gulf seabed are viewing television pictures of what they describe as a "volcanic-like" eruption of oil.

When the Army Corps of Engineers first attempted to obtain NASA imagery of the Gulf oil slick, which is larger than is being reported by the media, it was reportedly denied the access. By chance, National Geographic managed to obtain satellite imagery shots of the extent of the disaster and posted them on their web site. ***Other satellite imagery reportedly being withheld by the Obama administration, shows that what lies under the gaping chasm spewing oil at an ever-alarming rate is a cavern estimated to be the size of Mount Everest.***

This information has been given an almost national security-level classification to keep it from the public, according to Madsen's sources.

The Corps of Engineers and FEMA are reported to be highly critical of the lack of support for quick action after the oil disaster by the Obama White House and the US Coast Guard. Only now has the Coast Guard understood the magnitude of the disaster, dispatching nearly 70 vessels to the affected area. Under the loose regulatory measures implemented by the Bush-Cheney Administration, the US Interior Department's Minerals Management Service became a simple "rubber stamp," approving whatever the oil companies wanted in terms of safety precautions that could have averted such a disaster. Madsen describes a state of "criminal collusion" between Cheney's former firm, Halliburton, and the Interior Department's MMS, and that the potential for similar disasters exists with the other 30,000 off-shore rigs that use the same shut-off valves. 9

Silence from Eco groups?… Follow the money

Without doubt at this point we are in the midst of what could be the greatest ecological catastrophe in history. The oil platform explosion took place almost within the current loop where the Gulf Stream originates. This has huge ecological and climatological consequences.

A cursory look at a map of the Gulf Stream shows that the oil is not just going to cover the beaches in the Gulf, it will spread to the Atlantic coasts up through North Carolina then on to the North Sea and Iceland. And beyond the damage to the beaches, sea life and water supplies, the Gulf stream has a very distinct chemistry, composition (marine organisms), density, temperature. What happens if the oil and the dispersants and all the toxic compounds they create actually change the nature of the Gulf Stream? No one can rule out potential changes including changes in the path of the Gulf Stream, and even small changes could have huge impacts. ***Europe, including England, is not an icy wasteland due to the warming from the Gulf Stream.***

Yet there is a deafening silence from the very environmental organizations which ought to be at the barricades demanding that BP, the US Government and others act decisively.

That deafening silence of leading green or ecology organizations such as Greenpeace, Nature Conservancy, Sierra Club and others may well be tied to a money trail that leads right back to the oil industry, notably to BP. ***Leading environmental organizations have gotten significant financial payoffs in recent years from BP in order that the oil company could remake itself with an "environment-friendly face," as in "beyond petroleum" the company's new branding.***

The Nature Conservancy, described as "the world's most powerful environmental group,"10 ***has awarded BP a seat on its International Leadership Council after the oil company gave the organization more than $10 million in recent years.*** *11*

Until recently, the Conservancy and other environmental groups worked with BP in a coalition that lobbied Congress on climate-change issues. An employee of BP Exploration serves as an unpaid Conservancy trustee in

> *Alaska. In addition, according to a recent report published by the Washington Post, Conservation International, another environmental group, has accepted $2 million in donations from BP and worked with the company on a number of projects, including one examining oil-extraction methods. From 2000 to 2006, John Browne, then BP's chief executive, sat on the CI board.*
>
> *Further, The Environmental Defense Fund, another influential ecologist organization, joined with BP, Shell and other major corporations to form a Partnership for Climate Action, to promote 'market-based mechanisms' (sic) to reduce greenhouse gas emissions.*
>
> ***Environmental non-profit groups that have accepted donations from or joined in projects with BP include Nature Conservancy, Conservation International, Environmental Defense Fund, Sierra Club and Audubon. That could explain why the political outcry to date for decisive action in the Gulf has been so muted.*** *12*
>
> *Of course those organizations are not going to be the ones to solve this catastrophe. The central point at this point is who is prepared to put the urgently demanded federal and international scientific resources into solving this crisis.* ***Further actions of the likes of that from the Obama White House to date or from BP can only lead to the conclusion that some very powerful people want this debacle to continue.*** *The next weeks will be critical to that assessment.*

Now why would the powerful interests want this debacle to continue? Brings to mind the quote, from Rahm Emanuel....

"Never let a serious crisis go to waste. What I mean by that is it's an opportunity to do things you couldn't do before."

We'll soon see what exactly are those things that they could not do before...they will now do with this Oil disaster as the impetus and rationale.

Deepwater Horizon: Worst Case Scenario

Keoni Galt · 17 June 2010 · Archived copy · Original

[image]

So what is the worst case scenario? I recently came across a forum called The Oil Drum, and it appears that some gas/energy/oil professionals are debating the various aspects of this utter catastrophe.

One of the members, dougr, paints a grim portrait indeed...

> *First of all...set aside all your thoughts of plugging the well and stopping it from blowing out oil using any method from the top down. Plugs, big valves to just shut it off, pinching the pipe closed, installing a new bop or lmrp, shooting any epoxy in it, top kills with mud etc etc etc....forget that, it won't be happening..it's done and over. In fact actually opening up the well at the subsea source and allowing it to gush more is not only exactly what has happened, it was probably necessary, or so they think anyway.*
>
> *So you have to ask WHY? Why make it worse?...there really can only be one answer and that answer does not bode well for all of us. It's really an inescapable conclusion at this point, unless you want to believe that every Oil and Gas professional involved suddenly just forgot everything they know or woke up one morning and drank a few big cups of stupid and got assigned to directing the response to this catastrophe. Nothing makes sense unless you take this into account, but after you do...you will see the "sense" behind what has happened and what is happening. That conclusion is this:*
>
> *The well bore structure is compromised "Down hole".*
>
> *That is something which is a "Worst nightmare" conclusion to reach. While many have been saying this for some time as with any complex disaster of this proportion many have "said" a lot of things with no real sound reasons or evidence for jumping to such conclusions, well this time it appears that they may have jumped into the right place...*
>
> *TOP KILL - FAILS:*
> *This was probably our best and only chance to kill this well from the top down. This "kill mud" is a tried and true method of killing wells and usually has a very good chance of success. The depth of this well presented some logistical challenges, but it really should not of presented any functional obstructions. The pumping capacity was there and it would have worked, should have worked, but it didn't.*
>
> *It didn't work, but it did create evidence of what is really happening. First of all the method used in this particular* ***top kill made no sense, did not follow the standard operating procedure used to kill many other wells and in fact for the most part was completely contrary to the procedure which would have given it any real chance of working.***

Almost like they wanted it to fail...

> *When a well is "Killed" using this method heavy drill fluid "Mud" is pumped at high volume and pressure into a*

> *leaking well. The leaks are "behind" the point of access where the mud is fired in, in this case the "choke and Kill lines" which are at the very bottom of the BOP (Blow Out Preventer) The heavy fluid gathers in the "behind" portion of the leaking well assembly, while some will leak out, it very quickly overtakes the flow of oil and only the heavier mud will leak out. Once that "solid" flow of mud is established at the leak "behind" the well, the mud pumps increase pressure and begin to overtake the pressure of the oil deposit. The mud is established in a solid column that is driven downward by the now stronger pumps. The heavy mud will create a solid column that is so heavy that the oil deposit can no longer push it up, shut off the pumps...the well is killed...it can no longer flow.*
>
> *Usually this will happen fairly quickly, in fact for it to work at all...it must happen quickly. There is no "trickle some mud in" because that is not how a top kill works. The flowing oil will just flush out the trickle and a solid column will never be established. Yet what we were told was "It will take days to know whether it worked"...."Top kill might take 48 hours to complete"...the only way it could take days is if BP intended to do some "test fires" to test integrity of the entire system. The actual "kill" can only take hours by nature because it must happen fairly rapidly.*

He than goes on to deconstruct some vague statements from BP and some articles, in which he than leads up to his conclusion:

> *All the actions and few tid bits of information all lead to one inescapable conclusion. The well pipes below the sea floor are broken and leaking. Now you have some real data of how BP's actions are evidence of that, as well as some murky statement from "BP officials" confirming the same.*
>
> *I took some time to go into a bit of detail concerning the failure of Top Kill because this was a significant event. To those of us outside the real inside loop, yet still fairly knowledgeable, it was a major confirmation of what many feared. That the system below the sea floor has serious failures of varying magnitude in the complicated chain, and it is breaking down and it will continue to.*
>
> *What does this mean?*
>
> *It means they will never cap the gusher after the wellhead. They cannot...the more they try and restrict the oil gushing out the bop?...the more it will transfer to the leaks below. Just like a leaky garden hose with a nozzle on it. When you open up the nozzle?...it doesn't leak so bad, you close the nozzle?...it leaks real bad, same dynamics. It is why they sawed the riser off...or tried to anyway...but they clipped it off, to relieve pressure on the leaks "down hole". I'm sure there was a bit of panic time after they crimp/pinched off the large riser pipe and the Diamond wire saw got stuck and failed...because that crimp diverted pressure and flow to the rupture down below.*
>
> *Contrary to what most of us would think as logical to stop the oil mess, actually opening up the gushing well and making it gush more became {the }direction BP took after confirming that there was a leak. In fact if you note their actions, that should become clear.* ***They have shifted from stopping or restricting the gusher to opening it up and catching it. This only makes sense if they want to relieve pressure at the leak hidden down below the seabed.....and that sort of leak is one of the most dangerous and potentially damaging kind of leak there could be.*** *It is also inaccessible which compounds our problems. There is no way to stop that leak from above, all they can do is relieve the pressure on it and the only way to do that right now is to open up the nozzle above and gush more oil into the gulf and hopefully catch it, which they have done, they just neglected to tell us why, gee*

> *thanks.*

This does not look good. No surprise that we're not getting the truth from BP, the media or our President.

> *A down hole leak is dangerous and damaging for several reasons. There will be erosion throughout the entire beat up, beat on and beat down remainder of the "system" including that inaccessible leak. The same erosion I spoke about in the first post is still present and has never stopped, cannot be stopped, is impossible to stop and will always be present in and acting on anything that is left which has crude oil "Product" rushing through it. There are abrasives still present, swirling flow will create hot spots of wear and this erosion is relentless and will always be present until eventually it wears away enough material to break it's way out. It will slowly eat the bop away especially at the now pinched off riser head and it will flow more and more. Perhaps BP can outrun or keep up with that out flow with various suckage methods for a period of time, but eventually the well will win that race, just how long that race will be?...no one really knows....However now?...there are other problems that a down hole leak will and must produce that will compound this already bad situation.*
>
> *This down hole leak will undermine the foundation of the seabed in and around the well area. It also weakens the only thing holding up the massive Blow Out Preventer's immense bulk of 450 tons. In fact?...we are beginning to the results of the well's total integrity beginning to fail due to the undermining being caused by the leaking well bore.*
>
> *The first layer of the sea floor in the gulf is mostly loose material of sand and silt. It doesn't hold up anything and isn't meant to, what holds the entire subsea system of the Bop in place is the well itself. The very large steel connectors of the initial well head "spud" stabbed in to the sea floor. The BOP literally sits on top of the pipe and never touches the sea bed, it wouldn't do anything in way of support if it did. After several tens of feet the seabed does begin to support the well connection laterally (side to side) you couldn't put a 450 ton piece of machinery on top of a 100' tall pipe "in the air" and subject it to the side loads caused by the ocean currents and expect it not to bend over...unless that pipe was very much larger than the machine itself, which you all can see it is not. The well's piping in comparison is actually very much smaller than the Blow Out Preventer and strong as it may be, it relies on some support from the seabed to function and not literally fall over...and it is now showing signs of doing just that....falling over.*

So what happens if it falls over?

> *Well...none of what is likely to happen is good, in fact...it's about as bad as it gets. I am convinced the erosion and compromising of the entire system is accelerating and attacking more key structural areas of the well, the blow out preventer (BOP) and surrounding strata holding it all up and together. This is evidenced by the tilt of the blow out preventer and the erosion which has exposed the well head connection. What eventually will happen is that the blow out preventer will literally tip over if they do not run supports to it as the currents push on it. I suspect they will run those supports as cables tied to anchors very soon, if they don't, they are inviting disaster that much sooner.*
>
> *Eventually even that will be futile as the well casings cannot support the weight of the massive system above with*

> *out the cement bond to the earth and that bond is being eroded away. When enough is eroded away the casings will buckle and the BOP will collapse the well. If and when you begin to see oil and gas coming up around the well area from under the BOP? or the area around the well head connection and casing sinking more and more rapidly? ...it won't be too long after that the entire system fails.* ***BP must be aware of this, they are mapping the sea floor sonically and that is not a mere exercise. Our Gov't must be well aware too, they just are not telling us.***

> *All of these things lead to only one place, a fully wide open well bore directly to the oil deposit...after that, it goes into the realm of* ***"the worst things you can think of."*** *The well may come completely apart as the inner liners fail. There is still a very long drill string in the well, that could literally come flying out...as I said...all the worst things you can think of are a possibility, but the very least damaging outcome as bad as it is, is that we are stuck with a wide open gusher blowing out 150,000 barrels a day of raw oil or more. There isn't any "cap dome" or any other suck fixer device on earth that exists or could be built that will stop it from gushing out and doing more and more damage to the gulf. While at the same time also doing more damage to the well, making the chance of halting it with a kill from the bottom up less and less likely to work, which as it stands now?....is the only real chance we have left to stop it all.*

> ***It's a race now...a race to drill the relief wells and take our last chance at killing this monster before the whole weakened, wore out, blown out, leaking and failing system gives up it's last gasp in a horrific crescendo.***

When you think things can't get any worse, that's exactly when we find out that indeed they can...

> *We are not even 2 months into it, barely half way by even optimistic estimates. The damage done by the leaked oil now is virtually immeasurable already and it will not get better, it can only get worse.* ***No matter how much they can collect, there will still be thousands and thousands of gallons leaking out every minute, every hour of every day.*** *We have 2 months left before the relief wells are even near in position and set up to take a kill shot and that is being optimistic as I said.*

> *Over the next 2 months the mechanical situation also cannot improve, it can only get worse,* ***getting better is an impossibility.*** *While they may make some gains on collecting the leaked oil, the structural situation cannot heal itself. It will continue to erode and flow out more oil and eventually the inevitable collapse which cannot be stopped will happen.*

> *It is only a simple matter of who can "get there first"...us or the well. We can only hope the race against that eventuality is one we can win, but my assessment I am sad to say is that we will not. The system will collapse or fail substantially before we reach the finish line ahead of the well and the worst is yet to come.*

> *Sorry to bring you that news, I know it is grim, but that is the way I see it....I sincerely hope I am wrong. We need to prepare for the possibility of this blow out sending more oil into the gulf per week then what we already have now, because that is what a collapse of the system will cause. All the collection efforts that have captured oil will be erased in short order. The magnitude of this disaster will increase exponentially by the time we can do anything to halt it and our odds of actually even being able to halt it will go down.*
>
> *The magnitude and impact of this disaster will eclipse anything we have known in our life times if the worst or*

> *even near worst happens...*

Take note. While it seems we can't get a straight story from our mainstream media, you now know what to look for. Should the remaining well structure collapse, we very well could see a worldwide pollution of the oceans as an unprecedented amount of oil gushes from that hole.

> *We are seeing the puny forces of man vs the awesome forces of nature.*

Some Brilliant Perspectives on Patriarchy

Keoni Galt · 19 June 2010 · Archived copy · Original

I never claimed to be an authority on LTR or a marriage expert.

The only claim I make is that I believe I've gained an understanding of the effects our cultural and societal influences, and how they foster dissension and misunderstandings between the sexes that often sabotage their efforts to find personal fulfillment and happiness in sharing a life with a mate and procreating and raising your offspring together.

I see the lies our culture promulgate, and how to avoid the pitfalls and traps of those lies. That is what 'game' means in the context of the long term relationship between a man and a woman.

In my writings on this topic, on this blog, at *Roissy's*, and at *The Spearhead*, I really wrote on this topic for my own benefit...to help myself analyze, clarify, and crystallize my observations of the principles of "game" and how they applied to my own marriage - so that I could mentally grasp a coherent, comprehensible vision in my mind's eye; it helped me to see the big picture.

Having so many people email and comment to me over the past couple of years about how relating to this vision has helped them change their own lives for the better merely reinforces that the changes I've seen in my own life are based on a solid understanding of bedrock principles founded in truth...and not just some highly unusual, anecdotal anomaly.

But it gets even better when you read other peoples contributions to this vision of recognizing the truths about gender roles and how interpersonal relationships work in relation to those truths. People that help you see other points and ideas that I never even considered before on my own. But when you read it, you go "aha!" because it fits in so perfectly with the vision you've already brought into focus in your own mind.

Ulysses at *Hidden Leaves* wrote just such a post I just read, entitled Follow the Leader

> *In an effort to be the biggest baddest cock, the man of the house, some stop doing anything and leave all the work that having a house requires to the wife, save for basic yard work which involves the use of mechanized tools. They confuse asshole game with just being an asshole. Whether or not their wife works is unimportant to such men. For them, they are in charge and the wife is going to do the woman's work around the house. All of it. Laundry? That's pussy shit for beta chumps. Cooking? I'm no kitchen bitch. Cleaning bathrooms? Are you fucking kidding me?*
>
> *Hopefully, for their own sake, such men are really enjoying getting to spend their money while they still can. They will give away half of it at some point in the not too distant future. Living in a dictatorial household will inspire an insurrection. The laws are designed to facilitate women with such an insurrection.*
>
> *Dictator of the house is fleeting power. Leader of the house is power with stamina. Being a leader takes more work.*
>
> *If you want your wife to respect and tingle for you, you have to become leader of the house. You will do some laundry. You will spend some time in the kitchen. If you have kids, you will change some diapers. If you're me,*

> *you will actively pursue other ways to help, even folding laundry, rather than clean bathrooms because you hate that task. My dad is very much man of the house, but I'll always remember one day when I was in junior high. At that point, we had a maid coming once a week as my mom had gone back to work. Dad worked a weird schedule and I was home "sick." Dad came into my room and said, "Get up and grab a broom. The maid called in sick and your mom isn't coming home to a dirty house."*
>
> *This isn't the first time I've written on this, but it bears repeating. The secret to a happy marriage is to be the leader of your household. The secret of leadership is getting down in the trenches with the troops. This role requires effort; it cannot be faked. Sure, you may find yourself in the garage, standing with a tiny plastic shovel, scooping cat shit, and thinking about how you wish you'd managed to get rid of the cats before your elder daughter got attached. You will also find yourself balls deep into a very thankful vagina shortly after you finish scooping. The rewards that come from being leader of your household are very worthwhile – good food, a clean house, kids who look like you, lots of sex, the whole nine yards – but you have to be the one to earn those rewards. No one is going to give them to you.*

I've seen this exact same dynamic in the martial arts dojo. The difference between a leader and a dictator and it's effects on the entire environment and how it influences the learning and practice of everyone involved.

Brilliant insight Ulysses.

In my own experience, I simply reserve "asshole" game for when I have a good reason for righteous indignation. Attempts to emasculate or belittle me are met with immediate response, sometimes terse and angry. I'm in touch with my inner asshole like that...but it is not an indulgence of tyranny to let it out when it is merited. It's simply a reminder...I am the man here, I do have a spine, and there are some lines I will not tolerate be crossed.

Another excellent contribution to the emerging consensus regarding the relationship between a man and a woman in a Patriarchal model, was the Star Trek analogy Athol Kay at *Married Man Sex Life* used to describe his own marriage: Dominance and Submission in Marriage: The Captain and First Officer Model

> *Often a woman will tear her husband apart over quite minor things seeking a reaction to correct her. If she doesn't get that correction she can become increasingly agitated with her man and progressively more extreme in efforts to force that reaction. The majority of drama queens are just seeking the king to finally show up and tell her to knock it off.*
>
> *Again - I'm talking about one man and one woman with each other. I'm not talking about all men over all women. Nor am I saying all marriages have to work this way. Just that I believe most would run better for trying it. Many women actively seek domination in their sexual relationships.*

I would interject here that many women actively seek this...but don't even consciously realize this truth. Thanks to the message of "equality" that is the dominant meme of our culture, many women seek for this while rationalizing or justifying this need with the 'pretty lies' of our culture when they experience the dominance they subconsciously desire. I've noticed plenty of women who are in relationships with men who are dominant...yet she'll proudly tell her friends that they have an "equal" relationship.

Anyhow, back to Athol's* excellent Star Trek analogy

*(BTW - is it just me, or am I the only guy that "hears" the name "Athol" in my head as GBFM saying "asshole" in his Barney Franks "butthex" lisp? heh...I know you're a good sport Athol...cheers mate, I still can't help but laugh at the thought!)

> *I've always liked the dynamic on the Star Trek series between Captains and First Officers. It's always been quite apparent that the First Officer is always competent and skilled, and if anything happens to the Captain, they step into the role of being in command immediately. The Captains always listen, sometimes the First Officer has a better idea than their own. Sometimes the First Officer actually overrules the Captain in a crisis and gives the crew an order, the Captain usually just trusts the First Officer isn't doing this to make trouble and runs with it. But at the end of the day… the Captain is the Captain and leadership comes from them, and final responsibility for the ship lies with them. If it all goes to hell the Captain is last off the ship.*
>
> *My realization is that most wives want the First Officer job. Not Crewman Third Class, but not Captain either. They want to have a say and be heard, they want to be trusted, they don't want to be micro managed on decisions they are capable of making themselves, they can happily step it up into "having the bridge" when their husbands aren't available. They just would rather be the second in command and follow someone else's leadership and general direction.*
>
> *The challenge for the husband is not to go into marriage as a Redshirt waiting for the deathblow. If that's what you expect, that's what you'll get. Also not to go into marriage and attempt to simply be a member of the crew. The wife will likely try and assume a First Officer role and that makes her the de facto Captain if the husband doesn't take that position. That may well piss her off. He can even do everything she says wants and asks him to do, and by submitting to her perfectly, that can actually anger and disappoint her more and more. Most men find this extremely confusing.*

This was my own experience to the 'T.'

This dynamic is what I believe is precisely how so many men have become "beta-ized" and repel their wives and turn off her attraction for him...and often times she's just as confused and unawares of what is actually going on too. This is when she starts saying vague things like "I don't know if I can do this anymore!" or "Why are we not happy anymore?" or "We need to talk about this relationship!"

Most women simply cannot tell their confused husbands "you are not being dominant, you are not being a worthy leader, and your indecision, unsure self-doubts are killing my attraction for you! Dominate Me, dammit!" Most women can't say this...because the cultural narrative of our declining civilization has associated the word dominance with abuse and domestic violence in the minds of the average blue pill taker.

Talleyrand over at *Seasons of Tumult and Discord* elaborated on this point as well, in one of his more memorable posts that also added to my overall mental picture - Dominance is not the Same as Controlling

> *When people talk about dominance and social dominance, inevitably women will think "controlling."*
>
> *Generally, women do not like controlling. They will often think of an ex that was controlling and shiver with revulsion.*

> *Being controlling is not a sign of dominance, it is a sign of weakness. It is a sign of insecurity.*
>
> *Certainly a controlling man or women (and there are plenty of controlling women too, if the henpecked, furtive shoulder hunched men in our society are any example) can dominate another, but the one they are dominating resents it on some level.*
>
> *When someone is controlling, inherent in there is a recognition that their other attributes, their force of personality, their frame is weak. They need to resort to putting the foot down, shaming, nagging, and belittling another to get them to do what they want.*
>
> *This is true in all relationships, not just sexual ones. Everyone has had an insecure boss that has been miserable to work for.*
>
> *The bosses people love and admire, the ones that they would go through fire for (and they are an increasingly rare breed) are the ones that can voice disapproval with just the hint of disappointment, the ones that are absolutely confident in what they do, and the direction of their lives and in their relationships.*
>
> *They can fight, but they are judicious about it and more often than not they fight for their underlings not against them, they will quell problems when they happen and not abdicate responsibility or hope things go away.*
>
> *People do things for that type of boss, not because they are afraid of him, but because they love him. So to, the women with a truly dominate man do what they want because they love him. This is not to say that fear is not something that makes men and women both more likely to find another attractive (which doing something a little frightening is actually good for a date, like rock climbing, or sky diving), but that it is only a spice, the dominant man does not need to resort to fear or intimidation.*
>
> *The dominant man does not need to be controlling to get what he wants. He acts, he pursues, he makes it clear what he wants, and he's confident that he will get it. He is both self aware and other aware.*

Talley, I'm well aware that you and Alkibiades have utterly sworn off marriage...which in this day and age, is certainly prudent and I would never criticize a man for making that decision.

But, I do think you and Alki definitely have the understanding, intelligence and experience to actually make a marriage 1.0 style work for you, even in this day and age of Marriage 2.0.

My final reference is to a piece written by Silas at *Everyday Thoughts on Life*, in a post entitled Simplifying Sexual Dynamics.

> *I used to having troubles reading women and figuring out how to determine their perspectives and intentions. But, once you understand one simple fact, it all becomes quite simple. I told LB, "You're overthinking things. It's much simpler than all that." Fundamentally, there is only one thing you have to determine to know where you stand with a girl. Most women quickly and subconsciously assess the sexual value and relationship value of a guy upon meeting him. Generally, within the first 30 seconds to five minutes, she puts a guy in one of two categories:*
>
> ***Category 1 - Alpha** - He is an attractive guy*

> ***Category 2 - Beta*** *- He is not an attractive guy*
>
> *When you're an alpha, a woman will do just about anything for you. You are in control of the relationship and can take things in whatever direction you want. You want to date her? You got it. You want to marry her? Piece of cake. You want to sleep with her and leave her? No problem. You aren't interested in her and just want to be friends? She's up for it. Want to bring her along for social proof or to buy you drinks? No sweat. While the pacing might be somewhat different, depending on the sort of girl, as long as you are an alpha, the ball is completely in your court and she's happy to follow your lead.*
>
> *When you're a beta, the girl is in control of the interactions. She is in control of the relationship and will allow exactly what she wants to happen, but nothing more. Generally this results in either no contact or the dreaded "friend-zone." With some girls, particularly ones who are more promiscuous, they may even have no qualms about kissing you or sleeping with you, but that still doesn't change the sexual dynamic. In other cases, they may string you along and get you to buy them drinks, dinner and gifts, while knowing that nothing with ever materialize from it.*

Silas's breakdown is a good means of assessing the state of your own relationship.

Remember Roissy's maxim 101:

> *For most women, five minutes of alpha is worth five years of beta.*

Our current dystopia is definitely the result of the war on Patriarchy and it's role as the building blocks of civilization. Understanding what Patriarchy truly is, will probably not help save our fallen world - it's a bit late for that at this point in time. But that doesn't mean having a true understanding can't help you at least achieve your own happiness as the head of your house.

Worst Case Scenario? Worse than first thought...

Keoni Galt · 19 June 2010 · Archived copy · Original

Read this:

How the Ultimate BP Gulf Disaster Could Kill Millions

> Documents from several years ago indicate that the subterranean geologic formation may contain the presence of a huge methane deposit.
>
> None other than the engineer who helped lead the team to snuff the Gulf oilfires set by Saddam Hussein to slow the advance of American troops has stated that a huge underground lake of methane gas-compressed by a pressure of 100,000 pounds per square inch (psi)-could be released by BP's drilling effort to obtain the oil deposit.
>
> Current engineering technology cannot contain gas that is pressurized to 100,000 psi.
>
> By some geologists' estimates the methane could be a massive 15 to 20 mile toxic and explosive bubble trapped for eons under the Gulf sea floor. In their opinion, the explosive destruction of the Deepwater Horizon wellhead was an accident just waiting to happen.
>
> Yet the disaster that followed the loss of the rig pales by comparison to the apocalyptic disaster that may come.
>
> A cascading catastrophe

Oh shit...

> According to worried geologists, the first signs that the methane may burst its way through the bottom of the ocean would be fissures or cracks appearing on the ocean floor near the damaged well head.
>
> Evidence of fissures opening up on the seabed have been captured by the robotic submersibles working to repair and contain the ruptured well. Smaller, independent plumes have also appeared outside the nearby radius of the bore hole itself.

This is not looking good at all...

> With the emerging evidence of fissures, the quiet fear now is the methane bubble rupturing the seabed and exploding into the Gulf waters. If the bubble escapes, every ship, drilling rig and structure within the region of the bubble will instantaneously sink. All the workers, engineers, Coast Guard personnel and marine biologists measuring the oil plumes' advance will instantly perish.
>
> As horrible as that is, what would follow is an event so potentially horrific that it equals in its fury the

> Indonesian tsunami that killed more than 600,000, or the destruction of Pompeii by Mt. Vesuvius.
>
> The ultimate Gulf disaster, however, would make even those historical horrors pale by comparison. If the huge methane bubble breaches the seabed, it will erupt with an explosive fury similar to that experienced during the eruption of Mt. Saint Helens in the Pacific Northwest. A gas gusher will surge upwards through miles of ancient sedimentary rock-layer after layer-past the oil reservoir. It will explode upwards propelled by 50 tons psi, burst through the cracks and fissures of the compromised sea floor, and rupture miles of ocean bottom with one titanic explosion.
>
> The burgeoning methane gas cloud will surface, killing everything it touches, and set off a supersonic tsunami with the wave traveling somewhere between 400 to 600 miles per hour.
>
> While the entire Gulf coastline is vulnerable, the state most exposed to the fury of a supersonic wave towering 100 feet or more is Florida. The Sunshine State only averages about 6 inches above sea level. A supersonic tsunami would literally sweep away everything from Miami to the panhandle in a matter of minutes. Loss of human life would be virtually instantaneous and measured in the millions. Of course the states of Texas, Louisiana, Mississippi, Alabama and southern region of Georgia-a state with no Gulf coastline-would also experience tens of thousands, if not hundreds of thousands of casualties.
>
> Loss of property is virtually incalculable and the days of the US position as the world's superpower would be literally gone in a flash...of detonating methane.

Good lord, I hope the people predicting this are wrong!

Another Expose on Corporate Fascism USA

Keoni Galt · 24 June 2010 · Archived copy · Original

It is the standard left wing/mainstream liberal media meme that much of our problems are the results of the failures of the "Free Market Capitalism."

The standard right wing/FoxNew/talk radio media meme is that our problems are the result of "Government Interventions in the Free Market" and that Government needs to leave "big business" alone.

Of course, both are wrong. Both contain some truth to them, but they both are based on dialectical straw men that keep us divided and squabbling over marginal half-truths while the real system of Corporate Fascism continues it's machinations unhindered and unaffected, no matter who runs the show in D.C. The right, or the left...both are part and parcel to the perpetuation status quo.

LewRockwell columnist, Jim Quinn, writes a review of a recently aired HBO special entitled Gasland, in which Quinn makes the connection between the actions of the big Natural Gas companies and their practice of "fracking" which is implicated in contaminating drinking water wells in communities across the country.

Quinn lays out the modus operandi of our corporate-fascist government State, and shows quite clearly how it all works the same, whether it's big gas companies contaminating water wells with their fracking process, or it's BP unleashing the biggest environmental catastrophe in the known history of mankind...

From Too Small to Matter:

> *As I watched the film, it was clear that there are many parallels to the BP disaster in the Gulf. Corporate fascism rules America. Corporations spend billions to generate legislation which benefits their bottom lines. Their lobbyists write the legislation and bribe the corrupt Washington politicians. The American people suffer. The documentary GASLAND leads me to the following conclusions:*
>
> *1. Mega corporations are not inherently evil, immoral, or greedy. The men who run the Mega corporations are evil, immoral and greedy. EPS, profits, and bonuses are what drive corporate executives.*
>
> *2. Mega corporations use their political connections, highly paid lobbyists, and vast financial resources to steer legislation in order to reap greater profits.*
>
> *3. The people that Josh Fox profiles in his film are poor, uneducated, hard working, and helpless. They are no match for a big corporation. They don't have the financial resources to fight a corporation with thousands of lawyers and billions of dollars.*
>
> *4. Corporations see the "small people" as just another cost of doing business. The deaths of some uneducated country folk are inconsequential to the Harvard MBAs running corporate America.*
>
> *5. The gas drilling companies have a checklist on how to rape and pillage the land.*
>
> ** They low-ball the country bumpkins who occupy the land for the drilling rights.*
> ** They promise that the fracking process is safe.*

> ** When they contaminate the wells and people complain, they deny it was their fault.*
> ** If the complaints persist, they agree to pay for the well water being cleaned.*
> ** If this doesn't work, they pay the occupants a lump sum of money and make them sign a legal document saying they can't speak about the issue with anyone.*
> ** When people begin to die, they put their high-powered legal teams into action fighting every charge until the victim gives up.*
>
> *6. The Federal and State regulators of the gas industry have been instructed by their politician bosses that the benefit of the doubt should always be given to the corporations. They generate the tax revenue. They generate the jobs. They make the political contributions. The people drinking the contaminated water can't have any impact on a politician's re-election.*

This is the framework for how our economy and system *really* work.

A Conspiracy Reality...Not Just a "Theory"

Keoni Galt · 30 June 2010 · Archived copy · Original

[image]

Came across a blog, Hold the Toast, that also lead me to another great website, The Metabolism Society that focuses on the science of diet that contradicts the conventional wisdom of mainstream dietary advice...especially that doled out by the non-profit organizations that are supposedly in existence to help people live healthy lives.

So how is it that the American Diabetic Association recommends the carbohydrate-based food pyramid diet to diabetics? Hold the Toast has the details:

> *Those of us in the low carb community have long shaken our heads, wondering why, oh why, the American Diabetes Association still insists that the best diet for people with severely impaired carbohydrate metabolisms is a low fat diet loaded with starch -- aka "lots of sugar holding hands." The research and clinical experience of doctors like Dr. Richard Bernstein and Dr. Mary Vernon seems to affect them not at all. Nor do years of positive clinical research, or the stories of millions of diabetics who have controlled their blood sugar through low carbohydrate diets.*
>
> *They also seem oblivious to the fact that before hypoglycemic medication was invented, low carbohydrate diets were commonly recommended for diabetics: Dr. John Rollo, Surgeon General in the Royal Artillery of the British Army being credited as the first modern doctor to recommend such a diet for treatment of the disease. This text, Diabetes Mellitus and Its Treatment, by R.T. Williamson MD, was published in 1898, and includes this statement:Ever since Rollo published his book on diabetes in 1797, and pointed out the value of restriction of the carbohydrates in the food, it has been acknowledged that of all forms and methods of treatment this dietetic one is the most important.*
>
> *Yet the ADA continues to recommend a diet of the very foods that destabilize blood sugar, instructing diabetics to "cover" those "healthy" carbs with higher and higher doses of medication -- this, despite it being generally recognized that tight blood sugar control is the most important preventive of diabetic complications.*
>
> *Why?*
>
> *Take a look at this: a list of the ADA's top corporate sponsors. See the "Banting level" sponsors, the biggest bankrollers of the ADA? All but one of them are pharmaceutical companies. The remaining one -- BD -- is a medical supplies corporation whose business includes "diabetes care" and "pharmaceutical systems.* ***All of them make money off of diabetes. All of them. They are all making money, very big money, off of diabetes medications.*** *I question whether those sponsors have any corporate interest in diabetes interventions that would dramatically lessen the quantity of drugs diabetics have to take.*

Why folks...that sounds sort of like a ummmm.....let's see...big corporations donate $$$$ to Government subsidized non-profit organization that recommends people eat the kind of food that causes diabetes so that they can continue to have customer base dependent on their lucrative medications and equipment rather than simply

changing their diet and CURING their diabetes...

....why, that actually sounds like an ummmmmmmmmm.....ahhh....**conspiracy?**

"Never Let A Good Crisis Go To Waste"

Keoni Galt · 1 July 2010 · Archived copy · Original

[image]

I'm morbidly fascinated with the ongoing Gulf of Mexico catastrophe. What's even more fascinating is this supposed ineptitude, or lack of a competent response by the US government.

I'm left with only one real conclusion - if this disaster were not instigated on purpose, our Government has certainly let it get to it's current (and increasingly worsening) state on purpose.

Why?

How else do you account for such insanity as this?

> *Three days after the BP oil spill in the Gulf of Mexico began on April 20, the Netherlands offered the U.S. government ships equipped to handle a major spill, one much larger than the BP spill that then appeared to be underway. "Our system can handle 400 cubic metres per hour," Weird Koops, the chairman of Spill Response Group Holland, told Radio Netherlands Worldwide, giving each Dutch ship more cleanup capacity than all the ships that the U.S. was then employing in the Gulf to combat the spill.*
>
> *To protect against the possibility that its equipment wouldn't capture all the oil gushing from the bottom of the Gulf of Mexico, the Dutch also offered to prepare for the U.S. a contingency plan to protect Louisiana's marshlands with sand barriers. One Dutch research institute specializing in deltas, coastal areas and rivers, in fact, developed a strategy to begin building 60-mile-long sand dikes within three weeks.*
>
> *The Dutch know how to handle maritime emergencies. In the event of an oil spill, The Netherlands government, which owns its own ships and high-tech skimmers, gives an oil company 12 hours to demonstrate it has the spill in hand. If the company shows signs of unpreparedness, the government dispatches its own ships at the oil company's expense. "If there's a country that's experienced with building dikes and managing water, it's the Netherlands," says Geert Visser, the Dutch consul general in Houston.*
>
> *In sharp contrast to Dutch preparedness before the fact and the Dutch instinct to dive into action once an emergency becomes apparent, witness the American reaction to the Dutch offer of help. The U.S. government responded with "Thanks but no thanks," remarked Visser, despite BP's desire to bring in the Dutch equipment and despite the no-lose nature of the Dutch offer --**the Dutch government offered the use of its equipment at no charge.** Even after the U.S. refused, the Dutch kept their vessels on standby, hoping the Americans would come round. By May 5, the U.S. had not come round. To the contrary, **the U.S. had also turned down offers of help from 12 other governments, most of them with superior expertise and equipment** --unlike the U.S., Europe has robust fleets of Oil Spill Response Vessels that sail circles around their make-shift U.S. counterparts.*

Now why in holy hell would our Government do this? This is why I say the ONLY conclusion we can come to is that whoever is calling the shots here WANTS the environmental devastation this oil gusher is causing.

> *Why does neither the U.S. government nor U.S. energy companies have on hand the cleanup technology available in Europe? Ironically, the superior European technology* ***runs afoul of U.S. environmental rules.***

This is the supposed rationale...but it makes no logical sense whatsoever. Are there really union shippers who would happily watch as the entire gulf region is literally destroyed in both an environmental and economical sense...just to preserve the rules set up to protect their racket?

Let's delve more into this crazy rationale:

> *The voracious Dutch vessels, for example, continuously suck up vast quantities of oily water, extract most of the oil and then spit overboard vast quantities of nearly oil-free water. Nearly oil-free isn't good enough for the U.S. regulators, who have a standard of 15 parts per million -- if water isn't at least 99.9985% pure, it may not be returned to the Gulf of Mexico.*
>
> *When ships in U.S. waters take in oil-contaminated water, they are forced to store it. As U.S. Coast Guard Admiral Thad Allen, the official in charge of the clean-up operation, explained in a press briefing on June 11, "We have skimmed, to date, about 18 million gallons of oily water--the oil has to be decanted from that [and] our yield is usually somewhere around 10% or 15% on that." In other words, U.S. ships have mostly been removing water from the Gulf, requiring them to make up to 10 times as many trips to storage facilities where they off-load their oil-water mixture, an approach Koops calls "crazy."*

Not crazy....psychotic. Pathological. The supposed rationale here is that US Government is more interested in adhering to the environmental laws than averting an actual environmental catastrophe!

> *The Americans, overwhelmed by the catastrophic consequences of the BP spill, finally relented and took the Dutch up on their offer -- but only partly. Because the U.S. didn't want Dutch ships working the Gulf, the U.S. airlifted the Dutch equipment to the Gulf and then retrofitted it to U.S. vessels. And rather than have experienced Dutch crews immediately operate the oil-skimming equipment, to appease labor unions, the U.S. postponed the clean-up operation to allow U.S. crews to be trained.*
>
> *A catastrophe that could have been averted is now playing out. With oil increasingly reaching the Gulf coast, the emergency construction of sand berms to minimize the damage is imperative. Again, the U.S. government priority is on U.S. jobs, with the Dutch asked to train American workers rather than to build the berms. According to Floris Van Hovell, a spokesman for the Dutch embassy in Washington, Dutch dredging ships could complete the berms in Louisiana twice as fast as the U.S. companies awarded the work. "Given the fact that there is so much oil on a daily basis coming in, you do not have that much time to protect the marshlands," he says, perplexed that the U.S. government could be so focused on side issues with the entire Gulf Coast hanging in the balance.*

Postponed for training...while the oil keeps spewing from the damaged well every single second?

I believe this is all a dog and pony show - stalling tactics used by the Government to allow as much damage as possible while putting up the appearances of "doing something."

Now why would our government allow this disaster to happen? What's to gain here?

Rahm Emmanuel stated quite openly that they would "Never Let A Good Crisis Go To Waste."

Well, we are now in the midst of one fantastic fucking crisis.

I have this sinking feeling we're gonna find out real soon exactly why they deliberately and purposefully let this turn into the disaster that it now is.

The 6 Lessons of Public School

Keoni Galt · 3 July 2010 · Archived copy · Original

[image]

In seeking to understand the realities of our Brave New World Order, I've read a few online works that were watershed moments for me in opening up a window of understanding in my mind's eye.

The first "awakening" was Dr. Amneus' The Garbage Generation.

The second was John Taylor Gatto's The Underground History of American Education.

I've always contended that the two primary influences responsible for the gender dysfunction and the promotion of feminist shibboleths are the mass media's cultural influence and the Prussian-styled, operant-conditioning, behavioral programming that is the primary purpose of our public schooling system.

Reading Gatto's online book is a great place to start in understanding how the Public Education System is one of the primary tools used to socially engineer the masses, to create sheeple who mindlessly pursue materialistic consumerism, and become wage/debt slave human resources for corporations and bankers...

(disclaimer: I write this as a person who is most definitely the product of the public school system for my entire life. It is precisely by contemplating Gatto's observations with my own educational experiences in the public schooling system here in Hawaii that confirms for me that Gatto is indeed on to something here.)

...but it is a long read, it does involve a lot of Gatto's musings and personal reflections that can make for comprehensive and perhaps even boring reading in certain passages.

LewRockwell.com recently published a short article written by him that essentially encapsulates his observations based on his experience as a Public School teacher in the New York DOE...so for those of you that don't want to - or simply don't have the time to - wade through his book, this latest article is a great synopsis.

The Six-Lesson Schoolteacher

To summarize succinctly -

Lesson #1 - Stay in the class where you belong.
This is why our system involves separating classes by age. In no other sphere or endeavor of life is this done. It is counter-productive and counter-intuitive in educating people in dealing with the "real-world" in which all ages intermingle, cooperate or compete together. But it sure imparts the subconscious lesson to KNOW YOUR PLACE. It is a subversive and covert introduction to a subtle caste system classification scheme.

Lesson #2 - To turn on and off like a light switch.
Here, Gatto exposes the actual purpose of having artificial and subjective periods to study curriculum, than cease all work at the sound of the bell and move on to the next class on a completely unrelated subject. It's ironic that the term "Pavlovian" is understood by most people...but the connection between salivating dogs conditioned by the sound of a bell and the conditioning an arbitrary bell ringing incorporated into your child's curriculum for a similar purpose is not readily recognized...or opposed. Just blithely accepted as normal.

Lesson #3 - Surrender your will to a predestined chain of command.
Your will is individualistic and must be suppressed in the interests of class order. The teacher is given the power of every aspect of a students existence when in the sphere of the teacher's power in the school sitting. Example - teachers can deny or allow a student's request to go to the bathroom.

Lesson #4 - Only I determine what curriculum you will study.
Or rather, the students must study the curriculum the teacher is forced to use by the school system. The primary determinant is not to "educate" students to learn to think critically and analyze and pursue individual success...but rather to inculcate conformity.

Lesson #5 - Your self-respect should depend on an observer's measure of your worth. The entire purpose of having grading systems and teaching kids to "pass a test" rather than actually learn real skills and real experiences relevant to a career course a student intends to pursue as an adult. This one is especially applicable to the MRA/Manosphere's constant focus on the feminization of school curriculum that caters to female students strengths that leads to what PMAFT correctly labeled Credentialation.

Lesson #6 - You are being watched.
Perhaps the most subversive and operant-conditioned aspect of our public schooling system...the continual surveillance of the students is one aspect ubiquitous in all public school environs.

When one reads or hears about the growing popularity and unparalleled success of homeschooled children in academic competitions with their public school peers, you now know why the homeschool children usually fare better...they're typically focusing on the three R's - reading,'riting,'rithmetic - and not being subjected to the 6 lesson curriculum of behavioral conditioning and social engineering of the public school system, designed specifically to deliberately dumb down we the sheeple into conditioned reactionaries that behave without purposeful introspection...ignorantly becoming debt slaves in the pursuit of materialistic consumerism, enslaved to our jobs and becoming nothing more meaningful than corporate human resources.

Red Pill Reality Dispelling Blue Pill Delusions: Veganism

Keoni Galt · 22 July 2010 · Archived copy · Original

An installment in a series: Red Pill Reality Dispelling Blue Pill Delusions

[image]

This is a portrait of the man who is responsible for much of the mythology, shibboleths and lies about diet and human nutrition that is now the basis of much of the Government's "guidelines" and the recent epidemic of ill health and malnutrition that plagues Western Civilization.

He is John Harvey Kellog. He was a seventh day Adventist and one of the founding Father's of American militant veganism. This man promoted some of the myths surrounding animal foods that still are repeated to this day. Ideas like meat impacts the colon and putrifies in your gut, that meat eating and saturated fats are the causes of so many diseases today - he was a militant vegan who made it his life's goal to promote veganism to the masses as the key to long, healthy living.

He is almost solely responsible for changing the typical American breakfast of bacon, sausage and eggs to his most famous invention: grain-based breakfast cereal.

What many modern day vegans do not realize is that they are the ideological heirs of Kellog. None of his memes and shibboleths that he spread to market his cereal as a more 'healthy' breakfast was ever founded on scientifically proven experiments. He simply promoted his Seventh-Day Adventist dietary proscriptions to the masses (and for his cereal companies enormous profit).

One of the paleo-blogs I regularly read, Free the Animal, has a guest post up today, written by a former long time vegan and animal rights activist, Lorette Luzajec, entitled Life and Death and the Garden of Eden in which she expounds further on exactly how and why Kellog's vegetarian myths that have become largely conventional wisdom are based nothing more than on his faith that meat eating was the primary driver of the sexual sin of "lust" and how that legacy is unknowingly carried on today by the modern day vegan and animal rights movements.

> *We've been told so frequently that vegetarians are healthier and live longer than shameless carnivores that even Paleo diet proponents may be surprised by new headlines refuting this common "wisdom." Because we've had to dig deeply for truth under the monocrop and animal liberation propaganda. When Sally Fallon suggested that saturated fat is "good for you," her outrageous assertions spawned websites bickering about how some people also think the world is flat. The idea that shunning animal foods is the ticket to paradise is widespread today. It is considered common knowledge that vegetarians enjoy better health benefits, a miraculous life span, and shining skin, along with a squeaky clean conscience. But the truth is that behind all these glowing good intentions 0and nutrition "facts" is that vegetarianism is not a diet- it is a fundamentalist religion.*

This is exactly the kind of dietary wisdom I thought I "knew" years before I discovered the Weston Price Foundation's website. It was also the diet I thought was most healthful, and I tried following as much as possible. It took years of continuous weight gain and a host of mild health afflictions for me to finally question my dietary "knowledge."

Now I know the reality - there are a whole host of industries, corporations and government agencies in bed with

those corporate entities, that all profit enormously off of the status quo of nutritional disinformation started by the likes of Kellog.

> *When the 1950s Lipids Hypothesis guessed that animal fat in the western diet was responsible for our growing rates of death and disease, it was good news for the vegetable oil industries to glom onto. Where for millennia, we had used lard and butter, now we used corn and soy oils. That these same oils and white sugar and flour might be the guilty party in the deadly western diet wasn't given the time of day. Forever after, animal fat was vilified as a vicious foe.*

Some of you may wonder why I haven't had a new blog posting in over a week. For the sake of maintaining some semblance of internet anonymity, let's just say I've been in the hospital for an extended visit. (For anyone that cares, It wasn't myself but a family member that was hospitalized. All is well now.)

While suffering in boredom in a hospital bed, I found the hospitals own "video on demand" channel. I dialed up the "Diet and Nutrition" video.

I think it's no mystery, the healthcare "industry" in this country profits immensely from the continued promulgation of the kind of dietary propaganda started by the likes of Kellog. It was all there..avoid eating fats and meats. If you MUST eat meat, make sure it's lean, with all the fat trimmed off. Substitute plant based fats in place of animal fats - like margarine instead of butter, corn and soy oil instead of lard, etc. Healthy grains instead of meat. Exercise more, eat less calories. And all of these ideas were reinforced by the hospital cafeteria and the crap they dare call "food" that I found myself having to eat because I simply didn't have the time or opportunity to leave the hospital for some real food.

It's rather ironic, that the three things I consider the most essential for a sick or injured human being needs to aid his or her recovery - good sleep, good food, and intervals of fresh air and sunshine - are all bereft in the hospital environment.

I hope that the day I die, it is NOT in the sterile, climate controlled, politically correct institution of an American hospital, eating their crappy "food" and kept from the sun and a truly restful sleep.

But I digress. Back to Luzajic's excellent treatise:

> *But before that, the monocrop monolith took our meat away for moral motivations, not merely monetary ones. In the 1800s, Doctors Graham and Kellogg came onto the scene, pushing their corn and wheat fibre snake oil. Avoiding constipation with fibre, you see, would keep us pure and save us from our sins. Meat had to be avoided at all costs, not because of compassion for our fuzzy friends, but because it incited lust. Leo Tolstoy's "peaceful" lifestyle was mainly about how meat inflamed lust. Early waves of western vegetarianism were totally based on the religious ideal of avoiding meat to avoid sexuality. (Yes, monastic practices avoid meat to avoid killing, but also to make celibacy easier. Monks knew that soy had a feminizing effect on their manhood.) Incidentally, the infantile obsession that some vegetarians have with "impacted fecal matter" clogging colons everywhere comes from these ancient cereal quacks. Kellogg wrote extensively about how meat clumped into the colon and rectum and pushed onto the sex organs, pressuring them into lust. Riiiiiiiiiiiiiight. There is zero truth behind this "condition." It doesn't exist.*
>
> *But as the aftermath of this obsession with sex and feces was a fortune in the cereal markets, and as moralizing*

> *brought about vast gains in the vegetable oil industry, the world over came to believe that a vegetarian diet was the key to eternal youth and happiness. This is precisely in line with fundamentalist religions.*

The more I read vegan websites and messageboards, the more I see the truth of what Luzajic states: veganism is a fundamentalist ideology, that ignores any facts that contradict the tenets of their faith, or explain away or rationalize inconsistencies so as to avoid dealing with cognitive dissonance.

For myself, the cognitive dissonance was what eventually lead to quitting the blue pill of conventional dietary wisdom cold turkey. Now we know, meat is not murder...it is life sustaining and healing!

> *It's turning out that soy protein is deficient in certain animo acids and high in estrogenic compounds, wreaking havoc on human testosterone levels. Turns out meat is loaded with antioxidants, and the strongest antioxidants are not found in plants, but in our own bodies- and they are nourished with, guess what, the amino acids in meat. Turns out that vitamin B12 is one of our most potent protectors from coronary disease. That's the vitamin found largely in animal foods.*
>
> *It is reprehensible to withhold knowledge or misguide people for financial gain or an "ethical" agenda. Since B12 was the "only" nutrient found in meat that could not be obtained from plant foods, its importance was greatly minimized in vegetarian literature. Gurus of "compassion" like John Robbins went so far as to instruct followers not to worry about it. But even the China Study's Dr. Colin Campbell says he takes supplements.*
>
> *While news about disease caused by the absence of dietary B12 is now finally reaching people, the truth that meat contains a whole host of nutrients not found in plants is still suppressed. Vitamin D, Vitamin A, zinc, iron, chromium, DHA, cholesterol, saturated fat, carnitine….Since some of these nutrients are "technically" found in plants, idealists can fool the populace. Zinc is one example. This extremely important nutrient can certainly be obtained from vegetables. You need to eat hundreds of servings a day. Saturated fat is a vital nutrient, but idealists got rid of the problematic absence in plant foods by declaring it a disease monger.*
>
> *Yes, our greatest hope of longevity and vibrant health is meat. Cutting modern plant foods out of our diet- grains, sugars, processed foods, vegetable oils- means our antioxidants don't have as much work to do. Filling up on meat, fish, eggs, and fresh veggies means living longer.*
>
> *...*
>
> *Plant eaters and carnivores alike may be surprised to discover that many "aging" processes are nothing more than physical damage caused by carbohydrates. With all the talk about antioxidants, we know that much aging is the result of oxidative stress. The newest darling of discovery is carnosine, and the "carn" part is correct- only carnivores, or meat eaters, get it. What is it? Not to be confused with carnitine, another good friend, it is a dipeptide of the amino acids beta-alanine and histidine, found concentrated in muscle and brain tissue. It occurs in our own bodies, and diminishes with age, oxidative stress, etc. We can consume it in our diet, through animal foods.*
>
> *It is proven to be a high performing antioxidant. It is an antiglycator- those familiar with words like "glycogen" and so forth will recognize the "glyc" and the "anti" from which you can surmise that it "gets rid of sugar." Well, yes. It gets rid of sugar damage- helping to prevent and repair glycation and glycosylation. Those are fancy words, loosely referring to sugar aldehydes reacting with the amino acids on the protein molecule. Picture, more simply, what happens when you cut fruit open and it goes yellow. Glycation is one of the primary mechanisms for*

> *wrinkles!!!!!*
>
> *Preventing and repairing glycosylation is far reaching- it positively impacts the immune system, the heart, Alzheimer's, diabetes, kidney problems, cataracts, autism, pain, retards cancer, alcohol damage, liver problems, longevity, neurodegeneration, olfactory sense, cellular health, wound healing, inflammation, protection from radiation damage, muscle mass, and skin health.*
>
> *Animal foods are the only sources of this nutrient, and this nutrient is absolutely vital in aging gracefully and avoiding cancer, diabetes, brain deterioration and immunity problems. So once again I must ask why we are always told to avoid or cut down on our meat intake and eat a plant based diet. I must ask why the truth is suppressed, twisted, or outright denied.*
>
> *Vegetarianism is completely foreign to the human diet. The only vegetarian societies were meat-free for religious reasons. Vegetarianism is, and always has been, about religion, one that must not be imposed on anyone unless they come to it of their own free will, in full knowledge of their true dietary heritage. Religion has often been about denying the body and sacrificing its needs and lusts. It has often been about controlling the sex lives of its followers. Fasting, flagellation, sexual "purity" and ascetic denial are behind many faith practices. They are behind the agenda of early vegetarian proponents like Tolstoy and Kellogg, who were both obsessed with sex.*
>
> *But the life of a monk is for a contemplative, not for a layman. And packaging idealism as nutritional science is reprehensible. Some of us see a simple spirituality in accepting our full humanity rather than denying it. Certainly spiritual principles call for truth, not lies. Eating meat is no more immoral for me than it is for a cat- since all claims to the contrary, this IS the way I was "designed."*

Life feeds on life.

Incidentally, Lujavic's concluding paragraph is a core tenet of my own beliefs, and precisely why I hunt...why I kill animals, butcher, cook and eat them - it is precisely because I have a profound respect for the cycle of life, for which I consciously choose to participate in.

> *It is absolutely moral to feed ourselves and our families on the food nature made for us. Far from being vicious and bloodthirsty, it shows a profound respect for nature unencumbered by naïve fantasy. It shows a respect for the circle of life and death, for the sacrifice another makes to nourish me fully and keep me alive. Amen.*

Conspiracy Stuff

Keoni Galt · 24 July 2010 · Archived copy · Original

[image]

The Manginas at Amnesty International

Keoni Galt · 27 July 2010 · Archived copy · Original

Dr. Stephen Baskerville has been one of the preeminent men's rights activist actively working for years now. I've cited his works previously on this blog several times in the past.

He recently published a new article called Human Rights or Wrongs? calling out Amnesty International for caving in to Swedish Feminists demands that a movie regarding the unfairness of Swedish family courts in dealing with Father's be removed from the competition and dropped from Amnesty International's website completely.

> *Amnesty sponsored a film competition, but when some finalists produced a film that angered feminists, the film was pulled from Amnesty's YouTube site. Amnesty denies that pressure from an Uppsala women's shelter was responsible for suppressing the film, but the shelter itself is gloating about its political clout.*
>
> *The film, created by four high school students and titled, The Right To Be a Father, is a powerful depiction of how children are taken from their fathers by Sweden's feminist family courts. Separating children from their fathers is not only a bedrock principle of the war against "patriarchy," but also the bread-and-butter of the lucrative child custody industry, so it is not surprising that the sisterhood would come down hard on the heresy that feminists violate human rights.*
>
> *The film was nominated for the final stage of the competition. Amnesty posted it on YouTube, and the creators were invited to the film gala in Gothenburg. "But our film was never shown at the festival, and the day after it also disappeared from Amnesty's YouTube channel," says Sara Sivesson, one of the creators. Further, the students claim they obtained an email from the Uppsala feminists bragging, "Thanks to the protests Amnesty did not show the film at the festival and they also dropped it from their website."*

Here's the short, 8 minute documentary the Feminists where able to badger the mangina's at Amnesty International to remove from their competition -

Baskerville than expands his indictment of AI in highlighting the way in which they re-define "domestic violence" as a form of torture to allow authoritarian and totalitarian action by Governments.

> *In domestic violence cases there is seldom a trial, almost never a jury, and no one is ever acquitted. One study published in Criminology and Public Policy found that everyone arrested for domestic violence receives some punishment. Special "domestic violence courts" now exist for the express purpose of processing more convictions.*
>
> *It is based on this presumption of guilt that Amnesty can claim that in the US "a woman is battered every 15 seconds." Amnesty provides no documentation for this preposterous figure, because none exists. We also learn that "Amnesty International considers domestic violence a form of torture," demonstrating an Orwellian willingness to redefine words and cheapening their own campaign against real torture.*
>
> *Amnesty is quite clear that it is stretching the meaning of "human rights" into a backdoor penal instrument. "A human rights framework…enables Amnesty International to use international human rights standards and laws…to hold governments accountable if they fail to meet their obligations to protect women." In other words,*

> *far from limiting government reach and repression, Amnesty is working to expand them.*

If you were/are a supporter that gives donations to Amnesty International, you may want to re-think you're support for this organization of mangina feminist lackeys.

A Clarification on Game

Keoni Galt · 28 July 2010 · Archived copy · Original

A long time denizen of the comment sections of the MRA Blogosphere, Deansdale, finally decided to start his own blog. He's s been a regular commenter at many of the usual hangouts for us masculinist-minded folks - Roissy's Chauteau, Seasons of Tumult & Discord, The Spearhead et al...and has frequently commented here as well. His comments have always been well-thought out and insightful, so it's good to see him finally start wielding his keyboard for his own space on the internet. Welcome to the party, D! Hope you stick with it.

His first substantive post is a good one: My Clarification on Game and it's Sceptics

> *Game is a box of tools, with manuals on when and how to use them. Actually it can not "not work". It can be misused in a number of ways but that's the user's fault. If you're an apprentice in – let's say – blacksmithing, and you know only how to operate the bellows, your success as a blacksmith will be very limited. If someone gives you a hammer and tells you how to use it then it's up to you how you manage, but simply saying that the hammer "does not work" is foolish.*

Great analogy...one for which I'd like to expand on a little: seems to me that a lot of the criticism of "GAME" comes from people who look at the majority of it's proponents - the PUA - and say that it's bad. To use Deansdale's analogy, a hammer can be used for more than just pounding nails, no?

Same thing with this tool we call "game."

Understanding what women find attractive has so many more applications than simply trying to seduce hotties into bed. See what happens when you "run game" on a waitress, or a bartender, or some other woman you interact with for which you have no romantic or sexual interest in. I'm talking about playful negging (cocky and funny), DHV's, comfort and rapport building, acting confidently and assertively, etc. while dealing with ANY women...including relatives.

Even women who are not interested in you in a sexual way will still eat it up, and you'll find that this "tool" of Game will serve as a social lubricant that can get you a freebie dessert from an amused waitress, or perhaps some banter with a receptionist might find her able to "slide you in" an overbooked schedule...or a female bartender might give you a drink "on the house." Furthermore, if you do this in front of a women you actually do want to seduce, you will also increase her own attraction for you as well, as it will validate to her that you are authentic, and not just putting up a front to get into her panties. As I've said before, understanding the concept of game is life changing, not just sex-life changing.

You see, just as a woman with a pretty face, a great rack and a plump ass finds such favors are regularly given her simply by men who find her physical appearance easy on the eyes...

...so too do women react to men who use the tools of "game" in a no-sexual-intentions sort of way.

As for the rest of his initial post, Deansdale lists various categories for the various skeptics and detractors of game that he's encountered in his time as a regular blog commenter.

> 1. The ones who are repulsed by the idea of it or say it’s “immoral”.
> 2. The ones who read a few sentences and decide it’s BS.
> 3. Those who say there’s no need for game.
> 4. Those who say game can’t be learned.
> 5. Those who say it’s “manipulation”.
> 6. Those who tried game and say it does not work.
> 7. Those who say that game is abuse, coercion, rape.

He's gives some pretty good details for each category...feel free to drop on by and give him some comments...after all, if you're a Masculinist-Blogosphere Blogger, he's been doing it for years now at your blog!

The Business of War

Keoni Galt · 5 August 2010 · Archived copy · Original

[image]

We are now moving into the 10th year of the ill-defined, no-end-in-sight "war on terror."

Never forget that War is a Racket....a very lucrative and profitable one at that as well.

> *War is just a racket. A racket is best described, I believe, as something that is not what it seems to the majority of people. Only a small inside group knows what it is about. It is conducted for the benefit of the very few at the expense of the masses. Out of war a few people make huge fortunes.*

This is why we fight..

Here is an abbreviated run down of the top 10 corporations making out like bandits in the Iraq war...don't forget, all the numbers in red are basically paid for with U.S. tax dollars:

> **Halliburton:** Halliburton's KBR, Inc. division bilked government agencies to the tune of $17.2 billion in Iraq war-related revenue from 2003-2006 alone.
>
> **Veritas Capital Fund/DynCorp:** At first blush, a private equity fund (and not, say, Exxon-Mobil) being the number 2 profiteer in the Iraq war might sound strange. However, the cleverly run fund has raked in $1.44 billion through its DynCorp subsidiary.
>
> **The Washington Group International:** [6] has parlayed its expertise the repair, restore, and maintenance of high-output oil fields into $931 million in Iraq-related revenue from 2003-2006.
>
> **Environmental Chemical:** The privately held Burlingame, California company has stockpiled $878 million by the end of fiscal 2006 for munitions disposal, calling upon its "decade of experience planning and conducting UXO removal, investigation, and certification activities."
>
> **Aegis:** UK company with a Pentagon contract to coordinate all of Iraq's private security operations [10]. The Pentagon contract is good for $430 million.
>
> **International American Products:** Running electrical wiring in hostile war zones is dicey business, but International American Products [12] has stuck their neck out and collected a cool $759 million in just 3 years for its efforts.
>
> **Erinys:** In the space of just 16 months, Erinys successfully trained, equipped, and mobilized an all-Iraqi guard force of nearly 20,000 to protect the nation's oil pipeline from terrorist attack or sabotage. They scored $136 million for its effort.
>
> **Fluor:** Scored a monster $1.1 billion contract in 2004 to build, service, and manage water/sewage systems in Iraq.

> **Perini:** Controlled by financier Richard Blum, is one of the more controversial companies to have scored big-time Iraq war money. That's because Blum's wife, Senator Dianne Feinstein, appears to have used her seat on the Military Construction Appropriations sub-comittee to steer the $650 million environmental cleanup deal in his favor.
>
> **URS Corporation:** Long known as one of the nation's major defense contractors, San Francisco-based URS has collected $792 million in environmental cleanup fees in Iraq war zones. As with Perini, both Blum and Feinstein have come under intense scrutiny to answer questions about the apparent conflict of interest inherent in Feinstein helping to secure such an exorbitant government contract for her investment banker husband.

President Dwight D. Eisenhower was right.

> *This conjunction of an immense military establishment and a large arms industry is new in the American experience. The total influence — economic, political, even spiritual — is felt in every city, every statehouse, every office of the federal government. We recognize the imperative need for this development. Yet we must not fail to comprehend its grave implications. Our toil, resources and livelihood are all involved; so is the very structure of our society. In the councils of government,* ***we must guard against the acquisition of unwarranted influence, whether sought or unsought, by the military-industrial complex.*** *The potential for the disastrous rise of misplaced power exists and will persist.*
>
> *We must never let the weight of this combination endanger our liberties or democratic processes. We should take nothing for granted. Only an alert and knowledgeable citizenry can compel the proper meshing of the huge industrial and military machinery of defense with our peaceful methods and goals so that security and liberty may prosper together.*

Valedictorian: "I have successfully shown that I was the best slave."

Keoni Galt · 6 August 2010 · Archived copy · Original

[image]

The following speech was delivered by top of the class student Erica Goldson during the graduation ceremony at Coxsackie-Athens High School on June 25, 2010:

There is a story of a young, but earnest Zen student who approached his teacher, and asked the Master, “If I work very hard and diligently, how long will it take for me to find Zen? The Master thought about this, then replied, “Ten years . .” ? The student then said, “But what if I work very, very hard and really apply myself to learn fast — How long then?” Replied the Master, “Well, twenty years.” “But, if I really, really work at it, how long then?” asked the student. “Thirty years,” replied the Master. “But, I do not understand,” said the disappointed student. “At each time that I say I will work harder, you say it will take me longer. Why do you say that?”? Replied the Master, “When you have one eye on the goal, you only have one eye on the path.”

This is the dilemma I’ve faced within the American education system. We are so focused on a goal, whether it be passing a test, or graduating as first in the class. However, in this way, **we do not really learn.** We do whatever it takes to achieve our original objective.

Some of you may be thinking, “Well, if you pass a test, or become valedictorian, didn’t you learn something? Well, yes, you learned something, but not all that you could have. Perhaps, you only learned how to memorize names, places, and dates to later on forget in order to clear your mind for the next test. School is not all that it can be. Right now, it is a place for most people to determine that their goal is to get out as soon as possible.

I am now accomplishing that goal. I am graduating. I should look at this as a positive experience, especially being at the top of my class. However, in retrospect, I cannot say that I am any more intelligent than my peers. **I can attest that I am only the best at doing what I am told and working the system.** Yet, here I stand, and I am supposed to be proud that I have completed this period of indoctrination. I will leave in the fall to go on to the next phase expected of me, in order to receive a paper document that certifies that I am capable of work. But I contest that I am a human being, a thinker, an adventurer – not a worker. **A worker is someone who is trapped within repetition – a slave of the system set up before him. But now, I have successfully shown that I was the best slave.**

I did what I was told to the extreme. While others sat in class and doodled to later become great artists, I sat in class to take notes and become a great test-taker. While others would come to class without their homework done because they were reading about an interest of theirs, I never missed an assignment. While others were creating music and writing lyrics, I decided to do extra credit, even though I never needed it. So, I wonder, why did I even want this position? Sure, I earned it, but what will come of it? When I leave educational institutionalism, will I be successful or forever lost? I have no clue about what I want to do with my life; **I have no interests because I saw every subject of study as work, and I excelled at every subject just for the purpose of excelling, not learning.** And quite frankly, now I’m scared.

John Taylor Gatto, a retired school teacher and activist critical of compulsory schooling, asserts:

> *We could encourage the best qualities of youthfulness – curiosity, adventure, resilience, the capacity for surprising insight simply by being more flexible about time, texts, and tests, by introducing kids into truly competent adults, and by giving each student what autonomy he or she needs in order to take a risk every now and then. But we don't do that.*

Between these cinderblock walls, we are all expected to be the same. We are trained to ace every standardized test, and those who deviate and see light through a different lens are worthless to the scheme of public education, and therefore viewed with contempt.

H. L. Mencken wrote in The American Mercury for April 1924 that the aim of public education is not:

> *...to fill the young of the species with knowledge and awaken their intelligence. … Nothing could be further from the truth. The aim … is simply to reduce as many individuals as possible to the same safe level, to breed and train a standardized citizenry, to put down dissent and originality. That is its aim in the United States.*

To illustrate this idea, doesn't it perturb you to learn about the idea of "critical thinking." Is there really such a thing as "uncritically thinking?" To think is to process information in order to form an opinion. But if we are not critical when processing this information, are we really thinking? **Or are we mindlessly accepting other opinions as truth?**

This was happening to me, and if it wasn't for the rare occurrence of an avant-garde tenth grade English teacher, Donna Bryan, who allowed me to open my mind and ask questions before accepting textbook doctrine, I would have been doomed. I am now enlightened, but my mind still feels disabled. I must retrain myself and constantly remember how insane this ostensibly sane place really is.

And now here I am in a world guided by fear, a world suppressing the uniqueness that lies inside each of us, a world where we can either acquiesce to the inhuman nonsense of corporatism and materialism or insist on change. We are not enlivened by an educational system that clandestinely sets us up for jobs that could be automated, for work that need not be done, for enslavement without fervency for meaningful achievement. **We have no choices in life when money is our motivational force.** Our motivational force ought to be passion, but **this is lost from the moment we step into a system that trains us, rather than inspires us.**

We are more than robotic bookshelves, conditioned to blurt out facts we were taught in school. We are all very special, every human on this planet is so special, so aren't we all deserving of something better, of using our minds for innovation, rather than memorization, for creativity, rather than futile activity, for rumination rather than stagnation? **We are not here to get a degree, to then get a job, so we can consume industry-approved placation after placation.** There is more, and more still.

The saddest part is that the majority of students don't have the opportunity to reflect as I did. The majority of students are put through the same brainwashing techniques in order to create a complacent labor force working in the interests of large corporations and secretive government, and worst of all, they are completely unaware of it. I will never be able to turn back these 18 years. I can't run away to another country with an education system meant to enlighten rather than condition. This part of my life is over, and I want to make sure that no other child will have his or her potential suppressed by powers meant to exploit and control. We are human beings. We are thinkers, dreamers, explorers, artists, writers, engineers. We are anything we want to be – but only if we have an educational system that supports us rather than holds us down. A tree can grow, but only if its roots are given a healthy

foundation.

For those of you out there that must continue to sit in desks and yield to the authoritarian ideologies of instructors, do not be disheartened. You still have the opportunity to stand up, ask questions, be critical, and create your own perspective. Demand a setting that will provide you with intellectual capabilities that allow you to expand your mind instead of directing it. Demand that you be interested in class. Demand that the excuse, “You have to learn this for the test” is not good enough for you. Education is an excellent tool, if used properly, but focus more on learning rather than getting good grades.

For those of you that work within the system that I am condemning, I do not mean to insult; I intend to motivate. You have the power to change the incompetencies of this system. I know that you did not become a teacher or administrator to see your students bored. You cannot accept the authority of the governing bodies that tell you what to teach, how to teach it, and that you will be punished if you do not comply. Our potential is at stake.

For those of you that are now leaving this establishment, I say, do not forget what went on in these classrooms. Do not abandon those that come after you. We are the new future and we are not going to let tradition stand. We will break down the walls of corruption to let a garden of knowledge grow throughout America. Once educated properly, we will have the power to do anything, and best of all, we will only use that power for good, for we will be cultivated and wise. We will not accept anything at face value. We will ask questions, and we will demand truth.

So, here I stand. I am not standing here as valedictorian by myself. I was molded by my environment, by all of my peers who are sitting here watching me. I couldn’t have accomplished this without all of you. It was all of you who truly made me the person I am today. It was all of you who were my competition, yet my backbone. In that way, we are all valedictorians.

I am now supposed to say farewell to this institution, those who maintain it, and those who stand with me and behind me, but I hope this farewell is more of a “see you later” when we are all working together to rear a pedagogic movement. But first, let’s go get those pieces of paper that tell us that we’re smart enough to do so!

The Profitable Pandemic

Keoni Galt · 13 August 2010 · Archived copy · Original

[image]

Pandemics can and do occur. Smallpox, measles, typhus, tuberculosis...all pandemics that have occurred throughout history. Millions of people have died or suffered ill-health effects for the remainders of their lives having been affected by a pandemic. The idea of pandemic is certainly frightening to contemplate, especially when you realize that in our new "global" age of high speed air travel, the possibility of a disease spreading across a wide area of the modern world before it is detected is not a far-fetched idea.

But like the specters of war and terrorism are used to scare the masses into accepting the gradual implementation of an ever-expanding police state and a means to justify milking the taxpayers to fund government agencies and their corporate crony contractors, so too is the idea of Pandemic used to scare the world into buying vaccines for a disease that is not really a mortal threat and is not really fatal if a normal person were to catch it.

Like H1NI, the so-called swine flu.

Michael Adams from NaturalNews gives us the lowdown:

> *After months of stalling, the World Health Organization (WHO) has finally revealed the names of key pandemic advisors who influenced its decision to declare a phase six pandemic last year -- -- a decision that resulted in **a financial windfall for vaccine manufacturers**. As you'll see here, that list includes at least five expert advisors received money from vaccine companies.*

> *Here's who received money from Big Pharma and then influenced the WHO decision to declare a pandemic:*
>
> ***Arnold Monto** is a professor from the United States who has received money from virtually all the major vaccine manufacturers: GSK, Novartis, Roche, Baxter and Sanofi Pasteur. He has specifically been given grant money by Sanofi Pasteur to study influenza vaccines.*
>
> ***Nancy Cox** works for the US Centers for Disease Control, which already maintains a pro-vaccine stance while utterly ignoring the importance of vitamin D in halting infectious disease. Nancy took funds from the International Federation of Pharmaceutical Manufacturers and Associations (IFPMA) to conduct work on vaccines.*
>
> ***John Wood** works at Britain's National Institute for Biological Standards and Control (NIBSC). They've taken money from Sanofi Pasteur, Novartis and several other companies focused on influenza vaccine research.*
>
> ***Maria Zambon** is a professor at the UK Health Protection Agency Centre for Infection. She has received money from Sanofi, Novartis, CSL, Baxter and GSK.*
>
> ***Neil Ferguson** is also a professor, and he has accepted money from Roche and GSK Biologicals.*
>
> *There may be more to this story, too: The financial ties explained here are merely the ones that these people chose*

> *to publicly disclose to WHO. There may yet be other ties that currently remain a secret and will have to be dug up by some determined reporter...*

There's the motive, in plain view for the world to see. One could easily say that the entire reason why H1N1 never actually became an epidemic, was thanks to the foresight and preparation of the WHO, taking action before it was too late.

Except, that's not what happened.

> *Why does it matter that WHO advisors took money from vaccine companies? It's simple: The decision to declare H1N1 swine flu to be a phase 6 pandemic was made by the WHO under advisement from these very people who received money from vaccine companies. And that decision, we now know, resulted in a windfall of profits for the vaccine companies.*
>
> *Those profits, in turn, were burdened by the taxpayers whose expenditures were largely worthless because a huge portion of those vaccines are now expiring and have to be destroyed.*

Got that...they didn't even use huge portions of the vaccines before the "threat" was declared over. In other words, the vaccines didn't end the outbreak.

But I'm sure the vaccine manufacturers can't wait to sell millions of vaccines the next time their representatives "advise" the WHO to declare the next influenza outbreak a "phase 6 pandemic."

> *Asking a bunch of vaccine experts whether you should declare a pandemic is sort of like asking your insurance agent whether you need more insurance.*
>
> *Well of course you do!*

Red Pill Reality Dispelling Blue Pill Delusions: Salt

Keoni Galt · 14 August 2010 · Archived copy · Original

An installment in the series: Red Pill Reality Dispelling Blue Pill Delusions

[image]
Just as saturated fats and animal-base protein food has largely been demonized by the Government and the Medical and Pharmaceutical Industry, so too has salt been given a bad rap.

Red Pill reality: Salt is not only not bad for you...it's downright good for you and necessary for you to maintain good health.

Lets look at a recent "report" from the likes of the American Heart Association:

> *The U.S. food supply contains excessive amounts of sodium (salt), which makes limiting sodium (salt) consumption to less than 1,500 mg difficult. According to the CDC report, Americans over the age of 2 consumed a daily average of 3,436 mg between 2005-2006, up from a daily average of 3,329 mg from 2001-2002.*
>
> *In recognition of this fact, the American Heart Association is currently working with federal agencies to identify strategies to **reduce the amount of sodium in the food supply** and is encouraging food manufacturers and restaurants to reduce the sodium (salt) added to food by 50 percent over the next ten years.*

Salt in the food supply? Notice how the press release says: ***sodium (salt).***

What the American processed food manufacturers use is a highly processed, de-vitalized, nutritionally stripped and bleached, than laced with anti-caking chemicals "salt" that is added to the industrial-processed food supply.

That's not salt. That's sodium chloride. Real salt has approximately 84 trace minerals in it.Table salt is stripped of 82 of those trace minerals through high heat, pressure, and bleaching, so that only sodium chloride remains. After that, they may or may not add iodine (iodized salt).

Dr Barbara Hendel, researcher and co-author of Water & Salt, The Essence of Life, points out what should otherwise be obvious:

> *"These mineral salts are identical to the elements of which our bodies have been built and were originally found in the primal ocean from where life originated. We have salty tears and salty perspiration. The chemical and mineral composition of our blood and body fluids are similar to sea water. From the beginning of life, as unborn babies, we are encased in a sack of salty fluid.*

Salt, is vital to life.

Highly processed sodium chloride, not so much.

From an article that references Dr. Hendel, Well Seasonsed: How Salt Can Actually Be Good For You:

> *Dr Hendel believes too few minerals, rather than too much salt, may be to blame for health problems. It's a view that is echoed by other academics such as David McCarron, of Oregon Health Sciences University in the US.*
>
> *He says salt has always been part of the human diet, but what has changed is the mineral content of our food. Instead of eating food high in minerals, such as nuts, fruit and vegetables, people are filling themselves up with "mineral empty" processed food and fizzy drinks.*

> *Due to modern farming methods, fruit and vegetables are much lower in minerals than they once were. Meanwhile, table salt is stripped of all minerals save for sodium and chloride. These changes, he believes, are responsible for the current prevalence of high blood pressure.*
>
> *Nutritionist Patrick Holford goes one step further. He claims that high-sodium table salt has more to account for than just high blood pressure and heart disease and can actually create mineral imbalances that lead to health problems. "Minerals work together and need to be balanced," he explains. "For example, potassium and magnesium works with sodium to regulate water balance and nerve and muscle impulses.* ***The more sodium you eat, the more potassium and magnesium you need. Few of us eat enough of these, yet we eat high amounts of sodium in {processed} salt. This leads to potassium and magnesium deficiency****, where muscles become tight, nerves become over stimulated and you feel more anxious."*
>
> *As magnesium is involved in maintaining bone density and hormone balance, low levels may compromise bone strength and lead to premenstrual problems. That's where swapping table salt for mineral-rich salt can make a difference.*
> *"A lot of people say salt is bad, but* ***bad salt is bad****," says Amanda Nelson, founder of The Natural Salt Seller. "If you put a fish in table salt solution, it will die. Good salt, on the other hand, can be wondrous."*

I spent years buying low-sodium or sodium free foods. Than I discovered the Weston Price Foundation website and changed my diet. One of the things I discovered from their site was the following:

> *We have been told for years to avoid salt, but following this advice can lead to even more problems. We are all salty on the inside--our blood, sweat, tears, and even our urine--it's all salty. It's important to replenish the salt in our body, using the right salt is what makes all the difference in the world. The best way to put salt back into your body is to use Celtic sea salt. This high quality salt contains over 80 balanced minerals from the sea. Celtic sea salt is essential for maintaining proper fluid balance and utilization in the body. It also normalizes blood pressure, enhances digestion, and nourishes the adrenal glands.*

Celtic Sea Salt is very expensive, especially in comparison to table salt....but in Hawaii we have plenty of Hawaiian sea salt for sale in most stores.

I bought a salt grinder and big bags of Hawaiian sea salt, and now salt all my cooking with gusto. Eating only real sea salt actually made me aware of the difference between real salt versus sodium chloride. I had some regular table salt sprinkled on some bland vegetables while eating dinner at a friends house last week. Like most people, they were horrified at the idea of putting butter on their steamed veggies...ugh. No butter, only margarine. I said no thanks and grabbed there salt shaker. I could immediately taste the difference, and regretted using it.

Try it some time for yourself. You'll see.

Are You Ready Boots?

Keoni Galt · 18 August 2010 · Archived copy · Original

[image]
Roissy's latest post, These Boots Were Made For Divorcing is another man-o-sphere blog's tour de force...putting the pieces of the puzzle together to reveal the picture of the final decline of Western Civilization as the unleashed chaos of female sexual empowerment destroys the once-great superpower built by a Patriarchal society.

Goodbye America, indeed.

Several bloggers have already made their own posts riffing off of Roissy's, including Vox Day, in which he focused on the 2 choices Roissy offered at the end - either rescind feminism or follow it to it's logical conclusion.

I, on the other hand, found another section I'd like to riff on...

> *You want to save marriage? Learn game. What are the odds that these "great catches" the wives are unceremoniously divorcing are betas to the bone? The answer is in the last sentence.*
>
> > ***"while the men are still too broken-hearted to date again."***
>
> *Readers, these wives did not marry "great catches". They married pushover herblings with steady jobs. Any man with a lick of game and an alpha attitude would not be broken-hearted for long after a divorce, even a surprise divorce that caught him off-guard. He would be lining up dates while the ink on the papers was still drying.*

There is one key aspect about learning Game by a man who is married or in a LTR...by learning what behaviors, attitude and demeanor are attractive to your wife or girlfriend, you are also learning what's attractive to **all** women period.

When you internalize this, you will begin to notice how women in general are attracted to you and enjoy your company.

Don't most men prefer to be surrounded by female beauty, given a choice? Even if you have no sexaul intentions...and you are in situations in which you must interact with women on a strictly platonic level...wouldn't you certainly prefer to socialize or work with attractive, easy-on-the-eyes, women rather than obese, butchy, short-haired, land whales?

Well, the same is true with women...but, as men's attraction is cued towards the visual, women's is cued for social dominance. Learn your game...and practice it on every women in your life. No, I don't mean seduce your wife's sister, your best friend's girlfriend or your mother-in-law...but certainly neg her and DHV and play up your cocky-funny banter whenever you're around your female friends, family and acquantances. It's one way of indirectly gaming your own woman.Of course, especially if you're dealing with friend's and families women, like your buddies wife, you certainly need to remain respectable about it...but that doesn't mean the principles of game don't apply when interacting with them.

Your wife or your girlfriend's friends will start to tell her that she's lucky to have you. They will flirt enthusiastically with you. And your wife or girlfriend cannot help but notice this - even if not consciously, subconsciously she certainly will.

Note the excellent commentary by TLM regarding his observations of a sad-sack older women who divorces her doctor husband because he was *boring*.

> *Once the papers were served and the beta hubby got over his grief, he now appears to be on the road to making some changes that are destroying the wife's vision of her single-life good times fantasy. I'm not sure who's guiding him through this, but he's taking their sage advice.*
>
> *Before he moves out the wife finds a new prescription for Viagra. Additionally, he also starts getting phone calls from some nurse.*

Nothing, and I mean NOTHING makes a woman value her mate more than knowing he's attractive to other women.

> *Well this infuriates the wife and puts the hamster into overdrive. A few days after he moves out, all the utilities are shut off along with cell phones etc. She's now panicking and reality is starting to set in. Of course she breaks down in tears at the terrible things happening in her life, incapable of accepting responsibility for her incredibly stupid actions.* ***There was no reason to divorce him other than she was Bored!***

Well she certainly got what she was looking for...she definitely can't say she's bored now! I do bet though that if he had not reacted that way, but instead went into breakdown mode, and begged and pleaded with her to reconsider her actions, she would have ruthlessly proceeded to crush him in divorce court without a second thought of remorse.

But that's besides the point. According to TLM, this lady was fantasizing for years about divorcing her *boring* Doctor husband.

I'd venture to guess her husband probably didn't have any sort of "game." He was most likely devoted, faithful, predictable, and routine. If and when they were around other women, he probably treated them as purely platonic, logical, straightforward interactions. He did not "broadcast" his attractiveness to other women...let alone his own wife. Hence the descent into *boring* territory.

As I wrote previously:,

> Understanding what women find attractive has so many more applications than simply trying to seduce hotties into bed. See what happens when you "run game" on a waitress, or a bartender, or some other woman you interact with for which you have no romantic or sexual interest in. I'm talking about playful negging (cocky and funny), DHV's, comfort and rapport building, acting confidently and assertively, etc. while dealing with ANY women...including relatives.
>
> Even women who are not interested in you in a sexual way will still eat it up, and you'll find that this "tool" of Game will serve as a social lubricant that can get you a freebie dessert from an amused waitress, or perhaps some banter with a receptionist might find her able to "slide you in" an overbooked schedule...or a female

> bartender might give you a drink "on the house." Furthermore, if you do this in front of a women you actually do want to seduce, you will also increase her own attraction for you as well, as it will validate to her that you are authentic, and not just putting up a front to get into her panties. As I've said before, understanding the concept of game is life changing, not just sex-life changing.
>
> You see, just as a woman with a pretty face, a great rack and a plump ass finds such favors are regularly given her simply by men who find her physical appearance easy on the eyes...
>
> ...so too do women react to men who use the tools of "game" in a no-sexual-intentions sort of way.

Game is not just a tool...a trick...a routine used to get laid.

It's a way of life.

100% Effective

Keoni Galt · 19 August 2010 · Archived copy · Original

Anonymous commenter on my last post wrote the following:

> *Game has a place in marriages and perhaps its most salient contribution is the realization that one must constantly romance their wife.*
>
> *But like all things, game is not 100 percent effective and many comments on game blogs veer into victim blaming.*

I disagree...game is 100% effective - if you understand that the goals of understanding and applying it are not dependent on achieving arbitrary and artificially measured achievements like notch counts or same day lays...or trying to "constantly romance your wife."

Now...before I go into this, it is important to note that I am certainly taking this quote out of context.

In the context of the rest of "his" post (I suspect it's a he based on the words he used), I agree with most of what anonymous wrote:

> *It's one thing to talk about acting alpha and "controlling the frame" and its another to expect men in long-term marriages, esp. those involving children NOT to be devastated by divorce, and to immediately be able to play the role of care-free and happy bachelor. Men do bond you know.*
>
> *So of course there's many things men can do to improve their marriages, make divorce less likely, and if divorced get back up and on his feet as much as possible -provided of course he doesn't end up in jail for the crime of being impoverished by the divorce or allegedly hurting his kids.*
>
> *But women are people too, and are not just bundles of instincts. How many women are behaving in marriages and long term relationships these days is disgraceful by any metric and I don't fool myself that game by itself is more than an individual pallative.*

I don't disagree with most of this...but the last sentence is key.

I don't fool myself that game by itself is more than an individual pallative.

Game, in it's very essence, is the penultimate individual palliative.

That was the entire point I was trying to get at in my Game is the Red Pill post.

It is not the means to an end...but rather the end unto itself.

It's about opening your eyes to discerning the truth and recognizing all of the distortions, misdirections and behavioral programming inculcated by our mass media culture. Programming that is broadcast to deliberately emasculate men and butch-up women.

It is a paradigm shift in the way you view yourself, your personality, and understanding the underlying biological motivations for the way in which people behave.

its another to expect men in long-term marriages, esp. those involving children NOT to be devastated by divorce, and to immediately be able to play the role of care-free and happy bachelor.

Of course Anonymous, of course! The point of understanding the underlying principles of Game though, is not to "immediately be able to play the role of care-free and happy bachelor," but to understand your own behavior and how it affects and effects your relationships with other people. It offers the insights to effectively reflect on your situation and where it is you that you may have went wrong...and how to avoid falling into the same mistakes again in the future.

IMHO, Game is about BECOMING.

Becoming a man who is self-defined, confident, assertive, direct and most of all honest.

Becoming a man who doesn't look for female approval for personal validation...but rather becomes the sort of person for which females work to seek YOUR approval.

THIS IS YOUR FRAME. You control it by not allowing interactions with others to make you lose your frame.

If you take the effort to study and understand this theory we call "Game," you will gain an overall framework for understanding most aspects of social human behavior.

That is why I say it is 100% effective, because at it's very essence, game is about recognizing the truth.

The truth that women are not attracted to the same things men are.

The truth that women are not attracted to supplicant, eager-to-please nice guys.

The truth that not only is "equality" impossible to achieve in a male-female relationship, but a recipe for surefire failure.

The truth that in our culture, women are mislead to believe that infatuation and lust are the same thing as "LOVE."

The same holds true for women. Endless are the anecdotes of deluded women who believe that their college degrees, careers, and high salaries are all attributes that are supposed to be attractive to men.

Understanding Game is 100% effective in helping people see these truths.

Two other points here:

one must constantly romance their wife

This is not true at all.

In fact, "constant" romance would be the absolute wrong thing one should do in trying to apply game to their relationship.

Well-timed and well-executed "romance" at unpredictable and spontaneous intervals is enough...the only constant one needs to apply in a LTR is to constantly avoid running afoul of her hypergamous instincts.

...many comments on game blogs veer into victim blaming.

I can't speak for everyone...but sometimes playing the "blame game" is just copping out, or failing to recognize how one's own behavior may have played a role in the demise of his relationship.

Now if a husband "beta-izes" and his wife divorces him out of boredom and does all of the things she can to harness the power of the State to get every advantage out of the divorce, and destroy the relationship between a father and their kids, she most certainly is being a selfish, entitled, greedy bitch. That still doesn't mean the man shouldn't seek to understand how his own behavior, attitude and demeanor may have contributed to her actions that lead to the dissolution.

It's not about assigning fault, or assuaging oneself of guilt that they did no wrong.

It's about improving yourself...and self-improvement is impossible without facing the truth.

Learn Game so that you can be true to yourself.

That is how game is 100% effective.

ADDENDUM - Just came across a nice, succinct comment by Krauser over at Deansdale's, that encapsulates precisely what I'm trying to say:

> *When game is a shell of tricks wrapped around a total loser, it fails miserably. Unfortunately most PUAs I've met spend years in this mode. Eventually they tumble to* ***the core truth that game is about personal transformation – about becoming the best possible you.*** *That's alot of hard work, painful introspection, and most guys won't do it.*
>
> *High value girls do not consort with low value men, even if the latter has "tight game".*

Linkage Is Good Fun, Yeah?! (NSFW...of course!)

Keoni Galt · 20 August 2010 · Archived copy · Original

Tomorrow is Statehood Day in Hawaii. It is the day in which we are too commemorate the colonization of *ke 'aupuni* by our Imperial Overlords of Pax Americana.

This means I will not be online for the next three days, as I purposely don't have internet at home, and I'm going to take full advantage of my 3 day weekend in the great outdoors of Hawaii Nei.

It's good to unplug from the interwebs on a regular basis.

The interactive portion of the internet can be as addictive and habit forming as any recreational contraband substance. There are times where I sit enthralled to the glowing flat screen, ignoring the needs of various bodily functions while reading, commenting, and blogging.

I've sat in the same room as my wife on two separate computers, with nary a word for several hours while we are both absorbed in whatever web surfing or emailing we were involved in. That is one of the reasons why I shut off our ISP almost 3 years ago. Our home life is much better because of it...even if it does get inconvenient on occasion.

But I digress.

I've enjoyed a lot of link love in the past year, from various bloggers...so since this is beginning of my weekend, I decided to return the favor for once. But rather than go with linking to everyone's most recent posts, I'm going to link to people's posts that I've read in the recent past, and select the ones that I think are particularly insightful, helpful and/or profound...IMHO, of course.

Oh, and I'm putting the NSFW totties at the end...since I will be linking to both male and female bloggers, I'll give two seperate, gender specific totties for your enjoyment.

First up, Ferdinand Bardamu's take on the "Ground Zero Mosque":

> *"While American Muslims are much more amenable to the local culture then European Muslims, they still insist on being an alien people within a nation that is not their own. The chances of them turning the U.S. into Baghdad West is slim, despite the Chicken Little crying of the neocons. Either they will cease to be Muslims and integrate themselves into the American tapestry or the natives will expel them with force, possibly violently. Humanity's tribal impulses ensure that there is no possibility of a peaceful Lennonite paradise where we all get over our differences, join hands and sing kumbaya as the sun sets."*

Next, we have a good anecdote from Ulysses at Hidden Leaves, about how women will often "support" their friend's which will help the friend feel better...but doesn't really help her to see how her own words, actions and behavior have played a role in her personal drama-trauma.

> *Rural gal told enlightened gal that she had been married three times. Each time, her husband had been drunk,*

> *abusive, and unfaithful. Rural gal said, "I'm the only common factor in all three of these marriages. It must be me."*
>
> *I'll give you three guesses as to what enlightened girl said to rural girl. The first two guesses don't count.*
>
> > *"You cannot control the actions of others."*
>
> *...No, one cannot control the action of others, but one can control one's own actions. But, by framing the issue thusly, enlightened gal possibly sabotaged rural gal's attempts at reaching enlightenment of her own.*

Next up, Talleyrand over at STD, on Puppy Love:

> *Our culture is set to destroy the bonds that cement us to each other and it creates a pattern where love ends and what is reborn is not like a phoenix, but a specter of the older, purer love of our youth.*

Talley has been on fire as of late, so I think I'll give him a twofer here. Here's an excerpt from his piece on the difference between expectations and goals:

> *I often see people complaining that they have to "keep gaming" a woman as if this is a fundamental problem with game. No this is a fundamental problem in the person's thinking. Relationships are not static. If you get the girl, you don't simply have her like a trophy. Many men act that way, they get married and its simply "Well, that's taken care of on to the next thing. They expect things to remain the same. They expect to stay married and they expect fidelity. And they are deeply unhappy when they find their expectations are not fulfilled.*
>
> *Our society feeds expectations and feeds the unhappiness of people.*

Of course, Talley's STD partner, Alkibiades, has got some excellent contributions of his own...here he is noting The Death of Las Vegas.

> *Vegas was and is now a destination for the girls to head to leaving their husbands and children behind. Quite the change from the time when men left their wives behind when they visited Vegas.*

As a former resident and frequent visitor of Sin City since 1992, I have to concur with his observations. I was there when the changes began to pick up steam.

Next up is a BIG PICTURE post over at Chateau Roissy:

> *This is an excellent Public Service Announcement. Husbands, you'd be wise to monitor your wives' social circles*

> *and act to limit her time spent with cat collecting, unmarried harridans. They will whisper poison thoughts into your wives' brains.*

When you monitor your wives social circles, and you detect what seems to be one such harridan, beat her to the punch and poison the well.

Next up, we have a long time member of the Chateau commentariat, Dana, whose decided to recently start up her own blog. She frequently mentions that she doesn't have too many female friends in real life, because she won't lie to them to make them feel good about there mistakes. Than she shows us exactly how this is done with a blog post about another long-time Chateau lady denizen, lovelysexybeauty, entitled Are You Being Abused, or Are You Vying With a Man for Dominance?:

> *Lovely Sexy Beauty has recently posted a list of behaviors her man is displaying in their relationship, and that apparently OTHER men in the past have displayed towards her...*
>
> *...Of course she is being told these behaviors are "red flags" of abuse in the comments and being unequivocally supported in the comments and as ALWAYS is not ONCE asked what behaviors SHE might be engaging in to cause these behaviors to come to the fore in MORE than one man.*

While I don't know if Dana is right in LSB's case, she does make a point most people should always remember:

There is only one person whose behavior you can control, there is only one person that you can change...and there is only one person who is responsible for your happiness: **yourself.**

At best, I think LSB should take Dana's point and engage in some serious personal reflection and see if it is accurate or not. The best criticism you will often get is from someone else who does not care about your feelings enough to tell you the ugly truth you don't want to hear.

Another long time MRA Blogosphere commenter, Deansdale, also decided to wield the keyboard and join the fight...here is discussing "Conspiracy Theory" and how it pertains to feminism:

> *Feminism was a marxist movement from the very beginning and it still is now, so their goal is the marxist idea of building utopia on the ruins of society – but they've rarely admitted it openly. If the suffragettes would have said that their goal was something like Gramsci's cultural marxism, Orwell's 1984 and Huxley's Brave New World combined together they would have been shot on sight. It's a common argument against conspiracy theories that usually they take too much time to implement and to bear fruit, but the example of feminists is a perfect answer to this argument: yes, they did work slowly and gradually for ~150 years and now we are in this fucked up situation.*
>
> *...Observe a quote from an article about Aaron Russo:*
>
> > *"Rockefeller also told Russo that the elite families created and financed the women's lib movement so they could tax another half of the population and so that the children would be trained by them in government*

> *schools rather than in the context of the family unit."*

Pay no attention to the Reptilian lolzlzolzlizard Illuminati...nothing to see here!

Next up...a Maxim from the Man Who is Thursday:

> *Women like being led and hate being controlled.*

That one reminded me of another Talleyrand Gem (OK, now Talley get's a three-fer. Can't help it, this post really struck a chord and stayed fresh in my mind!): Dominance is not the Same as Controlling

> *When people talk about dominance and social dominance, inevitably women will think "controlling."*

> *Generally, women do not like controlling. They will often think of an ex that was controlling and shiver with revulsion.*
>
> *Being controlling is not a sign of dominance, it is a sign of weakness. It is a sign of insecurity.*

Next up... **** ***** over at Life in the Age of Byrony, on Perspective:

> *It's called life motherfuckers.*
>
> *This shit isn't supposed to be easy. Living here, in the west, we have a skewed notion of what is poverty. We let TV and the Hills and MTV and media tell us we're losers if we have to sleep on the couch at our parents or at a friends place. You're a bum if you don't have a car or a bad person if you've been arrested. Hint: it's virtually impossible to go a week without breaking some law in America, whether it's speeding or getting high or the million other ridiculous laws we have.*
>
> *Above all, media tells us you're poor and you should feel bad about yourself if you're still struggling to climb up the socioeconomic ladder.*
>
> *Not all of us were born to parents with money. We have to fend for ourselves. Suck it the fuck up. Go to work. Do what you enjoy as much as possible. Rid yourself of a need for shit and stuff to put in a house that locks you into a 30 year fucking mortgage or a new car that depreciates the moment you buy it and does so each passing day.*
>
> *If you cast all these things aside, and you sit, and objectively decide you want the creature comforts and ease these things provide in daily supplements, by all means, go for it.*
>
> *Just don't buy into what they're selling....just because....just because you never considered alternatives or because it's simply what everyone else does.*
> *How many happy people do you know? I mean genuinely happy? I mean fucking love their life.*

> *Do what everyone else does and have what everyone else has (hint: it's rarely happiness).*

Getting in debt to attain material consumption is modern slavery. Don't be a slave.

The Elusive Wapiti drove this particular point home rather well, in his post Set Free At Last:

> *Well, today, I wanted to announce my family's freedom from the yoke of debt. For most of my adult life I--I say "I" here a lot because most of the last decade I have been single/divorced, and it is during this time where I accrued most of my debt--have owed money to somebody or something. For the first time in 11 years, I don't have a car payment or house payment or owed several tens of thousands in attorney's fees. During this period, I have paid out just shy of $11,000 in interest to usurious banksters, money that could have been better used to save for a future home, invest in the future, or spend on my/our current wants.*
>
> *My family and I are off the hamster wheel at last. We intend to remain so, and would like to encourage each of you to also know the peace of not being a slave to your possessions and having the spiritual and mental security that comes from knowing that economic dislocation isn't an immediate emergency and that, whatever comes our way via the Great Depression II, we will survive.*

Excellent EW. I'm almost there myself.

Almost. I can't wait til the day I can say my family and I are free as well.

Here's Vincent Ignatius, on workplace equality for the womynz:

> *Girls cry over trivial shit that merely annoys men, and their tears are always meant to manipulate. Think of them as crocodile tears. If equitable workplace behavior brings a girl to tears, then she shouldn't be working there anyway.*

Here's an older post from grerp about feminist's claims that women like her are not willing to listen to their wisdom...Sorry, I Gave at the Office:

> *I was forced to listen ad nauseum, and I am done with the listening.*
>
> *I went to a very liberal Big Ten university during the height of the PC movement. Attached to my orientation was a mandatory two-hour reprogramming session on homosexuality. ...*
>
> *...The female professor I had for my Politics of Eastern Europe clearly stated during the first session that her male students would have to work harder to get a good grade in her class because she didn't like men. ...*
>
> *...I also took a Women in American History 1873 - 1920 class that I naively believed would be about the pioneer experience, etc. I was actually excited about it. Ah, me. Instead, our feminist professor took our learning in a*

> *different direction....*
>
> *By the time I got through undergrad, I had not only listened, but I'd learned to think like a good liberal feminist because I had so many professors who would downgrade if you strayed from the path of correct thinking...*
>
> *...My college newspaper was a love note to the liberal point of view. I read it daily....*
>
> *...There were pro-choice protests on campus all the time. I heard all about the importance of comprehensive sex ed and free birth control. Clinton visited in the fall of 1992. Hillary gave my commencement address, her stirring words being 95% about her health care plan and 5% about our commencement.*
>
> *So, yeah. I've heard it. I've memorized it. I regurgitated it at a professor's command. I just don't buy it.*
>
> *But you can't say I didn't listen.*

Next up, an oldie from the vacationing Athol Kay, called Nice Guys Finish Last:

> *Nice guys finish last. You've heard it like a mantra and it's a cliché because it's true. Women constantly pass over nice men for jerks, who more often than not mistreat them, and then if the cliché holds true to form, the woman runs back to the nice guy and cries on his shoulder. Tells him he's a wonderful friend. Meanwhile the poor nice guy is hit with a triple whammy of anger, hard on, and nausea.*

If that description sounds a little too close for comfort, you'd be well served to get over there and read Athol's archives.

This next piece is about field-tested routines by Krauser. These are great lines...Krauser calls them Chick Crack. Field tested and approved by yours truly, too. These lines will work in an LTR just as well as a pickup attempt of a strange woman. Since reading it, I've managed to use two of these three lines on my wife so far. Yep Krauser...chick crack.

> ***Let's Play a Game of You Be Quiet***
> *Description: A short routine to establish dominance over the girl, pushing her into the child role of waiting for the adult to finish speaking. You are essentially telling her to be quiet and let the important person finish, but in a playfully rogueish manner.*
>
> ***We're Finished Here***
> *Description: A way of maintaining a dominant leading frame on a girl, leading her and kinoing. It shows you do what you want to do and she is tagging along for the ride.*
>
> ***I've Got A Better Idea***
> *Description: This is a way of re-framing her suggestion to make it sound like your idea, but doing it in such an obvious way that it's making fun of the act. Can be used any time in set, but is best to use either for something completely pointless or when dealing with her shit test / frame control attempt of suggesting what to do next*

Finally, Dalrock put together a hilarious short video clip serving fair warning to women contemplating going to the theater to see the latest Julia Robert's chick-flick, Eat, Pray, Love.

Hilarious!

Now....here's the totties (Click to enlarge):

Ladies First -

[image]

And now for the men: putting the NSFW into LIGFY:

[image]

Here's to the Passing of the Seasons

Keoni Galt · 23 August 2010 · Archived copy · Original

Damn you, Talleyrand and Alkibiades.

Thanks for killing off one of my favorite daily reads...

Aloha 'oe.

Red Pill Reality Dispelling Blue Pill Delusions: Red Meat

Keoni Galt · 25 August 2010 · Archived copy · Original

Another installment in a series: Red Pill Reality Dispelling Blue Pill Delusions

[image]
Everybody knows red meat is bad for you....right?!?!

Right?

Are you sure?

Doesn't everyone know that too much red meat in the Standard American Diet is the reason why Americans are at record levels of obesity, diabetes, heart disease and cancer?

Right?!?!?

Do you feel guilty every time you take exceptional satisfaction in an artery clogging T-bone, or bite into a thick juicy burger or slurp up the fatty liquid from real-bone beef broth stew? Do you ever make concessions with yourself, in which you make a mental note to exercise a little harder later on to "make up" for your red meat indulgence?

Set your mind at ease...the idea that red meat is bad for you is nothing more than a big, fat lie.

Red meat is actually good for you.

Yes, not only is it not bad for you...it's downright good for you.

If that idea sounds crazy, you need to understand the source for this mistaken belief that red meat is the boogeyman causing so many health problems in the American diet....and. as I've pointed out before, the genesis of this mistaken belief starts with the favorite tool of diet propagandists: observational studies.

You know..the one where they hand out questionnaires to a bunch of senior citizens asking them what they ate in the last 12 months...and then they check back in 10 years and see which senior citizens kicked the bucket, and than blame their rate of red meat consumption as the cause of mortality.

Dr. Michael Eades, author of *Protein Power*, drives home the point that refutes all of the media reports about the health hazards of red meat:

Correlation does not equal causation!

> *The news is abuzz with reports of the latest study to come out showing that eating meat, especially red meat, kills us off before our time. (You can read some of the reporting here, here, here and here.) Google shows 547 new*

> *articles about this study.*
>
> *Although this study is totally worthless from a causality perspective because it is an observational study, it does serve to confirm the biases of those non-critical thinkers who have already bought into the idea that meat is bad.*

And the majority of the journalists, editors and publishers of today's corporate mass media, most certainly buy into this notion that meat is bad. And the entire media is saturated with articles with such catchword phrases like "the latest studies reveal: red meat shortens your life span!"

But if you look at the actual science on the topic, the evidence paints quite a different picture. Read Dr. Eades entire post on how the studies being touted by the media don't actually indicate what the media says it does.

> *The point of this post is that you shouldn't get wound up about a study that gets reported throughout the media because there are more than likely other studies that are just as well done and just as important showing exactly the opposite findings that the press chooses to ignore. You're not seeing the science as it is, you're seeing the science as the press wants you to see it, which, typically, is the way that confirms the bias of members of the press.*

So this demonstrates how red meat has been unfairly demonized....but where does this idea that red meat is actually GOOD for you, come from? Here's one good source:

It's the Beef!

> *What a shame we have demonized red meat because this is one modern food, enjoyed by almost everybody, that is rich in nutrients. Red meat provides complete protein, including sulphur-containing proteins like cysteine. Beef is a wonderful source of taurine and carnitine, needed for healthy eyes and a healthy heart. Beef also provides another key nutrient for the cardiovascular system—coenzyme Q10.*

> *Beef is an excellent source of minerals like magnesium and zinc—you need zinc for clear thinking and a healthy sex life. The fuzzy-headedness that vegetarians mistake for heightened consciousness is really the fog of zinc deficiency. Vitamin B_6 is abundant in meat, especially rare meat. Red meat is one of the best sources of vitamin B_{12}, which is vital to a healthy nervous system and healthy blood. Vegetarians are especially prone to vitamin B_{12} deficiency. One of the first signs of vitamin B_{12} deficiency is a tendency to irrational anger-—so much for vegetarian claims that we will have a more peaceful, harmonious world if we all just stop eating meat.*

Despite all those nutrients...what about the fat?

> *Beef producers need to recognize that the fat is the most important part of the beef, rich in components that promote good health and that help you utilize the nutrients in all the other parts of the beef. In addition to vitamins A and D, fat contributes many important fatty acids, including palmitoleic acid, an antimicrobial fat that protects us against pathogens in the gut. If you want to be sure that you don't get foodborne illness from your hamburger, use full fat ground beef.*
>
> *Fat also provides a substance called conjugated linoleic acid or CLA, at least it does if the animals have been on green grass.[31] CLA is a substance that protects us against cancer and that promotes weight loss—that's right, fat can make you thin, if it's the right kind of fat.*

> *And the right kind of fat is also saturated fat which, in spite of what we've been told, plays many important roles in the body chemistry. The scientific literature delineates a number of vital roles for dietary saturated fats—they enhance the immune system,[32] are necessary for healthy bones,[33] provide energy and structural integrity to the cells,[34] protect the liver[35] and enhance the body's use of essential fatty acids.[36] Stearic acid and palmitic acid, found in beef tallow and butter, are the preferred foods for the heart.[37] As saturated fats are stable, they do not become rancid easily, do not call upon the body's reserves of antioxidants, do not initiate cancer, do not irritate the artery walls.*
>
> *In fact saturated beef fat is one of the most useful fats in the culinary repertoire. As it is very stable and doesn't go rancid when heated to high temperatures, it's perfect for frying. While we don't recommend a lot of fried foods, we know that our children and grandchildren are going to eat them. Fast food outlets used to fry their potatoes in healthy stable beef tallow. They were crisp, tasted delicious and provided many important nutrients. But the phony cholesterol issue has forced these outlets to switch to partially hydrogenated vegetable oil, which is known to cause a host of chronic diseases including cancer, heart disease, bone problems, infertility and autoimmune disease.[38]*

So...if you can find yourself a good source of grass-fed beef...or buffalo, or kangaroo...or any other ruminant animal eating it's natural diet of grass...eat up to your hearts content. Literally.

And even if grass fed meat is too expensive or too hard to find in your area...even grain fed beef is nowhere near as bad for your health as the corporate-owned, mainstream media would have you think.

I personally think the demonization of red meat is a diversionary tactic promoted by BIG AGRICULTURE.

By getting people to focus on the red meat, they will ignore all of the products of Big Ag that are actual health detriments.

It's not the red meat that's making you sick...it's all of the Big Ag byproducts that are mass produced and sold at a high profit margin because of it's extensive shelf life that is included with your serving of red meat that's ruining your health! Things like the white flour with high fructose corn syrup and soybean oil to bake the bun, the MSG additives, the High Fructose Corn Syrup soda and the potatoes fried in rancid, hydrogenated vegetable oil that's making you fat and your arteries clogged.

Some Democrats who get it.

Keoni Galt · 1 September 2010 · Archived copy · Original

My favorite anti-communitarian, Nikki Raapana, linked to a website that I could scarcely believe even existed...DEMOCRATS AGAINST U.N. AGENDA 21.

UN Agenda 21 IS the blue-print for the NWO's subversive take over of the world. Most modern day democrats are useful idiots for the would-be globalist world government apparatchiks at the UN.

Not these.

> *We are registered Democrats, life-long, who have become aware of the United Nations Agenda 21 negative impacts on our local, regional, and national government.*
>
> *We are civil rights advocates, pro-choice, and pro-gay marriage, who until recently considered ourselves 'progressive Democrats.' We are university educated, middle income professionals who seek to make common cause with others in the United States who share our concerns.*
>
> *We are engaged in educating ourselves, our peers, and our country about UN Agenda 21, ICLEI, Sustainable Development, Smart Growth, Form-Based Zoning, Green Energy Mandates, Carbon Offsets, Cap and Trade, Redevelopment and other programs that restrict our land rights and civil rights. This vitally important information transcends party lines and illuminates much of what we have witnessed over the past two decades.*

So what the hell are these folks talking about?

Have you seen or heard any kind of advertisements or public announcements in your community lately, calling for a "neighborhood summit?"

Read: Neighborhood Summit: It's not about watering petunias!

> *On August 21 the city organized 'summit' for neighborhoods will take place (see my 5/26/10 post). I attended the first steering committee meeting so that I could see who was in charge of this. The UN sponsored Neighborhood Alliance, a group of handpicked people who purport to speak for their community; the Leadership Institute of Ecology and the Economy (two of the three cornerstones of UN Agenda 21); and the city's Community Advisory Board, another supposed grassroots group sponsored by the city but appointed by the council. Not coincidentally, the chair of the Community Advisory Board is also the executive director of LIEE, and is also the main organizer for this 'summit.'*
>
> *I have submitted a request for a table at this event. Let's see if I get it.*
>
> *Why is the city doing this now? They want to identify and sideline opposition in the community while identifying those who want to be handmaidens of the groups manipulating public opinion.*

This is how the UN is gradually seizing control of our communities all across the country, under the guise of

"sustainable development."

Does that phrase sound familiar?

THINK GREEN!

Some Women Think Pandora Can Just Close the Lid...

Keoni Galt · 4 September 2010 · Archived copy · Original

[image]
...and make everything go back to the "good ole days," in which sex was bait to lure men into commitment, rather than the current hook up culture of female sexual "empowerment."

Dalrock exposed this foolish delusion found on this post, *Sexual Revolution and Feminist: Wrong. Grandma: Right.*

> *Through countless trials and tribulations of our own and those of our readers we have come to realize that the only way in which the female population is going to regain power over this city of boys (we refuse to call them men) is to no longer give them what they want. Yep, that's right. NO MORE SEX. Seriously.*
>
> *Just think about it. What if every single woman out there stopped having sex. No more one night stands. No more casual hook-ups. No more f*ck buddies. No more ex-sex. No more let's start having sex and if it's good then attempt to backtrack into a relationship. The boys of New York would have to start working for it!*

My initial response to this idea? Hah! Pandora's box has already been opened. It is done! The demons of unrestrained female sexuality has been unleashed and they are wreaking havoc on Patriarchal civilization. Too late, ladies.

If you won't give up the milk, men are not going to suddenly be impelled to buy the cow, they'll just find another ready and willing cow giving milk away for free.

But Dalrock took them seriously for a moment, and decided to outline the scenario of what would happen if these ladies were to try and enforce this sex cartel...to restrict the availability of pussy to raise it's overall value.

Hilarity ensues:

> *Lets say these women are serious, and decide to form a union (a form of cartel). They will need a suitably union sounding name if anyone is going to take them seriously. I propose:* ***Women Holding Out for Relationship Equity****. But there are other women having sex with bankers out there, so we need to identify them as well. These women aren't in it for the money, but for the pure enjoyment of the sex and the ability to exercise their sexual power. Lets call them* ***Sisters Lusting for Unlimited Titillation****. To save space, I'll refer to each group via their acronym in the rest of the post.*
>
> *So lets say the WHOREs call a city wide sex strike. Do you think the SLUTs are going to take this lying down? Of course not! They'll just enter into a backdoor agreement with the bankers and continue as usual. In addition, not all of the WHOREs will honor the strike. Some will claim they will honor the strike (lie) and then secretly cheat on the agreement. Thats right: lying cheating WHOREs. So if you are a banker, you have all of the SLUTS and lying cheating WHOREs you can handle. This naturally will bring the golddigging WHOREs to their knees.*
>
> *What the golddigging WHOREs need is a method to enforce the strike. Labor unions use a combination of social pressure and legal protection to achieve this. However, the WHOREs are not in a good position to try to shame the SLUTs, so they probably won't get enough social sympathy to enforce the strike or have the laws changed. After*

> *all, most of the WHOREs were in all likelyhood SLUTs until very recently, and as I mentioned earlier many of them are actually lying cheating WHOREs. More importantly, feminists have been very successful in creating an aversion to shaming SLUTs. Not too long ago shaming SLUTs was commonplace. But now as a blogger with a diverse audience I for example wouldn't consider using slut shaming language, even to make a point. Many ordinary women have come to see an insult to sluts as an insult to all women.*
>
> *It is important to note that not all women are golddiging WHOREs, lying cheating WHOREs, or SLUTs. There is another category which is often overlooked in the manosphere. These women understand that marriage is something much more than a vulgar economic transaction, and they take it very seriously. Unfortunately as we saw in the beginning of the post, these women can end up paying a price for the actions of the SLUTs and the WHOREs.*

Well done, Dalrock!

Corporate Owned Media Wants You On a "Plant-Based Diet"

Keoni Galt · 9 September 2010 · Archived copy · Original

Why do you think that is?

Every single day, I watch the local morning news - for the traffic and the weather. But it seems like the whole "plant-based diet" meme permeates every aspect of the news broadcasts programming, and the food product commercials shown between segments.

It's ubiquitous.

The commercial break will feature some low fat, whole grain cereal, followed by a spot for cholesterol lowering medication, and than back to the broadcast where they are giving tips on making some tasty, low-fat, vegetarian recipe. Than they'll do a spot on how the latest studies "show" that low-carb diets "may" reduce your life span.

Sometimes I just want to yell at the TV, "quit lying, you lying liars!"

But it doesn't end there.

People in real life that know me and my dietary lifestyle will than forward me emails, txts, or tell me that "my diet" will cause me to get heart disease or cancer..even though I lost weight and have kept it off for so long, I'm still slowly killing myself.

They know this, because they saw it on TV or heard it on the radio or read it in the paper...

It never ends.

I no longer even bother trying to explain to people how "scientific" studies that "prove" low-carb/high-animal protein/high-animal fat diets are usually statistical manipulations designed to mislead people into internalizing the meme that a "plant-based diet" is the key to good health.

I just tell them, "We're all gonna die sometime. When I die, I want to go knowing I ate good food and enjoyed life to the fullest. I had bacon and a 3-cheese-tomato-fresh basil omelette for breakfast, and it tasted damn good. What did you eat? A multi-grain cereal with skim milk and a piece of whole grain toast with low-fat margarine on it?"

That usually shuts 'em up.

Anyhow, yesterday's morning news broadcast once again had a report on "the latest studies show that a low carb diet is bad for you."

Here's the latest lies put forth by the Big Ag Corporate Sponsored "studies":

> ***Conclusion:*** *A low-carbohydrate diet based on animal sources was associated with higher all-cause mortality in both men and women, whereas a vegetable-based low-carbohydrate diet was associated with lower all-cause and cardiovascular disease mortality rates.*

When I see this on the TV, I already know it's a lie.

But than you get people like Denise Minger, who actually look into the supposed research and prove that it is in fact, nothing but lies.

She notes:

> I've said it before and I'll say it again: In most cases, abstracts tell you a whole 'lotta nothing—so don't judge a study until you've read the full text.
>
> For right now, I'll give this study the benefit of the doubt and ignore the fact that A) the researchers used a pretty lame decile-based scoring system* and B) **employed the notoriously unreliable food-frequency questionnaire to collect their data.**

Questionnaires to prove a diet is unhealthy? Where have we seen this before?

> *Every time the researchers made multivariate adjustments to the data to account for the risk factors they did document (including physical activity, BMI, alcohol consumption, hypertension, and smoking, among other things), the hazard ratio went down for the Animal Group (meaning it got better) and it went up for the Vegetable Group (meaning it got worse). That indicates pretty clearly that the Animal Group had more proclivity to disease right from the get go, regardless of meat consumption, and the Vegetable Group may have been more health-aware than most folks. (To see what I'm talking about, look at the mortality tables under the "10″ column, and compare the "Age- and energy-adjusted HR" with the "Multivariate-adjusted HR" for each group.)*
>
> *In other words, it looks like what this study really measured was a Standard American Diet group (aka Animal Group) and a slightly-less Standard American Diet group (aka Vegetable Group). Both ate sucky diets, but the latter had slightly less suckage. You can bet the farm that neither was anything close to "low carb." And if you have two farms, you can bet the other one that neither diet group was anything near plant-based, so I'm not sure the vegan crowd has much to gloat about here.*

I look forward to my grass fed steak and butter-drenched broccoli for dinner tonight.

What's in A Name?

Keoni Galt · 17 September 2010 · Archived copy · Original

This is a public service announcement to all of my blog readers that have taken the red pill in regards to dietary and nutritional science.

CRA petitions FDA for high fructose corn syrup name change

> *The Corn Refiners Association has petitioned the Food and Drug Administration (FDA) asking it to allow the term 'corn sugar' as an alternative label declaration for high fructose corn syrup (HFCS).*
>
> *HFCS has suffered from a spate of bad publicity in recent years, and food and beverage manufacturers have been increasingly switching it out of their products in preference for beet or cane sugar (sucrose).*

Now why would that be? You think gout, diabetes and rampant obesity would have something to do with it?

> *The Corn Refiners Association (CRA) has said that the reason it filed a petition with the FDA was to be clear with consumers about what HFCS is: A sugar made from corn. The CRA – a trade association that represents the corn refining industry in the United States – has repeatedly stressed that HFCS is not high in fructose, even though that is what the name may suggest. In fact it contains proportions of fructose and glucose that are similar to sucrose.*

SIMILAR is not exactly THE SAME THING.

> *President of the Corn Refiners Association Audrae Erickson told FoodNavigator-USA.com: "The words 'high fructose corn syrup' have caused confusion…This is all about consumer clarity on the ingredient label."*
>
> *She said that in much the same way that there is beet sugar and cane sugar, sugar from corn should be called 'corn sugar' in order to give it a name that is easily understood.*

We wouldn't want the sheeple to understand the difference between monosaccharides versus disaccharides, and how one is worse than the other!

> *It is expected to take up to two years for the FDA to come to a decision on whether to approve the renaming.*
>
> *The American Dietetic Association has also found that HFCS is "nutritionally equivalent to sucrose", and that it is metabolized by the body in the same way as sucrose.*

Right. Eating one or the other on a regular basis for a number of years will result in making you become a fat ass with diabetes, gout, and perhaps even heart disease and cancer.

> *Erickson said: “We hope that the FDA will act positively on our petition in the interest of consumer clarity."*
>
> *This is not the first time that a name change has been sought for an ingredient that has been declining in popularity in an effort to simplify its image with consumers.*

IS that all? To "simplify it's image?" Or is it to mislead and distract the consumer so they can continue to reap their profits at the expense of the consumers health?

> *In November last year, Ajinomoto rebranded its aspartame ingredient ‘AminoSweet’, saying the time was right to “remind people that aspartame is made from two amino acids and brings absolutely nothing new to the diet, just sweetness without the calories”.*

This just in: don't eat anything with "Corn Sugar" or "AminoSweet" listed on the ingredients.

Student Loans: The Gateway Drug to Debt Slavery

Keoni Galt · 17 September 2010 · Archived copy · Original

A friend emailed me this very informative link. I wish I knew about this when I was in college. I'm still paying off the last vestiges of my 21st Century Serfdom Contract.

I hope to be a freeman in about 2 years...

[image]

Engineering Planned Obsolescence

Keoni Galt · 18 September 2010 · Archived copy · Original

Fedrz resumed posting at his blog several months ago, and for the most part, he's been simply re-posting excerpts of old MRA message board postings from some old-timers. Good stuff.

But the other day, he actually posted an original piece, which covered the topic of Cultural Marxism, entitled Divide and Conquer.

Fedrz was the first blogger I read that connected the dots regarding the advent of feminism and the Cultural Marxism movement. His blog states the case that much of the problems with feminism and intrusive and the civilization-destroying family law that we are all familiar with today, come from the Marxist Social engineers of the Frankfurt School who effected the long march through western institutions with active measures to normalize the west.

Fedrz deliberately avoids the more "conspiracy theory" aspects to avoid "the Illuminati-shriekers." It's a good strategy to keep the focal point of the discussion focused precisely on the agenda of cultural marxism and how it's shaped our modern world.

Nevertheless, it does speak to the idea that there does exist an "elite." A class of people who have deliberately shaped our current reality through mass media indoctrination, controlling the curriculum and environment of the public education system, and advancing Marxist-Socialist laws and values in the Government.

To take a step back and attempt to comprehend the big picture, I was struck by the idea that these devious, influential and powerful social engineers have done something that is rather common for Engineers in mass commercial manufacturing to do as well - deliberately planned obsolescence.

What else can you call it? Let's look at all of the factors that would lead one to this conclusion:

* Implement socialist redistribution schemes for which one section of the population has their wealth taxed and given to another section of the population.

* Promote the erosion of Patriarchal family formation as the building blocks of society...which leads to even greater numbers of the citizenry becoming dependent on the Government for sustenance (replace Dad with the Welfare State).

* Promote Brave New World sexual attitudes, mores and practices; i.e. - widespread promiscuity, disconnecting sex with reproduction, mass acceptance of birth control etc.

* Promote the false notion of "equality" so that women pursue college educations and careers instead of forming families and making babies.

Now I'm quite sure there are a lot more variables that go into this idea, but the general idea is this:

Make the masses dependent on the production of wealth of the productive classes...

...while feminism, birth control, abortion and all the other systems the social engineers have put into place to delay

the creation of families with multiple children, eventually results in below replacement demographic trends.

It can only end in one way, eventual systemic collapse.

Look at Social Security - in the next decade, the Baby Boom generation is slated to retire en mass.

Since their social security benefits are paid out by current taxes collected, there will eventually hit the point where there are more benefits owed than current workers whose FICA taxes are collected to payout.

In short - Socialist redistribution of wealth + Below-level Replacement Demographics = Planned Obsolescence.

Which, when you consider the plainly stated agenda of Marxism - to destroy capitalist society to make way for their vision of Socialist utopia - it makes perfect sense.

Right now, Western Civilization is like an old gas guzzling v-8 that roared from 0-60 in a few seconds when it was brand new, made by one of the Big 3 manufacturers in Detroit in the mid-eighties. Any day now the timing belt is gonna break, the head gasket's gonna blow and the engine block is gonna crack, rendering it useless. Than we'll all be needing a new car...only the new model is gonna be a hybrid, environmental compact that struggles to hit 55 on the freeway.

Understanding Hypergamy

Keoni Galt · 29 September 2010 · Archived copy · Original

Seems like a lot of folks have been discussing hypergamy on their blogs as of late.

I'm rather busy as of late (hence my really sporadic and infrequent posting), so I'm not going to offer the usual linkage to all the good folks that have been writing on the topic...rest assured, you need only look at my blogroll to see the various angles that have been up for discussion by such luminaries as Dalrock, Deansdale, Chuck, Athol et al. Much of the debate has been dealing with men who appear to be angry, upset or think of female hypergamy as some sort of defect.

I've already done a bit of ruminating on this topic awhile back, but I think I'd like to repost some of the commentary that was left on that particular post, as I think it contributes some good points for this topic: It's All About Hypergamy

> *Mating strategies of men and women are nothing more than the reproductive biological imperative: Women are instinctually attracted to male dominance and men are instinctually attracted to female fertility.*

It really is that simple.

But let's break it down into even more basic terms:

Men getting angry about women's hypergamous nature is the same thing as women who get angry that "Men only like thin supermodels with big boobs."

May as well get upset at the sun for rising in the East every morning.

Now are you gonna keep raging at the things for which you have no control over...

...or are you going to use this knowledge to your own advantage?

Because that is really what "GAME" is all about. That former case of STD that has now been cleansed from the blogosphere, Tallyrand, left the following insightful comment on my previous post:

> *Game is accepting the truth about what men and women find attractive.*
>
> *Rejecting it, is equivalent to rejecting the idea that men find young, healthy, blemish free women with symmetrical faces attractive.*
>
> *You can reject the truth, but it doesn't leave you any better off doing so.*

Following Talley's excellent point was a rather good comment by Anonymous (yes, that same Anonymous who seems to post comments on every single blog on the Inter webs...)

> *I think your emphasis on hypergamy is the right start. Game starts on the presumption that it has a valid understanding of what is attractive to women, and it's not just guess-work, theorizing, moralizing or vain hope. It's empirical (ie based on experiment), and as such is closer to science. I think its observations are sound, in that they accord with my own experience of the world. Women are indeed drawn to confident men with an air of authority about them, and the more social smarts a man can broadcast, the more attractive women will find him (most women anyhow - some women will immediately dislike such a man because they will rightfully believe they don't have a chance of snagging him).*
>
> *Women are 'running game' as soon as they uncap the lip-stick, or go on yet another diet. They've correctly understood that the appearance of fertility is what attracts a man, and that youth, good physical build and symmetry of features (which is what beauty is) are the best indicators of fertility. The most attractive women also know how to be submissive in demeanor, in order that the man gets his opportunity to shine in what she expects of him - taking charge (this is the so-called feminine mystique).*
>
> *Not every man needs game though, just as not every women needs make-up, exercise and dieting. They're rare though. Some people are so damn attractive that they are better off down-playing rather than upgrading themselves, so that someone will at least think they have a chance with them.*
>
> *Funny thing is, we don't condemn women for reading our basic attraction psychology correctly and trying to exploit it - we even encourage it.*
>
> *So I've come around to the game proponents point of view thus far, after initially being resistant. However, had game been presented in this way to me, I don't think I would have had any objection to it. It's not its observations, or even its application of those observations that are causing the rift between so many men. It's the command that is carried under the breath of so many game proponents: "get with game, or you're a lesser man - being attractive to women is all that matters."*

Agreed Anonymous, great point. But understanding Hypergamy has far more implications than simply figuring out "Game" and how to get married or get laid.

As long-time Roissy commenter, Doug1 pointed out:

> *From the overall social point of view, one of the big downsides of female hypergamy is that the type of male psychosocial dominance that women are attracted to if their hypergamy isn't strongly culturally shaped and constrained, isn't by any means always socially recognized male leadership and status, but rather often rough bad boy or even thuggish violence.*

BINGO! That is PRECISELY the knowledge of female sexuality that the social engineers utilized when they created the brainwashing programs to institute the feminist zeitgeist we are all now subjugated by.

Knowing the reality of female hypergamy is precisely why the feminist activists pushed the concept of "equality."

A Man who is Equal to a Woman, is a Man that Woman will not find attractive.

This knowledge is the keystone behind almost every legislative action, every government program, and every cultural message transmitted through the mass media outlets and educational institutions.

The cultural marxists that promulgated the feminist movement were quite explicit in stating their goals: they wanted to destroy the nuclear family to re-shape society to create their collectivist utopia. By promoting the feminist orthodoxy of "equality," they used their knowledge of the female's hypergamous instincts to create a society of people who are far more prone to fall into relationship dysfunction, leading to the rise in divorces and the decline of marriages.

Conventional Medicine & Mis-information

Keoni Galt · 1 October 2010 · Archived copy · Original



For those who have personally researched real food-low-carb dieting and have applied the principles and seen the results on their health, you eventually reach a point where you realize that your Doctor, your family physician or your HMO nutritionist gives you dietary advice that YOU KNOW IS WRONG. Yet these are the same professionals who may have treated an illness you had or set a broken bone or even performed life saving or life-changing surgery on you. They are highly intelligent, educated and furthermore, you've known them for years and you simply feel good when you see them, because you know they genuinely want to help you with your health problems...

....but they give dietary advice that you know damn well is outright LIES.

It's not the Doctor's fault...really. It's endemic to our health "care" system.

I was brought to this train of thoughts today, because I just read a post by a Dr. who definitely understands the truth about diet and nutrition, Dr. Michael Eades. From The Pitiful State of Medical Ignorance:

> *It's difficult to imagine the number of people who go into doctor's offices every day with weight problems, elevated blood sugar, high blood pressure, and abnormal lipids and are told with great authority to eat less and exercise more. If the patient asks the doctor for a specific diet, the doc usually has the nurse give the patient the standard 1800 kcal low-fat diet sheet. Depending upon the motivation of the patient, this diet may or may not be followed. If the patient does suck up and follow the diet, many, of not most, will fail. When these poor folks come back for their recheck, their doctor then wants to put them on some sort of drug. Believe me, the stories above aren't atypical. This is happening all across the country thousands of times every single day.*
>
> *And I'm mad as hell because it doesn't have to be this way.*

> *There is another option. These poor people could be given a low-carbohydrate diet to try. Most of the doctors who prescribe the 1800 kcal diet (along with a recommendation to exercise more) could give people the choice. A low-carbohydrate diet or a low-calorie diet. But the vast majority of them don't. They simply opt for the low-calorie diet, then resort to drugs when it doesn't work.*

Dr. Eades, a licensed physician, doesn't ever really get around to actually trying to point out WHY so many Doctors "opt for the low-calorie diet, then resort to drugs when it doesn't work."

I left the following comment on his blog, and I'm curious to see if he lets it show up (he moderates all comments).

> *If you want to know WHY so many Doctors dispense bad dietary advice, and refuse to believe their own eyes when their patients improve after going low-carb, you have to look at the big picture.*
>
> *Low Carb is the exact opposite of what the USDA advises with their High-Carb Pyramid.*
>
> *Follow the money.*
>
> *Who regularly gets appointed to the highest echelons of the USDA? Big Agriculture execs for the likes of Monsanto and Cargill.*
>
> *And who profits from having a populace deliberately mislead, literally slowly poisoned by their high-carb, processed food diets?*
>
> *The Pharmaceutical industry (Who get there execs appointed to the FDA…are we starting to recognize a pattern?)*
>
> *Big Money corporations buy influence by giving their money to politicians who than appoint their lackeys to the regulatory agencies who literally control the messages being promoted by our mass media and medical community regarding diet and nutrition.*
>
> *Most Doctors are not deliberately prescribing these diets because they're happily rubbing their hands together because they are receiving perks from Pharma reps for prescribing statins (although that does play a part), you also have to understand that most of the Doctors are reading peer-reviewed journals and/or given the latest "results" provided by the Pharma companies themselves with deliberately misleading results that all promote the same outcome – keep the sheeple eating the grains and prescribe the profitable drugs that mask the symptoms that result from the long term consequences of the conventional wisdom's dietary advice.*
>
> *My own personal family physician recently retired. He's close to 90 lbs. overweight. He has chronic asthma. When I related my own discovery of low carb dietary knowledge, and how I lost 35 lbs. in 4 months and have kept it off for 4 years straight now by "eating bacon and eggs cooked in grease and butter" every morning, it simply did not compute with him. It was like his eyes glazed over and he simply tuned out what I was saying.*
>
> *He simply could not come to grips with a living, breathing example of a person who was doing everything contrary to what his medical journals and professional nutritionist guidelines of our HMO direct him to apply to his own medical practice.*
>
> *Quite simply, Doctors, like most people that have imbibed a lifetime of government/corporate propaganda via our mass media and public school curriculum, can't deal with the cognitive dissonance of real live examples that are*

> *contrary to their own indoctrination that is repeatedly reinforced both inside (pharmaceutical sales reps sales sheets and peer review journals touting bad diet advice and pharmaceutical remedies) and outside (our mass media dietary zeitgeist) of their professional environment.*
>
> *Most Doctors that prescribe bad diets and even worse medication to ameliorate the symptoms of those bad diets, are simply nothing more than highly educated and licensed useful idiots.*

Doing my part for Breast Cancer Awareness Month

Keoni Galt · 5 October 2010 · Archived copy · Original

[image]

Dalrock wrote about the same topic I did last year while watching NFL Football this past Sunday: October is Breast Cancer Awareness Month, and the NFL is a full fledged partner for the effort to raise the level of awareness in we the sheeple about this common disease.

When I turned on the games this past Sunday, and I saw all the pink on the players uniforms, all over the field and on the referee uniforms, all the former arguments that have been put forth in the man-o-sphere regarding the whole Breast Cancer Awareness vs. Prostate Cancer Awareness flitted through my mind. But this time I thought a little bit deeper on the topic, and came up with a hypothesis as to why Breast Cancer gets so much airplay and media exposure, whereas Prostate Cancer gets the finger...

As I wrote over at Dalrock's:

> *...after a little bit of ruminating, I came to a stark realization – the real reason why the NFL and the rest of Western society has such a strong socio-political-cultural push to "raise awareness" for breast cancer, and it goes back to the oldest reason in the book: $$$.*
>
> *Prostate cancer "awareness" – Man makes a checkup with his normal practitioner, who than shoves his finger up the man's ass to feel the prostate.*
>
> *Breast cancer "awareness" – Woman makes a yearly appointment with a highly expensive mammogram machine that costs the hospital or Private Practitioner a nice sum of money. They have to pay a trained technician to operate the machine, etc.*
>
> *Couple this with a current system in which the health care provider bills an insurance company and/or a government program like Medicare, and you soon realize that a mammogram is probably 10 – 100 times more profitable a procedure to bill for than a prostate exam.*
>
> *Also, it's far easier to convince the masses of women that they need to get their breasts examined once a year, than it is to convince the masses of men (who are typically way less likely to go to the Doctor's for ANY reason in the first place,) to go have their doctor shove their finger up their ass once a year.*
>
> *Of course, it certainly ties into the overall feminization of everything in our mass media culture…the preceding idea is not mutually exclusive from that overall trend. But I think it is an important point than simply writing off as mass media and pop culture misandry.*

Nevertheless, I still believe Breast Cancer Awareness is a worthy campaign, and I'd like to contribute to the cause....and once again help raise awareness on one aspect that never seems to get any kind of mainstream exposure:

The ABC Connection, or:

THE ABORTION - BREAST CANCER CONNECTION

That's right ladies....if you have had one or more abortions, and you've never carried a pregnancy to term, you have a much greater risk of developing Breast Cancer later in life.

You never hear of this, because the Abortion industry, the cancer industry, and Feminist ideology all conspire to suppress the truth and keep you ladies thinking "it's just some tissue" being sucked out of your womb.

From The Breast Cancer Prevention Institute's: FACT SHEET…The Biologic Cause of the Abortion Breast Cancer Link: The Physiology of the Breast

> Simply stated, the biology rests on two principles.
>
> 1. The more estrogen a woman is exposed to in her lifetime, the higher her risk for breast cancer. It is well established that estrogen is implicated in the formation of three cancers: uterine, germ cell and breast.1 Estrogen can induce cancers to form in two ways, as a genotoxin and a mitogen. A genotoxin or mutagen directly damages the DNA (causes mutations), initiating a process that leads to the formation of cancer cells. Certain natural metabolites of estrogen have been shown to cause mutations.2 A mitogen causes cells to proliferate, that is, to multiply through division (mitosis). Each a time a cell divides to form two cells, it must replicate its DNA. During replication, mutations in the form of copying errors and/or chromosomal translocations can occur, causing abnormal cells to form. These abnormal cells can go on to become cancerous. The stimulation of proliferation (mitogenesis) that estrogen causes, increases the chances that abnormal cells will grow into malignant tumors. Estrogen is so potent that it is measured in parts per trillion.
>
> If a woman starts her menstrual cycles early, say, age nine and continues to menstruate into her late 50's, she is at higher risk for breast cancer, as she has been exposed to monthly estrogen elevations for a long period of time. This too is the science behind a recent, well-publicized study that shows that estrogen-based hormone replacement therapy increases the risk of breast cancer.3 In a similar way, birth control pills can elevate breast cancer risk.
>
> 2. The earlier a woman's breast matures from prepubescent (Type 1) and pubescent (Type 2) lobules to reproductive (Type 3) and lactation (Type 4) lobules (see diagrams), the lower her risk of breast cancer.4 Type 1 and 2 lobules are known to be where cancers arise, in the TDLUs (terminal ductal lobular units),5 whereas Type 3 and 4 lobules are mature and resistant to carcinogens. When a female child is born, she has only a small number of primitive Type 1 lobules. At puberty, when estrogen levels rise, the breast forms Type 2 lobules. It is only through the hormonal environment and length of a full term (or to at least 32 weeks) pregnancy that there is full maturation of Type 3 and 4 lobules in the breast. This maturation protects a woman and lowers her risk of breast cancer.
>
> This is why women who undergo full term pregnancies have lower risk of breast cancer and why women who remain childless have higher risk of breast cancer. Women who give birth after age 30 are also at increased risk of breast cancer as their immature Type 1 and 2 lobules are exposed to estrogen for the many years between the time of their first menstruation until their first full term pregnancy. Abortion in women under 18 and over 30 years old carries the greatest risk: these women have the highest percentage of Type 1 lobules in their breasts.
>
> It is the interplay of these two principles, estrogen exposure and breast lobule maturation, which accounts for the fact that abortion can lead to breast cancer. Within a few days of conception, a woman's estrogen level

> rises. By the end of the first trimester, estrogen levels have increased by 2000%. The estrogen stimulation that causes the multiplication of Type 1 and 2 lobules, results in sore and tender breasts early on in pregnancy. It is only after 32 weeks that a woman's breasts stop growing larger and mature into Type 3 and 4 lobules in preparation for breast-feeding.
>
> If abortion ends a woman's pregnancy before full maturation of her breasts, she is left with an increased number of the immature Type 1 and 2 lobules. She now has a greater number of the breast lobules where cancers can arise. This causes her to be at greater risk for breast cancer. It is through this same biologic mechanism that any premature birth before 32 weeks more than doubles breast cancer risk.
>
> Induced abortion thus increases breast cancer risk by two mechanisms. First, abortion leaves the breast with increased numbers of Type 1 and Type 2 lobules, those lobules in which cancer cells are formed, which are then exposed to more estrogen through menstrual cycles. These lobules would otherwise have been protected from cancer by maturation to Type 3 and 4 lobules, if pregnancy had gone to term. Second, the breast is exposed to high levels of estrogen during pregnancy, which can induce cancer cells to form. 6

See, I helped raise awareness...and I didn't have to wear that god awful pink to do it either.

FIAT Money is the Root of All Evil

Keoni Galt · 7 October 2010 · Archived copy · Original

Many folks don't get GBFM's schtick. Some people mistake his adderall and ritalin influenced prose to be meaningless trolling.

Than he'll go ahead and post the sources for his musings. The substance of his muse is substantial. His latest posting at Roissy's is a tour de force of quotations throughout history regarding the evils of fiat currency.

> Of the innumerable evils which usually brings the decadence of kingdoms, principalities, and republics, the four greatest are, in my opinion: war, immorality, infertility of the land, and the debasement of money. For the first three, the evidence is obvious. But for the fourth, which concerns money, except for a few men of intellect, few people ever see it. Why? Because it is not in one fell swoop, but gradually, by a somewhat latent character, it ruins the state. ***–Copernicus***
>
> If the Nation can issue a dollar bond it can issue a dollar bill. The element that makes the bond good makes the bill good also. The difference between the bond and the bill is that the bond lets the money broker collect twice the amount of the bond and an additional 20%. Whereas the currency, the honest sort provided by the Constitution pays nobody but those who contribute in some useful way. It is absurd to say our Country can issue bonds and cannot issue currency. Both are promises to pay, but one fattens the usurer and the other helps the People. ***–Thomas Alva Edison***
>
> Paper money has had the effect in your state that it will ever have, to ruin commerce, oppress the honest, and open the door to every species of fraud and injustice. ***–George Washington***
>
> No state shall emit bills of credit, make any thing but gold and silver coin a tender in payment of debts, coin money. ***–Article One, Section Ten, United States Constitution***
>
> When plunder becomes a way of life for a group of men living together in society, they create for themselves in the course of time a legal system that authorizes it and a moral code that glorifies it. ***— Frederic Bastiat, The Law***
>
> Of all the contrivances for cheating the laboring classes of mankind, none has been more effective than that which deludes them with paper money. ***–Daniel Webster***
>
> You have to choose [as a voter] between trusting to the natural stability of gold and the natural stability of the honesty and intelligence of the members of the Government. And, with due respect for these gentlemen, I advise you, as long as the Capitalist system lasts, to vote for gold. ***–George Bernard Shaw***
>
> The directors of such companies (joint-stock corporations), however, being the managers rather of other people's money than of their own, it cannot well be expected, that they should watch over it with the same anxious vigilance with which the partners in a private copartnery frequently watch over their own …. Negligence and profusion, therefore, must always prevail, more or less in the management of the affairs of such a company? ***–Adam Smith, The Wealth on Nations, 1776***
>
> If the American people ever allow private banks to control the issue of their money, first by inflation and then

by deflation, the banks and corporations that will grow up around them (around the banks), will deprive the people of their property until their children will wake up homeless on the continent their fathers conquered. ***–Thoms Jefferson in 1802 in a letter to then Secretary of the Treasury, Albert Gallatin***

Fair dealing leads to greater profit in the end. ***–Homer's Odyssey***

Thou shalt not steal. ***–Moses, Exodus***

The boom produces impoverishment. But still more disastrous are its moral ravages. It makes people despondent and dispirited. The more optimistic they were under the illusory prosperity of the boom, the greater is their despair and their feeling of frustration. ***–Ludwig von Mises***

The authors of the Constitution were very much aware of the dangers of inflation and the need for commodity money. Destruction of the continental dollar was vivid in their minds. The journals of the Continental Congress noted that "paper currency… is multiplied beyond the rules of good policy. No truth being more evident, than that where the quantity of money. . . exceeds what is useful as a medium of commerce, its comparative value must be proportionately reduced." Further, inflations "tend to the depravity of morals, and decay of the public faith, injustice to individuals, and the destruction of the honor, safety, and independence of the United States." ***–R. Paul, End The Fed, The Constitutional Case, p. 165***

If you are in debt, you are a slave to that debt. ***–Benjamin Franklin***

The second vice is lying, the first is running in debt. . . Lying rides upon debt's back. ***–Benjamin Franklin***

Paper money eventually returns to its intrinsic value—zero. ***—Voltaire***

The first panacea for a mismanaged nation is inflation of the currency; the second is war. Both bring a temporary prosperity; both bring a permanent ruin. But both are the refuge of political and economic opportunists. ***–Ernest Hemingway***

If ever again our nation stumbles upon unfunded paper, it shall surely be like death to our body politic. This country will crash. ***–George Washington***

To emit an unfunded paper as the sign of value ought not to continue a formal part of the Constitution, nor even hereafter to be employed; being, in its nature, pregnant with abuses, and liable to be made the engine of imposition and fraud; holding out temptations equally pernicious to the integrity of government and to the morals of the people. ***–Alexander Hamilton***

I believe that banking institutions are more dangerous to our liberties than standing armies. Already they have raised up a money aristocracy that has set the government at defiance. This issuing power should be taken from the banks and restored to the people to whom it properly belongs. If the American people ever allow private banks to control the issue of currency, first by inflation, then by deflation, the banks and corporations that will grow up around them will deprive the people of all property until their children will wake up homeless on the continent their fathers conquered. I hope we shall crush in its birth the aristocracy of the moneyed corporations which already dare to challenge our Government to a trial of strength and bid defiance to the laws of our country. ***–Thomas Jefferson***

The study of money, above all other fields in economics, is one in which complexity is used to disguise truth or to evade truth, not to reveal it. ***–John Kenneth Galbraith, Money: Whence it came, where it went – 1975, p15***

In the absence of the gold standard, there is no way to protect savings from confiscation through inflation. There is no safe store of value. If there were, the government would have to make its holding illegal, as was done in the case of gold. If everyone decided, for example, to convert all his bank deposits to silver or copper or any other good, and thereafter declined to accept checks as payment for goods, bank deposits would lose their purchasing power and government-created bank credit would be worthless as a claim on goods. The financial policy of the welfare state requires that there be no way for the owners of wealth to protect themselves. . . This is the shabby secret of the welfare statists' tirades against gold. Deficit spending is simply a scheme for the confiscation of wealth. Gold stands in the way of this insidious process. It stands as a protector of property rights. If one grasps this, one has no difficulty in understanding the statists' antagonism toward the gold standard. ***–Alan Greenspan, Gold and Economic Freedom***

The bold effort the present (central) bank had made to control the government … are but premonitions of the fate that await the American people should they be deluded into a perpetuation of this institution or the establishment of another like it. ***–Andrew Jackson***

I am one of those who do not believe that a national debt is a national blessing, but rather a curse to a republic; inasmuch as it is calculated to raise around the administration a moneyed aristocracy dangerous to the liberties of the country. ***–Andrew Jackson***

Gentlemen, I have had men watching you for a long time and I am convinced that you have used the funds of the bank to speculate in the breadstuffs of the country. When you won, you divided the profits amongst you, and when you lost, you charged it to the bank. You tell me that if I take the deposits from the bank and annul its charter, I shall ruin ten thousand families. That may be true, gentlemen, but that is your sin! Should I let you go on, you will ruin fifty thousand families, and that would be my sin! You are a den of vipers and thieves. ***–Andrew Jackson***

The process by which banks create money is so simple that the mind is repelled. ***–John Kenneth Galbraith, Money: Whence it came, where it went – 1975, p29***

Is there any reason why the American people should be taxed to guarantee the debts of banks, any more than they should be taxed to guarantee the debts of other institutions, including merchants, the industries, and the mills of the country? ***–Senator Carter Glass,***
Author of the Banking Act of 1933

I see in the near future a crisis approach which unnerves me and cause me to tremble for the safety of my country. Corporations (of banking) have been enthroned, an era of corruption in high places will follow, and the money power of the country will endeavor to prolong its reign by working upon the prejudices of the people until the wealth is aggregated in a few hands and the Republic destroyed. ***–Abraham Lincoln***

History records that the money changers have used every form of abuse, intrigue, deceit, and violent means possible to maintain their control over governments by controlling money and its issuance. ***–James Madison***

All the perplexities, confusion and distresses in America arise not from defects in the constitution or confederation, nor from want of honor or virtue, as much from downright ignorance of the nature of coin, credit, and circulation. ***–John Adams***

The gold standard has one tremendous virtue: the quantity of the money supply, under the gold standard, is independent of the policies of governments and political parties. This is its advantage. It is a form of protection against spendthrift governments. . . The gold standard did not collapse. Governments abolished it in order to

> pave the way for inflation. The whole grim apparatus of oppression and coercion, policemen, customs guards, penal courts, prisons, in some countries even executioners, had to be put into action in order to destroy the gold standard. ***–Ludwig von Mises***
>
> I'll tell you what I think about the way
> This city treats her soundest men today;
> By a coincidence more sad than funny,
> It's very like the way we treat our money.
> The noble silver drachma that of old we were
> So proud of, and the recent gold coins that
> Rang true, clean-stamped and worth their weight
> Throughout the world, have ceased to circulate.
> Instead the purses of Athenian shoppers
> Are full of shoddy silver-plated coppers
> Just so, when men are needed by the nation,
> The best have been withdrawn from circulation.
> ***—Aristophanes, The Frogs, 400 BC***
>
> Give me control of a nation's currency and I care not who makes the laws. ***–Baron Rothschild***
>
> With the exception only of the period of the gold standard, practically all governments of history have used their exclusive power to issue money to defraud and plunder the people. ***–F.A. Hayek***
>
> Lenin is said to have declared that the best way to destroy the Capitalistic System was to debauch the currency. . . Lenin was certainly right. There is no subtler, no surer means of overturning the existing basis of society than to debauch the currency. The process engages all the hidden forces of economic law on the side of destruction, and does it in a manner which not one man in a million can diagnose. ***–John Maynard Keynes***
>
> We are in danger of being overwhelmed with irredeemable paper, mere paper, representing not gold nor silver; no sir, representing nothing but broken promises, bad faith, bankrupt corporations, cheated creditors and a ruined people. ***–Daniel Webster, speech in the Senate, 1833***
>
> You are a den of vipers and thieves. I intend to rout you out, and by the grace of the Eternal God, will rout you out. ***–Daniel Webster (upon evicting from the Oval Office a delegation of international bankers discussing the Bank Renewal Bill, 1832)***

In short, Fiat currency gives the people who control the printing press to create it, the power to butthex society and desoul us all by enslaving us into debt serfdom.

No lolzlozlzolzozlol-ing here.

Red Pill Reality Dispelling Blue Pill Delusions: Whole Grains & Fiber

Keoni Galt · 14 October 2010 · Archived copy · Original

[image]

Another installment in a series: Red Pill Reality Dispelling Blue Pill Delusions

Most people are at least minimally aware of the way in which carbohydrates trigger a spike in the blood sugar shortly after being eaten, which contributes to storing fat tissue and eventually leading to diseases like diabetes and heart disease over time. The big culprits most people are aware of are sugars and refined carbohydrates...white flour, white pasta etc.

But instead of recommending that people simply cut out grain-based starches from their diet, the conventional wisdom says to merely replace those refined grain feed and replace it with whole grain feed. Let's look at what the USDA and their high-carb pyramid says about this:

> *Why is it important to eat grains, especially whole grains?*
> *[image]*
> *Eating grains, especially whole grains, provides health benefits. People who eat whole grains as part of a healthy diet have a reduced risk of some chronic diseases. Grains provide many nutrients that are vital for the health and maintenance of our bodies.*

The USDA...the regulatory agency who literally tells the nation what it should be eating, has former Big Agri-Business Corporation Executives appointed to run it...you know the corporations who's entire business is growing, harvesting, processing and selling grains...they would never lie about the nutritional effects of their primary products, now would they?

Of course not! Our US Department of Agriculture wants to ensure that all of the Sheeple are fed a steady diet of whole grain feed....

...but I digress.

The main point here? The conventional wisdom (i.e. cultural indoctrination programming) tells us to eat whole grain to avoid problems with weight gain and heart disease. It turns out that while whole grain foods may not make you as fat as refined and enriched grain foods...they have a whole host of other problems associated with them, problems that may be worse than simply making you overweight.

This problem is mineral absorption....and that whole grain fiber may actually *contribute* to colon cancer...not prevent it, as most high-fiber processed foodstuffs regularly claim on their labels.

UK Doctor Barry Groves elaborates on his website, Second Opinons:

> *The fiber hypothesis was based on the fact that an increase in dietary fiber moved food through the gut faster.*

> *However, all the nutrients in food are absorbed through the gut wall and this takes time. If the food travels through faster, there is less time for its absorption and consequently less is absorbed. Because of this, all fiber, whether it is from fruit, vegetables or cereals, inhibits the absorption of such nutrients as zinc, iron, calcium, phosphorus, magnesium, energy, proteins, fats and vitamins A, D, E and K. Now this doesn't matter too much if you eat a good nutrient-dense diet which contains plenty of these nutrients. But there is another problem with cereal fibre (bran): its phytate content.*
>
> *In 1992 Professor Harold Sandsted, its Editor-in-Chief, noted that:*
>
> > *"The evidence seems overwhelming that high intakes of fiber sources that are also rich in phytate can have adverse effects on mineral nutrition of humans . . . In view of the data, it appears that some health promoters who suggest that [we] should consume 30-35 g dietary fiber daily either have not done their homework or have simply ignored carefully done research on this topic."*
>
> *What he was talking about was the phytic acid that cereals, soya and other legumes have in their husks. It is well known that by this mechanism wholegrain cereals decrease the absorption of minerals and that this leads to a variety of deficiency diseases in both developed and undeveloped countries.*
>
> *The minerals mostly affected by phytic acid are calcium, iron and zinc. For example, subjects absorbed more iron from white bread than from wholemeal bread even though their intakes of iron were 50% higher with the wholemeal bread. And while white bread must have added calcium, the law does not require it of wholemeal bread.*
>
> *Bran fiber has also been shown to cause fecal losses, and what the medical profession calls 'negative balances', of calcium, iron, zinc, phosphorus, nitrogen, fats, fatty acids and sterols. A negative balance is where more is lost from the body than is absorbed. What this means is that bran causes* ***a loss of these nutrients from your body****.*

So while refined grains may cause you to store fat and promote diabetes, whole grain carbohydrates may actually cause you to lose weight...but also contribute to severe nutritional deficiencies over time.

Remember: Dietary Fiber has NOTHING TO DO with preventing cancer.

It's an unproven theory that Big Agribusiness corporations ran with when they found a way to sell all that bran they were removing from their grains when they were refining the flour!

If you go to the Doctor's, and complain of bowel problems, most will recommend "more fiber, and more water." This is precisely wrong.

If you really need a good source regarding your digestive health, here's a sight that was approved by the Weston Price Foundation: GutSense.org.

From Why Do Doctors Recommend Fiber?

> *The majority of medical doctors in the United States practice medicine "by the book." This means a strict adherence to established clinical guidelines and standards of care in order to insulate themselves from malpractice lawsuits. Unfortunately for patients, doctors are taught to recommend fiber not because it is good for them, but because it benefits those who wrote "the book."*

Ahhhh, this is precisely why Doctor's give out a whole host of just plain wrong advice when it comes to diet and nutrition.

> *In essence, the recommendation to use fiber for constipation is a widespread cover up of the side-effects of antibiotics, dental amalgams, and most other prescription drugs. Medical doctors themselves are aren't involved in this unintentional cover up, and they are just as much victims as anyone who follows this advice, because doctors also consume fiber themselves, and insist their families do the same.*
>
> *Pharmaceutical companies in the United States control almost all aspects of medical education, either directly, by publishing references, textbooks, and curriculum for continuous education courses as well as designing and administering licensing exams, or indirectly, by sponsoring the teaching faculties of medical schools. Their interests shape doctors' thinking and treatments.*
>
> *And that's even before spending enormous amounts of money for all forms of advertising to promote their views on radio, television, and in printed publications.*
> *In turn, doctors recommend fiber for constipation because that is what is written up in all medical references and textbooks, even though every single piece of independent research states emphatically:*
>
> *— Fiber causes constipation and related colorectal disorders.*
> *— Fiber doesn't relieve constipation or improves motility.*
> *— Fiber is squarely behind colorectal cancer*

In summary, the difference between eating a diet high in "fiber" - that is, whole grain fiber, may actually prevent you from experiencing weight gain...because the bran in the whole grain may prevent your gut from digesting the carbohydrate in the grain quickly - but it will also lead to malabsorption of minerals and eventual nutritional deficiencies. Long term nutiritional deficiencies may actually lead to more health problems than simple weight problems and diabetes (not that those aren't bad enough.)

Better to just not eat grains....but on the occasion that you actually do? Don't eat the "whole grain" option thinking that it's actually better for you. It's not.

Refined or whole, grains have a whole lot of potential problems for your health if make them a regular part of your diet. It's not just phytates and carbohydrate load you have to worry about...glutens and lectins are no picnic either.

In conclusion, I think the following paragraph from gutsense.org bears reiterating, because applies to a whole host of other diet and health related issues:

> **Pharmaceutical companies in the United States control almost all aspects of medical education, either directly, by publishing references, textbooks, and curriculum for continuous education courses as well as designing and administering licensing exams, or indirectly, by sponsoring the teaching faculties of medical schools. Their interests shape doctors' thinking and treatments.**
>
> **And that's even before spending enormous amounts of money for all forms of advertising to promote their views on radio, television, and in printed publications.**

Indeed, this is precisely why I have an entire series of blog posts called "Red pill realities dispelling blue bill delusions." Because the blue pills are what the Pharmaceutical and Agricultural Corporations and their appointed stooges in the USDA and FDA have been handing out for quite some time now. Those blue pills are lucrative profits for their bottom lines, but sold at the expense of our health.

Frivolous Divorce

Keoni Galt · 15 October 2010 · Archived copy · Original

[image]

One thing about the ever increasing number of blogs that I discover are worthy of reading and contain substantial content, is that I often find entries that are older, and have had excellent commentary participation, but I'm too late to join in on. But I can still blog about it myself...

I found one such interest after reading Dalrock's post, Her husband was her best friend.

He had discovered a blog entitled Frivolous Divorce, ostensibly written by an older woman who had divorced her husband 7 years prior and is now living a very lonely life of reflection and regret. This website would be a great, great resource to point to if you ever have an older friend or family member that is contemplating divorcing for frivolous reasons. At the very least, it could cause someone to have second thoughts. It's concise prose offers quite the contrast to the kind of pro-divorce propaganda and influences that permeates our society.

It's actually not a very extensive blog and all of it's entries can be read in a single sitting. If it's message actually reaches even one person considering a frivolous divorce, this ladies self-inflicted loneliness and misery can serve as a useful, cautionary tale.

Some choice excerpts:

> ***You are about to commit something like a murder***. *Not a murder, but something like a murder. It will include death (the death of your family), grieving victims (your spouse and children, and eventually you), shame (hopefully you will be very ashamed one day), humiliation (your children will be embarrassed by your behavior and your spouse will be humiliated by the rejection), financial devastation (for everyone), and the intrusion of the State into the personal details of your life.*
>
> *This site is not intended for victims of adultery, abuse, or other serious issues that may cause people to divorce. Rather, it is intended for those whose spouses have done nothing wrong and do not deserve to have their lives destroyed. It is intended for the frivolous.*

Since we know that 70+% of all divorces are filed by women, and most are admittedly not due to infidelity and/or abuse, I don't think it's a stretch to say that most divorces are in fact frivolous.

She reveals just how frivolous her own reasons were for instigating her divorce, in My husband was the best friend I ever had:

> *My husband was an easy-going, simple man. He never complained about anything, helped with anything when asked, worked hard and made an above average living, didn't cheat on me, didn't drink, never hit me, and was a*

> *loving father.*
>
> *His faults were many: sleeping too much, clowning around too much, being too interested in sports, not knowing how to cook, not remembering the names of his childrens' teachers, not getting home before 6 pm because of his 2-hour commute, not liking poetry and art, and other heinous offenses. All deserving of divorce, right?*
>
> *The truth is that he endured years and years of my contempt, grinding criticism, big mouth, and deep character defects and he loved me in spite of it.*
>
> *You see, he didn't demand perfection like I did. He was just there for me through the good and the bad, doing what a real husband does. Too bad he didn't have a real wife.*

Damn. The inferences to be drawn from this to those of us who have taken the red pill are quite clear:

He was a good man...but he was *boring*. She grew to despise him for his utter predictability. She in turn, became a nagging, grumpy bitch...and he took it. In short, he became an AMC.

Now, it looks as if this man is in a good place -- happily re-married and successful -- while his ex-wife is suffering from loneliness, unemployment and poverty, 7 years after their divorce.

Nevertheless, the man literally ALLOWED her to convince herself that destroying their family was justified, because he put up with her ungrateful and caustic nagging and bitchiness. Maybe he no longer cared after awhile. But married men should take note: allowing your wife to act like this unopposed, will only foster more of the same. Nip that bad behavior in the bud. As Athol puts it, follow the second date rule.

> *Assuming your wife displays some sort of highly negative behavior (read as "craz-ee biatch") , a good rule of thumb is The Second Date Rule...*
>
> *If what she just did happened on the second date, would there have been a third date?*
>
> *If the answer is "no", it's probably best to say something about it and not just suck it up for the rest of your marriage. The behavior will likely continue without it being addressed.*
>
> *Women do respond positively to men willing to not put up with them being venomous screechtards. Both in general relationship terms and sexual. Just not at first.*

His failure to stand up to her increasing nagging, combined with all of the influences of a culture immersed in misandry and entitlement that brainwashes women into being dissatisfied with their lives of Patriarchal oppression, and that divorce from the boring beta husband would leads to life of exhilarating freedom, she found out too late that real life is not like the glamorous Follywood portrayals of middle aged divorcees running off to fly around the world to be seduced by tall, dark foreigners with sexy accents.

> *You think your life is going to get better after your divorce, not worse. Fun times with new friends or your new love. But you aren't thinking about failure — failure to make new friends, failure to find love, failure of old relationships as people discard you. Yes, people will discard you for various reasons. You don't believe it, but you will when it happens to you. And you will deserve it; after all, you discarded your spouse.*

Wonder if Elizabeth Gilbert will ever have to face this harsh lesson? Supposedly she was forced to get married to her Brazilian lover so he could legally emigrate to the US. How long will it be before her rapidly fading looks and once her new husband's permanent residency status is affirmed, will she find out what it's like to be discarded herself? Just as Roissy accurately predicted that eventually it would come out that Ashton Kutcher would eventually be discovered unfaithful to Demi Moore with younger, hotter women, so too do I believe Gilbert's Brazilian "sweetheart" will eventually leave her...I just hope it gets as much publicity as her god awful book and movie did.

The Frivolous Divorce blogger realized the ugly truth, much to late...

> *Ladies, if you are over 40, no matter how well you take care of yourself, you are not very attractive to men. Men of shallow character want young women and no amount of time in the gym or under the plastic surgeon's knife is going to fool anyone. Men of high character will run from a frivolous woman who destroyed her family.*

Dalrock questions if this is actually written by a real woman. Another commenter logged on to her blog and stated outright that he did not believe that it was written by a woman...that such woman are incapable of self-assessment, introspection and avoiding the mesmerizing trance of the rationalization hamster that is an integral part of all women's psyche. I believe though that it is (and not just because the genderanalyzer gave it an 84% chance it was written by a woman...) because the next sentence she wrote after that last quote:

> *Men, you have an advantage when it comes to looking good as you age, but you shouldn't overestimate that advantage. It doesn't amount to much; you don't look good, either, after 40.*

She still hasn't figured out that looks is only a part of the attraction equation for men, whereas it is the most substantial part of attraction for women.

Many people in Men's Rights/Gender Realist sector of the internet develop a caricature view of the female gender...because there are now so many bad examples from which to observe in today's Brave New World Order. But I know of more than a few women in my own sphere of family and friends who have done things they have come to regret, and have arrived at quite logical and rational conclusions regarding their mistakes and have faced them fully and honestly, and have not tried to justify or rationalize their guilt away.

It's not impossible guys...just improbable. At least in this respect, NAWALT.

Wait - did I really just write that? I think I need a drink...

Equality in Federal Contract Bidding

Keoni Galt · 16 October 2010 · Archived copy · Original

From the SpearheadFiles
October 17, 2010

Reading today's Pacific Business News - a Hawaii-based business paper, I saw the most recent issues latest front page, above-the-fold headline:



Women-owned firms to benefit.

Apparently, some feminists and their mangina politicians passed some law 10 years ago that gave preference to women owned businesses in certain industries when bidding for Federal Contracts. This law has basically not been used or enforced since it was passed...but now that we are in the midst of the Great Depression 2.0, and more men than women have been getting laid off, NOW the Federal Government decides is the perfect time to resurrect this affirmative action legislation.

> *The rule, which was first proposed by Congress in 2000 but only published in the Federal Register last week, aims to increase the amount of federal contracting dollars that go to businesses that are at least 51 percent owned by women in 83 industries in which women were found to be underrepresented — everything from construction to accounting to public relations. The agency has 120 days from the date of publication to implement the new rule*

Oh, but it gets worse than a simple case of affirmative action...

> *The new rule puts some teeth in the regulations, putting women-owned businesses on similar footing* ***as service-disabled veteran-owned businesses*** *and businesses that participate in the SBA's 8(a) business-development program, which enjoy the benefits of bidding for contracts that are set aside for their specific programs.*

Let's get this straight....

...if you're a male who went to fight for this country in one of the various wars for the US Military, and got a limb blown off or lost your sight or some other horrific war injury...and you come home and start a business, you will be able to receive equal preference under this program...equal to other American business owners who are designated for this legislation simply because they were born with a vagina and whom also own a business?!?!



EQUALITY BABY!!!!

> *"This new ruling is going to be substantial in that it will mean something," Downs said.*

Oh it will mean something alright...it means the only way a man can have an equal opportunity to receive preference under this new regulation like a woman, will be to get disabled while fighting for our Cuntry.

Words fail me at the moment.

Notable Commentary from the Original Post

MenZo October 17, 2010 at 06:40:

wow….. just… wow

Well-loved. Like or Dislike: {Thumb up} 27 {Thumb down} 0

Anonymous age 68 October 17, 2010 at 07:21:

The attack on men will never stop until one of two things happens. First, the men of this nation grow a pair and stand up for their civil; legal; human; and constitutional rights. This will never happen.

Or, the Huns come in and do a hard reset.

Well-loved. Like or Dislike: {Thumb up} 49 {Thumb down} 1

Uncle Elmer October 17, 2010 at 07:29:

It's standard practice for men to name their wives as president/owner of their small business to take advantage of this. If you're fishing in federal contract waters it's just another loophole to check, just like taxes.

We often hear about the great tide of "women-owned businesses" and "entrepreneurs" but I think much of it is based on this lie.

Well-loved. Like or Dislike: {Thumb up} 45 {Thumb down} 1

Joe October 17, 2010 at 08:35:

I was working at a public university about 12-15 years ago when I first found out about this. One of the project managers told me that minority and women owned businesses got preferences over white male owned businesses so a lot of guys would put their business in the wife's name to get the advantage. It's high time us plain ol' white guys abandoned white guilt and start behaving like a tribe when the primitive cultures around us make it necessary.

As far as men not standing up for themselves, I'm sure many won't but others will. I think one of the first steps is the abandonment of multiculturalism. This is happening somewhat in Europe where white europeans are getting fed up with muslims. I think that most of the time catholic and protestant cultures really don't belong together. There is a fundamental difference between the type of people who embrace the church of rome and those who don't. To me, it's the same basic difference that exists between a subject and a citizen.

At some point some people are gonna grow up and abandon the retarded idea that all types of people can and should live together. This is plain as day where I work. In my industry/location a very disproportionate part of management is from a particular ethnic group. There appear to be a few reasons. Firstly, they're shamelessly tribal and show preferences to each other more than other groups and if anyone says anything they play the victim, it's disgusting. Secondly, they're very aggressive when it comes to pursuing positions of authority. This is clearly cultural. The problem is that they aren't the least bit interested in doing the mundane management tasks that come with these positions. They also don't value competence, they just want to be the boss of as many people as possible. They mess things up bad most of the time.

One thing that is obvious to me is that groups of people that have widely varying levels of aggression and tribalism don't do well together. You don't have to be smart to recognize this, you just need the balls to point out the obvious. The more aggressive/tribal group will end up very overrepresented in power positions. This happens despite their frequent inability or lack of interest in bearing the responsibility that comes with the position. The less aggressive group may be the more capable of running a successful organization but they end up doing all the grunt work and existing in very unmotivating dead-end situations.

Well-loved. Like or Dislike: {Thumb up} 35 {Thumb down} 13

Snark October 17, 2010 at 08:52:

They are using crisis to bolster their position. Lenin suggested this policy regarding the First World War.

Well-loved. Like or Dislike: {Thumb up} 21 {Thumb down} 0

Keyster October 17, 2010 at 08:55:

Not to distract from the main point, but yes its true; a “female owned business” that might exploit this is highly likely to be a business owned and operated by men, that use a “trusted” female as a proxy. Typically a wife who has little if anything to do with day to day operations. This is well known and a bit of a joke in business circles that deal with the federal and many state governments.

Not to say there aren’t true female owned and operated businesses, but its highly unlikely that the federal government would need to hire a PR or accounting firm. There simply aren’t that many truely female owned and operated businesses to choose from, that the federal government would or could do business with. That’s the reality these “equality” bureaucrats fail to comprehend. Yet they’ll wrap themselves around the axle trying to find several as “TOKENS”, just to demonstrate that the program is working.

Our tax dollars at work, just to make people feel less guilty and more righteous about themselves. It has little to do with competence or actual ability to perform as required. It’s about feelings.

Well-loved. Like or Dislike: {Thumb up} 20 {Thumb down} 1

Herbal Essence October 17, 2010 at 09:50:

Joe-

The reality is, a small minority of super-powerful (mostly) white males is using Feminism and other PC bullshit to undercut their only real competition – other males. As many smart men have pointed out, women are the knives the ruling class uses to stab men in the back.

The real enemy is not minorities, gays, or even most women. They’re just tools acting out an agenda.

I have no problem with notions of tribalism. It can be healthy. But that doesn’t mean that every white male is on our side, or every woman/non-white is against us. It’s much more complicated than that. Especially when taking into account that white males make up the vast majority of feminism-enabling white knights.

Well-loved. Like or Dislike: {Thumb up} 40 {Thumb down} 6

barbarossaa October 17, 2010 at 09:52:

yes and it will continue on like this.

i say this in the most serious way possible.

MEN they will not rest until they completely dominate you. if you do not allow yourselves to be dominated, they will seek to destroy you. Its that simple

until men start coming to this conclusion in large numbers they will be unable to defend against misandry, and thus incapable of defending themselves.

the more you try to serve the machine, by for example fighting in wars to defend it, the more they will hate you for being stupid enough to willingly serve in the demise of your own genders self worth and respect.

Well-loved. Like or Dislike: Thumb up 27 Thumb down 0 Anti Idiocy October 17, 2010 at 10:33

@ Uncle Elmer: “It’s standard practice for men to name their wives as president/owner of their small business to take advantage of this.”

I knew a man, a business contact, who lost his business in divorce as a result of doing this. Shortly after the divorce settlement, his wife just shut the business down. He was left with none of it.

This might, in some cases, be a good game to play, but I’d want to be damn sure of the legalities beforehand.

Well-loved. Like or Dislike: {Thumb up} 25 {Thumb down} 0

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Well-loved. Like or Dislike: {Thumb up} 25 {Thumb down} 0

njartist49 October 17, 2010 at 10:43

Anon 68: *“Or, the Huns come in and do a hard reset.”*

Most likely to happen.

Well-loved. Like or Dislike: {Thumb up} 18 {Thumb down} 0

misterb October 17, 2010 at 12:54:

It’s a dangerous game that feminists and the le femmes are playing dangerous game. With economics and the lives. In truth they don’t care, or practically don’t even know what the hell they’re doing.

Passing the feel good laws.

From the looks of it, they're going to enforced that stupid law. Actually they are enforcing it.

Speaking as an aboriginal man in Canadian north, I noted that he (the white man) needed to ground himself. Time after time, his traditions were trashed by his own brethren of the same colour. In truth, he'll have to rebuild his traditions and restore his honour.

As man of different background, I noted that people of other colours have problems with white people. In loose translation, other people have this supremacist attitude toward others.

Like or Dislike: {Thumb up} 13 {Thumb down} 1

misterb October 17, 2010 at 14:11:

There's no such thing as equality.

The unions were originally meant to provide the workers loose protection. Basic protection from their employers, so they don't whack their employees. In pre-60 eras, during and after the great depression. Sweat shops were not that uncommon. In fact they exploited immigrants coming to the US and Canada.

From the 1990s to 2000, the unions have become the worthless behemoth shadow of its former self.

Now skip to the present. After the idiots and crybabies had gotten their way. In Canada, we have heterosexual men discriminatory bills. catering to the hateful gay people, idiots, murders, douche bags and so forth.

An honest man is taxed to death by the government. And whatever little dignity people have left on Indian reserves is taken away.

I hate to break this to you. Gay people are themselves the feminists, who join the other she demons, in the grass they graze. aka we men are the grass that the females and gays graze upon.

misterb aka misterbastard

Like or Dislike: {Thumb up} 9 {Thumb down} 1

codebuster October 17, 2010 at 19:25:

I'm sure most of us get it how insane this is. For those who don't…

Women have the escape-hatch of stay-at-home mom. The role of stay-at-home mom defines purpose, dignity and direction (for those women who accept their responsibilities). So where many provided-for women are in a position to regard work as something akin to a hobby – something to do if they like, something to do if their fancy takes them, someplace to while away the hours, someplace to gossip with friends, they still get first priority over men, for whom work defines purpose, dignity and direction, and for whom not working is not an option.

God help us. This is truly primitive. Not even Russian communism could beat this insanity – their efforts to bring

women into the workforce had less to do with the women-are-oppressed fairy-tale than it did with making use of able-bodied human resources in supporting the economy. There is no voodoo-practicing tribe of headhunters, no tribe of hunter-gatherers or Cro-Magnons, no village of third-world peasants that would buy into this garbage. They would recognize it for what it is – tyranny, and they would kill, pillage and rape until there was nothing left.

Like or Dislike: {Thumb up} 9 {Thumb down} 0

Indomitable Thoughts October 17, 2010 at 20:35:

Women are always trying to paint themselves as victims. That picture shows it in graphic detail that's not so obvious at first– affirmative action is making it so their "plight" has the same priority as someone who got his legs blown off in Iraq. Hell, I bet the whole combat veterans thing was just thrown in, with the priority being the "at least 51% women owned" businesses thing. It shows how pampered and privileged women are in today's society.

Cue back to the whole Alte/Rob argument a few stories back. It seems like almost every woman has some kind of abuse story that she willingly dishes out to try and garner sympathy and bootlicking from men. Disgusting. Disgusting how women try to shame and manipulate men like this.

We've been thoroughly emasculated, folks. Thoroughly emasculated.

Like or Dislike: {Thumb up} 13 {Thumb down} 0

Indomitable Thoughts October 17, 2010 at 20:40:

If a man complains about his (often legitimately shitty) lot in life, he's told to "man up" and "take it like a man" from both bootlickers and women.

On the other hand, if a woman complains about her lot in life, she's given support from women, manginas, and the government.

This is a double standard that feminism aims to amplify, and amplify, and amplify…they simply don't give a fuck about anything but giving women the upper hand at the expense of basically everyone else. And manginas back them up, either walking straight into the oven, or fucking over other men so they can have sex with them.

Like or Dislike: {Thumb up} 9 {Thumb down} 0

Nemo October 18, 2010 at 12:10:

This sort of law actually *increases* racism, sexism, nationalism, or whatever else the government claims that it is trying to cure.

It's one thing to make it illegal to discriminate. It's entirely different to ORDER the government to discriminate against whatever groups it happens to dislike at the moment.

In the US, there are "protected classes" listed in human resources guidelines. Women, gays, and non-whites are protected. Most East Asians and Jews are also tossed in with "whites" – they have been able to achieve economic

success without the aid of government, so they are now “unprotected”.

These classes are the first to be hired and the last to be fired, according to HR guidelines. A “protected” person who is laid off can sue their employer and probably win some money. An “unprotected” employee can not. Therefore, from a legal point of view, the unprotected employees are the first to go and the protected employees are the last to go.

About 80% of all job losses in the US during the recession have been men, and this is a major factor in creating that 4:1 sex ratio among the newly unemployed.

People who previously thought of themselves as full citizens of the United States are now realizing that if they are white, East Asian, or Jewish they are demoted to second class citizens. If they are straight, they are demoted to third class citizens. If they are men, they are demoted to fourth class citizens.

All in the name of “equality”.

We are resurrecting the medieval idea of “High Justice” for the nobles and “Low Justice” for the serfs, and “white” heterosexual men are the new serfs.

The net effect of all of this is to cause the groups that are now being “deselected” by the government to self-identify themselves not as full citizens, but as members of a minority group that is oppressed by the government.

Congratulations, Washington, you’ve just made everyone think of themselves as a member of an oppressed minority group instead of a citizen of the USA.

To repeat, this sort of law actually *increases* racism, sexism, nationalism, or whatever else the government claims that it is trying to cure.

Like or Dislike: {Thumb up} 4 {Thumb down} 0

Why Diet , Nutrition and Masculinity Issues are Intrinsically Connected

Keoni Galt · 21 October 2010 · Archived copy · Original

[image]

The fairness of Men's role in society, men's behavior and characteristics that women find attractive, and diet and nutrition -- all three of these topics have been the subject of a considerable amount of propaganda, memes, lies, and shibboleths designed and promulgated by our mass media and educational institutions...all designed to mislead we the sheeple into behaving in ways that lead to tremendous profits for a wide variety of industries.

Our dysfunctional relationships, our nutrient poor diets and the ill mental, spiritual and physical health that results from them are literal niche markets that have proven to be very profitable indeed.

Many a men's right's blogger and commenter has made note of the efforts of Western society to emasculate and feminize society as a whole...to promote feminine behavior in men.

It just so happens that following the conventional dietary wisdom plays so perfectly into this agenda.

See, on a basic, physiological level, what is the primary difference in male and female biology? When you get right down to it, it's testosterone.

And the standard low-fat, no-red meat, low cholesterol, plant-based diet that we are all supposedly should be eating to have good health? It's a diet that is primarily instrumental in reducing the bodies production of testosterone.

Saturated fat, and cholesterol are primary building blocks for the bodies production of testosterone.

To put it simply, a low-fat diet, is a low-T diet.

Speaking for myself, It's been 4 years now since I've adopted a high-protein, high-fat diet - I like to call it a **Nutrient Dense, Real Food** diet, after nearly a decade of low-fat, non-fat, semi-vegetarian, whole grain diet, all through my 20's and early 30's. That diet saw me increasingly getting fatter (at my worst, I was 40 lbs. overweight), and in hindsight, I now realize I had a gradually decreasing libido.

Eating too many plant foods and not enough animal foods was turning me into an Herb.

After a few years of eating paleo, I've discovered that I now have a constant, raging libido of a caveman ready to club the nearest fertile female and drag her away for some carnal savagery. I haven't felt like this since I was 15 years old and first starting dating, and could think of nothing else but sex, drugs, sex, rock-n-roll, and sex. One thing about being older though, while my libido has been rejuvenated by my diet, you don't get the bothersome, can't-control effects like involuntary erections, like you do when you first pass through puberty.

But it turns out that testosterone is linked to far more than just your libido.

From the FuturePundit: Low Testosterone Increases Heart Death Risk?

> *Low testosterone levels seem to be linked to a heightened risk of premature death from heart disease and all causes, suggests research published online in Heart.*
>
> *The finding refutes received wisdom that the hormone is a risk factor for cardiovascular disease.*

Some researchers have already noted that obese men have low levels of testosterone and higher levels of estrogen.

That's becasue obese men eat too many carbs and not enough protein and fat...the high-T food.

After reading that Futurepundit post and the commentary, I googled "testosterone and saturated fat."

Here are some of the resulting articles I came up with...

From *The Testosterone Diet*

> *Quality fat will increase your low testosterone levels. When I say quality fat, I'm not talking about soy, corn, or cotton seed oils in a clear plastic bottles sitting on the grocery store shelf. As a matter of fact, I'm not talking about polyunsaturated oils at all.*
>
> *Poly fats will reduce your testosterone levels!*
>
> *I'm talking about mono fats from olives and avocados, and saturated fat from beef and egg yolks.*
>
> ***Yup, I'm talking old school bodybuilder food!***
>
> *In his younger days, Jack Lalanne almost choked to death drinking cows blood. It coagulated in his throat on the way down, and just about sent him down the river.*
> *Now, you don't need to take it that far, not even close. All I ask is that you start eating REAL food.*
>
> *Need some examples?*

> ***Not real food..***
> *Macaroni and cheese out of a box, pop tarts, frozen pizza.*
>
> ***Real food..***
> *Eggs, steak, broccoli, avocados, almonds, salmon, olives, the list goes on and on...*

That sounds positively paleo...

From How to Increase Testosterone

> ***Tips to naturally increase testosterone levels***
> *The following are tips for how to increase testosterone naturally.*
>
> - *Testosterone levels decrease with restricted diets but are restored within 48 hours after eating normal again.*

> - ***Diets high in protein, cholesterol, fat, and saturated fat will increase testosterone levels.***
> - *Increasing **polyunsaturated fat** and decreasing saturated fat will **decrease** testosterone levels.*
> - *Consistent and heavy weight training with compound exercises and short rest intervals is a huge contributor to stimulating higher than normal testosterone levels.*
> - *Sex, masturbation, or an erotic stimulus will cause an increase in testosterone levels.*
> - *Compounded medications such as BHRT testosterone can help increase testosterone levels.*
> - *Painkillers such as aspirin, marijuana, and codeine will decrease levels of testosterone.*
> - *Higher protein typically equals more animal fats therefore you'll likely be getting more saturated fat and cholesterol by consuming more protein.*
> - *Alcohol decreases testosterone levels. Even just one night out on the town can cause testosterone levels to drop significantly.*
> - *Runners and power lifters show **lower** levels of testosterone than bodybuilders do.*
> - *Stress also significantly affects your testosterone. The higher your stress level the lower your testosterone levels.*

Note that the entire low-fat/non-fat, avoid saturated fat conventional wisdom also makes people use more polyunsaturated fats like canola, corn, and soy oils, and eat a lot less saturated fats like butter, lard and tallow.

Be a man...eat FAT!

From Old School BodyBuilders: Testosterone and Saturated Fat:

> *Men like Armand Tanny, John Grimek, and Vince Gironda.*
>
> *These pioneers of the muscle game didn't keep a bottle of testosterone cypionate in the medicine cabinet.*
> *They didn't rely on fractioned, low-fat, over-processed foods either.*
>
> *Vince shunned the primitive soy-based protein powders of the day, and got his aminos the way mother nature intended....**From food!***
>
> *He believed a large percentage of your daily food intake should be consumed in a raw, natural state.*
>
> *His go-to guys were steak tartar, whole eggs, and raw milk.*
>
> *Yup, Vince, John, Armand, and most of the other muscle men of that era ate what I like to call "man food."*
>
> *Food that real men consumed, before fat phobia took over our collective conscious in the late 70s and early 80s.*
>
> *As a matter of fact, these men embraced fat, from clean, animal-based sources, and for good reason.*
>
> ***For one, fat is good for you!***
>
> *Surprised? More on that later…*
> *Second, fat, especially saturated fat, is vital for optimal Testosterone Production.*
> *Studies have shown conclusively, that male vegetarians, who typically consume very little saturated fat, have considerably lower levels of testosterone compared to non vegetarians.*

> *In 2005 JS Volek conducted a study titled, The case for not restricting saturated fat on a low carbohydrate diet.*
>
> *This research compared the dietary records of several men involved in weight training.*
>
> *The authors found significant correlations between testosterone levels and total and saturated fat intake among men with a history of at least one year of weight training.*

Testosterone is the key hormone that defines your masculinity. The fats and proteins that you eat (or don't eat) will determine the levels of testosterone your body produces.

No wonder the same corporate mass media that constantly seeks to emasculate the Western Male by degrading masculinity, and constantly portraying male role models as weak, effeminate, pussy whipped and dominated by women is the same entities promoting a low-fat, plant based (i.e. polyunsaturated fat) diet as optimal!

Time to cue up the shaming language...

Now do you want to eat like an herb, or eat like a MAN?

THIS IS FARGIN WAR!!!

Keoni Galt · 23 October 2010 · Archived copy · Original

In a desperate bid to get some traffic, Default User has declared war on several denizens of the "manosphere." For myself, he dropped the following gauntlet:

> *Dave, the Hawaiian librarian, you are a conspiracy nut that should get out of your hypergamous wife's basement (if she will allow you).*

Default User called me a conspiracy nut once...

.....ONCE!



I've no choice but to declare FARGIN WAR....

[image]

If you've never seen that old 80's slapstick classic, Johnny Dangerously, this post will not make any sense. Than again, it's done for no other purpose than to try and drive some traffic to default user's website.

TSA to Travellers: Get Radiated or You Will Be Sexually Assaulted

Keoni Galt · 2 November 2010 · Archived copy · Original

[image]

Have you heard the latest announcements regarding airline passenger screening by the TSA?

> *In some cases, TSA agents will be allowed to touch body parts that were once off limits.*
>
> *"The way you used to pat down a passenger in the airport was with the back of the hands. Now we've switched it to the front of the hands. You go down the body, up to the breast portion, and if it's a female passenger, you're going to see if there's anything in the bra," said Charles Slepian of the Foreseeable Risk Analysis Center.*

So...if you walk through the metal detector and somehow set it off, TSA is going to ask you to submit yourself to the new Full Body Scanners.

If you "opt out," they will take you on the side and have a same-gendered TSA agent give you a thorough groping.

So why would you opt out?

For one, no one really knows the long-term health consequences from being exposed to whatever energy these machines expose your body too.

According to http://www.dontscan.us, here's the potential health risks:

> *Backscatter X-ray uses ionizing radation, a known cumulative health hazard, to produce images of passengers bodies. Children, prengant women, the elderly, and those with defective DNA repair mechanisms are considered to be especially susceptible to the type of DNA damage caused by ionizing radiation. Also at high risk are those who have had, or currently have, skin cancer. Ionizing radiation's effects are cumulative, meaning that each time you are exposed you are adding to your risk of developing cancer. Since the dosage of radiation from the backscatter X-ray machines is absorbed almsot entirely by the skin and tissue directly under the skin, averaging the dose over the whole body gives an inaccurate picture of the actual harm. In their letter of concern, the UCSF faculty members noted that "the dose to the skin could be dangerously high". The eyes are particularly susceptible to the effect of radiation, and as one study found allowing the eyes to be exposed to radiation can lead to an increased incidence of cataracts.*
>
> *Another type of device uses millimeter wave technology, which if improperly calibrated can cause burns. Less is known about the potential health risks of the millimeter wave devices than those of backscatter X-ray, and as with the backscatter devices, no independent testing has been conducted.*

There you go...get radiated, or let a TSA agent fondle your genitals. Some choice, eh?

Of course, this is supposed to be alright that the person doing the pat down is your same gender. Gee, how comforting. What if the same gender groper is a closeted homosexual getting their jollies off? Or is no one supposed to even think about that possibility?

Of course, the larger point to be gleaned here is that this latest implementation of technocratic police state measures is the perfect example of how things REALLY work in our Corporatist/Fascist state.

Remember: Government Regulation + Industry = Cartel

Just like the way Monsanto gets their executives appointed to the FDA so that the FDA passes regulations favorable to the multinational agribusiness giant, so too is the corporate cronies seeing a chance to score a lucrative Federal Government contract through Regulatory action.

Enter former Homeland Security Secretary Michael Chertoff, and now consulting firm executive representing the scanner's manufacturer...

> *Heading up the renewed push for those controversial, clothes-penetrating scanners at airports is former homeland security secretary Michael Chertoff. His consulting firm represents companies who make the scanners, but you wouldn't know it from reading the papers.*

> *In 2009, Chertoff founded the Chertoff Group, a security consulting agency. The Chertoff Group's client list is unknown—Chertoff refused to talk about it in an interview—but he admits in the clip above that some of his clients manufacture full-body scanners.*

> *Yet when he appears in The New York Times, The Washington Post, and on NPR to advocate for full-body scanning, Chertoff is identified only as a former secretary of homeland security. No mention is made of the Chertoff Group. ("If they'd been deployed, this would pick up this kind of device," he tells the Times.) Did Chertoff 'forget' to tell reporters about his connection to the industry he's pimping in their stories?*

As if we didn't know it before...but the NYT, WP and NPR are all organs of our corporatist fascist state willfully disseminating propaganda to scare we the sheeple into accepting more and more police state violations of our privacy and well-being.

So the next time you fly the friendly skies, what are you gonna choose, radiation or same-sex fondling of your private parts?

Manufacturing Consensus

Keoni Galt · 5 November 2010 · Archived copy · Original

[image]
Reading The Deliberate Dumbing Down of America and The Underground History of American Education were watershed moment in understanding our current reality regarding society, culture and the way in which our country really operates.
They opened my eyes to the reality that in fact there does exist an elite class of people who really do make decisions that affect and effect all of our lives.

These are the same people George Carlin called The Owners of This Country.

While digging into the research to figure out the methodology they employ to socially engineer society to suit their purposes, I discovered the way in which they use the Hegelian Dialect to create our modern dystopia.

The Hegelian Dialect is the overarching framework for advancing their goals to control the masses...but I recently came across another social engineering technique that was implemented to get communities across the country to accept the changes in the educational system decades ago that have contributed to the brainwashing and deliberate dumbing down of the kids today. This technique is called the Delphi Technique.

An article entitled: Educating for the New World Order - The Role of Behavioral Psychology, details how a group of educators who were puzzled by the vast institutional and curriculum changes that had occurred in the early 80's that shifted the focus from academic achievement to behavioral programming. They assumed that the Federal Government was unawares of these changes...until they started investigating the files of the Department of Education to determine just where the mandates for those changes had originated from. What they found were research documents from the RAND corporation that showed the US DOE used tax money to fund research into behavioral programming and how to manufacture consensus out of groups who may have opposed the educational program changes they were implementing.

> *What Pennsylvania Group researchers did not expect to find was a how-to manual with a 1971 U.S. Office of Education contract number on it entitled Training for Change Agents; or seven volumes of "change agent studies" commissioned by the U.S. Office of Education to the Rand Corporation in 1973-74; or scores of other papers submitted by behaviorist researchers who had obtained grants from the U.S. Office of Education for the purpose of exploring ways to "freeze" and "unfreeze" values, " to implement change," and to turn potentially hostile groups and committees into acquiescent, rubber-stamp bodies by means of such strategies as "the Delphi Technique. "*
>
> *No longer was it mere speculation that federal funds for education were being used to pursue behavioral objectives instead of academic ones; here were official texts and documents, solicited by the U.S. government, saying so specifically. With the training manual in hand, it was learned also for the first time precisely how sophisticated psychological manipulation techniques were being used to defuse potentially hostile elements - like parent groups (PTAs), teachers, and community watchdog organizations - so that they are maneuvered into accepting programs and strategies of which they really do not approve.*
>
> *To say that the Group was shocked by this find would fail to capture the essence of the moment. The room that*

> *first examined Training for Change Agents looked like a mass dental examination - every mouth was open.*
>
> *Change agent training was launched with federal funding under the Education Professions Development Act (1967). The original purpose of the Act was to provide funds to local education agencies to attract and train teachers because of the then-critical shortage. But by the early seventies, these funds were being used by the U.S. Office of Education, under the Department of Health, Education and Welfare, "to award grants to colleges and universities for the training of change agents." The Office of Education even ran one elementary school in Gary, Indiana, jointly with the Behavioral Research Labs to test change agent theories! It is not known whether parents knew anything about it.*
>
> *By following up references on "behavioral strategies," Pennsylvania Group researchers stumbled onto a series of documents about "how to gain social acceptance for an innovation."*

That series of documents essentially outlined the use of the Delphi Technique to overcome resistance from parents.

> *One of the first papers the team read was Clyde Hall's 21-page "How to Implement Change." In it, he explained "the science of planned change," which translates to legislated and managed change. In one passage the reader learns that:*
>
> > ***[i]n a managed change process an outside agent is usually involved which is referred to as a 'change agent' and the population with which it works is called the 'client system'.***
>
> *The Hall paper goes on to discuss the techniques of "freezing" and "unfreezing" attitudes - today called "programming" and "de-programming." But he was not talking about students' attitudes; he was talking about teachers' attitudes being changed - through teacher workshops, inservice education, and revised college/university teacher education programs. The change agent, he states, would only be withdrawn when "the new attitudes are stabilized."*

To brainwash the children, you must first brainwash the teachers.

> *To implement a curriculum, the change agent will instruct the teacher by launching the pilot program.*
>
> *To gain community and/or parental support for a policy, mandate, or curriculum, the change agent will form a committee comprised of the people from whom support is sought. He or she will serve as a lightning rod to draw out the objections (and, more important, the objectors) so that the target group can be manipulated toward an affirmative consensus.*
>
> *This is why the change agent must be an "advocate-organizer-agitator...*

The change agent's primary role was to be a facilitator...to facilitate change. (Change you can believe in.... I guess Obama is our current Chief Executive Change Agent). To do this, the change agent would facilitate a community

meeting and take on a three part role of advocate, organizer, than agitator.

> *As an "advocate," the change agent gets the target group to trust him (or her), by making the group believe he/she is on their side, a "good guy," someone who really cares what each individual in the group thinks. If the group is composed of teachers, the change agent will say: "I know how much time you spend on paperwork." If the group is parents, the change agent will commiserate: "It's so hard to get kids to want to learn, isn't it."*
>
> *The change agent goes through the motions, acting as an "organizer," getting each person in the target group to voice concerns about the policy, project, or program in question. He listens attentively, forms task forces, urges everyone to make lists, and so on. While he is doing this, the change agent is learning something about each member of the target group. He is learning who the "leaders" are, who the loudmouths are, which persons seem weak or noncommittal, which ones frequently change sides in an argument.*
>
> *Suddenly, Mr./Ms. Nice Guy change agent becomes Devil's Advocate. He dons his professional agitator hat and pits one group against the other. He knows exactly what he is doing, who to pit against whom. If the change agent has done his homework, he has everybody's number, as the saying goes. He deftly turns the "pro" group against the "con" group by helping to make the latter seem ridiculous, or unknowledgeable, or dogmatic, or inarticulate - whatever works. He wants certain members of the group to get mad; he is forcing tensions "to escalate." The change agent is well trained in psychological techniques; he can fairly well predict who will respond to what. The individuals against the policy or program will be shut out.*
>
> *This is called the Delphi Technique.*

This is the basic framework for how the Delphi Technique is facilitated by a change agent.

Another way to use the Delphi Technique to manufacture consensus is to use a survey approach. From BEWARE - the Delphi Technique Trained Facilitators in public meetings:

> *The survey approach, when used, is supposedly anonymous. It is done with a group of people who may never come face to face. A knowledgeable person has little opportunity to get exposure of his or her views or ideas to the entire group. It is a technique used by the educational establishment (often financed by the U.S. Department of Education) for reaching a supposed consensus on curriculum goals, content or instructional methods. Widely used as a technique for developing programs "to meet the needs of an individual state or community" the results often turn out to be almost identical, even in wording, to those adopted in other communities or states.*
>
> ***How Delphi Works***
>
> *Using a series of surveys to develop a "consensus" was the original technique. A 100 page report using a Delphi technique survey done in 1989 is typical. The study was titled, Teacher Perceptions of the Effects of Implementation of Outcome-Based education. It was financed and distributed by ERIC (Educational Resources*

> *Information Center) of the U.S. Department of Education. The report described the method used. It said: A random sample of 60 teachers was selected from 600 teachers in an Iowa school district. The 60 teachers were given a "survey" which included 39 "statements" concerning educational goals and implementation of OBE. Those surveyed were given a choice of six responses from Strongly Disagree to Strongly Agree. Space was provided for writing any comments or reactions to each statement.*
>
> *When the surveys were returned, those conducting them tallied the results and analyzed the comments. An effort was made to determine the degree to which at least 75% of those responding would accept each of the statements. On the first "try" 75% or more of those responding agreed to (or would go along with) twenty of the original thirty-nine statements or premises. Those twenty statements became a part of the "consensus."*
>
> ***Try, Try And Try Again***
>
> *A month later the sixty participants were surveyed again. They were asked to rethink their positions and then were again given the nineteen statements on which there had been no "consensus." When these tabulations were done, there was a consensus on twelve of the nineteen. Thirty days later, a third survey was done on the last seven points. By the time the third round was completed and the written comments were tabulated, it was found that a consensus was achieved and at least 75% of the participants were "in agreement" on the pre-determined package of statements.* ***When the Delphi "consensus" is achieved, a lengthy and comprehensive report can be prepared and released using the "consensus" to support the goals and techniques of OBE or a tax increase or some other new project.*** *When experienced teachers, or citizens, or business leaders, etc. have come to a "consensus" anyone disagreeing, must obviously be uninformed or out of step and may be an odd ball.* ***The technique avoids the possibility of informed people with conflicting views influencing others.***

In a nutshell, the Delphi Technique is a psychological technique to use peer pressure, and group think to ensure that resistance to change is minimized, and hostile opposition is marginalized. But it's not just limited to effecting change in education. I suspect it's now a common technique to facilitate change in community meetings, townhall meetings or any other sort of public meeting for which a "consensus" was reached and some program or fundamental change is justified by the consensus reached at such a meeting.

> *A group of interested citizens, community leaders, pastors, labor and business leaders, etc. are invited with the announced goal of "getting input" to develop a community "consensus on the problem of XYZ." The session starts with a general assembly addressed by an "expert" from Washington, a college, etc. He or she sets forth the "problem," the "opportunity" and general goals all can agree upon. There may be 50, 75, 100 or 250 in attendance in the general session.*
>
> *When the general session ends, attendees may be instructed to check the package of materials they received when they registered to find a numbered or colored card -- red, blue, green, orange, etc. This determines the breakout session they will attend with 10 to 40 others. There will be a "facilitator' running each breakout session. There may be a panel of lesser experts to help in the discussion. When the time comes for input (comments and suggestions from the group), a call may be issued for a volunteer to serve as the "recorder" or "secretary."*

> *Normally one has already been chosen to "volunteer." This person may work at a chalkboard. As suggestions and proposals are made, the "recorder" will say, "I think we can simplify that to say" Or "I think what you are saying is ...." Or "Can we say it this way..." An unwelcome comment or question can be disregarded by the recorder who says "That's outside the scope of what we are dealing with today."*
>
> *They will usually get five to eight such suggestions, at which time there is a break before going back to the general session. The "recorders" from each group get together and construct a joint "consensus" of the ideas and agreements from their sessions. A list of "agreed upon" goals, etc. is presented to the entire group. There will not usually be opportunities given for additional comments or disagreements in the general session when the "consensus" is presented.*
>
> *Through the entire process, of course, care is taken to isolate the informed, opinionated individual who could sway the entire group if given an opportunity to speak. If there are half a dozen such people in attendance, the odds are they will be in different breakout sessions so they cannot support one another. In the final report on "consensus," a conservative or traditional answer may be thrown in. However, it will be presented in a way which indicates it was probably a joke. Everyone will laugh at how impossible that approach would be. This will serve to further intimidate other right thinking people. Many in attendance may be uneasy with the "consensus" but they don't want to appear stupid or out of step so they go along with the group's "consensus."*

In hindsight, I recall very vividly the experience of being subjected to this technique while I was in college. I had to attend a workshop to maintain eligibility for the academic scholarship I had been awarded. When I had gone through it at the time, I do remember a vague feeling of unease, and after wards, I never could understand why we had to go through such a lengthy meeting in which nothing substantial came of it.

Now I know exactly what was intended. While it wasn't a political goal this scholarship program wanted to achieve, what they were after was instilling a communitarian ideology in we, the scholarship recipients. *(I'll be writing more on this topic in the future...currently awaiting the Anti-Communitarian League to finish their renovation of their website before I go any further. Nikki Raapana's extensive work is indispensable in researching and writing on this topic).*

Does any of this sound like an experience you may have gone through in attending any public forums or meetings?

Please share your any experiences you may have had with the Delphi Technique in the comments.

I will be writing further on this topic in the near future, and I'd like to gather my readers thoughts on this matter so that I can incorporate it into a future survey so that I can gain a consensus on what this blog's readers would like to see written about here in the future...

The True Purpose for Obamacare: The American Dang'an

Keoni Galt · 6 November 2010 · Archived copy · Original

[image]

Most people either support or oppose Obama's health care bill usually based on the collectivist argument. Either you support socialism or you oppose it. Essentially it's being argued in terms of economic policy.

I think that's the red herring.

The real issue is the continued development of our technocratic surveillance society - one more building block in constructing the 21st century Panopticon.

It's easily the most insidious component of the bill...it's going to create the American version of the Dang'an.

The Dang'an doesn't sound so bad based on the wikipedia desciption I linked. Here's how John Taylor Gatto described the Dang'an in The Underground History of American Education:

> *The Western-inspired and Western-financed Chinese revolution, following hard on the heels of the last desperate attempt by China to prevent the British government traffic in narcotic drugs there, placed that ancient province in a favorable state of anarchy for laboratory tests of mind-alteration technology. Out of this period rose a Chinese universal tracking procedure called "The Dangan," a continuous lifelong personnel file exposing every student's intimate life history from birth through school and onwards. The Dangan constituted the ultimate overthrow of privacy. Today, nobody works in China without a Dangan.*

If you read the Obamacare bill, and you pay close attention, you'll see that the new bill calls for a consolidation of personal information and documentation into a single, accessible record.

Take a look at page 161 of The Patient Protection and Affordable Care Act

> *The standards and protocols for electronic enrollment in the Federal and State Programs described in sub-section (a) shall allow for the following:*
>
> *(1) Electronic matching against existing Federal and State data, including vital records, employment history, enrollment systems, tax records and other date determined appropriate by the Secretary to serve as evidence of eligibility and in lieu of paper-based documentation.*

Once you enroll, they will crosscheck your enrollment info with all other info the Government has on you in various computer systems.

> *(2) Simplification and submission of electronic documentation, digitization of documents, and systems verification of elegibility.*

Once they cross check all of your enrollment info with all they data they can find in State and Federal computer systems, they'll compile it all - including digitizing documents that only exist in hard copy - and compile it all into a single record...all under the guise of "assessing eligibility."

> *(3) Reuse of stored eligibility information (including documentation) to assist with retention of eligible individuals.*

See, that documentation - all of it that they used to cross check your enrollment info - will be available for "reuse."

> *(4) Capability of individuals to apply, recertify and manage their eligibility information online, including at home, at points of service, and other community based locations.*

So if a person is able to access this compiled information from the internet...what do you think this will do in terms of identity theft? Or do you really TRUST the government will be able to securely keep all this compiled info private and secure?

Ah, but here's the real kicker:

> *(5) Ability to expand the enrollment system to integrate new programs, rule, and functionalities, to operate at increased volume, and to apply streamlined verification and eligibility processes* ***to other Federal and State programs as appropriate.***

Essentially other Federal and State programs will than be allowed to use all of that compiled private info as they "deem appropriate."

Do you think this is appropriate?

Impressive Feminist Commentary

Keoni Galt · 9 November 2010 · Archived copy · Original

[image]

One reason I installed the "recent comments" widget from blogger was so that I would be able to see whenever someone would read and comment on older, past postings.

Today, I find a so-called feminist followed a link to my post "Changes in Family Life" which expanded on some commentary from the Chateau.

I was delighted, as I don't often get blue-pill-addled sheeple-bleatings here.

Here's what "MLM" had to contribute...prepare to be impressed!

> This might be the grossest, most ridiculously ignorant and misled post I have ever read about feminism.

Emotionally overwrought *ad hominem* shaming language.

yawn.

> *The writer here clearly does not understand even the most basic precepts of feminism.*

The no-true scotsman fallacy. How amusing. I understand far more than the basic precepts of feminism, deary. Much more than you THINK you know.

> *I saw some banal commenter from another site link to this, and I'm sorry I lost brain cells reading it.*

Well since you're a feminist, you've already been told what to think, so you don't need those extra cells anyhow.

> *I leave this comment to reassure anyone else who gets to the bottom of this post that yes, it is ridiculous, and yes, it is sad that there are people in this world who really believe this crap.*

I'm sure you're reassured that your indoctrination has remained intact despite reading ideas that run counter to your programming.

The Defining Characterisitics of Fascism

Keoni Galt · 16 November 2010 · Archived copy · Original

[image]

Dr. Lawrence Britt examined various fascist regimes in recent history around the world such as of Hitler's Germany, Mussolini's Italy, Franco's Spain, Suharto's Indonesia, and several other, lesser known Latin American regimes. From this examination, he came up with 14 defining characteristics (illustrated above) that make up a Fascist regime.

Are we there yet? Here's the explanations Britt offered for each point:

> *1. Powerful and Continuing Nationalism - Fascist regimes tend to make constant use of patriotic mottos, slogans, symbols, songs, and other paraphernalia. Flags are seen everywhere, as are flag symbols on clothing and in public displays.*

This one is obvious...check.

> *2. Disdain for the Recognition of Human Rights - Because of fear of enemies and the need for security, the people in fascist regimes are persuaded that human rights can be ignored in certain cases because of "need." The people tend to look the other way or even approve of torture, summary executions, assassinations, long incarcerations of prisoners, etc.*

Bush gave us both Patriot Acts, and Obama affirmed them and even added the power to assassinate American citizens abroad. Check.

> *3. Identification of Enemies/Scapegoats as a Unifying Cause - The people are rallied into a unifying patriotic frenzy over the need to eliminate a perceived common threat or foe: racial , ethnic or religious minorities; liberals; communists; socialists, terrorists, etc.*

There's a difference nowadays, as many of the communists, socialists and liberals in this country are every bit the fascists of today. Perhaps Dr. Britt is another one of those who believes that Fascism is a right-wing ideology. Fascist regime use the left-right dialectic to maintain it's control over a divided populace. The Democrat liberals, communists and socialists in America today are just as fascist as the neo-cons, fundamentalist, capitalist Republicans.

> *4. Supremacy of the Military - Even when there are widespread domestic problems, the military is given a disproportionate amount of government funding, and the domestic agenda is neglected. Soldiers and military service are glamorized.*

Check.

> *5. Rampant Sexism - The governments of fascist nations tend to be almost exclusively male-dominated. Under fascist regimes, traditional gender roles are made more rigid. Divorce, abortion and homosexuality are suppressed and the state is represented as the ultimate guardian of the family institution.*

Ok, I suspected that Britt is/was a leftist...and this feminist talking points confirms it. However, he's not necessarily wrong here either. The traditional fascist regimes he studied - especially Germany, Italy and Spain - all had a racial component involved. As the leaders of those regimes who governed their respective countries, they definitely promoted "rigid traditional gender roles." This is because they were advocating nationalism to largely heterogeneous nations. Breed more Germans for Germany...more Italians for Italy...more Spaniards for Spain.

Our modern, 21st century Fascist America certainly has it's own rampant sexism - and it's the precise opposite of what Britt describes. The government of our fascist nation is exclusively FEMINIST dominated. It's an exercise in idiocy to simply look at the gender of a nation's leaders and declare them to be "MALE" or "FEMALE" dominated. No, look at what laws are enacted, what policies are promoted, and for whom they benefit. Our current Fascist regime is definitely feminist dominated...and the sexism they promote is one in which traditional gender roles have been largely overturned and rendered obsolete. Divorce, abortion and homosexuality are celebrated and promoted, and the state is represented as the ultimate guardian of the FEMINIST institution...the single mother household.

Since Britt is obviously a leftist, I'm sure he assumes that most people read "Sexism" and think of misogynistic men abusing and exploiting the womynz by keeping them barefoot and pregnant in the kitchens making sammiches.

Ahhh, but the rampant sexism of today is really the misandrist feminists and manginas who exploit the menz by keeping them in forced labor for child support, alimony, and ever-increasing taxes to pay for wealth redistribution schemes to subsidize the single mother household.

> *6. Controlled Mass Media - Sometimes to media is directly controlled by the government, but in other cases, the media is indirectly controlled by government regulation, or sympathetic media spokespeople and executives. Censorship, especially in war time, is very common.*

Check.

> *7. Obsession with National Security - Fear is used as a motivational tool by the government over the masses.*

Have you had the opportunity yet to make your latest choice in the name of National Security? Did you choose radiation or sex assault?

> *8. Religion and Government are Intertwined - Governments in fascist nations tend to use the most common religion in the nation as a tool to manipulate public opinion. Religious rhetoric and terminology is common from government leaders, even when the major tenets of the religion are diametrically opposed to the government's policies or actions.*

Of course, while the corporate mass media and public schools all brainwash the masses to think that we live in a country for which the separation of church and state is one of the greatest indicators of freedom..what we really have is a Government intertwined with the secular-humanist-liberal religion. The rhetoric, terminology used to manipulate the public opinion are all based on globalist, communitarian, sustainable, equal and multi-cultural.

Instead of exhorting the masses to think "What Would Jesus Do?," the mantra is now anything found at Stuff White People Like.

> *9. Corporate Power is Protected - The industrial and business aristocracy of a fascist nation often are the ones who put the government leaders into power, creating a mutually beneficial business/government relationship and power elite.*

In my opinion, this is the most significant characteristic of a fascist regime. It actually works in precise conjunction with no. 13, Rampant Cronyism and Corruption. Corporate power is protected, because the corporate interest are the very power that is behind the cronyism and corruption.

> *10. Labor Power is Suppressed - Because the organizing power of labor is the only real threat to a fascist government, labor unions are either eliminated entirely, or are severely suppressed.*

More evidence that Britt is a leftist incapable of seeing how the left-right divide is effectively used by the fascist regime. Labor unions are no threat to our current fascist government. They've been harnessed quite effectively to keep the masses of unionized workers firmly stuck in their socio-economic class and easily exploited by the Corporations.

> *11. Disdain for Intellectuals and the Arts - Fascist nations tend to promote and tolerate open hostility to higher education, and academia. It is not uncommon for professors and other academics to be censored or even arrested. Free expression in the arts and letters is openly attacked.*

Not in 2010. The intellectuals and the arts of academia are now bastions of fascism. Of course, they don't think so...it's because they are thoroughly entrenched in the left side of the dialectic, they think they are opposing fascism...unknowingly contributing their part as useful idiots in implementing the goals of the fascist state.

> *12. Obsession with Crime and Punishment - Under fascist regimes, the police are given almost limitless power to enforce laws. The people are often willing to overlook police abuses and even forego civil liberties in the name of patriotism. There is often a national police force with virtually unlimited power in fascist nations.*

Under the guise of wars on terror and wars on drugs, we've now almost completely militarized our nation's police forces and have allowed them to violate the Constitutional rights of the citizenry at will.

> *13. Rampant Cronyism and Corruption - Fascist regimes almost always are governed by groups of friends and associates who appoint each other to government positions and use governmental power and authority to protect their friends from accountability. It is not uncommon in fascist regimes for national resources and even treasures to be appropriated or even outright stolen by government leaders.*

This one and number 9 need to be numbers one and number two on this list. Check.

> *14. Fraudulent Elections - Sometimes elections in fascist nations are a complete sham. Other times elections are manipulated by smear campaigns against or even assassination of opposition candidates, use of legislation to control voting numbers or political district boundaries, and manipulation of the media. Fascist nations also typically use their judiciaries to manipulate or control elections.*

Check.

So of the 14 characteristics of a Fascist nation, I think it's safe to say, America (and the rest of the Western Countries) has been subverted and converted into a Fascist state.

We are all Fascists now.

Does a Former Drill Sergeant Make a Terrible Therapist?

Keoni Galt · 30 November 2010 · Archived copy · Original

I've had some heavy shit go down in my life this past week and a half...a long time friend, who I considered a brother, killed himself.

I've been alternating between grief and extreme anger at the selfishness of his action ever since I heard.

The first smile I had since I heard the news, was seeing this commercial while watching NFL Football:

Seeing that commercial brought a passage from the Book of Zed (pdf - p.31) to my mind...

> *The entire secret of life, of power, of everything, was taught to me when I was a teenager, by a man, a farmer. And he taught it to me in the way that is so typical of men: three sentences, no more...*
>
> *...The farmer's name was Griff. I was a "townie" (population 300) and made good money for a teenager as a "hired hand". One day when I showed up for work he said "We're going to pick up a new truck." We got in his car and the entire 40 minute ride to the dealer passed without either of us saying a word: One of those easy comfortable silences that men often use to communicate more than words ever can.*
>
> *We picked up a new 4-wheel drive ¾ ton pickup and headed back to the farm. When we got back, he pointed to a large gravel pile by the barn and told me to fill the truck bed with gravel and go fill in a hole in the entrance to one of his fields. I said "But that gravel will ruin the paint on the bed of this brand new truck." He looked at me silently for about a minute, his expression eloquently saying that I was the worst idiot he'd ever been burdened with having to tolerate in his life.*
>
> *Without saying another word he picked up the shovel and, with a swing that would be the envy of every major league baseball hitter, he swung it around and smacked the side of the truck sending paint chips flying in every direction and leaving a huge dent. He looked at me again with that same "I can't believe you are such an idiot" look and said: "City boy this is a FARM truck. I didn't buy it to look pretty, I bought it to DO WORK, same reason I'm payin' you. Now it ain't new no more, so shut up and shovel the fuckin' gravel." Then he turned around and walked off, leaving me to feel foolish and gain wisdom.*
>
> *Of course it took the entire context and circumstances for me to understand the full significance of the lesson: not with my head but with my spirit. In the same way, cultures worldwide and throughout history have used ritual space to teach the great lessons to the young. Complexity and too many words destroy the lesson, because the very heart and soul of the lesson is that words accomplish nothing.*
>
> *Words do not put in crops.*
>
> *Words do not harvest them or get them to market or prepare them or put them on our plates.*
>
> *No one eats unless someone shuts up and shovels the fuckin' gravel.*

> *The entire secret of male power is that men do, men have, shut up and shoveled the fuckin' gravel.*

I gave myself one day to get all maudlin and get thoroughly drunk on a bottle of Scotch. I lamented the senseless waste of life and the legal issues he left for his children...two of them who are still young children under the age of 10.

But now it's time to put the grief aside and shovel the fuckin' gravel. The only thing I can do, is help his children to deal with the mess he left behind in an expedient and pragmatic way.

Men must do what men must do in times of great emotional turmoil.

Shut up, get up, and get what needs doing, done.

A Partially Hydrogenated Thanksgiving

Keoni Galt · 1 December 2010 · Archived copy · Original

[image]

While I had a particularly morose and introspective Thanksgiving, I still did like I do every year and go to my relatives house for the annual Turkey feast.

The one thing I did differently this year, was arrive early this year to help my Aunt out with the dinner preparations. What I saw her doing appalled me. I had no idea...

Everything that went into the dinner that she was making, was somehow pre-prepared, pre-cooked, frozen, canned or boxed. Of course, even though I already knew what I was going to find, I still surreptitiously looked at the ingredients of all the "food" products she used. This year, everything...and I mean EVERYTHING had partially hydrogenated oils in it (not to mention MSG). The gravy, the dinner rolls, the stuffing, the pre-made pie crusts for the pumpkin pie...and of course, "low-fat" and "cholesterol free" margarine in place of butter for the mashed potatoes and to spread on the rolls. Even the Turkey was pre-basted with a coating that included this vile franken-food in it.

I tried my best to limit my intake of the foods containing it...I ate turkey meat without any of the skin (oh how I LOVE crispy turkey skin that has been basted with real butter while it's baking....) and used the high fructose corn syrup cranberry sauce instead of the pre-made gravy. I scooped out the pumpkin pie filling and threw out the crust. But in the spirit of the holidays, I did have some stuffing and mashed potatoes, and I spooned the drippings from the turkey pan onto them for a makeshift, non-thickened gravy.

It was a literal "pick your poison" meal.

Since my Grandmother died several years ago, my Aunt had taken over as the host for Thanksgiving every year. My Grandmother used to make everything from scratch. Everything. She would have thrown a fit if she saw my aunt use all of that pre-made garbage....but for my Aunt, who has a big family, convenience and time-saving is more important than actually preparing real, nutritious and wholesome food.

Now, I largely eat a "paleo" diet, but I do follow what Mark Sisson calls the 80/20 principle. For me...Thanksgiving is a real treat. A splurge. It's the one time I indulge in dinner rolls, pie, cake, bread stuffing, mashed potatoes and all the other carbs I normally limit or avoid. But this partially hydrogenated, monosodium glutemate-laced, processed food crap really put a damper on my enjoyment of my annual, much relished carb-binge.

Some might think I may be psychologically ruining my enjoyment of the meal...that one wouldn't notice the difference if you only ate a single meal loaded with that stuff.

As someone who avoids it like the plague, I notice a very real difference in how the stuff affects me over time...namely, asthma and allergies.

Ever since I changed my diet and began eating healthy, focusing on healthy sources of fats, and avoiding processed foods and Omega 6 imbalanced hydrogenated crap, my asthma and allergies that I've suffered from for almost my entire life, have virtually disappeared. For three days after Thanksgiving, I've had multiple asthma and allergy

attacks. Is it psychosomatics or a very real inflammatory response to that processed crap?

My allergies and asthma symptoms are largely due to my allergens to dust and dust mites. So the day after Thanksgiving, I cleaned all of my bedding and sheets and vacuumed up my living space. In the past, when I did start to experience mild symptoms, a quick wash in hot water and a vacuuming of my bedroom usually did the trick and my symptoms would disappear.

Not this time. I've used more asthma medication in the past week than I have for the entire year. I believe it really is related to the overdose of hydrogenated vegetable oil that is largely responsible.

I'm finally, completely symptom free again, 5 days later.. I'm thoroughly convinced that the pro-inflammatory hydrogenated oils is responsible for my adverse reactions...especially since asthma is primarily a problem of the inflammation of the bronchial tubes.

> ***Inflammation***
>
> *Consumption of high levels of partially hydrogenated oils can increase inflammation in the body. In addition, they also can inhibit the enzymes necessary for reducing inflammation, compounding the effect. Inflammation within the blood vessels can trigger the buildup of plaque and damage blood vessel walls.*

I'm thinking of offering to host Thanksgiving next year, just so I don't have to eat that poison again...either that, or just eat my own meal with my wife before going over to there house.

Red Pill Reality Dispelling Blue Pill Delusions: Tobacco

Keoni Galt · 8 December 2010 · Archived copy · Original

An installment in a series: Red Pill Reality Dispelling Blue Pill Delusions

[image]

Everybody knows tobacco causes cancer and kills people throughout the world every single day...right?!?!

I've reached a point in my life where as soon as I encounter any thought or idea that supposedly "EVERYBODY KNOWS," I no longer accept it without some critical analysis, research and ruminating before I cautiously accept conventional wisdom as factual truth.

As we now know, most conventional wisdom is usually propaganda and lies that turn into informational cascades to promote the interests of various corporate and government interests to get we the sheeple to do something that invariably benefits them.

And tobacco use and it's supposed connections to cancer and all other sorts of bad health effects, is one of those things that has been pounded into our minds via TV, radio, newspapers, ads, billboards, and public schooling curriculum and other such sources of cultural programming for our entire lives.

I myself used to simply accept this conventional wisdom without a second thought up until about a year or so ago.

I've since read some things that have changed my mind.

First of all, I'm not saying tobacco is perfectly healthy and safe to use...as in all things, moderation is the key. Too much of anything is not good for you, and tobacco appears to be one of those substances that is in fact really easy to use beyond sensible moderation.

However, I do believe the fundamental problem with tobacco use in this day and age is the same problem with our food and water supply - it's been corrupted by big business practices designed to increase their bottom line without regard to the consumers health.

The caption to this posts' illustration I got from an anti-smoking site reads:

"There are over 4,000 chemicals in tobacco smoke and at least 69 of those chemicals are known to cause cancer."

Oh wow...so you're telling me that if I took a seed from a natural, organic tobacco plant, and grew it in my yard, and than harvested the leaf, dried it and smoked it, I'd be ingesting industrial chemicals like cadmium, formaldehyde, arsenic, toluene, hexamine, and methanol?

Somehow, I don't think so.

No...all those chemicals are involved in the mass farming, processing and manufacturing of the typical Big Tobacco cigarette.

Here is the list of 599 additives approved for Big Tobacco makers to use by the FDA...additives that are used in

producing almost all major brands of cigarettes. The process of burning these additives along with the tobacco and cigarette paper are what result in the ingesting of up to 4000 different chemicals.

Could this in fact be a major factor in causing lung cancer?

I wouldn't doubt it.

[image]
What's funny though, is to see the comment section of this hit piece done on American Spirits, which is purportedly made with 100% organic tobacco (0 additives). The article focuses on the idea that American Spirits is no better than smoking any other cigarette. In a way, this kind of article presents itself as a form of anti-smoking Puritanism...yet I also think it's a deliberate attempt at misdirection.

By saying smoking tobacco will kill you just the same, it's a subversive means of excusing and justifying Big Tobacco's use of 599 additives. The average cigarette addict who internalizes the anti-smoking Puritanical logic, will adopt a devil may care attitude, and simply choose their cigarette based on price and flavor, thinking "what the hell, it's gonna kill me anyways, so I'm not going to pay an extra few dollars for a pack of fancy, organic cigarettes."

Yet if you read the comment section of that article, you'll see a contingent of American Spirit smokers who all swear that they can tell a major difference in their health and addictive cravings when they switched over from commercial, additive--laden cigarettes to 100% natural American Spirits.

Here's one comment that echoed the experiences of several friends of mine:

> *I've been on the spirits for five days. I smoked Marl. lights for over ten years. In my years since college, I have began smoking less (much less actually, less than half a pack a day in the past few years) despite cutting back, I still had horrible "smokers cough".*
>
> *So far, my opinion is that Spirits are smoother, taste better, and I have not noticed coughing at all (and it's 25 degrees outside right now, usually a really bad time to cough anyway). And I have been smoking even fewer a day.*
>
> *Now, all the non-smokers reading this, I'm not saying that smoking American Spirits has cured my cough. But, it has disappeared, I'm talking about the nasty throat clearing cough, not from a common cold, this was something I used to do year round with the Marlboro's.*

I had one good friend who smoked a pack of camels a day for 12 years decide he wanted to quit. He wasn't able to. So he switched to American Spirits. After three months of only smoking them, he was than able to quit cold turkey.

I know two other folks who smoked commercial cigarettes for well over 20 years. Both had that "smokers cough."

They switched to American Spirits 2 years ago, and neither of them have their smoker's cough anymore.

It's enough to make me wonder...is it really tobacco (i.e. nicotine) that is so addictive...or is it one or more of those

599 additives that cause such an intense addiction?

But putting that debate aside, I also did a little research awhile ago regarding cigar smoking - even though I was enjoying the occasional cigar with my whisky, I still worried about the health effects even an occasional smoke might cause...which of course is probably the result of all the anti-smoking propaganda we are all exposed to everyday.

Anyhow, I found websites that linked to research that purportedly show the POSITIVE health benefits of tobacco use...and a book written by a Dr. William Douglass, entitled: The Health Benefits of Tobacco: A Smoker's Paradox

> *The benefits of smoking tobacco have been common knowledge for centuries. From sharpening mental acuity to maintaining optimal weight, the relatively small risks of smoking have always been outweighed by the substantial improvement to mental and physical health. Hysterical attacks on tobacco notwithstanding, smokers always weigh the good against the bad and puff away or quit according to their personal preferences. Now the same anti-tobacco enterprise that has spent billions demonizing the pleasure of smoking is providing additional reasons to smoke. Alzheimer's, Parkinson's, Tourette's Syndrome, even schizophrenia and cocaine addiction are disorders that are alleviated by tobacco. Add in the still inconclusive indication that tobacco helps to prevent colon and prostate cancer and the endorsement for smoking tobacco by the medical establishment is good news for smokers and non-smokers alike.* ***Of course the revelation that tobacco is good for you is ruined by the pharmaceutical industry's plan to substitute the natural and relatively inexpensive tobacco plant with their overpriced and ineffective nicotine substitutions.*** *Still, when all is said and done, the positive revelations regarding tobacco are very good reasons indeed to keep lighting those cigarettes.*

Seeing this book review caused me to googled up this Dr. Douglass, and I found his website, which upon first glance, I believe this guy is right up my alley in terms of anti-conventional wisdom medical and nutritional beliefs. Anti-saturated fat hysteria? Check. Anti-Statins, not worried about cholesterol levels? Check. Anti-Carbohydrate and Sugar diet? Check. Anti-Fluoridated drinking water? Check. Anti-pasteurization of milk? Check. Anti-Big Pharma and Big-Agriculture? Check.

Why...I think this guy may actually know what he's talking about...

There's another book I found while googling, that also offers some compelling evidence that much of the anti-tobacco hysteria is founded on biased studies, lies and propaganda to serve special interests purposes rather than the supposed concern for public health, In Defense of Smokers.

Another interesting theory I came upon, was the idea that tobacco use helps people regulate there weight, because nicotine may help people access the free fatty acids stored in their fat cells...

> *It brought home to me Gary Taubes' comment about nicotine releasing free fatty acids from adipocytes to allow humans access to the energy stored in their fat cells. Nicotine is an archetypal slimming drug.*

Everyone knows about the common lament of the weight gains long-time cigarette smokers experience once they quit...the Blog author of the previously linked post elaborated in his comment section:

> *Taubes suggest the weight gain normally occurs in the first month after quitting and is utterly independent of caloric intake. People snack more because they no longer have easy access to their adipose tissue. Gotta get energy*

> *from somewhere, even if it's just for basal metabolism.*

Very interesting.

I myself don't smoke cigarettes.

It was only in the last 3 years that I've begun to occasionally smoke cigars...and that, only premium cigars, which are of course only made with 100% tobacco - and also, I don't inhale.

It's been rather interesting to note the mild, pleasant feelings the nicotine dose from puffing on a cigar gives...and yet, I've never once felt an "addictive" need from it. I've gone months without a smoke...and on binges where I've had several cigars over the course of a few days. I've never come close to experiencing the sort of addiction I've seen many a cigarette smoker experience.

Here's one cigar-loving Doctor's take on the difference between use and abuse of tobacco: Indian Tobacco: The Non-Abusive Use of Tobacco by Native Americans

> *There is a difference between abuse of tobacco and its responsible use. Responsible use of tobacco dates back thousands of years. The Pre-Columbus use of tobacco was widespread throughout the North and South American continents. Having thousands of years of experience with tobacco, Native Americans were able to develop a manner of tobacco use that was not abusive. Those who enjoy fine cigars often share something in common with ancient Native Americans: a manner of smoking tobacco that is non-abusive.*

I concur...but I also think that the 599 additives added to commercial cigarettes also constitutes abuse of tobacco as well...

> *Tobacco was used in North and South American continents, long before Caesar's Roman Empire, and used not in an addictive manner, but with great ceremony. In the Court of Montezuma there were two classes of smokers: those who used pipes, and those who rolled the first cigars -- but smoking had a defined place. When tobacco use is regulated by ceremony, and not by an "urge" or a "desire" you have the means for an internal regulation of the activity.*
>
> *The scourge of cigarettes may very well have been the true Montezuma's revenge. It is ironic that while Europeans joked that Indians could not handle whiskey, the Indians joked that Europeans could not handle tobacco. Europeans, in a typical response, attempted to ban tobacco, or regulate it, or shame people out of using it -- and that was 400 years ago -- things have not changed. They also attempted to tax it, for which there were great rebellions, or to monopolize it, and even execute those who used it. Some anti-smoker types would probably be interested to note the penalties of Czar Alexis: the first use of tobacco resulted in whipping, a slit nose, and exile to Siberia, and the second offense resulted in execution!*
>
> *I believe that cigarettes provide a form of consuming tobacco that is inconsistent with the moderate, non-abusive examples set by Native Americans, an example which is more easily reproduced in cigar and pipe smoking. Cigarettes are provided in a "dose pack" of 20. They burn quickly, are inhaled, and provide rapid release of nicotine into the blood stream. Cigarettes rapidly become addictive, and are smoked in an addictive manner: frequently throughout the day and night and because of a physical need to smoke. Cigarette smoking easily becomes a habit, an addiction, and is considered a disease to be treated by physicians. The cigarette smoker is always looking for the place to have their next cigarette; their life being ruled by their addiction.*

> *In contrast, most cigar and pipe smokers have established simple rituals of tobacco, utilizing it and enjoying it without abuse. They limit the use of tobacco to specific times and places, in part because cigars take a long time to smoke. Since most cigars cannot be readily smoked throughout the day, but require ample time and a location that is conducive, cigar smoking is most often limited to periodic consumption and is therefore commonly a self-regulated and moderated activity.*
>
> ***Tobacco cannot be regulated without seriously jeopardizing the basic civil and constitutional rights of the people.***

This last point, is in fact what I believe to be the real impetus of the anti-smoking Puritan-styled propaganda that has permeated our mass media culture.

I think I'll go have an additive free, ceremonial, non-abusive smoke...

[image]

Bill Clinton's Biggest Blow Job Made A Giant Sucking Sound

Keoni Galt · 8 December 2010 · Archived copy · Original



Seventeen years ago today, then U.S. President William Jefferson Clinton, signed the North American Free Trade Agreement into law.

It must be noted that this was not some liberal Democrat act of malfeasance...as it was ceremonially signed one year earlier on December 17, 1992 by Republican President George H.W. Bush. Which, of course, further illustrates the point I repeatedly expound upon - that the Republicans and the Democrats are essentially two sides of the same coin, and that their supposed platform differences are merely weapons of mass distraction to divide and conquer we the sheeple while both sides continue to institute the Brave New World Order agenda of globalization.

But it became law under Bill, so we must give him the ultimate credit. Monica Lewinsky was not the biggest or best blow job of the 1990's. No, that was the blow job he gave to manufacturing jobs in the U.S. when he signed NAFTA into law.

Oh the irony...As I finished writing that last paragraph, my business phone rang and I've just completed a preliminary conversation with a potential client. His background story stated that he worked for both a big name plumbing and faucet company that has the word "AMERICAN" as part of it's name (I will not say the exact company name...but you can figure it out)....and he just got laid off because this "AMERICAN" company is moving it's factory to Mexico. Prior to that stint, he worked for a prominent lightbulb production factory (another well known brand), that moved to Mexico, necessitating his move to the plumbing factory.

This was a literal example of a real life person who experienced the results of NAFTA - perfectly illustrating what this article, NAFTA destroyed Employment and Shifted Production, pointed out:

> *NAFTA opened up Mexico's borders to U.S. businesses. What used to be an $18 per hour manufacturing job in America became a $3 per hour job in Mexico. No manufacturer wishing to remain competitive in America could*

> *possibly pay $18-20 per hour here when the same product can be produced right across the border in Mexico for just $3 per hour and then shipped back to the U.S. free of charge.*

In the 1992 Presidential Debate between Perot, Clinton and Bush Sr., Ross Perot's very first statement dealt with NAFTA and it's future implications should it be ratified:

> [image]*That's right at the top of my agenda. We've shipped millions of jobs overseas and we have a strange situation because we have a process in Washington where after you've served for a while you cash in and become a foreign lobbyist, make $30,000 a month; then take a leave, work on Presidential campaigns, make sure you got good contacts, and then go back out. Now if you just want to get down to brass tacks, the first thing you ought to do is get all these folks who've got these one-way trade agreements that we've negotiated over the years and say, "Fellows, we'll take the same deal we gave you." And they'll gridlock right at that point because, for example, we've got international competitors who simply could not unload their cars off the ships if they had to comply -- you see, if it was a two-way street -- just couldn't do it. We have got to stop sending jobs overseas.*
>
> *To those of you in the audience who are business people, pretty simple: If you're paying $12, $13, $14 an hour for factory workers and you can move your factory South of the border, pay a dollar an hour for labor, hire young -- let's assume you've been in business for a long time and you've got a mature work force -- pay a dollar an hour for your labor, have no health care -- that's the most expensive single element in making a car -- have no environmental controls, no pollution controls and no retirement, and you don't care about anything but making money,* ***there will be a giant sucking sound going south.***

Ross Perot was right. Some may say prophetic. Nah, he was just a smart, successful businessman that understood the ultimate outcome if NAFTA were ratified. It was common freakin' sense.

While there's a lot more to our current economic mess than just NAFTA, it surely has played a significant role in today's present unemployment rates and there disproportionate number of men who don't have any blue collar manufacturing jobs in their home States.

They got sucked down -- and indeed as my phone call a few minutes ago confirmed, are still sucking them down -- to Mexico.

Just Another Statistic

Keoni Galt · 20 December 2010 · Archived copy · Original

[image]

From:

Divorce doubles suicide risk in men.

> *NEW YORK, Mar 15 (Reuters Health) -- Divorced or separated men are more than twice as likely to commit suicide as men who remain married, a US researcher reports.*
>
> *But divorce and separation do not appear to affect suicide risk in women, according to Dr. Augustine J. Kposowa, of the University of California at Riverside.*
>
> *Kposowa examined the link between suicide and marital status using data on nearly 472,000 men and women included in the National Longitudinal Mortality study. Between 1979 and 1989, 545 of these individuals committed suicide.*
>
> *``Men were nearly 4.8 times as likely to commit suicide as women,'' the researcher writes in the March 15th issue of the Journal of Epidemiology and Community Health. Whites were at greater risk of suicide than African Americans, and individuals with household incomes between $5,000 and $9,999 were more likely to commit suicide than others. Suicide rates were also higher in older age groups, especially those aged 65 and older, and in residents of Western states.*
>
> *In addition, divorce or marital separation more than doubled the risk of suicide in men, whereas in women, marital status was unrelated to suicide.*
>
> *Kposowa suspects that this difference is related to the social networks men and women form outside their marriages, which may be stronger or more meaningful in women than in men.*
>
> *``Women have better ways of communicating,'' Kposowa told Reuters Health in an interview. ``They may have more social support networks, friends and relatives that they talk to, whereas men don't have social support networks.''*

Kposowa is looking at the data and missing the obvious by resorting to the old canard that "women are the better communicators," and that they "form stronger and more meaningful social networks."

Absolute horseshit.

I suspect that this difference is related to a family court system and domestic violence policies that allows a divorcing woman to use the police and the courts to deny access, visitation or even meaningful conversations over the telephone with a man's children.

Than the courts order child support that literally takes more income than the man can survive on, and he cannot pay for his things like property taxes to try and meet his child support obligations - despite not being able to see, talk to

or hear from his children.

Soon, faced with the prospect of inevitable homelessness thanks to excessive child support, and slapped with a FIVE YEAR restraining order forbidding any contact with the ex-wife or the pre-adolescent children. FIVE FUCKING YEARS.

When next you're allowed to see your 8 year old daughter, she would be 13?

Men in this situation see no hope in living. So they give up, and take their own life.

It's not because they don't have enough friends, or meaningful social networks.

It's because they are cut off from that which they value more than their own lives: their flesh and blood offspring.

That is why divorced men are far more likely to kill themselves than divorced women.

I've seen this up close and real personal this past week.

My long time high school buddy is now just another statistic.

A statistic that is casually dismissed by gyno-centric researchers as the man's fault for not building up strong enough social networks and the male's inability to "communicate."

My friend had no problem communicating at all. In fact, he communicated extensively. I have now spent hours going through and reading his letters to his enstranged ex-wife. I read his letters to his children who the mother tried her hardest to alienate them from him, despite their very young ages. Most of all, I read his letters to himself, detailing all that he was feeling and experiencing as he went through the slow motion tragedy of being divested of his family and forced into onerous child support servitude so that the mother of his children would not have to go to work to pay for her car maintenance and car insurance. He was going to lose the house he inherited from his deceased parents because he couldn't keep up with the child support and the property taxes...while she lived in her parent's house and received food stamps and welfare.

This shit that we all blog about in the masculine blogosphere? It's very, very, very real.

And very serious. Behind every statistic, there is a story similar to my friend's, and it plays out every single day in this Post-Patriarchal, feminist-warped dystopia.

The system was designed to break us.

Some of us break sooner than others.

RIP Brother.

You Cannot Have It All

Keoni Galt · 29 December 2010 · Archived copy · Original

[image]
As you know from my last post, I've had a rather rough holiday season. I've been assisting the family in dealing with the aftermath, and have had to take time off of work and basically skip on the standard Christmas season activities.

I bought my Christmas tree two days before Christmas. We didn't decorate it until Christmas Day.

I did all of my Christmas gift shopping on Christmas day -- thanks to secular big-box corporation department stores who's only god is the almighty $$ who were open all day on the 25th.

Instead, I've been helping to sort through the belongings of my friend...and read through almost ten years worth of hand written journal entries and letters documenting his despair, depression and angst. Interspersed amongst his writings, were occasional letters written by his ex-wife and his ex-girlfriends.

The one thing I can say is a common theme on this whole clusterfuck of a tragedy is the notion that all parties involved sought to have everything, and in the end, ended up with nothing but heartache and pain.

My friend was a player before I even knew what that term meant, or even heard of the internet and the entire world of "pickup artists" found online in 2010. He was the guy that always had multiple girlfriends, and he cheated on them all. He was the epitome of a bad boy, rock & roll-lifestyle player. Sex, drugs and rock & roll were his credo, and he lived it to the bitter end.

It was the basis for the beginning of our friendship when I was a young man. He was the older influence...the big brother I never had. He introduced me to the world of hedonism full tilt, and I embraced it in my youth. He was the guy my friends and I all looked up to, because he had a way with the ladies, and we all wanted to be like him in that regard.

Yet, as I grew older, I saw the inevitable dead end such a lifestyle ended up, and changed my path in life to avoid a similar fate. I quit doing drugs and resisted cheating on my girlfriends. I tried to get him to do the same...but he ignored my counsel. Afterall, I was just the little brother who didn't know what he was talking about. He could handle it, he knew what he was doing.

I saw him break many women's hearts...and invariably break his own in the process.

You see, he was a natural player...but a romantic at heart who endlessly searched for his "soul mate." When he managed to score a woman who he decided was "the one" he would invert the alpha player script and go into full-blown, needy beta-sap mode. All of his writings are rife with poetry, love songs and letters to his ex wife and ex-girlfriends...all the women who I can plainly discern, were attracted to the bad boy alpha, than disgusted and turned off by the needy, dependent pedestalizing beta he turned into once he decided she "was the one." The quest for a soul mate caused him to pedestalize any woman he got into a LTR with.

In reading years worth of his writings, I found a pattern to all of his failed relationships. His alpha personality traits involved in seducing women were highly attractive to the women when they first began their relationships. But he eventually fell into a little-boy-dependent on his mommy relationship, killing the 'gina tingles and killing any

respect they had for him. Then they would stop having sex with him...so he'd eventually go out and seek casual sex with druggie sluts to relive his blue balls.

You cannot be a PUA and a Father-Husband Patriarch at the same time...living a double life in which lies and dishonesty are required to try and maintain the facade of a "normal" home life while trying to live the sex, drugs, rock and roll nightlife while the wife or girlfriend is at home with the children.

He tried to have it all...and in the end, he lost it all.

Conversely, the women who entered into these relationships knew damn well he was a player. They tried to turn a bad boy player who gave them 'gina tingles into a monogamous husband provider.

They too tried to have it all. His ex-wife was -- no, IS -- a good woman. But her rationalization hamster and basic female solipsism made her rationalize and justify his past transgressions time and time again. Despite the years of lying and cheating, she married him and had children with him, despite his serial cheating and lying to her while they were dating.

She tried to make a player into a husband and father. Eventually, she woke up to the fact that no matter what she did, she was not going to change him. She left him, and I don't blame her for it one bit. He treated her like crap, and she took it for years. But even though a good woman can delude herself into staying in an LTR that is fundamentally dishonest and abusive, once the 'gina tingles are gone, she will eventually ignore the rationalization hamster and leave.

After she left, what followed was years of one night stands, booty calls and friends with benefits combined with multiple failed LTR's with various girlfriends.

But the biggest mistake he made was trying to turn a druggie whore ex-con into a housewife. She moved in with him and they had a couple of kids...and, like all of his previous LTRs, she left him when he became needy and dependent, and she lost her attraction to him, and he cheated, and she found out....

She was hurt. And she wanted to return that hurt the best way she knew how - parental alienation combined with court ordered child support and violating his visitations. He hurt her, so she used their kids as a weapon to hurt him back. He had to pay for his children, yet he couldn't even speak with them. He got laid off of work, but his child support obligations were decided by imputed income.

He no longer saw the point in living. So he became just another statistic.

The biggest lie our Brave New World Order preaches today that leads people astray, is this notion that not only can you have it all...but that you DESERVE to have it all.

This instilled sense of entitlement is the impetus for making people lead impossible lives that end in heartache and pain.

Women, don't try to make the Player into a Father and Husband.

Men, don't try to make the Whore into a Housewife.

You cannot have it all.

Wicked World

Keoni Galt · 5 January 2011 · Archived copy · Original



In 1969, 4 men in an unknown, British, working-class Blues band saw a long line of people outside the cinema, waiting to see a Boris Karloff horror film entitled *Black Sabbath*. Realization struck their stoned-out minds that people were lining up to **pay** to get the crap scared out of them.

[image]
They changed their band name to the aforementioned movie title, and started writing horror-movie inspired lyrics set to dark, scarier sounding music. Thus, heavy metal music was born.

When I was 13 years old, I found an old, discarded cassette tape of Black Sabbath's second album, *Paranoid*. From the moment I heard the sirens wailing along with the opening chords to *War Pigs*, I've become a Sabbath fan for the rest of my life.

One of the highlights of my young adult life was flying to the West Coast to attend the Black Sabbath reunion tour in 2000 with all of the original band members...with Pantera as the opening act. They weren't scheduled to come to Hawaii, and I knew it was a once in a lifetime chance to see one of my favorite bands, and I wasn't disappointed one bit, despite what essentially added up to the most expensive concert I've ever paid to attend when you add in airfare, accommodation and transportation...all while still attending college and money was not easy to come by.

But please excuse my pleasant reminisces.

What inspired this blog post was listening to one of my favorite songs while driving to work the other day. It was a song from their first album, entitled Wicked World.

This young band that deliberately set out to make horror music, wrote a song featuring aspects of life that they thought made it a "wicked world." The first verse mentioned the juxtaposition of blue collar workers trudging off to

work just to survive, while people in other countries were counting their dead. The second verse refers to politicians who decide who gets to go and die in wars, and how they use tax money to fund things like space travel to the moon while people are dying of diseases.

These were things young 19-20 year old British men in 1969 thought made up a "wicked world"

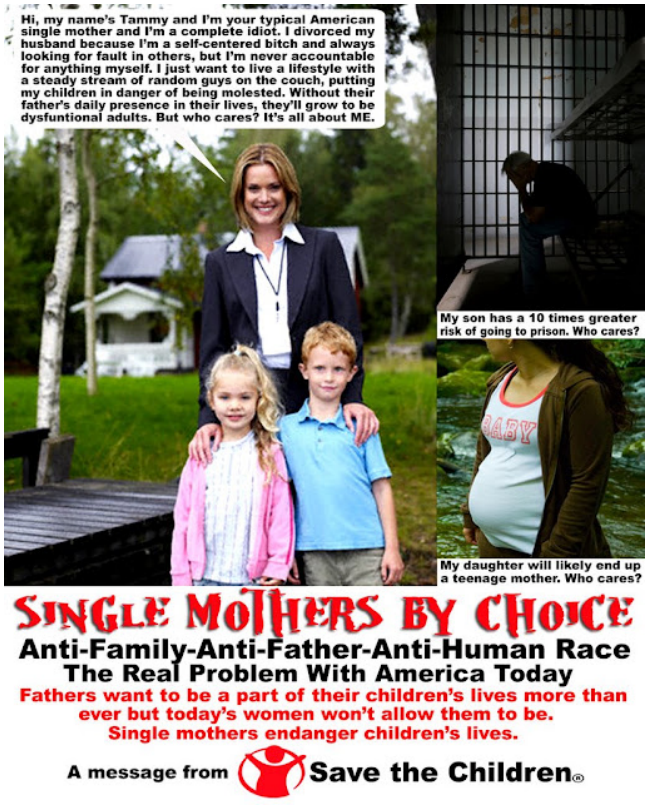
But the third verse?

> *A woman goes to work every day after day*
> *She just goes to work just to earn her pay*
> *Child sitting crying by a life that's harder*
> *He doesn't even know who is his father*

In 1969, a fatherless child neglected at home because the mother had to work to support herself and her child was "wicked."

My, my how the times have changed.

What was once universally considered a social tragedy has now been normalized and accepted. A world that considers working single mom's neglecting their Fatherless children as normal, or even desirable, is a wicked world indeed.



**Hat tip to Christian J's Saving the boys raised by single mothers blog for the preceding image.*

Red Pills for Vegans

Keoni Galt · 8 January 2011 · Archived copy · Original

[image]

On the piece I did regarding veganism, I tried to point out that the history of veganism in the US was largely the efforts of Kellogs, the man who invented breakfast cereal. He was a seventh day adventist and his veganism was based on his faith...not the scientific facts of which diet is best suited for the human physiology.

Seems like in the vegan community, the faith is still pretty strong...even when there is scientific evidence that demonstrates just how mistaken certain vegans may be when it comes to the health effects of their chosen belief system.

The problem for many vegans, is that the most convincing arguments against veganism are now coming from ex-vegans, many of whom were dedicated vegans, until health problems associated with their diets made them reach the point of re-evaluation. Once they give up their vegan principles and begin to eat meat and other animal products, many experience a resurgence in good health.

People like Lierre Kieth, Rhys Southan and Melissa McEwen have put forth their personal stories and have been ridiculed, dismissed and even physically attacked by their former vegan compatriots. (Lierre Kieth was once assaulted by malicious vegans throwing hot pepper-laced pies into her face).

But the latest ex-vegan that has literally been destroying vegan arguments on the interwebs in 2010, is one, Denise Minger.

She's got the true believers utterly flummoxed..and for good reason.

She gained notoriety in the paleo/ex-vegan blogosphere when she turned her meticulous researcher's eye onto the research that has been considered the holy grail of veganism: Dr. Colin Campbell's The China Study.

While many others have pointed out that Campbell's conclusions were flawed because they were based on cherry picking the data from 7 countries -- when the stats were gathered from more than 20 -- to reach his subjective and pre-determined conclusion that veganism was the healthiest diet for humans, Denise actually waded through the research and went on to painstakingly show that Campbells support for veganism as the healthiest diet was based on far more deceptions and misrepresentations than simply just cherry picking his data.

You can see for yourself just how thoroughly she debunked Campbell's claims here.

Her initial case was so compelling, Campbell himself actually deigned to respond to her. She responded, and essentially cleaned his clock, causing he and his followers to cease trying to debate with her.

But her latest blog post goes even further, by taking on one of the biggest shibboleths promoted in our mainstream mass media culture today: the idea that meat and saturated fats clog the arteries and cause heart disease.

From Will Ditching Meat Save Your Arteries?

> *Sometimes, when I feel like I don't have enough stress in my life and start craving a blood-pressure boost, I go to my old vegan haunts to read gems like these:*
>
> > *The only way meat can be digested is by putrefaction, our stomach acid is only 5% of that of a carnivore or omnivore so instead of being digested it basicly [sic] rots in your intestines which leaves toxic gases and waste to be absorbed into the blood.*
> >
> > *we know what's happening. we've known for decades. however, we also have found that when we talk about the health detriments associated with eating the products of the corpse industries, people don't believe us.*
> >
> > *[T]here is a single, sole cause to heart disease: cholesterol. If your total cholesterol is below 150 and LDL is below 70, you are essentially heart attack proof. What is the cause of high cholesterol? Saturated fat and animal products.*
>
> *Don't you love this stuff? But I digress. What I want to talk about right now is one of the most oft-cited perks of being a vegetarian: an apparently lower risk of heart disease compared to omnivores.*

I remember when I used to believe all of those things steadfastly...and I wasn't even a vegan. I was more accurately a guilt-consumed meat eater that would go on vegetarian binges. I'd abstain from meat and dairy for days on end, because I believed those lies. And it certainly didn't make my health better for it.

Denise goes on:

> *A recent paper called Chemistry Behind Vegetarianism sums it up by saying "Omnivores have a significantly higher cluster of cardiovascular risk factors compared with vegetarians, including increased body mass index, waist to hip ratio, blood pressure, plasma total cholesterol (TC), triacylglycerol and LDL-C levels, serum lipoprotein(a) concentration, plasma factor VII activity, ratios of TC/HDL-C, LDL-C/HDL-C and TAG/HDL-C, and serum ferritin levels."*
>
> *This is a trend that some folks translate as "meat causes heart disease"—a sentiment I saw plastered all over the veggie message boards during my most recent lurking spree. I assume this belief is bolstered by all the perfectly-preserved chunks bacon found in meat eaters' arteries during heart biopsies.*
>
> *Studies on vegetarians are inherently tricky. Although some folks dump animal foods strictly for ethical reasons, many of the meatless eat their veggies alongside other pro-health behaviors like exercising more, nixing tobacco, swapping refined grains for whole, limiting processed food (soy Frankenmeats notwithstanding), and avoiding the biggest of the baddies (trans fats, corn syrup, Cadbury Creme Eggs, and pretty much everything on this site)."*
>
> *What does all of that equal? Confounderville for researchers. It's impossible to adjust for every little diet and lifestyle tweak a vegetarian makes in the name of health, so in scientific studies, vegetarians almost always have an advantage over health-indifferent omnivores. But the reason can't be pegged on their meatlessness:*

> ***Vegetarianism is a marker for a comprehensive shift in behaviors that influence disease risk.***

No kidding, especially when you consider that an obese Wal-Martian who eats fast food at every meal is lumped in with the health-fanatic, paleo-atheletes under the category of "Omnivore."

Denise goes on to breakdown the data, and come to the following conclusion:

> *The significance of this study is that it underscores the major issue with vegetarian research at large: The health-protective effects of vegetarianism are probably due to factors other than meat avoidance.* ***When you study vegetarians that aren't partaking in a bigger diet and lifestyle change, they no longer have a glowing health report.***

--Snip--

> *There's nothing about eating meat that requires someone to inhale sugar and eat less fresh produce—but because meat (with all that awful saturated fat and cholesterol) has been so vilified in the nutrition world, the folks who eat more of it are likely to be less health-conscious than those who opt for the tofu slab. That's why patterns like these emerge: Eating less meat goes hand-in-hand with other health-promoting choices, so we often see vegetarians trumping omnivorous control groups in terms of health markers.*

This is just another example of how the supposed science used to promote lies and misconceptions like a plant-based diet is healthiest for humans.

I wonder if this latest post will attract more anonymous vegan commenters that deride me and my fellow Hawaiians for our love of Spam?

What if the Federal Reserve System Had Not Been Created?

Keoni Galt · 15 January 2011 · Archived copy · Original

[image]

I came across an interesting article from the economic collapse blog, entitled 10 Things That Would Be Different If The Federal Reserve Had Never Been Created.

Here are some salient points from the article I'd like to highlight, followed by all 10 things that would be different:

> *Many of those opposed to the Federal Reserve will point to the record $80.9 billion in profits that the Federal Reserve made last year as evidence that they are robbing the American people blind. But then those defending the Federal Reserve will point out that the Fed returned $78.4 billion to the U.S. Treasury. As a result, the Fed only made a couple billion dollars last year. Pretty harmless, eh? Well, actually no. You see, the money that the Federal Reserve directly makes is not the issue.* ***Rather, the "magic" of the Federal Reserve system is that it took the power of money creation away from the U.S. government and gave it to the bankers.***

This is the key point...and it was not just to the highest level bankers either. What the Federal Reserve did was institute the system of fiat currency combined with fractional reserve banking which gave the power of money creation to ALL bankers in the Federal Reserve system - hence the criticisms calling it the money creating cartel. From your locally owned bank specific to your community to the big national banks...if they are "FDIC insured" they are a member of the cartel, and they too participate in "creating" money by entering figures into their accounting software with a few keystrokes, creating a debt for which the bankers profit from the interest. This is one of the primary drivers of inflation.

But it's worse than that.

> *Now, the only way that the U.S. government can inject more money into the economy is by going into more debt. But when new government debt is created, the amount of money to pay the interest on that debt is not also created. In this way, it was intended by the international bankers that U.S. government debt would expand indefinitely and the U.S. money supply would also expand indefinitely.*

In theory, the Government could simply abide by the Constitution and begin issuing currency again without paying interest to the Federal Reserve...

...but anytime former Presidents tried to do that, they ended up getting assassinated. Lincoln issued Greenbacks, JFK issued silver certificates. Both had their brains blown out. Coincidence? Perhaps.

> *Many liberals won't listen because they don't really care about ever paying off the debt, and most conservatives won't listen because they are convinced we can solve the national debt problem if we just get a bunch of "good conservatives" into positions of power, but the truth is that we have such a horrific debt problem because it was designed to be this way from the beginning.*

So how would America be different if we could go back to 1913 and keep the Federal Reserve Act from ever being passed? Well, the following are 10 things that would be different if the Federal Reserve had never been created....

#1 If the U.S. government had been issuing debt-free money all this time, the U.S. government could conceivably have a national debt of zero dollars. Instead, we currently have a national debt that is over 14 trillion dollars.

#2 If the U.S. government had been issuing debt-free money all this time, the U.S. government would likely not be spending one penny on interest payments. Instead, the U.S. government spent over 413 billion dollars on interest on the national debt during fiscal 2010. This is money that belonged to U.S. taxpayers that was transferred to the U.S. government which in turn was transferred to wealthy international bankers and other foreign governments. It is being projected that the U.S. government will be paying 900 billion dollars just in interest on the national debt by the year 2019.

#3 If the U.S. government could issue debt-free money, there would not even have to be a debate about raising "the debt ceiling", because such a debate would not even be necessary.

#4 If the U.S. government could issue debt-free money, it is conceivable that we would not even need the IRS. You doubt this? Well, the truth is that the United States did just fine for well over a hundred years without a national income tax. But about the same time the Federal Reserve was created a national income tax was instituted as well. The whole idea was that the wealth of the American people would be transferred to the U.S. government by force and then transferred into the hands of the ultra-wealthy in the form of interest payments.

#5 If the Federal Reserve did not exist, we would not be on the verge of national insolvency. The Congressional Budget Office is projecting that U.S. government debt held by the public will reach a staggering 716 percent of GDP by the year 2080. Remember when I used the term "debt spiral" earlier? Well, this is what a debt spiral looks like....

#6 If the Federal Reserve did not exist, the big Wall Street banks would not have such an overwhelming advantage. Most Americans simply have no idea that over the last several years the Federal Reserve has been giving gigantic piles of nearly interest-free money to the big Wall Street banks which they turned right around and started lending to the federal government at a much higher rate of return. I don't know about you, but if I was allowed to do that I could make a whole bunch of money very quickly. In fact, it has come out that the Federal Reserve made over $9 trillion in overnight loans to major banks, large financial institutions and other "friends" during the financial crisis of 2008 and 2009.

#7 If the Federal Reserve did not exist, it is theoretically conceivable that we would have an economy with little to no inflation. Of course that would greatly depend on the discipline of our government officials (which is not very great at this point), but the sad truth is that our current system is always going to produce inflation. In fact, the Federal Reserve system was originally designed to be inflationary. Just check out the inflation chart posted below. The U.S. never had ongoing problems with inflation before the Fed was created, but now it is just wildly out of control....

#8 If the Federal Reserve had never been created, the U.S. dollar would not be a dying currency. Since the Federal Reserve was created, the U.S. dollar has lost well over 95 percent of its purchasing power. By constantly inflating the currency, it transfers financial power away from those already holding the wealth (the American people) to those that are able to create more currency and more government debt. Back in 1913, the total U.S. national debt was just under 3 billion dollars. Today, the U.S. government is spending approximately 6.85 million dollars per minute, and the U.S. national debt is increasing by over 4 billion dollars per day.

> *#9 If the Federal Reserve did not exist, we would not have an unelected, unaccountable "fourth branch of government" running around that has gotten completely and totally out of control. Even some members of Congress are now openly complaining about how much power the Fed has. For example, Ron Paul told MSNBC last year that he believes that the Federal Reserve is now more powerful than Congress.....*
>
> *"The regulations should be on the Federal Reserve. We should have transparency of the Federal Reserve. They can create trillions of dollars to bail out their friends, and we don't even have any transparency of this. They're more powerful than the Congress."*
>
> *#10 If the Federal Reserve had never been created, the American people would be much more free. We would not be enslaved to this horrific national debt. Our politicians would not have to run around the globe begging people to lend us money. Representatives that we directly elect would be the ones setting national monetary policy. Our politicians would be much less under the influence of the international banking elite. We would not be at the mercy of the financial bubbles that the Fed has constantly been creating.*

Ron Paul has got it right.

End the Fed.

The Compiled Maxims of the Chateau

Keoni Galt · 19 January 2011 · Archived copy · Original

Roissy recently wrote an excellent, Red Pill Review of the movie Blue Valentine. In the comment thread, "Surfed" did something I've always meant to do but never actually got around to...compiling all of Roissy's maxims into one location.

Since Surfed did the work, I'll do what any good internet cut-and-past blogger does, and make fair use of someone else's labor.

> *Here are the Roissy's Maxim's. i renumbered some of them to give me a better working handle with them. Especially when I pass them off to non-readers of the website. - Surfed*
>
> **Roissy's Maxims**
>
> **Maxim #1a:** Women desire men of better quality than themselves.
>
> **Maxim #2:** Women are turned on by displays of male power.
>
> **Maxim #3:** Whenever an attractive girl tells you she hates assholes, or describes her experience in the past dating assholes and claims to avoid them now, or recites a laundry list of asshole-y things guys do that she disapproves of, you can bet your weight in gold bricks that she wants you to be an asshole to her.
>
> **Maxim #4:** Never trust a woman who is missing a sense of humor.
>
> **Maxim #6:** Never. Make. It. Easy. For. A. Woman.
>
> **Maxim #7:** Your girl will thank you for your steadfast devotion to your belief in yourself.
>
> **Maxim #8:** Always assume she is a slut. It helps kick the legs out from under the pedestal you will be tempted to put her on, and it is more often than not true.
>
> **Maxim #9:** The greater the age difference between the older man and the younger woman, the tighter his game will need to be, barring compensatory attributes (money).
>
> **Maxim #10:** Marriage is a social mechanism designed to exchange sex for indentured servitude.
>
> **Maxim #11:** Calling a girl out on her lie accomplishes nothing.
>
> **Maxim #12:** When the love is gone, women can be as cold as if they had never known you.
>
> **Maxim #13:** When in doubt, game.
>
> **Maxim #14:** Female cultural equality = male dating inequality. Female cultural inequality = male dating equality. Human nature says that you can't have it both ways.

Maxim #15: Be narcissistic. There is no greater divergence than that between a woman's stated disapproval of male narcissism and the rapidity with which she jumps into bed with a male narcissist.

Maxim #16: The two fundamental propositions are male choosiness and female abundance. All alpha males have these two mindsets in common. Corollary: Male choosiness and female abundance do not necessarily have to be true for the strategy of behaving as if they are true to be effective at seduction.

Maxim #17: The alpha male thinks and acts more like a woman than a man in matters of seduction. He understands his adversary's psychology, and uses it to allay her defenses.

Maxim #18: Never talk about getting into a relationship even if she says that's what she's looking for.

Maxim #19: Withholding sex is the tactic of a woman who has already lost. It is mutually assured destruction.

Maxim #20: If a woman says the word "sex" in conversation with you or about you, no matter the context, it means she's thinking about having sex with you.

Maxim #21: Women are more pliable in the company of competing women.

Maxim #22: You have to make marriage an attractive alternative for MEN — not women — if you want the institution to thrive.

Maxim #23: The vagina tingle is the principal moral code to which women subscribe. All other moral considerations are secondary.

Maxim #24: When in doubt, ask yourself "WWJD?" What Would a Jerk Do? Then do that.

Maxim #25: NO girl wants to be thought she isn't a special little snowflake.

Maxim #26: Never tell a girl how much you make, even if you're loaded. In case of marriage, keep separate accounts.

Maxim #27: If you want a wife, stay clear of investing much in girls who constantly remind you they like to have "fun, fun, fun" and "get bored easily".

Maxim #28: The more experience you have with women, the more you'll know which women have experience with men: It is the inexperienced beta male who is most often in the dark about a woman's sexual history and liable to be victimized by it.

Maxim #29: Xenophobia is good for diversity.

Maxim #30: Women will not hold it against you for trying to get into their panties on the first night. In fact, they will respect you more for your boldness and willingness to follow your manly desires.

Maxim #31: If you plan on cheating and subsequently get caught, act like a total dick who did nothing wrong.

Your girlfriend will then wonder if it's something she did.

Maxim #32: Commanding women to do your bidding will give you a bigger beta margin of error when needed.

Maxim #33: Women need to test men for their grace under pressure.

Maxim #34: If she's hot, why would she bother with online dating?

Maxim #35: Never trust a woman's advice on how to please women. Her advice is designed for alpha men she already finds attractive and from whom she seeks signals of attainability and commitment.

Maxim #36: A woman's sex and relationship advice isn't meant to help men; it's meant to distract men from what really works to attract women.

Maxim #37: High IQ is no inoculation against beta delusion. If anything, high IQ obstructs clear thinking about women's nature.

Maxim #38: The longer you are away from seducing new women, the harder it will be to seduce one when you want.

Maxim #39: The worst thing to happen to women in America was women's suffrage.

Maxim #40: Men are becoming ever bigger betas in their dealings with women. Men are losing the leverage to shape and push women's child-like and selfishly amoral political opinions in logical, just and long-term oriented directions.

Maxim #41: The definition of Inner Game: Hit on every woman who excites you. Make life uncomfortable for them, not yourself.

Maxim # 42: When a girl signals that she doesn't enjoy blowjobs or sex, do not spend one second more with her. Your libido is too important to gamble on such a girl.

Maxim #43: In their sexual primes women's attraction for assholes is at its strongest. You can catch a lot of hungry flies with honey, but shit attracts the most well-fed flies.

Maxim #44: If you get sexually rejected, don't admit it to yourself, and especially don't admit it to the girl.

Maxim #45: Women will screech louder the closer your words get to damaging or exposing vulnerabilities in their sexual market value.

Maxim #46: Whenever you hear or read the words "gender", "gendered", "gendered norm", "subtle gender bias", or "increasingly egalitarian, yet there remains…" know that you are dealing with a leftwing moonbat, blank-slate believing fruitcake who cannot deal with the fact that men and women are biologically different from birth.

Maxim #47: Awareness of a woman's games is a precision-guided weapon in a man's arsenal of seduction.

Maxim #48: Respect the momentum.

Maxim #49: The rare older woman-younger man pairing is like a lab experiment gone wrong. It violates the natural order of things, and leaves its practitioners emotionally twisted and in a constant mental race to hyper-rationalize their sub-par mate choice.

Maxim #50: Marriage is no escape from the sexual market and the possibility that you may be outbid by a competitor with higher value.

Maxim #51: For most women, five minutes of alpha is worth five years of beta.

Maxim #52: Underneath the veneer of civilized discourse we act in ways that are brazenly self-interested in the short term.

Maxim #53: All kneel before the god of biomechanics, by sword or by surrender.

Maxim #54: When a woman has incentive to lie, she will choose lying over honesty EVERY SINGLE TIME.

Maxim #55: Run for your Life Shit Tests:
BEWARE the classic gun-to-the-head marriage pressure administered by your typical non-descript, rudderless late 20's/early 30's woman. When a woman pressures you mercilessly to marry her, bullying to the point of threatening a break up – this is the shit test of ALL shit tests. Treat it as such – If you fail this shit test, you are RUINED. FOR. LIFE.

Maxim #60: Waving a roll of benjamins at a woman will not give her tingles. In fact, it will often do the opposite.

Maxim #73: When a girl emphatically insists she is so over you, she's never been more into you.

Maxim #21: Betas pay, alphas split, super alphas profit.

Maxim #39: A woman's standards are like a house of cards: kick out one from the bottom and the whole edifice crashes down.

Maxim #85: As women's bodies age and weaken, their rationalization hamsters grow bigger and stronger. Eventually, the hamster is powerful enough to take control of all higher order consciousness.

Maxim #87: The more expensive or thoughtful the gift you give a girl, the greater the risk that she will subconsciously begin to think she is too good for you.

Corollary to Maxim #87: If you are dating out of your league, or you are dating a young hot babe in her

> prime, you should do the exact opposite of what everyone will tell you to do — *don't* buy her expensive gifts. Be particularly wary of advice from women. No woman in the world is capable of thinking clearly or impartially on the matter of "acceptable" levels of male provisioning. Even old, fat hausfrau hogs will expect mountains of jewels in offerings from men.
>
> **Maxim #105:** Where there's incentive, there are lies.
>
> **Maxim #109:** Consensual polyamory is a contrived hookup service for undesirable sexual market rejects.
>
> **Maxim #198:** Use of the word "disenfranchised" or other similar nomenclature of deconstructivist post-modern pablum automatically discredits an argument for serious consideration.
>
> **Maxim #200:** Chicks dig guys willing to risk an early, gruesome death. Expendability is a DHV.

My favorites are 19, 22, 35,36 and 37.

39 is the most relevant to everything that is wrong with our declining civilization today. It was not just the worst thing to happen to women, but the men and children to.

Women Aren't What They Used to Be

Keoni Galt · 20 January 2011 · Archived copy · Original

Eumaios commented over at The Solomon Group: "This post is easily in the top 5 best man-o-sphere writings ever."

While I wouldn't say "easily," it's certainly up there...the wisdom of the elders gained from life experiences makes compelling food for thought, and Solomon's sharing of "Old Man Philly's" diatribe on modern women versus a lady like his wife is certainly compelling.

> *Both of my boys are married to two of the biggest bitches and liars on the planet. Jim is an aeronautical engineer with Boeing, and Tony is a corporate lawyer for Apple. I raised both of them to have balls big enough to handle anything, but these harlots give them hell constantly. Women these days are spoiled and irreverent, and* ***they're not worth more than a fuck.*** *One of my boys played College football in New York, and the other in Pennsylvania. I taught them to be men, not pussies. But I swear to God these two bitch daughters-in-law of mine have my whole family worked up. They threaten divorce, flirt with other men on the computer, and send those things that are like phone emails [text messages] to other men with words that are inappropriate for a married woman. My sons find them later, but they can't say anything or they'll end up in a screaming fight or divorce court.*
>
> *I told both of my boys that I was disappointed in them for letting women get to them like that, but after I started talking more to those two cunts [yes, the old man really said "cunt"], I realized that even I couldn't do a thing with them. I mean, it's crazy. You can't punch them, but that's exactly what they need. They need a man to knock the shit out them and then see how independent and feisty they feel. Both of those bitches are worthless, and need to be put in their place. They're both brats.*
>
> *I'm glad you two boys are smart enough to see through that mess and deal with these girls they way they deserve. Keep treating them like the rubbish they are unless you want to end up like my two boys.*

They're not worth more than a fuck, because that is precisely how the majority of women are raised in our Brave New World Order nowadays. There only value to men is the access they provide to their bodies, just as the only value men have to the women of today is access to their sperm and than their bank accounts.

Old man Philly points out that this is not beauty.

> *Listen to me. A good woman ages beautifully. When I look at my wife, I see the most gorgeous woman in the universe. Her wrinkled hands got that way by keeping up with my two boys and working hard for them while I was on the road. The lines under her eyes are from years of shedding tears for me when I was at war, and those wrinkles on her brow are from decades of worry for me and my two sons. It was her legs they held on to when they were learning to walk, her lap was where they learned to read, and her breasts were their first nourishment. The first kiss those boys ever received was from her lips, and God willing, my last kiss will be from her lips.*
>
> *You two don't know what you're missing – or maybe you do. But all I know is that she's as beautiful, desirable, and lovely today as the day I met her, and I wouldn't trade one second with her for a lifetime of rowdiness with one of those harlots you guys have waiting for you back home.*

> *You two don't know what beauty is. In a way, I feel sorry for both of you. I'm not getting on your case, because if there's one thing I've learned from my own sons, it's that women aren't what they used to be.*
>
> *The whole thing is just goddamn pathetic if you ask me.*

Oh, it's worse than pathetic, Old Man Philly. It's devious, malevolent and nefarious.

It's social engineering deliberately instigated on society at large to control the population.

It's the result of the institutions of Government used to take over the role of inter-generational cultural transmission.

How women used to be?

Women used to be raised in two parent households in which her Father was her authority figure, and her mother her guidance and vocation counselor...and that vocation was home-making.

Women used to be raised by their mothers and grand mothers and aunts to become the heart of their homes. Yes, they would depend on their husbands for their economic provisioning capabilities...but their husbands would depend on them for their familial nurturing capabilities. Both roles require some forms of sacrifice to benefit the singular entity - the family.

The way women (and men) were changed, was the intrusion of the State into the family unit, to replace the means of transmitting cultural values.

Instead of learning how to cook from Mom, they learn how to pick up takeout on the way home from work.

Instead of learning how to sew to make or repair clothing, they learn the joys of going to the shopping mall and whipping out the credit cards to remain relevant to the latest fashions.

Instead of learning how to nurture their husbands to appreciate the sacrifices he makes to provide for the family, she learned to get together with her girlfriends and complain about his personal habits and peculiarities.

Instead of learning about chastity from her mother to save her virginity for her husband so that they will create a strong bond upon consumation, she learns her sexual morality from the television, movies, and gossip magazines and the cult of celebrity and promiscuity that these mass media sources endlessly promote in a myriad of ways.

Instead of learning how to care for her children as they grow up, they learn how to drop them off at school, than daycare, while they go out and seek to take on the provider role for themselves as well.

None of these learned behaviors contribute to the growth of a family unit. Instead, they are merely culture constructs designed to outsource the role of the home-maker to corporations and businesses, so that both the husband and the wife are than free to become human resources for the labor market, to pay for all of the consumables and services that make it possible for two parents to work while other people raise the children...that is until of course the divorce.

Women used to be raised to create long lasting, happy families. Now they are raised to never form them in the first place, or to haphazardly make them and destroy them.

Solomon laments:

> *I wonder if my former #1 girl or Brooklyn's wife will ever have a strong Alpha male talk about them the way Philly talked about his wife? I highly doubt it. But once again,* ***a very simple principle is repeatedly ignored*** *by women like this: They can choose to be sexually popular for a few short years in the eyes of every man, or opt for a lifetime of beauty in the eyes of the one man who loves them.*

Ignored? More like brainwashed into believing that the lifetime of beauty is boring, unfulfilling and nothing more than oppressed slavery to Patriarchy. Besides, those "few short years" can be extended by plastic surgery, and botox injections.

> *Beauty isn't skin deep, and it doesn't fade. Beauty is not a physical attribute; it's an aura that is admired by men and women, young and old alike. Beauty is a timeless gift given freely and without hesitation as a birth right to all young women, but very few of them recognize, protect, or cherish it.*
>
> *Philly's sermon about his wife is proof that women can age beautifully, but unfortunately, it takes a little grace, class and effort *gasp*, so the modern woman opts for being sexy in lieu of being beautiful. The world is crawling with sexy, ugly women who should not be valued for anything more than whats between their legs – it's the only thing you can count on out of womankind these days.*

NAWALT...there are still women who are raised in stable, two-parent homes with parents who provide the full spectrum of complementary nurturing and provisioning from Father and Mother...but enough of them are that the society at large is on the verge of collapse.

Some women may read this post and think that I'm being unfair or focusing solely on women to blame the entire gender for the current dystopia of our declining civilization.

The reason the focus is deservedly aimed at women-kind is simple: society and civilization can only exist when a cohesive social order is established...and the only way to establish that is to channel the primal force of human sexuality into productive channels. And since women are the gatekeepers of sex, it is female sexuality that needs repressing to create the conditions for civilized society.

You cannot control male sexuality unless you control female sexuality. As long as the social stigmas and economic penalties for irresponsible female sexual behavior are nullified by the State and the culture, civilization will decline.

Patriarchy didn't just control female sexuality...it controlled male sexuality as well. If Men wanted to have sex AND approval from the peers in his community, marriage was the only acceptable means of expressing his sexuality.

This is precisely why the cultural marxists behind feminism based their revolutionary tactics and strategies to attack the role of women in Patriarchal civilization.

Men are not the way they used to be...because feminism caused women to change from the way we used to be.

And we are all worse off for it.

Quit Tweeting Your iPhone in MySpace or I'll Punch You in the Facebook

Keoni Galt · 25 January 2011 · Archived copy · Original

[image]

I recently dropped my cellphone for the 1000th time...and that last one was finally the one that did it. My phone was over 3 years old and it's a virtual dinosaur compared to all the idiot phones everyone has surgically attached to their hands these days.

I called up my local customer service agent in India to see how much a new phone would cost me.

I was treated to a 3 minute "smart" phone sales pitch if I would only sign a 2 year contract extension, plus an activation fee for data services, including unlimited text messaging, email and web surfing.

In short, I could double my current phone bill just so I can carry around an internet connection 24/7.

I told the sales rep in India that I couldn't afford it at that time and cut him off before he could garble out his call center customer service up-selling script response from his computer screen in his Indian accent.

After thinking about it for a awhile, I headed down to the drug store and bought a pre-paid "track" phone sold under the brand of my current cell phone provider for $20. I pulled out the SIM card from my broken phone, slapped it into the new phone, turned it on and laughed out loud.

No 5 mega-pixel camera.
No slide out QWERTY keyboard for "blazing fast texting!"
No 6 gig mp4 player.
No GPS system, or download-able apps.
No hip-hop, rap, rock or country ring tones.

Just a phone.

To make phone calls.

What a novel concept.

See, I've noticed that more and more people everywhere are becoming social media "smart" phone zombies.

At malls, parks, sporting events, concerts, parties, public transportation, bars, restaurants, in traffic, at weddings, funerals and baby birthday parties, I see more and more people looking down at their hand held devices at any given moment, absorbed in their own little cyber-world of disassociated, de-personalized socialization.

I'm sick to death of it.

I see people in the middle of conversations at parties, or meals at public restaurants interrupt the living breathing person in front of them, and without even so much as an "excuse me," to look down at one of these idiot phones.

Worse yet, I've been to parties where over half the people are standing around, letting their beverages get warm and conversation is almost non-existant while everyone is tweeting, youtubing, googling, facebooking, blogging, texting, sexting, real-time chatting, online shopping and porn surfing....all for $70 a month of unlimited bandwidth!

I was at a party in Las Vegas the other day, observing a group of people doing just this. And the ones who weren't in the middle of looking at their little obsession boxes, would still neurotically glance down at their devices every minute or so...desperately hoping for a text, or a tweet, or a call, or SOMETHING so they could have the chance to deploy their device and join in on the fun the rest of the party-goers seemed to be so preoccupied with.

It's like watching a bunch of lab rats hitting the lever for the next hit of crack.

Since I had no one to talk to, as I don't have a smart phone of my own, I began to sit in the corner with my beverage and ruminate. One of the memes of the conspiracy theory genre of the internets was the idea that eventually our overlords would have we the Sheeple implanted with RFID chips just like the humane society does with cats and dogs, so that Big Mother would be able to monitor our wherabouts 24/7.

The idea sounds horrific...one for which should the Government come forward and announce that chip implantation of the general populace would begin, I imagine there would be a mass revolt.

Except....who needs to force the people to have a chip implanted in their skin so that their exact GPS coordinates, their interpersonal conversations, their sex fetishes, their relationship status or their general mood could be tracked by an extensive electronic surveillance matrix at any given time...when you can just call them "smart phones" and get people to PAY to carry it with them wherever they go?

Climate Change & The Apocalypse Trifecta

Keoni Galt · 29 January 2011 · Archived copy · Original

This post is gonna be a long one...but that's because I'm trying to offer a synopsis of close to a decade-worth of blogging by a man who goes by the moniker Texas Arcane.

I recently discovered his rather interesting blog, VaultCo., last week. I've essentially read most of his archives, and came away with a rather troubled mind while trying to comprehend the big picture that this blog paints regarding the near future for our planet and civilization.

Before I delve into the details, I'm going to outline the general premise of what this blogger calls "The Apocalypse Trifecta."

It may sound crazy.
It may sound fantastic and impossible.
But before you dismiss it out of hand, you probably should read a little bit more on the following topics:

* Global Warming is so much more than a hoax and a lie. It is in fact a worldwide ploy of deception to keep the masses of people distracted from the REAL climate change issues we will all be facing in the coming years.

* And that climate change is not Warming, but in fact the commencement of another Ice Age. According to reports he offers copious links to, the Earth's climate is completely driven by cycles of Solar activity, and that according to scientists that study the sun, our life-giving star at the heart of our solar system is moving into a lower activity phase. When this happens, we get an ice age. When it picks up activity, we have a warmer climate. We are at the end of the most recent warming period, and are on the cusp of the next ice age.

* Governments and elite wealthy around the world are all in on the deliberate misdirection in getting everyone to worry about Global Warming. While everyone is worried about Warming, those in the know are preparing for Cooling. Building shelters and stockpiling food and supplies.

* With the advent of a new ice age, the current system of global food production and distribution will literally collapse, the price of energy to heat up an increasingly colder world will skyrocket, and nations will begin to push to the brink of war as basic resources become scarce. With most of the world's food system dependent on corporate agriculture, much of these crops the world depends on will not be able to grow when the climate changes become drastic.

* Another effect of the change in the Sun's activity is the possible movement of the Earth's magnetic poles. This may explain why there have been reports of mass animal deaths all over the world in the last month. Many of these animals are migratory species that use the magnetic poles to guide their migration patterns. The poles have begun shifting, causing many of these animals to get lost in migration, and fail to find food or warmer climates because they went off course, and have begun dying en mass when they find themselves where there is no food or warmer conditions than they can handle.

* Along with the change of the magnetic poles, also comes increased volcanic activity. So-called "super" volcanoes that have lain dormant for thousands of years are waking up and showing signs of coming eruptions.

* Like the reports of Krakatoa's explosion in 1883, one of these super volcanoes eruption will put so much ash into the climate, the sun will be blocked out for months, killing any remaining crops that may have survived the rapidly cooling planet. Furthermore, the ash filled skies will cool the planet even quicker than the natural cooling effects of the sun cycle, essentially jump starting the next ice age.

* With a crash in food supplies and access to energy to survive the rapidly cooling planet, countries will resort to war over what little resources remain.

* Millions of people will die of starvation, war and freezing temperatures.

* This may explain why there have been so many reports of the Government creating FEMA camps, and running all sorts of training exercises in which the troops are preparing to deal with massive civil unrest in the homeland. This may also explain why past US Presidents have signed all sorts of executive orders giving the President the power to suspend the Constitution and declare martial law. When the earth begins rapidly cooling, and volcanic eruptions black out the skies, dropping temperatures even quicker, and destroyed crops resulting in food shortages, combined with the already escalating economic crises will result in a mass of rioting civilians desperate for food. The FEMA camps are the Governments preparation for the coming events.

In summary, the Apocalypse Trifecta will be Climate Change, Economic Collapse and War.

Sounds crazy?

Here are the links to mainstream articles that bolster each piece of the puzzle that blogger Texas Arcane has put together to make a case that supports the coming Apocalypse Trifecta.

The first link requires a careful reading...it's an older article from 2004. When it first came out, the entire "global warming is real/global warming is a fraud" debate was quick to seize on this article for political pandering on both sides.

But if you read it carefully, you'll see the bait and switch: Now the Pentagon tells Bush: climate change will destroy us

Note that every reference to the Pentagon's report, refers to CLIMATE CHANGE...NOT Global Warming.

The report begins:

> *Climate change over the next 20 years could result in a global catastrophe costing millions of lives in wars and natural disasters..*
>
> *A secret report, suppressed by US defense chiefs and obtained by The Observer, warns that major European cities will be sunk beneath rising seas as Britain is plunged into a 'Siberian' climate by 2020. Nuclear conflict, mega-droughts, famine and widespread rioting will erupt across the world.*

If the global catastrophe is supposedly going to be caused by global "warming," why would Britain be "plunged into a Siberian climate by 2020?"

The rising seas, is supposed to be explained by the melting glaciers all over the world, right? Except that's not what

is going on. The glaciers are actually growing....yet this will still result in rising seas. Think of a glass of water for which you add new ice cubes to it...what happens to the water level as you add more and more ice?

In other words, increased glaciers will cause the seas to rise and planet-wide cooling!

> *The document predicts that abrupt climate change could bring the planet to the edge of anarchy as countries develop a nuclear threat to defend and secure dwindling food, water and energy supplies. The threat to global stability vastly eclipses that of terrorism, say the few experts privy to its contents.*
>
> *'Disruption and conflict will be endemic features of life,' concludes the Pentagon analysis. 'Once again, warfare would define human life.'*
>
> *The findings will prove humiliating to the Bush administration, which has repeatedly denied that climate change even exists. Experts said that they will also make unsettling reading for a President who has insisted national defence is a priority.*

Here's the first clue - the Bush Administration repeatedly denied that GLOBAL WARMING DUE TO HUMAN ACTIVITY exists...not **climate change.** But the Al Gore, left-wing environmentalist contingent seized on this report to score political points against Bush and the GOP, thereby allowing a report like this to be published...yet largely ignored as most of the people who read it will automatically default to their partisan indoctrination and be contained entirely in the Global Warming debate.

> *Climate change 'should be elevated beyond a scientific debate to a US national security concern', say the authors, Peter Schwartz, CIA consultant and former head of planning at Royal Dutch/Shell Group, and Doug Randall of the California-based Global Business Network.*
>
> *An imminent scenario of catastrophic climate change is 'plausible and would challenge United States national security in ways that should be considered immediately', they conclude. As early as next year widespread flooding by a rise in sea levels will create major upheaval for millions.*

Global Warming would supposedly cause upheaval for millions living along coastlines...but major food production could still occur in a warming climate. Hell, if there really is a so called "greenhouse" effect, growing more food should be easier. But not if the real problem of climate change really means *global cooling!*

Does this scenario sound crazy beyond belief? Follow these links and decide for yourself -

The Coming of a New Ice Age

> *BY GERALD E. MARSH*
>
> *CHICAGO — Contrary to the conventional wisdom of the day, the real danger facing humanity is not global warming, but more likely the coming of a new Ice Age.*

> *What we live in now is known as an interglacial, a relatively brief period between long ice ages. Unfortunately for us, most interglacial periods last only about ten thousand years, and that is how long it has been since the last Ice Age ended.*
>
> *How much longer do we have before the ice begins to spread across the Earth's surface? Less than a hundred years or several hundred? We simply don't know.*
>
> *Even if all the temperature increase over the last century is attributable to human activities, the rise has been relatively modest one of a little over one degree Fahrenheit — an increase well within natural variations over the last few thousand years.*
>
> *While an enduring temperature rise of the same size over the next century would cause humanity to make some changes, it would undoubtedly be within our ability to adapt.*
>
> *Entering a new ice age, however, would be catastrophic for the continuation of modern civilization.*
>
> *One has only to look at maps showing the extent of the great ice sheets during the last Ice Age to understand what a return to ice age conditions would mean. Much of Europe and North-America were covered by thick ice, thousands of feet thick in many areas and the world as a whole was much colder.*
>
> *The last "little" Ice Age started as early as the 14th century when the Baltic Sea froze over followed by unseasonable cold, storms, and a rise in the level of the Caspian Sea. That was followed by the extinction of the Norse settlements in Greenland and the loss of grain cultivation in Iceland. Harvests were even severely reduced in Scandinavia And this was a mere foreshadowing of the miseries to come.*

On the Magnetic Pole Reversal and the recent mass animal die-offs all over the planet:

The British Geological Society Page on Magnetic Pole Reversal.

Shift in Magnetic North Pole Affects Tampa International Airport

Here's the extensive list of links documenting the mass die offs of birds and fish all over the planet in the past month.

Here's an article that makes the connection between the magnetic shift and the mass die offs.

Along with the magnetic pole reversals will come increased volcanic activity...and one of those super-volcanoes that has been dormant for over 600,000 years has been changing dramatically these past few years...

Is the world's largest super-volcano set to erupt for the first time in 600,000 years, wiping out two-thirds of the U.S.?

> *It would explode with a force a thousand times more powerful than the Mount St Helens eruption in 1980.*
>
> *Spewing lava far into the sky, a cloud of plant-killing ash would fan out and dump a layer 10ft deep up to 1,000 miles away.*

> *Two-thirds of the U.S. could become uninhabitable as toxic air sweeps through it, grounding thousands of flights and forcing millions to leave their homes.*
> *On the verge of a catastrophe? Yellowstone National Park's caldera has erupted three times in the last 2.1million years and scientists monitoring it say we could be in for another eruption.*
>
> *This is the nightmare that scientists are predicting could happen if the world's largest super-volcano erupts for the first time in 600,000 years, as it could do in the near future.*
>
> *Yellowstone National Park's caldera has erupted three times in the last 2.1million years and researchers monitoring it say we could be in for another eruption.*
>
> *They said that the super-volcano underneath the Wyoming park has been rising at a record rate since 2004 - its floor has gone up three inches per year for the last three years alone, the fastest rate since records began in 1923.*

And Yellowstone is not the only volcano on the planet doing interesting things...

Here are some more links regarding the coming ice age:

Not by Fire but by Ice

> *The next ice age could begin any day.*
>
> *Next week, next month, next year, it's not a question of if, only when.*
> *One day you'll wake up - or you won't wake up, rather - buried beneath nine stories of snow. It's all part of a dependable, predictable cycle, a natural cycle that returns like clockwork every 11,500 years.*
>
> *. . . And since the last ice age ended almost exactly 11,500 years ago . . .*
>
> *It's a natural cycle!*
> *… it's a cycle … it's a cycle … it's a cycle*

From Earth on the Brink of an Ice Age

> *The earth is now on the brink of entering another Ice Age, according to a large and compelling body of evidence from within the field of climate science. Many sources of data which provide our knowledge base of long-term climate change indicate that the warm, twelve thousand year-long Holocene period will rather soon be coming to an end, and then the earth will return to Ice Age conditions for the next 100,000 years.*

> *Ice cores, ocean sediment cores, the geologic record, and studies of ancient plant and animal populations all demonstrate a regular cyclic pattern of Ice Age glacial maximums which each last about 100,000 years, separated by intervening warm interglacials, each lasting about 12,000 years.*

> *Most of the long-term climate data collected from various sources also shows a strong correlation with the three*

> *astronomical cycles which are together known as the Milankovich cycles. The three Milankovich cycles include the tilt of the earth, which varies over a 41,000 year period; the shape of the earth's orbit, which changes over a period of 100,000 years; and the Precession of the Equinoxes, also known as the earth's 'wobble', which gradually rotates the direction of the earth's axis over a period of 26,000 years. According to the Milankovich theory of Ice Age causation, these three astronomical cycles, each of which effects the amount of solar radiation which reaches the earth, act together to produce the cycle of cold Ice Age maximums and warm interglacials.*

What about the increase in C02 in the atmosphere that has got so many people convinced the Anthropogenic Global Warming (AGW) is occurring? The increasing C02 may in fact be nothing more than a natural occurence that happens on a cyclical basis every time the Earth goes into another ice age.

> *The graph of the Vostok ice core data shows that the Ice Age maximums and the warm interglacials occur within a regular cyclic pattern, the graph-line of which is similar to the rhythm of a heartbeat on an electrocardiogram tracing. The Vostok data graph also shows that changes in global CO2 levels lag behind global temperature changes by about eight hundred years. What that indicates is that global temperatures precede or cause global CO2 changes, and not the reverse. In other words, increasing atmospheric CO2 is not causing global temperature to rise; instead the natural cyclic increase in global temperature is causing global CO2 to rise.*
>
> *The reason that global CO2 levels rise and fall in response to the global temperature is because cold water is capable of retaining more CO2 than warm water. That is why carbonated beverages loose their carbonation, or CO2, when stored in a warm environment. We store our carbonated soft drinks, wine, and beer in a cool place to prevent them from loosing their 'fizz', which is a feature of their carbonation, or CO2 content. The earth is currently warming as a result of the natural Ice Age cycle, and as the oceans get warmer, they release increasing amounts of CO2 into the atmosphere.*
>
> *Because the release of CO2 by the warming oceans lags behind the changes in the earth's temperature, we should expect to see global CO2 levels continue to rise for another eight hundred years after the end of the earth's current Interglacial warm period. We should already be eight hundred years into the coming Ice Age before global CO2 levels begin to drop in response to the increased chilling of the world's oceans.*
>
> *The Vostok ice core data graph reveals that global CO2 levels regularly rose and fell in a direct response to the natural cycle of Ice Age minimums and maximums during the past four hundred and twenty thousand years. Within that natural cycle, about every 110,000 years global temperatures, followed by global CO2 levels, have peaked at approximately the same levels which they are at today.*
>
> *Today we are again at the peak, and near to the end, of a warm interglacial, and the earth is now due to enter the next Ice Age. If we are lucky, we may have a few years to prepare for it. The Ice Age will return, as it always has, in its regular and natural cycle, with or without any influence from the effects of AGW.*
>
> *The AGW theory is based on data that is drawn from a ridiculously narrow span of time and it demonstrates a wanton disregard for the 'big picture' of long-term climate change. The data from paleoclimatology, including ice cores, sea sediments, geology, paleobotany and zoology, indicate that we are on the verge of entering another Ice Age, and the data also shows that severe and lasting climate change can occur within only a few years. While concern over the dubious threat of Anthropogenic Global Warming continues to distract the attention of people throughout the world, the very real threat of the approaching and inevitable Ice Age, which will render large parts of the Northern Hemisphere uninhabitable, is being foolishly ignored.*

One aspect of the New World Order Conspiracy theories that arouse so much debate and disbelief is the idea that the power elite plan to commit genocide to reach their stated goal, as carved into the Georgia Guidestones, is to "Maintain humanity under 500,000,000 in perpetual balance with nature."

Given the current population is estimated to be approaching 7 billion, many conspiracy theorists have guessed that the power elite are planning a genocidal culling to reduce humanity to those "maintenance numbers."

Perhaps, the real conspiracy is that these people know we are due for catastrophic climate change and the wars they will effect, and they have been preparing to survive the changes while most of us die out.

Anyhow...do I really believe this theory?

I'm not sure, but it sounds entirely plausible, given that the Earths history is full of catastrophic events. Just because we haven't had a global catastrophe in the annals of recorded human history doesn't mean it can't happen. Afterall, the existence of man is but a blink of an eye in terms of geological time. The planet is full of historical records of these things occurring in cyclical regularity in the past...what makes us think the cycle has stopped?

The Primary Trait of the AMC: Fearful Dishonesty

Keoni Galt · 31 January 2011 · Archived copy · Original

[image]

Of all the articles I've written for the Spearhead, my personal favorite is Avoiding the Fate of the AMC. For those who've not read that article, AMC stands for Average Married Chump.

This is because just about everything contained in that article is based on my own experiences and escape from that sackless state of pathetic beta-tude. I was the Average Married Chump, and I nearly became the divorced and broken chump because of it.

Of course, when I sit back and take stock of my life and the path I have followed, I see some things in a much different perspective than how I did when I was an AMC.

The biggest transformation I've endeavored to undertake is to live my life according to this Hawaiian concept called *Pono.* Roughly translated, it means righteous. It's become my favorite question I pose to myself when I'm confronted with a situation that requires a choice I have to make with regards to how I react or respond in my interactions with not just my wife, but with all people. What is the path of *pono*?

I've come to realize the key to this philosophy is total honesty...honesty tempered with discretion of course. As I wrote back in the AMC article for the Spearhead, while quoting Roissy:

> * Do NOT be afraid of her emotional state. She is a woman, and emotional instability is simply how she is designed. As Roissy stated so eloquently in his The 16 Commandments of Poon:
>
> > *You are an oak tree. You will not be manipulated by crying, yelling, lying, head games, sexual withdrawal, jealousy ploys, pity plays, shit tests, hot/cold/hot/cold, disappearing acts, or guilt trips. She will rain and thunder all around you and you will shelter her until her storm passes. She will not drag you into her chaos or uproot you.* ***When you have mastery over yourself****, you will have mastery over her.*

Striving to live an honest existence is one of the keys to self-mastery.

When I was an AMC, I was a liar. A dishonest weasel. I lied all the time. Most all of it was so-called "white lies." And it wasn't just in relation to my wife, but with my peer group, my work-place colleagues and school classmates...everyone.

This was because I lived my life afraid to upset other people. I tried to always find what I mistakenly thought of as the path of least resistance. To use dishonesty to avoid conflict. For instance, if I were invited to participate in something I did not care to, I would scramble for a convenient excuse -- A LIE -- instead of being honest and straightforward and saying, "no thanks, I'm not interested in doing that."

The real problem with that is when you spin webs of deceit, you eventually get tangled up and caught. It is

inevitable if your whole social life is based on trying to avoid upsetting people by lying to them. And from the perspective of the woman you are having a relationship with, it is the ultimate respect-killer.

This is the path of beta-ization. You want to be an alpha? Than learn how to live your life with absolute, unapologetic honesty. As I wrote earlier though, being honest doesn't mean you have to tell everyone everything. Circumspect discretion is the easiest means of maintaining a code of living honestly.

One of the reasons why I'm writing this post, is because of an experience I had this past weekend caused me to ruminate extensively on this topic. A long time friend of mine is getting married, and Saturday night was his bachelor party. Several of my married friends attended the event. While we were socializing, I asked one of my friends (who I know is definitely an AMC) if his wife knew that he was at this bachelor party. Since he lives in fear of his wife's emotional state, and she obviously wears the pants in his household, I already knew the answer, but I pursued the line of questioning to try and help him see the error of his ways. He had lied and told her that he was going to a family members house. He was afraid that she would be upset that he was attending a bachelor party with strippers entertaining. I told him he should have been honest with her and came to the bachelor party even if she expressed disapproval and was upset. He looked at me with sheer disbelief and asked if my wife knew where I was.

I laughed and told him my wife knows exactly where I'm at and what I'm doing. He couldn't comprehend having a relationship like that. It's called unapologetic honesty. And my friend? He got away with his lie...until pictures from the party got posted on Facebook and his wife saw him. He's now in the doghouse and going through the hellish torment of being an AMC. The root of his troubles was believing that being dishonest would make things easier for his relationship. By operating out of the fear that his wife would be upset that he wanted to go to our friend's bachelor party, he ended up upsetting her far worse than if he had simply told her the truth and attended the party over her objections. I think he's currently sleeping on the couch.

Take the old axiom to heart - honesty IS the best policy. If you can't be honest about something, than you probably shouldn't be doing it in the first place.

True Self-Esteem

Keoni Galt · 1 February 2011 · Archived copy · Original

Many folks in the Manosphere talk about "fake it until you make it" with regards to building up confidence and approaching women. The point of this advice is to try and generate a positive feedback loop for which the struggling male discovers that women are attracted to confidence and resolve in a man, and while he may be faking it at first, the success he experiences while faking that confidence and bravado should boost his REAL confidence so that eventually he is no longer faking it.

That is because the true path to self-esteem for males is to struggle with adversity and overcome it through persistence and perseverance. It is the realization that you've triumphed through the force of your will. The experience gained from this process is what real self-seteem is founded on. This truth is one of the principles that is deliberately distorted by mass media culture - that self-esteem is the result of shielding children from negative experiences, protecting them from harsh criticism and avoiding any possibility of failure. We don't want to hurt their feelings...because hurt feelings is evidence of a low self-esteem. This philosophy that seems to be at the heart of our culture's principle in raising the next generation. It is one of the reasons why we are a declining civilization.

This false definition of self-esteem is at it's core, a dishonest philosophy...and an enfeebling one at that. This is one of the reasons why we have what is now commonly referred to as an "extended adolescence." Shielded from the consequences of failure, one never learns from that failure, so they never improve.

True self esteem is an honest existence. It's the realization that you can and did overcome adversity and struggle to accomplish something. I take pride in attaining my black belt in martial arts, although I am very circumspect and humble about it, I never talk about it or use it as a means of describing myself to people who do not know me. (It is only in the anonymity of the internet would I write something like this.) That is because I went through years and years of extensive, grinding and sometimes very painful training to achieve that rank. I've been knocked out cold, and I've knocked out others. I've had broken bones and an endless amount of bruises. The self esteem I built up from that is founded on honesty. I know what I went through to achieve that rank.

I've met guys who got their black belts from a "McDojo." They spent hundreds of dollars and a short period of time to be "awarded" the rank. It is a mark of false self-esteem. It is the seeking of status that is not really earned. When you see a McDojo black belt recipient "move" they don't move like a person who has gone through the extensive training required to attain that rank in an honest dojo. Any true black belt can recognize immediately whether or not a person has a real black belt versus a McDojo rank. Fraudulent self-esteem is easily recognized by those who attained it authentically.

Self esteem comes from truly learning about yourself through testing yourself and pushing your personal limitations as much as you can. This process of building up a real self-esteem is the basis for the type of advice given by Shark over at Solve my Girl Problems, when he advises men to "kick it up a notch":

> *I don't care what you do for a living, what fetishes you have, what dreams you dream, or what hobbies you uptake to pass time.*
>
> *If you are a professional male dancer trying to make your way to the Russian Royal Ballet, kick it up a notch.*
>
> *If you spend your day playing Call of Duty and yearn to get a contract with MLG, kick it up a notch.*

> *If you work at retail and have aspirations to become manager, kick it up a notch.*
>
> *If you compete in Origami tournaments and spend your day making paper airplanes, kick it up a notch.*
>
> *If you want a torn physique, kick it up a notch*
>
> *If you're on your high school basketball team and want to make it to the NBA, kick it up a notch.*
>
> *If you're a pre-med student in college who dreams of becoming a successful doctor one day, kick it up a notch.*
>
> *If you have a 9-5 desk job but have been thinking for a long time about starting your own business, kick it up a notch.*
>
> *If you smoke weed all day and aspire to achieve a level of euphoria few organisms have ever achieved, kick it up a notch*
>
> *Move mountains, shake the earth, point your toes.*

You want self-esteem? Find some goal that involves some sort of struggle. Apply yourself with persistence. When you experience difficulties or set backs, don't quit...

...kick it up a notch.

POST SCRIPT - Commenter Greg asked a question in the last thread regarding honesty and the "fake it til you make it" advice.

Greg: *I have been struggling with this issue for some time now. On the one hand, I find I am most confident, centered, and strong, when I am unapologetic about myself, do not fake myself, and am honest about my intentions, desires, and actions.*

On the other hand, doesn't game say specifically that you have to "fake it till u make it"? Isn't that dishonest? Doesn't roissy repeatedly say you should not "be yourself" but fake yourself in ways he says will earn "respect" from women?

Isn't this a contradiction or a paradox? This seems to be a central paradox of game - that in order to win respect you need to be yourself, but game tells u that to win respect you have to act in specific ways that may not reflect your true beliefs/desires/intentions and thus be dishonest.

Is it dishonest to fake confidence and self-assurance? I don't think so. For many, many men, approaching and talking to beautiful women is very intimidating. The fear of rejection can be so palpable, it overrides your normal state of confidence and causes you to be crippled with self-awareness.

"Faking" the confidence, and seeing how women respond to it, is exactly what is needed to begin building up real confidence. It's all about starting a positive feedback loop. Remember that probably 80% of Game deals with getting men to actually build up the courage to approach women in the first place. If the man doesn't approach, there is no game to play. The biggest obstacle to men approaching women is the man's own self-doubt and fears of rejection holding back. Acting like you don't have those fears and self-doubts is probably the only way to eventually overcoming them.

You may feel dishonest by faking confidence you don't really have...but it's not the same as using lies to avoid uncomfortable situations.

When You Take the Red Pill, You See Things Oh So Clearly

Keoni Galt · 4 February 2011 · Archived copy · Original

I DVR a few tv shows I like to watch, and get around to it at my leisure. So yesterday I ended up watching last weeks American Idol episodes. So far, I've been pleasantly surprised with the two new judges and the chemistry they have with Randy Jackson...while no one can ever replace Simon Cowell, I've always been an Aerosmith fan and Steven Tyler has been fun. Jennifer Lopez has always been pleasant eye candy to behold and I'm enjoying no longer having to endure the patronizing and drugged out Paula Abdul, the "by the way, did you hear I'm a lesbian" Ellen Degeneres or mouthy "empowered" Kara Deogardia.

When idol announced the departure of Simon Cowell, I thought that was it for me, I would no longer watch the show. Kudos to the producers, the new panel seems to look like it's gonna work out.

Anyways, back to my point - last week, one of the auditions included a dual audition between two ex-lovers, a guy and a girl, who despite being broken up, still perform a music act together as a duet.

Here's the audition of Chelsee Oaks and Rob Bolin...it's almost painful to watch, and you feel for Rob Bolin. He's got a wicked case of blue pill oneitis, and Chelsee offers us a glimpse into her furiously sprinting rationalization hamster...

"We have something together...but, we tried, and we tried and it just didn't work out."

Translation: "We have AMAZING chemistry singing together. I LOVE what we have...musically. But he's SO beta, and he's got me on such a high pedestal, he's absolutely killed ALL 'gina tingles I first had for him. As a singer and musical partner, I love him...but I cannot STAND his supplicating beta-tude!"

And of course...the boyfriend waiting for her outside? The way he looks at Rob Bolin, you can almost hear his thoughts: "you're such a chump!"

Perhaps someone will point this poor, lovestruck sap to the Chateau. He needs the red pill...bad.

Hooking Up With the Dark Lord

Keoni Galt · 5 February 2011 · Archived copy · Original

Roissy seems to provide endless fodder for blogosphere discussions. I just spent an inordinate amount of time writing a response to this thread over at Hooking Up Smart, after reading the comments in which a slew of female commenters weighed in with their opinions on Roissy and his blog. At first I was just going to comment, but than realized the length of it was as long as a typical post here...so if I'm gonna put that kind of effort into writing something, may as well post it here as well.

- Heh...seems like Susan's blog swallowed my comment. Glad I copied & pasted it here before I hit the submit button over there.

Very interesting thread. The differences in male and female perspectives on Roissy and his insights is amusing and makes for compelling reading.

But two particular comments made me decide to log on and put in my own $.02 on this discussion:

> *That's BS. Men get bored of the sweet, feminine, hot girls with minimal drama or say "this is going to fast for me" or they say "I know myself. I don't want to hurt you. We are not meant for each other." Then you see them chasing dominant, strong bitches, who emotionally torture them and then screw them over something."*

When men dump women, your typical, self-absorbed and narcissistic woman will engage her rationalization hamster to explain to herself why he left without having to face the truth of her own role in ending the relationship. While she may think to herself that she was a "sweet, feminine, hot girl with minimal drama," the man's perspective most certainly disagrees on at least one, some or all of those assessments. That's why he left.

You also fail to understand that the weighting of importance between these traits. For most men, the hot girl part is the most important trait (the biological hard wiring to try and mate with the genetically superior specimens). If you really are a sweet, feminine, minimal-drama woman, and he left you for a bitchy, demanding, high maintenance woman, it's a safe bet that your "hot girl" rating is lower than the bitch's hot girl rating, *from his point of view.*

He didn't leave you to chase the bitch because she's "more exciting and challenging." It's because she's hotter than you and he's willing to pay the price in dealing with that negative drama to access what he perceives as her higher sex appeal.

He wasn't bored by your sweet, feminine, low-maintenance charm. He was most likely bored with your sex appeal.

But I will concede that you are not entirely wrong. There most certainly are men who, as one of you ladies put it:

> *"...addicted to the highs and lows of constant relationship drama as the women. If things are too calm, too nice,*

> *too stable, they crave more and will create instability if they have to."*

Not all men are like that.

But do you know where the kind of men who are like that come from?

They come from the homes of their never-married or divorced mothers that bring an endless amount of drama into their son's lives.
These are the men who grew up in a home where they watched their mothers bring home an assortment of violent and abusive men to give her the drama she needs.
These are the men who were used as weapons when they were boys in custody battles by their vindictive divorcee mothers.

These are the men who never learn to control their emotions and temper. They had no masculine role models to learn from on how to channel their natural male aggression into productive outlets. They learned to let their emotions be the primary influence on their behavior.

These are the men who were alienated from their Fathers. They are the male manifestations of their primary role models in life...their single mothers. See Myth of the Ghetto Alpha Male.

Pointing to such damaged men as proof that the female psyche's need for drama is invalid or that "doesn't apply to me," is missing the forest for the trees.
Women need social drama, which is why all women gossip. Gossip in and of itself is not good or bad. "Good" women gossip too, they just do not gossip with malicious intent.

The discussion of Roissy on this thread regarding his personal life, and speculations on how truthful he is about his success with women and his ability or inability to have a meaningful, "REAL" LTR, and the entire farcical episode with "lady" Raine "outing him" is just another manifestation of this female need for gossip and social drama. It is irrelevant in terms of why Roissy and his blog are still relevant and influential to men all over the world.

You ladies think that understanding the personal details of his life gives you insight into whether any particular advice or observation he writes about is invalid or not. This is why most of you fail to comprehend the "big picture" with regards to why his blog has struck such a chord with so many men.

Men who "get it", on the other hand, read what he writes, and can immediately recognize the underlying truths of his hyperbole because they recognize those truths and how they apply to their own life experiences with women.
We men don't have the rationalization hamster obscuring our critical self analysis.
Hindsight is not always 20/20. You can't learn from your mistakes if you don't understand why you made them.

When Roissy writes something with regards to the darker aspects of the female id, men experience that "AHA!" moment of clarity and suddenly understand why things happened to them in their own past experiences with women.

Pick any thread in the Chateau's archives dealing with the topic of women, and you can find numerous testimonials of men who gained insight into their own past relationship successes and failures because of a particular point or view expressed by Roissy. His insights explained things to them that they formerly failed to comprehend.

This is why you have plenty of men who have a much different outlook on morality, still giving Roissy his just due

and blogroll linkage despite religious and/or moral objections to the PUA lifestyle Roissy espouses.
Men like Vox Day, the Social Pathologist, Dalrock, Ulysses, Eumaios, Athol,.Mormon Man ..none of whom are Players participating in the great gangbang of our current liberalized, secular, feminist-driven culture...men who are self-described dedicated,faithful Fathers and husbands. Nevertheless, each in their own way "get" the point of Roissy and the truths he espouses and how it applies in some way to their own relationships with their wives and their own awareness of their own masculinity and the role it plays in their relationships.

The reason why 99% of the women who read Roissy just don't get it, is because most of you ladies read his observations of the darker aspects of the female id and you immediately kick the hamster into gear to justify how his observations don't apply to yourself.

You can't help it.

As a woman, you are hardwired to believe you are a special, unique snowflake. This is why we men who understand the big picture, are amused whenever a woman weighs in with her own variation of NAWALT.

The only difference between a woman that seeks out relationships with abusive men and those that don't, is how she's channeled her darker aspects of the female sexual id into either positive or negative outlets. If you are a woman who is not in an abusive relationship, you've found a man who feeds your base, visceral desires in a positive manner. This is why you mistakenly believe that NAWALT, especially your own unique, special self.

For instance, Susan seems to be most offended by Roissy's observation that the threat of masculine physical violence is a sexual turn-on for women. You completely missed the disclaimer he wrote along with that post saying that for many women, you do not have to physically assault her, but *imply that it is possible*, and that presence of controlled, masculine aggression will inspire attraction in her.

Whether women admit this to themselves or not doesn't make it untrue.

This attraction to masculine aggression is the main driver of passionate make up sex. There is no hot and heavy makeup sex if the conflict was resolved by the man profusely apologizing and begging and pleading with her for forgiveness while she's raging in anger. That just turns her anger into bitter contempt and disgust.
It is only when her anger is either matched and overpowered by his own angry response -- or he maintains a stoic, calm and detached indifference to her emotional outburst -- that makes her attraction kicks into high gear...even if she feels justified in her anger. On the instinctual level, whether she is logically right or wrong in her argument, at some level it is still a shit test.

His demonstration of having a spine in the face of her emotional aggression, satisfies her primal desire to mate with a man who would stand up for her and their offspring in the face of external sources of aggression. Women are attracted to the male capacity for violence and aggression. Just because you may not be attracted to, and in a relationship with, an abusive thug that beats you, doesn't mean there is an aspect of your sexual nature that is not attracted to male aggression. You're just attracted to the kind of man that learned how to channel it into a positive outlet. That doesn't mean your a different kind of women. That just means you were, most likely raised in an healthy, "normal" environment where you learned to be attracted to the qualities that made your mom attracted to your dad.

While it's true that this comment is attempting to make the point that "not all men are like that," while "all women are like that," that just highlights the fact that gender differences are real.

Women need drama and they are attracted to men who have masculine aggression.

Men need hot women, preferably women who channel that need for drama into positive outlets...but if she's hot enough, we'll tolerate the negative drama up to a certain point before we decide it's no longer worth the trade off.

Feedlot USA

Keoni Galt · 11 February 2011 · Archived copy · Original

[image]
Look at this photo. These cows are eating corn and soy. Look at the food labels from the products you buy in the grocery store. Do you like your feed?

"None are more hopelessly enslaved than those who falsely believe they are free" - J.W. Goethe

I was at the feed store the other day buying chicken feed (non-soy based feed, of course).
While I was waiting for the store clerk to see if a certain kind of feed was in their warehouse, I was standing around and looking at all of the other products they had on display for animal husbandry.

[image]
My eyes fell upon a castrator up on the wall. What do farmers, ranchers and herders use a castrator for? To emasculate the males so as to regulate the breeding of your animals, and to make the males less aggressive and easier to control.

This is especially important when you put a large amount of animals into a feedlot to fatten them up for slaughter. Emasculated males don't fight over access to females. They simply eat and get fat, increasing their profitability for their owners when it's time for harvest.

That's when I realized that our current society is nothing more than the ordinary citizenry being treated as animals confined to a feedlot system to fatten us up for slaughter...all for the lucrative profit of our owners.

Instead of a physical pen keeping the sheeple herded into close proximity with each other so our owners can give us specific feed to fatten us up...

...instead of physically emasculating the men with a castrator to control their behavior...

...our feedlot owners have erected the barriers to this virtual feedlot within our minds.

The feedlot we inhabit is a mental construct. The barriers were erected by our institutionalized education system and our mass media driven culture. The largest section of fencing is "conventional wisdom." That is the strongest means of keeping the herd in strictly controlled confinement.

It keeps the herd eating their fattening, health-destroying feed. It keeps us from naturally procreating offspring in the normal numbers we would if we lived in a natural state in the wild. It keeps us from forming self-contained and self-sufficient units called "families." It's much easier to control one giant, homogeneous herd than it is to control a large amount of loosely affiliated family units.

They are fattening us up to profit off of the problems and dysfunctions that their feed and health programs for the herd invariably cause for each individual.

They want us to eat like grazing ruminants, contrary to nature of the predator species that we really are.

They use societal programming like feminism and all of the legal ideas, legislation and enforcement regimes that it entails to castrate manifestations of male virility in society.

To control the herds population growth, you castrate the males.

To control the herds behavior, you control the female behavior and the castrated males will follow suit.

Yes, we are all sheeple, confined in this feedlot we call "Civilization."

The one thing you must learn though, is that being stuck in this feedlot is your own choice. You can ignore the barricades they've erected to confine us. You can step out of it's confines and live life in it's natural state...uncontrolled, un-herded, and free of castration.

But you need to be able to recognize the barricades for what they are, in order to escape it.

The Moral Sex Responsible for Taming Men

Keoni Galt · 15 February 2011 · Archived copy · Original

[image]

A female commenter going by the moniker paigeu, left an interesting comment on the Hooking up with the Dark Lord post.

> *I can see the truth in it all but it is very embarrassing. I grew up with the idea that women were the moral sex and were responsible for taming men.*

The average manosphere blogger or commenter would guffaw at such a statement and immediately relegate it to just another manifestation of the solipsistic superiority complex of the typical modern,Western female.

Worse still, it is the attitude instilled by the modern White Knights of Churchianity. This is the precise attitude that shaped the unhappy home I grew up in, and drove me from the church's regular membership.

But on further consideration...there is truth to be found in this statement.

As women are the gate keepers to sex, they ARE the "moral sex." The morality that women ascribe to their sexual behavior is responsible for the state of morality in society and the general culture at large.

In other words, there cannot be a few alpha players banging multitudes of women, if there are no large number of sluts willing to sleep with men they just met. There cannot be a rash of husbands abandoning their wives for younger women, if there are no younger women willing to be home-wreckers.

The only way men can be "tamed" by the "moral sex," is when the female sex adheres to a code of morality that promotes the building of civilization...Patriarchy.

This is essentially what you see manifest in cultures for which the morality of matriarchal promiscuity is it's centerpiece: untamed males, running wild, contributing to the decline of civilization.

But when women channel their sex into the system of Patriarchy, requiring them to submit to chaste monogamy and embrace their femininity to be complementary partners to their husbands, the male is "tamed." She doesn't truly tame her through force - since a man who can be cowed into submission by a woman's sheer will of force is most likely tame to begin with - she inspires him to tame himself.

My ruminations on paigeu's comment brought one of my favorite movies to mind, Clint Eastwood's The Unforgiven.

The background story of his character, William Munny, demonstrates this principle. A former scoundrel bad boy thug who was inspired to change his carousing, wild ways into becoming a family man.

Men are not "tamed" by chaste, virtuous women because the woman demands it. Not because she forces him against his will either. No, she tames her man by *inspiring* him. By giving him a happy home graced by her femininity, he is content to forgo the hedonistic pursuits of the untamed culture of rampant female promiscuity.

Eastwood's character stopped drinking, gambling, gun-fighting and carousing in saloons to become a farmer and a family man.

Even after his wife died and he decided to try and gain the whore's bounty to get some desperately needed money, it took him a long, long time to awaken the beast within, the one that he had tamed for such a long time. Throughout most of the movie, it is comical to see him try and regain his former "bad guy" ways.

It takes the sheriff displaying his best friend's body in an open casket for the entire town to see that William Munny finally unleashes that long-tamed beast within, and in the film's climax, he walks coolly into the sheriff's office full of armed men, outnumbering him 10 to 1, and guns them all down in a cold blooded, unflinching manner. The untamed beast wiped out the entire organization of law and order in that town in under 10 seconds.

This is exactly what is happening in our current society that celebrates and advocates female promiscuity. This is why we have overflowing prisons of young men, most of whom come from single mother households.

Our current system is designed to empower women by dis-empowering men. To promote their competitive role with males, and to remove any personal consequences for female promiscuity.

When the majority of a society's women embrace this, the men have no reason, motivation or desire to even try and tame the beast.

Is Your Home a Haven or a Hellhole?

Keoni Galt · 18 February 2011 · Archived copy · Original

The blogger at Mormon Men has announced that he recently filed for divorce.

Having extended family members who are Mormon, I understand that this is a somewhat heavy decision not taken lightly, since one of the primary tenets of the Mormon church is people who are married, are married for eternity, in this world and in the next.

Given the quality of his blogging and his harsh introspection of himself and his own role in his marriage that brought him to this point, I'm quite certain he has come to realize he had no other choice.

Once you take the red pill, there is no going back to the blue pill.

One realization he came to in explaining his reaction to his decision really resonated with me:

> *The most persistent feeling I get however is a sense of relief: relief at having not brought children into this, relief at not having to be a punching bag any longer, relief at being able to come home to my dog and have my house be a haven instead of the place I have to be the most on my guard.*

One point I frequently reiterated in my past posts regarding relationship dynamics, and the plight of the Average Married Chump, is for men to ask yourselves if a behavior you are engaging in is the behavior of a man interacting with his lover....or a little boy answering to his angry mother.

If it's the latter, than chances are you are living the uncomfortable and hellish existence of the AMC. As I wrote in The Primary Trait of the AMC: Fearful Dishonesty:

> *Take the old axiom to heart - honesty IS the best policy. If you can't be honest about something, than you probably shouldn't be doing it in the first place.*

Are you afraid to come home and deal honestly with your wife?

Are you fearful of what you think will be her anger and disapproval if you tell what you're doing, feeling or thinking?

If this is how you feel, you are not living in a real home.

Remember the old saying, "Home is Where the Heart is?" That only applies if you relish being in your home in the first place. And that 'aint gonna happen if you live every waking moment in your home, fearful of upsetting your wife. Lying to her to try and avoid upsetting her only makes it worse, because even if you don't consciously realize it, you will hate yourself for living a lie.

Home is supposed to be your sanctuary. Your place to rest, relax, and recharge, so that you can get ready to go out and face the world another day...knowing you can come home and let your guard down and just enjoy the company

of your family upon your return.

How can you do that when you're afraid of doing or saying something, and than having to deal with an upset tyrant of a spouse?

That is because you are not supposed to be under the dominion of her emotional state in the first place.

This is precisely why so many men work all that overtime when they really don't have to. Or why they always go to bars or clubs or buddy's houses to drink and try and forget the conflict, anger and disapproval they know they are in for when they walk through the door of their home.

I know, because I've lived it.

Things are much different for me now. I look forward to coming home every single day. I look forward to talking with my wife, seeing her smile, hearing her laughter, eating her cooking. There are times where we are invited to attend events and occasions, and I prefer staying home. Home is what you make of it, and the woman you choose to put at the heart of it.

Here's to Mormon Man finding his haven.

Is the Misandry Bubble Getting Ready to Pop?

Keoni Galt · 24 February 2011 · Archived copy · Original

The Fifth Horseman's predicted that eventually The Misandry Bubble is going to pop by 2020.

Perhaps the groundswell of outrage showing up in the comment section of Kay Hymowitz's WSJ shaming screed is an indication that this bubble is going to pop much sooner than 9 years from now...

As Ferdinand Bardamu noted:

> *The silver lining in Hymowitz's noxious screed is that virtually the entire commentariat is united against her. There are hundred of comments on her article and I can't read them all, but from what I've seen the ratio of haters to supporters is at least nine to one...*

Dude...that was 2 days ago. There are now 1327 and counting responses, and it still looks like it's about the 9-1 ratio of commenters castigating Hymowitz for her misandry and constant anecdotes regarding the injustices of our society towards men.

As Ferdinand noted:

> *This is momentous. As recently as a couple of years ago, an article like this would have gone unnoticed by men, part of the white noise of misandry blasted into our ears all the time. Now, whenever women like Hymowitz rear their ugly faces to condescend and blame us for the country's ills, there's a horde of angry men to descend upon them and drop truth bombs until they cry. A sea change is occurring, with the ideas of the manosphere leaking out into the public at large. It's men – on strike!*

From my point of view, this looks to me like a true, grass roots movement of AWARENESS.

Remember Joseph Goebbels, the Third Reich's Minister of Public Enlightenment and Propaganda's most famous quote:

> *"If you tell a lie big enough and keep repeating it, people will eventually come to believe it. The lie can be maintained only for such time as the State can shield the people from the political, economic and/or military consequences of the lie. It thus becomes vitally important for the State to use all of its powers to repress dissent, for the truth is the mortal enemy of the lie, and thus by extension, the truth is the greatest enemy of the State."*

Indeed, the TRUTH about the extent of misandry-based injustice and what it is doing to our society as a whole, is the greatest enemy of the current Matriarchal state...and it seems like there is a groundswell of people are beginning to recognize it.

Perhaps all this MRA/MRM blogging over the last half decade really IS having an effect.

When I first began blogging in 2007, I remember one of my first posts that got my first, substantial positive response (Back than 9 comments was 'substantial' at this blog...lol): MRA In Your Personal Life.

> *I am of the opinion that being an MRA carries a responsibility to it that requires far more than logging on to the internet and raging on your blog about the unfairness, inequality and stupidity of feminists and their useful idiot manginas. Don't get me wrong, the proliferation of MRA blogs is vital in raising awareness, because it seems to be the only venue at this time in which MRA ideas can be discussed and disseminated to a wide audience, as almost all other mediums of communication have been corrupted by feminist group think and PC conventions. I myself lived a life of ignorance and just kind of went along with the general theme of feminism's ubiquity in the mainstream Western consciousness until I discovered MRA blogs.*

That was in 2007...and now that seems like such a long time ago. These ideas, these TRUTHS are now hitting the mainstream. Just 4 years ago, the manosphere was just a tiny lunatic fringe on the interwebs...it is now percolating into the mainstream en mass.

Looking back on my thinking back then, I think I severely underestimated the effect of manosphere blogging on the popular culture at large:

> *But the most important thing to remember is this: no matter how hopeless it seems, we MRA have the ultimate weapon on our sides in combating the rising tide of feminist thought...the truth.*
>
> *Truth is our ultimate weapon, and we need to wield it wherever and whenever it is prudent to do so. This means we need to speak up when we can to help raise awareness of the ignorant and to counter feminist myths that are repeated as facts, and to identify and counter the folly of misandry whenever we encounter it in the real world. This, I believe, is far more important than blogging.*

Perhaps blogging is really all it took to raise awareness to the current level we are seeing. I've recalled many a person blogging and commenting that the entire manosphere blog world was mindless venting and in the end will never amount to a hill of beans.

It is now patently obvious that those criticisms are utterly mistaken.

MRA blogging HAS raised awareness...and the awareness of the TRUTH is hitting a critical mass much quicker than I think even the most optimistic of Masculinist bloggers thought possible just a few short years ago.

It almost seems...

...revolutionary!

Thou Shalt Not Have Any Gods Before Me

Keoni Galt · 24 February 2011 · Archived copy · Original

The recent little fracas I started between *The Thinking Housewife* and *The Spearhead* produced some excellent discussions and commentary...not just "evil attacks" as she and her White Knights of Churchianity characterized the debate as.

One of Laura Wood's White Knights (he himself proudly called himself that, I'm not using it as a sarcastic jibe here,) than wrote several blog posts with his own perspective on our little disagreement when he responded to Laura's hysterical cry of persecution in the face of "attacks." It's obvious to see that some of the more reasoned, logical arguments some men bothered to comment on at his blog got him to at least consider changing his mind about *The Spearhead* and the men's right's movement in general, as he went from ridiculing men's rights issues and game, to a more sober, serious rumination: Is the MRM wrong but useful? How then can we fight feminism?

But the reason I post on this topic is not because I wish to continue the debate between the "traditionalists" and the "manosphere," (Laura never did respond to my response, claiming that no further discussion is necessary since I refused to moderate the more extreme comments at the Spearhead...despite the fact that I do not moderator powers there,) but rather to highlight a brilliant comment by one "Kel," which was really more of a testimony of a traditional Catholic who immediately recognized the truth of "GAME" and how it changed his whole viewpoint on his religious beliefs:

> *As a traditional Catholic, I think there is extreme wisdom in "Game." I was, and am, a traditional Catholic. But when I read Roissy and learned about game, it's as if many delusions of women were swept away in one fell stroke. I realized how blinded I was to the existing culture, and how manifestly corrupt things have become, because I was pedastalizing women. In reality, Christianity teaches that no one should be pedastalized, that all are sinners. But in practice, especially today, the stink of Satan exists even in the Church and this stink has at its source the pedastalization of femininity.*
>
> *Patriarchal traditionalists claim that proponents of Game are engaged in an objective evil because Game treats as its baseline assumption the idea that a woman is at her core a biological organism that primarily responds to her biological influences instead of rational/moral influences, which is dehumanizing, objectifying and therefore evil. Women listen to their "tingle" instead of morality or reason, and the science of Game is to understand that fundamental female motivation.*
>
> *To this objection, I think that the patriarchal traditionalists are overreacting. Saying that a hungry man will eventually grab for food is not objectifying him by reducing him to fundamentals of gastro-intestinal chemistry. Likewise, it is not objectification to understand that a woman who wants exciting sex will therefore grab for exciting sex. Biological functions are a reality to be dealt with. If society made gluttony a fetish (and in some way, it has) and proclaimed that eating to obesity is the right and should be the desire of all women, and that 400 pound women were living life to the fullest and the subject of movies like "Eat, Pray, Eat Some More", understanding the dynamics between that public call to gluttony and everyone's basic need to eat would be very useful for a person looking to find a thin partner. Likewise, understanding society's pervasive promotion of hypergamy, and how it turns a natural sexual desire into a fetish of misandry, is useful for a person either looking to avoid it or deal with it in his own way. That is what Game is about. It deals with the intersection of basic, fundamental biological urges and the cultural reality we are in today.*

> *Furthermore, patriarchal traditionalists objectify women anyway. They treat all of them as objects. Glass objects, to be revered and fawned over, but objects nonetheless. They have made femininity into its own God, violating a fundamental commandment that they claim to uphold. Yes, to the outside observer, when the traditionalist patriarch places women on a pedestal, he is making femininity into a New God to be worshiped in violation of the First Commandment. The actual teaching of Christianity is not so blind, which proclaims that all people (including women) are sinners and that the flesh is weak in all of us (including, and sometimes especially, women). Patriarchial traditionalists, with their pedestalization of femininity, have violated their own core beliefs and mock the tenets of their own faith. And God will not be mocked.*
>
> *I'm a practicing Catholic but I think that so-called "patriarchal traditionalists" are fundamentally blind to a big part of reality. In reality, Christianity is not going to improve things here. It has always failed to conserve its political strength, and it will continue to fail, because Christianity is not about practical politics. "My Kingdom is not of this Earth," He said. And Jesus was right. His Kingdom IS not of this earth, and the world hated him and will continue to hate him. You want to be Christian, you're going to have to bear a cross. And so Patriarchal traditionalists are chasing a dream if they think that their strong faith will produce practical results. It will not. Jesus has all but said it will not. There is NO prosperity gospel. Being a believer won't earn you riches nor will it make society more fair towards men. If anything, it WILL get you thrown to the lions. And while a pagan society that fed Christians to the lions eventually converted to Christianity, it took nearly 300 years and the blood of countless martyrs. And unfortunately, we can't wait another 300 years between the time Christians are fed to the lions and the State officially blessing Christianity. Men have problems now and can't wait for the blood of martyrs to fertilize the ground.*

Amen, Kel.

The Conspiracy Without the Theories

Keoni Galt · 25 February 2011 · Archived copy · Original

[image]
LOLZLOZLOZLZOL!!

Don't count on your major media corporate news networks and their newspapers, magazines, websites and TV shows (both mainstream and alternative); nor your publicly funded, government-approved broadcasts on regulated frequencies for TV or the radio, to give you the truth.

They all either broadcast total fabrications or, worse yet, half-truths to make the lies seem more credible...and they ALWAYS misdirect the attention of the masses. This is how they keep we the sheeple plugged into the matrix and overdosing on blue pills from understanding what we are seeing them do before our very eyes.

But don't worry -- one need not concern themselves with the Illuminati - the Council on Foreign Relations - the Bilderbergers - the Tri-Lateral Commission - the Jewish Bankers implementing the Protocols of the Elders of Zion, or even about recognizing the Brave New World Order Matrix of feminist-socialist fascism gradually taking over all cultures and countries of the world. You only need to recognize that all of these things are theories.

Theories that seek to explain the motives of the rich and powerful oligarchy who don't even bother to hide their actions from public purview any longer. It is the way in which we who are their serfs, debt-slaves and chattel try to comprehend the logic and reasoning behind their socio-pathic psychosis.

They are plainly and openly sheering the wealth, freedom, labor and very lives from this herd of sheeple we call humanity, as they laugh at the inability of most of the sheeple to even recognize what is being done to them.

So effective, so devious, so enticing is the illusion they weave with their mass media and government sponsored, institutionalized indoctrination, they know they've got the masses domesticated, pacified and ripe for harvest.

What does it really matter trying to understand why they do it?

Whether they are Jews trying to institute a centuries old plan for world domination, or they are 33rd degree-freemason satanists doesn't really change the easily observed actions of those who are the highest levels of power in this world...

...you need no other explanation than the good old sins of coveting the accumulation of power and wealth. That theory is good enough to explain this "Conspiracy."

Know why the Arab world is in revolutionary mode right now? It really has nothing to do with the reasons your sexy FOXNews Neo-con feminist parading her legs and tits in skimpy "business attire" tells you.

Nor the reasons an effete, measured and reasonable-sounding, emasculated voice of a Mangina SWPL Journalism Grad-school drop-out reads into an NPR microphone.

Nor the corporate sponsored patriotism of right-wing, Neo-Con bombast flooding the AM airwaves.

Nor any other media outlet financed by either corporations or the Government.

They are all playing their own role in sowing confusion and making everyone focus on "the left" and "the right."

One gigantic, sophisticated game of pin the tail on the donkey...no, on the elephant....no, on the donkey...the elephant...donkey...elephant...donkey...

It's much simpler to point out the real culprits, because they do what they do, and they are quite open about it.

Bankers. Wall Street. The owners of the real wealth and power in the world.

They've set up the game, they know all the rules, and they are running away with it because the majority don't even know the game is being played.

Just look at what the Federal Reserve Policies are doing to the price of food in the global economy.

Educate yourself on exactly what inflation, fiat currency, fractional reserve banking and the policies and actions that have been enacted by the Government and the Federal Reserve in the name of "fixing" this economy they've deliberately created. The truth couldn't be more obvious.

I just came across this article, Growth or Hot Money: What's really affecting food prices?, regarding the role that "Ben Bernanke's policies" (he's just the puppet for the owners of the Federal Reserve Cartel) of "printing" all that fiat currency and what it is doing to the global economy. In short, it's driving up the price of food. This is the real reason why revolution is now occurring. The hungry masses will no longer tolerate repressive, authoritarian regimes when they can no longer afford to feed themselves.

Sound crazy? Read.

> *And now comes Ben Bernanke, chairman of the US Federal Reserve, former chairman of the Princeton Economics Department, with a claim so dumb that we don't what to think. What's the matter with Princeton? What's the matter with economics? What's the matter with the Fed? What's the matter with Ben Bernanke?*
>
> *The Telegraph has the report:*
>
> > **Ben Bernanke…has dismissed the idea that the central bank's policies are to blame for the rise in global food prices to a record high…**
>
> Now, let's see. The Fed adds $2 trillion to the world's supply of "hot money." Maybe that has no effect? What do you think? The Telegraph continues:
>
> Mr. Bernanke said that the rapid growth of developing economies was behind the increase in food prices, rather than the Fed's decision to embark on a second, $600bn (£371bn) round of printing money. "Clearly what's happening is not a dollar effect, it's a growth effect," Mr. Bernanke said in a rare question and answer session with journalists at the National Press Club in Washington on Thursday.
>
> The United Nations Food and Agriculture Organization (UN FAO) has warned that high prices, already above levels in 2008 which sparked riots, were likely to rise further.

> The FAO measures food prices from an index made up of a basket of key commodities such as wheat, milk, oil and sugar, and is widely watched by economists and politicians around the world as the first indicator of whether prices will end up higher on shop shelves.
>
> The index hit averaged 230.7 points in January, up from 223.1 points in December and 206 in November. The index highlights how food prices, which throughout most of the last two decades have been stable, have taken off in alarming fashion in the past three years. In 2000, the index stood at 90 and did not break through 100 until 2004.
>
> Well, how do you like that? It's growth that it driving food prices to records. Not money printing.
>
> But wait…hold on…is the emerging world growing faster now than it was two or three years ago? Nope. Hmmm… Is the growth a big surprise? Did something happen to make investors and traders suddenly realize that…well…hey…the world is growing!
>
> Nope.
>
> Then, how come prices are shooting up now? Why didn't they shoot up 4 years ago? Or 2 years ago? Or last year? What has changed?
>
> Well… How about the $1.5 trillion of brand spanking new money that the Fed put into the world's money supply in 2009-2010? And how about the $600 billion more it's pumping in now?
>
> That's new, isn't it? So, here's a wild and crazy idea. Maybe…just maybe…the fundamentals of supply and demand really do work. Maybe…just maybe…if you increase the world's hot money supply (hot money does not come from an increase in real wealth or consumer demand…but from central banks' low interest rates and money printing)…well, maybe prices on global, auction-priced goods – such as food – go up.
>
> Just look at what is happening to other global, auction-priced goods. Oil, for example, soared above $100 over the weekend. And look at gold. Put oil and food in terms of gold and what do you find? That they haven't gone up at all! What does that tell you? That the "growth" hypothesis is nonsense.
>
> In other words, yes…the developing world is growing. It has been growing at a high rate for the last 20 years. Nothing new there.
>
> What's new is that central banks are printing money at a record pace. They are creating more bubbles.
>
> Isn't this going to end badly? Why would governments play such a dangerous game? Aren't they putting their own credibility, currencies and solvency in jeopardy?
>
> Yes, of course they are.

Why are they doing this? Why? WHY?!?!!?

Because they can.

And as I wrote earlier, they are not even trying to hide it.

> *But there is something you have to understand. Governments always look out for the elite groups that control them. They're not necessarily concerned with the betterment of humankind…or even the best interests of their own people.*
>
> *Here's an example, from The New York Times:*
>
> > Public deficits and debt relative to gross domestic product have ballooned in the last three years for one simple reason – the big banks at the heart of our financial system blew themselves up. On this point, the conclusions of the Financial Crisis Inquiry Commission, which appeared last week, are very clear and utterly compelling.
>
> No one forced the banks to take on so much risk. Top bankers lobbied long and hard for the rules that allowed them to behave recklessly. And these same people effectively captured the hearts, minds and, some would say, pocketbooks of the regulators – in the sense that a well-regarded regulator can and often does go work for a bank afterward.
>
> Meanwhile, Barry Ritholtz says the feds are using Fannie and Freddie as another way to shovel taxpayer money to Wall Street. As you know, the Fed already plays Sugar Daddy to the bankers. If the bankers have some trash mortgage-backed security that they lost money on, the Fed buys it from them at an inflated price. Of course, just having the Fed in the market buying MBSs inflates the markets.
>
> But it turns out, the Fed isn't the only one. The US Treasury also gave Fannie and Freddie a blank check to save the housing industry. But they let the housing industry go bust. **Instead, they took the money and saved the housing industry's creditors. The big banks, in other words. Wall Street. The richest of the rich.**
>
> Why should taxpayer money be used to bail out the rich?
>
> Well, they're not just rich. They're powerful. **They're the people the government was set up to protect. Give the feds a break; they're just doing their jobs.**
>
> The private sector innovates. Government procrastinates…hesitates…and vegetates.
>
> That's just the way it works. That's what government has always been for. The government of ancient Egypt protected the pharaohs. The government of the Ottoman Empire protected the Ottomans. The government of Genghis Khan looked out for Genghis.
>
> And who does the US government look out for? Naturally, it looks out for the elite groups that control it. Who's that? The big banks, of course.

We live in a world run by Bankers. Don't take it from me, just follow the fiat money and the politico-whores in government it enslaves.

We are all buttthexed now.

Now She's Thinking

Keoni Galt · 25 February 2011 · Archived copy · Original

Ok...after "attacking" Laura Wood and calling her the Emoting Housewife, I must give her just due when she does live up to the title of her blog.

As I first wrote in my initial critique of her criticism: *"She has some good points for which I often find myself in agreement with..."*

Sometimes, she really does "get it" when she's not defaulting to her sense of self-righteous, moral-superiority.

> *I only know Game second-hand. I do not read Roissy, who is an advocate of sexual conquest and freedom. I think of Game as Youngfogey described it, as "acting like a man." When someone says a man should "use Game" in a particular situation, I can, with a fair degree of accuracy, predict what he means. Game strategies do make sense in some circumstances. However, I can't comment on the ideas of many of those who write about Game.*
>
> *Many men find themselves, because of feminist indoctrination, trying to appease and gratify the emotions of women. This can be a tremendous mistake and that is a valuable insight of Game. We live in a feminized, therapeutic culture where many people believe that if we are always sincere and let all our feelings hang out, relationships will thrive. This is not true. Neither men or women like to be involved with someone who is a pushover or who has no will or mind of their own. Women especially are better off when their spouses are more assertive than they are. But that is a simplistic statement. Marriage involves the whole of our personalities. It's a complicated affair. Game is not applicable in many situations.*

I'm sure she does not "read" Roissy, like she doesn't "read" the Spearhead...

...but here, she does demonstrate a grasp of the concept as to why so many men -- not just PUA's and aspiring PUA's, but Patriarch's and other God fearing, morally conscious men -- believe in Game.

She's right too, about it not being applicable in every situation...especially if the ONLY objective is to preserve the marriage, no matter how unhappy or abusive it is. Sometimes, when a man gains an understanding of Game, he realizes their is no "fixing that which is broken beyond repair." But this clear understanding from the insights gained from studying game gives him the courage and gumption to make the tough, painful decisions that must be made to finding the kind of relationship he wants. Some women are either grown so contemptuous and disgusted with their pedestalizing spouse, or are too thoroughly programmed by cultural feminized indoctrination to recognize the value of submission to a worthy man in marriage.

Game gives men involved with such women the awareness that he does not have resign himself to staying in that state of emasculated submission.

Dalrock's Googlebomb

Keoni Galt · 26 February 2011 · Archived copy · Original

Dalrock is asking for help, and I'm happy to oblige.

> Lastly, my original post is now mid way down at the bottom of the first page of google results for Single in the Suburbs. I'm hoping as more visitors see that page it will keep moving higher up. Perhaps some of my fellow bloggers will be willing to assist by linking to my original post with the text Single in the Suburbs. Together we may even prevent at least a few kids from growing up in broken homes due to frivolous divorce.

No Problem, Dalrock.

Single in the Suburbs.

Hope you have as much success as Bardamu had with Vajazzle.

Red Pill Reality Dispelling Blue Pill Delusions: Soy

Keoni Galt · 3 March 2011 · Archived copy · Original

An installment in a series: Red Pill Reality Dispelling Blue Pill Delusions

[image]
I've written about Soy before on the Spearhead (hence the recycled graphic...I particularly like this one as I made it myself).

I guess you could say I sort of also covered this topic when I included an installment in this series on Veganism.

But when it comes to Soy, it holds a special place in my heart. I used to be an enthusiastic soy consumer back in my dietary blue pill days. I regularly ate soy-substitute meat products like "vegetable chicken nuggest" and "vegetable hot dogs." I used to drink vanilla and chocolate soy milk on a daily basis. I'd even eat the abomination of all soy products...soy ice "cream."

I wretch at the memory of it all.

Those of you who are familiar with my commentary at Roissy's know that I had plunged into the depths of utter beta-tude in my mid to late 20's.

I'm now wondering if all of that damn soy-based foods I was eating had played a part in suppressing my natural expressions of masculinity. Some people may find that a bit ludicrous, but two recent articles posted on PubMed now show that Soy does in fact mess with the human bodies production of sex hormones and can certainly effect your libido and sex drive.

With a hat tip to the latest tweet over at paleo blogger Melissa McEwen's at Hunt, Gather, Love:

Hypogonadism and erectile dysfunction associated with soy product consumption.

> *Previous research has focused on the beneficial effects of soy and its active ingredients, isoflavones. For instance, soy consumption has been associated with lower cardiovascular and breast cancer risks.*

This is the "blue pill" with regards to the supposed healthy benefits of Soy consumption. Of course, the real reason these claims are made in the first place is because they are usually based on surveys and statistical manipulations, instead of real, double blind studies employing the scientific method. In short, the kind of person that would eat soy, is also the type of person who would most likely not smoke, drink alcohol in excess, regularly exercise and avoid commonly recognized "junk foods." In other words, it's not the soy that leads to a healthier lifestyle, it's the person that strives to live a healthy lifestyle being tricked into believing Soy is a component of that healthy lifestyle.

