

GayLubeOil

ARCHIVE

compiled by /u/dream-hunter

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My Theory on Internet trolling

1 upvotes | June 8, 2013 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

How would red pill go about raising a daughter?

0 upvotes | June 12, 2013 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

So the majority of redpillers have a critical albeit realistic conception of women. However chances are you might eventually become a father. If this happens how would you utilize your red pill education to raise your daughter.

RedPill Economic Theory

10 upvotes | June 17, 2013 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Alright guys so I just had a massive epiphany:

Modern American society is built more or less around the wants and needs of women. Why? Because women are inherently impulsive emotional creatures are more susceptible to advertising and make roughly 80% of the purchasing decisions. A western woman's primary impulse is to consume, to buy makeup and clothes to look pretty. A man's primary impulse is to create, to build, to hunt, to conquer. However self sufficiency is toxic in a consumerist society because it decreases demand. Therefore American media demonizes male self sufficiency and promotes female consumption. Oprah's show is the best example of this: rooms of woman shriek with joy at consumer items while men are guilted and shamed. Marriage is a cornerstone of this system because it ties the economic productivity of a man who would other wise have low demand to the insatiable consumerism of a woman.

Blue Pill Example

9 upvotes | June 18, 2013 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

How Last Relationship Red Pilled me

28 upvotes | June 29, 2013 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Alright so about 3 years ago I notice that there is this really quiet cute girl constantly checking me out in class. Classic eye contact looks away then seems nervous. This goes on for a month until I'm like fuck it, if I don't talk to her then I'll never get any. Start having conversations after class, girl is awkward as shit. Two weeks later take her to a party with me. Try to kiss her she waves me off because she's kind of seeing someone.

Don't take no for an answer if I stop trying then it will be awkward because I have a year and a half left in the same class with her. Keep asking her out on dates. She keeps going with me.

Come over to 'study for class' in her apartment, then start making out on the regular. Valentine's rolls around. Figure if I don't get her some shit then she will think I don't care about her, less chance of de pussy. Call her on Valentine's day tell her she left some shit in my house and I'll drop it off. Come to her apartment hand her \$10 supermarket flowers, 3 Dollar Cupcake. Her roommate sees this. Made her look good in front of roommate. Has some shit to put on Facebook to brag to her friends about feels wanted. Received a shit ton of affirmation.

Month later ask her out, because don't want to compete with other men, enjoy stability, dislike the dating/party scene and alcohol need stability for bodybuilding and school. Doesn't want to have sex because of Jesus, fuck her in the butt, tired of butt fucking take virginity. Three years go by. Chill low maintenance relationship. No arguments, No yelling, she buys me food sometimes, Spend Christmases with her family so I don't have to be lonely Jew on Christmas. Enjoy falling asleep on nice warm boobies every night.

Last April her Slut friends invite her to Vegas with them. She spends spring break there getting hit on by all sorts of dudes. Inundated with male attention and validation. Comes back feels bored by our relationship. Breaks up two weeks later because she needs to discover herself. Tell her that her self discovery is not about herself but throttling dicks. She denies this gets angry. Tells me we should stay friends because I'm the only other friend she has in University, agree on the condition that she pays me to work out with her.

Sleeping by myself feels terrible. Cry at night. Start fucking again in an open relationship, agree to tell each other everything we do with other people because of STD consideration. She goes to Vegas whores herself out to dudes with tables and nice hotel rooms. Gives three dudes hand jobs in four day period one of them wheelchair bound. Rationalizes this as something that just sorta happened/ Not Her Fault. Laugh at her hamstring. Start fucking random OKC girls but predominantly still fuck her.

TLDR: Drama free committed relationship can never compare to the pampering and attention women get in Vegas

How women Stifle/Censor Intellectual discourse

72 upvotes | June 30, 2013 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

A couple years back I visited Russia. I was at a dinner party and the conversation soon turned to politics a Russian national pastime. As soon as it did all of the women shut up and let the men speak. When one of the American women tried to offer her opinion she was shamed into silence by the men and some of the women. I asked later why women were culturally disallowed from speaking with men on politics at the dinner table. The response I got was 'In Russia women don't speak while men are discussing politics.'

Back then I thought this was backward and misogynistic. But ten years of talking with women later it come around and thing this is a wonderful cultural norm.

With regard to abstract, deep or philosophical discussion women vary rarely have anything to offer. Women are emotional creatures so the result of her participation will always be a decline in the intellectuality of discourse. Here is how and why they will ruin your conversation:

- Women are not abstract thinkers. You know the logic question where you have to rotate the letter L in a three dimensional space? Women suck at that shit. So when an argument is very abstract a women will **always** make the conversation about her. Once the conversation is about her favorite subject she will speech vomit about herself drowning out anything interesting you or your friends have to say.
- Women are emotional thinkers. Given enough time in a conversation a women will always use an emotional appeal, an Ad Hominem attack, shaming guilting or any list of logical fallacies. Have you ever watched The View or The Talk? How long can these bitches go logically addressing the issue before the feels take over? Answer: not very long.
- Women are protected by betas and white knights. Women have no problem throwing insults at you when the argument gets a little complex or doesn't have enough feels to understand. But if you throw some shit back at her. The white knight will start valiently defending and all intellectualism will be torpedoed. What you will be left with is retarded baboon yelling which is not that enjoyable.
- It is very difficult for a women to understand the distinction between a heated political discussion and personal argument. Now my friends and I can argue all day about any host of issues and we often disagree. But in the end we will be friends and we'll grill some steaks together. For a women this distinction is impossible to make. If two of her friends are having heated discourse she will break up the argument. Its kind of what little dogs do when people have loud discussions they start barking because the feel excitement in the air. Shell say cant we all just get along? Or politics is dreadful businesses we should talk about something else. Tadaa!, your heated intellectually stimulation conversation was just ruined by a woman.

Bonus: One of the reasons why America has become for less intellectual in the past 60 years is because women began being included in all sorts of things. Thus destroying all available space for intellectual discourse.

TLDR Intellectual discourse lacks the feels that women understand, so they torpedo it at every given opportunity.

The Pheromone Zone: In defense of blue pill behavior

19 upvotes | July 1, 2013 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

I think as Red Pillers we should be realists firsts. Absent from many of our discussions is a very important variable: The Pheromone Zone

Typical Red Pill discussion: So im an alpha marine Gunnery Sergeant Badazz. I served a tour in the hell hole Fallujah pulling my half dead comrades to safety. When I got back I found out my wife placed first in a cum gargling competition. I still love her. Then everyone chimes in that he is such a beta should break up etc

However what is missing from this discussion is men have a fatal flaw. When a women is on your lap and you smell her hair and you touch her soft skin and you feel that bouncy booty, nothing else matters. You get endorphin-ed so hard that everything else just fades away. I feel like the biological drive to reproduce far eclipses all logic for men and thats how they get trapped into the blue pill pleasing mentality. I know we talk alot about female flaws here, but this is a male flaw we shouldn't ignore.

Pimps Up Hoes Down: Confirms every Redpill Theory

1 upvotes | July 4, 2013 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

<http://www.youtube.com/watch?v=K6CD2R7oOVs>

<http://www.youtube.com/watch?v=K6CD2R7oOVs>

Easiest way to cross become Redpill? Read your Woman's electronic communications.

78 upvotes | July 4, 2013 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Couple of years back I was with my at that time girlfriend and she was telling me about her friend, lets call her Avril.

Avril had a Skater boyfriend who she met in High School. Avril loved Skater boy in high school. But now that she was graduating college it become apparent that skater boy lacked real career prospects so she began mentally distancing herself from him. Avril began going to clubs and flirting dudes.

My girlfriend was complaining to me about how controlling Skater boy was and how he insisted on reading her texts. She then nervously asked if I would ever do that. I said no I would never **ask** to read your messages. She was happy and the conversation ended with her telling me how she was so happy that our relationship is built on trust.

You see I would never ask to see those messages because given enough notice she would just delete whatever is incriminating. Anyway, a woman's friends are a reflection of herself; that's when I took the hint and began reading her shit.

I got a piece of paper wrote out her messages with times and dates. I later cross referenced those times and dates with when we were together, and when we hung out.

Here is the unsurprising thing I found out. You know how our generation, 20 year olds are constantly texting? While your fine dining your girlfriend she is flirting with dudes, getting attention from beta orbiters, and telling her friends how hot her boss is. You could be snuggling in bed, going on a hike, watching a movie, introducing her to your mom, it doesn't matter. Woman are constantly seeking sexual gratification in one way or another via texts. Don't believe me? Try this experiment for yourself, maybe you are right and Not All Women Are Like That, but realistically there is only one way to test your theory.

As a man you are very easy to lie to. You gaze longingly into her eyes and think about your future with a big house and kids in some weird quasi hypnotic state. You are not that difficult to deceive.

Treated a Woman like absolute garbage, asks me to come over to fool around, validates all Red Pill Theories

45 upvotes | July 5, 2013 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

In refutation of Not All Women are Like That

15 upvotes | July 5, 2013 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Whenever I make a half decent post on how women derail constructive conversation, or how all women have compulsive texting disorder or how your girlfriend is quietly planing to trade up while you buy her flowers or when anything The Red Pill related is being discussed, some beta or lover boy will say **Not All Women Are Like That**

First you can't fault Lover Boy, he is thinking with his penis, his brain is flooded with dopamine and he is in a temporary chemical state which feels fucking awesome. There is no point arguing with these people let them enjoy their happiness while it lasts.

The Beta White Knight will valiantly defend the pussy pedestal caravan. His greatest weapon is the NAWLT Warhammer. Who knows he may eventually adopt the Chaos Gods that is Red Pill, but probably not. All I know is that I would rather raid the Pussy Caravan, and fuck sluts rather than valiantly defend women that don't give two shits about me. I may not be doing what's morally right, and I may not win in the end but iv decided that guard duty is for chumps, im a Chaos Marauder.

Now that everyone is pleasantly entertained lets get to the meat of the argument. Yes, not all women are like that. Maybe your girlfriend was raised by a single father, or is a first generation immigrant with old world values, im really happy for you. The problem is our Feminist American Society will drag her down and will make her *Like That*.

She might take a feminist class in college where some soul less feminist tramples on the idea of manhood in ice boots. Maybe she isn't materialistic, but then her friend will show up in the latest summer dress and your girlfriend will be jealous, causing her to buy into the money pit that is disposable fashion. Maybe her friend will move into a big house after forcing her husband to take out a mortgage he cant afford. Maybe your girlfriend is a shy girl who likes long walks deep conversation and movies. But then she goes to Vegas on her birthday where she gets more attention than you could provide in a lifetime and free unlimited alcohol. Young People are inherently mailable that's one of the reasons why the military likes them so much No one has unlimited willpower, the ocean will grind the rock into sand, its only a matter of time.

TLDR: Even if shes not like that eventually your woman will succumb to the pressures of society and become like the rest: money grubbing, attention seeking perpetually distracted and kind of bored by you.

How men and women dress at the gym and why

27 upvotes | July 6, 2013 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Iv worked as a personal trainer for several years, also iv been a gym rat since 16. During my time working out I noticed a distinction between how different kinds of men and women dress at the gym and what it says about what their priorities are:

The Plain Clothes Man: Most men fall into this category. They wear loose fitting white t shirts and shorts. The colors they wear are White Blue Black or Grey. They wear cheap clothes that they don't care about and are not afraid of them getting sweaty. Thier goal is to go to the gym get a good workout and leave even if they aren't the most knowledgeable at what they are doing they still strain and push themselves.

The Bodybuilder/Gym Bro: Unlike the affer mentioned this group intentionally expose their muscles in loose fitting tank tops or cut offs. The reason for this is once you get larger you heat up more easily. Your biceps and lats rub together if you wear a conventional t-shirt. You can get a better pump if you focus on your muscles in the mirror and squeeze at maximum contraction. Contrary to feminist belief, bodybuilders don't go to the gym to meet women if that was their main goal then they would not be able to achieve an impressive physique. Aside from the pump Bodybuilders go to the gym to impress gym bros who aspire to be like them. Bodybuilders trade useful gym advice for the ego blow job that the gym bro provides. It is what it is and I personally fall into this category.

The Homosexual who is looking: Not all homosexuals fall into this category many fall into the previous two. However it should be be no surprise that gyms are major gay meetup spots. Arnold's Gold Gym was filled with homosexuals and was a major pickup spot for gay prostitutes. This category of gym goer wears tight fitting bright clothes that out him as gay to other gays. Often this group of people is more concerned about their appearance than a good workout. However that is understandable considering that they are predominantly there to meet other men, not that there is anything wrong with that. To each his own.

Plain Jane: Often overweight or clueless about working out. Plain Jane wears plain clothes so no one will notice her while she works out. Often overweight plain Jane is embarrassed about not fitting in at the gym. The last thing Plain Jane wants is male attention at the gym. +1 Point for trying -1 for not having an effective plan.

The Attention seeker:: Most women at the gym who are sexually fertile fall into this category. Their Clothing is bright and tight similar to the homosexual. They have no idea what the fuck they are doing from a fitness standpoint and yes that is my professional opinion as a certified personal trainer. The gym now a days, is a fashionable place to go to be seen, a place to show off your new trendy gym outfit and then tweet about it and get the maximum amount of attention. These women never use meaningful weights and will never get any real change in body composition. My worth as a woman depends on people looking at my butt!!!

The Hardcore Gym Girl: These are the only women I have any respect for at the gym. If you are reading this and your a woman, and your hamstering saying yup that's me. No its not. Have you ever thrown up, passed out or dead lifted 225, Squated 180? No? Then this is not you and I don't want to hear your rationalization about how your an exception because you played volley ball and volleyball is hard. The hardcore gym girl is focused, motivated and has an effective plan on how to improve her

body. Often but not always the hardcore girl has a boyfriend/man that pushed her to success in spite of the bullshit of mainstream Bosu Ball fitness and all of the stupidity her friends have to say on the subject:Lifting makes you bulky etc.

TLDR: Most but not all women of reproductive age go to the gym for attention

Human preferences are genetically hardwired, Feminists need to understand this and stop trying to change them

28 upvotes | July 8, 2013 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Whenever a feminist body acceptance campaign seeks to redefine female beauty from classical to the 21 Century American Ogre. I have to say my waffles are sufficiently rofled, because this shows a lack of understanding of basic evolutionary psychology.

All important human preferences are biologically hardwired to ensure maximum reproductive capability.

Humans naturally find corpses unattractive. Why? Because the same bacteria that digest dead human flesh can infect a living person.

Humans find certain landscapes inherently beautiful. Why? Because a bright green field with an adjacent river is lush and fertile and will support many huntable animals or an abundance of crops.

Humans are drawn to pristine landscapes because they make an ideal place to make a home.

Humans are hardwired to fear certain things. Heights, snakes, and large carnivores. Young children often have nightmares about these things. Fear and aversion is the body's defense mechanism against danger.

Mate selection is by far the most important decision an organism makes in its lifetime. You can bet your redpill ass that, this decision is heavily (although not exclusively) dictated by biology. Men instinctively know what constitutes a good mate. A young woman in her late teens early twenties with long hair, symmetrical face, full lips and wide hips. These woman have the easiest pregnancy, and children with lowest incidents of birth defects or miscarriage. Older and obese women are not attractive regardless of feminist propaganda, because they have more difficulty caring a child to term without defects.

Woman can hamster all they want. They can write persuasive tumbler articles. Teach sexuality classes in university where beauty is relative, or buy dove soap because they loved their real woman campaign it doesn't matter. No one can escape the biological reality so they should probably stop trying.

TLDR:Feminists will never be able to redefine beauty because men are biologically hardwired to seek out fertility.

What being force fed 'Affirmed Consent' made me realize

53 upvotes | July 9, 2013 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Couple of years ago I took a philosophy class for some GE's at top university in my state. I was expecting long philosophical discussions on morality, or abortion instead 1/3 of the lecture time was spent on Affirmed Consent.

Now being a philosophy class I assumed that any topic was up for debate. I asked pragmatic questions on the practical implication of Informed Consent: How long do you think this Informed Consent process would take 30-45 minutes? How is a male supposed to maintain an erection during this time? I was immediately shamed for using the word erection during a conversation on sex. Wouldn't this destroy the spontaneity of the sex act crushing its enjoyability and therefore its purpose?

No one gave a fuck or even answered my questions. Women agreed that they should be treated like magic princesses. Betas kept quiet because if they upset the women too much they wouldn't have sex. The professor barreled on with his lesson plan, he didn't have time to be side tracked. The blue haired Rad feminist called me a rapist never mind that she was 18 and never felt the warmth of a lover's embrace.

Honestly just don't listen to feminist dating advice. Feminists don't care if your girlfriend leaves you for a more exciting guy, or that you go flacid after asking your gf 'honey do you mind if i take of your bra'. These people are not looking out for you as a man, so there is really no point in giving them credence. Also support your fellow man in his battle with the femstate, yes its a losing battle but at least you are on the right side.

Alpha Line: from Lena Dunham's Girls, moistens the panties

3 upvotes | July 9, 2013 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Why every RedPill Man should Have female friends

17 upvotes | July 11, 2013 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

After reading through Red Pill for a month I feel that many of the posters here mishandled a situation because they lack experience with woman. They then ask other men, to use their experience to give advice. Realistically a much better solution is to gain experience with women for yourself.

The **easiest** way to get insight into female thinking is having female friends:

Now Female friendship is in no way equivalent to male friendship. A woman will never pick you up from the airport at 2am, drag your mangled ass out of the fight you just lost, help you move your mini-fridge when your changing apartments. Women will never be there for you when shit gets really bad, which is to say be a true friend. However you can take women to parties with you to make your self seem cooler, and best case scenario she will hook you up with her newly single friend. A female friend is a conversation buddy nothing more.

From a game standpoint having female friends gives you the option of gaining understanding of women without the pressures of the mating game. Just accept that you will never be able to get out of the friend-zone so don't even try.

Bonus: The best part about having female friends is listening to their female-female argument stories. AKA Hamster Battles.

The modern American female has an artificial inflated scene of self worth. In my experience its very rare for a western woman to be able to admit her flaws to another person or even herself. Most of the time she will rationalize it. I went on a cock gobbling rampage because I was drunk/going through a faze/on vacation. *Never*, I have an alcohol inhibition problem and I need to learn to control myself.

So when two females argue, there will never be a mutual admission of guilt, return to a middle ground as with men. What you'll see is mutual denial of responsibility, blame shifting, rationalizations, tone policing, character attacks, culminating in *no fault* lets not fight anymore, or rarely dissolution of friendship.

TLDR:Female arguments are fun, get some female friends and enjoy the spectacle

Why feminists need to shame men into dating feminists

42 upvotes | July 11, 2013 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

The mainstay of feminism is that women are equal to men. When a woman adopts feminism her perception of male value decreases because she believes she is not reliant on men. Because Non Feminists feel that they are reliant on men, they will do more for men and thus hold more value.

The logical response is to date non feminist women:

- Foreign women
- First Generation Women
- Low Income Women, as feminism is a middle upper/class phenomenon
- Or have sex with Sluts, women who get primary validation from sex

Feminists only have power over men who listen to them. Because you have no interest in feminists, she will try to regain power by saying that you are exploiting these woman/are morally reprehensible for ignoring beautiful at any size feminists. Just keep ignoring these shaming tactics and go back to fucking sexy Latinas, who know how to cook, want a family and possibly american citizenship.

6 Reasons Curvy Women are Hot: Release the Obesity Hamster

89 upvotes | July 15, 2013 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

The modern american woman lives in the moment because she is incapable of understanding time

19 upvotes | July 15, 2013 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

A primary function of industries is to tailor products to the needs and likes of the consumer. In the case of music, lyrics are tailored to reflect the belief structure of the consumer. The primary audience for top 40 radio is women between the ages of 18 and 34. A common refrain in the top 40 genre is you only live once, or live in the moment. These aren't just musical refrains, they are cultural refrains.

Lets examine the effect of this belief structure on the lifestyle of an 18-34 year old woman:

Past: Modern women frequently deny responsibility for past actions. That was a long time ago. I was drunk. I was going through a phase. Those actions made me who I am today. The number of men who I slept with isnt important. Modern women want to forget the past, and they want you to forget their past because their past reveals how shitty they truly are, and they dont want anyone to know not even themselves. Forgetting their past also frees them of any debts incurred, Biffaults first law.

Present: Without the existence of a past, a person is free do whatever they want in the present. YOLO! However in the short term its important to deny responsibility or defer responsibility to other parties. Denying agency is another important tactic for women. Rather than admitting that she walked to a man's house for sex, she will say that it just sort of happened. The logical conclusion is that a modern woman is not responsible for any of her actions, instead all of her actions happened to her.

Future: When a person lives in the present they can't see the future. The reason why today's woman eats so much fast food is because she is incapable of anticipating her hunger. Buying groceries, packing food all takes preparation and forethought. Rather, she will go about her life as if hunger does not exist, until she feels extreme hunger pangs. At this point she will impulsively buy something unhealthy. As a personal trainer I can tell you that many women eat one or two meals a day. Women are also incapable of anticipating long term effects of alcohol because in their mind they will be forever young. Because the far future is a scary concept for someone who can't plan, fate or the blind belief that everything will turn out fine, is used to alleviate any fears of the future.

TLDR: YOLO philosophy makes women unreliable

Female understanding of Zimmerman trial entirely based on feelings

14 upvotes | July 17, 2013 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

I know Redpill doesn't need an additional example of why most women are incapable of logic. Here you go anyway:

In the past week every woman that has mentioned the Zimmerman trial seems to go on about what a 'creep' Zimmerman is. Or how if Trayvon can get shot, than anyone can get shot and that no one is safe. This is followed by a huge tirade about how the trial makes her feel.

Absent from the female tirade on this trial is any discussion on the intricacies of Florida law, which has a different definition of manslaughter than most states.

In my experience over the past week: men either don't care about the trial (70%), believe they don't have enough information to comment on the trial (20%) or have something to say about the legal matter at hand (10%)

Whereas females are a 50 50 split between not caring/not knowing and a waterfall of emotions stemming from the trial.

First Encounter with the Astro-Hampster

23 upvotes | July 22, 2013 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Just figured out why women like astrology so much: So my girlfriend's roommate Ashley, was telling me about a date she went on:

Ashley goes to the a 11-12am movie with Fred. Afterwords both of them go to the nearby Dave and Busters to get some food. Dave and Busters is nearly empty no one is eating. Instead of asking the staff if they are still serving food, Fred paces around for ten minuets trying to figure out whats going on. Ashley gets bored and goes back to her house without Fred.

This is what she told me when she got back. As soon as I saw him hesitate, about talking to a waiter I knew we wouldn't work out. Both of us are Virgos, and Virgos are shy, so I don't think we would be compatible in a relationship. I think id be more compatible with a Leo. Then she pulled an Astrology hamster about how although he is **nice** and paid for her movie they are not compatible.

TLDR Astrology gives women yet another excuse for rejecting the beta they say they are interested in, in favor of the Douchy Alpha they say they dislike.

How Studying for the LSAT Red Pilled me

70 upvotes | July 26, 2013 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

The American education prides itself on teaching *critical thinking skills*. Teachers endlessly repeat the mantra that they are preparing students to be active learners. The reality is much different though, our entire educational system is built around accepting and memorizing facts and then regurgitating them a month later during a test. At no point are you ever taught to question the text itself.

One exception is the Law School Aptitude Test, 75% of which consists of reading a paragraph and identifying a flaw in the author's logic. Because of the severe time constraint, the only way to succeed is to practice so much that identifying these flaws becomes automatic.