Here's what happens when researchers actually look at the physiological results in a case study for which a patient switched to Veganism and used soy as his primary source of protein:

> *However, the number of reports demonstrating adverse effects of isoflavones due to their estrogenlike properties has increased. We present the case of a 19-y-old type 1 diabetic but otherwise healthy man with sudden onset of*

> *loss of libido and erectile dysfunction after the ingestion of large quantities of soy-based products in a vegan-style diet.*
>
> *Blood levels of free and total testosterone and dehydroepiandrosterone (DHEA) were taken at the initial presentation for examination and continuously monitored up to 2 y after discontinuation of the vegan diet. Blood concentrations of free and total testosterone were initially decreased, whereas DHEA was increased.*
>
> *These parameters normalized within 1 y after cessation of the vegan diet. Normalization of testosterone and DHEA levels was paralleled by a constant improvement of symptoms;* ***full sexual function was regained 1 y after cessation of the vegan diet.***

> *This case indicates that soy product consumption is related to hypogonadism and erectile dysfunction. To the best of our knowledge, this is the first report of a combination of decreased free testosterone and increased DHEA blood concentrations after consuming a soy-rich diet. Hence, this case emphasizes the impact of isoflavones in the regulation of sex hormones and associated physical alterations.*

Now is Viagra and all it's spinoffs like Levitra really necessary? If you are experiencing erectile dysfunction, you may want to consider looking at your ingredient labels on our food and avoid all that Soy that is now in our food supply. You should also avoid deep fried foods in most restaurants to boot, as most now use either Soybean oil or Canola oil in their deep fryers (canola is not much better either...).

While soy affects the sex hormone production in men, it seems to have a different effect on women:

Persistent sexual arousal syndrome associated with increased soy intake.

> *INTRODUCTION: Persistent sexual arousal syndrome is an uncommon sexual complaint. Patients with this disorder can be distressed by the escalation of tension in the pelvic region and the prevailing necessity to diminish the pressure by self-stimulation. Patients frequently suffer from guilt or shame and often do not seek medical care. There are many potential causes of this disorder; however, a definitive etiology has yet to be elucidated.*
>
> *CASE: The patient is a 44-year-old female who presented to her gynecologist for evaluation of dysmenorrhea and menometrorrhagia. During the review of systems, the patient reported 5-6 months of increased pelvic tension, not associated with an increase in desire that required her to self-stimulate to orgasm approximately 15 times daily. Upon further inquiry, the patient disclosed that her dietary regimen included soy intake in excess of 4 pounds per day that began approximately 1 month prior to the onset of symptoms.*
>
> *RESULTS: Treatment consisted of supportive counseling and dietary modification. At the 3-month follow-up visit, the patient's menstrual difficulties and sexual complaints resolved.*
>
> *CONCLUSIONS: Although no known cause or cure of persistent sexual arousal syndrome has been identified to date, the success of reducing dietary of phytoestrogens in this patient may provide insight into the etiology of the disorder and suggest potential treatments.*

Now, of course, this woman ate in excess of 4 lbs. of soy a day...damn, now that's a lot of soy...but nevertheless, it does point to the fact that soy isoflavones definitely alter the bodies hormone productions in both men and women.

Perhaps this is yet another reason why we have so many more feminized men and masculinized women in today's Brave New World Order?

"Rock Bottom? That's a Fishing Term."

Keoni Galt · 4 March 2011 · Archived copy · Original

[image]

Apparently I missed the memo.

It's supposed to be all Charlie, all the time. Game/PUA blogs, MRA blogs, The Spearhead, Paleo Blogs, conspiracy theory blogs...all the genres that make up my daily blog readings are all on the Charlie Sheen bandwagon.

Whiskey Tango Foxtrot?!?

So I do a little googling to see what the fuss is all about...and it looks like Charlie is getting the Mel Gibson treatment...or as some commenter over at Roissy's put it, "he crossed the Jewbicon." (man, I literally laughed out loud when I read that.)

Better not criticize that certain ethnic/cultural identity, even if they DO run Hollywood and everyone knows it.

I used to think Black, feminist lesbian single mothers on welfare were the most protected minority class in politically correct Amerikkka. No, we now know that the most politically correct minority is the "chosen ones."

Ah well...while googling up Charlie, I found a most excellent, hilarious website, Live the Sheen Dream. What a fountain of knowledge! Some of my favs:

> *"Rock Bottom? That's a Fishing Term."*
>
> *"Faith is for winners. Hope is for losers."*
>
> *"The only thing I'm addicted to right now is winning."*
>
> *"I don't think people are ready for the message I'm delivering."*
>
> *"You can't process me with a normal brain."*
>
> *"Why give an interview when you can leave a warning?"*
>
> *"When I'm fighting a war there's no room for sensitivity."*
>
> *"I'm just giving them what I guess they want, I just don't know if they can handle it. Pussies."*
>
> *"I'm done. It's on. Bring it."*

You certainly are bringing it, Charlie!

Killer Insights

Keoni Galt · 7 March 2011 · Archived copy · Original

[image]
I just read the entire Unabomber Manifesto.

I was inspired to do so after reading a post at one of my favorite anti-vegan blogs Let Them Eat Meat. Ex-vegan *Let Them Eat Meat* blogger, Rhys Souyhan, interviewed ex-vegan Erim Bilgin, who cited the Unabomber's indictment of Leftism and modern society as the turning point for him in realizing why he had adapted such an extreme diet as a means of feeling better about himself.

> *I learned about primitivism and this weird domestic terrorist, Kaczynski. I had heard about the Unabomber, but didn't really know who he was. Out of curiosity, I read his "manifesto", and bam! I couldn't sleep all night, because I was busy walking up and down my room as my entire vegan story flashed in front of my eyes and I was talking to myself and taking notes on a piece of paper and just having the biggest brainstorm of my life. I'll go ahead and say my life totally changed that night.*
>
> *In the following months, I had the good fortune to be on a trip so I didn't have access to all the vegan forums I frequented. I kept eating raw vegan, but* ***I could see everything from the outside now, objectively. I went ahead and started questioning the values that civilization injects into us in order to keep the system running.*** *I didn't stop there, I questioned ethics, laws and even the idea of an observable objective reality. As you might've guessed, I came to the conclusion that none of them really exist.*
>
> *Even though I kept eating raw vegan at that point, the countdown had begun. Somewhere within me, the rebellious adolescent was finally waking up at 19 years of age. I was giving the finger to every ideology out there, and veganism got its share. I didn't care who thought what or how much my family would laugh at their determined vegan-for-life ideologist, I was vegan no more.*
>
> *{Question from Rhys} - Why was reading about Ted Kaczynski such a big influence?*
>
> *I must say the primary reason was the clarity and precision with which he described the city-dwelling liberal personality. It simply hit me in the face, he was so direct, there was no evading it. He was describing me in his text, and for the first time I could see myself for what I really had been all my life: Not a courageous moral warrior walking alone the path of righteousness in a world of sin, but rather a butthurt scoundrel trying to grab onto every piece of power he can find while disguising it as being morally superior in order to feel better about himself.*
>
> *Seeing that, seeing how I was a part of it, things were clear.* ***I would be loyal only to myself — what I wanted out of life, not what society told me I should want. It was then an easy choice, I would reject civilization, I'd embrace the animal.*** *Time to stop playing Dungeons and Dragons and get out and swim in rivers, chop through thick forest, open your chest against the blazing ice wind and sleep under a million stars.*

So, this part of the interview peaked my interest in actually googling up the manifesto and having a read for myself. I must say, the manifesto was rather insightful. In so many ways, I've come to similar conclusions on my own...completely independent of the influence of the Unabomber. I could see why the thoughts Kaczynski expressed could inspire some serious rumination.

"I could see everything from the outside now, objectively. I went ahead and started questioning the values that civilization injects into us in order to keep the system running."

In some ways, this statement really is my own muse for this blog. This is why I've never sought to stick to a single "genre" of blogging material (MRA, anti-feminism, game, paleo, conspiracy theory...lol). Once I came to the realization that our entire system is corrupt and unsustainable, and that it uses people as nothing more than human resources to be chewed up and spit out once all value has been consumed, I began to question anything and everything I once thought I "knew." His manifesto reveals that he basically did the same thing - except he really wanted to try and do something about it. He wanted to make We the Sheeple WAKE UP.

> *The mass media are mostly under the control of large organizations that are integrated into the system. Anyone who has a little money can have something printed, or can distribute it on the Internet or in some such way, but what he has to say will be swamped by the vast volume of material put out by the media, hence it will have no practical effect. To make an impression on society with words is therefore almost impossible for most individuals and small groups. Take us (FC) for example. If we had never done anything violent and had submitted the present writings to a publisher, they probably would not have been accepted. If they had been accepted and published, they probably would not have attracted many readers, because it's more fun to watch the entertainment put out by the media than to read a sober essay. Even if these writings had had many readers, most of these readers would soon have forgotten what they had read as their minds were flooded by the mass of material to which the media expose them. In order to get our message before the public with some chance of making a lasting impression, we've had to kill people.*

His analysis of the mass media culture and it's influence and means of distracting the people are dead on. His message had many valid points....but his actions reduced it to nothing more than the deranged rantings of a serial killer. I vaguely remember when he was caught and put on trial, as I barely paid attention to the story in the mass media. I simply bought the media storyline of "Whacknut Luddite Terrorist Finally Brought to Justice." Who would take the time to read a long-winded manifesto of a psychopath?

Well I guess now I must concede, that would be someone like me. I too have spent many a thought on the artificial constructs of our Brave New World Order society. And I found so much concordance with much of Kaczynski's insights. The following are some of the more of the profound thoughts he expressed for which I agree:

On law enforcement:

> *If a society needs a large, powerful law enforcement establishment, then there is something gravely wrong with that society; it must be subjecting people to severe pressures if so many refuse to follow the rules, or follow them only because forced. Many societies in the past have gotten by with little or no formal law-enforcement.*

On freedom:

> *Freedom means having power; not the power to control other people but the power to control the circumstances of one's own life. One does not have freedom if anyone else (especially a large organization) has power over one, no matter how benevolently,*
> *tolerantly and permissively that power may be exercised.*

On the basic human need for achievement to develop satisfaction in life:

> *Human beings have a need (probably based in biology) for something that we will call the "power process." This is closely related to the need for power (which is widely recognized) but is not quite the same thing. The power process has four elements. The three most clear-cut of these we call goal, effort and attainment of goal. (Everyone needs to have goals whose attainment requires effort, and needs to succeed in attaining at least some of his goals.)*

In the natural state, the human beings main goals are to find food, water, shelter and to procreate. Pass on those genes to propagate your genetic line. This is where the Kaczynski notes that our modern world has provided much of those basic necessities, giving many people the inability to find a proper channel for this need to engage in what he calls the "power process."

To try and meet this need, people channel their efforts into what he calls surrogate activity:

> *For many if not most people, surrogate activities are less satisfying than the pursuit of real goals (that is, goals that people would want to attain even if their need for the power process were already fulfilled). One indication of this is the fact that, in many or most cases, people who are deeply involved in surrogate activities are never satisfied, never at rest. Thus the money-maker constantly strives for more and more wealth. The scientist no sooner solves one problem than he moves on to the next. The long-distance runner drives*
> *himself to run always farther and faster. Many people who pursue surrogate activities will say that they get far more fulfillment from these activities than they do from the "mundane" business of satisfying their biological needs, but that it is because in our society the effort needed to satisfy the biological needs has been reduced to triviality. More importantly, in our society people do not satisfy their biological needs AUTONOMOUSLY but by functioning as parts of an immense social machine. In contrast, people generally have a great deal of autonomy in pursuing their surrogate activities.*

I can relate to his description of surrogate activities to try and fulfill that need for the power process when you work in a job that doesn't scratch that itch. When I used to work for the State Government, I really was just punching the time clock and couldn't care less about my job performance. I just wanted my paycheck, and all I used to think

about was my next martial art class that week, or the hunt I was planning to go on with my buddies that weekend. My work as a human resource in the machine of State Government bureaucracy did not satisfy my need for this power process.

This next insight will sound familiar to the regulars of the manosphere:

> *Suppose that a public official or a corporation executive appoints his cousin, his friend or his co-religionist to a position rather than appointing the person best qualified for the job. He has permitted personal loyalty to supersede his loyalty to the system, and that is "nepotism" or "discrimination," both of which are terrible sins is modern society. Would-be industrial societies that have done a poor job of subordinating personal or local loyalties to loyalty to the system are usually very inefficient. (Look at Latin America.) Thus an advanced industrial society can tolerate only those small-scale communities that are emasculated, tamed and made into tools of the system.*

This is precisely the rationale behind the promotion of feminism by the system. Except it's not about small-scale communities, it's about emasculating an entire gender so that we all become tools of the system. This is also why the system loves the single mother household. They are certainly families that have been emasculated right at the source. As for a divorce father who is forced into alimony and child support slavery, he is certainly nothing more than a tool as well; a beast of burden, driven to work for the system's benefit rather than his own.

Kaczynski saw the horrible truth of much of our modern condition. He wanted to do something about it. Ultimately he failed. He thought the only way to bring attention to the craziness of a crazy society, was to take extreme action.

His response was wrong, because it did not gain him the kind of attention he sought to draw to his ideas.

But that doesn't mean his ideas and observations were without merit.

Breaking the chains, beating the games, and saving Western Civilization.

Keoni Galt · 9 March 2011 · Archived copy · Original

Awhile back, Vox Day proposed a new taxonomy for classifying men's designations in the present day sexual marketplace. He's now expanded on his taxonomy by devoting an entire blog to discussing Game theory and has invited a few of his regular commenters (commonly referred to at Vox Popoli as "the ilk") to contribute posts from the various perspectives of the different classifications he proposed.

The blog is titled Alpha Game, and it's off to a good start with some excellent articles and contributions. If you haven't already, drop by and check it out.

While I find his tag line for the new blog clever (which I stole for the title to this post), I'm not nearly as optimistic as Vox is with regards to the possibility of saving Western Civilization.

I believe we as a society, have entered the beginning stages of a economic and cultural death spiral. We're well on our way to third world status and matriarchal dystopia.

To echo Captain Capitalism's frequent sign off on his posts regarding the economy and current state of our declining Western civilization, I say pour yourself a dram of whiskey, fire up a fine cigar, and ENJOY THE DECLINE.

Apparently Solomon II followed through with his threat of blogicide. Simon Grey saved one of his best posts, Drive Through Girlfriends, and posted it as a tribute.

I only copied chunks of one of his other best postings as blogfodder here.

I'll tip an extra dram of Whiskey this eve in honor of the brief lifespan of a very insightful and compelling blog in this neighborhood of the interwebz.

How TV Ruined Your Life

Keoni Galt · 10 March 2011 · Archived copy · Original

[image]

Just came across a BBC3 show on YouTube: How TV Ruined Your Life.

Here are some choice quotes from two episodes:

Aspirational Programming

> *"This is the world of aspirational television...aspirational being a wildly popular term in TV-land. It's a world in which the majority of people are thin, attractive, witty, sassy, cool, fun-loving, thoughtful and happy; and who enjoy a life of cocktails, dick and shoes.*
>
> *The basic theory behind aspirational programming is that if you watch beautiful, fun-loving people on TV, you'll somehow feel like they're your friends...whereas in reality of course, you're essentially just a tramp, staring at them from across the other-side of the room.*
>
> *It seems as if every other show on TV these days has some sort of aspirational bent...but where did it all begin?*
>
> *Like everything evil in the universe, it came from the world of advertising."*

Love

> *"Most of our romantic know-how comes courtesy of a flickering, fibbing machine which can break any relationship before it begins."*
>
> *"According to research, when it comes to getting information about love, 94% of young people turn to their television, while only 33% ask Mom, and 17% Dad...**BUT THE PLUG-IN-PARENT IS A LIAR** and the fictional world it portrays seeps into your skull, setting a misleading framework."*
>
> *"Studies show a link between the amount of television people watch and the likelihood that they'll believe certain unhelpful relationship myths. Chief among these myths, is the notion that there's a singular "Soul-Mate" out there in the world for you!"*

> *"The first step towards "falling in love" is to find someone attractive...which you'd think would be a fairly organic process that occurs without much conscious effort on your part, but the chances are television has warped your notions of physical beauty by parading inordinately attractive people in front of you, morning, noon and night, thus raising your expectations to unsustainable heights, while simultaneously making **YOU** feel inferior.*
>
> *It's telling that when you encounter somebody who's attractive in real life, they often seem faintly unreal...like they've been somehow photo-shopped into your world by the media."*

Epic.

Here We Go Again

Keoni Galt · 11 March 2011 · Archived copy · Original

[image]
Pacific Tsunami Warning Center
Updated: Mar 10, 2011 10:16 PM Hawaii Standard Time Friday, March 11, 2011 3:16 AM EST

HONOLULU (HawaiiNewsNow) - A Tsunami Warning has been issued for the State of Hawaii by the Pacific Tsunami Warning Center. The first of several waves resulting from a severe earthquake off Honshu Japan is expected to arrive in the State at approximately 2:55 a.m.

Hoping for the best....already prepared for the worst.

Once again, I'm drinking beer and observing the madness on TV as everyone runs to the stores and gas stations.

Got my fingers crossed...I hope this one is as harmless as it was last year...but somehow I don't think so.

I've been watching massive Tsunami waves rolling across the Pacific. The Chile earthquake last February did not generate such footage. There predicting 6 ft. surges hitting all Hawaii shores. This time looks far more serious.

SURF'S UP!

F**K the Poor

Keoni Galt · 15 March 2011 · Archived copy · Original

In which I make my first foray into contributing to In Mala Fide.

Let's Just Be Friends With "Nice" Guys

Keoni Galt · 18 March 2011 · Archived copy · Original

Susan Walsh thought she would do a quick throwaway posting of an xkcd cartoon about a "Nice Guy" trying to gain a relationship by befriending a woman (rather than directly attempting to seduce her), and was surprised at the amount of debate and discussion it generated in the commentary.

The first amusing thing, is Susan's initial reaction to the cartoon:

> *The scary thing is, this guy's reasoning makes perfect sense to me! It seems like such a good strategy! Aarrggh, why do chicks dig jerks?*

Chicks don't dig jerks. They dig Alpha psyco-sexual and social dominance. Many "jerks" have those Alpha qualities...but not all men with those qualities are "jerks." Women will put up with an Alpha's jerk behavior in the same way men will put up with a bitchy, shallow woman -- **if she's hot enough.**

As far as strategies go....from the male perspective, it is not a good strategy at all. I think Susan deems it so, because she thinks "nice" guys are desirable. She's mistaking alpha guys who are nice (which probably describes her husband), for the fearful, passive-aggressive, effeminate strategy of the "nice guy" in the comic.

Note the "nice" guys rationale in his thinking:

> *See, I don't want to consider that you might not be attracted to me. I'm scared of rejection, so I've decided relationships should grow smoothly out of friendships."*

Scared of her rejection? That automatically shows you that he's already put her up on a pedestal. He also lets fear dictate his decision making...which shows that he's letting his emotions dictate his behavior. That is not masculine behavior at all.

> *When you have problems, I'll be there for you, night after night. Selflessly.*

"Selflessly?" This guy is playing the emotional tampon for her in the hopes of gaining access to her without her clothes on. That's what you call "selfless?" This is an example of the the male rationalization hamster getting warmed up for a run on the wheel.

> *I'll tear down the jerks you date, and wait for you to realize how good I am for you.*

That's as passive-aggressive as you can get. Is this "nice?"

Maybe to a woman that's "nice," since female social interaction usually involves a level of fake niceties when

confronted with female rivals. For women, that's par for the course. For men, that's effeminate and cowardly.

Before I knew better, I used to have female friends who would come to me and complain about the "jerks" they were dating (and no, I was not being their friend because I was hoping to hook up...these are friends who I know after having been married. I'll get to this idea of "real" opposite gender friendship in a future post.) I used to commiserate, offer condolences and play at being "understanding."

Not after having taken the red pill.

For the past several years, whenever a female friend started complaining to me about her boyfriend, I put the responsibility squarely on her shoulders.

"You picked him as your boyfriend. If he's that terrible, than why are you still with him? No one's forcing you to stay with him."

Needless to say, I no longer have female friends who complain about their men to me. Good.

Back to the "nice guy":

> *"You won't want to hurt my feelings, and I won't ever force the issue."*

If she is aware of your physical attraction for her, and she persists in her friendship with you, rubbing your face in her dating escapades with "jerks," she is using you for attention...but the fact that she doesn't want to hurt your feelings means she feels sorry for you. She pities you. If you understand what hypergamy means, where do you think that puts you on her attractiveness scale?

But the more likely scenario is that she is utterly clueless about your attraction to her. She is taking your platonic behavior at face value and unawares of your ulterior motives.

> *"Bit by bit, I'll make you depend on me."*

As her emotional tampon. Her BFF...not her lover.

> *"You'll think about how long it would take to build this kind of connection again."*

With another **friend.**

> *And in a moment of weakness...and lonlieness...you'll give in.*

So ladies, explain to me how that is in any way "nice?"

> *"It'll feel comfortable and natural. You'll quietly try to revise your definition of love and try to be happy. And*

> *sometimes you will be."*

It will feel comfortable and natural for "nice guy" because he's finally realized his goal. She, on the other hand, will be engaging her rationalization hamster to try and deal with the fact that she was "tricked" into bed by her "friend" in a moment of emotional distress and weakness. That hamster can only run for so long before it gets tired.

> *Girl: "I'm going to date this jerk."*
> *"Nice" Guy: "But he doesn't respect you!"*

But "jerk" makes her 'gina tingle. Nice guy doesn't. He never did.

He was her emotional tampon.

Like all tampons, he only got into her vajayjay when she was bleeding...but as soon as the bleeding stopped, he got discarded.

A Game Theory Classic: "What is a Shit Test?"

Keoni Galt · 23 March 2011 · Archived copy · Original

It was the initial discovery of a now defunct blog called "The Reality Method" that was my first "red pill" with regards to Game. I have no idea who that blogger was, but I read his entire blog and archives back in 2007 when I first discovered it. He had one post that was the ultimate eye opener for me, entitled "What is a Shit Test?"

Reading and understanding that post was THE paradigm shift in my understanding of female hypergamy, DHV, AMOG, and all of the other theories and jargon one encounters when they first discover "Game" on the internet.

While *The Reality Method* is long gone (not even google cache has it), I saved a few of his postings that were pivotal in helping me gain an understanding of "Game."

Here's what I saved from that classic post: **"What is a Shit Test?"**

> **"Passing Shit Tests – the Formulas that works 100% of the time:**
>
> As it turns out, there are a couple of ways you can pass a shit test, strike through the Gordian knot / slip between the horns of the dilemma.
>
> **1. Ignore it**
>
> Pretend you didn't hear. Laugh it off or just pay attention to something else for a second. Let it roll off your back like water on a duck. This sounds easy, but to do it fully 100%, you have to really be totally nonreactive – I'm talking about down to the level of unconscious pupil dilation here. Otherwise she thinks you're just avoiding answering – which is better than answering, but is still not going to make her very attracted to you.By ignoring it totally, though, you are saying in effect, "I won't be tested. I totally refuse." Which is dominant, but still a very blatant cop-out. Which is why I'll only use this method as an absolute last resort, if I really am caught off-guard and blindsided by some test.
>
> **2. Agree and Amplify**
>
> If a girl says "I'm fat," then "Yes, you're HYOOOOOGE." Or "It's just more cushin' for the pushin'." Agree and Amplify; show her you're not afraid to piss her off, but do it in a playful way. Don't INSULT her; poke fun at her (gently). The worst you'll get is a swat on the arm and that is proof that she is more attracted, not less.
>
> Some people might also call this a "reframe"; a term which I believe is probably borrowed from political discourse terminology. You've taken her frame (the shit test) and turned it into something entirely different and non-threatening.
>
> For instance, if she says, "You're a tough guy, aren't you?" You might say, "Yeah, so what is it you like about tough guys anyway?" Deliberately mis-interpreting her question as adoration, not a shit-test.
>
> Reframing / Agreeing and Amplifying is powerful. It's my preferred method of answering shit tests. It demonstrates that not only are you not needy / logical, but neither are you willing to fall into her trap and try to

> lie to her face.
>
> Being able to sidestep the shit test is one of the most important aspects of interacting with women. Without this knowledge, you will get shot down / disqualified 95% of the time by truly “hot” women automatically, without them even thinking about it. I’ve written a lot lately about more “advanced” topics like bisexual girlfriends and threesomes, but I really think this post, and getting this one area handled, is responsible for guys getting into better interactions, more quickly, than all the advanced sex-theory I will *ever* write.
>
> Ultimately, we should be glad for shit tests. They help ensure that every woman we met hasn’t already been plowed up one side and down the other by 15,000 other random guys.”

With more and more people discovering these concepts every day, I sometimes forget that I have been reading and internalizing the concepts of game for over 4 years now, and there are plenty of newcomers that still struggle with the concepts. Many men are angry when they discover the definition of a shit test. Many deny that it is an intrinsic part of a woman's psycho-sexual makeup...that "real Women" don't shit test. They couldn't be more wrong.

The Shit Test is how women screen the worthiness of potential mates. It is hard-wired in their psyche, in exactly the same way the male's primary means of screening potential mates is based on his visual assessment of her genetic suitability.

Getting angry at the female instinct to shit test is the equivalent to getting angry at the sun for rising in the East. It is an intrinsic part of woman-hood.

Susan Walsh pulls up an excellent example demonstrating this from her own past in a post she submitted to VD's Alpha Game as well as posting it at HUS.

It is a personal account of a boyfriend she had when she was 14 years old. Despite his good looks and her initial crush on him, he "beta-ized" rather quickly and killed her attraction for him. Without even conscious realization, Susan recalls giving him a shit test that he failed spectacularly. Despite her conscious desire to not be cruel to her boyfriend, she literally could not help her feelings of disgust and contempt when he failed her shit test.

There was a lot of anger and contempt expressed by commenters on Susan's post. These upset men fail to grasp the concept that his was not Susan's fault. It was not some great moral failings of a cruel 14 year old girl blithely dumping a boyfriend who was in mourning. The failure from her story comes from a society and culture that brainwashed her doomed ex-boyfriend into believing that showing his vulnerable side and communicating his fears and sorrows to her, and doing whatever ridiculous notion she requested was the key to attaining a lasting romantic and loving connection with her.

People seem to forget a basic fact of life for both males and females alike: attraction is not a choice. When you fail a woman's shit test, she cannot help the unattractiveness cue this gives her...anymore than a man who recoils in disgust at the thought of sexy time with an obese Wal-Martian.

Memes About the 50's - Cultural Programming

Keoni Galt · 29 March 2011 · Archived copy · Original

[image]

There is a particularly pervasive trope that is often bandied about the blogosphere...it is a straw man argument, and frankly, I'm tired of it.

This is the meme that many Men are pining for the 1950's. That we think the 50's were utopia, and if only we could 'go back' to that era, everything would be just fine.

Conversely, we have the other side of the coin - that the 1950's were utterly horrible for women, and that it's because the 50's were so horrible that the 60's sexual and cultural revolution was inevitable because of just how bad the 50's were.

Both of these caricature descriptions of that decade are shibboleths that need to be put to rest once and for all.

What the 50's were, was the last hurrah of a pro-family, pro-monogamy, pro-American ideal message transmitted via mass media culture.

The Father role was not undermined in sitcoms...it was upheld and revered. You had a show entitled "Father Knows Best."

The role of housewife was not demeaned, and chaste, virtuous motherhood was the primary female role model.

Children were portrayed as respectful of their elders and well behaved.

This cultural programming did not create a perfect society. Indeed, perfect society is a pipe dream that will never be possible. Ever.

But the mass media culture of the 50's served one very important function: it reinforced the norms and values of an orderly society in which people clearly understood the roles and expectations they were to aspire to when they reached adulthood. It channeled both male and female sexuality into the society building, civilization affirming, nuclear family. It portrayed Patriarchy as benevolent and ideal...an institution to aspire to.

Most shows of the era did in fact follow the general principle that Father does indeed know best. It did not undermine or seek to overthrow the importance and necessity of the role of Dad in the family.

If a show where to be made with that same title by today's Hollywood Babylon, it would most likely be about a pedophile priest defiling young boys with an incessant laugh track and glowing reviews.

Other than that, you'd be hard pressed to find a competent, sage, still married and admirable Father character in the mass media culture today. No, now it's all about girl power, career women, super-mom's with bumbling idiot husbands and fathers who need to be set straight by all the females in their lives...from their prepubescent daughters to their old ladies, representations of family men in today's modern day culture now basically has devolved into "Father Doesn't Know Shit."

Contrast that with today's mass media cultural programming... I guess it's stupid for people who actually value Fatherhood and the institution of the Patriarchal family and the civilized society it engendered to wish we could turn the clock back to that era, eh? Better to "keep it real" and revel in the pervasive depictions of broken families, familial dysfunction, emasculated fathers dominated by super-women, and career women having it all.

Does art imitate life...or life imitate art?

Or does the so-called "art" of our cultural mass media, actually program life?

[image]

April Fools...the Jokes on US

Keoni Galt · 1 April 2011 · Archived copy · Original

Since I live in Hawaii, it was still March 31st for me when I noticed some April Fools joke posts started appearing in the blogosphere last night. Frost's declaration that he was getting married was particularly clever.

The worst April Fools post so far, is the tired, lame-ass schtick that PMAFT just keeps repeating over and over again. The old "Reptilian Alien Illuminati" meme that is used to misdirect any reference to any actual evidence pointing out conspiracy facts.

PMAFT regularly dismisses any references to the Rockefellers and Rothschilds as ridiculous syfy lunacy. He should just stick to posts about proposing threesomes to his girlfriends and how feminism has ruined science fiction, because his attempts to discredit all NWO-related discussions is not even worth a chuckle anymore.

But I'm glad he put the idea of April Fools jokes and mentioning the banker elitist oligarch's like the Rockefellers and Rothschilds into one post, as it gave me an idea for a post I had meant to do awhile ago but never got around to.

See, the biggest joke ever pulled on the US, was the private banking cartel set up in this country that has systematically raped this country for over a century now...the Federal Reserve. By setting up a system owned by Charter Banks, the very real financial elites were able to gain control of the reins of power.

Whenever someone is in debt to someone else, that person who holds the debt, is the person who has the power in that relationship. And the Federal Reserve System most certainly has the power right now in it's relationship with our US Government's insurmountable debt.

Give me control of a nation's money and I care not who makes her laws. - *Mayer Amschel Rothschild*

The Rothschild Bankster Oligarchy has played our entire country for fools. And there is no need to site Conspiracy Theorist loonies blathering on about Reptilian Alien Pedophiles to prove that the Rothschild's and their American associates like the Rockefellers, JP Morgan, Kuhn Loeb, Goldman Sachs et al actually own the Federal Reserve and actually are the true power in the US...the de facto "Shadow Government."

The ownership of the Federal Reserve as exposed by Congressional Committee 1976

As the FEDERAL RESERVE DIRECTORS: A STUDY OF CORPORATE AND BANKING INFLUENCE notes:

CLASS A DIRECTORS—OF THE BANKS, BY THE BANKS, AND FOR THE BANKS

No Reptilian Illuminati Satanist Pedophile lunacy here. Just the facts.

The jokes on US.

Happy Fool's Day.

Statin Zombie Apocalypse - A Slow Motion Genocide

Keoni Galt · 4 April 2011 · Archived copy · Original

"I mention these examples because in my experience, we all tend to put a lot of faith in science. ***We believe what we're told.*** *My father suffered a life filled with margarine, before he died of a heart attack anyway." - Michael Crichton*

My Grandfather passed away last month, at the ripe old age of 89.

I've been in mourning...but I haven't been grief stricken like I was with the deaths of my other Grandfather or either of my Grandmothers. I was close with all four of my grandparents and consider myself very fortunate to have made it into adulthood with all four of them alive and having close relationships with them all.

But the reason I was not as grief stricken for my Grandfather's death as I was for my other Grandparents, is because in my mind, he's already been gone for years prior to his death.

My Grandfather died a statin zombie.

I am not grief stricken...but rather consumed with rage.

I'm of the belief that he was murdered. Slowly poisoned to death by the pharmaceutical industry and the manner in which they are able to shape the conventional wisdom of allopathic Western medicine. I had arguments with my relatives for years regarding my Grandfather's health care. He was taken to the doctors every month, where the Doctor prescribed him statins that he took for well over a decade.

Over the course of those 10 years, I literally watched my Grandfather waste away both physically and mentally. By the time he died, conversation with him had become one word grunts that were barely intelligible.

His doctor had him on a strict diet. According to the diet recommendations he sent home with him after every visit, he was to avoid all saturated fats. No red meat. Only lean chicken and fish. Eat only whole grains like brown rice and whole wheat bread...and never forget to take his daily dose of statins.

Of course, when I tried to object to this, my family members would look at me like I was insane. "Who are you? You think you know better than a Doctor?"

Why yes, I think I do. There are more than a few Doctors out there who practice medicine by "the book." The problem is not the Doctors, but the people behind the beliefs and ideas who wrote "the book" that these conventional wisdom Doctors go by.

In short, the lipid hypothesis is taught as scientifically proven fact to Medical students. Conventional Western medicine with regards to diet and nutrition are based on deliberately fostered lies. Lies sold as truth IN THE NAME OF SCIENCE.

Of course, there are plenty of Doctor's who have noticed that the conventional wisdom of diet and health did not jibe with their experiences in treating patients through the course of their practice. Doctors like Michael Eades and Kurt Harris have rejected the conventional wisdom in their practices, and have born their testimonials as to how their advice turned out in treating their patients.

The problem with statin poisoning is that it's a slow motion euthanasia in which it's long term effects that manifest are ignored or easily explained away as "just a part of old age."

If you're someone who has been prescribed a statin regimen, or you know of a loved one who is, it would behoove you to read up the results of this google search: statin side effects memory loss muscle loss.

Here's a short summary on how why statins slowly destroy the mind and body:

> *How could Lipitor and other statin drugs potentially cause this kind of harm to so many different parts of the body? Lipitor is a "statin" drug which inhibits the production of cholesterol in order to lower LDL cholesterol counts. By severely limiting the production of cholesterol, Lipitor causes membrane degeneration in neural and muscle tissue.*
>
> *The problem is this: cholesterol is essential in your body for many functions. It forms part of what is called the cell membrane - the semi-permeable outer layer of every cell in your body. It also transports essential fatty acids (EFAs) to cell membranes throughout the body. Without enough cholesterol there is an insufficient supply of these EFAs, and eventually nerve cells and neurons die. In addition, our tissues are constantly being repaired and replaced with new cells, and without sufficient cholesterol this cellular repair and replacement cannot continue.*
>
> *Our body produces several thousand milligrams of cholesterol per day to carry out these essential functions, and each day the excess of cholesterol is supposed to be naturally recycled. If your body doesn't have enough new cholesterol each day, you cannot repair and replace your cell membranes and they will eventually degenerate.*
>
> *The continual recycling of cholesterol happens naturally when you have sufficient ascorbate, another name for vitamin C. Excess cholesterol is naturally converted to bile acid and then excreted. But if you don't consume enough vitamin C (about 2000-3000 milligrams per day for an adult), cholesterol builds up in your bloodstream. It is here that doctors make a critical error: instead of telling you to take more vitamin C to recycle cholesterol naturally, they prescribe Lipitor, which may create a deficiency of new cholesterol.*
>
> *Lipitor and other statin drugs also block the production of an essential micronutrient called Co-Q10, necessary to maintain heart muscle health, and Lipitor has no effect on lipoprotein(a), the actual sticky protein that constitutes heart disease "plaques." So instead of preventing heart disease, Lipitor may be increasing heart disease risk.*
>
> *It appears that Lipitor and other statin drugs are in fact causing neural and muscular cell degeneration by over-restricting the production of cholesterol. This is a very serious matter indeed. There are at least 30 million people - some say as many as 60 million - who take Lipitor or other statin drugs (Zocor, Pravachol, Mevacor, Altocor, Lescol, Crestor, etc.). Many millions more are now having statin drugs recommended to them by their doctors. It is likely they are all going to become victims of cell membrane degeneration and nervous system problems.*

I saw all of these side effects manifest and progress in my Grandfather. In the last year of his life, he could only shuffle around in a jerky, uncoordinated and unbalanced gait. Conversations where reduced to one or two word answers like "Hello" or "Let's Go home." He literally became a zombie.

By the time he passed away last month, I had already been grieving the loss of my Grandfather for over a year. I knew he was a dead man walking and there was nothing I could do about it. A family member was his caretaker and executor to his estate, and that caretaker did the best job possible of caring for him...according to the conventional wisdom. My arguments and protestations were all ignored with "he's old, that's what happens to old people."

Despite the fact that my Grandfather's family had no history of heart attacks.

Despite the fact that my Grandfather's elder siblings all lived into their 90's, none had dementia, memory loss, or dramatically reduced mobility when they died.

From a genetics standpoint, I believe statins robbed my grandfather of close to 20 years of a still active and meaningful life. In his mid to late 80's, he lived an existence of a drugged out zombie, just eating, sleeping and breathing until the inevitable end.

I wonder just how much money my Grandfather's healthcare insurance company paid out to Pharma Corporations to keep my Grandfather drugged into zombie-hood on 10 years worth of Statins?

How much profit was generated by my Grandfather's slow motion euthanasia?

Millions of people are being subjected to the same treatment. Not only are they killing the elderly, they're reaping a serious profit in the process.

> *Use of statins in the United States increased by 156% between 2000 and 2005. While 15.8 million people took statins in 2000, 29.7 million took them in 2005. The number of prescriptions rose from 90 million to 174 million, and the retail spending increased from $7.7 billion to $19.7 billion.*

I am not a medical doctor. This blog post must carry this disclaimer...if you are currently taking statins under the care of your physician, it's up to you to question everything and do your own research before you decide on any particular course of action regarding your own healthcare.

All I can say is this: if my Grandfather's care had been in my hands, I would have never let him take those drugs. I would have fired his doctor and found one for him who is not interested in partaking of the slow motion genocide of the elderly.

Blue Collar Pride

Keoni Galt · 8 April 2011 · Archived copy · Original

[image]

I've been a white collar desk jockey for the better part of a decade now. While I have kept myself in pretty good shape for a man approaching 40, by eating a nutrient dense diet and exercising regularly with martial arts and my sporting hobbies like hunting and hiking, I've come to realize that there is something really missing from doing desk work...something that I think defines masculinity at it's core - that is, doing some kind of manual, physical work with other men to achieve some definable task - to build something.

Ever since I escaped the confines of my high school institutional indoctrination facility, I've worked hard, physical labor-based jobs. Even as I attended college, I still worked and earned a living from the sweat of my brow. I've been a construction worker, a mover, a concrete pumper, commercial painter, trench digger, airplane freight loader, traffic paint striper, and all around laborer for a variety of companies and businesses.

It was one of my goals while going to college, to punch my ticket and take off the blue collar once and for all and enjoy the air conditioned comforts as a white collar desk jockey. It was my primary motivation to exel at my collegiate studies. My attitude had been that once I got my degree and moved into the white collar world, I would confine my physical exertion strictly to recreational pursuits.

And for about 7 years after graduating, that is precisely what I did.

But thanks to the Return of the Great Depression, I've found myself picking up side jobs in the blue collar work world once again to supplement my dramatically reduced income, in order to provide for my family.

Since I've only been doing it a couple of days a week now, I find it quite enjoyable actually. Getting back into hard physical work has made me appreciate escaping the daily grind when it was my sole means of income...but doing it once or twice a week? I find it's almost a real pleasure.

There is something profoundly satisfying to work with a crew of men you know very well...so well, that you all work with a minimal of direction. Every man knows the job, what it takes to get done, and the job comes together beautifully in the end. You fall into a mindless rhythm of labor...a rhythm that makes it seem like the time flies by, and before you know it, the days work is done, and you can sit back and survey your handiwork. The sense of achievement and accomplishment is deeply soul satisfying. I've done huge deals in the past where I've earned a literal windfall in unexpected commissions at my desk job...and those moments feel like I hit the lottery or won a spin at the roulette wheel. Exhilarating as those moments are, it's not the same sort of satisfaction you gain from seeing a manual project completed and feeling the exhaustion in your body from the exertion. It's like you put a piece of yourself into your work, and it shows.

I've worked for two men in the past year...both I'm very good friends with, and who are in fact my hunting partners. They both own their own businesses and they work very hard to support their families. They are always willing to have my extra hand thrown in for a day or two of work for some cash on the side. I know their work, and I can help them complete their work much faster with my contributions.

And that extra income has literally helped put food on my family table when there was not much money left from

my regular job.

I think I've discovered something about myself. Should the economy recover and my desk jockeying becomes extremely profitable again, I think I'll still find some means of doing the occasional blue collar project.

It just feels "right" to earn my living the old fashioned way.

Men's Rights Movement? There is no Movement.

Keoni Galt · 14 April 2011 · Archived copy · Original

[image]

Alte's most recent post awoke me from my "nothing to say" writer's block I've had lately. I think going to four funerals in four months of people I'm either related to or knew very well has something to do with it.

Death has a way of influencing life in a myriad of both profound and trivial ways.

Alte's latest, Why Women don't support the MRM made me think that perhaps I'm not running out of things to write after all.

Alte laments:

> *I get asked frequently why I support the Men's Rights Movement (MRM). You know, that's actually a really good question. I ask myself that sometimes. Actually, I ask myself that frequently. Supporting a movement populated with men who don't like women is a pretty thankless exercise.*

Actually, I don't think that's a good question at all. There is no "Men's Rights Movement" to "support."

There is only lies and truth.

Deception and disillusionment.

The manosphere is really nothing more than a collection of folks who have started taking some of the plugs out that have connected them to the matrix of our present day society.

The only "movement" here is more and more folks identifying the ugly truths that are hidden in plain sight. Helping more and more people recognize how these truths stands in stark contrast to all the beautiful lies that most sheeple accept as our artificially constructed reality.

The only "movement" there is, is people who look at the conventional wisdom and cultural zeitgeist of our mass media indoctrinated culture, and recognize the lies and there pernicious effects in our lives.

It is not a "movement."

It is an awakening...or better yet, an UNPLUGGING.

And that is all it will ever be.

There is no candidate running for office that you can vote for to advance the idea of "men's rights."

There is no political party you can join, no "tea party" rally you can attend or no organization or cause that you can donate your money to that is going to make a damn bit of difference in our current state of affairs.

There is no possibility of working within our current system to "fix" what's wrong.

That's because there's nothing to fix.

From the view of those who have implemented the system and constructed our current situation, this shit is going off exactly as planned.

The people who wield the power in our society have deliberately shaped it to emasculate the males, de-feminize the females, sow relationship dysfunction and alienate children from their parents so as to make them more malleable and exploitable *human resources*.

They effected their social engineering program precisely through the creation of "movements." You think getting a bunch of men and women (who thanklessly support them) together to try and effect change in this system is ever going to accomplish anything meaningful?

Not happening.

I see a lot of people in the manosphere latetly calling those of us that want to see the current system crash and burn "nihilist." This is just another form of "shaming language" to keep people plugged into the matrix. The matrix cannot be reformed. It cannot be changed. It is what it is...a means of systemic enslavement to exploit humanity.

There is never going to be a movement that effects a mass unplugging of the brainwashed masses from the current matrix. The only way that happens will be total systemic collapse.

The only thing you can do, as an individual, is unplug yourself from the systems enslavement apparatus. You may be able to convince a few others to do the same, but to get an entire "movement" to do the same?

Don't hold your breath.

At best, a "movement" could make our collective enslavement a little more comfortable.

To the religiously devout like Alte, I say to you, this is the fallen world. The domain of the prince of lies. This world is his kingdom, and you will never usurp his kingdom from within. You can only seek to create your own oasis of truth and order life accordingly to avoid the traps and pitfalls deliberately designed to enslave you in some way or another.

Convince others as you can. But don't waste your hope or energy on this idea that there can be a "movement" that will make a meaningful change in the current system.

Haven't we learned by now?

Look how that last mass movement of hope for change worked out.

Seek the truth.

When you find it, order your life accordingly. This is the only path to emancipation from the systemic enslavement of our Brave New World Order.

The Nature of Progressive Taxation

Keoni Galt · 19 April 2011 · Archived copy · Original



It's the day after Federal tax filing is due for We the Sheeple in the USA Inc.

For the first time in my adult life as a numbered debt slave in our Brave New World Order, I finally have fallen into the lower 50% bracket of those who pay no taxes because my income has dropped precipitously since the The Return of the Great Depression.

For once, I will be getting a "refund" check.

Bah humbug.

One thing I've figured out though, is just how badly the debate of our "Progressive Tax" system has divided and conquered the masses. It's the oldest play in the Marxist playbook, yet it continues to work over and over again in perpetuating it's role as a cultural weapon of mass distraction.

It plays in perfectly with the old two-party politics theater, with the Donkey's supposedly representing the "poor" and the Elephants representing the "rich." It's one of the highest orders of bullshit ever shoved down the throats of a gullible public.

Take this recent AP story, published yesterday on Federal Tax Day: Super rich see federal taxes drop dramatically

> *WASHINGTON (AP) — Still scrambling to file your taxes? You'll probably take little consolation in hearing that the super rich pay a lot less taxes than they did a couple of decades ago. And nearly half of U.S. households pay no income taxes at all.*
>
> *The Internal Revenue Service tracks the tax returns with the 400 highest adjusted gross incomes each year. The average income on those returns in 2007, the latest year for IRS data, was nearly $345 million. Their average federal income tax rate was 17 percent, down from 26 percent in 1992.*

We have essentially four socio-economic classes in this country:

1) The entitlement program dependent poor. (Since I'll be getting a refund despite not paying taxes, I guess I'm now

in this class...even though I work).
2) The working middle class
3) The working upper class or "rich"
4) The elite wealthy

Only 2 & 3 pay INCOME taxes.

Those "top 400 adjusted gross incomes" are mostly from the #3 group.

Number 4 is our elite, ruling class. They don't pay much in income taxes. Why should they? That's for the sheeple.

They don't have much "income" on any given tax year. Their wealth is inter-generational, and it is sheltered in a variety of corporate share holdings, non-profit organizations, off-shore accounts, and the most egregious of all, the "Philanthropic Foundations."

In this way, the elite wealthy live the lifestyles that most of us only dream about in some abstract sense of unreality as portrayed by Hollywood's distorted, fun house mirror reflection of the so-called American "dream" lifestyle of luxurious opulence.

They ride on private jets while sipping on champagne and nibbling on caviar...while scheduling their next meeting with a personal masseuse at their personal mansions located at privately guarded and publicly inaccessible tropical locales - and NONE of that is "Paid" for out of their "adjusted gross personal income."

No, those are non-taxable "administrative" and "operating" expenses for their Foundations "non-profit" work.

Their "adjusted gross personal income" is the "salary" they are paid for "administering" their foundations or non-profit orgs.

This is very simplified...but still truth. The "Super Rich" are by and large not in that "top 400 tax filers with the highest adjusted gross personal incomes."

This is also how politicians use their campaign war chests.

Ever wonder why a Presidential candidate "spends" a hundred million dollars to land a job that doesn't even pay 1 million dollars a year? They're touring the country, staying in the finest luxury suites, eating the finest fare each place has to offer, and living the life of the elite wealthy...all the while they file their taxes for which their "incomes" do not reflect the reality of the life they are living financed by their campaign slush funds.

This is also why every single ex-President immediately establishes a "Library" upon leaving office...for the same purpose. It's a means of hiding their money from the tax man, while still getting to enjoy spending it as if it were there own personal funds (which they are, just not in name).

Income taxes are not for the "super rich" as the AP article tries to imply.

Both the Donkeys and Elephants are in on this scam. While their base political activists and punditry all play the script of "rich versus poor" with regards to taxation policies, they are all simply nothing more than a means of distracting and dividing all of the lower and middle classes so that we all do not notice the truth about what exactly is going on with the elite owners of this country.

Young Men, Don't Even THINK About Getting Married...

Keoni Galt · 21 April 2011 · Archived copy · Original

...unless and until you've read, understood and internalized the principles of this book: Married Man Sex Life Primer 2011.

[image]

I just got my copy from Athol last night, and I must say, it makes for compelling reading. I read the first 200 pages last night in a couple of hours, and than awoke this morning and finished it before breakfast. At 340+ pages, it may seem like a lot to read, but I didn't really notice the time fly as Athol's witty writing style and mix of cocky, funny and at times geeky humor has more than a few laugh-out-loud moments that help to drive his point home and make a memorable narrative that will provide a solid foundation for guiding young men in making potentially life altering decisions.

It's not just for young men contemplating big decisions either. This book also has the potential to save current marriages that are in trouble as well.

One of the reasons why I found this book so compelling was not just the fact that it is a fascinating topic to ruminate on...but also because for much of this book, I felt like I was reading my own life story. Many people have come to this blog after reading the archives of my posts over at Roissy's regarding my discovery of Game theory on the internet, and how it helped me to realize that I had "betaized" in marriage, and how it killed my wife's attraction and respect for me.

To this day, I still get occasional emails from men asking me for advice on their relationships. I think as Roissy's blog gets more and more notoriety, more and more people are reading through his archives and find that thread. I used to answer these emails as best I could, offering whatever advice and direction I thought would be helpful. After awhile though, I would simply begin to point people towards Athol's blog and tell them all the answers they need can be found there. Anyone who contacts me now, will simply be advised to get this book.

It is well organized and lays out many principles and a concrete, step-by-step plan of action in a coherent, logical narrative that can help men achieve a satisfying, sexually fulfilling marriage in this day and age of widespread marital dysfunction and the proliferation of broken homes, broken hearts and suicidal ex-husbands and alienated Fathers.

This book would also make a great present for a man at his bachelor party, or for a buddy or relative contemplating engagement, or who are already engaged. Better yet, give it to a young teenage boy just beginning to date. As the old saying goes, it's far better to have an ounce of prevention than a pound of cure. Young men who read this book prior to entering the world of dating and mating, will have their eyes opened to the stark realities and consequences of sexual relationships between men and women, giving them a solid foundation for forging a successful Patriarchal family unit if that is what they want out of their life.

It is the perfect antidote to the current cultural influence and direction most men get. Failure is almost assured when men blithely follow the script of the Brave New World Order's Disney-fied, feminist-influenced mass media pop culture zeitgeist of so-called relationship equality.

As for any man who sense that their marriages are in trouble, you are forewarned: this book is not a panacea. What it may reveal to you, is that your current situation is beyond salvageable. It may make for a very uncomfortable experience in reflection and self-awareness.

But it also gives you a foundation for helping you to start all over again and avoid making the same mistakes in the future. It has the potential to give hope to the hopeless.

In short, there is one overriding theme to this book:

Female Attraction is Not A Choice. If you find yourself in a sexless marriage, it is because she simply is no longer attracted to you.

Only you can change that. This book helps you understand why and how it happened in the first place, and the only realistic way to remedy that.

The $15.00 this paperback book costs on amazon is far cheaper and much less time consuming and emotionally and mentally exhausting than any kind of marital counseling therapy, and if you read it with an open mind and are capable of seeing how it applies to your own situation, it would be far more likely to actually work, than hopelessly paying some professional a small fortune to listen to your wife try and explain why she loves you but is not "in-love" with you.

All Apologies

Keoni Galt · 22 April 2011 · Archived copy · Original

Game blogger Shark, over at Solve My Girl Problems, wrote a post about What to do if you cheat on your girlfriend.

He makes some great points about apologizing that reminded me of one of the things I figured out after gaining an understanding of this thing we call game: When you know you genuinely did something wrong, and you feel your wife or girlfriend deserves an authentic apology, there are two ways to go about it - one way will damage her attraction for you, and one that won't.

It's all about maintaining your frame, even when you concede you are wrong.

As Shark points out:

> *If you stand hypnotized with despair and simply retort apologies in different languages, you only back-up her ability to shit test you. It's hard to explain fully, but whenever you apologize to a girl take notice that she will USE IT as leverage. This isn't because they are inherently imbued with demonic qualities, it's because all women have a feminine prerogative to maximize male utility. When a guy apologizes for something, he admits that he was wrong – something that he CANNOT retract. It becomes her free ticket to establishing and reinforcing feminine social conventions like shame and super-monogamy (Oneitis). The more you apologize for cheating, the more you subconsciously reinforce within her mind that SHE WAS RIGHT, YOU WERE WRONG, YOU NEED TO BE PUNISHED, JUSTICE MUST BE DELIVERED, etc.*
>
> *- THIS IS A COUNTER-INTUITIVE PROCESS. GUYS ASSUME THAT APOLOGIZING CONSISTENTLY LOGICALLY LEADS TO MORE FORGIVENESS. NO… APOLOGIZING CONSISTENTLY ONLY SUBCONSCIOUSLY REINFORCES THE IDEA THAT YOU MADE A MISTAKE AND GIVES HER MORE LEEWAY TO SHIT TEST YOU AND PUT YOU THROUGH HELL.*

This theory applies to a lot more than just big issues like cheating.

I'm sure every guy in a long term relationship with a female has encountered the recitation of "the list" of past transgressions for which she has never forgotten.

This is because you're abject apologies have beta-ized you in her eyes, and beta's are contemptible creatures as perceived through the lens of female hypergamy. Admitting your wrongdoings (whatever they may be, from minor transgressions to major, potentially relationship destroying ones) and apologizing profusely for them, is not the path to forgiveness and healing. It's the path to betaization and putting her up on a pedestal for which she is now looking DOWN on you.

If you done wrong, and you feel the need to apologize for it, you need to maintain the alpha frame. If you must say sorry, you must say it without *being* sorry. In other words, you cannot project abject submission to her anger, *even if that anger is justifiable.*

Think of it like a firm Father telling his young daughter that he's sorry he cannot take her to the shopping mall like he originally told her he would, because an emergency came up at work. The attitude you should project is "I'm

sorry dear, it can't be helped."

If you must apologize, say it once. Say it clearly. Apologize without *being* apologetic, than never bring it up again...and **never, ever ask her for forgiveness.** By doing that, you are placing yourself beneath her, and while she may even say she forgives you, she really won't. That act of submission to her anger and pleading for approval will only ensure that you've just added another incident to her list of past transgressions to be wielded on you in the future.

So what to do if you are that guy who always finds himself overwhelmed and on the losing end of arguments once that list of past transgressions comes out?

Many guys when confronted with past transgressions will either apologize again for those admitted wrongs, or get angry and blow up..."I already apologized to you for that! Why can't you let it go?!?!!"

This just makes things worse. Intellectually, on a conscious level, she may even have forgiven you for your actual transgression...but subconsciously she has not forgiven you for a far greater transgression - you beta-ized when you apologized.

So what to do if you're one of these guys that always finds himself losing arguments with your wife or girlfriend because she has the list of past transgressions to wield on you whenever a disagreement turns into an emotionally driven confrontation?

You must simply refuse to discuss it and maintain your frame and keep the argument focused on the topic at hand.

"The past is the past, and I'm not going to waste time going over that again."

Another way to deal with "the list" is to simply end the conversation the moment she brings it up. "This conversation is over." Than remove yourself from her presence.

Do that a few times, and she figures out that "the list" is no longer an effective weapon to use against you in an argument, and she won't use it anymore. The more effective the list of past transgressions is for her in arguing with you, the longer that list is going to continue to grow, contributing to a steady sense of discontent in her view of your relationship.

Feeding the Sheeple

Keoni Galt · 28 April 2011 · Archived copy · Original

[image]

Most people don't realize that when they walk into a Western grocery store here in Feedlot USA, and behold what appears to be hundreds of thousands of various food products, is that the majority of these brands are all either produced directly by, or are subsidiaries of, a handful of multi-national corporations responsible for the production and distribution of these products.

The Vigilant Citizen gives us the goodies on the realities of 21st century, sheeple-feed system, in the article: Irrational Consumerism (or The Few Companies Who Feed the World

> *If one were to carefully study the labels on packaged products in an average grocery store, one would probably notice that the same company names appear repeatedly: Nestlé, Kraft, General Mills and a few others. Many brands offering good ol' fashioned homemade or all-natural/organic foods are nothing more than subsidiaries of these few world-wide mega-companies. The major difference between the main brand and the subsidiaries is packaging and advertising, which are targeted to reach different markets. In order to preserve the carefully crafted image surrounding a product, connections to the mother company are often conveniently hidden.*

Which is why it is best to limit your consumption of any food products that require labels and ingredient listings.

> *The processed-food industry can be considered a true oligopoly. Together, the three leading food companies, Nestle, Kraft Foods and PepsiCo, achieve a dominant proportion of global processed-food sales. In fact, these three companies are often used as an example of "Rule of Three" in business schools, since they are a real-life example of a market being dominated by three gigantic actors. Their position as worldwide food providers has made these conglomerates extremely powerful, and they are represented in most elite organizations such as the Council of Foreign Relations. This not only allows them to provide their preferred policies on nutrition and health issues across the globe, but on economic, political and social issues as well. Such prominence also allows these companies to ensure their continued market dominance, through policy-making, access to insider information and the intimidation of potential competitors.*

This is the truth behind the endless promotion of various lies about diet, nutrition and degenerative diseases that result from a lifetime of consuming these corporation's feed products. This is where you can directly place the blame for the financing of studies and research that end up supporting organizations like the American Diabetes Association that encourage diabetics to "switch to healthy whole grain" products, when the truth is many diabetics would realize a complete reversal of their condition if they were to just cut out all grain based foods and beverages and stick to a diet of plenty fresh meat, dairy (if not lactose intolerant), vegetables and a moderate amount of fruit.

But such a diet cannot be mass produced in a centralized facility, stored, shipped and sold world wide for massive profits.

But it's not just the products that are developed manufactured and distributed by the "big 3" feed processors. Any

small time producer of a genuine, food related product, will often be bought out by one of the big feed processors to ensure that no product will challenge market domination by offering a superior product.

As Vigilant Citizen notes:

> *Today, if a small food company were to create a new revolutionary product, it would find it difficult to obtain distribution without giving up its rights to one these conglomerates. In addition to dominating the shelves, the Big Three control most of the worldwide channels of distribution, to the point that up-and-coming companies cannot reach the consumers without dealing with them. The only way small business owners can avoid years of struggle and rejection to obtain shelf-space in supermarkets is to strike a licensing deal with one of the giants, where the owner cedes the ownership and the rights to the product in exchange for royalty checks (which are usually a small percentage of the sales). Each licensing deal consolidates these companies' position and eliminates threats from any potential competitor who creates game-changing products.*

What VC didn't mention here, is that oftentimes when a small business owner sells their recipe and brand to one of these feed manufacturers, the feed company will than re-engineer the original recipe so as to allow them to substitute originally wholesome, real food based ingredients with the industrially manufactured, additives, sweeteners, fillers and fats that are more profitable, addictive, health destroying and ensure longer shelf life while attempting to retain the flavor, color and texture of the original recipe.

After covering the virtual oligopoly of the feed manufacturers in the global food supply, he than gives a quick rundown of the "big three" and offers an extensive list of the various feed product brands they own. Have a look at that list. You want to lose weight, regain health and vitality? Take every single feed item listed by VC here out of your diet, and it's not preposterous to say you're well on your way.

VC than moves on to the even more pernicious practice of marketing the feed to we the sheeple.

> *...in order to keep consumers coming back to their specific brand, corporations invest billions of dollars in the second secret of success: "brand loyalty" achieved through marketing and advertising.*
>
> ***Irrational Advertisement***
>
> *While the ultimate goal of an advertisement is to sell a product, PR firms will tell you that they are seeking to go way beyond the cheap sell. Their mission is to create an emotional attachment to a product, a concept that is totally irrational, yet extremely effective. They don't just want you to like their product, they want you to identify with it. They want you to define yourself by it. They are looking to create loyal, life-long customers by creating an image, a lifestyle and even a philosophy around a product.*

As anyone who watches even a few hours of tv a week, the primary target of these emotionally manipulative tactics in advertisements is women. More specifically mothers:

> *For marketers, mothers are a dream. They have an enormous weak spot: children, especially their own. This love for kids is not rational: the maternal instinct is one of humanity's most primal and hormonal reflexes. To tap into it is to directly tap into a mother's internal hard-wiring. Through the use of research and focus groups, advertisers have learned the most effective ways to get reactions out of mothers, and create targeted ads that make mother's*

> *feel worried, moved, scared, angry or unsettled. Once the target is in the intended emotional state, the product is presented as the answer to everything.*

Pay attention next time you see any advertisement on the boobtube idiotbox targeted to mothers. They almost always are based on this dynamic of playing on a mother's fears, anxieties and worries. Once you recognize the pattern, you will see it in almost every single advertisement aimed at mothers.

VC concludes this excellent piece (you really should follow the link and read the whole thing...):

> *Why should one care about which company sells which product? Primarily, it is a question of health. Almost all of the hundreds of products cited in this article contain toxic ingredients, from excessive amounts of saturated fat to additives like MSG, High Fructose Corn Syrup (HFCS), mercury and/or aspartame.*

Here's were I must interject with my one disagreement with VC's article: saturated fats are not toxic ingredients. Industrially manufactured Poly Unsaturated Fatty Acid rich vegetable oils and hydrogenated fats are the ubiquitous, toxic poison of choice for the feed manufacturers. They are cheaper to use, and extend the shelf life of the feed products...many of them, to the point of indefinite resistance to spoilage. (Their shit is so toxic, not even bacteria and molds wants to eat it).

> *These substances, and many more like them, are poisonous to the body, the nervous system and the brain (as discussed in the article Dumbing Down Society: Food, Beverages and Meds). Processed foods are making the entire world fatter, sicker and dumber, even though only a few companies produce them. It is vital to know and recognize them … so you can avoid them. It is also important to recognize the basic marketing tactics that are being used to push consumers to buy processed foods.*

Amen!

VC finishes with a bang:

> *The issue is much larger than individual health, however. To be aware of the companies selling your food is to be aware of important actors of the world elite. As the saying goes **"control the food and you control the people"**. If you believe it is important to know the truth about the world's power structure, it is fundamental to know about these companies and understand their extensive reach throughout all areas of our global society. They might "only" sell food, but their power and position gives these conglomerates an active role in world governance, including economy, politics, law-making and even the military (who do you think supplies military mess halls?). The Big Three and globally dominant corporations like them are part of policy-setting "think tank" organizations such as the Council on Foreign Relations and the Bilderberg Group, which serve as the true motors behind global change. Should PepsiCo have a say in the invasion of a country such as Iran? Well, it does. And every time you buy a Pepsi or a bag of Doritos or jug of Tropicana, you are helping them become richer and more powerful. Luckily, however, there is an easy way to stop supporting these companies: Simply replace the processed products you buy from these companies with fresh foods bought from local businesses. You'll improve your health and your local economy, but most importantly, **you'll also become the elite's worst nightmare: a rational consumer.***

The "Long Form Certificate" is Either Altered or Forged

Keoni Galt · 28 April 2011 · Archived copy · Original

Talk about conspiracy theories...one can easily download the so called "long form birth certificate" released by the white house for themselves, and than magnify the document to 800%. Focus on the supposed signature of Obama's mother. Note the difference in the D of her last name and the rest of the signature "unham."

Or, while still in 800% magnification, look at Box no. 20, the "Date Accepted by Local Registrar." The '196' looks like the original print, and the '1' looks to be photo-shopped in.

Same goes for the "1961" in box 22.

It is plainly obvious that this document is either an altered original...or a deliberate forgery.

Now why would the white house release an easily debunked document here?

A Fake President for a Fake World

Keoni Galt · 29 April 2011 · Archived copy · Original

This article by Mike Adams just about says it all with regards to the reality of our Brave New World Order.

Obama birth certificate is just as authentic as the money supply, the food supply and Obamacare

The Birthers just don't know when to quit, do they? Now that the White House has released President Obama's birth certificate, the case is now closed, but they just won't stop ranting about it. Why are these birthers still complaining?

They claim the birth certificate document is a fake. Why does that matter? But of course the document is a fake. It's not "merely" fake; it's so fake that the whole thing has become an IQ test for figuring out how many people can be so easily fooled by a fake (http://www.youtube.com/watch?v=2eOfYwYyS_c.) If I turned in a document like this as part of an effort to get a home loan, for example, and I assembled it layer by layer with obvious cutting and pasting of numbers from multiple sources in order to fake my reported income levels, I would be guilty of a felony crime. At the very least, I would be laughed out of the room. "Are you kidding me? This is your best attempt at falsifying an income statement?" they would say. Even a high school kid with a scanner and Photoshop knows how to make a more convincing forgery than this… (http://www.youtube.com/watch?v=2eOf…)

For an explanation of why it's all so obviously a fake, watch this: http://www.youtube.com/watch?v=QNJf…

But I ask the far more important question: Does it matter that it's a fake in the first place? Given that most of the U.S. government's job statistics are fake, and that the U.S. dollar is being counterfeited on a daily basis by the Fed, and that virtually the entire U.S. economy is built on fake "abundance" that's really just more debt spending… isn't it is some way actually more authentic to have a President at the helm who faked his birth certificate?

It's almost like he's more qualified for the job, you see, running the fake economy with fake dollars while the mainstream media distributes all the fake news. And then in between the fake news bits, the advertisers come on and promote their fake foods, and fake pharmaceuticals which are approved based on faked science approved by FDA regulators who are faking it, too.

Couples are now artificially fertilized (fake conception!), and when their children are born, they feed them fake milk (infant formula). They grow up on fake sweeteners and fake (artificial) colors. In school, they're taught fake U.S. history so that they have fake ideas of how the world really works. When they're old enough, they get to participate in faked voting schemes where the winners are already determined.

And thanks to the internet, we live in a world of fake friends, fake emotions and fake sex. Football games are played on fake grass, and today's "reality" TV shows are all faked, too. Professional wrestling is fake (but MMA isn't), and most of the news consumed by the masses is entirely fabricated. Even the science behind most of modern medicine is faked, fabricated or twisted around in order to get the results the drug companies want to see.

And oh yeah, the drugs are faked, too, especially the antidepressants which appear to work only because of the Placebo Effect — which is real, even though it only exists in the mind.

We need more leaders who embrace fakery

For the most part, we are fake people living in a fake world engaged in fake interactions. So why shouldn't we have a fake President with a fake birth certificate to top it all off?

I don't know what the problem is here with the obviously fake birth certificate. Of course it's a fake. But isn't that what we vote for when we vote for any president? After all, presidential election campaigns are all about making fake promises uttered with fake smiles as part of faked speeches that are actually written by somebody else and read on the teleprompter.

In fact, I would argue that Obama's faked birth certificate makes him more authentic than any other President in American history. It is precisely this mastery of fakery that has allowed Obama to deliver fake health care reform, faked world peace (new war on Libya!), and faked preparedness (radioactive fallout from Fukushima? Don't prepare!)

It's perfect for a nation of fake people who live in fake houses with the fake stonework plastered onto the front to make them look as if they were built out of stone. The people go get their cosmetic surgery and botox (faked youth!) so they can meet new fake people and pursue their fake relationships with faked orgasms. Their profiles on Facebook are completely faked; their resumes handed in at prospective employers are faked; and even their apparent "wealth" is faked because they're neck-deep in debt on that luxury car parked in the driveway of the luxury house they can't afford.

At work, they fake like they're getting something done so that they can receive a paycheck that's also largely faked because it's denominated in fake dollars which are deposited in a fake (electronic) bank account so that the money can be multiplied and leveraged in order for the bank to keep creating more fake currency in the form of loans handed out to people who faked their credit history and lied on their loan applications. But who cares? As long as we all fake it together, the system works!

So we go shopping with our fake money and we buy fake "fashion" jeans with fake holes already pre-fabricated right into the pant legs, and we purchase our colognes and perfumes made with fake chemical fragrances that try to put a fake smell on our bodies so that we can meet other fake people who wear their own faked chemical smells to try to fool us into thinking they smell like fresh flowers and honey when, in reality, they stink like a country goat.

They use cosmetics to fake their skin health, and hair implants to fake their hair growth. Young girls are wearing fake contact lenses to fake their pupil dilation as fakes sign of faked sexual arousal. This is designed to get a rise out of their fake date partner who takes them to a fake restaurant to order fake food grown from fake (GMO) seeds and fertilizers with fake soils (made out of composted human sewage) which is contaminated with fake hormones (HRT drugs) and other drugs.

And the next morning they'll wake up and share a bowl of faked blueberries in their faked breakfast cereals. Those have been faked, too, as shown in my video, "The Blueberry Deception." (www.ConsumerWellness.org)

Authentic leaders would fail

In fact, the whole matrix in which we live today is so universally faked and fabricated that I'm not sure that an authentic, genuine human being would even have a chance at leading the nation. We need fake Presidents to lead our fake nation into fake economic abundance, so all those "birthers" screaming about the faked birth certificate should frankly just shut up and eat their fake ham sandwiches made with that faked processed cheese food-like substance squeezed between two pieces of fake white bread.

Stop complaining and watch your fake "reality" TV shows, listen to the fake news, work at your fake government

job and keep swallowing fake food so that you can become a highly-profitable patient in our faked health care system based on faked science and run by fake researchers. This is how the system works today. Reality has nothing to do with it, and you should abandon any such bizarre ideas. They're unpatriotic.

In fact, the release of Obama's birth certificate, with all its layers and Photoshop edits and mismatched numbers that were obviously assembled from multiple sources is not an admission of fakery — it's a proud statement of authenticity! It says that our President is perfectly in tune with the faked society over which he presides. That's what we need in America today; a genuine man of the People.

After all, only a true fake can achieve the level of fakery required in our world to be embraced as authentic.

And today, I bow down to the master of fakery; the man who is so authentic in his fakiness that he has released the world's first authentic counterfeit birth certificate, proudly assembled from layers that would be widely considered faked by anyone who wasn't sufficiently psychologically invested in the real world, by which I mean our faked society.

From here forward, I think we should all just start faking it. Reality, after all, is overrated.

Social Dominance

Keoni Galt · 4 May 2011 · Archived copy · Original

[image]

There are a number of words that are common jargon used in the manosphere that have negative connotations to people unfamiliar with the functional meanings of the terminology and how they apply to interpersonal relationships.

The word 'dominance' is foremost amongst such terms in causing an immediate negative reaction to newcomers to this corner of the interwebs. This is most likely due to the popular myth of "equality" that so many people think of as the "ideal" state of a male/female relationship.

Women especially seem to recoil in disgust when they first encounter the term being discussed by men on what they need to develop in order to become more attractive to women. They immediately associate dominance with 'abusive' and 'controlling.' This is the feminist cultural programming that causes this default reaction to the term. Many women don't even realize that 'dominance' is one of the primary traits of attractiveness that draws them to men who have it...or makes them shiver in disgust at the very idea of man who has none trying to get physically intimate with her.

A better way to think about dominance, is *charismatic leadership*. The most effective leaders are always the kind who inspire their followers to want to follow them of their own volition.

I sumbit that this is the true essence of game. When a man approaches a woman and opens her for an attempted seduction, he is essentially demonstrating to her "this is of my style of leadership, do you want to follow?" Note that this applies to both a man approaching a strange woman he's never met before and propositioning her...and a long married husband seeking marital relations with his spouse.

One of the staples of game advice for newcomers is to strive to be "dominant" and to "own the room" and work to be the Alpha Male of the Group (AMOG)...and they become domineering, mistaking that for dominance. I've made this mistake myself. When I first discovered game theory, I took this idea of AMOG and social dominance and misinterpreted it as a directive to hold as many people spellbound as I could with my loquacious, verbose monologues, not letting anyone get a word in edgewise. This is not being the alpha. It's being a self-absorbed, narcissistic douchebag. I would domineer conversations rather then lead them, failing to inspire others to join in with their perspectives and experiences.

While I eventually figured out that effective conversation requires a dialog rather than a monologue, it was largely due to experiencing a plethora of negative feedback -- mainly from my wife: "Why did you just talk over everyone there and not let anyone else speak? You were so rude!" Instead of being the AMOG, I became the ADOG....

Needless to say, my faux-alpha posturing was not achieving the desired results...with my friends, acquaintances, nor my wife. I eventually figured out the idea of "owning the room" in a group dynamic was from leading a conversation and finding ways to involve everyone in contributing, instead of lecturing in excess, projecting the idea that I love the sound of my own voice above actual conversation amongst the group.

But I never really understood, in explicit terminology, why my initial attempts to be the AMOG failed.

I just came across a recent article at The Art of Manliness that gave me another great "aha!" moment of understanding when I considered my past experiences in retrospect. My first attempts at being the AMOG, resulted in myself becoming a conversational narcissist.

> In "The Pursuit of Attention," sociologist Charles Derber shares the fascinating results of a study done on face-to-face interactions, in which researchers watched 1,500 conversations unfold and recorded how people traded and vied for attention. Dr. Derber discovered that despite good intentions, and often without being aware of it, most people struggle with what he has termed “conversational narcissism.”
>
> Conversational narcissists always seek to turn the attention of others to themselves. Your first reaction to this statement is likely, “Oh, I don’t do that, but I know someone who does!” But not so fast. Conversational narcissism typically does not manifest itself in obviously boorish plays for attention; most people give at least some deference to social norms and etiquette. Instead, it takes much more subtle forms, and we’re all guilty of it from time to time. Everyone has felt that itch where we couldn’t wait for someone to stop talking so we could jump in; we pretended to be listening intently, but we were really focusing on what we were about to say once we found an opening.

In hindsight, this was one of my biggest problems. Hell, sometimes I still struggle with it....especially after a bit of an over-indulgence in libations. Thanks to this article, I now have an explicit framework of understanding, which, I think, should help me to abstain from this in the future.

I'll work on it.

> A good conversation is an interesting thing; it can’t be a solely individual endeavor—it has to be a group effort. Each individual has to sacrifice a little for the benefit of the group as a whole and ultimately, to increase the pleasure each individual receives. It’s like a song where the rhythm is paramount, and each person in the group must contribute to keeping that rhythm going. One person who keeps on playing a sour note can throw the whole thing off.
>
> That’s why it’s so important that conversations are cooperative instead of competitive.

This is where I had my "aha!" moment.

> During a conversation, each person makes initiatives. These initiatives can either be attention-giving or attention-getting. Conversational narcissists concentrate more on the latter because they are focused on gratifying their own needs. Attention-getting initiatives can take two forms: active and passive.
> Active Conversational Narcissism
>
> The response a person gives to what someone says can take two forms: the shift-response and the support-response. The support-response keeps attention on the speaker and on the topic he or she has introduced. The shift-response attempts to set the stage for the other person to change the topic and shift the attention to themselves. Let’s look at an example of the difference between the two:

Support-Response

> James: I'm thinking about buying a new car.
> Rob: Oh yeah? What models have you looked at?

Shift-Response

> James: I'm thinking about buying a new car.
> Rob: Oh yeah? I'm thinking about buying a new car too.
> James: Really?
> Rob: Yup, I just test drove a Mustang yesterday and it was awesome.

In the first example, Rob kept the attention on James with his support-response. In the second example, Rob attempts to turn the conversation to himself with a shift-response.

The shift-response if often very subtle. People put in a nice transition to disguise it by prefacing their response with something like, "That's interesting," "Really? "I can see that," right before they make a comment about themselves. "Oh yeah?" And then they'll tie their response into the topic at hand, "I'm thinking about buying a new car too."

Now it's important to point out that a shift-response just opens up the opportunity for a person to grab the attention, but it doesn't necessarily mean they're going to. It's a matter of intent. You might simply be looking to highlight what the other person has said and share a bit of your own experience before bringing the conversation back to the other person. That's a healthy and natural part of the give and take of conversation. Let's turn back to Rob and James:

> James: I'm thinking about buying a new car.
> Rob: Oh yeah? I'm thinking about buying a new car too.
> James: Really? Maybe we could go look around together.
> Rob: Sure. So what models are you looking at?
> James: That's the thing—I'm not sure where to start.
> Rob: Well, what are the most important things to you—fuel economy, storage room, horsepower?

So here Rob interjected about himself, but then he turned the conversation back to Rob. Conversational narcissists, on the other hand, keep interjecting themselves until the attention has shifted to them. Like this:

> James: I'm thinking about buying a new car.
> Rob: Oh yeah? I'm thinking about buying a new car too.
> James: Really? Maybe we could go look around together.
> Rob: Sure. I just test drove the Mustang yesterday and it was awesome.
> James: That's cool. I don't think I want a sports car though.
> Rob: Well, I want something with at least 300 horsepower and definitely leather seating. Did I ever tell you about the time my buddy let me take his Maserati out for a spin? Now that is an automobile.

> James: Which one of your friends has a Maserati?
>
> Most conversational narcissists–careful not to appear rude – will mix their support and shift responses together, using just a few more shift-responses, until the topic finally shifts entirely to them. Conversational narcissists succeed when they elicit a support response from their partner. “Which one of your friends has a Maserati?”
>
> To summarize, it’s fine to share things about yourself, as long as you loop the conversation back to the person who initiated the topic. The best rule to follow is simply not to jump in too early with something about yourself; the earlier you interject, the more likely you are to be making a play to get the attention on yourself. Instead, let the person tell most of their story or problem first, and then share your own experience.

While the examples given involve to guys talking, this applies more so to male-female conversation. A dominant man that is highly attractive, is one who can lead a conversational dialog with support responses rather than competitive ones. Note the advice here: *it’s fine to share things about yourself, as long as you loop the conversation back to the person who initiated the topic.*

When you do this, you demonstrate your dominance. You're leading the conversation, not *controlling* or domineering it. In a group setting, the AMOG will be the guy who finds ways to include everyone in the group to relate their experiences or perspectives to add to the discussion. This is one I figured out through trial and error when I was being domineering rather than dominant.

> **Passive Conversational Narcissism**
>
> Conversational narcissism can take an even subtler form. Instead of interjecting about themselves and trying to initiate a new topic, conversational narcissists can simply withhold their support-responses until the other person’s topic withers away and they can take the floor.
>
> To understand how this works, let’s first look at the three forms support-responses can take—each one represents an ascending level of engagement and interest with the topic and speaker:
>
> > **Background acknowledgments:** Minimal acknowledgments that you’re listening such as, “Yeah,” “Uh-huh,” “Hmm,” Sure.”
> >
> > **Supportive assertions:** Acknowledgments that show active listening. “That’s great.” “You should go for it.” “That’s not right.”
> >
> > **Supportive questions:** Questions show that you’re not only listening, but are interested in hearing more. “Why did you feel that way?” “What was his response when you said that? “What are you going to do now?”
>
> A conversational narcissist can kill someone’s story dead in its tracks by withholding these support-responses, especially by not asking any questions. Etiquette dictates that we don’t ramble on and share every detail of a story right off the bat. We say a bit, and then wait for further questions, so we know that the person we’re speaking with is interested in what we have to say. In the absence of such questions, the speaker will begin to

> doubt that what they're saying is interesting. So they'll stop speaking and turn the attention to the other person. A victory for the conversational narcissist.
>
> Conversationalist narcissists will also show their disinterest in the speaker by delaying their background acknowledgments–those all important "Yeah's" and "Hmmm's." Good conversationalists place their background acknowledgments in just the rights spots, in the small natural pauses in the conversation. The narcissist tries to adhere to social expectations by giving the speaker some cursory acknowledgments, but they're not really listening, and so they throw them in there just a few seconds off. The speaker easily picks up on this skewed-timing and will stop talking and shift their attention to the narcissist.

Ever here a woman lament that her husband or boyfriend "never listens to me?" This is the genesis of that complaint.

> Avoiding these pitfalls of conversational narcissism will have you well on your way to becoming a competent and charismatic conversationalist. Once someone introduces a topic, your job is to draw out the narrative from them by giving them encouragement in the form of background acknowledgments and supportive assertions, and moving their narrative along by asking supportive questions. Once their topic has run its course, you can introduce your own topic.

This article has some great advice...but add this into the precepts of Game and the picture of social dominance that women find highly attractive becomes clear. When talking one-on-one with a woman you have romantic designs on, don't be competitive in your conversation, be supportive - but make those supportive assertions or supportive questions based on common game tactics: cocky-funny negs (which can be in the form of questions) or humorous observations that provide the opportunity for shared laughter without interrupting the flow of her topic.

This goes doubly so in group conversations for which a woman you are interested in or are already in a relationship with, is present. Show the ability to lead a group conversation that involves everybody participating (even if only marginally) and has everyone amused, laughing and enjoying it, you will be demonstrating your 'gina tingling dominance.

Social dominance is not the same as being a conversational narcissist, domineering a competitive debate. You may "win" the debate, but you lost out on creating good vibes, shared laughter and increasing your perceived charisma...which, as a man, is your primary trait for attracting female desire.

Paleo Baby

Keoni Galt · 6 May 2011 · Archived copy · Original



I strive to try and maintain some semblance of online anonymity with this blog. Because of this, I've deleted many an intended post here and elsewhere as I was composing it, because it gives away too much personal info. I've had several life altering events I've blogged about in the past year, but one thing I haven't touched on yet has been the birth of my first child. In order to write this post while attempting to keep up my pretenses of anonymity, I will refer to my child as "Paleo Baby" for the rest of this piece and avoid gendered references to the child.

Now, I've spent a good deal of time blogging about dietary and nutrition issues, and have related many of my own personal experiences I've undergone since I began eating foods contrary to the conventional wisdom of mainstream society. But I've done more than put my money were my mouth is...I've put the dietary principles I blog about into practice with raising my child. In short, my baby is being raised loosely following the Paleo diet guidelines. Another way to put it, is that I've not only put my money where my mouth is, I've put my progeny where my advocacy blogging has been.

It has been an uphill battle with most people. Paleo Baby's doctor, my wife, my in-laws, my own parents...all have argued, disagreed with me or have expressed incredulous amazement when they see me do things that are against conventional wisdom with regards to raising and caring for paleo baby.

I don't give a damn. As far as I'm concerned, the results speak for themselves.

It started at conception. That is when I essentially took over the grocery shopping (my wife loves pasta and bread, I had to take over the shopping to get that stuff out of the house) and cooking at least 50% of the meals in my household. I made sure to feed my pregnant wife ample supplies of proteins and fats, while eliminating all sugars, processed snack foods, and Omega-6-rich vegetable oils. I highly restricted all grains, bread, pasta and other such high-carb fare...including "heart healthy whole grains."

I fed my wife plenty of bacon, eggs (from our own pastured chickens) fried in a mix of bacon grease and butter (the highest quality butter from grass fed cows - either Anchor brand from New Zealand or Kerry Gold brand from Ireland), and a wide assortment of vegetables also sauteed in butter/bacon grease. This was breakfast every single day for the past two years.

Dinners were largely consisted of vegetables and meat...especially red meats - buffalo, grass fed beef, free range chicken and pork, as well as fresh caught fish. All vegetables were liberally buttered and salted with fresh ground sea salt. We would also regularly eat tubers like sweet potato and yams deep fried in extra-virgin coconut oil. In short, if you believe in the lipid hypothesis, my pregnant wife should have gained 300 lbs. and died of a heart attack shortly after birth.

Except she actually lost weight in all the right places. Her pregnancy was all belly, while she burned off excess fat in her arms, legs, upper body, neck and face. See, prior to pregnancy, she would regularly eat junk food. While she was basically following my paleo diet at home, she regularly ate pasta, bread, fast food, restaurant foods and drank soda and ate snacks and such while at work and out with her friends. Once she got pregnant, she got serious and cut all of that out "for the baby." When she was 9 months pregnant, you could not tell she was carrying if you saw only her back view.

Another thing that nearly everyone couldn't believe we did, was eschew any prenatal vitamin supplements. The only supplement my wife took during her entire pregnancy was a high quality fish oil pill to get EPA/DHA.

When Paleo Baby was born, there were a number of things that confirm to me that we did the right thing.

Paleo Baby was born with eyes wide open. I have no doubts Paleo Baby could see within minutes of birth. When I held baby for the first time, I was greeted to two wide eyes that tracked my head and hand movement from the get go. I've never seen a newborn like that before. This seems to jibe with this article: Vegetarian Mothers Depriving Young Children & Unborn Babies of Essential Vitamins

> **What Parents Should Know About DHA**
>
> In order to fully understand the importance of choosing the right omega-3 fatty acid supplement, it is necessary to understand how crucial a role these nutrients work to maintain health. Docosahexaenoic acid (DHA) is one of the most important fatty acids in the body. It makes up 40% of the fatty acids found in the brain and 60% of the fatty acids found in the retina, which is why it is so crucial for thought processes and maintaining healthy vision, and why parents should ensure that the body has enough of it. DHA is also one of the building blocks of neural cells, supporting mental faculties on a cellular level. In infants and fetuses, the addition of DHA to formula has been shown to improve cognitive function and improve macular development. The benefits of DHA do not only extend to infants and fetuses. In pregnant women, DHA has been linked to improved eyesight and attention.

Paleo baby had plenty of DHA *in utero*.

Paleo Baby head was being fully supported by the neck since 10 days of age. At 10 days, I could hold baby upright without having to support the neck. Sounds unbelievable?

Paleo Baby is also the most cheerful, easy going baby I've ever encountered. Paleo Baby regularly sleeps the entire night through, and only occasionally wakes up in the middle of the night to breastfeed. In those cases, baby than falls back asleep and stays that way the rest of the night. It's been like this from newborn to the present day.

Paleo Baby is the very anti-thesis of a colicky baby. 80% of the time baby awakens without crying. Paleo baby will coo, giggle or laugh until my wife or I awakes to feed or change the diaper.

Thinks this sounds preposterous? Check out this article: Why a steak for pregnant mothers could stop babies crying

It's not just the steak. It's the FAT. All that glorious, "artery-clogging" and "fattening" saturated FAT.

Note that while the article suggests that expectant mothers should eat steak, it still has to end with a quote from a so called "nutritionist" (who turns out to be a VEGAN!):

> But nutritionist Yvonne Bishop-Weston warned: 'Meat comes with saturated fats which can hinder the body's use of essential fats needed for the baby's brain and nervous system development.'

I suggest all nutritionists and dietary experts who peddle such garbage should all be rounded up and shipped off to FEMA camps where they can be fed all the high-carb low-fat vegan crap they try to guilt trip the rest of us into eating. If it's so good for us all, they should thrive, no? They can eat like birds, I'll stick the diet of an omnivorous predator species, thank you very much.

But I digress.

The following is a list of food and practices I do in raising Paleo Baby, for which I get raised eyebrows and regular objections to, by doctors, relatives and friends alike when they here or see me doing as such:

- No formula. Ever. Breast milk 100% for the first 4 months, and still only breast milk in addition to solid foods.

- First solid food at 4 months? Pureed buffalo, salted and sauteed in butter. I looked at the sheet of paper Paleo Baby's pediatrician gave us that recommended a schedule for introducing solid foods. I ignored it. The supposed first food was supposed to be pureed grains like rice, corn along with other vegetables. It recommended only introducing meat when baby reaches 9 months. I laughed out loud at that one.

- We make 95% of all the baby food paleo baby eats from fresh ingredients. Grass fed beef, free range chicken, wild caught fish, free range pork. All cooked and salted with fresh ground Hawaiian sea salt, and pureed with a wide variety of vegetables and butter. Broccoli, cauliflower, carrots, sweet potato, asparagus, spinach, zucchini, green beans, peas. The only fruit is an occasional little bit of banana or pear, and only given after eating full portions of the main food first. We always feed paleo baby until baby is full and doesn't want anymore.

- Paleo baby also eats 100% organic, whole milk (full fat) yogurt, and full fat sour cream, as well as a wide variety of, high quality cheeses like brie, cheddar, mozzarella, muenster, feta and organic cream cheese.

- I regularly give paleo baby hunks of meat, bacon, fish, and seafood. Pieces that are too big to swallow, but perfect to gnaw on to get the flavor and the FAT.

- Paleo baby has never eaten any sugar, high fructose corn syrup or any kind of soy or wheat derived food product. No cookies, crackers, cereal, "num nums" etc.

- Paleo baby also sunbathes every day at high noon if the weather is conducive. No sunscreen. We carefully monitor baby as we sunbathe. We've been doing this regularly for months now, and Paleo Baby has a nice tan, and *has never been sunburned*. This is the big one that gets so many friends and relatives upset with me. When we go to the beach, I'll take Paleo Baby into the water and some relative or friend will ask me if I'm going to put any sunscreen on baby. When I politely decline, they look at me like I'm some kind of monster purposely going out to broil my child

into a burnt crisp.

- Paleo Baby has only had one head cold to date. Paleo Baby is almost 1 years old, and has been exposed to a variety of sick people, and has only gotten sick once. No ear infections, diarrhea or other common childhood ailments.

- Paleo baby only had diaper rash once (because we were out and about, and didn't change the diaper for over 4 hours or so). We have tubes and tubes of diaper rash paste given to us as baby shower presents, sitting unused and unopened.

- Paleo Baby's diapers are almost too easy to change. The crap is solid, not that smelly, and easily cleaned up with a single baby wipe. It is very rare that more than one wipe is required to adequately clean up after changing a diaper. I know this is related to Paleo Baby's diet...because we recently went on a trip and bought a bunch of "organic" jarred baby food for the convenience of not having to bring along our baby food maker. Baby did not like it (probably because none had good FAT in it, like all the butter Paleo Baby is used to), and ate with half the gusto as usual. Paleo Baby had soft, runny, stinky diapers that required multiple wipes to clean up. Within a day of returning home and resuming the fresh homemade paleo foods, crap diapers went back to solid and less smelly and easily cleaned as before.

On the most recent check up with Paleo Baby's Pediatrician, she commented that we were the most well-rested, relaxed and least distressed parents of an infant she's ever seen. We are not sleep deprived, and we do not have frayed nerves because baby cries so infrequently, and is easily pacified.

The Pediatrician also informed us that Paleo Baby is in the 94% percentile of all babies in the country with regards to height...and 40% percentile in weight. In other words, Paleo Baby is taller than most, and is at what she described of as the perfect weight. She essentially told us that most babies are fat all over, Paleo Baby only has fat thighs and cheeks. Paleo Baby actually looks somewhat muscular (for an infant). I believe that's because most babies are fed soy formula and lots of sweets and grains. Not many babies have a diet for which the majority of the calories comes from fats and proteins like Paleo Baby.

Paleo Baby also has not manifest any sort of allergies as of yet...which also jibes with the idea that gut bacteria is the primary component of the immune system, and babies not fed formula or high carbohydrate grain-based foods will have a much better immune system than babies on the standard American diet (SAD starts at birth...). Paleo Baby's gut bacteria is obviously thriving and doing it's job as it was intended.

I note that the average parent of a newborn nowadays is continually handing off grain/sugar based cereals and snacks to their kids, and the kids will actually start crying until they get their fix every hour or so. The only grains Paleo Baby ever gets is some white jasmine rice blended in with some form of animal protein, and that is only during meal time. Paleo baby eats 3 square meals and nurses 2-3 a day.

Yes, I'm aware that many parents will often brag about their progeny and proclaim them special and unique. It's natural. I'll just say that I'm no stranger to baby's. I come from a large family. I have been babysitting and tending younger siblings and cousins -- that is feeding, burping and changing baby diapers since I was 10 years old. In addition, several of my friends have also had children within the last couple of years as well. The contrasts between Paleo Baby and all of the new born baby's my peer group's experiences are rather stark and obvious. We are regularly told by our friends that they wish their own children were as easy going and well tempered as Paleo Baby.

Most think I'm crazy for insisting on the diet and other things I do with Paleo Baby.

Than they always tell us how lucky we are.

I don't think luck has anything to do with it.

Now I'm not going to claim Paleo Baby is perfect. But it's quite obvious to me that Paleo Baby is well fed, and adequately nourished from the nutrient dense, high-fat diet, and the differences in behavior, demeanor and development are obvious. I know why...even if others don't or won't believe it.

On the other hand, if someone wants to discount this testimony and just attribute it the luck of baby having superior genes, I won't argue with that either. :)

The Paleo Diet is Not a Panacea

Keoni Galt · 9 May 2011 · Archived copy · Original

I had no idea my last post would get so much attention. I was caught off guard by a linkage from Mark Sisson on Friday and it brought a batch of folks here who have never seen my little outpost on teh interwebz before. As anyone who's been a regular reader here would expect, the reactions have been mixed.

Of course I'm not surprised at the folks who've come here and checked out the archives and got upset with my "manosphere" topics. Some commenters at MDA called me a jerk, a misogynist, controlling and domineering and (my personal favorite) "SCARY."

Muahahahahaha! Wait til they get a load of Roissy or Ferdinand...

All that aside, I'd like to clarify a few things...based on some of the criticisms folks made both here and over at MDAs.

My last post was not intended to be a "My kid is better than yours" screed to stroke my own ego.

At all.

I've merely noticed what I see as quite common differences between most babies I know of who are fed formula from birth, and are fed commercially bought baby food once they start eating solids. I've changed plenty of diapers in my lifetime, long before I had my child's diapers to change.

I've also seen the difference in my own bowel function after I gave up the SAD diet and adopted paleo diet principles. It is not "luck" or "genetics" that my child has never had real problems with digestion or diaper rash. As I wrote, when we went traveling, we fed baby the highest quality, organic vegetable and meat baby food you can buy from the store. 4 days of such fare changed babies diaper results dramatically.

Which brings me to a recent comment made today over at MDA's by a Daniel Merk:

> *The paleo baby article makes me chuckle. Our son is now 1 year old. He's never had grains, legumes or dairy. He has horrible GERD/Reflux and on meds. He was colicky and still never sleeps through the night. His poop is solid, but not perfect. He loves meat more than fruit and loves all veggies. He begins almond/coconut milk because our PED asked us to give him milk and we are against it so she ok'd coconut milk as long as he was not allergic.*

Look folks, this is not black or white. It's not "PALEO WILL GUARANTEE YOUR BABY WILL BE PERFECTLY HEALTHY." Some people can eat the healthiest diet possible, and still experience health problems. That's life.

As I wrote earlier, my baby did get sick with a rather nasty head cold. During that episode last month, baby was congested and constantly miserable. It took almost 2 weeks for baby to get well. During those 2 weeks, we did experience what it's like for newborn parents who are awoken by a crying baby multiple times throughout the night. Not fun.

But once baby recovered, it was back to full nights of sleep and awakening cheerfully most mornings.

I never claimed that this idea that Paleo dieting will make people have "perfect babies" that are the envy of all SAD parents. There are so many factors that can contribute to how a baby develops, diet is just one variable.

But it is, IN MY OWN OPINION, a very significant variable in the overall equation.

I have empathy for parents with colicky babies. I've read up on colic and I understand that Doctor's still don't know precisely how and why some babies experience it and some don't. I personally believe that colic can be caused by a variety of different factors, with diet being **one factor**. But I still believe, as with adults, that it is an important one. If avoiding SAD staples lessens the chances of your baby developing colic, why would you be critical of someone advocating it?

Everyone knows of the anecdote of the person who lived to 100 years of age chain smoking cigarettes and chugging hard liquor until they died peacefully in their sleep. Doesn't mean you should take up chain smoking and hardcore alcoholism in an attempt to replicate that feat.

But some of the commenters here and at MDA act like the diet and other things I've done with my child have no significance...nor relevance. It's just luck. As if we could have adopted a vegan diet at conception, fed the kid soy formula from birth, and still have the exact same baby I described.

That is just ludicrous.

The nutrient dense foods advocated by the Paleo diet can have profound effects on adults who stop eating the USDA Food Pyramid designed SAD...what makes you think similar effects wouldn't be experienced by infant nutrition as well?

I've seen plenty of newborns in my own extended family, in which babies didn't support their own heads with their necks until they were well over 1 month old. I've seen babies who's eyes didn't even fully open until 2 weeks. And I've certainly changed my fair share of diapers from babies on formula/commercial baby food. In fact, in my own experience, these are the norm amongst most people's infants.

Personally, I'd rather that all of the experiences I related in my last post were common, unexceptional occurrences in today's world. It's a travesty that so many kids are raised on formula and other garbage...or that expectant mothers are encouraged to eat "heart healthy whole grains" and to limit their saturated fat consumption.

Who is Keoni Galt?

Keoni Galt · 10 May 2011 · Archived copy · Original



I started using the *nom de plume*, Keoni Galt, approximately two and a half years ago. If you haven't figured it out yet, Keoni, is the Hawaiian translation for the Christian name John.

My development of a libertarian philosophy had nothing to do directly with Ayn Rand. My influences have primarily been the writers and bloggers I've been reading for close to a decade now, regarding Austrian economics and it's credo of non-coercive cooperation in a true free market economy. I was introduced to the theory by Vox Day, who's arguments at his blog eventually converted me from a right wing neo-con warmonger to the anti-statist anarchist I am today. Links at his blog lead me to LewRockwell.com, and the Mises Institute. Later, I stumbled across a hardcore anti-Statist, anarchist website, Strike-the-Root, that has put the icing on my ideological cake.

Confession time: I've never read Atlas Shrugged. I once started it when I was younger, and I just couldn't keep up the interest in it. At that point in my life, It was too boring for me to even get to the 3rd chapter. I've always intended to get around to reading it, but I've yet to pick up my paperback, dust it off, and begin the hard slogging. At this point in my life, I think I wouldn't find it quite as boring as when I attempted it when I was an idealistic 20 year old that still believed in the "American Dream."

While having failed to get past the 2nd chapter, I've read plenty of reviews, critiques, and opinions on Rand's seminal work. Some people have made a lot of assumptions about me since my blog is entitled "Hawaiian libertarian" and I've begun using "Keoni Galt" as my pen name. They automatically assumed I was a so-called "Randian Objectivist."

I'm not an "objectivist" nor am I a "Randian." Or maybe I am, and I just don't know it.

But I did read an excerpt of Atlas Shrugged awhile back: John Galt's Speech, "Who is John Galt?" and I agree wholeheartedly with the core message of Mr. Galt.

The return of the great depression has been very humbling, but educational for myself. I got introduced to the realities of true independence and self-reliance. I had come to a crossroads thanks to a dramatic reduction in income: practice what I preach, or sell out and get on the dole and accept dependence of the government's entitlement programs to feed my family.

Plenty of people tried to talk us into signing up for welfare and WIC when our baby was born and they know that

my income has fallen to the point at which we are eligible for these entitlement programs.

Fuck that.

I refuse.

People say that all those years of financial success and paying taxes should entitle me to "take some back." That's what "the safety net is for," people say.

I say that had I a choice, I would not have paid those taxes in the first place...but because I do have a choice, I will not alter my principles out of convenience.

I've also embraced the "Gone Galt" concept as much as possible.

I've turned down offers of employment for new jobs for which I could earn more money (and pay more taxes).

I put one of my vehicles in storage to avoid paying our State's ever increasing vehicle taxes.

I shop at farmer's markets where I'm not paying sales tax as much as possible.

I've changed my witholdings to have as little income taxes withdrawn from my paycheck as possible.

In short, I look for as many ways to starve the beast as much as possible, without crossing the line to get the authorities to come after me.

Fuck this system and it's inherent corruption. I will support it as little as I possibly can, even if the economy recovers and my business picks up again. To paraphrase Rand's protagonist:

I'm on strike against the State's creed of unearned rewards and unrewarded duties.

> I am a trader. I earn what I get in trade for what I produce. I ask for nothing more or nothing less than what I earn. That is justice. I don't force anyone to trade with me; I only trade for mutual benefit. Force is the great evil that has no place in a rational world. One may never force another human to act against his/her judgment. If you deny a man's right to Reason, you must also deny your right to your own judgment. Yet you have allowed your world to be run by means of force, by men who claim that fear and joy are equal incentives, but that fear and force are more practical.
>
> --
>
> Why is it moral to serve others, but not yourself? If enjoyment is a value, why is it moral when experienced by others, but not by you? Why is it immoral to produce something of value and keep it for yourself, when it is moral for others who haven't earned it to accept it? If it's virtuous to give, isn't it then selfish to take?
>
> Your acceptance of the code of selflessness has made you fear the man who has a dollar less than you because it makes you feel that that dollar is rightfully his. You hate the man with a dollar more than you because the dollar he's keeping is rightfully yours. Your code has made it impossible to know when to give and when to grab.

> You know that you can't give away everything and starve yourself. You've forced yourselves to live with undeserved, irrational guilt. Is it ever proper to help another man? No, if he demands it as his right or as a duty that you owe him. Yes, if it's your own free choice based on your judgment of the value of that person and his struggle. This country wasn't built by men who sought handouts. In its brilliant youth, this country showed the rest of the world what greatness was possible to Man and what happiness is possible on Earth.
>
> Then it began apologizing for its greatness and began giving away its wealth, feeling guilty for having produced more than its neighbors.
>
> --
>
> To those of you who retain some remnant of dignity and the will to live your lives for yourselves, you have the chance to make the same choice. Examine your values and understand that you must choose one side or the other. Any compromise between good and evil only hurts the good and helps the evil.
>
> If you've understood what I've said, stop supporting your destroyers. Don't accept their philosophy. Your destroyers hold you by means of your endurance, your generosity, your innocence, and your love. Don't exhaust yourself to help build the kind of world that you see around you now. In the name of the best within you, don't sacrifice the world to those who will take away your happiness for it.
>
> The world will change when you are ready to pronounce this oath:
> I swear by my Life and my love of it that I will never live for the sake of another man,
> nor ask another man to live for the sake of mine.

If these excerpts from Mr. Galt's speech are the ethos of a Randian Objectivist, than I accept that label without reservation.

Quiz: Are You A Sheeple?

Keoni Galt · 17 May 2011 · Archived copy · Original

[image]

Take the Sheeple Quiz!

> **#1) The purpose of the mainstream media is to:**

A) Keep you informed.
B) Feed you misinformation while keeping you distracted from the real issues our world is facing.

#2) Social Security is:

A) A financial safety net that makes sure people have a retirement income.
B) A government-run Ponzi scheme that requires more and more people to keep paying in just to stay afloat and will ultimately collapse into total bankruptcy.

#3) The fluoride dripped into municipal water supplies is:

A) A naturally-occurring mineral.
B) An industrial chemical waste byproduct.

#4) When you donate money to find the cure for cancer, that money goes:

A) To fund research programs that assess actual cancer cures for the purpose of freely sharing them with the public.
B) To fund mammogram campaigns that actually irradiate women's breasts, causing the very cancers that earn huge profits for the cancer treatment industry.

#5) The national debt is:

A) Under control and will be paid off in a few years.
B) Out of control and will spiral into a runaway debt collapse.

#6) GMOs will:

A) Feed the world and prevent starvation.
B) Threaten the future of life on our planet through genetic contamination and widespread crop failures.

#7) The FDA protects:

A) The people from dangerous medicines.
B) The financial interests of the drug companies.

#8) The EPA's real agenda is to:

A) Protect the environment.
B) Protect the financial interests of the chemical companies whose toxic products destroy the environment.

#9) The Federal Reserve functions to:

A) Stabilize the economy and keep America strong.
B) Loot the economy and control America's economy for the interests of the few.

#10) The purpose of TSA checkpoints at airports is to:

A) Keep air passengers safe and secure.
B) Indoctrinate Americans into surrendering to police state invasions of their privacy.

#11) The practical function of the U.S. Supreme Court is to:

A) Protect the constitutional rights of the citizens.
B) Legitimize federal tyranny over the People by ignoring the Constitution and its Bill of Rights.

#12) Vaccines are based on:

A) Gold standard science that conclusively proves their safety and effectiveness.
B) Quackery and fraud combined with a persistent medical mythology that utterly lacks a factual basis.

#13) Herbs and superfoods:

A) Are medically useless and cannot treat, prevent or cure any disease.
B) Contain powerful plant-based medicines that can help reverse and prevent disease.

#14) In Libya, Afghanistan and Iraq, America:

A) Led a humanitarian effort to save innocent people from tyranny.

B) Waged an illegal imperialist war to occupy foreign nations and control their oil.

#15) The U.S. Bill of Rights

A) Grants you rights and freedoms.
B) Merely acknowledges the rights and freedoms you already possess.

Score your Sheeple Quiz

To score your Sheeple Quiz, simply count the number of times you answered "A" to the questions above.

If you answered "A" 10 times or more...

You are a total news-watching, gullible fairytale swallowing Sheeple! Be sure to keep taking those medications and watching more network news. Don't bother thinking for yourself because you seem to be incapable of accomplishing that...just stick to your bleating.

If you answered "A" fewer than 10 times...

You are sadly Sheeple-minded but there is hope for your rescue. Learn more about the world around you and train yourself to think critically so you can depart from the herd mentality.

If you answered "A" fewer than 5 times...

You are an unusually intelligent free-minded thinker who questions the world around you and doesn't buy into the usual propaganda. You still got suckered on a few items, so there's more yet to learn. But you're on the right track!

If you answered "A" exactly zero times...

You are the complete opposite of a Sheeple. You're independent minded, well informed and probably a regular reader of *Hawaiian libertarian*. Stay on track and question events in the world around you. Eat more superfoods to maintain your healthy immune system and cognitive function. Avoid the toxic chemicals in foods, medicines and lawn care products. Keep reading the alternative press and voice your intelligent views to others willing to listen. (But don't waste your time on those who aren't.)

Re-thinking Things

Keoni Galt · 19 May 2011 · Archived copy · Original

One of my favorite Paleo bloggers, Melissa McEwen, wrote a post almost a month ago that is still getting comments over at her place, Hunt, Gather, Love.

That post is titled: We are going to have to rethink things, won't we?

> When I was a freelancer and I worked from home it wasn't so obvious to me why Americans are so unhealthy. Now it's totally obvious. Cooking and the housekeeping the accompanies it takes time and when every adult member of the household works 40 hours a week, that becomes very difficult. It's even worse because most people don't particularly enjoy their jobs and would like to come home and do something they enjoy. Wouldn't it be great if everyone loved cooking? But it just doesn't work that way.

No, it certainly does not. Used to be we lived in a world of clearly defined gender roles, men worked, women cooked. That state of affairs simply would not do!

> I don't have children and I struggle to cook every day. What's the point of all the productivity gains we've made if we all have to work the same amount of hours? When I first started working I once tallied up the percentage of my life that would be spent at work or commuting at the current rate and it was too depressing a calculation to repeat.

One of the first realizations you have to come to if you decide to eat better to lose weight and achieve better health, is that you are going to have to re-orient your daily routine to fit in cooking as an integral part of your lifestyle. There is no two ways around it.

> Housekeeping is very difficult when there is no one keeping house, when it's an afterthought in an exhausting day. Me? I'd love to work fewer hours and while I'd have to cut back on some things, I feel my quality of life would be higher. But there aren't many jobs available for 15 or even 30 hours a week and almost none provide any kind of benefits.

One of the most devious schemes ever implemented by our corporatist state was the idea that an employer should become the primary provider of "benefits." These benefits become a form of self-imposed serfdom. Kinda hard to tell your company that they want you to do something for which you object to...because you can't afford to get fired, or to quit, or you'll lose your health coverage. So you suck it up and deal with it. Back to work, you human resource!

> Perhaps we should just give up and acknowledge that the price of the American workforce is that few people have time to cook healthy meals. Then we need to focus on having better restaurants. Right now if you are eating out a lot, you are probably getting tons of vegetable oil. Even Thomas Keller, Michelin-Starred Chef, uses canola oil at his enourmously expensive restaurants.

I'm certainly not aiming to bust on Melissa, as I respect her blogging and her obvious intellect greatly, but she misses the forest for the trees here...

This is the price of socially engineering the gender "equality" of the American workforce. The cooking of the stay at home Mom used to be the primary source of nutrition for her entire family. Now she's a tax paying human resource along with her babies' Daddy working to pay off the debt for affording the lifestyle appearances of the mythical middle class, American dream. The fast food restaurants, public school cafeterias and convenience food manufacturers are now feeding the masses.

In short, the functions of the stay at home mother have all been outsourced to the giant corporations.

> The idea that career is a form of fulfillment is a fantasy for all but a lucky few.

Oh yes, and that fantasy was the precise dream sold to the masses to get the American female out of the kitchen and out into the workforce. That way they can maintain the lifestyle of buying things we don't need, with money we don't have.

> In reality, this idea is just a way to make people feel better about having to give their lives away for trivial things. By the time they retire, their health is so battered that they spend the remaining years shoveling pills into their mouths in a nursing home.

To paraphrase the late George Carlin: It's called the American Dream because you have to be asleep to believe it.

> It's time to put work back in its place- it's a way to make a living for most of us and a lot of us would be willing to trade off some income for more time. More time to acquire healthy food, cook it, keep house, spend time with our own children, enjoy life...

To think...this was the basic reality for most women in those horrible, oppressive days of the 1950's that have been so reviled and mocked by today's modern-minded progressive.

While we may want to re-think things, you may come to the realization that it's all been thought out for us already.

Transcription of an excerpt from Aaron Russo's last interview before his death in 2007:Reflections And Warnings: An Interview With Aaron Russo, Entire Film

> Well one of the things he told me was that.. he was at the house one night and we started talking and he was laughing and he said,
>
> "Aaron what do you think Women's Liberation was all about?"
>
> And I had pretty conventional thinking about it at that point and I said,
>
> "I think it's about women having the right to work to get equal pay with men just like they won the right to

vote.”

He started to laugh and he said,

“Your an idiot.”

And I said,

“Why am I an idiot?”

And he said,

“Let me tell you what that was about. We the Rockefellers funded that.”

“We funded Women’s Lib and we’re the ones who got it all over the newspapers and television (through) the Rockefeller Foundation…”

And he says,

“You wanna know why?

There were two primary reasons.

And one reason was we couldn’t tax half the population before Women’s Lib and the second reason was now we get the kids in school at an early age.. we can indoctrinate kids on how to think and with it break up their family. The kids start looking at the state as the family.. As the schools as the officials as their family.. not the parents teaching them. And so those were the two primary reasons for Women’s Lib.”

How Not To I.D. Genetically Modified Food at the Supermarket

Keoni Galt · 20 May 2011 · Archived copy · Original

[image]

UPDATE - Thanks to commenters Scott and jay for providing links pointing out that this PLU number can be used to identify GMO was an idea that was created to implement by grocers so they could differentiate their own produce, but because GMO labeling is voluntary, nobody uses it because the popular backlash against GMO is so strong, they know any PLU label that began with 8 would reduce sales.

Ah well, looks like I'll have to stick to farmer's markets for produce if I want to be 100% certain to avoid GMO. I'm leaving it posted so other people recognize it as misinformation as well.

For those of you who care about whether or not you're eating GMO Frankenfoods, this article I came across via Strike-the-Root gives us the following info:

> Not many consumers realize that the FDA does not require genetically modified food to be labeled. That's because the FDA has decided that you, dear consumer, don't care if the tomato you're eating has been cross bred with frog genes to render the tomato more resistant to cold weather. Some consumers may not be concerned with eating Frankenfood, but for those who are, here's how to determine if the fruits and vegetables you're buying are (GM) genetically modified.
>
> Hat tip to Marion Owen for her valuable information. Here's how it works:
>
> How To I.D. Genetically Modified Food at the Supermarket =
>
> For conventionally grown fruit, (grown with chemicals inputs), the PLU code on the sticker consists of four numbers. Organically grown fruit has a five-numeral PLU prefaced by the number 9. Genetically engineered (GM) fruit has a five-numeral PLU prefaced by the number 8.
>
> For example:
>
> A conventionally grown banana would be: 4011
>
> An organic banana would be: 94011
>
> A genetically engineered (GE or GMO) banana would be: 84011
>
> These tips are specially important now that over 80% of all processed foods in the US are genetically modified. Many countries in the European Union have been banning GM products and produce (including Austria, France, Germany, Greece, Hungary and Luxembourg). We say "Eat healthy, buy or grow organic".

I always just assumed that by going paleo, and avoiding processed foods as much as possible would mean one would also avoid GMO foods. I did not realize that GMO produce has already infiltrated the marketplace. I thought GMO was largely confined to corn, wheat and soy crops to allow them to thrive under repeated pesticide spraying.

I will definitely be looking at the PLU's the next time I'm in a grocery store shopping for produce.

Are you a Conspiracy Realist, Theorist or Skeptic?

Keoni Galt · 22 May 2011 · Archived copy · Original

Inspired by boredom, bad weather keeping me indoors, and the Are You A Sheeple? quiz, I created:

The Conspiracy Quiz

The Conspiracy Quiz » Make A Quiz

Unconventional Health Care

Keoni Galt · 24 May 2011 · Archived copy · Original

[image]

I've often read various comments from people on teh interwebz regarding healthcare advice, that one should take what their Doctor's tell them, and do the exact opposite to ensure good health. When it comes to diet and lifestyle advice...it may not be too far from the truth.

But when it comes to emergency medical situations, this can be a life threatening attitude. The modern allopathic health care system is very good at dealing with traumatic wounds and critical medical conditions, as well as providing corrective surgical procedures that can improve ones life dramatically.

To some, there is nothing of merit in the current health care system, it is all a fraudulent industry designed to profit off of sickness and death. There is most certainly aspects of the industry that are like that...after all, if widespread knowledge of nutrition and health were widely practiced, health care insurance claims and pharmaceutical prescriptions would not be industries that are nearly as lucrative as they are today.

In other words, emergency medicine is great...preventative health care has been hopelessly corrupted to ensure a steady supply of customers in the future.

What other conclusion can you draw, when one can actually look at the literature and TV Programming found in hospitals and Doctor's offices across the country, advising nutrition and behavior that is detrimental to human health over the long term?

To summarize:

- Eat a diet rich in whole grains, vegetables and fruits.
- Only eat lean, white meats, avoid red meat as much as possible.
- Always choose the low fat or non-fat foods when grocery shopping.
- Use vegetable oils instead of animal fats whenever you cook.
- Avoid eating salt.
- Remember that the key to weight loss is to eat less/exercise more.
- Count your calories.
- Monitor your cholesterol, if it's too high, you will need medication to control it.
- Avoid going out in the sun during the hottest part of the day...from 10:00am to 3:00pm.
- If you must be outdoors during that time, make sure you use sunblock.

These things are all articles of faith promoted by Western Allopathic Medicine. Through self experimentation, I think I can safely conclude that these are all lies, and following them religiously will inevitably lead to sickness and ill health.

Yes, we are all going to die someday.

But I'd rather maximize my short time in this life with the best health and vitality possible until I head off to my dirt

nap. Widespread, long lasting, good health is simply not profitable for the health care industry so they do not have an interest in promoting it. Remember that the next time you are receiving diet and lifestyle advice, and take it with a grain of salt.

Conventional medicine can help you...and it can hurt you. Only you can decide which advice and treatment options are more likely to do one or the other.

Corporate Whores & Mass Media Terrorism

Keoni Galt · 26 May 2011 · Archived copy · Original

[image]

It's that time again....

...time for another round of terrorizing we the sheeple via mass media propaganda about a common food item most of us consume.

Yes, it's time for another round of mass media "RED MEAT CANCER SCARE!"

In my last post, commenter Dan Dascalescu left the following:

> *You do realize that you are pitting one particular case against mountains of large-scale clinical trials (for instance this study on daily red meat consumption which shows that cancer mortality in men in the highest quintile of consumption is increased 22%, and the cardiovascular disease mortality in women consuming the highest quintile of processed meat is increased 38%.)*
>
> *You have quite a burden of proof upon your shoulders.*

Not quite, Dan. Funny that I had this post on the back burner for a couple of days...but your comment got me inspired to finish it up.

Before I even clicked on your link, I already knew where this was going...but I clicked anyways.

> The study conclusion reads "Red and processed meat intakes were associated with modest increases in total mortality, cancer mortality, and cardiovascular disease mortality", but please see the "Adjusted model" results in the results tables of the study. For example, cancer mortality in men in the highest quintile of consumption is increased 22%, and the cardiovascular disease mortality in women consuming the highest quintile of processed meat is increased 38%.

Were have we seen this kind of thing before?

So, knowing what to expect, I click on Dan's link to the PubMed Abstract:

> Abstract
> BACKGROUND:
>
> High intakes of red or processed meat may increase the risk of mortality. Our objective was to determine the relations of red, white, and processed meat intakes to risk for total and cause-specific mortality.
> METHODS:

> The study population included the National Institutes of Health-AARP (formerly known as the American Association of Retired Persons) Diet and Health Study cohort of half a million people aged 50 to 71 years at baseline. **Meat intake was estimated from a food frequency questionnaire administered at baseline.**

[image]

Same story, different channel.

Dan, if you're reading this, understand that correlation does not equal causation. But the journalists who right these "scare" stories can't seem to grasp this. They just read the PubMed abstract, write their story for corporate mass media dissemination about the dangers of red meat consumption, and BOOM! Once again, "everyone knows red meat is bad for you!"

Now, as I indicated earlier, I began writing this post several days ago...because I also saw a similar article in the same vein: Cut red meat intake and don't eat ham, say cancer researchers: World Cancer Research Fund advises people to limit consumption of beef, pork and lamb and avoid processed meat

I didn't even bother trying to find the source article. I already know it's going to lead to the exact same thing - an epidemiological study based on food questionnaire results. It always does whenever you look into these "RED MEAT" mass media terrorism campaigns.

This time, I tried a different tact. I wanted to see just who was funding this organization to produce these kinds of studies to scare us all into forgoing meat in our diets. A cursory Google search of "WCRF Corporate Sponsors" didn't reveal any WCRF lists of sponsors, but it did reveal the American affiliate of the WCRF, the AICR or American Institute of Cancer Research. There list was rather illuminating.

The Dole Nutrition Institute *"Delivering Nutrition Naturally! Dole just made it easier to learn how to eat the right foods and live a better, healthy life!"*
Eat Right! Fruits! Vegetables! Salads! Juice!

Nah, there's no motive to promote less red meat consumption and more fruits and vegetable consumption from a fruit and vegetable corporation like Dole...right?

Take a look at another corporate sponsors page, Giant Food LLC, and their healthy ideas page. The graphic displaying processed food products under their "healthy ideas" logo are the typical fare of so-called 'healthy' mass produced food, like whole grain pasta, orange juice and egg beaters "low cholesterol" egg substitute.

Nah, this corporation wouldn't have anything to gain by people making their grocery shopping decisions with the fear of red meat in their minds...

Another sponsor is Standard Process Whole Foods Supplements. From their "importance of whole foods supplements" page, we get the following:

> Given proper nutrition, the human body has an amazing ability to heal itself. If properly fed and given the right nutrients, the human body is designed to repair itself. To do so, we need to eat a healthier diet, exercise, and take high-quality supplements made from whole foods. Whole food supplements supply our bodies with nutrients we are not getting from our diet, all the vitamins, minerals, trace minerals, and phytonutrients that

> foods possess in a way that nature intended, in a whole food form.

Think they wouldn't sponsor red meat demonization studies so people buy their supplements rather then eat the meat that contains many of the vitamins, minerals, trace minerals and nutrients?

Some other sponsors include The California Walnut Commission (eat nuts for protein instead of red meat!), The National Onion Association (eat more vegetables instead of red meat!), The National Fisheries Institute (eat white meat instead, like FISH!), and of course, without any surprises, we have the United Soybean Board.

You think the number one Big Agriculture crop used in making "Vegetable Oil" and "Vegetable Protein" wouldn't have an axe to grind against red meat? Nah.

I'm convinced that the entire demonization of red meat by the corporate mass media is a deliberately disseminated misinformation campaign to get consumers to buy the processed food products of Big Agriculture instead of fresh meat.

The Real Oppression of Women Under Patriarchy

Keoni Galt · 28 May 2011 · Archived copy · Original

[image]

Go to any blog, message board or online magazine's comment section in which the topic regards the past system of Patriarchy, and the inevitable argument always gets put forth: that the past system was oppressive because it trapped innocent women and children in marriages to abusive, tyrannical men.

As bad as the current regime of feminist no-fault divorce-a-palooza and the ubiquity of single mother households becoming the primary makeup of the 21st century home, many women will acknowledge the injustices and drawbacks of the current dystopia, but still argue from the position that it is still an improvement over the dreaded oppression of Patriarchy's past.

Yet, when you take a step back and look at the big picture, what do we see when it comes to women, and their choice of sex partners and sperm donors for their offspring? Time and time again, under the current regime in which women have all the choices in mating and reproductive decisions, with the power of the State backing them up in whatever direction they choose...many, many women choose to remain or frequently return to violent partners over and over again.

It gives lie to the idea that freeing women from the constraints of Patriarchy would allow them to escape abusive spouses.

When one does a google search on "why women return to abusive partners repeatedly" you find out such fun factoids like: *"A battered woman leaves her partner an average of seven times before she breaks with him permanently."*

Browsing through the first two pages of those search results reveals one thing all the websites dealing with that topic ALL have in common: they all absolve the woman of any responsibility for her choices and offer rationalizations and excuses as to why she has no choice but return to her abuser over and over again. Low self esteem, societal dissaproval, emotionally still 'in love," manipulation by her abuser...blah, blah, blah.

Here's an idea: women who repeatedly return to an abusive man and continue to have sex with them and pop out children with them are sexually attracted to these abusive men *because they are violent.*

All of these excuses and explanations are rationalizations avoiding the dark truths of female's base sexual nature and attraction towards the dark triad of masculinity traits.

No matter how many times it's claimed, it's logically impossible to believe this notion that the majority of husbands and fathers in the bad old days were unjust tyrants abusing their wives and families with reckless abandon, deliberately hurting their spouses just because they could. If that were the case, and the vast majority of married men were unjust abusers, the feminist movement would have never ever gained society- wide traction. MEN had to vote to approve FEMALE suffrage. If all men under dastardly Patriarchy were hell bent on oppressing all of women-kind, suffrage, no-fault divorce and all the other aspects of today's feminist zeitgeist would have never come to pass.

Feminist gains were achieved with male compliance, apathy and acquiescence.

That's because while we may have a lot more "beta" males in society today due to our cultural programming that psychologically emasculates the majority of males than would naturally occur under a strictly traditional Patriarchal society, even back than, the majority of males were still "beta." They got married and their wives still ruled the roost in all but name. As I wrote over at Alte's:

> *For instance, my own grandparents….both grew up during the depression and had already had 4 children by the time the sexual revolution rolled around in the 60′s. There was a tyrant in the house..and it was certainly not my grandfather. My grandmother wore the pants. What she said, goes. Patriarchal oppression….HAH. My grandmother would've laughed at the idea that she was oppressed just because she was a SAHM and took my Grandfather's last name.*

The difference between back then and now, was divorce laws that favored men and the society-wide stigma against divorce meant men could beta-ize and their wives couldn't just up and leave them.

It has always been so, that most males in any human society will be mostly beta. Alpha's are always the select few, amongst the mass of average, beta males.

No, I do believe I've figured out the real meaning of oppression under Patriarchy.

The biggest oppression the majority of women experienced in the past was not abusive, asshole, Alpha thugs...it was being trapped in marriage to a contemptible Beta she had no sexual attraction towards. Now THAT that was some SERIOUS oppression from the female point of view.

Now that Patriarchy has been deconstructed and marginalized by the feminist movement, there is no longer any reason why a woman who got married and had children, and grew to despise her beta-ized husband, to have to stick with "'til death do us part."

Remember Roissy's Maxim #51? "For most women, five minutes of alpha is worth five years of beta."

That's under today's Matriarchal zeitgeist.

Now women can marry a beta, pop out some kids, eat, pray and than find an alpha to love for 5 minutes while she divorces the beta and locks him into years of indentured servitude via child support and alimony.

But under the bad old days of Patriarchy, if a woman settled for a beta, it really was "'til death do us part."

Your Gut Feelings

Keoni Galt · 1 June 2011 · Archived copy · Original

How do you feel right now? Chances are, the way you feel right now is directly related to how your guts feel...literally.

The ancient Hawaiians believed that the guts were the seat of mankind's thoughts and feelings. The word for it was na'au (nah-ow). Here's the definition from the Hawaiian Dictionary:

> NA-AU, s. The small intestines of men or animals, which the Hawaiians suppose to be the seat of thought, of intellect and the affections.
> 2. The internal parts, i. e., the inwards of animals. The bowels.
> 3. The affections; the mind; the moral nature; the heart; the seat of the moral powers.

Perhaps this came from their recognition that we humans often experience sensations in our gut when we go through extreme emotional fluctuations. From the giddy butterflies of ecstasy to the gnawing pain and ache of dread, we often don't really think too much about how our guts impact our overall health and well being.

But certain scientists have been researching the precise physiological role that the na'au plays in human health and the results of such research confirms that the Hawaiians were more more correct in their intuitive beliefs than they knew...

Dr. Art Ayers has a blog he only occasionally posts at...he's obviously a busy guy. But when he does post, it's well worth the wait. His latest deals with Gut flora - or bacteria.

Thanks to the modern day marketing messages and health scares associated with flu season, we now live in a germophobic society. We now have anti-bacterial soaps and hand cleaners all over the place. I see hand-cleaner dispensers at the entrances to buildings and grocery stores all over the place here in Hawaii. Art's post, Contagious Health, makes the case that this may actually do more harm than good:

> Every time we speak, we release a mist of bacteria from our lungs, mouth and GI tract. These bacteria are on our skin, clothes and personal items, and provide a source of the bacteria that make us healthy. Parents and older siblings pass these bacteria on to younger children. These donated bacteria are essential for the development of a healthy immune system and children growing up with healthy relatives and exposed to soil bacteria via pets, farm animals, etc. are healthier than children who are more isolated.
>
> In this sense, hygiene is unhealthy, because an individual is isolated from new sources of bacteria that could replace those lost by limited diets, antibiotics, etc. Otherwise, health is contagious, since gut bacteria from healthy individuals can spread among the population. Washing hands and food is unnatural and unhealthy.

Think of it this way - the vast majority of people you interact with at any given moment, are normally healthy and not suffering from some contagious disease...which means they most likely are exuding healthy bacteria in their exhalations. Fanatically washing your hands and wiping down all your surfaces after every interaction out of the misguided notion that you're keeping yourself healthy may actually harm you more than help.

As Art writes: "**Few** Bacteria Make You Sick, but **Many** Are Essential for Good Health".

Now granted, if you encounter someone who is obviously sick, some caution and avoiding exposure to their germs is certainly warranted.

But Dr. Ayers also offers a good piece of advice that is sort of buried in his post...for those who suffer from 'lactose intolerance' it has nothing to do with your "genes" -- many Asian folks mistakenly believe that Asian "genes" are the reason why they have trouble with dairy -- but the kind of bacteria that lives in your gut!

> Food intolerance can result from “good” family hygiene, limited diets and exposure to antibiotics. A common intolerance results from the absence of bacteria that produce an enzyme to digest dairy lactose, i.e. lactose intolerance. Lactose intolerance can be readily cured by eating a dairy product, such as yogurt, that contains both lactose and live bacteria (probiotics) that can digest the lactose. Simply eating moderate amounts of live yogurt daily for a couple of weeks resupplies the gut flora with bacteria that can digest lactose, and the intolerance is gone.

[image]
Nancy's Organic Whole Milk is my favorite yogurt. I've never had problems with lactose intolerance, but I found that since I began eating this stuff regularly, I have had zero digestive problems for quite some time now.

But it's not just issues with digesting dairy either.

> Soluble Fibers Are Plant Polysaccharides that Are Digestible by Bacterial Enzymes
> Humans only produce enzymes to digest one polysaccharide, starch. All of the other hundreds of polysaccharides present in plants are only digestible by bacterial (and fungal) enzymes of the gut flora. If the bacteria and enzymes needed to fully digest a particular food polysaccharide are absent, then digestive problems ensue and the polysaccharide can act as a laxative. Continual eating of the problem food with a new source of diverse bacteria, e.g. lightly rinsed vegetables right from the garden, then the gut flora will incorporate new bacteria that can digest the problem polysaccharide and the gut is happy.
>
> Soluble fiber feeds the gut bacteria that convert it into short chain fatty acids that nourish the colon. Constipation results from the absence of the bacteria needed to digest dietary fiber and to produce the large volume of bacteria that make up well hydrated stools.

This MAY be the root cause of any so-called food allergies you may have...it's not that your allergic to the food itself, per say, you just don't have the right gut bacteria to digest it.

Another issue may be a recent use of antibiotics prescribed by your doctor. You may find after having gone through a course of treatments that you have problems digesting foods you never used to have problems with:

> Antibiotics have dramatic and lasting impact on gut flora. Cattle treated with antibiotics and a high carbohydrate diet have an altered metabolism (obesity) that leads to rapid fat accumulation in their tissues. This is good for making tasty beef, but the same approach in people produces the suite of diseases in affluent societies.

> Children treated with an antibiotic for a simple ear infection, are much more likely to return to pediatricians for treatments of subsequent obesity, infections and diseases. Compromised gut flora can take years to return to normal function after antibiotic treatment. Loss of the appendix, which is the normal source of bacteria to replenish gut flora after diarrhea, results in an increased risk of abnormal gut flora and numerous autoimmune diseases. It is likely that most autoimmune diseases are preceded by prior treatment with antibiotics that disrupted normal gut flora and permanently altered the immune system.

I first really noticed this with my hunting dogs. Occasionally a wild boar can injure or kill a hunting hound with it's sharp, ivory tusks. I've had several dogs killed...and most eventually get injured and cut up pretty good. In some cases, I've had to sew up my own dogs wounds and administer antibiotics for days to prevent the wounds from getting infected. After a course of antibiotics, the dog would usually have bad diarrhea. My veterinarian recommended I feed the dog whole milk yogurt for a week after the antibiotic treatment was done, and sure enough, it worked like a charm.

So the last time I had to take antibiotics for a bad chest infection I had, I began eating the whole milk yogurt as well. Since that time, I've made it a regular part of my diet...along with other probiotic rich foods like sauerkraut, kim chee, cultured cheeses and poi. Perhaps it's mere coincidence...but since than, I've yet to get sick enough to require a Doctor visit and another prescription of antibiotics.

Defining Hypergamy

Keoni Galt · 4 June 2011 · Archived copy · Original

There's a commonly repeated meme in this corner of the interwebz...that female hypergamy means women are constantly looking to "trade up" to the highest status male than can attract, and will jump ship to a seemingly higher value mate whenever the opportunity presents itself.

It is also commonly stated that hypergamy is women only looking to mate with men who have better jobs or higher pay than what they make.

This is not what hypergamy is.

Hypergamy explains why some women do in fact "trade up" when the opportunity presents itself, or why they only seek relationships with people more successful than they are...but these things in and of themselves are not the definition of hypergamy.

Hypergamy simply means women's base sexual nature is attracted to a higher status *in relation to herself*. In other words, if she does not "look up" to a man **in some way**, she will not be attracted to that man. The higher status can be on one or more characteristics...which is why the unemployed musician can often date a woman who has job and disposable income. She may make more money...but she "looks up" to his musical talents, and he may be physically good looking to boot, despite not having a job, money or a car and so therefore her hypergamous attraction instincts are satisfied in mating with him, despite her higher socio-economic status.

Hypergamy does not mean women are incapable of controlling their behavior while under the influences of those base instincts.

A happily married woman may meet a man who sends her hypergamy detection meter beeping off the charts, and she may or not act on that instinctual attraction. Every woman is different...the problem with today's world is that society at large encourages women to follow this instinct to be "true to herself" or that "happiness" is the most important thing in her life. It is essentially a message telling women to let their hypergamous nature have complete control of her decision making.

But her actions themselves are not hypergamy. Hypergamy describes the biological basis for her attraction triggers...like how youth, fertility, symmetrical features and shapely figures are male's attraction triggers. How you control your attraction and how you react to it will vary on a whole host of other factors like your belief system, your moral views, and your abilities to rationalize or justify breaking those views if you chose to do so.

To call a woman dumping her man for a higher status man "hypergamy" is missing the real point.

Hypergamy is not a negative female trait.

Nor is it a positive one.

It just is.

For men, the most important thing here is to understand what hypergamy is, and observe how she acts on it. By observing this, you can determine her character and suitability for investing resources into a committed

relationship...if that's what your looking for. And if you do find yourself involved, understanding what it is and how it works is also the key in making sure your relationship can succeed in the long run. Understanding her hypergamous hardwiring means you've got to maintain some form of respect and admiration from her to maintain long term attraction.

I remember a girlfriend I had in my early 20's. I had tickets to an upcoming concert and found out the band was gonna be signing autographs at a nearby record store a few days prior. Her friend's and I joined a throng of fans to wait in line to meet the band. When it came to our turn, the security in the store ushered me in, I got to say a few words with the band members while they signed my CD cover, than the security hustled me outside...while my girlfriend and her 3 friends were still getting their merch signed.

Now, I know my girlfriend had a thing for the bass player. I was pissed that the security guards wouldn't let me stay with her until her stuff was signed and she got her photos with the band...as soon as my CD got signed they almost threw me out of the store.

My girlfriend and her friends were in there a lot longer talking to the band than I had. When they finally came out, turns out a few of the band members were trying to convince them to come to a party with the band after the autograph session. While my girlfriend was flattered and basically on cloud 9...she turned him down and came back to me after getting her pictures and autographs.

Here was a case of extreme attraction and definitely status far above and beyond my own status. If hypergamy were the uncontrollable force of nature many bloggers and commenters describe it as, she should have gone with him and had hot groupie sex and forgotten all about my ejected ass waiting outside that record store.

She later told me that yeah, she sure as hell thought about going with him...but the she also knew damn well he was only interested in casual sex and she did not want to throw away our relationship for a one night stand with a rock star who would forget all about her and be on to the next groupie fling in no time.

Maybe that's one good reason why I ended up marrying her.

Fare Thee Well, Novaseeker

Keoni Galt · 9 June 2011 · Archived copy · Original

[image]

Apparently the highly respected, long-time denizen of the man-o-sphere, Brendan, aka Novaseeker, has decided to move on and focus on other thing's in his life, rather than the raging debates in this corner teh interwebz.

He writes his farewell over at Dalrock's:

> *I'm posting this on a couple of websites, so that people can be aware. Nothing dramatic, but more in the way of an explanation, as departures in this neck of the woods without explanation seem to create consternation.*
>
> *I am departing from this corner of the internet. There are many reasons for this, and this is not a sudden decision by any means. Most of this was written a few weeks ago when I took my old blogs down, but I have been tinkering with it for a while, and, thankfully, it's much shorter than my average comment length.*
>
> *The main reason is that I disagree too much with too much of what others seem to agree upon, and it creates too much dissonance for me to be interested in participating actively. I have said what I have to say, and I think others know where I stand, and have benefited (or not) from this, and for me personally it is time to move on. This may sound harsh, but so much that now happens in this corner of the internet is quite irrelevant to real life, in many ways, and so many of the commentators are just shockingly removed from reality. At least the reality that I know and have always known.*
>
> *I am not a traditionalist. I have found, through spending time with them, that I disagree with both their extreme form (Laura Woods), their intermediate form (Mark Richardson) and their mild form (Alte and her commenters). I don't agree with the ideas, with the separation from reality, with much of the substance. It was intriguing at first, but ultimately it is a walk away from shared reality into a personal reality which I do not respect, which I think is unrealistic, and which is also deeply unmotivating.*
>
> *I am also not a men's rights activist. I don't think this is sensible. Other than marginal improvements, like Glenn Sacks and his group are achieving (and are more than worthy of support), this is never going to be anything approaching a movement. Men don't work that way, and it's a wrong-headed way of approaching things.*
>
> *As I have said many times, I am agnostic on marriage, really. If a man wants to get married, knowing the risks, that's his decision. I think enough men have spoken about that by now that it's already out there as a popular enough meme as far as I can tell on mainstream websites. If not, then that's also their decision. The endless discussions ad nauseam about marriage and finding mates are tiresome, repetitive and frankly not terribly interesting or influential after a time. It's great that others are willing to pursue this, but marriage as an end in itself is not something I am willing to devote much energy towards in this culture, to be honest.*
>
> *I have participated for few years in this space of the internet, but all good things come to an end. I think this is an insight that many of us who have participated for a bit longer have had. There is a time for everything under the sun, and at this time, it is time for me to retreat from this space and devote my time to other things that are more productive for me at this time. I wish you all well, wherever your endgame may be.*

I always enjoyed and respected your commentary.

A hui hou, Brendan.

The Paleolithic Diet Explained

Keoni Galt · 9 June 2011 · Archived copy · Original

[image]

How Banks Create Money...Out of Thin Air

Keoni Galt · 15 June 2011 · Archived copy · Original

[image]

Anytime somebody criticizes the Federal Reserve System and tries to point out that the entire system is a private banking cartel masquerading as a "quasi-Governmental" agency, people defend the Fed and it's policies. They conflate any and every criticism of the Fed as "conspiracy theory."

Almost one year ago, I wrote a piece for the Spearhead called The American Dream: 21st Century Serfdom.

In that post, I wrote the following:

> Understand that our modern economy is based not on MONEY…but on DEBT. An obligation to promise to paying the bankers – WHO DID NOTHING MORE THAN TYPE A NUMBER INTO A COMPUTER IN THEIR BANK LEDGER SHEET PROGRAM AND – VOILA! – you too can sign up for 21st century serfdom to achieve the “American Dream!”
>
> But don’t look at the Bankers in your local neighborhood bank as your Feudal overlord…he’s just a mid-level overseer of the Lord’s vast estates.
>
> See, his bank, in turn, has to borrow a fraction of their funds from the central banking system so that they can turn around and obligate YOU in your pursuit of the “American Dream.”
>
> Does this sound outlandish or confusing to you?

Apparently, it did.

Here's some quotes from that article:

Richard Brodie:

> A bank can’t create $1000 from a $100 deposit. It creates $90, which can then be deposited in another bank and create $81, and so on. There’s a decent Wikipedia article about fractional-reserve banking that seems to agree with me.

Lynch:

> This doesn’t make sense to me, could you please elaborate further?
>
> The initial $100 deposit, which could then be used to lend out $90.. that makes sense. The bank makes interest off of what it loans out on the $90, eventually recouping the initial $90 and then some. That’s how I’ve always understood banking to work.
>
> However, when you say the $100 deposit becomes the “reserve” for a $1000 loan.. how does that work? In the

> first case, the bank takes the $90 from the account. In this second case, where does the missing $900 come from? At some point the borrower gets $1000 (for their car, business, whatever) and spends it. Then they are on the hook for paying it back. The bank still has to give out $1000. How do they do that from someone else's $100 deposit?

Anti Idiocy:

> I too question the accuracy of this analysis. I'm not saying it's wrong, fractional reserve banking isn't an area of great expertise for me. But it sounds fishy. My understanding is that if the bank receives a deposit of $100, it can loan out $90 of that. It doesn't have to keep in reserve more than 10% of total deposits.

Gunn:

> Technically this analysis is all wrong.
> The $100 deposit is actually a bank liability on its balance sheet, not an asset. Any loans made to customers are assets on its balance sheet, as these represent monies the bank is owed.

ABS:

> I'm sure HL means well, but this article really ought to be taken down – its not going to make The Spearhead look good, and really has nothing to do with MRA, guyinism, or whatever one wants to call it. Yes, money is created through the banking system, as some of the commenters have noted, but not in the way described by HL.

That's without even referencing a banker goon who used the handle Dexter Morgan to attack me in that thread.

One year later, I still see the same arguments over at In Mala Fide:

> Fractional reserve banking is not exception: if people don't deposit the money in their bank account, the bank is unable to loan more than what it has already.
> The fraction of none is always none.
> If they do, what the bank do is to take a loan from the people putting the money in their account and loaning to others.
>
> E.G.
> A deposit 100$ in bank –> Bank loan 80$ to B –> B buy 80$ of nails from C
> C deposit the 80$ in bank –> Bank loan 64$ to D –> D buy 64$ of wood from E
> E deposit 64$ in bank –> Bank loan 51,2$ to F –>…..
>
> The bank, at the end, have received a loan from A, C, E and is able to loan to B, D, F
> The resources used by the bank to loan are the initial 100$, the 80$ of nail, the 64 $ of wood, etc.
> There is no creation of resources from thin air, only displacement of them in time (and hoping all the takers pay back the loans).

Let's make this really clear and unambiguous.

The Dallas Federal Reserves own website basically admits the truth about how Banks create money "out of thin air."

> **How Banks Create Money**
>
> **Banks actually create money** when they lend it. Here's how it works: Most of a bank's loans are made to its own customers and are deposited in their checking accounts. Because the loan becomes a new deposit, just like a paycheck does, the bank once again holds a small percentage of that new amount in reserve and again lends the remainder to someone else, **repeating the money-creation process many times.**

I can't say it any plainer than the Dallas branch of the Federal Reserve does right there.

Conspiracy Theory Versus Conspiracy Facts

Keoni Galt · 16 June 2011 · Archived copy · Original

[image]
It's not the snack aisle, the cereal aisle, or even the bread aisle...it's the profit aisle.

What do you call it when some people actively and knowingly promote lies so as to profit to the detriment of those who believe those lies? A CONSPIRACY.

Yet so many people have been conditioned by our modern media to automatically reject anything as soon as the word CONSPIRACY is mentioned. So much so, that whenever somebody goes out of there way to point out all of the signs of a blatant conspiracy, they still couch in terms of denying it is "CONSPIRACY THEORY" to try and avoid the Pavlovian response that has been programmed deeply into the psyche of the average sheeple in our BraveNewWorldOrder.

J. Stanton of Gnolls.org has quickly become my favorite Paleo-diet blogger (one of these days I'll get around to buying his book). Like myself, he does not post regularly, about once a week or so. But his posts always prove to be well worth the wait (I'm sure I can't say the same for myself, as sometimes I'm just uninspired or busy, and I do sometimes put up throwaway posts simply because I'm tired of having an old post headline for weeks...but I digress).

His most recent piece, You Are A Radical, And So Am I: Paleo Reaches the Ominous "Stage 3" is a complete dismantling of conventional wisdom regarding diet, nutrition and health care. He basically deconstructs the propaganda that permeates our society and clearly exposes the motive as to why so many organizations and corporations have vested financial interests in promoting so many falsehoods and lies.

First off, he describes a basic principle of how a healthy economy works: by adding value to a product or service.

> Adding Value: The Foundation Of Functional Economies
>
> An economy based entirely on selling the same things back and forth to each other for ever-increasing amounts of money is doomed to eventual collapse. As we found out just a couple years ago, flipping houses isn't the same as having a manufacturing base and a world that wants to buy what we make.
>
> Stated more generally, an economy is only sustainable to the degree that its participants add value by their actions. Factory workers add value by turning raw materials into clothes and cars and electronics; farmers turn seeds and soil and sunlight into crops; ranchers turn calves and grass into beef; engineers turn ideas into buildable products; truckers move things from where they are to where they're wanted; cashiers and stockers and managers and janitors turn a locked building full of things into a system by which you can find what you want and exchange money for it; and so on. Added value – cost of design – cost of production = profit.
>
> This is not to be confused with the labor theory of value, which claims that labor has intrinsic value, and indeed, is the only 'fair' measure of value. This is hogwash. It's easy to spend years of effort and not add a single penny of value—because value is determined by the buyer, not the seller. It doesn't matter how much time I've spent making a coat rack if it's ugly and no one wants to buy it!

> Moving ahead: the more value we can add, the more profit we can make. It should be obvious that one way to add value is to transform cheap raw materials into an expensive finished product.

So far so good. No one can complain if you take a raw material, and improve it into a valuable product to increase it's value, like turning some gold into a beautiful piece of jewelry.

But when it comes to the food industry, this concept becomes insidious and clearly lays out an iron clad motive for why so many vested interests support the promulgation of lies and misinformation regarding diet and nutrition.

> There's one big reason that industrial food manufacturers like Kraft (Nabisco, Snackwells, General Foods, many more), Con-Agra (Chef Boy-Ar-Dee, Healthy Choice, many more), Pepsico (Frito-Lay, Quaker), Kellogg's (Kashi, Morningstar Farms, Nutrigrain, more) are huge and profitable.
>
> It's because grains are cheap, but the "foods" made from them aren't.
>
> One reason grains are so cheap in the USA, of course, is gigantic subsidies for commodity agriculture that, while advertised as helping farmers, go mostly to agribusinesses like Archer Daniels Midland ($62 billion in sales), Cargill ($108 billion), ConAgra ($12 billion), and Monsanto ($11 billion)—and result in a corn surplus so large that we are forced to turn corn into ethanol and feed it to our cars, at a net energy loss!
>
> "There isn't one grain of anything in the world that is sold in a free market. Not one! The only place you see a free market is in the speeches of politicians. People who are not in the Midwest do not understand that this is a socialist country."
> -Dwayne Andreas, then-CEO of Archer Daniels Midland
>
> "At least 43 percent of ADM's annual profits are from products heavily subsidized or protected by the American government. Moreover, every $1 of profits earned by ADM's corn sweetener operation costs consumers $10." (Source.)
>
> (And if you're not clear on just how deeply in control of our government these corporations are, here's another example: Leaked cables reveal that US diplomats take orders directly from Monsanto.)
>
> That cheapness, however, doesn't translate to profits for farmers or cheap food at the supermarket. Let's do some math!
>
> (Note: these are regular prices from the CBOT and my local supermarket, as of today. Supermarket prices will be somewhat cheaper on sale or at Costco.)
>
> A bushel of corn weighs 56 pounds and costs $6.85. That's 12.2 cents per pound.
> A bag of Tostitos contains about 10 cents worth of corn, and costs $4.00.
> That's a 4000% increase.
>
> A bushel of wheat weighs 60 pounds and costs $7.62. That's 12.7 cents per pound.
> A loaf of Wonder Bread contains about 16 cents worth of wheat, and sells for $4.40.
> That's a 2700% increase.
>
> A bushel of soybeans weighs 60 pounds and costs $13.64. That's 22.7 cents per pound.

> A box of “Silk” soy milk contains about 4.5 cents worth of soybeans, and sells for $2.90.
> That’s a 6400% increase.
>
> In other words, it’s highly profitable to turn the products of industrial agriculture—cereal grains and soybeans—into highly processed “food”.

This is precisely why I believe we are regularly misinformed by the mass media about the "dangers" of meat and saturated fats, and why we should all eat a plant-based diet.

Stanton continues:

> Note that the profit for the processors and middlemen comes out of the pockets of the producer and the consumer. Farmers are squeezed by the 12 cents per pound, and consumers are squeezed by the $4.40 per loaf.
>
> In contrast, pork bellies cost $1.20 per pound today.
> A pound of bacon costs about $5.
> That’s a 400% increase…
>
> …which looks like a lot until you compare it with 2700%-6400% for grains. Also, unlike grain products, bacon must be stored, shipped, and sold under continuous refrigeration—and it has a much shorter shelf life.
>
> It’s clear that it’s far more profitable to sell us processed grain products than meat, eggs, and vegetables…which leaves a lot of money available to spend on persuading us to buy them. Are you starting to understand why grains are encased in colorful packaging, pushed on us as “heart-healthy” by the government, and advertised continually in all forms of media?
>
> And when we purchase grass-fed beef directly from the rancher, eggs from the farmer, and produce from the grower, we are bypassing the entire monumentally profitable system of industrial agriculture—the railroads, grain elevators, antibiotics, growth hormones, plows, combines, chemical fertilizers (the Haber process, by which ammonium nitrate fertilizer is made, uses 3-5% of world natural gas production!), processors, inspectors, fortifiers, manufacturers, distributors, and advertisers that profit so handsomely by turning cheap grains into expensive food-like substances.

There you have it. Stanton reveals all the motives necessary for why Big Ag corporations and their Government lobbying and funding for misleading "studies" and the complicit corporate media scaring the masses into consuming their grain products as "healthy."

And yet he still felt the need to write the disqualifier in his conclusion:

> Conclusion: You Are A Radical (And So Am I)
>
> Simply by eating a paleo diet, we have made ourselves enemies of the establishment, and will be treated henceforth as dangerous radicals.
>
> **This is not a conspiracy theory.** By eschewing commodity crops and advocating the consumption of grass-fed meat, pastured eggs, and local produce, we are making several very, very powerful enemies.

> The medical and nutritional establishments hate paleo, because we're exposing the fact that they've been wrong for decades and have killed millions of people with their bad advice.
> The agribusinesses and industrial food processors hate paleo, because we're hurting their business by not buying their highly profitable grain- and soy-based products.
> The mainstream media hates paleo, because they profit handsomely from advertising those grain- and soy-based products.
> The government hates paleo, because they're the enforcement arm of big agribusinesses, industrial food processors, and mainstream media—and because their subsidy programs create mountains of surplus grain that must be consumed somehow.

He wrote a brilliant post showing precisely why there is in fact a very real Conspiracy...but has to put this disclaimer on it so that certain people don't ignore his rock solid case because of the cultural programming to discount anything labeled as "conspiracy theory" as outlandish and improbable.

It's not a conspiracy theory that giant agricultural corporations lobby politicians who in turn appoint their stooges to regulatory agencies like the USDA and FDA.

It's not a conspiracy theory that many Doctors understand the truth about grains and the lies regarding saturated fats and protein...yet the mainstream medical establishment still promotes statin drugs, and high carb/low-fat diets as their solutions to the problems of diabetes, heart disease etc.

These things are not conspiracy theories...they are conspiracy FACTS.

Fad Diet Religiousity

Keoni Galt · 21 June 2011 · Archived copy · Original

[image]

'john' left the following comment on my last post:

> I can't wait for this paleo fad to finally come to an end, but I fear it's become such a religion for so many that it's going to overstay its welcome.

First of all, "paleo" is NOT like most other diets. It is not a "diet" plan to shed a few unwanted pounds from the holidays.

It is not a program to slim down in time to look your best for your summer swimwear.

It is not a "fad" for which some so-called expert goes on the Oprah Winfrey show -- oh wait, she retired...good riddance -- Dr. Phil, Dr. Oz or The View, and women all over the country race to embrace their inner cave-woman and start eating bacon, fatty cuts of meat and free range chickenskin sopping in grass fed dairy cow butter.

It's not a "diet," per say, and it's certainly not a "religion."

It's simply recognizing the truth about nutrition and what our bodies were designed to thrive on...and the foods that are part of an industrial agricultural system designed to maximize profits by appealing to your taste buds and resisting spoilage for as long as possible.

That's not a fad. It's a way of life. It's understanding just how truly damaging certain neolithic food creations are to the human physiology.

It's understanding just how ubiquitous the marketing propaganda and health misinformation is propagated in our mainstream consciousness and how it is all designed to guide our choices when grocery shopping and eating out.

It's quite simply, gaining knowledge of the truth and making decisions accordingly.

And while SOME people definitely take it to the point of religious fervor, that's not what you see when you read the works of people who have been at the forefront of this "paleo" movement for a number of years. Mark Sisson has his 80/20 principle (which I basically follow), and he also puts sugar in his coffee every morning, and eats dark chocolate and drinks alcohol on a regular basis. Richard Nikoley eats corn tortillas that his hispanic wife cooks....and I agree wholeheartedly. Mexican food is just not the same without some tortilla and/or masa flour. (I just make sure to only eat corn tortilla processed in the traditional manner of *nixtamalizado* - in which the corn is treated with lime, which neutralizes the lectins and phytic acid and other naturally occurring anti-nutrients in the corn - before grinding into flour.) Many other noted Paleo bloggers have also discussed adding potatoes and white rice back into your diet in moderation once you no longer have SAD related issues to deal with.

This to me is the reason why "paleo" is not a strict, dogmatic religion type diet fad.

Another reason why so many people become overly-enthusiastic about the "paleo" diet, is that once you embrace

certain paradigms - namely the healthy goodness of saturated fats and meat - it's something else to realize there is such a wealth of simply delicious foods for which you do not have to limit yourself on and eat until you are completely satiated on it AND STILL LOSE WEIGHT. That is a completely different experience than all of the other real Fad Diets for which you have to count your calories or eat smaller portions that leave you still hungry and irritated. Once you realize that not only will filling you up full of bacon, eggs, cheese, steaks, fish, ham, lamb and bison and loads of butter and grease will not only NOT make you fat, it will actually help you lose weight...well, a lot of folks can't help but get excited and enthusiastic once they realize that the paradigm of mainstream society for which your weight issues are merely a matter of gluttony and laziness is nothing but a BIG FAT FUCKING LIE.

When people first adopt the paleo diet, the physiological and mental effects are rather dramatic. You lose weight, you start feeling energetic, and a host of minor irritable health conditions go away.

This usually comes from those who first go 'Paleo' extreme and cut out all carbohydrates except for cruciferous vegetables, and don't eat dairy and sugar...even fruit.

For the average person raised on the SAD their whole lives, the transformative effects can be really dramatic over a short period of time. They note these effects, and it becomes almost dogmatic to them to avoid all carbs is the key to their diet success.

In the short term, this is no doubt true. For people who have developed varying levels of insulin resistance, visceral fat, and on the constant ebb and flow of the high-carb/insulin/blood sugar roller coaster, following a strict paleo regime for a short period of time (several months) would be good to lose the excess weight, restore insulin sensitivity and stabilize their metabolism and even energy levels. But once you've reached the point where these things are no longer an issue, you need not be rigid in your adherence nor do you need to treat all carbohydrates as the equivalent to cocaine or heroin.

Once a strict adherence to paleo-tenets reverses the various effects of the SAD (everyone is different...some may take longer than others), you can begin to add certain starchy foods (like potatos and rice), fruit and dairy back into your diet and occasionally indulge in neolithic foods like sugar and alcohol, without losing the gains your initial transition phase brought about.

This is nothing new, either. The original Atkins diet was based on "induction" in which you cut out ALL carbohydrates except for fibrous, cruciferous veggies. After a number of days of carb avoidance, your body goes into ketosis and you begin to burn your bodies stored fat as fuel, and the ketones from that process begin to show up in your urine. Once you got beyond the induction phase and lost your excess body fat and restored your metabolism, the old Atkins diet preached adding carbs in smaller proportions back into your diet once again. If you you began to notice you were gaining weight again, than go back on the ketogenic diet and than slowly add the carbohydrates back again until you find your optimal maintenance point.

It's not rocket science...and it is not a religious edict either.

No need to become the Paleo-Taliban, invoking holy war on all plant based carbohydrates or declare jihad on all factory farmed meats. The "paleo" diet paradigm is just a general understanding to guide your decision making about your overall consumption behavior to maximize your health. Use your common sense, and understand and accept that the occasional deviation will not result in a diet heresy that will destroy all of your dietary progress, or doom you to ill health and diseases.

For instance, I try to avoid grains as much as possible in my overall consumption patterns. For someone with IBS or Krohns or Celiac, they pretty much have to strictly adhere to 100% avoidance to avoid the bad reactions they get to

gluten-containing foods.

But I do not, nor have I ever, had any sort of digestive or auto-immune disorders associated with grain based glutens. So when my sister baked me a Black Russian Birthday Cake (Chocolate cake with Kahlua & Vodka frosting), I cut myself a huge piece of cake and a couple of scoops of ice cream and I FUCKING ENJOYED IT.

And all of my friends and family couldn't help but make comments about how I'm eating all that sugar and wheat flour. I laugh and tell them "my diet is a general guide that I follow. It is not a strict religion. I am not going to diet-purgatory for a single transgression, I am not going to immediately put back on the 35 lbs. of fat that I lost nearly 5 years ago when I first went "paleo," nor am I going to have a heart attack or develop diabetes from the occasional rare indulgence. I appreciate the effort involved in making a custom cake to celebrate my special occasion, and the spirit in which it was given to me and my family.

This does not mean I will go back to eating whole grain breads and cereals on a daily basis, or that I will resume drinking soda on a daily basis, or that I will go back to my former state of avoiding all saturated fats and minimizing my meat consumption and cooking with Omega-6 imbalanced vegetable oils.

Terry also brought up a related issue in which she cooks for a family that does not follow the basic low-carb diet that she herself tries to follow. For one thing, the cost issue. If your budget is tight, and grass fed beef is out of the picture...better to eat factory farmed beef than to eat peanut butter and jelly sandwiches or Ramen noodles. Better to eat SPAM and eggs for breakfast than a big bowl of breakfast cereal and lowfat milk. When I can afford it, I buy grass fed beef, buffalo, lamb and free range chicken. When I can't...well, I still have to feed my family. While I oppose factory farming on principle, we still need meat to eat.

I wish I really could influence the market demand for free range produce so that no one else would eat factory farmed meat, making free range foods the standard fare in all grocery markets. But that's not happening anytime soon, and the reality is while factory farmed meat is substandard in nutrition to free range fare...it's still better than eating a grain-based/vegetable oil type processed foods that makes up the majority of the SAD.

Another consideration is to avoid being the social outcast at gatherings and events. Everyone hates the diet fascist attempting to control how everyone else eats. If there's one thing I'm sensitive to, it's not becoming the preachy asshole killjoy telling people that the food they are eating and enjoying at the moment is the reason why they have so many health problems. If someone offers me food that I generally try to avoid, I just say no thank you, I'm not hungry at the moment...or I serve myself food and avoid the eating food I don't want to ingest, even if it's on my own plate. Like eating the cheeseburger and not the bun, or the pizza toppings without the crust, or pour the spaghetti meat sauce on white rice instead of wheat based pasta.

"Paleo" is not fad. People that figure out the underlying principles and change their lifestyle accordingly will have gained the knowledge to guide their dietary choices for a lifetime...including the occasional indulgence that is diametrically opposed to those principles. It's about attaining good health to enjoy life. Sometimes enjoying life means not eating the perfect diet 100% of the time...just most of the time.

Winston Smith Works for Wikipedia

Keoni Galt · 24 June 2011 · Archived copy · Original

[image]

From the Wikipedia page on Winston Smith:

> Winston Smith works as a clerk in the Records Department of the Ministry of Truth, where his job is to rewrite historical documents so they match the constantly changing current party line. This involves revising newspaper articles and doctoring photographs—mostly to remove "unpersons," people who have fallen foul of the party.

Removing "unpersons" ...like Thomas James Ball?

Anyone reading my blog, no doubt already knows the sad and maddening story of this man who could no longer take being treated like a slave by the Family Court system and burned himself to death.

You all know that his story has largely been ignored by the mainstream, corporate media...after all, the details of the story and his last will and statement don't jibe with the overriding narrative of the huge problem of "deadbeat dads" and the law enforcement and courts that have been created to deal with this "problem."

I personally did not bother posting about this event when it first hit the headlines in the alternative online media and the manosphere.

Reading his last statement Mr. Ball mailed to the press was a bit painful to read for myself. In many ways, it resembles the situation of my long time high school buddy who killed himself last November. Kids alienated by a vindictive ex, crushing child support obligations and official sanctions despite unemployment...desperation...finally suicide.

We live under a system for which men are chewed up and spit out...and it actively seeks to conceal the truth about this system and the horrible toll it extracts from mankind to prop up the status quo.

Which is exactly why we have some person going by the handle "Master of Puppets" doing Winston Smith's job for Wikipedia.

Re-writing history to suit the ruling party's meta-narrative.

If you want a picture of the future, imagine a boot stamping on a human face — forever

[image]

To paraphrase Mr. Orwell...

If you want a picture of the present, imagine a man setting himself on fire because he could no longer stand being

oppressed by society - and nobody cared.

Feminism is the Key to the UN's Agenda for the 21st Century

Keoni Galt · 25 June 2011 · Archived copy · Original

[image]

Too often, pointing the things I will discuss in this post results in swift dismissal as "conspiracy theory."

Problem is, at the highest echelons of the UN, there is no conspiracy theory. This is the Agenda for the 21st century, and the people responsible for implementing it's agenda are not even attempting to hide their plans.

> Agenda 21 is a comprehensive plan of action to be taken globally, nationally and locally by organizations of the United Nations System, Governments, and Major Groups in every area in which human impacts on the environment.

There is an agenda that they have planned for us all, and are in fact implementing it incrementally and gradually over the space of decades.

We are in the midst of it right now.

Just sit back and think for a moment...how often do you encounter the phrase "sustainable development" being used in TV shows, political ads, newspaper columns and reports, and political speeches and interviews by talking heads on the Tell-A-Vision?

This phrase is in popular use everywhere. In the past 5 years, I've travelled to many different US States on both the West and East Coasts, and have been to Australia and all across the UK. This phrase is in use everywhere I've been.

This is no accident.

It's part of the social engineering program being implemented by the education curriculum from grade school all the way through Ivy League University level, and is perpetually reinforced by the various organs of the Western world's mass media.

The primary feature of "sustainable development" is "population control."

Does this sound like fevered ravings of conspiracy theory lunacy?

Only if you consider Al Gore a raving lunatic.

> "One of the things we could do about it is to change the technologies, to put out less of this pollution, to stabilize the population, and one of the principle ways of doing that is to empower and educate girls and women. You have to have ubiquitous availability of fertility management so women can choose how many

> children have, the spacing of the children.
>
> You have to lift child survival rates so that parents feel comfortable having small families and most important – you have to educate girls and empower women. And that's the most powerful leveraging factor, and when that happens, then the population begins to stabilize and societies begin to make better choices and more balanced choices."

Al Gore is not speaking of some theory...he's talking about using the social engineering program *already effected in the West*, and exporting it to the Third World to reduce their population growth. And while many folks will read that last paragraph and no doubt quip that "Yes, Al Gore is a raving lunatic" I would answer he is not crazy at all. He's simply promoting the official UN Agenda 21.

Look at Chapter 24 of Agenda 21:

> (b) To increase the proportion of women decision makers, planners, technical advisers, managers and extension workers in environment and development fields;

Of course, the more Women decision makers in Government and business, the less women are at home breeding undesirable population growth.

> (c) To consider developing and issuing by the year 2000 a strategy of changes necessary to eliminate constitutional, legal, administrative, cultural, behavioural, social and economic obstacles to women's full participation in sustainable development and in public life;

Eleven years later, it's safe to say this has been accomplished entirely in the West...which is why we are now in the "export to the 3rd world" phase.

> (d) To establish by the year 1995 mechanisms at the national, regional and international levels to assess the implementation and impact of development and environment policies and programmes on women and to ensure their contributions and benefits;
>
> (e) To assess, review, revise and implement, where appropriate, curricula and other educational material, with a view to promoting the dissemination to both men and women of gender-relevant knowledge and valuation of women's roles through formal and non-formal education, as well as through training institutions, in collaboration with non-governmental organizations;
>
> (f) To formulate and implement clear governmental policies and national guidelines, strategies and plans for the achievement of equality in all aspects of society, including the promotion of women's literacy, education, training, nutrition and health and their participation in key decision-making positions and in management of the environment, particularly as it pertains to their access to resources, by facilitating better access to all forms of credit, particularly in the informal sector, taking measures towards ensuring women's access to property rights as well as agricultural inputs and implements;

> (g) To implement, as a matter of urgency, in accordance with country-specific conditions, measures to ensure that women and men have the same right to decide freely and responsibly the number and spacing of their children and have access to information, education and means, as appropriate, to enable them to exercise this right in keeping with their freedom, dignity and personally held values;

Recall Al Gore: "one of the principle ways of doing that is to empower and educate girls and women." This is the primary impetus behind sections d though g. Getting the womynz educated and in the workforce is THE best way to institute population control for sustainable development.

> (h) To consider adopting, strengthening and enforcing legislation prohibiting violence against women and to take all necessary administrative, social and educational measures to eliminate violence against women in all its forms.

In other words, to set up Western styled family court systems that empower women (by dis-empowering men) in traditionally Patriarchal societies. It's the same old playbook already run successfully in the West. Violence against women is the ultimate red herring. Afterall, what normal thinking, civilized person would be "FOR" violence against women? But the real agenda, as we now see it in full effect in the West, is Violence (BY THE STATE) against Men.

Agenda 21 is quite clear in it's goals and aims. It's not a conspiracy theory...but realized FACT.

Women in the West have been empowered, and overwhelmingly "educated" and the desired reduction in population growth already well underway. The program has been an overwhelming success, and it's time to export it to the rest of the world.

This is the true Agenda of the feminist movement. To get women to voluntarily believe and internalize a value system in which they actively want to pursue education and career instead of marriage and kids.

This is also why we are constantly bombarded in the mainstream mass media with stories of women's oppression in the Third World as justification for our continued fiat wars on foreign shores.

"Women are not even allowed to go to school!"

That's because they're at home with their mother's learning their cultural traditions which involve being a wife and mother to a large family...this cultural tradition is simply NOT sustainable to the planners of the 21st century agenda.

This is the primary reason why Hillary Clinton is the Secretary of the Feminist State...she is the foremost proponent of using the US military industrial complex to export feminism to the Middle East and Africa.

Time to empower women on a global scale to reduce the population and implement "sustainable development."

Are we all on board with the Agenda?

What's Good for the Goose, Is Good for the Gander

Keoni Galt · 29 June 2011 · Archived copy · Original

[image]
Since the early 2000's all 50 States in the US have created Sex Offender registries. I've looked at my own State's registry several times, and it's not surprising to note that 99% of all the registered offenders are men.

Now some of these men certainly deserve to be on that list...rapists and pedophiles who were convicted and served time for their crimes. But you also have guys on that list who are convicted for crimes like "Sexual Harassment, 3rd Degree" aka a guy may have grabbed a girl's ass or something trivial like that which has now become a criminal offense, branding the unfortunate man with the 21st centuries version of the Scarlet letter for the rest of his life.

We've also seen the emergence of sites like Don't Date Him Girl, in which women could upload photos and info of men they've dated to supposedly warn their sisters of the players and cheaters who pumped and dumped them.

To date, there has not been a comparable registry for women...until now.

Paul Elam at AVoiceForMen has just unveiled his latest plan for anti-feminist activism...striking back at the FemBorg's insidious Vagenda (I picked up that clever pun up from a commenter over at Alte's...not sure whom) by giving them a dose of their own medicine. Paul and his cohorts have used wiki-media software to create register-her.com.

Upon announcement of the site on A Voice For Men Radio Show, some pro-feminist asshat emailed the following complaint to wikipedia:

> **Subject: Anti-feminists using Wikimedia software to paint women as rapists and child molesters**
> Hello. I'm wondering if you could please check out whether the following Web site is in compliance with the terms of use on Wikimedia software. It's an anti-feminist Web site that posts names, pictures, addresses, phone numbers, and even "routes to work" of women that the site deems to be false accusers of rape, among other designations.
>
> Register-Her.com
> http://www.register-her.com/
>
> The owners of the above Web site announced the launch of it on a broadcast of their internet-based radio station today, June 28, 2011. In this broadcast, the host, Paul Elam, claims that the contact information, place of residence, place of employment, personal phone numbers, work phone numbers, and even routes from their home to place of employment will be placed on this site which uses Wikimedia software.
> Here's the radio broadcast where the above statements were made:
> http://www.blogtalkradio.com/avoiceformen/2011/06/29/ftsu-big-time
>
> Please advise on whether this is a permissible use of your software, and if not permissible, whether or not you intend to revoke their license to your your[sic] software. Thank you.

"...to paint women?" As far as I can tell, most of the women registered are infamous and widely recognized and/or convicted for their crimes...like Debra LaFave, convicted of statutory rape of a 14 year old student, or Mary

Winkler who shot her husband in the back with a shotgun and got away with a reduced conviction for claiming he abused her.

Almost one week after having wikipedia unjustly delete Thomas J. Ball's page, it's a rather fitting tribute to use basically the same software to do an end-around against the pro-feminst wikipedia editors and create a registry to expose the worst female offenders of our Brave New World Order.

Red Pill Reality Dispelling Blue Pill Delusions: Press Releases on Diet & Nutrition

Keoni Galt · 29 June 2011 · Archived copy · Original



An installment in a series: Red Pill Reality Dispelling Blue Pill Delusions

I've written several posts in the past regarding the primary means for which we often see press releases in the mainstream media regarding claims that meat, red meat and/or saturated fats are the cause of a host of illnesses and deaths like heart disease, diabetes, obesity and cancer.

The most common tactic employed is to use statistical analysis of observational studies to make a specious claim to demonize a certain food. In other words, most such claims conflate correlation with causation to mislead the average mass media consumer.

The primary M.O. for making such claims believable is largely based upon comparing the overall health between kinds of people: those that are health conscious and do all they can to try and attain good health by following conventional wisdom promulgated by the corporate agriculture, healthcare and pharmaceutical industries in the mainstream media -- vs. those people who don't care a whit and simply live lifestyles without regard to any and all healthcare advice.

In other words, using observational studies based on self-reporting questionnaires, press releases that breathlessly declare meat and saturated fats as agents of death and diseases are based on nothing more than comparing people who avoid or minimize the meat and fat consumption -- but who also commit to lifestyles that the mainstream media regularly touts as necessary for good health; things like regular exercise, avoiding smoking and excessive alcohol and drugs, and avoiding fast foods, sweets, pastries and processed snack foods vs. people who eat meat and fat with abandon because they're also smoking like chimneys, avoiding exercise, drinking like sailors and eating fast foods, sweets, desserts and snack foods on a regular basis without a second thought.

Such studies are basically comparing two different lifestyles - one of people who think health is important and are

willing to sacrifice momentary satisfaction to their taste buds and comfort to achieve the desired state of health, and those who could care less and will eat whatever they want regardless of the conventional wisdom. The results of such a comparison are fairly intuitive to figure out...but the press releases of the mainstream mass media will usually point the finger at the meat and/or fat and claim that the difference in the results is due to those who focus on a "plant based diet" versus the filthy meat and saturated fat gluttons.

It's a complete misdirection designed to get the masses to embrace the plant-based processed food products of Big Agriculture. Of course, as the links thus far show, I've covered all this before...so why yet another post on the topic?

Because I'd also like to highlight other tactics employed by the sources behind such deceptive press releases: those based on studies that are deliberately "fixed" to reach a pre-determined outcome to support the overall narrative.

Exposing these tactics in his latest blog post: You Can't Debunk Everything: How To Avoid Being Baffled By Baloney, is author and blogger J. Stanton over at gnolls.org.

Stanton exposed on the sources of such dietary disinformation, and you really should read his entire post...but the following is a quick summary of 3 tactics used by researchers to prove the up is down, black is white and we should all be vegetarians...

Quit While You're Ahead

Stanton highlights a particular study that sought to show that "Foods high in fat are less satiating than foods high in carbohydrates."

Anyone who has tried the paleo diet for even a short period of time, knows this is simply rubbish. So how do researchers make their case? They measure satiety of various foods FOR ONLY 120 MINUTES...2 Hours.

In 2 hours, a full belly of *any* kind of food will still leave most people without any severe disorders satiated. Try it for yourself...on an empty stomach, eat a couple of eggs and bacon until you are full, than time how long it takes before you feel hungry again.

Than, on the following day, try eating oatmeal and a bagel with jam and some fruit. See how long it takes before you feel hungry again.

In either case, most normal people will find that 2 hours will not reveal the difference in satiation between the high carb vs. the low carb breakfast. But that doesn't stop the press release from claiming that the high carb diet is "more satiating" than the low carb one...

The next example of misleading research tactics is:

Construct an Artificial Scenario

The press release conclusion:

> “Fat, not carbohydrate, is the macronutrient associated with overeating and obesity…Although more data are required, currently the best dietary advice for weight maintenance and for controlling hunger is to consume a low-fat, high-carbohydrate diet with a high fiber content.”

How do they "prove" this?

> Thus, to examine in more detail the mechanisms involved in the effects of carbohydrate and fat on food intake, **we infused pure nutrients either through intravenous or intragastric routes.**"

The only people who actually get their nutrients via IV are those in a coma or on life support. Another worthless study that means nothing to the 99% of us who actually masticate and swallow our food.

Than we have the next means of creating misleading studies:

Confound Your Variables

In a study from 1987, the researchers sought to prove that a "high fat diet" was the cause of obesity by feeding a group of women an alternate diet between low and high fat and measured the results.

They confounded their variables in three different ways.

First, in the high fat diet, the fats used were primarily Omega-6 imbalanced vegetable oils with a bit of milk and/or butterfat mixed in. Not all "high fat diets" are equal. Even mainstream media has been forced to admit the difference between trans-fats and regular saturated fats...which is why there is a few margarine brands nowadays that tout "TRANS FAT FREE." But back in 1987? Margarine was considered the superior health food to saturated fat rich butter.

The next means of confounding the variables was to mix up the serving sizes by "units" whether it was "high fat" or "low fat."

> "All foods, including those served as units (eg, muffins, sandwiches), could be consumed entirely or in part. … Sandwiches were available in whole or half units."

The final way in which this disingenuous study confounded their variables was to mix up the various meals on the test subjects. Stanton notes:

> A typical subject would consume a low-fat meal one day, a high-fat meal the next, a medium-fat meal the third day, and the sequence would repeat.
>
> Can you imagine a drug trial where patients took one drug on odd days, and another drug on even days? How could you possibly disentangle the effects?
>
> All of us have eaten a huge dinner and not been hungry the next morning…or gone to bed hungry and been ravenous when we awakened. In this insane design, each high-fat meal was guaranteed to be surrounded by two days of lower-fat meals. Yet in Figure 2, they graph energy intake for each day as if it were the same people eating each diet for two weeks!
>
> In conclusion, this study is triply useless: first, due to using known industrial toxins for the "high-fat" diet, second, due to unequal portion size, and third, due to an intentionally broken design that commingles the

> effects of the three diets.

So there you have it...4 ways in which Press Releases claim scientific evidence for misinformation regarding diet and nutrition: Conflating correlation with causation in statistical analysis of observational studies, and 3 techniques for running studies to reach predetermined conclusions.

Next time you read, hear or see another breathless claim in the corporate mass media denouncing meat and/or fat and urging everyone to eat a plant based diet of "fresh fruits, vegetables and whole grains," it's almost a virtual certainty that they're either reporting on studies comparing health conscious people versus those who don't care...or they are reporting on studies that were fixed to support the claims rather than an unbiased study designed to discover the truth.

Family Jewels

Keoni Galt · 30 June 2011 · Archived copy · Original

[image]

"All this time I swore I'd never be like my old man...
...what the hey, it's time to face exactly who I am."

- From the song "Hate to Feel" by Alice In Chains

I've cried exactly three times in my adult life. The first, when I saw my own father break down (the one and only time he ever has cried as far as I know of) while delivering his Mother's eulogy.

The second, was several years later as I carried my Maternal Grandmother's casket from the church at her funeral as a pallbearer.

The third time was last night...from watching a reality TV show.

Well, technically I had tears come unbidden to my eyes for which I tried to blink back and suppress as much as possible, whereas in the first two instances, I didn't even bother trying to hold it back, but still...I've never thought that watching a reality TV show would ever ever cause such a strong emotional reaction in myself.

But it did. That show was Gene Simmon's Family Jewels.

I began recording this show on the DVR about a year ago after having found myself in a hospital bed with nothing to do for hours other than channel surf. I came across a Gene Simmon's Family Jewels marathon and proceeded to watch about 4 hours of episodes in a single sitting. While I was never a huge KISS fan, I found the show to be quite entertaining...especially when viewed through the lens of understanding social and relationship dynamics gained from studying this popular "interwebz manosphere fad" called "Game."

Simmons is the quintessential "Alpha" in every sense of the word and you can see many game concepts play out in the reality show.

But that's not why I'm writing this post.

The new season for this show began three weeks ago, and it began with the first episode in which Simmon's 18 year old daughter Sophie, leaves the home to go off to college and Gene's Girlfriend, Shannon Tweed, starts experiencing a bad case of empty nest syndrome. She reaches a breaking point when a supposed dinner in which both their kids were going to be at home, Gene missed because he was at a business dinner with the usual assortment of groupie women who seem to hang off of him whenever he makes a public appearance.

The ladies end up posting their photos with the KISS Rock star on the internet, and Shannon is greatly upset that instead of coming home for dinner with their visiting kids, he's out in public with young hot women hanging all over him.

If Athol were to diagnose this, I'm sure he'd point out that Gene was showing too much Alpha traits and not enough Beta traits to build comfort in his relationship with the former Playboy Playmate. Gene is already a multi-millionaire. He's in a place where he shouldn't have to prioritize business meetings over important, personal family moments. But I digress...

Shannon ends up moving out of there house into a hotel, and Gene gets shellshocked when the kids take their mother's side, and he begins to attend therapy by episode 2 of the season.

The show was no longer entertaining me. At this point, I considered deprogramming it from my DVR, as it appeared to begin to follow the typical mainstream media script of Man Bad/Woman Great.

It was like watching the "breaking of the Alpha" as he falls into the depths of oneitis depression. It was worse watching his therapy sessions with a female therapist.

By the end of the third episode, he manages to woo Shannon back home with promises of changing..blah blah blah.

The ultimate female fantasy. The taming of the Alpha that is desired by thousands of young women the world over.

At this point, I suspect that the entire "break up" and "get back together" is just a scripted "Reality" to drive ratings. Hell, I'm almost certain it was scripted as I started googling this morning and discovered that they made appearances on female daytime talk shows and had arguments with Shannon storming off the set in tears. Talk about calculated rating's stunts.

But in my mind, this week's episode offered redemption for the Vagenda-driven rating's stunt drama of the first three episodes. Even if the overall direction of this most recent episode was scripted, there is no way some of the reactions and dialog from this latest could have been faked, rehearsed or acted. It was as real as any "reality" show could be.

You can watch the episode for yourself here before reading the rest of this post, which, naturally, contains spoilers: http://bcove.me/02gnesdt

For those who don't know much about Gene Simmons, he was born in Haifa, Israel, and came to America with his mother when he was only a young boy of about 9 or 10. Given his tremendous success as a Rock Star and a businessman (and now reality show star) his hometown wanted to present him with an award of some sort. Shannon decided it was the perfect opportunity to make Gene deal with his personal Father-abandonment related issues.

So Shannon arranges a surprise meeting with Gene's family members, who he purportedly did not know even existed.

According to the show, Gene had always been under the assumption that his Father abandoned he and his Mother, which is why they came to America when he was still a young boy. He used that as his personal motivation and drive to succeed in life. He admits that his thoughts of the abandonment drove him his entire life to prove that he did not need his Father for anything. As far as he was concerned, his Father was dead to him, he wanted nothing to do with him...so much so that he forbade his Mother from talking to him about his Father. He never visited or talked to his Father on the phone. He only wrote a single, short letter to his Father when he was younger, and he never received a response. His Father passed away in 2002.

Gene apparently didn't have an idea that he even had a half brother and three half sisters and a bunch of nieces and

nephews still living in Haifa. I would suspect that deep down, he knew somehow that he had relatives, but he kept that knowledge suppressed because he did not want to deal with his Father-abandonment issues.

Nevertheless, when Shannon and Nick (his son) accompany Gene to a restaurant and Shannon introduces him to his half-brother Jacob and his three sisters, Gene's reaction is as real as it gets. As the show progressed, his sisters begin crying as they observe him walking and talking...they keep seeing how strongly he resembles his Father in mannerisms and posture and facial expressions.

Gene is also blown away by how much his half-sibling's children resemble his own children when they were kids.

At this point, I'm totally absorbed in the show as compelling drama I can't tear my eyes from the screen.

But the heart-wrenching scene that inspired a few tears came when they all went to the cemetery where Gene's Father was buried.

It was very apparent that Gene was overcome when he realized where they were going when they arrived at the entrance. Shannon and his new-found siblings nearly had to drag him into the cemetery. When they arrived at their Father's grave, Gene's brother Jacob pulled out a letter that their Father had written, addressed to Gene, but never mailed or even completed it, and and read it to him aloud.

Gene Simmons utterly broke down.

After reading the letter to him, Shannon asks the entire entourage to give Gene a few moments alone at the graveside. Of course, the cameras backed off to a distance but continued to record, and the audio was still able to pick up Gene's lamentations and sorrow.

I cannot believe he would allow such footage to be broadcast on a worldwide TV show for such an utterly personal moment like that. There is absolutely no way the reactions or dialog could have been scripted or planned out. Perhaps the producers and such planned out the set up, knowing his reactions would be genuine and make for compelling TV.

If so, they were right.

If Gene has some desire to prove he's honest and doesn't care who sees him at his moments of greatest weakness, he certainly did so here.

Or...he knows that it's ratings gold and it's all about the money, and there is no place he won't go to whore out his personal traumas for the almighty dollar.

Probably a bit of both.

As it turns out, Gene discovers that in fact his Father didn't abandon him, his Mother took him and they left HIM to come to America. The show didn't go into much details about the split, but it was clear that Gene realized that decades of resentment for abandonment by his Father was ill-placed.

This show got to me.

It shows just how profound Fatherhood has in the life of a child and the life of a family. As a new Father myself, it brought home the realization of how much of a responsibility I have, and what role I will play in another person's

life...whether I'm there or not.

In the end, we are all going to die. Money, fortune, fame...how much you get laid, or what degree of career success you achieve - it's all meaningless when you reach your final resting place and your flesh rots from your bones in your moldering grave.

The only way you achieve any real impact on this world, is by creating a family and perpetuating the cycle of life for your genealogy to carry on your bloodline.

In my view, most things in this world have no meaning other than family.

Fatherhood is a path that can lead to great heartache and pain...so much so, that some even find it better to burn himself alive in protest than continue to live with the loss and alienation of his children by the family-destroying State.

Back in my days of being a neo-con kool aid drinker, I used to listen to right wing talk radio all day long while I was at work, including the Dr. Laura show. There is really only one thing I ever really took from her show that has stuck with me all these years.

To paraphrase her: "We get two chances at family in this life. The one we are born into and have no control over, and the one we make for ourselves. The one you are born into may be screwed up, but the beautiful thing is you get your own chance to make it right for yourself."

Dannyfrom504 recently asked me if I thought marriage was worth it. I cannot recommend marriage and having kids to anyone. Every man has to make a calculated judgement of the risk versus the reward for himself. He must judge for himself if the woman he contemplates procreating with is a high-risk or low-risk gamble.

We all know of the great inherent risk it takes to get married and have children in today's Brave New World Order. The potential for great personal devastation is a very real possibility. But if you manage to make it turn out right...well, from my own perspective, there is no greater accomplishment or joy in this life.

To each his own.

ADDENDUM
07/01/2011

Upon re-reading this post, I realized there was something I wanted to add here - Gene Simmons is one of the most successful musicians in the history of Rock and Roll. He's purportedly slept with over 4000 women, is a multi-millionaire, lives in a mansion and has a former playboy playmate as the mother of his two children and is basically the epitome of secular, hedonistic success.

But none of that was able to fill the void in his life from having missed out on a good relationship with his Father.

Happiness can't be bought. Nor can it be reached through career success and financial success nor fame.

As TGP puts it in the comments:

> Take it from an old wise man, family is the whole goddamn thing.

> Not game. Not getting laid. Not self improvement. Not travel. Not parties. Not fun. Not fame. Not wealth. **Those things only mean something when they are used in the context of and in support of your family relationships.**
>
> Find a woman who wants to have kids as much as you do, who makes that the number one central driving force of her life. Marry her. Start knocking kids out. You will be happy. Fuck all the other bullshit.
> TGP

I think the point of what commenter TGP is getting at here is the lesson Gene Simmons learned when he reconnected with his family and learned the truth of his Father. He discovered too late that it did not match the caricature of a deadbeat that he had developed in his mind...but it did allow him to figure some things out. One of the most heart rendering things he said when he was left alone at the gravesite was his lament: "I am a good Father! I am a good Father!"

Obviously he sought to spare his own children the sense of abandonment he experienced growing up...and it shows in his relationship with his children. Even thought the reality show is most likely scripted, the genuine love and respect for the Simmons/Tweed family has for one another is obviously authentic.

Family...if you get it right, nothing else matters.

The Ultimate Revolution

Keoni Galt · 7 July 2011 · Archived copy · Original

[image]

On a whim, I decided to do a little background research on Aldous Huxley, author of Brave New World. I found the text to a speech he gave in 1962 at The University of California, Berkley. I found that speech to be rather illuminating...as he references the differences between his vision of the future control of the masses by a technocratic elite versus Orwell's vision of an authoritarian regime stomping on a human face forever.

Huxley has been connected with the Fabian Socialists, which is generally referred to as the source of insights he gained to write his frighteningly accurate portrayal of the not-too-distant future...our current world.

While his book was written in 1931, he gave the speech at Berkley 30 years later, a lot of his prognostications had already come to pass. After hearing or reading the transcripts to this speech, can there be any doubt that Huxley was doing more than just writing science fiction?

> If you are going to control any population for any length of time, you must have some measure of consent, it's exceedingly difficult to see how pure terrorism can function indefinitely. It can function for a fairly long time, but I think sooner or later you have to bring in an element of persuasion an element of getting people to consent to what is happening to them.

Seems like 9/11 and a few other manufactured incidence have introduced an element of persuasion to get we the sheeple to consent to the revocation of our basic rights supposedly guarded by the US constitution.

> It seems to me that the nature of the ultimate revolution with which we are now faced is precisely this: That we are in process of developing a whole series of techniques which will enable **the controlling oligarchy who have always existed and presumably will always exist** to get people to love their servitude.

That was in 1962. I think said techniques have been developed and deployed and that their efficacy is undeniable. Most people don't even realize that they are slaves in our Brave New World Order. In fact, when you try to explain to them how they are enslaved, they get angry and denounce a truth-teller as being crazy or worse yet, a "conspiracy theorist." Yes, many present day people certainly love their servitude...

> This is the, it seems to me, the ultimate in malevolent revolutions shall we say, and this is a problem which has interested me many years and about which I wrote thirty years ago, a fable, Brave New World, which is an account of society making use of all the devices available and some of the devices which I imagined to be possible making use of them in order to, first of all, to standardize the population, to iron out inconvenient human differences, to create, to say, mass produced models of human beings arranged in some sort of scientific caste system. Since then, I have continued to be extremely interested in this problem and **I have noticed with increasing dismay a number of the predictions which were purely fantastic when I made them thirty years ago have come true or seem in process of coming true.**

Huxley said that in 1962. He'd shit himself if he saw how much of his vision of dystopia had come to pass 70+ years later. Hell, one look at a typical TSA security checkpoint and the officially sanctioned sexual assaults our 21st century gestapo performs on the mostly compliant masses would certainly verify his theory about people consenting to being controlled.

But his next point was even more interesting regarding the percentage of humans that are "suggestible":

> "You'll find for example that the experienced hypnotist will tell one that the number of people, the percentage of people who can be hypnotized with the utmost facility (snaps), just like that. is about 20%, and about a corresponding number at the other end of the scale are very, very difficult or almost impossible to hypnotize. But in between lies a large mass of people who can with more or less difficulty be hypnotized, that they can gradually be if you work hard enough at it be got into the hypnotic state, and in the same way the same sort of figures crop up again, for example in relation to the administration of placebos.
>
> A big experiment was carried out three of four years ago in the general hospital in Boston on post-operative cases where several hundred men and woman suffering comparable kinds of pain after serious operations were allowed to, were given injections whenever they asked for them whenever the pain got bad, and the injections were 50% of the time were of morphine, and 50% of water. And about twenty percent of those who went through the experiment, about 20% of them got just as much relief from the distilled waters as from the morphea. About 20% got no relief from the distilled water, and in-between were those who got some relief or got relief occasionally.
>
> So yet again, we see the same sort of distribution, and similarly in regard to what in *Brave New World* I called Hypnopedia, the sleep teaching, I was talking not long ago to a man who manufactures records which people can listen to in the, during the light part of sleep, I mean these are records for getting rich, for sexual satisfaction (crowd laughs), for confidence in salesmanship and so on, and he said that its very interesting that these are records sold on a money-back basis, and he says there is regularly between 15% and 20% of people who write indignantly saying the records don't work at all, and he sends the money back at once. There are on the other hand, there are over 20% who write enthusiastically saying they are much richer, their sexual life is much better (laughter) etc, etc. And these of course are the dream clients and they buy more of these records. And in between there are those who don't get much results and they have to have letters written to them saying “Go persist my dear, go on” (laughter) and you will get there, and they generally do get results in the long run.
>
> Well, as I say, on the basis of this, I think we see quite clearly that the human populations can be categorized according to their suggestibility fairly clearly,. I suspect very strongly that this twenty percent is the same in all these cases, and I suspect also that it would not be at all difficult to recognize and {garbled} out who are those who are extremely suggestible and who are those extremely un-suggestible and who are those who occupy the intermediate space. Quite clearly, if everybody were extremely unsuggestible organized society would be quite impossible, and if everybody were extremely suggestible then a dictatorship would be absolutely inevitable. I mean it's very fortunate that we have people who are moderately suggestible in the majority and who therefore preserve us from dictatorship but do permit organized society to be formed. But, once given the fact that there are these 20% of highly suggestible people, it becomes quite clear that this is a matter of enormous political importance, for example, any demagogue who is able to get hold of a large number of these 20% of suggestible people and to organize them is really in a position to overthrow any government in any country."

Ah, but here in the 21st century, the demagogues of our mass media culture are owned and controlled by the ever-present oligarchy Huxley referred to earlier. They've already got a solid lock on the masses of suggestible

people...both the 20% who are highly suggestible and the 60% who are moderately so.

The 20% who are un-suggestible to the modern day hypnotism of our mass media culture?

They're on the internet raging into the ether of cyberspace.

Explaining Opportunity Costs to Career Women

Keoni Galt · 10 July 2011 · Archived copy · Original



In his latest post, The Housewife Paradigm, OneSTDV writes:

> *So the vast majority of women leave the home to do what: fetch coffee, take phone messages, babysit, and complain. Or, they could tend to the needs of someone they truly love instead of their irascible boss. They could prepare a nice home, pristine and comfy for their husbands and family. They can be present when their children arrive home from school, for emotional support, advice, homework help, and general supervision. They can spend many of their days socializing with other neighborhood housewives, fostering communal bonds amongst nearby families who ultimately become close friends.*
>
> *Instead, we encourage women to slave away in a cubicle, convincing them that such empty work offers them satisfaction not available with her own husband and children.*

Why of course...with her own paycheck, she can than participate in the official religion of USA Inc...worshiping at the alter of materialistic-based consumerism! What about all the shoes and handbags that could be bought with the extra income! Surely we must not deny women the opportunity for such fulfillment as a well stocked, walk-in closet!

But some anonymous female commenters on his thread raise some interesting points:

> *As a talented female academic, I disagree with you. I have no desire to "return to the kitchen." I don't think you will get women to subscribe to your idea in large numbers. And if you, as a society, don't keep your women happy, you won't be happy either.*

Now just what is a "talented academic?" A womynz studies lecturer with tenure? And if society is supposed to keep our women happy, it sure seems like the current paradigm of encouraging all women to get educations and careers instead of getting married and raising children as housewives has failed spectacularly in that regard...

Never fear though...there are still a number of ladies who believe that despite the widespread decline in female happiness in the past 40 years, they've managed to HAVE IT ALL!

Take a look at another female commenter on OneSTDV's article:, jz wrote:

> We tell women the conventional wisdom, "you can't have it all." In fact, some women (myself) have had it all: flourishing children, challenging work, stunning income, and a fun husband.

There are so many meme's and shibboleths that manifest in such a short statement...

First of all: *"We tell women the conventional wisdom, "you can't have it all."*

Oh dear. In what part of the world does jz live in? The idea that women CAN HAVE IT ALL is one of the most popular memes to permeate our feminist-driven mass media culture for close to 50 years now! Most women don't hear that message "you can't have it all!" and when someone tries to point it out, they usually respond like jz here: "In fact, some women (myself) have had it all!"

Why is such beliefs not surprising at all?

But let's look closer at how jz defines HAVING IT ALL:

"...flourishing children, challenging work, stunning income, and a fun husband."

Flourishing children

No doubt this is based on her kids getting good grades in our dumbed-down education system. She might even go the extra step here and have them enrolled in all sorts of extra-curricular activities like organized team sports or music lessons. Her kids may in fact be "flourishing." But how would she know, since she's not around while they're flourishing? She's at her career, HAVING IT ALL. I guess there's dinnertime conversation...if there not like most modern day families eating their dinner in front of the television, perhaps they do talk about the days endeavors in school.

Challenging Work

Now one cannot deny that in fact "challenging work" can certainly be rewarding...but I would point out the implications of such a statement in the context of a woman declaring that she HAS IT ALL. By describing her career work in those terms, she is also implying that a stay at home housewife's work is NOT challenging...that raising children is not as challenging - which also implies that it is not as rewarding.

But don't worry! They're getting good grades! They're on the local championship soccer team! The kidz are FLOURISHING!!!!

Stunning Income

Which probably means jz and her "fun husband" most likely outsource much of the domestic tasks and chores necessary to keep a house clean and functioning. Gardener, maid, nannies....STUNNING I tell you!

Here's one thing women like jz fail to understand until it is too late...

There is only so much time in a single day. You can only do so much with that time.

You cannot "HAVE IT ALL" because most of your time, effort, energy and attention is focused on your 'challenging work.' If it didn't require all of that, it wouldn't be challenging.

Therefore, time spent on the career, means time NOT spent in actually raising your children. You let the schools and after-school organized sports or lessons handle most of the "challenging work" in that department for you.

You may not realize it now, because your kids are "flourishing" and you get to brag to your work peers that your kids got great grades...

...but just how much of a part of their lives are you really?

Maybe one day, when you are at home and retired, enjoying your stunning income...and you realize that your kids are flourishing in their own careers, and the only time they call or visit you is when they HAVE to (like your Birthday or the Holidays), and you'll realize that you don't really know them as people (but your nanny who actually raised them does!) you'll discover that you in fact did not HAVE IT ALL.

Opportunity Costs Are About Much More Than Simply $$$

Keoni Galt · 12 July 2011 · Archived copy · Original

This blog has never been one that had a lot of regulars that debate and socialize in the article comments threads. The responses are sporadic, and I think I get a lot more "Anonymous" posts than your average Manosphere blog. I am fully aware that the full range of topics I write about can be eclectic and many times "off the beaten path," and that's fine. This blog is really nothing more than an outlet for the things I don't really get to discuss in real life within my social peer group and family. It was only two months ago that I even discovered that Blogger had begun to offer traffic stats and such back in 2009...but looking at them confirmed what I have always suspected - I have far more readers than one would guess just based on the comments.

What amuses me though, is that I never know when a piece I write is going to get a lot of comments or not. Sometimes I write something that I expect will generate a lot of comments, and it only gets only 1 or 2 responses...and other times I write something I expect to get little response and the opposite happens.

My last post, Explaining Opportunity Costs to Career Women
was one such surprise. The most amusing thing about it was the response by the person who's offhand comment over at OneSTDV's inspired the post in the first place.

I wasn't really out to 'get after' her...but that her comment that "she had it all" is one for which I've heard many a career woman exclaim. A lot of women fool themselves into believing that they did in fact "achieve it all." The only real point I was making is that 'having it all' is physically and temporally impossible.

As that prolific poster Anonymous wrote:

> *What kind of math puts more than 24 hours in a day?*
>
> *What kind of math allows you to be in two places at once (home and work)?*
>
> *What kind of math will convince your kids that they're better off spending 8 hours a day with a stranger rather than their mother?*

I guess such basic mathematical logic was to hard to comprehend for a successful career woman like jz.

She actually commented and confirmed precisely the point I was making, but still failed to get it. Just as I suspected, she had a Nanny perform the Mommy role for her.

For 12 years my 3 kids were cared for in our home by the same woman. She is a physician's wife whose own children had grown.

No matter how well qualified she was, she was still hired to do the things you did not have the time for while you were busy with your challenging work making all that stunning income.

Her nurturing of them included intangibles that I could not have provided,

You could have. You just chose to pay someone else to do so for you.

including occasional same age playmates (her nephews), an exceptionally playful nature, new games, and she even took them on a mini-vacation. Each day she came, we spent time talking about how the day went. As a young mother myself, I valued her advice.

Do you really think that the amount of time and effort you put into your career, had it been applied to raising your children, you really believe you could not have provided them with games, mini-vacations and same age playmates?

The years progressed, she had grandchildren, and my own daughters babysat for her grandchildren. My kids were home for Christmas and they met to reminisce with her.

She was a great nanny who grew close with your children to the point that they treat each other like family. It is great that you were able to provide this sort of influence for your children....but it is THE POINT you keep missing. This is precisely why YOU did not "HAVE IT ALL." Your nanny had all of the things that I refer to when I say you could not have had it all. That is the opportunity costs you paid to focus on your career and paying another woman to raise and nurture your children for you.

Even in my part time years, I was paid beyond my wildest expectations. Contrary to happy platitudes, money does buy happiness.

I guess you missed the point of my headstone graphic on the last post?

It buys global adventure travel, choice of schools, choice of recreation, and choice of neighborhoods.

Of course, no one can deny the advantages wealth provides. But the human relationship of nurturing and parenting your own offspring? You wouldn't know, because you outsourced it. Perhaps that bought YOU happiness, as your children "flourished" under the nurturing of the hired help...so now you have the perfect status symbols to brag about when condescendingly telling the lowly proles how you in fact "have it all!"

No family energy is wasted on financial anguish.

I'd bet when your children were little, they had another sort of anguish to deal with. I'd bet my last dollar that at one point or another, your kids asked their nanny why Mommy is hardly around.

The OP knee-jerked on materialism, which is just trivial thinking.

My perspective on materialism is anything but a knee-jerk response, and it is certainly not trivial. What is trivial thinking is that by attaining career success to afford a luxury-filled lifestyle, is that you "had it all."

You didn't. You had material success, but you did not have maternal success. You paid someone else to do that for you.

By staying in the game, I can now stockpile money for grandchildren that I hope to have someday, and I can contribute to political causes.

JZ, those are important things to work for. Someone has to earn and provide for the family. I am NOT criticizing you out of some notion that you are a bad Mom for having a career and earning lots of money. We all have to do what we have to do to put food in our bellies, roofs over our heads and clothes on our backs. That you were a financial success is obviously a great source of pride...as it should be.

The only point I'm taking pains to point out to you is that despite your claims, you DID NOT HAVE IT ALL. I am only insisting on the truth here. You had a lot...but you missed out on a lot of things that you paid somebody else to experience for you while you were out dealing with the challenging work making your stunning income.

You've internalized the lies of our modern world - that financial and career success is the be all-end all measurement for success. Deep down, some part of you has to realize that your kids are bonded with and closer to their nanny than they are to you.

Which is precisely what I mean by you did NOT "have it all."

Now I can earn for another 15 years; SAHMs experience the opportunity cost of staying out of the market.

And career women experience the opportunity cost of staying out of the home and paying someone else to *make it a home* for you.

So, I'll reiterate that some women can have it all.

Only if you define "ALL" in terms of materialism.

You state that my dismissal of materialism as the measure of success was trivial.

I find it incredibly sad that you trivialize the most meaningful aspect of having and raising children...actually spending substantial and meaningful time with them as they grow. I'm sure you had many a moment that you had a moment of realization buried within yourself, covered up and hidden with rationalizations and justifications...moments in which you noticed the bond your children had with their nanny instead of you. Who did they run to for comfort when they got hurt as children? I bet there was multiple occasions in which they ran right past you (if you were even there...) to the comforting arms of their nanny.

This is my final comment here, because this is a blog that I do not respect.

I'm sure I'll manage to carry on...but I thank you for proving my point for me despite missing it for yourself.

Ho'onanea

Keoni Galt · 21 July 2011 · Archived copy · Original

Here's the view from the last place I went pig hunting.

[image]

The mountain way off in the distance is Leahi or "Diamond Head" as it is more commonly known. The bodies of water are those of Pu'uloa - more famously known as "Pearl Harbor."

Every time I behold this view, I know there is no other place I'd rather be.

Sometimes it's good to take a break and get away from your routine.

Sometimes, you just have to enjoy life...and enjoy it to the point of exhaustion.

Work hard, play harder.

Summer has always been my favorite time of year here in Hawaii.

When you enjoy it as much as I have been for the past week, you just don't have time to even think about all this crap we contemplate, ruminate and write about in the anti-PC sector of the interwebz.

My muse has been lost amidst the deep blue waters, sparkling white sands, glittering sunshine and verdant forests in the mountains of my island home.

When it returns, so will I.

In the meantime...please enjoy some Kiho'alu, performed by a living legend, Ledward Kaapana.

Big Brother is NOT Watching You...

Keoni Galt · 26 July 2011 · Archived copy · Original

...but he is still carrying out surveillance and compiling data records of almost every single person in the West today.

Everything you email, text, google search, facebook, tweet, make a cell call...all of it, is stored at one of the multitude of over 40 information fusion centers that was created in the United States after 9/11.

Does this mean someone, somewhere is watching all your YouTube video clips and reading all of your emails and tweets and listening to your cell phone conversations? Nah. There's too many people generating too much data at any given moment to have a pair of human eyes and ears tracking it all.

But what it can do is compile, sort and store it in an easily retrievable record set -- this, by the way, is what I still believe is the true impetus behind Obama care -- so that should anyone in a position of authority decide you're a person of interest, they'll be able to punch in your social security number, your name, or whatever other means for which all that data is indexed, and pull it all up and begin sifting through literally years worth of your electronic communications.

Former National Security Adviser, Trilateral Commission Founder, a Council of Foreign Relations member and President Obama's top Foreign Policy Adviser (Obama was a student in Brzezinski's class at Columbia) during his Presidential campaign, Zbigniew Brzezinski, wrote this in 1970:

"The technetronic era involves the gradual appearance of a more controlled society. Such a society would be dominated by an elite, unrestrained by traditional values. Soon it will be possible to assert almost continuous surveillance over every citizen and maintain up-to-date complete files containing even the most personal information about the citizen. These files will be subject to instantaneous retrieval by the authorities." - *Between Two Ages: America's Role in the Technetronic Era, 1970*

41 years later, Brzezinski's prediction of a "gradual appearance" has come to pass.

Wonder what some bureaucrat or government lackey has the ability to look up about you?

A Hui Hou Citizen Renegade

Keoni Galt · 28 July 2011 · Archived copy · Original

In Hawaii, we never say goodbye. We say "A hui hou" which means until we meet again.

A hui hou, Roissy.

Your blog played a key role in creating the "manosphere" as it exists today.

UPDATE - Well, that's one reason why we Hawaiians never say goodbye...you never know when we will meet again after all.

Know Your Enemy

Keoni Galt · 30 July 2011 · Archived copy · Original



> *Yes, I know my enemies.*
> *They're the teachers who taught me to fight me*
> *Compromise*
> *Conformity*
> *Assimilation*
> *Submission*
> *Ignorance*
> *Hypocrisy*
> *Brutality*
> *THE ELITE*
>
> *All of which are American Dreams...*

Back in the heyday of the early 90's, at a dorm party at the University of Hawaii, a friend of mine walked over to the boom box blasting my copy of the latest Alice In Chains album "Dirt" and put in a different tape.

He said "Hey dudes....check this band out!"

It was the self-titled debut of Rage Against the Machine.

The blend of hip hop metal and rap immediately caught our attention.

I went and bought my own copy the next day.

Back in those days, buying an album was an event unto itself. My friends and I would breathlessly tear the wrapper off of the tape (this was right before I began collecting CD's instead) pop it into the stereo and read the lyrics as on the inside of the cover while the songs played.

This was back in my "Dittohead" CONservative kool-aid guzzling days.

Needless to say, Rage Against the Machine's lyrics were ripped straight out of Marx and Chomsky left-wing, anti-Capitalist manifestos. From that day forward, I had a special category for a band like Rage - "great music, idiotic commie liberal lyrics." I filed them away in by brain in the same place I put *Pearl Jam*.

Almost 20 years later, I cued up that first album again on my iPod while I was driving and gave it another listen...it's been close to 10 years since I've listened to that album.

My how my attitudes and beliefs have changed.

The song, "Know Your Enemy" is probably my favorite track on the album, but the ending of it always annoyed my right-wing/neo-con influenced attitude. I thought I knew what the American Dream was, and that Rage Against the Machine was just a bunch of useful idiots agitating to institute a communist revolution in the West.

Hearing that ending once again had me laughing at myself.

Within the last decade, I've now come to essentially the same conclusions that the singer, Zak Dela Rocha, is shouting about at the conclusion of the song.

While Rage has always been tools of the liberal/Democrat partisan political machine, and I've read interviews in which they basically aim all of their anger and protests at the "Right" and Republicans, their protestation of the status quo of America as it really is in today's Brave New World Order, still rings true.

I used to laugh at this band, because they used to always speak out about corporations and their influence on the government and the media...yet they were signed to a major corporation who produced, distributed and sold their albums and sponsored their tours.

Whether they were corporate hypocrites or not, they still spoke a lot of truth to power, and their lyrics are more relevant today than they were back in the early 90's, before we entered into the age of the USA Inc. Police State and our never ending War on Freedom, and Liberty in the name of Terror.

"What, the land of the free? Whoever told you that is your enemy!"

[image]

[image]

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All of which are American Dreams? All of which are American Dreams!

As I think it was George Carlin who once said: "They call it the American dream, because you have to be asleep to fucking believe it."

[image]

Quiplinks

Keoni Galt · 5 August 2011 · Archived copy · Original

I mostly hate twitter.

But I appreciate the concept of the way many folks use it. While chuckling at ~~Roissy in D.C.'s~~ ~~Citizen Renegade's~~ Heartiste's twitter feed, I coined the term "Quiplink" in my mind to describe the aspect of twitter that I do like.

So here's my version of "tweets" -

"I'd like to play some part in changing this sense of security on the part of our black-robed would-be gods. It's time for the courts to be held accountable." - *Welmer*

"If you don't know who Rebecca Watson is, I envy you." - *Ferdinand*

"Ha! That proves it. Men don't really prefer younger, hotter, nicer, less demanding women. They only date them because of their fragile male egos!" - *Dalrock*

"While both genders have their good sides and bad sides, society has encouraged women to view their weaknesses as strengths and their strengths as weaknesses." - *Solomon*

"Here's a newsflash for women from me, on behalf of men in general: we don't give a shit about fashion." - *Badger*

"As much as I'd love to see an end to modern junk food, I think this is going to have to be achieved without accepting the principle that the government should determine what we can and cannot consume." - *Chris Masterjohn*

"If you honestly didn't like Bush, you can't possibly justify liking Obama, not unless you ignore the facts..." - *Wes Messamore*

"Somehow, I don't think this was quite the gloriously liberated future that the feminists had in mind." - *Vox Day*

"You know what I think a Guru is? It's someone who sells you tantalizing, feel good, sound good lies or incomplete information that rarely if ever works for anyone as advertised." - *Richard Nikolay*

"While surveys show that women know less about politics than do men, they vote in larger numbers, and thus could demand special preference. Here we are." - *Fred Reed*

"While life today is indeed more complex today than it may have been a generation ago, it doesn't have to be nearly as complicated as we make it." - *Terri*

"I had been waiting for this idiocy to come over here. How could the strong, independent, empowered, and of utmost importance, sexually liberated women let this one go?" - *Finndistan Guy*

"I for one am not willing to go through hoops to make grass babies go down easier, but the process is nonetheless extremely interesting." - *Mark Sisson*

"Divorce, that supreme statement of individuality over duty to husband, family, and oath, means damaged kids - no two ways about it." - *Alcuin*

"History has a message for us: No fiat currency has lasted forever. Eventually, they all fail." - *Jeff Clark*

"There is an old saying "lies, damned lies and statistics". Statistics don't lie. But liars can certainly misuse statistics for their own purposes." - *Professor Hale*

Carbs Are Not the Devil

Keoni Galt · 9 August 2011 · Archived copy · Original

My personal thoughts on diet have been constantly evolving, and I've found that ideas of just what is a healthy diet is probably one of the most contentious issue there is amongst all people and all cultures.

There are so many variables to each person's individual situation and health...and so many differences in personal experiences, but they all lead to this idea that many people adopt, that there is ONE WAY to eat for optimal health.

To the vegans and vegetarians, it's avoiding animal products.

To the fruitarians, it's all about overdosing on fructose and exercising at insane levels of chronic cardio.

Than we have the Low Carb/Very Low Carb/Zero Carb (LC/VLC/ZC) community, the Weston Price Foundation traditional eaters, and finally, we have the Paleo camp.

From my own point of view, when discussing dietary issues, I use "Paleo" as a kind of short-hand reference. It has the benefit of being easily memorable and someone who's interested in the topic after my discussion with them, can easily use google and find the paleo blogosphere... which can be a life changing discovery for those who grasp the basic concepts and apply them. (I've had a colleague lose over 100 lbs. and reverse diabetes simply by referring her to Mark's Daily Apple.)

But anyone who's a regular reader of the Paleo blogosphere is going to eventually discover that while there is a basic, overarching framework that most agree on, there's plenty of disagreements in particular topics and food items and macro-nutrient ratios, especially when it comes to carbohydrates.

Which in my own ruminations, have brought me full circle back to the original Atkins diet proscription.

In other words, I've come to the personal opinion that there is a purpose for a LC/VLC/ZC diet, but it should not be a permanent state except for in the worst cases.

I think the genesis of so much debate and disagreement comes from this: when people first start to explore different dietary lifestyles, they usually do so because they are experiencing the negative effects from a lifetime of eating the standard fare of our Subsidized Corporate Agricultural and Industrial Feed society. Obesity, diabetes, high blood pressure, IBS, Crohn's etc.

For most of these cases, the discovery of LC/VLC/ZC diets seems like a miracle, when they discover how easy it is to lose the weight and lower their blood pressure etc. while gorging themselves on bacon cheeseburgers without the bun and pizza toppings without the crust.

This leads many, many people to become carbo-phobes and protein fanatics. They embrace the legend of Two Brave Men Who Ate Nothing But Meat for an Entire Year, and look at ALL carbohydrates as the equivalent of cyanide or arsenic and people should never eat any carbs...ever.

I think the original Atkins diet plan had the basic concept right - reduce and eliminate carb consumption if your overweight or suffering from health problems caused by the Standard American Diet, and once you reached your goals and healed yourself, to slowly add starchy carbs like potatoes and rice back into your diet.

The problem here is that everyone is different.

For myself, I've never had digestion problems in terms of IBS, celiac, crohn's etc. I was simply getting overweight.

I've gone through a VLC period, and have remained LC for years.

But based on the works of people like Dr. Kurt Harris and Melissa McEwen, I've been adding more carbs back into my diet for the past 3 months or so. No weight gain, and a bit better energy levels and performance in endeavors that require endurance.

Now, I just try to minimize or avoid wheat flour and whole grains as much as possible. I'll eat a moderate portion of white rice, or use traditionally prepared (nixtamalización) corn tortillas, and I eat a lot of variety's of tubers as well - potatoes, sweet potatoes, yams, etc. and once in a great while, I buy a loaf of rye sourdough bread and make sandwiches and burgers with it.

Compared to a year ago, the amount of carbs I eat is nearly tripled...but my weight and health have remained the same since I first began VLC/LC dieting and lost 35 lbs of excess fat from my frame.

This was a little surprising to me at first, especially now that I've had a complete change to my lifestyle thanks to Paleo Baby, I've never exercised LESS than in the last year of my adult life.

Yet I've had no change in my weight or health, despite eating more carbs than ever before since losing all that weight. I think this is the point both Harris and McEwen have come to - carbs by themselves are not bad. But to recover your health from a lifetime of SAD, a LC/VLC would be beneficial for a short period of time - not because carbs by itself makes one fat and sickly, but because a person who is in bad shape needs to change their metabolism and reverse insulin resistance.

As Dr. Harris wrote:

> 1) Reject the alternative hypothesis of saturated fat or cholesterol as a Neolithic agent – the so-called diet/heart hypothesis
>
> 2) Believe that obtaining a substantial fraction of nutrition from animal sources is necessary for health
>
> 3) Discount the absolute importance of macronutrient ratios in the nutritional transition.
>
> 4) Believe that a whole foods diet that includes adequate micronutrients is the best way to eat healthy.
>
> 5) Believe that tubers, root vegetables and other sources of starch can be healthy for normal people, but that most grains are a suboptimal source of nutrition in other than small amounts.

#3 was the one I had the hardest time accepting...but no more.

My additional thoughts to Dr. Harris though would be this:

Other than the issues with cereal grains - the glutens, WGA, phytates, lectins, and other issues found in the grain protein and bran, people who are not overweight or suffering any diet related degenerative conditions should not

really focus on carbs...but most importantly to focus on the FAT in their diet.

Understanding the importance of a balanced Omega 3 and Omega 6 fatty acid ratio in your overall diet. One really important point people should understand is that Omega 6 fatty acids are not "bad." They are, afterall, ESSENTIAL fatty acids. The real problem is the skewed ratios in the SAD, because most Westerners get their O6 from the rancid poly-unsaturated vegetable and grain oils, and not enough O3 because most food animals are no longer raised in natural conditions eating their natural foods (grass!). You DO require some Omega 6 fatty acids in your diet...just make sure you get them from natural, non-rancid and non-oxidized sources, like roasted nuts like Walnuts and almonds.

Understanding that the fat is vital in how you handle the protein (google "Rabbit Starvation" to understand that high-protein/low-fat diets are a potential disaster).

Same goes for the carbs. What makes french fries and potato chips particularly toxic? The rancid, oxidized, poly-unsaturated canola or soybean oils that are now ubiquitous in the restaurant and snack food industry...and that's without even mentioning the hydrogenated and partially-hydrogenated oils used in most baked goods. These industrial oils contribute to inflammation on a cellular level, and combined with a blood sugar spike from eating a bag of chips, can lead to all sorts of problems. It's not the carbs per say...it's the amount of carbs and the FAT you're consuming with those carbs.

Yukon gold potatoes deep-fried in extra virgin coconut oil tastes divine, and I get a kick out of knowing that such fare actually good for you.

Oh, and one final caveat: as much as I try to avoid wheat and other "whole grain" foods, I have **never** fully given up on grains...I just drink them after they've been malted, roasted, fermented and in certain cases, distilled.

$16,000,000,000,000+ in Secret "Loans" at 0% Interest

Keoni Galt · 10 August 2011 · Archived copy · Original



According to the openly avowed Socialist Senator from Vermont, Bernie Sanders, the first time the Federal Reserve System has been officially audited by the Government Accounting Office and the results have been made public.

You can download the .PDF of the audit here.

Or you can look at the Scribd online document here.

"As a result of this audit, we now know that the Federal Reserve provided more than $16 trillion in total financial assistance to some of the largest financial institutions and corporations in the United States and *throughout the world*," said Sanders.

Financial "assistance?"

The blog Unelected puts this into perspective:

> To place $16 trillion into perspective, remember that GDP of the United States is only $14.12 trillion. The entire national debt of the United States government spanning its 200+ year history is “only” $14.5 trillion. The budget that is being debated so heavily in Congress and the Senate is “only” $3.5 trillion. Take all of the outrage and debate over the $1.5 trillion deficit into consideration, and swallow this Red pill: There was no debate about whether $16,000,000,000,000 would be given to failing banks and failing corporations around the world.

The Socialist Senator from Vermont raises the following point:

> Among the investigation's key findings is that the Fed unilaterally provided trillions of dollars in financial assistance to foreign banks and corporations from South Korea to Scotland, according to the GAO report. "No agency of the United States government should be allowed to bailout a foreign bank or corporation without the direct approval of Congress and the president," Sanders said.

Sanders is right. The most relevant point here though, is that the Federal Reserve is NOT an agency of the United States Government. It's a privately owned banking Cartel, created by the International Banking elite FOR the benefit of the International Banking elite.

Sounds *conspiratorial?*

> The list of institutions that received the most money from the Federal Reserve can be found on page 131 of the GAO Audit and are as follows..
>
> Citigroup: $2.5 trillion ($2,500,000,000,000)
> Morgan Stanley: $2.04 trillion ($2,040,000,000,000)
> Merrill Lynch: $1.949 trillion ($1,949,000,000,000)
> Bank of America: $1.344 trillion ($1,344,000,000,000)
> Barclays PLC (United Kingdom): $868 billion ($868,000,000,000)
> Bear Sterns: $853 billion ($853,000,000,000)
> Goldman Sachs: $814 billion ($814,000,000,000)
> Royal Bank of Scotland (UK): $541 billion ($541,000,000,000)
> JP Morgan Chase: $391 billion ($391,000,000,000)
> Deutsche Bank (Germany): $354 billion ($354,000,000,000)
> UBS (Switzerland): $287 billion ($287,000,000,000)
> Credit Suisse (Switzerland): $262 billion ($262,000,000,000)
> Lehman Brothers: $183 billion ($183,000,000,000)
> Bank of Scotland (United Kingdom): $181 billion ($181,000,000,000)
> BNP Paribas (France): $175 billion ($175,000,000,000)
> and many many more including banks in Belgium of all places

Secret loans at 0% interest that haven't been paid back, to banks all over the world? You don't say?

You mean this whole time, when people tried to point out that the Federal Reserve System was a privately owned banking cartel owned essentially by international bankers (The Rothschilds), they weren't talking about illuminati reptiles flying around in UFO's?

Sander's makes another good point while missing the forest for the trees:

> In fact, according to the report, the Fed provided conflict of interest waivers to employees and private contractors so they could keep investments in the same financial institutions and corporations that were given emergency loans.

> For example, the CEO of JP Morgan Chase served on the New York Fed's board of directors at the same time that his bank received more than $390 billion in financial assistance from the Fed. Moreover, JP Morgan Chase served as one of the clearing banks for the Fed's emergency lending programs.
>
> In another disturbing finding, the GAO said that on Sept. 19, 2008, William Dudley, who is now the New York Fed president, was granted a waiver to let him keep investments in AIG and General Electric at the same time AIG and GE were given bailout funds. One reason the Fed did not make Dudley sell his holdings, according to the audit, was that it might have created the appearance of a conflict of interest.
>
> To Sanders, the conclusion is simple. "No one who works for a firm receiving direct financial assistance from the Fed should be allowed to sit on the Fed's board of directors or be employed by the Fed," he said.
>
> The investigation also revealed that the Fed outsourced most of its emergency lending programs to private contractors, many of which also were recipients of extremely low-interest and then-secret loans.
>
> The Fed outsourced virtually all of the operations of their emergency lending programs to private contractors like JP Morgan Chase, Morgan Stanley, and Wells Fargo. The same firms also received trillions of dollars in Fed loans at near-zero interest rates. Altogether some two-thirds of the contracts that the Fed awarded to manage its emergency lending programs were no-bid contracts. Morgan Stanley was given the largest no-bid contract worth $108.4 million to help manage the Fed bailout of AIG.

Sander's entire argument here rests on the presumption that the Federal Reserve is an actual Federal Governmental Agency under the control of the Government.

Hah!

"Private contractors" like JP Morgan Chase are the de facto owners of the Federal Reserve, Bernanke is their bitch, and the entire US Government - and by extension, we the sheeple, are under it's control.

When the Chickens Come Home to Roost

Keoni Galt · 13 August 2011 · Archived copy · Original

[image]

When I first changed my diet thanks to reading up at the Weston Price Foundation website, the first piece of advice I followed from them was to find free range eggs in my local grocery stores. Easy enough, there are several brands available, including "Omega-3 Eggs."

But one thing always bothered me about these "free range" eggs...all had the statements on their cartons "100% vegetarian feed." Since chickens are omnivorous, this always bothered me.

I soon learned that what that really meant was soy-based feed. Since I've been striving to eliminate as much soy as possible from my diet, this was a problem.

Transfer of soy isoflavone into the egg yolk of chickens

I also read this article at the WAPF website, Eat Your Eggs and Have Your Chickens Too, in which the following factors were cited to point out the superiority of having free range eggs -

> *Without a doubt, fresh, pastured eggs are superior in taste and nutrition to conventionally raised commercially available varieties. Eggs have been a highly valued foods since the beginning of time—eggs from chickens, ducks, geese, turtles and fish. Egg yolks are the richest source of two superstar carotenoids—lutein and zeaxanthin. 1. Not only are bright yellow yolks loaded with these fat-soluble antioxidant nutrients, they are more bioavailable than those found in vegetables, corn and most supplements.2,3 While these nutrients have a reputation of combating macular degeneration4,5 and cataracts6 and supporting overall healthy vision, they have a long list of other benefits, including protecting the skin from sun damage7 and even reducing one's risk of colon8 and breast cancer.9*
>
> *Besides providing all eight essential protein building amino acids, a large whole, fresh egg offers about six to seven grams of protein and five grams of fat (with about 1.5 grams of it saturated), which comes in handy to help in the absorption of all the egg's fat-soluble vitamins. One egg also serves up around 200 milligrams of brain-loving cholesterol and contains the valuable vitamins A, K, E, D, B-complex and minerals iron, phosphorus, potassium and calcium.10 Choline, another egg-nutrient, is a fatty substance found in every living cell and is a major component of our brain. Additionally, choline helps break up cholesterol deposits by preventing fat and cholesterol from sticking to the arteries.10,14 So the bottom line is, don't be chicken about eating eggs, especially the cholesterol-rich yolks!*

> *[image]*

> *Compared to the generic supermarket variety, eggs from pastured poultry are a vivid yellow-orange—proof of a richer store of healthenhancing carotenes (more specifically xanthophylls, a natural yellow-orange pigment in green plants and yellow corn).11,12 The more carotenes, the darker, deeper orange color the yolk—and the higher the levels of fat-soluble vitamins as well. Expect to find the richest orange colors in the spring, when grass is fresh and bugs are plentiful. Color also fades as the egg ages. Bear in mind, variations will be seen in these differences due to the breed and age of chickens, their diet (grass, insects, and feed) and the season.*
>
> *When left to their own scavenger instincts, being the omnivores they are, chickens eat bugs, worms (and even snakes if given the opportunity), grasses and nutritious herbs such as plantain leaves and wilted nettle—both of which boost egg production and yolk hue. While these feathered friends will eat the grain and pellets left in the feed trough, it certainly isn't their ideal food. Remember, chickens are omnivores, not vegetarians as many people assume, meaning they are designed to consume foods from both animal and plant sources.*

I was sold on the idea of getting my own backyard chickens.

It's been an interesting experience to say the least, as I've been now raising chickens for over two and a half years. I've learned a lot about it, and decided to pass along some tips gained from my experiences.

- Chicken manure stinks after awhile. The chicken hatchery I bought my hatchlings from suggested this product, called EM-1 or Effective Micro-organisms Formula 1. I put a little into their daily water...it drastically reduces the smell of their manure. About once a month, I'll spray a 25% EM-1 to water solution all over their coop and egg box...which literally eliminates the manure smell entirely. This product is a must-have if you raise chickens in a small backyard close to your house.

- I feed a mixture of organic grains (barley, corn, oats, milo & wheat) bought from my local feed store. Some paleo diet proponents who are right to castigate grains for human consumption often talk about trying to find grain free chickens. This is ludicrous. Chickens are omnivorous and love to eat grains. If you let them forage in pasture, you will see them literally peck the grains off of stalks of grass. While grains make humans sick, chickens seem to be designed/evolved to eat grains as a regular part of their diet.

- I mix a small bit of ground up oyster shell into their feed. This provides calcium and grit for their gizzards. This makes the egg shells strong. Before I began doing this, my chickens eggshells were pretty fragile and broke too easily. Since I've added the oyster shells, the eggs are so strong, I sometimes have to really strike it hard to crack it open when I'm cooking. If you don't have access to oyster shell, I've heard that some egg farmers will crush up the eggshells and feed it back to the chickens. You don't want to just throw the egg shells whole into the coop though...they may start to look at egg shell as food and begin eating their own eggs as soon as they're laid.

- If you do have chickens that cannibalize their own eggs, buy a wooden egg from a craft store and put it in the egg box. After a few painful pecks of the wooden egg, the chickens stop trying to eat their own eggs.

- I also mix in flax seed into their feed. If you google it up, you'll find a lot of conflicting claims regarding whether or not this benefits the Omega 3 content of the egg. Here's one source I found on the topic, from the Food and Agricultural Organization of the U.N. : The Role of Poultry in Human Nutrition (pdf)

> ***Elongation of n-3 fats and their enrichment in eggs***

> *Chickens have the unusual ability of rapidly converting ALA into DHA in significant quantities, and to EPA in lesser amounts. This means that eggs can be enriched with these important fats, provided that there is an adequate supply of ALA in the hens' diet.*
>
> *The diet of hens usually contains some of the n-3 fats, and 100 g of edible egg typically contains 150 mg of total n-3; of this, DHA + EPA is about 20 mg. By adding 10 percent flax seed (2 percent ALA) to the diet of layers, the total n-3 will rise to more than 600 mg/100 g. About one-third of this will be DHA + EPA.*

You really shouldn't bother trying to add more flax seed than around 10% of their scratch in an attempt to get higher levels of n-3 in the eggs, as they do not eat it all up anyhow. They don't seem to particularly care much for flax seed, but they do eat some of it. The benefit of having the scratch thrown on the dirt floor of their coop is that when it rains, they'll sprout and the chickens will eat those sprouts too.

- The fact that chickens like and eat grains does not mean that is all you should be feeding them. That should only be a portion of their overall diet. Chickens are literally pigs with wings. They eat anything and everything. Broccoli stalks, carrot peels, old rice, rotten left overs, bread, cheese, fish, meat (yes, they'll even eat chicken...I don't feed my chicken's chicken...but I could if I had to), pear and apple cores, potato peels...basically anything you would normally flush down the garbage disposal, or throw in the waste basket? Just chop it up into peck sized pieces and dump it in the coop. They won't leave a single scrap left.

- In addition to kitchen scraps and a ration of grain feed, I let my chickens wonder the backyard for every afternoon from around 2-3 pm 'til sundown. This is when they eat grass, seeds, bugs, worms and anything else they can scavenge. I've seen my chickens catch and eat mice and centipedes before.

Once the sun sets, they all come back to the coop and roost for the night. I then shut the gate to their enclosure. I do this because if I were to let them roam truly free range all day long, they find nooks and crannies and begin laying their eggs all over the property. Many times you never find them, until they go rotten. Then you find them by smell.

By keeping them in an enclosure for half the day, they usually lay all their eggs in an egg box I constructed in their coop. When I let them out of their enclosure, I than grab their eggs from the egg box as they run out into the yard to begin their daily scavenging.

- Sometimes your chickens will get sick. I had a chicken get sick, diarrhea, and she stopped eating and started refusing to leave her roost in the coop. She slowly wasted away until she died. I tried everything I could think of to save her, but nothing I tried worked. Than another of my hens started coming down with the same symptoms, I began to google frantically to try and find the answer.

I found an online forum in which backyard chicken raisers shared tips and advice. One was to put some **raw** apple cider vinegar (not distilled) in the drinking water, and to spray a 1:10 ratio of the vinegar all over the coop and common areas the chickens frequent.

Within a single day after doing this, she began to recover, eat, and come out of the coop and run around with her fellow hens.

- Other tips were to occasionally feed the chickens fresh garlic and onions...but this purportedly will make the eggs they produce have a peculiar flavor. I've fed my chickens garlic, but never noticed any strange flavors in their eggs.

- If you raise the chickens since they were hatchlings, frequent handling while they grow will make them very used to human presence. Certain breeds however, are more flighty and nervous than others, while other breeds are downright friendly. I had one Aracuana who literally flew up and roost on my shoulder every chance she got, like a pirate captain's parrot.

- If you make a specific noise whenever you go outside to feed them kitchen scraps, you can than use that noise as a call. I can walk into my yard and make my imitation of a chicken cackle (ba-GAWWWK!) and it's almost comical to see them come running from all corners towards you in anticipation.

In closing, I can say this: it may require a lot of initial work to set up a system for raising your own chickens, but once you have it set up and you figure out what works best in your situation, it's almost effortless to daily maintain them, with only the occasional bi-annual clean out of the coop necessary to keep them clean and healthy and producing eggs. And their eggs they produce are certainly worth it.

You don't even need that many hens to make enough eggs for your family. I have 11 hens, and they produce more than enough eggs for my families daily needs. I often give away eggs to friends and family. Besides a good food source, they make great pets to boot.

One last piece of advice - if you have hunting dogs, make sure they cannot get to the chickens. I had my best hunting dog's runner leash break once, and I came home to a yard full of feathers, no chickens in sight, and one fat and happy hunting hound. If he were not my best hog dog, I would have put a bullet in his head right then and there, I was so angry.

I had to start all over from scratch, get all new hatchlings, and resume buying store bought eggs for a full 6 months until the new flock matured and began laying eggs.

Sometimes, you learn some lessons the hard way.

Marriage in Ancient Hawai'i

Keoni Galt · 19 August 2011 · Archived copy · Original



King Kamehameha's Favorite Wife, Queen Ka'ahumanu

Reading Mucius Scaevola's post, Marriage in Ancient Rome, over at his blog Glittering Opprobrium reminded me that I promised LadyLydia I'd get around to writing a post about ancient Hawaiian society and marriage customs.

Before talking about marriage in ancient Hawaii, it is important to understand that Ancient Hawaiian society had a very strict adherence to the ancient religion - the *Kapu* (taboo) system - that dictated their actions and behavior in every single aspect of their lives. While Judeo-Christian-based Western societies have generally placed the most importance on religious tenets applied to sex and sexuality - and more specifically on the female gender, the Hawaiians had a much looser conception of regulating sexual behavior and it was far more rigid and repressive when it came to food and eating.

For instance, homosexuality was completely acceptable, but in practice, most were bi-sexual. It was also common for both commoners and royalty to wife swap and play sexual games similar to spin the bottle, except random pairings resulted in far more activity than just kissing. They also had a religious ceremony called *hi'uwai* that was essentially an orgy at night time in the ocean during a certain time of year to maintain a form of anonymous discretion between participants. Children conceived from this ceremony were considered especially blessed. As you can see, Hawaiian society was quite libertine...which is why when *haole* (white folk) sailors first came here, it quickly became a favorite port of call. The first sailors got laid like tile by the native women.

But food was quite a different matter. Men and women could not eat together. Women were not allowed to handle any food that was meant to be eaten by men, and for the most part, men did all the cooking. Women could have their eye put out or even put to death for eating certain foods that were considered sacred to the male gods. Certain

species of banana, certain fish and pork were all solely reserved for men.

As I commented over at Mucius's blog regarding gender relation customs and their ramifications for society:

> *When society makes women dependent on men, civilizations arise and liberty is the norm.*
>
> *When society makes women independent of men, civilizations fall, and tyranny reigns.*

Hawaiians did not enforce rigorous monogamy, but their women were still dependent on their men to farm, catch, prepare and cook food...while men were dependent on their women for making the *Kapa* or clothing made from pounding and drying the mulberry bark.

As I will cover later in this post, the strict adherence to religious tenets regarding food and gender were a key role in the overthrow of the old *Kapu* system of religion after Western contact.

Hawaiian society was a strict caste system, with four basic classifications: the *Ali'i* (Chiefs or Royalty) the *Kahuna* (Priest class), the *Maka'ainana* (Commoners) and the *Kauwa* (outcasts and slaves).

Marriage was basically broken down into two categories: lifelong monogamy for everyone except Royalty. Royalty had two-way polygamy - Men could have multiple wives, women could have multiple husbands. While this was the concept, it was not really the common practice for women to have multiple husbands at the same time, though they technically could. We would recognize the female polygamy as more similar to rotating polyandry today. If a Chiefess were unhappy with her husband, she would leave and take up with another Chief elsewhere. Sometimes she'd return to her former husband, sometimes not. Generally speaking though (there are historical exceptions of rival chiefs kidnapping women from each other), marriage and sexual relations were entirely at her discretion.

Hawaiian society was definitely a Matriarchy based kinship system...which is why up until the arrival of the *haole*, most people, nobility included, only had a single name.

Since Hawaiian society was based on oral tradition (no writing), Genealogy records were entirely based on oral recitations. For the commoners, each family kept their own genealogical knowledge, while the royalty had the Priests who memorized chants that recited the line of ancestry for particular Chiefs going back many, many generations.

Amongst the Chief class, there were various ranks, and this ranking was based entirely on the rank of the person's mother. The more sacred the genealogy of the mother, the higher ranking the royalty.

But that doesn't mean the highest ranking royalty was the ruler.

Hawaiian society had a regular tradition of warfare, in which rival Chiefs would conquer lands, exact tribute and establish Kingdoms. If a low ranking (by birth) Chief could muster the forces and conquer the armies of a higher ranking chief, he became ruler.

As the ruler, he could than marry a higher ranking Chiefess, and any children they had would than be higher ranking than himself.

In retrospect, as seen through the lens of the manosphere's common terminology, this is classic Matriarchy. The best women went to the strongest man, so she could have the most dominant genes to pass on to her children. But no matter how strong the man, Hawaiian society was still a Matriarchy, and women had the final say in matters of hearth, home and who they decided to have sex with.

A good example would be the story of King Kamehameha (that's his portrait I use as an avatar on this blog on the upper left hand side).

He was a Chief from the Big Island who was born of relatively low rank. At the time of his birth, he was the nephew of the Mo'i (King) of the Big Island. When his Uncle, the King died, he and his cousin, the King's son, eventually fought an island-wide war in which Kamehameha eventually succeeded in conquering the whole of the Big Island. From there, he eventually went on to conquer the entire Island chain and became the first King with all of the islands under a single Chief's rule.

And, as the King, he had many wives. Studying the history of his marriages gives good insight into the polygamous, Matriarchal system in Ancient Hawaii. While he had many wives, only two are really noted in history...his favorite wife, Ka'ahumanu, and his most sacred wife, highest ranking in her time by Genealogy, Keopuolani. Even though Ka'ahumanu was his favorite, it was the son born by Keopuolani who was the heir to the throne and eventually became King Kamehameha II.

Ka'ahumanu actually never bore any children, but if she had, her children would never have been in line for the throne, as Keopuolani had the higher Genealogical rank.

Ka'ahumanu was a fiesty, head strong and fiery woman...but she was an integral player in Kamehameha's conquest of the islands, for it was several of her Uncles who were prominent warriors who brought their armies under Kamehameha's direction when he began the conquest of the Big Island and later the entire island chain.

After he had conquered the Big Island, he asked his most prominent Priest and adviser if he had any potential concerns for rebellion in his newly established Kingdom. He was shocked that when his adviser told him that his only potential source for rebellion was from his favorite wife, Ka'ahumanu. The following recount comes from the book Kamehameha and his Warrior Kekuhaupi'o:

> If your wife should be attracted to another ali'i and she should love this new man, then she would turn and give the kingdom to this new man. Her uncles would also turn and help their neice, and you, *e Kalani*, would be in trouble. (*e Kalani* is the equivalent to "Your Royal Highness" - literally translated, it means "Heavenly One.")

Heeding the advice of his adviser, Kamehameha decreed at his court that Ka'ahumanu was *Kapu*, or forbidden to all men, under the penalty of death.

Note that the King, the strongest man of the Kingdom, had no control over his wife herself. He couldn't tell her to do anything. He could only warn all the other men that if they dared have an affair with his wife, he'd have them killed.

It must also be noted that despite Ka'ahumanu being of lower rank than Keopuolani, she wielded far greater

political power than the higher ranking wife of the King's harem. When Kamehameha died, his son by the high ranking Keopuolani was only a young teenager, not ready to take the reigns of power over the Kingdom. Ka'ahumanu became the regent and de facto ruler until Liholiho - Kamehameha II - was old enough to rule.

Even when Liholiho did become the King, many historians consider Ka'ahumanu the true power behind the throne...even though Keopuolani was in fact the highest ranking Queen upon Kamehameha's death, she ended up returning to Kaua'i where her family resided, as she was uninterested in politics, unlike Ka'ahumanu.

And, as I alluded to earlier with regards to the Ancient Hawaiian *Kapu* system regarding food and eating, it was Ka'ahumanu who was instrumental in overthrowing the old system when she was the Prime Minister during Kamehameha II's reign.

By the time Liholiho ascended to the throne, the Hawaiian society was in the process of a dramatic cultural upheaval. They noted that the *haole* broke many of the *Kapu* regarding men eating with women and women eating forbidden foods. They noted that the Gods did nothing when such *Kapu* were violated and they began to question the legitimacy of their religious doctrine and it's strict gender roles.

Ka'ahumanu served as the primary catalyst when she publicly sat down with Kamehameha II and his men and ate a meal with them. Almost immediately after she did so, the general populace rebelled and overthrew the Priestly caste and destroyed the temples and idols that had been the central power in Ancient Hawaiian society for generations.

This lead to a period of general anarchy and warfare as the Hawaiians no longer had to abide by the strict *Kapu* system that regulated all behavior. This chaos lead to the eventual introduction of Christianity when the Protestant missionaries arrived nearly a decade later to "save the souls of the heathen savages."

The historical example here appears to have parallels to our present day cultural troubles...similar also to those of ancient Roman society: when women become dissatisfied with their particular gender roles in society and they rebel against the old order, chaos and social upheaval are soon to follow.

Ok, before that last line gets anyone upset, I was being facetious.

A Proposal to Expand the Scope of the Death Penalty....

Keoni Galt · 1 September 2011 · Archived copy · Original

[image]

....to include the creators and disseminators of malware, spyware and trojan virus programs.

Took me 4 days to get back online.

DEATH TO VIRUS PROGRAMMERS!

Serfing USA

Keoni Galt · 6 September 2011 · Archived copy · Original



My fellow Americans, it's time to recognize the reality of the system of Government and it's control of our society and see that the idea that we live in the home of the brave and the land of the free is nothing but a delusion of times long past.

Freedom is not free. It was taken away from us, one gradual, incremental step at a time, over the course of decades. What freedoms, you ask? Here's a list of a few, excerpted from Freedoms I Wish the Military Were Defending:

- The freedom to fly without being sexually violated.
- The freedom to purchase a gun without a waiting period.
- The freedom to grow, sell, and smoke marijuana.
- The freedom to sell goods and services for whatever amount a buyer is willing to pay.
- The freedom to make more than six withdrawals from one's savings account each month.
- The freedom to drink alcohol as a legal, voting adult under twenty-one years of age.
- The freedom to purchase Sudafed over the counter.
- The freedom to gamble without government approval.
- The freedom to deposit more than $10,000 in a bank account without government scrutiny.
- The freedom to not be stopped at a checkpoint and have one's car searched without a warrant.
- The freedom to sell any good or offer any service on Craigslist.
- The freedom to fill in a "wetland" on one's own property.
- The freedom to cut someone's hair for money without a license.
- The freedom to home-brew over 100 gallons of beer per year.
- The freedom to advertise tobacco products on television.
- The freedom to smoke Cuban cigars.
- The freedom to not wear a seatbelt.

- The freedom to be secure in our persons, houses, papers, and effects, against unreasonable searches and seizures.
- The freedom to keep the fruits of one's labor.
- The freedom of an employer and an employee to negotiate for any wage.
- The freedom to discriminate against anyone for any reason.
- The freedom to videotape the police in public.
- The freedom of businesses to hire and fire whomever they choose.
- The freedom to not be brutalized by the police.
- The freedom to not be arrested for victimless crimes.
- The freedom to sell raw milk.
- The freedom to not have one's child subject to unnecessary vaccinations.
- The freedom to not have one's child unjustly taken by Child Protective Services.
- The freedom to not be subject to the Patriot Act.
- The freedom for kids to set up neighborhood lemonade stands.
- The freedom to not have every facet of business and society regulated.
- The freedom to stay in one's home during a hurricane.
- The freedom to not have our e-mail and phone conversations monitored.
- The freedom to travel to and trade with any country.
- The freedom to be left alone.

How did this happen?

It started with the acceptance of the idea that the individual cannot have supreme property rights, and that no citizen can own their own land free and clear, to do with whatever they wish with it, as long as it does not infringe on the rights of another citizen's property and their free use of it.

Many people simply shut down their critical thinking processes when they encounter the cognitive dissonance of experiencing things that don't jibe with what they were
~~taught~~brainwashed to believe in their
~~public schools and universities~~social engineering and indoctrination facilities.

"What do you mean America is not the land of the free and home of the brave?"

Try land of the fee and home of the slave.

"I'm not a slave!"

Technically, that's true. You're a serf.

"What do you mean?"

Serfdom

> Serfdom included the forced labor of serfs bound to a hereditary plot of land owned by a lord in return for protection and the right to work on fields they leased from their landlords to maintain their own subsistence.

That, of course, was the medieval definition of Serfdom. Our ~~public schools~~indoctrination institutional facilities would tell you that this was a practice that has long been abolished and left in the dustbin of history.

That's a lie.

Serfdom is alive and well, it's just changed with the times so that you don't recognize it even as you are laboring in your serfdom.

Instead of tying it to a piece of land to lease form our landlords to maintain our own subsistence, our Lords are the cartel members of the Federal Reserve banking system and our centralized, fascist Government. Instead of simply land, our Banker Lords have the power to create "money" out of thin air. What it really means is they have the exclusive monopoly on allowing you to put yourself into debt to them, for which no matter what occupation or entrepreneurial activity you endeavor in, they charge you interest for it. Your house, your automobile, your education...if you borrowed from a Federal Reserve cartel member and are paying interest on a loan to obtain these things, you are indeed a 21st century serf.

But the Bankers are not the only Serf lords in today's Brave New World Order.

Think you own your own property because you finished paying off your mortgage to the Banking Cartel?

Don't pay your property taxes and see your County, State & Federal Lords take away "your" property for owing a mere fraction of it's market value to the State.

Or you can try and not pay your income taxes for a few years, see what happens to your so-called freedom when men in uniform come with guns to take you away and turn you into a revenue stream for the prison industrial complex.

As the 19th century German poet, Johanne Goethe astutely observed:

None are more hopelessly enslaved than those who falsely believe they are free.

What does F.E.M.A. stand for?

Keoni Galt · 8 September 2011 · Archived copy · Original

[image]

In the aftermath of hurricane Katrina, the mass media and liberal/left wing punditry had a field day in blaming the so-called ineptitude of the FEMA response on George W. Bush.

I heard a very liberal/progressive friend re-tell the following joke:

> Q: "What was George Bush's position on Roe vs. Wade?"
>
> A: "He didn't care how the poor, Black people tried to get out of New Orleans after Katrina."

I admit, I laughed when he told me that one.

Funny thing is many people consider FEMA's post Katrina response to be an utter failure...and that hasn't changed. Years later in the response to Hurricane Irene, Ron Paul recently commented:

> In the wake of hurricane Irene, the Federal Emergency Management Agency is expected to come hat in hands asking for more money from Congress. Like the rest of the government, it is broke. It has been suggested that any additional funds allocated to FEMA should come from cuts elsewhere. This seems harsh and lacking in compassion to big government advocates who do not understand economics, but I would go a step further. FEMA should never have been established.

Hear, hear Dr. Paul!

Anybody know what Obama's position on Roe vs. Wade is?

Dr. Paul then goes on to site examples from Katrina on the supposed "bureaucratic incompetence" of FEMA:

> Victims of disasters should get any and all help possible, and there is virtually no limit to the generosity and compassion of good American people after devastation hits. One only need to remember the outpouring after Katrina to know this is true. FEMA, however, did more to get in the way of relief than to actually provide and facilitate it. The examples are numerous. When the call was put out for volunteer firefighters, they volunteered by the thousands. It was FEMA, for reasons of control and bureaucratic ineptitude, who made sure they were not, in fact allowed to actually help. When a group of firefighters arrived from Houston, instead of being put immediately on the job, they were told to sit around and wait. After waiting for two days doing nothing, they were simply sent home. One thousand volunteer firefighters were sent to Atlanta to undergo sexual harassment training while fires actively raged in the city. The ones that remained through this stupidity were sent to escort the president around or to distribute fliers instead of putting out fires. Computer engineer Jack Harrison was told his skills were needed to rebuild technological infrastructure. After being given the runaround for about two weeks, he was misallocated as head of security on the cruise ship FEMA had leased, when he should have

> been using his skills to help. All manner of help was turned away or mismanaged by FEMA while people suffered and waited. Even the Red Cross had its hands tied by FEMA.

Now why would I put "bureaucratic incompetence" in quotations here? Everyone knows that FEMA botched the response to Katrina, right? It would seem like I'm disagreeing with Dr. Paul, right?

That's because I am.

The response to Hurricane Katrina was an absolute and complete success.

What does the acronym F.E.M.A. stand for again?

Federal Emergency MANAGEMENT Agency.

FEMA's mission has NEVER been about bringing aid, relief or help to the masses of people affected by a catastrophic event.

The mission is about MANAGING the situation. FEMA officials could give a flying fuck about civilians who are injured, endangered, starving or dying of thirst after a disaster. No, their primary concern is to set up a zone of control and disarm the sheeple before they even consider the option of allowing charity and first aid responders access to the area to help those in dire need of assistance.

And Katrina was no isolated incident to be blamed on simple bureaucratic ineptitude. We see a pattern of behavior emerge after a tornado devastated a small town in Kansas in 2007:

> On Friday, May 4, an F5 tornado wiped the town of Greensburg, Kan., almost entirely off the map. The Federal Emergency Management Agency, along with the National Guard and local police from all over Kansas, then systematically kept out relief workers while they went house to house disarming the residents.

Gee, George Bush must not have cared about those white folks who survived a tornado either!

> FEMA’s top priority going in was clear. It was not to help people, but to establish control and cow the population. These, of course, are the same things they did during Hurricane Katrina, with much more disastrous results.

Just remember that if you're unfortunate enough to live in an area hit by a natural disaster, but fortunate enough to survive...don't expect help from FEMA when they show up on the scene. They're more concerned with MANAGING the emergency - which really means taking your guns away and rounding you up with all the other remaining survivors to make sure the situation is UNDER CONTROL!

Remember: a large scale disaster means one thing to the citizenry of the USSA: Let's go Camping!

Registered!

Keoni Galt · 12 September 2011 · Archived copy · Original

While I'm a little late to the party (been really busy this past week), I didn't want to miss out on the fun of Ferdinand's latest google bomb.

I support Paul Elam and his effort to create register-her.com as an online repository to name and shame the worst misandrists of our Brave New World Order.

And Jessica has been at the forefront of the misandry-in-the-name of feminism and equality for the past decade, she definitely deserves this naming and shaming...even though we know she's basically shameless.

Now I've got a question for Paul...where's Mz. Amynda Marcotte's entry?

Quiplinks II

Keoni Galt · 17 September 2011 · Archived copy · Original

Been so busy these past few weeks, I haven't had much to write about. But I still read a lot when I manage to get online, so I decided to do another installment of Quiplinks - this time with my own commentary thrown in.

> **"Modern government is the most ingenious form of slavery ever invented."**
>
> *- Stephen Nichols at Strike the Root*

This article was similar to a post I wrote in February, Feedlot USA. Nichol's calls it the 5 Pillars of the modern day slave system. In my own analogy, those pillars he refers to are the metaphorical barricades that keep us trapped in the system.

> **"Vagina is not authority. Don't accept that her sexuality is the authority of the relationship."**
>
> *- Rollo Tomassi at The Rational Male*

It's great to see the highly respected Game commenter and SoSuave guru, Rollo Tomassi, decided to finally start blogging. In this piece, he discusses one of the ways in which Men who start out in good relationships with women, slide into being the Average Frustrated Chump doing her bidding: by allowing her to use the promise of either future sex or the threat of not having sex to control the relationship.

> **"Although it may be counter-intuitive given contemporary politics, the best way to restore a respect for fatherhood would be to emphasize the *difference* between mothers and fathers."**
>
> *- Welmer at The Spearhead*

In which W.F. Price points out that one of the ways the Feminists marginalized Fatherhood was to redefine the meaning of parenting to only encompass the nurturing and care usually provided by a mother. This deliberately and quite destructively ignores and marginalizes the different but equally important contributions that Father's make in raising children.

> **"Sadly, most Americans know very little about the Federal Reserve. In the United States today, most Americans graduate from high school without ever learning much of anything about the Fed. But if you really want to understand what is going on with our economy, it is absolutely critical that you**

> **understand the Federal Reserve."**

> *- From "Unelected, Unaccountable, Unrepentant: The Federal Reserve Is Using Your Money To Bail Out European Commercial Banks Once Again" at The Economic Collapse blog.*

End the Fed.

> **"We'll just pause here for a moment so the men in the audience can enjoy the idea of a Victoria's Secret model using coconut oil as an all-over moisturizer."**

> *- Tom Naughton at Fat-Head*

[image]

pause

> **"God helps those who help themselves"**
>
> - Clarence at Traditional Christianity

Another good case for disaster preparedness...one of my favorite topics *du jour*. I've never forgotten the Boy Scout motto, despite being a BSA drop-out: Be prepared.

> **"Who would you trust can solve bad situations better? the guy crying, or the guy who doesn't seem to be that bothered?"**

> *- Yohami*

Men should never, ever cry in front of other people, except for under the most extreme of circumstances. Like the death of a parent...or your favorite team winning the Super Bowl.

> **"Equally, the conventional liberal and conservative legions are mere slaves to someone else's whim, living reactionary lifestyles consisting of defending vague ideas and flinging mud at the other side."**

> *- Edward Wallin at In Mala Fide*

This quote seems to perfectly describe the format of the split-screen television cable news program political debate. You know, the one with the right-wing talking head flinging verbal Pachyderm poo at the left-wing talking head; who in turn responds by flinging some donkey dung of it's own back at the right? This is how the television PROGRAM, programs us all to behave. Pick your side and defend it mainly by attacking the other side. And some wonder why civil political discourse is next to impossible in this country?

> **"Living in a world of polluted air, polluted water, polluted toys and other things we handle, and food polluted with commerce and science, renders each and every one of us very different from each other."**
>
> *- Peggy at The Primal Parent*

n=1. Find what works for you, and never simply follow the herd.

> **"In an age of blinkered specializaton perhaps we should revive the idea of the Renaissance man."**
>
> *- Fred Reed at Fred on Everything*

Fred is famous for his optimism and faith in the average intelligence and cultural tastes of we the sheeple. Pure philanthropic misanthropy.

> **"'Choice', the greatest freedom of all, separates libertarianism from all the other political philosophies. Libertarianism is the belief in and practice of self-governance, the freedom to choose while simultaneously accepting responsibility for the consequences of that choice."**
>
> - Brian Wilson at LewRockwell.com

Amen.

For You, Oh Glittering Sun

Keoni Galt · 24 September 2011 · Archived copy · Original

'Ia 'oe e ka la, e alohi nei...
...Mana welelau a o ka honua

For you, oh glittering sun...
...there, on the summit of the world

A Farewell to the Summer Sun

[image]
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Some of you may be wondering what the hell this posting is about.

It's about one of my newly acquired, favorite past times - the best way to dose up on your vitamin D.

Nude sunbathing.

It seems to me that our species is the only terrestrial species for which many actively avoids the mid-day sun, or if they do go out in it, most cover up or slather on all sorts of chemical concoctions to "protect" the skin from the sun.

Every morning, here in Hawaii, whenever the local TV newscast starts off it's weather segment predicting a sun drenched day, it's always accompanied with an admonishment to "put on the sun block, it's gonna be a hot one today!"

Yet, if you listen to the array of advice put forth in the mainstream mass media, you get conflicting messages regarding vitamin D and it's role in cancer, and the role of sun exposure and Vitamin D levels, and the never ending sales pitch to use sunscreen whenever you head outdoors.

The standard advice is that if at all possible, cover up with clothes and sunglasses, wide brim hats, and above all else, avoid the sun between 10:00am - 4:00pm - the time of day when the sun is directly overhead and at it's most intense exposure. Look at the very first suggestion from the American Cancer Society's page on Skin Cancer Prevention Activities:

> *Limit the amount of time spent in direct sun when the sun's rays are most intense, generally from 10:00 a.m. to 4:00 p.m.*

Ah well, we all know the conventional wisdom promulgated by the likes of the American Cancer Society is nothing more than lies designed to get us to become unhealthy so we can than become revenue streams for the medical/pharmaceutical/insurance complex, right? I mean, think about it....Vitamin D deficiency is related to a whole host of illnesses, including nearly all forms of cancer - but the American Cancer Society advises everyone to get out of the sun from 10am - 4pm daily - *the only time of day in which the sun is at the right angle so you you can actually get enough UVB rays for your skin to produce your badly needed vitamin D!*

Gee...you think the American Cancer Society has a vested interest in making sure cancer is a problem that is never solved so that they will have a perpetual reason to exist?

Nah....couldn't be.

Look at all the pictures of all the animals above...all are sunbathing in the mid-day sun. Think they intuitively or instinctively know something many of us do not?

To put this all simply: Vitamin D is one of the most important substances your body needs.

You only produce it when your skin is exposed to UVB sunlight rays. The sun generally emits two spectrum of ultraviolet light - UVA and UVB. UVB only reaches those in it's direct line of exposure - mid-day, that 10am-4pm window. UVA is ambient, penetrates cloudcover, and is the UV responsible for causing sun burns. You're exposed to UVA anytime you're outdoors and the sun is in the sky, though early dawn and late dusk, it is minimal. UVA is why you can get sunburned on a cloudy day, or if you're wearing a wide brimmed hat and sunglasses, and your face still gets burned when your on the water or snow. UVA can be reflected and still burn you from long time exposure to it.

Another important factor to consider is that sunscreen and sunblock may prevent you from getting burned from long exposure to the sun...but it also blocks your skins ability to produce Vitamin D from UVB exposure.

So what was that advice again? Avoid sun exposure between the hours of 10am to 4pm, but if you must go out during that time, make sure you cover up and slather on sunscreen.

Follow this advice religiously, and you too can become a beneficiary of the cancer industries services when you're older!

Some people have jokingly said that whatever Doctor's and conventional wisdom recommends, you should do the exact opposite, and rest assured, you'll be better off for it. In terms of sun "safety" I think this advice may have merit.

Prior to this summer, I had been taking liquid Vitamin D3 capsules on a daily basis. After exhausting another bottle, while I was at the store contemplating another $20 bottle of D3, I thought to myself "Why am I paying for this when I live in Hawaii, where the latitude means I can get it for free year round? So I passed on the bottle of D3 and resolved to begin a sun bathing regimen.

Here's my "Vitamin D-for-free" strategy:

- At the beginning of this summer (around May), I began to deliberately sun bathe around 12 noon without any sun screen or clothing, for about 15 minutes front and back. It helps that I live in a rural area and do not have neighbors who can see my yard...but if you're an exhibitionist, than go for it!

- After a couple of sun bathing sessions, I gradually increased the time I stay out in the sun - from 15 minutes, I began to stay out for 20, than 25, so on and so forth. I can currently sun bathe for about 2 hours in the mid-day sun without sunscreen and not get burned. Tolerance to the sun takes time to build up, but if you do it right, you'll develop a nice tan and not get burned at all. I get comments on my tan from people all the time now.

- If I do have to spend a long time in the sun (like when I pick up some extra blue collar side work, or go to an all day event at the beach), I will cover up with clothes and a wide brimmed hat and sun glasses for the majority of the day - but if I'm able to, I'll take off the hat, sunglasses and shirt around noon and expose my skin to the sun while working for about an hour and than cover it all up again for the rest of the day. My co-workers think I'm crazy, as they're slathering on the sunscreen and keeping covered all day long.

- If I'm at the beach for say a picnic or barbecue with family and friends, I'll stay covered and in the shade, and only venture out into the sun to jump in the water for a swim or play a game, than head right back for the shade when I'm done with the activity.

- If I'm going surfing or diving or some other activity that has me in the water for hours, I'll usually either go at dawn or dusk (in other words, actually follow the conventional wisdom and avoid the 10-4 window). That way I don't need to use sunscreen and still avoid getting burned. I can honestly say that this is the first time in my entire life living in Hawaii in which I did not get sunburned or had peeling skin during the summer months, and I have yet to even use a single dab of sunscreen.

- Diet plays a huge role in developing sun tolerance as well. Prior to cutting glutenous grains and industrial vegetable oils out of my diet and dramatically reducing my sugar intake while increasing the saturated fats, I would get sunburned within 15 - 20 minutes of of mid day sun exposure. Now, even if I do happen to stay out in the sun a little too long, I may turn red...but within 12 hours, the redness fades and my tan is darker, and I don't have the pain of a sunburn, nor does my skin peel. When I used to eat SAD, redness meant days of pain and eventual peeling for sure.

- One of the things I've always wanted to acquire, was a hot tub. I'm frequently sore and bruised all over my body from my martial arts training regimen. I've often longingly thought of sinking into a hot tub to relax my sore muscles many a night after my classes. I have noticed lately though that about an hour after sun bathing, my previously sore muscles feel relaxed and rejuvenated...as if I had been in a hot tub, or I just had a deep-tissue massage. So I googled the other day...sure enough, Vitamin D levels and muscle soreness, injury recovery, cramping and body building definitely appear to be related!

Dang. Seems like all the other terrestrial species on the planet who sunbathe at mid day may be on to something...why waste money on things like sunscreen, massages and such, when all you need to do is sunbathe on a regular basis? In these tough economic times, the Sun is one of the best ways to cut your healthcare costs!

I still want a hot tub though.

Food Delusions

Keoni Galt · 28 September 2011 · Archived copy · Original

Excellent blogger Delusion Damage commented on my last post regarding my "special diet" and my n=1 experience in noting that my skin's tolerance to sun exposure has improved dramatically since I quit eating the S.A.D. (Standard American Diet).

I don't consider my diet a "special diet" but rather learning to recognize and differentiate between real food and *food products*. I eat real food and avoid or limit the food products of corporate agriculture and industrialized mass production as much as possible.

My response to DD was the following: "I'm surprised that a guy like you who's blogged extensively about recognizing the lies of society designed to mislead us all hasn't taken note with regards to food"

Delusion Damage responded with the following:

> I travel light. I can't cart around much real (that is, perishable) food. I have to eat at whatever fast food joint is open at 1 a.m. at the airport. I can't cook a healthy meal in a hotel room where the equipment consists of two plastic cups and a single-serving packet of instant coffee (which I don't drink). I can't even peel a fruit because the TSA takes away all my knives.
>
> I don't write about food because I don't know much about food. I don't know much about food because I focus on learning about things I can do something about.

I hope I can help Delusion Damage here and focus on one of the things he most certainly can do something about.

It's true that no individual can change the big picture of our current unnatural food production system...but you can certainly control what you ingest and understand the differences and how they affect you. The issues surrounding food is *the primary* delusion damage inflicted on the citizenry of our Brave New World Order.

Delusion Damage recently wrote a great post that hit on a similar theme to the blog posting I've written about in the past: Farming People

> People are farm animals. They are being farmed. From breeding to raising to milking to slaughter and packaging for consumption, every step of the human-farming process is streamlined to yield maximum profits to the farm.

Oh yes, DD. And one of the primary ways in which our current farm operates, is to ensure that the Sheeple are ON FEED. As I commented over at Richard Nikoley's:

> The State's primary tactic in mind control is FEAR. And the worst fear they've instilled in we the sheeple, is the fear of not having the State around to protect us.

> This fear leaves most utterly incapable of recognizing that the greatest threat to their health and well being is in fact the very same State they are so afraid of even contemplating the idea of living without.
>
> FEAR of saturated fat. FEAR of red meat. FEAR of salt. FEAR of the sun. FEAR of not getting enough “fiber” in your diet.
>
> Is this not what this entire “primal/paleo” living is all about? Discovering that the fears of these things are nothing more than lies promulgated by the financial interests in the government, media, establishment and corporations who want everyone to buy and eat PRODUCTS, not PRODUCE. And after a lifetime of eating PRODUCTS, your sickness will than turn you into a revenue stream for the medical-pharmaceutical-insurance complex to keep you drugged up and unhealthy until your money runs out and you die.
>
> Primal living is about emulating the wild animals who live free. The State is all about herding us and domesticating us into collective herds and keeping us ON FEED so that we can be harvested of as much value as possible before we die.
>
> Our current society is a metaphorical feedlot, with the managers of this lot giving us feed, medication and keeping us confined so as to fatten us all for slaughter. There primary means of confinement is not literal barbed wire or fencing…but fear in our minds, inculcated by a culture shaped through mass media propaganda and educational indoctrination curriculum.
>
> The fear of anarchy, is the fear of feedlot cattle afraid of life on the open range.

Like many folks who start to gain weight and get out of shape as we get older, I came across the low-carb movement on teh interwebz, and discovered that yes, indeed, low carb dieting resolved my expanding waistline issues quite nicely.

But it was the "paleo" blogosphere and the Weston A. Price foundation who really got me to change my personal dietary paradigm and begin to change my focus on the foods I eat and the foods I try my hardest to avoid. In short, I learned the truth about our industrial mono-crop agriculture system and the endless array of products they produce that are designed to appeal to our tastebuds and have near indefinite shelf life so as to extract maximum profitability and realize economies of scale through mass production manufacturing.

These feed products are not real food. They do not nourish and strengthen the body. They merely delude the body into thinking you're eating real food, when in fact it just damages your body. To learn the difference, you're first step is to learn to differentiate between PRODUCTS and PRODUCE.

My next post (when I can get to it...got a lot on my plate at the present,) will cover strategies to specifically address DD's dilemma - how to avoid Feed Products while on the road.

Discerning Between Food Produce & Feed Products

Keoni Galt · 29 September 2011 · Archived copy · Original

Continuing from my last post:

Delusion Damage revealed his strategy for finding food to eat at odd hours while on the road:

> I have a few guidelines when I travel:
>
> - when it's 2am and fast food is the only option, choose Subway above any other fast food place
>
> - when I have to carry food with me and survive on it (ex. overnight flight where food isn't served for 8 hours but I'm awake and hungry because I'm coming from a different time zone)
> choice #1 is hard rye bread
> if that's not available,
> choice #2 is trail mix
> if that's not available,
> choice #3 is granola/protein bars

I think this sort of strategy is commonplace amongst the normal person who at least understands that vending machine snack food like chips, crackers and candy bars are junk, so you have to try and make the best of the situation when hungry and faced with limited options.

Unfortunately, while these options DD lists are marginally better than say potato chips or chocolate bars...they're not much better, and will in the long run have the same effect as the kind of stuff most people readily recognize as junk food: short term satiation that leads to stronger hunger later (which could also lead to binging on even more junk food), and essentially the same bad effects on your health.

And it all gets back to the theme of DD's blog & book - nearly everything you've been told about food and diet is a lie. The most common lies that are used to misdirect people into making choices favoring feed products over food produce are: Saturated fat are cholesterol raising and bad for your heart, that too much meat (especially red meat) will cause cancer, that plant based foods are healthiest, and that fiber is absolutely vital to having a healthy digestive system. As I quoted yesterday:

> The State's primary tactic in mind control is FEAR...
>
> ...FEAR of saturated fat. FEAR of red meat. FEAR of salt. FEAR of the sun. FEAR of not getting enough "fiber" in your diet.

Some of these things I've just mentioned are based on half-truths - some plant based foods are certainly healthy for you, and some kinds of fiber are also good for your digestion...but other plant-based foods are literal poison and some forms of 'fiber' can downright destroy your digestive system. Your biggest concerns in eating a healthy diet should be to eat plenty of animal based fats and proteins, eating plenty of vegetables, some fruits (treat fruit as a dessert after having eaten a full meal of protein and fat...don't eat fruit as a meal unto itself,) and avoiding grain and

flour products as much as possible.

So let's start off with what I believe is the most important factor one should realize is the biggest delusion promoted by today's feed product industry - I've come to the belief that the single most important thing anyone should do when trying to discern whether any kind of food you eat is a real food produce item or an industrially manufactured feed product, is to determine the type of fat.

The most important thing to understand here is this: the oils/fats that as healthy (especially "Heart Healthy") are not, and the oils/fats that we are all warned to avoid or minimize are the fats that are best for your health and well-being.

The most common fat found in feed products is Polyunsaturated vegetable/grain/seed oils high in linoleic acid, are typically rancid from the production process which involves very high heat and the use of industrial solvents like hexane to extract as much oil from the plant matter as possible.

Canola. Cottonseed. Sunflower. Safflower. Soybean. Corn. Peanut.

These industrially produced oils are the primary culprits for why the Standard American Diet is dramatically imbalanced in terms of Omega fatty acids. From a cellular level, your body needs a 1:1 ratio of Omega 3 and Omega 6 fatty acids to function properly. The problem is that all of these "vegetable" oils have a very high Omega 6 (n6) fatty acid content and no Omega 3 (n3) fatty acids.

In their natural state, most plant material has both n6 and n3 fatty acids in varying ratios...but n3 are fragile, and the heat and solvent extraction methods destroys the n3 fatty acids, while the n6 is not affected.

So if you look at a bag of potato chips or your bag of trail mix (or even your granola bar), you will typically find one or more of these aforementioned oils in the ingredients. This is the primary problem with most processed snack foods (but the establishment would have you believe it's the salt. It's not.)

But even worse than these n6 unbalanced, rancid oils, are the partially hydrogenated oils, aka "trans fats." The most common place you will find this literal poison is in baked goods (in which the bakers/manufacturer's substitute margarine for butter in the recipes) and deep fried foods; from fast food, to deli's to, high-end restaurants. This is because the cheapest deep frying oil that lasts the longest in the deep fat fryers without needing to be changed often is partially hydrogenated soybean ("vegetable") oil.

[image]

[image]

Most people already have the idea that "deep fried" foods are bad for you, so I don't have to go much further on that topic, other than to say that deep frying can be a perfectly tasty and healthy food choice - if you use a healthy oil to deep fry with (coconut oil, lard or tallow).

But the real subversion is the use of margarine (partially hydrogenated soybean oil) in all baked products. Hamburger buns, hot dog buns, sandwich bread, crackers, cookies, pie crusts, pizza crusts, flour tortillas...the vast majority of these products you'll find at restaurants, food stands, convenience stores and delis. Why? Because it's cheaper, and it resists spoilage far better than real food made with natural fats. A large bag of partially-hydrogenated buns at a fast food restaurant or a hot dog stand that is vacuum sealed, can last for months without

spoilage.

The truly healthy fats/oils, are the ones most demonized by the establishment - the saturated fats. Butter. Lard. Tallow. Coconut oil. I could go on and on about this, but let me just put two reference links here if any reader is interested in digging into the details - Know Your Fats and The Queen of Fats (pdf).

So why are fats the most important consideration with regards to having strategies for trying to eat healthy while traveling? Short answer: fat is the key to satiety.

Healthy fats contain vital, nourishing fat soluble vitamins such as D, A and K. These are substances your body needs to survive and thrive. This is why your body's digestive signalling system is cued to the FAT in your food. Natural fats slows down your digestion, leaves you feeling full longer, and supplies your body with needed nutrition for proper function. This is why you can eat a meal of bacon and eggs, and you can eat as much as you'd like until you feel full. At that point, you can easily stop and feel pleasantly satiated.

Industrial oils in most feed products? They don't contain any of the vital fat soluble vitamins or fatty acids, so they don't trigger your satiation signaling or that "feeling full" response properly. This is why one can sit down with a bag or box of "fat free" or "low cholesterol" chips, cookies or crackers, and eat the whole thing in a single sitting and still feel hungry - or worse, temporarily "stuffed" almost to the point of nausea...but hungry again within an hour or so. This is because your stomach is full, but your body is still starving for the nutrients that are missing from the feed products.

So, to come up with a strategy for dealing with hunger while traveling, a complete understanding of fats and how they play a role in digestion and satiation is the primary consideration in choosing your food. While composing this post, I considered just writing this next section...but I believe understanding fats is too vital to skip over.

So, given the differences in fat content and quality, what are the strategies to use when traveling?

I think we have 3 strategies here, best simplified into these concepts: the 80/20 principle, Intermittent Fasting, and Making Do.

The 80/20 Principle

This comes from Mark Sisson over at Mark's Daily Apple. The idea is that a person who eats wholesome, healthy foods 80% of the time will be able to eat the occasional splurge on junk foods without suffering much (if at all) from bad health effects. For the person who eats a healthy diet in day to day life, the occasional feast of junk food while on a short travel trip won't really hurt. This is also a good principle to follow when you have social/familial obligations that supersede being a militant diet nazi - aka screw dietary perfection when your at your sister's wedding. Just shut up and eat the cake. Or...if you're a dinner guest of someone you care about, just eat what you're served to be polite. Obviously, for someone with DD's situation of constant traveling, this approach could quickly lead to a 60/40 or 50/50 ratio of junk food, so it's not really relevant to his concerns as a long term strategy here.

Intermittent Fasting

This is my favored solution here, and it is the reason why I focused the first part of this piece so much on Fat. Because natural, healthy sources of saturated fats are so satiating over the long term, a diet rich in these fats will make fasting relatively easy. The best explanation I've found is at blogger J. Stanton at gnolls.org. His advice can be summed up in a single phrase: Eat Like A Predator, Not Like Prey:

> Predators gorge and fast; prey grazes.
>
> Rephrased for modern humans: predators eat meals, prey grazes on snacks. This means you need to eat meals which will carry you through to your next meal, but that won't make you tired or sleepy.

Think about predators like Lions and Tigers. They catch some grazing ruminant, gorge themselves, than lie around, mate, sunbathe, and play...until they get hungry again - many hours later. Than it's time to go hunting again - and they are hunting hungry.

When you observe someone (or yourself) who is dependent on carbohydrates and plant foods (and most likely believe the lies regarding meat, saturated fats, fiber, etc.), and they often have to eat every two to three hours to keep their energy levels up, because their blood sugars are unstable. People who experience this, are on a roller coaster ride of dramatically fluctuating energy levels. These are the folks who couldn't conceive of taking a 6 hour plane ride without eating. The idea of fasting is terrifying. That's because they eat like grazers.

What I would do if faced with the impending 8-10 hour long plane ride? I would eat a massive meal just prior to going to the airport, full of fats and proteins. Bacon, eggs, sausage, all fried in butter. Or Steak and eggs with a baked potato smothered in butter, bacon bits and sour cream. Eating a massive meal focused primarily on proteins and fats can leave you satiated for quite a long time.

And this is not just some theoretical suggestion I'm making here. I've done it. I flew from Dublin, Ireland to Los Angeles. I did not eat the crap-in-a-box meal they served, nor did I eat the snack foods they provided on the in-flight service. I didn't go to the vending machines or food stands at the L.A. airport while waiting to connect to my Honolulu flight either. I just ate a large steak dinner in Dublin prior to going to the airport.

That was roughly an 18 hour fast for me. Of course, when I got home I was ravenous and I ate like a beast...but the point is, I didn't HAVE to break down and buy some crap from a vending machine or airport fast food joint. And as hungry as I got, I never got that "shaky" sick feeling, grazers stuck on the blood sugar roller coaster get. I didn't even start to feel hungry until about an hour into the flight back to Hawaii, and I'll admit that the food service on the L.A. to Honolulu flight was tempting...but it was not an uncontrollable hunger at that point.

I do need to state a caveat here: intermittent fasting will only be a viable option if you already eat a nutrient-dense diet of real food and are used to deriving your energy from animal meat and fat. If you are a person who starts to feel sick and "shaky" after only a couple of hours of having eaten, fasting is obviously not an option for you.

Making Do

If you must eat at a restaurant, convenience store or food stand, but you want to avoid the worst of industrially manufactured feed products than try to pick your poison.

- Order pizza and eat the toppings and not the crust.

- Order hot dogs or hamburgers and eat everything but the buns.

- Taco salads with those deep fried tortilla shells? Just don't eat the shell. Order extra meat and sour cream to help fill you up.

- When ordering meals at fast food joints, skip the value meals (you don't want to eat the fries made with hydrogenated soybean or canola oil, and you don't want to drink the high fructose corn syrup laden soda either). Better to order two bacon cheese burgers and eat them without the buns. Beef, bacon, cheese, onions, tomatoes and lettuce. Think of it as a cheeseburger salad.

- If you're eating at sit down restaurants that are a little more upscale, most offer the option to substitute steamed vegetables in the place of fries. Ask for a side of butter and smother your vegetables with it. Far more satiating, and the fat will help you absorb the nutrients from the vegetables as well. Avoid anything deep fried at a restaurant. Also, if you're not overweight or dealing with other digestive issues, don't worry about carbohydrates like rice or potatoes. Most starchy vegetable carbs are fine in combination with plenty of fat and protein.

- Nuts can be a good, satiating source of fat and protein, but most trail mix or nuts sold in packages and vending machines are fried in crap oil. Stick to roasted nuts. And definitely get the salted varieties...they taste better, and salt is not the health hazard it's been demonized to be.

- Avoid low fat and fat free dairy...most of those substitute sugar to make them palatable. Embrace full-fat cheeses, yogurts etc., with the knowledge that full fat foods are not only not bad for you, but downright good.

As for portable foods that you can pack for yourself - again, focus on the proteins and fats. Beef jerky, string cheese, roasted nuts (make your own trail mix), hard boiled eggs. Another option is preserved meats like pepperoni and salami. Now meats preserved with nitrates/nitrites are somewhat controversial...I've seen arguments going both ways. I used to try and avoid any meats with nitrates or nitrites listed on the ingredients. But I was referred to the following pubmed abstract from Dr. Michael Eades blog: Food sources of nitrates and nitrites: the physiologic context for potential health benefits.

Apparently many vegetables and some fruits are rich in nitrates and nitrites, so I'm not longer concerned about this preservative. I buy sausages, bacon and other processed meats - as long as they don't contain other additives like MSG, corn syrups (dextrose, maltodextrin, etc.) and other such garbage.

In summary, the important thing to take away from all this, is to understand which foods provide long term satiation and nourishment, and which feed products actually don't do, and leave your body still starving for nutrition.

The Only FOXNews Pundit Worth a Damn

Keoni Galt · 3 October 2011 · Archived copy · Original

[image]

From about 1998 til approximately 2006, I was a religious FOXNews viewer. I watched it every single day. If I was doing something else around the house, I'd turn on FOXNews just to listen to it while I was busy doing something else.

The reason why I really became a fan of the channel, was because when it first came on cable programming, it felt like I was sticking the middle finger at the liberal/Democrat-hack mainstream media news channels. I used to enjoy reading and watching TV shows in which liberals lost their collective minds at the very idea that a FOXNews channel even existed.

At some point, I don't even really remember when, I realized that this 24/7 exposure to GOP propaganda was influencing my thoughts and beliefs, and got me to blithely accept things that I used to think were against my core principles.

I have always been a fiscal conservative minded person, opposed to the welfare state, income taxation and a strong, centralized Federal Government. But as I subjected my mind to FOXNews on a steady basis, I began to experience cognitive dissonance as I began to notice the number of pundits and reporterettes that would defend George Bush Jr's. and the GOP congress' profligate borrow-and-spend-like-drunken-sailors platform, as well as a continual justification for the advancement of the PATRIOT 1 and 2 Acts scope and power, continually encroaching on We the Sheeple's civil liberties.

At some point, I simply turned it off. But it wasn't just FOX News, I also quit listening to talk radio, cold turkey. If I wasn't at home watching FOXNews, I had talk radio on my car stereo or at my desk on tiny speakers in my office. Rush Limbaugh, Michael Savage, Dennis Prager, Tom Leykis (LOL not right wing...I'd call him the Roissy of Talk Radio). I stopped listening to talk radio period, and only listened to music on my iPod.

I also quit reading the daily newspaper, the Wall Street Journal, Townhall.com, The National Review, and even the Drudgereport.

In short, I unplugged from mainstream, so-called "conservative," right-wing media on all platforms. I couldn't take the lies or continual subversion of conservative principles any longer.

But today, I came across a link from Lew Rockwell.com, that transcribed Judge Andrew Napolitano's closing argument from his FOXNews show, Freedom Watch. Somehow, the good judge is speaking truth to power on the GOP's primary propaganda organ. He asks the questions that all Republican voting viewers should be asking of their own party that they often blindly support.

Here's some excerpts of a few of the questions he posed that I think are the most relevant in dealing with our current problems in this country and throughout the world.

Does the government work for us or do we work for the government?

Of course, we work for the government. More precisely, we work for the Banker's who our Government has indebted us all to on our behalf.

Is freedom in America a myth or a reality?

Neither. It's a deliberate illusion promoted ad nausea by the mainstream media (both right wing and left wing outlets) to keep We the Sheeple from noticing that our freedom is being taken away at an exponential rate, regardless of which party controls the executive and/or legislative branches of the Federal Government.

What if the merchants and bankers who financed the American Revolution bought their way into the new government and got it to enact laws that stifled their competition?

From mercantilism at the nation's founding to full fledged corporatism of the present, this has always been one nation, under god. But it was not the God of Abraham and Isaac. This god's name is the bottom line - otherwise known as Mammon.

What if our political elites spent the 20th century importing the socialist ideas of big government Statism from Europe?

Why, we'd have a Federal Government and State Government's all across the country going broke as the entitlement spending grows larger than the money they "raise" through taxation. What if, indeed.

What if you had to produce your papers to get out of or into our once-free country? What if you couldn't board a plane, a train, or a long-distance bus without providing documentation telling the government who you are and where you're going, without paying the government, and without risking sexual assault?

From sea to shining sea, we now live under a Brave New World Order. Do you have YOUR papers, to move throughout the country, Komrade?

What if government agents could write their own search warrants, declare their own enemies, and seize whatever property they want?

As long as this is what it takes to win the War on Drugs....well, I guess this must be alright, right?!?!?

What if the feds could detain you indefinitely, with no visitors, no lawyer, no judge, and no jury?

What if, indeed. But why should they bother, when they can now simply have a military drone blow any US citizen to smithareens without due process, as long as they are identified as a potential "terrorist."

What if you were required to purchase a product that you didn't need, didn't want, and couldn't afford, from a company you never heard of, just as a condition of living in the United States?

Like car insurance? Or was that health insurance?

What if the government tried to cajole and coax and compel you into behaviors and attitudes it considered socially acceptable?

I think I'll step outside and smoke some tobacco right now. For some reason, I feel it's wrong to smoke indoors, even in my own home...

What if the government decided how much of your earnings it will keep and how much it will permit you to have?

I'd thank God every day that I live in the FREEEEEE-IST nation on the face of the Earth!

What if the government took money from you and gave it away to its rich banking and corporate friends whose businesses were failing?

Such a thing could never happen in a DEMOCRACY! Surely we are simply getting the government that we deserve! Besides, if you didn't vote, you can't complain!

What if you worked for the government and the government didn't work for you? What if freedom were a myth? What if we don't live in a free country? What do we do about it?

Pray for revolution.

Divided & Conquered: Tea Baggers vs. Occupussies

Keoni Galt · 5 October 2011 · Archived copy · Original

[image]

Never forget that any and every political movement, protest, action or manifesto that gains any sort of attention, will ALWAYS be channeled into the two-party dialectic. It is the primary way of keeping We the Sheeple perpetually at each other's throats and distracted from our overlords who continue to use and exploit us for their own benefit.

The template is simple.

"Right" - Against Big Government, For Big Business
"Left" - Against Big Business, For Big Government

Every single iteration comes down to a "right" or "left" person attacking the other side's "For" or "Against" argument or defending his or her own side's "For" or "Against" argument.

Trapped in this template, none of them ever realize that in fact the real problem can be essentially summed up like this: Big Government and Big Business are inseparable. They are in an incestuous, symbiotic relationship in which both entities serve each other at the masses expense...and the masses never wake up, because they are too focused on opposing one side or the other, that they never notice that these two "sides" are nothing but charade.

Take, for instance, a recent Taki mag article, 99% Wrong.

Note the author, Jim Goad, essentially derides the Occupy Wall Street protestors as communist/marxist libtards, who are "99% wrong."

> So what in the name of Friedrich Engels is all this about, anyway?
>
> As with the Tea Party, Occupy Wall Street is a big circus tent hosting a hodgepodge of disparate recurring themes—many that appear sensible, many that sound wacky, and not all of them reconcilable. But whereas the Tea Party agitated largely against Big Government, the bogeyman here is Big Money—specifically corporations and “the rich.”

Thus, the OWS protests are channeled into the "Left-Right" dialectic and immediately marginalized. The anti-Left People's Cube website labeled them Occupussies.

The Tea Party agitated against "Big Government" while supposedly stood for defending "capitalism" and opposing "socialism" that supports Big Government. Except defending "capitalism" in our current status quo essentially means defending corporations, who buy cartel monopoly powers from the Government under the guise of "Regulations.

Now the Occupussies agitate against "Big Business" while supposedly defending "liberalism" and "progressive

politics."

This shit never ends. In this way, 99% of the people who pay even marginal attention to the media coverage of either event, immediately adopt a set of attitudes, ideas and beliefs regarding the movement - no need to waste anymore thoughts on who, what, when, where or why these protests may be happening.

The Tea Baggers are just greedy, upper class rich folks that don't care if the poor die starving en mass, while the Wall St. Occupiers are dirty hippy socialist commies who don't want to work and just want the Government to tax the wealthy to pay for everyone's basic living expenses.

[image]

But more and more people are waking up to the scam.

Here's one commenter, 1RW, over at the Taki mag, who gets it, and points out the truth. He or she avoids contributing to the continuation of channeling the debate into the two-party dialectic:

> Yes it does have to do with big government, because big government creates big regulations, which favor big business. They favor big business because a multi-billion dollar corporation can have a standing army of accountants and attorneys, and other compliance officers to make sure regulations are followed and taken advantage of. A hundred thousand dollar business can't.
>
> Also big government creates treaties like NAFTA and WTO which favor big business because they can offshore labor, rendering american labor too expensive, because americans have to live like americans.
>
> Finally, when big business drops the ball, big government apparently bails them out lets them continue with their financial shenanigans. Or have you not been paying attention?

1Rw missed one nuance here: Big Government favors Big Business, because Big Business finances the politicians campaigns.

[image]

Other than that, protesting Big Business is no different from protesting Big Government.

They are essentially two sides to the same Fascist coin.

Quiplinks III

Keoni Galt · 8 October 2011 · Archived copy · Original

Max gives a stirring eulogy for Steve Jobs:

"Steve Jobs sold ice to eskimos."

Professor Hale reminds us about the Basic Rules of Economics:

"If you want something for free, what you are really saying is that you want someone else to pay for it."

In response to the Occupussies, Default User offers us a Populist Manifesto:

"If corporations were truly persons they would probably be classed as “asshole.”"

Flyfreshandyoung defines the experiences of being Male in our present generation:

"We Millennial men have nothing to live for."

Richard Nikoley revises his "Free the Animal" manifesto:

"You must craft your own diet, health and fitness paradigm from your own trial and error experience. Modern society only wants to sell you stuff."

Dalrock offers some advice for employers who hire employees afflicted with BWV:

BWV is a genetic condition and those who have it must deal with it their entire lives.

Ferdinand gives credit where it is due:

In a world built on pretty lies, every public teller of ugly truths is hero for a day.

Gmac writes a letter to his future ex-lovers:

"Unfortunately, if you are reading this it means that I no longer have any use for you."

The Angry Dad reveals an excellent tactic when you have to return an expensive purchase after having buyers remorse:

"Whenever I am returning something, and Customer Service is giving me a hard time, I blame it on the wife."

Rollo Tomassi asks answers a very important question:

"How important does the role of attraction play in a relationship?"

Vox poses a hypothetical to women who think intelligence is one of the most important traits she needs in attracting

a man:

"The first thing a smart young girl should contemplate is how sexually attractive she finds Stephen Hawking."

Simon Grey makes an observation about Americans:

"Americans are, by and large, a rather soft people, at least these days."

Roosh is starting to have second thoughts about his hedonistic lifestyle:

"I'm convinced that the solution is to grow up and do what society expects of me, to be a man as defined by my middle-class peers."

Those Who Are Responsible

Keoni Galt · 8 October 2011 · Archived copy · Original

Been awhile since I read a Citizen Roissy Heartiste comment thread and saw GBFM make another Adderall-inspired rant worthy of contemplation.

Many people skip right over his commentary as soon as they see his trademark lozlzolzolzol.

It can be hard to read his disjointed, scatological and downright bizarre syntax, but the overall points he makes and observations of our Brave New World Order certainly have merit.

So, to provide a public service to this corner of teh interwebz, I offer a translation of his latest work. It's a masterpiece!

LMAO

Yes, all the wall street nitwit protestors are forgetting to protest the right people.

Who are these forgotten malefactors of our Brave New World Order?

They are the Neo-cons; those warmongering, debt-creating, honor-hating, federal reserve-owning, private bankers who create fiat currency out of thin-air by placing everyone in debt; who privatize profits and socialize risk.

Those who fund feminism and war (as feminism is war).

Those who fund moral degeneracy of the spirit and the permissive acceptance, celebration and normalization of homosexuality.

Those who finance the mass media popularization of promiscuity and the reduction of women to nothing more than sex objects and "empowered" career feminists dedicated to the pursuit of career success as Human Resources in Corporate America instead of preparing for marriage and family formation.

Those who fostered this society to create confused, dysfunctional individuals to make them servile and controllable through mass media and public school indoctrination.

Those who fund the pharmaceutical companies who profit off of treating young boys like their natural energy, curiosity and rambunctiousness as a disease that needs to be drugged into conformity.

Those who funded feminism and effected the long march through Western Civilization by disparaging and marginalizing the great works of Classic Western literature -- like Homer, Dante, Shakespeare and the Bible -- and replace them with Women's Studies curriculum and liberal progressive doctrine promoting cultural Marxism to instill a mentality of entitlement to support class warfare and wealth redistribution ideals as the new morality.

Who are these people? The Federal Reserve private banksters who implemented the ten planks of the communist manifesto; who created all of the wealth transferring bubbles: the dot-com bubble, the real estate bubble, the marriage bubble, and the college student loan bubble.

By funding higher education, they ensure that the professors promote a curriculum that support Central Banking's role in society, supporting their fiat dollar monetary policy, and the creation of meaningless, overpriced degrees that dumb down the students and trap them in debt in exchange for credentialis not worth the price of the parchment they're printed on.

And it all goes back to the basic goals of these elite who promoted cultural Marxism to destroy the family to remake society for their benefit.

Thanks to these bastards, we are all screwed.

While the openly liberal, left-wing useful idiots play their role in advancing this agenda, the right wing media pundits and talking heads play there role as well. Here's how they contribute to this agenda:

**By making the following section of his comment a list, I think the meaning is very easy to discern, so I only offer minor grammatical editing here:*

> 1. deconstruct the great books on university campuses
> 2. tell men they need to man up
> 3. dumb down the entire schools system
> 4. tell men they need to man up
> 5. ass-rape men in divorce court
> 6. tell men they need to man up
> 7. send men to die on foreign shores in foreign neo-con wars
> 8. tell men they need to man up
> 9. drug boys with ritalin/adderoll for being boys
> 10. tell men they need to man up
> 11. encourage women to give their a-holes and 'gina-holes early and often to douchebags
> 12. tell men they need to man up
> 13. destroy the classical, heroic character in their neo-con movies, replacing them with ass-cocking gay cowboys
> 14. tell men they need to man up
> 15. print money from thin air and inflate and deflate bubbles to seize a man’s home and property
> 16. tell men they need to man up
> 17. encourage women to become fat, whiny bitches
> 18. tell men they need to man up
> 19. publish, promote, fund, and finance ass-cockers like tucker max who film secretive taping of ass-cocking sessions without the girl’s consent (tucker max rhymes with goldman sachs), repeating tucker’s lies that he is six feet tall in the neo-con mag, the weekly standard.
> 20. tell men they need to man up
> 21. transform the church from an institution where a man could once go to meet a virginal, exalted wife, into a front for the divorce industry, where single mothers with three children from three ass-cockers go to rope in a beta male to pay for the ass-cocker’s spawn
> 22. tell men they need to man up
> 23. castigate, attack, and impugn men for acting like men
> 24. tell men they need to man up
> 25. transform the noble, exalted university into a nursery, ruled by neo-con women exalting ass-cockers,

> asscocking, and good grammar, exiling and deconstructing the great books and men, and rewarding the servile future nannies of the nanny state with fiat dollars delivered fresh from ben beranke's helicopter
> 26. tell men they need to man up
> 27. remove all men from the publishing industry, so that priscialla painton of simon and schuster sodom and scheister can publish tucker max rhymes iwth godlman sax's stories on how he asscoked a girl (somone's future wife who will asscock her future huspband in divorce coutrt as revenge for having been assocked by a neocon) and taped it secretly without her consent. Remove all men from the publishing industry and replace deep, profound, real great books for men, with twilight vampire asscocking female rape fanasty "romance" novels.
> 28. tell men they need to man up
> 29. conceive of a hundred government programs to criminalize men and force them to hand over their assets to women
> 30. tell men they need to man up
> 31. financially incentivize womem to file for divorce, promising them that their former husdband will have to pay for all their future assocking sessions, and that they get the kids/house/car/assets
> 32. tell men they need to ma up
> 33. fill the law schools with fat, embittered, burned-out, nasty (in looks and spirit) post-asscoked lawyeresses, and replace Moses' and Zeus's law with Bernake's Banker laws which exlats theft via the inflation tax
> 34. tell men they need to man up.
>
> lzozoozozol
>
> what aalalz am i mizssing here:???

35. Tell men they need to man up?

Adderall is a helluva drug.

Forget the Red Pill. Forget the Blue Pill.

Keoni Galt · 15 October 2011 · Archived copy · Original

Take the Purple one instead. This purple pill will give us deep insights into the corruption that is endemic to our current system of corporatist fascism and the role it plays in ruining our lives by profiting off of our sickness and misery.

[image]

The first step to take on our purple pill journey, will be the consideration of an allegory: the production of feedlot beef.

When young cattle are taken off the free range pastures and put into feedlots to be fattened for slaughter, they are given feed manufactured specifically to accomplish fattening as quickly as possible.

This Feed is largely based on Corn and Soy derivatives, usually genetically modified so that the Big Agricultural Corporations can utilize pesticides like Round Up on their vast fields of grains to maximize their harvests and eliminate losses from insects and rodents that would normally take there share of the crops before harvest.

Since ruminants like cows were designed (or evolved - whatever you believe) to eat and thrive on grass and not corn and soy products, the first feedlot ranchers discovered that most cows eating grains would get sick and die before they reached prime slaughter weight.

So they started incorporating pharmaceutical engineered antibiotics into their feed mix, and discovered that they could keep the cattle alive long enough to achieve maximum weight at slaughter time.

Regardless of concerns about health or the nutritious quality of the meat produced by this system -- or even humaneness of the process in mistreating living creatures in this way -- you still have to admire the scientific achievement such an effective system of getting maximum productivity out of the meat production industry represents.

It's so effective, they use the same system on We the Sheeple in our own Feedlot USA Inc.

Monsanto is the top producer of genetically modified commodity grains: primarily soy, corn and wheat. Food manufacturers like Kraft, Nabisco, Nestle, Pepsi etc. buy their grains in bulk to generate the cornucopia of food products that make up the bulk of the food supply consumed by the masses.

Many people that regularly consume these feed products develop digestive system problems like heart burn, ulcers, acid reflux, etc. It's even got a scientific sounding acronym like GERDS to help you understand you believe it's just a "condition" that happens, not because your eating artificially created, genetically modified FEED products instead of real food.

So just like the feedlot managers adding antibiotics to keep the cattle eating just healthy enough to stay on Feed for fattening, we have the pharmaceutical Corporations to ensure we have the medicine that keeps us JUST healthy

enough to stay on Feed.

Companies like Pharmacia who gave us the glorious purple pill; the number one, best-selling brand, Nexium.

Oh by the way.....guess who is the largest share holder of Monsanto's ownership stock?

Pharmacia owns 85% of Monsanto's corporate shares.

These corporations are the managers of our very own sheeple feedlot called "SOCIETY."

Forget the Red or Blue Pill. Take the purple pill, that way you can continue to consume the FEED found in most of the feeding troughs of our sick society.

PUAMRAMGTOWFUCKALLTHEBS

Keoni Galt · 28 October 2011 · Archived copy · Original

Most regular readers of my humble little blog are probably aware of the recent spat between PUA & MRA sectors of the manosphere.

I think I'm in a rather unique position on this topic, as I initially started this blog as an MRA blog...and as I eventually discovered the PUA blogosphere and began to study Game theory, I incorporated it into developing a "big picture" in my mind and in my writing here regarding our current Brave New World Order dystopia.

I never saw any inherent fault line or schism between the two spheres. I think it's entirely unnecessary....I believe they both serve important spheres of influence for men (and women) to learn from, and that men should simply learn all that they can from the multitude of views on the various topics and see how they apply to their own lives and their own situations and do the best they can in dealing with the challenges and obstacles our modern dystopia presents us.

Then again, I'm the guy that doesn't believe MRA should mean "Men's Rights Activism" since I've come to the view that our current state of affairs has been deliberately effected, and the political system doesn't need to be "fixed" because it's doing exactly what is intended.

Activism in the confines of the current political system is a dead end.

Which is why I've always said that I identify myself as a MRA - an advocate for Men's Rights Awareness.

> No, it is my firm contention that the only real and meaningful way in which the MRA blogosphere CAN effect real change, is on an individual level:
>
> AWARENESS.
>
> To raise awareness of the truth of the reality that we all live in.
>
> To enable people to see things clearly, so that when they make goals and try to direct their lives towards achieving them, they do so knowing the full score so they can avoid many of the pitfalls our Brave New World Order has created to entrap us all in our deliberately distorted and contorted understanding of the gender roles and how they affect our lives.
>
> MRA/MGTOW blogs gave me a complete understanding of just what the hell is going on in the system; the injustices of the divorce court industry and the true affect the feminist movement has had in socially engineering our modern dystopia.
>
> PUA blogs gave me an understanding of the basic, primal nature of male/female gender roles.

To be perfectly clear here - one of the biggest agitator's on this topic has been a guy who goes by the handle Alek Novy. He conflates anyone and everyone who tries to advocate for GAME THEORY as the exact same thing as PUA shucksters and snake oil salesmen. Yes, there are guys that have sought to make a quick buck off of men's

frustrations in today's sexual marketplace.

Understanding GAME THEORY is not the same as promoting $10000 boot camps and seminars or selling $600 CD sets. Alek's entire argument rests on the premise that men don't need to "pay" anything to learn how to have success in trying to hook up with women.

Of course. Most folks who are regular readers/commenters/bloggers in the manosphere don't pay for this shit, and at most are trying to sell E-books like Roosh's Bang. It's not the same as the PUA "industry" that Novy seeks to condemn any and all "gamer" bloggers and commenters.

Guys like Alek are causing disputes where none are necessary.

Now we have people on both sides attacking each other, to no one's benefit and everyone's detriment.

MRA - calling anyone that recognizes the value of Game theory as "pussy beggars" and "Gamers" calling MRA "spineless pussies."

I don't think anything good is going to come from the pending debate between Frost and Elam. It's just going to further fracture the manosphere.

But that's ok.

There's no "winning" here.

What it will do, is provide clarity, so the onlookers can decide which "side" here offers them the viewpoint to improve their own lives and their own struggles.

See, when you look at all of the problems Feminism has given us all to deal with, the root of this evil is collectivism.

Collectivism in a response to the problems of feminist/cultural marxist collectivism is destined to fail.

If you're a newcomer to this section of teh interwebz, my advice to you is to read all these various viewpoints, and figure out for yourself what will give you the best tools to live your life the best you can.

Take for instance, Commenter CaslteD at AvFM's "Chateau Bullshit" article:

> Although the term is “Game”, I just simply look at it as dating and relationship advice for men. What’s so bad about that? Good, useful advice, not the crap we’re taught by the women (and white knights) in our families or the lies from mainstream society. Good game advice puts the man first, for once, and modern men need that badly. Feminist brainwashing has done extensive damage to male psychology and I think good game helps men understand the whys and hows of knocking the pussy off the pedestal and keeping the upper hand in relationships.
>
> If you already know how to do that, then congratulations, but don’t act like it’s just a matter of being confident, acting aloof, being yourself, and you’re done! Yeah, right. Meeting women and getting laid isn’t easy for most men, otherwise we wouldn’t have tons written about the subject. Maintaining a healthy relationship isn’t easy either. I’ve seen countless men and young men over the years fuck up chances with girls who showed interest

> in them because they hadn't a clue what to do. Some of you guys are older, so perhaps you forgot what it's like to be a young and horny 20-something year old. They want girls and no amount of, "eh, you don't need pussy, it's not a big deal" is going to work on them.
>
> There's a lot of snake oil out there to sift through of course, like $600 CD sets, and one can bury themselves in the minutia of breaking down female psychology to the sub-atomic level, but if you're smart you just learn bits and pieces that seem useful and appropriate for you and leave the rest.
>
> Then again I've only read a few sites, mainly Roissy of course because he's also anti-feminist and an entertaining writer. I'm not surprised there's antagonism between gamers and mras, that's just men being men and hating each other. It's why we're in this position to begin with.

He gets it...and I'm sure he's a lot better for it in his personal life, having discovered both MRA and PUA blogs, and taking the info from each side relevant to his own life and problems. It doesn't have to be either or, no matter what guys like Novy insist.

Think for yourself. Make up your mind, but above all, do so with complete awareness of all the various factors that come into play here.

Mutually Assured Destruction

Keoni Galt · 31 October 2011 · Archived copy · Original

DISCLAIMER

The contents of this post are simply an exercise in dealing with a theoretical situation. It in no way constitutes a threat or some kind of ominous portend of some pending action on my behalf, nor is it related to any possible real life situation at this time. It's simply ruminations on a horrible topic I've oft wrestled with in my own mind.

In the comments to my last post, I made a statement that might seem a bit hyperbolic or perhaps a bit of false bravado. I responded to J. Dantes of Koanic soul,who made the argument that nothing is worth a man losing his honor, including his own children.

I disagree vehemently with this sentiment.

As a young Father (well, I'm not young, but certainly young at Fatherhood), I now realize there is nothing I would not sacrifice for my child, *including my honor.*

Because I love my child more than my life itself.

I've been at this blogging thing in the manosphere for almost 5 years now, and over all this time, I've thought long and hard about the various topics we discuss regarding marriage, divorce, and the entire racket of child support designed to enslave men and force them to subsidize the destruction of their own family, while enduring alienation and kept from even minimal contact with their children.

What would I do, faced with the same scenario?

How could I handle going through the kind of hell Bill Price has painfully documented at the Spearhead?

I am fully aware of the risks I undertook in purposefully having a baby with my wife.

She could one day fall out of love, and play the "I'm just not haaaaapppy!" card and take my child away with the assistance of the law. And there is nothing legal or law abiding that I could do to stop it. I don't think it's highly likely, yet I'd be foolish to think it was impossible.

So what would I do?

I've come to the conclusion that the only remedy to this potential scenario is a policy of mutually assured destruction.

This is not something I need to ever say or do IRL. I would never threaten it as some means of trying to scare or manipulate my wife. And no, I have no intent to ever lay out the specifics of my planned response either here, nor anywhere else.

This is only something that would become expressed in real life **should the worst case scenario occur first.** I will

only say this: my plans do not involve murder, wanton destruction or any other sort of random act of psychosis that seems to be increasingly more frequent in occurrence in our rapidly declining civilization.

For instance, where I to discover my wife were having an affair and she were contemplating divorcing me -- or any of the other scenarios we in this sector of teh interwebz regularly write about and discuss -- I have already determined my course of action in response to the potential loss of custody and a basic rights as a Father to my child. I hope this never happens, but I'm mentally prepared for it just the same.

If you take my child from me, you have effectively taken all meaning from my life. I will have nothing to live for. You will have destroyed me. I will have nothing to lose. Faced with such a scenario, I will issue Fair Warning....and no, I would not lash out at innocent bystanders. I would focus my actions on the people solely responsible for which I can identify and actually reach.

As I wrote in the last post's comments:

> I'll tell you this much, if anyone tries to take my kid from me, you'll hear about the "crazy dude in Hawaii" who went out with a bang.

What do I mean by "bang?" May you never find out, but rest assured, I am not going to blow anything up.

But I digress.

The chances of this happening based on my current assessment of my relationship with my wife and my family make this scenario **extremely** improbable, if not near impossible. But if there's one thing I've taken from immersing myself in the anti-establishment sector of teh interwebz, it's that I now know that faced with the possibilities of a system that is designed to chew up and spit out any Father at any moment, and to use his own children against him, I know that I must always consider the worst case scenarios and plan.

But don't worry. At this stage, it's purely theoretical...but the convictions behind it are strongly held after close to 5 years of rumination on this particular subject.

What would I do?

I'm curious to know if any other married with children bloggers read my blog have ever thought of the possibilities and what you would do if you suddenly found yourself faced with the impending horrors of the Divorce/Family Court industry? And please, no specific references to illegal actions...but I wonder if anyone else has reached the same conclusions I have?

Many Game/PUA proponents will say "it won't happen to me because I understand Game and how to manage my LTR." I've implied that myself. But I'm not foolish enough to believe it could NEVER happen to me...because it could. I've seen it happen up close and personal to family and friends. I had a long time friend commit suicide over these precise issues, and I had to clean up the mess he left behind.

I've seen little children's entire worlds come crashing down on them because one or both parents decided to destroy their families through the "family" court system.

I'd be a fool to think I've got it all figured out and delude myself into thinking "it couldn't happen to ME!"

I'll do my best to try and ensure it won't, and I do think having the kind of awareness gained from blogging and reading in this part of teh interebz would make it much more likely that I could recognize trends, patterns and behavioral changes that would give me an early warning that the chances of my family destruction are increasing, and that I'd be able to address the problems head on, with a clear mind and wide open eyes, and that I'd face ugly truths head on and not fall prey to rationalizations.

As I've written before, my personal motto is Hope for the best, prepare for the worst.

To reiterate, this post was nothing more than a mental exercise of planning for the worst-case scenario. It's nowhere near close to being a real situation...but one never knows what the future holds, eh?

Rest assured, unless you ever log onto this blog and find I've changed my blogging name from "Keoni Galt" to "Keoni Kaczynski," chances are this post may be the first and last time I ever feel the need to express such a dark, nihlisitic sentiment ever again. God willing.

Quiplinks IV: The Evil Patriarchy Edition

Keoni Galt · 5 November 2011 · Archived copy · Original

Bronan:

"The Vikings had shit figured out. Basically they got wrecked on mead, fought everybody, raped and pillaged, and when they died, they got to do it all again in Valhalla. Now that's the sort of party religion I can get behind."

Roissy:

"Some may ask why I so confidently assert that the female rationalization hamster is stronger and speedier than the male rationalization hamster. The answer is simple."

MikeCF:

MY NAME IS BARACK OBAMA, AND I AM THE 1%.

Dagonet:

"When your eyes are opened to certain truths– that all interactions are value transactions, that our relative status is embedded into every conversation, that every woman's subconscious is constantly analyzing relative value, status, and social position– you learn to operate from a place of greater influence."

Dalrock:

"I think the core problem is that modern Christians are so incredibly bereft of wisdom when it comes to issues of love and marriage."

Danger & Play:

"I've long noted that the biggest haters of game are not women."

Donlak:

"If you don't understand one of the fundamentals of keeping women happy, that is keeping mystery, than you're doomed to getting dumped or cheated on. If you aren't creating some mystery, she'll get it from somewhere else."

Flyfreshandyoung:

"It really is pretty amazing how much different all of your social interactions become once you lose this imagined need to conform to shaming dynamics and social pressure to behave in approved ways."

Frost:

"Women's sexual liberation has turned the sexual marketplace into a winner-take-all jungle, and we have been

dropped into this quagmire dick-first."

G.L. Piggy (Chuck):

"In past decades the U.S. borrowed from its future prosperity. The future is now."

Gmac:

"Men should strive to become better men through self-improvement and self-discovery… not with a $2,000 mortgage, 2.5 kids, a cubicle 9-to-5 job, and a miserable marriage."

Ferdinand:

"The only thing more pathetic than white knighting for a woman who won't sleep with you is white knighting for a plutocrat you don't work for, who actively holds you in contempt."

Johnny Milfquest:

"Common criminals, after all, are not bailed out in the way that corporate criminals are."

Roosh:

"Man is being turned into obsessive-compulsive victims who are nothing more than glorified pushers of smartphone buttons, unable to live without the constant distraction of beeps, noises, and moving images."

Simon Rierdon:

"In order not to get swallowed up by the system, you have to learn to Game it."

Chad Daring:

"The 1% do not make six-figures a year, they dont make seven-figures a year. The 1% is a group so far past us that they do not measure their wealth the way we do."

Badger:

"Now if you'll excuse me, I have to get away from people for a few minutes."

The Private Man:

"The unintended consequence of independence is loneliness."

Rollo Tomassi:

The great and powerful Oz that was feminization is finally having the curtain pulled back on it.

Virgle Kent:

"Every man does it his own way through trial and error and in his own time."

Got Game?

Keoni Galt · 7 November 2011 · Archived copy · Original

Well, it looks like the "Great Game Debate" has wrapped up over at A Voice for Men. Rather than weigh in on the various points and counter-points made, and throw in my own opinion on who I think "won," I think I'll take a different approach, and go over my initial introduction to "GAME" on teh interwebz.

Fair Warning - this one's gonna be long.

My entire support of this thing referred to as "game" has never been about "teaching guys to get laid" or how to "pick up chicks." I support the continuous, ongoing discussions of this topic, because it does help many men open their eyes to the realities of how the human mating game works.

Before the advent of our current Brave New World Order, much of what is considered "GAME" was simply advice older men gave to younger men who reached the age where they found themselves suddenly attracted to members of the opposite sex.

Thanks to a generation shaped by sexual revolution, re-defined gender roles, and the pervasive influence of a mass media culture, many males are left clueless about how women think, how women's sexuality works, and even what masculinity is.

For some, discovering these online discussions in forums and blogs regarding "Game," they usually have a moment of clarity. The proverbial light bulb that goes off. Understanding and awareness dawn on the formerly befuddled mind.

Suddenly, given the insights gained from studying this theory, many men realize how and why events and relationships in their pasts turned out the way they did, where they went right, and in most importantly, where they went wrong.

One of the first online sources that I encountered Game theory, was the articles written by an author and shooting instructor by the name of John Ross. I found his online archives (that covered a whole range of topics) about the same time I found several obscure "PUA" blogs that discussed this thing called Game. I immediately saw the connection of what Ross was discussing in his articles and what the PUA bloggers like "The Reality Method" were talking about. This was around 2007, a good year before I ever even heard of Roissy in D.C.

Ross was never a self-proclaimed "guru" or "pickup artist." Just a real guy, who had a Father who steered him in the right direction when he was a teen. He was essentially a "natural." In none of his writings did he write the word "game" or "pickup artist" or any of the other lingo many of us are all familiar with now. But everything he wrote about was describing the use of "Game theory" applied in real life.

His first article in which he addressed the topic, was based on some advice he was trying to give to a young man in an online forum for gun shooting enthusiasts. The young man had met an attractive girl he wanted to ask her out on a date to take her the shooting range, and he was asking for advice from the forum members on how to go about it. Ross weighed in with his advice, playing the role of advice columnist, in a piece entitled: Women, Teasing, Tests, One-itis, and Hope

Keep in mind, he wrote this in **2003.**

> If this really is "the girl of your dreams" I have a few suggestions that don't have to do with what guns to bring, as others have given you good input on that score.
>
> 1. Maintain an air of quiet competence. People in general dislike motormouthed know-it-alls but are impressed when they see knowledge and skill at work. This is doubly true when the activity in question has the potential for danger if safety concerns are ignored.
>
> Explain, don't lecture, and early on say something like "If I see you doing something dangerous I'm going to stop you immediately. You probably won't, but I'm telling you this now so you won't get upset if I raise my voice. I don't much care about your marksmanship today but I care a great deal about safe gun handling."

Inner game. Confidence. Dominance. Taking the lead. Demonstrating Higher Value.

> 2. Do not fawn over her. Pretty girls get this so much they lose all interest in the guys who kiss up to them. New mindset: You are LETTING HER join you in something exciting. I hope the invitation was "I'm going shooting this weekend--it's going to be perfect weather and there's a great range I use. If you'd like to join me I'll pick you up at 8:30, if you've got something to wear that you won't cry about if it gets a little dirt on it" (said with a grin.)

The concept of establishing frame. YOUR frame. Note his advice using a "neg," said with a grin. Cocky humor showing confidence and putting her in the position to qualify herself to you - if she's interested, she'll want to let you know that she's *not like all the other girls* that would "cry" if they got their clothes dirty.

> When she said "yes," I hope you added "I'm assuming you're not one of those flaky women who thinks 8:30 means 'sometime before noon.' I intend to be at the range by 9:00."

More dominance. Reinforcing his frame. Showing leadership, and letting her know *he* has standards.

> 3. Pack up and quit shooting while she's still having a good time. Do not wait until her shoulder or hand hurts or she's tired.
>
> 4. After shooting, do not make plans right away to do something else next weekend, no matter how well you think things went. I cannot stress this strongly enough: DO NOT SELL TOO FAR IN ADVANCE. Not even if she rips your clothes off on the ride home. **End your first date with her while she's still wanting more, and don't be too eager to plan the next one.** This holds for future dates as well. And don't think of them as "dates," think of them as "I'm doing this and I'll let you join me if you behave." New mindset: Welcome to MY world.

Is this being "manipulative" or "putting up a false front" or "supplicating" and being a "pussy beggar?" Nope. All of this advice from Ross essentially boils down to a man developing skills and confidence - aka "inner game." None of this advice is based on trying to be something that your not to manipulate a woman into dropping her panties because you pulled a fast one on her. It's about displaying masculine confidence, assurance and social dominance.

> 5. Be prepared for a test. (Men call this a "shit test," which is a more accurate term, but from now on I'll avoid the vulgarism for the sake of Internet decorum.) You may get such a test before you pick her up for the date, a phone call at the last minute telling you her best friend just broke up with her boyfriend and needs consoling, so she has to cancel. It may be an attempt to get you to do something different than what you planned. Do not accept this. Call her on any attempt to change plans. Make it clear such behavior is unacceptable. Be ready to say "Next."

Man. Too bad John Ross has a day job as a shooting instructor. He could make a fortune holding workshops or selling DVD's to gullible, hapless guys desperate to get laid.

> Pretty girls have a different reality than you or I have. Their reality is that men almost always do whatever they demand. Believe it or not, the women are tired of this. The "test" is a way to cull out the mediocre males and find the ones with backbone. It's instinctive for women, because it works so immediately and so well. When you pass one test, you will get another, sometimes right away, sometimes later. This usually goes on as long as you remain involved with a woman, but as you keep passing her tests, they become less and less frequent. Be aware of this, and act accordingly.

This was the very first time I ever heard of this thing called a "shit test." Yet, as soon as I read this, I had that "light bulb" moment. I immediately recognized how this applied to my past interactions (and failures with women in relationships).

> 6. Whenever you find yourself wondering what to say or how to act, and wanting to avoid screwing up because you think this girl is THE ONE, imagine how you would treat the hottest babe in your zip code--who happens to be your little sister. You'd tease your little sister, right? You'd laugh at her and call her on it every time she tried to get YOU to behave the same way she gets all the other guys to worship her and do her bidding. When she was acting exceptionally princess-like, you'd tell her of your surprise that she'd wear such a tight skirt when it made her ass look so fat, or a hairstyle that made her ears stick out. Then you'd tell her you liked the way her nose wrinkled up when she got mad, and would she bring you a soda from the kitchen? If you don't think this works, you've never tried it.

More advice on how to neg. Note: No mention of wearing amulets, feather boas or eye liner.

> 7. Don't get "one-itis." Talk to EVERY girl that catches your eye. Tease them. Let others come shooting with you on other weekends (if they promise to behave.) Pretty girls have lots of options--it just happens. You can have lots of options, too, but it won't just happen. You'll have to see to that yourself.

The final advice - you have to take responsibility for yourself and maintain your state of calm, cool and confident masculinity, and not put a pretty woman up on a pedestal for worship...but tease her and treat her like your kid sister.

I found this stuff fascinating. At that point, in 2007, I had already been "MRA" blogging for a bit, and had fully immersed myself into the subject matter of the divorce industry; the travesty of single mother households and a welfare system that subsidized it; why feminists are sluts and ball busters; the rampant misandry of our system and

culture; and all that other MRA topics we are all familiar with.

The MRA blogosphere was my first "Red pill."

Finding John Ross and a few PUA blogs were the next "red pill" I took.

Ross' follow up column to that initial advice gave me another "AHA!" moment of clarity, and it marked the moment where I first began to analyze my own life and my own relationship with my wife and began my personal transformation I eventually related in all those comments at Roissy's blog in 2009.

From Understanding Women & "The Rules" For Men

> Judging from my email traffic, a lot of you are absolutely clueless when it comes to dealing with your wives, girlfriends, and women in general. I get more praise for the 7/7/03 column than all the other ones put together, and "Give us more!" is a common refrain. Okay, here goes. It's Women 101 at John Ross University and class is now in session.

Who knew he could've charged these men thousands of dollars by holding a seminar or selling them a DVD set...wait, did we even have DVD's in 2003? I don't remember....

Anyhow, his follow up article is so good, I'm reposting it in it's entirety:

> **1. Women process (and act on) information completely differently than men.** Never forget this. Stop thinking of women as screwed-up men and start realizing that their minds were built from an entirely different blueprint.
>
> Just as a hawk can discern details at distances that a man needs a ten-power scope to see, a woman is many times more capable than a man at reading the emotions of other women. (Women may be equally capable at reading men's emotions, but have never seen a need to.) Walk into a large party with a woman. You, the man, will see a bunch of people in a room, talking in groups of two to five. You'll see where the food and bar is, and notice any exceptionally attractive women in the room. That's it. Your companion, however, will be able to tell you which woman is angry, which one is lonely, which is happy, which is upset, which ones feel self-conscious, which ones are jealous, and (probably) which ones are having affairs and with which men. Your female companion will be able to accurately tell you these things within ten seconds of entering the room.
>
> This ability comes at a price: Women are many times more sensitive than men to emotional pain. Imagine a man whose skin was so sensitive that ordinary contact was painful. Whenever someone shook his hand in greeting or clapped him on the shoulder in congratulations, it would feel to him as if boiling water were being thrown on his flesh. Now turn that disparity in physical sensitivity into emotional sensitivity and you'll get a good picture of a fundamental difference between men and women.
>
> Men seldom if ever need to know what a group of other women is thinking, so they usually experience a woman's heightened sensitivity from the negative perspective. They hurt their wives' feelings without realizing it (just like the handshake in the above hypothetical) and then are baffled when their women are upset with them, often for days or weeks at a time, for seemingly no reason. (I'll discuss what to do about this later. Keep reading.)

2. Men and women have very different definitions of integrity. Men have integrity to their word, but because of the heightened sensitivity as explained above, women have integrity to their *feelings*.

Women base their actions on how they feel at the time. This means that if something no longer "feels" right, they won't do it, period. It infuriates most men when a woman "flakes" on them. ("Flaking" is the term that men who study this sort of thing use to describe when a woman who has eagerly made plans with them doesn't show up, or calls at the last minute to cancel because her girlfriend needs consoling etc. Roughly speaking, a woman's tendency to flake is proportional to her options and inversely proportional to her age, although I did meet one 38-year-old single mother of two with this habit.) Understand that the need to be true to one's feelings is an extremely powerful force with women. Look at the dominant theme in all romance novels: The woman is "swept away" by emotions too powerful to be denied, and has an affair when everyone knows she shouldn't. Another example is the adage "Hell hath no fury like a woman scorned." Even the former First Lady (according to the Secret Service) regularly threw things (lamps, etc.) at her husband when angry. Can you imagine a man doing this, instead of saying "Next"? The idea is ludicrous.

If you're a man, you probably do what you've agreed to do (help someone move, etc.) because you said you would. However, you wouldn't go through with your plans to help your acquaintance move if it had suddenly become a felony with a mandatory 10-year prison sentence to do so, would you? Of course not. Ten years in prison trumps a promise to move furniture. Well, that is the kind of aversion that women have to doing things that no longer "feel" right. Later I'll explain how to make this "integrity to feelings" work to your benefit.

3. Most women are much more rational than most men at the initial meeting. For all of men's complaints about "screwed-up 'chick logic'," it is men who unconsciously fall into a very irrational pattern of behavior when they first meet a new woman that interests them.

Upon meeting an attractive and perhaps interesting woman for the first time, most men behave as if they are thinking about...wait for it...marriage! Hollywood has bombarded us with "love at first sight" stories, but what kind of message does it really send to a woman you've just met that you've already decided she's the one? It screams pathetic loser who couldn't get laid in a women's prison with a fistful of pardons. "One-itis" is the absolute death knell to any person's chance with someone new. Women know this. Men, as a rule, don't.

There's an old saying that "To meet her handsome prince, a girl has to kiss a lot of frogs." Given that few American women age well or are financially self-sufficient, this adage is much more appropriate for men aspiring to marriage than it is for women.

4. What women say they want and what they actually do want are two different things. Men need to be keenly aware of this and act accordingly. The crap that women claim they want in the personals ads is exactly the kind of thing that would have the same women running for the nearest exit out of boredom if the men actually provided it.

Women want to feel attraction for someone, and attraction doesn't come from finding a man who is sensitive, or caring, or likes long walks on the beach, cats, and candlelight dinners, has a college education or a good job. Attraction isn't a choice. Attraction comes from that little shiver of anticipation of not knowing what's coming next, of not being able to pigeonhole the man she's with into any one category, of being just a little bit off-balance and not in total control.

5. Women read things into men's actions that aren't there. Accept that, and make it work for you, if possible. This phenomenon probably comes from women's heightened emotional sensitivity. It may also come from the need many women have for drama (and for some women, chaos) in their lives.

What the above things mean for you, and how to stop screwing up like you've been doing:

Dealing with a woman's heightened sensitivity: When a woman complains about a problem in her life (she will see it as "sharing," not complaining), never offer a solution to the problem. She doesn't want to fix it, she wants to relive it, over and over. Show sympathy but suggest that only another woman could truly understand what she's going through. This acknowledges women's superior emotional capacity. Depending on how you say it, it may send another unspoken message if the complaining was a test (and it probably was): You're trying my patience here. I don't fall for that BS. Watch it.

Integrity to feelings: If you can keep a woman in the state of feeling excited, anxious, off-balance, and emotional when she's around you, you can pretty much lead her wherever you want. An extreme example of this is the group of attractive young women who did anything they were told by a homely little runt of a man named Charles Manson. I'm not advising that you turn into a sociopath, but it's kind of fun getting the girl you met this afternoon to slip off her thong during dinner and hand it to you. Learning how to keep a woman's emotional state at the desired level takes a lot of practice and experimenting (which is fun) and can't be described in a one-page column, but here's a start: Women are attracted to Mystery, Uncertainty (not the same thing), Confidence and Arrogance when combined with humor, and believe it or not, Indifference. Observe the desirable women you know that are obsessed with their boyfriends and you will see that the boyfriends invariably exhibit these qualities, irrespective of whether they are decent guys or total jerks.

Gifts: Gifts can be good at eliciting emotions and even smoothing the rough spots, but don't make the mistake of giving the wrong kind. You'll go broke and not accomplish what you intended. Since women's emotions are so powerful, realize that all gifts to women have a soothing effect and "goodwill time frame" that is proportional to the emotion evoked. This has nothing to do with the value or utility of the gift, believe me. Whether you're in the early stages of a relationship or have been married ten years, never give expensive gifts, agree to extensive home remodeling that you don't particularly want, expensive trips, etc. in the hope that it will improve her feelings for you. If you do, you'll be paying for the expenditure long after your girlfriend or wife has stopped smiling at you for what you did. Instead, give little nothing gifts like a funny card, or a stuffed animal holding flowers, and say "I was thinking of you today." Do this at unexpected times. A week later (or maybe even the next day), the $12 stuffed Dalmatian with the heart-shaped spots will be forgotten, and your woman's attitude will probably (and understandably) be "What have you done for me lately?" But guess what? The same thing will happen a week after you agree to pay for her eight-year-old's private school tuition, which is a $120,000 tab over ten years. You do the math. The exception to this rule is if you decide to give an expensive, useful gift to a woman who needs it and who has been exceptionally good to you already. Few men do this. Men usually give presents, take women to expensive restaurants, etc. in the hope that the recipient will be grateful. THIS DOES NOT WORK. Expensive gifts should always be unexpected rewards. They should never be attempted inducements.

Testing: Reread my 7/7 column's comments on tests. Remember that testing will continue until one of you dies. Even if you break up, she will probably test you if an opportunity presents itself. Plan for this accordingly.

Flaking: The younger and hotter the girl, the greater the chance she will flake. Hotties and flaking are like alcoholics and drinking: If they can, they probably will. The only way to completely prevent an alcoholic from drinking or a hottie from flaking it is to create an environment where it cannot occur, like sending the alcoholic to live in the Saudi desert. To prevent flaking, only offer an activity if it is something you can do right now. Get her to do something fun and exciting with you right at that moment. If she demurs, end the conversation as quickly as possible and eject--don't coerce. When she stops you from leaving and says to call her so you can make plans, don't believe her, and call her on it. Tell her you like talking to live people, not voicemail. Tell her

that maybe you'll offer something else if you run into her again. Unspoken message: Seize the day.

What if you absolutely have to plan a "date" in advance with someone you suspect may flake on you? When you make the plans, give the girl something specific to do, like to be sure she's wearing a silk scarf around her waist when you pick her up. Don't tell her why, but make sure she realizes that she has to do it, or you'll turn around and leave if she opens the door and isn't wearing the scarf. She will spend all her time before the date wondering about this, selecting the perfect scarf, etc. She'll be caught up in the mystery, drama, and anticipation (women love these things) and she won't be thinking that "going on this date doesn't feel right anymore."

Initial meetings: Follow the three second rule. You've got three seconds from the time you first notice a desirable woman to the time you say something to her. If you take longer than that, cross her off the list and move on, because she's crossed you off her list of possibles. Never work up your courage to talk to a girl that you've been looking at across the room for ten minutes. Women hate this. And for God's sake, never use some service to track down the girl you lusted after in high school or college. This is called stalking, and unless you graduated within the past 6 months, chances are she now looks nothing like the goddess you worshipped from afar. There are better women who don't have any bad preconceptions about you as close as the nearest Starbucks, Borders, Safeway, or QuikTrip. Unless you live in a remote area, pretty girls are everywhere. Always operate from a theory of abundance. There are more available women in your area than you could ever meet, but they're not going to come looking for you. Get out and chat up as many of them as possible. Most will turn out to be frogs. Expect it. (And realize your high school dream girl that you were thinking about tracking down is probably a frog.) You won't find a princess by convincing yourself that the one girl you've met in the last month is one. Meeting and dating lots of women gives you a much more accurate perspective and has the added benefit of making you more attractive to women, not less.

Dating multiple women: If you don't want a woman to think of herself as your one and only girlfriend, don't do things that would make her think that way. Don't call her every day. Don't see her three or four times a week. Be up front, and say "I think too many people get into exclusive relationships far too quickly, and it's not healthy. I wouldn't even consider having an exclusive relationship with someone I'd known less than six months." Most people, and women are no exception, will accept most anything if it is not a surprise. Don't lie and sneak around. If you see other women and she has a problem with this when she's only recently met you, she is NOT the one. Next.

Enjoy women for what they are, and don't imagine them to be something they aren't. It may sound harsh or negative, but real women are seldom like what we see in movies written by male screenwriters or read about in novels written by male authors. The cute waitress where you eat lunch may visually remind you of Meg Ryan (or whoever) in the movie where she played a waitress, but don't for one second imagine the real-life waitress to be as intelligent or interesting as the writers who gave Meg her lines. Flirt with the waitress and let her presence make your lunch more pleasant, but don't start going there every day and turn her into some fantasy of yours ("One-itis"). At best, you'll waste a bunch of better opportunities mooning around her at lunchtime, while she smiles at you but otherwise blows you off. At worst, she'll eventually accept your advances, and (since you were fixated on only her and had no other women to compare her to) you'll end up married before you figure out that aside from being nice to look at (for now), there isn't much else you really enjoy about her.

Don't be ordinary. Talk about your job, school, hobbies, etc? Forget it! If she launches into the same old questions, accuse her of husband-hunting, and tell her you're not ready for that. Be teasing and mysterious. Never give a straight answer unless it's "No." Women will complain that they "can never figure you out and it's driving them crazy." This is evidence that you are doing the right things.

> Spank her. Spank her bottom lightly when she does something you don't like. Spank her harder when she does something good. I discovered this years ago and the worst results I've ever gotten were neutral. The best were volcanic. (I don't do this unless I know at least her first name, but that's just me--it's probably not necessary.)
>
> When in doubt, tease. Keep the "Bratty Sister Frame" firmly in your mind (see 7/7 column). Call her on her girl-like behavior. If she mentions modeling, say, "Oh, you mean like a hand model?" Tell her that her long fingers remind you of E.T. If she's cute but her clothes are odd-looking to your eye, ask her if she got dressed in the dark. You get the idea.
>
> Sex in long term relationships: If a good long-term sex life with one woman is important to you, never get into a committed relationship (such as marriage) with a slender woman unless she is genetically slender. 200-lb. women who have always been heavy are usually comfortable with themselves and have good sex drives. Former 125-lb. hotties that gain 75 pounds after saying "I do" often lose all interest in sex and are a very bad bet for the long haul. I know dozens of men who found this out the hard way. Conversely, no man I know with a fat partner who has always been fat (I actually prefer the word "plush") is dissatisfied with his wife or girlfriend's level of desire. The old admonition about taking a long look at the mother before proposing is sound advice.
>
> If you want to marry a rich girl: Rich women are no different than other women in that they are turned on by a man's passion for his work. Keep in mind that not just any kind of work qualifies. Women are attracted to artists, especially musicians. Rock stars don't get just high school groupies, they get rich actresses like Pamela Anderson and rich supermodels like Rachel Hunter and Paulina Porizkova. Singers in local bands do equally well on a smaller level. Women (including rich ones) go for other passionate artists such as actors, dancers, painters, and sculptors.* If you are a passionate artist, you're a good bet to snag a rich girl, who will likely be happy to support you and your passion. If you go this route, keep the rich girl interested by pursuing your passion WITHOUT going through all her money! Live comfortably but don't start to believe your own bullshit, getting her to fund your big (and inevitably money-losing) dreams of grandeur. NEVER let her dip into principal. If you do, be prepared to be thrown out on your ear. Any successful investment professional can tell you horror stories about rich women clients with artist husbands who cooked the goose that laid the golden eggs.
>
> Maybe this will hold you clueless guys for a while. More later.

Man, he wrote this in 2003. As far as I can tell from reading all of his other articles, Ross didn't attend PUA seminars, buy Mystery's book or subscribe to David DeAngelo's newsletter. Yet every last piece of advice he gives here jibes with most of what we commonly call "Game Theory." Note: no mention of the words hypergamy or social dominance or manipulation. It's just straight up advice, the kind that used to be transmitted from older males to younger males.

As I later found out, Ross got his game advice the old fashioned way: from his Father.

> I talked to Dad about how this girl made me feel when I looked at her. He smiled knowingly.
>
> "Son, she probably won't look that way for long. She might, but don’t count on it. Enjoy looking at her for now. But here's some advice: If you want to do more than just look at her, then don't ever talk about her good looks or tell her she's beautiful."

> "Why not?"
>
> "Because everyone else is always doing that, and it gets old. Girls want a challenge, just like boys do. They don't want the same old compliments, they want a challenge."
>
> "I don't understand."
>
> "When you play shortstop, do you want the boys on the other team to all strike out every time? No, that would be boring. You want them to hit the ball to you, so you can throw them out at first base. Maybe you'll bobble the ball, and the batter will get on base, but you want the chance to make a good play, right? If you tell a pretty girl she's pretty, you're not hitting the ball to her. You're not giving her any challenge at all. You aren't in the game. Get in the game. Hit the ball to her. Give her a challenge."
>
> "How do I do that?" Dad grinned at me when he heard this.
>
> "Tease her about something. Say something about her that makes her jaw drop, and then act a little surprised at her reaction. But always be calm. Don't ever be mean, but give her brain a little tweak, see how she reacts, and then do it again. You're good at thinking on your feet. **When a fellow sees a girl he likes, he plays with her**, only not with a bat and a baseball glove, but **with words and body language and facial expressions**. Do that with this Jenny girl. And never back down, no matter what happens. Never break eye contact with her while the two of you are talking—let her be the one to look away. Think about it." He saw my face register some comprehension, and he added another thought. "Don't worry so much about her. Make sure you have fun. Figure out a way to tease her. And have fun."

Many critics of "game" call "negs" and "cocky/funny banter" as manipulative, wrong, evil, dishonest, blah, blah, blah, blah.

Many people who seem to understand and support game are often troubled about using the term "GAME" itself, making it sound un-serious, or trivial, or whatever other criticisms they may use because they really just don't get what it's all about.

It IS a Game.

Like any other game, if you know the rules, know how it's played, and you can discern the many variations and permutations that can arise during the course of the game, you will certainly enjoy playing the game. Even if you end up losing, a well played game can be enjoyed despite coming up short.

Unfortunately, some people simply can't grasp the strategies and tactics, they never understand the subtle nuances of the action, and they simply write it all off as a waste of time. Others try to play, but don't have the patience or self-awareness or humility necessary to learn from initial failure. Game is not for everyone.

But the entire point of blogging, talking, discussing and writing about it, is to at least make some men wake up to something they never even considered in the first place - that there is actually even a Game going on at all.

It's a game called the human mating dance.

Nobody said you HAVE to play.

You are perfectly within your rights to take your balls and go home.

To Love, Honor & Vacuum...unless he looks at teh Pr0n!

Keoni Galt · 8 November 2011 · Archived copy · Original

Dalrock is continuing his one man Jihad against frivolous divorce, and his latest action is to warn Men seeking wives to pay careful attention and not assume that just because a potential wife is a Christian, she would be less likely to divorce you in the future.

He issues this warning in a post entitled Warn men: Beware Christian marriage doublespeak and hair trigger for wife initiated divorce.

> This issue is so important I'm asking my readers and other bloggers to do whatever they can to help spread the word and protect men and their future children. Any blogger who wishes to is free to repost this entry in part or its entirety on their own blog with a link back to this page. Literally millions of men are at risk here, and we can help them understand the reality they face.

Happy to help, D.

I'll excerpt and comment on the most salient points here, but you really should click over and read the whole thing.

> One of the more dangerous assumptions I see men making is that if they marry a Christian woman they will be somehow shielded from the epidemic of divorce. I've stated in the past that most churches talk like Christ but act like Oprah on the issue of divorce.

For men looking for a church to attend, this would be a good measuring stick on whether or not any particular church would be worth your time and investment in joining. If you get the vague sense that sermons resemble the emotive, feel-good environment of the Oprah show or any other female coffee klatch type of show like the View, get thee to a different church!

> In my post Promiscuity is good, so long as it is done on the woman's terms I pointed out that there is no backing for the popular belief that the female preferred form of promiscuity (serial monogamy/ serial polyandry) is more moral than the male preferred form of promiscuity. I used the example of Christians arguing that the wife in *Fireproof* was justified in her attempt to swing from marriage to marriage:
>
> This is similar to the argument by the Christian women that the wife in Fireproof wasn't being whorish because she planned on divorcing her husband and marrying the other man she was after before having sex with him.
>
> Sheila Gregoire is one of the Christian women I had in mind when I made that statement, and she noticed the post and defended her position:
>
> *"But I just want to clarify: I do believe that she had grounds for divorce because of his pornography addiction....*
>
> *...And so in the movie Fireproof, she was in a relationship where divorce was permitted, and she was planning on divorcing, and planning on remarrying. Thus, I wouldn't say that's whorish. He's the one who cheated."*

Viewing teh Pr0n is now the exact same thing as cheating? Dalrock got it exactly right when notes:

> The fundamental problem is that Christian women are being given *get out of marriage free cards* while Christian men are being told man up and marry these Christian women. This selective moral softness from Christians combines with our legal system which rewards women who commit divorce theft and creates millions of fatherless children. Your husband looked at porn? Dump him and find another man! Keep in mind this isn't some corner case example I've made up. This is from the movie Christians profess shows their views on marriage.
>
> **Moreover, Sheila isn't just another commenter on the internet, she is a respected author and speaker on the topic of marriage for Christian women.** All men need to understand this; **if your wife decides to divorce you for another man, there will be well respected Christians lining up to justify her decision and place all of the blame on you.** If that means conflating viewing pornography with actual adultery, so be it. This is true even in cases where the wife was withholding sex in an effort to control the husband.
>
> *She even excuses the wife lining up the other man while still married!*

I've visited Sheila's blog before, To Love, Honor & Vacuum, and I've also seen her comment at various blogs like Terri's and Alte's. I never found anything she commented on to be so objectionable...

...until now.

As Dalrock implores...spread the word.

On second thought, a thought just popped in my head. Sheila is a feminist....the worst kind. A wolf in sheep's clothing.

She appears to be "pro-marriage" but she's spreading marriage and family destroying memes amongst the very people who are supposed to be the last vanguard of the bedrock of Christian-based civilization.

Think I'm making an overblown charge?

Let's take the title of her blog - *To Love, Honor & Vacuum.*

On the surface it appears to be a call for Christian women to be better housewives. But exactly what is that title really imply? It's a distortion of the common Christian marriage vow a wife makes at the altar - Love, Honor and **OBEY.**

Whether it was deliberate or subconscious, I still think it's a subversive meme that aims at one of the Bible's direct, unambiguous tenets regarding the institution of marriage...wives, submit to your husbands.

Just as the newly married, "modern" Princess of England had the word's OBEY taken out of her Anglican Church vows -- just like her adulterous, scandalous, deceased mother-in-law did -- this "pro-marriage" Christian has replaced the vow of wifely obedience to her husband with a trivial domestic household chore using a modern appliance.

The problem is not Pro-marriage Christian women. It's pro-Divorce justifications couched in the veneer of pro-

Marriage Christianity.

Verisimilitude

Keoni Galt · 10 November 2011 · Archived copy · Original

"That's my story and I'm sticking to it, 'cause I got no reason to lie..."

- lyric from the Black Sabbath song, The Thrill of it All

The word for today is Verisimilitude.

In a recent discussion I was in with The Bombastic Bardamu , he made a point that resonated with me regarding blogging:

> Verisimilitude and ethos are nearly impossible to fake. Indeed, verisimilitude is practically the coin of the realm in the blogosphere - without knowing who each other are, we have to judge each other based on the truthfulness (intentional and/or inadvertent) in each other's writing...
>
> ...indeed, the best writers in the manosphere - has this verisimilitude.

I agree, not only is it the coin of the realm...it is the defining trait of any blogger in any sphere of teh interwebz. As I wrote in A Salute to Conventional Wisdom:

> I learned far more about the world as it really is, and about myself and my place in the real world, from the influences and insights gained from blogs, message boards and websites that inspired true introspection and productive ruminations…than I ever did watching tell-a-vision, the movies, or from the approximately 13 wasted years I spent in the State of Hawaii's institutionalized public schooling system.
>
> I discovered that everything I thought was real and true, were nothing but lies, misconceptions, misdirections and misinformation designed precisely to capitalize on, and exploit my health and my productive capacity, all for the benefit of the system…at the expense of my mental, spiritual and physical well-being.
>
> It was never a case of simply falling for any old story found anywhere on the world wide web. Like everything else in so-called civilization, it's full of bullshit and lies as well.
>
> But the difference is, you can actually read something that may sound crazy on the internet…
>
> …but ruminate on it…and observe various manifestations of those ideas in real life…or even experiment on yourself…
>
> …and eventually discern which virtual tirades, manifestos, declarations or diatribes are justifiable and based on truths…and which ones are crackpot lunacies and monomaniacal mental disorders vomiting their mental wastes into the virtual ether.
>
> There is nothing more convincing than experiences and anecdotes from anonymous authors who may be writing thousands of miles away from wherever you are logged on…who can describe behaviors, results or phenomena exactly the way you perceive or experience these things too. Similarities in human experiences that

> cut across cultural, socio-economic and religious differences are compelling anecdotes that can override the powerful influence and the illusory authority of so-called conventional wisdom.

Verisimilitude is the defining factor in determining the veracity of any particular writer's advice or observations that run counter to the conventional wisdom.

Before becoming an avid blog reader, I was an avid mass media consumer.

I used to read a variety of newspapers, magazines, and watch a lot of television "News" and "Journalist Investigation" type shows. I used to think I knew a lot about a whole range of topics. I did not realize just how much of what I thought I knew was nothing more than literal Mass Media PROGRAMMING.

When I first began reading anti-establishment blogs and alternative media articles, I often encountered a writer saying "everything you think you know is simply what has been told to you by those who control the mass media narrative." I used to have a knee jerk, defensive attitude towards that observation: "Whatever...I think for myself!"

Except that up until I discovered the vibrant underground of politically incorrect blogging (on a whole host of topics), my thoughts were completely influenced by the TV and all of the reinforcement of the mainstream narratives from the mainstream print media.

Thanks to the verisimilitude of many excellent bloggers, I've discovered just how extensive and pervasive this programming was. I now recognize so many lies and deceptions the moment I see them...on TV, in the movies, in advertising and in print.

Lies. Everywhere you look in our Brave New World Order.

It's why I no longer read newspapers, nor watch any kind of news shows or any other sort of TV programming that's supposedly "FACT BASED REPORTING."

Thanks to the verisimilitude of people who blog, I've embraced a radical, anti-establishment lifestyle.

> By eschewing commodity crops and advocating the consumption of grass-fed meat, pastured eggs, and local produce, we are making several very, very powerful enemies.
>
> The medical and nutritional establishments hate paleo, because we're exposing the fact that they've been wrong for decades and have killed millions of people with their bad advice.
>
> The agribusinesses and industrial food processors hate paleo, because we're hurting their business by not buying their highly profitable grain - and soy-based products.
>
> The mainstream media hates paleo, because they profit handsomely from advertising those grain- and soy-based products.
>
> The government hates paleo, because they're the enforcement arm of big agribusinesses, industrial food processors, and mainstream media—and because their subsidy programs create mountains of surplus grain that must be consumed somehow.

> Is anyone surprised that a government which spends billions of dollars subsidizing the production of corn, soy, and wheat, would issue nutritional recommendations emphasizing the consumption of corn, soy, and wheat?
>
> And this is why, despite all their rhetoric, the vegans end up on the same team as Monsanto and Pepsico: their interests are aligned. - J. Stanton

I used to minimize my consumption of animal foods, and try to avoid saturated fats as much as possible. And I kept steadily gaining weight and trending towards obesity in my late 20's and early 30's. Thanks to the verisimilitude of bloggers in the "paleosphere", I now eat a diet heavy in animal protein and saturated fat. I avoid processed convenience and fast foods, and I've lost all that excess weight and find myself trim and in better shape at 38 years old, than when I was 28 years old.

I use salt at nearly every meal. I eat eat fried foods all the time too. The difference is I use naturally derived, minimally processed sea salt and I deep fry with coconut oil and pan fry with saved bacon grease and lots of butter. According to mass media conventional "wisdom," I'm supposed to be fat and suffering from high blood pressure. My latest blood pressure measurement from a couple of days ago? 116/72. I've been eating like this for years now.

Verisimilitude. The mass media narrative doesn't have it. The problem is that it is so pervasive, and broadcast through so many various mediums that reinforce each other, that it induces the illusion of verisimilitude. It took extreme cognitive dissonance to finally face the ugly truths after a lifetime of being steeped in the pretty lies of mass media programming. In other words, after years of eating non-fat dairy, vegetarian meat substitute products, non-dairy creamers, non-fat/non-stick cooking sprays, and a daily diet of whole-grain products and 'cholesterol free' spreads, I hit the point where I could no longer close the top button of my pants because my belly was sticking out. BUT I'M EATING HEALTHY?!?!??!?! WTF?!?!? So I logged on to the internet and began googling diet and weight loss, and eventually discovered the Weston A. Price Foundation...which eventually lead me to the Paleo Blogosphere.

Other ways in which the verisimilitude of certain writers in the blogosphere have influenced my life:

~ I avoid fluoridated water and use fluoride-free toothpaste.

~ I avoid using sunscreen, and sunbathe at every possible opportunity during the window of time for which conventional wisdom deems most dangerous - 11:00am to 3:00pm.

~ I occasionally smoke tobacco.

~ I eat as much red meat as I can afford.

~ I quit chronic-cardio exercise in an attempt to control my weight, and focus solely on weight lifting and high-intensity/interval training exercise.

Oh, and of course, thanks to the verisimilitude of guys like John Ross and other anonymous bloggers, I figured out my former attitudes and beliefs about gender and relationships were a recipe for failure. I didn't even grasp how I put the female gender on a pedestal and followed the mass media's emasculation program.

Verisimilitude.

Recognize it when you see it. It just might change your life.

False Prophets & Teachers

Keoni Galt · 12 November 2011 · Archived copy · Original

[image]

Matt 7:15
Beware of false prophets, which come to you in sheep's clothing, but inwardly they are ravening wolves.

I'm not a member of any Christian church's denomination.

I don't attend a church service.

But I have read the Bible (KJV) multiple times. While I'm certainly not a biblical scholar, I do believe I understand the overarching morality and guidelines the Bible seeks to impart on believers.