When you finally do make this process automatic, you quickly realize how flawed all female logic is. It basically becomes impossible to listen to hamstering, or feminism for any length of time. You quickly learn that any logic a woman uses to justify anything is somehow flawed. Just like the LSAT if you agree with a author's logic, you probably missed the flaw. Here is a quick list of (LSAT) logical fallacy to watch out for:

1. False Cause (Correlation / Causation) -presuming that a real or perceived relationship between things means that one is the cause of the other
2. Appeal to Emotion -attempting to manipulate an emotional response in place of a valid or compelling argument
3. The Fallacy Fallacy -presuming that because a claim has been poorly argued, or a fallacy has been made, that it is necessarily wrong
4. Ad Hominem (Personal Attack) -attacking the opponent's character or personal traits instead of engaging with their argument
5. Burden of Proof -saying that the burden of proof lies not with the person making the claim, but with someone else to disprove
6. Ambiguity (Equivocation) -using a double meaning or ambiguity of language to mislead or misrepresent the truth
7. The Gambler's Fallacy -assuming that "runs" occur to statistically independent phenomena such as roulette wheel spins
8. Bandwagon -appealing to popularity or the fact that many people do something as an attempted form of validation
9. Appeal to Authority -using the opinion or position of an authority figure, or institution of authority, in place of an actual argument
10. Composition Division (Part-to-Whole) -assuming that one part of something has to be applied to all, or other, parts of it
11. Genetic -judging something as either good or bad on the basis of where it comes from, or from whom it came
12. Black or White (False Binary/Dilemma) -presenting two alternative states as the only possibilities, when in fact more possibilities exist
13. Begging the Question (Circular Reasoning) -presenting a circular argument in which the

conclusion was included in the premise

14. Middle Ground -claiming that a compromise, or middle point, between two extremes must be the truth
15. The Slippery Slope
16. suggesting that if we allow A to happen, then Z will eventually happen too, therefore A should not happen
17. Straw Man -misrepresenting someone's argument to make it easier to attack
18. Tu quoque -avoiding engagement with criticism by turning it back on the accuser - answering criticism with criticism.
19. Personal Incredulity -assuming that because you found something difficult to understand, or are unaware of how it works, it's probably not true
20. Special Pleading -moving the goalposts or making up an exception when a claim is shown to be false
21. Loaded Question -asking a question that had an assumption built into it so that it couldn't be answered without appearing a particular way
22. No True Scotsman -appealing to purity as a way to dismiss relevant criticisms or flaws of an argument
23. Appeal to Nature -arguing that because something is 'natural' it is therefore valid, justified, inevitable, or ideal
24. Anecdotal -using a personal experience or an isolated example instead of a sound argument or compelling evidence

Every decision that had brought me happiness, is counter to Feminist values.

78 upvotes | July 28, 2013 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Pornography: In the late 90's when the internet was really exploding. feminists created a huge stink over pornography and did everything in their power to censor it. While they were completely unsuccessful, the rhetoric managed to work its way into the minds of my teachers and my parents, who did everything in their power to protect me. Very few things compare to the high of successfully navigating around web filters with a proxy and downloading tens of floppy disks worth of porn for later viewing.

Violent Video Games: The same people that attacked porn also attacked video games. Yes I agree video games are a huge time suck. However im glad I wasted my formative years liberating occupied Europe from Nazis rather than watching women castrate men on television. Some games helped me develop critical thinking and planing skills specifically Starcraft and Sim City. Its funny how many people cant make and execute a plan, due to our broken education system.

Combat Sports: I wrestled and boxed in high school. Fighting in controlled environment, gave me the will power to pursue difficult tasks, taught me not to back down and that if I perused a stronger opponent with enough ferocity I could win. Feminists hate all fighting sports as they constitute toxic masculinity. Feminists prefer rape defense classes where they pump improperly made fists in the air and blow whistles.

Firearms: Show me a feminist and ill show you a person who cant comprehend the second amendment. Because women know that they are not accountable for their actions, they want the government to keep guns away from them so they wont do anything stupid. Target shooting is a skill with a steep learning curve. Shooting taught me patience and the responsibility necessary to handle a dangerous tool.

Testosterone Replacement Therapy: Feminists hate testosterone because they think it causes people to be violent, a belief that has been scientifically dis-proven. In my experience testosterone aids in wakefulness, appetite, confidence and muscular recovery. It makes sense that feminists would demonize the one thing that can improve your well-being so much.

Not treating woman like princesses: The moment I took women off the pedestal is the moment I started having lots of sex.

TLDR: Feminists are not looking out for your male interests. The less you listen to them the happier you will be.

How Hypergamy makes women parasitic

26 upvotes | July 31, 2013 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Hypergamy is a woman's natural desire to trade up. Its the reason why your girlfriend would forget about your three year relationship if Kobe Bryant dropped his trousers. However female hypergamy is also the reason why women are never there at the start and only get involved when things begin looking up.

Personal Computing When Microsoft and Apple first got started the work force was predominantly male. Now Microsoft's workforce is 25% female a massive increase. But why is this? When these tech companies were new they needed very high productivity to stay afloat. Want to work for Apple? Cool, go solder wires in my garage for eight hours, maybe you'll get payed maybe not. Very few women signed up for this kind of work, because women are risk averse. However once these companies start getting large and profitable they could afford to hire women as front desk staff, marketing, middle managers etc, positions that are necessary for a large company but no where near as necessary as the engineers who actually make the product.

Comic Book Conventions In the 90's Comic Con was pretty much a male nerd convention. Where groups of men and boys would go to meet with the authors and argue about comic book dogma. Comic Books were uncool so there was very little female participation. That all changed. Hollywood realized that instead of taking risks on new screen plays it could just tap into the Super Hero genre. As soon as capital was there, Comic Con became cool and women started showing up in thongs dressed as various characters, claiming to be 'nerds'. Realistically its safe to assume that women are there for the spectacle, attention because women only started showing up when those things became a factor.

Fitness Back in the 60's most gyms were poorly lit dusty rooms filled with rusty weights sweating men, and tons of homosexuals. Golds was a huge gay pick up spot. Bodybuilders were though of as weirdos and were shamed by women to fulfill traditional gender roles. The fitness industry started exploding when men saw Arnold in Conan and wanted his body. Gyms started getting built. Fitness became trendy women started showing up. In fact Fitness is so trendy now that gym *membership* not *attendance* is predominantly female (my district manager once told me this). For this reason gyms are getting feminized less squat racks more zumba classes. Women don't understand the irony of being on the elliptical and being repulsed by a large bodybuilder. The bodybuilder belongs in the gym because he uses the gym as a means, the elliptical rider does not, she is there because its trendy to workout.

The real reason why Feminism exists and why its never going away

16 upvotes | August 10, 2013 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Couple of weeks back I was in at the airport, and as with all public places the state sponsored indoctrination channel was on: CNN. The talking heads were discussing Treyvon Martin. Why would our glorious overlords want us to be concerned with Trayvon? Because by creating a racial backlash against the use of guns in self defense Obama can exploit tragedy and push his gun control agenda.

Regardless of whether you agree with my libertarian views. It is important to accept that everything the media pushes on you is pushed for a reason. This begs the question: Why is feminism pushed on Americans? Who stands to benefit?

A key tenant of Feminism is that if a woman steps outside of her traditional gender role as caretaker and acts like a man and pursues a career she will be happier. But does it? Realistically, probably not. How could an artificial corporate 9 to 5 compare to the biologically natural act of mothering?

Obviously the latter is more fulfilling and requires less anti depressants to make it palatable.

Feminism doubles the size of the workforce at the expense of family stability and child upbringing .The only people feminism really benefits are large business owners who get to pay lower wages due to a larger labor pool.

Feminism is also keen on attacking traditional masculinity, strong men who live by their word and die upholding virtue, well that's toxic masculinity. The media is now pushing asexual sissy boys and hover parenting as normal. But why? Because real men are hard to control. Strong men who live and die by virtue, are harder to control then spineless betas.

Congratulations you took the Red Pill and opened your eyes to the lie that is feminism. Now take your second dose and open your eyes to the Psy Op that is the mainstream media.

Society defines Masculinity as how useful a man is to women

282 upvotes | August 14, 2013 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

A lot of what goes on here at TRP is men coaching other men how to be more *masculine*. Pursuing Masculinity for its own sake is a trap and here is why and how I finally realized it:

Iv been bodybuilding for about seven years now. In that time iv gained approximately 10 pounds a year and am starting to get bodybuilder proportions at 225 pounds at six ft. I lift weights for myself, I enjoy pushing myself and getting stronger, I see it as the ultimate hobby.

Anyway my family routinely shits on me for my bodybuilding:

Why do I need to do it? What am I trying to prove? Its a waste of time and money. Women are not attracted to muscular men, only gay men are.

At every point in this argument it is clear that the usefulness of something is based on the female opinion of it. Nobody cares that bodybuilding makes me happy, its not in the service of a woman, so its bad and a waste of time. My build is only seen as a plus when I go somewhere with my girlfriend at night.

When women have fun: go to clubs, buy stupid shit, discuss brain rot gossip mags, Glitter paint each nail individual, they get encouragement

However when men entertain themselves: watch porn, build models, restore cars, play video games they are immediately shat on.: Lol neck beard why do you stop doing X and get laid?

Don't define yourself by how useful you are to women, define yourself by how useful you are to yourself, how happy you make yourself.

Blue Pill indoctrination on the first day of graduate school

6 upvotes | August 15, 2013 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

So after studying for two years I managed to do really well on my graduate exams and go to a pretty good school in my area. Grad school orientation is more or less the same game as middle school, high school, and undergrad orientation you get a bunch of fliers and everyone tells you, that its going to be hard.

I got a flier titled the 10 commandments of Grad School. The first couple commandments are your standard fare: be nice, work hard, go to class

However the last commandment was blue pill as fuck:

- Thou shalt not do dumb things. Dont ruin your Grad School experience by doing anything dumb. What's Dumb? Anything unwise or worse. Staying out till 2am on a school night-dumb! Drinking late into the night? Realy Dumb! Dating a classmate? Dumb! Pestering a classmate for a date? Realy Dumb!

What kind of castration would drive a man to write an article that says asking out women is dumb? My guess is repeated rejection after years of groveling at women's feet, this man developed a blue pill defense mechanism: pursuing women is dumb! This man feels so confident with his blue pill conclusion that he typed it up and handed it out to hundreds of students. Women dont let me have sex when I ask nicely :(so its dumb for you to try!

Ashton Kutcher: When your a fetish object no one can hear you scream

32 upvotes | August 16, 2013 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Ashton accepts Teen Choice award

All right guys there is a lot to be said about this video from a Red Pill perspective.

Lets start with indisputable facts:

The Teen Choice award live audience demographics is predominantly females 20 to 25. I know this because iv actually gone.

Ashton Kutcher isnt just an attractive actor, he is an intelligent guy who produced and directed numerous high grossing films.

Ashton Kutcher has extensive experience in entertainment and has a firm understanding of how the industry works.

Analysis: When Ashton walks on stage he knows that the Teen Choice Award is bullshit, and is jaded by the whole spectacle. Ashton proceeds to attack the industry that gave him this award, however he does it under the auspices of helping the audience.

My real Name is Chris: Being a celebrity makes you a fetish object. Ashton begs the audience to listen to him he wants them to know that he is human just like them and begs for them to connect and listen to him on a person to person level.

Opportunity is hard work: This is an indirect attack on female entitlement. Ashton talks about how he used to work menial jobs and how hard work breeds success. A concept lost on this entitled generation.

Sexy is being a well rounded adult: Ashton attacks the entertainment industry for pushing consumerism. All a woman needs to be desirable to men is a good brain and a good heart, she doesn't need to spend thousands on being sexy.

Life is made up by people no smarter than you: Challenge norms push boundries life is what you make it. Don't let others make rules for you.

Chris wants the audience to snap out of it and see the world for what it really is. The chances of this happening is zero unfortunately these women are going to clap retardedly and fantasize about having sex with Ashton. No one gives a fuck about what Chris has to say.

These are twenty year old women and they cant see the man all they can see is his status. These women's inability to connect with the man makes them something less:

As the great philosopher Dr. Dre once said: Bitches aint shit but hoes and tricks.

Xpost Blue Pill: Redpill Hurts Muh feels!

7 upvotes | August 17, 2013 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

The Biology of Blue Pill

14 upvotes | August 18, 2013 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

There a common misconception here that one can simply start thinking and behaving Redpill and and all of their beta problems will disappear.

Unfortunately this isnt the case there are a bunch of lifestyle factors that will wear you down and cause you to Blue Pill. For me the main difference between Blue and Red Pill is that Blue Pill reacts to situations where as Red Pill creates situations.

Poor Diet/Lack of Sleep: When a person eats shitty or doesn't get enough sleep they become tired and lethargic. Tired people don't have the will to stand up for themselves so they will avoid conflict by complying with demands. Tired people will sometimes lash out but its all bark because they lack the resolve to do anything about it.

Hormone Problems: Unfortunately your behavior is heavily influenced by your hormones. Women on birth control behave differently. Post menopausal women behave differently. Old men behave differently.If you are older talk to your doctor about hormone replacement therapy. With a hormone profile of a twenty year old you will feel like a twenty year old.

Poor Fitness: You know how how animals in zoos pace back and forth in their cages? That's how animals display anxiety. You need physical activity to stay mentally healthy. The pacing wolf is definitely not the Alpha wolf.

High stress/Severe Pain: You can't forge your own path if your thoughts are clouded by physical and emotional pain.

Drug/ Alcohol Addiction: Addiction is pretty hard to define. However, the line is generally drawn at compulsive drug seeking behavior. Recreational drug use can also be a concern, sedatives like weed can make you more compliant, heavy stimulants can make you more compulsive and therefore predictable which ultimately makes you easier to control. I know there is going to be a backlash on this one. I do drugs and I still can do X. Im sure you do bro, but is it a problem and would you perform better without it? Only you can answer that question.

The Legal Definition of Rape

27 upvotes | August 20, 2013 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

If you converse with a feminist for a short period of time on any issue of significance she will eventually start talking about rape how bad it is and how every thing is rape.

The problem is *most* people, feminists included don't actually know what the legal rape standard is so everything they say is moot/nonsense.

Generally speaking rape is the use or threat of physical force, or sex with a person who can not legally consent due to being a minor, being under the influence of drugs, unconscious or mentally incapable of consenting. There have been rape convictions that were struck down in the court of appeals where the victim repeatedly said no but did not physically resist and was not threatened mentally or physically before or during the act.

Basically the dude just pulled her pants down and started fucking her, she didn't do anything to stop it and just moaned no. Then he came on her back. The Pennsylvania court of appeals has ruled this as not rape.

Now im not saying go out and test the legal standard. What I am saying is that if you are going to talk about Rape then you better know what the legal standard is, you cant just make up your own.

The Ballad of GayLubeOil, or why I post in Red Pill

1 upvotes | August 20, 2013 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Why Fitness is Incredibly Important for Women

16 upvotes | August 21, 2013 | /r/RedPillWomen | [Link](#) | [Reddit Link](#)

All right guys, first off im a dude and a personal trainer, and im giving fitness and nutrition advice to women. This is usually enough to piss women off in other subreddits but hopefully you guys wont go Rad Fem on me.

Men are constantly judging women by their fertility and attractiveness. When a woman walks by, a Hetro male is programed to seize her up and figure out if she would make a good mate. The truth is no matter the situation, workplace, the store or the club men are assessing you. Its also a known fact that attractive women have it easier in life, this is something that Redpill complains about with frequency and regularity.

So what can you do to improve your attractiveness to men? This is a question that the media is constantly trying to answer for you: buy skin creams and shampoos and expensive clothing. Skin Hair and Nails are made up of dead cells so its unlikely they can absorb any nutrients from shampoos or creams. The only way to improve these aspects of your body is eat a balanced and nutritious diet, one rich in unsaturated fat. Don't be a vegetarian, there are no hot vegetarians because they have severe nutrient deficiencies.

Fitness is another gimmick. There are tons of shitty people trying to sell you shitty stuff. Also group exercise classes generally suck, because they are about entertaining a large group not getting results.

In my professional experience as a personal trainer the fastest way for a women to get a change in body composition is: heavy weight lifting. The goal for you should be to gain as much muscle as your body natural allows. With every pound gained you will passively burn 35 calories. Ten pounds is a massive 350 calories per day. The more muscle you gain the less you will have to restrict your calories. Also weight lifting improves your posture, cardio fucks it up. Look up Bill Star 5x5.

Finally heavy to moderate drinking makes you ugly. It makes you retain water in your face, fucks up your hormones and metabolism. If you want to be hot don't drink alcohol, its bad for you.

Hopefully this is helpful and nobody is mad.

OK Cupid Data shows that minority women prefer white men over men their own race.

28 upvotes | August 22, 2013 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

How Your Race Affects The Messages You Get

All right guys this data is pretty hard to argue. My personal explanation for this phenomenon is that minority women, prefer white men to those of their own race and because of inborn Hypergamy are trying to get the highest quality mate. Solipsism is the belief that everyone thinks the way you do. This explains why minority women often (in my experience) accuse people of racism. They are infact racist themselves (they prefer whites) and project this belief onto others.

In my personal experience, which statistically holds zero value confirms OK Cupids Data. When I (White) dated a black girl: I was shamed by white women for dating outside my race. I received looks of approval from black females when walking with black gf. I recieved disproving looks from black males when walking with black gf. I was questioned by Hispanic/avian girls as to why I like black girls and not them.

Yes I know this is going to cause a shitstorm of colossal proportions. Just for the record im not a sociologist, so if you guys can propose a theory that explains this data better, please go ahead. I by no means believe that my hypothesis is definitive.

Also post your interracial dating experiences/mate preferences here.

Blue Pillers if your reading this while crying into your funnel cake please propose a better theory for this data set if you can. I want to hear both sides of the story.

My Endorsement of Negging

39 upvotes | September 6, 2013 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

There are two definitions of negging:

The PUA classic: lowering her inflated self esteem so that she will speak to you like a human being.

The Feminist Interpretation: All disapproval or negativity no matter how true.

The modern western woman has no shortage of self esteem pumps: her smartphone which rewards her for posting the most mundane shit, the media which gives women excuses for the most base biological instinct: hypergamy and throngs of betas ready and willing to white knight.

If the modern woman is to be believed any comment that doesn't validate or questions her choices is negging. This kind of philosophy greatly limits what is acceptable to say to a woman.

By the modern definition telling the emperor with no clothes that you can see his wrinkly scrotum and shrived penis is negging.

So yea you should neg, you tell women the truth because its fun to see how they react to reality

The way I interpret Red Pill Philosophy, is that you should act in a manner that makes you happy and is true to yourself.

If you constantly compromise your impulses in an effort to make yourself appeal more to women, then you are living not by your own volition, but by women's rules.

Let that sink in for a bit.

You have one life. Why do women get to decide how you interact with them? So they can give you the privileged of *maybe* fucking them while they lay there like a cold motionless starfish.

Fuck That Shit

You knows whats better that sticking your dick into a loose bucket slut vagina?

Emotional Manipulation

There is a certain pride you get from knowing that you can dictate a person's reality just by speaking to them. You can undermine their beliefs, sense of self, values and national identity with words. That my friends is empowering. Empowering in the true sense of the word, not feminist empowering i.e showing cleavage in the workplace for attention.

I once introduced a girl to nihilism. Her belief in a higher power took a large hit. She unfriended me on Facebook and told all her friends that he makes me feel and believe things that no one should ever feel or believe. Just because I said there is no such thing as fate, the world is inherently unpredictable anyone can die at any moment and that all morality is invented by man to control man. Because I said some words her world collapsed. That my friends is a mindfuck, and a colossal lol.

If you are truly Alpha then you decide your reality and the reality of others. A Beta lives the reality of others.

TLDR: You should say whatever you want. Betas ask for permission and are concerned with feelings.

Endorsement of Tarot Card Reading

17 upvotes | September 11, 2013 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

The modern American woman of reproductive age is extremely vulnerable to Tarot cold reading. Here's why:

Narcissism: Generation Y was raised in a culture, where self esteem was regarded as the highest ideal. Children were coddled and told that they were special snowflakes who will always be loved. These children grew up to become narcissistic adults who love to talk and hear about things about themselves. At its heart Tarot is about looking at pretty pictures and talking to people about themselves, so you can see the appeal.

Spiritual but not Religious: Religion isn't at the heart of american culture anymore. Most of Generation Y had some religious instruction in their early years but really not enough to keep them secure in their faith. Most Christians iv run into sang songs about God in their youth but were never taught the dogma at the heart of their religion. This leaves people Spiritual, vulnerable to the suggestion of divine forces but not devout enough to reject paganism or the occult on dogmatic grounds. Atheism and Nihilism, the logical successor to religion is hard for women to *fully* swallow because women don't deal with chance and risk very well. Woman need morality because the enjoy the security of living their lives by rules. A logical atheist would quickly reject the stupidity of tarot but the agnostic will generally be open to the idea.

Sheltered from Criticism: Modern women don't respond to criticism very well. Right now there is some 32 Body Mass Index hefer yelling im not chubby im curvy at her boyfriend and subsequently typing angrily into the internet. Tarot allows you to say harsh things with plausible deniability. If done right this jarring reality slap will be interpreted as a beneficial spiritual experience. The Devil represents addiction and vice. The Man and Woman have loose chains around their necks. They are free to leave but choose not to even though staying brings them harm. Do you have any addiction in your life Fat Susan?

Addiction to Novelty: Consumerism can't exist without an addiction to novelty. People are conditioned to love the new and throw away the old because doing so fuels demand. Years of commercials have instilled consumerism in american minds and the economy is chugging along because of it. Many women will be drawn to getting a tarot reading simply because they never had a tarot reading.

Believes in Fate: When the modern American Women is called out for an amoral act ex: cheating on her boyfriend, abandoning her friends at a party to suck a dick, she will vehemently deny agency. *I don't know it just kinda happened.* According to women they do not perform amoral acts, amoral acts happen to them. Belief in fate is a powerful defense mechanism against culpability. By doing a cold reading and talking about fate you will reassure a woman that she is not completely responsible for her actions. This will defiantly create good woman feels.

Why should a rational male like myself get involved in stupidity?

Torot reading is a surprisingly useful skill to have in today's environment. You can create a deep fulfilling spiritual experience for women, with little time money or effort. Tarot can also be used to gather information, build bonds with stupid people at the office, make money or pass the time. The

cost of getting started is incredibly low and you can be more or less proficient in four hours of youtubing. **Very low cost, High reward.**

But I don't believe in this stupidity how can I sell it to other people? When I was a Trainer I had to sell High Lactose protein powder that caused diarrhea: aka Muscle Milk. The key to selling stupid shit is enthusiasm, confusing words, position of authority, exaggeration of opportunity cost.

Does it Work? Yes every card has tons of vague general meanings applicable to everyone and everything. Once you memorize most of these meanings you should be able to regurgitate common sense impressively enough to get your magic wand polished.

TLDR: Tarot card reading is a cheap easy skill that you can use to get your wand polished. Most women will fall for this stupidity because of depressing social factors.

What the shitty Economy means for Hypergamy

32 upvotes | September 13, 2013 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

For those of you don't know the economy isnt getting any better soon. Here is a detailed explanation why, here is a detailed explanation how the economy might look in the future .

Now *presuming* this line of reasoning is true, which I have no way of knowing for sure. Here is what the new economy means for future female behavior:

Quality of living is declining for Generation Y. When I first got hired as a personal trainer 2010, some of the lifers told me how in 1998-2000 they used to make 5k a month in commission. The reason, people had tons of money to spend and had no problem spending on optional services. In the past ten years low skill sales jobs were obliterated, Best Buy, Sears, Office Depot all used to give generous bonuses and commission. High paying part time jobs are almost all gone now which means that young adults have substantially lower spending power than before.

The Middle Class Generation Y Female was raised in the opulence of the 90's. After All Gore invented the internet(joke) there was a huge economic upswing that hasn't been seen since. The American female has been conditioned to expect the high living standard of the 90's (with her social class). What this means is that the Lower Class female (highschool education) is conditioned to expect a middle class lifestyle: eating out all the time, going out to see movies, going to clubs. The middle class female is conditioned to expect an upper middle class lifestyle: Designer clothes, vacations. luxury cars. and so on.

Long Term these expectations are unrealistic and unfulfillable via ordinary wage labor.

Ramifications: If you are involved with a woman of the same social class, there is a much higher chance now than ever before and especially in the future that she will engage in financial hypergamy.

Why? Because she desperately wants more than is available and her expectations are not being fulfilled.

Practical Application: If your middle class girlfriend just out of a club and some creep pulls up next to her and offers her \$500 to *take pictures of her* there is a higher chance today and in the future that she will get in the car.

Confessions of a Minority Darling a tale of Solipsism

8 upvotes | September 18, 2013 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Whenever a person points his finger and accuses, it is only to distract of his own sin.

When a person seeks to combat the influence of homosexuality on society. Often times he is the homosexual.

When women decry the undue influence of patriarchy. Often times they are shifting their own hate onto others and blaming them for it.

When minorities decry racism. Often times it is because they are embarrassed by their own race and want someone else to take the blame. And on that note I present you [Julie Chen](#), a woman who rose to the top of corporate America, wants to distance herself from her ancestry and blames her peers for her own beliefs.

Summery and Analysis

Julie Chen graduated a top law school and is a practicing lawyer in New York.

When it suits her Julie Chen will identify as a women of color, in order to benefit from affirmative action. Which is kinda funny because Asians are doing better economically than every other ethnic group in America.

Julie Chen hates identifying as Asian. She had surgery to add a crease to her eyes to look less Asian. When confronted with helping a lost Chinese woman in the subway, she chose to maintain her corporate identity and ignore her as to not lose face in front of her coworkers.

Julie Chen accuses her coworkers of subtle racism. Which according to her manifests itself by glances at her when someone says: chink in Armour or Chinese wall.

However in reality racism against Asians most likely does not exist(in her enviroment). Asians have become ubiquitous in large metropolitan cities like New York and in top tier schools, and wealthy suburbs. Her colleges have probably spent their entire upper middle class lives around Asians. So its questionable if they really see her as the "other".

July Chen hates herself for being Asian. So she blames others for hating Asians. She hated herself for having small Asian eyes and got surgery. She hates whites and Asians for complimenting her infants large eyes.

TLDR: Solipsism exists in even the most elite women. Just because she is incredibly intelligent doesn't mean she wont hamster.

Why the Underground Economy is Male, and What that Says About Women

29 upvotes | September 27, 2013 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

A quick disclaimer: In no way am I condoning illicit activity. This is a philosophical discussion about the economics of the black market.

Feminists love increasing female workforce participation and get **wet** just thinking about forcing companies to hire more female managers. The employment anti discrimination act does just that and everyone is happy, except the economy.

But what would happen if companies didn't have to swallow this shit, like **2girlzonecup**? Look no further than the underground economy aka black market.

The manufacture and transport of drugs is predominantly a male enterprise. All the major Drug Lords and Mafia Bosses have been male. And even if there is patriarchy/gender preference within the criminal community, nothing is stopping women from getting into the drug game. A women could just as easily smuggle stuff across the boarder or buy supplies at a pharmacy and cook. There is zero male privilege in drugs, the door is just as open to men as it is to women. Yet despite all of this: the sale, transport and manufacture of drugs is a predominately male activity.

So what could explain this discrepancy? Why aren't the Zetas hiring strong independent women managers? Its impossible to say for certain but my guess is that:

Women are risk averse: Testosterone creates impulsiveness and aggression. Men love risk more than women. (More men are gamblers). Women are not applying for the job. The'll fuck a bad boy dealer for his cash but they wont earn it themselves.

Women are not reliable: The feelings can easily get in the way of obligations. Women have an endless supply of reasons why they cant, some real, some exaggerated some fake. If your running a criminal enterprise you don't give a fuck why she can't you just need to get it done.

Women cant keep secrets Women have a strong need for community. Because of this they cant help but talk about every aspect of their life. That and a constant narcissistic need for approval means that women will spill all of their accomplishments in order to be accepted.

Think about it if you were going to do some illegal activity who would you call to help you? Chances are its not a woman. The same reasons why women are not suitable for illegal activity is the same reason why women aren't suitable legal high risk activities.

If women were as great as feminists said they were all unregulated sectors would be brimming with female workers. That however isn't the case.

The only reason why women are employed in such high numbers throughout the United States is because of a female friendly environment created by government mandate and regulation. This in turn creates inefficiencies, which causes decreased profit margins and a stagnant economy.

How Liberal/Feminist University Admissions Policies increase White Male Privilege

45 upvotes | October 2, 2013 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Recently an [article](#) was posted here, that stated that (Alpha) Male Privileged was at an all time high at American Universities. The feminist author then went on to say that the growing inequality in the sexual market place is creating problems with female self esteem.

I agree with the authors conclusion. In my opinion the factors that have created this situation are entirely the result of liberal and feminist university admission policies. Here is why:

(According to OK Cupid Statistics) The mating game is stacked in the favor of wealthy white males. While different women have different sexual preferences overall, wealthy white guys **generally** have an advantage.

Now lets examine affirmative action admission policies at elite metropolitan universities.

- Females are the majority in universities because since the 1950's the education system was redesigned to better fit female needs. As a result females generally do better in high school then males and enroll elite universities in higher numbers.
- Low Income and minority students are favored by affirmative action policies.
- Immigrants (predominantly non-European)outperform native born whites because their parents are more invested in their educational outcome.
- Gays and Transsexuals are favored by affirmative action policies.

So what does this mean for the upper middle class heterosexual white male, whom women prefer?

University Admission policies have created a scarcity of upper middle class heterosexual white males, thus greatly increasing their sexual value on university campuses. More women are competing for fewer hot wealthy white guys.

That's right liberalism and feminism have increased Wealthy White Male Privilege. The irony is amazing.

Female Hypoagency: a tale of Bad Parenting, Violent Video Games and Slutty Halloween Costumes

44 upvotes | October 8, 2013 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Every year I am forced to listen to feminists whine about slutty Halloween costumes.

Every couple of years there is an outcry against violent video games.

Im going to tackle both issues in one post, and explain how the true culprit is feminism:

Feminism is responsible for declining marital cohesiveness and an increase in the proportion of single parent homes/single mother homes.

Parenting is a very difficult job, but single parenting is even harder. Which is why children of single parents (who are predominantly female) grow up to be statistically worse of then children from two parent homes.

Now how would a woman react to the knowledge that she did a worse job raising her child/children then the married couple down the road? **Would she accept fault or attribute it to an external factor?**

Female hypoagency is what we call the cultural tendency to deny that women have agency. We are talking about imputed rather than real lack of agency. This means that when a woman does something, her agency in that act is denied, so that if that act is something bad, she will be immune from blame. A necessary corollary of female hypoagency is male hyperagency. Under male hyperagency men are held responsible for all the things women are not. Source:

Useful video on the subject 27:20

She would obviously blame it on an external factor like society.

The same weak mothers who cant tell their sons **NO** im not buying you that game

The same weak mothers who cant tell their daughters **NO** you cant be a sexy slut for halloween

Are the same people who are blaming society for their inability to parent thier own children.

Why Men Have Higher Social Capital

29 upvotes | October 10, 2013 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Social Capital: is the economic benefit derived from associating with an individual or group.

Because of the differing Sexual Market Value of Men and Women, men generally have to make up for their lower Sexual Value by providing higher Social Capital.

Lets examine how this manifests itself in different social situations in various age groups:

Underage Drinking Parties: are generally where Americans get introduced to the mating game. The quality of the party is determined by the attendance of Hot girls, amount of alcohol and venue. Now because hot girls are prized so highly they have a lot of choice when it comes to which party to attend. This makes them flaky because with so many options there is a large incentive to choose the best one. Because of the flakiness of hot girls dudes are reluctant to impose obligations on them: ie bring alc bring sluts or don't come. Now dudes on the other hand start off with no value. Dudes have to generate value to be invited. They either have to have to bring alcohol, girls, provide the venue, provide rides or in the very least be on good terms with the host to be invited.

21+ Night Club: Same as the above except the price of alcohol is jacked up by the venue. To be relevant men must either have substantial financial resources at their disposal, know club people, bring girls.

Gyms: No one really dates people they meet at the gym. However the few dudes that manage to pull are confident, charismatic and in good shape. Once again women don't bring anything to the table aside from looks. The average woman at the gym is typically in worse shape then the average man.

Education: A person's value in this social setting is contingent on his/her knowledge of material/access to exam answers. Both men and women have the potential to be knowledgeable in a subject. However intelligent men are more likely to barter knowledge for access to the opposite sex, since men are the initiators of courtship. Where as Intelligent women generally (in my experience) are more constrained by their egos in making such a trade. *I worked so hard why does X get this for free. This is unfair. X is a cheater he does not deserve this.*

Im sure there are other examples feel free to add them in comments

Now what does this mean for the post wall woman?

The post wall woman has spent 15 years coasting on her looks, while men have spent 15 years developing social capital. What this means is that even after a man's looks fade he can still provide value through the skills and experiences he gained. Having played life on easy mode for the past 15 years women develop less social capital because they don't need to.

Woman Neglects 4 Year Old Child Hamsers it as whats best for Child

2 upvotes | October 12, 2013 | /r/TheRedPill | [Link](#) | [Reddit Link](#)



On the Merits of Telling Bitches to Get the Fuck Out

67 upvotes | October 18, 2013 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Often times in relations between men and women there are contentious unresolvable issues or possible conflicts with dangerous legal outcomes. Presented is a helpful guide for dealing with these issues in a safe effective, and Red Pill way.

Here are some possible situations:

A woman initiates force upon your person as a result of verbal confrontation.

A woman causes damage to your belongings as a result of verbal confrontation.

You get a girl home. She gets naked ready to fuck. Then plays the yes no maybe so consent game because its fun and gives her a sense of power over you.

A woman insults one of your friends in your presence, undermining your friendship and asserting control over both of you.

You are presented with an ultimatum.

You are subject to emotional manipulation: whenever you do action X that doesn't directly affect me you make me feel sad, so it does affect me. So dont do X because my feelings are important and I say so.

The proper response to all of these high level conflicts is telling her to get the fuck out of your house, in a calm manner that elevates you above the conflict. Telling her to GTFO, immediately ceases all conflict and affirms your dominant status in an unambiguous way. Its particularly damaging because the typical western girl thrives on attention and drama, and this effectively robs her of her supply.

But what if im in a group setting like a party and its not my house.

Just because its not your house doesn't mean you cant Alpha: Samantha you should leave right now. You are being an upity bitch and your killing everyone's vibe. (This is where you suck your audience's dick) Paul has a realy hard job, and Susan is overcoming the emotional damage of her puppy shitting on her floor, and its unfair that your putting them through this. They would say something, but they're too nice to, Just leave and do yourself and everyone a favor.**Protip:** People will feel the way you tell them to feel if you do it in a calm and honest way. People like it when you look out for their behalf.

The conflict takes place at her house: Listen I came here to have a good time and thats not happening so im going to go.

There you have it: an easy way to avoid the zero sum everyone loses game that high drama women love.

An entire Tumblr of Beta Groveling

36 upvotes | October 19, 2013 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Finding Male Role Models in Suburbia

21 upvotes | October 24, 2013 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

In High School I was repeatedly forced to write essays on who my role model is. Now, in Liberal suburban America the A+ answer is always: My role model is Martin Luther King Junior, because he fought for equality etc. My role model is Martin Luther King Junior because he slept with tons of honeys will get you a C-.

Regardless the entire premiss of the question is retarded because you cant look up to someone, unless you know them in person. Sure you might think that Arnold Schwarzenegger is cool, but you only know his public persona and not the real man.

Anyway here are the various men I encountered in my teens, and whether they qualify for the status of role model:

Step Dad: Works really hard to keep me and my mom happy, but is ultimately miserable. My mom completely controls this guy and makes his life a living hell if she doesn't get exactly what she wants. He is run down from working a full time job and fulfilling all of my mother's demands. He doesn't make time for himself, which leaves him too tired to hold interesting conversation. **Not A Role Model** He is a nice guy, but being nice gave him a miserable life, that I do not want for myself.

Neighborhood Garage Man: is definitely more interesting then Step Dad. He spends every weekend tinkering in the garage, assembling models and remote control cars and planes. But in the end he is not someone to emulate. He is a prisoner in his own home. He provides for the lavish life of his wife and secludes himself in the Narnia that is his garage. **Not A Role Model**

Friend's Romanian Dad: Was in the Romanian civil war. Doesn't talk about it. Has a P.H.D in Computer Science, got sick of his job, went to Law School graduated top of his class at 50. His wife is super nice and makes amazing food. My friend's teacher misgraded a Calculus Test, grade appeal was denied. Romanian Dad, had a conference with the teacher and principle. My friend doesn't know what was said at the conference, but apparently the teacher was brought to tears, the principle described the encounter as deeply unsettling, and the grade appeal was granted. **Definitely a Role Model.**

Gym Zeus: When I was still a new at working out, I needed a spot, and Gym Zues was the closest guy around. Ended up spending the entire workout with Gym Zues. Now, Gym Zues is eccentric, still lives in the 80's and his doctor apparently prescribed him a bear's dose of testosterone. But Gym Zues is motivational, confident, and extremely happy with his life. Couple of years later I stopped by my favorite restaurant back home, and saw Gym Zues with a hot late twenties Asian woman. **Definitely a Role Model.**

You only have one life, and you owe it to yourself to be happy. Model your life after people who live full, healthy happy lives, regardless of how the society tells you to live.

Redpill and Fitness

70 upvotes | October 26, 2013 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Back in my proto-red pill days before I knew the sub and before I knew about hypergamy the first indication I had that men and women weren't equal was the clear difference between men and women at the gym.

- According to my the manager of my former gym: the majority of club members are female however men on average have a substantially higher attendance rate. Also members who attended 0 times per month were predominantly female. What this means most commercial gyms are funded by hamsters who pay for a membership and don't go.
- Most Women don't lift. Women derive equal metabolic benefit as men from lifting weights because they have the same muscles. However lifting is intimidating for those just starting, difficult, and requires knowledge of theory and technique. Rather than going through all this hassle women will make up a variety of excuses as to why they cant. Its pretty obvious that demanding multi joint exercises will give you a better body then steady state cardio. But steady state cardio is easier and that's why women prefer it.
- Women who do lift always do some half-assed bullshit. Next time your in the gym and see a woman lifting, look at how much she is lifting. Twenty pounds on cable pulldown. Five to ten pound dumbbell curls. Leg press with twenty pounds as she Tweets: *At gym getting buff*. Even the most inept curl bro will put up 135 on bench press which is approximately 70% of his body weight, the most you will see a woman do is 30%. My point is even the most inexperienced 16 year old gym newb will push himself harder than the average woman lifting weights. When men lift they strain, they grimace, their faces contort in agony. When women lift they are as calm as Hindu cows.. Im not expecting women to lift as much as men, I just want them to try as hard which they fucking don't.
- Men are by their very nature competitive. What this means is that a predominantly male/gay gym will have men in phenomenal shape. Men push each other towards greatness through competition. Predominantly female gyms in contrast are cesspools of mediocrity and as we know 75% of lesbians are obese. Men compete by improving themselves. Women compete by dragging everyone else down or declaring the competition as unfair. The vast majority of people complaining about fat shaming are women.

The most frustrating thing about the western entitled women is that she thinks she is entitled to a top 20% guy with rock hard abs, big arms and a good shoulder to waist ratio all the she has flabby arms from drinking 500 calorie frappachinos.

After 8 years or religiously going to the gym and changing my diet and lifestyle so I can be big and lean, the last thing I want to do is stick my dick in entitled mediocrity. Because the last thing I want is a mediocre kid raised by a mediocre mother.

What Bodybuilding Taught Me about Cultural Marxism

127 upvotes | October 28, 2013 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Growing up I always wanted to be big. My father was jacked at 6'4 260 and the kind of respect and deference people gave him I always wanted for myself. When I arrived at university I decided I was going to bulk up and achieve my fathers physique. This is the story of my bodybuilding journey.

- When I arrived in my dorm one of the first things I was told was no blenders and no electric grills. I needed my blender to make my breakfast shake and I needed my grill so I could prepare large amounts of cheap healthy food.
- The cafeteria at my school was described as all you can eat. However in reality they did everything in their power to limit how much Protein you consumed. Protein is expensive and the cafeteria is trying to maximize its profit. The only way I was going to get bigger was by consuming lots of protein and the only way to do that was stealing extra chicken breasts from behind the counter. The cafeteria also didn't want me to sneak out food, but I didn't want to be hungry in the middle of the day.
- The gym was no better. The management didn't want anyone to do power-lifting or Olympic lifting with heavy weight because it was dangerous and noisy. They also didn't like chalk or grunting (which is sometimes necessary to prevent hernia on ultra heavy weight).
- Finally, there was a general culture of swole hate in some of my liberal arts classes. My women's studies teacher would once said that men display their muscles to intimate and bully those around them. I asked if women display their breasts to attract mates but the irony was lost on everybody because they were too busy being offended. What I found was that feminists have no problem perpetuating the myth that muscular men are stupid and aggressive. Never mind, the fact that I was attending the same prestigious university as everyone else.

What I found on the while actualizing my childhood dream is that women and betas always stand in the way of greatness. They love mediocrity and they love enforcing mediocrity by making as many rules as possible, a phenomenon called Cultural Marxism.

If you want to be the best then your going to have to do whatever it takes to get there. That means breaking rules. That means upsetting betas. That means grunting on a 500 pound deadlift even if it makes women uncomfortable. It means putting extra meat on your plate, and when a beta confronts you about it, staring into his little bitch eyes so he knows that your doing what you have to do and he cant stop you.

Why all young women are malnourished and why you should care.

68 upvotes | November 4, 2013 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Why practically all young American Women are Malnourished

The idea of being a housewife is incredibly unfashionable in the United States because it runs counter to Feminism Ideology. However, lets take a moment to remember what was lost when we threw the american housewife into the gears of industry: **The Home Cooked Meal**. The kind of meal that takes hours to make and is wholesome healthy and nutritious, was replaced by fast food and quick and easy tv dinners. If you do some traveling to Eastern Europe, Asia or the Middle East you will be surprised to know that men much poorer then you are eating much better than you on a consistent basis.

Most young women don't know how to cook because their mothers were too busy being liberated to teach them. In my experience as a personal trainer, speaking to hundreds of young women about what they eat, most of them subsist on chipotle, subway and frapachinos. As a result most women are malnourished in one way or another, even while being obese.

Typical Tuesday is a pretty accurate description of female eating habits among other things.

But GayLubeoil your user name doesn't inspire much confidence in your rhetoric. I feel great and im an independent women and I don't feel malnourished! A key symptom of malnourishment is shitty skin hair and nails and there is no shortage of products marketed at alleviating these issues. You think a healthy woman has brittle hair and nails? No. Its a symptom of an underlying nutritional problem.

Im a dude why should I care?

Unless you can consistently fuck girls within 3 hours of meeting them, your ability to get pussy is heavily reliant on keeping women happy enough to fuck you. Hungry girls don't put out. If a girl comes home with me late at night I always try to get some food in her before trying to get the panties off. Why? Because I think it sends some kind of signal that I can provide enough food for a pregnancy. All I know is it works for me.

If your in an LTR its in your interest to make sure your girlfriend eats properly. Hungry people are not happy people. A hungry girlfriend will start all kinds of bullshit because her mood isn't as stable.

But shes a strong independent woman she can take care of her own shit! Lol no she can't If she could she would eat more than two meals a day, which women never do. If you don't believe me ask some women what they ate today. They'll tell you because they love to talk about themselves at length. Most women go for long periods of time without eating effectively assfucking their metabolisms on a daily basis.

If your cooking all of your own meals its realy not a hassle to make some extra for your girlfriend. If you don't cook all your own meals then your settling for a shitty body and less cash and possibly a malnourished moody girlfriend.

Mortality: The most important Red Pill Truth

143 upvotes | November 10, 2013 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

In their quest to be happy entertained and comfortable, people often chose to hide from the fact that one day they will cease to exist. Death is scary, its final and rather than accept it as an inevitability people hamster that everything will be okay and resume wasting their lives.

We live lives so easy, so comfortable that we don't see death on a daily basis like our ancestors. We don't kill our own food. We don't fight our own wars. We have others settle our own disputes. The more safe and insulated your life is the less you understand it because you don't see its logical conclusion.

How I came to understand Mortality

Before I figured out how to pay for my education I was considering joining the military. During entrance processing my 19 year old self got a reality slap.

I was asked for my dental records by my Officer Selection Officer. When I asked why, I was told that my dental records would be used if and when my face was blown off by the Sergeant in the room.

The sergeant had bronze star from fallujah and didn't give a fuck. After that I was handed a paper and instructed to write my will. The sergeant asked offhand what were my most valuable possessions. At that time it was my Muscle fitness Collection and my computer. I had put down my mom as my sole beneficiary.

The sergeant looked at my will and asked "So that in the event that you don't come back your mom will inherit your fitness magazines and porn collection." Correct. At that moment I knew that, this had happened to a mother of someone the Sargent knew.

The Moral of the story:

You have a limited time on this planet. You don't have time to be a beta, to be average, to be a loser, to live how others tell you to live. You have to get the most out of life because its the only life you have. You don't have time to worry about the feelings of sensitive losers or follow all the rules and guidelines in the student handbook. You have one life and living it by another man's rules, means laying on your deathbed regretting that your dreams were unfulfilled.

Alphas have war memorials dedicated to them. Betas rot in the ground forgotten.

Women and Anti-Depressants

34 upvotes | November 11, 2013 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Couple of years ago when I was a personal trainer one of my clients was a pharmacist. During one of our conversations I asked her what prescriptions she typically filled.

Pain Killers and Anti Depressants all the time. Rich housewives cant get enough and their doctors keep prescribing well past the recommended duration.

While men also abuse drugs, the abuse of psychoactive drugs is predominantly a female problem here's why.

Women love talking about themselves. The only thing better than that for a woman is when other people talk about her and make her into some sort of victim. Therefore going to the doctor or therapist is drama gold for a woman, which is why they do it more often then men. After that she can tell her friends about her treatment and therapy and how unlucky she is, and how everyone should care about her.

Once she is getting therapy a woman is much more likely to overstate her condition. Its not so much that female depression is more severe then male depression its that women are more likely to categorize their problem as severe. Men are raised to deal with it. Women are raised to have someone deal with it for them. Because of this once a woman goes to a doctor she is 50% more likely to leave with drugs than a man with the same condition.

Once a woman is prescribed psychoactive drugs she is much more likely to get addicted for a number of biological reasons. That's right feminists Bio Truth from Huffington Post. Checkmate you cunts.