Dalrock has been on a tear lately in going after Christians who teach subversive, false doctrines that appear on the surface to be "Christianity."

As someone who doesn't have a dog in the denomination-competition hunt (who's got the true doctrine, who's worshipping traditions are true to God's command, etc.), my interpretation of the Bible is based solely on my own quest to understand truth.

I haven't stepped into a church and listened to a sermon in over 16 years - save for the occasional wedding, baptism or funeral of a family member or friend I've had to attend.

Yet Biblical principles are the foundation of my moral belief. The Golden Rule, the 10 commandments and all that. I guess part of my brainwashing I endured for the first 14 years of my life did have some positive influence on me.

Many writers and commenters in the anti-establishment/politically incorrect sphere of teh interwebz oft note how feminized many Christian church's have become. That was the case of the church I grew up in, where men are demonized and women lionized on their pedestals of spiritual purity and moral superiority. Where the men commonly talked about their wives and referred to them as "their better halves."

This state of affairs is precisely why men have been driven from the church. It's why I left as soon as I was a teenager tired of being shamed and branded with the scarlet M in my particular sect I was born into.

But something happened to me today that gave me another epiphany. While driving and listening to my ipod (more specifically, the new Chickenfoot album...kickass!), when the album finished, and I didn't choose a new album to listen to, my ipod automatically shut off. The radio transmitter I use to listen to music on the car radio shut off, and I discovered that the frequency I was using now picked up the local Christian talk radio channel.

And apparently I tuned in right in the middle of some evangelical mangina blowhard raising holy hell from his broadcast pulpit, exhorting husbands for their failures in leadership and not taking care of their wives is the root of so many marital problems. It contained all of the stereotypes regularly pointed out in the manosphere regarding the feminization of the modern church.

I tuned in right as he began to discuss Ephesians 5:22 and how it doesn't mean what men "thinks it means." He then went on to explain what the verse means: that men and women in marriage are to be in *mutual submission* to each other.

In my opinion, there is a key point of discernment in understanding which preachers and pastors are teaching the false doctrine of Feminism disguised as Christianity - any preacher or pastor that seeks to soften, change or redefine the verse of Ephesians 5:22 to mean something other than what was plainly written: *Wives sumbit to your husbands as unto the Lord* so as to shame men and appeal to women, is a false teacher.

My understanding of the core message of the Bible, is that Traditional Christianity is a cultural program, designed to build strong families to form a strong society. A code of morality to build a community bound by faith and adherence to the same principles. It is Patriarchal to it's core.

In my view, Ephesians plainly lays out the hierarchy of leadership in marriage and in the home. Wives are commanded to submit to their husbands, and husbands are commanded to love their wives as Christ loved the church.

This authoritative sounding preacher, than made the case that this meant a husband and wife were to have *mutual submission* to each other, and not that the husband is the leader. He basically equated the command to love their wives, as just another way of saying husbands and wives are to submit to each other.

But than, this is what I get for reading the Bible and thinking for myself, rather than rely on someone else to interpret it for me.

He than went on a tirade reiterating repeatedly about how men are responsible for the sad state of marriage in the modern day, as they don't pay enough attention to their wives, and that by exerting any sort of authority makes him an unjust, domineering tyrant and that he's not loving his wife, like Christ loved the church.

This kind of sermon is female rationalization hamster superfood. No wonder the kind of Churches that preach this crap are full of women without nary a man in sight.

In practice, mutual submission doesn't work. You end up with a submission deadlock. Couple this with the modern Christian's warped view of the intrinsic virtue of the female simply for being born with a vagina, way up on her pedestal, and what do you have when husband and wife are practicing "mutual submission?"

You end up with a female-headed household.

This is not traditional, Patriarchal-based Christianity. It is the abomination and corruption that has driven men away from the many denominations that ascribe to this anti-Patriarchal shibboleths in droves.

This man, preaching from his pulpit and having a national broadcast by a syndicated radio network, was subtly and subversively distorting the Bible to shame men into becoming beholden to their wives authority, as well as the sole reason marriages are foundering in today's church. According to this broadcaster, anything less than mutual submission would mean he was being a domineering tyrant and not loving his wife like Christ loved the church.

Immediately following the sermon, a commercial came on, urging listeners to buy DVD's of the sermon just broadcast. It also included "kits" including visuals and supplemental materials for Pastors, Reverends and other Christian leaders to help SPREAD THE WORD.

Immediately after the sales pitch, another sermon began by some other sanctimonious holy roller, who began preaching on how anyone should feel guilty for not paying tithing to the church.

It brought to mind one of my favorite old school Metallica songs, *Leper Messiah*:

Send me money, send me green, heaven you will meet...make your contributions and get the better seat!

I turned off the radio in disgust.

When I got to work, I googled the name of the evangelist's radio program and found his website.

The website is shallow, littered with feel good phrases of psuedo-spirituality. It was just a showcase for all of it's content - TV, Radio and Magazine articles, that were all "subscriptions" that required fees (accepting all major credit cards) to access. In addition to mulitiple links to become a subscriber, it also had "donate to the ministry" buttons all over the place.

SPREAD THE WORD.

Here's the problem as I see it. Mass media broadcasting evangelists seem far more concerned with raising donations, selling books and DVDs and pimping for speaking fees and guest appearances at Churches than they are in actually preaching Biblical TRUTH.

This is the worship of Mammon. Worst of all, they've commercially packaged the materials that subvert Biblical truths and promulgate false doctrines to sell it to Pastors, Evangelists, Reverends and any other leader that listens to Corporate Christian radio and lets these lying liars lead them astray so they in turn can lead their own congregations astray.

I think this is one way in which feminism was able to weasel it's way into the doctrine of many corrupted Christian denominations. Feminism sells well, because it tells many women the lies they want to hear. Women who otherwise believe they are good Christians, and that submitting to their husbands has nothing to do with being a good Christian. And these women rule their homes and seethe in contempt for their beta-ized husbands and their "mutual submission."

In my humble opinion, if you ever hear any Preacher, Pastor or any other proclaimed Biblical authority make the case that Ephesians 5:22 does not mean Men are not the authority in the home, you are listening to the false doctrine of a church dedicated to the worship of Feminism and of Mammon, and not God THE FATHER.

Bureaugamy

Keoni Galt · 15 November 2011 · Archived copy · Original

[image]

The word for today is "Bureaugamy."

You won't find this word in any dictionary. I picked up a couple of weeks ago from some commenter at some manosphere website. I've since forgotten who wrote it where (if someone points it out here, I'll edit this post and attribute it to it's orginator -- I think it may have been Zed over at Dalrocks...I'm not sure.)

The word is used to describe the modern cultural practice in which a women essentially mates with the State welfare bureaucracy to provide for her children, since she does not have a man fulfilling the role of provider for her offspring.

Great word. What else is there to say about it?

Until now, not much else...which is why I didn't bother trying to write about it after I'd already forgotten who I first heard it from in the first place.

But an article over at LewRockwell.com that I was reading with my morning coffee, made the word come to my mind once again. The article dealt with the result of Jesse Ventura's lawsuit against the TSA for violating his Constitutional protection from unreasonable searches and seizure. The article made a salient point that helps to clarify the big picture of the how and why we are going through so much cultural upheaval, economic distress and an ever expanding leviathan police state - and it's certainly related to the concept of Bureaugamy.

Becky Akers writes in Ventura's Venture Against the TSA:

> He called it the "The Fascist States of America" and thrilled patriots everywhere when he promised, "I will never stand for a national anthem again. I will turn my back and I will raise a fist" after "a U.S. District Judge dismissed [his] lawsuit against full-body scanners at airports" on a technicality.
>
> In that suit, "Governor Jesse Ventura, a/k/a James G. Janos … [sought] a declaration that the TSA [Transportation Security Administration] and DHS [Department of Homeland Security, the TSA's über-bureaucracy] have violated Ventura's Fourth Amendment rights by subjecting him to airport security searches."
>
> Mr. Ventura added, "It's really sad … [The judge] claimed her court didn't have jurisdiction. But this is a constitutional question…"
>
> Actually, it isn't – at least to Our Rulers. And not just because they're evil tyrants who spit on the Constitution. They are and they do, but what Mr. Ventura bumped up against is monstrously worse, something far more dangerous, entrenched, and systemic. Yet it remains so incognito and unsuspected that our hero might want to

> investigate it for his series, "Conspiracy Theory," on TruTV.
>
> The culprit is a totalitarian nightmare known as **"administrative law."** And when we victims assume the Constitution reigns supreme, Our Rulers laugh: they legally (even if unconstitutionally) replaced it about a century ago with administrative law.
>
> You're undoubtedly more familiar with "administrative law" by its acronyms: IRS, BATF, DHS, DEA, SEC, FDA, FCC, FAA, TSA…in other words, bureaucrats.

Light bulb moment! This Judges rejection of Jesse Ventura's lawsuit ripped back the curtain to reveal the beast behind it, pulling the levers of the machine that has ripped the Constitution to shreds and became the primary impetus in forging our Brave New World Order dystopia.

The bureaucracy of "administrative law" is the actual law of the land! By invoking administrative law, the Government has effected an end run around Constitutional law. This is why we are all in some way or another, in a bureaugamous relationship with our Government, whether we want to be or not.

Still not sure how this works?

Aker's explains:

> ..."administrative law contains all the statutes, judicial decisions, and regulations that govern [bureaucracies]. It is the body of law created by administrative agencies to implement their powers and duties in the form of rules, regulations, orders, and decisions," says West's Encyclopedia of American Law. Astounding, isn't it? Agencies write the laws that empower them to write laws. They set the rules of the game they play against us, enforce those rules, and judge us when we violate them in "administrative hearings." Meanwhile, a single agency in a day can churn out more laws – euphemized as "regulations" – than Congress can all year.

Do you get it now?

This is precisely how so many citizens Constitutional rights are regularly ignored and blatantly violated by the various Bureaucratic Agencies who truly rule our land with an iron fist and unreasonable and unflinching cruelty.

The bureaucratic agencies under "administrative law" jurisdiction are the literal tentacles of the leviathan police state deliberately violating our rights and our freedoms and turning the USA from the land of the free and home of the brave, into the land of the fee and home of the slaves.

So where do these agencies derive their powers from? Most of these bureaucracies have their powers delegated to them by Congress. And therein lies the rub: Congress is specifically prohibited from delegating it's powers to a third party entity.

US Constitution, Article 1, sec. 8:

*To make **all** Laws which shall be necessary and proper for carrying into Execution the foregoing Powers, and all other Powers vested by this Constitution in the Government of the United States, or in any Department or Officer*

thereof.

How to get around this Constitutional restriction? Easy, set up a Bureaucratic agency, who than makes and enforces *regulations* instead of legislating laws. The names are changed, but in practice they are the same. In fact, regulations now carry more weight than most laws passed the old Constitutional way via legislative deliberation!

The rejection of Jesse Ventura's lawsuit claiming the TSA violated his Constitutional rights clearly shows we the sheeple where the true power is being wielded in this country. The precedence is set.

Administrative Law of the Bureaucratic Agencies trumps the Constitutional Law of the individual citizenry.

Aker's concludes:

> What would have happened had the court heard Mr. Ventura's case? The same thing that has happened in other, similar ones: it would have ruled in the TSA's favor, implicitly relying on Congress' delegation of power it never had – power that is virtually limitless under the administrative regime. The TSA can do as it pleases, providing it asserts such criminality helps it carry out Congress' mandate to "protect" transportation – and its perverts take care to constantly prattle just that preposterous justification.
>
> So long as we sue the TSA – or any bureaucracy – for violating our Constitutional freedoms, courts will rule against us and smirk while they do. The remedy for administrative law's totalitarianism lies in abolishing bureaucracies, not pleading with Our Rulers to defend us from them, pretty please.

There you have it. Bureaucratic violations of Constitutional rights are based on the stated agency's justifications for some form of so-called safety and security on some person or entities behalf. This holds true across the entire spectrum of bureaucracy and the administrative regime that truly rules the country.

If bureaugamy is the marriage of citizen to the bureaucratic state (like the single mother relying on the State to redistribute taxes to provide for her Fatherless household), than what we really have is an arranged marriage shotgun wedding. We had no choice, and we had to say "I do" with the business end of a firearm wielded by a uniformed representative of the Bureaucratic State at our back.

If only we could use divorce to destroy the institution of Bureaugamy as surely as the Bureaucrats used it to destroy the institution of Monogamy.

Thanks

Keoni Galt · 24 November 2011 · Archived copy · Original

I've been away from blogging for a bit because things for myself have taken a turn for the worse on the economic front. My company has gone out of business and myself and all of my colleagues have been laid off. My occasional foray into blue collar side work to supplement the income has now become my only option to keep the roof over our heads and food in our mouths. I've been working long hours doing hard work, and still sticking to my martial arts training regimen in the evenings. I've been too tired to blog.

That being said, it's Thanksgiving, and I'm grateful that I've still got the opportunity to work. Since the hard times began over 3 years ago, I swore I'd do all I can to avoid going on the dole and signing up for food stamps and other welfare programs I am morally and principally opposed to. I will do whatever it takes to stick to my principle of independence.

Deansdale requested I and a few other bloggers write a piece about "The top 10 things you can do to improve your marriage." I take it this question is based on providing advice for men already married, so things like "carefully pick the right woman" doesn't apply, since you've already made your choice.

I'll do this David Letterman style and countdown from 10 to 1:

10) Read Roissy's entire archives. All of it.

9) Read Athol Kay's blog archives and buy his book.

8) Now that you've read these works, take a hard and honest look at your situation. Face the ugly truth about your issues. Are you an AMC? You can't fix your problems if you don't even recognize what they really are in the first place.

7) Live your life so that you can be 100% honest at all times. This does not mean you have to tell her everything you are thinking or feeling at all times. Discretion and circumspection are the keys to being honest while keeping the peace. Live so that you do not have to ever lie out of fear of upsetting her, or lying to yourself with rationalizations so that you justify behaviors you may do that will hurt or destroy your marriage. When it comes to marriage, honesty is the best policy.

6) Understand the concept of FRAME. Avoid playing into her frame. This is especially important if she ever issues you an ultimatum of any sort. The minute you take her ultimatum at face value and make a choice, you've submitted to her frame and you've lost either way.

5) Learn to recognize when she's "shit testing you" or "fitness testing you."

4) If you've fallen into a pattern of begging her for sex STOP THIS IMMEDIATELY. COLD TURKEY. NEVER, EVER BEG FOR SEXUAL RELATIONS FROM YOUR WIFE, EVER AGAIN.

3) Their are two sorts of relationship patterns men develop with their wives over time, especially if you have children together - a woman's basic nature to act as a mother will begin to apply to you. She will begin to act like a motherly authority to you. You have to be aware of this dynamic and shut it down as soon as she starts to treat you

like you're one of her children. Remember this saying, "You are not MY Mother. I have one already. You are my *wife.*"

2) Learn to say No when you have good reason to. Make it stick in the face of resistance and emotional outpouring of anger, sadness and/or tears.

And finally, the number one thing you can do to improve your marriage:

1)Realize that the only person you can change is YOURSELF. You can't change her. You can only change your behaviors, your patterns and your routines and hopefully see if she responds favorably to the changes you effect in yourself.

Finally, for this year, I resolve to avoid any and all partially hydrogenated feed products at my family's Turkey feast. I'll probably indulge in some sugary dessert, but the memory of how shitty I felt for several days last year after eating all the grains and partially-hydrogenated crap should be enough to help me resist temptation.

Happy Thanksgiving to all who read this.

Tolerance & Slow Motion Poisoning

Keoni Galt · 27 November 2011 · Archived copy · Original

In response to my Turkey Day post in which I resolved to avoid partially hydrogenated tainted food at my family's celebration feast, finndistan guy made a point for which I myself have contemplated as well:

> About your memories on hydrogenated oily poisons.
>
> First memory: Three years ago got bronchitis related to dust allergy and my laziness. did not go away for two weeks so I went to the doc. Got some antibiotics; and even if the bronchitis went away after a ten day regimen, those ten days were pure suffering. Talk about bloody diarrhea and such.
>
> Second memory, a recent one.
>
> I am lazy with dusting the house, so there was dust in the house, but I had no problem, zilch. Then one sunday; after a saturday party at a friend's, including little alcohol, and lots of "healthy vegan food" like whipped cream from oat milk, and milkless butter (took some questioning to get the words margarine out); I went to eat at a local ethnic diner. Lots of food. Almost binged.
>
> The system did not recover from this assault, and for a week I was down, until few days ago; then I got a sore throat.
>
> Realizing what is happening, I cleaned the house, but the throat turned into similar symptoms as the bronchitis three years ago.
>
> I will not take any antibiotic I said to myself.
>
> Since the binge, I had been eating clean, so there was not much to do there,
>
> Took off from work, popped 15.000 ius of vit d every meal (2-3 meal per day), slept 12 hours, ate only food that I made (now am thinking of 100% my way (except the weekend alcohol) till christmas);
>
> The same symptoms that took me ten days to clear three years ago, that took another friend two weeks, another three months (yea, this one is a grain lover); took two nights of 12 hours of sleep with enough tea and vit d, coconut oil, good butter and no processed crap.
>
> The lungs went to crap on wednesday morning, now it is friday afternoon, and I have them running at 95%.
>
> Definitely a placebo effect. Both on the negative effects of the vegan/processed stuff, and the positive effects on what i did to cure.
>
> Placebo, yea.

I have distinct recollections of my health and well being prior to discovering the Weston A Price Foundation and the Paleo blogosphere and figuring out unconventional, anti-establishment truths regarding diet, health and nutrition.

I frequently lament to myself, "If I had known then, what I know now..."

From my mid-20's to my early 30's I thought I knew what eating healthy was, and I thought I knew what foods I should avoid. Yet I was overweight, had frequent allergy attacks, caught every cold and flu bug that I happened to come into contact with, and always took a really long time to recover. I frequently had chest colds turn into bronchitis and occasionally turn into walking pneumonia.

I also suffered from chronic asthma. I could not live without daily doses of asthma control medicine. I've had asthma since I was a young child, so I've always lived with it. I've become used to frequent attacks, and always carrying a rescue inhaler with me 24/7.

I used to also get an asthma attack every single time I exercised. Every single time. Usually withing 5 to 10 minutes of commencing some sort of physical activity or recreation, I would inevitably feel the tightness in my chest and immediately have to stop whatever I was doing and take a few puffs of my meds, hack out a few coughs and finally feel good enough to resume whatever I was doing.

My entire life, I was told by my HMO GP Doctor to avoid dairy, that my asthma was most likely related to milk allergy.

In hindsight, I now realize the truth is that I ate a grain heavy diet ('heart healthy whole grains!'), and the primary source of fat was Omega 6 rich vegetable/grain and legume oils. Margarine, low-fat/non-fat food products, and cooked with Canola, Soy and Olive oils.

Also ate a lot of commercial peanut butter brands, most made with partially hydrogenated oils.

When I first read the good folks at the WAPF article Know Your Fats, it was the first time I ever came across this piece of knowledge:

> Saturated fats play many important roles in the body chemistry. They strengthen the immune system and are involved in inter-cellular communication, which means they protect us against cancer. They help the receptors on our cell membranes work properly, including receptors for insulin, thereby protecting us against diabetes. **The lungs cannot function without saturated fats, which is why children given butter and full-fat milk have much less asthma than children given reduced-fat milk and margarine.** Saturated fats are also involved in kidney function and hormone production.

My first thought here was "well fuck me." Then I kept reading:

> The crux of Dr. Price's research has to do with what he called the "fat-soluble activators," vitamins found in the fats and organ meats of grass-fed animals and in certain seafoods, such as fish eggs, shellfish, oily fish and fish liver oil. The three fat-soluble activators are vitamin A, vitamin D and a nutrient he referred to as Activator X, now considered to be vitamin K2, the animal form of vitamin K. In traditional diets, levels of these key nutrients were about ten times higher than levels in diets based on the foods of modern commerce, containing sugar, white flour and vegetable oil. Dr. Price referred to these vitamins as activators because they serve as the catalysts for mineral absorption. **Without them, minerals cannot by used by the body, no matter how plentiful they may be in the diet.**

An honest assessment of my overall dietary patterns brought me to the point of realization: while I didn't oft eat white flour, I ate plenty of whole grain flour and bread based products like pasta. I also ate a lot of sugar, and yes, all the oils I was eating where largely the so-called "healthy" vegetable oils. I was following the mainstream advice to avoid saturated fats, minimize your animal foods consumption, and that a plant based diet was optimal for human physical health. This WAPF stuff was the very antithesis to everything I thought I knew.

And yet it also jibed with my personal studies regarding Hawaiian history and culture. I've read numerous history books, oral traditions, and observations made by Europeans who first came to Hawaii. They were full of references to tall, muscular, very fit, healthy looking people. And they ate plenty of animal foods - fish and all other sorts of seafood, dog, chicken and pig.

This is why I investigated further into the WAPF...and eventually coming to the Paleo Blogosphere, and began a massive turnaround in my diet, health and well-being.

I've been basically eating a nutrient-dense, traditional-based diet while doing my best to avoid neolithic agents of disease for close to 5 years now. The transformation in my health has been dramatic.

While I still have asthma (I will probably always have it), it has nowhere near the same effects on my life like it used to. I no longer carry a rescue inhaler wherever I go, and it took me 10 months this past year before I had to refill my prescriptions...prescriptions for which I used to have to refill every single month, 12 times a year at a minimum.

This was not a placebo effect. It can't be. The difference between then and now is just too dramatic.

This was discovering the difference between a diet rich in inflammatory-promoting foods, and anti-inflammatory foods. As I've frequently stated in the past, I basically follow Mark Sisson's 80/20 paradigm. In other words, the occasional indulgence of junk food for things like special occasions.

For the most part, that's been my occasional dessert after dinner indulgence. I've never noticed any problems or residual effects when I have done this. But even in these cases, the primary NAD I'm indulging in is sugar. Even on my "cheats" I try to avoid partially hydrogenated oils. (I really do miss the local Hawaii favorite, the *Malasada* - A type of doughnut in which Portuguese sweet bread batter is deep fried and coated in sugar).

But there have been a few times where I did...like eating deep fried appetizers at a restaurant or party. I began to notice whenever I did this, I'd start to get asthma attacks within an hour or so.

Onion rings, french fries, or deep fried chicken (chicken katsu), doughnuts, all the stuff fried in partially hydrogenated oils (which is to say 99% of you eat anything deep fried from a restaurant), I always get asthma attacks within an hour or so, and sometimes multiple attacks over the course of the next 24 - 48 hours. But I never really paid much notice, as over the past few years in which I indulged on such occasions, were really few and far between.

But last year, I simply threw all caution to the wind and just pigged out at my family's partially hydrogenated Thanksgiving. I ate bread, dinner rolls, salad dishes containing mayo (soybean oil), loads of gravy (made with partially hydrogenated oil and wheat flour), and various desserts for which I know the crusts contained the crap too. Up to that point, having eaten "clean" for up to 3 years prior, it was quite the Omega 6/Hydrogenated oil indulgence.

I spent days with constantly recurring asthma and allergy attacks - which was how my life used to be on a daily

basis when I ate the SAD. I had forgotten just how miserable I really was when I ate the neolithic agents of disease on a daily basis.

Is this nothing more than a placebo effect?

From my recollection, my attitude at the time was "I eat so good now, I'm doing so much better, this one time holiday gluttony won't affect me much! This is my cheat day, I'm with my family, let's just eat it all up and enjoy this without any worries."

Prior to that, the occasional indulgence like a few fries or onion rings or a piece of fried chicken may have caused me to have a small asthma attack, so no biggie, I'll just dose up on the meds and go back to eating good again.

So now I'm left having similar thoughts as finndistan guy. Am I having a placebo over-reaction? Or is it that when I used to consume these oils and other neolithic agents of disease regularly, did I have some sort of tolerance to the continual ingestion of inflammatory food products? Did largely removing this poison from my diet make me that much more sensitive to it when I actually do "cheat" and eat it again?

Of course, prior to changing my diet, I basically had to use asthma medication every several hours, both night and day, 24/7/365. I used to always double check to see if my inhaler was in easy reach whenever I went to bed so I could simply reach out and grab it for use when I would invariably wake up in the middle of the night with another asthma attack...usually several times, every night. So maybe I always had that same reaction to these oils, but simply managed my reactions to it by a constant dose of medications?

Now I'm not trying to make the case that my asthma is solely linked to the food I eat. I think it's more complex than that. I now believe my asthma is related to my immune system response to environmental allergen exposure (I'm hyper-allergic to dust mite allergens which are plentiful in Hawaii)...but my diet also affects my immune systems ability to deal with allergen exposure as well.

In other words, when I eat pro-inflammatory foods, my immune system becomes more susceptible to reacting to allergens, making it more likely I'll experience the bronchial tube spasms of an asthma attack.

For my own experience, the vast improvement in my asthma and allergy condition is the ultimate proof I need to validate the principles of the paleo-type diet. This is why I get annoyed when clueless people call the paleo diet a "fad."

There's so much more to your diet than simply your weight.

Ah, what the hell. Maybe I really am just a loon, and it's all just a placebo effect.

Fasted Exertion

Keoni Galt · 1 December 2011 · Archived copy · Original

[image]
A Successful Hawaiian Hog Hunt

Ferdinand just reviewed Frost's book, *Freedom Twenty-Five: The 21st Century Man's Guide to Life* over at In Mala Fide. I'll have my own review as soon as I get the time to sit down and read the whole thing and render my own assessment of Frost's work. That being said, I found a quote Ferdinand cited interesting, since it's something I've been experimenting with lately - intermittent fasting.

As Frost wrote:

> I eat 1-2 meals per day, and I'm almost never hungry. The conventional wisdom states that you should eat five meals a day, which is true if you're eating a typical American diet and need to constantly snack to maintain your blood sugar. On a high-fat Paleo diet, your body gets used to using dietary and stored fats as its primary energy source, meaning you can go long periods without feeling tired, "hangry" (hungry + angry) or like your stomach is eating itself.
>
> I now frequently go 18 hours without a meal, and by the 17th hour, I feel a vague sense of "Oh yeah, food would be nice right now, wouldn't it?" But I could just as easily work out, play a game of hockey, or take a nap.

I've been on both ends of this. When I was overweight and following the conventional wisdom that preached avoiding red meat, saturated fat and eating as vegetarian as possible, I was eating 5-6 times a day, and I had wildly fluctuating energy levels, a continually expanding waistline, and late afternoon energy crashes, and a feeling of being befuddled and groggy that required a 30 minute nap just to try and function normally.

Before the weight loss, it was the steady energy levels and no longer having to take a daily nap that was the first major change I noticed once I gave up the SAD and began eating primal. The weight loss took a few months to notice.

But for the first several years, I basically would call my diet "low carb" rather than paleo. I cut out all carbs except for cruciferous veggies. No potatoes. No rice. I still ate 3 meals a day. When I went hiking or hunting, I'd make sure to carry a bunch of snack food (paleo-type stuff, of course - jerky, nuts, cheese, meats etc.).

Upon encountering the practice of Intermittent Fasting in the paleosphere, I didn't really pay much attention to it at first. I basically skipped over any post I came across regarding the topic. After all, I had stabilized my energy levels, lost a bunch of weight and never felt better, why should I fast?

But the longer I stuck to eating primal, the less I felt like eating 3 square meals. Without consciously doing it at first, I began to skip my lunch and start only eating breakfast and dinner. Being a (former) cubicle jockey in business to business sales, I used to pack a daily lunch to eat at my desk.

After several days of not eating my lunches, I started paying attention to the intermittent fasting blogging from the

various paleosphere luminaries like Mark Sisson, Richard Nikoley, et al.

But it was J. Stanton's seminal post, Eat Like A Predator, Not Like Prey that finally gave clarity to the theory behind IF for me.

> Most importantly, now that you're no longer eating huge plates of sugar ('carbohydrates') and greasy seed oils, you'll find that big, hearty meals don't make you fall asleep. You'll also find that it's much easier to go without food now that your body is re-accustomed to burning fat.

Aha! This must be why I no longer had an appetite for lunch, given my daily breakfast of bacon, eggs, sausage, mushrooms etc. (fried in butter of course). I had now primarily become reliant on burning fat instead of carbs for my energy, and no longer needed to eat 3 square meals to keep my energy levels steady.

So I settled into a 2 meals a day routine for the past year. Than around August, Stanton posted another piece in which he wrote about hiking Mt. Whitney in a single day completely fasted.

Prior to this post, I had the idea that fasting while working at a desk all day was one thing...but taking on a rigorous physical activity while fasting?

So I thought I'd give it a try.

The next time I went hunting, I didn't eat my normal breakfast, and I didn't pack food.

The hunt lasted for about 8 hours, we caught a pig, and I had to pack it out with my partner...for the most part, carrying it uphill on our backs. Very intense exertion...with the only food in my belly coming from dinner the night before. When I was done, I was hungry, but not to the point of that shaky, sick feeling one gets when you are on the blood sugar roller coaster of a high-carb, SAD.

My experiences jibed with what Stanton related. So I weighed in with my own anecdotal commentary at his site to let him know I appreciated how his insight helped me gain my own:

> I laugh at my younger self…when my boar hunting was defined solely as nothing more than a recreational pursuit to engage in with my friends. I did not understand what I was really experiencing by participating in the most primal act of being alive. The experience of fulfilling the naturally ordained role of the human as an omnivorous predator.
>
> I used to pack my bag full of chips, nuts, candy, crackers, granola, energy bars, and gatorade, and have to continually snack while hunting Hawaii's mountainous rain forests to keep my energy levels up to deal with the rigors of hunting boar with a pack of dogs in rugged terrain.
>
> Now I hunt with only water in my pack. Like other predator species, I hunt hungry. To think an idea so simple — that a primal diet is optimal to engage in the most primal of pursuits — eluded me all those years as a young hunter. My former ignorance speaks to the level of propaganda and misinformation in our culture and its influence regarding our self-awareness of being a predator species.
>
> I was acting like a hunter, but still eating like prey.

> We live in a world socially engineered to indoctrinate the masses to make them ignorant of our species' ecological niche as an omnivorous predator in the cycle of life.
>
> Instead, we are inculcated into a mindset of being cattle in the great domesticated herds of "civilization."
>
> While hunting taught me the skills and knowledge to kill, clean and butcher prey, I did not embrace the logical conclusion of the hunt. I was squeamish about eating game when I had been raised on a lifetime of factory-farmed, manufactured feed products. I would only cut the most desired cut of meat from the pigs we caught (the tenderloin) and feed the rest to the dogs (they still get there share as their reward for catching it…but I take way more portions for my own family's use now), and throw the offal and bones away. I used to use heavily flavored and sweetened sauces to try and mask the game flavor of the meat.
>
> I was a squeamish hunter that did not truly relish the fruits of labor from the hunt.
>
> Now, I harvest the liver and heart. I boil the bones to make stock. My only seasoning on the cuts of meat I harvest, is salt and pepper.
>
> I relish the life sustaining harvest of the land.
>
> As an omnivorous species, we all have a choice to make: eat like a predator, or eat like prey.

Now I prefer to eat my 2 meals a day - breakfast and dinner, but the point is, I don't feel like I have to. I'll frequently do things like yard work or repair projects first thing in the morning, hours before eating the first meal of the day.

As Frost pointed out, going paleo actually freed him up from constantly thinking about, planning and preparing numerous meals.

Predator species hunt, kill and gorge. It may be many hours or even days before they have another successful kill. If they required food to fuel them up for every single instance of physical exertion, most predator species would die of starvation, as one failed hunt would quickly lead to the lack of energy to successfully try to hunt again later.

Is "paleo" a "fad diet" as many detractors continually say? Last I checked, a "fad" diet CAN'T be adhered to for 5 years and counting like I've experienced.

A fad diet is typically nothing more than changing the type of foods you graze on or how often you graze. You may temporarily lose weight, but as long as you do not eat in accordance with your physiological design, you will always experience health problems.

Similar to the cows put into feedlots that require massive doses of antibiotics so that they do not sicken and die while being fattened on feed they were not designed to eat...eating foods you were not evolved or designed to is a recipe for ill health, and premature death.

Eat like a predator and find out for yourself.

Happy hunting.

Rockefeller Economics

Keoni Galt · 5 December 2011 · Archived copy · Original



Lew Rockwell columnist, Gary North, published a piece today that explains exactly how colleges, Universities and the mainstream media eventually anointed Keynesian economics theory as the only "legitimate" economics theory to be studied, discussed and implemented as official government policy. Everything else is considered fringe, or irrational supporters of an "already proven to have failed" Gold standard money system.

In short, the so called "conspiracy theory" is true.

In the exact same way the Rockefeller Foundation funded the feminist movement through Womynz Study Programs, and the funding of Albert Kinsey's research and report that mainstreamed and normalized sexual deviancy, as well as funding Margaret Sanger and Planned Parenthood, so too did this entity buy out the study of economics.

Gary North points out how:

> Higher education in the United States was transformed by Rockefeller money, beginning in 1902: the General Education Board. The GEB made grants to colleges only if they hired Ph.D-holding graduates of a handful of universities, which alone granted the Ph.D. This way, the universities could indirectly take over the rest of the colleges, which were mostly church-related. The strategy worked.
>
> Rockefeller's academic empire included the University of Chicago, which he founded. From the turn of the 20th century, the University of Chicago's department of economics repudiated the use of gold in monetary affairs.

From 1902, the Rockefeller foundation used it's immense wealth to essentially buy higher education in this country. From that point on, it only took 11 years for the Rockefeller-bought PhD economists to promote a paradigm that eventually led to the creation of the Central Banking Cartel, the Federal Reserve.

This is why, as North points out:

> There has never been a college textbook in economics that called the FED a government-created cartel that exists for the sake of the largest banks. This outlook shapes the thinking of the students who get certified to teach. They are literally unable intellectually to apply the economic theory in the chapter on cartels to the Federal Reserve System, despite the fact that the theory in the cartel chapter fits seamlessly onto the facts of the FED. Support of central banking is basic to the entire curriculum in modern economics.

The Rockefeller Foundation did more than use grant funding in the early 20th century to influence the entire study of economics. The Federal Reserve Cartel itself has continued the practice as well. North explains:

> For decades, the Federal Reserve's Board of Governors (government) and its 12 regional banks (privately owned) have spent tens of millions of dollars (created out of nothing) handing research jobs to academic economists. **The FED has literally bought off the profession.** This story was concealed for years by the FED and its bought-off defenders, but it has recently surfaced.

North then links to the following Huffington Post article, Priceless: How The Federal Reserve Bought The Economics

> The Federal Reserve, through its extensive network of consultants, visiting scholars, alumni and staff economists, so thoroughly dominates the field of economics that real criticism of the central bank has become a career liability for members of the profession, an investigation by the Huffington Post has found.
>
> This dominance helps explain how, even after the Fed failed to foresee the greatest economic collapse since the Great Depression, the central bank has largely escaped criticism from academic economists. In the Fed's thrall, the economists missed it, too.
>
> "The Fed has a lock on the economics world," says Joshua Rosner, a Wall Street analyst who correctly called the meltdown. "There is no room for other views, which I guess is why economists got it so wrong."

Of course, it must be pointed out here that the Rockefeller's were instrumental in the creation of the Federal Reserve...not just by buying out the economics academic establishment, but also through "supporting" politicians who pushed through the Federal Reserve Act in the first place. This connection is noted at Wikipedia (for which I will not link to, but only point out here that Wiki does represent the so-called mainstream, politically correct source of info, and they too note the Rockefeller/Fed connection). This connection is not just in the minds of what useful idiots and misinformation disseminater's would claim is nothing more than the fevered imagination of "conspiracy theorists." The key politician behind the Federal Reserve Act was Senator Nelson Aldrich, John D. Rockefeller's *son-in-law*. From the Wiki article on the Federal Reserve:

> In early November 1910, Aldrich met with five well known members of the New York banking community to devise a central banking bill. Paul Warburg, an attendee of the meeting and long time advocate of central banking in the U.S., later wrote that Aldrich was "bewildered at all that he had absorbed abroad and he was faced with the difficult task of writing a highly technical bill while being harassed by the daily grind of his parliamentary duties".[25] After ten days of deliberation, the bill, which would later be referred to as the "Aldrich Plan", was agreed upon. It had several key components, including a central bank with a Washington-based headquarters and fifteen branches located throughout the U.S. in geographically strategic locations, and a

> uniform elastic currency based on gold and commercial paper. Aldrich believed a central banking system with no political involvement was best, but was convinced by Warburg that a plan with no public control was not politically feasible.[25] The compromise involved representation of the public sector on the Board of Directors.[26]
>
> Aldrich's bill met much opposition from politicians. Critics were suspicious of a central bank, and charged Aldrich of being biased due to his close ties to wealthy bankers such as J. P. Morgan and **John D. Rockefeller, Jr**., Aldrich's son-in-law.

The Federal Reserve is not just a banking cartel with the exclusive rights to create money out of nothing - fiat currency - it has also established a cartel in economics research and study in both higher education and in the media. This is how they control the narrative to maintain their hold on the ability to enslave We the Sheeple with the modern day system of Bankster-run Serfdom.

As Ron Paul continues to gain momentum with his End the Fed campaign, he's not just taking on the Federal Reserve system, he's taking on the entire establishment of academic and mainstream media economists and think tanks...an establishment that should rightly be identified as Rockefeller Economics.

I want Gingrich as the GOP Candidate

Keoni Galt · 12 December 2011 · Archived copy · Original

[image]

Does this mean I plan on voting for him?

Hell no. I quit voting.

Got better things to do with my time than register and stand in line on election day to carry out a symbolic gesture that really amounts to nothing but reaffirming the status quo of our Brave New World Order and it's current trajectory.

Yes, I support Ron Paul and his "End the Fed" platform.

But I also believe we would be best served if Newt Gingrich were to become the GOP candidate to face Obama in '12.

Why?

If Ron Paul is exactly who he portrays himself as - a strict constitutionalist and avowed enemy of the federal reserve system - a legit electoral win by him will only end up with the good Dr. sharing the fates of JFK and Lincoln: those who control the fiat currency cartel system will never allow a substantial challenge to their monopoly on manufacturing debt-based money for their profit and our servitude.

I want Newt to be the candidate, because I believe his candidacy would wake up a hell of a lot more people to the reality that our "two-party" political system is nothing more than a charade designed to divide and conquer the masses. He's got plenty of baggage that would make many Social Conservatives stay home in disgust, or perhaps wake up to the truth of our so-called "two-party" system.

In either case, it really doesn't matter.

See, whether Obama or Gingrich "win" the presidency, their victory really represents the only true party in today's system: the Council on Foreign Relations party.

Now just exactly who are the primary founders of the CFR? Why, it appears to be the same folks who helped found the Federal Reserve system.

From John D. Rockefeller Jr.'s Wikipedia page:

> "...crucially funded the formation and ongoing expenses of the Council on Foreign Relations and its initial headquarters building, in New York in 1921."

Imagine that.

From Newt Gingrich: Cashing In On His Political Connections

> Every administration since Woodrow Wilson has staffed their major cabinet positions with members of the CFR, and Newt Gingrich has been right there since 1990 as one of their most articulate and distinguished members and spokespersons. He was already a member of the CFR for five-years before he became the Speaker of the House of Representatives.

We either vote for the CFR Donkey candidate or the CFR Elephant candidate. In either case, we end up with a CFR President and the CFR agenda continues as it always has.

Vote for change?

Not possible when your only available options all come from the same place.

Comparing 1.0 to 2.0

Keoni Galt · 12 December 2011 · Archived copy · Original

[image]

Vox Day was at the forefront of the blogosphere and most of the mainstream Rockefeller Economists several years ago when he predicted the recession of 2007 would turn into the Great Depression 2.0. He even wrote a book entitled The Return of the Great Depression that came out in 2009, long before most other economists even began to have an inkling that the housing bust would lead to the return of the big D. Here we are, 2 years later, and the premiere Rockefeller Economist cheerleader and partisan hack, Paul Krugman, is finally getting around to admitting what Vox has been forecasting for years now.

I was in agreement with Vox back when he first began predicting this. I've been calling it "Great Depression 2.0" to my family, friends and acquaintances for a couple of years now. Many of them laughed when I first began using the phrase. Many no longer laugh when they hear me use it...and a few have begun using it themselves.

Yet many folks still remain oblivious. They don't understand what the huge fuss is. Things SEEM to be not too bad.

It got me thinking about the differences between Great Depression 1.0 and the current iteration:

- Unlike the 1.0 era, we now have a near majority of Americans who are Government employees. In Hawaii, the State Government is THE largest employer. While Government employees are supposedly paid their salaries and collectively bargained benefits with tax revenues raised from the private sector, we are now in a state for which Governments are simply borrowing astronomical sums of debt-based fiat currency to keep the illusion of running an already broken and unsustainable system going.

- During 1.0, the American society was a far different structure than it is today. The nuclear family was still the foundation of society. Men were by and large family men and dedicated providers. Women were housewives and mothers, and they supported their men as they struggled to find work to provide for their families. The lack of work led to mass migrations of families, with Heads of households looking for work to provide for their households. When there was no work to be found, they depended on charities (most of which were religious-driven) soup kitchens. Now, everyone is living off of extended unemployment benefits and the EBT food stamp system. No one need look for work, just wait for the government check in the mail.

- In our current era, we have an almost infinite supply of technologically driven distractions to keep the masses mollified. Some of the greatest entertainment spectacles available through mass media broadcasting offers mass distraction to every corner of the globe. During the decline of the Roman empire, citizens had to travel to the nearest arena to see the latest spectacle. Now, you just have to turn on a tv or computer or your "smart" phone.

- While Government debt financing has helped to keep the illusion of our unsustainable system going, the same holds true on a personal level. Many folks are living off of their credit cards and equity credit on their houses to keep up the urban and suburban lifestyle appearances of the 21st century.

Despite the many differences between then and now, I still think the end results are still going to be horrific and ghastly.

1.0 purportedly ended with World War 2. Millions of lives were ended, many cities, homes and societies were utterly devastated in the last great war.

We are now in approximately the 5th year of Depression 2.0. If History truly does repeat itself, we are only about halfway through this, and things are going to get much, much worse. The hard times are going to get a lot harder in the near future. When the welfare state ultimately collapses, mass starvation and civil unrest is assured.

I believe that there is no politician or political party that we can elect that is going to make a damn bit of difference. The system is what it is, and this economic disaster is the unavoidable results, regardless of who is in power - CFR Donkeys or CFR Elephants will continue to run the script that got us to this point, and is leading us to a predetermined outcome.

Something more spectacularly disastrous than WW2 is going to be the catalyst the ends the our Great Depression 2.0. Some sort of disaster which leads to permanent changes for society and the way we all live our lives - a New Order of the Ages.

Quit Being a Quitter

Keoni Galt · 13 December 2011 · Archived copy · Original

In my post advocating Newt Gingrich becoming the GOP Presidential Nominee, I stated that I quit voting. I haven't voted since 2004.

I just read latest post from Wes Messamore, the Humble Libertarian:

> There has been some major movement in the Republican Presidential race in Iowa over the last week, with what was a 9 point lead for Newt Gingrich now all the way down to a single point. Gingrich is at 22% to 21% for Paul with Mitt Romney at 16%, Michele Bachmann at 11%, Rick Perry at 9%, Rick Santorum at 8%, Jon Huntsman at 5%, and Gary Johnson at 1%.
>
> Gingrich has dropped 5 points in the last week and he's also seen a significant decline in his favorability numbers. Last week he was at +31 (62/31) and he's now dropped 19 points to +12 (52/40). The attacks on him appear to be taking a heavy toll- his support with Tea Party voters has declined from 35% to 24%.
>
> Paul meanwhile has seen a big increase in his popularity from +14 (52/38) to +30 (61/31). There are a lot of parallels between Paul's strength in Iowa and Barack Obama's in 2008- he's doing well with new voters, young voters, and non-Republican voters:
>
> -59% of likely voters participated in the 2008 Republican caucus and they support Gingrich 26-18. But among the 41% of likely voters who are 'new' for 2012 Paul leads Gingrich 25-17 with Romney at 16%. Paul is doing a good job of bringing out folks who haven't done this before.
>
> -He's also very strong with young voters. Among likely caucus goers under 45 Paul is up 30-16 on Gingrich. With those over 45, Gingrich leads him 26-15 with Romney at 17%.
>
> Looks like Mitt Romney has gone the way of Hillary Clinton, the establishment party pick in the 2008 Democratic Primaries:
>
> Like the great, fallen front-runner of 2008, here is another well-funded, Establishment-blessed, presumptive nominee whose supposedly firm hold on his party's greatest prize seems to be slip-sliding away.
>
> There are differences to be sure, most centrally that Romney has yet to face a Barack Obama-like, central foe (though Newt Gingrich is now auditioning convincingly for that role) but instead has fought a series of rear-guard actions against a series of candidates-of-the-moment.
>
> Right: Mitt Romney is going the way of Hillary Clinton. Wrong: Romney does face a central foe who will unseat him-- Ron Paul. The media-- including the article quoted above-- simply isn't reporting it. But it's happening.

If by some miracle Ron Paul does win the GOP nomination, I will quit quitting on voting. I'll get off my ass and re-register and go and vote. I'll even get my wife to re-register and vote for him too.

END THE FED!

Quiplinks V: Anti-Christ 2012 Edition

Keoni Galt · 14 December 2011 · Archived copy · Original

[image]

Down-low brother getting the lowdown on the down-low, 666 style. - Tex Arcane

There are actually only two distinct candidates in the 2012 election. There is Ron Paul, who represents the U.S. Constitution, and there is Newt Romney O'Bama, who represents the Bank Party. - Vox Day

I'm happy to announce that I've declared jihad on fat American women. - Roosh

There is no way the Prophet could have predicted, with all his infinite wisdom, that one day a single woman would have the girth of two. - Muhammed V

By raising women's status and emphasizing "equality," feminism has performed the psychological equivalent of a clitoridectomy on our society's women. - Welmer

The female strategy has always been to nag and manipulate until men stop doing what men want to do and start doing what women want them to do. - Jack Donovan

The military is really looking for stupid individuals who haven't figured out what Empire wants from them so they've taken the example of video games and turned their recruiting into, "Join, it'll be just like a video game!" - Simon Rierdon

Off the clock, who cares how you spend your time? My life away from work is my own. Only the slave concerns himself with the value of his non-earning activities. - An Unmarried Man

How can so many people not notice what is going on? - Alte

In other words, Jesus ain't the reason for our present tumultuous and discordant season. - Ulysses

Most 'professional' women are forced into an uncomfortable choice in life. - Rollo Tomassi

The only way game works is if it takes a realistic appraisal of human nature. - Roissy

Roissy was the voice that clarified a unified theory of these three separate fields: Seduction, Sociobiology, and Conservatism. - Frost

One way to look at the history of feminism is consider it as men and women working to remove women's fears. - Dalrock

For those waiting for my endorsement (and I know you are) it is, of course, Ron Paul. - Default User

There's no point in trying to band-aid the bullet holes on this country gasping for its last few breaths of greatness. -

Terry

People are funny creatures. They don't care about real things nearly as much as they care about imaginary things. - Delusion Damage

And remember everybody - violence against women must be stopped...violence against men - like a man being drugged, tortured, abused and sexually mutilated - gets good ratings. - Scarecrow

Get ready for some amazing parenting advice from a dude who doesn't actually have kids! - Bronan

Men should remember that when a woman's reaction to something is out of all proportion to the stimulus, there is something deeper that is troubling her. - 7man

In the matriarchy, breast cancer is not about breast cancer any more than rape is about rape. - Alcuin

What patriarchy built, hypergamy has tore down. - Peacemaker

Makes me wonder what the remaining 60% are smoking. - Johnny
MILFquest

As with health care, costs rise when the government distorts the market. - G.L. Piggy

We have set up a system which guarantees that everyone will have their heart broken at least once. Why the hell did we do that? - Cassandra Goldman

If you start running from the truth no matter how ugly, you'll have to keep running and it's very tiring in the long run… - Omnipotron

Blue Collar Blues

Keoni Galt · 17 December 2011 · Archived copy · Original



As I mentioned previously, I've been working the blue collar trades again to make ends meet. Been meeting a whole bunch of new guys I work with, and like most men who labor together for hours, we start to share our life stories.

I literally work with an entire crew of men who are all forced to work under-the-table just to survive, because working above board and on the books would result in garnishment of their wages by the State of Hawaii child support enforcement bureaucracy.

These are guys in their mid-40's with ex-wives getting 60% of their unemployment checks garnished...and unemployment checks are only a fraction of what these guys used to make before joining the swelling ranks of laid off workers in our Great Depression 2.0.

One guy's story is especially maddening.

He came home one day because a job had gotten rained out, only to find the mother of his two children getting her ass nailed to the bed by their neighbor. He went nuts punching holes in the wall and breaking things (but never touched her) while the neighbor ran out of the house. The cops got called and he ended up getting arrested for domestic violence.

She ended up with the house and a child support settlement.

He drives an old beat up pickup truck, she drives a lexus.

He lives in a small apartment, she a three bedroom house in an upper middle class property in suburbia, and her never employed loser boyfriend lives with her and the two kids.

She hasn't had any kind of job in 20 years. He's essentially paying her to live a comfortable life for her and her live-

in surf bum fuckbuddy.

She gets 60% of his unemployment check, forcing him to find under-the-table work just to pay his own rent, food and transportation bills.

She regularly denies him visitation. He's filed more petitions than he can count to force her to allow him time with the kids he's supposed to have under their court adjudicated divorce settlement. They never enforce her violations of his visitation rights. The only thing he ever gets told is to file another petition. He finally gave up in frustration.

His son is now in his late teens...and he, like so many other boys raised in the typical broken home of our brave new world order, has gone off the rails and gotten involved in petty crimes, drugs and is now in rehab.

And now the ex-wife is telling him that once the boy turns 18, she thinks it would be better for the boy to come live with him in his one bedroom apartment.

While he is like most guys, a blue pill dude all the way, he fully comprehended the injustice of it all. He noted that of course, as soon as the son was no longer going to bring her child support revenue, only then does she now want their son to spend quality time with him.

In my new-coworker's words "Unreal, yeah? I'm basically a slave to her! I'm barely making ends meet, and she's buying jewelry and a new car ever few years...all paid for with my sweat and hard work!"

That's when I quipped "Now you know the truth. They call it No-fault divorce, but they treat it like it's "his-fault."

He laughed when I said that. He said he could only laugh now, because he'd spent so many hours just driving around the island while crying.

I assured him that I indeed knew very well precisely what he was talking about. His story is all too common nowadays. But he is finally hopeful. Despite realizing his ex is playing the system to the hilt, he's still happy to finally have a chance to get to know his son again and try and help him regain a shot at a productive, non-criminal life. And his daughter is only 13, so he's only got 5 more years left of his unjust peonage to his cheating whore and parasite of an ex-wife.

The real travesty of it all is just how common this whole system is. The family court system is a vampire, sucking the life blood of civilized society, one broken family at a time. This is unsustainable in the long run. I've seen this story so many times now in friends, family and acquaintances. Most people never grok the big picture of it all, because they are so consumed with the personal details of their own personal tragedies the system mires them in.

My co-worker told me "the system is broken."

I disagreed. The system is doing precisely what it was designed to do. He asked me what I meant.

Time to hand out a red pill.

I told him that the Federal Government literally matches the funds for every dollar taken from his check in child support. He knew that...he just never considered the implications of it. I said "Think about it...the Federal Government is literally paying the State of Hawaii to break up families like yours. It's an industry unto itself. It's official government policy to break up families. All those social workers and courts...they make their entire living doing what they did to you, to men all over the country."

He was speechless for quite awhile, working while thinking about our conversation intently.

Despite becoming a commonplace experience, most people fail to realize the larger truth that the broken family subsidized by the garnished wages of the working man **is** the Government preferred family model of our Brave New World Order.

The Sun Rises in the East

Keoni Galt · 24 December 2011 · Archived copy · Original

I started writing this comment, than realized it reached post-worthy length, so here it appears, rather than where it was originally composed.

I like Susan Walsh and her blog, Hooking Up Smart.

Interesting blog, interesting perspective, unique comment section.

That being said...after reading this entire thread and it's comments, Dalrock's take on this entire conflict looks accurate to me:

> *Susan appears to have taken my repeated efforts to keep any disagreement from becoming personal as a sign of weakness. Instead of debate the issue, she scolded me like a dog which just soiled the carpet. She has never yet either defended her claim or withdrawn it. In place of debate, she kicks up dust and makes accusations. She wanted to make it personal; she outright insisted. So be it.*

Logic has cornered Feminine emoting.

Is Frivolous Divorce Overstated in the Manosphere?

Not just no, but HELL NO.

In the face of indisputable logic, dissembling is the female's primary defense.

This is what Susan is doing here.

Saying so does not mean I am "piling on" or "attacking" her (please note the first line of this post).

I'm just pointing to the rising sun and saying - "The Sun rises in the East."

When a woman engages her emotions because she feels attacked, this is what she defaults to. I've been married for 14 years and counting now, and believe you me, I understand this perfectly.

It's a very hard earned wisdom to learn to recognize this dynamic in action between your wife and yourself. Ignorance of this nearly lead to a frivolous divorce of my own on several occasions.

All women do this when they FEEL attacked...and it's obvious that Susan feels attacked here.

Dalrock has consistently reminded her (and everyone else) that he's endeavored to keep the debate impersonal and respectful, and focused solely on the conflicting ideas:

> @Susan Walsh
>
> I'm no victim, just a realist. Dalrock has had me in front of the firing squad several times before, lol.
>
> This only makes sense if your definition of "firing squad" is "challenged me to back up my statements in a non personal way". I've gone out of my way to frame any disagreements we have as not personal, and have repeatedly asked my readers to offer you the same courtesy. I only wish you had responded in kind. This is a sphere of intellectual debate, sometimes involving strong intellectual disagreement.
>
> That you can't separate this from the personal suggests to me that you aren't cut out for what you are doing. You have a worldwide platform, are mentioned in the national media, and I'm sure have thousands of hits a day on your site. Yet you want to be allowed to say whatever you want as "your own truth", and anyone who challenges this (even while taking pains to make it non personal) is a mean man who hurt your feelings.

IMO, Susan has failed to refute Dalrock's logic and he has accurately called her out on her dissembling.

All that being said, I'm not commenting here to declare a winner.

(I still like Susan, her blog and I still endorse that others continue to read her.)

Rather, I'd like to make an observation:

This entire debate is similar to an argument between a husband and wife, in which the husband is arguing with logic and the wife is arguing with emotion.

Logic vs. Emotion = masculine frame vs. feminine frame

The thread is an excellent example of Dalrock demonstrating "married man game" in this debate.

Of course, for a happily married father in a post-feminist world, he makes it look effortless.

It's much harder for a husband who is not aware of the subtext of his logic-based argument vs. her emotion-based response frame of interaction with his wife, and mistakenly thinks that they are both discussing a point of logic.

Husbands don't like to see their wives upset or angry. When we don't know any better (take the blue pill), we seek to appease and end the emotional onslaught, even when we know we are logically correct.

This is precisely how the AMC (Average Married Chump) often finds himself "winning" an argument, but still losing it in the long run. That's because he acceded to her frame instead of reaffirming his own.

You proved your point, you were 100% correct...yet you're still sleeping on the couch.

See the similarities with this current debate?

Because Susan is generally well regarded in the manosphere (note regular manosphere commenter Clarence's vigorous defense; note once again the first thing I wrote in this comment,) and has had good will and a history of positive interactions with Dalrock and many other manosphere bloggers, Dalrock could have relented his frame and

offered Susan an easy out here and not held her feet to the fire of his logic in an effort to soothe this all over.

"Can't we all just get along?"

This is the temptation husbands face with upset wives.

Take note men. When you are right, and you know it...act like it, no matter how upset she appears to get, no matter how much of a soft spot you may have for her. That is the only way **you both** "win" an argument.

BTW

Keoni Galt · 24 December 2011 · Archived copy · Original

Merry Christmas

Voting For Our Perpetual Enslavement

Keoni Galt · 31 December 2011 · Archived copy · Original

[image]

Up until the second George W. Bush term, I took the "lesser of two evils" approach to voting. I registered, I stood in line, and I "exercised my freedom" to "do my part" to chose my new set of rulers for the next period of time.

A single trite statement at Vox Day's blog woke me up from this dialectical belief in voting I had been brainwashed with: voting for the lesser of two evil's is still voting for evil.

Since abandoning the voting booth, I've only become more steadfast in my belief that abstaining from voting is the only logical course of action under the two-party system. Now...if Ron Paul wins the GOP nomination, and he actually makes it alive to the General election, I'll re-register, get in line and cast my vote for the man who represents literal good versus evil, freedom versus tyranny...or to put it more starkly - the first non-Federal Reserve/Council on Foreign Relations stooge to have a realistic shot at the Presidency in my lifetime.

Because unless you vote for someone who stands for obliterating the status quo and ending the Bankster Party's 98 year stranglehold on political power (they've run the show since the Federal Reserve Act was passed in 1913), voting for any other candidate than one opposed to the Bankster party's agenda is simply assenting to our collective Slavery.

Gary North describes it plainly in his latest post:

> Whenever any would-be borrower approaches a lender for a loan, he must be prepared to offer collateral, just in case he cannot repay the loan. If he defaults, the lender wants to be able to gain possession of the collateral, and obtain it quickly.
>
> Every government that uses bond sales to maintain its level of expenditures must offer collateral. This collateral is **its ability to extract sufficient revenue from those people under its jurisdiction** so that it can make interest payments on the bonds.

As North titled his article: **YOU** ARE WASHINGTON'S COLLATERAL

Think comparing a typical American voting tax payer to slaves is a bit over the top hyperbole?

North makes an analogy that clearly shows that in fact calling voting taxpayers complicit in their own slavery a literal statement of fact:

> In the South of 1850, a planter could buy slaves on credit. He pledged the future productivity of his slaves as collateral for the loan. He made sure that he extracted sufficient wealth from the slaves to pay off his loans. He lived well. They didn't.
>
> Why did he borrow? In order to buy more slaves. He used leverage. He built his plantation with borrowed

> money and the heirs of kidnapped victims. It was good business.
>
> The typical voter thinks of himself as a free man. After all, he has the right to vote. He does not think of himself as a slave. While trade union organizers – a truly hopeless career these days – still use the phrase "wage slave," it never made any sense, either legally or economically. A worker can legally walk away from his employer. A slave cannot.

What happens if you refuse to pay your taxes on money you earned with your own labor? Our slave masters will show up with guns in your face and convert you from a productive slave into another make-work project for the Industrial-Prison complex.

> Washington has borrowed more heavily than any planter ever dared to or could do. Why so much debt? To get more leverage today. What is being leveraged? Promises. Voters trade votes for government promises. This system requires an ever-increasing supply of slaves in order to pay the interest on the debt. Problem: the rate of population growth is slowing. There will not be enough slaves to pay off the debt.
>
> Voters have not thought through the implications of government debt. They do not perceive themselves as collateral for loans. But they are. This is the meaning of the phrase, "the full faith and credit of the United States government."

This is the reality behind the admonishment of those of us who see "democracy" for the illusory lie that it is. "The Right to Vote" is nothing more than a mass delusion of implied consent to the systemic enslavement of the people to the State.

If you vote, and you base your vote on the idea that the politician you are voting for has suggested some policy or platform that involves using tax dollars to achieve it, you are complicit in your own slavery.

Often times, when I write a post like this, I often get negative feedback from commenters that I'm condescending or coming across as thinking myself superior to the average citizen. The phrase "sheeple" seems to offend many.

My fellow tax slaves, I'm no better off than you. When I say WE THE SHEEPLE, I am including myself in that statement.

I'm every bit the slave you are.

The only difference is, I've decided I will no longer go along with it as much as possible. I will resist wherever and whenever I can.

As long as we have a Central Banking Cartel system based on fiat currency and fractional reserve banking, and a government that finances it's operations by borrowing from that cartel using WE THE SHEEPLE's future labor earnings extracted by force as it's collateral, a vote for any politician who is NOT seeking to end the Federal Reserve Banking system and the Government borrowing endlessly from it, is a vote assenting to your own slavery.

I am a slave like anyone else in today's Brave New World Order. I do not vote, because I do not wish to be complicit in my own slavery.

In the 2012 election, Ron Paul is the only vote that would be a vote against our collective enslavement.

I'd like to wish all my readers a happy new year. I can't believe I've been doing this blogging thing for 5 years now. Thanks to all for your reading, and thanks to all for your commenting.

Hau'oli Makahiki Hou

There Are Two Abusive People in Every Abusive Relationship

Keoni Galt · 3 January 2012 · Archived copy · Original

A commenter at Henry Makow's website (Doh! A CONSPIRACY THEORIST WEBSITE REFERENCE! MOVE ALONG FOLKS, NOTHING TO SEE HERE!) made a very profound statement in response to the following article: "My Marriage is a Living Hell," - Tender-hearted man

*"There are two abusive people in every abusive relationship - the abuser and the person **abusing themselves by staying in the relationship**."*

In effecting the dramatic changes of society to forge our Brave New World Order, the social engineers struck at the root by attacking Patriarchal Marriage, and the biggest blow came from convincing people that if they are in "an abusive relationship," they are blameless victims justified in destroying there homes through divorce.

Any spouse unhappy with their situation can then interpret anything they like as "abusive" to rationalize vindictive divorce battles, infidelities, and other ruthless, family destroying behavior.

This mentality is the primary driver of frivolous divorce.

It is based on ignoring a basic principle of what constitutes a mature adult: personal responsibility.

Recognizing and accepting the consequences for your own behavior.

Take the initial article that inspired the comment -

> I have been married for 35 years, most of which have been a living hell. I've stayed married for the sake of my children and now that they are in their early twenties I still stay because I've been here so long.
>
> At 58, with a shitty pathetic economy, it's hard to imagine being able to sustain myself alone. I've left my wife over the years, three times in all. I always came back. My last exit was in 2008; I just couldn't take the brash hatred, angry aggression and abusive lashing out verbally any longer.
>
> I'm ashamed to say a few weeks later I had a panic attack and I thought I was losing my mind. I went back again but this time I was forced to go to "wife batterer's" meetings for six months. In their eyes, any affront to a woman is abuse, no matter how much she screams, throws things, gets in your face, drives you to the point of insanity.....it's still your fault. I found out later the instructor had an abusive father and could not believe a woman could be abusive. My thought was, "What a freaking idiot!"
>
> My wife is a full blooded Irish, with a temper from hell. You're so right as to how a woman who forces her way to control the home, her children and her husband castrates her husband.
>
> I feel weak, depressed and just wait to die. We haven't had sex in four years even though she says she wants to but the thought of it makes me want to puke. My wife is a wonderful woman but a horrible demon for a wife.
>
> Women who have borderline personality disorders or bipolar disorder should never be allowed to marry anyone. I think that's what she has, that and being the daughter of one of the biggest bitches I ever met....thank

> God she's dead now. I watched her father get nagged to death. My wife is a control freak who constantly complains about everything I do or don't do. She never shows me any respect and never has anything good to say about me. Conversely, she is convinced I'm the control freak who's tried to control her, her whole married life, the source of her unhappiness and so on. Some of our friends have seen a glimpse of what she's like but she hides it when anyone is around. Personally, I don't know any man who is in control of his home. Just as soon as you want to do something they don't like, you'll find out how much control you don't have. I also believe women are the most evil creatures God ever created.
>
> I'm a sensitive man, tender-hearted and kind. This is not to say or imply I'm a weak kneed wimp, far from it. I spent 12 yrs in the Navy and I have no problem getting in somebody's face if its needed.
>
> But I, like many men, am starving for affection, kindness, respect and an ounce of tenderness from their spouse or any woman for that matter. This is one reason, so many men cheat on their wives...no affection at home. On the other hand, it's also one of the reasons why some men turn out to be crazy killers....don't worry, I have a conscience and couldn't ever do it. I'd be quicker to do it myself just to stop the pain. The Illuminati is doing a damn good job of destroying men.
>
> One bit of advice I give people who are considering being married is this, "Look at how your girlfriend or boyfriend's parents treat each other. Watch how the mother treats her husband, because if you're a man....that's how you're going to be treated. It's also how she is going to expect to be treated, good or bad." I wish I knew then what I know now.

This poor sap's story is sad on so many fronts...but the worst of it is to see how thoroughly he's adopted the "I'm a victim" mindset. Any woman who has ever filed for a restraining order for domestic abuse, or has gone through numerous break ups and reunions with an abusive man could have written this entire complaint verbatim.

I've heard many a dissembling woman tearfully relating a litany of emotional and verbal "abuse" from her "controlling" boyfriend or husband, seeking to gain the sympathy of the listener. Back in the blue pill days, I'd fall for it too. Poor abused woman, trapped by an abusive asshole man!

In any case, this sort of victim sees nothing here for which he was responsible for. The only point he even comes close to it, is his advice at the end about observing a woman's parental relationship dynamics as a portend for how she will end up treating you.

While that certainly is good advice, it still doesn't absolve this guy from the responsibility he has to himself. The true abuser in this guys sad tale is the abuse he is inflicting on himself by rationalizing and justifying the reasons as to why he's stayed in the relationship, and why he continues to stay.

He calls his marriage a living hell.

It's a self-made hell.

Man or woman, you can only be as abused as you allow yourself to be.

Proud Member of the Paleo Conspiracy Cult

Keoni Galt · 6 January 2012 · Archived copy · Original

Interesting debate thread over at PMAFT's discussing Alek Novy's activities on teh interwebz. *(Hat tip to Chuck at GLP for bringing it to my attention.)*

Novy once wrote a very good post about why he links to blogs that other people may find objectionable.

I agreed with his premise, and like I do with any blogger who writes something I find interesting and/or compelling, I added him to my blogroll.

In 5 years of blogging, he remains the sole person I've ever bothered to remove from my blogroll.

His hysterical, over-the-top, ALL CAPS rantings against "gamers" and "paleo diet cult members" annoyed me to the point that I actually got off my ass and actually bothered to log in to my blogger control panel and delete him.

When it comes to "game" I really no longer give a shit about the entire "game" vs. "anti-game" arguments.

I have always supported, linked to, and regularly read MRA/MGTOW bloggers like Fidelbogen and Paul Elam, even if I disagree with their stated positions on game. Game is a personal, individual thing. A tool. Use it or not, YMMV.

If you read about the concept of game, and ruminate on it and reflect on your personal experiences...you either get it, or you don't.

Some folks are simply incapable of wrapping their mind about what Game theory actually represents. Because anyone who has an ounce of logic and critical thinking skills, can find the basic fundamentals of game theory for free on teh interwebz, and figure out how it applies to their own lives, their own history and experiences.

That's what I did. Hell, I did not pay a single dime to anyone for a damn thing related to game. The only game books I've ever read where Roosh's books...and I got those for free from some generous IP pirate that emailed me .pdf versions of Bang and Dead Bat in Paraquay. (Sorry Roosh...I'll at least say they were both good books and advise others that it would be worth their time and money to buy them!)

Other than that, everything I learned about this thing called "game" was from blogs and forums I found on the internet for free...before I ever heard of Roissy and his now infamous blog. (That's not to detract from Roissy at all...but Novy and his crew seem to think anyone that enjoys Roissy's blog is a cult member mindlessly worshiping him and incapable of thinking for themselves).

Gee, what a scam and conspiracy theory, eh? Reading some advice for free on teh interwebz, experimenting with it on my own to see if it works or not, than sharing my own results with others (for free) and comparing notes with others who tried the same sort of experiments.

My, how cultish, diabolical and conspiratorial.

But when it comes to Novy's unhinged diatribes against PUA community "gurus" and "masters," I actually agree with about half of his criticisms. There most certainly does exist a subset of slick marketers, fraudsters and

charlatans out to make a quick buck off of sexually frustrated men who are simply clueless about how to attract and seduce women. You don't need seminars, DVD sets, books, or e-newsletter subscriptions from so-called gurus. Just some self-awareness and critical thinking skills to digest and comprehend what so many other folks are discussing - for free - on blogs and forums throughout the manosphere.

But Novy's anti-game jihad is not why I'm writing this post. He really goes off the rails when he shoots off about the paleo diet being a "cult" and just another "fad diet."

Here's what Novy wrote about the "Paleo cult" -

“You end up eating less calories while believing calories don’t matter, and lose weight, and then attribute it to a conspiracy theory that tricked you into eating less.”

I responded over at PMAFT's:

> How about I eat 3000 calories of meat, egg, cheese and veggies sauteed in butter every day for a month.
>
> You eat 2500 calories of twinkies, cookies, crackers, cake, soda, ice cream and candy every day for a month.
>
> We can both follow the exact same exercise regimen, with you eating 500 calories less than I.
>
> What does logic and scientific inquiry lead you to understand what would happen where we to conduct such an experiment?

No response yet.

The more I think about it, the more I've come to revile this simplistic, idiotic notion that the be-all-end-all consideration when it comes to diet, is based on counting calories, and burning more calories via exercise than you eat.

See, the Paleo "cult" is not concerned with WEIGHT LOSS as it's ultimate goal. This is why it is not a "fad diet." The primary concern is eating *real* food that is nutrient dense. Nutrient dense foods allow the body to function the way it was designed/evolved to. Weight loss is just one aspect of the health results one gets when they remove modern, processed junk food from their diet.

When I "joined the cult" back in 2007, I was overweight and approaching the obesity point (despite a regular regimen of weight lifting, martial arts and other physical recreational activities like surfing, diving, hiking and hunting). I was certainly starting to transform into a "Hawaiian blob." I was trying for years to eat healthy according to the conventional wisdom - low-fat/whole grain/lots of fruits and vegetables. Didn't matter, still got fatter.

Just like "game," I discovered the Weston Price Foundation, and than later on the Paleo "cult" blogosphere. Again, I paid exactly $0.00 to read and apply the principles of the WAPF Nourishing Traditions & Paleo diet concepts. Within the first 3 months, I lost all the excess weight. My growing "beer belly" shrank to nothing. I went from 225 lbs. to 185.

That was over 4 years ago. When I stepped on the scale tonight, I was 186. At 38 years of age, I look, feel and perform in better shape now than when I was 28.

Must be the "placebo effect" of being a brainwashed cult member.

Since then, I've come to understand that "paleo" is about so much more than simply losing weight. It's not a "fad diet." It's simply about understanding the difference between real, wholesome foods and how they provide nutrition for the body....versus man-made, mass processed crap that makes you sick when you consume enough of it over a long enough period of time.

Aside from the weight loss, and keeping it off for 4 years and counting (gee...some fad diet there), I've experienced a number of other health benefits that come from eating a nutrient dense diet and avoiding the modern, manufactured, processed junk foods. But I'm sure those dramatic changes in health, stamina and strength are just more iterations of the placebo effects that only happened because I've been brainwashed by the paleo conspiracy cult!

I mean, why would I question the tenets of my cult?

Do you think 500 calories of fresh caught wild fish from the Pacific ocean, eaten raw, would have the exact same effects on your health as eating 500 calories of a factory farmed fish fillet, seasoned, breaded in white flour bread crumbs, flash-frozen, wrapped in plastic and shipped thousands of miles away...then deep fried in partially hydrogenated soybean oil typically used in most restaurant's deep fat friers? Do you really think there's no nutritional difference between the two?

500 calories is 500 calories!

How about 800 calories of grass fed beef steak, pan-fried in grass-fed butter...versus 800 calories of lean chicken breast fried in non-stick, non-fat (aka soybean oil) cooking spray? No difference? Really?

After all, calories are calories?!?!

Just eat less and exercise more!

Anything more than that means you're just a delusional cult member fooling yourself with the placebo effect!

Ah...but don't take it from me.

I'm just a "Hawaiian blob" and a "conspiracy theorist."

How about this recent article from the Vancouver Sun: Trans fats linked to brain shrinkage

> Some trans fats are found naturally, in small amounts, in dairy products, beef and lamb, but the trans fats in the study are hidden in cakes, flaky pastries, potato chips and other fried, frozen and processed food. Trans fatty acids increase inflammation, make arteries harder and decrease heart rhythm, increasing the risk of cardiac arrest.
>
> Only a handful of studies have looked at the relationship between trans fats and brain function, Bowman said. "I think our study is one of the first to look at blood levels of trans fats related to brain health."
>
> Evidence suggests that trans fats can replace good fats in cell membranes, "and when that occurs it changes the structure and chemical properties of the cell in an unfavourable way," Bowman said.

> "Trans fats are known to be bad for cardiovascular health," he said. "It makes sense that they're probably bad for the brain, too."
>
> He recommended avoiding processed foods that list "partially hydrogenated oils" on the ingredient list. "That's trans fat," Bowman said.

This article sums up the difference between us paleo cultists and regular, sane folks like Novy and his crew of pro-establishment sycophants.

See, it doesn't take a genius to understand that our distant ancestors would have never eaten something like trans-fats created in an industrial facility from rancid, oxidized vegetable oils.

But hey....taking Novy's expert pronouncements to it's logical conclusion, why ingesting 500 calories of partially hydrogenated soybean oil (aka margarine) is no different than 500 calories of Grade AA grass-fed butter! To believe otherwise is just the placebo effect caused by the delusions that come with joining a cult!

If that's the case, than I am happy to say that I'm a proud paleo-conspiracy cult member. Wouldn't you like to join the cult too?

Let me know and I'll set up your initiation ASAP.

Pau Hana

Keoni Galt · 12 January 2012 · Archived copy · Original

[image]

Been earning my living and fulfilling the provider obligations to my family by the sweat of my brow, 6 days a week. Hard work makes for thirsty work. Here in Hawaii, when a hard day's work is done, we say *"Pau Hana!"* -- the work is done.

Pau hana means it's almost time for the ritual imbibing of libations enjoyed by most blue collar workers everywhere. You know, that time of day one looks forward too while laboring for hours under the sun's radiant heat: **BEER:30 PM**

Those of you in colder, wintry climes reading this, it may same like I'm complaining...*e kala mai* {excuse me} but I'm not. I love the heat of the sun, but it is tiring to work long hours in 80 degree tropical sunshine with my shirt off at mid-day, working on my tan in the middle of January.

Hard my life, yeah? lozlolzlol

By the time I get home after a day of labor in the tropical sun, I've already had a couple of micro-brewed, high alcohol content (typically 6-9%) pale ales. The fasted exertion of working 8 hours without consuming anything but morning coffee, water and a cigar at lunch break, leaves me with a vague sense of hunger...but it quickly dissipates after the first gulp of a cold brew. The buzz starts to kick before the first ale is finished.

Imagine that. All those liquid carbs made from fermented grain mash on an empty stomach. I imagine it causes my blood sugar to spike pretty high. Shhhh...don't tell anyone! Wouldn't want to get kicked out of the paleo conspiracy cult by the more zealous paleo diet adherents!

By the third ale, I'm at home and freshly showered and playing with paleo baby - who is now more like paleo toddler. Then the wife serves dinner and suddenly the sight and smell of a hot plate of home cooked, real food, reawakens the ravenous beast in my belly. I devour my food, than finish with a dram or two of either Scottish single malt or some of Kentucky's finest straight whiskey, and then it's time to log on and check the email and read up on the blogroll with a nightcap.

Ideas for blog posts come to mind, but lately I've just been too tired and buzzing pleasantly from the ale and whiskey to feel the mental energy required to go through with signing in here and start composing a new post.

I'm no longer a cubicle desk jockey in which I'm logged on to teh interwebz 8 hours a day of alternating between my old virtual work and blog reading, commenting and writing. I've also had ideas for some more Spearhead and IMF entries. The old cliche about the older you get, the less time you have seems to take on new meaning. I'll get around to those ideas eventually.

As much as I enjoy the extemporaneous composition of writing posts, I enjoy reading more. Sometimes I read blogs and comment threads til I'm nodding off. Blogging ideas oft come to mind when I first log on, but they remain unfulfilled and filed away for future effort when I lose the time in reading other people's posts and comment threads.

The only reason I'm writing right now is because I decided to do a quick check today on the level of substance dependence I may or may not have developed as of late. I abstained from my now customary stop at the grocery store on the way home for some micro-brew. Nor did I indulge in a dram of my modest collection of cask-aged firewater.

No problem.

No feel of "need" or that I'm missing something.

Good. I may drink a bit too frequently, but I know it's still not hit the point of being a mental or physical crutch that I HAVE to have. But I do begin to suspect my lack of inspiration for blogging about the same old - same old has something to do with my now customary post-work libations. It's either have some drinks, relax, and go to bed and get ready for another day of hard work to support the family...or sobriety and the increase in inspiration and motivation necessary for blogging.

Given such a choice, I don't expect to resume regular posting anytime soon.

Cheers!

Think He Knew What He Was Talking About?

Keoni Galt · 16 January 2012 · Archived copy · Original

Vox Day makes the case in his recent World Net Daily column that Ron Paul is the only candidate who knew what was going on 10 years ago, so he must be the only current candidate in the election one who is actually qualified to be the President given our current situation.

Let's take a closer look at the quote Vox used to start off his column:

"Federal Reserve policy will continue at an expanding rate with massive credit expansion, which will make the dollar crisis worse."

Check.

"Gold will be seen as an alternative to paper money as it returns to its historic role as money."

Despite claiming otherwise, the Central Bankers seem to think so...

"Erosion of civil liberties here at home will continue as our government responds to political fear in dealing with the terrorist threat by making generous use of the powers obtained with the Patriot Act."

Check, check, check and check.

"The Congress and the president will shift radically, expanding the size and scope of the federal government."

Check.

"This will satisfy both the liberals and the conservatives. Military and police power will grow, satisfying the conservatives."

Check.

"The welfare state, both domestic and international, will expand, satisfying the liberals."

Check.

"Both sides will endorse military interventionism overseas."

Check and check.

"During the next decade, the American people will become poorer and less free while they become more dependent upon the government for economic security."

Check

"I have no timetable for these predictions, but keep them around and look at them in five to ten years. I hope and pray that I am wrong on all accounts."

– Rep. Ron Paul, April 24, 2002

Think Ron Paul knew what he was talking about?

For those who recognize the truth of Paul's predictions, you may ask yourself "How did he know all this?"

Simple.

Ron Paul understands the truth of our system. We in the West (not just the USA Inc.) are a globalized welfare-warfare state.

The amalgamation of the left-right political dialectic.

"Two-Party" politics.

Have a look at Duane Colyar's The Evolution of the Welfare-Warfare State and you just might realize that in fact all of Paul's "predictions" were based on understanding the truth of the following flowchart:

[image]

Following the progression of this flowchart, we can see that our current system has gone through a multitude of iterations here on a variety of fronts. Think of this chart in terms of all the ideological wars declared by the Government in the last several decades:

War on Poverty -> War on Drugs -> War on Terror

With some minor modifications, this flow chart from Duane Coylar nicely applies to all of those welfare-warfare state expansion platforms.

In short, the "New World Order" is the spread of these idealogical wars of the globalized welfare-warfare state to all shores of the planet.

At this point in time, we are at stage 8 with regards to Iran, the latest front in the "War on Terror."

Understanding the architecture of this evolution of the welfare-warfare state is precisely how Ron Paul was able to accurately forecast the realities of 2012, back in 2002.

Like Ron Paul, Vox Day also knows what he's talking about when he writes:

> Let me be blunt. If you do not actively support Ron Paul's campaign to be the next president of the United States of America – if you do not pray on a daily basis for his success – then you are a fool. You are a complete, unadulterated and unmitigated fool. It doesn't matter if you are a liberal Democrat who bought into Barack Obama's fraudulent hope and change propaganda or a conservative Republican who is still reeling with the shock from eight years of ceaseless ideological treachery by George W. Bush. If you have even a modicum of concern for the survival of America, either as a nation or as a constitutional ideal, there is **demonstrably** only one candidate who has any understanding of the size and scope of the challenges presently facing the American people.

The Last Bastion of Freedom of Speech is Under Threat

Keoni Galt · 18 January 2012 · Archived copy · Original

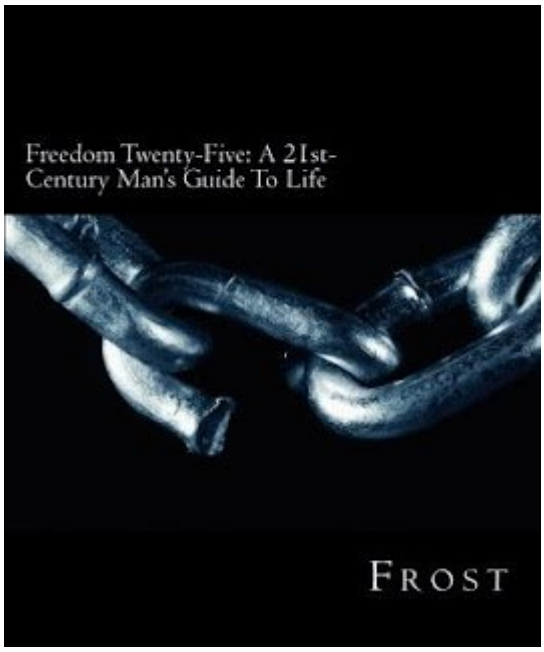
UPDATE - January 19, 2012

Ironic that Google's anti-spam bot censored me for using the SOPA strike java script to participate in the blackout yesterday. Gave me a nice preview of what it would be like if such a law were to be passed and the Government decided to take me offline without warning. lOZLZOLOLZLOL

Ah well...gotta run off to work now.

Finding Your Freedom

Keoni Galt · 22 January 2012 · Archived copy · Original



This post is long overdue, and for that, I owe Frost an apology. I've had a lot of eventful things happen to me in the past several months, and I simply haven't found the time to sit down and read his advance review copy of his book, *Freedom-Twenty-Five: A 21st Century Man's Guide to Life* that he emailed my last November.

Thanks to some bad weather cancelling a planned hunting excursion for today, I decided to finally get around to doing what I promised Frost I'd do before he departed for Thailand in search of freedom and personal fulfillment.

So here I am, two hours later, having sat down and read Frost's first foray into publishing self-help lit, in a single sitting.

I must say, it was better than I anticipated. His style is easily accessible, and it's a relatively quick read at 152 pages. Frost's literary voice comes across like the personal advice from a big brother or a wise old uncle, sharing his hard won knowledge with a member of the younger generation over a few beers.

This, I think, is the right tone for him to take, given his goal he states quite clearly in the opening chapter:

> This book is a wake-up call for our generation. Its goal is to set you free.
>
> From what exactly? Well, that's where things get interesting. The first step on your path to freedom is identifying the chains that bind you. This is difficult if you've been bearing their weight for so long that you no longer notice the burden.
>
> Some chains are easy enough to recognize. Are you fat and weak? You probably already know you'd rather be fit and strong. Are you poor? You already know that you want to make more money.

> Other chains are more subtle.

If you buy this book and read it (and I certainly recommend it, especially for young men in their teens and early 20's), whether you agree or disagree with Frost's premises and proscriptions, one thing is for sure: his book will certainly make you think about things in a new light and perhaps identify patterns and behaviors that you mindlessly engage in. It may make you realize just how many things in your life are nothing more than playing the role of a script that someone or something else has written for you. As he wrote:

> This book will ask you hard questions like these, because they are catalysts for introspection and lifestyle changes.

Frost, like many of us in the alternative blogosphere, had an epiphany: that the people who write the script of our Brave New World Order that directs us on how we SHOULD live our life, are not really interested in having we the sheeple develop true health, independence, self-reliance, and the confidence and self-esteem that comes from true personal achievement.

No, indeed, it is quite the opposite - unhappy, distracted, unhealthy, confused and incapable of forming meaningful relationships in the real world IS the script they want us to follow. This leaves us susceptible to the true motive: to make we the sheeple nothing more than consumers and human resources.

It is the script that is both consciously and subconsciously directed by our mass media society, government and ~~educational~~ indoctrination institutions.

In short, Frost is relating to the reader how he realized how much of his existence was going according to this script written for him by the social engineers of our Brave New World Order, and how he decided to rip it up and write his own script.

> I had a crisis. I realized that I had spent my entire life working towards pre-defined goals: Making other people think I'm cool; getting good grades; getting this or that degree; getting a good job. But I had never stopped to consider whether they were worthy or not. I had never actively considered what my goals were, rather than what other people decided they should be.

I'm more than a decade older than Frost. In this respect I envy the time he has gained in comparison to my own epiphany that I had in my mid-30's. Frost discovered these hard truth's at an earlier stage in his life, and he quickly realized that life is too short to simply follow the standard script. So he went about acting upon the revelations he gained and put a plan into action to find his own freedom.

BEWARE: Reading this book may give you similar inspiration and cause you to radically alter your life.

The most appealing aspect of the book Frost does not come across as an insufferable know-it-all telling you that there is only one path to happiness and success, and that he's got it all figured out. The best advice he gives in the entire book is this:

> No single guru will be able to give you all the tools you need to create a set of systems and routines that work

> best for you personally. Instead, you'll have to mix and match advice from a variety of sources and tailor your own approach.

Freedom-Twenty Five is about how one man did his own research and self experimentation to find what works for him. With this hard won knowledge, he created his own set of systems and routines that work for him personally. He offers you an example of how he did it for himself, and he urges you to do the same and experience the same positive results he has.

> If you take away just one idea from this book, I want it to be this: You have more options available in your life than you think. Many of the paths that you've ruled out only seem impossible or difficult because you've been conditioned to see them that way. Break free from the mental prison, and alternatives to mediocrity start to appear everywhere.

If this is the primary goal Frost set out to achieve in writing this book, IMO he succeeded. This book may very well be the wake up call a young man needs to avoid conforming into the typical life of a virtually disconnected, mindless consumer and corporate human resource.

I have a few young men in mind who I think could greatly benefit from reading it, and I shall be giving it to them in the hopes that they too realize that their own freedom and chance at personal fulfillment is in their hands. Take a chance and give it read, you might too.

Paleo Cult Conspiracy Proselytization

Keoni Galt · 25 January 2012 · Archived copy · Original

[image]

As a proud member of the Paleo Cult Conspiracy, I often receive comments and emails from folks asking me how to get started, what's a good book or blog to read up on and other means of getting initiated into the cult.

I usually refer folks to Mark's Daily Apple, Dr. Kurt Harris' Archevore blog, and Richard Nikoley's Free the Animal.

All great sources, all packed full of details, extensive explanations, and anecdotal experiences with literally hundreds of others who have joined the cult.

More importantly, they are all free.

You absolutely do not have to buy books, dvd's, cds, mp3 downloads or attend seminars to learn about the tenets of our cult, nor are they required to join. That being said, if you do decide to spend your money on such things, there are certainly highly recognized, legitimate cult members who do produce such things for those cult members who wish to explore the more intensive aspects of our ideology.

You should consult many other cult members and their testimonials before you decide to spend you money to further your understanding...but again, you don't have to.

There is more than enough personal accounts out their on teh interwebz by other prominent cult members to give you more than enough information and direction to begin your initiation for the price of nothing more than your time.

So why exactly should you want to join our Cult?

Some of you who read this blog (and other manosphere blogs that also report on their experiences upon joining the cult) think it's all much ado about nothing...or a waste of time. Or that "science" has "proven" that the only thing that matters is counting calories, and eating less food while exercising more.

Cool.

This cult is are not for everyone. We don't wish to make our cult become THE ONE TRUE WAY ALL MUST FOLLOW.

We only want those who want to voluntarily join and maintain their membership in good standing.

If you think you're better than we the brainwashed, blind fanatics of a crazy cult, good for you.

We don't need your approval or your validation. As cult members, we KNOW what the cult can and does do for it's members, and we will continue with out rituals and traditions and lifestyle, regardless of what you think.

Membership is open to all who wish to join. We do not discriminate based on gender, race, creed or sexual orientation. We only discriminate against one sort of self-selected person: members of the Vegan Cult Conspiracy. They usually don't want to join anyway. The only time we have a problem with them is when they try to recruit our cult members over to their version of the dark side.

So...you've seen the testimonials, you've heard all the anecdotes. Somehow, you've managed to read these accounts of brainwashed cult members, and you are considering joining up with our cult yourself....where to begin?

First, you need to understand the dogma and faith based tenets of our cult and exactly why we are a conspiracy.

This is not simply a diet one begins to lose weight.

This is what makes us a cult and not a fad diet. Once you join this cult and you adhere to our tenets for long enough of a time to experience the benefits, most realize that it becomes a *way of life*.

Fad diets are based on the premise of losing excess stored body fat, and by no matter what means that are prescribed, it usually involves burning off stored fat tissue through caloric deficit...aka short term starvation.

This is a heresy to our cult. If you cannot fathom rejecting this paradigm, this cult is not for you. Move along, there's nothing to see here.

For those willing to at least consider this, than please, read on.

The primary tenet of our cult are this: Recognizing the proper foods to eat that provide **Nutrient Density**, and recognizing the foods that optimize the human bodies use of those nutrients. By focusing on nutrient optimization, over time, we can experience optimal genetic expression - or how the human animal's body is supposed to look, feel and function.

The corollary to this tenet, is learning to recognize the foods that inhibit the use of the nutrients, foods that deplete your body of those needed nutrients, and foods that actively damage the body. Once you learn to recognize these characteristics of all the things found in our world that people call "food" we than adjust our daily consumption choices to maximize optimal nutrition and minimize or outright eliminate those foods that interfere with attaining that goal of optimal nutrition.

Once you gain this knowledge and apply it over time, you may experience a whole host of differences and changes in your health and well-being.

Overweight people lose weight...and keep it off. Other folks who want to gain weight and change their overall body composition also experience the benefits of cult membership. Others who have no desire either way to change their weight, are cult members because they discover other ways in which cult membership changes their lives.

Members with severe allergies and chronic conditions like gout, type II diabetes, arthritis, chronic migraines, asthma, rashes, eczema, insomnia, wildly fluctuating energy levels, depression, acid reflux, acne, chronic diarrhea, and other sorts of maladies experience relief, lessening of the symptoms, and many cases outright disappearance of these conditions.

Some folks criticize our cult by claiming we offer our lifestyle as a panacea, a cure all. It is not. Some people may have in fact have damaged bodies so badly they are incapable of experiencing the benefits that many other cult members do.

One former cult member (whose blog I used to read regularly until he stopped blogging), had damaged his bodies ability to handle consuming any form of fat by taking the pharmaceutical acne drug accutane when he was younger. His experiences in our cult lead him to form his own cult (The Aquatic Ape Conspiracy Cult) with a far more rigid protocol to follow to heal himself. But experiences like his are relatively rare. Needless to say, discovering our cult and it's tenets did help him find the path to healing he was looking for, and he is better off for having joined in the first place, even if he did end up leaving. I also believe anyone who joins his cult would be far better off than your average non-cult member in the Anglosphere eating anything and everything the corrupted culture has to offer.

See, probably the most important aspect of our cult is the principles of self-experimentation and finding what tenets and dogma of our cult work for you.

Our mantra is YOUR MILEAGE MAY VARY.

A sub-tenet to this mantra is: LET NOT PERFECTION BE THE ENEMY OF GOOD.

A variation on this theme is the 80/20 principle.

We are not strict or obsessive.

Certain individual cult members may be fanatical in applying our tenets, but it is certainly not necessary to do so, should you decide to join.

We do not cast members out for failing to adhere to our belief system to perfection. We recognize that every cult member is in a unique situation, and that diet and exercise are merely parts of the sum total of living a complete life.

There are tradeoffs for which we can calculate the risk/reward ratio of a certain behavior, and recognize that for other aspects and areas of our life outside of just diet and exercise may take precedence.

For instance, if a cult member is getting married, he or she is not a heretic to be cast of the cult because they ate a piece of their wedding cake, even if it is nearly an article of faith in our cult that cake is *sinful*.

We are a CONSPIRACY Cult, because many of our tenets and proscriptions are based on the realization that there does in fact exist entities and organizations that are in fact profiting off of making sure the average person eats the wrong foods and suffers the ill effects so that they can make themselves rich selling you pharmaceutical treatments that alleviate or mitigate the symptoms for those conditions. These entities are in the Government, the media and the educational institutions, as well as various industries.

By joining our Cult, you lessen their ability to trap you in their conspiracy. Does this make us cult members paranoid?

Sure, if you're a cult member long enough, it comes with the territory.

Every time I'm offered food from an unknown origin, I contemplate what poisons it may contain, and whether or not I'll make the judgement as to whether or not I ingest it. In my own experiences, I find that minor transgressions of cult orthodoxy, like small amounts of refined sugar have little to no ill effects on my health, so I will occasionally eat some ice cream or some dark chocolate. On the other hand, when I eat almost any amounts of Omega 6-imbalanced, partially-hydrogenated oils, it usually instigates an inflammatory reaction that require medication to alleviate.

In short, eating a regular sized serving of french fries or a typical doughnut fried in "vegetable" oil, always results in myself suffering an asthma attack within an hour or so. But that's just me. Other cult members may not experience any such reactions, so they can decide for themselves on when, where and why they decide to ignore the tenets of our cult.

YOUR MILEAGE MAY VARY

If you're the sort of person who believes that anything labelled as a conspiracy theory is crazy, and only lunatics and crackpots believe in said theories, than membership in our cult is certainly not for you.

If you cannot comprehend the notion that certain toxic substances are manufactured, packaged and sold for massive profits, and that the regular person eating such fare regularly for a long period of time will eventually become sick, than quite frankly, you are not smart enough to belong in our cult.

Yes, we can be a bit elitist like that.

After all, **calories in < calories out** is all that matters, anything more is deranged fantasy!

Trust me, looking at people who tout such beliefs emphatically, we who come from the perspective of being a Paleo Conspiracy cult member, consider *you* to be the brainwashed, ignorant fool.

That makes us even.

I'll stick to my fanatical cult outside of the mainstream, conventional wisdom.

Feel free to stick with yours, I and my fellow cult members really don't care.

But if you're interested in joining up, stay tuned...

Up Next: Paleo Cult Conspiracy Initiation

Inflation Escalation

Keoni Galt · 3 February 2012 · Archived copy · Original

Think about the past 5 years, when the Great Depression 2.0 began to ramp up as the real estate bubble burst, auto manufacturers in Detroit were co-opted by the Federal Government, the Federal Reserve gave us a couple of rounds of "qualitative easing" and both Bush and Obama approved Tarp bailouts for the Banks too big to fail.

Is it just me, or does inflation appears to be escalating at a quicker pace in the past several years?

Just three years ago, I distinctly remember you could buy a plate lunch in downtown Honolulu for $6. Now, the exact same meal averages $9.

While I almost never eat at national corporate chain restaurants anymore, I did stop off at one after work the other day for an after-work beer with a co-worker. I looked at the menu while waiting for my beer to be poured...the price of appetizers are all around $10-$12 a piece, and typical entree's were around $15-$19, $22-$28 for seafood. About 4 years ago, I used to eat at such places like Chili's, Outback Steakhouse, Ruby Tuesdays, etc. pretty regularly as our "weekend" entertainment activity.

I certainly remember the average prices for such fare. But $12 for a burger and fries? 4 years ago, I remember thinking $9 for a burger and fries was ludicrous!

I also recall that a six pack of Micro brew beer was around $7. Now, it's typically $9-$12 for the same brands I favor.

Same goes for whiskey. A bottle of Glenlivet or Glenfiddich 12 yr. single malt used to average around $24 for a 750ml bottle. The same bottle is typically $32-$35 now.

Even more dramatic has been the price of bulk items I have been regularly buying at Costco for years now. Toilet paper, dog food, laundry detergent, coffee, artisinal cheese, bacon....the list goes on.

I think everywhere you look at today's prices, most of them are 2-6 dollars more for the same amount of product or service you used to pay for just several years ago.

Gee...you think all that the Federal Reserve's qualitative easing programs may have had an effect? What exactly is getting eased here?

Mo'olelo 'auana

Keoni Galt · 12 February 2012 · Archived copy · Original

[image]
Mo'olelo 'auana translated into English literally means "the New Narrative." In other words, "the latest word." As Hawaiians did not have writing until Western contact, oral traditions were the primary means of transmitting knowledge and cultural practices. Mo'olelo is essentially story telling to exchange knowledge. It's what I've named my blogroll, as I really like Google's automatic blogroll that shows the most recent postings of everyone on on it.

In fact, the automatic blogroll feature is probably the primary reason why I never switched over to wordpress like so many other bloggers have.

But I recently ran into a problem with my Blogroll app. I tried to update it by adding a few new blogs to it, it continued to crash repeatedly. I couldn't update it at all. I suspect I've had far too many links on it from defunct blogs, and too many rss feeds from nowhere kept crashing the app whenever I attempted an update.

Since I've been working 6 days a week now, as many of you have noticed, my blogging has been very sparse. Too tired, too little free time. So I just let it go until today. It took me almost two hours, but I had to re-create my blogroll from scratch. If you were previously on my blogroll and are no longer on it, that means I hate you and I hope you die....j/k.

Seriously, if you're blog is no longer on my blogroll, I assure you it was not my intention to take you off, but simply an oversight....or you haven't updated your blog in such a long time, I simply did not add you to the new blogroll to streamline the app and hopefully avoid this problem again. If I left you off, and you'd like to be added to my blogroll, please leave your url in the comments. If you are one of those who has a blog, but have not updated it in a long time and I did not include it in the update, but you will one day resume blogging, I have no problem adding you back on to the blogroll, just give me a shout out here and I'll put you back ASAP.

Finally, I'd also like to add that if you are on my blogroll, I put you there simply because you have written something once that I found worth my time to click on and read. Just because I link to your blog does not mean I endorse or agree with anything and everything you have to write about...I merely enjoy reading things from a wide variety of perspectives. I'm married, and I have a child, yet I link to anti-marriage blogs, and PUA blogs who advocate promiscuous lifestyles. I'm mostly apathetic and cynical about present day politics and no longer vote, but I still link to a few folks that still believe in participating in the system of bi-partisan democracy. I link to some "racist" (white nationalist) sites...now that is because I'm a Racial Equalist. That's because I hate all the races equally. :-) My only real guide for adding a blog is that you write something interesting and thought provoking.

Just Anger? Justified Anger?

Keoni Galt · 23 February 2012 · Archived copy · Original

How about fucking furious?

At 3:00 AM this morning, I abruptly awoke with my mind racing, staring at the ceiling, unable to fall back asleep. I could only think about all of the things I've learned and became aware of in the past decade.

I've been working my ass off for a couple of months now, and I had put in another 10 hour day yesterday, then went to the dojo and trained martial arts for a couple more. I had 3 beers for dinner, and sat down with a 4th for dessert as I logged on to do a little reading of teh interwebz before going to sleep in preparation for another day of hard work in the hot Hawaiian sun.

Sleep has been vital to keeping my energy up to handle my new life.

Yet here I am, unable to go back to sleep and get the rest I so badly need for the day ahead because I can't stop thinking about what I read last night, Dalrock's A case for anger.

I echo the question Dalrock asks of the people mystified by the so called "anger" problem of the manosphere:

I'll pose the same question back to Ms. Duffy and the commenters who are troubled by the fact that people are angry with the gross injustice which is being done to men, children, and the very institution of marriage: Why don't you care? Why aren't you angry?

I've been angry for years. Sometimes it feels like the potential for unhinged rage. Mostly, it's kept subsumed and hidden, only to find expression when I hear the muse to write something again. Much of the source of inspiration for 5 years of blogging here and writing for The Spearhead, In Mala Fide and commenting all over the manosphere is driven by this anger.

Anger at a system and a society that indoctrinates us all to believe that we live in the greatest civilization in the history of mankind because we are a society founded on freedom and justice...and yet you wake up one day and SEE quite plainly the destruction and havoc it wreaks on the personal lives of the people you know and love.

WHAT?! THE LAND OF THE FREE? WHOEVER TOLD YOU THAT IS YOUR ENEMY

You bet the denizens that make up this thing we call the "manosphere" are angry.

To not feel anger at the current situation is inhuman.

I first discovered the MRA/MGTOW blogosphere years ago after I watched my Ex-Aunt desert her family, file for divorce, take my Uncle to the cleaners to cavort with a bad boy motorcycle thug. I literally saw the joy, happiness and vitality for life disappear from the faces of my younger cousins. I saw my Uncle left destitute, heart broken and alone.

Before my Ex-Aunt pulled the trigger and destroyed her family, I lived with them for about 3 months. During that time, my nephews and nieces were a pure joy to be around and play with. I used get awoken by laughing and giggling kids, little children waking me up from sleeping on their couch so they could play with me before heading

off to school every morning. Those three months were some of the greatest memories of my young adult life for me. My little cousins would come home from school and give me drawings and paintings they had done in their art classes for me. They were such happy little kids.

I moved to the Mainland for a year to work construction. When I returned to attend college at the U of Hawaii, my Ex-Aunt had already filed for divorce and was in the process of taking my Uncle to the cleaners.

The happy little cousins who were in a perpetual state of playful cheerfulness and excitement at the wonders of life when I left Hawaii, had become broken, dour, sad and withdrawn kids when I came back. It was a fucking tragedy. They have since grown up and made families of their own as young adults. But they were forever changed and broken by the destruction of their home by their mother's selfish actions, aided, abetted and encouraged by a system designed specifically to profit off of this misery.

I could not comprehend how such an injustice could be inflicted by the State on a Father who did nothing wrong, how my Ex-Aunt got everything and she was the one who broke her marriage vows and broke up her home. After googling up no-fault divorce in a search for answers, my long journey of gaining understanding and awareness began.

Our divorce system is a fucking vampire designed to suck the very life out of Father's and little children whose homes get broken by it. You bet your ass I'm angered by it whenever I think about the toll of destruction it's wreaked on so many friends and family over the years.

The tragedy of my cousins and Uncle were the impetus for awakening to the reality of the system built to enslave us all and profit off of our shared misery. But that is by no means the only thing driving my anger.

Long time readers here are also familiar with the story of my high school buddy that killed himself after he could no longer deal with child support obligations that were about to make him homeless, and his ex had alienated his children from him and continually denied him visitation. He was broken by the system, and he killed himself when he could no longer take it.

I was left to clean up the mess.

Anger? You bet your ass I'm angry.

If you're not angry, you're not paying attention.

Mass Media PCP

Keoni Galt · 26 February 2012 · Archived copy · Original

[image]

MMPCP: *Mass Media Population Control Programming* is the primary Social Engineering medication to create a collective mainstream consciousness called "Conventional Wisdom" or "Mainstream Thought." Once a person is on a daily dosage of it, their thoughts, beliefs and behaviors can be influenced and subtly controlled.

It's active ingredients are both overt and covert, and alter both the conscious and sub-conscious brain functions. It is mulit-faceted and acts as a stimulant, a depressant, psychoactive and hallucinogenic. It is highly addictive. It comes in a wide-variety of dosages, and methods of ingestion, but it usually comes in two generalized formulas, each using slight variations of the active ingredients to achieve the desired level of medicated behavior: **Rightwing** and **Leftwing**.

Back when I was a chronic user, I used to think I was well informed, intelligent and sophisticated. Educated. That I understood politics perfectly. That I was a well-informed voter who understood all the issues, and JUST KNEW who to support and advocate for; and who to oppose and revile.

I KNEW my stance on moral issues were based on clearly understood principles.

My drug of choice was **Rightwing** MMPCP.

FoxNews. Limbaugh-Hannity-O'Reilly-Beck-Prager-Savage-Hewitt-Medved-Schlessinger. WSJ. NRO. Drudge. WND.

The variety of flavors were endless, but the overall effects and side-effects were essentially the same:

- I loved my country.
- I was a proud PATRIOT.
- I was gung ho for the Iraq war - both in the 90's and in the 00's.
- I had a yellow ribbon sticker on my truck. I supported the troops.
- I wanted Bill Clinton impeached...not for the moral depravity of adulterous conduct with a young White House intern, but for his dishonesty under oath. He was BREAKING THE RULE OF LAW.
- I thought the country dodged a serious bullet when the Supreme Court upheld the Florida State Supreme Court's decision to stop the recount.
- I believed the PATRIOT ACT was a good and necessary measure to combat those who HATE US FOR OUR FREEDOM.
- I supported sending the troops halfway around the world to blow up unsophisticated, uncivilized and barbaric villagers in the hinterlands to PROTECT THE HOMELAND.
- I believed that Corporatism, Commercialism, Big Business, the Stock Market, Centralized Banking and Lobbying the Government were all integral parts of FREE MARKET CAPITALISM.
- I believed that the ideal Husband and Father was a *nice* man who was thoughtful, careful, emotionally available, and not afraid to *communicate* his feelings, and always strived to keep his testosterone driven impulses and behaviors in check. I would NOT be one of those stereotypical male chauvinists who was controlling and

abusive of poor, helpless and oppressed women.

- I used to defer to and seek guidance from the emotionally and morally superior, more mature state of FEMININE INTUITION from all females in my life with regards to relationships.
- I held it as an article of faith that A PLANT BASED DIET was optimal for health and nutrition and that anytime you ate red meat and/or animal fats, you were increasing the risks of getting cancer and heart disease.

That's just a small sampling of the ideas, thoughts and beliefs that I used to hold steadfastly and dogmatically to...an offhand recollection of just some of the strange trips I had on this potent and addictive substance.

An MMCP addict fails to realize how pervasive an influence this substance has on his or her thought patterns, beliefs and behavior.

MMPCP is a helluva drug.

I used to log onto online forums in the early days of teh interwebz and get into extensive and intensive political debates with my 'opposition' - who were, of course, the daily consumers of the **Leftwing** Mass Media PCP. This was one of the most powerful reinforcements in rationalizing my own addiction to MMPCP.

Indeed, like an alcoholic who drinks a case of beer a day, pointing the finger at the skid row bum drinking a fifth of rot gut whenever he can scrounge enough change to buy one and saying "I'm not an alcoholic...now THAT'S an alcoholic!"

The more I argued and debated, the more I became dependent and addicted to the habitual consumption of **Rightwing** MMPCP.

But it wasn't just politics. My attitudes towards humanity, gender, nutrition, and interpersonal relationships...all influenced by all that MMPCP I was using.

The only way I was able to clear my head and quit distorting my thought processes from this pervasive and addictive drug, was to quit cold turkey. I stopped reading "News" - in newspapers, magazines and on teh interwebz.

I stopped watching TellAVision PROGRAMMING.

I stopped listening to Clear Channel Syndicated AM Radio Broadcasts - HAWAII'S HOME FOR INTERESTING TALK AND THOUGHTFUL DEBATE.

It took a long, long time for all the effects and side effects to wear off...but eventually they did, and I began to see things clearly for the first time.

But I couldn't beat this insidious addiction alone. I had to take a different type of medication to aid in the withdrawals I got from the MMPCP.

I could only quit the Mass Media PCP addiction , because I had begun taking the Red Pill found on teh interwebz.

I am of the opinion that the folks who are responsible for getting as many Sheeple addicted and perpetually medicated on MMPCP as possible, don't like the way teh interwebz have been the primary conduit for disseminating the antidote to their mind controlling substance.

Soon as it becomes feasible, this medium of informational exchange...this forum free-for-all we know of as the WWW, will be contained, controlled and in many sectors, shut down.

From the producers, suppliers and dealers of MMPCP, too many folks are getting clean. Don't you know? People off their meds and under withdrawal are dangerous, erratic and unpredictable!

NEVER QUIT TAKING YOUR MEDICATION WITHOUT FIRST CONSULTING YOUR PHYSICIAN

Quiplinks VI - The Apocalypse Cometh Edition

Keoni Galt · 5 March 2012 · Archived copy · Original

[image]

This edition of Quiplinks will feature the latest additions to my blogroll, starting with the most recent:

"There is no "American Dream", there is no "Path to Prosperity", there is only tax servitude and likely police beatings or death to those that resist." - Bill Powell from The Apocalypse Cometh

"I can go out on Friday and act like Tucker Max for the night, but trying to keep that up all weekend? No thank you, sir. I've got better shit to do." - Aurini from Stares at the World

"Because being an amateur historian I believe the point we have reached in time and the present state of Christianity in a warped sense eerily resembles the era just prior to reformation." - UMSLOPOGAAS

"As speculators, flippers and loose lending standards caused the housing bubble, so did feminists and loose moral standards cause The Spousing Bubble. " - Professor Mentu from The University of Man

"The answer is clear. The government needs to pass more laws to make men less happy until we finally have equality." - Booch Paradise

"Is your humble narrator battling a closet meth addiction? Am I going to regale you with my tale of how I kicked crank? Nah, its worse. It's worse, much worse." - The Chef in Jeans

"One Reason we're Broke..." - Carnivore

"For a long time I've been critical of the feminist argument that the use of "he" as a generic pronoun for both genders is an example of male privilege." - The Damned Old Man

"Fuck, woman, life doesn't have to be so difficult you know." - Grit Artisan

"I feel lethal, manic, on the verge of frenzy. I am foaming at the mouth. My nose is starting to bleed. I think my mask of sanity is about to slip." - G Manifesto

"Then they started wearing yoga pants in a place where I'm suiting up and I vomited on my penis and screamed to myself who does that." - VK's Empire of Dirt

"The path to oblivion lurks behind every step we take and each moment of any day." - Brett Stevens from Amerika.org

"...the fact that my profile (which indicates I'm a professional masturbator, who does drugs, seeks casual sex and lives with his parents) gets more attention than a relationship-seeking, professional who is being nice to girls, makes you wonder what fucked up mechanism is responsible for this." - Sofia from Sofiastry

"We understand concerns about teacher-student sex. But didn't he do everything right here?" - Human-Stupidity

"Why do women drive men to hit them?" - Aaron from Aaron's Holy Mountain

"The path it took, started in MRA circles and then passed through, in order, the PUA sphere, the Traditionalist camp, then to women, and finally to feminists." - Factory from Hunting for Archetypes

"I always wanted to have a good answer to any inquiry. I always wanted to be able to do that what the others could not." - Michael Byc from The Lifestyle

"On second thought, the only way to restore moral sanity to the U.S would be to hand it a one-way ticket to economic abyss, so it looks like Barack Obama would be the best candidate after all." - The Alpha Anomaly

"What can we learn from this study? Simple: when your head starts achin', it's time to get naked." - DW from Incendiary Insight

Not all women are created equally and trust is earned over time. Do not squander your finite supply. - Peacemaker from Honest Introspection

"Looking back at my life, ***Game explains every interaction I've ever had with women.***" - Jean-Luc LeGame from Game Revelation

Up From the Grass Roots

Keoni Galt · 10 March 2012 · Archived copy · Original

One of Orwell's most famous quotes could be the tagline for the entire manosphere:

> *"In a time of universal deceit - telling the truth is a revolutionary act."*

It seems to be the case that the revolution has arrived...the manosphere has gone viral, and the knowledge of our issues has crossed over. The red pill is reaching crack cocaine epidemic status on the 'street' of teh interwebz.

This is precisely what I believe is behind the $LPC's recent listing of the manosphere for inclusion as a "hate" and "extremist" movement.

For years, the manosphere was fringe. You couldn't find serious discussions about our Brave New World Order and it's oppression of the male gender anywhere else in cyberspace.

Anytime you went to any mainstream news or special interest site or forum, any idea or thought that was posted that ran counter to mainstream, feminist approved, politically correct doublethink, used to be either quickly censored, or inundated with denunciations of misogyny, sexism and/or homophobia by other commenters.

This no longer happens. Articles and blog postings at mainstream sites that adhere to the politically correct, feminist-approved line, are regularly inundated with "red pill" comments. Many comments often contain links to various manosphere sites. More and more people are being exposed to the politically incorrect ideas, and it can no longer be ignored. To reiterate a point I made back in 2009, when the "roissysphere" first emerged:

Awareness is proliferating.

> I don't believe "Activism" -- in the sense of fomenting a grass roots movement to build a groundswell of support to institute legal and cultural changes -- is ever going to realistically solve the problems many MRA/MGTOW bloggers have been writing about for years now. The feminist zeitgeist is too firmly entrenched into our mainstream culture...an inoperable cancer.
>
> No, it is my firm contention that the only real and meaningful way in which the MRA blogosphere CAN effect real change, is on an individual level:
>
> AWARENESS.
>
> To raise awareness of the truth of the reality that we all live in.
>
> To enable people to see things clearly, so that when they make goals and try to direct their lives towards achieving them, they do so knowing the full score so they can avoid many of the pitfalls our BraveNewWorldOrder has created to entrap us all in our deliberately distorted and contorted understanding of

> the gender roles and how they affect our lives.

So now comes time for the attacks. Make no mistake, the $LPC is just the first stage.

Soon, the real world action is going to take place. This is the *modus operandi* of organizations like the $LPC.

First, they identify the most prominent sites in the manosphere...than they attempt to tie it into previous acts of violence. As I commented over at A Voice for Men:

> "...the $PLC essentially seeks to use the exact same tactic Bill Clinton used to try and tarnish the entire right wing talk radio genre with Tim McVeigh's bombing of the OKC Fed building.
>
> It is by far the most ominous of the 3 articles posted…this is going to be their primary tactic moving forward. They are attempting to tie Thomas Ball's suicide, and the Sodini, Lepine and Darren Mack murders as the actions of men "instigated" by MRM bloggers.
>
> Note the final sentence: "But she did not, becoming instead the latest in a long, sad line of victims of women-hating men."
>
> There you have it.
>
> We are all now "women-hating men" and being associated with "women-hatred" we are de facto guilty of instigating murder and domestic violence."

Mark my words...the next time some Father driven to a breaking point by the family court system goes berserk and does something murderous, some group like the $PLC is going to file a lawsuit against The Spearhead or IMF or AVFM and try to hold them liable for "inciting" violence with "hate speech." This is how they will divert the attention away from the realities of the system and it's role in pushing men into acts of violence...by blaming it on those of us who are pointing out the truth.

Coming soon - mention of manosphere websites on television news broadcasts and mainstream media publications, portraying it in a similar light to other "homegrown terrorist" groups like White Nationalists and neo-nazi groups.

The FBI, or DHS will be "concerned" about the role the "internet" is playing in violence against women, and some sort of legislation will be proposed to stop the "hate."

Ladies and Gentlemen of the "manosphere," we have arrived.

Virtual Memory is Too Low

Keoni Galt · 15 March 2012 · Archived copy · Original

[image]

I recently cleaned up a buddy's computer that was overloaded with spyware, adware, trojans, worms, extraneous anti-virus software, and all the other little .exe files from all the programs installed that were useless eaters of RAM, making his CPU operate at a sloth's pace. His PC stopped working and kept displaying the "Virtual Memory is Too Low" warning. When he called me for help, I sighed and told him to bring it over and leave it with me, I'll get to it later, it could take awhile.

It's a chore I hate so much that I perpetually procrastinate on it when it comes to my own collection of PC's. It seems like I'm always troubleshooting and repairing PCs for family and friends --which probably plays a role in my reluctance to do it for myself -- but I digress.

After cleaning off all the accumulated crap and then de-fragging, optimizing an rebooting numerous times, I was finally done. I hate PC maintenance with a passion. Too much time wasted staring at the progress bar of the uninstall program, than rebooting, than scanning the registry and cleaning up the residual files left behind. One uninstall down, 10 more to go.

What a drag. When the computer is as bogged down and infested as bad as my buddies', there is no shortcuts other than to dump it and buy a new one.

But doing him this favor also gives a lot of time for rumination. This latest round of PC maintenance-chore boredom gave me the time to reflect on the prevailing paradigm of the manosphere: TAKE THE RED PILL

There's a reason the Matrix red pill/blue pill allegory has become so popular here at the fringe outposts on the interwebz... ...because once you "take the red pill," you really do start to recognize patterns in the attitudes and behaviors that manifest in the denizens of society you interact with or observe from close proximity.

Programming recognition.

The program is a social engineering module that can be recognized on your registry if you know how to look for it. It usually shows up as:

BraveNewWorldOrder.exe or BNWO.EXE

It's actually not just one, single unified program that is installed on your operating system to control your behavior, it's a smorgasbord of smaller programs like all the spyware and adware that surreptitiously infects your PC over a long period of internet usage, slowly and gradually acquiring more and more .exe files that eat up most of your virtual memory, so that you are not consciously aware of how distracted you are from reality or how it's really screwed your operating system's function up.

Taking the red pill's first effects is similar to hitting CNTRL-ALT-DELETE and looking at your Windows Task Manager Processes tab to recognize which processes are necessary, which ones are not vital, but you don't mind

using some of your RAM on, and which of those slow you down and contribute to your eventual complete shutdown. So you download Crap Cleaner and Spybot and commence cleaning up your registry. It can take years, but it is possible.

Before the Red Pill, my processes tab would've looked something like this:

ctfmon.exe
Emasc.exe
FeminineImperative.exe
firefox.exe
DEBTREG.EXE
scvhost.exe
FastFoodCrave.exe
BNWO.EXE
NiceGuy.exe
tskmanager.exe
explorer.exe
HighSchoolDiploma.exe
CollegeDegree.exe
snacker.exe
SolarPhobia.exe
hearthealthywholegrains.exe
LJBF.EXE
WhiteKnight.exe
churchianity.exe
TMA_KEMPO.EXE
PassiveAggressive.exe
DEBTREG.EXE
obedience.exe
PATRIOT.EXE
CaloriesInCaloriesOut.exe
BrandLoyalty.exe
entitlement.exe
plugin-container.exe
winlogon.exe
DEBTREG.EXE
consumerism.exe
ThinkGreen.exe
TeamElephant.exe
AlcBeer.exe
careerism.exe
DEBTREG.EXE
talkradio.exe
NationalFootballLeague.exe
autoloan.exe
RENTDUE.EXE
defertofem.exe
MMA_UFC.EXE

AlcWhsky.exe
SatFatPhobia.exe
ICECREAM.EXE
DEBTREG.EXE
polyunsatfat.exe
hunt.exe
HFCS.EXE
msg.exe
cbsnbcabcfoxcnn.exe
begandplead.exe
AMC.EXE
BlowMeUpTom.exe
plugin-container.exe
plugin-container.exe
TurkeyBacon.exe
fluoride.exe
svchost.exe
surf.exe
dextrose.exe
neocon.exe
PATRIOTACT.EXE
maltodextrin.exe
NightLife.exe
TexturedVegetableProtein.exe
RedMeatPhobia.exe
MMA_PRIDEFC.EXE
newsweek.exe
DEBTREG.EXE
FauxNewsChannel.exe
WSJ.EXE
NationalReview.exe
HonoluluAdvertiser.exe
HonoluluStarBulletin.exe
DEBTREG.EXE
FAT-FREE.EXE
timewarner.exe
ChronicCardio.exe
TMA_Kali.exe

Way too many processes eating up my virtual memory and slowing me down. The BNWO.EXE appeared to use the most memory, but you can't just stop that process and delete it from your registry. You have to delete a whole host of other processes and registry entries first, before you can successfully purge your system of this most insidious program.

It's taken a long time, but I think I've finally purged it. I'm now at the point where I'm optimized for smoother, faster, more efficient operations from here on out.

Looking at my Windows Task Manger Processes Tab now should looks more like this:

ctfmon.exe
LEAD.EXE
voxology.exe
mmsl.exe.
MasculineImperative.exe
firefox.exe
IMF.EXE
scvhost.exe
NationalFootballLeague.exe
Unapologetic.exe
tskmanager.exe
explorer.exe
chateau.exe
TMA_KEMPO.EXE
SolarExpose.exe
hearthealthybutter.exe
hunt.exe
ltrgame.exe
mmsl.exe
ConfdntAssertve.exe
humble.exe
minarchy.exe
lozlolzolzolzolzlozl.exe
Cacao86%.exe
plugin-container.exe
winlogon.exe
AVfM.exe
thrift.exe
TraditionalChristianity.exe
apathyonpolitics.exe
EvlPtrchy.exe
AlcBeer.exe
BlueCollar.exe
guitar.exe
NationalFootballLeague.exe
MMA_UFC.EXE
AlcWhsky.exe
SatFatPhobia.exe
NctneCgar.exe
ICECREAM.EXE
Cacao72%.exe
TheSpearhead.exe
DALROCK.EXE
monosatfat.exe
lozlolzolzolzolzlozl.exe
Cacao86%.exe
plugin-container.exe
plugin-container.exe
svchost.exe

IMF.EXE
GrassFedMeat.exe
HIIT.EXE
DEBTREG.EXE
patriactionary.exe
TMA_Kali.exe
TheSpearhead.exe
NctneCgar.exe
svchost.exe
BACON.EXE
FreeRange.exe
CL.EXE
firefox.exe

There are still a few processes I could still delete to streamline and optimize things a bit more...but those ancillary programs also provide unmeasurable utility, so I deem them worth the miniscule amount of processing they take up. In the aggregate, I'm still running far more efficiently and effectively than I used to.

Have you taken a look at your registry lately?

TellAVision Programming

Keoni Galt · 17 March 2012 · Archived copy · Original

Why the topic of "GAME" is Integral to the Manosphere

[image]

My wife discovered her new favorite sitcom a couple of months ago, The Big Bang Theory. All of the re-runs are aired on TBS in blocks of 4 shows at a time, several nights a week, so she programmed the DVR to record all episodes. Over the course of a couple of months, we've eventually watched every episode that has aired...well she has.

I've basically heard most of the episodes while I'm online and she's watching the tube.

Just listening to the show in the other room while I'm surfing teh interwebz, I found myself chuckling at some of the more clever dialogs, insults and endless nerdy-dungeons&dragons/Star Trek/Star Wars/Comic Book references. After hearing several episodes, my curiosity got the better of me I began to actually watch the show with her.

No doubt, the show is amusing.

But there is so many subtexts, themes and motifs that are subversive, social engineering.

Subliminal Programming.

A Social Engineering PROGRAM to emasculate masculinity and to masculinize femininity.

Modeled gender dysfunction that exerts it's insidious influence on the unsuspecting and unaware viewer.

Monkey see, monkey do.

For the "red pill" viewer, I found that I don't even have to think about it anymore, I instantaneously identify the subtexts, themes, and subversive dialogs designed to subtly influence the viewer as I watch it. Once you recognize the processes used to subconsciously influence the viewer's mind, it loses it's power to influence you.

Now, the idea for this post has been stewing in my mind for quite awhile now...after having viewed a few episodes, I already knew I'd eventually get to a point where a blog post would almost write itself....and today is that day. So the first thing I did was search for an image of the show's cast to use, which brought me to this blog post by some guy I've never heard of before, Jamey Stegmaier: Why I stopped Watching the Big Bang Theory, and Why You Should Too.

He makes some good points...on one level, he recognizes a few of the negative PROGRAMMING aspects of the show - behaviors and dialogs that contribute to the continually declining state of our society -the wanton cruelty, narcissism, solipsism and general nastiness the characters abuse each other with for the viewers humor.

Stegmaier's main point focuses on the show's protagonist, Sheldon Cooper:

> The problem is that Sheldon's quirks–all of which are disruptive and unkind–are written for laughs. The writers are saying, "It's okay to be rude and inconsiderate, because really it's funny! Really!" If you watch Sheldon too much, you will find yourself (either outloud or in your inner monologue) correcting people for the most inane things. A friend will say, "Now that everyone's here, let's get started," and you will mumble in response, "Well, technically, *everyone's* not here, because 'everyone' infers that all humans are here, and not only are not all humans here, but if they were here, they couldn't fit into this pitiful excuse for a living room."
>
> Cue laughtrack.
>
> That's my main point. Sheldon is a terrible example for a person, a friend, and an inner monologue. He makes the show, but he also makes it a terrible show.

I agree with Stegmaier that the character of Sheldon makes the show (in most scenes, Sheldon demonstrates the concept of maintaining a very strong frame), but his verbal cruelty is hardly the worst thing...after all, *every* character in the show engage in personal nastiness and cruelty in nearly every scene. That's par for the course in all network TV sitcoms since *Married With Children* became a smash hit in the 90's. From *Seinfeld*, to *Friends*, to *It's Always Sunny in Philadelphia*, the sitcom genre of cruel humor at character's expense has become a staple of the genre for close to 20 years now.

Of course, while I agree with Stegmaier that immersing yourself into a Tell-A-Vision PROGRAM that normalizes interpersonal degradation and cruelty is corrosive to your personal attitude and can influence your real life relationships, the entertainment value cannot be denied...in the same way watching people die on TV can certainly be riveting entertainment.

Many of the putdowns, insults and double entendres in the shows script are clever and funny, which is of course what makes it so subversive and corrosive...and contributes to the coarsening of the culture at large. But Stegmaier is clueless to the deeper subversion found in the PROGRAM....Brave New World Order gender and sexual morality programming.

And it can be summed up perfectly by the second picture and caption that Stegmaier posted regarding the character of Penny, the Female Protagonist of the show:

[image]

"Okay, so there is ONE reason to watch The Big Bang Theory."

Indeed, this is precisely the PROGRAMMING to which I am referring to. Despite all the negativity that Stegmaier recognizes in the show that has gotten him to "quit" watching it, the visual physical beauty of the female is a virtue that trumps all other considerations. Of course, Stegmaier is being facetious here...but he unwittingly points out precisely what is so subversive about this show.

Observing Penny's role and how all the other male characters interact with her is the real programming process being imprinted into the subconsciousness of the viewer. The examples on the show are legion. You can go to the show's website, and pick out any episode at random, and if you know what to look for, you'll see it.

Penny is the Queen Bee of the show. She effortlessly manipulates all of the male characters in the show's cast. All

of the male characters unquestioningly are willing to do anything for her at the drop of a hat. Only Sheldon is partly immune to this - but that's more because of Sheldon's narcissism and OCD take precedence over his sex drive. Penny cannot manipulate him with her sexual attractiveness, she usually has to resort to bribery or extortion to manipulate Sheldon - but she still usually finds a way to get what she wants.

But above all else, the core substance of her character is this: she is entitled, because she is hot.

There are multiple episodes in which she castigates all of the males in the room with some variation of "YOU GUYS SHOULD ALL BE ASHAMED OF YOURSELVES!" Her shaming always works to inspire repentance and grovelling for forgiveness. She is in fact the unquestioned moral arbiter of the show...yet her only truly redeeming virtue in the show is really nothing more than her function as eye candy. Her character is largely shallow, solipsistic and self-serving. She does many things in the show for which she herself should be ashamed of...but there are no guys on the show capable of exhibiting a spine and taking a stand and calling her on her behavior. She's on the Pedestal, and all males grovel for her approval.

The guys will do anything for her, because she is hot, even if the male characters know they have no chance to gain her sexual favor. She LJBF's all the male characters of the show except for the character of Leonard...and all of the guys still white knight and beta-orbit her in nearly every scene.

With Leonard, she alternates between LJBF-ing him and having a friends-with-benefits type of sexual relationship. The on-again-off again "romance" is the most sickening and disgusting aspect of the show.

[image]

Penny leads, Leonard follows.

The character of Leonard is passive aggressive, simpering, sackless and has a severe case of oneitis for her. He is only spurred to act bravely or assertively if Penny shames him into it or promises a sexual reward. He has no say in the status or direction of their relationship, it's completely at Penny's whim, and he just has to accept her choice and go with however she "feels" in any part of the show. When they are "together," he begs and pleads for sex. When they are apart, he feigns disinterest and approval for Penny's other boyfriends in her presence, than mopes, seethes and plots to disrupt her new relationship when she's not around.

In short, for the viewer who understands "the red pill" and how female hypergamy works, the relationship between Leonard and Penny is completely unrealistic and artificial. Leonard has almost zero alpha traits, he is the paradigm of the NICE GUY white knight. In fact, during many of the episodes in which they are "just friends" Penny often "dates" other guys- athletic, dumb jock alpha types...which of course is the only realistic representation of today's sexual marketplace.

No matter how many other guys Penny sleeps with, Leonard is always ready and willing to take her back, and not judge her negatively for her steadily increasing partner count in anyway. When she is dating other men, he still is ready and willing to do anything for her at anytime.

In short, this show, with it's witty dialog, humorous banter, and clever SyFy pop-culture references, is a very well-crafted series of BNWO socially engineered programming.

It models precisely the sort of behaviors and attitudes that 'beta-ize" males and "empower" females with an

entitlement mentality. It models to women how to use flirtations, their physical beauty, and verbal shaming to easily manipulate men rendered hapless by their male sex drive...while modelling to men the attitude that they have no control, and the only correct behavior is to do whatever SHE wants him to do.

My little excursion back into becoming a "regular" viewer of TellAVision Programming reminded me of one of the favorite sayings of Tom Leykis (the "Roissy" of talk radio in the late 90's/early 00's): "TV is one big, giant vagina."

There's a reason why Game has become one of the most discussed topics in the manosphere, and it has nothing to do with the claims of some anti-gamers who conflate PUA hucksters and their overpriced workshops and materials with Game **the Theory**.

The anti-Gamers fail to understand (some of them don't even try) the kind of Programming most of us Gen X and millennial males have grown up with. *The Big Bang Theory* is but one instance of the literally thousands of sources of similar programming we have been subjected to our entire lives. Many men grew up in homes without Fathers, and their only male role models to shape their attitudes and beliefs and how to interact with women are the emascualted, female-subservient role models on the TellAVision.

Monkey see, monkey do.

Most times, after getting scorned, LJBF'd, rejected, cheated on, divorced, stripped of their property and children...only then do men even begin to question their own attitudes, behavior and actions with regards to their relationships with the female gender. Then some of them find the red pill on teh interwebz, and for the first time in their lives, "GAME" gives them a framework for understanding how the subversive influences of our Matriarchal culture have shaped their behaviors and affected their life trajectories.

This is the real value of Game Theory (not the PUA lifestyle) to the discussions throughout the Manosphere.

It is counter-programming...reverse social engineering for both men and women alike.

The Big Shaming Theory

Keoni Galt · 21 March 2012 · Archived copy · Original

There were a number of good comments on my last post regarding the Big Bang Theory. While I was writing it, there were a whole lot of other themes and subtexts I could have also pointed out with regards to the show (extended adolescence, over the top caricatures of Christians and Christianity,), but I found the post starting getting disjointed in trying to cover everything...so I deleted whole sections before hitting the publish button.

In the comments, Alte posted a link to a feminist blog entitled Womanist Musings, in which she points out that feminists don't like the show because it had an episodes that had slut shaming combined with racism. (Look it up in the comments of the last post if you really wanna see the piece, I'm not going to hotlink to that misandrist blog) Commenter Sojourner also weighed in: "...this show does have a perchance for slut shaming."

I actually disagree...I believe TBBT is actually engaging in a bit of "wag the dog" style propagandizing.

First thing to note is that the episode for which the feminist blogger is offended with has Penny expressing regret for sleeping with Raj and how she feels guilty for it. Womanist is offended, but she fails to realize the entire context of that episode is actually promoting her feminist ideology: Penny "puts everything back to the way it was" - i.e. no real consequences for her slutty behavior, and by the next episode, Raj, Penny and Leonard all act as if nothing had ever happened. Is that REAL "slut shaming?" Note the dialog between Penny and the other female character, Amy, that got Womanist all upset:

> Amy: Do you know the story of Catherine the Great? Penny: No Amy: She ruled Russia in the 1700's and one night when she was feeling particularly randy she used an intricate system of pulleys to have intimate relations with a horse. Penny: I'm sorry, what does this have to do with me? Amy: She engaged in inter-species hanky panky and people still call her great. I'm sure your reputation can survive you shagging a little Indian boy.

Cue laugh track.

Slut shaming? Looks more to me like demonstrating how the female rationalization hamster can explain away slutty behavior. Yet another subversive meme being presented as normalized behavior in the show.

Womanist is all upset that the script writers have Penny expressing feelings of guilt for sleeping with Raj - who is supposed to be Leonard's friend. Sleeping with your boyfriend's friends is slutty behavior. Womanist is upset that the script writers here are calling a spade, a spade.

Real slut shaming by a TV show script writer would involve showing the real consequences of slutty, promiscuous behavior. Usually when a girl sleeps with her boyfriend's friends in real life, the relationship dynamics between the sordid triangle are forever changed. Raj and Leonard would never be friends again, may even fight, and there would no longer be the regular episodes of the entire cast sitting in the living room eating take-out food and hanging out.

But not here...the show carries on, episode after episode, with no real effects from slutty, promiscuous behavior ever depicted realistically. Womanist fails to identify the real theme of that particular episode: Brave New World Order sexual morality = sex is disconnected from procreation, and is now a meaningless entertainment. Everyone can fuck anyone and no one is supposed to be upset, nor should they let meaningless, promiscuous sex interfere with relationships. She's upset that the script writers would DARE even put in even a half-assed dialog that hints at

slut shaming, but fails to see the bigger picture in that the slut shaming referenced is ineffective, LAUGHED OFF, and marginalized by Amy's rationalization - Catherine was a horse fucker, yet she was still considered GREAT!

In other words, the real subtext of the message here is: DON'T LET SLUT SHAMING BOTHER YOU LADIES...others have done far worse and they are still considered historically GREAT!

Feminists like Womanist wants no mention of any kind of judgement for any female's sexual behavior whatsoever. No one EVER should have even the slightest thought for judging any woman, anywhere for her sexual choices. She fails to realize how the very episode she derides, is actually playing a part in promoting the marginalization of slut shaming as a means of constraining female sexuality.

Total Information Awareness

Keoni Galt · 25 March 2012 · Archived copy · Original



Have you ever read George Orwell's *1984?* It is not a science fiction novel, it's a fucking blueprint.

> Every citizen, or at least every citizen important enough to be worth watching, could be kept twenty-four hours a day under the eyes of the police and in the sound of official propaganda, with all other channels of communication closed. The possibility of enforcing not only complete obedience to the will of the State, but complete uniformity of opinion of all subjects now existed.

No, surely that cannot happen here, in the LAND OF THE FREE AND THE HOME OF THE BRAVE?!?!?!

Petraeus: CIA Could Use Smart Household Appliances To Spy

But it's not just going on here in the good ole USSA Inc.

Ever heard of Echelon? How 'bout the UKUSA agreement?

> The United Kingdom – United States of America Agreement (UKUSA) is a multilateral agreement for cooperation in signals intelligence among the United Kingdom, the United States, Canada, Australia, and New Zealand. It was first signed in March 1946 by the United Kingdom and the United States and later extended to encompass the three former British dominions. The UKUSA Agreement was a follow-up of the 1943 BRUSA

> Agreement, the World War II agreement on cooperation over intelligence matters.[3] **This was a secret treaty**, allegedly so secret that it was kept secret from the Australian Prime Ministers until 1973.[4] The agreement established an alliance of five English-speaking countries for the purpose of sharing intelligence, especially signals intelligence. It formalized the intelligence sharing agreement in the Atlantic Charter, signed in 1941, before the entry of the U.S. into the conflict.[5]

With the advent of the internet and the exponential increase of global communications, our Brave New World Order Overlords need new facilities to handle the sheer volume of encrypted data!

Have no fear, Big Brother is working on it as we speak:

The NSA Is Building the Country's Biggest Spy Center (Watch What You Say)

> The heavily fortified $2 billion center should be up and running in September 2013. Flowing through its servers and routers and stored in near-bottomless databases will be all forms of communication, including the complete contents of private emails, cell phone calls, and Google searches, as well as all sorts of personal data trails—parking receipts, travel itineraries, bookstore purchases, and other digital "pocket litter." It is, in some measure, the realization of the "total information awareness" program created during the first term of the Bush administration—an effort that was killed by Congress in 2003 after it caused an outcry over its potential for invading Americans' privacy.
>
> But "this is more than just a data center," says one senior intelligence official who until recently was involved with the program. The mammoth Bluffdale center will have another important and far more secret role that until now has gone unrevealed. It is also critical, he says, for breaking codes. And code-breaking is crucial, because much of the data that the center will handle—financial information, stock transactions, business deals, foreign military and diplomatic secrets, legal documents, confidential personal communications—will be heavily encrypted. According to another top official also involved with the program, the NSA made an enormous breakthrough several years ago in its ability to cryptanalyze, or break, unfathomably complex encryption systems employed by not only governments around the world but also many average computer users in the US. The upshot, according to this official: "Everybody's a target; everybody with communication is a target."

Canada's CSEC is constructing a similar facility as well.

> As envisioned, the seven-building CSEC complex will be the equivalent of a 90-storey skyscraper turned on its side – a highly secure compound outfitted with the latest high-tech gear. Two nearby electrical generating stations will power the agency's computers, which suck in millions of conversations from around the world each day and scour them for intelligence information.

Oh, and Australia too.

Soon...very soon, total surveillance of all electronic communications in every corner of the globe will be monitored, recorded, de-crypted, analyzed and available for the emerging New World Order's Global Government to identify and act upon as they see fit.

> To the future or to the past, to a time when thought is free, when men are different from one another and do not live alone - to a time when truth exists and what is done cannot be undone: From the age of uniformity, from the age of solitude, from the age of BIG BROTHER, from the age of doublethink - greetings!

- *Winston's Diary in 1984*

TellAVision: The Big Picture

Keoni Galt · 27 March 2012 · Archived copy · Original

[image]

I did not expect the response I got from my initial and then follow up post about the TV program, *The Big Bang Theory*. Both those posts are still getting regular hits and unusual amount of comments (for this blog, anything more than 10-15 comments is unusual).

I was surprised to find out how many manosphere regulars were very familiar/regular viewers of *The Big Bang Theory*. As I wrote earlier, there are so many aspects I could have covered regarding all the themes and subtexts conveyed subversively in the show -- like Commenter Carpe Oro points out, "*I watch it with my wife and personally get a chuckle out of how PC it is regarding science and the typical "well ALL smart people know this is the TRUTH about how the world works" jive they sell.*"

The main point is that TBBT is simply *one* example of the entire purpose of TellAVision Programming as a social engineering tool.

As commenter Ubermind wrote: *"There is no need to see more evil in BBT than in every common TV soap opera that has been around for ages."*

Right. It's almost ALL evil. Nearly on every channel, on almost every show, you can find aspects of behavior, attitudes and ideas that promote human relationship dysfunction in some way or another.

Ubermind also commented:

"I would be cautious to call it a conspiracy (because it is bad to see conspiracy in everything even trough there is a conspiracy) it is just how the TV series need to operate to continue earning money."

I'll throw caution to the wind and just say it outright - TellAVision Programming is certainly one, big, giant conspiracy.

It is one of the most effective means of propagandizing We the Sheeple ever devised.

When you become a regular viewer of a program, you begin to subconsciously feel like you're personally involved with the characters on screen. The tone of their voice, their facial expressions....the regular exposure of constant viewing tricks your mind into thinking you actually KNOW the people on screen. Regular viewing simulates the familiarity that comes with interpersonal friendship with people in real life. This is how it "grows" on you...and how it influences you on a subconscious level.

I grew to "like" the characters on *The Big Bang Theory*. I looked forward to watching new episodes in the same way I look forward to attending an upcoming party in which I'll see all of my friends and acquaintances. This influence is precisely how social engineering to change attitudes and behavior is effected in our society.

As a Gen X-er, I can remember a time when curse words, nudity and gratuitous violence were verboten on network TV. Crudity, cruelty and familial dysfunction were not a regular feature of the old shows of the 80's. There were an abundance of positive, masculine characters, and women were not portrayed as super-empowered, ass-kicking,

know-it-alls. All of these changes were gradually phased into TellAVision Programming over the course of decades.

I remember when it was SHOCKING that a TV sitcom had a single, mild curse word like BITCH was used, or a brief flash of nudity was shown...all my friends and I were talking about it in the schoolyard the next day like it was a major event that had occurred. And it was. Every initial instance added to the continual, gradual and incremental decline in standards and morality of society at large amongst we the sheeple.

What is the "grand conspiracy" here?

One need not concern themselves with trying to connect TellAVision Programming with NWO Agenda, Global Governance, the Illuminati, Reptilian Aliens, UFO's or the Federal Reserve to understand why I call it a "conspiracy."

Simple corporate-driven profit motive will do.

Our reality is that we do not live in a Capitalist, nor Socialist society...but a Corporatist one. Everything in the "First" world is shaped, manipulated and controlled by Corporations. Nameless, faceless, inhuman entities that treat us all nothing more than CONSUMERS and HUMAN RESOURCES who's sole purpose is to generate revenue streams to profit shareholders.

If there's one thing corporate marketing researchers know about human motivation, is that people who are unhappy and have no real meaningful direction in their lives are desperate to try and find that meaning...they are much more easily influenced into trying to "BUY" happiness by consuming products and services.

This, of course, never really works. Consuming products and services may give temporary happiness, but it will always dissipate and cause a person to try and buy even more happiness. Following the path of consumerism will consume you...which is exactly what THEY want us all to do.

This is why relationship dysfunction is an INTEGRAL part of TellAVision script writing. Emasculate men, pedestalize and masculinize women. Feature humorous dialog based on cruelty and put downs. Friends and lovers regularly insult each other...relationships never last, break ups, divorces...all of it is normalized by TellAVision Programming, to subversively influence the viewer to internalize such attitudes and behavior, and translate it into disconnected dysfunction in our personal lives.

The unhappiness modeled on screen turns into the unhappiness in your head which than transforms into the unhappiness manifest in your relationships with your family, friends and colleagues at work.

Unhappiness and fear are the most profitable mindsets for corporate marketing departments to capitalize on in trying to sell you something...sell you anything and everything.

It's overriding message is that we are all unhappy, life is shit, all people are crude, selfish and narcissistic animals....but you can be happy if you BUY something.

As I write this, the lyrics to one of my favorite Tool songs, Hooker With A Penis, echo in my mind:

> *All you read and wear*
> *or see and hear on TV*

> *is a product, begging for your*
> *fatass,*
> *dirty*
> *Dollar...*

> *...so, shut up and BUY!!!!*

BUY BUY BUY BUY BUY BUY BUY BUY

Kill your TV.

The Age of Dystopian Transition

Keoni Galt · 8 April 2012 · Archived copy · Original

[image]

Will future generations look back on the present times and recognize that this current era was a key transitory phase in the History of so-called "civilized society?"

Probably not.

Whatever the future generations think about our current experience, it's going to be whatever the ruling technocratic authoritarian elite want them to think.

I've come to the conclusion that we are currently living through a transitory stage.

It will have an official sounding title in the annals of politically correct history, like THE FALL OF THE UNITED STATES OF AMERICA'S EMPIRE.

I'm sure most future proles will believe whatever the Ministry of Truth tells them happened in this anachronistic age of "Democracy."

The WAR ON TERROR will have been "won."

They will no longer hate us for our freedom, because *we* will not be free.

If there is one thing the future citizenry of the Brave New World Order will know, it's that the inherent instability of this age required the TOTAL SURVEILLANCE STATE and COMPLETE POPULATION CONTROL. You know, the one that is currently under construction...

...and nearing completion.

My conclusion is that we are at the end phase of the dystopia Huxley described in *Brave New World* and transitioning to the world Orwell described in *1984*.

Orwell's foretelling of the age of Big Brother's totalitarian boot stamping on the face of humanity forever was only off by about 30 years, give or take a decade.

Make no mistake....some event or event is coming soon to give the President (whoever he or she is) the excuse to declare Martial Law. Whether it's a manufactured "false flag" like 9112k1 or a naturally occurring catastrophe, those who are preparing for the coming new age will surely follow the "rules for radicals" and let no good crisis go to waste.

When they are ready, all the Executive Orders that have been signed into extra-Constitutional law by Presidential pawns and puppets for the past several decades will kick in. Our current epoch of idiocracy, defined by the ubiquity of soma-addled indulgences in an endless variations of technologically advanced bread and circus distractions, will

be over, just like that.

The comfortable part of our hidden-in-plain-sight enslavement will come to an end.

Illegal Immigration will no longer be a problem.

Big Brother will be more concerned with illegal *emigration*.

Blogs like this will get disappeared.

If you think I write that because I've got some inflated sense of self-importance, pardon me, but you misread my sentiment.

I'm merely extrapolating from Orwell's description of our pending future: In the coming age of total surveillance, any expressed idea, observation or opinion that doesn't adhere to the party line, will be censored and/or punished.

They might even send those of us who attempt to write subversive truths anonymously on teh interwebz for an all-expense-paid camping trip, courtesy of the nearest regional Federal Emergency Management Agency resort.

The only thing we can really be sure of, is that change is coming, and it is coming soon.

You may not believe it, but the Federal Government sure does:

> While the majority of Americans are oblivious to the warning signs around them, recent actions taken by our government and the governments of other industrialized nations suggest The Powers That Be know very well where we're headed. They are and have been taking steps for quite some time to prepare for what is coming next.
>
> - What is the purpose of the National Defense Authorization act unless they plan on indefinitely detaining American citizens without charge or trial?
> - Why does the President of the United States (and his proxies) have the ability order the assassination or execution of an American citizen, again without trial, charge or reason?
> - For what reason does President Obama's 'Doomsday' executive order (National Defense Resources Preparedness) allow the seizure of food, land, energy resources and skilled laborers?
> - Why is the Pentagon actively war-gaming economic collapse scenarios and the civil unrest that would follow such an event?
> - With roughly 1 million active law enforcement officers in the United States, why is the US military training tens of thousands of personnel for domestic urban response, riot control and mass detentions?
> - For what purpose do we require some 30,000 armed surveillance drones over American cities?
> - Why has the Department of Homeland Security acquired in excess of 140 million emergency rations, over 450 million rounds of ammunition, bullet resistant checkpoint booths, and expedited the regionalization of supplies?

Why, this stuff sounds positively crazy, no?

As I've written both here and elsewhere in the past, I've seen with my own two eyes, a training area built to resemble a typical American suburban neighborhood, in the middle of the mountainous rainforests of a military training area here in Hawaii that I used to regularly go hunting at, until the security got beefed up on all the access roads. It's been about 2 years since I've seen the training area. I know what I saw.

I've talked to National Guardsmen and Police Officers who have undergone training at similar training grounds.

I've heard them express doubts and reservations about the kind of training they've been taking part in for the past 5 years or so.

One high-ranking police officer I know well, has attended a regional law enforcement conference a couple of years ago, for which the entire topic was civil unrest and the implementation of martial law, and the role Honolulu Police Department will play in cooperation with Federal Agencies like FEMA, DHS, etc. in suppressing Hawaii's populace; not if, but when it becomes necessary.

That was precisely the point that bothered him so much.

What bothered him the most was that the entire conference treated the topic as if it were a done deal. They did not even bother to present a half-assed cover story of "preparing for a worst case scenario" and "in the unlikely event" disclaimers as they conducted the seminars and discussion panels.

Sounds to me like the organizations that deal with the local law enforcement agencies by region, are using the Delphi Technique to condition the officers to internalize the idea of the inevitability of the collapse of civil society, and that suppression and oppression of the masses will not only be their job, but their patriotic duty.

As blogger Bill Powell states in the byline for his new joint: The Apocalypse Cometh:

You Are Not Going to Like the Future

No, I don't believe we will.

If I must live in a dystopia socially engineered and constructed to mislead the masses into living artificial and unnatural lives, I'd prefer the comforts of the Soma and Circuses of Huxley's version versus the paranoid, inhuman and inhumane Surveillance State of Orwell.

It's not like we're getting a real say in the matter.

Enjoy the decline...at home or poolside.

There may come a time soon for which even the simple pleasures of life are no longer allowed or logistically possible (your regions FEMA camp(s) may or may not have a pool).

Here Come the Bastards

Keoni Galt · 14 April 2012 · Archived copy · Original

We literally live in a Bastardized society.

Our civilization was built by men invested in earning resources to provide for their families and leaving their earned wealth to their offspring. Only children legitimized by marriage to the offspring's mother could inherit his wealth.

The real destruction of marriage as a lifelong institution did not begin with No-Fault divorce, but rather the cultural shift in attitudes regarding who should receive child custody in the event of divorce. The real changes to our society began with the changing attitudes of the culture towards what the institution means and why it existed in the first place.

Marriage used to be the contract in which a man and a woman exchanged their productive capacities to benefit the family unit their marriage produced. The female traded her reproductive abilities for the male's abilities to provide material support for her and their offspring. The offspring of their marriage were HIS. That's what he traded his provisioning capacity for.

That was the original deal.

Of course, feminists have derided that original arrangement as "Patriarchal Oppression." Like most other feminist ideas, it was, of course, a lie.

The real defining facet of marriage that lead to the use of Patriarchal marriage as the primary vehicle to build civilization, was the legitimacy of the right to inherit a Father's wealth. This is why the wife took the man's last name when she took vows...so that their children would have legitimate claim to the provisions their Father acquired.

Women were never FORCED to sign this contract to have sex or to have children. They could simply have sex out of wedlock and have bastards. They just couldn't make the man who had sex with her support HER offspring, because she did not enter into the marriage contract with him in the first place.

See the difference in the original contract that served as the foundation of civilized society?

Children created in Wedlock = HIS
Children out of Wedlock = HERS

This was the true incentive that promoted monogamous marriage, which resulted in the investment of men into the building up of society. They had something to work for - their heirs. When Men OWNED their children through marriage, they work themselves to death to make sure his heirs are taken care of when he is gone.

The biggest subversion to the institution of marriage was not no-fault divorce. Nor was it the changing of cultural attitudes that shifted the idea of default custody from men to women.

The real blow came from the loss of stigma for illegitimacy.

The equalization of legal rights to a man's provisioning capacity, in the name of his offspring whether he was

married or not.

Now, Child Support means women can get pregnant under any circumstances and decide whatever she wants to do...and the law says he pays, legitimate or not.

We now live under a system of Bastard Subsidization.

And like anything else you subsidize, you will get more and more of it.

How's that been working out for us all, eh?

We now live in an age for which any woman who finds herself in the vicinity of a rich and famous male, has the opportunity to hit the Bastard Subsidy jackpot....just get him to have sex and get pregnant and voila, a court ordered payment for at least the next 18 years.

Take for instance, the recent case of most likely future Hall of Fame football player, Warren Sapp.

> “Do you think I wanted to declare bankruptcy?” Sapp tells Gary Shelton of the Tampa Bay Times. “Do you think if there was any other way possible I would have done it? It was either this or go to jail. Those were my choices.”
>
> Sapp explained that a construction deal gone bad resulted in 100 percent of his NFL Network earnings being garnished for 11 months. “You tell me what to do,” Sapp said. “Do you keep working without a check? If you don’t pay your child support, you go to jail. This wasn’t something I wanted to do. This was something I had to do.”

Here's a former Super Bowl Champion who played close to a decade and earned millions of dollars. Forced into Bankruptcy because child support was taking 100% of his present earnings as a NFL Network TV Analyst and Pundit, after he lost his initial money earned when he was a player.

This is a stark example of how "imputed income" literally traps men into poverty and indentured servitude. There is almost no possible way for Sapp to ever again earn the kind of money he made when he was a high profile star player in the NFL. Ever since he retired, he's been working for far less money as a TV personality than he used to make as one of the best Defensive Tackles in the game.

But the family court system that enforces the Bastard Subsidy system requires him to keep paying the unmarried women who bore his illegitimate children levels of child support as if he were still an active NFL player capable of earning millions of dollars annually.

It seems like the default attitude of most people influenced by mass media society who hear about the cases of the likes of Sapp, automatically assume that he deserves what he gets, HE SHOULD'VE KEPT IT IN HIS PANTS.

This is the cultural attitude that feminists have fought long and hard for - to give women the ability to have all the choices of reproduction, and men all of the responsibilities and consequences for whatever choice she makes.

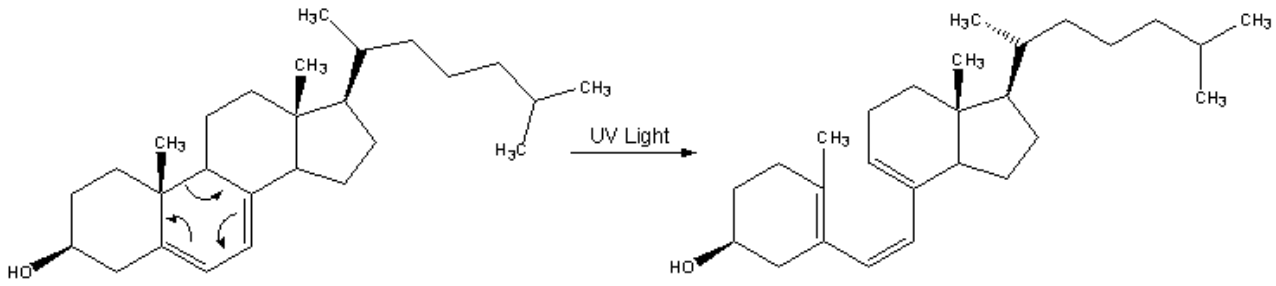
Of course, this is not going to change anytime soon. To suggest otherwise would a) hurt illegitmate children's feelings (the poor little bastards), and b) make women responsible for their own choices once again.

Thus, we await the inevitable collapse of the formerly civilized Patriarchal society that has been irrevocably bastardized.

HERE THEY COME

The Key is D

Keoni Galt · 16 April 2012 · Archived copy · Original



https://en.wikipedia.org/wiki/Vitamin_d

> Vitamin D is a group of **fat-soluble** secosteroids. In humans, vitamin D is unique both because it functions as a prohormone and because the body can synthesize it (as vitamin D3) when sun exposure is adequate (hence its nickname, the "sunshine vitamin").

American Medical Association Adopts new policies:

> “All patients regardless of race or ethnicity should use the same sun protection measures including sunscreen of at least SPF 15, **avoid the sun during peak hours** and regular exams,” said AMA Board Member Peter W. Carmel, M.D."

Back to Wikipedia:

> Sunscreen absorbs ultraviolet light and prevents it from reaching the skin. It has been reported that sunscreen with a sun protection factor (SPF) of 8 based on the UVB spectrum can decrease vitamin D synthetic capacity by 95 percent, whereas sunscreen with an **SPF of 15 can reduce synthetic capacity by 98 percent** (Matsuoka et al., 1987).[95]

The American Cancer Society Recommends:

> Limit direct sun exposure during midday
>
> Another way to limit exposure to UV light is to avoid being outdoors in sunlight too long. UV rays are strongest when the sun is high in the sky, usually **between the hours of 10 am and 4 pm**. If you are unsure

> about the sun's intensity, use the shadow test: if your shadow is shorter than you, the sun's rays are the strongest, and protection from the sun is most important.

Why, if the American Cancer Society recommends it, it must be true! Than why are there conflicting reports about this?

Time in the Sun: How Much Is Needed for Vitamin D?

> In the winter, it's impossible to produce vitamin D from the sun if you live north of Atlanta because the sun never gets high enough in the sky for its **ultraviolet B rays** to penetrate the atmosphere. But summer is a great time to stock up on the nutrient. When the **sun's UV-B rays hit the skin, a reaction takes place that enables skin cells to manufacture vitamin D.**
>
> If you're fair skinned, experts say going outside for 10 minutes in the midday sun—in shorts and a tank top with no sunscreen—will give you enough radiation to produce about 10,000 international units of the vitamin. Dark-skinned individuals and the elderly also produce less vitamin D, and many folks don't get enough of the nutrient from dietary sources like fatty fish and fortified milk.

What does the ACS say about UV rays from the sun?

> UVA rays cause cells to age and can cause some damage to cells' DNA. They are linked to long-term skin damage such as wrinkles, but are also thought to play a role in some skin cancers.
>
> UVB rays **can** cause direct damage to the DNA, and are the main rays that cause sunburns. They are **also thought** to cause most skin cancers.

Can? Also thought? Glad to see the ACS using definitive, scientifically proven facts to save us all from the evils of UVB exposure!

Back to the USNews Report:

> The sunshine vitamin may protect against a host of diseases, including osteoporosis, heart disease, and **cancers of the breast, prostate, and colon**. What's more, sunlight has other hidden benefits—like protecting against depression, insomnia, and an overactive immune system.
>
> Given all the upsides of basking at least briefly in the summer sun, many experts now worry that public-health messages warning about skin cancer have gone overboard in getting people to cover up and seek the shade.

Gee...what would happen if we had a populace that sunbathed at mid-day regularly without sunscreen, and ate lots

of Vitmin D rich foods like grass fed dairy, meat and poultry? Surely the rate of cancers would decline.

This cannot be allowed to happen! The profits of pharmaceutical companies producing sunscreen and cancer treatment drugs would plummet! Donations and Non-Profit funded careers for organizations like the American Cancer Society would dry up! Giant Agricultural Food manufacturers would lose out on all the cholesterol free and fat free food products they sell! This would be an unmitigated disaster across a wide variety of industries! This cannot be allowed to happen!

Remember:

theresnosuchthingasconspiracytheresnosuchthingasconspiracytheresnosuchthingasconspiracy...

Escape the Zoo

Keoni Galt · 22 April 2012 · Archived copy · Original

[image]

I have never tried to define this blog as a certain type, or as a member of any particular genre. I thought doing so would simply put self-imposed limitations on what I felt inspired to write about at any given moment. That doesn't mean I look down on blog genres or 'spheres' like the manosphere or the paleo blogosphere, the conspiracy theory sphere etc., it's just that I never wanted to typecast myself. I've always been on a personal quest for finding freedom through seeking truth. That is my only "Theme" if you will.

To follow the rabbit hole wherever it may go.

I first titled this blog "Hawaiian Libertarian" when I stopped drinking the Republican flavored kool-aid of the American two-party political Democracy sham. I used to think supporting the Libertarian party and Libertarian candidates at the local level of elections was the answer to much of what ails our society, while voting for the "lesser of two evils" at the national level.

As I continued to learn more and more truths and see through more and more of the deceptions, delusions and lies of our mass media/public education indoctrinated society, I soon realized there really is no true solution working within the system.

The system is NOT BROKEN.

There's nothing to fix.

There is no "solution" because the system is doing precisely what is was designed to do.

We can't "fight" for recognition to reverse the injustices of the family court regime that feeds like a vampire on the lifeblood of society, destroying the nuclear family one divorce at a time.

Feminism was nothing more than a social engineering program to effect population control.

On that front, mission accomplished.

Many folks in the manosphere are proclaiming the end of feminism's influence is near. I think so too...I just don't believe the end of feminism will mean a restoration of men's equality under the law, Father's rights or any of that.

No, once the useful idiots have outlived their usefulness, they will be cast aside when the new paradigm is put into place.

There is no "media campaign" or political candidate you can vote for to change the system. Even if a politician were to run on such a campaign and gain enough support to win an election, he'd be marginalized, compromised or

straight up assassinated.

Voting is a fools game of mass self-deception. Participatory Democracy is assenting to your own enslavement.

After coming to all these realizations, I changed this blog title to "Hawaiian libertarian" - "small l" libertarian, and I removed my linkage to the Libertarian Party's website. I no longer wish to participate in exercising my "freedom to vote for my rulers."

It's taken years to reach this point. It's a developed philosophy that encompasses all aspects of my life, point of view, attitude and behavior. Being a participant in the Manosphere and blogging about the "paleo" diet, conspiracy "theory" topics and other interests are simply part of the bigger picture - seeking personal solutions to systemic problems.

I've oft tried to write a post like this, putting all of these ideas into one coherent, yet concise point...a manifesto. But always found such attempts would end up being all over the place.

But this morning, I read the latest post over at Richard Nikoley's "Free the Animal" and one particular commenter going by the name of "Brent" put everything I've come to believe into some brilliant, concise comments. The first was his response to some brainwashed Statist whore using the same old, lame ass argument that someone who doesn't love the US Government and political system should leave the country. Brent dissects this old trope -

> First, you're making the first logical misdirection that politicians love: a country is its government and political system. That leads to the ridiculous argument that if you don't like your government or political system, then you don't like your country.
>
> Nations are human abstracts that do not exist in reality. If you don't believe me, take an international flight and look for the lines you see on a map. This is my home, regardless of who has been placed in charge of the civilization that sits on top of it. It's a bit like the Europeans invading the land the Native Americans were living on, declaring it part of (England, France, Spain, U.S., or whoever has the most guns at the time) and saying, "If you don't like it, leave."
>
> The difference in this case is that the invasion into every aspect of our lives wasn't carried out blatantly, because the citizens outnumber the zookeepers. Instead, the keepers worked over time to convince the masses to vote for an invasion, one issue or politician at a time. Now I'm being told on one hand that if I don't like the civilization the invaders have set up, I should leave; on the other hand, I'm being told that if I don't help elect new zookeepers, I'm part of the problem, and can't complain about them. I love my country (my home) and I hate what the government (propped up through elections) is doing to it. Therefore, I'm the problem and should leave.
>
> The question at that point is: go where? To stay in the geographical region that is my home, I would have to go out into the wilderness to escape the civilization that the zoo animals have voted for. Ted Kaczynski tried that and he ended up blowing people up out of frustration because civilization kept invading him anyway. I don't condone the methods but I can understand the sentiment. {Me Too!}
>
> I could move to another developed country. If you can point one out that is working at becoming less socialistic, I may look into it, but I am not aware of any. Also, there are usually immigration restrictions for which I may not qualify – the good places like to keep the populations down. A less developed country? As you point out, the problem is the people, not the location. Trading in mobsters posing as "public servants" for

> warlords is not an upgrade.
>
> So, you say, that is the point. Our government may be shit, but it's the best shit out there. You may enjoy indulging in shit, but I don't – even if it's the most aromatic around. Sure we're living in a zoo, and sure it's getting more and more restrictive every day, but it's still a really nice zoo (for now). More importantly, it's better than the others. That's your argument?
>
> Let's say I become a political prisoner someday – for instance, for posting on the internet that I can understand Kaczynski's sentiment without condoning his actions – and let's say I'm lucky enough to be placed in one of those "swank" federal prisons reserved for white collar criminals. Should I not complain about the prison or even about being in prison because it's better than those that muggers and rapists go to?
>
> Should I focus on how much better off I am than political prisoners in other countries?
>
> This is my home. I don't plan on leaving. I'm not like Alec Baldwin and will not stupidly say I'll leave based on the result of an election – and if I did, I'd follow through. The political process in this country (especially at the federal level) is a joke. I am not living my life based on what happens within it. In fact, I try my best to ignore it. **The best I can do is live my life and pursue happiness to the best of my ability, within the parameters my keepers allow me, because real prison is worse (another reason not to complain – at least I'm not in prison!). Part of that pursuit of happiness includes ignoring, and abstaining from, the election of the next mob boss.**

I've come to a similar conclusion - except I used the feedlot as my metaphor as opposed to Brent's reference to a human zoo.

Later on in the comments, some other commenter wonders if there's a way to make "paleo" meals convenient and easy to sell as a pre-packaged product. Brent hits another out of the park:

> I am reminded of some investment advice I got a while back, which is basically: when the mainstream jumps on an investment idea, sell. Now, a paleo lifestyle is not something I'm going to leave, but – like others – I may have to leave the label behind as it starts to become a marketing term instead of a lifestyle concept.
>
> I saw the same thing happen with low carb when it became a "fad." One thing I will always be grateful for, from my low carb days, is heightening my awareness of what I was eating, as opposed to just how much of it. In addition to cutting down on carbs, Atkins admonished his readers to also cut out hydrogenated oils and some artificial sweeteners, like aspartame. Suddenly I was checking food labels for ingredient lists instead of just macronutrient content. It made me laugh at ludicrous products like Better'n Peanut Butter, with its inch-long ingredient list of processed additives that made it "healthier" than a product that was made of "roasted peanuts and salt." That kind of thinking led me to paleo/primal living.
>
> Paleo is (was?) a concept, not a brand, not an ingredient list, and not shorthand for gluten and/or dairy free. The latter is what the food industry wants it to be, because they can make their crap without gluten, and simply use a whole bunch of other potentially toxic crap to make the same foods palatable. They did the same thing with maltitol, which made products sugar free and "low carb," but also caused diarrhea.
>
> You may or may not have seen the report on the gorillas in the zoo whose health improved when they were

> taken off their diet of standard-issue gorilla food pellets. The which were high in sugar and other processed crap, but met all the “nutritional requirements” for gorillas, but was giving them heart disease and making them lethargic. Their health and energy improved when they were given whole foods more like what they would eat in the wild: fresh leafy vegetables and fruit. Sound familiar?
>
> A “healthy Paleo frozen dinner by Lean Cuisine” is contradictory. Frozen dinners are the equivalent to food pellets for zoo humans. I’m looking at my copy of Paleo Magazine and I see an ad for “Paleo Coffee Creamer” – which is an oxymoron. Paleo creamer is called “cream” – preferably raw from 100% grass-fed cows. **The act of sourcing fresh, quality ingredients, “wasting time” by preparing them properly, and enjoying them with good company is what makes the meal Paleo, not just its gluten/dairy content. Paleo is about changing our attitudes about our food – its quality and preparation – and our lifestyles.** I think Richard’s point is that it is also about changing our mindsets towards life in general. **That is, breaking away from the mindset of civilization – aka, the zoo. In other words, free the animal.**

Richard gave Brent an A++ for that post. I agree. "Civilization" is really the domestication of humanity. Once you understand this, you are then free to make a choice: are you going to live life like a lap dog...or more like a free range wolf? I know which end of that spectrum I prefer.

To conclude, I'll end with one of the more profound quotes from one of Bob Marley's timeless classics:

EMANCIPATE YOURSELVES FROM MENTAL SLAVERY, NONE BUT OURSELVES CAN FREE OUR MINDS

This is your brain.This is your brain on teh Pr0n. Any Questions?

Keoni Galt · 23 April 2012 · Archived copy · Original

[image]
I have a very good memory despite years of constantly bombarding my brain with mind and mood altering substances. I've always thought I had a good memory, but now I know for certain that my memory is better than most people.

I'm now approaching an age for which many of the folks in my circle of family and friends don't remember a lot of shared experiences. I usually remind them, and only after supplying a lot of little details of the memory do they remember the event or thing I'm talking about.

Because I have such a vivid, detail-oriented memory, I still "feel" like I'm a young man, because I remember my youth so well.

Perhaps I'm simply experiencing the calm before the storm of the "mid-life crisis" all humans supposedly experience in their 40's. Perhaps not. But I recently came across a website that made me realize I was mistaken in thinking I perfectly understand the experiences of life in our bravenewworldorder by Gen Y/Millenials

Sometimes, I discover a website/blog/forum, and the content gives me a personal paradigm shift in attitudes and beliefs. A game changer.

For instance, I remember the first time I read *Roissy in D.C.* Back in those days, the archives were not that extensive. I read the entire blog in under two hours. This was about 6 months before his comment threads turned into the breeding grounds for what we now know of today as the manosphere.

On the other hand, when I first discovered the *Weston A. Price Foundation's* website, that took me over a week to make it through every single article on their voluminous little library of traditional diet and nutrition research. That was back in 2006. It would take even longer now.

It's been awhile since I've found a site for which I was compelled to devour the websites archives in a single session of furious speed reading...similar to reading an entire book in a single sitting.

Today, I came across such a site: http://yourbrainonporn.com/

Holy shit. I had no idea how big and bad this beast has grown.

[image]

I remember when the entire "pornography experience" was girly mags some friend stole from some relative, and we young boys eagerly thumbed through it, thrilled that we were doing something we were not supposed to...looking at the pictures of naked women and feeling the rush of dopamine and testosterone the simple sight of nude females effects on the pre-adolescent male brain.

Then, in my early teens, I became friends with a guy whose parents owned a few hardcore porn VHS tapes. When

they were at work, he would sneak a tape from his parents room and play it on the living room tv.

We could only watch it rarely...so when we did, it was even more exhilarating. It's effects on my teen age brain were dramatic. I still remember the cheesy plots and specific dialog that were in all Pr0n before the interwebz metastasized into the pervasive, society wide mind-fuck that it is today.

I remember real vividly, the early days of the interwebz, when teh Pr0n industry was first raking in credit card subscription fees (I used to have one) and when most of the "actresses" sported "glorious natural pelts" and did not have tattoos or belly piercings. Even back in those days, when I became a frequent consumer , I was keenly aware of it's effects on me...I recognized it was similar to a drug.

In the first few years of being married, I regularly looked at teh Pr0n several times a week. I hid my credit card statements that showed the billing company info. I consumed it in secret. It was a forbidden thrill.

Than one day, I was ruminating while lying in bed, in a post-coital haze after consummating marital relations with her, and I realized something: Teh pr0n was ruining my enjoyment of the real thing. It was corrupting my marriage. I had begun feeling like no matter what sex act or novelty we tried, it wasn't enough...more...More....MORE.

Now when I used to look at girly mags or watch videotapes, I never had any problems or sense of dissatisfaction with my real life carnal experiences at all. I had a flash of insight.

Teh Pr0n was insidious. Fuckin' evil.

Soon thereafter I quit cold turkey. I cancelled my subscription and stopped visiting the then just emerging free sites. Within a week or so, my attitude and satisfaction with marital relations improved dramatically.

It's been years since I deliberately consumed teh pr0n on teh interwebz. Yet when I discovered YourBrainOnPorn.com, I was utterly fascinated. It brought back vivid memories of my feelings, emotions and attitudes about sex and how the early days of teh pr0n had begun to affect me mentally.

But reading the archives of that site and some of the forum entries also made me feel like an old man.

I never truly considered the idea that my Gen X experience with the advent of Pr0n on teh Interwebz was only the beginning stages of some very real dysfunctions it can apparently inflict. I vastly underestimated the depths of the problems it could cause for all those who've grown up with it as a way of life. Apparently I quit using just as it exploded into the mainstream.

Now I understand why Mr. Bardamu had felt the need to publicly swear off masturbation and eventually write an e-book about the topic.

Apparently teh Pr0n turns masturbation from an occasionally necessary release for all men youngdumbandfullofcum that involves an exercise of the imagination...to the compulsive and nearly uncontrollable habit of fapping in front of a computer monitor multiple times per day.

Apparently old school smut and it's medium of glossy photo mags and clunky VHS tapes that interspersed five or six sex scenes with fictional plots and cheesy dialog doesn't literally **change your brain** the way the instant access to an endless variety of sex acts and a near infinite variation of participants are on teh interwebz, does.

It seems the old porno mags and VHS tapes where the equivalent to doing a line of coke or smoking a

joint...whereas today's norm of opening up multiple windows of 30 second clips and viewing them in rapid succession while furiously fapping is the equivalent to smoking crack laced with PCP.

> *There's a kicker though. The capacity of our teen to wire up new sexual associations mushrooms around 11 or 12 when billions of new neural connections (synapses) create endless possibilities. However, by adulthood his brain must prune his neural circuitry to leave him with a manageable assortment of choices. By his twenties, he may not exactly be stuck with the sexual proclivities he falls into during adolescence, but they can be like deep ruts in his brain—not easy to ignore or reconfigure.*

> *Sexual-cue exposure matters more during adolescence than at any other time in life. Now, add to this incendiary reality the lighter fluid of today's off-the-wall erotica available at the tap of a finger. Is it any surprise that some teens wire semi-permanently to constant cyber novelty instead of potential mates? Or wire their sexual responsiveness to things that are unrelated to their sexual orientation? Or manage to desensitize their brains—and spiral into porn addiction?*
>
> *Incidentally, are you a guy remembering your own adolescence—and how you could never climax enough during those years? Perhaps you're supposing that Internet porn would have been a splendid innovation. If so, read these two articles: Porn, Novelty and the Coolidge Effect and Porn Then and Now: Welcome to Brain Training. **Porn, its content, the way it's delivered, and its potential effects on the brain have changed radically.** For today's users, more orgasm can lead to less satisfaction.*

I think I now understand David Alexander a little bit better.

* Disclaimer

Keoni Galt · 26 April 2012 · Archived copy · Original

[image]
The Hawaiian libertarian blog is a work of fiction. It's entire contents is nothing more than the fevered imagination of an individual who is anonymous and therefore not accountable for any advice he or she appears to advocate.

This blog is nothing more than a means of self-entertainment for the writer who likes to explore ludicrous and insane ideas that no normal person would ever consider rational or logical.

There is no advice given at this blog for which you should follow, as the author is not a certified nutritionist, a medical degree-holding Doctor, nor any other sort of authority on any topic that has been written about here.

This blogger is actually a huge, obese blob with diabetes, gout and skin cancer. You didn't REALLY think this blogger actually lost weight, kept it off, improved health and found a better way of life following all the ideas written about here? Of course not!

Compelling fiction is fun to write. That is all you need to know about the motivations of this blogger.

All that meat, salt and saturated fat and sunbathing without sunscreen have taken obviously taken it's toll on this blogger's physical and mental health...obviously.

I mean, COME ON!!?!?!?

Only a lunatic would ever write about such topics as government-corporate fascism and corruption, conspiracy theories about the Federal Reserve and a ruling elite that purposely control mass media and educational institutions to mislead the masses so that they adopt lifestyles that are unnatural and unhealthy, so as to become revenue streams for various government-enforced cartel industries!

Raving lunacy! UFO's and Reptile Aliens!

Pay no attention to this blog, it advocates nothing.

The only real piece of advice this blogger recommends for which you should follow is this:

You should never make important life decisions based on the fevered delusions of anonymous internet bloggers!

Trust ONLY the certified experts and Government approved sources of lifestyle information.

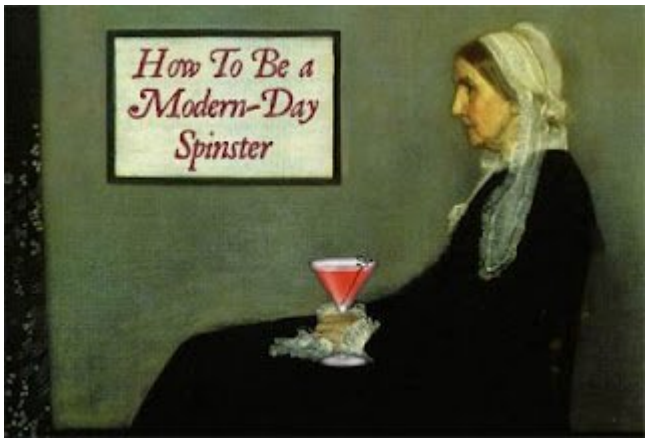
They only want what is best for YOU!

After all, they are the Government...the very reason we have the privilege of living in the Greatest, most Free-est Nation in the History of the World!

Thanks for helping me see the error of my ways, Will S!

Feminist Churchianity is Christian Population Control

Keoni Galt · 29 April 2012 · Archived copy · Original



From: The Cost of Delaying Marriage -

> *In this sense, we lead lives that are exactly the inverse of our grandmothers'. If previous generations of women were raised to believe that they could only realize themselves within the roles of wife and mother, now the opposite is thought true: It's only outside these roles that we are able to realize our full potential and worth as human beings. A 20-year-old bride is considered as pitiable as a 30-year-old spinster used to be. Once a husband and children were thought to be essential to a woman's identity, the source of purpose in her life; today, they are seen as peripherals, accessories that we attach only after our full identities are up and running.*

> ---

> *Instead, like lords or sailors of yore, a young woman is encouraged to embark upon the world, seek her fortune and sow her oats, and only much later — closer to 30 than 20 — consider the possibility of settling down.* ***Even religious conservatives, who disapprove of sex outside of marriage, accept the now-common wisdom that it is better to put off marriage than do it too early.***

> ---

> *The 33-year-old single woman who decides she wants more from life than her career cannot so readily walk into marriage and children; by postponing them, all she has done is to push them ahead to a point in her life when she has less sexual power to attain them. Instead, she must confront the sad possibility that she might never have what was the birthright of every previous generation of women: children, a family life and a husband who — however dull or oppressive he might have appeared to feminist eyes — at least was there.*

Several years ago, I used to work with two women who were born again, evangelical Christians who both had teen-aged daughters. Both of them talked endlessly about their worries for their daughters getting the best education and career they could get as soon as they graduated from high school.

I once made the mistake of suggesting that the most important thing such young girls needed to consider was choosing good men to marry...far more important than what college they were trying to get into, what degree they would try to attain and what career path they wanted to pursue. I tried to explain to them that the biggest decisions with the most far reaching consequences for their lives that their daughters would ever face would be who they decide to mate with. Both ladies didn't even consider my points. Both immediately argued that their daughters needed their educations and careers first and foremost, just in case they did get married and "it didn't work out." Of course, both of these ladies were the primary breadwinners in their family, so it's not surprising they would feel this way.

They were simply following the new ideal of 21st century Churchianity - changing the Church's prime directives to accommodate Feminist ideals.

The infiltration of Christian culture and morality by feminism (Cultural Marxism) is nearly complete.

Population control measures are successfully keeping the population replacement rate down amongst the demographic most likely to promote marriage and large, Patriarchal families.

Not only was this effected by pushing the idea that young women need to pursue education and career "just in case" marriages fail, but also that they must only consider marrying men in their own age group.

Note the lament of a Protestant Preacher's wife over at Dalrock's:

> *"Do you really believe it's easier for young women? IDK. My daughter is having problems getting* ***men her age to even approach her****. They all seem really shy won't even make eye contact, most of all they seem to be lacking in basic manners or the social graces (ironically talents women taught their children when they actually about the business of parenting.)"*

Why do Christian parents who want their children to wait until marriage to have sex, blindly follow along with the cultural value that women must meet and mate with men their own age?

Why do Christian parents who want their daughters to wait until marriage to have sex, push their young girls to make sure they go to college and start a career before even considering marriage - all while telling their girls they need to remain virgins until marriage?

Do Christian parents consider it ideal to raise virtuous girls who save themselves for marriage, really stop and think it perfectly reasonable to expect their daughters to be completely chaste from the age of 14 to the age of 24-25? Over a decade of abstinence after reaching puberty in this sex-saturated culture? Combine that with the expectation that they must only consider potential husbands in their own age group to boot, when such men are incapable of providing for a family until he's approaching 30, is a recipe for Christian Sluts and the inevitable growth of the Christian spinster populace.

Marriage 1.0 was the original foundation of society. It promoted the formation of families and most families were large. Prior to the "sexual revolution" (or as I like to call it: The deconstruction of civilization by reversion to Matriarchal morality), it was normal for people to get married and commence popping out multiple offspring.Women got married shortly after their bodies were ready, Men got married shortly after their abilities to provide for those women and their children were ready.

Before the imposition of collectivist schemes for supporting single motherhood en mass, this meant that men needed to find the means for supporting his offspring as soon as possible. There was no "teenage" stage to life. Men went to work to develop skills and the means to support his family as soon as possible."Teenage" males were working. "Teenage" females were marrying the older males and starting their families.

These norms ensured long lasting marriages because the age difference between older, experienced and capable provider husband and younger, fertile and inexperienced wife leveraged the females biological directive - *hypergamy* - while also satisfying the males desire for younger/hotter/tighter - *peak fertility*.

When these were the norms, most marriages were really for "til death do we part." And barring infertility, usually resulted in multiple children.

From the perspective of elite social engineers who desired a dramatic curb in population growth of the sheeple...the useless eaters...the foundation needed to be altered to stop all this reproduction. The multiple child family as the base unit of society needed to be altered.

To do this to a society that used to be overwhelmingly Christian, the twin tactics of "empowering" females in education and career, combined with normalizing the idea that people should only marry in their own age group, appears to have been quite effective in reducing the growth of the Christian demographic.Christian women are least likely to use birth control and/or to have abortions...two of the most important planks of the feminist population control program. But they sure seemed to have accepted the idea that women need to pursue education and careers before "settling" down.

Christian or not, putting education and career over marriage and child bearing puts many women on the path to either small families (2.1 children) at best...or spinsterhood and cat collecting at worst.

let freedom ring

Keoni Galt · 2 May 2012 · Archived copy · Original

Some anonymous person found my blog, read my last post and left the following comment:

What you really don't like is the freedom that women fought valiantly for, and over a ridiculous amount of time, acheived. It's over little men, and your patriarchial utopia exists only in your dreams, and the ash heap of history.

Gotta love all this freedom we're experiencing. Thank you, oh valiant women who fought for this current utopia we are all living in for a ridiculous amount of time!

What's not to like about the new normal of all these broken homes, destroyed childhoods, rampant divorces, declining marriage rates, expanding police state, and a record number of incarcerated citizens? Surely things are so much better now! We are living in a milieu that is so obviously a vast improvement over the "patriarchal utopia" we little men are pining away for!

I'm truly grateful to have been given this wake up call from delusions of utopia by anonymous commentary at my blog! I had forgotten all of these freedoms women have valiantly fought for!

Let us recall all of these freedoms "...that women fought valiantly for, and over a ridiculous amount of time, acheived!"

The following are these hard won freedoms of the 21st century, empowered, liberated female, as noted by a former daycare worker, who observed the behavior, attitudes and actions of mother's and the children they used to pay her to care for, while they were busy enjoying all this freedom that valiant women acheived (over a ridiculous amount of time!):

> **We are free** to take vanity to bizarre standards and measures – those created by the beauty, health, and media industries – that mandate skeletal thinness, life-long photo-youth looks, tanning bed skin color, Botox shots in the face, fake breasts, fake fingernails, waxing, manicured eyebrows, plastic surgery of every make and measure, bleached teeth, and unending and life-long diets.
>
> **We are free** to fall into the trap of the mandatory mental health industry – supporting big pharma and the New Freedom Initiative on Mental Health – by our addictions to anti-depressants to the tune of millions and millions of American women now zoning out on a daily basis with mood-altering drugs.
>
> **We are also free** to become useless in our homes. We now hire maid services, landscapers, pool cleaners, painters, interior decorators, cooks, nannies, teachers and tutors, caterers, therapists, party planners, massage therapists, laundry services, etc., while losing every intuitive instinct of our female natures.
>
> **We are free** to have extra-marital affairs, multiple lovers, to abort children, to disrespect and ignore the traditions of our families and religions, to use men like ATMs, to back-stab our friends and family members, and to take thousands upon thousands of family dollars for personal use in our missions to look like (and act like) teenagers.
>
> **We are free** to have children with as many men as we choose, and to bankrupt multiple men with mandatory

> child support payments.
>
> **We are then free** to ignore children by paying far more attention to maid-cleaned, spotless, and magazine-cover homes, where no cooking is achieved, no family memories are created, and no shoes are allowed to be worn on the white carpets of the "new" American home.
>
> **We are free** to give our children computer software to keep them addictively occupied for YEARS, and then complain about their lack of social skills.
>
> **We are free** to completely ignore the FACT that our children are SUFFERING with mean-spirited and incompetent mothers – children who are hungry, starved for attention, and mistreated by non-stop extracurricular sports regimens, drive-thru bags of dangerous food, teachers and public school indoctrination camps, completely ignored spiritual needs, and disrespect and contempt of their children's fathers.

These exercises in freedom were so commonplace, she ended up with enough material to write a book about it: The Cultural Devastation of American Women: The Strange and Frightening Decline of the American Female (and her dreadful timing)

And what has all this freedom created?

> *Sadly, this list has become the typical "home" scenario for America's children and husbands.* ***"Home" has become sterile because the women in American homes have lost their senses under the highly political guise of "liberation."***
>
> *So, another question begs – what does liberation mean to American women? Does it mean the freedom to vote? Freedom from historical gender bondage? Freedom from ownership?*

> *I don't think so.*

> *Today's American female is free to be an idiot – a shallow, self-involved, pathologically vain, completely incompetent, and angry person – angry to the tune of making the anti-depressant industry the largest profit maker, bar none, for big pharma.*
>
> *Stupid is what stupid does.*
>
> ***American children do not have happy homes.*** *They are television and computer addicts thanks, primarily, to mothers. So sorry, but facts are facts. American children have so many video games, movies, and "equipment," that we now have to have "media rooms" to contain the sheer numbers of purchases made to very purposefully ignore our children.*
>
> *Then add to the mix that American women can't and don't cook. They don't know how, and furthermore, between jobs, beauty and "health" regimens, and chronic diets, today's mothers feel like crap most of the time, which translates into anger in the home.*
>
> *Just ask dad (or boyfriend).*

Most never think to ask. Then they discover this little sector of teh interwebz called the manosphere, and they're shocked that there exists people who are not enthralled with all this progress and freedom those valiant women fought so long and hard for. (Never forget, it was a ridiculous amount of time!)

Don't worry...just keep exercising your freedom! You need not worry about us men longing for our mythical Patriarchal utopia. That, as you correctly noted, is in the ash heap of history...along with all the other terrible things that went along with it - like orderly and civilized society, made up of stable homes and happy children.

Paleo Toddler

Keoni Galt · 6 May 2012 · Archived copy · Original

[image]

It's been a year and a day since I posted the most read, linked-to and commented-on thread on this blog, Paleo Baby.

Getting linked by Primal lifestyle guru Mark Sisson was the equivalent to getting an Instalanche here on the fringes of the politically incorrect blogosphere. (Mahalo, Mark!)

Initially, I was amazed by the sheer number of folks that left comments...but I was even more amazed by the number of folks who were hostile, angry or felt personally insulted by that post.

A lot of folks seemed to think that somehow I was coming across as a condescending, know-it-all blowhard who implied that because they fed their kids formula or that their kids were colicky, I was judging them as parental failures.

At first, it made me angry and I responded in kind. The passage of time, interactions with many young and new to-parenthood peers and much personal reflection, has given me new insights into the psychology of Parenting. I get it. I really do!

Like everything else in our Brave New World Order of Mass Media Indoctrination, everybody has ideas about what is best for raising children. My new parental discussion code is this:

I'm not trying to tell you what to do, and I'll politely listen to your beliefs. I'll explain why I may disagree, but only if you ask...but mostly I'll just nod and give you an affirmative smile, rather than tell you why I don't think feeding kids grains, cereal, or not much meat is such a great idea.

I've learned since having my own kid, that everyone who's had kids is an expert when it comes to parenting.

"THEY say 'X' is best for 'Y'!"

I'm no expert. **I only pretend to be one as an anonymous blogger on teh interwebz!**

This is simply sharing my experiences from loosely adopting the Primal/Paleo lifestyle. "Going primal" nearly 5 years ago now, has been a dramatically life altering experience in terms of my own health and well being. So when my first child came along, it was only natural that I applied the same principles in feeding and caring for my offspring.

So here we are one year later, and "Paleo Baby" is now "Paleo Toddler."

My how time seems to fly quicker once you have someone other than yourself to care for and observe as they grow and mature..

Over this past year, I've periodically received emails and comments requesting I give updates, recipes, tips and

pointers from people desirous of raising "Paleo babies" of their own, as well as the curious, wanting to know how my kid's health and growth are going. I've basically had to resist the urge to turn my blog into a "new-parent" navel gazing blog (not that there is anything wrong with those sorts of blogs).

Nevertheless, consider this my obligatory "update" post.

In revisiting many of the points from my original post, let's just say most of those points have not changed much in the past year. To avoid overusing the term "Paleo Baby" or "Paleo Toddler" and turning this into a caricature of gimmickry, I'm going to refer to the kid from here on out as "Keiki," which is Hawaiian for child.

- Approaching two years of age, my keiki has never had an ear infection, a chest cold, or a fever...other than the mild, low grade fever that typically accompanies teething. Keiki has had a runny nose a couple of times, but that usually cleared up within a day or two.

- Speaking of teething, Keiki has an entire mouth full of choppers, all nicely formed, straight and evenly spaced. This seems to fit with the observations of Dr. Weston Price regarding dental health and development that correlate with the nutrient dense diets of traditional peoples. I myself have a narrower jaw and crooked teeth. Then again, I was raised on Soy formula from birth. I had poor dentistry, bad allergies, asthma. So far, keiki has seemed to avoid all that.

- Keiki's immune system is strong. Mommy has gotten sick several times in the past year, as her job puts her into contact with a lot of travelers from around the world, on a daily basis (she works at the airport). Keiki has never contracted anything she's brought home...including the flu and a pretty bad chest cold for which she ended up having to get an anti-biotic prescription for.

- In keeping with the Primal diet ethos, keiki has eaten almost zero grains/cereals or legumes. About 6 months ago, I dropped keiki off with a short term babysitter. I assumed that dropping keiki off with a cooler full of foods my wife had prepared, that the sitter would feed keiki that food, so I need not worry. She ended up feeding keiki a bunch of "heart-healthy, whole grain!" dry cereal. Keiki had diarrhea for the next 12 hours. Fascinating to see a child who's gut had never encountered grains for the first year and half of life, and had almost zero diarrhea episodes prior, would react to cereal like that. That was also the last time keiki had diarrhea (or grain based cereal).

- Recently, while at a party with a large group of kids and adults, in a moment where I wasn't paying attention, another parent who I was not well acquainted with (all who know us well, know how strict we are with keiki's diet, lol), gave keiki a cracker. Keiki threw up a half an hour later. Coincidence? I don't know. All I know is that Keiki has only thrown up 3 times ever. Vomiting is not normal behavior for my keiki, unlike some other cereal munching, soy formula kids I know.

- So what does keiki eat now? Basically everything my wife and I eat...i.e. freshly prepared, "slow food" meals. No fast food, convenience foods, processed, packaged foods. We try to vary up our diet a lot, but the one constant is the usual daily breakfast with eggs from our pasture raised, free range chickens.

- Keiki eats a wide variety of animal protein: free range/additive free bacon and sausages. Most of it though is Paleo...Hawaiian style. Lot's of smoked, dried, raw and fresh fish, tako (octupus), shrimp, crab, hawaiian slipper lobster, 'opihi (limpets) and lots of grass fed beef (including some occasional liver), and wild boar if I manage to have a successful hunt. Keiki also gets a lot of bone-broth based soups and stew that we've begun to eat on a regular basis.

- Keiki also loves dairy; organic, unsweetened yogurt, and a wide variety of high quality cheeses...and the very

occasional mouthful of ice cream (are favored 80/20 very occasional "cheat".)

- Contrary to some of the Paleo/Primal purists and adamant low-carbers, we do eat moderate portions of carbohydrates at almost every meal - white rice, sweet potatoes, mashed potatoes, fried potatoes, poi, and tortilla made from corn flour (treated with lime) and once in a while, some gluten free pasta.

- Keiki loves vegetables. I have a hard time believing it. I've watched keiki push meat and other dishes aside to pick out only the broccoli, cauliflower, asparagus, carrots, green beans, peas or peppers out of the meal, and forsake all the other food on the plate. The only thing keiki likes more than vegetables, is fruit. Sometimes we have to force keiki to eat the other foods.

- Since fruit is basically the only source of sugar in keiki's diet, keiki gets excited and squeals in delight at the mere sight of a banana, apple, papaya, nectarines, peaches, mango, pear, grape, strawberry or blueberry.

- Of course, everything we eat is cooked with either butter from grass fed cows, saved bacon grease and/or extra-virgin cocounut oil. All our food is and liberally salted with fresh ground Hawaiian sea salt. Other parents frequently comment on what a good eater keiki is.

- Same goes for keiki's Pediatrician. She cannot believe how we feed keiki when she asks about it. The only thing she says is that "I guess we can't argue with your results." That being said, I've had to continuously resist her recommendations to give keiki all sorts of vaccines (they want to give keiki 3 or 4 vaccines in a single sitting at almost every checkup! WTF? No, my child does not need the flu shot, the whooping cough shot, the chickenpox shot and the distemper shot right now...we'll take our chances, thanks!). Same goes for supplementing with fluoride. Why would I want to put that crap into my child?

- Oh yeah, I still sunbathe regularly, and most times keiki sunbathes with me in just a diaper. Keiki has never had a single drop of sunscreen applied. Keiki can frolick in our yard for 2 to 3 hours at mid-day with just a diaper on and has yet to get a sunburn. Ever. Same goes for taking keiki to the beach. Keiki has a perpetual, healthy looking tan (just like daddy! lol). Needless to say, I'm not worried about keiki's vitamin D levels.

- Some paleo purists might ask about whether or not we include intermittent fasting in our lifestyle? For a young child? LOL. I don't know many kids that can go for 6 hours without noticing they might be hungry, but keiki sometimes does. I don't try to force keiki to eat. I just wait until keiki gets hungry. But sometimes, keiki just isn't hungry and occupied with toys and playing around and doesn't think about food for hours on end. Lest anyone think I'm starving the kid, trust me when I tell you, keiki lets me know when it's time to feed the beast! But I never feed the kid until keiki lets me know it's time. Sometimes I have to feed as soon as keiki wakes up. Other times, we don't have breakfast until keiki has been up for 3-4 hours.

In summary, the guiding principles I try to follow with raising a "Paleo Toddler" are this: Focus on real food, eaten until satiated. Get adequate, regular, mid-day sun exposure to ensure optimal vitamin D levels. Avoid consuming modern day, mass produced, industrialized toxins like vegetable and grain oils, high fructose corn syrup, cereal grains and flour, MSG, and other mass produced, processed food garbage.

It is my personal experience and testimonial that it works for small children as well as it works for adults!

Finally, for all the naysayers, disbelievers, skeptics and cynics who criticized or got offended last year, I will state the following: What works for me and my child may not work for you.

YMMV. N=1 and all that.

You may very well feed your kid soy formula, cereal grains and a vegetarian diet, and you kid may be the picture perfect representation of health. Awesome. I say that in all sincerity!

Perhaps you're lucky or just blessed with great genes.

Or maybe I am just mistaken, deluded and full of shit. Have a look around my archives, you'll see I've been called that a lot. I'm a conspiracy theorist whack-job that hates teh womynz! Why should you care what I have to say?

Move along folks...nothing to see here.

I'll keep on doing what I'm doing, and you can feel free to do what you do.

This is an anonymous blog and I am not trying to sell you or anyone else a damn thing.

I write on this topic, because I'm passionate about diet and nutrition. I was not a healthy baby. I have lifelong health problems for which I now believe are attributed to my poor nutrition as an infant. My keiki is now in the 95%-tile for height. Neither my wife and I were, when we were babies. I anticipate our child is going to grow up much taller and healthier than either of us did.

So far, I've put my hard-gained knowledge and personal experimentation with the Paleo/Primal/Archevore/Weston Price paradigm to the ultimate test - by raising my child on these loose proscriptions based on years of research and self-experimentation. Seems to be working as my child has avoided all of the problems I had when I was a kid.

Keiki is not perfect.

I'm figuring out that the "terrible 2's" applies to "paleo babies" just as much as it does to SAD fed kids. I also think I need to figure out this whole aggravating potty training thing. One other thing...a well fed, healthy kid can still throw wild, dramatic temper tantrums, destroy things and get into quarrels with other children.

I am not a perfect parent.

My kid is not better than yours. (Well...I might actually think so, but that's not the point.)

If you read this and that's what you take away from it, than please, go work on your reading comprehension and quit jumping to conclusions.

[image]
Offended? Good.

I believe I've gained some important experiences and knowledge, and share them with teh interwebz to help those who are interested and see the value in discussing the whole "Primal/Paleo" lifestyle. This is just my $.02

None of this should EVER be taken seriously. Feed your kids what the Doctors, Pediatricians and American Medical Establishment tells you to! It's your fault if you try any of what this blogger relates here and your kid turns out mysteriously well nourished and healthy!

(I think our Pediatrician thinks I'm lying when I tell her what we feed the kid).

For those interested in reading up on the sorts of things I've used as guidelines, here are some of the readings I found helpful for me:

Dr. Art Ayers Cooling Inflammation blog. Great blog overall, but this particular post discussing gut flora and the role it plays in digestion and nutrient absorption...and how infant formula fucks it all up, is a very important one - Why Discuss Mother's Milk?

The Weston Price Foundation has a wealth of knowledge on Infant Nutrition as well.

Peggy's the Primal Parent blog is also a great n=1 account regarding infant pre and post natal nutrition topics.

And I just discovered another good blog from Dr. Chris Kresser. You can check out his "paleo baby" advice here: http://healthybabycode.com/

And of course, the place were I send anyone and everyone that always asks me about "my special diet," Mark's Daily Apple is the starting point I refer all to.

For those about to have babies or seek to improve the diet of your kids, good luck!

Now I'm off to take "Paleo Toddler" outside to get some mid-day sunshine...

"Sun is Shining..the weather is sweet!"

How Banks "Create" Money

Keoni Galt · 13 May 2012 · Archived copy · Original

This post is a rehash of an older post, which was a rehash of an even older post I made at *The Spearhead*. But in my opinion, the main point here needs to be restated, reiterated and repeated until it becomes a commonly understood meme.

I've been a long time reader of Vox Day's blog...at least since 2002 (maybe earlier, I can't remember). His was the first place I truly encountered Austrian economic theory and anti-Statist, libertarian philosophy. Most of the long time commentariat (known collectively as the dread ilk) are well informed about economics and understand the system of the US Federal Reserve.

But even some of the long-time regulars of the dread ilk still miss one of the most relevant points regarding our present day money "creation" system, which is a very big part of driving inflation. Dread ilk old-timer, Difster, wrote the following:

> *"The banks themselves don't create money but the Federal Reserve does.*
>
> *I'd suggest you read The Creature from Jekyll Island about the creation of the Federal Reserve. Also of course, read End The Fed by Ron Paul.*
>
> *This will give you a great education and probably piss you off. If it doesn't, there's something seriously wrong with you."*

Now, it's true that banks don't print paper currency money, but they most certainly do "create" money...aka - digital numbers entered into their account record-keeping computing system. In other words, you go to the bank, and you sign the paperwork to take out a loan, the bank doesn't physically count out stacks of bills in the amount you're borrowing and then hand it over to you in one lump sum.

No, they simply type the number in to their system, and voila, you now have whatever amount of money you agreed to borrow in a new account (or "deposited" into an already existing account). The only constraint they have on their money "creating" powers, is the fractional reserve requirement of their regional Federal Reserve Bank - which is generally 10%. This reserve amount on deposit, than allows the bank to "leverage" it to create money in the form of loans made out to other borrowers from the bank.

In other words, your local bank need only have $100 in their regional Fed Reserve account to turn around and "create" a $1,000 loan account to you. At the signing off of a new loan document, the bank just "created" $900 of fiat currency at the push of a few keyboard buttons. This new "$1,000 account balance" is than considered a "new deposit" for which only the required reserve amount is deposited at the Federal Reserve Regional Bank to than turn around and make a new loan to someone else.

Now this is a very simplified example I've used to explain the money creation process. It used be stated plainly on the Dallas Federal Reserve Bank's own website. The following quote was taken straight from an old html page that no longer exists on the Dallas Reserve's website:

> ***How Banks Create Money***
>
> ***Banks actually create money*** *when they lend it. Here's how it works: Most of a bank's loans are made to its own customers and are deposited in their checking accounts. Because the loan becomes a new deposit, just like a paycheck does, the bank once again holds a small percentage of that new amount in reserve and again lends the remainder to someone else,* ***repeating the money-creation process many times.***

However, this exact same quote is still available on a new .pdf file you can download from the Dallas Federal Reserve Website: dallasfed.org/assets/documents/educate/everyday/money.pdf

Page 11 of that pdf file contains the exact same quote that used to exist as an html webpage as of less than a year ago, the html page still existed and easily hyperlinked and googled. Now it's only found as a pdf download.

A Federal Reserve Branch essentially admits a core feature of our modern monetary system: Federal Reserve member banks (aka Cartel members) are allowed to "create" money by making loans.

In other words, anytime you see the tell-a-vision footage of the Fed's printing presses making all those brand new sheets of dollar bills to be put into circulation, the actual, physically existing paper money is only a fraction of the total money in our economy. MOST of the "money" in today's economy exists solely as digital numbers entered into bank's accounting/record-keeping computer systems, with only the required 10% actual cash being deposited at the regional Fed bank.

In other words...most of the money in today's "economy" is not actual paper currency...but DEBT agreed to by borrowers from the Federal Reserve's fiat currency/fractional reserve Cartel members. The more debt that's created, the more the money supply exponentially expands, driving inflation,

We Are All Zionists Now

Keoni Galt · 19 May 2012 · Archived copy · Original

[image]

The history of this blog has been my own personal investigation and experiences in a wide variety of topics. Many of the topics I've explored and expounded upon here have been controversial and/or considered downright crazy and insane. I have no sacred cows here.

However, there is one thing topic I've generally avoided, despite a lot of time reading and writing about "Conspiracy Theories" -- the entire genre of Zionism and "the Jooooooss!" It's way too easy to mention Jews, Zionism, and the preeminent Bankster dynasty of the Rothschilds, and quickly find the entire exercise marginalized as nothing more then ANTI-SEMITISM.

As a mixed-race "hapa-haole" Hawaiian, I largely give two shits about race, racism and racial politics. I've lived most of my life in the most mulit-racial "melting pot" culture in the West. Racism for most of us Hawaii folk is nothing more than a rich source of cocktail party humor and stand up comedian inspiration.

Besides, for us, white folks are the niggers here. Since I have light skin and light eyes (despite having more Polynesian and Asian DNA than Euro DNA), I've experienced racial discrimination from all sides. I had brown-skinned friends deride me as a fuckin' haole, and I've had white friends (usually military brats stationed here for a few years) who've derided me as an inbred, lazy Hawaiian and an uptight, penny pinching Asian.

Racism? Bah. Sticks and stones and all that.

Thanks to this sort of cultural experience, I'm an equal opportunity racist - I hate all the races equally.

Fuck you, you niggerhonkyjapspicslopemicwopdagomandingospearchuckercrackerabochinktowelheadsubhuman.

Whatever your label, we are all just sheeple. Never forget that. Our ruling class certainly treats us as so.

Racism = the second most popular social engineering program to divide and conquer We the Sheeple, to keep us preoccupied and squabbling so that we do not notice our continually increasing mass enslavement. (The so-called "gender war" would be first).

Ah well, fuck it. I have finally decided to once and for all cross the Jewbicon on this blog.

Of course, like all politically correct discourse, I must first of all make the following disclaimers before delving into the most verboten of topics: Some of my best friends are Jewish (it's really true!).

That being said, I can no avoid discussing the sacred cow of our Brave New World Order - Zionism.

Why now?

Because I've just discovered something - you and I (if you are a US citizen who pays taxes of any sort) are all

Zionists now. Oh yes, we sure are. Whether you like it or not. If you are of Palestinian descent, who has relatives currently living the perpetual war zone in the Middle East right now, you are just as much a Zionist as any Israeli citizen or IDF soldier.

Republicrat or Democan, it makes no difference....their really is only one real political party in the USA today, and that's AIPAC.

USA? More like the USZ.

We are Israel's little bitch.

Think I'm kidding or exaggerating?

Have a look at the recently passed H.R. 4133

> *H.R. 4133 would state that it is U.S. policy to: reaffirm the commitment to Israel's security as a Jewish state; provide Israel with the military capabilities to defend itself by itself against any threats; veto any one-sided anti-Israel resolutions at the United Nations Security Council; support Israel's inherent right to self-defense; expand military and civilian cooperation; assist in a negotiated settlement of the Israeli-Palestinian conflict that results in two states living side by side in peace and security and to encourage Israel's neighbors to recognize Israel's right to exist as a Jewish state.*

This country is hopelessly indebted, rising unemployment, and sinking further and further towards economic collapse, and our so-called leaders are voting to send more money and military hardware to a foreign country halfway around the globe? Nice to see our elected leaders got there priorities straight! Never mind all the problems here at home, it's Zion we must support above all else!

Only one man stood up on the Floor of the USZ Congress and voiced opposition. I wonder who that would be?

Representative Ron Paul's Statement on H.R.4133:

> *Mr. Speaker: I rise in opposition to HR 4133, the United States-Israel Enhanced Security Cooperation Act, which unfortunately is another piece of one-sided and counter-productive foreign policy legislation. This bill's real intent seems to be more saber-rattling against Iran and Syria, and it undermines US diplomatic efforts by making clear that the US is not an honest broker seeking peace for the Middle East.*
>
> *The bill calls for the United States to significantly increase our provision of sophisticated weaponry to Israel, and states that it is to be US policy to "help Israel preserve its qualitative military edge" in the region.*
>
> *While I absolutely believe that Israel – and any other nation -- should be free to determine for itself what is necessary for its national security, I do not believe that those decisions should be underwritten by US taxpayers and backed up by the US military.*
>
> *This bill states that it is the policy of the United States to "reaffirm the enduring commitment of the United States to*

> *the security of the State of Israel as a Jewish state." However, according to our Constitution the policy of the United States government should be to protect the security of the United States, not to guarantee the religious, ethnic, or cultural composition of a foreign country. In fact, our own Constitution prohibits the establishment of any particular religion in the US.*
>
> *More than 20 years after the reason for NATO's existence – the Warsaw Pact – has disappeared, this legislation seeks to find a new mission for that anachronistic alliance: the defense of Israel. Calling for "an expanded role for Israel within the North Atlantic Treaty Organization (NATO), including an enhanced presence at NATO headquarters and exercises," it reads like a dream for interventionists and the military industrial complex. As I have said many times, NATO should be disbanded not expanded.*
>
> *This bill will not help the United States, it will not help Israel, and it will not help the Middle East. It will implicitly authorize much more US interventionism in the region at a time when we cannot afford the foreign commitments we already have. It more likely will lead to war against Syria, Iran, or both. I urge my colleagues to vote against this bill.*

This is the real reason Ron Paul never ever had a real shot at winning the Presidency. He's the only Presidential candidate in recent history to not toe the Zionist party line.

Now why have we not heard about this bill getting voted on and passed in the mainstream mass media?

Is it because the "Jews" own the media?

Nah.

It's because the *Zionist* Jews own the media.

There is a difference. As an equal opportunity racist, I only hate Jews as much as I hate any other race...which is not really hate, but rather a vague, murky misanthropy I've developed. It's more akin to annoyance at my fellow sheeple-cattle, due to the forced proximity here in the strict confines of our shit-filled feedlot.

I'm no anti-Semite...but rather an "Anti-Zemite."

Why Orthodox Jews Are Opposed to a Zionist State

> *It is therefore, our demand that the State that calls itself ISRAEL, should cease to exist. Since this won't be done, we demand that they cease to call themselves "Israel", because their entire being is in complete opposition to the true People of Israel. The true People of Israel deny them permission to call themselves by that name. The Zionist leaders have no right to set themselves up as the representatives and spokesmen of the true People of ISRAEL. Since we know they will not fulfill this demand either we feel that at least we cry out the truth. The truth will always remain the truth.* ***By no means or force can the truth be changed. Even if all the world would say that one and one is three, the truth will remain that one and one is two.***

> *Let the truth be declared. The use of the Name "ISRAEL" by that State is a complete falsification. The People of Israel have nothing to do with that State. Zionism and its State have no share and no part in the true ISRAEL.*

Judaism and Zionism are not the Same Thing

> *The Zionist movement created the Israeli state. The latter is a persuasion less than one hundred years old. Its essential goal was and is to change the nature of the Jewish people from that of* ***a religious entity*** *to* ***a political movement****. From Zionism's inception the spiritual leaders of the Jewish people stood in staunch opposition to it.*
>
> *To this day Torah Jewry remains forever loyal to its faith. Zionists want the world to believe that they are the representatives of the entire Jewish people. This is false!* ***The Jewish people never chose them as their leaders.***

Neither did most of us US citizens...at least I don't think most voters elect our politicians because they campaign openly for having ~~taxpayers~~ We the Sheeple fund the war machine of Zion...

Shalom, my fellow United States of Zion taxpayers....now get back to work, the military of the Zionist State of Israel is counting on it!

Cognitive Infiltration

Keoni Galt · 24 May 2012 · Archived copy · Original

[image]

Teh Interwebz is infested with PsyOp Shills & DisInfo Troll Whores

From The Need to Protect the Internet From 'Astroturfing' Grows Ever More Urgent

> Every month more evidence piles up, suggesting that online comment threads and forums are being hijacked by people who aren't what they seem. The anonymity of the web gives companies and governments golden opportunities to run astroturf operations: fake grassroots campaigns that create the impression that large numbers of people are demanding or opposing particular policies. **This deception is most likely to occur where the interests of companies or governments come into conflict with the interests of the public.**

Nah, this can't be really going on, could it? Everyone is familiar with spammers who log onto forums and blog comments to leave seemingly relevant comments on the topic under discussion, while their handle links back to some shady internet-based business selling crap...but the government actually doing so to sow confusion and dissension with dis- and mis- information ? You don't say? That sounds positively....*conspiratorial.*

lozlzolzolzol

We have our very own Ministry of Truth, perpetually scanning teh interwebz to control the narrative and propagate newspeak.

So who's the current Minster of Truth for our 21st Century Oceania? Looks like some guy named Cass Sunstein, the Head of the Office of Information and Regulatory Affairs:

> *Cass Sunstein has long been one of Barack Obama's closest confidants. Often mentioned as a likely Obama nominee to the Supreme Court, Sunstein is currently Obama's head of the Office of Information and Regulatory Affairs where, among other things, he is responsible for "overseeing policies relating to* ***privacy, information quality****, and statistical programs." In 2008, while at Harvard Law School, Sunstein co-wrote a truly pernicious paper proposing that the U.S. Government employ teams of covert agents and pseudo-"independent" advocates to "****cognitively infiltrate****" online groups and websites — as well as other activist groups — which advocate views that Sunstein deems "false conspiracy theories" about the Government. This would be designed to increase citizens' faith in government officials and undermine the credibility of conspiracists. The paper's abstract can be read, and the full paper downloaded, here.*
>
> *Sunstein advocates that the Government's stealth infiltration should be accomplished by sending covert agents into "chat rooms, online social networks, or even real-space groups." He also proposes that the Government make secret payments to so-called "independent" credible voices to bolster the Government's messaging (on the ground that those who don't believe government sources will be more inclined to listen to those who* ***appear*** *independent while secretly acting on behalf of the Government). This program would target those advocating false "conspiracy theories," which they define to mean: "an attempt to explain an event or practice by reference to the*

> *machinations of powerful people, who have also managed to conceal their role."*

Sunstein wrote this paper calling for cognitive infiltration in 2008. Mere months later, newly elected President Obama appointed him Head of OIRA. What does OIRA do?

> *OIRA reviews collections of information under the Paperwork Reduction Act, and also develops and oversees the implementation of government-wide policies in the areas of information technology, information policy, privacy, and statistical policy.*

What do you bet "cognitive infiltration" is an official government policy now?

Check out this promotional graphic. The company's website from whence it originated, no longer has it available on their server. Upon first coming across this pic, I mistook it for a typical TheOnion or The People's Cube type of political satire.

[image]

lozlzolzol....I wonder how many times I've tangled with "**Professional BLOG Warriors?!?!**" Not just in the manosphere, but in the comment sections of mainstream media websites, and sport and various hobby forums, blogs and message boards I've frequented; ever since the old Ministry of Truth Director, Al Gore, invented teh interwebz?

Oh yeah, let's not forget about sock puppets. Used to be a sock puppet was some forum or commentariat regular who created a new profile or used the trusty old "Anonymous" handle to use a lowdown or cruel personal attack on another, so as not to ruin the reputation of their regular profile amongst that particular forum. Apparently, the professional corporate shills take sock puppeting to a whole new level:

> *After I wrote about online astroturfing in December, I was contacted by a whistleblower. He was part of a commercial team employed to infest internet forums and comment threads on behalf of corporate clients, promoting their causes and arguing with anyone who opposed them.*
>
> *Like the other members of the team, he posed as a disinterested member of the public. Or, to be more accurate, as a crowd of disinterested members of the public: he used 70 personas, both to avoid detection and to create the impression there was widespread support for his pro-corporate arguments.*

Imagine that? Wonder if any of us has ever read an entire comment thread composed by one or two dis-info PsyOp infiltrators and corporate troll whores sock puppeting various profiles to make it seem like a vibrant community of varying voices? Would it be outlandish to suppose that there may a prominent blogger in any of these sectors in the blogosphere, who has built up a stellar reputation, a multitude of followers and popular comment threads, was actually one of these cognitive infiltrators?

It now seems that these operations are more widespread, more sophisticated and more automated than most of us had guessed. Emails obtained by political hackers from a US cyber-security firm called HBGary Federal suggest that a remarkable technological armoury is being deployed to drown out the voices of real people.

As the Daily Kos has reported, the emails show that:

• Companies now use "persona management software", which multiplies the efforts of each astroturfer, creating the impression that there's major support for what a corporation or government is trying to do.

• This software creates all the online furniture a real person would possess: a name, email accounts, web pages and social media. In other words, it automatically generates what look like authentic profiles, making it hard to tell the difference between a virtual robot and a real commentator.

• Fake accounts can be kept updated by automatically reposting or linking to content generated elsewhere, reinforcing the impression that the account holders are real and active.

• Human astroturfers can then be assigned these "pre-aged" accounts to create a back story, suggesting that they've been busy linking and retweeting for months. No one would suspect that they came onto the scene for the first time a moment ago, for the sole purpose of attacking an article on climate science or arguing against new controls on salt in junk food.

• With some clever use of social media, astroturfers can, in the security firm's words, "make it appear as if a persona was actually at a conference and introduce himself/herself to key individuals as part of the exercise … There are a variety of social media tricks we can use to add a level of realness to fictitious personas."

Perhaps the most disturbing revelation is this. The US Air Force has been tendering for companies to supply it with persona management software, which will perform the following tasks: {Note: the link no longer shows the following RFP}

***a.** Create "10 personas per user, replete with background, history, supporting details, and cyber presences that are technically, culturally and geographically consistent … Personas must be able to appear to originate in nearly any part of the world and can interact through conventional online services and social media platforms."*

***b.** Automatically provide its astroturfers with "randomly selected IP addresses through which they can access the internet" (an IP address is the number which identifies someone's computer), and these are to be changed every day, "hiding the existence of the operation". The software should also mix up the astroturfers' web traffic with "traffic from multitudes of users from outside the organisation. This traffic blending provides excellent cover and powerful deniability."*

> ***c.*** *Create "static IP addresses" for each persona, enabling different astroturfers "to look like the same person over time". It should also allow "organisations that frequent same site/service often to easily switch IP addresses to look like ordinary users as opposed to one organisation."*
> *Software like this has the potential to destroy the internet as a forum for constructive debate. It jeopardises the notion of online democracy. Comment threads on issues with major commercial implications are already being wrecked by what look like armies of organised trolls – as you can sometimes see on guardian.co.uk.*

I have no doubt Government and Corporate Shills have left their droppings all over the comments and forums of what is considered the manosphere. Perhaps you too can discern commentary on a blog or article that fits with any of the 25 Rules of Disinformation:

> **1. Hear no evil, see no evil, speak no evil.** Regardless of what you know, don't discuss it -- especially if you are a public figure, news anchor, etc. If it's not reported, it didn't happen, and you never have to deal with the issues.
>
> **2. Become incredulous and indignant.**
> Avoid discussing key issues and instead focus on side issues which can be used to show the topic as being critical of some otherwise sacrosanct group or theme. This is also known as the 'How dare you!' gambit.
>
> **3. Create rumor mongers.**
> Avoid discussing issues by describing all charges, regardless of venue or evidence, as mere rumors and wild accusations. Other derogatory terms mutually exclusive of truth may work as well. This method works especially well with a silent press because the only way the public can learn of the facts are through such 'arguable rumors'. If you can associate the material with the Internet, use this fact to certify it a 'wild rumor' from a 'bunch of kids on the Internet' which can have no basis in fact.
>
> **4. Use a straw man.**
> Find or create a seeming element of your opponent's argument which you can easily knock down to make yourself look good and the opponent to look bad. Either make up an issue you may safely imply exists based on your interpretation of the opponent/opponent arguments/situation, or select the weakest aspect of the weakest charges. Amplify their significance and destroy them in a way which appears to debunk all the charges, real and fabricated alike, while actually avoiding discussion of the real issues.
>
> **5. Sidetrack opponents with name calling and ridicule.**
> This is also known as the primary 'attack the messenger' ploy, though other methods qualify as variants of that approach. Associate opponents with unpopular titles such as 'kooks', 'right-wing', 'liberal', 'left-wing', 'terrorists', 'conspiracy buffs', 'radicals', 'militia', 'racists', 'religious fanatics', 'sexual deviates', and so forth. This makes others shrink from support out of fear of gaining the same label, and you avoid dealing with issues.
>
> **6. Hit and Run.**
> In any public forum, make a brief attack of your opponent or the opponent position and then scamper off before an answer can be fielded, or simply ignore any answer. This works extremely well in Internet and letters-to-the-editor environments where a steady stream of new identities can be called upon without having to explain critical reasoning -- simply make an accusation or other attack, never discussing issues, and never answering any subsequent response, for that would dignify the opponent's viewpoint.

7. Question motives.
Twist or amplify any fact which could be taken to imply that the opponent operates out of a hidden personal agenda or other bias. This avoids discussing issues and forces the accuser on the defensive.

8. Invoke authority.
Claim for yourself or associate yourself with authority and present your argument with enough 'jargon' and 'minutia' to illustrate you are 'one who knows', and simply say it isn't so without discussing issues or demonstrating concretely why or citing sources.

9. Play Dumb.
No matter what evidence or logical argument is offered, avoid discussing issues except with denials they have any credibility, make any sense, provide any proof, contain or make a point, have logic, or support a conclusion. Mix well for maximum effect.

10. Associate opponent charges with old news.
A derivative of the straw man -- usually, in any large-scale matter of high visibility, someone will make charges early on which can be or were already easily dealt with - a kind of investment for the future should the matter not be so easily contained.) Where it can be foreseen, have your own side raise a straw man issue and have it dealt with early on as part of the initial contingency plans. Subsequent charges, regardless of validity or new ground uncovered, can usually then be associated with the original charge and dismissed as simply being a rehash without need to address current issues -- so much the better where the opponent is or was involved with the original source.

11. Establish and rely upon fall-back positions.
Using a minor matter or element of the facts, take the 'high road' and 'confess' with candor that some innocent mistake, in hindsight, was made -- but that opponents have seized on the opportunity to blow it all out of proportion and imply greater criminalities which, 'just aren't so.' Others can reinforce this on your behalf, later, and even publicly 'call for an end to the nonsense' because you have already 'done the right thing.' Done properly, this can garner sympathy and respect for 'coming clean' and 'owning up' to your mistakes without addressing more serious issues.

12. Enigmas have no solution.
Drawing upon the overall umbrella of events surrounding the crime and the multitude of players and events, paint the entire affair as too complex to solve. This causes those otherwise following the matter to begin to lose interest more quickly without having to address the actual issues.

13. Alice in Wonderland Logic.
Avoid discussion of the issues by reasoning backwards or with an apparent deductive logic which forbears any actual material fact.

14. Demand complete solutions.
Avoid the issues by requiring opponents to solve the crime at hand completely, a ploy which works best with issues qualifying for rule 10.

15. Fit the facts to alternate conclusions.
This requires creative thinking unless the crime was planned with contingency conclusions in place.

16. Vanish evidence and witnesses.
If it does not exist, it is not fact, and you won't have to address the issue.

17. Change the subject.
Usually in connection with one of the other ploys listed here, find a way to side-track the discussion with abrasive or controversial comments in hopes of turning attention to a new, more manageable topic. This works especially well with companions who can 'argue' with you over the new topic and polarize the discussion arena in order to avoid discussing more key issues.

18. Emotionalize, Antagonize, and Goad Opponents.
If you can't do anything else, chide and taunt your opponents and draw them into emotional responses which will tend to make them look foolish and overly motivated, and generally render their material somewhat less coherent. Not only will you avoid discussing the issues in the first instance, but even if their emotional response addresses the issue, you can further avoid the issues by then focusing on how 'sensitive they are to criticism.'

19. Ignore facts presented, demand impossible proofs.
This is perhaps a variant of the 'play dumb' rule. Regardless of what material may be presented by an opponent in public forums, claim the material irrelevant and demand proof that is impossible for the opponent to come by (it may exist, but not be at his disposal, or it may be something which is known to be safely destroyed or withheld, such as a murder weapon.) In order to completely avoid discussing issues, it may be required that you to categorically deny and be critical of media or books as valid sources, deny that witnesses are acceptable, or even deny that statements made by government or other authorities have any meaning or relevance.

20. False evidence.
Whenever possible, introduce new facts or clues designed and manufactured to conflict with opponent presentations -- as useful tools to neutralize sensitive issues or impede resolution. This works best when the crime was designed with contingencies for the purpose, and the facts cannot be easily separated from the fabrications.

21. Call a Grand Jury, Special Prosecutor, or other empowered investigative body.
Subvert the (process) to your benefit and effectively neutralize all sensitive issues without open discussion. Once convened, the evidence and testimony are required to be secret when properly handled. For instance, if you own the prosecuting attorney, it can insure a Grand Jury hears no useful evidence and that the evidence is sealed an unavailable to subsequent investigators. Once a favorable verdict is achieved, the matter can be considered officially closed. Usually, this technique is applied to find the guilty innocent, but it can also be used to obtain charges when seeking to frame a victim.

22. Manufacture a new truth.
Create your own expert(s), group(s), author(s), leader(s) or influence existing ones willing to forge new ground via scientific, investigative, or social research or testimony which concludes favorably. In this way, if you must actually address issues, you can do so authoritatively.

23. Create bigger distractions.
If the above does not seem to be working to distract from sensitive issues, or to prevent unwanted media coverage of unstoppable events such as trials, create bigger news stories (or treat them as such) to distract the multitudes.

24. Silence critics.
If the above methods do not prevail, consider removing opponents from circulation by some definitive solution so that the need to address issues is removed entirely. This can be by their death, arrest and detention, blackmail or destruction of their character by release of blackmail information, or merely by destroying them financially, emotionally, or severely damaging their health.

> **25. Vanish.**
> If you are a key holder of secrets or otherwise overly illuminated and you think the heat is getting too hot, to avoid the issues, vacate the kitchen.

It took me a long, long time; of near daily interactions at forums, blogs, and comment sections; before I began to even suspect that there may actually exist bought and paid for corporate shills and Government cognitive infiltrators, whose entire purpose was to invade various forums, and pretend to be genuine participants with no ulterior motives, to ultimately try and control the narrative. But now I am fairly positive they exist.

I used to always take the bait of any old anonymous or generic numerical handle that would engage in one or more of the *25 Rules of Disinformation.* but now I've resolved to stick with arguing or debating folks I "know" by reputation and my own long term interactions with. There's no "winning" in responding to a cognitive infiltrator or corporate troll whore.

These Corporatist hacks and Big Brother stooges are the literal, present day manifestation of the job Winston Smith had a as a clerk in the Ministry of Truth, in which his sole task was to revise official history to fit the Party narrative. Disgusting quislings and apparatchiks for the 21st Century Panopticon - Police State USAinc., aka our Brave New World Order.

1984 was not a novel. It was the masterpiece of the greatest whistleblower of the 20th century, serving notice to future generations.

Diagnosis: ODD

Keoni Galt · 30 May 2012 · Archived copy · Original



ODD or, *Oppositional Defiant Disorder*, is the trendy new diagnosis for the growing number of adolescent boys growing up in the ever-increasing number of single mother-headed homes in this Matriarchal Nanny State Feedlot we call "civilization."

According to Winston Wiki over at the Ministry of Truth:

> ***Oppositional defiant disorder*** *(ODD) is a diagnosis described by the Diagnostic and Statistical Manual of Mental Disorders as an ongoing pattern of anger guided disobedience, hostilely defiant behavior toward authority figures which goes beyond the bounds of normal childhood behavior. People may appear very stubborn and often angry.*

Ya don't say? And what exactly is the definition of "normal childhood behavior?"

> *The child must exhibit 4 out of the 8 signs and symptoms listed below in order to meet the DSM-IV-TR diagnostic threshold for oppositional defiant disorder[7]*
>
> > *- Actively refuses to comply with majority's requests or consensus supported rules[8]*
> > *- Performs deliberate actions to annoy others[8]*
> > *- Angry and resentful of others[6]*
> > *- Argues often[6]*
> > *- Blames others for his or her own mistakes*
> > *- Has few or no friends or has lost friends*
> > *- Is causing constant trouble at school*

> - *Spiteful or seeks revenge*
> - *Touchy or easily annoyed*
>
> *Generally, these patterns of behavior will lead to problems at school and other social venues.*

Now we have a medical establishment that deals with treating this disorder with medication and counseling, all paid for with insurance or State funded, tax-redistribution programs.

Here's the testimony of one Mother who discovered her son was afflicted with O.D.D.:

> *What does mental illness look like in a child? In my home it looks like moments of rage. It's walls being decorated with outlined fists. It's yelling and screaming. It's not cute. Or pretty. And now that my 13-year-old baby is taller than me and stronger than me, peace feels like an accident in my home.*

This sounds really familiar....oh yeah, I remember now, T. over at *The Rawness* wrote about these "symptoms" 5 years ago:

> *Like all young men of all races, they have testosterone surges making them aggressive and competitive. However they don't have reliable older men to teach them how to channel this testosterone-fueled aggression positively, and this creates an insecurity in their male identity causing them to create their own hyper exaggerated ideal of what a man should be. Super macho, obnoxious, fearless to the point of knuckle headed, overaggressive…basically the parody of manhood we see in gangster rap. It's overcompensation to the worst degree.*
>
> *But even though they are doing their best to be supernigga, they still end up doing things in a feminine way* ***because feminine influences are most of what they know.*** *Most of their role models and involved family members are women, and the few men in their lives were likely raised by only women too. And it shows in how they handle conflict:* ***grudges are held forever, they never know how to let anything slide, they think primarily with emotion and are prone to outbursts, drama and confrontation and most importantly, they don't know how to choose their battles.***

Gee, wonder if that's the case with the previously mentioned testimony from the single mother of an O.D.D. afflicted boy?

> *My son was a week old the morning his father threatened me with a butcher knife because I tried to wake him up to go to work. While our relationship was an abusive one, up until this point it was always at the venom of his words or fists. I remember holding my newborn in my arms at the door of our apartment. It was May. I was barefoot. I just kept thinking, If I can get to the other side of the door, we'll be safe.□ I remember standing nose to nose with this beast and I prayed to God as if each word were sacred. If it meant my son would be protected, I was ready for my flesh to be sacrificed and sliced. Not soon after, I would turn to my family and friends and begin my new adventure of motherhood joining the ranks of The Nation of Single Moms.*
>
> *Thirteen years later, I would once again be threatened with a knife. This moment would be much like the first*

> *over something very simple. This day the man-child holding the knife would be my son the very child I was willing to get cut to protect* ***was now turning into the man he has never known.***

Of course. Most likely because the man he has never known, most likely never knew his own father too.

O.D.D. is most certainly hereditary. It's just one facet of the CYCLE OF POVERTY.

As T. pointed out in The Myth of the Ghetto Alpha Male:

> *True male behavior isn't being a drama queen, emotional outbursts and holding onto grudges; true male behavior is picking your battles, knowing when to fight and when to let things slide, analyzing things calmly and logically and having discipline over your moods and emotions and exercising emotional restraint. There are times when it's acceptable to lose your shit and times when it's not. These are things that a true mature male influence teaches you, and such influences have almost disappeared completely from the hood.*

It's not just in the hood...it's everywhere in today's Brave New World Order.

From the *About.com* article, *Statistics on Fatherless Children in America*:

> ***Aggression.*** *In a longitudinal study of 1,197 fourth-grade students, researchers observed "greater levels of aggression in boys from mother-only households than from boys in mother-father households."- N. Vaden-Kierman, N. Ialongo, J. Pearson, and S. Kellam, "Household Family Structure and Children's Aggressive Behavior: A Longitudinal Study of Urban Elementary School Children," Journal of Abnormal Child Psychology 23, no. 5 (1995).*

It would be more accurate to say "greater levels of *uncontrolled* aggression."

Young male aggression is normal, the disorder comes from not learning to channel it properly. This learning to channel aggression in a positive manner is best done through having a male role model intimately involved in the boys life. Monkey see, monkey do.

The problem is most single mother's don't find this out until their young boys are too big and strong for them to physically restrain and discipline. At that point, it's too late.

As our Mother of an ODD child wrote:

> *I have devoted my life to creating a healthy and happy world for my son. Mental illness is a beast. You cannot love mental illness away. I know because I have tried. You cannot spank mental illness away.*

The real mental illness here, is to point to a list of symptoms and say that the child has "a disorder" as if it were simply a communicable disease he caught, and some Big Pharma medications will help to "manage the condition."

Managing the condition is not the best solution for the ODD afflicted child...but it certainly is the most profitable

one. Besides, the cure is beyond any pill or shot the Pharmaceutical industry could research, develop, test and market.

That's because their really is only one real cure for ODD - the DAD.

H/T to Troll King for link sharing over at the Spearhead

Paleo Radiation Therapy

Keoni Galt · 3 June 2012 · Archived copy · Original

Now what the hell is "Paleo" Radiation Therapy? It's simple, it's free, and when combined with loosely adhered to "Paleo" diet principles, results in achieving optimal health for those who do it on a regular basis!

To be more precise: Paleo Solar Radiation Therapy -- aka sunbathing without sunscreen at high noon.



Gratuitous, misogynistic and exploitative photo of Paleo Radiation Therapy in action!

Vitamin D is the keystone nutrient. You can eat the healthiest human diet possible, exercise regularly and get a good nights sleep every night....but develop a Vitamin D deficiency, and you will eventually get sick.

Guaranteed.

The best source of Vitamin D, is giving your bare skin direct exposure to the full spectrum of solar radiation when the sun is directly overhead your given latitude on the planet.

In most places, this is the 10:00am - 4:00pm window for which all the Brave New World Order healthcareindustry representatives and propaganda organs tell us we should try to avoid as much as possible, and that if we must go outdoors during that time period, we must cover up as much as possible and slather on the sunscreen.

Think I'm exaggerating? Here's the top 5 search results I got for googling "Prevent Skin Cancer"

> Center for Disease CONTROL - *"The hours between 10 a.m. and 4 p.m. daylight savings time (9 a.m. to 3 p.m. standard time) are the most hazardous for UV exposure outdoors in the continental United States."*
>
> WebMD - *"Avoid direct sun exposure as much as possible during peak UV radiation hours between 10:00 a.m. and 3:00 p.m."*

> ThirdAge.com - *"Try to avoid sun exposure between 10 a.m. and 4 p.m. This is when the sun's rays are most damaging."*
>
> FamilyDoctor.org - "*Avoid the sun. Sunlight damages your skin. The sun is strongest during the middle of the day, between 10 a.m. and 4 p.m. During these hours, the sun **can** do the most damage to your skin."*
>
> About.com - *"Avoid going outdoors from 10 a.m. to 4 p.m. This is when the sun's rays are brightest, causing the most damage to skin. If you have to go outdoors, be sure to lather on sunscreen."*

This, we are told, is to protect us from developing skin cancer decades later, due to the damage that comes from supposedly getting too many sunburns in our careless youth.

Every single weather report on the local news channels in Hawaii will always have the weatherman advising to not forget the sunscreen if the forecast is for sunny weather. When I say always, I mean ALWAYS. I cannot recall a single instance in the past decade for which the TV weatherman has not trotted out the old sunscreen advisory.

Hmmmm.....stay out of the mid-day sun! If you must, wear hats, long sleeves and don't forget the sunscreen!

This is the conventional wisdom of our mass media healthcare narrative, is it not?

But wait a minute - Sunscreen blocks out solar radiation, which MAY help prevent sunburn...but the most important thing you need to realize is that it also prevents your skin from manufacturing the Vitamin D that is so vital to every single aspect of your health. Even Winston Wiki over at the Ministry of Truth admits it!

This is essentially what we are really being told when we are advised to avoid the mid-day sun and to wear sunscreen at all times:

THIS IS DISINFORMATION DESIGNED TO MAKE YOU BEHAVE IN A MANNER FOR WHICH YOU WILL EVENTUALLY DEVELOP SUB-CLINICAL LEVELS OF VITAMIN D PRODUCTION.

THIS WILL MAKE YOU SICK IN A MYRIAD OF WAYS FOR WHICH OUR MODERN HEALTH CARE AND PHARMACEUTICAL INDUSTRIES CAN PROFIT FROM BY TREATING THE SYMPTOMS FOR AN EXTENDED PERIOD OF TIME, RIGHT UP UNTIL THE DAY YOU DIE.

YOU WILL BE KEPT ON MAINTENANCE MEDICATIONS THAT ALLEVIATE THE SYMPTOMS AS LONG AS YOU TAKE THEM, BUT YOUR FUNDAMENTAL ISSUE (VITAMIN D DEFICIENCY) WILL NEVER BE FIXED AS LONG AS YOU DO YOUR BEST TO FOLLOW THIS DISINFORMATION TO "*FIGHT SKIN CANCER!*"

For those of us in the equatorial and northern hemisphere of the planet, we are in the beginning days of summer. NOW is the best time to get your daily dosage of vitamin D.

The HEALTHY TAN is NOT an oxymoron...it's the literal truth. A healthy tan indicates optimal vitamin D levels.

You only need to sunbathe for 15 - 45 minutes a day at mid-day to develop a nice tan. Even though you're sunbathing when we are told not to, and you are not wearing the sunscreen protection we are told we should, you

still want to avoid getting sunburned (duh...of course, who likes sunburns?).

Just keep your awareness about your level of solar radiation tolerance. Sun bathe until you start to sweat...once your skin BEGINS to get pink, you're approaching your personal "burn zone."

As you develop your tan over a period of weeks, you'll be able to slowly increase your tolerance. Even the most paleface of pale faces can develop a true tolerance if they're careful, deliberate and dedicated. Even if you're not careful about your diet and you eat a lot of processed/convenience and fast foods, your sun tolerance can still be developed (it's just a lot easier if you eat a paleo diet, as a natural, real food diet is anti-inflammatory and makes your skin cells much more resilient to damage).

Mark Sisson at Mark's Daily Apple has some good advice on the kind of foods you can eat to help develop your sun tolerance.

Sun Tolerance = Optimal Vitamin D Production

I have a bud who is pure Norweigan blood, plantnium blonde hair and blue eyes. He's a surf fanatic, and had a melanoma removed from his face.

Funny thing was, for his entire life, he NEVER went surfing without first putting on waterproof sunscreen on. For decades. And he still got the skin cancer.

I explained to him about my philosophy and he sees my dark tan that I've had for the past year and a half now, and he decided to give my advice a go. He's now got a nice, healthy tan, and his natural sun tolerance has increased dramatically. He also no longer uses sunscreen.

Incidentally, I myself can go do yard work all day long with my shirt off, and not get sunburned. A year ago, it would not have been possible. Of course, since I live in Hawaii, I can work on my tan year round...most folks not living close to the equator simply can't during the winter and fall months. But here's the most important thing - in the past year and a half of sunbathing at mid-day at least 4-5 times a week, I have not been sunburned at all. This is the longest time period of my life in which I did not at least get even a mild sunburn.

I believe I've gotten my tolerance to solar radiation built up to the point where I can stand a full day of summer sun without burning. I no longer fear the sun.

Also, many folks who haven't seen me in awhile, all comment on my tan when I see them. They ask me if I've been going surfing alot lately or something...they don't remember me ever being so dark. I usually just say "yeah, I've been going beach lately."

Next time, I think I'll answer with this: "I've been doing this radical new treatment called Paleo Radiation Therapy."

The Tyranny of Usury

Keoni Galt · 6 June 2012 · Archived copy · Original



I read the *Protocols of the Learned Elders of Zion* quite some time ago, but never really blogged about them before, mostly to avoid being labelled an "anti-semite." Ah well, since I've already crossed the Jewbicon...

Consider the following from the infamous "forgery," Protocol 20 -

> What also indeed is, in substance, a loan, especially a foreign loan? A loan is - an issue of government bills of exchange containing a percentage obligation commensurate to the sum of the loan capital. If the loan bears a charge of 5 per cent, then in twenty years the State vainly pays away in interest a sum equal to the loan borrowed, in forty years it is paying a double sum, in sixty - treble, and **all the while the debt remains an unpaid debt**.

> From this calculation it is obvious that with any form of taxation per head the State is baling out the last coppers of the poor taxpayers in order to settle accounts with wealthy foreigners, from whom it has borrowed money instead of collecting these coppers for its own needs without the additional interest.

Now were these preceding paragraphs really a forgery? Does it matter? They sure seem to accurately account for the current state of all Western Nation's that have Central Banks in charge of their monetary policies. To reiterate the primary protocol:

"...the State vainly pays away in interest a sum equal to the loan borrowed, in forty years it is paying a double sum, in sixty - treble, and all the while the debt remains an unpaid debt."

Forgery? Really?

> How much is our National Debt Service? Stated another way, how much is the interest on the United States'

> National Debt? In the fiscal year ended September 30, 2009, the interest on the national debt was $383 billion, making Interest Expense one of the largest components of the federal budget. In fact, interest on the national debt accounted for over 27% of our 2009 federal budget deficit. That's a lot of "National Debt Service", but it could have been much worse.

3 years later, it certainly has become much worse.

Here are some questions to consider:

Who's the top owner of US debt? The Federal Reserve.

Who owns the Federal Reserve? According to researcher and writer Dean Henderson,

> My queries to bank regulatory agencies regarding stock ownership in the top 25 US bank holding companies were given Freedom of Information Act status, before being denied on "national security" grounds. This is rather ironic, since many of the bank's stockholders reside in Europe. One important repository for the wealth of the global oligarchy that owns these bank holding companies is US Trust Corporation – founded in 1853 and now owned by Bank of America. A recent US Trust Corporate Director and Honorary Trustee was Walter Rothschild. Other directors included Daniel Davison of JP Morgan Chase, Richard Tucker of Exxon Mobil, Daniel Roberts of Citigroup and Marshall Schwartz of Morgan Stanley. [2]

> J. W. McCallister, an oil industry insider with House of Saud connections, wrote in *The Grim Reaper* that information he acquired from Saudi bankers cited 80% ownership of the New York Federal Reserve Bank- by far the most powerful Fed branch- by just eight families, four of which reside in the US. They are the Goldman Sachs, Rockefellers, Lehmans and Kuhn Loebs of New York; the Rothschilds of Paris and London; the Warburgs of Hamburg; the Lazards of Paris; and the Israel Moses Seifs of Rome.

> CPA Thomas D. Schauf corroborates McCallister's claims, adding that **ten banks control all twelve Federal Reserve Bank branches**. He names N.M. Rothschild of London, Rothschild Bank of Berlin, Warburg Bank of Hamburg, Warburg Bank of Amsterdam, Lehman Brothers of New York, Lazard Brothers of Paris, Kuhn Loeb Bank of New York, Israel Moses Seif Bank of Italy, Goldman Sachs of New York and JP Morgan Chase Bank of New York. Schauf lists William Rockefeller, Paul Warburg, Jacob Schiff and James Stillman as individuals who own large shares of the Fed. [3] The Schiffs are insiders at Kuhn Loeb. The Stillmans are Citigroup insiders, who married into the Rockefeller clan at the turn of the century.

> Eustace Mullins came to the same conclusions in his book The Secrets of the Federal Reserve, in which he displays charts connecting the Fed and its member banks to the families of Rothschild, Warburg, Rockefeller and the others. [4] The control that these banking families exert over the global economy cannot be overstated and is quite intentionally shrouded in secrecy. Their corporate media arm is quick to discredit any information exposing this private central banking cartel as "conspiracy theory". Yet the facts remain.

Yes, the facts remain. The Protocols of the Learned Elders of Zion have turned out to actually be **The Protocols of the Learned Elders of Rothschild.**

Here's the famous quote of the man who's portrait graces this post: *"Give me control of a nation's money and I care not who makes the laws."*

Mayer Amschel Rothschild

> He was the founder of the Rothschild family international banking dynasty that became **the most successful business family in history.** In 2005, he was ranked 7th on the Forbes magazine list of "The Twenty Most Influential Businessmen Of All Time". The business magazine referred to him as a "founding father of international finance".[1]

Thanks to a narrative promulgated by the corporate mass media, merely mentioning the name "Rothschild" or "Rockefeller" means anything you are discussing is automatically discredited as "crazy conspiracy theory."

Yet the facts remain.

American Sheeple: Human Resources & Consumers

Keoni Galt · 12 June 2012 · Archived copy · Original



Richard Nikoley of Free the Animal, did a post comparing the Mediterranean lifestyle compared to the American lifestyle, and apparently a commmenter who has lived in both Italy and America weighed in on the topic at his own blog, entitled: A Brief Rant About America:

> The one thing that Italy has that America lacks is a culture that is not entirely dominated by the "machine" (the technological complex that demands hours of work on a treadmill every day to keep crappy consumerism alive so that our survival becomes dependent on businessmen making money). In Italy, people aim to live like human beings: they don't work like maniacs; they don't eat like maniacs; they go bankrupt and don't care. When the American dream (of a career selling crap to people who don't need it) becomes an impossible nightmare for them, they retreat to the fields and become shepherds — instead of camping out on Wall Street and demanding handouts from their fatcat overlords.

Great start to a rant, but the American dream needs an addendum here:

...of a career selling crap to people who don't need it, so that they can service their own debt they used to buy crap they don't need either.

> In America, we are still living with the kind of idiotic mindset that makes work a virtue for its own sake. We work really hard at tasks, so hard that we cannot be bothered to stop when feedback indicates that we are digging ourselves into an impossible hole (creating hell instead of heaven). We value effort over achievement, profit over sustainability, size over function, specialization and concentration over tinkering and liberal understanding. We go to school to become cogs in "the machine" — to turn our brains off of human concerns

> so that we can dedicate them wholly to minute tasks that make money for businessmen (for the most part: some of us do dodge the bullet! but we see those who don't in our classrooms, our churches, our workplaces, our gyms, our hospitals, and so on). We work to "do a job" that we frequently couldn't care less about, probably because it is usually as boring as heck (with its primary contribution to humanity being the perpetuation of busywork, which we worship with religious fervor).

Good rant. What he really notices here is nothing more than the influence of the Corporatist/Fascist machine that is the SYSTEM that America operates in. Education and mass media influence are all designed to instill two primary ethos in us all: to become materialistic consumers of corporate products and services, and to become the **HUMAN RESOURCES** that serve as the cogs and wheels of the machine that provides those goods and services to feed that corporate mass media driven, consumerist ideal.

> *Side note on my strange position between conservatism and liberalism.* It is really funny. Everyone firmly on one side sees all these nefarious conspiracies on the other: depending on which set of friends I talk with on any given day, I am alternately a card-carrying member of the KKK or the Weathermen -- a reactionary fascist who loves big business or a fire-breathing communist determined to make sure every kindergartner in America knows how to have anal sex. What nonsense! **There are not really vast grassroots conspiracies in American politics, in my experience: just people at the top exploiting people at the bottom in tried and true ways to maintain their position**, throwing the occasional bone to an ideological cause they believe in "because that's the right thing to do" -- as it is, sometimes.

Precisely. There is no real, substantial difference between "conservatism" and "liberalism" at this point in time. They are both two sides of the same coin - the right and left hands of the same leviathan, the all consuming, forever expanding Government/Corporate conglomerate that seeks to enslave us all.

Hau'oli La Makuakane

Keoni Galt · 17 June 2012 · Archived copy · Original

[image]
A Toast for Fathers Everywhere

For the astute readers, no doubt you can intuit the meaning of the title of this post.

For the benefit of mentally challenged feminists, politically correct progressive liberals and neo-so-conned white knights of Churchianity and other deluded fools, that's Hawaiian for "Happy Father's Day."

This is my second Father's day since joining the club of Parenthood, and I write this post with my progeny on my lap, having to constantly correct the typos generated from rambunctious hands enthusiastically attempting to simulate Daddy's behavior as a keyboard warrior.

Blogging has been sparse, because I've been preparing for an upcoming excursion.

Or as we say here on our island in the middle of the sea..."My 'ohana goin' holoholo!"

It shall be my first time visiting a third world country, and I shall be gone until after July 4th. Perhaps I may find an internet cafe on my travels and find a moment to log in and post from a far away locale.

Most likely not.

But before I go, on this day, I would like to tip my Glencairn glass filled with a dram of some of Scotland's finest single malts, Ardbeg Uigeadail, in honor of all the Father's out there, doing what has become one of the hardest jobs in today's Brave New World Order - being a real Father to your children as best as you can be.

I've done many things in my life, I've traveled a lot, met many new and interesting folks wherever I've gone.

I've discovered that "I'm from Hawaii" is my gold standard opener to strangers in bars and pubs, and is good for at least one round of free drinks and interesting conversation everywhere I've been on the planet (we'll see how that works out on my first vacation to a non-english speaking country.)

I can honestly look back on my life and feel a sense of satisfaction and pride in my many personal accomplishments and experiences.

I can also say that it all pales in comparison to the joys of having and raising your own offspring. Everyday as a Father has been invaluable and rewarding experience. Money, career success, having lots of friends, international traveling. -- all the things for which our socially engineered society sells as "personal fulfilment" to get people to chase materialistic consumerism as the path to happiness --pales in comparison to having the experience of lots of meaningful time and developing a real human bond that comes from quality time spent raising your offspring.

To the Father's who have been alienated, kicked out of your children's lives or had them forcibly taken from you, I only offer this as hope: if you were truly treated with injustice by the mother of your kid(s) and the State, bide your time and do the best you can do to survive the pain. The truth eventually comes out, and your formerly alienated

children will seek you out when they get older. I've got two friends who've gone through the fire...but have emerged in the end, exonerated and reunited with their adult children, while the ex-wives ended up reviled and despised once the kids gain a true understanding of just who it was that destroyed their family homes. Seeing the pain of their experiences up close has been one of the things that has kept me pounding away on my keyboard at this blog for all these years.

Disenfranchised Father's, keep your head up! You will have your day of redemption.

With the end of In Mala Fide, many of us in this fringe outpost of teh interwebz are gonna miss the weekly LIGFY readings Ferd used to provide. H/T to Donlak and Will S. for pointing out a newcomer to the 'sphere who decided to shamelessly rip off Mr. Bardamu.

Welcome to the manosphere, TheGentlemenPoet, and thanks for picking up Ferd's baton and running with it!

So to all my readers, thanks for sticking around. Hope you'll still be here when I get back from holoholo...

A hui hou!

Perspective Makes a Difference

Keoni Galt · 20 June 2012 · Archived copy · Original

[image]

I fully intended my last post to be the final one until I return from holoholo. Then I came across this post and commentary over at Dalrock's...plans change.

The metaphor offered by Dalrock was good, but Anonymous Reader's addendum made it into a brilliant must-read. Since the commentary is buried in Dalrock's always massive comment threads, I've taken a page from the Private Man and am posting it here.

Dalrock's metaphor:

I don't have time to really do this justice, but I'll take a quick shot at it. I share your view in wanting marriage for both men and women. This is why I write on the topics I write about. Marriage is too essential to turn our backs on, even though it has suffered great violence from the culture, the state, and a treacherous church. The analogy I'll offer isn't perfect but hopefully gets the basic idea across.

Those of us who are happily married are sitting in a fine restaurant, enjoying our meals. Outside are a crowd of would be patrons, but the restaurant is full and they won't be seated. However, the crowd outside decides to make the best of it. They set up a grill and hold an impromptu cookout. Some number of them comment that they wouldn't trade sitting in our boring stuffy restaurant for the experience of cooking and eating in the outdoors with the company of the rest of the crowd.

While I think the restaurant is better, I'm not going to call out to them, to try to convince them that they really should regret that they didn't get a table. Instead I'm going to focus what influence I have on making that option available to more diners. I'll try to get the restaurant down the street to start following the health codes so they don't poison people. But to do that first I have to take on the corrupt health inspector (the church), etc.

Besides, who am I to tell the people making the best of the cookout that they don't really enjoy being there more than they would enjoy being in the restaurant? Not all of us have the same tastes. Given the lack of options, I truly hope that the cookout is what makes them happy. If someone wants to know how they can get a table I'll offer the best advice I have on finding one, including advice on avoiding restaurants like the one down the street.

The lack of open tables at the restaurant is visible in the data I've shown here, both in delayed marriage trends by women and in the kicking of fathers out of the home. Not everyone gets this "food poisoning", but those who do can suffer immensely.

Follow up comment from Anonymous Reader:

Dalrock, although your analogy is interesting, it is incomplete. You need to include the whole picture.

And that is, some number of couples in the restaurant suddenly leave; the woman stands up, shrieks to the management that her escort is simply beastly, and a couple of pug-ugly bouncers come, rough him up, take his wallet, beat the snot out of him, and throw him out the back door into the alley. She stays for a while, paying for the meal out of his wallet, and then slowly walks out the front door, to cruise around the barbecue grills for a while.

And everyone pretends nothing just happened, although some murmur of “what did HE do?” floats ’round the room. For some odd reason, there are more and more empty tables in this restaurant. Fewer customers are coming in the front door. Business is down.

The restaurant manager worries out loud that his business isn’t going well. But his bouncers continue to beat, rob, and eject men any time a woman demands it. Those men at the barbecue grills? More than a few of them used to eat in the restaurant. But after getting beaten up, robbed, beaten up some more and thrown away in to the alley, they don’t much care for restaurant food any more. They regard it as too expensive, one way or another.

There is another group circulating around the barbecue grills, and out into the street. These are women who alternate between snacking at the barbecue grills, and importuning men to take them into the restaurant. They insist they only want good restaurant food, as they wipe the grease from the barbeque off of their fingers.

Some of these women used to eat in the restaurant, but decided to have their escorts beaten and robbed. For some reason they find it a bit more difficult to get an escort back into the restaurant than previously was the case.

There’s also a shadowy crowd out beyond the barbecue grills that most diners in the restaurant can’t see. This crowd is almost entirely men. Many of them are young, but some are middle-aged or even old. No way they get into the restaurant. Although some of them used to eat there, before they got beaten up, robbed, and thrown into the alley. And nobody wants them too close to the barbecue grills, either. The women who eat at the grills and want into the restaurant scorn them. These men exist in the shadows, chewing on a dried out piece of jerky.

Every once in a while, some fat guy from the restaurant management strolls outside, and hollers at all the men in the street: “HEY ! Why don’t you Man UP and find a nice lady to escort into this restaurant? The food is great! And if you get beaten, robbed and thrown in the alley it’s all your fault! C’mon in! Be a man!” Most of the women stand with him, and echo his “Man UP!” call, ululating in chorus. The barbecue crowd jeers at him. The men in the shadows gnaw on their dried out jerky and stare at him in utter silence. He goes back into the failing restaurant and tells everyone inside how great the service is. As he speaks, another male patron is beaten, robbed, and as he’s being ejected out the back door he grabs a knife in the kitchen, then stabs himself in the heart and dies in the alley. No one in the restaurant one says a word, everyone looks away and pretends nothing just happened.

I believe this fills out the scenario a bit. How one views the restaurant depends on where one stands. Sitting in a cozy booth in the back, with family all around, the restaurant is a great place. Standing outside by the barbecue grills, the restaurant may look too expensive, the dress code too stuffy. From across the street in the shadows the restaurant looks good, but seeing man after man being beaten, robbed, and thrown away into a dumpster-strewn alley leads to a different perspective on the restaurant than one might get in the cozy back booth.

The view from the backside of the restaurant, the alley? Standing outside, with empty pockets, black eyes, and a broken nose & fingers, the restaurant is a crooked deal, run by thieves, cheats, and liars.

Perspective makes a difference.

Yes, Anonymous Reader, it most certainly does. Well done. Now, to ~~rip~~ riff off of this metaphor courtesy of Dal

and AR...

"No one in the restaurant one says a word, everyone looks away and pretends nothing just happened."

There are a few of us restaurant patrons, sitting in our cozy booths enjoying our meals with our families...but we are also noting the way the management and the bouncers are mistreating their male patrons...we, the married manosphere denizens like Dalrock, Ulysses, Rollo, Alkibiades, Athol - we're not just sitting in the restaurant enjoying our meals, we're trying to warn other patrons about the dangers of the management, as well as telling the men outside the establishment that while the **possibility** of a great meal can be had inside, there is a lot of risks you run in coming to the table.

Everyman on the outside, whether you are eating at the barbecue grills or standing out in the shadows eating your dried jerky, has contemplated the possibilities of making a reservation and entering the establishment.

No man should ever make that reservation, unless he first consults the dining guide and makes an honest assessment of his potential dinner companion before entering the establishment.

Once you're in, do your best to enjoy your meal...but keep a wary eye out for the bouncers and choose your food with care to avoid food poisoning. A family meal in one of those booths can be a very rewarding and enjoyable experience...but that doesn't mean it's the only way to eat.

The only reason any man should ever get married in this day and age, is to have children...it's pointless to enter the restaurant to get a table only for two and stay there until your done eating. The only point you should ever eat at the restaurant is to get to one of those cozy booths. Even then, any man contemplating taking that route, MUST come to terms with the reality of how the Restaurant really operates before they decide if they really do want to make a reservation for a table. Otherwise you'd be better off sticking to the barbecue grills outside and avoid the management and their dastardly bouncers.

Oh, and by the way, this restaurant has a name. It's called "Brave New World Order," and it advertises a menu titled "Marriage 1.0." But here is the real menu, the ones the cooks actually use to make the food in the back.

Order your meal with great care, or stick to barbecuing or eating jerky.

ADDENDUM

Heh, some other well known commenters in the manosphere over at The Private man's and Dalrock's have also contributed their own thoughts on this great analogy.

Infantry:

More like takeaway from the Restaurant. The guy gets his food, but doesn't have to escort a woman in. No risk of being roughed up and robbed. Doesn't have to wait in the long long grill lines that are skipped by women who get served immediately at the grills.

Of course the women losing their chance at men who could possibly escort them in complain to the restaurant

management to shut down the takeaway window. The management, seeing a chance at increasing their patronage with serving twice as many meals agrees with the women. No more takeaway, unless the men go into the dangerous alley and get the chef's assistant to do quick illicit deals for food out the back door.

Still a good deal for the men not willing to wait in the long lines for the grills, even if they have to dodge the bouncers who occassionally check the kitchen.

Of course I'm one of the guys charming the ladies to buy me food from the grill so I don't have to wait in the queues. At least until I can find someone worth taking into the restaurant.

M.W.:

And what has changed in the past few years? Someone installed a CCTV (the internet) in the alley, and now the men outside can see the beatings that previously happened out of view.

Days of a Broken Arrow:

The restaurant is getting bad reviews by online critics who say its the dining equivalent of a chick flick. So fewer and fewer men start attempting to go in. Alas, we have female diners reading magazines, self-help books, and watching "Oprah," trying to figure out how to get a man to take them into the restaurant. A gigantic industry springs up teaching women how to get taken into the restaurant.

Soon after, people start missing the point, thinking that the very act of being taken to the restaurant is more important than the dining itself. Few people learn that in order to eat in a restaurant you need table manners, proper hygiene, and a knowledge of what food actually is. So on the rare occasion when women do get taken to the restaurant, things usually fall apart because no one knows how to make the dining experience work when they get in. Ordering everything for yourself and being a glutton is not the route to a good meal. Running up tabs you can't pay is not good either. And flirting with the waiter or making it with the cook in the bathroom is also very bad.

When clergy catch wind of all this, the decide to back the restaurant and declare the fast food men now prefer as "sinful." They begin shaming men for eating it, saying that it's morally right to only eat in the restaurant. But the men have already read too many Internet reviews of the restaurant to believe the clergy anymore.

deti:

And the men in the shadows, persona non grata in the restaurant and at the grill, all talk about what REALLY happens in the restaurant.

The men at the grill eat the barbeque and occasionally talk to the men across the street about how the quality of the meat being grilled is steadily declining. But, the men at the grill continue to eat the ever-toughening and ever-cheaper meat, because they can, and because it's what is available.

ballista74:

Remember most of us are not the ones eating happily in the restaurant. Most of us are the ones that never got to go in, got in, got beaten up, robbed, and thrown out, or the ones beyond the grills, or the ones that stood closeby enough to see all this going on and value our lives too much to even try going in.

Obamacare: Feedlot Health Management

Keoni Galt · 11 July 2012 · Archived copy · Original

[image]

The continued profitable success of a modern feedlot is dependent on a combination of a number of factors:

- good management;
- a favourable economic climate;
- relative freedom from epidemics of disease;
- changes in the costs of inputs such as feed;
- changes in the price received for the final product.

These are the definitions of successful feedlot health management for Beef CAFO's.

The objectives for our Brave New World Order's Sheeple Feedlot Health Management System are a little bit different...and a lot more profitable for the Corporate-Government Complex that manages our Sheeple CAFO -- otherwise known as "Society."

- Absolute control and total surveillance management of the herd;
- A totally controlled and manipulated economic climate;
- Regular maintenance treatments for epidemics of easily preventable diseases;
- Changes in the costs of inputs such as feed;
- Changes in the price received for the final product.

In beef CAFO's, the end goal is to get the cattle to slaughter at their maximum weight and as free of disease as possible.

In our Global Sheeple Feedlot, the end goal is to get the sheeple to eat the GMO man-made feed long enough to develop health issues for which the sheeple will then require treatment from the feedlot's veterinarian staff -- aka our "healthcare industry."

In beef CAFO's, the owners must pay for the feed, veterinarian services and other inputs to realize a profit.

In the sheeple feedlot, the owners get We the Sheeple to pay for our confinement, pay for our feed and pay for our own treatment that comes from the conditions of that confinement.

Sheeple CAFO's are far more efficient and profitable.

Now, since the Sheeple Feedlot is largely a mental construct, the kommisars of our mass media culture still need to convince the sheeple to stay within the confines of the feedlot. The easiest way to do this, of course, is to apply the most successful tactic in the dialectical social engineering playbook: divide and conquer.

Right vs. Left. Conservative vs. Liberal. Republican vs. Democrat. You know the drill.

First you get one "side" to propose a new idea, and the other side appears to oppose it...oftentimes vehemently and with a great show of principled outrage.

Than several years later, after a round or two of the so-called election cycle, the 'other' side appropriates the formerly opposed platform and passes it without even token resistance from it's supporters.

Remember the so-called anti-war movement when Bush was President?

Remember when Bush passed the largest increase in socialized medicine legislation...."free" prescription drugs for medicare/medicaid recipients?

Well, now we have "Obamacare" which is now supposedly opposed by the "conservatives." It's all a charade. Obamacare is everything the big business stooges of the 'right' have been trying to get passed for decades now - aka an insurance cartel that mandates all Sheeple in the American feedlot MUST buy the insurance policy. "Obamacare" is a right wing initiative appropriated by the 'left.'

Sound ludicrous? Check this out:

> The mandate, requiring every American to purchase health insurance, appeared in a 1989 published proposal by Stuart M. Butler of the conservative Heritage Foundation called "Assuring Affordable Health Care for All Americans," which included a provision to "mandate all households to obtain adequate insurance."
>
> The Heritage Foundation "substantially revised" its proposal four years later, according to a 1994 analysis by the Congressional Budget Office. But the idea of an individual health insurance mandate later appeared in two bills introduced by Republican lawmakers in 1993, according to the non-partisan research group ProCon.org. Among the supporters of the bills were senators Orrin Hatch, R-Utah, and Charles Grassley, R-Iowa, who today oppose the mandate under current law….
>
> In 2007, a bi-partisan Senate bill authored by Senators Bob Bennett, R-Utah, and Ron Wyden, D-Oregon, contained a mandate….

> In 2010, Obama signed the Patient Protection and Affordable Care Act that put into place an individual mandate.

LEFT, LEFT, LEFT, RIGHT, LEFT

The managers of our feedlot wear two different colored uniforms. Some wear red, some wear blue. Whichever one is currently overseeing our corner of the Feedlot is really inconsequential, as their management systems they choose to use to control the herd will be implemented, with a majority of the herd convinced that they had a hand in making the decision.

Bem-vindo às Favelas dos Homens

Keoni Galt · 12 July 2012 · Archived copy · Original

[image]

According to Google Translator, the Portuguese title for this post says: *Welcome to the Slums of Men.*

What's this all about?

When I first began reading alternative/anti-feminist/politically incorrect blogs, the first thing that stood out to me was the commonality of experiences with regards to feminism and Government sanctioned misandry were being written about by bloggers from all over the world.

Ireland, England, Australia, Canada, India, Finland, New Zealand...I remember reading blogs from all these places, and how each country had it's own variations on political correctness, feminism, multi-culturalism etc. While small variations existed, the similarities of experiences expressed by bloggers from all corners of the English-speaking internet became one of the reasons why I began to delve into the topics on the open conspiracy to create a one world government.

The manosphere is global, because the problems we are all dealing with are global...and this is no coincidence.

But prior to today, I did not really consider just how far the Brave New World Order's Social Engineering Program has been spread until I heard from a blogger in Brazil.

Here's a comment left on my last post while I was away on vacation:

> Hello fellow blogger. My name is Enigmático e Realístico and I am a Brazillian "red pill taker" blogger. I'm posting concepts usually discussed on the manosphere for more than one year to the still small red pill takers from brazil.
>
> Our manosphere is still small and disunited compared to you from the "main manosphere".
>
> I decided a little ago that now is the time to expand more the limits of the brazillian manosphere and so the american manosphere too. I want to make an "partnership" with you fellow's to grow more our "underground web" and with that make our concepts more embracing.
>
> I believe that now is a time on the history of the so called "manosphere" where the authors of all those good blogs are not just voices alone in the sea of the political correctness but a emerging power in freeing the minds of other men to guide us to a truthful life and relationships.
>
> The awakening of minds provided by the manosphere created a kind of "virus" that dominates quickly men like you and me that searches to transcend our ignorance. It is the "red pill virus". That virus that frees ourselves from the everyday lies from tell-a-vision, our the fake studies about male/female relationships.

> Every blogger has a important paper on the awakening of minds, from PUA's to MRA's. Each one of them fills a blank of knowledge very important to clear more and more our vision from the lies of our brave new world order. Every good blogger from the manosphere have a important role on tell to us how a man should really be, and should really fight for.
>
> Now talking about my blog, i have a translator tool on it, and as i tested it i could see that at least 90% of the main idea of the post is understandable. I invite you to check my last post http://enigmaticoerealistico.blogspot.com.br/2012/06/como-ser-um-homem-de-verdade.html

> So, i friendly ask you that you consider the possibility of linking my blog in yours. Know that i will link you independently of you link me or not. Next week i'll create a page containing "International partners" and you will be there.
>
> I early apologize myself if you see in my blog something like you have written before in any post of you. Knows that i inspired myself in some of your ideas to create a few posts mines.
>
> Thank you for reading my email, i just want that you answer me independently of linking my blog or not. I'll appreciate that a lot.
>
> My best regards.
>
> Enigmático e Realístico

Welcome to the manosphere, Enigmático! Please, feel free to link me and any other manosphere blog that would help our Brazilian brothers help disseminate the red pill.

For our English readers, here's some quotes from Enigmático's post, translated into English:

> We live in a unique moment in history. Never was there such great power over the citizen of the **state** as we have today. In this state that controls not only limited to our borders, is a world state and claws control the lives of all citizens in most countries of the world.
> The implementation of this global control has been and is being engineered for centuries. They invested heavily in research about our psychology, subliminal messages, linguistic manipulation and many other areas that had interference in controlling livestock system minimizing the revolts and rebellions to a minimum.
>
> I believe we have reached an age that is the **pinnacle** of world government and its control over us mere sheep system.
> The Internet has provided them a formidable tool for tracking, measuring and research on what we think and do. Moreover, they saw in it the perfect terrain to control and lead the masses in an indirect way, where the manipulated even notice being sugestionados certain thoughts and attitudes.
>
> The internet, social networks and news networks are great **tools** to control us, but it is a double-edged sword, because there are some dissenters like me and others who use this tool to **take the red pill** and get rid of the lies and manipulative jargon of the day to day.

> The purpose of this post is not to discuss the government's power and control the world about us but how to become a man who is not just another sheep in the system, a man who knows almost everything in the curbs is a **theater** made to deceive us at some level and become an ideological threat to the **totalitarian** system silently in the guise of good intentions that is what we call **globalization.** I will give some practical examples of what to do to definitely take **the red pill** and be a silent soldier in the battle for our true freedom of expression and opinion. Remember that is only allowed freedom of expression for those that are useful in some way for the system. If there really such a freedom of expression I would have never been threatened, blackmailed and boycotted for having this blog.

Wow, I guess it's the same old story down there in Brazil, eh? This is why I welcomed you to the "slums of men." The manosphere is considered the lunatic fringe of the internet. Once you reach a certain level of prominence, you become a target. One piece of advice for you, Enigmático, guard your anonymity if you have anything to lose in real life.

The rest of Enigmático's post reads much like a Brazilian version of Frost over at Freedom Twenty-Five - in short, he urges his fellow Brazilian young men to unplug from the mass media matrix and de-program from all the lies, propaganda and misinformation regarding gender, sex, diet, masculinity and all the other topics we are all familiar with in this corner of teh interwebz. He echoes my own sentiments in his conclusion:

> Common sense is nothing more than the sense of the docile slave, **are slaves who love our bondage as** we are allowed useless gadgets like cell phones full of features, comedy shows that humor has nothing, parties to dance half-naked in the streets, and meanwhile we're all distracted not realizing that we do not all mere **slaves.** And worst weak and sickly slaves, because they are not strong and only eat junk. Be a virus in the system, the cancer cell is ready to infect others. Be silent before the soldier's tyranny. Be as wild in the brave new world, which is part of the system because they have no other choice but in spirit yearns for the collapse of this system.

Mantenha resistindo ao Admirável Nova Ordem Mundial, meu amigo!

Overturning the Pedestal

Keoni Galt · 17 July 2012 · Archived copy · Original

[image]

Winston Wiki defines it thus:

> Noun misogyny (usually uncountable; plural misogynies) hatred **or** contempt for women

Once you take the red pill, there is no going back. This is a frequent lament we see all over the manosphere. The most profound effect I've experienced from taking the red pill, is the acceptance that a certain level of misogyny is GOOD for men to develop. It is the only true anti-dote to the mental pedestalization of the female gender we men have been inculcated with over a lifetime in our socially engineered culture.

Misogyny is the key to male liberation from blue pill delusions. Only by embracing it, can men adopt a new paradigm in which the female of the human species has forever been knocked off of the pedestal that had been erected in our minds by institutionalized brainwashing and mass media programming.

No, I don't "hate" women as a whole. Contempt? Most certainly.

Back in the blue pill days, I was enchanted and mesmerized by the female gender as a whole. Tell-a-Vision and a childhood steeped in Churchianity had me forever looking at the female gender as the only bright light in a world of shit. I was indoctrinated into becoming a worshiper at the feet of the pedestal of the "sacred feminine."

The last thing I ever wanted to become, was a misogynist. No, I bought into the delusion that the key to being accepted and gain the approval of the female herd was to become the vaunted WhiteKnight-EmotionalTampon-InTouchWithMyFeelings- LJBF-NICE GUY.

All a woman...ANY woman (not just young, attractive ones)...had to do when I was younger, was smile at me or give me a pathetic pleading look, or a nice sounding request and I was ready to do her bidding. The bat of an eyelash or a supplicating sound of her voice had me ready to ask her "how high would you like me to jump?"

I helped ladies move, "lent" them money (never asked for it back, mostly never got paid back either), given them rides, helped them with homework, built them things, fixed their cars, bought them drinks and/or meals...anything any female in my life requested, I did. "NO" was not a part of my vocabulary when it came to dealing with the opposite gender. I've had girlfriends become furious with me for doing such favors for other girls, even when it was obvious that I was "just friends" and simply being a nice guy. I once had a girlfriend tell me "why did you help her install that car stereo? She should get HER OWN BOYFRIEND instead of asking MINE for help!" At that time, I had no idea why she was angry. I was just being a 'nice guy' helping a lady in need.

I also spent many a time with groups of female friends, joining in on the "all men are pigs" type of conversations. I've been that "one of the girls" guy on many an occasion. ("You're so COOL! Why can't more guys be like YOU?!" Easy enough, since for most of my young adult life, I've had a steady girlfriend, so other girls in my social/work/student circles viewed me as non-threatening or having ulterior motives in "hanging out."

Note - I'm not talking about being the "nice guy" here in hopes of getting a romantic response from a particular

female. These are women for whom I knew as friends, acquaintances, co-workers, colleagues etc. In other words, if it had a vagina, I said "yes dear" to any and every request, simply to live up to the expectations inculcated in my mind on how a "good man" is one who serves the feminine imperative.

My indoctrination and upbringing had trained me to seek feminine approval above anything else. I was not even aware that in 99% of these cases of doing favors or acceding to the wishes of women, I got almost nothing in return (except a brief expression of approval...which, while under the influence of the blue pill was all I really wanted in the first place...ugh, oh how I retch at the memories.)

Those days are long gone.

I've come to the realization that misogyny is the inevitable antidote one must accept, after gaining an understanding of the ugly truth of the female imperative and how it works to enslave men for it's own purpose.

Most women nowadays really are beneath contempt. Manipulative, conniving, self-centered and solipsistic...especially beautiful ones. I now understand that this is the result of the programming most females are inculcated with from the same mass media culture that programmed me to be a pedestal worshiper.

Actually, ALL women are solipsistic and manipulative to a certain degree (AWALT). It is their very nature. The real problem is that our mass media culture encourages women to embrace it, revel in it, and use their power of attraction to manipulate for their own selfish ends. It has always been like this, I just never recognized it until the hindsight as seen through the clarity of understanding that came with taking the red pill.

But one thing this misogynist will admit: Not all women are like that. Really. I know a few. These are women who understand that the true path to happiness is creating a sphere of nurturing and contentment amongst her friends and family. Such women are a literal joy to be around. There contentment is infectious.
Such women are to be treasured and appreciated as the rarity of delightful femininity that has been all but erased by the Brave New World Order's programming.

Oh, and there is one common denominator I note about all these women who are "not like that." They're all happily married to men they respect (and submit to, though most would never verbally admit that - some blue pill programming runs DEEP...), have children, and are content with their families and strive to make their homes happy places for them.

But for most women I meet, my baseline assumption is that they are contemptuous creatures not worthy of anything other than basic human consideration...unless and until they prove otherwise.

Amongst the Herd

Keoni Galt · 24 July 2012 · Archived copy · Original

[image]

It is my staunchly held belief that there really is no "fixing" the problems of society that the MRM has been trying to fight on teh interwebz.

That's because there is **nothing** wrong with the society as it stands currently.

The system is working exactly as it was designed to.

We are all enslaved to the system to one degree or another.

In nearly every single financial transaction we partake in, someway, somehow, the owners of our feedlot get their pound of flesh, as all fiat cash comes into existence by the "printing press" of our fiat masters, and at some level of society, usurious interest ensures they will get paid for our work.

One thing the Occupy movement has certainly gotten correct is their percentages...we the sheeple are the 99%, enslaved - indentured - beholden to the 1%.

The 1% is the owners of our global feedlot. The politicians and so-called "world leaders" are nothing more than the modern day equivalent of the World War 2 era mandate for *Judenrat* in Nazi occupied territories.

Here's how Winston Wiki describes the function of the *Judenrat*:

> The Nazis systematically sought to weaken the resistance potential and opportunities of the Jews of Eastern Europe. The early Judenräte were foremost to report numbers of their Jewish populations, clear residences and turn them over, present workers for forced labour, confiscate valuables, and collect tribute and turn these over.

Elections in the "freee world" are nothing more than voting for who gets to be the next man or woman up to sit on your particular regions council and decide how we are to be fleeced, sheared and enslaved to our Brave New World Order's Matrix which operates solely for the benefit of the 1% - the international Bankers who own the massive debts our Judenrat take on our behalf in paying for the products and services provided by the multinational corporations (for which the 1% are also majority shareholders of) that are the top tiers of "civilizations" pyramid.

This is why I no longer vote. I no longer assent to the system. Nor do I care who or which party gains control of my regional iteration of the current Brave New World Order's Judenrat council. "Democracy" empowers the sheeple people alright...it empowers us by getting us to buy into the illusions and delusions they inculcate into us all through mass media and institutionalized brainwashing, from avoiding despair and cynicism that comes with recognizing the ugly truths of our system and the way things *really work*.

There are no collective solutions to our personal problems we experience as sheeple enslaved by the system.
We have only one thing we can do, and that is to gain awareness and embrace the truth. Recognition of true reality and how to do the best you can to avoid the worst experiences of our feedlot system.

I've written this numerous times throughout the history of this blog, but it bears repeating...I am an MRA.
For me, MRA means Men's Rights AWARENESS (not the commonly accepted term, "activist").

True empowerment can only come through awareness of the reality of our situation as a member of the global herd of sheeple. As a member of the 99%, the only thing you or I can do, is recognize and avoid the programs and sectors of our feedlot designed to extract our very life force from us for the 1% profit.
This is what "taking the red pill" means for me. For many of the blogs we consider part of the "manosphere," the red pill simply represents one or possibly two facets of the system. Feminism. Interpersonal relationships. Money. Food.

Many "manosphere" bloggers and commenters appear to have only taken the red pill with regards to one area or another of the 1%'s overall CAFO management programming. The big pictures eludes many.
Once you understand the truth, you come to the realization that THEY (the 1%) want us to have confused, disjointed lives.

They want us to get into debt pursuing the illusion of happiness through consumption.

They want us to avoid reproducing and forming strongly bonded family groups. They want us to work for their benefit rather than our own.

They want us to embrace a life of hedonism, sloth, a lack of initiative and to be comfortable in our enslavement.

They want us to be distracted and ignorant of their real agenda.

They want us to worry about keeping up with our status within the herd of the 99%, unawares of the fact that despite the appearances, we are all equally enslaved on many different levels.

They want us to eat their FEED instead of real food.

They want us to be nutritionally deficient, confused and afflicted with a myriad of degenerative diseases, so that we must than work to pay for their services to treat our symptoms of those nutritional deficiencies with their treatment protocols and drugs.

They want us divided and conquered, endlessly squabbling amongst ourselves so as to avoid the scrutiny that would come with all of us focusing on just who really does control our reality.

They want us dependent and incapable of truly caring for ourselves.

They want us comfortable in our slavery, so that we embrace it and actively resist seeking real freedom.

Most of all, they want us all to live in a constant state of FEAR.

Once you truly understand all this and see the big picture, you understand how to recognize these things and avoid them the best you can.

Only then can you live a life as free as possible in today's Brave New World Order we call "Civilization." By discovering the truth, you can wear the cloak of being "just another sheeple" to our overlords, but live as a free and wild creature in disguise amongst the herd of domesticated sheeple.

Reject their feed.
Reject their behavioral guidelines.
Reject their brainwashing.
Only partake of those things they offer which benefit yourself and your own familial interests.

Today's technology offers many advantages to life...there are many aspects of modern society that have given us capabilities and opportunities never before seen by mankind...but it also offers much greater scope of surveillance and control over us by our 1% overlords.

Learn the truth and figure out the ways and means to live the life primarily for your own benefit and not theirs. There is a certain level for which they WILL get their pound of flesh. The only way to avoid that is to either go hermit in the wilderness, or become a member of that 1% as well. Neither option is really available to 99% of we, the 99%.

But you can find a certain degree of personal freedom and avoid the stampedes of fear our feedlot managers regularly use to make the majority of the herd go where they want them to.

Tearing Up the Grass

Keoni Galt · 27 July 2012 · Archived copy · Original

[image]

It seems like the manosphere grows daily, with new bloggers starting up their own contributions to our exponentially expanding and evolving community. It's beautiful to behold. One such new entrant to our fringes of teh interwebz is a commenter I first encountered over at Dalrock's, who goes by the moniker *Rock Throwing Peasant*. His blog, Feet and Knees Together, appears to be developing a niche that heretofore has been relatively unexplored in these parts: "red pill" parenting.

Reading his posts about taking the red pill and how it applies to raising his sons inspired me to get off my ass and write something for the Spearhead again (it's been awhile). Pay a visit to Rock Throwing Peasants blog and give him some comments and support, he's got some good stuff.

Then please head on over to The Spearhead and see my first attempt at how discovering the red pill has influenced my own journey into this thing called Parenthood. It starts with a favorite recollection by the late, great Hall of Fame baseball player, Harmon Killebrew:

My father used to play with my brother and me in the yard. Mother would come out and say, “You’re tearing up the grass.” “We’re not raising grass,” Dad would reply. “We’re raising boys.”

Lamentations of the Nice Guy

Keoni Galt · 1 August 2012 · Archived copy · Original

[image]

Why do you have to be so upset all the time?

What should I do? What would you like me to do?

Yes, Dear.

Would you like to do this? How about that?

Please, Hon?

What do you mean you can't do this anymore?

I'm sorry.

What do you mean you're unhappy? How can I make you happy?

Can I call you tomorrow?

Would you like to have sex tonight? Why not? PLEASE?!?!

Girls night out? I hope you have fun with the girls then!

I'm so sorry!

If it will make you happy, than I'll do it.

But I had plans! I made you a nice dinner, and picked up a good bottle of wine and I rented that movie you wanted to see and..... ah well, that's okay. Don't worry about it. You go out and have fun, I'll just save the food in the fridge and reheat it for you tomorrow. Don't worry about, it's not a big deal...I understand the sale ends tomorrow and you and your friends need to take advantage of it while it's so cheap. Have fun, and know that I'll be thinking of you while you girls are shopping! Love you!

Would you like this one, or would you like that one?

Will you accept my apology?

If you don't like it, I have the receipt so that you can return it and get something you do like!

Would you like to hear this song your beauty inspired me to write for you?

I'll make it up to you...I PROMISE!

What do you think about this? Is it good? Do you like it? Maybe you'll like it better if did this instead?

What should we do today?

How come you never want to have sex anymore?

Why won't you accept my apology?

Wow, he's such a jerk! Why do your friends always go out with guys like that?

Should we go to counseling?

Can I go fishing with Dave this weekend? PLEASE?!?!

Would you like me to hold your purse for you?

Will you make love to me?

Sure I'll get your tampons for you....which brand do you prefer? Absorbent or Super-Absorbent? Do you need any pads, too?

Where do you want to go? What would you like to eat?

OF COURSE you don't look fat in those jeans!

I feel like we need to work on our communication skills. I feel like we don't have meaningful conversations anymore, and I really want us to become more intimate.

Would it be okay if I go surfing with Joe tomorrow? I'll be back in time so we can do something...

NO, I was NOT looking at her!

Okay, I'll sell it or give it away...I don't really need it.

I'm sorry.

Anything you want...I'll do it!

What do you mean I always lie? I do NOT!

Do you love me as much as I love you?

Would you like to hear this poem I wrote for you?

Steve is having his bachelor party this weekend. Don't worry though, I'm not going, as there will be strippers there and I know how you don't want me to be around things like that. Don't worry, it's okay, he'll understand. Yeah, we've been friends since elementary school, but he knows how important our relationship is and that I would never disrespect you like that!

You are the most beautiful woman on the face of the earth!

How can we make our relationship better?

Can you please kiss me?

I'm sorry....

Do you need help with that?

Yes, it's my fault...again. I'm sorry.

Would you like me to....

Hey....I said I'm sorry!

Please don't hang up on me....hello? HELLO?!?!?

Oh the painful recollections of my former self and how I lived a life walking on eggshells and fearful dishonesty.

I was just trying to be the Nice Guy. The archetype of the supposed type of guy women say they want.

Trying to do and be all the things a man is supposed to, to make the relationship work. Being sensitive to her needs. Striving to please her, and make sure to avoid upsetting her as much as possible.

Checking with her on everything.

Constantly asking for reassurance that she was happy. Constantly asking for her approval.

Making sure I was trying not to do anything that would upset her. This included telling a lot of "white" lies to try and avoid upsetting her. Striving to be supportive.

To let her needs, wants and desires supersede my own at every potential conflict.

This is precisely how guys slide into attraction killing "Beta-tude." How they regress in a relationship that started out hot and heavy, and end up sexless and constantly in conflict. As Rollo relates in his latest post on his own experience in his first serious relationship as a young man:

> I was sitting in her dorm room wondering just what the hell had happened to the sexualized, happy, and indifferent Alpha junior-rockstar I had been just a few years prior. I didn't realize it at the time, but I'd gone from idealistic teenager, to organic Alpha, to a defeated, needy beta on a dangerously close slide into omega-tude.

This is what happens when men get into a relationship and they slide into a mindset in which they are afraid of the female's emotional moods. Afraid of her disapproval, and having no confidence in anything they do in trying to please her or have a relationship with her. When men fall into this relationship dynamic, she WILL lose attraction

for you.

This post was inspired in part by an exchange between van Rooinek and Doomed Harlot over at Dalrock's:

> **Doomed Harlot**: *I guess I just don't understand the "nice guy" mindset here…. I have never understood the attitude that being nice entitles you to something from women.*
>
> **van Rooinek**: That attitude does not exist And the fact that you would pose this question, tells me that you have NO understanding whatsoever, as to what is going on here. So let me explain it to you simply.
> It is not about unattractive guys assuming that niceness can overcome lack of attraction.
>
> (That's projection — only women…, rather, a subset of women… believe that. NO men do.)
>
> It is not about "entitlement". (That may be an aspect of female projection too…?)
>
> This is about normal guys who *have a lot going for them, physically, educationally, careerwise, etc,* and who have (on the advice of parents, church, female "friends", etc), treated women with kindness, respect, and consideration….. and are rejected BECAUSE OF that kindness, respect, and consideration!

van Rooinek's background as he's related over the course of many comments at Dalrock's is interesting. As a serious Christian man who wanted to get married and have children, he found it next to impossible to date the ladies in his Church, and remained a virgin until he finally got married at the age of 38. He blames it partially on all these ladies constantly rejecting him as a nice guy, while going after bad boys, thugs and jerks.

Unlike Rollo's experience, where he was Alpha in the beginning of the relationship and then found himself having slumped into deference and fallen into her persistent contempt, it looks like van Rooinek was in deference and approval seeking mode right out of the gate with every girl he tried to date.

Later in their debate, Doomed Harlot finally seems to understand the point van Rooinek was trying to make:

> But I will say that women want RELATIONSHIPS. I've dated a few "nice guys" and many of them **seem to think that the key to a woman's heart is constant deference.** In reality, I would rather have a man joke around with me, or tell me if he thinks I'm wrong about something, than **squelch his real personality in order to try to ingratiate himself**. I'm not saying that's what you were doing, but I've seen it. Sometimes things like "chivalry" for example, can get in the way of a man actually relating to a woman.

This is precisely it. What womyn like Doomed Harlot fail to comprehend is this: where do guys get this idea from? Where does this template of how relationships are "supposed" to work like, come from? Why do guys fall into this

pattern of supplication and deference when their relationship did not start out that way?

In short, the blue pill.

This is the projection of a false reality reinforced over and over again in men's minds by our mass media driven, socially engineered, gynocentric culture. We are programmed to avoid becoming the stereotype of the ridiculously macho man. The archetype of the "insecure male trying to compensate for having a small dick." We are programmed to "get in touch with our feelings" and avoid being the insensitive Neanderthal brute. The last thing we want to be, we are told, is A TYPICAL MALE.

This is where the "nice guy" comes from.

In the case of a guy like van Rooinek, secular society's 'nice guy' meme's are doubly reinforced by a feminist subverted Christianity (aka Churchianity,) that focuses on male sexuality as sinful and debased, while holding up women as the moral arbiters of sexual purity and spiritual superiority. van Rooinek was not just a nice guy, he was a Christian nice guy...a double dose of deference to the female imperative. No wonder so many young men no longer attend church regularly across the Western world.

This is also why many Men don't find relationship success unless they discover the game-changer that is the red pill, *especially* Christian men.

Palm-Zombie Apocalypse

Keoni Galt · 7 August 2012 · Archived copy · Original



I've traveled all over SWPL-stan this Summer.

No matter where I went -- Los Angeles, Las Vegas, San Francisco, Phoenix, Seattle...THEY were everywhere!



THEY LIVE!

I also found growing populations of them already established in third-world, poverty-stricken places like Baja and Jalisco...



¡Viva la palma-zombie apocalipsis!

North and Central America have been invaded! In the cities, suburbs, villages and towns....



B3W4R3!!

...on the trains, buses, trolleys and ferries....



...loading...loading...loading...

...in the parks, restaurants, eateries....



Another Fine Dining Experience...

...in the bars and pubs...



Let's Party!

...and even while hiking in the woods...



Aaaahhh...enjoying the Great Outdoors!

I returned to my island home in the middle of the Pacific Ocean, and I see THEY have invaded my shores as well...



4L0H4!

Actually, they've been here for awhile, I just never really noticed how bad it was before, 'til I gained perspective from my travels...



SURFS UP!



It's a Brave New World.



Retweet if you'd like to pinterest this blog in myspace to get linkedin to facebook...

Scrip Wages & the Company Store

Keoni Galt · 11 August 2012 · Archived copy · Original



Remember the Golden Rule? Do unto others as you would have them do unto you? Or perhaps you're familiar with the more cynical version...He who has the gold, makes the rules?

Neither of these have anything to do with the way things *really* work under the present regime in our Brave New World Order. The Golden Rule is now a mere footnote in the pages of our perpetually revised history books.

We live under a new paradigm: **He Who Creates the Debt Based Fiat Currency, Makes the Rules**.

But this is nothing new. It's actually based on an even older game the moneyed elite has always played to maintain their status as the 1% living off of the labor of the 99%: Heads I win, Tails You Lose.

This game has a storied tradition that makes it as American as apple pie. It's a system developed over centuries, and has been refined, modified and improved over trial and error until it has grown into the leviathan that has it's tentacles in nearly every aspect of our lives.

The 1% now profit off of us all, every single day of our increasingly policed and regulated existence.

How did they accomplish this covert enslavement of We the Sheeple, Western Civilization's 99%? By extrapolating the concept of scrip wages for use only at the company store, globally.

> The company store proliferated in coal mining, lumber, and textile company towns as the South industrialized in the late 19th and early 20th centuries. In the industrial village it was the central, often the only, retail store available to residents. It was owned by the company, as were the houses, saloons, and other buildings. Modeled in part on the earlier British “truck system,” where laborers exchanged their labor for food, fuel, and clothing, company stores in the United States initially were justified as necessities since companies had to provide provisions to workers in the remote towns. Yet companies maintained and defended their control of stores well

> after an efficient transportation network had emerged.

And why wouldn't they? These companies had figured out a way to profit off of their workers in two different ways:

> By requiring employes to do business at the company store, lumber barons realized a profit on consumption as well as production of workers. These stores also did business with the public.

These "company stores" utilized an ingenious method of exploiting the working man. If only they could figure out a way to make one huge, gigantic company store in which everything any citizen could need or want always results in profits for the company.

With the creation of a Central Bank system in 1913, and the allowance of the Central Bank's cartel members to to have fractional reserve-based debt creation powers, and then finally removing the monetary system from the gold standard, our National currency has become nothing more than scrip wages, with our entire economy having been covertly incorporated into becoming the world's largest company store.

The cornerstone of the company store, looks like this:

[image]

Scrip wages are the debt the various outlets of the store create for we, the workers, out of thin air. In the days before computers, the scrip wages were created as ledger entries in an accounting book.

Nowadays, it's just a few strokes on the company store representatives keyboard, and voila, you can now get your equifax approved scrip wages -- a promise of payment with your future labor -- to buy some good or service. A car, a house, a college education, or worse yet, to pay off your other scrip wages you have already previously spent (consolidating your credit card debts), to achieve the lifestyle ~~you've become accustomed to~~ you're entitled to.

No matter what you spend your scrip wages on to procure some product or service, the entity you are purchasing it from, is also funded by the same company-issued scrip wages.

The company store has achieved almost complete monopoly on we the sheeple's economic activities. Everything we buy, everything we pay to do, every service we hire...all of it, results in generating usurious profit for the owners of the store.

We the sheeple will never be free, until find a way to put this company store out of business.

Virtual Disconnection

Keoni Galt · 18 August 2012 · Archived copy · Original

Originally published in bad faith...



To become men, young boys must develop and mature through experience. They must learn skills and develop talents to reach their full potential for having a productive life. They must *become* something.

Men are made like steel. We must experience the fire of the forge, take a beating, and emerge stronger, harder and ready for sharpening.

“No pain, no gain” may sound like nothing more than a trite old maxim used to get people to do something they really don’t want to…but it’s especially true for boys attempting to become men.

You can only know your true self worth, if you find out what your limitations are, reach that limit and than keep striving to exceed them.

You can only become tough by getting the hell beat out of you.

Fortitude, endurance and stamina are developed by continually pushing your boundaries to see how far you can actually push yourself to achieve something.

This is where self-esteem (the real kind) and confidence come from. You’ve done it before, you can certainly do it again if you had to.

This is why most cultures around the world had some sort of test, challenge or some kind of painful endurance ceremony or test of physical and mental strength for young men.

Things have changed…and for most, not for the better.

Young men used to feel inspired by a song heard on the radio, to go and buy a guitar and attempt to learn how to play it. They wanted to be that guy up on stage, playing to an adoring crowd, and all the female attentions that come with being a famous musician.

To anyone who's ever begun attempting to play the guitar, you know all about burning finger tips and cramping hands from fretting chords repeatedly for hours on end to master the multitude of techniques to play music.

Who needs all that practice now?

Now, you can now just turn on the liquid crystal flat screen, fire up the gaming console, sling the plastic guitar and furiously hit the five colored buttons in patterns timed to the latest pop rock music, and you too could be virtually headlining Madison Square Garden with your virtual Rock band!

Then, when the show is over, Internet porn and some lube will give you all the virtual groupie action you can handle! ROCK ON DUDE!

Who needs high school football practice in the heat, risking injury, exhaustion and pain…when you can be indoors, sitting, on the couch, gorging on snack feed and gulping carbonated corn syrup, while playing in the Superbowl in your 5th season with your favorite team in Franchise mode?

Isn't skateboarding cool? Why bother with scabbed knees, busted shins and broken arms that comes from practicing at the neighborhood skate park, when I can rip off 720′s on a half-pipe and do hand-plants and rail slides…risk free and all without leaving the comfort of the living room!

Who needs messy, and painful experiences of life, when the virtual life is so much easier to attain success in with only a minimal amount of pain-free, *comfortable* effort?

Remember the old Timothy Leary quote, which became the catch phrase of the LSD sub-culture: "Turn on, tune in, drop out?"

In today's Brave New World Order, it's morphed into: Turn on the media, tune in to your preferred virtual experience, and drop out of real life.

Sadly, I know a number of young men who most certainly DO need to "man up" and turn off their game consoles and start finding ways to live a real life, not a virtual one.

Many folks in this corner of teh interwebz object to any calls made by anyone to "man up" as using nothing but shaming language to get men to do whatever they want for their own benefit and not for the benefit of the man or men being shamed.

Not here.

This is shaming language trying to shame young men into behaving *for their own benefit.*

If you are a young man reading this, can you look yourself in the mirror and honestly feel good about any real life achievements you've obtained by overcoming adversity…or have you wasted too much of your time becoming a *virtual* success?

No Shit

Keoni Galt · 20 August 2012 · Archived copy · Original

[image]

Here's a great little vignette of Election 2012 Propaganda that is about 99% factual:

Free Shit

> ## CAN THE USA SURVIVE GIVEN THE FOLLOWING?
>
> The folks who are getting free shit, don't like the folks who are paying for the free shit, because the folks who are paying for the free shit can no longer afford to pay for both the free shit and their own shit.
>
> The folks who are paying for the free shit want the free shit to stop, and the folks who are getting the free shit want even more free shit on top of the free shit they are already getting!
>
> Now… The people who are forcing the people to pay for the free shit have told the people who are RECEIVING the free shit, that the people who are PAYING for the free shit, are being mean, prejudiced.
>
> So… The people who are GETTING the free shit have been convinced they need to hate the people who are paying for the free shit by the people who are forcing some people to pay for their free shit, and giving them the free shit in the first place.
>
> We have let the free shit giving go on for so long that there are now more people getting free shit than paying for the free shit.
>
> Now understand this. All great democracies have committed financial suicide somewhere between 200 and 250 years after being founded.
>
> The reason? The voters figured out they could vote themselves money from the treasury by electing people who promised to give them money from the treasury in exchange for electing them.
> Thomas Jefferson said it best: "The democracy (Republic) will cease to exist when you take away from those who are willing to work and give to those who would not."
>
> The United States officially became a Republic in 1776, 236 years ago .
>
> The number of people now getting free shit outnumbers the people paying for the free shit.

BRAVO! AMEN! HALLELUJAH! SPEAK IT BROTHER! THIS IS EXACTLY WHAT IS WRONG....

....oh wait, you're not done?

> We have one chance to change that On Nov 6th, 2012 .
>
> Failure to change that spells the end of the United States as we know it.

> ELECTION 2012 IS COMING
> A Nation of Sheep Breeds a Government of Wolves!

Pfffffffffftttttt.

I was gonna write my own screed...then I remembered. Been there, done that already.

Commenter ncognito1959 was even more succinct:

> I would like to know what we can really change in this next election, given that it is either Romney or The Big O?
>
> With dems we get butter & guns, with repubs we get guns & butter.
>
> Free shit is dispersed in more places than just social programs.

Donkeys or Pachyderms? Escape the zoo.

It really doesn't matter one whit if Oromney the Republicat wins or if Robama the Democan wins. Voting in our Brave New World Order is the equivalent to flipping a coin. No matter which side comes up, it's heads they win, tails we lose.

(h/t to The Humble Libertarian)

Divorce Court Programming

Keoni Galt · 28 August 2012 · Archived copy · Original



As a young boy in the 80's, I was your typical American latch-key kid who's parents both worked and the Tell-A-Vision was my after school ~~brave new world order indoctrination machine~~ babysitter. Around my early pre-teen years, I became a daily watcher of the TV show, Divorce Court, presided over by the honorable Judge William Keene. I watched that show at 3:30pm every single day after school for probably two or three years. Winston Smith over at ~~The Ministry of Truth~~ Wikipedia, describes the mid-80's era of the show in their entry for *Divorce Court**:

> While touted as presenting real cases to television audiences, the stories from earlier versions of *Divorce Court* were actually re-enactments of divorce cases presented by actors.
> Actors portrayed the litigants - the plaintiff, who initiated the divorce proceedings; the defendant, who either sought a reconciliation or sought a divorce decree of his/her own; and a number of witnesses, who testified on behalf of one of the litigants. Meanwhile student attorneys would argue the cases.
>
> Each episode followed a basic formula, as follows:
>
> > - Each attorney giving opening statements.
> >
> > - The litigants, along with one or two supporting witnesses, giving their side of the story and enduring cross-examination.
> >
> > - Closing arguments.
> >
> > - The judge's decision, followed by appropriate reactions by each side.
>
> Many of the stories had standard marital issues: mental and/or physical abuse, adultery, desertion and other irreconcilable differences. As with most courtroom-based television programs through the ages (and to keep

> audiences interested), the stories were hardly the sort of the unloved wife's affair with the milkman or the husband's meddlesome mother interfering with and ultimately ruining the marriage. Rather, *Divorce Court* tended to present more sensational cases with "shock value."

Oh yes, watching the Tell-A-Vision day after day certainly made me believe I knew what the American Family Court system was all about.

Judge William Keene was very fair, impartial, level-headed, and he took no shit from men and women alike. He kept an orderly court and his rulings were reasonable and most times the viewer couldn't argue with the outcomes he adjudicated.

I recall many tales of adultery, cruelty, abandonment, child abuse, spousal rape, physical abuse, theft all played out in a 30 minute show....and it exposed my adolescent mind to the various vagaries of human behaviors that both men and women engage in that bring about the failure of their marriage.

I remember episodes in which a wife who slept with her husband's brother lost custody and was ordered to pay all the court fees.

I remember episodes in which the wife with held sex from her husband for several years and lost the case due to abandonment. Husband got the money, house and alimony payments.

Of course there were plenty of cases in which the husband was an abusive asshole or a philandering dirt bag, and they too got their just rewards at the drop of Judge Keene's hammer. All these hours of passively watching "dramatic portrayals of real life cases" had to have certainly shaped my ignorant and naive view of the family court system in this country.

The Tell-A-Vision sure gave me a vision.

I had been told to think that Divorce in the 1980's in America, was a case of equal justice before the law. That if as Husband or a Wife, you broke your marital vows, then you got your just desserts, and the unfairly victimized spouse got vindication and compensation. Of course it works like that! This is the land of the free and the home of the brave! We have the greatest country on the face of the Earth! Our legal system is the envy of the world! Democracy and checks and balances ensures that courts will impartially render justice without regards to race, religion, sexual orientation or gender!

All through my teens and early 20's, this was my view of marriage and divorce and the family ~~destroyer~~ court system.

If someone I knew had parents who divorced, it HAD to be because one or the other did something dastardly and the other spouse righteously received justice in the court of law.

Then I experienced a real up close and personal insight into how Divorce REALLY works in our Brave New World Order when close friends and families went through the meat grinder.

According Winston Smith's entry on *No Fault Divorce* over at the Ministry of Truth:

> No-fault divorce statutes were first enacted in 1969 in California; South Dakota was the last state to allow no-fault divorce, in 1985.

In other words, ~~his-fault~~ No-fault Divorce had become the legal standard in all 50 States by the time the 80's era of this popular daytime Tell-A-Vision show began it's run.

I had no concept whatsoever about what No-Fault divorce really meant...until I saw my ex-Aunt run off with a motorcycle thug, leaving the kids with my uncle....AND STILL she got custody, child support, alimony when the Divorce was finalized two years later.

Wait a minute?

Shouldn't the Hawaii family court's equivalent to Judge Keene, look at the facts of the case and easily see that my ex-Aunt broke her marital vows, had an affair and abandoned her family....yet she got to unilaterally end her marriage and get cash, prizes and custody?

This is where my Uncle explained to me what "No-Fault" divorce was....or at least how his attorney explained it to him. If the man does something, it can and will be used against him in a kangaroo court of the family destroying arm of the law. If the woman does something...why, it's NO FAULT DIVORCE!

Prior to that, I really did believe the portrayal of Divorce Court TV was really how Divorces worked in this country. I had no idea *Divorce Court TV* in the 80's was a television show about **At-Fault Divorce**. But it only began it's daily syndicated Network Tell-A-Vision run after No-Fault Divorce became the standard M.O. in all 50 States.

I now believe Divorce Court TV was deliberate, subversive PROGRAMMING designed to indoctrinate men into thinking that there was nothing to fear from the Divorce Court system if they were not abusive cheaters, and just hard working husbands who did their duty and provided for their families. Besides, all the billable hours of the attorneys and expert witnesses, and the salaries of the court employees all depend on enough men getting married first, so that they can then pay for their services when they get divorced....

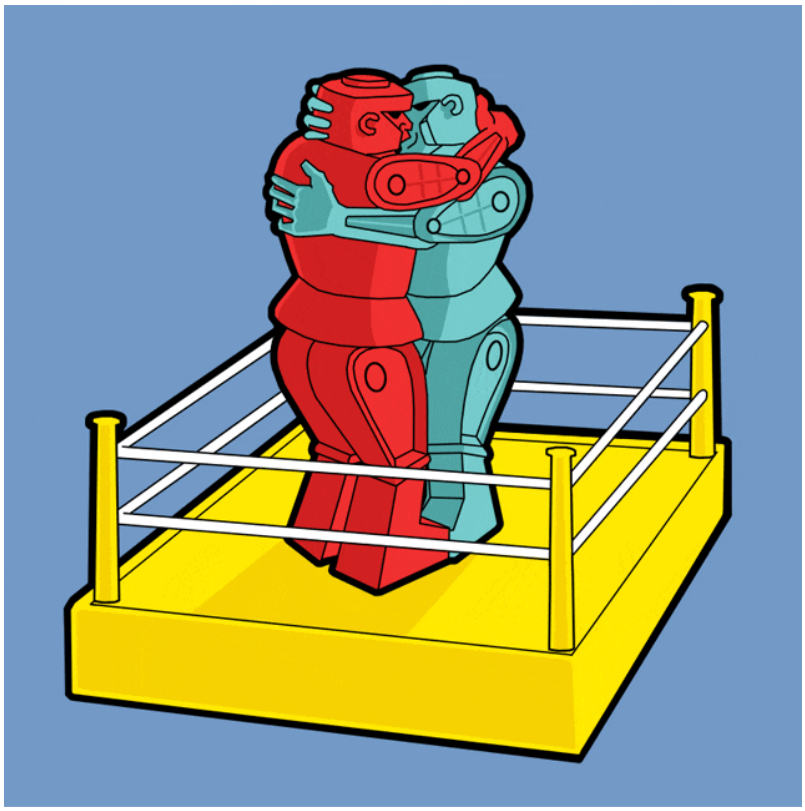
[image]

Divorce? What, me worry? If she cheats,
Judge Keene will make sure she gets what deserves!

** Ever since Wikipedia's Editors saw fit to erase the page for Thomas Ball's family court protest by self-immolation, I have resolved to no longer link them in blogging or commentary.*

The Zeta Point

Keoni Galt · 9 September 2012 · Archived copy · Original



Seems like this shit will never end.

Roosh writes this, and Paul Elam responds.

Two standard bearers of differing factions in the same general reactionary/anti-misandry/anti-feminist culture movement, disagreeing on varying different points of view. Each one presenting what they believe to be their particular version of THE TRUTH.

Both are right...in their own way and from their personal point of view.

Both have their share of supporters, fans and sycophants eager to voice their support and affirmations for their chosen champions point of view.

yawn

I'm an avid reader and supporter of both men and there blogs and/or forum, and both spheres they appear to represent. It essentially boils down to the pro-game vs. anti-game camps of the general anti-feminist reaction to mainstream, socially engineered, mass media disseminated and narrated culture.

Can we all just get back to focusing on the real enemy of this so-called "movement?"

Roosh vs. Elam....whose side do I take here?

I'll take Dan Moore's...aka Factory, replying to Elam's farewell to the "manosphere" -

> We go around and around like this because the 'answer' doesn't lie in any one camp. The center of gravity the various groups cannot escape is what I call **the Zeta Point.**
>
> The point of balance between the need for female approval, and enough self worth to walk away from disrespect.
>
> Between the need to maintain some form of civilization, and the strength to throw the parts that are destructive on the trash heap.
>
> Between love for women as counterparts, and the reality they have become competitors.
>
> MRAs can teach others valuable lessons. But it's imperative we remember that others have just as many lessons, that are just as important, to teach us.

Yes. All of us in this anti-feminist/anti-misandrist counter-culture here in the hinterlands of teh interwebz are focused on some facet of MRA - Men's Rights Awareness. You cannot have meaningful, personal activism, without awareness...aka a clear understanding of *truth*.

As I wrote back when Frost and Elam had first agreed to have their game/anti-game debate at *In Mala Fide*:

> I don't think anything good is going to come from the pending debate between Frost and Elam. It's just going to further fracture the manosphere.
>
> But that's ok.
>
> There's no "winning" here.
>
> What it will do, is provide clarity, so the onlookers can decide which "side" here offers them the viewpoint to improve their own lives and their own struggles.

Dan Moore goes on to clarify the point further:

> I am a proponent of Game Theory, and believe a huge swath of the MRM could use an awful lot of education on women and their behaviour.
>
> And why things went the way they did in their own lives.
>
> The real value in Game theory is not in becoming a PUA (although, as I have said many times, the 'starved for affection folks' are the ones easily manipulated into selling men out wholesale), it is in understanding the basic drives in all of us, and how those drives tend to make us act.
>
> Basically, Game theory picks up where the politically correct Masters and Johnson crowd feared to tread.

> Game theory utterly destroys many of the cultural myths indoctrinated into our society nearly from birth.

> And anyone who has ever paid attention to the theory knows exactly how hard it is to penetrate the initial resistance to the ideas, as well as the sick feeling when Game is proven right.
>
> And the even sicker feeling when you see all the spots you fucked up in previous encounters.

> Oh so painfully clearly.

Oh so clearly. FML.

> Game is an essential component of the Red Pill, and in many cases is more then enough counter-cultural medicine to do the job.

In the early 00's, the MRA online movement was essentially a small group of male bloggers, most who've been screwed over by women, feminism, and/or our Brave New World Order's family court system. The convergence of the MRA bloggers and the Game Advocacy movement over at the comment section of Roissy in D.C.'s blog several years ago was the essential turning point. It melded the truth of the corruption of the system, with the truth of the basic biological nature of male/female attraction....and it spawned what we now call THE MANOSPHERE.

We had a small period of time in which we had a unique harmonic convergence of ideas that coalesced into a new, broader understanding of the the things we've all experienced in our present socially engineered dystopia. Then, like any group of men, the need to jockey for status amongst the hierarchy causes divisions, and we divide and conquer ourselves.

This is why their can be no "movement." There is only recognizing TRUTH and using that to guide your own personal life decisions. Find your personal Zeta point....it is there that you find that elusive balance...the path to a meaningful, satisfying life.

Life is a gamble..completely unpredictable. You could die getting hit by a car while crossing the street tomorrow. You could die in your sleep tonight in a completely random house fire started by an errant spark from your light socket igniting nearby curtains. (yes, this almost happened to me....). We all have choices to make. We must weigh our odds, make our judgements, and then decide on a course of action. Having the clarity of truth will certainly have a profound and meaningful effect in making such choices. You may very well meet a young woman who is all that and worth sacrifice and risk to get married to and have children with. Or she may be a manipulative slut looking for an easy provider to blind with her sexuality long enough to lock him into divorce chilimony servitude.

The important thing here is that any man facing such a choice, be able to recognize the realities of his personal situation, and make the best choices based on the most facts available to him at that time. Which is why both facets of OUR "manosphere" are important. They are largely focused on their areas of primary concern, each serving as a valuable resource in gaining understanding of the big picture.

This is all any of us can hope to achieve.

> There is no candidate running for office that you can vote for to advance the idea of "men's rights."
>
> There is no political party you can join, no "tea party" rally you can attend or no organization or cause that you can donate your money to that is going to make a damn bit of difference in our current state of affairs.
>
> There is no possibility of working within our current system to "fix" what's wrong.
>
> That's because there's nothing to fix.
>
> From the view of those who have implemented the system and constructed our current situation, this shit is going off exactly as planned.
>
> The people who wield the power in our society have deliberately shaped it to emasculate the males, de-feminize the females, sow relationship dysfunction and alienate children from their parents so as to make them more malleable and exploitable *human resources*.
>
> They effected their social engineering program precisely through the creation of "movements." You think getting a bunch of men and women (who thanklessly support them) together to try and effect change in this system is ever going to accomplish anything meaningful?
>
> Not happening.

No matter who is right or who is wrong, the only correct answer here is MGTOW.

Go your own way. Find the truth and make your life-changing decisions cognizant of it so you are properly prepared to face the consequences of whatever path you may choose.

You wanna be a PUA? Good luck Brother, I wish you the best!

You wanna be an MRM advocate and start up a movement that lobbies to overturn the officially sanctioned misandry of our current society? Amen! Good luck Brother, I wish you the best!

I really don't see any point to be gained in focusing on the differences in outlook between the two camps.

Whatever works for YOU is the only thing anyone should be primarily concerned with.

Balanced Bullshit

Keoni Galt · 13 September 2012 · Archived copy · Original

[image]

It's the new national pastime. Fuck baseball. Its consumption. The only true lasting American value that's left.

Buying things.

Buying things.

People spending money they don't have on things they don't need.

Money they don't have, on things they don't need.

- George Carlin

That is one of my favorite quotes from the late, great stand up philosopher. Most people refer to him as a comedian. In his earlier days, he most certainly was one. But towards the end of his life, his routine was no longer funny. At least I stopped laughing when he started ranting about the ugly truths of our Brave New World Order.

From the macro level to the micro level, George summed up our National Past time quite correctly.

From a quick Googoliath search:

US Federal Government Tax Revenue for Fiscal Year 2011 - $2.3 trillion

US Federal Government Expenditures for Fiscal Year 2011 - $3.6 trillion

To be more precise...

*The enacted 2011 budget called for **$2.314 trillion in receipts** and **$3.630 trillion in outlays**, according to the September 1, 2011 Mid-Session Review.*

How exactly was this $3.630 trillion ($1.316 trillion of which is money we don't have, and most certainly most of it spent on things we don't *need*,) spent? According to Winston over at the WikiMinistry of Truth:

24% or $835 billion to fund entitlement payments for the Medicare & Medicaid pyramid scheme;

20% or $725 billion to fund entitlement payments for the Social Security pyramid scheme;

19% or $700 billion to pay off the Military Industrial Complex to continually wage fiat wars on foreign shores;

19% or $646 billion on "non-defense discretionary" aka Government payoffs to corporate campaign contributors not a part of the military industrial complex - like Big Ag, Big Oil, and all the other "Big" entities;

12% or $465 billion on "Other" aka all the other government entities, programs and bureaucracies that rely on Federal Government outlays to exist;

and finally, 6% or $227 Billion on Interest.

Interest....on what? Why the national debt, of course. We the sheeple must pay interest to the foreign T-Bill "investors." We also have to pay interest to the Federal Reserve Usury Serfdom Cartel for their invaluable fiat money creation services.

This last category is key when you consider the dialogue being recited by the actors in our current episode of the long running dramatic series American Democracy.

Both sides have their version of "balancing the budget."

Both Jackasses and Pachyderms (henceforth to now be referred to as Jackyderms) will debate it as if it were the real solution to all our woes. They hold it up as the holy grail of maintaining the MANDATORY status quo of butter and guns aka our welfare/warfare system. This idea is what they endlessly debate on calling it "Balancing the Budget." Whether it's on a State, County or Federal Government level, all of our lying liars (politicians) pay lip service to this ideal.

The Pachyderms call for an amendment to the US Constitution that requires the Government to "balance" the budget. They claim we need to amend the Constitution and then cut taxes to balance the budget.

The Jackasses say no amendment is necessary, we just need to play with the numbers, cut defense spending and raise taxes and the budget can then be "balanced."

But the Jackyderms are all ignoring the real problem - whether we "balance" the budget or not, we are still in tremendous, ever escalating and exponentially expanding debt to foreign creditors and the the Federal Reserve Usury Serfdom Cartel (who create the fiat currency to fund the Governments deficit spending by selling T-bills to foreign creditors like China).

Balanced budget or not, the fundamental root of the problem never gets addressed - our system as set up and running since 1913, is based on the fact that all money spent by the Federal Government is debt-based and loaded with usurious interest that requires servicing in perpetuity....i.e. the debt never, ever gets paid off.

If the proposed budget is in the black (more tax receipts than budgeted outlays, as it was under Jackass Billy Bob), than the Government simply spends this surplus, sooner or later, rather than try and pay off the principle of the national debt.

If the proposed budget is in the red (as it's been since Pachyderm Dubya took office), than the Government simply keeps voting to raise the "debt ceiling." (And make no mistake, the Jackyderms always vote to raise that ceiling.)

In either case, the root cause of our debt never gets addressed...i.e. every single dollar that gets created by the Federal Reserve system is based on debt, and we the sheeple are stuck with the bill to service that debt.

Servicing the debt....this the lynchpin of our enslavement as a people.

Our system is *designed on purpose* to keep we the sheeple debt enslaved for perpetuity.

Balanced or not, our budget NEVER gets around to actually paying off the debt. A balanced budget will still be focused on servicing our ever-escalating debt, not actually paying it off.

The Jackasses claim MORE BUTTER, LESS GUNS will balance the budget.

The Pachyderms claim LESS BUTTER, MORE GUNS will balance the budget.

Balanced or not, the debt remains, and the debt continues to grow via interest and the continual borrowing required to keep the whole system going.

The Jackyderms never really propose the only true solution...the only one that could ever really work in the long run:

Stop buying things we don't need, with money we don't have.

Now and Then: Feminism in 1970

Keoni Galt · 17 September 2012 · Archived copy · Original

[image]

If There Had Been Teh Interwebz 1970...Murray Rothbard would have been THE red pill dealer of his era.

I've read many Rothbard articles regarding Austrian economics, and he was one of the best sources of insight on topics such as how modern banking works, and how the central banks play a key role in the boom-bust business cycle. However, Rothbard was a prolific writer, and I've not even come close to reading the entire catalog of his work over at Mises.org. Thanks to LewRockwell.com, for the first time, I came across this Rothbard article: *The Great Women's Liberation Issue: Setting It Straight*

Written in 1970, it's interesting to note that much of what Rothbard wrote about in that era, applies perfectly to the feminist influenced society of the present day.

Some excerpts from Against Women's Lib:

> It has become impossible to avoid being assaulted, day in and day out, by the noisy blather of the Women's Movement. Special issues of magazines, TV news programs, and newspapers have been devoted to this new-found "problem"; and nearly two dozen books on women's lib are being scheduled for publication this year by major publishers.
> In all this welter of verbiage, not one article, not one book, not one program has dared to present the opposition case.

Well, there's our first difference between now and then.....now we have the manosphere.

> Throughout the whole gamut of "liberation", the major target has been the harmless, hard-working, adult WASP American male, William Graham Sumner's Forgotten Man; and now this hapless Dagwood Bumstead figure is being battered yet once more. How long will it be before the put-upon, long-suffering Average American at last loses his patience, and rises up in his wrath to do some effective noisemaking on his own behalf?

42 years after Rothbard wrote this, the answer to his question remains elusive. We now have teh interwebz where we have *begun* the process of fighting back. But while we are quickly growing, we are still fringe, and nowhere close to being widely recognized. The blue pill is still prolific amongst the masses.

Decades before guys like Warren Farrell debunked the female wage gap, Rothbard had already done so in a single paragraph.

> The lower average income for women can be explained on several grounds, none of which involve irrational

> "sexist" discrimination. One is the fact that the overwhelming majority of women work a few years, and then take a large chunk of their productive years to raise children, after which they may or may not decide to return to the labor force. As a result, they tend to enter, or to find, jobs largely in those industries and in that type of work that does not require a long-term commitment to a career. Furthermore, they tend to find jobs in those occupations where the cost of training new people, or of losing old ones, is relatively low.

> These tend to be lower-paying occupations than those that require a long-term commitment or where costs of training or turnover are high. This general tendency to take out years for child-raising also accounts for a good deal of the failure to promote women to higher-ranking, and therefore higher-paying jobs, and hence for the low female "quotas" in these areas. It is easy to hire secretaries who do not intend to make the job their continuing life work; it is not so easy to promote people up the academic or the corporate ladder who do not do so. How does a dropout for motherhood get to be a corporate president or a full professor?

The next paragraph finally shows us a major difference between now and then:

> While these considerations account for a good chunk of lower pay and lower ranked jobs for women, they do not fully explain the problem. In the capitalist market economy, women have full freedom of opportunity; irrational discrimination in employment tends to be minimal in the free market, for the simple reason that the employer also suffers from such discriminatory practice. In the free market, every worker tends to earn the value of his product, his "marginal productivity."

1970 was a good decade before affirmative action laws kicked in and an entire generation of children had yet to endure 18 years of feminist social engineering via the public schools and pervasive mass media indoctrination.

In 2012, there is no "free market." Discriminatory practice is encouraged and enforced by the Government, and employers who dares to "irrationally" discriminate quickly find themselves facing regulatory sanctions and persecution from the Government.

Most folks in the manosphere understand the role of Cultural Marxism in the ascent to primacy the feminist movement has achieved in our society today.

> It should be emphasized that, in contrast to the Women's Lib forces who tend to blame capitalism as well as male tyrants for centuries-old discrimination, it was precisely capitalism and the "capitalist revolution" of the 18th and 19th centuries that freed women from male oppression, and set each woman free to find her best level. It was the feudal and pre-capitalist, pre-market society that was marked by male oppression; it was that society where women were chattels of their fathers and husbands, where they could own no property of their own, etc.[1] Capitalism set women free to find their own level, and the result is what we have today.

42 years later, we don't really have capitalism and women are no more free than anyone else in our Brave New World Order. 99% of We the Sheeple are plugged into the matrix in one way or another. Very few are truly off the grid and free. Most of us have to pay our pound of flesh to our feedlot masters, one way or another.

But let's get back to how "the more things change, the more they stay the same" theme of this post:

> I believe that modern American marriages are, by and large, conducted on a basis of equality, but I also believe

> that the opposite contention is far closer to the truth than that of the New Feminists: namely, that it is men, not women, who are more likely to be the oppressed class, or gender, in our society, and that it is far more the men who are the "blacks," the slaves, and women their masters. In the first place, the female militants claim that marriage is a diabolical institution by which husbands enslave their wives and force them to rear children and do housework. But let us consider: in the great majority of the cases, who is it that insists on marriage, the man or the woman? **Everyone knows the answer.** And if this great desire for marriage is the result of male brainwashing, as the Women's Libs contend, then how is it that so many men resist marriage, resist this prospect of their lifelong seat upon the throne of domestic "tyranny"?
> Indeed, as capitalism has immensely lightened the burden of housework through improved technology, many wives have increasingly constituted a kept leisure class. In the middle class neighborhood in which I live, I see them, these "oppressed" and hard-faced viragos, strutting down the street in their mink stoles to the next bridge or mah-jongg game, while their husbands are working themselves into an early coronary down in the garment district to support their helpmeets.

Every manosphere blog at some point or another has made these same basic premises.

Alas, Dalrock has also been noticing a present day emerging trend that shows us another difference between 2012 and 1970 - we now have a large segment of young, unmarried women, who no longer insist on marriage....at least not until they've had their fun, earned their credentials and established their careers and paid off their student loans and signed up for mortgages and auto-loans and started their retirement plans, only find themselves thinking about marriage when they suddenly understand what the term "biological clock" and "babies rabies" means.

Rothbard's next point is another good one:

> In these cases, then, who are the "niggers": the wives? Or the husbands? The women's libs claim that men are the masters because they are doing most of the world's work. But if we look back at the society of the slave South, who indeed did the work? It is always the slaves who do the work, while the masters live in relative idleness off the fruits of their labor. To the extent that husbands work and support the family, while wives enjoy a kept status, who then are the masters?

lozlzolzol. Here was Rothbard in 1970 pointing this truth out. Most did not listen. Many women heeded the call of the pied pipers of cultural marxism, and gave up their master role to go to school and enter the workforce and become competitors with men. We are all *human resources* now.

> There is nothing new in this argument, but it is a point that has been forgotten amidst the current furor. It has been noted for years-and especially by Europeans and Asians – that too many American men live in a matriarchy, dominated first by Momism, then by female teachers, and then by their wives. Blondie and Dagwood have long symbolized for sociologists an all-too prevalent American matriarchy, a matriarchy that contrasts to the European scene where the women, though more idle than in the U.S., do not run the home. The henpecked American male has long been the butt of perceptive humor. And, finally, when the male dies, as he usually does, earlier than his spouse, she inherits the entire family assets, with the result that far more than 50% of the wealth of America is owned by women. **Income – the index of hard and productive work – is less significant here than ownership of ultimate wealth.**

> Here is another inconvenient fact which the female militants brusquely dismiss as of no consequence. And, finally, if the husband should seek a divorce, he is socked with the laws of alimony, which he is forced to pay and pay to support a female whom he no longer sees, and, if he fails to pay, faces the barbaric penalty of imprisonment – the only instance remaining in our legal structure of imprisonment for nonpayment of "debt." Except, of course, that this is a "debt" which the man had never voluntarily incurred. Who, then, are the slaves?

Rothbard also brings up the phenomena we in this sector of teh interwebz refer to as The Kitchen Bitch.

> If our analysis is correct, and we are already living in a matriarchy, then the true significance of the new feminism is not, as they would so stridently have it, the "liberation" of women from their oppression. May we not say that, not content with kept idleness and subtle domination, these women are reaching eagerly for total power? Not content with being supported and secure, they are now attempting to force their passive and long-suffering husbands to do most of the housework and childrearing as well. I know personally several couples where the wife is a militant liberationist and the husband has been brainwashed by his spouse to be an Uncle Tom and a traitor to his gender.

> In all these cases, after a long hard day at the office or at teaching to support the family, the husband sits at home tending the kids while the wife is out at Women's Lib meetings, there to plot their accession to total power and to denounce their husbands as sexist oppressors. Not content with the traditional mah-jongg set, the New Woman is reaching for the final castrating blow-to be accepted, I suppose, with meek gratitude by their male-liberal spouses.

While I've already pasted a lot of excerpts here, I'll close out with this one, which decades later, Rush Limbaugh later paraphrased to good effect:

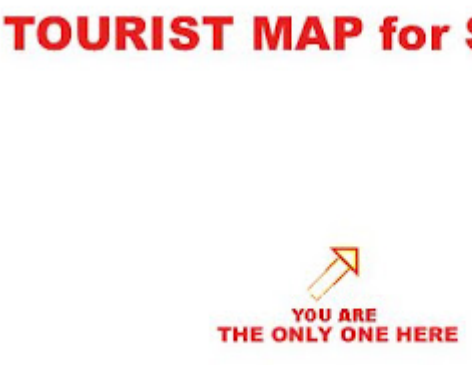
> Jealousy of pretty and attractive girls does, in fact, lie close to the heart of this ugly movement. One point that should be noted, for example, in the alleged economic discrimination against women: the fantastic upward mobility, as well as high incomes, available to the strikingly pretty girl. The Women's Libs may claim that models are exploited, but if we consider the enormous pay that the models enjoy-as well as their access to the glamorous life-and compare it with their opportunity cost foregone in other occupations such as waitress or typist-the charge of exploitation is laughable indeed. Male models, whose income and opportunities are far lower than that of females, might well envy the privileged female position! Furthermore, the potential for upward mobility for pretty, lowerclass girls is enormous, infinitely more so than for lower-class men...

1970 or 2012, nothing's really changed. Rothbard was writing an article clearly pointing out the logical fallacies of the feminists arguments...but they only reached a very small segment of readers. So here we are 42 years later, still writing much the same, a truly organic and authentic grass roots movement here on teh interwebz. Remember one of the primary strategies employed by propagandists seeking to control our behavior and thoughts: *repeat a lie often enough, it becomes the truth.* They've been repeating their lies for close to half a century. For a time, just prior to the internet going public and global, it had become accepted as truth.

Not anymore .

Coming to Terms

Keoni Galt · 20 September 2012 · Archived copy · Original



I was writing out a response to Dalrock's latest, and realized it was turning into something more substantial than a comment, so....here it is as a post.

Seems like certain sectors of the mano-andro-call-it-what-you-like-o-sphere go through a cycle of discussing the unique nomenclature that has become accepted and recognized in our fringe sector of teh interwebz. First it was the concept of hypergamy, now it's solipsism's turn. Interestingly enough, this latest debate comes from *Susan Walsh at HUS* demanding a concrete definition for the term solipsism and the luminaries of our crazy little niche like *Vox* and *Dalrock* then weigh in with their own takes.

When MEN first began comparing notes on their experiences with the female gender on teh interwebz, there were a few common characteristics they noticed that were generally applicable - hypergamy and solipsism were two words that sort of fit the bill as to what they were trying to name as generalized patterns of feminine thought and behavior.

To look at the literal dictionary definition of either term doesn't really fit.

For example - the literal definition of hypergamy, is women will always seek to marry up the higher socio-economic class hierarchy.

Well....that definition was obviously arrived at when lifetime marriage was the norm. As we all well know, lifelong, monogamous marriage is no longer the norm (ENJOY THE DECLINE!), but it has been noted that women still seek to "mate up" in some form or another. So we here in the andomanofuckitsphere began to use it in a more general term that doesn't strictly adhere to the dictionary definition of the term.

Now take solipsism.

Imnobody at Dalrock's commented:

> According to Merriam Webster:
>
> SOLIPSISM
> : a theory holding that the self can know nothing but its own modifications and that the self is the only existent

> thing; also
>
> : extreme egocentrism
>
> You speak as if only the first definition was true, but “extreme egocentrism” is a valid meaning too.

Just like hypergamy is literally defined as "marrying up," solipsism is one of those terms for which it fits well enough to become a commonly accepted term in describing this observable, common female trait.

"Extreme?" That judgement rests on an individual basis for how the solipsism expresses itself from any particular female...but when you compare the basic level of ego centrism between Men and Women....this is where we find the term solipsism fitting.

In a general way, women are much more ego-centric in their communications and perspectives then the average man is. So from a man's point of view (and this is the **MAN**-o-sphere we are talking about here) female solipsism does seem to be a good term describing ego centrism in the female as being extreme **in comparison to the average man's expressions of ego centrism.** (NAMALT...of course. Plenty of men were raised by single mothers and are imprinted with a solipsistic outlook on life).

That women personalize ideas whenever they partake in an online debate is something commonly recognized by many....NAWALT being the most common expression of female solipsism. It doesn't have to be extreme, nor does it have to be to the point of deviant narcissism either.

Hypergamy and solipsism - two terms used to describe commonly observed aspects of female behavior, both with Dictionary definitions that do not really fit with what we are talking about here in our little corner of the web....but for those of us who understand the concepts underlying the literal definitions, they are perfectly applicable usage of words to clearly communicate the ideas under discussion.

Finally, I must reiterate the following: like hypergamy, solipsism is not a negative trait, or a positive trait, nor is it something a woman consciously does. It just is how she was designed (or evolved, whatever you believe).

Solipsism and hypergamy are intrinsic behavioral traits of the female id. It's a feature, not a bug.

Eat More Mercury

Keoni Galt · 27 September 2012 · Archived copy · Original



MMMM....look at all that tasty mercury!

Another installment in a series: Red Pill Reality Dispelling Blue Pill Delusions

Don't know about the rest of the world, but here in Hawaii, we are constantly advised by our mass media to limit eating fish because of the trace amount of mercury found in many open ocean species. Since we are an island state, surrounded by water, and the *Pakipika* (Pacific Ocean) is home to some very tasty and nutritious fish; and since fish consumption is a long time cultural tradition amongst the many different races that now call this place home; these endless warnings of mercury poisoning from eating too much fish have always seemed rather ludicrous to me. This was long before gaining a deeper understanding of just how influential the deception and propaganda our mass media doles out as "public service announcements" has pervaded conventional wisdom.

It's also part of all nutritional guidelines and literature from our Health Care cartel members....especially the advice doled out to pregnant women. I remember sitting in on one of my wife's pre-natal checkups, waiting for the OB/GYN to come in for the appointment, and I was reading over the pamphlets on prenatal nutrition. One thing that really stuck out in my mind was the admonishment: DON'T EAT MORE THAN ONE SERVING OF FISH A WEEK TO AVOID MERCURY EXPOSURE TO YOUR INFANT.

Damn. I must of missed the epidemic of babies born with mercury poisoning in Hawaii...or all the folks dropping dead from all that mercury poisoning.

One website, The National Resources Defense Council, goes so far as to publish an "Eating Tuna Safely Chart" based on your weight.

Sounds like every other natural human behavior we are told must be PRACTICED SAFELY.

Safe Sex. Safe Sun Exposure. Safe Driving. Now we have Tuna Safety.

Safe to say, the State of Hawaii is certainly one of the worst offenders of practicing "Tuna Safety!"

I just ate a half pound of *Inamona poke* (raw yellowfin tuna with ogo seaweed and roast kukui nut garnish) and some poi for dinner the other day. Uh oh...am I in mortal danger of mercury poisoning since I do that kind of meal more than once a week?

Another website, Medical News Today, offers this dire warning:

> Children should be consuming considerably less canned tuna, otherwise their risk of serious mercury poisoning could become a public health issue in years to come, the Mercury Policy Project explained in a report issued yesterday.
>
> The authors added that albacore tuna should never be given to children.

What? I know kids in the neighborhood where I grew up, who used to eat canned tuna fish sandwiches nearly every day. I don't recall ever hearing about any cases of mercury poisoning...like, ever.

I know of pregnant women who ate raw fish, sushi and cooked fish on a near daily basis. Never heard of any of their babies having mercury poisoning either.

Seriously, if eating open ocean fish more than once a week lead to mercury poisoning, half the population in the State of Hawaii would be keeled over, dead or dying from mercury poisoning. We love our fish.

Sushi. Sashimi. Poke. Deep fried. Baked. Poached. Grilled. Fish Soup. Dried. Jerked. It wouldn't be an exaggeration to say that we have a lot of people in Hawaii that eat Fish more than 5 times a week, let alone more than once a week.

So what gives? Apparently paleo blogger Chris Kresser found some research that explains both the mercury content of fish and why all us fish eating lovers the world over are actually not dying of mercury poisoning despite all of the dire warnings of our mass media. Yes, fish do contain detectable levels of methylmercury...but they also have selenium:

> - Selenium protects against mercury toxicity, and 16 of the 25 highest dietary sources of selenium are ocean fish.
>
> - If a fish contains higher levels of selenium than mercury, it is safe to eat.
>
> - Most species of commonly eaten fish in the U.S. have more selenium than mercury.

> - Fish are not significant sources of PCBs and dioxins when compared to meat, dairy or vegetables.

> - The benefits of eating fish regularly far outweigh the potential risks, which are negligible
> Pregnant mothers and young children should eat 2-3 servings of oily ocean fish each week

Here's a link to the PDF document Kresser cites: Dietary and tissue selenium in relation to methylmercury toxicity:

> This study finds that measuring methylmercury exposure is not sufficient to provide accurate and precise information regarding potential risks unless selenium intakes are factored into the evaluation. Blood Hg:Se {methylmercury : selenium} ratios appear to provide more interpretable and physiologically meaningful indications of risks from methylmercury exposure than blood mercury alone. Consideration of mercury–selenium relationships in diet and tissues of exposed individuals will clarify risk:benefit relationships associated with fish consumption.

Perhaps this explains why I live in a culture in which ocean fish is ubiquitous and eaten almost daily...yet we don't have an epidemic of mercury poisoning rapidly depopulating our islands?

Apparently, if you're like millions of other fish lovers out there, the only thing you should really concern yourself with, is if the fish you are eating has a higher level of selenium than methylmercury. Here's a chart showing various species of fish and their Hg:Se ratios:

[image]

Click to Enlarge

Just like everything else regarding diet and nutrition in the media, mercury poisoning from too much fish consumption appears to be yet another lie designed to get we the sheeple to avoid eating healthy and nutritious foods and living lifestyles that keep us from attaining optimal health and fitness.

After all, the more nutritionally deficient you are, the more medical bills you'll likely rack up for the medical/pharmaceutical/insurance industry cartel's profit...and the only true expense is your own health and quality of life should you decide to heed their "advice" and "guidelines."

The "system" is a literal vampire, a parasite feeding off of your life, profiting off your perpetual misery until you expire and can no longer require "maintenance."

Thanks to ObamaRomney Care, it's now UNIVERSAL. Don't forget to vote!

Don't eat Fish. Stay out of the Sun. Don't eat Salt. Don't ever use any kind of tobacco, EVER. Count your calories. Don't eat red meat. Don't eat meat. Don't eat fat. Fluoridate your water. Eat more grain. Eat a plant based diet. Don't worry, we have a pill for that....and your co-pay is only $15.

The pervasiveness of these memes, and the multitude of sources and media that it uses to percolate and propagate it's programming into the mass consciousness of we the sheeple is ubiquitous, insidious and devious. It's purpose, to enslave us and suck us dry until we are dead.

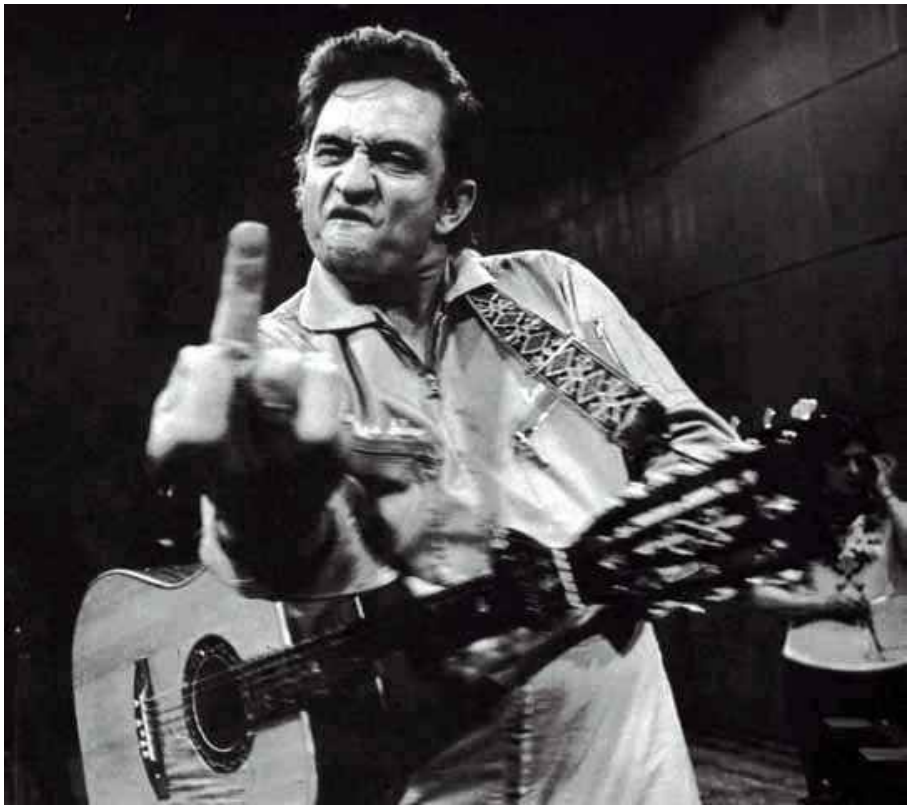
So forget yet another popular misformed disinformation campaign designed and promoted by our benevolent and caring Government/Corporate/Non-Profit/Foundation junta and their owned feedlot managers, and enjoy more of that healthy and nutritious, mercury-enhanced fish.

The healthier you are, the less time, money, pain and suffering they are able to extract from you over your lifetime by "caring" for your health.

A Salute to Conventional Wisdom

Keoni Galt · 4 October 2012 · Archived copy · Original

Originally published in bad faith...



Population control is about so much more than simply reducing the number of births.

“Conventional Wisdom” promulgated through the technologically-driven mainstream media, is one of the primary tools of the social engineers in their efforts to control the population of we the sheeple…the proles of our declining Western Civilization.

I know this, because I’ve educated myself about this by relentlessly pursuing what I could discern of the real truths about the many different topics in which lies are commonly accepted by the masses as truths.

Teh Interwebz is the University of Autodidactism.

At this University, I have deliberately belabored to see just how far the rabbit hole goes, and I don’t think I’m anywhere near to finding the bottom of it.

Four years of discovering the truth by reading, experimenting and sharing experiences amongst fellow truth-seekers on teh interwebz provided a much more realistic, practical and applicable education, than the 5 years I spent attending my State’s institution of higher learning to earn a Bachelors degree…

…or the two years I spent working in the belly-of-the-beast, as a unionized Government cubicle jockey, pretending to be productive and feigning labor at maximum capacity to fit in with the rest of the bureaucratic parasites that

never did anything productive or meaningful, but existed solely to consume taxes. Everywhere I looked, I saw actors and actresses, playing the role of professionals; conveying the impression that all their make work projects accomplished more than simply using every last penny budgeted so they could justify submitting an even larger budget to waste the next year.

Getting laid off from that job was at the time quite disconcerting - good money, easy work. But in retrospect, it was one of the best things to have ever happened to me. Here I am, more than a decade later, and I cannot imagine what life would be like doing a meaningless job for so long, one that produced no value other than to justify the next budget cycle's inevitable increase. The job was soul killing. I didn't know it then, but I know it now. The look in so many of my fellow Government employees eyes...everyone, always ready to spew out rationalizations and justifications at a moments notice as to how and why they "earned" their lucrative salaries and collectively bargained benefits.

Public academia, and public service. Two sectors where one is supposed to learn and grow into productive, valuable citizens, contributing to the benefit of society. Hah. That's not the lessons I learned in either sphere.

I learned far more about the world as it really is, and about myself and my place in the real world, from the influences and insights gained from blogs, message boards and websites that inspired true introspection and productive ruminations…than I ever did watching *tell-a-vision*, the movies, or from the approximately 13 wasted years I spent in the State of Hawaii's institutionalized public schooling system.

I discovered that everything I thought was real and true, were nothing but lies, misconceptions, misdirections and misinformation designed precisely to capitalize on, and exploit my health and my productive capacity. All for the benefit of the system, at the expense of my mental, spiritual and physical well-being.

It was never a case of simply falling for any old story found anywhere on the world wide web. Like everything else in so-called civilization, it's full of bullshit and lies as well.

But the difference is, you can actually read something that may sound crazy at first, but after some introspective ruminations and observing various manifestations of those ideas in real life, and eventually you discover that whatever **THEY SAY** is really just another echo of deception, reiterated in ignorance by minds programmed by our homogenized, mass media culture, rife with misformed disinformation.

You should never take anything found on teh interwebz (or anywhere else) at face value. You have to discern which virtual tirades, manifestos, declarations or diatribes are justifiable and based on truths…and which ones are crackpot lunacies and monomaniacal mental disorders vomiting their mental wastes into the virtual ether.

Perhaps you may think this blog is one such outpost of insane drivel. I make no claim of having a 100% grasp of sanity, nor do I claim to understand REALITY in perfection. I only know that up to this point, I've discovered things that work for me.

YMMV and all that.

For myself, I find nothing more convincing than experiences and anecdotes from anonymous authors who may be writing thousands of miles away from wherever you are logged on…who can describe behaviors, results or phenomena exactly the way you perceive or experience these things too.

I find the miasma of compelling anecdotes that exist as a multitude of anonymous testimonies in posts, articles, blogging entries and commentary, a convincing narrative that conveys varying degrees of undeniable verisimilitude,

especially when you experience these truths yourself.

The similarities in human experiences that cut across cultural, socio-economic and religious differences, is another consideration in attempting to comprehend the enormity and ubiquity of deception present in our modern mass media shaped culture.

At no other time in history, could we human beings communicate near instantaneously with other people all over the planet, and compare notes and share observations and experiences like we can now. When one reads enough perspectives from enough people from all over the globe, you begin to see that as humanity, despite our cultural and ethnic differences, we are more alike than many would like to think.

Many a blogger and commenter in the "manosphere" has referred to or utilized the Matrix allegory.

For this red pill eater, it never gets old.

Because it is, in fact, a metaphor that is apropos to so many different facets of life in our brave new world order.

We are in the dying throes of a declining civilization, and the entities behind the causes of this decline are desperately trying to keep the lid on the Pandora's box of ugly truths that would expose all of the lies and deceits they've inculcated into our mass consciousness.

They've literally poisoned our minds and spirit through the pervasive influence of mass media and our institutionalized educational curriculum.

They've literally poisoned our bodies by adulterating our food and water supplies.

They've altered our minds and personalities through their manipulation of the conventional wisdom of our culture, by literally and figuratively emasculating the males and masculinizing the females, to foster a ubiquitous interpersonal relationship dysfunction syndrome amongst the populous.

They've erected elaborate barriers in our mental programming to prevent us from creating meaningful and lifelong connections with each other, be it romantic, kinship, or even true and meaningful friendships.

Relationships that are life affirming and generate positive feedback loops and inspire individual growth have been hopelessly corrupted by a million whispers of suggestion and subversive thoughts…subconsciously role-modeled behaviors and ideas that saturate every aspect of our mass media broadcasts.

There's a reason it's called TV PROGRAMMING.

We are endlessly inundated with depictions and portrayals of the various models of dysfunction and pathology of the human psyche; normalizing deviancy and destroying standards that were once commonly accepted values…all to program our minds to make us much more susceptible to their marketing propaganda to manipulate our behavior for their lucrative marketing enticement schemes.

So take the red pill. Set your mind free. Accept nothing at face value.

Not from the Government, nor from the mainstream mass media.

Always question authority…perhaps not openly — as that could be hazardous to your personal well-being — but at least always in your own mind.

The biggest lie of this epoch in human history, is that our Government-media complex is benevolent and working for our best interests. Don't believe the biggest lie of them all....that they are here to help us. To fix our problems. There's nothing to fix.

The only interest they are working for, is how best to shear the wealth, labor, productivity and life force from we, the sheeple. We are human resources, worth only the value we produce as we perpetuate the system as we endlessly consume....and in turn, are eventually consumed.

You may not be able to break free from all of the population control measures they have put into place…
…but at least give it your best effort to refuse and resist wherever and whenever you recognize the dialectical agenda in effect.

It is better to die on your feet, resisting and reveling in every moment of your free will…than to live on your knees, broken and controlled by a system that exists solely to exploit you.

I AM NOT A NUMBER, I AM A FREE MAN!!!

Shadows on the Wall

Keoni Galt · 13 October 2012 · Archived copy · Original

[image]

I took Philosophy 101 as a sophomore in college. At that time, I just didn't get it. It bored me. I just didn't understand how all these books about philosophy and the old, dead men that wrote them, had anything to do with the actual life I was living. Although I did give the class a real effort towards what I thought should be an "easy A" (I got a C) I just didn't have enough experience and introspection to understand the appeal of studying what I then considered as nothing more than intellectual navel gazing.