Anyway what all of this means is that in addition to dealing with all of the normal Hamster Gymnastics there is a chance that you have a truly unpredictable medicated person on your hands.

Don't underestimate how hard anti depressants can fuck a person up. Many of the recent active shooters were on anti depressants at the time of their rampages. Many suicides are linked to anti depressant use. Heath Ledger died from anti depressants. Look at how fucked up, twitchy and anxious he was in his final days.

Alot women are abusing these drugs and are inherently unpredictable as a result. Anti depressants are prescribed for their anti psychotic effects to calm a person down to make them less manic. However the feeling of beeing in a medical educed stable state can be unpleasant so some woman may choose, extreme promiscuity, self harm, or rape accusations to bring excitement back into their lives.

Best of Luck and be careful around crazy bitches.

Honest Redpill Assessment of Ok Cupid

137 upvotes | November 12, 2013 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Having successfully fucked a couple of people from OK Cupid I feel I am officially qualified to give dating advice, however before we go any further it is important that we first have an accurate understanding of what OkCupid is

Ok Cupid: Is a rock bottom wholesaler of penis. Heterosexual males are in abundant supply and the average fuckable girl (girl you can stick your dick into without cringing) gets five to 8 messages a day.

In order to have sex with OK Cupiders you basically have to put your penis on sale. Which is to say offer yourself to girls lower than you on the totem pole. This however only works if there is someone lower than you on the totem pole. If you are already kinda low your not going to have many options. Here are some options to consider

- **Less attractive girls:** If your a seven or an eight you can realistically fuck fives to sixes on Ok Cupid. These girls will be ecstatic that a hot guy is messaging them and will have no problem having a one night stand with a hot guy.
- **Fat Girls:** Same as the above with the added bonus that they know how to eat and can make you a good breakfast the morning after. The only downside is that while darkness makes an ugly girl less noticeably ugly you will always know how fat a fat girl is.
- **Low Income Girls:** Unlike your entitled middle class ass, her mother works two jobs and her father died in a gang war. This girl will be legitimately thrilled when you take her to a moderately fancy restaurant: \$15 because no one in her social circle has that kind of money. Your 2005 car will be impressive compared to her 1990 car etc. These girls will be legitimately impressed by you spending moderate amounts of money because her standard of living is so low. Upside: her low income status in no way makes her less physically attractive.
- **Minorities:** Now I personally find Black and Hispanic women very attractive. However many white men do not. What this means is there is a lower supply of white men willing to fuck Blacks and Hispanics, thus greatly increasing your value to these populations. If any of this is offensive to you, then chances are you dont understand economics. But what if im a minority male what do I do? Bro I don't know iv never tried it. Watch out for that stop and frisk.
- **Single Moms:** There are a bunch of hot single moms out there wanting sex and that baby is a huge vag block for them. Dudes are more hesitant about single moms so if your not then your in luck. Downside: Lets be honest its not as tight.
- **Older women:** This women is in desperate need of a husband and her ovaries are slowly drying up. However if you are in your early twenties chances are you are in better shape than anyone in her peer group. So maybe she will let you fuck her.
- **Transvestites:** There are alot of trannys on OK Cupid. I dont think there is a very high demand so I guess this could be that golden opportunity you'v been waiting for.
- **Gay Men:** Eventually a Gay dude is going to hit you up on Ok Cupid. Now if you are completely heterosexual you can just tell him you don't like the Pee Pees and wish him good luck on his penal scavenger hunt. If not I guess you can enjoy the female privilege of having

people promptly respond to your texts, going to a fun exciting new restaurant, having that shit paid for and then having someone actively entertain you during a date. Instead of the usual where you are doing all the work while fucking Samantha checks her fucking phone for the 9th time while you entertain her. Iv never dated a man before but it sounds very good in theory except for the fact that he is a man with a penis.

Allright that about covers it. I hope you enjoyed this. I hope I didnt offend any one as this is an honest assessment of the modern dating situation. If you are in fact offended stop reading Male dating advice you are a woman.

The Bio Truth on Slapping Women Back

88 upvotes | November 15, 2013 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

The House Dog and the Wolf, How Privilege Breeds Weakness

52 upvotes | November 21, 2013 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Around the time that I got hired as a personal trainer, my gym also hired a female trainer. Michelle was twenty years old, just moved from the south and had the classic southern belle look. She was hot, and people remembered her for it. The gym manager bragged to corporate about finding such a hot trainer. Corporate dropped by just get a look.

Michelle had no problem getting clients. There was an army of betas willing to pay for her \$50 for an hour for her time. Management also loved giving her new clients, because who could say no to having a hot girl stretch you out. The only problem was that Michelle was a shitty Bosu Ball every exercise personal trainer.

Now when I got started I wasn't the best personal trainer either. However unlike Michelle I had to find my own clients. All the middle and high income clients were taken, so I was left with the low income clients nobody wanted, (for some very good reasons lol). I had no choice but to become a great personal trainer. I couldn't let my clients down, they wanted me to change their lives, they were spending the majority of their pay checks on me and I couldn't let them down.

I ended up being the best trainer in my gym. Half of my clients had such drastic transformations that they made it onto the success wall. Michelle remained a shitty personal trainer because she had no incentive to improve.

The problem rich kids and hot girls have is they lead comfortable easy lives. Everything is given to them and they have no incentive to improve. This is a double edged sword. Those who grew up living lives of privilege, get hooked on it. They have no way of functioning without their 1up because they never had to.

Which brings me to my analogy of house dogs and wolves. The privileged are house dogs they have it easy, however should their privilege end and their owner casts them out they are absolutely fucked. Everyone else is a wolf. There are betas and alphas. There are even some stupid men's rights wolves desperately trying to get into the warm house. But in the end a wolf is free to make his own life.

Don't pray for an easy life, pray for the strength to endure a hard one. Bruce Lee

A Redpill Perspective on Costume Parties

9 upvotes | November 24, 2013 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Whenever I do the whole club thing, which isn't that often. I go to a costume party. Let me Mansplain: As a man the only reason you should be going to clubs is to troll for sex. Why? Because club girls by their own admission have fun by getting drunk and having dudes rub their dicks on their butts. At a later date when you attempt to turn a whore into a housewife she will revert to butt grinding during her constitutionally mandated girls night. If your going to try to find a girlfriend, don't do it at a butt grinding festival.

Why costume parties are your best bet:

- At a normal club your forced to dress semi formal like everyone else. This makes you blend in with everyone else, forcing you to differentiate yourself by spending money and spitting game. Spitting game at drunk girls in a loud club is frustrating and incredibly boring. Spending money at the club is shitty as well. Here you can differentiate yourself with your clothes without being a mystery douche.
 - Your looking for attractive girls who find you attractive. This process is much easier when everyone is already practically naked.
 - You have plausible deniability of your costume, allowing you to use very direct pickup lines to gauge interest. Treat me Like a Pirate and give me that booty Or if your going more Rural/Western: Call me naughty farmer I grow straight freaks.
-

How to dress? As slutty as the sluts that you want to fuck. Sluts don't feel slutty if they are surrounded by sluts. A slut surrounded by sluts feels normal. Dressing man slutty will turn off the girls who don't want to fuck and turn on the ones that do. None of this will work if your out of shape and fat, because women don't want to look at a fat hairy belly while they get penetrated.

Commodity Fetishism and the Path to Blue Pill Servitude

25 upvotes | November 25, 2013 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

At its heart Redpill is about freedom. Redpill is about rejecting society's endorsement of beta behavior so that you can live a happy life and fuck sluts. A happy life, is a life where you travel, fulfill your dreams and experience a variety of things and ultimately die without regret.

Advertising pushes two equally dangerous things down our throats: Marriage and Materialism. Lets start with materialism.

The problem with materialism is that the more needs corporations trick you into having the more you need to work. The higher the monthly payment, the more you have to work at your unfulfilling job. Marriage adds to this cluster-fuck by forcing you to pay for the irrational needs of a woman.

Marriage is the worst trap a man can fall into. The media promotes marriage as a means of forcing men, the more productive sex to pay for the irrational wants of the less productive sex who make most of the purchases.

The life of the western woman revolves around hording fetish objects, shoes, purses and clothes. So important are these objects that some women are willing to become men's fetish objects to fulfill their needs. Not surprisingly the corporate media has no problem promoting this degradation.

Lets compare western and eastern weddings. In an eastern wedding two families enjoy a home cooked feast celebrating the union of two families. In a western wedding the soon to be wife spends tremendous sums of money in a vain attempt to get attention.

To live a happy life you must avoid the trap of materialism. To avoid materialism you must avoid the western woman.

Its Hanuka, here are 8 Reasons not to marry a Jewish Woman

47 upvotes | November 29, 2013 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

The Birth of the Terminator Alpha

19 upvotes | December 1, 2013 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

The Great Unicorn Hunt!

62 upvotes | December 1, 2013 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

A lot of men are on the hunt for the unicorn: An attractive woman that isn't hypergamous, an attention whore, is generally interesting to talk to and doesn't start drama. A unicorn is basically an attractive woman who hasn't been corrupted by male attention. Some men think the unicorn doesn't exist. Im here to tell you that the unicorn does exist but you have to catch it before its horn falls off and it becomes a lame horse no one wants to ride.

- The Girl That Wears Odd Clothes: She thinks that shes hip, trendy and fashion forward and maybe she is I don't know. But her unconventional tastes bring that 9 down to a 5 and lower the number of men perusing her. Those large breasts may be hidden by a Cosby sweater. That booty may be hidden under overalls. Maybe men are too busy talking shit on her clothes to approach her. Either way a hot girl is a hot girl and those weird fucking clothes are going to end up on the bedroom floor.
- The former fat girl: She spent most of her life being unattractive and being ignored by men. Now that she hot, she still has that fat girl kindness and humor. Warning: Not all former fat girls become unicorns some go from fat bitch to skinny bitch.
- The Foreign girl: She just got to America and hasn't learned our feminist customs. Swoop this one up, before she figures out that it is illegal in America for a woman to cook a man food on a date.
- The All Girl's School Girl: All girl's school is a weird fucking place. Girl's coming from an all girl's school have a distorted understanding of sexuality, don't know their attractiveness and haven't learned girl game. If you meet this girl at university act fast and get that love lockdown before someone else does.

Good luck and happy unicorn hunting.

Getting a Woman to Cheat is like Getting a Duck to Eat Bread

52 upvotes | December 3, 2013 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Some of the easiest and best sex of your life is going to be with women who have boyfriend or husband. There are two ways to interpret this information: one is to call me a Scumasaurus the other is to accept female nature for what it is and proceed accordingly.

Why Infidelity Sex is the Best: American culture encourages bad girl behavior and nothing is more central to being a bad girl that cheating on yo man. A key tenet of Feminism is that cheating on your man is empowering. Women have been brainwashed into thinking that cheating is hot, so you're pretty much guaranteed to have hot sex. Everything is usually on the table during infidelity. She already broke the big rule; so the usual rules of no anal, no cum on the face don't apply to you even though they still apply to her husband.

Why Its So Easy: When you meet this Girlfriend/Wife it will probably be at work, grad-school or the club. Your going to be on your best behavior and in nice clothes. Women are attracted to men in suits and uniforms purposefully doing things. Compare this to her boyfriend/husband who she only sees after he has come back tired and grumpy from work before sloppily laying in front of the television in his boxers . You, sir have a massive advantage, because she only sees you at your best and her man at his worst.

Practical Application: Since cheating is seen as wrong, shes going to need to be able to blame you for it later. A big part of success is feeding her hamster.. Give her justification as to why shes not responsible for her actions and why its your fault you seduced her. Give her plausible dependability, she didn't know coming over to your house at 11:30 to study meant getting face fucked. Putting her hamster at ease will seal the deal.

Bonus Reasons: Here at Team Red Pill our stated goal is basically to denounce the evils of truth and love. Since the betas are never going to believe that all women are like that[©], we might as well prove our point by fucking their wives. She was probably going to cheat on you him anyway eventually. Finally, you get a lot of alpha points if you get another man to raise your offspring without knowing it. You can later cash in these points for a deathbed confession of I am your father. Which is the absolute Rolls Royce of death bed confessions.

The Taste of Sweet Sweet Beta Tears

29 upvotes | December 18, 2013 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Im in Grad School and I don't really have time for a relationship nor do I want one.

Im seeing several girls right now. Sometimes ill study/sleep with a girl at my grad school. Sometimes Ill booty call a girl I randomly met. Sometimes a girl from undergrad is in town.

Im not exclusive with them they are not exclusive with me.

I tell them about the other girls in my life. They tell me about the dates they go on.

Anyway one of the girls i've been seeing recently went on a first date with some dude she met online. They got dinner. Went to a comedy show together. They made out in the car and she over the pants touched his penis during the make-out sesh. After that one date, she got bored of him and stopped responding to his texts.

In response she got this angry [voicemail](#). Enjoy the sound of sweet sweet beta tears!

A RedPill Christmas

5 upvotes | December 24, 2013 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

In a couple of days you're going to be sitting at the Christmas table surrounded by your family. Some of your young male relatives are going to be there, a brother, a younger half brother that was created when your dad fucked a woman on the side, cousins and nephews.

Among your relatives will be a young naive beta bitch, who doesn't know any better. The worst part about it is that hes related to you, looks like you but is a complete fuck. Maybe hes an Ironic Hipster. Maybe hes The Obamacare PJ Guy. Maybe hes an out of shape nerd who is completely invisible to women.

Either way you have to pull him aside and expose him to Red Pill. Tell him how women are. Most importantly tell him your Red Pill experiences. Tell him how you negged the fuck out of some woman at a bar and how she chaffed your dick because she gave you a wedding ring hand-handjob. Save your relatives from growing up and becoming beta cuckholds, if not for them then do it for yourself. Do it so that you dont have to fake sympathy twenty years down the line at their holiday divorce rant.

Entertaining Yourself with Herd Thinkers

2 upvotes | December 24, 2013 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

If you are reading Redpill then you have successfully unplugged from the main stream. No one pressured you to reject feminism. Your friends didnt say "take the red pill, all the cool kids are doing it." This is a unpopular decision you made of your own free will, without any outside pressure.

In time maybe you will reject other forms of herd thinking: [Organized Religion](#), [Nationalism](#), [Worshipping Celebrities](#) and [Narcissism](#).

Herd Thinkers: are incapable of holding divergent thought. They obey without questioning. They accept beliefs because other people hold the same beliefs. They do what others do and feel how others feel. Remember how everyone was mad over the whole Trayvon Zimmerman thing? Remember how everyone wanted to invade Iraq? That outrage was manufactured by the media. That outrage is profitable.

Why am I surrounded by Herd Thinkers? Our educational system encourages of obedient worker bees. Teachers are forced to follow a strict lesson plan and if you ask something that's not anticipated then your a distraction. No time for independent thought at school, its not in the lesson plan. At this point the american education system consists of the mindless memorization and repetition of facts sans real understanding or debate. Combine that with Generation Y's need for constant entertainment and short attention span and its highly unlikely that anyone can form a coherent intelligent thought without being distracted by a tweet or a [text](#).

Identifying Herd Thinkers: People are accustomed to repeating the same talking points and having the same kind of interactions. Very few people are capable of thinking about something from a perspective that is not their own. To identify a herd thinker ask them to explain something form a perspective that is hostile to their belief structure. Pretend your Osama Bin Laden: Explain why 911 was a good idea. Pretend your a White Slave owner: Defend Slavery. If their too offended to play this game with you, or are just shitty at it, it is a sign that their ego/superego prevents them from seeing the world through another perspective.

Entertaining Yourself with Herd Thinkers: Chances are you are going to be surrounded by a group of team players, at school, work or at a seminar. This is going to be a boring mind numbing experience so you might as well entertain yourself. The goal is to provoke a vicious hate filled yelling match between two herd thinker tribes. Basically a tribe is any group of people that derive their identity from their belief structure and is completely closed to outside thought. The more educated the group is the more difficult it will be to provoke a hate debate, however angry grad students are more entertaining than angry high school students.

The Fire Rises: My go to method for doing this is pretending to be a member of one group, saying something questionable and then provoking a big fight between two groups. Here are some examples:

- Religious Vs Liberals: If religion is a source of morality than im morally justified in stoning homosexuals and adulteresses. Following God's Law should mitigate murder to manslaughter.
- Feminists Vs Minorities: As a feminist im concerned about women. I think women need some kind of protection like a police escort when they visit impoverished minority areas.

Have fun you guys. Just because you have to endure the indoctrination process to have a career

doesn't mean you can't have some fun while you're there.

Don't Accommodate Women

202 upvotes | January 6, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

When a little boy scrapes his knee and starts crying his parents tell him to suck it up and deal with it like a man. When a little girl scrapes her knee daddy asks what he can do to make his little princess feel better.

Men are raised to deal with it. Women are raised to complain about it until someone else deals with it for them. Not surprisingly women complain a lot more than men. If you worked retail or any service job, im sure you're well aware of all of the meaningless shit women are constantly complaining about.

Another reason why women complain is that it serves as an important mating strategy. The more attention a woman can bring upon herself, through clothing jewelry and drama the higher the chance that she will catch the gaze of some alpha who will mate with her. If a woman starts needless drama in the club by saying a security guard groped her, suddenly all eyes are on her. It doesn't matter if she was groped or not, she has created an opportunity for all the high value males to see her.

Practical Application:

Lets say your on a hike with a couple of male friends and some girl your casually dating. Its an 8 mile hike and at the end there is a pristine waterfall. This waterfall is awesome because its so far out that few tourists have had a chance to litter the site. At around the five mile mark your girl starts complaining, partially because her feet hurt, partially because she went 45 min without smartphone reception and partially because your giving more attention to your bros than her. Now if you listen to her and turn back like a big beta bitch, no one gets to see the waterfall, the trip will be disappointing and most importantly she will blame you for the disappointing hike. Never mind that listening to her and turning back early made the hike a disappointment, because women never take responsibility for their actions. In her mind the hike was shitty and its your fault. On the other hand if you ignore her and press on, you will get to see what few other hikers have seen. She will take some waterfall selfies like the big narcissistic whore that she is and upload them to instagram telling all her friends how she is like super hardcore hiker with hardcore hiker blisters.

Constantly accommodating women will prevent you from living life to its fullest. Your life will be bland, like a show on ABC Family, a network so family friendly and safe that its unbearable to watch. On the other hand if you understand attention seeking behavior for what it is, press on and take risks you will have an opportunity to live an exciting life, a life that women will want to be a part of.

Perception is Reality: Dating Poor Girls

36 upvotes | January 9, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

What do you consider to be a good meal? If you answered a large good cut of steak, well seasoned and then pan seared to keep all of the flavor in, maybe with some well seasoned potatoes you're probably middle to upper class American white guy. Americans eat a lot of meat, because cows do well in all of that grassland in the middle of the country. You're also a dude because women don't like meat as much as men. You probably didn't think of lamb because Americans don't really cook lamb, that's more of a Mediterranean thing. Goose definitely didn't pop into your mind because your American family only does Turkey.

Your tastes and preferences are determined by your past experiences. What you think is a pretty average amount of steak would absolutely floor an Italian as a colossal meat portion. Now think about how much more grateful an Italian dude would be than an American over the same cut of meat.

Wealthy to upper middle class girls have seen and experienced a lot. Her lawyer daddy wanted her to have the best and now on your dates she's not impressed. Her dad drives a better car than you. She's gone to fancier restaurants with her family than with you. In her mind a man like her dad is her model husband and you don't really compare favorably.

That is unless you date poor girls. Poor girls are just as hot as rich girls, only their standards aren't as high. Maybe she is a well-mannered girl but her father had a blue collar job of some sort like massage therapist or plumber. Well now that 2005 Camry with leather interior is starting to look impressive. The meals you have with her are probably light years ahead of the canned beans and tuna she's used to. Oh and the fact that you're in graduate school, that's really impressive to a poor girl. Everyone in rich girl's family went to graduate school so she doesn't really care.

Younger women especially the ones who haven't figured out the exchange rate of vagina for material goods are also way better than the 28-32 year olds that give lazy blowjobs in exchange for jewelry.

The only caveat is that poor girls may like your standard of living so much that they'll try and take it by producing a baby. Watch out for that, insist on anal.

In conclusion, find a poor youngish (19-21) girl preferably Hispanic, because they have nice hair, big butts and don't really know about feminism. Go 1-2 dates, then invite her over to your house for an impressive meal, then do her in the butt. On your business school application write about how you care about poor people with a chauvinistic smirk on your face.

Don't Shame Sluts, one day you may need them

81 upvotes | January 9, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

I grew up in the suburbs and I never understood people who shat on illegal immigrants. Yea they came here illegally. Yes they mooch benefits and waste government funds without paying taxes. But the cost of delivering Juanita's fifth child is nothing compared to the trillions wasted in bank bailouts, foreign aid and the retarded Iraq war. If you're in the middle class you actually benefit from illegal immigrants. I don't know if you've been to Europe lately, but their produce is nowhere near as affordable as ours or as plentiful. Finally when your palm tree starts shitting dates all over the place and attracting rats, your gonna want to pay the Mexican \$50 to climb up there and take care of that shit. You don't want to have to pay the white guy and his contractor \$200 for the same job, done over three days.

Sluts are kind of like illegal immigrants, they're easy to make fun of but there may come a time when you really need a slut.

When you might need a slut:

Being a man can be hard, sometimes life gets you down and nobody cares. People just tell you to man up and deal with it, which basically means suffer because I don't give a fuck. There is something about fucking a slut that unlocks your inner alpha. There are situations, that only a nasty slut can fix.

When I was 17, I was locked in a classic male power struggle with my step dad. He would pick bullshit fights with me just to assert his dominance. He would tell me I could borrow the car and then change his mind last minute thus completely fucking my plans. He would disparage my friends in front of me. Im not saying I had it really bad, I know others had it worse than me. Its just that he created an endless stream of bullshit for me to deal with.

I fucked a slut on his side of the bed. This girl was ahead of the curve and had seen some substantial action early on. When I say substantial action im talking, Fallujah or Iwo Jima, this girl was a hardened veteran. I took his pillow used it to prop up her butt and then pounded the fuck out of her from behind until her pussy juices seeped deep into his pillow. It felt really good. I felt like a man. I had won. After that my step dad didn't really bother me, he could say and do whatever he wanted at the end of the day he put his face in rancid pussy pillow.

That's when I understood the power of slut.

When your girlfriend stops fucking you and makes unreasonable demands. You might need a slut. When you get out of a long relationship, one that you poured your soul into you might need a slut. Sometimes men need someone to remind them that they are men and that person is a slut. Sluts save lives. They're men out there who didn't off themselves because a slut sucked their dick in a gas station bathroom.

Life is a roller coaster one day things are great the other life is miserable. You never know one day you might need a slut, so in the mean time don't shit on them for filling all of their orifices with penis. You never know, they might be saving lives.

The Red Pill Chose Me.

157 upvotes | January 11, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Whenever one of us posts something hard hitting on Redpill. The feminists and manginas gather around and chant their sacred song: Everyone on RedPill is a loser neckbeard who cant get laid! He hates women! This only applies to low class women! This didn't happen! Not all women are like that. In University it was never my goal to have sex with a busload of sluts. I wanted to get good grades get my degree and pack on 10 pounds of muscle a year. I stayed away from alcohol, bars and clubs because it would fuck up my gains and my studying. I preferred long term relationships because of the steady no STD risk sex and also because the whole courting process is a colossal waste of bodybuilding time.

Anyway I was in a chill two and a half relationship. We got along great. We didn't fight. The sex was pretty good too. I wasn't blue pill or red pill, I was Laissez-faire. Come over after my workout lets get dinner and have sex after, that was basically the relationship which is all you can really do when you work and go to school full time. She was happy and I was happy, I though it could go on like that forever.

Red Dawn

Her Slut friends (actual dress worn by slut friend) invited her to a Vegas spring break slut fest because it would be fun. She asked me if it would be okay if she went. I told her that shes an adult and she can make her own decisions just don't suck a dick because that would terminate our relationship. When she came back from Vegas she promptly broke up with me because she was missing out on all the cock riding.. Two weeks later she went back to Vegas began her journey as a cock carousel rider.

So that's how my relationship ended, I was devastated, she was a ok. After 2.5 years of co-sleeping I found it miserable to sleep alone. It felt abysmal, probably something to do with dopamine withdraws. I started having casual sex to fill the void.

I started finding girls on OK Cupid and Tindr. If a girl is worth sleeping with once then shes worth sleeping with twice. I don't really next girls because, my involvement with them is so limited by bodybuilding I never run into conflict. Once my ex found out I was fucking other girls, she started coming over for sex. Whats surprising is that girls are totally cool with me having sex with other women. A month ago a 34 year old married woman at my grad school asked me what I do for fun, I said I lift weights, eat tasty food and have sex. After that I got a blowjob in the library bathroom and an explanation of why her husband is shitty.

I don't care if Josef Smith was a crazy man who made a religion by looking into a hat. Polygamy is the answer.

Why Chubby Girl's act the way they do and why its your fault

97 upvotes | January 15, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

My standard game at a large party or lounge is to appear social. Talk to some dudes. Talk to some whatever looking girls who know the dudes. Talk to the attractive girl who is friends with the whatever looking girl. Spit game at the attractive girl who is jealous the other attractive girl is getting attention. Make attractive girl work for it. Then have her ask you for your number. Sixty percent of the time it works every time.

Anyway the problem with this process is that you not only have to talk to some whatever looking chubby girl, you also have to elicit enough interest to make other girls want to come over and participate in the funksies that is being around you. You should keep it fun light and definitely not out yourself as a Red Pill Philosopher.

However sometimes when you're playing this game, Chubby girl incorrectly assumes that you're hitting on her and then somehow acts like she's is too good for you. This is always a huge surprise for me, because here I am aesthetic as fuck telling everyone about the time that cool thing happened, and chubby girl is killing the vibe acting like hot shit as if she didn't have nasty floppy arms.

Why does this happen? Because women especially our domestic american brand, are too narcissistic to understanding the concept of getting lucky. If something amazing happens to an american woman in her mind she deserved it. If a hot guy loses his job gets shit-hammered at his friends apartment and then lets a chubby girl suck his dick, while avoiding eye contact, in the mind of the chubster she deserves only hot guys henceforth. Then later when guys of lower value are around her, she is disappointed.

So basically if you're a realy hot guy and you accidentally have sexual congress with some girl far below you in attractiveness, **Fuck You**. Because now everyone has to deal with another unrealistic entitled Chunkler.

Practical Applications of Red Pill Theory in an LTR

80 upvotes | January 17, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Fucking bar sluts is fun, but there are major drawbacks. Its time consuming, there is the persistent risk of STD's plus there is also the danger of bringing someone you completely don't know into your life. Maybe she steals. Maybe she'll forget her syringes in your house, from all the Finaplex she takes to bridge the gender gap. Or maybe she'll give you a throat infection because she loves kissing rando dudes. Eventually you are going to find yourself in an LTR, here are three practical ways to apply red pill theory in a relationship.

Wrestle Your Girlfriend: One of the central theories of Red Pill is that women like to be dominated. A woman's lizard brain wants to know that you can protect her, wrestling your girlfriend is the most straight forward way of proving this. Now am I saying to inflict physical harm to your beloved? No. What im saying is that there is nothing wrong with a little horse play. Now the feminists are obviously going to read this and say aha! Red Pill promotes violence against women! Not so fast you cunts. I don't want my girlfriend being raped and im actively preparing her to defend herself against a much larger stronger male aggressor. The final reason to wrestle your girlfriend is that it teaches her an important lesson, that life is chaotic and anything can happen at any time. One minute shes on the computer, bored watching youtube commercials because she's a woman and doesn't know about adblock. The next, you're making her life exciting with the banana split.

Boss Your Girlfriend around: Women like being lead. They like it when men give them purpose. They like working towards a common goal. Because of my bodybuilding and budget, I do a lot of my own cooking. If im cooking, my girlfriend is obviously going to be eating, so I always tell her to help in the food preparation by mincing garlic, cutting onions or rubbing seasoning into meat. Bonus: she gets more practice rubbing meat.

Make her jealous from time to time. As soon as your in a happy committed relationship tons of rando bitches come out of the woodwork, touching your arms and flirting. Women find men in relationships more attractive because of Pre-selection. Hang out with other women from time to time. Get coffee, play tennis, just to let your girlfriend knwo that you have options but you don't realy intend to pursue them.

Female Colonization Ruins Male Space

66 upvotes | January 19, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Its been a while since iv produced a Red Pill masterpiece that was offensive enough to elicit the ire of feminist and betas reddit wide. So rather than give you my usual misogeny wine, here is some misogeny vodka.

Female only spaces suck. Just go to a woman's only gym or female only company, nothing gets accomplished there. You know how much shit male monks accomplished in male only seclusion? Huge breakthroughs in genetics and astronomy. You know how much stuff nuns accomplished, when they were completely isolated from men? Nothing, Nuns invented absolutely nothing. Nuns lived in very similar circumstances as monks and didn't get anything done.

Women know that female only spaces suck so they always try to get into male spaces. However once their there, they ruin everything by whining until it becomes a psudo female space. I know this is going to offend the male and female feminists out there, but no one said that getting dick slapped with the truth was going to be pleasant.

Lets use the gym as an example because iv been a trainer for 5 years. If you go to 24 hour fitness, Katy Perry is blasting, grunting and deadlifting arn't allowed and the women are happy. 24 Hour fitness is a wonderful place for women because, it gives them a place to attention whore in spandex outfits with plausible deniability. However nothing gets accomplished at 24 because the female friendly atmosphere destroys men's natural competitiveness and therefore productivity.

In contrast over in Power House, death metal is blasting and men are constantly trying to out lift each other. There are substantially less attention hookers and creeps, creeping on attention hookers, (NSFW) So more gets accomplished. The dudes at powerhouse are on average in way better shape then at 24. Why? Because women haven't colonized that space.

But Gay Lube Oil, I cant relate to the gym example because my [Fedora][<http://fedoras-united.tumblr.com>] isnt allowed in there. Can you give me an example I can relate to? No I can't you frustrated Men's Rights Activist. In the gym productivity is measured in beefiness and weight lifted. Therefore gym productivity is far less debatable then workplace productivity.

In conclusion, Women are unproductive and the shit that goes down in female only spaces is incredibly stupid. I rest my case. If you disagree with my literary masterpiece, Fuck You.

Why NAWLT is the Beta Battle Cry.

86 upvotes | January 22, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

If your a Red Pill veteran you've probably seen your fair share of: Not All Women Are Like That. Every week there is a post about a formerly married man, whose whole life got destroyed because his wife decided to trade up, followed by some tool in the comments explaining NAWLT for the nth time.

There are two equally valid ways of understanding NAWLTers:

Traditional: Look at this beta loser, herd thinker, doesn't he realize that the upvotes he gets on reddit are not redeemable for vagina tokens? He's probably a reasonably intelligent middle class dude, because he's on here entertaining himself with debate. Why can't he see the big picture?

Gestalt: Lets say your a very high status male like a professional poker player in Vegas. Every day married women throw their vaginas at you and hide their wedding rings in their bras. After a couple of months of the ass parade you realize the hypergamus nature of women. Or maybe you're a rapper and with your fame and fortune comes a tidal wave of pussy. After months of not working to get laid because your money does the job for you, you conclude that bitches ain't shit. You then proceed to Toot it and boot it.

If your in the upper middle part of the male spectrum, you still have to work to get laid but its on easy mode. Maybe your a firefighter and women go out of their way to thank you in the super market. Maybe you're tall, fit and attractive and after the twentieth lay, you've started noticing how women start rationalizing away their relationship before gobbling your dick. Or maybe you're just a doctor or lawyer making over 100k and how women interact with you has changed substantially after you got out of professional school. Not all top 20% men see the light, but their chances of holding Red Pill beliefs are substantially higher than the rest of the population.

Finally there is the Beta. The Beta suffers from a scarcity of women. So each women he interacts with becomes a magic princess to be cherished and worshiped. The beta doesn't know many women. Doesn't interact with many women. Hasn't had many women care enough to fully open up to him. The beta's fantasy of what women are like will never fully live up to how women actually are. Therefor the beta has no choice but yell Not All Women Are Like That, when his fantasy is challenged.

A common Ad Hominem attack on Red Pill is that we're clueless virgins. But who is more likely to call all women hypergumus sluts, the clueless virgin or the guy who gets his dick sucked by married women?

I rest my case.

A Valentines Day Conundrum

12 upvotes | January 27, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Valentines Day can be a complicated, confusing time for us plate spinning alphas. The betas have it pretty easy, just do the same thing that they have been doing all year long. LTR dudes dont have it complicated either, just be her tool for social media ego masturbation in exchange for culturally mandated sex at the end of the day.

Why start talking about Valentines Day three weeks out? Because we men, plan things out. Men bring burritos to amusement parks because they know they are going to be hungry later. On the other hand, for the average 20 something year old women, hunger is something that just happens to her, she responds to it when it does, and is unaccountable for what hunger makes her do. Now that all of the queers are triggered, lets talk strategy.

On one hand not playing the Valentines day game has a pretty high opportunity costs. Your hoes might get mad that you don't treat them right and cause drama. On the other hand, Valentines day is a trap where men are told to grovel in exchange for sex. Finally Valentines day forces you to juggle all of your lady friends on the same day. Overall its a cluster fuck and I guess you should start planing now.

I guess a good rule is to give flowers to every girl you had sex with in the three weeks leading up to Valentines. They key is to maintain frame. You got her flowers because that's what you like to do on valentines, not because you expect anything from her in return. Call her up, nonchalantly tell her you're coming over to get the favorite pair of socks you forgot. Then hand her some flowers and a stupid card.. If there are multiple woman in your life I suggest, spacing out the flower deliveries as to avoid any scheduling conflicts. Protip if a woman is cheating with you don't get her incriminating flowers. Maybe just get her some peeps for puting your peep in her mouth, she'll appreciate the thought.

But im a cool guy and im not going indulge these women in their lame mainstream fantasy. Women take valentines and flowers realy seriously. Its the Superbowl of validation. If some other guy can make her feel better than you, she will follow her feels and you can kiss that pussy good by. I should know iv done my fair share of valentines swooping.

How to Black Knight

168 upvotes | January 28, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Looking over my posts I noticed the more positive ones like: Get all your sluts flowers for Valentines day, because it means a lot to them, don't do very well. While some of the more negative posts like: Don't accommodate women are up voted, stir controversy and bring in new subscribers. According to my research the more I trigger the more I am applauded. Thus in an effort to satisfy my Red Pill Audience, I present my latest nihilistic masterpiece.

A white knight is someone who stands up for women because he believes that taking a woman's side will result in some sort of tangible benefit, it won't because women don't return favors. For example a divorced man will make a long venting post about how his wife, sodomized her marriage vow, took his money and moved in with his boss. Then the valiant white knight will charge in and declare: you probably weren't treating her right, in all of his righteous glory.

A Black Knight is someone who pisses women off for entertainment. Being a Black Knight is a reward unto itself, also its pretty easy because women have fragile egos and are driven by emotion. While being a Black Knight can be as straight forward as hollering obscenities at women from a passing vehicle, I for one prefer a more refined approach. Here are my three favorite Black Knighting strategies.

Using The Woman's bathroom at Starbucks: For those of you who don't know, Starbucks has a two gendered bathrooms that each accommodate one person at a time. Sometimes if the Men's is full, ill use the empty Woman's. However if a Woman sees me leaving, she will always have an upset look on her face. Why? Because women are less capable of logical reasoning then men and need to live by rules and herd instinct to survive. Its very difficult for a woman to identify a logical exception to a rule, which is why women were always such rule sticklers in grade school. If women were equal to men in logical reasoning they wouldn't need their own chess league or a gender normed IQ test. Seeing an angry woman feeling some type of way, outside a Starbucks bathroom, is empowering in a Red Pill way.

Going TRADCON Nothing pisses feminists off like a Traditional Conservative. Personally I do not identify as a TradCon because I know better, however I will act like one if it means pissing women off. The idea is to push woman's buttons while pretending to be a good albeit naive christian american boy. Next time you see a woman with the strillix haircut trying to rebel against the mainstream in a mainstream way, pat her on the back and tell her that she will make a cool mother. Tell a hambest gorging on funnel cake at the mall, that she shouldn't ruin her appetite before supper. Tell the sluts outside the club, that you can see how hard they are trying, and that you sincerely hope they find a husband in there. These are just a few examples, if you can think of more post them below.

The Blue Pill: Roll up to a mostly female bus stop, preferably in a university town and cause a scene. Gesture to a rando girl and yell: Jenifer, get back in the car I love you. You don't need the money, just come back. You told me he was a creep and you dont like doing those things. Just get in the car and we'll figure something out. Be the most sympathetic beta you can be, offer her the world. Then when she claims ignorance plead with her some more and drive off in frustration. If this is done correctly, she will respond with anger while the women around her quietly scorn her for being a whore.

Prologue: These are quite funny you say to yourself as you fiddle with your ironic hipster mustache, but do I really want to shit inside a woman's soul instead of playing battle toads? Yes, because someone has to take the pussy off the pedestal. "But this won't get me laid!", you shout as your mom tells you to chill, so she can watch Sex and the City. "Why should I do this if there is no sex!", you yell as your Mom's Boyfriend Steven glances over wondering what the fuck he got himself into. Most women are bad at sex they just lay there like a starfish. By the time she finally puts out she will have wasted a buttload of your time energy and maybe money. This is more fulfilling than, trying to keep Amanda's attention at Panera bread, so that you can maybe have a shot at some passed around sorority pussy. I'm not saying you should abandon seeking sex with women like a sad MGTOW I'm just saying women are good for more than just sex.

Women don't understand the Seriousness of Violence.

133 upvotes | January 29, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

I guess its time for a serious post. I really don't like violence. I've been in my share of physical altercations. I've had my nose broken, my teeth chipped after an elbow to the mouth. I urinated blood after getting punched in the kidneys. On the other hand, I have dislocated people's wrists, fingers, ankles and shoulders. The way you win a fight is by destroying your opponents will to fight, and this is usually done by escalating to a greater level of violence. The reason why I chose to be a muscular 225 at 6ft is because it makes me feel safe.

The problem with many women is that they think violence is fun and sexy. They like being choked during sex. They want to be held down and dominated. Some like getting tied up. What's really fucked up is that a pretty high percentage of women are into this shit.

There are women out there who will slap you because it turns them on to see you mad. There are women out there who will hit you because its a sassy feminist thing they've see on T.V.

Violence isn't funny or sexy. There is no cute way to point a gun at someone. Anyone who's handled guns knows this. People who have experience with guns have muzzle discipline. People who pick a handgun up for the first time, without supervision are a huge liability.

The modern American women doesn't understand violence because she has never had to fight. No one ever beat the shit out of her so she is confident in her bullshit MC Dojo Anti Rape class. The only thing that can stop a violent man is another violent man. Violence is a man's game and women should stay the fuck out. But what about women in combat roles in the military? Those women are risking rape, at the hands of the enemy. The sad fact is that rape and war are synonymous.

Im tired of women trying to provoke me, for an ego boost. I don't want to assert myself physically for a woman's sexual pleasure. I don't want to play these bullshit games. I wish that women weren't so solipistic. I wish that women understood both sides of the situation.

Be a Feminist, and other Red Pill Advice

4 upvotes | February 1, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Labeling decrease the need for critical thought. Not surprisingly women love labels. Preselection is a great example. An average dude walks into a club, women don't give a fuck about him until they find out other women find him attractive. Then they're all over him like gulls on Cheetos. That's also why branding works so well on women. Rather than analyzing a purse on fabric quality, durability and stitching; a woman will just rely on brand to make her decision. Women love doing what other women do. Women love believing what other women believe. Women love the security of the herd. During any kind of intellectual exchange with a woman, she'll listen to what you have to say for a good thirty seconds and then try to label you. After that you're either with us or against us. If she judges your beliefs to be hostile to hers she will then proceed to use generic Ad hominem to brand you as the out group (Bitter, Gay, Virgin, Misogynist etc..) rather than refute your idea with logic. Therefore, In my infinite Redpill wisdom, I give you my guide on how to be intellectually dishonest with women.

Wolf in Sheep's Clothing The easiest way to have sex with women is to surround yourself with women. The way to do that is make yourself easy to be around. Increase their social value, be funny, and give them validation. If you're smooth about it you can mooch your way into a 'girls night' and fuck some girl's roommate. This will be the easiest lay of your life.

Be A Feminist: The Feminist ideology is confusing and contradictory. Most women don't know what it means to be a feminist. They just know that they are a feminist and everyone who isn't hates kitties. Save yourself some hassle and tell women that your a feminist if they ask. Having people know that you are demon prince of the the Red Pill nether realm isn't going to get your dick sucked and its not going to be good for your career either. You can get away with a lot more if you fly under the radar.

Don't Judge: The best way to know a woman is to know her friends. No matter what her friends say or do always support them and tell them they acted correctly. If a woman cheats on her husband and tells you about it, tell her you support her for being a strong independent woman. You understand the **independence** it takes to disregard a marriage vow. You also applaud her for her **strength** in overcoming her gag reflex and deep throating another man's dick. A woman's attitudes are that of her friends. Do yourself a favor and let her friends tell you what they and your wife/girlfriend/sexfriend believe.

Three Men Who Don't Get iT

26 upvotes | February 2, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

The modern American woman is so flawed that shitting on her is easy. It takes no effort to write about what some slut did, talk shit and then get a Red Pill circle jerk going. Talking shit on women isn't going to make you a better man, its not going to make you better at picking up sluts and it won't help you develop new skills.

Thus in an act of pure selflessness GayLubeOil will now use his powers to aid his fellow Red Pillers. I hope you will take my criticism to heart and use it to improve yourselves, although im pretty sure some of you will just hamster. Here are the three types of men who don't get it:

The Conservative: Sets unreasonable expectations for women and then is disapointed when real women don't meet those expectations. He further solidifies his celibacy by declaring a real man doesn't X! He creates arbitrary limits for himself, and then proceeds to live a boring blue pill life while knowing the Red Pill truth. The conservative will say that all women are cheating whores and then will flatly refuse to fuck wives and girlfriends. The conservative would rather be shunned by his whole office, then say as a feminist I respect a woman's right to suck my dick. Morals and principles arn't going to get you anywhere with women. You need to do whatever it takes to win, and if you cant because of your archaic belief system, then someone else will. A conservative is someone who is dead set on marrying a good old fashion white girl. If he wasn't so thick he'd go for a spicy latina raised on traditional Hispanic values, who can cook clean and raise children. But because of his stubbornness, he will end up with an obese american bar slut, who likes country music. Yee Haw Motherfucker.

The Mysterious Man in the Black Fedora: Couple months back around Halloween, I suggested that it would be a good idea to get in shape, get that 6 pack going and match the sluttiness of girls. Sluts feel comfortable around man sluts, especially on Halloween. Then in a puff of smoke The Mysterious Man in the Black Fedora, appeared and told me about how he wears a cape and black contact lenses to bring fear into the hearts of those around him, instead of getting pussy on Halloween. Cool story creep, but go masturbate somewhere else. RedPill is about angrily and hatefully improving yourself not about killing the vibe.

The Man Going His Own Way: every once in a while ill type out some brilliant sexual strategy. It'll be about looking up a girl's Pandora playlist and surprising her with your similar taste in music. Ill be reading through the comments having a good time. All the bros are bro fisting, and exchanging tales of subtle manipulation. Then all of the sudden the Man going his own way broods in, tells everyone how he has decided upon a life of solitude and sexual strategy is of no use to him. A stroll through his post history revels suicidal posts. Basically the most colossal buzz kill in the world. Get your shit together man, fuck some 4 at a holiday inn and get your life on track. There is nothing Red Pill about settling for a shitty life.

Women are like Pokemon

82 upvotes | February 3, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Women aren't Funny and their Stories Suck

28 upvotes | February 5, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Erotic Red Pill Fan Fiction

43 upvotes | February 5, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Why are all of GayLubeOil's posts getting deleted?

3 upvotes | February 6, 2014 | /r/askTRP | [Link](#) | [Reddit Link](#)

I legitimately want to know because no one is Red Pill enough to PM me. Here I am spending about 45 min on a creative post and then boom it gets deleted. Zero Explanation. Super Alpha.

[Repost] Honest Red Pill Assessment of OK Cupid

14 upvotes | February 8, 2014 | /r/AlreadyRed | [Link](#) | [Reddit Link](#)

Having successfully fucked a couple of people from OK Cupid I feel I am officially qualified to give dating advice, however before we go any further it is important that we first have an accurate understanding of what OkCupid is

Ok Cupid: Is a rock bottom wholesaler of penis. Heterosexual males are in abundant supply and the average fuckable girl (girl you can stick your dick into without cringing) gets five to 8 messages a day.

In order to have sex with OK Cupiders you basically have to put your penis on sale. Which is to say offer yourself to girls lower than you on the totem pole. This however only works if there is someone lower than you on the totem pole. If you are already kinda low your not going to have many options. Here are some options to consider

- **Less attractive girls:** If your a seven or an eight you can realistically fuck fives to sixes on Ok Cupid. These girls will be ecstatic that a hot guy is messaging them and will have no problem having a one night stand with a hot guy.
- **Fat Girls:** Same as the above with the added bonus that they know how to eat and can make you a good breakfast the morning after. The only downside is that while darkness makes an ugly girl less noticeably ugly you will always know how fat a fat girl is.
- **Low Income Girls:** Unlike your entitled middle class ass, her mother works two jobs and her father died in a gang war. This girl will be legitimately thrilled when you take her to a moderately fancy restaurant: \$15 because no one in her social circle has that kind of money. Your 2005 car will be impressive compared to her 1990 car etc. These girls will be legitimately impressed by you spending moderate amounts of money because her standard of living is so low. Upside: her low income status in no way makes her less physically attractive.
- **Minorities:** Now I personally find Black and Hispanic women very attractive. However many white men do not. What this means is there is a lower supply of white men willing to fuck Blacks and Hispanics, thus greatly increasing your value to these populations. If any of this is offensive to you, then chances are you dont understand economics. But what if im a minority male what do I do? Bro I don't know iv never tried it. Watch out for that stop and frisk.
- **Single Moms:** There are a bunch of hot single moms out there wanting sex and that baby is a huge vag block for them. Dudes are more hesitant about single moms so if your not then your in luck. Downside: Lets be honest its not as tight.
- **Older women:** This women is in desperate need of a husband and her ovaries are slowly drying up. However if you are in your early twenties chances are you are in better shape than anyone in her peer group. So maybe she will let you fuck her.
- **Transvestites:** There are alot of trannys on OK Cupid. I dont think there is a very high demand so I guess this could be that golden opportunity you'v been waiting for.
- **Gay Men:** Eventually a Gay dude is going to hit you up on Ok Cupid. Now if you are completely heterosexual you can just tell him you don't like the Pee Pees and wish him good luck on his penal scavenger hunt. If not I guess you can enjoy the female privilege of having

people promptly respond to your texts, going to a fun exciting new restaurant, having that shit paid for and then having someone actively entertain you during a date. Instead of the usual where you are doing all the work while fucking Samantha checks her fucking phone for the 9th time while you entertain her. Iv never dated a man before but it sounds very good in theory except for the fact that he is a man with a penis.