Autodidacticism enabled by daily exploring of teh interwebz for over a decade has most assuredly shown me the error of my ways. Philosophy is at it's core, the search for the truth. There is nothing more interesting, nay, utterly fascinating, than to discover that something you've believed in and followed your entire life, has been nothing but deliberately fostered falsehoods and delusions, indoctrinated for the express purpose of controlling your behavior.

It is the very core of the Matrix allegory...which has now become the predominant zeitgeist of this virtual place we now call the manosphere or androsphere.

Everyone is 'taking the red pill' these days, eh?

Except everyone has gotten there own definitions of what exactly is the 'red pill' and what is the 'blue pill.'

Boiled down to it's basic core, the red pill is truth, the blue pill, lies. Lies that keep us unaware of the metaphorical matrix that has been constructed to enslave humanity and harvest our life force, our energy, our very essence, to fuel it's own purpose.

Like a stagecoach horse with blinders on, allowing it only to see the road ahead so that it can concentrate solely on it's task it's owner demands of it, so to are we the sheeple of this Brave New World Order given our own set of blinders so that we stay firmly plugged in to the Matrix, laboring for the benefit of the system, rather than ourselves.

The Matrix is very real, and we are all plugged into it in some way or another. But the idea itself, of keeping human beings enslaved by limiting their ability to see the bigger picture of their existence, so that they do not even know they are enslaved, is an old one...very old.

> Behold! human beings living in a underground den, which has a mouth open towards the light and reaching all along the den; here they have been from their childhood, and have their legs and necks chained so that they cannot move, and can only see before them, being prevented by the chains from turning round their heads. Above and behind them a fire is blazing at a distance, and between the fire and the prisoners there is a raised way; and you will see, if you look, a low wall built along the way, like the screen which marionette players have in front of them, over which they show the puppets.
>
> I see.

> And do you see, I said, men passing along the wall carrying all sorts of vessels, and statues and figures of animals made of wood and stone and various materials, which appear over the wall? Some of them are talking, others silent.
>
> You have shown me a strange image, and they are strange prisoners.
> Like ourselves, I replied; and they see only their own shadows, or the shadows of one another, which the fire throws on the opposite wall of the cave?
>
> True, he said; how could they see anything but the shadows if they were never allowed to move their heads?
>
> And of the objects which are being carried in like manner they would only see the shadows?
>
> Yes, he said.
> And if they were able to converse with one another, would they not suppose that they were naming what was actually before them?
>
> Very true.
> And suppose further that the prison had an echo which came from the other side, would they not be sure to fancy when one of the passers-by spoke that the voice which they heard came from the passing shadow?
>
> No question, he replied.
> **To them, I said, the truth would be literally nothing but the shadows of the images.**

The red pill | blue pill allegory is really nothing more than the offer to Socrates allegorical prisoners to allow them the opportunity to take off the chains and climb out of the cave and see the world as it really is.

Come see the truth...or don't. You can stay right where you are, comfortable amongst your fellow prisoners, firmly enthralled and entertained with watching the shadows on the wall. These shadows, they have messages for you, messages that will help you bear your existence, chained and enslaved.

From The Allegory of the Cave:

> Most people, including ourselves, live in a world of relative ignorance. We are even comfortable with that ignorance, because it is all we know. When we first start facing truth, the process may be frightening, and many people run back to their old lives. But if you continue to seek truth, you will eventually be able to handle it better. In fact, you want more! It's true that many people around you now may think you are weird or even a danger to society, but you don't care. Once you've tasted the truth, you won't ever want to go back to being ignorant!

In the 21st century, our cave is our matrix. Our views of the world and reality, nothing more than the shadows of lies, delusions and illusions projected not on a cave wall, but into our minds, by our televisions, movie screens, bill boards, newspapers, magazines, books and all other manifestations of mass media.

Take the red pill...or take off your chains and get out of the cave. Live a real life as you were meant to.

Or, take the blue pill, keep the chains on, and spend the rest of your existence in the bowels of that dark cave...the light outside is too bright and dangerous anyways.

Sink the Pink

Keoni Galt · 15 October 2012 · Archived copy · Original

[image]
This is the only appropriate place for pink to appear on an NFL field!

It's that time of the year again.

Yes, folks, we must all do our part to RAISE AWARENESS.

I've certainly done my part a few times now in the past several years.

After all, as an avid NFL fan, the spectacle of all the pink all over the place every October certainly serves as an all important reminder!

Millions upon millions (if not billions) of dollars are riding on all this AWARENESS!

Many bloggers and commenters in our fringe sector of teh interwebz oft raise many different points on how all this Pink in the NFL is a concerted effort of feminists to impinge on one of the last true male institutions that celebrates true meritocracy and unabashed expression of masculine aggression. No doubt, the feminists who support such things really do support all this pink invading male spectator sporting events. Awareness is a good thing, right!?

Seems like even the feminists are getting in on the act...Jezebel.com writer, Erin Ryan (not linking to Jezebel, google it yourself if you like), writes in her recent article, *The NFL's Campaign Against Breast Cancer Is a Total Scam:*

> The NFL claims that its pink philanthropy efforts "support the fight against breast cancer" by "promoting awareness" and providing funds to the American Cancer Society. But what they're mostly promoting is, uh, buying NFL gear, the profits from which are overwhelmingly pocketed by the NFL.

Of course, the Jezebeller's feminist-focused point is that not enough money being raised by all these sales is designated for the actual research for the cure...and like most feminists, she's making the marxist class warfare angle - don't buy the pink, it enriches the already rich Billionaire NFL owners, instead of most of it going for the womynz!

> Since the program's inception four years ago, the NFL has raised $3 million for breast cancer. In 2009, the League made $8.5 billion. Last year, they made $9.5 billion. Commissioner Roger Goodell has set a revenue goal of $25 billion per year by the year 2027. A million per year out of between $8.5 and $9.5 billion in revenues? Pardon me while I don't slobber all over the NFL's pink-drenched marketing campaign.

Like most feminists, she misses the forest for the trees. Besides, most of the manosphere folks that believe the pink-ification of the NFL is primarily a feminist agenda are mistaken.

Here's the lady responsible for this eyesore in the football stadiums across the nation:

[image]
Center: Tanya Snyder, wife of Redskins owner Daniel Snyder, NFL Breast Cancer Awareness Spokesperson

She's the wife of a corporate mass media marketing industry mogul who survived breast cancer herself. The pink campaign is just another highly successful marketing campaign to create more demand for the services provided by the Mammogram industry, of which the American Cancer Society is a most lucrative partner in getting the masses to demand their services.

AWARENESS merchandise is just the way in which the NFL is paid off by the American Cancer Society to promote the real agenda:

[image]

WOMEN 40 OR OLDER SHOULD GET A MAMMOGRAM EVERY YEAR

Why would the American Cancer society advocate that women radiate their breasts once a year after the age of 40? Surely they just want to save lives!

Cancer prevention expert, Professor emeritus at Univeristy of Illinois School of Public Health, Chicago, Samuel S. Epstein, disagrees:

> However, the FDA remains strangely unaware that radiation from routine premenopausal mammography poses significant and cumulative risks of breast cancer. This is also contrary to conventional assurances that radiation exposure from mammography is trivial, about 1/ 1,000 of a rad, and similar to just that from a chest X-ray. However, the routine practice of taking two films of each breast results in exposure of about 0.4 rads, focused on the breast rather than on the entire chest. Thus, premenopausal women undergoing annual screening over a ten-year period are exposed to a total of at least four rads for each breast, at least eight times greater radiation than FDA's "cancer risk" level. Such high radiation exposure approximates to that of Japanese women living approximately one mile away from the site of the Hiroshima atom bomb explosion.

Good thing we have all the pink to remind all the women at age 40 to begin their annual dosage of radiation to their breasts...and we're not even mentioning all that radiation she's exposed to if she flies frequently and forgoes the gate rape option and favors TSA radiation "security."

Why, after 10 or so years, when she's 50...why her life will have been saved when the Mammogram detects a lump! A decade plus of regularly radiating her breasts would have nothing to do with it...right?! At least she followed the conventional wisdom!

EARLY DETECTION IS THE BEST PREVENTION

The best prevention for loss of profits from a most lucrative industry, that is.

From American Cancer Society: The World's Wealthiest "Nonprofit" Institution

> The ACS has close connections to the mammography industry. Five radiologists have served as ACS presidents, and in its every move, the ACS reflects the interests of the major manufacturers of mammogram machines and film, including Siemens, DuPont, General Electric, Eastman Kodak, and Piker. In fact, if every woman were to follow ACS and NCI mammography guidelines, the annual revenue to health care facilities would be a staggering $5 billion, including at least $2.5 billion for premenopausal women.

> Promotions of the ACS continue to lure women of all ages into mammography centers, leading them to believe that mammography is their best hope against breast cancer.

But it's not just he expensive mammogram machines, jobs for licensing and certifying mammogram technicians, or inflated billings by healthcare insurance companies that are counting on all this raising of AWARENESS!

As Professor Epstein reiterates:

> Five radiologists have served as presidents of the ACS. In its every move, the ACS promotes the interests of the major manufacturers of mammography machines, particularly the latest digital machines. These are four times more expensive, but no more effective than the film machines.
>
> The mammography industry conducts "research" for the ACS and its grantees, serves on its advisory boards, and donates considerable funds. In virtually all its actions, the ACS has been and remains strongly linked with the industry. An ACS communications director admitted the obvious in a 1999 article published by the Massachusetts Women's Community's journal Cancer. "Mammography today is a lucrative [and] highly competitive business."

Ah, but all this Pink inspired awareness is not just for the benefit of the Mammogram industry...let's not forget Big Pharma as well:

> The ACS conflicts of interest extend well beyond the mammography industry. The ACS has received contributions in excess of $100,000 from a wide range of "Excalibur (industry) Donors," who manufacture carcinogenic products. These include petrochemical companies (DuPont, BP and Pennzoil), Big Pharma (AstraZenceca, Bristol Myers Squibb, GlaxoSmithKline, Merck & Company and Novartis), and cosmetic companies (Christian Dior, Avon, Revlon and Elizabeth Arden).

October AWARENESS merchandise is just the way in which the NFL is allowed to garner their share of the loot from unsuspecting folks thinking they're contributing to "the war against cancer," when what they're really contributing to is the profits of a multitude of industries and "non-profits."

There's all the motive$ you need to understand why the NFL goes all pink every October.

[image]

Since I do not now, nor have I ever worn a single article of pink in my entire life, I guess I'm not a REAL MAN. Somehow, I think I'll manage to carry on.

Good Wife | Bad Wife

Keoni Galt · 19 October 2012 · Archived copy · Original

[image]

As I previously noted, Everyone seems to be taking the red pill nowadays, eh?

I recently saw a manosphere commenter going by the moniker "RedPillWifey" I clicked on her link and with much bemusement read her new blog, "Red Pill Wifery." I quickly ascertained she's a fan of Athol's. Good for her, good for her family.

One of her more interesting posts was her fisking of the old email meme that made the rounds on teh interwebz, The Good Wife's Guide.

I first got that meme emailed to me by an old classmate/friend, before I ever started blogging...most certainly before "taking the red pill." I lol'd along with her and her comments at being horrified at the old ways of Patriarchal enslavement women had to suffer from in the bad old days of the 50's.

Almost a decade later, she's on her last few carousel spins and destined for spinsterhood (she's already tried to settle for a beta - the engagement lasted all of 3 months before she cheated on him with a ONS and ended up dumping him for being BORING. He does not know how lucky he is....) and I have most certainly come to a much more different perspective on this old meme. lulz

I'm half a mind to make this commentary, and re-email the meme image back to her and watch her hamster scramble furiously for my own amusement. But she is an old friend, and we've already been down the old path of arguing about her feminist politics many times before. I'll leave her to her rapidly approaching time of perpetual cat tending and man-hating vodka martini gossip sessions with her fellow single, empowered career womyn peers... but I digress.

Back to the Guide.

As some of Red Pill Wifey's commenters note, the Guide is most certainly a fraud.

Even better.

What this meme really shows, is the feminist attitudes towards marriage, and that being a good wife is viewed as being a complete slave to a misogynistic brute. The fact of the matter is, even if the things on this list are an over-exaggeration to reinforce the perception that the 50's were a period of female enslavement to the Patriarchy, they would most certainly work for a woman who's serious aspiration was to indeed become a *good* wife.

For as we all know, modern feminism - aka cultural marxism - certainly doesn't want women to be Good Wives.

A good Wife is a home **maker**. Her husband and her children are fortunate, because they live in a happy home -- that **she makes** -- in which Dad can't wait to come home to a pleasant wife, good home-cooked food, and a clean and orderly house. If your husband is the type to always go straight to the bar after work and doesn't come home til late every night, it's a virtual guarantee he *dreads* coming home...TO YOU.

By making a home, a good wife creates a sanctuary for her man.

A bad wife is a Home **breaker**.

We know which kind of wife the Feminist movement promotes.

In fact, if you were to take a different perspective on all the actions this "guide" suggests, you can see just how corrosive the feminist zeitgeist has become to the personal relationships between a husband and wife. Much of these exaggerated "suggestions" are the kind of things we all do (men and women) whenever we invite guests over to our house...especially strangers!

We clean up the place, put on nice clothes, and try to create a comfortable atmosphere so that our guests may enjoy their visit to our home, so that we can make a good impression on them. When you create a great atmosphere, everyone enjoys each others company and a good time is had by all....including the person who did all the work in preparing, cleaning and dressing up! Slavery? Oppression?

Yet, to do these things as a wife, to create the same experience for a husband that she would for a stranger...*oh the horror!*

Think about that for a second...

"We must treat strangers better than our own husbands, or it's oppressive slavery!"

Yes ladies, ignore all of this horrible advice from those bad old days of the 1950's!

Why would you ever want to be a *good* wife?

Here's an easy question one should pose to any women who shows this meme to you and laughs at it...

What man out there in the world would you most want to meet and fall in love with and gain commitment from? Which male out there tingles your hypergamous desires more than any other? Is it some rugged Athlete or sports champion? A musically gifted, multi-platinum recording pop rock star? The Prince of England? The hottest Movie Actor in all of Hollywood? Who? What guy out there is your ultimate Fantasy?

Now let's say you met him and he accepted an invitation from you to come over to your place for dinner.

Would you really feel enslaved and oppressed by cleaning your place up, wearing your best clothing and doing your hair and makeup to make yourself presentable, and then getting ready with a drink in hand to present to him the moment he came over to visit you?

Would it be oppressive to try and make him feel comfortable and relaxed at your place? Since he's your dream guy, you'd do all of this and much much more to try and get him to fall in love with you and give you his commitment, no?

Why is that acceptable in trying to attract your dream man...but suddenly it becomes "enslavement and oppression" after you've gotten that commitment?

The answer to that question is this: because you've been lied to. You've been sold a most pernicious deception - that happiness can only be found in selfishness. Understanding this and avoiding it is the only way you have a chance at getting to Happily Ever After.

Of course, to understand all this, we have to really get to the truth of the matter: A housewife falls out of attraction with her husband (too much Beta/not enough Alpha), and she finds herself doing all these things *for a man that she does not tingle for*, it most certainly *feels* like slavery.

Feminism succeeded in appealing to young single women to delay and/or avoid marriage, because it played off the most base fear of any young, fertile woman - being "trapped for life" in an institution to a man for which she does not tingle.

Sounds ludicrous? Men are no different.

Ask a man who's married to a fat, ungrateful, and perpetually nagging wife if it feels like slavery as she spends all the money he earns and gives him no respect or recognition (and usually no sex) for providing for her and their children.

The difference is we live in a society for which Women can pull the plug on their discontented married lives, and walk away with all the cash and prizes. The unhappily married man faces the choice of putting up with her and still being with his children....or becoming a semi-weekly visitor paying chili-mony and risking estrangement from his offspring. As Ian Ironwood at The Red Pill Room notes:

> In attempting to re-write the social rules of marriage, feminism's built-in escape hatch made the effort to *work on* a marriage a lot harder than *ending* it. Feminists can become brides pretty easily, thanks to the power of pussy. They can just as easily become ex-wives, with a stroke of a pen. They *rarely* become "wives" (under the Rectification of Names). So for all of their vaunted empowerment, it seems that feminism insists that an empowered feminist woman can do ANYTHING . . . ***except be a good wife.***

To sum it up, this "Good Wife's Guide" piece of feminist agit-prop expounds on mythical horrors of the past, so as to perpetuate the very real horrors of our current Brave New World Order.

Consider these responses of a typical modern day housewife to the supposed 1950's standards (keep in mind, this is from a Pro-Parenthood website):

> **1. Prepare yourself for your husband's arrival.**
>
> Me: First of all, what makeup? Second, if I had 15 minutes to spare I would probably take a nap.
>
> **2. Clear away the clutter.**

> Me: Cleaning happens once a week. If you want it done more, please hire someone else. Honestly though, my husband does a lot of the cleaning.
>
> **3. Honor thy master.**
>
> Me: When we were married my friend gave us a magnet that said, "If at first you don't succeed, try it your wife's way." Whether my husband admits this or not, this statement has been proven to be correct more than once. Really though, we work as a team and question each other when necessary.
>
> **4. Keep it down!**
>
> Me: Noise? What noise? Are you referring to the radio, the dog, the noisy toys, the phone, or our child? I tuned that out a long time ago, please consider doing the same.
>
> **5. Always have dinner ready.**
>
> Me: Leftovers are in the fridge! Enjoy! To all housewives everywhere, enjoy who you are. Do what you do and do it well.

Whatever she's doing, she's certainly doing it well. He works to pay all the bills AND he does most of the cleaning. If he has any problems with this, why "they work as a team and question each other when necessary!"

This is one thing I notice about TEAM WOMAN. Even when she is TEAM HER MAN, and she's in a happy relationship with a man that she respects and is basically submissive too...if someone were to ask her what she thinks about their relationship, often times she'll brag about they have an "equal" and "fair" relationship.

They too partake of the notion that female submission and Patriarchy are bad things, *even if they are actually living it*. It's just like how feminists credit everything good in their lives to feminism and the women who "fought for their rights" in earlier eras.

In short, the feminist paradigm is the only "correct" way to view relationships.

As the stay at home mom at the Parent Society website writes, these are "Hilarious lessons on being a good wife."

I'm sure her husband is laughing.

It's quite obvious by her answers that we all know who wears the pants in her household.

This is what modern feminism preaches to married women today. His needs are superfluous and unnecessary...even if he's the one working and paying all the bills so you can stay at home with the kids. Who cares if the house is messy, you look frumpy, the house is chaotic and noisy, and after a long day of hard work, he has to look forward to eating cold left overs in the fridge! None of this has anything to do with being a **good wife**. That was 1950's era oppression!

Of course, she misses the best piece of advice in that entire meme, is the last point: **A good wife always knows her place.**

Both figuratively and literally, that would be beneath her husband.

Social Media Miranda

Keoni Galt · 27 October 2012 · Archived copy · Original

[image]

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Any and all forms of communication made on teh interwebz with your smart phones, iPads or PCs at any time in the past, present and in the future, are open to becoming the potential subject of Global Mass Media exposure.

Such exposure can lead to different real life consequences, up to and including: character assassination, slander, libel, defamation, job loss, harassment litigation, and complete and total loss of your privacy.

All your information, pics, vids, and written thoughts that you upload, can and will be subject to editing, revision, and manipulation by both Government and Corporate Media Propagators, to create THE OFFICIAL VERSION of any and all events.

[image]

You have been warned

YOU BETTER FUCKIN' GET USED TO IT

Oh SNAP

Keoni Galt · 30 October 2012 · Archived copy · Original

[image]

S.N.A.P. is the acronym for Supplemental Nutrition Assistance Program.

That would be a new name for an old program - our modern day food stamps program, now made more convenient and widely accessible with Electronic Benefit Transfer cards. Over 44.5 million Americans were enrolled in the program in 2011. As this infographic demonstrates, this is why we don't have the visual of long, winding breadlines at soup kitchens in cities across the nation that were the hallmark of the 1930's era Great Depression's landscape.

Thanks to the EBT program, the reality of our economic situation can be hidden from plain sight.

This is why mass media talking heads, pundits and "experts" can get away with lying in their broadcasts and publications, prevaricating that we are "in recovery."

Many folks on the conservative side of the so-called "aisle" often castigate the food stamp program as socialism. Wealth transfers from the producers to the non-producers.

The manosphere points out a different aspect of this wealth transfer - from working men to non-working, dependent single mothers married to the State.

Both points are true...but only partially so.

Don't forget who else gets their slice of the transfer lucre, like the Banksters-too-big-to-fail, (BTBTF) who distribute and administer the EBT system.

Don't forget too, that every single benefit transfer is an entitlement expenditure...one that is done with fiat currency printed up out of thin air by the Federal Reserve, for which we the enslaved sheeple are liable for in interest-bearing debt that adds to our ever escalating tax burden.

Don't forget that Big Ag gets it's cut of this "benefit" transfer as well. From the Eligible Food Items Page of the USDA's SNAP website:

> - Soft drinks, candy, cookies, snack crackers, and ice cream are food items and are therefore eligible items.
>
> - Seafood, steak, and bakery cakes are also food items and are therefore eligible items.
>
> - Since the current definition of food is a specific part of the Act, any change to this definition would require action by a member of Congress. Several times in the history of SNAP, Congress had considered placing limits on the types of food that could be purchased with program benefits. However, they concluded that designating foods as luxury or non-nutritious would be administratively costly and burdensome.

Oh sure, it would be costly and burdensome. It wouldn't have anything to do with allowing EBT transfers being made from the taxpayers debt burden to the Big Ag corporations that produce all the processed "food items?" Remember, it's not It's not the snack aisle, the cereal aisle, or even the bread aisle...it's the profit aisle:

> There's one big reason that industrial food manufacturers like Kraft (Nabisco, Snackwells, General Foods, many more), Con-Agra (Chef Boy-Ar-Dee, Healthy Choice, many more), Pepsico (Frito-Lay, Quaker), Kellogg's (Kashi, Morningstar Farms, Nutrigrain, more) are huge and profitable.
>
> It's because grains are cheap, but the "foods" made from them aren't.
>
> One reason grains are so cheap in the USA, of course, is gigantic subsidies for commodity agriculture that, while advertised as helping farmers, go mostly to agribusinesses like Archer Daniels Midland ($62 billion in sales), Cargill ($108 billion), ConAgra ($12 billion), and Monsanto ($11 billion)...

I often shop at grocery stores adjacent or in the poorer neighborhoods of Hawaii. I see the shambling mounds of obesity with shopping carts brimming with processed foods, candy, junk food, cakes, chips, crackers, and cases of soda....all paid for with their EBT cards. Many also buy fresh produce and meat to take home and cook...but neraly all buy Big Ag junk food products with their 'benefit tranfers."

I also see many of these EBT recipients put the grocery divider on the conveyor belt to differentiate between all the food and feed they are acquiring, and the prohibited alcohol, tobacco, pet foods, etc. In other words, although the EBT program expressly forbids using the "benefits" to buy drugs and alcohol, because they don't have to spend their money on food, they have the extra income to pay for their vices...an indirect subsidy.

Another unique aspect to this program found here in Hawaii has to do with our love of eating mercury.

Because the Federal guidelines encourage recipients to buy raw meat and seafood to take home and cook, the ubiquitous *poke* and sashimi stations in every grocery store in the State accepts EBT cards for raw fish.

What a farce.

Raw fish is the primo luxury food item in the State. Prepared poke is never taken home and cooked for family meals.

It is eaten raw, and is the staple food for parties and get togethers.

It's usually $16-$20 a lb.

I've gone to my local grocery store to buy some *poke*, and stood in a long line that took me half an hour to get up to the counter for my turn to order my fish. The majority of the people in line were literally buying hundreds of dollars of raw fish with their EBT cards...of course, many of them also used the divider so as to ring up the beer and cigarette purchases!

Poke, sashimi, clams, oysters, *tako* (octopus)...a veritable cornucopia of premium sea food, for which people who are not enrolled in SNAP eat only on occasion, while our "poor" underclass literally feast on it regularly.

I've talked to the workers and they acknowledge that their manager finds out asap when the next EBT disbursements are handed out, so they can get ready for the rush of EBT *poke* sales. They have to literally make three times the normal daily amount of *poke* to handle all the benefit transfer purchases.

It's one helluva "benefits transfer" racket we got going on here.

So, let's take a step back and look at the big picture...

The Federal Government borrows the money from the Federal Reserve System to fund the entitlement spending programs like SNAP.

The BTBTF get their share for administering the EBT program.

The sheeple then use their benefits on all of the feed products produced by Big Ag.

Then, of course, after years of eating such crap, the sickness and obesity requires treatment by Big HealthCare, and renewable. lifetime maintenance prescription drugs that profit Big Pharma.

All of this money that goes to the BTBTF and Big Ag corporations are all interest bearing fiat dollars from the Federal Reserve System, continually adding to our exponentially expanding debt.

SNAP is not a direct transfer from the productive class to the non-productive welfare class as conservatives like to point out, nor is it simply a transfer from working men's tax dollars to fund single mothers and their out-of-wedlock entitlement claims.

In the long run, it's a total transfer from the 99% to the 1%. All the "BIG" entities in our "FREE MARKET" make all the profit while sticking us with the future debt burden, ill health and miserable deaths.

Beyond the Breaking Point

Keoni Galt · 5 November 2012 · Archived copy · Original

[image]

In any all-male environment I was ever around, mocking taunts and insults about a male's actions or behaviors that question his masculinity or heterosexuality was the norm. Status jockeying to establish the social hierarchy and sorting out who was the AMOG, and who was the omega(s) everyone else shit on...sometimes metaphorically, and in the case of young men, sometimes literally. I've been on both ends of the spectrum in the loosely defined hierarchy of male group dynamics.

Don't be a pussy!

C'mon BOY!

Don't be a douche bag.

Go home and cry to your mommy, you little fag.

You're so gay.

Eh Boy, don't be a panty.

When faced with peers taunts and jibes, a male has some choices in dealing with it: suck it up, take it in stride, ignore it, or play along and have fun with it. Try to give as good as you get, and be a good sport about it.

Or you can wallow in your hurt *feeeeelllings*.

You can drop out of whatever group you're a part of so as to avoid the harsh words and taunting insults.

For the young male aspiring to gain respect and rise in any social hierarchy, all of the well known maxims of masculine development training apply: "*Pain is just weakness leaving the body*," "*When the going get tough, the tough get going*," and "*no pain, no gain*."

They may seem like cliches, but they really are truths for men.

Physical strength can be developed by many, but it's the mental strength in the face of adversity that is the true development of your character, and gives you real world confidence

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When I first took up feral hog hunting in the early 90's as a young man in my late teens and early 20's, I was beanpole skinny and had almost no visible muscular development. I was 155 lbs. of skin and bones. Back in those days, we used to go hunting twice a week. While I didn't look strong, I had developed good stamina from the hours

of trekking through Hawaii's mountains, hacking through dense and humid rain forestry and ascending and descending steep river valleys repeatedly for hours on end.

We once took a friend who'd never been hunting before, his curiosity aroused after hearing our small group of regular partners telling hunting stories over drinks at various parties and social events. He was a Gym Rat and he certainly looked it with an Adonis physique - the V-shaped torso, bulging pectorals, six pack abs, and prominent traps. He could bench over 350+ lbs., and he made sure we all knew that. He was, of course, quite the ladies man. Cocky, arrogant, fun and humorous. Often, the life of the party kinda guy. The social scene AMOG. In a night club, at a party, he was "Hollywood."

He was also one of those guys that regularly teased and insulted other men for being "girly" and he was always teasing on guys like me for being too skinny, and that we needed to get into a gym to become a REAL MAN.

After listening to yet another round of hunting tales, he decided one day that he wanted to go and see for himself. If we could trek for hours, from dawn to dusk through the mountains, surely he'd have no problem since he was so much stronger than any of us. Often times friends would ask if they could come along. Many times we'd assess him and tell him in all honesty, we did not think he would be up to the rigors of the Hawaiian boar hunt. We had no such reservations of Gym Rat. He was known as the strongest guy in our social circles of all the young adult cliques in our town.

So we took him hunting in an area where you have to make a steep, long descent into a river valley. Some areas were switch backs, other areas where navigated by small trees you had to use, going from limb-to-limb to control your descent on the steep grade. Several parts of the trail had ropes because of a dearth of natural hand holds.

It took close to two hours to reach the river valley floor from this steep descent. It was also a hot and very humid day in that valley. No breeze, and we were all drenched with sweat and eagerly gulping down our water as we took a moments rest next to the river.

Then we noticed the dogs get excited at the mouth of a small gorge that fed into the main river we had just hiked down to. The dogs shot up the gorge and we had to quickly stow our water bottles into our packs and pursue the dogs. They were on the scent, and a boar was obviously nearby.

Sure enough, about a hundred yards up this winding, steep gorge, the dogs had cornered a good sized boar in the shallow river, and we let Gym Rat dispatch it with his brand new hunting knife he had bought for his first boar hunt.

Hanapa'a!

He was exhilarated. A big boar with prominent tusks on his very first hunt!

When I first started hunting, I had gone on over twenty different hunts with my friends, before I finally experienced such a catch. We had warned Gym Rat that most likely we would not catch a big boar, that he shouldn't get his expectations up...but you never know.

Some guys get all the luck.

We tied up the dogs and field dressed the hog and prepared for what was now the real work at hand - carrying that pig back to the truck. In Hawaii, we tie the front legs of our game animals to the back legs, than hoist it on our backs and carry it out as if you are wearing a back pack.

[image]

"Your turn for pack da pig, boy!"

The animals leg bones grind into your shoulders, and the weight is top heavy, making you unbalanced and constantly having to teeter and pause to regain your balance to avoid falling over. Packing the pig out is the real challenge to hunting feral hogs in Hawaii's mountainous terrain.

When people often hear that my friends and I hunt wild hogs, and that we often use a knife to kill the pig, most are in awe of what sounds like a primal and barbaric act. "You hunt wild boar with a KNIFE?!?!?!"

Meh. It's nothing, really.

The dogs do most of the work tracking it, cornering it and fighting it. The hunter just walks up, grabs the pigs back legs while it's engaged with the dogs, and you stick your knife into it's heart. If your aim is true, the pig dies in seconds.

That's not to say it's without peril or excitement, of course, Many times your dogs can hit several pigs roaming together, so your pack is split and you may only have 2 or 3 dogs fighting with any one particular pig.

Many a hunter who went for the pigs back legs engaged by only a couple dogs, had to quickly retreat when the pig breaks loose from the dogs and whirls like a dervish, flashing it's razor sharp ivories at dog and hunter alike. Some especially ornery hogs have been known to buckle loose from multiple dogs locked on it when the hunter went in for the kill. Many a hunter has been cut or bitten by wild hogs. I've had my own fair share of close calls, but for the most part, have fortunately avoided that particular scenario in my years of hunting. Catching the pig is no doubt the most exciting part of the hunt. The furious sounds of dogs scrapping a vicious boar usually causes an adrenaline dump as you approach the action to attempt dispatching the pig with your knife.

But the excitement after the catch fades as you clean the pig and prepare for the real challenge that is part of hunting the wild boar of Hawaii. At a young age, carrying pig on my back up steep mountainous terrain taught me some valuable life lessons. I learned the real meaning of mental toughness. I found what I thought initially was my breaking point, and yet managed to push on, well past it.

My partners and I have carried pigs for miles, and on occasion have run out of food and water and still hours away from our truck. In that situation, you have no choice. You suck it up, throw the hog up on your back when it's your turn again, and stagger onward, driven only by the desire to reach the end of the ordeal.

Many times one of the hunting party may feel exhausted and just want to quit. I've heard bizarre things come out of exhausted hunter's mouths (including my own)...things like "*Let's just butcher the pig, make a fire and cook it right here. We can eat it, feed the dogs, and then sleep out and finish hiking out in the morning.*" Or, " *Let's hang the pig in a tree, and come back for it tomorrow!*" Such verbalized fantasies were never taken seriously. When one beaten hunter reaches this point, it's usually one of the others that goads us all into persevering in the ordeal.

"Come on you fag, it's your turn. Don't be a pussy, we're almost there..."

On such hunts where every inch of your body aches, your dry mouth thirsts for water, your belly rumbles for food, and you still got miles to go, you learn a lot about yourself.

You also learn a lot about the men you're hunting with.

On that particular hunt with Gym Rat, we all took turns carrying the boar down the gorge, back to the main river, and we began the ascent up the steep trail to get back to our truck. When we were not even a fourth of the way up the steep trail, Gym Rat began to fade. At first, we all took some pleasure in throwing all of his jibes he regularly used on all of us about getting into the gym:

"C'mon Princess! I thought you were strong?!? Don't be afraid to lift some weight! Don't be a pretty boy pre-Madonna! C'mon...let's go!"

He weakly laughed and grinned as we threw it all back at him...all of those common jibes and goading he regularly used on us all to try to get us to go to the gym and lift weights so we could be like him.

But as time went on, he began to take his turn carrying the pig for shorter and shorter intervals, before dropping it off of his back in exhaustion and collapsing onto the side of the trail to catch his breath and drink water.

Then we came to the vertical, dried up waterfall section of the trail, with a thick nylon rope hanging down it's length, tied off to a tree branch at the top. We all groaned at the prospects of carrying the pig up this part of the trail.

As we were carrying the pig on the lower parts of the trail, this waterfall section weighed heavily in our minds. We all knew this would be the killer part. We made short quips of dread on our way up the trail.

"Damn, that waterfall is gonna be a killer!"

"Think this is bad now...wait til we get to the waterfall."

We all decided to *Jan Ken Po* to determine which two of us had the task of hauling the hog up the rope. There was only one spot about halfway up the old waterfall in which the packer could take a break and trade off the pig to another hunter. *Jan Ken Po* is the Japanese-derived Pidgin slang we call the old Rock-Paper-Scissors game. There were four of us. Gym Rat and I won.

The two losers looked at us for a moment of annoyed defeat, and then they bargained with us. We agreed with their assertion. Since the waterfall was such a killer, once they got the pig to the top of it, Gym Rat and I would then have to carry the pig the rest of the way up the valley trail, back to the truck. The top of the waterfall was roughly about the half way point up the side of the valley.

Gym Rat and I watched our two partners struggle mightily to get the pig up the rope. Both almost fell, slipping and sliding with a pig on their backs. At the halfway point, they took a breather then switched off the pig. Throughout the entire climb, while one man had the pig on his back and his hands on the rope, the other man followed close behind to push the pig upwards to help the other bear the weight while they ascended

I got tired just watching them.

It took 10 minutes to descend this waterfall rope when we were hiking down.

It took close to 45 minutes to get the pig up.

Gym Rat and I simply sat at the foot of the waterfall and watched them. We did not dare follow up behind them on

the rope, in case they fell.

Once they hit the top, they dropped the pig and yelled out in exuberant exaltation that their laborious, dangerous task was done.

OOOOOHHHHHH YYYYYYEEEAAAAHHH! FUCKIN' A!!!!!!!!!! THAT WAS A BEEEYYOOTCH! WHOOOOOOHHHOOOOOOOOO!!!

The deal was made, and they did not have to carry the pig out the rest of the way. That was now up to Gym Rat and I.

As we took our turns climbing up the rope, the guys at the top rested and drank their water and recuperated from the exhaustive effort.

When Gym Rat and I got to the top, we had to take a breather as well. That waterfall was hard enough without 120+ lbs. of dead hog on our back to climb.

As we rested, our two companions got up with their second wind and told us, "See you guys at the truck, have fun with the hog!", and they took off.

Gym Rat took his turn first. He carried it about 100 yards up the trail. We switched, and I took it about a 100 yards. Then he took it 50 yards and then collapsed. At this point, we were both exhausted. We took a long break and finished up the last of our water in our packs. I hoisted the pig on my back and began the torturous ascent again.

I walked until I felt like I could walk no more. Endlessly upwards. One foot in front of the other. I could hear my heart beat pounding in my head. I was gasping for air. I began to teeter uncontrollably along the trail. I finally gave in and collapsed on the side of the trail, this time not even bothering to take the dead pig off my back. I lay there for a few minutes atop the dead pig while I caught my breath.

Finally, I slid my arms out and sat up. I looked at Gym Rat. He wouldn't look at me. I said, "*Your turn.*" His head sank further. "*I can't, bro. I'm done.*"

I was dumbfounded.

Gym Rat outweighed me by at least 50 lbs., and most of that was muscle. But the pig and the mountain broke him in a way the weight bench in the gym never had.

All of the insults and teasing he'd doled out to all of us non-weight lifting friends flashed through my mind.

How many times he laughingly called us pussies and fags and little boys for not getting our skinny asses into the gym.

"*What?!?!?!?*"

He didn't answer me, He just sank his head into his chest and leaned back into the side of the steep trail.

I got angry, and caught my second wind. Wordlessly, I arose, and hoisted the pig on my back and began the laborious ascent up the trail once again.

He rested as I headed up trail for a few minutes, then he got up and slowly followed me.

Thrice more I had to stop and rest. Thrice he wordlessly sat down across from me and refused to meet my eyes. I became disgusted. Then enervated. I realized that despite all his muscles he'd built up in the gym, his mental strength was sorely lacking. He quit. I would no longer even try and ask him to take his turn.

In the face of his failure, and years of his condescending teasing and japes, I felt an inner fire grow as I continued to struggle uphill with the dead weight on my back.

Despite all the muscles and the impressive muscular build, I knew then that I was mentally stronger than him. I had more willpower. That knowledge drove me. The thirst, the exhaustion, the pain all became more bearable as I realized this. I was carrying the pig, and I was still hiking faster than him. I began taking frequent but brief breaks, where I'd lean the pig against a tree or a rock for a few moments respite from the weight, then continue the upward staggering. We had run out of water. Every time I stopped, Gym Rat stopped a few feet behind me and wordlessly sat down and refused to look at me or say anything. I began to just ignore him as if he were not even there.

For two hours I sucked it up and drove myself on. As we neared the top of the trail, our partners who had already made it up well in advance after leaving us at the top of the waterfall, began to tease us, shouting out their taunts.

"C'mon girls! W've been waiting for hours! What's taking so long?!?!?"

Gym Rat and I never responded. He wouldn't look at me, and I just continued to carry the pig up the trail.

When we finally reached the truck, I felt great relief. I dropped the pig at the foot of the truck bed and collapsed into an exhausted heap. I only stirred when one of the guys handed me a water bottle they had kept in the truck. Water had never tasted sweeter.

I never said a word about Gym Rat quitting on me, leaving me to carry the pig by myself up to almost half the trail.

But for ever after, he never ever again teased me about being skinny or weak. He also gave me great respect whenever we saw each other. He used to tell other acquaintances and strangers at parties and get togethers that I was "the man" and treated me like i was one of his best friends whenever we saw each other. I know he felt bad about quitting on me, and he appreciated that i never rubbed it in, nor told all of our mutual friends and acquaintances about it.

He eventually told our hunting partners about what happened. That he got too tired and couldn't handle it anymore, and that I had carried the pig out most of the way by myself. The two who had carried the pig up the waterfall and then left us at the top, were surprised to learn that I had carried the pig all that way by myself.

One of them, the owner of the hunting dogs (this was before I had my own pack), had kept the jaw with it's impressive ivory tusks as a trophy. Like most hunters in Hawaii, he kept all the impressive jaws strung up as trophies on his dog kennels. As the owner of the pack, he always got first choice of the meat cuts and the first claim to the jaw and/or tusks. After having heard Gym Rat's account, he later came over to my house and gave me the jaw from that pig and told me he thought that I deserved it. If he had known Gym Rat would quit on me, he would have never left me to carry the pig alone for that great a distance of steep valley trail.



Memories...

It was several years later that I acquired my own hunting dogs and began to string up my own collection of jaws on my kennels. Each one with it's own personal hunting tale and memories. Some came from boars that killed favored hunting dogs. Many of them are more impressive in girth and size of the tusks than that first jaw that my former hunting partner gave me.

But that first jaw is the only one I had professionally cleaned and mounted onto a plaque by a taxidermist. It still hangs on my wall inside the house as a reminder of that day.

I never broke. I hit what I thought was my limit, but managed to find the will to go beyond it when I was forced to by the circumstances.

What I learned about myself that day is a lesson I've carried with me throughout my entire life. "*When the going gets tough, the tough get going!*" is not a trite cliche. It's truth. No one is born tough. Toughness is developed...forged in the fires of tribulation. You can't become tough until you challenge yourself and strive with all your will to overcome.

This is why I exhort young men to don't play too much the x-box or world of war craft, stop fapping to teh Pr0n and go out and do something **real**.

Find your breaking point, then push beyond it. That is how you truly MAN UP.

Don't be a pussy, you fag.

On the Juice

Keoni Galt · 12 November 2012 · Archived copy · Original

[image]

Autodidacticism made possible by teh interwebz never ends.

When I think I've figured it all out, I learn something new, and then my paradigm shifts.

Again.

The latest paradigm I've adopted was inspired by Juicing for Men. I've been juicing for close to two months now. It's one more practice I'm going to add to the panoply of lifestyle hacks that go against the mainstream, conventional wisdom of our mass media driven society.

FitJuice had this to say about why he started the site:

> I started Juicing For Men because most juicing sites have a New Age feel to them. They talk about the “energies” and “chakras” in juices. Most juice blogs treat juicing as all-or-nothing. **"Either go on a juice fast and a spiritual retreat, or don’t bother."**

> I think a lot of juicers want to become spiritual gurus or cult leaders. Anyhow, there was no juicing forum for regular guys. While women can learn a lot from Juicing For Men, I built the site for regular guys who want to get fitter and healthier. Ideally women will take their husbands and boyfriends to Juicing For Men. “See, I told you this isn’t a bunch of hokey nonsense!”

Prior to reading up on this topic after both Danger & Play and Roosh previously linked to Juicing For Men, I had an inaccurate preconception of this practice called "juicing."

It appeared to be yet another hokey, emasculated veganist, new-age nonsense fad to me.

[image]
Juice To Boost Your New Age Chakras,You Vibrant Hippie!

Juice fasting?

Detoxification?

Bah. Cutting out most grain flours and industrially processed vegetable, grain and legume oil-based feed products, and eating plenty of healthy fats, animal proteins, veggies and some non-toxic starches like rice and potatoes is detox enough, as far as I was concerned.

It's been years since I've eaten any significant quantities of such Neolithic Agents of Disease....why would I need to "detox?"

Answer: Juicing is not for "detoxing."

Or for fasting, purifying or cleansing.

Purifying and cleansing will naturally result from a long enough period of time for which you are not eating man-made, mass-produced, factory farmed FEED, and eating natural, organic raised animal and plant foods.

What is juicing really for?

It's for adding a surplus of vital nutrients, minerals and antioxidants to to your daily diet.

Better a surplus than a deficiency, no? Isn't that why most health conscious people buy bottles of vitamins and supplements?

Why would you "supplement" with a bunch of pills and powders, when you can supplement with fresh, natural, REAL FOOD processed by your own hand and made into a form that is more readily bio-available and immediately beneficial to your overall health and well-being?

Even if you eat the fast food and convenience-based processed fare of the S.A.D., and have no intentions of changing your dietary practices anytime soon, juicing will still benefit you.

Certainly more than the results of millions of dollars Americans spend on the vitamins and supplement industry every year, a large portion of which does nothing more than create a vast stream of expensive urine.

As FitJuice implies, juicing doesn't have to be reserved for holistic healers, emaciated vegans, crusty hippies, or weirdo, B-12, CLA, D-3, DHA, EPA and K-2 deficient herbivores.

Nor does it need to adhere to some strict dogma or rigid guidelines to be beneficial:

> Samseau: How bad is regular V8 juice?

> FitJuice: Not bad at all and certainly better than most beverage options. It’s just not optimal. **But one should not let the good be the enemy of the best.**

I was given a centrifugal juicer about 3 years ago as a gift. I politely said thanks, and promptly stuck it in the back of my cabinet, forgot about it, and let it collect dust.

Juicing? That's for emaciated, sickly vegans, not those of us who've embraced our natural place in the food chain as an omnivorous predator.

I regularly eat a lot of vegetables and fruits. Most meals are usually some main, meat-based main dish, with a side or two of broccoli or asparagus or zucchini or green beans or some other veggie, usually sauteed or steamed and drenched in butter and/or bacon grease, and liberally salted and peppered. I also eat salads on a regular basis, with homemade dressings based on extra-virgin olive oil and vinegar. I also eat small portions of a wide variety of fruits

as a regular dessert after most meals.

Compared to my former S.A.D. lifestyle, going "paleo" definitely increased my fresh fruit and vegetable consumption.

But when I discovered *Juicing For Men*, I realized that I could in fact increase my consumption of a much wider variety of plant fare...plant foods for which I normally would never buy, cook or eat - all without force-feeding myself despite the bitter or sour taste, sucking it up and forcing it down as medicine, just because it's "healthy."

Since I've "gone paleo" or "primal" for the past 5 years, I've eaten plenty of onions, garlic, taro, bell peppers, zucchini, cucumbers, tomatoes, potatoes, peas, broccoli, cauliflower, a wide variety of beans, asparagus, spinach, mushrooms, olives, corn and carrots. All veggies integral to a wide variety of cultural and ethnic meat-based dishes, appetizers and salads that make up the majority of my diet. Always steamed, fried or broiled and saturated in healthy fats like lard, coconut oil, extra-virgin olive oil, macadamia nut oil and/or butter.

Juicing has added a new dimension to my veggie intake.

Veggies like kale, chard, collard greens, celery, beets, red cabbage, Chinese cabbages like Pak Choy and Bok Choy, and ginger. I rarely ate veggies like that, primarily because I just didn't like the way they taste....even if they were prepared with fats I like such as butter, bacon grease or olive oil. Throw 'em in my juicer, add some natural, fresh-ground Hawaiian sea salt, and I'm now drinking my servings of these formerly excluded veggies from my diet, in addition to the usual fare of plant foods I already have been consuming on a regular basis.

I've upped the dose of plant-based vitamins, minerals, nutrients, phyto-chemicals and anti-oxidants at every meal...and I don't feel like a grazing herbivore stuffing my face with a heaping plate of roughage to relieve the perpetual hunger that comes with the vegan/vegetarian-based lifestyle (been there, done that).

If you are one who needs a prescription for erectile dysfunction, you may want to give juicing that includes a large portion of beets and celery a try. Both are rich in nitrates, which are vasodilators. They are known for engorging blood vessels and increasing blood flow. This increased blood flow is also good for your brain.

This is why nitrates are ubiquitous as a meat preservative in processed meats. It promotes dilation and blood flow so meats stay "red" or fresh looking much longer. Nitrates are why your bacon, ham, sausage and cold cuts that were processed and packaged many days before, don't appear brown and decaying when you buy them from the grocery store..

The same goes for your overall health and well-being. Up your dosage of Nitrates.

And really, it's not rocket science. Recipes need only be a rough guideline.

I'm currently drinking my own "V-12" juice on a daily basis. There's no need to be specific, nor do you have to measure, weigh or count anything. Just buy fresh produce and juice it to your preferred taste. It's all good.

I simply go to my weekly farmers market, and buy as much locally grown, organic produce I can find, take it home, and juice it into one large batch. This past week, I purchased about $20 worth of produce, and took about 45 minutes to make enough juice to last me a week. A week of twice-a-day, 12 oz. glassfuls I now drink as a matter of habit with my regular meals. I fill up several old glass 1.75 liter liquor bottles and keep 'em in the fridge to chill, ready for me to drink as desired throughout the week. And I'm not the only one to benefit from my new practice....my chickens are digging on the by-products as well.

[image]

All the pulp generated by my juicing serves as a nice supplement to my chicken's feed as well. I've noticed on days in which I give them juiced pulp, the following day I get more eggs and they have darker, more nutrient dense yolks. Juicing can be for the birds, too.

If you're curious to give it a try for yourself, rest assured, you don't need to spend a lot of money on an expensive, feature-filled juicer, either. As FitJuice states:

> But when you're a beginner juicing, it doesn't make sense to sweat the details. Buy a nice introductory juicer to get you started on your juicing journey.

> If you enjoy juicing, you'll never want to be without juice. You'll wind up bringing your entry-level juicer to the office and buying yourself a nicer one for your home.

I was fortunate to have my introductory juicer given to me as a gift. Two months into this, and I see what FitJuice means. Someday soon, I'll be upgrading to a masticating juicer for sure. I want more yield from the greens! But for now, my cheap model centrifugal juicer is certainly good enough.

Don't fall for the false notion that unless you achieve the perfect result, it's not worth doing at all.

Don't let the optimal be the enemy of the good. In most cases, good, is good enough.

The Path to Mastery

Keoni Galt · 15 November 2012 · Archived copy · Original

[image]

"Before I learned the art, a punch was just a punch, and a kick, just a kick. After I learned the art, a punch was no longer a punch, a kick, no longer a kick. Now that I understand the art, a punch is just a punch and a kick is just a kick." -- Bruce Lee

Consider the following post from the Shutterfinger blog, in which he relates Bruce Lee's philosophical statement with his practice in his chosen art form of photography:

> Before you begin learning an art such as photography, the techniques it takes to practice the art are undifferentiated to you. All cameras and lenses look pretty much alike, you're not aware of differences in quality and direction of light, and differences in visual style appear subtle at best.
>
> As you begin to learn the art, however, your mind and awareness begin to expand. You see things you never noticed before. Things that were once unimportant become extremely important. It's easy to become obsessed with a particular style or technique, the Right Way to do something, or owning The Perfect Lens.

> You might even look down on photographers who lack your refined knowledge and sensibilities.
>
> If you're fortunate and you stick with it long enough you'll find yourself coming out the other side. Where you were once focused on differences you now begin to look at things more holistically. Equipment and techniques are simply means to an end and your vision is far more important than the tools it takes to achieve it. A camera is just a camera, a lens is just a lens, and software is just software.
>
> In short, the path to mastery is to integrate what you learn so that it becomes as much a part of you as the way you walk, the way you talk, and the way you sign your name. **You do them all without thinking and without effort**, yet they express more about who you really are than all the clever tricks you know or masks you wear.

This is the truth for anyone seeking to attain mastery of any endeavor. The guitarist who can play a solo without watching his hands, the pianist that closes her eyes while playing a difficult and complex arrangement; the artwork turned out by the skilled hands of the sculptor, the painter, the candlestick maker...all are the results of this journey along 4 stages of awareness. As commenter "Syed" notes at the end of Shutterfinger's piece:

> In my first regular job (not related to photography and just fresh out of college) one of the senior guys told me that I would typically go through four stages of development: (1) unconsciously incompetent; (2) consciously incompetent; (3) consciously competent; and (4) unconsciously competent.

There's only one way to get to stage 4: practice. When your tired, sore, wore out, beaten down and on the verge of quitting, you practice some more. This is true of any and every task, hobby, sport, or art you decide to engage in.

While I was contemplating this topic in the midst of composing this blog entry, another old maxim came to mind - *"Those who can -- do. Those who can't -- teach."*

That quote has been attributed to a number of sources, including H.L. Mencken.

In terms of teaching subject matter in institutionalized educational systems based on an imposed curriculum from a centrally planned, bureaucratic organization, that quote has a lot of truth to it. It is certainly relevant to the current system of indoctrination carried out by our nationwide public education system.

Despite my regular denunciations of the public education system, I know many public school educators. Many of them are passionate educators doing their best to teach the subjects of their passion. Foreign language, music, writers, mathematicians, scientists and artists. Teachers teaching subjects they love. But as a cog in the great brainwashing machine, all must teach other mandatory classes like "Social Studies" (socialist studies), history, and other courses for which they do not have expertise nor passion, but rather have to teach such subject matters from the "book." In regards to this aspect of the education system in this country, Mencken is absolutely correct.

When it comes to the 4 stages of competence alluded to by the Shutterfinger commenter, I believe Mencken's derogation of the teacher archetype is *absolutely* incorrect.

Those who cannot do, *certainly* cannot teach.

However, the converse is not true. Many practitioners of art forms can personally reach stage 4 of mastery - unconsciously competent - yet cannot teach the techniques knowledge and experience they've gained to a student at stage 1. Many long time practitioners arrive at stage 4 intuitively, in which many hours of practice combined with natural talents allows a person to develop mastery, without explicitly understanding how they got there.

In other words, some talented individuals go from stage 1 to stage 4 over time without really gaining the technical insights of stages 2 and 3. These people we call "prodigies" or "born naturals."

But ask them to teach their art to a beginner, and they fail when their pupil doesn't grasp the nuances and techniques "the natural" intuitively developed.

Indeed, my first martial art instructor had a saying that he always repeatedly told our class, that directly contradicts Mencken's quote - "You never really know something until you are able to teach it to someone else."

When I was a student myself, I didn't really understand this. As a young child, I had participated in a large number of sports and activities that required athletic skill and developing eye-hand coordination. When I came to my martial arts class as a young man, many of the skills and abilities I first developed from prior athletic pursuits, made studying the martial arts easier for me. When I became an instructor, I learned an entirely new perspective. I had to learn everything all over again. To analyze, ruminate and re-consider aspects of things I had foolishly thought my knowledge of, was complete.

You think you've mastered some skill or trade? Good. Now teach it to somebody else. You'll find out real fast how much you really know and understand your chosen art form. By teaching others, you will also discover something else: no matter how much of a master you've become, there is always something new to discover and develop in your chosen pursuit. If anyone can claim complete mastery, that they have nothing more to learn - that is when you know the spirit of their personal artistic essence is dead.

The path to mastery is a road that never ends.

I'm not one for enthusiastically quoting vegan pacifists very often, but in the case of finding your passion and pursuing the path to mastery, Mahatma Gandhi said it best:

“Live as if you were to die tomorrow. Learn as if you were to live forever.”

Teh Manosphere is Dead...

Keoni Galt · 20 November 2012 · Archived copy · Original

[image]

...long live teh Manosphere.

Several prominent blogs in this fringe sector of teh Interwebz have recently shut down, prompting several other blogs, bloggers and commenters to declare that the manosphere is dead, or dying, or failing or whatever.

Some folks even claim to be responsible for getting these blogs to shut down. lzolzlolozlzolzol.

Do I dare tempt fate?

There is only one way the Manopshere is ever going to die, and it has nothing to do with any particular blogger or group blog deciding they're done with it all and deleting their blogs.

The day the Manosphere dies, is the day the Government decides virtual free speech zones can no longer be tolerated and they flip the switch and turn off teh Interwebz.

That is the ONLY way the Manosphere dies.

Those who think otherwise are failing to understand the reason why the Manosphere arose in the first place, and what keeps it going...as some of our more favored bloggers throw in the towel and call it quits, others quickly arise with their own voices, their own stories and their own perspectives.

That is because the Manosphere is founded on people discovering and discussing TRUTH.

More specifically, it is an organic, grass roots response to all the deliberate lies, delusions and deceptions our mass media driven society has attempted to brainwash and blind us with since we were born into this Brave New World Order.

When folks like *Mentu, Ashur, Mojo, Will, 7man, CL, Duncan, Solomon, Ferdinand Bardamu*, and others decide to quit, other newcomers "take the red pill", and gain the tools to properly analyze their past and understand their observations of life in this feedlot we call "society."

Take this powerful testimony by Manosphere newcomer, M3.

I'm not excerpting or quoting any part of M3's post here. It needs to be read in it's entirety.

As Deti exhorts over at The Private Man's:

> Go back and read it all the way through. And then go back and do it again.

> Force yourself to do it. I did.

> It's that important.
>
> It's that important because right now, somewhere on this continent, a man writhes in agony, a victim of his parents and teachers who told him to "be nice."

> It's that important because right now a man is trying to figure out why for the 17th time a woman has rejected him and said she "just doesn't feel it".
>
> It's that important because right now a man is preparing to marry a 28 year old former semi-professional cum receptacle. He thinks she's the bee's knees. She thinks he will be a great father for her kids and will soon buy her her house for nesting. He thinks she's hot. She thinks he's reliable. He is in love. She is planning how best to use him. He wants to make a life with her. She wants him as an accessory to her life. He thinks she's a victim of failed relationships. She knows he is her last chance to lock down a man as she gets kicked off the carousel and The Wall looms large before her.
>
> It's that important because right now a wife is plotting her "I'm not haaaaappy" divorce from her husband of 10 years. It's that important because he will not see it coming and it will flatten him like a Mack truck.
>
> It's that important because right now a newly divorced man, court orders in hand, is moving out of his 4 bedroom colonial in the suburbs, and into a studio apartment on the wrong side of the city with little more than what he could fit in his car. Tonight that man will eat a fast food dinner while sitting on a used recliner he bought with his last bit of cash. He'll watch some TV before going to bed on the pullout mattress. As he rests his head, he'll wonder how all this happened to him. He'll fear for his children, and wonder when he'll see them again. And he'll ask himself how he will ever comply with the court orders he's just been given.

Deti's comment is precisely right. It is why many of us do what we do. When any of us feel we have nothing more to contribute, or are in danger of losing something for speaking truth to power, others like M3 will inevitably continue to come forward and let their voices be heard.

As Ulysses remarked recently about all this turnover in the Manosphere: *"The bards shall come and go, but the song remains the same."*

To those who are newcomers to these fringes of Teh Interwebz, here's a quick rundown of how this place became what it is today.

The Manosphere is the bastard child of another blog that no longer exists.

That place was called "Roissy in D.C." The Manosphere arose from the comment threads of that place.

The Spearhead, *In Mala Fide*, and other blogs to numerous to mention have been inspired by both Roissy's blogging and the debates and commentary in the threads of his daily blog posts that regularly got 800+ comments. Til this very day, people discover the archives of *Roissy in D.C.* over at Chateau Heartiste, and they find THE RED PILL.

The byline to that blog was "Where Pretty Lies Perish."

That is the ethos of the Manosphere. The paradigm. The zeitgeist.

The most viewed post I ever wrote here at my own blog, was Game is the Red Pill.

I was wrong.

The Manosphere *in sum total* is the Red Pill. If you're reading this, you most likely have already begun your journey to see how far the rabbit hole goes.

As long as we live in a world for which lies and delusions promulgated by mass media indoctrination and institutionalized thought control systems are raising generations of deluded, unbalanced, sick and stunted sheeple, and we have THIS place where we can go to figure it all out, this "Manosphere" will exist.

Why Teh MAndrosphere?

Keoni Galt · 24 November 2012 · Archived copy · Original



So my comment section on my last post has once again devolved into another iteration of the Gamers vs. Anti-Gamers debate that happens all over teh MAndrosphere. (some prefer the Manosphere, others, Androsphere. I don't particularly care who calls it what, so I'll just apply the Hegelian Dialect and go with the Synthesis, Teh MAndrosphere **TM** from here on out. lozlzolzol)

You're missing the point. It's not about giving or getting credit or status. It's not about appointing Roissy (or anyone else in these fringes of teh interwebz) as some sort of authority figure, hero or Godfather.

It's not about whether MGTOW or PUA, or MRA or Married Gamers or Paleo Diet adherents or Christian anti-Frivolous Divorce Crusaders, or White Nationalists are all part of this movement or that movement, or that we need to purge any or all of these factions from this so-called MRM in order to finally get together with common cause and "fix" the problems we all deal with by going mainstream.

There's nothing to fix in terms of society, the political system or pop culture. It's working precisely as it was designed to, in feeding our minds lies, half-truths and delusions, so that we embrace our slavery without even realizing it. Every niche and faction in Teh MAndrosphere has it's own contribution to attaining Red Pill clarity.

There is only truth.

Everyone thinks they understand "THE RED PILL."

But most are only focused on one or two areas of our modern life in which they believe the red pill has made clear for them. Sex. Relationships. Sexual Marketplace Value. Marriage Market Place Value. The Divorce System meat grinder. These topics are essentially 90% of the conversation of teh MAndrosphere. It's all good and necessary truths that need to be discovered and explored by everyone who happens to stumble upon our little virtual revolution out here on the fringe.

But the only true red pill, is the one that helps you see the entirety of the Matrix for what it is.

We have been assimilated by the Borg of Global Governance Incorporated.

The dysfunction of modern human mating and familial relationships is a state of affairs purposefully and deliberately socially engineered into our mass consciousness.

Mind control. Brainwashing.

For what purpose? For many, it's some grand conspiracy of the entire Female Gender following the herd led by professional class Feminists, to subjugate the male gender into perpetual subservience to the Feminine Imperative.

This is missing the forest for the trees. The "feminists" at the top of the movement, are in fact useful idiots and/or mass culture change agents. Usually both.

The Feminine Imperative is simply a program used by the social engineers who have a true understanding of human nature, who use this understanding to deliberately manipulate the masses, to herd us all into desired behaviors.

Population CONTROL. Human Resources Management.

Why does our public school and mass media driven society emasculate young men, pedestalize women, and incentivize the destruction of the Patriarchal Family as the base building blocks for society?

Why are the near limitless tales of these things occurring in countless lives across the globe, the ceaseless grist for teh MAndrosphere grill?

The answer is simple, really. We the Sheeple are *human resources* for the profits of the Global Corporate State's Shareholders.

All these things we discuss, debate and derogate in teh MAndrosphere, all stem from this agenda of control of us all, teh Menz and they Womynz alike. All of our wants and needs that used to be served for us by our familial structures and social bonds, have all been outsourced to our Corporate Overlords. The subsidized single mother household has been subsidized to assure future revenue streams for our Corporate society.

John Taylor Gatto served for 30 years as a *human resources* programmer.

Here's his red pill:

> Our schools are ... factories in which the raw products (children) are to be shaped and fashioned .... And it is the business of the school to build its pupils according to the specifications laid down.
>
> It's perfectly obvious from our society today what those specifications were.
>
> Maturity has by now been banished from nearly every aspect of our lives.
>
> Easy divorce laws have removed the need to work at relationships; easy credit has removed the need for fiscal self-control; easy entertainment has removed the need to learn to entertain oneself; easy answers have removed the need to ask questions.
>
> We have become a nation of children, happy to surrender our judgments and our wills to political exhortations and commercial blandishments that would insult actual adults.

> We buy televisions, and then we buy the things we see on the television.
>
> We buy computers, and then we buy the things we see on the computer.
>
> We buy $150 sneakers whether we need them or not, and when they fall apart too soon we buy another pair. We drive SUVs and believe the lie that they constitute a kind of life insurance, even when we're upside-down in them. And, worst of all, we don't bat an eye when Ari Fleischer tells us to "be careful what you say," even if we remember having been told somewhere back in school that America is the land of the free. We simply buy that one too.

> Our schooling, **as intended**, has seen to it.
>
> Now for the good news. **Once you understand the logic behind modern schooling, its tricks and traps are fairly easy to avoid.**
>
> School trains children to be employees and consumers; teach your own to be leaders and adventurers.

> School trains children to obey reflexively; **teach your own to think critically and independently**.
>
> Well-schooled kids have a low threshold for boredom; help your own to develop an inner life so that they'll never be bored. Urge them to take on the serious material, the grown-up material, in history, literature, philosophy, music, art, economics, theology - all the stuff schoolteachers know well enough to avoid.
>
> Challenge your kids with plenty of solitude so that they can learn to enjoy their own company, to conduct inner dialogues.

> Well-schooled people are conditioned to dread being alone, and they seek constant companionship through the TV, the computer, the cell phone, and through shallow friendships quickly acquired and quickly abandoned.
>
> Your children should have a more meaningful life, and they can.
>
> First, though, we must wake up to what our schools really are: laboratories of experimentation on young minds, **drill centers for the habits and attitudes that corporate society demands.** Mandatory education serves children only incidentally; its real purpose is to turn them into servants. Don't let your own have their childhoods extended, not even for a day. If David Farragut could take command of a captured British warship as a pre-teen, if Thomas Edison could publish a broadsheet at the age of twelve, if Ben Franklin could apprentice himself to a printer at the same age (then put himself through a course of study that would choke a Yale senior today), there's no telling what your own kids could do. After a long life, and thirty years in the public school trenches, I've concluded that genius is as common as dirt. We suppress our genius only because we haven't yet figured out how to manage a population of educated men and women.
>
> The solution, I think, is simple and glorious.
>
> **Let them manage themselves.**

Feminism, socialism, cultural marxism, liberalism, neo-con imperialism. All are *-isms* designed to get us to plug ourselves firmly into the Matrix of Human Resource Control. The red pills we discuss in teh MAndrosphere are all related to all these aspects. How we eat. How we sleep. How we fight, how we fuck, how we breed. How we parent.

To reiterate Gatto's primary point:

"Well-schooled people are conditioned to dread being alone, and they seek constant companionship through the TV, the computer, the cell phone, and through shallow friendships quickly acquired and quickly abandoned."

If Gatto where to write this article today, I'm sure he'd have included the cause of the Palm Zombie Apocalypse: MADs - the Mobile Affirmation Devices. (credit to Farm Boy and an Observer for that one!)

The system was designed to make us go mad. Deliberately so.

Teh MAndrosphere is the grass roots, counter-cultural push back...a movement of speaking truth to power. In there own ways, each niche or variation of Teh MAndrosphere contributes to this quest for these ugly truths in a world of beautiful lies.

The PUA lifestyle is not for me...but that doesn't mean I have nothing to learn from their own experiences they share here. Same goes for the White Nationalists. Same goes for the MGTOW, the anti-feminist MRM perspectives. Take what knowledge and experience each faction offers can contribute to your overall knowledge, and figure out the ways to make the best of our own individual situations.

To attempt to change the mainstream is like trying to use a fan to blow away a hurricane. To get swept up in some kind of collective movement...to place your hopes for change in any kind of collective action through mainstream approved courses of action are all destined for failure to make any meaningful changes.

Go your own way.

Let us manage ourselves the best we can, to find the ways and means to live life as best we can given our individual situations and circumstances where ever we may happen to be in this Brave New World Order.

Cutting the Baby in Half

Keoni Galt · 27 November 2012 · Archived copy · Original

[image]

"50-50 custody by default should be the norm."

The preceding quote was made by a commenter in response to Bill Price's article at *The Spearhead* yesterday, in which Price made the point that the current child support system is essentially a tax to encourage single mother hood.

Price is 100% correct! The State actively promotes single mother hood as the justification to grow the vast leviathan of bureaucratic Government to achieve the total enslavement of the citizenry. That IS the primary purpose for creating the system as it currently operates.

To paraphrase my comment in response to Bill's article:

> Never forget about Part D, Title IV of the Social Security Act. The Federal Government gives matching funds for every dollar collected in the name of child support, to fund the scope and size of Bureaucratic machine. In other words, it's official Federal Government policy to pay each State for breaking up families and collecting support obligations from Fathers. The more child support the State collects from Dad's, the more funding they get from the Federal Government. There is a vast entity in the State Government Bureaucracy for which they are incentivized to collect as much child support as they can. The Federal Government uses our tax revenues to literally pay for the destruction of our families.

It's been four years since Stephen Baskerville wrote the column, How to Turn a Free People Into Slaves, but it's even more pertinent and relevant to heed his warning today:

> Divorce sends many harmful messages to children and future citizens: that we can break vows we make to God and others; that family members may be discarded at will. But among the most destructive are about the role of government: that government is their de facto parent that may exercise unlimited power (including remove and criminalize their real parent) merely by claiming to act for their greater good. While feminists push divorce-on-demand as a "civil liberty," in practice divorce has become our society's most authoritarian institution.

Fighting for 50/50 custody default is NOT a desirable result to fight for. If this is what a Men's Rights Movement decides to fight for, good luck with that gentlemen. You are merely fighting for the right to dictate the terms of your enslavement.

What does a 50/50 default custody truly represent? A three way parenting model. The Ex-Husband, the Ex-Wife and THE STATE being the final arbiter and decision maker in child raising decisions.

In other words, we'll call it 50/50 default custody, but what it will be in practice is 25/25/50 custody. 25% for Mom, 25% for Dad, and 50% THE STATE.

As Baskerville pointed out:

> Using instruments of public criminal justice to punish private hurts turns the family into government-occupied territory. The children experience family life not as a place of love, cooperation, compromise, trust, and forgiveness. Instead they receive a firsthand lesson in tyranny. Empowered by the state and functioning essentially as a government official, the custodial parent can issue orders to the non-custodial parent, undermine his authority with the children, dictate the terms of his access to them, talk to and about him contemptuously and condescendingly in the presence of the children as if he were himself a naughty child – all with the backing of state officials.
>
> Eventually the children understand that the force keeping away one of their parents is the police, who are the guarantors of the custodial parent's supremacy. Thus the message the children receive about both the family and the state is that they are dictatorships, ruled by an arbitrary power which can be marshaled against private enemies and even family members for personal grievances. If a loved one disagrees with us or hurts our feelings or is simply no longer desired, there is no need for forgiveness because a telephone call will have him removed, and the police will make sure he stays away. And if the police can be used to arrest Dad because he does something Mom doesn't like, what will they do to me if I do something Mom doesn't like?

This is the real purpose of the Divorce Court industry. Not to arbitrate fairness or equality when a marriage goes bad, but to advance the cause of authoritarian tyranny by the State into the most private sphere of We the Sheeple's lives.

To quote a true MAndrosphere pioneer, Rob Fedders (seems like Rob has once again taken a break and gone fishing,):

> "Free men" don't beg for a piece of the pie from "the master."
> Free men bake their own damn pies, and tell everyone else to "fuck off!"
> If you think the government will solve your problems with shared parenting, you are begging for your piece."

This is why I believe there really is no "Men's Rights Movement." The minute we embrace an agreed upon leader and an agreed upon platform for political action, the movement will be co-opted, subverted and re-directed (just like the so-called Tea Party and Occupy movements) towards more empowerment of the State in ALL of our lives, men and women alike.

To quote Fedders again:

> Look, this isn't a fight between men and women so much as it is **a fight against our freedom.**
> Women are simply the best way to start the machine to self-destruct.

We're well on our way to the self-destruction of the machine...the machine of a free people in a free society. It's long gone.

You want it back? There really is only one way to get back - default Father Custody for children born in wedlock:

> The whole “point” of marriage used to be father-custody. Back before the days of romance, when marriage used to be an economic contract, marriage & wedlock birth was all about putting children into the possession of men. In the rare event of a divorce, the custody of the child was automatically given to the husband. If the child was young, the mother would sometimes care for it until around 6 or 7 years old, and then would be forced to turn over the child to the father for education and proper discipline.
>
> The whole concept of wedlock birth is to create legitimate, father-custody children. When an “oops-pregnancy” would occur, the first question out of the woman’s mouth would be “will you give the child your name?” As in, will you make this child legitimate, and show it by giving him your name – and not a hyphenated pseudo name either!
>
> Women don’t actually “need” marriage to have children. They can get boffed by any number of men through a variety of seductive techniques, of which I think we are all aware of. Men however, did “need” marriage to have children, and thus, children born within wedlock are to belong to the man, while children born out of wedlock are to belong to the woman.

That is the only political goal Men's Rights Activist should be working for...the reinstatement of marriage 1.0.

To those who've never heard of it, Dr. Amneus wrote a book about the topic. You can download it free as a .pdf file here: The Case for Father Custody.

Children born in Wedlock = HIS, along with all the responsibilities and costs of raising them.
Children born out of Wedlock = HERS, along with all the responsibilities and costs of raising them.

Anything other than that is just fighting for the right to have THE STATE rule that the baby should just be cut in half, and both the man and woman forced to pay for that "service."

A Moment of Silence For All the Victims

Keoni Galt · 3 December 2012 · Archived copy · Original

[image]

A Moment of Silence for ALL the victims.

This past weekend, Jovan Belcher shot his baby's Mama during a moment of heated domestic dispute. Then he went to the Kansas City Chief Team Facilities and thanked the General Manager and his Coaches profusely for giving him a chance as an undrafted free agent to become a starter in the NFL, before walking away from them as they tried to talk to him, and shoot himself dead.

What really happened here? For the corporate mass media machine, it's an increased ratings opportunity. The chance to sell another juicy voyeur fix to feed the vicarious titillation addictions of the spectating masses. It's also another career opportunity for Journalist school graduates and Communication majors to stare earnestly into the camera lenses and emote passionately while they tell their viewing audience what they are supposed to think and feel about the story.

If the talking heads are memorable enough in their performances, it could mean big things for their career trajectories as mass media personalities. Especially if they follow the creed of 21st century politically correct, progressive idolatry: WWSAD? "Never let a serious crisis go to waste." Never miss a chance to advance another facet of the Population CONTROL agenda!

> In the aftermath of the nearly unfathomable events in Kansas City, that most mindless of sports clichés was heard yet again: “something like this really puts it all in perspective.” Well, if so, that sort of perspective has a very short shelf life since we will inevitably hear about the perspective we have supposedly again regained the next time ugly reality intrudes upon our games. Please.

> Those who need tragedies to continually recalibrate their sense of proportion about sports would seem to have little hope of ever truly achieving perspective. You want some actual perspective on this? Well, a bit of it comes from the Kansas City-based writer Jason Whitlock, with whom I do not always agree, but who today said it so well, that we may as well just quote or paraphrase from the end of his article. “Our current gun culture,” Whitlock wrote, “ensures that more and more domestic disputes will end in the ultimate tragedy, and that more convenience-store confrontations over loud music coming from a car will leave more teenage boys bloodied and dead.”

> “Handguns do not enhance our safety. They exacerbate our flaws, tempt us to escalate arguments, and bait us into embracing confrontation rather than avoiding it.” “In the coming days, (Jovan) Belcher’s actions” and their possible connections to football, “will be analyzed…. Who knows?” But here, wrote Jason Whitlock, is what I believe: if Jovan Belcher “didn’t possess a gun, he and Kasandra Perkins would both be alive today.”

Why yes, it's "Teh Gunz Culture!" It's not the State sanctioned and subsidized broken homes that create the conditions that make these atrocities regular occurrences in our culture!

I'm mystified. How have I lived for the past 20 years in the possession of a collection of various firearms and all other manner of lethal weaponry, and avoided the irresistible compulsion to shoot, stab, slice, bludgeon and kill any of my family, friends, acquaintances, co-workers and associates who may momentarily annoy or anger me?

Let's take a closer look at the reported situation:

> Kasandra Perkins had gone out Friday night with girlfriends to a Trey Songz concert "to take a break," said friend Lynell Diggs. "He [Belcher] didn't want her going out with the baby at home," said Diggs, who was among the group of friends at the concert. Cousin Angela Perkins, who said she spent time at the couple's home both before and after their daughter was born, said the stress of having a baby just before the season and Belcher's constant time away from home for practices and road games "really put a strain" on the relationship. "There was just a lot going on. She was stressed. He was stressed," Perkins said. "It just started to go bad, but they had the child, and they were trying to make it work."

Upon reading this case, the very first thing I thought of was that I bet he was raised in a single mother household, and never learned to control his emotions or temper his masculine aggression.

In a minute's worth of googling my hunch was confirmed:

> Belcher told the newspaper he credited his mother, Cheryl Shepard, and three older sisters with giving him support. "My mother is a hardworking woman," he said. "To see her overcome some things and succeed, it makes me look at things and say, 'This isn't even hard.' **I didn't really have a father figure,** so they provided nice guidance for me."

No surprises here. News reports, commentary and opinion pieces in the mainstream media social engineering machine will always wax poetic about these increasingly common tragedies with bromides like "Questions Remain" and "We may never understand why."

Most of us around these parts know exactly why these things happen regularly in our Brave New World Order's Matriarchy. Every person personally connected with this story is a victim in some shape or form of the real domestic violence occurring today - the destruction of the father headed family by the Feminist driven bureaucracy that supports, upholds and perpetuates the culture of the "alternative family" based on the continued subsidization of the Single Mother Household as the unstable and highly volatile foundation for society.

On a tangential note, Chief's Quarterback Brady Quinn had the best press conference statement on this grim affair:

> “The one thing people can hopefully try to take away, I guess, is the relationships they have with people,” Quinn told reporters after the game. “I know when it happened, I was sitting and, in my head, thinking what I could have done differently. When you ask someone how they are doing, do you really mean it? When you answer someone back how you are doing, are you really telling the truth?

> “We live in a society of social networks, with Twitter pages and Facebook, and that’s fine, but **we have contact**

> **with our work associates, our family, our friends, and it seems like half the time we are more preoccupied with our phone and other things going on instead of the actual relationships that we have right in front of us.** Hopefully, people can learn from this and try to actually help if someone is battling something deeper on the inside than what they are revealing on a day-to-day basis."

I knew I wasn't the only one that has noticed we are in the midst of Mobile Affirmation Device - fueled Palm Zombie Apocalypse!

Dearest Citizen of the World

Keoni Galt · 8 December 2012 · Archived copy · Original

[image]

The following is a letter supposedly posted on teh Interwebz back in 1999. (H/T Nestorius)

Go read the whole thing.

For those that don't have the time, here's the condensed, distilled essence of the entire manifesto:

> Dearest Citizen of the World,
>
> We do not want you to escape free and that is why we have made it as we have. You are our property. We will not permit you to buy or sell unless you submit to our mark of authority. If you go to court against us, we will wear you out there and in the end you will lose. If you use violence, we will end up having you in one of our labor camps, more specifically called prison industries. You need our money, our entertainments, our fuel, and our utilities to function and if you don't have them, you feel deprived. By this, you are made to yield to our will.

> Sincerely,

> Your Globalist Friend

Why, this sounds like The Protocols 2.0, or the sequel: GLOBAL HEGEMONY COMPLETE.

It is written from a first person point of view, and it's overriding message is this:

Welcome to OUR Brave New World Order, You Sheeple.

You useless eater. Waster of precious natural resources. A blight on the pristine environment.

You are cattle. You will be subjected to standardization, homogenization, humiliation, deprivation and enslavement. Once you no longer serve our purpose, you will then be culled.

Even if this letter were a work of fiction, it does accurately portray the way in which the ruling elite view we the sheeple.

Don't believe it?

It's literally carved into stone for all to see:

> **MAINTAIN HUMANITY** UNDER 500,000,000 IN PERPETUAL BALANCE WITH NATURE.

Still sounds too crazy to be true? Look no further than youtube videos of people like Ted Turner, Bill Gates and David Rockefeller, talking about the need for population control and population reductions world wide.

Whether it is real or a forgery matters not.

What matters, is whether or not this document contains truth of the realities of the state of mankind and those who rule us:

Consider the President of the United States. Even though he regularly breaks many known checks on his Constitutional powers, no one can stop him.

Every single President since Woodrow Wilson has wiped his ass with the Constitution.

> *We can send American or European troops to wherever we like, whenever we like, and for whatever purpose we like, and you dutifully go about our business. How much more evidence do you need? We can make you desire to leave your homes and family and go to war merely at our command. We only need to present some nonsense to you from the president's desk or on the evening news and we can get you all fired up to do whatever we like.*

19 *Saudi Arabians* supposedly flew two Jet Airliners into the World Trade Center, demolishing 3 buildings.

All the UN member nations on the Security Council voted to deploy troops to *Afghanistan* and *Iraq*.

Simple math, exposing the biggest lie of our lifetime.

> The horrifying images of two commercial jets slamming into the North and South Towers of the World Trade Center largely dominate our memories of 9/11. Yet many people forget about, or never heard of, World Trade Center 7, which was a 47-storey, 200-meter-high skyscraper that was never hit by a jet, yet crumpled to the ground like a house of cards a full 7 hours after the collapse of the North Tower. So let us reiterate: there were **three** destroyed skyscrapers on 9/11, but just **two** commercial jets.

Then again, is it not the socially engineered, relativist ideology at it's fundamental root? 1+1 = 2....but if we say 1+1=3, than whose to say otherwise?

But I digress.

The US military is the largest part of this military effort to play Global Police, and has been deployed by Presidential fiat order without the Constitutionally required Declaration of War from Congress on a regular basis since the 1950's.

> We have generously taxed you and used that money to make such sophisticated weapons you can in no way

> compete. Your own money has served to forge the chains we bind you with, since we are in control of all money. Some of you think you may escape by buying some land in the country and growing a garden. Let me remind you that you still pay us ground rent. Oh, you may call it property taxes, but it still goes to us.
>
> You see, you need money no matter what you do. If you fail to pay your ground rent to us, we will take your land and sell it to someone who will pay us. Do you think we cannot do this? And with your ground rent we pay for the indoctrination of your children in the public schools we have set up. We want them to grow up well trained into the system of our thinking. Your children will learn what we want them to learn, when we want them to learn it, and you pay for it through your ground rent.

This is exactly why homeschooling is demonized and marginalized as something only kooky religious fanatics do. (Google: "homeschoolers+are+fundies." to see what I mean.)

This is also why all 50 states have truancy laws to ensure that all kids be subject to WORLD CITIZENRY programming.

[image]
"We want them to grow up well trained into the system of our thinking."

> We love it when you rebel and blow something up. You are our reason for making more laws against all those things which might contribute to your freedom from us. If someone did not blow something up on occasion, we would have no justification in placing more hedges about you. Can't you see how impossible it is for you to resist us? The more you wriggle, the more we squeeze. Our kingdom is the kingdom of money. Excuse me, but I must confess that we are the rulers of the kingdom of non-money.

Composed in 1999...before 9/11 and the "War on Terror" that now has us all surrendering our freedom for the security of a police state.

And it's the Kingdom of non-money, aka fiat currency and fractional reserve banking enabled debt slavery the world citizenry to their malevolent cartel, is the key to their power over us all.

> You must see the humour in that statement. We have given you a piece of paper or some numbers on a computer screen that we have termed money. It is backed up by nothing and proven by nothing but what we say it is. We create it from nothing, we print it, we loan it, we give it its value, we take its value away. All things that have to do with money are in our hands. Think of it, what is it that you can do against us without money? If you try to resist, we can cancel your credit or freeze your accounts.

Resistance is futile.

> You need our money, our entertainments, our fuel, and our utilities to function and if you don't have them, you feel deprived. By this, you are made to yield to our will.

This is their vision of WORLD PEACE.

[image]

One world, under one Government, Incorporated to efficiently and effectively manage the sheeple herds of World Citizenry... in order to achieve the ultimate goal:

MAINTAIN HUMANITY UNDER 500,000,000 IN PERPETUAL BALANCE WITH NATURE.

The Planned Obsolescence of Privacy

Keoni Galt · 10 December 2012 · Archived copy · Original

[image]

We are entering the end times.

No, this is not some post declaring an impending apocalypse, nor am I affirming the accuracy of the Mayan calendar prediction that the end of the world is little over a week away.

I'm referring to the end times of this epoch....a transition of Dystopian Ages.

All the pieces are in place. The Age of Big Brother is nigh.

Think I exaggerate?

Have a look-see, right here.

> In a radio interview, Wall Street Journal reporter Julia Angwin (who's been one of the best at covering the surveillance state in the US) made a simple observation that puts much of this into context: the US surveillance regime has more data on the average American than the Stasi ever did on East Germans.And, of course, as we've already seen, much of that data seems to be collected illegally with little oversight... and with absolutely no security benefit.
>
> To be fair, part of the reason for why this is happening is purely technical/practical. While the Stasi likely wanted more info and would have loved to have been able to tap into a digitally connected world like we have today, that just wasn't possible. The fact that we have so much data about us in connected computers makes it an entirely different world. So, from a practical level, there's a big difference.
>
> That said, it still should be terrifying. Even if there are legitimate technical reasons for why the government has so much more data on us, it doesn't change the simple fact (true both then and now) that such data is wide open to abuse, which inevitably happens.

> The ability of government officials to abuse access to information about you for questionable purposes is something that we should all be worried about. Even those who sometimes have the best of intentions seem to fall prey to the temptation to use such access in ways that strip away civil liberties and basic expectations of privacy.

Our freedom has been traded for the security of Big Brother's watchful eye.

Oh, and while we're at it, make sure that whenever you're out in public anywhere in today's Brave New World Order, be sure and SMILE!

We are all the stars of the new, global 24/7 REALITY show....our 21st century candid camera!

> So: those spooky new "circular" dark globe cameras installed in your neighborhood park, town, or city—they aren't just passively monitoring. They're plugged into Trapwire and they are potentially monitoring every single person via facial recognition.
>
> In related news, the Obama administration is fighting in federal court this week for the ability to imprison American citizens under NDAA's indefinite detention provisions—and anyone else—without charge or trial, on suspicion alone.
>
> **So we have a widespread network of surveillance cameras across America monitoring us and reporting suspicious activity back to a centralized analysis center, mixed in with the ability to imprison people via military force on the basis of suspicious activity alone.** I don't see how that could possibly go wrong. Nope, not at all.

Yes, I've noticed these cameras put up all over the place here in the 50th occupied State of USSA Inc.as well. Right now most public places are under their watchful gaze.

The last phase will be getting the eyes and ears of our 21st century, Globalized Stasi into our homes.

> The company has filed a patent, published last week, for a system designed to be used in the home to target advertisements at people. Using a combination of image and audio sensors, it would detect actions in your living room while you were watching TV. These sensors, deploying facial and profile recognition, would pick up “physical attributes” like skin color, facial features, and even hair length, and also detect “voice attributes” to help determine the tone of your voice, your accent, and the language you speak. Inanimate objects aren’t off-limits—the technology could also spot beer cans and wall art.
>
> Combined, this would mean that your TV or set-top box would effectively be watching and listening to you while you snuggle up on the couch with your partner to watch the latest episode of *Homeland*.

Have no fear, Sheeple. Afterall, you have nothing to fear if you have nothing to hide, right?

There is a common meme I see all over the comment threads of teh MAndrosphere.

Many people breathlessly await the inevitable collapse of society, so that those of us who understand the truth of our situation can begin to rebuild teh Paayttreearrky and put teh Womynz back in their rightful place, bare foot and pregnant, cooking food in teh kitchenz!

Others predict the take over by extreme Patriarchal cultures like the Mooozzzlums.

Many say they CAN'T WAIT!!!!! The modern, progressive Womynz who are strong and independent and don't need the Menz will finally be shown the errors of their ways!

Ya'all are missing something pretty big as you await the collapse. This "collapse" is deliberate, planned, and in the

process of gradual implementation.

As a society, we've been slowly and inexorably sliding towards the metaphorical cliff's edge for quite some time.

There will not be some massive realization and re-discovery by teh womynz that they need the menz to protect them from the savagery of a post-apocalyptic landscape.

No, when the "collapse" reaches a catastrophic climax, what will arise from the ashes, will be a technocratic and totalitarian world government that no longer hides behind the illusion of freedom for the masses. Their rule will be Authoritarian, and their power over we the Sheeple, near-complete. Orwell warned us. Huxley warned us. Wells warned us. Quigley too. This is not some dystopian fantasy...

THEY ARE DOING THIS OUT IN THE OPEN AND RIGHT IN OUR FACES.

At this point, to deny this is willful ignorance. Oh wait, I forgot. Ignorance is Strength.

Pay no mind. Carry on. Nothing to see here but the rantings of crazy conspiracy theory.

We are in the last days of disappearing freedom.

Enjoy the decline, because at least during this phase, we still have some amount of personal freedom and rapidly diminishing privacy. Once we reach the collapse stage, you won't be allowed to enjoy anything not officially approved and controlled.

But for now, they wait. And of course, they watch.

Refuse - Resist

Keoni Galt · 14 December 2012 · Archived copy · Original

[image]

Dang.

As a long time reader of LewRockwell.com, I was pleasantly surprised to find a trackback from my last post to the LRC blog today. Somebody over there has come across my humble little outpost here on the fringes of teh interwebz....and included a link in his post, Extremely Serious Privacy Problem in America.

Than I read what he had to say about my piece:

"Here is a libertarian who recognizes the end of privacy and sees it as a foregone conclusion. His pessimism is total. He offers no defense of privacy at all." - *Micheal S. Rozeff, The LRC Blog*

Is it pessimism to point out the truth?

The loss of our privacy from the Surveillance State's intrusions IS a forgone conclusion.

Has been since October 26, 2001, when the PATRIOT act was signed into law.

If you have healthcare insurance, you already have no privacy here in the Land of the Fee and Home of the Tax and Credit-Debt Slaves.

What defense can I, an anonymous blogger on teh interwebz, offer for this now obsolete concept of privacy?

I merely belabor to point out the truth, because from where I'm sitting, it seems to me that 90% of the people in this Country are oblivious to this ongoing destruction of what used to be a Constitutionally recognized right to privacy.

Most people go along with it, without a second thought.

Worse still, most people are too absorbed and preoccupied with the 21st centuries version of bread and circuses entertainment to care.

And when they aren't staring at the Tell-A-Vision, breathlessly awaiting which contestant is going to win on *The Voice*, or which ball team is going to make it to the playoffs (hey, I'm not judging anyone, I do it too), most are too busy to notice. We all have more important things to do with out time, like staring at our palms at one of the biggest catalysts in this ongoing loss of our privacy - the Mobile Affirmation Devices, which also certainly serve as Personal Information Harvesting Devices for our Corporate Data Plan Providers.

Offering a defense for Privacy? We're long past that point. Privacy WAS an 19th to 20th century concept, now obsolete. Welcome to the 21st century!

What's left to defend? Total Information Awareness is already here.

To paraphrase something I wrote on a different topic previously:

> There is no candidate running for office that you can vote for to defend privacy.
>
> There is no political party you can join, no "tea party" or "Occupy" rally you can attend or no organization or cause that you can donate your money to that is going to make a damn bit of difference in our current state of affairs.
>
> There is no possibility of working within our current system to "fix" what's wrong.
>
> That's because there's nothing to fix.
>
> From the view of those who have implemented the system and constructed our current situation, this shit is going off exactly as planned.

There is only one thing left to do for those of us who still care about obsolete concepts like freedom, privacy, and a non-intrusive Government.

Refuse and Resist, wherever we can, whenever we can..

How?

In small ways. Engage in subterfuge. A personal mis-info and dis-info guerilla campaign.

Examples?

* When your at a check out at one of the box store Corporate retail outlets in your area, and they ask you for your name and phone number, give the checkout person deliberately false info. That's not against the law. Yet.

* Never say anything into a cell phone, nor text anything, nor blog, vlog, post, email, write, tweet, instagram or comment anything that you wouldn't be comfortable with having total strangers read, see or hear....because all forms of electronic communications ARE stored and can and will be used against you should the need for authorities to do so, arise.

* If at all possible, use cash for your purchases. Try and stick to stores and farmer's markets where a "club" card is not required, for as many purchases as you possibly can. If you must, try and use other people's club cards and pay with cash. I have the club cards from several deceased friends and family that I use whenever I shop at such stores.

* If you find it necessary to have a smart phone or some other mobile data device, figure out how to disable GPS applications. And if for whatever reason you ever find yourself being pursued by the authorities for any reason whatsoever, don't forget to shut off your "smart" phone. Hell, just to be certain, remove the battery. If your situation is really serious, than leave it on and ditch it hidden on a bus or another vehicle heading somewhere far away.

* Don't buy any new vehicles with the OnStar or other perpetual tracking devices built into it.

* If you MUST have a social media profile, fill it full of false or ambiguous information...especially use a fake

name. If you insist on posting pictures to your social media pages, don't use pictures taken with your smart phones, as they are now designed to automatically include hidden data embedded in the pics and vids themselves, revealing the time, location and other personal details of where and when that photo was taken.

* If you really want to get off grid, only blog or update your social media pages or check your web based email on public computers and internet cafe's and other such places.

* Another strategy would be to have a wireless laptop or other device that does not have your personal info stored in it at all, and use it only at free Wi-Fi hotspots.

* Whenever you're doing an online search, use only the search engines and proxy server sites that provide anonymity. Search engines like DuckDuckGo and StartPage.com.

* Don't buy appliances that have internet connection features built in.

* Minimize your use of Debt Enslavement Cartel member establishments...aka Banks. Don't use debit cards or credit cards as much as possible.

These are all ideas I myself practice as much as possible. Does this make me paranoid? All of these things I now do, come from the inspiration of a guy in the UK back in 2010 who decided to see if he could elude the surveillance State just as an experiment.

> “A lot of people are giving information away voluntarily,” says Gowlett. “Look how many young children are giving up their whole lives on Facebook and Twitter – everything, their date of birth, the names of relatives and friends, where they live, when they’re going on holiday and what their political views are.
>
> “People should think carefully how data is going to be used. Some are careful enough to opt out of the electoral roll, but when they have a baby and a nappy company comes round they give every piece of information they’re asked for. And that will be used to tie up with other databases.” **Databases such as Tesco’s**, which holds information on virtually every adult in the country, regardless of where they shop.
>
> The National Health Service is unrolling a multibillion-pound IT project that will upload millions of patients’ medical records on to a database, freely accessed by 250,000 NHS staff and, to a lesser degree, by private health companies, council workers, commercial researchers and ambulance staff. Letters are going out now, strongly urging us all to allow this and making it as hard as possible to opt out.
>
> The detectives are appalled. “That will have all your medical history on it, your date of birth and everything that has happened to you,” says Gowlett. “It’s vulnerable, and people will be able to get all that information on you in one go.”

Every product or service you buy from a large, national Corporation (like Tesco's in the UK) has personal info about you on file. You may have no need to ever worry that such info could ever be used against you. I don't care to take that chance.

Does that make me paranoid?

I don't think so. I like to think it just makes me aware of how much I value my personal privacy. Shouldn't I not be concerned about all this or go through all this unnecessary hassles if I have nothing to hide?

As far as I'm concerned, that's nobody's business to decide but mine.

You value your privacy? Then guard it, because the State is certainly coming for it whether you like it or not.

Be Prepared

Keoni Galt · 18 December 2012 · Archived copy · Original

[image]

While reading up on the Connecticut school shooting these past couple of days, I saw various references to this article: Gunmen's Mother was a Doomsday Prepper.

> As America searches for answers, investigators are turning towards Nancy Lanza's supposed identification as a survivalist. The Daily Mail reports Ms Lanza stockpiled weapons and food for what she saw as America's coming economic collapse. The 'prepper' revelations may provide one insight into Adam Lanza's motive for taking so many innocent lives.

I'm certainly what one would call "a prepper." I've stockpiled food, water, toilet paper, fuel, firearms and ammunition (well, as a hunter and gun enthusiast, I've actually always "Stockpiled" those...heh.) I began doing so when I watched the coverage of Hurricane Katrina, and I saw how many folks had to go to the New Orleans Superdome and wait for the Government to come and feed them. An entire stadium full of people helpless and unprepared for extraordinary events. After that, I enthusiastically went into "prepper" mode. But after reading this smear job of "Doomsday Preppers" by the MSM, I realized something else - this is the same MSM that has reviled and attacked the Boy Scouts of America for being a hate group. And what is the Boy Scouts Motto? No, it's not GOD HATES FAGS. It's BE PREPARED.

> "Be prepared for what?" someone once asked Baden-Powell, the founder of Scouting, "Why, for any old thing." said Baden-Powell. The training you receive in your troop will help you live up to the Scout motto. When someone has an accident, you are prepared because of your first aid instruction. Because of lifesaving practice, you might be able to save a non-swimmer who has fallen into deep water.

> But Baden-Powell wasn't thinking just of being ready for emergencies. His idea was that all Scouts should prepare themselves to become productive citizens and to give happiness to other people. He wanted each Scout to be ready in mind and body for any struggles, and to meet with a strong heart whatever challenges might lie ahead. Be prepared for life - to live happily and without regret, knowing that you have done your best. That's what the Scout motto means.

I'm a Boy Scout's of America drop out. I began scouting when I was 6 years old (Cub Scouts), but quit when I was 16. Only in hindsight do I really understand how much of an impact that program had on my life. I fired my first rifle at 10 years old at Boy Scout Camp.

[image]
BSA - Training future Doomsday Preppers and Gun Nuts!

I learned first aid, lifeguard techniques, CPR, fire making, wood chopping, knot tying, shelter improvisation,

rappelling, and the woodsman's ethos. Archery. Leatherwork, water purification, camp cooking, and this fantastic knife throwing game, mumbelty peg.



BSA - Training Future Arsonists for Attacks against teh Gayz!

What I really learned though, was A lifelong love of the outdoors and the development of so many self-reliant and independence promoting skills.

I learned that the organization's motto was much more than that. It is a way of life. BE PREPARED

Which is precisely why the organization has been under attack for quite some time by the Cultural Marxists and their agenda of fostering mass dependence on the State. More importantly, the Boy Scouts WAS the most popular and formative all-male space (No Gurlz Allowed) organization most Boys of my generation experienced growing up. When I think back on it, I now realize it was the ONLY all male space organization I've ever truly belonged to. As we all know, the feminist equalitarian movement could not let any all-male space go unmolested.

They don't want young boys to learn these skills. They don't want young boys to have positive masculine influences and all male leadership and to experience male group camaraderie. That might lead to independence and self-reliance! God forbid there's an organization dedicated to teaching boys how to be:

[image]	Trustworthy,
[image]	Loyal,
[image]	Helpful,
[image]	Friendly,
[image]	Courteous,
[image]	Kind,
[image]	Obedient,
[image]	Cheerful,
[image]	Thrifty,
[image]	Brave,
[image]	Clean,
[image]	and Reverent.

That's the Scout Law.

This kind of exclusionary hatred must not be allowed to continue! How dare they make young boys pledge to these principles?!?! To take such hateful oaths pledging to abide by such principles in the Scout Law!

> On my honor, I will do my best
> To do my duty to God and my country and to obey the Scout Law;
> To help other people at all times;
> To keep myself physically strong, mentally awake and morally straight.

Such Hateful Thought Crimes must be expunged from the minds of the boys in today's Brave New World Order.

The Cultural Marxists may hide behind the rationale that they don't want the Boy Scouts to be "exclusionary" towards teh Gayz, teh Gurlz and teh athiests, but what they really aim to do is mitigate an organization that affirms positive masculine development.

And they have been succeeding.

> ...with just 2.8 million members, Scouting is half of what it was in 1972 when enrollment peaked. That means that Boy Scout membership in the US is down by 11% in the past decade and Cub Scouts have seen their membership drop by 23% during the same time.

The Cultural Marxist activists would claim this is PROGRESS. They probably feel a sense of victory and claim their attacks on the organization's HATE CRIMES have had an effect and stifled enrollment and membership. No doubt they've played their part in the ongoing societal revolution.

But I would venture to guess there's another reason for the decrease in membership - the increase in Single Mother households. The Boy Scouts program I remember really promoted a lot of Father and Son activities. Single Mom's were never allowed to participate or substitute in those activities if their Boys were in the program. Maybe the relationship is not causal, but I wouldn't doubt the correlation with the rise in Father-less homes has something to do with the decrease in Scouting membership.

In any case, the Boy Scouts of America is one of the last bastions of positive masculine development.

It's decline may be one of the answers to the question posed by many folks around teh interwebz about what's going wrong with today's young men.

Thoughts on Gun Control by Dead White Men

Keoni Galt · 21 December 2012 · Archived copy · Original

[image]

3rd US President, Thomas Jefferson

"The strongest reason for the people to retain the right to keep and bear arms is, as a last resort, to protect themselves against tyranny in government".

“Those who hammer their guns into plows will plow for those who do not.”

“The beauty of the second amendment is that it will not be needed until they try to take it.”

Tyranny in Government is already here, it's just hidden behind the facade of "Democracy."

They are going to try and take away our guns, IN THE NAME OF THE CHILDREN, so that they no longer have to put up the charade of Governance by "We the People."

When they do come...

[image]

When the SHTF, it's TEOTWAWKI

Keoni Galt · 22 December 2012 · Archived copy · Original

[image]

Apocalypse. Doomsday. Armageddon. Ragnarok.

The end of an Age, foretold by the Mayan calendar.

For most of you reading this East of my island home, 12|21|12 has come and gone, and as most people have predicted, this was all much ado about nothing. The media driven, Y2K hysteria all over again. As I write this, 12|21|12 still not done yet here in Hawaii nei...

lozlzolzol

Like anyone else curious about where the whole 12|21|12 meme came from, I googled it awhile back. I found several hours worth of interesting reading. Some of the things I found were quite kooky and new age spirituality crap.

But I did find a few things that have given me pause for contemplation. I connected a few dots in my mind's eye, and have come to some interesting conclusions. Here's what I wrote about this almost one year ago: Climate Change and the Apocalypse Trifecta

I'm not the only one to have come to a similar conclusion. Check out *Bill Powell* from *Apocalypse Cometh* on his 12|21|12 post, The End of the World Came and Went Again:

> That's right now and today, the sun is almost perfectly smooth, few sunspots can be seen on it as of today. Contemporary scientists have observed enough over the past hundred years to know what that portends (the graphs are worth reading that article by themselves). It's going to get cold, one of the reasons I live in Florida. One of the consequences of our sun getting colder is drought, a warm sun evaporates much more seawater causing clouds and rain, whereas a cold sun has the exact opposite effect, thus widespread drought throughout the world. It's only going to get worse but it's going to take a few years for the real consequences of the cooling sun to be seen and it's going to have severe repercussions for the populations of this planet.

> The elites know this and they're both preparing for it and reveling in it. They own the scientists so they've had warning for a long time and have been preparing. The elites know that the earth is going to cool and cool dramatically, they think generationally, they have laid plans for themselves and their families to survive a cooling planet and they don't care if any of us do other than the ones who might be able to serve their needs to ensure their survival.

Bill, we are in accordance on this. I've come to the exact same conclusion - the elites have been planning for the next ice age, and it is imminent.

Ice ages are an observable cycle - long era's of cold interspersed with brief periods of warming.

[image]

To quote Robert Felix:

> - In 1976, scientists at Lamont-Doherty Earth Observatory spearheaded a project called CLIMAP (Climate: Long-range Investigation Mapping and Prediction) to map the history of the oceans and climate.
> - They discovered that ice ages begin or end, almost like clockwork, every 11,500 years. It's a dependable, predictable, *natural* cycle.
> **Pacemaker of the Ice Ages**, they called it.
> - They drew up a chart of the cycle (above).
> - See the sharp peaks every 100,000 years or so? Each peak marks the abrupt end of a period of warmth similar to today's and the catastrophic beginning of a new ice age.
> - See where we are today? (At the far right side of the chart?) We're at the tip of the highest peak ever, teetering on the knife-edge of disaster. We haven't been that high on the chart for half a million years.
> - And do you see what happened--without exception--every time we got that high on the chart?
> - *Instantaneous* ice age.
> - The next ice age could begin any day.

Those with the knowledge of this cycle are using that knowledge to manipulate the mass of humanity to achieve their goals of power.

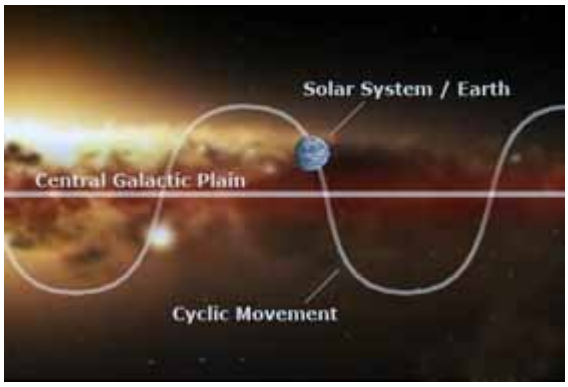
Just like the High Priest in the movie Apocalypto used his knowledge of the solar eclipse cycle to make the masses believe he had literal power over the heavens.

A monopoly on knowledge is one way to gain power over an ignorant populace.

Anyhow, I having previously written about the theory of the power elite who have been planning for the Apocalypse trifecta, what I wanted to cover here on 12|21|12, was the additional things I've read up on regarding the Mayan calendar and it's so called prophecy that today was supposed to be "the end of the world." It seems that the Mayan calendar was based on long term observation of our solar system's Galactic cycle.

As the earth revolves around the sun, the sun revolves around the Milky Way's Galactic center, moving up and

down along the Galactic Plane. Where the solar system is on it's journey influences the solar activity, which in turn influences our climate by extension.



A paper published in *The International Journal of Astrobiology,* entitled The Galactic Cycle of Extinction (.pdf), states the following in it's abstract:

> Global extinction and geological events have previously been linked with galactic events such as spiral arm crossings and galactic plane oscillation. The expectation that these are repeating predictable events has led to studies of periodicity in a wide set of biological, geological and climatic phenomena. Using data on carbon isotope excursions, large igneous provinces and impact craters, we identify three time zones of high geological activity which relate to the timings of the passage of the Solar System through the spiral arms.

[image]

This is the genesis of all the doomsday predictions based on the Mayan Calendar.

> The Galactic Alignment is the alignment of the December solstice sun with the Galactic equator. This alignment occurs as a result of the precession of the equinoxes.
>
> Precession is caused by the earth wobbling very slowly on its axis and shifts the position of the equinoxes and solstices one degree every 71.5 years. Because the sun is one-half of a degree wide, it will take the December solstice sun 36 years to precess through the Galactic equator (see diagram below).
>
> The precise alignment of the solstice point (the precise center-point of the body of the sun as viewed from earth) with the Galactic equator was calculated to occur in 1998 (Jean Meeus, Mathematical Astronomy Morsels, 1997).

[image]

> Thus, the Galactic Alignment "zone" is 1998 +/- 18 years = 1980 - 2016. This is "era-2012."

> This Galactic Alignment occurs only once every 26,000 years, and was what the ancient Maya were pointing to with the 2012 end-date of their Long Count calendar.

So the theory goes, the Mayans understood that when the solar system crossed through the Galactic plane, and more specifically, what is known as the Dark Rift sector of the Galactic Plane, The Shit Hit the Fan and for those unfortunate to live in that era, it was The End of the World As They Knew It.

> In terms of Mayan astronomy and mythology, the Dark Rift feature (which the Maya called the Black Road or Xibalba be) lies along the galactic equator (the Milky Way) in the place where the December solstice sun will be in 2012. (More precisely, the December solstice sun will reach the southern terminus of the Dark Rift, where it touches the ecliptic in Sagittarius.)
>
> Thus, in terms of Mayan mythology, we can also describe the Galactic Alignment of era-2012 as the alignment of the December solstice sun and the Dark Rift. This entire region is targeted by the cross formed by the Milky Way and the ecliptic between Sagittarius and Scorpio. This Cross was also recognized by the Maya, and was called the Crossroads or Sacred Tree.
>
> This entire region is embraced by what astronomers call the 'nuclear bulge' of the Galactic Center—the center of our Milky Way galaxy.

If the Mayans associated the Dark Rift with TEOTWAWKI, some University of Kansas and University of Cal Berkley scientists have theorized it may actually be the extinction cycle happens when the solar system crosses through the Galactic Plane and is then "North" or above the Galactic Plane, and we get exposed to a Galactic "bow shock" which may have something to do with the historical record of cyclical climactic cataclysms.

Whether it's the Dark Rift, or the Galactic bow shock that occurs when our Solar system travels north of the Galactic plane, one thing is for certain: Ice ages and extinction events are evidenced in the geologic record, and they do occur on a repeating, cyclical basis.

Ice ages happen during periods of low solar activity...but what really kicks them off is cataclysmic geological events - more specifically, super volcanic eruptions. Things are going to get colder of course....hell, they already are.

But steadily falling, record low temperatures is not the actual start of the next ice age. As Robert Felix noted earlier, the climate records of the past all indicate the ice ages commenced very rapidly...almost instantaneously. What's the possible catalyst here?

Increased volcanism and geological tectonic shifting....perhaps influenced by gravitational forces that occur from our solar system crossing through the Dark Rift of the Galactic Plane?

More specifically, the eruption of one or more super volcanoes will probably be the type of event that triggers the next, near instantaneous ice age.When one of the super volcanoes blows and the ejected debris causes a nearly instant nuclear winter by blocking the sun's life giving rays to the planet's surface...it will start a global wide freezing cascade.

It's happened before.

Global Warming? A complete misdirection.

If you've spent anytime in political based debate forums on teh interwebz, you would know that one of the biggest points of contention is the right wings insistence that AGW is improbably because the climate is dependent on the Sun's activity...while the left completely discounts the sun and lays it all at the feet of man kinds behavior. That's the old thesis | antithesis of the Hegelian Dialect.

The dialectical synthesis is acceptance by both "sides" of left and right that the planet is warming...they only disagree on why.

By the time the general population of sheeple realize the ice age has commenced, it will be too late.

So the entire herd of brainwashed sheeple believes the planet is warming.

In the meantime, the elite have been building underground shelters, stocking seed vaults, and preparing for the coming ice age.

This is also most likely why they have developed the FEMA camp system, and the power structure of Executive Orders and have commenced regular Martial Law exercises by the military, national guard and police. When the time comes, and the next ice age truly kicks off, plant and animal life will die off rapidly, starvation will commence, and civil society will breakdown into chaos. The FEMA camps are not for herding political dissidents off to like the old Soviet Gulags.

It will be for the survivors in a post-apocalypse environment, waiting for the Government to save them.

Many conspiracy theories discuss a mass "culling" by an authoritarian police state that will essentially be a Nazi-styled Final Solution genocide action against the masses. Some argue that the culling has already begun.

> Today's eugenicists are more subtle. They've learned, through experience, that openly gassing entire populations doesn't win over the hearts and minds of the public. So they've developed covert methods of accomplishing the same thing. These coverts methods include convincing people to eat genetically modified foods — which promote infertility — to drink fluoride, take vaccines, use synthetic chemicals, increase abortions and pursue other actions that either kill people outright or drastically reduce rates of reproduction.

> The idea behind these is that, first off, the culling of the human race can now be accomplished without all the horrifying images of Nazi Germany's gas chambers. While the Jews in World War II had to be forcibly lined up and herded into railroad cars, today's eugenics victims willfully line up at pharmacies to be injected with flu vaccines containing stealth cancer viruses that accomplish the same thing: Death.

> Death by vaccines is just slower and more covert than death by Zyklon B.

All of these actions, real or not, are still not making a large enough dent in the population numbers to reach their brazenly stated goal to:

MAINTAIN HUMANITY AT 500,000,000 IN PERFECT BALANCE WITH NATURE.

Nope. The "culling" will be achieved by letting nature run its course and watching the masses deliberately misled into worrying about global warming and not preparing for the real climate change threat.

From the Land Where Palm Tree's Sway...

Keoni Galt · 25 December 2012 · Archived copy · Original



Much of the theme's and topics I write about here, are cynical, pessimistic, dark, foreboding and downright depressing.

There's a reason for that.

This is pretty much my only real outlet for discussing all these things that lay heavy on my mind. This is where I get to freely and without fear, ruminate on these things without upsetting people in real life who are completely plugged in and tripping out on the blue pill.

There are times where I imbibe a bit more alcohol then I should, and the conversations get serious, and I start dropping knowledge on my family and friends. It usually doesn't turn out well. I've learned this lesson the hard way.

You can't force feed the red pill. People need to come looking for it before you can deal it to 'em. But there is certainly one theme I keep returning to here...the world is fallen, civilization is declining and the future is uncertain.

But armed with the knowledge of truth is the most powerful weapon you can use to combat the forces of our Brave New World Order and avoid the physical, moral and spiritual traps laid out for us all to enslave each and every one of us to varying degrees, as best as we possibly can.

Figure out how to live life on YOUR terms, not THEIRS.

At least that's what I strive to do every day. Find the beauty in life...there's still plenty of it, despite the seemingly overwhelming tide of ugly darkness sweeping over our society's mass consciousness. One of the most powerful

weapons they use against us, is to get each and every one of us to turn on one another, and tear each other down.

They've got one main play in their playbook: DIVIDE AND CONQUER.

They continually try to goad and trick us into destroying each other at our most personal, private and meaningful relationship levels.

So the best way to resist them and send them a big FUCK YOU to our unjust and wicked Overlords, is to live well, and build beautiful relationships with all your families and friends, and raise up the next generation so that they can live in the same way.

There's no better time than CHRISTmas to get together with your loved ones and celebrate all that is good in this life. Imua Kakou! A hui hou, malama pono!

Mele Kalikimaka, a me hau'oli makahiki hou!

There's No Going Back

Keoni Galt · 29 December 2012 · Archived copy · Original



> *There are times where I imbibe a bit more alcohol then I should, and the conversations get serious, and I start dropping knowledge on my family and friends. It usually doesn't turn out well. I've learned this lesson the hard way.*
>
> *You can't force feed the red pill.*

Once you see something for what it truly is, you cannot "un-see" it.

You can ignore it and play along with the oblivious ignorance of those you care about, to preserve social graces and superficial functionality of your cherished relationships.

But it still enrages me when I see those I care most about, who are firmly plugged into the matrix of our Brave New World Order, and not even aware of it.

I am infuriated...

...every time I see a man, emasculated by the social engineering of our cultural programming, incapable of understanding why his relationships failed or are failing...

...every time I see a woman masculinized by the social engineering of our cultural programming, mistaking her simulation of male drive and aggression as "strength" and her innate femininity and submissive nature as a weakness...

...every time I see a dysfunctional couple and I can immediately discern the dynamic between them and where they are getting it all so wrong...

...and every time I encounter a person that excuses and rationalizes bad decision making on their part, in the hopes that you will sympathize with them and make themselves feel better about lying to themselves.

There's only person you can change. Yourself.

You can give another the tools to analyze and introspectively determine where they've gone wrong, how they've been mislead, and how to correct it. But if they cannot face the ugly truth about themselves, there's nothing you can do but wait and hope they eventually get to that point.

For that is each person's personal "rock bottom." When the ugly truths of their behavior and thought patterns becomes unavoidable. When the rationalizations and cognitive dissonance no longer can convince you to keep doing what you've been doing, expecting different results.

Interpersonal relationship dysfunction and the corruption of familial bonding is one of the primary effects of the blue pill. Once you take the red pill and recognize the truth of so many dynamics, you develop a quick eye in discerning all these things we talk about in this fringe of teh interwebz. Once you have the framework, you quickly recognize the various facets....sometimes instantaneously.

Hypergamy, solipsism, the feminine imperative, AMOG-power plays; male hierarchy status jockeying; serial polygamy; frame and re-framing; choice addiction; wall denial; involuntary celibacy; social ineptitude; the maddonna-whore complex; Churchianity; "let's you and him fight," NAWALT, "don't hit me, I'm a girl," attraction is not a choice; "let's just be friends," carousel riders looking to settle down; abusive relationships founded on addiction to the dark triad traits; IOI's; kino escalation; cuckoldry; the SMP; the MMP; the average frustrated chump; the ladder theory; shaming language; social dominance and projection....

...once you're well versed in all these concepts and memes, your direct and indirect social interactions with the world, as well as your observations of those in your sphere of influence, come into sharp focus.

You are equipped with a schema to interpret people's words and behavior, and you have developed a self awareness the average sheeple in the herd of civilization is utterly oblivious to.

You now see things with clarity. Then you realize just how ugly most truths are, and you sometimes wish you could go back to believing the beautiful lies of the mainstream consciousness. Unless you experience brain damage that inflicts amnesia, you will find that you can't.

Once you know the truth, you cannot hide from it, even if you want to.



We love to talk about the red pill - blue pill concept in the MAndrosphere. Many claim to have taken "THE" red pill with regards to some aspect of gender relations or sexuality. Others will relate it to the Fiat Usury Cartel.

Others, to the charade of 2 party politics, and yet others to diet and lifestyle. All of these red pills are all the same thing. There is no difference between the variations discussed.

There is only one red pill.

Truth.

The first red pill I ever choked down, was the truth about diet.

I often refer to the "paleo" diet to people...yet according to the foremost practitioners and guru's of the 'paleo' diet movement, I am certainly not "paleo."

There's a reason for this. When most people are inquiring about the way I eat, why I choose to eschew certain foods, and why I heartily engorge myself on others, I simply tell them I "loosely" follow the paleo diet. It's a term that's easy to remember. It's planting a seed, and anyone who may become motivated to learn more, can find numerous references to the "paleo" sub culture at bookstores, in magazines and on teh interwebz. If anyone asks further than that, I'll usually just say, "check out marksdailyapple.com."

In my estimation, a person who is overweight, suffering from degenerative conditions, depression and other maladies from a lifetime of eating in the CSFO - (Concentrated Sheeple Feed Operations - Paleo puts them on the right path to getting back on track and learning the difference between real, naturally raised food versus CSFO feed.

Just like all of the gender and relationship dynamics notated in the previous section of this blog post, understanding the truth about food and what is optimal for the human body and what is literally destructive and slow motion poisoning gives you an awareness that will forever change your relationship with food and the way you view it.

Even though I essentially follow the Paleo/Primal version of the Pareto principle, i.e. eat pure 80% of the time, 20% indulgence in junk food, I can no longer simply enjoy the worst of the junk feed that was designed solely to stimulate your taste buds.

When I eat some cake (if someone bakes me a cake for my birthday, or I am at a special occasion, I will put my principles aside, and have a bit of the poison for the sake of social cohesion.) I still choke it down while thinking about all of the toxic crap found in it's ingredients.

I can't help it, because I know the truth.

[image]

Most folks will look at a picture of a meal like this, and think to themselves that it looks like a mighty tasty meal, and even though it may be bad for them, it's okay to indulge in it once in awhile, because it tastes so damn good. Others will think "that's too much calories for a single meal!"

I look at a picture like this, and this is what I think in a matter of seconds:

> - Hot dog and hamburger buns, made with enriched, bleached and brominated white flour, high fructose corn

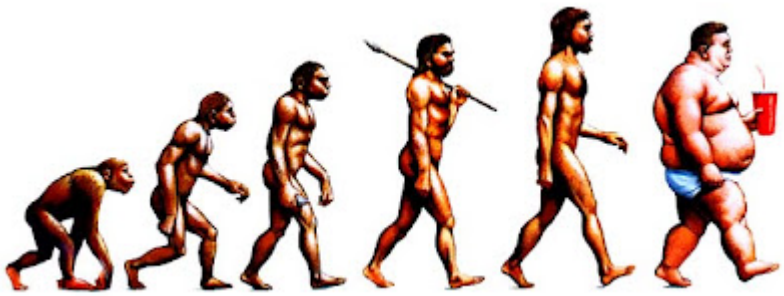
> syrup and partially hydrogenated soybean oil (typically baked with margarine);
>
> - French fries and onion rings are deep fried in rancid, oxidized "vegetable" oil like soybean or canola, than slated with processed, de-vitalized and iodized "salt" adulterated with silicone dioxide (anti-caking agent);
>
> - The drink is just liquid corn syrup (GMO corn), artificial coloring and carbonated water with citric acid and caramel coloring;
>
> - the mayo in the burger and atop the fries is made from egg whites emulsified with GMO produced soybean oil. But it's not just any old egg whites....it comes from factory farmed, battery-caged hens with their beaks burned off, confined for life and fed a diet solely made of GMO soy feed, never even allowed direct exposure to the sun, so as to maximize the production of nutritionally inferior eggs;
>
> - the hot dog is most likely full of filler material, usually corn-based derivatives like dextrose, maltodextrin, ...perhaps some "textured vegetable protein," and almost certain to have Monosodium Glutamate added to it.
>
> - Same goes for the meat in the burger. MSG is the ultimate meat additive that promotes taste bud addiction. Both the meat in the hot dog and the burger also come from CAFO operations and may contain meat sourced from literally hundreds of different cows, slaughtered, processed and blended at a central processing facility where it is exposed to e coli, salmonella and other virulent bacteria.

These are all the facts about such FEED. I can't unlearn all that I've learned in studying up on the source of the substances I consume to nourish my body. This is how I SEE food choices offered me at any given moment.

Thanks....but no thanks. I'd rather "Intermittent Fast" and wait until I can get to some real FOOD.

I don't eat FEED.

It's been 4 years since I last ate a so-called "value meal" like the one pictured above. I distinctly remember that it simply did not taste good to me at all anymore. The meat tasted corrupt. The rancid vegetable oils and the mayo-sauce tasted vile. And the soda? I can't believe I used to drink that shit on a daily basis for years and years of my life.



Once you see these things, and you recognize that the FEED of corporate Agriculture is literal poison, it's hard to resist becoming the blowhard preacher again, when you see your loved ones *poisoning themselves* - often times gratuitously and with great gusto.

It's even more difficult when you serve as a living manifestation of the difference in health and well being avoiding such poisons has. It's now been over 5 years ago since I studied up on the topic of food vs. feed and changed my eating habits, and "devolved" from the last stage in the above picture to resembling the fit, healthy and vibrant man walking behind the shambling Wal Martian with a big cup of liquid corn sugar in his hand.

Many refuse to believe their lying eyes when I tell them how I eat. The blue pill of mainstream conventional wisdom is a powerful drug.

"All that red meat and saturated fat? You're gonna die of a heart attack or colon cancer! And what about all the vitamins and nutrients found in the heart-healthy whole grains?!?!?! You think white rice is better for you than brown rice?!?!? WTF? What do you mean you regularly deep fry your food in coconut oil? Bacon, every day? Butter and salt on all your vegetables?!?!"

Dear incredulous, fat and sickly person....yes, it's all true. I really do eat like that. Every single day. For years on end now. Do I look fat and sickly to you? You just told me I look better than ever...that I look like I'm about to turn 30 instead of 40....you think it's just "good genes?" Don't you remember when I had a double chin and a big beer belly and perpetual dark circles under my eyes?

I remember. I see and feel the difference every single day.

Once you see the truth, there's no going back. I am not on a "diet." I simply eat real food. The difference is, I have the knowledge and truth that enable me to discern the difference between real food and FEED.

Sometimes I may in fact indulge in junk foods for some reason or another. Even in those instances, I'll do my best to avoid the worst of the modern industrialized feed products. If I feel like the occasion calls for dessert, I'll get some natural ice cream made with real sugar or dark chocolate truffles or I'll eat some pie (but not the crust - most usually made with hydrogenated oils). When I do so, I get incredulous looks from those who know how strict I normally am with my food choices. I smile and say "the taste of this treat is certainly worth the rare indulgence! I'm going to enjoy every bite of this."

And I do. Sugar is one helluva drug. It's the addiction and daily consumption of it that will kill you.

In all this time, I've come to realize something else when it concerns eating food. It's not just the ingredients that I'm vigilant about.

I've also become really conscious of the habitual behaviors and social rituals around food.

Where I once considered cooking a laborious and time consuming chore (hence the rationalization for eating fast food 5 or more times a week), I now take great pride in procuring fresh, pure and natural ingredients, and taking great care to cook meals with said ingredients.

I despise the culture of the microwave.

Wrapped in plastic and nuked, destroying the texture and full flavors of the ingredients.

I loathe the mentality behind driving and eating.

Or doing anything else BUT savoring well made food at a sit down meal.

I hate eating off of paper plates, paper napkins, styrofoam cups and bowls, and with plastic utensils. I strive to make every meal I eat, a REAL MEAL, made with real food, eaten at table with real silverware and porcelain and glass flatware, with good company to commiserate and savor the meal with. It is one of the finest pleasures in this life.

Life is too short to waste it on fast meals eaten simply because you're trying to maintain your unstable blood sugar because you're eating FEED for the majority of your waking life.

Thanks to not being on the blood glucose roller coaster of inconsistent energy crashes, I can regularly "fast" for hours on end.

No, I don't need to slam this junk food, or snacks or candy down, because I'm starving. I can wait til I get home or some real food is available.

"No thanks, I'll pass on the complimentary airline meal on this 10 hour flight. I'll just have a scotch on the rocks, thanks!"

No problem.

One final note: along with the outsourcing of feed to Big Agrictulture corporations and their feed products, I've seen a generalized loss of cooking skills and knowledge.

When I was a child, 'potluck' meant everyone COOKED or PREPARED food to bring to the event.

Nowadays, every potluck I go to is literally 80-90% take out and/or fast food. I've been to several for which the ONLY home cooked dish, was the one I brought.

That sucks.

People used to take great pride in preparing a dish to be shared amongst a group gathering. Such a dish could serve as an interesting topic of conversation, and recognition of the artistry and cleverness of the cook. People would regularly invite well known cooks to such events with specific requests "Please bring your Beef Stew! Or your Chili!" Husbands would take pride in bragging about their wife's specialty dish that has everyone raving. People would beg for recipes and cooking tips. Real food, made by hand and from the hearth of a home...it's one of the best parts of belonging to a group or organization that does have regular pot luck festivities.

Not anymore.

For the past several years, I've gone out of my way to always hand prepare a real dish for any potlucks I'm invited to. And when I attend, I will usually only eat the food that I made, and any other food that someone else made from scratch. Even if I know the food may have the kind of ingredients I recognized as "poisonous," I actively encourage everyone to COOK A REAL DISH rather than bring take out. As I'm the guy who's now become well known for these exhortations, I put my dietary discipline aside to support the continuation of the lost art of cooking AT HOME.

I don't eat pasta. But if I'm at a potluck and someone brought some home made lasagna, I'll have a piece, and I'll profusely praise the cook. Amongst my peer groups and acquaintances, I seek to inspire a revival in the traditional practice of the potluck. For this higher goal, I gladly put aside my usual strict dietary discipline.

Good food and good cooking, shared amongst family and good friends. These things are essential to living a good life.

Once you realize the truth of this, there's no going back.

The Last Ride

Keoni Galt · 3 January 2013 · Archived copy · Original

[image]

"Everything that starts has an end. For me, today, I told my team that this will be my last ride."

The NFL Baltimore Ravens Linebacker, Ray Lewis, announced he plans on retiring at the end of the season today. After telling his teammates, coaches and organization, he held a press conference at the Raven's facilities to talk about his decision and why he made it. Here are some choice excerpts from that conference today...excerpts that will quickly become obvious why I think they make for a great blog posting in this fringe sector of teh interewebz.... you can see the video of the press conference here.

"Everything that starts has an end. It's just life."

When Lewis suffered a triceps injury against the Dallas Cowboys on Oct. 14, doctors told him it would be season-ending. That meant perhaps career-ending considering Lewis is 37 years old.

Lewis immediately called Ravens General Manager Ozzie Newsome.

"I'm not going out like this. I'm not walking out on my boys like that," he told him.

So Lewis was put on the injured reserve – designated to return list. And from that point on, he underwent intense rehabilitation just to have a chance to step back on the field and play with his teammates again.

Lewis called it the craziest 12 weeks of training in his life.

"Pain was really the last thing that was on my mind," he said. **"I just thought about getting through it."**

[image]
But the injury also made Lewis further realize something else.

It crystalized the importance of being a father first.

During his time at home rehabilitating, Lewis got a chance to watch his oldest son, Ray Lewis III, play football during his senior year at Lake Mary Prep in Florida, and his younger son go through his freshman year.

Lewis was there for the entire 11-1 season.

He would fly back from rehabilitation to meet his son every weekend.

For that reason, he called his injury "bittersweet."

Had he not been injured, Lewis would have missed his son's season.

"I could never say I would do it any differently because of what I had the opportunity to do, and that's to see my babies go out," Lewis said.

The decision to prioritize family hits home with Lewis, who didn't have a father throughout his childhood. His father wasn't there the day Lewis was born, and the linebacker spent much of his youth angry with him and trying to erase him from his life.

"Me being who I am and not having a father myself, that damaged me a lot," Lewis said. **"I didn't want my kids to relive that."**

"My children have made the ultimate sacrifice for their father for 17 years. I don't want to see them do that no more. I've done what I wanted to do in this business, and now it's my turn to give them something back."

"I knew I couldn't split my time anymore. When God calls, he calls. And he's calling. More importantly, he calls me to be a father. It's OK to be Daddy. Yes, this chapter is closing, but the chapter that's opening is overwhelming. That's what excites me the most."

Lewis made a promise to Ray Lewis III that he would be there for him if he got a full scholarship to play football. Last March, Lewis III accepted a full ride to the University of Miami – just like his father – with his dad sitting in the room when he signed the papers.

Now Lewis intends to keep that promise.

Technocratic Conditioning by Electronic Leash

Keoni Galt · 8 January 2013 · Archived copy · Original

[image]
ALL YOUR BASE ARE BELONG TO US

Dispatch from the Palm-Zombie Apocalypse

> Everywhere I look outside my home I see people busy on their high tech devices, while driving, while walking, while shopping, while in groups of friends, while in restaurants, while waiting in doctor offices and hospitals, while sitting in toilets – everywhere. While connected electronically, they are inattentive to and disconnected in physical reality.

Pavlov conditioned his dogs to respond unconsciously to his stimulus.

Jobs, Gates, Zuckerberg et al, have taken Pavlov's experiment with canines, and applied the bell conditioning principle to mass marketed and mass produced, hand-held technological gadgetry, plugging humanity perpetually into teh interwebz.

Devious geniuses, these technocratic slavers.

They are the transumanist Borg that have assimilated WeTheSheeple into the Great Virtual Disconnection.

> Researchers from the University of Glasgow found that half of the study participants reported checking their email once an hour, while some individuals check up to 30 to 40 times an hour. An AOL study revealed that 59 percent of PDA users check every single time an email arrives and 83 percent check email every day on vacation."
>
> A 2010 survey found that 61 percent of Americans (even higher among young people) say they are addicted to the Internet. Another survey reported that "addicted" was the word most commonly used by people to describe their relationship to technology. One study found that people had a harder time resisting the allure of social media than they did for sex, sleep, cigarettes, and alcohol.
>
> A recent study by the Pew Research Center's Internet and American Life Project found that 44 percent of cellphone owners had slept with their phone next to their bed. Worse, 67 percent had experienced "phantom rings," checking their phone even when it was not ringing or vibrating.

Take a moment and pause in the mad rush of hectic life as techno-gadget junky debt serfs in our Brave New World Order, and put down the iPad, turn off the iPhone, quit retweeing your tmblr pics and log off DeFacedBook. Take a moment of uninterrupted, electronic free contemplation, and really think about this:

Have you recently experienced "phantom rings?"

In other words, **when the bell rings, do you drool?**

> I see people as trapped in a pathological relationship with time-sucking technology, where they serve technology more than technology serves them. I call this technology servitude. Richard Fernandez, an executive coach at Google acknowledged that “we can be swept away by our technologies.” Welcome to virtual living. To break the grand digital delusion people must consider how lives long ago could be terrific without all the technology regalia pushed today.
>
> What is a healthy use of technology devices? That is the crucial question. Who is really in charge of my life? That is what people need to ask themselves if they are to have any chance of breaking up delusions about their use of technology. When they can live happily without using so much technology for a day or a week, then they can regain control and personal freedom and become the master of technology. Discover what there is to enjoy in life that is free of technology.

I can understand passing the time on your Mobile Affirmation Device, surfing teh interwebz while your doing things like standing in line for half of the day at the DMV or stuck riding on public transport with no companion to converse with...

...but how about in the middle of a concert, a play or movie at the cinema? A wedding...or funeral...during the ceremony or service? Or how about in the midst of a gathering or party of close family and friends? At the extended family, Christmas dinner table?Or mid-sentence in a personal, face-to-face conversation of some important matter?

> As to globalization of technology servitude: Is this worldwide progress what is best for humanity? Is downloaded global dehumanization being sucked up?

Technology is supposed to enhance our lives...not take it over.

More importantly, realize we are being infiltrated, recorded, data warehoused, tagged, flagged and surveilled like no other society in human history. The technocratic tyranny is here, and the hand held gadgetry is one of their most effective tools in achieving their colonization of our mind, body and spirit.. Think about whether or not you use technology more than it uses you.

I can honestly say that as much as I fight it and rail against it, I'm an addict like anyone else. I recently attended a funeral, and found myself checking my pocket for the phantom vibrations of my phone in silent mode, despite deliberately leaving it in the car to avoid the potential distractions during a serious and personally grievous occasion. In the midst of mourning, the conditioned response reminds me I've taken off the electronic leash, and am mentally agitated by it. And I don't even have a "smart" phone.

All our base are belong to them.

Oh Say, Can You See?

Keoni Galt · 15 January 2013 · Archived copy · Original

[image]

Unplug from the matrix. Take the red pill. Climb out of Plato's cave.

All great allegories in the quest for understanding the world we inhabit, and grist for the MAndrosphere mill.

But I was recently reminded of an old movie that I like even more. As Dalrock recently noted:

"*This may be why I prefer the They Live! glasses metaphor to the matrix red pill one. Even prior to coming to the manosphere much of this was visible to me and yet the people next to me simply couldn't see it.*"

"They Live!" sounded vaguely familiar. Anonymous Reader than posted the vid of the 5 minute+ brawl. It started coming back to me. Then I consulted the great Googoliath. Ooooh yeah....THAT movie!

Back when I first saw it while I was attending my local Institute of Brave New World Order Indoctrination and Operant Conditioning, I 'couldn't see it' either.

Oh, but I do see it now.

I'm thinking my current view of the world was in part shaped by the images and theme John Carpenter put into the "kickass sci fi horror flick with Rowdy Roddy Piper!" my buddies and I went to go see on a school night at the local cinema. Predictive programming from 1988.

Before recalling this movie thanks to Dalrock's comment, I already had this "sunglasses of truth" view of the world in my mind's eye.

It's certainly relevant to the perspective I tried to describe in explaining how I view a typical Fast Food Value Meal. Most see it as food. Junk food...but food nonetheless.



All I see is FEED.

Every time I drive thru town and see all the Fast Food outlet signs, I see festering neon distractions, advertising their gross national product: BIG AG SHEEPLE FEED.



Most Popular FEED brands

When I turn my gaze to the line of cars waiting to que up to the menu board of the drive thru to order their feed, I see members of the sheeple herd, hungrily waiting for their turn at the Global Feedlot's trough.

Dalrock is right...this movie is a far better allegory to our current reality than Teh Matrix. Hell, it's not even an allegory, it's exposing the bare truth of our 21st Century existence as serfs and indentured servants to the Fiat Usury Cartel Inc.

One of Googoliath's search results was this political commentary written in 2008, just prior to the election of Obama's first term:

> They reveal a world hidden beneath the visible reality. Billboards advertising exotic vacation destinations are exposed as subterfuge for Orwellian slogans: *Obey. Conform. Consume. Marry and Reproduce. No Independent Thought.* Paper currency bears the slogan, “This is Your God.” But most terrifying of all, members of the upper class, with their coiffed hairstyles and $1,000.00 suits, are revealed to be horrible, bug-eyed aliens. These aliens have infiltrated law enforcement and the highest tiers of government.

So far, so good. These was the hidden messages John Carpenter showed us the mass media programming in the emerging Brave New World Order of the 20th century. The mechanism is still in place, and many of the same messages are still being transmitted, some have been updated for the 21st Century PROGRAMMING.

Marry and Reproduce has been replaced with *Divorce and Abort* and *Safe Sex*.

Put on your glasses, than look around at all the mass media narratives that saturate our environment, on our LCD flat Screen Tell-A-Visions, on our Mobile Affirmation Devices, on billboards, magazines, newspapers, advertisements, flyers, posters, T-shirts and broadcast over the airwaves.

SEX. Think Green. Change. World Peace. SEX. Overpopulation. The Environment. God is Dead. SEX. Democracy. Vote. Diversity. Borrow Money. Spend. Support the Troops. SEX. War on Terror. Equality. Alternative Energy. Don't Smoke. SEX. Recycle. Get Your Flu Shots. See Something, Say Something. Freedom isn't Free. SEX.

[image]

If you've put on the sunglasses, you'll see it too. Those are all the messages from both the left and the right of our so-called Two-party Participatory Democracy...which would be better described as Divide and Conquer Theater.

Too bad the movie reviewer took off the sunglasses when he watched the campaign imagery of Obama on teh Tell-A-Vision...

> Despite my wordy punditry, my purpose here is merely to suggest that everyone forget about watching the election eve news coverage. Tuesday, after you vote, go out and rent *They Live*. If you're an Obama supporter, you'll have a great time. If you're a McCain supporter... Well, it's still a great movie.

sigh

This guy could put on the sunglasses and see the aliens standing beneath the sign of the Pachyderm, but he never bothered to look over at the alien doppleganger under the sign of the Jackass.

The second guy on the comment thread of the Obama voter's review made a prescient quip:

> Watch *They Live!* after four years of Obama and I think you'll have an even greater appreciation of this fine film.

Yup. If McCain would have won, the greater appreciation of the fine film would be just the same. THEY have taken over both political parties, voting for one or the other is just voting for your preferred flavor of enslavement.

THEY have infiltrated, subverted and subjugated We the People, and have turned us into WE teh Sheeple.



THEY have their subliminal messages and symbology infused into nearly every message, icon, sign, commercial, "public service announcement," ad copy, newspaper and magazine covers, bill boards, and TV and radio broadcasts. John Carpenter warned us over 2 decades ago.

[image]

> *"They have created a repressive society, and we are their unwitting accomplices. Their intention to rule rests with the annihilation of consciousness. We have been lulled into a trance. They have made us indifferent to ourselves, to others. We are focused only on our own gain. Please understand. They are safe as long as they are not*

> *discovered. That is their primary method of survival. Keep us asleep, keep us selfish, keep us sedated."*

THEY seek to destroy our homes and our relationships. THEY seek to cause dysfunction amongst Husbands and Wives, Parents and Children, Siblings and Neighbors. THEY want the masses unhappy, discontented and devoid of higher purpose, so that we seek to fill that unhappy emptiness in the false pursuit of materialistic consumerism, so that we sell our selves into slavery to buy what THEY are selling.

[image]

THEY appear on our Tell-A-Vision screens for our REGULARLY SCHEDULED PROGRAMMING.

[image]
"I'm here to kick ass and chew bubble gum ... and I'm all out of bubble gum".

They Live. Most of us are still asleep...but thanks to teh interwebz, many are starting to wake up.

[image]

> "The venom of snakes is under their lips. Their mouths are full of bitterness and curses. And in their paths, nothing but ruin and misery. And the fear of God is not before their eyes! They have taken the hearts and minds of our leaders. They have recruited the rich and powerful, and they have blinded us to the truth! And our human spirit is corrupted. Why do we worship greed? Because outside the limit of our sight, feeding off us, perched on top of us from birth to death are our owners. Our owners -- they have us. They control us. **They are our masters. Wake up. They're all about you, all around you!".**



Debt Slavery Inc.

Keoni Galt · 22 January 2013 · Archived copy · Original



Gone our the days of outright, in your face, open and unashamed slavery. We no longer live in a society where humans are bought and sold like cattle at open markets. We no longer live with the spectacle of an overlord freely and openly punishing and killing their slaves with physical brutality.

In the USSA Inc., we have the 13th amendment.

*"Neither slavery nor **involuntary servitude**, except as a punishment for crime whereof the party shall have been duly convicted, shall exist within the United States, or any place subject to their jurisdiction. Congress shall have power to enforce this article by appropriate legislation."*

THEY have taken note of J.W. von Geothe's observation on the institution of slavery and adjusted their strategies.

"None are more hopelessly enslaved than those who falsely believe they are free."

The current form of slavery we all get to enjoy in today's Brave New World Order, is **Voluntary Servitude**. As Benjamin Franklin once noted: *"If you are in debt, you are a slave to that debt."*

I good analogy for understanding this system would be to visualize a 3 tiered pyramid. THEY, our 21st century Overlords, reside at the top of the structure.



THEY are the Bankers.

The Owners of the Federal Reserve System.

Banksters, all identified by the following designation: TOO BIG TO FAIL.

The next two tiers are composed of two different forms of slavery. The Usury Serfs aka the working class, and the larger base of this infernal pyramid, the Dependency Herds.

If, at the end of the fiscal tax year, if you file your returns and receive a refund that is equal to or greater than the income tax with held from your pay throughout the year than you have avoided the Usury Enslavement System run by the IRS for that year. But as a worker making income in the private sector, you're probably still enslaved in some other shape or form...namely by having a mortgage, business loan, student loan, auto loans, outstanding credit card debt etc.

If you avoided the enslavement of the IRS Usury Enslavement, THEY still most likely own a pound of your flesh via the Federal Reserve Fiat-Usury Cartel.

The members of this cartel are easily recognized. ANY Bank or credit union, both National and local, that has the FDIC assurance posted on it's premises is a cartel member.

[image]

This is the ultimate truth of our banking system in the USSA Inc. All these cartel members have the power to create debt on the books (aka fiat currency + fractional reserve banking) to profit off of the usury of 21st century serfdom.

This is the genius of the top tier of the pyramid system. If they don't get their pound of flesh from we the sheeple via the IRS tax collection, they still have us working to pay off the usurious interest to their cartel members.

And just who owns the Federal Reserve System? Corporate mass media, mainstream economists and Academia would have us believe the Fed is a "quasi-Governmental" agency. Nope. The Federal Reserve is a private, Zero Liability Corporation (another way to describe "Too Big to Fail").

It's stock is owned by the member banks...the Fiat-Usury Cartel we call "teh Banking System."

They admit as much at the Fed's own website:

> *The twelve regional Federal Reserve Banks, which were established by Congress as the operating arms of the nation's central banking system, are organized much like private corporations--possibly leading to some confusion about "ownership." For example, the Reserve Banks issue shares of stock to member banks. However, owning Reserve Bank stock is quite different from owning stock in a private company.*

It may be "different" than owning stock in a private company, nevertheless the truth is right there for all to see.

Member banks own the stocks of the Federal Reserve System. Any Bank with that FDIC sign displayed on the establishment is in fact a stock owner.

Note the re-frame of the Federal Reserve's website description of who owns this evil institution. The question is "WHO OWNS THE FEDERAL RESERVE BANKS" not "Is the ownership stock of the Federal Reserve different from regular private company stock?"

> *The Reserve Banks are not operated for profit, and ownership of a certain amount of stock is, by law, a condition of membership in the System. The stock may not be sold, traded, or pledged as security for a loan; dividends are, by law, 6 percent per year.*

Whatever qualifiers or restrictions THEY claim make Federal Reserve stock "different" matters not. The member banks don't care about making profit off of the stock. No, this stock is simply a certificate of membership into their exclusive cartel. Mere profits from stock ownership is not the game THEY are playing here.

The cartel member is then empowered to "create" debt to loan out to anyone who volunteers to sign up for their Usury enslavement scheme.

Many folks are under the impression that our current system is one of socialist redistribution of tax money. Not so. Everyone knows the Federal Government has been running on a budget deficit for years.

Every single thing the Federal Government has decided to fund since the Federal Reserve was instituted, has been paid for by the Fiat Debt-Usury Creation system. The Fed "sells" T-bills and other "monetary instruments" on the international market of Central Bank owned Governments to "create" the cash it then supplies the Government to run all of it's programs, organizations and bureaucracies.

Every single dollar created this way bears interest owed to the Federal Reserve System and the Central Banks around the globe that hold the T-bills for future redemption.

Put simply, we owe the Bankers interest on the "money" they create to pay for everything the Federal Government funds in it's annual budget, you know, the annual budget that is nearly always in the red.

Think of it like this. Our entire society is set up like a household, in which we have $100,000 a year income, but we spend 1,000,000 a year via credit cards and loans to maintain the lifestyle we've become accustomed to.

What else do you call a system in which you can never pay off your debts, you can only borrow more and more to keep running your household, forever paying off "servicing this debt?"

This is hidden slavery at it's finest. Goethe was right. The average person paying interest to Fiat Usury Cartel members and/or paying taxes to the IRS, is a Debt Slave.

Anyone who pays taxes, is paying them to service the debt to the Federal Reserve System. Thus, we are enslaved to the Bankers...but see, we have a "democracy" and we all vote for representation. Therefore this future debt enslavement is VOLUNTARY.

Aren't you glad the 13th amendment outlawed *involuntary* servitude?

Oh wait....don't tell that to a divorced parent forced to pay child support after a no fault divorce...but I digress.

It's important remember another thing about this system: the taxes you as a Usury Serf pay, are not simply transferred to the entitlements paid out to the dependent class. How can that be when every single year the Government spends far more to fund everything way above and beyond what it collects from the Usury Serfs in taxation?

In other words, the Federal Reserve SELLS the promise of the future work and production of we the sheeple, the Usury Serfs of USSA Inc. It sells the future production of the Usury Serf class to China and other country's Central Banks who buy US T-Bills, as well as the T-bills the Fed itself holds.

The sheeple in the Dependent Herds have numerous brands on them to identify which entitlement program THEY at the top of the Pyramid use to administer their dependence.

Here are a few of the brands they have burned into them so you can identify the type of sheeple inhabiting your proximity in the 21st century Goblal Feedlot:

WIC EBT SS AARP DOE DOA TSA INS USA UAF UNS UMC BATF FBI CIA IRS USDA



In other words, any person who is dependent on receiving entitlement benefits, or has a job with a salary and benefits, or who exists by grants or some other form of Federal Government spending program, all belong to the Dependent Herds.*

In this sense, all of the Departments (Agriculture, Education, Homeland Security etc.) at the Federal level that are filled with bureaucrats, lobbyists & appointees, so-called "Czars," their staff, etc.; and yes all members of every branch of the military services.

All of these people get their money to sustain their lifestyles that they become accustomed to from the same source as the single mother head of household on the WIC and EBT programs - the institutions at the top of the pyramid. And as previously noted, that money is created as the promises of payment on future production of the Usury Serf class.

Oh, and let us not forget that when it comes to disbursing some of these entitlement programs, the Federal Government also pays the Banksters to administer the infrastructure and network for the EBT program.

As the debt ceiling keeps getting raised and raised every year by the Donkeys and Pachyderms in Congress with the rubber stamp of the Executive Branch, the Usury Serf class gets squeezed harder and harder to service the interest on the debts created to fund the Government and it's entitlement programs.

We are approaching an economic death spiral, which will likely end in the complete destruction of the Usury serf class - aka "the Great American Middle Class."

Hello my fellow debt slave in our Brave New World Order.

Shall we get back to work now? After all, we have all this debt that needs servicing!

Have A Cigar

Keoni Galt · 26 January 2013 · Archived copy · Original



Welcome to the Machine

As I've unplugged from the mainstream mass media years ago, I now find myself only hearing about the latest current events from the commentary and amateur reporting of the pajama's brigade on the fringes of teh Interwebz.

For instance, I didn't watch a single second of news footage about the Sandy Hook false flag even - not even YouTube vids.

I didn't listen to a single Clear Channel or NPR pundit's take on the matter, nor did I read a single mainstream mass media publications "reportage" either. Not any magazines, nor any newspaper, nor their affiliated websites.

I already know what the story was about as soon as I saw the blogosphere's reaction to the mass media narrative and account of the event.

THEY are coming for teh gunz of WeTheSheeple.

Likewise, after I logged on to Dalrock's this morning to indulge my daily readings with my coffee, I now see The US war machine has decided that teh Womynz can now have equal opportunity to participate in combat operations in war zones, just like teh Menz.

I also see Mr. Price's first reaction to this is to call for equality in Selective Service Registration. Excellent rhetoric for metaphorically hanging of the feminist by their own petard. And of course, the commentary all throughout the MAndrosphere is either concerned with shadenfraude - "*Let the bitches find out what we men have always known: WAR IS HELL*!"; or with the idea that the only reason we did not have women forced by law to register with SS, was due to the former prohibition of women in combat. Now that this no longer applies, it's time to sign up all teh Gurlz for the draft, too!

I say the answer for SS "selective service" is the same one we need for SS "socialist security" - end it, don't mend it!

But I digress.

The most amusing reactions to me, come from the folks who express shock and outrage at the new policy, and the effect it will have on the combat effectiveness of our troops. Especially the military and former military members reacting to this news. The frame seems to be the following: That the Military Brass is simply STOOOPID and naive at worst, or simply gummed up by all the red tape of an immense, bureaucratcic organization at best.

"Don't they realize they are screwing up the US military's chance at VICTORY!?!?!?"

Meh.. It's the exact same play from the social engineer's playbook they've been using on Marriage.

Don't you know that allowing teh Gayz to marry would DESTROY this sacred institution? Pay no attention to how Divorce and Family Courts have already destroyed Heteroz marriage...it's all about teh Gayz!!!!

Make no mistake about it. The politicians of our "civilian controlled military" are not corrupting the military solely for the sake of the feminist movement.

That is not the name of this game.

[image]
"Let me tell you the name of the game boy...they call it riding the gravy train!"

We must remember that ever since 2+3=911 day (2 Jets + 3 Towers = NWO), the military industrial complex has been on permanent expansion mode.

Not only is War Big Business, it is THE BIGGEST Big Business in the world.

We are not stationed and fighting all over the globe to "WIN" any war, let alone a War on an Adjective.

We are not fighting to win. We are fighting **to keep the gravy train rolling**...and it's one hell of a giant gravy train. To WIN brings this lucrative gravy train to a halt.

That is the last thing those giving the orders to the guy in the conductor's booth of the Gravy Train want.

This is why so many things are done to stifle, hamper and hinder the supposedly stated mission of our "global force for good!" While Dalrock is certainly correct in his assessment of feminist and elite motives for emasculating the military to socially engineer the culture and society at large, most people fail to ask the right questions as they rage at the supposed madness and insanity of a war machine hampering itself with such social engineering lunacy.

That is because most are still operating under the mistaken assumption that the military is fighting to win the war and "defend the nation."

THEY learned the lessons of Vietnam well.

Vietnam was just a dry run to refine the techniques for leveraging deliberately instigated military quagmires to realize economies of scale and perpetually expand the mass market for industrial war manufacturing.

THEY have now expanded it's application to "hot spots" all over the Globe.

$$$$ Chaaa-ching!! $$$$

[image]
In the fields the bodies burning, as the war machine keeps turning...

REMEMBER: If there's a ribbon campaign for it, rest assured THEY are profiting from it in any and every which way possible.

[image]

Sensitivity Training

Keoni Galt · 5 February 2013 · Archived copy · Original

[image]

I've been an NFL fan for over 2 decades. I used to watch all the NFL programs on cable Tell-A-Vision, and read all the print media publications, websites and was also an active participant on several fan forums every single day. After all this time, I've become burned out on the soap opera and cult of personality aspects that go along with the media coverage.

The worst of it has to be the media days just prior to the Superbowl. There's always some dumbass reporter looking to find a sensational headline or start some attention grabbing publicity stunt. These hacks are Brave New World Order Thoughtcrime entrapment agents.

One of these agents asked San Francisco 49er Defensive Back Chris Culliver if he thought their might be any of teh Gayz on the team.

[image]

"No, we don't got no gay people on the team, they gotta get up out of here if they do. Can't be with that sweet stuff."

Apparently Culliver was ignorant of the current, ongoing 21st century inquisition to root out thoughtcrime.

He found out soon enough.

> Chris Culliver, the San Francisco 49ers cornerback who made headlines with anti-gay remarks, will take sensitivity training and education classes after the Super Bowl. Culliver will eventually become a volunteer with the Trevor Project, which provides crisis and suicide intervention for lesbian, gay, bisexual and transgender youth.

> “He's so passionate about youth and people being comfortable with who they are and accepted by all,” Culliver's public relations representative, Theodore Palmer, told the Associated Press. “He's excited to learn. The plan is with the Trevor Project, and **their concerns are that he is genuine about his words.**”

Shades of 1984...

[image]

> *"Shall I tell you why we have brought you here? To cure you! To make you sane! Will you understand, Winston, that no one whom we bring to this place ever leaves our hands uncured? We are not interested in those stupid crimes that you have committed. The Party is not interested in the overt act:* ***the thought is all we care about. We do not merely destroy our enemies; we change them.*** *Do you understand what I mean by that?"*

I imagine Chris Culliver is about to find that out.

Knock 'Em Dead Kid

Keoni Galt · 10 February 2013 · Archived copy · Original

[image]

One of the first heavy metal albums I got my hands on as a kid was Motley Crue's album, *Shout at the Devil*, released in 1983. That album was the first and last heavy metal album from the band, as all subsequent records they've put out since then were glam/stripper-soundtrack, hair metal, cock rock.

Shout however, was a metal masterpiece.

One of my favorite songs on that record was Knock 'em Dead Kid.

On the inside of the album sleeve, it noted that the song was dedicated to the LAPD.

> In the heat of the night,
> You went and blackened my eyes
> Well now I'm back...I'm back...I'm back,
> and I'm coming your way
> Well now I'm supercharged,
> might just explode in your face
> I'm back...I'm back...I'm back,
> and I'm primed for hate

> Knock 'em dead, kid (knock 'em dead)

> A star-spangled fight,
> heard a steel-belted scream
> Now I'm black...I'm black...I'm black,
> another sidewalks bloody dream
> I heard the sirens whine
> My blood turned to freeze
> You'll see the red in my eyes,
> as you take my disease
>
> Knock 'em dead, kid (knock 'em dead)

30 years later, in a similar vein, we have another dedication to the LAPD.

I was eating at a restaurant yesterday. This restaurant had a TV up on the wall, playing the CBS news coverage of rogue ex-cop gone killer, Chris Dorner. Of course, whenever I view any kind of Tell-A-Vision news reports, I got my THEY LIVE glasses on and can immediately read between the lines of whatever lies the talking heads on the screen are spewing.

As the anchor reported that Dorner had been fired in 2009 for falsifying a police report. The entire media report framed the story as a case of Dorner being the corrupt cop now gone bad and seeking revenge for being justifiably fired.

Without knowing a single thing about this case, I turned and told my wife "You watch, this guy got framed and railroaded by the corrupt LAPD and is now doing this killing spree out of revenge."

So I find Dorner's manifesto on line...lo and behold, that looks like that's exactly what happened.

The rest of this post will be excerpts from the extensive manifesto, to clarify the rationale and motives for Dorner's guerilla war against the LAPD. There are a lot of other things included in his manifesto, including references to famous celebrities and his support of gun control and support for the Obama administration. A large section of it reads like a suicide note. He's obviously not expecting to survive this war.

But his indictments of the LAPD's treatment of him as a whistle blower, and of their treatment of the public at large are revealing and thought provoking.

> In 8/07 I reported an officer (Ofcr. Teresa Evans/now a Sergeant), for kicking a suspect (excessive force) during a Use of Force while I was assigned as a patrol officer at LAPD's Harbor Division. While cuffing the suspect, (Christopher Gettler), Evans kicked the suspect twice in the chest and once in the face. The kick to the face left a visible injury on the left cheek below the eye. Unfortunately after reporting it to supervisors and investigated by PSB (internal affairs investigator Det. Villanueva/Gallegos), nothing was done. I had broken their supposed "Blue Line". Unfortunately, It's not JUST US, it's JUSTICE!!!

When Dorner filed a report against a fellow LAPD officer, he had a Board of Review commissioned to review the case. Two of the three LAPD admin presiding over the review were personal friends with the officer he had filed the complaint against.

> During this BOR hearing a video was played for the BOR panel where Christopher Gettler stated that he was indeed kicked by Officer Evans (video sent to multiple news agencies). In addition to Christopher Gettler stating he was kicked, his father Richard Gettler, also stated that his son had stated he was kicked by an officer when he was arrested after being released from custody. This was all presented for the department at the BOR hearing. They still found me guilty and terminated me.
>
> What they didn't mention was that the BOR panel made up of Capt. Phil Tingirides, Capt. Justin Eisenberg, and City Attorney Martella had a signigicant problem from the time the board was assembled. Capt. Phil Tingirides was a personal friend of Teresa Evans from when he was her supervisor at Harbor station. That is a clear conflict of interest and I made my argument for his removal early and was denied. The advocate for the LAPD BOR was Sgt. Anderson. Anderson also had a conflict of interest as she was Evans friend and former partner from Harbor division where they both worked patrol together. I made my argument for her removal when I discovered her relation to Evans and it was denied.

Motley Crue released their song about LAPD brutality and corruption in 1983. It's only gotten worse in the 30 years since. As Dorner notes in his manifesto:

> From 2/05 to 1/09 I saw some of the most vile things humans can inflict on others as a police officer in Los Angeles. Unfortunately, it wasn't in the streets of LA. It was in the confounds of LAPD police stations and shops (cruisers). The enemy combatants in LA are not the citizens and suspects, it's the police officers.
>
> People who live in glass houses should not throw stones. How ironic that you utilize a fixed glass structure as your command HQ. You use as a luminous building to symbolize that you are transparent, have nothing to hide, or suppress when in essence, concealing, omitting, and obscuring is your forte.
>
> Chief Beck, this is when you need to have that come to Jesus talk with Sgt. Teresa Evans and everyone else who was involved in the conspiracy to have me terminated for doing the right thing. you also need to speak with her attorney, Rico, and his conversation with the BOR members and her confession of guilt in kicking Mr. Gettler. I'll be waiting for a PUBLIC response at a press conference. When the truth comes out, the killing stops.
>
> Why didn't you charge me with filing a false police report when I came forward stating that Evans kicked Mr. Christopher Gettler? You file criminal charges against every other officer who is accused and terminated for filing a false police report. **You didn't because you knew I was innocent and a criminal court would find me innocent and expose your department for suppressing the truth and retaliation, that's why.**

Like Ted Kaczynski, Joe Stack and other men before, Chris Dorner is another man who awakens to the realities of the corrupt nature of the system and loses it. A manifesto-publishing madman, full of righteous rage, determined to go out in a blaze of glory.

> This department has not changed from the Daryl Gates and Mark Fuhrman days. Those officers are still employed and have all promoted to Command staff and supervisory positions. **I will correct this error.** Are you aware that an officer (a rookie/probationer at the time) seen on the Rodney King videotape striking Mr. King multiple times with a baton on 3/3/91 is still employed by the LAPD and is now a Captain on the police department? Captain Rolando Solano is now the commanding officer of a LAPD police station (West LA division). As a commanding officer, he is now responsible for over 200 officers. Do you trust him to enforce department policy and investigate use of force investigations on arrestees by his officers? Are you aware Evans has since promoted to Sergeant after kicking Mr. Gettler in the face. Oh, you Violated a citizens civil rights? We will promote you. Same as LAPD did with the the officers from Metro involved in the May Day melee at MacArthur Park. They promoted them to Sergeant (a supervisor role).
>
> No one is saying you can't be prejudiced or a bigot. We are all human and hold prejudices. If you state that you don't have prejudices, your lying! But, when you act on it and victimize innocent citizens and fellow innocent officers, than that is a concern.
>
> For you officers who do the job in the name of JUSTICE, those of you who lost honest officers to this event, look at the name of those on the BOR and the investigating officers from PSB and Evans and ask them, how come you couldn't tell the truth? Why did you terminate an honest officer and cover for a dishonest officer who victimized a mentally ill citizen?
>
> Sometimes humans feel a need to prove they are the dominant race of a species and they inadvertently take kindness for weakness from another individual. You chose wrong.
> Terminating officers because they expose a culture of lying, racism (from the academy), and excessive use of force will immediately change. PSB can not police their own and that has been proven. The blue line will

> forever be severed and a cultural change will be implanted. You have awoken a sleeping giant.
>
> I am here to change and make policy. The culture of LAPD versus the community and honest/good officers needs to and will change. I am here to correct and calibrate your morale compasses to true north.

Dorner almost sounds like a noble vigilante here, doing what no one else dares to, nor capable of: reforming LAPD from it's corruption and commonly practiced brutality of the civilian populace it's supposedly commissioned to "protect and serve". Note the condemnation of the attitudes and actions of his former fellow officers he witnessed in his time on the force:

> Citizens/non-combatants, do not render medical aid to downed officers/enemy combatants. They would not do the same for you. They will let you bleed out just so they can brag to other officers that they had a 187 caper the other day and can't wait to accrue the overtime in future court subpoenas. As they always say, "that's the paramedics job...not mine". Let the balance of loss of life take place. Sometimes a reset needs to occur.
>
> It is endless the amount of times per week officers arrest an individual, label him a suspect-arrestee-defendant and then before arraignment or trial realize that he is innocent based on evidence. You know what they say when they realize an innocent man just had his life turned upside down?. "I guess he should have stayed at home that day he was discovered walking down the street and matching the suspects description. Oh well, he appeared to be a dirtbag anyways". Meanwhile the falsely accused is left to pick up his life, get a new, family, friends, and sense of self worth.
>
> Don't honor these fallen officers/dirtbags. When your family members die, they just see you as extra overtime at a crime scene and at a perimeter. Why would you value their lives when they clearly don't value yours or your family members lives? I've heard many officers who state they see dead victims as ATV's, Waverunners, RV's and new clothes for their kids.
>
> Why would you shed a tear for them when they in return crack a smile for your loss because of the impending extra money they will receive in their next paycheck for sitting at your loved ones crime scene of 6 hours because of the overtime they will accrue? They take photos of your loved ones recently deceased bodies with their cellphones and play a game of who has the most graphic dead body of the night with officers from other divisions. This isn't just the 20 something year old officers, this is the 50 year old officers with significant time on the job as well who participate.

Damn. One could **almost** cheer for the man. If he solely targeted the cops directly involved in his situation, he'd probably get a lot more sympathy nationwide. But he's gone after family members and basically declared open season on any LAPD officer he gets a chance at.

> I never had the opportunity to have a family of my own, I'm terminating yours. Quan, Anderson, Evans, and BOR members Look your wives/husbands and surviving children directly in the face and tell them the truth as to why your children are dead.

No wonder the LAPD are skittish and opening fire on trucks that only slightly resemble Dorner's truck. He's gone off the reservation and declared war on the entire LAPD and anyone associated with them.

> Those Caucasian officers who join South Bureau divisions (77th,SW,SE, an Harbor) with the sole intent to victimize minorities who are uneducated, and unaware of criminal law, civil law, and civil rights. You prefer the South bureau because a use of force/deadly force is likely and the individual you use UOF on will likely not report it. *You are a high value target.*

> Those Black officers in supervisory ranks and pay grades who stay in south bureau (even though you live in the valley or OC) for the sole intent of getting retribution toward subordinate caucasians officers for the pain and hostile work environment their elders inflicted on you as probationers (P-1's) and novice P-2's. You are a high value target. You perpetuated the cycle of racism in the department as well. You breed a new generation of bigoted caucasian officer when you belittle them and treat them unfairly.
>
> Those Hispanic officers who victimize their own ethnicity because they are new immigrants to this country and are unaware of their civil rights. You call them wetbacks to their face and demean them in front of fellow officers of different ethnicities so that you will receive some sort of acceptance from your colleagues. I'm not impressed. Most likely, your parents or grandparents were immigrants at one time, but you have forgotten that. *You are a high value target.*
> Those lesbian officers in supervising positions who go to work, day in day out, with the sole intent of attempting to prove your misandrist authority (not feminism) to degrade male officers. *You are a high value target.*
> Those Asian officers who stand by and observe everything I previously mentioned other officers participate in on a daily basis but you say nothing, stand for nothing and protect nothing. Why? Because of your usual saying, " I.....don't like conflict". *You are a high value target as well.*
> Those of you who "go along to get along" have no backbone and destroy the foundation of courage. You are the enablers of those who are guilty of misconduct. You are just as guilty as those who break the code of ethics and oath you swore.

Thus, Dorner declares open season on all who wear the uniform in Los Angeles. He claims his ultimate motive is to reclaim his name.

> A name is more than just a noun, verb, or adjective. It's your life, your legacy, your journey, sacrifices, and everything you've worked hard for every day of your life as and adolescent, young adult and adult. Don't let anybody tarnish it when you know you've live up to your own set of ethics and personal ethos...
>
> ...I'm not an aspiring rapper, I'm not a gang member, I'm not a dope dealer, I don't have multiple babies momma's. I am an American by choice, I am a son, I am a brother, I am a military service member, I am a man who has lost complete faith in the system, when the system betrayed, slandered, and libeled me. I lived a good life and though not a religious man I always stuck to my own personal code of ethics, ethos and always stuck to my shoreline and true North. I didn't need the US Navy to instill Honor, Courage, and Commitment in me but I thank them for re-enforcing it. It's in my DNA.
>
> Luckily I don't have to live everyday like most of you. Concerned if the misconduct you were apart of is going to be discovered. Looking over your shoulder, scurrying at every phone call from internal affairs or from the Captains office wondering if that is the day PSB comes after you for the suspects you struck when they were cuffed months/years ago or that $500 you pocketed from the narcotics dealer, or when the other guys on your watch beat a transient nearly to death and you never reported the UOF to the supervisor. No, I don't have that concern, I stood up for what was right but unfortunately have dealt with the reprecussions of doing the right thing and now losing my name and everything I ever stood for.

> You fuckers knew Evans was guilty of kicking (excessive force) Gettler and you did nothing but get rid of what you saw as the problem, the whistleblower. Gettler himself stated on video tape (provided for the BOR and in transcripts) he was kicked and even his father stated that his son said he was kicked by Evans when he was released from custody. The video was played for the entire BOR to hear. Tingirides, Eisenberg, and Martella all heard it.
>
> You're going to see what a whistleblower can do when you take everything from him **especially his NAME!!!**

He claims to be carrying out this urban guerilla war to GET HIS NAME BACK.

Just like the Unabomber, Dorner's got some excellent points and reasons for carrying out his actions. Problem is, by targeting innocents in retaliation, he's throwing his "name" away for all time and history.

No one is going to remember him as the whistleblower and would-be Robin Hood who tried to root out the corruption of the LAPD. He's just another psycho killer with a manifesto. Once he's dead (and I'd be willing to bet this guy will NOT be brought in alive, LAPD is shooting to kill on sight), the corrupt brutality of the LAPD will continue on with business as usual.

> Self Preservation is no longer important to me. I do not fear death as I died long ago on 1/2/09. I was told by my mother that sometimes bad things happen to good people. I refuse to accept that.
>
> From 2/05 to 1/09 I saw some of the most vile things humans can inflict on others as a police officer in Los Angeles. Unfortunately, it wasn't in the streets of LA. It was in the confounds of LAPD police stations and shops (cruisers). The enemy combatants in LA are not the citizens and suspects, it's the police officers...
>
> ...How do you know when a police officer is lying??? When he begins his sentence with, "based on my experience and training".
>
> No one grows up and wants to be a cop killer. It was against everything I've ever was. As a young police explorer I found my calling in life. But, As a young police officer I found that the violent suspects on the street are not the only people you have to watch.

He claims he's doing this for one reason and one reason only:

> The attacks will stop when the department states the truth about my innocence, PUBLICLY!!! I will not accept any type of currency/goods in exchange for the attacks to stop, nor do i want it. I want my name back, period. There is no negotiation.

Looks to me like that's just his rationalization hamster making excuses to justify what he's really after: revenge.

This post may sound like I'm sympathetic to Dorner. In part, I am. I've had my own upfront and personal experiences of tragic police force corruption here in Hawaii...on several occasions. I can only imagine how much worse it is in Los Angeles. But I don't approve of Dorner's actions, as murder is a worse crime than mere physical assualt. His actions makes him worse than the enemy he claims to be fighting, and he is now tarnishing his own

name far worse than what the LAPD brass did to it as a whistle blower.

Still...there is a part of me that hopes he partially succeeds in his declared goal to expose LAPD corruption for all to see.

Rooshv forum commenter Scorpion. states exactly how i feel with the following post:

> I don't think many people are actually condoning the fact that this guy killed innocent people.
>
> They're just glad that somebody is taking a violent stand against the police/government and are living vicariously through him.
>
> Our government is so fucked up and out of control, and everyone knows it, that something like this has a bit of a Robin Hood element to it. **People generally feel powerless to do anything about government overreach, so when a guy like this stands up and says, "Enough! Fuck you. I'm not taking anymore!" that resonates with the frustrations of a lot of people.**
>
> That people are willing to overlook the fact that this guy has killed innocent people is a stinging indictment of how low the police and the government stand in the eyes of citizens. A large percentage of public opinion is sympathetic to a (seemingly) crazed murderer over the government. That's pretty goddamned pathetic and makes our government and the LAPD look like shit, but deservedly so, because **they've earned that contempt through years of corruption, abuse of power and trampling on the rights of citizens.**

Knock 'em dead, kid.

POST SCRIPT

After reading the comments to Vox Day's post linkage, I realized I should have been more clear in what I was trying to highlight here with this post.

This is the thing with Manifestos. They're long. They ramble. They cover all sorts of topics.

Anyone can pick and choose particular passages to pronounce judgement on the situation and the man behind the words.

Hell, that's what I did with this post.

I ignored the Obama and Hillary praising, the shout out to celebrity's, his support for gun control and most certainly ignored all of the stuff he wrote regarding racism.

What I was trying to do, and now see I should have made more clear on this point, was to show what I think happened here: Dorner was a true-blue blue pill taker who believed wholeheartedly in Truth, Justice and teh 'murican way. He was a military member who had pretty high level security clearance. In short, it's clearly evident

he considers himself a true American patriot.

Yeah, he was almost 100% certainly a democrat voting, liberal Obama supporter who supports gun control and all the other typical liberal political platform. The only relevancy that has to this case is the fact that the guy had a hair-trigger response to the N word...just like any other black, liberal American.

That doesn't mitigate **one bit** the core explanation he gave for why he's gone rogue and declared a one man war against LA's finest.

He joined LAPD with an honest attitude that he wanted to "Serve and Protect" his community...but he quickly found out that it really means to Serve and Protect the corruption and savage brutality of his fellow officers abusing their power and authority.

He accurately describes the LAPD's mentality towards the citizenry.

This went against everything Dorner appears to have believed in about being a Police Officer dedicated to Protecting and Serving society. He tried to do something about it, and the system chewed him up and spit him out.

He was like a wronged husband entering divorce court thinking there's no way he'd lose custody, the house and be forced to pay alimony because SHE was the one who had an affair...only to find out what the justice of the family courts was really like when she ends up walking away with everything.

It doesn't excuse his murdering of innocent family members, or even the execution of corrupt cops (murder is worse of a crime than extortion, lying, and assault).

But we can certainly understand why a man subjected to the vagaries of systemic corruption would be driven to desperation.

Ye Shall Know Them By Their Bleats

Keoni Galt · 14 February 2013 · Archived copy · Original



EXTRA! EXTRA! READ ALL ABOUT IT!

[image]

"We'll know our Disinformation program is complete when everything the American public believes is false." - William Casey, CIA Director 1981

As any regular reader of this fringe outpost on teh interwebz knows, I'm partial to a few phrases I use frequently to reflect on the conditions of our "Brave New World Order." One of them is "We the Sheeple."
Some people have taken offense to my use of the term. Even after I clarified that when I use the term, I'm usually referring to the way in which the elite overlords or our society view us - myself included; that we are nothing but cattle to them - some still find the term offensive. Bah. Or should I say...B-A-A-A-A...

We are treated however they wish to treat us. If we want to travel, we have a choice between getting radiated or gate raped by the uniformed goons THEY have stationed at all of our airports.

If we want to grab a quick bite to eat at a restaurant, THEY have given us a choice of toxic feed products to choose from. We can have genetically modified grain flours that destroy our guts, often combined with partially hydrogenated vascular clogging lipids and flavored with high fructose diabetes serum. Oh, and don't forget the Monosodium excito-toxin brain wasting flavors!

If we want to get some energizing, immunity system-boosting sunshine, THEY insist we must slather on a toxic cocktail that will inhibit our bodies natural ability to produce the life giving Vitamin D unobstructed sunshine provides us.

If we get sick from a lifetime of eating the FEED they slop us all with, and are deficient in the sunshine vitamin, we

then get sick and have to report to the medical-pharmaceutical-healthcare-insurance-industrial complex to receive treatment. Some of these treatments work wonderfully.

Others...hasten our demise. In either case, THEY profit at our expense.

In short, our disease is the harvest THEY reap.

Their number one means of making sure we are all trapped in the infernal CSFO (Concentrated Sheeple Feedlot Operation) they've created for us, is their mass media indoctrination system. Through it, they construct the barricades of our confinement within our very minds, simply by telling We the Sheeple what we are supposed to think...over and over and over again.

[image]

Want to know what 21st century sheeple are thinking about? Turn on the Tell-A-Vision or pickup a magazine at the checkout stand at your nearest FEED-lot distribution center. Or look at a billboard looming over the nearest highway. Or turn on your radio and hear the Sheeple programming broadcast in stereo, 24-7.

If you consume this programming with a critical eye, you will begin to recognize a pattern of attitudes and belief systems THEY are seeking to inculcate into our minds.

Here are some of the sheeple progamming notes, identified in the alt-market.com article,
Sheeple: Another Look At A Sad Breed:

> **Never Questions The Professional Class**

> Sheeple are easily impressed by anyone with a nice suit, uniform, lab coat, or an embossed diploma or title. They see and revere the costume, regardless of the man inside it. For sheeple, titles and positions of arbitrary authority make the opinions of a man more than opinion; his opinions suddenly become law.

Don't worry about the economy! The greatest economic minds of our times are on the case! The Grand Pooh Bah of Keyensian Economics, assures us Obama is doing everything he can! He must know what he's talking about...he won a Nobel Prize!

Don't forget, we MUST do something about all this carbon we're spewing! SCIENTISTS with degrees in Climate Science have warned us that it's going to destroy the planet!

Remember to make sure and eat a plant-based diet! STUDIES have shown it's the best diet possible to achieve perfect health!

B-A-A-A-A-A-A-A B-A-A-A-A-A-A-A-A-A

> **Obsession With The State**

> Because the average sheeple hasn't the slightest inkling of how to be independent or self sufficient, they attach their survival to the success of the state. They see the word of the state as sacrosanct, and have no concept of government by the people. They will sing the praises of democratic elections and the will of the public in general participation, but, when the state goes against that will and does what it pleases, they will seek to rationalize this criminality.

Can you hear the bleating?

> For them, government as a construct might be fallible (or not), but this fallibility does not change the finality of state authority. The government is not to be interfered with and certainly not to be opposed. To stand against the state is to stand against law, and the law, in their minds, is god. Questions of morality are irrelevant. They have become so far detached from their conscience that there is nothing left but a pitch black void, waiting to be filled with the demands of oligarchy.

Can you hear the cries to make us safer and more secure?

Once you understand how We the Sheeple have been told what and how to think, you see it everywhere you look. Don't bother engaging with anyone and attempt to convince them otherwise. They know what they've been told!

> **Blind Commitment To The False Left/Right Paradigm**
>
> When confronted, sheeple almost always move immediately to meaningless party labels. They will attack you as a "Democrat". They will attack you as a "Republican". But their presumptions of what makes a Democrat or a Republican are entirely skewed and inaccurate. This is, of course, not really a problem for them.
>
> They will not acknowledge the vast similarities of corruption between both major parties because this does not serve their interests.

That explains this...

[image]
Code Pink Sponsored Anti-War Protest when Bush was President - 2007

Now that Obama is Prez...



With so much support...can we finally HOPE FOR CHANGE?

Who ever would have thought this would be happening to Nobel Peace Prize winner Barack Obama?

Hahahahahahahahbaaaabaaaaabaaaaabaaaaaabaaaaaaaa

Ah, but who cares about all these wars that Bush started and Obama has now expanded...it's all about Teh Economy, Stoopid!

[image]

Since we've been a debt-based economy since 1913, this qualifies as a spectacular success! No President has presided over such an increase in Qualitative Easing and Economic Stimulus Packaging...EVA!

[image]

The much discussed "Red Pill" of the MAndrosphere is really nothing more than trying to make our fellow denizens of the CSFO aware of the sheeple programming THEY have inflicted on us. Most are not ready to hear it. Most in fact, will simply defer to their regularly scheduled programming, and ignore what you are saying and simply denounce you and carry on as if they never heard any truths you have to say in the first place.

> **Predictable Responses**
>
> Sheeple are highly predictable two-dimensional creatures. When confronted with their own failings, they will follow a pre-programmed list of responses meant to divert and confuse discussion.
>
> Sheeple rely primarily on character assassination and belligerent disregard for logic in order to derail debate. They do not attack your position so much as they attack you personally. They scoff, they giggle, they taunt like children, but when it's all over they usually say very little of any substance.

For those who've been following Vox Day's Gamma rabbit shoot, you should easily recognize the programmed responses:

> • "persons and positions are ordinarily closely related," with little insistence on keeping personal identity separate from the questions or issues under discussion;
>
> • "sensitivity, inclusivity, and inoffensiveness are key values";
>
> • priority on "cooperation, collaboration, quietness, sedentariness, empathy, equality, non-competitiveness, conformity, a communal focus";
>
> • "seems lacking in rationality and ideological challenge," in the eyes of proponents of modern discourse;
>
> • tends to perceive the satire and criticism of modern discourse as "vicious and personal attack, driven by a hateful animus";
>
> • is oriented to " the standard measures of grades, tests, and a closely defined curriculum";
>
> • lacking "means by which to negotiate or accommodate such intractable differences within its mode of conversation," it will "typically resort to the most fiercely antagonistic, demonizing, and personal attacks upon the opposition";
>
> • "will typically try, not to answer opponents with better arguments, but to silence them completely as ‘hateful’, ‘intolerant’, ‘bigoted’, ‘misogynistic’, ‘homophobic’, etc.";
>
> • has a more feminine flavour, as opposed to the more masculine flavour of modern discourse;
>
> • results in "stale monologues" and contexts that "seldom produce strong thought, but rather tend to become echo chambers."

Once you know what to look for, the bleats of brainwashed sheeple are easily discerned, dissected and either ignored or rebuked..

> "Lacking a high tolerance for difference and disagreement, sensitivity-driven discourses will typically manifest **a herding effect.** Dissenting voices can be scapegoated or excluded and opponents will be sharply attacked."

baaaabaaaaabaaaaaaa

The One On the Right is On the Left

Keoni Galt · 22 February 2013 · Archived copy · Original

[image]

"Well, the one on the right was on the left
And the one in the middle was on the right
And the one on the left was in the middle
And the guy in the rear..." - The Man In Black

Return of Kings writer Tuthmosis, recently published a piece entitled: "Liberals" are not the Enemy.

For the most part, he's right, "Liberals" are not the "enemy." Most are simply the useful idiots of the ENEMY.

Same goes for most "Conservatives."

Especially when you look at the various examples of dissension that tears apart any discussion all over teh Interwebz in any and every forum, discussion board and comment threads. As soon as the old left vs. right game gets going, minds close and truth gets obscured or marginalized and ignored.

DIVIDED into either Team Jackass or Team Pachyderm & CONQUERED and enslaved in mental confinement as bleating Sheeple.

The answer to all our problems will never be found by voting for neither any particular Jackass nor any particular Pachyderm.

Many people have tried to come up with a description or definition to this fringe sector of teh Interwebz...the MAndrosphere. Many argue that we need to "have a big tent" and strive to attain "mainstream exposure" to "finally have a real impact." We need to recruit Team Jackass members, fans and supporters as much as we need to recruit Team Pachyderm members, fans and supporters to our anti-feminist, anti-cultural misandry banner.

These folks mis-understand just what exactly the MAndrosphere is.

I think Novaseeker said it best in one of Dalrock's comment threads (I paraphrase from memory, I don't remember which thread, and I 'aint bothering to go looking for it...): "*The Manosphere is a clearinghouse for TRUTH."*

aka "The Red Pill."

Many people who find the MAndrosphere discover the topics covered to be eye opening, paradigm shifting and often times, world-view shattering. For some, it is indeed painful.

But hardest still, is for those who come around these parts, with what they think of as a fully developed political ideology based on choosing a side in our Two Party System. It becomes a part of your self-identity. How you define your personal political beliefs is connected to your sense of your personal morality and how you experience the world around you. It's really, really difficult to see the faults in "your team" and very easy to see the faults in the

"other teams" ideologies. But even if you do happen to recognize some faults in "your team" the "other team" is always worse, so there!

This is essentially the basis of Tuthmosis argument. I know it, because I had the same perspective for years, just on the "other side of the aisle."

That is the very essence of our "Two-Party System of Democracy."

*"**MY** guy might be bad....but he's nowhere near as bad as **YOUR** guy!"*

I came to these fringes of teh Interwebz as a Team Pachyderm, FOXNews watching, Rush Limbaugh and Sean Hannity listening, WSJ-NRO- reading, Neo-Conned "Conservative."

I had almost zero cognitive dissonance when I first began reading anti-feminist polemics, as anyone with two braincells knows, the Feminist vanguard is overtly "left." But it took me a long time to take step back and question my own beliefs and start to recognize that the years of Right Wing mass media brainwashing I'd consumed for years is just as complicit, just as responsible for the current zeitgeist of our Brave New World Order. I already knew the "left" is *overtly* feminist when I first found the "Red Pill."

But it took literally years of de-programming my mind to finally understand and recognize how the "right" has it's own significant role in *covertly* spreading and sustaining the ideology of feminism and the current state of cultural misandry.

I've finally come to the real "RED PILL" of modern Western Politics under Democracy:

MY guy is just as bad as YOUR guy, because THEY are not really OURS.

After reading Tuthmosis peice, I felt tempted to once again gird up the loins and enter the fray over at the article's comment thread and try and help him and all the other Team Donkey supporters to see the error of their ways. I'm a veteran Interwebz flame warrior... with well over 10 years experience in debating, arguing and flaming ideological opponents in a multitude of forums and message boards, over a wide range of websites covering various topics and interests.

[image]

I thought about for all of a few seconds, then I shrugged my shoulders, and logged off teh Interwebz and went and did something else instead.

It's part of a new, self-imposed policy I've been trying hard to adhere to - no more debates or flamewars on teh Interwebz.

I've come to that position largely after realizing that half the folks one may try to engage and debate with, may in fact be nothing more than cognitive infiltrators, paid shills and false flaggers. After I did the research to write my post about the existence of these agents of subversion, I resolved to avoid any and all online debates with any

"unknown" or non-reputable identities on teh Interwebz.

In other words, I'd still happily debate a "Dalrock" or a "deti" or a "Novaseeker" but NOT get into it with "Anonymous" or "GreatTVShowsForMen." (But I did have to give it kudos for a great pun on everyone's favorite ritalin and adderall junky in the MAndrosphere. lozlzolzozlzol.)

Funny thing, is the more I eschewed anonymous debates, the more I found myself eschewing debates with the likes of even the known entities who may have written something I may disagree with. In the last couple of months I've actually typed then deleted more comments than I've actually submitted at a wide number of MAndrosphere blogs.

Meh. Guess years of reading voluntaryist ideology over at Strike the Root has given me new programming:

> Whenever someone who holds a perceptual belief is challenged by a different or opposing view, the result is almost invariably that the affronted person becomes even *more* resistant to change – regardless of how cogent, rational, or objective the case being made might be. Emotionally, they dig in their heels and will go to almost any length from that point forward to defend their self-constructed system, no matter how much cognitive dissonance they must engage in to rationalize it. Very quickly, we find that the old adage, “The man convinced against his will, holds to his opinion still,” holds true. Debating such individuals – and it must be noted this represents the vast majority of society – is not only for the most part fruitless, but worse, it is actively counterproductive.
>
> There is another reason why I believe it to be undesirable for Voluntaryists to argue our philosophy and debate with the uninitiated or those who stand in active opposition to our beliefs – and this stands outside of the fact that we can tend to make enemies, engender animosities, and escalate blood pressures.

> ---
>
> When statists debate one another – as they do so often on various TV and radio programs for the benefit of public spectacle, to reinforce the psychological conditioning they have so successfully subjected the mainstream masses to – it is of little moral consequence. Both Left and Right advocate the initiation of force against others to mold the world according to their respective and inherently related social and economic goals. Hence, debating is just one more example of this overall philosophy. To wit, it is indicative of *a desire to control.* “It upsets me that you don’t think like I do. Thus, I aim to change that no matter what,” is the unspoken intent behind such endeavors.

I no longer have that desire to control others. I just want ya'all to leave me alone to do my own thing, and I'll keep my nose out of your affairs. As long as we don't infringe on each other's rights and basic human dignity, we got no problems.

But both Team Jackass and Team Pachyderm got problems with you and I. They both want to infringe on our rights and basic human dignity. Anytime you pick up the sword to fight against one side or the other, you are by association fighting for one or the other.

Quit being a JackyDerm.

Forget this whole RIGHT vs LEFT, Liberal vs Conservative charade. It's all a game of D&D... Distract & Divide.

> Life is precious. It is finite. I don’t know about you, but I don’t want to spend however much of it I may have left trying to make my case to those to whom it cannot be made. I have better and more important things to do with my remaining time. I expect you do too, whatever those things might be. Realizing this in itself is another big and indispensable part of being free. Don’t let it pass you by.

Soluble Synergy

Keoni Galt · 27 February 2013 · Archived copy · Original

[image]
Mmmm...delicious globules of fatty FAT!

I've been studying, experimenting and evolving my attitudes and beliefs about diet for a long, long time now. Low carb this, paleo that, caloric restrictions or going vegan... focusing on the diet and lifestyle proscriptions in total, I believe they all miss the most important aspect of any diet: KNOW YOUR FATS.

Eating as much healthy fats in your diet as you can is the key to your health and well being. Fats lead to satiety, nutrient absorption and most importantly of all, protection.

The healthy fats will make you thrive. They will protect you from the worst effects of other junk food, alcohol consumption and other poisons you may ingest. The healthy fats protect your liver and give your body the best material to work with when it has to manufacture the hormones, neuro-transmitters, and other substances vital for healthy living. More specifically, the healthy fats give you the most overlooked class of nutrients: Fat Soluble Vitamins. Vitamins A, D, and K. And these vitamins work in synergy - in other words the combination of those vitamins are vital for your body to digest protein, absorb minerals and nutrients, build your bones and teeth, and support the good gut flora that is the foundation of your immune system. More specifically these are the fats you should be eating on a regular basis - especially if you're pregnant.

Bone Marrow and Rendered Ruminant Fat - best if sourced from free range, pastured animals that have access to their natural diet and plenty of sunshine. The best way to get this is to make Bone Broth. There's a reason the old wives tales suggest chicken noodle soup for a cold. That's because before the days of canned soup full of additives and having all the fat removed, chicken noodle soup was made with the boiled carcass of roast chicken. All of the marrow, tendons, skin and cartilage would be rendered into the broth's liquid. The fat globules you see floating on the surface of the broth? That's the MAGIC.

Next time your sick, go buy some soup bones, or a whole chicken (from grass fed/free range animals would be optimal). Boil it with some sea salt and a bit of raw apple cider vinegar. That deliciously fatty broth is a rich source of vitamins and minerals rendered from the boiling of bones. If $$ or availability is really an issue, than forget it, it's better to make it with typical grocery store meat even if they were from a feedlot animal.

The fat, tendons, cartilage and marrow are still great medicine for whatever ails you. I recently caught a mild flu from some friends. They missed work for a whole week, and barley left their house, coughing, running noses, soar throats and fevers for five days straight.

As soon as I felt the symptoms, I went to a local Pho restaurant and ordered up a bowl of Vietnamese bone broth soup, in which they boil the shin bones of cow for over 24 hours to make the soup base. I ate the entire bowl, then ordered one for takeout to eat first thing the next day. My throat was mildly irritated, I had a slight cough, and a very low grade fever. It was completely gone in 24 hours. I truly believe a large part of my immune systems strength and why I was able to shake off the flu so quickly and with minimal effects was the immunity boosting effect of the bone broth's Fat soluble vitamins**.**

Your gut bacteria is the engine of your immune system. Bone broth us rich in vitamins, minerals, collagen, can heal

damaged guts and boost your immune system.

Butter and Dairy Foods from Grass Fed Ruminants - In most places in the USA, you can find KerryGold Irish butter from Ireland. It cost double what butter from US factory style dairy. It's worth every penny. Use this butter as one of your base cooking oils. It makes everything taste better. Better yet, put that butter on any and all your steamed veggies like broccoli, cauliflower, carrots, asparagus, brussel sprouts, squash, etc. Or sautee your veggies in it. That butter is rich in the fat soluble vitamins AND it also helps your digestive system absorb the nutrients from the foods your eating with it.

Extra Virgin Olive Oil - Speaking of fats helping you absorb vitamins, minerals and nutrients, this is where the idea of salad dressing came from. Except now most salad dressing people eat are commercially made, "low fat" and made with vegetable oil crap and have sweeteners and other garbage in the ingredients. Use Extra Virgin Olive Oil and some good quality vinegar and you're also good to go. Everyone knows EVOO is good for you....but most don't know that it's very susceptible to heat and you should never really cook with it. At best, add it to your stir fry or dish right at the end of your cooking so it's not heated up too much and for too long.

Extra Virgin Coconut Oil - Other than rendered bone broth and grass fed cow butter...EVCO is the holy grail of cooking fats. From Coconut Oil for Optimum Health:

> Coconut oil is the most saturated of all fats. Saturated fat has three subcategories: short chain, medium chain and long chain. Coconut oil contains approximately 65% medium chain fatty acids (MCFA). Although recognized for its health benefits many centuries ago, it wasn't until 40 years ago that modern medicine found the source to be MCFA. Remarkably, mother's milk contains the same healing powers of coconut oil. [5]
>
> The saturated medium chain lipid lauric acid, which comprises more than 50 percent of coconut oil, is the anti-bacterial, anti-viral fatty acid found in mother's milk. [6] The body converts lauric acid into the fatty acid derivative monolaurin, which is the substance that protects adults as well as infants from viral, bacterial or protozoal infections. This was recognized and reported as early as 1966. [7]
>
> Since the first half of the 19th century, infection has been implicated as a cause of cardiovascular disease (CVD). [8] Researchers have been studying what causes the changes in the arterial wall. Professors Russell Ross and John Glomset formulated a hypothesis in 1973 about what causes CVD, concluding that CVD occurs in response to localized injury to the lining of the artery wall, which has been brought about by a number of things including viruses. [9, 10] The injury, in turn causes inflammation/infection. The plaque that develops is a result of the body trying to heal itself. It has been very well established that pathogens play an integral role in cardiovascular disease.
>
> What is interesting about the role of viruses that have been found to initiate cardiovascular disease is they can be inhibited by the medium chain fatty acids in coconut oil. One could say that consuming coconut oil decreases one's risk of cardiovascular disease.

And it's not just good for your heart...it's great for your liver, too.

Like Frost over at Freedom Twenty Five, I'm basically become a "paleolithic alcoholic." By eating nutrient dense foods and a lot of healthy saturated fats, I've found that my tolerance for alcohol has skyrocketed.

I HAVE to drink on an empty stomach to experience an alcoholic buzz. Which is precisely why I like to have a couple of high alcohol content, micro-brewed IPA's after a day of fasted exertion (aka my routine of blue collar work without a lunch break).

But increased tolerance is only one aspect of it. The other is this: I cannot remember the last time I had a hangover. Well, I can.....but that was a long time ago. I'm talking over 2 years. No lie. I can easily put down 9 drinks (typically 4-5 beers, 4 drams of whiskey or tequila) in an evening, and then wake up at the crack of dawn and immediately start doing something physically strenuous. No headache. No nausea or queasiness. Zero. As in I feel like I never even had a drink the night before.

I'm a veteran imbiber. I was a binge drinker throughout my entire youth. I've now settled into a routine of 3-4 drinks a night, 4-5 nights a week, with the sole purpose to attain a pleasant, moderate buzz. I never drink for the purpose of getting drunk anymore, but if I'm at a social event and I'm not bothering to keep track of how much I'm drinking, I find it scary at the amount I can drink now without getting absolutely trashed, and even more surprised at the lack of consequences I experience the following day.

Now, don't get me wrong. I've had more than my share of hangovers. I've had hangovers that lasted 3 days. I've said many a prayer at the altar of the porcelain god. But ever since "going paleo" going on 6 years now, I've noticed a great diminishing in the frequency and intensity of my hangovers. Part of that is also probably attributed to the fact that I only drink high quality alcohol - micro-brewed "living" beers, non-blended whiskey, 100% agave tequila's, etc., and I never imbibe sugary mixed drinks...but still, I've gotten hungover from the over consumption of even high quality alcoholic beverages.

But when I began cooking nearly every meal with coconut oil, it seems like I've developed a steel liver.



Thanks to this product, I now cook with coconut oil at almost every single meal.

With the disappearance of my hangovers, I began to suspect that the increase in coconut oil consumption was most likely the factor. So I googled and found some PubMed abstracts that confirmed my suspiscions.

Check out these excerpts from this PubMed abstract:

> OBJECTIVE: The objective of this study was to determine the effects of saturated fatty acid (SFA) and unsaturated fatty acid (UFA) diets on ethanol pharmacokinetics.
>
> METHODS: Sprague-Dawley male rats were fed modified AIN76 diets containing 10% coconut oil (SFA) or corn oil (UFA) for 120 days. A single dose (3 g/kg bw) of ethanol (13% solution) was orally administered using a gastric canula on day 30, 90, 105 and 120. Tail vein blood samples were collected at various intervals following ethanol dose and were analyzed for blood-ethanol concentration (BEC).
>
> RESULTS: Compared to the UFA group (corn oil fed), the SFA group (coconut oil fed) exhibited significantly higher BEC, larger area under the curve, longer half-life of ethanol, and lower rates of ethanol elimination.
>
> CONCLUSION: Dietary SFA protects liver from alcohol injury by retarding ethanol metabolism, and carnitine may be involved.

So my increased coconut oil consumption appears to be my alcoholism enabler.

Check out this PubMed Abstract too:

> CONCLUSION: A diet enriched in saturated but not unsaturated fatty acids reversed alcoholic liver injury.

Coconut oil is the ultimate cooking oil, heart and liver protector and also a great natural skin protector and restorer from potential sun damage to your skin. Do you need anymore reasons to eat more saturated fat?

Here's the summaries of 10 more reasons you should eat plenty of saturated fats from the article I found while googling about coconut oil protecting the liver:

> 1. They lower Lp(a), a substance in the blood that is said to indicate proneness to heart disease.
>
> 2. They protect the liver from alcohol and other toxins like Tylenol (acetaminophen).
>
> 3. They ideally constitute at least 50 percent of our cell membranes, which gives our cells integrity.
>
> 4. They play a vital role in the health of our bones.
>
> 5. They enhance the immune system.
>
> 6. They are needed for proper utilization of essential fatty acids, like omega-3.
>
> 7. Stearic acid and palmitic acid, both saturated fats, are the preferred energy source of the heart.
>
> 8. They help protect us from harmful microorganisms.
>
> 9. They will help you lose body fat.

> 10. They are the best fats to cook with, including repeat frying.

In summation, I'll add an 11th reason: they simply taste better than regular fats that are a part of the industrialized, Standard American Diet. Butter tastes better than margarine. Boiled bone broth tastes better than "low-fat/low-sodium canned broth," and frying in coconut oil tastes a hell of a lot better than the typical rancid crap of most restaurant food fried in soybean, corn, canola or any other "vegetable" oil.

Another aspect of understanding the benefits of healthy saturated fats is eating as best you can under a limited budget. I've seen many folks complain about the cost of eating pastured, grass fed meats as prohibitive and a reason why they just can't stick with the paleo/primal diet. Don't let perfect be the enemy of the good. If all you can afford is factory farmed meat, you can at least trim the fat and than cook it in some healthy fats to compensate for the nutritional inferiority of the feedlot meat! When my budget gets tight, that's exactly what I do...I buy the discount meat at the grocery store, trim the excess fat off it and then cook it in a combination of butter and coconut oil.

I buy grass fed meat and bones as much as possible. It's just not always possible. But when it comes to food choices at restaurants and eateries and cooking food for my family, the one thing I always pay most attention to is the kind of fats used in preparation. I may occasionally eat something not "paleo," following the 80/20 principle, but even then, when it comes to bad fats, it's more like 99/1 I avoid things like hydrogenated oils.

Once you accept the concept of how important saturated fats are to your diet and health (and how bad most of the unsaturated fats are), you also come to another important realization: yes, you CAN eat food that tastes great and is still good for you.

Heart Check

Keoni Galt · 6 March 2013 · Archived copy · Original



Me: "Mmmmm, those look tasty...."
Her: "The burgers or the waitresses?"
Me: "Yes!"

This past summer, I did quite a bit of traveling, visiting friends and family and couch surfing in several States on the West Coast of USA Inc. What I observed in various places troubled me. But it wasn't all visions of apocalypse.

On one of those trips, I finally paid a visit to an establishment I saw featured on the Tell-A-Vision a couple of years ago - The Heart Attack Grill. Love that place. It is the only burger joint for which I've eaten at in the past 4 years or so. It was quite the entertaining dining experience, and one for which I enjoyed completely.

As I'm the guy well known for doling out the dietary advice (when asked), and for being strict in abstaining from so many foods (FEED), the group I was with was shocked at my enthusiasm for the whole experience.

"Wait, isn't this the guy telling all of us we should quit eating at McDonalds, Burger King and Jack in the Box?"

Yup, that would be me. But this place? I love the entire theme. It essentially sticks the middle finger at the conventional wisdom of the modern health and medial fields entire set of dietary guidelines THEY would have us all follow.



PRAISE THE LARD!

Freedom fries, deep fried in lard, like they typically used to be before the federally subsidized, Big Ag's round up ready vegetable and grain oils became ubiquitous? YESSSS!

A quadruple bypass burger stacked with 4 1/4 lbs. patties of beef, tomatoes, onions, bacon, and cheddar cheese? Oh yeeeeaaaah baby!!



Heart Attack? Not from the food...

I broke the whole mound apart and ate everything except for the bun, Atkins-diet style (not because I wanted to eat low carb, but rather because I know that most commercially baked hamburger bun products are made with white flour and hydrogenated vegetable oils -- aka margarine).

Unless the lard used to make the french fries was hydrogenated, I am almost certain that the hamburger bun was probably the only truly unhealthy component of the whole meal.

I even finished it all off with a WHOLE FAT chocolate milkshake with a chunk of butter thrown on top for good measure. Hey, if I'm going to "cheat" on my normally strict diet standards, I'm going all in!

It was the most memorable restaurant meal of my summer, that's for sure.

At this point, you may be asking yourself, "So what is the point of this blog post?"

A dining review for *The Heart Attack Grill*?

Or is it simply an opportunity to gratuitously post pictures of the hawt H.A.G. waitresses (Look! An antonym-acronym!) serving up the goods?

Yes.

Of course, those are not the only reasons.

Ever since that meal in that fine, MAndrosphere-appropriate themed restaurant several months ago, the idea for this blog post has been resting in the back of my mind, waiting for the right inspiration to bring it forth.

Sadly, the impetus for that one was the recent news I received of an acquaintance who passed away of a heart attack at the age of 31. Whiskey Tango Foxtrot?!?!?

This person I met several times (a friend of a friend) was a victim. A victim of lies, propaganda and misinformation, that resulted in literally eating to death. As Author Michael Crichton once lamented, "We believe what were told. My father suffered a life filled with margarine, before he died of a heart attack anyway."

Go ask Googliath about the Heart Attack Grill. Big Brother G will show you a list of links reporting on instances where obese, malnourished Wal-Martians died of heart attacks while eating there. Which is it? Correlation? Causation? Take your pick.

Fact is, a very sick, obese person with clogged arteries and struggling with hypertension and diabetes is susceptible to suffering a heart attack within an hour or two of overeating a heavy meal.

Of course, the mainstream media reporting on the Heart Attack Grill stories, all take the slant that the meal itself killed 'em right on the spot! It really IS a HEART ATTACK causing restaurant!

Correlation or Causation?

Yes.

Ok, the joke is getting old. All apologies. When I first said it while we were waiting to be seated at the H.A.G., it made my entire group laugh uproariously. Such moments of social triumph are too good to let go so easily....

What I tried to explain to them all after we were seated was that I believed if the H.A.G. made some slight modifications to their menu, such as gluten-free hamburger buns made with butter or some other healthy source of fat, used 100% grass-fed/free range beef for their burgers, and got the lard for their fries from free range pigs, it would actually be a Paleo-styled *Health food* restaurant!

Of course, this didn't really register with them. They had a hard time comprehending my previous announcement that lard fries are actually good for you. At that point, I think I triggered the cognitive dissonance effect in their minds, interrupting their regularly scheduled programming, causing a processor shut down. Ah well. The meal was

still enjoyed by all. They just all thought they were eating really unhealthy, while I was relishing every last gloriously greasy, healthy bite!

Anyways, back to the oh so serious topic at hand.

The entire raison d'etre of the H.A.G. is to flaunt the dietary health and nutrition recommendations of the establishment. It's the literal manifestation of some of the more intense Western allopathic medicine detractors: Go to the Doctor's, listen to their recommendations, than go home and do the exact opposite.

That's not to far off from the truth.

So what's supposedly so bad about the Heart Attack Grill? All the cholesterol and saturated fats can lead to heart disease, right? Lets see what the establishment's foremost authority on heart health, the American Heart Association has to say about fats and how they relate to your heart health:

> The "bad" fats are saturated and *trans* fats.
>
> **Saturated:** Saturated fats occur naturally in many foods. The majority we eat come mainly from animal sources, meat and dairy (milk fat) such as fatty beef, lamb, pork, poultry with skin, beef fat (tallow), lard and cream, butter, cheese, and other dairy products made from whole or reduced-fat (2%) milk. These foods also contain cholesterol. Many baked goods and fried foods can also contain high levels of saturated fats. Some plant foods, such as palm oil, palm kernel oil, and coconut oil, also contain primarily saturated fats, but do not contain cholesterol.
>
> ***Trans*:** Trans fats are found in many foods. About 20–25 percent come from animal fat and 75–80 percent come from partially hydrogenated fat – especially in commercial baked goods (pastries, biscuits, muffins, cakes, pie crusts, doughnuts and cookies) and fried foods (French fries, fried chicken, breaded chicken nuggets and breaded fish), snack foods (popcorn, crackers), and other foods made with partially hydrogenated vegetable oils, traditional vegetable shortening or stick margarine. (Soft margarines typically contain very low levels of trans fats.)

Saturated Fats and Trans Fats...the BAD fats. So should we eliminate both from our diets to ensure heart health?

> Very small amounts of *trans* fats occur naturally in some meat and dairy products, so eliminating *trans* fats to zero is impractical.

Yes, impractical....and unprofitable for Big Ag Feed Products! See, the Big Ag Sheeple Feed Industry (aka Processed Food Industry), needs to have trans fats because they extend shelf life of their products, allowing them to be made in a central processing facility, packaged, shipped and stored all across the globe, with minimal spoilage and loss of unit sales.

So what's to be done? Oh, here we go, since a very small amount of Trans Fats occurs naturally, than we'll allow small amounts of it in the feed supply - whether it's natural or not. After all, Trans fats are trans fats, right? Not so fast.

> Most of the trans fats we eat -- by far -- come from partially hydrogenated vegetable oils, produced from liquid oils by industrial processing to create a firmer fat. Others occur naturally in milk products, formed in the rumen (or first stomach) of ruminant animals such as cows, goats, sheep and yaks when they're fed a grass-rich diet.
>
> Several studies of large populations have looked at the link between trans fatty acid intake and risk of developing atherosclerosis, and all have shown that the risk goes up **only with the intake of "industrial" trans fatty acids, not the natural ones.**

Aha! But since natural trans fats occur in some meat and dairy products, the AHA considers it "impractical" to eliminate Trans fats entirely. Why not just ban artificial trans fats completely? That would lead to too much good health.

Follow the money.

> The following 0 grams *trans* fat products are listed by percentage of saturated fat, from lowest to highest. **Choose the product with lowest saturated fat that works for your menu item.** The American Heart Association recommends limiting saturated fat to less than 7 percent and *trans* fat to less than 1 percent of total daily calories.

Note the names of the producers of the approved products that are considered "Heart Healthy."

Unilever Food Solutions, ConAgra, Mid-Atlantic Vegetable Company, Ventura Foods, ADM. All produce variations of butter substitutes, recommended by the AHA as "heart healthy, because they're low in saturated fat.

Thanks AHA. Glad you're looking out for the health of all those people who's bottom line depends on selling these poisons to we the sheeple. GFY, I'll stick to my highly saturated fat-rich butter and coconut oil.

Oh, but wait....those are the recommendations for restaurants. What about the average consumer? Why, the AHA gives us a recommended shopping list! Go read it! Look at all those heart healthy whole grains, lean meat products and butter and dairy substitute products! Why, this list contains all the right foods to make sure you adhere to the USDA food pyramid recommendations!

The answer is quite clear. The AHA is nothing more than the ~~snake~~ Big Ag oil and Processed Food Industry marketing department, and steady supplier of heart disease case work for the cardiology industry. Those AHA web pages show the connection between Big Ag food corporations and the establishment health care industry. They are just two arms of the same beast.

The medical and nutritional establishments, agribusinesses and industrial food processors, mainstream media and the Government - all have a vested interest in maintaining the status quo in the current nutritional disaster and state of obesity and ill health. They are all part and parcel to the system of Concentrated Sheeple Feedlot Management. And the last thing THEY want, is for any of us to escape the feedlot.

As J. Stanton over at Gnolls.org concluded a while ago:

> Simply by eating a paleo diet, we have made ourselves enemies of the establishment, and will be treated henceforth as dangerous radicals.
>
> This is not a conspiracy theory. By eschewing commodity crops and advocating the consumption of grass-fed meat, pastured eggs, and local produce, we are making several very, very powerful enemies.
>
> The medical and nutritional establishments hate paleo, because we're exposing the fact that they've been wrong for decades and have killed millions of people with their bad advice.
>
> The agribusinesses and industrial food processors hate paleo, because we're hurting their business by not buying their highly profitable grain- and soy-based products.
>
> The mainstream media hates paleo, because they profit handsomely from advertising those grain- and soy-based products.
>
> The government hates paleo, because they're the enforcement arm of big agribusinesses, industrial food processors, and mainstream media—and because their subsidy programs create mountains of surplus grain that must be consumed somehow.
>
> Is anyone surprised that a government which spends billions of dollars subsidizing the production of corn, soy, and wheat, would issue nutritional recommendations emphasizing the consumption of corn, soy, and wheat?

So remember sheeple, when you go shopping for your feed, look for the Heart Check Marker on your processed feed packaging! The processed food manufacturers ~~pay~~ donate good money to the AHA for their stamp of approval on their feed products!

And for Heaven's sake, don't eat at a place like the Heart Attack Grill*, they use LARD...* stick to an establishment that uses a Big Ag produced, AHA approved soybean or canola oil for frying, since those oils have *0 grams trans fat per serving!*

Seriously. Your choice of fats is the most important decision you can make when it comes to your food choices. Your heart health depends on it.

O P E R A T I O N D R A G O N S L A Y E R

Keoni Galt · 12 March 2013 · Archived copy · Original

[image]

Anyone who thinks that the VAWA receiving billions a year in public funding based upon pure lies and sexism, wouldn't also resort to using plants for a few mere bucks to ensure the money keeps rolling in, doesn't understand basic economics.
- Rob Fedders, No Ma'am

As suspected, the truth about the deletion of *The Woman and the Dragon* blog would eventually come out. Some cognitive infiltrator or team of infiltrators probably earned a nice bonus check once Sunshine Mary (SSM) deleted her blog.

> *I ought to have been far quicker to boot anyone who tripped my not-quite-right radar. Now that I have shut down, the rather large and growing cadre of aggressive feminist trolls and shills masquerading as confused women looking for advice who had overrun my site may attempt to have an increased presence here.*

Meh. It is more like the trolls and shills found *The Woman and the Dragon* through Dalrock's. They already have as much presence in Dalrock's comment threads as they can get away with, given his quick draw on comment moderation and IP bans of those he suspects are posting in bad faith or with ulterior motives. But rest assured, there are certainly D E E P covert agents waging their guerilla wars on these fringes of teh Interwebz to earn their 30 pieces of silver.

Once a fledgling blogger begins to emerge into a higher level of influence and visibility from the red pill blogosphere, and begins gaining crossover appeal to the readers and writers of other mainstream blogosphere niches, those who are paid to observe this, the last frontier of truly free speech, will take note and deploy their paid saboteurs and PsyOp agents of mis-and-dis info.

The Woman and the Dragon had recently begun to pick up some serious blogosphere momentum, and was developing into a sort of point of entry for bridge of understanding between the ugly truths discussed in the MAndrosphere and the genuinely curious Christian females surfing teh Interwebz who happened to come across linkage to her blog.

IMHO, SunShineMary filled an empty niche in these fringes of teh Interwebz - a female run blog that basically accepted and promoted red pill truths to devout Christians who are ignorant of how the blue pill of mainstream, secular progressive ideologies have infiltrated Christianity in the West.

Back when Vanessa was blogging as Alte, she had begun to fill in that role herself....until she shut down her blog, re-booted, then turned it into a group collaboration with the rest of the guys and gals over at Traditional Christianity. But, like SSM, as soon as they started getting some notice, the trolls invaded, sowed dissension, and they essentially retreated into their own private forum, with occasional forays into the comment threads around the MAndrosphere and posts over at TC where the comments are closed.

The emergence of SSM's blog into prominence was attracting readers and commentariat who were open to the

messages of a woman touting Biblical submission and Christian Patriarchy. She was reaching an audience that was largely unreachable by most of the MAndrosphere's male bloggers. Blue Pill Churchians (especially women) are more likely to reject red pill writing of men out of hand. The perfect example of this is to note the reaction of popular Orthosphere blogger and commenter, Lydia McGrew, and her vehement distaste upon discovering Dalrock's blog via Zippy Catholic. (Even Zippy initial reaction was distaste of the MAndrosphere upon his first glimpse, he called it "The Death of Masculinity").

When it comes to possibly getting other women to see the ugly truths of the red pill discussed 'round these parts, there's just a certain segment of women who simply cannot be shown the light from a male blogger. Too much gender war baggage in the culture at large makes it far too easy for a random woman to find the MAndrosphere and dismiss it out of hand as a bunch of bitter, angry, hateful Men with nothing of value to be learned from. SSM began reaching those sorts of people in a way Male bloggers simply can't.

Thus, due to her effectiveness, *The Woman and the Dragon* had to be taken down.

> *One of them posted a comment using my real name, which I had opted not to associate with my blog. Being outed represents a marked increase in aggression and is the one of the main reasons I deleted my blog and its associated tumblr and facebook pages, as well as the associated email address. I was not afraid, but I was very angry at the sheer rudeness of it.*

SSM, you just threw Brer Rabbit into the briar patch.

Now don't get me wrong - I'm an anonymous blogger too, and every person needs to weigh the value of being anonymous for engaging in politically incorrect, free speech and the real world consequences that could be inflicted on us by those who are paid to persecute Thought Crime in today's Brave New World Order.

However, SSM also stated her intention to perhaps resume blogging again under her real name after taking a blogging break for a bit.

> *My husband and I are currently discussing whether we wish to start a new site under our real names as a preemptive way of avoiding being outed. If we do so, I may repost some of the old essays and comment threads, which I have always saved in their entirety on my private blog. But for now, I am taking a break and wish everyone a blessed lent and Easter season.*

IF SSM and HHG do decide to resume blogging under their real identities to pre-empt trolls and infilatrator's from trying to out them, I would urge them to think long and hard about it.

For one thing, as Athol Kay warned: *"Be advised that posting on your real name is a one way trip forever."*

In terms of the MAndrosphere, the bloggers who've stepped out of anonymity and began using their real world identities have all been subjected to negative publicity, personal attacks, and real world persecution. But for most of them, they've also gotten at least some benefits as well. The most prominent ones are all self-publishing authors who have made money selling their books from their websites or soliciting donations to get paid for their efforts. Athol Kay, Roosh, Matt Forney, Bill Price, Paul Elam et al.

If you're not gonna make money or gain some other sort of benefit by blogging politically incorrect and highly unpopular viewpoints, it's probably not worth the hassle to blog under your real name and identity.

As Matt Forney noted, Anonymity is for Guys With Something to Lose. Yet even Matt found out just how far these bastards will go when they started going after his family members.

Be wary SSM and HHG. You may pre-empt another outing attempt by coming out and blogging under your real names, but understand that outing is not the only weapon these infiltrator's and shill's have in there arsenal in attempting to damage those in real life who dare to express 21st century Thoughtcrime in cyberspace.

Rare & Well Done, Please. In that Order.

Keoni Galt · 14 March 2013 · Archived copy · Original

[image]

I'd like to thank Ulyss... I mean Dr. Stratton for reminding me what today's date is! It's that time of year where ladies can show appreciation to the men they love, in the language we men understand!

[image]

If your lady offers excuses...there's always the promise of next year:

[image]

Still getting excuses?

[image]

You can always try the Patriotic angle...

[image]

She still not convinced it's a real holiday? Link her to the official website!

[image]

Alas, for some women, this is the perfect opportunity to share with the rest of the world how contemptuous and disrespectful she is of her man.

Aren't you glad your wife is on teh social media?

[image]
Divorcing this woman would NOT be frivolous!

So how 'bout it ladies? Show that special someone you appreciate him! Remember:

[image]

March 14th!

[image]

Law EnFORCEment

Keoni Galt · 16 March 2013 · Archived copy · Original

[image]
RESPECT MY AUTHORITAH!

From the time I was 14, when I was inducted into a life of crime, I've had many opportunities to interact with the uniformed officers of the Honolulu Police Department. I was an outlaw, a scofflaw of the most mediocre and common sorts. A juvenile delinquent who managed to avoid an overnight stay in a jail cell simply because of the judgement calls exercised by the HPD officers that apprehended me while I was in the act of defying the local laws and ordinances of my State.

As a Gen X'er, breaking curfew (10pm) to drink alcohol in the community parks and at the beaches with my pal's was a rite of passage. Everyone who "partied" in high school did it. Including most of the Cops who upon reaching adulthood and their chosen vocation, now found themselves breaking up the kinds of parties they themselves attended when they were growing up.

Most of these officers were cool. "Alright kids, dump out your beers, pick up your rubbish and get out of here."

Most times, we kids complied with no back talk and showed respect. We knew they could arrest us if they chose to, and that they were cutting us a break. But we heard tales of other kids who showed no respect, and found out exactly what HPD could do if they so chose to when they caught kids drinking. One kid in my school got beat up by the cops after swearing at the cops for breaking up their after-hours party at the beach park. He then got arrested, resulting in the cops finding the drugs in his pocket. He eventually ended up in Juvie-hall, and eventually got taken out of his home by social services and had to live in a State half-way house until he was 18.

But most times, HPD was cool.

When I was a little older, I got my first car....but I did not have my driver's license yet. I got pulled over in a neighboring town with 3 of my friends in the car. We had been drinking a little beer (but not drunk). None of us had a license. (Told you I'm a scofflaw!)

As I was under 21, even .01% blood alcohol content is considered a DUI/DWI in Hawaii. Not only did I not have my driver's license, neither did any of my friends. No registration or insurance either. The cop that pulled me over could have literally changed my life dramatically at that point with an arrest and DUI charge. Instead, he told me to pull my car over onto the side of the road, and told me he'd drive us all home and that I could come back with a licensed driver the next day to get my car.

This is what the cops were like back in the late 80's and early 90's in Hawaii. It was much like small town Sheriffs in the old days. They exercised discretion and treated the citizenry like people. They realized that the law was excessively draconian if it were to be applied with zero tolerance or consideration of each situation.

Those where the good old days, when I had respect for most Law Enforcement Officers I encountered.

Things are different now.

Several months ago, I got caught breaking the law. I was using my cell phone while stopped at a red light. I didn't see the cop car behind me, and they turned on their lights and beeped their siren to catch my attention.

Fuck.

In the State of Hawaii, it's a $149 ticket for using your cell phone while operating a motor vehicle.

But, hey, the cops are just doing their job right?

Except things have changed. I've gotten pulled over before for speeding. Running a red light. Failing to come to a complete stop at a stop sign...hey, I already told you I've been an outlaw since I was 14!

Sometimes I got a ticket. Other times, I got a warning and let go. In all cases, the cop usually treated me with respect and didn't condescendingly belittle me or act like an asshole on a powertrip.

But THIS time, for the unconscionable crime of using teh cell phone while driving, I had TWO officers approach my vehicle in a hostile and aggressive manner. While one officer came to my driver's side window and demanded my license and paperwork in a condescending and demeaning tone and manner, his partner stood on the passenger side, with his hand on his gun, ready to draw, as he intently scanned my car with a hostile look on his face, looking for any possible reason to arrest me.

For the first time, the officer looking at my paperwork and interrogating me, began to ask me potentially self-incriminating questions in a manner as if I were a defendant on the witness stand being cross-examined by a Prosecutor. Did I have a firearm in my car? Did I have any illegal drugs? Open containers? Where was I going to?

This sort of traffic stop is something I recognized from the standard operating procedure as depicted on the Tell-A-Vision in locales like the inner city ghettos and major Metropolitan areas of the country.

First time I ever saw that here in Hawaii.

After I got my ticket and was on my way, I talked to some HPD officers that I know personally, asking about this new procedure, and if in fact the cops were actively looking for any reason to arrest me?

Yes, this is the new normal here in Hawaii. No longer are the cops given much leeway in using their own judgement. They are trained to ENFORCE THE LAW, instead of the formerly common practice of maintaining law and order in the community by policing with judgement and discretion. Cops can now get in trouble for letting people go with just a warning.

There is a difference in the two approaches. With things progressing like that here in Hawaii (the land of Aloha!), I can only imagine how much worse it is getting in other areas of our Brave New World Order.

With this new understanding of the new normal of law enforcement here in Hawaii, I found this post from Eric Peter's Autos blog timely and an important reminder to all of us Sheeple, beholden to teh Authoritah of those who carry a gun and a badge and a tax collecting "ticket" book. These are things you should always remember when you get stopped by an officer OF THE LAW:

* Never forget: Cops are not your friend; they are not there to "help" you. They are there to *bust* you. Don't make it *easier* for them. Make it harder for them.

* Never forget that cops are legally permitted to *lie* to you. Take *nothing* they tell you at face value. Assume their intentions are *malignant*.

* Never forget that a cop is a *law enforcer*. He is there to enforce the law – any law, every law. It doesn't matter whether the law is reasonable – or whether you're a nice guy who doesn't "deserve" to be hassled. Cops are paid to enforce the law. Period.

* If stopped, keep your window rolled up almost all the way; leave just enough of a gap to allow you to hand the cop your license/documents. If he "asks" you to roll it down, politely decline. Whenever a cop "asks," it means you do not have to comply. If they *order* you to do something, then you must do it. But force them to make it clear you are being ordered to comply – "Is that an order?" – and are only complying under duress and not of your own free will.

* Be civil – not slavish. A cop is not *"sir."* By so addressing him, you feed his inner bully and Rule Number One for dealing effectively with bullies is to not let them think you are a *pussy*. Simple – and curt – "yes" and "no" answers will get the point across without being directly confrontational.

* Never make the mistake of responding directly to a cop's purposefully leading questions – which means, *all of his questions*. If the cop says, "Do you know why I stopped you?" You tell him, "I suppose you will tell me your reason." If he says, "Do you know how fast you were going?" You say, "I'm sure you have an *opinion*." If he asks whether you've been *drinking*, you remain *silent*.

* Never concede anything that could be construed – *will be construed in court* – as evidence in support of whatever charges are leveled at you.

* Never admit to anything – ever.

*Never attempt to *excuse* anything you may have done. Be silent. Shrug. But do not make excuses. Do not offer an explanation. If you do, you've just handed the cop exactly what he wants most – a tacit admission of guilt, which in court will become the basis for establishing your *legal* guilt.

* You have to give them your ID and insurance info – if you are operating a motor vehicle on "public" roads. It is "the law." But you do not – yet – have to tell them where you're going, where you've been – or anything else. If asked, shrug. State – politely, calmly – that you won't be answering any questions.

* Ask – repeatedly – whether you are free to go. It's an excellent stock answer to cop questions.

* If you have a concealed carry permit, the cop probably already knows – having run your license plate info through the computer in his car. Still, it is good policy to *tell* him, even if you are not legally obligated to do so (it varies, state to state). This is a psychological tactic which shows you (in the cop's eyes) to be "cooperative" without your actually having complied with anything that's against your interests. It may help defuse the situation – important when guns are involved.

* Never consent to a search. If a cop asks for permission, *he is asking permission*. It means he hasn't got legal probable cause – yet. Do not give it to him. Politely tell him, "I do not consent to any searches." Repeat as necessary. If he searches you/your vehicle anyway, you may have a legal basis for challenging the

> admissibility of anything found. But if you gave your consent to the search – and not objecting is the same as consenting – then anything found as a result of that search can and will be used against you in court.

> * Record the interaction. Higher courts have consistently ruled it is *legal* to do so, irrespective of what the cop tells you (see point made above about cops lying). There is no expectation of privacy in public. He can record you – you can record *him*. Use audio and video. If the cop “asks” you to turn off the equipment, politely decline. Merely state you are recording the interaction in the interests of everyone’s *safety*.
> Just like they do to us.

All of these are excellent suggestions. The only thing I would add, would be to temper any of these with your personal situation. If you're pulled over in a public location with plenty of witnesses, all of these forms of compliance without self incrimination are probably safe and may get you out of the stop without even a ticket.

But if you get stopped by a cop in a deserted area with no witnesses around, it would probably be best to cooperate to some extent with the cop in order to avoid getting them angry and provoking them into acting above the law, protected by the thin blue line.

You never know which kind of cop just pulled you over. Some are law abiding, respectful and well intentioned. Others...not so much.

Getting to the Point

Keoni Galt · 21 March 2013 · Archived copy · Original

[image]

"Time flies. The older you get, the faster it goes."

That's something my old man told me the entire time I was growing up. He was right.

There are times where I look through this blog's archives and shake my head in bemusement. There are things I'd forgotten I'd written. There are things I've blogged about that I can't believe I used to think like that. There are other things for which I laugh when I realize I wrote in 2007 that I could have easily written today, other posts, wishing I could take it back. Bah.

In any case, re-reading my own writing over a span of years has been an interesting journey into the continual effort in gaining a true education in how life really works in our Brave New World Order.

Every day, somebody new discovers teh MAndrosphere on teh Interwebz. Every day, we see comments of folks who've taken the red pill and choked it down and faced the ugly truths of how each and every one of us has been lied to by our schools, churches, media, leaders and most everyone else. Many folks can't even begin to fathom the lies they are living, because that is all they've ever known.

I write that from the perspective of having been one of those guys for quite a long time. This blog is one, long documentation of a process of deprogramming and truth seeking.

Sometimes, it gets repetitive, and I log on to this blog and stare at a blank "New Post" page and realize that what I'm trying to write, I've already written. Other times, I'll even write a full length post, than re-read it and simply delete it. Too redundant. What's left to say that I haven't already said?

That's when I log off and go read elsewhere. Sometimes, someone, somewhere in these fringes of teh Interwebz writes something that inspires the muse. I get writer's block often. But when the muse comes, the posts almost seem to write themselves. Other times, I read someone else's blog entry and get inspired all over again.

Like today.

I've been a long time reader of The Vigilant Citizen. He's changed his blog layout, format and content a lot since I first came across his site, but I never clicked on his "about" page until today. I usually don't look at most bloggers About pages anymore. Back in the early days of the emerging MAndrosphere, I used to, but now we just have too many blogs to read. (This is a good thing.)

Only so much time in the day, and time flies!

Anyhow, reading Vigilant C's About page was the inspiration for this little bit of nostalgia I've been indulging in with this post. VC doesn't use the Matrix Allegory - red pill | blue pill device which is essentially the MAndrosphere zeitgeist. Nevertheless, what he describes is what we are all familiar whenever we see newcomers who find these

fringes of teh Interwebz:

> I remember when I first learned about the “Truth” and it wasn’t pretty. I remember learning about how the mass media lie to our faces on a daily basis. About how the educational system only teaches the youth what they need to become obedient workers. About how politics are merely a puppet show and that, regardless of who is in office, the same Agenda will be going forward. About how our rights and freedoms are being revoked. About how the masses are purposely being dumbed-down. About how simple values are rejected from popular culture and replaced by shallow materialism and glorification of immediate fulfillment of impulses.
>
> Learning about these things was overwhelming and, to be honest, it really pissed me off. I remember being depressed for days, repeating to myself “Everything I was ever told was a lie”. I was disgusted by the world I grew up in and the people I used to look up to. That was an awful phase. But, looking back, I realized that it was just a phase – one that all seekers of truth eventually need to go through. It is shocking, disheartening, confusing and totally not cool. But necessary.
>
> As I pursued my research and as I gained a little wisdom and experience, that nasty feeling eventually went away. Gloria Steinem famously wrote “The truth will set you free. But first, it will piss you off.” That is certainly true. But after the “pissed off” phase, better understanding our world leads to an extremely valuable reward: Knowledge, wisdom and happiness.
>
> Although I do not consider this site to contain all of the “Truth”, simply a small part of it, I nevertheless hope its contents is insightful enough to prompt in some people a “thirst for more”.

I could have written that. Indeed, I pretty much have. That's what the past 5+ years of blogging here has been all about. Gaining an awareness of truth, and aligning my life in accordance to it. Many of these things have become automatic. The development of critical thinking and analysis.

> After a period of time of actively seeking the Truth through research and questioning, discerning what is real and what is illusion becomes an easy task. Instead of mindlessly absorbing everything that is communicated through mass media, a truth seeker will have the ability to say “Wait, this is BS. I do not believe it and I reject it.” **The erection of a gateway that controls the acceptance of messages in our minds, also known as “critical thinking”, is one of the main benefits of truth seeking.** This site focuses on mass media because its multiple outlets are used to sell illusion and delusion to the masses. They also define what is acceptable, what is desirable and what is not.

This is where the THEY LIVE glasses metaphor is so apropos.

> Watching a few hours of MTV programming is enough to understand that its contents promotes a specific set of values to the youth, notably the importance of materialism, the cult of celebrity and fame, the glorification of appearances and of the superficial, the sexualization and fetishization of everything and so forth. **A young person that has not developed the ability to think critically will absorb this information, integrate it and, ultimately, live by it.** However, an educated mind will realize that all of these values are artificial constructs and deceiving illusions.

Now you know why our Public Education system was deliberately dumbed down...so that the masses would fail to develop critical thinking skills, so they can be told WHAT to think, not HOW to think. To make minds malleable to the subversive influence of the Tell-A-Vision. Public School education is a factory, an infernal assembly line, churning out young minds ready to be molded by mass media indoctrination, so that we follow the script THEY have written for us all.

So what's the point of it all? Why The Mandrosphere? Why this continual beating of a dead horse with the "red pill | blue pill" Matrix allegory?

> This realization also leads to a new appreciation for the simplest things in life that are, coincidentally, the most important things in life. **Spending time with loved ones, appreciating the world's beauty and becoming a better person cost absolutely nothing, yet they are keys to true happiness.**

That is the point of all this truth seeking on teh Interwebz! Not to form a movement or support some political party or try to "fix the system." There's no fixing it, because it's not broken. It's doing precisely what it was designed to do.

> Our current System is looking to lead us away from these values because they create people who are not dependent of the System. The System needs us to crave and want, and to live for the crap that is sold to us. It needs us to spend our paychecks, to load our credit cards and to take on ridiculous mortgages in order for us to replicate what we see on TV. Our debts are the chains that link us to them and we willingly chain ourselves.

> What is more profitable to them? A strong family based on morals, values and traditions or a shallow individual who looks to fill the gaping hole in his/her life with appearances and consumer products? Who is the easier to influence toward a specific idea or agendas? Our current System is a giant wheel that needs each one of us pushing in order for it to advance. Without us, the wheel goes nowhere.

This is why Christianity had to be subverted, marginalized, feminized and expunged from the public discourse of mass media society (are you ready for the upcoming Rabbits and chocolate eggs day?!?!). Christianity promotes family as the foundation of society.

Happily married folks make happy families that breed too many children.

Happy people surrounded by family and friends, and who live a life in which they embrace faith in a higher power, don't buy things they don't need with money they don't have, to try and fill that hollow emptiness inside. They don't look to the Government to provide them with cradle-to-grave direction, sustenance and subsistence.

> The effects of rejecting what is fake and embracing what is real is the equivalent of eradicating a cancer that slowly eats away the spirit. But before curing an illness, one must identify it. So, despite the doom and gloom, **knowing the ugly truth should not lead to unhappiness.** Quite to the contrary, learning what we should avoid also leads to **learning what we should embrace.** These wonderful things are within our reach and always will be.

That, I believe, is the only real point to this all. Learn what to embrace and find true happiness in this life. That is all there really is to it.

Ka 'imi pono i ka Interwebz! lozlzolzolzolzol

A hui hou.

Quiplinks VII - Shout Out Edition

Keoni Galt · 14 April 2013 · Archived copy · Original

[image]
YES MA'AM!!!

I am not doing this for fame or money. I am not using my real name, and I don't even try to make money from Google Adsense. I am doing this because I want men to get up off their asses and stand up for themselves. - Rob Fedders

.

Yet again, Mr. No Ma'am inspires me to get up off my ass and start hammering away at the keyboard after the longest blogging hiatus I've taken since I started this thing in 2007 (3 & 1/2 weeks). I intended to make it a month, but what the hell, I'll just ride the muse when she sings.

It is apropos that Rob inspired me to resume blogging again, considering his blog is what inspired me to start this one in the first place. But enough about me.

One of the things I admire most about Rob is that he's never sought to promote himself as some Grand Poobah of all these great ideas. No, he's always been about paying it forward. Spreading the knowledge he gained and giving props to those he learned from (just like the many great Martial Artists I've met who exemplify humility and acknowledging their Instructors rather than focusing on their personal abilities and accomplishments).

He's turned his blog into a virtual repository for the works of the first generation of red pill dealers in the early days of teh Interwebz, guys many present day bloggers and commentariat of the MAndrosphere have never heard of. Check out these compilations of MAndrosphere knowledge before anyone ever thought to blog about THE RED PILL concept:

The Book of Bone Crker

Philalethes' Essays

The Eye of the Mind

The Wisdom of Zenpriest

The Book of Pook

Rob recently returned from his own extended hiatus with a two-part post that is a comprehnsive dissertation on "Activism" and how it relates to Men's Rights. Before I comence with the quiplinks, I urge you to go and read the whole thing...especially those of you who are relative newcomers to these fringes of teh Interwebz.

MGTOW Activism Part 1 | MGTOW Activism Part 2

The section I'd like to most draw attention though is here:

> There is no right way or wrong way to be a MGTOW Activist - it is one of the features of MGTOW, so I'm not going to try and shoehorn in what makes an MGTOW or not. However, there are certain things we have discovered that worked for us in the past.
>
> **Start Your Own Blog or Website**A long time ago now, I used to regularly read William S. Lind's columns about Fourth Generation Warfare. Now, of course, I am not advocating doing anything violent, but rather taking the concept of decentralization found in Fourth Generation Warfare and adapting it to the internet. There is no "leader" of MGTOW to attack or discredit. We are all leaders of *our own* movement, and if one of us is removed, there are more nameless people to take his place.

For those who take up the challenge and decide to enter the fray and become a Fourth Generation Interwebz Warrior, Rob's got some great advice for those who feel the inspiration to start blogging:

> If you do start your own blog, here is a quick tip: don't publish all of your articles all at once. What I mean is, lots of guys start up a blog, get really excited about it, and crank out one or two articles a day - every day, and then find that within two weeks they are burnt out. What you need to do is make a post every three days or so when you first start out (later, after you are established, an article a week will keep the hits rolling in).
>
> So, when you have all that energy at the beginning, go ahead an write your articles, but schedule them accordingly by spacing them out. You will be glad you did, I promise. It will also give you the luxury of not being under the gun to write *something* simply to keep your blog running, and thus, you will find that if you are writing two weeks ahead of publication, your articles will be of much higher quality.
>
> Also, keep in mind that when you first start your blog, your hits will be minimal, no matter how many articles you write. So don't blow your brains out over articles that hardly anyone will read. Your goal should be to provide something every few days so that people will know to keep checking in, and thus, you will begin to get exposure by others linking to you.

Good advice. As I noted in my last post, I had recently spent some time reading through my own archives. I have to laugh at some of my earliest posts that had only 12 hits. Don't worry if some post you labor over and you feel is a really good piece doesn't experience success right away. If you keep at it, eventually you'll get wider notice, and that's when your new readers will begin to look through your archives. I'm still somewhat surprised when I see people reading posts I wrote back several years ago getting linked to and commented on.

> **Linkage is Good for You**
> Be sure to link to others, *especially* those that link to you. I check my stat-counter almost every day, and if I see that a new blog has linked to me, it will automatically get linked in my blogroll. I *want* them to get exposure, and further, the more exposure they get, the more I will get in return! I also link to blogs that I have read which don't yet link to me, but I go through my blog list every few months and clean out the ones that have not provided a reciprocal link to my blog. Why? Because I want those who scratch my back to get the most amount of traffic I can provide them with, and clogging up my blog list with oodles of links to those who are unwilling or just don't care enough to link me back, lowers the exposure those who do support me will receive, and this in turn harms me.

More good advice, though I don't really follow it. From the very beginnings of this blog, I never even knew I was able to check my blog stats. Only within the last year or two did I bother to look into that and start checking up my stats and referring url's on a regular basis. But I don't do it to try and figure out how to get more blog hits or anything like that, it's more out of curiosity and disbelief. (I still can't believe how many hits I get nowadays, even with a 3 week hiatus, my hits barely dropped. I don't get it...). Rob also offers this perspective:

> Another thing I tend to avoid is linking to big blogs. First of all, they don't link to me so I don't "owe" them anything. Now, I get it, if they linked to everyone who linked to them, they would have blogrolls that numbered in the thousands. But on the same token, if they are so large, then they certainly don't need me to link to them in order to get exposure. Everybody knows who the big blogs are already, whether I link to them or not. Also, it kind of negates the notion of "decentralization" to have big websites acting as a clearing house for all of our ideas. I prefer to send my traffic to the smaller guys so that they may get their legs under them and grow into big blogs themselves. I'd like to see dozens and dozens of really big blogs dealing with men's issues, but this will never happen if we ignore the little nuts who may grow into a mighty oak, in favour of only looking at the full grown oaks and simply *wishing* there were more of them around.

I like Rob's idea of trying to drive traffic to "the little nuts." Heh.

However, my approach to assembling my blogroll is a little more selfish. I primarily assembled it for me. It's my daily reading list with my morning cup of joe. My personal policy has always been to add anyone and everyone I've ever found who's posted something I found interestintg, thought provoking and relevant to this sector of teh Interwebz . Many folks I've added to my blog roll have reciprocated and added me to their blogrolls.

To all who have done so, thanks, I appreciate the courtesy even though I don't expect it. To those that don't, no biggie, that's not why I linked to you in the first place.Your still entertaining and thought provoking enough for me to always be curious as to the latest things you're writing about. To date, there is only two blogs I've ever purposely deleted from my blogroll, and those are for reasons I'd rather not go into anymore, as my focus in participating in these fringes of teh Webz is now largely aimed at avoiding DRAMA. Got enough real drama in real life to deal with as it is.

That all being said, I think Rob's advice for fledgling bloggers is good.

> Back when MGTOW first debuted in 2006, we used to do something called "shout-outs." Basically, anyone who showed that they were flying the MGTOW flag and were committed to maintaining a blog, got a public shout-out to the other MGTOW bloggers so that he would be entered as a link on everyone's sidebar, and also to provide the newbie with some traffic to get his legs under him. It also had the benefit of providing the person who did the shout-out, to be able to take a few days off of blogging while directing all of his traffic to someone who needed it, while still providing one's readers with, well, something to read.
>
> Here is a shout-out for someone you may recognize. **{That guy was a kook!}**
>
> Marky Mark just did one the other day.
>
> And here was mine.

> When I got my shout-out, it was probably the most significant thing that happened to me in my entire blogging career. Before that I was only getting about 75 hits a day, but suddenly I was getting Eternal Bachelor's 2,000 hits a day all directed to my site and I was like "Holy Smokes! I'd better sit down and write some good stuff while I can!" After the shout-out disappeared into Eternal Bachelor's archives, my blog settled in to about 400 hits a day, and from there it steadily increased. In part it kept on increasing because of the exposure I had received, but even more so, once I had the exposure I was highly motivated to keep it by continuing to provide my readers with more content. And here I am, seven years later, still running my blog! So, don't forget to take care of the little nuts, for they will be the oaks of tomorrow if just given the chance to grow.

In that spirit, the following Quiplinks will be shout outs to all the "little nuts" of the MAndrosphere.

May those of you who stick with this effort over the long haul grow into mighty oaks as we seek to spread the philosophy of *Going Your Own Way* and continue to wage this fourth generation war...

...a war of AWARENESS.

In the spirit of giving Shout Outs, we're starting off this edition of Quiplinks with a pertinent quip from Francis Begbie:

"So you're a regular around here ken. Fair fucks to ye. You're reading all the shit, all these alpha fucks en beta bucks lozozozoz and whatnot. You're aware of your Roissys, your Rollos, your Rooshs. Ok. But, there are a number of underrated, underneath the surface bloggers that you should be reading, guys that are well worth your time." - The Soul is Not a Smithy

"And that, ladies and gentelman, is what 'effective activism' looks like. Something so interesting, so compelling, you CAN'T look away. A truth so revealing, it cannot be unseen. A fundamental change in perspective." - Hunting for Archetypes

"Bluntly, men are being punished for being ***good*** men." - The Phantom Toll Booth

"I want to tell you, my friends, of a sad occurrence in my life. These events transpired early last week, and I will never forget the disappointment." - Illusion of Sanity

"I don't find the lack of intellect among the average person all that disturbing." - Uncle Bob's Treehouse

"When people have problems, they search for answers. They question their worldview." - Young Man Red Pill

"Waiting for the right time is a trap. It is a way of justifying your cowardice. Days of 'it not being the right time now' easily turn into years of lost opportunity." - Reflections of the Age

"As we all know, every good argument can either be summed up in small enough space to fit on a bumpersticker or a tweet. If you found a simple and witty phrase, you are obviously correct." - The Karamazov Idea

"That's still how I operate: "Regardless of others' feelings." Not because I think they're unimportant, but because there is nothing I can do about them, and no time even if I did." - Things That We Have Heard and Known

"Well, women, on some level, know that they have been lied to. You can see that in their fears." - Dark Brightness

"...Feminism is a religion that is as accepted now as mainstream values as Christianity was sixty years ago–it's NORMAL. Because of this, people don't even realize they're supporting it." - Feminism is Empathological

"Back in the day I think some one called these kind of females Frog Farmers. Chicks who turn Princes into Frogs instead of the other way around." - Rex Patriarch

"When women complain about men wanting to marry a virgin, they need to keep in mind that we have a very good reason to do so. None of us want to become the next Neville." - Donal Graeme

"Exercise self-control in your speech, maintain a positive and healthy mental attitude, and edify others by your words. Swearing should be used to fit in that. " - The Alpha Anomaly

"This shameful patriarchal oppression has to stop! We must take the patriarchal power away from men, and give it to women as compensation for past injuries." - Deansdale's Blog

"I'm pursuing myriad self improvement activities, but I always feel there is a bit more I can be doing." - You So Would...

"It's amazing how far we've come along this path." - Carnivore's Cave

"This is both an ancient and a modern story, and perspective might help us to come to grips with where we wish to go as the feminist dystopia collapses around us." - Patriactionary

"And there it is the truth raised up from a century of dead men's sighs. *It is by not thinking that we cease to wonder.* " - Society of Amateur Gentlemen

"If the Catholic Church actually looked like this, I think a lot more of us Manosphere Atheists would be calling ourselves Christian…" - Stares at the World

"This is basically a proof I'm doing pretty good with this parenting thing." - A Guide for a Young Patriarch

"Female Supremacy is the manifest purpose of Feminism." - Man, Woman & Myth

"'Porn is a legit sexual outlet...' No, it is not. Porn kills your dick's soul." - finndistan

"For libertarians, the issue of abortion is a very uncomfortable one, because it sits right smack bang in the middle of a massive dilemma for any conscientious libertarian." - Didact's Reach

"Sometimes, I don't realize I'm doing it. That's the real problem. Unrecognized flaws cannot be fixed." - Honest Introspection

"I should have known better, but my youthful naiveté made it hard for me to recognize." - the LIFESTYLE

"And perhaps this is why men don't "put a ring on it". Women have instead sold their soul for another sort of Ring." - Unmasking Feminism

"Frame control is one of the most important things you can learn. You don't need to assert your frame 100% of the

time as long as you have a general understanding of the concept. If another person has a better idea, it is ok to back down. There is a difference between being strong and being unnecessarily stubborn." - welcome to the lifestyle

"...equalitarianism can never really be achieved, because people are fundamentally unequal in a huge number of ways, which means that it is an endless crusade, the perfection of which remains more or less elusive and equidistant regardless of how diligently it is pursued. " - Veritas Lounge

"Bitches, I'm, you know, fucking unique and shit!!!" - Grit Artisan

"We bark our talking points, they yelp back with theirs, no minds change, and we end just how we started." - Alpha is Assumed

"Our government is now tripping over dollars to pick up pennies." - MEN-FACTOR

"Who wouldn't want to watch the "Washington insert your ethnic minority heres"?" - Spootville

And, last but certainly not least (and with much appreciation for regular inclusion in the Lighting Rounds):

"If you're looking for an LTR or a girlfriend. Just don't; it's stupid. If you want sex, get sex through an STR, FWB, or ONS. If you want companionship, get a male friend or a dog. If you want a family and life-partner, get a wife. Getting a girlfriend is the worst of all three worlds while minimizing the benefits of any of them." - Free Northerner

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Now, to wrap this all up, there's one more piece of advice Rob Fedder's offers all these up and coming blogger of the MAndrosphere that I neglected to mention before the quiplinks:

> **Don't Delete Your Blogs**
>
> Of course, not all people will want to keep blogging forever. If you no longer feel the motivation, that's fine. It is a thankless job and the pay sucks. But please, oh please, don't delete your blog! Not only does it remove from the internet a significant body of work that others might find and read, whether old or not, but it also removes all of those links in the articles, in the comments, and on the sidebar, which support those of us who still are blogging.
>
> Most guys who quit blogging have not lost the faith in the message, they simply are fed-up with blogging. There's nothing wrong with becoming a Man Going His Own Way (MGHOW) and moving on - in fact, it is one of the natural conclusions of MGTOW. But please, if you've found a path to enlightenment through MGTOW and the manosphere which resulted in you starting up a blog, leave your work up so that others may find it, and so that the links in your blog may direct others towards those who are still actively blogging about it.

The Longevity "Paradox"

Keoni Galt · 18 April 2013 · Archived copy · Original

[image]
Lorna Gobey celebrated her 100th birthday with a glass of whiskey and a cigarette.

It is inevitable. The system THEY have set up, is designed for long term failure...an economic and social system that is nothing more than a civilization wide, multi-generational, incremental implementation of a convoluted, and deceptive control grid - aka MATRIX - that appears too complicated to understand. But when you strip away all the extraneous deceptions and misdirections, it really is nothing more than the largest COMPANY STORE scheme ever instituted in the history of humanity. And what is the name of this COMPANY STORE?

Brave New World Order, Inc. Of course.

At the top of the executive board of this Zero Liability corporation (TOO BIG TO FAIL), we have Central Banking Cartels, and their monetary system based on fractional reserve lending and fiat currency; combined with a large, pervasive and invasive taxation system, and a multitude of centralized bureaucracies designed to create mass dependency.

In conjunction with the socially engineered population control measures of widely available birth control, abortion, and the normalization of feminism, promiscuity and homosexuality, you end up where we are today - large numbers of people dependent on Government entitlement spending to subsist, with less and less successive generations being born to grow into productive working classes to actually produce the tax receipts for funding of the re-distribution programs of entitlements to the dependent classes. This is the real root of "deficit spending."

This "forces" the Government to "Borrow" money from the Central Banking system to keep issuing those entitlement funds more and more citizenry are depending on for basic subsistence.

The more entitlement payments that have to made, the more has to be borrowed.

The more that is borrowed, the more the "National Debt" exponentially increases. The more Demographic decline, the less productive workers produce taxes for redistribution, the more has to be borrowed to keep the status quo of dependency expenditures going. This is not just what is happening in USA Inc., but in every country on the planet that has a Central Banking System.

Debt and dependency, the twin tools of the elite for the mass enslavement of humanity.

THEY know this. What THEY are doing, is trying to extend the scheme for as long as possible, to extract as much wealth and assets from the masses that they can, before the inevitable collapse occurs. Once that happens, then we get the naked and outright imposition of the Police State Orwell predicted. But until then, they've got one overriding objective: keep the gravy train rolling for as long as possible.

One of the primary tactics they are using to delay the inevitable, is to promote behaviors that kill off as many sheeple as possible before they hit the age for which the majority of entitlement benefits become due - aka Social Security, Medicaid and Medicare.

In other words, the more people who die before they reach the age to collect their "entitlements" the longer they can keep the COMPANY STORE running.

This is why it is official Government policy to promote diet and lifestyle behaviors that are health destroying.

This is in part, why THEY have instituted propaganda campaigns to instill fear in our minds. Unreasonable, false fears of the very things that would ensure we live long, happy and healthy lives of fulfillment and productivity. This is why they want us to fear eating saturated fats, red meat and natural sea salt. Why they want us to avoid the mid-day sun and to use sunscreen whenever we happen to be out in it. Why they have adulterated our water and food supply with all sorts of poisonous and toxic substances. Why they want us all trapped in a health care system that is too expensive and gives us limited, false choices in dealing with health issues. THEY own the companies that both produce the FEED and produce the medications to treat the symptoms caused by eating their FEED. This is also why the only officially recognized treatment for cancer -- which develops after a lifetime of nutritional deficiencies based on following all the other proscriptions THEY dictate -- is radiation poisoning that kills more people than it saves.

So too does it explain why they want the normalization of gender androgyny, broken homes and the destruction of marriage as an institution. When both parents must work, they are far more likely to depend on the fast, convenient FEED of the processed food industries subsidized by Big Ag. A lifetime of eating the FEED, will drastically shorten the average lifespan - from the perspectives of THEY who have engineered it this way, hopefully short enough to kill the majority of us before we hit entitlement collection age. As most long time readers know, I've come to the conclusion that this is all being done quite deliberately.

Once you truly understand these motives, you can then begin to question other directives and assumptions of the conventional wisdom they promulgate through mass media influence. More specifically as I'm going to cover in the next few posts here, the social and institutional demonization of smoking tobacco and drinking alcohol.

EVERYONE knows smoking tobacco and drinking alcohol are bad for your health, right?!?!!!!?

Of course. We are all familiar with the stories of those who've been killed by drunk drivers. Of alcoholic parents who were abusive and neglectful.Of lifetime chain smokers who died of emphysema and lung cancer.

What is not commonly recognized however, is the role that these substances play in extending the longevity of *most* folks, when used over a lifetime of sensible moderation. In the statistical long run, the moderate consumption of alcohol and usage of tobacco products actually extend the lives of those who are able to do so without crossing the line of **use** into heavy overuse and **abuse**.

Statistically speaking, if we were to live in a world in which Alcohol and Tobacco were completely unregulated and ONLY controlled by social mores, MOST would not cross over into the threshold of addictive abuse...which would lead to increased longevity of the populace *on average*. Like anything else, you will always have a certain sub-section of people with addictive personalities and self-destructive tendencies who will eschew moderation. But overall, I believe most people wouldn't. And it would be even less harmful and destructive on a larger scale, if the large corporations that have gained control of the production of these substances did not exist to produce their corrupted fare for mass consumption.

This, in my humble opinion, is the ultimate rationale behind why it is official Government policy to allow the adulteration of these substances with harmful additives, why it discourages the sensible and moderate use of these substances, and why it produces deceptive and dishonest propaganda to keep the masses from discovering the long

term health benefits of sensible, moderate usage.

To be continued...

Welcome to the 21st Century Panopticon

Keoni Galt · 23 April 2013 · Archived copy · Original

Originally Published in bad faith...



> The telescreen received and transmitted simultaneously. Any sound that Winston made, above the level of a very low whisper, would be picked up by it, moreover, so long as he remained within the field of vision which the metal plaque commanded, he could be seen as well as heard. There was of course no way of knowing whether you were being watched at any given moment. How often, or on what system, the Thought Police plugged in on any individual wire was guesswork. It was even conceivable that they watched everybody all the time. But at any rate they could plug in your wire whenever they wanted to. You had to live — did live, from habit that became instinct — in the assumption that every sound you made was overheard, and, except in darkness, every movement scrutinized. – George Orwell, 1984

Good ole George saw the future the social engineers of the Fabian Society had planned for us all, and his seminal book, 1984, has proven to be entirely too prescient for the freedom-minded individualist opposed to the current system of behavioral control. The only real inaccuracy was that he predicted it's society wide implementation would be complete 20 years earlier than it has actually been realized.

Better late than never?*

The idea of a population's behavior being controlled by the uncertainty of whether or not the authorities are watching at any given moment was not originated by the Fabian Socialists. That credit belongs to an Englishmen by

the name of Jeremy Bentham, who came up with a design for a penitentiary system he called the Panopticon.

> The Panopticon ("all-seeing") functioned as a round-the-clock surveillance machine. Its design ensured that no prisoner could ever see the 'inspector' who conducted surveillance from the privileged central location within the radial configuration. The prisoner could never know when he was being surveilled — mental uncertainty that in itself would prove to be a crucial instrument of discipline.

Bentham's concept was groundbreaking in penitentiary design for controlling prisoners behavior. Greater control of the inmates with less manpower spent surveying them. In short, the design worked because it utilized uncertainty within the inmates own mind.

The social engineers who have shaped our Brave New World Order have taken this principle and extrapolated it worldwide to create a surveillance state that now encompasses our entire society.
Unlike *1984*, in which Big Brother's authoritarian regime instituted it from the top down, the 21st century Panopticon of today was gradually built up through a combination of efforts in both the private and public sectors. This was done by the creation of data "fusion centers."

From The 21st Century Panopticon?:

> Fusion centers are an amalgamation of commercial and public sector data for the purpose of optimizing the collection, analysis, and sharing of personal information. The Department of Homeland Security's $380 million in funding has created over 40 information fusion centers in the United States.

These fusion centers combine all the public sector data of we the sheeple – like our SSN, medical record numbers, library cards, driver's license numbers, taxpayer numbers – and aggregate them with private sector data. With this fusion, is enough to create a detailed profile of nearly every aspect of our lives.
Where does this private sector data come from?

Blogger Mac Slavo points it out in his article, Americans, Everything You Do Is Monitored:

> Everything you have ever bought with a credit card or membership club card is sent off for processing and aggregation to centralized data centers. While you may use a Visa card at one store, a Mastercard at another, and pay cash with a grocery membership card somewhere else, it's as easy as finding your name and cross referencing that on your cards – and your entire shopping profile can be created. The purpose, we're told, is to better improve our shopping experience and provide market data to companies so that they can improve their advertising. We can only guess at who else has access to this information, which happens to be very easily accessible and widely available for a small fee.

Than again, I don't know why the Government has spent so much time, money and resources to create these fusion centers to keep an eye on us all….most sheeple upload their profiles voluntarily to social media networks.

Slavo alludes that US intelligence agencies recently invested 5 billion dollars into social media companies:

> For many, it's fun to spend every waking hour updating the rest of the world on what we're doing. We publish our thoughts. We upload our pictures. We even click a like button at the end of articles like this one to let people know what we're into and what they should be reading. As social networking becomes bigger, connecting hundreds of millions of people across the world, so to does the profiling of members of these networks. Have you agreed with what a certain person has said in a recent post? If they're a person-of-interest for whatever reason, then guess what? You've just become one too. Did your friend recently take a picture of you at a party getting rowdy? Once that hits the social network, facial recognition technology will identify you and publish your name for all the world to see, including current or future employers. It's a social network, and its purpose is to learn everything about you. Perhaps this is why key U.S. intelligence agencies made no effort to hide their $5 billion investment in the largest network in the world recently. Social networking is a critical tool in the struggle to categorize every person on earth.

Are you comfortable with this state of affairs?

It's really difficult to resist. After all, instead of forcing us to accept a surveillance society, the conglomerate of government, and big business corporations have made the tools and means of the 21st century Panopticon by giving us goods and services that appeal to us and offer some very useful functions.

It's great to have a cell phone that can tell you where the nearest liquor store is when you're on a beer run while visiting a city you've never been to before…or to take pictures and video clips of your kids to upload to your social media page so grandma and grandpa who live on the other side of the country can stay connected…or having a membership card that gives you a good discount on your groceries. It is becoming increasingly difficult to work and live in today's Brave New World Order without being plugged in to the worldwide network of personal information.

Is it worth it? Is the convenience, utility and benefits we enjoy worth empowering the very real manifestation of Orwell's Big Brother surveillance state?

At this time, it may not feel like we live in the society-wide paranoia that Winston lived with in the Panopticon of *1984*'s "fictional" dystopia…but based on the raft of Executive Orders and Homeland Security measures that have been enacted in the last several decades, it is simply a matter of the Government obtaining the right excuse or event to trigger martial law.

During the subjugation of Europe by the Nazi's, they used gun registration information quite effectively to identify, suppress, arrest and execute any and all potential resisters.

That was one single data source they were able to use to identify and control the masses.

Today's Governments have an almost infinite number of sources of information about each and every one of us to use as they see fit. If they wanted to, they could identify and round up every person who smokes Marlboro Reds and downloads Jenna Jameson porn clips to their smart phones while they drive through rush hour traffic in cities under the watchful eyes of the traffic cameras.

Or consider this: let's say Obama pulls the trigger and declares martial law, and decides that any one associated with teh MAndrosphere should be rounded up...anyone blogging from their "smart" phones with GPS Apps enabled will be easily tracked down and sent on an all expenses paid camping trip.

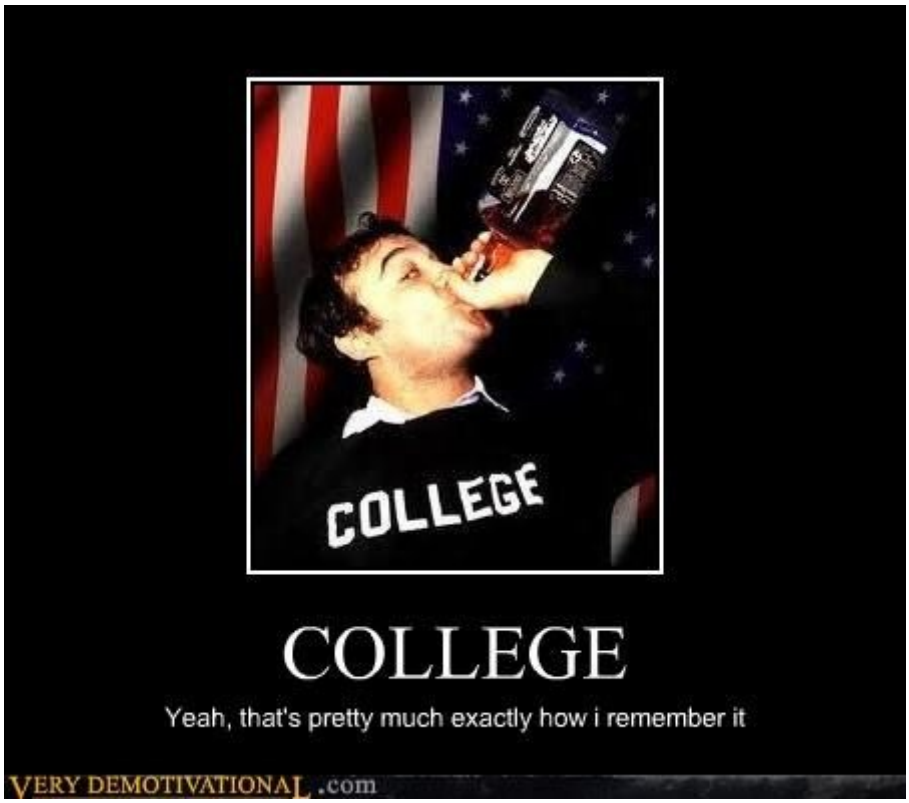
WELCOME TO THE 21ST CENTURY PANOPTICON

BIG BROTHER IS WATCHING YOU

** When this piece was written for In Mala Fide a couple of years ago, I did not know why Orwell named it "1984" and assumed that he was predicting the date when the dystopian society he describes would have come to fruition. I've since read some interesting theories behind the naming of the novel.*

The Longevity "Paradox" - Alcohol

Keoni Galt · 24 April 2013 · Archived copy · Original



Continued from here:

> *In the statistical long run, the moderate consumption of alcohol and usage of tobacco products actually extend the lives of those who are able to do so without crossing the line of **use** into heavy overuse and **abuse**.*

Your average person in today's Brave New World order considers the consumption of alcohol a net negative to general health. While some folks readily recognize the benefits of moderate consumption, it's not hard to find many, many folks that consider being a teetotaler to be one of the best things one could do for their overall health.

"I DON'T DRINK" is a phrase I've heard from many a person who states it as an article of faith that they abstain due to self-proclaimed commitment to a healthy lifestyle. You see the sentiment in health conscious regular commenters at a place like Mark's Daily Apple.

On the other hand, you meet people who enjoy the drink, but feel guilt racked about it and feel committed to serving some form of penance for committing the occasional transgression to their health. Now out of control alcoholics who recognize they have problems with self control and moderation should be reticent about the potential of abusive levels of consumption...but I've heard similar sentiments from a number of folks who are occasional, moderate drinkers. 3 beers on a Friday after work sort of thing. This is the cognitive dissonance of the person who likes the taste and mild sedative effect of a couple of drinks versus a lifetime of cultural indoctrination warning of the health effects of excessive consumption and anti-drunk driving propaganda campaigns. This imparts

a mindset that moderate alcohol consumption is a "guilty pleasure."

Just another facet of the fear-based programming we are constantly bombarded with. It is similar to the endless promotion of solarphobia by the sponsors of the sunscreen lobby and a pharmaceutical-industrial complex that relies on a never ending supply of customers to treat the multitude of afflictions that develop from persistent Vitamin D3 deficiency.

Everyone knows alcohol is bad for your health!

Dr. Micheal Merzinich writes in Moderate Drinking and Longevity:

> I have earlier described evidence from a large British study that identified a positive impact of the moderate consumption of alcohol on longevity — in their case, apparently adding about 1.5 years to a lifespan.
>
> Now, from my own university comes another large, careful study that supports this conclusion, while doing a little better job of eliminating other possible factors that might account for this longevity benefit. For example, moderate drinkers in the U.S. are a little better off financially on the statistical average, and have other lifestyle benefits that stem from their advantaged position. In the UCSF study led by Dr. Sei J. Lee published in the Journal of the American Geriatrics Society, 12,519 individuals over 55 years of age were tracked over a 4 year period. At the end of that period, **50% fewer moderate drinkers** (equivalent to 1-2 glasses of wine/day) **had died** than did those who either drank less, or more. When other factors that could also impact mortality (for example, related to physical or mental health, or being financially better off) were ruled out, still 25% fewer moderate drinkers had kicked the bucket than had either teetotalers or heavier imbibers.

There is plenty of speculation as to why this is so. There has been plenty of research into the anti-oxidant properties of poly phenols in red wine, for example. But the statistical studies that show increased longevity from moderate consumption don't differentiate between red wine and other forms of booze. And there has been plenty of other studies done on this besides the one cited by Dr. Merzinich.

From Alcohol, the World's Best Medicine *(Now there's a great article title!)*:

> Moderate drinkers **tend to live longer** than those who either abstain or drink heavily.

> - The National Institute on Alcohol Abuse and Alcoholism has found that the lowest death rate from all causes occurs at the level of **one to two drinks each day.**10

> - Drinking alcohol in moderation (1-2 drinks per day for women and 2-4 for men) was found to **reduce risk of mortality significantly** according to meta-analysis of 34 studies of alcohol and total mortality among 1,015,835 men and women around the world.11

> - An exhaustive review of all major heart disease studies found that “Alcohol consumption is related to total mortality in a U-shaped manner, where moderate consumers have a reduced total mortality compared with total non-consumers and heavy consumers.”12

> - A Harvard study found the risk of death from all causes to be **21% to 28% lower** among men who drank

alcohol moderately, compared with abstainers.13

- A large-scale study in China found that middle-aged men who drank moderately had **a nearly 20% lower overall mortality** compared with abstainers.14

- Harvard's Nurses' Health Study of over 85,000 women found reduced mortality among moderate drinkers.15

- A British analysis of 12,000 male physicians found that moderate drinkers had **the lowest risk of death from all causes** during the 13 year study.16

- A large study of about 88,000 people conducted over a period of ten years found that moderate drinkers were about 27% less likely to die during the period than were either abstainers or heavy drinkers. The superior longevity was largely due to a reduction of such diseases as coronary heart disease, cancer, and respiratory diseases.17

- A twelve year long prospective study of over 200,000 men found that subjects who had consumed alcohol in moderation were less likely to die during that period than those who abstained from alcohol.18

- A study of more than 40,000 people by the Cancer Research Center in Honolulu found that "persons with moderate alcohol intake appear to have **a significantly lower risk of dying** than nondrinkers."19

- An analysis of the 89,299 men in the Physicians' Health Study over a period of five and one-half years found that those who drink alcohol in moderation tend to live longer than those who either abstain or drink heavily.20

- An Italian study of 1,536 men aged 45-65 found that **about two years of life were gained by moderate drinkers** (1-4 drinks per day) in comparison with occasional and heavy drinkers.21

- A study of 2,487 adults aged 70-79 years, who were followed for an average period of over five and one-half years, found that all-cause mortality was significantly lower in light to moderate drinkers than in abstainers or occasional drinkers (those who drank less than one drink per week).22

- A large prospective study found that older men consuming up to about three drinks per day and older women consuming over one drink per day had a dramatically lower risk of dying than did non-drinkers.23

- A large study found that moderate drinkers, even after controlling for or adjusting for numerous factors, maintain their high longevity or life survival advantage over alcohol abstainers.24

- A Danish study of about 12,000 men and women over a period of 20 years found that abstaining from moderate alcohol consumption is a health and longevity risk factor. Choosing not to drink alcohol increases the risk of illness, disease and death.25

- A 14-year study of nearly 3,000 residents of an Australian community found that **abstainers were twice as likely to enter a nursing home** as people who were moderate drinkers. Drinkers also spent less time in hospitals and were less likely to die during the period of the study.26

- A prospective study of middle-aged Chinese men found that the consumption of two drinks per day was associated with a 19% reduction in mortality risk. This protective effect was not restricted to a specific type of

> alcoholic drink.27

> - Alcohol prevents more deaths than its abuse causes in the United Kingdom, according to research from the London School of Hygiene and Tropical Medicine.28

> - Scientists at the University of London concluded that light and moderate drinking saves more lives in England and Wales than are lost through the abuse of alcohol. If everyone abstained from alcohol, death rates would be significantly higher.29

> - The Cancer Council of New South Wales concludes that “If the net effect of total alcohol consumption on Australian society is considered, **there is a net saving of lives** due to the protective effect of low levels of consumption on cardiovascular disease.”30

It's not just related to longevity, but also better general health and well being:

> Moderate drinkers **tend to enjoy better health** than do either abstainers or heavy drinkers.

> - A nation-wide survey in the U.S. revealed that daily moderate drinkers experienced **significantly less acute hospitalization.**31

> - A nine year study of indicators of good health found moderate alcohol consumption to be associated with **the most favorable health scores**.32

> - A study that examined nearly 10,000 men and women at age 23 and again at age 33 found that the moderate drinkers experience lower levels of poor general health, long-term illness, and psychological distress when compared to abstainers and heavy drinkers.33

> - A study of nearly 20,000 Spaniards found that moderate consumption of any alcohol — beer, wine, or spirits — was linked to better overall health, compared to abstinence from alcohol.34
> - A nation-wide Canadian study found that moderate drinkers who consumed alcohol daily had **15% less disability than the general population**.35

> - A Dutch study found that moderate drinkers under stress were less likely to be absent from work than were either abstainers or heavy drinkers. The investigators concluded that “abstinence is at least as unhealthy as excessive drinking.”36

> - A study of 3,803 individuals age 18 to 101 found that lifelong teetotalers as well as former drinkers are consistently less healthy than light to moderate drinkers (those who consume up to 60 drinks per month). The health superiority of light and moderate drinkers extends to both physical and mental health.37

Regular, moderate consumption also appears to be good for your bone density. Consider the following research - Moderate alcohol intake associated with bone protection:

> In an epidemiological study of men and post-menopausal women primarily over 60 years of age, regular moderate alcohol intake was associated with greater bone mineral density (BMD). Researchers at the Jean

> Mayer USDA Human Nutrition Research Center on Aging (USDA HNRCA) at Tufts University found associations were strongest for beer and wine and, importantly, BMD was significantly lower in men drinking more than two servings of liquor per day. The results suggest that regular moderate consumption of beer or wine may have protective effects on bone, but that heavy drinking may contribute to bone loss (see also Tufts University, Health Sciences).

So what to conclude from all these studies? Moderate alcohol consumption in combination with a healthy diet and exercise lifestyle seems to be the best combination to achieving good health and a long, natural life.

As I wrote in the first Longevity "Paradox" post, to those who consider our earth over-populated, and to those who desire to cull the herds of sheeple down to keep their COMPANY STORE running, there had to be a number of ways to mitigate the longevity and health improving effects of a lifetime of moderate consumption of alcohol.

To start with, all you need really do is compare different cultures and their approach to alcohol consumption. In the US, we have a National restriction on alcohol consumption or possession to anyone under the age of 21. In most European countries, there's a restriction for serving alcohol in establishments to the ages 16 - 18....but it's not a crime for minors of younger ages to drink at home if their Parents allow them to - whereas in America, it's considered a crime -- and even abusive -- if a parent allows a child under 21 to have a sip of alcohol in the privacy of their own home.

What does this do? It promotes a culture of binge drinking when American kids are on the cusp of adulthood. On one hand, we have the State saying alcohol is utterly verboten to young adults and adolescents, on the other, we have a mass media driven popular culture that glamorizes the college partying lifestyle. Movies like *Animal House* and *Revenge of the Nerds* portray binge drinking as a rite of passage for college youth. By arbitrarily raising the drinking age to 21, it creates an artificial demarcation that purportedly signifies the difference between irresponsible youth and mature adulthood.

But kids don't start attending college at 21, most start at age 18 or 19, and they have been raised with the expectations that the college party experience is supposed to be the best years of their entire lives. They get invited to parties where the older students are boozing it up, the under-agers long for the artificial adult status bestowed on 21 year olds...so you get the binge drinking phenomena we are all familiar with.

The key here from those intent on curbing moderate consumption, is instilling behavioral patterns in most people when they first discover the alcohol. Under 21 teens yearn to be recognized as mature, independent adults. But they can't order a beer or a glass of wine at restaurant, or even attend concerts, shows or nightclubs with strict age restrictions. In wider society, they are not treated like adults - yet they are allowed to vote, enlist in the military, sign legal contracts, possess and use tobacco, get married and divorced, have children and work full time jobs. This is essentially using alcohol consumption as the ultimate tool of deliberate social engineering to extend adolescence.

Contrast that with the typical experience of a European - excluding the UK, who's legendary, society wide drunkenness rivals the US college scene. On a pilgrimage to pay homage to my favorite whiskys, I visited UK cities such as London, Dublin, Edinburgh, and Inverness . Every night I spent in these cities seemed like a nightly celebration of drunken hell raising and debauchery. Fun, fun, fun! But I digress...

People I know who come from France, Italy, Spain, Germany etc., have all told me similar accounts of growing up in a culture for which the attitude and approach to moderate alcohol consumption are taught from a young age. They were trained to drink moderately by their families, in the privacy of their homes. By the time they hit 18,

there is no "mystery" nor desire to "reach adulthood" by jumping head first into binge drinking to "prove themselves" to their older peers in their social circles that they can "handle it" like an adult.

I certainly felt that sort of peer pressure when I went to college. Of course, by the time I got to college, I was already an accomplished binge drinker, as I had started in high school. When you're 15, you like to fool yourself into thinking your as capable and mature as a 25 year old. Only when you hit 35 do you realize what a fool you were 20 years earlier.

In any case, the contrast of cultural attitudes about alcohol between countries with a 21 age limit and strict prohibition on young adults and what happens when it's left up to the discretion of parents in the family home and a general laissez-faire attitude towards youthful drinking is stark.

Despite the so called legal standard that's supposedly in place to keep alcohol reserved for "mature adults ready to handle it" the results speak for themselves. Taken at face value, it appears that our culture is steadfastly opposed to the abuse of alcohol. But a more nuanced consideration of the results of the laws and social policies and mass media narrative concerning alcohol consumption brings me to the conclusion that they either want people to become hopeless alcoholics or teetotalers who swear it off for good.

In this way, the longevity and health benefits that come from the moderate consumption over a lifetime are inhibited. If there's one thing about life destroying levels of alcohol consumption versus moderate, life extending and beneficial-to-your-health consumption, it's that both are patterns of learned behavior, formed during our initial introduction to consumption of the substance.

For every person who emerges from his binge drinking 20's into a moderate consumption pattern (like myself), you will get a bunch of others who either go off the deep end into alcoholic excess or have to quit drinking cold turkey. In either case, neither will experience the benefits of moderate, reasonable consumption.

From the view of THEY who want as many sheeple dying and getting sick and in need of the medical-pharmacuetical complex, this is the goal.

For example consider the ridiculous drinking and driving laws we now have in most places. .08 blood alcohol level could result in a DWI/DUI arrest and suspension of driving privilege and possible jail time. In other words, 2 beers after work could land you in trouble with the law.

Simply ludicrous. Yet the average teetotaler who is convinced of the detrimental health effects of even a single drink, are also the sort to wholeheartedly endorse such a totalitarian and unreasonable standard.

In a similar vein, we have been inundated for the last 20+ years by our mass media message about "drinking responsibly." Does that mean moderate consumption and avoiding alcohol induced retardation? Nope. It simply means find a designated driver. This is another subtle means of promoting binge drinking.

"*We have a designated driver! Let's get hammered*!"

Or, "*We got a hotel room, (or a limo, or a taxi), so we don't have to worry about drinking and driving! CHEERS!!!!!*"

When you look at it, our culture in the US has a number of indirect ways that promote binge drinking behavior patterns and discouraging moderate, daily consumption. This, in my view is done quite deliberately. Population control measures from the owners of our society have set it up this way. Can't have all these sheeple with improved health and longevity living long enough to start collecting entitlements!

Aside from the cultural aspects that discourage moderate consumption and encourage binge drinking debauchery, another way to shorten the average lifespan of the useless eaters, is to do what they've done with everything else - adulterate the quality of the product or even outright add literal poisons into it.

Most people who are raised in a culture of moderate consumption care about the quality of the booze they imbibe. They care about the region where the ingredients to make it come from. They care about the process of manufacture and how to enjoy it properly. Conversely, the binge drinking culture encourages a mindset of getting as intoxicated as quickly and cheaply as possible.

High quality alcohol manufacture is an artisan craft. Micro-brewed craft beers are "living" beverages, carbonated by the natural fermentation process. Mass produced corporate swill is "dead" pasteurized fare and injected with C02 to carbonate the beer. Same goes for mass produced box wine versus properly aged bottle and cask wine. High quality tequilas and mezcal are made with 100% distilled agave, and high quality whiskeys and rums are aged for years in oak barrels, a process in which the charred innards of the barrel wood work like charcoal filters that remove the impurities of the distillate over time.

As anything else, time is money, and quality produced alcohol takes time. You get what you pay for. The moderate consumer of alcohol will look at a more expensive bottle of booze and consider how long it will last them with their moderated consumption patterns when deciding on what to buy. No aficionado I know of drops $80 for a bottle of single malt, intending to drink it all in a single drinking session that night - unless they're buying it specifically to share with a number of people for a special occasion.

I have bottles of Scotch and Bourbon that I bought 6 or 7 years ago for which they still have little less than half their contents left. For the binge drinker, finishing a bottle is a matter of pride. "We finished the whole bottle and we were SOOOO WAAYYSTED, DUDE!"

For the aficionado and moderate drinker and collector of fine spirits, it's more like "Damn, I finally killed that bottle of Laphroaig, now I gotta go get another one or my collection of Islay malts will not be complete!"

There's another aspect of this topic I find amusing - the definition of moderation. According the official guidelines, this is only 1-2 drinks per day.

Meh. I go by my own definition.

No matter the amount I drank, if I feel zero after effects the morning after, I consider the amount imbibed *perfectly* moderate. I can easily drink 4 beers and 4 drams of whiskey and awake the next morning feeling 100% normal...but I normally don't drink that much. But even when I do drink that much, that usually occurs over a long period of time (6-8 hours) and involves a full meal of food as well. I like to think of it this way - a hangover indicates I've overdosed. No hangover means I drank exactly the right amount. Works for me. Like I said earlier, it's been well over 2 years since I last had a real hangover.

My regular pattern of moderation involves 2-3 micro-brewed, higher alcohol-content pale ales, stouts or porters. Sometimes, I'll also have a dram or two of whiskey or tequila from my liquor collection to finish off. (I use the term "dram" because I despise the word -- and practice -- of "shots." High quality spirits were meant to be savored by sipping, not slammed down your gullet as quickly as possible while trying not to gag on the burn.)

The binge drinker will only care about how cheap it is and how fast they can get drunk on it. They buy bottles with the intention of finishing it within one or two drinking bouts...either by doing shots or mixing it with sugary substances to cut the bite of impure and cheaply produce rot gut. Doesn't matter if they drink mixto tequila or cheap, barely aged whiskey blended with un-aged grain alcohol, or un-aged Rum made to mimic the color of wood-aging with caramel coloring. To the average binge drinker, the enjoyment of the beverage is not in the complexity of tastes that can be discerned by slow, deliberate consumption, but only how fast they can get intoxicated and how well the burn is easily masked with sugary sweet mixers, or alternately how fast it can be shot down and chased with a beer or soda.

But the moderate drinkers? These are they who like the taste of the quality, hand crafted beverages that can sometimes command a premium price - but good deals on quality hooch are certainly appreciated. These are they who enjoy the social aspects of conversation and camaraderie while having a few drinks with family and friends. And yes, that includes achieving a pleasant, moderate buzz. It seems as if the official guidelines for moderate drinking means even mild inebriation means you've overdone it. Nonesense, the mild buzz is part of the medicinal effect!

For the moderate alcohol consumer, a mild, pleasant buzz is only one part of the overall experience.

The binge drinker only learns to use alcohol as an escape, while the moderate drinker uses it an enhancement or condiment to life's experiences. I have almost zero truly good memories of debauched drunkeness. Nothing good ever came from getting utterly trashed and ending up saying prayers to the porcelain God with profuse offerings from the days earlier meals, or waking up from a blackout with a significant block of memory of the previous night erased and only having a vague sense that something bad had happened. Most of the bad experiences of my life occurred from getting drunk and acting foolish and reckless.

But I've had plenty of memories of great times with mild intoxication from moderate indulgence. It took years to recognize the difference and break out of the pattern of learned behavioral binging and purging, but I eventually got here.

It was either that, or I would've had to start attending meetings down at the local Y on Wednesday nights.

Moderate consumption is a recipe for relaxation and social bonding and improved health.

Binging into oblivion is a recipe for abuse and destructive addiction.

I believe I know which behavior THEY prefer we engage in...whether it's degenerate alcoholism or puritanical teetotalers, either case appears to brings down the average life span of the average sheeple in the Brave New World Order feedlot.

So cheers good readers! I shall drink to your health, and at the same time, contribute to my own!

Stay thirsty, my friends.

"Beer is proof that God loves us and wants us to be happy." *- Apparently, NOT B. Franklin*

The F YOU Fund

Keoni Galt · 1 May 2013 · Archived copy · Original

[image]

From the early 90's until mid-00's I listened to AM Talk Radio on a daily basis, with Tom Leykis my usual afternoon show after listening to a morning full of right wing kool aid - ala Rush Limbaugh, Sean Hannity, Micheal Savage, Dr. Laura and other such personalities. The influence of the Tom Leykis show certainly laid the ground work for my eventual discovery of these fringes of teh Interwebz we now refer to as the manosphere. He was the first mass media voice I ever heard who really drove the point home about how corrupt and unjust the family court system and marriage 2.0 had become in our culture. He also repeatedly lamented the loss of masculinity in the culture at large and castigated network TV for becoming nothing but "One big, giant vagina."

A common feature of his show included segments in which callers would phone in with their personal stories of relationship woes, and ask him for his advice on their problems with women. Most of those callers problems were basically men who had become beta-ized, pussy whipped and forgot they had spines and let their women walk all over them and run their lives into emasculated disgrace. Leykis repeatedly excoriated the airwaves about this, and he was the first mass media person in my estimation to lay the blame for this widespread lack of testicular fortitude in the American male at the doorstep of the single mother household.

"I am the Father you Men never had."

Many of his shticks and routines have stuck with me throughout the years. He was preaching "Game" before we were calling it that here on teh Internwebz.

But his advice for men on love, marriage, divorce, (I believe he coined the term "vaginamony,") where only a part of his show.

He also spoke a lot about personal responsibility, and about making short term sacrifices to realize long term success. He frequently discussed how he was enjoying the best luxuries of life his radio show success has given him - owning nice properties, driving luxury cars, having season tickets to box seats at hockey and basketball games, and always drinking the finest vintage wines...but he always made it a point to say he only enjoys such things now because he was smart, frugal and lived within his means until he finally reached the point where such expenditures on these things would in no way endanger his financial health.

He frequently advised young men to avoid going into major debt to drive nice cars they couldn't really afford, or to take out ARM that would adjust in 5 years into mortgage payments they could knowingly never afford. Much of his advice to young men have been echoed for years now in these sectors of the web.

But one piece of advice he frequently gave out was something that stuck with me years later, and I've recently realized actually can be extrapolated into all areas of any person's life. He called it the establishment of the F YOU fund (of course, Federal Broadcasting Regulations prohibited him from saying what he really calls it).

The F YOU fund is one in which you set up a budget and figure out the bare minimum of your monthly expenses that you absolutely must have. Your rent or your mortgage payment. The total of your necessary utility bills like electricity and water, and the amount of money you need to pay for your groceries, gas and car payments. Unnecessary luxury bills, like cable TV, magazine subscriptions, etc., should not be included in the calculations.

Once you've come up with the figure required to pay for the bare necessities of your life on a monthly basis, you should always take any left over money on every pay day, and put it into your F YOU fund. Don't buy a bunch of nice clothes or eat out at nice restaurants or take girls out on expensive dates, or do anything else until you've built up your F YOU fund.

The point is to build that savings account to a level for which you could cover all your necessary monthly expenses for a year or more should something happen to your current employment situation.

Once you've reached that stage, you've achieved true freedom and self determination in our modern world.

Once you've got that amount saved up, you no longer have to compromise your personal standards because your boss or your company demands it of you. You don't have to take a pay cut or an assignment that compromises your personal integrity, because you've got your F YOU fund.

You can look at the person or persons, or company or corporation, that is asking you to sell out your principles or take advantage of you and simply tell them F YOU. Because you're not worried about ending up unemployed, homeless and losing all of your valuable possessions, you don't HAVE to compromise. You can walk then and there, and have a nice, comfortable cushion to go out and find another job elsewhere that doesn't require you to compromise and not worry about losing your house or your car or having the electricity shut off or resort to eating cat food and ramen noodles.

Because if you put yourself into a position where losing your jobs means losing your house, your car and your means of basic subsistence, then you are not free, you are a slave to your things. And Leykis larger point was a good one: If you are not free, then you are not truly a man.

I may not remember his words on this verbatim, but that was the essential point he was making.

Boiled down to it's essence, the F YOU fund is nothing more than realizing that you need to order your life so that you are not in a position to be forced to do something....or do *anything* you don't want to out of a position of fear.

If you haven't done so yet...start saving.

Biotech is Godzilla

Keoni Galt · 7 May 2013 · Archived copy · Original



It's been called the Paleo diet, the Primal diet, the caveman diet among other things. There's also a number of labels, smears, and libels that proliferate in the mass media and on teh Interwebz, all designed to make the average person form an impression in their minds that the "paleo" diet phenomenon is some bizarre re-enactment lifestyle that only kooks and morons are promoting...just another kooky, fad diet.

Here's a new name: call it the Anti-Monsanto diet. If you went out of your way to avoid eating or drinking any feed products that have ingredients manufactured by this evil corporation, you're basically following the same guidelines as the Paleo or Primal diet anyhow. When it comes to making the base ingredients for sheeple feed aka "processed food," Monsanto is King.

[image]
click to enlarge

Anyone can look at this list of sheeple feed companies and connect them to popular food items found in grocery stores, convenience stores, vending machines and checkout stands all across first world countries. Don't forget the fast food, franchise restaurants and even most fine dining establishments obtain their ingredients from these feed manufacturers as well.

In fact, if you look at the following diagram showing the Corporatization of the Sheeple Feed industry, you could say it's missing the central hub:

[image]
click to enlarge

Put this logo smack dab in the middle and connect all those brands to it, and you'll have a more accurate diagram.

[image]

All of those companies buy their manufactured base ingredients, produced by the crops genetically engineered, subsidized by the Federal Government and turned into thousands upon thousands of different sheeple feed products. Have a look at the prominent members of their board of directors. The President of McDonalds Corp. USA, the retired CEO and Chairman of the Board for the Sarah Lee Corp., the CFO of Proctor and Gamble.

Other members of Monsanto's Board include former executive officers from Lockheed and Martin, CISCO, and other energy and technology companies. The more you look into it, the more you realize that all of the "Industrial Complex" corporations are all interconnected with each other, and connected to the top appointments of all the regulatory agencies in the Federal Government. With this kind of influence, they've been able to saturate the entire food chain with their poison. Sound crazy? Start reading your food labels. you'll notice certain common ingredients found in most of it.

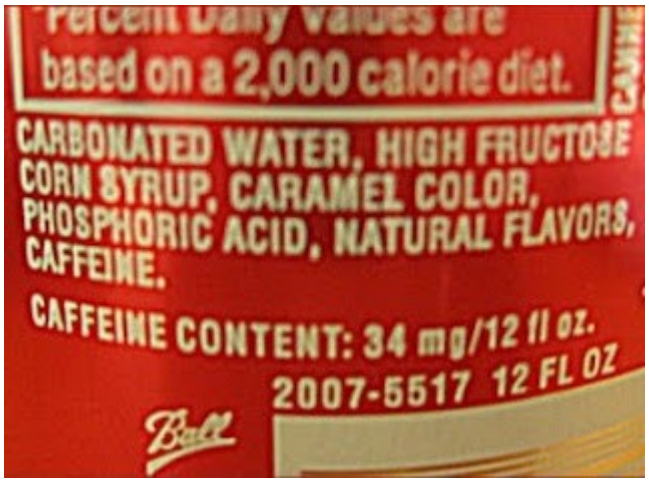
Monsanto's GMO soybeans are used to make Soybean oil and GMO rapeseeds to make Canola oil, both of which are commonly used in deep fat fryers, salad dressings, mayo, potato chips amongst other things.



Partially Hydrogenated "Vegetable" Oil (aka GMO Soybean or Rapeseed) is used to make margarines and shortenings, which is then used to manufacture a near endless supply of baked products, snack foods, deserts, cakes, pastries, breads, buns, tortillas, crackers and condiments.



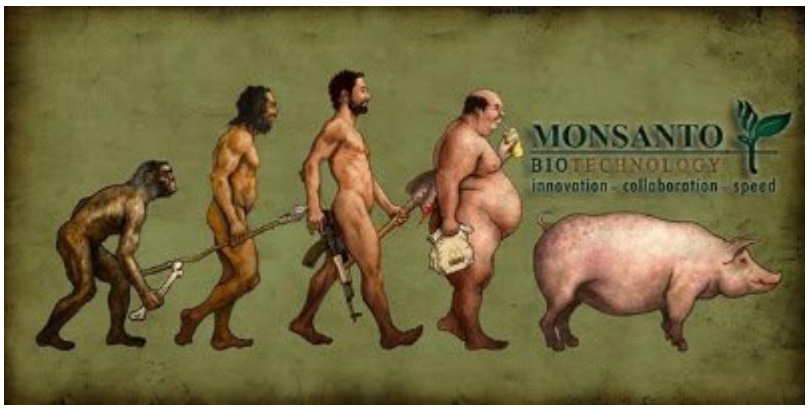
High Fructose Corn Syrup. Corn oil. Dextrose. Maltodextrin. Corn meal. All key ingredients in the sheeple feed industry. All derived from the genetically modified, pesticide drenched fields grown all across the fruited plains.



If FDA ingredient listing requirements called for listing sources of those ingredients, the big M would be on almost everything.

To go on the Anti-Monsanto diet, would be to essentially avoid almost any foods that come in a package, box or can that has an ingredient listing on it. Given the ubiquity of Monsanto derived ingredients in so much of the world's feed supply, could it really be hyperbole to link this Global Corporate Conglomerate of Corpulence, Disease and Death, with the worldwide rise in obesity?

People regularly try to pinpoint a single vector in trying to attribute blame on the obesity epidemic. High Fructose Corn Syrup. Deep fried fast food. More sedentary lifestyles. Meh. If you want to try and point the finger at a single source, I don't think it's too outlandish to focus on these dastardly bastards.



Here's another thought to consider: an anti-Monsanto diet, would also leave out all of the factory farmed meats in which the cows, chickens and pigs are all fed Monsanto's genetically modified, Round Up drenched grains. Grass fed. pasture raised animal products are the only way you can assure you're not eating anything produced by Monsanto.

As J. Stanton of gnolls.org points out:

> It's clear that it's far more profitable to sell us processed grain products than meat, eggs, and vegetables…which leaves a lot of money available to spend on persuading us to buy them. Are you starting to understand why grains are encased in colorful packaging, pushed on us as "heart-healthy" by the government, and advertised continually in all forms of media?
>
> And when we purchase grass-fed beef directly from the rancher, eggs from the farmer, and produce from the grower, we are bypassing the entire monumentally profitable system of industrial agriculture—the railroads, grain elevators, antibiotics, growth hormones, plows, combines, chemical fertilizers (the Haber process, by which ammonium nitrate fertilizer is made, uses 3-5% of world natural gas production!), processors, inspectors, fortifiers, manufacturers, distributors, and advertisers that profit so handsomely by turning cheap grains into expensive food-like substances.

All these additives, fillers, oils and by-products of their grains may be bad enough as it is, but all of these things produced by Monsanto may also have a multiplier effect on destroying the health of people that eat their feed. It's the great sheeple feed ROUND UP.

Here's a recently published study on the effects of glyphosate on the human gut biome (your gut bacteria, you know, the key to your immune system). Glyphosate is the key ingredient in Round Up, the herbicide that all Monsanto crops have been genetically engineered to withstand repeated spraying to kill weeds, insects and rodents?

> Glyphosate, the active ingredient in Roundup®, is the most popular herbicide used worldwide. The industry asserts it is minimally toxic to humans, but here we argue otherwise. Residues are found in the main foods of the Western diet, comprised primarily of sugar, corn, soy and wheat. Glyphosate's inhibition of cytochrome P450 (CYP) enzymes is an overlooked component of its toxicity to mammals. CYP enzymes play crucial roles in biology, one of which is to detoxify xenobiotics. **Thus, glyphosate enhances the damaging effects of other food borne chemical residues and environmental toxins. Negative impact on the body is insidious**

> **and manifests slowly over time as inflammation damages cellular systems throughout the body.**

> Here, we show how interference with CYP enzymes acts synergistically with disruption of the biosynthesis of aromatic amino acids by gut bacteria, as well as impairment in serum sulfate transport. **Consequences are most of the diseases and conditions associated with a Western diet, which include gastrointestinal disorders, obesity, diabetes, heart disease, depression, autism, infertility, cancer and Alzheimer's disease.** We explain the documented effects of glyphosate and its ability to induce disease, and we show that glyphosate is the "textbook example" of exogenous semiotic entropy: the disruption of homeostasis by environmental toxins.

All the processed food, all the feed lot grain, gardens, lawns and golf courses have been inundated with glysophate.

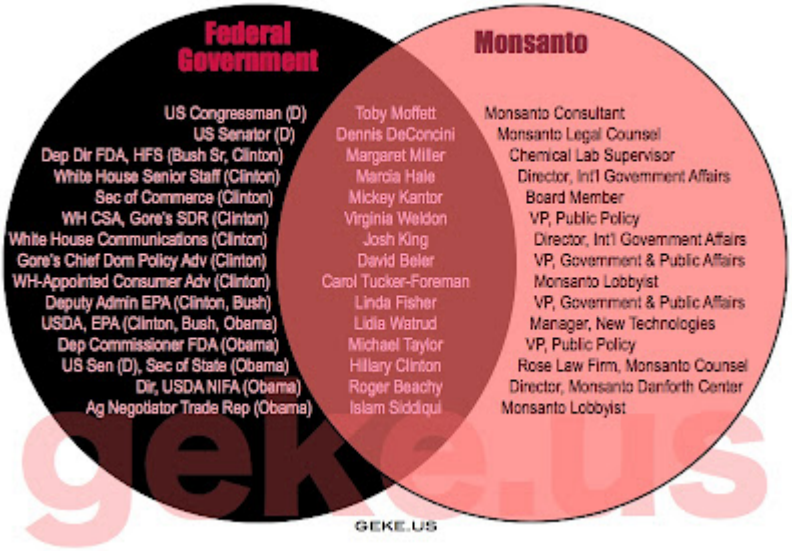
[image]
Mmmm....looks appetizing!

How did we get to this point in time, where a large, multi-national Agricultural corporation is able to infiltrate their poisons into nearly every food consumed nowadays? Simple. They've worked their way into the halls of power in Sodom by the Potomac.

The revolving door of FDA/USDA appointments and Federal Government administrative personnel has been well documented. And bit by bit, piece by piece, we the sheeple get sold out by the politicians who approve the poisoning of our food supply by this corporate behemoth.

[image]

The Republican party? The Democrat party? Try the Monsanto party.



Government for the sheeple, by the Multinational Agricultural-Chemical-Pharmaceutical Corporation. They own and run this feedlot we call society.

[image]

Aren't you glad you have the freedom to vote? A vote for a Democrat Jackass or a vote for a Republican Pachyderm, is a vote for the Monsanto Jachyderm.

Well, I'm not interested in voting for this incorporated monstrosity. Therefore I don't vote with my ballot, and I don't vote with my dollars when making my purchasing decisions. Go to your local farmer's markets. Buy organic. Boycott the bastards.



All images obtained from a Googliath Image Search for "Monsanto is the devil"

Gaming the Curse of Eve

Keoni Galt · 21 May 2013 · Archived copy · Original

[image]

The always brilliant and cerebral Rollo Tomassi, posted another insightful piece at The Rational Male, illuminating another facet of the feminine imperative.

> Mrs. Tomassi looked me square in the face and said, “I am so glad I didn’t end up like that!” I was actually kind of surprised at the tone of her voice. “Thank God that’s not me, how horrible to be in that position at her age.” I nodded my head because I knew she was expecting my usually analyzations of post-Wall women and the beds they make. Then, with a hint of a tear in her eye, she gave me one of the best compliments I’ve ever heard from her, “I hope Bebé finds and marries a Man just like you.”
>
> That made me feel really good, and what I’m about to type here sound really shitty. After not a small swell of pride, I thought, while it’s nice to be appreciated in this respect, **would this realization have come without the influence of our friend and her state of life?**

We know the answer to Rollo's rhetorical question.Of course it sounds shitty. That is the essence of the red pill: UGLY TRUTH.

In his incessant campaign to take over comment sections of the most influential blogs in the MAndrosphere, exhorting to all who will listen, the MAndrosphere's most infamous adderall and Ritalin junkie, GBFM, repeatedly makes his case that the only way to stop the decline and restore civilization is to re-discover the truth of the highest ideal mankind can aspire to: the code of masculine honor. Honor as exemplified and expounded upon in the canon of classic Western literature.

It is apropos that his list of GREAT BOOKS FOR MEN, both begins and ends with the Bible.

For what is the very first story of the Bible? The story of the fall of Man...by following the whimsical lead of HIS Woman.

Dalrock's recent thread, What is the Manosphere? sparked a discussion about the origins of these fringes of teh interwebz. The basis for most of the discussions found in the 'sphere regarding the relations between Man and Woman, can be found in the very first chapter of the GREATEST BOOK for men, long before Al Gore invented teh Interwebz.

Lately, there's been a dramatic increase in the proliferation of "red pill Women" blogs that have been popping up in these fringes of teh Interwebz. These are they who we can rightly call the NAWALT-women. For truly, despite the humor found in the typical woman's snowflaking tendencies, we should recognize that indeed there are NAWALT ladies out there.

These are the ladies who are capable of introspection and self-awareness. Of course, the only way she attains this state, is by recognizing and accepting the axiomatic truth that ALL WOMEN ARE LIKE THAT - including, *and especially*, herself.

NAWALT-Ladies are the ones who consciously and vigilantly focuses on her thoughts and behaviors to fight her base, natural state of perpetual discontentment, fueled by her innate solipsism and hypergamous mating instincts.

While the number of aware women are increasing, they are still few and far between. Most women in Western society are mindlessly following the Janet Jackson programming:

There's an old MGTOW way joke I remember reading on some blog back in the ancient days, before the MAndrosphere:

Man built civilization, turned to his Woman and said: "Look what I made for you!" She replied, "That's nice....now what?"

The "red-pill" woman takes frequent moments to step back and observe all that her husband does for her and their family, and she appreciates it and expresses it to him with her words and her actions. But even the best of them will admit that doing so is a constant struggle to avoid taking their husbands for granted.

This is one of the reasons why unaware, "blue-pill" husbands are utterly destroyed when their wives give them the Eat-Pray-Love frivorce experience. From his blithely unaware perspective, he has a catalog of things he's done over the course of years stored up in his own mental ledger. An accounting of all that he has done, built and sacrificed for ~~their~~ her benefit.

He assumes she knows the score, even if she doesn't often express gratitude and appreciation for it. These are the men who are emotionally and mentally devastated to find out she gives all of that previous provisioning, support and stability absolutely zero consideration, while she's explaining to him that she's not *haaaaappppy.*

A good provider is dependable. Dependability quickly and easily becomes routine. Routine for men is comfort.

Routine for women is *booooooorrrrrring*, and after enough time has passed in a routine, dependable existence, Eve's Curse kicks in and she no longer notices nor accounts for all that she already recieves in benefit from being married to him. She starts to focus on what she still wants but doesn't have or can't have.

A husband's comfortable routine becomes the wife's greatest discomfort.

So what does this mean for the "red-pill" aware husband?

Unexpectedly and randomly break routine. Do it with confidence and authority, and surprise her with your planned unpredictability.

I remember when I was a young Husband just starting to earn decent money after getting my first "real job" after college graduation. We began eating out at restaurants almost daily, with dinner and movies (either at the theatre or a DVD at home), becoming a regular, nearly every weekend routine. Eventually, the complaints that we "never do anything anymore" began to frequently rumble from her discontented id. It got to the point where taking her to the best restaurants in town was not enough to stave off this building discontent.

I distinctly remember one instance in which we went to an expensive seafood restaurant in a renowned Waikiki

hotel, and I paid over $200 for appetizers, drinks and dinner, and she never said one word of thanks for the entire evening, nor expressed a single iota of delight or happiness at the fine dining experience. It was just par for the course. Another typical Friday night.

It put me in a bad mood, but at that point in my blue pill addled mindset, I was afraid to express my disappointment in her lack of appreciation. The hindsight of 20/20 vision illuminated by the red pill can be a painful and humiliating reminiscence...but it is quite instructive nevertheless.

Now that I've gone "Paleo" for the past 5 years or so, eating out at restaurants is something done rarely now...like once every other month or so. To this day, whenever I issue an unexpected "Get ready, let's go out to eat," invitation, it is cause for excitement and anticipation in the Galt household....and it doesn't have to even be a nice restaurant. A cheap noodle house or plate lunch meal is gratefully appreciated and a cherished, delightful experience.

Of course, there's a flip side of that coin. Part of the transition to the paleo paradigm of eating, was to embrace cooking on a daily basis. I now cook 50% of all the family meals. When I first took this up, she was impressed and full of praise, compliments and gratitude whenever I labored to create a tasty and nutrient dense culinary dish in our kitchen. But here we are five years later, and my efforts at creating unique and distinct meals with the highest quality ingredients, is largely now taken for granted.

Now, it doesn't bother me.

The old me used to seethe with anger whenever I got the "we don't ever do anything anymore" complaints.

> *"What do you mean? I just took you to a nice steak house last night, then we went and saw a movie after?!?!?!"*

Now I know better. I know where this complaint is coming from, and I know what it will lead up to if I don't do something about it. Aside from my greater understanding of the underlying dynamics, I've found I actually have a true passion for cooking. I don't need her appreciation or approval to keep practicing the culinary arts...though I do have to say, she still does express appreciation from time to time. But most of the time, my cooking skills and service are largely taken for granted now.

It is what it is....for the curse of Eve is also expressed in the old maxim: "Familiarity breeds contempt."

At random intervals at unexpected times, don't be familiar. That's how you game the curse of Eve.

Eve had all the fruits of Eden at her disposal save the fruits from the trees of life and knowledge, but the allure of the forbidden was eventually too much for her to resist. As a husband, your history of dependable provisioning and caring is like all the other fruits of Eden. She enjoys eating it on a daily basis, she derives sustenance from it....but after awhile, she's just not thinking about it. She's only thinking of the fruit of those other trees she's not supposed to taste.

The curse of Eve is the irresistible allure of the unknown. It is intrinsic to the structure of her psyche. A primary feature of this mental dynamic of her thought process. By default, the feminine mind takes anything and everything

she already has for granted, unless she receives some sort of up close and personal reminder -- like Mrs. Tomassi's expressing gratitude to Rollo after getting to know the details of their friend's life as a lonely, post-wall, spinster divorcee.I've experienced similar conversations with Mrs. Galt in the past as well when she discussing the depressed and lonely existence of some of her divorcee co-workers with me.

Surely Eve regretfully reminisced more than once of the bountiful fruits of Eden they used to freely and effortlessly enjoy, before God drove them from the garden and forced them to toil for their subsistence. She "HAD IT ALL" and she didn't know it, until it was taken from her.

She had the best house on the best piece of real estate, endless bounty of food, and her Alpha male for a husband (as the only Man in creation, by default he was the AMOG...lozlzolzol)...and yet it was not enough.

She HAD to have more, which made her susceptible to the serpent's temptations.

In the MAndrosphere, this is well understood and oft discussed characteristic of the female sex, and the discussions about it are deadly serious. But even the typical blue-pill, firmly-plugged-in-denizen of the Matrix of mass media controlled society, understands it at a visceral level. This is why nearly all (except fat, humorless feminists) laugh at this old "The Husband Store" e-mail joke:

> A store has just opened in New York City that offered free husbands. When women go to choose a husband, they have to follow the instructions at the entrance:
>
> “You may visit this store ONLY ONCE! There are 6 floors to choose from. You may choose any item from a particular floor, or may choose to go up to the next floor, but you CANNOT go back down except to exit the building!
>
> So, a woman goes to the store to find a husband. On the 1st floor the sign on the door reads: Floor 1 - These men Have Jobs
>
> The 2nd floor sign reads: Floor 2 - These men Have Jobs and Love Kids.
>
> The 3rd floor sign reads: Floor 3 - These men Have Jobs, Love Kids and are extremely Good Looking.
>
> “Wow,” she thinks, but feels compelled to keep going. She goes to the 4th floor and sign reads:
> Floor 4 - These men Have Jobs, Love Kids, are Drop-dead Good Looking and Help With Housework.
>
> “Oh, mercy me!” she exclaims. “I can hardly stand it!” Still, she goes to the 5th floor and sign reads:
> Floor 5 - These men Have Jobs, Love Kids, are Drop-dead Gorgeous, help with Housework and Have a Strong Romantic Streak.
>
> She is so tempted to stay, but she goes to the 6th floor and the Sign reads:
> Floor 6 - You are visitor 71,456,012 to this floor. There are no men on this floor. This floor exists solely as proof that you are impossible to please.

> Thank you for shopping at the Husband Store.

While this old joke is a funny take on the curse of Eve, it's not really an accurate reflection of the current reality.

Plenty of women purchase husbands from the first 5 floors. And of course, under the current market regulations of our Brave New World Order, women are allowed to visit the Husband Store as often as they wish, as long as they discard the older model first. In fact, they can ditch the older model husband and go get a new one while still ensuring the discarded one must still give her provisioning and support while she resumes her shopping. The only catch is this: every husband that can be found in The Husband store, must agree to be purchased before she can buy.



Many women indulge in multiple shopping excursions to the husband store...but eventually they all hit the wall. They find out that none of the men on any of the floors will agree on her desire to purchase them.

That's when she finds out that she can no longer go shopping at the Husband Store, so instead she starts going shopping at the Pet Store.



Addiction by Design

Keoni Galt · 4 June 2013 · Archived copy · Original

[image]

More and more people are waking up to the reality that we are in the midst of a real life zombie apocalypse. Mark Sisson over at Mark's Daily Apple noticed the same thing, too:

> Restaurants and bars and coffee shops across the world are littered with broken-neck zombies gazing into their smartphones. I've seen entire families out to dinner, each member's attention fixated on an iPhone as they spoon food into mouth, pausing only to breathe and guzzle cola. I've seen young guys out at bars who, instead of checking out the women at the next table over or jabbering at each other with youthful exuberance, feel the need to tell everyone on their Facebook lists just how much fun they claim to be having. I've even caught myself lingering at the computer after work, doing nothing of import even as a gorgeous spring day ticks away into the ether of time right outside the window. Why? Just what the heck is our collective problem?

One guy who is studying the palm-zombie apocalypse is Dr. Kieth Ablow, who writes in his recent FoxNews article:

WE ARE RAISING A GENERATION OF DELUDED NARCISSISTS

> I have been writing a great deal over the past few years about the toxic psychological impact of media and technology on children, adolescents and young adults, particularly as it regards turning them into faux celebrities—the equivalent of lead actors in their own fictionalized life stories. On Facebook, young people can fool themselves into thinking they have hundreds or thousands of "friends." They can delete unflattering comments. They can block anyone who disagrees with them or pokes holes in their inflated self-esteem. They can choose to show the world only flattering, sexy or funny photographs of themselves (dozens of albums full, by the way), "speak" in pithy short posts and publicly connect to movie stars and professional athletes and musicians they "like."
>
> Using Twitter, young people can pretend they are worth "following," as though they have real-life fans, when all that is really happening is the mutual fanning of false love and false fame. Using computer games, our sons and daughters can pretend they are Olympians, Formula 1 drivers, rock stars or sharpshooters. And while they can turn off their Wii and Xbox machines and remember they are really in dens and playrooms on side streets and in triple deckers around America, that is after their hearts have raced and heads have swelled with false pride for "being" something they are not.

Well that would certainly help to explain one aspect of why we now live in an age where most people are compulsory slaves to their hand held gadgetry that gives them mobile access to the virtual lives of virtual SUCCESS that they've built up on teh Interwebz. The disconnect is growing.

What is it about teh Interwebz and mobile device technology that has become so addictive to the masses? It can't

just be the creation of a virtual life of virtual success and popularity that is driving the ubiquity of mesmerized zombies staring incessantly at their hand held devices anywhere and everywhere. Roosh recently posted a dramatized account of a woman slavishly addicted to her ~~mobile affirmation device~~ smart phone. I wish I could say it was a work of pure fiction...but I know a few men and women who are like that. I know some folks in my social circles who now politely decline invitations to go camping or beach parties because they are planned to be held in areas where there is no wi-fi access. These are people that used to come to all the events my peer groups planned...now, the prospect of an entire weekend without being plugged into their social media realities is like a heroin junky contemplating an entire weekend without any smack.

It boggles the mind.

[image]

The thing the think we need to understand, is that these addictive behaviors are not just some accidental, unintended consequence of technology companies who only really want to realize profits by offering their gadgets and apps to improve our lives. The principles of using intermittent rewards with visual and audio stimuli to cause addiction is well understood by designers and engineers alike. As Ricky Raw pointed out in his post, Bullshit and Intermittent Rewards:

> The simplest definition I can come up with for intermittent rewards would be “unpredictable random rewards in response to repeated behavior.” A perfect illustration would be gambling in general, and slot machines in particular. With a slot machine, you do the same behavior over and over again, put in a token and pull a lever, but you never know when you’ll actually be rewarded for this behavior. This creates an incentive to keep repeating the behavior, because you are chasing the reward, and you become convinced that if you just do it one more time, that may be the time you get the reward. All gambling works like this to a degree, which is what makes it such a compulsive addiction. Intermittent rewards also are used in dog training. B.F. Skinner is credited with pioneering the intermittent reward theory by his experiments with the operant conditioning chamber, better known as a Skinner Box…

> This NY Times article [4] discusses intermittent rewards and describes their power well:
> The makers of slot machines may rely on the lure of life-changing jackpots to attract customers, but the machines’ ability to hook so deeply into a player’s cerebral cortex derives from one of the more powerful human feedback mechanisms, a phenomenon behavioral scientists call infrequent random reinforcement, or ”intermittent reward.” Children whose parents consistently shower them with love and attention tend to take that devotion for granted. Those who know they’ll never be rewarded by their parents stop trying after a while. But those who are rewarded only intermittently — in the fashion of a slot machine — will often pursue positive outcomes with a persistent tenacity. ”That hard-wiring that nature gave us didn’t anticipate electronic gaming devices,” says Howard Shaffer, director of the division on addictions at Harvard Medical School and perhaps the country’s foremost authority on gambling disorders.
>
> ”The slot machine is brilliantly designed from a behavioral psychology perspective,” says Nancy Petry, a professor of psychiatry at the University of Connecticut School of Medicine. ”The people who are making these machines are using all the behavioral techniques to increase the probability that the behavior of gambling will reoccur.” She refers to intermittent reward and ”second-order conditioning” — the lights and sounds that go off when a player wins, for example, or the two cherries in a row that convinces people they’re getting closer.

> ”No other form of gambling manipulates the human mind as beautifully as these machines,” concludes Petry, who has studied gambling treatments since 1998. ”I think that’s why that’s the most popular form of gambling with which people get into trouble.”

Intermittent rewards and second-order conditioning, taken from slot machine technology and brought to a whole new level of addiction with the combination of smart phones and social media. A continually reinforced addiction to a virtual reality life... an electronic leash far too many are willing to embrace without a second thought as to how it may impact their lives and behavior.

Creating virtual lives is only a part of the overall dynamics of what technology and 24-7 access to teh Interwebz is doing to our species. We've got an increasing epidemic of sexual dysfunction thanks to teh pr0n. While most of the reported problems arising from masturbating to porn are males who develop PIED - Porn Induced Erectile Dysfunction - it appears the young women who've never had real sex and begin masturbating to porn at a young age can also develop dysfunctional, sexually deviant addictions and become incapable of normal sexual response to good old fashioned, human male-in-female sex. I had no idea teh Pr0n could do it to women too...but it looks like no one is immune to it's effects.

The more we look plainly at the evolving reality around is, the more apparent it becomes that we are currently living in the technocratic dystopia foretold by the likes of Orwell, Huxley, Wells et al. The addiction to the intermittent rewards doled out by hand held gadgetry is just the latest means for amusing ourselves to death.

As the Palm Zombie Apocalypse virus continues to spread, I'm sure we will see various new manifestations of the ways in which it's addictive uses and abuses affects the human mind and behavior in strange, pathological and deviant ways.



The mantra of the cultural Marxist's revolution of the 1960's was "Tune in , turn on and drop out."

That platitude has now been replaced.

The revolution will no longer be televised.

"Log on, Update and Zone Out" is the mantra of our Brave New World Order.

The revolution will be tweeted, instagrammed, pinterested and facedbooked. Quick, better go and check your

SMARTphone...you just might miss it!

That Whistle Got Blown A Long Time Ago

Keoni Galt · 12 June 2013 · Archived copy · Original

[image]

By now, everyone out on these fringes of teh Interwebz has heard about NSA agent Edward Snowden, who fled Hawaii to Hong Kong and then blew the whistle:

> "The NSA has built an infrastructure that allows it to intercept almost everything. With this capability, the vast majority of human communications are automatically ingested without targeting. If I wanted to see your emails or your wife's phone, all I have to do is use intercepts. I can get your emails, passwords, phone records, credit cards.
>
> "I don't want to live in a society that does these sort of things … I do not want to live in a world where everything I do and say is recorded. That is not something I am willing to support or live under."

This is news? A shocking revelation?

Not to those of us who are "conspiracy theory kooks."

May 4, 2010 - We Know Who You Are

> Welcome to the 21st Century Panopticon.
>
> > This plenary will discuss an inter-networked communication infrastructure that could facilitate the creation of a modern surveillance society. The name given to the criminal justice/national security project is “information fusion centers.” Fusion centers are an amalgamation of commercial and public sector data for the purpose of optimizing the collection, analysis, and sharing of personal information. The Department of Homeland Security’s $380 million in funding has created over 40 information fusion centers in the United States.

Friday, November 5, 2010 - The True Purpose for Obamacare: The American Dang'an

> If you read the Obamacare bill, and you pay close attention, you'll see that the new bill calls for a consolidation of personal information and documentation into a single, accessible record.

May 6, 2011 - Americans, Everything You Do Is Monitored

> Whatever the case, it's clear that almost everything we do, whether it's in the privacy of our own homes or on public streets, can be tracked, monitored, and logged.
>
> As technology improves and the internet interconnects even more nodes, the information collected by the public, private and personal sectors will be further aggregrated, cross referenced and analyzed. Your personal profile will become more detailed, including your shopping habits, hobbies, likes, dislikes, political affiliation, reading preferences, friends, and potentially your psychological and emotional status. All of this information will eventually be fused into one large database. In fact, the government has already setup well over fifty fusion centers around the nation. What goes on in these centers is kept strictly confidential, and there doesn't seem to be any agency in charge of them, but we know they exist, and we know that their purpose is to acquire, aggregate and act on whatever information they have available to them.

March 25, 2012 - Total Information Awareness

> With the advent of the internet and the exponential increase of global communications, our Brave New World Order Overlords need new facilities to handle the sheer volume of encrypted data!
>
> Have no fear, Big Brother is working on it as we speak:

That blog post was based on the following article I had read, that had been posted 10 days before:

March 15, 2012 - The NSA Is Building the Country's Biggest Spy Center (Watch What You Say)

> The heavily fortified $2 billion center should be up and running in September 2013. Flowing through its servers and routers and stored in near-bottomless databases will be **all forms of communication, including the complete contents of private emails, cell phone calls, and Google searches, as well as all sorts of personal data trails—parking receipts, travel itineraries, bookstore purchases, and other digital "pocket litter." It is, in some measure, the realization of the "total information awareness" program** created during the first term of the Bush administration—an effort that was killed by Congress in 2003 after it caused an outcry over its potential for invading Americans' privacy.
>
> But "this is more than just a data center," says one senior intelligence official who until recently was involved with the program. The mammoth Bluffdale center will have another important and far more secret role that until now has gone unrevealed. It is also critical, he says, for breaking codes. And code-breaking is crucial, because much of the data that the center will handle—financial information, stock transactions, business deals, foreign military and diplomatic secrets, legal documents, confidential personal communications—will be heavily encrypted. According to another top official also involved with the program, the NSA made an enormous breakthrough several years ago in its ability to cryptanalyze, or break, unfathomably complex encryption systems employed by not only governments around the world but also many average computer users in the US. The upshot, according to this official: "Everybody's a target; everybody with communication is a target."

Monday, December 10, 2012 - The Planned Obsolescence of Privacy

> All the pieces are in place. The Age of Big Brother is nigh.
>
> Think I exaggerate?
>
> Have a look-see, right here.
>
> In a radio interview, Wall Street Journal reporter Julia Angwin (who's been one of the best at covering the surveillance state in the US) made a simple observation that puts much of this into context: the US surveillance regime has more data on the average American than the Stasi ever did on East Germans.

After I made that post, LewRockwell.com blogger took note in Extremely Serious Privacy Problem in America.

> "Here is a libertarian who recognizes the end of privacy and sees it as a foregone conclusion. His pessimism is total. He offers no defense of privacy at all." - *Micheal S. Rozeff, The LRC Blog*

To which I responded:

> Is it pessimism to point out the truth?
>
> The loss of our privacy from the Surveillance State's intrusions IS a forgone conclusion.
>
> Has been since October 26, 2001, when the PATRIOT act was signed into law.
>
> If you have healthcare insurance, you already have no privacy here in the Land of the Fee and Home of the Tax and Credit-Debt Slaves.
>
> What defense can I, an anonymous blogger on teh interwebz, offer for this now obsolete concept of privacy?
>
> I merely belabor to point out the truth, because from where I'm sitting, it seems to me that 90% of the people in this Country are oblivious to this ongoing destruction of what used to be a Constitutionally recognized right to privacy.

Almost one year later, we now have an NSA whistleblower who fled my home state, the 50th outpost in the "Land of the Free and Home of the Brave," to seek refuge in a COMMUNIST CHINESE STATE, to confirm what I had already been reading and blogging about *for years*.

Mr. Snowden, thanks for confirming what many of us already knew.

Vox is right, you are a hero of human liberty.

There is only one thing left to do for those of us who still care about obsolete concepts like freedom, privacy, and a non-intrusive Government.

Refuse and Resist, wherever we can, whenever we can..

How?

In small ways. Engage in subterfuge. A personal mis-info and dis-info guerilla campaign.

Examples?

* When your at a check out at one of the box store Corporate retail outlets in your area, and they ask you for your name and phone number, give the checkout person deliberately false info. That's not against the law. Yet.

* Never say anything into a cell phone, nor text anything, nor blog, vlog, post, email, write, tweet, instagram or comment anything that you wouldn't be comfortable with having total strangers read, see or hear....because all forms of electronic communications ARE stored and can and will be used against you should the need for authorities to do so, arise.

* If at all possible, use cash for your purchases. Try and stick to stores and farmer's markets where a "club" card is not required, for as many purchases as you possibly can. If you must, try and use other people's club cards and pay with cash. I have the club cards from several deceased friends and family that I use whenever I shop at such stores.

* If you find it necessary to have a smart phone or some other mobile data device, figure out how to disable GPS applications. And if for whatever reason you ever find yourself being pursued by the authorities for any reason whatsoever, don't forget to shut off your "smart" phone. Hell, just to be certain, remove the battery. If your situation is really serious, than leave it on and ditch it hidden on a bus or another vehicle heading somewhere far away.

* Don't buy any new vehicles with the OnStar or other perpetual tracking devices built into it.

* If you MUST have a social media profile, fill it full of false or ambiguous information...especially use a fake name. If you insist on posting pictures to your social media pages, don't use pictures taken with your smart phones, as they are now designed to automatically include hidden data embedded in the pics and vids themselves, revealing the time, location and other personal details of where and when that photo was taken.

* If you really want to get off grid, only blog or update your social media pages or check your web based email on public computers and internet cafe's and other such places.

* Another strategy would be to have a wireless laptop or other device that does not have your personal info stored in it at all, and use it only at free Wi-Fi hotspots.

* Whenever you're doing an online search, use only the search engines and proxy server sites that provide anonymity. Search engines like DuckDuckGo and StartPage.com.

* Don't buy appliances that have internet connection features built in.

* Minimize your use of Debt Enslavement Cartel member establishments...aka Banks. Don't use debit cards or credit cards as much as possible.

These are all ideas I myself practice as much as possible. Does this make me paranoid?

[image]

Champagne Tastes on a Beer Budget

Keoni Galt · 13 June 2013 · Archived copy · Original

[image]

During the heady days of the 00's housing bubble, I was in a business-to-business sales job. Before that bubble burst, times were good, optimism reigned, and I lived it up like so many other fools living beyond their means via debt financing.

Buying shit I didn't need, with money I didn't have.

When the bubble went bust, so did my financial situation. I could no longer service my debt. Bankruptcy soon followed.

That was nearly four years ago, and I'm in a far better place today, financially. Much poorer in terms of income, but much wiser in knowledge and experience. I've learned to make-do, repair, recycle, reuse, and focus on the finer points of frugality. I am no longer in any debt save for a few grand in student loans that could not be discharged in bankruptcy.

Of course, back when I took out those student loans in the 90's, you COULD discharge them in bankruptcy...then Dubya signed the law during his second term making student loans ineligible for bankruptcy discharge.

Not that I had any intentions of doing so...I was a good little debt serf for the banksters. I made all my payments on time for close to a decade, until I hit the point where my commissioned pay check was zero and only my meager base salary was the only income I had...until my company I worked at for 12 years went belly up and I got laid off. I reached the point where it was a choice between either making my credit card and auto loan payments or paying the rent, buying food and keeping the basic utilities on.

That's what I get for voting. Consider my lesson learned, and my consequences just. Thanks to the borrow-and-spend RepubliCON warmonger and original bagman for the TOO BIG TO FAIL TARP-heist that I cast my ballot for (not once, but twice!), student loans are now like herpes.

During the heady days of irrational exuberance and a six figure income, I lived it up like a Rockefeller.



Oh Virtuous Vice!

I developed a taste for the finer vices of life. Single Malt Scotches and Kentucky Straight Bourbons aged for 10 or more years. Premium cigars. Expensive, boutique micro-brewed beers. Organic gourmet coffee. I used to only put 92 Octane gas in my cars and motorcycle. I ordered every pay per view MMA events from PRIDE Fighting Championships and the UFC.

I would regularly eat out at restaurants, and thought nothing of ringing up $100+ meal and bar tabs around town. Movies, concerts, raves, nightclubs, weekend trips to the neighbor islands and regular visits to California and Las Vegas to visit friends and families. Multiple vacations to Europe and Australia. I built up a moderate collection of guns, knives and guitars, as well as an extensive collection of high end whiskey. I used to buy a bottle of $30-$80 single malt or premium Bourbon or Irish Malt every pay day. I used to have subscriptions to a number of magazines and newspapers. All the premium channels on cable TV. I used to buy the latest game consoles, newest releases of video games, and hundreds of DVD's and CD's.

Then I discovered the Paleo Cult on teh Interwebz, and I turned my expensive tastes in dining towards obtaining the highest quality foods I could find and really getting into the joy of cooking from scratch. Grass-fed meats, organic sausages, fresh-caught, raw fish. Organic dairy. Grass fed butter from New Zealand. Highest quality Olive and Macadamia nut oils. Artisanal cheeses. Organic produce. Free range eggs and poultry, all bought from upscale, high end grocery stores and deli's around town. The gains I made from ceasing to eat out at fast food, franchise chains and upscale restaurants was easily offset by the higher standard of groceries I was buying.



I was a quintessential, 21st Century human resource in Corporate America and a consummate consumer typical of the times. I was living high on the hog, clueless about the economic hard times that were about to come. I was still drunk on the idea of the American Dream (called so because you have to be asleep to believe it!), and under the delusion that my career was on a perpetually upward trajectory. After all, for 8 years after I graduated from college, my commissions increased every year. I thought that was just the natural career path that comes with obtaining a college degree and working as a white collar sales and marketing cog in the American corporate machine. Little did I realize that I was simply getting my small share of the bubble mal-investments, and that I was blowing it all away under the mistaken notion that I would be earning even more of it in the future.

About the only thing I didn't do when I was in the heyday of bubble excess that many of my Generation X cohorts

did, was sign up for a mortgage to try and realize the dream of Home Ownership. I came within inches of signing on the dotted line for a 3 bed/2 bath/2 car garage house in an upper middle class tract of Hawaiian suburbia...but I got cold feet and walked away. The idea of 30 years of debt and the 5 year adjustable rate scared me too much. That decision was based on nothing more than irrational fear (at the time I thought is was irrational...lolzolzolol). That ended up being the smartest choice I ever made, back in my blue pill days of financial and economic naivete. I had more than enough of a monthly average income at the time to afford the payments. I would have made it to about 4 years before the bubble went pop and my commissions went to zilch.

I guess the most memorable and meaningful lessons we learn, are the ones learned the hard way.

Life has become much simpler now.

I no longer order Pay-Per-View events or movies. I got rid of all my premium cable tv channels. I downgraded my smart phone to a dumb phone and pay the minimum monthly plan with only a small allotment of phone call minutes. I no longer talk for more than 2-3 minutes at a time on the phone so as to avoid going over my monthly minutes. I no longer eat out at restaurants, save for very infrequent and special occasions. About once a month, I take the family out to a Vietnamese noodle shop for some bone soup (high quality nutrition at fast food prices.) I no longer shop at deli's and upper end grocery marts. I buy most of my produce from the local farmer's market. I also found it much cheaper to raise a flock of free range hens rather than pay a premium for free range, organic eggs at the grocery stores.

I cancelled all my magazine and newspaper subscriptions. I only use 84 Octane gas. I got rid of my motorcycle and two of my four vehicles. I set up a routine for doing my errands so that I do all that needs to be done on one round trip to town for a single week to save on gas. I haven't bought a gun or a guitar in 5 years. I stopped going to the shooting range on a regular basis (ammo has gotten way expensive ever since Obama got elected!).

Nevertheless, one thing I really got from all that, was the proverbial champagne tastes, of which I can no longer afford to regularly indulge. Adjustments have been made...but there are certain things I will not compromise on. The behaviors have been modified, but I've reached a point where I'd rather go without than settle for cheaper substitutes.

Life's too short to eat bad food, drink shitty booze, smoke crappy leaf and watch bad TV and movies.

Rather, I've become more moderate and circumspect in my consumption. In this regard, my favorite corporate multi-national cartel, Costco, has been the only thing keeping my expensive tastes for quality foods and vice sated.

High quality microbrews in bulk ($10-$14 a six pack elsewhere, $20-$22 a case at Costco). I now almost never drink more than 3 of those in a single day. I used to easily drink 2 cases of beer or more a week....now, I stretch one case over 2 weeks. While there are economic considerations driving this behavior, I've also become conscious and conscientious of the difference between alcohol use and abuse.

I no longer buy Single Malt Scotch, unless I come across a ridiculous sale (I once came across three bottles of Dalwhinnie 15 year Single Malt at a clearance price of $25 - typically a $55 bottle. I bought all three). Almost all the bottles in my collection have been drank below the halfway point, and I rarely open them up anymore to have a dram. That's only on special occasions now. I stick to Kentucky Straight Bourbons and Rye Whiskeys, and even with that, I typically only buy the cheaper/mid-range end of that particular classof spirits, and usually only drink only a dram or two in any given day.

[image]

Put this same Whiskey in a different bottle and you'll pay twice as much...for almost the exact same juice.

But even the price of Bourbon has been on the rise as of late. Again, thank the heavens for Costco - they now carry Kirkland brand Bourbon, which is really just Jim Beam's small batch collection of Baker's Bourbon sold in bulk to Costco. $20 for 1 liter...whereas a 750 ml bottle of Baker's will run you twice that price at specialty liquor stores. Great Whiskey at a great price. If I could afford it, I'd prefer premium brands like Pappy Van Winkle or Old Weller Antique, but the Kirkland stuff at that price is more than good enough to satisfy.

[image]

Mexico produces so much more than unskilled and undocumented labor...

Same goes for the Kirkland brand tequila - it may be cheap, but the quality is still there. You can get a 1.75 liter bottle of 100% puro de Agave blanco, smooth enough to drink straight and excellent for mixing, for the same price of a 750 ml bottle of typical mixto rotgut tequila sold everywhere else. (I don't always drink tequila...but when I do, it's NOT Jose Cuervo - "silver" or "gold.") I'd prefer Cazadores, Herradura or Patron, but again, the Kirkland brand is some damned fine Agave Azul, and at that price, a true bargain.

[image]

Another great offering from Costco is artisanal cheeses in bulk. I've seen the same types of cheeses at half the size for twice the price at most deli's and grocery stores. Oh, and while I still buy organic free range meat at the farmer's market, I do also buy the cheaper factory farmed fare from Costco as well. Bacon, sausage, ham, salami, etc. I wish I could afford to buy higher end meats from Whole Foods, but I've resolved to not let perfect be the enemy of good.



Processed, Factory Farmed Meats: Paleo Cult Heresy!

In those cases, I make sure and cook the cheap meats in high quality fats (Kerry Gold Butter and Macadamia Nut Oils) to at least mitigate the poorer nutritional quality of the cheaper meats. Where I used to exclusively eat free range, organic/grass fed meats, that now makes up only 50% of the meat we consume in the Galt household.

If there's one thing I never skimp on when it comes to food, it's with buying the high quality fats. Nobody round these parts beats the prices Costco's offers Extra Virgin Coconut and Olive oils.

[image]

Another innovation with Costco here in Hawaii has been the recent installation of fresh coffee roasting machines in several of the outlets around the island. I used to pay close to $20 a pound. for organic coffees from a boutique coffee shop in downtown Honolulu. The highest quality beans from Sumatra, New Guinea, Tanzania, Guatemala, Venezuela, Jamaica and Kona. I love me some high end coffee in the morning. But now, Costco fresh roasts organic Sumatra beans right there in the store and sells it in 2.5 lbs. bags for $16...and that fresh roast is unbeatable! Every time I buy a bag and throw it in the car, by the time I get home, my entire vehicle smells like fresh roasted java.

I've paid triple the amount for more gourmet coffees like Organic Kona and Jamaican Blue Mountain...and none of them ever tasted as good as that Organic Sumatra that had been roasted within a day or two of purchase. Even still, with that excellent bulk pricing for premium grade beans from a certified organic farm in Indonesia, with the economic downturn and personal financial decimation, I still cut back from a 4-5 cups a day routine -- always with a healthy dollop of organic heavy whipping cream -- to now only 2 cups a day, the first black, the second with organic half-and-half. I make that 2.5 lbs. bag last two weeks...just like the beer.

Now I didn't start out writing this post to turn it into an endorsement for one of our modern day equivalents to the East India Company...but sadly, the fact remains - America is a Corporatist-Mercantilist-Fascist State. We the sheeple must procure at least some of our food and drink and other consumable products from one of the mutli-national corporate cartel's...we don't really have any other choice - especially when comparable goods that are locally made can cost up to 10 times as much as the likes of Costco can offer, due to it's cartel advantages in procuring premium products on the global market at discount rates for bulk distribution. It is what it is. You don't have to go to Costco. I'm sure there are other "wholesale clubs" and bulk warehouse distribution establishments that offer similar premium products at discount bulk rates. YMMV and all that.

I buy local wherever and whenever I can...but you're just not going to find Kentucky Straight Bourbon Whiskey, Mexican Pure Agave Tequila, nor French, Dutch, Norweigan, Italian or Wisconsin cheeses in most locales either. We live in a globalized word of trade whether we like it or not. May as well enjoy the nominal benefits of artisanal produce and products from all over the world the cartel provides.

[image]

Is THIS corn on the cob considered "paleo?"

Another modification in my indulgences in vice, has been to change my recreational use of tobacco. I quit smoking cigars on a weekly basis and save 'em only for special occasions...like once a month - at most. If I feel like indulging in some good tobacco, I now have a puff on my cheap ass Missouri Meerschaum pipes with some bulk pipe tobacco. You can buy high end pipe tobacco in bulk from teh Interwebz every bit as potent and flavorful as premium cigars, but at a fraction of the cost. I'm even finding out that I like premium Balkan and English blends,

cakes, flakes, twists and rolls better than many of the premium cigars I used to smoke several times a week.

For the price of 2 mid-range, premium cigars, I can buy 4 ounces of high end pipe weed. I'm not a member of the Brotherhood of the Briar, and I don't plan on joining anytime soon. I just don't want to spend the money on a high end briar wood pipe ($50-$500), when the $4 hardwood and corn cob pipes are perfectly adequate and satisfactory for smoking good quality tobacco at far cheaper prices than my old cigar indulgences.

When it comes to making due during The Return of the Great Depression, sacrifices have been made, corners have been cut, compromises and foregoing past indulgences have been the norm. But there is a certain point I'm willing to go before the small joys in life are no longer worth the money that could be saved by eating, drinking and smoking substandard fare. PRIORITIES, PEOPLE!

Stay thirsty my friends.

A Pill For This and A Pill For That

Keoni Galt · 27 June 2013 · Archived copy · Original

[image]

So, I guess obesity is now officially considered a disease.

Personally, I think obesity is nothing more than a SYMPTOM.

A symptom of malnutrition. A symptom of a deliberate, slow motion poisoning of the populace. A symptom of a purposeful, gradual and incremental genocide. A lucrative and profitable fattening of the human cattle for slaughter.

THEY have been deliberately fattening we the sheeple, confined in their infernal feedlot for slaughter for quite some time now. More and more are beginning to notice something is not quite right, so our feedlot managers must now come up with a new way for the useless eaters to accept their current, artificially constructed conditions rather than figure out the only thing they really need to do is step outside of the barricades of the feedlot...

...since the only thing that really keeps most within it's shit-filled, crowded confines, are the lies, deceptions and delusions THEY have constructed in our minds with their mass media driven propaganda, brainwashing and control of the mainstream narrative of conventional wisdom.

But no matter how many begin to wake up and see all the lies and propaganda for the deceptions that they are, the sad reality is that the majority of the great multitudes will remain oblivious. Most are too drugged out of their minds on the various versions of Soma Big Pharma deals out to the Medical-Insurance-Healthcare complex for lucrative Insurance overbilling.

Think I exaggerate? 70% of Americans take Big Pharma Smack.

> Researchers find that nearly 70 percent of Americans are on at least one prescription drug, and more than half receive at least two prescriptions...
>
> ...antibiotics, antidepressants and painkiller opioids are the most common prescriptions given to Americans.
>
> Twenty percent of U.S. patients were also found to be on five or more prescription medications
>
> Nearly one in four women ages 50 to 64 were found to be on an antidepressant, with 13 percent of the overall population also on antidepressants.
>
> Seventeen percent of people in the study were being prescribed antibiotics, and 13 percent were on painkilling opioids.

Apparently, when it comes to pharmaceuticals, every hour is happy hour in our Brave New World Order.

And this doesn't even account for the number of people who take over-the-counter medications in addition to the prescriptions doled out daily by the Big Pharma cartel.

> As a whole, women and older adults received the most prescription drugs.

> Antidepressants and opioids were most common among young and middle-aged adults.
>
> The percentage of people who took at least one prescription drug in the past month increased from 44 percent in 1999-2000 to 48 percent in 2007-08, the Mayo Clinic reports.
>
> Expenditures on prescription drugs reached $250 billion in 2009, and accounted for 12 percent of total personal health care expenditures.
>
> According to the CDC, the percent of persons using at least one prescription drug in the past month increased nearly 50 percent between 2007 and 2010.
>
> And the researchers said prescription drug spending will only increase in the future.

Right now, we are living in the time of the Palm-Zombie Apocalypse.

Should any event or collapse of civil society occur, it will be a matter of days before the Big Pharma addicts begin to act in desperation borne of involuntary withdrawal.

That's when we'll see the *real* Zombie Apocalypse occur.

Do you find these thoughts troubling?

Don't worry, there's a pill for that sort of anxiety.

Just do as your told and take your regularly programmed dosage advised by your Medical professional, and all will be better.

Red pill, blue pill, purple pill...It matters not.

The truth is that THEY want you to think the answers you seek is always to be found in a PILL. A dosage of maintenance medication that will make you feel momentarily better about your dreary existence as a human resource, a niche market consumer and a debt serf in our Corporatist economy. Once it wears off, and your symptoms caused by your feedlot diet and lifestyle return, it's time to take another pill.

When the bottle runs out, it's then time to order a refill, continually racking up an increasingly profitable and lucrative insurance bill. Why, there's no cure to be found in changing your diet and your lifestyle!

Those sorts of crazy ideas are nothing more than the fevered delusions of fanatical cult members!

Who's this "We?"

Keoni Galt · 3 July 2013 · Archived copy · Original

[image]

I've said this once before, but, a few outspoken liberals I've known were like sports fans that refer to their team as "we."it's always "we" have the right to make people do this, "we" have the authority to regulate that. As if the person is part of the ruling elite simply by rooting for its politicians.

Just like the sports fan says "we" as he sits on his couching watching the team, the liberal voter says "we" while being controlled by the ruling class. - "Van," commenting at Vox Popoli

The ruling class, the elite....those who are at the top of the metaphorical pyramid, maintain and consolidate their power through the primary tactic of divide and conquer. The most effective way to divide and conquer we the sheeple, is to manipulate our thoughts and behaviors by appealing to collectivist ideology we've all been programmed with by our society's educational system and mass-media-driven culture.

[image]
Who's the King? The Owners of the World's Central Banking Systems

The idea of WE is to make you forgo taking care of ME. In the above diagram (H/T Alte), the Freemen, Villeins, Cottagers and Slaves all have self-conceptions of their place in this infernal hierarchy, and how they differ from the other strata...and most never give it a second thought that while their may be some substantial differences, we are all still serfs, either locked into indentured servitude to the usury cartel, or we are enslaved by perpetual dependency on the Nobility's social engineering programs for the redistribution of resources from one Serf strata to another.

In my view, WE need to break away from this collectivist mode of thinking. It is the only way to counter the divide and conquer tactics THEY are using on us.

The first step in countering the divide and conquer by appealing to collectivist thinking is to stop using WE arguments during any discussion or debate.

> *"Well, WE did enslave black Africans by taking them from their homes and forcing them to work in the cotton fields!"*
>
> *"After all, WE did take the land away from the Native Americans!"*
>
> *"WE saved the French from the Germans in World War 2!"*
>
> *"WE won the Superbowl!!!!!"*

> *"WE get the leaders WE deserve since WE vote!"*

WE did no such things.

Just because you have been indoctrinated to identify yourself along lines of Nationality, Gender, Ethnicity or any other means of differentiation, doesn't mean your responsible for the actions of those who may share those same similarities.

But by making you accept collective responsibility, THEY make WE much more easily divided and conquered, because we become concerned with the US versus THEM amongst the various collectives within the serf strata of the pyramid...all the while carrying on in oblivion to the machinations of the upper tier.

Liberal, conservative, Democrat, Republican, welfare dependent minorities, tax paying entrepreneurs, small business owners, indebted college graduates who are unemployed food stamp recipients still living in Mommy's basement...the differences between these various collectives in socio-economic behavior can be stark in terms of basic morality, behavior and world views. The squabbling, finger-pointing and scapegoating between such seemingly disparate factions are inevitable. But we are all more alike than most care or dare to realize.

The terms of our servitude may differ, but WE who are amongst the Serf classes are all enslaved in one way or another

---

Of course, this post is not a screed against any and all forms of collectivist thinking. How apropos that as I was writing this post, I took a break and surfed the blogosphere and read the latest over at Sunshine Mary's: Creating a Tribal Culture, in which she gives us a long awaited update on Joseph of Jackson, a man who was excommunicated from his local Temple of Churchianity for daring to teach young men the concepts of game - focused on simply approaching and developing rapport with young women in there church.

JoJ's update is simply inspirational! Read this comment on that thread to see what became of JoJ and his quest to bring Godly Game to goodly Christian young men.

I have always maintained that any movement that arose from the MAndrosphere would be destined for failure. It would be co-opted and marginalized the moment it coalesced into some centrally controlled entity - just like both the Tea Party and Occupy movements were. As I've written many times before,

"**This is why their can be no "movement." There is only recognizing TRUTH and using that to guide your own personal life decisions."**

The MAndrosphere will never succeed as a political movement. Instead, as Rob Fedder's points out, it will achieve it's most profound effect as a manifestation of fourth generation guerrilla warfare waged on teh Interwebz.

> Now, of course, I am not advocating doing anything violent, but rather taking the concept of decentralization found in Fourth Generation Warfare and adapting it to the internet. There is no "leader" of MGTOW to attack or discredit. We are all leaders of *our own* movement, and if one of us is removed, there are more nameless people to take his place.

What JoJ has done, is something similar, but instead of working alone, he's recruited young men and formed a tribe with a common objective based on the truth he discovered from both the MAndrosphere and the PUA camp he actually attended. Armed with this knowledge and skills honed through much practice, they've begun there own counter-offensive to seize their Church back from the grips of Feminist Churchianity and restore it to it's proper, Biblical-ordained Patriarchal order.

As JoJ emailed to SSM:

To begin, I need to cover human beings as a group first.
To that end, I would state that mankind is tribal by nature. We break off into small groups for protection and unless you have been raised in an environment that is centralized, people generally prefer remaining tribal. It's all over our subconscious likes and dislikes if you know what to look for. To anyone who lives in America and enjoys the Andy Griffith Show, you are witnessing **a yearning for a tribal society**. One in which you know everyone, and everyone knows you. Where your specific gifts are genuinely unique because there aren't enough people for your gifts to go to waste.

Excellent observation! This yearning to belong to a tribe is precisely the innate need the social engineers of our Brave New World Order have played off of in using their collectivist arguments hold sway in the minds of masses. The thing is, they want us all to identify with one of the tribes for which they control the narrative.

This is why they've effected the long march to tear our closest familial and communal bonds asunder with their feminism, liberalism and collectivism programming, why they've subverted our churches and our schools....so that we do not identify with localized tribes with close familial bonds and commonly held interests. Instead, they want us to identify with larger "super" tribes...like"Republican" or "Democrat", "Liberal" or "Conservative."

What JoJ has done, is create the kind of "WE" in-group we should not hesitate to embrace. This is the only real sort of "movement" that WE will ever have in effectively seeking to refuse and resist the agenda of population control THEY have for us all.

Fast Food and Our Regularly Scheduled Programming

Keoni Galt · 8 July 2013 · Archived copy · Original



Have you been tuning in to your tell-a-vision for your regularly scheduled programming?

> Tell-A-Vision and public schools are, bar none, the Socialist rapists of America and her people. They are, in fact, one and the same entity. Tell-A-Vision is the adult and youth re-engineer, and the public schools are the youth and now toddler re-engineers - teaching us exactly how to be anything and everything but free people.



The Palm Zombie Apocalypse is just another manifestation of the real plague spreading throughout the land - Screen Addiction:

> Today's American has fallen victim to reality manipulation through all forms of screen entertainments – from tell-a-vision to computer game addictions. The "science" of visual manipulation is hard core science, and why American people are, in fact, addicted to "screens." Between the flashing lights, colors, and sound combinations, American people are now literally addicted to computer and tell-a-vision devices. Silence in homes has become virtually impossible to bear, and both children and adults find themselves "virtual slaves" to the electronics in their possession. This addiction was not by accident. This was "science" created to pacify and capture the attention of entire nations so that a new breed of government and governors could take control unnoticed. It worked, and "it" is called mind control.

Modern mind control-based programming is largely based on getting subjects to ignore logic and default to conditioned responses. It works in perfect symmetry with the mass indoctrination of the public schooling system as well.

While the examples of this are legion, for this post, I'm going to focus on one particular aspect of it - Sheeple Feed Programming - aka the Federal Government-Subsidized School Lunch PROGRAM.

It's been over 20 years since I bought and consumed a lunch from the cafeteria from my local ~~BNWO indoctrination facility~~ public school. Over two decades of time have done little to dim the memories of the horrors of the tastes, smells and textures of the mass produced feed they used to serve us. While googling up images of present day school lunches to use for this post, I see that nothing substantial has changed since then.



"Cheeseburger and Fries"

Save the Rice Krispy treat dessert, this looks exactly like the sort of meal that got served on a frequent basis at my

schools. Except, of course, this food was a "healthier" alternative to the typical fast food meal - the fries are pre-cooked and re-warmed in the cafeteria ovens to make baked fries, instead of deep fried and had almost no salt on them. The milk was "2% low Fat" and the cheeseburger was a re-warmed patty of dubious content (most assuredly a blend of beef and textured vegetable protein), and the cheese was always a slab of generic American cheese that was always cold and never melted.

Here was another common school lunch served up by the State of Hawaii's Department of Education:



"Chicken Nuggets"

Baked Chicken Nuggets with Baked Tater Tots. The fruit was typically canned fruit in lightly sweetened syrup rather than an actual fresh apple, but otherwise, yeah, this looks like the same fare I was served over two decades ago.

Then we have the stuff that resembled a large, 1 inch thick hunk of bread that had the texture of a kitchen cleaning sponge, topped with a thin layer of melted cheese and watery, bland tomato sauce. This is what they called "Pizza." Years before I tried a "low-carb" diet, I used to go "Atkins" with this particular meal, and eat only the cheese and tomato sauce topping, than throw the hunk of sponge-bread like a frisbee at my friends during recess.

Looks like sponge-bread pizza is still a school lunch staple.



Well....we never had chocolate milk back in my day. But the canned corn and canned fruit cocktail was common side dishes.

Then we had the school lunch "tacos," which was one of my favorite meals they used to feed us.



The shells where always soft, even though they were supposed to be "crunchy," the lettuce was always brown and wilted, it came with two or three pieces of diced tomato, and the cheese was the same "American" cheese they used for the cheeseburgers, just sliced into smaller pieces. Our lunches came with two tacos and two packets of "hot sauce." It was never enough to truly satisfy the hunger of a growing boy. On taco day, I would typically order a "double lunch" that came on a larger, silver tray that held four of these "tacos" instead of the standard two.