Allright that about covers it. I hope you enjoyed this. I hope I didnt offend any one as this is an honest assessment of the modern dating situation. If you are in fact offended stop reading Male dating advice you are a woman.

Yoga pants are the Female Fedora

4 upvotes | February 10, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Id like to preface this, by saying that there is a time and place for the fedora. The time is the 1930's. The place is a dark urban alleyway next to a dead hooker.

Likewise there is a place for yoga pants and that place is the gym and wherever you go to eat after the gym. The stipulation being that you are not allowed to wear heavy makeup and yoga pants at the same time. 'But like that's racist against women!', Sandra objects while flipping her bleached hair. Regardless of what you do in the gym, the whole point is to force your body to adapt. The only way that's happening is if you train with very high intensity. If you can text while doing your workout, your doing it wrong and don't belong in the gym, and you don't deserve the honor of wearing yoga pants.

But like Yoga pants are comfortable All workout clothes are comfortable that's the whole point. My stringer tank is comfortable because it lets my lats do their thing. However, I would be a huge douche if I let everyone in my law school see my sick chest separation. Women, however have no problem parading their visible cunts into Civil Procedure.

Yoga pants are sexy! If displaying your labia in front of the general public is your definition of sexy, you are probably an american woman. Feminine clothes like sundresses are sexy, an anatomy lesson on the location of the clitoral hood is not sexy.

Yoga Pants are Lazy: Men wear fedoras because they think is a cheap easy one size fits all way to show sophistication and class without having to reevaluate their wardrobe. Its an obvious, unfashionable move to get attention. Look at me because the thing im wearing! Plus, if you're a man and you wear your hat indoors, you don't even know the man-hat rule. I hereby confiscate your fedora. A woman exposing her genitals is an equally lazy unfashionable move to get attention.

Compared to Europe America is a fashion hellhole. Don't diss the fedora if you are wearing yoga pants or Juicy rhinestone sweatpants, y'all both lazy cunts.

Why Dating feels Like Flappy Bird

218 upvotes | February 10, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Its getting harder to get that pure Walter White misogyny. You know. That good kind. Simple pure and hard hitting like Chris Brown. I mean yea you could get some of that New York Times, on how feminism ruins marriages. But that shit is cut with political correctness. Or you could read some 19 year old's field report. But hes too inexperienced to cook that pure misogyny you need. You need an experienced cook someone who has been doing it for a while. You need GayLubeOil.

Why Women Don't Seduce Men: Women don't have to put forth any work in the dating game. Rational Male has a great article on this. Its not women's fault this is the state of affairs, its just that society has put such a premium on female sexuality, that only women are courted. What this means is that women generally put zero effort into the dating game aside from showing up and looking pretty.

Practical Applicaton: Lets examine a typical dating scenario, for twenty somethings:

Girl dresses up to go to the club with her girlfriends. She waits for guys to approach her. If they're unattractive they are creeps, if they are attractive she butt grinds them. She gives out her number if asked by the hot guy, other wise she doesn't. She then starts playing the texting game, sending out short unimaginitive texts for validation. Many men will end up in text limbo. Some will secure a date with her, but she will probably flake on many. At the date she will sit bored playing with her phone waiting for the man to entertain her. If he is confident and funny he has the opportunity to ask her on another date. Then on the third date the man must arrange a situation where both of them will end up in a bed after a moderate consumption of alcohol. She will then wait for the man to sexually escalate. If he plays his cards right is a little pushy while not coming off as desperate she will let the man fuck her. She will then have boring vanilla missionary sex with the man, allowing him to do 90% of the work. Afterwords she will tell her boyfriend it just happened. She is more or less correct.

Women are Objects: Feminists often tell men not to treat women like objects. I guess that would be easier if they didn't act like objects. Women are so passive in the dating game that it feels like your just dragging a body around hoping that you can fuck it in a couple of days. After all of the shit tests and the flaking and rescheduling, combined with the fact that she isn't trying to be entertaining or appealing, im just trying to see it through to to sex, so I can derive some benefit from the hours I wasted.

This whole game feels like flappy bird. Its frustrating and difficult. You often fuck up right in the beginning. Its realy exciting when you get in a rhythm and start flapping over all of the shit tests she throws at you. But ultimately its a huge waste of time. Yea its cool to have a high number but you don't realy get anything for it.

Why do 35+ year old white women hate beefy bros?

1 upvotes | February 11, 2014 | /r/askTRP | [Link](#) | [Reddit Link](#)

So you're a middle class white dude in your mid 20's. You decided to get beefy because all of the cool 90's super heroes were beefy and you wanted to be just like them when you grew up. When you grew you did your middle class shit like get a degree from a prestigious university, go to a good graduate school and get a decent paying job. You also worked hard and became beefy. Now whenever you beef it around in a tank top at Whole Foods or Gelson's or any other middle class place all they white women are mad. They look at you like your going to use your beefiness to hold them down and beat them in the face with some organic cheese or some shit. Why all these white woman mad? Im just beefy.

Shit Tests, Personal Training and the origins of GayLubeOil

112 upvotes | February 13, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Our opposition vehemently maintains that we are sexless losers. They believe that successful men have high regard for women. This is untrue. To hammer this point home here is the Red Pill origin tale of GayLubeOil. Ever cool super villain has one.

I was twenty one, in college and in a great relationship. I decided I wanted to get a part time job and make a little extra money. I chose personal training because I love fitness, I would be making a positive impact and its one of the higher paying part time jobs.

At that point I wasn't really RedPill in my thinking. I didn't have to be. If your a good looking well built guy you don't really get shit tested. Especially not by 18-19 year old girls. Sure there are some amateur shit tests, but its really nothing to get bent out of shape over. When your young and at the top of the heap you don't really need game like with older women. Things just fall into your lap.

Training dudes is really chill. You identify the problem: Hey bro your kinda chunky there or your shoulders and spine are out of alignment. Then you come up with an action plan and help him execute it. Sure its hard to get a fat dude to stop drinking beer but, he will never say no to a new exercise. Hey man the more you eat the more I have to burn. Eventually he gets the message. Dude training is chill because you're on the same team.

Young women (16-22) are pretty chill to, but older women are not. A 34 year old will have no problem shitting into the soul of a young new trainer. *I don't feel like doing this exercise.* Bent over row is a fundamental back exercise, your not going to do it? No I don't feel like it. That's some shit a dude would never do. Or I wanna do something different do we have to do X? Yea because I wrote a periodized program yes we do. Well I don't want to. If an old woman doesn't respect you as a trainer expect snarkiness, tardiness and shit tests.

Anyway I was getting torn apart by my 30-45 year old female clients, I had no idea how to put up their shit. I asked my manager for advice. *Your clients treat you, how you let them treat you.* I started being more stern with my clients but they saw through my shit.

The turning point was when I hopped on gear. People will tell you about roid rage etc thats all bullshit and they should shut their whore mouths, because they haven't lived it. Gear makes you more impatient, dominant and prone to taking risks. Only violent people have violent outbursts, with or without drugs. Gear helps you pass shit tests.

On 500 enanthate and 30 dbol I really didn't feel like having, someone talk down to me while I was doing everything in my power to help them. *Im done stretching I don't want to stretch anymore.* If you want to be mediocre you can go train with a mediocre trainer. There's plenty of them here. The delivery was calm and matter of fact. The eye contact was strong. The bitch knew her place. The Alpha words just came out of my mouth before I even thought about them. After that I had no problem re-signing female clients.

Women respond well to totalitarian alpha trainers. Next time your at a big box gym look inside the Group-x room. There will be some angry ass dude yelling at a room of females on stationary bicycles. Women like being oppressed they find it motivating as fucked up as that sounds. If they didn't want to be yelled at while peddling they would peruse other forms of exercise.

TLDR: I tried the nice guy stuff with women and it doesn't work. If you want females to respect and

obey you, they have to fear you a little bit.

Keeping a Male Space Male

21 upvotes | February 16, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

The Danger of MGTOW

31 upvotes | February 16, 2014 | /r/AlreadyRed | [Link](#) | [Reddit Link](#)

Alright so this post got deleted from RP. Why idk. Some Neckbeared immediately came crying about how im hating on him. Which is tard-tastic. This post is about how disengaged men in large numbers are a hazard to society. But I guess male solipsism exists too.

Young men are the most dangerous and productive portion of society. On one hand young men take risks, start new companies, explore new ideas and invent things, because they don't have any obligations. On the other hand young men steal, murder and start revolutions because they don't give a fuck.

What a young man does with his life is heavily dependent on how involved he is with his community. If hes married, has kids and is doing a job he loves, he is going to be an asset. If he's unemployed, hungry, not loved and unwanted, things can turn out a lot worse.

There will always be disenfranchised men. One neck beard fiddling around with shit in his basement isn't that dangerous although it can be. A small group of disenfranchised youth is called a gang and can ruin a neighborhood with drugs and violence. A lot of disenfranchised men working together can bring down a country.

While im all for suffrage and maternity leave, the problem with feminism in its current form is it disenfranchises men. Women are given preference in jobs and educational opportunities often times workplaces are made female friendly/less male friendly. While these policies may benefit women at first there may come a turning point where enough men decide to disengage and do something else with their time.

This could lead to decreased economic productivity, social unrest or maybe just a new kind of society. Who knows? Change brings uncertainty.

How many men does it take to screw in a light bulb?

23 upvotes | February 17, 2014 | /r/PurplePillDebate | [Link](#) | [Reddit Link](#)

I feel like there is a lot hate between the Red Pill and Blue Pill/Feminist communities which kind of sucks because there is definitely a bunch of fun to be had. I respect people on both sides of the debate because we need each other. Batman needs the Joker so he can be an SJW. Feminists need something to crusade against. RedPill needs someone to blame for the state of the modern woman. Im going to start this one off and id hope that both red pillers and bluepillers can have fun with it, before we go back to calling each other Rapists and Nazis.

How many men does it take to screw in a light bulb?

RedPill: These Socket sluts are constantly looking to upgrade light bulbs. Sockets have no problem branch swinging from incandescent to florescent because their sluts incapable of true love.

MGTOW: Men are tired of screwing in societies light bulbs. The only thing getting screwed is men for conforming to societies script. I'm lighting a candle.

Red Pill Woman: Im a submissive wife and in return my alpha husband has no problem screwing in my light bulb.

Feminist: Women are fully capable of screwing in light bulbs. As a strong independent woman I don't need a man to screw anything. I can screw myself, thank you very much.

Tumblr SJW: As a gender fluid dragon kin I don't need lightbulbs. My head mate dragonite can light fires and does not even comprehend electricity.

WOC: Hell No. I don't need no slave owner's great grandson touching my light bulbs.

Why Feminists Hate Interracial Dating

38 upvotes | February 17, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Why Feminists Hate Interracial Dating

18 upvotes | February 18, 2014 | /r/AlreadyRed | [Link](#) | [Reddit Link](#)

Ok so all of my posts are getting deleted from Red Pill because a mysterious mega pussy dislikes me. SO I guess I have to post in a place that is more intellectually tolerant than North Korea. If anyone has a clue about whats so offensive about this post plz let me know. Enjoy:

Id like to preface this by with the assertion that the majority of both Red Pill, SRS TBP and Feminism subscribers are Caucasian.

The consensus on The Red Pill is that white american women are the absolute worst type of women in the world. They are fat, entitled, masculine and bitchy. While some men are of the opinion, fuck this shit, the juice isn't worth the squeeze. Those of us that still want play the game believe that love is still possible in this dystopian world, its just not worth it with Americunts[©] .

When an attractive confident white guy with a good source of income refuses to date with in his own race he is going to get shamed. You have a fetish! You are objectifying women of color! Whats funny is calling women of color a fetish, is objectifying them. But, as we all know irony is completely lost on the feminist. If a man refuses to date white american women but seeks out Asian, Hispanic Black and European women, does he have a fetish? No. Women are all competing for the top few wealthy attractive men. If a white women can't have him, well the least she can do is call him a pervert.

In general feminists are unhappy bitter people. Would a happy woman in a loving relationship go around guilting and shaming men for the women they sleep with? No. Should a man feel guilty for sleeping with a woman of a different race? Whats so shameful about not being attracted to overweight unhealthy bitchy women? These are all great questions for TBP to answer as they enjoy their spinsterhood.

Breakfast Of Champions

136 upvotes | February 18, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Recently my posts have been disappearing faster than Iranian dissidents. I intend to sooth any butt-hurt I may have caused with some smooth, silicon based Gay Lube Oil, by producing a helpful non controversial post. I realize that no matter what I post there will always be butt hurt. Some fat fuck will come on here and rage about how I have no right to tell him not to eat donuts for breakfast. To him or her I say fuck you, me and your pancreas hate you.

Good game is built on confidence. Confidence comes from feeling good. People feel good when they are in good health. Healthy people have nutritious diets. Therefore according to the transitive property good game is somewhat dependent on nutrition. Just believe me its science. Try spitting game when your hung over, hungry or depressed its not going to work very well. Some people are going to say I have to cite a scientific study to prove this point. These are the same people who need to watch their wife get fucked, before they realize she's having an affair.

A common phenomenon many people expiriance is the mid-morning crash. They eat some High Glycemic food before running off to work. Then at about 10:30 ish their blood sugar crashes and they feel like shit and drink coffee, which results in another crash down the road. This leads to unstable mood, higher stress and diminished productivity in the morning which means you have to stay late and can't gym.

The answer is to eat a lot of slow digesting carbs in the morning and a moderate amount of protein. A very high protein breakfast is going to get you stomach into over drive, making you sleepy. What I found works best for my clients is eating alot of grain like Couscous, Quinoa, Bulgur or Buckwheat if you are allergic to gluten. These grains are more nutritious than brown rice or oatmeal, and also have more protein, if you don't believe me you can fuck around on this website.

Switching over to the GayLubeOil diet will help you in school, work and the gym. Which should somehow transfer into more pussy.

The Shaving Red Pill

8 upvotes | February 19, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Erotic Red Pill Fan Fiction

36 upvotes | February 20, 2014 | /r/AlreadyRed | [Link](#) | [Reddit Link](#)

My Erotic Red Pill fan fiction was deleted both from Red Pill and Blue pill, despite the fact that it was getting rapidly upvoted. It combines alot of Red Pill concepts into a short fun story, and was one of my favorite posts. Either way here is my repost. I hope you guys enjoy.

Sandra was a interesting woman, she was a little on the chubby side, and had a few tarot card inspired tattoos. In university she majored in Applied Woman's Studies. Ironically, it was a difficult major to apply. After graduating she held several odd jobs. She worked for a little bit as a SpermJackalope, forcefully sperm jacking antelopes so that their antelope semen could be tested for antelope gonorrhea, a serious antelope disease. After that she worked at Meowschwitz a non profit that put down stray cats. Finally she worked at an experimental Bluepill school for parents who wanted to raise their children gender neutral. The job didn't last long because her feminine hips and supple breasts made some of the 'Offspring' as the children were called, embrace evil cis-gendered man-rapist identities.

Sandra was working at a University Library, it was an easy drama free job and she was well qualified. Sandra was re-magnetizing the returned books when a large man approached her. He was tall, unnaturally muscular and had a stoic unshaven Eastern European face. 'Excuse me, but do you have Women are not Responsible for Anything, by notable Feminist author Harriet Potter.' The man said while drinking a chunky substance from a shaker cup. 'Is that water ?' Sandra retorted, being a rule stickler of a woman. "Yea" The man said with a Russian glint in his eye. Its water, I need it to wash down these bitter red pills. "I have it but its at my house, I love that book and I always check it out." Sandra said apologetically. Sounds like an indicator of interest to me, ill be at your house at 9.

Sandra's husband Harrison was sitting by the fire place enjoying his hot coco. The doorbell rang. Sandra opened the door. A massive man towered over her holding flowers. Happy Valentines day he said with that same smirk on his face. "Well me and my life partner Harrison don't celebrate valentines because its perpetuates traditional gender roles." Sandra informed the man nervously. I celebrate it, said the man, without any emotion on his face. "Would you like some herbal tea" asked Harrison. "Id like Sandra to read for me ." said the man as he lead Sandra into the bedroom. Ok said Harrison, Sandra is independent enough to make her decisions and I trust her.

Suddenly Sandra was alone with the man. He grabbed her by the waist. I want to show you something, he whispered. Normally Sandra would object to such rapid advances. Normally, Sandra insists on active consent with Harrison, but she felt safe in the man's arms. For once in her life she felt like she didn't have to prove anything, she didn't have to be a strong independent woman, she could just be. "Harrison wouldn't approve of this," Sandra said in a fit of last minute resistance. Harrison is a very understanding man, he will understand that this is his fault, if he asksmen he will know this.

The man stood behind Sandra and slid her panties off. He bent her over a table and she felt something poking her in the anus. Just don't go in dry she pleaded. Its okay I brought something just for the occasion. Sandra felt some oil on her butt and then penetration, then the emotionless Terminator pumping began. After 30 minutes of pumping the man whispered into her ear, im going to endorse you. Sandra felt herself being filled like a jelly donut.

Then in a flash the man was gone. He slipped out of the window, immediately after his climax he disappeared. She heard the unmistakable sound of a motorcycle in the night probably a DarkTriad. Sandra was confused and aroused she still had semen dripping out of her. She noticed a bottle laying on her floor,a bottle that wasn't there before. She picked it up and read the label: **GayLubeOil**.

GayLubeOil she yelled, that misogynistic fucker **GayLubeOil** that rancid miscarriage hating troll! Sandra was furious as semen streamed out of her onto the floor. Harrison burst into the bedroom completely forgetting about their nine knock rule. You sounded upset so I brought you some herbal tea, Harrison said apologetically.

Sandra Looked Harrison in his understanding eyes and yelled **GayLubeOil** into the cold February night. She held Harrison close and began reading her favorite book out loud to him: **Women are not responsible for Anything**

Short Term Relationships

18 upvotes | February 20, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Id like to preface this by saying, you know who you are. You know what you did and I hope this happens to you without any GayLube Oil.

A lot has been written about hooking up, and long term relationships. But Red Pill is surprisingly silent about short term relationships. If your all philosophical about it I guess you can say that all relationships, are short term relationships. But im going to adopt a more narrow definition and say that a short term relationship is one that lasts only couple of months 2-6.

Especially in young adults, pussy is seasonal. Summer sluts winter wives, is a saying the holds true for college students. A girl might go back home over the holidays and see her high school boyfriend, she might be home for the summer, or want to get wild over spring break.

Serial monogamy is common in hot, high maintenance, short attention span girls. They'll basically use a guy for validation: OMG im in a new relationship. Then they'll get bored of him. Have a dramatic breakup and then branch swing for maximum validation. Plus no one is going to call her a slut for fucking her boyfriend, so its a great strategy.

The important thing about short term relationships is knowing that you are in a short term relationship. Often times a guy will lock down a hot girl, shell jumps on some other dick and then he's all sad because she's the one that got away. Sometimes, you are just renting. If you understand this and accept it, you wont be upset when you have to return the car to Hertz.

But what about plate spinning? Plate spinning gets exhausting after a while. Dealing with flaky girls, the texting game and the drama of multiple women can be a nightmare. A short term relationship is kind of like a vacation from all that bullshit.

When the inevitable breakup happens don't indulge her with the breakup drama she wants. Just tell her that it was nice and move on with your life. You saw it coming anyway.

You Were Lied to Your Entire Life

11 upvotes | February 24, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

My grandparents grew up in the Soviet Union and were force fed bullshit their entire lives. There learned fictitious versions of Russian history. Had to memorize made up biographies of barely cognoscente men. They were forced to learn comically flawed political theories and had to recite them ad nauseum. If you didn't question everything, there was a chance that you'll believe retarded bullshit for a large part of your life.

So the question is, are things better in Amerikee land of freedom, Ronald Reagan and eagle tears, or are we inundated with half truths and propaganda in an Empire of Lies.

In every Social Science class you were repeatedly lied to. Here's your history text books picture of George Washington and here is the full picture. I guess having an 8 year old boy-slave makes George Washington less heroic. But don't ask any questions about slavery, that's not in the lesson plan until way later. Then later when you ask about Thomas Jefferson's love of chocolate, during the slavery chapter the teacher will tell you that she already talked about the founding fathers. So basically the lesson plan effectively avoids the issue of America's Founders had human cattle, by artificially splitting the discussion into two mutually exclusive chapters.

Your Psychology teacher will talk about Sigmund Freud and his theories of childhood development. But she wont talk about his theories on women and or how he railed cocaine like it was 1980.

The Social sciences are taught in a way that intentionally avoids intellectual debate. Feminists often call, playing devils advocate or raising legitimate concern JAQing off. These people don't want to have a discussion. These people don't care about the truth they care about the lesson plan. These people want you to conform and believe in their fictitious politically correct world.

There are many Red Pills. You need to come to your own conclusions. You need to see the world for what it realy is. Cocaine is awesome. Women suck. Slaves built America.

Divorce: America's Favorite Broadway Show

23 upvotes | February 24, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Im going to tell you a story you already know. The story of Divorce. There are four main characters: The Lover, The Wife, the Husband, the Child. The Wife gets bored of the Husband. She meets the Lover and falls for him because he's fun. The Wife enjoys hanging out with the Lover more than the Husband because she does fun scandalous things with the Lover and boring mundane things with the Husband. Initially, the Wife stays with the Husband for the benefit of the Child. Then the affair is revealed to the Husband, he forgives her and tries to piece things back together. It doesn't work. The Wife leaves the Husband for the Lover. The new relationship doesn't work out and everyone is fucked over except the Lover. The End.

When you were a kid maybe you played the part of the child and your parents took on the other roles. Maybe, one of your friends played the part of the child. It could be that Aunts, Uncles or Cousins were in the play. Either way you understand the plot very well.

Then when you turned 21 things changed. You and your friends started going to bars. Some of your friends started playing the part of the Lover. You thought it was crazy, that your bro got his dick sucked by a married woman. Then one day you got drunk. You got your dick sucked by a 35 year old woman and she fell in love with you. She promised you everything but you didn't want it. That's the day that you played the part of the Lover.

We have all seen this play hundreds of times acted out by different people, some of whom have played multiple roles in their lives. You know the story incredibly well at this point. You know exactly what happens to the Husband.

So having all of this knowledge, having seen so many performances: Why would you ever get married? Are you too stupid to know how the play ends? Why do you desperately want to be the broken Husband, in his small apartment with limited child visitation rights?

Three Common Examples of Female Projection

46 upvotes | February 24, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Ever since [Senator Larry Craig](#), tried to get a party started in an airport bathroom, iv been fascinated with [Psychological Projection](#). Both men and women do it, however feminists elevate it to an art form. Here are the three most common examples of female projection. I guess the next time a woman says any of these things you can explain how shes a hypocritic projector. But honestly, just save yourself some time and [don't feed her hamster](#). Its [not worth it](#).