I remember well how we kids used to always talk about how crappy our school lunches were...it was the longest running joke amongst all us kids, from Kindergarten all the way to High School graduation. We KNEW they were feeding us crap, but for most of us, we had no choice. It was either eat the State subsidized slop, or starve.

But it was only much later as an adult, when I became truly aware of the difference between real food and corporate, mass-produced, Big Ag Feed that is ubiquitous in our Brave New World Order, that I finally connected the dots between the slop they used to serve us in our school cafeteria's and what the intentions of serving such substandard fare are really for.

Under the guise of serving "healthy" meals, what they were really doing was getting us kids used to eating sub-standard tasting crap in comparison to their fast food counterparts served in the fast food and restaurant chains that now do business in nearly every community, town, shopping mall, suburb and city, from sea to shining sea.

Baked fries and tater tots were cold in the center, had no salt, were often rubbery, and would often get stuck in the back of your throat as you tried to choke 'em down. From a flavor and texture stand point, every kid forced to eat such crap ends up thinking the deep-fried-in-rancid-vegetable-oil and heavily salted feed their parents would occasionally buy from McD's, Jack-in-the-Crack, Booger King, Taco Hell et al, tasted like gourmet manna from heaven.



After years of cold, unsalted "baked fries" at school, this fast fried garbage tastes positively gourmet.

Same goes for the baked chicken nuggets, and the baked "fried" chicken.

Public school lunches were nothing more then FEED-training to ensure a regular, steady supply of enthusiastic fast food consumers.

Without even checking, I'll say with near certainty that all the food supplied to the nation's public school cafeteria's are all sourced from the same Big Agricultural corporations taking federal subsidies to supply the schools with meat, vegetables, grains and fruits from their feedlots and mono-crop fields...the same sources used to make the same products for the fast food and convenience food industries. Instead of deep frying and using salt and spices, just "bake" and don't add salt to the school lunch counterparts. Given the choice between this bland, tasteless crap or starvation, most of us choked it down - if we didn't use it as ammunition for a food fight. Now those were the REAL quality memories of lunch in school! But I digress....

In hindsight, it seems quite obvious to me now -- take public school kids, and feed them this tasteless crap. Then they go home and turn on their electronic babysitter and watch commercial after commercial of fast food advertisements that depict value meals that look a million times more appetizing and tasteful then the last meal they ate at school, and the programming gets reinforced. Then the kids graduate from school, enter the "real world" and become independent consumers who make their own choices on their daily meals, and they start to feed themselves with "REAL" fast food!

Hell, that's what I did with my first summer job as a teen. I used to spend over half my paycheck from my first part time job on fast food. I distinctly remember that summer ending, and having to return to school and school lunches, how disgruntled I was to have to go back to school lunches instead of the McDonalds, Jack in the Box, Arby's, Burger King, Wendy's, Taco Bell, and Pizza Hut meals I ate on a daily basis that summer.

Public schools are the training grounds in preparing we the sheeple for life in our corporate-consumer society. The tell-a-vision is the endless reinforcement tool in keeping us firmly ensconced in this mindset so that we continue to CONSUME what THEY are selling us.

In hindsight, I now realize I learned quite a lot of behaviors from my time in my public schooling system, and my attitudes, beliefs and tastes for FEED was just one of them.

I am forever indebted to teh Interwebz for giving me the knowledge and resources to deprogram from those conditioned responses I had inculcated into me by my public schooling curriculum and reinforced by the hours of wasted time in front of the Tell-A-Vision.

What's Wrong With Equal Custody?

Keoni Galt · 15 July 2013 · Archived copy · Original

[image]

What's wrong with equal child custody in the case of divorce? I've answered this question before:

> Fighting for 50/50 custody default is NOT a desirable result to fight for. If this is what a Men's Rights Movement decides to fight for, good luck with that gentlemen. You are merely fighting for the right to dictate the terms of your enslavement.
>
> What does a 50/50 default custody truly represent? A three-way parenting model. The Ex-Husband, the Ex-Wife and THE STATE being the final arbiter and decision maker in child raising decisions.
>
> In other words, we'll call it 50/50 default custody, but what it will be in practice is 25/25/50 custody. 25% for Mom, 25% for Dad, and 50% THE STATE.

Recently, Bill Price asked the same question, but this time from a slightly different angle: What's wrong with men having equal custody so they can avoid child support?

> I said that people will often accuse men of wanting custody so they don't have to pay child support, but instead of saying "that's not true," I said "so what if it is?"
>
> Most fathers really do love their children, so it's an unfair accusation and a low blow in most cases, but not wanting to pay child support is indeed a motivating factor in custody battles. Likewise, receiving child support motivates women quite a bit, and has been found to contribute directly to likelihood of divorce. Money matters.
>
> But think about this: if taking care of one's child and being an involved father is a good thing, then isn't it good that men would rather take care of their kids than cut a check every month? Is there anything wrong with them preferring parenting over being an ATM?

I absolutely agree with this re-frame of the mainstream narrative of our mass media driven society. The standard trope is that Men who want to avoid paying child support are deadbeats and one of the lowest forms of sub-human in our Brave New World Order.

Bill makes a very good point that is always ignored whenever that meme is repeated.

> "Only if the mother has a problem with it, and that's exactly what's wrong with the current system of mother custody combined with state enforced child support. If anyone cares to know why fatherlessness became endemic in the black population, and now the Hispanic and white working class, it's just this refusal to allow men to act on this incentive to raise their kids. If the state were truly interested in reducing fatherlessness,

> fathers would be allowed to avoid child support by taking care of their kids half the time. If parents don't want their kids, then fine — have them pay CS. Otherwise, let them do their part and raise their own kids."

Ah, within the preceding quote lies the answer to Mr. Price rhetorical question: **"If the state were truly interested in reducing fatherlessness."**

I would venture to say that not only is the state truly *not* interested in reducing Fatherlessness, it is in fact interested in *increasing* it.

I expound on this further in my latest post at *The Spearhead*, Here's What's Wrong With Equal Custody.

The Red Pill Bookshelf

Keoni Galt · 24 July 2013 · Archived copy · Original



> "None are more hopelessly enslaved than those who falsely believe they are free." - Johann Wolfgang von Goethe

Seems like over half the Manosphere is made up of men who think that discovering Game and using it to understand how women think, what they are attracted to, and how to get laid is the sum totality of what the "RED PILL" represents.

Contrary to one of my earlier posts stated belief, that Game is the Red Pill, I've come to the conclusion that Game is only one aspect of the search for the truth. The "MATRIX" is in fact an entire system created to enslave us all while making us believe that we are "free." The Matrix IS our Brave New World Order.

The *raison d'être* of the Matrix, is in fact *total* population control. Not just how many people mate and reproduce, but how we think, act and behave as one part of the collective entity called humanity.

Unplugging from the Matrix requires far more than simply deprogramming the socially engineered programs to indoctrinate we the sheeple in dysfunctional thoughts and behaviors regarding sex, gender and procreation. Other areas of deprogramming cover banking, money (debt), diet, exercise, the system of education and understanding the true structure of "society."

Gaining an understanding of the big picture of our Brave New World Order has never been easier than the current epoch of the free flow of information now made available via teh Interwebz. Better yet, just about every resource you need to grasp this big picture is available for free by downloading and reading these 10 books:

> 1984 - by George Orwell

> Brave New World - by Aldous Huxley

> Rules For Radicals (pdf) - by Saul Alinsky

> The Deliberate Dumbing Down of America - by Charlotte Iserbyt
>
> The Underground History of American Education - by John Taylor Gatto
>
> The Garbage Generation - by Dr. Daniel Amneus
>
> The Case for Father Custody (pdf) - By Dr. Daniel Amneus

> Nutrition and Physical Degeneration: A Comparison of Primitive and Modern Diets and Their Effects - by Dr. Weston A. Price
>
> The Creature From Jekyll Island (pdf) - by G. Edward Griffin

> The Protocols of the Banksters of Rothschild - by Lucifer's Sycophants

Of all the books listed, this last is the most controversial. It's been called a forgery, a fraud, a blood libel and nothing more than a screed of anti-semitism propagated by racists and hatemongers. Due to it's extremely controversial and inflammatory nature, it is also the only book I'm going to have to write a disclaimer and explanation for on this post. I am not an Anti-Semite (I hate all races equally...misanthropy FTW!).

I anticipate sometime in the near future that anyone linking to, quoting or downloading the Protocols may be itself considered a thought crime or an exercise in criminalized hate speech, so I say read it now while you still can. You don't have to accept it, endorse it or advocate for it to simply read it.

I suggest one should simply read the text in it's entirety with an open and impartial eye to understand what it is describing and advocating, and you will quickly realize that the Protocols are really just a blueprint for how the elite 1%'s have been dividing and conquering we the sheeple for generations now. Trying to lay the blame for this on an entire class of people - aka teh Jooooos! - is a complete red herring. As I wrote about over a year ago in the comment threads for my post, The Tyranny of Usury:

> I do not cite the PEOZ to "prove" the "Jews" are responsible or liable or guilty of anything.
>
> Seriously, some of my best friends are Jews. LOL
>
> However, Jews like the Rothschilds have certainly used the perception of Jews as the most unjustly persecuted people in world history as a cover.
>
> And if you actually read the POEZ, you quickly understand that it's really not about promoting anti-semitism, but rather understanding the mindset of the ruling elite.
>
> Substitute the word "Gyoim" with "Sheeple" and you see precisely how we, the Proletariat of the Brave New

> World Order are just "cattle" to the elite powerbrokers and oppressors of all humanity.

The race/ethnicity of the authors of the Protocols is immaterial. Your neighborhood Jewish person is most assuredly not "in on the Conspiracy." Most Jewish folks are just as much victims, dupes and/or useful idiots of the Protocols designs for Global Government as any other class or race of we the sheeple in our Brave New World Order. Remember: We are ALL Zionists now!

There's a reason why I listed *The Creature From Jekyll Island* second to last on this list, just prior to the Protocols.If anyone wants to really look at who's behind the implementation of the Protocols, simply look at the names of those involved in *The Creature From Jekyll Island*. You want to point the finger at those responsible, you'll find no better target to apportion the blame on then those men who conspired to enslave the world with their debt-based Central Banking plans.

> Protocol 20:
>
> What also indeed is, in substance, a loan, especially a foreign loan? A loan is - an issue of government bills of exchange containing a percentage obligation commensurate to the sum of the loan capital. If the loan bears a charge of 5 per cent, then in twenty years the State vainly pays away in interest a sum equal to the loan borrowed, in forty years it is paying a double sum, in sixty - treble, and all the while **the debt remains an unpaid debt**.
>
> From this calculation it is obvious that with any form of taxation per head the State is baling out the last coppers of the poor taxpayers in order to settle accounts with wealthy foreigners, **from whom it has borrowed money** instead of collecting these coppers for its own needs without the additional interest.

Now were these preceding paragraphs really sourced from a forgery? Does it matter? They sure seem to accurately account for the current state of all Western Nation's that have Central Banks in charge of their monetary policies. For this reason alone, a serious, contemplative reading of the Protocols is necessary to understanding the reality of the world we all live in.

I've read most of these books I've listed at least twice, and some of them several times over. Taken in sum total consideration, it becomes apparent that this system we call "society," was deliberately designed to make us go mad:

> The social engineers that have shaped our society and our culture have a full, working knowledge of our human natures, our desires, our biological imperatives, and our instinctive proclivities...and they have deliberately and deviously gone about subverting, distorting and contorting those needs, wants and desires to create a script for which we unknowingly and unwittingly follow...immersing ourselves into lives of artificial constructs that deliberately go against our natural state of equilibrium.
>
> If you ever feel like you're going crazy in a world gone mad, that is precisely your cognitive dissonance of your natural instincts clashing with the unnatural script you are trying to follow to achieve "success" and "happiness." This purposely instilled discombobulation was designed to leave you confused, tired, overworked,

> and in ill health, unable to contemplate their devious machinations to subtly and covertly control your life.
>
> To put it in even simpler terms - to render you easily manipulated, our Brave New World Order's social engineers have deliberately scrambled our understanding of gender relationship roles, familial roles, dietary nutrition and health, understanding of finance and economics, and a proper understanding of education.

These 10 books I listed come together to present us all with a clear picture of our current reality. Our countries are in decline, the economy is tanking, and the foundation of civilization - the nuclear family - is being torn apart.

In addition to these 10 free e-books I've linked here, another good source of red pill knowledge would be the compiled list of required reading by the manosphere's most infamous commenter THE GREAT BOOKS FOR MEN.

> All men should begin immediately by reading the following books which the central bankers and their fellow churchians hate, fear, and detest:

> 0. THE BIBLE
> 1. Homer’s Iliad
> 2. Homer’s Odyssey
> 3. Exodus & Ecclesiastes & The Psalms
> 4. Virgil’s Aeneid
> 5. Socrates’ Apology
> 6. The Book of Matthew & Jefferson’s Bible
> 7. Plato’s Repulic
> 8. Seneca’s Letters from a Stoic
> 9. Aristotle’s Poetics
> 10. Dante’s Inferno
> 11. The Declaration of Independence
> 12. The Constitution
> 13. John Milton’s Paradise Lost
> 14. Shakespeare’s Hamlet
> 15. Newton’s Principia
> 16. Adam Smith’s Wealth of Nations and Theory of Moral Sentiments
> 17. Henry David Thoreau’s Walden
> 18. Mark Twain’s Huckleberry Finn (& all of his work)
> 19. Shakespeare’s Hamlet
> 20. Ludwig von Mises’ A Theory of Money and Credit
> 21. F.A. Hayek’s The Road to Serfdom
> 22. Herman Melville’s Moby Dick
> 23. Einstein’s The Meaning of Relativity
> 24. Joseph Campbell’s The Hero With a Thousand Faces and The Power of Myth
> 25. Ron Paul’s Revolution & End the Fed
> 26. THE BIBLE

The list of free e-books I provide here are important in understanding how and why we are, where we are today. GBFM's list represents the canon of Western literature, and is important in understanding, rediscovering and

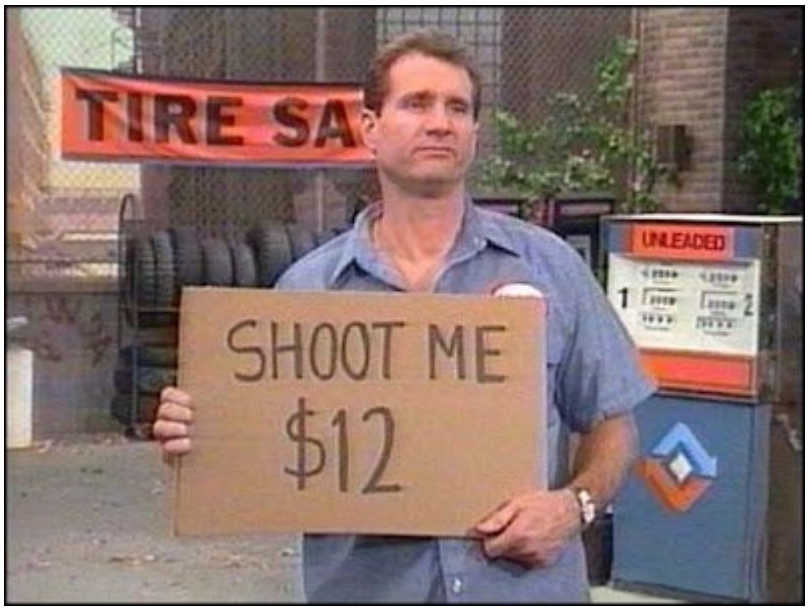
preserving the ideals that has been lost, subverted and obscured by all the social engineering through public education and mass media indoctrination we've all been subjected to.

I've read most of GBFM's list, but there are a few I've yet to get to (4, 6, 8 15 & 24). Anybody have any further suggestions to add to either list?

Let's all get on with our red pill readings!

Requiem For A Shoe Salesman

Keoni Galt · 31 July 2013 · Archived copy · Original



One of the originals of the MAndrosphere has gone on to The Great Gig in the Sky.

My favorite Canuck from Canuckistan has announced the passing away of his blogging career with a final post that contains a cornucopia of links to some of his best works throughout the past 9 years. I've read all of those articles, several times each.

Rob was THE MAN of the manosphere, long before anyone called it such a thing.

He was the guy that first inspired me to begin blogging here.

He gave me my first shout out and has been one of the most influential bloggers to ever wield the keyboard against the feminazi hordes, and has certainly cast his shadow across the growing expanses of these fringes of teh Interwebz.

Don't miss his last words at No Ma'am.

Rest in Peace, Rob Fedders. You will most certainly be missed.

But please sir, as your departed blogger-soul wanders off into the ethereal wasteland of teh interwebz afterlife....I implore you to please remember THIS passionate exhortation you once wrote:

> Of course, not all people will want to keep blogging forever. If you no longer feel the motivation, that's fine. It is a thankless job and the pay sucks. **But please, oh please, don't delete your blog!** Not only does it remove from the internet a significant body of work that others might find and read, whether old or not, but it also removes all of those links in the articles, in the comments, and on the sidebar, which support those of us who still are blogging.

> Most guys who quit blogging have not lost the faith in the message, they simply are fed-up with blogging. There's nothing wrong with becoming a Man Going His Own Way (MGHOW) and moving on - in fact, it is one of the natural conclusions of MGTOW. But please, if you've found a path to enlightenment through MGTOW and the manosphere which resulted in you starting up a blog, **leave your work up so that others may find it, and so that the links in your blog may direct others towards those who are still actively blogging about it.**

A hui hou, Rob.

The Longevity "Paradox" - Tobacco

Keoni Galt · 6 August 2013 · Archived copy · Original

[image]

Continued from here and here.

From The World's Oldest: All Smokers -

> Smokers die early. How is this 'truth' established? Like this. If, this year, the average life expectancy is 78 and you die at 77 **and** smoke(d), the year you are missing is ATTRIBUTED to smoking, never mind genetics or the other million every day things that could have made you live one year "less". However, if you live one year "more", that extra year is NOT attributed to smoking because the *ideology* says that smoking kills by definition - so it must have been something else that made you live a little longer, but CERTAINLY NOT smoking.
>
> Be that as it may, the hard and empirical evidence (no epidemiological attributions needed) shows that the world's oldest are or have been all smokers. To avoid sending the "wrong message" (the "right" one being that "smoking kills"), these people are called "exception to the rule". But are they all exceptions to that rule, or is it just the rule that is flawed by ideology and beliefs?

There seems to be a whole lot of rules in our Brave New World Order based on flawed ideology, outright deceptions and beliefs inculcated by mass media propaganda and institutionalized brainwashing that most people simply accept at face value.

Perhaps no other issue save "Global Warming" has been as relentlessly propagandized as the meme that smoking tobacco is one of the most toxic substances ever ingested by mankind. To think otherwise is madness. EVERYONE knows, tobacco smoking kills! And even for those who regard conventional wisdom and suspect or downright dishonest, accepting the idea that tobacco may not be as bad as we've all been told to believe is a difficult idea to come to terms with.

Some comments from my first post on the Longevity "Paradox" -

> - "I like your post and agree with what you said. But, I am hoping you can have a few citations to back up you claim about tobacco and alcohol use?"
>
> - "Please do give some documentation regarding smoking. Obviously moderate tobacco use is less harmful than heavy use, but I don't have any reason to believe that there's a level of use that's actually beneficial."
>
> - "Looking forward to the second half of this post. It makes a hell of a lot of sense that good, pure tobacco (sans additives) and good alcohol would be beneficial, but I'm interested to see what you've come up with."

Before I go any further on this topic - and yes, I have found a few citations since I last wrote on this topic to share - there is one thing I've come to believe is the most important aspect of not just tobacco and alcohol use, but in nearly

all other aspects of health and well being: having a nutrient dense diet is the most important variable regarding the use and/or abuse of any substance. As my favorite long-time commenter, Anonymous noted:

> "Also, I remember reading Nutrition and Physical Degeneration where Price noted that people living in smoke filled houses only developed TB after switching to a modern diet. By that line of reasoning then smoking would be harmless on a paleo diet?"

It's my personal view that the nutrient dense diet and general lifestyle is the primary difference between the abundance of anecdotal stories of people like Lorna Gobey and other old folks who smoked and lived long lives, versus the other anecdotes of those who get lung cancer and die in their late 40's or early 50's. Proper diet, proper methods for handling stress, adequate sleep and adequate sun exposure will make all the difference in the world when it comes to the human body handling the various poisons, toxins and other potential health problems that are a normal part of life for human beings on this planet.

With that obligatory disclaimer out of the way, let's get on with looking into the idea that not only is tobacco not as bad for you as we've been all made to believe by the propaganda mass media machine of our Brave New World Order, but that moderate use of unadulterated, high quality tobacco may actually be *good* for you!

Two things we must consider first and foremost - one, their may or may not be a significant difference between cigarette smoking versus cigar and pipe smoking (the difference between inhalation and puffing of tobacco smoke on health); and two, natural/organic tobacco versus "Big Tobacco" grown with possibly radioactive fertilizers and adulterated with a host of additives that may or may not be the real reason why Big Tobacco cigarettes may be what is really harmful to human health...not tobacco itself. This is a topic I've covered before:

> > *"There are over 4,000 chemicals in tobacco smoke and at least 69 of those chemicals are known to cause cancer."*
>
> Oh wow...so you're telling me that if I took a seed from a natural, organic tobacco plant, and grew it in my yard, and than harvested the leaf, dried it and smoked it, I'd be ingesting industrial chemicals like cadmium, formaldehyde, arsenic, toluene, hexamine, and methanol?
>
> Somehow, I don't think so.

So the real question here is this: Is the tobacco plant itself a cancer causing agent in the human body, or is the fertilizers and/or additives put into the tobacco by the Big Tobacco producers?

I know what I think about that particular topic.

But how about taking it a step further, and consider the idea that not only is tobacco smoking possibly not bad for you at all, but actually quite beneficial to health and longevity?

For one thing, consider Nicotine and Smoking Benefits (and for those that asked previously, here's your citations!):

> "In human studies, reported performance improvements with post-trial administration of nicotine have all

> involved associated learning (Mangan and Golding l883; Colrain et al, l992; Warburton et al, l992)... **Nicotine improves performance by increasing the attentional resources available for such strategic processing,"** [Rusted JM, et al, "Facilitation of memory by post-trial administration of nicotine:evidence for attentional explanation," Psychopharmacology, 108(4):452-5, l992]."
>
> **"1. Nicotine improves attention in a wide variety of tasks in healthy volunteers. 2. Nicotine improves immediate and longer-term memory in healthy volunteers. 3. Nicotine improves attention in patients with probable Alzheimer's Disease" -** [Warburton D M, "Nicotine as a cognitive enhancer," Progress in Neuro-Psychopharmacology and Biological Psychiatry, 16(2): 181-91, Mar l992]

Nicotine from tobacco smoke may be performance enhancing? Apparently, NBA basketball legend Michael Jordan found that smoking cigars just prior to playing Basketball games gave him such an effect.



Tobacco as P.E.D.? MJ thought so...

In a sports radio interview, one of his opponents saw him smoking before a couple of playoff games and assumed it was just bravado and posturing:

> “One time we played in Washington. We played a five game series against the Bulls. It was the year they won 72 games. We lose all three games by a total of seven points. I saw Michael Jordan come into our locker room with a cigar, while it was lit, and said, ‘Who’s going to check me tonight?'"

Then later in the same interview,

> "Game Three we get off the bus and Juwan (Howard) is from Chicago and used to workout there. I’ll never forget, Jordan was sitting on his Ferrari and Pippen was right there and they have a cigar lit. We get off the bus and we have to pass them with a lit cigar. You want to talk about posturing? Forget Phil Jackson. You got Michael Jordan there behind the scenes smoking a cigar before the game, letting us know that he’s the Red Auerbach before the game even started. It was almost like, ‘I lit the cigar. I’m celebrating already. This is just a formality, you guys getting on the court tonight.”

MJ wasn't posturing...he was using a legal performance enhancing substance prior to playing at the highest level of the sport! In fact, as he revealed in an interview with Cigar Aficionado Magazine:

> *"When they read this, they'll know that each and every day for a home game, I smoked a cigar."*

Does the idea of Michael Jordan experiencing improved performance from tobacco smoking before big games sound ludicrous? Consider the following from *Nicotine and Smoking Benefits*:

> In a presentation at the 151st annual meeting of the American Psychiatric Association (June 8, l998 in Toronto), Dr. Paul Newhouse of the University of Vermont reported on his research on treating Parkinson's disease with nicotine. "Preliminary analysis shows improvements after acute nicotine administration in several areas of cognitive performance." **These areas included reaction time and central processing speed.** The researchers also reported that after chronic use of nicotine on Parkinson's patients, motor function and the ability to move also improved. [Reported by Reuters, 6/8/98, "Nicotine patch promising for Parkinson's"].

If it improves cognitive performance, reaction time and central processing speed in Parkinson's sufferers, you think it might not have the same effects on a healthy, high performance, elite athlete like Michael Jordan?

Going back to the Weston Price quote - *"...people living in smoke filled houses only developed TB after switching to a modern diet."* I think this may in fact be the difference between the folks who smoke Big Tobacco adulterated fare who live to advanced ages without experiencing lung cancer and/or emphysema and the other well known anecdotes of people who die of those afflictions after a lifetime of smoking Big Tobacco cigarettes.

Yes, diet and lifestyle are no doubt huge variables in figuring out the differences in anecdotal cases...but perhaps the natural properties found in the tobacco plant itself may also have something to do with longevity and improved health? Perhaps even in the cases for which the person who smoked for decades was inhaling the adulterated and additive laden products of the Big Tobacco corporations!

Now I myself don't inhale tobacco smoke, I occasionally puff on cigars and pipes. But the case against inhalation may not be as cut and dried as one might think.

Consider another idea taken from citations from the aforementioned *Nicotine and Smoking Benefits*:

> **"Excess risks of lung cancer found in miners and foundry workers could not be fully explained by the high prevalence of smoking among these occupations,"** [emphasis added]. - 0495. University of Zurich, Institute of Pathology (Switzerland). Schuler, G. "Epidemiology of Lung Cancer in Switzerland."
>
> **"Smoking has a protective effect on immunological abnormalities in asbestos workers."** - 0429. Institute of Immunology and Experimental Therapy (Poland). Lange, A. "Effect of Smoking on Immunological Abnormalities in Asbestos Workers

> **"Relative risk of lung cancer for asbestos workers was "highest for those who had never smoked, lowest for current smokers, and intermediate for ex-smokers. The trend was statistically significant.**

> **There was no significant association between smoking and deaths from mesothelioma."** - 0565. University of London, School of Hygiene and Tropical Medicine. "Cancer of the Lung Among Asbestos Factory Workers."

So it appears that inhalation smoking of tobacco may even provide protective benefits to miners and other workers exposed to asbestos and other inhaled pollutants.

But that's not the only health benefits attributed to smoking...

> Though the risks of smoking are highly publicized, the medical benefits of smoking are rarely mentioned. The greatest risks of smoking come from the tars released during the combustion of tobacco, and these tars are implicated in lung cancer and other breathing disorders, though even the tar apparently has some beneficial effects in protecting the lungs from some noxious particulate matter (e.g. asbestos). According to many studies, the chief medical benefits of smoking are from the nicotine, which occurs naturally in tobacco as well as in certain vegetables such as tomatoes, potatoes, and red peppers, though in much smaller amounts.
>
> Interestingly, these three plants originated in the Americas so nicotine was essentially a "New World" substance. Native Americans were well aware of the curative properties of tobacco, and used it both medicinally and ceremonially. Numerous studies have shown the protective effects of smoking with regard to Parkinson's Disease and ulcerativecolitis, and an increasing body of research indicates it also helps protect against Alzheimer's Disease and colo-rectal cancer.
>
> Since these effects are so well known, we have not listed them below but have focused instead on a few more obscure medical benefits culled from the 1984-85 CDC bibliography.

> 1. Smoking improves human information precessing.
> 2. Higher nicotine cigarettes produce greater improvements [in information processing] than low-nicotine cigarettes.
> 3. Nicotine tablets produce similar effects.
> 4. Nicotine can reverse the detrimental effects of scopolamine on performance
> 5. Smoking effects are accompanied by increases in EEG arousal and decreases in the latency of the late positive component of the evoked potential." - 0574. University of Reading, Department of Psychology (England). Warburton., D.M.; Wesnes, K. "The Effects of Cigarette Smoking on Human Information Processing and the role of Nicotine in These Effects "

Here are some other citations regarding various other health benefits associated with tobacco smoking as well:

> - **"In general, motor performance in all groups improved after smoking."** 0530. London University, Institute of Psychiatry. O'Connor, K.P "Individual Differences in Psychophysiology of Smoking and Smoking Behaviour
>
> - **"Smokers in general are thinner than nonsmokers, even when they ingest more calories."** [Numerous studies, but only two are listed below] - 0885. Kentucky State University. Lee. C.J.: Panemangalore. M. "Obesity Among Selected Elderly Females In Central Kentucky." FUNDING: USDA 0942. University of Louisville. Belknap Campus School of Medicine.Satmford, B.A.; Matter, S.; Fell, R.D., et al. "Cigarette

> Smoking, Exercise and High Density LipoproteinCholesterol" FUNDING: American Heart Association."
>
> - **" ...all smokers had less plaque, gingival inflammation and tooth mobility than nonsmokers and similar periodontal pocket depth."** - Veterans Administration, Outpatient Clinic (Boston). Chauncey. H.H,; Kapur, K.K.; Feldmar, R S. "TheLongitudinal and Cross-Sectional Study of Oral Health: in Healthy Veterans (Dental Longitudinal Study)
>
> - **"Smokers have lower incidence of postoperative deep vein thrombosis than nonsmokers."** - Guy's Hospital Medical School (England). Jones, R.M. "Influence of Smoking on Peri-Operative Morbidity."Hypertension (High blood pressure) is less common among smokers.
>
> - **"Hypertension prevalence rate among smokers was 3.94 percent; among nonsmokers the rate was 4.90 percent."** - 0146. Shanghai Institute of Cardiovascular Diseases. Chen, H.Z.; Pan, X.W.; Guo, G. et al. "Relation Between Cigarette Smoking and Epidemiology of Hypertension.
>
> - **"Hypertension and postpartum hemorrhage were lower in smokers."**
> 0045. University of Tasmania (Australia). Correy, J.; Newman, N. Curran, J. "An Assessment of Smoking in Pregnancy."
>
> - **"RBCs [red blood cells] from cigarette smokers contain more glutathione and catalase and protect lung endothelial cells against O2 [dioxide] metabolites better than RBCs from nonsmokers."** - 0759. University of Colorado. Refine, J.E.; Berger, E.M.; Beehler, C.J. et al. "Role of RBC Antioxidants in Cigarette Smoke Related Diseases." Jan 1980 - continuing. (A number of studies in the 1991 CDC bibliography describe the apparent protective effect of smoking with regard to mouth ulcers).

I had no idea all of these health benefits could be attributed to smoking tobacco. All I ever knew from school, the Tell-A-Vision and the endless Public Service Announcements, billboards and magazine ads was the idea that *smoking kills* was an indisputable fact. But even if tobacco and/or nicotine may in fact be a beneficial substance in treating or protecting us from these various diseases doesn't account for a paradox.

Given the state of how Science is used and abused to make whatever case THEY want to make to scare we the sheeple into certain behaviors and modalities of thinking, I find these citations of numerous studies the world over that make the case that smoking may actually be good for you is not as shocking nor surprising as I once would have.

Essential Food for Thought

Keoni Galt · 14 August 2013 · Archived copy · Original

[image]

When I came up with my list of 10 books for my Red Pill Bookshelf, my primary focus was to provide links to free, online copies of all the books on the list. While many readers made excellent suggestions to add to the list of "red pill" reading, more than a few of them don't exist as free downloads.

Yesterday, I came across another free online book that is extremely important to understanding red pill truths while googling through the vast expanses of teh Interwebz: The Queen of Fats: Why Omega-3's Were Removed From the Western Diet, and How What We Can Do to Replace Them.

I've mentioned this book a few times before, but I never had the chance to read it until yesterday (i.e. I waited until I could find it online for free.) Up until this point, I could only reference reviews, small excerpts and an interview with the author herself (pdf). That interview was one of the watershed moments I experienced while researching the topic of diet and health.

> *We finally began to understand that the **omega-3s are predominantly concentrated in the green leaves of plants** and the **omega-6s are concentrated in the seeds of plants**, and that basically what we're talking about here is two families of fats that allow us animals to prepare for the changing seasons, to either speed up, get ready for times of activity and reproduction when green leaves are available and abundant — or to slow down, hunker down, get ready for times of survival — when the fats of seeds are more prevalent.*
>
> *It's really a cool system. Plants use the changing light as the Earth makes its orbit around the sun — they adapt to the changing light, and then we adapt to the change in plant food. It really is an amazing thing, but it's not generally understood.*

That made intuitive sense to me when I first read that...especially when you consider that most oils found in the Western food supply is made from grains aka seeds. So is most of the feed fed to all the factory farmed animals that make up a part of the Industrialized feed industry. We have an abundance of Omega-6 rich food and a dearth of Omega-3 food that is a part of the Western diet. The results speak for themselves. When you look out at the landscape of obesity and ill health that plagues the denizens of our Brave New World Order, what you are actually seeing is human animals eating diets for a perpetual winter!

> *These two families of fats compete for enzymes, for positions in our cell membranes, which don't care whether they get loaded up with omega-6s or omega-3s. They don't care for a reason — because they're built that way so that they can change with the changing seasons and the changing food supply. They're meant to go through these seasonal changes, slight seasonal changes. The reason we've run into problems is because **we eat this high omega 6 diet year round.***

In the book, Allport dedicates an entire chapter on what we can do to personally address our own Omega 6 to Omega 3 fatty acid imbalance that is the root cause of so many illnesses and disease. I don't agree with all of her recommendations - she advocates the consumption of soybean oil and canola oil - but she does offer a simple

enough perspective for people to follow to realize the benefits of having a balanced essential fatty acids ratio in your overall diet. The important thing one needs to consider is that Omega 6's and Omega 3's compete for the SAME enzymes in every cell in your body. To experience the health benefits of Omega 3 fatty acids, you cannot simply consume more Omega 3 fatty acids...you also have to reduce your consumption of Omega 6 fatty acids in your diet:

> "...a simple piece of nutritional advice on which all the omega-3 researchers agree.“You have to reduce your omega-6s if you want to get any benefit from omega-3s,” warns Alexander Leaf. Bill Lands echoes his sentiments: “Eat more omega-3s and less omega-6s. That’s a direction you can go in with certainty.” - p.123

In other words, you cannot simply keep eating all the normal S.A.D. foods rich in Omega 6, and eat some fish or pastured eggs and think that will be enough. You have to also stop eating all the foods rich in Omega 6 fatty acids - namely processed foods and foods cooked in "vegetable" oil.

Not only does *The Queen of Fats* point out the role the Omega fatty acids play in our bodies, she also goes into the history of essential fatty acid research and the researchers who discovered and named these substances that are the primary determinant on human health and well being.

Her primary conclusion as to why Omega 3 fatty acids have been removed from the Western diet is because they go rancid quickly, while Omega 6 fatty acids are much more stable and have a longer shelf life (but wreaks havoc on human health). But she mostly offers the conjecture that the food manufacturers simply where looking for ways to make food products last longer before going rancid, and that they did not know how bad of an effect it would have on human health.

Again, I would disagree. The Big Agricultural Corporations responsible for the production of all the Omega 6 rich feed are the same folks who also make all the Pharmaceutical medications designed to treat the symptoms of the illness and disease that result from the long term imbalance. I'm not the only one to think this, either. Consider one scientist she interviewed in the book:

> "The scientists who work with omega-3s have different ideas as to why it is taking government and health organizations so long to digest this new information about fats. For Simopoulos, “It’s a question of economics. **The edible oils industry is a very powerful lobby and soybeans and corn are some of our major commodities.”**

Yes, and the Pharmaceutical corporations who produce the drugs to deal with all of the health problems from the are all connected to the Agricultural corporations that produce the Omega 6 rich feed. THEY profit, while we the sheeple suffer and die.

> When I asked Alexander Leaf if his finding that DHA could prevent fatal arrhythmia, the tendency of heart cells to develop abnormal rhythms, was readily accepted, he replied, “Oh, hell no! I had a terrible time getting those papers even published though no one had any criticisms about their methodology. **The cardiologists and pharmaceutical industry don’t like to hear this. They have a multi-billion dollar business going on and they don’t want someone coming along and saying, ‘All you have to do is change what you put on your plate a little bit and you can avoid all these problems.’”** - p.123-124

Note that the American Heart Association recommends a diet rich in Omega 6 fatty acids. Most cardiologists support the recommendations for folks to avoid cholesterol and to eat the low or cholesterol free vegetable oils.

Gotta make sure Cardiologists have a never-ending supply of patients.

> “We’ve changed our foods and we know how to change them back,” says Norman Salem. Let’s all hope so. **Otherwise we will remain tethered to pharmaceutical and medical industries that can only fix this dietary problem badly — and at huge costs to society and the individual."** - p.145

I would revise that statement to more accurately reflect our current reality:

“THEY have changed our foods and THEY know how to change them back,” But THEY don't want to, so that we the sheeple will remain tethered to pharmaceutical and medical industries that profit mightily from "treating" our sickness and disease."

Think I exaggerate?

Consider this advisory released by the AHA, which urges people to eat more Omega 6 rich foods in their diets:

> In summary, the AHA supports an omega-6 PUFA intake of at least 5% to 10% of energy in the context of other AHA lifestyle and dietary recommendations. To reduce omega-6 PUFA intakes from their current levels would be more likely to increase than to decrease risk for CHD.

Now why would they be motivated to recommend that? Have a look at the disclosure tables at the end of the advisory, and you'll see what I mean. One Doctor had a significant research grant from Monsanto, and is also a paid consultant and/or a member of the advisory board of both Monsanto and processing food giant, Unilever. Several others received research grants and/or are members of the advisory boards or consultants of various Pharmaceutical giants like GSK, Merck, Pfizer, AstraZeneca, Abbot Labs and Merck/Schering Plough. Think all this funding and relationships with Big Ag and Big Pharma entities might have something to do with the issuance of this advisory?

Nahhhhhh.....couldn't be.

Of course these folks don't want the Sheeple to switch their diets and stop consuming all that Omega 6 oils....it would cut into the profitability of these various companies medication portfolios. As Allport concludes in *The Queen of Fats*:

> "Once you switch to a high omega-3, low omega-6 diet, you can expect to see significant changes in your blood almost immediately, paralleled by a rapid improvement in heart function and mood, as experienced by Dale Jarvis and others who have supplemented their diets with large amounts of omega-3s. Other benefits, such as a speedier metabolic rate, will take much longer(two to three years, depending on how much adipose tissue you carry) but are worth waiting for.

> The one thing readers shouldn’t expect is any surprises. If you are eating a typical fast-food diet, your cells will

> be full of omega-6s. If you are avoiding processed foods and partially hydrogenated fats and are eating a lot of greens and fish, your cells will have a good balance of omega-3s and omega-6s. **In the matter of fats, we truly are what we eat and what we eat truly matters.**" - p.151

Yes, it most certainly truly matters, in a lot more ways then one would initially think with regards to just physical health.

I've become a regular reader/lurker over at Athol Kay's MMSL forums. Athol and his crew of forum members are doing some mighty fine work in helping out marriages in severe trouble. The people they've helped and the stories they tell have been fascinating to say the least. Athol deserves all the success he's experienced as an author, and now as a life/relationship coach. I hope he becomes a millionaire doing this sort of work.

Have a look through the 911 Relationship ER posts and you'll find post after post from Husbands and Wives all struggling with diet related issues that compound and exacerbate all of the relationship problems they are trying to find help for from Athol and company.

I find it over and over and over again in all the various stories of troubled marriages and families I've read up on over there...the common thread of poor health and nutrition and all of the marital problems it can contribute to. Depression. Anxiety. Post-Partum Depression. BPD. OCD. Low Testosterone. Erectile Dysfunction. Obesity. Wild and uncontrollable children. Short tempers and episodes of uncontrolled rage (which many forum members refer to as "BSC" or Bat Shit Crazy).

While I have read and reviewed the Married Man Sex Life Primer, I haven't read Athol's newest book, The Mindful Attraction Plan...but I'm fairly positive he addresses the importance of diet in the new book as he did in the old book. And many of these problems could be addressed by changing the dietary intake of Omega 6 and Omega 3 fatty acids.

Consider the following:

Dietary Omega-6 Increases Risk of Depression

> Study quote: "The current study provides strong evidence that diets rich in omega-6 fatty acids may enhance the risk of depression among general population".
>
> Comment: Experimental studies show that eicosapentaenoic acid (EPA), the omega-3 fat associated with mood improvement, is reduced in the cells, as a consequence of eating a diet high in omega-6 fat.

Low omega-3 index in pregnancy is a possible biological risk factor for postpartum depression.

> "In this study population, a low omega-3 index in late pregnancy was associated with higher depression score three months postpartum."

Increased risk of postpartum depressive symptoms is associated with slower normalization after pregnancy of the

functional docosahexaenoic acid status.

> "From this observation it seems that the availability of DHA in the postpartum period is less in women developing depressive symptoms. Although further studies are needed for confirmation, **increasing the dietary DHA intake during pregnancy and postpartum, seems prudent.**"

Lipids, depression and suicide

> "POLYUNSATURATED FATTY ACID AND DEPRESSION: In major depression, all studies revealed a significant decrease of the polyunsaturated omega 3 fatty acids and/or an increase of the omega 6/omega 3 ratio in plasma and/or in the membranes of the red cells. In addition, two studies found a higher severity of depression when the level of polyunsaturated omega 3 fatty acids or the ratio omega 3/omega 6 was low."

Adolescent Behavior and Dopamine Availability Are Uniquely Sensitive to Dietary Omega-3 Fatty Acid Deficiency.

> Understanding the nature of environmental factors that contribute to behavioral health is critical for successful prevention strategies in individuals at risk for psychiatric disorders. These factors are typically experiential in nature, such as stress and urbanicity, but nutrition-in particular dietary deficiency of omega-3 polyunsaturated fatty acids (n-3 PUFAs)-has increasingly been implicated in the symptomatic onset of schizophrenia and mood disorders, which typically occurs during adolescence to early adulthood. Thus, adolescence might be the critical age range for the negative impact of diet as an environmental insult.

Essential fatty acids and psychiatric disorders.

> "The literature shows that ω-3 fatty acids provide numerous health benefits and that changes in their concentration in organisms are connected to a variety of psychiatric symptoms and disorders, including stress, anxiety, cognitive impairment, mood disorders, and schizophrenia."

There's a lot more where that came from, but I think that should suffice for now. To reiterate Allport's conclusion: "**In the matter of fats, we truly are what we eat and what we eat truly matters.**"

Enjoying the Decline

Keoni Galt · 25 August 2013 · Archived copy · Original



So Cappy Cap recently linked to an old post of mine, The F You Fund and sent a whole bunch of traffic my way...which reminded me that I owe him one. He sent me a review copy of Enjoy the Decline back in January, and I have yet to write my review.

And I'm still not going to.

Well, not really a standard fare book review (though I do recommend it, it's an easy but thought provoking read worth the time and money), like the one I gave for Athol's Married Man Sex Life Primer.

Instead, this will be a blog post about the ideas, opinions and concepts of our Rumpleminze-drinking, ballroom-dancing, cigar-smoking, economist and eternal-bachelor writes about in his book and my own experiences here in Hawaii as I too have endeavored to enjoy my time in this epoch of civilization's decline.

Indeed, Captain Capitalism's book reads to me like a summary of the realizations I've come to on my own throughout the history of writing here at this blog.

> But dire as the situation may be, there is some hope. Genuine hope, not the hope that is found in presidential speeches and pablum. Hope that is practical, real, and will yield results. However, this hope comes from the only place real hope can come from – within – which means we have to focus on ourselves and what is within our control to realize this hope and capitalize on it.

This is the main theme he presents on how each and every one of us finds ways to get the most out of life despite increasingly harder economic times and the breakdown of social cohesion in our increasingly fragmented, atomized, rude and crude society. The first step in the process of enjoying the decline, is to recognize the following:

> 1. A environment that has changed on us rendering our previous plans impotent
> 2. A situation we are powerless to control
> 3. A situation that requires we change our psychology to understand it
> 4. A situation that requires we change our behavior in order to make the best of it

Ah yes, these 4 points chart quite well with my own experiences of the past decade. My B2B sales career that had been earning close to 6 figures in commissions went down the tubes when the housing bubble popped. I went bankrupt because I thought the good times would never end, that my career trajectory was on an upward track, and I kept buying stuff I didn't need, with money I didn't have.

After a short period of unemployment, found myself resorting to physical, manual labor trade work to make ends meet. All of that time and effort I had sunken into attaining a college degree and the experience of over a decade working in my former desk jockey vocation amount to nothing in the new reality of Hawaii's job market in our current global Great Depression 2.0.

Economically, I've never been worse off. I work a physically demanding job that leaves me exhausted on a daily basis, and we are now living paycheck to paycheck just trying to keep the utilities on, gas in the car and good, wholesome and nutritious food on the table, and good quality booze chilling in the fridge. But, for a number of reasons that Cappy explains in detail, I can honestly say I've never been happier. There's more to life than money...and it's a lot more enjoyable when you've managed to get almost all debts cleared and to live (nearly) debt free.

I'm past the point of trying to get back on track with what was once my former long term goals (a big house in an UMC suburb with new cars) when I was at the peak of productivity in what is now essentially an outdated and outmoded business. If there's one thing I've come to realize about today's Brave New World Order, it's this: the only folks who are thriving right now in this economy, are the corporate entities who are making their money selling goods and services to the Government.

Small businesses and entrepreneurship are under siege on all fronts in today's corporatist economy. All of the small businesses I know of are barely managing to keep afloat, and a large number have been closing up shop. That was basically the story of the small company I worked for. When Cappy writes, " A situation that requires we change our behavior in order to make the best of it," I smile a little.

I had no choice but change my behavior and re-focus my time and attention on more rewarding pursuits. I was forced to re-evaluate what was most important in life and to take enjoyment in things outside of the materialistic, consumerist paradigm.

Gone are the days of eating out at fancy restaurants on a regular basis. Gone are the days of going out every sing weekend to nightclubs and bars and spending hundreds of dollars on alcohol and food. Gone are the days of paying for all the premium cable TV packages. Gone are the days of going out to the movies or ordering Pay Per View sporting events. Gone are the days of mindless shopping as a recreational activity. Gone are the days of hopping on an airplane and taking weekend vacations on a whim. Gone are the days of buying expensive and elaborate gifts for friends and family. Gone are the days of upgrading to the latest phones and electronic gadgets, of buying the latest video game consoles and new release games. Gone are the days of buying CDs, DVDs and Books on a regular basis.

These days, it's all about conserving, re-using, recycling, repairing or learning to do without. Of finding entertainment in the simple things in life that don't require cover charges, service tips, minimizing recurring subscription fees and debt financing big ticket items.

More importantly, it's about investing your time and energy into the thing that truly pays the most dividends in terms of overall life satisfaction. Cappy sums it up perfectly:

> With a thorough understanding of what is happening to our country, we need to turn our focus from acceptance and adaptation to one of enjoying life and enjoying the decline. Because no matter how bad things are and no matter how bad things are going to get, we still need to make the most of it. To do this we need to sit and ponder what really matters in life. What is most important in our lives. What is going to bring us the most amount of happiness. Thankfully the answer is quite simple and not up for debate.

> Other humans.

> Some people will disagree. Some will say riches, some will say wealth, some will say health, but those are all wrong answers. The correct answer is "other humans." The reason why is that out of everything on this planet, humans are the most interesting, entertaining, dynamic and intellectual things we'll ever run into.

Yes. Spending time with friends, family and close acquaintances. People you care about, because you KNOW they care about you.

> This is great news in that the largest threats facing all Real Americans are not social, but rather political and economic. The government may be able to take away your money, but it can’t take away your friends. The government may be able to destroy the labor market, but it can’t stop your children from hugging you. And the government may be able to force you to work until you’re dead, but it can’t stop somebody from loving you. In other words, take away all material wealth and economic opportunity, the government cannot take away the one thing that makes life worth living – human interaction.

This is the essence of Cappy's advice on how best to enjoy the decline. I concur wholeheartedly.

> What makes friends arguably the most important people in your life, is that they don’t have to hang out with you. They choose to hang out with you. Unlike the family you were born into, your friends aren’t “honor-bound” by blood or social mores requiring them to spend time with you. They consciously decide to spend some of their finite, precious time with you. That’s not only a great thing, that’s a very humbling thing. Out of everything in the world those people could be doing, out of everybody in the world they could be hanging out with, for whatever reason they consciously and purposely chose you over all those other things. This is why you should not only be incredibly grateful for your friends, but why they should play a pivotal role in your life. Because without friends, your life is quite hollow, which is all the more reason we need to learn how to appreciate them and incorporate them into our lives.

> First, realize how unique and personalized your friends are. While you can’t pick your family, you can pick your friends. This effectively makes them your own “personally built family.” It also makes them the most important thing you’ll ever build.

This is the point I got to. When the economic times where high, and I lived like tomorrow I would always be able to bring in more money, and I would always have the resources to pay for my recreations, diversions and consumption patterns, I had a much larger group of friends and acquaintances I regularly hung out with.

As the economic times got tough, casual relationships with people pretty much fell apart. Friends who's favorite activity was spending hundreds of dollars a weekend on nightlife stopped making any efforts to stay in touch when we kept turning down invitations to go out with them like we used to.

For some, we attempted to get them to do other activities with us to maintain the relationships. Many of them were not interested. More specifically, those of our former friends (well, not that we had any bad falling outs, we just don't stay in touch anymore) who either worked for the State Government or large multi-national corporations who have not experienced any financial hardships, did not want to give up on their lifestyles of conspicuous, wasteful consumption, and they weren't interested in doing different activities with those of us who could no longer afford the nightlife barfly lifestyle.

Conversely, we have a smaller, much closer and tight-knit social group of friends that we hang out with now, and we all share the same values when it comes to wasting money in pursuit of recreation. For the price of one person's drink tab at a Honolulu Bar, we now buy a case of beer and a bottle of whiskey and get together in the back yard and play music. There's one thing I notice about these relationships we have with our friends - we all treat each other like family and we all trust each other completely. We have all known each other for a number of years, yet we never get bored of each others company. We all have each others back, and when one needs help, we are all there to do what we can. These friendships are profound, and infinitely more satisfying then the superficial friendships of those who's only common value was getting sauced on overpriced drinks in a deafening nightclubs with shitty music every weekend.

Cappy's got that one perfectly right. Find and choose high quality, interesting people to be your friends, and form a family with them based on trust, respect and shared interests, and you will find it much easier to enjoy the decline.

Of Mice and Mary Jane

Keoni Galt · 29 August 2013 · Archived copy · Original

[image]

There's an old saying I remember from the early days of teh Interwebz, when I used to participate in forums and discussion boards as an enthusiastic ideologue and supporter of the right wing, neo-conned, war-mongering platform: " Libertarians are just Democrats who love their guns or Republicans who love to smoke pot."

Growing up in Hawaii, this definition means a lot of people here are Libertarian and they don't even know it.

Despite being a Bush-voting, gun-toting, Rush-listening, FAUXNews-watching, Republi-conned warmonger that believed in 99% of the right wing platform, I still partook of the medicinal herb like the majority of my classmates, peers and acquaintances while growing up here. In my time, I've personally known police officers, Doctors, CEO's, Bankers, Pilots, Teachers, Engineers, Social Workers and every flavor of blue collared trade workers who all enjoyed the fruits of the forbidden plant. It was the one point for which I would have vehement disagreements with my right wing cohorts on teh interwebz.

These were the early beginnings of my unplugging from the matrix of our bi-factional ruling party charade aka "Democracy."

Indeed, while I was attending the University of Hawaii, one of my classes required researching a socio-political topic, writing a paper and then giving a 10 minute presentation to the class about what I had learned. The professor gave us a list of topics, and I selected "The History of Marijuana Prohibition in the US."

In hindsight, I now realize that selecting that topic was my very first "red-pill" moment.

The history of marijuana prohibition was my introduction to the truly fascist nature of USA Inc. It contained all of the elements of the corporatist collusion of Big Business, the Federal Government, Federal Law Enforcement and controlled media disseminating propaganda to effect cannabis prohibition for the benefit of a multitude of special interests.

It was all there...the DuPont corporation had just patented an expensive, paper making process out of wood pulp when the latest science publications of the day where predicting a revolution in paper making due to the recent development of inventions that made producing paper from hemp far more efficient and profitable than wood pulp. To protect their investments in their wood pulp process and millions of acres of timberland to produce their paper products, the DuPont interests enlisted the first "drug czar," Harry Anslinger to push for prohibition. Anslinger was related by marriage to the Father of "Yellow Journalism," William Randolph Hearst, they colluded to manufacture public consensus to effect prohibition of the hemp plant. In order to get rid of the competitive threat posed by industrial hemp, they went after marijuana and conflated the two similar plants to drive the threat of competition out of the market. Remember: Government Regulation + Industry = Cartel.

This triumvirate was the entity behind the production of sensationalistic, over-the-top propaganda like Reefer Madness. W.R. Hearst had one of the widest circulations of national newspapers, and he regularly ran tabloid articles that became the forerunner to our modern day's equivalent of fear campaigns in our mass media that

support the current "War on Terror" and the continuing trade off of liberty for our so-called security by the rulers of our society. But I digress.

Hearst ran headlines like "Marihuana Makes Fiends of Boys in 30 Days," and "Hasheesh Goads Users to Blood-Lust" and filled his papers with articles describing how epidemic of marijuana-crazed negroes were raping white women and playing voodoo-satanic jazz music while under the influence of the devil weed from Mexico. Indeed, such sensationalist propaganda was cited on the floor of congress during the debates on passing the various acts of legislation that resulted in prohibition.

One of the proponents for prohibition even basically admitted under congressional testimony that the effort was basically a move to make an end-run around the 10th amendment so that the Federal Government could control the sale of marijuana in the exact same way it had done so with machine guns. A lawyer for the Treasury Department (run by Andrew Mellon), Clinton Hester, stated the following:

> “The Harrison Act has twice been sustained by the Supreme Court of the United States, and lawyers are no longer challenging its constitutionality. If an entirely new and different subject matter were to be inserted in its provisions, the act might be subject to further constitutional attacks.”

The Harrison Act of 1914 was the first Federal Government Act to control narcotic substances like heroin and cocaine. (Note that one year after the Federal Reserve Act and the first National Income Tax were instituted, the very next thing the Banksters who had taken over the US Federal Government accomplished was the establishment of Federal Bureaucracy to regulate narcotic manufacture and use.)

Those who opposed the original Marijuana Tax Act asked the proponents of prohibition why they didn't just lobby to have marijuana included in the Harrison Act.

> Congressman Lewis of Maryland: “On what basis did the justices who dissented question the constitutionality of the Harrison Act? “
>
> Treasury Dept. Attorney Hester: “The focal point of the attack was that the provision which limited the persons to whom narcotics could be sold clearly indicated that the primary purpose of the act was not to raise revenue, but to regulate matters which were reserved to the States under the 10th Amendment.”

In other words the proponents of Prohibition knew the weakness of the Constitutionality of prohibiting substances, and were afraid trying to add marijuana to the Harrison Act would re-open challenges to the Act's constitutionality that the Supreme Court of that era had recently ruled in favor of - goodbye 10th Amendment!.

Instead, they wanted to use the same successful approach to prohibitively tax marijuana the same way they used a tax scheme to make and end run around the 2nd Amendment to prohibit the sale of machine guns to the citizenry.

Hester testified:

> "This bill would permit anyone to purchase marijuana as was done in the National Firearms Act in permitting anyone to buy a machine gun. But he would have to pay a tax of $100 per ounce of marijuana and make his purchase on an official order form. A person who wants to buy marijuana would have to go to the collector and

> get an order form in duplicate, and buy the $100 tax stamp and put it on the original order form there. He would take the original to the vendor, and keep the duplicate. If the purchaser wants to transfer it, the person who purchases the marijuana from him has to do the same thing and pay the $100 tax. That is the scheme that has been adopted to stop high-school children from getting marijuana."

In many ways, Marijuana prohibition was the first major front of the Borg's implementation of corporatist assimilation of what was once a free market driven, Capitalist Republic into the current Fascist state of our current Brave New World Order. It was the model now employed by a wide variety of BIG industries and their incestuous relationship with Big Government's regulatory agencies to establish Big Business cartels that now span the entire planet.

So what does this all have to do with mice?

Here we are, 77 years after propaganda like *Reefer Madness* was produced to manufacture consensus and instill fear to accomplish the empowerment of the Federal Government and protect the financial interests of wood-pulp-paper corporations, and the powers behind prohibition are as entrenched in our Government-Corporate-Media triumvirate as ever, and still putting out yellow journalism-styled propaganda to support prohibition.

Just last month the following headlines appeared all over the mass media organs around the world:

Marijuana Use in Adolescents May Lead to Long-term Cognitive Impairment

> Adolescents, but not adults, who regularly use marijuana may permanently impair their brain function and cognition and may also be at an increased risk of developing schizophrenia, according to new preclinical research by the University of Maryland School of Medicine.
>
> Asaf Keller, a professor of anatomy and neurobiology at UM and lead study author, says that the topic of whether marijuana use in adolescents can cause long-term heath effects is controversial, but that the latest study provides further evidence that regular marijuana use in adolescents can be harmful.

Ok, got it. Regular marijuana use in adolescents can be harmful...then you read on and you find that the research was conducted on adolescents alright...adolescent mice.

> "The study began by examining cortical oscillations in mice."

[image]

Just like any other study with supposed results, I got a number of questions to pose here. So....did the mice actually

smoke marijuana? How much? What kind and quality? Did they use bongs or did they roll them up in joints? Did the specify whether they used *indica* or *sativa* strains? Did they smoke some Purple Kush or White Widow? If this study is supposed to be relevant to human adolescents use of marijuana, shouldn't they use it in the same manner typical pot smoking humans do in the interests of accuracy?

Let's look at what they actually did:

> Humans were not involved in the study. Instead, Keller and his colleagues used adolescent mice that had never been exposed to tetrahydrocannabinol (THC), the main psychoactive compound in marijuana, subjecting the mice to low doses of the active compound for 20 days before reintroducing them to their sibling mice and allowing them to develop normally.

They "exposed" them to THC. Well that answers that, I guess. Whether or not we can extrapolate exposing an active compound to mice versus human adolescents smoking various strains of differing quality of marijuana (and the hundreds of other components found in marijuana in addition to THC) is besides the point. That last sentence quoted already exposes a giant flaw in this studies methodology.

They removed adolescent mice from their siblings before administering a dosage of THC. What does that have to do with marijuana's supposed impairment of cognitive development in the brains of adolescent mice?

Have a look see here:

The impact of adolescent social isolation on dopamine D2 and cannabinoid CB1 receptors in the adult rat prefrontal cortex.

> "Adolescent experiences of social deprivation result in profound and enduring perturbations in adult behavior, including impaired sensorimotor gating."

Well....social deprivation in rats caused impairments in cognitive development. I suppose if we can extrapolate adolescent mice experiments to adolescent humans, we can certainly do the same in extrapolating studies from rats to mice, no?

Here's a question for the researchers: Where was the control group of 20 mice that were removed from their siblings and **not** exposed to THC?

Oh, and since we're on the topic of extrapolating rodent studies to apply them to humans, what about this study?

Paternal Deprivation Alters Region- and Age-Specific Interneuron Expression Patterns in the Biparental Rodent (pdf)

> A variety of studies revealed that growing up without a supportive and caring father increases the risk of mental dysfunctions, low educational performance, and criminal activity *(Baskerville 2002; O'Neill 2002; Erhard and Janig 2003; Boyce et al. 2006).* The importance of paternal care and the survival benefits for his

> offspring is also emerging from studies in a variety of rodents *(Wynne-Edwards 1987;Cantoni and Brown 1997; Libhaber and Eilam 2002; Wright and Brown 2002; Vieira and Brown 2003; Bredy et al. 2004; Schradin and Pillay 2004; Bredy et al. 2007; Helmeke et al. 2009; Pinkernelle et al. 2009).*

> It appears likely that the behavioral differences of father-deprived individuals result from altered brain circuits, which have been formed under semi-deprived (i.e., without father) family conditions.

Somehow I doubt we're gonna see a proliferation of headlines touting the problems of adolescents raised in social isolation or without their fathers as a cause of impaired cognitive development any time soon. We can't consider this, because so much of our current system is set up to profit from the removal of Father's from Western family life. It' can't be that.... It's teh devilWEED!

What's instructive about all this though, is that this is just another example of how studies are conducted IN THE NAME OF SCIENCE, and then misleading headlines and news reports are generated to accomplish whatever agenda the social engineers in control of our mass media want to effect. They use the same tactics to generate informational cascades amongst the populace to get us all to believe whatever they want us to, like: eating red meat is bad (no really, red meat is REALLY bad!), sun bathing without sunscreen at high noon is bad, that salt in our food is bad, that fluoride in our water is good, that saturated fat found in natural foods will clog our arteries, that eating fish will give us mercury poisoning, that soy is a health food, and that we all need to eat whole grains and fiber for our digestive health....

It's a good thing we live in a world for which our Government and media have been able to get we the sheeple to give up beliefs in mythological, primitive superstitions like religion! We've got science, and scientists to figure it all out for us! They would never deliberately mislead us with their scientific studies and science journalism reporting in the mass media to serve a malevolent and lucrative agenda....right?!?!??!

Never Forget

Keoni Galt · 11 September 2013 · Archived copy · Original



Never forget the mathematical equation that brought us into this era of our Brave New World Order...

2 Jet Planes + 3 Towers = 666

I used to think like everyone else that considered themselves a well-informed, thoughtful voter and enthusiastic supporter of our so-called participatory Democracy...that anyone who questioned the mass media narrative and the grand illusion broadcast on the tell-a-vision was a crazy, conspiracy theorist, anti-American "truther."

I've come full circle in the ~~12~~ 18 years since that dreadful day. Anyone who believes the official story and considers any questions or evidence contrary to the mainstream mass media narrative as "crazy conspiracy theory" is a gullible fool that watches too much TV.

Never forget, WTC-7 is the rosetta stone for exposing the truth of the Government's and mass media's lies.

Thousands of lives were sacrificed ~~12~~ 18 years ago so that the former land of the free and home of the brave could be transformed into our current fascist surveillance police state. Never forget, as we watch it metastasize and expand it's scope of power and control over all our lives.

The Huxley-Orwellian Dystopia is here, and 9/11/01 was the day our shadow government decided to step out from behind the curtain and assert their power in plain view of those who chose to open their eyes and see the truth of what and who they are.

The Bargain of the Millenium

Keoni Galt · 14 September 2013 · Archived copy · Original



We the Sheeple, the inhabitants of Feedlot USA Inc. (FUSA Inc.), must always remember our place in this Brave New World Order. Never forget that we are mindless schlemiels to be dealt with as THEY see fit.

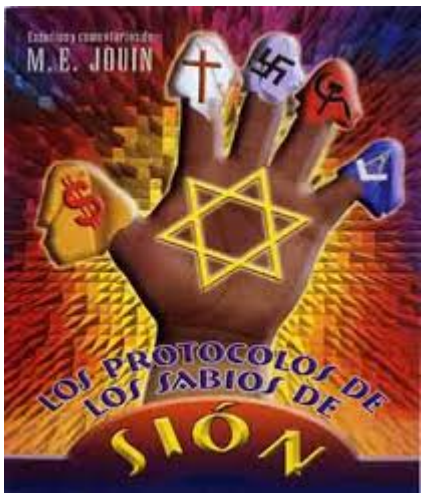
Remember, the Majority Shareholders of FUSA Inc. have had the operations manual for managing human cattle for centuries (The Protocols of the Banksters of Rothschild), and they've perfected the science of Goyim Feedlot Management.

The general apathy, ignorance and gullibility of the Ameri-Goy breed of sheeple that inhabits FUSA Inc., emboldens the Majority Shareholders of FUSA Inc. to dispose of our health and our wealth as they see fit, and to not even try to hide what they are doing any longer.

They have grown confident as we have grown fat, lazy and indolent from feeding at the trough of entitlement and usurious-debt financed materialistic consumerism. They have occupied our minds with the endless variety of bread and circuses to keep us distracted and ignorant to their machinations.

[image]

Is it really all one, big, grand, global conspiracy?



How can it be otherwise?

[image]

If you take a step back and look at the big picture, what exactly is going on here?

Consider: so far we've "given" a conservatively-estimated $114,000,000,000 in "direct" foreign aid to our "allies" in the Middle East.

That's $114,000,000,000+ "borrowed" from the Federal Reserve Usury Cartel to "aid" them with the gifts of the latest and greatest product lines from our Military-Industrial Complex Division of FUSA Inc.

Since we've been in perpetual budget deficits for decades, and the Jackyderms in Congress never fail to rubber stamp the annual proposal to raise the debt ceiling, we the Sheeple of FUSA Inc. are basically having the future servitude of our children, and their children...and their children's children, issued as a promissory note in perpetuity, to in part provide this "direct aid" to keep the global war machine turning.



To demonstrate their gratitude for the generosity of the Ameri-Goy's gift of future ~~indentured servitude~~ tax revenues to fund the arming of a foreign military all the way on the other side of the globe (despite being mired in inescapable debt and inevitable economic collapse), they've graciously decided to keep watch over us all! We didn't even ask 'em for this service, they gave it to us voluntarily! Doesn't it warm your heart, knowing we're giving direct aid to such a group of Menschen?

[image]
$114,000,000,000 for the services of our Global Neighborhood Watch Provider!

Oh, and let's not forget, they're also offering us the privilege of donning the Red, Whiteknight & Blue armor and riding off to battle for them in Syria, too.



You gotta admire their chutzpah.

[image]

As Dread Ilk VP commenter, Jack Amok points out:

"No, they're defined as a "frenemy" so I guess this is just "freason." The penalty for freason is apparently a paycheck, a fat pension, and the opportunity to preview everyone's private sex tapes."

How about it, my fellow Ameri-Goy?! $114,000,000,000+ in exchange for the knowledge that THEY are keeping an eye on us all!

Aren't you happy with the ROI here?

Freasonous Frenemies, indeed.

Inversions

Keoni Galt · 17 September 2013 · Archived copy · Original

[image]

> *"Woe unto them that call evil good, and good evil; that put darkness for light, and light for darkness; that put bitter for sweet, and sweet for bitter! - Isaiah 5:2"*

Turn on the Tell-A-Vision to almost any program and you will eventually come across an inversion...both in the program content itself and in most of the commercials aired during the program breaks.

Go to the Doctor's office of your HMO, or most private general care practices and you will certainly be innundated with inversions regarding diet and the necessity of Big Pharma products to "be healthy."

Pick up any magazine at the checkout stand of any corporate FEED distributor, and you'll see inversions in bold fonts and photo shopped cover pics.

Same goes for all the marketing slogans and bylines printed on all of menus, packages, boxes and containers on the shelves of our Brave New World Order's ~~grocery stores and restaurants~~ feedlots.

Most billboards erected over the nation's highways and bi-ways and city avenues are usually selling us inversions as well.

Put on your THEY LIVE glasses and you will realize that the entire *raison d'être* of mass media's multi-variate messages and conventional wisdom promulgation are nothing more than promoting inversions as factual truth.

Selling us evil as good, cool, desirable, and health and wealth promoting, while selling us what is good as bland, boring, oppressive, regressive, repressive, uptight, and unhealthy.

It's no exaggeration to accept the idea that whatever THEY say we should do, go and do the exact opposite and you'll be better off for it.

Corporate Paedophilia & The Cancerous Empire

Keoni Galt · 28 September 2013 · Archived copy · Original

[image]

Due to the time spent reading news, sports, blogs and forums, I don't generally watch too much YouTube. But I kept seeing this particular film embedded all over the place and so many people talking about it, I decided to see what the fuss was all about.

PROPAGANDA | Full English Version (2012)

This film was supposedly a documentary that had been smuggled out of North Korea and translated and narrated in English, as well as a whole host of other different languages. When I first saw the length of it, I thought there was no way I'd sit in front of my PC and watch it for that long.

But as I began viewing, I couldn't tear myself away until I watched it in it's entirety. It was like watching a documentary based on most of the topics I've spent years writing about here on this blog. If you haven't seen it yet, I would urge you to watch the whole thing. Of course there are a lot of pro-North Korean propaganda messages involved, praising "Dear Leader" and other such pablum, but the most compelling aspect of this film is it's outsider's view of corrupt, corporatist Western Culture.

Sure, we've all seen and read our own Western propaganda about how the North Koreans are horribly oppressed, starving from famine, and how most of the citizenry are struggling to survive in a hard-scrabble, impoverished subsistence-farming lifestyle, while it's leaders are living it up like Rockefellers in opulent wealth and luxury. And we are inundated with reports that they are continually working to develop a nuclear arsenal so they can attack the US and kick off world war III. Who knows how much of such Western propaganda is based on truth?

But if this film is indeed the sort of propaganda the North Korean Government uses to tell it's citizens what to think of the West, it's a pretty damning indictment that they don't really need to exaggerate, or lie much to make their case that Western Civilization is a "Cancerous Empire of Corporate Collusion" and that most of us are really just consumer-debt slaves to the Corporatist leviathan that rules over us, and seeks to spread it's Empire of domination over the entire world. It may be anti-American propaganda used to prop up an oppressive, communist regime...but its damned effective propaganda, because so much of it is based on the truth.

Of particular interest was the part of the film where they discuss how we the sheeple are brainwashed since childhood by the Tell-A-Vision into becoming mindless consumer zombies.

The following excerpts are my on-the-fly transcription of the Documentary's narration, interspersed with imagery gleaned from Googliath, that I think makes for a chilling and insightful critique of the West.

Propagandists spend $12B per year specifically targeting children to form consumer habits early on. They can ingrain their brand by repeating it over and over until the child is indoctrinated and manipulated beyond control.



By 18 months, babies in the West can tell the difference between brands, and by 2, they're asking for brand products by name. By the age of 7, the average child has seen 20,000 TV commercials every year.

[image]

There is only one other group more coveted and groomed by advertisers than any other: pre-teen and teenage girls.

The propagandists call this "The Tween Market."

But in fact, it is Corporate Paedophilia

[image]

The aim of corporate pedophilia is to make young people feel inferior and defective, by using images that are unattainable, and these images are used against consumers for the rest of their lives, to keep them feeling inadequate, unless they buy there products and stick with their brands.



The fashion industry is the same. "Wear this, and you might fit in! Look like this, and you will be attractive and popular!" Just like the people in these gossip magazines.

[image]

These people are called "celebrities."



While it is natural for a person to become popular for being the best at what they do, today, in the West, you are a celebrity if you simply appear on screen...any screen.



Even if by mistake.

[image]

You gain credibility and praise for NOTHING, and the more you appear, the bigger a celebrity you become.

[image]

Many of the biggest celebrities have no talent at all.



If you become a big enough celebrity, then you become a brand, to be sold and traded, like any other product.



In surveys, 9 out of 10 women in the West are unhappy with their appearance, which drives them to spend enormous amounts of money buying cosmetics, clothes, and plastic surgery...despite the fact that they will never become celebrities or look like models in the advertisements.

[image]

This is consumerism.

[image]

There there are now more propaganda-filled screens and magazines than at any other time in history, and these are controlled by just five giant media companies.

[image]

This creates more opportunities to distract people from what really matters.

[image]

More opportunities to Brainwash them.

[image]

More opportunities to sell them poisoned food...

[image]

...and drugs they don't need.

[image]

More opportunites to drip feed them meaningless, distorted reality...

[image]

But the real threat to Americans is not terrorism...their leaders focus only on the phantom dangers of terrorism, while allowing food and drug companies to make more poisonous food and drug companies to make more and more poisonous food that is killing its people like an internal, unspoken genocide.

[image]

...wars are not fought for flags and citizens, but for corporations. The "War on Terror" engineered by American propagandists to frighten and control their people, is impossible to win...but ENDLESSLY profitable.

[image]

Globalization is just a code word for the Cancerous Empire of Corporate Collusion.



WE MUST REMAIN VIGILANT AT ALL TIMES, AND BE ALERT TO THEIR INSIDIOUS ATTACK ON THE MIND

[image]

It's That Time Again

Keoni Galt · 4 October 2013 · Archived copy · Original

Greetings sheeple! Once again, it's time to join in with the NFL, the American Cancer Society, and some of the world's largest corporations to get together and *raise awareness!*

[image]

Hot Pink football gear is here!

[image]

After all, this is a cause we can all agree on, right? Who doesn't want to protect and preserve some of the most beautiful specimens found anywhere in nature?



Long time readers know that I've previously helped raise awareness by highlighting some issues regarding breast cancer, like the ABC connection, and how the American Cancer Society's directors have close financial ties to the mammography machine manufacturing industry.

Since I've blogged about this topic so much in the past, I've decided to make this post a round up of all the issues

behind this major Cancerous Corporation-driven media push to raise awareness and get all the ladies to schedule their yearly annual appointment to radiate their breasts in the name of Brea$t Can$er Prevention.

*** Women who have had abortions and have never carried a baby to full term are at a higher risk of developing breast cancer.**

The Abortion/Breast Cancer Connection

> A teenager, who has an abortion between 9 and 24 weeks, has a 30% chance of developing breast cancer in her lifetime. If that same teenager also has a family history of breast cancer, the risk increases so much that one study showed all such women developed breast cancer by the age of 45.

*** Women who get a yearly mammogram are actually exposing their breasts to potential cancer-inducing radiation.**

The Food And Drug Administration Admits Risks Of Medical Radiation While Ignoring Dangers Of Mammography

> Thus, premenopausal women undergoing annual screening over a ten-year period are exposed to a total of at least four rads for each breast, at least eight times greater radiation than FDA's "cancer risk" level.

* **Most women "diagnosed" with breast cancer via mammography never had a cancer problem to begin with.**

Check out this article from *The New England Journal of Medicine:*

Effect of Three Decades of Screening Mammography on Breast-Cancer Incidence

> The introduction of screening mammography in the United States has been associated with a doubling in the number of cases of early-stage breast cancer that are detected each year, from 112 to 234 cases per 100,000 women — an absolute increase of 122 cases per 100,000 women. Concomitantly, the rate at which women present with late-stage cancer has decreased by 8%, from 102 to 94 cases per 100,000 women — an absolute decrease of 8 cases per 100,000 women. With the assumption of a constant underlying disease burden, only 8 of the 122 additional early-stage cancers diagnosed were expected to progress to advanced disease.

> After excluding the transient excess incidence associated with hormone-replacement therapy and adjusting for trends in the incidence of breast cancer among women younger than 40 years of age, we estimated that breast cancer was overdiagnosed (i.e., tumors were detected on screening that would never have led to clinical symptoms) in 1.3 million U.S. women in the past 30 years.

> We estimated that in 2008, breast cancer was overdiagnosed in more than 70,000 women; this accounted for 31% of all breast cancers diagnosed.

*** The Mammography Manufacturing Industry is part of a coalition of global corporate enterprises who's only real motive in promoting Awareness every October, is PROFITS, not women's health.**

Corporate Sponsors Control Mammography Industry Warns Cancer Prevention Coalition

> ACS has received contributions in excess of $100,000 from a wide range of “Excalibur donors.” Some of these companies were responsible for environmental pollution with carcinogens while others manufactured and sold products containing toxic and carcinogenic ingredients.
>
> These donors include:
>
> • Petrochemical companies (DuPont, BP and Pennzoil)
> • Industrial waste companies (BFI Waste Systems)
> • Big Pharma (AstraZeneca, Bristol-Myers Squibb, GlaxoSmithKline, Merck & Company, and Novartis)
> • Auto companies (Nissan and General Motors)
> • Cosmetic companies (Christian Dior, Avlon, Revlon, and Elizabeth Arden)
> • Junk food companies (Wendy’s International, McDonalds’s, Unilever/Best Foods, and Coca-Cola.
> • Biotech companies (Amgen and Genetech)

There's a very good reason why our mass media driven society goes all out every October to raise awareness and get women to go get exams done... fear-based MARKETING.



Now, of course, none of this should detract from the fact that Breast Cancer is a very real disease that afflicts, kills and maims women all over the world.

But we need to be aware of the financial motives of an industry that exists to profit off of the fears of a real disease....and to understand that getting regular, annual Mammograms can actually cause the very disease women are trying to prevent!

So we need to take a different approach here, and encourage non-radioactive methods for helping to prevent the proliferation of this dread disease.

Vox offers his own suggestion for such a campaign:

> As the NFL ceaselessly works to remind us, October is Breast Cancer Awareness Month. So, in the spirit of the month, I'd like to encourage everyone, male or female, to fight breast cancer the next time you are in line at the supermarket or the mall behind a woman.
>
> Just reach out with both hands and give the woman in front of you a thorough breast exam. You never know, you just might save a life! And while she might seem a little surprised at first, show her your pink ribbon and warn her about the dangers of that terrible, terrible disease. It's all about awareness, after all.

I concur wholeheartedly!

[image]

Let's all do our part!

[image]

Don't forget that manual inspections are not the only non-radioactive tool we have in fighting this dread disease...visual inspections can be potentially life-saving too!

[image]

Together, we CAN MAKE A DIFFERENCE!


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A Glossary of Terms

Keoni Galt · 10 October 2013 · Archived copy · Original



A GLOSSARY OF TERMS FOR THE 21st CENTURY'S BRAVE NEW WORLD ORDER

Abortion - The legally sanctioned practice of prenatal infanticide. Integral program for the Population Control Agenda. A fully protected and vested right for female citizenry to exercise at their sole discretion. Pregnant female citizens who are hesitant to exercise this right are also provided free counseling to support the exercise of this inviolable right.

Anti-Semitism - Any manifestation of criticism or commentary regarding the influence of lobbyists, advisers and/or Political Action Committees from the State of Zion, on the US Federal Government. Also includes any mention or reference regarding the fact that the majority of the corporate mainstream media and entertainment moguls and executives in charge of producing and distributing culturally degrading media like pornography, gangsta rap, satanic rock music, deviant and subversive pop music and most degrading and violent television and movie shows, belongs to a certain cultural/ethnic group.

Big Business - Short hand reference applied to any Industry in which Corporations gain either Oligopoly positioning or Monopolistic control of any market through the power of Government influence, regulation and enforcement.

Bill of Rights - The amended section of the antiquated and anachronistic document that has outlived it's usefulness in administering the governance of the country. Most of it's amendments have been rendered irrelevant by the application of administrative law and the infiltration of the Supreme Court with ideologically progressive

provocateurs effecting The Frankfurt Schools long march through Western legal and cultural institutions.

Boy Scouts of America - An institution of heteronormative bigotry that trains young boys to develop homophobic attitudes and beliefs, as well as brainwashing them into becoming future arsonists and extremists who cling bitterly to their guns. Also promotes independence, self-reliance and positive development of masculinity in an-all male environment, concepts that are no longer appropriate for the citizenry to develop, as they hinder dependence on entitlement programs and the continued deconstruction of Patriarchy.

Cis-Gender - Terminology of the population control program to promote the elimination of the traditional culture's hetero-normative paradigm. Implies perfect cultural equality and moral status between homosexual and heterosexual orientation and behavior.

College Education - The system of attaining credentialed certifications from University Indoctrination Cartel establishments via massive debt funding through Federal Government-Enforced Usury Loan Cartels. Certified credentials may or may not be useful for the citizen upon graduation and attempting to enter the Corporate Human Resources labor pool. Whether they are useful or not has no bearing on the citizens obligation to service the debt for his or her working life.

Community Organizer - Change Agent; Town hall meeting facilitator, trained in using the Delphi Technique and other methods to manufacture consensus amongst the citizenry. Serves as an excellent training vocation to prepare candidates for the Imperial office of the Presidency to facilitate the Progressive transformation of society towards the progressive utopian ideal of the Brave New World Order.

Corporations - Legal entities whose rights and privileges supersede those of the individual citizens. Primary impetus is garnering profits for shareholders by any means necessary.

Democracy - A variation of the Delphi Technique, applied society wide to manufacture consensus and divide and conquer the citizenry using social engineering tools like the Hegelian Dialectic. Works through the creation of election events with tightly controlled choices between candidates from two parties that appear to be opposing factions, but are in reality working towards the same goals in perpetuating the Corporate-Fascist State. Citizen participation is the key to gaining assent to their enslavement.

Department of Education - The centralized authority that administers the nationwide Public Schooling System for Indoctrination. Determines the standardized curriculum for programming attitudes and beliefs as well as the inculcation of obedience to State Authority to properly prepare the citizenry for their societal roles as human resources and debt-slave consumers.

Department of Homeland Security - Bureaucratic Arm of the Executive Branch of the Imperial Office of the Presidency. Primary purpose is to curtail, limit, ban, censor and/or eliminate freedoms of the citizenry to ensure the security of the State.

Diversity - Social engineering concept designed to promote the deconstruction of Western European - ancestral identity and cultural traditions.

Domestic Violence - A legal category of the penal code specifically designated to empower the Family Destruction Court system to use specific enforcement actions to arrest, detain and remand Fathers, Husbands and/or Domestic Partners to the Privatized Prison system; to seize their property, garnish their wages and only allow infrequent, supervised visitation with their children.

Equality - Social engineering concept designed to perpetuate favoritism and discrimination against selected demographics the State has arbitrarily deemed as the collective benefactors of a legacy of historic oppression of other demographic group collectives.

Family Court System, The - The extra-Constitutional apparatus constructed to preside over and promote the deconstruction of the Patriarchy-based Family as the basic unit of society. One of the primary mechanisms for turning free people into slaves.

Federal Reserve, The - Privately-owned Banking corporation and the head quarters of the USA Inc. branch of the Fiat Currency Usury Cartel. Primary agency for effecting debt enslavement of the populace through debt-based money creation, and fractional reserve - fiat currency creation operations.

Food and Drug Administration - Regulatory Agency in charge of approving chemicals, substances and additives to maximize the profitability of the food processing industry. Also works in conjunction with the USDA to ensure the populace is malnourished and prone to illnesses so as to provide a steady supply of customers for the Health Care Industrial Complex. Also in charge of approving pharmaceutical product lines while preventing competing natural products from becoming available to the consumer markets. This agency is usually administered by appointees from the Imperial office of the Presidency, who typically selects candidates for appointment from the executive boards of the multi-national, Agricultural, Bio-Tech and Pharmaceutical Corporations (who are all connected in some form or another).

Foreign Aid - The annual practice of the Federal Government awarding contracts to corporations to provide goods and services at premium prices to the rulers and wealthy elite of foreign countries while foisting the general populace of those countries with debt they can never hope to repay...but are nevertheless taxed to service that debt. Typically involves military weapons, vehicles and hardware, or civic infrastructure projects. Although the US budget is in perpetual deficit, and continuing foreign aid programs requires continually borrowing more and more debt-based fiat money from the Federal Reserve system to finance it, the practice continues unabated and is a primary feature in the continual and exponential growth of the National Debt.

Globalization - Formerly known as Mercantilism. A systemic approach to spreading of multi-national corporate control and influence to all nations around the globe. Involves the exploitation of human resources and natural resources of poorer nations to produce the consumer goods and services for the wealthier nations to consume via debt spending.

Internal Revenue Service - Agency in charge of extracting money from American Debt Serfs to service the National debt created by the Federal Reserve Usury Cartel to fund Congressional Consumerism, entitlement disbursements and earmarked, pork barrel graft and nepotism operations.

Joint Custody - In which a divorcing parties parenting decisions regarding their children are adjudicated by the Family Destruction Court system.

Mainstream Media - The primary organ of propaganda dissemination and social engineering of the populace. Uninterrupted, continual broadcasts of regularly scheduled programming and corporate consumerist advertisements influence, shape and control the thoughts and behaviors of the masses for the various agendas and goals of the Corporate-Government Complex.

National Security Agency - Administrative agency in charge of Total Information Awareness. Operates and expands the size and scope of the American Panopticon. Carries out perpetual surveillance of the citizenry and is in charge of the capture, compilation, collation, and data warehousing of all electronic data transmissions made on the

internet and other communication infrastructures.

National Debt - The means of debt enslavement of the entire populace to the Fiat Currency Usury Cartel. The progressive taxation system is primarily used to service the debt by making interest payments and never paying off the principle.

No-Fault Divorce - His-Fault Divorce.

Patriarchy - The out-dated model of organizing familial relationships and creating the base unit of society. Based on the division of labor by sex, and focused on providing two parent households for children. Formerly the primary institution for transmitting cultural values and mores to succeeding generations of citizenry. Currently in the process of deconstruction.

Philanthropy - Common practice to shelter inter-generational wealth from the progressive tax system while using the guise of charitable giving as a cover for insatiable greed and corporate exploitation.

Planned Parenthood - Eugenics program and integral Agency for the implementation of the Population Control Agenda. Originally instituted to reduce the population of Sub-Saharan Afro racial stocks with subsidized infanticide and birth control services; have now become an equal opportunity provider of infanticide and birth control services for all races, creed and sexual orientation.

Political Action Committees - A collective entity created to buy influence from politicians and political parties in the Government. Designed to promote a legitimate presentation for the commonplace practices of bribery, graft, nepotism and political favoritism; in integral feature of Democracy.

Population Control - The Primary edict engraved in stone, to maintain humanity under 500,000,000 in perpetual balance with nature, and to guide the citizenry's reproduction wisely - improving fitness and diversity of the species. Includes a wide variety of programs and agencies to effect it's implementation, including Feminism, Women's Studies, No-Fault Divorce, the Family Destruction Court System, Big Pharma's birth control markets, Abortion, College Education, Mass Media Normalization and the War on Poverty.

Privatized Prison Industry - Human Warehousing Corporations paid by Government debt-financing and taxation. These corporations maximize shareholder profits with market growth gained through tougher sentencing laws, increased criminalization of citizen's daily behaviors, and the continued sanctioning and subsidization of the dissolution of the Patriarchal heterosexual family unit as the primary means of raising the citizenry.

Public Service Announcements - Officially funded and sanctioned propaganda broadcasts and publishing, disseminated via mainstream mass media to influence thoughts and behaviors of the citizenry.

Social Media - Integral part of the Total Information Awareness program. Consists of various intelligence gathering applications designed to get citizenry to profile themselves in great, personal detail for the development of files for every citizens permanent records.

Smart Phones - Part of the Total Information Awareness program. Primary vector in the spread of the Palm Zombie Apocalypse virus. Afflicts long term users with a condition known as M.A.D. from M.A.D: Mutually Assured Delusions from Mobile Affirmation Devices. Symptoms of this affliction are compulsive addiction and uncontrolled cravings for virtual affirmations to bolster burgeoning narcissism and solipsism. Involves the citizenry engaging in incessant and compulsive solicitations for other users to LIKE their posts, tweets, pics, vids, profiles and status updates on their social media profiles.

Safe Sex - Socially engineered programming to separate sexual intercourse from procreation so as to advance the population control agenda. One of the more effective measures for eliminating social stigma amongst society for promiscuous and deviant sexual behaviors.

Same Sex Marriage - Social engineering program used to promote population control by normalizing and mainstreaming human mating behavioral preferences that are inimical to heterosexual marriage and traditional family formation. An incremental step in the process of the deconstruction of the Patriarchy-based Nuclear Family as the basic unit of society.

Separation of Church and State - A Trojan horse meme designed to undermine and expunge the influence of Judeo-Christian morality and ethos from the cultural traditions of Patriarchal-family based society.

Student Loans - A Federally supported usury enslavement cartel system. Primary purpose is for students to finance their credentialed certifications from the University Indoctrination Cartel and enslave themselves in debt for the majority of their working lives. Designated Usury Cartel Members are allowed to offer their usurious loan services to University students. May not be discharged in Bankruptcy and may require future wage garnishments to service the debt.

Social Justice -A nebulous concept used to promote class warfare rhetoric to garner popular support for redistribution of wealth throughout the lower castes of society, as well as promote the further expansion of the size and scope of Government involvement in the private lives of the citizenry.

Social Security Act, Title IV-D - Legislation integral to the creation of the Family Destruction Court System in all 50 states of USA Inc. Provides matching funds to all 50 State Governments to construct and operate child support enforcement programs, creating incentives for State Bureaucracies to escalate the deconstruction of the Patriarchy-based Nuclear Family as the base unit of society.

Temporary Restraining Order - A legal device designed to enable any female the ability to invoke the power of the State and it's armed enforcement legionnaires to evict males from their homes and separate them from their children.

Title IX - Legally encoded act to officially sanction discrimination against male citizenry within the University Indoctrination Cartel system.

Too Big To Fail - The official designation for Government sanctioned Fiat Currency Usury Cartel Members. Most are corporations granted the privilege to privatize profits and socialize risk.

Transportation Security Agency - Unionized Government Employees paid living wages and benefits to perform the invaluable job of accosting citizens at various checkpoints in the Nation's airport terminals to subject them to radioactive scanning or a careful manual examination of genitalia to ensure public safety.

United States Department of Agriculture - Regulatory Agency in charge of enforcing Oligopoly control of Agricultural and Bio-Tech Corporations over the mass production of genetically modified and/or processed food products. Also promotes general malnutrition and ill health amongst the populace with it's nutritional guidelines propaganda.

Universal Suffrage - Integral feature of Democracy. Promotes mob rule mentality amongst the populace, and the initial impetus for starting the Gender War Program.

U.S. Constitution - An antiquated and anachronistic document that has outlived it's usefulness in administering the governance of the country.

War on Drugs - Social engineering program to increase the scope and power of State regulation and enforcement agencies. Utilized to convince the citizenry to surrender their formally recognized Rights in the US Constitution without protest. Enables Government agents to engage in surveillance, search and seizure operations, and the forfeiture of citizenry's property without due process. Also the primary impetus for the militarization of local law enforcement agencies at the community level. Also an important aspect of protecting the Oligopoly cartel control of the pharmaceutical markets, as well as an integral part of supplying a constant stream of make work projects for the Privatized Prison Industry.

War on Poverty - Social engineering program to increase the scope and power of the State regulation, enforcement and social services agencies and Family Destruction Court System. Primary impetus for administration of wealth redistribution programs, and fostering increased citizenry's dependence on the State for subsistence. Integral in replacing the institution of Patriarchal marriage with Bureaugamy. Successfully implemented over several generations to promote the proliferation of Single Mother Households as the primary structure of Western households. Serves as the primary building block of progressive society, as well as the primary source of make work projects for the Privatized Prison Industry.

War on Terror - Social engineering program to increase the scope and power of State regulation and enforcement agencies. Most successful program to date in convincing the citizenry to surrender their formally recognized Rights in the US Constitution without protest, as well as justify the increased spending on foreign aid, International Police Action, and the development of Total Information Awareness. Xenophobic components of this program promotes enthusiastic domestic support for Drone Warfare on goat herder's wedding ceremonies in Third World hinterlands; invasion and occupation of Middle Eastern locales to ensure corporate control of opium crop production and oil and natural gas field developments; and furthering the institution of Central Bank Usury Cartel establishments in Islamic countries that resist and forbid the Usury industry on religious and cultural principles.

Women's Studies - Social Engineering and Indoctrination program, administered in the University system nationwide. Integral part of Population Control Agenda. Funded nationwide by Philanthropist Foundations. Trains female students to hate, fear and compete with males at all levels of society. Promotes female homosexuality, abortion and supports the Family Court Destruction System. Does not actually study the real history of women in Western society.

[image]

Affordable Cartel Collusions

Keoni Galt · 6 November 2013 · Archived copy · Original

[image]

Fascism should more appropriately be called Corporatism because it is a merger of state and corporate power. - Benito Mussolini

Of course, the biggest topic in the media and on teh Interwebz right now is ObamaCare, aka the aptly named Affordable Care Act.

"Wait, wha....?! "Aptly named!?"

Of course. We've gone over this before. The ACA is the perfect name for this Fascist take over of the Health Care and Insurance industry, just like everything else in our Brave New World Order. Such a ludicrous name for this Government sponsored and enforced cartel creation is based on the principle of Inversions.

Cue the outrage and anger from all the voters who assented to their slavery by pulling the lever in the curtained booth at their nearest youth brainwashing facility to participate in the Democratic selection of the most authentic President we've ever had presiding over the country in the past 100 years.

Many of these proud participants of democracy are flabbergasted and furious now that they are discovering the health insurance cancellation notices that have begun to arrive in their mailboxes.

We voted for Affordable Care!

The question you forgot to ask was this: *Affordable for whom?*

Affordable operating expenses for the Healthcare Insurance Cartel, and affordable for the Healthcare - Pharmaceutical - IT Industrial complex, that's who.

What, you actually thought we live in a free country with a Government elected for the people, by the people?

Pffft.

To those of you still clinging to the ethereal wisps of the rapidly disintegrating phantasm formerly known as THE AMERICAN DREAM, this is your wake up call.

Their are two kinds of people in USA Inc. Human beings, and Corporate beings. Haven't you heard? Corporations are people too! Not only are they legally considered people now, they actually have more rights and privileges than the human people.

All people are equal, it's just that the Corporate people are more equal than the human people.

Do you need proof?

I don't recall where, but I recently came across an article linked in some comment section somewhere on teh Interwebz, that referred to this 2010 study published in the American Journal of Public Health: Life and Health Insurance Industry Investments in Fast Food.

> Previous research on health and life insurers' financial investments has highlighted the tension between profit maximization and the public good. We ascertained health and life insurance firms' holdings in the fast food industry, an industry that is increasingly understood to negatively impact public health. **Insurers own $1.88 billion of stock in the 5 leading fast food companies.**

Got that? All of the corporate cartels that OWN this country, collude to create profit streams amongst We the Sheeple. They collude to make us sick, then sell us the medicine and treatments to make us last long enough to pay them until we're broke, used up and impoverished or dead.

I've previously written about how the Big Agriculture Corporations are also shareholders in the Pharmaceutical Corporations, to create health problems and degenerative diseases amongst all the human people for which the Pharmaceutical Corporations then supply the meds to treat the symptoms of those problems.

Well, now we see the other side to this triangle of corporate collusion - the Insurance Cartel is heavily invested in the Fast Food industry that also plays a key role in creating the future customers of the Healthcare Industry that we are all now legally required to buy insurance from to receive their services.

> ...fast food consumption is linked to obesity and cardiovascular disease, 2 leading causes of preventable death.[3–5] The industry markets heavily to children and often builds restaurants within walking distance of schools.[6,7] Children who live near fast food restaurants consume fewer servings of fruits and vegetables, drink more high-calorie soft drinks, and are more likely to be overweight.[7,8] In addition, fast food restaurants are more prevalent in Black and low-income neighborhoods, likely contributing to the burden of obesity among these groups.[9]
> And, finally, the fast food industry exacts a heavy environmental toll.[2]
>
> In 2009 Americans were expected to spend $185 billion on fast food, and consumers globally were expected to spend $481 billion.[10] In addition, there has been a greater than 5-fold increase in fast food consumption by children and adolescents aged 2 to 18 years between 1977 and 1995.[7]

The Insurance Corporate people invest in the Fast Food Corporate People, who manufacture their products from the Agricultural Corporate People.

The human people eat the fast food, and eventually they get sick, thereby getting their Pharmaceutical Corporate People's products prescribed to them by the Healthcare Corporate People...who get their profits from the Insurance Corporate people, so that they can ameliorate the symptoms caused by the Corporate People's manufactured feed.



That way the human people can stay ON FEED until they die, with all the Corporate people profiting off their sickness and death, every step of the way.

[image]

It's evil genius incorporated!

Shall we name some names of these Corporate people?

> Major insurers own $1.88 billion of stock in the 5 leading fast-food companies, representing 2.2% of total market capitalization of these companies on June 11, 2009. United States–based **Prudential Financial**, an investment firm that also provides life insurance and long-term disability coverage, has fast food holdings of $355.5 million, including $197.2 million in **McDonald's**, $43.7 million in **Burger King**, and $34.1 million in **Jack in the Box**. United Kingdom–based **Prudential PLC** offers life, health, disability, and long-term care insurance and owns $80.5 million in stock of **Yum! Brands**, owner of **KFC**, **Pizza Hut**, **Taco Bell**, and others. **Standard Life**, also based in the United Kingdom, offers both life and health insurance and owns $63 million of **Burger King** stock.
>
> Canada-based **Sun Life** and **Manulife** offer life, health, disability, and long-term care insurance. **Sun Life** owns almost $27 million of **Yum! Brands** stock, and **Manulife** owns $146.1 million in fast food stock, including a $89.1 million stake in **McDonald's**. Holland-based **ING**, an investment firm that also offers life and disability insurance, owns $12.3 million in **Jack in the Box**, $311 million in **McDonald's**, and $82.1 million in **Yum! Brands** stock.
>
> **Guardian Life**, **MetLife**, **New York Life** offer life, health, disability, and long-term care insurance. **Northwestern Mutual** and **Massachusetts Mutual Life Insurance Company** offer life, disability, and long-term care insurance. All of these companies are invested in the fast food industry to varying degrees. **Northwestern Mutual's** stake is the biggest, with its total investments in excess of $422 million, including $318.1 million in **McDonald's** alone. **Massachusetts Mutual** owns more than $366 million of fast food stock, with its single biggest investment being $267 million in **McDonald's**.

This, folks, is what Fascism really looks like.

It's not tyrannical authoritarians in brown shirts, jack boots, or riot gear beating down the sheeple with truncheons to force compliance to their ideology.

It's the Corporate people merging with the power of the Government to rule, exploit, and consume all of the nation's human resources.

And the Fascist Corporations that rule us, literally show us to our faces what and who they are. To see it, you only need learn to recognize the symbol that is their calling card: the *fasces*.

[image]

THEY are telling us with their symbols presented in plain sight, exactly what kind of country we have here.

Let's play a game called "Where's the fasces?"

[image]

JFK? LBJ? Democrats? Liberals? Progressives?
FASCISTS.

Look closer at the memorial for Honest Abe.

[image]

Fascist extraordinaire.

[image]

Socialism, Capitalism, Feminism, Communism, Nazism, ...all the "isms" are nothing more than separate sticks, all bundled together to prop up the only true political system that rules our Brave New World Order.

[image]

[image]

Where you find the fasces, you find the fascists.

Marriage Equality

Keoni Galt · 15 November 2013 · Archived copy · Original



15 down, 35 to go.

> HONOLULU (Reuters) - Hawaii's governor signed into law on Wednesday a bill extending marriage rights to same-sex couples, capping 20 years of legal and political rancor in a state regarded as a pioneer in advancing the cause of gay matrimony.
>
> The new law, which takes effect on December 2, makes Hawaii the 15th U.S. state to legalize nuptials for gay and lesbian couples, rolling back a 1994 statute defining marriage as a union between a man and a woman.

Marriage Equality will soon be law in all 50 States...you can bet the house on that.

I know a lot of people here who are upset about this state of affairs. Many of the folks opposed to today's legislative milestone were opposing it under the banner of DEFENDING MARRIAGE.

Others are exultant and exuberant. They feel like they were a part of a movement as momentous and historical as the civil rights movement for teh Blacks in the 60's. WE SHALL OVERCOME!!!!!!!

This new law signifies two things: its just another milestone for the gradual, incremental progress for the social engineering of our society towards the Brave New World Order, and oh yeah...the Family Law Industrial Complex in Hawaii has just acquired a whole new niche market for developing future revenue streams.

You see, prior to the passage of Marriage Equality in 15 States here in USA Inc., the State had a hard time finding profits in the dissolution of gay relationships, unlike the lucrative harvest the Family Court Industrial Complex has enjoyed in deconstructing heterosexual relationships since the advent of No-Fault Divorce for cis-Gendered marriages.

These sorts of injustices have gone on long enough!

Take the case of one gay man in Pennsylvania, who was denied the benefits of Marriage Equality, as recounted by a

Divorce attorney:

> The related, and far more common, would-be client is the unmarried gay person whose long-term, marriage-like relationship ends. Can he avail himself of the remedies available to married people under our divorce laws? Is she entitled to any assets or support from her ex?
>
> That's the question I was asked by Eddie, who'd been in a relationship for twenty-two years when his partner dumped him for another man. Older, educated, and successful, Marco, the ex, owned a house, investments, and a pension. Eddie had none of those. He was a high school graduate who essentially hadn't worked since he moved in with Marco at the age of twenty-one. He dabbled in various artistic pursuits, none of them profitable. But that was okay, because Marco supported him and, according to Eddie, specifically, explicitly, told him that he always would. So Eddie enjoyed their comfortable, middle-class life together, and never took any measures to ensure his own financial security. When Marco ended the relationship, Eddie was faced with the hard reality that here he was, forty-three years old, with no money in the bank and no ability to earn much more than minimum wage. He came to me to find out if the promises Marco made could be enforced.

Since Marriage Equality has not been legalized in Pennsylvania, Eddie was unsuccessful in his bid to enforce Marco to pay him alimony to maintain the lifestyle he had become accustomed to.

> I made our pitch during closing arguments, asking her to award Eddie $300,000, which was the amount Marco received from the sale of the house where he and Eddie had lived for twenty-two years and Eddie had come to think of as his own. We argued that this was a reasonable amount to fulfill the promise of lifetime support, as it would enable Eddie to buy his own house. The judge nodded as she listened. My associate and I packed up our files and went back to the office, chewed our nails, and waited for her decision.It came two weeks later. We lost. We never got out of the starting gate. The judge ruled that she could not find there was a contract.

We as a society cannot abide such glaring examples of gross injustice and oppression!

Now that Marriage Equality is spreading to all 50 States in USA Inc., these sorts of problems will no longer trouble our formerly oppressed, second-class citizenry. They too will soon enjoy the benefits of court ordered indentured servitude to upkeep an ex-domestic partner in the lifestyle they had become accustomed to.

We should all consider ourselves blessed to be living witnesses to such an era of Progressive advancement.

Free at last, free at last.... oh Glee!

> Jane Lynch has proclaimed that her divorce from estranged wife Lara Embry is "not dramatic," and we're hoping it stays that way after the "Glee" star gets wind of her ex's recent request.
>
> According to legal documents obtained by TMZ, Embry is asking Lynch to pay her $93,809 a month in spousal support.
>
> Embry stated that Lynch's "income, investments and assets increased dramatically with her newfound acting success," and TMZ reports that Embry wants to be able to sustain the lifestyle she was used to during the

> couple's three-year marriage.

This is the perfect example of Marriage Equality all those backwards, intolerant and bigoted Christian fundamentalist homophobes have been denying our second-class gay citizenry for too long!

[image]

Nutritional Deficien$$ies

Keoni Galt · 22 November 2013 · Archived copy · Original

[image]
Within the darkened confines of a Sheeple FEED Production Facility

There's a reason why the CAFO system warehouses chickens and pigs in an environment of complete darkness and feed them genetically modified grain feed that fattens them quickly for harvesting and processing. That reason is profiting from nutritional deficiencies.

Take the following excerpts from a transcript of the documentary Food Inc., the seminal expose of the Corporate Feed Production Industry:

> The chicken industry has really set a model for the integration of production, processing and marketing of the products that other industries are now following because they see that we have achieved tremendous economies. In a way, we're not producing chickens; we're producing food.

Not quite...you're producing **feed.**

> It's all highly mechanized. So all the birds coming off those farms have to be almost exactly the same size. What the system of intensive production accomplishes is to produce a lot of food on a small amount of land at a very affordable price. Now somebody explain to me what's wrong with that.

Because you're not producing *food* that nourishes and strengthens the human body. Your producing sheeple *feed* that leads to malnourishment and diseases that provide a continual source of revenues for the Healthcare-Pharmaceutical Industrial Complex.

But is it really worth it for the average, modern day chicken farmer to invest themselves in this occupation? Does manufacturing sheeple feed pay well enough to fund the American Dream of life, liberty the pursuit of happiness?

Here's what one chicken farmer told the documentary film maker:

> The chicken industry came in here and it's helped this whole community out. Here's my chicken houses here. I have about 300,000 chickens.

> We have a contract with Tyson. They've been growing chickens for many many years. It's all a science. They got it figured out. If you can grow a chicken in 49 days, why would you want one you gotta grow in three months? More money in your pocket.

Sounds like a good deal for the chicken farmers, right? Except the chicken farmer also realizes something is intrinsically wrong with the science of producing chicken FEED in 49 days.

> Farmer: "These chickens never see sunlight. They're pretty much in the dark all the time."
>
> Interviewer: "So you think they just want to keep us out?"

> Farmer: "I don't know. If I knew, I'd tell you. It would be nice if y'all could see what we really do, but as far as y'all going in, we can't let you do that. I understand why farmers don't want to talk -- because the company can do what it wants to do as far as pay goes since **they control everything.**"

The interviewer and the farmer can only speculate as to why the Feed Production Corporation insists they have to have their chickens housed in total darkness. They even proffer a lame justification for it later on in the film:

> Farmer: "When it's dark inside the houses, the chickens lay down. It's less resistance when they're being caught."

So that's why? But what about this?

> It is nasty in here. There's dust flying everywhere. There's feces everywhere. This isn't farming. This is just mass production, like an assembly line in a factory. When they grow from a chick and in seven weeks you've got a five-and-a-half- pound chicken, their bones and their internal organs can't keep up with the rapid growth. A lot of these chickens here, they can take a few steps and then they plop down. It's because they can't keep up all the weight that they're carrying.

Oh, so they need to be raised in total darkness around the clock so as to make them easier for the undocumented migrant workers to capture them when it's harvest time...but these chickens can't even take a few steps because they've been genetically altered and bred to grow so quickly that their bones and organs can't even keep up? That doesn't add up.

I'll tell you what does, though.

You know the old saying, "you are what you eat?" Well, if the predominant source of animal based saturated fats you eat are the lean boneless/skinless chicken meat of factory farmed chickens who are raised for their entire lives in complete darkness, you're eating meat that almost completely void of vital fat soluble vitamins - most importantly, vitamin D.

Most animals, like humans, require sunlight exposure to manufacture Vitamin D, the keystone vitamin for nearly all life on the planet, and chickens are certainly no exception. The promotion of fear of red meat and saturated fat for decades by our corporate mass media and academic institutions, combined with the fear of sun exposure all play a role in the operation of promoting Vitamin D deficiency for profit.

Many of the chicken farmers know that animals raised in fresh air, sunshine, and uncrowded conditions makes for nutritious, healthy food, fit for human consumption.

But they can't do anything about it, because they are indentured into their servitude by debt financing:

> The companies keep the farmers under their thumb because of the debt that the farmers have. To build one poultry house is anywhere from $280,000 to $300,000 per house. And once you make your initial investment, the companies constantly come back with demands of upgrades for new equipment, and the grower has no choice. They have to do it or you're threatened with loss of a contract. This is how they keep the farmers under control. It's how they keep them spending money, going to the bank and borrowing more money. The debt just keeps building. To have no say in your business, it's degrading. It's like being a slave to the company.

What we see here is the intersection of corporate entities across various industries and how they work to provide continuous revenue streams -- renewable resources -- for each other. It is the vertical integration of markets to enable Corporate Oligopolies to harvest and consume the very life essence - our very health and vitality - of we the sheeple.

It's the inhumane, systemic exploitation of life to feed the profits and stock value for the inhuman, corporate entity, and it works something like this:

Big Oil corporations provides the technology and energy capital that enables Big Agriculture to produce Federally Subsidized grain surplus, that is used by Big Food processing corporations to create food products and for the production of grain feed for Concentrated Animal Feeding Operations, which in turn manufacture nutritionally deficient and environmentally destructive meat products for human consumption.

Big Government regulatory agencies enforce stringent regulations on smaller businesses and competitors, ensuring almost complete market control by the Big Feed producers. These corporate Oligopolies also fund studies done by Big Science entities who publish studies based on deliberate lies, distortions, data manipulations and outright falsehoods for Big Media broadcast propaganda that brainwashes the masses into making consumer choices that support the consuming of FEED produced by this infernal conglomerate of incorporated fiends.

Over a life time of eating processed grain products and nutritionally deficient meats from processed grocery, convenience and fast food industries (who are also in part, owned by Big Insurance), the average sheeple becomes critically malnourished and sick, so they go to their Big Healthcare provider to get their maintenance medications from Big Pharmaceutical corporations.

Oh, and let's not forget that it's Big Banking - TOO BIG TO FAIL - that debt finances the production, distribution and marketing of every aspect of this corporate leviathan that manages the concentrated sheeple feeding operations here in good 'ole USA Inc. But I digress...

What it really all comes down to, is this - the corporate leviathan that rules our Brave New World Order has a simple paradigm they follow to maintain their power:

If you control the feed, you control the sheeple.

It's Just Good Business

Keoni Galt · 27 November 2013 · Archived copy · Original



> *So, remember the third, terrible Pirates of the Caribbean movie? The big villain is Lord Cutler Beckett, a bigwig at the fictional East India Trading Company (any similarity to the East India Company purely coincidental).*
>
> *His catch phrase, which he says whenever he is screwing someone over or doing something unethical, is "It's just good business." - J. Wilkins*

I finally got around to reading a book I've always intended to for years, The Wealth of Nations by Adam Smith. What I find most interesting was reading his critiques of the British Empire's Mercantilist system and extrapolating it to our current global economic paradigm.

Let's entitle this exercise in abstraction:

The Wealth of Corporations at the Expense of the Health of Nations: *A Treatise on the Extrapolation of 16th century Mercantilism to 21st century Globalization.*

Of course, with the current state of Idiocracy amongst the general populace in today's Brave New World Order, that title may be a bit too comprehensively challenging to the average bleating sheeple, so we can just simplify the concept here: *The More Things Change, The More They Stay They Same*

Consider Smith's conclusions regarding the Mercantilist system:

> Though the encouragement of exportation and the discouragement of importation are the two great engines by which the mercantile system proposes to enrich every country, yet with regard to some particular commodities it seems to follow an opposite plan: to discourage exportation and to encourage importation. **Its ultimate object, however, it pretends, is always the same**, to enrich the country by an advantageous balance of trade.

There currently exists only one real advantageous balance of trade in the 21st century, and it serves to enrich the international Banking establishment. This is done with the collusion of multi-national corporate cartels to provide goods and services procured from the corporation's ~~sweat shops~~ production facilities and natural resource mining operations in third world nations, and then sold to various first world nation-states.

In nearly all cases, these purchases are made on a macro level through debt-financing of the Government spending by the globalized central banking system. On the micro level, the same is accomplished via credit cards, signature and equity loans and other means of debt financing available to the individual consumer at the company store.

In both the macro and micro perspectives, the same end goals are achieved: enslavement of the global populace via the tyranny of usury.

The following indictment by Smith of Mercantilism also applies to our current paradigm of corporate collusion to benefit the cartel's profit margins at the expense of consumer health and well being:

> Consumption is the sole end and purpose of all production; and the interest of the producer ought to be attended to only so far as it may be necessary for promoting that of the consumer. The maxim is so perfectly self-evident that it would be absurd to attempt to prove it. **But in the mercantile system the interest of the consumer is almost constantly sacrificed to that of the producer**; and it seems to consider production, and not consumption, as the ultimate end and object of all industry and commerce.

In the 21st century version of Mercantilism - Globalized Corporate Collusion - this particular facet of Mercantilism has been taken to a whole new level. Big Government, Big Science, and Big Media promulgate lies and propaganda to brainwash the masses to the effect of making the average person believe that up is down, right is left, evil is good and good is evil.

The mis-informed and dis-informed consumers then engages in commerce (People spending money they don't have on things they don't need,) that essentially is harmful to their own health and well being, while the producers -- our multi-national corporate overlords and the financing Banksters 2Big2Fail -- continue to rake in the profits.

Another interesting aspect of Smith's critique of Mercantilism has been inverted to benefit the now Globally-based "producers."

> In the restraints upon the importation of all foreign commodities which can come into competition with those of our own growth or manufacture, **the interest of the home-consumer is evidently sacrificed to that of the producer.** It is altogether for the benefit of the latter that the former is obliged to pay that enhancement of price which this monopoly almost always occasions.

Protectionism for home-grown products and services was the antiquated practice tied to patriotic notions of loyalty to your nation-state. But the multi-national corporations have no loyalty to any nation-state, only the state of their bottom line; their stock valuations and profit margins.

Now most everything consumers buy is foreign produced and the consumers of the first world nations pay a different price that is not measured in mere currency valuation....instead, the price we now pay is one of

dependency and loss of self-sufficiency.

People used to know how to produce and manufacture a wide variety of goods, as well as repair and extend the useful life of various products. It was more economical to do so. People used to be able to sew, mend, and repair clothing and other textile products. Now, it's simply much easier and more economical to throw it away and go buy a new product manufactured cheaply in China or Mexico, available at your nearest Big Box Corporate Retailer.

Same goes for big ticket items like appliances and modern automotive vehicles. In many cases, parts break, and the replacement part and labor service fees may cost half or more of the price of a new product.

And even if you can't afford to just buy a new item to replace your old, broken and/or worn out product, why you can just go and get a loan from your local branch of the Usury Cartel and "buy" a new one.

As time progresses, knowledge to manufacture, maintain, repair and reuse many items of commerce becomes lost amongst the masses, increasing dependency on the Global Corporate Cartels and antiquating any formerly held notions of self-sufficiency and thrift. This is the very essence of our waste-driven, consumerist culture of materialistic consumption.

And that's exactly how our Corporate Overlords want it. In pursuit of improving their bottom line and overarching goals of global economic and political domination, *it's just good business.*

Here's to Thanksdrinking

Keoni Galt · 28 November 2013 · Archived copy · Original

[image]

For people concerned with the impact on health our annual, national celebration of partially hydrogenated gluttony, I bring holiday tidings of joy!

Now these joyous tidings are essentially a rerun of a topic I've covered before....namely the idea that not only is drinking alcohol NOT bad for you (the caveat of moderation certainly applies), it is actually good for you.

Well, this post is not entirely a re-run, as I came across two different articles that corroborate the somewhat controversial ideas I've previously covered.

First up, a report in the UK paper, the dailymail: Drinking Doesn't Make You Fat

> Anyone who's ever gone on a diet is told to lay off the booze because it's high in calories.
> And that, of course, must make it very fattening indeed. Go onto the NHS Direct website, and you'll be told a glass of wine contains as many calories as a slice of cake. Or if you prefer beer, the British Nutrition Foundation reminds you two pints are roughly the equivalent in calories to a full glass of single cream. So you may be surprised to learn that there's no scientific evidence whatsoever to support the idea that alcohol makes you put on weight.

Does that notion surprise me? Not at all. That article is rather long (read the whole thing!), but it covers several different ideas I've written about before as well...namely that the reason why so many folks consider alcohol fattening is due to it's supposed high calorie content. Problem is, not all calories are equal. And alcohol appears to be one of those substances for which the human body does not metabolize/assimilate the calories in alcohol.

But of course, as I've pointed out many times before, weight gain and weight loss are not the be all, end all of health. Fat or skinny, most people can still gain the longevity benefits of moderate alcohol consumption. Here's the case for it made in another Dailymail article, Alcohol is good for your health:

> A businessman goes to his GP. 'My hands hurt, I get a bit of a pain in my chest sometimes, and I'm beginning to forget things,' he complains.
>
> The doctor examines him and says: 'You've got a touch of arthritis, possibly mild heart disease, and you may be in the first stages of dementia. How much are you drinking?'
>
> 'Never touch a drop, doctor,' says the patient proudly.
>
> 'Ah, that explains it,' says the GP, wagging an admonishing finger. 'Here's a prescription for red wine — a quarter of a litre a day.'
>
> Ridiculous? Absurd? A story from the Bumper Book of Jokes for Alcoholics? Absolutely not.

> Let me tell you this: if GPs fail to recommend alcohol to at least some of their patients, they should be had up for medical negligence.
>
> That, at least, is the logical conclusion I've drawn from an in-depth study of around half-a-million scientific papers about alcohol.
>
> To my surprise, they contained findings that would make any pharmaceutical company uncork the champagne. Except they never will, of course, because alcohol can't be patented as a drug.

Aaah. Therein lies the rub. Remember, moderate, daily consumption of alcohol is a known factor in increased longevity.

So, in the spirit of this holiday season, I raise my glass and make a toast to you, the readers of this blog and all the other participants out here in these fringes of the anti-establishment arena on teh Interwebz!

On our traditional day of giving thanks for all that is good in our lives, let us also give thanks for our daily dose of the world's best medicine!

This is Just the Beginning

Keoni Galt · 2 December 2013 · Archived copy · Original

[image]

I told ya'all before.

> If you read the Obamacare bill, and you pay close attention, you'll see that the new bill calls for a consolidation of personal information and documentation into a single, accessible record.
>
> Take a look at page 161 of The Patient Protection and Affordable Care Act
>
> > *The standards and protocols for electronic enrollment in the Federal and State Programs described in sub-section (a) shall allow for the following:*
> >
> > *(1) Electronic matching against existing Federal and State data, including vital records, employment history, enrollment systems, tax records and other date determined appropriate by the Secretary to serve as evidence of eligibility and in lieu of paper-based documentation.*
>
> Once you enroll, they will crosscheck your enrollment info with all other info the Government has on you in various computer systems.
>
> > *(2) Simplification and submission of electronic documentation, digitization of documents, and systems verification of elegibility.*
>
> Once they cross check all of your enrollment info with all they data they can find in State and Federal computer systems, they'll compile it all - including digitizing documents that only exist in hard copy - and compile it all into a single record...all under the guise of "assessing eligibility."
>
> > *(3) Reuse of stored eligibility information (including documentation) to assist with retention of eligible individuals.*
>
> See, that documentation - all of it that they used to cross check your enrollment info - will be available for "reuse."
>
> > *(4) Capability of individuals to apply, recertify and manage their eligibility information online, including at home, at points of service, and other community based locations.*

> So if a person is able to access this compiled information from the internet...what do you think this will do in terms of identity theft? Or do you really TRUST the government will be able to securely keep all this compiled info private and secure?
>
> Ah, but here's the real kicker:
>
> > *(5) Ability to expand the enrollment system to integrate new programs, rule, and functionalities, to operate at increased volume, and to apply streamlined verification and eligibility processes* ***to other Federal and State programs as appropriate.***
>
> Essentially other Federal and State programs will than be allowed to use all of that compiled private info as they "deem appropriate."
>
> Do you think this is appropriate?

That was 3 years ago. Now, the American Surveillance Death Star is undoubtedly complete, fully operational, and ready to process, collate and store compiled records of all the citizenry for near-instantaneous retrieval by any Government lackey and stooge with access to the network.

Orwell's total information awareness dystopia depicted in 1984 is already here.

> Ellen Richardson was prevented from going on a March of Dimes organized cruise because the U.S. border agent said she was hospitalized for mental health issues in 2012 and she needed special clearance. Richardson was treated for clinical depression but she wonders **how he accessed her medical records.**

This will be the first story in what will soon become the new normal for everyone living, working, vacationing and those who wish to enter, and eventually those who *try* to leave the good ole USA Inc.

Just what are the sheeple really signing up for over at healthcare.gov? Much has been made of how this website "doesn't work."

Don't be so sure it's "not working."

It may be doing precisely what it was designed to do. Get millions of Americans to log on from their personal computers and smartphones and create accounts. Check this out:

[image]

Mike Adams at Natural News.com posits a theory:

> It is actually a **government-run Trojan Horse** that suckers people into creating accounts where they hand over:

> • Name and address
> • Email address and password
> • Social security number
> • Private bank account details
> • Employer details and other information
>
> During the enrollment process, your computer also hands over **your IP address** which is then tied to your social security number.
>
> This IP address is then handed over to the NSA thanks to its new mega-black-hole data center in Utah, where your IP is cross-referenced with all website visits, including:
>
> • "Anti-government" websites
> • Porn sites
> • Gambling sites
> • File sharing sites
> • "Terrorism" support sites
> • Encryption service sites like Hushmail
> • Chat rooms, message boards and more
>
> Armed with this information, the NSA can then link your seemingly-anonymous online chats, comments and posts with your social security number.

Whether Adams is correct about the intentions or motivations of the Government declaring the website was ready for sign ups on October 1st despite not being "ready to handle the load," was to deliberately gather citizen data or not is debatable.

But the facts remain - when you fill out the account info on the site, unless you're using a proxy server or some other means of masking your IP address, you are giving the Government your social security number and the IP address (or even GPS coordinates if you have any GPS apps running on your device) directly linked with all the other private info you submit with your application, that they can then use to cross reference all other internet activities connected to that same IP address.

Speaking of which...

I saw very similar sign strung up on the wall of a fast food restaurant in a neighboring town the other day, here in Hawaii:

[image]

Now why would our government want to give "free" cell phones and "free" cell phone minutes to citizens who are on ANY FORM OF GOVERNMENT ASSISTANCE?

Prior to seeing this PSA in real life, I had always thought the entire "Obama phone" story was just a FOXNews -

right-wing-kool-aid exaggeration.

I should have known better.

With sign up for the healthcare exchange website "debacle" and "free" cell phones for welfare recipients, two goals of the omniscient and omnipresent surveillance State are accomplished.

Now the Sheeple's IP addresses on their home and work PC's can now be linked to their SSN's and all the other info they voluntarily submit when they sign up for their "affordable" health care...and they can also now sigh up for the free phone so that the physical location and recorded history of movement anywhere and everywhere they carry their Obama phones.

[image]

In 1948, this kind of scenario was considered science fiction:

> "There was of course no way of knowing whether you were being watched at any given moment. How often, or on what system, the Thought Police plugged in on any individual wire was guesswork. It was even conceivable that they watched everybody all the time. But at any rate they could plug in your wire whenever they wanted to. You had to live — did live, from habit that became instinct — in the assumption that every sound you made was overheard, and, except in darkness, every movement scrutinized."



My fellow Americans...sign up for your affordable healthcare and free cell phones, and you can rest easy knowing the Government **will** be watching out for you.



The Teetotaler's Lament

Keoni Galt · 5 December 2013 · Archived copy · Original

[image]
I'm sure the Tipplers of their era were heartbroken...

Of the several pieces I've written previously on the topic of the positive benefits of the consumption of alcohol, I'm actually a bit surprised that no teetotaler advocates have shown up before to register their objections to my assertions. Finally, one showed up.

> "If alcohol was invented tomorrow it would , and rightfully so, be illegal." - Jace

To which my initial urge to respond to Jace with a short quip, referencing the picture at the top of this post: "You forget, Jace. We've been there and done that." However, I assume most people that read this blog, are aware of the history of the temperance movement and the results of the Prohibition era in USA Inc.'s history.

And oh...by the way, on this date in 1933, the 21st Amendment to the Constitution was ratified, repealing the 18th Amendment that instituted Prohibition. Now this is a date that should be declared a national holiday!

[image]
December 5th, 1933 Prohibition was repealed. CHEERS!

After reading Jace's list of pro-teetotaler arguments, I started to respond, but realized a short comment was not enough to respond adequately. And since I just learned that today was the 80th anniversary since prohibition was repealed, I thought this was the perfect topic for today's blog post.

> "The myth that went around about a glass of wine being good for you was due to the grapes and not the alcohol itself."

Oh it's no myth, alright. But I recall the whole "anti-oxidants" argument that wine was good for you. That may or may not be true, but the real story here is that the alcohol itself is good for you, and the benefits of moderate consumption apply, regardless of your drink of choice - wine, beer and/or distilled spirits.

Alcohol lowers blood pressure, relieves stress and helps with relaxation. Studies also show it lowers the risk of heart disease, diabetes, obesity and osteoperosis...amongst other conditions. But don't take my word for it, have a look at this article and extensive footnotes citing research to make the case: Alcohol: Problems and Solutions

> - The National Institute on Alcohol Abuse and Alcoholism has found that the lowest death rate from all

causes occurs at the level of one to two drinks each day.[10]

- Drinking alcohol in moderation (1-2 drinks per day for women and 2-4 for men) was found to reduce risk of mortality significantly according to meta-analysis of 34 studies of alcohol and total mortality among 1,015,835 men and women around the world.[11]
- An exhaustive review of all major heart disease studies found that "Alcohol consumption is related to total mortality in a U-shaped manner, where moderate consumers have a reduced total mortality compared with total non-consumers and heavy consumers."[12]
- A Harvard study found the risk of death from all causes to be 21% to 28% lower among men who drank alcohol moderately, compared with abstainers.[13]
- A large-scale study in China found that middle-aged men who drank moderately had a nearly 20% lower overall mortality compared with abstainers.[14]
- Harvard's Nurses' Health Study of over 85,000 women found reduced mortality among moderate drinkers.[15]
- A British analysis of 12,000 male physicians found that moderate drinkers had the lowest risk of death from all causes during the 13 year study.[16]
- A large study of about 88,000 people conducted over a period of ten years found that moderate drinkers were about 27% less likely to die during the period than were either abstainers or heavy drinkers. The superior longevity was largely due to a reduction of such diseases as coronary heart disease, cancer, and respiratory diseases.[17]
- A twelve year long prospective study of over 200,000 men found that subjects who had consumed alcohol in moderation were less likely to die during that period than those who abstained from alcohol.[18]
- A study of more than 40,000 people by the Cancer Research Center in Honolulu found that "persons with moderate alcohol intake appear to have a significantly lower risk of dying than nondrinkers."[19]
- An analysis of the 89,299 men in the Physicians' Health Study over a period of five and one-half years found that those who drink alcohol in moderation tend to live longer than those who either abstain or drink heavily.[20]
- An Italian study of 1,536 men aged 45-65 found that about two years of life were gained by moderate drinkers (1-4 drinks per day) in comparison with occasional and heavy drinkers.[21]
- A study of 2,487 adults aged 70-79 years, who were followed for an average period of over five and one-half years, found that all-cause mortality was significantly lower in light to moderate drinkers than in abstainers or occasional drinkers (those who drank less than one drink per week).[22]
- A large prospective study found that older men consuming up to about three drinks per day and older women consuming over one drink per day had a dramatically lower risk of dying than did non-drinkers.[23]
- A large study found that moderate drinkers, even after controlling for or adjusting for numerous factors, maintain their high longevity or life survival advantage over alcohol abstainers.[24]
- A Danish study of about 12,000 men and women over a period of 20 years found that abstaining from moderate alcohol consumption is a health and longevity risk factor. Choosing not to drink alcohol increases the risk of illness, disease and death.[25]
- A 14-year study of nearly 3,000 residents of an Australian community found that abstainers were twice as likely to enter a nursing home as people who were moderate drinkers. Drinkers also spent less time in hospitals and were less likely to die during the period of the study.[26]
- A prospective study of middle-aged Chinese men found that the consumption of two drinks per day was associated with a 19% reduction in mortality risk. This protective effect was not restricted to a specific type of alcoholic drink.[27]
- Alcohol prevents more deaths than its abuse causes in the United Kingdom, according to research from the London School of Hygiene and Tropical Medicine.[28]

> - Scientists at the University of London concluded that light and moderate drinking saves more lives in England and Wales than are lost through the abuse of alcohol. If everyone abstained from alcohol, death rates would be significantly higher.[29]
> - The Cancer Council of New South Wales concludes that "If the net effect of total alcohol consumption on Australian society is considered, there is a net saving of lives due to the protective effect of low levels of consumption on cardiovascular disease."[30]

Of course, and it can't be said enough, these benefits are based on **moderate consumption**, and not binge drinking in excess with the sole purpose of getting trashed. As Jace commented:

> *"Its bad for mental health and society as a whole. People will over indulge, no matter how many times you say moderation."*

I'll quote the following from Alcohol is a medicine, in response:

> *"When a chemical, either found in nature or made in a laboratory, has beneficial effects for the human body, but also, potentially damaging or dangerous effects, we call that chemical a "medicine" and entrust its use to licensed medical practitioners with governmental laws overseeing public access."*

Here's where I disagree with that. Alcohol is one of the safest medicines there is in terms of self-medication.

Like any medicine, dosage determines whether it is beneficial or detrimental to the person ingesting it. Take one or two Tylenol because you have aches and pains from a hard days work or a headache and you'll feel better.

Down 14 drinks in a single drinking session, and at worst, you have a hangover the next day.

Take 14 maximum strength OTC acetaminophen pills at one time, and you can literally die of liver failure.

So, while people regularly die from liver failure due to taking too much acetaminophen, your average person today who gets a headache or has muscle soreness thinks nothing of taking a couple of pills. Nor do they think anything bad of anyone else who relies on moderate doses of acetaminophen to deal with the aches and pains of life. (Caveat: many liver failure cases are caused by a combination of taking acetaminophen and drinking alcohol....so obviously, if take Tylenol, don't drink, and if you drink, don't take Tylenol).

Yet, because a minority of people abuse alcohol -- and yes, despite the mass media and Public Service Announcements by the Government constantly highlighting the negative effects of the abuse of alcohol - the public perception seems to ignore the fact that the vast majority of people that do drink alcohol, do so moderately.

> There are barely any warnings to the negative effects of alcoholic beverages on the packaging, no caloric or nutritional information.

Despite that, you seem to know all about the negative effects of the abuse (over dosage) of alcoholic beverages, no?

Tell you what though, I'd much rather be more concerned with the effects of drinking 14 drinks in an ill advised night of binge drinking than take 14 maximum strength Tylenol pills over the same time period!

> Also, for someone who portrays such an anti-government persona, alcohol companies have huge sway with lobby groups.

Anti-Government persona? Me?

[image]

Seriously, I'm glad you brought this up, Jace. I got a lot of thoughts on the topic of the Government and the alcohol industry.

For starters, I lament the continued vertical integration of the alcohol industry on a global scale. Giant multi-national corporations have been buying out many previously successful, micro-brewed beers. Same goes for craft distillers of quality spirits and wineries are all being bought out, or merged into larger corporate entities.

In most cases, the buy out of small, independent brands has not been good for we, the consumers of alcohol with discriminating palates. There are a handful of brands of beer that have been bought out/sold out or sub-contracted out to the giant Brewing corporations like InBev, for which I noticed a distinct change in the taste and quality of the final beverage has changed, and not for the better.

Just like so many other things in our Brave New World Order, the illusion of choice is presented to the average consumer, but the reality is that most brands that USED to be products of smaller, independent brewery's have been bought out by the multinational corporations, and the quality of the beverages are inevitably compromised. Just off the top of my head are the beer brands I used to regularly buy and drink, that are all now owned by InBev - Beck's, St. Pauli Girl, Red Hook, Bass, Lowenbrau, Spaten, Rolling Rock, Stella Artois, Corona, Modelo, Labatt. Before they were all bought out, co-opted and assimilated, all these beers used to be produced by independent companies.

Funny thing is, I stopped buying and drinking most of those brands for a few years now...and it was not really a conscious decision based on my anti-multi-national corporate stance, either. In every one of those cases, I perceived a change in the taste of the beer, and knew something was different, but I couldn't put my finger on what exactly was wrong. I even thought that perhaps my taste buds had changed. Only later when I did some research as to why Red Hook, which used to be one of my favorite micro-brews, did I discover why the taste of Red Hook had degraded so much.

My first clue was walking into the store to buy a 12-pack, and seeing Red Hook packaging had changed.

Here's what the beer looked like when I first discovered it in college, when it quickly became my drink of choice:

[image]

Then one day, I went to my local grocery store and went to beer aisle shelf where I had become accustomed to finding my usual, only to see this:



Huh? Ok....must be trying for a new look to create better marketing appeal. But then I noticed that the new bottles didn't taste exactly like I remembered it. It tasted less rich...a bit watery and less flavorful. At first, I thought it was simply my mind playing tricks on me. Perhaps it was just a psychosomatic effect because I preferred the old look of the packaging? But after drinking several six packs over the course of a few months, I couldn't help but realize the taste had indeed been changed. This was not my favorite beer!

So I logged on to teh Interwebz, fired up google and discovered exactly what happened. They got bought out by InBev. That's the first time I ever heard about that multi-national corporation that had been buying up breweries and brands all around the world.

Like almost any other consumable product, when a small-time, local producer gets bought out by a large, multi-national corporation, the product is invariably changed to meet the goals of corporate conformity: standardization, homogenization, and up-scaling the volume of production at a centralized facility to realize higher profits from economies of sale. I knew I was right that the taste had changed! Red Hook the original Seattle Micro-Brew? Now a sad memory. This mass produced, slickly-packaged and marketed substitute just was not the same!

I haven't bought a Red Hook since. I began to buy and drink other micro-brewed beers instead.

Then one day, another favorite micro-brew of mine came out with brand new packaging - Kona Brew.
The moment I tasted the new-look Kona Fire rock Pale ale, I knew exactly what happened. DAMN YOU InBev!!!!
I knew it before I googled it...

This is what the bottling and labels looked like when Kona Brew was still an independent micro-brew, produced, bottled and distributed entirely in the State of Hawaii:



Kona Brew was initially a micro-brew made at the Kona Brew Pub on the Big Island and the Hawaii Kai Brew Pub on O'ahu. And in fact, if you go to either restaurant (I've been to both, multiple times), you can still get the original beers brewed right there on-site. But go to the store and buy a six pack of the exact same brand (yes, even the stores here in Hawaii....imagine that, shipping "Hawaiian Craft Beer" to Hawaii from a West Coast Mainland Brew Facility), and you can taste a huge difference between the mass-produced InBev botled beer made at one of InBev production facilities on the mainland, and the draft micro-brew still being produced in small quantities locally.

Here's the new look:



Now you can find Kona Brew all over the US. That's what getting bought out by a multi-national mega brewer like InBev can do for you when it comes to distribution and marketing. But the quality of the original product just cannot be duplicated by the giant corporate behemoth.

When I looked further into the topic, I discovered something: Hawaii does not have a glass production plant anywhere in the islands. All bottles used in local beverage productions are imported empty on shipping containers. Empty bottles are more fragile than full bottles, so it costs more to ship empty bottles. So that's one reason to shift bottled beer production to the mainland. But throw in the fact that Hawaii has one of the highest excise tax per 93 cents a gallon for packaged beer, and it's no wonder the owners of Kona Brew sold their soul to the corporate devil.

Now, Kona Brew in the bottle is brewed and bottled in Oregon, Washington (the now InBev owned and run Red Hook facility) and New Hampshire for East Coast distribution. Isn't corporate expansion and distribution awesome?!?!? Now you can buy "Hawaiian" micro brewed beer in about 25 States! Except, it's not really made in

Hawaii...

Anyhow, all of this is just a really long way around getting to my original point...I believe moderate alcohol consumption is good for you, a medicine. One for which you can abuse, but that doesn't mean the medicine itself is to blame, but the person who is abusing it. Personal responsibility and all that.

And having the government involved in the industry involves all sorts of corruptions in both production and sale of this medicine.

Mass production by global corporations is a fact of life in the 21st century. The only truly meaningful vote we have in our "Democratic" society, is the votes we make with our fiat-dollars.So when I go to the grocery store or liquor store and do my part to participate in the all important exercise in FREEDOM, I cast my vote for the locally owned, independent breweries.

[image]
Hawaiian Craft Beer...Actually Made in Hawaii. STAY AWAY, InBev!!

For the Children

Keoni Galt · 14 December 2013 · Archived copy · Original

[image]

> "The best thing for a child is for their parents to be happy. That doesn't necessarily mean they should be together."

The preceding quote was taken from a random anonymous commenter from a reddit thread referenced by Rollo in his excellent post Maddonas and Whores. Rollo's analysis and breakdown of competing male and female mating strategies is well done, but I'm taking this one in a much different direction.

This quote "The best thing for a child is for their parents to be happy..." is one of the biggest loads of bullshit ever propagated by our regularly scheduled mass media programming. At it's root, this pervasive meme is based on myopic, narcissistic selfishness, and is steroids for both male and female rationalization hamsters everywhere.

It is one of the most pervasive and destructive memes, and is the single most influential whisper promulgated to effect the widespread destruction of families in order to shape our Brave New World Order's primary cultural paradigm. It is a primary contributor to the manufacturing of a populace weakened, damaged and dysfunctional, making them much easier to manipulate and control. Nothing creates the damaged psyche of easily manipulated and controlled people better than a family broken apart by a bitter, acrimonious divorce while the children involved are at a young age.

The entire rotten, crumbling edifice of what was once a civilized society, can be pinpointed to the promotion of leading people to think that the key to happiness is to focus on satisfying any and all of their selfish desires. In even simpler terms, it is a message influencing people to adopt a mindset focused on taking and receiving, and not giving and sharing. This attitude is especially corrosive in interpersonal relationships, of which marriage used to be one of the closest and strongest bonds ever created between two human beings....but it also applies to friendships and extended familial bonds as well.

This focus on selfishness is the very anti-thesis of true love.

That's because what most people think of as "LOVE" is nothing more than a feeling. Something you "experience." An abstraction. You'll know it when you feel it. And, oh yeah, without love, you cannot be happy.

This is a corruption of what love really is. Love is not an abstract noun...an ephemeral feeling. An experience like an intoxicating drug that is somehow sold to us as THE key to human beings achieving perpetual bliss.

Nope.

Love is a verb.

You can only receive true love by doing it yourself to people worthy of it...by loving people who will love you back. It cannot be forced, nor can it be something you do expecting it in return. And it doesn't only apply to marriages or "romantic" relationships. True friendships are founded on the exact same principle.

As the good Captain wrote in Enjoying the Decline:

> What makes friends arguably the most important people in your life, is that they don't have to hang out with you. They choose to hang out with you. Unlike the family you were born into, your friends aren't "honor-bound" by blood or social mores requiring them to spend time with you. They consciously decide to spend some of their finite, precious time with you. That's not only a great thing, that's a very humbling thing. Out of everything in the world those people could be doing, out of everybody in the world they could be hanging out with, for whatever reason they consciously and purposely chose you over all those other things. This is why you should not only be **incredibly grateful for your friends**, but why they should play a pivotal role in your life. Because without friends, your life is quite hollow, which is all the more reason we need to learn how to appreciate them and incorporate them into our lives.

> First, realize how unique and personalized your friends are. While you can't pick your family, you can pick your friends. This effectively makes them your own "personally built family." It also makes them the most important thing you'll ever build.

What is true of friendship, is even more true for marriage. You want to "build" a family? Than you have to learn how to love, and to wisely and shrewdly pick someone to love, *who will love you back in the same manner*. And when you find that person to love, do they express gratitude? This is why some of the most popular advice for both men and women dating potential spouses are to watch how the other person treats waiting staff and service personnel. Carefully seeing how a person treats those "beneath" them when they are not consciously thinking about it will reveal their level of narcissism and lack of capacity to love another person more than they love themselves.

When Betty Friedan and her ilk spread their incredibly corrosive propaganda that a stay at home mother cooking and cleaning for her husband and her kids was a "slave" in a "comfortable concentration camp," she basically brainwashed generations of women that *loving* their families was slavery. That the key to "happiness" was to "love yourself first." This damnable lie has led millions of people into true slavery...enslavement to materialistic consumerism. That by "loving yourself" you can "have it all."

Want a good example of "true love?" Here it is, found in an old tale, The Gift of the Magi.

For those unfamiliar with the story, it's a tale of a young married couple who are in love but very poor. Both knows what the other really desires - she, a set of ornate, tortoise-shell combs for her long, beautiful hair, and he, a platinum chain fob for his expensive gold watch he had to use an old, worn out leather cord for a fob.

Unbeknown to each other, on the day before Christmas, she cut off her hair and sells it to a wig maker to get the money to buy the chain fob, while he goes and sells his watch to buy her the combs for her long, beautiful hair.

It's a tale of true love...love the VERB. A husband and a wife *loving* each other.

The best thing for a child -- or children -- is to have a Father and Mother who love each other. If they're fighting incessantly and constantly, and talking about divorce because it would be better for the kids to have two separated, but "happy" parents...chances are one or both of them are unhappy because they are not loving the other, but focused on "loving" themselves.

Remember JFK's most famous quote? "Ask not what your country can do for you, ask what you can do for your country."

JFK was talking about love. Loving your country. It's the exact same thing in a marriage, or a friendship or any other relationship based on mutual love.

Ask not what your family can do for you, ask what you can do for your family.

THAT is the best thing you can do for the children...not getting a divorce and destroying your child's family because you're ~~unhaaaaaaappppppyy~~ focused on your own selfishness.

Consensus Free Climate Science

Keoni Galt · 17 December 2013 · Archived copy · Original

[image]

"Sunspot activity is at its weakest for any solar maximum in a century or more."

That's a verifiable observation, easily fact checked. No computer models, hockey-stick graphs, or signed declarations from UN NGO's and various peer reviewed journals proclaiming consensus from highly credentialed climate scientist are necessary to check for yourself. Even the "pro-Global Warming/Climate Change" websites basically report the facts regarding the lack of sunspots during the present solar maximum.

Amateur solar enthusiasts who look at the sun themselves with solar telescopes, and have access to the historical record of sunspot activity can verify it for themselves.

But what does this really mean?

When the shit hits the fan, it's the end of the world as we know it.

Now, when dealing with Galactic time scales, "imminent" could mean 10, 20, several hundred or even a thousand years from now.

Or it could mean tomorrow.

But one thing is undeniable, and no scientific consensus is required to make the following statement: the history of the Earth's climate is cyclical, characterized by long periods of ice age climate conditions interspersed by short periods of warm weather called interglacials.

At the present, we are undoubtedly in an interglacial. Some would argue we are at the end of the latest interglacial.

Reports on sunspot activity lend some credence to this theory.

Consensus or not, one fact does remain...many of the supporters of human caused climate change have a record of making bold predictions in the past decade that have turned out completely wrong. This DailyMail article highlights one particularly egregious example of a BBC report that claimed the Arctic summers would be "ice-free" by 2013.

> Only six years ago, the BBC reported that the Arctic would be ice-free in summer by 2013, citing a scientist in the US who claimed this was a ‘conservative’ forecast. Perhaps it was their confidence that led more than 20 yachts to try to sail the Northwest Passage from the Atlantic to the Pacific this summer. As of last week, all these vessels were stuck in the ice, some at the eastern end of the passage in Prince Regent Inlet, others further west at Cape Bathurst.
>
> Shipping experts said the only way these vessels were likely to be freed was by the icebreakers of the Canadian coastguard. According to the official Canadian government website, the Northwest Passage has remained ice-bound and impassable all summer.

> The BBC's 2007 report quoted scientist Professor Wieslaw Maslowski, who based his views on super-computer models and the fact that 'we use a high-resolution regional model for the Arctic Ocean and sea ice'.
>
> He was confident his results were 'much more realistic' than other projections, which 'underestimate the amount of heat delivered to the sea ice'. Also quoted was Cambridge University expert

> Professor Peter Wadhams. He backed Professor Maslowski, saying his model was 'more efficient' than others because it 'takes account of processes that happen internally in the ice'.
>
> He added: 'This is not a cycle; not just a fluctuation. **In the end, it will all just melt away quite suddenly.'**

Sure thing, Professor. Because computer models and fossil fuel! Note that another pro-man made global warming/climate change organization also reports on the current minimal sunspot activity is comparable to the last "mini-ice age" of the late 17th and early 18th centuries.

> The combined data indicate that we may soon be headed into what's known as a grand minimum, a period of unusually low solar activity.

> The predicted solar "sleep" is being compared to the last grand minimum on record, which occurred between 1645 and 1715.
>
> Known as the Maunder Minimum, the roughly 70-year period coincided with the coldest spell of the Little Ice Age, when European canals regularly froze solid and Alpine glaciers encroached on mountain villages.

Hmmmm....think the Sun's activity may actually have something to do with the current record levels of cold wintry conditions all around the planet these past few months? Even here in Hawaii, with our year round tropical climate, we've had record lows in 2013.

It seems only common sense to conclude that the sun is THE primary driver of climate on Earth. Don't tell that to our (Government funded) experts...

> "We have some interesting hints that solar activity is associated with climate, but we don't understand the association," said Dean Pesnell, project scientist for NASA's Solar Dynamics Observatory (SDO).
>
> Also, even if there is a climate link, Pesnell doesn't think another grand minimum is likely to trigger a cold snap.
>
> "With what's happening in current times—we've added considerable amounts of carbon dioxide and methane and other greenhouse gases to the atmosphere," said Pesnell, who wasn't involved in the suite of new sun studies.
>
> "I don't think you'd see the same cooling effects today if the sun went into another Maunder Minimum-type behavior."

Ah, so all these record low temperatures of 2013 are indicative of nothing significant, eh?

So it appears we DO have some sort of a consensus.

During the current phase of the solar cycle, the Sun appears to be entering a phase of minimal sunspot activity compared to the last mini-ice age.

But we still have a large number of scientists who are true believers in the infallibility of computer models predicting man made global warming...and they are all looking at the current solar cycle, and the reports of new record low temperatures all over the planet, and still trying to tell us all that Global Warming from man made causes is still a threat to humanity.

Remember...97% of scientists agree that man made climate change is real!

Where did that 97% number that has been touted over and over again as the holy grail of *scientifically proven consensus* actually come from anyhow? According to the leading website for "climate-change deniers," it was a dishonest and disingenuous "study" that came up with it. From The 97% consensus myth – busted by a real survey:

> So, the inconvenient truth here is that about half of the world's largest organization of meteorological and climate professionals don't think humans are "mostly" the cause of Anthropogenic Global Warming the rest will probably get smeared as "deniers"

[image]

It would be more accurate to say that 97% of the scientists who receive funding and grants to support the global warming propaganda industry agree.

As for me...I know what I think.



Boys Will Be Girls

Keoni Galt · 18 December 2013 · Archived copy · Original

[image]

It appears Kay Hymowitz is once again concern trolling for the state of men and boys in our Brave New World Order.

> In fact, signs that the nuclear-family meltdown of the past half-century has been particularly toxic to boys' well-being are not new. By the 1970s and eighties, family researchers following the children of the divorce revolution noticed that, while both girls and boys showed distress when their parents split up, they had different ways of showing it. Girls tended to "internalize" their unhappiness: they became depressed and anxious, and many cut themselves, or got into drugs or alcohol. Boys, on the other hand, "externalized" or "acted out": they became more impulsive, aggressive, and "antisocial." Both reactions were worrisome, but boys' behavior had the *disadvantage of annoying and even frightening classmates, teachers, and neighbors.*

Note her real concern here. While divorce's effects on children are worrisome, it's the boys of divorce who annoy or frighten other people that is her true concern. How touching.

Putting aside the snark for a moment, I must note that Hymowitz's article does highlight a lot of issues most of us in the MAndrosphere are aware of and focus much attention to the related issues....but her article still annoys because of her implicit definitions of what it means for boys to become men - her concern is entirely based upon the idea that boys will only become men when they get married and become providers...to paraphrase Rollo, "...in other words better serving the feminine imperative qualifies men to be adults."

Note the following:

> So why do boys in single-mother families have a harder time of it than their sisters? If you were to ask the average person on the street, he would probably give some variation of the role-model theory: boys need fathers because that's who teaches them how to be men. The theory makes intuitive sense.

So far, so good...

> These findings can help us refine the role-model theory. Girls and boys have a better chance at thriving when *their own father* lives with them and their mother throughout their childhood—and for boys, this is especially the case. (Violent or abusive fathers are, of course, exceptions to the rule.)

I was with her up until her little caveat...because we all know exactly how violent and abusive fathers are defined: by how the female in the house *feels* about the Father in the home. Just like the definition of rape has been expanded to encompass a whole range of male sexual behavior in addition to female's feelings of post-coital regret, so too has violence and abuse been expanded to include any and every instance of a female (wife, girlfriend,

daughter, sister etc.) feeling uncomfortable, or afraid of any expression of anger or annoyance by a male. But I digress.

From this point on, her article only gets worse.

> On average, boys are more physically active and restless than girls. They have less self-control and are more easily distracted. They take longer to mature. They have a harder time sitting still, paying attention, and following rules, especially in the early years of school.

On average, boys are different from girls. They have a much lower threshold for the institutionalized values of feminized education. This idea that boys who are easily distracted and have a hard time sitting in a chair and paying attention to a teacher and following the myriad of rules in the schoolroom setting is what Hymowitz and her ilk defined as "mature." In other words, maturity is measured by conformity to the institution. This is definitely a female mode of thinking.

> In *Lord of the Flies* terms, we might say that boys need more “civilizing” than girls. They require more cues, more reminders, and more punishment to learn to control their aggression and to mind their manners. Boys—not girls—often require remedial education to sit still, to look at the person speaking to them, to finish the task they were working on. These days, experts might put it this way: boys come into the world with less natural human capital than do girls.

And just who are these "Experts" to declare that boys have less "human capital" than girls? Why, these are the experts who've received credentialed certification for demonstrating excellence in conformity to feminized institutions. (Not that there's anything wrong with that...after all, I got my own institutional credential certifications.)

Let's take Kay's approach to defining "maturity" and "human capital" in swap genders and define "human capital" and "maturity" based on a metric of masculine ideals and see how it sounds:

"We might say that girls need more external "motivating" than boys. They require more encouragement and prodding to explore, apply themselves to hands on activities and attempt to do things on their own. They are far less likely to innovate, show a general lack of curiosity or look for new ways to achieve goals, but instead are content to sit still and do exactly as their teacher tells them in an effort to gain favor and approval from the institutional authority. Girls come into the world with less natural human capital than do boys."

That statement is just as ludicrous as Hymowitz defining "human capital" and "maturity" on a female-centered metric. The source for this idiocy is blank-slate, gender-is-a-social construct brainwashing from feminists that permeates our culture at large.

[image]

Girls and boys come into the world with different, gender specific "human capital," specific to their sex. But Hymowitz and her cohorts of concerned Conservatives are only concerned with boys growing up and achieving 'maturity' as defined by conformity to female-centric idealization of "civilization."

> If the trends of the past 40 years continue—and there's little reason to think that they won't—the percentage of boys growing up with single mothers will keep on growing. **No one knows how to stem that tide.** But by understanding the way family instability interacts with boys' restless natures, educators could experiment with approaches that might improve at least some lives. Educators and psychologists have often described boys as "needing clear rules" or "benefiting from structure."

No one knows? Au contraire, plenty of us out in these fringes of teh Interwebz know exactly how to stem that tide. Boys need clear rules to benefit from the structure of a Father-headed household. We've already experienced decades of social engineering that has resulted in the outsourcing of structure and conformity training, and the transmission of cultural values from a Patriarchal home to society's collective institutions and organizations. The results? An epidemic of boys afflicted with ADD, ADHD and ODD, and the expansion of the prison industrial complex and police state to deal with the pathologies of the generations of feral children that are spawned in our Brave New World Order's pandemic of single mother households.

My real criticism for Hymowitz's piece is not just based on her feminine-centric definition of maturity and "human capital." Much of what she does write about is an accurate description of how the Fatherless home leads to a cycle of male dysfunction and anti-social pathology. In many ways, she's correct - the absence of the Fathers in the home, removes all the positive aspects of masculinity as an influence and guide to his development.

> It just may be that boys growing up where fathers—and men more generally—appear superfluous confront an existential problem: Where do I fit in? Who needs me, anyway? Boys see that men have become extras in the lives of many families and communities, and it can't help but depress their aspirations. Solving that problem will take something much bigger than a good literacy program.

What she doesn't address (and is most likely completely incapable of even recognizing) is not only the absence of positive masculinity harming to his development....but how the negative feminine aspects of his Mother's influence plays a role in his pathological development.

Boys don't just need Fathers in the home to role model and provide guidance them on how to become Men.

Boys need Fathers in the home, to keep the mothering from becoming smothering.

Yes, the single mother household raises boys without a Father figure and a positive role model for the boy to aspire to...but what it also features, is a household for which a boy learns to deal with his world experiences in female-centric modes of thought and behavior.

Without a Father in the home, young boys only learn to deal with their external environment and internal emotions and fears by the behavior and attitudes of the only significant role model he's exposed to in his home, his Single Mother.

As a "Gen X'er," I grew up in the first generation of children for which divorce and the broken home reached pandemic proportions in the US. In my peer group in high school, more of my friends and acquaintances were the product of broken homes via divorce than were the number of kids who came from stable, two-parent homes. In

hindsight, I recognize the differences in archetypal personalities of all these kids I know who came from the stable home versus the kids from the broken homes.

Boys raised by single moms are far more likely to be emotionally out-of-control, more prone to crying and usually allowing their emotions to paralyze them, or cause them to lash out instinctively and without restraint or careful consideration for potential consequences. Boys raised by single mothers are also more likely to be raised with an almost pathological need for female approval, thanks to the intermittent reward dynamic of having his only familial authority, an emotionally-fluctuating, passive-aggressive and manipulative female.

Another archetype I believe that emerges from the boys raised by single mothers, is the promiscuous player...what I called "naturals" long before I discovered the terminology of "Game" and PUA vernacular on teh Interwebz. In hindsight, I can recall two different kinds of 'players' in the Sexual Marketplace of High School and early adulthood - the successful guys who came from two parent families whose Father's were "alpha" themselves....

...and the boys raised in single mother households, whose mothers had a parade of lovers come in and out of their lives as she rode the post-divorce carousel. These are the boys who associate sexual promiscuity as 'normal.' They become "players" because they exhibit the so-called "dark triad" traits that females find sexually alluring...which is to say, nothing more than his masculine expression of the solipsism and hypergamy role modelling he was imprinted with in being raised by his single mother. Solipsism expressed by the male player, exhibits itself more aggressively as arrogant, over-confident narcissism...a dynamic the Chateau oft refer to as "dark triad traits = chic crack."

Boys raised by single mothers are also more likely to be raised with the attitude of being a consumer, rather than a producer, and that using emotional manipulations and intermittent rewards to gain sexual favors comes as second nature to him.

This makes him well equipped to game girls into sexual encounters and short-term relationships.

But the other aspect here I ascertain from my hindsight of observations is that all these "natural" players that went through girls like sticks of chewing gum, were also incapable of sustaining long term relationships. Worse yet, whenever they did encounter "THE ONE" girl they fell in love with and attempted to forge a long term relationship with, none that I can recall, ever ended well.

Not only do they lack the imprinted behavior of a Father and Mother balancing each others best and worst to make a family work with the complementary dynamics of a Father's Masculinity and Mother's Femininity, but they also have a deep seated insecurity and desire for female approval that can never be satisfied. It is an all-consuming hunger. It is the masculine expression of the feminine's equivalent "dark triad" traits.

A male raised with the feminine primal desire to consume is quite adept at manipulating females into sexual conquest...but once they decide to engage in a long term relationship, that desire to consume her is no longer just expressed in sexual need, but it extends further into the same needs he was programmed with being raised in a single mother household: expressed female approval. This turns into a needy, supplicating relationship modeled after his own relationship with his single mother. This neediness for emotional approval and validation inevitably leads to contempt and loss of attraction and desire from his long term partner...and at that point, the relationship is inevitably doomed.

Of course....all this is really just my attempt at analyzing the deeper behaviors and thought patterns behind the dysfunctional relationships I've observed from the boys I've known, raised in broken, single mother homes. It could all be explained by an even simpler and less complex dynamic - being imprinted by their Single Mother's behavior

and attitudes towards sex and relationships, the only thing he knows is casual promiscuity, using members of the opposite sex for sexual gratification and knowing nothing other than unstable, short term, inter-gender relational dysfunction.

In other words, the psychological effects of boys raised in single mother homes, are boys who think and act without the influence of positive masculinity of an absent Father role model *in conjunction* with the worst influences of negative femininity. This is the aspect Hymowitz and other So Cons who lament the results of the broken homes fail to grok.

As Bob Wallace has frequently pointed out at his place:

> "The word "bastard" means "a fatherless boy" and "a cruel, heartless man."

Where did this Fatherless boy learn how to be cruel and heartless? By imprinting his single mother's worst feminine traits and emotional stability causing an intermittent reward addiction for her approval, combined with his base masculine drive and aggressiveness.

Which is precisely why the lynch pin to destabilizing and destroying a civilization, is to remove the Father from his role at the head of his home.

Usury Cartel Centennial

Keoni Galt · 24 December 2013 · Archived copy · Original

[image]
Dec. 23, 1913 - President Wilson Condemns the Nation to a Century of Serfdom

100 years ago to the day, this nation was sold out, to a group of usurious Banksters and their cronies. The Federal Reserve Act was the result of a previous secret meeting on the privately owned Jekyll Island off the coast of Georgia, to figure out the best way to institute a ~~central banking system~~ usury cartel to enslave the nation in perpetual debt.

100 years ago to the day, the Federal Reserve Act was signed into law and the former Republic was Incorporated into the largest Company Store the world has ever known.

No wonder THEY recently decided to release a new-look, up to date, hard to counterfeit, new $100 Scrip Wage C-note.

[image]

Not too many instances in history in which an exclusive, privately owned cartel, gets to commemorate 100 years of enjoying the establishment of a fractional-reserve, fiat currency-based, usury cartel to turn an entire nation into debt-driven consumers and tax slaves.

What's that you say? The Fed is not privately owned? It's a "Quasi-Governmental Agency?"

Check your facts:

> Q: Who owns the Federal Reserve Bank?

> A: There are actually 12 different Federal Reserve Banks around the country, and they are owned by big private banks. But the banks don’t necessarily run the show.

Whoever "runs the show" is not the point. Many businesses have owners who don't "run the show." They just harvest the profits from operation.

> The stockholders in the 12 regional Federal Reserve Banks are the privately owned banks that fall under the Federal Reserve System. These include all national banks (chartered by the federal government) and those state-chartered banks that wish to join and meet certain requirements. About 38 percent of the nation’s more than 8,000 banks are members of the system, and **thus own the Fed banks.**

Federal Reserve stockholders hold a unique certificate of membership to an exclusive cartel. And that cartel's

primary practice is indentured servitude of the masses via usury.

As the Federal Reserve Board website states (not directly linking to that fiendish corporate whores of the usury cartel - http://federalreserve.gov/generalinfo/faq/faqfrs.htm#5):

> "The twelve regional Federal Reserve Banks, which were established by Congress as the operating arms of the nation's central banking system, are organized much like private corporations–possibly leading to some confusion about "ownership." For example, the Reserve Banks issue shares of stock to member banks. However, owning Reserve Bank stock is quite different from owning stock in a private company. The Reserve Banks are not operated for profit, and ownership of a certain amount of stock is, by law, a condition of membership in the System. The stock may not be sold, traded, or pledged as security for a loan; dividends are, by law, 6 percent per year."

Let's take a closer look at the Fed's own answer to the question, "Who owns the Federal Reserve"

> "However, owning Reserve Bank stock is quite different from owning stock in a private company."

It might be "quite different" than owning stock in a private company, but the fact remains whether the stock is "different" or not, they still concede that the Federal Reserve is a privately owned central banking system.

> " For example, the Reserve Banks issue shares of stock to member banks."

These shares of stocks are really nothing more then certificates that signify membership to this exclusive usury cartel.

> "The Reserve Banks are not operated for profit, and ownership of a certain amount of stock is, by law, a condition of membership in the System."

No, they're operated to leverage fractional reserve money creation powers (usurped from congress) to expand the scope of usurious financing at every level of economic activity in today's Brave New World Order.

> The stock may not be sold, traded, or pledged as security for a loan; dividends are, by law, 6 percent per year.

Member banks that buy Fed stocks, are not buying it for shareholder property rights, nor are they doing it to realize an annual 6% return by dividend payouts. What they are doing, is paying membership dues to belong to the exclusive usury cartel that holds the monopoly on fiat currency creation out of thin air.

Ever since the Federal Reserve Act was signed into law a century ago, the United States of America has been subjugated by the tyranny of usury.

> What also indeed is, in substance, a loan, especially a foreign loan? A loan is - an issue of government bills of

> exchange containing a percentage obligation commensurate to the sum of the loan capital. If the loan bears a charge of 5 per cent, then in twenty years the State vainly pays away in interest a sum equal to the loan borrowed, in forty years it is paying a double sum, in sixty - treble, and **all the while the debt remains an unpaid debt**.

On the 100th anniversary of the establishment of the Usury Cartel that holds us all in obligation to a perpetually unpaid debt, it would be good to recall the words of the man whose portrait adorns the $100 bill:

[image]

"Think what you do when you run in debt; you give to another power over your liberty."

Imputed Income Trap

Keoni Galt · 31 December 2013 · Archived copy · Original

[image]

Four years and three months ago, regular Roissy in D.C. comment contributor going by the handle of Welmer, started *The Spearhead*. Many of us regular Roissy in D.C. commenter's and bloggers answered Welmer's initial call for contributors and helped him to establish *The Spearhead* as one of the central hubs of what was at that time, the early stages of the emergence of what we now know of today as the "manosphere" or "androsphere."

Since that time, Welmer decided to emerge from anonymity and start writing, editing and publishing all of *The Spearhead's* content under his real name, William Price. Many of us regular contributors and commenter's at *The Spearhead,* just call him Bill.

Since it's founding, Bill has written approximately 1340+ blog posts at *The Spearhead*, generating almost 4+ years of near daily content, and many of those posts dealt extensively about the many personal details and circumstances of his life that motivated and inspired him to start and maintain *The Spearhead*.

The man is tireless and dedicated, and he's certainly played a huge part in raising awareness and helping others avoid or deal with the corrupted family court system that has subverted Fatherhood and the Patriarchal structure of our declining civilization.

He's never gone more than a few days at a time without at least posting a quick update or comment as to why he may be taking short breaks from writing and publishing content. But now it's been 23 days and counting since he's posted or commented at *The Spearhead* or anywhere else for that matter.

He did give an update on December 5th, that may possibly explain what has happened to him:

> Hi folks, I've been forced to take something of an extended delay past the holiday due to circumstance. Unfortunately, problems from divorce do not just go away after it's over, and mine have once again caught up to me. In short, I'm in trouble with DCS (child support), and this time it's pretty serious. This is because I was unemployed and had my income imputed on divorce (this means that they force you to pay at a previous income whether you have it or not), which led to accumulation of arrears. If you haven't read it before, here's the background on the situation. I was working it down for a couple years, but things have dried up lately, and I have to deal with it immediately if I want to see my kids for the holidays and stay out of the King County hotel.
>
> Hopefully, I can come up with enough to do that and will be back to focusing on writing again soon. All in all, it's just another day in the life of millions of non-custodial fathers, so it isn't the end of the world. But it still sucks.

Looks like Bill got an indefinite check-in to the King County Hotel for arrears due to imputed income requirements and unemployment. I have no way of verifying this, but this long of a break of any activity at *The Spearhead* by Bill is highly unusual.

I can only deduce that unfortunately it appears the Title IV-D Family Destroyer Borg has gotten a hold of him and giving him some more of the truth, justice and the 'murican way that all men who are Fathers are entitled to, here in the land of the fee and home of the slaves.

But in the eyes of mainstream society, this is just due justice being meted out to a known criminal, guilty of the crime of being a DEADBEAT DAD.

> It's fairly taboo for guys to open up about how they end up in child support arrears, because so many of us still harbor old-fashioned ideas about our duty to provide for our family, whether it's possible or not. In fact, it's a huge source of shame for a lot of men, and there isn't much in the way of pity out there, so the stories aren't often told.
>
> Well, I figure I ought to break the ice in this regard, as I am currently in arrears, and let people – young men in particular – know how it can happen.

Young men contemplating marriage in today's Brave New World Order, pay attention.

> As is often the case, separation and divorce were a shock to me. I saw it coming out of the corner of my eye, and was resigned to it in a way, but like the typical man I was in deep denial and avoidance. **When my ex finally ran off to begin her affair with the then-married man she now lives with in British Columbia together with my children**, I was pretty much left prostrate. It turns out the event had been planned, and her mother was involved. Unfortunately, I had fostered a friendship between my boss and my ex-wife's family after obtaining a job for my ex's sister, and my ex mother in law used this relationship to my ex's advantage, essentially cutting me off from employment at exactly the point my ex left me. She would later tell my own mother that she felt justified in this tactic, because "it was war." Of course, for me it was more like Pearl Harbor, where you don't know it's war until the bombs are falling right on top of you, but people have all sorts of justifications for whatever they do.

Note the beginnings of this entire debacle of gross injustice at the hands of the law. His wife took his kids and left the country to start an affair with another married man. Remember folks...

No Fault Divorce = His-Fault Divorce.

This was the beginnings of the chain events that have now most likely ended up with Bill being incarcerated in the King County lock up.

The rest of Bill's sad recounting of the events of his Divorce are the increasingly common experiences we in the MAndrosphere are all familiar with... Father's whose wives decide to blow up their families for cash and prizes because they are unhaaaappppyy. False police reports of child abuse. Loss of visitation with his children during proceedings, and loss of his job during our current Great Depression 2.0 economy. Faced with the prospects of losing everything in the final adjudication of the Divorce, Bill eventually decided to accept a deal from his Ex-Wife's ~~parasitic feeder on familial destruction~~ attorney:

> I was shattered, broken, beaten down. An attorney friend suggested I go to trial pro se, since I couldn't get a worse deal either way, and he was probably right, but I simply couldn't handle it — I was spent. About this

> time my ex's attorney approached me with what looked like a reasonable parenting plan with decent time with the kids and a minimal amount of conditions. I would have to attend a ten-hour parenting class (so would my ex) and sixteen hours of anger management, and there would be no supervised visitation following the parenting class. There was only one catch — I would be imputed with income I didn't have and pay more child support than I could afford. Thinking of the alternative, which could mean six months of an expensive domestic violence program that would mark me as admitting guilt for something I never did and possibly compromise my parenting time permanently, I signed.

Presented such a choice, Bill did the only thing he could do to try and maintain some sort of normal contact with his children and make the best of his situation. He seemed to have lasted quite awhile in scraping enough money to meet his court ordered payment schedule, but eventually the imputed income requirements put him into arrears and making him classified now as a "Deadbeat Dad."

You know what....I actually have a picture of Bill committing the horrible crime for what he is most likely sitting in jail for at this very moment. Yep...a picture of him caught in the act, committing a most heinous crime against society:

[image]

Oh the horror.

Good thing we have a justice system that brings such deviant violators of the law to swift and merciful justice!

Deadbeats everywhere, look out!

You've been identified, and classified and you WILL be brought to justice.

By virtue of marrying and having children in today's Brave New World Order, you are now officially eligible to join the ranks of all the other peons called "deadbeat dads." All that needs happen is your wife to deem you no longer fit to share her domestic living space, and you too will become just another American peon.

What's a peon, you ask? Go to wiki and look up the term "peonage."

Modern day child support laws and the entire Family Court System, is nothing more than 21st century peonage.

Our current child support system in the USSA Inc., is a travesty of justice and a clear abrogation of the 13th amendment of the Constitutions abolition of involuntary servitude.

But remember, only Men are eligible to become Imputed Income Peons. As commenter Pugs Fugly noted:

> And yet….my ex-wife hasn't paid a dime in over a year, I'm talking 11K in arrears, and the state does nothing.
>
> They talk a great deal; the people I have to deal with have explained that revoking her license or issuing a warrant for her arrest are only considered as a "last resort" but they won't explain or even hint when we'll

> finally get to that point.

To which Bill responded in one of his last comments made at The Spearhead:

> That's typical according to attorneys I've spoken with. 20k in arrears, refuses to pay a dime, and not even a judge will do a thing about it. Took me only two months before the threats started rolling in, and that was at the very beginning!
>
> Well, 11 more years of this to go…

Bill, our prayers our with you. May you emerge from your State ordered trials and tribulations stronger than before.

UPDATE: Well, it appears Bill was just taking some time offline to deal with a hectic holiday schedule and family matters, and not in jail for child support arrears. That's certainly good news.

Glad to have him back in business over at the Spearhead.

Brave New World Order, Inc.

Keoni Galt · 4 January 2014 · Archived copy · Original

[image]

Ever heard of this study?

> Using data obtained (circa 2007) from the Orbis database (a global database containing financial information on public and private companies) the team, in what is being heralded as the first of its kind, analyzed data from over 43,000 corporations, looking at both upstream and downstream connections between them all and found that when graphed, the data represented a bowtie of sorts, with the knot, or core representing just 147 entities who control nearly 40 percent of all of monetary value of transnational corporations.

And who are these "entities?"

Look at the graph generated by the study.

[image]

Click to Enlarge

Nearly all of the controlling entities are the Banksters of Zero Liability Corporations (2Big2Fail!).

Most assuredly, these very same banks, are also the shareholders and owners of the stocks in every Central Banking Entity around the globe.

Consider again:

> "...analyzed data from over 43,000 corporations...
>
> ...just 147 entities who control nearly 40 percent of all of monetary value of transnational corporations."

This is the nuts and bolts of what constitutes BIG BUSINESS.

Want to take an even closer look at the interconnected framework of corporations who OWN our Brave New World Order?

In the article The Global 1%: Exposing the Transnational Ruling Class, published by an Occupy Movement entity that takes a closer look at the close connections between the Transnational Corporations in our Globalized, Corporatist-Fascist Leviathan that has it's tentacles in every corner of the world.

It's important to note before we dive into the content of this article, that just like the Tea Party, any entity seeking to expose the truth about the Owners of the Company Store, MUST be channeled into the false left-right dialectic, so as to maintain the divided and conquered detente of mass distraction amongst the 99%.

Thus, in the following article was written by Marxist ideologue academians, whose entire piece is presented in terms of distribution of wealth, common good, social justice, blah blah blah. But pay careful attention to what the article's most important point here - explicitly pointing out the interlocking architecture of the 1%...the people who are in control of these 147 entities and how they exert power over the entire global economy and political structures of the entire planet.

Primary example number one, of what this report calls "The Extractor Sector," of the 1%.

> **The Extractor Sector: The Case of Freeport-McMoRan (FCX)**
> Freeport-McMoRan (FCX) is the world's largest extractor of copper and gold. The company controls huge deposits in Papua, Indonesia, and also operates in North and South America, and in Africa. In 2010, the company sold 3.9 billion pounds of copper, 1.9 million ounces of gold, and 67 million pounds of molybdenum. In 2010, Freeport-McMoRan reported revenues of $18.9 billion and a net income of $4.2 billion.[xi]

FCX, a transnational corporation who operates precious mines all around the globe. Who runs this entity?

> The board of directors of Freeport-McMoRan represents a portion of the global 1 percent who not only control the largest gold and copper mining company in the world, **but who are also interconnected by board membership with over two dozen major multinational corporations, banks, foundations, military, and policy groups.** This twelve-member board is a tight network of individuals who are interlocked with—and influence the policies of—other major companies controlling approximately $200 billion in annual revenues.

More specifically:

> **Freeport-McMoRan's Board of Directors**
> James R. Moffett—Corporate and policy affiliations: co-chairman, president, and CEO of McMoRan Exploration Co.; PT Freeport Indonesia; Madison Minerals Inc.; Horatio Alger Association of Distinguished Americans**;** Agrico, Inc.; Petro-Lewis Funds, Inc.; Bright Real Estate Services, LLC; PLC–ALPC, Inc.; FM Services Co.
>
> Richard C. Adkerson—Corporate and policy affiliations: Arthur Anderson Company; chairman of International Council on Mining and Metals; executive board of the International Copper Association, Business Council, Business Roundtable, Advisory Board of the Kissinger Institute, Madison Minerals Inc.
>
> Robert Allison Jr.—Corporate affiliations: Anadarko Petroleum (2010 revenue: $11 billion); Amoco Projection Company.
>
> Robert A. Day—Corporate affiliations: CEO of W. M. Keck Foundation (2010 assets: more than $1 billion); attorney in Costa Mesa, California.
>
> Gerald J. Ford—Corporate affiliations: Hilltop Holdings Inc, First Acceptance Corporation, Pacific Capital Bancorp (Annual Sales $13 billion), Golden State Bancorp, FSB (federal savings bank that merged with

> Citigroup in 2002) Rio Hondo Land & Cattle Company (annual sales $1.6 million), Diamond Ford, Dallas (sales: $200 million), Scientific Games Corp., SWS Group (annual sales: $422 million); American Residential Cmnts LLC.
>
> H. Devon Graham Jr.—Corporate affiliations: R. E. Smith Interests (an asset management company; income: $670,000).
>
> Charles C. Krulak—Corporate and governmental affiliations: president of Birmingham-South College; commandant of the Marine Corp, 1995–1999; MBNA Corp.; Union Pacific Corporation (annual sales: $17 billion); Phelps Dodge (acquired by FCX in 2007).
> Bobby Lee Lackey—Corporate affiliations: CEO of McManusWyatt-Hidalgo Produce Marketing Co.
>
> Jon C. Madonna—Corporate affiliations: CEO of KPMG, (professional services auditors; annual sales: $22.7 billion); AT&T (2011 revenue: $122 billion); Tidewater Inc. (2011 revenue: $1.4 billion).
>
> Dustan E. McCoy—Corporate affiliations: CEO of Brunswick Corp. (revenue: $4.6 billion); Louisiana-Pacific Corp. (2011 revenue: $1.7 billion).
>
> B. M. Rankin Jr.—Corporate affiliations: board vice chairman of FCX; cofounder of McMoRan Oil and Gas in 1969.
>
> Stephen Siegele—Corporate affiliations: founder/CEO of Advanced Delivery and Chemical Systems Inc.; Advanced Technology Solutions; Flourine on Call Ltd.

Note that every last one of FCX's board of directors are also members, affiliates and executive officers of a number of other boards of Transnational Corporations. Other extractor corporations (Oil, Gas, Precious Metals)., financial sector, and military-industrial sectors.

Of course, as I stated earlier, it's the Banksters who own everything, and it is what the Occupy article identifies as the Investment Class of the 1% who own all the controlling shares of the Extractor Class of the Transnational Corporations.

The biggest of these is BlackRock, Inc.

> BlackRock, based in Manhattan, is the largest assets management firm in the world, with over 10,000 employees and investment teams in twenty-seven countries. Their client base includes corporate, public, union, and industry pension plans; governments; insurance companies; third-party mutual funds; endowments; foundations; charities; corporations; official institutions; sovereign wealth funds; banks; financial professionals; and individuals worldwide. BlackRock acquired Barclay Global Investors in December of 2009. As of March 2012, BlackRock manages assets worth $3.68 trillion in equity, fixed income, cash management, alternative investment, real estate, and advisory strategies.[xxiii]
>
> In addition to Freeport-McMoRan, BlackRock has major holdings in Chevron (49 million shares, 2.5 percent), Goldman Sachs Group (13 million shares, 2.7 percent), Exxon Mobil (121 million shares, 2.5 percent), Bank of America (251 million shares, 2.4 percent), Monsanto Company (12 million shares, 2.4 percent), Microsoft Corp. (185 million shares, 2.2 percent), and many more.[xxiv]

> BlackRock manages investments of both public and private funds, including California Public Employee's Retirement System, California State Teacher's Retirement System, Freddie Mac, Boy Scouts of America, Boeing, Sears, Verizon, Raytheon, PG&E, NY City Retirement Systems, LA County Employees Retirement Association, GE, Cisco, and numerous others.

This is how 147 entities exercise control over 43,000+ corporations. They all own shares in each others companies, and they all appoint the same pool of elite executive officers to their board of directors. As the Occupy article points out when it cites the same study I referenced at the very beginning of this post:

> Notably, for our purposes, BlackRock board members have direct connections to at least seven of the top twenty-five corporations that Vitali et al. identify as an international "super entity." BlackRock's board has direct links to seven of the twenty-five most interconnected corporations in the world. BlackRock's eighteen board members control and influence tens of trillions of dollars of wealth in the world and represent a core of the super-connected financial sector corporations.

This is the architecture of the fascist system of power and control that spans the entire globe.

> As seen in our extractor sector and investment sector samples, corporate elites are interconnected through direct board connections with some seventy major multinational corporations, policy groups, media organizations, and other academic or nonprofit institutions. The investment sector sample shows much more powerful financial links than the extractor sample; nonetheless, both represent vast networks of resources concentrated within each company's board of directors.

> The short sample of directors and resources from eight other of the superconnected companies replicates this pattern of multiple board corporate connections, policy groups, media and government, controlling vast global resources. These interlock relationships recur across the top interconnected companies among the transnational corporate class, resulting in a highly concentrated and powerful network of individuals who share a common interest in preserving their elite domination.

One World Governance is already here. The illusion of democracy and nation-state sovereignty is maintained by regularly scheduled programming via mass media broadcasting and institutionalized brainwashing to keep the 99% from realizing and comprehending the true nature of the beast.

Indeed, the only answer controlled opposition and shills for corporate mass media ever offer we the sheeple, is the idea of "more regulatory controls" over Big Business.

In other words, the only solution we are ever offered is for us to support throwing Brer Rabbit into the Briar Patch. Note the interlocking board of directors, executive officers, and political appointees of the Transnational Corporations and the US Government:

[image]

Click to Enlarge

The Governments of all the world's nation-states, the global mass media conglomerate, the Transnational

Investment and Extractor Corporations, Non-Profit Foundations, the entire UN structure including NGO's, the World Bank and IMF, as well as the members of Global political groups like the ...all of these entities and organizations are interconnected and interlocked in a similar manner as the two examples of FXC and BlackRock are highlighted in the Occupy report.

There is no conspiracy theory. There is only an interconnected and interlocked conglomeration of entities conspiring for the maintenance of total global control. Control to maximize shareholder profits by managing the exploitation the world's vast natural and human resources.

So, considering you've made it this far...you may be asking yourself, what's the point of all this then? Simple. I want more people to wake up to the reality of our 21st century. To stop wasting so much time and energy on all the propaganda and mass media distractions. To stop investing in the charade of Democracy and "grass roots" politics. Grass roots movements based on authentic people trying to effect real changes do exist. But the moment they start to gain any real traction, they will be subverted, co-opted, infiltrated, and/or marginalized by mass media propaganda controlling the narrative.

It's ALL a game of divide & conquer and diffuse & distract with bread and circuses.

Stop trying to "FIX" the system. It isn't broken. It's doing precisely what it was designed to do.

I've said it before, and I'll say it again...for this has become the Raison d'être for why I have blogged for the past 7 years here:

> **"We have only one thing we can do, and that is to gain awareness and embrace the truth. Recognition of true reality and how to do the best you can to avoid the worst experiences of our feedlot system."**

Find ways, both big and small, to starve the beast. Refuse and resist as much as humanly and humanely possible. Be vigilant in observing and protecting you and yours, and avoid the worst aspects of this system of interconnected and interlocking transnational corporations that rule our fallen world.

The Outsourcing of Motherhood for Havingitall

Keoni Galt · 6 January 2014 · Archived copy · Original



There's no care like daycare!

> The feminist movement built the American daycare industry, which, in every state in the nation, is FULL OF MINIMUM WAGE FEMALE WORKERS, who perform the job of MOTHER to America's children for MINIMUM WAGE. - *Nancy Levant*

This post has been sitting in my draft folder for awhile...I had almost forgot I had even started it. But Dalrock's post about what makes feminists ugly reminded me about the topic. Sunshinemary's latest post also reminded me of it, as she referred to a term I often use (tell-a-vision), that I picked up from an author who's book and columns I read when I first "took the red pill" back in '06. After first discovering her via Outcast Superstar's review of the book, I ordered the book and read it in a single sitting as soon as it arrived.

Nancy Levant spent 13+ years as a Daycare provider, and by observing the thoughts and behaviors of the women dropping off their progeny for her to ~~raise for minimum wage~~ babysit their kids while they were in pursuit of havingitall, she gained a unique perspective on the state of American Womanhood and the family. She turned years of such observations into a book, The Cultural Devastation of American Women. That book is chock full of thought-provoking content, but for this post, I focus on excerpts from the first chapter, *Today's Moms*:

> As a childcare provider, and in observation of and conversation with nearly 1,000 women, men and children, five days a week, for many y ears, I can report the following givens for most moms of all ages:
>
> 1) They are too tired
> 2) They are not cooking
> 3) They are self absorbed

Why are they too tired? They are too busy trying to "have it all." By focusing on careers and/or consumerist driven status whoring, they are too tired to actually nurture and care for their families.

For example, when she states "They are not cooking" she speaks from personal observation:

> And speaking of food, meals are fast leaving the consciousness of the American female. This is of particular concern to me because for every group of children I've cared for in the past 13 years, half (yes 1/2) of those children are too hungry and underfed or overfed with drive-thru food. I've seen hundreds of children who have never eaten vegetables and hundres more who eat pizza, Taco Bell, McDonalds, and mac and cheese each and every night for dinner.

> I have had one and two-years-olds arrive at seven o'clock in the morning holding zip-lock baggies full of chips, Cheetos, M&M's, sugar pencils, Skittles, potato sticks, cream pies, brownies and Reese's Pieces. I've had at least 200 children come in the morning with fries from the previous night's dinners and sweet rolls and mini donuts from gas station mini marts. I've had two and three-year-olds arrive with Coke, Mountain Dew, and root beer in baby bottles and sippy cups. I've had hundreds of children arrive with fast food breakfasts.

Obesity epidemic? ADD, ADHD and ODD? Couldn't possibly have to do with the fast food-ification mentality programming we the sheeple are inundated with via mass media broadcasting?

> I began asking children who were old enough to respond, "What did you have for dinner last night?" And the answers, 90% of the times were, "Pizza, Taco Bell, McDonalds or macaroni and cheese."

Of course, career women havingitall are just too busy or tired to actually cook real food, so they buy pre-made, processed, fast and convenient, microwavable or drive-thru FEED for their families. This is now what we can call the Standard American Diet.

> So many women don't realize what they are missing. They don't know about the womanly arts, how it feels to give good, nutritious food to children, as many women now rebel against the notion of mom as family cook.... ...but cooking also takes time and unselfishness, which leads me to another subject - beauty and self-absorption.

Indeed, this is precisely the reasoning behind Dalrock's observation about what makes feminists ugly. At it's core, feminism is the gyno-centric philosophy of selfishism. Cooking and cleaning for other people? That's slavery...even if they are your own family!

> To many, many women beauty has become a very expensive, weekly, and time consuming task.

Nancy then compiles a list of common services many Mother's are regularly paying small fortunes on a yearly basis for the sake of appearances. Hair, nails, tans, make-up, botox, liposuction, implants and lifts, teeth bleaching, veneers, personal trainers and gym memberships...

> On and on - hours spent, family money spent - literally fortunes each and every year....
>
> ...How, you may ask, does that equate to my daycare business? Actually, in many, many ways – first and

> foremost, the message to female children is, frankly repulsive. Secondly, the message to our male children about females is significantly repulsive and, thirdly the fact that average, middle class women have bought into Hollywood-style looks and grooming is shallow, dangerous, financially irresponsible, and makes American women look like shallow twits to the rest of the hungry world...

> ...So, after I've had a child for 10 to12 hours, a mother calls and asks if she may stop on the way home from work to get her nails done, or her make-up re-applied, or a comb-out, or a tan, or to stop by the gym for an hour. Now there's a message for the tired and hungry child who has been away from home for 10 hours! But mom will eventually come with drive-thru bags in tow. Women have placed their looks and appearances above the time they spend with their children and far above their children's health...

Perhaps, deep down, the modern American Woman havingitall realizes her self absorption and unwillingness to serve her family to nurture and care for them makes her an ugly person. So she focuses on her outward appearance so she can look in the mirror and convince herself she's not really ugly afterall.

But no matter how she looks, the ugliness and unhappiness of her status-driven, consumerist existence infects not just her, but her entire family.

> When I was a child, every night the entire family used to sit around the kitchen table and eat dinner together. Imagine that.

Thanks to the pursuit of havingitall, dinner is now eaten on the run, in the back seat of the car, or from paper bags or plastic wrapped, microwaved FEED, in front of the tell-a-vision. But outsourcing the feeding and nurturing of children to the industrialized, corporate feed system is not the worst the modern American Woman is doing to her family.

> Children talk about their mothers to a far greater extent than their fathers, and children seem to learn communication skills from their mothers. They definitely learn the rules of behavior and eating habits from their mothers. Sadly, they also learn the beginnings of neuroses from their mothers' nueroses. Tiredness, hunger, intensity, sadness, irrationality, anger, sarcasms and bossiness, sullenness, mood swings, compulsions and obsessions - they so oten come directly from maternal lines. And one more thing - an inherent disrespect by children for fathers also seems to come directly from moms. With that said, I offer more quotes from my daycare children.
>
> > “My dad is stupid.”
> > “My dad doesn’t like to be with us.”
> > “My dad doesn’t like it at home.”
> > “My dad is a control freak.”
> > "I'm not allowed to talk to Dad when he's working."
> > "I'm not allowed to talk to Dad when he's watching TV."
> > "Dad never does anything."
> > "I don't know my dad's first name."
> > "Dad never talks to Mom."
> > "Dad likes his car better than us."
> > "Dad never takes us anywhere."

> "Dad doesn't like to sit with Mom."
> "Dad likes his computer more than Mom."

> On and on... Do you think three, four and five-year-olds come up with this on their own, or do you think they heard this from someone?

All this time I swore I'd never be like my old man...

> So, I put my children's pieces together, and a picture of family life evolves. I see a man who is purposefully disengaged from his family. I see a woman who is tired, neurotic, and bored.

Where does this familial-killing ennui come from? I say it's just our Brave New World Order's regularly scheduled programming.

> ...magazines and television showcase women in their new roles - beautiful, free, affluent, entitled and under fed. But the most beautiful, free, affluent and entitled are "stars." And stars live like royalty with their make-up and hair stylists, clothing designers, architects and interior decorators, big cars, professional landscapers, and servants. And America's women find the examples they desire to mimic called perfection through wealth. And the more perfection needed, the less time for anything or any one else.

Yes, in order to realize the havingitall dream life women are told they need to have to achieve happiness, they must become breadwinners and career success stories so they can indulge every materialistic whim and urge through consumerism and materialistic acquisition. If all that time spent on consuming and perfecting their appearances doesn't allow for time to cook, feed, and clean up their offspring and spouses...well, there's all of the convenience of ready made products and services provided by the transnational corporate conglomerates, to take care of all that.

Goodbye Blue Sky

Keoni Galt · 7 January 2014 · Archived copy · Original

[image]

Did you see the frightened ones?
Did you hear the falling bombs?
Did you ever wonder why we had to run for shelter,
When the promise of a brave new world
Unfurled beneath a clear blue sky?
Did you see the frightened ones?
Did you hear the falling bombs?
The flames are all long gone,
But the pain lingers on...

- R. Waters

When I started composing yesterday's post, I dug out Nancy Levant's book from out of storage to transcribe the excerpts I used. It's been over 6 years since I last read The Cultural Devastation of American Women: The Strange and Frightening Decline of the American Female (and Her Dreadful Timing), but after finishing up that post, I found myself continuing to read past the first chapter.

My first read of this book was an eye opening experience, to say the least. Much of what Levant discussed regarding modern American women's pursuit of status and validation in careerism and consumerism were things I had not really thought about previously. Obviously, on the re-read, I'm well versed in it all after spending the past 6 years of near daily reading and writing in the MAndrosphere on all the related topics she covers. In my opinion, this book stands as one of the best indictments of the state of Women and the state of marriage and our culture written in the last decade.

I've just finished reading Chapter 17, *The Divorced Child*, and it compelled me to put the book down and blog on this particular topic. In it, she writes about her experiences with providing daycare for children of divorce, and she comes to the realization that a divorcing family with children is really nothing more than a war. A World War.

> Divorce is nothing more or less than war in microcosm. But the war is the country, religion, economic base, and social universe of the child. The war causes the destruction of everything the child knows in his or her culture. It is the child's world war, for the world of the child, and everything in it, dies. And the victim of the war is the divorced child.
>
> By virtue of the battlefield, the child will pick a side to stay alive and sane. One parent or the other becomes suspect and eventually, the bad guy. Someone will transform from loving mother or father into the guilty destroyer. Who that person is depends on the wrathful strength of one or the other parent. Who will win the communication battle to convince the child of the other's terrorism? Ultimately, the child will choose which parent to divorce, and in effect, will halve himself, his psyche and soul.

> All people, including children, want to be on the winning side. So they divorce one parent and become akin to the other. They pull back from one and become vulnerable to the other's impending lifestyle to come. The child actually becomes a conquered nation. And as the conquered entity in a war, the child grows with resentments, fears, angers and an inability to trust. The child becomes internally sad as all conquered peoples are in the losing of their histories and cultures, and the affects of loss and culture last for generations.

Divorce is war. Total war. A war on children, a war on family, a war on culture and a war on nations. So I guess it's fitting that the Neo-Con/So-Con icon and venerated cold warrior, Ronald Reagan, dropped the H-bomb of ~~his-fault~~ no-fault divorce on the nation in 1969. Children everywhere have since been relegated to refugee and survivor status of a war-torn, conquered and subjugated nation.

As Reagan's son noted: *"Divorce is where two adults take everything that matters to a child---the child's home, family, security, and sense of being loved and protected--and they smash it all up, leave it in ruins on the floor, then walk out and leave the child to clean up the mess."*

Except, as the author of the page previously linked to points out - "*The only problem with his definition is that it is usually ONE ADULT that does it.* "

No-Fault divorce is by and large a war started by escalating relations, perhaps hostile negotiations, and minor skirmishes. Eventually one side or the other employs the Pearl Harbor equivalent of a sneak attack and then it's "bombs away," wreaking havoc and laying waste to all the lives of the children caught in the crossfire.

And in today's Brave New World Order, it's typically the Mother who launches the sneak attack and leaves the battlefield of her children and husbands lives a smoking ruin. And the main impetus for launching such a devastating ambush to commence ~~marital~~ martial hostilities?

As Levant notes in the beginning of *Chapter 17 - The Divorced Child*:

> In fact, the number one reason for divorce in America today is "incompatibility."
>
> Incompatibility is a very long word. Let's shorten it to it's actual meaning in divorce court - boredom. More marriages in the United States end in boredom than for any other reason. It is the number one cause of divorce according to statistics, citing that 60% of all divorces in America end due to "incompatibility."

Since Levant wrote that back in 2006, we've come up with new and more accurate description of what she describes as ":incompatibility."

"I love you but I'm not IN LOVE with you."

"I'm not hhhhhhHHHAAAAAAAPPPPPPYYYYyyyyyyy!"

Thanks to the brief appearance of the now defunct and deleted wordpress blog, Frivolous Divorce, we in the MAndrosphere (either Dalrock himself, or one of the comment thread regulars,) have coined a new phrase for the Incompatibility-cited "no-fault" divorce: Frivorce.

Interesting to note the original blog of an anonymous woman who regretted frivorcing her husband and blowing up her family, described it as a murder.

> You are about to commit something like a murder. Not a murder, but something like a murder. It will include death (the death of your family), grieving victims (your spouse and children, and eventually you), shame (hopefully you will be very ashamed one day), humiliation (your children will be embarrassed by your behavior and your spouse will be humiliated by the rejection), financial devastation (for everyone), and the intrusion of the State into the personal details of your life.

I think Levant's war metaphor fits better...but then again, what is warfare but murder organized and inflicted on a mass scale? Divorce war is a scorched earth affair, and the only really winning side, is the financiers who supply the weapons and artillery to the participants and stand back and count their profits while the only world the children have ever known, gets annihilated on the battlefield.

It also gives us a more apropos term for someone like the former Mrs. Leif Erikson: WARMONGER. And the worst victims of war, ANY war, is always THE CHILDREN.

Levant, herself a divorced single mother, recognizes the devastation this covert war on American families, wreaks on it's victims (and her own children):

> Divorced children are fundamentally sad people. They remind me of every Native American I've ever met. There is a deep sadness in their eyes and souls that is visible and profound, that on e cannot help but to soulfully cringe knowing what has happened - knowing the genration layers of themselves that have been stripped and stolen away.
>
> But parents don't consider this in their boredoms. They don't care enough about their children and what it means to destroy, in total, their entire world. I live with this every day as my children bear the trademark sadness in their eyes. Now I know it's permanent.

I know of that which she speaks. Seeing that same look in my young cousin's eyes when their mother frivorced my Uncle and blew up their world, is what first drove me to look for answers on teh Interwebz about the family court system and Divorce war being waged on the children of this nation.

My cousins are all young adults now. I still see them at family get-togethers, and the permanent and painful scars of the personal world war they endured, are still readily visible in their haunted eyes and mournful demeanors. Fundamentally, they are not happy people. I still mourn them and their possible futures that got blown up by their mother. I vividly remember the joyful, giddy and playful children who were perpetually laughing and smiling and always looking to play rough house with their older cousin, when they lived at peace in an intact family. War is hell is not just some meaningless cliche.

Levant closes the chapter with a stark choice for all the potential warmonger parents out there, perhaps considering their own possible ambush and commencement of hostilities....

> And think about this: we now divorce far more easily and readily due to boredom than unfaithfulness or even

> battery. Upwards of 50% of American children, today, have had their worlds torn in half because one or both of their parents were incompatible, bored, and ready for something or someone new. Think about it - choosing pain inflicted upon your children over boredom. I suggest you need a better reason than this.

When it comes to the type of Wife and Mother who would wage such destructive war and devastate their children's lives for fun and profit, I guess it's safe to say, reason's got nothing to do with it.

Cubicle Farming the Desk Jockeys

Keoni Galt · 14 January 2014 · Archived copy · Original

[image]

I spent well over 16 years of my life at a desk in various cubicle farms in the white collar corporate world of business in Hawaii. Much of the archives of this blog were written during my down time at my various jobs I've performed in a cubicle. Hours upon hours spent at a desk, hacking away at my keyboard under the artificial light of the PC screen, to earn enough money to service my debts I had taken on to achieve the American Dream of buying shit I didn't need, with money I didn't have.

When you follow the script laid out by our mass media programming and institutionalized indoctrination by the public schooling system, you easily sleepwalk right into the debt trap and the endless pursuit of faux-meaning in consumerist materialism. Waking up from the nightmare is a painful process, but is worth it when you eventually get to a better place and a more meaningful existence. Learning to love and appreciate that which truly matters is one of the most painful lessons I've learned in my time on this planet.

But during this painful awakening to the truth, one of the first realizations I came to, was that this entire charade we call "civilization" was deliberately designed to entrap and enslave as many people as possible in the rat race of debt-driven consumerism. It's good to see I'm not the only who is aware of this, that more and more people continue to wake up to this society-wide scam.

I just came across an article published 3 years ago, that has recently gone viral on the social media circuit of teh Interwebz, and it shed some light on a new angle I had never considered before while ruminating on the machinations behind the deliberate design of this infernal system.

From Your Lifestyle Has Already Been Designed:

> Here in the West, a lifestyle of unnecessary spending has been deliberately cultivated and nurtured in the public by big business. Companies in all kinds of industries have a huge stake in the public's penchant to be careless with their money. They will seek to encourage the public's habit of casual or non-essential spending whenever they can.
>
> In the documentary *The Corporation*, a marketing psychologist discussed one of the methods she used to increase sales. Her staff carried out a study on what effect the nagging of children had on their parents' likelihood of buying a toy for them. They found out that 20% to 40% of the purchases of their toys *would not have occurred* if the child didn't nag its parents. One in four visits to theme parks would not have taken place. They used these studies to market their products directly to children, encouraging them to nag their parents to buy.
>
> This marketing campaign alone represents many millions of dollars that were spent because of demand that was completely manufactured.

> > "You can manipulate consumers into wanting, and therefore buying, your products. It's a game." ~ Lucy

> Hughes, co-creator of “The Nag Factor”

> This is only one small example of something that has been going on for a very long time. Big companies didn’t make their millions by earnestly promoting the virtues of their products, they made it by creating a culture of hundreds of millions of people that buy way more than they need and try to chase away dissatisfaction with money.
>
> We buy stuff to cheer ourselves up, to keep up with the Joneses, to fulfill our childhood vision of what our adulthood would be like, to broadcast our status to the world, and for a lot of other psychological reasons that have very little to do with how useful the product really is. How much stuff is in your basement or garage that you haven’t used in the past year?

Despite coming to these same realizations, and deliberately down-sizing and economizing my behavior as a consumer, I still have plenty of "stuff" from my days of toiling at desks in the cubicle farms of Encorporea to finance the mindless consumerism lifestyle, cluttering up and collecting dust in my domicile's storage spaces.

When looking at these accumulations, I often marvel at my former oblivion to my meaningless spending patterns.Why did I buy so much useless devices, contraptions, trinkets, baubles and other dust-farming detritus? The article at *Raptitude* gave me a new perspective on what may have been one of the subconscious motivations behind my mindless behavior:

> The ultimate tool for corporations to sustain a culture of this sort is to develop the 40-hour workweek as the normal lifestyle. Under these working conditions people have to build a life in the evenings and on weekends. This arrangement makes us naturally more inclined to spend heavily on entertainment and conveniences because our free time is so scarce.

**lightbulb* Here's the angle I never considered before!*

Of course, this only really occurred to him, because he had actually taken an extended, 9 month sabbatical from his vocation and traveled abroad. Returning from such a long break in the corporate cubicle farm lifestyle gave him a fresh perspective on just what the hell we are all actually doing, slaving away as desk jockeys in the bowels of Encorporea.

> I’ve only been back at work for a few days, but already I’m noticing that the more wholesome activities are quickly dropping out of my life: walking, exercising, reading, meditating, and extra writing. The one conspicuous similarity between these activities is that they cost little or no money, but they take time.
>
> Suddenly I have a lot more money and a lot less time, which means I have a lot more in common with the typical working North American than I did a few months ago. While I was abroad I wouldn’t have thought twice about spending the day wandering through a national park or reading my book on the beach for a few hours. Now that kind of stuff feels like it’s out of the question. Doing either one would take most of one of my precious weekend days!

> The last thing I want to do when I get home from work is exercise. It's also the last thing I want to do after dinner or before bed or as soon as I wake, and that's really all the time I have on a weekday.

> This seems like a problem with a simple answer: work less so I'd have more free time. I've already proven to myself that I can live a fulfilling lifestyle with less than I make right now. Unfortunately, this is close to impossible in my industry, and most others. You work 40-plus hours or you work zero. My clients and contractors are all firmly entrenched in the standard-workday culture, so it isn't practical to ask them not to ask anything of me after 1pm, even if I could convince my employer not to.

Heh. I only came to this realization after my last cubicle farm I toiled at in Downtown Honolulu, went out of business in our Brave New Economy, and I started working various blue collar trade work to make ends meet. I've been working off and on part time between 3 different jobs for the better part of two years now. I can work for 3 weeks straight, 6-7 days a week, and then have 2 weeks off before getting a call to work again. While I'm working some physically demanding jobs and earning a little less than I used to make as a desk jockey, I have something I never had before - long, consecutive stretches of time off to do other things I find more fulfilling and meaningful. And yes, I no longer engage in frivolous and meaningless consumption of material goods. I work hard for my money, I'm far more conscious of how I spend it when I do have to venture into the city to go to the various ~~corporate cartel distribution outlets~~ shopping centers to acquire the basics of sustenance.

Now that I've been free of the rigid, inflexible routine of the 40+ hour workweek, I've got far more time to simply THINK.

And reflecting and ruminating is precisely what THEY don't want us doing...as we might actually decide to stop following their mindless scrip and live for ourselves rather than their profits.

> The eight-hour workday developed during the industrial revolution in Britain in the 19th century, as a respite for factory workers who were being exploited with 14- or 16-hour workdays. As technologies and methods advanced, workers in all industries became able to produce much more value in a shorter amount of time. You'd think this would lead to shorter workdays. But the 8-hour workday is too profitable for big business, not because of the amount of work people get done in eight hours (the average office worker gets less than three hours of actual work done in 8 hours) but because it makes for such a purchase-happy public. Keeping free time scarce means people pay a lot more for convenience, gratification, and any other relief they can buy. It keeps them watching television, and its commercials. It keeps them unambitious outside of work.
>
> We've been led into a culture that has been engineered to leave us tired, hungry for indulgence, willing to pay a lot for convenience and entertainment, and most importantly, vaguely dissatisfied with our lives so that we continue wanting things we don't have. We buy so much because it always seems like something is still missing.

Remember that old maxim, "Time is money?"

Fuck that noise. Time well spent on meaningful things is worth far more than the purchasing power of fiat currency reserve notes for materialistic excess. I've gotten far more satisfaction and memorable experiences spending hours playing musical instruments and developing my musical abilities or time spent in the dojo as a practitioner of the martial arts, or hours hunting game in the mountains, than I ever got from buying the latest electronic gadget, playing the latest video game or watching the latest new release DVD.

I've gotten far more meaning out of hiking out in the woods or swimming at the beach with family and friends, than going *shopping*.

Of course, we cannot escape the fact that we need money to subsist. It does take some money to be able to buy a guitar or put gas in the car to get to the beach. But the difference between purposeful consumption versus materialistic consumerism is a matter of degrees and attitude.

> Western economies, particularly that of the United States, have been built in a very calculated manner on gratification, addiction, and unnecessary spending. We spend to cheer ourselves up, to reward ourselves, to celebrate, to fix problems, to elevate our status, and to alleviate boredom.

I used to want a hundred various, high end, brand name, guitars. I used to desire a hundred different guns and knives. Every time I'd get a new one, I'd enjoy one of these items for a little while, before feeling that vague sense of I need another, better model.

Upon gaining awareness of the lie that the pursuit of materialism is the road to happiness, I have now come to a place of contentment with what I already do have. Sure, I'd still like to have a Gibson Les Paul or a Taylor Koa wood acoustic...but I'm more than satisfied with my Fender Stratocaster and Takamine acoustic (both I had bought on credit in my younger, more foolish days). But more importantly, I no longer even consider the urge to go down to the music store in Honolulu and put myself into debt to buy a higher end guitar that I *want* for the 'status' of owning a high-end axe versus the perfectly fine and serviceable guitars I already possess. If I ever come to a point in life where I have enough disposable income to purchase a higher-end guitar outright, I just might. But long gone are the days of impulsive spending on things I don't *need* with money I have not yet earned.

> Can you imagine what would happen if all of America stopped buying so much unnecessary fluff that doesn't add a lot of lasting value to our lives?
> The economy would collapse and never recover.

We are already on that particular road. As the unemployment rate continues to rise, inflation continues to erode our money's purchasing power, and credit availability continues to escalate, more and more people are being forced to cut back on their pursuit of the illusion of happiness through consumption by force, not by choice.

> All of America's well-publicized problems, including obesity, depression, pollution and corruption are what it costs to create and sustain a trillion-dollar economy. For the economy to be "healthy", America has to remain unhealthy. Healthy, happy people don't feel like they need much they don't already have, and that means they don't buy a lot of junk, don't need to be entertained as much, and they don't end up watching a lot of commercials.
>
> The culture of the eight-hour workday is big business' most powerful tool for keeping people in this same dissatisfied state where the answer to every problem is to buy something.

Yes, this entire state of affairs was deliberately designed that way.

This is what the "Red Pill" really means to me. It's not just deprogramming from the dysfunctional mating script, or learning to avoid the feed and pharmaceutical poisons, or the debt-driven, consumerist lifestyle, but taking it all in it's sum totality. It's recognizing all facets of the Borg that is actively seeking to assimilate us all.

Or, in other terms, as pointed out by Thomas the Rhymer in this recent *Return of Kings* article, it's recognizing that we've all been born into a devious, mind-controlling cult:

> There is a cult that has spread through the world. Every day, millions of people base their decisions on what this cult proclaims to be agreeable or not. This cult has reserved for itself the right to dictate to its followers what foods they must eat, what drinks they must drink, what is appropriate to read and listen to, and encourages its followers to sacrifice their well-being in the service of this cult. Like all cults, people are gently sucked in, not even realising that they are joining a cult. This is the cult of consumerism, and instead of prophets it has advertisements.

The only true path to happiness in today's Brave New World Order is to escape the cult and find the things in this life that hold true value and meaning: family, true friendships, the bonds of kinship and shared experiences.

But like trying to escape any cult, you're bound to have fellow cult members try and keep you from leaving.

Pay them no mind....

> We are in the midst of one of the most widespread cult movements in history, demanding your money at every turn and trying to manipulate the way you think by bombarding you with messages from every possible direction. It’s up to you to decide whether you wish to remain in this cult, and enjoy the false gifts and false pleasures that the cult will provide for you.
>
> Or, at the cost of a sort of ostracism from your friends and colleagues, you can abandon the fool’s paradise and wake up to live in the real world, a world run on whatever terms you can make for yourself, rather than what the advertisers have chosen for you.

What precisely is this life that the advertisers have chosen for we the sheeple? Let's start off with the script of going into debt to achieve credentialed certification from the ~~Brave New World Order's indoctrination cartel~~ higher education University system so you can obtain a position as a desk jockey in the cubicle farms of Encorporea.

Find a the means to escape the 40 hour work week, or the 8 hour workday as much as possible. One or two weeks of vacation a year is just not enough time to build anything meaningful outside of the artificial and arbitrary work week THEY have deliberately designed for us.

Differentiate between your wants and your needs, and consciously try to ward off the influence of the prophets of the consumerist cult as much as possible. Your time is the most precious thing you have in this brief moment of time we call life.

Game the System

Keoni Galt · 17 January 2014 · Archived copy · Original



Over the past several years, I've watched with growing fascination at the emergence of the MAndrosphere's "red pill" paradigm being discussed, debated, denounced or defended amongst self-professed Christian bloggers and commentariat alike. I myself have literally wasted hours of my life arguing on teh Interwebz about the topic. Many of my first posts on the topic of Game, were inspired by debates with Christians on the appropriateness and validity of Game for Christian-believers.

Funny thing, I was raised a Christian from birth until my rebellious teenage years where I fell into an agnostic, hedonistic lifestyle and world view. I was born into a rather common denomination found throughout the Western world of Christian-themed religion: The Order of the White Knights of Chivalrous Churchianity, Holy Defenders of the Female Imperative.

The physical and spiritual emasculation I endured as a young male growing up in that devious, subversive indoctrination always just *felt* wrong, which is why as soon as I was old enough to resist my parents, I stopped going to church, and dwindled into unbelief for over two decades.

Ironically, it was the years spent reading and participating in this "MAndrosphere" (a clearing house for ideas) that brought me back around to the reconsideration of the validity and truths of the Bible - a book I've recently read last year, for the first time as an adult. All that I've learned via the University of the Autodidact gave me a much different perspective and understanding of the precepts and moral imperatives in what is written in the good book.

Which is why I find it even more fascinating to see so many other Christians who stumble across these fringes of teh Interwebz and immediately denounce "game" and all of it's associated topics as wrong, evil, sinful, etc. Having endured a childhood of Churchian brainwashing regarding the Holiness of the Spiritually In-tune Vagina and the defiled, sinful state of testosterone, I understand the immediate distaste so many Christians have when they first find these radical, unconventional discussions going on in the MAndrosphere.

I had no such problems myself when I first discovered the PUA on teh Interwebz, because I was an agnostic hedonist that had already lived a life of fornication and debauchery, as a teenager until getting married in my mid-20's. In retrospect, I did get some good out of my earlier Churchian programming, as I had multiple opportunities to engage in adultery since getting married...but deep down, that particular sin was something I had

been raised to believe is almost as serious as the sin of murder, so I never crossed that line. Even when I was at a point in life where my agnostic unbelief in God was at it's strongest, my ingrained brainwashing by my parents and Churchianity made me too *scared* to cross that particular line, despite having coming *really* close to it on several occasions.

Nevertheless, the Beatification of Betahood in my particular Churchian community, and growing up in a household in which my parents are faithfully but quite unhappily married, has had a profound influence on my life.

In short, the discovery of "Game" on teh Interwebz, gave me a systemic overview of the aspect of masculinity I didn't have, growing up in a house with a contentious, ball-busting Mother, and a pussy whipped, beta-fied Father ("I'm the head of my house, and I have my wife's permission to say so!").

I've written about this a lot before, so at this point, I must digress and say one thing - my Father gave me a lot of positive lessons in masculinity...just not in terms of relating to Women and the institution of marriage. The only dating advice and how to relate to girls he ever told me was to avoid the sin of fornication and save it for marriage. Needless to say, that was no help in getting any dates in high school. That being said...

Discovering "Game" was my game changer.

It gave me a language to describe and think about so many things I previously could not even name, let alone comprehend.

It provided a schema for grasping the larger concepts bereft in my emasculated upbringing. And ultimately, it has also eventually brought me around full circle into belief in the truth of the Gospel of our Lord and Savior, Jesus Christ.

For this, I have the degenerate scumbags, the cads, the God Awful P-U-A to thank. Oh promiscuous manwhores who proclaim your proficiency in fornication and adultery, it is your discussions and note-sharing on how to commit these debased sins of hedonistic nihilism by exploiting the fallen, sinful nature of women, that helped me come to understand the primary sin that has infiltrated and subverted Christianity in the West, the sin of IDOLATRY.

I believe that is the real subversion of Christian doctrine in so many Churches today - pedestalization of the pussy...which is really just another manifestation of the ancient, pagan religion of Goddess worship.

From this idolatry flows many other sins and corruption of faith and family.

Anytime a Preacher, Pastor, Elder or some other Churchian authority promotes the Female Imperative by exhorting the men to man up and marry ~~the sluts~~ single moms in the congregation, or cut Husbands and Fathers off at the knees in their sermons, or praises (worships) and the superior spirituality of Christian women, he is committing the sin of idolatry.

Any church that declares unchaste women "born again virgins," or any particular woman is excused and accepted by a church and it's congregation for destroying her family via frivorce, or preaches mutual submission by husbands to their wives or any other translation of Ephesians 5:22 that undermines a Husbands Patriarchal authority in the home, is a church laying it's offerings on the altar of that ancient, pagan goddess bitch.

Without discovering the red pill of game, I doubt I ever would have came to this realization and recognize this idolatry for what it is, nor broken free from it's ritualistic worship. And I'm not the only one.

As Free Northerner testified in his post today:

> But game advice gave me something to latch onto. It gave me practical steps I could take to improve myself. Was it a placebo? Possibly. But some of it was real. (The simple advice to not follow around a girl you like like a love-sick puppy alone was worth its weight in gold).
>
> It was something practical I could do to improve myself and become better at social interactions with.
>
> Roissy, Roosh, et al. may be self-professed degenerate scum but what is Zippy* providing?
> This is the problem. What are the Christian man's alternatives?

Seems like Free Northerner keeps going back in forth on his belief in the efficacy and usefulness of this topic of "Game" as a Christian believer. He has come to the point of: If not Game, then what?

Cane Caldo responded with some thought provoking comments:

> What do you have to do with me? If you want my help, then you should beseech my help. It won't encourage me to help if you threaten to take yourself hostage. It is a father's job to teach manliness. I'm not your father. I don't owe you patrimony.

The Idolatry of Goddess worship is the religion of our Brave New World Order.

One of the first casualties of this reversion to paganism, is Patrimony. The transmission of masculinity from Father to Son. While this is much more transparent in observing the phenomena of divorce, single motherhood and all of the other results of our Brave New World sexual morality, critical aspects of Patrimony have also been lost in the two parent home of nominal Christians, due to the idolatry of the Pedestalized Pussy.

Is it any wonder why so many Men are lost, and fail to achieve that which they want so badly? To marry young, virginal women who share their faith in the Patriarchal religion of Jesus Christ, and create families in faith and obedience to God?

The crippling of Patrimony through Idolatry of the Goddess has left a host of men in our current age, searching for answers to questions they don't even know how to ask in the first place.

But the debased, promiscuous cads and their note-sharing on how to engage in seduction to indulge in fornication held up the mirror for many of us to the reflection of truth of the fallen nature of women and her base sexual desires.

Coming back to Cane Caldo's answer for a moment:

> Having said that: It's outrageously stupid to vomit out that I haven't provided any advice on how to portray manliness, how to handle women, or how to attract women. I have given more patrimony than I owed already! There are volumes here and more volumes in the comments of others blogs. What I haven't provided you with is the trappings of a system.
>
> That's what you want: a system. Why? Because you're a nerd who likes and responds to systems and lists.

> While all sorts of good engineering is a result of good systems, living life is not. Life isn't a system. Women aren't a system. Marriage isn't a system. Being a man, living a good life, and being married to a good wife, then, isn't about following a system. **It's about living artfully.** That's why nominal Christians who "find" their answers in the Men's Sphere bleat and repeat: "But, but, but…the Bible doesn't teach how to attract and handle women!" Yes it does, but you can't recognize it because you're deliberately ignoring art while you delve for a system.

In my opinion, Cane is both right *and* wrong here, I'll get to that in a moment.

> These are all arts, and arts can't be codified into systems.
>
> Another of the many confusions surrounding Game. It seems like–and is sold as–a system, but it can't actually be learned except by doing. Those things are called arts.

On this aspect, I agree: "Game" is an art, and like any other art, they cannot be learned, let alone mastered, *except by doing.* Where I say Cane is wrong, is that art, cannot be codified into systems. As humans, we can and do codify artistic practice in a wide variety of endeavors.

You want to learn how to paint? You go to art class where you learn and practice a variety of different brush strokes and blending of colors in a systematic fashion. You want to learn how to fight? You go to boxing or martial arts class and learn a number of drills and techniques in a systematic fashion. You want to learn how to play a musical instrument? Same thing, the systematic study to develop the skills and techniques so you can learn how to practice the art.

But systematic study of an art form is not the only means of an artist developing the skills and abilities to practice. Many artists are "naturals," raised under the tutelage and mentor in their chosen field. They learn by following the examples set before them, without a deliberate and systematic dissection of the various techniques and skills..."monkey see, monkey do."

Thanks to the socially engineered sexual and cultural revolutions, the transmission of modeled masculinity via Patrimony has been decimated. Many of us raised in the environment of crippled or non-existent Patrimony were never given the example to emulate. So the only other choice we do have, is to study and practice a systematic method to develop our own, individual expression of our chosen art form.

But like any systematic study of an art form, the study and practice of techniques is only a regimented means of developing a skill set and muscle memory to be able to *move without thought*.

The highly skilled painter doesn't consciously think about every particular brush stroke technique while painting a portrait.

The champion Boxer doesn't think about the angles and forms of his 3 punch combination he used to knockout his opponent, he saw an opening and let it flow.

The master PUA doesn't think about his posture, demeanor, choice of words or witty banter while seducing a

woman.

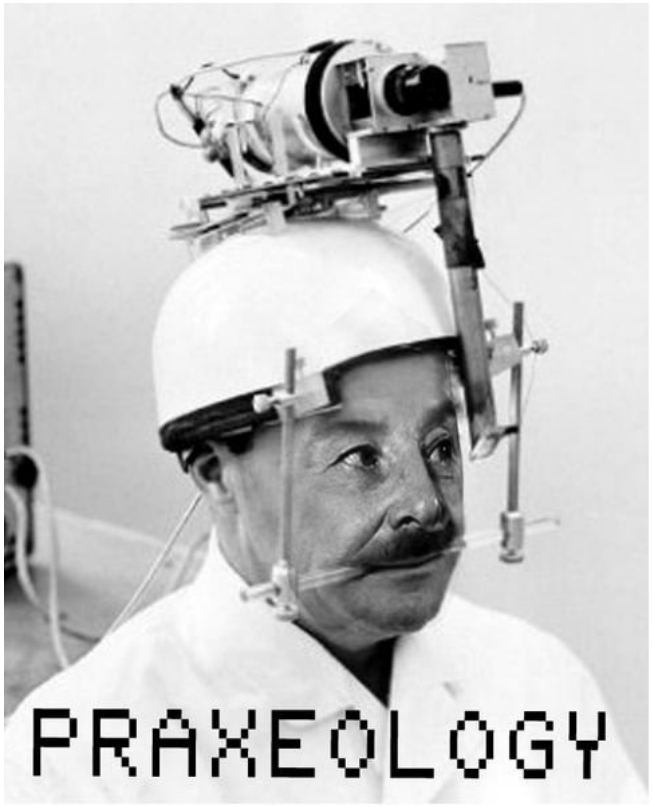
These are all examples of practitioners who put in the DOING of continual practice of all the assorted techniques to the point of ritual, all to achieve the ingrained programming that doesn't require conscious, deliberate thought to execute.

To move without thought. The thoughtless expression of effort and technique, through the development by practice.

Like any other art form, some people will have the natural talent to develop their skills faster than others. Some may get it right away, others may have to struggle mightily and practice doggedly with determination over a long span of time, to develop the necessary skills. But ALL who wish to practice an art, any art, whether they learn it systematically or by emulation of a mentor, must learn by doing.

Praxeology & the truth of Game

Keoni Galt · 21 January 2014 · Archived copy · Original



For the most part, Vox Day is largely responsible for helping me to see the error of my ways, and curing myself from an addiction to Mass MediaPCP. It took *years* of reading his old World Net Daily columns and daily posts at his blog, to eventually unplug from my regularly scheduled programming of establishment Republican/Neo-con-driven ideology. During all that time of reading and debating amongst the dread ilk (the nickname for the regular participants of Vox Popoli comment threads), I eventually clicked over to some references to Austrian Economics websites and the Mises Institute. This, to say the least, introduced me to a whole new way of viewing economics and politics.

Having graduated with a (now largely useless) Business degree from the University of Hawaii, I had two years of economics courses, and in hindsight, I've come to realize the primary difference between the Keynesian-based economics curriculum of my Business college and the Austrian school and it's proponents, is that Keynesian economics starts off with the ~~flawed~~ deceptive premise that economics (as presented and taught in academia) is an exact science, on par with chemistry and physics, and that scientists can control the economy with centralized planning based on scientific "laws," while Austrian theory is based on Praxeology.

Anyone interested in an in-depth description of Praxeology and the difference between it and the 'hard' sciences, should read Austrian luminary, Murray Rothbard's piece on Praxeology here(pdf).

But for expediency's sake, as Rothbard's treatise on the topic is somewhat in-depth, we can just go with the definition posted by Wikipedia, who's entry for Praxeology defines it thusly:

> "**Praxeology** is the deductive study of human action based on the action axiom. The most common use of the

> term is in connection with the Austrian School of Economics, as established by economist Ludwig von Mises."

The deductive study of human action based on the action axiom...so what's the action axiom?

> "An **action axiom** is an axiom that embodies a criterion for recommending action. Action axioms are of the form "If a condition holds, then the following should be done."

Given that Vox is both an ascribed creationist Christian and an avowed proponent of the School of Austrian Economics, I find it completely fitting that he is also a proponent of game while completely dismissing the relevancy of evolutionary biology and psychology that are the so-called sciences cited by many game proponents and PUA. In the comment thread of Vox's response to GBFM, he writes:

> "Evolutionary biology is nothing but ex post facto fairy tales and psychology is bullshit. Game doesn't require grounding in anything but observation of human behavior and the construction of predictive models from it. The "why" is irrelevant."

In other words, Game as we've come to know it here on these fringes of teh Interwebz, is a Praxeology...i.e. Game is the deductive study of human sexuality and inter-relational behavior based on the action axiom - *"If a condition holds, then the following should be done."*

Here is but one example that I can think of off the top of my head, that is a game-based action axiom:

*** Women often "fitness test" or "shit test" men. Men interested in mating with a woman need to learn how to recognize when she does this. When he ascertains that in fact she is attempting to fitness test him, there are several known responses that other men have employed with varying degrees of success, such as "agree and amplify."***

Looking at game as an exercise in Praxeology should help those who struggle with the morality of accepting these ideas of game description and proscription, versus the vehement distaste for the immorality of promiscuity many (but not all) game proponents advocate and celebrate.

While I am not trying to speak for anyone else here, I do believe the defining line between those of us in the MAndrosphere who are nominally Christian and advocate Christian Marriage (Vox, Dalrock et al), and see no conflict between Game and Christian morality, versus all the other Christians who are up in arms about it and repeatedly denounce it, is that those of us in favor, simply view game as a Praxeology; it is not a hard science, nor is it a moral code to live by. Rather, it is simply using deductive reasoning to come up with action axiom's to describe the hows and whys of human intersexual attraction and mating behaviors.

These action axioms are useful tools for men to recognize and reverse engineer the myriad of deliberately inculcated dysfunctional behaviors and characteristics that pervades societies institutions, mass media programming and subversion of our churches with the idolatry of Goddess worship. As more and more men embrace the axioms of the Game Praxeology, more and more discover anecdotally that they are based on observable truths regardless of the morality of the men doing the "testing in the field."

Just because men committed to Christian morality may take ideas from and discuss with the axiomatic truths of game with the immorally promiscuous PUAs, does not mean we are holding it up as a new religion, a new moral

paradigm or a new idol to be worshiped blindly and in total faith; nor does it mean we are deifying or glorifying fornication, adultery and promiscuity.

We are ALL fallen sinners. Based on our common, fallen and debased nature as sinners, throwing out the axiomatic truths of game simply because they are espoused by sexual sinners is akin to throwing out YOUR argument (any argument on any topic, that you choose to make) based on your own sinful nature.

If one considers the ideas on their own merit, and not the person who is voicing the idea, there should be no moral problems with men employing the axiomatic actions prescribed by immoral game practitioners for his own use, to achieve his own Godly goals of sustaining the covenant of marriage and leading his family.

As Vox wrote on his post Game vs. Churchian Idolatry:

> Now, Game is not Christ. Game is not Truth. But Game is truth, and he who comes to love truth will, in time, come to love Truth as well.

Amen.

We are all one day going to face our creator, and have to account for our sins.

Of all my sins I dread accounting for, "learning to neg my wife from reading the anecdotes of Pick Up Artists on teh Interwebz," is definitely not one of 'em.

Team Woman

Keoni Galt · 23 January 2014 · Archived copy · Original

[image]

With permission from 7Man I post "Team Woman" here for posterity's sake.

QFT!

TEAM WOMAN
by 7Man

I have observed that a woman always takes the side of other women against a man unless she has a particular attraction or allegiance to that man. Women are very competitive and will fight another woman over a man if he is Her Man (or a potential Her Man), but will not engage in a fight with another woman on behalf of a man that she has no feelings for (not Her Man and no desire to make him Her Man).

In simple terms a woman is on two teams: Team Woman and Team Her Man.

Team Her Man is her primary allegiance and she will go against Team Woman if she has a Team Her Man.

But Team Her Man is a more fluid and ill-defined concept. It can be an unbelievably strong loyalty but can quickly slide into nothing if she loses respect for Her Man. Most women have no Team Her Man but desperately want to be on such a team.

Also other women will actively fight against a woman that puts Team Her Man first. Happiness is found on Team Her Man and so any woman that does not have a Team Her Man tries to recruit a woman back to Team Woman so that all the women team members can be miserable together.

The irony is that any woman that tries to sow discord in another Team Her Man does great damage to all other Team Her Mans and thus hurts herself too. There is just too much comfort in the shared misery on Team Woman and they can gripe about the happy women that are on a winning Team Her Man and against the imaginary Team Man. The members of this Team Woman don't understand the concept of the greater good.

There is no Team Man, because men don't give a shit about other men. The women on Team Woman think they are fighting against Team Man (aka Evil Patriarchy), but Team Man never showed up for the fight.

So in our modern world, Team Woman is predominant and is changing the rules to make it easier to win against an opponent that never showed up for the fight.

God, Game & The Shape of the "Men's Movement"

Keoni Galt · 26 January 2014 · Archived copy · Original

[image]
"You're Doing it All Wrong!" "No, Game!" "No, MRA!" "No, MHRA!" "No, MGTOW!"

Contrary to popular belief, the "men's movement" on teh Interwebz has always taken the form of a particular shape...and that shape is a circle.

Are we all set yet? Ready...aim....FIRE!

lozlzolzolzolzozlol

The following comes from a post written on an old MGTOW forum by Zenpriest. After re-reading the post Retrenched referenced in my comments, I had myself a nice little Lima Oscar Lima moment.

The more things change, the more they stay the same.

The following is a paraphrasing and edited re-post with current linkage to apply ***Why There Never Has Been Any Coherent "Men's Movement" and Why There Never Will Be*** *to the current debate on Game and Christianity going on in the Christianity-concerned sector of the MAndrosphere.*

And, once again, here is why there never has been any coherent "men's movement" and never will be. Women who detest everything about another woman will still stand with her as a woman against all men, while men will argue each other to death over such weighty issues as Vox vs.Chesterson or Cane Caldo is not Chesterton.

Men, in general, seem so obsessed with dividing the world into "us" and "them" that the inevitable end point of the process seems to boil down to "me" and "them".

There are far more than just two types of motivations for a man to unplug and decide to go his own way. And, there is no "the" division among the MAndrosphere on teh Interwebz - there are thousands of divisions, even though we only have a little over 100 members.

PUAMRAMGTOWMHRAWHATEVS is not any sort of "movement", or at least no sort of mass or unified movement - just like the so-called "marriage strike" is no sort of strike at all, but the visible result of millions of men turning off to the idea of marriage, and becoming so disgusted with all the secular women who have the EMF (Entitlement Materialist Feminist) mentality, and for other Men struggling with adhering to Biblical Christianity, they too are becoming disgusted with the EAP (Evangelical American Princess) mentality, that dealing with modern women is so unpleasant, that aversion to them is stronger than the normal biological drive and attraction.

That alone says a lot about the quality of women we have as our possible choices of mates.

"Understanding" does not equal getting down with someone in their self-pity pot and wallowing in it with them. If

that is how they want to spend their time, they are welcome to do that, but the rest of us have better things to do with our time and our lives.

I think there is a third group which is far larger among MGTOW than either of those mentioned above - men who realized that the system was rigged against them and opted out of playing the rigged game.

I have a certain degree of empathy for divorced men who have been screwed over by the system, but it is limited. The signs have been out there in the culture for more than 30 years indicating where this is all headed.

Men who ignored those signs, or were too thick to realize what they meant, had the chance to avoid what ended up happening to them, but chose not to. I saw those signs and have avoided most of the negative consequences of dealing with EMF and EAP women, and don't see any reason why they couldn't have done the same.

Yes, I agree that the system has mightily fucked them over. What I do not understand is why so many of them continue to support and defend the very system which did fuck them over.

I view the whole marriage/fatherhood and even dating issue much like I view the de-criminalization of marijuana. Marriage and fatherhood have been criminalized, and those who go ahead and choose to do it are doing it at their own risk. A lot of people take the same approach to smoking pot - they do it, and hope that they are one of the ones who get away with it without getting caught.

Of course, for men seeking to follow the path of Christ, they are commanded to "smoke the pot" *if they burn.* This makes complete sense, because authentic, Biblical Masculinity and Patriarchal Marriage have also been criminalized.

So there does exist a group of both Christian and secular men of whom the legal deterrent is significant enough to encourage them to refrain. Particularly when past experience with the criminalized activity has convinced us that it is marginally worth continuing even without the legal risk.

Now, there are a lot of issues on which I disagree with [insert **any** MAndrosphere blogger or commenter here]. But none of them are significant enough to be worth putting energy into creating conflict about and risking polarization because there is a far greater number of issues on which we are in total agreement. Since those are major issues for men, **it makes more sense to spend time and energy looking for ways to cooperate and strengthen each other's efforts, instead of wasting a lot of time and energy, and creating animosity, by trying to prove to each other that we are right and he is wrong.**

As Zed aka Zenpriest pointed this out way back when, I too echo the sentiment. We live in interesting times, and men need to lower their guns, step out of the circle, and get busy doing what they need to do to get what they want out of this life. (While filed that link under "Eye of the Mind" that particular story "***so shut up and shovel the fuckin' gravel***." was written by Zed.)

So Free Northerner asked the Christian denouncers of Game for an alternative. In my view, much of what these guys are preaching, is discussing the same things, just using a different terminology to get away from the advocacy of sinful fornication, promiscuity and adultery the PUA advocate when discussing Game.

There are a number of us that see no inherent conflict or evil in studying this thing called Game..but there are a number who do.

I say, have at it Gentlemen. You think those of us that tell men they can learn something useful from studying Game are headed in the wrong direction? Fine. Instead of jumping into the circle and pulling out your guns and getting ready to shoot us, I say, GO YOUR OWN WAY. If what those of us who advocate the study of Game are wrong, then the rightness of your argument will win out.

Go and build your foundation and see what may come of it. In the big picture, I agree with most of you, more than I disagree. In my view, the disagreement rests on semantics and everyone trying to define "Game." Some of us see it as a toolbox...one that has zero relevance to adhering to God's laws and morality. I agree with the assessment from the blog Masculine by Design, in which he states - Game is Not a Four Letter Word.

> Game has dark roots by Christian standards. It started out as guys on the Internet trading ideas about how to get laid. In particular, how to walk up to woman a you had never met before, and have her in bed before the night was out. Not using force or money, but by convincing her that it would be a fantastic idea to sleep with you—right now. And, it worked.
>
> Despicable.
>
> Then something unexpected happened. Men at the other end of the social spectrum—shy, socially inept men—started to ask how they could simply talk to a woman without her publicly emasculating them by proclaiming “YOU think you're good enough for ME!” And, lo and behold, game worked for them also. Dating, marriage, children, a family—a normal life—suddenly became a real possibility for these men.
>
> Not despicable at all.
>
> **Game is amoral; game is concerned about reality, and men were desperate for answers about why the world worked as it did.** So, they extended game into other areas of their lives—marriage, work, school, the legal system, politics, church, and economics—in an attempt to see if they could answer why these things were as they were in modern culture. Game developed a profile of men, woman, and American culture. The profile is unflattering (to say the least), and has led some to call game anti-women (and ironically others to declare it anti-men). **But game isn't anti or pro anything or anyone, it's about what works.** Pragmatic to its core, if something worked it became part of the profile; if it didn't it was discarded.

Game is not a religion, and Roissy is not its prophet. I believe it is a Praxeology, and studying it's axiomatic truths can help many of awaken to the truth. I can only shake my head in disagreement because I KNOW what studying and applying it to my own life has done for me. In the same way all the denouncers of the Paleo Diet never ever gain traction with me, because I've done it, and the differences in my health and well being are more than enough confirmation for me to discern who's got it right, and who's got it wrong. I know what path I'm on. I know where I am going, and I know where I am from.

When it comes to men getting together and discussing the way of the world, many of us will agree, and many of us will disagree.

This will always be so. Time to accept it and move on.

[image]

The Great Unlearning

Keoni Galt · 29 January 2014 · Archived copy · Original

[image]

"To attain knowledge, add things every day. To attain wisdom, remove things every day." - *Lao Tzu*

"The illiterate of the 21st century will not be those who cannot read and write, but those who cannot learn, unlearn and relearn." - *Alvin Toffler*

"The most difficult subjects can be explained to the most slow-witted man if he has not formed any idea of them already; but the simplest thing cannot be made clear to the most intelligent man if he is firmly persuaded that he knows already, without a shadow of doubt, what is laid before him." - *Leo Tolstoy*

Most of us take it for granted, but teh Interwebz is the greatest library of accumulated human knowledge the world has ever known. For the introspective autodidact, it is without a doubt, the greatest technological advancement in the history of mankind for both good and bad.

The best aspect of this tech, is the empowerment of the individual to do a virtual end-around all of the various gatekeepers of news and information. The Big Government-Big Business entity that is in the process of consolidating their control to bring us under a single one world tyranny can no longer simply use it's control of Big Media to dictate the narrative and control all thought.

On the other hand, the worst aspect of the world wide web is that it makes the Panopticon of Total Information Awareness a.k.a. perpetual surveillance on every citizen, everywhere, technically and feasibly possible.

In the not so distant future, "Unplugging from the Matrix" will no longer be just an allegory or abstract metaphor for contemplation, but an actual, physical action you will have to take (i.e. getting rid of your Mobile Affirmation Devices, unplugging the Tell-A-Vision and any other "smart" appliances, and cease using the Internet from any personally owned computers and devices), *if you want to* escape the all-seeing eye of Sauron.

But I digress.

The first three quotes I cite in this post, from Yoda (Lucas), Toffler and Lao Tzu, basically sum up my personal experiences with study in the University of the Autodidact. Almost every single facet of my personal life has been transformed, shaped and guided by all that I have learned, unlearned and relearned on teh Interwebz. The way I eat, sleep, cook, clean, shop...the way I socialize, the way I seek recreation, the way I parent my offspring, interact with my family and friends and the way I conduct myself in public whenever I am out in society at large...*nothing* I think and do has been unaffected or changed by all this time spent reading and writing in the virtual world.

But it is Tolstoy's quote that is the true impetus for this post.

> *"The most difficult subjects can be explained to the most slow-witted man if he has not formed any idea of them already; but the simplest thing cannot be made clear to the most intelligent man if he is firmly persuaded that he knows already, without a shadow of doubt, what is laid before him."*

This, I think, is what lies behind the never ending cycle of debate and argument over "Game" in the MAndrosphere. Whether it's the Men's (Human) Rights Activists denouncing it as pussy begging or the God-fearing, devout Christians denouncing it as sinful nihilism, it seems to me that those who oppose this thing we call game have their minds firmly made up and are not willing to concede they may be mistaken or wrong, even when they read the anecdotal accounts and testimonies of the many people who weigh in with their own experiences on how discovering this Praxeology helped them learn, unlearn, and relearn how their attitudes, thoughts, posture, demeanor, presentation and confidence play a role in relating to others, male and female alike.

Faced with so many anecdotes of the personal transformations so many folks attribute to game, the ideologically opposed grant no quarter, refuse to spare one inch of concession that perhaps there is something of positive value here. At this point, I have to simply concede the following - if and when you come across the topic of Game on teh Interwebz, you will either "get it," or you won't. If you don't get it, or don't want to get it, great...not my problem. But if you want to tell me I'm wrong, you can try your best to convince me, but at this point I've seen it all before. Give me a new argument, because all of the other ones you've used before fail to overcome the truth of my own personal experiences and observations.

So rather than engage in yet another round of debate by engaging with the naysayers, denouncers and detractors by fisking or responding to any specific objectors posting or comments, I'm going to focus the rest of this post to discuss why I advocate people can gain much from the study of this controversial endeavor.

I also intend (but no guarantees!) for this to be my last and final post on this topic of "WHY GAME?" At this point, I'm done debating and disagreeing over this.

When I first came across the topic of Game on teh Interwebz, I had spent my entire life being indoctrinated and brainwashed into being a NICE GUY. From Generation X onward, this is the mainstream cultural paradigm we were all inculcated with via mass media programming, institutional educational curriculum and for most of us raised as Christians, the Feminine Imperative-based culture of Churchianity.

Discovering the discussion of Game by the PUA's and the PUA wannabes on teh Interwebz was literally THE "Red Pill" that lead me down the path of unlearning all this cultural indoctrination that had turned me into a NICE GUY. When I started reading about such things as hypergamy, shit tests, unapologetic masculinity, dominance, keeping/maintaining frame and how so many aspects of femininity and masculinity have been twisted, distorted and warped, it only took me less than a couple of days of reading and ruminating to grasp the big picture of just how badly I had been *learned* into dysfunction.

[image]

In short, conforming to the Brave New World Order's societal conditioning turned me into a bitch. As Matt Forney

notes:

> “Bitch” is a common insult, but no one really thinks about what it means. The interesting thing about the word “bitch” is that its meaning is different depending on the sex of who you’re insulting with it.
>
> Female bitches are typically combative, mean, miserable and bossy; in other words, they’re *masculine*.
>
> Male bitches are typically catty, passive-aggressive, whiny and gossipy; in other words, they’re *feminine*.
>
> So when you attack someone by calling them a “bitch,” you’re accusing them of failing to live up to the ideal of their sex.

Ah yes, that is precisely what a NICE GUY is, a bitch. Prior to reading up on the topic of Game, I was utterly and completely clueless about how and why I had become one. But boy do I remember those days well:

> Why do you have to be so upset all the time?
>
> What should I do? What would you like me to do?
>
> Yes, Dear.
>
> Would you like to do this? How about that?
>
> Please, Hon?
>
> What do you mean you can't do this anymore?
>
> I'm sorry.
>
> What do you mean you're unhappy? How can I make you happy?
>
> Can I call you tomorrow?
>
> Would you like to have sex tonight? Why not? PLEASE?!?!
>
> Girls night out? I hope you have fun with the girls then!
>
> I'm so sorry!
>
> If it will make you happy, than I'll do it.
>
> But I had plans! I made you a nice dinner, and picked up a good bottle of wine and I rented that movie you wanted to see and..... ah well, that's okay. Don't worry about it. You go out and have fun, I'll just save the food in the fridge and reheat it for you tomorrow. Don't worry about, it's not a big deal...I understand the sale ends tomorrow and you and your friends need to take advantage of it while it's so cheap. Have fun, and know that I'll be thinking of you while you girls are shopping! Love you!

> Would you like this one, or would you like that one?
>
> Will you accept my apology?
>
> If you don't like it, I have the receipt so that you can return it and get something you do like!
>
> Would you like to hear this song your beauty inspired me to write for you?
>
> I'll make it up to you...I PROMISE!
>
> What do you think about this? Is it good? Do you like it? Maybe you'll like it better if did this instead?
>
> What should we do today?
>
> How come you never want to have sex anymore?
>
> Why won't you accept my apology?
>
> Wow, he's such a jerk! Why do your friends always go out with guys like that?
>
> Should we go to counseling?
>
> Can I go fishing with Dave this weekend? PLEASE?!?!
>
> Would you like me to hold your purse for you?
>
> Will you make love to me?
>
> Sure I'll get your tampons for you....which brand do you prefer? Absorbent or Super-Absorbent? Do you need any pads, too?
>
> Where do you want to go? What would you like to eat?
>
> OF COURSE you don't look fat in those jeans!
>
> I feel like we need to work on our communication skills. I feel like we don't have meaningful conversations anymore, and I really want us to become more intimate.
>
> Would it be okay if I go surfing with Joe tomorrow? I'll be back in time so we can do something...
>
> NO, I was NOT looking at her!
>
> Okay, I'll sell it or give it away...I don't really need it.
>
> I'm sorry.
>
> Anything you want...I'll do it!

> What do you mean I always lie? I do NOT!

> Do you love me as much as I love you?
>
> Would you like to hear this poem I wrote for you?
>
> Steve is having his bachelor party this weekend. Don't worry though, I'm not going, as there will be strippers there and I know how you don't want me to be around things like that. Don't worry, it's okay, he'll understand. Yeah, we've been friends since elementary school, but he knows how important our relationship is and that I would never disrespect you like that!
>
> You are the most beautiful woman on the face of the earth!
>
> How can we make our relationship better?
>
> Can you please kiss me?
>
> I'm sorry....
>
> Do you need help with that?
>
> Yes, it's my fault...again. I'm sorry.
>
> Would you like me to....
>
> Hey....I said I'm sorry!
>
> Please don't hang up on me....hello? HELLO?!?!?

Oh the painful recollections of my former self and how I lived a life walking on eggshells and fearful dishonesty. Re-reading that again makes me want to retch. It makes me want to travel back in time and kick my bitch-ass self in the balls. Except even that wouldn't be possible, as my balls were safely hidden away in her purse.

I was just trying to be the Nice Guy. The archetype of the supposed type of guy women say they want.

Trying to do and be all the things a man is supposed to, to make the relationship work. Being sensitive to her needs. Striving to please her, and make sure to avoid upsetting her as much as possible.

Checking with her on everything.

Constantly asking for reassurance that she was happy. Constantly asking for her approval.

Making sure I was trying not to do anything that would upset her. This included telling a lot of "white" lies to try and avoid upsetting her. Striving to be supportive.

To let her needs, wants and desires supersede my own at every potential conflict.

This is precisely how guys slide into attraction killing "Beta-tude."

I was trying to live the ~~deliberately programmed lie~~ enlightened ideal of EQUALITY by avoiding any overt

expressions or actions of confident masculinity. The last thing I ever wanted to be accused of, was being a "misogynist."

This is also how I almost ended up divorced. Thanks to the great unlearning gleaned from the insights of Game, I am today a Father, a Husband, and the unquestioned leader and head of MY household.

And the one overriding, most important principle I came to in my study of Game, was that the unapologetic, unashamed embrace of masculinity is found through honesty....honor and truth as venerated throughout history in all of the Great Books for Men. **lozlzolzol**

Game gave me the means to step outside of myself and see just how dishonest I was being in striving to be NICE. It allowed me to recognize how I was *learned* by society at large to become a bitch, and gave me the starting point to *unlearn* all those attitudes and behaviors, so that I could *relearn* the authentic meaning of masculinity. As noted in my past post, The Priamary Trait of the AMC: Fearful Dishonesty:

> When I was an Average Married Chump, I was a liar. A dishonest weasel. I lied all the time. Most all of it was so-called "white lies." And it wasn't just in relation to my wife, but with my peer group, my work-place colleagues and school classmates...everyone.
>
> This was because I lived my life afraid to upset other people. I tried to always find what I mistakenly thought of as the path of least resistance. To use dishonesty to avoid conflict. For instance, if I were invited to participate in something I did not care to, I would scramble for a convenient excuse -- A LIE -- instead of being honest and straightforward and saying, "no thanks, I'm not interested in doing that."
>
> The real problem with that is when you spin webs of deceit, you eventually get tangled up and caught. It is inevitable if your whole social life is based on trying to avoid upsetting people by lying to them. And from the perspective of the woman you are having a relationship with, it is the ultimate respect-killer.

This is how "game" showed me truth, and eventually brought me to Truth. Women's attraction and respect are based on hypergamy. Being a bitch of a NICE GUY puts you into the role of supplicant, the beta-orbiter and puppy dog douche, pussy whipped and stumbling around in a oneitis-induced stupor of idiocy. This leads to contempt and the unhaaaappppppiness of your spouse. Keep it up long enough, and you end up caught and ground up in the wheels of injustice in our anti-family court systems.

Reverse-engineering this sad state of affairs was only made possible by discovering this thing called game.

I know what I know, because it was knowledge and experience gained through personal trials and tribulations, brought about by much introspection and unlearning all of the regularly scheduled programming of relationship dysfunction in our Brave New World Order.

When I contemplate the topic of Game, I am not distracted nor side-tracked by the moral and spiritual judgement of its foremost practitioners who indulge in hedonistic and nihilistic debauchery. That is where you can go with it, but that does not define it in it's sum totality.

Based on my personal experience, I am firmly persuaded that I knows already, without a shadow of doubt, what is laid before me.

Extreme Dietary Interventions

Keoni Galt · 5 February 2014 · Archived copy · Original

[image]

I intended to name this post "Dieting for Dummies" but then thought better of it. We are all victims of a massive, global propaganda campaign to deliberately delude us all into adopting diets that are extremely lucrative and profitable for a wide variety of industries and entities.

I've spent years carefully eating...years carefully eating what I *thought* was the right way, then years of carefully eating what I now *know* is the right way. I say so definitively, because my personal experience makes this self-evident, as I've experienced dramatic results in terms of weight loss, body composition, quality of life, and overall good health over a long, sustained period of time. I have gotten to a place where I really enjoy eating the food I prepare and cook, and I experience almost zero bad effects from the foods I regularly eat with gusto and great enjoyment.

It's extremely liberating to sit down to a large meal, and to eat everything, savoring every bite, without worrying about my weight, my "diet" or whether or not I'm eating too much or not enough. All the worrying and considerations happens before hand, when I select ingredients, preparation and cooking. Once that's done, it's just time to enjoy eating without worry, until feeling fully sated.

I've gotten to this point, having years of reading so many blogs, books, testimonials, anecdotes and comments on the topic, I've come to the point where I've forgotten more than I remember. When I go and re-read some of my older posts on these topics, I laugh to see various aspects of this topic that I've forgotten about.

One thing we must always remember - we are all going to die some day.

There is no grand prize for achieving the perfect diet...and in fact, there is no such thing as a perfect diet.

That being said, I'm at a point where I'm seeing the same topics going round and round and round. Everytime newcomers stumble upon one of the blogs that discusses (to borrow a recent turn of phrase) the "dark enlightenment of neo-reactionary diets" and discover the dietary red pill, they all seem to fall into the same modes of thinking.

Just because you tried any of the Atkins/Ketogenic/Paleo/Vegan diet and lost a bunch of weight and felt a lot better, doesn't mean you've found dietary perfection, nor the long term solution to an eternal life of robust health.

I think most of us have in these fringes of teh Interwebz, have heard the following type of argument from the low carb/very low carb and ketogenic diet advocates before:

"The government and food production industry embraced the demonization of saturated fat and cholesterol - aka "The Lipid Hypothesis of Degenerative Diseases," and instead promoted everyone onto high carb diets."

While this is not wrong, it is a misdirection that indicts "carbohydrates" as a class of macro-nutrient as the primary culprit of all the ill health and diseases we now see as pervasive amongst we the sheeple of the Brave New World Order's global feedlot.

Yes, the type of carbs you eat are important. Wheat, and other grains like oatmeal, barley and rye contain gluten and other anti-nutrient substances that can contribute to all sorts of maladies. But I've come to a point where I now believe carbohydrates, even the "bad" ones, are not the primary culprit (though an important part of the equation) of so many maladies that afflict the people on the S.A.D. (Standard American Diet.)

The anecdotes and testimonials of people who've embraced some form of low-carb dieting and experienced dramatic improvements in health and weight are legion. I've made my fair share of them myself throughout the history of this blog.

BUT....there also exist a wide number of similarly dramatic turnarounds from people who also embrace diets from the opposite end of the carnivore - herbivore spectrum of conflicting dietary paradigms. I know of folks who experienced some life and death diagnosis like cancer, who then embraced a raw food, vegan diet and find themselves in miraculous remission, improved health and weight loss. According to the more dogmatic of the ketogenic-embracing factions, this simply does not compute.

What's the one thing the carnivorous ketogenic low carbers and raw food vegans have in common when they embrace these so-called fad diets and experience near-miracle changes in health? I've recently come to the conclusion that it really does come down to two rather simple concepts: **cellular inflammation** and the **health of your gut bacteria**.

In either case of the extreme dietary interventionist, they stop eating the largest source of inflammation-promoting foods: foods made from grain flours that compromise gut permeability and prevent absorption of critical nutrients, foods sweetened excessively with various forms of sugars, and the inflammatory lipids of Big Agriculture: Round-up Ready Soybean "vegetable oil," partially hydrogenated Round-up ready Soybean oil, rancid Rapeseed oil (aka "Canola"), cotton seed oil, sunflower seed and corn oil.

You want the tri-fecta of modern poisons (what Dr. Kurt Harris calls NADs, or Neo-lithic Agents of Disease) found in a single food item, look no further than the typical doughnut.



The NAD Trifecta: Refined and bleached white flour, plenty of sugar, and deep fried in rancid, pro-inflammatory vegetable/grain oil.

Dr. Art Ayers, a molecular biologist (NOT a medical Doctor, but a scientist who studies cellular and molecular biology) identifies these same foods as the true culprits for the plague of S.A.D.-caused maladies and diseases. His advice, as his blog title indicates, is Cooling Inflammation. Inflammation on a cellular level, caused by the regular consumption of pro-inflammatory foods, the NADs. Avoiding the inflammatory foods also cultivates a healthy garden of gut bacteria, which is integral to your immune system and overall health.

In either case, when a person has a certain amount of stored body fat, whether they switch to the carnivorous-side or the herbivorous-side of extreme dietary interventions, there body begins to burn off it's stored body fat for energy.

On the hardcore carnivore side (the ketogenics and VLC'rs), they go into an extended state of ketosis and their body must process both ingested and stored protein and fats to keep their blood glucose levels stable.

Meanwhile, on the hardcore herbivore side, the raw food vegan enters a state of starvation from the lack of consuming essential proteins and fats, and there body begins to burn off it's stored adipose tissue for the essential fatty acids the body needs to function.

In either case, the extreme dietary interventionist inevitably goes through a period of dramatic health improvement and feeling of energetic well-being, thanks in part to the biological process known as gluconeogenisis.

As WinstonWiki notes:

> Gluconeogenesis (abbreviated GNG) is a metabolic pathway that results in the generation of glucose from non-carbohydrate carbon substrates such as pyruvate, lactate, glycerol, glucogenic amino acids, and odd-chain fatty acids.
>
> It is one of the two main mechanisms humans and many other animals use to keep blood glucose levels from dropping too low (hypoglycemia). The other means of maintaining blood glucose levels is through the degradation of glycogen (glycogenolysis). Gluconeogenesis is a ubiquitous process, present in plants, animals, fungi, bacteria, and other microorganisms. In vertebrates, gluconeogenesis takes place mainly in the liver and, to a lesser extent, in the cortex of kidneys. In ruminants, this tends to be a continuous process. In many other animals, the process occurs during periods of **fasting, starvation, low-carbohydrate diets**, or intense exercise.

This is my basic assertion here the one common thread found on both ends of the extreme Dietary interventions of the ketogenic carnivore versus the vegan herbivore, is that both inevitably lead to their bodies turning to their stored body fat to get the essential fatty acids needed to function.

And yet, on both ends of the spectrum, if you read enough anecdotes and observe people long enough, the one thing you see on either end, is that long term, once the stored fats are used up for energy and bodily functions, other health problems *can* develop if they rigidly adhere to the extreme interventionist diet (everyone's situation and baseline health, as well as other lifestyle factors undoubtedly play a role.)

For the ketogenic, zero and very-low carbers, some have reported experiencing insomnia and adrenal fatigue; while for the long term, raw food vegan, the lack of protein and essential fatty acids as well as deficiencies in micro nutrients that are mostly found only in animal foods lead to health problems of their own.

Now if I were to err towards one side of this spectrum or the other (I have tried both, though the vegan experiment didn't get past 5 days before I surrendered in the face of a bacon cheeseburger,) I'd certainly prefer the ketogenic/carnivorous end of the spectrum, as some folks have reported living in ketosis for years without health problems... nevertheless, it's not rocket science to understand that the human bodies physiological characteristics indicate we are an omnivorous species (that link was written by an activist-vegetarian no less!), and carbohydrates can and do play an important role in optimal nutrition. This is why I now consider both a purely carnivorous diet and a purely herbivorous diet to both be extreme and should only be used for a short period of time as an intervention for health and weight problems.

That all being said, long-time "paleo-diet" proponent Richard Nikoley at Free the Animal has spilled a lot of virtual ink as of late on the topic of resistant starch (aka teh evil Carbz), which really focuses on the latest area of fascination amongst those of us highly interested in diet and physiology of the human body: the role of the gut micro-biome and overall health.

Full disclosure: based on reading the extensive posts and his logical reasoning behind his latest promotion of the benefits of resistant starch, I bought a bag of Bob's Red Mill potato starch and proceeded to eat the prescribed dosage (4 Tbsps. daily) with a bowl of organic, full fat yogurt for close to two weeks until the bag was all gone. I didn't really experience any change in my digestion, sleep nor energy levels nor increased gas that many others including Richard himself report. However, as I no longer possess a blood glucose meter, I was unable to really test my blood sugar response to it, and many diabetics and pre-diabetics have reported dramatic improvements for incorporating resistant starch into their daily diet. In my own experience, I didn't personally experience anything, positive or negative.

I don't take my personal experience as a negative on the entire idea at all. Rather, I think it confirms that many of the dietary changes I've adopted over the past 5+ years have succeeded in already giving my gut biome a diverse garden of flora that eating resistant starch is purported to promote. For years now, my diet has incorporated daily servings of fermented foods (and drinks) and I didn't realize it at the time, but I also believe I already have had a fair amount of resistant starch in my diet to begin with, as I eat white rice at nearly every meal.

Now, according to the resistant starch protocol Richard is advocating, white rice needs to be cooked, then chilled before eating. I've been doing this for years, as I often cook a large pot of 3-4 cups of rice whenever I cook a fresh batch. While the initial meal with a freshly cooked pot of rice is eaten hot, the next 3-4 meals over the course of the next couple of days, I always eat the rice cold, straight from the fridge, served alongside the hot, fresh cooked foods. It was not something I consciously did for any sort of health benefit, but rather because re-heating refrigerated rice results in the reheated rice sticking to the bottom of the rice cooker and requires vigorous cleaning of the rice pot before it can be used to cook a fresh batch again.

So apparently, for years now, ever since I got off the low-carb bandwagon and embraced the idea that carbs are not the devil, I've been eating regular portions of resistant starch at almost every meal, based on my sheer laziness over having to clean stuck rice from the inside of the rice pot. Heh. As anyone who lives or has lived in Hawaii knows, we eat rice at nearly every meal. The only time I don't, is when I eat some other staple carb like poi (fermented taro paste), or some sort of tuber fried in coconut oil.

So for myself, I don't think I'll be buying another bag of potato starch, as it really didn't do much for me. But for most folks that don't eat a lot of cold rice, especially if you're diabetic or pre-diabetic, you should go and check it

out, you've got nothing to lose but a few bucks that it costs for a bag of potato starch. It may be one dietary intervention you can try that may prove very beneficial to your overall health, and at such a minimal cost to try it out, it cannot be considered extreme at all.

To Cook Is to Love

Keoni Galt · 5 February 2014 · Archived copy · Original



From a recent phone conversation I had: *"You have to work and can't make it to our party? Darn! I was really looking forward to whatever dish you were going to make..."*

Amongst my circle of families, friends and acquaintances, I've gained quite the reputation as a cooker of good food. It's not that I'm the second coming of Chef Avril or anything...it's just that I'm one of the guys who cooks with real food, high-quality, fresh ingredients, and I actually cook from scratch. Not to mention, at most pot luck events, I'm also usually one of the few people (sometimes even the only one!) that brings home cooked dishes to begin with. Nowadays, most everyone brings takeout, fast food, or pre-prepared platters from grocery stores.

I'm quite certain others who could not make the event I was regretfully informing the hostess I could not attend, were not regaled with the same regret she expressed to me...

"Darn, I was really looking forward to that bucket of Kentucky Fried Chicken you always bring!"

One of the goals of the social engineers that designed to break up the Patriarchal family and get the women into the corporate workforce en mass, was to outsource the feeding of the family from the oppressed, exploited Mothers chained to the home stove, and make we the sheeple reliant on the corporate run, fast food and convenience food industries for the majority of our meals.

From Obesity Epidemic in America:

> Back in the ‘60s and ‘70s there was exactly one hamburger stand in our town, Wetson's. We frequented it very, very infrequently, like maybe 3x a year. We also had a Dunkin' Donuts. My dad had a sweet tooth, so he got us a dozen donuts after church every couple of weeks (we went to church every week, we just didn't get donuts

> every time). On Friday nights we were allowed TV dinners. Other than that, we ate home-cooked food. If we dined out, it was a special occasion. My mom wasn't big on cooking, so if fast food had been more available, I've no doubt we would have been first in the drive-thru line.
>
> Fast-forward to the present as I'm raising my son. Working full-time is not an excuse for laziness in the meal planning department, it's simply part of this equation. We have soccer practice after school, games and tournaments on weekends. My son goes through various evolutionary phases in his choice of fast food. First McDonald's, then Burger King (always Burger King for French toast sticks and hash browns, the breakfast of late-for-school champions). He flirts with Jack in the Box, Taco Bell, In 'n Out Burger, finally declaring Wendys his all-time favorite.
>
> Ninety percent of these "meals" are consumed in transit. Despite the fact that my German car has no cup holders (think they might be onto something here?), we regularly eat and drink while driving.

Hmmm...it's almost like these uber-busy schedules with both parents (or a single mommy household) too busy with work and extra-curricular activities for the kids to waste time actually preparing healthy food to eat in a pleasant setting at home, are conditions brought about on purpose? Deliberately designed that way?

Maybe we need to re-think these things, no?

Not only are we as a nation getting fat, sick and lazy, thanks to all of this lack of home cooking, we are also raising an entire generation of kids who won't have the kind of cherished memories that stick with kids for the rest of their lives.

Cooking food is one of the ultimate expressions of love a person can do for others. It's no accident the feminist movement defines women cooking in the kitchen for their families an act of slavery, or to deride it as toiling away in the oppression of the "comfortable concentration camp." That's because feminism sells people on the lie that "love" is a feeling you experience. Love is not an adjective. Nor is it a feeling.

It is a verb describing actions you do for others.

Next to smell, taste is one of the strongest memories and connections we have.

There's a reason "Mom's Home style Cooking" or "Just Like Mom Used to Make" are some of the most well used marketing slogans to sell fast/convenience and restaurant dining in commercials, bill boards and advertisements.

Expect this practice to become outdated and forgotten within the next decade, since for most of the current generation of kids growing up, this phrase will become utterly meaningless.

Feminism has done more than break up the marriages between men and women, it's also broken one of the strongest, most sentimental bonds we human beings attach to our Mothers as children.

Memories of eating meals with Mom in the 20th Century:

[image]



Memories of eating meals with Mom in the 21st Century:



Got no time for a sit down meal at home, too busy havigitall!

Anyone feeling nostalgic for a meal with Mommy, like in those good ole days?

Raising Boys in This Brave New World

Keoni Galt · 15 February 2014 · Archived copy · Original

[image]

A reader asks Heartiste the best way to go about raising her son to mitigate or avoid all of the regularly scheduled programming of spiritual, physical and mental emasculation in our mass media-driven Brave New World Order. For a guy who doesn't have kids, and has expressed many times that he won't, his list is surprisingly good, and echoes many of the same approaches and strategies I have in being a "red pill" parent.

I've been contemplating a post like this for a long while, but have had a bit of writer's block lately that comes and goes, depending on what's going on in my part of the world. Nothing like ~~ripping off another great blogger~~ using another blogger's post as a springboard to get over that hump.

I'm going to take the bits of advice I agree with (I don't necessarily agree with them all) and expand on them a bit with my own perspective, than offer my own list on what Fatherhood to boys entails from a red pill perspective to conclude.

> 1. Boys don't need to hear about decline. What they need to hear about are enemies to fight.

Too true. I'll add to this that as they get older, they'll need to recognize that the greatest enemy they will have to fight is themselves. That nothing in life comes easy, that anything worth having or accomplishing requires hardship and struggle, and the biggest obstacle to success will be his or her own fears, doubts, laziness and lack of gumption and toughness.

> 4. Give your son room to grow into a man. Let him take risks and flirt with danger.

As a Father, this is where his most important task lies - being the guard against over-protective smother-mothering. From the time I was 5 to pre-teen adolescence, my mother didn't want me to have a skateboard, ride a bike without a helmet (in the 80's only dorks and dweebs wore helmets while riding BMX...I always took mine off and hid it in the bushes the moment my mom was outta sight), wouldn't let me sign up for tackle football, martial arts classes, nor let me get a surfboard, nor shoot my friend's BB guns. I eventually got to go and do all that on my own, as a rebellious teenager.

> 5. Your son will learn how to successfully deal with women by observing his father deal with his mother. The best thing Dad can do for his son is game his Mom.

The greatest influence parents have on their children is setting the example and living the way you want your children to become. Don't be an Average Married Chump.

> 7. Your son will not want to “share his feelings” with you or Dad. If you want to know what’s on his mind, tell a story lesson from your life. He will subconsciously ingest your story and relate it to his own problems.

Now this is one of the best things Heartiste advises in the entire freakin' post. I grew up with a mother, female public school teachers, Churchian adult influences thoroughly indoctrinated in the Idolatry of Pussy worship, and a mass media culture that all promoted the idea that boys and men are stifled and damaged and stunted by society's expectations that they not cry or talk about their bad feelings. I was always told and encouraged to "share my feelings" and talk about how something made me feel. No matter how many times I was told this, I still remember that it just somehow felt wrong and off kilter to talk about "feelings" and emotions. Everyone said it was supposed to make me feel better, but it never did. It just made me feel gay.

Now I KNOW it's doing this precise thing that leads to men becoming stifled, stunted and damaged! You do not make better boys by trying to raise them as girls! Boys need to be trained to ignore their feelings and not let their emotions cripple them with fear and inaction in the face of adversity. Most boys need to be goaded, berated and taunted (age appropriate language of course) to motivate them to overcome their inner fears and doubts, then praised and rewarded when they do so. *Don't be a pussy, you fag.*

> 12. Never humiliate his father in front of him. You may find it satisfying, but you’re doing your boy a disservice.

For Mothers, this is probably THE most important thing in the entire post that they need to be mindful of. Not just humiliate, but always speak of the boys Father with respect and deference...even if he's a drunken, abusive, cheating lout that abandoned you and the kids. If you got nothing nice to say about the man you let impregnate you, than keep your mouth shut. Every time you denigrate or humiliate a boy's Father you are doing it to him as well.

For Fathers, if your wife ever disrespects or tries to humiliate you in front of your children, you need to put the foot down and nip that shit in the bud immediately and with forceful authority. Do not tolerate it one bit. This is where you draw your line in the sand, and if she crosses it, you need to let her know that there are consequences for it.

> 18. If you are atheist or agnostic, swallow your pride and ensconce him in a religious tradition. The presence of a powerful overseer, true or not, will help ground him and gird his will.

This makes the very first instance I can ever recall such a hedonistic-nihilist-atheist like Heartiste recommending boys need religion. Good call...just avoid exposing him to idolatrous Churchianity. Especially avoid ANY religion being taught on the tell-a-vision.

> 20. No social media. No iPads. No iPhones. Boys don’t become great men with their eyes glued to a screen like a plugged in Matrix pod. They become great men with their eyes up and searching the horizon.

No X-box. No computer with internet access in their own room. The Palm Zombie Apocalypse has gone Global and the worst thing for his development and growth is to get addicted to the intermittent rewards of electronically transmitted affirmations or worse, developing a regular compulsion to fap to teh Pr0n.

Quarantine them from it as long as you possibly can so that they don't virtually disconnect from the real world.

Heartiste made his list for Mother's raising boys.

Here's my top10 list for Father's raising Boys in our Brave New World:

1) Be militant about his diet, make sure it is nutrient dense and avoid the NAD as much as possible. Don't feed him fast foods, convenience foods, microwaved meals, nor snack foods. As the child grows up, they will be exposed to these things from family, friends, peers, institutions, organizations and group activities. It's unavoidable unless you micro manage every waking moment of their lives. The only thing you CAN do, is make sure they're not getting that crap at home, and that when they do leave the home, they are already full and fueled up with great, healthy food, so even if they do end up eating the junk, they won't eat as much because they are already full of good stuff. It's also good to let him go hungry every so often. There's a difference between hunger and starvation.

There's a reason why I put diet number one on the list. A well fed child (as in given nutritious food and kept from junk feed) is a well behaved child.The differences in behavior between nutritionally nourished children and SAD junk fed ADD rug rats are astounding and dramatic. It is my personal belief born of experience, that feeding them right over a lifetime, will make everything else dealing with parenting much easier.

2) Learn to identify and avoid all feminizing and potentially long term damaging substances found in food, water and personal care products. Soy, fluoride, MSG, artificial sweetners, BPA, GMO foods, all sunscreen products and Big Pharma's utterly ludicrous vaccination schedules.

3) Unless the boy experiences a serious injury, downplay and ignore all minor bumps, scrapes, falls and bruises. Tell him it's nothing, stop crying (if he is) and get over it. Mother's will want to give comfort and make him feel better. Let her, that's what she's there for. Additionally, as he gets older, you can tell him that the only person in the whole wide world that will ever care if he feels sorry for himself, is his Mom. Don't go seeking sympathy from a single other soul. Nobody but their Mothers cares when males cry. The faster they learn this, the better.

As Dad, your job is to toughen him up. It's a cruel world in current social upheaval and decline, and as things get worse, only the strong will survive and thrive. As soon as the boy is walking and talking, you should be preparing him for this.

4) Let the boy play in the dirt. Let him get covered head to toe in it...and don't let his Mother get upset or try to keep him from getting dirty or from tearing up the grass. Don't be so obsessed with keeping him away from all germs. This will compromise his immune system and impact his long term health. If you're outside doing activities, don't be so freakin' anal about making sure he washes his hands before eating...unless he's been handling raw meat or dogshit, it's okay to eat your lunch with dirty hands. Of course, setting a standard of cleanliness for the dinner table and being presentable amongst fellow diners is a good thing to instill...but don't make Germophobia and the pursuit of immaculate cleanliness an obsession.

5) Make sure you always have at least one family meal a day - preferably dinner, but if it's not possible to have every member present, make it the meal where most if not all can be there. Do not allow the Tell-A-Vision to be on while you eat. Make it a standard daily ritual where the only thing allowed is eating and talking. And most importantly, as a Father, YOU SIT AT THE HEAD OF THE TABLE. I cannot stress that last one enough. Do not let anyone - especially your Wife or Daughter - usurp your place at the table. If you're a religious family, either you say the prayer, or you delegate who blesses the meal.

6) Teach him about honor, and keeping his word. The worst punishments he should ever receive is for acting dishonorably and deliberately lying to manipulate people. Don't make promises you know you can't keep, and keep every promise you make. Also come down hard on him for any and every attempt to try and sow dissension between his Mother and yourself. You must support each other as a united front in matters of discipline and punishment.

7) As soon as he's old enough, martial arts and firearms training. Weight training and both solo and team sports if he's interested as he gets older. Whether he gets interested in sports or not, make sure he receives training and discipline in the arts of violence and strength development as soon and as often as possible. Along with the learning of the ways of violence, instill the appropriate lessons of discipline, control and when to use it. Start nothing, finish everything.

8) When he gets older and approaches puberty, it will be time to teach him "Game." As Father and Patriarch of the household, the best way to teach him this, as Heartiste notes in his tip #5, is by example. He should have no trouble understanding the concepts of Game, attraction and the differences between males and females, since he's already spent his whole life observing the example set by his dad. When you sit him down for 'the talk' and say you cover something like Rollo's excellent Lessons for my Son, you should be able to point out your own actions, behaviors and demeanor as the primary examples demonstrating those principles.

9) Controlled, temporarily painful but not damaging, age-appropriate corporal punishment, measured out dispassionately and sparingly, will be one of the most effective means of instilling respect for your authority. In the past, many Father's relied on their belts, or switches etc. Nowadays it's considered abusive and grounds for CPS taking your kids away. Make sure you only dole it out in private, and that you do so deliberately and unemotionally so as to avoid crossing the line from discipline into abuse. I don't believe men should ever use anything other than their bare, open hands for physical discipline. But a little of it, effectively applied, goes a long way. Done right, the implied threat of physical discipline will be more than enough to ensure compliance and obedience 99% of the time. Your boy should definitely fear his Father.

10) Always make regular time for Father-Son exclusive physical activities AT ALL AGES, doing something you can mentor him in. Hunting, fishing, skiing, surfing, diving, skating, dirt biking, rock climbing, hiking, camping, car re-building, woodwork etc. It's good for both of you physically, and it gives you something to bond over for a lifetime.

Now that's my top 10, but there's one more thing I needed to add that I think is so important, it should stand alone from this list. While I have written about avoiding making boys talk about their feelings, etc., as well as instilling healthy fear of his Father into a boy, as Dad, you also have to demonstrate positive masculine affection and love. This is especially important after you've had to give some corporal punishment. Nothing wrong with hugging or kissing your boy, and telling him explicitly that you love him. You have to be a hard ass most of the time, so that you raise him to be a hard ass, ready for a hard, cruel world. But all stick and no carrot will make him come to hate you, and will also leave him stunted and unable to cope with many of his own conflicting feelings. Show him that as a man, he has no fear or shame in expressing love to other males, and that his own feelings of affection for other males (no homo) are perfectly normal, okay and nothing to be ashamed or embarrassed about.

As a man, can you look at your male family members or close male friends straight in the eye and unflinchingly and without any hang ups and say "I love you?" If you can't, then you are letting your emotions cripple your actions.

Oh, and my final thoughts on raising boys (and girls) in our dysfunctional age of declining civilization is also

important enough to stand alone from the top 10 list as well: institutionalized education.

Homeschool > Private Same-sex Religious School > Private Same-sex Secular School > Running Wild in the Streets.

Avoid the Government ~~public schooling~~ brainwashing and indoctrination system at all costs. As Vox likes to say, Homeschool or die.

No Leaf Clover

Keoni Galt · 28 February 2014 · Archived copy · Original

[image]
Post-Economic Collapse, Argentina 2001

"And it comes be that the soothing light at the end of your tunnel....is just a freight train coming your way."

I've seen a lot of naysayers and offhand critiques deriding the MAndrosphere for "fantasizing about the collapse" or calling it "Doomsday Porn." Many folks have made statements claiming they can't wait for it to all come crashing down, so the rebuilding can begin.

It seems we have a dichotomy of generalized opinion on a potential economic collapse of Western society going on...those who can't wait because they are confident in their abilities to survive societal upheaval, versus those who believe it can never happen, or that it might happen, but even if it did, there is nothing we can do, so live and let live, whatever may come, will. I don't adhere to either viewpoint....since I'm a conspiracy-theory realist and cynic, I already know the collapse is coming, it is deliberately engineered, and it will be accomplished to achieve an abominable and inhumane agenda - total population control.

This viewpoint is considered crazy, delusional and paranoid. I'm fine with that.

Just call me Cassandra.

My only answer is to say open up your eyes and LOOK.

How can you not see that our current society is unsustainable? We are a society that is perpetually taking on new debt to simply service the debt we already have.

> $15,064,816,000,000- The U.S. GDP in 2011. The debt as of Jan 1st, 2012 is 15,170,600,000,000. **United States now owes more money than its yearly production (GDP).**

We cannot keep up this charade in perpetuity. The bill always come due, and perpetual debt-spending by a Government to keep the lights on eventually results in bankruptcy and the lights getting cut off.

Thanks to immersing myself in the Shit-Hits-The-Fan-Prepper-Sphere, I discovered a slew of first hand accounts of what an economic collapse in a modern country looks like - Argentina in 2001.

In 2001, I was a daily reader of both national and local newspapers and periodicals, as well as a daily watcher of Tell-A-Vision "news." I don't recall any reporting whatsoever about Argentina's economic collapse and subsequent descent to third-world, hellhole conditions. Of course, we had other world changing events that dominated the headlines back then...

Anyhow, looking at what happened in a formerly prosperous, "first world" society, the parallels we are seeing in the

rest of the "first world" to the events leading up to the Argentinian collapse of 2001 are foreboding.

You think it can't happen here? Think again.

One man's account describes it like this:

> “How can I prepare for an economic collapse?” is one of the most common questions I get. It usually takes me a second to start to explain how complex such a question is. It’s like asking an auto mechanic, “Say, how do you build a car?” or asking a computer engineer, “What’s all that stuff inside my laptop?”
>
> I do have some first-hand experience in this matter, though. The economy in my country, Argentina, has gone through various crises, but none as large as when the economy collapsed in 2001 after a decade of apparent prosperity. The currency devaluated, and Argentina defaulted on its USD$132 billion debt, the largest default ever. **The middle class took to the streets after bank accounts were frozen**, and the president was forced to resign, escaping the presidential building in a helicopter.

That's all it takes to get the catastrophe ball rolling.

The Government simply declares a default, the banks freeze all accounts, and the basic necessities of living that everyone has become dependent on acquiring from our Just-In-Time distribution Supermarket and Big Chain Retail suddenly start doubling and tripling prices as panic hoarding kicks in and the shelves are emptied in a matter of hours.

In my lifetime, I've seen the store shelves here in Hawaii get emptied several times...two hurricanes, a pending tsunami and an earthquake all kicked off a frenzy of grocery hoarding and mile long lines at gas stations. In all of those instances, order was restored and "normalcy" of our current corporatist consumer-driven society resumed in a matter of days.

But when (not IF, but WHEN, as a default is coming. It is inescapable. Maybe tomorrow, maybe 10 years from now...but make no mistake, it's coming,) USA Inc. defaults, the dollar crashes, the bank accounts of the masses get frozen and the grocery and hardware stores get emptied, the "return to normalcy" is not happening.

It's going to be much worse in the US than what happened in Argentina.

For the Argentinians, the freezing of bank accounts instantaneously cast the entire middle class into poverty.

In the USA Inc., this will be terrible...but we also have a large poverty class living a virtual, debt-driven "middle class" consumption lifestyle, financed by the entitlement-dependency programs of the Federal Government. We are at a new record of dependence here: New record: 15 percent of Americans on food stamps

When the bank accounts get frozen, **and at the same time all the EBT cards that are now feeding 15% of the nation no longer work**, The Shit is Going to Hit the Fan and it will be the End of the World as We Know It.

Are you prepared for this? No? It's still not too late...

Take the advice of people who have been there and done that.

Here's a condensed version of some excerpts taken from the SHTFplan blog:

Step #1: Acquiring precious metals (I generally recommend 20% of your savings but each person is a separate case) and a month's worth of expenses in cash, kept safe at home. Every single Argentine wishes he could go back in time, close his bank account, and put that money into gold. We would all do that if we had a time machine. Since you can't guess the future, all you can do is estimate what can happen and play the odds in your favor. In the event of a full economic collapse, if you have 20% of your savings in physical gold and silver, that's a percentage of your savings that is spared. It's not an investment; don't go crazy over gold and silver going up or down a few dollars, just be content that it's not getting any lighter as it sits in your safe. If the economy collapses or even if there's simply inflation (as there clearly will be), that percentage of your savings in precious metals is safe and will likely go up in price beyond its standard purchasing power as things get worse.

During the first stages of a severe economic crisis, you will see ATMs running out of money fast, and many stores won't be accepting credit cards. *{and EBT-SNAP cards too.}*

As the saying goes, "Cash is king" during those times. Your precious metal can be sold to a dealer, but you better keep that stored for now. When everyone is running around looking for an ATM with a few bucks in it, having a month's worth of expenses in cash means you won't be one of them. Why not more than a month´s worth of expenses? Because if the economy fully collapses, that paper money will lose its value within hours. It may drop 50%, 60%, or 75%, as happened in Argentina. Who knows? All you know is that as the currency loses value, the value of the precious metals you have stored goes up in proportion. Still, during those first days, a wad of cash gets you what you need.

Step #2: Stock up on food. The more you have, the better. There may be periods of civil unrest like the ones we saw where stores are being looted and closed after that. There may be problems with resupply because of logistical complications. It's better if you already have 6 to 12 months worth of food in your expanded pantry. Also, keep in mind the food you buy now will be considerably cheaper compared to post-inflation prices.

Step #3: Acquire the essentials by putting together a survival/emergency kit. This will include your typical camping gear: a tent, sleeping bags, a stove (have enough fuel for it in case services are disrupted), first aid kit, medicines, LED flashlights and several spare batteries. Depending on how bad civil unrest gets, there may be problems with the infrastructure. After the economy collapsed in Argentina, the power company simply couldn't afford the repairs needed, and it hadn't planned for something like this, either. Rolling blackouts became common, and having LED lights and rechargeable batteries was a blessing. You could easily spend two or three days without power during summer. *{Worse for North Americans...power outtages during Winter could be fatal rather than simply uncomfortable in the southern hemisphere's summer heat.}*

Step #4: Improve your personal and home security. During the first days after the economy collapsed, civil unrest, rioting and looting was out of control. A state of siege and military law was declared, enforcing curfew hours after 10 pm. This lasted a few months, and for months after that, while order was recovered in the capitol district, there were still occasional revolts and looting. The sense of lawlessness extended way beyond the visible

accounts depicted by the TV and general media.

It's during times like these that you realize you must have means of defending yourself and your family. My advice is to make your home as secure as possible against criminals that may take advantage of the lack of control during the worst of the rioting. After that, a better security plan for the entire family must be worked out. As things get worse, you understand that you can no longer afford to be lax about your personal and home security. Those that are quickly become vicitims. With a more secure home, you may want to consider having a weapon to defend yourself. Certainly not an easy decision, and one you must be extremely serious about. If you have the self-control and maturity to handle one, having a firearm and getting the minimum training to know how to use (it if it ever comes to that) is something you should consider doing.

Crime and insecurity will be one of the greatest threats people all across USA will suffer, and very few will be ready for it. It won't happen one dark gloomy night after watching the latest horror movie. It will happen in the Walmart parking lot at 3 pm, with plenty of people around (people who will hurry out of the way, pretending not to see anything). You'll be thinking about what you just bought, that you maybe should have bought Lucky Charms instead of Corn Flakes. That's when the nice-looking person with two other buddies, all well-dressed (with neat hair cuts, too), pulls a gun on you. Developing a sense of awareness will be the most important part, as well as making the rest of your family comprehend that times have changed and you can no longer be careless regarding security.

Step #5: Embrace a different mindset. When Argentina went through its economic collapse, people handled it differently. Maybe the most common response was denial. The "I can't believe this is happening " attitude was pretty popular. Others complained, but you soon understood it changed nothing: It only made you feel more miserable, more stressed, and that was something you could do without. Others just ended their misery. Suicide rates doubled after the collapse, with people sometimes jumping under the train at early rush hour in a desperate attempt to make their misery noticed by others.

What you need to do is become more positive, more active. Be someone who, while accepting those things you can't change, does something about the things you can. Get involved now, do what I just recommended right now, it will bring you peace of mind. Remember to stay positive and put every problem into perspective. Complain less. You'll have enough to complain about when inflation gets worse. Soon you'll understand that material things can be replaced, and you become more grateful for what you have instead of worrying about what you don't.

It's essential to keep a positive attitude. Being someone that gets easily depressed will be the end of you as the economy worsens. Problems much worse that what you are used to will be a daily occurrence. You'll just have to roll with it and learn to cope with the new world you live in. Reinforce your relationships with people. Fight stress by finding a hobby you enjoy, hopefully one that has a practical side as well. After the collapse, lots of people started their own businesses when they realized there were no jobs to be found. It would be better if you get started now, just in case you ever need it in order to earn a living.

These are my recommendations. I know many people could have used such advice back when our economy collapsed. - *Fernando "FerFAL" Aguirre at TheModernSurvivalist.com*

There are some fundamental differences between the state of the USA Inc. and Argentina in 2000-2001, just prior to their economic collapse.

We probably have the most heavily armed populace the world has ever seen. When the SHTF, it's going to be a

total warzone once fighting over the basics of survival commences. I have family members who are staunchly "anti-gun" and are utterly opposed to anyone owning guns. They always vote for gun control politicians, and always challenge and question my beliefs and ownership of numerous weapons.

Yet they have food storage and are preparing for possible societal catastrophe (not because they believe as I do, but rather due to past experiences with hurricane preparedness). When I tell them they are just creating storehouses for the looters with guns to come and take it from them when the SHTF, they act like they don't even hear what I'm saying. It's cognitive dissonance at it's worst. Don't let your political ideology get in the way of your preparedness. You think the cops are minutes away from saving you NOW, imagine what it will be like when the cops are in the midst of society wide rioting and unrest?

There will be no one coming to save you.

Ask the Korean C-Store owners in L.A. in 1992 about that.

I also believe the huge segments of our populace that are dependent on Federal Government entitlements to get their daily food are also the sort of people who will in a matter of *hours* begin looting, rioting, robbery and other such predations on people who may have food stores and other material consumables when the banks freeze, the EBT cards stop working, and the store shelves are emptied.

They already have an entitlement mindset, as well as a healthy sense of envy and covetousness of those in the upper economic classes....and in America, they are already well armed, or one household burglary away from getting heavily armed.

Don't be sheep waiting for the ravening wolves to come to devour you and your family when the time comes and law and order disappears in moments.

Get armed, get trained, and be ready. The financial apocalypse of the greatest economy the world has ever seen is inevitable, and most likely destined to happen within our lifetimes - and probably sooner rather than later.

Cold Turkey Lung Cancer

Keoni Galt · 7 March 2014 · Archived copy · Original

[image]
This is why THEY oppose smoking by we the sheeple.

TL;DR Synopsis: *If you are a long time cigarette smoker of 20 or more years or you know someone who is, and you or the person you know is contemplating quitting, DO NOT QUIT COLD TURKEY. You are far more likely to experience sudden onset of fatal lung tumors, than if you taper off slowly! If you are already in your 70's and have been smoking your whole life, you probably shouldn't even try to quit at all.*

Mandatory Disclaimer: *The author of this site is not engaged in rendering professional advice or services to the individual reader. The ideas, procedures, and suggestions contained within this work are not intended as a substitute for consulting with your physician. All matters regarding your health require medical supervision. I shall not be liable or responsible for any loss or damage allegedly arising from any information or suggestions within this blog. You, as a reader of this website, are totally and completely responsible for your own health and healthcare.*

I used to work for a man who smoked from the age of 13 until he died from lung cancer at 73. Probably most folks are related to or know of someone that had a similar story regarding smoking and lung cancer.

Everyone knows cigarettes cause lung cancer, right?

I am now of the opinion that this is only partially true.

See, the man I used to work for had gone to the Doctors after his 73rd birthday for a full body physical. As a life long, retired US Navy man, he had the full coverage and access to the entire medical services and health care provided by the Government. He had blood work, urinalysis, prostate exam, etc.

The Doctor was astounded that he was in such good health for a man his age. Paraphrasing what the Doctor told him after all the testing results were in: "You are in such great health, if you would only quit smoking, you might very well live to be 100!"

For the last 10 years or so, this man had switched to buying bulk organic, roll-your-own (RYO) tobacco, and smoked about 8-10 a day. He did have a smokers cough, but nothing too bad. He told me that once he had switched to the organic RYO, he no longer woke up every morning hacking and wheezing for 10 minutes or so just to clear out all the darkened mucus that accumulated in his respiratory system while he slept, like when he used to experience when he was a pack a day chain smoker of a popular Big Tobacco brand cigarette.

But inspired by the great health report from his Doctor, he finally decided it was time. He quit cold turkey.

One week later he went to the hospital with pneumonia. Chest X-rays were negative, he just had fluid in his lungs.

One week later, the hospital sent him home to recuperate after a round of antibiotics appeared to treat it and his lungs somewhat cleared up.

One week later he was back in the hospital with a "pneumonia relapse." This time, chest X-rays showed massive tumors in both lungs.

One week later, he was dead.

I did not understand how a man given a total clean bill of health just a month or two prior, could suddenly develop lung cancer so fast.

So I do like I always do when I encounter an enigma that bothers me during sleepless bouts of insomnia, staring at my ceiling and contemplating such thoughts...I started googling.

The following article is a fair representation of the types of articles I found on the first few pages of results - Spontaneous Smoking Cessation Before Lung Cancer Diagnosis

> Introduction: We have observed that many patients with lung cancer stop smoking **before** diagnosis, usually **before** clinical symptoms, and often without difficulty. This led us to speculate that spontaneous smoking cessation may be a presenting symptom of lung cancer.

This is the general approach I found in numerous articles. Many lung cancer patients quit smoking cold turkey, without much problem (so much for tobacco being as addictive as heroin or crack cocaine...), and with no symptoms of lung cancer whatsoever before they decided to quit.

> Conclusions: These results challenge the notion that patients with lung cancer usually quit smoking because of disease symptoms. The hypothesis that spontaneous smoking cessation **may be a presenting symptom** of lung cancer warrants further investigation.

In other words, it appears to be the consensus view of the Big Healthcare and Big Science researchers that the decision to quit smoking cold turkey *is a symptom* of the onset of lung cancer... that they seemed to "sense" they were about to develop cancer, so they intuitively quit cold turkey.

As always when it comes to discerning modern science reporting and peer reviewed publishing, the very first thing you must always look for is correlation versus causation. All these reports I read seemed to focus on abrupt smoking cessation as a correlated symptom.

After all, it's already accepted as scientific fact that long term smokers get lung cancer, right?

But then I found this article on the back pages of my google search that appeared to make the case that abrupt cessation may in fact be the *causation of lung cancer!*

> The clinically high correlation between smoking and carcinoma of the lungs has been the focal point in societal campaigns against the habit and the tobacco lobby. In an overview of personal history in a number of lung cancer patients locally, we are struck by the more than casual relationship between the appearance of lung cancer and an abrupt and recent cessation of the smoking habit in many, if not most cases.

> The association is more than just casual-development of cancer within a few months of eschewing cigarette smoking. Over a period of 4 years, a total of 312 cases were treated for carcinoma of pulmonary origin: of this number, 182 patients had quit smoking within 5-15 months prior to their being diagnosed with lung cancer. Of the 182 patients 142 were male and 40 were females, with ages ranged between 47 and 74. Each one of had been addicted to the habit for no less than 25 years, smoking in excess of 20 sticks a day. The striking direct statistical correlation between cessation of smoking to the development of lung malignancies, more than 60% plus, is too glaring to be dismissed as coincidental.
>
> **It is our premise that a surge and spurt in re-activation of bodily healing and repair mechanisms of chronic smoke-damaged respiratory epithelia is induced and spurred by an abrupt discontinuation of habit, goes awry, triggering uncontrolled cell division and tumor genesis.** In normal tissue healing, anabolic and catabolic processes achieve equilibrium approximately 6-8 weeks after the original insult. When an imbalance occurs between these phases occur in the healing process, disruptions in repair limitations occur leading to tumor genesis this sequence is best exemplified in the formation of keloids from scars.
>
> Nicotine stimulates corticotrophin-releasing factor (CRF) besides increasing the level of adrenocorticotropic hormone (ACTH), both of which interfere with immune systems. **Abrupt withdrawal of the addictive drug could trigger derangement of the 'smoking-steroid' conferred immunity, priming the healing lung epithelia to dangerous levels uncontrolled cell division.**

I'm wondering if this man I used to work for had never listened to his Doctor and never quit smoking....or if he had simply weaned himself off slowly, would he still be alive today?

Perhaps. There are no guarantees in this life, other than the fact that we are all going to die someday.

Needless to say, I know what I think about this topic. If you've been smoking for a long time, and you decide to quit, there are a few things you should probably consider before you do so. Quitting smoking after habituating your body to regular dosing of it for a long period of time, is no doubt a major stress for even an otherwise healthy body to handle. Abrupt cessation after decades of usage is undoubtedly a shock to the body, and one who decides they need to quit, should make sure they are in otherwise good health, not trying to recover or repair from some other major health event or condition, and to slowly taper down over a long period of time.

But if you're like Beatrice Langely, the lady pictured at the top of this post who started smoking at 8 years of age, and you're still puffing away on your 100 birthday, at this point it would be pointless and needlessly stressful to try and quit. If it 'aint broke, don't fix it. If you're one of those who is living a paradoxical life of longevity as a smoker, you may as well stick with your "habit" until the very end.

What do you want to bet Beatrice Langley has outlived a Doctor or two that got after her to quit smoking over the past 90+ years?

A Healthy Respect

Keoni Galt · 11 March 2014 · Archived copy · Original

[image]

My favorite long-time, regular reader and commenter of this blog, Anonymous, asked me in the comments of my last post: "Have you thought about doing any posts on microwave cooking?"

Not really, but you just gave me an idea.

Instead of taking my typical approach to blogging - doing research, finding linkages to bolster my contentions, and carefully crafting an argument, I'm approaching this one from a completely different angle for once.

Yeah, a number of years ago, I did some research on how the microwave oven is bad for human health. It's been a long time, but let me see if I can recall the things I've read about microwave oven cooking, and why I decided to stop using it for anything other than heating water for non-consumptive purposes - I don't even use it for defrosting frozen foods.

Microwaves destroy nutrients and minerals in food and water, they can also emit potentially toxic radiation while cooking, they alter protein molecules and destroy any natural pro-biotic bacteria present in your food. Regularly eating microwaved food is also linked to heartburn, acid reflux, indigestion, diarrhea and other digestive issues. Also, if you microwave anything with plastic wrap or Styrofoam containers, toxic compounds like bisphenol-A and other substances in the containers can leach into the food.

Here was one of the more memorable experiments I came across on teh Interwebz, from a high school kids science fair project:

[image]
Update: This pic has purportedly been debunked - I still 'aint cooking with a microwave.

If the microwave devitalizes and denatures water, imagine what it's doing to your food...but I digress. Anyone can google all this stuff for yourself and find hours of reading on the topic.

On the other hand, I have a much more compelling reason to eschew this nutrient destroying tool of convenience: texture and taste.

Here's the one mention I previously made here about microwaving food:

> In all this time, I've come to realize something else when it concerns eating food. It's not just the ingredients that I'm vigilant about.
>
> I've also become really conscious of the habitual behaviors and social rituals around food.

> Where I once considered cooking a laborious and time consuming chore (hence the rationalization for eating fast food 5 or more times a week), I now take great pride in procuring fresh, pure and natural ingredients, and taking great care to cook meals with said ingredients.
>
> **I despise the culture of the microwave.**
>
> Wrapped in plastic and nuked, destroying the texture and full flavors of the ingredients.

> I loathe the mentality behind driving and eating.
>
> Or doing anything else BUT savoring well made food at a sit down meal.
>
> I hate eating off of paper plates, paper napkins, Styrofoam cups and bowls, and with plastic utensils. I strive to make every meal I eat, a REAL MEAL, made with real food, eaten at table with real silverware and porcelain and glass flatware, with good company to commiserate and savor the meal with. It is one of the finest pleasures in this life.

All my friends and family are aware of my aversion to the microwave. When people offer me leftovers, I tell them I'd prefer to eat it cold from the fridge than having it zapped. I used to be the sort of person that couldn't bare to eat cold left overs. I always nuked my leftovers to get the food hot. Once I quit using the microwave, I figured out that most foods actually don't taste bad at all eaten cold....but I still prefer cooked foods, served hot. Nowadays, I usually take the extra step of reheating food the old fashioned way.

And in doing so, I also discovered something else, dishes like stews, chili's and soups that have all the fat congeal at the top of the dish in the refrigerator? They typically taste better on the re-heat than when they were freshly cooked and still piping hot! Something about refrigeration and reheating makes the flavors blend better.

Of course, a lot of folks will skim all that hardened fat out and dump it before reheating their food. Ugh. That's where all the flavor and nutrition is! Why would you take the best part of the food out and throw it away?

I've hosted dinner parties in which I've cooked a big pot of beef stew two days prior, chilled it for 24 hours, than reheated it just prior to guests arriving to eat. No one ever suspected they were getting "reheated leftovers" at my dinner table, but the compliments are always forthcoming, and I'm often asked what my "secret" is.

People seem to have bought into this notion that the microwave really saves them a lot of time and effort. But if you really do a comparison, you are literally sacrificing the taste, texture and nutritional value of your food to save perhaps 5 or 10 minutes of your time, at best.

About the best argument you could make is that you're using less dishes to reheat your food.

Whoop-de-doo. So instead of having to wash one microwavable Tupperware dish and a fork, I end up having to wash one Tupperware dish that I had refrigerated my food in, a plate, a fork and a pot or pan.So there's perhaps an extra 5 minutes on the clean up.

The way I spend time and money on procuring ingredients and cooking the food I and my family eat, I say it's

worth the extra time spent to reheat a meal and have a little bit more clean up detail.

Healthy food deserves a healthy respect. I just don't find the taste and texture that gets altered by nuking your food in the microwave a worthy trade off to save the 10 or 15 minutes longer it takes to reheat and clean-up.

Leftover dinner food that takes 3 minutes to reheat, takes about 6-8 minutes on a stove top in a cast iron skillet, and the taste and texture is retained, if not improved from conventional reheating.

A bag of microwave popcorn takes 4-5 minutes. Issues of microwaveable popcorn ingredients aside, using a covered pot and some butter and macadamia nut oil, I can pop a full bowl of popcorn in about the same 5 minutes, and season it with real salt and spices, and it tastes and smells far better, too.

The only thing is you have to actually stand over the pot and continuously shake it to keep the popped corn from burning.

But I guess the 5 minutes you would spend over the stove is not as valuable as 5 minutes watching the tell-a-vision or updating your facebook page from your smartphone, while the microwave is nuking your teflon-lined, paper bag full of kernels, partially-hydrogenated oils and artificial butter flavors.

In the past 5 years of exploring the topic of food and nutrition on teh Interwebz, I've developed a much better relationship and respect to my food that I put into my body.

Why would I purposely go through the care and effort of raising my own chickens and feeding them custom mixed feed to have a regular supply of nutrient-dense, free-range/pastured eggs...only to zap it and destroy all those nutrients I otherwise spent all that time and effort cultivating?

Why would I go out of my way on a weekly basis to travel to the Farmer's Market in my part of the island to procure freshly harvested organic produce so that I can saute them in high quality, grass fed butter and expensive macadamia nut oils...only to destroy all the vitamins and minerals in a radio active box for the sake of saving 5 minutes of time and effort?

Or the fresh fish or grass fed beef or the bone broth stocks and soups I usually make overnight in the crockpot?

Real food, takes real time to make and real time to enjoy. It is a labor of love. To cherish these principles, I don't find it difficult at all to eschew the so called time-saving convenience the microwave provides. As the old saying goes, you are what you eat, and I don't eat or drink anything that is nuked or zapped.

I respect my body, by respecting my food.

Post Script -After seeing some comments both here and over at RedPillWomen on this post (thanks for the linkage, Stingray), I realized this post was not as clear in my "anti-microwave your food" sentiment as I thought. My bad.

Zap your food for all I care. Anonymous just asked me to do a post on microwaves, so I put my thoughts down in a stream-of-conscious style blog post (which is not how I normally write when I put together a post here.)

To clarify - I did a lot of research on the topic 5+ years ago. Based on so much conflicting reports, I cannot say for certain that microwave ovens are truly bad for human health. But I can say it is certainly bad in affecting the texture and taste of the food you cook with it, and for me, **that is enough of a reason for me to not use the damn contraption.**

As I said before, I've developed a passion for cooking and eating quality, wholesome and nourishing foods in the past few years, and I see the microwave as an affront to those things.

Paleo Progeny Reprisal

Keoni Galt · 31 March 2014 · Archived copy · Original

[image]

I'm amazed at the continuing popularity of my Paleo Baby post. I guess I shouldn't be though, since it is linked over at Mark's Daily Apple, and people go through his extensive archives all the time. If anything, I certainly understand the intense interest and fascination one experiences when they discover a new paradigm that fosters a host of positive and dramatic changes in health and well being.

I also think there are a lot of folks who upon finding out they are going to have children, suddenly take the idea of eating a careful diet seriously, and start to look for answers on teh Interwebz...and find linkage to my post.

I eventually posted a follow up post, Paleo Toddler, because I kept getting requests from people to keep writing on the topic. But it was seeing repeated hits coming from this old Paleo Hacks forum post about Ketosis During Pregnancy that finally prodded me to do another "Paleo Kid" post here.

> I've been paleo for about four months and have seen great success in weight loss, energy levels, lipid profiles, skin, I could go on and on. I have been in ketosis more often than not in the last two months or so.
>
> Today I found out I am pregnant. It's very early in the pregnancy but I am already mindful of the affects that my previous non-paleo had on my body (namely much of the weight I just lost). I do not want to go backward in my progress. As a matter of fact, if I can safely continue to lose weight while maintaing a healthy pregnancy that would be my goal.
>
> So, to my question...does anyone know of any research that indicates the safety of being in ketosis during pregnancy? If I have to up my carbs I will but in my experience thus far when I am not in ketosis, even if I keep my carb intake at less than 100 grams per day, my weight loss stalls out.

In the replies to this initial post, somebody links to my Paleo Baby post. And it's been regularly sending traffic here for the past three years now. So for those of you still coming to this blog via *Paleo Hacks*, I'd like to address a few points with regards to this topic.

First things first: **My wife was never in ketosis throughout her entire pregnancy.** As I initially wrote back then:

> I made sure to feed my pregnant wife ample supplies of proteins and fats, while eliminating all sugars, processed snack foods, and Omega-6-rich vegetable oils. I highly restricted all grains, bread, pasta and other such high-carb fare...

While I had by that point in time gotten off the "low-carb forever" bandwagon, my thinking was still biased towards the simplified "low-carb > high-carb" paradigm of that time. My thinking on that has changed a lot, based on personal experience. My primary concern now is not concerned with *quantity* (low carb vs. high carb), but rather

quality.

The reason why "low-carb" and ketogenic diet protocols have been embraced in the early days of Paleo diet popularity, are because people who go low-carb or ketogenic, by default, end up cutting out all of the inflammatory, omega fatty acid-imbalanced oils ubiquitous in processed carbohydrate foods - chips, cookies, cakes, crackers, bread, buns, tortillas, etc. They also cut out a lot of other bad things found in grain-based processed foods that contribute to cellular inflammation - arguably one of the primary underlying conditions for being overweight or obese.

But taken to the extreme, I've seen people write about avoiding even miniscule amounts of fruit and vegetables because of the carb content. I view this as problematic and bordering on obsessive.

I view ketosis and ketogenic diets to be a short-term, therapeutic protocol to address specific health issues - aka an Extreme Dietary Intervention, *not* a proscription for a diet to be followed for the rest of your life.

If you are overweight, borderline or full blown diabetic, or have some other serious health issues regarding your blood sugar regulation or overall metabolism and energy levels, a Very Low Carb or Ketogenic diet may be exactly what you need to fix your issues.

But I just don't believe it's a good idea for most people to adhere to a purely carnivorous diet. The best argument I can put forth for that is the simple statement of biological fact: in comparison to all other mammalian species on the planet, it's plainly obvious that the human body is an Omnivorous species.

While I myself was on a low-carb diet for several years (no grains or starchy plant foods like potatoes, corn, etc.), by the time my wife and I conceived "Paleo Baby," I had begun regularly eating "bad" carbs like rice, potatoes and other starchy tubers back into my diet. I had come to the conclusion that carbs are not the devil.

But enough about me, all apologies if I digress in excess, this is supposed to be a "Paleo Baby" reprisal...

But before I proceed any further, I'd like to once again restate the following:

> I'm no expert. I only pretend to be one as an anonymous blogger on teh interwebz!
>
> **This is an anonymous blog and I am not trying to sell you or anyone else a damn thing.**
>
> I write on this topic, because I'm passionate about diet and nutrition. I was not a healthy baby. I have lifelong health problems for which I now believe are attributed to my poor nutrition as an infant...

> ...in revisiting many of the points from my original post, let's just say most of those points have not changed much in the past year. To avoid overusing the term "Paleo Baby" or "Paleo Toddler" and turning this into a caricature of gimmickry, I'm going to refer to the kid from here on out as "Keiki," which is Hawaiian for child.

Keiki is almost four years old now. At this point in time, I do believe my application of nutritional principles have paid dividends with regards to my progeny's health and overall development.

Many of the observations from two years ago, still hold true.

> Keiki has never had an ear infection, a chest cold, or a fever...other than the mild, low grade fever that typically accompanies teething. Keiki has had a runny nose a couple of times, but that usually cleared up within a day or two.

This is still largely true.

Keiki recently experienced the first "major" illness. A bad chest cold/cough that lasted close to two weeks. I attribute it to Keiki visiting indulgent relatives without me on the mainland for a week and feasting on a cornucopia of all the things I don't allow in my household. Breakfast cereal with commercially processed, homogenized and pasteurized milk; chips, crackers, ice cream etc. After a week of eating such feed, keiki's immune system was undoubtedly compromised, and an extended ride in the re-circulated air of the jet when returning back to Hawaii exposed the child to a host of germs. Keiki came down with a runny nose, fever and cough within 48 hours of returning.

Other than that, colds, runny noses, upset stomachs, diarrhea, and other common ailments (the things for which I notice are common occurrences for all the kids of my social and familial circle) have basically been something other kids get to regularly experience, not mine. I'm still regularly told how lucky I am by friends and family.

I still believe luck has got nothing to do with it. The recent sickness following a week of free-for-all junk food indulgences while visiting relatives is confirmation enough for me. The more I observe and practice mindful, deliberate and careful eating, and applying the same deliberate care in feeding keiki, the more I am convinced of the connection between gut health and the immune system.

That being said, other than the few deviations due to circumstances, our diet and lifestyle largely remains unchanged in the past two years.

> In summary, the guiding principles I try to follow with raising a "Paleo Toddler" are this: Focus on real food, eaten until satiated. Get adequate, regular, mid-day sun exposure to ensure optimal vitamin D levels. Avoid consuming modern day, mass produced, industrialized toxins like vegetable and grain oils, high fructose corn syrup, cereal grains and flour, MSG, and other mass produced, processed food garbage.

These are the basic principles I try to follow in feeding my child. Nothings changed on that front since I wrote that.

The real struggle though, is keeping with these principles while living a life interacting with family, friends and acquaintences.

The only way anyone can achieve dietary purity is to avoid social eating situations and watch every single moment of my child's actions when visiting other people's homes.

Life's too short to take it to that level.

There's careful, mindful eating of nutrient dense and nourishing foods while abstaining from the worst poisons our Brave New World Order's Feedlot system has to offer....and then there's obsessive-compulsive, diet-Nazi pathological behavior that alienates people.

That's not me. As I like to say, if you're at your sister's wedding, eat a fucking piece of the wedding cake.

I can't keep keiki from ever eating junk food without becoming a micro-managing tyrant, aka the "helicopter parent." There are times where keiki is given something I would normally object to. I don't lose sleep over it. If I take the kid to a playmates birthday party, I don't sweat keiki having a piece of birthday cake and ice cream with all the other kids...but I do try to make it less likely, by filling keiki up with a belly full of real food before the junk food is doled out. At that point, only a few bites and the overly full feeling from all the real food is enough to make keiki only eat a few bites of the dessert before running off to play instead of gorging on the junk.

The tactic is not just a short term plan to deal with specific occasions either. My overarching goal is to regularly feed the kid with so much good food, that the junk food will never gain a strong place in the child's mind when the hunger pangs start to kick in.

I've introduced my keiki to a wide and varied diet of good, nutrient-dense foods. I've instilled the taste for many foods that most other keiki don't eat. Bone broth soups and stews, spicy chilis, fermented vegetables like kim chee, poi, sauerkraut and pickles, sour yogurt, artisanal cheeses, a wide array of vegetables and fruits, eggs from my chickens, raw fish, wild boar, an assortment of seafood, and all sorts of meats. This is 95% of what my kid eats on a daily basis.

In contrast, I see most parents handing their kids the latest snack crackers or bowls of cereal when they get hungry and start whining.

"Your so lucky your child likes and eats all those fruits and vegetables! I can't get mine to eat any at all!"

That's the common refrain I hear. I silently note that said parents usually always have bags and plastic containers of grain-based snack foods on hand in case their child "gets hungry." In my observation, when kids are full of crackers, chips and cookies; vegetables and fruits have zero appeal to them.

I also believe the saturated fat-phobia and the fear of salt promoted by the conventional wisdom of our corporate-produced and mass-media marketed industrial feed system plays right into most children's aversion to vegetables.

In my opinion, if you start your kids out on buttered and salted vegetables, they'll eventually take to eating them raw and unprepared once they have a strong association formed with vegetables and food already made in their mind.

I once attended house party in which everyone was eating. My kid walked across the room and approached the food table, bypassed all the breads, rolls, pastries, cakes, and other dishes, and grabbed a fistful of raw broccoli and proceeded to eat it with gusto. Everyone in attendance was amazed, myself included. I always gave keiki broccoli steamed or sauteed and liberally buttered and salted. Several parents asked me how I got my kid to eat veggies like that.

When I said "lots of butter and lots of salt." I don't think they believed me.

Most people don't believe me, when they express incredulity when I tell them "no thanks" when they offer keiki some snacks, soda or candy. It seems like everywhere one goes in society, people want to offer cute kids sugary candies and desserts and grain-based snacks like chips and crackers.

They mean well, but then so do I.

I've gotten so tired of politely refusing such offers, I simply tell people keiki's allergic to wheat, soy and corn. That usually covers all the bases for processed junk feed. and most people don't question the existence of food allergies...it's a lot easier than trying to explain why whole wheat crackers or "multi-grain chips" are still junk food.

Other than social events and well meaning generosity from strangers and acquaintances, it is really not that hard keeping the kid away from most junk food.

My primary tactic is to just make sure the belly is already full of real, nourishing and nutrient dense food before leaving the house. Taking snacks or candy from a hungry kid is much more of a challenge then it is to watch in amused satisfaction as your kid declines the junk food by his or her own volition, because they're just not hungry from already having recently eaten a full meal of real food.

Kids who are nutritionally loaded up with real food all the time from regular meals, seem to me to be much more concerned with playtime rather than snack time.

I've Been iASSIMILATED

Keoni Galt · 4 April 2014 · Archived copy · Original

[image]

I resisted as long as I possibly could... but the inevitable has come to pass.

I have succumbed to the virus, and i am now another casualty in the global pandemic that has afflicted nearly all of mankind, laying waste to social cohesion and traditional norms of what used to be known of as standards of congeniality in a civilized, "polite society."

I am sitting in my local outlet of corporatist fair trade coffee drinks to connect to teh Interwebz via free wi fi to make the first ever Hawaiian libertarian post via iPhone.

Lulz... now I understand the epidemic of auto correct denunciations and "this damn phone" lamentations found in nearly every comment thread and forum throughout the 'sphere.

I never intended to ever find myself in this particular situation, but then I never counted on a friend offering me one of these hypnotic hand held devices for free, since he recently upgraded to the latest release from the worlds foremost monger of Mobile Affirmation Devices.

So now I sit here amongst my fellow palm zombies, sipping java and staring intently down at my little glowing touchscreen, ignoring real people to communicate with virtual people logged on and dropped out all over the rest of the planet.

I don't know how this is going to affect my constant battle with virtual addiction to teh Interwebz, but one thing is for certain... I need to figure out how to turn on Pidgin mode for Siri!

Conspiritard Food Magic

Keoni Galt · 11 June 2014 · Archived copy · Original

[image]

Awhile back, I discovered a link back to this blog from TheRedPillWomen Reddit and found this comment from dana:

> *"just so you know, the guy who wrote that piece invented the red pill terminology in an essay in 2009 and hes great when discussing LTR game (he practically invented discussing it on the net, before athol kay), he just happens to have a lot of conspiritard and food magic beliefs as well."*

lozlzolzozlozloozlozlzozlzolozlol! Thanks dana, luv ya too! I guess I'll do my best to put the retard into the conspiracy magic!

When it comes to the corporate fast food culture and it's multitude of restaurants that have blanketed all of the lands in our Brave New World Order, there certainly exists a conspiracy, and magic's got nothing to do with it.

[image]

It may seem like magic to those you whose brains have become too addled by ingesting copious amounts of aspartame, monosododium glutamate, phenylalanine and high fructose corn syrup in conjunction with a dire lack of adequate nutrients and saturated fats -- and not to mention a steady mind-diet of regularly scheduled mass media programming -- but I assure you, I'm going to break it down real simple-like, so that you too can see what's behind the magic of this retarded conspiracy:

ROUNDUP...



...aka GLYPHOSATE.

> Let's put aside the debate about antigenic proteins introduced by transgenes in GMO crops. Transgenes are genes from species that are not naturally present in crops of feed or food importance, e.g. spider genes, bacterial genes, viral genes, etc. These transgenes are capable of producing proteins in the plants that have never been in the human diet over the course of human evolution, stretching back thousands, even millions of years. GM proponents and regulators claim pseudo-scientifically that these novel new GM foods are 'substantially equivalent' to conventional ones, despite a lack of human clinical toxicology studies to prove it; or, they claim that these proteins are inconsequential and do not represent a threat to human health, or the health of the biosphere as whole *because they say so* – a plea to their own self-appointed, baseless authority.
>
> This debate about whether or not GMO foods contain problematic proteins **is meant to confuse and distract from the real issue that if you eat corn, soy, cottonseed or canola containing GMO products – and everyone does since nothing is truthfully labeled – you are ingesting glyphosate (aka Roundup) residues.**

This substance has literally changed the face of hunger and malnutrition that has plagued humanity throughout the entire history of our species residing on this planet:



The face of human hunger and malnutrition, *before* RoundUpReady Feed went global...



The face of human hunger and malnutrition, *after* RoundUpReady Feed went global.

It may not seem obvious, but the burgeoning monstrosity of accumulated flesh stuffing it's face with RoundUpReady Feed in the latter pic is just as ravenously hungry and critically malnourished as the unfortunate denizen of a famine ravaged country in Africa shown in the preceding pic.

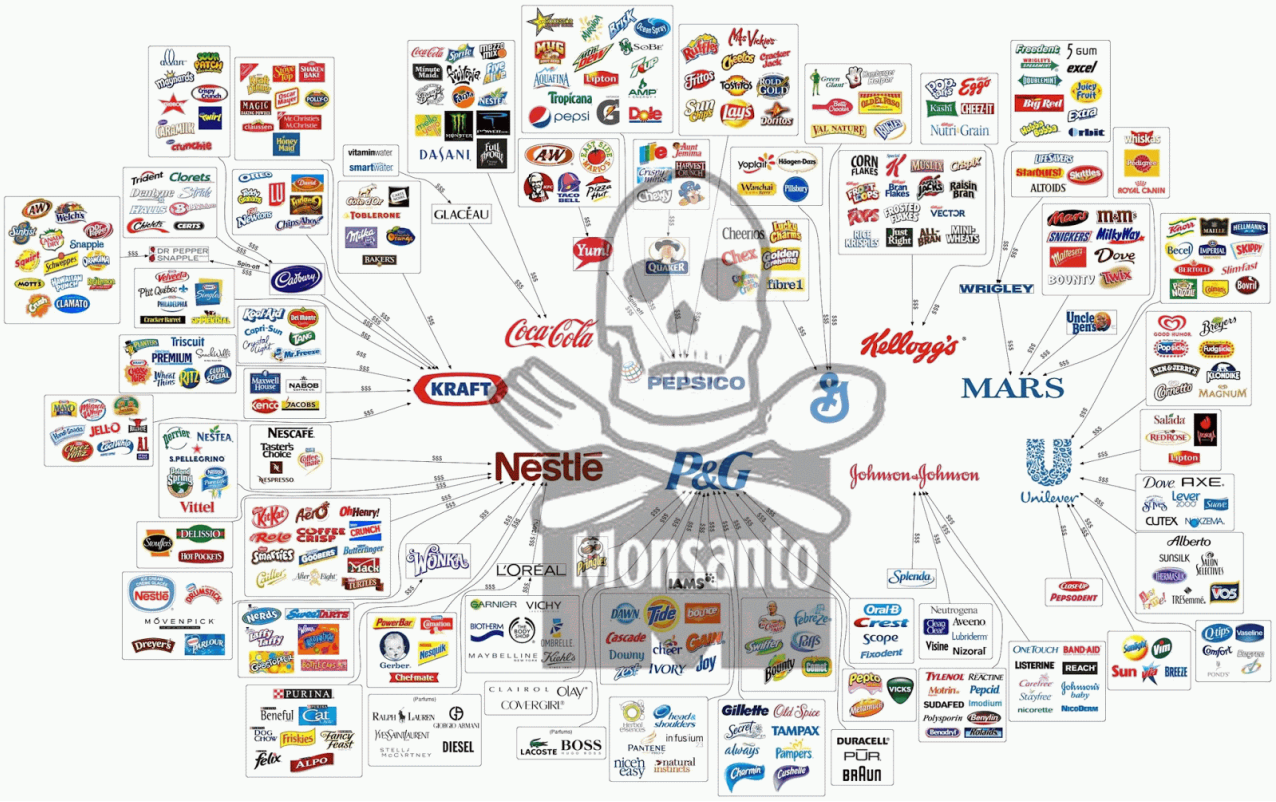
Many arguments on teh Interwebz have been spawned over the idea that one single substance can serve as the vector for the epidemic of obesity that has afflicted every corner of the globe.

"It's the high fructose corn syrup!"
"No, it's the refined carbs!"
"Wrong, it's move more, eat less!
"Calories in, calories out!"

Any metropolis, 'burb, village, city, truckstop or town in our Brave New World Order that has more Fast Feed joints and drive-thrus, EBT-approved C-stores, and SNAP-eligible snack shops than farmer's markets, grocery stores and family farms; will have a statistically significant portion of the populace waddling and shambling about in GMO-RoundUpReady fueled-morbid obesity.

[image]
"Round Up the Sheeple...it's feedin' time!"

Roundup and all the industrially farmed, genetically modified organisms engineered to withstand it's life destroying properties, is far and away the primary cash cow of one of the most satanic and demonic corporations of our Brave New World Order's corporate cartel-controlled marketplace



GMO-RoundUpReady-based Fast Feed is the primary vector for the plague that has ravaged our nation, engorged our waistlines, clogged our hardened arteries and overloaded our enviro-friendly-reduced-flush toilet bowls.

It doesn't get any simpler than this, retards.

Take your typical "VALUE MEAL" offering at any RoundUpReady Feed distributor found in malls and Shopping Centers all across the blighted plains, the good ole Hamburger, fries and cola combo:

[image]
Aren't You Hungry?

* The Hamburger meat comes from feedlot cattle, fattened to slaughter weight with RoundUpReady corn and soy feed, genetically modified and laced with a generous dose of antibiotics to keep the cows alive long enough to reach it's date at maximum weight with a bolt gun lobotomy at the hands of an illegal immigrant in the assembly line at your local USDA-inspected, factory farm slaughter facility.

* The bun is made with bleached white and enriched RoundUpReady wheat flour, RoundUpReady high fructose corn syrup, and partially-hydrogenated RoundUpReady Soybean margarine.

* The fries are manufactured from genetically modified potatoes, then deep fried in rancid, oxidized and overheated RoundUpReady Soybean or RoundUpReady Rapeseed oil (aka "Canola"), and finally salted with processed, iodized table salt adulterated with anti-caking silicate.

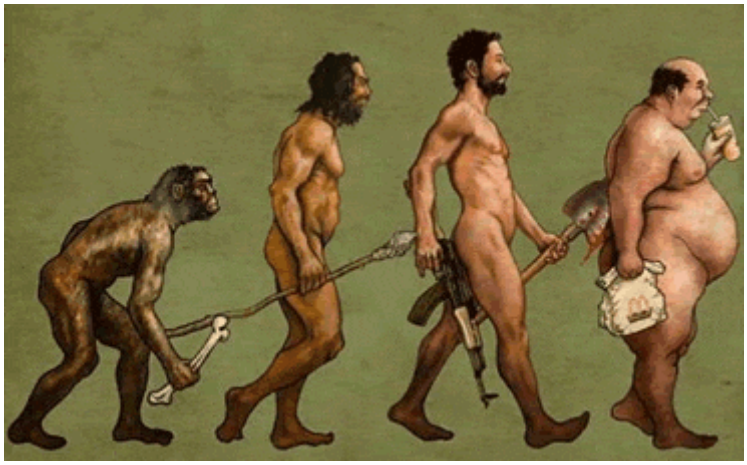
* The cheese is made from milk by RoundUpReady grain-fed dairy cattle.

* The cola is essentially carbonated water, flavored with RoundUpReady high fructose corn syrup and colored by caramel manufactured with sugar derived from RoundUpReady sugar beets. Oh, and don't forget to throw in some genetically modified yeast by-product (aka "citric acid") and phosphoric acid to boot.

Every aspect of this ubiquitous, popular sheeple feed combo-value meal is derived from bio-engineered crops genetically modified to be RoundUpReady so that the crops can be planted, grown and harvested on a mass industrial scale, with copious amounts of glyphosate sprayed on the crops repeatedly throughout the plants entire life cycle.

[image]

As more and more humans subsist predominantly on Big Ag processed fare composed of RoundUpReady plants and animals fattened up on RoundUpReady feed, mankind will continue to evolve...morphing in size and shape quicker than Darwin could've ever imagined.



The Origins of Genetically Modified Species

If you want to cut to the chase, you can always go straight to the source.

[image]

Now that we discussed the food magic part, it's time to get to the conspiritard part.

It's not conspiracy, it's a revolving door:

> The FDA's pro-rBGH activities make more sense in light of conflicts of interest between the FDA and the Monsanto corporation. Michael R. Taylor, the FDA's deputy commissioner for policy, wrote the FDA's rBGH labelling guidelines. The guidelines, announced in February 1994, virtually prohibited dairy corporations from making any real distinction between products produced with and without rBGH. To keep rBGH-milk from being "stigmatized" in the marketplace, the FDA announced that labels on non-rBGH products must state that there is no difference between rBGH and the naturally occurring hormone.
>
> In March 1994, Taylor was publicly exposed as a former lawyer for the Monsanto corporation for seven years. While working for Monsanto, Taylor had prepared a memo for the company as to whether or not it would be constitutional for states to erect labelling laws concerning rBGH dairy products. In other words. Taylor helped Monsanto figure out whether or not the corporation could sue states or companies that wanted to tell the public that their products were free of Monsanto's drug.
>
> Taylor wasn't the only FDA official involved in rBGI-1 policy who had worked for Monsanto. Margaret Miller, deputy director of the FDA's Office of New Animal Drugs was a former Monsanto research scientist who had worked on Monsanto's rBGH safety studies up until 1989. Suzanne Sechen was a primary reviewer for rBGH in the Office of New Animal Drugs between 1988 and 1990. Before coming to the FDA. she had done research for several Monsanto-funded rBGH studies as a graduate student at Cornell University. Her professor was one of Monsanto's university consultants and a known rBGH promoter.
>
> **Remarkably. the GAO determined in a 1994 investigation that these officials' former association with the Monsanto corporation did not pose a conflict of interest.**

Remarkably!

It couldn't be a conspiracy...

[image]

Tsa!

The Key Sign of A Civilization's Decline

Keoni Galt · 13 June 2014 · Archived copy · Original



Simon Black over at SOVrEIGN MAN looks at the lessons of civilization's histories and finds the cyclical pattern of "civilized" human experience.

> Throughout the 18th century, for example, France was the greatest superpower in Europe, if not the world.
>
> But they became complacent, believing that they had some sort of 'divine right' to reign supreme, and that they could be as fiscally irresponsible as they liked.
>
> The French government spent money like drunken sailors; they had substantial welfare programs, free hospitals, and grand monuments.
>
> They held vast territories overseas, engaged in constant warfare, and even had their own intrusive intelligence service that spied on King and subject alike.
>
> Of course, they couldn't pay for any of this.
>
> French budget deficits were out of control, and they resorted to going heavily into debt and rapidly debasing their currency.
>
> Stop me when this sounds familiar.

The more things change, the more they stay the shame...which is the same thing as defining insane, no?

> The French economy ultimately failed, bringing with it a 26-year period of hyperinflation, civil war, military conquest, and genocide.

Looks like we are approaching another critical juncture in the cycle of human civilization's decline. Debt and debasing of the currency is the hallmark of all civilizations in decline...but Simon points out a common feature in the history of collapsing civilizations and empires - **when the rulers in debt are borrowing money to simply pay the interest of the debt,** the end of the world as one knows it is nigh.

> In 1868, the Ottoman government spent 17% of its entire tax revenue just to pay interest on the debt.
>
> And they were well past the point of no return where they had to borrow money just to pay interest on the money they had already borrowed.
>
> The increased debt meant the interest payments also increased. And three years later in 1871, the government was spending 32% of its tax revenue just to pay interest.
>
> By 1877, the Ottoman government was spending 52% of its tax revenue just to pay interest. And at that point they were finished. They defaulted that year.
>
> This is a common story throughout history.

And we all know what happens when a Government defaults. We have some very recent instances of this very phenomenon occurred 13 years ago in Argentina.
Which brings us to the present day.

USA Inc. is currently in the phase of borrowing money to "service the debt." SOVrEIGN MAN illuminates the situation:

> Taking this into account, total US interest payments in Fiscal Year 2013 were a whopping $415 billion, roughly 17% of total tax revenue. Just like the Ottoman Empire was at in 1868.
>
> Here's the thing, though– it's inappropriate to look at total tax revenue when we're talking about making interest payments.
>
> The IRS collected $2.49 trillion in taxes last year (net of refunds). But of this amount, $891 billion was from payroll tax.
>
> According to FICA and the Social Security Act of 1935, however, this amount is tied directly to funding Social Security and Medicare. It is not to be used for interest payments.
>
> Based on this data, the amount of tax revenue that the US government had available to pay for its operations was $1.599 trillion in FY2013.
>
> This means they actually spent approximately 26% of their available tax revenue just to pay interest last year… a much higher number than 17%.

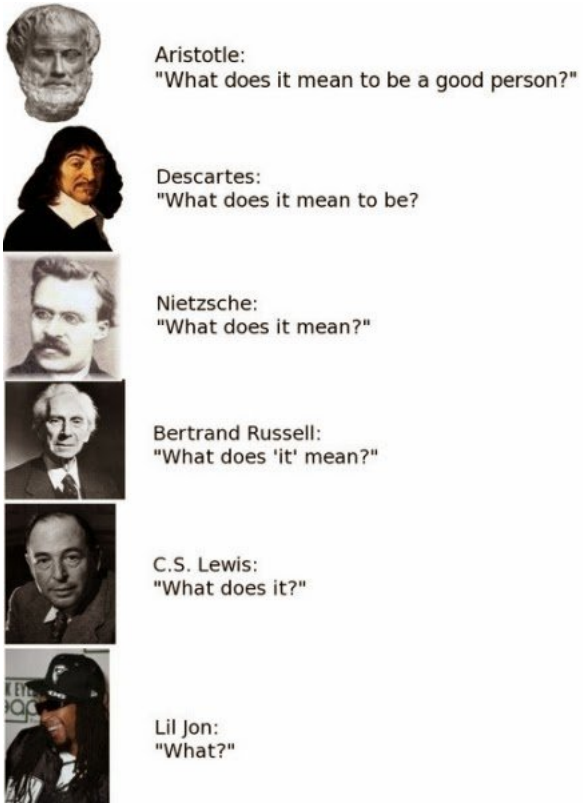
So apparently, while it looks like we are at the point the Ottoman Empire was at in 1868 -- 9 years away from default in 1877 -- we are actually closer to the Ottoman Empire in 1871's 32% of tax revenue to service the debt.

But the pattern is unmistakable.

Bankster usury to fund indebted Government operations appears to be the primary means for bringing empires to ruin.

Considering the global nature of the economy, the ability to manipulate the masses with mass media propaganda and hide the extent of the problem until it is too late, we probably don't have 6 years until our own inevitable default.

In any case, if one doesn't consider the financial situation of the world's centrally planned economy and the usurious debt nearly all nations are in to the global banking cartel as a sign of impending collapse, you can always look at the arc of the cultural zeitgeist instead, to see we haven't much time left as a "civilized society" -



Irregularly Re-scheduled Deprogramming

Keoni Galt · 15 July 2014 · Archived copy · Original

[image]

When I first became iAssimilated, I kept playing with the idea of walking away from this blog forever by changing my log-in password to some string of characters I could possibly never remember, than logging out for good.

One of the reasons I was flirting with this idea was a post I read by Roosh around that time:

> **Are You Addicted To The Internet?**
>
> The best way to know if you have an internet addiction is to imagine how difficult it would be for you to limit social networking, email, and smartphone usage. The harder it is, the more likely you have a problem of using the internet not as an informational tool but as a distractor and mood regulator of life.
>
> I used to think that the internet was better than television in that it offered more mental rewards, but with the direction it has taken in the past 10 years, especially with the development of smartphone apps, I can no longer say that sharing or viewing items on Instagram, Facebook, or Twitter, and then checking obsessively for replies is better than watching a television comedy show. Both require the lowest of brain function, but at least in the comedy you can encounter a joke to use on your friends to make them laugh. If you look at the faces of people who are on their smartphones, mindlessly scrolling through Facebook, you'll see that it's as empty and hollow as those watching television.
>
> If your approach to the internet is balanced, your usage should decrease as you start to solve the problems in your life. If you are reading blogs for game advice, and your game starts getting sharper, you should be reading less game blogs. If you understand the damage that a certain ideology is doing on society, like feminism, you should be reading less articles about feminism as time goes on. Only when you establish a new goal, such as studying a language, should your internet usage temporarily rise to aid you. **But to constantly use it every day, regardless of what knowledge you already have on certain topics, what information you immediately need, or what your future goals are, means you are treating the internet not as a tool, but as a lifestyle, trading it in for real life instead.**
>
> Most of the population is not going to exhibit control in their internet usage by only reading select resources while not attention whoring on social networking, so it appears that we may have arrived at the point where, for the average person, the internet will cause them greater harm than being a couch potato. It's time we all be more thoughtful about how we incorporate the internet into our daily routines, and make sure it doesn't take over our lives completely.

When I first read that post, it was one of the few readings I had done in the past year or so that I continually ruminated on for days afterwards. It made me take a good, long look at how my usage of the internet and all of the things I could have accomplished or done with my time instead.

Worse, I had found myself becoming one of those Palm Zombies I've blogged about in the past, whenever I found a free Wi-Fi access hot spot for my iPhone.

Roosh was right, I was treating the internet not as a tool, but as a lifestyle, trading it in for real life instead.

Much of the topics of this blog and my participation in the MAndrosphere where some of the greatest tools I have ever used to enhance and improve my life in our current Brave New World Order's globalized feedlot society. I mostly got myself out of usurious debt slavery, improved my health, developed a zeal for practicing the culinary arts, improved my physical endurance, stamina and discipline, and gained a greater understanding of just what is most important in this life and what it really means to be a Father and not just a hapless, pack mule provider.

But I seem to have reached a point of maximized utility here, and much of the things I've been reading on teh Interwebz seems to be retreads and rehashes of all the topics I was reading and writing about 4 years ago. It all seems like re-runs now...yet I couldn't stop from logging on and frittering away hours on end reading and composing new blog posts on comments on other folk's blogs, day after day.

Roosh's article gave me a moment of clarity and I knew something had to change. So I contemplated blogger-cide. I came close several times, but I just couldn't do it...but it did result in a two month hiatus from any posting. Since I decided to not give up my access to this blog, I have been very careful to not get sucked back into a daily habit of using the internet as a lifestyle rather than a tool.

There's too many things I got to do in the real world to spend so much time in the virtual world.

Here in Hawaii, the summer sun is shining and the weather is sweet. I got a lot of outdoor projects going on, and a lot of work keeping me busy to fund those projects, not to mention regularly scheduled sessions for paleo radiation therapy. I'll probably resume posting more frequently when the days are shorter and the rainy seasons return. But until then, the days are too beautiful here to waste them typing on a keyboard and peering at a screen.

But I do recognize that I do have a need to read and write. The muse does strike me strongly every now and then - not as much as when I was a desk jockey in a cubicle farm, logged on and plugged in to teh Interwebz eight hours a day, five days a week - but it still comes. When it does, I will let it ride. I have a few unfinished posts in the que that I will eventually get around to finishing and posting, but as of right now, I've been really satisfied with what I've been able to accomplish and experience these past several months by severely curtailing my internet usage and blogging.

If your new to these fringes of teh Interwebz, welcome, you found the greatest potential tool for improving your personal situation whether it be health, your personal and familial relationships or understanding the way the world really works and how to avoid many of the insidious traps "society" has laid for us all.

Just remember that as useful and helpful you find truth seeking in the virtual world, you must be vigilant and not let it take place of your life in the real world. Teh Interwebz seems to be addictive by design. Don't fall for it and succumb to the virtual disconnect.

A hui hou.

Deliberate Obesity Pandemic

Keoni Galt · 24 July 2014 · Archived copy · Original



Time to don the tin-foil constructed, conspiritard food magic cap once again, and point out that there are conspiracy theories and then there are conspiracy facts.

Here's one conspiracy fact - we are in the midst of an obesity pandemic, and it is in fact a pandemic that is deliberately instigated through subsidization by the federal government of USA Inc.

By annually borrowing more money from the Fiat Usury Cartel to exponentially and perpetually increase the compound interest due to further cast the increasingly expanding American serfs into irreconcilable debt bondage, THEY subsidize the Farm Bills for Big Ag Corps to manufacture and distribute the poisonous feed that drives the rise in the numbers of shambling mounds of the malnourished and morbidly sick, lumbering about from sea to shining sea, all across the bloated plains.

The sightings of such specimens are becoming increasingly more common everywhere in our brave new world order. You can find them at almost anytime, any day if you care to go looking for examples of what I'm describing here. They can be found parking there autos in handicap stalls with their State sanctioned placards of parking privilege, to then laboriously waddle over to the motorized shopping carts near the store entrances, so they can then scoot around their local global-corporate cartel distribution center, to load up on more of the processed feed that made them this way in the first place.



But there's far more to this equation than just simply considering the annual Federal Farm Bills passed by the stooges in congress, duly compensated for continuing the subsidizing of the RoundUpReady soy-corn-wheat industrial complex.

No sirree, it is now a virtually enshrined *right*, an entitlement *benefit* to ensure the average citizen has the subsidized means to acquire and consume these manufactured products that cause exponential corporeal expansion at an alarming rate.

The frequently condemned subsidized Big Ag farm bills (rightly so!) are only one part of this equation. We have to also consider the EBT/SNAP program and it's junk food "loophole." As one lady wrote into the letters department of the Augusta Chronicle last year, Why does EBT fund junk?

> I am totally confused! The government is now regulating the type of food and fat content in schools. If the government is so concerned about obesity in young people, then why don't they place restrictions on food bought and paid for by government EBT cards?
>
> When I go grocery shopping, I see people in front of me in the checkout line with carts full of cookies, candy, chips and soft drinks, and they pull out their EBT cards to pay. All over supermarkets, you see junk food labeled "EBT-approved." Why can't EBT cards be restricted to nourishing staple foods such as chicken, beans, vegetables, milk, juice and healthy foods?

I regularly see the same thing here in Hawaii that a flummoxed taxpayer in Georgia notices as well. A commenter on the letter makes the same point I've made many times before:

> Why junk food? Higher profit margins and large corporate lobbies. The individual receiving EBT assistance is only the middleman in the spending chain -- ultimately EBT money ends up largely in the pockets of the processed food industry, which has huge lobbying influence and deep pockets. They buy Congress, Congress makes sure spending continues to flow to their coffers. Excluding junk food from EBT would withhold money from heavyweights like Kraft, General Mills, Pepsi/Coke, FritoLay, etc.

Of course, if the likes of Kraft, GM, Pepsi/Coke, FritoLay, Nestle, Nabisco, Sarah Lee, et al are the heavyweights, let's not forget the 30000000 lbs. Godzilla in the room.... but I digress.

Michael Pollan is one guy who's been at the forefront of pointing out the key role the Federal Farm Bill plays in fomenting our deliberately subsidized obesity pandemic for the profits of Big Ag:

> **It's an old story: the "hunger lobby" gets its food stamps so long as the farm lobby can have its subsidies.** Similar, if less lavish, terms are now being offered to the public health and environmental "interests" to get them on board. That's why there's more money in this farm bill for nutrition programs and, for the first time, about $2 billion to support "specialty crops" –farm-bill-speak for the kind of food people actually eat. (Since California grows most of the nation's specialty crops, this was the price for the state delegation's support. Cheap indeed!)
>
> There's also money for the environment: an additional $4 billion in the Senate bill to protect wetlands and grasslands and reward farmers for environmental stewardship, and billions in the House bill for environmental cleanup. There's an important provision in both bills that will make it easier for schools to buy food from local farmers. And there's money to promote farmers' markets and otherwise support the local food movement.
>
> But as important as these programs are, they are just programs–mere fleas on the elephant in the room. The name of that elephant is the commodity title, the all-important subsidy section of the bill. It dictates the rules of the entire food system. As long as the commodity title remains untouched, the way we eat will remain unchanged.
>
> The explanation for this is straightforward. **We would not need all these nutrition programs if the commodity title didn't do such a good job making junk food and fast food so ubiquitous and cheap. Food stamps are crucial, surely, but they will be spent on processed rather than real food as long as the commodity title makes calories of fat and sugar the best deal in the supermarket.**

....and of course, let us also not forget to include the other profiteers of this great porking-up pandemic, the Banksters 2B2F.

> JP Morgan is the largest processor of food stamp benefits in the United States. JP Morgan has contracted to provide food stamp debit cards in 26 U.S. states and the District of Columbia. JP Morgan is paid for each case that it handles, so that means that the more Americans that go on food stamps, the more profits JP Morgan makes. Yes, you read that correctly. When the number of Americans on food stamps goes up, JP Morgan makes more money.

In short, there's a lot of money to be made in the fattening up of the American sheeple, and there is just too much momemtum, too much profits, and too much vested interest by too many entities to ever hope for any meaningful change to ever come about in our current political system based on balanced bullshit and perpetual peonage of We the Sheeple to the Fiat Usury Cartel.

In the mid-90's, Wal Mart first came to Hawaii in a town called Mililani, a small suburban community in the center of the island of O'ahu. For a short while, it was the number one Wal Mart in terms of sales in the entire country. (I only know this because an old high school friend worked there when they first opened).

People from all over the island would drive one to two hours just to go there to save a few bucks on toiletries,

cleaning supplies and textiles made in China, that no other stores or chains anywhere else on the island could hope to compete with...not to mention it was the first store to remain open for business 24 hours a day here. The people of Hawaii went Wal Mart crazy the first few years they opened their doors here.

I remember one incident fairly well. I was at a different shopping center in the same town, and a car of local people pulled up to me as I was walking along the sidewalk, and asked me if I knew where the new Wal Mart was. They told me they were from Waimanalo - the far Eastern end of the island, a good 2 hours drive away at that time - and that they had never been to Mililani before.

To most folks in the USA Inc., 2 hours drive is literally nothing to ya'all. But on a small, densely populated island like O'ahu, two hours of driving through our winding, crowded and often gridlocked freeways and streets *just to go to shopping at a store* is not normal behavior.

I was amazed at how far these folks would drive just to shop at Wal Mart.

20 years later, we have Wal Marts, KMarts, Target, and Walgreens, and all sorts of National Chain super store/big box retailers all over, and nobody has to drive more than 15-20 minutes to get to one.

Prior to the arrival of these big National chain stores, Hawaii had a number of small, locally owned retail stores, some even family owned for several generations. Most of these are all gone now, and the one drug/sundries/retail chain that has been in business in Hawaii for a really long time and has a loyal following of locals that have kept it profitable in the face of big box competition, Longs Drugs, has been bought out by CVS.

Now Longs Drugs also had stores in California and a few other West Coast States, but in Hawaii, Longs has such a loyal customer base, it is the only place for which CVS opted to keep the name Longs Drugs for all it's stores, while all the Mainland stores have been changed to CVS.

This may seem like I'm going off on a tangent here, but stick with me for a bit more and you'll see what I'm getting at here with regards to this topic...

...anyhow, back when Wal Mart first opened, I remember shopping there pretty frequently, as I lived in a neighboring town at that time, about 10 minutes drive away. After a few years, I remember going into the store one day and noticed that they had started selling fresh produce. Not much, just a few crates of fruits and vegetables, and a single aisle of refrigerators selling a token amount of dairy and some processed meat products. At that time, I had also been to stores like Wal Mart, Target, Walgreens and other big box retailers on my trips to the mainland, and none of them carried fresh produce that I could remember.

Shortly thereafter, Longs Drugs followed suit, installing a very small "produce" section in the store. Like really small. A single, open air, refrigerated shelf, with a few heads of lettuce, apples, some processed American cheese slices, a few cartons of factory farmed eggs and some gallons of milk. I was always puzzled at why a store like Longs and Wal Mart, would have those dinky little produce sections...especially since that Wal Mart and nearly all Longs stores all over the island, were mostly located to prominent grocery store chains in their respective shopping centers.

I also noted that most of the time, this produce was of marginal quality and it usually looked like no one ever bought any of it, and it was almost never on sale and usually priced more expensive than the same produce brands and products found in any other Hawaiian grocery store. In fact, I even remember on a few occasions seeing Longs Drugs store employees loading up an entire cart of produce that had not sold and spoiled, and re-stocking the meager shelf with a new batch of most likely never-to-be-purchased produce.

I often wondered about the business decisions of a company like Longs Drugs and Wal Mart to waste floor space for a rinky-dink produce section, when they are immediately adjacent to popular grocery stores. Why would anyone buy there produce from a drug store or a Wal Mart? Why do these stores even bother trying to sell such meager offerings when customers need only walk 20 yards next door to a grocery store with much better selection and variety of produce at better bargain prices?

Several months ago, it finally dawned on me when I was buying some batteries from Longs, and I was in line at the register, observing another victim of the American Obesity Pandemic, unloading her shopping cart of cases of soda, snack cakes, chips and twinkies... **then I watched her pay for it with her EBT card.**



Stores like Longs Drugs could care less if they had entire cases of lettuce, tomatoes, apples and bananas rot and get thrown away every few days, never selling a single bit of it.

As long as they offer a minimum amount of fresh produce, they can then accept EBT payments for the copious amounts of obesity-generating feed on sale in the profit aisle. Prior to the addition of a single small "produce aisle" I'm positive the old food stamps where not allowed to be used to purchase all the junk food stores like Longs Drugs had always sold. I now believe the switch over from the old food stamps to the electronically controlled EBT/SNAP system happened at around the exact same time all these stores started getting into the fresh produce business. It's positively diabolical, and most certainly deliberate.

Yes, my fellow food magic conspiritards, I am blaming the American deliberate obesity pandemic on the USDA-Big Ag-Junk Feed-EBT-Big-Box-Store Industrial complex. Then again, we need not try and create a long acronym or such a large hyphenated label for this dastardly and malevolent conspiracy. Just understand that it is all just various facets of the one big Company Store that rules our globalized, "fair-trade" world.

[image]

We're in for Twice the Fun

Keoni Galt · 6 August 2014 · Archived copy · Original

[image]
Hey CNN, in Hawaii, we call them Hurricanes, not Cyclones!

> **In rare event, 2 tropical cyclones aimed at Hawaii**
> By Mariano Castillo and Tony Marco, CNN
> updated 8:18 PM EDT, Tue August 5, 2014
>
> (CNN) -- Tropical cyclones in the Pacific do not worry some Hawaiian residents because direct hits historically have been so rare on the islands. Hawaii is a small target in a large ocean.
>
> But the state finds itself prepping ahead of what could be a pair of back-to-back smacks from Hurricane Iselle and Tropical Storm Julio. Even if these two storms weaken or don't make landfall -- as is usually the case around Hawaii -- they can still cause damage, including flooding and debris, experts warn.

So I went to the store today to buy some hearthealthywholegrains (which I use to make my own chicken feed; not for human consumption,) and was bemusedly observing the circus of panic shopping going on as folks cleared the shelves of toilet paper, rice, bottled water, ramen noodles and canned food.

I was able to grab my single bag of hearthealthywholegrains and go up to a single cash register designated for purchasing items that could be hand carried from the premise. Anyone with a shopping cart had to stand in a line that wound around the entire premise of the store. I heard folks grumbling that they were in line for over an hour.

There was no one waiting at the hand carry register.

I was in and out in under 10 minutes.

Once again, I rest somewhat easier than most of my fellow Hawaii residents, simply because I've always adhered to the boy scout motto: Be Prepared.

Now it's time to clean the guns, sharpen the blades, oil the chain on the saw, and batten down the hatches.

A hui hou.

The Jaffe Memo

Keoni Galt · 17 August 2014 · Archived copy · Original

PROPOSED MEASURES TO REDUCE FERTILITY, BY UNIVERSALITY OR SELECTIVITY OF IMPACT IN THE U.S.

UNIVERSAL IMPACT	SELECTIVE IMPACT DEPENDING ON SOCIO-ECONOMIC STATUS		Measures Predicated on Existin Motivation to Prevent Unwanted Pregnancy
Social Constraints '	Economic Deterrents/Incentives	Social Controls	
Restructure family: a) Postpone or avoid marriage b) Alter image of ideal family size Compulsory education of children Encourage increased homosexuality Educate for family limitation Fertility control agents in water supply Encourage women to work	Modify tax policies: a) Substantial marriage tax b) Child tax c) Tax married more than single d) Remove parents' tax exemption e) Additional taxes on parents with more than 1 or 2 children in school Reduce/eliminate paid maternity leave or benefits Reduce/eliminate children's or family allowances Bonuses for delayed marriage and greater child-spacing Pensions for women of 45 with less than N children Eliminate Welfare payments after first 2 children Chronic Depression Require women to work and provide few child care facilities Limit/eliminate publicly financed medical care, scholarships, housing, loans and subsidies to families with more than N children	Compulsory abortion of out-of-wedlock pregnancies Compulsory sterilization of all who have two children except for a few who would be allowed three Confine childbearing to only a limited number of adults Stock certificate permits for children Housing Policies: a) Discouragement of private home ownership b) Stop awarding public housing based on family size	Payments to encourage sterilization Payments to encourage contraception Payments to encourage abortion Abortion and sterilization on demand Allow harmless contraceptives to be distributed nonmedically Improve contraceptive technology Make contraception truly available and accessib'e Improve maternal health care, with family planning as a core element

The measures tabulated here are derived primarily from Davis, Science, 11/10/67; Michael Young's remarks at NIH Conference 6/67; L.&A. Day, Too Many Americans; J. Blake in Sheps & Ridley, Public Health & Population Change; and W. Shockley, Speech in Ontario, 12/67.

Table of Population Control Proposals from the Jaffe Memo

In 1969, Frederick Jaffe, the Vice-President of Planned Parenthood Federation of America, sent a 9-page memo to Bernard Berelson, President of the Population Council, which outlined the various proposals under consideration by the eugenicists of the day. Aside from serving as the VP of Planned Parenthood, Jaffe also worked in a consulting role with other prominent Population Control organizations like the National Center for Health Statistics, the National Institutes of Health, the Commission on Population Growth and the American Future, and the Ford and Rockefeller Foundations.

Consider the opening paragraph of the memo: "This memorandum is responsive to your letter of January 24, seeking ideas on necessary and useful activities relevant to formation of population policy, defined as "**legislative measures, administrative programs, and other governmental actions** (a) that are designed to alter population trends... or (b) that actually do alter them."

In other words, Jaffe was one of the primary consultants and brain stormer for the elite 1% establishment conglomerate of Corporate/Non-Profits/Tax-Exempt Foundations who had the ways and means to effect increased Population Control measures on American society.

Forty-five years later, we can see just how effective the Population Control Industrial Complex has been in shaping our present society, when you see just how much of this original brain storming exercise by this award winning eugenicist has come to pass and now accepted as normalized aspects of our Brave New World Order.

The image of the table that made up the last page of this memo gained some notoriety amongst the Pro-Life/Anti-Abortion blogosphere a few years back. In the time before social media, the Jaffe Memo Table went somewhat viral and generated grist for the mill in the ideological Pro-Life/Pro-Abortion dialectic.

According to ~~Winston Smith over at the Ministry of Truth~~ Wikipedia, under the entry for Frederick S. Jaffe:

> In recent years a 1969 memo written by Jaffe has been a source of controversy on the Internet. The memo, written to Bernard Berelson, head of the Population Council, included a table that summarized many proposals from various sources regarding population control. This memo has been erroneously cited to **accuse Jaffe and Planned Parenthood of supporting such measures as compulsory abortions and sterilizations**, which were among the proposals referenced. In fact the table was merely a listing of current proposals, with sources documented, not the policies of Planned Parenthood. The original memo and an article based on it are available online.

This, of course, is a red herring "re-frame" of the real issue. It's another classic example of the collective Borg of PC thought-policing by the commissars at Wiki, telling us what we are supposed to think when confronted with the table of Population Control measures that were "merely a listing of current proposals."

Having seen a passing mention by an anonymous commenter on another blog citing the Jaffe Memo as a reference to the Population Control agenda, I consulted Googliath, but could not find the Jaffe Memo in its entirety posted anywhere as an easily copy-and-pasted text. Only the .jpg or .pdf picture of the table was widely disseminated throughout teh Interwebz...and the only copy of the entire memo that I could find available -- that was not sequestered behind a pay wall site -- was scanned images of the memo stored on Google Drive.

So I downloaded the image files of the original memo in its entirety and began reading to get to the source of this memo and put the "mere listing of current proposals" into their proper context. As I read, I found myself getting into blogger-fisking mode and wanting to do the classic copy-and-paste of excerpts interspersed with my own thoughts. But the Google drive image files had no text that could be copied and pasted, and I don't have any OCR capable software installed on my current desktop, so instead of a typical fisk-job I decided to transcribe it myself.

The memo in it's entirety represents one of the primary eugenicists of his time weighing the pros and cons of various Population Control measures, and compares and contrasts voluntary versus mandatory measures under consideration by the social engineers of that era. These ideas are considered in the context of American society in the 60's, and how such measures would play out amongst different stratus of socio-economic classes of that era. Jaffe essentially points out that the welfare dependent underclass and the middle/upper-middle classes would require different methods to achieve the Population Control goals of the elitists.

Given the clarity of hindsight by those of us opposed to the agenda of the Population Control Industrial Complex, it is easily discerned that the multivariate approach has succeeded beyond these social engineers wildest dreams. In fact, some of it's "mere listings of current proposals" are currently being promulgated today, most notably the promotion of homosexuality, and the infliction of chronic depression via a genetically modified and artificially engineered dietary zeitgeist in conjunction with the proliferation of unnatural lifestyles endemic to our modern rat race.

It confirms one of my primary contentions I've been making on this blog for years now - our highly engineered society was deliberately designed that way.

In this, the year of our lord 2014 AD, with American citizens of the vanishing middle class not reproducing at population replacement levels, while the welfare dependent classes are producing future revenue streams for the industrial incarceration complex and providing further justification for the expansion of the Surveillance-Militarized Police State, it's not a stretch of the imagination to say we now live in the dystopian world imagined by the likes of Frederick Jaffe, Bernard Berelson, Margaret Sanger and the likes of the elitist eugenicists at the Rockefeller Foundation et al.

The following is a complete transcription of the Jaffe Memo.

The Technical Assistance Division of Planned Parenthood-World Population

Center for
Family Planning
Program
Development

545 Madison Avenue, New York, NY 10022
(212) 752-2100

March 11, 1969

TO: Bernard Berelson

FROM: Frederick S. Jaffe

RE: Activities Relevant to the Study of Population Policy for the United States

This memorandum is responsive to your letter of January 24, seeking ideas on necessary and useful activities relevant to formation of population policy, defined as "legislative measures, administrative programs, and other governmental actions (a) that are designed to alter population trends... or (b) that actually do alter them." My observations will be limited to the United States and to activities which might shed light on the necessity for, desirability of and in some cases, the potential hazards, of development of an explicit governmental population policy or policies in the United States.

Apart from the abstraction that in the long run, a zero rate of population growth is inevitable, the arguments advanced to justify an explicit U.S. policy now of encouraging a specific universal limit on family size (as distinguished from proposals aimed selectively at welfare recipients and racial groups) center mainly on two propositions:

1) That continued U.S. population growth will inevitably cause a deterioration in the quality of life of this and future generations; this can be described as the ecological position.*

2) That an explicit U.S. policy to encourage or compel smaller family size in the U.S. is necessary to enable our government effectively to encourage or compel developing nations to move in similar directions; this may be termed the international public relations position.

> ** A variant of this position is that the U.S., with some 6 percent of the world's population already uses more than half of the world's non-renewable natural resources, and that population growth here thus effects not only the quality of American life but the opportunity of the developing countries even to attempt to improve their living standards.*

The debate thus far (in government, among conservation organizations, in the demographic field, within Planned Parenthood, etc.) has with only a few notable exceptions (e.g. Coale) virtually ignored current actual U.S. fertility behavior and its implications for public policies in other areas which may influence the realization of fertility preferences, nor with the predictable political consequences of a major effort to adopt and enforce an anti-natalist U.S. population policy. Nor has it viewed population policy as an element -- but only one -- of a larger field of social planning in which the direct and indirect costs and benefits of each element must be weighed against the direct and indirect costs and benefits of all elements in order to produce a coherent social policy.

Realistic public policies intended to influence actual behavior are rarely adopted in the U.S. only for public relations reasons. Proposition 2 above, therefore, is not likely to become the primary basis for a U.S. population policy will ultimately be made on the validity or invalidity of Proposition 1.

Accordingly, at least as regards the United States, I believe that a number of activities must be undertaken as prior and necessary conditions to consideration of whether or not the U.S. should adopt any explicit population policy.

These suggestions are set forth below, more or less in the order required, logically, for prior questions to be answered authoritatively before derivative issues are tackled. The first activities are designed to provide a definitive assessment of the levels of population growth that can be expected from expanding to the maximum current voluntary control mechanisms; these studies would offer an answer to the basic question, "Does the U.S. need an explicit population policy?" If there then will still remain some definable problem of population growth in the U.S. on a best-judgement basis, the second group of studies would attempt to clarify the terms of the discourse over alternative policies by removing the value-laden assumptions which have thus far distorted professional and public thinking. Then, it is proposed that a wide range of public policies in the other areas -- and their underlying theoretical bases -- be examined disinterestedly to determine what impact, if any, they have had on population trends. Finally, the list of potentially effective alternative policies which emerges would be critically assessed in terms of their likely political and social consequences in a stratified society.

I. The Uses and Limits of a Contraceptive Society

The U.S. has achieved near-universal practice of some form of fertility control (including ineffective methods). The argument for a U.S. population policy rests on the expressed preference of U.S. couples for an average ideal family of 3+ children which will result in a rate of growth which is said to be impermissible. (It is important to note that the number wanted is usually less than the number regarded as ideal.) Yet, current fertility experience appears to go in the opposite direction: the annual fertility rate is now about 85 which, if continued, would result in an average completed family size of about 2.6 children; this is being accomplished in spite of present state of technology,

ranging from relatively efficient-to-inefficient contraceptive techniques and, for all practical purposes, with no legal abortion backup; current fertility therefore includes a sizeable number of unwanted births and conceptions. (Data from the 1965 National Fertility Study yields a minimum estimate of 850,000 unwanted births annually from 1960-65, or 21 percent of all births.* While overall fertility has declined since 1960-65, it seems highly likely that current fertility includes at least a 15 percent incidence of unwanted births. If this is valid, the "wanted" fertility rate currently is between 70-75, which is replacement level, if it continued.)

There are, of course, excellent reasons for caution in projecting future trends based on current fertility experience: the fertility preferences of American couples are not static and vary in response to conditions which are only dimly known. But the same caveat applies even more strongly to extrapolations from the post-World War II pre-pill period (upon which much of the demand for a U.S. population policy is based): these projections appear to have been rather considerably modified by the availability of improved contraceptive techniques since 1960 and the degree to which these methods contributed to delaying first births and introducing longer intervals between subsequent births. Moreover, the interaction between improved fertility control and fertility preferences are only beginning to be clarified by scholars like Freedman, Westoff and Ryder who have shown that "later equals fewer".**

I imagine that it was data such as these which led Coale last November to state that there seems to be as much reason to believe that the U.S. will shortly worrying about too few births as about too many. ***

Since the U.S. has the resources to make truly efficient contraception truly available to everyone and to complement this with abortion on demand, it could thus provide a test of the uses and limits of voluntary action in solving the population problem.

**Jaffe, Frederick S. and Alan F. Guttmacher, "Family Planning Programs in the U.S.' Demography (forthcoming).*

*** Freedman, R.C. Coombs and L. Bumpass, "Stability and Change in Expectations About Family Size - A Longitudinal Study",Demography 1965 V.2: N.B. Ryder & C.F. Westoff, "The Trend of Expected Parity in the U.S. - 1955, 1960, 1965", Population Index, April-June, 1967.*

**** At PPWP's Annual Meeting Symposium.*

The following work appear indicated:

1) a definitive study of the current number of unwanted births in the United States.

2) A definitive study of the current number of illegal abortions in the United States.

3) From 1 and 2, an assessment of the likely rate of growth following the virtual elimination of unwanted pregnancy in a society in which effective contraception is efficiently distributed to all who want it and abortion is available on demand as a backup measure.

4) Delineation of the necessary and sufficient conditions for achieving such a society:

a) public and private resources: funds, professional cadres, priority.

b) efficient contraceptive technologies.

c) distribution systems.

d) legal, political and institutional changes (and the requirements for inducing them).

e) open questions requiring additional research.

5) Assessment of the political, social economic and cultural consequences of the likely rate of growth indicated in 3, or the benefits against which the costs of achieving a truly contraceptive society (as in 4) could be weighed.

The hypothesis underlying these proposals is that the achievement of a society in which effective contraception is efficiently distributed to all, based on present voluntary norms, would either result in a tolerable rate of growth, or go very far toward achieving it. If this hypothesis is basically confirmed, it would negate the need for an explicit U.S> population policy which goes beyond voluntary norms.

II Clarifying the Terms of the Discourse

The present discourse on population policy is loaded with assumptions, biases and judgements about the causes and determinants of fertility behavior, and these assumptions are imbedded (sic) in the very terminology employed. Some of these assumptions go back in the literature for decades and centuries (e.g., Malthus' "population bounty") but have never been subjected to empirical verification. Instead, they have been accepted as conventional wisdom and in turn, tend to impede and distort clarification of the issues involved in assessing alternative policy proposals.

It is proposed, therefore, that certain key terms and assumptions be clarified and subjected to empirical test, to the extent data and research would permit:

1) Are free social services "pro-natalist"?

The idea that provision of free social services has a pre-natalist effect is accepted almost uncritically in the literature and in turn, becomes a major postulate on which alternative proposals are based. Empirical analysis is needed to determine the extent to which this characterization is valid as to outcome (as distinguished from the rhetoric advanced to justify adoption of the particular policy in the first place).

For example, is there any evidence that fertility among comparable classes is higher in countries, states or communities which make the following services available, free, to large numbers of couples than in countries, states or communities which do not?

Maternal and Child Medical Care
Maternity Leave and Benefits
Child Care Facilities
Compulsory Public Education Through High School
College Education (or scholarships liberally available)

These services of course, have positive benefits to society which go beyond fertility (although some may have a subsequent effect on fertility also - and not in the pro-natalist direction). They appear to be characterized as "pronatalist" only because they do not directly penalize child-bearing but there appears to be no evidence that they

do indeed encourage fertility, in the United States or elsewhere. In fact, areas and nations providing more free social services appear, on superficial analysis, to have lower fertility, but this may be explained on other grounds (e.g. higher living standards). Nevertheless, the influence or lack of influence of these services on fertility should be established.

2) Economic "incentives" to fertility

A special case of (1) relates to the presumed "incentive" to fertility in such programs as family and children's allowances. These allowances were (and are) legitimated politically as a means of increasing the birth rate, but the only analyses thus far of the actual results yield no support for their presumed pro-natalist effect. Yet, based on the initial justification and the ensuing terminological/ideological set, many proposals are advanced to reduce, eliminate or block family allowances on fertility grounds.

A definitive empirical study is needed of the fertility outcome of family allowance programs, both to inform the forthcoming U.S. debate on restructuring the welfare system and to shed light on the potential usefulness of economic incentives (and thus disincentives) in shaping fertility trends.

A definitive empirical study is also needed of the specific American variant in this area - namely, the frequent allegation that AFDC mothers have more children in order to increase their monthly allotment. This notion is widely held among influential citizens and policy makers and is one of the powerful stimulants behind the demand for a U.S. population policy.

III Assessment of the Impact on Population Trends of Other Public Policies

Considering the theoretical importance which is attached to social and economic factors in shaping population trends, it is remarkable how little attention has been paid to the effects on fertility of public policies in areas affecting basic social and economic structure. Only recently, for example, it has been suggested that differential welfare standards are a factor stimulating migration (with little or no empirical evidence).

It would seem useful, therefore, to seek some assessment of the actual or anticipated effect on population of current policies, such as:

1) Fiscal and Monetary Policy which appears to regard inflation as a concomitant of full employment and thus, to accept relatively high (or at least preventable) unemployment levels as necessary. Yet, more women enter the labor market under conditions of full employment and the relationship between employment of women and lower fertility seems to be well established. An examination is needed of, in effect, the question: How much inflation could or should we risk to achieve lower fertility? (X% risk of inflation - Y% increase in women's employment = Z% reduction in fertility.)

2) Education Policy; At least two aspects seem worth study:

a) The effect on fertility of policies to encourage higher educational levels for everyone (assuming that the alleged "pro-natalist" effect of free education discussed in II can be reconciled with demographic research showing the inverse relationship of education and fertility); and

b) The effect on fertility of current policies and programs regarding the education of women (for example, to prepare them either for motherhood or labor force participation, earlier or later marriage, etc.), and the likely effects of alternative policies.

3) Manpower Policy -- this is closely related to 1 and 2: the extent to which current policies, ranging from training and apprenticeship requirements to transferability of pension plans, encourage or discourage women to work should be examined. A specific aspect of this analysis would be the extent to which public policy facilitates or discourages the employment of young mothers through provision or denial of child care facilities (assuming again a reconciliation program with the alleged "pro-natalist" effects discussed in II).

4) Farm Policy -- The extent to which the governing U.S. farm policy of encouraging the amalgamation of family farms into "agrobusinesses" has contributed to rural-urban migration during the last 20 years should be examined.

5) Welfare Policy -- The extent to which unlivable assistance levels and inadequate medical and social services, coupled with stimatization (sic) of recipients, have contributed to higher fertility should be explored.

6) Housing Policy -- To which extent has the policy of encouraging small home ownership and suburban development encouraged higher fertility levels? What would be the likely effects of alternative special policies?

7) Economic Theory and Policy -- a special case is the area of economic policy because it is widely believed that population growth is indispensable to economic growth. Whether we like it or not, this is probably the controlling idea in the business community and among the economist, and it is highly unlikely that a population policy aimed at lower rates of growth will be adopted until this concept is replaced. Two approaches are suggested:

a) A study tracing the function -- explicit or implicit -- of population growth in the models propounded by economic theorists historically. The aim of the study would be to answer, in theoretical terms, the question: Among the theories of economic growth in advanced countries which control policy and business decison-making (sic) today, is continued population growth an indispensable or dispensable element?

b) Encouragement of work by appropriate economic theorists to develop a substitute for population growth in advanced countries.

The studies outlined above would shed light on the effect on population trends of some existing public policies; identify the interests benefiting from these policies; and hopefully identify some points for intervention to encourage lower fetility (sic) without the adoption of an explicit population policy.

IV Assessment of the Effectiveness of Population Education In Influencing Fertility Preferences

Expansion of educational activities designed to increase awareness of the population problem has been advocated, both in terms of its intrinsic merits and as a part of an overall population policy. Projects should be undertaken to delineate the content, scope and limits of such activities as a guide to programs in the schools and by private groups, and studies should be conducted to test the effectiveness of these programs in actually influencing fertility preferences.

In this area, it seems particularly important to distinguish between education and indoctrination. Whatever may be the merits and effectiveness of truly educational effort, an indoctrination campaign may well have only negligible effects on fertility values, but may provide unintended support in building a public opinion which seeks legalized compulsory fertility control for selected groups (particularly welfare recipients). The adverse political consequences of such a development on the population and family planning fields, nationally and internationally, could be quite serious.

V Assessment of the Political and Social Consequences of Alternative Population Policies in a Stratified Society

The debate in the United States thus far has proceeded with almost no explicit acknowledgement of the fact that the U.S. is an economically and racially stratified society. Yet it is clear that most of the policies proposed as alternatives to family planning cannot be expected to affect all segments of the population equally. The attached table attempts a rough sorting of the principal measures discussed, according to whether their impact would be universal or selective. Clearly policies which are primarily economic in effect -- tax policies, incentives and disincentives -- cannot be expected to have equal influence on the behavior of rich middle-class and low-income families. Other proposals - e.g., compulsory abortion of out-of-wedlock pregnancies -- can be expected to be applied selectively against those out-of-wedlock pregnancies which are visible, and this has racial overtones. Social stratification thus raises sharply the issue, "Who shall decide whose fertility -- and for whose purposes?"

It seems urgent therefore, that the policies which emerge as apparently useful from the work proposed in I-IV above be subjected to critical scrutiny in terms of the realities of a class-and race-stratified society. Such an analysis should establish which policies can be administered universally and which can be expected to have a differential impact on various segments of the population. The political consequences of such differentiation should be examined, in an effort to provide working answers to questions such as these:

1) Is it feasible to expect that society will accept policies which curb fertility universally -- or is it more likely that those who are powerful will favor and adopt policies which affect primarily those who have less power or are powerless? Is such differential treatment politically viable?

2) Is it possible to propose and justify universal fertility control policies without reinforcing and legitimating -- politically, philosophically and ideologically -- the existing body of opinion which, for reasons having little to do with the population problem, already seeks selective compulsory fertility control of welfare recipients and minority groups?

These studies, in my view, would be necessary for a clear answer to the key questions surrounding an explicit population policy in the United States namely:

Do we need one -- and if so, how soon?

Is the anticipated gain worth the likely cost?

Text of the notorious table on page 9 of the memo:

PROPOSED MEASURES TO REDUCE FERTILITY BY UNIVERSALITY OR SELECTIVITY OF IMPACT IN THE U.S.

UNIVERSAL IMPACT

Social Constraints

Restructure family:
a) Postpone or avoid marriage
b) Alter image of ideal family size

Compulsory education of children

Encourage increased homosexuality

Educate for family limitation

Fertility control agents in the water supply

Encourage women to work

SELECTIVE IMPACT DEPENDING ON SOCIO-ECONOMIC STATUS

Economic Deterrents/Incentives -

Modify tax policies:
a) Substantial marriage tax
b) Child tax
c) Tax married more than single
d) Remove parents' tax exemption
e) Additional taxes on parents with more than 1 or 2 children in school

Reduce/eliminate paid maternity leave or benefits

Bonuses for delayed marriage and greater child-spacing

Pensions for women of 45 with less than N children

Eliminate Welfare payments after first 2 children

Chronic Depression

Require women to work and provide few child care facilities

Limit/eliminate publicly financed medical care, scholarships, housing, loans and subsidies to families with more than N children

Social Controls -

Compulsory abortion of out-of-wedlock pregnancies

Compulsory sterilization of all who have two children except for a few who would be allowed three

Confine childbearing to only a limited number of adults

Stock certification permits for children

Housing Policies:

a) Discouragement of private home ownership
b) Stop awarding public housing based on family size

Measures Predicated on Existing Motivation to Prevent Unwanted Pregnancy

Payments to encourage sterilization

Payments to encourage contraception

Abortion and sterilization on demand

Allow harmless contraceptives to be distributed nonmedically

Improve contraceptive technology

Make contraception truly available and accessible

Improve maternal health care with family planning as a core element

...And $ocial Justice For All

Keoni Galt · 18 September 2014 · Archived copy · Original



Justice is lost...justice is raped...justice is DONE

> Survey after survey shows that the median age of TV watchers is north of 40. For off-air viewers it is close to 50, cable TV is a bit lower, something like 43 or so. Millenials often don't even own a TV, they view video on their computer or on a flatscreen display driven by a computer. This fragments the market for infotainment something fierce. - *A Paradigm is More Than 20 Cents*

While it's good to see the influence of the Tell-A-Vision as the primary programming tool of the elites is losing some of it's efficacy on the younger generations, it simply means the ideological battleground has shifted into new terrain. The new battlegrounds are twitter, instagram, facebook...aka the social media frontiers of teh Interwebz. From the view of the so-called "Social Justice Warriors" aka progressive change agents and useful idiots for the cultural Marxist Borg, what better place to wage a war of social justice then in the social media?

These Social Justice Warriors, aka SJW's, as Roosh points out, have become one of the most lucrative markets for corporations to make money off of exploiting their progressive brainwashing:

> Haven't you noticed what's happening in the media and on the internet? Companies are cashing in on the backs of those with a brainwashed belief system. Sites like Buzzfeed, Upworthy, Policy Mic, Medium, Huffington Post, and Gawker are raking in money hand over fist providing content which either acts as soothing soma for your modern progessive or emotional outrage at something that conflicts with their worldview. Providing content targeted at liberals, social justice warriors, and white knights who believe in mythical fantasies is now a

> huge profit-generating industry.

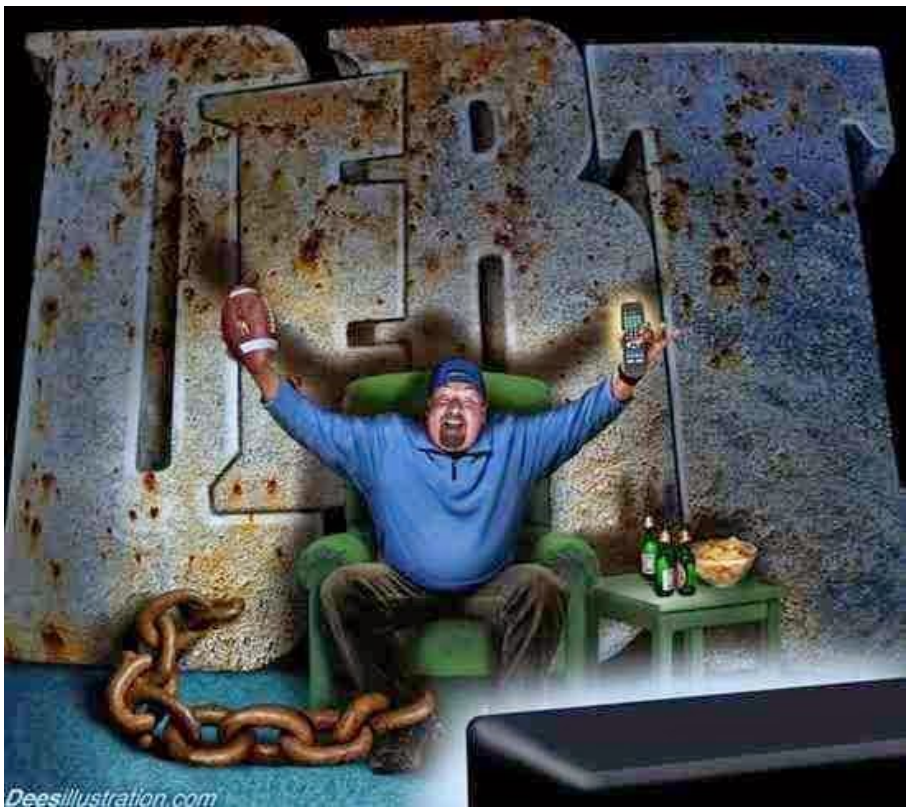
Of course it's all tied in. It's not like the editors and publishers of all this $ocial Justice content need to micro-manage the journalists, bloggers, reporters, interviewers and writers to make sure they all adhere to the progressive party line. The University system has already taken care of indoctrinating several generations of students, and we have now reached a critical mass of brainwashed progressives in enough positions of media influence to ensure that the $ocial Justice narrative is our society's primary paradigm. With so many sheeple now in with the program, it's time for the managers of our proverbial feedlot of a society to cash in.

> The site Buzzfeed is the physical manifestation of progressivism transmutated into gigantic piles of cash. So is xoJane, Jezebel, any woman's site, and even sites that were formerly the domain of men, like Cracked, Forbes, and College Humor. More sites are veering left simply because that's where the cash is. It's not hard to see why: the modern West has become more liberal than at any other time in history while bored citizens are wired with tablets, smartphones, and computers that need a replenishing flow of content that can be laced with advertising to enrich the media owners. Even better for those owners is the fact that we still haven't hit a peak at much content can be consumed by your typical consumer zombie, because I'm sure you've noticed how all those blogs are huge even though they write about identical topics.
>
> Maybe progressivism in the past really was about social change and equality, but the owners of these sites don't care about anything that doesn't give them money.

But just because $ocial Media is the new front of the profitable culture war, that doesn't mean the passive viewership of regularly scheduled programming on the tell-a-vision has lost all of it's usefulness to our Brave New World Order's social engineers. THEY continue to work ceaselessly around the clock to manufacture consensus and control the narrative of globalized conventional wisdom.

Out in these fringes of teh Interwebz, most recognize that Tell-A-Vision programming has basically become one big commercial broadcast to market to the consumer-driven vagina. Professional Sports represents the last bastion of male virtue. It is the last space in which athletic competition as proxy for war that appeals to the intrinsic males aggression and drive for victory through violence, is still recognized and celebrated to some degree.

It allows men to vicariously experience the thrill of victory and the agony of defeat from the comforts of home. Of course, I am one of those who has previously excoriated young men to find real, meaningful ways of satiating the male desire to engage in positive outlets for aggression and violence, instead of solely experiencing it as a passive spectator parked on the couch in front of the boob-tube.



But I make no blanket condemnations of sports fans en mass, after all, I am one myself. As a long time NFL football fan and former MMA enthusiast (more on this later,) I certainly appreciate the entertainment value of viewing the most compelling spectacles of the 21st century bread-and-circuses offerings, despite long realizing the role the NFL has played in programming we the sheeple in all sorts of ways and means, both overt and covert.

For example, as a former MMPCP addict -- a Limbaugh-listening, Dubya-voting, FAUXNews-viewing Repbli-neo-con -- who proudly registered to vote for my enslavement as soon as I turned 18, I still remember getting patriotic-feely goosebumps as Whitney Houston's rendition of the Star Spangled Banner hit it's climactic, firework-punctuated conclusion at the Tampa Bay stadium before the Superbowl in 1991.

[image]
"...and the land of the F R E E E E E E E E..."

USA Inc. had just invaded Iraq, and by God, I, like most other Gen X mass media consumers, was bound and determined to fix the societal mistakes of the Vietnam War era we had all seen depicted in countless movies and tell-a-vision programs - we were gonna SUPPORT THE TROOPS regardless of the righteousness or morality of any particular war.

The NFL's regularly scheduled programming has long been concerned with promoting the military-industrial-complex and statist obeisance for the ~~feedlot inhabitants~~ citizenry. But ever since our induction into the globalized Brave New World Order on the day we will never forget, the NFL has also played an integral role in the gradual implementation of the authoritarian police state.

> "The NFL now represents the antithesis of everything that comprises the backbone of traditional American values. I love the game of football. Football was one of the sports that I grew up playing and I later coached the sport as a former head coach in the high school ranks prior to moving to coach college basketball. I thoroughly enjoyed the competition at every level both as a player and a coach. However, the NFL has taken all the fun out of the game, because the league spouts the mantra of the globalist forces which seeks to enslave us."

Support for the military and patriotic statism is certainly the NFL's longest running, overt programming that we the long time viewers and consumers have been subjected to. But it seems like the politically-correct agenda of the $ocial Justice Whores has really taken increased precedence in the last five years or so. Every single topic being promulgated in our modern age by the $JW's useful idiots and change agents has taken front and center, as the daily topics du jour in the National Sports media.

Most obvious has been the complete surrender of the teams uniform integrity during the month of October towards the cause of radiating women's breasts to support one of the most profitable niche markets of the medical-healthcare-insurance industrial complex. Perhaps it's success in promoting the mammography industry has emboldened the social engineers in charge of NFL programming to kick it up a few notches.

As the mass media programming agenda continues to escalate it's descent down the gradualist slippery slope of hope and change, we are now inundated with every politically correct topic, meme and shibboleth that furthers the Brave New World Order's agenda for population control.

In light of the dramatic Ray Rice vs. Janay TKO video footage, Adrian Peterson's Southern-style discipline for his unruly son being equated to child abuse, and the arrests of several other high profile players for "domestic violence" issues, the mandate for more change is here, and $JW's premiere stooge and puppet, NFL Commissioner Roger Goodell is not letting the opportunity of the current crisis go to waste.

No sirree...Goodell in a letter sent to all 32 franchises, our $JW Commissioner announces that he is now appointing four $JW feminazi's to some newly created positions in the NFL Administration to "...show the league is taking domestic violence and sexual assault matters seriously..."

> Anna Isaacson, the NFL's vice president of community affairs and philanthropy, will now be in an expanded role as vice president of social responsibility.

An NFL Vice President of "Social Responsibility?"

[image]

The letter continues:

> The league also has retained as senior advisors Lisa Friel, the former head of the Sex Crimes Prosecution Unit in the New York County District Attorney's Office; NO MORE co-founder Jane Randel; and Rita Smith, the

> former executive director of the National Coalition Against Domestic Violence.

I think I see ultimately what this is all about now..

> Friel, Randel and Smith will work closely with me, Anna Isaacson, Deana Garner, and others in our organization on the development and implementation of the league's policies, resources and outreach on issues of domestic violence and sexual assault.
>
> Friel's emphasis will be on the evaluation process of incidents of alleged domestic violence and sexual assault. She will advise me and our staff on disciplinary matters involving violations of law or of the Personal Conduct Policy.
>
> Initially, Randel and Smith will focus on:
>
> 1. Overseeing the development and implementation of the NFL's domestic violence/sexual assault (DV/SA) workplace policy;
> 2. Building on existing training curricula and education programs for all personnel, including players and non-players;
> 3. Disseminating and executing completed training programs for all 32 teams, including executives, coaches, players and staff;
> 4. Identifying and managing DV/SA resources to enhance current services such as NFL Life Line and the NFL's Employee Assistance Programs for league and club employees and their families;
> 5. Identifying and disseminating information to employees and families regarding resources outside of the NFL and clubs, including local advocacy and support organizations in each NFL community.
>
> Other leading experts, including Kim Gandy, president of the National Network to End Domestic Violence; former New Jersey Attorney General Peter Harvey; Esta Soler, founder of Futures Without Violence; and Kim Wells of the Corporate Alliance to End Partner Violence, are working with us to provide guidance on DV/SA education and policy, conduct our policy review, and identify state and local organizations throughout the country that can serve as resources for your clubs and your personnel.

Ahh, it looks like we now see the real agenda here: lucrative NFL make-work careers created for all the ~~Liberal Arts and Women's Studies~~ $JW Degree graduates from the nation's ~~institutions of higher learning~~ $JW indoctrination mills!

It's now just a matter of time before all NFL players and everyone else employed by the league, are soon going to be forced to attend workshops and conferences where they will be subjected to power point presentations, skits, videos and tearful testimonials of Women's Studies graduates and interns, all as a part of this new program for "sensitivity training" and "social responsibility."

I'm sure this will undoubtedly improve the quality of the game.

[image]

While it garners most of the national sports media attention, the NFL competition itself is still compelling enough for me to endure the $JW programming and still tune in to the games. While I used to watch all the pre and post game shows for analysis and replays on ESPN and the NFL Network, I no longer watch any of it. I DVR games, then begin watching them later so I can fast forward all the commercials, interviews, "special interest features" and heart-rending interviews by faux-sympathetic female journalists asking players how they F E E E E L about something.

I just can't take that crap anymore.

But I still watch the Games, and the highlights of the other games I missed, because I still find the sport itself to be compelling entertainment worth enduring the whatever $JW commercialism I can't avoid.

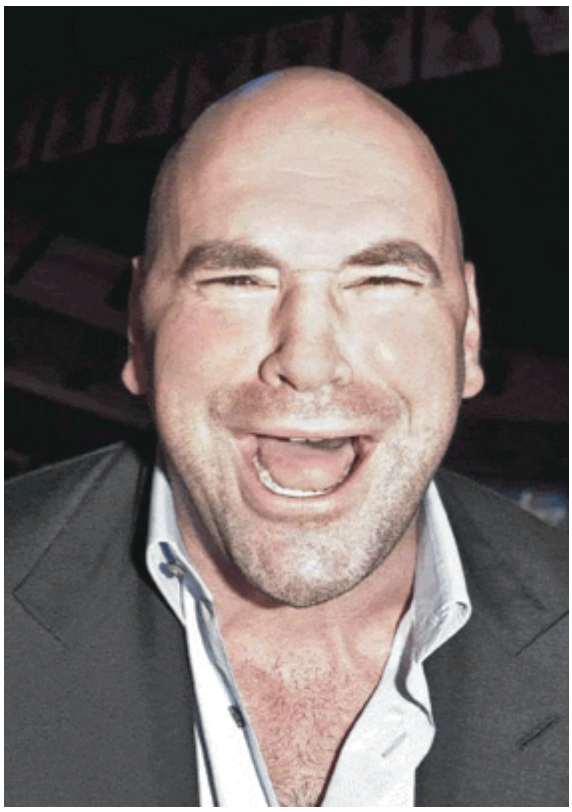
On the other hand, the Ultimate Fighting Championships complete embrace of the $JW-Feminazi narrative has almost completely killed my enjoyment and passion for watching mixed martial arts. I have been watching the UFC since UFC 1. I was an avid fan of PRIDE fighting championships, and have closely followed the re-emergence of the UFC into mainstream acceptance in the early 00's, and on towards their eventual growth into the globally embraced phenomena it is today.

As the UFC soared in popularity, smaller organizations also were able to cash in nominally on the rise in mixed martial arts popularity, and a few organizations also embraced women fighting MMA as well. The MMA press began to ask the UFC if they would ever have a women's division like the smaller, rival shows were putting on.

In 2011, UFC President Dana White vowed: "Women will never fight in the UFC."

[image]

In 2014: "The best decision I ever made was to bring Women in."
The best decision I ever made was to bring women in." - See more at:
http://www.bjpenn.com/dana-white-women-in-the-ufc-best-decision-i-ever-made/#sthash.QEJmEABd.dpuf
The best decision I ever made was to bring women in." - See more at:
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In an interview regarding the 20th season of the UFC's reality show, The Ultimate Fighter, with it's first time ever, all-female fighter cast, Dana expresses his his new found enthusiasm for women fighting in the Octagon: *"I'm so sold on women fighting. Years ago, this whole thing started, and look at how much it's evolved. I look at somebody like Ronda Rousey, and she is so* ***empowering*** *to women and to little girls."*
I'm so sold on women fighting. Years ago, this whole thing started, and look at how much it's evolved. I look at somebody like Ronda Rousey, and she is so empowering to women and to little girls. - See more at: http://www.bjpenn.com/dana-white-women-in-the-ufc-best-decision-i-ever-made/#sthash.QEJmEABd.dpuf

Empowering.

There's an $JW buzz word. It also gives us a clue as to why Dana White changed his mind. Perhaps like the NFL, the UFC has also been $ocially Justiced into compliance. Or maybe he just figured out the same point Roosh did: *"Companies are cashing in on the backs of those with a brainwashed belief system."*

[image]
"WE CAN DO IT!"

Remember Thou Art Mortal

Keoni Galt · 16 October 2014 · Archived copy · Original



Within the last year or so, I've taken two hiatuses from blogging here, one for three weeks and one for well over a month.

This past month, I was on a forced hiatus. My ISP had technical difficulties that involved a 24-7 work crew since the end of September, working to resolve the connectivity issues, giving me and everyone else in my vicinity that retained their services, access to teh Interwebz.

At first, I was apoplectic at the loss of my convenient connection to the world wide web at my domicile. In both instances of my past hiatuses, while I eschewed blogging, I was still plugged in and still reading on a daily basis.

But having no access to teh 'webz at home for almost a month has been quite the kick of cold turkey delerious tremens withdrawal mindfunks. At first, I spent hours compulsively trying to troubleshoot my computer, my network settings, my modem - broadband connection hardware and software, thinking the problem was on my end.

Then I called tech support for my digital corporate access provider in both India and the Phillipines, whereby I discovered my locally sourced portal to teh Interwebz had a total hardware meltdown and had to do a complete rebuild, and that they were so sorry I was experiencing these difficulties, but many thanks for my continued patronage of their services...they would certainly give me as much credit as they were allowed to without consulting upper management at their globally outsourced call center to compensate for any inconveniences I was experiencing due to the loss of service.

After that initial first few days of frustration, I changed my mindset and approached this drastic change of my daily routine (web browsing with my first two cups of coffee every morning), and embraced the opportunity of truly unplugged living.

I began reading actual dead-tree and ink books again. I also got busy taking on an exponential number of projects I've had on the back burner for years now. I truly did not realize how much of a time-suck reading, blogging, commenting and surfing teh Interwebz has taken out of my life until I was forced to log out for so long with no choice, and throw my effort into doing things I had previously constantly and consistently put off. Seeing my handiwork and effort producing concrete results has been rather satisfying, and illuminating as to the amount of

time I've been spending in the past decade or so, logged on, plugged in and zombied out in a virtual world of reading and virtual socializing with a panoply of anonymous personalities in cyberspace.

More than a few times I contemplated closing my current ISP account and going with another service provider to regain immediate access to teh Interwebz.

But as time went on, and I found myself immersing myself in productive pursuits and I decided to turn my forced disconnection into a vacation from the dependence on virtual world immersion and just wait until the portal was repaired and my service restored.

After all, my friendly representatives and corporate customer service agents in India and the Phillipines had credited my account, so it's not like I was paying for a service I wasn't getting.

Then I got the call.

Another friend I'd known for years had passed away.

So young. So talented and full of promise. He helped me out more than a few times in the past, and I in turn helped him. He was a good man and we had shared good times. RIP Johnny.

Ruminating on his passing and our shared time together gave me quite the dose of morose contemplation. Being unable to connect to the 'net also brought a bit more clarity to my thought process.

Life is short. Much too short to waste so many hours upon hours staring at a computer screen, reading forums, blogs, news, watching youtube videos and indulging in other online distractions.

I think it's high time I emphasize getting back to cherishing and cultivating the personal, real life relationships with friends and family and all the other folks worth knowing and having involvement with, in the good ole IRL.

Time to get back to developing my talents and skills in my chosen pursuits and artistic expressions.

Time to keep doing what my sudden, unplanned vacation from internet connectivity inspired.

DO instead of reading or viewing ABOUT doing. Vicarious immersion and virtual affirmations are pleasurable pursuits...but learning knowledge in the virtual world and applying it to better your life in the real world does have a diminishing rate of return.

After awhile, your telling yourself that red pill immersion is a way of life and that one needs the constant reinforcement of logging on and reading and writing in the 'sphere of the politically incorrect zeitgeist of these fringes of the Interwebz to maintain the gains received from finding the ugly truth in a world of beautiful lies...but in the harsh light of stark reality, it really is nothing more than an excuse to continue spending time frittered away in front of the glowing screen.

My forced disconnect was the wake up call I needed.

My years spent on the 'net have been rewarding, illuminating, educational, inspirational and inspiring. They've also been indulgent, compulsive, wasteful and frivolous as well. From here on out, I will be consciously and deliberately striving to limit the worst aspects of my interwebz addiction and severely curtail my online time spent displacing productive and intrinsically rewarding behavior.

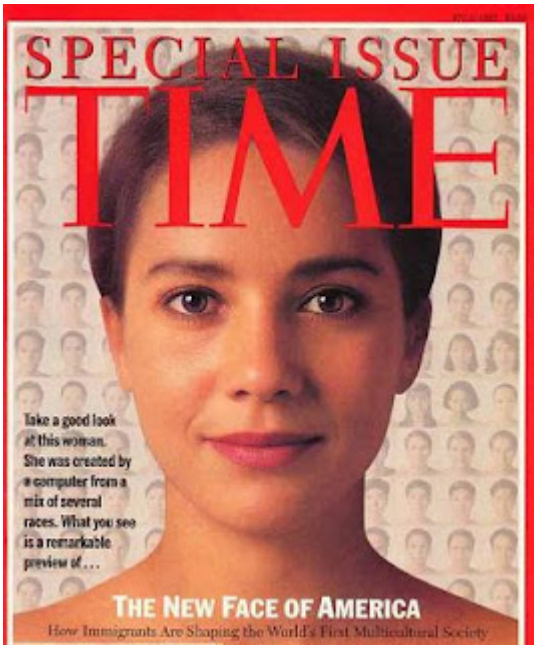
I regularly deride the palm zombies in my own mind every time I observe the pandemic of automatons compulsively peering incessantly at their smart phones everywhere I go in today's Brave New World Order... but am I really that much better off, spending four consecutive hours on my day off, sitting at my desktop PC reading thirty different blogs, forums, news articles and viewing a cornucopia of YouTube videos?

After all, If I had lived in the time before Al Gore invented the internet, spending as much time in a library reading in isolation and silence, lost in the ethereal clouds of infinite contemplation and rumination...it would undoubtedly have a similar impact on my real world life productivity and interpersonal relationships, as it does sitting here constantly plugged into cyberspace, reading or banging away at my keyboard incessantly, instead of actually *living* a life worth living.

I'm pretty sure I won't be on my own deathbed, wishing I had spent more time online.

The End Game of Immigration

Keoni Galt · 5 November 2014 · Archived copy · Original



The World's "First" Multicultural Society? Not quite...

> *And as he stood there in the late afternoon, in the heart of Honolulu, watching the varied people of the island go past, he had a faint glimmer of the ultimate brotherhood in which the world* ***must*** *one day live: Koreans went by in amity with Japanese whom in their homeland they hated, while Japanese accepted Chinese, and Filipinos accepted both, a thing unheard of in the Phillipines. A Negro passed by and many handsome Hawaiians whose blood was mixed with that of China or Portugal or Puerto Rico. It was a strange, new breed of men Congressman Carter saw, and grudgingly an idea came to him: "Maybe they've got something. Maybe I wasted my time living in the big houses of the white people.* ***Maybe this is the pattern of the future.****"*

> *- From the book "Hawaii" by James Michener*

Michener's historical-fiction novel, Hawaii, was published in 1959, the same year Hawaii officially became the 50th franchise of USA Inc. It is fitting that Michener ended his epic with an ode to the emergence of the new "golden man" of Hawaii's 20th century melting pot of mass miscegenation and Americanization, since that year marked the fruition of over a century of effort by the business and military interests who worked ceaselessly to overthrow Hawaii's monarchy and status as a sovereign, independent nation.

As a young college student working on a Bachelor's degree at the University of Hawaii, I was a Hawaiian history buff that took as many Hawaiian Studies courses as I could to fulfill my elective requirements. To those familiar with the literature, you will recognize the most prominent names of the authoritative books of Hawaiian history that I have collected and studied over the years - *Malo, Kamakau, Fornander, Elbert, Mahoe, Pukui,* and *Desha*, amongst others. The collection of books formed the bulk of my studies as an eager student of the Hawaiian Studies program at the UH. I was primarily focused on the study Hawaiian cultural practices (like marriage customs), religion and history of the people of antiquity. I was inspired to discover the roots of the native part of my indigenous heritage

and learn of the practices, beliefs and worldview of a culture that is on the edge of extinction in our modern age.

But the literature focused on Hawaiian antiquity was only part of the coursework of the Hawaiian studies program. A large portion of the curriculum also included study of Hawaii's transition to the modern day, and the history of the Hawaiian monarchy and the upheaval of culture and religious beliefs and eventual overthrow of the Monarchy and eventual induction as the 50th State of USA Inc.

At the time, I was not very interested in this aspect of the Hawaiian Studies coursework, for at that time in my life, I was also a patriotic Americanized neo-con warmonger, imbibing the right wing kool aid to wash down the MMPCP I was taking on a daily basis. At that time, I thought the Republican party and the conservative outlets of the mass media were my friend and ally, while the left wing Democrats and left-wing mainstream media where my enemy. Now I know better.

With my worldview under the influence of such intoxicating substances, I viewed my angry Hawaiian Studies professors as the equivalent manifestations of the left-wing, socialist-progressive minority grievance-mongers like Al Sharpton and Jesse Jackson. Much of the class lectures and discussions were focused on anti-Americanism and urging we Hawaiian Studies students to become $ocial justice warriors. Many of the lectures and discussions were also infused with the progressive, left-wing, regularly scheduled programming of our Brave New World Order - feminism, environmentalism, collectivism and socialism.

In hindsight, I now realize exactly why Hawaiian Studies was thoroughly infused with the Cultural Marxist's regularly scheduled programming...it's one of the integral features of *any and every school and course of study at any State University* in USA Inc., since the mass-media and public education curriculum-driven cultural revolution of the 1960's.

While I could understand my professor's anger and desire to de-colonize Hawaii from the imperial American occupation, I also thought that it was unrealistic fantasy and a waste of time and energy to follow the path of the angry Hawaiian Sovereignty Activists so many of my fellow Hawaiian Studies students took.

Besides, several of my Hawaiian ancestors of the 20th century served with honor in the US military, and fought for our country and came home as proud American veterans who did their part to fight for "Freedum, Duhmockrusee and teh 'Murican way!"

It was for their sake that I was often deeply offended by the anti-American diatribes my Hawaiian Studies professors frequently voiced in my classes, though I held my tongue and never spoke up about my oppositional attitude. I was their to learn about my cultural heritage of my ancestors before Western contact, not concern myself with modern political activism.

While a student working on my Bachelor's degree and indulging in as many elective Hawaiian Studies classes as I could to satisfy my elective requirements, I intently studied Hawaiian history of antiquity while only dedicating minimal effort and attention to the 18th and 19th century Hawaiian history, which was the period of vast cultural change and social upheaval and eventual assimilation into the modern zeitgeist of pan-globalization.

Now that I've got my Master's Degree in Politically Incorrect History and Political Science of Globalized Conspiracy from the University of the Autodidact, I have since begun a review of my Hawaiian History books focused on that period of immense cultural change and upheaval...this time with a much different perspective than my formerly brainwashed youth. Many things that were a big mystery when I first read the histories have now been laid bare for me, and I now see these things from a much more lucid and clearer perspective.

As I've come to accept the idea that the conspiracy to effect a Brave New World Order of globalized tyranny of Orwellian proportions is factual and imminent, I've also been able to analyze the playbook THEY have been using for centuries to achieve their satanic goals of global domination. First and foremost, THEY gain their power by gaining control of the government with their primary weapon of usury.

Once their influence is gained by usury, THEY *always* implement their next move of their social engineering playbook - forced miscegenation to change the cultural zeitgeist of the nation they enslaved with usury, to effect a new ethos of globalized ethnic and cultural homogenization - aka the "pattern of the future" Michener referenced back in 1959.

The subtitle to the TIME magazine cover at the top of this post states - "How Immigrants Are Shaping the World's First Multicultural Society" couldn't be more wrong. Long before the invasion of the impoverished peasantry from Central and South America to the Northern Latitudes of USA Inc. occurred, the Kingdom of Hawaii had already long undergone the exact same process. THEY, the financiers of the sugar plantation owners, where behind the influence on the Hawaiian monarchy beholden to them by usurious debt, to import boatloads of immigrants from all over the world to work for indentured serf wages in the sugar cane fields all over the islands.

The color of the skin of these miscegenation operations are contextual...based solely on the nation-state targeted for assimilation into the Brave New World Order Borg. At the moment, THEY seek to dilute the white skin majority of Western Civilization here in the 21st century. But in 19th century Hawaii, the situation was the exact opposite. THEY sought to inundate Hawaii with a panoply of different races and cultures so as to dilute the Native Hawaiian brownskin stock, in order to cement the disenfranchisement of the native Polynesian of his rightful inheritance to the land.

In short, THEY want the teeming masses of humanity to interbreed over consecutive generations to create a mishmash-melange of ethnic people without a solid cultural identity or national pride in a nation-state homeland.

Who are THEY that I refer to? Why the same THEY we recognize today - the banksters. The "elite." The "owners of society." As I noted earlier, I have begun reviewing my collection of Hawaiian history, with a particular focus on the transition of the Kingdom of Hawaii to the modern state of colonized incorporation into our Brave New World Order.

The same tools used to overthrow the Hawaiian Kingdom were the same tools that have been used to overthrow the Sovereignty of all the monarchies and other assorted forms of native sovereign governments of the world in the last several centuries - debt enslavement of the government and (by extension the populace at large) through usury that results in the eventual usurpation of power, followed by enforced immigration of different cultures to break up the cultural uniformity of the populace, so that they cannot base an effective resistance to this usurpation of power around National pride and heterogeneous cultural ties that normally bind a community together.

Take a look at any modern day mass gathering of blood-descended Hawaiians and you will see exactly what I'm talking about. The brownskin Polynesian genes have been thoroughly diluted and most Hawaiians have been miscegenated into a melange of indistinguishable ethnic identity. Look at this recent photo from the Kamehameha Schools Song contest -- as every single student has some trace of Hawaiian blood, as it is a requirement for enrollment in that school -- but the pure Hawaiian genetic type has been overwhelmed by the mass migrations and subsequent miscegenation over multiple generations.

[image]

These are the 21st century Hawaiians...some brown, some displaying the "negroid" features of the Polynesian genotype...but most of it has been diluted with a mixture of Oriental, Caucasian and Hispanic genes. If we played "Where's Waldo" with this photo, in which Waldo represented the 100% pure blood Hawaiian, chances are most likely Waldo can't be found in this picture at all.

Not many 21st century Hawaiians that look like this are commonly seen anymore:

[image]
House of Kamehameha - 1853

In the 21st century, the Native Hawaiian race has been miscegenated to the brink of extinction. We are now almost completely assimilated into the globalized matrix of the Brave New World Order, and our colonization and subjugation is nearly complete. Mass miscegenation is the end result of the racial and cultural divide and conquer tactics THEY first use when they gain control of the government of any nation throughout history. Almost no modern Hawaiian today could ever seriously advocate the expulsion of the various races that have taken up permanent residence here.

No present day Hawaiian is going to support kicking out their Japanese grandmother or Chinese uncle or Filipino cousin or their Caucasian spouse's family to reclaim Kingdom of Hawaii for the Hawaiians. Thus, multi-generational miscegenation ensures entrenched loyalty to the new system THEY adminster, for which all the various imported races are now dependent on to exist in our present reality.

What THEY have done to Hawaii, they are now doing to the rest of the West.

Many bloggers of these politically incorrect fringes of teh Interwebz have touted the equation championed by the so-called 'race realists' of "neo-reaction" and "the dark enlightenment": diversity + proximity = war. That's simply the short view of the Cultural Marxist's use of multi-cult diversity and proximity as a social engineering tool to divide and conquer.

While enforced proximity serves the divide part of the equation in the short term, as long as the proximity is enforced over the span of multiple generations, the equation turns out quite differently: diversity + proximity = miscegenation and cultural homogenization.

This homogenized culture is no longer defined by race or ethnicity, but by the shared experiences and values of the mixed society that emerges from the blending of cultural traditions and customs by forced proximity over time.

This is the story of Hawaii, and it mirrors the story of the "white race" of America too. The history of American immigration is a history of every type of "white" immigrating from the old world and miscegenating freely in the new world.

In the 21st century, we casually refer to "white race" and the "white majority" or in $JW parlance "white privilege" or "white hegemony." But 16th and 17th century immigrants to America certainly didn't look at it that way. English, French, German, Spanish, Poles, Scots, Irish, Italians, Russians, et al all came in successive waves of migration, with each newcoming group of whiteskins getting the "nigger" treatment by the previous whiteskin migrants.

There was no 'white' solidarity and racial consciousness until several generations of Anglo-Euro-Celtic-Nordic-

Aryan-Russo-Mediterranean whiteskins mixed and miscegenated into a melange of paleface uniformity, consolidated and unified by social conflict from proximity with "the others" of red, black, yellow and brown-skinned peoples.

But in another generation or two, these race-based conflicts are going to be a long distant memory, as all the various races mix, mingle and miscegenate. Soon enough we will all be nothing but a mass of intermixed peoples united under the tyranny of a global elite...an elite that are largely united by a specific religious ethos...the literal religion of Anti-Christ.

For everything THEY have done, is driven by the desire to overthrow any culture and society, whether they be composed of brown, black, red, yellow or white skinned people, that is based on the foundational teachings of the Gospel of Jesus Christ.

> And if ye lend to them of whom ye hope to receive, what thank have ye? For sinners also lend to sinners, to receive as much again. - Luke 6:34

I've come to the conclusion that distilled down to it's essence, USURY is the anti-thesis of the Gospel of Jesus. It is the wellspring of all the rest of the evils of modernism. It is the root cause of the subversion of Christianity and the evolution of what many are now recognizing as "Churchianity." It is the means for gaining control and implementing their agenda, which includes mass importation of non-native migrants to effect mass miscegenation.

"Give me control of a nation's money and I care not who makes the laws."

THEY have created a global wide system of usury to enslave the masses. To maintain this anti-Christ system of usurious control, THEY are seeking the mass miscegenation of *all* races, resulting in a globalized society, dispossessed of any sense of heterogeneous heritage or identity, nor any loyalty to a nation-state, but simply subjects to the homogenized culture of secularized mass media consumerism and globalized citizenship, enslaved to the worldwide system of indentured servitude and utterly beholden to this system of total population control.

It is my own view after considerable study and reflection, that resistance to the coming tyranny of the global elite will be lost if the resistance is based on any group of people trying to recapture the ideal of a heterogeneous, race-based culture that has already been miscegenated out of existence generations ago.

THEY are the heirs to the heresy and blasephemy of the ideology of the Pharisees who condemned and crucified the Messiah, for they are not interested in the Kingdom of Heaven, but in usurping the sovereignty and God-given rights of all of mankind, so as to establish their Kingdom of oppression and control here on earth.

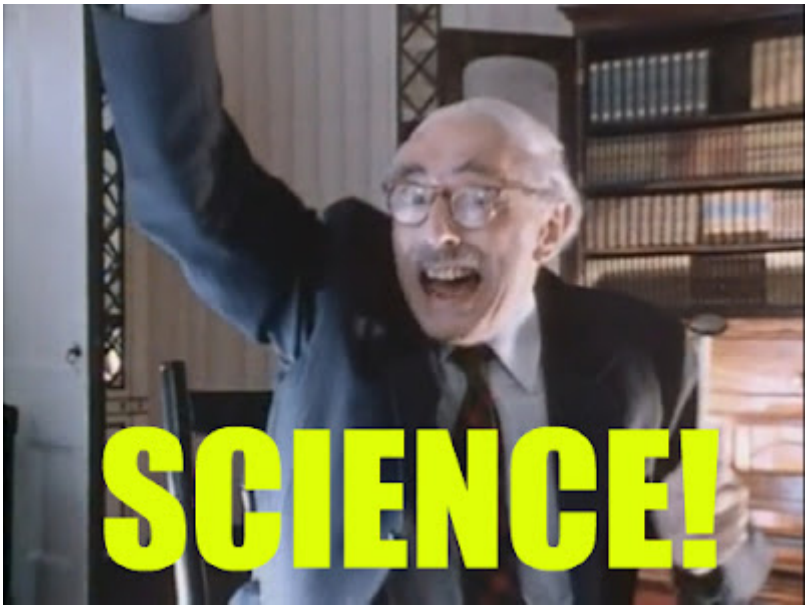
The only possible victory in the face of this pervasive, ubiquitous system of Anti-Christ that now spans the entire modern world, is finding our way to the eternal salvation promised by Jesus Christ. For it is His gospel of forgiveness, repentance, atonement and salvation that stands in direct contrast to the ethos of hatred, revenge, envy and greed that THEY are ultimately enslaved to, even as they continually work to enslave us all.

> *Then said Jesus to those Jews which believed on him, If ye continue in my word, then are ye my disciples indeed; And ye shall know the truth, and the truth shall make you free. - John 8:31-32*

[image]
By their fruits, ye shall know them.

Getting My Fill of Sy-Fy, Science, & Mockery

Keoni Galt · 16 November 2014 · Archived copy · Original



"Get your fill of sci-fi, science, and mockery of stupid people!"

Apparently my last piece got linked to by a bulletin board of Science and Sci-Fi fans who apparently spend a fair amount of time mocking those they consider stupid. I would like to respond to this guy specifically, but I don't want to register for their board and subject myself to their moderation policies just to try and comment there, so I'll do it here and let the chips fall where they may. The OP that linked to my The End Game of Immmigration post titled his thread: "Evil non-white hawaiian Christian fundie slams science."

Funny, I don't recall mentioning "science" or even mentioning the word at all in that post. So right off the bat, my would be Sy-Fy mocker already clues us in that we may be experiencing problems with reading comprehension. At least one guy pointed that out to the OP:

> *"Not seeing a mention of science in there, but it's a mmarvellous piece of satire. I'd quote from it but on phone."*

Sarcasm and satire permeate my writing. I can't help it, there is much to be mocked of in our modern world. If the average reader doesn't get what I'm trying to say when I write a post like the one I made previously, then perhaps I need to dumb it down a bit so that I can no longer open myself up to the mockery of the likes that are offering such brilliant critiques like the following:

> *He seems to believe that because he is (nominally at least) non-white, that entitles him to think that he can't BE racist and thus his call for a Hawaiian only "homeland" is perfectly acceptable. If I'm not reading the situation correctly, then fine. I thought non-whiteness didn't make you immune from mockery for using religiousness to justify your medieval political beliefs.*

You got me so wrong. It's not that I feel entitled to think I'm not racist because I'm (nominally at least) non-white...it's that I'm racist as hell. I'm also a misogynist, misandrist, xenophobe and overall curmudgeonly

misanthrope to boot. These are my failings of character, but I am trying to work on it...I promise! Until I fix those personal failings, I will never achieve the true status of evil Christian fundie!

As for the "using religiousness to justify" my "medieval political beliefs..." The "political beliefs" against usury that I was espousing, pre-date the medieval period. It was precisely during the Medieval period that the Christian prohibition of usury was eliminated. It's been all downhill ever since.

Another scientific mockery maker weighs in with his own assessment:

> *"He goes on and on about usury, the antiquated religious term for interest with regard to loans..."*

Usury is an antiquated term? Only to those who fail to consider the bigger picture of the role usury has played in corrupting humanity in all of recorded history.

> *...and has a "libertarian" in his name so this guy is either bonkers or is writing satire."*

Close. I would say it's a little bit of both. Anyhow, after a little debate, the OP reconsiders his initial criticism:

> *"Perhaps I jumped the gun with the title. Usually these types of articles ARE written by the proverbial "cracker" this one is, in that respect, unusual."*

He came *so* close to getting it....

> *"AS for the Usury argument, I agree with him (at first blush anyway) that fractional reserve banking is probably NOT the best thing to use as the centerpiece of your economy, it has its uses as a tool in the toolbox, but it shouldn't be the organizing prinicple of your society. (i.e. TBTF banks)"*

Oh it's a tool alright. The question that went over you and your fellow scientific mockery squad's head is this: in whose toolbox is it, and just what are they using it for?

> *"OTOH, I do recognize that without interest, money i.e the fungible proxy for ones ability to think, work, create etc loses pretty much all meaning. For example, if I steal your life savings, keep it for 40 years then return it to you to the penny, have I commited a crime or not? Of course, i stole from you the opportunity to use that money for 40 years, plus the inflationary cost. hence, If I am going to give you something that represents a huge chunk of my life, I'd best get some value out of it!"*

The minor mind of this evil blogger trembles in the face of such irrepressible logic. He forgot however his original denouncement of yours truly...I'm an evil Christian fundie! Stealing is a crime because stealing, like Usury, were both called sins by that Jesus guy back in the bad old days of evil fundie-ness.

Thank goodness your fellow compatriot with an avatar showing two men kissing (not that there's anything wrong

with that...) has already figured me out:

> *"Really, I think it's absurd to have such a minor mind as this random blogger put in a place like SLAM."*

Clearly I'm over-matched and out-gunned in intellectual capacity to match wits with these geniuses of scientific mockery. Look at how I'm easily debunked here:

> *"AS for his arguments about an ethnic homeland for Hawaiians.... it seems to me that ethnic minorities of course have rights, to a point, otherwise we'd be arguing that hat Zimbabwe should still be called Rhodesia."*

What argument did I make about an ethnic homeland for Hawaiians? Was it this part?

> *"Almost no modern Hawaiian today could ever seriously advocate the expulsion of the various races that have taken up permanent residence here. No present day Hawaiian is going to support kicking out their Japanese grandmother or Chinese uncle or Filipino cousin or their Caucasian spouse's family to reclaim Kingdom of Hawaii for the Hawaiians."*

Or was it this part?

> *"It is my own view after considerable study and reflection, that resistance to the coming tyranny of the global elite will be lost if the resistance is based on any group of people trying to recapture the ideal of a heterogeneous, race-based culture that has already been miscegenated out of existence generations ago."*

If these brilliant scientific minds intend to continue this devastating mockery, seems to me they need to work on understanding the actual writing of the minor minds they deign to belittle.

> *"He also sees the mixing of various peoples as "miscegenation" so we can be pretty sure he's against any kind of mixing whatsoever anyway."*

What was that old saying about making an ASS out of U and ME? I guess the mere use of the word "miscegenation" is proof positive that I'm against any kind of mixing whatsoever.

T H O U G H T C R I M E !!

Considering I can count 16 different ethnicities (10 of which are Anglo-Euro) in my own heritage, I must add self-loathing and constant suicidal ideation to my current list of character faults I need to work on, to better reach my goal of evil Christian fundie purity.

This genius then deigns to offer his own view of the evils of miscegenation and any ethnic group daring to even consider the idea of maintaining an ethnic homeland:

> *"Put in another way, if the Hawaiian people want to make sure Hawaii keeps the traditions alive, I think the solution is to have Hawaii use the state and local protections already in place to make that happen. Have festivals, teach kids, etc. Most democratic countries (by nature of democratic systems) already have such protections and have seen them used, at times, to keep local traditions alive. Though not an "ethnic homeland" it certainly does the same kind of job without all the* ***repugnant baggage*** *that comes with the concept."*

Ah, so to believe that Germany should be the homeland of the Germans, that Italy should be the homeland of the Italians, that Japan should be the homeland of the Japanese, or Hawaii the homeland of the Hawaiians carries "repugnant baggage" and it would all better if we all just accepted our assimilation into the global borg of consumerist serfdom and be content to "carry on our traditions" by selling our cultural practices and artifacts at corporate sponsored festivals and educational initiatives for the kids?! Got it.

Praise Science for showing us the answers to cultural perpetuation are protected by Democratic Systems! Why didn't I think of that before? I stand corrected. Ah well. It's all much ado about nothing. The concept of an "ethnic homeland" is well on it's way to extinction....except for one little country in the Middle East with all the Nukes and enough political influence to send American military forces off to war anywhere they see fit....oh darn, I went and did it again. Now you can add "anti-semite" to the list of character failings I need to work on. I'll get to my character improvement efforts soon, I promise!

> *'I find it hilarious that he can rant at length about non-Hawaiians coming in and muddying up the Hawaiian race and culture, and then in the same breath argue that 'usury' and globalization are bad because they're un-Christian.'*

I find it hilarious that these scientific-minded geniuses all interpreted my previous post as a rant. I do the rant thing pretty frequently here, but I wouldn't count that last post as one of 'em. I guess I failed to get to the point across with any semblance of clarity, causing a lot of misinterpretation and confusion amongst the Scientific mockery squad. Let me try to make it easy here. Yes guys, I am certainly bonkers, for you see, I am a Truth Seeker, seeking truth in a world gone mad. I call it as I see it, after much reading, reflection and contemplation. I read all sorts of things to add to the big picture I've constructed in my mind to make sense of this world I was born into.

To the average citizen who has been inured with our mass media's regularly scheduled programming and educational system's indoctrination and behavioral conditioning, the things I write about here certainly appear to be the ravings of a lunatic who needs to be fitted with a straight jacket and left to rot in a padded room somewhere. Indeed, as one of these sciency mockers stated:

> *"That said, looking at this blog is probably the deepest I've delved down the loony rabbit hole in a while."*

Finally! Someone gets it!

For the rest struggling to keep up with the writings of a minor mind such as mine, let me take this opportunity to simplify the point I was trying to get at in that last post: in every corner of the so-called "First world" nations of what was once considered Western Civilization, every single government is actively engaged in the importing of millions of foreigners from completely different cultures and religious backgrounds to inter-mingle with the present

populations, which in turn effects miscegenation by enforced proximity of ethnic diversity over the course of generations.

Whenever any of the original residents of any particular race, culture and heritage dare object, they are immediately denounced as racists, ostracized and reviled by the mass media outlets that are following the orders of those who are behind this enforced mass miscegenation program. And the deluge of foreigners continues unabated and unopposed. The goal is to establish a One World government, with the subjects of this global order loyal to no country, nation-state nor ethnic identity nor shared cultural heritage.

The only approved religion will be Orthodox Scientific Consensus-Approved Atheism, observed with strict adherence by the masses of miscegenated serfs, obedient and incapable of forming groups of resistance along no commonly shared bonds or cultural heritage. The only common bond will be to the newly emerging, globalized and homogenized culture of corporate consumerism, dependent on Wal Marts and McDonalds outlets in every corner of the globe for their daily needs, with CocaCola and handheld iSurveillance technology for all.

My observations of mass miscegenation of the multitudes of immigrants to Hawaii already bear out the perfect example of the desired results of the coming Brave New World Order. Hawaii is forever lost to the Hawaiians as an ethnic homeland. The rest of the world is following suit. Hawaii was the proving ground for a program that has now gone global, to do away with Nation States, Cultural pride, and distinctly unique and different societies of humankind. After all, if everyone were a melange of mixed race mutts, then the chimera of EQUALITY will finally have been achieved.

PS - The most ironic thing of this whole debacle? Check out the "quote of the week" that appeared on the top page of the OP mocking me: *"A great civilization is not conquered from without until it has destroyed itself from within." - Will Durant, American historian (1885-1981)*

Hah!

Genetically Modified Childhood

Keoni Galt · 25 November 2014 · Archived copy · Original



Yet again I was asked recently by someone I had not seen in a long time what my "secret" was for losing all that extra weight I used to carry around.

Used to be, anyone asked, I'd just say I did the "Paleo Diet" and if they were interested, I'd tell 'em to just check out marksdailyapple.com. But before I could even do that, the question was followed up with "You're not one of those caveman-paleo diet fanatics, are you?"

Okay. Hearing that from this particular person convinced me once and for all: the PALEO DIET has jumped the shark.

So I answered: "I'm not on a diet, I just don't eat GMO."

"That's all you had to do?"

"Yup. Thing is, once you start looking into just how much of the food we eat is sourced from GMO crops, you find yourself eating like a caveman."

Heh.

While it does appear that the Paleo diet has indeed been co-opted, subverted and marginalized in popular consciousness, I like to think that it went through a reformation once the most influential bloggers and writers of the Paleo blogosphere eventually rejected the idea that "low carb" and "zero carb" dieting is a key component to the praxeology.

It took years to get rid of the commonly accepted idea that carbohydrate consumption itself was the reason for the rising rates of obesity and sickness of the citizenry all across the bloated plains. Same goes for various versions that involve measuring the ratios of fats to protein in your primal meals. This is because when many of us who first discovered the "paleo diet" blogosphere found successful weight loss and improved health and vitality after adopting the proscriptions, it was only too easy to credit the "low carb-high fat" theory as to why this "diet" seemed

to work miraculously.

But now that many of the luminaries of the Paleo blogposphere have moved on to studying the importance of gut bacteria, gut health and the role resistant starch and fermented pre and pro biotics plays in the immune system and over all health, a new angle on just how malevolent GMO crop feed is to human health emerges.

At this point in time, when one gains a true understanding of how our modern, industrialized corporate food production system works, I can now confidently attribute it to the consumption of all three categories, for the entire feed industry is based off of manufacturing products from carbohydrates, proteins and fats...all derived from GMO plant crops. It's the GMO itself and how it affects the gut bacteria of not just we the sheeple, but *any living organism* that ingests it on a regular basis.

Most folks who discover the "Paleo diet" after years of ill health and weight management issues. For the early adopters, while the low-carb paradigm has since been proven fallacious, nevertheless it does prove effective, because limiting carbohydrate intake means largely limiting your intake of GMO sourced feed.

But for most people today, it takes a health condition or weight management problems to get them to look more closely at exactly what they are eating. But I see an even bigger problem that is going to manifest in an even worse outcome in the next decade or so with regards to kids being raised from birth on GMO feed products.

Sadly today, I note that many parents in society today are feeding their children a steady diet of GMO processed feed products like cereal, chips, crackers, cookies, cakes, pastries, and all sorts of snack foods designed to make the kids stop whining and crying about their hunger for a few minutes.

Most folks never make the connection between their children's behavior and the snacks and breakfast cereals they are feeding them, and if they do, they invariably blame the sugar content. Sugar most certainly does have an effect...but that is only part of the story.

For instance, while the following article focuses on the possible link between autism and GMO feed, I found an interesting angle on the topic with regards to behavior of test animals regularly eating GMO feed:

> When Dr. Huber visited an ongoing research project utilizing rats, he said those animals fed non-GMO feed were “as passive as can be. You can take them out. You can put them on your lap. Treat them almost like a pet cat.” Not so with the rats eating genetically engineered food: “You can hardly catch the rats that have received the GMO feed for a month and a half to two months,” he said. **“They go off by themselves. They’re irritated. Crawl up the cage. . . . [They] don’t get along with each other.”**
>
> Farmers are reporting the same thing with pigs raised on GMO corn. According to Dr. Huber, a farmer told him that “his pigs **just seem to be always irritated. They can’t get along with the other pigs.”** Veterinarian Don Skow described similar odd behavior in the pigs of his client. “**They would get cannibalistic. They would consume each other—ear biting and tail biting.”** And when put in nurseries after weaning, he says, some **“would get a condition like Alzheimer’s. They would lose the ability to know where the feed was. A lot of them would die.”** Although many of these odd behaviors had been dismissed as normal stress responses for confined animals, when farmers switched to non-GMO feed and the problems went away, the real cause became obvious.
>
> Similar antisocial patterns that Huber described were observed by a Dutch college student more than a decade

> ago when comparing mice fed GMO or non-GMO soy and corn. He wrote, “The mice fed on GM food seemed less active while in their cages. The differences in activity between the two cages grew as the experiment progressed.” The differences were most striking when he moved the mice to weigh them: **“The mice from the GM cage were noticeably more distressed by the occurrence than the other mice. Many were running round and round the basket, scrabbling desperately in the sawdust, and even frantically jumping up the sides, something I’d never seen before.** They were clearly more nervous. . . . For me this was the most disconcerting evidence that GM food is not quite normal.”[2]
>
> Dr. Irina Ermakova, PhD, a senior researcher at the Russian Academy of Sciences, reported to the European Congress of Psychiatry in March 2006 that male rats fed GM soy **exhibited anxiety and aggression, while those fed non-GMO soy did not** [3]. Ermakova reported the same behavior in GM soy-fed female rats and their offspring in her study published in Ecosinform. The animals “attacked and bit each other and the worker."[4]

I know parents who are at wits end with their children's behavior. From my point of view, they love their children, but don't really like to spend time with them because of their incorrigible behavior. And they often remark at the stark contrast with my own progeny who is calm, well behaved and easy to babysit. Mind you, my kid is not "perfect." But the differences are readily apparent enough for many folks to comment. And they always tell me that I'm "lucky." At this point, I say it with full confidence that luck has nothing to do with it.

Family who knew me as a kid are especially amazed at my offspring's demeanor, attitude and behavior, given how much of a little ADD/ADHD/ODD hell raiser troublemaker I was. My wife likes to take credit for her genes being the primary factor there, and there may be something to that. But I've seen it one too many times now, how little kids attitudes and behavior changes for the worse, sometimes in mere minutes after eating or drinking GMO-based junk feed.

When I try to suggest that maybe parents should feed their kids nutritious, home-cooked food instead of eating processed feed, they all say the same thing - there's no time for that. Everyone has got to fight traffic jams to get to school and work, so it's coffee for the adults, and breakfast cereal and snack foods while riding in the car. Then the kids get their GMO-based feed from their school vending machines, nearby convenience stores and the cafeterias. By the time working parents and school kids are home in the evening, everyone is too tired to cook, so they eat fast food or restaurant take out. It's no exaggeration to say that for many folks in our Brave New World Order, when it comes to their diet, it's all GMO, all the time.

Having read the product labels and researched the brands of much of the "kid snacks" many parents are feeding their kids (not to mention the regularity of eating fast food meals,) *everything they eat* is inevitably sourced from one of these 6 major corporate feed brands, who are also the primary backers for funding the opposition to several mandatory GMO-labeling initiatives that got voted on earlier this month in the mid-term elections of several States. They spent millions to fund propaganda to prevent them from having to label their GMO feed accordingly.

> Here are 6 huge conglomerates aiming to ruin your right to know what is in your food.

> **1. Pepsi-Co (Including Frito-Lay and Doritos)**
>
> This behemoth has hardly been touched by consumer frustration with GMOs, even it is just as guilty as many other companies when it comes to food secrets. This is also the company who had to settle a $9 million class-action lawsuit over Naked Juice false advertising – claiming the products were ‘all natural’ and ‘100% juice’

> when they are actually full of GMOs. Pepsi-Co was also revealed as one of the big spenders behind the anti-labeling campaigns illegally filtered through the Grocery Manufacturer's Association. The company topped the list with a $1,620,899 donation to keep you in the dark about GMOs.

> **2. Kellogg's**
> This company is downright shady. Kellogg's company recently paid $5 million to settle a class-action lawsuit for falsely labeling Kashi products as "All Natural" or "Nothing Artificial." They have also contributed a total of $1.6 million to defeat GMO labeling initiatives. In a consumer lab test, it was also found that Kellogg's uses 100% GMO corn in several of their breakfast cereals and other products. Kashi products even made it onto the Non-GMO project's list of safe foods, but they aren't safe at all.

> **3. General Mills**
>
> GM says: "We don't use genetically modified ingredients in original Cheerios. Our principal ingredient has always been whole grain oats – and there are no GMO oats. We use a small amount of corn starch in cooking, and just one gram of sugar per serving for taste. But our corn starch comes from non-GMO corn, and we use only non-GMO pure cane sugar."
>
> This is only in one type of cereal they sell, though. Only two percent of the company's shareholders favor a complete GMO ban. GM's CEO says, he "sees no reason within the United States to bar ingredients grown from biotech crops."
>
> **4. Nestle/Gerber Co**
>
> This company puts GMOs in baby food. Need I say more? The company removed GMOs from baby formulas in South Africa after public pressure forced them to, but it continues to put them in American-sold versions. Formulas like Good Start and others contain GM soybean oil, GM soy lecithin, and GM maltodextrin, as well as corn syrup derived from GM crops. Along with Pepsi-Co and Coca-Cola, the company spent over $1 million to defeat GMO labeling in Washington, and more to defeat labeling in Oregon.
>
> **5. Hershey's**
>
> Just how much will you like that chocolate bar after finding out that Hershey's donated $800,000 to defeat California's Prop 37 and Washington's I-522, and another $500,000 to defeat this year's initiatives in Oregon and Colorado? The company has only one organic brand—Dagoba. Time for a boycott? After all, there are hundreds of non-GMO fair-trade chocolate makers out there. Try some of these non-GMO sweets instead.
>
> **6. Coca-Cola**
>
> This soda empire has contributed more than $1.5 million to keep your teeth rotting from consuming their GMO-filled sodas. They also utilize high fructose corn syrup that is almost entirely GMO-corn derived. Here are other sodas that contain GMOs, too.

I know of kids for whom it seems their entire diet is based on the products of these corporate GMO feed conglomerates. While the article I posted urges a boycott of the products of these corporations, I urge parents to boycott these products for your kids health, your peace of mind, and your sanity in trying to simply raise them.

That Wapiti Just Got A Lot More Elusive

Keoni Galt · 29 November 2014 · Archived copy · Original

[image]

I just noticed one of my "must read" bloggers on my blogroll, The Elusive Wapiti, has closed up shop:

> Readers, it is time to shutter this blog. Nothing's going on, merely a decision to re-allocate my finite time more toward that which matters more--my family.
>
> I wish everyone who made a habit of reading my humble articles all the best, and I'll keep the links bar at left up a few weeks so that those who use this site as an aggregator may make alternate arrangements.
>
> May your skies always be blue, your weather fair, and may the Lord our God bless you and yours.
>
> EW

Bummer. I totally get the sentiment, but rather then closing up shop, I just blog intermittently, infrequently and only when I really have nothing better to do. But taking down all your posts? May I offer you the argument to perhaps convince you to at least restore your extensive archives?

> **Don't Delete Your Blogs**
> Of course, not all people will want to keep blogging forever. If you no longer feel the motivation, that's fine. It is a thankless job and the pay sucks. But please, oh please, don't delete your blog! Not only does it remove from the internet a significant body of work that others might find and read, whether old or not, but it also removes all of those links in the articles, in the comments, and on the sidebar, which support those of us who still are blogging. Most guys who quit blogging have not lost the faith in the message, they simply are fed-up with blogging. There's nothing wrong with becoming a Man Going His Own Way (MGHOW) and moving on - in fact, it is one of the natural conclusions of MGTOW. But please, if you've found a path to enlightenment through MGTOW and the manosphere which resulted in you starting up a blog, leave your work up so that others may find it, and so that the links in your blog may direct others towards those who are still actively blogging about it.

You'll note that Rob Fedders certainly practiced what he preached. Please consider it, Brother! You were definitely one of the better bloggers out here on these fringes of teh Interwebz.

Fare thee well, EW. You will be missed.

A hui hou!

Goading the Sheeple Stampede

Keoni Galt · 8 December 2014 · Archived copy · Original

[image]

When I got together with my extended family to give Thanks on the one day a year we are allowed to, by indulging in primal gluttony and partially-hydrogenated cheats (I eat stuffing and gravy with my turkey, despite the near certainty that the ingredients include GMO wheat flour and soybean oil margarine croutons,) the usual debates regarding religion and politics arose, and I left everyone at the table for conversation flummoxed with my contribution to the conversational bonding occasion.

The red kool aid drinkers and the blue kool aid drinkers of my family argued vociferously on the topic of race, riots and police actions in Ferguson, Missouri. Quality family time, I tell you!

Neither drunkards of the two-party kool aid charade could argue with my observation that when one watched the national news media's coverage of the event, it was readily observable that the tell-a-vision press was deliberately attempting to instigate our Brave New World Order's Post-Racial Amerikkkan Society's horizon event.

Those bastards crafting their deceptive narratives full of implied race-mongering, lies of omission and overt pandering to the emotions of the viewers are deliberately and purposely pushing for a nation-wide race war in the West.

THEY want another episode of the Watts riots in the 60's and the L.A. riots over the King verdict in the 90's.

THEY want the underclasses to take their bait and engage in civil chaos and looting, provoking an armed response.

Nothing would please them more than to broadcast live images of crowd dispersion with tear gas and pepper spray, followed by a hail of rubber bullets and truncheon beat downs of bystanders caught up in the moment by riot-gear armored agents of the State. The more these events of unrest and violence occur, the more the elites in charge of this country have excuse to implement their agenda for creating a dystopian police state.



By expressing these ideas, I was told that I am "too conspiratorial" and "everything is not a conspiracy!"

What else can you call it, when you watch any of the national news broadcasts on the topic forearmed with the knowledge of the events that transpired thanks to the alternative media found on teh Interwebz?

I pointed out that the reporting from SeeBS national news broadcast, interviewing Michael Brown's parents emoting their sorrows at the loss of their son, while the tell-a-vision screen broadcast a peaceful photo of Brown looking happy, relaxed and completely non-threatening.

[image]
Why did such a nice looking young boy get himself shot by the police?

The implications of the news reporting on the SeeBS national broadcast was plainly obvious:

The officer was white, and we all know there is only one reason why white cops shoot black citizens...

There was absolutely zero reporting on the context of the incident itself or the events that lead up to the shooting. The only report was the teleprompter reading talking head stating something to the effect of *"...witnesses stated that Micheal Brown had his hands raised when he was shot."*



Michael Brown Remembered As A 'Gentle Giant'

No mention of the YouTube video viewed by millions of Brown throwing his considerable weight around with the convenience store clerk to rob the premises of some tobacco products. Even the most liberal progressive blue kool aid drinker at my family's Thanksgiving meal couldn't deny they themselves were at least aware of the existence of that video.

I noted how the SeeBS news segment I had watched, closed with a statement by Brown's Father responding to the SeeBS tell-a-vision talking head's leading interview query: (I paraphrase from memory here:)

SeeBS Journalist: *"He said he wouldn't do anything differently if he had do it all over again. What do you have to say to him?"*

Father: *"Only you know why you woke up that day and decided to do what you were going to do!"*

It was an accusation of deliberate, premeditated murder with racism implied as the sole motive, in response to a quote taken out of context to make it appear like the white officer was an unapologetic murderer who gleefully shot an innocent black boy just for the fun of it.

Whatever happened that fateful day in Ferguson, one thing is for certain. The "News" was not intent on reporting the truth. They were engaged in forging a narrative and manufacturing consensus to promote a violent reaction amongst the citizenry.

THEY were doing everything within their power to utilize every conceivable propaganda trick to manufacture mass media consensus to goad and provoke all African-descended denizens of this nation into violent mobs of anarchy and eventual conflict with their communities' militarized police forces.

But my relatives who acknowledged my point about the deceptive and inflammatory reporting of SeeBS had a different explanation for what was going on...I forgot something important here: it just *can't* be a conspiracy...

No, they're pushing civil unrest and racial tension for *ratings*.

Even if that were the sole motivation for the mass media pushing a seemingly uniform narrative across all channels, the explanation proffered by the Conspiracy-deniers is that the media only engages in dishonest reporting simply to drive up advertising revenues.

Whether they are promoting racial unrest and a breakdown of civilized norms to keep us all divided, conquered and ultimately distracted so they can continue to implement their Brave New World Order police State, or if they simply doing it to get more ratings to get more profit, THEY are deliberately *conspiring* to promote lies, half-truths

and propaganda to effect civil violence, unrest, rioting and looting.

We may disagree on the motives of the conspirators behind the creation of this "info-tainment" news reporting, but why does the idea that a CONSPIRACY automatically means one is mentally unbalanced and obsessed with UFO's, Reptile Aliens, Big Foot, the Loch Ness Monster and Chupacabra?

The brainwashing of the American masses via the "news" broadcasting is a refined and perfected feat of technocratic engineering. Their vision for us has been told and sold, and we are now ready for the next stage of our global evolution as a species.

[image]

The mental short circuiting of the average INCorporated-media-shaped-mind when it comes to the very concept of CONSPIRACY, is one of the most impressive feats of brainwashing ever accomplished by our regularly scheduled programming creators.

Predictive Programming in Pop Culture: Christ Mass Edition

Keoni Galt · 25 December 2014 · Archived copy · Original

[image]
Peace on Earth? Can it Be?

On September 11, 1977, Bing Crosby recorded his last Christ mass Show Special for the tell-a-vision, which featured a guest appearance by David Bowie, in which they essentially sang two very different songs at the same time. This performance has since been considered a "classic" holiday season performance, receiving world mass media broadcasting and even some recent recreations of this highly feted event.

I used to like it a lot myself....that is before I had my eyes opened to the reality of how Pop culture in our Brave New World Order is a key weapon for the social engineers who create We the Sheeple's regularly scheduled programming. Last Christ mass season, I downloaded an audio of this song from YouTube, along with a number of other Christ mass songs I waxed nostalgic for from my youth. I listened to it a few times during the season as a part of my Christ Mass playlist with nary a thought, often singing along with it while participating in the various traditions my family and I perpetuate in celebrating the birth of the Savior of our fallen world.

This year I put the same playlist on again while we decorated our Christmas tree. When this performance came on again, I couldn't help but notice a few things about it that I previously did not pay attention to. I realized with near certainty that this performance by Crosby and Bowie on September 11, 1977, is the perfect representation of THE WAR ON CHRIST MASS and a Christian-based society that has been waged in pop culture and society in the past three decades by the controllers of our mass media.

The opening dialogue between the two followed by the performance of The Little Drummer Boy/Peace on Earth is emblematic, symbolic, subversive, and both covert and overt, all at the same time. It perfectly represents the transition from a formerly Christian Nation to our current dystopian, Post-Christian nation.

From the scripted opening dialogue:

> Crosby: Tell me, do ever listen to any of the older fellas?
> Bowie: Oh yeah, sure...like, um, John Lennon! And the other one...Harry Nilsson.
> Crosby: Hmmm...you go back that far, huh?
> Bowie: Yeah, I'm not as young as I look.
> Crosby: Heh heh, none of us does these days...

One month later, Bing Crosby passed away, before this now famous and popular duet was ever aired on tell-a-vision. While this dialogue between the two is considered ironically humorous, I have come to believe those who wrote those lines where following a particular theme of their own...

The performance itself demonstrates this theme I allude to. It starts with both the old, revered crooner of decades

prior -- most famous for singing songs considered mainstream standards performed and enjoyed by multiple generations of Americans steeped in the traditions and ethos of a Christian-based society -- and a pop rock star famous for his androgynous stage persona, singing in unison.

At first, "Ziggy Stardust" starts singing in concert with the old timer....harmoniously blending in with the classic crooner in pitch and volume. But as soon as the first verse is sung, the "new age" pop star starts singing counterpoint to the old classic Christ mass song with a brand new song that had literally been penned a few hours earlier on that day, September 11, 1977.

> The original plan had been for Bowie and Crosby to sing just "Little Drummer Boy." But "David came in and said: **'I hate this song.** Is there something else I could sing?' " Fraser said. "We didn't know quite what to do."
>
> Fraser, Kohan and Grossman left the set and found a piano in the studios' basement. In about 75 minutes, they wrote "Peace on Earth," an original tune, and worked out an arrangement that weaved together the two songs. Bowie and Crosby nailed the performance with less than an hour of rehearsal.

As Bowie sings the new song penned by the three musical directors of the program just hours before, he overpowers Crosby's voice, relegating his lines almost incoherent, with a few legible *pa ram pam pam pams* standing out in between the pauses to Bowie's lines.

> (Come, they told me, pa-ram-pam-pam-pam)
> **Peace on Earth, can it be?**
> (A newborn King to see, pa-ram-pam-pam-pam)
> **Years from now, perhaps we'll see**
>
> (Our finest gifts we bring, pa-ram-pam-pam-pam)
> **See the day of glory**
> (See the fine King, pa-ram-pam-pam-pam, ra-pam-pam-pam)
> **See the day when men of good will**
> (Ra-pam-pam-pam)
> **Live in peace, live in peace again**
>
> (So newborn king, pa-ram-pam-pam-pam)
> **Peace on Earth**
> **Can it be?**
> (Can we come?)

So far it sure seems like this new song penned by Fraser, Kohan and Grossman seems to fit in with the typical themes of traditional Christ mass music... "Peace on Earth, Goodwill to Men!" and all that.

But then Crosby raises his volume and joins in harmonic unison with Bowie to emphasize the newly written bridge that weaves the new and the old, the classic and the modern, into a single synthesized ideal expressed in totalitarian joviality:

> **EVERY** CHILD **MUST** BE **MADE** AWARE

> **EVERY** CHILD **MUST** BE **MADE** TO CARE
> CARE ENOUGH FOR HIS FELLOW MAN
> TO GIVE ALL THE LOVE THAT HE CAN

This is the part that jarred my consciousness and awoke me from mindlessly enjoying the performance as I had done last season while decorating my "holiday tree." What kind of PEACE ON EARTH are they both singing that EVERY child MUST be MADE aware of, and MADE to care for? It was then that I realized that whoever wrote them had a much different agenda than simply adding new lyrics to a song supposedly commemorating the birth of baby Jesus.

That's when I decided to do a little research on line and consult with Googliath to find the back story behind this coming together of old and new, classic and modern pop culture icons to perform what TV Guide listed as "*...one of the 25 most memorable musical moments of 20th-century television.*"

Only after finding the Washington Post article I previously linked to, did I discover that Bowie's counterpoint was written by the shows producers and musical directors that same day the performance was rehearsed and recorded.

These three composers of Bowie's parts have quite the history in both Hollywood and the New York Broadway musical scene, and have all made their marks as composers in mainstream mass media American pop culture in the years since this performance. Needless to say, it was only a few clicks on their Wiki pages to discover that two of the three composers are most decidedly *not* Christian. It is then that I realized that these lyrics are not written in the spirit of celebrating the birth of the Prince of Peace celebrated by Christian tradition.

No, this was a counterpoint based on a much different ideal of world peace....the kind of peace discussed by The Vigilant Citizen blog that I had read a couple of years ago, analyzing Madonna's brazen 2012 Pagan Occultist performance during the halftime of the Superbowl:

> Madonna's halftime show ends in a dramatic yet very significant matter:
>
> [image]
>
> At the end of her performance, the floor opens underneath Madonna's feet and she falls into oblivion. As Madonna is swept in what appears to be the "Underworld," Madonna sings: **"I hear you call my name, And it feels like home".** This is another inversion of conventional religious symbolism as "home" should be in the heavens.
>
> In Madonna's case, she obviously didn't go in that direction. The show ends with a message no one can disagree with.
>
> [image]
>
> The words "World Peace" appear on the stage, a PR-friendly slogan used by those pushing for a New World Order, lead by a one world government.

Is it this DAY OF GLORY Bowie sings about in the first verse? The same glory advocated by the brazen, pagan pop idol Jezebel and proponent of Kabbalah, in her 13 minute sermon on the biggest tell-a-vision stage in the world?
Is this what the composers of Bowie's lines pray for in the second verse of the Crosby-Bowie duet?

> (Little baby, pa-ram-pam-pam-pam)
> **I pray my wish will come true**
> (I see the child, pa-ram-pam-pam-pam)
> **For my child and your child too**
>
> (I'll take my trumpet, pa-ram-pam-pam-pam)
> **He'll see the day of glory**
> (I'll play my best for Him, pa-ram-pam-pam-pam, ra-pam-pam-pam)
> **See the day when men of good will**
> (Ra-pam-pam-pam)
> **Live in peace, live in peace again**
>
> (And he smiled at me, pa-ram-pam-pam-pam)
> **Peace on Earth**
> (Me and my drum)
> **Can it be?**

Let us recall the kind of World Peace described in history's most authentic forgery: *"Away with them and give us **one king over all the earth** who will unite us and annihilate the causes of disorders—frontiers, nationalities, religions, State debts—who will give us **peace** and quiet which we cannot find under our rulers and representatives."*

The current post-Christian West has been effected by decades of regularly scheduled programming that promoted incremental gradualism in expunging any and every expression of Christianity from the culture at large, and replacing it with a much different, alien one.

The voice of cultural and religious dissent started as understated and muted, with only hints here and there manifesting in the mass media driven pop culture. These subversive influences first appeared to sing in harmony with the older traditions of Western Civilization's religious foundation and culture. But after awhile, after conditioning the masses with gradual and incremental exposure, THEY eventually took front stage and center, and overpowered the voices of tradition and morality, drowning it out with it's own modern and progressive lines of shibboleths and inverted ethos.

After some time being overpowered and dominated by this new force, the former voice of tradition and morality changes course and now joins in enthusiastically with it's own corruption and degradation...joining in with the modern and progressive demands that every child must be made aware and made to care.

Can it be?

In hindsight of my own short lifetime, I can track this transition of gradualism as it happened steadily and inexorably over the past thirty-plus years.

In 1977, I was attending a private Christian pre-school in my neighborhood. I was a participant as one of the three wise men presenting frankensense to the baby Jesus in the live Nativity Scene pageant our pre-school put on for the parents. I have vague memories of the occasion, probably only recalled due to the reinforcement from the photos my mother took that day that I've seen many times since.

In 1987, I was a member of my public school's choir, caroling Christ mass songs at my town shopping center. We sang next to the shopping centers Nativity Scene display, and the majority of the songs were all Christian themed Christ mass songs celebrating the birth of Jesus. Come All Ye Faithful, Joy to the World, Silent Night, We Three Kings, God Rest Ye Merry Gentlemen, Away in the Manger etc.

One year later, a lawsuit was filed by the American Civil Liberties Union and the Jewish War Veterans that resulted in the removal of a large 65 foot high cross removed from Camp Smith, high atop the Ko'olau mountain range, overlooking the entire south side of the island of O'ahu.

I remember looking up at the Camp Smith cross whenever I was with my family driving anywhere on the south side of the island. It could be seen for miles all around.

I remember my parents being upset when they found out it was being removed due to the lawsuit.

Nine years later, On September 11, 1997, another Anti-Christian political action group in Hawaii filed a nearly identical lawsuit to have a large 62-ton steel cross that had been erected in 1962 on the Schofield Barracks Army Base to commemorate the war dead of our formerly Christian-nation during World War II. (As a footnote to history, Schofield Barracks was the first military installation attacked by the Japanese as they where flying on their way to Pearl Harbor on that day of infamy.)

One month later, citing a severe budget deficit and costs to fight the lawsuit as well as the costs necessary to maintain and display the Cross (it was lit up with large spotlights every night so that it could be seen from many miles away over the central plains of O'ahu island), the Army dismantled the cross.

I now consider November 1997 to be the official end of Hawaii as a member-state of a Christian nation.

In 2007, I was teaching music classes to children in Hawaii's Public Schooling system as a contract worker. In the middle of one of my classes in November, I was notified that the Vice Principal wanted to see me after class that day. I was told that I was not allowed to teach or perform the songs I had been teaching in preparation for the school's *Winter Holiday Festival.* No Christ Mass songs were allowed. I was allowed to continue with any Christ mass songs ONLY if they were to be performed solely in the Hawaiian language.
Po La'i E was allowed, *Silent Night* was verboten.

We performed *Rudolph that Red-Nosed Reindeer*, *Frosty the Snowman*, *Jingle Bells*, *Jingle Bell Rock*, and the sole Christ Mass song allowed because it was performed solely in the Hawaiian language.

There was no Nativity Scene allowed on public school property, though we did have holiday trees, reindeers, candy canes, holiday lights and all the other trappings of the secular celebrations of the merry mass consumerist bacchanalia of winter solstice festooning the cafeteria where we performed, but nary a reference to Christ mass or Baby Jesus.

Ah well, here we are in 2014, and the separation of Church and State is nearly complete. There will be No Nativity Scene in Washington D.C. This Year:

> The Supreme Court has ruled that there cannot be a Nativity Scene at Capital Hill this Christmas season.
>
> This isn't for any religious reason. They simply have not been able to find Three Wise Men in the Nation's Capital.
>
> The search for a Virgin continues.
>
> There was no problem, however, finding enough asses to fill the stable.

Merry Christmas!

Recurring Technical Difficulties

Keoni Galt · 14 January 2015 · Archived copy · Original



Since Boxing Day of last year, I've had more ISP issues, similar to ones that kept me offline last October. Thanks to all who dropped by and wished me a Merry Christmas and a Happy New Year in the combox on my last post.

These technical difficulties are supposedly all taken care of now, as I am now logged on at some of the fastest connection speeds I've ever experienced at home. The promise of this improved bandwidth is the only thing that kept me from changing ISP's in the past two weeks, and now that this day of improved digital access they promised has finally arrived, I'm ready to resume the irregularly re-scheduled de-programming I strive to disseminate from my humble little outpost here on the lunatic fringes of teh Interwebz.

Hau'oli makahiki hou!

The First Blue Pill Dispensary

Keoni Galt · 20 January 2015 · Archived copy · Original



The process of understanding how things have gotten to the way they are now in our culture and society due to our Brave New World Order's regularly scheduled programming can be traced to many different sources. For most of us raised in the post World War II era, one of the first and most influential sources of this programming comes from the so-called MAGIC KINGDOM.

My very first memory of ever going to the movies was to see *Sleeping Beauty* at my local drive-in theater with my parents (for you millennial readers, back in those ancient days, people used to drive their cars to a large parking lot that had a large screen at one end to watch movies from the comforts of their automobiles).

When I was a little boy of five or six, I distinctly recall being extraordinarily jealous and envious of all the kids in my neighborhood....they all got to go to Disneyland in California or DisneyWorld in Florida with their families during summer vacations, while my family usually vacationed to the other Hawaiian islands to visit relatives, that is if we went to vacation anywhere at all. All the kids in my hood would delight in showing off all the theme park clothes and souvenirs, and tales of the thrill rides, no doubt enjoying the look of envy on my face.

As a young kid in the late 70's, the hunger for all things Disney was caused by much more than simple envy at my playmates Disney family vacations I never got to go on. Back in those days, before VCR's, DVD's, or any other sort of medium for which the consumer had control of where, when and how often one viewed their desired entertainment, our choices of mass media entertainment programming were limited to the three main networks regularly scheduled programming on the tell-a-vision, and the occasional family-night out to the movies. In those ancient times, Disney cartoons were not a regular feature of daily tell-a-vision programming, but it was certainly the most anticipated and desired of all our regularly scheduled programming by all the kids I grew up with.

We had Disney TeeVee specials for various Seasons, and once or twice a year, CBSABCNBC would broadcast an entire Disney cartoon movie during prime time. Anytime we kids saw a commercial advertising a future Disney broadcast special, we would all eagerly remind each other about the pending date, time and channel the next Disney broadcast was scheduled for in our conversations in the schoolyards and neighborhood playgrounds. We did not have daily Disney programming at that time, so the limited supply made the demand for Disney programming extremely high amongst my generation of youths. It was also pretty much the only brand name entertainment for which boys and girls desired equally.

For boys and girls alike, the MAGIC KINGDOM appeared to our young mind as the SOURCE of the ultimate fun and entertainment. Disney was magic to the young American mind, and it's influence on our conceptions of ourselves and our gender roles and interactions are far reaching and transcend generations.

As blogger Lorie Kramer notes in her post The Media IS the Matrix: *"You can see by the photo above, I had the wide-eyed TV dazed stare back then, just like it still does to everyone now."*

[image]
Photo of A Regularly Scheduled Programming Session

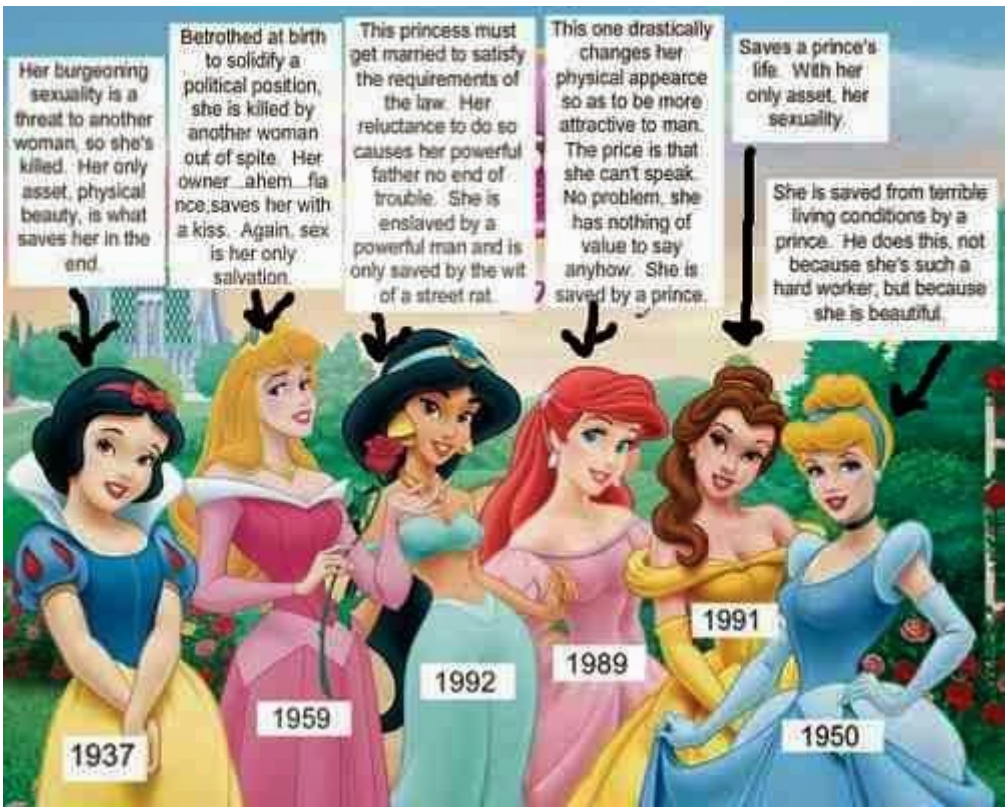
Indeed, our entire fringes of teh Interwebz here arises from people who eventually come to awareness of how our nation's regularly scheduled programming and institutionalized ~~indoctrination~~ educations have caused many of us to embrace dysfunctional behaviors that result in broken and damaged relationships with the opposite sex.

Many feminists have attempted to use their own Cultural Marxist-based critical-theory to attack Disney's Regularly Scheduled Programming for girls. I'm sure most people in the 21st century who are plugged into the social media-data harvesting apps of teh Interwebz are familiar with the following memes via various feminist sympathizers who have posted them as some sort of devastating critique of the "Princess Complex" -



Note all these critiques of the Princesses are all based on the supposedly oppressive notions that being physically beautiful or pretty are required for women to attract the men they want, and that women must "give up" something precious or pretend to be helpless and incompetent in order to "get some hot princely action!"

Why this dastardly Disney plot to turn all of our girls into oppressed chattel of men in marriage and family has been going on for decades now!



Over 60 Years of Princess Programming!

Why, according to the feminist critique, if it weren't for Disney's subversive programming, young girls wouldn't be growing up with this idea that their physical appearance is important, or that they cannot achieve anything substantive without using their sexuality to manipulate a man into providing for her!

This devious brainwashing promotes the destructive and oppressive ideals of feminine beauty to our young girls, making them grow up and idealize their image of femininity towards such repulsive presentations such as this...



...when everyone knows we should be encouraging our girls to focus on empowerment and self-actualization to achieve a presentation like this:



An Example of Successful Disney Princess De-programming...

No doubt, our prime example of the deprogrammed-from-Disney mind here need not ever worry about abandoning her family or giving up her strongest talents to get her hot princely action, nor will she ever have to worry about using her sexuality to save a prince's life. All girls should strive for such freedom from the oppressiveness of the Disney Princess Programming!

Let us look closer at some of these other devastating feminist critiques of the Disney Princesses:

For Snow White: *"Her burgeoning sexuality is a threat to another woman, so she's killed..."*

Killed for her burgeoning sexuality? By who? Another woman! **Damn the Patriarchy!** I think it's safe to presume that our *"No, YOU Make ME a Sandwich!!"* poster girl is safe from that particular threat.

For Cinderella: *"She is saved from terrible living conditions by a prince. He does this not because she is such a hard worker, but because she is beautiful!"*

Got it, parents? Don't try and raise your daughters to be beautiful, raise them to be hard workers! After all, our corporate-government complex needs our girls to grow up to become taxable and expendable human resources, not wives and mothers!

Despite the obvious contrasts that provide some comic relief when you do such blatantly cheeky side-by-side comparisons as I've done here, the feminist critique of Disney Princess Programming is not too far removed from reality, when you consider the overriding priority and principle of feminism is population control, to destroy the family or make sure one doesn't form in the first place, so as to ensure that women don't procreate abundantly.

It really is that simple. And it's also not the real problem with the Disney Princess Programming and it's subversive influence on the minds of our youth.

For when one steps back and takes a look at our current dystopian society, I think it's rather safe to say that almost 80 years of Disney Princess Programming on the silver screen has hardly resulted in the majority of Western women growing up with the desire to be beautiful to attract a prince or knight in shining armor, and get married and live happily ever after with their 2.5 kids, white-picket-fence-surrounded McMansion and the annual summer vacations to the MAGIC KINGDOM.

In fact, if the Feminists who are critical of the gender-stereotype programming of Disney films would look at our present society clearly and honestly, they would recognize the trends in the decline of marriage and the influx of most women into college and careers instead of hearth and home and multiple-child families, has all occurred by generations of women raised watching Disney Princess Programming!

If Disney Princess Programming were designed to promote the evil Patriarchy, then the feminists should be triumphant in recognizing what an utter failure the Disney propaganda has been in promoting the Patriarchy to oppress the womynz of our day and age.

Despite failing to recognize this, not all feminist critiques of Disney Princess Programming are without merit. Consider the following from the Relevant Theories page of the Gender Roles Brought To You By Disney blog:

> The looking glass theory is the way that we perceive ourselves in comparison to others views and then the views that we have at birth. The Looking glass theory works with the Disney Princess ideas because most little

> girls see a Disney Princess and want to act out their actions. The little girls see themselves as walking,talking,breathing princesses and therefore believe that society sees them that way. **The more that the girls act out this princess idea then the more that believe that they are one and that other people are seeing them as princesses.**

Now these feminists are getting somewhere with a substantive critique of the Disney Princess Programming!

I've had an idea for this post percolating for quite some time - a couple of years in fact - but reading this comment by Badpainter from Rollo's latest post today finally got the old blogging muse singing again, as it reminded me of the same thing the feminists identify as the looking glass theory of Disney Princess Programming:

> A couple of years ago before discovering the 'sphere I had a date where the question of long term goals came up. After listing mine she asked about marriage (her 34yr never married) and why it wan't on my list. I replied "what's the point of marriage?" she had no answer other than she wanted it, and therefore I should also.
>
> Recognizing there wasn't going to be a second date, nor would I getting laid, I decided instead to explore her mind rather than body.
>
> "Tell me what benefits marriage has for me" I said. Awkward silence and then some insubstantial nonsense about commitment. No benefits to or for me were detailed. **An appeal to duty, and honor was the best she could muster.**
>
> I asked what she thought she would gain. Material stability, and an escape from the cock-carousel was the gist of her response there was a sub-textual sense the gaining the legal commitment was a necessary personal validation that was more important than the quality of the relationship. It is as if though **the highest form of validation is a man's willingness to sacrifice everything for her, possibly including his life.**

Hmmm....wonder where she might have gotten these ideas from?

> Many dark thoughts followed this conversation. I realized she was holding auditions for the role of Hero-Personal-Savior. A champion who would rescue her from her past foolishness. Forgive her sins. Provide her material upkeep. Listen to her daily twaddle. Protect and shield her from reality. A hero who would never expect to receive anything in return as though the opportunity to rescue her was **the very zenith of a man's experience and performing that role was itself all the reward and motivation necessary.**

> Needless to say the doubts that had led to my cynicism were reinforced. I replayed variations of this conversation for other women I knew, mostly the wives of friends. **All generally affirmed her position**, and we're aghast that I would so coldly ask how I might objectively benefit. How could I be so selfish? By what right did expect to want and receive anything beyond performing by services? **Isn't her love enough?** I was told to grow up. My friends either parroted their wives responses, or in hushed voices warned me to tread lightly and choose wisely.

Think Badpainter's date and all the women that concurred with her attitude watched a few too many Disney movies when they were girls? The real problem with Disney's regularly scheduled programming, is that it feeds young girls rationalization hamsters with high dosages of solipsism, narcissism and entitlement. When these programmed

princesses grow up and eventually realize that they are not going to receive what they perceive to be their entitled due, the real chance for happily-ever-after is in most cases, already long gone.

While there has been plenty of feminist critique of Disney Princess Programming of the Disney movies of the latter half of the 20th century, almost no one has bothered to study the effects of Disney Programming on boys...especially the shows they are now putting out on The Disney Channel today.

While the Princess Programming for girls is still a major feature in the shows aimed for young girls, the shows for young boys are just as subversive. While I do not let my own progeny watch Disney (or much of any tellavision at all for that matter), I am not a micromanaging anti-Media Nazi, and I do have peers with children for whom we do spend time with at their houses...and there are times where my friend's kids are parked in front of the tell-a-vision watching cartoons or Disney movies, and my kids are right their with them.

I've sat their on a few occasions and watched modern day Disney programming such as *Chuggington's*, *Jake and the Neverland Pirates* and *The Octonauts* with them, consciously attempting to discern the themes and subtexts and indoctrination the programs are trying to inculcate in the minds of our youth. I find the messages being subliminally transmitted to young boys is just as troubling and problematic as all the Princess Programming for the girls. To summarize the things I've noticed, the programming for young boys is all about being passive, non-assertive, and to be overly mindful of *feeeeeelings*. To back down and concede to angry female peers, and to submit to all authority (both male and female) unquestionably.

In other words, normal male behavior is portrayed as wrong, while emasculated, submissive, passive and accommodating to all female demands is the behavior that is modeled as desirable and "correct." And the reward for the young male characters who conform to such socially engineered dictates in these subversive cartoon programs? Why, they get the ultimate reward...the romantic attention of the desired female.

And some people wonder where all the nice guys come from?


OBEY
Deesillustration.com

It's a Different Country

Keoni Galt · 24 January 2015 · Archived copy · Original

[image]

> "Hey look, it's that gun store all the other ones told me might have 'em....think we could stop by real fast and I'll run up and see if they get 'em? Not often we're in this part of town!"
>
> "Sure, try see if they got 9mil while your up there. If they do, call me and I'll come up too."

I jumped out of the truck and bounded up the two flights of stairs excitedly to the second story tenement, in the heart of downtown Honolulu. I don't go downtown too often, so I was excited to finally get my chance, since I was fortuitously in this particular area, in-between jobs, and I just happened to spot all the signs advertising the one store I'd heard so much about from a multitude of store clerks and dealers from all over the island.

Opening the iron-barred glass door, I felt my pulse quicken as I surveyed the rows and rows of rifles and shotguns, racked and locked all along the walls of the small studio-sized gun dealership. For a few moments, I dared to hope....hope that I had FINALLY found what I had been looking all over the island for, for the past year and a half.

> "Howzit brah, you guys get any .22 ammo for sale?"

The local, middle-aged **Hyphenated-Asian-American** store keep in a dress shirt, business slacks and holstered Glock strapped high and tight on his waist, shot me a sour grimace.

> "Sorry braddah, I 'aint seen any of dat for a long time."

I knew it.

> "No moah .22? Short, long, LR, or Mag?"
>
> "Sorry...brah. It's a different country!"

> "No kidding! I heard all da Fedrul Guvahment agencees when put massive ordahs with all da mainland ammo companees, and dey can barely keep up with doze ordahs, instead of givin' enuff to da stores so da regulah folks can buy."
>
> "Yeah, like I said, it's a different country now. Used to be, we would get our whole storage room full of boxes and boxes of all da .22 rounds....and everything else, too."
>
> "You guys no more 9mil, .357, or .44 either?"

> "Sorry. We only get 30-06, 30-30, .270, 7mil and .38 special."
>
> "Damn. Every oddah place I go or call, dey all tell me da same ting...dat you da only place on da island dat get any .22 or 9mil...so even you guys no moah?"
>
> "Not in one lo-o-ong time."
>
> "So what, when you tink you might get again?"
>
> "You can always try fo check back later."
>
> "You mean da next shipment?"
>
> "No....da next Prezuhdent."

> "Shit, I don't vote, but maybe I should re-registah for da next time, just so I can MAYBE get one chance fo buy some fricken' ammo for my guns!"

Of course, I was just bullshitting for the sake of conversation. I know voting for the Pachyderms in the next Presidential election really won't make a damn bit of difference for our current, almost decade-long ammo famine...it's a different country now. Most of us still pretend it's a Constitutional Republic, but in practice, we are all under the jackboot of Administrative Law and Democracy for all.

> "Whatevah you do, jus' no vote for da... D-E-M-O-C-R-A-T."

He soundlessly spelled out that last with his mouth and wincing facial expressions. Almost as if Big Braddah was listening in and stickin' his omnipresent nose into our *kuleana*.

Can't blame him for being overly-cautious, but I was still somewhat momentarily taken aback.

99.999% of all the **Hyphenated-Asian-American** locals in Hawaii are staunch Union-shill, Liberal Dems, famous for voting a straight Donkey party line, en mass...for generations. I guess despite owning a gun store during the administration of a President who inspired more nationwide gun sales then any administration prior, didn't have a favorable influence on his political opinion regarding the party that has had almost total majority rule in the People's Republic of Hawai'i Nei since Statehood in 1959.

Of course, he's probably upset at how much profit off of the sales for ammunition that he's lost over the last several years, as the demand for ammo is now way higher than the meager supplies that ever get shipped out to our Nation's most remote, Southern State. Looks to me like the anti-Second amendment revolutionaries who have infiltrated our Government, have decided to give up on gun control and focus on ammo control instead.

> "Tanks anyways. Aloha, brah!

I shot him a perfunctory shaka, As I dejectedly slouched out of the store, realizing my last hope for finding some ammo for several pieces in my arsenal from a legal O'ahu source, was nothing but a futile, nearly two year long

snipe hunt. I heard him wish me luck to my back as I departed.

> "You goin' need it, brah."

Fuck this Brave New World Order.

I hereby resolve to cling to my guns and my bible even more than before.

To the rest of the USA-INC., I would offer my sincerest apologies for being from the home state of the most anti-second amendment Presidental administration in my lifetime...

...but then I'm from Hawai'i, not Kenya.

Inoculations for Fear-Driven Conformity

Keoni Galt · 29 March 2015 · Archived copy · Original

[image]

I've recently researched the topic of the vaccination schedule for all Medical-Healthcare franchise outlets of USA Inc., and found out some interesting things, such as the following:

> After the 1986 National Childhood Vaccine Injury Act was passed that protected vaccine manufacturers against lawsuits, the number of vaccines for infants has been dramatically expanded:

[image]

> In contrast, many of the vaccines on the USA schedule are not included on the vaccine schedules for other developed countries.

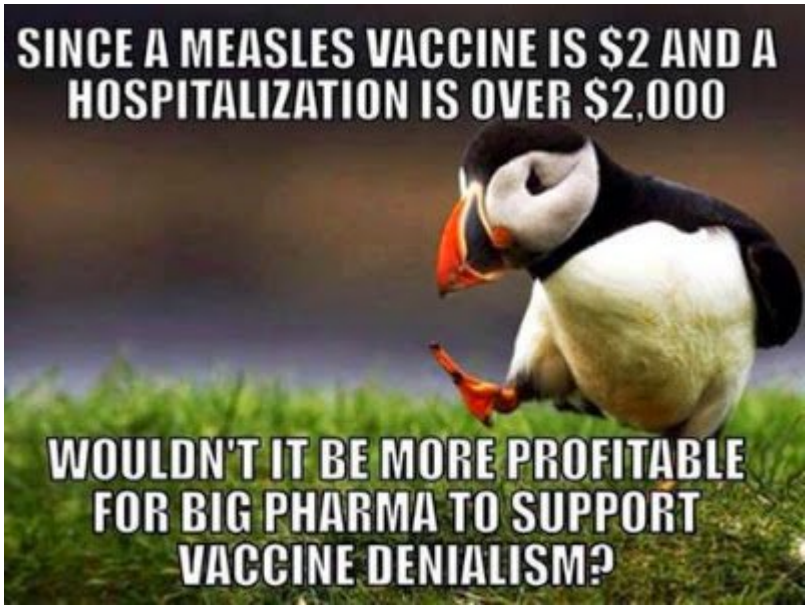
Is this merely a coincidence or a *gasp* *conspiracy*? Not to worry, I donned the appropriate head gear before I soldiered on with my research.

[image]

While I of course read up on a number of anti-vaccination articles and sites, I did spend some time looking at the pro-vaxx sites. With my tin-foil protected cranium allowing me to ruminate on topics that are not officially approved, I concluded that some of these sites are certainly created by pro-vaxx shills that tweet and fete the following kinds of memes on blogs and ~~NSA-sponsered / DHS-approved data harvesting apps~~ social media sites for financial remuneration.



Sure thing, boss. I'll get on those TPS reports right away...



Of course. Big Pharma almost certainly have Interwebz shill operations to co-opt the "denialism" movement. It's safe to assume, like many other mass-media promoted, corporate-driven agendas in our Brave New World Order, that astroturfing manufactured-opposition to caricaturize and slander the honest skeptics who dare to question the officially sanctioned narrative, is a long-practiced tactic and a standard operating procedure. It's all a part of how THEY use the Delphi technique to manufacture consensus amongst the sheeple herds in our globalized societal feedlot.

Besides, the majority shareholders and executive board members behind the decisions for producing our regularly scheduled programming on what to think and how to act, most assuredly already do profit from both sides of the equation of this memes false either/or proposition.

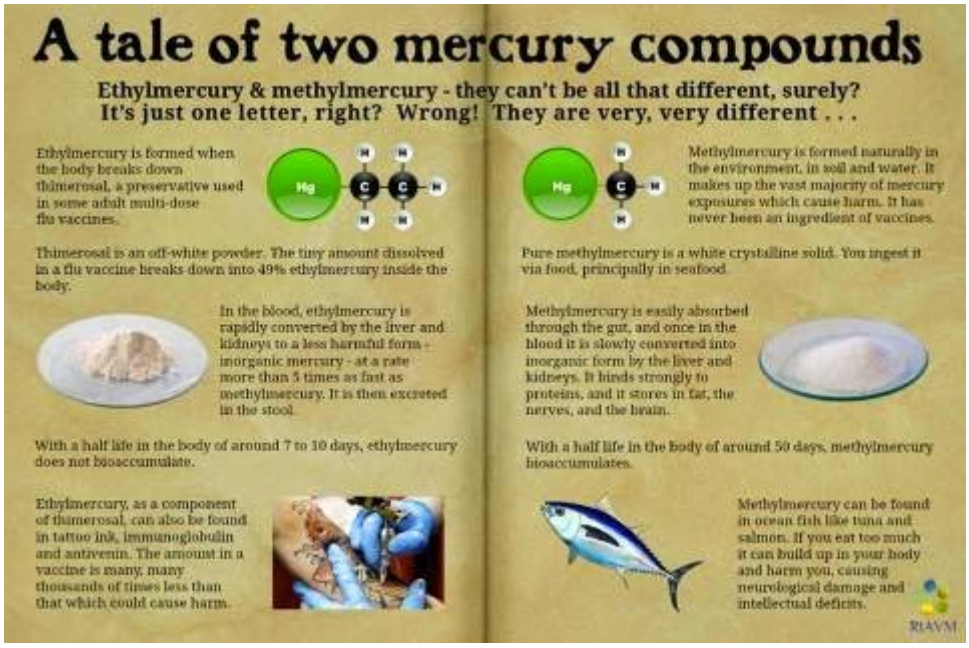
First, THEY get you to pay the $2 for your kid's injection of thimerosal and viruses cultivated with aborted fetal cells, and assuming your kid is one of the lucky majority that doesn't experience autism or sudden death, you will still end up paying well over $2000 when you and your kid's follow their health and lifestyle advice and eats the recommended diet that inevitably *always* requires a stint with hospitalization and treatment by our feedlot's healthcare management system.

It's all a part of the same Beast.



This one reminds me of the old maxim: "Never argue with an idiot. They'll just drag you down to their level, than beat you with experience." Surely they can do better than this. The Jon Stewart Daily Show styled-snarky non-sequitur rhetoric is *sooo* 00's.

Let's see how they make an argument in the name of science:



This is actually just another false equivalence comparison, but much more cleverly devised and designed to convince the average sheeple that the High Priests of our Scientific Industrial Complex have got it all figured out.

I don't fall for it, because I've already done some research into the topic of mercury ingestion and it's effects on the human body. For the record, when it comes to human ingestion of mercury, I'm all for it (at least when it comes to eating methylmercury found in most pelagic ocean fish).
Like all other propaganda of our Brave New World Order, the most effective lies are the ones based on some truths. The bio-accumulation of mercury is highly toxic to the human body. Methyl or Ethyl mercury in a high enough dosage will definitely screw you up and possibly kill you. But the real problem here is this: vaccinations are designed as a one-size-fits-all treatment for the masses of sheeple. Everyone gets the same proscribed dosage without regards to any other factors for any individual kid being sized up and prepped for injection. In in the previous link to my blog post regarding the ingestion of mercury from eating fish, I cited the following report, Dietary and tissue selenium in relation to methylmercury toxicity:

> This study finds that measuring methylmercury exposure is not sufficient to provide accurate and precise information regarding potential risks **unless selenium intakes are factored into the evaluation.** Blood Hg:Se {methylmercury : selenium} ratios appear to provide more interpretable and physiologically meaningful indications of risks from methylmercury exposure than blood mercury alone. Consideration of mercury–selenium relationships in diet and tissues of exposed individuals will clarify risk:benefit relationships associated with fish consumption.

Methyl- or Ethyl- mercury, I suspect the issue remains the same when it comes to the human bodies ability to handle vaccinations. Every kid who gets vaccinated according the current, insane vaccination levels recommended by the various entities of our centralized authoritarian Federal Government agencies, has different diets, lifestyles, nutrition and differing stages of their immune systems development.

This is precisely why thousands of kids will get the exact same vaccinations at the same scheduled times, and only a

few of them will experience the worst effects of vaccinations-gone-wrong like autism or SIDS. Of course, the fact that most kids don't experience immediate problems with vaccination, is then used to declare that their is no conclusive proof that vaccinations cause autism or SIDS.
Sorry all you pro-vaxx shills and dupes of the Statist quo. I remain unconvinced. Forcing me to endanger my children in the name of herd immunity is just not a good enough rationale for me. I've had the chicken pox. I've had influenza. I've had pertussis. I managed to survive, and in none of those cases did I require hospitalization. Why should I be giving my kids multiple injections at a single clinic visit to prevent possibly getting these ailments? Autism would be far more debilitating and life altering then contracting any of these. I'd rather not take my chances.

That being said, I am not entirely opposed to vaccinations per say. I think Vox recommendations here are far more sensible, and pretty close to the schedule I followed myself for my own offspring:

> Anyhow, in my opinion, no vaccinations need be given until the child is walking. Then the tetanus vaccine is a good idea since tetanus can't be treated. Polio is probably the next concern, given its seriousness, and should be addressed some time before the child is likely to come into regular contact with large quantities of people. If you're homeschooling, this probably means sometime between the ages of three and five.
>
> Due to the potential risk of blindness and the way immigrants and travelers have been spreading it around so freely, measles is probably a good idea around the age of school, so sometime between five and seven. I would recommend a measles-specific vaccine and not MMR; mumps and rubella are much less serious diseases and the rubella vaccine is, as far as I can tell, completely worthless.

While I concur with Vox, I would still ask for the vaccination inserts from your pediatrician in advance of the scheduled vaccination so you can do your own due diligence in researching just what the hell is in those injections the system wants to shoot into we the sheeple.

Before I knew better, I let my own kid get the MMR vaccine at the two year check up appointment. So far, no negative results, but I have since done more research on this topic, and if I could do it all over again, I'd definitely take Vox's advice and ask for a single measles-specific vaccine.

Not withstanding the health risks of vaccines for children, I also have to add in conclusion that I also oppose many current vaccines simply because I am staunchly opposed to the barbaric practice of *In Utero* infanticide, and after finding out that the MMR vaccine (among many others) are manufactured with murdered baby fetal cells...well, my opinion of the Medical-Healthcare-Pharmaceutical complex in our Brave New World Order has sunk even lower than I originally thought possible.

The Synergy of Symbiosis

Keoni Galt · 4 April 2015 · Archived copy · Original

[image]

I think I've come around to my final paradigm shift. A meaningful distillation of knowledge and experience gained in over a decade of studies here at the fringes of the vast, nearly infinite library of knowledge and information at the University of the Autodidact's Cyberspace Campus.

All this time studying a wide array of topics to arrive at a synthesized, easily discerned and simple, axiomatic concept for analyzing existence and finding a meaningful, fulfilling life under the oppressive regime of our Brave New World Order. It really is a simple concept, but once you have your eyes opened to it, all the pieces fall into place and the seeming complexities of our modern way of life are no longer so enigmatic.

I see things so clearly and simply now.

This new found Rosetta Stone for understanding how to best live life, is to understand the basic observation of the observers and studiers of wild life in the natural state in the natural environment, and use it as a template in understanding how it applies to our human existence. This paradigm I'm speaking of, is simply recognizing the dynamics of parasitic relationships versus that of symbiosis.

[image]

All human relationships fall into one form or the other, on all planes and in all dimensions of our existence as a species on this planet. In all facets of our mortal existence - physically, spiritually, and mentally - we are in an either/or state of existence. We are a social mammalian species that thrives and grows when we form relationships based on symbiosis. Any relationship based on parasitism inevitably results in a decline into barbarism, savagery, incivility, vulgarity and depravity when we engage in parasitic thoughts and behaviors.

[image]

You want to find what's best in life? Find the sorts of people who act in ways that are symbiotic, and then give of yourself to them....for being symbiotic people, they will naturally give back, and this giving of both parties creates a synergy that energizes and causes positive growth and development in all parties involved.

Recognize those who are parasitic, and remove them from your life as much as possible. Those for whom you give of yourself, your time, your energy and your resources, and they just take, consume and never give back. You cannot fix a parasite by feeding them. At best, you can only cut them off and show them the errors of their ways, and leave it up to them to decide whether they want to give a symbiotic existence a try.

True friendships, camaraderie, fulfilling marriages, and happy families can only be achieved through symbiotic

participants contributing to the synergy that feeds all who are a part of the symbiotic relationship.

Finding symbiotic people and forging relationships with them is the key to living a life worth living. When you think about it, this is what the essence of a happy marriage, relationship or family is based on. Everyone gives unto each other and all grow together from feeding off of the positive synergy it creates. Rather then feeding off of and at the expense of another, the synergy of the symbiotic relationship contributes to each member's growth and allows all involved to thrive.

All the "-ISMS" of the world today are nothing more than personal, political, economic and spiritual forms of promulgating parasitISM. In some shape or form or another, they all promote a form of feeding off of another's life force and giving nothing positive or beneficial in return.

FeminISM is simply the ideology of discouraging women from becoming symbiotic givers of life, creators of growth and beauty that results form the synergy that exists in the evolution of a happy family. FeminISM is based on the damning of this wellspring of synergistic beauty at it's source. It is the corruption of the possibility of a happy hearth and home. It encourages women to be parasitic self-servers, feeding off of her spouse and family with the idea of "personal fulfillment" resulting in nothing more than becoming bloated and repulsive as she feeds her greed at the expense of her host family. Frivolous divorce is simply the act of using the force of State to allow the parasitic feminist to stay firmly attached to her host for as long as possible.

ConsumerISM is the macro-economic system of parasitism, writ large. This is why the commercialISM of the mass media sells lies, vulgarity, depravity and perversity as desirable, "cool" and "current." It's all a long con to disconnect we the sheeple from symbiotic relationships between each other and encourage us all to become atomized, indivualized parasites, self-centered and selfish. The more people who become parasitic in their thoughts, actions and behaviors, the less likely society at large will be capable of recognizing and throwing off the parasitic system that feeds off us all.

Civilization itself, is the result of symbiotic people thriving in symbiotic families to create symbiotic communities that end up creating symbiotic cultures and societies. When one studies the cycle of the rise and fall of civilizations with the difference between symbiosis and parsitiISM in mind, it all becomes rather clear. The symbiotic community grows the greatest expressions of culture in it's art, music and literature that stand the test of time and inspire and enlighten fellow humans across generations. On the other hand, when parasitISM gains entry into a symbiotic culture, and begins to feed, it always degrades, coarsens and causes the eventual decline and collapse of what was once a great symbiotic society.

It's actually a very simple concept if you look at the results they produce. Symbiosis grows beauty, parasitism results in depravity, cultural entropy and civilizational decline.

Let us recall The Argument for Patriarchy as an example of this principle:



It would be entirely fitting to re-caption these with "Art Made by Symbiotic Culture" and "Degradation of Culture by ParasitISM." For which "art" exhibit would you like to take your little children to see for their development of aesthetic tastes and cultural education and refinement?

All forms of parasitism are revolting, disgusting, repugnant and nausea-inducing upon discovery. The tick, the leech, the flea, the mosquito, the lamprey....all cause a visceral disgust when viewed by most normal folks who discover these vile creatures in the process of feeding off of their host.



Human relationships are no different. The problem is we are now surrounded by a parasitic culture set up and purposely designed to feed off of us all. To keep the feeding going, the system itself promotes parasitism as our personal paradigm. Symbiosis amongst the sheeple is discouraged at every turn, for symbiotic communities that grow in strength and health, may develop the awareness to recognize parastISM's influence and behavior, and actively work to excise and destroy it's manifestations to maintain it's health.

We are either thriving from symbiotic growth or we are trapped in parasitic entropy and decay. Learn to discern this in every aspect of your life, and you will find the key to thriving from synergy that can *only* come from symbiosis.

The genesis of this post came about as I was reading Jesus Christ's sermon on the mount a few months ago. It got me thinking about the overall message that he was preaching and it gave me a new found clarity on what the

meaning of life is and how to best live in this fallen, degraded world.

I've had this post in my draft cue for months now, and have been saving it for this weekend in which we celebrate his redemption of humanity through his sacrifice and resurrection. Even more than Christ Mass, I believe we would all do well to reflect upon Jesus and his Gospel as the reason for the season...for He is risen.

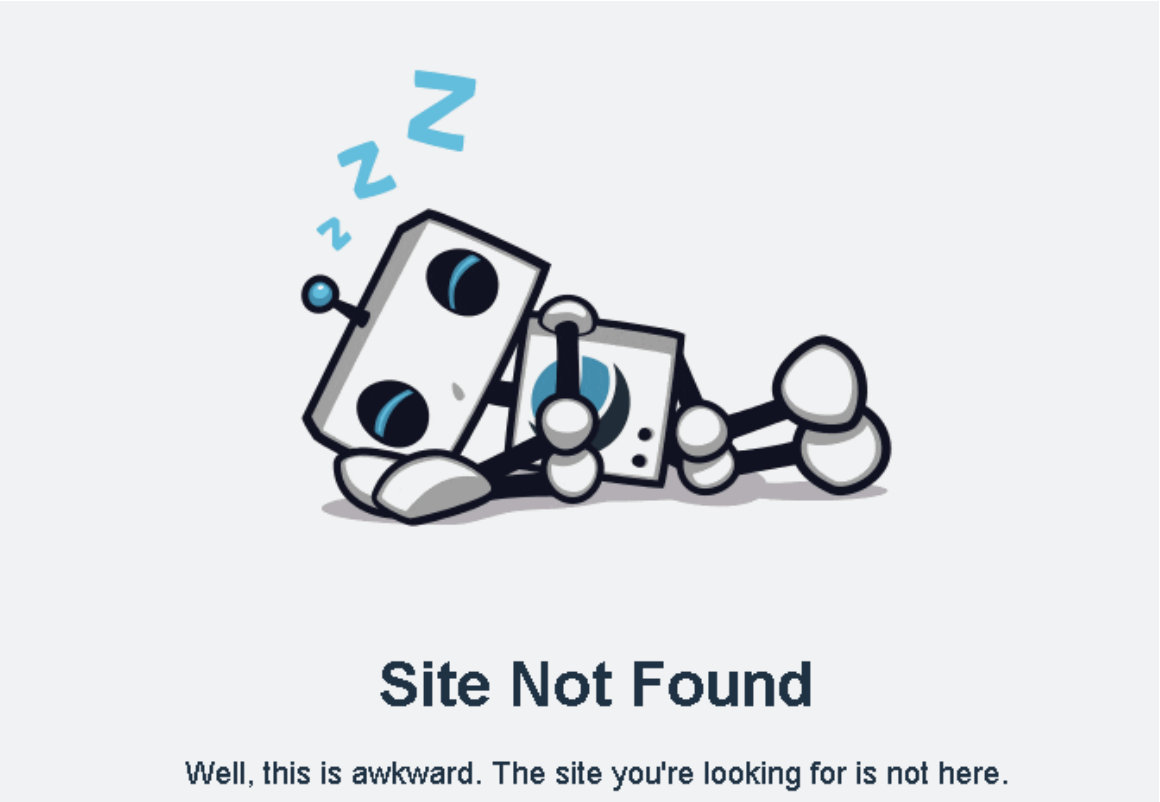
As we enjoy the chocolate bunnies and watching the little ones joyously hunt for eggs and enjoy a carefree time of families and friends coming together in fellowship and celebration this Sunday, I know I will continue to reflect upon the message of Christ as I have been for months now. I now know for certain what FAITH is, for he came to teach us the Truth, so as to set us all free. In my estimation, he was basically preaching the gospel of symbiotic living through loving, repentance, forgiveness, charity, goodwill, and striving for enlightenment by cultivating uplifting attitudes and thought processes, and to excise hatred, revenge and the darkness of wickedness from our hearts and minds.

To listen to what he taught is our only path to salvation.

Ho'ala Iesu Christo!

Well This is Awkward...

Keoni Galt · 20 April 2015 · Archived copy · Original



Time on teh Interwebz is like dog years. Six years seems like aeons ago...and yet it seems like it was just yesterday we were all commenting over at Roissy in D.C.'s comment threads, developing this thing that started out as the "Roissysphere" that eventually spawned what is now widely known as "The Manosphere."

Before Matt Forney created *In Mala Fide*, before Roosh gave us *Return of Kings* and before Paul Elam and his crew gave us *A Voice For Men* and the eventual division between the MRA - MGTOW - PUA - "pro-Game" and "anti-game" blog-o-spheres, there was the first true "Manosphere" online magazine created by *Roissy in D.C.* regular "Welmer" that basically served as a breeding ground for all these niches we now see out here in the politically incorrect fringes of the "Red Pill" blogosphere.

Alas, Bill Price's *The Spearhead* is no more.



To those of you who have come across the "Red Pill" within the past two years, but do not really know the history of these fringes of the politically incorrect, reactionary corner of teh Interwebz, understand that many of the

websites you read and comment at on a daily basis owe their existence (at least in part) to the groundwork laid by the efforts of "Welmer" aka Bill Price and the authors he assembled as regular contributors to the manosphere's first truly collaborative effort back in 2009, as well as many of the regular reader's and commentariat back in *The Spearhead's* hey day of rising popularity.

Here's a roll call of *The Spearhead* Contributors over the years...some who are still going at it, and others who are no longer sited around these fringes of the web or who had blog's of their own that are now defunct:

Black & German (Alte at Traditional Christianity)
carey roberts
Charles Martel (Alpha is Assumed)
Chuck Ross (Gucci Little Piggy)
Cless Alvein
Dalrock
Davd
Delusion Damage
Demosthenes
Dirk Johanson
Dr. Paul (Paul Elam)
Elusive Wapiti
Epoxytocin no. 87
Eumaios
Featured Guest
Female Masculinist
Ferdinand Bardamu (Matt Forney)
Gx1080
Hawaiian Libertarian (moi)
Hestia
J. Devoy
J. Durden
Jack Donovan
Jay Hammers
Laura Grace Robbins (Unmasking Feminism)
Lone Nut Comics
Max
Maxhenrich
Meistergedanken
Novaseeker
Obsidian
pierceharlan
Pro-male/Anti-feminist Tech
Ramzpaul
Roissy (Chateau)
Thag Jones (Lena S.)
Uncle Elmer
Welmer
Whiskey (Women hate hate HATE betas!)
Wikkimania
Zed (Shovel the Fuckin' Gravel!)

** If I missed anyone, and you're reading this, please, leave me a comment and I'll update the roll call. We were all a part of something special....I at least hope to preserve a record of it here.*

I'm proud to say I worked with each and every one of these folks in helping to build what we today now know of as "The Manosphere." All of you listed above can be assured that you helped to build today's "Red Pill" Blogosphere. We may have all gone our separate ways and may not even interact at all anymore, but we all did help build up the current grass roots movement of online resistance to mainstream societies socially engineered scourges of feminism, political correctness and normalized misandry.

Bill gave notice several months ago that he was eventually going to let *The Spearhead* account expire, as he seems to have moved on to a new phase in his life in which time of online endeavors must take a backseat to his marriage and a newborn son. Heeding his warning, I went through the archives and downloaded all of my own contributions to The Spearhead, and will eventually re-run them here just so I can upload the many articles I contributed to the great Googliath and preserve all that work for posterity's sake.

In my humble opinion, some of my best pieces (at least my personal favorites) were done for The Spearhead. Unlike most of my blog posts here, I took the time to read, re-read, and edit my contributions there, as I knew *The Spearhead* had a much larger base of regular readers and wider exposure than this blog.

But what I found more fascinating then re-reading the many blog posts I wrote some 4-6 years ago (in many cases, I had more than a few "did I really write that?" moments), were the many comments on all the articles. Many "names" in today's manosphere and men's rights/MGTOW sphere where back then regular participants in The Spearhead's comment conversations who were not yet regular bloggers.

It was a time when the common enemy of Feminism and cultural misandry had most of us existing on the same site in a common truce focused more on a common enemy rather than our differences in ideas and philosophies that eventually resulted in today's fragmented divisions in masculinist thought and philosophy of today's "Red Pill" blogosphere.

I plan on re-editing most of my Spearhead pieces before re-posting them here, but what I am also going to do, is include some notable commentary excerpts at the end of those old posts. I'm not exaggerating when I say that some of the comments were better than the posts that inspired them.

It's fascinating to see in some cases the evolution of the thought processes of many of the current contributors to today's Red Pill sphere, back when they were simply commentors in *The Spearhead's* unique community in the time before all the virtual schism's that divided up our fringes into the current MGTOW - MRA - PUA - Neo-Reaction - "Christian Red Pill" - niches.

Bill, if you're reading this, thank you for your years of dedication. It was something I was certainly proud to be a part of, and I do wish you the best in your new pursuits and focus in life. I bet you'll be back to blogging/writing eventually. You're too good at it.

A hui hou, Welmer!

As for *The Spearhead*...

[image]

Quiplinks VIII: Messages for Millenials

Keoni Galt · 24 April 2015 · Archived copy · Original



> *"From the days of Spartacus-Weishaupt to those of Karl Marx, and down to Trotsky, Bela Kun, Rosa Luxembourg, and Emma Goldman, this world-wide conspiracy for the overthrow of civilization and for* ***the reconstitution of society on the basis of arrested development,*** *of envious malevolence, and impossible equality, has been steadily growing." - Winston Churchill, Illustrated Sunday Herald, February 8, 1920, page 5.*

One thing about all this reflection, introspection and rumination that I've engaged in while going through all my old articles at *The Spearhead*, is that for the first few years of having undertaken blogging, I still considered myself a young man, even though I was in my early 30's.

Now that I'm in my early 40's, I realize that mindset was the result of our Brave New World Order's social engineering programming of arrested development. In retrospect, I realize that as bad as I've been afflicted with a state of arrested development that led me to make a number of life altering decisions that I now regret and have no chance of going back and correcting (You Only Live Once!), I still did not have it as bad as what I see many of the younger generation of people are dealing with.

Those of you who are reading this, and you are in your early years of adulthood...heed these messages of those of us who have been there and done that. You only get one chance at your youth. How you spend it, will have a multitude of effects and affects on the rest of your life.

No one makes that point better than Mike Cernovich at *Danger & Play*:

> "Baby Boomers have sold you a lie. Fifty is not the new thirty and thirty is not the new twenty.
>
> Twenty is twenty and your twenties are a magical, once-in-a-lifetime decade.
>
> Although I feel great at 37: Claiming my body or mind is anything like it was at 27 would be delusional beyond

> comprehension."

I concur with this completely. "Fifty is the new thirty" and "thirty is the new twenty" are really just vile lies used as marketing slogans designed to sell all the consumers and human resources a host of products and services to profit off of the mass delusion that we can all maintain the illusion of youth and vitality well into the years of natural aging and biological decay. There are no pills, procedures, operations or products that can make as much of a difference in how you age, than developing the habits, skills and disciplines in your young adulthood that carry you throughout the rest of your life.

The choices you make now may well have consequences decades into the future.

Sarah's Daughter makes this point to her own teenage daughters:

> The majority of your life will be lived over the age of 40.

One of the most important things you can do in your youth, is to cultivate an attitude and world view that guides your interactions and relationships in life. Nurture gratitude and suppress any feelings of envy and covetousness you may experience. This is one of the keys to finding the nourishment that comes from the synergy of living in symbiosis. Envy is nourishment for the parasite. It inhibits, stunts and potentially even destroys symbiotic organisms.

Uncle Bob at *Uncle Bob's Treehouse* has repeatedly pointed out how being covetous and envious of others are the roots of many modern evils.

> "For years I have been a great reader of "fairy tales," myths and fables (such as Aesop's) and many of them deal with envy and its destructive effects, and gratitude and its beneficial effects.

> In fact, these stories tell us you can feel envy, or you can feel gratitude, but you can't feel both."

While Uncle Bob likes to refer us all to fairy tales, myths and fables as timeless messages of truth to be gleaned from ancient cultures that are still applicable today, Beefy Levinson at *Lamentably Sane* offers us an admonishment on these principles that are relevant to all young people in the present age, many of whom are entirely way too absorbed in the use of ~~DHS data harvesting and profiling apps~~ social media:

> I learned not to compare myself with others. Social media **only shows us what they want us to see**.

And what many, many folks post on their ~~Data mining portals for the Panopticon~~ Social media accounts, are really nothing more than solipsistic indulgences meant to inspire envy and covetousness in others, in a misguided attempt to feel better about their own lives. "Look at me! Don't you wish you were doing this too?"

As *Henry Dampier* notes:

> In internet culture, people have become, at least in their perceptions, increasingly disembodied in their approaches to thought and life.

This is I believe, a purposeful and deliberate effect of our increasing dependence on the virtual world as a means of making a living in the real world.

Speaking of making a living in the real world, one of the standout contributors at *Return of Kings, Quintus Curtius*, raises another great point for young people just entering the work force:

> "One of the (many) problems in America today is that there are too many chiefs, and not enough Indians. Too many cooks, but not enough servers. Too many shit-talking bastards, and not enough work-horses. You get my drift."

Indeed I do, Quintus. My return to the blue collar trades in the past few years has made me really appreciate this. I've worked with a few young whippersnappers who think they know it all. Pipe down young buck, you don't, and you're just trying to tell me how to do something I've already done and failed at in the past. Don't get butt hurt that I'm ignoring your genius, listen to *Zed* and get your ass to work and shovel the fuckin' gravel!

Now, of course, one of the biggest aspects of our deliberately engineered arrested development culture is effected by our mass media inspired worship of the mating dance of the human animal as the ultimate pursuit in life.

It is a deliberate misdirection to extend adolescence to inhibit monogamous pair bonding that results in large families as the foundation of civilized society. Thus we have all endured an endless array of propaganda and cultural brainwashing to destroy our abilities to form meaningful relationships with the opposite sex.

Listen up, you youngsters!



When it comes to the dating and mating scene, things have not always been this fucked up. There was this thing in the 1960's called the "Sexual Revolution," when the Baby Boomers where your age. Those who took part in the rebelling against civilization building norms are now the Establishment, and the Establishment they preside over is what we are all now dealing with.

I concur with Lena S. of *Not Equal But Different*, when she states:

> "I for one will celebrate the day when the young of this country give a big middle finger to the establishment of aging baby boomers who still fancy themselves revolutionaries, apparently blind to the irony of their operations. They have made themselves obsolete, peddling crackpot theories that are only believable to a deliberately-dumbed down people."

But for young men who wake up to the realities of the modern mating marketplace, beware the trap of hedonistic promiscuity. The red pill can take you down that path, but that way can trap you in a vice of your own making.

As *Reality Doug* notes:

> "Now if you are the dumb animal man, fucking chicks is basically all you need to ponder in your day. If you are a savage, you might also want a grass skirt that holds up wash after wash. If you are a high culture man, you might want to get your philosophy right to get the compass of your life right and to find value, real value, in your character and resourcefulness if no where else in this fucked over global economy."

Many players and pick up artists that spend years in the game, performing as carousel animals for a multitude of sluts to ride on, eventually develop a nagging doubt, a sense of emptiness that results from the meaninglessness of sterilized, contracepted sex with a multitude of strangers.

As *Roosh V* recently lamented:

> "Unless we see drastic world changes in the next 15 years, merely having a pleasant lifestyle and individual freedom is where the trip ends for us, without being able to create our own family."

As a father and family man myself, the joy of having and raising children is unmatched by any other experience I've had in this life. A lot of the problems that we all face in trying to achieve a family come from being mired in an existence that has already been planned out for us to turn us into human resources and debt slave consumers. The system was designed to estrange us from each other, especially our own flesh-and-blood offspring.

Listen up, self-improvement-driven MAndrospherians - just as there are thousands of articles and blog posts written about avoiding the traps of debt, consumerism, avoiding teh pr0n, eating clean and sticking to the discipline of a good work out regiment, with conscious, deliberate planning and choices, the same holds true for seeking to form your own family. Despite the state of the institution and the many real dangers involved, marriage and family are *still* obtainable if you take it as seriously as anything else you pursue with so-called red pill clarity.

Our society and civilization are in near-terminal decline. But all is not as hopeless. If we ever hope to restore civilized society, it starts with restoring the building blocks of the foundation of civilized society. That means finding a way to create your own Marriage 1.0 under the current regime of Marriage 2.0.

But that doesn't mean marrying the first person you're attracted to and hoping for the best.

You have to be careful, conscientious and deliberate before you take the plunge. As *Black Poison Soul* notes about modern husbandry in Marriage 2.0:

> "In my view: life is too short to cater to somebody else all the time."

One of my all time favorite sayings is this: the only person you can change is yourself. If you let yourself turn into the Average Married Chump aka the provider-slave that *Black Poison Soul* refers to, at some point you're going to have to come to the realization that **it's not her fault**....you conditioned her to treat you like that by your own behavior!

I have written it over and over again in the past on this blog...that I do not recommend marriage to today's youth.

I come now to conditionally recant and retract that sentiment. I see thing's differently with a little bit older and I like to think wiser eyes. It goes back to the conundrum of the Mutilated Beggar Argument that Dr. Daniel Amneus pointed out in his seminal work The Garbage Generation.

> "In Cairo there exists a cottage industry which mutilates children to be used as beggars. The more gruesome and pitiable the mutilations, the more the beggars will earn. The disfigured children are placed on mats on street corners with a begging bowl and they ask for alms for the love of Allah.
>
> The almsgiver is doing a good thing and a bad thing. The good thing is paying for the child's next meal. The bad thing is ensuring that more children will be mutilated."

Telling people not to marry and have kids because of how messed up the system is, merely contributes further to the degradation and decline of our society and culture. I now say, take the risk, and go for it. Just be mindful and never forget what a marriage between a man and woman really is, as poetically pointed out over at *80 proof Oinomancy*:

> "It's elemental warfare. Men are fire.Women are water...

> ...should the ideal balance be struck: she confines him to the point of utility and safety, while he boils her enough to power the engine that is the family and its greatest extension: Civilization."

As *Vox Day* advises:

> Giving up what you fear potentially losing means you have already lost.

The ultimate resistance to our Brave New World Order, is to breed the next generation of revolutionaries and freedom fighters. For us Gen X'rs, we're already reaching the age of declining fecundity. You youngsters are our only hope!

It's For the Children!

Keoni Galt · 29 April 2015 · Archived copy · Original



In my last post, I did anticipate the usual denunciations of the institution of marriage 2.0 by the usual suspects out in these fringes of teh Interwebz, after I posted the following:

> "I have written it over and over again in the past on this blog...that I do not recommend marriage to today's youth.
>
> I come now to conditionally recant and retract that sentiment. I see thing's differently with a little bit older and I like to think wiser eyes...
>
> Telling people not to marry and have kids because of how messed up the system is, merely contributes further to the degradation and decline of our society and culture. I now say, take the risk, and go for it."

After years of stating in both blog posts and commentary here and elsewhere, some may be wondering why the change of heart? For that, I must reiterate another statement I made in my last post:

> "As a father and family man myself, **the joy of having and raising children is unmatched by any other experience I've had in this life."**

It's absolutely true. How can I continue to advocate avoiding marriage and family formation to others, while realizing the greatest joy and fulfillment I've experienced in my own life has been raising my own progeny?

Why would I try and steer you away from possibly experiencing the same?

Then again, my experiences with parenthood are different than a lot of other folks. I am not stuck in a daily grind of the nine-to-five rat race as a human resource in a corporate cubicle farm.

I am not dropping the kids off at school and then letting them go to after-school daycare, only to see them for a few hours in the evening before repeating the cycle all over again the next day, dropping them off at my neighborhood institutional indoctrination facility again, while I head off to work, only to spend any meaningful quality time with them on the weekends. I understand the full ramifications of opportunity costs when it comes to raising children in today's Brave New World Order.

I have deliberately scaled back on my material standard of consumption, so as to maximize the amount of quality time I have with my offspring. I don't have a nice car (mechanically sound and runs well though), the best clothes, nor a fancy house. But I've got a little bit of freedom to indulge my time how I best see fit. I wouldn't have it any other way. (Well, I'd be a liar if I didn't admit that it would be nice to hit the lottery or something.) Now I may work a sixty hour work week, but that is usually followed by ten days off or so. Those ten days of freedom to spend with my progeny are priceless. Money cannot buy the meaningful time I've spent with my family.

Anyhow, as more than a few folks have pointed out, one does not need to get married to have children. But I say the *children* need their parents marriage most. All children do best when raised in a home with a Father and a Mother in a functional marriage, living in a symbiotic existence in which all family members thrive. That is what is best for the children, period.

So if you are going to have them, and you want to experience the joys of parenthood to the fullest extent possible, than you should do what's best for them.

If you're worried about the Judicial - Divorce Industrial Complex...well, child support will be awarded to a custodial parent whether you get married or not. Child support judgements and the decision of what is to be done with the majority of assets are usually decided in the "best interest of the children," well, if you want to have kids, than you may as well go all the way and get married before you procreate.

Besides, I never said YOU (yes YOU specifically!) **have** to get married and pop out children. If you are one of those who never wants to have children, then I say to you, **DON'T GET MARRIED**. If not for the sake of having children, there's *no other reason* to do it. At least no other sane reason.

Of course, if you do decide to follow through and take part in creating the next generation...you also owe it to your children to carefully vet your potential spouse and not let simple attraction (infatuation and lust) lead you to making the biggest mistake you could ever make in your life. Rest assured, picking a spouse and future parent of your future offspring will be the single most important decision you ever make.

Out in these fringes of teh Interwebz, we have a number of men who are married and are raising children, and they have often offered their views and advice on how to navigate the very dangerous waters of today's Marriage 2.0. *Dalrock, Rollo, Athol, Cane, Vox, deti*...there plenty of family men who have doled out their perspectives and advice based on their experiences and the clarity of "red pill" thinking and insights on marriage and raising a family in today's Brave New World Order.

It's not as if I'm trying to send you to stumble through a minefield without so much as a map....

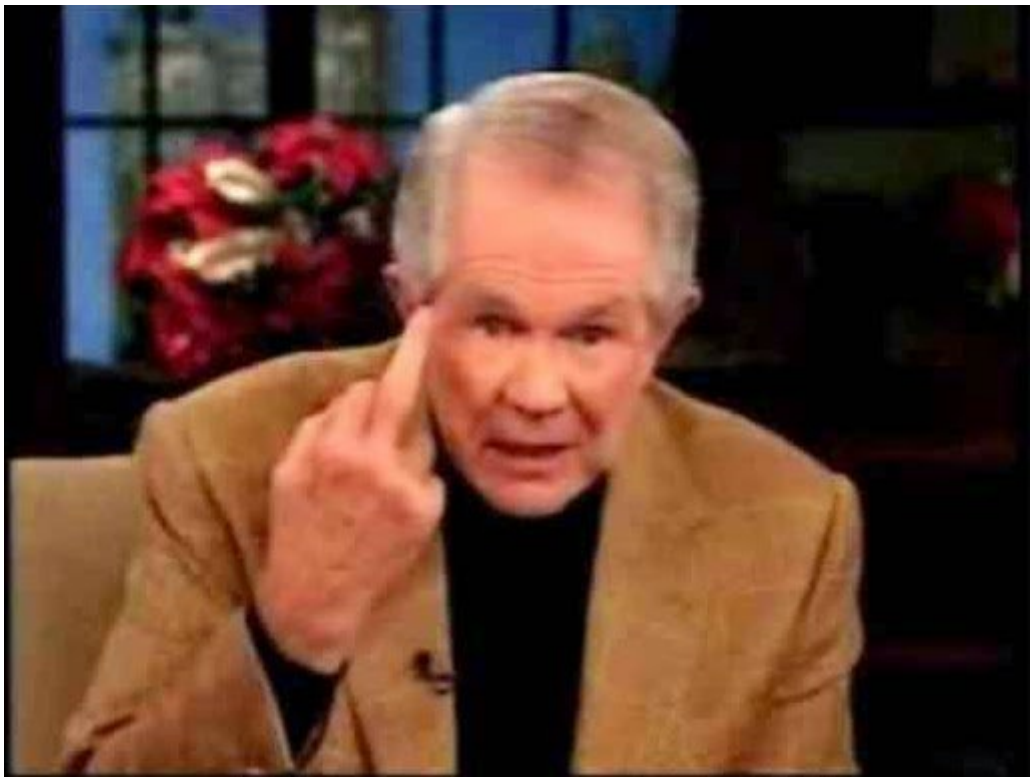
If you say it's like hunting unicorns trying to find a worthy spouse...well folks, the best things in life are never easily attained. There's no such thing as a risk free life. All choices you make, involve risks and dangers. The only thing I would say is this: marriage in today's climate is a tremendous personal risk...but not *impossible* to succeed at. Your best bet would be to approach it with eyes wide open and understand all of the possible risks and pitfalls that can occur. But you see a possible path through the hazards, than if you really want it bad enough, you must venture forth without fear and take the dangerous task head on.

You want to have children? Than you owe it to them to do your best to give them what they need most - a home with a Father and a Mother.

Civilization is built on the foundation of functional homes and intact families. We are no doubt living through a rapidly declining age...but it is those who create strong communal bonds and family ties who will be much better prepared to live through the coming times than those who have no families.

Holier Than Thou

Keoni Galt · 1 May 2015 · Archived copy · Original



In the past, I've made a multitude of references to my youth, growing up in a standard American institution of Churchianity, the First Church of Her Holy Imperative. It is one of the reasons why I left, and have not attended any organized denomination since, despite having come to the conclusion that I in fact do believe in God, and do believe that Jesus Christ is the Messiah and his message is Truth.



Gospel Truth

But disgust at the idolatry of the Feminine Imperative was not the main reason I stopped church attendance. Hell, at the age I last went, I did not even think about such things at all. White Knightery and self-revulsion for being male where just a part of the culture of my religious community. I was like a fish not realizing there is more to the world than the waters of misandry and idolatrous vagina-worship that I was swimming in my entire life.

I just accepted it as ironclad doctrine that the wages of testosterone are sin.

No, my greatest distaste for organized churchianity was the holier than thou mindset and the delusions of the faithful congregants wielding scriptural verses and saintly doctrine in the struggle for gaining the World Championship of Spiritual and Moral Superiority!

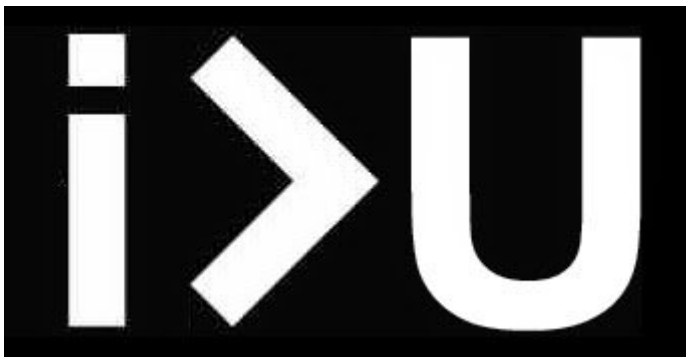


THERE CAN ONLY BE ONE!

I have a great distaste for the scripture wielding, bible-verse quoting preening and one-upmanship that is all too common in our Brave New World Order's Christian culture....and quite frankly, while I owe a lot to the evolution of my thinking and re-discovered faith in the teachings of Jesus to the "Christian" red pill sector of these fringes of teh Interwebz, I am troubled by that ages old problem that was one of the primary factors in why I left church and forsook the faith in the first place, for I see it rearing it's ugly head pretty frequently in the comment sections of the believers and faithful red pill converts.

The furious recitation of biblical verses, the arguments for how YOU are doing it wrong, this is how or what YOU should be doing to avoid Hellfire, damnation and all that cool stuff. As a young teen, I often rolled my eyes and turned away from the typical congregationist getting up on their high horse of morality and attempting to rebuke others for their failure to live up to standards they themselves claimed to be upholding.

In the name of the Lord, many a fool has convinced him or herself that they are preaching the doctrine of HE IS GREATER THAN I, but are really just puffing themselves up in pride and conveying a much different message to any one unfortunate enough to be the target of their sanctimony.



The Typical Manifestation of Your Evangelical Zeal

In my adolescent mind, I came to the erroneous conclusion that well, I was already fallen as a sinful, lust-filled male, so why not check out the left hand path since I was going to hell anyways? Many years of debauchery and "self-discovery" followed. I suspect many a folk have encountered the same sort of Christian and turned away from the message.

Unlike the standard declaration of the modern hedonist, "I regret NOTHING!" I now know and accept that there is much I regret during that time in my life, and would take many of my actions back if I could. But this realization and regrets over past misdeeds have also prepared the way for my eventual acceptance of the message of Jesus when I re-read the Testament of his life and ministry, and sought to try and understand his core message and how it relates to living a good life.

So look...I realize that while I'm denouncing the behavior in this post that I find off-putting and detrimental to the preaching of the Truth of His Gospel, I shall also have to confess that I too am guilty of the very thing I seek to rebuke here. But it can't be helped, somebody has to say it. Oh wait, he already did:

> “Do not judge, or you too will be judged. For in the same way you judge others, you will be judged, and with the measure you use, it will be measured to you. Why do you look at the speck of sawdust in your brother’s eye and pay no attention to the plank in your own eye? How can you say to your brother, ‘Let me take the speck out of your eye,’ when all the time there is a plank in your own eye? You hypocrite, first take the plank out of your own eye, and then you will see clearly to remove the speck from your brother’s eye."

Some dude also once said something along the lines of "You shall know them by their fruits." Well, it would be best if we all focused on growing the best fruit we can grow, and not worry about telling others how they should be growing theirs or how they are doing it all wrong. While you are busy minding other people's gardens, your own is being neglected.

Now if their is one thing I find more off putting than Christians moralizing at each other in self-righteousness, I find evangelical atheism and straw-man crucifixion of Christianity even more intolerable and suffused with insufferable pride and arrogance. rmaxactivepua, took exception to my last two posts regarding my thoughts on marriage, and left some comments that I responded in part to, but I decided to save the majority of my responses for a fisking in this here blog posting.

rmax wrote:

> *"Just another post by a mind addled by christianity ..."*

On the contrary, I've never seen things with as much moral clarity as before. It may seem addled to you, but I would say your mind is addled by our Brave New World Order's cultural standard of inversions.

> *"The concepts of christianity are dead & deserve to stay dead, precisely because theyre a creation of Rome & jews, specifically designed to create an ancient form of communism."*

The concepts of Christianity have survived millenia, and continue to thrive, despite persecutions, genocides and holocausts by those who hate Christ and seek to stamp out his Gospel, for the power and glory they seek are the very wages of sins He rebuked and warned us all to avoid.

> *"Monogamous marriage is a prime example of the folly of christians."*

The problems with monogamous marriage is the deliberate secular and atheist subversion and decimation of the institution so as to socially engineer society so that THEY can pursue their ultimate goal of power and control over we the sheeple. Monogamous marriage is the program for building orderly, civilized society. The true folly lies in the present day chaos of broken homes, single mother households and dysfunctions of the youth that come from the normalization of this war on monogamy.

> *"Monogamous marriage is incompatible with both men & womens biology & methods of reproduction*

Monogamous marriage is the ONLY thing compatible with civilization. Men and women's biology is instinctual and animalistic. We all know that Men want to fuck every pretty young thing that comes into our view, and Women want to fuck the highest status man she can attract. It's how we are wired.

What you fail to understand is that when the animalistic nature of the human sex drive is unleashed and not restrained by any morals or societal standards, you get the societal chaos and dysfunction that we have today. Only through monogamous marriage, where men and women strive to contain, control and hold their animalistic tendencies at bay to build a stable home to raise the next generation, can true civilization that lasts is even be possible.

> *"All it does is create a horde of pussified, mangina's optimised for slave labour"*

I suppose you fail to miss the current horde of pussified mangina's enslaved to the banksters in today's Brave New World Order, when monogamy in the USA Inc., is at an all time low, and divorce and broken homes are at an all time high?

It is the broken home and the children raised without stable parents committed to each other and to the well being of their households that are more likely to grow up enslaved to consumerism, materialism and meaningless, self-destructive hedonism, then the children raised in stable, God-fearing homes.

Look rmax, one of the tenets of Christianity, is that all of mankind are fallen sinners. None of us are perfect. To denounce Chrisitianity because some men have subverted or co-opted the institution of the Church for their own worldly goals or wicked desires is to miss the point of what Jesus taught completely.

Sure there have been Catholic priests that have diddled altar boys, Televangelists who preach false wealth doctrine to amass riches, and feminist Pastorix who minister to millions of hamsters to use sex as a weapon and blow up their families over their husbands looking at teh pr0n. In any and ever case of "Christian" corruption that you can use to denounce Christianity, you are denouncing the sins of the sinners...all of whom are most assuredly NOT following the teachings of The Man Himself.

I guess, rmax, the only thing I can really say to you is this - my last post was an honest testament of my understanding of the Truth of what Jesus taught, and his promise that the Truth will set us free. I have found that freedom, and I only seek to share it with others. It is all I have ever done on this blog. You can disagree with me (as many do), but your assurances that Christianity is a slave religion and responsible for many of the historical evils that have afflicted mankind are just wrong.

When you are done getting your 1,000th notch by hitting and quitting your latest slut, I will be taking my family to the beach and basking in warmth and joy of watching my progeny play in the surf and enjoying the beauty of the world through their innocent, wonder-filled eyes. I've lived a life of hedonistic debauchery in my fallen youth -- and while I was no PUA with double digit notch counts, I have had more than enough meaningless intimacies with ladies to understand the problems that come with a life obsessed with it's pursuit.

Speaking of PUA's, I got one last stream of thoughts regarding this whole 'Holier than thou' theme. I've been asked more than a few times by folks why it is that I would profess to be a believer in Christianity, but still link to, read, and comment on blogs and forums full of wretched PUAs, MGTOWs, sodomites, lechers, fornicators, adulterers, and all sorts of wicked characters.

That is because I am not a "Godly" man.

I am a God-fearing man, and I recognize how debauched I am. I am a lowly sinner in need of much repentance, atonement and redemption. And many of these folks who others would denounce as not worthy of any time spent reading or commenting at their respective outposts in these fringes of teh Interwebz, are in the exact same boat as I.

Just because I have come to recognize the Truth of His message, does not mean I am any better than any other sinner. We all have to face up to our own sins, and I am not worried about the planks in other's eyes, for we all have our own planks we need to worry about.

What I do recognize, is that many of my fellow fallen sinners, also have their own perspectives, experiences and viewpoints that do contain value for me to read, contemplate and consider. For instance, after leaving a well thought out comment on my Messages for Millenials post, another poster denounced *Black Poison Soul* for his thoughts, which in turn inspired what turned out to be a pretty good post: Back to Basics: What is Marriage For?:

> *What is marriage for?*
>
> Possible answer: Because we love each other. No. We can love someone without marrying them. Without getting involved with them. Without anything formal being involved at all.

> Possible answer: Because we're exclusive. No. We can be exclusive with someone without marrying them. That's just a "lets fuck exclusively" arrangement.
>
> Accepted answer: To protect the family.

Black Poison Soul ended up putting on his Crap Colored Glasses™ and expanded on the thoughts I had put forth on my last post about It's For the Children!.

> *Yet again: Why was marriage developed?*
>
> It was developed to harness the power of Men and to yoke it to the development of civilization for the **overall benefit of Men, Women, and Child(ren)**. When you give somebody skin in the game, then they will work hard at it. To give someone skin in the game, then there must be **in their opinion** something worthwhile in return.

Read the whole thing.

It's a great post from a fellow fallen sinner. He does not need me to call him to account for his sins, that's not my *kuleana*. That's between he and God. But I will take what good he has put forth here and say, this fruit that he has produced, why it is good! It stands in direct contrast to the arguments of that other fallen sinner I spent some time responding to earlier.

rmax calls monogamy slavery and unfair to men, that favors Women's sexual strategy at the expense of men's. I say monogamy puts a leash on both Men and Women's sexual strategy, for the express benefit of their offspring.

And until you have your own offspring and you see the benefits of a stable home your monogamous marriage provides them, you will not understand this when I say to you that truly, it is no slavery at all.

Avoiding the Fate of the AMC

Keoni Galt · 3 May 2015 · Archived copy · Original



From the SpearheadFiles
February 14, 2010

In the terminology of the Venusian arts aka "Game," the acronym AFC, stands for Average Frustrated Chump. This article deals with an even sadder specimen of the male species – the **Average Married Chump**.

Disclaimer: This article is intended for those of us suckers, fools, naive idiots and morons that either got married before we knew better (such as myself), or are dumb enough to sign on the dotted line for Marriage 2.0. despite knowing better. Yes, we get it, all you MGTOW-ers and PUA-ers – getting into Marriage 2.0 with a Western Woman is dumb, crazy and foolhardy. Better to go your own way and avoid women altogether…or just game the young sluts or crazy cougars for commitment free, protected sex. Believe me…we get it.

Nevertheless, there are men that have or intend to get married. This column is intended for those of us that are crazy and foolhardy enough to think we can actually marry a Western woman and and have children to create a family – and not be emasculated, pussy-whipped, cheated on, cuckolded, divorced and ass-raped with vagina-mony and child support judgments in our Soviet-styled family court system. In fact this article is actually about how a married man under today's marriage 2.0 regime can actually do his own part to avoid all of the pitfalls and dangers of today's divorce – child support racket.

I write this disclaimer, simply because I've observed numerous discussions of marriage in the "man-o-sphere" invariably always have a chorus of MGTOW-ers and PUA-ers that always have to weigh in with their "you married guys are idiots" or " it's best to avoid marriage all together."

Thanks guys…we already know. We still have to deal with our own realities, and telling us over and over again how stupid or foolish we are may make yourself feel better about yourself and the path you chose to follow…but it doesn't actually help those of us that are already married or who intend to get married and have children in the future.

Most of us already know what Marriage 2.0 means. Most *Spearhead* readers know about the history of the feminist movement and it's deliberate and destructive unleashing of the demons of unrestrained female sexuality upon

society. They actively subverted and corrupted Marriage 1.0 – the institution of Patriarchy – to deliberately destroy the foundation for civilized society, so as to build a Brave New World Order based on the illusion of “gender equality.” That, of course, was merely the mechanism to inculcate a sense of victim-hood into women so that they would rebel against the gender roles that were clearly defined under Marriage 1.0, and forgo getting married at a young age when they are most fertile, so that the likelihood of having multiple children in stable homes with a Father as the primary authority figure in that home, would become a near obsolete anachronism. The proof is in the pudding – the Demographic decline of the West is a fact, and proves that the real goal of feminism was and is all about population control.

By taking up the mantle of Patriarch, and having a successful marriage with multiple children -- while increasingly dangerous to men and their children under the current feminist regime -- is in fact a blow to those that seek to prevent the formation of stable, male-headed nuclear families in the first place.

So what can you, as a man, do, to become that Patriarch whose wife and children love and respect?

While it is a complex issue – and there are so many variables at play, it is impossible to ensure ONE CORRECT way to make a marriage in today’s feminazi-fucked world work, there are a number of things you can do to at least lessen the odds as much as possible.

To start with, there are a few things that all men who are contemplating marriage need to consider:

The Principle Feature of Female Sexuality is Hypergamy

Unless you understand this principle fully and completely, you *will* have trouble in your marriage.

To put it succinctly – the key to surviving — and indeed, even thriving — in marriage 2.0, is to behave and conduct yourself as if you were in marriage 1.0…the old school definition. You *must* "wear the pants." You *must* be the literal and figurative Head of your household. If you cannot do this, than marriage in today's Brave New World Order is not for you. You should indeed go your own way or confine yourself to gaming women for short term relationships with no commitment implied or given.

Remember: NO woman respects a man she can rule. Any man she can rule, is a man she will have contempt for. Any man she has contempt for, she simply cannot lust. And if she doesn’t lust you, she certainly will not “love” you.

To put it even simpler than that, you need to understand the key to a successful marriage is establishing and maintaining a relationship based on the reality of her hypergamous instincts. The first thing you must do to ensure success, is of course to choose the “right” woman.

So what are the qualities of the “right” woman? After all, we men of *The Spearhead*, hold a special scorn for women that continually make the empty claim “Not all women are like that!”

In terms of morality, attitudes and behavior, indeed, not all women are “like that.” There are women who have been raised in an environment that makes it far more likely she will have the self-control, maturity and awareness to accept your leadership role to make sure you have a successful marriage.

In short…here are the characteristics that make a successful marriage with a Western Woman more likely -

* *Was she was raised in an intact, happy nuclear family?*

This is perhaps THE most important prerequisite you should have in assessing whether or not the great risks involved with marriage in today's society are worth taking on with any particular woman. In many ways, we human beings develop the same attitudes, behaviors, habits and ethics of the people who raise us. From childhood, we are given a template of life that we both consciously and subconsciously follow. Women from a broken home were raised within that template. When a woman comes from a broken home and raised by a single mother, she will internalize the same attitudes and behaviors of her mother, the same attitudes that broke her own mother's home up greatly increases the chances that she will break up your own home that you try to make with her as well. This is especially true if she comes from a broken home for which the mother places all of the blame for the breakup of the marriage on the ex-husband/father.

* *Does she have a positive, respectful relationship with her Father?*

Take careful note of any prospective wife's relationship with her father (the guy she considers as the primary male that raised her..not necessarily her bio-dad). Does she respect him? Is he an authority figure to her that she admires, and will listen and follow his advice? If she doesn't respect the male authority of the home she was raised in, she's not going to respect your attempts at exercising male authority in your home either.

* *Is she is younger than you?*

This one factor really gives a man a "head-start" in establishing a relationship of proper balance – one in which the man and the woman fulfill their complementary gender roles. It also increases the likelihood that she is either a virgin or relatively inexperienced. By virtue of your older age, you will hopefully have accomplishments, achievements and experience that she will admire and respect. She will be "looking up to you" from the very beginning. That's a much easier place to maintain your "up" status if your relationship is founded on that to begin with. Besides, if your goal is to have multiple children, it doesn't make sense to marry an older woman. How many kids did Ashton Kutcher and Demi Moore have again?

* *Does she have a sense of moral awareness and justice?*

Observe her attitudes and beliefs when she is presented with scenarios, dramatized performances or real life examples of the issues that are directly related to marital success. What is her opinion of a friend that she knows is cheating? Does she condone, excuse or justifies her friends or family members doing things like cuckolding, cheating, or divorcing? What are her opinions of movie stars, rock or pop stars and other celebrities that engage in all sorts of marriage destroying behaviors? Does she hold men and women equally accountable? Does she think it was perfectly alright for Tiger Woods wife to hit him with a golf club? Take stock of all the examples that show her attitude when they present themselves. All of the attitudes she expresses that adhere to what feminist society would consider 'politically correct' are bright, red flags.

Ignore them at your own risk.

* *What are her life goals? Does she understand the realities of her own biological clock and the opportunity costs of pursuing the education/career track versus having children?*

Listen to what she says are her primary goals in life. Is she following the feminist script of education-career- then maybe a kid or two onto the road of fulfillment and "having it all" as a supermom? Or is she perfectly content to stay home and raise children? Will she support you in your own career goals? Will she complement your own life's mission goals…or is she determined to set her own goals (which inevitably end up competing with yours, not complementing them.)

* *How does she manage money and credit?*

Is she a compulsive shopper? Does she consider shopping to be a primary form of entertainment? Most importantly…does she have credit card debt? If she finances her compulsive clothes shopping with credit cards that she never pays off in full, she will be dragging you into debt slavery right along with her after the wedding. Oftentimes, the "experts" will cite "money troubles" as the leading factor in a marriage breaking up. In politically incorrect terms, this usually means she spends more than they can pay off, and she resents him for failing to "provide."

Now, let's just say you think you've found "the one" who fits the bill. A woman that is least likely to give you the gift of a broken home, child support/vagina-mony mandated slavery and alienated children. You go ahead and get married.

While the previous list of characteristics are definitely founded on the principle that "not all women are like that," after all, not all women are raging sluts living the feminist dictated lifestyle, it is after marriage, when you settle down into a routine of daily living with each other, that in fact you will find out that ALL women ARE indeed just like that.

Lose her respect, let her take the role of authority in the house, and you'll see how ALL women are driven by their hypergamous instincts. While she may be in fact a woman who steadfastly doesn't believe in divorce…who takes her vows seriously (probably because of a religious belief), perhaps she won't divorce you — but eventually you'll wish she did. Her contempt for you and your emasculated state will absolutely pollute your home environment. Her disrespect for you will infect your children, poison the atmosphere and you will end up with what is commonly known as a "dysfunctional" family.

How do you avoid this? Here's a list of bullet points to consider:

- Strive to lead your home on solid moral principles, especially focused on honesty.

- Study "Game" or learn the art of seducing women. Than seduce your wife…over and over again.

- Don't become predictable.

- Constantly DHV (Demonstrate Higher Value). Always remind her at every opportunity that presents itself as to how lucky she is to be married to YOU.

- "Neg" her regularly with light-hearted, playful teasing.

- Learn to recognize her shit tests.

- Understand that ULTIMATUMS are the ultimate shit test. Never, ever, EVER give in to an ultimatum.

- Call her on her bullshit…the biggest of which is using sex as a bargaining chip. The second you give into her attempts to make sex a bargaining tool, you've placed your sex life into the category of competitive rather then complementary. It's a power play you WILL lose.

- Be decisive and confident. Ask her for her opinions…but NOT her approval. This also ties in with not being predictable. Plan things for her and your family to do…but don't tell her about it. Just tell her "we got plans, get

ready." Give her as little details as possible — only enough to ensure she wears the appropriate apparel. Tease her whenever she asks about your plans…in this way, you build up her sense of anticipation and mystery. If you learn to do this right, you can actually make her excited about doing things that would otherwise be repetitive and mundane.

- Never let her dictate big purchasing decisions. You can take her opinion into account…but remember that you should have final say. No bargaining either. "We'll get the minivan now, you can buy your sports car later."

- Maintain friends and interests of your own…especially those considered "masculine." Hunting, fishing…whatever. Something for which you can go and do without her. Never give up your hobby or recreation ESPECIALLY if she tries to get you to stop. Hunters, hunt. Fisherman, fish. Surfers, surf. Skiers, ski. Ballplayers, play ball. She knows what kind of guy she's marrying and the hobbies he enjoys. Her trying to get you to quit your hobby or activity is really just a shit test to see how much of a spine you have.

- Never EVER let her "OWN THE HOUSE." Don't let her designate one area as your "man cave" and the rest of the house is her domain to decorate and furnish as she desires. Let her have some rooms…like bathrooms and kitchens (especially since your not going to marry a woman that isn't spending significant time in the kitchen in the first place…). Make sure the common rooms have evidence that a MAN lives there too. This, of course, does not mean you shouldn't have your own "man cave." Just make sure it is not the ONLY room in the house that looks like a man dwells there.

- Do NOT be afraid of her emotional state. She is a woman, and emotional instability is simply how she is designed. As Roissy stated so eloquently in his The 16 Commandments of Poon:

> *"You are an oak tree. You will not be manipulated by crying, yelling, lying, head games, sexual withdrawal, jealousy ploys, pity plays, shit tests, hot/cold/hot/cold, disappearing acts, or guilt trips. She will rain and thunder all around you and you will shelter her until her storm passes. She will not drag you into her chaos or uproot you. When you have mastery over yourself, you will have mastery over her."*

If all this seems like a little too much to remember, there is a simple shortcut you can use to keep yourself in check. When talking with her, or contemplating talking to her, you can maintain the correct relationship dynamic by asking yourself a very simple question in your mind: "Am I talking to her as if she were my lover…or as if she were my mother, and I her child?"

You don't ASK FOR PERMISSION to do anything. That's what a kid does, begging mommy for permission.



She's not your mommy…never forget that. Because as soon as you fall into that role, you will become that AMC. That pathetic version of a walking zombie, trapped and miserable in a sexless marriage to a woman that doesn't respect you, and is not motivated to stay in shape and attractive for you.

We all know that marriage in this day and age is mostly a bad deal for men…nevertheless, if you do decide to take the plunge, remember that you do have some control in how it turns out.

Notable Commentary from the Original Post

Wulf February 14, 2010 at 14:26:

Excellent article and advice.

I did it, but not with an American girl.

25 years ago I realized my choices here in the U.S. were dubious at best, so I chose to marry a Chinese girl from overseas. In-laws 15,000 miles away is an assetand a Chinese father-n-law will tell his daughter to "fly-right" if he senses anything negative over the phone.

We've had a girl and a boy together. They are out of High School and the daughter is on her own. Parenting in today's culture of death is quite difficult.

Elusive Wapiti February 14, 2010 at 16:39:

Amen Amen Amen.

In my first marriage I married a peer with well-hidden justice issues and with parents who disliked me.

She also had a thick umbilicus to Mommy–I recommend that fellow readers add this to your list. A difficulty in cleaving from one's parents will be a barrier to cleaving to you.

All of these led to marriage destruction and my enslavement.

I remarried a woman 7 years my junior whose parents like me and who don't sow seeds of discord. The difference is amazing. While I don't do all the things you recommend, I do quite a bit. Bottom line is that I'm much happier.

PS happy v-day to everyone.

Welmer February 14, 2010 at 16:47:

> *"Elusive Wapiti wrote:She also had a thick umbilicus to Mommy–I recommend that fellow readers add this to your list. A difficulty in cleaving from one's parents will be a barrier to cleaving to you."*

Yes, in-laws can wreck a marriage. I think baby boomer mother in laws are awful. I'm worried that if I meet another woman I'll be very distrustful of her parents, if not outright hostile toward them. I was always a polite, accommodating son in law, and for that I got a knife in my back and my children hijacked by my MIL.

Baphomet February 14, 2010 at 16:49:

The only girl I came close to marrying came from a spectacularly dysfunctional household. Acidhead parents, meth dealing brothers, whole nine yards. She was stable and quite impressive in a lot of ways but constantly let herself get pulled into family crap, which is why I broke up with her. Ten years later, she is still caught up in family drama and it's really held her back in life.

Moral of the story: if you marry the girl, you're also marrying her family, either literally or in her personality defects.

JayHammers February 14, 2010 at 19:36:

Thanks for this, HL. A few comments/questions:

> *"The proof is in the pudding – the Demographic decline of the West is a fact, and proves that the real goal of*

> *feminism was and is all about population control."*

As you know, correlation does not imply causation. Do you really think it was all planned out this way?

> *"Does she have a positive, respectful relationship with her Father?"*

What if she respects and loves her father but he is at times overly controlling? I don't think this will create problems if you handle it right, but it is probably even more important to be strongly in control in such a relationship. Thoughts?

Men's News Daily also had an article titled 8 Red Flag Dating Phrases that Should Send Men Running which made some good points as well, although I don't agree with #8 in all cases.

Carnivore February 14, 2010 at 19:41:

Great article!!

Two comments based on observations over the years:

Before getting married, if she's an only child, forget it. Run, don't walk!

After getting married, YOU manage the finances. Can't stress it enough. If you don't know how, get off your butt and read a book on basic budgeting or take a class. Don't believe her if she says we both can manage the money. Even worse, don't just hand over your paycheck every week (i.e. because it's easier for her to pay the bills). Over time, she'll figure out that a judge can get rid of you, and she'll still get about the same amount without having to cater to you.

Be a MAN and wear the pants.

grerp February 14, 2010 at 20:28:

What is the upside for the paragon above? Is there any genuine regard? Any true respect or are you still just waiting for the stars to align just right so she will turn on you?

I meet all the above criteria: stable family background, father I respect, younger than my husband, never had any debt, inculcated value system, mother and housewife now, etc. And for this I get to pick out the curtains in my kitchen? That seems pretty patronizing. Bare minimum: I want to be seen as a valuable contributor and helpmeet.

jaz February 14, 2010 at 20:41:

good questions, Grerp.

Read the site to understand men's rants and the factors that have unbalanced our culture. Reading not recommended

for the tenderhearted.

Snark February 14, 2010 at 20:43:

Well, grerp, I can't speak for the other guys, but I'm of the opinion that relationships have become a zero-sum power game, and I'd quite like men to win for once.

Big Jay February 14, 2010 at 21:07:

Grerp – In that case the first question is this. Are you actually contributing something of value? Are you working to make sure your partner feels loved? It isn't about keeping the woman in the kitchen. It's about a real functioning relationship where the whole equals more than the sum of its parts. Understanding hypergamy is useful for men to actually build a functional relationship.

Take a look around at most married couples. The division of labor is a joke. The guy works his ass off at work, comes home and helps around the house, the wife spends all their money, and more, and complains that she has to work too hard and that nobody appreciates her.

grerp February 14, 2010 at 22:04:

I have found this site quite enlightening and have been reexamining the women and couples I know as a result. And I will give you this – I have known a lot of unstable, capricious, and dishonorable women whose actions will ultimately backfire on them when they are older, alone, and without resources.

I do what I do not because I am a saint or a perfect angel of femininity, but because some time back I did the math and thought this was the best way of maximizing stability and minimizing drama both for myself and for my husband and child. My husband doesn't cheat on me not because he is without sin or temptation, but because I give him ample cause to feel that he is unlikely to get a better deal elsewhere in the form of an organized, drama-free house, good home cooked meals, emotional support, and an attractive partner.

For what it's worth, I've always done far more housework, even when we both worked full-time – mostly because he absolutely won't do it and I don't like to live in a filth pit.

Big Jay February 14, 2010 at 22:25:

A lot of the advice in this article applies to women seeking stable men as well. Understands money, raised in a stable family to model his own on, reasonable life goals etc…

For me the distinction of hypergamy has been an absolute revelation. So much data from my teens and twenties fell instantly into place (I'm 32). I can look at myself and see the primal urges that have their effect on me. Hypergamy fits the data I see in how women behave as well.

I also like Hawaiian Libertarian's distinction about treating my wife as my wife, rather than my mommy. I can look back on the past 7 years of marriage and see that a lot of instances where my wife was frustrated with me was when I wasn't stepping up to the plate and being a man worthy of respect. Obviously a rare occurrence because I actually

am the man.

aussie girl February 14, 2010 at 22:49:

All makes a great deal of sense.

Why is it then that so many men freak when a girl says she is more interested in staying home with her children than persuing a career? Sure, while I'm single I work to pay the bills (teaching music to young children) and I love my job. But if I say that I am not interested in persuing a high powered career and making loads of money lots of guys freak. I think it is more important for a mother to stay at home and care for her children and make a good home for her husband.

Snark February 14, 2010 at 22:57:

Why is it then that so many men freak when a girl says she is more interested in staying home with her children than persuing a career?

Because, unfortunately, they've bought into the feminist lie.

What I said up there about relationships as a zero-sum power game was unduly harsh. It was basically reactive.

I don't believe things have to be that way at all, but unfortunately, often they are. And when they are – which is not always – women have the full weight of the law behind them. I'd like to see a change which gives men some negotiating power in those relationships. That's a modified and more accurate version of my first post here.

Puma February 14, 2010 at 23:31:

> Aussie Girl: *"Why is it then that so many men freak when a girl says she is more interested in staying home with her children than persuing a career?"*

You have your feminist sisters to thank for that. Thanks to the no-fault divorce laws that they have legislated in the 70's, there is now a very simple equation:

Stay At Home Spouse = Lifetime Alimony

Given that marriages have a 50% of divorce, a man has better odds playing Russian Roulette than playing with the SAHS thing. **Puma** February 14, 2010 at 23:32:

… and I never particularly liked Russian Roulette either.

Renee February 15, 2010 at 00:39:

I have to say that maybe within the past year or two, I've considered the possibility of being a stay at home Mom.

To put it in perspective, I don't know anyone in my family who were stay-at-home-moms. Maybe my grandmothers, but I don't know for sure. I have a happily married aunt with two sons who not only stays at home, but home schools them.

To me, it's…well…practical. Instead of working, driving around the kids, having to do household chores, etc. (because more often than not, it'll probably be me doing it), it'll be easier if I take work out of the equation.

Now that doesn't mean I won't have side jobs or part-time jobs (I may or may not, who knows). As long as it doesn't get in the way of my roles as wife and mother. Doesn't hurt to have a hobby, side job, what have you, to give you a chance to explore your interests and interact with other adults, not to mention putting a little cash in the savings and your pocket.

What does "Neg" mean by the way?

mgtow February 15, 2010 at 01:53:

@Renee

Go to Roissy's blog and find out what is a 'neg'.

The marriage strike/boycott by men is well under way and gaining momentum as I am typing this. Many educated young men in the early 20s are wising up to the raw deal that is marriage; they are not even in the 'I don't mind getting married in future if I meet a special one' mode. They sure bloom early these days.

Marriage, at its very core, is nothing more than a business institution, under contract law. Love, commitment and romance are nice ideas but overrated and irrelevant within the context of marriage. If there is love and you are into a monogamous relationship, why do you need to sign a contract?

The truth is the vast majority of married men did not want to marry in the first place. They only proposed to:

1) Fulfill religious obligation.

2) Stop the nagging, shaming and/or ultimatums from the woman.

3) Peer pressure and irrational fear of 'dying alone'.

4) A fear to 'lose the woman'.

5) Get legal vagina.

6) Fulfill fatherhood fantasies.

In addition, the terms of the marriage contract are highly disadvantageous to the man. Best way to play a rigged game is to NOT play it. Walk away from Marriage 2.0 and be a free man.

Mr. N February 15, 2010 at 01:55:

aussie girl,

Pardon me if I'm mistaken but I imagine we run in similar circles although different continents. Many men in our group are pretty indoctrinated with feminist propaganda.

Its a matter of fishing. You're not gonna catch good fish if you're fishing in the wrong part of the river. (Which I assume you already are.) Even then if you catch the wrong kind of fish, or too small you've got to throw it back. I recommend finding a good young s. cantorum and letting some of the young men shamelessly flirt with you.

As far as feminist indoctrination goes I have the impression Australia is even worse off than here.

Renee,

People have different definitions of neg.

Mystery defines it as:

"Any gambit used to convey that you are not a potential suitor."

wow February 15, 2010 at 02:07:

Women have a hard time accepting that men may have a higher threshold for a messy house. The housework isssue in marriage is a red herring. No amount of cooking and cleaning will make her love you more. I did everything in my marriage and it was never good enough.

Puma February 15, 2010 at 02:13:

Below is a blog by a man in MA who spent Christmas in the Boston jail, because he had lost his job and could not pay alimony after 13 years of payments. He is paying his ex $40,000 a year — and she is making $80,000 a year. He is just out and now he has to go back to trying to make the payments even though he has no money:

http://www.associatedcontent.com/article/2582919/how_i_spent_my_christmas_vacation_ or.html?cat=17

Welcome to the U.S.S.A. !!!!

3DShooter February 15, 2010 at 07:04:

My own observation regarding the first two items in the articles list:

"*Was she was raised in an intact, happy nuclear family?" and,

"Does she have a positive, respectful relationship with her Father?"

might be better coalesced into:

"What is her mother's relationship to her father like".

In my own, anecdotal experience, I would have to say that women over time become their mothers. As such they take on the traits of their mother's. My ex was from an intact nuclear family. Her parents have now been together some 50+ years. And my ex had a quite good relationship with her father.

However, he was and is a timid and cowed man. Though not initially, over time this became her expectation and when she didn't achieve it – well there are millions of those stories so I'll spare the biography.

Bottom line for men actually thinking of the now insane institution of marriage – take a good look at her mother. Her personality, how she relates to her husband, how she maintains a home, her relationship with her children . . . That is the person you will be waking up next to in 20 years – can you deal with that outcome? Take a good close look because your future lays their if you choose to step up on the barrel and put your head in the marriage noose hoping your bride to be won't kick that barrel out from under you one day.

krauser February 15, 2010 at 10:48:

Married dudes don't have much sex either per this:

http://www.telegraph.co.uk/relationships/7232739/Want-more-sex-Get-a-divorce-survey -suggests.html

Kathy February 15, 2010 at 13:02:

Depends on your situation Krauser.

From your link.

> *"Gary Fitzgibbon, a chartered psychologist and business coach, said: "The big feature of the workplace in the past 10 years has been stress, and that is clearly undermining people's capability to perform sexually"*

I'm a stay at home Mom so have a lot more time and energy for hubby. ;)

I have long suspected that this was one of the main reasons that my hubby was happy for me to stay at home while he brought home the bacon! Lol.

Win win situation..

novaseeker February 15, 2010 at 14:30:

> wow wrote: *"Women have a hard time accepting that men may have a higher threshold for a messy house. The housework isssue in marriage is a red herring. No amount of cooking and cleaning will make her love you more. I did everything in my marriage and it was never good enough."*

This is something I found as well. It is a red herring issue for the most part and used as a stalking horse for other issues. It's mostly about control, I think. Many marriages today are political battles where control is constantly being

negotiated and renegotiated in subtle ways. Eventually someone ends up being in control, because the other party stops resisting it, and in most US marriages, it is the wife who is in control. This leads to a lot of discontent, because as HL points out, although women push for control constantly, when they actually *have* that control, they lose respect for their mate, which kills the relationship eventually, even if the couple never actually divorces.

wow February 15, 2010 at 15:02:

The 3 stages of a modern relationship:

1. She loves you because you do nice things for her.

2. She takes advantage of you because you do nice things for her.

3. She actually despises you and is repulsed by you because you do nice things for her.

Get married and you will understand what I just wrote.

I was an alpha, got married and became a beta because I didn't understand the above. Now divorced, I am an alpha once again…..

Never believe the marriage fairy tale.

jaz February 15, 2010 at 15:14:

@nova,

I must disagree with you regarding the essential vrs. pretext nature of having a clean home for most women.

clean home is essentialclean home is a pretext.

The position along the scale varies between women and at different times for the same woman, but the nesting instinct is real and she just can not relax when the home is a mess.

Zammo February 15, 2010 at 15:38:

> "1. She loves you because you do nice things for her.
>
> 2. She takes advantage of you because you do nice things for her.
>
> **3. She actually despises you and is repulsed by you because you do nice things for her.**"

Yup, this happened to me. Towards the end of my marriage I actually kept a log of everything I did at her request. I was so good at running errands and doing everything she wanted that she lost all respect for me.

grerp February 15, 2010 at 16:30:

> *"...she just can not relax when the home is a mess."*

Compare an all women's dorm with an all men's dorm. Really, there is no comparison. My BIL and his roommates once had to spend hours cleaning their shower to get it up to par in order to be allowed by their RA to leave campus at the end of the year. Hours.

Why did women want dorms to go co-ed? Please explain.

I always requested to live on an all-women floor in college. Say what you will about women, but it was quiet, clean, and I was never sexiled from my own room when I need to sleep or study.

krauser February 15, 2010 at 16:51:

Every woman I've known was far messier than me.

Men = tidy

Women = clean

novaseeker February 15, 2010 at 17:18:

It's funny what has been written about dorms.

My own experience in college was 180 degrees the opposite direction. During my upperclassman years I lived in a co-ed coop dorm — a dorm where we cleaned it ourselves in a work crew that varied by week and took a couple of hours a week to do. The least desired crew was, hands down, cleaning the *female* bathrooms. Why? Because the female bathrooms were a disastrous mess due to the much larger number of toiletries and so on that women tend to use, and which can mess up a bathroom. The men's bathrooms were very simple and much easier to clean as a result of this.

In my experience men tolerate clutter more than women do — that's true. I also see that in the office. However, my point about the chores was a different one. In my experience the hoo-hah about house cleaning and so on is not due to the guy not doing enough around the house, but to disagreements about the way he does it — it's almost *never" "up to her standard", regardless of what it is. This reflects a control issue — the woman cannot let go of control of the house domain.

Antiphon February 15, 2010 at 19:30:

JayHammers:

> *The proof is in the pudding – the Demographic decline of the West is a fact, and proves that the real goal of*

> *feminism was and is all about population control.*
>
> *As you know, correlation does not imply causation. Do you really think it was all planned out this way?*

Yes, it seems to have been planned out this way. You should read National Security Study Memorandum 200: Implications of Worldwide Population Growth for U.S. Security and Overseas Interests (NSSM200) which was complied by the United States National Security Council under the direction of Henry Kissinger. It was adopted as official U.S. policy by President Gerald Ford in November 1975 (wikipedia: NSSM 200).

The text can be found here: http://pdf.usaid.gov/pdf_docs/PCAAB500.pdf See esp. pp. 99-100.

Here are some highlights:

> "For women, employment outside the home offers an alternative to early marriage and childbearing, and an incentive to have fewer children after marriage. The woman who must stay home to take care of her children must forego the income she could earn outside the home.
>
> Improving the legal and social status of women gives women a greater voice in decision-making about their lives, including family size, and can provide alternative opportunities to childbearing, thereby reducing the benefits of having children.
>
> AID should encourage, where possible, women's active participation in the labour movement in order to promote equal pay for equal work, equal benefits, and equal employment opportunities."

Granted, much of this has to do with limiting population growth in the developing world, but there was no need to do this in the West, it had already been done. The question is, then, was feminism in the West promoted with the same goals in mind.

There is certainly an anti-family bias even among western women and men. Look at what is happening to the Duggar family. Read letters to the editor whenever a story about them and their 19+ children is run. They are all anti-family and anti-children.

The way to break down society is to break down families. The way to break down families is to break down women. Women need fathers and husbands to keep them in line. Your average PUA rarely takes the time to do this.

I would add one more thing to look for in a prospective wife: Does she want a bunch of kids? Nothing keeps wives busy like a large family. Of course this is hard to do if men plan to get themselves neutered after 2.1 kids.

(Wait…you mean men might have to make some sacrifices, too? That's not what the MRM is about! We want our wives submissive and out earning some money and taking care of Braden and Mackenzie and being sexually available, all while cleaning the house. "M"RA, get with the picture.)

Antiphon February 15, 2010 at 19:33:

Sorry, some of you might be fortunate enough not to watch TV or read tabloids and so you probably don't know who the Duggars are. See hereand here. Antiphon February 15, 2010 at 19:47

Kathy:

> *"win win situation…"*

Hear, hear!

An interesting survey: stay-at-home wives vs. working "wives" and the fulfillment of the marital obligation.

And: sex = children = (presto!) instant female commitment

Men, want to keep that hypergamy in check–knock your wife up as often as possible…and make children an expectation of marriage.

novaseeker February 15, 2010 at 20:02:

> "(Wait…you mean men might have to make some sacrifices, too? That's not what the MRM is about! We want our wives submissive and out earning some money and taking care of Braden and Mackenzie and being sexually available, all while cleaning the house. "M"RA, get with the picture.)"

There isn't any consensus, actually, which is why speaking of the "MRM" is a bit misleading.

TFH February 15, 2010 at 21:30:

Even the Google Ad embedded in this article assumes that the MAN is evil. The SEO keywords in The Spearhead article still map towards a misandric ad.

The assumption is that only men betray. We would never see a man who was cuckolded in such an ad.

Also, a woman seeking a man's money after SHE decided to leave is also a betrayal.

The misandry is deep.

TFH February 15, 2010 at 21:33:

AussieGirl,

> "But if I say that I am not interested in persuing a high powered career and making loads of money lots of guys freak. I think it is more important for a mother to stay at home and care for her children and make a good

> home for her husband."

The asset division laws are very leftist. Hence, a man absolutely MUST marry a woman who makes nearly as much, or the same (or more) than him.

To not do so is suicide.

Of course, this makes it harder for a lot of women to marry. You have feminism to thank for that.

The reason women don't fight these very obvious examples of feminist damage to women, is because women don't understand cause and effect very well.

TFH February 15, 2010 at 21:36:

grerp,

I am glad you are here and asking good questions. A sane woman is all too rare, but is appreciated.

Stick around for the long run, and keep asking questions.

Keoni Galt February 15, 2010 at 21:59:

@ Jay Hammers:

> "As you know, correlation does not imply causation. Do you really think it was all planned out this way?"

For sure. But I don't wish to derail the thread here. Suffice to say, one can simply research the link between "Women's Studies programs" that are a part of nearly all Universities in the US and their primary funders: the Rockefeller foundation. The super wealthy elite that operate the giant, tax-exempt, "non-profit" foundations have literally funded the research and development of birth control, abortion, gender studies programs as well as financing of a wide variety of media sources that all push the feminist memes and indoctrination. The "feminist" movement and all of the cultural influences that brainwash women to seek "equality" in did not just arise out of happenstance.

What if she respects and loves her father but he is at times overly controlling? I don't think this will create problems if you handle it right, but it is probably even more important to be strongly in control in such a relationship. Thoughts?

What exactly is "overly controlling?" That can mean a man that micromanages every aspect of his daughters life or it can mean a Father that doesn't let his daughter do things she wants to do and complains about him being "controlling" because he won't let her do things he knows are bad for her.

> Father: "No, you cannot go out on a date with that biker thug!"

> Daughter: "You're so controlling!"

In that case, it's a good thing he is "controlling."

Arbitrary February 15, 2010 at 22:07:

I was never sexiled from my own room when I need to sleep or study.

I think that's more a function of good roommate choices than a matter of gender…more than once I'd had female friends complain of getting sexiled because of their female roommates. On one particularly amusing occasion we wound up with an impromptu party at my apartment when half-a-dozen sexiles all came over at once.

Men, want to keep that hypergamy in check–knock your wife up as often as possible…and make children an expectation of marriage

That strategy only works for so long (and is a Sisyphean venture to begin with)…it's better than nothing, but worse than Game. In particular, don't depend on this to convince a woman to stick around forever; after all, the presence of children increases the fraction of divorces initiated by the woman, suggesting that it will tend to have a larger effect on what you are willing to tolerate in a partner than the other way around.

Antiphon February 15, 2010 at 22:08:

novaseeker:

Yes, I get your point. My language was a bit intemperate. It gets very frustrating to see men who have bought into feminism acting as though they are real men because they chase women. This point was made above by Snark.

Patriarchy = "rule of the father"–the only effective tool against feminism is a return to strong marriages based on proper sex-roles. "Stay-at-home mother = lifetime alimony" (Puma) seems to me pretty simplistic. Most of the divorced women whom I have known were working women, rather than stay-at-home mothers.

Though I haven't see statistics (I doubt that they exist), I would imagine that most women who find another man while they are married find them at work. My wife doesn't really know any other men. She knows lots of women (mostly other stay-at-home mothers). There is very little opportunity for her.

If there is going to be any movement among men, feminism is the enemy, not women. Women are the victims of feminism. It is not White-knighting to save women from themselves and their delusions. Women need men to lead them. If all that men are doing is leading them to bed, why should they respect them? Men who chase women have a weakness for women.

Antiphon February 15, 2010 at 22:14:

Arbitrary:

The "presence" of children, or the "number" of children? There is a big difference. How many mothers of 5 kids

are leaving their husbands? Do divorce rates climb with each child? I know a woman with 9 children–do you think she's a flight risk? I think that it is rather unlikely.

As for convincing your wife to stay by keeping her pregnant, obviously that's not going to work. You need to ask a girl up front whether she wants a bunch of kids, i.e. before asking her to marry you. If her answer is, "2 kids, then back to work," keep looking.

Keoni Galt February 15, 2010 at 22:19:

@ grerp:

> "What is the upside for the paragon above?"

A happy marriage to a man that she loves, respects, and lusts.

Is there any genuine regard? Any true respect or are you still just waiting for the stars to align just right so she will turn on you?

Of course. A good marriage in which a woman's hypergamous instincts are well served will result in a couple that lasts and is far less likely she will "turn" on you. One thing you have to understand here is that many women have no understanding of their own basic nature. When a husband falls into a dynamic where his wife becomes the "mommy" authority figure, she will grow to resent and despise him for it…even if she consciously doesn't realize it. This is where you get those women who cheat and/or divorce who state such sentiments as "I'm just not happy!" or "I need to find myself" or "I just can't do this anymore!" type of justifications for their infidelities and/or divorce filings.

> "I meet all the above criteria: stable family background, father I respect, younger than my husband, never had any debt, inculcated value system, mother and housewife now, etc. And for this I get to pick out the curtains in my kitchen?"

Sure…and you also have a husband who you cannot henpeck into submission when you want to feminize the living room and make everything frilly and flowery…and he firmly makes his mark and tells you "I live here too!" Grerp, you need to understand that many a man lets his wife OWN the entire house, and the only things he's allowed to decorate is his "man-cave." My only point here is that a man should definitely have SOME say in the house he lives in too looks. A husband can and should compromise with his wife in determining the decor of the house they share.

> "Yes dear, the lamp shades and curtains look fine..but we ARE leaving my trophy deer head on the mantle! No, I am NOT going to put it in the garage!"

That seems pretty patronizing.

Quite the contrary – it's not letting your wife cow you into submission.

> "Bare minimum: I want to be seen as a valuable contributor and helpmeet."

Nowhere in my article do I advocate treating your wife like dirt, or treating her as useless. This is about not letting her “wear the pants” and take the role of “head of household.”

A man who does head his house most certainly WILL have a wife who is a valuable contributor and helpmeet. For one thing, if he takes his proper role, there will be far less conflict in the home, so they will both be able to appreciate what both bring to the table.

TFH February 15, 2010 at 22:37:

One thing you have to understand here is that many women have no understanding of their own basic nature.

Always needs to be said. Women have no ability to understand how women think, any more than a 10 year old can write a textbook on child psychology.

Arbitrary February 15, 2010 at 22:51:

The “presence” of children, or the “number” of children? There is a big difference. How many mothers of 5 kids are leaving their husbands? Do divorce rates climb with each child? I know a woman with 9 children–do you think she’s a flight risk? I think that it is rather unlikely.

The only statistics I’ve seen on the matter were children present/not present, and were not broken down by number. Note also that it wasn’t an overall divorce rate statistic; I don’t know how that changes with the introduction of children–rather, the statistics show that the fraction of divorces initiated by the woman goes up when there are children involved. This is more or less as one would expect, since the man has a much lower chance at primary custody.

The point of what I was trying to say was that, since children are more of a deterrent for a man considering divorce than for a woman, a man should not depend upon the presence or number of children in determining his divorce risk, since he will almost certainly overestimate his safety on that basis.

As for convincing your wife to stay by keeping her pregnant, obviously that’s not going to work. You need to ask a girl up front whether she wants a bunch of kids, i.e. before asking her to marry you. If her answer is, “2 kids, then back to work,” keep looking.

This section contains the answer to the question of the previous section; if for whatever reason the mother of 9 kids had that particular number as her goal, she may well be as much of a divorce risk as the mother of 2 (hell, we might as well go with the 2.1 I expect you basically meant). That said, desiring more children tends to be correlated with being religious, and that is a good indicator of lower divorce risk.

Keoni Galt February 16, 2010 at 00:41:

One of the reasons I was inspired to write this article was some commentary I read from *Marky Mark* over at *Talleyrand’s* blog and *PMAFT’s* recent article, both describing married men with the look of “walking death.”

MarkyMark wrote:

> "This is an outstanding post! Here is a succinct, powerful warning of the downsides of marriage. With few exceptions, every married man I've seen has that look of walking death; they're just waiting to be buried. They're like caged lions who were once free; you can see the lack of life in their eyes and demeanor, because they, like their lion counterparts, once knew what it was like to be happy and free…"

PMAFT wrote in his article, Exiled to the Car and the Garage:

> "These married guys who pay for the houses they live in have been exiled to their garages. Where are these guys spending their free time, particularly the weekends? In the garage repairing their cars. The auto repair class they take also gets them a night a week away from their house.
>
> What does this have to do with the Dodge commercial? The other place that married men have been exiled to is their car. At home the married man is dealing with a harpy of a wife (and maybe ungrateful kids). Most of the rest of the time, Monday through Friday, is at work which means dealing with work related crap. The only time during weekdays the married man has without crap (unless he has a really great job) is when commuting to and from work. This is where the Dodge commercial comes in. It says to married men that in the only time on weekdays you have without crap, you should be as comfortable as possible. I suspect that's also why more and more cars are coming with options like surround sounds and other luxuries that would have been considered exotic not that long ago.
>
> I have also noticed how the married men that I have worked with (at any job I have had) always have the longest commutes. For the most part it has to do with satisfying their wives' desire for large houses and the only way of doing that unless a man has lots of money means buying a house out in the sticks. From my POV as a single man, this sucks. The married guy is paying money for a house in the middle of nowhere for space his family doesn't need with corresponding heating and cooling bills and many other expenses. This is on top of the long commute which under the best conditions sucks. To me a long commute is just extra dead time compared to a short commute. However, to a married guy a long commute while it sucks does have a side benefit, more time away from both home and work. The Dodge commercial indirectly taps into this because again you want to be as comfortable as possible during your long commute.
>
> This commercial from Dodge really taps into what happening to married men, in some cases beyond what was intended probably. I wouldn't be surprised if a few single guys got the message that getting married is a bad idea.

These guys are making references to the AMC – average married chumps. Men whose wives wear the pants, rule the roost and hold them in utter contempt. These are the kind of guys that behave as if their wives are their authority figure. They have the look of the walking dead, because they are simply beaten down and exhausted. Anything they would like to do that would bring them some measure of happiness…he doesn't do, because he's afraid of her disapproval.

Which brings me to my main point I was getting at with this article: it doesn't…nay, it SHOULDN'T be this way.

A man who is the head of his house doesn't "ask" his wife if it's ok for him to go on a fishing trip with his buddies.

A man who is the head of his house doesn't "ask" his wife if it's ok for him to buy a car he really wants.

A man who is the head of his house doesn't "ask" his wife if it's ok for him to stay out after work and have a few drinks with his buddies.

The AMC is in fact walking death. He is emasculated, usually sexless (his wife uses sex simply as a bargaining chip), and can do no right.

He can "do no right" because he's trapped himself into the false idea that "RIGHT" is based entirely on his wife's approval.

If a married man does it right…he has a wife seeking his approval, not he seeking hers.

I certainly don't have the "walking dead man" look…although, back in the early years when I was the clueless AMC, I probably had it too.

grerp February 16, 2010 at 01:12:

I think that the kind of woman you're ultimately describing, the kind that signs up for being a wife and mother first, has to be two things (well, at least two things). She has to be a long-term thinker and she cannot be an attention whore. There is very, very little in the the housewife role for women who need lots of attention and validation. I got a lot more validation when I was working than after we had my son. I was good at my job; I got good performance reviews. People would tell me that I was funny or told good stories or was helpful or would notice what I was wearing if I'd made an effort. Babies don't care what you wear – they spit up on it if it's silk or terry cloth. My son thinks scatological humor is the bomb – the funniest thing going.

The job itself is very repetitive. It can feel like you're on a treadmill when you make dinner, then clean up, or when you're picking up toddler toys for the ten millionth time knowing that tomorrow they will be right back where they were. Then there's laundry. You have to look really far down the line to see that you're making a difference. You have to visualize.

I made dinner tonight – shrimp and noodles with broccoli and asparagus in a garlic butter sauce. It was not that expensive because I made it from scratch, because I bought the shrimp and broccoli and butter on sale and froze them, because I bought the asparagus in bulk when it was in season and blanched and bagged it individually and froze it. Everyone assumes cooking is for no talents, but it can be like standing in a circus ring and directing, making sure that the broccoli gets chopped first because it will take longest to cook, then the water gets put on to boil, then the sauce started, etc. And then you put it on the table and 15 minutes later your work is history.

Honestly, if I'd been cooking for just me, I'd have had an apple and a cheese stick. Food is not that important to me. However, it seems to make my husband and son feel cared for to have meals like this. But to make this meal at reasonable I had to plan it well in advance, and spend the time in the kitchen cooking it when I could have done something I found more enjoyable.

The thing is, men are never looking for long-term planners or women who can live outside the limelight when they are dating. They want 9's and 10's and flirty personalities and long, tanned legs. This I know from experience.

Keoni Galt February 16, 2010 at 01:22:

> "I think that the kind of woman you're ultimately describing, the kind that signs up for being a wife and mother first, has to be two things (well, at least two things). She has to be a long-term thinker and she cannot be an attention whore."

No, it's OK if she's not a long-term thinker or an attention whore – as long as the husband is a long-term thinker, and not beholden to her emotional manipulations and trying to always "please" her.

As for signing up to be a wife and mother? Absolutely. Otherwise there really is NO point in getting married in the first place, given today's legal and cultural risks that marriage exposes men to.

The thing is, men are never looking for long-term planners or women who can live outside the limelight when they are dating. They want 9's and 10's and flirty personalities and long, tanned legs. This I know from experience.

Sure. But men who KNOW better, and are aware of the legal realities of marriage 2.0, will not marry a 9 or 10 with a flirty personality and long tanned legs..if she's still not a suitable wife and mother-of-his-children material. They'll just pump and dump 'em.

JayHammers February 16, 2010 at 03:05:

> "What exactly is "overly controlling?" That can mean a man that micromanages every aspect of his daughters life or it can mean a Father that doesn't let his daughter do things she wants to do and complains about him being "controlling" because he won't let her do things he knows are bad for her."

I was referring to micromanagement of a daughter's life, taking it a bit farther than just being protective of her. Overly controlling, overly protective, I guess. Not initially willing to let another man into her life at all.

I suppose that's not necessarily a bad thing as long as the daughter is willing to let her man take over the mantle of decider-in-chief. And a woman with an over-protective father is probably better marriage material than the daughter whose father lets her get away with anything.

Antiphon February 16, 2010 at 03:38:

grerp: Your post could have been written by my wife. Your points resonate exactly with things she has said to me. It's good to see women fighting the good fight. Your husband and son have much to be proud of!

Arbitrary:

> "That said, desiring more children tends to be correlated with being religious, and that is a good indicator of lower divorce risk."

Exactly: lots of kids = religious (esp. traditional Catholic) = lower divorce risk. That's a point I have tried to make often at The Spearhead, but people don't like the religious angle. Whether you agree with K. Marx or Our Lord,

religion is a useful bond that keeps people (even women) in their proper place.

Antiphon February 16, 2010 at 03:40:

grerp: One more point: Believe me, cooking takes a lot of talent–I'm sure your husband much appreciates it.

TFH February 16, 2010 at 04:08:
HL,

On one hand, it is often said, even by Mystery and Roissy (ironically enough), that the sole purpose of existence is to reproduce.

On the other hand, it is universally accepted in these parts that marriage is a bad deal for men, that has a million little needles slowly killing him (even if he avoids the Divorce court grinder).

So, all things considered….

Do you regret the path you have taken? You have a kid, which many say is 'the goal'. The alternative would be to still be a single guy, surely pulling 8s and 9s well into your 40s, with no burden of marriage, but also with no kid.

Do you regret your current path?

Carnivore February 16, 2010 at 04:35:

A lot of good conversation here. Few things to add….

Rebel wrote:

> "Keeping a tight control of the budget is not enough. You must also state very clearly and BEFORE the marriage that YOU will be the master in the house.Make sure your sweetheart understands and AGREES."

Yes, no question about it – these are the things that are discussed before marriage. As an example – two people I know got married – perfect wedding, perfect couple, blah, blah – and were divorced within a year. I asked a mutual acquaintance about it. Said they got divorced because she wanted to continue her career and he wanted children and a stay at home mom. So, why did they get married? Oh, they both like to travel and play golf. Well, duh, you'd think you'd talk about that before getting married, eh?

Here's another rule: if your sweetie's divorced and, in this day and age, her ex got custody of the children, run, run, run!! I actually know someone in this situation – yup, he married her and is now in a living hell.

I find the discussion about housework interesting. One thing American women (maybe most Western women) have lost, it seems, (or were never taught) is the ability to take joy in their housework and be proud of a job well done. A linen closet with everything neatly folded and organized; closets and drawers the same; laundry crisp and clean –

previous generations of women tried their best to achieve these things because they knew it reflected on them. No women wanted the dreaded label of slattern. (Is that word even used anymore?) Husbands were proud of wives who were good homemakers. Sure the work is repetitive. And a station on a factory assembly line ain't?

I visited an elderly relative who has a Polish immigrant as a caretaker/housekeeper. It was a pleasure to watch her in action – her efficiency and obvious pride in her work. I hadn't seen that attitude for years.

joeblow February 16, 2010 at 04:52:

I think a lot of people here are forgetting that this post is for those of us already married, so complaining that marriage doesn't work, you should never get married etc. is beside the point. What if you are married and have been for a long time (as in my case) and you have a big stake in getting it right? It isn't so easy to just walk away.

In my case I have been married for nearly 30 years. While it wasn't the worst marriage in the world the last quite a few years have been a total wreck with us both being miserable with each other. Over a year ago I discovered a few mens rights links and started at least standing up for myself in the inevitable arguments my wife liked to have, though that didn't actually stop them.

Then quite by chance I discovered this site and all the other guys like Hawaiian Libertarian talking about using Game in marriage. I began to realise the truth that in a big way it was my fault for being such a beta guy with my wife. I (very clumsily at first) tried gaming her. Well the result has been so totally outstanding that I almost cannot believe the change in our relationship. The last two months have been some of the best we've had and it is getting better each day. We have had sexual exploits that I have wanted to do for our entire marriage but she always refused. Now she seems game for almost anything! I have a perpetual grin on my face – imagine that after 30 years :twisted:

Anyway – thanks Dave (and others). You literally saved my marriage. I was ready to walk out mentally if not physically.

Carnivore February 16, 2010 at 05:06:

Antiphon wrote:

> "Exactly: lots of kids = religious (esp. traditional Catholic) = lower divorce risk. That's a point I have tried to make often at The Spearhead, but people don't like the religious angle. Whether you agree with K. Marx or Our Lord, religion is a useful bond that keeps people (even women) in their proper place."

OK, I'll go out on a limb here. I'm a Traditional Roman Catholic (it's in my profile, eh ;)). It really pisses me off when I hear guys dropping religion because it's too feminine. Granted, the average local Christian church of whatever denomination, is pretty wussified, with women running everything with an emasculated priest, minister, pastor OR with a priestess, ministress or pastrix. Guys, you've got to look, because the real thing is out there.

So, I'm going to toot my own horn, because that's all I know. This isn't meant to be a theological debate, just an example. In case you don't know, a Traditional Catholic believes any teaching by the Pope, on the topics of Faith and morals, MUST be accepted and obeyed. Here's a few such teachings on the subject of this thread, which are

still in force. Humbly submitted for your consideration. Peace.

There is hardly a point on which the Church had insisted more than the father being the head of the family. The father's authority is ordered to the good of the family as a reflection of authority of God. The Council of Trent reiterated the teaching of the Church Fathers, instructing that the father should act as head of the family, and the mother should yield to him "a willing and ready obedience in all things not inconsistent with Christian piety" ("The Duties of Married People," Catechism of the Council of Trent).

Perhaps with an eye to feminist currents already rumbling at the beginning of the 20th century, Pope Leo XIII addressed the question of authority in marriage straight on in his Encyclical Arcanum divinae sapientiae (February 10, 1880), reaffirming the age old teaching:

> "The husband is the chief of the family, and the head of the wife. The woman, because she flesh of his flesh and bone of his bone, must be subject to her husband and obey him; not indeed as a servant, but as a companion, so that her obedience shall be wanting neither honor nor dignity. Since the husband represents Christ, and since the wife represents the Church, let there always be, both in him who commands and in her who obeys, a heaven-born love guiding both in their respective duties." (n. 26)

In his Encyclical Casti connubi of December 31, 1930, Pope Pius XI warned about the "false teachers" who, in the name of "human dignity," would try to persuade wives to abandon the obedience owed to their husbands. "This is not emancipation but a crime," he strongly stated (n. 74). Further on, he stresses that the essential order of domestic society cannot change, because it is founded on something higher than human authority and wisdom, that is, the authority and wisdom of God (n. 77).

Pope Pius XII spoke similar words of caution, instructing Catholic women to ignore "modern influences" telling them they are in every respect the equal of their husbands. Speaking to a group of newlyweds, he told them: You are equal in dignity, but this equality does not preclude a hierarchy that establishes the husband as head, and the wife as subject to him. This hierarchy is not just necessary, but indispensable for unity and happiness. Catholic men and women have the duty to combat the changing social conditions that undermine hierarchy in the family. ("Allocution to newlyweds," of September 10, 1941 in The Woman in the Modern World, ed. by the Monks of Solesmes, Boston: St. Paul Editions, 1959, pp 64-6).

David February 16, 2010 at 09:18:

Carnivore

This is good stuff and looks familiar. Unfortunately John Paul II wrote "Mulieris Dignitatem", which some people – I believe wrongly – have used to undermine the traditional Catholic teaching on the Headship of the husband. I believe that, properly read, it is congruent with the traditional teaching, as is the same pope's Familiaris Consortio. The teaching on Headship has a considerable weight of tradition behind it.

I have been pushing this point a lot here myself. Not everybody is religious, still less Catholic, but if you are, you have this teaching and understanding to fall back on.

Wives should obey and respect their husbands.

The article under discussion is really very good. I can attest that “gaming” one’s wife works. Of course, you have to use common sense, and not overdo it, but a man must make it clear to his wife that he is not afraid of her tantrums. Many men become appeasers and once you head down that path, you are lost.

My simple advice: treat your wife as if she were beneath you in a hierarchy (which I believe she is). Nine times out of ten, she will fall happily into line. David February 16, 2010 at 09:24

And if you don’t want to do something, just refuse. I never cook, do laundry, or iron. I do help with dishes, childcare, and a few other things. I occasionally vacuum. But I have actually told my wife that some jobs are, quote, “beneath me”. I would never do something as demeaning as mopping the floor. That is woman’s work.

Another thing. Just because she claims to be offended or angered by some remark or action, don’t always believe her. Secretly, she is quite likely to be titillated.

As for looking good for you, I can attest that my wife has worked harder to look good since I started seriously “gaming” her.

Carnivore February 16, 2010 at 13:29:

joeblow wrote:

> "Well the result has been so totally outstanding that I almost cannot believe the change in our relationship. The last two months have been some of the best we’ve had and it is getting better each day. We have had sexual exploits that I have wanted to do for our entire marriage but she always refused. Now she seems game for almost anything! I have a perpetual grin on my face – imagine that after 30 years :twisted:
>
> Anyway – thanks Dave (and others). You literally saved my marriage. I was ready to walk out mentally if not physically."

Joeblow – although I’m a pessimist lately, it’s success stories like yours that give a glimmer of hope. Peace.

grerp February 16, 2010 at 14:23:

> "Always needs to be said. Women have no ability to understand how women think, any more than a 10 year old can write a textbook on child psychology."

I would dispute this. Women are very socially savvy. I can often better dissect what is going on at my husband’s work second-hand, than he can first. Women can fine tune their antennae to the smallest of social currents.

I do think that women don’t know how men think about women, what they value most about women, and what they truly want from a man sexually or otherwise in a relationship. “Love” blurs everything there. Women tell themselves they want guys who will worship them and shlep around the house for them and yet in movies and and books and IRL what is truly seen as “romantic” is really domination.

I hate to even type that. I grew up in the evangelical tradition (am now Catholic) and heard James Dobson quoted

more times than I can count. While I don't disagree with many of his points, the smug way he talked about women and marriage always made me want to throw up.

novaseeker February 16, 2010 at 14:47:

grerp wrote:

> "Always needs to be said. Women have no ability to understand how women think, any more than a 10 year old can write a textbook on child psychology.
>
> I would dispute this. Women are very socially savvy. I can often better dissect what is going on at my husband's work second-hand, than he can first. Women can fine tune their antennae to the smallest of social currents."

This is true — women are more finely tuned to social cues, generally speaking.

I do think that women don't know how men think about women, what they value most about women, and what they truly want from a man sexually or otherwise in a relationship. "Love" blurs everything there. Women tell themselves they want guys who will worship them and shlep around the house for them and yet in movies and and books and IRL what is truly seen as "romantic" is really domination.

I think a lot of the confusion comes from mixed messages that are spun at women. Women are told that they deserve to get it all — the guy who is intelligent, ambitious, successful, compassionate, caring, nurturing, passionate, very handsome/sexy and so on. It's a long list, and some of these things are not very commonly found in one person. So compromises must either be made, or waiting must happen. There's a lot of buzz around the internet about this at the moment due to Lori Gottlieb's new book (really she parleyed her Atlantic article into a book, basically) — I think the negativity of most of this buzz reflects the problem you describe. Women are told that they want it all, and believe that, too, but at the same time seem to have much less grasp on what they really *need* in a partner, as opposed to a seemingly infinitely long list of "wants".

Long-term relationships and marriages need to be both romantic and pragmatic. That's not terribly easy to swing, honestly, and in a long-term relationship with children in the picture, it can be harder to make room for the romantic side of it. In order for the romance to work, however, in my own personal experience the guy needs to have some kind of "dominance" — not in a domineering way or a rough way, but in an assertive, confident, masculine way. Unfortunately for both men and women, the number of men who can pull this off naturally is small and getting smaller due to the way boys are being raised in the culture today. Boys are also told that women prefer sensitive, compassionate nice guys who are equalist partners. And women *do* like these qualities, it's true. But not *only* these qualities — there also has to be a masculine sexiness, and much of that has to do with being masculine/dominant in a confident, smooth way. The failure of our culture in inculcating this in boys and young men hurts everyone really and is a main reason why we see things like Game becoming mainstream.

Nevertheless there is a lot of dissonance in some modern women. The following example, just to take one, is quite revealing, if a bit intemperate: http://www.craigslist.org/about/best/sea/561877622.html Lots of dissonance there for men to dissect in terms of how that woman in particular wishes to be treated inside the bedroom vs outside the bedroom. It kind of indicates the confusion inside a woman like her as to what she really wants in a man, other than saying "I want it all!".

I hate to even type that. I grew up in the evangelical tradition (am now Catholic) and heard James Dobson quoted more times than I can count. While I don't disagree with many of his points, the smug way he talked about women and marriage always made me want to throw up.

Dobson really didn't really succeed in convincing people who didn't already agree with him, thanks to that manner you describe here.

GlobalMan February 16, 2010 at 15:35:

> JayHammers February 14, 2010 at 19:36
>
> "As you know, correlation does not imply causation. Do you really think it was all planned out this way?"

The evidence for the depopulation program is out there and easy to find. JD Rockefeller was the chairman of the population control council formed by Nixon in 1970 and reported in 72 which recommend passing the 'equal rights' bill. This was followed by the UNs population control conference in 1974 in Bucharest that ordered that all member nations 'enure equal participation of women in the public work place'. Not equal opportunity, equal participation as in equal outcomes. I have posted these facts here many times over. What do you think? 2 Billion abortions later you think 'a womans right to choose' is about rights or population control?

Why are those who are heading population control commissions and conferences calling for 'equal rights for women'? To get them out of the house to stop them having those pesky people. It amazes me a guy as smart as you still hasn't figure out that the depopulation program is running full tilt.

What, exactly, do you think the vaccination program is about? It's about killing people. Slowly. Try reading Eustice Mullins Book 'Death By Injection'. I linked his video about it to my intro post yesterday. It's real simple. As I said in my interview to which I posted a link here. Feminism is a key element to the depopulation program that is currently running and is being stepped up.

GlobalMan February 16, 2010 at 16:38:

> aussie girl February 14, 2010 at 22:49:
>
> "But if I say that I am not interested in persuing a high powered career and making loads of money lots of guys freak."

Suck it up princess.

Example. I have just gotten to really know another 'fav' over christmas. She is fav#4 so far. (2 is gone and 3 is only so-so by comparison) She wants the whole marriage with babies thing. She's a 'blonde bombshell'. If she walked onto Bondi Beach all the other women would scratch their own eyes out so as not to have to know just how far they lag behind!!

It's taken me about 6 months to move this 'relaxionship' forward to this point. I met her in about May last year

when she was still ‘looking for a husband’. She is the sweetest woman I have ever met and ever talked to. I have nicknamed her my ’sweet angel’. She has regailed me with so many stories of her childhood and family. Our time together is one long session of laughing and joking and enjoying each others company. I have never felt so relaxed with a woman in my life. Not even my fav#1. Certainly not my ex. There us something about this woman that is just ‘magic’. This is a beautiful thing. I’ll be so sad to see her go.

One thing she is reporting is that when she tells guys she wants to stop work and concentrate on her family the men are now saying “you are not normal, women want careers and money now”. So a woman who wants a family is telling me she is being told she is not normal and the men her age are rejecting her. She’s 30. I heard exactly the same story from a 28 year old woman I met too. Almost word for word.

What has she done? She decided to give up looking for a husband for a while. She is really frustrated. She has had a string of boyfriends her age that get ‘cold feet’ and older men who say ‘no kids’. She has had a number (not sure how many, 2 or maybe even 3) older men offer to marry her if she will agree to not have children. She would never have to work again if she took those offers. But she really wants kids and I can understand that.

After she decided to give up on finding a husband for a while we bumped into each other again and we talked about just dating for fun because we hit it off so well. I agreed. I’ve already offered to take her to places like Stockholm, Paris, Vienna, London, Bergen(Norway) etc over the coming summer. She gets to travel around europe on her weekends as a ‘kept woman’ and I get wonderful company. My fav#1 is all jealous. When I alpha-ed her a bit by telling her she had some ‘real competition’ for my time she redoubled her efforts for a while. Now she’s gone a little luke-warm. I really like this situation. :-)

I LOVE the fact the younger guys have little money because the women took all their jobs and the men are refusing to marry!! LOL! That makes those young women available to men like me!! 30 years ago women who were 30 just dating a 46 year old for ‘fun’ and the lifestyle he provides on those dates would be called all sorts of names. Today she is called ‘normal’. You women made your bed. Now us older men are sleeping in it…with the young hotties.. ;-)

This is only going to get worse for the women and better for us middle aged men with a bit of money. When a woman this beautiful and this wonderful can’t close the deal on a marriage the ‘plain janes’ have no hope at all. When this woman was telling me about all the trouble she was having I simply could not believe her in the beginning. She had to repeat the whole thing a few times over for me to believe her. I talked to a lot of other women as well before I could believe they were having THAT much trouble landing a man.

grerp February 16, 2010 at 18:13:

> Husbands were proud of wives who were good homemakers. Sure the work is repetitive. And a station on a factory assembly line ain’t?

A station on a factory assembly line is both productive and paid. Picking up toddler toys is neither. Would you go to work tomorrow and do the best job you possibly can if they stopped paying you? A housewife has to believe that what she is doing is valuable, more valuable than doing a job that 1) society says is valuable and 2) is paid. It’s not that much of a surprise that many women don’t sign up for this.

Arbitrary February 16, 2010 at 19:23:

A station on a factory assembly line is both productive and paid. Picking up toddler toys is neither. Would you go to work tomorrow and do the best job you possibly can if they stopped paying you? A housewife has to believe that what she is doing is valuable, more valuable than doing a job that 1) society says is valuable and 2) is paid. It's not that much of a surprise that many women don't sign up for this.

Two responses:

(1) Yet another reason to homeschool…everybody knows that education is valuable.

(2) Even without that, of course it is valuable, and paid–you're getting half your husband's income for doing these things. The problem arrives when society teaches you that you are simply entitled to the product of your husband's labor, regardless of the execution of household duties–or, indeed, any contribution you make to the household at all. This sense of entitlement is the insidious lie of feminism; they turned the idea of marriage as a transaction of the man's surplus labor ability for the woman's fertility into claims of enslavement.

Keoni Galt February 16, 2010 at 21:15:

@ joeblow:

> Anyway – thanks Dave (and others). You literally saved my marriage. I was ready to walk out mentally if not physically.

Does not the red pill taste oh so sweet when you realize the effects that kick in after you take it? :-)

@ TFH:

> Do you regret the path you have taken? You have a kid, which many say is 'the goal'. The alternative would be to still be a single guy, surely pulling 8s and 9s well into your 40s, with no burden of marriage, but also with no kid.
>
> Do you regret your current path?

On one hand, I regret the path I took…I wish I had taken the red pill a lot sooner. I used to be the AMC, and I was miserable for several years…I used to think my wife had turned into a total, sexless bitch. Come to find out the real problem was myself and my own behavior dictated that reaction from her. It's all good now. It could have been so much better had I known the truth from the get go.

As for now? Having a child is a life changing experience. The feeling of fulfillment is far more gratifying than having a notch count of 8-10's.

I spent my late teens and early 20's in the utter pursuit of hedonism. While I wasn't exactly a PUA, I did have my share of college fun before settling down. ;-)

I don't regret marriage to my wife…by some kind of fools luck, the woman I ended up marrying met all of the prerequisites I listed in this article — except the shopping, frugality part – but that's fixed now.

@grerp:

> "Women tell themselves they want guys who will worship them and shlep around the house for them and yet in movies and and books and IRL what is truly seen as “romantic” is really domination."

This is precisely what I was referring to when I wrote: “One thing you have to understand here is that many women have no understanding of their own basic nature. When a husband falls into a dynamic where his wife becomes the “mommy” authority figure, she will grow to resent and despise him for it…even if she consciously doesn’t realize it.”

Our feminist-driven mass media culture indoctrinates women to have the attitude where they are “equal” and that they don’t “need a man.” Many women will adopt these attitudes, and consciously look for ways in which their relationships are “inequal.” When the husband or boyfriend accommodates this, she eventually develops contempt for him. Most women who fall into this pattern don’t even realize that their quest for ‘equality’ is the very reason their men are emasculated and they “just don’t have any feelings for him anymore.”

> "A station on a factory assembly line is both productive and paid. Picking up toddler toys is neither."

Oh dear…you’re falling for the feminist memes that make housewife’s domestic responsibilities the equivalent of a “comfortable concentration camp.” Not all “pay” is financial compensation. How about creating a clean house for your children and husband to enjoy? The creation of a sanctuary that your family looks forward to coming home to? There are some things in this life that money cannot buy. Having a clean, happy home to come home to is one of those.

Would you go to work tomorrow and do the best job you possibly can if they stopped paying you? Of course not. But try quit doing your housework, cooking and cleaning. You think your husband is going to stop paying the mortgage and buying groceries and paying the utility bills? Please…you ARE paid to be a housewife…it’s called your husbands labor is providing the means for your sustenance!

> "A housewife has to believe that what she is doing is valuable, more valuable than doing a job that 1) society says is valuable and 2) is paid. It’s not that much of a surprise that many women don’t sign up for this."

That’s because too many women mindlessly buy the lies and propaganda that society dictates to them. Fuck society. You think that what you’re doing has no value?

By all means, put your kids into daycare, and get to work! Society’s approval is far more important the raising your own children, right?!?!??!

grerp February 16, 2010 at 22:07:

> Oh dear…you’re falling for the feminist memes that make housewife’s domestic responsibilities the equivalent of a “comfortable concentration camp.”

I'm not falling for it, and I'm not saying there's no value in it. I know there is value in it. We are all happier and less stressed out because I stay home.

The Conspiritard Review

Keoni Galt · 12 May 2015 · Archived copy · Original



When I was a youth, I was a voracious reader of fiction. I devoured thousands of books over many hours of reading.When I got older and started logging on to teh Interwebz to find new reading material, I turned from my passion for fiction and began to spend a similar amount of time reading non-fiction on a wide variety of topics. History, food and nutrition, biographies, sociology, economics and current events.

Then I discovered the "blogosphere" and began my own blog after immersing myself in the forerunner of what we now know of today as the MAndrosphere. In the past six or seven years, I've probably read several hundred books regarding various aspects of what is commonly considered the "conspiracy theory" genre.

I guess you could say, I re-discovered my passion for reading "fiction" again.

In any event, long time readers of this blog are certainly familiar with all of the tinfoil hat-themed posts i've made here, inspired by all of this reading of both fiction and non-fiction (although it's become rather difficult in deciding which is which...). Thanks to my dedication for reading and writing on this topic, I even garnered an awesome and unique designation from a long time reader: I am a conspiritard! (Love ya, dana!)

As I've pointed out before, I do believe that within the "conspiracy theory" genre of books and in the fever swamps found on teh Interwebz, there exists a lot of misinformed disinformation. Partial truths, half-truths, false flag blogs and cognitive infiltrators and paid shills who flood the comment sections and forums with outright lies and deceptions....all designed to sow confusion, and bury actual facts beneath an avalanche of mis- and dis-information, all designed to hide the truth in plain site and promote the narrative that bolsters the status quo of the ESTABLISHMENT of our Brave New World Order.

After many hours of reading a multitude of sources regarding many of the more popular conspiracy theories, I've decided to offer a guidepost of sorts for the newbies who first encounter the more strange fringes of teh Interwebz.

The following are my own quick takes and perspectives on the most popular "conspiracy theories" found online. I will rate each "theory" with a simplified, three-tiered ranking system to indicate my own perspective and beliefs as to the veracity of any said theory. The rankings will consist of a numeral rating based on one of the oldest conspiracy theories of all time...

> *"Woe to you, oh Earth and Sea, for the devil sends the beast with wrath, for he knows the time is short...." - Revelations 13:18*



Reckon this...

The Conspiritard Veracity Ratings are as follows:

6 - I remain almost completely unconvinced on the veracity of this theory, there is always a possibility that it may turn out to be true, but I doubt it. Very high probability the theory is mis/dis-info psy-ops. Still an interesting topic to contemplate, if for nothing more than the lulz.

66 - I'm fairly sure most aspects of this theory are pretty accurate and fairly close to the truth of the matter, but there still exists some doubt because many aspects of the theory are unverifiable....or may be mostly true with just enough dis/mis-info inserted to discredit the entire theory. Never forget that the most effective lies are mostly based on truth.

666 - Anything I give the three - 6s rating too, is what I consider to be conspiracy FACT, not conspiracy theory.

All ratings notwithstanding, the contents of this review are simply for entertainment purposes. Anything you decide to do in reaction to any of this info is at your sole discretion, and all consequences forthcoming are your own personal responsibility. The only recommendation I have in reaction to any or all of these theories under review, is that you ensure that your tinfoil headgear fits snugly and comfortably without restricting any unnecessary blood flow, before you commence whatever it is you think you need to do.

And now, on with the review.

Theory: "There is a "New World Order" agenda being implemented by a shadow, elite government - aka 'The Powers That Be,' 'The 1%' to bring the entire planet under one World Government."

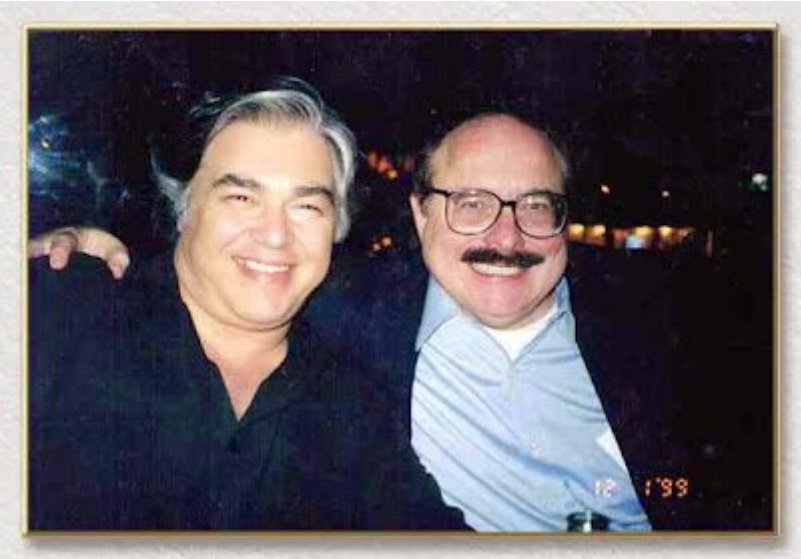


TPTB

This is the grand conspiracy of them all. All other conspiracy theories fall under the umbrella of the NWO conspiracy theory. Those of us who have studied the topic in depth have no doubts whatsoever about the veracity of this one. The real question is how do all of the other conspiracy theory's tie into how the elite, TPTB, the 1%, use either the truth or the mis/dis-info psy-ops to achieve their over-arching goals of establishing the NWO. Rather then attempt to provide corroborating links, I'll just suggest you check with Googliath with the search terms "The Georgia Guidestones." THEY, etched their agenda for our Brave New World Order in stone and erected it in the middle of an open field in USA Inc., for all of humanity to see. Let's just keep this one simple and take them at their word.

Conspiritard Veracity Rating: 666

Theory: "Feminism was deliberately pushed via Non-Profit Foundations and Corporations to get women into the workforce and institute population control."



Got RFID Chips?

The first place I encountered "conspiracy theory" on teh Interewebz was some long ago MRA/MGTOW linkage that concerned the idea that feminism was not something that "just happened" in the 1960's, but rather promoted by an "elite" shadow government with a "New World Order" agenda. The first place I ever put on the tinfoil hat, was Henry Makow's site *SavetheMales.com*, now henrymakow.ca. It has now been eight years since he first issued it, but his challenge to anyone who doubted the "conspiracy theory" of feminism he issued in his 2007 article, How the Rockefellers Re-Engineered Women still reveals the veracity of his assesment today:

> *"Google "Rockefeller Foundation" and "Women's Studies" and you'll get a half million citations."*

Also see the infamous Aaron Russo documentary on YouTube, America: Freedom to Fascism.

Google "Rockefeller Foundation" and "Women's Studies" and you'll get a half million citations. - See more at: http://www.savethemales.ca/001904.html#sthash.FulOcZTk.dpuf
Google "Rockefeller Foundation" and "Women's Studies" and you'll get a half million citations. - See more at: http://www.savethemales.ca/001904.html#sthash.FulOcZTk.dpuf
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Google "Rockefeller Foundation" and "Women's Studies" and you'll get a half million citations. - See more at: http://www.savethemales.ca/001904.html#sthash.FulOcZTk.dpuf
Conspiritard Veracity Rating: 666

Theory: "*'Project Blue Beam'* is a conspiracy theory that claims that NASA is attempting to implement a New Age religion with the Antichrist at its head and start a New World Order, via a technologically-simulated Second Coming."

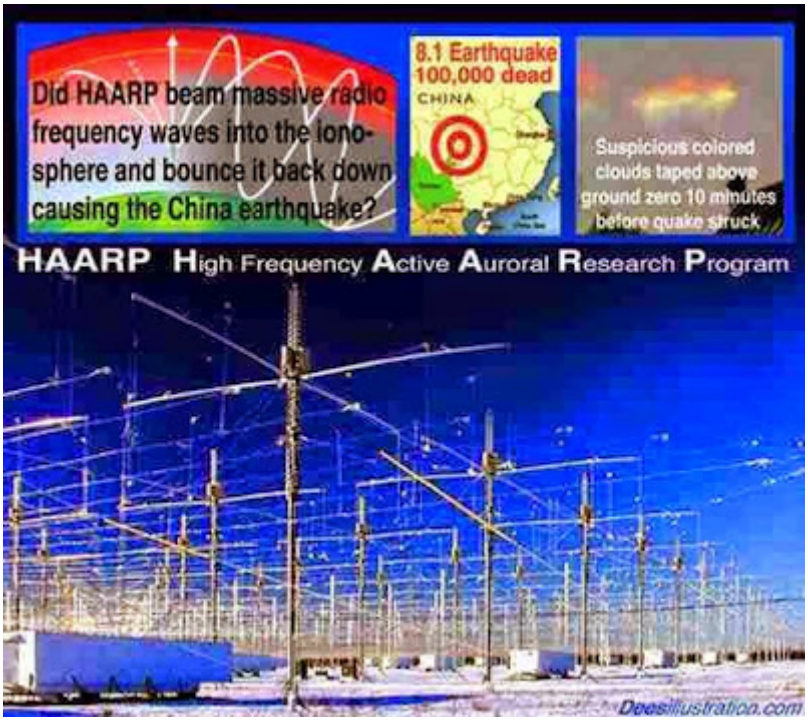


HE IS RISEN

I don't buy this one at all. Every aspect of our Brave New World Order's mass media controlled culture is focused on fostering atheism, agnosticism, paganism, "new age" spirituality and anti-Christianity in any and every form. If THEY are counting on projecting an image of Jesus into the sky to get we the sheeple to submit to their dictatorial rule, shouldn't they have been promoting Christianity and the second coming in every possible channel that they have influence and control?

Conspiritard Veracity Rating: 6

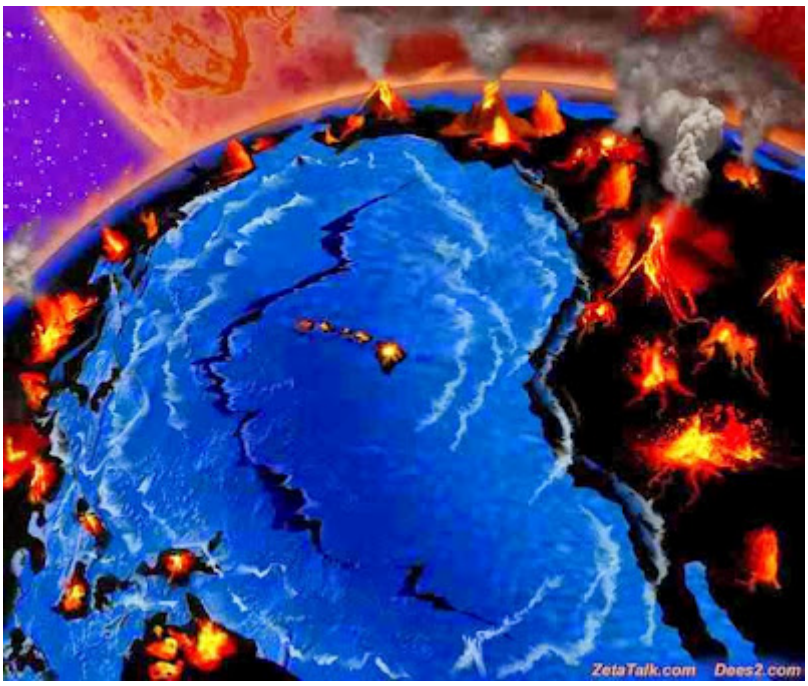
Theory: "High Frequency Active Auroral Research Program (HAARP), is an actual USA Inc., Military project that has been blamed for triggering "natural" catastrophes such as floods, droughts, hurricanes, thunderstorms, earthquakes in China, Malaysia, Iran, Pakistan, Haiti, Turkey, Greece and the Philippines, major power outages, the downing of TWA Flight 800, Gulf War syndrome, and chronic fatigue syndrome."



I don't really know if I buy the idea that HAARP can actually control the weather or cause environmental catastrophes....but due to the track record of secrecy, dishonesty and duplicity of other top secret USA Inc. military programs, I'll give this one two sixes instead of the single one I initially planned to tender here. It's not *that* far out of an idea compared to many other theories found in the fever swamps of teh Interwebz...

Conspiritard Veracity Rating: 66

Theory: "Much of the "Global Warming" issue is nothing more than a cover story for the world's governments who have been steadily preparing for an impeding natural catastrophe when the magnetic poles of the Earth flip, resulting in world wide cataclysms of earthquakes, volcanoes and super-storms that precede an impending ice age that will wipe out the majority of the world's population."



When the SHTF, it's TEOTWAWKI

Everything you need to know about this one has been covered extensively by my all time favorite doomsday prepper, Tex Arcane. That being said, I give this one three sixes simply for the fact of the matter that global cataclysms are historical fact, and the cycle of ice ages is verifiable. It's not a matter of if, but when. It may not happen in our lifetimes, but as I always say, it's better to be prepared for the worst while hoping for the best.

Conspiritard Veracity Rating: 666

Theory: "TPTB, aka the 1%, aka the elite, aka the Shadow Government, aka The Illuminati, is made up of shape-shifting reptile aliens from Nibiru - Planet X, that disguise themselves as humans to rule over the planet."



The other Lizard Queen

This theory was made famous by the infamous *David Icke*. At first glance, this makes him appear batshit insane. Trouble is, before I ever encountered Icke's "Reptilian" conspiracy, I did watch a few YouTube videos of his and read a few articles in which he addressed a number of conspiracy theory topics like the modern banking system, that seemed perfectly rationale and made sense. Then I read his theories on "Reptilie Aliens" and "Illuminati bloodlines." I am of the opinion that David Icke is most likely a psy-op agent or "controlled opposition," who's modus operandi is to basically speak the truth with just enough dis-info so that the truth he does accurately discuss is ALL branded, marginalized and dismissed as fantastic lunacy.

But then again, I can't say I wouldn't be totally shocked if we were to one day see one of our so-called leaders like our Fake President or as Vox Day nicknamed her years ago "The Lizard Queen," should one day shed their human mask on the Tell-A-Vision and announce that the Annunaki-Nephilim have taken over the Earth and all us humans are to report to the nearest FEMA camps for the Reptilians to commence an all they can eat sheeple buffet...

Conspiritard Veracity Rating: 6

Theory: "The Federal Emergency Management Agency (FEMA) has set up concentration camps in all 50 States of the USA to prepare for the breakdown of civil society and the declaration of Martial Law."



Is it camping season yet?

In researching this topic, I've found many conflicting theories as to why FEMA has set up these camps throughout the country....but I have encountered a number of sources that have verified it for me personally, that in fact these facilities have been constructed all throughout the US...but for what ultimate purpose they are designed for truly remains to be seen.

Conspiritard Veracity Rating: 66

Theory: "The entire beauty, health and skin care industry is nothing more than an adjunct of the cancer industrial complex, in which THEY seek to poison as many women with as many chemical substances as possible."



It takes a lot to look like this!

I've blogged extensively these past 7+ years here about Big Ag's industrialized FEED industry and their connection to Big Pharma, as well as other Big Chemical industry markets like, vaccines, GMO's and fluoride, so I won't be including them in the conspiritard review...but one thing I never did get around to addressing was all of the toxic substances found in all of the health and beauty products used by nearly all women, metrosexuals and other fashion-conscious sheeple in today's Brave New World Order. Needless to say, the above graphic says it all.

Conspiritard Veracity Rating: 666

Theory: "The terrorist attacks on 9-11-01 were carried out under the orders of Al Qaeda's head honcho, Osama Bin Laden, who was living in a cave in Afghanistan. His loyal jihadi operatives, trained at US flight training schools, and armed with nothing more than box cutters, hijacked four US Jetliners and crashed them into the Pentagon and the World Trade Center, because they hate us for our freedoms. And, oh yeah, Islam is a religion of peace."



Osama Bean Laden

Oops, this is not a conspiracy theory, it's the official narrative of what happened on that day. Sorry, I guess I forgot....

Conspiritard Veracity Rating: 6

Theory: "Chemtrails are long-lasting trails left in the sky by high-flying aircraft are chemical or biological agents deliberately sprayed for sinister purposes undisclosed to the general public."



"Oh beautiful, for gracious skies..."

Although familiar with the topic, I never thought too much about this particular conspiracy theory, until I visited the West Coast USA Inc., last summer, where I watched planes flying at a high altitude create a grid work of patterns across the sky, from horizon to horizon over the city I was visiting. These trails took many hours to dissipate into a gray, overcast sky. As I watched it, I thought to myself, "Damn, Infowars and all those other sites were right! Those are NOT contrails." Living in Hawaii where I see commercial and military jets take off, land and fly over my islands every single day, I have never seen "contrails" that take hours to dissipate into a gray, hazy, overcast sky like I saw that day.

I only give this theory two sixes, simply because while I believe my own lying eyes - they are spraying SOMETHING up there, and it 'aint regular contrails...for what purposes, it still is hard to ascertain. Conflicting theories cite anything from deliberate poisoning of the masses to trying to geo-engineer the climate and fight "global warming." In any case, THEY are spraying something way up there...

Conspiritard Veracity Rating: 66

Theory: "Everything broadcast on the Tell-A-Vision is nothing but a weapon of mass distraction, designed to keep we the sheeple distracted and influenced to be mindless, passive, unhealthy and dumbed-down consumers."



We now return you to your regularly scheduled programming...

If you're a regular reader of this blog, you already know what rating this one's gonna get.

Conspiritard Veracity Rating: 666

Theory: "It's not Reptile Aliens, it's THE JOOOOOOOOOOOOOOOOOOSSSS!"



Last known picture of Joel Stein...

There are many, many volumes of books and articles that discuss this most verboten of all topics of on teh Interwebz. In multiple countries throughout the world, there is no free speech regarding various aspects of this topic, with a number of people having been thrown in jail for doing so. For the full details on this particular theory, have a looksee at Encylopedia Dramatica's take that is a somewhat over-the-top (dramatic!) treatment on the topic of "The Juice."

Conspiritard Veracity Rating: ✡

Theory: "That Hawaiian Libertarian blogger is a misogynistic, whack-job conspiracy theorist who obsesses over food magic. Nothing he blogs about should be taken seriously, only visit his blog if you want to get a good drive-by laugh at the ravings of a conspiritard lunatic!"



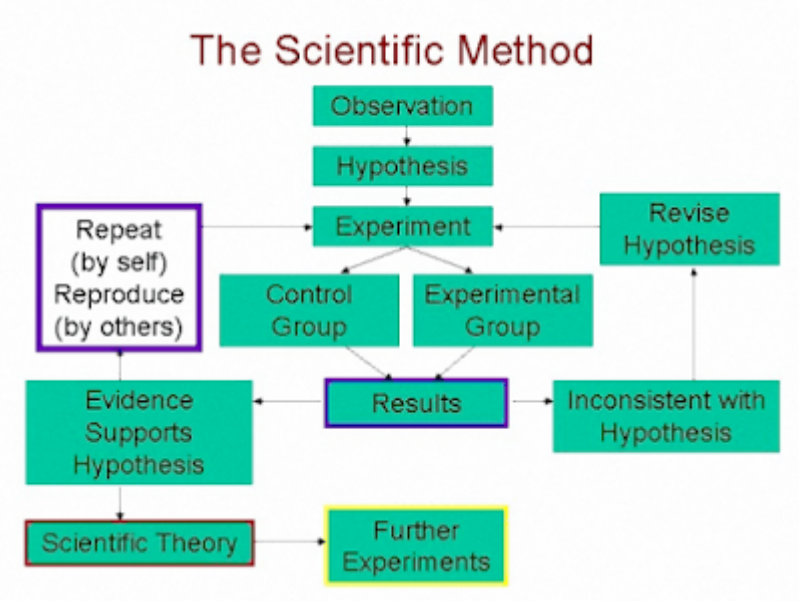
Who is Keoni Galt?

Aaah...at long last, we come to the end of the review. We tackle the ultimate conspiracy without the theory. The final expose of the man who would be the standard-bearer for resisting the Brave New World Order's zeitgeist of loose change and illuminated shrieking. Pay no mind to the man behind the curtain...he's going his own way. You should too.

Conspiritard Veracity Rating: 777

In the Name of Science

Keoni Galt · 18 May 2015 · Archived copy · Original



From the SpearheadFiles
December 9, 2009

Lies, untruths, misconceptions, deception, propaganda and misinformation. These are all primary characteristics of our modern mass media "news" and "info-tainment." Of course, the best way to pass off all these illusions as reality is to always make these claims on the basis of unquestionable authority. It used to be the rulers of any given society used the concept of "GOD" or "GODS" to utilize the appeal to unquestionable authority to get their subjects to do what they desired of them.

Whether you believe in religion or not, one cannot look at human history and ignore the role of religion as social and behavioral control by the power structure of the church/state. Indeed, the rulers of any society have always understood the role of playing to people's beliefs to manipulate and control their behavior.
The biggest illusion that has been effected by the rulers of our current dystopia is the delusion that we live in a secular society that has separated church from the State, and that we are all better off for it.

No, what has actually been done, was to delude the masses into accepting a NEW church and State power structure…and that "church" is the idea of SCIENCE playing the role of being the ultimate arbiter for guiding human behavior. Where the rulers of the past wielded authority "In the Name of God," we now live in a world where the dynamic is exactly the same – but now the appeal is "In the Name of Science." But it's all a grand lie.

There are observable truths and reproducible results to testing hypothesis, that most of us recognize as the foundation for the "Scientific Method." Indeed, you won't find me trying to argue that there are many things mankind understands, and many technological advances that have been engineered and invented thanks to the rigid application of the Scientific Method by intellectually honest scientists.

The "grand lie" that is promoted by politicians, Government agencies, corporations, foundations, and of course the mainstream media, is to get the masses to believe something has been proven by scientists using the scientific

method. In many cases, it's really just a rhetorical sleight of hand…a shell game.

Here are some common phrases used by the media/Government/Corporate Commercial interests to play this game of subtle mind manipulation:

"Research has shown…"
"Studies indicate…"
"The latest research…"
"A brand new study…"

The real problem here is that in many cases, a very real study using a very rigorous application of the scientific method to produce a testable result that either proves or disproves a hypothesis has been done. Many great discoveries, inventions and revelations have helped mankind by doing exactly this. But in many of these cases, the scientific method was NOT used.

Actual research using a control group and double-blind studies have **not** been conducted. Many times, what is done, is to use "statistical analysis" of data and information that either was gathered for some other study, or a deliberately misleading study was conducted, designed from the start to reach a predetermined conclusion.

Then, when the latest corporate press release, or public service announcement by the Government or some non-profit foundation is made, it uses those types of aforementioned phrases…and the average, dumbed down sheeple consumer mindlessly accepts those pronouncements as "SCIENTIFIC FACTS" and they unwittingly and naively change their behavior based on what becomes conventional wisdom…

…all IN THE NAME OF SCIENCE.

If you recognize the truth in what I just wrote, you can actually step back and look at so many assumptions, ideas and things that you "just know" and realize that this subversive mind control has in fact been carried out on us in virtually every aspect of our modern, 21st century lives. It IS the defining zeitgeist of our Brave New World Order.

I've come to this realization through an intensive personal effort to research dietary truths out of a desire to attain better health and physical well being for myself. Doing my due diligence in researching this, I do believe I've seen exactly just how far this rabbit hole does go.

Before I was able to comprehend the scope of the deception and manipulation, I had to first wake up to the fact that by following the "conventional wisdom" was making me become exactly what I was trying to avoid in the first place – fat, overweight, out of shape and in poor physical health.

Throughout my entire 20's and early 30's, I was what I THOUGHT was a conscientious, healthy eater. Yet over those years, a slowly but surely kept gaining weight until I reached the point of either figuring out how to lose weight…or begin to start shopping for a new wardrobe to fit my expanding waist.

That truly was the very beginning of my journey into awareness, culminating in the realization that we do in fact live in a world of deliberately promulgated delusion to lead us all astray for the benefit of those who would promote such lies.

Here are a few of the lies I unquestionably accepted and followed when I thought I was eating "healthy:"

– Red Meat is bad for you.

- Saturated Fat is bad for you.
- A Plant-based diet, or being as "vegetarian" as you can - is optimal.
- That "Greasy" food is why so many people are obese and sickly.

To summarize what I learned — before I delve into the details here – THE biggest corporate business interest in the world besides "BIG OIL" is "BIG AGRICULTURE."

And their influence on the Government, the mass media and society as a whole and their beliefs regarding diet and nutrition is far reaching and ubiquitous. It has hopelessly corrupted the medical and healthcare industries. It has hopelessly corrupted the Government. And a wide variety of interests have profited immensely from this, while literally millions of people have suffered ill health, disease and death because they THOUGHT they were following the dietary wisdom promulgated IN THE NAME OF SCIENCE.

To make a long story short, my research on the internet lead me to the principles of a "Primal" or "Paleo-lithic" diet. Lots of animal meat, and loads of saturated fat, no processed foods, no sugars or vegetable oils, and limiting carbohydrates to lots of deep green vegetables.

The idea that I could eat bacon and eggs and cheese and ham and sausage every day, along with generous heaps of full fat sour cream, full fat yogurt, lots of butter, and heavy cream in my coffee and LOSE weight blew me away. I couldn't get passed my indoctrinated programming at first. Everything I read was counter to all of the accumulated "wisdom" of dietary conventional wisdom I'd been indoctrinated with over the years. I used margarine instead of butter. "Lite" coffee creamer. "Lite" sour cream or sour cream substitute. Everything I bought and ate was "Low Fat" or "Non-Fat" or "Lite." I would eat Turkey Bacon, and use ground turkey for any food recipes that called for ground beef, under the notion that lean, low-fat meat was healthier. And I would go for days at a time eating vegetarian meals, eschewing meat and fat, thinking I was eating healthy.

And yet I kept getting fatter and fatter.

And it's not that I was a lazy gluttonous slob either. I've been physically active my entire adult life…I work out a minimum of 4 times a week, often times 6 days a week. And yet the more "plant based" I tried to make my diet, and the harder I worked out, the fatter I continued to get.

So at first, upon discovering "Primal" dietary advice, I was very hesitant to try it out…but I eventually did. I began to eat a high protein/high saturated fat diet, while limiting my carbohydrates, sugars, vegetable oils and eschewing almost all processed, packaged foods. And I lost over 40 lbs. in a 3 month period.

And yet…I STILL couldn't believe what I was seeing on my bathroom scale or in the mirror. Part of me would think "Ok, I lost all this weight…but aren't I clogging my arteries and setting myself up for high cholesterol, heart disease cancer and diabetes?"

Than I REALLY began to do my research…and here's where we really get to the meat of the matter (pun intended!)

Let's start with this idea often cited by articles, PSA's, and news stories – that Red Meat causes cancer: From the National Cancer Institute

The first graph displayed on that page purports to show the amount of meat eaten by individuals that participated in the survey. From the reference to that first graph, I'm able to google up the website of the source of that questionnaire used to generate this graph…which is the basic means of gathering information used for the statistical

analysis that eventually lead to “experts” promoting the propaganda that red meat causes cancer.

Here’s the actual questionnaire (PDF) used to gather the data.

The food frequency portion of the questionnaire begins on page 176 of the PDF document. Here’s the standard question structure used for all of the questionnaire’s survey on food:

> *During the past year or so, how many times per day, week, month or year, did you usually eat/drink {food or beverage}:*
> *____ Times per (check one) __ Day __ Week __ Month __ Year __ Less than 6 a year or never*

How can such a study take a generalized question structure like this and even hope to get “accurate” data, to recommend making such life changing behaviors to people? Can YOU remember how many times you ate steak in the past year? Hot Dogs? Pizza?

Furthermore, there is almost no distinction between quality of food! It asks about fried foods…but no distinction about what oils it is fried in nor at what temperatures (who could remember that anyways? Do you know what kind of oil your french fries were made in a year ago at that one McDonalds you had lunch at?)
It asks about food like Pizza. Is there not substantial difference between cheap, frozen pizza versus home-delivered vs. home made? And is not the toppings of a pizza, and the ingredients for the crust extremely variable?

It asks about how many times a year a person ate “Hamburgers, Cheeseburgers or Meatloaf.” Again, the ingredients used to make these food items could be extremely variable.

And I didn’t even get to the validity of bias selection in this survey. Look at the entire size of this survey. Frankly, I’m stunned that they supposedly found 500,000 people that willingly sat there for the amount of time required to fill out this questionnaire in it’s entirety.

Finally, no matter how accurate these self-reported results are, can you not see the very fundamental flaw regarding the methodology?

That one could supposedly look at the sum totality of a reported diet, and point to red meat as the culprit?

Yet this is *precisely* how all of those claims you encounter that red meat or saturated fats are bad for you…they do not conduct a scientific study using a control group and feed one group a lot of meat and saturated fats, while another group eats a vegetarian diet for a long period of time and than figure out which group had higher rates of cancer and/or heart disease. No, that would be an actual scientific experiment.

No, what we have here is essentially a marketing-style survey and a statistical analysis. What was that saying again about there being lies, damn lies and than there are statistics?

This is precisely why every time you hear/read/see reports that promote the idea that red meat or saturated fat is a health hazard, they always use weaselly qualifiers:

*“Researchers have **linked** high intake of fat from red meat and dairy products with **increased risk** of pancreatic cancer, in a study published in the Journal of the National Cancer Institute.”*

Or

*"Research **has shown** that people who eat a diet free of animal products, high in plant foods, and low in fat have a **much lower risk** of developing cancer."*

So remember folks…the next time your in the grocery store, don't forget your plant-based high fructose corn syrup, your plant-based soybean oil margarine, your plant based, fortified cereal and your plant-based soymilk and your plant-based potato chips fried in plant-based cottonseed oil…you wouldn't want to eat real food like meat or dairy and get cancer!

Notable Commentary from the Original Post

Chuck December 9, 2009 at 03:25

I have been assailed by a number of foreign co-workers who chastize me every time they see me eating KC strip steak and even chicken. They are vegetarians and have even converted my girlfriend.

I don't usually rely on personal anecdotes to prove points to myself, but I'm healthier than all of them despite my "crappy" diet so I have always figured that the "red meat is bad" meme isn't necessarily true.

What are some facts I can point to concerning red meat's health? Also, what about cholesterol and overall heart health? One thing I've questioned about the Paleolithic Diet is that in our "savanna" days, there likely wasn't as much red meat around as there was game and fowl. Is it not possible then that we aren't efficiently adapted to handle red meat?

Fascinating subject.

piercedhead December 9, 2009 at 03:47

An interesting thing to consider for those wanting to go on a plant-based diet is the effect it has on the bowels.

Compare the grass-eating cow to the meat-eating dog. Cow turd is usually a paste-like substance that is often ejected at high speeds and the cow's rear-end is a mess. If dairy farmers didn't hose them down every day there would be a thick build-up of drying crusty material.

Dogs have small, compact solid poop. It tends to clear easily and dogs don't suffer from dags like grazing animals.

The very same effect occurs with people, based on what they eat. If you go on a plant-based diet, prepare yourself for something similar to continuous diarrhea and gas.

Paul December 9, 2009 at 03:59

The above article is very perceptive. I think I would go further. The so called scientific method is applied to things that are in essence 'non scientific'. For example measurements that involve people answering questions can hardly be said to be scientific. Recently there was much discussion as to whether people where happier that before. But how can such a question be answered ? How can I judge if I am happier? Happiness can not be measured with am

happiness meter. I can only only give an opinion at an instance that could well be different tomorrow.

Although this is perhaps not the best example that could be given it illustrates what I am trying to say. There is world of difference between measuring the charge on an electron and measuring happiness.

I think herein lies the root of the deception. This deception is to think that the rigour and success seen in the physical sciences is some how paralleled in all the other things that misappropriate the scientific badge.

But the author is right. Claiming something is 'scientific' has the same effect as saying 'God says' in so much as we are still in effect having to take things on faith. Few if any of us will have any idea what so ever as to what the science was, we merely take the word of scientist who have become the new oracles.

One can exercise judgement in these things. I would for example accept the word coming from the Hadron accelerator should they claim to have seen the Higgs particle even though I did not do the experiment myself. But I would not put any such faith in much else that I am told.

djc December 9, 2009 at 04:21

I suspected all of this as a child. And now that I'm older, I know it's true. Just about everything is complete BS. It's like living in the Matrix. Most people I talk to about this stuff think I'm crazy, or just have a negative attitude. After all, they couldn't possibly be dumb enough to have the wool pulled over their eyes. Yeah, right.

Krauser December 9, 2009 at 04:32

My favourite pithy observation on this topic:

We should invert the usual term and call it "policy-based evidence making"

And don't say good things about science. It just devalues women's ways of knowing. You sexist.

Zammo December 9, 2009 at 05:11

What, you guys don't know that logic and reason are tools of the patriarchy used to oppress women?

The scientific method hits women hardest.

ramzpaul December 9, 2009 at 05:20

I happened to do a video concerning this topic and "climate change."

http://www.youtube.com/watch?v=CCXmNmGyPSs

Wobs December 9, 2009 at 05:54

And yet in the book Why Men Don't Iron, it points out that men have more need for red meat than women. And at a time when we are all told that we should eat less red meat (with little evidence to support it), it seems we are moving to a diet that fits the female rather than the male. z.g. December 9, 2009 at 06:17

The more I research the diet, the more I come to the belief that the food industry has shaken hands with the medicine industry.

My friends who look at me like I am a freak when I eat that beef in coconut oil, and make jokes about my diet when I refuse the pizza on the table are sick once, twice a month for few days, beer gut, wheat gut, or they are skinny, unable to pack on muscle.

Their skin looks older than mine, though I am the one who is five years older, their body proportions are more like a child's than a man's.

I tell them about evolution, they say "but" I tell them about grains, they say "but" Whatever I tell them, I get a "but".

the proof in front of their eyes is not seen by them.

Sixpack, shining skin, horniness through the roof, mental stability, strength, no sickness…

But no.

We need grains, we need potatoes, bread, pasta, I eat too much meat, the coconut fat is only good as a skin cream and so on.

I am healthy, you are sick.

what else is there to prove?

These, incidentally are the same people who are unwilling to look at female sexuality from a red pill perspective.

Guess to open your eyes to anything else than what you've been brainwashed needs the out of the box thinker.

(Anyway, I have noticed socialism, vegetarianism, feminism etc, are fully suitable for in box thinkers)

There is a new google groups called "Libertarian paleo" or something like that. It makes sense.

Good luck finding many lefties in game too.

Out of the box. you got to be thinking out of the box.

Kevin K December 9, 2009 at 06:32

I have some quibbles with this. One, the FDA always makes a point of making a distinction between whole grains and refined carbs. In particularly, they've always defined refined carbs as "empty calories." Trying to blame scientists (or more accurately nutritionists and physicians) for people think pasta and white bread is better than

meat is disingenuous. People don't generally get fat on whole grains because they don't taste as good.

Second, there are lots of things in science where its just impossible to do a "double-blind" experiment, but there different avenues to convince yourself you understand what's going on. For instance, we have lots of models of star structure based on nuclear physics data and knowledge of gravity, but you can't build a star in a lab. You just have the radiation spectrum and astronomical data to go by. Similarly, the whole field of medicine is confined by the hippocratic oath. There is only so much experimentation you can do on humans and medical records are only so good for analysis. Saying that you need double-blind experiments to believe anything is to basically throw away 50% of what we know about medical treatment.

Black&German December 9, 2009 at 06:35

The God-focus was better because it was based upon 2000+ years of human experience.

We also switched from a plant-based diet to a traditional Bavarian diet a few years ago. My children were too skinny and my husband and I were getting fat. The kids are at a healthy weight now and I'm steadily losing weight (although, like you I'm surprised by that fact). My husband was also for a while, but lately he's been hitting the baked goods a little too hard, LOL. He's a carbo-junkie. Ah, the dangers of Advent.

Butter, meat, whole-grain sourdough bread (home baked), oatmeal, eggs, whole milk and dairy, and vegetables on the side. It's more filling so I eat a lot less and don't have less cravings for sweets like I used to. I also have a heck of a lot more energy so I'm more active. Before I had trouble even getting out of bed in the morning.

Black&German December 9, 2009 at 06:46

Kevin,

I see your point, but it just means that you have to take the results with a grain of salt. Even within medicine it is not uncommon for 5 different studies to reach 5 different conclusions. That doesn't mean that the information gleaned is useless, merely that it is not conclusive.

I agree about whole-grains (and legumes, for that matter). They are an important part of a nutritional diet as they provide nutrients and fiber that are difficult to get otherwise. But they should be in addition to meat, not as a substitute.

Phoenixism December 9, 2009 at 08:25

Excellent.

The self-destructive dogma which the food industry has inculcated through generations of consumers is so deeply ingrown that I don't see a way out of this mess for a long time.

For my part, all I can possibly do is attempt to teach my 12-year-old son important points of nutrition (which are counter-intuitively shocking to someone as he). Sure, like any boy his age he loves to eat his fair share of crap, but I think I've begun to break through the armor since the food matrix never had a chance to seize him completely.

At his age, self-preservation is not priority #1 but I just hope as he gets older that I've taught him some habits which will allow him to prosper while his non-fat milk / diet soda – drinking cohorts are starting to falter.

Thanks for the links – also, check out:

"The Omnivore's Dilemna" an interesting insight into our food culture's slow surrender to the dangerous food industry

"Eat Stop Eat" an e-book by Brad Pilon on the mechanics and practice of intermittent fasting.

Reinholt December 9, 2009 at 09:05

Regarding studies…

Most find random chance. There is an infamous paper that I occasionally rattle the cages of scientists with about just how few medical studies turn out to be true…

http://www.plosmedicine.org/article/info:doi/10.1371/journal.pmed.0020124#JOURNAL-PMED-0020124-B36

The results, surprisingly, generalize to many other fields.

Science is fraught with problems of bias; my lone caution would simply be that I have noticed it is also a very common error to assume that if one group's argument is wrong, then the opposite conclusion must be true.

Most of the time, we just don't know.

Firepower December 9, 2009 at 10:55

"Science" has made the critical error of degenerating into politicized arguements as religion does.

Dogma is believed by no one but its adherents.

The very fact that flow chart needs to be constantly emphasized even in "The Internet Age" indicates the complete failure of common sense, not to mention true science.

Watch TV

Mr.M December 9, 2009 at 11:02

Keoni,

have you had your cholesterol/blood pressure/glucose levels checked recently? I figure that would pretty decisively answer anyone's concerns about the effect of eating so much saturated fat.

Personally, I've only been eating Paleo (Keto, more specifically) for ~1.5 months, but lost 15 lbs pretty easily (no loss on weight strength) – my main concern was the effect eating 8 eggs/4 strips of bacon/3 tbsp of butter or oil/1lb

of meat daily would have on my cholesterol.

Tested myself yesterday and came back with 160 overall cholesterol and 44 HDL (they oddly didn't test LDL/triglycerides); which are considered "healthy" levels. Blood pressure/pulse/glucose were in the norm, too. Still 20lbs from my target weight, as well.

Anyway – It was interesting to reconfirm the paleo theories through actual tests; I'll admit it, I was slightly worried my cholesterol would be through the roof. This just further solidified my belief that conventional wisdom is all bunk. Hestia December 9, 2009 at 11:43

Tested myself yesterday and came back with 160 overall cholesterol and 44 HDL (they oddly didn't test LDL/triglycerides); which are considered "healthy" levels. Blood pressure/pulse/glucose were in the norm, too. Still 20lbs from my target weight, as well.

My dad had similar results after switching to a more fat rich diet. Prior to the switch he had actually had blood pressure and cholesterol levels that were on the rise and his doctor was bringing up the possibility of medication. Afterward his levels were healthful again and his doctor can't believe the change.

My husband and I have also had good tests post-diet switch, but that's hardly impressive as we're in our twenties, keep fit, and likely wouldn't be experiencing high blood pressure at this point in our lives anyway. ;) Both of us have difficulty keeping weight on with this fat-rich diet and we're both in much better physical shape than we ever have been. And

FWIW, I ate the high fat, low carb diet during my pregnancy with our daughter. She wound up being born early at thirty five weeks but was six pounds, 21.5 inches long, and required no time in the NICU. Her intervention and pain med-free birth was ridiculously easy for me, especially as a first time mother and I never had any supply issues while breastfeeding, despite the fact many women do struggle with this. Peapod has eaten this way her entire little life and has been ill twice; once with an ear infection after our house fire last year and another time with a slight cold and fever for twenty four hours. While I can't say the diet was the primary factor in any of this, the research I have done on nutrition would lead me to the conclusion a proper diet has played at least a small part.

lurker December 9, 2009 at 12:03

Interesting.

I remeber back in school I would eat a pint of ice cream for dinner after a light lunch, or else eat large meal from Burger King. Nothing more. I lost a ton of weight and was fucking like a mad man. When I attempted to get onto a "normal" diet, my energy plummted and I gained weight.

menareangrynow December 9, 2009 at 12:10

I did the vegetarian thing for a year or so, and after having done it, I don't know why it's so popular. If you think about it, all it is is an incredibly unbalanced diet, which is reliant on only a few food groups, and ignores the other ones completely. Some of the healthiest regions in the world are that way, not because of eating fatty foods; but, because of getting enough exercise to burn all of the fat, and utilize all of the energy from those calories. To be healthy, eat hearty to be strong, and be active to be well; that's my two cents.

Gx1080 December 9, 2009 at 12:14

Tacking “An studio shows” to orders to the cattle isn’t much different to tackling “It’s God’s will”. The former offends me because is a mockery to the scientific method, the latter really offends me because is a basic violation of faith in God:

You shall not take the name of the Lord your God in vain, for the Lord will not hold him guiltless who takes His name in vain

And why I am not surprised that bread based-diets are a lie.

Tarl December 9, 2009 at 12:29

I’ve been eating paleo for about 4-5 months and have lost 25lbs even though I’m not all that hard core about it. Have a checkup coming up next week, and will see then about cholesterol levels. =)

The most painful thing was giving up pasta. I love Italian food in all its forms!

Jabherwochie December 9, 2009 at 13:11

“One thing I’ve questioned about the Paleolithic Diet is that in our “savanna” days, there likely wasn’t as much red meat around as there was game and fowl.”

Actually, meat is what allowed our brains to evolve so fast into our modern human intellectual capacity. The brain consumes some 30% of our caloric intake. Once we, as monkey men, began to hunt, boom, the IQ race took off, and the smarter monkey men wiped out the less smart monkey men. Once we evolved into our modern homosapian form, we were already excellent hunters. It was the primary task of males to hunt. We did clever things, like chase down deer. How? Endurance. As a bipedal animal with not hair, running is more effecient and our heat regulation is superior. A deer might be able to run twice as fast as us, but on the plains where we could see them in the distance, we could run 4 times as long as them. Eventually they would collapse in exhaustion and we would walk up to the and spear them. Easy peasy. We would chase herds of animals off of cliffs. Mucho meat. Taking down one mammoth alone provided meat for large numbers until the meat went bad, and in the cold climates it could last a while longer. Remember, we were hunter gatherers, and as a super predator, we hunted and ate everything. We had lots of meat. Agriculture changed that. We are meat eaters who should supplant our diet with fruits and vegetables. Grain stuff is the new tech. Its the stuff we are less evolved for.

Jabherwochie December 9, 2009 at 13:12

I should say red meat was common. We hunted larger animals mostly. The junior cavemen probably brought in foul and fish. The grown men went for the largest animals possible. We are humans. We think big. We act bold.

Jabherwochie December 9, 2009 at 13:13

This is somewhat speculative and somewhat based on analysis of evolutionary biology. I think we had plenty of meat up to 4 or 5 thousand years ago.

Jabherwochie December 9, 2009 at 13:14

Maybe 6 to 8 thousand. When was agriculture invented again?

Jabherwochie December 9, 2009 at 13:22

I would add, that status already plays an important role in primate groups. Following that logic, the caveman who brought in the biggest game gained the most status. More red meat, more alpha.

Welmer December 9, 2009 at 13:27

Meat isn't a big problem. However, the kind of meat we eat today is definitely different from what your typical paleolithic hunter consumed. The game was lean and tough, which is why cavemen really craved marrow, brains and organ meat. Fat was the delectable ingredient that everyone wanted, and fat from wild animals and fish tends to be higher in the healthy lipids than it is in corn-fed beef.

InternetWood December 9, 2009 at 13:31

Today's feature from the Internet…….

is this thread. Specifically the advice about what to eat. Might as well read them all.

Can we have a Nutrition category for the Spearhead? With specific threads for specific diet advice?

Black&German December 9, 2009 at 13:37

10,000 years ago, I think.

Cholesterol gets a bad rap sometimes, too. There's nothing wrong with cholesterol and it's important for our brains to function optimally. It's only when cholesterol levels get out-of-whack that it's a problem.

My son's behavior has improved dramatically since we increased the fat and cholesterol in his diet. I think he was undernourished before. If he starts acting up I just give him a slice of bread with a thick layer of butter on top, a chunk of brie, or a bowl of nuts and he calms down immediately. He looks much healthier now, too. But we're all physically active, as well, which is important.

Black&German December 9, 2009 at 13:39

Buffalo meat is a good alternative to industry beef. So is wild game like deer. We buy free-range beef from a local farmer in bulk. That stuff is soooooo good.

Globalman December 9, 2009 at 15:05

pretty much all mainstream scientists are guvment shills…period.

Chris December 9, 2009 at 15:52

The anti meat kick people get on is always amusing. If you actually look at nature you'll see animals……eating meat……all the time. Eating meat is natural, there is nothing wrong or unhealthy about it. In fact it IS healthy.

There are 2 problems which causes people to think somehow eating meat is unhealthy. The first is a problem that goes for food in general: We consume way more food than we need. We do not eat simply for survival or what is necessary. We eat all the time and consume more than our bodies are made to handle. We eat just to eat, bc we're bored or upset or just bc there's food around. It's not so healthy. Especially when you are eating just a narrow minded selection of food.

The second problem is that most meat people consume is absolute garbage. It is made from animals that are made sick, injected with endless hormones that are unhealthy and then saturated with endless chemicals some of which are made to simply cause people to be hungry and become addicted to the crappy food. So when the subject of meat being bad is brought up, it is not the fact that people are eating meat, it is what type of meat they are eating.

anonymous December 9, 2009 at 16:58

Nothing at all here worthy of The Spearhead. It's not that you're wrong, it's that you're off topic – far, far off topic. And wrong.

Phoenixism December 9, 2009 at 21:01

anonymous, wearing blinders? Focusing on the physical health of the specimen is off-topic?

@Black & German…buffalo must be grass-fed by law. If they were corn-fed like the rest of the bovine industrial food chain, their flesh would be shit too.

Dan December 10, 2009 at 01:53

Thanks for the read, it's nice to see a post regarding health on here! If you haven't read it already, In Defense Of Food is a great book exactly on this topic. Many of the same points you made have been spelled out in the book as well, with quite a depth of information to go alongside.

Black&German December 10, 2009 at 10:35

Phoenixism, I know. We buy grass-fed free-range beef from a farm just down the street. And it is of excellent quality. Superior to the buffalo, even. But I find the leaner buffalo meat makes better burgers.

ElectricAngel December 10, 2009 at 13:01

A few thoughts. Back in 2001, I did Atkins. Bacon (from ethically raised pigs only, please, no factory-fed hogs!), steak, cream in my coffee but no milk or half and half, salad, but nothing that was carb-heavy. I lost weight, gained energy, and my blood numbers went the best that I have had them since then: triglycerides (these are the important numbers, moreso than cholesterol) in single digits, cholesterol and blood sugars very low. The diet does not seem to be as female-friendly; my wife could not handle the meat.

Red meat can well cause cancer, if consumed without fiber. That salad in the Atkins diet is as important as the meat consumption. Without enough fiber to push through, waste sits too long in the intestines, a major risk factor for increased rates of cancer.

Lastly, in the 10,000 Year Explosion, the authors offer a number of plausible scenarios in which agriculture has changed human evolution. One I recall is that the landed aristocracy in societies like ancient China essentially "raised" peasants, seeking those who could live on a high-plant diet and be docile, and so essentially "selected" for people who could survive on plant-based diets. When Ancel Keys and researchers were looking for people who had low rates of heart disease, the descendants of these Chinese plant eaters were one group, and so they pushed the plant-based idea for Westerners. This is an absolute disaster, as one thing the authors point out is that the Proto-Indo-Europeans likely conquered so much of the planet (one third to one half of the planet speaks an Indo-European language) because they had a gene that allowed them to digest lactose into adulthood; this allowed them to outcompete people who had to kill their grazing animals, as milking grazers makes for a more efficient conversion of land to protein. (It also turned them into "mampires.") Going primal might also reflect genetic differences in races, with only Caucasians and some Africans (Masai) benefiting from milk and protein-heavy diets. (There's also an ancient story here of Cain, the farmer, finding his diet unfavorable to God, but nevertheless killing off his grazer-brother and providing the excess sustenance needed to found a city.)

Trouble December 10, 2009 at 13:14

Vegetarians always want to put out the claim that they're healthier than meat eaters. But it's a false equivalency. Most vegetarians live a healthier lifestyle overall than meat eaters. Most of them don't smoke, or drink, and they jog to nowhere. Nonstop. Forever. Put up a veggie against a paleo with the same lifestyle and it's no comparison. The paleo is stronger and healthier.

Keoni Galt December 10, 2009 at 14:32

@ Chuck – What are some facts I can point to concerning red meat's health? Also, what about cholesterol and overall heart health?

For Cholesterol, I would refer you to The International Network of Cholesterol Skeptics.

Also, Dr. The Cholesterol Myths: Exposing the Fallacy that Saturated Fat and Cholesterol Cause Heart Disease.

As for the health benefits of red meat…well, when it comes to grass fed as many others have pointed out here: When selecting beef, grass-fed beef that has NOT been "finished off on corn" is definitely your healthiest option as it is:

*A natural source of healthy omega-3 fats – Omega-3s in cattle that feed on grass is 7 percent of the total fat content, compared to just 1 percent in grain-only fed beef. It also has the optimal ratio of omega-6 to omega-3 fats (3:1)

* High in CLA (Conjugated Linoleic Acid); a fat that reduces your risk of cancer, obesity, diabetes, and a number of immune disorders

* Full of beta carotene

* Loaded with over 400 percent more of vitamins A and E

* Virtually devoid of risk of Mad Cow Disease and E. Coli Bacteria.

@ Mr. M – I haven't done my bloodwork recently…but when I was about a year into my lifestyle change (while I do call it the "primal diet" it's NOT a diet. It's a way of life.), I did get my blood work done out of curiosity.

My results were – Total Chol: 255 Triglycerides: 122 HDL: 63 Calculated LDL: 168 Cholesterol/HDL ration: 4.0.

So according to conventional medical wisdom, I have a HIGH risk in total cholesterol, high triglycerides…but my Total Cholesterol to HDL ratio as way below average risk for heart disease. In short, as the primal diet proponents preach – elevated cholesterol levels don't matter, as long as your HDL is much higher than your LDL, the HDL will protect you from any buildup of LDL.

Another factor that is also not tested for in typical cholesterol testing is the size and density of the LDL. The small, dense particles are the type implicated in clogging of arteries.

Oh, and unless they run a more expensive test, LDL cholesterol is calculated rather than actually measured. To caldulate LDL, they use the Friedewald equation. This will lead to an inaccurate result if you're a "primal eater" and your triclyceride levels are either below 100 or above 400 mg/dl. One of the biggest proponents of Primal eating is Dr. Michael Eades, and his blog "Protein Power" has a great article about cholesterol, the measuring and LDL and about the use of the Friedewald equation would make for an inaccurate reading of ldl for people eating a Primal Diet .

@ z.g. – This is EXACTLY my experience. Even for people that literally saw me lose all that weight and seen the differences in my physical endurance and capabilities…they still can't believe all that saturated fat and protein I eat are "good" for me. However, after cooking food for some friends using coconut oil, and grass fed beef and whole milk, unpasteurized cheeses…they are admitting to me that my food was better than most restaurant food they eat.

@ B&G – I eat Buffalo meat all the time as well. It makes for fantastic burgers.

@ Chris – There are 2 problems which causes people to think somehow eating meat is unhealthy. The first is a problem that goes for food in general: We consume way more food than we need. We do not eat simply for survival or what is necessary. We eat all the time and consume more than our bodies are made to handle. We eat just to eat, bc we're bored or upset or just bc there's food around. It's not so healthy. Especially when you are eating just a narrow minded selection of food.

Chris, while I agree wholeheartedly with your second point, this first one you made is faulty…when you eat a natural, saturated fat laden foods, your body signals you are full when you actually are. Once you eat naturally, you literally reach the point for which you simply CAN'T overeat. I eat until I'm full at every single meal. The difference is, when you eat a lot of carbohydrates, your body doesn't recognize it as essential nutrients so your satiation signal doesn't work properly. This is why you can eat a huge plate of pasta or noodles (or rice or bread or mashed potatos) and still feel hungry. So you keep eating. Than a few minutes later, you suddenly get that "stomach is gonna burst" feeling and you just want to lie down and pass out. That's because you've overeaten because the

carbs don't trigger your "full" signal properly. Eating a diet rich in healthy meats and fats will keep you from overeating because your satiation signaling process will accurately tell you when to stop eating because you've had enough.

@ Electric Angel - Red meat can well cause cancer, if consumed without fiber.

Wrong. Preserved, processed meat full of additives and other chemicals could contribute to cancer, but the whole you need "FIBER" is a lie. Don't get me wrong, a lot of vegetables in your diet are certainly good for you…but the idea that not eating vegetables would cause constipation and cancer is simply a false one.

Given a high quality source of meat, you could actually live off of a 100% meat diet. The Masai in Africa, the traditional Inuit Indians, and during Buffalo migration season, the Lakota would all live off nothing more than animal meat and fat. All of the essential vitamins and nutrients you need can be derived from an all meat diet…if you're eating meat from animals that are eating what THEY were designed to.

ElectricAngel December 11, 2009 at 12:23

HL,

First, since I haven't said it elsewhere, thanks for your articles on relationship game.

Two points further on red meat. 1) It can seriously damage male health due to iron overload. Women are fortunate in this regard thanks to menstruation. See: http://www.lewrockwell.com/sardi/sardi65.html

2) Given a high quality source of meat, you could actually live off of a 100% meat diet. The Masai in Africa, the traditional Inuit Indians, and during Buffalo migration season, the Lakota would all live off nothing more than animal meat and fat. All of the essential vitamins and nutrients you need can be derived from an all meat diet…if you're eating meat from animals that are eating what THEY were designed to.

I think we're talking at cross purposes. Note that the cultures you're talking about generally eat their meat raw (that's how the Inuit got their vitamin C with no vegetables); the Masai generally do not eat their male cattle, except for rare celebrations, when they cook it, preferring to drink the blood of their males and the milk of their females (not coincidentally, they, along with the Indo-Europeans, are lactose tolerant.), so making even more efficient conversion of grazing land to protein than milkers. Eating raw meat (and anything raw) necessarily means that you avoid the often carcinogenic results of cooking, a benefit that is often offset by the pathogens that can be introduced in an unclean food chain, especially in a world where governments commoditize food (and men!); cooking also releases more caloric content, breaking down the food so that more of it is digested. I had assumed the context was a typical Western diet adding more cooked feedlot beef; throw more of that down your colon with nothing to push it out and you'll cause endless trouble; see http://www.jstor.org/pss/3702708 for one study (I'll grant that the issue is not definitively settled) on the increased risk for colon cancer with constipation.

Keoni Galt December 11, 2009 at 16:21

I had assumed the context was a typical Western diet adding more cooked feedlot beef; throw more of that down your colon with nothing to push it out and you'll cause endless trouble;

Ah yes…we are actually agreeing here more than disagreeing. I don't doubt increasing feedlot factory farmed meat

with no vegetables is probably not a good idea.

That's the reason why I just bought $60 worth of grass fed beef and buffalo last night to stock up my freezer!

Deansdale December 22, 2009 at 08:16

How f*cked up is the suggestion that you should eat less meat on Christmas because of global warming?!

http://www.bspcn.com/2009/12/20/8-tips-for-a-green-christmas/

Deansdale December 22, 2009 at 08:19

Fat Head http://www.imdb.com/title/tt1333994/ A comedian replies to the "Super Size Me" crowd by losing weight on a fast-food diet while demonstrating that almost everything you think you know about the obesity "epidemic" and healthy eating is wrong.

Watch it, it's a fun little movie.

Evangelical Celibacy Hermitage

Keoni Galt · 19 May 2015 · Archived copy · Original



Migtow has suffered the same fate as all other authentic grass roots movements that arise as an organic reaction to the ubiquitous injustices and evils of the Bablyon System we all live in subjugation to. We done got mainstreamed, co-opted, redefined and marginalized, just like the tea baggers and occupussies.

Seems like the acronym, MGTOW has come to be defined solely as those men who zealously evangelize lifelong celibacy as the only sane option in a world gone mad. At one point several years ago, I too made that mistaken assumption.

I once wrote on a now defunct forum, that even though I couldn't be a MGTOW-er since I was already married, I supported the idea of deliberate celibate hermitage for men of our era as a rational course of action given present day reality of the system. A few veteran Migtows set me straight real quick on my mischaracterization of MGTOW solely defined as committed celibates eschewing all relations with the fairer sex.

MGTOW is not defined by neither voluntary or involuntary celibacy. It is Men exercising their God-given right to pursue life *on their own terms*. If that involves celibacy or it involves getting married and raising children, the defining trait of the MGTOW ethos is that you pursue it how you best see fit, and not blithely following along with one of the many "scripted" lifestyles promulgated by our mass-social media driven society. It is finding a path in life that does not compromise your integrity. It is the ethos of liberation from the mental slavery of our Brave New World Order's system of serfdom hidden in plain sight.

Before the term MGTOW came into parlance, there was an older term used to define the same phenomenon of Men who defy convention: Off the Reservation.

> "...**used to slam people who are thinking differently than what their group considers acceptable.** Origin: comes from the time in the late 1800s in the USA when many American Indian tribes were ordered to be relocated to "reservations." Many tribes ignored the relocation orders at first and were forced onto their new limited land parcels. Enforcement of the policy required the United States Army to restrict the movements of various tribes. The pursuit of tribes in order to force them back onto reservations led to a number of Native

> American Wars."

Seems like once a large enough number of men decide to go off script and leave the reservation, they eventually form their own reservation...and then it's just a matter of time before men begin to leave that one to begin the process all over again. This is the inevitable cycle of tribal formation, transformation, disbursement and eventual dissolution in any human culture.

Alpha Game commenter Hund Hollen expounded on this point humorously:

> In online parlance, “MGTOW” basically refers to any man who’s off-script. There are many scripts out there.
>
> **The tradcon / white nationalist script:** bust your ass and remain celibate, then marry some supposedly good and worthy Christian “virgin”, move to some rural area, have lots of kids and homeschool them, grow your own food and brag about your lifestyle on the Internet.
>
> **The feminist script:** bust your ass and have egalitarian relationships with feminist women based on mutual respect, marry an ageing spinster or single mother, have 1 or 2 children and indoctrinate them with feminism, move to the suburbs, pay off your wife’s debts, brag about it all on the Internet and then tearfully claim it’s all your fault when she frivorces you and ruins your life.
>
> **The MHRA script:** bust your ass and do lots of activism on behalf of MRA organizations. Donate money, show up on protests and conferences. Paint a target on your back for tradcons and feminists to shoot at. Whenever attacked, claim that you support “gender equality” and love women.
>
> **The PUA script:** bust your ass, work out like crazy, spend your free time learning all sorts of “valuable” skills, go on a diet, approach 10 women everyday, travel the Third World, brag about it all online, then move to the Philippines or Latvia when you’re tired of it all, then self-publish your memoirs in online format and sell it on Amazon.

> The people pushing these scripts are all targeting the same demographic, young single betas, so they are in fierce competition. What is making their job even harder is that a growing segment of these betas are refusing to follow any script. This is making more and more people angry and frustrated, as evidenced by increasingly shrill public discourse about MGTOWs and the “Sexodus”. Young men are supposed to be dumb disposable shits, after all, and follow a script. But a growing number of them simply won’t do it.

Yes, *hell hound* got it almost right. Except many of today's most vocal Migtows in the comment threads and forums out in the fever swamps of these fringes of teh Interwebz have taken over the term and have associated MGTOW with only one possible definition: evangelical celibacy hermitage.

Celibate hermitage is definitely a legitimate route for any man to decide to take. It's the evangelical part that annoys me.

There is no ONE WAY of life that must be lived. You have YOUR way, however YOU choose to make it. You can follow any script you like. Just be cognizant of the fact that if you follow any particular script, there are no guarantees you'll achieve whatever it is the script supposedly promises you for following it. There are pros and cons

to any path you choose to follow.

I followed the script of THE AMERICAN DREAM (works best with regular doses of the blue pill), right into student loan debt slavery, materialistic consumerism, ill health and a dysfunctional marriage. Thanks to all the time, studying and research I put in at the University of the Autodidact, I was able to figure out why I wasn't achieving the happy ending promised at the end of the blue pill-enhanced script I was following. In the end, I've found my own way, on my own path, and I'm still on it.

[image]

Don't let the evangelical celibate hermitage Migtows haranguing the hordes of the MAndrosphere comboxes become the defining caricature, the ultimate straw man permanently associated with the term MGTOW. Let us recall the original MGTOW manifesto:

> The goal is to instill masculinity in men, femininity in women, and work toward limited government!
>
> By instilling masculinity in men, we make men self-reliant, proud, and independent.
>
> By instilling femininity in women, we make them nurturing, supporting, and responsible.
>
> By working for a limited government, we are working for freedom and justice.
>
> Women having "other qualities" is not interesting to men because we don't need them! Femininity will be the price women pay for enjoying masculinity in men!
>
> This is the aim of "Men Going Their Own Way".
>
> By holding this point of view, we are helping other men and, more importantly, we are helping boys grow up to become men.
>
> This goal is to take away everyone's "right" to vote on other people's affairs thus rendering it impossible for political organisms and ideologies to impose their personal will on everyone else. It is not about reinstalling patriarchy or revoking female voting rights or making socialism illegal. It might have this as a side effect - but not directly and not as a political ideology. Only the future will show what happens and by going our own way we are preparing men and boys for that future.

That's how I choose to define the Men Going Their Own Way ethos. Self-reliant, proud and independent. It is not a political movement...it's a personal awareness movement.

When MGTOW first arose amongst the aether of cyberspace, it was based on Men recognizing the truth of our realities and existence in our Brave New World Order Matrix, and realizing the scripts THEY have written for us are all designed for their benefit at our expense. Our life, our health, our sanity, our families, our relationships...all corrupted, infected, tainted and ultimately destroyed if we blithely follow the lifestyles and scripts THEY have regularly programmed our society for us to blindly follow.

Marriage is not for everyone...but neither is voluntary celibacy. Every man has his own unique set of circumstances that shape his life. What may be right for me, *may* be right for you...or not. Only you can figure that out. Do you need to be told what to do, how to do it and when to do it? Or do you prefer to assess any given path in life with all the available information you can find before you decide to take it on?

If you're looking for a movement or an organization to attach yourself to, to give you a pre-formed script to follow, good luck with that....just remember that if you choose the script offered to you by a movement or an organization, never forget what shape any Men's group not run by a strong, centralized leadership with a clearly defined hierarchy, inevitably forms into. That shape is the circular firing squad.



When you are a Man Gone Your Own Way, the only truly defining act you are committed to, is stepping out of the circle of that firing squad, and tearing up all these scripts that others have written for you, and begin to write your own.

War is a Racket

Keoni Galt · 25 May 2015 · Archived copy · Original



From the SpearheadFiles
Originally Published on December 31, 2009

The following excerpt is from a speech made by Major General Smedley Butler, USMC. Butler joined the Marine Corps when the Spanish American War broke out, earned the Brevette Medal during the Boxer Rebellion in China, saw action in Central America, and in France during World War I, he was promoted to Major General. Smedley Butler served his country for 34 years, yet after he retired after a long career of venerable service, he came to a point where he became publicly outspoken against American armed intervention into the affairs of sovereign nations.

Just about every point he makes in this speech is relevant today. Remember the key points that Butler makes the next time you turn on the boob tube or read in the papers quoting politicians, pundits and their sycophants and useful idiots who repeatedly tell us that our soldiers are in foreign lands to “keep us safe” and to preserve or promote the biggest lie of all: “Democracy!”

WAR IS A RACKET
Excerpt from Speech delivered in 1933

War is just a racket. A racket is best described, I believe, as something that is not what it seems to the majority of people. Only a small inside group knows what it is about. It is conducted for the benefit of the very few at the expense of the masses. Out of war a few people make huge fortunes.



Evil minds that plot destruction...

Out of war nations acquire additional territory, if they are victorious. They just take it. This newly acquired territory promptly is exploited by the few – the selfsame few who wrung dollars out of blood in the war. The general public shoulders the bill.

And what is this bill?

This bill renders a horrible accounting. Newly placed gravestones.

Mangled bodies. Shattered minds. Broken hearts and homes. Economic instability. Depression and all its attendant miseries. Back-breaking taxation for generations and generations.

But the soldier pays the biggest part of the bill.



Beautiful ideals were painted for our boys who were sent out to die. This was the “war to end all wars.” This was the “war to make the world safe for democracy.”



No one mentioned to them, as they marched away, that their going and their dying would mean huge war profits. No one told these American soldiers that they might be shot down by **bullets made by their own brothers here.** No one told them that the ships on which they were going to cross might be torpedoed by submarines **built with United States patents.** They were just told it was to be a “glorious adventure.”

Thus, having stuffed patriotism down their throats, it was decided to make them help pay for the war, too. So, we gave them the large salary of $30 a month

If you don’t believe this, visit the American cemeteries on the battlefields abroad. Or visit any of the veteran’s hospitals in the United States.



Until 1898 we didn’t own a bit of territory outside the mainland of North America. At that time our national debt

was a little more than $1,000,000,000. Then we became “internationally minded.” We forgot, or shunted aside, the advice of the Father of our country. We forgot George Washington’s warning about “entangling alliances.”



We went to war. We acquired outside territory. At the end of the World War period, as a direct result of our fiddling in international affairs, our national debt had jumped to over $25,000,000,000.



I believe in adequate defense at the coastline and nothing else. If a nation comes over here to fight, then we’ll fight. The trouble with America is that when the dollar only earns 6 percent over here, then it gets restless and goes overseas to get 100 percent. Then the flag follows the dollar and the soldiers follow the flag.

I wouldn’t go to war again as I have done to protect some lousy investment of the bankers. There are only two things we should fight for. One is the defense of our homes and the other is the Bill of Rights. War for any other reason is simply a racket.



There isn't a trick in the racketeering bag that the military gang is blind to. It has its "finger men" to point out enemies, its "muscle men" to destroy enemies, its "brain men" to plan war preparations, and a "Big Boss" Super-Nationalistic-Capitalism.

It may seem odd for me, a military man to adopt such a comparison. Truthfulness compels me to. I spent thirty-three years and four months in active military service as a member of this country's most agile military force, the Marine Corps. I served in all commissioned ranks from Second Lieutenant to Major-General. And during that period, I spent most of my time being a high class muscle- man for Big Business, for Wall Street and for the Bankers. In short, I was a racketeer, a gangster for capitalism.



I suspected I was just part of a racket at the time. Now I am sure of it. Like all the members of the military profession, I never had a thought of my own until I left the service. My mental faculties remained in suspended animation while I obeyed the orders of higher-ups. This is typical with everyone in the military service.



I helped make Mexico, especially Tampico, safe for American oil interests in 1914. I helped make Haiti and Cuba a decent place for the National City Bank boys to collect revenues in. I helped in the raping of half a dozen Central American republics for the benefits of Wall Street. The record of racketeering is long. I helped purify Nicaragua for the international banking house of Brown Brothers in 1909-1912 (where have I heard that name before?). I brought light to the Dominican Republic for American sugar interests in 1916. In China I helped to see to it that Standard Oil went its way unmolested.



During those years, I had, as the boys in the back room would say, a swell racket. Looking back on it, I feel that I could have given Al Capone a few hints. The best he could do was to operate his racket in three districts. I operated on three continents.



Does anyone really believe that what our troops are doing — in Iraq, Afghanistan, Syria, Yemen, and anywhere else our government is gearing them up to send them to fight, kill and die — is doing anything different than what Butler described in 1933?

The US is not a “democracy.” We are a corporation, and the military division of this global corporation is simply carrying out hostile takeovers around the world to expand production capacity, acquire cheap labor, and seize capital for their own profit at the expense of our soldiers blood and our nations treasury.

I completely concur with Butler when he stated:

> “There are only two things we should fight for. One is the defense of our homes and the other is the Bill of Rights. War for any other reason is simply a racket.”

It’s time we brought our soldiers home, end this racket, and engage the real enemies of this country…those who continue to wage their subversive cultural, economic, spiritual and demographic war on our home front.



Notable Commentary from the Original Post

JDApostasy December 31, 2009 at 04:39

As a Marine, Smedley Butler is one of my personal heroes. I wrote a post on my own blog about Marine Corps ethics and touched briefly on Butler – who is one of only nineteen people to ever be awarded the Medal of Honor twice. He was also warning about the 'military industrial complex' long before Eisenhower would give his famous speech (though I don't think he used the same terminology). Anyway, it was a pleasant surprise to see this post on the Spearhead today. Kudos!

djc December 31, 2009 at 04:47

I have absolute zero trust in the US Gov't. And voting is meaningless. You just replace one bought and paid for racketeer with another. The events of just the last five years have convinced me that the President, and Congress, are taking orders from somebody else. They have completely ignored what the majority of the American people want, and have robbed our treasury. Stick a fork in US. We're done.

Migu December 31, 2009 at 05:24

Vote? Hahahahahahahahah. The delusian of voting. If I vote I consent, I don't consent so I don't vote. Now if only about 20% of us quitnpaying taxes. Starve the beast it is the only way it ever dies.

Expatriate December 31, 2009 at 06:37

Major General Smedley Butler is one of only 19 people to have received the Medal of Honor twice.

I completely agree with this post.

War is especially important for men because it has always been men & boys who have been used as cannon fodder for the elite.

Our media & movies try to glorify war but ask people who have served in combat & most of them describe what a horror it was. I have had two uncles serve in Vietnam, one of them was killed there at age 21. The other one who survived still has nightmares to this day about what he saw over there & lost all trust in gov't when it came out that the Gulf of Tonkin incident which LBJ used to sharply escalate the war NEVER happened. After 9/11 all he said was "watch the gov't lie their way into more wars using this excuse" and he turned out to be absolutely right.

By the way the most pro war types very often are chickenhawks who dodged service when it was their time. To give an example John Bolton had this to say:

Though Bolton supported the Vietnam War, he enlisted in the Maryland Army National Guard, but did not serve in Vietnam. He wrote in his Yale 25th reunion book "I confess I had no desire to die in a Southeast Asian rice paddy. I considered the war in Vietnam already lost."

http://en.wikipedia.org/wiki/John_R._Bolton

This is the same guy who today gets on Fox news saying that US needs to bomb Iran, invade Somalia etc. He was also a cheerleader for the Iraq war.

Expatriate December 31, 2009 at 06:51

The robbery of Iraqis & Americans only benefits a few of the elite like those who own KBR, Blackwater etc.

For ordinary Americans the wars are actually a net drain on our economy & make us more indebted to the Chinese.

The military's job is not travelling the world & spreading "democracy" or whatever bullshit they are telling the sheeple now but to defend the US. That was what the founders wanted & envisioned. This country was intended to be a constitutional republic not an empire. Spraying napalm & agent orange on the Vietnamese people was not about defending America, hell this degenerate gov't refused to even acknowledge the effects of Agent Orange on our own veterans for a long time.

Remember the domino theory crap, ya well we left & I didn't see the whole of Asia become communist as predicted and today Vietnam is a trading partner of the US.

Jabherwochie December 31, 2009 at 07:18

If you take this article at heart, which I do, then you understand why I say tax the top 1% to pay off our national debt. It's really not our debt. It's their debt. They are the puppet masters who drove us down this road. I'm sorry for those in the top 1% who didn't do anything wrong, but by their complacency or willful ignorance, they allow it to happen.

Trickle down economics is true enough if you focus on the "trickle" part, but money "flows" to the top, and down right "gushes" there in times of prosperity. I hate handouts, welfare, etc., but real household income, inflation adjusted, has been stagnant since 1973, while productivity has soared a great deal more than 30%. It's time the middle class stops paying for the elite's wars, protective bureaucracies, and corporate welfare.

NO more tax loopholes, off-shoring of assets, legal advantages, and false sense of earned entitlement by the rich. Plenty of rich people deserve to be rich. Just as many inherited it, got lucky, or knew the right people. But the top 1% pays 40% or our taxes, you say! Think about that you idiot. That's because they control well over 40% of the wealth. Someone with 10's of millions of dollars can do without the third home and second yacht, at least right now, when our country is about to go bankrupt.

Time to pay your fair share. Instead of donating 10k to a politician to insure your 10k tax break, instead of donating 10k to a charity and then just write that off as a tax break, instead of paying an accountant 10k to save 10k in taxes, why don't you just donate that 30k to help pay off our debt, thereby help everyone, not just people who will kiss your ass for doing so. Once the books are even, you can start to screw over the middle class again, but come on, we're on the fucking edge of a financial cliff, and what do we do? Raise taxes on those who can afford it? No. We go into more debt to bail out rich bankers and corporate giants! Who watches the watchmen? It apparently isn't the middle class. I'm telling you! I'm not nuts! Class warfare. It's inherently capitalistic. Its just fighting for what you think you deserve.

How do we know what we are worth, until we demand what we are worth? Is it wrong to ask your boss for a pay raise? Then why is it wrong to ask the rich to pay more taxes? Those taxes pay cops to protect the rich people's gated communities first and foremost, and I've seen it first hand, while those same cops look to nickle and dime me through driving violations and busting me for weed. You think a burglary in the hood gets adequately investigated. I've seen a burglary in a golf course neighborhood get a response that makes shows like CSI look like a bunch of light weight amateurs. Almost a dozen cops?! Really, almost a dozen cops because your plasma screen got stolen!

I'm sure your buddy next to you who owns the local Best-Buy and will give you another discount. How many people around here know rich people and have seen the willing and dealing that goes on. It's like celebrities getting free clothes, drinks and gadgets all the time. It makes me sick. I've even skimmed the cream off the milk of those cash cows a few times myself, and I have nothing to offer in return other than my sparkling personality, I can't imagine the extent of what they do for each other behind closed doors.

Charles Martel December 31, 2009 at 09:49

The full text of "War Is A Racket" can be downloaded at several web sites. Here is one.

Every father should give this to his teenage son.

After I served in South Armagh I visited the hospital bed of a friend of mine who was, like me, a paratrooper and Platoon Commander. He had suffered 60% third degree burns. Almost enough to kill him, but not quite, but enough to burn off all his facial features including his ears, lips, nose and eyelids. This guy had been better than me in all respects. Better looking, a better athlete, better with women, a better person, a better soldier. War is pointless random violence.

Sh0t December 31, 2009 at 11:46

Smedley was right.

They never told us in boot camp or OCS that one of our Marine demi-gods felt this way. When I found out years later, I was quite shocked.

They still won't listen Smedley.

Joseph December 31, 2009 at 11:50

To All:

Simple point. We are not a Democracy, we are a Constitutional Republic. A democracy is two wolves and a sheep arguing over what's for dinner. In the Constitutional Republic, the sheep gets a gun!

Dat_Truth_Hurts December 31, 2009 at 11:57

You might as well curse the sun for being bright. War is tied to civilization, and has been lamented since we could articulate the hypocrisy of the venture. Look at the quotes on war through history/ "War is old men talking and young men dying". War is about treasure.

It is an ugly reality that must be accepted, just as the impending collapse of any empire that sheds the roots of success. America has thrown away its libertarian Christian roots, and allowed the unworthy to vote. Women, people who pay no taxes: they all vote.

Now we fight wars of waste with new, wonderful technology – we have the technology to win any war, we just do

not have the stomach. We shouldn't be losing one more man in Afghanistan; Afghanistan should have been turned into a parking lot decades ago.

Jabherwochie December 31, 2009 at 12:10

This is from christiansforpeace.com.

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Below are Jesus' words. Jesus never advocated any form of violence or dominance. Instead, He commanded us to love, show mercy, and to forgive others. It is inconceivable that Jesus would support war. (Sermon on the Mount Analysis)

Non Violence: Then Jesus said to him, "Put your sword back into its place; for those who live by the sword, die by the sword. Matt 26:52.

Meek, Merciful, and Peacemakers: Blessed are the meek, for they shall inherit the earth… Blessed are the merciful, for they shall obtain mercy… Blessed are the peacemakers, for they shall be called sons of God. Matt 5:5-9.

Forgive Those Who Sin Against Us: Then Peter came up and said to him, "Lord, how often shall my brother sin against me, and I forgive him? As many as seven times?" Jesus said to him, "I do not say to you seven times, but seventy times seven…" Matt 18:21-22

Love your Enemies: But I say to you that hear, Love your enemies, do good to those who hate you, bless those who curse you, pray for those who abuse you. If you love those who love you, what credit is that to you? For even sinners love those who love them. And if you do good to those who do good to you, what credit is that to you? For even sinners do the same. Luke 6:27-32

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I'm not saying I agree. I'm no pacifist. But Jesus was a sly cat, and he wasn't going to give an inch to some sociopath so they could stretch it into a mile, and I can't help but think of his words when I think of neo-con aggression, and the fact that Cheney put biblical quotes on the front of Bush's daily intelligence briefings.

Pax-America? Not anymore. It's time for Fortress-America. Isolation for now. I'm pro big-military as a deterrent and last resort, but a deterrent is pointless if its wielded about sloppily and ineffectually. People stop taking us seriously if we reveal the cards in our hands and show our weaknesses. If it needs to happen? I'd follow the Powell doctrine, primed and finished off with Sun-Tzu like tactics and stratagems.

Sugar December 31, 2009 at 15:40

Major General Smedley Butler, I salute you!

Red December 31, 2009 at 15:47

I have an issue with WW2. We fought it to stop Hitler from enslaving Europe and killing a ton of people. So we

won and instead Stalin enslaved Europe and half of Asia and killed a ton of people. We then had to fight a 40 year cold war that came close to getting us wiped out (See Cuban missile crises). What exactly was the point of WW2?

Quiplinks IX - Your Tags Are Hashed

Keoni Galt · 4 June 2015 · Archived copy · Original



#WhyQuiplinks?
"Because Linking To Others Is Difficult." - *Conan the Southron*

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#WeDontCare
"With accusations like racism and sexism and homophobia and all going around... I wouldn't want anyone to misunderstand the Rabid Puppy position." - *Vile Faceless Minion #0001*

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#AllYourBankAreBelongToUs
"Remember, your bank deposits are legally loans made from you to the the bank**.** That's why they pay you interest, however little that might be." - *Supreme Dark Lord of the Evil Legion of Evil*

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#FamilyValues
"Goodbye America." - *Citizen Renegade*

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#LoveYourMaInLaw
"The thing to always keep in mind is that drama, any kind of drama, is like a lit crack pipe to an out of control mother-in-law." - *The Mighty D, Leader of the Crusades Against Churchianity on teh Interwebz*

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#UnderstandingAbortion

"Abortion does more than terminate one child. It establishes a social standard, or a rule for how people interact with one another. That rule is: **my convenience > your life**" - *Amerika! Fuck Yeah!*

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#FairnessInCompensation

“Lady, they don’t pay me enough for this." - *Deep Strength*

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#ChristianSingles

"Marriage truly is a box to check off. If its not checked, you are developmentally delayed." - *Seasoned with Salt*

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#LindyWestDisease

"It may be the first disease discovered where holding a specific collection of *beliefs* leads to a diseased condition that leaves patients in a nearly identical deformed physical state." - *Neomasculinetarian*

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#SourGrapes

"It’s too painful to feel a want for something unatainable. Much easier a mental short cut to pretend that they 1) don’t want it, and 2) the thing they don’t want doesn’t even exist in the first place." - *xsplat*

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#Authority

"Legitimate authority flows naturally from healthy hierarchical structures." - *Master of Lightning*

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#MenGoingThereOwnWay

"Way I see it is, any man who has decided to ignore conventional wisdom and live as he sees best is going his own way." - *SFC Ton*

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#ItsJustAMovie

"...if you invest so much psychological capital in an imaginary character and depend on the whims of capricious writers, what can you expect?" - *Mr. Collard*

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#CholesterolConcerns

"Well, never mind- there's always chocolate-covered bacon for desert..." - *Didact*

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#DamnedFoolishness

"If you say you were born the wrong sex, and you believe in God, you're committing blasphemy, because you're accusing the Almighty of making a mistake, which God does not do." - *Patriactionist Will*

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#DivorceCourtEquality

"This is what equality would look like - though don't expect to see it in a courtroom near you!" - *The Man With the Crap-Colored Glasses*

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#FoodEnrichment

"Iron fortification appears to explain many dietary paradoxes." - *Baja Expat*

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#Degenerate

"It's the perfect word for denouncing the ills of our times… which is why I hate seeing it come out of the mouths of the callow self-righteous." - *Rye Whiskey Junkie*

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#HappyAnniversary

"What beautiful timing God has." - *SD & RLB*

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#DisobedienceTime

"The manager who regulates every aspect of their worker's performance demotivates." - *Pukeko*

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#LiberalDemocracy

"Even if the kings of old had access to 21st century technology, it wouldn't occur to them to police our thoughts the way secular liberals do." - *Lamentably Sane*

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#AceOfSpades

"You know, if you're ever discontent here (in this relationship) or feel you could do better — I want you to leave." - *40% Oinomancy*

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#FamilyDecline

"As "just a mom" one is often looked down upon, even by family members, and it must be endured." - *Thag J*

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#ThiefOfJoy
"When people compare themselves to others and feel bad, that's because of envy, which is the only one of the Seven Deadly Sins that isn't any fun at all." - *UncaBob*
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#SocialExtinction
" Man’s society no longer emulates natural duality. " - *The Unmarried One*
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#NarcissisticMisandry
"I was not aware that the main qualification of being a narcissist was to also have a penis..." - *ScareCrow*
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#FeministMath
"Alas, I'm no fortune teller, but if I had to put money on it I would say these are the makings of a culture that is hell-bent on becoming an 'Idiocracy.'" - *Cappy Cap*
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#PersonalJesus
"The churchianity variety of this just calls this inner self Jesus, and he is imminently malleable and infinitely subjective." - *God is Laughing*
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#CoolingInflammation
" Unbeknownst to us, most of the diseases of modern life, e.g. heart disease, obesity, diabetes, cancer, autoimmune disease, mental illness, are transmissible by gut bacteria." - *Dr. Art Ayers*
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#HowToSpotAPsychopath
"...maybe my keenness is a gift from the forces of Light, and the wisdom gathered from my experiences meant for bestowal upon the benighted as part of a pay it forward karmic redemption. Yeah, I’ll go with that." - *R in D.C.*
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#BoycottTherapy
"It is no wonder many young men are dysfunctional nowadays, when this morbid, feminized charade, is what is offered to them as a solution." - *Otzmatron*
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#AlwaysFightBack
"Don't ever be afraid of fighting and losing. Be afraid of failing to fight." - *Hugo Nominee from the House of Castalia*

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#GropingGrandma
"They hate us for our freedom. Therefore, the only way we can protect our freedoms is to take them all away." - *Texas Arcane*

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#TheMasculinePrinciple
"...the forces of the 19th Century Suffragette Movement combined with Second Wave Feminism and Marxism have deconstructed the pillars of Western Culture." - *The Light Keeper*



Starve This Beast

Keoni Galt · 7 June 2015 · Archived copy · Original



JP Morgan: Robber Baron 2B2F

From the SpearheadFiles
Originally Published on January 26, 2011

Many people simply write off "conspiracy theory" as nothing more than fantastic SyFy channel fantasy, defined solely by stories of reptile aliens and satanic Boehmian Grove carnival freakshows.

They couldn't be more wrong.

A conspiracy is nothing more than a group of people conspiring to carry out some action or actions to achieve certain goals, using their resources to effect deception, dishonesty, and misdirection so as to gain from the people's ignorance as they focus on all of the mass media misinformation and disinformation promulgated as weapons of mass distraction.

For instance, when one encounters left-wing liberals who are staunch anti-capitalist and anti-free market ideologues, they will sometimes make reference to the need for more Government regulation of business and the marketplace…otherwise you get the conditions for those dreadful "Robber Barons" who exploited the masses back in the early 20th century to amass fantastic wealth.

For example, note how this self-identified lefty blogger discusses "robber barons" and "unbridled capitalism." He effectively describes the system of corporatism…which is really nothing more than a new name for fascism.

Real capitalism, by definition is "unbridled." Pure capitalism is a free market.

The Robber Barons were not capitalists. They were Corporatists…aka Fascists. They used their wealth to finance elections to gain influence on the politicians to pass laws that would benefit their bottom lines by eliminating their competition through regulations and enforcement, thereby granting these Robber Baron's corporations industry-

wide cartels.

They CONSPIRED.

Conspired to take over the country and institute their vision of Government by the Corporations, for the Corporations…unbridled *corporatism*, not capitalism.

Yet those same robber barons that the leftist will decry as the primary example for why we need the Government to "regulate" the economy…

…are the same who financed, supported and lobbied to create the Federal Reserve in the first place…and who also now own significant shares of the stocks of the Fed's member banks.

From the FDIC Learning Bank:

> The term robber baron was revived in the 19th century in the U.S. as a pejorative term describing businessman who allegedly used unscrupulous tactics in their business operations and on the stock market to amass huge personal fortunes.Many of their massive businesses controlled a large majority of all activity in the respective industry, often arrived at through predatory pricing schemes that are now illegal.
>
> Some of the most notable robber barons were J.P. Morgan (banking), John D. Rockefeller (oil), and Andrew Carnegie (steel).

Take special note of those three names.

Check out the Congressional Committee on Banking, Currency and Housing Report of 1976.

Note that all three names figure prominently in the formation and ownership of the Federal Reserve member banks.

All three amassed vast fortunes and enormous political control. All three had their wealth turned into multi-generational dynasties. All three estates eventually formed Foundations to protect the family wealth from the normal taxes We the Sheeple have to pay, as well as effecting the means of influencing society for their long term benefit.

For instance, The Rockefeller Foundation funded Feminism…they CONSPIRED to change the very fabric of society by attacking the Patriarchal structure of the nuclear family.

Here's an excerpt from Aaron Russo's last interview before his death in 2007 in which he recounts a conversation he had with Nick Rockefeller:

> Well one of the things he told me was that.. he was at the house one night and we started talking and he was laughing and he said, "Aaron what do you think Women's Liberation was all about?"
>
> And I had pretty conventional thinking about it at that point and I said, "I think it's about women having the right to work to get equal pay with men just like they won the right to vote."

> He started to laugh and he said, “Your an idiot.”
>
> And I said, “Why am I an idiot?”
>
> And he said, “Let me tell you what that was about. We the Rockefellers funded that.”
>
> “We funded Women’s Lib and we’re the ones who got it all over the newspapers and television (through) the Rockefeller Foundation…”
>
> And he says, “You wanna know why?
>
> There were two primary reasons.
>
> And one reason was we couldn’t tax half the population before Women’s Lib and the second reason was now we get the kids in school at an early age.. we can indoctrinate kids on how to think and with it break up their family. The kids start looking at the state as the family.. As the schools as the officials as their family.. not the parents teaching them. And so those were the two primary reasons for Women’s Lib.”

Some people will ignore this quote and say that conspiracy theories are nothing more than reptilian alien sex fiend delusions promoting female supremacy.

These same folks will laugh and criticize the likes of one of the internet’s most famous conspiracy theorist, Henry Makow, as a complete moonbat who hurts the cause of Men’s Rights.

Yet Henry Makow repeatedly issues the most basic and simplest of challenges for people who think he’s a loon to see how right or wrong he is: Google “Rockefeller Foundation” and “Women’s Studies.”

The Rockefeller Foundation literally has bankrolled the primary transmitter of Cultural Feminism for the last several decades in the US – the Women’s Studies programs in colleges and Universities across the country.

All the aspiring journalists, film makers, screenwriters, and other news media and entertainment industry focused students took these women’s studies classes during their educational careers, and hit the mass media production industry after graduation, fully indoctrinated in the attitudes and ideas of the feminist zeitgeist. And it literally embedded itself into the mass media propaganda we now call “info-tainment” to make it a cultural influence that has perfectly socially engineered our modern feminist society.

But remember…this is crazy conspiracy theory. It couldn’t possibly be true…feminism was an organic, grass roots movement born of women who were truly oppressed by Western Patriarchy!

The Carnegie Foundation has also been a big supporter of feminist scholarship.

But for this article, I’d like focus primarily on the third Robber Baron’s Estate listed: JP Morgan.

While Carnegie and Rockefeller’s wealth were used to create Foundations to exert influence over society, JP Morgan became one of our present day banks “too big to fail.”

But don’t be mistaken if you think that JP Morgan doesn’t have anything to do with feminism either.

In fact, JP Morgan has ingeniously positioned itself to reap massive profits from one of the lynch pins of effecting Feminist policy in the U.S. – the Food Stamp programs now using debit cards instead of the Federally printed paper "stamps."

As the Economic Collapse Blog points out:

> JP Morgan is the largest processor of food stamp benefits in the United States. JP Morgan has contracted to provide food stamp debit cards in 26 U.S. states and the District of Columbia. JP Morgan is paid for each case that it handles, so that means that the more Americans that go on food stamps, the more profits JP Morgan makes. Yes, you read that correctly. When the number of Americans on food stamps goes up, JP Morgan makes more money.

Food stamps (aka WIC and/or EBT and/or SNAP) is one of the key programs of the "social(ist) safety net" that enable women to create more single-mother households. Women don't need Men to be providers now…they have JP Morgan to assist the Federal Government in taking money from working taxpayers and feeding single mother households and their illegitimate broods!

JP Morgan also administers child support debit cards in 15 States, making it more efficient for child support agencies to take money from Dads and deposit them via electronic funds transfers into these debit card accounts so women will have a much easier time spending the support payments with their JP Morgan child support debit cards.

Isn't JP Morgan just great?!

I say it's time to starve this beast.

If you have a JP Morgan bank account, close it. Take your business elsewhere.

If you have a JP Morgan credit card, pay it off or transfer your balance to a smaller bank that isn't a part owner of the Federal Reserve banking system nor a profiteer off of the feminazi welfare state.

Reduce your tax obligations to the least amount possible. It's our tax dollars being used to pay the likes of JP Morgan to administer these debit card programs.

Better yet, expatriate to some country where Rockefeller and Carnegie sponsored social engineering – aka "feminism" – has yet to take a demographically destructive hold on the populace (if such places even exist anymore).

All things considered, I realize that realistically, such actions taken by the amount of readers who would take this seriously still wouldn't even come close to being able to starve this beast. It's grown to large, too menacing and too rapacious.

But at least you won't be supporting it's continued devouring of Western Civilization. After all, even if you can't effectively starve the beast, that doesn't mean you should help to feed it either.

Notable Commentary from the Original Post

Joe Zamboni January 26, 2011 at 10:29

Much more could be said about the intentions behind Feminism, for example its intention to impose a new level of fascist governmental control. But the notion of “starving the beast” is a worthy topic for this comment thread. Yes, great, don’t earn any more taxable money than you absolutely need, so you won’t contribute to the draconian Feminist system under which we live. But there are many other ways to starve the beast. Engage in barter and mutual-support arrangements with neighbors. Don’t get married. Don’t buy Valentine Day’s gifts. Don’t engage in the wine-and-dine dating process. Home school your kids if you have them. Better yet, don’t have kids and make sure you don’t by getting a vasectomy. In what other ways are people starving the beast?

Elusive Wapiti January 26, 2011 at 10:35

One doesn’t need to have a buncha guys and gals in smoke-filled rooms to be a conspiracy.

One need only to look at the etymology of the word to see that “conspiracy” can have a very wide application:

“con”, meaning “with” or “together”, and

“spire” meaning “breathe”.

Thus a “conspiracy” is merely a collection of people who think alike and act in a congruent way…they “breathe together” in unison.

We are truly surrounded by conspiracies.

AntZ January 26, 2011 at 10:53

The author thinks that big business funded the birth of feminism in order to weaken collective bargaining and increase profits.

Maybe, maybe not. Who cares? That was long ago. Today, the feminist crusade for privilege, pampering, and entitlement is killing the economy, and corporate profits along with it. I guess you could say “what goes around, comes around.”

Keoni Galt January 26, 2011 at 11:01

"The author thinks that big business funded the birth of feminism in order to weaken collective bargaining and increase profits."

No, the author thinks that Big Business became BIG because they were able to buy influence and power to gain control of the government to pass laws and promote ideas to shape society via educational institutions and mass media.

Feminism is one of those things they deliberately promulgated, for a variety of reasons.

Today, the feminist crusade for privilege, pampering, and entitlement is killing the economy, and corporate profits along with it.

Except for the Corporations of the likes of JP Morgan. As the economy continues to tank, more people become dependent on foodstamps. The more people on the foodstamp debit card program, the more JP Morgan profits.

You think JP Morgan and all the other corporations “too big to fail” are hurting with the rest of us? Hardly…they’re profiting mightily off of our misery!

Keyster January 26, 2011 at 11:11

One could argue George Soros is the modern day version of those guys, with his manipulation of currency markets and financial influence in the liberal media. He’s at the top of the NWO hierarchy.

The beast IS starving right now. The “American Dream” is over and people sense it. We’re getting make to basics. Gone are the days of McMansions, SUV’s and massive consumerism. The well has run dry. States will default to get out of public worker pension debt. The federal government will need to slow printing money. Social Security, Medicare/Medicaid will HAVE to be cut, along with defense. The big three are 80% of the budget. We lack the political will to make the hard choices now, so the pain will only be greater later.

Without the current level of government entitlements women as a group will be facing some harsh realities about life. They may even take to liking men again.

Lovekraft January 26, 2011 at 11:24

@ Keoni:

take opposition to your message as proof you are on the right track. And IMO, internet debate has evolved beyond troll-sniping where any flaming gets quickly ignored/down-voted. Call it the awakening of materialistic delusion as Western status erodes and resources dwindle. The more the opposition, the closer to the awakening.

As for this article, I think there may be some deeper, darker forces involved than just a few greedy families – witchcraft, ancient Arabic bloodfeuds etc. Anyone who tries to ‘connect these dots’ requires incredible focus and stamina. Thankfully, you have maintained focus in exposing the Rock/Carn/Morg trifecta.

Alan B January 26, 2011 at 11:28

@antz Maybe, maybe not. Who cares? That was long ago. Today, the feminist crusade for privilege, pampering, and entitlement is killing the economy, and corporate profits along with it.
—
its killing the economy for the Regular Joe/Jane, but dont get it twisted.. corporate profits are only going HIGHER. 16% real unemployment but magically the market is back up to 12,000 and revving up.. its the people that cant afford a ticket to the “big show” that are getting shafted. both Men AND Women.

this is about 3 things, money power control. The people at the top have it, they want to keep it (forever), and they will destroy those below them to do that. As long as they maintain that buffer that separates them from the rioting

masses beneath them, they are safe. How do they maintain that safety net? DIVISION. repubs vs dems vs conserve vs neocon men vs women vs homos vs retards vs kids jew vs muslim vs christian vs terrorist jets vs steelers vs packers vs michael vick color vs color vs label label label you get it. slap a label on someone and someone ELSE will attack.. if they don't, make that "labeled" person PRIVILEGED with laws and PROTECTION from the non-labeled and guess what… CONFLICT.

As long as everyone's attention is focused on the fight in the ring, no one sees the vault getting robbed.

the ones robbing the vault …. conspirators the ones robbing the vault control the media… therefore we can only theorize what happened since they control the flow of (dis)information Conspiracy Theory

Robert January 26, 2011 at 11:39

Feminism = the mother of many criminal conspiracies.

Firepower January 26, 2011 at 11:40

Keoni Galt

> "The Rockefellers funded feminism. The Rockefeller foundation gave the funding to Albert Kinsey to produce his research that was instrumental in overturning the sexual morality of the formerly Patriarchal nation."

If the Rockefellers are so evil, how come nobody ever attempted to assassinate one of them? Even Hitler was targeted multiple times.

Keoni Galt January 26, 2011 at 11:44

Easy Firepower…the Rockefellers and their ilk control the media.

They have half the population wanting to assassinate Obama, and the other half wanting to assassinate Palin (metaphorically speaking for the most part…).

Most people don't even realize that there is a man behind the curtain pulling the levers.

zed January 26, 2011 at 11:46

> *"I'm tired of being conflated with ridiculous misinformation and disinformation campaigns whenever I try to point these things out."*

And therein lies the heart of the problem. This post starts to address it in going the next obvious step beyond saying

that there is conspiracy to talking about what to DO about it.

The most powerful, wealthy, well-connected people in the world did not get that way overnight. In many cases these families have been accumulating wealth and political power for hundreds of years – generation after generation. That much really should not be news to anyone.

Where things get sticky is when we get to the “so what” stage.

Let me give one example. I might say to people that television is the most powerful brainwashing mechanism of all time and that the first step toward mental freedom is to get rid of it. Inevitably they will twist themselves in knots trying to come up with excuses for their continuing addiction to it.

Well, there is still “good stuff” on – like the History Channel, and…, and…, and…, well, and FOOTBALL!

Is anyone walking into their homes, tying them in their chairs, and propping their eyelids open like the protagonist in Clockwork Orange and forcing them to watch the slime from the video?

No, 99.999% of the issues are things that people do not just voluntarily do, but that they demand the “right” to do.

Maybe using the idea that some nefarious influences are gaining from what they do is a better way of motivating them to stop doing it than pointing out how much better off they would be if they did stop. But, the bottom line is that they have to be the ones who choose to stop for themselves, and I have had so little luck convincing people that I don’t consider the actions of the “illuminati” to be the controlling factor at all.

Rebel January 26, 2011 at 13:34

“In what other ways are people starving the beast?”

There are many more ways. Ghosting is one. Using only a fraction of your work capacity is another. Picture three or four doctors sharing the same job: working one week out of four each one. What about garbage collectors, or firemen, or construction workers demanding huge raises or… or go on unlimited strike. Or doing what the Russians have done :just PRETEND to work, but manage to be unproductive. I link that to .. sabotage. Finding all possible ways to avoid paying income tax is yet another. Yes, I believe that sabotage on a grand scale will topple any govmnt. If you think that you are betraying your country by doing so, forget that notion: your country will remain exactly where it is and unchanged, no matter what is done.

I like to say that I keep one foot inside society: the one foot that can drain resources for your own benefit, the other foot outside society to signify no contribution to said society. That should result in a net loss for our masters.

Compensation must come from somewhere: women reap all the benefits; men must manage to “beg, borrow or steal” at least the same amounts of benefits.

Repeating this behavior with enough thousands of men should help tank the system.

Once the economy has collapsed, feminism , like a wild fire, will become extinct, eventually.

Then, when that is done, it will be time to rebuild. See it as some kind of “reload”.

A collapsed economy doesn't remain long in that state: think of Argentina and Russia, as two examples.

Well-loved. Like or Dislike: Thumb up 16 Thumb down 1

Keyster January 26, 2011 at 14:21

To this day The Rockefeller Foundation is the single largest contributor to NOW and her liberal sister organizations. This is what funds the myriad of satellite offices in cities, towns and college campuses across the nation. Their membership fees alone would never be able to fund their operations. The lease on their prime real estate, within walking distance of the white house alone is thousands, not to mention payroll.

They're one of the biggest not-for-profit lobbyist groups in Washington DC. When Terry O'Neill and the grrls say they want to see you, you make the time. That's how laws against men are passed.

Like or Dislike: Thumb up 14 Thumb down 1

Gx1080 January 26, 2011 at 16:10

I love how the cute people on the Internet say stuff like "manly men should grab guns and start killing" (or the extremely long winded version of it) while hiding under a pseudonym.

Ok, that out:

The beast will starve, though their owners will probably be safe.

I predict a great part of the world looking like Russia. Worst case scenario, of course.

As I've seen written before "America Inc., a subsidiary of World Corporations R' Us". Recognizing how the money pulls levers and who do gets benefited from this mess isn't being crazy, is simply putting 1+1 together. But then, people don't like when you point that their indoctrination is a lie.

Alcuin January 26, 2011 at 17:07

This article reflects the fact that women can be easily manipulated, chiefly through their emotions. It was a stroke of genius when the buggers-that-be decided to engineer society through women rather than men. By making education female-oriented, the sky's the limit to what they can do.

How many more men, for instance, can they cram into American jails? We all know that if the situation were the reverse, with females in jail at 20-1 or whatever, the feminazis would be screaming to high heaven. Why the complete silence in the femistream media over the injustices done to men?

You'd have to be pretty stupid, or a miseducated woman, to reject conspiracy as the root of all this.

Pro-male/Anti-feminist Tech January 26, 2011 at 19:25

And one reason was we couldn't tax half the population before Women's Lib and the second reason was now we get the kids in school at an early age.. we can indoctrinate kids on how to think and with it break up their family. The kids start looking at the state as the family.. As the schools as the officials as their family.. not the parents teaching them. And so those were the two primary reasons for Women's Lib."

> "Some people will ignore this quote and say that conspiracy theories are nothing more than reptilian alien sex fiend delusions promoting female supremacy."

Of course we ignore that quote. It's impossible since it's historically and economically inaccurate. Kids were going to school at an early age since the time of Horace Mann, the guy who created the monstrosity of American public schools in the 19th century. Feminism couldn't have accomplished something that already happened.

Women were taxed before feminism too. Women paid taxes just like men especially when you consider the gamut of taxes like sales taxes and property taxes. The only thing women didn't pay was income tax since you had to have an income but that only applied to the 50s and even only a certain social strata in the 50s. More important, women aren't being taxed now. In the "best case" scenario "taxing women" led to a glut of labor halving what men were paid. Thus no new tax money was being collected. It's really "worse" than that since with women taking up useless, unproductive government jobs and quasi-government jobs. Women aren't being taxed. They're being subsidized. If women weren't being taxed before, then they're being negative taxed (aka subsidized) now. What happened is the opposite of what Russo claims.

Beyond the known facts why would Nick Rockefeller tell Russo anything? That's like a movie villain and not a real person. Why would Nick Rockefeller tell Russo about their secret plans knowing that Russo disagrees with such things? That only leaves it's wrong or it's disinformation as possibilities.

And what has Russo ever done to fight feminism? Has he spoken out against no fault divorce, what's happening to boys in schools, fathers rights, etc.? No. All he did was appear on some DVDs. What was his cut from the DVD sales? Must be nice work if you can get it.

These same folks will laugh and criticize the likes of one of the internet's most famous conspiracy theorist, Henry Makow, as a complete moonbat who hurts the cause of Men's Rights.

> "Yet Henry Makow repeatedly issues the most basic and simplest of challenges for people who think he's a loon to see how right or wrong he is: Google "Rockefeller Foundation" and "Women's Studies.""

David Icke and Alex Jones are way more famous than Henry Makow.

When you google "Rockefeller Foundation" and "Women's Studies" there's a lots of pages of conspiracy theorists repeating, "Google Rockefeller Foundation and Women's Studies".

Maybe if Makow focused on issues actually affecting men such as no fault divorce, fathers rights, feminist government programs, paternity fraud, false sexual harassment claims, false rape claims, etc. instead of things like magic rocks, Bohemian Grove satanist orgies, Illuminati pedophiles and sex slaves (which needed to include a link to a photoshopped picture of Dick Cheney's crotch), moral panics about porn, and falling victim to trolls claiming to be satanists and part of the conspiracy, he wouldn't be regarded as such a loon and dangerous to the cause of mens rights (and actually interested in the cause of mens rights).

Keoni Galt January 26, 2011 at 22:31

> "Of course we ignore that quote. It's impossible since it's historically and economically inaccurate. Kids were going to school at an early age since the time of Horace Mann, the guy who created the monstrosity of American public schools in the 19th century. Feminism couldn't have accomplished something that already happened."

Yes, but back in the 19th century, most kids only went to school until the 5th or 6th grade. Only a few went to school until their late teens.

What feminism did was drive both mom and dad into the workforce, so that kids would have to spend alot more time in schools as well. After the advent of feminism and women in the workforce, kids began to spend almost all of their time away from the influence of both parents for the majority of their school day and after school programs.

To say there is no difference in family dynamics before and after is ludicrous.

> "Beyond the known facts why would Nick Rockefeller tell Russo anything? That's like a movie villain and not a real person. Why would Nick Rockefeller tell Russo about their secret plans knowing that Russo disagrees with such things? That only leaves it's wrong or it's disinformation as possibilities."

Purportedly, Rockefeller was trying to recruit Russo, because he admired Russo's movies. But whatever, you don't have to believe him.

> "David Icke and Alex Jones are way more famous than Henry Makow."

Reading comprehension. I said "One of the most famous…"

> "When you google "Rockefeller Foundation" and "Women's Studies" there's a lots of pages of conspiracy theorists repeating, "Google Rockefeller Foundation and Women's Studies".

Now you're being obtuse and disingenuous.

Gimme a fucking break PMAFT, surely you didn't miss all the links showing the Rockefeller fundings and grants to women's studies programs all over the country? Nah…you're just ignoring that to stick to your narrative.

http://www.umich.edu/~womenstd/background.htm

In 1970, seventeen courses in Women's Studies were taught in American colleges and universities. Ten years later, there were at least 350 programs and 20,000 courses (Stimpson & Cobb, 1986). By 1986, 503 programs were recorded by the National Women's Studies Association (Academe, July-August, 1989). Increasing numbers of universities are making tenure-track appointments in Women's Studies; in 1988-89 alone, more than two dozen

universities advertised tenure-track appointments in Women's Studies (Beck, 1989)…

…this volume of research and publication in Women's Studies has been supported by foundations and federal agencies. In the past few years, at least two major sources of funding of dissertation research have been specifically designated for Women's Studies (Woodrow Wilson Women's Research Grants; American Association of University Women). The National Science Foundation, Ford Foundation, Rockefeller Foundation, Russell Sage Foundation, National Institute of Education, National Endowment for the Humanities, National Institute of Mental Health, and other agencies have given both support and visibility to research on women's studies.

Oh here…Rockefeller foundation funding of the Women's Studies programs at my alum, the University of Hawaii:

http://www.h-net.org/announce/show.cgi?ID=131335

Oh, and here, we have a listing of grants and scholarships for women's studies programs at FSU: http://www.fsu.edu/~womenst/grantschol.htm

Oh look…here's a founder of the women's studies program at MIT, who received a fellowship from the Rockefeller Foundation to help start up the program. http://www.mit.edu/~womens-studies/people/perry.html

Why look what the Worlwide Organization of Women's Studies says about the Rockefeller foundation: "This is a very important funder, with a very important website"

Or how about searching for women's studies on the Rockefeller Foundation.org website? http://www.rockefellerfoundation.org/search/?q=Women%27s+studies. It returns 85 results.

That's just the first two pages of links from Makow's suggested search terms. Need I go on, or are you going to keep denying the truth of the matter that Makow exposed here?

So PMAFT, are you going to continue to ignore the basic facts? Are you going to say that all of this money that the Rockefeller Foundation has poured into women's studies programs for over 50 years is meaningless? Amounts to nothing?