White Guys have an Asian Fetish: The standard procedure for the bar or club is to scan the room for girls making sex eyes at you, as soon as you walk in. Now if you're living in a major metropolitan city, on the west coast there are going to be some Asian girls about. If your a tall white guy like me, then these 5 foot 1-3' asian girls are going to be making [sex eyes at you](#). These girls are already into you. You just have to talk to them play the part of the [stereotypical white guy](#) and not fuck up. Asian girls have a tall white guy fetish, not the other way around. That's why the [bros](#) at /asianmasculinity are playing the game on hard mode.

Slut Shaming: Women are obsessed with what other women are wearing. The Grammys, Oscars, fashion magazines and entire television shows are dedicated to what celebrities are wearing. If women didn't have such a hard on for clothes, our benevolent cooperate overlords wouldn't be producing so much content on the subject. Women love doing what other women are doing. Women also love shaming other women for giving it up too easily. These two facts are why women are so obsessed with clothes. I personally have no problem with girls running around in [booty shorts](#) in the summer. But out of shape women have a huge problem when they see a nice [firm ass](#) parading out on display. Which is why, women are the primary slut shamers.

All Men are Rapists: while some men are obviously rapists, the number is pretty low. If I was looking for accurate statistics on Rape id look at the [FBI's data](#). I wouldn't be overly concerned with the feminists 1/4 figure because they are self serving cunts. Considering how incredibly rare rape is, why do women constantly talk about it? If you ever go anywhere with a woman at night there is a chance she will ruin the mood and start talking about rape. The reason is simple. Women [have rape fantasies](#). Just as Senator Larry Craig, couldn't stop talking about the evils of homosexuality, many women cant stop talking about their rape fantasies. Talking about your sexual fantasies, in polite company when no one asked you, is pretty much the most self serving thing to do ever. Like what if im eating at Roscos, everyone is having a good time. Then I put down [my waffle](#) and say im realy afraid that [these hot waitresses are going to suck my dick at the same time](#). (NSFW). That would be a pretty shitty thing to do. But that doesn't stop women from doing it all the time.

Age Gap

12 upvotes | February 24, 2014 | /r/PurplePillDebate | [Link](#) | [Reddit Link](#)

For those of you who don't know about the great and mysterious [GayLubeOil](#), I am one of the more prolific redpillers. I attribute my success in Red Pill to my ability to connect to my red pill audience. Anyway after 8 months of posting, reading posts and responding to comments I have a general impression that the majority of the red pill community is between the ages of 19 and 23. Red pill is filled with accounts of college romance, first girlfriends and inexperienced guys at bars, looking for help.

On the other hand the feminists and bluepillers seem to be an older crowd. From what I understand some of the more prolific bluepillers are grad students in humanities. I've had PM conversations with a lot of bluepill women in their late twenties and early thirties. Often times when blue pill refutes the experiences of a red pill, they describe the more serious, stable kind of relationships that 30 year olds have. Meanwhile the hot 19 to 23 year olds are absent from bluepill because they have better shit to do.

Red Pill is a sub filled with troubled young men looking for guidance and answers.

Blue Pill is a sub of older women, shitting on young men for being frustrated over the dating market. I honestly believe that if blue pill understood the age gap, they would calm down and go back to doing the things that single 30 year old women do.

Gym Playlist

2 upvotes | February 25, 2014 | /r/askTRP | [Link](#) | [Reddit Link](#)

Im getting bored of whats on my ipod, whats a good gym playlist? Yea I know I could ask on another sub, but the women and betas will just recommend Justin Beiber and Katy Pery.

I am GayLubeOil, Dark Prince of the Red Pill Nether Realm AMA

23 upvotes | February 25, 2014 | /r/PurplePillDebate | [Link](#) | [Reddit Link](#)

Fitness Advice. General Health advice. Why women go for me. Its all on the table. Trust me im way more interesting than the Heterosexual Woman :)

Treating Women Like Children

448 upvotes | February 28, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

One of the key tenants of Red Pill is that women act like children. There are many reasons for this. Women are not held accountable for their actions growing up, so they are completely new to the concept of accountability. If a woman sucks a dick, she tells a really long story about how she was put in a dick sucking situation. Women don't really believe in their own agency. That's why they often believe in cosmic forces like fate and patriarchy, because nothing they ever do is their fault. If women don't take responsibility for their actions, someone else has to. That's why we have to treat women like children. Obviously, some woman is going to read this have a cascade of feels and then deal with said feels in the most immature way possible.

While Red Pill theory has definitely harsh view of women, the practical application isn't as anti-social as our detractors believe.

One of the things that children suck at, is regulating their internal state. They're too little to know if their hungry, sleepy or if they need to go for a walk. When a child throws a tantrum its often not about the toy, there is often some underlying issue you need to take care of.

As stupid as its sounds you can completely avoid a lot of arguments by ignoring everything she says and going for the underlying problem. I cant believe you never told me that you X! Aww is she hungry. She gets this way when shes hungry. Then just feed her some Greek yogurt or something, and the problem will go away. Or just take her for a walk around the block, because shes just anxious from being at work the entire day.

Red Pill holds that male leadership is the cornerstone of a good relationship. Sometimes that means treating her like a child.

Red Pill: The End Game

30 upvotes | February 28, 2014 | /r/AlreadyRed | [Link](#) | [Reddit Link](#)

I was originally going to post this as a response, But I think this deserves its own post. People often ask what the End Game is, and I feel that this is the definitive answer.

THE ENDGAME:

The streets were cold and dark. Ashen rain from the sky. The year was 2044. The Gyno-crazy was in full effect. Years of inefficient policies, bogus sexual harassment claims and the demonization of men: the productive portion of the population had lead to poverty and despair. You must work harder to ensure victory over the patriarchy: the shittily wired loud speaker blurted. Meek castrated men roamed the crumbling streets, nodding in agreement with the loudspeaker. The castration-station drove by always on the look out for those who wouldn't submit.

"Testosterone is the root of all evil, give up your testicles and we will live in a feminist paradise" A speaker from the castration-station blurted. The Inquisitors were on the lookout for the resistance. It was rumored that there was a man who could reverse the effects of castration and the Gynocracy wanted him dead.

The Castration Station opened its doors and 12 Female Inquisitors left the vehicle. The physical standards were pretty relaxed to be an Inquisitor. A 14 minute mile and 2 minutes of looking at a pullup bar was all it took to qualify. 'Reports indicate that this building is the last refuge of the resistance,' The Grand Inquisitor said. After consulting her squad about how they felt about going into the building for thirty minutes, the Inquisition finally decided to bust down the door.

"Give up your testicles and no one gets hurt" the Grand Inquisitor yelled into the dark building. "We have you surrounded," She continued yelling. "Give up and you have nothing to fear", she said one last time as doubt crept into her voice.

Year of anabolic abuse have left the man incapable of fear. The only emotion he could feel was smug cockiness. "I have foreseen this day," the man said. "I will defeat you with the Red Pill truth: women are inferior."

An Inquisitor shined a spot light on the man. He was tall Slavic and lean 280. The man was eating a meat party platter, not really giving a fuck that there were guns pointed at him.

"You cant rape us GayLubeOil, we packed our vaginas with sand", yelled of the Inquisitors. "This is your last chance to give up, before we open fire."

"Russians don't surrender' the Man said as he calmly finished his last piece of ham. "Then open fire," the Grand Inquisitor yelled.

Half the rifles jammed for lack of maintenance. The other half didn't fire because they were on safety. None of the Inquisitors actually practiced operating their rifles, because they were always confident in their proficiency. One of the Inquisitors dropped the spotlight because it was heavy. The room grew dark.

In the darkness the Grand Inquisitor felt a large presence beside her. She could feel his heavy breathing and his Siberian warmth.

A loud slap cut through the air and the Grand Inquisitors helmet fell to the ground. She soon followed, falling to the ground in tears.

Are You done? Asked the man in his deep anadrol voice "Are you fucking done?." "Yes" said the Grand Inquisitor.

Good then bring me a meat party platter.

Red Pill: The End Game

203 upvotes | February 28, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

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GayLubeOil's Existential Experience

127 upvotes | March 4, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Its 3am Sunday Night, she has her legs in air. Im standing over her, full force butter churning the vagina of a 21 year old Persian girl with a formidable dildo. I never asked for this.

How did I end up in this situation? I had a one night stand on Saturday night. Came over to her house pretended to be interested in things that don't concern her vagina for two hours. Then both of us pretended that we were going to go to sleep. Having sex with a condom on, is like playing a guitar with an oven mitt. Seeing that no one was enjoying the latex prodding. I asked her what needs to happen for her to cum.

Thats when I was introduced to [Moby Dick]http://static.comicvine.com/uploads/original/10/100757/1937463-moby_dick_best_sm_1.jpg), the formidable white dildo and was told to Vag-blast her with all of my Russian anabolic bodybuilder strength. The whole point of a one night stand is to derive sexual pleasure from another person. So really who am I to say no? It was quite a workout. I think I hit rear delt, tricep and even latissimus. She enjoyed herself. But, the entire situation just made me philosophical.

Why was I so unprepared for vaginal butter churning? Because all of my life I was told that women were delicate flowers. People always call men out for being perverts, watching porn and pedophilia. But no one ever says shit about Twilight moms, female porn use or female sexual fantasies. Female sexuality is a sacred cow. Any odd or deviant sexual behavior is blamed on the man even if the woman specifically asked for it and the dude reluctantly complied. Women are just as weird as men, but no one talks about it.

The other thing that no one talks about is the legions of burnt out clitorises marching about. Powerful vibrators have completely desensitized many of the vaginas of upper class, idle women. Their vaginas are so burnt out that, they need epic levels of stimulation. Asking a 220 pound, muscular man to assault your vagina with a Gladius sized rubber peen isnt normal.

Finally, I know a lot of people are going to read this and get offended by the story of how the Russian Spetznaz bravely defeated the Mujaheddin's vagina, through courage, determination and effective preparation. Many are going to be mad at this shocking vulgar story. But really is the story that shocking? Im sure this happens all the time. A story like this can only be told in the company of a few men or on Red Pill. If it was told anywhere else the Women and Betas, would quickly call me an asshole, crown her a Persian Princess and compete over who can build the tallest pedistul to put her on.

The Plight of Boys

177 upvotes | March 5, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

At its core Red Pill is about having the maturity and experience to deal with the antics of women. Maintaining frame, amused mastery, demonstrating value, these are all things that grown men are equipped to do. However there is no way that a young boy can deal with selfish irrational women, especially one who holds authority over him. Young boys are getting screwed by the education system, they lack the resources to protect themselves, and generally no one gives a fuck.

Who are Teachers? Teachers are composed of the bottom third of a college's graduating class. They are predominantly female, especially in primary school. Many of them are sorority girls. Not surprisingly some are whoring themselves out on seeking arrangement.com, some are even moonlighting in pornographic films (NSFW). The talent pool isn't of the highest caliber.

The Plight of Boys: In the current political climate it is unfashionable to say that there is a fundamental biological difference between boys and girls. Boys are routinely punished for being boys. Playing with toy guns is forbidden. Play fighting is considered bullying. Talking about boy things like tanks, guns and violence, is inappropriate in the classroom. Not surprisingly a disproportionate amount of boys disengage from the educational system and start exhibiting signs of anxiety. They bob up and down, fidget and are easily distracted. Do all of these animals have ADHD, or do you think their behavior is a result of an unsuitable environment? After showing signs of maladjustment, these boys are branded as having ADHD, and given powerful psychoactive amphetamines.

Hiding behind Authority: Teachers are insulated from responsibility, by tenure, their union, and the school principle. Teachers can get away with a lot in the interest of running the classroom. The loser in this situation is the student; who often has inadequate means of reporting wrong doing. Sometimes parents learn the truth. Sometimes they don't. A lot of things happen that the parents will never know.

Closing thoughts: I wish there was a happy ending to all of this, or a policy recommendation I could make but there isn't. The same drunk sorority sluts that I herded into buses, during my fraternity years, are the same woman raising the next generation of kids. The woman you successfully gamed into forgetting about her husband or boyfriend, is making a lasting impact on 40 children. I don't know what we should do. But maybe, we should be more concerned about our children, then the job security of a talentless whore.

GayLubeOil's Conspiracy Theory

42 upvotes | March 6, 2014 | /r/PurplePillDebate | [Link](#) | [Reddit Link](#)

As we all know Red Pill has a thick hardon on for fitness. If some dude's wife was in an efukt video and his house burned down, the first advice that he would receive on Red Pill is to go to the gym. When Red Pill dudes arn't talking shit they are going to the gym. I know because, im either talking shit or going to the gym.

Red Pill in general is composed of 18-24 year old dudes, some of whom are probably in amazing shape. I know im in amazing shape because, my job as a personal trainer depends on it.

Public internet masturbation aside, the dating experiences of an attractive muscular dude are way different then a normal dude. If a married woman is going to have a ONS to escape her dreadful sex life, shes going to want to fuck a hot muscular dude. If a girl is just horny and wants to get vag pounded, beefy bro is the way to go. Not surprisingly, these are the women that Red Pill writes about.

No matter how intellectual or funny you are, being a walking beefcake is going to attract shallow women. Some of these women are just trying to get it in, so they'll for sure put up with negging and an assortment of other bullshit. While some redpill advice may seem ridiculous or even hilariously bad, maybe the dude is just hot enough where it doesn't matter?

I told my black girlfriend that because she is so sleepy, she would make a horrible unproductive slave. I did not face any repercussions for this insensitive statement. A lot of you are going to be horribly offended. Buts she wasn't. Maybe I have some other redeeming qualities. Or maybe im so hot that it doesn't matter what comes out of my mouth.

What im saying is that, maybe Blue Pill and Red Pill can never agree because we live in different realities. Maybe the most vocal dudes on Redpill are so hot, rich, charming or wealthy that they routinely get away with bullshit that bluepill dudes couldn't even imagine. Bluepill women have a hard time believing that redpill actually gets away with this, because they don't pursue these kinds of men.

What im saying is; many of you will never understand RedPill because you don't even lift. You Mad?

Rape Culture

94 upvotes | March 12, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Lets talk about Rape Culture. A music video filled with innuendo and young models isn't Rape Culture, its just a music video. Rape Culture is the portrayal of average normal men as rapists, to advance the feminist agenda.

When a woman first gets to college she's basically still a child. She doesn't know anything except life with her parents. Since she doesn't have much information, she accepts any new information as fact. Its pretty well established that 18 year old girls are easy to manipulate, especially during their first couple of days on campus.

Not surprisingly college orientation is exactly when feminists hit incoming students with their ideas. A big part of orientation is spent on talking about rape and rape prevention. All drinks in frat parties somehow contain the incredibly rare drug GHB. Don't trust boys because they are rapists. Also fuck the FBI statistics, 1/4 women were raped because we say so. This whole charade weakens girls trust in their peers. Girls go from trying to scope out future boyfriends (all high school sex basically takes place within a relationship) to a generally distrusting boys.

Rape is kind of like terrorist attacks. Statistically, their not a concern. However, constantly talking about it, serves a greater political purpose. Fear is the easiest way to control people. Nationalism cant exist without fear of other nations. The National Security state cant exist without fear of terrorism. Feminism cant exist without fear of men. Which is why they fear is instilled in women, on day one.

The most indoctrinated women generally lead the most unhappy unfulfilling lives. Their uneasy around men and only feel comfortable meeting new men while intoxicated, in dark rooms and in the comfort of herds. Its not that Europe and Latin America don't have night clubs. Their night clubs are more about dancing. Also hanging out in mixed gender groups is way more common in those places.

Feminism makes women fear what they need: Men. They can say a woman without a man is like a fish without a bicycle, until they're blue in the face. But one look at the person spouting this bullshit, reveals something is seriously missing from their lives.

Black Knighting on a Date

129 upvotes | March 17, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

A lot of you guys are under the impression that dating isn't worth it. Many of you believe that most middle to upper class women are entitled cunts, with few marketable skills aside from a sometimes moist vagina. Im not here to dispute these assertions. The problem is, you guys are putting women before yourselves. Of course these women aren't worth your dating efforts. Of course her opinions are stupid and all her stories are a means of self validation. That's why your primary objective on a date should be to have fun, regardless of whether the fun is mutual. Here are three ways to have fun with your date on Friday and Saturday nights, with the modern American woman.

Mother Shaming: You know she is a slut if she reveals her sexual escapades on the first date. I don't know, I somehow ended up in his bed it was crazy. I went on a vacation and I met this cute guy...etc. This type of conversation is common if alcohol is involved, because it renders women incapable of responsibly operating their mouths. Rather than slut shaming or giving her validation, take the third option. Tell her whatever slutty/irresponsible thing she does every Thursday night is totally acceptable and will help her be a great mother. You will be an awesome mom you can teach your daughter how to party. Sounds like you've been to the the coolest bars, you'll definitely know, what beers to recommend to your son. She will respond in one of two ways. She will agree with your stupidity and expand on it. Or she will rationalize how its okay for her to do certain things but not for her children. Either way it will be fun to watch.

Telephone Operator: You're at her house. She has this hesitant look on her face, because 4 guys in one week is a lot. You would technically be the fifth, because the other guy doesn't count according to hamster calculus. Most guys in this situation would try and convince her to make out and hopefully escalate to sex. She would then proceed to play the I don't know if we should do this game, deriving maximum validation from rebuffing some advances and not others. Instead of going through all of this bullshit, ask her if she wants to play Telephone Operator. Women are naturally curious and love telephones. So, she's going to say yes. Are you sure? Being a telephone operator is hard work, not everyone is cut out for the job. What qualification do you have to be a good telephone operator? Try to have her buy into the bullshit before feeding it to her. Then when she is desperately begging to play telephone operator, climb on top of her, hold her down, and put a wet finger in her ear. Then say something like : ""Hello this is Mrs. Rose Smith, I would like to be connected to Sears department store.' When she tries to pull your wet finger out of her ear tell her that she needs her earpiece to do her job. If she goes along with it, shes probably down for sex. If not, tell her that she lied to you about her telephone operator qualifications, you are extremely disappointed and this is the last time she will ever hear from Bell Telephone company.

Insist on Being Carried: This works best if your a gargantuan muscle bro like myself and she's a feminist. After a conversation about how women are just as capable as men, can do everything men can do and how everything is unfair, you know its time for her to carry you. At the next available opportunity hop up on her back and insist she carries you. If she doesn't want to haul a 220 pound muscle beast, remind her of all of her arguments. Your strong and independent enough to carry me. I believe in you. When she collapses from your man weight, fireman carry that bitch. Then tell her that she should definitely be paid the same amount as you. Maybe you'll build some physical chemistry or maybe she will hate you. Who knows? Who cares? Just have fun.

Stop Eating Like a Bitch

175 upvotes | March 18, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

No matter what question a man asks Red Pill, Red Pill will tell him to go lift. His wife could divorce him. His Daughter could be trampled by horses. It doesn't matter. No matter what travesty befalls him, Red Pill will ease his pain by recommending a gym membership. There is some truth to this. Working out is a great way to meet new people, take your mind off things and improve your body. To some degree lifting really is a panacea.

However, there is a caveat, one that is often not mentioned. Lifting is a panacea **only** if you stop eating like a bitch. If you place new physical demands on your body and refuse to fuel it properly, you will get over trained, possibly fall into a slight depression and quit like a new year's resolution bitch. This happens year after year and im delighted when it does because then all the losers are gone.

What does it mean to eat like a bitch? Bitches, both female and blue pill men don't have a locus of control. Shit happens to them. Basically, they live life in the moment, without a plan and respond to any stimulus they encounter. If they're hungry they eat at a nearby place. If they're tired maybe they'll drink some coffee. They eat a lot of extra salt, sugar and preservatives and end up becoming tired malleable drones.

The takeaway from this is you should understand your macro and micro nutritional requirements and cook your own meals accordingly. Yea I know its easier to be a malnourished slob, but Red Pill was never about easy. It was always about being Alpha. Its about being better than the men around you.

If you don't eat properly your going to be tired drowsy and cranky. Your not going to have the will to say that cocky thing to that girl on impulse. You're not going to have the balls to ask for a raise. You're going to live in a cloudy haze. Your whole life will become a series of mediocre outcomes, just like everyone else.

What im saying is you should definitely lift, just don't eat like a bitch.

If I Wanted to be Average I'd Take Your Advice

166 upvotes | March 25, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

The average man is a loser. He's overweight, out of shape, doesn't make much money, eats shitty food and doesn't do that well with women. He lives a normal, unremarkable life and is forgotten not long after he is buried. The worst thing you can do for yourself is be average.

Most people are average, and are great at giving advice at, how you can become even more average. Hey man, your working too hard, you should take a break. You shouldn't use that talentless whore nsfw for sex, she deserves a relationship. Your wife cheated on you, but you should forgive her. You shouldn't go so heavy on deadlift and squat its bad for your back.

Sorry Pussy, this Anabolic Gain Train isn't stopping anytime soon. If the sound of plates clanking together is too much for you, I recommend you ask the front desk to turn up the Katy Perry, to distract you from my superiority. If I wanted to have an average body id listen to average men. If I wanted women to cheat on me, disrespect me and not put out, i'd listen to my blue pill critic David Futrelle. If I wanted average grades id study like everyone else, compulsively checking Instagram, Snapchat and Tindr.

Seek advice and model your life after people better than you. Give advice to those that have potential. Don't listen to the naysayers. Don't listen to the advice of average men. Success is built on the shoulders of giants, and on the backs of weaker men.

Muscular Dudes are Like Anal Sex

1 upvotes | March 25, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Friend Zoneing Girls

103 upvotes | March 27, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

This post is directed to high to moderate-high SMV guys, whose limiting factor in how much they pull isn't game, but exposure to women. If you're a low SMV dude this advice isn't for you, close this tab and go back to pornhub. If you're a thirsty dude who drinks from muddy creeks, you can hardly be expected to have the patience to build a reservoir.

The general consensus on Red Pill is don't be friends with girls. A better strategy is; don't be friends with girls you want to have sex with. I use the term friends loosely here because women can hardly be held to the same friendship standard as men. A more precise term for the relationship im going to describe is: mutually beneficial social arrangement.

Going to bars and clubs sucks. It costs money. Its a huge waste of time. Crowds suck. The women suck. Its not an optimal way of meeting women. Having female friends introduce you to other women is a great way of avoiding the process, once you grow tired of it.

The best women to befriend are objectively attractive women that you don't want to fuck. Here are some examples.

- Friend's Ex Girlfriend: You became friends with her because she was around so much. You bonded over taking your friend to the emergency room after his 9 hour Viagra boner didn't go down. Their relationship ended, and fucking her would create problems with your bro.
- Women who aren't your type: Sometimes an attractive woman is into you but you're not. It could be that you're not into women of certain nationalities, really skinny girls or something totally random: she smells like your mom.
- Female Relative: There is a pretty strong consensus on incest. Fucking your cousin's friend is totally cool though.

The general arrangement works something like this. You lead a novel activity like tandem bicycling or roasting a suckling pig. Your female friend brings her friends over to participate. Her social value is increased because she provided a fun activity for her friends. In return you get to meet women who don't have their bitch shields up, while demonstrating positive male leadership. Its a recipe for a hookup with a quality girl, instead of the usual passed around club hooker.

Cooking and Male Identity

204 upvotes | March 27, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

While TRP is often a place for men to vent and discuss the paradoxes of western female centered culture, it should also be a place where men can help each other cultivate a positive male identity. TRP has to be a space where men can cultivate positive masculinity because most other forums are corrupted by the self interested advice of conceited women, and the musings of clueless manginas. Taking the red pill is awesome, anger and resentment are natural. Soothe that butthurt with some GayLubeOil and then move your life in a positive direction.