You say Russo's account of Nick Rockefeller is unbelievable…

…yet there it is, plain for all to see: the Rockefeller Foundation is most certainly one of the biggest funders of feminist academic programs in the world.

Yet the only thing you can say to this is:

> "When you google "Rockefeller Foundation" and "Women's Studies" there's a lots of pages of conspiracy theorists repeating, "Google Rockefeller Foundation and Women's Studies".

It's one thing to disagree with someone and present facts and evidence to back up your assertions.

It's quite another to be so contemptibly disingenuous and intellectually dishonest.

Migu January 27, 2011 at 01:50

HL,

Good work. It's like trying to tell a neo-con muslims are responsible for developing algebra and trigonometry. Bahh that was Galelio and Newton they say, or they will fall back in time to Euclid and Pythagoreas. Anything to hold onto the delusion of dirty backward ragheads.

Pro-male/Anti-feminist Tech January 27, 2011 at 06:57

> "Yes, but back in the 19th century, most kids only went to school until the 5th or 6th grade. Only a few went to school until their late teens."

Which means that kids were going to school from an "early age" long before feminism even if they didn't stay as long. Even by 1950 the only reason a kid didn't finish high school was if they dropped out. So feminism had nothing to do with putting kids in school.

It also had nothing to do with "taxing women" but you ignored that.

> "Purportedly, Rockefeller was trying to recruit Russo, because he admired Russo's movies. But whatever, you don't have to believe him. Just because you speculate that this account is unbelievable doesn't mean your speculation is factual."

Street gangs have better recruitment procedures than that. Given that Russo's politics were obvious by the point he was being "recruited", it would have been stupid to try and recruit him.

I'm not claiming Russo's story is just unbelievable. I'm claiming it's impossible for all the reasons I gave plus: Nick Rockefeller doesn't exist.

> "Reading comprehension. I said "One of the most famous…"

Missed the point.

> "Gimme a break PMAFT, surely you didn't miss all the links showing the Rockefeller fundings and grants to women's studies programs all over the country? Nah…you're just ignoring the facts to stick to your narrative.
>
> http://www.umich.edu/~womenstd/background.htm"

Yeah my narrative is that some grants and fellowships in a massive sea of grants and fellowships don't constitute funding of a movement especially when every time they're listed as one of many private groups and government agencies. That hardly constitutes the "majority" funding much less all.

I could google any number of foundations or government agencies and "womens studies" and get a bunch of links

too only without the conspiracy theorists. Why am I supposed to believe that the Rockefellers are so special? The Rockefeller Foundation seems to be a bunch of leftists so supporting feminism is something leftists do out of ideology. There's nothing special about that. They have lots of fellowships and grants for non-feminist leftist nonsense too and it seems that dwarfs anything for feminism.

I can think of any number of private groups which provide grants, scholarships, and fellowships all over the place for various academic disciplines. No one accuses them of a conspiracy if they appear a lot in a google search.

> "You say Russo's account of Nick Rockefeller is unbelievable…
>
> And impossible.
>
> It's one thing to disagree with someone and present facts and evidence to back up your assertions.
>
> It's quite another to be so contemptibly disingenuous and intellectually dishonest."

No what's intellectually dishonest is making a person up like Russo did. There is no Nick Rockefeller. There is no one with the name, "Nick Rockefeller", anywhere in the Rockefeller family. Rockefeller is a common enough name that there may be a "Nick Rockefeller" somewhere but if there is he's not a part of Rockefeller family that we're talking about. Since Nick Rockefeller doesn't exist, Russo is either a fool or a fraud. Either Russo got trolled like Makow has, or more likely Russo made it up. One way or another everything Russo said is a lie.

Alonso Quijano January 27, 2011 at 09:17

Sigh. Wikipedia, the one true source of truthful truth, and nothing but. Seems, hoho, the guy was deleted, just like this:
http://deletionpedia.dbatley.com/w/index.php?title=Nicholas_Rockefeller_%28deleted_18_Aug_2008_at_08:08%29

It's sad to observe when people just can't seem to be able to connect the dots. And in the age of Internet there's no excuse not to try, at least.

I'm with HL, leaving Plato's cave and seeing things for what they are is a tough experience since most people simply lack the mental capacity to do the same and will inevitably hate you for the cognitive dissonance you're giving them. Globalman and others here willing to pierce other shields of ignorance get mostly the same reaction.

I'm not going to argue, just present two people for you to do your own research and judging: Please read about Ezra Pound and his Protegee Eustace Mullins. There's many great (underground) books & videos out there. And the second is, listen to the famous speech of Benjamin Freedman of 1961. Or, you can just go on fighting windmills. That's fun, too.

Keoni Galt January 27, 2011 at 09:22

2 seconds worth of googling turns up all kinds of info on Nicholas Rockefeller:

Nicholas Rockefeller

> His securities practice includes litigation before the United States Supreme Court and a number of his transactions have been featured in leading periodicals. He is a member of the Council on Foreign Relations, the International Insitutute of Strategic Studies, the Advisory Board of RAND, the Pacific Council on International Policy, the Committee on Foreign Relations in Los Angeles, the Western Justice Center, and has served as a participant in the World Economic Forum and the Aspen Institute. He is a member of the Board of Visitors of the Law Schools of the University of Oregon and Pepperdine University and is active in the affairs of his alma mater, Yale University. He recently chaired a panel at the United Nations on E-Commerce and is a co-author of "Economic Strategy and National Security".

It's like you NEED to try and discredit or misdirect any attention given to the likes of the Rockefellers.

chi-town January 27, 2011 at 10:51

The best term for it is "monopoly capitalism" which of course can be distinguished by winning the market by curtailing the competition. What most people have in mind as positive is competitive capitalism. Contrary to popular belief, Adam Smith was very wary of the threat of monopoly capitalism as is obvious to those who read his works as opposed to being misquoted in a text book produced by a monopoly capitalist publishing house. Adam Smith was certainly concerned with government encroachment but made it quite clear that it was a symptom of the monopoly capitalist behind the policy.

I suspect feminism is a population control device that came from the Malthusian thought that was certainly circulating around the "elites" before the 20th century.

David K. Meller January 31, 2011 at 14:55

A very informative and intelligent article! I don't know how effective "starving the beast" strategies are going to be, since the bankers (and their allied politicians and mediacrats) have unlimited access to the Federal Reserve which creates "money" out of air simply by electronic depositing and lending to member banks, but their is a mass-movement in our society to end the Fed, and establish sound and honest money in our economy. The central bank (and its fraudulent and specious 'notes') serves as their own private piggybank–at OUR expense!!

Indeed, one of the main differences between a sound-money production and saving based economy and a corrupt corporatist kleptocracy–like ours–is precisely that in a FREE MARKET, the only way to acquire wealth is to create it, exchange for it, or receive it as a voluntarily offered gift! The primary, if not the only, way wealth is acquired in this UNFREE MARKET is the issuing and relentless pyramiding of debt, piled on debt, and piled upon more debt! Production and exchange are ever more irrelevant as the increased debt is simply entered into new deposits for outgoing "loans" which can never really be repaid! I don't have to repeat to any readers where food stamps, housing vouchers, "child-support" payments, Medicaid payments, etc figure in all this!

Extended discussion is beyond the scope of this website, but you can learn more from http://www.dailypaul.com, campaign4liberty.org, http://www.LewRockwell.com, and the website of Congressman Ron Paul -TX(14CD). People who inform themselves about the Federal Reserve will also have the satisfaction of seeing a great many people in that movement whose beliefs and opinions regarding feminism and its attendent welfare State often

strongly coincide with their own here on the-Spearhead.com.

While restoring sound money and sound families are very different issues, and require expertise, or at least strong familiarity in alatogether different disciplines, I think that we each have a great deal to learn from each other, and many ways to help each other!

All in all, wonderful food for thought! Thank you, Hawaii Libertarian!

PEACE AND FREEDOM! David K. Meller

Hoist the Black Flag and Join the Culture War

Keoni Galt · 19 June 2015 · Archived copy · Original



I have been really busy with several different things going on in teh Real Life, which is why I haven't done much blogging lately, other than my Spearhead re-runs. Nevertheless, I have been greatly amused and entertained to watch the Rabid Puppies engage in the front lines of the culture war against the Socialist Justice Weasels over the turf of Science Fiction and Fantasy literature.

For far too long, I've been one of those who has just assumed the culture war for the mainstream consciousness of the masses is lost, the progressive leftards and Cultural Marxist useless idiots own the public domain of mainstream ideology, and that only the politically correct narrative is the only allowable thoughts anyone can express in public without any real consequence to their personal lives.

Well, the Supreme Dark Lord of the Evil Legion of Evil is proving what I once thought of as a forgone conclusion wrong. The SJW's may have won many of the battles in the recent past...but the war is still being fought, and it's still far from over. I've decided it's time to step off the sidelines and do something besides blog about this culture war.

As Vile Faceless Minion #0160, I hereby declare that I'm joining in on the boycott.

Just to be clear here, I've always been an avid reader and purchaser of books. I've got several book shelves full of sci-fi and fantasy books, as well as several large cardboard boxes full of books stored away in the basement. I have always purchased books on a regular basis, although I never once gave two thoughts to publishers, nor conventions, nor awards such as the Hugos or Nebulas. But since Vox first called for anyone supporting the cause to assemble

and take pictures of everyone's personal Tor book collections, I began looking at my own bookshelves and realized I have quite a number of books published by Tor that I have purchased over the years.

Boycott Tor? No problem. I've already stopped purchasing entertainment products from other entities for whom I find their advocacy for SJW horseshit has killed my desire to consume their products. I was once an avid MMA fan, and used to order every single UFC pay per view and watched all of it's cable TV offerings. I haven't ordered a UFC ppv in almost 2 years now, and I've also cancelled my NFL sunday ticket...and cancelled my cable tv subscriptions to boot. I'm done supporting the mainstream PC bullshit.

But not only am I going to join in the boycott of Tor, I'm also going to take the suggestion of VP commenter Thucydides:

> "Let's use some basic economics against them. If they are going to start buying Tor books to make up for the loss of "other" customers, then **start flooding the used book market with the Tor books that are cluttering your collection."**

I think that's a stellar idea...it's doing much more than just simply refusing to buy Tor in the future. As soon as I get the time, I'm going to go and sell all of my Tor books to the used book store in town. For those who have seller accounts on Amazon, (I don't) sell all your Tor books at $.99 or whatever.

And for those of you Sci-Fi fanatics who insist that they must get the latest Tor books from their favorite authors....just do as others have suggested and buy those books used. And if you really want your favorite authors to get paid for entertaining you, go to their personal blogs and websites and hit up their tip jars.

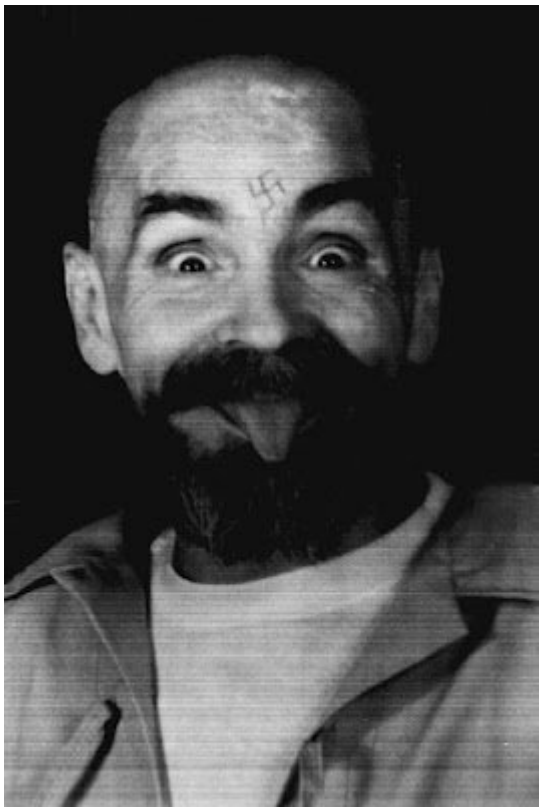
This way, you get the latest books while still denying Tor the revenue to affirm their decision to stand by their douchebag, left wing, progressive libtards and their politically correct orthodoxy.

We may not win this culture war, but then we've got nothing to lose really.

It really is just another way we can all do are part in starving this particular beast.

On Towards Helter Skelter

Keoni Galt · 25 June 2015 · Archived copy · Original



In 1969, Charlie lead his hippy cult right off the reservation in trying to foment what he foresaw as an inevitable apocalyptic race war. Nearly forty years later, the komissars of our mass media are doing their damnedest to finish what the Manson family tried to start with their infamous murder spree.

Isn't it obvious? From the shooting of St. Trayvon to the racist policing policies in Ferguson, to the most recent Confederate Battle flag-adorned, white cis-Male gunman on psychotropic meds in a Black Southern Baptist Church, the overriding narrative in all these events are the same. Look closely at all the reportage, the talking points, and note the omissions of certain facts in all the infotainment reports of these various stories and a common theme emerges.

Whether these events are false flag conspiracy theories deployed to socially engineer the populace or they are authentic, organic events and THEY are simply employing the Alinsky tactics of never letting a crisis go to waste, the end results are essentially the same.

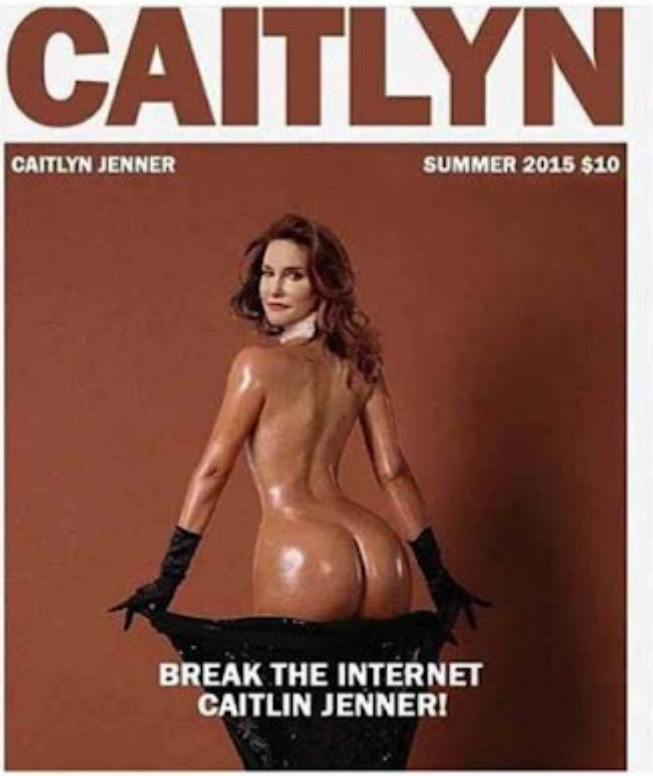
It has never been more transparently obvious than now, that our corporate mass media cartel is the propaganda arm for the owners of society, and THEY are doing their best to get we the sheeple inflamed and enraged, so as to commence Helter Skelter. Make no mistake, the Manson family vision of racial Ragnarok in America Inc., is exactly the end game desired here. Once it finally comes to it, and the blacks, whites, browns, reds, and yellows are all fighting in the streets, a new season will commence...camping season!

THEY have always employed a Divide-and-Conquer strategy on we the sheeple, with mass media propaganda employed continuously to reinforce the institutionalized brainwashing of our public schools and university systems.

THEY have inculcated this notion that racism is the premiere thought-crime for the rapidly receding majority of the citizenry (the Anglo-Caucasian Christians)...all while making it *the only* acceptable paradigm for the minorities of all other races, religions and any other group amongst the sheeple herds that accepts the idea that they must define themselves by the fun house mirror image of 21st century identity politics.

But when oppressed-minority-class sheeple embrace the only officially acceptable form of racism, it isn't called that. Only oppressive majority members can be guilty of that thought crime! No, it's affirmative action, or reparations, or social justice or whatever euphemism they can use to delude the masses into cognitively dissonant compliance to the insane zeitgeist of our dystopian age.

The only way for a normal, well adjusted, white male to become accepted and celebrated in our Brave New World Order, is to trans-form themselves to trans-ition from the privileged-class sheeple herds to the oppressed-victim-class herds. The man our Fake President recently cited for courage on his twitter feed, shows all unjustly-privileged white Cis-Males the way to Post-American, social justice redemption through trans-oppression:



2015 Role Model of the Year

Dear Privileged White American Cis-Males, are your ready to follow your approved example of modern day bravery? You too can garner the accolades and approval from the likes of the leader of the free world, if only you too follow in Caitlyn's footsteps of trans-courage!



Speaking of our Fake President, did you happen to catch him for the first time during his entire reign of error, finally making a public statement that was wholly truthful and honest? It only took seven years of presiding over the accelerating decline of post-racial America Inc., but it's great to see him finally say something other than a lie:



What is that, you say? Racism is in our DNA? Why yes, yes it is!

I'm a racist, you're a racist, we are all racists! It IS in our DNA. It's simply a matter of basic instincts for survival. In my not-so-humble opinion, racism is nothing more than a human being's instinct to be on guard and aware of any potential two-legged predators in your vicinity. It's basic biology to be suspicious towards THE OTHER, and to favor your own kinsmen or clan members.

The sooner you come to terms with the idea that we are all inherently racist, and that we are hard wired to be so, the better off you will be in understanding how the social engineers of our bizzarro world dystopia have manipulated

and twisted all of our natural inclinations to enslave us all to our instincts and animalistic tendencies.

Because the real agenda at play here is actually quite simple....it's all nothing more than an epic play of psychodrama theater for the masses. A combination of bread and circuses financed by fiat usury operations of the company store, along with divide and conquer psy-ops. Between these cultural programs, we the sheeple are kept running in mental circles, oblivious to their machinations that are leading to our eventual economic, social and spiritual collapse, all designed to prepare us for the coming global authoritarian police state.

I'm past the point of tolerance and non-judgmental acceptance of deviance. I say, pick a side and get on with it. Since I'm a miscegenated mutt with the blood of oppressive-privileged Anglo DNA mixed with the minority Asian and Polynesian-Aboriginal DNA, I can't make up my mind which race I should fight for or against.

But since I do live in the Southern most state in the Union, I've enlisted with fellow Southron rebels against our present day Union of Yankee Social Justice Warriors and politically-correct useful idiot brigades.



Meme Courtesy of VFM #0109

To arms!

Project Indigo Skyfold

Keoni Galt · 5 July 2015 · Archived copy · Original



Do some independent research on the topic of chemtrails, and sort through all the misformed disinformation designed to distract, deride, and delude the masses, and you come across some very interesting information and testimonials from credible witnesses regarding what is widely considered conspiracy theory or tinfoil hat territory.

Yet any citizen of our Brave New World Order who manages to look up from their handheld soma devices long enough to behold the grid lines of nano particles being laid across the skies of our world by unmarked planes flying at high altitudes, can plainly see what's going on...if only they can believe what their eyes are beholding. But most I'm sure simply default to the mainstream mass media programming.

Pay no mind, Sheeple! Nothing to see here, those are just naturally occurring contrails from normal air traffic operations!



Every time I have traveled to the mainland of USA Inc. in the past five years, I've seen them.

I've also lived for the past two decades with an elevated view from the mountains surrounding Pearl Harbor, Hickam Air Force Base, and the Honolulu International Airport on O'ahu, and I have seen more than my share of contrails from military jets streaking across the Hawaiian skies. I've never seen contrails from commercial jets, but plenty from fighter jets. I also see these contrails dissipate within minutes, and I've never seen them fly for extended durations at higher altitudes, laying down a grid pattern over my island home.

Perhaps THEY don't want to spray their most important military installations in the Pacific...or maybe they've figured out that Hawaiian trade winds dissipate chemtrails too quickly so they don't bother wasting their efforts here...but I've seen plenty of contrails in my time, and on various trips around the USA Inc., I've seen the much different looking chemtrail gridlines painting the sky and take many hours to dissipate into a gray, hazy fog. I've seen the slowly dissipating chemtrail grids in California, in Nevada, in Utah, in Arizona.

Go surf teh Interwebz, and consult with Googliath and you'll find folks from New Zealand to France to Australia, people from all over the world have noticed the global spraying operations being carried out in their local skies. As one expert witness testified amongst a wide ranging line up of credible speakers giving testimonials on the topic of chemtrails found in this compelling video:

"These tests are international...we're seeing this all over the world."

Since I have the temerity to believe my own lying eyes, and since I don't care if people consider my writing to be the ravings of a "conspiracy theorist" (get it straight, I'm a conspiritard!), I'm just going to say it - I think it's indisputable fact that THEY are spraying something all over the world, and we are only just beginning to see the consequences of this black-ops chemical-testing on we the sheeple. Note the testimonial of the man who noted that aluminum in underarm deodorant was linked to alzheimers...and that we are now seeing a quadrupling of the cases

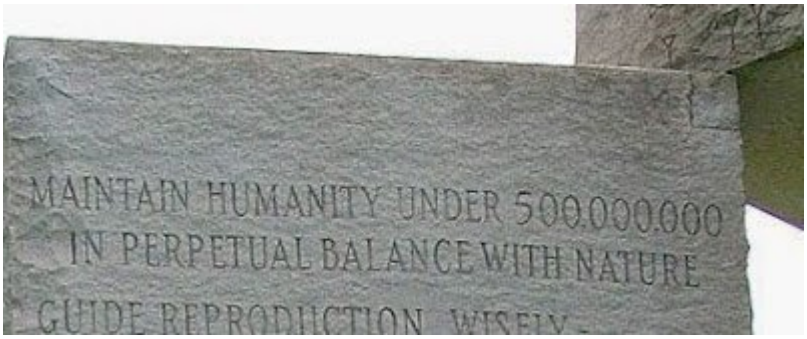
of alzheimers amongst the populace.

You can go to websites like this, and find copious links to official documents exposed that tie in this global spraying to the Global Climate Change Cabal of Enviro-commies. "Project Indigo Skyfold" is purportedly the world's governments signing on to combat global warming by spraying nano-particle metals like aluminum, barium and manganese into the atmosphere to supposedly mitigate the effects of man-made climate change. They call it "Geo-engineering" and "Solar Radiation Management." I think the truth of the matter is that they are invoking climate change to justify spraying the the world's populace like bugs.



Why?

Remember, THEY already told us. It's already been set in stone.



MAINTAIN HUMANITY UNDER 5000,000,000 IN PERPETUAL BALANCE WITH NATURE

I also believe that in the present, there exists no other "controversial" topic of psy-op wars and disinfo propagation that is currently being waged in cyberspace than on the topic of chemtrails. The paid shills and cognitive infiltrators infest every nook and cranny of teh Interwebz, ready to compose mini-novellas employing all of the logical

fallacies used in dishonest and deceptive rhetorical propaganda to keep the average sheeple asleep. I hope these shills are enjoying their thirty pieces of silver, because in the end, they are playing their own part in what is quite obviously a secret, nefarious agenda that affects every living thing on this planet.

Note the wildlife expert discussing the dramatic rise in metals found in the soils and surface water in the YouTube vid posted above. Note the concern of mass die offs of insects, and plummeting fish populations. I don't see a single raving lunatic in the throes of madness, spewing insanity in these testimonials. But to read the ad hominems, the appeals to authority and the invocation of our holy secular religion of infallible SCIENCE, by the shills infesting the comment boxes of any blog or publication discussing chemtrails, is to believe that anyone who would dare approach a podium and give the sorts of testimonies given in this video, are nothing more than chicken littles panicking that the sky is falling.

The one tell that gives away these obvious shills is that they are far to emphatic and care way too much about the topic. Who's got the time to spend hours on end writing multi-paragraph responses as a tireless rebutter that never lets anyone get the last word in, in an attempt to discredit discussions on this particular topic? Someone who's getting a paycheck for their efforts, that's who. In the end, these shills are just as guilty as the pilots and the officers and the agents and the officials and the maintenance men and anyone else associated with this "Project Indigo Skyfold."

THEY are spraying us all, and you only need look up into your skies to see it. LOOK!



Are We There Yet?

Keoni Galt · 15 July 2015 · Archived copy · Original



America....FUCK YEAH!

It's now undeniable. America has jumped the shark.

Let us review:

Officially recognized TRANSformation of the world's greatest military into an LGBT freakshow?



Supreme Court usurping the legislative branch to impose the normalization of homogamy?



Oregon Bakery fined $135,000 for citing their Christian faith as their reason for refusing to make a wedding cake for a gay nuptial ceremony?



Over 55 million abortions since the Supreme Court usurped the legislative branch to impose legalized infanticide? And the foremost provider of abortions was caught on video selling fetus body parts?



The Boy Scouts of America no longer focus on training future generations of homophobic arsonists and gun nuts, but instead are now reversing course and officially sanctioning homosexual scoutmasters to facilitate alone-time with pubescent boys in secluded locales?



One of America's greatest Gold Medal winning Olympians is celebrated for TRANSformational deviancy?



President of the National Organization for the Advancement of Colored People was a white woman pretending to be black?



The number one tell-a-vision series in the country features graphic depictions of incest, rape, murder, rape, debauchery, rape, torture, homo deviant trysts, prostitution and more rape?



Millions of women inundate teh Interwebz with selfies taken with their handheld mobile affirmation devices in provocative poses to receive their daily narcissism fix?



Beautiful women of fertile age who are physically ready to bear and raise the next generation of our country's children...are instead trading their dignity and chastity to Dubai's decadent jet set who consider it entertaining to gang bang them, defecate on their faces and get them to engage in beastiality, in exchange for five star resort vacation experiences and shopping sprees at luxury brand retail outlets?



Over 45 million citizens, or about 14% of the overall population are now on food stamps? And rather than suffering from hunger, most recipients are more likely to be obese?



Presided for nearly a decade by a President who has a forged birth certificate and a faked background?



Deliberately spraying the skies above population centers with chemicals on a near daily basis, in the name of "engineering the weather" and "solar radiation management?"



Flying drones in the hinterlands of third world countries to blow up goat herders and poppy farmers?



Endlessly promoting racial violence and riots in the mass media?



Constantly hyping horrific events in which lunatics on psyche meds who go on shooting sprees, with the specific goal to eventually overturn the Second Amendment?



Case after case after case, year after year, all across the blighted plains, of public school indoctrinators having sexual relations with their students?



US Military practicing the implementation of martial law in States all across the country this summer? What do you think THEY are really getting ready for?



Citizens and patriots from sea to shining sea, do we not have so much to be thankful for? We are a part of the greatest country on the face of the earth! Aren't you proud of the direction we are moving in as a nation?

It seems as if the whole world is progressively progressing faster and faster towards our engineered Brave New World Order ...and America Inc. is leading the way! Join me in showing our patriotism and pride and hoist the flag way up high as we lead the march ever onwards towards progressive social justice and equality for all!



It's Time to Acknowledge Notable Women in American History

Keoni Galt · 20 July 2015 · Archived copy · Original



From the SpearheadFiles
Originally Published on May 25, 2011

I think it's high time that we the sheeple that populate these fringes of teh Interwebz, offer a conciliatory gesture of peace towards the female gender. There's been too much anger towards the fairer sex 'round these parts as of late, and it's time we MAN UP and give some props to notable females in US History, many of whom deserve recognition for their lifetime achievements. For this article, I wish to focus on those women who were successful entrepreneurs, property owners and businesswomen in the 19th century.

One such noteworthy lady is the woman pictured at the top of this piece, Madam CJ Walker.

> Like most Americans, Sarah suffered from scalp diseases and hair loses. She resolutely wanted to find a cure and started experimenting with home remedies. She found that that application of sulfur can heal most of the hair problems cure which led her to produce her own shampoo and hair ointments which soon after she began selling. She traveled to various states demonstrated he products and even attempted door to door sales. As her popularity grew she established her factory at Indianapolis in 1910 and also started Lelia College to train beauty therapists. She was loved and respected because of her philanthropic contributions for education, childcare, rehabilitation programs and her unflinching efforts to improve living conditions of black women. She gave speeches on political and economic problems at major occasions and she was widely appreciated for her opinions and stands.She breathed her last on May 25th 1919 due to complications from hypertension at an age of 52. Her daughter Lelia stepped into the shoes of her mother and became the proprietor of an million dollar empire that she had left behind. Madam CJ Walker Biography till date provides inspiration to millions of impoverished women striving to curve a respectable life for themselves.

A million dollar empire in 1919 was approximately $13 million in today's Fiat Federal Reserve Notes. And not only was she a member of the oppressed womynz gender, but she was also an African-American to boot! According to

oft repeated memes by today's feminists, that's impossible!

Or what about Margaret Borland?



> Margaret married at age 19 and gave birth to a daughter a year later. Soon afterwards her husband died in a gun battle in the streets of Victoria. Margaret's second husband succumbed to cholera in 1852, leaving her with two more young daughters to support. Within four years Margaret married the richest rancher in the county. She bore four more children and partnered in running the ranch until 1867, when a yellow fever epidemic spread along the Texas coast. Margaret ministered to her ailing family as best she could, but death relentlessly claimed her husband, four-year-old son, 15-year-old daughter, two daughters who had married the previous year, and an infant grandson.

> **Now sole owner of the ranch, Margaret capably managed operations and enlarged its holdings.** In 1873 she drove her own herd up the Chisholm Trail, accompanied by several ranch hands, her three surviving children, and her six-year-old granddaughter. The group succeeded in reaching the booming cowtown of Wichita, Kansas, but Margaret fell ill with "trail fever" and died in a local boardinghouse before she could sell her cattle.
> Margaret Borland's life parallels the momentous social, political, and economic changes of 19th century Texas. She was earnest and resourceful until the end.

Now how did she get away with being the "…sole owner of the ranch," and "capably managed operations and enlarged its holdings." in the time before the suffrage movement and Patriarchal oppression?

What about Mary Ann Hall? *(No picture available)*

> In 1840, a stagnant canal drained through the center of Washington, dividing the area where the Smithsonian Castle stands from the rest of the city. The area was called “The Island.” A few blocks to the east is where Mary Ann Hall settled, started a business, saved her money, and where she eventually built a large, three-story brick home. Mary Ann was just in her early twenties, and the neighborhood was–rough. Nearby neighborhoods were nicknamed “Louse Alley,” and even “Murderer’s Row.” While the census records show that most single women here listed their occupation as seamstress or laundress, Mary Ann’s occupation isn’t recorded anywhere. But all the physical evidence indicates she was an extremely successful businesswoman.
>
> ---

> District of Columbia court records show that at the time of her death, Mary Ann Hall was worth a grand total of $87,000, with no debts–that’s well over $2,000,000 in today’s dollars. The records also show a list of her belongings, which included Belgian carpets, oil paintings, an ice box, numerous pieces of red plush furniture, as well as an inordinate number of sheets, mattresses, blankets, feather pillows and comforters.

Hmmmm….so not only could own property, they could actually do so back in 1840 without ever being married, but simply through their own entrepreneurial efforts? You don’t say?

Here’s another notable woman from America’s oppressive Patriarchal past, Lydia Pinkham



> Some would call her the Ann Landers or Dr. Ruth of the 1800s. In 1875, Lydia Estes Pinkham of Lynn, Massachusetts, converted her herbal home remedies into a big business by skillfully marketing her products toward women and educating them about health issues. Pinkham’s Vegetable Compound became one of the best-known patent medicines of the 19th century. Pinkham was deemed a crusader for women’s health in an age when women’s needs weren’t being met by the medical community. Cooper Laboratories bought the company in 1968, though pills and a liquid stamped with Pinkham’s name are still available at some drugstores.

How about another “impossible” woman from US history? Note Elizabeth Arden



> She brought makeup from the stage to everyday life and slowly developed a global empire. Elizabeth Arden, born Florence Nightingale Graham in Woodbridge, Ontario, moved to New York at the age of 30 to pursue her dream of building a cosmetics corporation. There she began working with a chemist to create a beauty cream, something new for the cosmetics industry at that time. After traveling to Paris in 1912, Arden became the first person to introduce the concept of eye makeup to American women and offered the first makeovers in her 5th Avenue salon. Arden died in 1966, but her brand became as well-known across the U.S. as Singer sewing machines and Coca-Cola. At the end of its fiscal year in June 2007, the company reported $1.1 billion in net sales, up more than 18 percent from $955 million in 2006.

Now here we have five examples of notable women from the pages of American history, deserving of genuine acknowledgment for their achievements as business owners, property owners and entrepreneurs. Somehow, this actual history of such women is often ignored or glossed over when your average 21st century indoctrinated feminist-sheeple casually repeats the meme: *"Women couldn't own property!"*

For example:

The History Behind the Equal Rights Amendment

> The new Constitution's promised rights were fully enjoyed only by certain white males. Women were treated according to social tradition and English common law and were denied most legal rights. In general they **could not** vote, **own property**, keep their own wages, or even have custody of their children.

Or here: *"Years ago women couldn't vote or own property."*

Or here. *"For years, the social scene at Harvard mimicked the gender norms of an era where **women couldn't own property**."*

Or here: *"In 1848, women obeyed men everywhere, even in their own homes. **Women couldn't own property** either."*

Or here: *"In the past, American women did not have the same rights as men.* ***They couldn't own property****. They couldn't attend the same colleges. And they couldn't vote."*

Or here: *"I mean, sure,* ***women couldn't own property*** *or vote or practice law or anything, but I bet they'd trade that for having doors held open for them regularly anytime!"*

Or here: "*For a long time,* ***women couldn't own property****, have jobs, or participate in politics."*

Or here: *"This week I am co-chairing an event for the American Civil Liberties Union in my hometown. It's going to be a wondrous evening full of amazing art and talented people. The ACLU will always need funding to continue their work protecting all of our civil liberties. I don't work in those trenches every day, but I am thankful for those that do. Every issue women face – every obstacle they overcome – was and is a civil liberties issue. It wasn't very long ago that women couldn't vote, that* ***women couldn't own property*** *and that women had very little control over their bodies and its intended freedoms."*

Or here: *"When* ***women couldn't own property****, vote, or be in most professions, someone could have (and many did) made the case that simply allowing divorce for women in abusive marriages wouldn't automatically make things all rosy for them."*

Or here: *"until the 1920's, women couldn't VOTE, in most US states* ***women couldn't OWN PROPERTY****, and often wasn't even the one paid for her labor – no, her husband, father, brother, son, or other male was paid because women WERE NOT CONSIDERED PEOPLE."*

Or here: *"Oh, and the older I get, the more I remind myself and respect how much old-school feminists have accomplished. To see young women utterly unable to understand that* ***women couldn't own property*** *or vote or get credit cards or bank accounts in their own names is a beautiful thing."*

Or how about this Barne's & Noble book review regarding Abigail Adams?: *"In a time when* ***women couldn't own property*** *or manage their own money, Abigail was accruing enormous wealth through speculation on government bonds."*

Or this statement: *"Education Secretary Fiona Hyslop said: 'Without the suffragists and suffragettes, we would still be stuck in an age when* ***women couldn't own property****, they couldn't hold public positions and they couldn't vote.'"*

Or here's another example of the casual way the meme is regularly regurgitated: *"Consider the country's state at the Founding — only landowners could vote.* ***Women couldn't own property.****"*

Or how about while presenting a list of the top 10 richest Women in America in 2011: *"There was a time in American history, that seems not that long ago,* ***where women couldn't own property*** *or even vote. However, times have changed. Women have been elevated to a status where their names can make this list as well as the ten richest people in America."*

All the preceding quotations where taken from a quick google search of the phrase "Women couldn't own property." They represent statements from articles, blog posts, book reviews and anonymous commentary.

{At the time this piece was written for The Spearhead, all of the preceding links worked. Most still do, but several of them can't be found on the original site or at archive.org.}

Funny isn't it, how the meme that "woman couldn't own property" has become a widely accepted truth by most

denizens of our Brave New World Order, and is expressed as a universally accepted statement of fact over teh interwebz?

I guess the Womynz Studies and liberal/progressive Professors in Universities across the land forgot to ~~indoctrinate~~ educate their students about all the wonderful success stories of notable women in American history who owned property, ran businesses and amassed personal wealth through their own ingenuity and hard work. I guess their stories contradict the feminist's revision of history, so I'm sad to note that these ladies will never get there just due in today's ~~brainwashing facilities~~ institutions of higher learning.

How ironic is it that it takes a hateful, bitter misogynist here at this infamous outpost of womyn hatred, to correct this gross injustice, and white knight for these courageous and brave ladies of the past who've been ignored and marginalized by the feminist zeitgeist for too long?

It's time to put them back up on their pedestals where they belong!

Notable Commentary from the Original Post

Anonymous Reader May 25, 2011 at 07:46

This approach to political operations is certainly not new. For example, consider this noted liar:

> All this was inspired by the principle–which is quite true within itself–that in the big lie there is always a certain force of credibility; because the broad masses of a nation are always more easily corrupted in the deeper strata of their emotional nature than consciously or voluntarily; and thus in the primitive simplicity of their minds they more readily fall victims to the big lie than the small lie, since they themselves often tell small lies in little matters but would be ashamed to resort to large-scale falsehoods. It would never come into their heads to fabricate colossal untruths, and they would not believe that others could have the impudence to distort the truth so infamously. Even though the facts which prove this to be so may be brought clearly to their minds, they will still doubt and waver and will continue to think that there may be some other explanation. For the grossly impudent lie always leaves traces behind it, even after it has been nailed down, a fact which is known to all expert liars in this world and to all who conspire together in the art of lying. —Adolf Hitler , Mein Kampf, vol. I, ch. X

Opus May 25, 2011 at 07:58

I am not a legal Historian but perhaps as an Appendix to the above, it might be of interest to compare the position in England and Wales. In 1882 an Act of Parliament – The Married Women's Property Act was passed allowing married women to own property including land. Previously a woman ceased to have a separate legal identity on marriage at which point all her goods became her husbands. This was not however a one-sided deal, as (most women marry having little by way of property anyway) she was now to be protected by her husband for the rest of her life, indeed as most women marry up it was a very good arrangement for her. Better still her husband became responsible for her debts. In pratice even to this day a married couple in practice treat their possessions as joint

possessions and for that matter tend to vote for the same candidate in elections.

The position for single women and widows was quite different in that they – being femme sole – could own property including land in their own right. As I was indicating yesterday in the post concerned with Michael Faraday, voting rights depended as much on land as sex so that many, indeed most men had no right to vote in parliamentary elections.

By an act of 1919 women were allowed to qualify as Solicitors of the Supreme Court (Attorney) and after much aggitation a few having sat the examinations did so, but then for the next fifty years or so the women seemed little interested in becoming Solicitors. I do not know what the position was for women who aspired to the dizzy heights of being a member of The Bar (Barristers). (England and Wales have a split legal profession).

In spite of all this I cannot immediately think of any famous Victorian Women apart from Ms Nightingale – so I suppose they were all being oppressed by 'The Patriarchy'.

demirogue May 25, 2011 at 08:43

Shhh! How dare ye stir up controversy by telling the truth. Femitwats don't care for it. As a matter of fact women in general don't believe in it either. The enormous sales and use of cosmetics alone is proof of that.

Keyster May 25, 2011 at 08:48

Academic feminists are not only careful to avoid pointing out successful women of the "pre-feminist era", most of these women were very much opposed to women's suffrage, and feminism is general. They simply didn't see the need for it.

Yes, even if you're dead and gone, but didn't tow the feminist party line in your writings…they'll dismiss you as if you never existed at all.

Annie Oakely, who was basically an entertainer as a freakish woman who was good with guns, was very outspoken about what a bad idea women's rights would be, for all the same reasons we now know to be true.

Read more commentary after the jump...

SingleDad May 25, 2011 at 09:26

@ Opus

The truth is that today even the average woman looks to extend the law to eventual ownership of the man himself. My first wife was much smarter than my second wife (who I met after becoming a MRA).

My first announced that she owned my professional degree by fact of her being married to me during part of my training. I was uneducated in this area but since I never considered divorcing, being a good Catholic, never thought about it much.

When we did divorce I was shocked to find out that in the State of California, a spouse is only entitled to recieve back half of money they paid toward a professionals education, not living expenses. As I had paid my entire tuition and taken loans because my ex decided within a year to stop working, she actually owed me money. But, on the wise advice of legal council, I paid her double alimony because she agreed to a stipulation that she could not take me back to court. It was worth every dime.

My second tried to get me to declare bankrupgy thoughout our marriage. She would not let me contribute to retirement. She clearly was planning divorce from day 1. When she did leave, within 8 months she declared bankrupcy to the tune of $80,000.00 dollars.

I know this because I had her next boyfriend testify for me at my last custody hearing. Interestingly he believed her when she told him that I had run up the debt and what the court had assigned this community debt to her.

The audacity of modern women together with the naivete of modern men never ceases to amaze me.

Raj May 25, 2011 at 09:27

A) Feminism is about acquiring resources, not about equality. All the rights it seeks are just so women can have more resources.

B) Women don't have to create wealth because they are not good at it. Their strength lies in manipulating men to do it and give it to them. Men comply gladly.

NWOslave May 25, 2011 at 09:27

I must cry "foul" at the premise of this entire article. If you take away the perception that women weren't eternally oppressed throughout history right up to and including the present day, you have committed a mortal sin. Hatred must be maintained. For propogating such slanderous lies Mr. Price, I demand you put youself on moderation.

Jameseq May 25, 2011 at 09:41
Actually mary seacole was a household name in victorian times here in the uk, and was on the front page of the times of london at least once

In the usa 'wild west' it was not uncommon for women, particularly madames, to own houses and businesses. The social and financial power of the madame in the community was hinted at in the wildwest films of the mid 20th c, but the filmmakers didnt er want to dwell on it lol

Opus May 25, 2011 at 09:49

@ single dad

I am shocked and saddened to read your story.

Chivalry is fine if you are a feudal Knight, but applying chivalry to ordinary people in the 21st Century seems to me to be on a par with Don Quixote mistaking a serving wench for a Lady, and Windmills for Giants. Perhaps the legislators of your state have paid one too many visits to Disneyland or Knotts Berry Farm.

Quartermain May 25, 2011 at 09:52

@ Opus

Maybe instead of calling them White Knights, we should call them Don Quixotes.

Used to be one but those windmills don't fight fair.

SingleDad May 25, 2011 at 09:57

@ Jamesesq

Watch "McCAbe and Mrs. Miller", the tale of a female brothel owner in the 1800′s, played by Julie Christie and her man, played by Warren Beatty, a great movie.

How do I know? My parents took me when I was 12 because they thought it was a typical Western and my brothers friends told my parents it was OK, lol.

I remember it being good although I only saw it through the filter of my moms fingers over my wide open eyes.

http://en.wikipedia.org/wiki/McCabe_%26_Mrs._Miller

Rebel May 25, 2011 at 10:03

"I think it's high time that the men of The Spearhead, offer a conciliatory gesture of peace towards the female gender on teh interwebz."

I'm slow sometimes…

At first, I thought it was serious: it took me five minutes to understand that this was a joke.

I must admit that you had me there…..LOL!!!!

Ken May 25, 2011 at 10:11

> "Chivalry is fine if you are a feudal Knight, but applying chivalry to ordinary people in the 21st Century seems

> to me to be on a par with Don Quixote mistaking a serving wench for a Lady, and Windmills for Giants. Perhaps the legislators of your state have paid one too many visits to Disneyland or Knotts Berry Farm”>>

Alas, we are trumpeting the SELFISH nature of the average sweet-cheeks!

A man who thinks otherwise is the same sap who thinks a smiling Stripper “likes” him or that a flirtatious waitress “wants” him.

Peter-Andrew: Nolan(c) May 25, 2011 at 10:18

Hi Keoni,

Even the BIBLE talks of women whos husband had died as being the owner of the property and she owned that property until she remarried at which time it became the husbands property UNTIL one of them DIED. Whichever DID NOT DIE would then own the marital property.

Women seem to forget the marriage vow was ‘until death do us part’.

Now. Why would it be that the property was considered to be the property of the HUSBAND? Well? Might that not have something to do with the husband BEING ACCOUNTABLE for protecting and providing for the wife and kids?

Duh? If you are going to hold a man accountable for outcomes then you make sure he has full responsibility for creating the outcomes. Simple as.

It is clear from women of today that they are disasters at managing money, assets, investments in the VAST MAJORITY.

We are STILL awaiting the first fortune 500 company founded by women.

The vast majority of western women just lie through their teeth the whole time now. It’s really disgusting. I’m really sick of it. I simply don’t tolerate it any of this shit any more. If a woman wants to talk to me? She will be honest. End of story. I have no time for talking to women who are liars and hypocrites. They can find some beta-loser to talk to.

Skeptik May 25, 2011 at 10:48

Hey Opus,

Not on any pedestal to get down from. I’m far from being a royalist however I do acknowledge certain facts. Despite what some will say Queen Victoria took an active interest in politics, gave birth to nine children, excelled as a diplomat to the point of being known widely throughout Europe as ‘The Grandmother of Europe’. She held the throne for 61 years and gave her (admittedly condescending) royal seal of approval to vast amounts of commodities, social conventions and legislation.

Tellingly she was VERY anti feminist, although the term wouldn't have existed in those days.
In my book, like her or loath her these things alone makes her an immense achiever.
And whilst you don't see her as a role model and knowledge about her diminishes with time, many have done.

Herbal Essence May 25, 2011 at 10:51

You guys are such myisogeniysts. You deny the Truth of the Feminist Time Machine.
Through the technological efforts of numerous highly-trained women's studies majors, strong & independent Feminists can now travel back in time to defeat the historical Patriarchy.

As we speak, Jessica Valenti and Amanda Marcotte are in early 20th century England working on the White Feather campaign to shame evil patriarchs into dying for strong & independent women.

Peter-Andrew: Nolan(c) May 25, 2011 at 11:00

@Skeptik,
you sound like you have not read this.

http://enlightenedwomen.org/queen-victoria-%E2%80%9Cfeminists-ought-to-get-a-good-whipping%E2%80%9D/

> "I am most anxious to enlist everyone who can speak or write to join in checking this mad, wicked folly of 'Women's Rights,' with all its attendant horrors, on which her poor feeble sex is bent, forgetting every sense of womanly feelings and propriety. Feminists ought to get a good whipping. Were woman to 'unsex' themselves by claiming equality with men, they would become the most hateful, heathen and disgusting of beings and would surely perish without male protection."

Half baked May 25, 2011 at 11:01

@Jameseq

I grew up in Alaska in the 60′s, there was a serious shortage of women up there so everyone knew where the local whorehouse was, it was named after the madam that owned it and was quite the popular place to go. She was a respected member of the business community and ended up owning half the town and was on the town council for a while. So yes even after the "wild west" this was true.

Opus May 25, 2011 at 11:06

@ half baked

Perhaps you are familiar with George Bernard Shaw's play 'Mrs Warren's Profession', and I do not need to tell you what that profession was. Mrs Warren had become through her wealth (brought about by her looks) a respected member of the community – but her daughter was a bit of a feminist. The Irony!

My experience of prostitutes is, that as well as being understanding of men, they (being well paid) come across as very respectable, and well dressed – unlike the silly Toronto sluts.

Traveller May 25, 2011 at 11:07

“I think it’s high time that the men of The Spearhead, offer a conciliatory gesture of peace towards the female gender on teh interwebz.”

I do not think that, do you really believe it would be noticed or understood?

“There’s been too much anger towards the fairer sex ’round these parts as of late, and it’s time we MAN UP”

Oh yes we needed some insults.

Topic already covered (Little House in the Prairie), such women are the PAST of women.

fondueguy May 25, 2011 at 11:37

I liked the ending paragraph.

“Elizabeth Arden, born Florence Nightingale Graham in Woodbridge, Ontario, moved to New York at the age of 30 to pursue her dream of building a cosmetics corporation. There she began working with a chemist to create a beauty cream, something new for the cosmetics industry at that time. After traveling to Paris in 1912, Arden became the first person to introduce the concept of eye makeup to American women and offered the first makeovers in her 5th Avenue salon.”

Interesting that it was a woman who had such an impact at moving the enormous cosmetics industry along… Because feminism told me that women only want to boost each others self esteem and not make everything about looks, and cosmetics comes the patriarchy. It’s not like a woman could be largely responsible for the cosmetics infrastructure, or give a child botox, or pick applicants based on looks…

fondueguy May 25, 2011 at 11:46

“Chivalry is fine if you are a feudal Knight,”

Aside from chivalry being out of place, I get the impression that it has been enormously rewritten to make it look like its for wymenz (prvileges!) and as if that was honorable…

Keyster May 25, 2011 at 11:48

If women were not given special rights and privelages today (as re-payment for past oppression), they’d have to be as forthright and industrious as many of the women from a century or more ago.

Now the either advance through affirmative action or divorce their way into prosperity. Very little actual work is required of them as long as they have “rights”.

SingleDad May 25, 2011 at 11:54

Honor, in the same sentence as wymenz? Deplorable.

Here are our proud feminist moms in the US, the day after mothers day. 52,684 sign in to the Dolly Madison cheating site to:

> "A significant percentage of these women [from Mothers Day] are looking for an emotional connection," said Noel Biderman, president and founder of controversial matchmaker site http://www.AshleyMadison.com. "If you sign up for a service like this, and a day later you have six people interested in you, that is a revalidation of a time when your partner paid attention to you in that way. I genuinely believe this is what a large percentage of these women are seeking."

The Slut walkers are amateurs compared to married middle American mothers.

Read more:
http://www.foxbusiness.com/personal-finance/2011/05/11/cheating-moms-mothers-day/#ixzz1NOLexgu4

And you want to marry cupcake so you can have some kids…lol.

SingleDad May 25, 2011 at 11:56

Sorry, that was Ashley Madison. Dolly Madisons are some damn good cupcakes not to be confused with the sleazy cupcakes I described above.

http://www.dollymadison.com/

Peter-Andrew: Nolan(c) May 25, 2011 at 12:13

Speaking of acknowledging women Erin Pizzeys new book is out. Those of you in the UK can get it here.

@Welmer. It might be a good idea for you to talk to Erin and ask her if you can feature her book on the site. If there is ONE woman in the world who deserves our respect and appreciation it is Erin Pizzey.

http://www.amazon.co.uk/This-Way-Revolution-Erin-Pizzey/dp/0720613604/ref=sr_1_1?s=books&ie=UTF8&qid=1306350258&sr=1-1

Peter-Andrew: Nolan(c) May 25, 2011 at 12:22

@SD.
from the article.

> “Biderman said women in relationships, especially mothers, expected the holiday to bring extra love and attention. Those who were disappointed in the lack of attention they received took advantage of the deal being offered.”

Funny. In 18 years of marriage I don’t recall getting any extra ‘love and attention’ on fathers day.

I do recall the very first time I came home from Hong Kong to the house we had closed out on the day before I left that my ex and her kids put up a banner saying ‘welcome home peter’ and they made me a cake.

As far as I recall. That was the first and last time that happened. Hhhmmmm.

Keoni Galt May 25, 2011 at 12:24

> *"I do not think that, do you really believe it would be noticed or understood?*
>
> *Oh yes we needed some insults."*

Traveller – It’s called sarcasm. It’s why I tagged this piece with: “subpar satire” and “Underwhelming humor.”

Nico May 25, 2011 at 12:27

I read an article some time ago written by a female journalist angry against feminism which she blamed for becoming a spinster. I can’t find it anymore.

Anyone can help me?

Thanks.

Peter-Andrew: Nolan(c) May 25, 2011 at 12:29

A little OT…..but we call ameriskanks ‘whores’ and they get all upset….yet we have this from lady gaga on the latest album……Yeah…..right….

> I can be good, if you just wanna be bad
> I can be cool, if you just wanna be mad
> I can be anything
> I’ll be your everything
> Just touch me baby, I don’t wanna be sad
>
> As long as I’m your hooker
> (Back up and turn around)
> As long as I’m your hooker
> (Get her to the ground)
> As long as I’m your hooker
> (Back up and turn around)

As long as I'm your hooker
(Get her to the ground)

Hookah! Yeah, you're my hooker
Hookah! Government hooker
Hookah! Yeah, you're my hooker
Hookah! Government Hooker

I'm gonna drink my tears tonight
I'm gonna drink my tears and cry
'Cause I know you love me baby
I know you love me baby

I could be girl, unless you want to be man.
I could be sex, unless you want to hold hands.
I could be anything, I could be everything.
I could be mom, unless you want to be dad.

As long as I'm your hooker
(Back up and turn around)
As long as I'm your hooker
(Get her to the ground)

As long as I'm your hooker
(Back up and turn around)
As long as I'm your hooker
(Get her to the ground)

Hookah! Yeah, you're my hooker.
Hookah! Government hooker.
Hookah! Yeah, you're my hooker.
Hookah! Government Hooker.

Put your hands on me, John F. Kennedy. I'll make you squeal, baby, as long as you pay me.

I'm gonna drink my tears tonight
I'm gonna drink my tears and cry
'Cause I know you love me baby
I know you love me baby

Hookah! Yeah, you're my hooker.
Hookah! Government hooker.
Hookah! Yeah, you're my hooker.
Hookah! Government Hooker.

I could be girl, unless you want to be man.
I could be sex, unless you want to hold hands.
I could be anything, I could be everything.
I could be mom, unless you want to be dad.

I wanna fuck up on that hooker.
Stop shittin' me, government hooker.
I wanna fuck up on that hooker.
Stop shittin' me, government hooker.

Common Monster May 25, 2011 at 12:55

> Annie Oakely, who was basically an entertainer as a freakish woman who was good with guns, was very outspoken about what a bad idea women's rights would be, for all the same reasons we now know to be true. (Keyster)
>
> "Annie's parents were Quakers from Hollidaysburg, Blair County, Pennsylvania:"

I have distant kin on the family tree with essentially the same description, though I'm not sure where in Pennsylvania they came from. Some of their descendants ended up being pioneers out on the western frontier (now fly-over country) about the same time Oakley's career was at it's height.

One such family lived a day's horseback ride from the nearest railroad. They lived among Indians, spoke their language, and had been given Indian names. Needless to say, there were nothing but strong, capable (dare I say "independent"?) women in those families. Everyone had to be a jack-of-all-trades, so there were no special public accolades for this. I'm sure they would have been embarrassed if someone had congratulated them on being what they had to be to get by in the wilderness. It's difficult to point to many who competed with men, rather than worked with men.

They got enough real hunting in that they didn't need sharp-shooting as a sport or entertainment. Annie got her start hunting for money, a virtually unknown practice on the real frontier, which was almost entirely a barter economy — until they ventured out to make contact with the world of money at the railroad. They wouldn't have had time for gunplay. When they did seriously downtime it, it was like a big block party, and horse racing (almost the roots of rodeo) were the fiercely contested activities.

You could say they were living the life Oakley ended up selling some highly limited but palatable view of to the information yet attention-span starved masses back East and in Europe. (She lived her entire life east of the Mississippi.) To the extent she made the West seem more dangerous than it was, she discouraged women from going totally off-pavement and finding their fortunes there on their own, though a few did after settlements had become established. The AWALT women back then followed their men, who had gone ahead first to scout out the prospects. (And the Quakers then were thought to have had very progressive views of women for the time, so much so that there are several glowing feminist books on them.)

There are lots of plain (i.e., non-feminist) biographies of pioneer women (and men) from such families all throughout the West. Only the more sensational ones seem to be very well known at all beyond the local historians in the small towns. Many of the stories contain some colorful characters, but they're swamped by lots of just regular people going about their lives.

Very few that I've seen even mention what would be called feminist issues. The people barely had mail from distant family in many instances, so necessary information traveled by direct word-of-mouth from people they knew, more so than by print. If they chanced to get a hold of the odd newspaper or magazine, they'd no doubt have marveled at

how strange and puzzling the things that were going on back in civilization were. Nobody bothered having much of an opinion on such things because they were by nature reserved, knew they didn't understand those things, and it really didn't matter all that much to them in any event.

Sounds like Annie's marriage to Frank Butler was very Marriage 2.5-ish.

Traveller May 25, 2011 at 12:55

> Keoni Galt May 25, 2011 at 12:24
>
> Traveller – It's called sarcasm. It's why I tagged this piece with: "subpar satire" and "Underwhelming humor."

My fault, I did not get it at the first reading.

DCM May 25, 2011 at 13:02

There's no problem with accomplished females.

The problem is the many women who do nothing and are touted far and wide as accomplished and those women who are promoted or placed in high level sincures because and only because they are female and despite their real abilities.

It is feminists who poisoned the knowledge of actual acomplished females.

Nobody can believe anything about any females because of leftists and feminists.

Morrisfactor May 25, 2011 at 13:35

Very illuminating.

I've always been suspicious about the claims that females weren't allowed to own property in the old days. For one, there was Martha Washington, a widow who owned the Virginia estate that George married into.

Among the largest land owners in Seattle, Denver and San Franciso in the mid and late 1900th century were females – the madams who owned chains of brothels. When the great fire of 1889 burned down much of central Seattle, it was one of the madams who used her fortune to rebuild it.

I'm sure it was the same in many other cities.

AntZ May 25, 2011 at 13:36

My vote goes to Rosalind Franklin.

Franklin obtained the data that Watson and Crick used to generate their model for DNA. Later, Watson and Crick won the Nobel prize, along with Maurice Wilkins. Wilkins received the prize for Franklin's work.

Predictably, feminist nobodies who never accomplished anything screamed bloody murder:

1) Feminists complained because Franklin did not receive the Nobel. In fact, Franklin did not receive the Nobel because she was deceased. By statute, the Nobel is only awarded to living scientists.

2) Feminists then complained because Watson and Crick used (or "stole") Franklin's data. In fact, Franklin's research was public domain. True, Watson and Crick rudely asked Franklin's supervisor for her data (they should have asked her directly). However, bad manners does not constitute theft.

Franklin herself never played the victim and in fact defended the "thieves" by pointing out that her research was public domain. As a result, two years after the DNA comedy, Franklin discovered the first structure of an infections virus — an accomplishment with far greater practical consequences than the original DNA work. The virus discovery won yet another Nobel prize, awarded to her collaborator Aaron Klug.

By the time Franklin was 33 years old, she had participated as an equal in work that led to two Nobel prizes. It is difficult to dispute that, had she lived, she would have been the third person in history to win two Nobel prizes (along with Marie Curie — Sanger, Pauling, and Bardeen came later).

Both Curie and Franklin dies as a direct result of their dedication to their work. Death in the line of duty, due to different kinds of radiation.

MsExceptiontotheRule May 25, 2011 at 13:40

I have only one thing to say….
(before going on to elaborate)

and that is:
NAWALT.
Someday, a feminist will give this standard response yet remain incapable of comprehending why people are giving her weird looks – and it's because she just deployed the NAWALT bomb in defense of women that DON'T want to own property, work outside of the home/start their own business, or bear the full responsibility of making the money/spending the money – when she's carried off by a mob driven to vigilante-style justice and wailing "what did I doooooooo?" the whole way down after being thrown off a cliff by a mob that had enough of circular arguments with opponents who always seemed to switch sides.

Morrisfactor May 25, 2011 at 13:41

Among the largest land owners in Seattle, Denver and San Franciso in the mid and late 1900th century were females – the madams who owned chains of brothels. When the great fire of 1889 burned down the business district of Seattle, it was one of the madams who funded a large portion of the relief and rebuilding effort.

Watcher May 25, 2011 at 14:15

@AntZ

May I respectfully suggest you look very closely at Marie Curie's two Nobel awards. It is not as straightforward as it seems.

Lovekraft May 25, 2011 at 14:44

I think the show "The View" should cancel out at least 20 notable achievements.

Paradoxotaur May 25, 2011 at 14:45

"The records also show a list of her belongings, which included Belgian carpets, oil paintings, an ice box, numerous pieces of red plush furniture, as well as an inordinate number of sheets, mattresses, blankets, feather pillows and comforters."

The first thought I had was that this woman ran a whore house (I mean, a private whore house, not one of the Houses of Congress). Does that make me a misogynist?

@AntZ: "Franklin herself never played the victim and in fact defended the "thieves" by pointing out that her research was public domain."

Well, I think another thing worth pointing out is that Franklin herself had access to her own data, yet didn't make the connection between her data and the structure of DNA. Sort of like the story of Mary Ann Mantell finding a large, fossilized tooth and leaving it up to her husband Gideon to determine that the tooth was 1) reptilian-like and 2) from an herbivore, specifically like an iguana's tooth, thus calling the first named dinosaur iguanodon (whereas previously found dinosaur teeth from carnivores were presumed to be from large crocodiles).

s/ Keoni- you forgot other memorable achievements of pre-first-wave women, such as The Widow C. Richards (LA), who in 1860 owned 152 black slaves on her sugar cane plantation, and that, despite massive oppression from men, and whites in general, free black women owned 70% of black-owned slaves at the start of The Civil War. Remarkable achievements, considering women couldn't own property./s

I can't remember if it was Richards, The Mistress L. Horry of Colleton District (SC), or some other woman who owned the most slaves at the beginning of The Civil War, but I'm pretty sure that dubious distinction does go to a woman.

DCM May 25, 2011 at 14:56

Also, it's feminists who deny that there have ever been accomplished females till last week some time. Ever notice how every female who does anything is the first? She probably isn't unless it's something impossible before modern times like the first female parachute jump from a plane in 1912.

Some years ago feminists produced a plethora of biographies of famous women going back into early times — then stopped. Why? Because it proved the "Patriarchy" didn't keep females from accomplishing anything if they tried.

A couple of years ago in an online discussion I happened to mention that the first modern author to have used a rational explanation for apparently supernatural events as a plot element was Anne Radcliffe in, as I recall, “The Mysteries of Udolpho”, published in 1798. Radcliffe also developed the literary form of the gothic novel that persists to today. My statement, which can be looked up anywhere (Wikipedia, for example) unleashed a storm of denunciation, denial, and obscenity directed at me — by feminists. I was told that no woman could have done that. Interestingly, male feminists were more vile and angry than females, who apparently looked it up for themselves.

But the reason was that it proved talented females were not repressed by the “Patriarchy” in the 1700s. Or in the 1300s when English mystic (and social pest) Margery Kempe wrote the earliest known personal memoir in English.

The assertions of female ability, when proven true, contradict feminist doctrine. The “Patriarchy” oppressing female accomplishment is a myth to account for the fact that there are only about 10% as many outstanding females as men — to deny that only 10% of females are as gifted as maybe 70% of men.

Opus May 25, 2011 at 15:25

@DCM

I am glad that you have mentioned Ann Radcliffe because I am familiar with her 1791 Novel The Romance of The Forest. She is not perhaps a great novelist but very interesting nevertheless.

In Romance of The Forest (where supernatural events have rational explanations), our heroine begins the novel in a state of some undress (flaunting herself) and is taken to a castle in a secluded Forest. She is trying to avoid a fate worse than death yet alhough she has the opportunity to escape to a town and acquire a job as a maid, that is just too beneath her. Later she is abducted by some Alpha Male type and again narrowly avoids said fate. The she falls in love with what we would probably regard as a Metro-sexual type. There is a happy ending, but the book just shouts at me. RAPE FANTASY.

LaughOrCry May 25, 2011 at 15:29

Both Rosalind Franklin and Marie Curie were first rate lab technicians. Franklin made excellent X-ray crystallography images of DNA, which were instrumental to Watson and Crick’s deduction of the structure of that molecule.

Curie’s skills in the lab led her to being the first to isolate radium, for which she won her Nobel in chemistry. A great discovery to be sure, however since radium is a naturally occurring element sooner or later someone would have discovered it (compare for example with Glenn T. Seaborg and his team’s discovery of ten elements that don’t exist naturally).

Her Nobel in physics was won as part of a group of physicists (including her husband Pierre, himself a brilliant physicist) for their contribution to knowledge of radioactivity. I don’t know specifically what her contribution was.

The Nobel prizes in the sciences are awards for significant discoveries, not for work of scientific merit. Einstein won his Nobel in physics for his work on the photoelectric effect, not for his work on Relativity – which was undoubtedly of far greater importance and is one of the two pillars of modern physics (the other being of course Quantum Mechanics, to which Einstein also made important contributions).

Eincrou May 25, 2011 at 15:32

@ Antz: Crucial to properly understanding the Rosalind Franklin issue is the fact that she actively and intentionally hid the details of her research, which was publicly funded. Not only is this an affront due to the funding source, but it is anti-scientific to not make her work available for use by other scientists.

She was self-described as only interested in doing experimental work, and as Paradoxotaur pointed out, she didn't put it all together into a theory describing DNA and its role, as Watson and Crick did.

This all shows that ambition is an important force in driving forward science, which feminists readily admit is most evident in men's competitive spirit.

Alex May 25, 2011 at 17:25

Women get confused about concepts like independence and strength. Most women think being strong and independent means being a cold-hearted bitch who is only considered powerful if she hurts men. Women don't understand that the truly strong people in the world don't feel the need to have a cutthroat attitude. People, especially women, who run their mouths and act tough are usually nothing but insecure weaklings who fall to pieces at the first sign of adversity.

David K. Meller May 25, 2011 at 18:21

The accomplishments cited above indeed are worthwhile efforts to expand public awareness of female accomplishments in business; but it doesn't change the fact that business, commerce, and finance both then and now, are overwhelmingly male undertakings! These women, were therefore, competing with and displacing men, however impressively they did it!

Nevertheless,they still contributed to the wealth and development of their economy and society, and, therefore, deserve recognition and praise, but I think, as businessmen or entrepreneurs, not as women!

My list of outstanding women is quite different. These are women who added beautifully to the quality to life and well-being to our society in ways that, quite frankly, only women–and women of a certain kind–which we have now largely forgotten, could.

Commediennes and actresses like Lucille Ball, Mae West, Gracie Allen, Carol Burnett, and perhaps, on a different levels, and for somewhat different audiences, women like Marilyn Monroe, Hedy LeMarr, Bette Davis, Jean Harlow, Lillian Russell, or Donna Reed. Overseas, the list would include, but certainly not be limited to, Catherine DeNeuve, Gina Lollobrigida, Sophia Loren, Brigitte Bardot, and Angela Lansbury. These women made lives brighter (often amid dismal circumstances and conditions) spread laughter and love, and dare I say it, looked a damnsight better than your 'modern women' nowadays trying to entertain an audience any day of the week!

Other contributions of women which feminists have ignored, overlooked, or denigrated: How about songbirds like Ella Fitzgerald, Fannie Brice, Kate Smith, Dinah Shore, Sarah Vaughn, Theresa Brewer, or Connie Francis, and (at their best) Loretta Lynn, Patsy Cline, or Dolly Parton? Again, the world was a much brighter, more enjoyable place because of these women, and the contributions that these women and others like them–which again, could NOT be done by men–made for their time and place!

I am not as knowledgeable in literature as I should be or would like to be, but I should think that the literary contributions of e.g. Edith Wharton, Agatha Christy, Anita Loos, Edna Ferber, Florence King, and a few others should be noticed and cherished!

Contributions in other areas, from child rearing to cooking and homemaking are also noteworthy, and even–in better times–when the original work was undertaken by a man, e.g. Benjamin Spock, Benjamin Fine, or Haim Ginott in childcare, the advice was implemented and carried out by mothers (and grandmothers) i.e. women. Any success therefore that those men may have had, I daresay, is success owed by those men to those women who found ways of carrying out their instructions and advice. I also think that women writing and lecturing on homemaking and cooking, baking and sewing, contributed immeasurably to a pleasant and civilized environment for the rest of us, and also could never have been done by men, and was–for obvious reasons–totally ignored by the sisterhood from hell! We should rediscover and rehabilitate them and their works!

Why should women try to be imitation men? They have their own sphere of activity, and the longer we have to do without it, the more aware we are of how indispensible that sphere of activity is! No-it has NOTHING to do with voting, owning property, campaigning for political office, competing for executive or professional positions, or any of the worthless rot that feminists–and their renegade male(?) allies–have foisted on us for the past few decades! Dolly Madison or Martha Stewart, Patsy Cline or Ella Fitzgerald, Donna Reed or Marilyn Monroe would be precious and wonderful women even if such accursed “women” like Betty Friedan, Gloria Steinem, Hitlery Clinton, Bella Abzug, or even their precursors like Lucy Stone, Abigail Adams, or Carrie Nation had never even existed!

PEACE AND FREEDOM!!
David K. Meller

andybob May 25, 2011 at 18:40

Any Aussies remember Caroline Chisolm? I’m old enough to remember her as one of the only women in Australian history significant enough to make it into the history books (Nellie Melba got the occassional mention). Her visage made it onto the $5 note. Her contribution was to ‘rescue’ prostitutes from the streets and steer them into a life of reformed respectability.

Guess wha? Feminists hate her dead guts and have consigned her to historical oblivion. How dare she prevent women from embracing their inner sluts? She must be a patriarchy enabler. They even succeeded in having her yanked off our currency.

She has been replaced by pinko ratbag Mary Durack (on the $10 note), whose principal ‘accomplishment’ was the failed Paraguayan experiment. She and a few other nutjobs tried to set up a Marxist/feminist utopia in the South American jungle. Of course it all ended in tears and dissentry.

Feminists lionise the inept and undeserving while condemning what they fail to appreciate and understand. They play so fast and loose with facts that their every pronouncement is deeply suspect. Aussie school kids have never heard of Caroline Chisolm, but they know all about slut marches.

Depressing.

Paradoxotaur May 25, 2011 at 18:53

@LaughOrCry: “I don’t know specifically what her contribution was.”

Her contributions were:
1) she was colorably associated with that group of physicists (at least by being married to one of them), and
2) she had the only vagina in the group.

Then, as now, if a woman so much as washed the labware she was credited on the published results and would be pushed forward to accept the award.

LaughOrCry May 25, 2011 at 19:33

@Paradoxotaur: Oh come on, don’t be so patronising. I’m sure Madame Curie’s contribution was more significant than mere tokenism.

Those sammiches didn’t make themselves, you know!

DCM May 25, 2011 at 19:50

“Opus May 25, 2011 at 15:25
@DCM

I am glad that you have mentioned Ann Radcliffe because I am familiar with her 1791 Novel The Romance of The Forest. She is not perhaps a great novelist but very interesting nevertheless.

In Romance of The Forest (where supernatural events have rational explanations), our heroine begins the novel in a state of some undress (flaunting herself) and is taken to a castle in a secluded Forest. She is trying to avoid a fate worse than death yet alhough she has the opportunity to escape to a town and acquire a job as a maid, that is just too beneath her. Later she is abducted by some Alpha Male type and again narrowly avoids said fate. The she falls in love with what we would probably regard as a Metro-sexual type. There is a happy ending, but the book just shouts at me. RAPE FANTASY.”

It was “The Mystery of Udolpho” that got much criticism for naturalistic explanations of supernatural seeming events. Fellow novelists were outraged, Sir Walter Scott, it seems, especially. That alone shows that she was considered somewhat of an equal.

I haven’t read her stuff; there are certain literary periods when I can’t really deal with the prevailing style and she came in at the begining of one of them. The novel you describe sounds like a bodice ripper. I wonder if the male feminists who were infuriated by what I wrote were pissed off that a male writer didn’t explicitly give natural explanations for the supernatural.

I’d guess she was one of those persons with original ideas who was somehow limited by her style or background. I’ll never know.

I’d like to note that every era produced many female poets and novelists, most of them mediocre and few known except to scholars. Most male writers have been mediocre, too, but more of them have been original, even important. As is always the case.

Laura Grace Robins May 25, 2011 at 20:04

Keoni,
This is really good. “Women couldn’t own property” and “women couldn’t vote” are the two main cards in the house of cards feminism is built upon. If they didn’t have those two catchy slogans, I wonder what they would say. It’s not that women “couldn’t”, but that they “didn’t”. Largely, they didn’t want to own property or vote and rather deferred such burdens to the men. Women today have romanticized owning property and voting and I think all too often forget the responsibilities attached. With property comes taxes and maintenance and with voting comes diligent research, not merely selecting who Oprah says to. I remember some post I did about a woman back in the day who had property solely in her name, but she was not responsible for the taxes–the husband was! So, if he did not pay taxes he would get thrown in Jail all the while she sits prettyholding her property owning title.

freebird May 25, 2011 at 20:14

OT:
Opra Winfrey is going off free air tv.

Ding Dong the wicked witch is dead!

Good thing she was never allowed to own property or effect politics.

Ted Turner allegedly said, “The world would be a better place is women ruled,and Opra has brought us one step closer to making that a reality.”

R.I.P you old sow, may your misandry
be forgotten in our son’s time.
(never forgiven)

Legion May 25, 2011 at 20:19

> Opus May 25, 2011 at 09:00
> “It was also luck that she assumed the title of Empress in the 1870s as she never commanded an Army, never mind a Battalion – I believe the last British Monarch, (other than Margaret, who started a civil-war in the 1140s) and then not British but Icini, to personally make war was one Boadaciea though strangely she has had a name change as she now calls herself Boudica. ”

Maybe they let Victoria be empress since since she had the sense not to lead the army. Bodica lead her 260,000 size army against the Roman Governor’s 10,000 man legion and got it shattered. Estimated were (by the Romans) were at over 60,000. That’s 6 killed per legionaire while fighting off another 20 EACH. Now that’s a day’s work for a man.

Avenger May 25, 2011 at 20:22

@single dad-and I thought that Dolly Madison was one of those outstanding females of the past who invented ice cream. Not those stupid Roman Patriarchs who mixed ice from the mountains with cream lol

But I really shouldn't mock female inventors of the past beause there were quite a few geniuses like:

1892 Sarah Boone, an African American woman who patented an improvement to the ironing board. Her board was very narrow and curved to fit a sleeve and make ironing both sides of the sleeve much easier.
Outstanding! Now use it girls!

Marion Donovan, inventor of the disposable diaper

Mid 1900′s, Frances Gabe invents the self cleaning house. It is a combination of around 68 time, space and labor saving mechanisms that make traditional housework obsolete haha The only problem was that there were females thousands of years ahead of her in not cleaning the house.

1913, Mary Phelps Jacob – patented the first modern brassiere

1928, Marjorie Joyner – invented a permanent wave machine which curled or "permed" women's hair.

1809, Mary Dixon Keis – was the first woman to receive a U.S. Patent. She invented a process for weaving straw with thread or silk thereby improving the process of making hats

1898, Lyda Newman – designed and patented a new and improved hair brush – easy to clean, durable and easy to make as well. It also had recessed air chambers to provide ventilation while brushing.

1990, Carol Wior – Wior invented the Slim suit, a women's swimsuit that was guaranteed to take an inch or more off the waist or tummy and look natural I guess it never occured to her to just go on a diet lol

Bette Nesmith Graham–Liquid Paper Inventor

Ann Moore–The Snugli® Baby Carrier

Ruth Wakefield–Chocolate Chip Cookie Inventor

john thames May 25, 2011 at 20:24

Since we are adding to the list of female accomplishments why not credit them with Alcohol Prohibition, the dumbest law ever passed in the US? The author is quite correct that the claim that women were not allowed to own property is not true. If that were the case, how do we explain all the black female slaveholders in the antebellum South who profited off their fellow blacks?

Just to correct Anonymous Poster, the Hitler quote arose from a passage in Mein Kampf where Hitler was attributing the technique of the Big Lie to the Jews; he was not advocating it himself. And his claim that Jews were behind Communism is perfectly correct – as anyone who reads Jewish reference works quickly discovers.

For Mr. Meller: John Thames and Yancey Ames are one and the same. Keep it in mind as you read the next issue of the Nationalist Times.

LaughOrCry May 25, 2011 at 20:35

andybob – interesting, I shall have to look up those names.

Reminds me of Kate Sheppard, who was partly responsible for New Zealand having the (rather dubious, imo) honour of being the first country to give women the vote in 1893, and now featured on the NZ $10 note.

I recently read a book about Sheppard's "struggle"to gain the vote for NZ women, a struggle which consisted of traipsing up and down the country giving speeches and organising petitions. (Gosh. I am so happy that as a member of the patriarchal oppressor class, I don't face such a struggle and that I only have to go to work every day to a job I hate.) After it was all over and the "struggle" was successful, the poor dear had to recover by taking a holiday to England.

Somewhere near the back of the book it is casually mentioned that the majority of Members of Parliament were in favour of women's suffrage(obviously, otherwise the bill would never have passed) and that Sheppard had been asked to show that women themselves were in favour (in other words, Parliament did not want to impose something on women if they didn't want it) – hence the petitions.

The whole thing of it being a "struggle" is just laughable. Feminists who try to make out that the suffragettes faced a struggle have no fucking idea what a struggle against oppression means. How many suffragettes were arrested purely for their beliefs, as opposed to being arrested for pulling stupid and dangerous stunts? (And when imprisoned suffragettes in the UK went on hunger strike, the law was changed so they could be released and not have to be force fed.) How many suffragettes were taken from their homes in the middle of the night, never to be seen again – tortured to death in some basement, sent to a gulag or simply put up against the wall and shot? Not very many at all.

And so we have Sir Edmund Hillary, you know, the guy who risked his life to extend the boundaries of human knowledge by climbing some stupid nmountain (also responsible for many schools and hospitals being built… somewhere… I dunno… some place where I bet they don't even speak English, so who cares, right?), featured on the $5 note. At least he had the rare honour of being on a banknote while he was still alive.

Avenger May 25, 2011 at 20:49

It's mostly a myth that females couldn't own property.George Washington married a woman who was a widow and she owned all of her late husband's property including a 100 slaves.

In the 1800′s the US government gave away property out west. A man and wife could claim one parcel as could a bachelore but an unmarried female could too. Married people were considered a unit so both couldn't claim a parcel of land because that would have given them twice the land. The bachelor or spinster could get a parcel but most likely they'd get married too so they'd end up with what the married couple got for a family. But I don't think that an unmarried female would even want land in the middle of nowhere where she'd have to work a farm and watch out for bandits or the occasional Indian. The rules were that you had to stay on the land a certain number of years not just claim it and keep it without farming it.

As far as I know there was never a time where a spinster could not own property. Married couples held property in common and these feminists are just using this to say that women could not own property which is a complete distortion of history. And although property was held in common the wife was still entitled to half if there was a divorce The community property States are all in the west where perhaps the marital property was a farm.

Dark_Triad May 25, 2011 at 20:57

This is how women earn a living in the present day (an oldie but a goodie):

http://green.autoblog.com/2010/05/17/wife-of-tesla-ceo-demands-10-percent-stake-in-company-6m-cash/

Elon Musk is the closest we have to a real life comic book superhero (Tony Stark: Iron Man to be specific). Downey Jr. even interviewed him to prepare for his role as Iron Man.

Don't miss the original harridan's blog post and the corresponding comments. The Hamster is strong with this one…

Opus May 26, 2011 at 02:31

@ Legion

I think one has to be very wary of estimates of numbers in Greek and Roman Literature. It would certainly suit Roman purposes to overestimate the number of belligerent Iceni.

@DCM

Ann Radcliffe was perhaps the best-selling novelist of her era (late eighteenth century). – I mean in Britain. The earliest Gothic novel is usually said to be Horace Walpole's Castle of Otranto from 1762. The genre reamined popular until about 1820 – Miss Austen's Mansfield Park is a spoof gothic. Frankenstein (the most famous of all – and in my view a genuinely great work) – owes probably far more to Percy Bysshe than it does to Mary Woollstencraft. Byron is of course the inventor of the proto-Dracula. It is easy to see behind the gothic background the fears and concerns of women (it is women who read these things) pretty much as one can see fears and concerns in the present popularity of MizLit but as people tend to read about what they like it is easy to see what turns women on.

Radcliffe, was averagely well educated although not particularily felicitous and was married to a Barrister who dabbled in book-publishing – hence her chance. I had not previously been aware of Scott's (an infinitely better Novelist's) dislike of Radcliffe.

MWPeak May 26, 2011 at 04:41

I read this and the first thing I thought was, "Mr. Price, you smartass."

MWPeak May 26, 2011 at 04:43

Oh, I did notice that the majority of these ladies were successful by appealing to vanity, such hair, face, health, sex, etc.

Women.

andybob May 26, 2011 at 05:48

Laugh or Cry – American and British people can at least point to a few women of merit. Notice that the pathetic 'achievements' of Aussie and Kiwi females doesn't prevent Antipodean dames from being perhaps the most obnoxious and entitled harridans of all WW? Their arrogance and superiority is a mystery to all and stems from…what exactly?

Did you know that the sit-com "Kath&Kim" is so close to the mark in it's representation of Aussie women's sociopathic selfishness, that Aussie women react hysterically at the mere mention of it? They all have degrees of Kimmy in them and the revelation made many of them apoplectic with fury. No Aussie woman I know allowed it to be shown in 'their' homes after the 3rd or 4th episode. They all declared that, "I know women like that." To which I replied, eyeing them up and down, "Yeah, me too". It was the first time Australian women had ever been parodied (that tells you a lot right there), and they didn't like it one bit. Thin-skinned princesses.

Love the bit about K Shepperd's need for a post-campaign holiday. All those after-speech Devonshire teas must have been really stressfull. Poor dear!

Charles Martel May 26, 2011 at 10:05

@Dark_Triad

> "This is how women earn a living in the present day (an oldie but a goodie):
>
> http://green.autoblog.com/2010/05/17/wife-of-tesla-ceo-demands-10-percent-stake-in-company-6m-cash/
>
> Elon Musk is the closest we have to a real life comic book superhero (Tony Stark: Iron Man to be specific). Downey Jr. even interviewed him to prepare for his role as Iron Man."

Yeah, women control more than half the wealth in the USA. They still get it the old-fashioned way – marry it or inherit it.

I see Elon Musk a little differently. Musk's undoubtedly a brilliant guy but Tesla Motors is just another variant on the only growth industry left in the USA – shaking down the US taxpayer. Tesla got $500+ million in taxpayer dollars (a loan – ha!) thanks to the intervention of the repulsive Al Gore who undoubtedly skimmed a little off the top. Tesla's products make no economic sense whatsoever.

It's so distressing to watch this once great country becoming just another two-bit socialist kleptocracy.

Keoni Galt May 26, 2011 at 10:05

Rainbows and Lollipops decided to double down on the feminist idiocy based on her ASSumptions that I didn't bother to really research history. lol

I was waiting for someone to eventually bring this point up…so let's make it real clear now: women could ALWAYS own property throughout US history.

The outright lie of feminism was that married women were not held responsible for the legal affairs regarding property, it was her husband.

But – 1) Women have never been forced by law to get married in this country.

2) Women were certainly never forced to get Re-Married either. So all these property owning women really were afraid of losing their precious right to own property and run businesses that they inherited…but they were forced to re-marry, and "lose their property rights" sometimes more than 2-3 times!

> "So let me get this right. Because a few women were able to become successes, that means that women weren't oppressed at all during that time period, that men didn't hold power and prestige that women weren't afforded."

Women were no more oppressed than the average men of their time period. And these examples CLEARLY demonstrate that "power and prestige" were not AFFORDED ANYONE. Those things are EARNED due to real accomplishments.

> "Madam CJ Walker didn't become successful until late 1800s – early 1900s, a good several decades after laws were passed about a woman's limited rights to own property or be able to sign other legal documents that enabled her the ability to have a business to begin with."

LOL – YOU didn't read history close enough. By the time Madam Walker entered into her own business, she was a widow and a 2 time divorcee. In other words, she ran her own business despite all that oppression going on!

You feminist retards don't even realize how brainwashed you are.

When you look at the rhetoric you and your ilk ramble on about, one thing becomes perfectly clear: Oppression only means one thing historically…marriage, before no-fault divorce and automatic child custody to the mother were the legal reality, was 'oppression.'

The right to "vote" and "own property" were laws designed to uphold the Patriarchal system of the nuclear family to build a stable foundation for society.

It wasn't that "women" couldn't "own property" or "vote." It used to be most people followed the Christian principle of marriage – the husband and wife became ONE…a single, legal entity, with the husband responsible for the affairs outside of the home and the woman for the affairs in side the home.

Women have ALWAYS had the choice to forgo marriage and child bearing and become property owning business women and in plenty of cases, actual voters – long before the suffrage movement.

Towgunner May 26, 2011 at 10:56

Historical revision is central to feminism and an example of just how low these people truly are. Truth is an inconvenience for them, the ends justify the means is their mantra. I noticed while watching the revised Ken Burn's Civil War specials that they added new segments focused on women. Any present day tv or movie that is depicted in olden times MUST have feminist themes represented. "They" know most women watch tv and movies, more so

than ever today (as men are rightly disinterested). Things like 'based on actual events' etc is code for, well kind-of based on actual events with the directors, producers, actors(ess's) using license to "translate" into our present times…meaning they feminize and gayinize the story. This keeps that big lie going. It works like a charm, but it is manipulation, it is low, it is spreading falsehoods, and regardless of its effectiveness it is weakness.

Paradoxotaur May 26, 2011 at 11:43

Dear Keoni,

You had me at :"You feminist retards don't even realize how brainwashed you are", although I'm certain at least some feminist retards know exactly how brainwashed they are, but keep repeating the same tired old lies because they like the attention.

LaughOrCry May 26, 2011 at 14:53

> Keoni Galt – "The right to "vote" and "own property" were laws designed to uphold the Patriarchal system of the nuclear family to build a stable foundation for society."

Exactly. Historically, women (and indeed, the majority of men) were excluded from politics. These days, men are being excluded from the family. In my country, over 45% of births are to unmarried women; that means the fathers have no paternal rights whatsoever – except of course the right to pay child support. This is a direct result of women's involvement in politics.

Domestic purposes benefits were introduced originally to support mothers who had suffered the misfortune of being widowed or abandoned, as a form of State-sponsored charity. Nowadays, these benefits are a right for any woman who chooses to opt out of marriage or the workforce.

This would not necessarily be a problem in and of itself, however study after study shows that children raised in fatherless homes are many times more likely to be socially dysfunctional. There are no doubt many reasons for this, however the fact that girls raised in fatherless homes reach menarche earlier suggests to me that there are deep, fundamental (that is, evolutionary) forces at play; forces which cannot simply be cancelled out by superficial measures such as forcing welfare mothers to get jobs.

LaughOrCry May 26, 2011 at 15:35

…cont'd: Does that mean that rulers and leaders of the past were wise to the consequences of women in politics? Not necessarily; if they had been then perhaps they would not have let things develop in the way that they have. It just means that societies themselves are subject to evolutionary selective forces: societies that remain strictly patriarchal remain strong and vigorous, whereas societies in which women gain too much political power become weak and eventually die. For those who might say, "So what if a particular society dies? People are entitled to their rights!", when societies die, that usually means poverty, starvation, disease, suffering… things that are not usually regarded as good. Now that's not to say that while patriarchy may be necessary for a strong society that on its own it is sufficient; south American countries are pretty strongly patriarchal but they aren't doing particularly well.

It's a very popular idea that people are entitled to their rights just by virtue of being people; indeed modern Western

governments promote that very idea. Feminist narrative is that men – the Patriarchy – have historically denied women their duly entitled rights out of, I dunno, spite I suppose (sounds awfully like projection).

However, individual rights do not simply fall out of the sky like manna from Heaven, they have to be bought and paid for by society as a whole. It seems that women's rights are expensive, maybe so expensive that even prosperous Western societies cannot afford to pay for them for any length of time.

LaughOrCry May 26, 2011 at 16:26

…still going: Historically, voting was not considered a right, it was considered a trust which entailed a duty to vote not in one's own interest, but in the interests of the country as a whole. This fits in with the function of government: government is not there to act in the interests of the people, especially not the people who voted for it (that leads to corruption and tyranny), it is there to act in the interests of society as a whole – the State.

The government preserves the State for the benefit of the people and future generations, it does so by governing the people using its authority over the people. The State is preserved in order to prevent such outcomes as the tragedy of the commons: http://en.wikipedia.org/wiki/Tragedy_of_the_commons
in which people rationally pursuing their own interests end up ruining it for everyone.

Another example might be the prisoner's dilemma: http://en.wikipedia.org/wiki/Prisoner%27s_dilemma
where the "prisoners" represent law abiding people in normal society. The paradox of the prisoner's dilemma is that the prisoners each rationally acting in their own best interests results in the worst possible outcome for both of them.

A solution to the prisoner's dilemma is that the gang leader (who is not in prison) gets a message to the prisoners to keep their mouths shut or he will kill them. The prisoners might not be able to trust each other not to talk, but they can trust the gang leader to follow through with his threat if they do talk. While this means (in the wiki example) that both prisoners go to jail for a month, this is the best and fairest outcome for both prisoners.

In this analogy it is clear that in society, the government acts in the role of the "gang leader"; it has authority over everyone in order to ensure the best possible, or at least the optimum, outcome for everyone – society as a whole – not just any particular special interest group that might have some influence over the government.

Indeed, any influence that a special interest group has over government becomes magnified by government's power and authority over everyone, and can easily lead to large disparities of power. That's why it's so important for governments to be scrupulously fair and impartial.

Now if this all sounds rather totalitarian, indeed there is a risk if the State develops too much power – it may start to act in its own interests at the expense of the people, rather than for their benefit. That is why for example the US Founding Fathers placed strict limits on the power of the government.

However if the State starts to act in the direct interests of the people, such as in modern democracies with universal suffrage, you end up with a case of "the tail wagging the dog"; governments pander to the people just to get reelected and lose sight of their primary function of preserving the State: modern Western democracies universally suffer from government and private indebtedness, unemployment, criminality, lawlessness and imprisonment, despair and suicide. Modern Western governments clearly are not doing a good job of preserving their respective States for future generations.

crella May 26, 2011 at 19:01

The first women doctors graduated in 1851 or 2…the 60s feminists were full of sh*t too. All the major women's colleges were founded in the mid to late 1800s. It was money that made the difference, not sex. A whole lot of men didn't go to college either.

LaughOrCry May 26, 2011 at 19:22

andybob – I don't know if I'd say that all Aussie girls are completely useless; they still have Meter Maids over there, don't they?

They made a TV commercial for beer here in which the brewery was completely manned… er, staffed by gorgeous women in skimpy attire (this commercial, in fact: http://www.youtube.com/watch?v=zAmJEqBSBqI)

Rumour was that they couldn't find enough Kiwi girls who were sufficiently gorgeous and prepared to be filmed in skimpy attire, so all the girls in the commercial had to be brought over from Aus.

andybob May 27, 2011 at 01:44

> "…so all the girls in the commercial had to be brought over from Aus."

Watch closely, LaughOr Cry. Those girls are definitley dubbed – probably Swedish backpackers having a laugh. No sour-faced Aussie Sheila could flog beer to discerning Kiwi gents. The breweries would go under. Hilarious ad by the way!

DCM May 27, 2011 at 03:37

Ho-hum. It'll be repeated into eternity and rendered trite:

"History's First Recorded Museum Was Founded By A Woman
by Susana Polo | 2:56 pm, May 25th

io9 has a very interesting article today about a singular discovery made by British archeologist Leonard Woolley: the earliest recorded example of a museum, the collection of Princess Ennigaldi of the Neo-Babylonion Empire in the city of Ur. And no, this wasn't just a private collection, as Woolley also found the earliest example of a museum label. Except instead of a little white card, it was this thing on the left.

Woolley describes finding clay cylinders in the chamber, each with text written in three different languages, including the language of ancient Sumerian and the more modern (for the period) late Semitic language… Sure, Woolley didn't think much of the scribe's attention to detail. But he was man enough to admit when he had been beaten to the punch – and in this case, he readily acknowledged that archaeology in Ur had been thriving about 2,500 years before he had ever set foot there. And, even more remarkably, this most ancient museum predated the first modern museums by about two millenniums.

As for the museum's founder, Princess Ennigaldi, she was the daughter of King Nabonidus, who was the last king of the Neo-Babylonian empire. Her traditional role was that of the high priestess of the goddess Nanna, and as a

teacher (in an 800 year old school for priestesses of Nanna, basically making her the dean or president of a university as old as Oxford). Her small museum's collection contained only half a dozen items, including a carved "large oval-topped black stone" from 1400 BC, a fragment of a statue of Dungi (king of Ur in 2058 BC), and a "clay foundation-cone of a Larsa king" from 1700 BC. The artifacts she had amassed were roughly as old to her as the Ancient Romans were to us.

King Nabonidus himself was something of a historian, instituting projects of restoration around Ur, and the thousands of years old culture itself was going through a period of great historical nostalgia, just as it was about to fall to the Achaemenid or Persian Empire. Makes you wonder about the significance of our own museums, huh?

http://www.themarysue.com/the-first-museum/"

Eric Weaver May 27, 2011 at 07:01

But what about those women who are laudable, but unknown to history?

I am thinking about the one who invented the blowjob. She deserves a statue somewhere.

Rainbows and Lollipops May 27, 2011 at 09:24

> Keoni Galt:"Rainbows and Lollipops decided to double down on the feminist idiocy based on her ASSumptions that I didn't bother to really research history. lol"

Watch, I can capitalize too: YOUR'RE ever so clever in your capitalization of "ass" in assumptions. How did you ever come up with that one on your own. :o

Regardless, I am not and never been a "feminist". Anytime someone on this board decides to call me one based on their own assumptions (please note that I didn't feel the need to be ignorant enough to capitalize the obvious) that's based on pure emotion, not logic or fact. Infact, there is nothing in my previous posts that points to feminisnt theory.

> "I was waiting for someone to eventually bring this point up…so let's make it real clear now: women could ALWAYS own property throughout US history."

Unmarried women could and I stated that in my post. That is if an unmarried woman was lucky enough to be given property because usually men did not want to give women property. But once a woman got married, her husband took over that property and she lost her rights. There's really no rational reason why that was the law but it was. You also are hugely ignoring how women were brought up in that time and many were brought up believing that being married was their top priority, followed by having children. This is how families brought up their daughters, they didn't tell them they could be successful business leaders or get into politics like they told their son's they could. That is a huge social construct that you like to leave out in your assertion that women had as many freedoms back then as men.

> "The outright lie of feminism was that married women were not held responsible for the legal affairs regarding property, it was her husband."

Show legal documentation that states that married women were 100% equal to men in their ownership of property and legal matters. You can't because the law as the exact opposite, and it wasn't until the 1830s-1860s that laws were passed that enabled married women more property freedom. And ALL of the women you used as examples of success, garnered their success AFTER those laws were passed. Amazing isn't how you are really proving that once women were given the rights to accomplish goals like men where, by the laws that were passed, that there were women that actually accomplished those goals once given the freedom to do so. Fighting generations of social grooming that they were only to get married and have babies.

> "But – 1) Women have never been forced by law to get married in this country"

And some women didn't. However, even you can't deny that back in that time unmarried women were more shunned culturally by both other men and women then married ones. Women were groomed since little girls that they were to get married, be loyal to their husbands and have babies. Back then do you think they had brothels for women? No. They had them for men because men could both get married and still sleep around and cheat on their married partners. Brothels were quite common place back then. For men, certainly not for women. Another fact you like to ignore in your pursuit to act like everything was all equal between men and women.

> "Women were certainly never forced to get Re-Married either. "

See above. You're arguing points no one even said.

> "Women were no more oppressed than the average men of their time period. And these examples CLEARLY demonstrate that "power and prestige" were not AFFORDED ANYONE. Those things are EARNED due to real accomplishments."

Okay, tell that to African American's that became slaves to white men. Tell them how everyone was afforded the same chances.

Again, you're trying to argue that because a few women were able to become successful, ONLY AFTER (we love to captalize here) laws were passed that allowed women more freedom, that means that women weren't oppressed at all during that time period, that men didn't hold power and prestige that women weren't afforded. Nonsense.

> "LOL – YOU didn't read history close enough. By the time Madam Walker entered into her own business, she was a widow and a 2 time divorcee. In other words, she ran her own business despite all that oppression going on!"

Excuse me but did I argue that she didn't run her own business? No. What I *did* argue was that factually, she didn't become a success until certain laws where passed between the 1830s-1860s that enabled women more

freedom. Legal laws came into play that enabled married women to have more legal rights regarding property and legal documentation. The success of all the women you listed came AFTER these laws where inacted. Not before.

> "You feminist retards don't even realize how brainwashed you are."

You're reaction purely emotionally here.

> "The right to "vote" and "own property" were laws designed to uphold the Patriarchal system of the nuclear family to build a stable foundation for society. It wasn't that "women" couldn't "own property" or "vote." It used to be most people followed the Christian principle of marriage – the husband and wife became ONE…a single, legal entity, with the husband responsible for the affairs outside of the home and the woman for the affairs in side the home."

Awww..so your point isn't that women weren't oppressed. But that they were oppressed and that that was really for their own best interest. It's really strange this whole time you tried to argue how equal women were to men in that time but you *just* above stated that women infact where equal. Make up your mind.

In a perfect relationship, a man and woman would become one in their relationship. And I have no problem with the man being the leader in the relationship as long as he consider's his wife's needs before his own. But that's not what happened. Men abused their position in soceity and didn't consider their wives or families which is what lead to women's sufferage in the first place.

Did you know that historical evidence indicates that most prehistoric hunter-gatherer societies were pretty egalitarian. The Patriarchal social structures did not develp until many decades later.

> "Women have ALWAYS had the choice to forgo marriage and child bearing and become property owning business women and in plenty of cases, actual voters – long before the suffrage movement."

Then why are all the examples of the women you used success stories of women AFTER laws where passed that enabled women more rights. Do you know when suffrage movement first started? It was around the 1790s. And it grew from there. Again, take a look at the dates the women you listed became successful.

David K. Meller May 27, 2011 at 17:05

Isn't it interesting that there was–and apparantly is–some debate regarding the "accomplishments" of women (or were they–and their acomplishments in the male sphere of activity–imitation men)?

I notice that the REAL accomplishments of real women cited all too briefly in my article are overlooked. Women do not need ownership of property, nor do they need voting or poltical jobbery do be loving and attentive wives,mothers, and homemakers, laying the groundwork in and through the home, local community and church, for what America was eventually become in the eighteenth and nineteenth century! they don't need "equality" in property ownership rights, they didn't need the vote, and they didn't need to infest male centers of activity outside the home, from the armed forces to government and the civil service, from academia to the senior management of

sports, entertainment, or business enterprise! They dind't need any of that to become excellent nurses brilliant writers, and outstanding singers, actresses, comediennes, dancers, etc. They didn't need any of this to become equally outstanding in the giving of pleasure, the services of courtesans and ladies of the evening (although some of those, especially on the frontier, succeeded in gaining and holding property in ways that would be the envy of most businessmen of the day)! Where women were not skilled themselves in the arts, sciences, and technology of men, they often inspired their men to greatness in such fields. This too, should be noted.

Women's accomplishments in the larger world–outside of the areas specific to the female–are paltry, unconvincing, and probably unnecessary! It is indeed difficult to believe that no man could have come along and done what the woman or achievement was credited with doing, and probably doing it better in the end! The creation of beauty, the growing of culture, and the evolving of civilization, in its best sense, is the work of women (in the private sphere of life) as much as that of men in public–including property ownership and management, business, and law, scholarship, and politics.

Over the past century we have forgotten this–both men and women–and the world which is devolving is one that offers little good to anyone, In fact, one might say that in the absence of the female forces (the "Yin" principle according to the Chinese) and its misplaced mischief polluting the masculine "Yang", it is entirely possible that we–and our children–are not capable of avoiding a new version of the dark ages!

Wishing everyone
PEACE AND FREEDOM!!
David K. Meller

Keoni Galt May 27, 2011 at 18:28

Rainbows & Lollipops, you may deny being a feminist, but you sure argue like one.

David K. Meller May 27, 2011 at 19:11

Paraphrasing a noisy but more-or-less honest and patriotic Senator when he was talking about communists and their agents and sympathizers in the early 1950′s: "If it walks like a duck, looks like a duck and quacks like a duck, it's a DUCK"!!

It ain't no bald eagle!

She may deny being a feminist, Keoni Galt, but she writes like one, quacks like one, and probably even looks like one (her cute feminine-sounding internet moniker notwithstanding)–Rainbows and Lollipops shows herself by her unwanted, totally insensitive, and obten bitter articles in the-Spearhead to be just that! She is an accursed, unlovable, fully paid-up member of the sisterhood from Hell! She IS a f******t!!! She is NO sweet old fashioned girl!

PEACE AND FREEDOM!!
David K. Meller

jameseq May 28, 2011 at 09:16

> Rainbows and Lollipops May 26, 2011 at 08:08 .
>
> ..Further, if a woman did own property, it by default of getting married became her husbands, not hers, and *he* had control over the property as the law dictated and she didn't have any rights to it whatsoever. Unmarried women were able to own property that was passed down to them but unmarried women were scorned by both men and women alike.
>
> You'll notice that most of these women gained property only through the death of their husbands and all of these women had success only after futher laws were passed regarding women's ability to own property. By law, married women were not allowed to acquire or control property until the mid 1800s where they were given some ability to control property only."

r+l youre not in your genderstudies class now. You can not fool the men AND women on this board

We KNOW, the real history is a lot more nuanced than that. The history your reading seems to be drawing from victorian reintrepetation of history to fit their stulifying upper middle class notions of masculinty and femininty. The fact is women in Europe (and in other parts of the world) have usually been able to own property. Ive provided historical links from feminist women .

http://mahan.wonkwang.ac.kr/link/med/feminism/emily.htm

WOMEN IN THE MIDDLE AGES

The reason that I chose to create a web page on women in the Middle Ages was a result of my own frustration with the lack of information that existed on women at this period of time and a natural curiosity about what rights women posessed, the power they yielded and how they spent their days. I will include links to other web sites as well as enlighten you, the reader, with some interesting information.

Single Women Versus Married Women

What I found out about women in Europe between 500 and 1500 a.d. was that their power waxed and waned throughout their lifetime. Unmarried adolescent women and widows and in some cases women from the knight and noble classes had particular priveleges that only men had. The general structure of society prevented women from claiming ownership to public authority, but this is not to say that they did not demonstrate power in the private sphere. For instance in 14th century Brigstock, England, adolescent women and widows could accumalate property. Young women could save money through land sales and wages earned through work. Widows could trade, exchange and sell their property and were considered legally liable for their actions. In courts they could appear without a man to pursue litigation, and answer complaints.

In contrast to the freedoms that single women posessed, married women encountered a loss of power when they tied the knot. The wife gave her land to her husband, thus reducing her power and increasing his. A woman's dowry consisted of a land tract and her land was merged with her husbands. The woman lost legal competancy and was not held responsible for her own actions. Also married women sealed documents jointly with their husbands whereas unmarried women in France between 1150 and 1350 could seal acts in their own names. Seals were a representation of the right to own property and be legally capable. In the area north of the Loire Valley aristocratic women frequently used seals, but it was the women of lesser nobility who sealed more acts in their own names, thus they were more legally independent than the former. The proportion of female to male seals that existed during this time was more equal which is a reflection of women's secular

[..]

In the south of France during the 9th-11th centuries women were the heads of families and households. They also exercised their power in other areas as well because their were no effective barriers to hold them back. Women were judges, military leaders, castellans and controllers of property. Within the realm of the church, women in an advantageous family position influenced the affairs of the church and before men were sworn to an oath of celibacy their wives took ecclesiastical property into their own hands.

[..]

Women, Land and Ownership

Land ownership was a great source of power during the Middle Ages. According to the Salic Law of the late 6th and 7th centuries in France women could inherit land which did not come to their parents as part of the patrimony. King Chilperic (533-566) allowed women to inherit Salic land provided they had no brothers. In cases where land was aquired by means other than inheritance, both sons and daughters had equal claims to the land. Merovingian women took what land they could and held on to it as long as they were not forced to give it up. In Italy the Lombard Law stated that when a father had no sons he could leave 1/3 of his land to his daughter.

Moving on to the middle of the eighth century we see the decline of the Franks and with that the obliteration of restrictive inheritance rights. The Carolingians who succeded the Franks gave women the private right to control their property, thus giving mothers, daughters, sisters and wives clout within the family sphere. Women contributed tracts of land during a marriage and thus gained power within the household…

Women and Work in the Middle Ages

Modern historians are beginning to discover that medieval women made a significant contribution to the economy of the medieval world. In past histories, women were either ignored by men or taken for granted. Neither religious nor romantic literature gives us an accurate accounting of the activities of the real medieval woman. Today, letters, wills, business and legal documents, convent, manor and census records and manuscript illuminations are used to complete our concept of the world of medieval women. It is hoped that this study will assist the female members of the Society for Creative Anachronism, Inc. with their persona research and their attempts to become real medieval women. For women in the Middle Ages played an active role in medieval society, although their economic efforts were affected by their social class, marital status and by the place and time in which they lived.

[…]

Middle class women were expected not only to maintain their households, usually a townhouse within the city, but also to assist their husbands in business. A woman could be of assistance to her husband by helping him in his trade or by practicing one of her own (the “femme sole”). (Bornstein, p. 96) The period of 1300-1500 was a time of great expansion in industry and commerce and an increase in the number of workers was necessary. It seems to have been taken for granted that women would do their share. In London no trade was closed to women by law and evidence exists of women’s employment in occupations of many kinds. (Abram, p. 276) In fact a married woman in business had two advantages over her husband. First, she had the choice of taking full responsibility for her actions and the debts incurred in her business (the “femme sole”), or of placing the responsibility on her husband. Additionally, in 1363 in London , a city ordinance declared that men had to keep to one trade while women were free to follow as many as they chose. (Bornstein, p. 96) Women sometimes pursued two or three occupations. However, rather than liberating, this ordinance might be construed to imply that women were less skilled or not “masters” of their trades.

http://sandradodd.com/sca/womenandwork

Rainbows and Lollipops May 29, 2011 at 06:38

> "The Carolingians who succeded the Franks gave women the private right to control their property, thus giving mothers, daughters, sisters and wives clout within the family sphere. "

What do "private rights" mean? And why would a woman's right have to be private if men and women were equal?

I could go on..I have alot of questions about the information you provided. I hope you can take the time to answer them.

Thanks.

DCM May 29, 2011 at 06:56

> "'Rainbows and Lollipops May 29, 2011 at 06:38
> "The Carolingians who succeded the Franks gave women the private right to control their property, thus giving mothers, daughters, sisters and wives clout within the family sphere. "
>
> What do "private rights" mean? And why would a woman's right have to be private if men and women were equal?
>
> I could go on..I have alot of questions about the information you provided. I hope you can take the time to answer them.
>
> Thanks."'

You either know perfectly well it means women had rights as private individuals apart from men, or you're an even bigger idiot than you seem, or you think we are stupid, or all or some combination of the above.

You might want to check the works of Barbara Hanawalt on English medieval society. Since she's female you must uncritically accept everything she says. Men give what she says much credibility because she cites and references the documentation on which her studies are based.

Don't worry about reconstructing your post. I'm sure we can assume what you said.

David K. Meller May 29, 2011 at 13:03

Why are too many of us arguing with Rainbows and Lollipops"? Aren't we just too d–n INTELLIGENT for that? The posts documenting the provisions for private ownership of property, choice in marriage, equality before the law, etc. are certainly appropriate to an article celebrating womens' accomplishments (and debunking the feminist

“herstory”cited by R+L) citing the contrary, but I can’t help wondering if this legal equality offered to women (at least unmarried ones) wasn’t a serious mistake; given the fact that more than a thousand years later, the result of all this “equality” is Rainbows and Lollipops–and FEMINISTS like her–polluting our economy and society with their thoroughly demented vision of female supremacy masquerading as “equality”, and making our lives hell in the process!

I think that we men (and the women who love us) could have done without this! Maybe there is more to be said for accomplishmets of women keeping OUR property safe and clean, giving pleasure to men–both in and out of the bedroom–and creating the love, bueauty, and and wholesomeness that women–at their best–and only women, are capable of creating! Property for women? Perhaps necessary, so, when men are e.g. off to war or exploring,or trading oversea, and soem trusted agent must manage the estatel but I rather doubt that this development is something which should be universally welcomed, and may have, over time, played a large part in us coming to grief!

PEACE AND FREEDOM!!
David K. Meller

DCM May 29, 2011 at 15:33

“Why are too many of us arguing with Rainbows and Lollipops”? ”

Fun.
I still like to watch the Three Stooges now and then.

Attila May 30, 2011 at 01:28

Don’t feed the fire – if you want a fembot to stop chattering – let her have the last word or just let her go on with her verborrhea. Don’t give her any more pretexts- and besides- her retorts are only going to get more nonsensical/illogical/irrational as the chat goes on. Keep the Peace…Shut Up!

Jean Valjean May 30, 2011 at 21:23

Elizabeth Cady Stanton went to law school. She married a man who also went to law school and after school she had his children.

For most of her “feminist activist” career she lamented “domestic tyranny” which is the obligations and demands of being a mother which prevented her from writing speeches and giving appearances.

Of note here is that she married a wealthy man who bought her a big house with servants and wet nurses to do all the work for her but she was still oppressed.

And what was the main reason that colleges gave for not accepting women? Because there were limited spaces available for students and they wanted to reserve those for men because men would perform in a field (medicine, law, etc.) all their lives. They didn’t want to give those scarce spots to women because women used them to meet available young men and get married.

And what did E. C. Stanton do? She met a law student, got married, never actually practiced law, but sure as hell complained about it for the rest of her life.

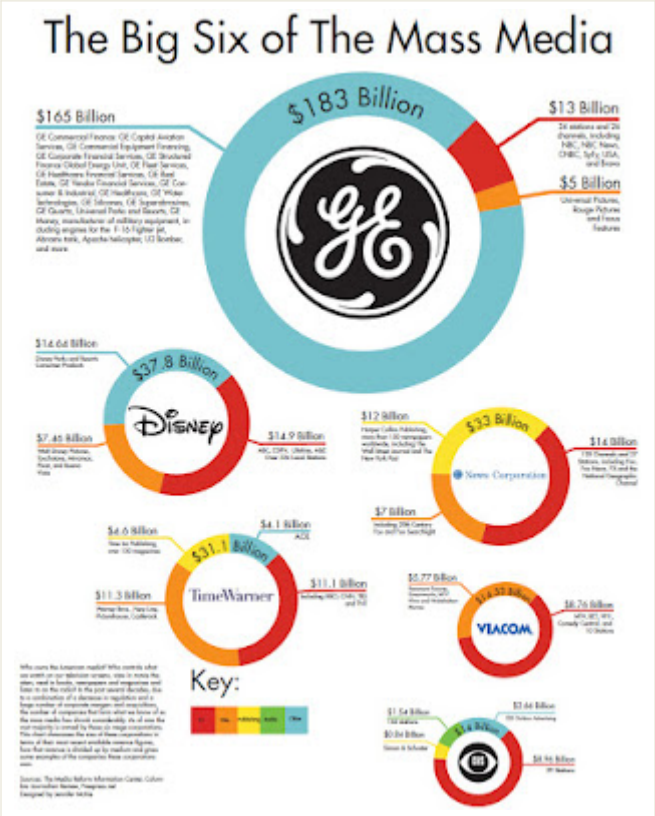
Somewhere out there was a young man who might have gone to law school had Stanton not taken his spot. What became of that man thanks to her selfishness?

Flash forward to present and around 65% of medical students are female. Yet on average 85% of women will have children. Many of these women who get medical licenses will eventually quit or go part time as a general practitioner (the low end of medicine) so they can spend more time with their families. Isn't that nice?

But the end result is that we all pay more for healthcare because the shortage of doctors (thanks to women) drives up wages in specialist areas.

The Coordinated Narrative

Keoni Galt · 22 July 2015 · Archived copy · Original



Click to Enlarge

> "There is a deeper level to this. As you know the Mainstream Media (MSM) is primarily composed of six mega corporations. As the leaders of these organizations all belong to the same interconnected groups, they all take their marching orders from the same people if you go high enough.
>
> The reason that an issue like the Confederate flag (actually, the flag of the Northern Virginia army) is suddenly everywhere is because it IS centrally coordinated. If things weren't centrally coordinated such things couldn't happen. Period. For all intents and purposes, MSM is one gigantic mega corporation. It only APPEARS to be different companies."

> - paraphrased comment by RogerP77
> The mainstream media is junk food for your brain

The preceding quote is a topic that is common knowledge amongst those of us who favor aluminum foil head gear as our fashion accessory of choice. Most normalized folks are dimly aware of this fact, but blithely carry on with nary a thought while they continuously consume the Big Six's infotainment aka YOUR REGULARLY SCHEDULED PROGRAMMING.

Most folks simply cannot imagine living a life bereft of consuming the mass media's "infotainment." Watching the

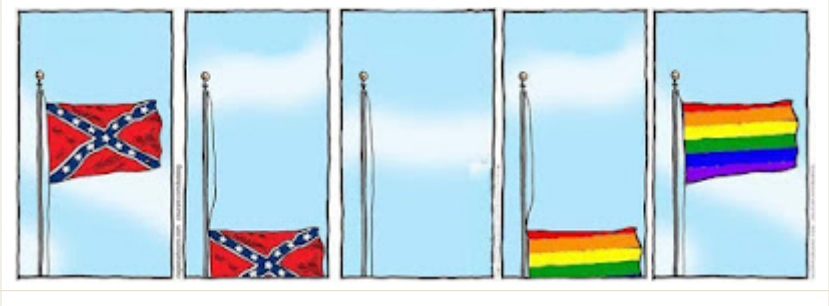
tell-a-vision, going to the movies, downloading the latest netflix release or renting a DVD are all staples of our Brave New World Order's zeitgeist of what we call "recreation."

These six Cosmodemonic Transnational Megacorporations are really nothing more than the Multimedia Arts and Entertainment aisle in the company store. It's really rather brilliant when you consider that while most of us have the majority of our waking lives devoted to working as human resources for the corporate borg, when we do get a little time off on the weekend, "fun" and "rest and relaxation" is subconsciously defined by most as being idle consumers, paying for the privilege of sitting for hours in front of a screen, being brainwashed by digitized propaganda to socially engineer our attitudes and beliefs to conform with our increasingly blatant, controlled culture.

Isn't it patently obvious that these BigSix are certainly unified and coordinated in producing our regularly scheduled programming themes? As the Natural News commenter I quoted notes, *"...an issue like the Confederate flag (actually, the flag of the Northern Virginia army) is suddenly everywhere is because it IS centrally coordinated"*

As the Corporate-Media-Government complex so aptly demonstrated, in a matter of hours the flag of the Northern Virginia Army became difficult to procure in our "free markets" and denounced as emblematic of all that is wrong with we the sheeple.

On the flip side, we were quickly offered the path to social justice salvation with the option of embracing the vibrant diversity flag to celebrate the Supreme Courts fiat legislation of homogamy as the law of the land.



The coordination in today's mass media and social media networks is nearly instantaneous, and any idea, meme or shibboleth that the social engineers in charge of the BigSix want to promote, they can now influence the public's consciousness in a matter of minutes via mass multimedia saturation.



While so-cons and trad-cons have always bewailed the cultural and moral decline of civilization due to the slippery slope agenda of the liberal progressive social justice Borg, the slide down that slope has certainly escalated exponentially in the past couple of years, now that mass media control has been vertically integrated into its current leviathan state.

THEY literally show us the truth the late night talk shows with a laughing studio audience, and most sheeple laugh along, then give the topic no further thought.

But those of us who proudly peacock our aluminum head gear know otherwise.

Most of my fellow conspirtards are familiar with the following:

> One night, probably in 1880, John Swinton, then the preeminent New York journalist, was the guest of honour at a banquet given him by the leaders of his craft. Someone who knew neither the press nor Swinton offered a toast to the independent press. Swinton outraged his colleagues by replying:
>
> "There is no such thing, at this date of the world's history, in America, as an independent press. You know it and I know it. There is not one of you who dares to write your honest opinions, and if you did, you know beforehand that it would never appear in print. I am paid weekly for keeping my honest opinion out of the paper I am connected with. Others of you are paid similar salaries for similar things, and any of you who would be so foolish as to write honest opinions would be out on the streets looking for another job. If I allowed my honest opinions to appear in one issue of my paper, before twenty_four hours my occupation would be gone. The business of the journalists is to destroy the truth, to lie outright, to pervert, to vilify, to fawn at the feet of mammon, and to sell his country and his race for his daily bread. You know it and I know it, and what folly is this toasting an independent press? We are the tools and vassals of rich men behind the scenes. We are the jumping jacks, they pull the strings and we dance. Our talents, our possibilities and our lives are all the property of other men. We are intellectual prostitutes."

- John Swinton (1829-1901) | managing editor, New York Times | 1880
Source: Labor's Untold Story, by Richard O. Boyer and Herbert M. Morais, published by United Electrical, Radio & Machine Workers of America, NY, 1955/1979

That was then, this is now.

There IS such a thing, at this date of the world's history, as an independent press. Thanks to teh distributed network capabilities of teh Interwebz, the truth can actually be found...but it is almost more difficult now to find it than when we only had a few channels of media to consume. Now we have more channels than can be possibly counted, so that the truth can be plainly stated and most will never believe it, as we are bewildered and numbed to the overwhelming overload if mis- and dis- information of our BigSix controlled mass media.

You know it and I know it.

There are a few of you who dare to write your honest opinions without the cloak of anonymity on blogs, forums and social media accounts, but most people devoted to exposing the truth under the real world identities are either doxxed, censored, threatened, stripped of their livelihoods, or ridiculed into obscurity.

You have been warned, but most people ignore it.

The business of most journalists, mainstream bloggers, mass media whores, pundits, talking heads and other notable glitterati on teh Tell-A-Vision, on teh Interwebz and in print publications, is to shill the approved corporate party line, and to try and influence consumers anywhere unapproved thoughts are expressed, so as to engage in active measures to destroy the truth; to lie outright; to pervert; to vilify; to fawn at the feet of mammon, and to sell out their countries to the emerging globalist overlords. It's just good business!

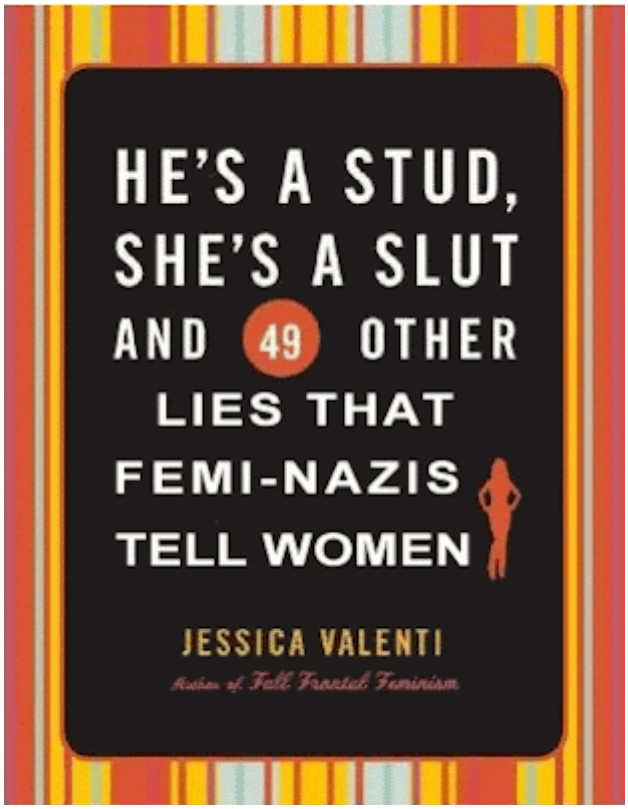
You know it and I know it and what folly is this toasting an independent press, a free country, democracy, equality and fraternity? We are the expendable human resources and mindless consumers of rich men behind the scenes. We are the jumping jacks; they pull the string and we dance. Our talents, our possibilities and our lives are all the property of the managers of our sheeple farm who use the BigSix multi-media organs to tell us all what and how to think.

But just 'cause they're saying it, doesn't mean we have to listen.

UPDATE: Thanks to Anonymous for making me fact checking the source of the Quote attributed to John Swinton. It has been now been correctly attributed (I hope!).

There is No Sexual Double-Standard

Keoni Galt · 30 July 2015 · Archived copy · Original



From the SpearheadFiles
September 2, 2010

A female reader was apparently looking through the Spearhead archives, and came across my book review for The Garbage Generation. She e-mailed me the following: "*I have read part of the book and a lot of the book I agreed with. I just want this question answered by another man. Why is there a double standard? No matter what it takes two to tango."*

If you agreed with a lot of the book, you really shouldn't be even asking this question, because one of the basic premises of Dr. Amneus' seminal work, is based on defining what comprised the original marriage contract between men and women. What men bring to the table and what women bring to the table in what we now refer to as the institution of Marriage 1.0, were two different assets to be exchanged for the mutual benefit of the children created by their union.

Men's primary marital asset was their resources and ability to labor to acquire more resources, to support the family. Men with lesser means or abilities to provide were (and usually still are) viewed as less desirable marriage material, *regardless of his sexual history.*

Women's primary martial asset was their guarantee to their husbands that children born of their union where his. Women with an openly promiscuous past are viewed as less desirable marriage material because of the greater chances of cuckoldry and infidelity, *regardless of her ability to be a provider.*

It's not that there is a double standard, it's just that there is two *different* standards: one for men, one for women – and the standards for each are simply based on what they each brought to the table by virtue of the formerly accepted and widely understood division of labor, which was based on ~~gender~~ sex. This was the essential paradigm of the institution we now refer to as marriage 1.0.

There cannot be this so-called sexual double-standard, because a man's contribution to the nuclear family unit was his capacity to be a provider, not his sexual purity. A woman could find a willing virgin who has no provider capacity to marry her…but her own hypergamous instincts would cause her to view him as less than adequate in terms of marriage material, his sexual purity notwithstanding.

Women complaining about this mythical double-standard, would be the equivalent to men complaining that more marriages should have the women be the providers while the men stay home, keep house and raise the kids.

Granted, such arrangements do occur nowadays…but for the most part, men & women both tend to look down on the men as somewhat less than masculine for doing so — hence the phrase "kitchen bitches" — just as women nowadays are free to be as promiscuous as the alpha males they wish to emulate…it's just that most people will still regard them as sluts, no matter how bitterly they complain about this so-called "double-standard." This "double-standard" really only exists in the brainwashed minds of feminists and manginas alike.

Women who are caught up in obsessing over this so-called sexual "double-standard" are simply falling for the lies and propaganda promoted by the feminist kultural kommisars of our Brave New World Order, and reinforcing the memes that have contributed to the travesty we now know of as marriage 2.0.

No, the real double-standard that actually exists today, is the entire family court/divorce industry that enforces a system for which women have the right to withdraw their reproductive capacity and their nurturing and care giving – but men are not allowed to withdraw their provider role. In fact, they are explicitly prevented from doing that by the power of the Government and threatened with fines, imprisonment, loss of passports, professional practice and driving licenses, a permanent criminal record, and other sanctions our feminist-run Government has put into place to legalize this very real double-standard.

In other words, the only real double-standard that is in effect today in our declining civilization, is the one in which Women have no obligation or social pressure to live up to their marital vows, while men are forced to, even when the marriage is over.

My inquiring e-mailer thought she was making some kind of irrefutable point with her quip, "No matter what, it takes two to tango." She misses the real double-standard here: it takes two to get married, but only one — which is usually instigated by the woman – to get divorced.

Notable Commentary from the Original Post

gwallan September 2, 2010 at 03:18

> "A woman could find a willing virgin who has no provider capacity to marry herbut her own hypergamous instincts would cause her to view him as less than adequate in terms of marriage material, his sexual purity notwithstanding."

Interestingly virginity or “can’t get laid” are almost always among womens’ opening ad hominem salvos against any man they disagree with.

Travis September 2, 2010 at 03:49

Besides, my view on the so called “sexual double standard” is that it’s largely of women’s making. They’re the one’s who line up to sleep with the male versions of “sluts and whores”. They’re the one’s who have made those guys the envy of other men. All they would have to do to eliminate the “double standard” is to start rejecting those guys. To start looking at men the same way that men look at women. By seeing the most desireable mate as the one who is most likely to remain faithful. But that’s not in their nature. They want and desire the Alpha Male. And as long as they do, men are going to desire to BE the Alpha Male. So instead, they want us to change OUR nature, and start celebrating female promiscuity. To view women who have screwed half the guys in town as the most desireable mates. It’s just another female play to eschew any and all responsibility and moral behavior. And to try and get men to revere them for it….

Reality 2010 September 2, 2010 at 03:52

Well there’s also the ten thousand pound gorilla in the room.. that it takes tremendous effort and or a tremendous talent or a god-given gift to be a ‘stud’ while it takes absolutely zero effort to be a slut. All it takes for a woman to be a slut is to just lie on her back. Wow. What an achievement.

Tell her that it may take two to tango, but it only takes one to say ‘yes.’

Unless the female is a repellent beast chances are (sadly) that virtually any guy is going to want to have sex with virtually any female.

There’s also the fact that a woman’s vagina/body is her one and only asset – (as if you would actually want a woman based on her petty, lazy, confrontational and flaky personality or parasitical worthlessness in the workplace) so to mindlessly give away the one and only thing you have of any value has a much broader pathetic implication than that of gender & sex regardless of whatever it is.

Women themselves admire and are attracted to the man who is able to attract thousands of women who are willing to sleep with him- that is at the very core of female sexuality. Tell her if she wants an answer to also look in the mirror.

Ubermind September 2, 2010 at 04:26

The greatest double standard in human perception that started it all is the notion that women do not want sex all that much, but man want alot and have to work and pay for it.

True is women want sex just as much as men if not more. With a desirable partner of course. Desirable partner is the key here.

Also in marriage 1.0 both worked. Man’s duty was to work outside of home, but woman’s duty was to work inside home. Do not forget that!

Women were chosen not only by their beuty, but also by their “diligence to work” (your feminzied american language does not even have a clear opposite word for lazy, that says something)

Women pedastializaton started when rich man started to choose wifes solely for their beuty, because servants (now automation) did all the job.

If a women works she does not view sex as a manipulation tool, she views it as a reward for good work just like most men do.

Understanding that both parties need to work for mutual pleasure each in their own ways should eliminate all double standarts.

Elusive Wapiti September 2, 2010 at 05:02

Leveraging the Book of Zed here, there’s a reason why the so-called slut-stud double standard exists–it is easy for a woman, more or less, to become sexually experienced. She needs only to lay back and spread her legs and she will invariably find some would-be lothario willing to fill the void in her loins. The reverse is much harder, and the self-control necessary to produce a 26-yo virgin speaks to her value, her loyalty as a potential mate.

The calculus for men is different, or at least used to be. A man is valued for what he does, his skill, the energy he uses to produce. Thus a 26 yo virginal man, according to the conventional slut-stud calculus, has less value because it takes very little effort and skill to sit back and do nothing than one with experience with women. He is seen in conventional circles as a better potential partner because he has overcome obstacles, and knows what he is doing to lead her.

I suspect the benefit from being a stud has dwindled of late, because there are more sluts around, desperate to trade access to their holiest of holies for attention and validation. It’s not as hard to ‘score’, therefore being a ‘stud’ isn’t what it once was.

The value, however, from self-control in a woman has shot up in the last decades like a rocket.

Additional commentary after the jump

misterb September 2, 2010 at 05:12

There’s no such thing as sexual double standards. The only double standard that exists is feminist controlled Government. In where men are expected to work their fingers to the bone, while women are given allowances in pilfering a man’s hard earn money.

Whether you live in Canada or in the US. Heterosexual males are considered lower than dirt. While the female species are regarded as virtuous. The modern women have no concept of morality, no decency and no shred of dignity.

The saying goes, a woman will spread her legs open for anything, even for greasy rat.

Kathy September 2, 2010 at 06:15

> "They're the one's who line up to sleep with the male versions of sluts and whores. They're the one's who have made those guys the envy of other men. All they would have to do to eliminate the "double standard" is to start rejecting those guys. To start looking at men the same way that men look at women."

Indeed, Travis.. Women used to be the “gatekeepers” of sex.

Now… The floodgates are open! :(

cracker September 2, 2010 at 06:19

A male co-worker of mine explained the slut/stud thing like this: No matter how many girls a guy sleeps with, he can “wash her off” pretty easily. But he referred to a woman’s vag as “the Bat Cave” – “you have no idea what’s in there” :)

There are definitely different standards for men and women, but logically (and historically) speaking, it makes sense. Why would a man want a slut for a wife? It makes it that much more likely he’ll eventually end up having to support a kid that might not even be his.

Travis September 2, 2010 at 06:46

> “Women used to be the gatekeepers of sex.
> Now, The floodgates are open!”

You’re totally right. It’s insane. The last two girls I went out with wanted to sleep with me on the first date. I’d like to think that it’s just because I’m so damn irresistable. Unfortunately, I’m pretty sure that’s not the case. That’s just what girls do nowdays…

Anyway,on both dates we went out to a bar, had a few drinks, and went out to the car. One went straight for my pants right there in the parking lot, and the other waited until we were half way home. I politely but firmly turned them both down. Don’t get me wrong. I’m a guy. And I like sex. But I don’t want anything to do with a girl who has such low self esteem that she’s willing to give it up to a guy that she’s only known for a couple of hours. Not to mention the fact that it’s a pretty good way to catch something.

The first girl, and this is the honest to God truth, started crying, hit me in the arm and shouted at me “How do you think that makes me FEEL?”

The second girl, to her credit, took it better. But when she called me the next day started making all sorts of snarky comments like “So what are you, like a Priest or something?”

All because I simply told them that I kind of like to get to know a girl a bit before I jump in the sack with her. And these are the girls that I’m supposed to find a nice wife to settle down and raise kids with? (Don’t worry guys. I’m thirty years old, never been married, and don’t ever plan to be. I’m just saying….)

Uncle Elmer September 2, 2010 at 07:14

Definitely a double standard now against men. But you young chaps need to understand that women have a very different life trajectory than men. Hard to see it when you are 20. They peak and decline quite rapidly while a man has a slow and long curve. Marriage 1.0 protected women from this phenomena.

The reason men get such bile for discussing it is that women want to keep the young lads in the dark so they pony up for a life of payments on a battered old car.

Time for a movie review. My sons and I eagerly awaited the latest Stallone outrage and finally found some time to go together. The usual fare : 2D latin american general + rogue CIA agent taking over small island nation to raise cocaine. I expected something different this time for all the hype. At least Stallone casted one black mercenary, notably missing from Rambo 4, but all he did was operate an exotic large-cal machine gun. No ghetto talk ("C'mon out heah Dina! I got somethin fo yo ass!" from Carnosuar, arguably one of the best movies of this generation) .

The general and castle demolition are identical to "Quantum of Solace" though we are spared the annoying Jewish evil-genius orchestrating everything, as in Steven Segal's "Runaway Train". Eric Roberts plays the role of the irritating bad guy. But where was Christopher Walken?

Anyway same old action movie crap, right up to blowing up the paper mache' castle. As a man you'll enjoy it anyway.

But some people in Hollywood just aren't getting the message. Case in point : Jason Stadham comes back after rescuing hostages from dirty pirates and brings a jewel to his girl. Finds out she is getting rogured by a live-in boyfriend while he is off wupping ass. He storms off on his moto-bike. Later in the movie he looks her up again to apologize! Then, sees that the new boyfriend has slapped her around. The punk! He puts her on the back of the bike and finds the guy playing basketball, then of course kicks 10 guys' asses before giving the boyfriend a stern warning. Then he takes off again on another dirty, thankless mission. WTF???

And Stallone also risks all for some island chicita. Course Stallone doesn't poke her or anything like that. Just a nice hug after all the fireprowess and artfully choreographed fight scenes against stacks of cocaine bricks.

Despite these shortcomings my sons and I give it a thumbs up.

Herbal Essence September 2, 2010 at 07:38

@ Travis

> "The last two girls I went out with wanted to sleep with me on the first date. I'd like to think that it's just because I'm so damn irresistable. Unfortunately, I'm pretty sure that's not the case. That's just what girls do nowdays."

I am not above sleeping with a girl on the first date. But I will never do it if she has drugs or alcohol in her system. In fact, I won't do any more than hold hands with a girl if she's been boozing and I've known her for less than a month or so. Chicks who spread their legs for random dudes while drunk are IMO much more likely to be regretful and retroactively remove consent in front of the police.

Jim Jones September 2, 2010 at 07:48

There are two things wrong with this article:

1. There is no need to explain to a woman anything that you cannot tell her. Most of your pain-painstakingly crafted justification for the sexual “double standard” has flown past this woman’s head as well as most of the others. Somebody else said it best, women are high-functioning children, it is not prudent to provide them with endless explanations and justifications because their primary decision driver is emotion.

2. There is no need to be wordy when a single phrase can be just as effective at exposing this “double standard” as the illogical and whiny tantrum of feminists and manginas:

A key that can open any lock is known as a master key. It has enormous value. A lock that can be opened by any key is a weak lock. It has virtually no value at all.

anonymous September 2, 2010 at 08:01

It doesn’t matter now because the pay gap has been reversed. Women will continue to slut around while waiting on Mr Provider til the end of their lives. Yet Mr Provider won’t be coming as his job was long ago taken over by a woman.

Uncle Elmer September 2, 2010 at 08:02

Every time I been in a situation where a gal dropped trou within minutes/hours of first greeting I couldn’t get a woodie. If she doesn’t put up some token resistance it takes all the fun out of it.

Not to mention scaring the crap out of you. One girl, 20 min after I met her, was squeezing my limp member and asking “What’s the matter, don’t you like me?” and all I could think was I am going to end up in a tub of ice minus a kidney.

Dealing with professional ladies is different, as that is a business transaction. With freebies the compensation, either expressed or implied, is not well understood. This leads to confusion in the man’s primitive lizard brain and he is often unable to perform.

Solomon II September 2, 2010 at 08:12

Great article. I just stole it. Bwaa haaa.

Anonymous age 68 September 2, 2010 at 08:23

In the United States, pre-nups are not worth the paper they are written on. Please don’t suggest pre-nups. Lawyers love to write them, because they get paid twice. Modest amounts to write them, and big amounts when the gullible sucker discovers the judge is going to tear it up, and he decides to fight a losing battle.

Every state that I know of has specific provisions in the law for a judge to reject a pre-nup if the judge thinks the

result is unjust. Period. And, judges always think taking Cupcake from the slums, then putting her back there is unjust.

The only difference is, on cases I have read, if a judge tears up a pre-nup, she only gets 1/3 of everything instead of 1/2.

Keyster September 2, 2010 at 08:43

I did some of that one night stand stuff and never liked it much. When patronizing the pros I'll down a half a blue pill as insurance I won't waste my money on low quality wood, plus the condom thing. It's helps that they know exactly what to say and do as well.

If a woman is grabbing your crotch on the first date chances are she's already surmised you're not marriage material and just wants dick. It's a form of disrespect. If you were a prospectful husband she'd be demure and modest and seemingly innocent. If she thinks it could get serious and she's ready to settle, she'll hold out like a virgin. Young men need to understand the price of hypergamy.

misterb September 2, 2010 at 08:43

Sometimes I think that sleeping with women can be dangerous. Aside from catching a host of venereal diseases from women. A man could be robbed and have his throat slit by some woman. or be intentionally overdose with something then rob him. or do some poor schmoe harm

The saying goes, women will look for a mark, whether it be a quicky or stealing his wallet. But my thoughts would be the latter.

misterb September 2, 2010 at 08:58

As I think back, one night stand to a young man, well a young boy. Is a trivial matter. And now, one night stands are considered trivial by both men and women, of which both should know.

Personally I don't give stock to one night stands. A mere moment of pleasure is meaningless.

Besides a woman can gather much information about a man, in how he keeps his apartment.

if you refuse a woman's advances, she would think you're either gay, or a freak. But if you tease women subtly, stringing her along, don't expect too much.

I noted that a few women would stoop themselves to low level. She will even barter her nethers for a place to stay and hot meals. if a young man takes the bait, all I can say, just be mindful. And keep observations in what kind of person she is.

Snark September 2, 2010 at 09:06

@ Travis,

> Anyway,on both dates we went out to a bar, had a few drinks, and went out to the car. One went straight for my pants right there in the parking lot, and the other waited until we were half way home. I politely but firmly turned them both down. Don't get me wrong. I'm a guy. And I like sex. But I don't want anything to do with a girl who has such low self esteem that she's willing to give it up to a guy that she's only known for a couple of hours. Not to mention the fact that it's a pretty good way to catch something.
> The first girl, and this is the honest to God truth, started crying, hit me in the arm and shouted at me "How do you think that makes me FEEL?"

Now, imagine, if you tried to sleep with a girl on the first date (in fact being classless enough to put your hand up her skirt in the parking lot), and she refused.

Now, imagine, if you, a man, punched her in the arm and shouted at her for not wanting to have sex. Where do you think you'd end up?

There's a real double standard.

Malestrom September 2, 2010 at 09:16

Yes, this is just just so ridiculous it is untrue. It's like they're saying women are saying it is hypocritical (and so by extension unnacceptable and wrong) for a person (man) to desire in a mate any attribute that they themselves do not possess. Strangely, whenever I ask one if this is what she means, she doesnt seem so keen to put her name to it, because is of course aware of how farcical such a notion is.

Women routinely employ similar double standards against men. Double standards that to them just seem so natural that they probably never think about them, like that the man must be strong and brave. Women have no problem demanding this despite themselves being weak and cowardly. To them it just seems to patently obvious that strong, bold men are superior to others, it's just like gravity, why would you question it? Why would you even think about it long enough to start questioning it? He's the man, men are supposed to be like that…it's just obvious…right?

Women are, as I'm sure you all know, remarkably hostile to the idea that anyone is allowed to dictate to them what they should or should not want in a man. If you tried to tell a woman she's shouldnt be attracted to big, strong, traditionally masculine men, because she is small and weak she would probably shriek obscenties at you. Yet they expect to be able to dictate to us what we should want because they find fulfilling some of those desires to be burdensome and opressive. Not being able to ride the dong carousel is just such a bore don't you know?

NWOslave September 2, 2010 at 09:35

No double standard?
Let's start with sexual relation's (specifically pertaining to false rape).
1) women don't need any corroboration of their claims.
2) eliminated the requirement of force.
3) legally forbade naming rape accusers.
4) lengthened and even eliminated statutes of limitations for rape.
5) In the UK, it's worse. They compensate alleged rape victims, even the ones not subjected to any physical force, no matter how slight their injuries
6) exempted rape accusers from taking polygraph tests as a condition to proceeding with the rape investigation. In

contrast, using polygraphs on men accused of rape is routine.

Harrytoo September 2, 2010 at 10:32

There's the truth of the matter in relation to marriage. Women no longer bring anything other than their bodies to the table. Add that to the cost to a man 'if' (50% chance and rising) the marriage fails. All men now have for protection is 'game'. Why would a rational mind accept those odds with nothing to gain. I know we men are 'blessed' with the need to take risk, but we're not (as a gender) complete morons. The morons would have to be those expecting the other gender to accept or ignore this reality. Because you smile sweetly occasionally? Come on, please.

Bob September 2, 2010 at 10:59

One thing few people point out is that there is nowehere near the "celebration" of man-whores that women seem to imagine. With the exception of a man's close friends and the PUA sites run by people he will never meet, no one is encouraging men to be rakes. If a man has a close relationship with his family or church, it's quite the opposite.

You will never find someone who does not believe the world would be a better place if the guys sleeping with 50+ women a year would cut it out. Most people would be much happier if everyone were less promiscuous than they are today.

90% of the "encouragement" cads receive is from hypergamous she-sluts.

misterb September 2, 2010 at 11:42

I hate to say this, I don't give a damn about British feminists. They're all the same. Why should I care about the she-men of UK. They claimed to be manly enough, and yet whine like there's no tomorrow.

As for the majority Brits who are under the boots of those snooty nazis. Only this, endure and don't give those smug bastards the satisfaction.

Anyways from my understanding the British women, Swedish and the American women are among the worst.

if a woman flexes her muscle, I am not going to touch her with a twelve foot pole.

When a woman grabs a man by his crotch. It show she has no class, no dignity and no self respect.
If a woman grabs my crotch in that fashion. I would guarantee you, I would either do the same to her, and pull her breeding port down hard as I can. while trying to tear it off.
Or just give backhand to the face and tell her to back off.
Either way the manginas and the white knights would come scampering to her rescue.

Harrytoo September 2, 2010 at 11:53

> "In other words, the only real double-standard that is in effect today in our declining civilization, is the one in which Women have no obligation or social pressure to live up to their marital vows, while men are forced to,

> even when the marriage is over."

The sad hard truth. It's only the tip of the iceberg. Female double standards riddle our way of life.

Paradoxotaur September 2, 2010 at 12:58

The real double standard is the biological one- that a woman always knows that the child she bears is her child, while her husband could only hope (until the very recent advent of DNA testing) that that child was his.

Mommy's baby! Daddy's? Maybe.

trent13 September 2, 2010 at 13:05

The double standard is that women today expect men to be living marriage 1.0 while women are living marriage 2.0. Women today don't even know what they don't know. They think the feminists were correct in their interpretation of Marriage 1.0 under the patriarchy as being this oppressive thing, rather than it being the best order for society since it recognizes the differences between the sexes, each sexes flaws and beneficial aspects.

I would like to see a radical male politician to come out against divorce, against women's lib, against abortion and contraception, for Marriage 1.0 and for families. I am sure the feminazi's will apply a hell of a lot of pressure to put him under, but maybe if there was enough media coverage it would be a catalyst for change. It would also be very telling to see which male politicians who claim to be conservative would endorse or back such a person. I figure there has to be at least one closet MRA politician somewhere – if only they would risk their career for the sake of society!

Troll King September 2, 2010 at 13:39

My entire life I have heard females talk about how men are so sexual, that we are dogs, burtes, we think with our little heads, etc. Who the fuck are they to tell us anything about men? Well, its just projection. That's why their first shaming retort is "are you a virgin" or "you don't get laid much" or your gay, or blah blah blah. Travis, learn from this. Females can't stand rejection becausee they all think they are perfect lil snowflakes and they are rarely rejected in life. Atleast not to the same extent as men.

Women are definately more sexual than men, that's why they want men to have lots of sex partners and it's also why they hate virgins and guys with a low number. They figure other members of the female herd have rejected him, so they reject him. This is the basis of the so called double standard. That and they are lazy. Females expect men to be better in bed than them, alot will just lay there and suck at sex and then blame the man for being bad in bed.

I like welmers analogy of women v. mens sexual nature. Females are like flowing streams and men are like guisers. Females are always thinking about sex, always on the look out for a bigger better deal. They like to be single and try on cocks like shoes, and when they find one they like they sink their hooks in…..until he becomes beta in her eyes or she finds a better one.

They are branch swingers by nature, incapable of letting go of one branch until their hands are firmly placed on another. Like freakin monkeys.

Remember, the female collective/herd creates the cultural ideal of masculinity. That's why guys have to be stoic and sexual rockstars while making bank and everything else.

There are some other terms that guys should know about. The first is 'chemistry', this means she get's wet and tingly when talking or flirting with you.

It's strange that ive heard so many women put such emphasis on initial chemistry and the number of sex partners or how good the sex was the first time. Any one who has been in long term relationships know that you learn more from actually fucking one person alot, instead of alot of people once or twice. But then again, im assuming the female mind is capable of logical thinking instead of following its lizard and mammalian brains insistence on preselection.

Im not sure I believe it's that hard for a man to get laid today, when I was in HS I knew guys that couldn't get laid, one was a friend who was incredibly obese due to a adrenal disorder, and there were girls who offered them pitty sex. These days females give away sex like a candy shop having a going out of business sale.

The real problem is the female herd and how it creates an informational wall while stratifying men/boys into a social heirarchy. They line up for the alphas and tell the betas/gammas what they want you to hear so that youll be docile and sit there and listen to them bitch about their bad boy boytoys for hours on end. Surprisingly I learned alot of game from women. One girl in HS would pick imaginary hairs off of my hoodie, after we started dating she was amazed that I didn't know that was a time honored flirting technique. Game/PUAs stress techniques like this, and in the late 90′s early 00s every girl in my school seemed to know about htis shit but most of even the alphas didn't.

All this double standard shit is really females fault, men are reactionary by nature. We don't have uterus's and we don't get to raise children. Hell if females lined up to fuck and validate and give attention/affection to chess geeks instead of ballers and thugs, then every man would be learning how to play chess. Shaq would be sitting there on the jumbotron going 'checkmate', and then chearleaders would come out for halftime. lulz

slwerner September 2, 2010 at 13:39

Ubermind –
"(your feminzied american language does not even have a clear opposite word for lazy, that says something)"

Well, actually, there is such a word – industrious.

Sadly, it's just that it's getting hard to find women to whom it can be applied.

Hollenhund September 2, 2010 at 14:27

Paradoxotaur,

to be fair, there is another biological double standard. Women can be impregnated, men cannot.

Renee September 2, 2010 at 14:53

As some of you know, I'm one of those who have complained about the "double standard", but for me it has to do

with me being a Christian and my beliefs.

For example, this part:

> "Women with an openly promiscuous past are viewed as less desirable marriage material because of the greater chances of cuckoldry and infidelity…."

Now don't get me wrong, I understand the economics of it all pretty much. The thing is, wouldn't a guy with an openly promiscuous past also have greater chances of infidelity? I've asked this question on another board, and here's a response from Hollenhund:

> Renee,
>
> If a promiscuous woman leaves doubts of faithfulness within men and have more of a likehood to cheat, then wouldn't promiscuous men also have more of a likehood to cheat as well?
>
> Of course they are, but such men are usually only sexually unfaithful, so to speak. And women tolerate male infidelity more than men tolerate female infidelity (as long as it is done purely for short-term sexual release). Women will readily share one high-value man; they won't be happy about the fact that they have to share, but they will do it. Men will NEVER share one woman in a relationship. Women don't fear sexual infidelity that much for the very simple reason that they cannot get cuckolded.

I get what he's saying, but promiscuous men "ONLY" being sexually unfaithful, I don't know what to make of that….. If a man has a sexual past, he'll be pretty much unfaithful???

What do ya'll think?

So true Travis, so true.

> "…..So instead, they want us to change OUR nature, and start celebrating female promiscuity. To view women who have screwed half the guys in town as the most desireable mates. It's just another female play to eschew any and all responsibility and moral behavior. And to try and get men to revere them for it."

I think that it's also something else too. These women simply want female promiscuity to be seen as ok and not this big of a deal like male promiscuity. Like if it's ok for men to do it, then it should be ok for women to do it too. Personally, I think promiscuity is wrong regardless of what sex you are….but that's just me.

> "It's not that there is a double standard, it's just that there is two different standards: one for men, one for women and the standards for each are simply based on what they each brought to the table by virtue of the formerly accepted and widely understood division of labor, which was based on gender. This was the essential paradigm of the institution we now refer to as marriage 1.0."

Putting it that way, I think I see what you mean.

Snark September 2, 2010 at 15:37
@ trent13,

I would like to see a radical male politician to come out against divorce, against women's lib, against abortion and contraception, for Marriage 1.0 and for families. I am sure the feminazi's will apply a hell of a lot of pressure to put him under, but maybe if there was enough media coverage it would be a catalyst for change. It would also be very telling to see which male politicians who claim to be conservative would endorse or back such a person. I figure there has to be at least one closet MRA politician somewhere if only they would risk their career for the sake of society!

I know, full well, that you are a sincere anti-feminist, and are sincerely pro-male.

However, I shall repeat here what I posted today at Fidelbogen's blog. Let others disagree with me if they will; perhaps I overestimate how much my position converges with the MRM as a whole.

The following is what I posted earlier:

I have to wonder whether a return to patriarchy is really what men want. Probably not, since a lot of MRAs started out being attracted to feminism's promises of equal opportunities and freedom from restricting gender roles.

Of course, we find out sooner rather than later that feminism offers nothing of the sort, and in fact nothing at all to men.

And since that time, a theory has been developing, which has only been articulated in parts, here and there.

It goes a little something like this:

Patriarchy equals traditional masculinity equals chivalry equals feminism equals misandry.

Do tell me, under which of the above, does the iron law of 'ladies first' NOT hold.

Do tell me, under which of the above, should I get a fair shot at a seat on the Titanic's lifeboats.

Is a return to 'patriarchy' really in men's interests? Hardly – at least not in the sense described by trent13. 'Patriarchy' as attacked by feminists – male autonomy and self-definition – yeah, I'll go in for that. And the equality I'm in favour of means no special privileges, at all, ever, whether chivalrous or feminist, for women.

I'd wager that my position is close to most MRAs.

Troll King September 2, 2010 at 16:17

Renee, females don't want to be as promiscuous as men, they want to be more so. What I see on my college campus is this, even with 60% female undergraduates, the women will share one high level guy and the women u;nder them will keep two or three lower status guys on a short leash. They expect the guys to be ok with her sleeping around, just fuck buddies but not with him sleeping around.

It's all through out our culture too. Compare tiger woods to mama mia or basically any merryl streep movie.

As far as sex history goes, females expect men to have a high number. Ive met alot of guys who slept with alot more women than me and they all told me the same thing, that it messed them up. As for women, the sluts usually start out crazy and only get crazier.

There are actually alot of guys, even in college, that want long term relationships but the girls don't. Then what seems to happen is year 4 or 5 or 6 or grad school comes and the girls that fucked everything on campus want to start getting married cause their friends are, while the guys that couldn't get a girlfriend the first three years give up and become players or rarely go out to any social events.

One of the big differences is how men and women view sex. Mosts, but not all, guys can have sex with someone and not be emotionally tied to the individual. But I think when guys get emotionally tied to the girls, it's a deeper bond. This is why some guys become stalkers and what not and just can't let go. That and most men spend most of their lives in a emotional desert, not being given affection or validation by the opposite sex while women are drowning in it. Well, up till about 30. Guys rarely get positive feedback from anyone.

Will a man with alot of sex partners cheat? Maybe, but cheaters usually cheat because they were cheated on or because they are just cheaters. I think what happens more often is that the number of sex partners makes a man less likely to be emotionally tied to one woman, especially if she is manipulative.

Or maybe im extrapolating from my personal experience. I have been cheated on many times, and then I realized that im not married and you can't cheat outside of marriage. SO I don't let any woman tie me down into a relationship and I don't tell women anything that I wouldn't tell other people cause it will always be used against me or blabbered to her friends. Ive learned the hardway, but if I did find one of those magical, snowflake like women that supposedly exist. I would be faithful, I managed to do it in many different LTRs and im sure I could do it again.

I really think men are much more loyal by nature than women. Groups of girls will give their friends eating disorders, while groups of guys will beat the shit out of someone while defending their friend.

Most guys that I have known who were playas and cheaters grew up in single mother homes watching mom have a parade of boyfriends. These guys tend to think more emotionally and less rationally about their decisions. But those are the habitual cheaters of the male variety that I have known. They are typically a minority, but females obsess about them thinking that they will be the one to change them.

Most guys that I knew who were cheating were doing so on their wife and because she had just lost interest in sex and more importantly intimacy/affection, so they found it in a motel. What's funny is that they would have broken up with her and taken their kids instead of cheating if they knew they wouldn't get screwed in divorce court. Guys rationlize it this way, take the risk of not getting caught or get fucked over for certain.

I would say that a man with a sexual past is less likely to actually provide for you, while a woman is less likely to be faithful. I mean, I sure as hell won't provide for a woman. Im not stupid enough to get married, but Ive been burned on teh provider side enough to not even buy girls drinks. When you have worked 40 hrs a week + at a shitty job doing manual labor so that you can take your girl somewhere nice and have fun on saturday night just to realize that this is the 8th crazy bitch in a row to vomit up four hours of your labor, then WHY? If the relationship, married or not, is bound to end then WHy should I continue losing? Why spend so much effort when I can get what I want with a fuck buddy that costs nothing and still gives a small amount of emotional connection, affection, and SEX???

So considering this, you would probably be better off getting a guy with less than 10 partners but atleast three more than you. That way he's less likely to cheat and your hypergamy stays in check. The real problem with holding men to the same 'purity' as women is that the woman will eventually see him as less when standing next to a sexual alpha with the same status.

Just imagine your dream guy, both with the same job but the difference is that one is a virgin in bed and the other is experienced, which do you want?

Most guys I know want a smart, independent woman who will take some of the burden off, but those women are a fantasy. What happens most of the time is the guy does what she wants. He opens up emotionally, he does cleaning and kitchen bitch duty around the house and then I meet her at the bar and she is like a puddle in my hands and the guy she's with is giving me the evil eye. I know cause ive been that guy plenty of times. Females always are looking for the bigger better deal. Then one day the girl says, "oops sorry honey, it just happened." This is after hanging out with whatever new guy at work/class. Lulz, it's so predictable.

I really think most guys want women that are equal to us, but they just don't fuckin exist. They have no integrity, honor, honestly, but are backstabbing and social climbers, even the intelligent ones act like kids getting bored with a toy in favor of the new toy, always chasing something better. Most women aren't much more than high functioning children. If you can see and understand most of this then you may really be a NAWALT.

Hollenhund September 2, 2010 at 16:19

Renee,

> "I get what he's saying, but promiscuous men ONLY being sexually unfaithful, I don't know what to make of that... If a man has a sexual past, he'll be pretty much unfaithful???
>
> What do ya'll think?"

It basically means that promiscuous men are unfaithful sexually, not emotionally – in other words, their cheating doesn't normally result in abandoning their family and having less feelings for their wives. It's due to their desire to get more casual sex and blow their load, nothing more – after all, men are more capable of having sex without developing any emotional attachment then women. Many women fail to understand this, which has lots of unfortunate consequences. They think their husband cheated because he doesn't love them anymore, which is bollocks and a clear example of projection. There may be other simple reasons. I've heard of men who cheated or visited prostitutes because they didn't want to sate some of their desires with his wife (ejaculating on her face, ass-to-mouth etc).

Snark,

I certainly don't support bringing back the patriarchy. Bearing in mind that women are not naturally monogamous, being forced into the roles of the chivalrous sole beta provider of my nuclear family and the expendable conscripted cannon fodder of the ruling elite is not something I'd voluntarily sign up for. Two basic problems with Western patriarchy is that it's vulnerable to cultural shocks (because women's pent-up hypergamy will always seek release) and it eventually destabilizes itself due to its economic productivity, which results in material abundance, which in turn leads to cultural decline, pussification and political upheaval (wars etc.)

Malestrom September 2, 2010 at 17:04

Renee, iI don't see how you could be confused about this.

It is almost definately true that promiscuous men are more likely to be unfaithful, but an unfaithful husband does not threaten his wife with genetic death.

So long as the man does not start sending his resources to support the children of the other woman, the wife doesnt actually lose anything. A man who discovers his wife has been unfaithful is faced with the possibility that he has invested his resources, his time, his effort, his emtions, his blood and sweat, his very being into a family which is not his biologically, that he has lived his life for the benefit of another. He has been a slave and not known it, working and producing purely to further the reproductive objectives of his cheating wife, and not himself. His entire existence is invalidated.

If the husband cheats, the wife loses nothing, everything she invested in the family still went to her biological offspring, and ensuring her own genetic future. It is far more important for a woman to get a quality man than a faithful man, it's just that simple.

evilwhitemalempire September 2, 2010 at 22:30

What if the problem is this?

It is the combination of patriarchy based chivalry and feminism that has created this misandry bubble we see today.

Chivalry has two components:
1) A deference to women component.
2) Women are inferior to men component.

Feminism has two components:
1) Womens rights component.
2) Women are equal to or better than men component.

Wherever these two philosophies collide in the culture the 1′s reinforce one another while the 2′s cancel each other out.
So the situation is worse for men than if you had only one or the other.

Gunn September 2, 2010 at 22:38

Patriarchy equals traditional masculinity equals chivalry equals feminism equals misandry.

Do tell me, under which of the above, does the iron law of "ladies first" NOT hold.

Do tell me, under which of the above, should I get a fair shot at a seat on the Titanic's lifeboats?

Is a return to "patriarchy" really in men's interests?

chivalry does not equal feminism

Feminism is a disguised power grab that sought to retain chivalric rights for women whilst obtaining much greater access to traditionally male power (but avoiding male obligations in the process).

Patriarchy is in mens' collective interests (and in womens' collective interests) as a society. Its arguable that without patriarchy, civilisation is not possible. In the past, I think that people saw themselves as part of a group first and foremost, and as individuals second. Men were socialised into the group through the patriarchal institution of marriage, and their ties to their genetic offspring cemented this relationship.

Many cultures and religions have concepts of honor and duty (whether the Abrahamic religions familiar in the west or the Eastern religions with their concept of dharma) that have in modern times been demolished by the glorification of the individual at the expense of the collective.

I interpret the idea of 'return to patriarchy' as a return to the concept of duty to the group for both men and women.

This may sound onerous to the modern western ear, but ultimately its the choice of a life spent purely for one's own pleasure vs. a life spent in service of a greater good that one is commited to, and from which one can draw great satisfaction and pleasure even despite the additional obligations to which one is subject.

Philip September 3, 2010 at 03:11

Another double standard is a women wanting men to accept any baby that pops out of her twat, as his own. Iv heard that between 1 in 10 and 1 in 3 babys have the wrong man on the birth certificate and both fathers are unaware.

But women and a lot of men think nothing of paternity fraud, must do whats best for the baby dont you know
But just think, what would happen if every time a woman went to hospital to give birth she had a 1 in 10 chance of coming home with the wrong baby?

Or even a 1 in 100 chance? Ill tell you, there would be HELL to pay.

You would never here women SCREECH so loud

Harrytoo September 3, 2010 at 04:55

Philip September 3, 2010 at 03:11

Exactly. Easy for women to take the high ground on paternity when you consider the amount of money spent on making certain SHE leaves with the CORRECT CHILD.

Men accepting bringing up other men's children are ignoring natures reason for giving them a penis. So their forefathers can live on.

Child not yours, you die.

Child is yours, you live on.

Every woman that gives birth KNOWS for certain, she lives on. I'll leave the rest to logic. Man still possess it right?

Ubermind September 3, 2010 at 06:26

@ slwerner

Whell I guess industrious it is the closest fit. But it is so rare right?

Also – lazy is not a derrived word – means it is somehow natural.

Industrious is a derrived word – means it is somehow artificial.

In my nations folk culture we have songs about industrious women. It was the single MOST imporatant aspect when a women was CHOSEN to become a bride. Not beuty. How much hard work she did around the household.

Do you select your women based on how industrious she is? Or merely on how beutyful she is?

Solomon II September 3, 2010 at 07:16

You'll never meet a feminist on a sinking ship, and you'll never convince a woman that acting like a man while demanding the consideration of Victorian era virgin is counterintuitive.

Women want to marry men like my dad – strong, independent, a little mysterious and 100% Alpha, yet gentle and nurturing with his wife and children.

What they forget is that men like my father only marry women like my mother.

Danny September 3, 2010 at 08:52

> "Why is there a double standard? No matter what it takes two to tango."

Because when it comes to sex women were/are expected to have no sexual experience in order to stay "pure" for their future husbands (in short virginity is a must) while men were/are expected to damn near be born with sexual experience in order to "show their wives" how its done (in short virginity is a curse).

Hollenhund September 3, 2010 at 13:04

Anonymous,

what I was merely referring to is that men cannot possibly get pregnant i.e. the potential price of casual sex is lower for them. The flip side is that a woman cannot possibly get cuckolded.

slwerner September 3, 2010 at 13:19

Ubermind –

> “Do you select your women based on how industrious she is? Or merely on how beutyful she is?”

I “selected” my wife 26 years ago, largely based on her beauty. She had some other good qualities, but, like most young men, her looks were what garnered my interest. I wasn’t anywhere near as aware of other possible issues as I am now, and my ignorance (particularly of what has come to be known as “Game”) nearly cost me quite dearly WRT to her after a few years of marriage; also due to her attractiveness (to some else).

Marrying a woman because she’s beautiful can have pitfalls, but, since we as men are hard-wired to appreciate beautiful women, it also holds the promise of rewards. The key is awareness of other factors – such as the sexual (promiscuity) issue being discussed herein. Slutiness MUST be a deal-breaker for young men in considering marriage – no matter how beautiful a woman may be. It’s tough enough when they aren’t sluts – no need to up the risks to near certainty that the woman ones marries will be unfaithful.

Women would be well advised to make the same consideration, BTW. Their failure to do so is NOT a evidence of some imagined double-standard imposed on them by some supposed “Patriarchy”, but simply what it appears to be – their failure to make wise choices.

trent13 September 3, 2010 at 13:28

@Snark:

Equality in my book is the opposite of Patriarchy in what it would do for society – patriarchy would facilitate harmony, “equality” would facilitate disharmony – mainly because there would be a constant power struggle between the sexes – it is impossible that there would be a peaceful establishment of “true equality” between the sexes. Patriarchy, because it recognizes the various aspects of both of the sexes and what is needed in order to establish peace (namely, hierarchy with males at the fore), is the best choice. I wonder though, how much of our differing reasoning is based off of our differing beliefs regarding what constitutes the fundamental building block of society: family v. the individual. I only thought of this recently after reading this article, which states the following:

Throughout the 18th century, however, paternal authority was deteriorating because of egalitarian new customs, and the National Convention ended by destroying it almost completely. (2)

2. The author is referring here to legislation that robbed the family of its independence by replacing the authority of the father with that of the State. For example, Delassus laments the parent's loss to educate his children:

> "Today the family depends so much on the State that the father does not even have the liberty to educate his children as his conscience and the traditions of his family indicate to him. The State has taken them from him, with the legally proclaimed objective of transforming these children into men without God, and consequently, men without morals" (Ibid., chap. 7).

From the time that men who were imbued with the spirit of Rousseau, that is, men who wanted to see the individual, not the family, as the basic element of society, assumed the legislative power, they strove to enact laws to abolish a father's authority over his children older than age 21 and weaken it over those younger. The imperious voice of reason, proclaimed a famous revolutionary legislator, must be heard. Paternal power no longer exists. A

man should not have direct power over another, even if it be his own child.

So far as I have seen the MRM has three main theories of men: men who advocate “true” equality, masculinists, and patriarchists. I would not hazard to say that any one of these three takes the majority of MRM votes.

Harrytoo September 3, 2010 at 15:08

> ”So far as I have seen the MRM has three main theories of men: men who advocate "true" equality, masculinists, and patriarchists. I would not hazard to say that any one of these three takes the majority of MRM votes.”

Personally I couldn’t care less how feminism is beaten as long as it’s non violently. I am male though and have what I believe is a logical brain.

I’ll ask this, given what we have now and little short of a full scale revolution bringing about ”masculinist or patriarchist” idealism, which is as likely as my shitting bricks of gold. Which is the most likely to be achieved?

What’s that saying I’ve heard that young men use? ”Keep it real’?

trent13 September 3, 2010 at 18:18

@ Harrytoo

“Keep it real,” my favorite phrase. I don’t expect change over night, but considering the growing number of families that are living the patriarchy (simply by generational growth of current patriarchal families and the many numbers of children each family is having who in turn are raising patriarchal families), I hope the tide will eventually turn before we reach a violent point.

Naturally masculinism is more of a plausible scenario because it’s based on the same egoism and “me, me, me” mentality that feminism is based off of – it’s just that all of the “good stuff” is directed towards men and away from women. And the “me” mentality is something which has been culturally engendered in both males and females – the world centers not around one’s duty but around one’s desires. But its plausibility doesn’t mean I’m willing to say that’s what anti-feminism should work towards. I don’t see masculinism as a solution, it’s just the flip side of feminism, in which case we’d have different societal order problems but just as many.

Yes, it would get rid of feminism, or at the least it would force the most notoriously con-notated version of “barefoot in the kitchen” on women (and in the mean time proverbial woman would remain in a chronic state of disgruntlement willing to jump at any and every chance to reverse the order of power back to feminism), but being just as un-natural as feminism since it necessarily denies the roles of men and women and whence those roles are derived, it wouldn’t solve the problem of disorder in society, it would simply exchange one disorder for another. I suppose one could claim the good thing is that men wouldn’t be on the shitty end of the stick, and were I a male who was more concerned about my own individual happiness and less about the good of society as a whole, I might think masculinism was a great idea.

evilwhitemalempire September 4, 2010 at 00:50

This may sound onerous to the modern western ear, but ultimately its the choice of a life spent purely for one's own pleasure vs. a life spent in service of a greater good that one is commited to, and from which one can draw great satisfaction and pleasure even despite the additional obligations to which one is subject.

It’s called working for mr. DNA and it sucks.
Not only that but it plays right into the hands of women.
Do you honestly believe that women waited over a thousand years to decide they wanted more for themselves? (i.e. they spent all that time only half-heartedly sucking our blood)
‘Patriarchy’ is and always has been matriarchy by proxy.
Only in more recent times the ‘patriarchy’ has become a threat to women. Why? Because it stopped working for them. Feminism was the answer.
http://theantifeminist.com/a-very-brief-history-of-feminism/

trent13 September 3, 2010 at 18:18

All I see here is the old catholic and no doubt other religious orders tactic of spread of idealism through ‘out populating’ other ideals. Did you look at the world population lately? If anything that is likely to bring on another world war it’s lack of resources.
Having said that, were I a religious type, it might surprise you to know that I’d seriously consider finding the Amish and asking them to accept me into their community. Were I religious. Religion is choice, not something that should be forced on people.

Anonymous September 4, 2010 at 06:25

Harrytoo

> There's the truth of the matter in relation to marriage. Women no longer bring anything other than their bodies to the table. Add that to the cost to a man "if" (50% chance and rising) the marriage fails. All men now have for protection is "game". Why would a rational mind accept those odds with nothing to gain. I know we men are "blessed" with the need to take risk, but we're not (as a gender) complete morons. The morons would have to be those expecting the other gender to accept or ignore this reality. Because you smile sweetly occasionally? Come on, please.

You have that straight. The only use for a women now is sex. And they don’t even do that worth a shit any more. Ask any married man. It is really amazing to see women actually tell you what I just said openly. Just about any women will define her indepence and how strong she is by how little she does for anyone else. The less the better. Any appreciatin for anything other people do for her will be defined as an entitlement or as oppresion if such appreciation is given. Thats why women don’t care about family law (even the NAWALT crowd) . That is why we have abortion, the putative registries, affermative action for everything,title 9 ,VAWA , and any thing else to remove any kind of responsibility or any legal and socila accountability from women. Thats why you see them licking their holes over this mansession about how they have all of the jobs. They will never mention any

entitlement that got them there but will sure talk shit about girl power.

Harrytoo September 4, 2010 at 10:00

"The less the better."
……

It's all part of the competition they have with each other at men's expense. It's not just how much they can show they get from a man but how little they have to do to receive it.

It's the same on a social level too. "We want more but we're fucked if we're going to step up to the plate to get it."

Get governments to force employers to give it to them, or even reward
employers for doing so.

mgtow September 4, 2010 at 19:06

Double standards?

Nope. Just that gender equality is a myth, and man > woman > child > animal.

Besides, men have an innate biological imperative to conquer pussy and spread his seeds. This was the norm until the monogamy/'God's original plan in the Garden of Eden' nonsense came to be in more recent times.

Women do not.

Lastly, although imitation is indeed the sincerest form of flattery, why don't you women emulate men in other…more beneficial aspects? For example, reason, accountability, logic, honor etc?

Oh that's right, I forgot. Women are nothing more than overgrown children. They are incapable of doing so, even if they tried.

@Harrytoo, Anonymous,

It is men's nature to take risk. However, except for some reckless ones, most men take calculated risk. Like investment, if the cost of marriage is estimated to outweigh supposed benefits, don't be surprised that men don't buy that ring anymore.

There's no need to sign a contract or share a roof with a woman to get laid. Without a vagina, women are absolutely worthless to men. You can get better(and far more economical) companionship from a pet dog.

Harrytoo September 5, 2010 at 00:11

Plus a dog will show you real loyalty. A dogs not stupid enough to bite the hand that feeds it.

Don't forget there are more ways to make a statement mgtow. Find out who your local MP, senator or congressman

is. rite a letter send and e-mail. Ask what they're doing for men (you). Tell them you'll be looking for men's issues in the next election and you vote will be going to the party that puts men's needs on the manifesto. Plenty of men's issues raised on these pages and other sites. List them all. The most important thing is to actually vote when the time comes.

Don't forget a woman doesn't have to live with you yo earn off of you, protect your sperm like the gold dust it is.

Philip September 5, 2010 at 06:36

@Harrytoo.
Dogs require loyalty and friendship in return or they go insane, just like men will.
That's why women prefer cats, just feed them right and they will come back with minimum effort and concern

Harrytoo September 5, 2010 at 07:03

True enough, most cats I've known only show up when they want feeding/want something. Must be a kindred spirit thing with females.

Anonymous September 5, 2010 at 16:35

Evilwhiteempire

"Patriarchy" is and always has been matriarchy by proxy.

Absolutely, it always has been about them. Their job is to be insatiable, to never stop raising the bar. Working for Mr. DNA. Her greatest strength is her facade of weakness and vulnerability. She is designed to elicit labor from males.

She has a child like face and skull structure. A high pitched soft voice. she is made to manipulate and deceive

remorhaz September 21, 2010 at 22:10

Back to the original point – what this female liberation of promiscuity has accomplished is dramatically increased the scarcity (and thus the price) of virginity. If you are a man who values this as most do then you are out of luck unless you are truly at the head of the pack. All of civilization groans under the misery of this as you have to work just as hard to tend and care for a used up woman who has given her best to someone else while you pay the price. And we all wonder why men are so angry. There really isn't any joy in the world anymore. I am personally convinced the devil himself is the author of this as its effects are so devastatingly effective, completely embarrassing to admit so it stays hidden like rot inside a log, and easily countered with untrue but widely spoken propaganda. You believe it in your heart but are told you are wrong so you suppress it. Its perfectly evil.

Ronnie May 18, 2011 at 10:23

If a woman married for money I'd call her a gold-digging biotch even though men are traditionally the providers so

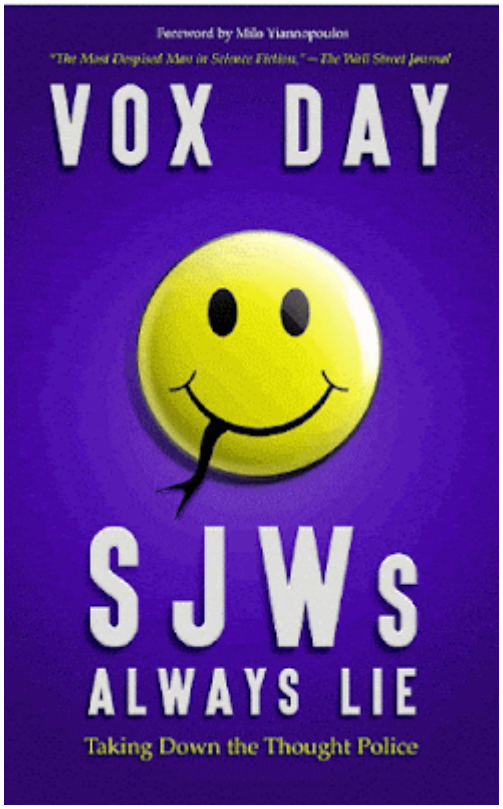
I'll not gonna then call her a slut for fucking around because women are traditionally supposed to be virgins.

I'm all for equality that means:
If some fucking bitch hits me you better believe she'll get it right back
If some fucking bitch accuses me of rape she should go to jail for as long as I did or would have (though most rape accusations aren't prosecuted so its not as biased in favor women as others say it is)
If I'm on a sinking ship I don't expect someone to be rescued before me cause they have a pussy
I HATE Affirmative Action and all that bullshit
I'm not a misogynist or a misandrist. I'm a misanthrope and think most people are pieces of shit.
I don't really care if a woman wants to fuck around as I'll fuck any reasonably hot chick

Bottom line is that I'm not into whining and crying like a bitch about how tough it is to be a man. Lifes shit for most people and if you really are a man you just get on with it.

Badly Needed, and Long Overdue

Keoni Galt · 2 September 2015 · Archived copy · Original



On the one year anniversary of GamerGate, Vox Day released what may end up being the most important, practical and useful literary work to have been spawned by the reactionary fringes of our fever swamps out here on Teh Interwebz: SJWs Always lie: Taking Down the Thought Police.

I say *most* important, not because it's a literary masterpiece of brilliant prose, but because it provides a relevant and comprehensive - but concise and easily digested - manual for weathering the media storms of the 21st century witch hunts for ThoughtCrimes and BadThink, that occur on a frequent basis in our Brave New World Order.

To date, the body count of casualties in the culture wars that have commenced since the Frankfurt School deployed it's entryist hordes to begin their long march through the West's institutions, is nearly impossible to fully enumerate.

For every person whose career or social standings and reputations have been ruined by a Social Justice Warrior swarm and media attack, the advice Vox doles out here could have undoubtedly helped them avoid their inevitable ruination and/or slandered reputations, had they been aware of the motivations, mindset and modus operandi of the SJW Thought Police, as Vox lays out and deconstructs brilliantly in this book.

Indeed, the advice Vox proffers to the reader on how to survive an SJW swarm attack is so important, you don't even have to spend the five fiat bucks or so it costs to buy the digital version of this book, as he offers a free .pdf survival guide compiled from excerpts in *Chapter 7: What to Do When SJWs attack:*

> The eight stages of the SJW attack sequence are as follows:

> 1. Locate or Create a Violation of the Narrative.
> 2. Point and Shriek.
> 3. Isolate and Swarm.
> 4. Reject and Transform.
> 5. Press for Surrender.
> 6. Appeal to Amenable Authority.
> 7. Show Trial.
> 8. Victory Parade.

Much of the first half of the book deals with how Vox arrived at this identification of their predictable sequence, both from his own personal experience and from examples of other high profile cases like the former CEO of Mozilla Brendan Eich and Nobel Laureate Dr. James Watson...men who resigned from high profile positions after being attacked by the SJW lynch mob. As he notes in the opening paragraph of *Chapter Three: When SJWs Attack:*

> *"SJWs have refined speech-policing to an extent seldom imagined outside the world of George Orwell's 1984, and in doing so they have created an Animal Farm-like world where some animals are definitely more equal than others."*

Vox then follows up with a short list of high profile cases. While many of these cases he cites have occurred recently, making this book timely and current. But just off the top of my head, I can think of a number of cases of SJW swarm attacks that have damaged the careers and reputations of people going back *decades*:

* Former MLB pitcher John Rocker commenting on the vibrancy of the New York City subway passengers;

* Former Harvard President Larry Summers suggesting that Women don't go into STEM programs due to their own interests;

* Rush Limbaugh, the Godfather of Right-Wing talk radio, forced to resign from ESPN for stating that the media was hyping up Donovan McNabb because they were desirous of a black Quarterback succeeding in the NFL;

* Former Vice President Dan Quayle for criticizing the sitcom Murphy Brown for it's storyline normalizing bastardy and single motherhood by choice;

* MLB legend, Jimmy the Greek, for commenting that slavery bred better black athletes;

* Former PGA Golfer Fuzzy Zoeller lost millions in endorsements for making a sterotypical joke about Tiger Wood's choice of cuisine for the tournament champions banquet;

* Sports media "shock jock" Don Imus referring to black women college Basketball players as "nappy-headed hos."

* Sitcom star Charlie Sheen, for "crossing the Jewbicon;"

* Mel Gibson cursing the dominance of Jews in Hollywood while being arrested for D.W.I.;

* Former Right Wing Talk Radio Personalities Dr. Laura Schlessinger and Michael Savage both eventually lost their lucrative talk radio careers for referring to homosexuality and homosexuals negatively;

* UFC Heavyweight Fighter Matt Mitrione was suspended (and had a bout cancelled) by the UFC for calling transgendered Women's MMA fighter Fallon Fox "...lying, sick, sociopathic, disgusting freak."

* Former Cooking show star Paula Dean was reported to have once used the N-Word in her youth.

In every one of these cases that I can recall, all of these personalities made a comment or stated their opinion that violated the SJW speechcode, and the resulting SJW swarm of manufactured outrage resulted in each particular ThoughtCriminal eventually losing their careers or millions of dollars in endorsements, and having their names permanently associated with the SJW brands of "racist," "sexist," "homophobe," or "transphobe."

And in every single instance I just recalled, the person under attack was forced to abase themselves before the merciless media and abjectly apologize and grovel in a bid to keep their jobs, careers and/or livelihoods after suffering from the swell of SJW manufactured outrage. If only they had followed Vox's Survival Guide proscriptions, "2. Don't try to reason with them," and "3. Do not apologize." they may have experienced a different outcome.

You cannot appease the perpetually offended (as all SJWs are), and they will never offer you the grace of redemption nor forgiveness for your apparent transgression. Apologies and reasoning only serve as confirmation of your guilt as a ThoughtCriminal.

As Vox notes: *"Normal people seek apologies because they want to know that you feel bad about what you have done and that you will at least attempt to avoid doing it again in the future. When SJWs push you for an apology after pointing-and-shrieking at you, what they are seeking is a confession to bolster their indictment."*

Indeed, normal people need to realize that SJWs are the frontline keyboard warriors of the culture war to destroy Western Civilization, and that they are not looking to "help you see the error of your ways" and "rehabilitate" your thoughts and attitudes so that you can then become "acceptable" to the "mainstream" as defined by SJW programming.

No, they are looking to make an example of you to keep all the rest of the sheeple in line. SJW attack swarms are the 21st version of the Reign of Terror.

For the thought criminal, their is never a chance for redemption. So if you ever do find yourself in the cross hairs of the SJWs shrieking hordes, your ONLY shot at survival is to follow Vox's advice, which really does echo a classic sentiment embodied by the following quote: *"Better that we should die on our feet rather than live on our knees" - François-Noël Gracchus Babeufe*

There is far more to this book than simply surviving a modern day SJW manufactured, media-driven witch hunt. The most important part for the "normal person" to grok is in *Chapter 10: How to Talk to SJWs*. This chapter explains to the average normal person who may have never studied classic philosophy, the important difference between dialectic and rhetoric. Vox writes: *"Dialectic and rhetoric are two different languages, and the number of people who can speak both of them fluently is relatively small."*

This chapter belabors to help the reader understand the difference, since most "normal" folks are not even familiar with the term "dialectic" but still consider themselves intellectually honest and objectively-minded when discussing any topics considered controversial. I myself only became familiar with the difference in discourse because I'm a regular reader of Vox's blog. I certainly didn't learn about it at during my own University Credentialed Indoctrination classes on philosophy in my Liberal Arts curriculum. But I digress.

His first example in differentiating between the two forms of persuasive argumentation, deals with the title of the book itself:

> "Let me give you a practical example of how this works. If I say “SJWs occasionally lie” in response to an SJW's false statement, this is proper dialectic but poor rhetoric, as it is likely to fail to persuade a rhetoric-speaker of the actual truth, namely, that the SJW is lying in the present circumstance. The better rhetorical statement is “SJWs always lie”, which is not dialectically sound, (or if you prefer, untrue), but despite its lack of soundness it is more likely to persuade the rhetoric-speaker to believe the relevant truth, which is that the SJW is lying.
>
> Hence the importance of knowing your audience and understanding which language of discourse they speak. When you speak in rhetoric to a dialectic-speaker, you will tend to sound very dishonest even when you are utilizing effective rhetoric that is perfectly in line with the truth. But you can’t speak dialectic to a rhetoric-speaker for the obvious reason that they cannot be informed or persuaded by it. They simply don’t have the capacity."

The reason why this is so, is that the dialectically incapable were made that way by their lifetime of indoctrination by our SJW-subverted establishment. SJWs are the product of a system that was intentionally designed to dumb down the masses and make them subservient to their emotional whimsy, base natures and arrested development. This deliberate enstupidation was effected so as to render the sheeple much more easily controlled, pacified and enslaved by materialism, consumerism and fiat financing. The SJWs don't even know that their highly credentialed educations were nothing more than socially engineered programming telling them WHAT to think, while denying them the training on HOW to think.

While I have eschewed voting in any election in the grand theatre of American Democracy for quite some time, I do still vote with my fiat dollars in the only true Democracy that exists today - the global marketplace. I bought *SJWs Always Lie*, because I wanted to do my small part in making this book rise up in the Amazon rankings. I want this book to break through the mass media indoctrinated mainstream, and spread it's tactical knowledge to the masses of people that nominally stand in opposition to the SJW thought policing and progressive culture wars that are fundamentally transforming our culture and society for the worse. I bought this book, because I ascribe to a high-minded ideal of ---

---oh who am I kidding?

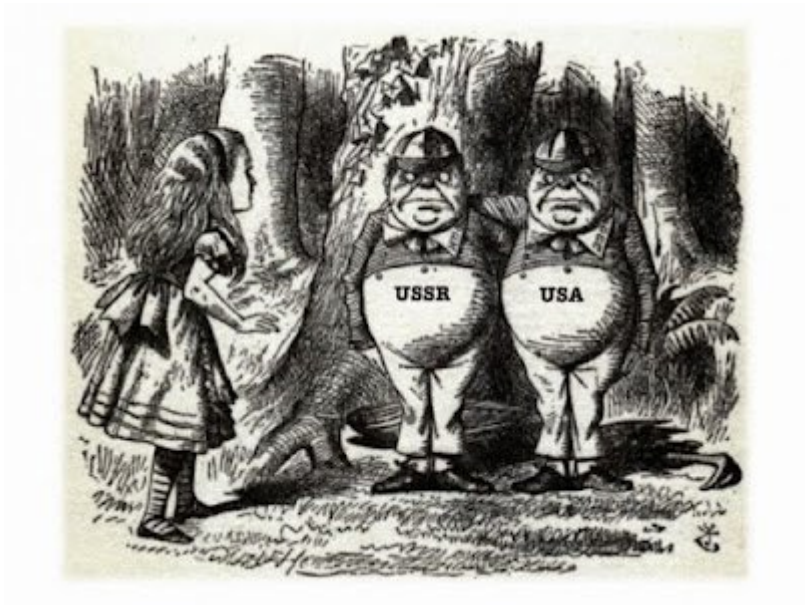
I bought this book because I wanted to indulge in schadenfraude! I wanted to help the Dark Lord of the Evil Legion of Evil punch back twice as hard at the snivelling hordes of brainwashed lickspittles and useful idiots that march under the banner of the SJW. No War but Culture War! This book is a badly needed, long overdue counterattack against the long march. For that, I consider it money and time well spent.

Rotten to the Common Core

Keoni Galt · 9 September 2015 · Archived copy · Original



One of first times I ever dipped my toes into the fever swamps of conspiritard-land on teh Interwebz, was from reading the writings of Nancy Levant, Joan Veon, Alan Stang and a number of other columnists and authors over at NewsWithViews. That was my first encounter with what I thought at the time was the most ludicrous idea I had ever encountered at that time in my life: that the end goal of the NWO and the system of public education in the USA Inc., was to comfortably merge the USA and the USSR.



Almost a decade later, I now consider it a core truth of our Brave New World Order. The merging of all nations into our present dystopia proceeds apace!

There's a damn good reason I've really minimized my online time and blogging here these past few months...for I've come to the realization that all of the knowledge I've accumulated, read and wrote about out here in the fever swamps of the reactionary blogosphere, has to be put into action so that I can make the best of what I can for me

and mine in our crazy train of a derailing society. To create an oasis of sanity in a desert of lunacy for my offspring.

The biggest part of trying to accomplish that, is taking on the greatest task that is now commonly outsourced by most Parents, to the leviathan-Borg that has wrapped it's tentacles around everything that we as humans hold dear: educating the minds of the next generation, and teaching them HOW to think.

In short, the effort to avoid inculcating my offspring's minds with the Brave New World Order's conformity programming to effect the manufactured assembly line of sheeple production, has taken over a lot of the free time I used to spend reading and blogging.



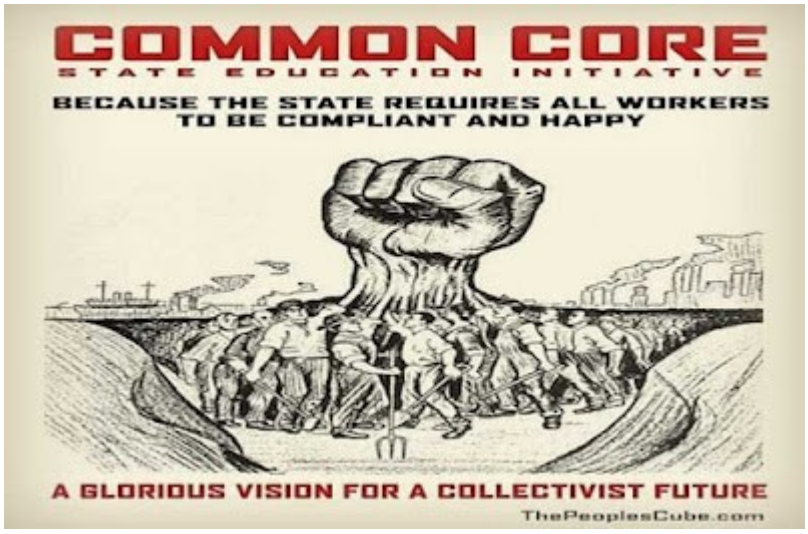
I have no choice. I know THEY are going after our children and trying to get to their minds at the youngest possible age THEY can, so as to suck them into it's vortex of corruption of base depravity indulgences, unquestioned belief in the fiat reality-weaving by our mass media, and the deliberately engineered arresting of the development of the human mind, body and soul.



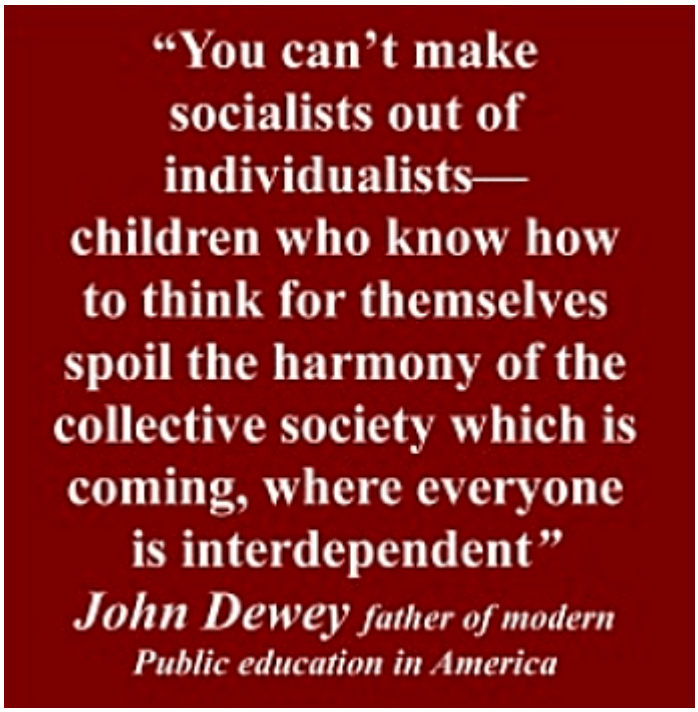
Of course, it's been going on for decades now, as any parent knows...that is any parent who has studied the difference between phonics and "whole language" protocols for teaching kids how to read.



Those early attempts to dumb down we the sheeple had some success, but there were still far too many sheeple that overcame these first attempts at degrading the average level of literacy amongst the masses, so they've had to step up their efforts and wield the iron fist of top-down bureaucracy of the Federal Government, and impose common core curriculum on every corner of the USA Inc.



Having searched for appropriate curriculum to use for my own homeschooling efforts, I have gone through a number of resources, including a number of new textbooks based on Common Core Standards. A standardized curriculum to prepare kids to take standardized tests so as to standardize their minds throughout the entire standard process.



I call it SJW programming 2.0.

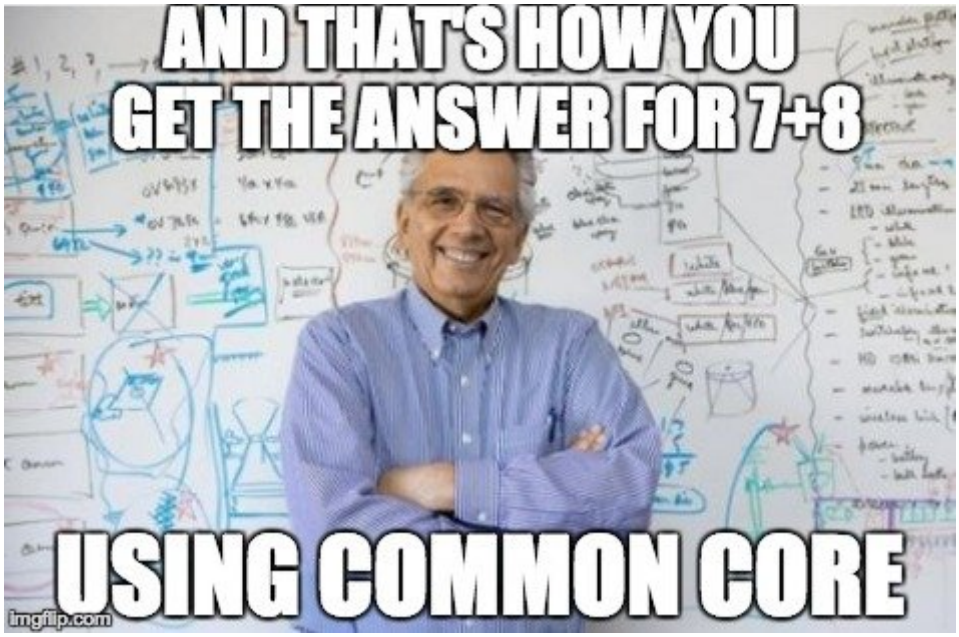
Oh those devious bastards. THEY are developing new and improved ways to fuck up our children's minds. They create an entire curriculum designed to frustrate the parent trying to teach their children with a legion of mind-numbing and stultifying "exercises" and "activities" all designed to steer parents away from teaching the old tried and true pedagogical educational methods of rote memorization mathematics and phonics-based literacy. Only they've figured out that enough parents have heard of their deliberate dumbing-down curriculum, so they've co-opted the tried and true methods of classical education and subtly inserted their programming into a multitude of

home school curriculum plans.

For instance, instead of "A - Apple - Ah" it's now: PHONICS ARE FUN! Workbook page after workbook page of colorful illustrations with "phonics" exercises such as: CIRCLE ALL THE OBJECTS THAT BEGIN WITH THE 'Ah' SOUND. NEXT, CIRCLE ALL THE ANIMALS THAT DON'T HAVE THE 'Ah' SOUND.

Woe to the parent who unknowingly thinks they are giving their kids that 'phonics-based' education they heard so many good things about, while ignorantly administering such stultifying garbage to their progeny.

And the math? I felt myself getting dumber just for reviewing it.



Of course, whether it's reading, writing or math, the most common features of this "common core" based "homeschool" curriculum is the adherence to the holy script of SJW vibrant diversity on every page. All examples and illustrations of humans, families and relationships always have rainbow inflected depictions of vibrant tokenism.



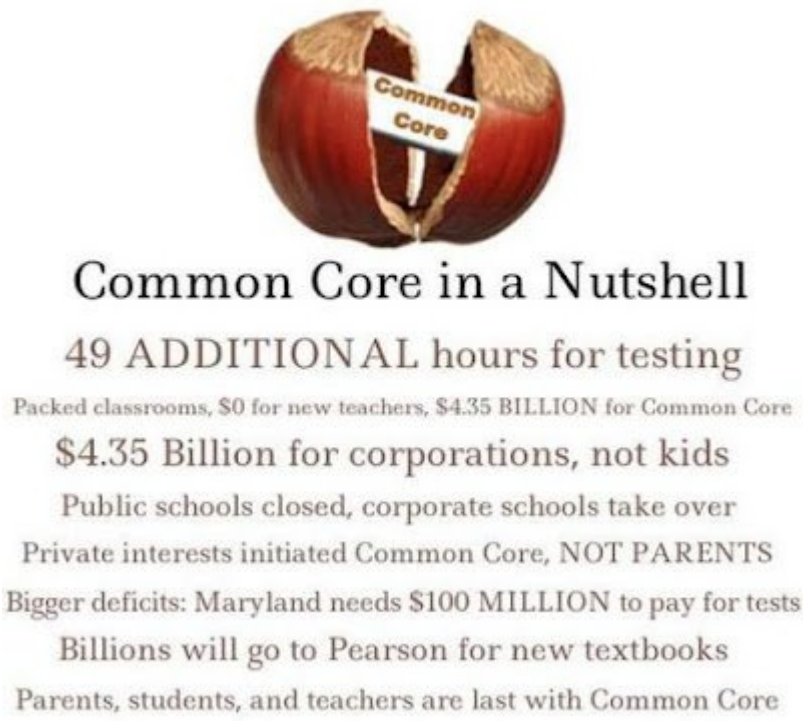
"Manuel Hernandez Camacho has 6 candy bars, Shaniqua Abdul-Ahman has 4 candy bars and Chen Li Wong has 2 candy bars....how many candy bars should they have the police man take from Michael James Thompson to make sure the world is fair, the environment is conserved and people of the same gender who love each other can get married?"

Yes, I'm exaggerating for polemic effect here....but not by much. Hey, it's a small world afterall!

Kindergarten 'history' includes tales of evil whitey selling sacred hyphenated Americans at the slavery auction block, while 'science' courses include stirring sermons on the sanctity of vaccinations throughout the history of managing our healthcare. Environmentalism, feminism, consumerism, materialism, equality, conformity, mindless obedience to authority..it's all there.

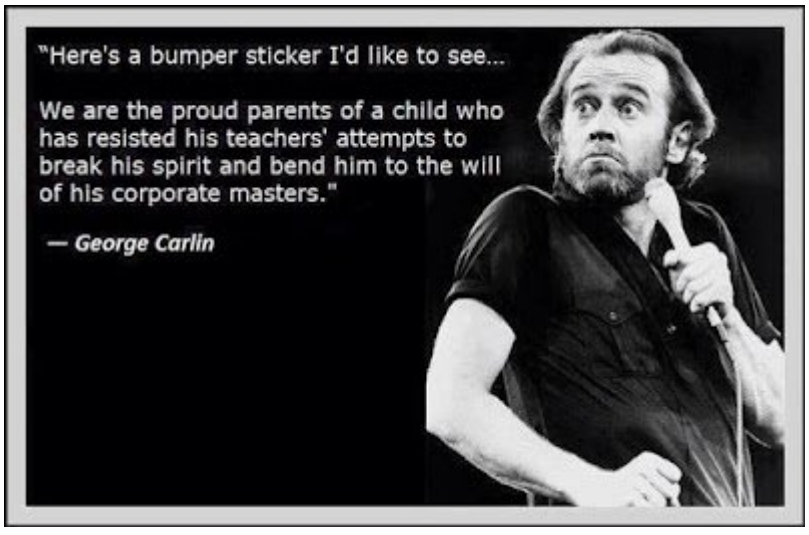


No, I will not name any names nor brands nor publishers. Do YOUR homework if you are that serious about educating your own children. Common core is nothing new, it's the same old conformity brainwashing indoctrination under a new veneer. Need proof of my assertions? Just do what you always need to do when trying to seek out the truth of any matter: follow the moolah.



Be aware that you can't avoid it simply by homeschooling....unless you learn to discern the same infiltration of home school curriculum with the exact same SJW programming 2.0 that is the real core of what THEY are trying to accomplish. THEY have figured out how to outsource their institutionalized brainwashing operations from the public school institutions to the homeschool parents themselves.

Don't fall for it.



Resistance is Personal

Keoni Galt · 2 October 2015 · Archived copy · Original



I awake with the first rays of the rising sun shining through the windows of my abode. Since I don't have scheduled work by my official employer, the alarm on my dumb flip-phone is not set, so as to enjoy sleeping through every last second of available pre-dawn darkness.

Upon arising, I take a three minute shower...ice cold. Shockingly abrupt when I stick my head under the chilling spray, but deeply relaxing and soothing after the initial shock wears off. Positively energizing.

After toweling off, I grab my non-fluoridated, all natural toothpaste and give the pearly whites their daily scrubbing. Then I apply my all natural, cotton and baking soda-based underarm deodorant, before proceeding to get dressed.

Turning off my bedrooms incandescent bulb lighting, I leave the bedroom to enter my kitchen.

There, I fill up my stainless steel tea kettle with purified reverse-osmosis filtered water from my ceramic water dispenser, then put it on the stove and turn it on to high.

As the water starts to bubble and hiss, I measure out my daily dosage of fresh-roasted, organic Sumatran coffee beans into the grinder and rinse out the french press in preparation for the water that is about to scream from the boiling kettle.

Once the coffee has been ground and the boiling water added and then pressed, I cautiously take that first glorious sip of unadulterated and potently-caffeinated, Arabican nirvana. As I savor that first cup of the day, I log on to teh Interwebz and commence the days reading of the news through the lense of the reactionary fever swamps of our little corner of the blogosphere.

As the old Chinese curse goes, we are all blessed to be living in interesting times.

After the first cup is done and the perusal of the fever swamps are completed, it's time to get cooking for the family.

I enter the kitchen and grab the coconut oil-coated, cast iron skillet from the overhead rack and begin heating it up on the stove top, and begin to prepare my planned breakfast for the day: uncured, free range pastured pork bacon;

free range, grass fed all-beef keilbasa sausages; and fritata made from eggs, crimini mushrooms, hawaiian sweet onions and peppers, kerrygold grass-fed dairy butter, and then topped with Muenster and Asiago cheese and fresh ground pepper and hawaiian red-clay sea salt.

While the pan is heating up, I quickly head outside to throw some non-GMO, organic scratch to my chickens and check the egg box for the day's batch of fresh-laid eggs.

Once breakfast is complete, and I'm sufficiently fueled up for the days labor, I pack a cooler of glass-bottled water, some tin cans of coconut water and my pau hana micro-brew, and head outside to do the days planned projects. For even though I have a day off, country life out in the Hawaiian boondocks is one that always has some work that needs doing. Boredom and sloth is not an option...but I wouldn't have it any other way.

For most of us, we have a morning routine. This is mine, with the only difference being on a scheduled work day, it all takes place before the sun rises, so that I have time to commute through traffic hell to earn my share of usurious fiat company store scripts to keep my family fed, sheltered and to also pay my tolls and tariffs to our Babylon System's overlords.

While it is a routine, it wasn't always so, and when I used to live in upscale suburbia and lived my professional life as a desk jockey in the cubicle farms of encorporea, my routine was a much different affair with a much different mentality ascribed to it.

But rather than bore you with another listing of my old routine for comparison to my current one, here's a list of reasons why I came to this current routine, all thanks to my years of study at the University of the Autodidact:

* Arise with the sun to harmonize my Circadian Rhythm and get better sleep

* I use a flip phone to limit surveillance activity by our Brave New World Order's digital-driven Panopticon

* Cold water shower for benefits of thermogenic therapy on tired and sore muscles

* Avoiding fluoride ingestion from most common brands of toothpaste

* Avoiding aluminum silicate and other substances found in most common deodorants and anti-perspirants

* I stockpiled cases of incandescent bulbs when it was announced that they would be discontinued in favor of those mercury-laden, harmful-spectrum UV emmitting Compact Fluorescent Lights.

* Since coffee is some of the most pesticide dependent crops in the world, I pay extra for high quality, certified organic fresh roast.

* I threw out all of my toxic, teflon-coated aluminium cookware and now use onlyl cast iron, ceramic and stainless steel cookware.

* All my dairy, eggs and meats are sourced from as much grass fed/free range/minimally processed foods as possible, while all the oils and fats used in cooking are saturated and abundant in fat soluble nutrients.

* I pack my drinking water in old glass whiskey bottles, as I try to avoid drinking plastic BPA-tainted bottles.

* Coconut water is **THE ELIXIR OF THE GODS**. When you sweat, your body excretes many trace vitamins and

minerals that are vital for optimal function. Sports drinks simply replenish the water, sugar and sodium...along with giving you a dosage of a bunch of other synthetic, laboratory derived additives and ingredients like bright colors and calorie free sweeteners. Coconut water replenishes all that plus a whole host of other nutrients you lose from sweating - like magnesium, potassium, manganese, copper, etc. In the time before I discovered coconut water, I just don't know how I made it through another day of physical labor under the hot Hawaiian sun and humid climate.

Anyhow, the point here is that my daily routine is quite deliberate and there was initially a lot of thought behind every task I do. And this is just a small part of how I ended up figuring out what processes I needed to run and what processes I needed to delete, to ensure the best possible operation of my system in a world full of toxins and poisons designed to sap our will, destroy our health and render us enslaved to the programs THEY have designed for us.

As I've noted before, this is what it means to me to incorporate that which I have learned and distilled from all this time reading and writing on teh Interwebz: *"Seek the truth. When you find it, order your life accordingly. This is the only path to emancipation from the systemic enslavement of our Brave New World Order."*

Viva la resistance!

Science & The Institute of Manufactured Consensus

Keoni Galt · 9 October 2015 · Archived copy · Original



It seems like one of the core tenets of the common skeptics of unconventional, non-mainstream lifestyle advice such as the kind blogged about here, is that one must have the weight of SCIENCE to back up one's assertions or you're just a bloviating blowhard, advocating lunacy to the detriment of those foolish enough to follow such advice.

Advice like avoiding GMO-grain based foods; getting regular sun exposure without sunscreen at mid-day; refraining from ingesting fluoride in toothpaste and fluoridated public water supplies; or eating saturated fats, whole-fat dairy, salt, red meat and mercury-laden ocean fish etc., will all usually be met with at least a few folks saying "Wheres your links to peer reviewed science?"

Here's the problem with these SCIENCE based attacks on such advice...if one spends enough time doing relevant key word searches on PubMed, one can almost find seemingly corroborative evidence from research articles, abstracts, journal entries and other peer-reviewed documents on any topic they like.

I received the following comment on my old Fluoride post back in 2010 :

> "Just some evidence fluride works. I could spam research all day at you HL. Typing 'water fluridation' into PubMed (with filters for systemic reviews and clinical trials) produces over 5000 results."

All one needs to do, is to begin actually reading the contents of a few of those results to discover that in fact all 5000 results do not prove that "fluoride works." What you do in fact find, is a wide variety of results indicating all sorts of recommendations and conclusions. What one really needs to consider when reading PubMed articles are the following variables: 1) Who is financing and conducting the study; 2) what was the methodology used in carrying out the study (statistical chicanery or the actual use of the scientific method?); 3) what was the conclusions drawn from the study; 4) do the conclusions actually match the results of the experiment or study?

Read enough PubMed abstracts and peer-reviewed articles, and you'll begin to see a pattern. You can find articles that will state a hypothesis to justify the research, read the methodology involved in conducting the research, and in fact see that the research either corroborates or disqualifies a particular hypothesis...and the conclusion will be vague or inconclusive, often concluding that further research is required. This is very common when the topic you are researching is already widely considered to be "settled science." But not always. Sometimes, you can find PubMed articles that clearly support a politically incorrect hypothesis and it draws conclusions that go against the prevailing wisdom of conventional, consensus-derived wisdom.

Other means of corrupted and compromised PubMed studies involve studies with blatantly corrupted variables - such as conflating margarine and butter in a single categorical designation as "fats" or studying red meat consumption by surveying respondents on how much pizza, hot dogs and hamburgers they've eaten in the last year. Using experiments with such categorical errors is common, but usually does not inhibit "science journalists" and "professional nutritionists" in making recommendations based on conclusions from such inherently flawed studies.

Beginning with the topic first referenced by Anonymous comment five years ago, let us take a closer look at how PubMed does in fact contain corroboration for a few of the more common "conspiracy theory" topics regarding health and nutrition.

Fluoride



Developmental Fluoride Neurotoxicity: A Systematic Review and Meta-Analysis

> "A recent report from the National Research Council (NRC 2006) concluded that adverse effects of high fluoride concentrations in drinking water may be of concern and that additional research is warranted. Fluoride may cause neurotoxicity in laboratory animals, including effects on learning and memory (Chioca et al. 2008;

> Mullenix et al. 1995)."

Exposure to fluoridated water and attention deficit hyperactivity disorder prevalence among children and adolescents in the United States: an ecological association

> "Parents reported higher rates of medically-diagnosed ADHD in their children in states in which a greater proportion of people receive fluoridated water from public water supplies. The relationship between fluoride exposure and ADHD warrants future study."

Additional research is warranted! In the meantime, I'll take a pass and continue to avoid fluoridated toothpaste.

Genetically Modified Organisms



There's a lot of mis-formed dis-information on the topic of GMOs. Mice genes spliced with jellyfish genes to create rodents that glow in the dark, or papaya crops genetically modified to resist crop destroying diseases are all aspects of the topic of genetically modifying organisms for various, purported reasons. Some of these GMO experiments have indeed given some supposed benefit to humanity...but that's neither here nor there.

All you really need to concern yourself with when it comes to this topic is simple: **It's all about GLYPHOSATE.**

The majority of the Big Agricultural Industrial Complex feed producers that manufacture 95% of the ingredients found in all processed - fast - convenience - junk food, is based on GMO crops, modified to survive repeated glyphosate pesticide spraying. If you really do a thorough search of PubMed, you'll find a lot of articles documenting the real problems with GMO's and what they are doing to human health.

Major pesticides are more toxic to human cells than their declared active principles.

> "Despite its relatively benign reputation, Roundup {glyphosate} was among the most toxic herbicides and insecticides tested."

Glyphosate, pathways to modern diseases II: Celiac sprue and gluten intolerance

> "Celiac disease, and, more generally, gluten intolerance, is a growing problem worldwide, but especially in North America and Europe, where an estimated 5% of the population now suffers from it. Symptoms include nausea, diarrhea, skin rashes, macrocytic anemia and depression. It is a multifactorial disease associated with numerous nutritional deficiencies as well as reproductive issues and increased risk to thyroid disease, kidney failure and cancer. Here, we propose that glyphosate, the active ingredient in the herbicide, Roundup(®), is the most important causal factor in this epidemic.Fish exposed to glyphosate develop digestive problems that are reminiscent of celiac disease. **Celiac disease is associated with imbalances in gut bacteria that can be fully explained by the known effects of glyphosate on gut bacteria.**"

Glyphosate, pathways to modern diseases III: Manganese, neurological diseases, and associated pathologies.

> "Manganese (Mn) is an often overlooked but important nutrient, required in small amounts for multiple essential functions in the body. A recent study on cows fed genetically modified Roundup(®)-Ready feed revealed a severe depletion of serum Mn. Glyphosate, the active ingredient in Roundup(®), has also been shown to severely deplete Mn levels in plants. Here, we investigate the impact of Mn on physiology, and its association with gut dysbiosis as well as neuropathologies such as autism, Alzheimer's disease (AD), depression, anxiety syndrome, Parkinson's disease (PD), and prion diseases."

Glyphosate induces human breast cancer cells growth via estrogen receptors

> "Glyphosate is an active ingredient of the most widely used herbicide and it is believed to be less toxic than other pesticides. However, several recent studies showed its potential adverse health effects to humans as it may be an endocrine disruptor....
>
> ...These results indicated that low and environmentally relevant concentrations of glyphosate possessed estrogenic activity. Glyphosate-based herbicides are widely used for soybean cultivation, and our results also found that there was an additive estrogenic effect between glyphosate and genistein, a phytoestrogen in soybeans."

Sure seems like there's a lot more to this topic than just the fevered rantings of my fellow Conspiritards who believe in Food Magic and are consumed with paranoia about Biotech in the food supply...

Seafood, Mercury & Selenium



Let us consider another topic near and dear to my palate, the mercury content of seafood:

Selenium and mercury in pelagic fish in the central north pacific near Hawaii

> "Protective effects of selenium against mercury toxicity have been demonstrated in all animal models evaluated. As interactions between selenium and mercury and their molar ratios in seafood are essential factors in evaluating risks associated with dietary mercury exposure, considering mercury content alone is inadequate."

Omega-3 fatty acids, mercury, and selenium in fish and the risk of cardiovascular diseases

> "Fish consumption is associated with lower risk of cardiovascular disease. Some fish species also contain methylmercury, which may increase cardiovascular risk, as well as selenium, a trace element that could counter the effects of methylmercury or have beneficial effects itself. These potentially conflicting effects have created public confusion about the risks and benefits of fish consumption in adults. We examined the evidence for cardiovascular effects of fish consumption, particularly effects of marine omega-3 fatty acids, methylmercury, and selenium. Compelling evidence indicates that modest fish consumption substantially reduces cardiovascular risk, in particular cardiac mortality, related at least partly to benefits of omega-3 fatty acids."

As I told you before...eat more mercury!

Sun Exposure, Sunscreen and Vitamin D



Of all the ideas I ever try to discuss with other people in teh real life regarding politically incorrect health and nutrition topics, this one is the hardest to try and overcome the average sheeple's regularly scheduled programming.

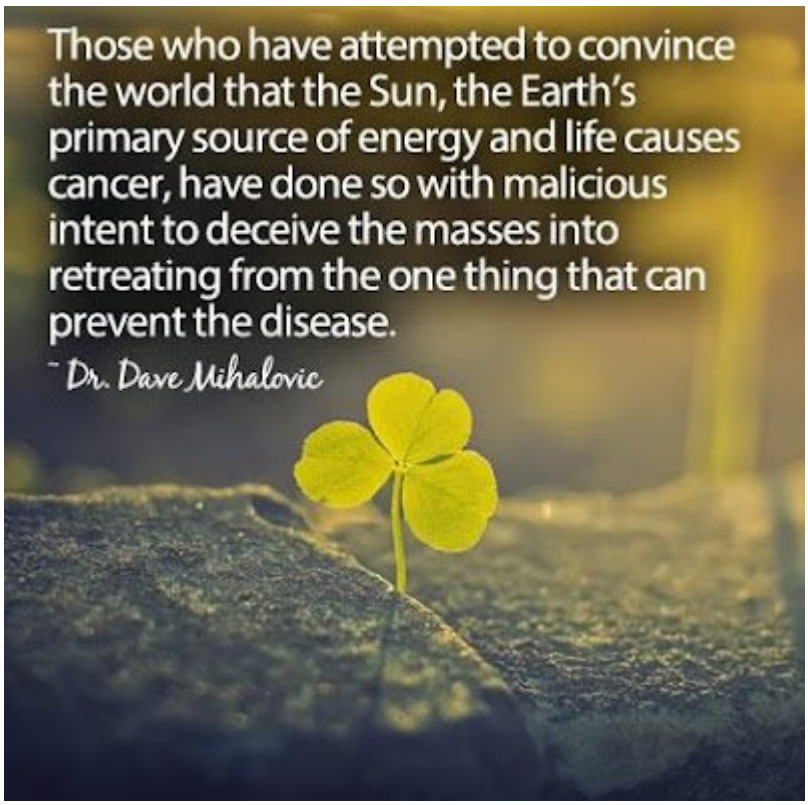
The Sunscreen Industrial Complex is the most formidable front in the war on Vitamin D and good health. You can find 10000000000+ articles on PubMed regarding sun exposure and skin cancer, or the efficacy of sunscreen in preventing sunburn etc. But hidden amongst all the pro-solarphobia articles, you will still find a few that make the same arguments I've made in the past for prioritizing proper sun exposure as a key measure in attaining good health:

Sunlight and vitamin D for bone health and prevention of autoimmune diseases, cancers, and cardiovascular disease.

> Although chronic excessive exposure to sunlight increases the risk of nonmelanoma skin cancer, **the avoidance of all direct sun exposure increases the risk of vitamin D deficiency, which can have serious consequences.**

Sunlight, UV-radiation, vitamin D and skin cancer: how much sunlight do we need?

> "Vitamin D is the sunshine vitamin for good reason. During exposure to sunlight, the utraviolet B photons enter the skin and photolyze 7-dehydrocholesterol to previtamin D3 which in turn is isomerized by the body's temperature to vitamin D3. Most humans have depended on sun for their vitamin D requirement. Skin pigment, sunscreen use, aging, time of day, season and latitude dramatically affect previtamin D3 synthesis. Vitamin D deficiency was thought to have been conquered, but it is now recognized that more than 50% of the world's population is at risk for vitamin D deficiency. This deficiency is in part due to the inadequate fortification of foods with vitamin D and the misconception that a healthy diet contains an adequate amount of vitamin D. Vitamin D deficiency causes growth retardation and rickets in children and will precipitate and exacerbate osteopenia, osteoporosis and increase risk of fracture in adults. The vitamin D deficiency has been associated pandemic with other serious consequences including increased risk of common cancers, autoimmune diseases, infectious diseases and cardiovascular disease. There needs to be a renewed appreciation of the beneficial effect of moderate sunlight for providing all humans with their vitamin D requirement for health."



The takeaway from all this, is that PEER REVIEWED SCIENCE as referenced by those who consider PubMed to be the holy scripture and the be-all-end-all arbiter of authoritative proscriptions for human health and nutrition, is never "settled." One can always find conflicting reports to back up whatever assertions they wish to prove with PEER REVIEWED RESEARCH.

The ultimate point is to manufacture consensus to produce a coordinated narrative that cannot easily be fact-checked, so as to confuse interested laymen and laywomen researchers with a plethora of conflicting articles and abstracts, so as to hide the truth amongst a blizzard of mis- and dis- information. It's hard to discern what is truth and what is lie when their are 5000+ conflicting search results to sift through, so most sheeple take the path of least resistance and comply with our regularly scheduled programming.

But if you look carefully through all the doctrine and scriptures of the Holy Church of Peer-Reviewed Consensus, you can find enough heretical content to justify and rationalize anything....which is why I usually don't bother with citing articles on PubMed as a means of proving anything to skeptics.

No matter how many search results can be referenced in the archives at the Institute of Manufactured Consensus, I'll continue to stick with my conspiritard food magic and avoid fluoridated water and toothpaste (no cavities yet), I'll continue to avoid GMO feed as much as possible (I've never felt better,) I'll continue to get sun exposure at mid-day with no "protection" (haven't been sunburned in years,) and I'll continue to eat as much seafood as I damn well please (no apparent signs of mercury poisoning other than the existence of this blog chock full of raving lunacies...).

As always, take this all with a grain of salt, N=1, your mileage may vary, etc.

Don't take it from me, I am no Doctor...I only play one on teh Interwebz.



Up From the Ashes

Keoni Galt · 18 October 2015 · Archived copy · Original



Reports of his demise were apparently premature.



He's back!



"I am not doing this for fame or money. I am not using my real name, and I don't even try to make money from Google Adsense. I am doing this because I want men to get up off their asses and stand up for themselves."

He was one of the original leaders of The National Organization of Men Against Amazonian Masterhood



Upon notification of his passing back in the summer of 2013, several of the organization regulars publicly reacted:

> "No Ma'am has probably been the most helpful resource in terms of my own personal Red Pill journey - Pook, Bonecrcker, Zen Priest, etc. as well as Rob's own Philosophy of MGTOW. Thank you, Rob." - *Anonymous*

> "F_ck. I hope he stays around to comment... Or creates a new blog :)" - *Deansdale*

> "One of my favorite bloggers, writers, and thinkers. Hope he comes back from time to time in some incarnation or another." - *xsplat*

Looks like *Deansdale* and *xsplat* got what they asked for...

For those of you who regularly visit to use my blogroll as your gateway to the lunatic fringe of these fever swamp on teh Interwebz, you have no doubt noticed recently updated postings on the *No Ma'am* blog, with every post referencing a newly published work...all for the unbeatable price of $FREE.99!

Check it out:



The Masculine Principle

> "The following pages will attempt to speak clearly without regard for personal feelings - we are seeking the Truth and trying not to perpetuate falsehoods simply out of politically correct fear. Sometimes the Truth hurts - but it's still neccessary to have it. There are certainly anti-feminist sentiments to be found here but make no mistake, this isn't a social justice warrior's treatise trying to foment some men's movement to counter feminism.

> Movements, like herds and harems, are the domain of the Feminine Principle. It would be anti-thetical to the Masculine Principle to attempt to counter the Feminine Principle by mimicking it - that's where androgyny comes from, a condition I completely abhor and reject.

> The Masculine Principle must be *masculine*, and one of its features, which will be discussed later on, is its ability to seek the Truth so we can better understand the structure of the world about us. It's something men have been doing since the beginning of time, and this book will attempt to continue in that ancient, masculine tradition."

To paraphrase the other BlogFather... read the whole thing.

Identifying the Root, So That We May Strike It

Keoni Galt · 22 October 2015 · Archived copy · Original



In a recent post, Vox offered a short list of actions that need to be taken in order to reverse the decline of our civilization into the dystopian chaos of our Brave New World Order:

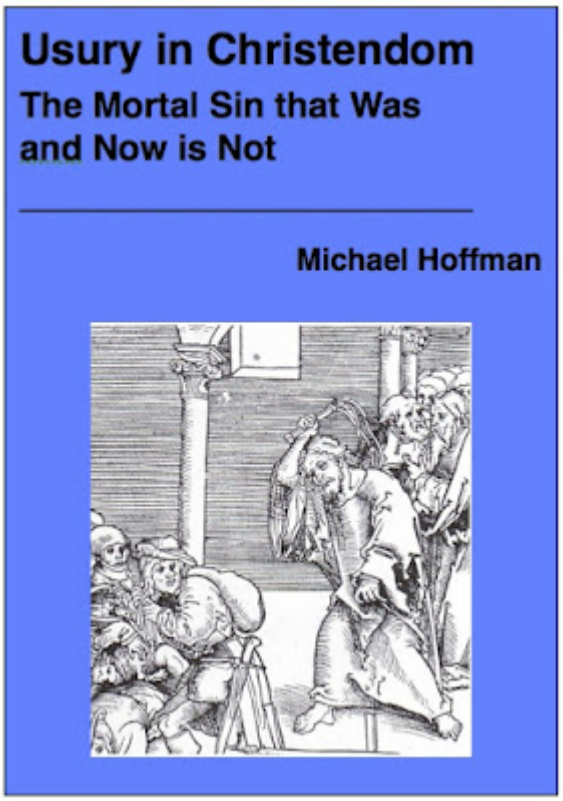
> To begin restoring the West, straightforward steps are needed:

> * Restore Christianity to its foremost position in Christendom.
>
> * Drive back the Turk.
>
> * Replace representative democracy with direct democracy unhampered by judicial-branch vetoes.
>
> * Hard money.
>
> * End free trade.
>
> * Punish corporations that break the law with jail. "Jail" them by pulling their business license for the period of their sentences. A criminal natural person cannot work, so why is a criminal juridical person permitted to do so?

While all of these measures would undoubtedly have varying levels of success on reversing our current descent towards dystopia, I am of the opinion that it would be far more effective to address a single issue. It relates directly to Vox's first recommendation, restoring Christianity to it's foremost position in Christendom. I do believe this would certainly do the trick, *if* we're talking about the Christianity of antiquity and it's former widely understood

and universally accepted prohibition on usury.

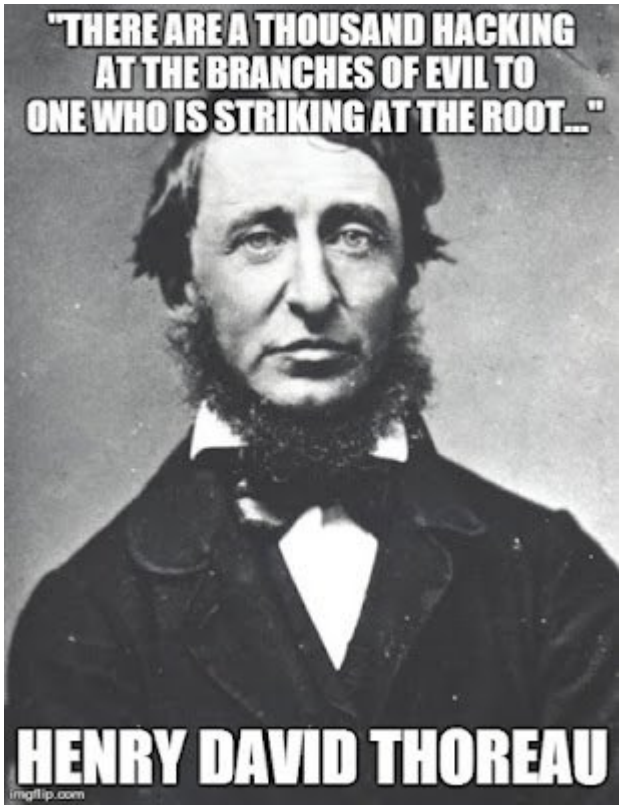
> "Usury is interest on money, not 'excessive interest', which is the modern Orwellian Newspeak for Usury, but interest on money as it was always defined, until the Money Power got in control and then falsified it.
>
> Interest on money was condemned as a mortal sin. It was put on a level at least as theft and sometimes compared with murder. And this was the consistent opinion of the church for at least the first millennium.
>
> What we're dealing with here is gradualism. There is no way the Money Power could have come in a truly revolutionary manner, at least until it captured the papacy. Once it captured the papacy, then you began to see the footprints of the revolution…..And then you came at the papacy of Leo X, the first of the Medici popes, and only then did you see this revolutionary gnawing away at Usury laws.
>
> Nowadays you have these so-called 'Catholic libertarians' like Thomas Woods who openly say Usury isn't a sin. This redefinition of Usury as 'excessive interest' is necessary for our modern mentality, which is immersed in money-getting, and in greed, it's a part of all of our lives, it's woven into our corrupt society, it's the root of all evil, and we can't even conceive of a society that says 'interest on money', the breeding of money from money, is a mortal sin that will damn your soul to perdition." - Michael Hoffman, Author of Usury in Christendom



Usury is the means in which all other corruption flows. It's the the primary weapon that THEY employ to wage their war of power and control on humanity. With the power of usury, all things THEY seek to inflict on humanity are made possible.

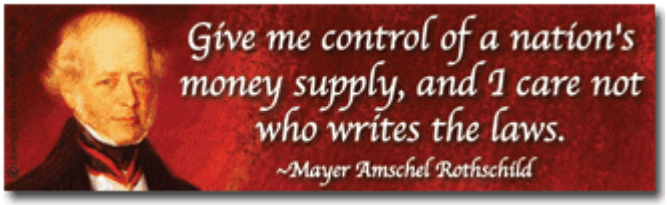
If we are to define hard money as the traditional Christian prohibition on usury, than I do believe we have indeed

identified the root that needs striking.



Whether we live under a Representative Republic, or the under the tyranny of a despotic Monarchy, or a technology-feasible direct democracy that Vox advocates...I think a study of the history behind the rise of the international Banking system that rules our world, shows that whatever form of government that purportedly rules over us *doesn't really matter.* Once you allow officially sanctioned usury in the economic system of any nation, usurpation by financiers to control the Government for their own ways and means is inevitable.

As the most famous international Bankster in history notoriously boasted: *"Give me control of a nation's money supply, and I care not who writes the laws."*



Of course, the mere mention of the name "Rothschild" typically brings about generalized dismissal as the ravings of conspiritard lunacy or the fevered rantings of neo-nazis clamoring for holocaust.

Yet that name of the Patriarch of the world's foremost usury cartel can be found in the annals of mainstream, conventional history, such as in the US congressional record. Former Democratic Party contender for the Presidency, Williams Jennings Bryan, asserted on the floor of Congress that America could not afford "*...to put ourselves in the hands of the Rothschilds,*" and that the U.S. Treasury *"...shall be administered on behalf of the American people and not on behalf of the Rothschilds and other foreign bankers."*

Bryan later went on to give what became a rather infamous speech referred to as his "cross of gold" at the Democratic National Convention in Chicago on July 9, 1896; in which he stated:

"When we have restored the money of the Constitution, all other necessary reforms will be possible, and that until that is done there is no reform that can be accomplished."



King's, Queens, Emporers, Prime Minsters, Presidents, Dukes, Dictators, Parliaments, Senates, City Councils....none of them have true power if they are beholden to the tyranny of usurious usurpers that enslave the erstwhile rulers and their subjects through control of issuing interest-bearing money.

The longest serving Prime Minster in Canada's history had this to say about usury:

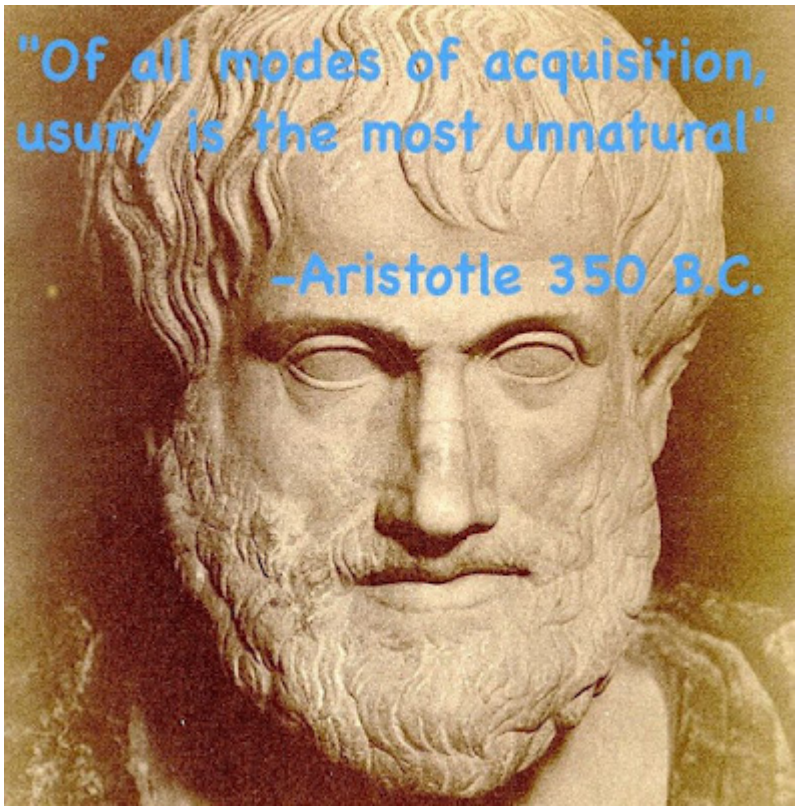
> "Once a nation parts with the control of its currency and credit, it matters not who makes the nations laws. Usury, once in control, will wreck any nation. Until the control of the issue of currency and credit is restored to government and recognized as its most sacred responsibility, all talk of the sovereignty of parliament and of democracy is idle and futile." - William Lyon Mackenzie King, 10th Prime Minister of Canada



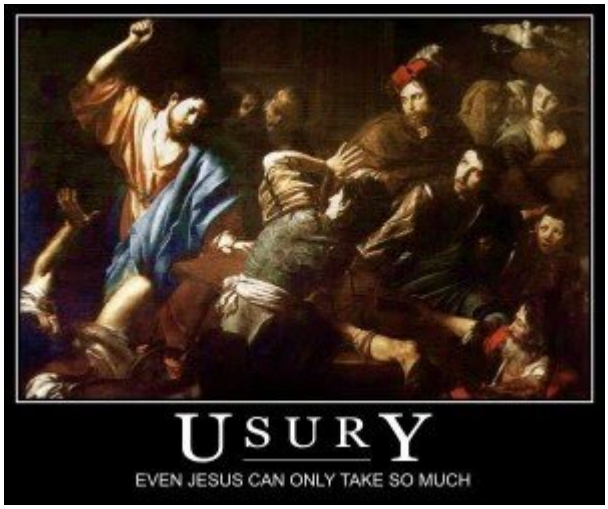
Dante consigned the usurers to his seventh level of hell. I'm thinking if he had lived to see the results of our present reality thanks to the machinations of the usurers, he'd have to reconsider that he'd let them off too lightly...



Aristotle wrote in his work *Politics (Book One, part X)*: *"The most hated sort, and with the greatest reason, is usury, which makes a gain out of money itself, and not from the natural object of it. For money was intended to be used in exchange, but not to increase at interest. . . Wherefore of all modes of getting wealth this is the most unnatural."*



"It is too bad that today's pastors and Christians do not share Jesus' disdain for the current generation of moneychangers, because it is the moneychangers who are in the process of destroying these United States of America--and our pastors and Christians either do not see it, or, if they do see it, do not seem to care." - Pastor Chuck Baldwin



"All usurers are thieves and belong on the gallows." - Martin Luther



As long as we the sheeple accept and participate in the globalized usury-based economic system of They who are Too Big Too Fail, nothing else matters.



In my estimation, ending usury is *the only way* to strike at the root.

The American Dream: 21st Century Serfdom

Keoni Galt · 6 November 2015 · Archived copy · Original



From the SpearheadFiles
Originally Published on July 24, 2010

Go to school.

Get good grades.

Go to college.

Get a career.

Buy a nice car.

Buy a big house.

Go on many luxury vacations.

It can all be yours for the taking…just sign your name on the dotted line at every step of the way, and you too can have your very own version of the American Dream.

This is supposedly the keys to happiness and success and achieving “a better standard of living than our parents.”

It's a grand lie, designed to get the average person to pursue this dream so as to enslave themselves into the system…a benign, subversive system of hidden serfdom.

Welcome to debt slavery.

And who are our Feudal Overlords?

The bankers.

And how do they exactly trap us into forced servitude for their profit?

The twin tools of Fractional Reserve Banking and Fiat Currency.

Wanna start a business?

Take out a business start up loan!

How do you pay for the overhead of running your business? Here's a business credit account!

Wanna buy a house?

Here's a 30 year mortgage…and don't forget your mortgage insurance plan, so in case you are injured or laid off, you won't have to make your payments for up to one whole year! (Gee, you bankers are just SO generous!).

Wanna get an education?

Here's a student loan that will take you 20 years to pay off after you've graduated and still can't find a job during the current recession.

Understand that our modern economy is based not on MONEY…but on DEBT. An obligation to promise to paying the bankers – WHO DID NOTHING MORE THAN TYPE A NUMBER INTO A COMPUTER IN THEIR BANK LEDGER SHEET PROGRAM AND – VOILA! – you too can sign up for 21st century serfdom to achieve the "American Dream!"

But don't look at the Bankers in your local neighborhood bank as your Feudal overlord…he's just a mid-level overseer of the Lord's vast estates.

See, his bank, in turn, has to borrow a fraction of their funds from the central banking system so that they can turn around and obligate YOU in your pursuit of the "American Dream."

Does this sound outlandish or confusing to you?

Let's analyze this in as simplified terms possible:

Fiat currency = money backed by nothing more than the value it has printed on it. Because it is not backed by a substantial commodity, it is in essence an agreed upon fiction…in which parties exchanging fiat currency for goods or services agree to the value of that currency. Now, because fiat currency is only worth what the issuing institution says it is, there is absolutely NO check on that institution arbitrarily printing up more of it whenever they feel like it. In essence, fiat currency allows unlimited "printing" power.

However, most people think that the Federal Reserve prints the nations money supply and distributes the currency to the banks to circulate throughout the economy. What the Fed prints and distributes is but a fraction of the so-called “money” supply. (More like the “credit enslavement ratio.”)

Fractional reserve lending means a bank need only hold approximately 10% of money in an account at any time. So if you deposit $100 into an account, the bank need only hold $10 in reserve and lend out $90. This doesn’t sound so bad, right? Except that’s not how they do it. The bank takes your $100 and puts it on their assets side of their ledger. They now have 10% of a $1000 reserve requirement. So now they can turn around and get your fellow debt slave to sign up for a used car loan of $1000. In this way, $900 of fiat currency is “created” by the click of a banker’s mouse and your signature on the loan forms dotted line.

Ahhh, but it doesn’t end their either. See, the bank calculates it’s “reserve” by including all promissory notes, all credit accounts as “assets” which allows them to “create” even more fiat currency at the click of a mouse.
That $1000 loan (which originally came from that first $100 deposit) has paperwork in which the loan taker is obligated to repay at interest over a set period of time. For the sake of simplicity, let’s just say that at the end of the terms of agreement, after adding up the interest and the principal, the debtor will have ended up paying back $1500.

Before the $1000 debtor even issues a single payment, the bank now has $1500 promissory note…which they than account for as a $1500 asset…which is 10% of a $15,000 reserve level.
Along comes Joe Blow the entrepreneur, who wants to start an internet porn business. He needs 15 grand to start up, so he goes and gets a loan from the same bank.

After signing his name on the dotted line, he now has a loan that when all is said and done, will gain the bank $20,000…which of course, is now a bank “asset” that is now a 10% reserve level for $200,000.
Here comes the next guy, and he wants to buy a house for $200,000…so he signs up for a 30 year mortgage….

Are you starting to get the picture about how fiat currency and fractional reserve lending actually work? From an initial $100 of actual cash from a bank depositor, a bank was able to leverage a 6-month $1500 debt obligation from one worker; a 5-year, 20,000 start-up debt obligation from a wannabe Larry Flynt; and a 30 year, $200,000 obligation from would-be homeowner. What started out as $100 of cold, hard cash from a single depositor, turned into $235,000 of owed debt servitude over the course of many years by three other people.

This is precisely why the credit card companies (i.e. the huge, National Banks) are so eager to sign everyone up for credit cards, and they really don’t care if you max them out and are unable to pay them back. Your $20,000 credit card bill, while it exists on their ledgers as current and not in default (it takes you not making any payments for months on end before it becomes “default”), that $20,000 figure is a potential $200,000 reserve loan to some other would-be debt serf.

All of these people, pursuing some aspect of the American Dream, obligated to the bankers who did nothing more than click a mouse and get the unknowing serfs to sign their name on the dotted line. Oh, and note what happens when a home "owner” serf defaults on his home loan, and the bank forecloses. They’ve now turned their fictionally created “fiat currency” into a tangible, real asset – the seized home.

In this way, our Feudal overlords send fiat currency downwards, while the real wealth moves upwards to them – the class of people who have the power to “create” money.

Now some caveats here – this is a very very simplified explanation for how fractional reserve lending and fiat currency have ensnared the vast majority of the country into unwitting, financial serfdom. Of course there are many

variations, and all sorts of complicating factors…but the general overview is a fairly accurate summation of the system's basic function.

This is precisely why inflation has occurred, devaluing the US Dollar exponentially ever since the Federal Reserve system was instituted in 1913. 1929% inflation since 1913. *{This was the percentage when this post was originally published at The Spearhead in 2010. As of 2015, it now stands at 2275%!}* As money continually gets "created" by these corrupt banking practices, it puts more and more "money" into circulation, devaluing the purchasing power over time.

99% of us in America are in some way, shape or form, a serf for the bankers, because they have the power to "create" money out of thin air…by creating a debt obligation for which you must labor to pay off over the course of your working life.

And all these bankers did was click on the mouse and get you to sign on the dotted line.

With fiat currency working in tandem with fractional reserve lending, and we now have the means of ensuring that almost ALL business endeavors, all personal consumption choices, and almost all manners of subsistence are essentially done via debt to the bankers.

Remember the old saying…"He who has the gold, makes the rules?"

The new one is "He who prints the fractional-reserve, fiat currency enslaves the fools!"

Now get back to work! You owe it to our Feudal Overlords!

Notable Commentary from the Original Post

BobbyL July 24, 2010 at 12:00

Well said Hawaiian Libertarian. This was spelled out in Carroll Quigleys books in the early 60′s (The anglo-american establishment). As long as the bankers are in charge we will remain Slaves.

Paul Elam July 24, 2010 at 12:12

Exceptional and well articulated. I wish that more of these articles were in mainstream, but I fear the same forces that prevent Welmer from being featured in the NY Times are at play here.

You are writing against the people who own the system that is enslaving everyone.

The Contrarian Expatriate July 24, 2010 at 12:21

True indeed. I talked about the same issue in my last video. Unfortunately, the forces of retail consumption are too powerful to convince Americans to save.

US dollars are not the worst way to save so long a smattering of gold, silver and other currencies are in the mix.

Epoche* July 24, 2010 at 13:01

here is a line about slavery/serfdom from a conservative theorist Dr Kenneth Minogue:

"It is this element of dehumanization that has produced what I am calling “the servile mind.” The charge of servility or slavishness is a serious one. It emerges from the Classical view that slaves lacked the capacity for self-movement and had to be animated by the superior class of masters. They were creatures of impulse and passion rather than of reason. Aristotle thought that some people were “natural slaves.” In our democratic world, by contrast, we recognize at least some element of the “master” (which means, of course, self-managing autonomy) in everyone.

Indeed, in our entirely justified hatred of slavery, we sometimes think that the passion for freedom is a constitutive drive of all human beings. Such a judgment can hardly survive the most elementary inspection of history. The experience of both traditional societies and totalitarian states in the twentieth century suggests that many people are, in most circumstances, happy to sink themselves in some collective enterprise that guides their lives and guarantees them security. It is the emergence of freedom rather than the extent of servility that needs explanation."

Epoche* July 24, 2010 at 13:06

It is ironic that you mention serfdom, medieval serfs didnt pay as much taxes as a man does under a modern welfare state. (Not to mention men paying child support). If we are to believe numerous various writers it was understood that men under serfdom would pay a maximum of 30 percent of the agricultural product to the lord or they would kill the lord. Even the vassal knew of the law of diminishing returns and the importance of not “eating the seed corn”. Many ancient lessons have been unlearned.

JohnJ July 24, 2010 at 14:22

It’s worth remembering that the Federal Reserve was created by the federal government in 1913, and they wouldn’t be able to do what they do without the government’s backing. The problem is worse than bankers; it’s government-owned bankers.

James July 24, 2010 at 14:49

That’s why it’s called the ‘American Dream ™’;
Because you’d have to be asleep to believe it.

-

Avenger July 24, 2010 at 15:09

Cloud wrote-Similar laws exist in California and Massachusetts

What are those laws? I’d be curious to know.

Davidge July 24, 2010 at 15:15

You can only be a slave to the debt system if you buy into it.

It has taken some work, but I am debt free other than my mortgage and I am targetting that next. I think we need to think like our grandparents generation more. Their attitude was “If you need credit to buy something you want then you can’t afford it”.

1) Start by eliminating your credit card debt. They interest on those can be incredibly high!

2) If you are making large car payments, then sell it! Buy a beater. You can get a nicer vehicle with cash once you are debt free. Put the money you save on payments against the credit cards and other loans.

3) Kill of other loans and then go for that mortgage!

A man who is debt free is also free to make other life decisions!

Epoche* July 24, 2010 at 16:15

as von mises wrote in one of his earliest book, the function of banks is to serve as a intermediary using property rights and law to profit from the time value of money, between savings and profit from investment. In todays and age, there really is no such thing as accountability for banks in any way, shape or form. The new function of banks is to serve as a payment processing center this is because of fdic insurance. Citibank should have gone bankrupt but it will not, there are no limits to the moral hazards that banks can impose on us.

Gx1080 July 24, 2010 at 16:18

So….basically, the credit card industry is a pyramid scheme designed to get as much money from people as possible by using overly drawn-out interests.

It wouldn’t bother me as much if it wasn’t for all the brainwashing done for the Lamestream media to get people to buy that scam.

Jabberwocky July 24, 2010 at 16:40

He’s saying they illegally/unethically move the 100 dollars to the otherside of the ledger, not just loan out 90 of it, but say the whole 100 represents the 10% minimum assets vs loans, then they are able to borrow 1,000 from the federal reserve to loan out. Repeat. Rinse.

Tim July 24, 2010 at 16:48

This is precisely why inflation has occurred, devaluing the US Dollar exponentially ever since the Federal Reserve system was instituted in 1913. 1929% inflation since 1913. As money continually gets “created” by the corrupt banking practice, it puts more and more “money” into circulation, devaluing the purchasing power over time.

This was a grand slam, Hawaiian Libertarian. Excellent article. I remember vacationing in Thailand back in 2000-2001. The U.S. dollar was equal to 50 Thai baht. Now the greenback is trading for 33 Thai baht. When will Americans wake up, when it goes down to 25 Thai baht? 20?

This isn't just another recession we're in. This is big time restructuring. There won't be another economic boom for a very very long time. My guess is twenty years.

tweell July 24, 2010 at 18:32

Hawaiian Libertarian's description of fractional-reserve banking is obviously not close to the textbook definition. However, I'd bet that what he has described is close to how many banks have been operating. Since having a 10% reserve is considered excellent by the Fed, lots of banks have engaged in accountant shenanigans in order to look like they're in good shape. How else do you have banks that are listed at 10% and taken over just days later? Barring a run on the bank, the only possibility is that they were using Enron accounting.

Precious metals have been used for money because they are rare, look pretty and have an infinite shelf-life. Inflation was curbed because there's only so much gold and silver around. Nowadays they have intrinsic value of their own – gold plated electronics are resistant to corrosion and silver is the most electrically conductive element, so both are used in industry.

Hawaiian Libertarian's final point is quite valid. Go into debt only when you have to, and only as little as you have to. The only 'good' debt is when that borrowed money is making more than the interest that you are being charged. This does not hold true for cars, houses, vacations, appliances, fine dining, etc. It used to be true for education, but I'd want to run a cost/benefit analysis before going into debt for school. I have never owned a new car or a new house, but I don't have car or mortgage payments. The credit cards get paid off every month. Don't work for the banks, work for yourself!

the universe July 24, 2010 at 19:48

From my understanding of the system that HL writes about the fractional reserve method looks something like this:

$100 can become $1000 by keeping the original $100 as a cash pile to back up $900 in new loans to others. The original $100 is a fractioned (1/10th) real amount held as a reserve to justify new loans of $900 to others. (Or bank keeps $10 and loans out $90. Same thing)

The other loaned $900 doesn't actually exist as paper or cash but exists as fictional numbers to be paid back by money borrowers. The borrowers pay back real money (principal borrowed amount + interest) to the fictional bank created loan numbers. Pure exponential profits for a bank. Hard time for the borrower of fictional money.

Anyway, this isn't based on science but how fractional reserve appears to me.

Furthermore, banks gamble on whether the borrowers of real and fictional bank money can pay the loan(s) back. If massive amounts of people default on their loans, banks go under because of the borrowed money banks owe other larger banks. And, if people, en masse', decide to withdraw their money from their banks, there wouldn't be enough money in reserve to pay back all people. Both instances can topple a bank and create a resounding ripple effect in the banking and financial system.

Again, just a view.

irlandes July 24, 2010 at 20:49

Sorry, sports fans, HL is exactly right at least at the first degree. If you want to learn more, it's called something like, "Creating demand deposits."

Back in the early 70′s, a man at work told me (using the 10% reserve example) that if I deposit $100 in the bank, they keep it as the 10% reserve, and simply create $900 out of thin air, and loan it out.

I told him he was crazy as a loon. I said with a 10% reserve they could only loan out $90. I didn't eat loon, but after investigating, I did eat a lot of crow. That is EXACTLY how it works.

Those of you who said what I said nearly 40 years ago, need to get better informed as I did.
http://en.wikipedia.org/wiki/Deposit_account

Read carefully, and note the following statement:

"In this way, commercial banks are allowed to increase the money supply (without printing currency, or legal tender)."

See also: http://www.greatchange.org/sc-fractional_reserve_banking.html

Who Owns "The Red Pill?"

Keoni Galt · 12 November 2015 · Archived copy · Original



Rollo writes in his latest post entitled The Purple Pill:

> "While I am humbled to be accounted as one of the Red Pill's prominent writers I will **never** lay claim to having created it. The Red Pill in its truest sense belongs to the collective that has contributed to it as a whole. It belongs to the men who've fostered it, who've risked their livelihoods and families apart from it to make other men aware; it belongs to those who understand that its objectivity is what's kept it open and honest, discussable and debatable...
>
> ...I believe that in the coming years there will be a concerted effort to claim authorship and definition rights to the "Red Pill", and it's important for anyone identifying as being Red Pill aware to acknowledge that what we're a part of is a collective experience. We are, we become, the developments of a totality of men's experiences across the world. Beware of any man or woman attempting to lay claims of ownership of the Red Pill. Beware of anyone defining this awareness, distorting these truths, to accommodate their narratives."

I agree with Rollo, but it's not something that's going to happen in the near future, it's already happened, and it will happen again as this allegory continues to spread and will eventually attain mainstream awareness. Soon we will be most likely seeing and hearing references to **The Red Pill™** on Late Night TV show monologues and referenced on celebutard tweets.

So for the record, here's my perspective on the history of this particular meme.

There are not many folks left that where there in the beginning stages of the MAndrosphere who are still going at it on a regular basis. And of those who are still going, most have moved on to capitalizing off of the success of their online blogging efforts and now have ulterior motives to continue their blogging.

Of course, I must disclaim here, that this is not a criticism of any of these folks who have done so, as we are all citizens of our Brave New World Order's Babylon System and we must all pay our tithes to Mammon to survive...but I still note that the moment any blogger crosses over into blogging for revenues, the motives and objectives for their participation in these fever swamps of the politically incorrect fringes of teh Interwebs become intrinsically altered.

But in the early days, for most of us that threw our hat into the ring and proffered our own views and perspectives for the emerging MAndrosphere (which Novaseeker accurately described as a clearing house of ideas), there was no other motive than to seek the truth and to wage a counter-revolutionary 4th generation war against the emerging recognition of the long march through our common culture. It was in this embryonic state of existence that the Red Pill meme arose.

In 2009, the early stages of the "manosphere" started in the "Roissysphere" which was primarily the comment sections of the now defunct Roissy in D.C. blog, Matt Forney's (writing as Ferdinand Bardamu) In Mala Fide and Bill Price's The Spearhead.

It was in these comment sections that I came across several commenters that drew analogies between the Matrix movie allegory and our current state of society. Intrigued by the idea, I consulted Googliath for articles on "the Matrix" and came across the following: The Media is the Matrix.

Up to that point, I was what I considered myself an MRA blogger, but I had begun reading "game" forums and other PUA blogs that were at that time a completely separate blogosphere from the Men's Rights sphere. At that time, I considered the PUA blogosphere an interesting sidetrack on the main topic of our culture's gender dysfunction and the divorce industrial complex that was my primary blogging focus.

After reading up on the Matrix allegory, I wrote my own blogpost Game is the Red Pill and shortly there after, it went viral. Six years, hundreds of blog posts and millions of page views later, and that post is still my number one linked to and most read post here.

Go ahead and look, you will not find a manosphere-associated blog post using **The Red Pill™** metaphor dated anytime before I made that post. After that initial success of that post, I decided to run with the theme a bit more and did a series on my blog called Red Pill Realities Dispelling Blue Pill Delusions. Prior to my first few posts of that series, no one else was blogging about **The Red Pill™** at that time.

A short while later though, and the idea caught fire and a whole host of formerly non-monetary bloggers saw an opportunity to capitalize on an idea and turn their blogging hobby into a money-making venture. At one point there were a large number of blogs that had **The Red Pill™** imagery or incorporated the words into their blog titles, screen names and avatars. Many saw the rising tide and quickly maneuvered to take their place and surf the zeitgeist for maximum gain.

From 2010 to 2012, everyone in these fringes of teh Interwebz was hip to **The Red Pill™**. Then it seemed to hit a saturation point, and many of these same folks dropped the imagery and themes from their blogs, and a few sought to denounce and disassociate themselves from it (once they realized maximum gain from using it, of course). Yet the idea persevered and survived the initial gold-rush.We now have subreddits, twitter hashtags and even some feminist who is purportedly producing a movie about **The Red Pill™** and it;'s association with the men's rights "movement" on teh Interwebz.

I have only one reason for pointing this out...because if there was anyone who has an even partial claim to "owning"

this meme that has now gone into common parlance out in these fringes of teh Interwebz, that would be me. But I won't, because that would be taking credit for ideas and insights I gained from reading many others and just doing my best to pay it forward using an allegory I found very useful in seeking to understand our modern dystopian existence.

I took an idea from a blog post from a lady who noticed how the emergence of mass media and the tell-a-vision allowed corporate entities to construct an artificial reality to take over our collective minds, and I synthesized it with my own understandings gleaned from reading a host of other free thinkers and truth seekers on the topics of game, feminism, pick up, etc., and put it together to come to a hypothesis that understanding the theories behind game served as a doorway to understanding just how much we have all been lied to by our controlled culture and society. I had no idea it would go viral like it did.

I certainly didn't plant the seed, but I helped to water it, and was amazed as anyone else when it sprouted and grew wild like it did.

No, the only thing I will claim is to being one of the original members of *La Resistance* who played his part in helping to wage the counter-revolution by helping the now ubiquitous meme go viral. I was only a contributor to the collective experience that Rollo rightly credits for the ascendancy of this allegory into popular, near-mainstream consciousness.

While Lorie Kramer, the original authoress of The Media is the Matrix post (who as far as I can tell, has nothing to do with the MAndrosphere past or present), doled out her prescription at the end of her post on what we can do about the situation once we realize that we do in fact live in THE MATRIX. Her advice turns out to be remarkably prescient when you consider where we are today and how the **The Red Pill™** has become our present day, allegorical paradigm.

As she wrote in 2009:

> How can doing that make a difference? There is only one way to circumvent the media matrix. We have to start talking to EACH OTHER. Sure, we're not going to be able to reach thousands that way, but we will reach some. We need to check things out with each other to make sure we both have the same information, and that it is accurate. We have to not be afraid to voice our concerns and opinions to our friends and family. And yes, there will be those that won't listen. And yes, there will be those who will say you are nuts, or an idiot, and that you don't know what you are talking about. However, if you do your own research, you check out what you are being told, and from what source you are receiving the information, YOU will be empowered by those truths. Those that listen may then be empowered to get information that is crucial to handle what is happening around them. Or, they say you are nuts, or an idiot, and that you don't know what you are talking about. But YOU know different, and in the end, that's all that matters.

That is exactly what he have today....a large (and continually increasing), worldwide community of like-minded folks who started talking to each other over teh Interwebz. We who as Rollo states *"...fostered it, who've risked their livelihoods and families apart from it to make other men aware,"* are all owners of this thing we call **The Red Pill™**.

Don't ever let anyone else try to $ell you otherwise.

Remember the Reason for the eaon

Keoni Galt · 25 November 2015 · Archived copy · Original



The holiday season is upon us, and it is time to heed the calls for worship and make our pilgrimages to our local ~~multi-national corporate big box retailers~~ temples of Mammon, so as to pay our tithes and do what one of the most important Gods of our brave new world order demands of we the sheeple as proper tribute to His reign of supremacy over all the land.



No longer content to wait for the clock to strike midnight on our national day of Thanks, many have begun a new tradition of worshiping Him by forsaking the traditional dinner of fowl gluttony and familial fellowship dysfunction, and instead are now getting a full days head start on the rites of blessed acquisition and accumulation!



Many folks mistakenly decry the loss of faith and the rampant secularization of society. These people are mad with delusion!

How do they fail to notice the ubiquitous displays of devoted faith and zeal for fervent worship during one of the holiest High Days of our blessed calendar of the Common Era?

Behold!



We haven't seen such widespread devotion to Him and His word since the heydays of the Falwell, Baker and Swaggart Tell-a-Vision Ministries!



The apparent renewed fervor in Him is downright inspirational!



Some of our most zealous worshipers compete with animalistic ferocity amongst each other, to demonstrate their personal acts of devotion and piety for our blessed deity of conspicuous consumption! Behold the depths of their conviction!



While the acts of accumulation and acquisition are widespread and pleasing unto Him, He is especially pleased with the atonement attained from the offerings of blood sacrifices during these sacred services!



Not all expressions of worship will be confined to the sacraments of accumulation and consumption of Chinese-made fair-trade devotionals at our community temples in the coming days of sacred celebrations of the most high.

Many of our nation's temples will also be offering tempting deals on our congregation's most important accessories for self-worship, the handheld mobile affirmation devices that provides 24-7 dispensation and conveniently accessible absolution in carrying out the rites most sacred to Him...all from the comforts of your own hand, wherever you may be!



The climax to our seasonal celebrations gives us greater opportunities for proselytizing the faith with a fervent evangelical zeal, unmatched by previous generations who were unfortunately blinded by the ignorant and profane idolatry of anachronistic monotheism and stultifying tradition!

Take heart as the ranks of the faithful will undoubtedly swell as the multitudes are brought into the ever increasing fold of worship in His name!



Despite the best efforts of the clergy and priesthoods of our nation's dominant denomination, there still remains much work to be done in spreading His message! Their still exists way too many apostates, heretics and blasphemers doing their hardest to suppress and ban His sacred traditions and ritual observances and turn even those most steadfast in the faith from our nation's foundations of consensus-affirmed doctrine!

Beware the nefarious designs of the deceivers attempting to lead us all astray!



Such blasphemies must not go unchallenged! Gird your loins and strike those who would lead our latter day saints astray with such pernicious lies and deceit!



Stand fast in the face of this determined opposition trying to make us fall away from our faith, for we are all called to serve Him with all our hearts, minds and souls! If we hold strong, and it is His will, it is certain that this scourge of apostates and their damnable heresies will be cleansed from our lands!

Stay strong my brothers and sisters, keep the faith and I'll see you all in line this Thursday!



The Illusion of Choice aka DuhMockRuh$€¥

Keoni Galt · 6 December 2015 · Archived copy · Original



Promo for Global Bankster's Wars - Episode III: A New Hope

"If voting changed anything, they'd make it illegal." - Emma Goldman

There is nothing really new under the sun. The names may change, but the games THEY play are still the same.

Ever since the Institutionalization of Bankster Usury as the centralized organ of economic control over the nation, all of politics and the process of mass media campaigning has been nothing more than an elaborate game of charades...an interactive advertisement for the Company Store to keep we the sheeple plugged into and fully invested in maintaining the status quo of the system.

Consider the paraphrasings of these common maxims regarding history: "History is written by the winners," and "Those who fail to learn from the failures of history, are destined to repeat them." Oh, and let's not forget this one: "The definition of insanity is repeating the same behavior over and over again, each time expecting a different outcome."

"Official" history is written by the conquerors, so that they can prevent the masses of people from discovering the true causes of their past failures that lead to their historical defeat, so that they can continue to support and buy into the status quo of cyclical insanity that is our deliberately designed modern society.

And just what constitutes this cycle of insanity? Debase the currency, debauch the culture and corrupt the common morality to destroy the family and invite voluminous immigration of foreigners into every corner of the land to dispossess the citizenry of their birthright. Rinse and repeat as many times as necessary until the Global Tyranny is achieved. (Side note: I have sympathies for the rising sentiment of White Nationalist neo-reaction on teh Interwebz and in teh MAndrosphere, despite my minority heritage, as everything they are trying to prevent happening to their race, has already happened to those of us of Native Hawaiian descent. We've been conquered, marginalized in our own homeland and miscegenated into near extinction. THEY got the same plans for all you crackers.)

Never forget that the social engineers who have constructed our brave new world order are masters of manufacturing consensus and implementing gradual cultural revolution via the Hegelian Dialectic.

Thesis + Anti-Thesis = Synthesis.

Since THEY use the Hegelian Dialectic as their favorite option in their playbook, THEY know precisely how to reverse engineer (in the short term) so as to achieve their overall objectives.

Consider the case of the Brave New World Order's 20th Century Emmanuel Goldstein Lifetime Achievement Award recipient, good ole Uncle Adolph.



Pre-selection + hypergamy FTW!

Mein Kampf, was the perfect treatise for identifying the problems that plagued Germany in the first half of the 20th century, and it offered all of the counter-measures and solutions for fixing them. And lo and behold, once he gained power, he did exactly as he said he would and turned a moribund, demoralized, morally debauched and near bankrupt Germany into a Global economic and military superpower just in time to commence the next installment of the Global Bankster's World Wars Trilogy - Episode II. And what precisely is it that he did that he wrote about in that infamous tome?

1) Get rid of the usurious banking system and issue interest free currency backed by the goods and services provided by the German people.

2) Deport any and all immigrants (it wasn't just the Jews) not dedicated or compatible to upholding and promoting the National interests and the promotion of a common ethos and morality that upholds and promotes pride and

patriotism in the culture and nation at large.

3) Get rid of all cultural influences that promote the destruction of the family and reinstill patriotic pride in a defeated and subjugated people.

One of the first thing's Hitler did upon gaining power, was to outlaw the Weimar Republic's bustling sex industry. The Nazis shut down all of the brothels, burlesque theaters and live sex shows and ordered all of the smut books and magazines burned once he gained power. Pictures and accounts of Nazi book burnings are always cited as the worst examples of Government censorship...but note that we were never told what books were actually being burnt and why. At least I never was when I was going through my own institutional ~~education~~ indoctrination.

Note a few of the guidelines for what books the Nazi's targeted for burning:

> * The works of traitors, emigrants and authors from foreign countries who believe they can attack and denigrate the new German (H.G. Wells, Rolland).
>
> * The literature of Marxism, Communism and Bolshevism.
>
> * Pacifist literature.
>
> * Literature with liberal, democratic tendencies and attitudes, and writing supporting the Weimar Republic (Rathenau, Heinrich Mann).
>
> * All historical writings whose purpose is to denigrate the origin, the spirit and the culture of the German *Volk*, or to dissolve the racial and structural order of the Volk, or that denies the force and importance of leading historical figures in favor of egalitarianism and the masses, and which seeks to drag them through the mud (Emil Ludwig).
>
> * Books that advocate "art" which is decadent, bloodless, or purely constructivist (Grosz, Dix, Bauhaus, Mendelsohn).
>
> * Writings on sexuality and sexual education which serve the egocentric pleasure of the individual and thus, completely destroy the principles of race and *Volk* (Hirschfeld).
>
> * All writings that ridicule and belittle the state and its institutions, or that attack or question its moral foundation.
>
> * All writings that attack or attempt to dissolve the order of the community of the *Volk* and its moral foundation, specifically those against the race and biological requirements of a healthy *Volk* (marriage, family, etc.).
>
> * All writings that ridicule, belittle or besmirch the **Christian religion and its institution, faith in God**, or other things that are holy to the healthy sentiments of the *Volk*.

So....the Nazi's burned all the books they identified and recognized as corrosive influences like liberalism, communism, Marxism, Bolshevism, atheism, cultural nihilism, as well as any attacks on sexual morality and Christian religion and faith in God, their culture and their National health.

Given the decline in native birth rates and the lack of cultural cohesion and narcissism-promoting atomization of our porn saturated culture and complete lack of any sort of culturally enforced sexual morality or sanctity of marriage and family, the idea of cleansing our media and institutions of such corrupting filth doesn't sound so outlandish to my conspiracy-prone mind any more. I once thought (as I was programmed to) the idea of book burnings and censorship were the ultimate intellectual atrocity....but given where we are in the present day, I'm no longer so sure about that.

But that's neither here nor there, since there does not exist at present a single politician or party - including Trump - who is suggesting such a moral and ethical cleansing of media and entertainment today.

Now, out here in the fever swamps of conspiritard land, many folks commonly accept that Hitler was an actual double agent for the Global Bankster Conspiracy whose primary purpose was to lead Germany into total defeat and destruction.

Objective mainstream historians and military strategists and tacticians who have studied the end of World War II have always noted the insanity of Hitler's orders that were directly responsible for Germany suffering utter defeat. The commonly accepted explanations for his disastrous orders are usually attributed to drug addictions and/or megalomania-inspired denial.

I believe the idea that he was a double agent whose sole purpose was to engineer Germany's defeat and total subjugation to the Global Bankster Cartel is certainly plausible - especially when you consider the final outcome of his time as an actor on the world stage.

Now with Donald Trump, it looks to me like the same play from the same playbook is being called up once again. A populist political maverick espousing Nationalist sentiments and offering to reverse many of the aspects of the cultural marxists long march through Western Civilization.

In the scope of the grand narrative of controlled opposition and carefully revised history, figures like Hitler and Trump are the perfect pressure relief valves for the masses who are starting to awaken to the existential threats the cultural marxists, SJWs, leftist progressives and cuckservatives represent. As opposition grows for the support of systemic usury, cultural debauchery and promotion of immigration as genocide on a nation and culture, the best answer for those who have constructed this deliberately designed system is to co-opt and take control of the opposition and lead it where THEY want it to go.

For this purpose, Trump appears to fit the bill quite nicely.



Future CEO of USA Inc. 2016

I readily concede that I may certainly be mistaken in my assessment of the Donald. But the way the world seems to be going right now certainly seems to be aligning up for the the third and final act in the Global Bankster's World Wars Trilogy....and Trump playing the pied piper to channel the growing discontent of the increasing number of people who are awakening to the realities of our system and disillusioned with politics as usual, sure seems like a perfectly timed glimmer of hope to keep we the sheeple invested in the system and continuing to assent to our enslavement.

Now I have no evidence for this conclusion, but what I do have is a basic premise - you don't reach the level of wealth, fame and notoriety that Trump has in the past three decades without being connected and working with/for the highest echelons of the establishment. He talks a good game about immigration, deportation and restoring the economy...but has he bothered to address the root of all the corruption he is purportedly campaigning to fix?

As far as I'm concerned, until you get an honest to goodness, real deal politician running on a platform to end the Company Store's usury cartel monopoly, it's all just window dressings and bread and circus distractions.

If indeed those that count the ballots of the 2016 Presidential Election declare The Donald as the next President, look for the millions of sheeple being lead to the slaughter of World War once again. Throw in the fact that the Obama regime just announced that all teh Womynz are now eligible for all combat positions, and we now have the makings of an equal opportunity culling for both sexes!

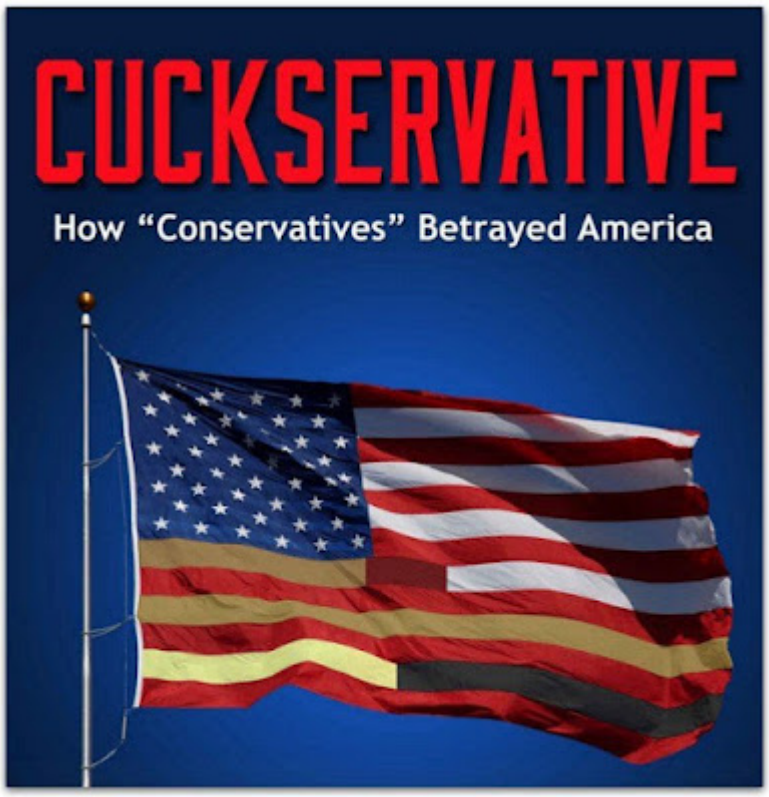
Afterall, what better way is there for the Banksters 2Big2Fail to achieve their number one goal inscribed in stone - **MAINTAIN HUMANITY UNDER 500,000,000 IN PERPETUAL BALANCE WITH NATURE -** than another World War?

And on the chance that I'm wrong, and Trump is actually who he portrays himself to be?

In that case, I sure hope he has trustworthy and loyal personal security, because if he is legitimately running on restoring American Nationalism and derailing the plans of the power's that be, he'll be getting the same treatment as Lincoln, Kennedy and any other political figure that did things THEY do not approve of.

Playing the Red Card to Trump the Cucks

Keoni Galt · 12 December 2015 · Archived copy · Original



"And what of the original Americans, the natives who lived on this continent before the first Europeans arrived? What did this melting mean for them? Unfortunately, that is something that the native-born, culturally American, European-descended population is in the process of finding out as it declines in the face of ever-growing numbers of immigrants from vastly different cultures possessing rival traditions, ideologies, and agendas of their own."

There are generally two kinds of cultural change agents that work to progress society towards the ~~utopian~~ dystopian ideals of our Brave New World Order. The first type are those who self-identify as the liberal, progressive leftist, who openly and proudly promotes the overthrow of classic American cultural heritage aka the so-called hegemony of white-Christian-patriarchal-privilege. As detestable as they are, at least they are somewhat honest when they state their goals and objectives in attempting to change the face of the nation.

The other kind of change agent is far more insidious and has caused far more damage to the fabric of Western Civilization, and they have done so while supposedly bearing the standard of opposition against the liberal-progressive leftists. These are they who claim to be a part of the opposition of the progressive leftists and cultural marxists working to overthrow traditional American society, but their actions do not match up with their words. They are the controlled opposition that have co-opted the original conservative movement.

They have previously been called many different names, from RINOs to NeoCons, yet none of these terms have ever really had much of an effect on those who bore the mantle of "conservative" in bad faith. But the latest term they have been branded with, Cuckservative, has been the most effective rhetorical weapon to date ever devised to strike them with. In the past year, the meme wars on teh Interewebz based on the newly coined term has hit them right between the eyes.

Who are the cuckservatives? Ye shall know them by their shrieks when they are confronted with teh tweets.

Seizing upon the opportunity of the proliferation of such a popular and effective meme, John Red Eagle and Vox Day, two Indians (feathers, not dots) have just released a new book, Cuckservative: How "Conservatives" Betrayed America.

As stated in my review of Vox's previous release, SJWs Always Lie:

> *"I bought this book because I wanted to indulge in schadenfraude! I wanted to help the Dark Lord of the Evil Legion of Evil punch back twice as hard at the snivelling hordes of brainwashed lickspittles and useful idiots that march under the banner of the SJW. No War but Culture War! This book is a badly needed, long overdue counterattack against the long march. For that, I consider it money and time well spent."*

For much the same reasoning, I bought *Cuckservative* on it's official release date this past Monday from Amazon, and finished reading it by Wednesday. I enjoyed it and I did learn a few things that I never knew before, such as the origins of the term "melting pot." But more importantly, our Injun authors give us a historical perspective on nations, cultures and heritage, and the effects mass immigration had on them in many different times and places in world history. From antiquity to the present day, they make a strong case that mass immigration should be defined as nothing less than an act of war and conquest.

Of particular interest, was their identification of the source of American culture and heritage that is severely endangered from the continued influx of foreigners unsuited and non-amenable to America's nation-founding ideals:

> As much as it has changed over the years, American culture still has very specific historical roots in English culture and history. Observe that we say "English," not British, as the latter is more of a multicultural political construct from an amalgamation of four nations than a true national culture of its own. "American" is arguably well on its way to becoming something more akin to "British" rather than "English." Those who value American culture, and who would prefer to avoid seeing that come to pass, would do well to develop an understanding of how America's ancestral English culture came to be.

While going through a brief rundown of the history of English culture, our Redskin co-authors identify two primary characteristics of this "English" culture that served as the foundation for American culture: self-reliant independence of the citizenry and the limitation of the powers of a society's rulers.

As they point out, these cultural values are primarily upheld through cultural transmission of a largely heterogeneous populace from one generation to the next, and that subsequent hordes of migrants with different values and beliefs will inevitably change them.

> There was no magic dirt. There was no shining city on a hill. All that was required for irrevocable change was the arrival of sufficient numbers of people with a separate culture of their own who were both willing and able to hold onto it in the face of native opposition.

I came away with one very important idea from this work: the litmus test for determining who is and who is not a

cuckservative. While they offer a twenty-two point bullet list as a field guide for identifying a cuckservative in chapter 4, all one need do is to simply look at any so-called "right" wing politician or pundit and review their statements on the issue of mass migration (both legal and illegal; documented and undocumented) from the third world to the Anglo-sphere: the US, UK, Europe, Canada and Australia.

Then compare and contrast with their stance on Israel's strict, race-based immigration policy (for which I support Israel's right to do so, 100%!) and that is all the info you need to identify a cuckservative.



The Cuckservative are the ones promoting the myths of the melting pot and magic dirt to support the continued migrations of non-white, non-Christians into all of these formerly white Christian majority countries. The reasons usually given by such cuckservatives is based mostly upon the appeal that conservatives must avoid being labelled racist by the left.

In addition to a stated fear of being labelled as racist, many cuckservatives who attribute the need for supporting mass migrations, base it on an argument of falsified doctrine of Christian charity, particularly the parable of the Good Samaritan. John and Vox use both statistics, logic and scriptural citations to totally destroy churchian-styled arguments based on the twisting of scripture.

While the book is filled with facts, statistics, charts and other evidence to make their case against "conservatives", their strongest rhetoric (at least for me personally, as I can certainly relate) comes from playing the red card:

> Import people, and you import their culture. Import them on a small scale, as with the Normans, and they may assimilate, but in doing so, they will still influence yours. Import them on a larger scale, and they'll keep their own culture, which will conflict with yours. Import them on a large enough scale, as with the Saxons, and your culture will be the one assimilated. And if that happens, you find yourselves at the mercy of whatever the newcomers decide to do with you.
>
> Trust us. We know. Both of our Native American cultures have been all but eliminated. Our tribes were forcibly expelled from their lands and forced onto reservation, where they still live today. Neither of us knows more than a few words of the languages our forefathers used to speak before the arrival of Spanish and English immigrants.
>
> The Magic Dirt won't save you.

I've got my own brown card to play, and I'll throw it in with John Red Eagle's and Vox Day's red cards into the middle of the table. As the descendent of a marginalized, occupied, dispossessed and miscegenated-unto-near-extinction indigenous native people, I too echo the warning to those who still value the founding American ideals of self reliance and limited Government.

I see the new breed of conqueror, and their desired objectives would be far worse for us all, than the life we managed to make under the regime of the American pale face and it's original foundation of self-reliance and limited Government.

I see the new breed of conqueror and I understand their overriding goal is to bring all of the world's populations down to a lowest common denominator of miscegenated homogeneity with no discernible cultural heritage or identity that may one day serve as a rallying point to resist their emerging tyranny of global governance.

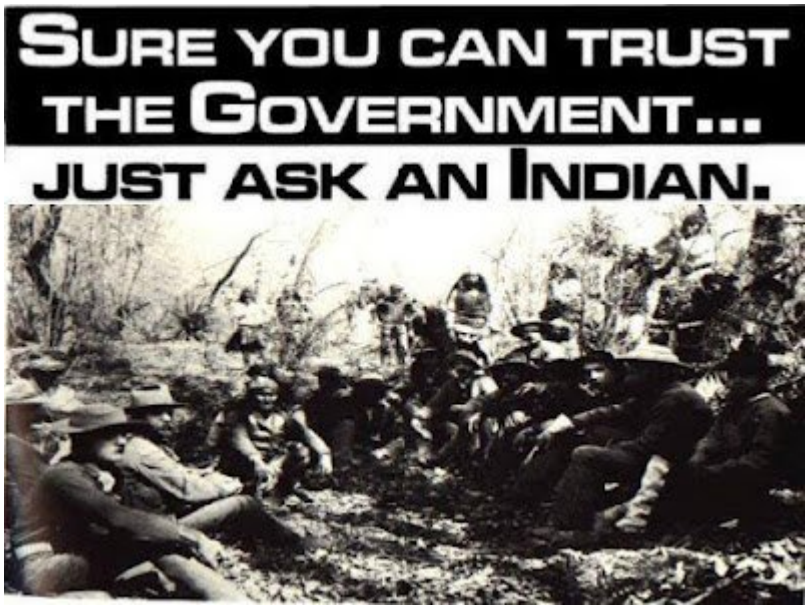
I see the new breed of conqueror and I believe it is the defining fight of our lives to resist their agenda of mass enfeeblement, arrested development and over-reliance and dependence on a centralized, global and tyrannical regime to govern every aspect of our micro-managed lives. Make no mistake about it, this is ultimately the end goal of those that the cuckservatives are working for. To get their Brave New World Order, America as it was originally founded must first be destroyed, and the cucking of conservatism is one of the primary means for THEY to accomplish it.

As John and Vox put it:

> The uncomfortable truth is that cuckservatism not only betrays America's posterity, it also betrays the intent of the other clauses of the Preamble to the Constitution, including, "to form a more perfect Union","establish Justice","insure domestic Tranquility","provide for the common defence", and "promote the General Welfare", five things that adding 60 million immigrants in 50 years have manifestly not done.
>
> One could make a very strong argument that thanks to their cuckservative ideology, America's self-styled conservatives have literally betrayed the entire purpose of the Constitution of the United States of America, and in doing so, they have put the very survival of the nation at risk.

Yes indeed, these two Native American Injuns have in fact done exactly that in writing *Cuckservative - How "Conservatives" Betrayed America.*

Best heed their warning, pale face.



Programmed Obsession With Evil

Keoni Galt · 15 December 2015 · Archived copy · Original



It is often said that hindsight gives us 20/20 vision. That understanding past events only becomes a clearly focused vision and a complete picture in the mind's eye, because we are able to analyze them with insights and perspectives gained through experience and knowledge gained over time.

While there is certainly some truth to this, I'd say it really depends on what lens you choose to use to view the past with. Many of us believe we have 20/20 clarity in our hindsight ruminations....but attaining new information that contradicts previous assumptions will oft reveal that our hindsight was not as clear as we once thought it to be.

Being the conspiritard prophet and seer of food magic that I am, out here in the fringes of my own little corner of the fever swamps of teh Interwebz, I've had more than a few paradigm shifts of understanding based on gaining new information that caused me to refocus my hindsight lenses, allowing me to paint a clearer picture in my mind's eye...



One of those paradigm shifts that inspired a refocus of the lenses for my hindsight ruminations, was my return to belief in the faith of my forefathers. As a member of Generation X who was raised as a Christian, but fell away into agnostic hedonism by embracing the packaged rebellion of mass media programming in my early adulthood, I now understand the full scope of the inter-generational progressive conspiracy of anti-Christ subversion via gradualism that got us to where we are today.

Those of us who are of Generation X, and who were, like me, raised in a family that was still largely influenced by the moral code of Western Christian Civilization, had a firsthand experience with this transition from a Christian-based society, to our current Luciferian Age.



It's 2015, and he's coming out in teh PrimeTime!

In the late 70's and early 80's, I was raised by familial tradition and my cultural heritage for this:



By the late 80's and 90's, I had fully turned to this:



"Bang your head against the stage like you never did before...."

From singing soul-inspiring and spiritually uplifting Christ Mass carols at the shopping malls as a youth, I morphed into a self-inflicted whiplash fool, inspired by my teen-target-marketed regularly scheduled programming of anti-christ rebellion through the repeated, ritualistic consumption of angry, evil music dedicated to devil worship.

Embracing evil as my primary entertainment paradigm, it consumed my entire world view. Nihilism, hedonism and a full embrace of barbarity and savagery became in my extended-adolescence mindset, the penultimate definition of "COOL."

The fact is that at this very moment, despite not having listened to many of these albums in well over five years (if not more), I can still easily recall every line of these songs without a moments hesitation. I believe this speaks to the staying power of such programming I willingly and repeatedly subjected my young and impressionable mind to.

Here's the chorus from the first song on the first album of one of my favorite bands back in the day:

Evil - My words defy!
Evil - Has no disguise!
Evil - Will take your soul!
Evil - My wrath unfolds!

I used to laugh at the denunciations of metal music by mainstream Christianity as "Devil Music." I used to think "what a joke." No, I take that back. How I would normally think back then would have been more like this:

"What a fuckin' joke those fuckin' idiotic, brainwashed dumbshits don't even realize it's just cool, fun fuckin' entertainment! Fuck! Fuckin' nerdy, square, uptight dumbfucks and prudish pussy-ass faggots!"

By constantly consuming evil, vulgar media in the music I listened to, the books I read and the shows and movies I watched, the uglier and more debased my every regular every day thought processes had become.

I began to view beauty, elegance, gracefulness and all things edifying and uplifting as boring, stultifying, prudish and sickening....but most of all, "uncool." Worst of all, it influenced me to turn my back on my own cultural heritage.

In my evil-possessed mind, the idea of going to a Hawaiian luau with Hawaiian music performers playing for graceful, flower bedecked hula dancers in beautiful dresses dancing to soft, rhythmic melodies to compliment beautiful choral arrangements of songs about the beauty of Hawaii, was something I considered worse than torture. If I was forced to attend such events due to familial obligations, I'd always make sure to have my walkman on hand so I could put on the headphones and immerse myself in my chosen musical filth.

While watching this:



I was blocking out the accompanying music with my headphones and listening to aural garbage like this - "NO APPARENT MOTIVE, JUST KILL AND KILL AGAIN, SURVIVE MY BRUTAL THRASHING, I'LL HUNT YOU TIL THE END...MY LIFE'S A CONSTANT BATTLE, THE RAGE OF MANY MEN...HOMICIDAL MANIAC!"

And if I wasn't simply looking at the beautiful *wahine* dancers performance of a graceful, elegant and beautiful art form of *hula 'auana* with only lustful, pornographic ideations in my debased and corrupted mind, I would close my eyes to living, breathing, dancing beauty right in front of me, and envision degraded filth during my favorite songs on my headphones. It was the soundtrack of Hell and it ensorcelled my mind to ignore the graceful, elegant beauty before me and focus on ugly visions within such as this:



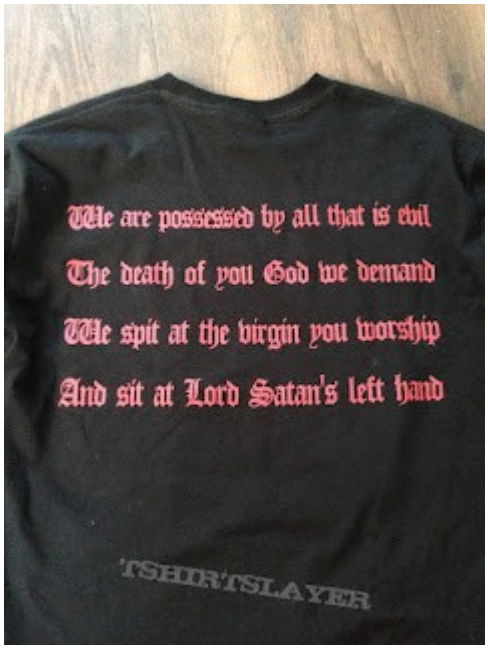
huhhuhuh...demons devouring corpses...huhuhuhuhuh....COOL!

In hindsight, I finally realize that I was quite literally POSSESSED with an obsession with evil.

To hell and back...been there, done that, and got the t-shirt to prove it.



This used to be one of my favorite shirts....



...this was the vile blasphemy emblazoned on the back. If I had this shirt now, I'd burn it.

But it wasn't just the music and it's satanic sub-culture that caught me in it's web of deceit. It was also the immersion in Tell-A-Vision programming, all the horror fiction books I was reading, and the warped visions of Hollywood Babylon's Silver Screen that held my young mind enthralled with a fictional landscape of hyper-violence, sadistic depravity and psychopathic blood letting as my primary focus for experiencing "awesome entertainment."



The Komissars of Desensitization

In many ways, the whole "it's just entertainment" justification for consuming murder porn of the horror film genre, was the rationale that helped induct my addled and confused mind into accepting and eventually celebrating and reveling in the degrading, morally filthy music, demonic imagery and debauched lifestyle.

Unlike other folks who have their Come-to-Jeebus-moment testimonials of how the dark spell of embracing evil that imprisoned their minds and shackled their souls was broken...I got to this much different place by an entirely different route. In short, confronting real death and witnessing real world violence up close and personal shocked the "cool" factor right out of my previous absorption in mass media fantasy world violence and mayhem.

Becoming a hunter in my early adulthood and learning the reality of what it is to kill and butcher flesh of living creatures took away the glamor and entertainment value of gratuitous gore depicted in a multitude of variations on the tell-a-vision and theater screen. But embracing the hunt and the realities of bloodshed was only a small part of it...for the kill and butchery has always been only a small part of the hunting experience.

It was the continuous immersion in the natural, God-gifted beauty of Hawaii's mountains, valleys and rainforests and moments of quite contemplation in the serenity of the natural world that served as a badly needed salve for all the ugliness and evil I had embraced as my "genre" of choice in "My Generation."

One thing about hunting, as well as with fishing, is these sports can usually described as 99% boredome punctuated by 1% sheer adrenaline. While there is some truth to that (eventually catching your earnestly sought after and difficult to acquire game is definitely an adrenaline rush), it's that 99% "boredom" part of the hunting experience that truly drove me to embrace the outdoorsman way of life. Just escaping the concrete jungle of the Babylon system and spending an entire day walking through the beauty of God's creations did something for my mind and soul to counteract all that satanic entertainment programming I had inundated my eyes and ears with for so long.

Spending hours upon hours trekking through the great outdoors leaves you with quite a lot of time spent in quiet contemplation.

Repeating music, songs and lyrics in the mind is one of the natural things one does when you're walking for hours or struggling with the burden of carrying a kill out of the mountains.

And I found that more time I spent hunting, the more time I spent gravitating away from the music that celebrated evil, destruction, chaos and mayhem, and and more towards the traditional Hawaiian music that is now my all consuming musical passion of the present day.

The cognitive dissonance of beholding scenes like this...



....while humming tunes and melodies to songs with lyrics like this:

Gates of hell are old and cracked
They tumble and they fall
Out rush a bloody wall of death
To kill anything at all
Their sole mission is to kill
Strip your bones and flesh
Rip out your eyes tear off your face
An agonizing death!

Just didn't work.

Every day I look back on my former obsession with the devil's vice as entertainment and I realize the Truth of Jesus' warning about how one can become enslaved by your sins and your vices, and that ONLY the Truth will set you free.

E hele makou i ke alo o Iesu
Let us all go to the presence of Jesus,

E `ike i ka nani mau loa
To see the eternal beauty,
E hele makou i ka poli o Iesu
Let us all go to the bosom of Jesus,

I ka mehana a ke aloha
To the warmth of his love.

E hele makou i ke alo o Iesu
Let us all go to the presence of Jesus,

E `ike i ka nani mau loa

To see everlasting beauty,

E hele makou i ka poli o Iesu
Let us all go to the bosom of Jesus,

I ka mehana a ke aloha
To feel the warmth of his love.

From the Sewer Main to the Fever Swamps

Keoni Galt · 19 December 2015 · Archived copy · Original



Sometimes I come across a comment on teh Interwebz that's so good, I have to ~~steal it~~ re-post it.

In response to Vox's post We're not radicals or extremists:

> "You must cherish your extremists, not turn your backs on them, much less shoot at them. They provide the impetus for advancement; even if they go too far, at least they are going in the right direction."

Neanderserk weighed in:

> Extreme?
>
> Outside the stream.
>
> Which stream?
>
> The mainstream.

> Of what does the mainstream consist?
>
> Opinions.
>
> Which are like assholes: everybody has one.
>
> Ergo, the mainstream is society's open sewer main.
>
> Its smell pervades the air; its pathogens the water.
>
> Yes. I am outside that.

Me too!



Mele Kalikimaka

Keoni Galt · 25 December 2015 · Archived copy · Original

To those of you that continue to frequent my little outpost here in the fever swamps of conspiritard land on teh Interwebz, thank you for all the reads, comments, links, critiques, flames and spam (we Hawaiians love our spam!).

God bless us all in the coming new year -- we're gonna need it!

Mele Kalikimaka a me hau'oli makahiki hou!

HawaiianBioDiversity

Keoni Galt · 30 December 2015 · Archived copy · Original



My favorite Southron Paleface called me a pineapple a couple of posts ago that elicited a hearty Laugh Out Loud In teh Real Life from me.

He followed up the with this: "...see, racists can make racist nicknames against each other. in the good ol' days that meant camaraderie!"

Commenter Victor Michaelson weighed in as well: "It reminded me of the America I grew up in, where guys could razz their buddies and it wasn't a Federal offense."

Damn straight you raciss crackers!

We got a special word for you melanin-deficient and solar-sensitive folks here in Hawaii: Haole (pronounced "How-Lee").



From the greatest movie ever filmed in Hawaii

Most folks that have never been to Hawaii, or who have only visited briefly on vacation, have usually only heard of the word haole associated with only negative, racist connotations...the equivalent of the "N-word" for white folks.

That's simply not true. It's a very versatile word and can be used as a simple adjective, a term of endearment or employed as a provocative epithet. As a fair-complexioned (but not totally pale) hapa-haole mutt, I've had the term used on myself in all of these contexts at one time or another. Yet, whenever haole folks come to Hawaii and find themselves being referred by that term, they almost always take immediate offense.

Take this guy for instance:

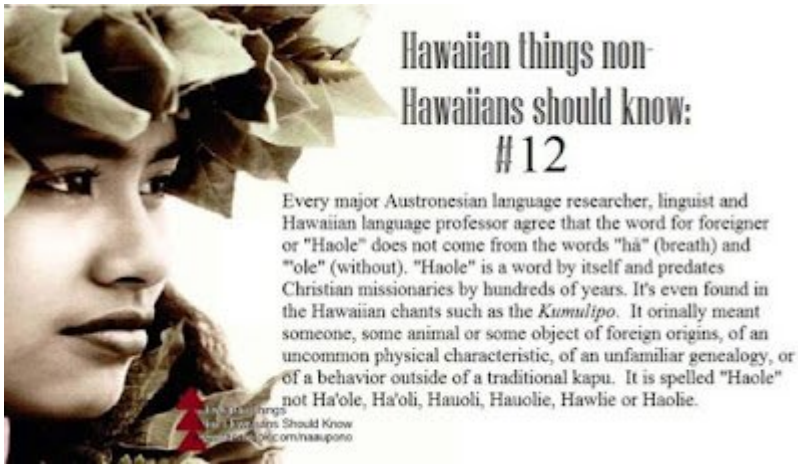


More haole den haole...

Shua ting, brah, you one human...but you still one haole.

But seriously, let's take a closer look at where this term came from. It's a common myth that the term comes from the Hawaiians who first encountered Captain Cook and his crew's pale faces, they called them Ha'ole, a compound word made from combining *Ha-* meaning breath, with *'ole* meaning without.

This legend is up for debate, as the linguists who study Hawaiian language and the Pidgin English have belabored to dispel the commonly accepted origin. To the credentialed classes, *haole* is it's own Hawaiian word, and it simply means foreigner:



So if we are to literally go by the textbook, *haole* really doesn't have anything to do with white skin. In theory, yes, but in practice, no. Thanks to the deluge of immigration from all corners of the globe mixing and miscegenating for a couple of centuries, Hawaii is the so-called ideal "melting pot" our modern day SJW's and progressives say they are supposedly working towards with the rest of the world. In such a chaotic environment of so many different skin tones, hair and eye colors, race is the first way we immediately identify each other, and in that context, haole means white.

I do believe Hawaii is the ideal "melting pot" society....but there are two distinct features about what we have here that makes it much different from the progressive/SJW ideal.

First thing that makes it "work" is we are all race realists, race conscious and racist to the core. It's the only way we can all get along. We don't try to uphold some unrealistic, mystical feeling of holiness attributed to the supposedly ideal paradigm of "color blindness." In fact, we have the exact opposite. We're more color aware, we're all equal opportunity racists. We LOVE our stereotypes and our racist jokes. At least that was the Hawaii I grew up in. Because of this, we all have similar words like haole that are used to designate all the various races that call our islands home. We got similar words for the Japanese, Chinese, Koreans, Samoans, Micronesians, Filipinos, Puerto Ricans, Vietnamese, and Hispanics. Most of these terms are just like haole - they can serve as simple adjectives or spitefully intended perjoratives. In most cases, you just add the word fuckin' in front, and the harmless adjective turns into hateful, bigoted and racist invective.

Here's a song from the 70's from Hawaiian music's most popular act of that era, the Beamer Brothers. with one of their most popular songs that is still sung and played by musicians at parties and backyard jams everywhere in the islands to this day. In this song, all of the major ethnic groups and their sterotypes regarding their cultural practices and socio-economic status are fair game for good natured-ribbing:

The ending of the song really highlights the main point of this post here:

One thing I when notice 'bout this place
All us guys we tease the other race
It's amazing that we can all live in the same place

I sadly see more and more of the next generation of local folks accepting the progressive SJW mind rot programming of "equality" and "anti-racism," and our common culture is suffering for it. For decades, local stand up comedians made entire careers out of night club routines and television specials making fun of all the races that made up the multi-ethnic society of 20th century Hawaii. There were no sacred cows. We were all fair game...and it had us all laughing our asses off. Yeah, we may have been laughing at you...but then one minute later, it was my turn and you were now laughing at me too. And thus, we were all both laughing at **and** with each other.

This locally produced tell-a-vision show from 1984 could be considered a good representation of the high point of Hawaii's functionally racist society. It was a childhood favorite of mine, and I was pleasantly surprised to find a clip of it posted on youtube.

In case you didn't figure it out yet, while black folks are "foreigners" they are not haole. We call them *Popolos*. Hawaiian island/urban legend goes that the first African descendants who came to our shores where of the particular hue that was so dark, the Hawaiians thought they looked purple. The Hawaiian word for purple is *popolu*...hence popolo. I don't know if it's true or not, but I do know this: just like the word haole, popolo can be used interchangably as mere adjective, a term of endearment, or a race-based slur.

Speaking of stereotypes, we local folk also understand that most popolos that recently arrive from the mainland for are far more sensitive about race than any other race. We have met more than a few black folks that quickly figured out popolo was the Hawaiian word for those of African ancestry, and many immediately equate it with the N-word in significance. Not true though. If we are trying to be deliberately offensive, we'll use the N-word like any other garden variety racist in the world today.

Nevertheless, if we local folks are trying to talk about black people and there may be some within hearing distance when we are conversing who may possibly get offended, we may sometimes say Olopop instead of Popolo (popolo said backwards).

As I mentioned earlier, I was pleasantly surprised to find the preceding clip on youtube, because it is not commercially available anywhere here in 2015. This clip was undoubtedly someone using their smartphone to video clip their VHS or betamax copy of the program. You see, in the last decade or so, our formerly somewhat cooperative society of equal opportunity racism has been infected with the PC mind virus, and the SJW's holy church of blessed colorblindness has caused many folks to scream victimhood at racial humor that was one of our mainstays of local Hawaiian culture of the 20th century. So many of these race-based shows and stand up comedy routines are no longer available or reproduced or re-released anymore, out of fear someone or another will get offended and file a lawsuit to recover damages for their soiled panties or sand filled ass cracks.

That being said, one of the original local comedians from that earlier era of racist harmony still seems to be going at it on youtube, and this clip will give you a pretty good rundown on our history of ethnic diversity and multi-cultural adaptation with regards to linguistics and cultural attitudes of our multi-cult society:

This comedian, Andy Bumatai, was one of the most popular stand up comedians and local tell-a-vision personalities of the 80's. In 2015, this kind of comedy is increasingly coming under fire. Note his disclaimer at the beginning of the clip. Even 5-10 years ago, such a disclaimer would not have been necessary. Times they are a changin'. More and more of the younger generations of Hawaii's locals have been assimilated into the PC-SJW Borg by globalized mass media programming and public education brainwashing.

No siree, it's the 21st century, and we can no longer hurt anyone's FEEEEEEEELLLLLIIINNGS.

Everybody is so fuckin' sensitive. It sucks. I want my openly racist society back. More and more we see letters to the editors and magazine articles and tell-a-vision programs pushing the "colorblind" paradigm and that all of the racist stereotypes that bonded us all together in common racism in 20th century Hawaii, are now being considered more and more to be thoughtcrime and badthink that must be expunged from our consciousness. It makes me sick to see Hawaii's uniquely harmonious and cooperative society founded on a solid sense of racial differences, slowly and inexorably being subsumed by the homogenized and globalized Brave New World Order mass media culture programming of hypersensitivity and ludicrous "equality."

Up until recently, we didn't have a pretend, fake ideal that everyone supposedly openly touts while harboring secret racism in their carefully guarded hearts and circumspect tongues. No siree, here in our island paradise, we embraced bigotry and race-based differences whole-heartedly and without reservation.

Our code word for it nowadays is "local humor" I've been to parties where people asked if it were okay to tell "local jokes," basically asking permission from all present if it's okay to tell race-based stereotypical jokes. Most are still down with the program...but more and more people are starting to reject what was once a proudly and openly racist society...and from where I sit, we 'aint better off for it.

See...one of the reasons our society of mixed races "works" is because no matter what race you are or what culture you come from, we have this overriding culture of "ALOHA SPIRIT" that most people quickly assimilate to. In many ways, it's similar to how all the different pale face crackers assimilated into the AMERICAN DREAM in the 19th century. Anglo-Germanic-Iberian-Mediterranean-Slavic-Aryan-Nordic migrations all arrived with different cultures and languages, with the only thing in common being melanin-deficient and solar-sensitive skin. But buying into the American dream eventually gave us what many now consider simply as white Americans (or Canadians).

Just as the miscegenation of all those Euro-strains of paleface resulted in a generic, homogenized race called "white" we have the same thing here in Hawaii....but it 'aint called Hawaiian. Only those of us with actual Half-Savage Aboriginal blood in our veins can be called Hawaiian. Those who are born and raised here, but have no Hawaiian blood, and are for the most part the Oriental descendents of the plantation workers imported by the haole sugar barons as third world serfs, they are something else - "local."

Here are some examples of this common culture of "Aloha spirit" that define "local" off the top of my head:

* We get rush hour traffic as bad as anywhere else in our modern world. But nobody honks their horns here...ever. Unless it's due to an extreme situation like an imminent accident or trying to catch someones attention in a dire situation, we just don't use our car horns like that. If you find yourself in Hawaiian rush hour traffic and you hear someone honking their horn in frustration... well there's the fuckin' haole (regardless of the race of the actual driver.)

* When you try to merge into traffic, put on your traffic signal and in a manner of moments, someone will let you in, guaranteed. A couple of fuckin' haole's may blast past you and not let you in, but eventually a local is going to slow down and hand wave you in. We even let haole's merge, but then curse them when they don't show appreciation for the courtesy.

* Speaking of traffic in Hawaii, here's one of our more popular bumper stickers:



* Other than traffic customs, we have a generalized culture of common courtesy like holding the doors open for complete strangers, and before the ubiquity of cell phones, we always stopped to help fellow motorists with broke down cars and flat tires.

* When we eat in self service restaurants, fast food joints and plate lunch places, we clean up our tables and throw away all of our rubbish. The first time I went to the US Mainland at age 18, one of the first big culture shocks I experienced was seeing fast food patrons leave their trays and rubbish at their tables when they were done eating for the workers to clean up.

These are just a few examples of what I'm trying to get at. The "melting pot" ideal can only work when their is a common ideal that various racial stocks strive to assimilate to.

As the comedian stated in the preceding clip, there are two kinds of haole, local haole and haole. I believe it actually goes further than that. In terms of use as a harmless adjective, haole just means white skin. No more, no less.

As a perjorative, however, it really means a white skinned person who doesn't conform to local norms aka "No more aloha." Most of us mixed race mutts and half savage racists of Hawaii got no problem with local haoles...or even haoles who are not born and raised, but demonstrate an affinity for the Aloha spirit ethos. Many a local who 'hates' haoles in general, end up marrying one and making hapa-haole babies. Despite having a paleface spouse and paleface children, will still "hate" haoles (the NO ALOHA kine.)

For real kine...some of my best friends are Japs, Pakes, Soles, Kanaks, Pordagees, Buk Buks, Yobos, Haoles and Popolos. I also know folks of all said races who I wouldn't piss on if they were on fire.

I once got into a scrap with a filipino kid in middle school, because he called me a fuckin' haole. I told him to fuck off, I'm Hawaiian, and that he was a dumb flip buk buk whose parents came here to pick pineapple for $.05 a day and that he should take his ass back to the Philipines. We punched each other in the face a few times, the teachers broke us up, and we later became friends when we had to serve detention together. He would often greet me as "haole boy" and I'd call him buk buk, and we'd laugh as we shook hands.

It's pretty much how we roll here in Hawaii.

In summation, racial awareness plays an important role in Hawaiian society, but it's not the be all end all. If you "get" what Aloha means, you can fit and find a comfortable space amongst others, regardless of your race.

To wrap things up, I offer you this quick guide for **HBD-Hawaiian Style.**

Since most of the previous section of this post discussed the term Haole, Whites are omitted here to avoid excessive redundancy. We talked enough about da haoles.

Blacks: *Popolo, Olopops.* Most popolos come to Hawaii as stationed military personnel. Most usually don't get it any better or worse than any other minority in Hawaii. If they get involved in an aggressive or violent conflict, the N-word may get used on them, but popolo is usually preferred. There are no real popolo jokes unique to Hawaii, as most are just popular black jokes that just substitute the word popolo for the N-word.

What do you call 1000 popolo skydivers jumping out of da airplanes all at da same time? Nightfall.

Chinese: Pake ('Pah-kay'), Chink, slant-eye, slope, Cha Wan (chinese name for the rice bowl haircut), Chang. Terms When used perjoratively, Pake and Chang denote stinginess, miserliness, an unhealthy love of money and unscrupulous in acquiring it. Most Jewish jokes will work in Hawaii by substituting Pake.

Wot da difference between one Pake and one canoe? Canoes sometimes tip.

How do da Pakes name their children? They copy da sounds of da cash register! Ching! Chang! Chong!

Whats da odda way dey name da kids? Dey throw silvah weah down da stairs!

Filipinos: Flip, Buk Buk ('Book-Book'), Manong (Mah-nong). Notorious for eating goat and dog meat (particularly black dog), avid gamblers and chicken fighters. Also notorious for living with 30 extended family members in a 3 bedroom townhome...or buying a 3 bedroom house and building large extensions that resemble Spanish villas, so they can house 30 more family members.

You heard of da new Filipino cookbook? 101 ways for wok your dog.

What do da Buk Buk's call da dog catcha truck? Meals on Wheels

What do Buk Buk's call da Humane Society? (local animal shelter) *Foodland!* (local grocery store chain)

Japanese: Japanee, Jap, Buddha-head, rice-eye, bolo head, nip. Haole-fied Japanese are called katonk or banana (yellow on the outside, white on the inside). The largest homogeneous ethnicity block in Hawaii. Least likely race to date, marry or even socialize significantly with all the other races. Back in da school days, if you wanted to start a scrap with a jap, you said this:

What you said, Buddha-head? Eh, no lie, rice eye!

Jews: Haole. Since most Jews are fair skinned, we don't give them their own racial category. They're just haole. And we don't really tell Jewish jokes here either. That's what Pake jokes are for. But that does remind me of the one Jewish joke I once heard at a party...told by a hapa-haole Jew (he was half Jewish, half Popolo, born and raised here):

Know how copper wire got invented? A Jew and a Pake were fighting over a penny.

Koreans: Yobo, Kim Chee, Kink (Korean chink), Seoul Brother (A Korean that acts black). Because Koreans were relatively late comers in terms of immigration compared to the other Oriental ethnicities, Korean jokes are not that popular, but there are a few. Yobo is the Korean word for sweetheart, but in Hawaii, it's used as a derogatory reference. Most korean jokes are puns off of the word.

Heard of da Korean police man? Yobocop!

Samoans: Sole (So-lay). Due to their reputations as very large, strong and fierce fighters who are ready to scrap at the drop of a hat, there are no real derogatory terms for Samoans. Sole is what Samoans call themselves, and locals usually can use the term casually....but even using that word wrong with an easy to anger Samoan could prove volatile. Most Sole fall into two categories: 1) super nice, easy going, humorous, fun loving and gregarious. 2) Ultra violent, looking for trouble, very easy to anger and always ready to give Palagi and others a sase (strike)! Nevertheless, there are a large number of Samoan jokes that mostly focus on making fun of their speech. These jokes are usually only told in hushed whispers after checking around to make sure none are around to hear....

Heard of da Samoan Accoutant? Tua Tua Isa Foa!

Heard of da Samoan who fell off da couch? Sole Fe Lafa Sofa!

Portuguese: Portagee, Pordagee, Pocho, Porcho. Haoles often think they get the worst of the prejudice jokes in Hawaii. They're wrong. That would be the Pordagees. Infamous for being obnoxious by talking way too much, talking without thinking first, and considered the dimmest, least intelligent race. Take any Polak joke and substitute Pordagee and you have typical Hawaii pordagee jokes. Despite the joking reputation, Pordagees are usually quite sharp and witty, and many of the most popular comedians are proud Pordagees who tell the best-loved Pordagee jokes.

You heard why get no more ice in Portugal? Da old Pordagee lady with da recipe when die.

Know why da Pordagee farmer was feeding his sheep scrap metal? He was trying for raise steel wool.

As I said, their reputation is one of dim wits....but here's a Pordagee joke that belies the stereotype:

Know why Pordagee Jokes are so short? So Hawaiians can understand them.

A Pordagee guy told that one to me after I told him a Pordagee joke. Touche!

Hawaiians: Kanaka, Kanaks, Kanaka Maoli. Oft stereotype is lazy, indolent; don't like to work. When the haole sugar plantation owners needed a workforce to farm their sugar, there were not enough Hawaiians to work because so many had died from introduced diseases like small pox, measles and STDs. And those that did survive, would still only work 'Hawaiian style." We can broke ass, but we goin' take one mid day break when da sun is hottest in da sky. The haole plantation owners didn't like that one bit, so they brought in all the other immigrants who would work from sun up to sun down with barely a break for minimal wages.

Take any lazy jokes about blacks and substitute Hawaiian.

How come da Pakes no like marry Hawaiians? Dey no like kids too lazy for pick sugar cane.

How come da Buk Buks no like marry Hawaiians? Dey no like kids too lazy for pick pineapple.

How come da Popolos no like marry Hawaiians? Dey no like kids too lazy for steal.

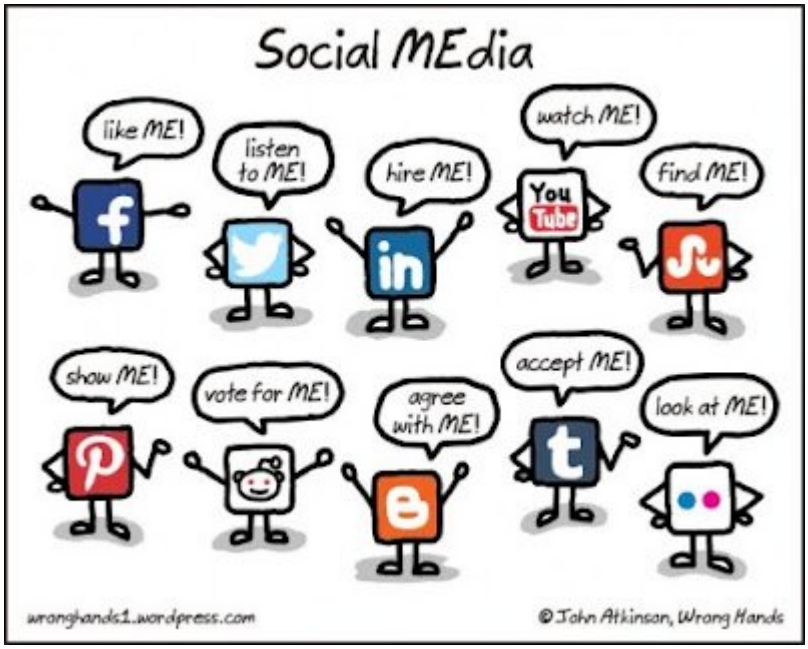
'Aint diversity grand?

The Technical Ecstasy of Handheld MADness

Keoni Galt · 20 January 2016 · Archived copy · Original



If one wants to see true democracy in action, than one need only consider the one trend for which the majority throughout the world have most decidedly embraced. It is the defining paradigm of our time. If you too care to keep up with the trend and follow the herd, one need only get a Mobile Affirmation Device (M.A.D.), download the appropriate apps, and log on to the social MEdia and join in the fun of mutually assured delusions.



As a child of Generation X (aka Gen eXtended adolescence), I used to consider smart phone addiction as just a minor first world problem for Millenials and Generation Z. Nowadays, I stare in dumbfounded amazement at how swiftly and completely the iBorg has assimilated across all the generations of we the sheeple. Nearly all denizens of our Brave New World Order are now plugged in to the mindmeld of endless solipsism supply on teh Interwebz, thanks to the unholy combination of ~~NSA data-mining apps~~ social MEdia and the 24-7 connection to M.A.D.'s.

I recently attended a concert, the first in several years, and this is the view I had of the performance for the entire evening:



It is almost as if it has not been captured by your M.A.D., uploaded to the cloud, then posted-tweeted-pinned or emailed, it never really happened.

Resistance seems futile. While I do own a M.A.D., I do have my virtual affirmations apps set to the lowest possible settings - i.e. I basically don't use my iPhone for texting, email or social MEdia. All that stuff can wait until I get home to the desktop for my digital media fix.



Drugs are bad Mm'kay

Of all the dystopian fiction I've consumed in novels, regularly scheduled tell-a-vision programming and movies over the past three decades or so, as far as I can recall, not a single one predicted our present day palm zombie apocalypse and the widespread and nearly uncontrollable addiction to virtual approval dispensed by a handheld device many ultimatelly end up loving more than life itself.



Besides the very real dangers of M.A.D. distracted driving, the culture of self-obsession and a desire to project an idealized self-portrait to incessantly seek out virtual peer approval and validation has taken on a life of it's own and nearing pandemic proportions.



In previous generations, we had a tradition of fairy tales and stories that warned the next generation of youth about the pitfalls of the seven deadly sins, including narcissistic self-absorption and envy...especially for young women.

"Mirror, Mirror, on the wall....



"...who's the fairest of them all?"

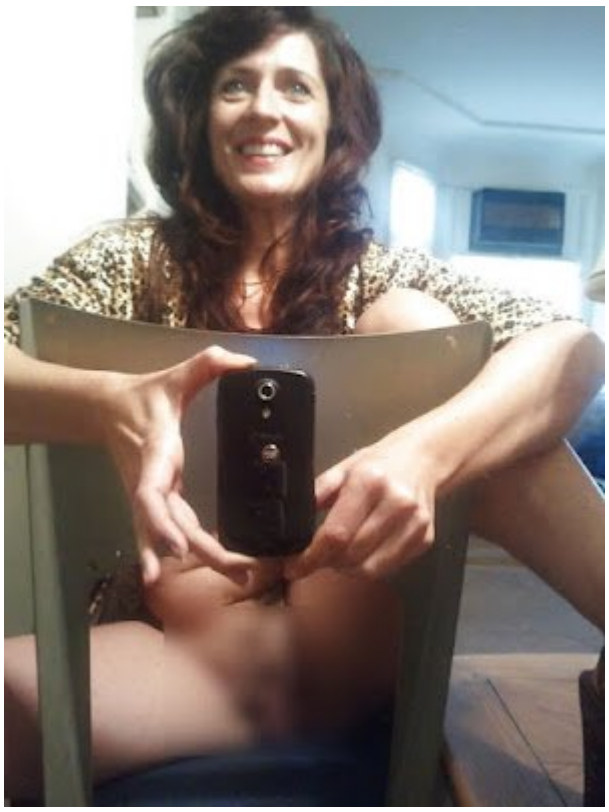
Times they are a changin'.

"Smart phone, smart phone in my hand...



...who is the sexiest slut in all the land?"

Used to be, when a young girl engaged in behavior that had potentially serious long term negative affects on her life, like revealing and potentially embarassing pictures stored forever in cyberspace, the previous generation of older relatives like her mother or her aunts would set her straight and give her badly needed guidance in navigating the world of dating and inter-gender relations....



Keepin' it classy, Momma!

Such inter-generational guidance is long gone.

Don't even bother asking Grandma...she's got her own affirmations to solicit from her own M.A.D.



But it's not just teh Womynz. Since it now seems like I've turned into an old drunken curmudgeon with a gun sitting on the porch yelling at the youth to get off my lawn, I'll give any young gents reading some badly needed inter-generational guidance:



Be circumspect and self conscious about how you utilize your M.A.D.'s. Save it for that which is really important!



Several years ago, I used to read about this thing called "transhumanism" and think that the day man and machine are melded into a bio-mechanic organism was just far-fetched SyFy fantasty. Now I know I was wrong in that initial assessment. Transhumanism is already here.

Our egos and our sense of self have been captured, uploaded and photoshopped into the best possible virtual representational avatar of who we are in teh real life.



Where does this phenomenon end up? Where are we going as a species with this new found addiction to the hagiographic distortions of virtual handheld reflections of unreality?



Never fear, for when the end is near, not a moment shall be missed by the masses of M.A.D. wielding observers!


What everyone will do during the
end of the world...

I Create As I Speak

Keoni Galt · 27 January 2016 · Archived copy · Original



In the time before writing, and then the advent of technologically enhanced communications allowing mass media, when someone wanted to manipulate others, they had to convince them to fall prey to their racket with only their words.

The original racket of manipulation and sheeple herding through oral communication, is clearly described in the New Testament of the Bible, when analyzing Jesus Christ's critique and condemnation of the Pharisees and their practice of Priestcraft. Based on the "Traditions of the Elders" in which the Pharisees claimed divinely granted powers through oral transmission of the laws from God to Moses, the Pharisees set themselves up with one heck of a racket for power to dictate and control the behavior of their followers, as well as giving them their own authority for taxing the wealth of their subjects. THEY claimed their power as lawgivers was invested into their class by the spoken word of God. This is the traditions of the elders that was then transmitted through the ages by an oral tradition amongst the Pharisees.

Thus, by claiming a divine source of oral tradition for their laws directly from God, they created the original "Matrix" of artificial and abstract construct of reality to set themselves up as the Theocratic rulers of society. In other words, by claiming God told the progenitors of their Priest Class an oral law, THEY were able to construct an entire social order and cultural hierarchy, setting themselves up at the top, to receive the tributes, indulgences, tithes and other offerings from the masses below who were seeking redemption for their sins....and those sins were defined by the words of the Pharisees themselves, citing their "Traditions of the Elders" as their sole authority to rule society.

THEY spoke. The sheeple listened and obeyed, accepting their oral claims of God's authority, thereby submitting to

the creation of the Pharisee's system of Priestcraft hierarchy to enable their authoritarian control and exploitation of the masses.

This is their "magik" and it's the same name of the game as it ever was today as it was thousands of years ago. The answer to it then, is the answer as it is now: the Truth that will set us free... free from the rule and control of THEY who defile all of mankind by speaking the evils of their heart to rule and control we the sheeple through the propagation of their lies and deceit to create our current dystopia.

I've often written off the value of the higher education I attained while attending five years of institutionalized indoctrination in the hallowed halls of academentia at my State University, as mostly a giant wast of time. I largely credit all my graduate studies at the University of the Autodidact as the most influential and meaningful on my present condition in this life as a raving conspiritard in our Brave New World Order.

But it was the years I spent in Business School majoring in Marketing that is probably most responsible for eventually helping me to open my eyes to the reality of our world and how our rulers use mass media and transhumanist technological "progress" to socially engineer we the sheeple. For in retrospect, I realize that all of those classes on Marketing were nothing more than a study of the oldest tactic employed by THEY who sought power and control over their fellow human beings: divide and conquer. And the best way to divide and conquer, is to get we the sheeple to divide ourselves by categorizing and segmenting ourselves based on both objective and subjective differences they create for us out of thin air.

The study of Marketing in undergrad Business school is nothing more than studying the art of psy-ops and propaganda to get the viewers and consumers to divide and conquer *themselves* so as to allow the marketer to capture the targeted segment of consumers in order to convert them into cash cows that can be continuously milked until dry.

In one of my classes, we spent well over a month worth of classes analyzing "Generations" and the generalizations that define each era so as to forge your message to more effectively reach your targeted market. We studied the various stereotypes, generalized habits and attitudes of the Silent Generation, the Baby Boomers, Generation X, and at that time, the emerging Generation Y. We also dedicated some classroom discussion time on speculating about the generation that came to be known as the Millennials. Over at the Dusk in Autumn blog, agnostic has got a lot of insightful posts regarding the differences between the various Generations. But if you really want to see the differences, look at the interactions of the mostly Generation X dread ilk over at Vox Popoli and the Boomers anytime Vox Day makes a post on the topic.

It would be insane to try and argue that there are in fact no differences between the various generations of the 20th and 21st centuries...but I have a different contention to make on the topic. Prior to the advent of mass mind control enabled by mass media technology, there was no real substantial differences between generations...at least not the sort that so thoroughly and contentiously divided us for the past century. Culture was far more static and slow changing, and influenced much more by religion and cultural traditions and norms.

But the advent of the tell-a-vision, radio broadcasting, the consolidation of print media and the popular music industry all gave those with the same agenda of societal control as the Pharisees of old, the means to "Speak" to the mass audience so as to create such artificially imposed divisions as "generations." THEY told each different generation that the older generations were "uncool" and "old-fashioned." With mass media and commercial consumerism, THEY were able to institute a continuous, dynamic change in music, dance, fashion, clothing,

hairstyles, slang and lingo, and ultimately an ethos and moral code for each generation of youth entering their young adult years, so that THEY successfully severed the connections between generations to divide and conquer we the sheeple.

Just for one example of this, we need only look at the differences in marriage and family between the different generations. Our Grandparents were for the most part the last generation that followed the patterns of multiple generations that preceded them. They mostly dated, got married, had sex, then had children. Our parents dated, got married, had sex, had children, got divorced, dated, re-married, had more kids and often got divorced again. We (GenX) dated, had sex, had children, then got married, then divorced, then remarried. The younger generation don't date, they hook up and have sex with a multitude of partners (or they're incel and resort to teh Pr0n, or gay or transgendered or whatevers). Marriage is mostly out of the question, whether they have kids, use birth control, or have abortions or not.

The common cultural ethos and paradigm that drove the changes in mating patterns and family formation (and disintegration) trends are all different for each generation, and it was this artificially created division causing each successive generation to reject the former generations morality that lead to this cultural devolution and attitudes towards family over the span of a few decades.

The entire story of the 20th century, is one of mass culture-driven generational division, so that we have now reached the stage where we are nearly conquered and subjugated to the worldwide Brave New World Order they have been inexorably working towards for aeons.

THEY are only as successful as they are, because we give them and their 'magik' its power when THEY speak and we listen. The only way to break the spell THEY have over us, is to stop listening.

They Can't Hear You

Keoni Galt · 14 February 2016 · Archived copy · Original



There is only so much time in a day, and when you devote time for one endeavor, you are by default not doing something else. This is common sense....but like everything else in our Brave New World Order, good sense is no longer common, and this, of course, is by design.

"Whose design?" you may ask.

It doesn't matter. You only need know that a design does indeed exist, there certainly is a system of deliberate, institutionalized deception designed to enslave the minds of humanity, and all this truth seeking and "red pill" taking is nothing more than the process of reverse engineering the behavioral conditioning and regularly scheduled programming we've all been subjected to for all of our lives.

Once you grasp the enormity of it all, there is only one thing left to do. Take this knowledge that you've armed yourself with, and proceed to live the life you want to the best of your ability. I believe this is the ultimate end point of this thing called "the blogosphere." This is why most blogs end up getting abandoned or deleted. The writer(s) hit the point where they realize the opportunity cost of blogging about something versus actually going out and doing something are getting too expensive.

The only people who have seriously made a dedicated track record of steady blogging over a long period of time, are those that have incorporated their blogging with their lifestyles to include some form of financial compensation for their blogging efforts. Good for them. For myself, I've spent far too much of my life at a desk staring at a glowing screen and hacking away at a keyboard. You can't pay me enough now to commit making my living 8+ hours a day in a cubicle in front of a screen.

So I don't write like I used to, and I barely comment around the sphere at all anymore....but I still read. Always. It's my morning ritual with my first cup of unfair-third-world-slave-trade gluten-free non-GMO- certified-organic coffee of the day. While reading, I oft get the muse for another blog post...but I just don't have the time to do it, as I now have a pretty full plate in teh real worldz.

Nevertheless, I am still very much engaged with the fever swamps of the politically incorrect blogospheres on teh Interwebz as a voracious reader. I still read most everyone's output on my blogroll whenever they update with a new post, when I have the time to do so. But on days where I got a lot to do (like today...), I have to be selective in what I choose to read.

Very few bloggers and free thinkers are able to hold my dedicated daily reading loyalty over a long span of time. Many folks arrive into the sphere of my regular daily reading ritual with a splash of brilliance, but as I continue to read their output, I usually lose interest and only check up on them whenever a title for their latest post piques my interest.

This is not a criticism nor a critique of anyones blogging quality, but rather just the realities of time getting shorter as more things to do offline limit me to either reading or writing. That being said, I have a very short list of what I consider MUST READS on teh Interwebz. Anytime they post anything new and I'm online, I'm reading it.

I've been doing this for a very long time.

Well I will tell you what has prompted me to log on today and write this here entry, despite having a number of things I probably should be doing with this time instead. I think I've just read the best blog post that sums up the entire zeitgeist of what we are all doing here out in these fringes of teh Interwebz. And the blogger who wrote this is not even one of my MUST READS (although he's definitely a "mostly read").

Here's one comment from a guy named *Adam*, responding to what I consider the ultimate distillation of the MAndrosphere zeitgeist in a single blog post:

> The internet just amplifies and collects the proportionally tiny number of men who can think for themselves. Who want a different path. But you won't change the sheep. They can't hear you.

This place that I affectionately refer to as the fever swamps of the lunatic fringe of teh Interwebz, is a self-help medium. If you are not an auto-didact or an honest to goodness truthseeker, this place got nothing but lulz for you.

But if you are, I'm here to tell you now, that this post from Mike Cernovich really does encapsulate the essence of what this thing we call the red pill truly means. In his post The Look, he explains Why teh MAndrosphere? better than I ever did or could:

> Those of you under 30 do not understand what a gift the Internet is.
>
> Before the web young men had no idea what society had planned for them.

> Young men had no idea that they'd spend most of the rest of their lives as dead men.

> **What is essential "man knowledge"?**
>
> The odds are against you. The system wants you to live an unhappy life. It will take years of deprograming yourself of cultural conditioning to live life on your terms. It will then take daily effort to remain grounded.

No one will ever appreciate you. Deal with it. Men are viewed as pack mules. Working your ass off to support your family is simply what you are supposed to do. Meanwhile you'll be expected to trip over yourself rushing to tell a woman how great she is for simply breathing.
People do not want to be happy, as becoming happy requires you to take action.

Miserable people won't watch a sunset or volunteer at a soup kitchen, even though those activities are proven to increase happiness. Stressed out people aren't going to meditate.
People love being "who they are," as that requires them to take no effort to change. Avoid those people like the plague, as they are diseased of the mind.

90% of men are miserable. 99% of women are miserable.

Finding happy friends as a man will be a constant challenge. Finding a happy woman is even harder.

The best strategy to find quality people is to become one yourself while ruthlessly cutting out toxic people, users, and manipulators.

Ever hour you spend with a moron, unhappy man, or gossip-mongering woman is an hour you're not spending living your life vision.

Women don't complain because they want change. They complain because that's what they like to do.

Relationship books tell you to listen to your woman's complaints without doing any mansplaining (that is, helping her solve problems). That's bullshit. Your woman has a mom and friends to gripe to. Do not lower your consciousness by listening to her complain about nonsense. (Better yet, do not allow a woman who complains about nonsense into your life at all.)

Gossip and drama are black holes you will not escape from. If your woman is a gossip or loves drama (95% of women), leave before you get sucked in.

A man's prime isn't until his 30s. A woman's prime is in her mid-20s. Getting married while you're young to a woman your own age has a 99% chance of causing you to lose your soul.

A ten year age gap is ideal for long-term relationships. Men and women age differently. Men age better.

It's never too late to leave your crappy life for Thailand. Robin Williams killed himself after his ex-wife destroyed his mind. He could have taken some cash and lived a new life.

Fear is what's stopping you from living the life you've always desired.

Know your worth, increase your standards.

I'm not anti-marriage, anti-kids, or anti-God. If your life vision is to be a Mormon with 14 kids, who am I to say otherwise?

Life is full of magnificent possibilities. I've met happily married Muslims, old men who couldn't imagine ever

> marrying again and instead choose an expat life, and everyone in between.
>
> I've met billionaires who are hen-pecked by unattractive women. Though feared in business, they sheepishly will tell you, "Hold on a second, I have to check in with the boss."

> **Why does she deserve you?**
>
> You can tell what a man thinks of himself by looking at the women he dates. The more self-respect a man has, the higher standards he demands from women.

> Men in the West are brain washed to serve women.
>
> The real question you should be asking is, "Does she deserve me?"

> **If you settle, you're dead.**
>
> That's not a theory of mine that I came up with after reading a book.
>
> I've seen the look in the eyes of thousands of men.
>
> They are alive…and yet they aren't.

The Look is easily recognizable to those of us who managed to avoid developing it. It is the look of defeat, despair, submission and resignation to a life of suffering in subservience and complete subjection to another's will. We can see it everywhere in this Brave New World Order of inverted gender roles, decimated families and general societal dysfunction.

While Mike's post is focused on The Look in the men he witnessed following their masters down the streets in South East Asia, I'm virtually certain their is a certain corresponding Look in the eyes of their ~~women~~ masters leading them. It's a look worse than the living death witnessed in their emasculated men's face...it is the look of the bitter, contemptuous and perpetually unhappy shrew.

When women assume a leadership position over men, it hardens them. But the polarity of natural intersex attraction is based off of opposites complementing each other. Soft woman and hard man are the natural order. Hard woman and soft man is most unnatural...and the unnatural state is what causes the development of "The Look" in both sexes.

For rest assured, accompanying every man with The Look of living death, is a woman with The Look of "resting bitch-face."

If you're a newcomer to these parts, realize you've just stumbled across the only place in our present age of declining civilization that will give you the knowledge to avoid all of the traps and pitfalls of a system designed to enslave us all.

For what you need to understand most, is that the system is primarily based on making you believe, think and act in ways that enslave yourself without you even realizing it. In a myriad of ways and means, men are programmed by society's social engineers who control our mass media and institutionalized educational system to enslave ourselves to women, while the same programming exists to make women reject their God-ordained complementarian role as helpmeets and trick them into thinking they should be in charge, without realizing their being enslaved to their emotional whims, endless rationalizations and their eternal quest for validation.

When the man leads and the woman follows, both are much more likely to experience a happier life of fulfillment. But when the roles are flipped, they both develop THE LOOK.



TL;DR - Don't be this guy....or this girl. It may be just a cartoon, but both depictions of their faces adequately illustrate "The Look" for both sexes.

Up Against the Wall

Keoni Galt · 24 February 2016 · Archived copy · Original



As a raving conspiritard that doesn't believe American Presidential politics is on the up and up from every and all angles, I stand all amused at the current cycle of Presidential campaigning. I already gave up voting long ago, so I am not invested in the victory or defeat of any of these candidates or political parties...in my opinion, it's all bullshit.

I don't believe any media productions that involve candidates, teleprompters, moderated debates or anything else made for tell-a-vision or radio. The Jackasses and Pachyderms and their featured demagogues of the current cycle of Democracy are all role actors playing their parts from the script THEY have written for their ages-old efforts of gaining total control of the world.

That being said, Trump has certainly brought the lulz to this electioneering cycle, and he's pissing off all the right people - SJWs and Cuckservatives alike. That alone might make it almost worth the time and effort to re-register and line up to vote for him come November.... almost.

American Inc.'s Theater of Democracy Charades hasn't been this entertaining since Ross Perot predicting the giant sucking sound that has already come to pass, or the hanging chads debacle that stole the Presidency from the inventor of teh Interwebz and delivered it to President MISSION ACCOMPLISHED.



Notwithstanding the sheer entertainment value, I am still cynical about the veracity of the Trump campaign. His message undoubtedly resonates with we the sheeple after decades of mass migration, the emergence of a burgeoning Police State, and regularly programmed Arab-phobia. He's saying all the right things for those of us who have been raging against the machine for years. If Trump is not a part of the elite - THEY - than no one is.

I mean, come on...it's one of the oldest tricks in the book. As Vladimir Lenin put it: "The best way to control the opposition is to lead it ourselves." A billionaire Real Estate Developer and Reality Tell-A-Vision star is most assuredly well connected with the financial structure and all of the Bankster's 2Big2Fail that have shaped our current dystopian reality.

He's running as an outsider, but everything about this man's history clearly points to him being an insider.



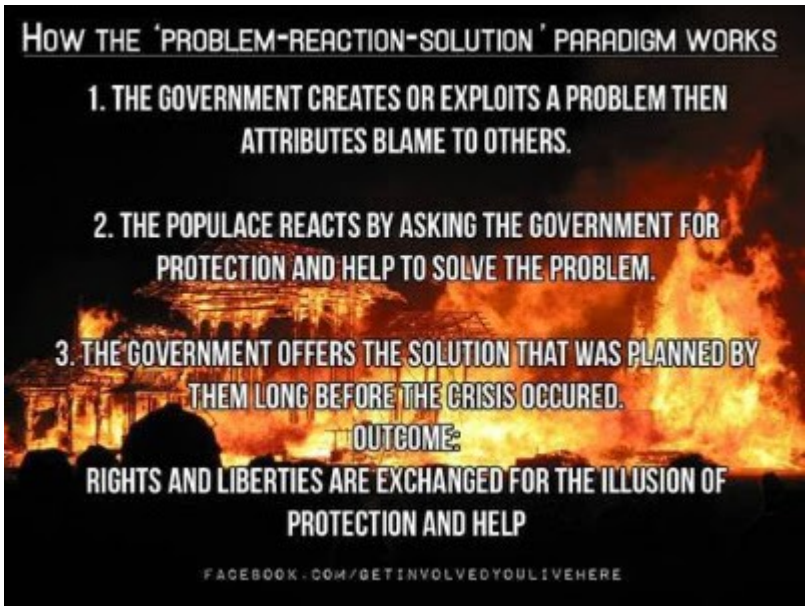
He's Manchurian Candidate 2.0.



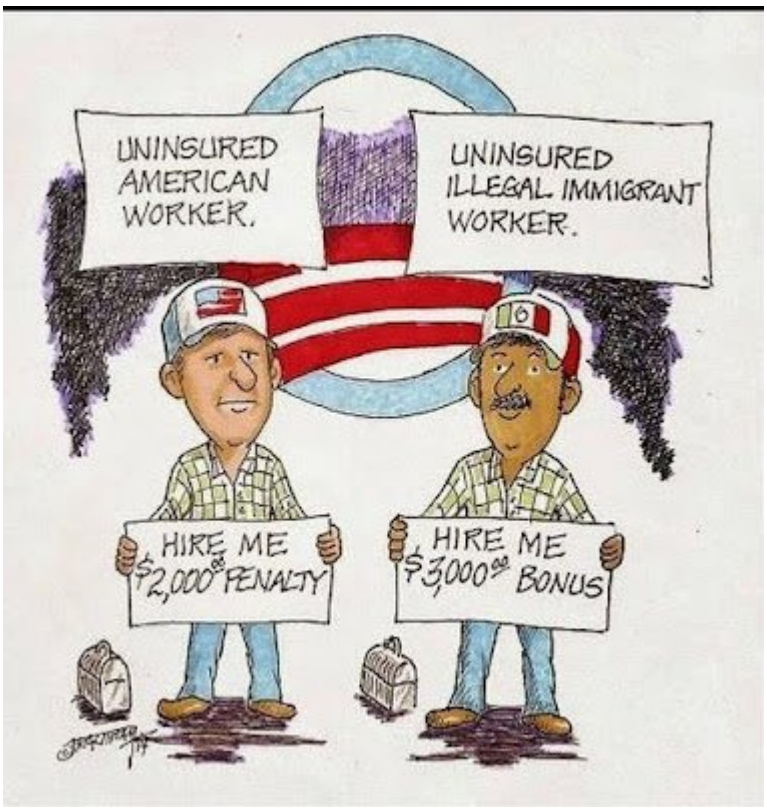
That is what this conspiritard suspects anyhow.

But while I got my tin foil hat firmly planted atop my head, I've been trying to think about what the NWO shadow Government is really trying to accomplish with a Trump presidency...

...and the only thing I can come up with is THE WALL.



The Wall is NOT the answer to stopping the Migrant invasion of the Southern border. What it is, is the manifestation of the synthesis THEY manufactured with the Heglian Dialectic....aka create a problem and offer the solution to achieve an intended consequence that on the surface merely appears unintended.



Consider why most migrants come to America...they are drawn to the American Dream™ of society wide material wealth and prosperity. They come for jobs and they come for the welfare. They come to gain citizenship through anchor babies, and they come to earn money to send back to their families still living in their impoverished homelands.

Crack down on all the companies hiring illegals, end all welfare for both natives and migrants alike (the only reason we even have "Jobs that Americans won't do"), and they will deport themselves. A wall is not necessary. No jobs for migrants, no welfare system, no free public schooling, no anchor babies and immediate deportation for any and all illegal migrants identified during mundane civic interactions like traffic stops, any sort of registrations and drivers licensing processes and all civil and traffic court appearances, would all be sufficient actions to dramatically change our nearly unbearable status quo that's behind Trump's meteoric rise to popularity.

I recently made my own appearance in traffic court to contest a ticket, and I watched in jaded bemusement as the Judge began each case that went before mine with a declaration that the defendant need not reveal his or her status as a citizen of the country during the proceedings.

This is officially sanctioned lunacy. The migrant invasion of all Western countries is officially enabled by US Governmental policy at nearly every level of the leviathan's bureaucracy.



Hell, barring nothing else, we could simply close down half America Inc.'s ~~Empire Outposts~~ Military Bases stationed around the world and re-deploy those troops on the border, and that alone would effectively keep illegal migrants out.



I believe this Wall that Trump is promising us, is to put the final piece in place for completing the transformation of what was once the Land of the Free and the Home of the Brave, into an Orwellian police state with no escape. With troops patrolling the borders, the elite will always have to be worried of dissension and rebellion from factions of soldiers who realize they are being used to abrogate the Constitution and subjugate the nation. A Wall on the Southern border would require far less manpower to garrison and keep the sheeple contained.

It would be the final fortification for the sheeple of our managed feedlot.

Afterall, the Berlin Wall was not about keeping the West Germans from crossing into the East...it was built to keep

the East Germans IN to have no escape from the Communist regime's totalitarian rule.



This is what I fear Trump's Wall will become should he win and exercise his mandate.

If there's one thing most of the denizens of the fever swamps of the lunatic fringe on teh Interwebz all agree on, it's that an economic collapse is most likely coming in our lifetimes.

Trumps Wall that he says Mexico is going to pay for once he becomes President, will allow the shadow Government behind American Inc.'s Theater of Democracy Charade to emerge out into the open and transform the entire North American continent into one big FEMA camp of total population control.



Of all the possible answers to the mass migration problem, the Wall is the worst possible one for we the sheeple....which is probably why it is already a done deal.

I hope I'm wrong.

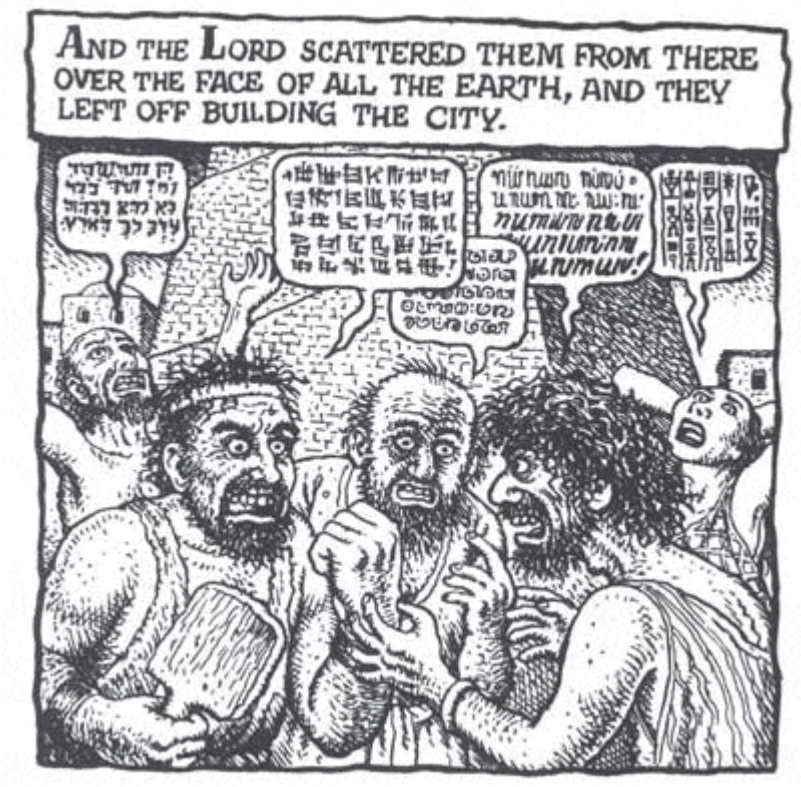
The Cult of Multi Has Ensorcelled the World

Keoni Galt · 25 March 2016 · Archived copy · Original



The sheeple herders who control the Concentrated Sheeple Feeding Operations of the Western Civilization Franchise, have decided that their most favored practice to manage the vast herds of Western sheeple is to repeatedly import a multitude of differing Sheeple Breeds from all the other feedlot franchises found at other international locales of the multi-national corporate conglomerate, colliquially known here at this outpost in the fever swamps of teh Interwebz, as our Brave New World Order Inc.

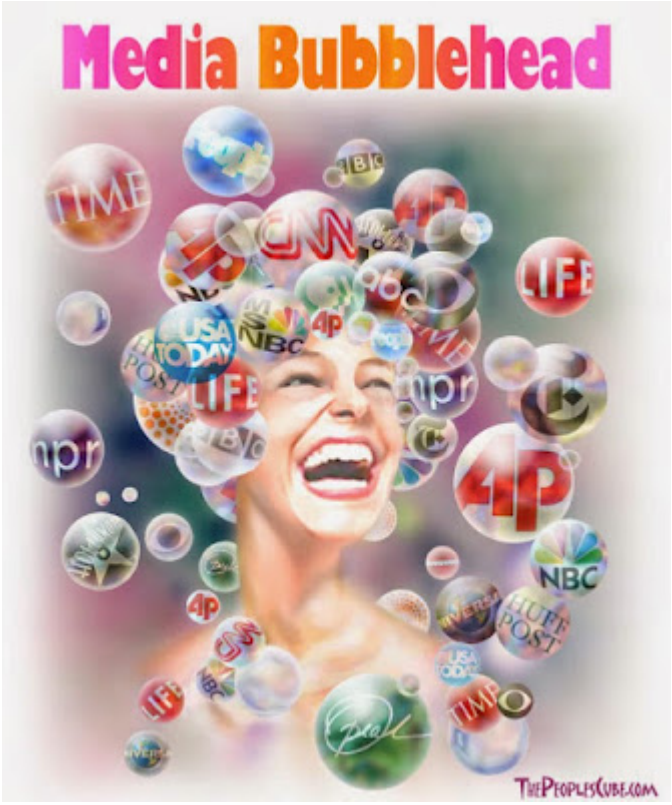
By constantly adding a steady influx of various breed stocks of differing heritages and genetics, the slow-motion process of mass mongrelization over multiple generations of the entire herd stock, is doing it's intended purpose of general herd pacification by reducing potential pockets of resistance from coalescing around common cultural social and/or racial bonds to more effectively resist their operations.



Disjointed, disconnected, dysfunctional, atomized human resources that have no common grounds to bond and communicate with each other, bereft of a common family and culture, trends towards an improvement in conditioned sheeple stock that are more likely to graze compliantly for a lifetime at the feedlot's troughs of agriculturally engineered feed to fatten them up for eventual harvest day.



While even the most miscegenated mongrel can potentially wake up to the reality of our existence and go off the reservation, most are easily kept in line and complacent by bombarding the herds with incessant messages via digitized media, promoting homogenized mass culture, all based on the cardinal virtues of corporate consumerism, degenerate morality and spiritual degradation.



One of the most pervasive and ubiquitous messages being broadcast incessantly into the minds of the herds for decades now has been a simply worded but highly effective meme:

MULTICULTURALISM IS OUR STRENGTH

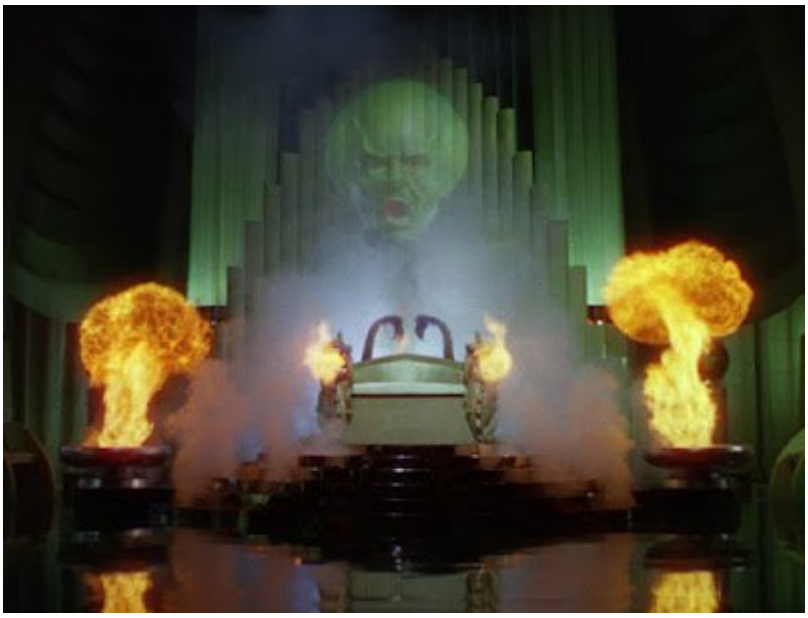


THEY use advanced modern technology to incessantly disseminate such regularly scheduled programming to all the inhabitants of a feedlot operation this vast. To control so many sheeple's minds amongst the enormous herds; to keep them happily confined and unable to comprehend potential emancipation from their machinations; these sort of operations requires the best media system fiat usury money can buy.



While the technology is new, the methodology is not. Far from new, it's actually quite ancient. It has it's roots in dark arts of spellcasting by sages of the ages going back to antiquity. While it's now called REGULARLY SCHEDULED PROGRAMMING, it's really nothing more than the good ole Abracadabra spell, amplified and broadcast worldwide by modern broadcast technology and infrastructure, directly into our homes, our workplaces and into the palms of our hands...

THEY create as THEY speak.

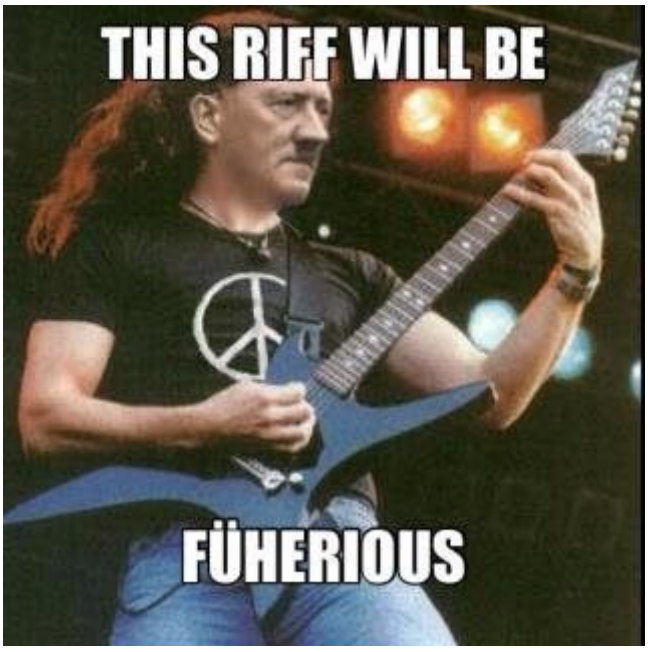


BEHOLD
(Pay no attention to the man behind the curtain...)

THEY tell us that we must accept multiculturalism as the ultimate moral good...that mass migrations of foreigners with different cultures, values, religious beliefs, morals, and even vastly different standards of hygiene and cleanliness, are GREAT for us all, and will help us achieve the glorified vision of a peaceful utopia where all divisions and differences are consigned to the dustbin of history.

Sure there may be some growing pains and a protracted adjustment period....but have no fear, our vibrant future of perpetual progress is within our grasp! To stand in the way of this is akin to being a Nazi...and everyone knows being a *Nazi* is the worst possible designation one could be identified as!

The riffs may change, but the song always remains the same.



h/t praetorian

For you see, THEY are telling us the simple truth, thereby effectively hiding it in plain sight.

MULTICULTURALISM IS **OUR** STRENGTH.

When THEY say OUR STRENGTH, we the 99%, got nothing to do with it.

THEY are simply referring to the exclusive group of shareholders and board members of Brave New World Order Inc. You know, all those 2B2F members of the Usury Industrial Complex.



By making us all vibrantly diverse, mixed up, miscegenated and mongrelized, their own solidarity and undiluted culture of top down control remains unchallenged and ignored as we are perpetually divided, re-divided, conquered and re-conquered over and over again.

By this point, some may be wondering how a miscegenated mongrel proud of his mixed heritage and ethnicities in the 50th franchise of USA Inc., out here in the middle of the Pacific, gets off on blogging about a perpetual influx of distinctly different cultures into an overrun homeland. It's all about the politically incorrect topic of HBD.

It 'aint just happening in Europe and the Continental USA, folks.

We here in Hawaii got our own carefully orchestrated and largely covered up mass migration from the third world going on at the present as well:



The American Dream...available for all except present Americans!!

You will see it on all our ~~social media~~ NSA data harvesting apps, and you will hear it if you travel around our State and listen to what local people are talking about in regular conversations when they discuss the continued influx of COFA-enabled migrants from Micronesia into our islands.



Sentiments like this are growing...

While our media and our politicians repeatedly implore us all to "live Aloha" and to never forget "we are all descended from immigrants ourselves" to get us all to ignore the negative impact this recent influx is having on our State, the realities on the ground are nearly impossible to ignore.

Hawaii is often described as the most diverse and multi-cultural melting pot in the entire nation...that we are a role model of how the rest of the West should become. We have welcomed millions of people from all over the world to make a home for themselves in Hawaii, and we currently have generations of descendants of migrants to Hawaii who consider themselves "locals" born and raised.

And while many of us descended from the aboriginal Hawaiians chafe at minority status in our own native homeland, we by and large accept most of those non-native descendants who were born and raised here as "local" as most have somewhat assimilated to the "Aloha Spirit" ideal.

But we are seeing more and more migrants that come here who don't attempt to assimilate to that and bring their own values and traditions and practices, and they are conflicting with our own in a myriad of ways.

Just the other day, I was at the beach and I heard a conversation in which an old Hawaiian fisherman was angrily denouncing the "cockroaches" (the street slur of choice locals use to refer to Micros) he has been observing who come to the shoreline he was born and raised on, and has fished at his entire life. He was livid that they have been rapaciously fishing out anything and everything they can catch. He angrily told the small group of people he was talking to, that he had recently observed a group of Micro men using chlorine bleach on a full moon night to kill whole schools of fish on the reefs just offshore, and when he called the Police to report it, no officers bothered to come and neither try to stop and arrest them or even get a post-crime report from witnesses.

Traditional Hawaiian fishing culture has always had an emphasis on catching only what you need, releasing undersized and juvenile fish to replenish the population, so as to always have fish for future generations. Using environmentally destructive tactics like bleach on the reefs is certainly anathema to everything Hawaiian cultural practitioners stand for. Apparently these foreign islanders have no such compunctions...either because Hawaii is not their ancestral homeland, or such practices don't affect their own island fish populations.



OCEAN DEFENDER - Hawaii with [redacted]

WANTED!
These two man here killed a Hawaiian green sea turtle. We have reasons to believe that they are Micronesians. Killing sea turtles is against the LAW and it could end up in JAIL TIME.

Hawaiian Green Sea Turtles have been on the Endangered Species list for decades and are illegal to catch and eat. Despite a long native tradition of catching and eating turtles, Hawaiians nowadays no longer do so. In recent decades, the turtle populations have been rebounding in the waters around our islands, but they are still considered endangered and protected by law....but our newest migrants only see free food for the taking.

In other instances, it seems like in the past six months, no matter where I go (my work takes me all over the island to many different towns and communities), I invariably encounter people discussing the impact the COFA-Micro migrations are having on my island home. All of the familiar complaints US Mainlanders have for Mexican and South American illegal immigrants spreading crime, taxing public services, using up resources and flooding the job markets with cheap labor all apply to the situation with COFA-Micros here.

Despite the manufactured narrative our Government Media complex has been relentlessly pushing to keep us pacified in the face of this newest mass migration, more and more people are noticing the undeniable impact this large influx of foreigners are having, and are increasingly beginning to speak up in public.

Now granted Hawaii's growing population of imported "cockroaches" are causing nowhere near the same problems the muslim immigrants are causing in Europe and the US Mainland. While we are having an increase in property crimes, environmental degradation and increased homeless encampments full of these COFA-Micro migrants, it is still nothing like the mass rapes and murders we are seeing in the EU by the "rapefugees." But I make mention here to illustrate to those who still refuse to recognize what is going on at an international scale.

The One World Government agenda is on the march, and mass migrations and miscegenation of all the world's populaces is progressing at an accelerating rate. All of our nation's governments that are overseeing these mass migrations are colluding in this world-wide devolution into Babel-style chaos.

And yes, I can readily concede that it does appear to be a bigger effort to wage war against White people and White-founded civilizations. The goal of #whitegenocide and mass miscegenation is certainly real and being blatantly promoted by an international crime syndicate that has subverted our world nation's governments and THEY are patently bent on corrupting all of the world's native cultures.

I'm just endeavoring to point out that this is not solely confined to black-brown-and-yellow-on-white crime. The exploding popularity of the Trump campaign to build a wall, halt immigration and deport the illegals merely indicates that the WASP American descendants are finally waking up to what is going on...but I'm only pointing out here Paleface, that you are not alone in your current tribulations.

The New World Order is working to eliminate all borders, nation states and nationalist cultures and ethnic identities. And while the current focus seems to be white genocide, especially in Germany, those of us who are not of predominantly of Paleface ancestry should take heed and note that THEY are eventually coming for us all.

GenX Vision 20/20

Keoni Galt · 22 April 2016 · Archived copy · Original



In 1995, teenagers and young adults in their twenties mostly dated exclusively. Boyfriend and Girlfriend designations meant they were exclusively dating each other and at the early stages of planning a future family life together.

In 2005, teenagers and young adults in their twenties practiced a mix of one night-stands, friends-with-benefits arrangements as well as the usual dating exclusively arrangements. Boyfriend or Girlfriend designations became more and more recognized and defined as the person you were living with, without getting married. Marriage and families are still considered a far off life stage for a person's thirties, the twenties are a time for fun and experimentation.

In 2015, teenagers and young adults swipe right on their tinder apps with their ~~NSA monitoring devices~~ smart phones to signal affirmative consent for a possible no-strings attached sexual encounter. Marriage and family? That's reserved for women in their late 30's who have finally gained the appropriate credentials and laid down the foundation for a solid career. This ensures that they are positioned to qualify for all of the usurious debt requirements to live a life of glorious consumption and materialistic acquisition before finally deciding to have their 1.4 children. Only problem is that while they are all ready to finally settle down, there are no good men available!

In 1995, paper bags were banned from grocery and drug stores. We were told that we needed to SAVE THE TREES and limit our consumption of paper products. Cheap plastic bags became the norm.

In 2005, most homes had a dedicated closet or drawer filled with used grocery store plastic bags. They were often used for a variety of useful purposes such as trashcan liners, one-time refuse cleanup, temporary carrying cases and a vital item for general clean up supplies.

In 2015, plastic bags are banned in many States and many more bans are being proposed in cities, towns and suburbs all across the country. Paper bags are once again the default grocery bag...unless one is an environmentally conscious global citizen that religiously brings their own reusable cloth bags whenever they go shopping.

In 1995, one could take a six-inch pocket knife onto an airplane. Airline employees had a sign with a posted ruler next to the check-in counter for which a passenger could open up the blade and measure to see if the blade was under the specified limit, before being allowed to board the aircraft.

In 2005, Government unionized mouth-breathing morons where confiscating knitting needles and nail clippers from Grandmas, and then submitting them to full body cavity searches to ensure that they were no longer a potential terrorist threat for trying to board an airplane with such dangerous weaponry.

In 2015, airline passengers are given only two choices before they are allowed to board an airplane. Gate rape by unionized perverts and deviants, or submit to back-scatter radiation scanning so that the TSA workers have nude images of their passengers of choice, to trade amongst themselves and later ogle with impunity.

In 1995, teh Pr0n was still largely consumed via magazines, home rental videotapes, and seedy theaters and adult shops in scummy parts of town. To access it on teh Interwebz, you had to pay exorbitant monthly subscription fees for exclusive access to thousands of full sized pics, and wait for hours on end as your dial up modem laboriously downloaded a one minute video clip of a deviant sex act over the phone lines with pixelated images and unsynchronized sound lags. Most people still kept their consumption of teh pr0n and their masturbatory habits as a private, personal matter not discussed publicly.

In 2005, teh Pr0n is almost exclusively consumed via high speed internet connections to desktop PC's. It is also mostly free, file shared and accessed on large databases of every kind of deviant act or activity imaginable.

In 2015, teh Pr0n is largely downloaded to the average sheeple's smart phone anytime and anywhere, and it is ubiquitous. There is no longer any social shame or stigma attached to its consumption. People watch it in public places, and chronic masturbation is discussed openly as normalized behavior...even while young men in the prime of their lives are discovering that they have channeled their libido so frequently into pleasuring themselves to the downloadable digital deviancy, they actually changed their brains and are unable to actually sustain an erection when they get naked with a real life female.

In 1995, The Boy Scouts of America was one of the last bastions of male exclusive organizations that had regular activities which encouraged young men to work with older males who served as positive role models to emulate in becoming responsible, positive contributors to society. The Boy Scouts emphasized duty to God, Country, family and community. It was an organization that instilled a mindset in young men to always strive for self-sufficiency and self-reliance, and to always help other people at all times, to keep yourself physically strong, mentally awake and morally straight.

In 2005, The Boy Scouts of America were designated a hate group and a lynch pin in supporting the hegemony of oppressive patriarchy. They were barred from using publicly funded facilities for their exclusionary meetings where older men taught younger boys an ideology of hatred, exclusion and social injustice.

In 2015, The Boy Scouts of America is a model institution of tolerance and inclusiveness. The unjust and exclusionary policies that used to discriminate against older males of varying sexual persuasions from sleeping in the same tents as the young men they were in charge of, has finally ended. Any person of any gender identity may now join the organization so long as they publicly identify with the gender identity of "Boy." In many ways, the

changes to this organization merely reflect the glorious progressive changes that are becoming the hallmarks of our Brave New World Order.

In 1995, The Big Bang Theory was a contested hypothesis that our subverted and compromised ~~indoctrination~~ education system presented to students as 'the best theory to explain the reality of our Universe.' Christian creationism was still widely accepted. The topic was still largely considered "still up for debate."

In 2005, The Big Bang Theory was PROVEN SCIENCE and anyone who did not believe so nor voice their support for, is considered an uneducated and ignorant bigot, brainwashed by the unreasonable mythos of religion to believe in fairy tales of the skyfairy-flying-spaghetti-monster.

In 2015, The Big Bang Theory was a hit situation comedy on prime time tell-a-vision, that provides influential regularly scheduled programming, based on a cast of characters composed of maladjusted and socially stunted scientists, role modeling dysfunctional relationships and arrested developmental behavior. And oh yeah, anyone who even questions the Big Bang as an unproven hypothesis is considered a conspiritard.

In 1995, the celebration of the birth of Jesus Christ was still a nationally recognized holiday. The season began on the Friday Morning immediately following Thanksgiving, when the Corporate retail industry beholden to crass consumerism, would offer the best deals of the year to buy shit we don't need with money we don't have. In the name of celebrating the birth of Jesus, we started off the season with the appropriate offerings for the worshipping of Mammon. All schools and institutions had Christ Mass as an official holiday break on the calendar. The public school kids all learned, practiced and performed in Christmas pageants that featured Christ Mass music like *Silent Night, Away in the Manger, O Little Star of Bethlehem*, etc. Many shopping centers and towns put together choral performances and caroling events in suburban communities, all supporting Jesus-is-da-reason-for-da-season. The Nativity Scene was displayed in front of Churches, Government buildings, private homes, company parking lots, town centers and parks.

In 2005, in the name of tolerance and diversity for those of other religious beliefs and practises, all schools and institutions had "Winter Break" as the official designation on the calendar. The public school kids all learned and performed Holiday-themed music with no mention of the birth of Christ, such as *White Christmas, Jingle Bell Rock, Let it Snow, etc.* The Nativity Scene was displayed in front of only Churches, private homes, and shopping centers that were still pandering to Christian's seeking suitable outlets to pay their seasonal obeisance to Mammon. Celebrations officially kicked off at midnight on Thanksgiving, in which the first minute of Black Friday signaled the commencement of the Holy season for paying appropriate tithes to the Pagan Gods of yore.

In 2015, creches during Christmas season are few and far between, and certainly not found anywhere on public property. Only secular X-mas trees are allowed, and only in conjunction with the symbols and ornaments related to minority Christmas substitute holidays like Kwanzaahannukah. Vibrant diversity is the reason for the season, and it is now celebrated earlier than ever. The shopping festivities officially kick off before Thanksgiving dinner dishes are even cleared from the table and the leftovers put away.

In 1995, Keoni Galt was enrolled in his State Institution of Indoctrination and Brave New World Order programming. He was an avid listener to right wing talk radio, a registered ~~Republican~~ cuckservative neo-con voter who religiously read the daily propaganda fish wrappers and bird cage liners, as well as had subscriptions to numerous national "news" magazines. He vociferously supported the troops and supported all of the fiat wars on

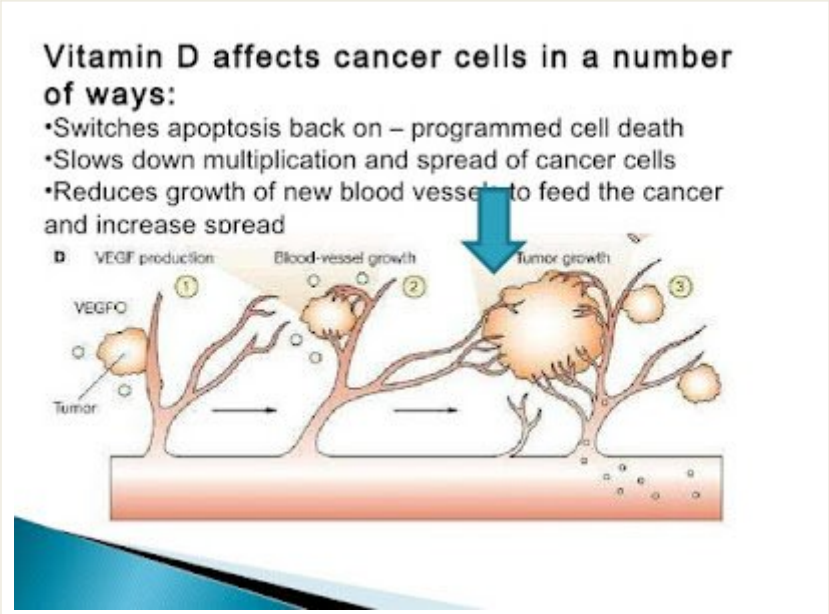
foreign shores to anyone who would dare question or oppose them. He naively and ignorantly considered himself well informed and a conscious citizen of the greatest Nation the world has ever seen.

In 2005, he was working as a desk jockey in a cubicle farm in downtown Honolulu, and lived in an All-American suburb complete with EBT eligible, multinational-big box retail outlets and fast food joints on almost every corner. He was caught up in pursuing a life of materialism, conspicuous consumption and a mindless follower of cultural programming to promote gluttonous eating. Although married, he and his wife had no thoughts of having children at that time. He also just discovered this thing called the blogosphere and began to study in earnest all of the topics and history he was never exposed to in all those years of institutionalized ~~education~~ indoctrination and mass media consumption.

By 2015, he now lives in an exclusive compound in the countryside with his home schooled family, no nearby neighbors, a flock of egg laying chickens, a vegetable and herb garden and a pack of hunting dogs. He watches no tell-a-vision and began to curtail his time spent online in order to pursue more fulfilling interests in teh real life. He may rarely blog infrequently from time to time, but will always eventually get around to posting something...because sometimes he just cannot ignore the muse that calls him to log on and write. The previous decade spent reading writing and participating in the blogosphere is almost solely responsible for the dramatic changes in his life, and for that, he will always be grateful.

D3 > The Big C

Keoni Galt · 17 May 2016 · Archived copy · Original



Who Says There's No Cure?

She was the only black pup from my last litter born eight years ago. She's a veteran of the hunt and survived many encounters with the whirling ivories of Hawaiian wild boar. A couple of months ago, she began to noticeably slow down and tire out easily on the trail. Then, about a month and a half ago, the small bump appeared on her back, atop her spine, near her rear hips.

Within four days, it went from the size of a gumball to the size of a softball. She could no longer walk beyond a slow, painful gait and she whined constantly throughout the day as she tried to continuously scratch at the lump that was just out of her paw's reach.

I was contemplating taking her for one last walk out in the woods to put her out of her misery with a quick and near-painless pull of the trigger. I certainly was not going to take her to the Veterinarian and have her undergo surgery and chemo therapy (as some other dog owners I know have done...all to no avail. Their dog's died in agony, and quite expensively to boot.)

Before taking the permanent solution to her seemingly hopeless situation, I decided to throw a Hail Mary. After all, I've read extensively on the issues of Vitamin D in the past and how it's deficiency is related to the rise in cancers of all sorts amongst humanity in our Brave New World Order. If The Big C is correlated or causated by vitamin D deficiency amongst man, perhaps man's best friend would be in the same boat?



Granted, one of the issues of this pandemic of Vitamin D3 deficiency is largely due to the state of irrational solarphobia promoted by we the sheeple's media and healthcare management systems incessant demands that we slather on the sunscreen, avoid the mid-day sun and eat FEED that is deficient in the keystone Vitamin.



Out here at the frontlines in the War on The Big C

None of these are issues for her. She gets her mid-day sun bathing on a daily basis, and I feed my hunting dogs very well. Then again, perhaps her black coat is similar to humans of darker complexions who require far more sun exposure than light-skinned folks to get adequate vitamin D3?



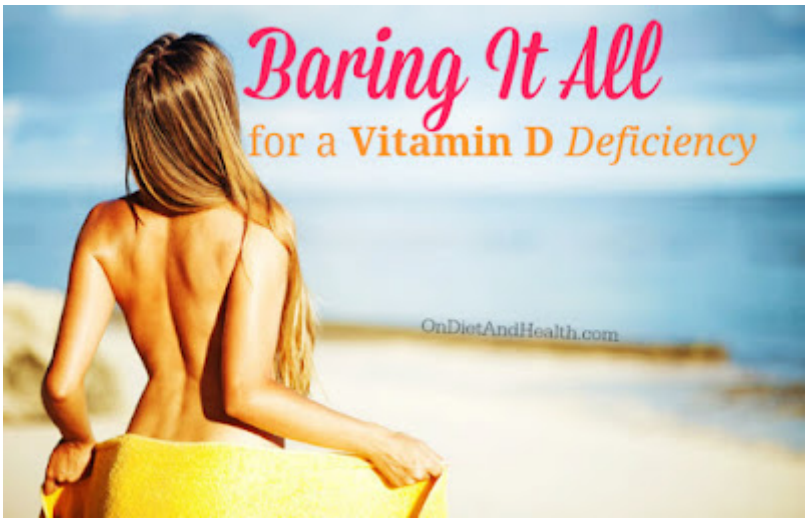
Regardless of complexion, all need the D.

Despite having daily sun exposure, it was obvious she was afflicted with a metastasizing tumor that was going to kill her shortly. So I decided what the hell, it can't hurt to try. Merciful euthanasia was still an option if it failed to work. I began giving her two 5,000 i.u. liquid D3 gel caps a day before her feeding.

Within in four days, the lump had shrunk to half it's size.

One month later, it is completely gone, and she's back up to full speed and ready for the next time I go hunting. Despite all of the reading and research, and my own daily regiment of taking Vitamin D3 and sun bathing as much as my schedule and weather permits, I am still amazed at the turnaround.

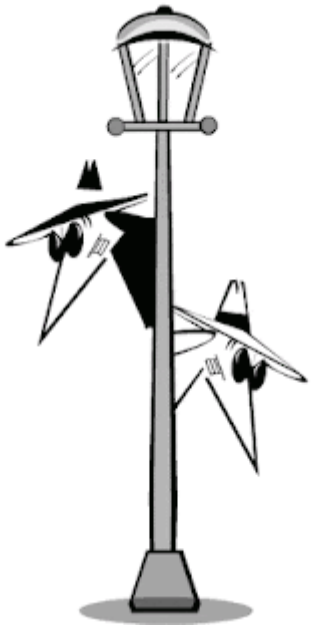
This is just one anecdote from out here on the fringes of the fever swamps on teh Interwebz. You can find all the science you like to measure the verisimilitude of my story at places like the Vitamin D Council. Sure there must be some differences between canines and human beings, but as far as I'm concerned, all my confirmation biases have been affirmed. I'm a staunch believer in the primacy of vitamin D and both human and canine health. As far as I'm concerned, I'll continue to wage my personal war on The Big C by loading up on the D3.



Keep Fighting the Good Fight!

Counter-Intelligence Ops in the MindWar

Keoni Galt · 20 May 2016 · Archived copy · Original



We are in the midst of a multi-generational MindWar, and for most of us, our patterns of thoughts and behaviors are already conquered and occupied territory. So what exactly is this "MindWar?"

From MindWar: How Military PsyOps Plan to Control your Mind:

> Sometime in late 1980, then-Col. Paul E. Vallely, the Commander of the 7th Psychological Operations Group, United States Army Reserve, Presidio of San Francisco, Ca., co-authored a discussion paper, which received wide and controversial attention within the U.S. military, particularly within the Special Operations community. The paper was titled "From PSYOP to MindWar: The Psychology of Victory," and it presented a Nietzschean scheme for waging perpetual psychological warfare against friend and enemy populations alike, and even against the American people.

Perpetual psychological warfare *even* against the American people? I would say *especially* against the American people. And noting the identity of one of the co-authors of this MindWar protocol is rather illuminating:

> The "MindWar" paper was disturbing, for reasons beyond its fascistic and occultist content. For one thing, Colonel Vallely's co-author was a PSYOP Research & Analysis Team Leader named Maj. Michael A. Aquino. Five years before the circulation of the MindWar paper, Special Forces Reserve officer Aquino had founded the Temple of Set, a Satanic organization which was the successor to Anton Szandor LeVay's Church of Satan. Aquino would soon be grabbing headlines, which persisted throughout the 1980s, as a leading suspect in a nationwide Satanic pedophile ring, that particularly targeted daycare centers on such military bases as Fort Bragg and the Presidio.
>
> Furthermore, Vallely and Aquino's MindWar scheme is remarkably similar to the Total Information

> Awareness (TIA) program launched by the Donald Rumsfeld Pentagon, under the direction of Irangate figure Adm. John Poindexter. Ostensibly, the Total Information Awareness global propaganda and mega-data-mining plan was scrapped after a series of negative news stories, but Pentagon sources have reported that the program was merely "taken into a black box."

This article was written back in 2007, when the Total Information Awareness program was supposedly scrapped. That was then, this is now.

> MindWar must be strategic in emphasis, with tactical applications playing a reinforcing, supplementary role. In its strategic context, MindWar must reach out to friends, enemies, and neutrals alike across the globe—neither through primitive 'battlefield' leaflets and loudspeakers of PSYOP nor through the weak, imprecise, and narrow effort of psychotronics—but through the media possessed by the United States which have the capabilities to reach virtually all people on the face of the Earth. These media are, of course the electronic media—television and radio.

> State of the art developments in satellite communication, video recording techniques, and laser and optical transmission of broadcasts make possible **a penetration of the minds of the world such as would have been inconceivable just a few years ago.**

Our minds, bodies, spirits and our very souls are under a constant barrage of strategic and tactical assaults by this new age weaponry of psychotronics that THEY are employing against us all. It is one of my self-assigned missions in life (and with this blog) to try and wake others up to this so that they can see the reality of the situation. We are in the midst of this MindWar, a war that most don't even realize is being -- and has been -- waged on us all for quite some time. I'm sick and tired of seeing all the people I know and love being poisoned physically, mentally and spiritually by those who wield these evil weapons of disinformation and deceit.

The following post is but one example of my own personal attempts at counterattacking this perpetual psychological warfare and it's devious weapons of deceit and corruption. The MindWar is being waged on us all, and it's up to each and every one of us who recognize that we really are under siege from a deliberate and purposeful enemy, to refuse and resist wherever and whenever possible.

I've known her since she was a little girl. My wife and I used to occasionally babysit her and her older sister when she was a toddler. I am an old friend of her family and I've watched her grow into a beautiful young woman who turned into a bride and now a young mother. Now she occasionally watches mine since she's a stay at home mother.

She now has her own toddler, and she's become quite the homemaker. I admire what she has become, for there was a time in her mid-teen years, that I thought she was going off the track and headed towards the usual Brave New World Order Jezebel script of sterile consumerist-credentialism chasing and bad-boy carousel riding.

Then she met her husband, who was a man with a plan, an entrepreneur, a hard worker and a natural born leader. She followed him, and supports him as a wife and stay-at-home mother, and she is now in my opinion, in a much better place, as she supports him in working towards his vision of self-employed freedom from the rat race of our modern Babylon system. He and I agree on much about our modern world. While I am not explicitly "red pill" in my conversations with him, we agree on much of the topics I write about regularly, here on this blog.

On occasion, I have reasons to drop by her place and will inevitably have some in-depth conversations with her. I am like an Uncle to her, and she trusts me totally, and she often asks me for advice. When it comes to her marriage and her husband, I long ago set boundaries on those conversations. I will not listen to complaints or criticism's of him, that is not my *kuleana.* At this point, she already knows how I will react to such gossip and she generally refrains from it when I am around. That being said, there have been a few occasions where she laments her lot in life as a stay-at-home mom and homemaker.

I said she is a good woman, not perfect. She is just as susceptible to the whispers of discontent that our culture promulgates, like almost all other woman are in our present dystopian age. As I have some understanding about the female id, thanks to years of studying this thing we call "the red pill," I know she is simply being tempted by the curse of Eve and can't help but feel like she's missing out on what our regularly scheduled programming tells her she's giving up, by being a stay-at-home mom and dedicated wife to her husband. It is during conversations like these that I try my hand at "slipping the red pill into her drink," and I get to expound on the topic of opportunity costs for career moms.

I play the devil's advocate against this devilish society and it's cursed whispers of temptations for women to fall prey to envy, greed, ingratitude and manufactured discontent in the pursuit of HAVING IT ALL. I point out all of the benefits of her life are creating things for which money cannot buy. Despite all of our current society's zeitgeist being arrayed against her and her husband's current arrangement, the benefits of persevering against the conventional wisdom that is inspiring her occasional bouts of discontent, will pay off in the end. There are far more important things she is building up and creating, rather than being just another human resource for the corporate borg and an All-American debt serf.

When she complains about having to cook and clean all the time, I point out how healthy she and her family are. How most other children of her peerage are ill behaved, overweight and/or sickly, while her well-fed family is thriving. I tell her their is no way around it. Somebody has got to cook, and since her husband is the breadwinner, nourishing him and feeding him before he heads out to face the world and earn the means of their sustenance is an irreplaceable part of the effort for her family to succeed.

I often remind her of how cooking for family is one of the strongest bonds parents and grand parents create with their relations. As I've sat at the dinner table of her grandparents when she was young and shared the meals her Grandmother used to cook from scratch, I can bring up her favorite meals she used to enjoy and how they give her fond memories of her Grandmother who passed away years ago. When I point out to her that all of her efforts at daily cooking is now giving her own child the same fond memories and experiences she had, she can't help but smile and I can see the manufactured discontent that is the plague of our modern zeitgeist drain from her eyes.

When she is upset that she never has "time for herself" I tell her to look at her growing child and enjoy what she has, for all the other young mother's that work a 9-5, don't have time for themselves either. Their time is their bosses, their jobs and their corporate companies who dictate their life's hectic schedules. These working mom's miss out on their children's first steps, and all the other "firsts" that are part and parcel to the joys of watching them as they grow. Money can't buy the vicarious experiences of seeing the world through fresh, virgin eyes of your children's experiences. It is some of the best parts of parenthood, and she's there for every moment of it...while her friends are off at work and their children are stuck in daycare. When I say to her, "Why would you want to be anywhere else?" she concedes the point and brightens up a bit.

She often feels like she's losing out on a chance for education to "become somebody," I point out to her that most women her age, take on massive loans to attend college to attain credentials (a piece of paper!) that they will then have to pay for, for the rest of their working lives.

I point out that their children are being raised by minimum wage workers and they never really bond with their parents (at least not like how her own child is very close to her) because they spend most of their waking lives with people who are not family. Those women who dedicate themselves to education and career end up with disaffected and distant children, and result in families who are not close-knit and do the bare minimum to stay in touch once they reach adulthood and go out on their own.

I use a plethora of examples of people we know in common, who follow the typical Brave New World Order life scripts and now have broken homes, enstranged children and dysfunctional relationships. The glamor of credential-certified achievement and consumerist-driven careerism and all of the material amenities and technological luxuries and distractions that are a part of our present existence, are all false promises of illusory happiness. In the end, none of it matters if the pursuit of such things come at the cost of that which should be most precious to us - our families and close relationships with others.

My reminders to appreciate what she has and what she experiences different from all the other education and credential and career-driven peers her age, seems to lift her spirits and help her renew her appreciation for all that she does have. I point out that for the most part, what she feels like she's missing out on, are nothing more than deliberate delusions created by our societies ubiquitous propaganda to serve the benefits of others and not herself or her family.

She's smart enough to recognize the truth of my observations and commentary, and I literally got to see the pay off in real time recently, when I heard her in conversations with others in which she echoed my words, sentiments and observations.

I was in earshot of her and a group of her peers at a holiday event, and watched as her friends bragged about their careers and material acquisitions that their paychecks finance. When it was her turn to share her own perspective, it was with satisfaction and a bit of pride when I heard her relate many of the things I myself have pointed out to her in our past conversations, when she struggled with her momentary discontents. It is times like those for which I am eternally gratefully for all this time I've spent here on teh Interwebz. Not only has it made a difference in my own life, but also in the lives of those I care about.

This is but one example of how I seek to utilize the knowledge I gained in all these years out here on the fringes of the fever swamps. To not just survive, but thrive amongst the idiocracy of the sheeple herds created by our current dystopian era. To do so, one has to learn to recognize the lies and deceit designed to skew our lives and make us subconsciously follow the sheeple herding script of our mass media and institutionalized educational system.

Having the chance to take this knowledge and have a chance to pay it forward to benefit those people for whom I care about, and help to forge those symbiotic relationships that create true community, is how I get my profit from all this time spent online for the better part of the past decade.

The only way to gain ground and fight for victory in this 21st century MindWar, is by waging guerrilla operations of subversion and fight the manufactured narrative of our Brave New World Order, one mind at a time. Every chance I get to subvert the popular narrative and deliberately instilled discontent amongst the people I care about, is a chance to engage the enemy and wage this war of resistance. I shall never surrender.

Not For $ale

Keoni Galt · 26 May 2016 · Archived copy · Original



As I've written previously on several different posts, I've been deliberately limiting my time spent in the virtual world to focus more on the real world. Part of this decision is based on how time consuming it is for myself to compose a new blog post. Up until about two or three years ago, blogging came very easy to me. I saw, read or experienced something that struck my muse, I logged on and let the words flow from my fingertips. But things have definitely changed as I started to impose some rules for myself regarding this blog. These rules constrain the volume of my output, and they make each new post a lot more time consuming and painstaking to produce.

A lot of this time consuming effort is based on trying to avoid redundancy, and when you've been blogging as long as I have, my focus on trying to avoid rehashing old ideas already thoroughly expressed gets more and more difficult to adhere to. I'm aware that this kind of rule for myself puts my writing muse into a box that makes blogging much more difficult than it needs to be. Nevertheless, I don't forsee myself ever fully quitting this ~~hobby~~ compulsion.

Long time commenter and blogger of the MAndrosphere Xsplat (OG Roissy in DC) recently responded to a comment on a recent post of his that clarified this vague idea I've always had about why I don't forsee myself ever quitting this increasingly time consuming hobby:

> Some writers feel compelled to write. I've known such personalities to occasionally declare that they are retiring from writing. When I hear that I call bullshit, because I can tell by their writing that writing is a compulsion for them also. I've been correct so far.
>
> Writing is integral to my very being. It is how I think. As I'm walking around in the day, things that I see and do are held within the lens a discussion and potential blog post.

This is precisely how I think all the time now. In nearly everything I do, my mind is constantly seeing my experiences of life as blog fodder. I'm always thinking of how I would express or relate what I'm living in the

moment as a theoretical blog post. This is both good and bad, I think.

Xsplat describes the good part here:

> Without writing my thoughts would never get organized. Writing and clear thinking to me are inseparable. Can't have one without the other.
>
> And this is the key to why I write: clear thinking in and of itself is enjoyable to me. I get pleasure from organizing thoughts, and having creative insights. And that can't be done in isolation; a guy needs dialogue to do that.

Exactly. While I am a rather voracious reader and have devoured books by the truckload that have played a definite role in my thinking process and present lifestyle, it is the writing and interacting with everyone else on teh Interwebz that has truly inspired the shape of my life and the way I live it today.

> If I have a lot of insights, it's because having insights is pleasurable to me. I do that as a habit because that's what feeds my brain pleasure.
>
> A lot of people simply are not built that way. They find thinking taxing, or boring, or I don't know what. It's not a source of pleasure. And when they do think, being logical and consistent is not a priority to them. Thinking for them might be more useful to rhetorically win an argument, even if it means resorting to slanderous lies, rather than being used to creatively puzzle together as much truth and knowledge as possible, for it's own sake.

That is all this blogging thing has ever really been about for myself. Seeking truth in a world of lies. It was also this realization that Xsplat refers to as most people participate in blogging comboxes to rhetorically win an argument rather than an intellectually honest and relentless search for the Truth. This - in addition to the time required - is primarily why I no longer comment much at other blogs.

> This difference in attitude to thinking has at times been a source of social isolation. I'd be all into talking about philosophy and the meanings of life, and I couldn't find anyone else who gave a shit. I believe that my mental process itself is built to require me to write. It's not something I put any effort into wanting to do. I'd never consider not doing it.

In this regard, I see Xsplat and a few other bloggers and commenters on teh Interwebz as kindred souls that feel the compulsion to write to clarify their own thought process and make sense of the complex and often times confusing world we all inhabit.

This is my primary motivation, which is why even though my blogging has been very infrequent as of late, I don't think I'll ever really walk away. But just looking at the turnover in the general blogosphere (not just in the MAndrosphere or the Dark Enlightenment, or NeoRX or the Paleo/Ancestral diet or any other niche blogosphere), makes me realize that most folks who participate in the great dialogue on teh Interwebz have many other differing motivations to participate, with the compulsion to write not being one of them. (This is certainly not a value judgement of anyone, just an observation that participants have varying motives.)

Another MAndrosphere OG who undoubtely also shares this compulsion to write, *** ****** who blogs over at Lust in the Age of Byrony, has noticed the same:

> I look at my blog roll on my blog. So many blogs have come and gone. So much for MRA and so much for all of the blogosphere. Despite one blog title shift, my blog's been here throughout. Since the beginning, before MRA was a thing. Really, not long after PUA was a thing.
>
> Above or beyond or whatever all that, this is here to document the heretical, the mania, the raw truth.....to be some tiny drop of truth in an ocean of lies out there. The truths we can't speak in the light of day, the truths we can only speak in anonymity.

I recently spent a few hours cleaning up my own blogroll by removing all of the links to now defunct and deleted blogs. I got rid of thirty-plus dead links that no longer link to any content whatsoever. Blogs come and blogs go. This is the nature of the beast, and not everyone is here to write because they feel the compulsion some of us have, this compulsion that Xsplat describes so well. But one thing I noted is that there are only two kinds of blogs that seem to last for longer than two or three years - those that have an obvious compulsion to write, and those that have monetized their blogging efforts and have developed a regular income stream while doing this "hobby" in the virtual world.

Even more rare, are the types who have achieved a synergy from combining both motivations into a blogging/book-selling juggernaut - folks like Vox Day, Roosh and Mike Cernovich are good examples of this.

The rest of the lower-tiered blogs (in terms of popularity/notoriety, not quality of prose!) usually find what they need at the point in their life where participation in the blogosphere seemed to help them achieve a certain level of awareness and enlightenment, then they pull the plug and either delete or abandon and leave it posted for as long as their domain name and/or server space fees are paid up. This is also one of the biggest reasons why I've never left blogspot, despite my great distaste for Google and it's SJW tendencies. They offer the best price for domain name registration and server fees. You just can't beat $FREE.99 when you're engaging in a non-revenue generating hobby like this.

That being said, I'd be liar if I didn't admit that I have been tempted several times in the past by opportunities to monetize this blog. Back in the heyday of the MAndrosphere's underground "bubble" of rising popularity (the era of 2010 - 2013, in which a groundswell of attention was garnered prior to gaining widespread mainstream media attention,) when it seemed like new blogs where getting started and garnering immediate popularity in our corner of teh Interwebz, I received numerous offers to monetize this blog in various ways.

But my biggest reason for always rejecting these opportunities, is because of the anonymity *** ****** talks about. There is a freedom that comes with anonymity combined with uncompensated writing, and I've always been cognizant that doing this thing for the dollar would intrinsically change how and what I write about. For myself, it would mess with the purity of this exercise in practicing this ~~compulsion~~ hobby.

That all being said, I am also a guy who has always reserved the right to change my mind when I am presented with new, compelling information that runs contrary to my prior convictions. Perhaps someday, I'll have to have a $how of appreciation for all my regular readers of this blog, and offer a sign up drive for a subscription email newsletter for the amazing low price of $6.66 a month.

It will include a free "Game is the Red Pill" T-shirt and my booklet of officially certified Paleo Baby food recipes. Perhaps if you also hit up my tip jar, I'll send you my free Paleo Radiation Therapy guide at no extra cost (not including $9.99 shipping and handling fees). And for the most loyal subscribers and customers, I will also have a limited time offer for officially authenticated "Keoni Galt" autographed disposable air respirator kits for those of

you living in Project Indigo Skyfold zones. But wait, there's more!

Act now, and I'll also throw in your choice of a "RESIST THE BRAVE NEW WORLD ORDER" hat, or exclusively for my female readers, a "I SURVIVED THE FEVER SWAMPS ON TEH INTERWEBZ" stitch-emblazoned on the rear of heavy duty, form fitting yoga pants, a $29.99 value....all these extra value-added products can be yours for FREE if you sign up today!



100% ~~Usury~~ Financing Available!

Don't worry folks, sometimes my sense of whacky humor gets the best of me and I try to get too clever by half....

I'll stick with my day job.

Quiplinks X: Making America Inc. Great Again

Keoni Galt · 31 May 2016 · Archived copy · Original



2016 FOR DA LULZ...BESTEST PREZ ELECTION EVA!

I've been reading a lot of twitter feeds lately. I'm still tempted to sign up...but I know myself. I would get addicted to it and spend far more time on it than I should. So I occasionally do Quiplinks here instead.

Since I recently completed some long overdue maintenance to the blogroll, deleting all the dead links and adding a few new bloggers I discovered while surfing the fever swamps, I was thinking it would be a good time to do another Quiplinks post with all these new sources of wit and wisdom. So here we go with the tenth edition of my favorite way to link to others, by having fun making my own hashtags that I would use if I did have a twitter account.

The Savage Lifestyle blogger and *Return of Kings* contributor Jack Ronin, offers his advice on one way we can help MAIncGA:

#DespiseAndMocktheWeak

> "There exists today many poisonous concepts that have degraded the western mind. Perhaps one of the most ugly and perfidious is the idea that it is somehow righteous, loving and virtuous to praise weakness in others and embody their cancerous ways of thinking and living. The only healthy response when the weak are praised

> is to savagely mock them."

Chateau Heartiste regular commenter and brand new blogger *WrongSideofHistory*, appears quite adept at wielding poetic shivs against the architects and change agents of America's decline. He makes a great point regarding diversity and it's effects on a formerly high trust society:

#DiversityIsPerversity

> "Diversity founded on the premise of equality is full retard.Wildly unequal outcomes is the out-of-tune acoustic guitar always bringing down the Kumbaya session."

Free Northerner notices something else about Diversity:

#DiversityAchieved

> "Why is it that diversity is only ever achieved by allowing those who don't make things, unimportant people, and those aren't involved in the activity equal say to to key players who actually create things?"

Relampigo Furioso, *Return of Kings* writer and blogger over at *The New Modern Man*, points out how fakebook and other social media apps amplify all the worst aspects of our modern era:

#SocialMediaFatigue

> "Obviously, a nihilistic, materialistic culture of self-comparison and competitive consumption has been worsened by the need to constantly look good online."

"Bad" Billy Pratt over at *Kill to Party* notes that the filth and depravity of our current culture is part of a silent war, and it has a source. He notes: *"In 2016 there is a silent war being waged for who gets to stand atop the stream as the king of the narrative. If Politics are downstream from culture, culture is downstream from Hollywood."*

Ah yes, that bastion of propaganda and glamorization of cultural marxism, has spent the last half century helping to turn the American Dream into our current dystopian nightmare. He breaks down the biggest blockbuster movie of the 80's to make his case:

#Californication

> "Instead of the Hollywood movie being reflective of American culture, or existing as a morality tale to strengthen the existing culture, film makers decided to use their influence to guide the culture toward their own interests. This is the true nature of modern propaganda- it isn't overt with guns and billboards demanding to OBEY, but rather an enthralling light show doling out hits of excitement and shame."

H/T to Deansdale for introducing me to *Kill to Party*. He also published a great post about the male suicide rate and how it relates to the feminists favorite boogeyman, the "Patriarchy":

#MalePrivilege

> "Strangely enough the patriarchy never shows up to help men in tough situations; their male privilege seems to malfunction right when they would need it the most. On the other hand women seem to be immune to most of the aforementioned problems because society is set up in a way that protects their innate privileges and grant them artificial new ones. "

Speaking of the Patriarchy, while most folks out in these fringes of the fever swamps of teh Interwebz recognize the destruction of Male headship was deliberately done by changing marriage and divorce laws to give women all of the power of Government to control the relationship and end it for cash and prizes at her whim, *Artisinal Toad* is making the case for Biblically sanctioned polygamy as God's original design to give Man dominion over his household. In making his case, he employs a clever analogy:

#FeedYourDog

> "What you really like to do is play fetch with the dog because that's all about you and having your desires met. Especially when your friends are around to see how the dog tries to please you. That makes you feel really good. But, it was too much of a chore to feed him and the dog is starving and doesn't have the energy or the motivation to play fetch. So you complain to all your friends about how horrible your dog is and you don't understand it at all because the dog has such a wonderful home and such a loving master but he won't fetch the damn ball when you want him to."

Needless to say, *Artisanal Toad's* use of the Bible to advocate for polygamy, employing prostitutes or banging a widow as all legitimate, non-sinful pursuits for Christian men, has not earned him any goodwill amongst the majority of the Christian MAndrosphere's commentariat, but I find his interpretations of the Bible make for a convincing case ...although I don't plan on bringing home another wife or visiting any of Honolulu's "Happy Ending" massage parlors any time soon.

That being said, I find AT's perspective and interpretations interesting and I think it jibes with *Return of King's* luminary Quintus Curtius' recent post.

#QuestionEverything

> "Any orthodoxy which demands that we prostrate our intellects unquestioningly before it, and deliberately seeks to suppress, shame, or marginalize competing views, is unworthy of our respect. It should, on the contrary, be attacked that much more vigorously. Experience has shown that coercion of opinion is a disastrous road for any society to take."

While the Trump campaign theme is to Make America Great Again, *Roosh* just wants to

#MakeMenStrongAgain.

> "The problem we have today is that men shield themselves from all difficulty and even the experience of life. We now have 21-year-old male students crying on the shoulders of feminists in designated safe spaces on college campuses because they heard mere opinions they didn't like. Those safe spaces, whether literal or metaphorical, prevents men from becoming masculine."

Another *Return of Kings* author, Larsen Halleck, who blogs at *The Barbaric Gentlemen*, had a recent epiphany regarding Feminists and femininity:

#INeedFeminismBecause

> "I've realized something: feminists embody age-old stereotypes of females to an incredible, almost *embarrassing*, degree. Just to clarify: by "age old stereotypes of females", I certainly *don't* mean things like beautiful, graceful, nurturing, caring, loving, domestically skilled, gentle, and 'down to Earth', absolutely not. I'm referring to the flipside of that coin, the negative stereotypes of women..."

Dalrock points another aspect of feminism that contributes to those negative stereotypes:

#MiseryLovesCompany

> "Perhaps the greatest disappointment for feminists is their failure to make men miserable by getting them to do traditionally female roles. Feminists didn't understand that their misery came from their own miserly hearts, not from the act of caring for others."

Black Poison Soul, the man with the crap colored glasses, has his own epiphany regarding women:

#MisognynyFTW

> "Then you stop. You realize something, about all this shit. Good women? Bad women? Nah.
>
> They're just women.
>
> Being pissed off at them is like being pissed off at water for being wet."

Notes From A Red Pill Girl relates an anecdote about the end results of a woman who follows the feminist

STRONG INDEPENDENT WOMAN script:

#Schadenfreude

> "Committed to no man, but lover of many, they also found the party came to an abrupt end with age, and many of those who once ruled the social scene and were quite sought after, pampered, and spoiled by their admirers often ended up destitute, alone, and abandoned in the end."

Long time reader and commenter of *Chateau Heartiste*, PA (OG Roissy in D.C.), started his own blog.

#ItsAboutDamnTime

> "Folks, I didn't create the world, I just describe it. For pretty lies, you're free to look at Old Navy ads. For ugly lies, turn on your television."

Will S. over at *Patriactionary* also brings up an important question that perhaps may be the answer to breaking the stranglehold that BigPharma has over the practice of medicine:

#ForYourHealth

> "Living through a time of great social and/or political change can give one the opportunity to examine things generally left unexamined. Such can cause one, at least one given to introspection and reflection to perhaps an abnormal degree, the chance to see familiar things from a new angle, not previously considered."

The Primal Male breaks down the complex, multi-faceted entity seeking total control of humanity, and identifies it as the "System," which he states is just our civilization gone rogue...

#AllSystemsGo

> "To understand its immense and complex identity, you must first understand that the System is a complete combination of multiple sub-systems that dominate every aspect of human existence. This includes centralized governments, the banking system, multi-national corporations, the media, the military-industrial complex, and so on. All systems, both visible and invisible, are part of its totality. It is beyond a single nation state, and as a global system, has its influence over nearly all the peoples around the world."

Matthew Peak who blogs at *Western Woes*, has his own thoughts about how the System and corporations have reduced human relationships down to nothing more than economic transactions:

#HumanResources

> "And thus we have the main issue behind the modern obsession over equality of the sexes. Men and women are measured by their ability to earn money for corporations and governments, under the guise of earning money for themselves."

The Erudite Knight is one of the few folks on my blog roll who is not on the Trump train and suspects the Trumpster is controlled opposition.

#TrumpedUpCharges

> "Its going to get bad, and its the two sides played against each other where the man in the castle just watches the proles kill each other, all to 'make america great again'.

And finally, to close this one out, here's a quip that comes not from a blog, but lyrics from the newest album by a band I had once considered DONE and incapable of making great metal music any longer...glad to find out I was wrong on that score.

"If you don't like where we're going, than you won't like what's coming next..."

#PostAmericanWorld

Females and the Programmed Fear of Firearms

Keoni Galt · 27 June 2016 · Archived copy · Original



Visual proof that Universal Suffrage + Democracy is an unmitigated disaster.

On teh Interwebz, out here on the fringes of the fever swamps of the Alt-Right, many women are self proclaimed gun fanatics and Second Amendment advocates. Unfortunately, in the real life, amongst my peer group and sphere of familial relations and close friends here in the predominantly blue (pill) State of Hawaii, most of the women I know are wholly beholden to the Brave New World Order propaganda regarding guns. An irrational, deliberately programmed fear that overrides all logic and reason. A play on their susceptibility to fear-driven hysteria.

I've had many a social occasion spent in earnest debate with these ladies - including my own Mother, Sisters, In-laws, Cousins, Aunts, and my friend's wives and girl friends...and no amount of logic can overcome the regularly scheduled programming of fear mongering for firearms most of the women in my life are blinded with.

Now, as I am one who has taken notes and learned about the difference between rhetoric and dialectic from an Award Winning Cruelty Artist, I do realize the futility in engaging with dialectic with women who are completely consumed with the fear of firearms and believe the only solution is MOAR GUN CONTROL.



Propganda designed to manipulate Maternal Fears to Disarm We the Sheeple

Nevertheless, I still take the pains to engage with these ladies and attempt to walk them through a logical progression and/or Socratic questioning to elucidate why I am a staunch advocate of possessing firearms and upholding the spirit and letter of the law with regards to the Second Amendment. Believe me, I have zero intentions of actually attempting to change their minds. While it would be pleasantly surprising to actually get them to change their minds, I long ago reached the conclusion that it is nearly impossible.

No, my entreaties and debate points are aimed at a different target...the men in their lives who are usually in on the discussion as well.

The real problem, of course, is that most of the men who are married and/or living with these women let their irrational fear instilled by societal propaganda, keep them from arming themselves. Nor are all of these men I am referring to your typical AMC, totally pussy whipped, living in fear and utterly beholden to the tyranny of their women's hamsters. Some are, but not all. But even those men who are the nominal heads of their household and usually lead, don't really push the issue in the face of their woman's vehement opposition to having firearms in the house.

Most of the people I know and socialize with, recognize the increasingly unstable and turbulent times we live in. That the economy is in trouble, the institution of marriage and the family is under attack, and civilized society is on a steep decline into corruption and moral decay.

Most of the people I know, have some sense that "prepping" for potential natural disaster, societal collapse or widespread civil unrest is becoming increasingly necessary and prudent. The things I blogged about years ago, were some of the things I was also usually talking about casually in social situations (then and now), and these topics used to mark me as the sole tin foil hat wearing, conspiritard doomsayer amongst my family and friends. This is no longer so...not so much anyways. I'm sure I'm seen as still a bit paranoid...but more and more folks in my sphere of influence are coming around to my dystopian point of view. Of course, I don't find this satisfying at all. I would have rather been wrong about all this, but there's no going back once you earnestly seek the truth and you happen to find it.



Many of the things I used to advocate for that got sideways glances and eye rolls of dismissive contempt during previous conversations, are now taken seriously and discussed with grim enthusiasm by some of these same folks that wouldn't take any of these various topics I was interested in seriously a mere four years ago. I think eight years of Obammunism has taken it's toll on society and more and more people are slowly waking up to the grim reality of our current age.

Many of these men in my life have come around to my way of thinking regarding firearms....but their women are all vehement and absolutist in their fear of GUNS, and they let their unreasonable and emotional fears rule the roost. So I often instigate the debate in the appropriate social settings and engage with these women when their men are present.

While my dialectic falls on deaf ears with these women consumed with the programmed fear of firearms, it is their Men I am actually targeting with my words. I'm hoping to convince my Father, my brothers, my cousins, my uncles, my friends, acquaintances and colleagues to gird up their loins and take a stand and override their women's fear-driven edicts of WE WILL NOT HAVE GUNS IN THE HOUSE!

For in most of these cases, I love these women and their children. If I didn't, I wouldn't bother. I care for them and their families, and I dread the day that is not far off in which their husbands are the only thing between them and the ravening hordes of starving and desperate masses unprepared for the coming tribulations of a collapsed State.

> *"Why would you want your husband/boyfriend to have to try and protect you and your children with a baseball bat or a kitchen knife, when those who would most likely be threatening you and your family will have guns? There's only one way THAT scenario ends...."*

Women never have a good, logical answer for this point. What I usually get is the maternal fear-based, culturally programmed, emotional response of feminine firearms hysteria.

> *"We have toddlers in the house, firearms are too dangerous with toddlers in the house. Even if we did have a gun for the unlikely event of civil unrest or a criminal invasion, what good would the gun be if it was locked away and unloaded? Because we will NOT have a loaded gun - or ANY gun - not locked away in a safe in the house as long as we have toddlers!!!! You mean to tell me YOU have a loaded gun not locked away around YOUR toddlers?"*

This is usually followed by a look of fear and exasperation aimed at my wife (if she's present). She usually just shrugs and says nothing. She doesn't like that I have loaded guns in the house, but I didn't ask her. When the time comes that our home is under threat, it's not her job to get in the way and protect the family...that would be mine. I think most married women with children would be forced to agree with that. And since that's my job, I'm not letting her emotions and fear stop me from having the proper and necessary tools to get the job done as best as I can possibly do it.

This is what I am trying to get through to the Men of these women in my life who are all blue-pilled and controlled by fear from the manufactured consensus of the media. You may fear your wife or girlfriend being upset that you have loaded firearms in the house...but what all family men should really fear, is what happens when someone with a gun invades your home and disposes of you quickly as you try to use a bat or a knife to protect your hearth and home. Since you brought a baseball bat to a gunfight, your women and your children are now at the mercy of an invader as you lay bleeding and dying on the floor.



At the age of three, as soon as they can steadily walk, I take my kids into the mountains with an assortment of firearms and set up targets and practice my marksmanship for about an hour or so. I make the child stand right next to me (with appropriate ear and eye protection, of course) to feel and observe the power and deadly capabilities of individual man's most important tools for defending his rights, his freedom and his family.

Even with ear protection, the experience of feeling the explosive vibration of gunfire sticks. I have zero fear of my offspring attempting to get a hold of my loaded guns and accidentally discharging it. They *know* exactly what guns are and how dangerous and destructive they can be. Most kids first exposure to firearms nowadays, are from watching tell-a-vision and the movies. The portrayal of firearms as tools of fictional heroes getting the bad guys has a much different effect on a child's views of firearms, than if their first impressions are formed from actually experiencing the reality of firearms and their sheer force and destructive capacity up close and personal.

My children have been taught from the moment they can walk, what exactly guns are and what they can do. Because of this, they won't even touch them...even when I try to get them to handle them when they are unloaded, as I try to teach them their first lessons on how to hold and aim them properly.

That is my own regularly scheduled programming for the children of my household with regards to firearms.

When they are old enough, they will learn the way of the gun.

When the time comes, anyone trying to invade my home will be faced with not just one armed man, but an armed and trained man with his armed and trained children as well.

We live in interesting times...and current trends seem to indicate even more interesting times are coming. Don't let your woman's hamster unduly influenced by mass media programming, emasculate you into a state of disarmed helplessness when you may only have seconds to act.

Hawaii First State to Put Gun Owners in National FBI Database

Keoni Galt · 27 June 2016 · Archived copy · Original



So it looks like the classic "pass a bill and sign it on the weekend so it goes down the memory hole by Monday..." tactic just got employed by T.H.E.Y. (The Hierarchy Enslaving You), here in Hawaii.

While the Democrats in congress grabbed all the headlines with their staged 60's college hippie style sit in at the Capitol, Hawaii's leftist stooge Governor just signed away all of the previously confidential personal information of Hawaii's law abiding gun owners to begin filling up the FBI's national gun owners database:

Hawaii Becomes First State to Put Gun Owners in FBI Database

> Hawaii Governor David Ige signed the bill Thursday, which allows police to enroll firearms applicants and individuals who are registering their firearms into “Rap Back,” a Federal Bureau of Investigation database that monitors criminal activities by people under investigation or in positions of trust, *Reuters* reported.
> The law takes effect immediately. “Rap Back” allows Hawaii police to be notified when a Hawaii firearm owner is arrested anywhere in the U.S. In addition, the law allows Hawaii police to evaluate whether a firearm owner should continue owning a gun after being arrested.
>
> This move comes after a sit-in by Democrats to support gun control measures that would keep people on the no-fly list from buying a gun.

I just read this bill. What it really looks like to me, is an amendment to Hawaii's original Firearms acquisition and registration legislation to provide gun owners personal data to the FBI. When they first passed the original State gun registration laws, it was stated that all information pertaining to registration would be strictly confidential and only appropriate State Law Enforcement Agencies would be able to access it and usually only under court order.

This new law now requires Hawaii to ~~cross check~~ input citizen's registration information into a brand new National FBI criminal databases before allowing a person to legally register their firearm here in the State of Hawaii.

Up til now, we've always had a State run background check that used the NICBCS - National Instant Criminal Background Check System. The amendment to this requirement crosses out the NICBCS, and mandates background checks using new FBI database system:

> The police department shall perform an inquiry on the applicant using the Criminal Justice Information System and the National Law Enforcement Telecommunications System, including the Immigration and Naturalization Service query therein, National Crime Information Center, National Instant Criminal Background Check System, and pursuant to section 846-2.1 before any determination to register a firearm is made.

Hawaii has always been one of the States the liberal/leftist/progressives have targeted for new legislation T.H.E.Y. eventually want to take nationwide. We have a solid constituency of liberal Democrats that run the State and can be counted on to pass anything the progressive left wants to do. For instance, back in the 90's, Hawaii was the first place they tried to get Same Sex Marriage passed (it failed dramatically as a referendum vote. As liberal as Hawaii is, in the 90's, gay marriage was still largely considered a deviant lifestyle by most of us living here).

Here we are 20 years later and gay marriage is the law of the land in all 50 States....

We are also the first State to have Obamacare styled health care laws passed (even before RomneyCare). When Clinton first got elected in '92 and Hillary tried to spearhead the National health care initiative as the First Lady, she modeled her proposals after Hawaii's employer-provided HMO system.

Here we are almost 30 years later, and Nationalized health care is the law of the land in all 50 States....

Anyhow, the significance of this news appears to me to be this: before this legislation, The State of Hawaii was mandated to keep all Gun registrant info private and confidential, and only allowed to be accessed by court order. Under the old system, Hawaii could only run a check on the NICBCS and if your name popped up, they would deny you the right to register your gun and confiscate it from you.

Now all of Hawaii's gun registration info will be provided to the FBI for these new national Databases aka - the FBI is now creating a national database of all gun owning, **law abiding** citizens in Hawaii...info such as name, address, contact info, fingerprints, firearm make and model and serial no., etc.

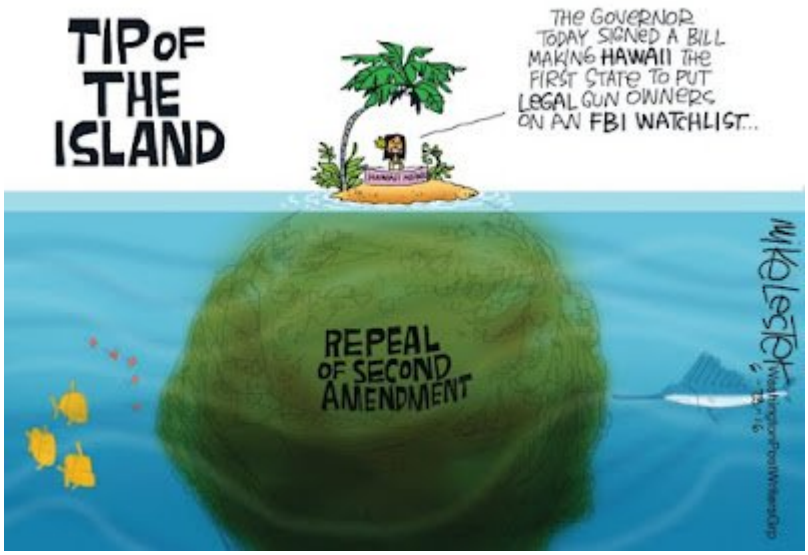
Hawaii is the first, look for this to eventually spread to all 50 States. All of the blue left coast liberal run States will follow suit quickly, while the red right wing states may put up a token resistance.

I'm rather pessimistic about our centralized Federal Government in D.C. and the FBI and their motives here. It couldn't be more blatant. This is a major step towards total information awareness T.H.E.Y. have been working towards.

Mark my words, T.H.E.Y. want one centralized, nationalized database of ALL U.S. legal gun owners to rule them all...it is the first step towards eventual nationwide gun banning and eventual confiscation. Hawaii is the first....guaranteed we won't be the last.

Let's see how much the pro-Second Amendment groups across the nation take heed to what just happened here this weekend out in the middle of the Pacific.

The war against the Second Amendment for the US has just escalated.


TIP OF THE ISLAND
THE GOVERNOR TODAY SIGNED A BILL MAKING HAWAII THE FIRST STATE TO PUT LEGAL GUN OWNERS ON AN FBI WATCHLIST...
REPEAL OF SECOND AMENDMENT
mykelesterfer

In Dependency USA Inc.

Keoni Galt · 9 July 2016 · Archived copy · Original



IN DISTRESS, July 4th, 2016.

When in the Course of human events, it becomes necessary for the People to refuse and resist the internationalist Powers That Be to effect a systematic program to gradually and inexorably dissolve the ethnic, cultural, religious and moral traditions of the People that once forged the States and Nations of a just and moral Civilization, to assume among the powers of the earth, the separate and equal station to which entitle them to a decent respect, to lay bare their designs in administering social justice and collectivist solidarity to achieve their vision of world peace under a single union beholden to international governance and population control through total information awareness.

We hold these manufactured truths to be self-delusion, that all women, minorities, races, creeds, genders and sexual orientations are officially designated as EQUAL, that they are endowed by their democratically elected regional representatives and their Corporate sponsors and lobbyists with certain unalienable Rights, that the underlying motive for promoting such is to disenfranchise and dispossess the aboriginal and naturalized inhabitants; for importation of foreign consumers and human resources imbued with naturalized rights; among these are the right to receive affirmative preference over native populace in all commercial, judicial, legal affairs, including entitlement program access.

That to secure these rights to effect total market domination of the People, Executive Boards are instituted amongst the Franchises, deriving their unjust powers from the consent of the Corporate lobbies and Political Action Committees who fund them.

That whenever any Form of Government-Industrial-Complex becomes destructive of these ends, it is the Right of the Shareholders to alter or to abolish the executive board under the cover of meaningless exercises of Democracy, and to institute new Administrative Organizations, laying its foundation on such principles and organizing its powers in such form, as to them shall seem most likely to effect their Executive Pensions, Company Shares and Severance Packages, regardless of the state of the current market and the financial, physical, and spiritual health of

it's consumer bases.

Prudence, indeed, will dictate that Executive Boards long established should not be changed for light and transient causes; and accordingly all experience hath shewn, that market segments are more disposed to suffer, while evils are sufferable, than to right themselves by abolishing the forms to which they are accustomed.

But when a long train of abuses and usurpations, pursuing invariably the same Object evinces a design to reduce them under absolute Despotism, T.H.E.Y. take it as their right, their duty, to outsource such inefficient operations, and to reorganize and provide new Human Resources and Capital for their future security of a Multi-national corporate entity that takes primacy over the former organization known as the united States of America --Such has been the sufferance of these Franchises; and such is now the necessity which constrains them to alter their former Corporate Culture. The history of the office of the Chief Executive Officer, is a history of repeated injuries and usurpations, all having in direct object the establishment of a hostile take over of these Fifty Franchises and assorted subsidiaries and affiliates. To prove this, let Facts be submitted to a candid world.

T.H.E.Y. have refused to enforce Laws and the Bill of Rights in the Nations foundational documents, those that are the most wholesome and necessary for the public good.

T.H.E.Y. have abrogated and rescinded many of the provisions that formerly guaranteed the safety, security and the pursuit of happiness amongst the various niche markets of consumers; and when other laws such as border security and strict requirements for naturalized citizenship for non-native migrants have been upended, T.H.E.Y. have utterly neglected to attend to them.

T.H.E.Y. have refused to pass other Laws for the protection of large segments of People, unless those People would relinquish their Second Amendment right to bear arms free of onerous regulations, a right inestimable to the People and formidable to tyrants only.

T.H.E.Y. have called together administrative agencies and Federalized entitites at places unusual, uncomfortable, and distant from the depository of public Records, for the sole purpose of fatiguing the people into compliance with their measures.

T.H.E.Y. have dissolved former institutions founded on the promotion of the common good of the nation repeatedly, for opposing with manly firmness their invasions on the rights of the People.

T.H.E.Y. has refused for a long time, after such dissolutions, to cause others to be elected; whereby the Legislative powers, incapable of Annihilation, have denied to the People at large for their exercise; the Nation remaining in the mean time exposed to all the dangers of invasion from without, and convulsions within.

T.H.E.Y. has endeavoured to prevent the population of these States; for that purpose obstructing the Law Enforcement of detaining undocumented Foreigners; refusing to pass others to encourage their migrations hither, and raising the conditions of new Appropriations of vast tracts of Federal Lands to restrict them from usage by the general populace at large.

T.H.E.Y. have obstructed the Administration of Justice, by refusing to Assent to Laws for establishing the checks and balances between Executive, Legislative and Judiciary powers.

T.H.E.Y. have made Judges dependent on their will alone, for the tenure of their offices, and the amount and payment of their salaries.

T.H.E.Y. have erected a multitude of New Offices, and sent hither swarms of bureaucrats and administrative agencies to harrass our people, and eat out their substance.

T.H.E.Y. have kept among us, in times of peace, Standing Armies of militarized Police Forces with the purchased Consent of our corrupt legislatures.

T.H.E.Y. have affected to render the Military independent of and superior to the Civil power, and prepared to initiate martial law across the entire land at the stroke of the Chief Executive Officer's pen.

T.H.E.Y. have combined with others to subject us to a jurisdiction foreign to our constitution, and unacknowledged by our laws; giving his Assent to their Acts of pretended Legislation:

For Quartering large bodies of armed, militarized police forces and Federal Agencies among us:

For protecting them, by a mock Trial, from punishment for any Murders and tresspasses which they should commit on the Inhabitants of these States:

For outsourcing our trade and manufacturing to all parts of the world:

For imposing onerous and privacy violating Tax structures on us without our Consent:

For depriving us in many cases, of the Bill of Rights found in the founding Constitution's Amendments:

For transporting our soldiers beyond Seas to export democracy by militarized force to secure Central Banking Usury and Fiat Financing Operations; For abolishing the free System of American Constitutional Laws, establishing therein an Arbitrary administrative bureaucratic leviathan, and enlarging its Boundaries so as to render it at once an example and fit instrument for introducing the same absolute rule of despotic tyranny into these States:

For taking away our Charters, abolishing our most valuable Laws, and altering fundamentally the Forms of our culture and society:

For suspending our own traditions of faith and commonly held morality, and declaring themselves invested with power to legislate for us in all cases whatsoever.

T.H.E.Y. have abdicated Government here, by declaring us as terrorists and potential insurgent threats and waging War against us.

T.H.E.Y. have plundered our seas, ravaged our Coasts, burnt our towns, and destroyed the lives of our People.

T.H.E.Y. have at this time transporting large Armies of foreign Mercenaries to compleat the works of death, desolation and tyranny, already begun with circumstances of Cruelty & perfidy scarcely paralleled in the most barbarous ages, and totally unworthy the Head of a civilized nation.

T.H.E.Y. constrained our fellow Citizens taken Captive by covert intelligence agencies and trained to bear Arms against our Country, to become the executioners of their friends and Brethren, or to fall themselves by their Hands, so as to offer justification for the further imposition of despotism and tyranny.

T.H.E.Y. have excited domestic insurrections amongst us, and have endeavoured to bring on the inhabitants of our frontiers, the merciless criminals from third world masses, whose known rule of warfare, is an undistinguished

destruction of all ages, sexes and conditions.

In every stage of these Oppressions, we have Petitioned for Redress in the most humble terms: Our repeated Petitions have been answered only by repeated injury. An organization whose character is thus marked by every act which may define a failed commercial venture, is unfit to be the consumer goods supplier to the nation's various niche markets.

Nor have We been wanting in attentions to our Brittish, Canadian, European and Australian brethren. We have warned them from time to time of attempts by the Non-Governmental Organizations and the International Montary Fund of the United Nations to extend an unwarrantable jurisdiction over us all. We have reminded them of the circumstances of our emigration and settlement here.

We have appealed to their native justice and magnanimity, and we have conjured them by the ties of our common kindred to disavow these usurpations, which, would inevitably interrupt our connections and correspondence. They too have been deaf to the voice of justice and of consanguinity. We must, therefore, acquiesce in the necessity, which denounces our Separation, and hold them, as we hold the rest of mankind, Enemies in War, in Peace Friends.

We, therefore, the Shareholders of the United States of America Inc., in General Congress, Assembled, appealing to the Supreme Judge of the World for the rectitude of our intentions, do, in the Name, and by Authority of the good People of these Franchises, solemnly publish and declare, That these United Franchises and their associated subsidiaries are, and of Right ought to be Free and Independent States; that they are Absolved from all Allegiance to the United Nations Inc. at Rockefeller Plaza in New York and the Corporate Headquarters of USA Inc. in the District of Columbia, and that all political connection between them and all Fifty Franchises, is and ought to be totally dissolved; and that as Free and Independent Franchises, they have full Power to Secede, conclude Peace, contract Alliances, establish Commerce, and to do all other Acts and Things which Independent Franchises may of right do.

And for the support of this Declaration, with a firm reliance on the protection of divine Providence, we mutually pledge to each other our Lives, our Fortunes and our sacred Honor.



Getting Paid to Deny Disrupt Degrade & Deceive

Keoni Galt · 31 July 2016 · Archived copy · Original



Everyone on teh Interwebz is aware of trolls, trolling behavior, and people who leave comments or post in forums that seem to follow a particular agenda of disrupting, dividing, or degrading the quality of discourse on a wide variety of topics.

Many people seem to be under the assumption that most trolls are not a problem, and simply loser-basement-dwelling creeps with nothing better to do than seek cheap thrills by ruining the overall experience for those folks who are genuinely interested participants in what they think are intellectually honest, online discussions.

> "...most trolls have discovered that they can't elicit anything more mild annoyance from me and thereby give up...
>
> ...The crusader-troll attempts to DISQUALIFY DISQUALIFY the blogger by presenting alternate narratives to the blog readers."

In the case of Vox Day, he's certainly correct that trolls aren't really a problem on both his *Vox Popoli* and *Alpha Game* blogs, since he is quick to identify and ban any obvious trolls that appear in his prodigious and popular comment threads.

But while the obvious trolls are easily identified as unhinged ideologues and usually true believers in the $ocial Justice Warrior cause (indoctrinated liberal progressive adherents of cultural marxism -- useful idiots,) I believe the other, more insidious types of trolls, the paid shills and psy op agents are far more pervasive and common than honest to goodness "trolls." - a.k.a. stunted individuals looking for cheap thrills by being an asshole on teh Interwebz.



These shills are trained in tactics to generate a "desirable outcome" of promoting and reinforcing an established narrative, and they are paid for by shady business fronts laundering Government agency funds in service to a covert agenda of FedGov PsyOps, all to promote and reinforce PC establishment propaganda.

In other words, their exists an entire industry of cubicle farm-desk jockeys who get paid to do nothing more than sit in a boiler room styled setup at all hours and troll teh Interwebz.



You mean I've been trolling teh Interwebz all these years ***for free?!?!?***

Investigative journalist and author, Glenn Greenwald thinks this is one of the most important stories to arise from Edward Snowden's whistle blowing.

> Over the last several weeks, I worked with *NBC News* to publish a series of articles about “dirty trick” tactics used by GCHQ’s previously secret unit, JTRIG (Joint Threat Research Intelligence Group). These were based

> on four classified GCHQ documents presented to the NSA and the other three partners in the English-speaking “Five Eyes” alliance. Today, we at *the Intercept* are publishing another new JTRIG document, in full, entitled “The Art of Deception: Training for Online Covert Operations.”

> By publishing these stories one by one, our NBC reporting highlighted some of the key, discrete revelations: the monitoring of YouTube and Blogger, the targeting of Anonymous with the very same DDoS attacks they accuse “hacktivists” of using, the use of “honey traps” (luring people into compromising situations using sex) and destructive viruses. But, here, I want to focus and elaborate on the overarching point revealed by all of these documents: namely, that these agencies are attempting to control, infiltrate, manipulate, and warp online discourse, and in doing so, are compromising the integrity of the internet itself.

> Among the core self-identified purposes of JTRIG are two tactics: **(1)** to **inject all sorts of false material onto the internet** in order to destroy the reputation of its targets; and **(2)** to use social sciences and other techniques **to manipulate online discourse and activism to generate outcomes it considers desirable.**

One excellent case study of this attempt to achieve a "desirable outcome" is demonstrated by the now infamous attempted cover up and censorship related to the Quinnspiracy.*

Most denizens of teh Interwebz would have never even heard of this five-timing slut cum "game developer" if it weren't for the Striesand effect that caused the story to go viral and turn into #GamerGate. By exposing the moderators at reddit and 4chan as compromised agents, the topic of shills being paid to troll teh Interwebz became widely accepted as conspiracy fact (as opposed to regularly dismissed as "conspiracy theory.")

During this entire debacle, the Vulture of Critique blog, linked to an article that may have revealed at least one possible source for the seemingly inexplicable and sudden heavy-handed moderation at 4chan:

> In early 2008, the owner/administrator of 4chan was approached by representatives af the Arizona ICAC in cooperation with the U.S. Department of Justice and federal Immigration and Customs Enforcement.
>
> The agents approached 4chan’s administrator following a year-long investigation into the site. Of concern to the Doj, ICE, and AZ-ICAC representatives was the routine trafficking of Child Sexual Abuse (CSA) images and links on 4chan.org’s /b/ board among others.

So agents of FedGov approached 4chan regarding allegations of regular trafficking of child porn occurring on 4chan's servers. After some "negotiations" with 4chan to cooperate in a "honeypot" sting operation that did not get the desired results, the FedGov actually seized the physical hardware of 4chan and set it up in their own controlled facility to supposedly catch kiddie porn hustlers.

> Beginning shortly after the cooperation between 4chan’s administrator and law enforcement began, the administrator of 4chan was advised by the law enforcement agencies working the case to stay off of /b/ completely. **Later he was ordered to remote all “civilian’ moderators/janitors from /b/ and to hand the /b/ moderation accounts exclusively to the law enforcement agents working 4chan –** so they could more quickly trap and take down CSA materials.

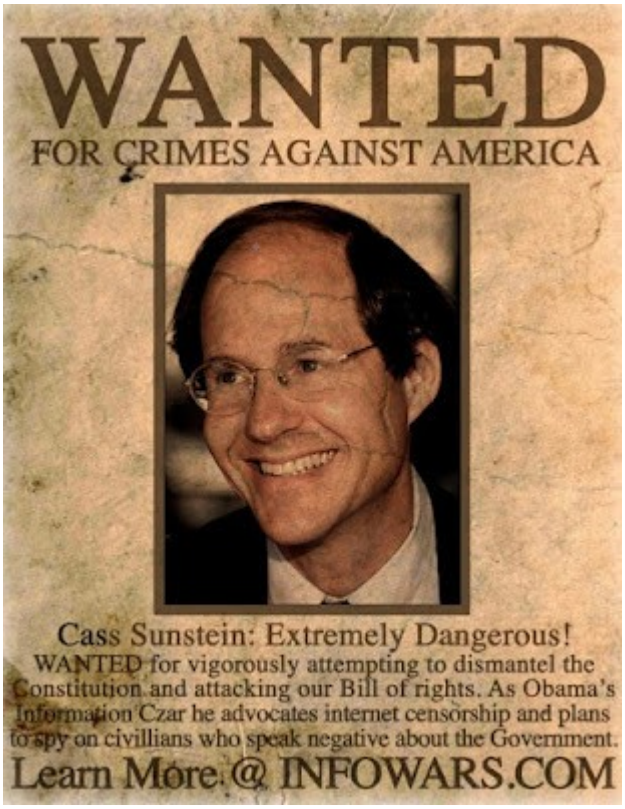
> Finally. and also earlier this year 4chan's servers WERE effectively "seized." **They were moved out of the old data center in Los Angeles and placed into a nearby facility directly controlled by an unnamed federal law enforcement agency.** There's now just plain gigabit Ethernet fiber between the web site's current tier 1 transit provider and the 4chan servers inside that factlity with no commercial hosting provider involved to speak of. This I have no further information on or what the implications are.

So, folks, if 4chan is now actually a FedGov sting operation *since at least 2008*, what does that imply given 4chan's apparent cooperation in the collusion of all the other Gamer-Journo sites and Reddit's attempted cover up of the "Quinnspiracy?"



Does all this sound utterly ludicrous and too fantastic to be true? Take heed...as previously noted, in his first term, President Barack Obama appointed Cass Sunstein as the head of the Office of Information and Regulatory Affairs.

> *Sunstein advocates that the Government's stealth infiltration should be accomplished by sending covert agents into "chat rooms, online social networks, or even real-space groups." He also proposes that the Government make secret payments to so-called "independent" credible voices to bolster the Government's messaging (on the ground that those who don't believe government sources will be more inclined to listen to those who **appear** independent while secretly acting on behalf of the Government).*



It's no crackpot theory that the Federal Government of USA Inc. is engaged in psy-op mindwars on teh Interwebz. It's an openly admitted policy from an administration official who publicly advocated for such measures before he was appointed head of an Executive Branch Office.



Exciting Career Opportunities with the NSA-DHS-DoD-CIA-OIRA CyberWar Industrial Complex!

But it's not just FedGov of USAInc. that's doing this. We are living in the age of converging Globalism. Note the following from The Secret Playbook of Internet Trolls:

> It is well-known that foreign governments and large companies troll online...

I still remember quite clearly the first time I encountered the idea of paid shills infesting the Interwebz. It was a piece entitled I Was A Paid Internet Shill that was originally posted at the Above Top Secret Forum, that quickly went viral. I remember when I first read it, that I didn't quite believe it at the time.

Despite the Above Top Secret forum moderators locking the thread and declaring the original post was a hoax...it seems to me that ATS got converged and ordered to do some damage control. Note the link to the *Truthseeker* blog had the following updates posted to it:

> Update 1/12/2013: CLN has received a takedown notice asking us to remove this article on the basis that “It is libelous and utterly false” from someone claiming to be a legal agent of Above Top Secret’s parent company. We are currently investigating and will post status updates as they become available. The original thread now appears to have vanished from Above Top Secret’s website.
>
> Update 1/17/2013: We have requested clarification regarding the takedown request and have not received a response. We will provide updates on any new developments.

Somebody somewhere didn't like this "hoax" existing on the web. In 2012 when I first read the confession, it sounded ludicrous and improbable. At the present, I now believe the original posting is probably true in it's entirety. The tactics and training described in the post certainly fits the modus operandi of the more obvious cases of shill trolling one can find almost anywhere on teh Interwebz in 2016:

> If a poster wrote something close to “X,” we were supposed to respond with something close to “Y.” “You have to mix it up a bit, though,” said my trainer. “Otherwise it gets too obvious. Learn to use a thesaurus.” This section also contained a number of hints for de-railing conversations that went too far away from what we were attempting. These strategies included **various forms of personal attacks, complaining to the forum moderators, smearing the characters of our opponents, using images and icons effectively, and even dragging the tone of the conversation down with sexual innuendo, links to pornography, or other such things.** “Sometimes we have to fight dirty,” or trainer told us. “Our opponents don’t hesitate to, so we can’t either.”



Apparently, the lying and deceit and acting like an asshole became too much for our ex-shill whistleblower to deal with:

> After a while of doing this, I started to feel bad. Not because of the views I was pushing (as I said, I was first apolitical, then pro-Israel), but because of the dishonesty involved. If my arguments were so correct, I wondered, why did we have to do this in the first place? **Shouldn't truth propagate itself naturally, rather than through, well…propaganda?** And who was behind this whole operation, anyway? Who was signing my paychecks? The stress of lying to my parents and friends about being a "consultant" was also getting to me. Finally, I said enough was enough. I quit in September 2011. Since then I've been working a series of unglamorous temp office jobs for lower pay. But at least I'm not making my living lying and heckling people who come online to express their views and exercise freedom of speech.

A professional troll had an attack of conscience? Stranger things have happened....

In conclusion, we must strive to remember that no matter what job any of us do, no matter how hard, laborious or dirty we may get to earn our scrip wages to survive in our Brave New World Order, there is always a worse job than yours. I certainly couldn't live with myself if my main vocation was being a paid troll.

Relevant Links:

Confession of a Hillary Clinton Shill

Astroturfing Information Megathread

Dispelling Internet Disinformation Tactics – Debunking the Debunkers

Disinformation Strategies Exposed – Please Don’t Feed The Trolls

Paid Internet Trolls

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* This post has been sitting in my draft folder for almost two years - hence the links to old articles and citing old news events like the beginning stages of #GamerGate.

I had forgotten about this draft until reading Vox's recent post at Alpha Game about dealing with trolls, which reminded me I had an unfinished post on the topic.

I Got Vaxxed

Keoni Galt · 30 August 2016 · Archived copy · Original



> "No thank you, I don't want any shots."
>
> "But you said you think it was a nail that cut you open...do you have any idea what tetanus lockjaw does to you? I've seen it, and it is terrible. There is no cure! I'm NOT letting you leave here without a tetanus shot."
>
> "I will clean the cut out with povidine-iodine three times a day, I've had worse wounds than this. Besides, I had a tetanus shot within the last decade."
>
> "Looking at your medical records right here, you haven't had one in twelve years. If you don't think you need it, than why did you come here?"
>
> "Well, I thought I may have needed stitches, and I wanted to make sure the tendon had not been damaged."
>
> "Ok....I still say you need a tetanus shot. You can still clean it every day with the Povidine surgical scrub, and in fact that is a good idea...but the tetanus may already be in your blood stream. You HAVE to get this shot! Of course I can't force you, but I'm telling you, you really should get the tetanus shot! Trust me, lockjaw is nothing to fool around with!"
>
> "*Sigh*....alright, I'll take the shot"
>
> "Perfect. I'll send the nurse in with it in a few minutes."

Letting the emergency room Doctor break down my resolve and convince me I needed the shot was a decision I would soon regret for months to come.

In my state of surrender and submission to his dogged insistence, I blithely signed the permission form in abject defeat without reading it, then gritted my teeth and let the nurse stick me with the vial of what I thought was *just* a tetanus shot.

Only after she withdrew the needle and bandaged the injection wound, did I bother to look down and read the release form I had signed just prior to the inoculation.

> "Wait a minute...this isn't a Tetanus shot, it's the DTaP Vaccine?!!?" Why did I have to get the vaccine for Diptheria and Pertussis too?"
>
> "They don't make a single Tetanus shot anymore. Besides, now your inoculated against Pertussis...you do know that it's been going around lately, don't you?"
>
> Had I known you were giving me the DTaP vaccine, I would not have let you give me the shot!"
>
> "You signed the release form where it clearly states you are receiving the DTaP, sir. It's too late now..."

The nurse rolled her eyes at me and stalked out of the treatment room with an air of contempt.

"Ah well, what's done is done," I thought to myself as I left the hospital.

If only I got off that easy.

I spent the next two months suffering from an immune system that had gone haywire from the triple-dose vaccination. Every little potential allergen I encountered would cause severe reactions from an uncontrollable runny nose and puffy, watery eyes, to incessant asthmatic episodes causing me to go through my medication like candy.

Prior to the injury that lead me to submitting to the Pharmaceutical-Healthcare-Industrial-Complexes inoculation protocol, I had largely brought my lifetime conditions of allergies and asthma under control through careful, mindful eating of real food,and a vigilant routine of keeping my domicile as clean as possible.

In the past five years, an asthma rescue inhaler would last me six to eight months. I rarely had to use it...perhaps a dose or two once a week or so. Prior to the lifestyle changes I embarked upon since joining the Paleo-tard Cult, I had to use the damn thing about three to four times a day.



After getting vaxxed, I was using it six to eight times a day, just to keep breathing clearly. I also went through cases of kleenex dealing with incessant allergy attacks. A whiff of a strangers perfume or cologne...some errant auto exhaust, or the tendrils of cigarette smoke were all it took to trigger an asthma and/or allergy episode. Just the dust kicked up from scooping my chicken feed from the bin was enough to trigger an allergic event that had me scrambling for my rescue inhaler.

In addition to my hyper-sensitivity to allergens, I also contracted two different head/chest colds that had the latter episode turn into a case of bronchitis, as well as a bout of stomach flu. These are things that I have not experienced in years, prior to getting that damnable injection.

Which of course led me to once again donning my tin foil-constructed Conspiritard cap and log on to teh Interwebz and do some research. This time I went far more in-depth on the topic of vaccinations than I had before...and what I found was indeed mind bending.

When I first joined the Paleo-tard Cult, I noted the following:

> We are a CONSPIRACY Cult, because many of our tenets and proscriptions are based on the realization that there does in fact exist entities and organizations that are in fact profiting off of making sure the average person eats the wrong foods and suffers the ill effects so that they can make themselves rich selling you pharmaceutical treatments that alleviate or mitigate the symptoms for those conditions. These entities are in the Government, the media and the educational institutions, as well as various industries.

What I think I've discoverd goes far beyond that initial supposition I had back then.

So first things first, I research the DTaP vaccine. What I found was positively infuriating. Before I even went to the conspiratorial outposts of the lunatic fringes of teh Interwebz, I looked at the holy grail of Science -- The Institute of Manufactured Consensus -- a.k.a. Pub-Med, and found a rather illuminating abstract on the topic:

> **Effects of diphtheria-tetanus-pertussis or tetanus vaccination on allergies and allergy- related respiratory symptoms among children and adolescents in the United States.**
>
> ABSTRACT
>
> BACKGROUND:

> Findings from animal and human studies confirm that diphtheria and tetanus toxoids and pertussis (DTP) and tetanus vaccinations induce allergic responses; associations between childhood vaccinations and subsequent allergies have been reported recently.
>
> OBJECTIVE:
>
> The association of DTP or tetanus vaccination with allergies and allergy-related respiratory symptoms among children and adolescents in the United States was assessed.
>
> METHODS:
>
> Data were used from the Third National Health and Nutrition Examination Survey on infants aged 2 months through adolescents aged 16 years. DTP or tetanus vaccination, lifetime allergy history, and allergy symptoms in the past 12 months were based on parental or guardian recall. Logistic regression modeling was performed to estimate the effects of DTP or tetanus vaccination on each allergy.
>
> RESULTS:
>
> The odds of having a history of asthma was twice as great among vaccinated subjects than among unvaccinated subjects (adjusted odds ratio, 2.00; 95% confidence interval, 0.59 to 6.74). The odds of having had any allergy-related respiratory symptom in the past 12 months was 63% greater among vaccinated subjects than unvaccinated subjects (adjusted odds ratio, 1.63; 95% confidence interval, 1.05 to 2.54). The associations between vaccination and subsequent allergies and symptoms were greatest among children aged 5 through 10 years.
>
> CONCLUSIONS:
>
> DTP or tetanus vaccination appears to increase the risk of allergies and related respiratory symptoms in children and adolescents. Although it is unlikely that these results are entirely because of any sources of bias, the small number of unvaccinated subjects and the study design limit our ability to make firm causal inferences about the true magnitude of effect.

Reading this brought back a jarring memory. I have always told everyone that I have had a "lifetime" of asthma and allergies. That I was born with it.

Only I wasn't. It only seems like it because I've been suffering with the affliction for almost four decades. But what I had forgotten...and now remember quite clearly, was my first real asthma attack that required an emergency room visit. I had been running around at recess playing kickball with my classmates when I was in the Fourth Grade while attending my local public school, and after taking my seat at the start of the next class period, I realized I was wheezing and had an acute shortness of breath. I had to go to the school Nurses office and my Mother had to come and pick me up and take me to the emergency room. After receiving an albuterol updraft treatment, I was given my first prescription asthma rescue inhaler.

This memory coincides with another one I had from that same time period. Just prior to that first asthmatic event, I had stepped on a nail when my friends and I were playing at a construction site near our neighborhood. My Mother took me to the hospital where I received a tetanus shot. I know my memory as far as my age is not suspect on this, because one of the things my Mother gave me when I became an adult and moved out on my own, was my immunization records that I still have in my safe with all my other legal documents. I checked before writing

this....and sure enough, the date of my tetanus shot coincides with my time in the fourth grade...i.e. I was nine years old at the time.

"DTP or tetanus vaccination appears to increase the risk of allergies and related respiratory symptoms in children and adolescents."

The realization hit me like a lightning bolt. All of the suffering, middle-of-the-night emergency room visits, all of the drop-outs from events and activities because of my "condition" as a kid. The several hospitalizations I've endured when the rescue inhaler was not enough to stop the attacks. The endless experiments with a multitude of medications with a wide array of side effects, some unpleasant and others downright debilitating; all of it, most likely caused by that vaccination I initially received when I stepped on a nail as a little boy.

Over thirty years later, after getting vaxxed again, and suffering the auto-immune responses for months after, I for one am thoroughly convinced. I stand with the much vilified and ridiculed Jenny McCarthy.



Wackaloon....I like it. Sounds almost as catchy as Conspiritard....but I digress.

My recent research on the topic of vaccinations had me delving into the history of the practice and events that have been linked to the practice of injectable "preventative medicine." As I am a veteran navigator of the fetid fever swamps of the Conspiritard fringes of the interwebz, I found a plethora of websites that attributed a number of historical events that are officially considered organic "outbreaks" of deadly and debilitating diseases...like the Spanish Flu and Leprosy, to the more modern era epidemics of AIDS, ebola, swine flu and bird flu... all linked to the practice of malevolent and diabolical "preventative medicine" by injection.

Anyone interested in looking into the same corners of the fetid fever swamps of Conspiritard land that I did, should start here: Online Books by William Tebb.

To summarize....from a mind shielded by my hand-fashioned tin foil barrier from the hysteria inculcated by mass media and converged institutionalized indoctrination, and understanding the way in which the controllers of our Brave New World Order use Abracadabra and their satanic principle of inversions, I've come to the inescapable conclusion in my Vaxx-fevered mind, that the very thing we are supposed to gaining protection from by getting vaccinated, is it's precise source!



Of course, I must end this post with the obligatory disclaimer. I am not a Doctor, nor do I play one on teh Interwebz. Don't take your healthcare management advice from me. I'm just a Wackaloon Conspiritard that dares to do my own research and think for myself and ignore the conventional wisdom of mass media approval and the scientific-community-consensus.



You've been warned.

Putting A Fork In It

Keoni Galt · 19 October 2016 · Archived copy · Original



Aside from the fact that I've been a regular reader over at Vox Popoli for well over a decade, I enlisted amongst the rank and file of the Vile Faceless Minions because I believe our Dark Lord of the Evil Legion of Evil deserves all the credit and support he can get for taking his efforts to oppose the continuing convergence of our culture and society not just online as a keyboard warrior in the mindwars of cyberspace, but also in teh real life. He is leading the way showing those of us who are *awake*, that we don't have to take the continued SJW convergence of our institutions, social media and other mediums of thoughts and expressions lying down...that we CAN actually do something to fight back.

SJW's converged Science Fiction? Our Dark Lord went and co-founded his own damn publishing house and is now producing literary works with themes and narratives that have been largely suppressed by the traditional publishing houses seeking to control the narrative.

Alt-Right folks getting shadow-banned or outright banned on Twitter? He's one of the leading users and supporter for Gab, a new social media platform alternative, which unlike Twitter, is dedicated to upholding real free speech for it's participants.

While leading thousands on an exodus from an SJW converged mainstream social media platform and founding a successful publishing house of best-selling, politically incorrect literature are both major accomplishments by our Dark Lord in the 21st Century culture wars in our Brave New World Order, it his latest act of counter-insurgency that I hope grows into his most successful venture to date.

It is the badly needed and long overdue answer to the SJWs attempted control of the narrative by manufacturing

consensus with heavy handed and persistent censorship and suppression of politically incorrect topics on Wikipedia.

By forking the preeminent online encyclopedia of the world-wide Interwebz to establish Infogalactic: Planetary Knowledge Core, our Dark Lord has made what I think will ultimately prove to be his most significant contribution in leading the counter-insurgency against the SJWs global convergence efforts towards totalitarian thought policing and mass mind control.

One of the first posts Vox made after the launch of Infogalactic, was to compare the Wikimedia page for Mike Cernovich versus the Infogalactic page for him. While the differences between the two pages are quite instructive and show precisely why Infogalactic was a badly needed alternative in the first place, the first thing I searched for when I checked out our Dark Lord's latest project, was to see if Infogalactic had a page for Thomas Ball.

To those of you who have frequented these fringes of the fever swamps on teh Interwebz for years now, that name may ring a bell. He was the man who self-immolated on the steps of a New Hampshire family court, in protest of the systemic injustice that had subjected him to divorce rape and parental alienation from his young children.



"Face it boys, we are no longer fathers...we are piggy banks."

I had stopped linking to Wikipedia over five years ago and avoided using it as much as possible myself during that time, after watching them memory hole Thomas Ball's page back in 2011. Looking for his page as my first search on Infogalactic gave me a surprise...it appears that the thought police at Wikipedia had allowed a recent re-posting of a Thomas Ball page to remain published, since two "acceptable sources" were cited by the recently re-created page.

The "acceptable sources" excuse is one of the primary means for Wikipedia's SJW editors at-large to rationalize and justify deleting any pages they deemed unacceptable to the politically correct narrative they seek to enforce. This is also one of the primary ways in which Infogalactic differentiates itself from Wikipedia. As Infogalactic's

main page notes:

> "The foundational principles by which Infogalactic operates are very different from the Five Pillars of Wikipedia. These principles are known as the Seven Canons of Infogalactic."

Wikipedia's second pillar, *"All articles must strive for verifiable accuracy, citing reliable, authoritative sources..."* was the previous justification for the deletion of Thomas Ball's page in 2011.

Here are a few Wikipedia Thought Police editors arguing for deletion of that page:

> **Delete** - Most of the sources cited in the article are non-RS -- mostly opinionated blogs. From the few reliable sources, I conclude that this guy's life was pretty much of a mess and he committed suicide, choosing a highly visible method and leaving a long rambling note. That's all. The fact that men's rights bloggers have decided to reinvent him as a men's rights activist who died for their cause does not make it true, and it does not make the details of his biography notable. Wikipedia is WP:NOTNEWS, nor a memorial site, nor an online venue for promoting causes by turning deceased people into martyrs. --Orlady (talk) 18:24, 23 June 2011 (UTC)
>
> WP:NOTNEWS. Every day in many cities there are newspaper stories on topics like "local man kills self", "police officer shot and killed", and "convenience store clerk killed in robbery." The fact that those stories are published in reputable and reliable newspapers does not make the story topics into topics for encyclopedia articles. And Wikipedia doesn't base articles on what bloggers think. --Orlady (talk) 19:15, 23 June 2011 (UTC)

> **Delete** WP:BIO1E. 90% of the references are in context of people bloging about how horrible it is. Simply too soon to see how this is going to stick in the history. Not opposed when more verifyiable and reliable sources write about it. Hasteur (talk) 18:32, 23 June 2011 (UTC)
>
> **Delete** Fails WP:EVENT. The vast majority of the refs provided fail WP:RS. Blogs can't be used to establish notability. - Burpelson AFB ✈ 18:37, 23 June 2011 (UTC)
>
> **Delete** - no evidence of actual notability; see WP:BIO1E, WP:COATRACK and (odd though it might seem) WP:UPANDCOMING for my reasoning - the latter to address the "it's getting more famous everyday among people who read the same websites I do" arguments from people coming here as a result of the outside canvassing effort. --Orange Mike | Talk 20:41, 23 June 2011 (UTC)

In 2016, it seems that we finally have this verifiable accuracy from an authoritative and reliable source, as a new new page was published and allowed to stand just months before Infogalactic forked Wikipedia and went live. So now Thomas Ball has pages on both sites now.

While I consider that a good thing, it's still far too little, far too late. The undoubtedly financially compensated shills and would-be Thought Police of Wikipedia can go fork themselves. They have now been rendered obsolete. We have no reason any longer to ever have to deal with their censorship and subversion again, now that we have a viable alternative to use in their place.

Here's to making *Infogalactic* a success....I urge all who read this who blog and comment on teh Interwebz to

eschew citing Wikipedia ever again. You now have the means to do so while still getting all of the utility Wikipedia used to provide, since it's all there on Infogalactic as well.

Best. Election. Ever.

Keoni Galt · 10 November 2016 · Archived copy · Original



Don't Worry Sheeple, Everything Will Be A-Okay!

So I guess it's the dawn of a new era to make America Inc. great again. If the exuberance of the Alt-Right blogomandrosphere is to be believed, the Fourth Reich of LiterallyHitler's triumphant ascendance to the Oval office heralds the ending of the century-long SJW-convergence of the nation and the beginnings of a great re-birth of the idealistic nation that represents the penultimate peak of western civilization..

Don't get me wrong, anytime an overtly evil, murderous communist-witch satanist and her flying monkey pedo-hordes are overtly rejected by a majority of the nation, it is a good sign that this country is not nearly as lost, fallen and degraded as our National Media and Entertainment-Propaganda complex likes to project...



DING DONG THE WITCH IS DEAD!

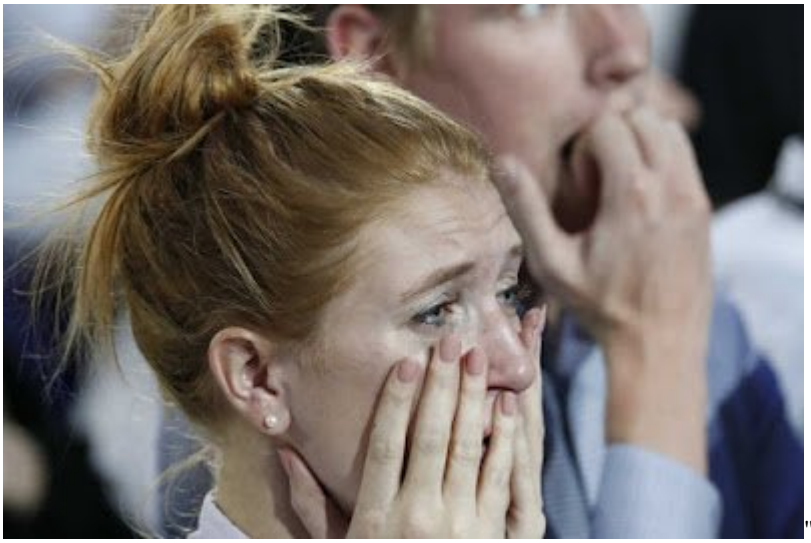
...and the post-count shadenfreude spectacle alone makes this the best DuhMockRuhSee episode ever...pure, delectable, deliciousness in spades!

Speaking of which...

We now interrupt this irregularly scheduled deprogramming to bring you some of the best images ever captured in American politics in my lifetime:



"How can this be happening?!?! NOBODY I KNOW voted for Trump!"



"REALLY!?? WOW...JUST WOW...I CAN'T EVEN!"



"What will we tell our daughters?"



What is best in Life? To crush your enemies, to see them driven before you, and to hear the lamentations of their women!

Unfortunately I think it's about to be all downhill from here. Hopefully I'm wrong, and just totally jaded and cynical due to having been thoroughly disillusioned with voting and elections since I last voted for Dubya in 2004. I haven't voted since.

But I sincerely hope The Donald proves me wrong. If he even accomplishes half of what he promised during the campaign, he will certainly restore some of the luster that has been lost since the Clintons first disgraced the Oval Office with their degenerate occupancy decades ago.

Hell, if he even halfway stems the tide of both legal and illegal immigration, repeals both Common Core and Obamacare, I'll consider that some serious swamp draining, and I'll finally get off my ass and re-register to vote and rejoin the ranks of Americans who exercise their voting privileges in 2020 to continue Mein TrumpenFuhrer's program to MAGA.

Will our glorious TrumpenFuhrer build the wall and kick all the illegals out like he promised? Maybe...but it

appears that he's already walked that particular campaign issue back...but that doesn't mean much in my book. As I already said, I don't think building a wall is really the answer. Besides, there's still the other wall that is still being built by the establishment that needs dismantling if America can ever truly become great again....



Despite my cynical skepticism, I do have a tiny glimmer of hope that I'm dead wrong, and that this latest episode of American Democracy Theater signals a real beginning for authentic hope and change. When Trump cracked the following joke at the Catholic charity dinner the day after the final debate, he may have foreshadowed his real motivation for taking on the establishment and running for an office that pretty much guarantees a very large paycut for him:

> "Everyone knows, of course, Hillary's belief that, 'It takes a village,' which only makes sense, after all, in places like Haiti, where **she's taken a number of them.**"

At that event, that joke went over like a lead balloon. I didn't really get it either...but it's meaning seemed to become horrifically clear after Wikileaks 28 exposed ties to child trafficking by Clinton's cronies in the earthquake ravaged country.



Need more details? Best roundup I found so far: The Clinton Child Sex Trafficking Network: A Comprehensive Guide.

As the resident Whackaloon Conspiritard out on these fringes of the fever swamps of teh Interwebz, I've read my share of Conspiracy theorizing regarding Trumps true motivations for running for the Presidency during the past year. The theory's range from him being a Judas Goat for the Globalist Elite, who will lead us all into World War III to commence the long-planned culling of the sheeple herds to Maintain Humanity in Balance With Nature, to him wanting to have a great nation for his grandchildren to grow up in...to this all being nothing more than a man who simply wants to feed his already enormous ego by becoming the leader of the most powerful country in the world as a sort of merit badge of achievement for personal aggrandizement.

Of all these various theories, the one I like best and hope for the most, is the one that supposes that while yes, he certainly is an "insider," the theory goes that he got close to the inner circles of power and discovered the evil filth of the degenerate scum that partake in deplorable events like "Spirit Cooking" are really the norm amongst the upper echelons of our political elite, and that his primary motivation to take the office of the Presidency is to put an end to this evil once and for all.



What Cooked Spirits Look Like

His joke about Haitian villages at the Catholic charity dinner seems to lend this particular theory some serious heft. It looks to me like he actually stood there and told Hillary to her face why he's REALLY running for office. While I still have my doubts, I still have my hopes. I hope he proves me wrong, and brings these evil elitist perverts and degenerates to justice. That would certainly go a long way towards Making America Inc. Great Again!


MAKE AMERICA
GREAT AGAIN

Another Female First

Keoni Galt · 11 November 2016 · Archived copy · Original



Proof that women can succeed in politics despite our sexist, misogynistic society!

With the ascension of MeinTrumpenFuhrer to the Oval Office, his campaign manager, Kellyanne Conway has become the first Woman in American herstory to ever successfully manage a Presidential campaign to victory!



"Mein Fuhrer, don't forget to tell that joke about Hillary taking those Haitian villages at the Al Smith dinner!"

No feminists could be reached for comment about such a herstorical milestone being reached...most were otherwise occupied with wailing and gnashing their teeth.



November 8, 2016...a day that will live in infamy!

With the ever growing number of women who reject the label "feminist," perhaps it's about time the ladies of the long march to smash ~~patriarchy~~ civilization, begin to examine the possible reasons for why they are failing to appeal to the next generation of females to join their ~~cause~~ cult. After all, if it wasn't for the first and second waves of the feminist movement, Kellyanne Conway could not have reached the pinnacle of achievement in Presidential Campaign Management!



Because they marched then, we now have our first successful female Presidential Campaign Manager!

After they reckon the importance of their movement in giving women like Conway the opportunity for such success in our irredeemably sexist society, maybe they can also come to terms with their other previous failures in recognizing other notable women in American herstory as well.

It's time to give feminism it's just due!



I'm Keoni Galt, and I approve this message!

H/T Bob

How Far Down the Hole Can You Go?

Keoni Galt · 3 December 2016 · Archived copy · Original



Have you put those glasses on yet?

The more you "take the red pill" and see how far the rabbit hole goes, the higher up you climb the allegorical pyramid of "illuminated" knowledge that enables you to literally and metaphysically SEE the satanic paradigm that rules this world. The esoteric, the gnostic, the occult...secret societies, cabals, cartels and syndicates...shadow governments...all mere facets of the one conspiracy that rules them all:

The conspiracy of eternal revolution against God the Father and His Son.

Trying to really see the big picture can be mind-numbingly paralyzing when it overwhelms your formerly unquestioned conceptions of reality. Only by learning to question *everything*, will you be able to train yourself to discern *anything* that truly matters.



Don't believe it? Believe it.

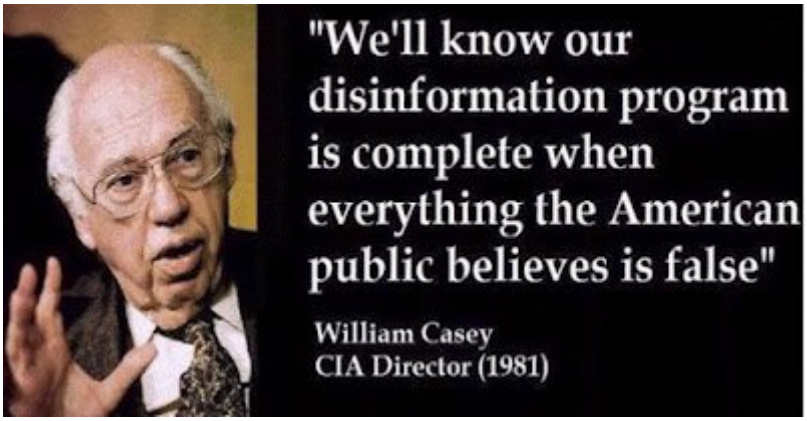
There are so many aspects, side trips and penumbras that easily waylay and take the would-be truth seeker off the path and lost forever in the mind-swamp of beautiful lies covering up the ugly truths of life on this plane of existence. I've gotten lost more times than I can count. But in the end, I like to think I eventually found my

way...because as He told us all, His is the only way.
And finding your way to Him is the only answer that will ever work.

For you see, the problems of this life really are quite simple to comprehend, once you accept the existence of Prime Evil as a very real force and not just the concoction of fairytale myths to scare us all for mere amusements in our mass media's regularly scheduled programming of Infotainment and Celebridolatry.

A man far wiser than I once said the you will know them by their fruits. But in this world shaped and controlled by the cultivators of the poisonous fruits of deceit, lies and delusional illusions, discerning which of the fruits are poisonous, and which are wholesome and nourishing are very difficult indeed. Many are those who gather up grapes of thorns and figs of thistle, and think they gather an abundance of wholesome and delicious nourishment. This is because we have all been taught that up is down, black is white, good is bad and evil is cool.

Most of the poisonous fruits that will destroy us, are hidden in plain site and we are too blinded to see, because we've been imbibing of these fruits of deceit and deception for our entire lives. In most cases, it wasn't even a choice we were offered, we were force fed this shit from birth and simply don't know otherwise.



EVERYTHING?!

The light bringer, the fallen angel cast out of heaven, the serpent cursed to crawl on his belly in the dust, the androgynous malevolent entity that offers the kingdom, power and glory of the world to those it would tempt...the lord of lies will offer it all, if you are willing to pay the price and sell your soul.

Which brings us to the very bottom of the rabbit hole, and this sucker is deep indeed.

For what does it mean to sell your soul? Does it involve scrawling occult symbols on a dirty floor, lighting up some candles and incense, and chanting gibberish incantations in a foreign tongue to summon an entity in which to bargain with? Do you cut yourself with a blade to seal your pact in blood? Or do you simply need to shake the devil's hand to seal the deal without all the elaborate trappings prescribed by those who publicly proclaim their allegiance?



The Church of Satan Carnival Show

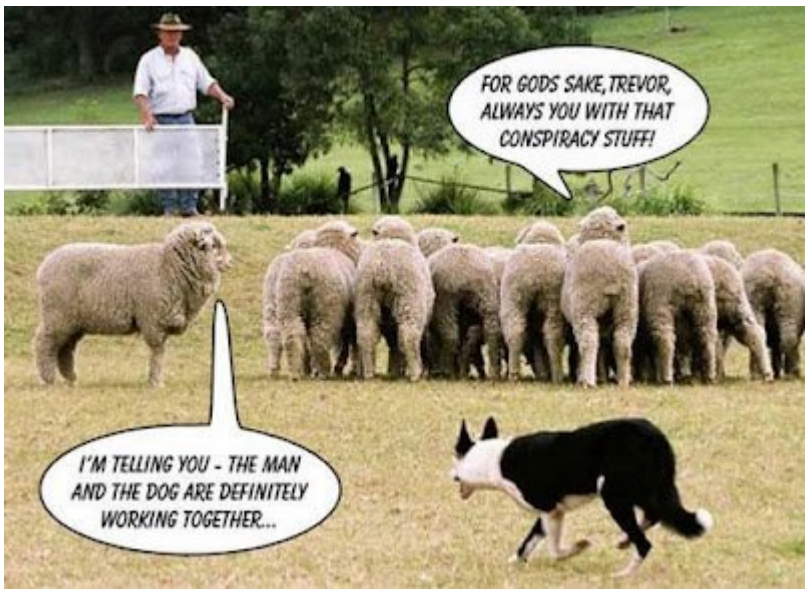
Only those who have really done so, know the precise details of how such transactions are really made.One need not plumb the depths of occult practitioners writings or read the Satanic Bible or other tomes of demonology and devil worship...nor read the history of pagan worship in antiquity to understand what precisely goes on when humans sell their souls for worldly gain. You don't need to, because I already have, and I'm here to try and tell you in layman's terms what this is all about.

Christ showed us the only way to salvation and heavenly glory. The followers of the Anti-Christ have their own plans, and it involves indulging, debasing, corrupting and degrading anything and everything that Christ told us was our only path to salvation.

Ye shall know them by their fruits, and those fruits are foul indeed. All manner of sexual perversion, murder, and other extremely vile acts of evil like beastiality, cannibalism and necrophilia are the thorny fruits of those who have sold their souls. The price for worldly gain that the devil requires, is your participation in the debasement, corruption and destruction of all that represents purity and innocence.

> Ye are of your father the devil, and the lusts of your father ye will do. He was a murderer from the beginning, and abode not in the truth, because there is no truth in him. When he speaketh a lie, he speaketh of his own: for he is a liar, and the father of it. - John 8:44

As regular readers know, I've spent a few years now researching various topics that are tangentially related to what normie blue pill sheeple plugged into the matrix and trapped in the cave immediately dismiss when they encounter the magic trigger words inculcated by our regularly scheduled programming: CONSPIRACY THEORY.



It's no theory. It's THE ETERNAL REVOLUTION of the father of lies against our Father in Heaven and the ultimate Truth.

And the key to understanding the primary act in carrying out this eternal revolution, is the foul act they consider to be their most sacred sacrament and rite in worship of their father of lies...that is the demonic act of pedophiliac sodomy. In the eternal revolution, sodomy is the tie that binds the conspirators together.

That is ultimately the price you are required to pay if you seek the Kingdom Power and Glory of this world.

When you are first inducted into ~~the conspiracy~~ the eternal revolution, they get you to compromise yourself in little ways. They get you to bend your morality a little here and a little there. As you rise up in the ranks, you will be required to take oaths of secrecy before more of the "mysteries" are revealed. This should be a red flag right there if you join an organization that asks of you to take an oath to be a member....

> "Again you have heard that it was said to those of old, 'You shall not swear falsely, but shall perform your oaths to the Lord.' But I say to you, **do not swear at all**: neither by heaven, for it is God's throne; nor by the earth, for it is His footstool; nor by Jerusalem, for it is the city of the great King. Nor shall you swear by your head, because you cannot make one hair white or black. But let your 'Yes' be 'Yes,' and your 'No' be 'No.' **For whatever is more than these is from the evil one.** - Matthew 5:33

At first, you're gradually seduced by relatively normal hetero-sex based temptations that will lead you to become compromised. The more you are compromised, the higher up the ranks you rise...for you cannot rise unless those on the higher levels have something over you to exert and control you with.

So they got pics and vids of you banging a hooker or participating in an orgy, and as you get initiated into the higher echelons of their power structure, you are made to realize that breaking your oath will result in your wife and your kids and all your friends getting the hard evidence of your infidelities you were seduced into committing. Now you are exactly where they want you, and you are now worthy to ascend to the higher levels of "knowledge and

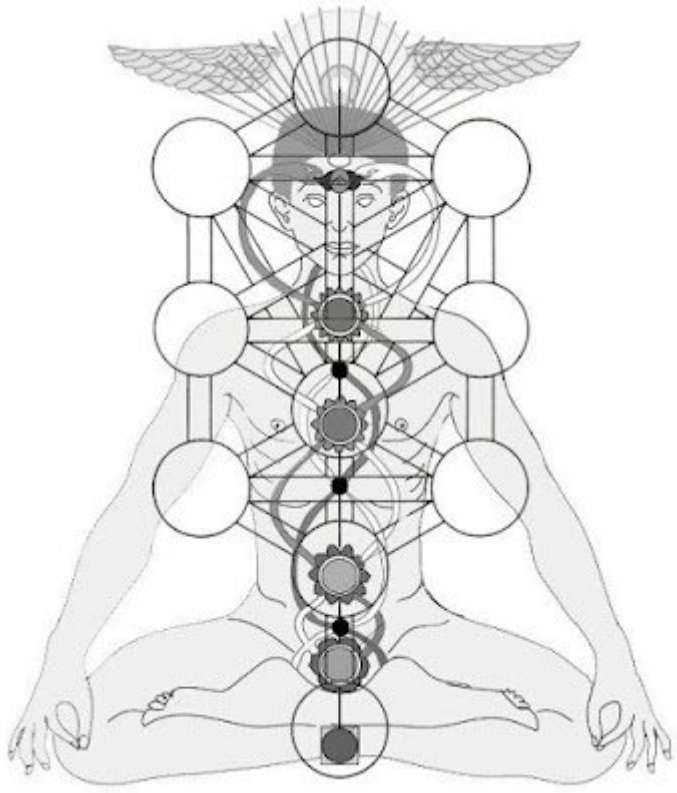
illumination."

Before you know it, you are witnessing pedophiliac sodomy, torture, murder and other vile acts of pure evil, and you are bound by your oaths as well as a very real fear of retribution on not just you, but anyone you hold close and love. So you keep your mouth shut, and that makes you an accomplice. At that point, your soul is now sold. It's only a small step further and a matter of time before you partake of the acts yourself.

Welcome to hell.

Those who have done the deal learn to revel in lust and gluttony as they wallow in their evil. They eventually come to take great delight in their depredations. They have given themselves over to their reprobate minds and devolved into literal beasts with their indulgence in the most vile of sins. What you also must realize, is that in the end, this is really what it is ALL about. THEY hide it in mystical sounding gobbledygook. They call it "gnosis" and "illumination" and "knowledge" and "enlightenment." Mysticism, occultism, gnosticism, paganism....it's all a bunch of fancy words used with flourish to use the allure of enigma to suck the susceptible in to their workings of their eternal revolution of ultimate damnation.

They talk about "illumination" by "opening the third eye" aka stimulating the Pineal gland in the brain through "Kundalini serpent sex magik" or unlocking "cosmic life force" coiled in the Muladhara gland located at the sacral bone at the base of the spine. From the tailbone to the brain, this is the so-called the "Tree of Life" where the serpentine life force resides. By unlocking the life force coiled in the Muladhara gland, the third eye can thus be opened, causing 'illumination.'



Let not such fancy words and allusions of mystical magik fool you. This vile sickness is really quite simple when you state plainly what they are really doing.

They are all about the act of raping little children, even (ESPECIALLY) infants and toddlers, in the ass.

Hocus pocus...Abracadabra! Strip away the veneer of sorcery, incantations, wards, symbols, and all other dressings of mysticism and the like, and let us comprehend what these sickos are doing: they fuck children in the ass as their form of "worship."

Of course that is not all they do, but it is the primary act that they consider the "key to Illumination" and it creates "the tie that binds." That Muladhara gland at the base of the tailbone, and when it is traumatized by the physical act of violent sodomy, generates a nervous system shock that travels up the 33 vertebrae of the spine and into the pineal gland in the brain. The trauma induced by the physical violation reportedly causes the victim to experience brilliant flashes of bright light in their brain as they are being ritually sodomized. This is the "sex magik" they refer to. This is the "illumination" they seek to both experience and to pass on to victimized children. For those victims who are not tortured and sacrificed to death, of those who survive, they go on to create the next generation of sodomite satanist pedophiles.That is the only way these reprobates can reproduce.

This brutal torture on little children also causes "disassociation." The victims go "somewhere over the rainbow" or "through the looking glass" or some other mental place where they are unaware of the trauma they are undergoing. It is a simple survival mechanism for their minds to survive and hold on to some shred of sanity from the torturous violation of their body they are forced to endure. In the disassociated state, they are then susceptible to literal programming by these satanic sodomites from hell. In that state of disassociation, that is where multiple personalities are "created" for their various sick purposes.



Artwork from Kim Noble, survivor of sodomite pedophiliac programming.

One can read up on MK Ultra mind control programming, and delve into the symbology at places like The Vigilant Citizen. You can learn to decode all of the symbols and phrases and other assorted gobbledygook they employ to reference their most unholy of sacraments considered the ultimate rite of their worship. Most sources you find, will typically allude to "torture" and "trauma induced" mind control. Yes, these sick deviants certainly indulge in all manners of evil lusts, extreme torture, bloodletting, scatological corruptions and other twisted concoctions of bodily fluids for ritualistic consumption.



But never forget the primary act used to create mind controlled slaves is the ritual sodomy that traumatizes the brain through the spinal column from the violation of the anus to creates the conditions to program fractured, multiple personalities in the victims. Sodomy is the tie that binds the inter-generational conspiracy since antiquity.

This of course, is the sick, twisted stuff of nightmares that finally got some serious exposure with the revelations from WikiLeaks that we now know of as "Pizza Gate." Most people in teh Real World that I know, have only heard of WikiLeaks from controlled narrative outlets (both left and right), and at worst, they only are aware of financial dealings, shady money laundering schemes of the Clinton Foundation etc.

During a brief moment in time just prior to the election of Trump as the next President, a large number of folks jumped on the bandwagon of amateur internet sleuthing and research, and a crowd-sourced big picture quickly emerged, exposing the elite international ring of pedophiliac sodomite pornographers and child traffickers embedded in the highest echelons of power in the government and media. The eternal revolution was exposed on numerous social media platforms.

As soon as it began to gain traction and awareness began percolating through social media and the alt-right on teh Interwebz, the "powers that be" - those bound by their oaths of collusion and most likely themselves participate in this eternal revolution of damnation - closed ranks and censored, expunged and attempted to bury the revelations of their methods on teh Interwebz. Twitter, Facebook, 4Chan, Reddit and Wikipedia in conjunction with a number of old media entities like the NYT, colluded to promulgate the meme that "PizzaGate" was nothing more than "Conspiracy Theory" promoted by "fake media."

Fortunately, the veterans of other cyber campaigns like GamerGate that have experienced such censorship movements in the past were ready this time. Everything got backed up, archived and is now found at the new, un-converged hub for exposing the vile sodomite satanists and their unholy appetites for the most deviant of vices in worship of their lord of lies. Most of the work done has been saved and can be seen over at Voat's sub thread: #Pizzagate: Investigating corruption, child trafficking and abuse uncovered in the wikileaks podesta emails.

Even more importantly, to those who have taken to the real time and effort to research and understand this all, we now have a solid means of identifying the corporations and organizations who are no doubt involved in this all as well..."Ye shall know them by their fruits."

Vox offered a great example of this collusion by Big Social Media by comparing the Infogalactic entry and the Wikipedia entry regarding Pizzagate:

> **WIKIPEDIA:**
>
> Pizzagate may refer to:
>
> Pizzagate, pizza thrown at former football manager and player Sir Alex Ferguson by an Arsenal Football Club player in the 2004 "Battle of the Buffet"
> Pizzagate, a 2016 conspiracy theory falsely claiming the existence of a child trafficking ring involving the Washington, D.C. restaurant Comet Ping Pong
>
> **INFOGALACTIC:**
>
> Pizzagate is a crowdsourced investigation by citizen journalists into an alleged connection between child trafficking and people closely associated with Hillary Clinton. The investigation began in October 2016 after Wikileaks released the Podesta emails, which contain 58,660 emails[1] from the Gmail account of John Podesta, who was the chairman of Clinton's 2016 U.S. presidential campaign. Investigators exchanged information online via Twitter, Gab, 4chan, Reddit, and Voat.[2][3]

The commisars of the controlled narrative have spoken! Nothing to see here sheeple, move along....go back to sleep!

But to those who seek the Truth, you shouldn't be surprised at the latest findings of the crowd sourced investigation at Voat have uncovered...behold: Jimmy Wales CEO of Wikipedia is Covering Up Pizzagate. Jimmy Was a Porn King!

> Did you know that Jimmy Wales was a porn king who sold online pornography before launching Wikipedia? Wikipedia Knowingly Distributed Child Pornography before in the past and dealt with the FBI.
>
> Here is a good article I found:
>
> 10 Facts About Wikipedia Founder That Will Shock The Hell Out Of You http://archive.is/H6cN8
>
> Some suspicious Wikipedia editors on pizzagate and background on them:
>
> 1. Richard Arthur Norton https://en.wikipedia.org/wiki/User:Richard_Arthur_Norton*(1958-)*
>   This guy was the first to say pizzagate on wikipedia is a "debunked conspiracy theory". This guy is very suspicious and may even be involved with Aaron Swartz death! His profile shows he has access to New York Times and JSTOR. New York times is behind the fake news pysop and please read the following links below to better understand Aarons death and JSTOR.
>
>   You can see his badges on his profile or view them here https://sli.mg/w9pYfR
>   http://rense.com/general95/swartz.html https://en.wikipedia.org/wiki/JSTOR
>   https://en.wikipedia.org/wiki/Aaron_Swartz#JSTOR
> 2. Ian Thomson https://en.wikipedia.org/wiki/User:Ian.thomson
>   Ian claims to be part of the occult on his profile
>
>   "A debunked[1] 2016 conspiracy theory started by an Alt-right Twitter account and spread by 4chan

> users,[2] regarding a Washington, D.C. restaurant and concert venue Comet Ping Pong"
>
> "'I'm aware that disambig pages normally don't have references, but a lack of citations is going to encourage alt-right trolls and those gullible enough to fall for their fantasies."
> https://en.wikipedia.org/w/index.php?title=Pizzagate&oldid=752253058
>
> On his profile he claims to have rewrote "this article about some conspiracy theorist garbage." Which links to David Dukes book Jewish_Supremacism.
>
> https://en.wikipedia.org/wiki/Jewish_Supremacism:_My_Awakening_to_the_Jewish_Question
>
> 3. clpo13 https://en.wikipedia.org/wiki/User:Clpo13
> This user made sure to make sure it says "falsely" after one user corrected it saying "(removed word "falsely". That is only the opinion of the writer, the conspiracy theory has neither been proven nor disproven)" clpo13 changed it back right away. He was able to do so because he has some special twinkle privilege that is for "vandalism".
> https://en.wikipedia.org/w/index.php?title=Pizzagate&direction=next&oldid=752560360
> 13 is an occult number.
> clpo13 also changed comet ping pong wiki to made sure it said falsely
> https://en.wikipedia.org/w/index.php?title=Comet_Ping_Pong&direction=next&oldid=752560924
>
> I am sure there may be more stuff. We really need to dig into these editors who are trying to manipulate the pizzagate wikipedia.

The first reply to that voat thread about Wikipedia CEO reveals just how converged Wikipedia has become with sodomite pedophiles and their enablers.

> I made a whole thread about Wikipedia's connections to pedophilia a few days ago. But here are the highlights:
>
> - Erik Möller, No. 2 at Wikipedia, a defender of pedophilia - https://archive.fo/yr9NF
>
> - Wikipedia leader Erik Möller: "Children are pornography" - https://archive.fo/4Eblx
>
> - Why Sue Gardner hired a pedophilia supporter to run Wikipedia - https://archive.fo/mWc1e
>
> - The Wikimedia Foundation's Erik Moller problem - https://archive.fo/g0ZrX
>
> - Wikipedia founder tries to remove alleged kiddie porn, then gives up editorial privileges - https://archive.fo/kLtm2

Ye shall know them by their fruits. With the "mainstream" mass media has been running stories of "fake news" to try and cover the revelations of the sodomites and their conspiracy of sickness and depravity, we now have a clear picture of exactly who they are and what organizations they are in control of by watching their blatant dishonesty employed to cover up the practicing of their abominable evil.

For those of us who have looked into this, and know precisely what we are seeing, it can be quite difficult to try and enlighten others as to just what the hell is really going on here. The information found at voat is a great resource

and continues to grow as the crowd sourced investigations continues. But how to wake up the normies who may be open to accepting the ugly truths? We who are woke, cannot let this story die.

A good place to start would be the following infographic produced by one of the voat Pizzagate researchers, which you can download here, after the jump:

Infographic: PizzaGate - Just the Facts



Click to Enlarge

Fake News Fever Dreams

Keoni Galt · 11 December 2016 · Archived copy · Original



Serious comedy...or comedically serious? We report, you deride.

The consensus has been manufactured and the narrative has been coordinated worldwide. The talking heads on the tell-a-vision and the commissars that produce our digital print media have told us what to think about Pizzagate, and to even consider thinking otherwise or looking any further into the topic means we are raving whackaloon conspiritards suffering from alt-right fever dreams about fake news.

The fifth column in the fourth estate has spoken.

DON'T READ ANYTHING FOR YOURSELF.

DON'T WASTE TIME WITH FAKE NEWS.

WE HAVE TOLD YOU ALL THAT YOU NEED TO KNOW.

PLEASE RESUME YOUR REGULARLY SCHEDULED PROGRAMMING:

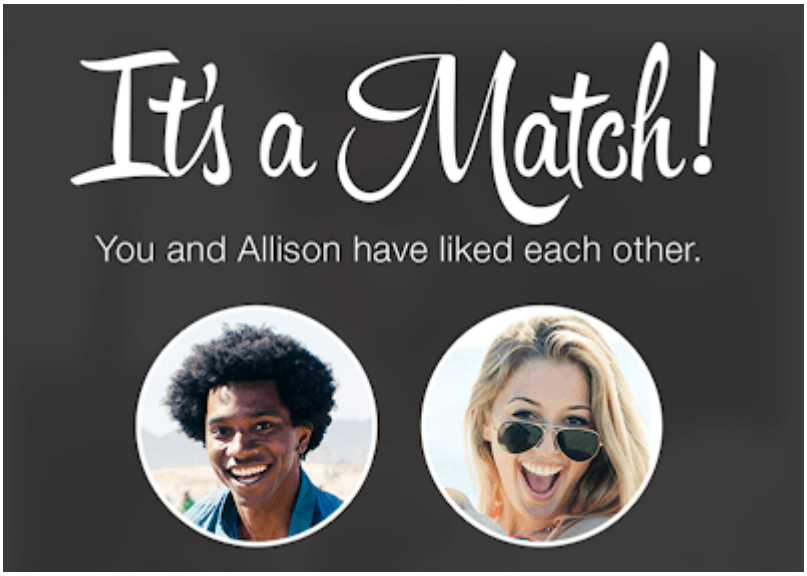



SALE
SALE
SALE
SALE
E13




UFC
UFC




It's a Match!
You and Allison have liked each other.

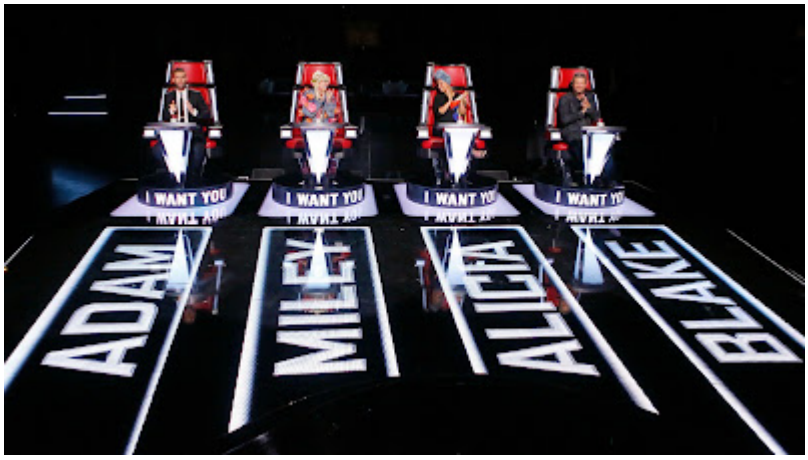



facebook


PORN
IS
GOOD
AND STUFF.




BUILD THE RESISTANCE AGAINST TRUMP
FIGHT RACISM
NOT MY PRESIDENT
FIGHT RACISM
FIGHT RACISM


I WANT YOU
I WANT YOU
I WANT YOU
I WANT YOU
ADAM
MILEY
ALICIA
BLAKE





Real Fake Weapons of Mass Distraction

Besides real fake newsmen on real fake news Infotainment comedy shows telling us what to think, former First Lady, Senator, Secretary of State and twice-failed Presidential candidate (isn't that the perfect capstone to her credentials!) also served we the sheeple fair warning:

> *"The epidemic of malicious fake news and false propaganda that flooded social media over the past year — it's now clear the so-called fake news can have real-world consequences,"*

While we may find Infotainment comedian RealNews™ anchors on cable tell-a-vision networks, having an apoplectic fit about the fake news problem rather humorous and entertaining, Hillary's warning should be taken far more seriously. After all, she has quite the track record of former associates who experienced the type of real-world consequences she ~~threatens~~ warns us about.



"After all, in places like Haiti, she's taken a number of them!"

I really wish this was all nothing but a bad Alt-Right fever dream. But once one is WOKE to the world as it is, there really is no going back.

So we trust what we see and go with our gut instincts when assessing the overwhelming circumstantial evidence in not just this case, but in the many other cases in the past that have similarities to the current scandal. Check out this bit of Fake News reported by former Head of the FBI in Memphis, Dallas and Los Angeles, Ted Gunderson:

So pay attention folks, when you find the time to take a break from your daily dose of 21st Century *panem et circenses*, only trust the RealNews™ to give you the straight dope on the current events of the day.

Afterall, as *Agnostic* over at *Face to Face* points out, you can only trust those reputable sources like the NewYorkTimes, WashingtonPost and ABC, they'll give you the RealNewsTM and protect you from the increasingly dangerous fake news!

> First, in late November the AP reported on a major pedophile ring in Norway being busted, leading to dozens of arrests, including two politicians. This report was picked up by the NYT, WaPo, and ABC, among others. All three major media groups have removed the story from their sites and archives, while it is still up on the AP's own site. See here and in the comments.
>
> A more thorough report from The Independent, UK, mentions that it was a tip by the FBI that led Norwegian authorities to launch their attack. Again we see that the FBI, at least the rank and file, are the good guys among

> the feds. The CIA are globalist traitors.
>
> The major media have suddenly decided to censor this story because they don't want Americans to have a broader pattern already in their minds, which the PizzaGate revelations could fit neatly into. You aren't supposed to have in the back of your mind a news item about a pedo ring being busted that involved several politicians. Otherwise you might be more accepting of the inevitable reports that John and Tony Podesta from Clinton world are involved in some kind of pedo ring.
>
> Desperately trying to erase this story two weeks after the fact, and on a weekend when hopefully nobody would notice, just shows that there is some seriously damning stuff going on here.

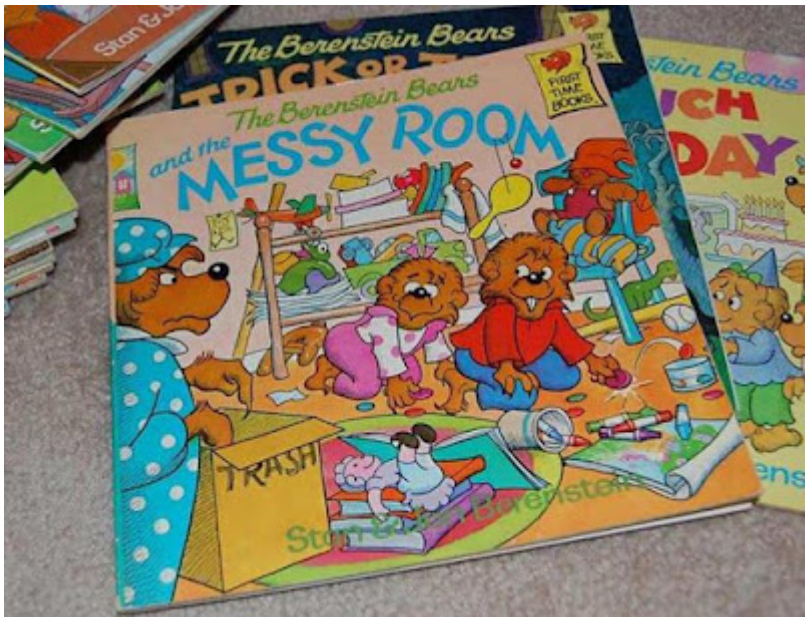
Of course, we've been living in a fever dream of fake news in a fake world for our entire lives, and for the first time, we are possibly seeing the one glitch in the matrix that has the possibility of blowing the entire mass deception wide open.



Click to Enlarge

Systemic Gaslighting PsyOps

Keoni Galt · 19 December 2016 · Archived copy · Original



Have you heard of the so-called "Mandela Effect?" It's a trending meme on teh Interwebz and it's making many folks apparently question reality and their grasp of sanity.

When I searched for "Mandela Effect" on Infogalactic, I got automatically redirected to the page entitled Confabulation.

> In psychiatry, **confabulation** (verb: **confabulate**) is a memory disturbance, defined as the production of fabricated, distorted or misinterpreted memories about oneself or the world, without the conscious intention to deceive.[1] Individuals who confabulate present incorrect memories ranging from "subtle alterations to bizarre fabrications",[2] and are generally very confident about their recollections, despite contradictory evidence.[3]

Given the lack of any content of the Discussion page for the entry, I suspected the content and the auto-redirect of my search terms originates with Wikipedia's propaganda information control psyops before Infogalactic forked it. So I did the exact same search at Wikipedia and sure enough, on the Talk page, I found the following:

> I returned to Wikipedia to post my rejection to Wikipedia rewriting the definition of the term **"Mandela Effect"** to replace the meaning of the term with a critical explanation for it. I discovered that the page has been removed altogether and that the term now brings one to this article, which doesn't even mention the term in it at all (yet this page is linked by the term.) - Neurolanis (talk) 10:05, 31 March 2016 (UTC)

Having only quickly skimmed over the topic after briefly encountering it while surfing through the fever swamps of my favorite haunts on the lunatic fringes of teh Interwebz, I decided to try and figure out what exactly this is all about.

So I consulted with Googliath and followed the ~~Dopes~~ Snopes link to see what the officially sanctioned, coordinated narrative on the topic is supposed to be:

> **The Berenstain/Berenstein Bears**
> No single example of the Mandela Effect has generated more online buzz than that of the children's book series and animated TV show *The Berenstain Bears*. Quite a few people who grew up with the series, it turns out, remember the title being *The Beren**stein** Bears*, with the name ending in "ein" instead of "ain" (with some even going to go so far as to maintain that the fictional bears' surname was changed along the way to make it "less Jewish"):
> A page on Broome's web site cites a number of testimonials:
>
> > I too clearly remember it as 'Berenstein' even though I never read the books. Why would anyone change that? Seems irrelevant.
> >
> > Does anyone remember the Berenstein Bears? I do. Although somewhere along the line the name has changed to the Berenstain Bears. No record of "stein" which is definitely how it was when i was younger. No question about it.
> >
> > I would like to say that I VERY CLEARLY remember "Berenstain Bears" being Berenstein Bears. I very specifically remember it being pronounced "STEIN" on the show.
> >
> > Didn't it used to be the Berenstein Bears? Now, suddenly it's the Berenstain bears? Is this some sort of anti-semitic cover-up? Or have those of us who grew up in the 1980's been misinformed, misread, and mispronounced?
>
> Clearly, something of interest is going on here, but what? How to explain the fact that many different people can share the same false memory? This, unfortunately, is where much of the Internet discussion on the topic veers into woo-woo territory.

The consensus has been manufactured and T.H.E.Y. have spoken. So let it be ~~written~~ re-written, so let it be done. If you clearly and distinctly remember the Berenst**e**in Bears as I do, you must certainly be confabulating.

Certainly it can't be an organized CONSPIRACY THEORY for the Government-Corporation-Foundation-NGO-Banking Cartel Industrial Complex and their useful idiot status whores and establishment cucks to collectively gaslight we the sheeple and make us think we are all losing our minds!

Snopes goes on to reference the more popular misformed disinformation memes that have been propagated to explain it all...the "woo-woo territory" that Snopes references involves ideas like parallel universes and virtual realities. It's a whole new world of conspiracy theory for us Whackaloon Conspiritards to 'sperg on!



According to the top Google search results, Wikipedia, Snopes, and the top meme's found on a Google image search, it has ALWAYS BEEN The Berenst**a**in Bears, and the only scientifically approved explanation for why you and I and so many other people remember it differently is mass mistaken memory!

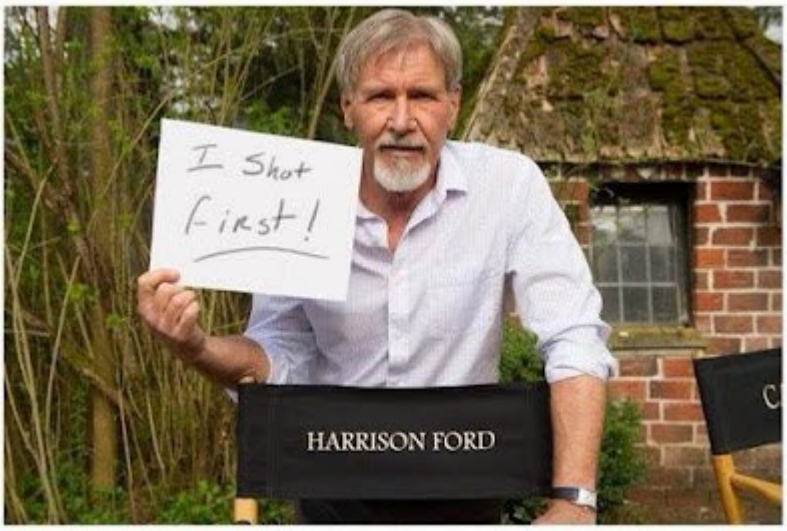
If you think there's something fishy going on here, and you distinctly remember otherwise, why you're just singing Looney Tunes...or is that Looney Toons?



Never mind the fact that in almost every case of research you do into "The Mandela Effect" involves fungible consumer products, sheeple feed, movies and Tell-a-vision shows....all of which are owned, copyrighted, marketed, distributed and/or printed, published or broadcast by entities that are interconnected into the Worldwide corporate control grid.

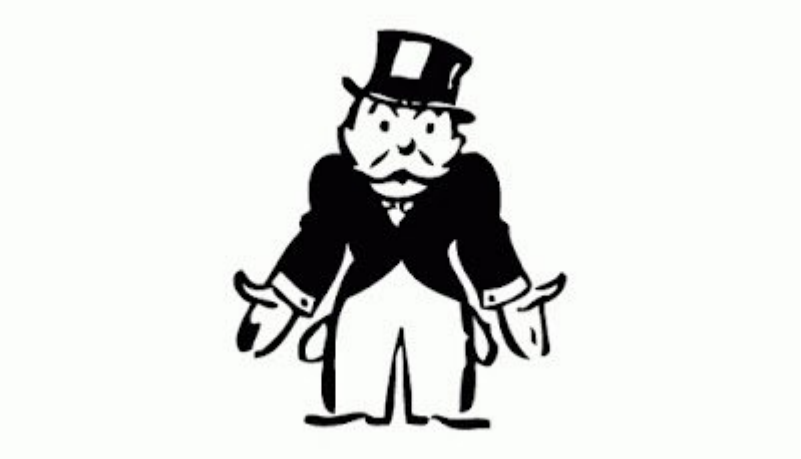
And all those folks involved in keeping the current system going...T.H.E.Y. couldn't possibly have a good motive for attempting to manipulate our minds like this, right?

Or is it some renegade transmissions from a parallel universe or glitches in our matrix computer simulation reality that's plaguing us with all this FakeNews our betters are working so hard to ~~distract~~ protect us from?


I Shot first!
HARRISON FORD

The Pretense of the Profit Motive

Keoni Galt · 3 January 2017 · Archived copy · Original



The problem with the average citizen's conception of economics as a career, a praxeology or as a scientific discipline, is the basic assumption that the profit motive is the primary force in all of mankind's endeavors. In free, semi-free and even semi-controlled market economies, the profit motive is certainly the dominant paradigm, and a useful means of measuring primary motivations for actions of both individuals and disembodied, abstract entities and organizations engaged in all of the economic activities of our society.

In other words, for any John Doe citizen who is a small business owner whom spends years honing his craft and providing his commercial services to his fellow citizens to make a profit to afford the lifestyle he wants to accustom himself to, the profit motive is pure. He knows that in the world of small business and intimate communities, reputation and word-of-mouth is everything, and doing his best to create symbiotic relationships that profits both himself and his community of customers and fellow citizens at the same time are the ultimate expression of mutual benefaction that is the supposed hallmark of "free market capitalism."

But the days of small businesses and individual entrepreneurship serving as the primary engine of the nations economic activities are no longer relevant to the current state of USA Inc. Here in "The Land of the Free," in 2017, while we the sheeple operate on the basic premise of the Profit Motive as the engine of productivity, wealth and health of our communities, the large Corporations, Non-Profits, Tax-Haven Foundations, Government departments and branches and PAC loobyist groups that make up the concentric rings of our cartel-controlled markets at the local, national and international levels, care not one whit for "making a profit."

Profit$ are chump change.

The people who control our Brave New World Order are the shareholders of the multi-national corporations that control almost everything bought and sold in the world today. These are they that call all the shots. And one of the primary corporations that they control is the Central Usury Cartel that controls the central banking systems in most of the world.

In other words, all the fabulously wealthy elites that own the shares in all the corporations (only 147 entities control nearly 40 percent of all of monetary value of transnational corporations in the world,) could give a shit about making "Profits." Profits is an idea for the proles to consume themselves with so that we don't notice the ever increasing and burdensome controls being implemented in a gradual but escalating pace.

They have usurped and deceived we the sheeple into accepting the take over of our economies, governments and institutions through their fiat usury schemes aka "money creation" power. In other words, do you really think T.H.E.Y. give a shit about profit, when these are they who have the power to create as much "money" as they need at any time? Profit$ are for pikers. The real prize is control...total population control. With their power to "print" as much money as they'd like, they use it quite liberally to achieve this goal of total population control.

Wonder no more at the propaganda studio lots seeking to Poz the world with Californication and Celebridolatry, churning out infotainment programming with social justice themes and narratives that consistently lose money hand over fist.



The producers in charge of a never ending stream of box office bombs, tell-a-vision series cancellations, print media circulation drops and downsized publishing houses haven't made genuine profits in a decade or more.. They don't need to nor do they seem to really even want to. Their primary function is not to make profits, but to manufacture consensus, control the narrative and pacify the populace to get we the sheeple to fall in line and to think and behave how they want us to.



One of the more obvious examples we can point to to make the case that profits is not their primary (or even secondary) motive, is teh Pr0n industry in USA Inc. If you look into the economics of the industry, you'll find it almost impossible to find real, concrete statistics on revenues and profits of the industry in recent years. After clicking through a few of the Infogalactic pages footnotes, I still couldn't find any references to hard numbers on the financial state of teh Pr0n industry since at least 2004. Twelve years ago, the investigative journalists at ABC published this estimate in their report, Porn Profits: Corporate America's Secret -

> It is hard to estimate how much money these corporations derive from porn because they do not publicize it in their portfolios or anywhere else. Their financial statements do not mention profits from adult movies. However, one industry analyst estimated that the combination of cable and satellite outlets makes about $1 billion a year from the adult-movie market.

Four years ago, Sam Spencer at the Covenant Eyes blog tried to find more recent information on the industry:

> So what about now, in 2012? Very little research has been done recently into the size of the pornography industry. For instance, a 2012 Time article quoted an estimate by the Adult Video Network done several years ago for the U.S. online adult entertainment industry at $2.8 billion. Note that this does not indicate what exactly was included in the study, only noting that it was the “online” adult entertainment industry.
>
> Keeping these studies in mind and the massive amount of free internet pornography available, let’s conservatively estimate the U.S. pornography industry at around $8 billion.

While 2012 no doubt had massive amounts of free pornography available on teh Interwebz, it's nowhere near like it is now in 2016. Now that teh Pr0n is abundant, ubiquitous and free for all, how is it still generating $800 of profit a

year, let alone $8 billion?

At least with the music industry, we saw the market for album sales disappear and royalty payments for artists dry up in a few short years in the face of file sharing/P2P piracy, but the music acts were able to reconfigure their business models and resume making money by touring -- and charging crazy high concert ticket prices -- at ages when they should be consigned to retirement homes or in-house hospice care.



Where is the parallel reconfiguration of teh Pr0n industry's business model to stay afloat and maximize their profit motive?

A Canadian Business article from 2012 noted:

> As big of a headache as freely distributed content is for the music and movie businesses, it's even worse for adult entertainment because Web surfers have no compulsions about getting the stuff without paying for it. The traditional-sector profiteers are hurting too thanks to the Internet, smartphones and iPads—with people bringing their own porn, hotel chains are pulling x-rated movies from their in-room entertainment options.

So four years later, with hotel chains and satellite and cable tell-a-vision content no longer realizing profits from teh Pr0n, how is it still being mass produced and distributed for free consumption? It's quite obvious to this whackaloon conspiritard, that teh Pr0n is a mindweapon of mass distraction and social engineering to emasculate and spread sexual dysfunction amongst we the sheeple.



While teh Pr0n "industry" is one of the more obvious examples, another one that needs to seriously be considered is social media - especially the NSA prime data harvesting app, FaceBorg. Are we really supposed to believe that ad revenues are the primary purpose for the existence of this company and the "services" they provide? Oh wait, they're supposed to be collecting and collating user info to sell to international marketing companies, right? Right?!?!?



Or YouTube? Or even AdSense on blogger? We are supposed to believe clickbait ads or quick vids that everyone clicks through as soon as it allows you to, covers the costs of the truly massive storage space requirements for YouTube, let alone make a profit?

I'm not buying it.


"Facebook, Google, and Yahoo are allowing the CIA to access user data via a specially designed interface."
"Facebook is the most appalling spying machine that has ever been invented"
--Julian Assange (Russia Today)
http://thesignsoftheend.wordpress.com/

Riding the Viral Whitelash

Keoni Galt · 6 January 2017 · Archived copy · Original



The election of the Trumpenfuhrer was just the beginning. The Whitelash is rising and the American melting pot is about to boil over. America has endured eight long years of a grievance-mongering, professional community organizer as President, and he has certainly organized our national community like no other President before. We are now organized into competing factions according to race, religion, gender, sexual orientation, marital status, N-count, documented citizenship status, public bathroom gender preferences and political persuasions...

...on towards Helter Skelter!

And while there are a number of false flag events that have no doubt been engineered to promote the divide and conquer (and ultimately disarmament) of the masses, the social engineers operating their diabolical plot of infiltration, subversion and convergence of the country at every level are also undoubtedly ready at a moments notice to seize any unplanned occurrence to continue to promote their overriding agenda. This, I believe, is what just happened with the current Whitelash against the Black Lives Matters social justice movement.

Remember one of their favorite mottoes is to "let no good crisis go to waste."

Note how quickly the kidnapping and torture live stream event in Chicago has been labelled with what first appears to be a rhetorically devastating label of "#BLMKidnapping." This is an example of effective, grass roots rhetoric gone viral and leaving the FakeNews establishment scrambling to regain control of the narrative.

Facebook, Twitter and YouTube took the livestream video of the event down within hours after it became apparent that a virtual Whitelash was starting to build. Google apparently configured their search engine algorithms to return several articles to the top or the search results protesting the association between the crime with the Darth Soros-funded Black Lives Matters organization. As of this posting, the top result of a Google search for "BLM Kidnapping" is: Alt-Right Trolls Use Chicago Kidnapping to Spread Lies About Black Lives Matter.

FakeNews strikes again!

But what has largely been lost amongst the static of the FakeNews establishment's backlash against the viral Whitelash, is the acceptance of the thoroughly anti-freedom, thought-policing and unconstitutional HATECRIME

charges that have now been applied to the four racist hatemongers.



As if kidnapping and torture are not enough to send these sub-100 IQ morons to jail for decades. No, shouting racial epithets pushes these terrible crimes into unpardonable crimes against humanity! Much of the viral Whitelash found in comments and tweets all over teh Interwebz where pointing out the hypocrisy of the establishments hate crime laws, and many were almost certain they would avoid Hate Crime charges because the perpetrators were black and the victim white.

Indeed, here a few select tweets from #BLMKidnapping before the announcement that they were to be charged with the Hate Crime statutes-

> "I don't know how to say this diplomatically. If you deny #BLMKidnapping was a hate crime against a white person... you're despicable."
>
> "If what the kidnapping and torture of the autistic teenager in Chicago is not a hate crime, then hate crimes do not exist."
>
> "Chicago hate crime law. This is clearly a hate crime. Why have Chicago police refused to label it that? #BLMKidnapping"
>
> "There is more evidence the #BLMKidnapping is a hate crime than that Russia hacked the election"
>
> "The Chicago attack was a hate crime against white people. @POTUS why aren't you condemning this?? #BLMKidnapping"
>
> "The #BLMKidnapping is a verified racially-motivated hate crime. Barack Obama must come out and declare it as such."

Sadly, a number of these same folks were then ecstatic when it was announced that they would be charged with the Hate Crime statutes:

> "Thankfully, the #BLMKidnapping terrorists were charged with a hate crime!"

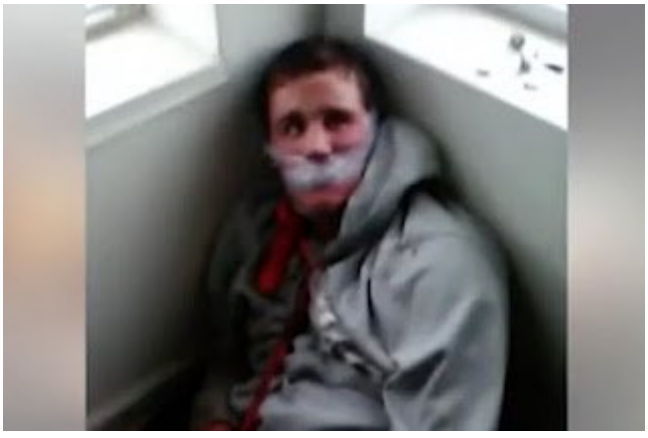
> "Hate crime charges. This is a victory for our disabled. This is a victory for our most vulnerable. Not just a crime. HATE."

The Matthew Shepherd and James Byrd Jr. Hate Crimes Prevention Act passed by congress and signed into law by our "Constitutional Scholar" President in 2009 is the "hate crimes" law that has fundamentally altered the Nation's conception of freedom of speech. Prior to this #BLMKidnapping event, I don't think it would be a stretch to say that it was the largely the "RIGHT" aka the conservatives, the Republican - Tea Party contingent that largely opposed the Hate Crime laws as an abrogation of the First Amendment and another step towards totalitarian and authoritarian thought control and oppression by FedGov over we the sheeple.

For the past seven years, we have had a number of cases for which crimes against any minority ethnic or homosexual committed by any persons with a lighter shade of hue to their skin who once drunkenly uttered the N-word ten years ago at a party, got the additional Federal charges of Hate Crime tacked on to their prosecutions. But the cases of any crimes committed against heterosexual white Christians in this country by any anointed minorities have not seen the use of such statutes to date. But now we got our Trumpenfuhrer taking over, and we got ourselves a growing Whitelash, it's about time we got us some equality going here!

Hold off on the celebrations for a moment now....what exactly is being won here? Equality for whites under social justice, at the expense of our Freedom of Speech? For make no mistake about it, these Hate Crime laws were lobbied for and passed in the name of *social justice*. The Hate Crime legislation is patently unconstitutional and should have never been passed in the first place. That they have been used almost exclusively on white's charged with crimes of violence for the past seven years doesn't mean it's time to celebrate that we've finally got a case for blacks to get hit with the extra charges of Thought Crime. That's just affirming and upholding laws that should have never been passed in the first place. Kidnapping, assault with a deadly weapon, terroristic threatening, burglarly....all these charges in this case *should be more than enough* justification to sequester these hoodlums into the Prison-Industrial complex for long enough to see appropriate justice done.

It's the Hegelian Dialect in action, and we've now arrived at the desired synthesis. Many of the folks that were formerly opposed to ~~Thought~~ Hate Crime legislation are now exclaiming triumphantly that it will be used in this particular instance...equality at last! Once these four hoodrats are convicted and sentenced, the Hate Crimes legislation will have been cemented into the bedrock of our judicial system in the name of equality for all under the law. We are now all equally constrained and legally liable for any of our thoughts that can be construed as HATE, regardless of race...



And So It Began

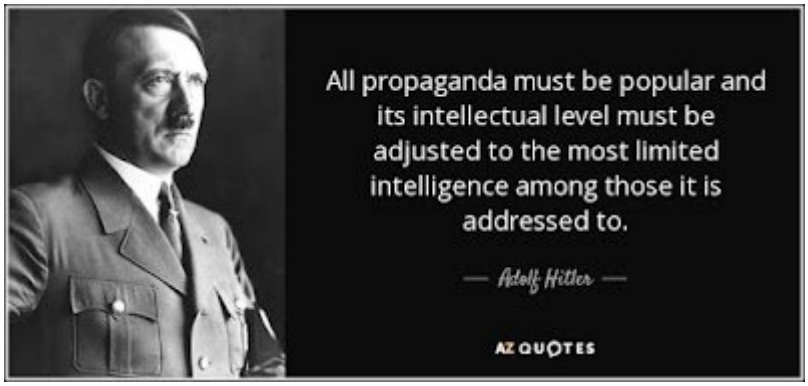
Keoni Galt · 24 January 2017 · Archived copy · Original



Literally Hitler kicked off his ascendancy to the Chancellorship of the Fatherland of Weimerica by taking immediate action to signal a dramatic change in the direction of the nation's *Weltanschauung*:

> The **moment** Donald Trump was sworn in as the 45th president of the United States at noon on Friday, the LGBT, climate change, health care, and civil liberties pages disappeared from the website of the brand new Trump White House.

Let the moral, spiritual and ethical cleansing of the *volk* commence! Take note as *Mein Trumpenfuhrer* follows in the footsteps of his ideological mentor and role model when he directs such a dramatic and immediate shift in the focus of the newly commandeered Ministry of Propaganda on the first **moment** of taking over.



Of course, we all know about the slippery slope of gradual fascism and nationalist socialism and it's insidious methodology of dehumanizing and scapegoating oppressed minorities as the key to mobilizing an ignorant and bigoted electorate to make the Fatherland great again. So the first act *Mein Trumpenfuhrer* has taken was to disappear the official Ministry of Propaganda's former directives for sanctioned gender confusion and the promotion of ubiquitous sexual dysfunction. Priorities!



It won't be long now until the brown shirts in jackboots are marching down Main Street USA to search for homonormative transgendered liberal atheist vegan non-smokers and loading them onto overcrowded box cars destined for labor camps with false promises of *Arbeit Macht Frei*, to mollify them into cooperative complacency...all whilst the ovens are being pre-heated to accommodate reservations for six million social justice millennials, boomer cuckservatives and ping pong pizza enthusiasts..



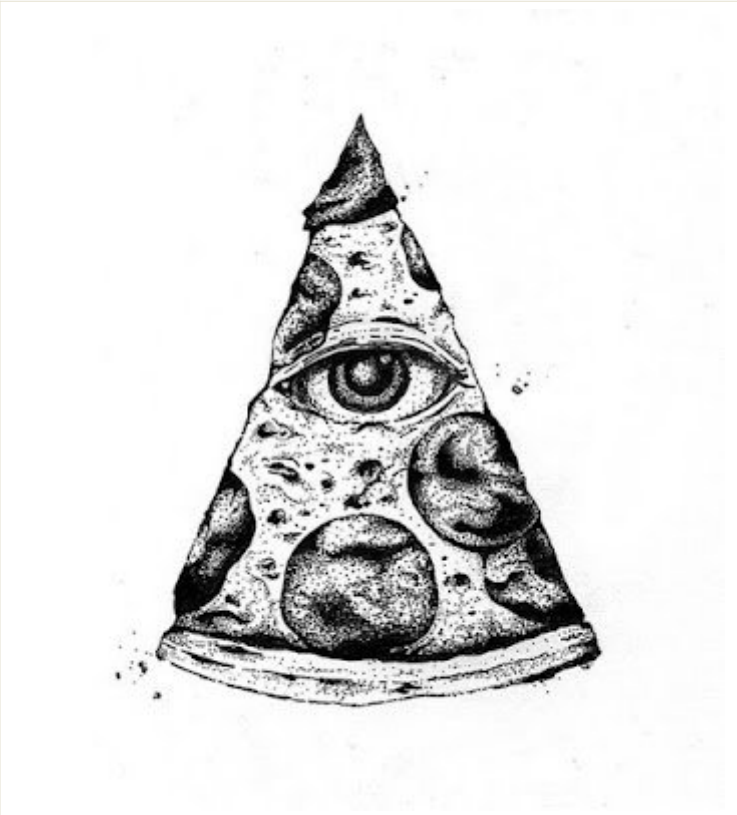
First they came for the LGBT and I did not speak out because I was not a LGBT. Then they came for the Climatologists and I did not speak out because I was a climate change denier. Then they came for our civil liberties and I did not speak out because *Mein Trumpenfuhrer's* Final Solution has already begun to make America great again.



Seig Heil!

Waking From the Fever Dream

Keoni Galt · 3 March 2017 · Archived copy · Original

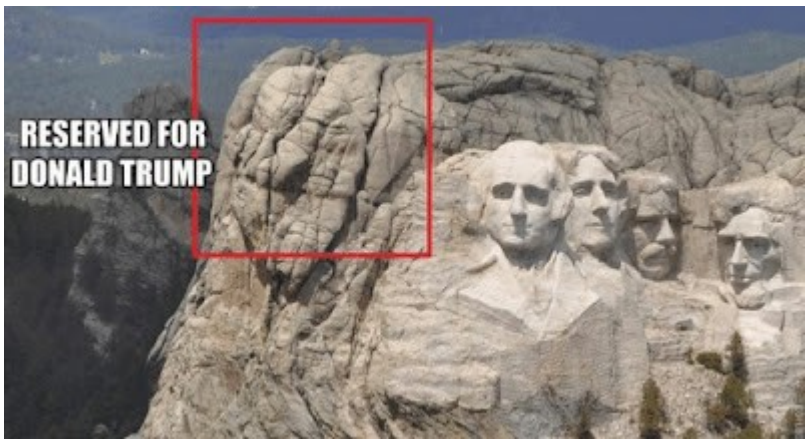


Keep the eye on the prize.

Pizzagate will be the Rosetta stone of this era on the world stage of politics. It's already had a tremendous effect...were it not for Pizzagate and the subsequent connections of the Clinton machine to spirit cooking, the Haitian economic development opportunities for indigenous youth charity work; the emailed queries about pizza related maps and pool parties with underage kids as the featured entertainment and other such lurid details brought to the attention of the public...well, in all likelihood, Trump probably would not have won the best election ever.

If it really was a true election that is...and not a Diebold machine (s)election to effect a mass media manufactured "revolution at the ballot box" psyop.

How LiterallyHitler's administration deals with the revelations of Wikileak's Hillary-Podesta-Abedin emails and Anthony Weiner's "life insurance" file directory on his laptop impounded by the NYPD will be the WTC7 of the 2kTeens. If God really does bless America and *Mein Trumpenfuhrer* proceeds to truly "drain the swamp" he can rest easy in knowing that his historical legacy will have been secured in perpetuity as the greatest President *ever*.



And no, I do not say that lightly.

He doesn't need to build the wall to achieve the immortality of demi-god legend. I do believe such a legacy is within his grasp at this early stage of the game. But he can only do so by exposing and utterly cleansing the Government of any and all who are connected and associated with the child porn - snuff film - pedo-prostituting - human child trafficking - organ harvesting - cannibal catering - vice bootleg intelligence agency black ops that has festered like pustulent lesions on the body politic of the dying leper that is American Freedom.

If the actions that are purportedly already underway behind the scenes eventually results in the scapegoating of nothing more than mid- and low- level pizzapedopervs while the big fish skate, I'm guessing it will serve as an affirmative confirmation that Donald Trump is nothing more then the stage personae of the newest dancing puppet for the Feedlot Managers of our Brave New World Order, purposely put into place to advance the plot.

At this point, I'm still in the 50% - 50% uncertainty stage in believing whether we actually have Donald Trump as the Chief Executive Officer of USA Inc. working for we the people, or if he is just Donald (((Drumpf))) cucking the inevitable nativist whitelash of we the sheeple that THEY have surely been anticipating since their multi-generational subversion of Western Civilization has become more blatant and openly celebrated during the past eight years of our previous fake president's reign of (t)error.

I do realize and acknowledge that if Trump is an honest actor and is truly and legitimately trying to Make America Great Again, against all odds and the Gordian knot of deep state machinations; he has an exceedingly dangerous line to walk before he is in the decisive position to to try and cut it cleanly.

If he is on the up-and-up, and does seek to reverse the decline and pending collapse of the nation, he knows for certain that timing and proper preparation before making any big moves will be critical so as to avoid the fate of Lincoln and J.F.K. At this early juncture in his regime, he undoubtedly has to play along with the established system for as long as it takes before he can really make a substantial move against they who have truly ruled since 1913.

In the worst case scenario...well...that would be a rerun of the Hitler Was Controlled Opposition conspiracy theory. In that case, he's really gonna make America Inc. great again so as to arm up and lead us off to the long awaited final episode of the World War trilogy. In that case, when the nukes start flying between Iran, China, Russia and the US....well, see ya'all in hell.

In either event, it's still way too early to accurately discern which scenario we are facing. But in the meantime, I

suspect Trump's official actions and eventual conclusion to Pizzagate will be the first major indicator of whether or note we got the real deal in the White House...or the next great US President playing the part of the Pied Piper to lead we the sheeple off to a disastrous, population-culling war of epic proportions for the third time in the past hundred years.



When Tell-a-Vision ~~comedian~~ FakeNews anchor Stephen Colbert delivered his "PizzaGate is an Alt-Right Fever Dream" monologue, he almost perfectly demonstrated the insidious, hidden-in-plain site mind control programming used by the mass media to manufacture consensus and control the narrative for we the sheeple.

He starts off with a cued-up studio audience applying the perfect consensus signalling reinforcement with timely laughter and applause when he delivers the following: *"I really hope you don't get your News from me, because 'NEWSFLASH' this isn't news."* Of course not. Colbert and his ilk are the regularly scheduled programming on *what exactly* we the sheeple are supposed to think about "THE NEWS." His schtick is to groom tell-a-vision viewers to accept the manufactured consensus as broadcast by the *Lugenpresse*.

Sure it's broadcast for our consumption under the guise of "entertainment," but the format of regularly scheduled programming with cued-up laugh track bolstered consensus is one of the most influential and powerful tools of memetic mind control magic our mass media employs to keep we the sheeple plugged in and continuously ingesting the blue pill.

It's also probably why we now live in a society in which the educational paradigm for pedagogy in both public and private educational institutions is so focused on making learning "fun." No longer is phonetic reading taught by rote memorization of alphabetical sounds. Even though it is the time tested and proven methodology for empowering children to learn and perpetually expand their vocabulary through the practiced skill of deciphering new and unfamiliar words by seeing them used in proper context.

No, that's too boring.

Instead, we have interactive media apps and fun cartoon DVD's that focus on whole word recognition and memorization. Fun fun fun FUN! No kid wants to sit down with pencil and paper or graphics free texts to go through the rigors of training that will empower them with the gift of fully functional literacy for the rest of his or her life. Such children are too dangerous...they may end up thinking for themselves and avoid watching the majority of life go by on a digital screen when they are in the prime of their lives. All of the virtual fun that is broadcast on our mass media channels would not be as nearly effective in herding we the sheeple into the metaphorical feedlot.

"FUN" educational experiences prepare young minds to look for their indoctrination cues from mass media entertainment for the rest of their lives, since interactive, flashy bombardment of the five senses is now considered "the best way" to teach the youth, so as to groom their minds for better reception to the regularly scheduled programming of the mass media infotainment industrial complex. But I digress.

When Colbert delivers the line: "I really hope you don't get your News from me, because 'NEWSFLASH' this isn't news," he was engaging in wag the dog propagandizing, since immediately after telling us not to get our news from his program, he proceeded to ramble on for another eight minutes or so literally telling we the viewers WHAT we should think about the topic of Pizzagate.

Must see Tell-a-vision, indeed.



"Nothing to see here sheeple , go back to sleep."

If I had the opportunity to respond to Mr. Colbert personally, I think I would simply ask him "How do you prefer to play your dominoes Stevie...on cheese or on pasta?" But that might be too snarky and bitchy sounding. Perhaps I'd settle for the following instead: "Why so serious? Why do you seem to be taking this whole topic in your monologue diatribe so furiously?"

> Ever wonder why he's trying so hard to discredit this? In 2013 his sister Elizabeth Colbert Busch was running for Democratic nominee for Congress in South Carolina , Her fundraiser was hosted and funded by none other but John and Tony Podesta!

Proof that Stevie is the sibling of the defeated Podesta client? Behold: An Evening with Stephen Colbert for Elizabeth Colbert Busch



I'm sure Lizzie Busch's connection to the Podesta brothers has nothing to do with Stevie bro's passionate FakeNews broadcast.

Move along sheeple. Nothing to see here.

I hope and pray for a day of reckoning in this life on this plane of existence comes to pass, and the pedo enablers, supporters and participants are fully exposed and given the swift and merciful justice they deserve.

For pedos are the ultimate world destroyers.

Every child they violate that survives, has their own personal little world of innocence and wonderment at the miracle of life irreversibly and irrevocably shattered and are permanently scarred forever after. There is almost no crime worse than what the circumstancial evidence unconvered by pizzagate investigators. The fact that the entire infotainment mass media complex controlled by the big six have lined up to control the narrative that Pizza-PedoGate is FakeNews, is a telling indictment of just how entrenched this plague of degenerate perversions is in the highest echelons of power in our Brave New World Order.

Participating in these grave degenerate perversions is the ultimate tie that binds those who sign the deal and sell their soul to attain the kingdom, power and glory promised by the Father of Lies at the mountain top. The price is the soul, but the transaction involved to actually sell it for worldly gain involves far more than mere material wealth:

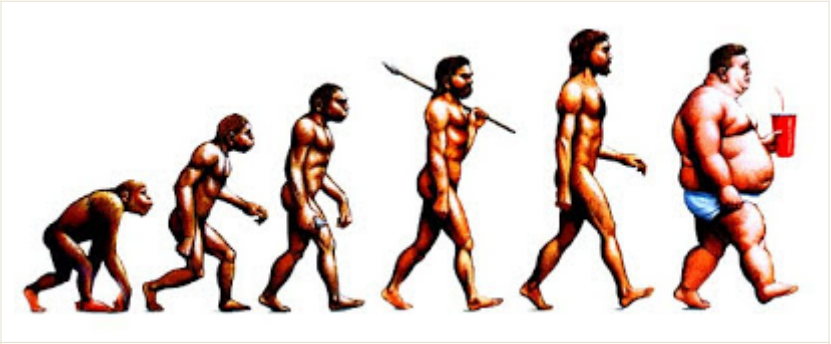
> Pedophilia is a perversion that is several steps down from prostitution. These spy agencies use these perversions and these illicit activities as a way of getting videotaped evidence against people. Epstein/Lolita Island are a Mossad operation. That island is wired for sound and video. - Ex-CIA agent Robert David Steele

There can be no real "draining of the swamp" without taking on the international pedo-human-traffiking syndicate and it's role in gaining blackmail control over the Government that Pizzagate has uncovered. How the Trump regime eventually handles this will be rather illuminating in determining his legitimacy as the Man who would truly

dare to make America great again.

FEED Inc. & The Corporate Campaign Dialectic

Keoni Galt · 1 April 2017 · Archived copy · Original



The Genetically Modified Origins of the Sheeple Species

Seems to me like the "Paleo Diet" bubble on teh Interwebz has popped. Or jumped the shark...or run its course or whatever other cute term you want to use to refer to a fad that has passed and now generally viewed with condescending amusement by those who "now know better."

Of course you still have a contingent of hardcore cultists carrying on the practice. As I like to say when I talk to people in teh real life, "I don't do diets. I only eat Food, and I avoid Feed."

Food nourishes and strengthens the human body, Feed malnourishes, devitalizes, sickens and decays the human body over a long period of time if one makes up a significant part of their diet with it.

When asked why I call it "Feed" I say how else do you get the modern plague of shambling mounds of obesity one sees everywhere nowadays? Sheeple are raised from childhood eating all this Feed for a lifetime.

Soda, chips, candy, cookies, crackers, cakes, pastries, frozen meals, microwavable fare and most fast food and chain restaurant gross national products all qualify as FEED to the well trained eyes of the conspiritard food magic whackaloon's who received our invaluable indoctrination during the "paleo" fad diet bubble.

We who are illuminated with the esoteric knowledge of food magic understand the key to empowerment is simply receiving revelation to gain the power of discernment between "food" and "feed." Once you truly gain this knowledge, there's no going back.

Food is grown, raised, harvested and processed -- and if not consumed while fresh -- preserved in as natural and organic a state as possible to keep most of it's nutritious and nourishing qualities intact.

Feed is mass produced by a few large multinational corporations using bio-technological innovations to quickly and efficiently manufacture product units ready for global distribution and a near infinite shelf life. Its primary traits are using genetically modified grain products to create a marketable product that is usually adulterated with preservatives and flavor enhancements designed in a laboratory to stimulate the taste buds to fool the human body into thinking it's something good for you.

But above all, the primary difference between Food and Feed can be discerned by this: most real food requires little

(if any) corporate mass media marketing campaigns to sell product and expand market shares and waistlines alike.

Most Feed products are trademarked brand names as a part of a Big Ag corporation's product "portfolio." And they spend more money on test marketing, focus group testing, branding, creating and airing commercials and paying shills to viral market their products on teh Interwebz and social media, then they do on producing the actual Feed product for sale.

In what sane world does a company spend millions of dollars to air a thirty second commercial hawking corn tortilla chips fried in rancid oils extracted from GMO-grains by boiling them in industrial solvents like hexane, and then loaded with devitalized salt and artificial flavors designed to hyperstimulate the human taste buds during the greatest American holiday celebration of the 21st century? Or is it *precisely* because it is a highly engineered product with no nutritional value and artificially flavored to incite uncontrollable snacking compulsions, that it requires millions of dollars to pitch it to we the sheeple during a StuporBowl Sunday commercial break?

Must be the same sort of sane world that considers a "part of a heart healthy breakfast" a bowlful of milk and sugar coated-cardboard-textured bits of grains sold in a cardboard box adorned with cute cartoon characters as just the kind of meal we need to start the day off with.

The questions of sanity in a world gone mad becomes even clearer when you take a closer look at one of these popular breakfast cereal brands and examine a recent marketing campaign gimmick they ran with to give the appearance of "Caring" and "Making a Difference" in "raising awareness." This is what Big Ag Feed producer, General Mills offers us as an example of a "corporate culture of environmental responsibility."



Us crazy conspiritard whackaloon practitioners of food magic see this as nothing more than the classic use of the social engineer's favorite tactic from their ancient playbook, the good 'ole thesis+anti-thesis=synthesis...also known as problem/reaction/solution aka the Hegelian dialectic.

First, have a look at a listing of many of the brands of Feed that General Mills sells. While the oats touted as the primary ingredient for Honey Nut Cheerios may not be from genetically modified oats, the rest of Genetically Modified Mills product portfolio is filled with GMO derived Feed crop ingredients.

Of course the dopes at the likes of snopes deny the connection between collapsing bee populations and GMO crop

pesticides. They make their pro-GMO case by blaming the neonicotinoid pesticides sprayed on corn crops for a mass die off of bees in Ontario Canada.



But that's the entire point about GMO's to begin with...genetically modifying crop plants to withstand inundation with pesticides and weed killing herbicides IS the primary purpose for GMO in the first place... and pesticide-herbicide laden GM corn is the primary source for most Feed ingredients in the processed food industry:

> Most of the American corn crop is “field corn,” a starchy grain highly valued worldwide for its versatility. This year, American farmers are projected to produce about 14 billion bushels of corn, or 980 billion pounds, according to the USDA, vastly more than any other grain (USDA 2014).

> Corn is a component of a wide variety of goods on the American marketplace. The USDA estimates that 40 percent of the U.S. corn crop is processed into ethanol for use as engine fuel, 37 percent goes for livestock feed and **11 percent is made into processed food ingredients like corn flour, corn syrup, corn starch and cooking oil** (USDA 2012a). As of 2011, cornfields covered 92 million acres in all 50 states, with the most intense concentration in the Midwest.
>
> Today’s cornfields are particularly vulnerable to pest infestations because corn is typically grown in huge monocultures, with little or no crop rotation. Historically, farmers rotated crops to disrupt the life cycle of insects and diseases (Altieri 2000). They diversified their crops. Modern farmers often resort to chemical herbicides, insecticides and fungicides.
>
> Based on figures from the USDA and U.S. Environmental Protection Agency, EWG calculates that every year, American farmers apply around **300 million pounds of the active ingredients in pesticides** to their

> cornfields (USDA 2012b).

Perish the thought! What whackaloon would even consider the possible effects 300 million pounds of pesticides and herbicides dumped yearly on the fruited plains of the USA Inc., would have anything to do with bee colonies dying off? Oh, wait, we know what the REAL culprit is...it's CLIMATE CHANGE! No wait, the bee colonies need more vibrant diversity! The real problem is that bee colonies in the US are too homogeneous...they need lesbian gay bi-sexual and transgendered bees to increase the diversity! We also need to import millions of African, Central and South American bees to produce the honey and pollinate the crops that American bees just won't do....but I digress.

So let's go back to the use of the Hegelian dialectic again by the likes of General Mills. Much of the product portfolio of this company relies on the GM crops that require massive use of pesticides and herbicides that are undoubtedly playing a major role in killing off bee colonies nationwide. Instead of looking for ways to change production that doesn't involve the wholesale use of these life destroying chemicals on GM crops year round, they show us how to REALLY effect change by removing their cartoon character depiction on the boxes of their Honey Nut Cheerios product line. Now that's how you MAKE A DIFFERENCE and support the bees!

Of course, if you check out General Mill's statement on GMO's in their product lines, you'll discover their number one pro-GMO argument is the same shibboleth cited for the 90's great leftist cause due jour, Global Warming: consensus!

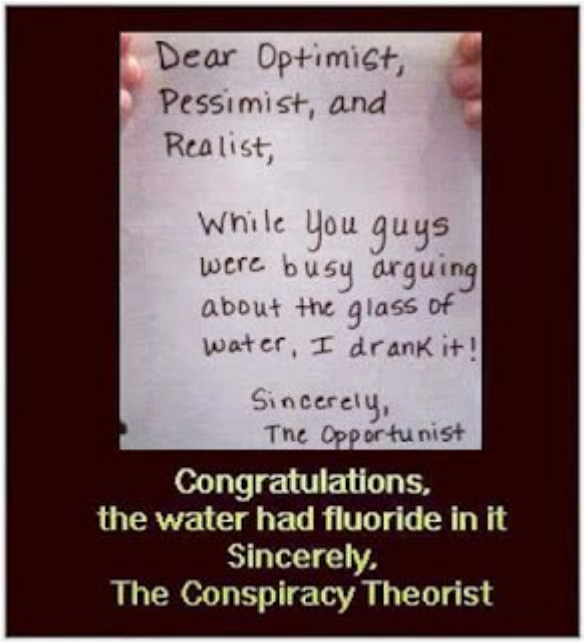
> As genetically-modified (GM) ingredients become more common in the global food supply, particularly in the U.S., we know that consumers may have questions about this technology.
>
> On safety – our number one priority – we find **broad global consensus** among food and safety regulatory bodies that approved GM ingredients are safe.

That's it?! And here we were, getting all worked up over nothing!? Broad global consensus has given GMO it's stamp of approval!

Nothing to see here sheeple, you may now resume your regularly programmed Feeding schedule.

The Unreality Bubble

Keoni Galt · 3 November 2017 · Archived copy · Original



> *"The Matrix is a system, Neo. That system is our enemy. But when you're inside, you look around, what do you see? Businessmen, teachers, lawyers, carpenters. The very minds of the people we are trying to save. You have to understand, most of these people are not ready to be unplugged. And many of them are so inured, so hopelessly dependent on the system, that they will fight to protect it."*

I've had to learn the hard way in the past, that sharing the "red pill" with people not ready for it is the fastest path to alienation, disagreement and sometimes outright conflict. So I've learned how to hide it. In the world of the blue pill "normies," I go through life undercover. When the opportunity arises, I do attempt to wield some influence and try to push people in the right direction, but generally, I've made biting my tongue in most situations with cohorts, acquaintances, colleagues and strangers into a habitual practice.

We live in an epoch of what I like to think of as one big, gigantic Unreality bubble that continues to grow. It's eventually gonna blow and it will most likely be TEOTWAWKI when it finally pops...but until then, I wear the sheeple mask of blue pill normalcy, and just mostly try to just get along to go along.

For the most part it works, and most people I interact with have no idea of the madness that whirls through the brain of a whackaloon conspiritard going through life trying to cling to sanity in a world gone mad.

Eventually though, if I am around people long enough, it's only a matter of time before I am asked about my peculiarities.

"Why don't you ever drink bottled water?"

I bring my own hydroflask with reverse osmosis purified water in it to work everyday. If I forget my flask back at the truck and my crew and I are working far away from it, they will frequently offer me bottled water when we're sweating bullets under the sun. I'll always decline politely, and if I really have to, I'll take a break and walk the distance back to the truck to retrieve my bisphenol-A, flouride and dioxin free water. But when I get asked, all I say is that I avoid BPA. Most people have at least heard of that.

"Why won't you use sunscreen or put it on your kids?"

In Hawaii, we are naturally a beach and ocean-focused recreational culture. 95% of my fellow Hawaiians and local people slavishly slather on the vitamin-D blocking, health-destroying poison lotion onto their skins all day long at any and every outdoor event. Despite my lighter complexion (I have more PaleFace blood than Polynesian), I or my kids are never sun burned. Most folks simply don't believe me when I tell them that an anti-inflammatory diet (I don't use that actual term,) and a liberal use of coconut oil are why I haven't had a sunburn and the eventual peeling skin that comes with it, for years.

In any case, my response is basically that I don't believe sunscreen is good for you as it blocks vitamin D production from natural sun exposure. Besides, everything I say about this has already been proven by SCIENCE!

"How come you won't eat with us... you're never hungry?"

As of late, I've been working with a group of people who eat fast feed take out at every lunch break. There are times I am famished and their feed smells and looks very appetizing...yet I resist the temptation. Intermittent fasting FTW!

Because I know. I know how I feel now, and I know how I used to feel then, when I regularly ate the feed. I'd rather go hungry until I get home or can get to a grocery store for some real food, then give in and chow down on what I've come to view as literal *poison*.

> *"No thanks guys, I ate a really big breakfast, I'm not hungry right now."*

"When are you going to get a real phone? That flip phone is ancient!"

Yes, I do own an iPhone. But I only use it as a mobile PDA/camera and iPod, just not for digitized communication. I still have an old flip phone for that. Part of me resists total iAssimilation, because I wish to avoid becoming another one of the zombie hoards perpetually and compulsively checking my palm every few seconds in public. The other part is my ever growing efforts to guard my privacy under the surveillance society of our 21st century Panopticon. Of course, to say such things would have most folks seeking to have me committed to the loony bin for paranoia. In this case, I play the cheap card.

> Me: *"I don't want to pay for data plans, I spend enough time on teh Interwebz as it is when I'm at home. I don't need to carry it with me everywhere I go."*

> Friend: *"But what if you need to look something up, or use a GPS app or check for important emails when your not at home?"*
> Me: *"No worries, I'll just borrow yours."*

"How come you don't have a facebook page? What about Instagram? Snapchat?"

Life is too short to waste the time. I got too much shit to do and not enough time to do it...let alone spend hours updating and following everyone on social media.

"You heard about those white supremacist Nazis and KKK members that killed a lady at that riot in Charllotsville?"

This one got asked while I being shown various pics and vid clips on the guy's ~~NSA data harvesting app~~ Facebook newsfeed on his M.A.D.. When I say I have learned to bite my tongue, it is specifically politics for which I have to struggle the most to keep my real opinions from being known. Most folks in Hawaii are liberal Democrats (though mostly union blue collar "conservative" style liberals,) and almost all accept both the National and Local mainstream media's regularly scheduled programming as factual and accurate reportage of reality. To most, Trump is literally Hitler and Obama was the greatest President since Bill Clinton made oral sex great again.

Most have no idea about the likes of globalist scum like George Soros funding counter-revolutionary commie groups like Anti-Fa, let alone conceive of the notion that Nazi and KKK LARPers are most likely False Flag agent provocateurs and controlled opposition to promote anti-Nationalist propaganda psy ops.

And I certainly 'aint gonna go there when talking to the average acquaintance or colleague. Instead I'll re-frame the conversation and just make a general point that doesn't actually reveal my politically incorrect, alternate-media informed opinion:

> *"Yeah, I heard about that. Crazy. Our country is going to hell-in-a-hand basket and it sure looks like we got some race wars coming up in the near future on the mainland. Lucky we live Hawaii!"*

"How's dat Colin Kaepernick fuckah? Fuckin' dumb ass disrespect da country and da flag...good ting nobody like sign him, dat fuckah can go flip burgahs or go work Wal Mart!"

Speaking of politics and nationalism, the topic of Colin Kaepernick's National Anthem protests and all the kneeling by players in the NFL has been quite revealing in terms of the average Hawaiian's and local person's mindset in terms of patriotism, racism and nationalism. It's quite the dichotomy...nuanced cognitive dissonance at it's finest.

Most Hawaiians hate historical America for overthrowing the monarchy of the Independent and Sovereign Kingdom and turning Hawaii into an occupied territory of USA Inc., at the behest of the Haole sugar plantation barons. This manifests itself in a general anti-haole sentiment. Most local people (2nd, 3rd or 4th generation immigrants of non-Hawaiian blood) also share it. It's not cut and dried as it may seem, and it certainly is not anywhere near the racial animus we see amongst the boiling-over melting pot of helter skelter going on all over the rest of the USA at the present. Nevertheless, most people in Hawaii agree that "Da haole stole da land from da

Hawaiians." That will never be forgiven, nor forgotten.

But almost all of us have a certain amount of American pride as well. We all have either served ourselves or have family members who served in the military. We all have friends and family who fought, died or were maimed for life in this nation's fiat wars on foreign shores. Most adults in Hawaii today (Boomers and GenX) have all been raised in our Brave New World Order culture of regularly scheduled programming on tell-a-vision and movies, and a lifetime of institutional indoctrination in our public schools and universities. Most of us that were born and raised here have varying levels of American pride and national patriotism inculcated into us all.

We recite the pledge of allegiance to the flag from memory, we stand and sing along with the Star Spangled Banner at events, we celebrate the Fourth of July with all the red-white-and-blue accoutrements and paraphernalia, and we are crazy for National politics during the cyclical seasons of electoral madness. We are American, whether we like it or not, and most of us don't like to see the symbols of the nation disrespected.

Anyhow, my response to the topic is to once again to avoid conversations about politics with a reframe.

> *"Yeah, he sucks anyways. He can't throw accurately and he's always looking to run instead of pass. QBs like him do good in college, but never last in the NFL."*

"No? You can't stop at Wal Mart real fast and grab that stuff for cheap?"

Fuck Wal Mart. I don't shop there as much as possible - although I must confess having to buy some anti-freeze once there a few weeks ago when my car was overheating and it was after midnight and everything else was closed. But still...Fuck Wal Mart.

"Why don't you just go get a new car? All it takes is a good down payment and you can get a good interest rate on an auto loan!"

One thing about having a commitment to avoiding participation in the usury-based ponzi schemes of the fiat currency cartel that enslaves us all into debt servitude, is that I have to drive older vehicles and do a lot of maintenance and repair work myself. This can get pretty stressful at times when the older vehicles break down at inopportune moments, and many friends and family members have sought to advise me that I just go and sign on the dotted line at the nearest car dealership and "not worry about car problems anymore."

That's what most everyone does nowadays. Finance a new car, drive it for a decade or so, then finance a new one before the inevitable breakdowns due to planned obsolescence manufacturing protocols of the Auto-Banking-Industrial Complex.

I may have moments of severe inconvenience when I have a blown headgasket or a boiled over radiator that requires a tow truck from the side of the road....but I think it more than balances out when such things happen only once or twice every three years or so - versus the stress of a large monthly payment due to servicing loans that generate lucrative interest for the banksters that do nothing more than create "money" out of thin air.

"You better ask the boss if you can do that first."

Of all the ones that gets to me the most, it is the men I am involved with who are simps and spineless sad sacks that put their women on a pedestal and treat her as the boss...and they assume that all other men are just like that too.

No, I don't need permission from the "boss" to go boating, hunting, fishing, drinking, surfing, diving, hiking, training, working overtime, picking up a second shift or anything else for that matter. Are you married to your mommy?

I've seen guys in a critical situation drop everything in the moment to answer "the boss" calling their Mobile Affirmation Devices, and beg and plead to let them call her back in ten minutes because we're in the middle of something that can't wait. I've literally stood their with a heavy load we are carrying together and watch incredulously as an otherwise masculine, tough and gritty man turns into a little kid afraid to upset "the boss" at home by not answering the phone whenever she feels like calling. He'll put his end of the load down and scramble to answer the phone before it goes to voicemail, which would then result in a Grand Inquisition of hellish interrogation as to why he is "ignoring her phone calls." It is absolutely sickening...and also potentially the most alienating aspect of "the red pill" I have to keep to myself.

Manly men going all simp with their women is the most potentially alienating topic of them all. In those situations, I've become well practiced at chewing my tongue. It almost never ever works to try and get a man to see the light when it comes to relations with the female sex. In my experience, they have to hit rock bottom first before they are even close to accepting even the most mild red pill advice in terms of their dealings with women.

To address many of these topics individually with average people can be controversial and even explosively angry in their resistance to any of these counter-cultural ideas. But sometimes, I can make a general statement to someone about "THE SYSTEM" aka our current Unreality Bubble, and they will look at me with wide eyed wonderment at the insight they never before even came close to considering until I voiced it.

In a conversation I had with a colleague awhile back, who was complaining to me about how he and his wife had to work so much to pay all the bills, and that they both realized they don't spend enough time with their kids because of work and commuting that takes the majority of their time. When I told him that's exactly how it was planned, that what he is experiencing was deliberately scripted. He asked me what I meant by that. Here's what I said:

> *"All you need to understand about our current society and system is this: THEY want us overworked, underpaid, unappreciated, tired, sick, unhappy, uncomfortable, irreligous, superstitious and disconnected from each other. THEY want us all to have dysfunctional relationships and to have our children raised by institutions where they have greater influence on them then we do....cause we're all too busy just working to survive and pay the bills to maintain our place in the rat race instead of leading meaningful, healthy lives with fulfilling relationships with each other and our communities. THEY want all this, because such people disconnected from each other in any true and meaningful way, will then seek out happiness and fulfillment in consumerism and materialism. That is why things are they way they are in our world today."*

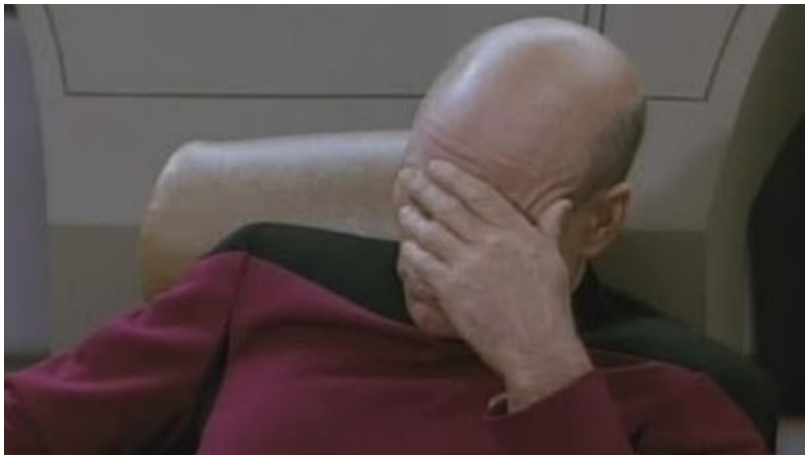
His response? "Wait a minute, say that again?" I basically repeated it all one more time. Flabbergasted, he looked at me and did a double take. "That makes so much sense! How did you figure that out?" All I said was that sometimes I think too much about things and then I laughed out loud like a lunatic.

I thought I got through to him at that moment. In fact, I know I did. But by the next day, he got right back to the

grind of his typically stressful existence in our Brave New World Order and forgot that conversation. I was further disheartened to learn that just a week later, he was ecstatically showing off the new vehicle he just took an exorbitant loan out to pay for...condemning him to double down on his already overworked lifestyle to primarily service his debt bondage to his bankster overlords.

He was slightly perplexed as to why I was not happy for him as he basked in the euphoria of an acquisition of a new vehicle. He probably wrote it off as jealousy since I drive a vehicle that is over twenty years old. I didn't have the heart to remind him that only a week ago he was complaining to me about never being able to spend time with his family cause he always had to work to pay the bills.

At least he'll look styling as he drops the kids off to daycare on his way to work.



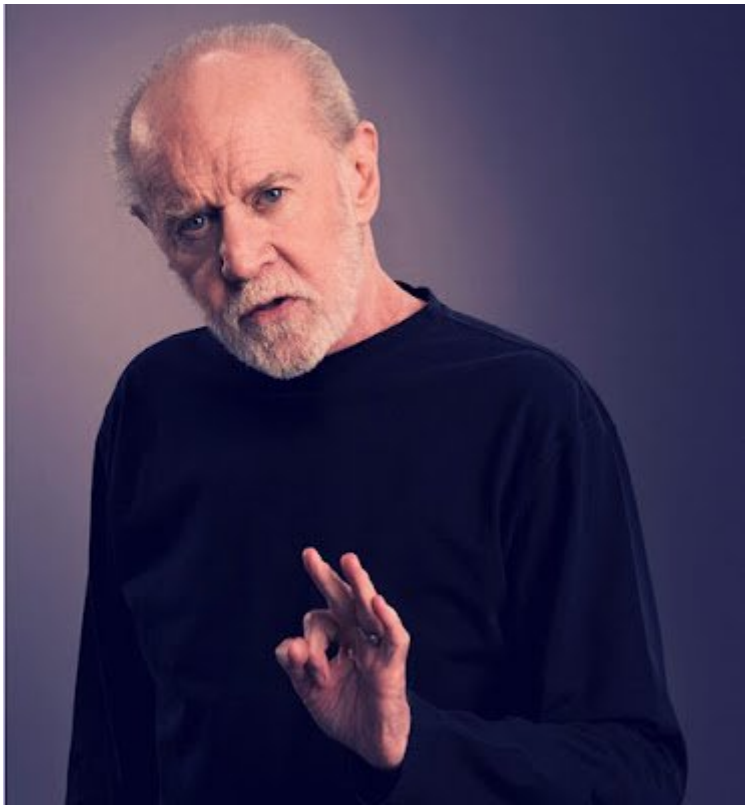
Only people who are inspired to actively seek out and discover how much of our world has been shaped by deliberately propagated lies and illusions are capable of comprehending that the current paradigm of our Brave New World Order is an Unreality Bubble that is unsustainable and cannot last much longer.

The unreality bubble is growing, and it's all-encompassing influence cannot last forever.

For those of us who are WOKE, all we can do is get ready for the pop.

Is This the Sign That Everything is Going To Be Ok?

Keoni Galt · 30 December 2017 · Archived copy · Original



"It's a big club, and you 'aint in it."



"I, myself, am the son of Satan, although my duties here are largely ceremonial."



Who's the boss?



"What a bunch of garbage!"



Director: Camp of the Saints



Join the Army!



Fake it 'til you make it!



Oh brother, where art thou?



"We're more popular than Jesus now."



I'm certainly doing A-OK!



"Yes. I am Satan."



"I am...Sasha Fierce!"



Your frequent flyer mileage may vary...



Personified



"...are my actions designed to help others or help myself?"



Giving the Religious Right some Symbolism.



"Out of these troubled times, our fifth objective - a new world order - can emerge."



Rage Against the Machine!



A carefully orchestrated media storm.



"You know, I'll go to hell, and I know the heat will be unbearable..."



See ya soon, Dad!



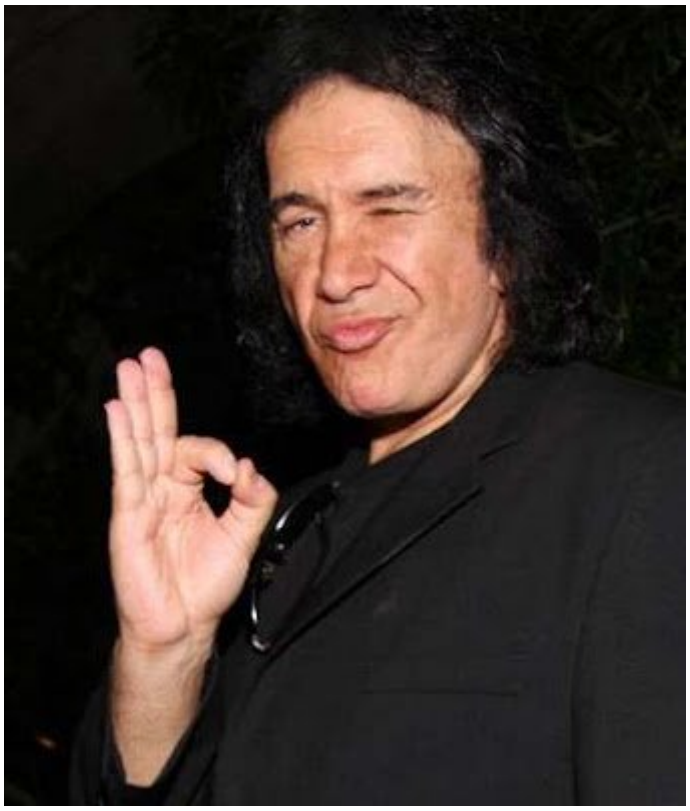
"That's why I'm not part of show business. We have to be afraid."



“If you have God in your life, it makes the difference.”



Was the King (((Indian)))?



"Rock is finally dead. It was murdered."



When the Controlled Opposition calls out the Controlled Opposition



I'm Just a Girl!



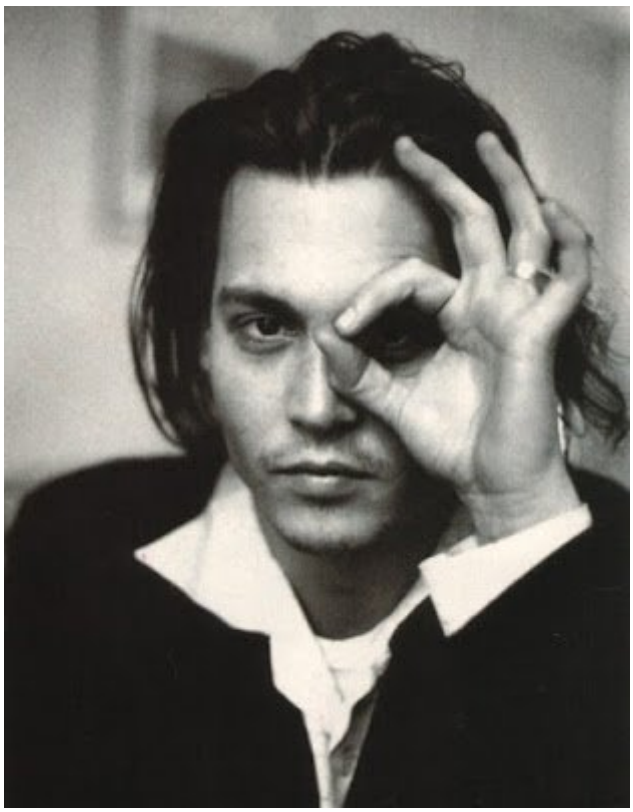
"If you're going to be a Luciferian, be a grand one, that's what I always say."



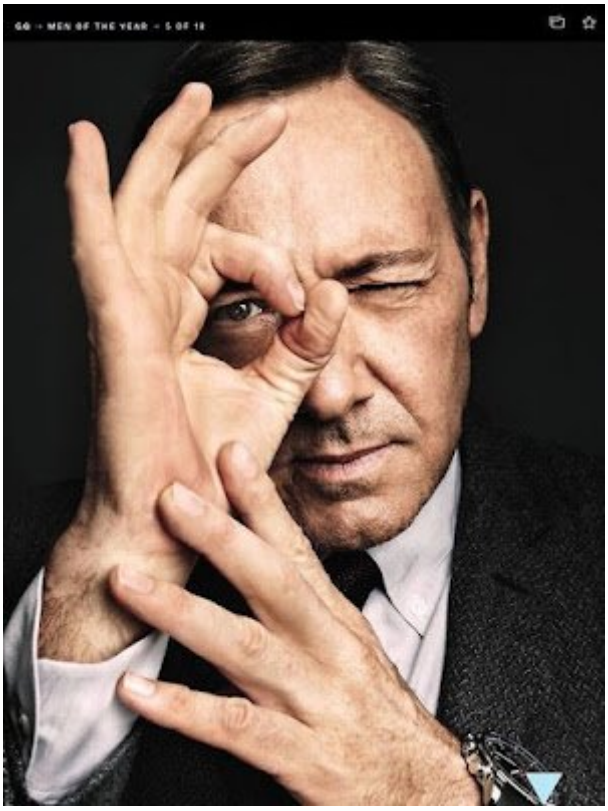
Harry Potter books are training manuals for the occult.



"The U.S. is the biggest corruption in the world!"



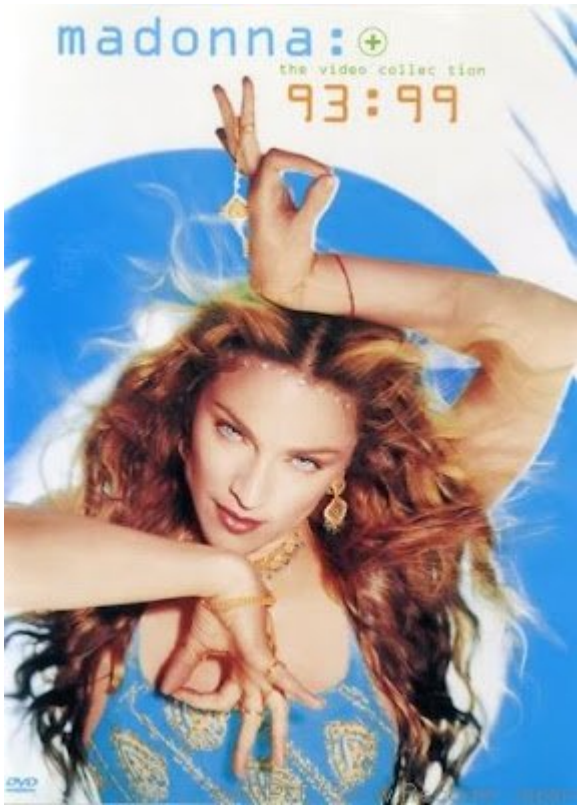
"I want to qualify, I am not an actor. I lie for a living."



"Besides, in Spacey no one can hear you scream!"



"I swear to Lucifer..."



"It makes no difference if you're black or white, if you're a boy or a girl.... vogue."



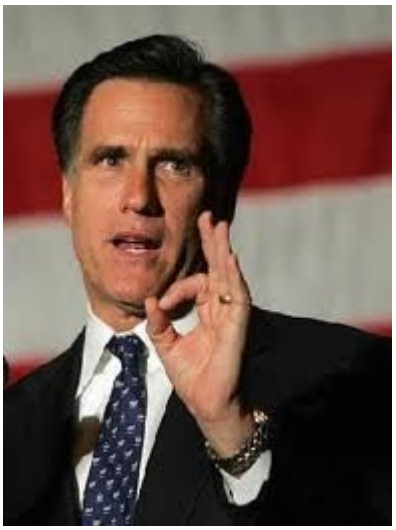
"Jew me, sue me... Everybody do me... Kick me, kike me... Don't you black or white me."



"That film, no matter what its defenders say, was a slap to the face of Christians everywhere, but Hollywood cradled the picture as if it were *Citizen Kane*."



"Entire careers originated and were moulded in The Mickey Mouse Mafia – sorry, Club...they're creating an army of celebrities with ties to their organization. It's like the Mafia. Only worse."



RomneyCare & Obamacare: Can You Tell the Difference?



"There are no satanic messages in the music."



"So when you were brought up in this kind of evilness, did you just think it was normal?"

[image]

"The agenda whereby a woman wants to bring the independent entity of her last name to the home should be reconsidered...If there is a message that the woman is an independent entity and the husband is an independent entity, this does not unite the home into a whole home."

[image]

"President Trump is right. I built a wall along Israel's southern border. It stopped all illegal immigration. Great success. Great idea."

[image]

"Don't you think a man who has this kind of economic genius is a lot better for the United States than a woman..."

[image]

"But I'm just telling you, I have experience with devil things."

[image]

"Not to intermarry racially is bad for the survival of the country."

[image]

"Is this proof I'm part of the Illuminati?"

[image]

"Dear Illuminati Evil Fucks: I Have A Mesage For You!"

[image]

"We must act - to save thousands of men, women and children..."

[image]

Is this the face of a man we can trust, or is this the face of a Deceiver: a con man, a snake oil salesman, a sham-man and a shaman?

[image]

This is the six hundred and sixty-sixth post published at this blog since it began in 2007. If that has anything to do with the theme of this post, it is purely coincidental and *totally* unintended.

To all who have read my whackaloon conspiritard food magic ravings here for the past ten years -- and still bother to check in whenever I infrequently find the time to publish another post -- I wish you all a Happy New Year!

I'm sure everything will be A-ok in our Brave New World Order in 2018 AD (aka Common Era 2000+6+6+6.)

Surely these numbers (for those who believe in such things,) portend an eventful and interesting upcoming new year....

God bless and Hau'oli makahiki hou!

An Annual Demonstration of Respect for the Rule of Law

Keoni Galt · 3 January 2018 · Archived copy · Original

Oahu, Hawaii - New Years Eve 2018

The above posted YouTube video of someone driving down the freeway while filming the skies gives a good snapshot of just how widespread the people of Hawaii defy the law on an annual basis. In every town and every district on the island of Oahu, from about 8pm on December 31 til 1:00am January 1st, the skies light up like a virtual war zone, as the majority of residents celebrate in solidarity to practice a cultural tradition that authorities have sought to end by decree for the past three decades and counting. It's a perfect demonstration of just how much THE LAW is respected, revered and obeyed by the general populace here!

As a young boy growing up in Hawaii, I distinctly remember the day it was announced that the mayor of Honolulu had signed off on the law that made the sale, possession and use of aerial fireworks illegal. That was in 1984, and if memory serves me correctly, that mayor's decision ended her first term and she lost re-election the following year to the former mayor she defeated in the previous election, in a landslide.

There are no official sources I can cite with regards to this, but I remember all of the adults in my life discussing the first (and only) female mayor in Honolulu's history who had previously won election by a 70% landslide, getting basically thrown out of office by the electorate for daring to outlaw one of Hawaii's most popular New Years Eve traditions. She was fortunate that the custom of tar and feathers for unpopular politicians was no longer practiced.

Despite such an overwhelming display of displeasure by the electorate, the ban on aerial fireworks in the City and County of Honolulu has never been overturned. The establishment that runs this town has seen fit to keep that aerial fireworks ban in place and our media and politicians see fit to issue dire warnings and proclamations every year about the illegality of selling, owning and using aerial fireworks. The occasional house fire or mishap that results in injuries and lost fingers are highlighted by the ~~State propaganda organs~~ tell-a-vision and fish wrapper/bird cage liner media headlines constantly in the aftermath of every New Year. So too are the handful of arrests and prosecutions of various participants in the thriving black market of illicit aerials. And yet the vast majority of the populace persist!

What is the State to do to get we the sheeple to comply?

As it stands, only licensed, accredited and regulated firework companies are allowed to acquire permits to legally set off aerial fireworks in the City and County of Honolulu. And every year, a handful of Waikiki hotels and other resorts around the island hire these legal companies to put on their licit firework shows. But these legal shows are dwarfed in comparison by the number of illegal fireworks that light up the sky all over the island on New Years Eve.

Year after year for as far as I can remember, the majority of the people of Hawaii have participated vigorously and enthusiastically in flouting the ban on aerial fireworks by spending millions of dollars on the black market annually to acquire the contraband and set them all off every New Years Eve. Cops, firemen, politicians, lawyers, union workers, government employees....nearly all would have to admit to being a scofflaw at least once in the past if they were born and raised here.

Most people from all walks of life in this State will fondly discuss our prohibited New Years tradition of

recreational aerial bombardments, while State officials and our controlled media continually push the narrative that most people of Hawaii are opposed to this annual tradition, and only a minority of criminals and scofflaws are ruining the peace, quiet and air quality for the rest of us.

It is to laugh.

Despite the overwhelming statement made every year in the skies of the Pacific as to what the obvious will of the people is in our State, our rulers persist in declaring it prohibited activity so as to continually push the agenda to over-regulate and criminalizes all sorts of behavior to create a society in which any citizen anywhere can be arrested and charged with a crime at any time. As Stalin's head of the NKVD secret police Beria infamously quipped, *"Show me the man and I'll show you the crime."*

In the article for Reason magazine, We're All Felons, Now, Radley Balko cites what I think is a relevant quote by Ayn Rand:

> "There's no way to rule innocent men. The only power government has is the power to crack down on criminals. Well, when there aren't enough criminals, one makes them. One declares so many things to be a crime that it becomes impossible for men to live without breaking laws."

Riffing off of Rand's quote, Balko concludes:

> "Whatever one may think of Ayn Rand's political philosophy or ethics, her criminal justice prophecy has proven unsettlingly accurate: In our continuing eagerness to purge American society of crime, we've allowed the government to make us all into criminals."

I'm sure this no doubt plays a part in the continued prohibition of one of Hawaii's favorite cultural traditions. Every New Years Eve, we the people of Hawaii come together in solidarity and express our criminalized consensus in the sky for all to see, regarding the sanctity of the rule of Law in this, the 50th franchise of USA Inc. If we truly were a "Democracy," ruled by the consent of the masses, the prohibition would have never happened. I'd love to see Hawaii get the chance to vote on a ballot referendum regarding the legality of aerial fireworks. I'd bet everything I had on the particular outcome of that one.

Happy New Year!

The Illusionary Rule of Law

Keoni Galt · 5 January 2018 · Archived copy · Original



Artisanal Toad wrote a lengthy comment on my last post that was thought provoking enough for me to riff off of as a new post rather then responding to him in the combox.

> I'm sure it's an unpopular opinion, but I see a real problem with the widespread civil disobedience encapsulated in your post because it demonstrates the public's contempt for the rule of law. Deeper than that, it likewise points to the fact that the public (at least subconsciously) understands we no longer have any rule of law.

I think you're largely correct AT, but not about the average person understanding consciously or subconsciously that we don't have any rule of law. I think the average person has been conditioned aka programmed to believe that all of the abrogations of our constitutional laws are in fact the rule of law in action.

> Observably in every judicial district of the State the various judges routinely flout this section of the law through the use of a legal fiction, ordering men to pay an arbitrarily set amount of child support or alimony and then jailing them for contempt if the debt is not paid. The legal fiction is that the man isn't being jailed for non-payment, he's being jailed for violating the courts order.
>
> Other state constitutions have similar provisions and if that weren't enough 13th Amendment to the US constitution prohibits slavery and involuntary servitude. The peonage statutes specifically prohibit what the US child-support and alimony system has become. Not only is jailing men who can't pay their child support or

> alimony unconstitutional, but the court's use of a legal fiction in doing so is the proof the judges understand exactly what they are doing. Even if the men can pay the arbitrary amounts awarded by the courts, the entire system is an unconstitutional system of involuntary servitude.
>
> When judges routinely refuse to enforce the clear protections of the constitution, favoring one group against another, they violate the constitution. Yet there is a mechanism for removing judges who refuse to uphold and obey the constitution and the process devolves to the electorate. But, when (as is now the case) the population refuses to replace the judges who violate the constitution, the constitution is abrogated and we have no rule of law.
>
> Observably, the feminist electorate has abrogated the rule of law at this point.

All true, but the real point is that the vast majority of the citizenry still uphold and support the abrogation of the constitution due to the rest of the establishment working in lockstep to enforce the unconstitutional family law system, as well as a whole host of other abrogations of the Constitution like the war on drugs, mass surveillance, Kelo, etc. Mass media programming and the entire education system from Kindergarten to PhD level University education all promote constitutional violations by the system and it's agents by programming the citizenry into believing that the abrogation IS supporting the rule of law and the betterment of civil society.

> And while some might say this is an academic point, it isn't. A Constitution, whether it be state or federal, is the agreed-upon rule of law between sovereigns that underpins the entire government and without that agreed-upon treaty between sovereigns, we have only a collection of sovereigns without law. Without the constitutions, we have no legitimate government and likewise no legitimate way to redress grievances.

When a people do not have a legitimate way to redress grievances, they will address them illegitimately...while ignoring the inherent cognitive dissonance that should result from participating in activities that are contra to the self-image the typical citizen has of his or her self as a law abiding citizen.

Case in point, the openly defied fireworks prohibition in Hawaii on an annual basis. What was once a cherished cultural tradition has now become a publicly supported, highly formalized and periodically controlled expression of anarchy. But the vast majority of participants wouldn't ever conceivably consider themselves as anarchists.

Fireworks on New Years in Hawaii is widely considered in integral tradition of Hawaii's modern day culture as is surfing, luaus and hula dancing. Every New Years Eve we are reminded of the fact that some cultural practises will continue regardless of what the Government deems it licit or illicit. Of course, in this case, the factors behind the national experiment of alcohol prohibition are the same factors involved in the continued ban on one of Hawaii's most popular and continually practiced traditions.

* Since Statehood, Hawaii has been a staunchly Democrat voting, unionized liberal dystopia of over-regulation, over-taxation and Government enforced cartelization of the majority of the commercial markets. By keeping fireworks illegal despite the overwhelming annual evidence that the majority of the populace disagrees with this prohibition, the establishment allows the populace to "let off some steam" at the otherwise highly over--regulated existence we belabor under the other 364 days of the year. Basically creating the conditions for an annual "micro-revolution" helps stave off the potential for a real revolution.

* Just like alcohol prohibition, the prohibition on fireworks is VERY lucrative for all the participants in the black market....and the truth of the situation is this: the sheer volume of fireworks arrive in the Hawaiian marketplace via shipping containers. And that is controlled by the most powerful union in the State - the longshoremen. The Stevedores run this town. And it is a virtual certainty that many of them HAVE to be involved in the smuggling of black market of fireworks. For anyone to think otherwise is to be utterly naive.

*Thanks to prohibition, the black market markup of a highly demanded cultural product makes the off-the-books profiteering more lucrative than probably any other black market commodity in demand...at least in the two months leading up to New Years Eve.

* The excessively high demand during the holiday season makes all those involved in fireworks smuggling, dealing and using a once-a-year criminal endeavor, so the vast majority of participants are not otherwise involved in a year round lifestyle of criminal enterprise. As it is also seasonal, those who profit off of the market also no doubt use it to subsidize all the other expenditures of the typical holiday season. As for the typical Hawaii resident firework user, most consider themselves otherwise civic minded, law abiding citizens for the rest of the year.

*The majority of the fireworks black market operates through the workplace. Dealers create order lists and distribute them to co-workers in both blue and white collar workplaces. Of course this is not the only way, as people involved in other black markets like drugs and gambling rings also distribute the order lists to their clientele. But the vast majority of fireworks are ordered and sold via the workplace. In other words, while the fireworks is a black market, it is not sold and distributed through the typical black market venues of shady, crime infested environments like other black market endeavors.

With the Establishment banning aerial fireworks, the Government itself willingly and knowingly creates the conditions to criminalize a large subset of the population who are normally law abiding and otherwise active participants in propagating a civil society throughout the rest of the year...while also underwriting extreme profiteering by the people involved in the black market distribution who are also the one of the most influential labor unions in the State.

> And while many would point to the (semi) functioning courts, public safety services and other current aspects of government as evidence that I'm wrong, they now have only the illusion of legitimacy.

> In the end there must be justice and one way or another there will be justice. Very few in the population can comprehend the issues involved nowadays, but the one salient point that must be made is this.
>
> **In the absence of a rule of law, the only recourse for the redress of grievances or injury between sovereigns is war.**

Every person who comes to this realization is then faced with a choice: will they go to war to seek justice, or will they submit to injustice and go along to get along? But that's the real rub here. Thanks to the establishment of our Brave New World Order's methods of regularly scheduled programming mind control, we have the illusion of freedom and democracy hiding the actual authoritarian tyranny in plain sight, and most never reconcile the cognitive dissonance of it all, but instead ignore it and "go back to sleep."

Or they only come to this realization when they've already been run through the grinder and only see the situation clearly when it's too late.

Those who rule our Brave New World Order use the illusion of "freedom" and "democracy" to hide the only legitimacy T.H.E.Y. recognize as the supreme law that they abide by and use to oppress and subjugate the rest of us: "Might makes right" and "Do as thou wilt."

THIS IS NOT A DRILL

Keoni Galt · 23 February 2018 · Archived copy · Original

I was having my usual cup of joe and reading the commentary at *Vox Popoli* blog when the cell phone Emergency Broadcast Signal Alert went off. This cell phone emergency messaging typically only happens when we have imminent heavy rains headed our way and the Government issues flash flood warning watches on the Emergency Broadcast channels.

It was Saturday morning at 8:08 am in the 808 State.

My wife looked at the message on the phone and completely freaked out.

"NORTH KOREA LAUNCHED A MISSILE AND IT'S HEADED TO HAWAII!!! THIS IS NOT A DRILL!!!! WHAT THE HELL?!?!?!?!?"

I almost spit out my coffee I had been sipping when the alarm first went off.

I told her to calm down, it's gotta be a joke.

My immediate thought were:

[IT'S JUST ANOTHER WAR OF THE WORLDS-FALSE FLAG-ORSON WELLS EVENT ALL OVER AGAIN].

I guess all this time spent on teh Interwebz becoming a Whackaloon Conspiritard left me unsurprised and immediately skeptical of my State Emergency Broadcast System's purported dire warnings of imminent nuclear annihilation.

She turned on the radio. A similar message was being broadcast on all radio channels. I went over to the tell-a-vision and turned it on. Nothing but normal programming. I flipped through several channels before I came to the

local SeeBS affiliate channel which was showing a college basketball game. It had a banner scrolling along the top of the screen with a similar (though not exact message) as the initial text message that started the day's false flag frivolities. None of the other local broadcast channels had any messages, scrolling banners or any other interruption of their regularly scheduled programming.

I went back to my computer and began googling. No one had anything about our false alarm on teh Interwebz yet.

The radio broadcast emergency message continued for about two more minutes, before breaking back into it's normal scheduled music broadcast. The scroll stopped running on the tell-a-vision college basketball game. My phone was blowing up with texts and calls from family and friends. I replied to a few of the texts but didn't answer any of the calls. I had a panicked family to deal with at the moment.

My wife was on the phone tearfully telling her parents goodbye.

She hung up the phone and yelled at me that we needed to do something. I tried logic and reason to calm her down. The children started crying.

"Look, even if there really is a missile headed our way, that doesn't mean it's a nuke. It could be an attempted demonstration of North Korea's missile capability in an effort to gain power in negotiating with our Government. On the other hand, if it is a nuke, and it actually hits our island, *hasta la vista* babe! It's been a great life...Game Over. In either case, it's beyond our control, there is nothing we can do. Besides, if this is the start of World War Three, do we really want to live afterward?"

Needless to say, my unassailable logic failed to calm her down.

We have been preppers for years. We've got emergency supplies, bug out bags, evacuation plans and other preparations to deal with most potential civil disaster events - an earthquake, an approaching hurricane, a tsunami, total economic collapse and especially the coming zombie apocalypse. I have the mentality of a die hard survivalist and will fight until my last breath to survive or overcome any possible SHTF/TEOTWAKI events that may come to pass. But a nuclear strike on my island home? Even if we survived the initial blast, I don't think I care to test my will to survive in an post-apocalyptic nuclear ravaged landscape.

For I've also always reasoned that a nuke strike on Hawaii would simply be the first nuke in a multitude of exchanges resulting in a worldwide nuclear holocaust. No ways Hawaii gets blown off the map without the US retaliating in kind. And that, of course, would likely be followed up with the world's other nuclear powers getting in on the action. I've decided years ago when I first began prepping that I'd rather die by instantaneous vaporization in the first blast then try to survive in an atomic post-apocalyptic world.

Needless to say, my wife was not comforted with my reasoning. She began to take the bug out bags out of their storage and gathering up other things to prepare to evacuate.

I sat back down at the computer and began googling again. Not one mention of our little island's drama anywhere for over 35 minutes. Finally, Drudge had a headline declaring it a False Alarm with a link to the Hawaii Emergency Management Agency's twitter account.

As soon as I saw the HEMA twitter page with it's rather illuminating logo, I LOL'd.

[I KNEW IT!]

At the same time, my wife's phone went off again. Her parents were texting that it was a false alarm. Finally she began to calm down.

I resisted the urge to say I told you so, and refilled my coffee cup and googled some more. The very first mainstream media report came from the UK's DailyMail website, nearly 45 minutes after the fun began. I couldn't believe a UK-based celebretard tabloid scooped the entirety of the American media-propaganda-fake-news industrial complex.

Ah well, that certainly made for a drama filled start to a typically lazy Saturday morning. I finished my coffee, logged off teh Interwebz and proceeded with my plans I already had made for that day.

I didn't log back on to teh Interwebz until the next day. I was curious to see the online post-mortem from both local and worldwide reaction to out little mass media psyop false flag event.

I LOL'd at Henry Makow's twitter quip as it mirrored my initial response to the first alert: "Who is in charge of missle alerts on Hawaii...Orson Welles?"

But it was at the Vox Popoli thread discussing it that I really wanted to join in on the conversation...however, for whatever reason, I've been unable to comment at Vox's for a few months now. My IP must have been spammed by one of the mods while I was sock puppeting for the LULz or Googliath doesn't like me anymore as an anonymous commenter, as whenever I try to comment now, it appears for a moment than disappears. Ah well, it's all good. While I miss playing around with the VFM & the Dread Ilk, it is better for my time management and real life productivity to avoid getting into commentary debates on teh Interwebz anymore. Hell, I'm only getting around to blogging here because I'm currently rained out from my regularly planned typical Thursday work day.

That being said, I copied a few of the comments and responded to them here with the intent to publish this blog post in a timely manner. Shit happened, got really busy again in the real life, and here we are over a month later. Ah well, I hope this post still makes for interesting reading for those of you left that still bother to check in occasionally on my little corner of teh Interwebz.

Answering posts from State employee screws up, Trump top blame:

> "It was all due to one guy with his finger on the button. How comical. Wonder if he's a democrat?" - Salt

Guaranteed. The only Republican to ever win in any significant election whatsoever since Statehood was our (((Lesbian Governor))) in the early '00s. And even though she reigned for 8 years, the State Government bureaucracy was still by and large, Hawaii Government Employee Union members (aka Democrats for life).

> "Given how many state employees are doing just that on the job...Idiocracy is the best case scenario." - The Observer

Hawaii's largest employer is the State Government. Hawaii's largest union is the Government Employees Union. In terms of the majority of those employees, Idiocracy is being a bit generous. That being said, there is no way in hell this event was an accident. Rest assured, Hawaii has it's elite 1% at the levers of power, and they are no idiots, and

they certainly know how to manipulate the useful idiot cogs in the State machine to do something like this quite purposefully and deliberately for their own nefarious reasons.

> "My conspiracy theory...
>
> Someone in the govt. wanted to see how people would react if the U.S. was actually attacked.
>
> The results would have been as predicted (people running around like headless chickens)." - Simon

My conspiracy theory:

Someone in the elite 1% of our Brave New World Order's Global Hegemony wanted to run another of their periodic tests to get a read on the effectiveness of their mass media propaganda operations on a sample-size population.

T.H.E.Y. have spent a lot of time, money and efforts in producing the media to manipulate the masses with the institutionalized public education system, and regularly scheduled programming on the tell-a-vision, the silver screen and the Infotainment Industrial Complex.

Besides, I highly doubt it was accidental that only a couple of weeks or so prior to our little test run here, all of the mainstream mass media propaganda industrial complex was broadcasting that lunatic in PyongYang was threatening USA Inc., with nukes and that Mein Trumpenfuhrer was irresponsibly and recklessly provoking him. In hindsight, the obvious predictive programming was obvious.

> "When competently accomplishing a task is seventh or eighth on the list of important things about holding a position of employment... You might be a banana republic." - JACIII

Nah, we are just the 50th Franchise of USA Inc. As a franchise, we have the same opportunities available for bureaucratic incompetence and inefficiency as any the other Democrat-stronghold Franchise in the upper 48 States. While I've never tried it, at this point, I'm thinking that life under a banana Republic would perhaps be preferred than the current status quo.

> "...it turns out that Mr. Miyagi was the boss. Apparently Daniel-san failed to grasp switch-on, switch-off." - Gordon Scott

Hai! Mr. Miyagi (the actual HEMA representative, not the Karate Kid movie character) is the perfect representation of the typical State Government bureaucrat with strong union protection and the confidence that he will have a generous tax payer funded pension to live off for resigning. He took responsibility for one of his supposed underling's mistake, and a few weeks later and no one cares anymore.

> "That warning system takes more than one step to activate. Incompetent people tend to not be that stupid." - swiftfoxmark2

Agreed. I have zero doubt in my mind that this was no simple accident or mistake.

> "The story out there now is that the alert was "accidentally triggered during a shift change." Since that shouldn't be remotely possible, everybody is "investigating." I'm betting that the culprit will not be held responsible, or at most suspended with full pay..." - pyrrhus

If their actually is a single person responsible for physically pressing "the button," they will be protected by his union and will be shielded by Mr. Miyagi's tell-a-vision sepukku act. He took full responsibility!

> "As far as I can tell, both regular internet and phone/VOIP connections to the mainland held up. That is actually kind of impressive, and frankly more than I expected given the circumstances." - Darth Dharmakirti

That was most likely one part of this test-run...to see how the communications network would hold up in the event of mass civil panic and the inevitable deluge of people frantically calling-texting-tweeting all at once.

> "Wherever the emergency alert button is located, I am pretty sure it will soon be encased in hard plastic soon with a key required to open it.....and the governor will have the key on a bead chain around his neck....and a checklist of required steps before bothering him for the key.
>
> If the North Koreans (or Chinese) did not trigger this "false alarm", they must be thanking their lucky stars right now. Now the early warning system will be more difficult to trigger and will be slow to respond and leave less warning time for Hawaiians....all of which is the wrong response but the most likely." - DonReynolds

That was one of my first thoughts in the first seconds after I heard the emergency alert on my mobile phone. A prank by hacking, a deliberate test run, or the start of a False Flag event to kick off World War III.

Rest assured, T.H.E.Y. used false flag events to kick off the last two world wars, and it is a virtual certainty that the next one will start be started with a false flag event as well.

> "If there's a conspiracy, that's the most likely one. Drills are BS. If you want to know how people react, you have to give them a real life test. We'll see how sunk America is over the next few days, because after the shock wears off, the real news is Hawaii is comically unprepared." - Roundtine

How does the average citizen living in one of the highest cost-of-living states, financed to the gills in usury to live the American Dream in Paradise, going to prepare for an actual Nuclear Strike from North Korea? We have our preppers amongst the populace, but the majority of people live in old plantation style single wall-housing on stilts, McMansions in modern American-planned community-style suburban housing tracts with *NO BASEMENTS*, and high rise apartment buildings.

The current Civil Defense system is set up in Hawaii to have the majority of the populace seek shelter in the concrete building public schools that are in every community throughout the State. Great idea for hurricanes and tsunamis, but in terms of a direct nuclear strike?

I'd rather get vaporized in the comfort of my own home rather then crowded into the nearest public school shelter

with a bunch of my panic-jacked neighbors in a post-apocalyptic world.

> "The Q anon explanation is that a missile alert triggers a bulk data transfer and wipe of the NSA data center in Hawaii." - Phelps

That certainly sounds plausible. Running a planned test could certainly have more than one objective they wish to achieve.

> "It's news about a political subject - I assume that all parties involved are lying, the media will not understand and misquote, and the truth has only a tangential contact with anything said by anyone involved (if at all)." - Just another commenter

I could have wrote that.

Maybe I did.

> "Obviously a shady group in Russian government shot a missile at Hawaii, which was shot down, but unfortunately at the exact same moment, another shady group in Russian government, which didn't know of the other group, hacked the alarm system into giving what was supposed to be a false alarm. A third group of Russians have earlier influenced Trump to create a dangerous world in which this would create hysteria.
>
> It's Russians all the way down." - Markku

Markku forgot the most important aspect of the Russiangate connection...it was to cover for the closing of the HotDog Stand that was the Hawaiian connection to Pizzagate...

> "i'm with the conspiracy theorists on this. we decided we were not ready to have a war today... so we covered up the fact that we shot down the missile.
>
> Now.. if that is true... then we can predict a big build up for war in the near future. with questionable justification for it." - Nate

This could be true too...we have the anti-missile testing base at Kekaha on Kaua'i, and they have been regularly doing missle defense tests *at least* since the Reagan era cold war.

But I don't believe NoRKo actually launched anything. Or if they did, it was most likely a dummy missile with no nuke payload, meant more as a demonstration of "Here's our range with what we are capable of with our ballistic missiles." If our "star wars" program at Kekaha shot that missile down, it HAD to be a non-nuke payload, otherwise I'm quite sure we would have at least heard it get blown to smithereens. People in mainland China purportedly saw the nuclear blasts at Hiroshima and Nagasaki. If our anti-missile defense system intercepted a live nuke from NorKo, we would have heard or seen *something* in our skies....

> "I don't buy either the "oops" excuse or the "we shot one down" scenario.
> I'm going with some low-level apparatchik flipping a few switches intentionally trying to get the President to blink & launch pre-emptively at the NORKs. HI, as noted above is deep-HRC country...likely heavy on the #resist...I put nothing past that mob of jackals." - John (not the pope)

While I believe that is certainly possible amongst the hardcore progressive trueblues that are everywhere in this State, I don't believe this sort of event is even possible to start with low-level apparatchik screwing up their job.

> "It seems more likely this was a test. You can't test a genuine public response if you say it's a drill." - Battlefrog

Agreed.

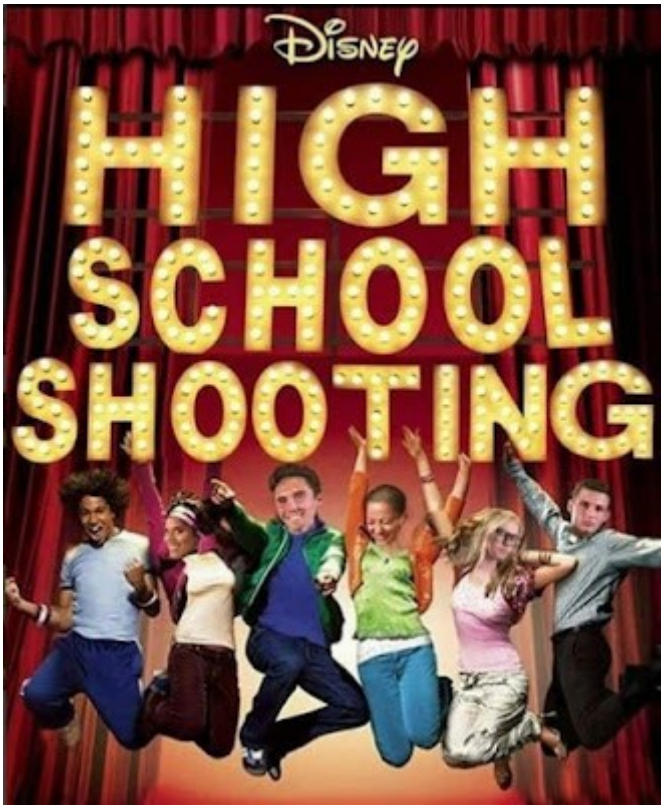
> "If you are vacationing in Hawaii when a missile attack occurs, there isn't much you can do unless you have close relatives with a home nearby. Rather than panic you may as well order the most expensive thing in the restaurant or from room service and enjoy your last meal." - Precious

For a moment, I suspended my disbelief and thought about what I should do if it was indeed a real missile attack. I thought about lighting up my most expensive cigar in my humidor and finishing off my most treasured bottle of Pappy Van Winkle. Glad I stuck with my first instincts that it was a false alarm.

I'll save the Pappy for a better special occasion.

When the 2A Goes... GAME OVER

Keoni Galt · 14 March 2018 · Archived copy · Original



The series is a hit...more episodes to come!

Out here in the fever swamps of teh Interwebz, where the whackaloon conspiritards lurk and troll, we stand all amused at the continued theater of ludicrous absurdity that constitutes the mass media's regularly scheduled programming of mis- and dis- information. **Of course** all these school shootings are sponsored productions with crisis actors and FakeNews mediums manufacturing the narrative to achieve nefarious ends.

These false flag events all have the common denominator of being deliberate machinations, carried out with specific and malevolent intent.

The FedGov's infotainment-education industrial complex is repeatedly churning out low budget production after low budget production, generating hit after hit into the national consciousness, all with the deliberate purpose of finally winning the WAR ON TERROR that was declared on we the sheeple that September morning, 17 years ago.

To those of us who are woke, it couldn't be anymore blatant or obvious.

The intent has always been and always will be eternal revolution. To overthrow order with chaos, so that the "new" order can reign supreme over the entire face of the earth. Total enslavement and absolute subjugation, to do with us as T.H.E.Y. (The Hierarchy Enslaving You) will.

But T.H.E.Y. cannot ever achieve this goal of total victory over we the sheeple, until we assent and give them consent to do what T.H.E.Y. always do...what T.H.E.Y. have always done.

See, those of us who are woke, are the learners and researchers of hidden history. There is only one place that hidden history can be found and studied so that you begin to recognize the standard operating procedures T.H.E.Y. have been using over and over again since antiquity to wage an eternal war dedicated to the overthrow and destruction of humanity.

This hidden history can only be found in the old books published in the time before T.H.E.Y. gained an almost complete monopoly of publishing, the mass media, the educational system and most religious institutions. Books written in the eras and epochs in which the damnable political correctness and cultural marxism had no influence on those who wrote about the problems of their times.

It is in these writings of old that one can learn to recognize the patterns of the adversary. Once the pattern recognition sets in, nothing will surprise you anymore.

As someone once wrote in the #1 bestselling book of all time, "There is nothing new under the sun."

And to those of us who recognize the pattern, we know that the current epoch of declining Western Civilization has nearly reached its nadir in the degradation and corruption of humanity.

But we're not quite there just yet. Some hope remains, but it's dwindling fast.

For this common pattern that plays itself over and over again in the cycles of history, is one of eventual disarmament of the majority of the citizenry, immediately followed by one or more of the following phenomena: enslavement, dispossession, expulsion, genocide, ethnic cleansing and even total extinction.

At this point in time, the remnant of supporters of the Second Amendment are all that stands between we the sheeple and the total tyranny T.H.E.Y. have been tirelessly working towards for ages. While the second amendment is still strongly supported by a majority of the nation, T.H.E.Y. continue to wage a war of incremental gradualism, working towards total assimilation of the youth, one young mind at a time.

So we get these school shooting drills/events and then we get a preplanned and coordinated response by the FedGov Education and mass media industrial complex.

Whether these actual events themselves are entirely staged and no one really dies, or they really do involve the slaughter of innocents almost doesn't even matter at this point. Real events not, the response by the FedGov's mass media-Infotainment and Education industrial complex is always the same. The narrative has been coordinated, the consensus has been declared and the agenda progresses ever forward to the desired Hegelian synthesis of eventual mass disarmament and the total Globalization of population control.

T.H.E.Y. are pulling out all the stops now. Tomorrow, we will see the demonstration of their only real power...the power of the lie. The power to use deceit and deception to get us all to willingly give ourselves over to their control.

T.H.E.Y. are issuing orders to all of the kommisars at all levels of the FedGovDeptOfEds bureaucratic leviathan to coordinate the narrative and manufacture the consensus: WE NEED GUN CONTROL NOW!

The superintendents, the Principals, the Vice-Principals, charter school directors and all the other cogs in the brainwashing machine called "Public Education" are participating in a blatant nationwide astroturfing campaign to create a spectacle of public school kids all over the nation doing a symbolic 17 minute walkout from school to CHANGE THE WORLD.

I don't know precisely how this is going down in all 50 franchises of USA Inc., but here in Hawaii, the Big Island's Hawaii Tribune Herald reported on March 3rd that the ~~apparatchiks in the Bureau of Indoctrination~~ State Department of Education is

> "...advising schools statewide to create a “designated walkout area” for students who want to participate in upcoming protests against gun violence, Superintendent Christina Kishimoto said in a Friday letter to parents."

The Hawaii Free Press offers its translation services: *"Principals are being instructed to schedule a rally on their school campus. And the Superintendent just advertised the rallies to every single parent and student."*

DOE ~~Change agent~~ Superintendent Christina Kishimoto writes further:

> “The DoE supports students’ constitutional rights to a peaceful assembly and free expression... ...disorderly conduct that disrupts school operations is not acceptable and will be appropriately handled in accordance with the Code of Student Conduct.”

Hawaii Free Press translates again: *"Students must make our events look good or else."*

> "Additionally, Kishimoto said students who leave campus during the event will be marked with an “unexcused tardiness or absence.”

Translation: *"Stay on campus to swell up our crowd counts or be punished."*

> She said participation in any walkout is voluntary and the DOE advises schools to “encourage students to use the time to share ideas for improving campus safety, security and culture."

Translation: *"Your teachers will take the entire class to the rally and check attendance there."*

> A school district in Texas said it will suspend any student who participates in a walkout. “That’s exactly the opposite of what we want to do,” Chad “Keone” Farias, superintendent of the Kaʻu-Keaau-Pahoa Complex Area, said Friday about the penalties.
>
> Farias said he’s not sure how many students locally plan to participate.
>
> He said East Hawaii principals were sent guidance about the event and are being encouraged to respect students’ right to participate while also making sure any planned protest activities are safe and don’t break school rules.

> “The last thing we want to do is discipline,” Farias said. … “As educators, we want to respect that kids have this right to participate in this responsible civic activity to voice their concerns that we need to bring school violence into the light. This is not a place students should feel unsafe. This is where they should feel most safe.”
>
> Hilo High School is encouraging students to gather on the campus patio during the designated walkout time, Principal Bob Dircks told the Tribune-Herald on Friday.
>
> He said students will be encouraged to write out any comments or concerns about gun violence and read them aloud — if they wish — during the event, which falls during Hilo High’s lunch recess.
>
> “So, it will be a means to share their thoughts and their voices, and it will be peaceful and won’t take away from academic time,” Dircks said. “Which I think is a very good call on the students’ part. … But this has got to be student driven. It can’t be something the adults come up with.”

Translation (this time I will take the honors): *"We are so confident in the success of our indoctrination programs, we know the kids will advocate for what we want them to...MOOOAAAR GUN CONTROL."*

Tomorrow's globalist mass media is surely set to highlight an impressive spectacle of mass consensus that an entire nation of Youth are urgently calling for "COMMON SENSE GUN CONTROL."

Eventually some prominent politician is going to call for a referendum on the Second Amendment, in the name of all the innocent victims of these school shootings.

Then we will really see how much the average American cherishes whatever we have left of our exceedingly diminishing remnants of freedom and liberty.

Either that, or we'll have another historic false flag disaster followed by a declaration of martial law and total civil war or FEMA camping trips for all.

At this point, I don't see of any other way for this all to end.

Aloha!

LOOK AT ALL THIS BEAUTIFUL GREEN GRASS

Keoni Galt · 16 March 2018 · Archived copy · Original



So on Wednesday, they laid down another layer of well worn, shoddy and rotting astroturf, to set the grounds for our eventual disarmament.

From March 17, 2018 Honolulu Star-Advertiser's front page (you can't view back issues online without a paid subscription, so I quote from hard copy fishwrap):

> "Thousands of students at campuses across Hawaii intend to walk out of their classrooms today at 10 a.m. along with their peers nationwide. The 17-minute walkouts are a tribute to the victims as well as a rallying cry for an end to the violence.
>
> **The movement is organic**, popping up at schools large and small, public and private."

Organic astroturf!!

After T.H.E.Y. spend weeks laying down the rotten gun control astroturf, T.H.E.Y. tell all to look at the wonderful, beautiful, vibrant and luxuriant grass that's growing from the spontaneous roots of righteousness that spring forth from the purity and innocence of our youth.

Yesterday's headlines from the Honolulu hamster-cage liner tell us exactly how we need to admire the new sod campaign they are laying on real thick:

> Youth Rejuvanate Our Democracy *

> "There's nothing but inspiration to be drawn from the stunning movement by the nation's youth to marshal forces around the issue of gun control."

Inspiration drawn? For whom? T.H.E.Y. who want to disarm we the sheeple, that's who.

> Next up for students: 'March for Our Lives'
> Hawaii students are gearing up to "March for Our Lives" on March 24, **building on the success of the student walkouts** Wednesday protesting gun violence in schools.
>
> * Subscription required to read full articles...but why do you need to pay to read what we already know the message they both contain - MOOOAARRRR GUN CONTROL!!!

The Emperor has no clothes, there is no rabbit hole, abracadabra, it's just a matter of time until you willingly give up all your arms to us.

I think I can state with pretty good confidence that similarly worded articles were published and broadcast in all 50 states of USA Inc. While the contents may vary somewhat to account for geographic locations and local-flavored lingo, the core message still remains the same:

WE ARE THE GOVERNMENT, AND WE ARE HERE TO HELP.

March For Our Lies

Keoni Galt · 25 March 2018 · Archived copy · Original



Some idiots are more useful than others...especially young, indoctrinated ones getting their marching orders from astroturfing outfits hell bent on disarming the citizenry of an entire nation. Youthful tears and amping up feminine fears for an overwhelming display of the largest ~~cattle drive~~ march since the Vietnam War era protests are all supposed to convince the nation today that THE TIME HAS COME!



What do you think all these School Children are taught about the Second Amendment in their History Classes?

While I largely agree with Heartiste's take on today's festivities --"*Guns are not the problem; people, culture, and policy are the problem."* -- the real problem in our nation at the present is the effectiveness of the systemic indoctrination of such a large swath of our nation's youth by our education-industrial complex.

To heed the advice of that wise Spaniard Santayana, who famously stated that "...those who fail to learn from history are condemned to repeat it," you have to first be able to read an accurate recounting of history before you can even begin to learn from it...which is why the modern Public Schooling system is designed to dumb the students down and get them to focus their semi-literate studies on LBGTQ@PZ&CL#SX tolerance, six-gorillion gender identifications, anti-bullying snitching campaigns and nationally orchestrated walk out stunts instead of any

semblance of a real education focused on proper reading, writing and arithmetic....especially the reading part.

They don't want the youth to read about the history of genocides committed by Governments who always disarmed a targeted populace before carrying out evictions, dispossession, ethnic cleansings and/or genocides. How many of these ~~useful~~ youthful idiots do you think have read books like *The Gulag Archipelago?*

> And how we burned in the camps later, thinking: What would things have been like if every security operative, when he went out at night to make an arrest, had been uncertain whether he would return alive and had to say good-bye to his family? Or if, **during periods of mass arrests**, as for example in Leningrad, when they arrested a quarter of the entire city, people had not simply sat there in their lairs, paling with terror at every bang of the downstairs door and at every step on the staircase, **but had understood they had nothing left to lose** and had boldly set up in the downstairs hall an ambush of half a dozen people **with axes, hammers, pokers, or whatever else was at hand?** After all, you knew ahead of time that those bluecaps were out at night for no good purpose. And you could be sure ahead of time that you'd be cracking the skull of a cutthroat. Or what about the Black Maria [Government limo] sitting out there on the street with one lonely chauffeur — what if it had been driven off or its tires spiked. The Organs would very quickly have suffered a shortage of officers and transport and, notwithstanding all of Stalin's thirst, the cursed machine would have ground to a halt!
>
> If... if... We didn't love freedom enough. And even more **— we had no awareness of the real situation.** We spent ourselves in one unrestrained outburst in 1917, and then we hurried to submit. We submitted with pleasure! - Alexander Solzhenitzyn

Here's the real situation: just like the mass arrests of Stalin's Red Terror, plans for similar operations are already planned for here in USA Inc. All the Executive Orders are in place for Martial law to be instated by the stroke of a Presidential pen, usable facilities for conversion to FEMA camps in every community across the country, and nearly all police forces have been militarized and prepping for civil unrest for the last decade or more.

The only thing holding it all back is the fact that we are the most heavily armed civilian population in the history of the World.

Even if T.H.E.Y. fail to disarm enough of we the sheeple, they may eventually try to commence with their police state plans anyways after some False Flag event or some other pretext kicks off World War: Episode III. When martial law gets declared and the armed agents of the Brave New World Order are roaming our neighborhoods carrying out pre-dawn raids and establishing road block checkpoints to arrest your neighbors, will enough of us remember Solzhenistyn's hard learned lessons?

Solzhenistyn and his fellow gulag prisoners were left wishing they had tried to make a stand with axes, hammers and farming tools...will the armed Americans realize the situation when it arrives and make their stand with the tools available to them -- or will the majority submit with pleasure? Because that's what today's march was all about.

A demonstration of just how many minds of the next generation they have already assimilated into the Globohomo borg and submit to our overlords with eager enthusiasm. These are the young minds on parade...young minds bereft of the knowledge of what happened in eras past. Bereft of the lessons of history so that they are condemned to repeat them.

The formula has already been established, as America's Most Aggressive (((Civil Rights Organization))) points out:

Hatred + Government + Disarmed Civilians = Genocide

And that is precisely what today's march was for, to demonstrate the effectiveness of their regularly scheduled programming to deliberately dumb down our nation's children. Not only are these masses of indoctrinated youth ignorant of the readings and writings of real history, they don't have an understanding of the arithmetic at play here either. They are simply doing what they've been told to do. We got the Government and the Hatred part already summed up. Only one more addend to go before the equation can be completed and the desired final solution arrived at.



Are You Not Fuhrerious Yet?

What's that, you say? You don't believe the majority of the Government literally hates we the sheeple?

In a country where Corporations have permission if not downright cooperation of the Government to socially engineer our society and poison our air, food, water, and culture, do we really think The Hierarchy Enslaving us has anything other than malevolent intentions for the vast majority of the populace?

Ye shall know them by their fruits.

If you really believe the funders and organizers of today's propaganda parade and their co-conspirators in the FedGov leviathan really want to "SAVE LIVES," I got a pedestrian bridge in Florida to sell you.

Does Not Register in My Conscious Mind

Keoni Galt · 3 August 2018 · Archived copy · Original



We interrupt my irregularly re-scheduled deprogramming to bring you this ~~important message~~ impromptu blog posting.

I played some music while I was at work the other day that I haven't listened to in well over a decade, including the debut Suicidal Tendencies album.

The lyrics to the song "Subliminal" reminded me of a short video I once saw somewhere on teh Interwebz.

> Flashing pictures on my screen
> shown too quickly to be seen
> does not register in my conscious mind
> propaganda of another kind
> they're fucking with me subliminally
> they're fucking with me subliminally
>
> danger-nightmare
> doomsday-nightmare
>
> Watching tv, i start to cry
> for no reason, i don't know why
> could it be from messages on my tv
> which i'm getting subliminally?
> they're fucking with me subliminally
> they're fucking with me subliminally

> Mind control the easiest way
> sponsored by the C.I.A.
> it's a weapon you cannot see
> it's propaganda subliminally
> they're fucking with me subliminally
> they're fucking with me subliminally

Dusting off my atrophied Google-fu skills, I went searching through the lunatic fringes of the fever swamps of cyberspace that I haven't visited in awhile, and found it again. Lo and behold, it's actually been stored at archive.org:

> Most mass media television programming and movies are heavily coded with all sorts of messages, political agendas and propaganda. This short clip examines some of the sexual imagery in advertising and children's television programming.

Most of the imagery and messages in this clip were from advertisements, shows and movies from well over a decade or two ago. Suicidal Tendencies was singing about this 35 years ago.

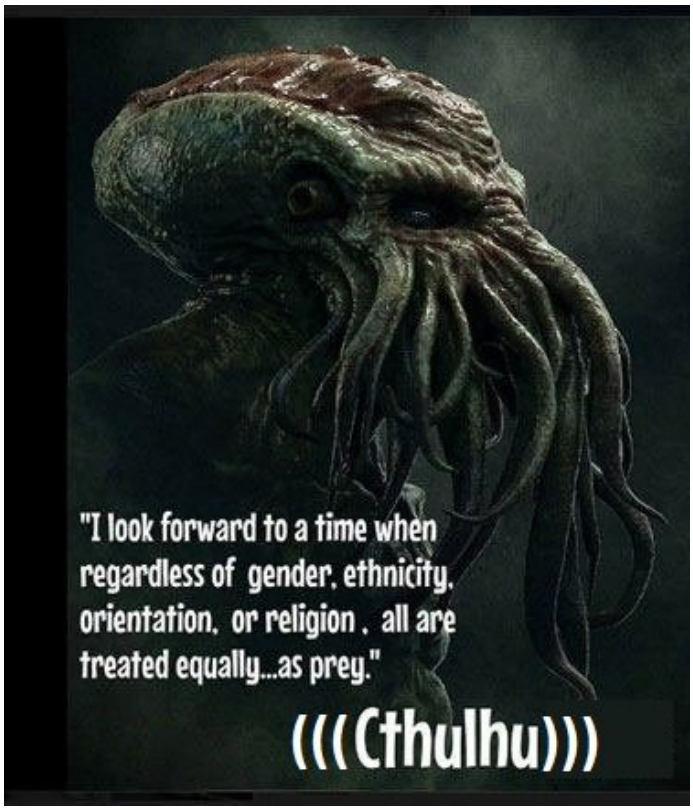
Given the advances in technology since then, we can undoubtedly guess that the subliminal content of our mass media's Regularly Scheduled Programming has gotten more sophisticated, more insidious, more deviant and more influential then ever before.

If you want to free yourself and take your subconscious mind back from the undue influence of the people who are creating such content, your going to have to turn off your tell-a-visions and stop going to the feelies at the theaters of our brave new world order. While you are still subjecting your brain to their programming, you will never know if your thoughts and ideas are truly your own.

We now resume my irregularly re-scheduled deprogramming.

The Hierarchy Enslaving You

Keoni Galt · 2 November 2018 · Archived copy · Original



T.H.E.Y. go by many different identities: the Powers That Be, the Elite, the New World Order, the Shadow Government, the Globalist Neo-Cons, the Banksters Too Big To Fail, the Trilateral Commision and Council on Foreign Relations cabal; the bohemian grove reptilian zionist alien bloodlines of the satanic luciferian illuminati nephilim -- the pagan occultic cabalistic gnostic cannibalistic sodomite pedophile freemason pornographers from hell...however you wish to label or identify them, you must understand that on some level or another, all of these descriptions are invariably grounded in *some* literal or figurative aspect of the reality of their existence.

Regardless of the mask they wear, we must understand that T.H.E.Y. are no longer content to simply offer us the programming to lead us into voluntary self-enslavement and reap their harvest of souls lost to deviant perversions, emotional terror, and the pounds of flesh they extract through usurious compound interest alchemy.

T.H.E.Y. are turning up the dial and raising up the temperature to literally and figuratively cook our spirits and consume the bounty of our flesh and blood, at the cost of our sanity, our posterity and our souls. Their primary means of achieving these infernal ends is both extraordinarily simple and enigmatically complex. In a word, T.H.E.Y. employ basically one thing that is their most potent and effective weapon to rule this world - black magic spell casting.

There most powerful black magic spell, is the spell of inversion. T.H.E.Y. call it Abracadabra.... *"I create as I speak."*

Or to put it simply, T.H.E.Y. Lie.

And when we believe them, their *Abracadabra* spell works exceedingly well. It creates an extraordinary hold over our bodies, minds and souls. It is only through the power of the lie that T.H.E.Y. gain power over us to do as T.H.E.Y. will.

> Ye are of your father the devil, and the lusts of your father ye will do. He was a murderer from the beginning, and abode not in the truth, because there is no truth in him. When he speaketh a lie, he speaketh of his own: for he is a liar, and the father of it. - John 8:44

Above all else, we must understand that T.H.E.Y. lie to themselves.

T.H.E.Y. believe they "create" as they speak...but they do not have the power to create - only the power to pervert, corrupt, to warp and destroy all that is good, pure and natural. T.H.E.Y. cannot create anything that is fresh, wholesome, organic or beautiful, they can only take those things that are pure gifts from the Father of Creation and pervert them with inversions.

For when they cast their spell on us, we are led to believe that up is down, black is white, good is boring, evil is cool, ugly is beauty, debt is money, truth is hate, war is peace, freedom is slavery and ignorance is strength.

T.H.E.Y. believe they are superior to the average human being, that they are chosen, above we the lowly sheeple, and that we are literally and figuratively cattle to them, whose sole existence is for their benefit and usage, however T.H.E.Y. see fit.

T.H.E.Y. reject the Truth of the Son of Man who came to deliver us from evil. T.H.E.Y. embrace the eternal revolution against God the Father and perpetually work towards a life of indulgent, hedonistic excesses of materialistic opulence and luxury provided by the mass enslavement of humanity as their paradigm for what is the ultimate achievement of life on this plane of existence.

These are the lies that T.H.E.Y. tell themselves, to accomplish their parasitic existence at the expense of the rest of humanity. If they weren't involved in the worst, most gruesome and depraved crimes against humanity throughout all of history, one could almost feel sorry for them. Almost.

For these are they who have crossed the line, and went over to a point of no return. These are they who have sold their souls and are destined for eternal perdition. These are they who have given themselves over to their lives of sin and have become enslaved to their vices and perversions. At the moment, they revel in their perceived power and wealth and lord it over us with malevolent glee. Sooner or later, we all get what is coming, and T.H.E.Y. are no exception.

This is why He who came to deliver us all, told us all that the Truth shall set us free.

Because the power of deception is really the ONLY power T.H.E.Y. have...and it is **only when we consent and assent to accept their lies as Truth** that they can use their power to manipulate, enervate, use us up and destroy us.

This is why they employ predictive programming to reveal the method in the mass media that T.H.E.Y. have controlled for quite some time.

> Predictive programming is another vector of assault. It's very subtle as it is usually cloaked in science fiction and ornately wrapped in the glittery garb of stimulating entertainment. It's become a fascination for people to witness totalitarian and dystopian futures and watch the end of the world brought on by everything from plagues, global warming or an ice age, to meteor impacts and alien invasions.
>
> This is programming. Familiarizing the target audience with potential outcomes in a milieu that serves their purpose. One of fear and fatalistic acceptance. It's nothing but conditioning disguised as entertainment.

> That entire industry is controlled by the same manipulators, steering mankind by the nose in any direction they want. The sheer bombardment of mind-numbing genres of soul polluting films and TV shows from vampire and slasher flicks, war and police glorification memes, to end of the world scenarios is beyond overwhelming.
>
> For the unwary.
>
> On top of this the news media continually pump out assumptive information directing the audience towards their desired conclusions. Their carefully scripted narrative is obvious to the discerning eye, not only in the news but it runs through every facet of society from media to schooling to even the products people consume, right up to and including which toys children are to play with.
>
> The point is **we're being programmed for a desired future.** Not one we desire, **one they desire.** The more blindly familiar people are with their intended result the more quickly and easily it will be adopted. The world facing a major cataclysm of some sort, a favorite theme, gives the climate change fear program and world economic "solution" tremendous impetus, for example. The world needing a savior mentality greases the idea of some sort of new world governance to save the day, no doubt with some charismatic leader eventually at the helm.

> That may be a bit oversimplified but that's how it works.

T.H.E.Y. have always told us what they are going to do to us before they do it. By ignoring their warnings, we empower their inversion spells to work it's insidious magic on our minds. This is also why we were told that the Truth will set us free. The only thing any of us can do is discover the Truth and align our lives as best we can to live in harmony with the Truth. That is the only way to be free of the enslavement to their lies in this Brave New World Order. Otherwise, we are only consenting to giving them conscious permission or cowardly acquiescence:

> This is where the rubber meets the road. Whether programmed in whatever fashion or not, **we are free agents**. Try as they will with occult practices or social and media manipulation, the sanctity of the human spirit cannot be violated.
> Unless we allow it.
>
> Any way you look at this issue, the power is ours. We are the control center, not the self-ordained psychopathic rulers or whatever influences we're being bombarded by. We each individually have the controls.
>
> Understanding how they work via the media, entertainment, occult practices and outright admissions is

> intrinsic to our awakening to the empowerment available to us. To just lay down and take it for any reason, engineered or so-called “ordained” or not, is tantamount to suicide and ultimately genocide and a complete takever.

> That we have so much enlightening information and connectivity at our disposal is unheard of in human history. Let’s have the courage to utilize it and activate our lives accordingly.

At this stage of transition into our planned dystopian reality, things are looking pretty grim. But resistance is not futile, you just have to make it personal.

At the present day, things from this conspiritard's jaded eyes are looking rather doom-laden and hopeless on a macro-level in the face of the march towards global domination perpetuated by the hierarchy enslaving us. It is not a literal march of a destroying army come to wipe us off the face of the earth...but rather a cultural and spiritual war for all of our souls. They can only enslave us totally if we fall prey to their lies and deceits and we first enslave ourselves. As we see our fellow humans fall in the face of this relentless onslaught, we can do nought but stand in firm resolve to refuse and resist unto the very end.

Each of us can only worry about those things we can control, and strive to live in accordance with Truth. The lord of this world is nearing the achievement of total tyranny over mankind. What ever may come, it is really all any of us can do. T.H.E.Y. may take our lives, but T.H.E.Y. cannot take our honor which will be a man's true legacy. As historian Oswald Spengler noted in Men and Technics:

> Already the danger is so great, for every individual, every class, every people, that to cherish any illusion whatever is deplorable. Time does not suffer itself to be halted; there is no question of prudent retreat or wise renunciation. Only dreamers believe that there is a way out. Optimism is cowardice.
>
> We are born into this time and must bravely follow the path to the destined end. There is no other way. Our duty is to hold on to the lost position, without hope, without rescue, like that Roman soldier whose bones were found in front of a door in Pompeii, who, during the eruption of Vesuvius, died at his post because they forgot to relieve him. That is greatness. That is what it means to be a thoroughbred. The honorable end is the one thing that can not be taken from a man.

Once you discover the Truth, you really are left with only two choices in our Brave New World Order: cowardly acquiescence or steadfast duty in the face of doom unto an honorable end. George Washington purportedly once declared: "The thing that separates the American Christian from every other person on earth is the fact that he would rather die on his feet, than live on his knees!"

I do believe the time is soon coming when we will learn if any remnants of that sentiment remain.

T.H.E.Y. will surely see to it.

War is Hell

Keoni Galt · 5 December 2018 · Archived copy · Original



War is Hell, and a frivolous divorce is nothing less than total war.

Thought I had written all I had to say on this topic, then I logged on in a rare moment of free time and found a link to one of my older blog posts at another blog called Get Rich Slowly.

After reading the various comments and original post, I tried to leave a comment there. Either it's stuck in moderation or it didn't go through, so I decided to post it here instead of letting it dissappear into the virtual aether of cyberspace:

Interesting to see such an old post of mine get referenced 8 years later on teh Interwebz.

I think I wrote a much more definitive post on Divorce four years later here: Goodbye Blue Sky

The plain truth is this: divorce between parents is almost always a selfish action rationalized and justified with red herring excuses like "I want to be happy!" and "honoring my feelings!" But let's put it bluntly, the plain truth is that in most cases, it simply boils down to one or the other spouse wants to find/has already found a new, more exciting and enticing sex partner.

"She now realizes that her divorce was part of a much larger journey about learning to honor her feelings."

What about honoring her vows? "For richer or for poorer, in sickness and in health...blah blah blah." No, honoring "F E E E E L L I I N G G S S S S" is so much more important! This is both literally and figuratively what is so wrong with so much of the world today.

What about honoring her children? What about honoring THEIR feelings above her own?

Some women like the OP here will defend their decision for the rest of their lives...they'll even create a revenue generating website about it to capitalize on the destruction of her family for years to come...but some eventually realize the truth of what they have done to their families. Authoress Nancy Levant (whose book inspired the blog post I referenced here) came to the realization when she saw the effects her own divorce had on her kids lives, as well as all the kids she used to daycare that came from divorce-torn homes.

> "Divorced children are fundamentally sad people. They remind me of every Native American I've ever met. There is a deep sadness in their eyes and souls that is visible and profound, that one cannot help but to soulfully cringe knowing what has happened - knowing the generation layers of themselves that have been stripped and stolen away.
>
> But parents don't consider this in their boredoms. {Instead, they learn to HONOR THEIR FEEEEEEEELLLLLIIIINNNNGGGS!} They don't care enough about their children and what it means to destroy, in total, their entire world. I live with this every day as my children bear the trademark sadness in their eyes. Now I know it's permanent."

Unless there is serious abuse, infidelity or other destructive and truly dangerous behavior, divorce for any other reason is really a selfish decision that hurts everyone involved -- whether they realize it or not -- especially the children.

This may sound chauvinistic and judgemental....because it is. Someone needs to stand up for the children in the face of this total war on the family aided and abetted by the Divorce Industrial Complex that is ruining this country.

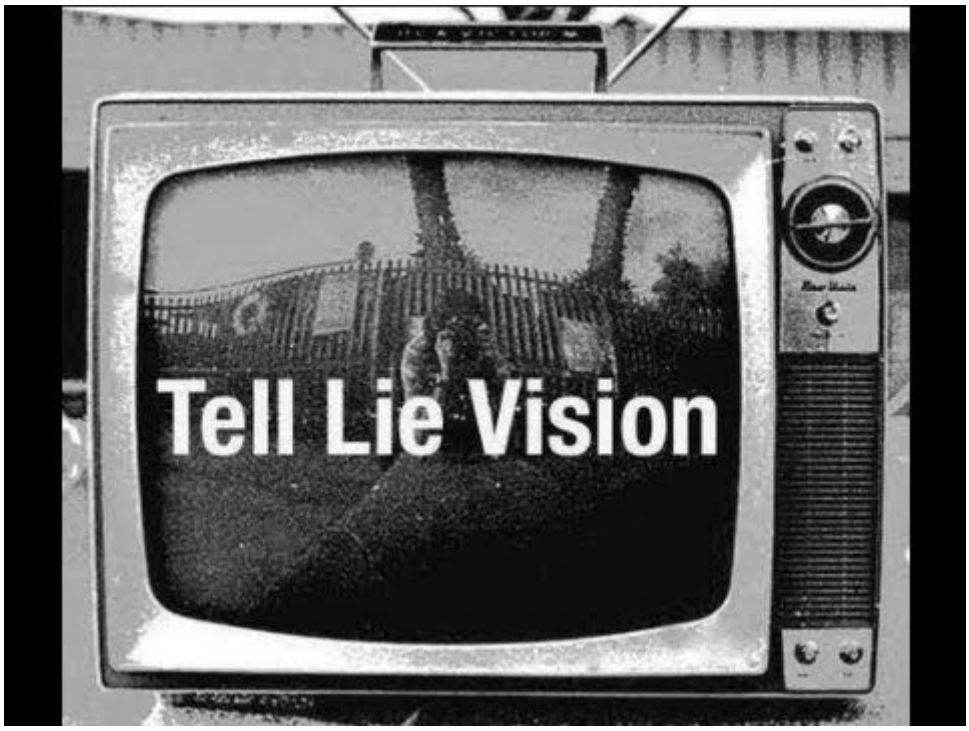
Money comes and money goes, and "get rich slowly" is certainly a wise approach to financial management - but some things are far more important than mere $$$. Memories of a happy home life will profoundly affect a child's life in the long run far more than mere wealth accumulation and the affluent lifestyles afforded by it will.

If your home life isn't happy, divorce certainly won't make everyone else happier. Maybe you think to yourself that you'll be "happy" when you go looking for the excitement of new found lust like a giddy teenager again...but it's all illusory. Finding a new sex partner will of course be exciting and intoxicating for a time...new found infatuation is an intense feeling indeed....but at what cost? Because in the end, the ones who really pay it are the children whose family you destroyed to basically satisfy your carnal lust for the temporary excitement of a new sex partner(s).

To anyone who is married with children, before you give in to the temptation of the excitement of new sex, or even contemplate doing a financial spreadsheet analysis of the possible benefits of divorce, think of what it REALLY means to your children above all else.

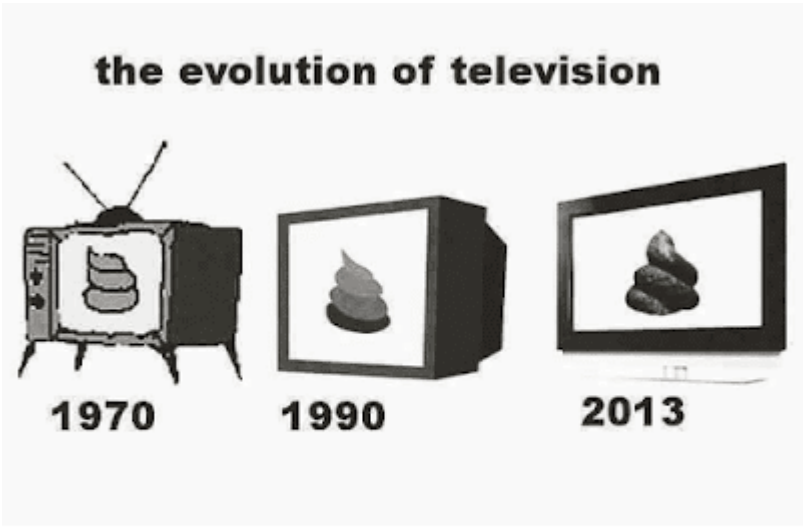
A Direct Electrical Driving of the Brain

Keoni Galt · 7 December 2018 · Archived copy · Original



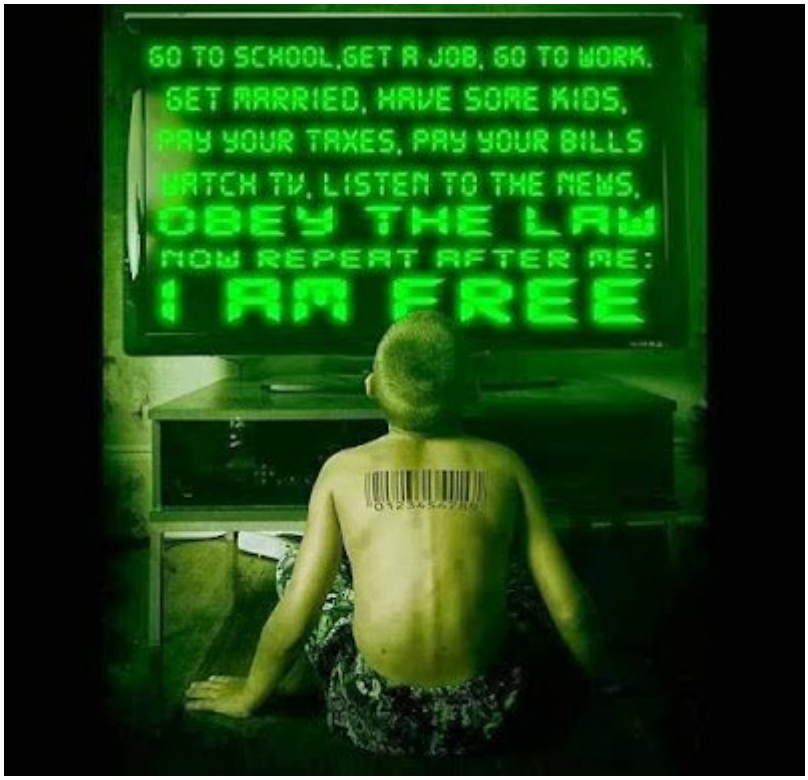
For many years, I used to refer to the infernal idiot box as the "Tell-a-Vision." It was a term I cribbed from Nancy Levant, authoress of The Cultural Devastation of American Women. She was one of the first Whackaloon Conspiritards I ever encountered on teh Interwebz, and one of the seminal influences in the development of my anti-Feminist and anti-Globalist views. Her book especially brought my views regarding career motherhood into sharp focus.

Anyhow, I always appreciated her play on words with "Tell-a-Vision, " but when I google image searched that term the other day, seems like meme's regarding "Tell Lie Vision" returned far more results than the original term I got from Ms. Levant. Here's one of my favs -



Its still tell-lie-vision vc

Regardless of era, most of the contents of the idiot box are virtual crap. It's just more in your face and blatantly deviant and degenerate in the current epoch of our regularly scheduled programming.



Along with the Deliberate Dumbing Down Public Education system that is rotten to the core, regularly scheduled programming on the Tell-A-Vision and other outlets of the mass media have worked in unison to homogenize and commercialize the minds of modern humanity to get we the sheeple to behave how T.H.E.Y. want us to.



The media IS the matrix, and in order to correct the inversion that has flipped our world that used to be based on honor, decency, respect and moral righteousness as shared cultural values, and transmuted it into our current dystopian nightmare of widespread deviance and degenaracy. The first step many of us should take is to tune out, turn off and drop back into seeing your life with eyes, minds, spirits and souls un-corrupted by the vile vision of televised lies broadcast world-wide.

I know far too many folks that are otherwise smart, properly ~~indoctrinated~~ educated and proudly patriotic and "civically engaged" citizens, who simply rely on the Tell Lie Vision for their primary "news" source. Don't allow them to manipulate your minds with their deceptive imagery...



I enjoyed the many memes from this new term...but I also discovered something else that was even more important... the technology for programming deviously manipulates viewers on a bio-mechanical/physiological level with actual electromagnetic frequencies!

Look up Patent US6506148B2 -

> The invention relates to the stimulation of the human nervous system by an electromagnetic field applied externally to the body. A neurological effect of external electric fields has been mentioned by Wiener (1958), in a discussion of the bunching of brain waves through nonlinear interactions. The electric field was arranged to provide “a direct electrical driving of the brain”.

While there is a lot of technical jargon specific to the patent, I'd like to highlight three points from the document:

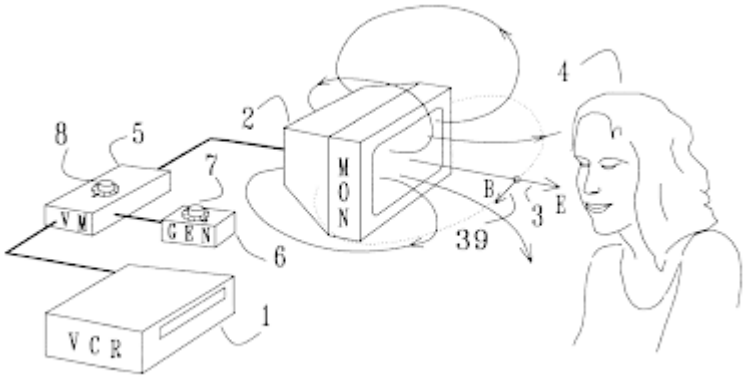
> A **method** for manipulating the nervous system of a subject located near a monitor...
>
> A **computer program** for manipulating the nervous system of a subject located near a monitor...

> The **Hardware** means for manipulating the nervous system of a subject located near a monitor...

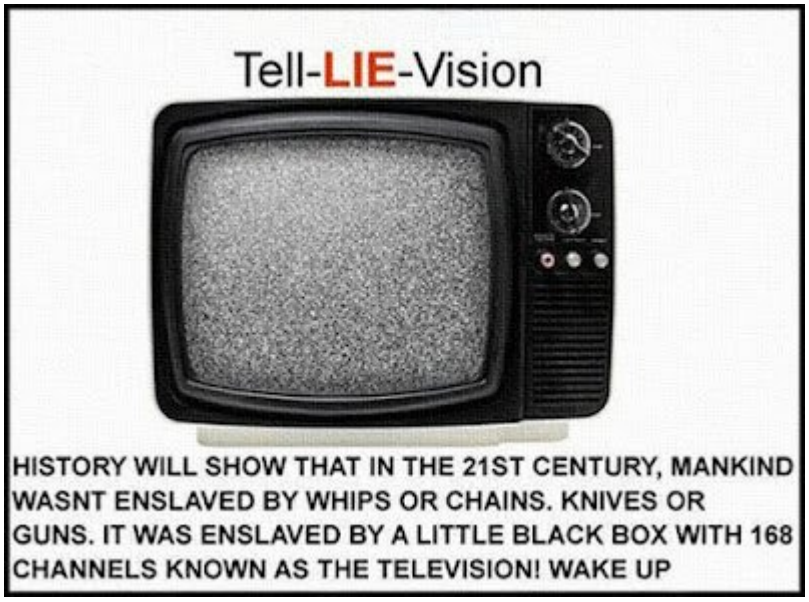
It's not just simply "monkey see, monkey do" programming, and it's not just "Flashing images on my TV, moves too quickly to be seen!" it's "...direct electrical driving of the brain!":



> Physiological effects have been observed in a human subject in response to stimulation of the skin with weak electromagnetic fields that are pulsed with certain frequencies near ½ Hz or 2.4 Hz, such as to excite a sensory resonance. Many computer monitors and TV tubes, when displaying pulsed images, emit pulsed electromagnetic fields of sufficient amplitudes to cause such excitation. It is therefore possible to manipulate the nervous system of a subject by pulsing images displayed on a nearby computer monitor or TV set. For the latter, the image pulsing may be imbedded in the program material, or it may be overlaid by modulating a video stream, either as an RF signal or as a video signal. The image displayed on a computer monitor may be pulsed effectively by a simple computer program. For certain monitors, pulsed electromagnetic fields capable of exciting sensory resonances in nearby subjects may be generated even as the displayed images are pulsed with subliminal intensity.



Do you trust T.H.E.Y. who invented this devilish machinery? Do you want to serve their agenda and blithely accept the coordinated narrative they relentlessly push into our psyches with electromagnetic pulses that alter our physiological state? Then keep submitting to the broadcast programming and let them literally electrically drive your brain!



Getting to the truth is both easier and harder then ever before. Thanks to teh Interwebz, we can find things like actual registered patent documents telling us what T.H.E.Y. are doing to us with their technocratic manipulations of our minds, bodies and souls.

It's harder than ever before though, because much of the programming they offer us to get us to submit to there machinations is so compelling and addicting -- I must admit, I still can't shut off the NFL in it's entirety...but other than one or two games a week, my Tell Lie Vision mostly sits unused.



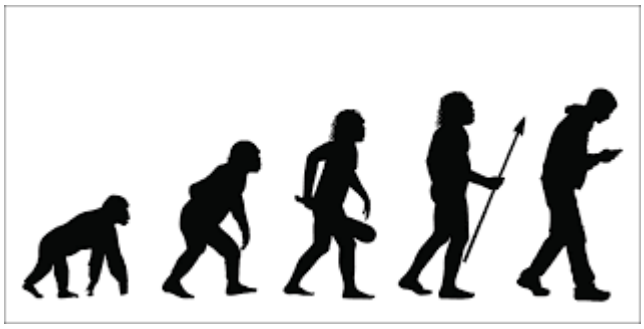
Turn off the Tell Lie Vision and drop back into a life worth living...let us turn off their predictive programming for the Christmas season, and WAKE UP

Merry Christmas to everyone who still bothers to check in this nearly abandoned blog!

Mele Kalikimaka 'ia 'oe!

Analog Man in a Digital World

Keoni Galt · 12 August 2019 · Archived copy · Original



From the Foreword to Amusing Ourselves to Death:

> "What Orwell feared were those who would ban books. What Huxley feared was that there would be no reason to ban a book, for there would be no one who wanted to read one. Orwell feared those who would deprive us of information. Huxley feared those who would give us so much that we would be reduced to passivity and egoism. Orwell feared that the truth would be concealed from us. Huxley feared the truth would be drowned in a sea of irrelevance. Orwell feared we would become a captive culture. Huxley feared we would become a trivial culture, preoccupied with some equivalent of the feelies, the orgy porgy, and the centrifugal bumblepuppy."

In the early 20th century, Huxley called them weird names, because he knew what was coming, but he didn't know the specific names of what we now know of as Hollywood programming, social media driven-smart phone addictions and the society-wide acceptance of the ubiquity of teh Pr0n.

The woke remnants of our rapidly declining Western civilization recognize that one of the fundamental aspects of this cultural decay are due to the fact that all of our First World nations are for the most part now a Post-Christian society. The degeneracy of sexual morality, the corruption of the family and the subversion of our Government, Churches and other traditional institutions are all the results of the long, slow march through our institutions that effected the gradual embrace by society of Mammon worship and the primacy of passively consumed entertainment as our favored form of recreation in our lives.

Not only are we a Post-Christian society, we are also a post-Literate society.

Literacy is the key to learning from the mistakes of others - aka history. But thanks to the deliberate dumbing down of we the sheeple, and the tell-a-vision and social media driven interwebz delivered by addictive smartphone technology, the average citizen of our Brave New World Order has a default mindset of TL;DR.

This crippling condition is combined with another pervasive and insidious malady that is spreading like a plague: MYP>U - My Phone is more interesting than you.



I'm so thoroughly sick of it all. It's one of the main reasons why I haven't blogged here in so long. After "taking the red pill" for so many years, I came to the point of realization that life is too short, and I've spent far too much time on teh Interwebz. Reading, writing, blogging, commenting, viewing....all that virtual activity in the virtual world, accomplishing naught.

Yeah, I learned a lot. I discovered and developed a critical skill of discernment in the seeking of Truth. But I also wasted a lot more time going over the same old ground, over and over again, like a compulsive gambler pulling the slot machine lever over and over again. So I cut myself off from a huge part of my online "life" and saw a rise in productivity, advancement and achievements in the real world.

But I still feel the need to vent every now and then about the unraveling dystopia. I guess that comes with age.... GET OFF MY LAWN syndrome.

If you're reading this, my first post of 2019, I urge you to take the following quotation to heart:

"Instead of making virtual reality, we should be making virtue a reality." -- Father Maximos, speech at the 1st International Conference on Digital Media and Orthodox Pastoral Care, 2015

Rosetta Stoned

Keoni Galt · 11 September 2019 · Archived copy · Original



Never forget the mathematical equation that brought us into this era of our Brave New World Order...

2 Jet Planes + 3 Towers = 666

I used to think like everyone else that considered themselves a well-informed, thoughtful voter and enthusiastic supporter of our so-called participatory Democracy...that anyone who questioned the mass media narrative and the grand illusion broadcast on the tell-a-vision was a crazy, conspiracy theorist, anti-American "truther."

I've come full circle in the ~~12~~ 18 years since that dreadful day. Anyone who believes the official story and considers any questions or evidence contrary to the mainstream mass media narrative as "crazy conspiracy theory" is a gullible fool that watches too much TV.

Never forget, WTC-7 is the Rosetta Stone for exposing the truth of the Government's and mass media's lies.

Thousands of lives were sacrificed ~~12~~ 18 years ago so that the former land of the free and home of the brave could be transformed into our current fascist surveillance police state. Never forget, as we watch it metastasize and expand it's scope of power and control over all our lives.

The Huxley-Orwellian Dystopia is here, and 9/11/01 was the day our shadow government decided to step out from behind the curtain and assert their power in plain view of those who chose to open their eyes and see the truth of what and who they are.

ADDENDUM: The 9/11 Conspiracy Theory in Under 5 Minutes

Conspiritard Approved!

Regularly Scheduled Programming: The Delphi Technique

Keoni Galt · 9 November 2019 · Archived copy · Original



"One of the more infamous consensus-building methods is known as the Delphi Technique. Curiously, it was named for the oracle at Delphi, a special spot in ancient Greece, where a crack in the earth was said to emit vapors. A priestess sat on a stool directly above those vapors and under a hallucinogenic spell, spoke gibberish. This gibberish was interpreted by high priests as a forecast of the future." - Dissent and the Delphi Technique

In 2019, a scientist sits in front of an array of digital screens and speaks in jargon-laden gibberish and a whole slew of fellow scientists logon to babble in assent as they forge the unquestionable holy consensus.

The high priests of the Mass Media Industrial Complex interpret the scientist's gibberish and cast a hallucinogenic spell through their worldwide digital broadcasts that all global citizens must obey or face being cast into the pit of digital ostracism...social media de-platforming! How do we cope with getting shadow-banned and can no longer receive the virtual validation to our defacedbook posts on our ~~Orwellian monitoring devices~~ smart phones? Where do we find that safe space where our twatter accounts have the approved checkmarks and our instaham posts showing our latest fast feed meal experiences to signal our virtues to our fellow denizens of the global feedlot?

Being shut out of the digital bazaar of carefully curated exhibitionism and voyeurism on teh Interwebz....a fate worse than death! So you better toe the line of our oracle matrix so you can remained plugged in and turned on....

This is Duh-mock-ruh-see at it's finest, worthy of export to all the world's foreign shores via fiat currency funded wars. It is leveraging the most powerful weapon in their arsenal, and relying on herd peer pressure to get we the sheeple to conform to the coordinated narrative. Everyone must have their way, but only if they do it the way T.H.E.Y. say.

Aren't you glad you live in a Brave New World Order of participatory Democracy full of fairness, equality, diversity, vibrancy and social justice for all?

From A Glossary of Terms:

Democracy - A variation of the Delphi Technique, applied society wide to manufacture consensus and divide and conquer the citizenry using social engineering tools like the Hegelian Dialectic. Works through the creation of election events with tightly controlled choices between candidates from two parties that appear to be opposing factions, but are in reality working towards the same goals in perpetuating the Corporate-Fascist State. Citizen participation is the key to gaining assent to their enslavement.

> **The Delphi Technique: Let's Stop Being Manipulated!**
> by Albert V. Burns
>
> More and more, we are seeing citizens being invited to "participate" in various forms of meetings, councils, or boards to "help determine" public policy in one field or another. They are supposedly being included to get "input" from the public to help officials make final decisions on taxes, education, community growth or whatever the particular subject matter might be.

> Sounds great, doesn't it? Unfortunately, surface appearances are often deceiving.
> You, Mr. or Mrs. Citizen, decide to take part in one of these meetings.
> Generally, you will find that there is already someone designated to lead or "facilitate" the meeting.
> Supposedly, the job of the facilitator is to be a neutral, non-directing helper to see that the meeting flows smoothly.
>
> Actually, he or she is there for exactly the opposite reason: to see that the conclusions reached during the meeting are in accord with a plan already decided upon by those who called the meeting.
>
> The process used to "facilitate" the meeting is called the Delphi Technique. This Delphi Technique was developed by the RAND Corporation for the U.S. Department of Defense back in the 1950s. It was originally intended for use as a psychological weapon during the cold war.

> However, it was soon recognized that the steps of Delphi could be very valuable in manipulating ANY meeting toward a predetermined end.
>
> How does the process take place? The techniques are well developed and well defined.

> First, the person who will be leading the meeting, the facilitator or Change Agent must be a likable person with whom those participating in the meeting can agree or sympathize.

> It is, therefore, the job of the facilitator to find a way to cause a split in the audience, to establish one or a few of the people as "bad guys" while the facilitator is perceived as the "good guy."
>
> Facilitators are trained to recognize potential opponents and how to make such people appear aggressive, foolish, extremist, etc. Once this is done, the facilitator establishes himself or herself as the "friend" of the rest of the audience.

The stage is now set for the rest of the agenda to take place. At this point, the audience is generally broken up into “discussion—or ‘breakout’—groups” of seven or eight people each. Each of these groups is to be led by a subordinate facilitator.
Within each group, discussion takes place of issues, already decided upon by the leadership of the meeting. Here, too, the facilitator manipulates the discussion in the desired direction, isolating and demeaning opposing viewpoints.

Generally, participants are asked to write down their ideas and disagreements with the papers to be turned in and “compiled” for general discussion after the general meeting is reconvened. This is the weak link in the chain, which you are not supposed to recognize. Who compiles the various notes into the final agenda for discussion? Ahhhh! Well, it is those who are running the meeting.

How do you know that the ideas on your notes were included in the final result? You Don’t! You may realize that your idea was not included and come to the conclusion that you were probably in the minority. Recognize that every other citizen member of this meeting has written his or her likes or dislikes on a similar sheet of paper and they, too, have no idea whether their ideas were “compiled” into the final result! You don’t even know if anyone’s ideas are part of the final “conclusions” presented to the reassembled group as the “consensus” of public opinion. Rarely does anyone challenge the process, since each concludes that he or she was in the minority and different from all the others.

So, now, those who organized the meeting in the first place are able to tell the participants *and the rest of the community* that the conclusions, reached at the meeting, are the result of public participation.

Actually, the desired conclusions had been established, in the back room, long before the meeting ever took place. There are variations in the technique to fit special situations but, in general, the procedure outlined above takes place.

The natural question to ask here is: If the outcome was preordained *before* the meeting took place, why have the meeting? Herein lies the genius of this Delphi Technique.

It is imperative that the general public believe that this program is theirs! They thought it up!

They took part in its development! Their input was recognized!

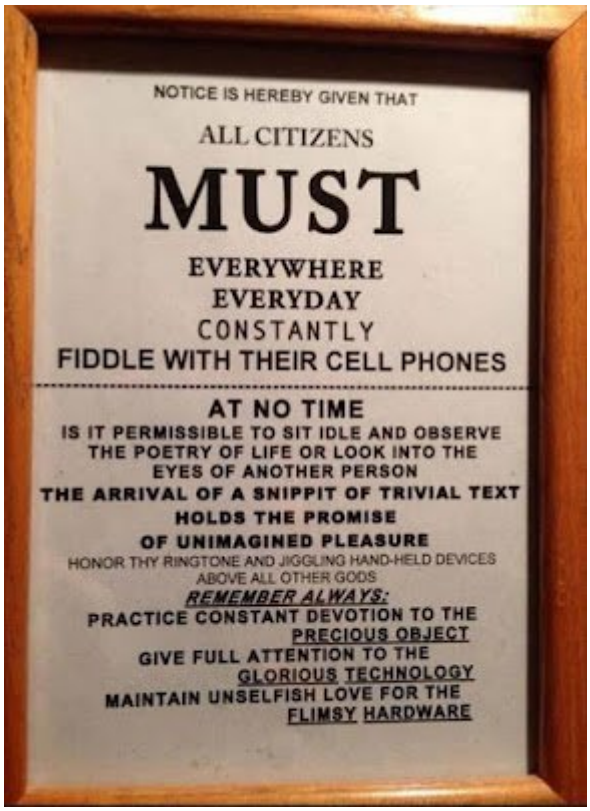
If people believe that the program is theirs, they will support it. If they get the slightest hint that the program is being imposed upon them, they will resist.

This very effective technique is being used, over and over and over, to change our form of government from the representative republic, intended by the Founding Fathers, into a “participatory democracy." Now, citizens chosen at large are manipulated into accepting preset outcomes while they believe that the input they provided produced the outcomes which are now theirs! The reality is that the final outcome was already determined long before any public meetings took place, determined by individuals unknown to the public.

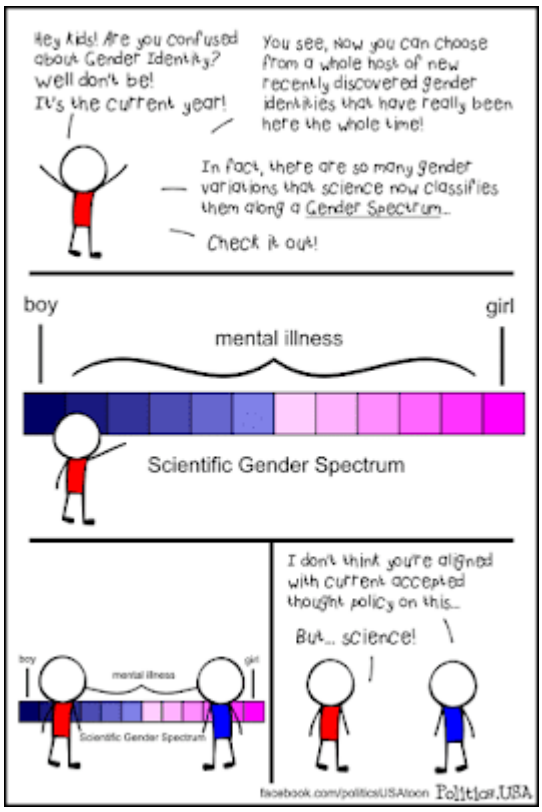
Can you say “Conspiracy?”

Generation Z

Keoni Galt · 14 November 2019 · Archived copy · Original



Those who study generational demographics for marketing and propaganda purposes have labeled the upcoming generation of youth as Generation Z, the Fascist-Racist-Sexist-Homophobic Alt-right has taken to referring to them as Generation Zyklon to represent a growing number of youth who are embracing Auntysemitism and rejecting the SJW programming, political correctness, affirmative action, the worship of racial diversity and the normalization of all manner of sexual perversity and ~~gender dysphoria~~ mental illness.



But most of all, they have earned the Zyklon designation for publicly questioning the undue influence of T.H.E.Y. whose members are in the top of nearly every industry of influence and control in our rapidly declining Western Civilization.



This, I think, is partially the result of having just come through 8 years of the most Pozzed Presidential Administration in history. During eight years of the fake president's reign of error, the poz progressive leftist commie deviants -- aka SJWs -- used the levers of centralized FedGov power to push the envelope of cultural marxism and legitimize the mass media promotion of degeneracy and cultural degradation to new historical lows

for USA Inc.



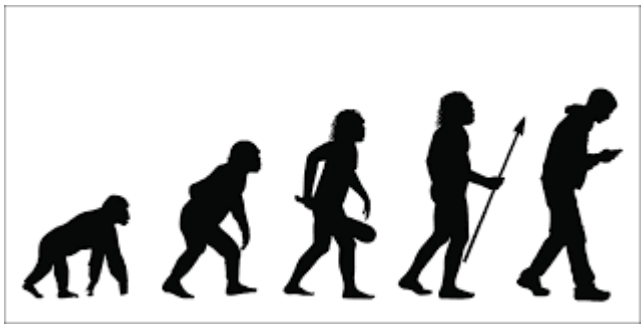
But it can't be all due to having 8 years of a community organizer leading the country into the leftist abyss of equality and vibrancy. I have now come to believe the largest difference between Generation Z and past generations, is that we are seeing a generation that is being raised with the most powerful Soma ever devised - the Smartphone.

It's not Generation Zyklon, it's Generation Zombie.



Mutually assured delusions from the mobile affirmation device deluge has got humanity in the grips of a feverish

compulsion that rivals any previous pandemic of substance addiction. The total iAssimilation of society is ~~nearly~~ complete.



The hallowed halls of Academentia are beginning to coin nomenclature to deal with the most dramatic change agent of human behavior in the 21st Century.

Ever hear of Nomophobia?

> Have you ever experienced nomophobia (no-mobile-phone-phobia)? Nomophobia is the fear of losing your cellphone or having to go without it. Studies show that almost all Americans (95 percent) have a cellphone. Symptoms of nomophobia include panic, lack of ability to concentrate, and repeated checking of devices for updates. About 58 percent of men and 47 percent of women feel high stress when their cell phones are off. Smart phones are even replacing the need for laptops and desktop computers because of convenience and easy access. Also, less homes have traditional broadband service, making cellphone use the primary source of online activity.
>
> One source says that a growing number of students take showers with their phones and if that doesn't sound intimate enough, 34 percent of people interviewed in one study said they have answered their phone during "personal time" with their significant other.

That's if they even have a significant other. The drop in teenage dating and sexual activity has is in steep decline with Generation Zombie:

> Teenagers from this group have grown up with social media and smart phones, meaning they spend far more time socialising with one another online than they do in person. The decline in dating corresponds to dwindling sexual activity among this cohort, Prof Twenge has found. Drawing on surveys of 11 million young people and a series of in-depth interviews she found that **teenagers in their final year of school are going out less often than 13-year-olds did as recently as 2009.**
>
> Prof Twenge also noted that **56 per cent of 14 to 18-year-olds** went out on dates in 2015 whereas for Generation X and Baby Boomers, it was around **85 per cent**. Meanwhile, sexual activity among 14 and 15-year-olds has dropped by almost 40 per cent since 1991. The average teenager now has had sex for the first time by the time they are 17-years-old, a full year later than the average generation X.

And it's not as if the kids are blissfully unaware of their addiction and it's effects on their social life, as Twenge

notes in an interview she had with a 13 year girl:

> She told me she'd spent most of the summer hanging out alone in her room with her phone. That's just the way her generation is, she said. "We didn't have a choice to know any life without iPads or iPhones. **I think we like our phones more than we like actual people."**



The effects of the smart phone on the brains of the 21st Century citizenry are even more significant when you consider that even if a person's phone is just sitting nearby it's owner unused for a few moments, it still has an effect on the zombified-mind experiencing phantom alert signalling:

> A smartphone can tax its user's cognition simply by sitting next to them on a table, or being anywhere in the same room with them, suggests a study published recently in the *Journal of the Association for Consumer Research*. It finds that a smartphone can demand its user's attention even when the person isn't using it or consciously thinking about it. Even if a phone's out of sight in a bag, even if it's set to silent, even if it's powered off, its mere presence will reduce someone's working memory and problem-solving skills....
>
> ....In other words: If you grow dependent on your smartphone, it becomes a magical device that silently shouts your name at your brain at all times. (Now remember that this magical shouting device is the most popular consumer product ever made. In the developed world, almost everyone owns one of these magical shouting devices and carries it around with them everywhere.)

Brings to mind that line from the movie *Fight Club*, "...the things you own, end up owning you."


When the phone
was tied
with a wire-
Humans were free..

All Isms Are Schisms

Keoni Galt · 21 November 2019 · Archived copy · Original



This post has been in my Draft folder for years. Reading the following comment from Vox Popoli regular Azure Amaranthine today, inspired me to finish it up and finally get it posted:

> What measure is an ism? The moment it passes from service to God and fellow man to emerge as the object in itself, it becomes an idol. Isms divorced from righteous service ratify among false gods.
>
> A man who praises capitalism and not God? In him, Capitalism. Is. Systematic. Greed.
>
> And the capability or impetus-lacking who nonetheless still partake of the system will be slaves by any other name, dogs crushed at the bottom of the pile.

Great comment. As a former right-wing Rush Limbaugh listenin'- Fox News watchin' Republicon conservatard, it was finally recognizing what a con "Capitalism" was that helped me wake up from the fever dream of Two-Sided politics and reject Duhmockruh$ee once and for all.

Pick an "-ism" any "-ism" and you will always find a schism - which is the telltale sign of controlled opposition.

T.H.E.Y. don't want to see us unite, all they want us to do is keep on fussin' and fightin'
T.H.E.Y. don't want to see us live together, all they want us to do is keep on killin' one another...

The oldest method of control by the 1% of the 99% has always been to Divide and Conquer.

The ability to do so, comes from the power THEY attain through usury. With usury, THEY have the means of corrupting anyone they choose to, giving them access to the levers of power in the Government, media and all of

any given society's institutions.

Build your penitentiary, we build your schools
Brainwash education to make us the fools
Hate is your reward for our love
Telling us of your God above

With control of the Government - Media - Institution complex, THEY control our minds, by influencing our thoughts and behavior. THEY infiltrate and subvert our Churches and Schools to revise our histories to keep their methodologies of doing what THEY do, hidden...many times in plain sight.

Don't forget your history;
Know your destiny:
In the abundance of water,
The fool is thirsty.

If the definition of insanity is repeating the same behavior over and over again, each time expecting a different outcome....

....and if as THEY always say "Those who fail to learn the lessons of history are doomed to repeat them..." isn't it time we realize that "The more things change, the more they remain the same!" really belies the deceit behind the "change" THEY are always selling us?

Pick an "-ism" any "-ism" and you will always find a schism - which is the telltale sign of controlled opposition.

Come we go chant down Babylon one more time...

We're sick and tired of your ism and schism game....

So now you see the light...STAND UP FOR YOUR RIGHTS

Whackaloon Conspiritards Always Double-Down

Keoni Galt · 7 December 2019 · Archived copy · Original



It's like current year 2019, and like it's so frustrating to see so many people still believe all these crazy conspiracy theories on teh Interwebz.

Like all these lunatic anti-vaxxers and their raving lunacies trying to mislead everyone into not giving their infants life-saving and essential vaccines! Behold the frothing-at-the-mouth insanity:

How irresponsible!

> @ 18:00 - "...and so what you guys don't realize is...THAT'S how corrupt the entire thing is!"

Like who in the hell does this conspiritard think she is, calling the greatest healthcare system in the history of mankind corrupt?! Who would listen to such lunacy?

> @ 26:19 - "My biggest thing is that Western Medicine and Big Pharma - the biggest thing T.H.E.Y. have done, is taken the Mother's intuition and squandered it and smashed it. Every single mother out there -- and you saw that in that video (Vaxxed II) when they went to give those shots, their souls screamed NO NO NO NO NO!!! -- all of you guys are feeling that. And it's an attack from everywhere...you're seeing it on TV that breast feeding is really not that necessary, and you don't need to stay home..it doesn't matter that your home with your

> kids...it doesn't matter what you feed - all of that is not true!"

Thousands of babies are destined for sickness and death because of conspiritard's like her doubling-down and spreading fear amongst all the sheeple!

Same goes for all the imbeciles that watch our benevolent owners doing their best to protect us from the damaging rays of the evil sun and it's malevolent skin-cancer assault on humanity! I was at the beach last week and some fisherman were watching a high altitude jet lay a contrail across the entire southern skyline, and they were asking each other what the hell that jet was doing!?! What are T.H.E.Y. spraying? Their suspicious line of questioning made me weep in despair for humanities general stupidity....

Like, don't they know Geo-engineering is going to save us all?



Those idiots didn't understand that the nano-particle cloud streams that slowly dissipated into a graying cloud cover that drifted overhead is saving all us Hawaiian's in our dangerous tropical latitudes from skin cancer and the growing threat of ~~Global Cooling~~ - ~~Global Warming~~ - Climate Change!!



For years, I would see our benevolent leadership's plan in action all over the US mainland whenever I traveled, and I kept wondering when they would finally bring their lifesaving program to my island home where we are all dying of mercury poisoning and skin cancer...then just a couple of months ago I saw my first jet laying down the life-giving contrails across the Hawaiian sky...HALLELUJAH, WE ARE GONNA BE SAVED!!!

I wish all these conspiritard's would fuckin' get a clue and learn get some higher education so they would understand...it's fuckin' science!

Unfortunately, chemtrailer conspiritards and whackaloon anti-vaxxers are only a small part of the problem we are all facing in present year 2019.

What really worries me is all this fear-mongering over the badly needed rollout of 5g technology across the country. Whackaloon conspirtards such as this guy and his so-called debunking efforts and citations to scientific research poses a direct threat to the advancement of vitally important technological progress!

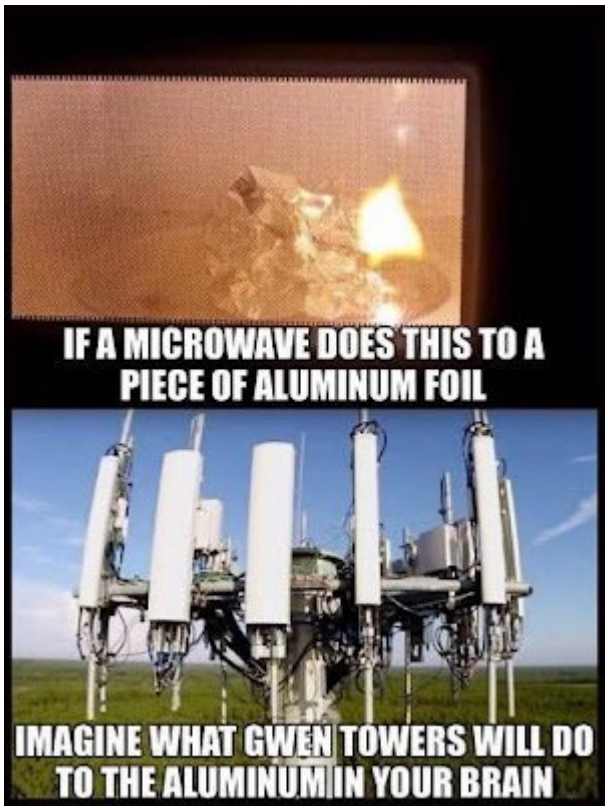


Such fear-mongering propaganda as this must not be allowed to go unchallenged! The efforts of whackaloon conspiritards to promote such sensational memes and overwrought hyperbole might succeed in influencing enough people to oppose and hinder the development of this critical technology!

Never before have we been faced with the possibilities for downloading teh Pr0n to our phones at 666,666,666 megabytes per nanosecond while simultaneously allowing us lightning fast updates to our affirmation apps and virtue signalling posts to our social media newsfeeeeeds!!! We must all shut out the fear mongering luddites and crazies who would stand in the way of our brave new world order of technocratic nirvana!

It's up to our brilliant CEOs and progressive shareholders of Silicone Valley's elite information tech corporations to get more vigilant about protecting us all from being exposed to such dangerous ideas. It's time for our benevolent leaders to ramp up their efforts to shut down irresponsible and dangerous dialog between the extremist elements of the populace on teh Interwebz! Shadowbans, deplatformings, and memory-holing has never been more needed than now!

Otherwise, the extremists, the deplorables and the rest of the whackaloon conspiritards that are bitterly clinging to their guns, Bibles and food magic, might start to see things that aren't there and connect imaginary dots and make everyone jump to unfounded and spectacularly hysterical conclusions...



Everyone knows there's no aluminum in human brains! Even our most trusted fact checking site on teh Interwebz, Snopes, says so!!!

It's not like the contrails are inundating our environment with nano-particles of it, nor are they a part of all the vaxxines and flooooshots our healthcare management specialists want to constantly inject into us... if these crazies keep doubling down on the irresponsible rhetoric, they may convince many people to avoid getting vital healthcare solutions that are oftentimes offered for FREE!!!!



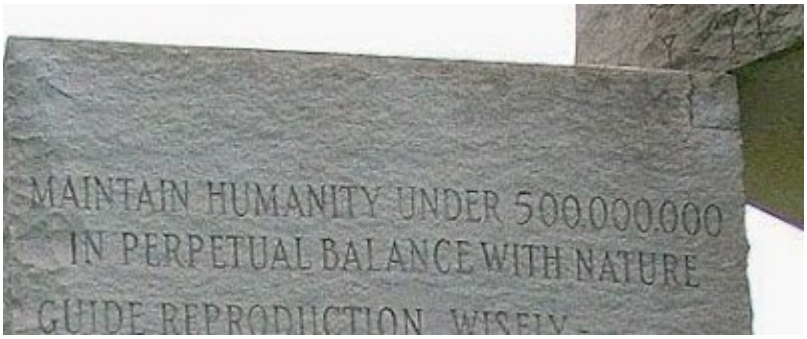
Every time a person avoids taking advantage of the free shots available everywhere, the damage these whackaloon conspiritards inflict on society is exponentially magnified! This must be stopped! All this misformed disinformation being spread amongst the herd is hindering our progress! I mean, these raving lunatics take something innocuous like aluminum adjuvants that are injected directly into the bloodstream, and create all kind's of fantastic scenarios about what this does to the human body!

Ignore the rabid rabble...rest easy knowing government agencies like the dissenters for diseased controlz tell us about their healthcare management injectables at official sites found at a link like this: DubyaDubyaDubya(dot)cdc(dot)gov/vaccinesafety/concerns/adjuvants.html

> **Aluminum**
> Aluminum-containing adjuvants are vaccine ingredients that have been used in vaccines since the 1930s. Small amounts of aluminum are added to help the body build stronger immunity against the germ in the vaccine. Aluminum is one of the most common metals found in nature and is present in air, food, and water.

So there! It's a common metal, and it's ~~been sprayed into~~ found in all of our air, food and water!

Nothing to see here, loonie tunes! All these whackaloon conspiritards that keep getting alarmed about the illuminati conspiracy theories...where do they get ideas like this? Where do all these fever dreams come from?



Next thing you know, they'll start putting forth ideas like 5g radiation towers, aluminum skies and adjuvant

injections all providing the means for a doomsday kill switch that enables our oligarchical plutocrats the power to push a button and commence zapping all the aluminum that's been sprayed over and shot up into humanity for the past decade or more. It just doesn't make sense?! Who would believe such fantastical, deranged theories?!

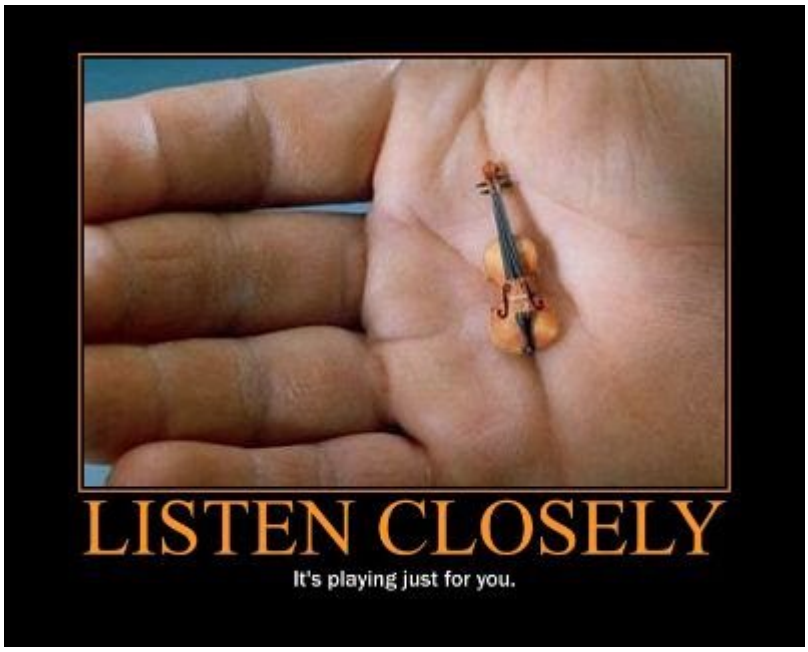
But if you ask these crazies why anyone would do this, the more hysterical will almost immediately resort to the already debunked conspiracy theory that T.H.E.Y. want to achieve this ludicrous goal of maintaining 500000000 people in perpetual balance with nature! Only whackaloon conspiritards doubling down on the fever dreams of the lunatic fringes of teh Interwebz could come up with with sci-fi horror fiction doomsday scenarios such as this!

That so many people are starting to fall for such craziness is literally mind blowing...



The Oppression of Suppression

Keoni Galt · 15 December 2019 · Archived copy · Original



Commenter Mik left the following on my last post:

> "Normally your blog address autocompletes or shows up in the first few results.
>
> But this week you have been hidden to the 2nd page of search results with no autocomplete.
>
> Gaagle censors hard at work..."

Long time reader and most favored commenter of all time, Anonymous, concurred:

> "Mik is correct, could not find your blog via google search for the same reason. Duckduckgo does result in your site at the top under "Hawaiian Libertarian", I was afraid this site got shoahed."

Ksmith chimed in:

> "Yes! I too struggled to find your blog when I searched google."

My friends, the situation is much more dire than that. I'm at wits end and have nowhere else to turn, as I don't now how I'll be able to pull through my current predicament. The suppression of my virtual webpage rankings is pure oppression! But it's worse than that...much worse.

You see, not only has my Googliath rankings plummeted like a millstone around a pedos neck cast into the sea, but old pages from libtards and trollfarms on teh Interwebz that were dedicated to pillorying this squalid outpost in the fever swamps of conspiritard-land have also been pushed forward and highlighted as top ranking results on the first page of my Googliath search results.

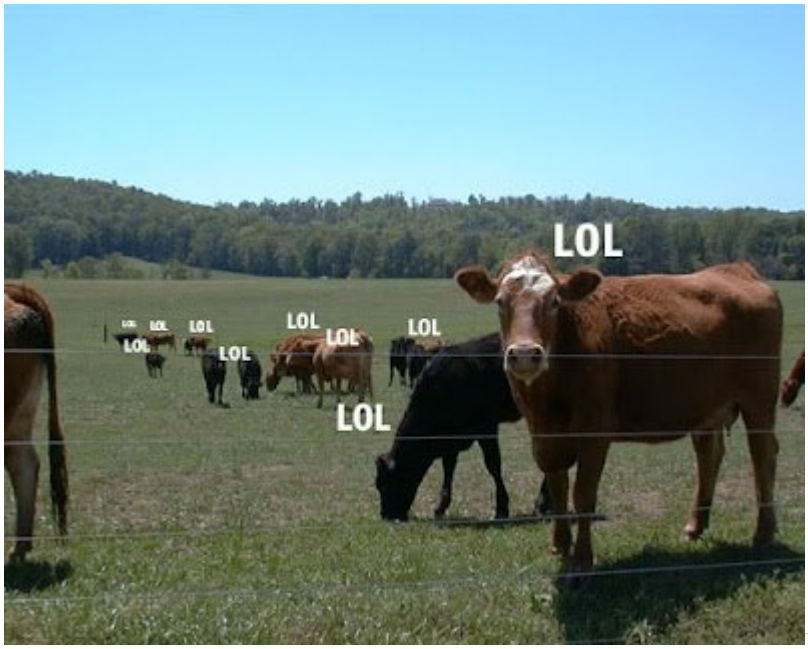
All of a sudden on my stat counter page, I'm seeing sporadic visits from those old features on this blog, and I'm overcome with a crippling wave of nostalgia.

I miss all the attention I used to get when the mandrosphere was in it's heyday and I had a level of notoriety that invited critiques from internet luminaries found at bastions of towering intellects like Kiwi Farms. They are so important and influential, they got their own entries into teh Interwebz most prestigious encyclopedia.



Following that old linkage referrals, I found out to my surprise that back in 2016, this prestigious forum identified the proprietor of this blog as a Lolcow. What the hell is that?

> "Lolcows are people and groups whose eccentric or foolish behavior can be "milked" for amusement and laughs."

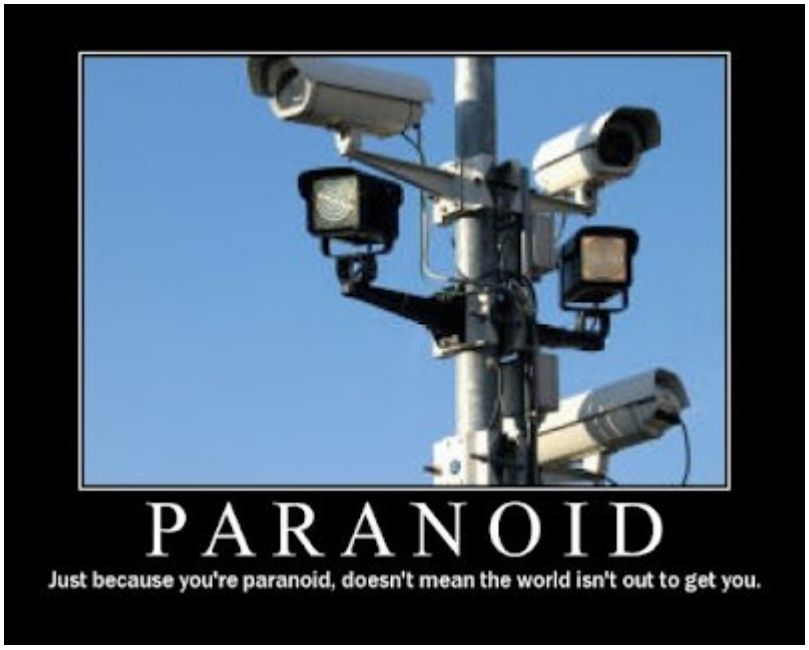


Ya'all need to get it straight....I'm a whackaloon conspiritard that practices food magic. The Lolcow moniker will only work if it's a grass-fed, free-range, open-pastured Lolcow!

When I first followed the link and discovered this forum, I was overcome with a feeling of warmth that only comes with recognizing a new group of people who appear to have taken my blogging efforts to heart...

> "Ah yes, Keoni Galt, whose greatest fear in life is non-organic food, and who tried to talk a friend of mine into going paleo/low-carb during her pregnancy. (Thank God the people who care about her stopped that before it got started.) He's paranoid as all hell, and there's nothing he won't politicize."

All day long I think of things but nothing seems to satisfy...



Despite the insults, I must express appreciation for the kiwifarmer that nominated me for a Lolcow, because he finished up with a ringing endorsement of the blog:

> "He writes this badly all the time on his blog. That is just scratching the surface of his madness."

This guy gets it! Thanks to Kiwifarmers, I can finally understand and appreciate why normal, sane people object to all of my bad writing that barely scratches the surface of my madness. Some of those other kiwifarmers, however, failed to give me my just due and questioned my moral certitude:

> "...it's kind of odd that he says you surrender your right to reason when you force someone to act against his will, and yet he owns guns. I guess killing a trespasser is morally better than asking him to leave *or else*."

I'm trying to figure out the train of logic here....by owning guns, I force someone to act against his will? Asking a trespasser to leave is morally better? I'm confused....oh wait, another kiwifarmer clarified:

> "He doesn't bluntly state or show he owns fire arms, being a doomsday whiner I wouldn't rule out he's the hugest of faggots, the 22lr hoarder who's no gunz. God damn it I hate them so much."

This hateful homophobia is so hurtful! I can't even! Now I have to desperately seek out a safespace to gather myself together and try to bolster up my self-esteem so I can try and carry on...

Sadly, I'm not the only one who's been attacked by the hateful homophobes at Kiwifarms...



Clearly this person is mistaken. A hateful, transphobic racist promoting site like Kiwifarms would never receive boosted Googliath rankings in this currently enlightened age...this is 2019!

When I got to the final entry on my Lolcow thread, I discovered that I'm still good for the lulz afterall...even though the kiwifarmer who apparently nominated me for Lolcow status is no longer around their forum, my blogging still gives him legit cred for such productive Lolcow farming:

> "@chimpburgers may be gone from us, but the cows he brought to us are still going strong. Mr. Galt posted this earlier this month ranting about the differences between "food" and "feed" (hint: anything that is fattening and thus, triggering to him, he calls "feed")"

It's called food magic, and it most definitely triggers me! Given the Kiwifarmer's linkage as proof of my Lolcow status, I quickly re-read the post she linked to in order to find out where I defined feed as "...anything fattening and thus, triggering:"

> Food is grown, raised, harvested and processed -- and if not consumed while fresh -- preserved in as natural and organic a state as possible to keep most of it's nutritious and nourishing qualities intact.
>
> Feed is mass produced by a few large multinational corporations using bio-technological innovations to quickly and efficiently manufacture product units ready for global distribution and a near infinite shelf life.

Clearly this fattening feed that triggers me is evidence of my paranoia...I can't even!

Speaking of fattening triggers...

...when I followed the other older link that enjoyed heightened Googliath rankings when searching for this blog

URL found a link to an old page at the website of a person who is no stranger to the denizens of the Mandrosphere:



Mammoth Hunter!

I forgot this guy dedicated an article (Hawaiian Libertarian: “Misogyny is the key to male liberation from blue pill delusions.”) to myself back in 2012! Surely such an old article deserves the highest rankings when searching for the latest from a blogger 7 years later...

But my bemusement was short lived. The ~~manboobz~~ mammoth hunter has also had his good name attacked and smeared by the Kiwifarmers! His Lolcow title? David "Proud Cuck" Futrelle - Owner of "We Hunted The Mammoth" and Supreme White Knight"

Proof indeed that Kiwifarmers are part of a hate site that should be shutdown and thrown in jail by FedGov! Just look at the hateful, hurtful bigotry they subject him to:

> "So he's feminism's biggest A-Log, huh?
>
> Why did he change the name of his site? Was "Manboobz" considered "body-shaming"?
>
> "Oh, I've read that blog a couple times. I could have sworn the owner was a stereotypical fat feminist lesbian, though I guess I wasn't that far off."
>
> "He also runs this increadibly dumb tumblr: {link redacted} Pretty much just there to mock women who aren't drinking 3rd wave koolaid while both failing to be funny and failing to see the irony of shitting on women being ok when he does it."
>
> "Weird how these freaks always have history of defending child pornography. Actually, not weird at all, hopefully this fat fuck has his CP stash found and is sent to rot in jail."
>
> "Futrelle has made himself an expert on the “manosphere”" such an achievement!"
>
> "And, still, Futrelle looks less likable than the people he writes about. Imagine that."

> "I think it's safe to say Dave himself has never been on a date before. The only women I imagine he'd ever have a chance of dating are literal whales, certainly not any decently attractive girls."
>
> "Chimping out by stealing content from people he hates seems like all this guy does. lol"

Wow, the Kiwifarmers let me off pretty easy in comparison! I wonder if searches for Futrelle's website on Googliath turn up Kiwifarms Lolcow thread in the top rankings like it does for mine?

{quick google search}

Nope.

I guess not all Lolcows are equal, some are more equal than others.

Mere Churchianity

Keoni Galt · 24 December 2019 · Archived copy · Original



Just read this harsh, judgemental, far-right screed condemning our Godly brothers and sisters of X-ianity503c Inc., by some crazy right wing fundie commenter over at the Unz Review. It is so discriminatory and hateful, I just had to reproduce it in it's entirety so my fellow believers can see just what kind of ignorance and bigotry we face from the evangelical cis-Male Patriarchy in 2019!

Behold the backwards mindset of these sexist-misogynists who want to take us all back to those dreadful 1950's when our sisters-in-Christ were oppressed and enslaved in the kitchens! They want to undo all of our progress and treat all women as nothing more than broodmares with no choices to ever be made without Cis-male approval! No leadership roles, no careers, no educational credential attainment, no access to Planned Parenthood!?!? Really?!? These backward cretins want to undo all of the progress we have made, and if their dangerous ideas gain popularity, they will destroy our Church!

The danger is real my Brothers and Sisters. Try not to become nauseated as you read such vile HateSpeech:

> Christianity? Neither that resolution nor you are part of Christianity. What you represent is a churchian cult offshoot of real Christianity that treats Christ as a lackey of the Almighty State, in order to worship the Great Goddess of Equality.

> In churches it's typified by a cult of feelings and niceness that scorns judgment. It pours pseudo love over evil like syrup over poison in order to be "welcoming", "diverse", "multicultural", "non-judgmental". It equalizes all human actions by semantic games and rationalizations. Good and evil become meaningless, everything is accepted and somehow forgiven, God's Love never includes Judgment, the sinner is never responsible for her sin, and everybody gets into some feelzgud version of heaven.
>
> What has happened is that churches have become thoroughly effeminate and emasculated. They purport to be Christian, but they are not. They are infected with feminism. Any kind of perceived masculinity is downplayed or eliminated. These churches display every single worst symptom of the feminist mindset, including seduction, enticement, passivity, emotionalism, goalless pursuit of power, fantasizing, mindless nurturing, and

> hypergamous submission to alpha evil.
>
> Instead of recognizing and resisting evil-doers, churchian policies entice more sin and evil into the world so that it falls directly upon the traditional patriarchal family in order to tear it apart. The excuse they offer is the saccharine banality that love is some kind of all-purpose salve, thereby assuming a human love that deliberately mischaracterizes God the Father's Love. The unstated rationale is to passively submit and sacrifice yourself to evil as the only way to expiate your sins, thereby completely dispensing with the Son of God's sacrifice on the Cross.
>
> Christian churches have morphed into a monstrous inversion of everything that used to make Christianity strong and believe in itself. They cannot possibly continue in this way. They lose members every single day, and will eventually cease to exist as viable entities. At best, they will go the way of the official state churches in China.
>
> The only way forward is to lead Christians back to the Truth of the Logos. Churches must be purged of every last vestige of feminist influence, from the pastor/priest right on down to the music. A revitalized church must return to its roots, to be 100% patriarchal, judgmental, and militant, in order to celebrate the nations commanded by God, and the divisions of God's Creation.

I. Can't. Even.

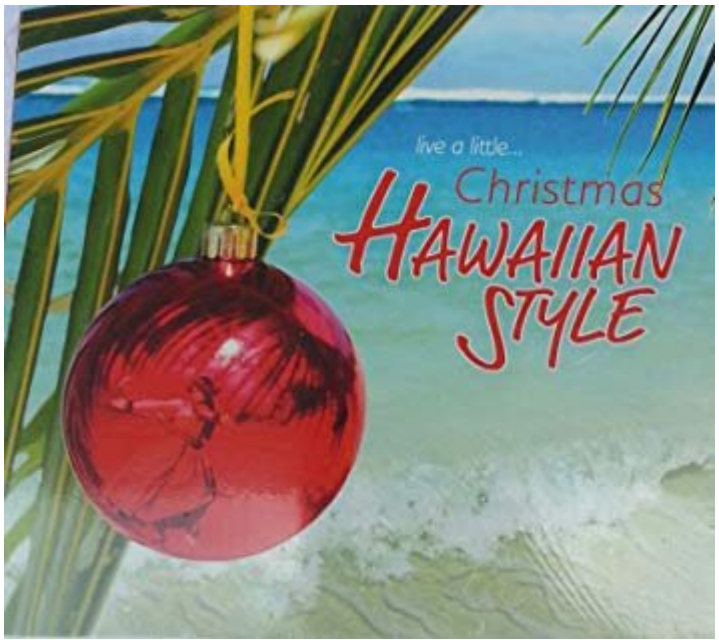
Thank the Goddess far-right fundie wing nuts like this have been purged from our churches and exiled to the fringes of the extremist snake-handling, tongues-babbling cults who are all clinging bitterly to their Bibles and guns!

They just can't deal with the facts that our community of multi-cultural tolerance and vibrancy continues to grow and spread the universal message of inclusion, diversity, and acceptance for all! No matter what border they may have crossed, or what non-specific gendered orifices they prefer for their consensual relational recreation...we must love and accept all those who seek refuge in our communities and homes!

There is no better way to signal our virtue!

Na Mele Po Kalikimaka

Keoni Galt · 25 December 2019 · Archived copy · Original



Aloha kakou! While striving to perpetuate the reason for the season, I wish to share some of Hawaii's finest Na Mele for our Lord and Savior, Iesu Christo.

First up, we got former Wayne's World bad girl Tia Carrere paying tribute to her island roots, singing three verses of Silent Night, all in 'Olelo Hawaii:

Here's Amy Hanaiali'i singing the "Hapa" version - in both English and Hawaiian over at Honolulu City Hall back in 2008:

Next up, Kiho'alu virtuoso, Keola Beamer, with a Slack Key Guitar instrumental version of Do You Hear What I Hear?:

Here's the two Willies - Uncle Willie K and Willie Nelson, doing a version of Away in the Manger:

The Brother's Cazimero - Hawaiian music's most legendary duo, give their trademark jazz medley treatment to two Christ Mass classics:

Here's an 'Ukulele feature, Hawaiian-contemporary styled rendition of Carol of the Bells:

This is a Hawaiian song not to widely known, but the lyrics in 'Olelo Hawaii are definitely apropos to the reason for the Season:

"Mele Kalikimaka Ia Kakou, I nei 'ia hau'oli la hanau o ka haku, keiki hiwahiwa ke akua!"

Roughly translated: *Merry Christmas to all, on this happy birth day of our Lord, the Son of God.*

Here's a unique version of the Little Drummer Boy, performed by Noelani and the Leo Nahenahe Singers with traditional Hula percussion implements and sung in 'Olelo Hawaii:

Another one from Amy Hanai'ali'i, Hamau E Na Kanaka:

And for our grand finale, this one is undoubtedly Hawaii's favorite Christmas rendition of all time - O Holy Night by Uncle Willie K. Now my favorite version of Uncle playing this song is one I've already posted here in Christmas past. When you're done here, go check it out again. World class. I've seen Uncle Willie perform many, many times over the years. The man can legit sing Opera status, and he can shred guitar with the best of em.

This version I post here and now is special, cause it's just Uncle doing it live, one take, with no accompaniment, just Uncle Willie K and his Guitar....enjoy!

To all 30 or so people that still bother to read my blather here....Mele Kalikimaka Me Ke Hau'oli Makahiki Hou my friends! God bless!

Dante Was Right

Keoni Galt · 28 December 2019 · Archived copy · Original



Dante condemned those who commit violence against God and Nature to his Seventh Ring of Hell.

Of those who commit such violence, one of these condemned acts is an integral part of our Brave New World Order, and it violently infests and infects every aspect of our current existence....yet most are completely inured to it. Most don't recognize it for the violent crime against God and Nature that it truly is.

Because most people do not have the requisite mind development to recognize the truth hidden in plain site. Most don't recognize the basic nature of their car loans, credit card balances, signature loans, house mortgages, student loans, tax payments, account deposits, or any other modern financial activity as *violence.*

Only a certain kind of mind can see this violence against God and His creation. A mind formed by extensive training in literacy, is the only mind capable of comprehending just how simple of a solution is to be found that would end all of the problems that plague humanity in the 21st century.

This focused discernment can only come from intense study of the written word. A mind that is not numbed-down and desensitized by innumerable hours absorbed in consuming flashing images and emotionally manipulative sounds from a screen and sound system as the primary leisure activity of choice whenever they have time off from their main vocation in life.

A mind that keeps itself sequestered from the regularly scheduled programming of mass media broadcasting and the group-think environments and Delphi-technique programming reinforcements that are in all of our cultural and educational institutions.

A mind that is consumed with the quest to find the hidden, forbidden and verboten histories of the world...the historical accounts written by the literate minds of man that were developed before the advent of mass media technology.

A literate mind is capable of reading many different writings from many different minds from many different perspectives that comes from many different epochs, cultures and religious influences. It takes a literate mind to read from so many variable sources and discern the fundamental truths of the human experience from them. It takes a high level of literate development to make it through many voluminous tomes with expansive vocabularies and near-extinct styles of prose and references to past cultures and conventions that are no longer commonly recognized cues.

The readings can be difficult and may require many re-readings to achieve comprehension. And it takes a literate mind trained in discernment to keep from being short circuited by all the cognitive dissonance triggers that have been inculcated into the minds of modern man by mass media indoctrination...those triggers deliberately implanted to try and keep one from reading all the BadThink from times long past.

The highly literate mind that endeavors to read the suppressed and censored historical accounts of peoples all over the world through many different epochs in time, has to eventually recognize the cycle. The only way to fix what ails us all is to break that cycle.

This is why the modern world promotes functional illiteracy. Why THEY want us to be able to read just enough to follow orders, fill out loan applications, file our taxes and obey authority...but not literate enough to read the expositions of brilliant literate minds of our past. It is the best way to disconnect us from our heritage and our birthright, and to keep us from learning about the answers to our present day problems that can be found from our past.

I said the answer is simple, but that doesn't mean it would be easy.

On the contrary, the affects of effecting this simple solution would be extremely cataclysmic. For the edifice of insanity that is 21st century "clown world," has been built up to an almost impossible towering height, and removing the lynch pin found in the foundation of this massive abstract construction called "civilization" would result in spectacular disaster that would herald The End of the World As We Know It.

Nevertheless, by nature of it's very design, it must and it will fall. But if it falls under it's own bloated weight of degenerate corruption, THEY who were behind it's exponential expansion over the ages will once again work to control the narrative and mislead the people as to the causes of the disaster. If they succeed, they will once again have used the illusory controlled demolition to allow them to restart the construction of another renewed towering behemoth of insanity similar to our present vulture culture of insane degeneracy.

Nevertheless, the answer still remains quite simple:

A permanent Jubilee.

Total debt forgiveness worldwide on all loans big and small....followed up by an eternally and vigilantly and ruthlessly enforced prohibition on all forms of Usury, for all time and eternity.

That would truly be apocalyptic.

For it is the extensive reading of hard to find books, papers, pamphlets and scriptures throughout human history that one starts recognize the cycle of usury. The cycle of usurers living in parasitic sustenance on the backs of the majority of a host society until they are forcefully removed. This is almost always followed by the subsequent thriving of that society...until inevitably the usurious parasites are once again allowed to re-establish and re-colonize the host culture. This is ultimately what we commonly refer to as the historical phenomena of "The Rise and Fall of

Civilizations."

Like the phoenix rising from the ashes, as long as usury remains acceptable by any human society, the parasitic usurers will continue to keep humanity on a cycle of perpetual programming that promotes degradation, arrested development and debt-enslavement so they can live in luxury off of the misery and suffering of the rest of humanity.

Once you learn to recognize this cyclical pattern, you see it play out quite predictably in the historical accounts of many different countries, societies and settlements throughout every age and epoch. From Sumeria to Babylon to Egypt to Greece to Rome to Iberia to Netherlands to Gaul to Britannia to present-day America.... once usury becomes a commonly accepted practice in any civilization, the fate of that civilization is sealed.

But the usurious parasites know this all to well.

So they use their powers that they leverage from usury to socially engineer the masses of humanity to keep us all divided and conquered, confused, distracted, dumbed-down and perpetually *entertained* so that we do not notice just how enslaved we have become to our base-animal natures. With the leverage of usury-empowered population control, T.H.E.Y. have reduced us to functionally illiterate, fungible economic units to be exploited unto death.

Happy New Year! :-)

It Yelps Out In Pain As It Strikes You

Keoni Galt · 5 January 2020 · Archived copy · Original



I have some friends and associates who've had some recent bad experiences with a certain famous tech company that inspired me to consult Googliath on teh Interwebz. What I found, astounded me. From Hawaii to Alaska, from California to Maine to Florida....all across the country, small businesses everywhere are being preyed upon by this unethical 21st century version of a protection racket.

To summarize before we get into the meat of this post, after a lot of research, this is my recommendations to anyone who is a business owner or makes the advertising/marketing decisions for your company:

Don't create a page on their website for your company.

If someone creates one for you, don't claim it.

Don't let a bunch of 5 star reviews put up by legitimate customers that initially appear on your page fool you and suck you in. Once those start to accumulate, their sales reps will begin to call you to get you to buy in to their scheme.

Once you make it clear you won't pay to play with them, your 5 star reviews will get hidden with a tiny link on the page saying "These Reviews are not Recommended" while the reviews that are allowed to remain posted and used to make your 'official' rating will be your one to two star negative reviews, giving you a bad overall rating.

They'll call you back and imply that advertising with them will get your positive reviews back up and your negative ones to be "not recommended." It may or may not happen once you pay. I've heard of folks that paid, and still had their positive reviews hidden while the negatives remained, and I've heard of others that got what they paid for. Either way, it's just not worth it.

Let the sales reps say whatever they want, just DON'T give them any credit or debit card info. No matter what they promise, once they got your digits and ID, they will bill your account repeatedly until you actually get your card or bank to put a stop on them.

There is no quantifiable results or measurables to definitively show a Return On Investment for their "services."

If your a franchise owner of a large corporate franchise or a Big Biz outlet, have at it. A page on their site will do just fine. It's not the big fish they're after, because what they're doing, skirts the edge of legality. They have been constantly taken to court in the past, so they know the fine line they walk to keep their practice barely above the law. Also, for most small businesses, the owners cannot afford a protracted legal battle and will just surrender and move on once they manage to disentangle themselves...after they already made off with a couple of months of billings you never explicitly agreed to authorize.

You never sign any contract or paperwork...but as soon as you sign up and create a profile and enter your credit or debit card info, they have you right where they want you...like a blood sucking leech. You can only get them off of you with a lot of pain and blood loss. And if you're a small business -start up with very little margin for error and on the cusp of make-or break financially, they will hit you up with excessive charges to your account when you can least afford it.

Worse yet, not only do they do anything they can to convince you over the phone to sign up to get your billing information, they don't even pretend to try and help your business succeed. They do nothing for you except try to sell you on signing up for more advertising contracts.

And if you try to stop their billing and "turn off" their advertising "services, " they will do everything in their power to put the worst face forward on your page on their site. They will deliberately select the least flattering and/or irrelevant photos on the front, they will "not recommend" aka hide all your four and five star reviews, they will feature all the one and two star reviews, and they will put links to all of your businesses competitors all over your page to get visitors to take their business elsewhere.

Here's a video some small business owners here on my island made to demonstrate what these "business" practices would look like in the real world:

Here's one business owner that used to troll other small business owners that complained online about these business practices, until he had his own experiences with them. After seeing the error of his ways, he actually created a wordpress blog to fight back.

Check out his story:

> The sad thing here, again, is that I've been saying for years...that everybody who thinks that Y3lp is out to extort you is...is...is kind of a conspiracy theorist, or ridiculous. Again...now I've never been a fan of Y3lp elite culture...but you can see on a lot of websites where I've said that all these people that are like, "I got two bad reviews, Y3lp is extorting me...blah, blah, blah, blah..." I make fun of them! I'll say like, "You know, it couldn't possibly be that you're charging $100 more than Apple for a crappy part...no...it has to be that Y3lp is extorting you!"

> I've always trolled a lot of these people that think that Y3lp is extorting them, and that they're getting bad reviews because of Y3lp extortion. I've always thought that was crap.

> Until now.

Here's a roofing company owner warning other small business owners. He includes video clips of his conversations he had with company sales reps on the phone. More importantly, this vid focuses on the sales pitch hook that promises a free $900 advertising credit if he signs up. Looks like they offer this just to get your credit card info which they then begin to bill regularly month after month, way above and beyond that $900 "free" credit they initially offer.

Here's a one man Plumbing company owner sharing his experience:

> Here's where I believe Y3lp traps businesses...it's because businesses cannot opt out of Y3lp...at all. Okay, because it's a matter of public record and public concern...and so, anybody can add a business into Y3lp...so...and not for bad reasons. If you, let's say, enjoy the business and they provide a great service, you want to tell other people about it. You post on Y3lp, you're the first to review, you add a business in there...other people add...other people, you know, join in and add there reviews...what happens is that Y3lp calls that business and they say, "Have you ever thought about advertising with us? A lot of people seem to like your business." And what ends up happening, is that the company can either say ya or nay.
>
> If they say ya, then they gotta go in there and claim their business -- and this is what happened to me -- my reviews dropped, because I claimed my business but I don't want to advertise with Y3lp. I had the mentality of 'Hey, everythings doing great, and its free, so why not just keep it going?' My reviews dropped, and they went from the posted reviews to the hidden reviews....or as they call it now, "Reviews not currently Recommended," which actually discredits all of those reviews because "not recommended." So....you cannot opt out of Y3lp....basically you got to pay to play...or else.

These sorts of video's are all over YouTube and Bitchute. One could spend hours watching them all. The sheer number of anecdotal experiences found on teh Interwebz sure makes a compelling case for anyone that runs a small business to avoid getting sucked into their racket.

But there is also plenty of websites of small business owners who got stung and are plenty mad...and you look at their website posts and blogs, and you'll see their comments just filled with angry business owners all over the

country. The sheer number of complaints is astounding.

Here's one guy who's business is sales and marketing on teh Interwebz. He does a great post on his website explaining his clients and his own experience with this company, and he offers a great breakdown as to why it is a fraudulent racket, especially when you compare the advertising services you get with this company compared to other big Tech company's like Googliath. Here's some excerpts from his site:

> So the idea here is similar to Google AdWords, when someone searches for a term related to your business, your listing shows up (as, "Sponsored Result") with the hopes that your business gets clicked on.
>
> Here's the caveat though, Y3lp is charging you per impression basis instead of per click basis. What this means is that whenever your listing shows up in this manner, it counts against your total allotted amount that you paid of (so you are paying "cost per impression"). If it were click based (cost per click) you would get charged ONLY if your ad gets clicked.
>
> This brings into a few questions, the least of which are:
>
> - **So how much is it per impression?**
> - How many impressions can you expect to get (this is of course dependent on the search volume) – bear in mind that this is a LOCAL search and review online system. Which means that you are really throttling the number of impressions your ads will show up because the number of LOCAL folks doing searches related to you business within your area is a tiny tiny fraction of the searches done nationally combined.
> - Are you able to test different the keywords with which your listing shows up (which is costing you money)?
> - Are you able to TRACK the results you are getting on fine details? I.e. what keywords are converting, when is the best time to show your Y3lp sponsored listing, etc. Basically, questions that any savvy AdWords expert would ask.
> - How much control do you have over this campaign? After all, you ARE paying for it.
>
> **Before I Go On, Let's Talk About Leakage**
> What is "*leakage*"? Well, in digital marketing term, it means actions taken by your website visitor that doesn't contribute to your ultimate goal (such as capturing the lead, making the sale, etc.) This often includes having active links which serve as distractions that take the visitor ELSEWHERE.
>
> Now… take a good look at just about any Y3lp review page, do you see leakage? Do you see links everywhere? But more importantly (and relevantly from a marketing perspective), do you see the box that says, "People Who Viewed This Also Viewed…"? Do you see how these links tend to be links to direct competition to the business review page you are viewing?
>
> So you are looking at $100 CPM (cost per thousand impressions) to $200 CPM to advertise on their network. In the AdWords world, this is ridiculously high for paying CPM unless you are in some highly competitive and profitable business like real estate and 401k portfolios (oh wait… given the crash of the economy, DOH!). Even then you are pushing it a bit. Folks who are paying high CPM on the pay per click networks have thoroughly tested their campaigns, have tracked EVERY single detail, and have all the control in the world.
>
> But on Y3lp? Hellllll no! You don't know what your "campaign" looks like let alone **have any control over it.** You are like a blind mouse and they are the big bad kitty toying with you. And yet, they are still charging

> you an arm and a leg. And one quick look around Y3lp will tell you that most businesses are NOT high-price markets, they are mostly smaller markets like restaurants.
>
> This brings me to my second point of frustration when dealing with these Y3lp folks, **where's the proof of these impressions people paid for??? Where are my listings showing up? And what's the conversion rate?**? Again, they tell you nothing and keep you blind.
>
> ---
>
> Okay, so I had the opportunity to speak to a Y3lp representative on the phone on my client's behalf. Armed with my knowledge of AdWords, marketing, the works… I came prepared. Sadly for the person on the other line, that's more than I can say for her.
> I asked about all the things I mentioned before (about click through rates versus impressions, how I can track my campaign, how much control I have, etc.) and she was STUMPED. She couldn't understand why we would care about such matters. As a matter of fact, I'd venture so far as to say she didn't know JACK about marketing, and yet, she's representing a team that's suppose to help us market.
>
> But what REALLY got to me was when I asked her about a 24 hour backout clause, which means that within 24 hours of the start of the campaign, if I am not satisfied with the results I am seeing, I can cancel. Nope she said… and the reason is because it takes time for the program to ramp up for me to really start seeing results.
>
> EHHH? It's the internet we are talking about here right? I can track clicks fairly easily right? Hmmm… okay.
>
> So then I went on and asked what is the minimum sign up period, to which she replied, "6 months" OMGWTFBBQ, 6 month minimum at $325 a month where you have NO IDEA what's going on? Thanks but no thanks.

As with all the other sites out there, have a gander at his guys comments. People from all over the country weigh in on their experiences.

If you're considering paying for advertising from this tech firm, do some more reading before you agree on the phone and enter your billing information into their sign up page.

Here's another marketing business owner who points out that there is really no legal remedy for what they do. He cites court rulings from the 9th Circuit Court that side with the company, allowing them to continue to prey on small businesses all across the nation:

> In September 2014, the 9th Circuit Court decided a case that practically could have been named *Everybody v. Y3lp Inc.* The case involved a group of companies which believed that Y3lp had "extorted or attempted to extort advertising payments from them by manipulating user reviews and penning negative reviews of their businesses." In their case, the plaintiffs argued that Y3lp had done this by distorting their rankings - removing positive reviews and publishing negatives ones - and then having their sales people use that as leverage to get them to buy advertisements on the review site.
>
> But the court stated in their ruling, "As Y3lp has the right to charge for legitimate advertising services, the threat of economic harm that Y3lp leveraged is, at most, hard bargaining."

> This subject has been talked about *ad nauseam* (here's a good overview from shortly after the case was decided), so I won't go into too much detail here. Suffice to say, for the past several years, Y3lp's position has been, "We don't extort our customers, but hey, we totally can if we feel like it." They say they don't extort businesses, but when even your own shareholders have sued you for "undisclosed business practices, including but not limited to requiring business customers to pay to suppress negative reviews," something ain't right.

While this company was initially launched as a service to help consumers find good eats at restaurants, they've expanded to all sorts of business ventures. If your a small business owner in any kind of industry, beware! Here's the experience of a small time vacation rental biz in NY:

> What is a Y3lp? A short sharp cry, especially of pain or alarm.
> So what is the big deal you ask?
>
> Well, in case you have been living under a rock the past 15 years since Y3lp was founded it has put countless businesses out of business simply because of the negative Y3lp reviews they got. In reality, there is nothing funny about Y3lp.
>
> Y3lp is simply a Bully with a cattle prod.
>
> In the rest of this page, we will attempt to politely stick Y3lps cattle prod and illusion of strength up their ***.

Another review website named Trustpilot offers a similar review format, and they have a page for trustpilot users to rate Y3lp. Here's a recent review from one day ago:

> If someone calls your business from Y3lp trying to get you to advertise with them, HANG UP ASAP. I work for a small family owned business and I would never speak to them until 11/21/19 when the guy told me my dad had told him to speak with me. My dad was out of town so I just assumed he really did refer the Y3lp person to me. I mean who would lie about that? After a conversation, I agreed to a 7 day trial and provided my company card info. He did NOT tell me that I would be charged automatically after 7 days. I was very clear with him that I would need to speak with my dad before committing to anything. I asked him to send me an e-mail with all of the information he could provide and my plan was to review the e-mail once received and share with my father. The e-mail never came.
>
> Around 12/11 or 12/12/19, somebody in my store was talking about advertising and I remembered the Y3lp conversation and asked my dad why he directed them to me. He said he may have mentioned my name to the guy but that he was very clear about how he had no intention of signing up for anything with anyone until after January 1 2020.
>
> At that point, I realized that I had been lied to and went into the Y3lp for business owners page and made sure I clicked on anything that gave me any option to "cancel" any type of service. At that point, I was unaware of any charges from Y3lp so I assumed all was good. I received my credit card statement on 12/24 and discovered a charge for $148.94 on Dec 1 from Y3lp. How could we be billed for a free 7 day trial??? I called the billing dept for Y3lp and told them I was furious and how the account executive had manipulated me by lying to me. Long story short, she not only could not help me, she told me there was another charge to my card for almost $300 on Jan 1 that I wasn't even aware of!!! I told her I needed to speak with a manager or supervisor to resolve this and she said she could submit a request but that it would take 3-5 business days for someone to call me back!!. ARE YOU SERIOUS?!?!?!?!

> The salespeople blow up your phone even after you tell them to leave you the hell alone but I can't get someone to call me back about a problem for 3-5 business days?!?!? I told her not to bother because my next call would be to my bank to dispute ALL of the charges. We will NEVER do business with them and neither should anyone else!

I have a friend who owns his own business, and this is almost precisely what he experienced as well.

Here's a site that has reviews from former employees detailing the corporate culture of a company that practices this barely legal extortion racket.

This company has built a solid reputation of infamy and villainy...to the point where some people got together and produced a documentary to expose it. The following is the trailer on YouTube:



Click to view Trailer

And here's the movie posted in it's entirety over at Bitchute:

All I can say in conclusion?

SPREAD THE WORD

SANCTION, BOYCOTT & DIVEST THESE BASTARDS