The transition from childhood to manhood is all about self sufficiency. Feeding yourself is a critical aspect. Unfortunately many men are still children in this regard. We can blame the aggressive marketing of fast food and restaurants or the general western culture of ease and laziness. Regardless, a critical skill is missing from your life, if you can't cook.

The main reason you should learn to cook, aside from nutritional considerations is that food is critical in forming social bonds. People will bond much more closely over food, especially if the food is prepared together. The destruction of the american family began at the advent of the TV dinner. Friendship and brotherhood is an instrumental part to living a fulfilling life, and home cooked food is a critical aspect of that.

With regard to women; the modern american woman can be hardly expected to prepare a balanced tasty meal. Feminists have made female cooking more or less taboo. So as a modern man, you have no choice but to acquire this skill. I personally like to prepare food **with** a woman on the third date, because its an opportunity for positive male leadership and demonstration of value. If you attempt this make sure you are cooking **with** her and not **for** her. You don't want to be a beta-boy that feeds the magic princess. If at any point she gets bored stops helping and whips out her phone; tell her that since shes not contributing she can leave or put her phone in the cavity of the duck you are cooking.

The final question that needs to be addressed is whether cooking is masculine in and of itself. The answer is yes, unless your preparing some gay shit like a salad. The best chefs in the world are men. Proper cooking, takes planing, patience, knife wielding and the ability to stick to a plan. These are all things universally women suck at. Gordon Ramsay, Matt Tebbutt and Valentine Warner are all examples of positive masculinity. They are productive well adjusted men, who are not afraid to take (culinary/business) risks.

Big Guns and explosions are typically associated with masculinity. However, unless you have a fort to storm or some Contras to shoot, you can get plenty lays, by being a healthy well adjusted dude, with a diverse and interesting skill set.

Seduction is Sales

174 upvotes | March 30, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Every day Starbucks sells a shit ton of coffee and Gillette sells an assload of razors. If you possess more life experience than a 12 year old you would know that both of these products suck pretty hard. Why are these products so successful? Because, presentation is the product.

If I stood in front of Starbucks in plain clothes with a cooler filled with the best coffee in the world, no one would buy for me. I could be the best barber in the world with the finest straight edge razor, but no one would give me a chance unless I look the part. Starbucks exists because most people prefer the Starbucks experience to good coffee. They prefer paying more for the dim lighting, the brown familiar room, and effeminate barista. Starbucks doesn't sell good coffee they sell the coffee experience and that's what people want.

Dating is about selling sex to a woman. If you're fat, awkward, unpresentable, your going to have a hard time selling anything, let alone sex. If you want to sell, you have to look the part. No half decent woman is going to buy anything from a dude who looks like the Big Lebowski. The first step is being friendly, well dressed clean, and fit. You have to be a dude that she can be proud of fucking, not someone who's existence she has to deny to her friends.

For most of human history dudes got along just fine without coffee and shaving. All anyone needs to survive is a bit of food, water and a shack to keep them warm, that's why advertising is so important because needs need to be manufactured. A woman doesn't need to fuck and she certainly doesn't need to fuck you especially since there is a massive dick surplus. The need to buy into your dick, just like everything else has to be manufactured.

The nice guy routine, is an example of what happens when the need isn't a manufactured. Im a nice guy im reasonably well of, im clean and friendly! Why wont anyone fuck me? Why wont anyone on the street drink the tasty coffee I have? Until you convince people, they don't want anything you have to offer because they don't need anything you have to offer.

Fear is the greatest motivator, which is why negging is critical in the sales and seduction process. Now a lot of women have a problem with negging and some of you newbs probably do too. That's only because you guys don't understand the process. Buy this shampoo or you can have a dry flaky scalp and split ends, you basic ass bitch. Buy Colgate or you will have yellow pirate teeth. Advertising is negging, when corporations do it its fine, but if a dude does it its patriarchy.

Seduction performed at its highest level, is telling a woman that she is free to not fuck or fuck other dudes. However if she doesn't fuck you she's missing out, and if she fucks the other dudes she's a basic bitch with split ends and pirate teeth. Since you have an abundance of customers you don't really care what she does, but its in her best interest not to be a mop haired pirate hooker.

If the product mattered people wouldn't drink Starbucks and women wouldn't fuck assholes. The only thing anyone cares about is the pitch and the experience, not whats in the cup.

I'd Like to Apologize to Women

189 upvotes | April 1, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

I've been looking over my posts recently, and it suddenly dawned on me that im part of the problem. By devaluing women and telling men to devalue women, im just turning unicorns into sexually open minded women. Today id like to revisit some of my more hateful themes and right my past wrongs.

Treating Women Right: The only way a man should ever interact with a woman is through praise and admiration. A man should never risk damaging a woman's self esteem. How can she be a strong independent woman, if mean men are teasing her? A woman should never be disparaged even jokingly. Men need to accept women for who they are without judgement. Whats that honey muffin? You sucked off a dude on the subway. Its okay, we're in an open relationship. Well let me just put another sticker on the board. Five stickers and you have an ice cream party.

Women and Men are Equals Women are just as emotionally and physically strong as men. Women got where they are not because of equal opportunity quotas but because of hard work. Women worked hard to reform sexist strong holds like computer science and engineering. Their inclusion in these male fields, is a testament to woman's equality not a lowering of standards. It is because of Human Resource departments that emotionally tough women were able to weather the misogyny shit-storm and sit as equals at the boardroom. Women can play the game just as well as men. The game might need to be changed a little to be less sexist, but men and women are definitely equal.

Women of Color: Woman of color should definitely be treated equally to white woman. However if a white man falls in love with and has a child with a woman of color he has a fetish. Mixed race fetish children should be discouraged at all costs, because they are a result of racism.

Rape: Rape is a very serious thing and should not be taken lightly. That's why everything is rape. Some music videos are rape. Some view points are rapey. Rape isnt the use of coercive violence to obtain sex it much more nebulous than that. Men need to accept the ever expanding definition of rape if they ever hope to be enlightened progressives.

The Real

492 upvotes | April 3, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

The Real is a fundamental aspect of the Red Pill metaphor, yet it is hardly mentioned in this sub. In the Matrix trilogy the Real is the true nature of things: an apocalyptic world where humans are harvested by machines. The utopian virtual reality in the Matrix is antithesis of The Real.

While The Real is the true nature of things, it is unpleasant and disruptive to the status quo. The concept of the real can be applied to many different things. Politics: America is controlled by a corporate lobby not by the people. Spirituality: Life is random and finite and there is no force that punishes misdeeds. Sexual Relations: Women act in their biological self interest when choosing or abandoning partners. Saying any of these things will get you shouted down by the masses because it disrupts their false world view. Just, ask Socrates and Galileo. People called Snowden a traitor when he told them their privacy was getting sodomized. No one wins points at a funeral, by saying there is a dead rotting person in a wooden box. He's in a better place now. Sure whatever.

The greatest gift you have is the gift of being human. You have a mind with which you can interpret and understand the world. Willfully abandoning this gift is a betrayal of your humanity. Cattle are content roaming and grazing without a care in the world. Abandoning the gift of reflection, in favor of being happy is reducing yourself to the cognitive level of livestock.

When a man's fiance gets ass-blasted in a cheap hotel, his therapist will tell him to forgive her and his psychiatrist might up his Xanax dose. But that's not what the man really needs. Mind numbing drugs and willful ignorance of reality will not help the man adapt. What this man actually needs is to see his wife get fucked by the other man. He needs to hear the sound of balls slapping against her chin and the gargling noises she makes in the hotel. He needs to understand the kind of person she is, and more importantly he needs to understand his place in the social hierarchy. By not adapting, he is permitting more of his life to get mouth fucked in the future.

One of the reason why modern society is comparatively peaceful compared to antiquity, is that the natural male predilection for violence has been harnessed or subdued by the state. Violence is dangerous and male, so both must be discouraged by the state unless they serve the state. When men engage in violence they reenter The Real of natural masculinity. If a man participates in a martial art or a combat sport and confronts his fellow man, he will see The Real and glimpse what is to be male. To a smaller degree The Real of masculinity can be felt at any maximal physical exertion. Likewise a man can be distracted from the real by drugs, television, pornography, ideology or any other false reality.

A Man who has glimpsed The Real for long enough knows that all conventions are arbitrary and therefore lives by his own. Baby if you're nice and follow my rules ill let you have sex with me on Thursday. If you suck enough corporate dick, well give you a meaningless trinket commemorating your slavery. Give us this percent of your income because we are the state. No thanks. Fuck sluts, waste company time and launder cash. See The Real. If no one is helping you, then help yourself.

The Female Imperative

475 upvotes | April 7, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Men find joy in creating value. Men are obsessive in this pursuit, whether by improving themselves, developing an idea or creating something. This obsessiveness is why men can spend years on a painting, waste months on a Minecraft creation or spend all of their free time in the gym. Men have a drive to create, invent, improve and innovate, which is why everything of value on this earth was thought of, invented, created and built by men. Its also why women's history is a joke.

The female imperative on the other hand is to attract men of value. Clothing, makeup, instagram selfies, parading around in front of horny dudes in gyms and clubs is all a means for women to attract men of value. Now chances are a woman is going to read this last sentence, and release the hamster "I do these things for myself and not to attract men." So let me get this straight you wear tight reveling clothing, accented with eye catching neon around men not to attract their attention? Exercising is about muscle activation, and we all know that our friend Dorian is getting way more of that, then fitness slut. Next time your in the gym watch what the women are actually doing, 90% of it is stupid fucking bullshit.

Women love drama, precisely because it gives them the opportunity to get the attention of high value males. If you've worked as a manager, your attention has been diverted from important shit, to women shit countless times. Let me illustrate this point with a classic biblical story: two ratchet hoes are arguing over who is the mother of some dirty baby. Of the hoes one of them fucking knows she didn't birth the little shit, but she hamstered herself into believing she did. Eventually shit gets so out of hand that King Soloman's attention gets diverted to resolving the problem. In a stroke of pure alpha/autism King Solomon says: I dont give a fuck cut the baby in half. Then the real mother comes forward and everything is resolved. The moral of this story is if you're a woman and create a fuss over some stupid shit; eventually a supreme alpha will get involved. At which point there is a chance he might fuck you like queen Sheba.

The value of the output of any place is inversely proportional to the number of sluts roaming around. Potent start-up companies and aren't plagued by attention whoring business sluts. Hardcore gyms are all business and don't have spandex distractions. Some of the most productive men in the world were either celibate or closeted homosexuals.

Women especially the modern western variety are a distraction. Hiring a bunch of squabbling hens isn't going to help your business. Staring at gym ass isn't going to make you any bigger. Listening to female rationalizations isn't going to expand your mind.

Focus on your dreams and creating value. The women will show up after you are a success. It is their biological imperative.

GayLubeOil's Guide to Teen Sex

362 upvotes | April 8, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Iv been on Red Pill for about a year. After reading all of the posts comments and Pm's, its pretty clear that a sizable part of our readership is between 18 and 20. Much of Red Pill's advice is calibrated towards older dudes, with a heavy emphasis on bar and club game. This is mostly because older dudes are the prolific contributors. Historically, teen sex is incredibly normal. However it's taboo and there isn't much information tailored to an 18 year old's needs on the internet. Luckily for you guys, nothing is too taboo for GayLubeOil. I got you guys. With this advice, you will have angry dads chasing you out of their homes in no time.

Asking for Sex: The main reason why I didn't have that much sex as a teen is that I didn't have the courage to ask. Its a daunting task. You haven't done it before. Its super awkward. There is a huge fear of rejection. Sex is taboo. Here's how to go about it.

- **You look like the type of person who knows how to decorate her room.** Teen girls spend a colossal amount of time designing their bedrooms. Showing you her interior decorating skills, is the perfect excuse for giving a dangerous braces blowjob. There is some plausible deniability in this one, so if shes not down you can just make fun of her for having a messy room and move on with your life. Most teen girls are pretty oblivious, so id recommend trying this immediately after making out with her in front of her house.
- **I think I got injured in [sport] can you take a look at it?** This only works if you are in shape. This exploits women's natural caring nature, curiosity and the teen girl obsession with abdominal muscles. Find a private room where you can take your shirt off in front of her. Direct her hands to your Adonis belt and ask her if this is normal. Once she's turned on from feeling up on shirtless dude, escalate to making out and then to teen pregnancy.
- **I can make my penis disappear.** I've actually done this when I was 19, and yes it worked and yes it was hilarious for both of us. "Hey so I have this weird talent but its kind of embarrassing", you say as your in bed stuck on second base. *What is it?* Well its really embarrassing I don't know If I should tell you. *You can tell me, I promise I wont tell any one.* I don't know its really weird and I haven't told anyone before. *I promise I wont tell anyone.* Ok well I can make my penis disappear. *What?* Yea. I knew you would react this way. *No its okay you can show me.* Pull out the penis. It only works if I'm hard its weird I know. You have to help me. *She helps out of curiosity.* Alright I think I can do it. Slide panties to the side, insert penis into vagina. I made my penis disappear. Awwww Yeaaaa! Congratulations you just had sex.

How To get Six Pack Abbs: Cut out alcohol and processed food from your diet. Do High intensity interval training in the morning to get your metabolism up. Get a tan. Reduce your carb intake. Do crunches correctly: sucking your abdominals in on each crunch.

So for all of you guys that say that GayLubeOil isnt a positive influence, fuck you. I hope one of my teen readers makes his penis disappear inside your daughter.

Luxury is Weakness

236 upvotes | April 10, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

There are two different types of people. Those that use their wealth pragmatically. There are those that splurge on any luxury within their grasp. The first type are usually self made, they understand the value of money and seek to maximize its value. The second group grew up with wealth, don't understand the value of money and see luxury as a necessity. The first group don't need luxury but enjoy it from time to time, the second are hooked and can't function without it.

The human mind is never satisfied. It always wants more. More drugs. More sex. Hotter fuck buddy's. A person stuck in the consumption loop will never be happy because his needs are ever growing and can never be satisfied. Its a primal instinct from our hunter gather days. Ten thousand years ago, you could never have enough fur meat or berries. In the modern world, obese behemoths waddle around contemplating what to stuff in their food holes and what clothes to cram into their bursting closets. Your brain cant tell the difference between foraging and buying, so it releases dopamine for both activities. Aldous Huxley's Brave New World is upon us and our consumption and 24/7 entertainment is our orgy porgy.

"I can't afford to lose this job, my car isn't paid off" said the indentured corporate slave. "I can't live without my frappuccino" said consumption whore. Everyday people reaffirm their status as consumption slaves. They think that their affirmations are funny but really it's just a symptom of a mind beaten down by advertising. Their prison is their mind.

Why would a beautiful woman suck a nasty old man's dick? Because she is a slave to student loans. She is a slave to Nordstrom. She is a slave to BMW. Her body isn't hers it belongs to her debtors. All women are slaves. Because all women are slaves to their impulses and discretionary consumption. They make up 80% of America's household consumption and advertisers are well aware of this fact. Men are guilty of this too but not in the same degree. Bluepill men are slaves to their wives and girlfriends consumption.

Women and betas can have their fancy soaps, manicures, luxury gyms with small weights and noise policies. But they will never rise to my level. They don't have the blood and guts to push themselves to the limit, to study for days on end, to load a bar with a weight they're afraid of. They don't have what it takes to be free, that's why they are happy being slaves.

Unfashionable Fitness Advice

120 upvotes | April 28, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Fads and trends are big sellers in the fitness industry, especially among women. People are willing to pay for the latest most high tech equipment and workouts, and there are gyms designed to service that niche. For \$125 a month you can train in a sleek modern facility complete with all sorts of fitness toys. For an extra thousand you can train with Adrian a hip skinny trainer, who will entertain you with fun workouts and encourage you with his soft voice. Bosu balls, TRX and functional fitness are his specialty. He isn't big on clunking around heavy weights, he'll tell you in a snide way. Or you can go about things the old way, the unfashionable way. Big weights, chalk and grit will get you huge. They'll also piss everyone off. How is Samantha supposed to think of a humorous hashtag when there is a titan bending steel with an insane deadlift. How is Adrian supposed to count his client's Bosu squats if there is an ominous man with 500 pounds on his back. People aren't going to like you because your presence is going to remind them of their mediocrity. Adrian's manager is going to tell him to talk to you. But he won't because the idea of confronting you will make him uneasy. Nothing pisses people off like jealousy. The old unfashionable way will set you apart from the trendy fitness crowd. If you do what others cannot or won't, you will be a man without equal.

Unfashionable Nutrition: Raw Whole Milk and Eggs definitely have a stigma in popular nutrition. Luckily dietary cholesterol has no bearing on blood cholesterol. Saturated fat doesn't make you fat, an excess of calories does. Whole Milk is the best post workout drink. Eggs have the most absorbable protein of any food. Both foods are nutritional powerhouses and incredibly cheap. My only suggestion would be to buy fresh from a farmer's market to maximize nutritional value and minimize bacteria risk.

Lift Big to Get Big: Your body adapts in response to stress. Basic Barbell lifts as well as weighted dips and pullups done with a heavy weight will always produce more stress than bosu bullshit. More stress equals more adaptation which is why men who lift big get big. If you're natural you can only adapt so fast. Which means that you need a three or four day split so that you can have more time to recover. There are many ways of going about this: (easiest to hardest) , 531, 5x5, Sheiko and Smolov. These programs have a three day split and are primarily composed of full body lifts. Also all of them have been around for at least 30 years, so they have a proven track record of success.

The Dark Side: First off I'm not encouraging anyone to join the dark side, I'm just giving you some facts, so you can make an informed decision. Some people want to remain natural. That's understandable. However is consuming caffeine natural? Caffeine is a drug that is isolated from cocoa beans. Testosterone is a drug that can be isolated from yams, testicles or urine. Sounds equally natural to me. Women take the steroid progesterone to voluntarily halt their fertility. Transsexuals claim that they're a man/woman trapped in a woman/man's body. Cool story, but what if you're a colossal roided man trapped in an already muscular body? Both of those claims seem equally valid. A woman can claim my body my choice and rip a living fetus from her uterus. Isn't it also your choice as a man, to decide what you put in your body? These are all great questions to ask yourself while you gain a pound of muscle a week over a 12 week interval. What about side effects? Well if you keep your doses reasonable and stick to testosterone there are pretty much zero side effects. It's only when you start taking large doses and powerful compounds that you might run into some problems. Your gains are keepable as long as you stay under your body's natural muscular maximum. Finally

jumping on the gear train is proven to improve recovery, protect joints, improve mood. If you want to look like the dudes in the movies and magazines this is the only way. If you're willing to settle for something less that's fine too. Transhumanism is an interesting concept that you have the luxury of dabbling in within your lifetime. Your great grandchildren will have hover feet and laser eyes, so you might as well get a little extra muscle mass while you can. Just kidding! Steroids can cause infertility so you might not have great-grandchildren.

What does this have to do with Red Pill? You can use your physique to set yourself apart in the sexual market place. You can use the drive and will you developed in your journey as a tool to overcome hardships and achieve your goals. These are all noble aims. However let's be honest, nothing pisses feminists and betas off more than a large roided man interrupting their hurp derp with raw masculinity. Fuck everyone, get huge.

Defensive Alpha Game

16 upvotes | April 28, 2014 | /r/trpGAME | [Link](#) | [Reddit Link](#)

Attractive women have a lot of options. If she is direct enough a woman can have sex with pretty much any man she desires. The modern woman also has a lot of venues where she can freely choose men. Unlike men, women can make sexual advances without being accused of sexual harassment or being creepy. Basically an attractive woman can have as much sex with whoever she wants and there is nothing you can do to stop her.

This is kind of unsettling because if you are dating an attractive woman at any point she can get uppity and hop on some cock and there is nothing you can do. Also there is a high probability that if she does, you will never find out. This reality creates defensive boyfriend syndrome, which ironically is a recipe for getting cheated on.

Iv always sold my dick to women with the same smug confidence that I use to sell personal training. Loss aversion is a very powerful motivator in humans. At some point or another when she mentions other dudes in an exceedingly positive manner you know its time for the talk.

Listen there is nothing I can do to stop you from fucking other dudes. You can do whatever the fuck you want. But your never going to find a guy as built intelligent and funny as me. Its just not going to happen. If you cheat on me your just going to end up with a skinny fat dude that can't hold an interesting conversation. Your going to be bored and unsatisfied and in the end your going to wish you were fucking me instead. However you wont be, and you will never again. If you want to step out of a Ferrari and ride the Greyhound bus that's totally fine by me. Your only fucking yourself over, and there are plenty of people that want to ride in the Ferrari.

That's about all you can do guys. This is why self improvement is so important. The only thing you can do to prevent your girl from fucking other dudes is to be better than any dude that she can fuck.

Alpha Fucks Beta Bucks, Clippers Edition

118 upvotes | April 28, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

One of the best ways for the Red Pill ideology to stay relevant, is to provide unique insight into the hot scandals of the day. Im actually really excited to be the first one from the Red Pill community to address this issue. Today's lesson is going to be about Alpha Fucks Beta Bucks and how no amount of money or status, will ever guarantee a woman's loyalty, if in your heart you are a beta bitch.

For those of you who don't know Clippers Owner Donald Sterling, told Stiviano, his mixed Latina/Black girlfriend not to consort with black people and to remove them from her instagram. In the recording Donald Sterling basically states that hanging out with black people decreases his girlfriend's value.

Behind Donald Sterling racism is deep seeded insecurity. He knows that he is far past his prime. He knows that his girlfriend can move on to dating a coach or an NBA player. In my reading of the situation: Donald Sterling is deeply intimidated by black male masculinity to the point where it pains him to see his girlfriend anywhere near them.

An insecure man is one of the most repulsive things for a woman. If a man is intimidated by other men, that is a very strong signal to women, that it is time to move on. Women are biologically wired to seek the best fathers for their children. If a man doesn't believe he is the best one for the job, the woman isn't going to either.

Briffault's Law states that it doesn't matter what gifts or favors Donald Sterling bestowed on his girlfriend in the past. As soon as he proves to her that he is not the best mate option she will lose all feelings for him. Sterling's racism may have also been a signal to her that he wouldn't want to have children with her, which means that she wouldn't be able to have permanent access to his estate.

Once Stiviano realized she could no longer derive benefit from Sterling she had no problem throwing him under the bus for publicity and personal gain. Had Sterling not expressed insecurity or just replaced his girlfriend none of this would have happened. Let this be a lesson to all to never show any insecurity around women ever. Donald Sterling just lost a ton of money. Being a beta bitch is incredibly expensive.

How I Dark Triaded Myself by Accident

223 upvotes | April 29, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

One of the most disturbing things about women is how well they respond to reprehensible male behavior. Dark Triad Personality traits consist of : narcissism, psychopathy, and Machiavellianism. They are also a symptom of a man in a high Testosterone state, and for that reason are incredibly attractive to women. While being a Dark Triad will aid in your sexual conquests it will strain all of your relationships and generally make you a shitty human being. Here is my story.

Some time ago there was a sale on the most androgenic compound ever. I was like fuck yea \$40? Let the fun begin. Im going to mix that shit with my other shit. So began my journey.

My strength gains were explosive, I was doing the whole stack on lat pull downs with perfect form. My body fat disappeared. I started seeing small stretch marks on my arms and chest from rapid gains in muscle mass. However there was a price. I could only sleep 4 hours at a time. I was sweating profusely and I would get a cough that felt like death.

The emotional sides were worse. I couldn't feel anything. I was incapable of empathy. I didn't give a fuck what happened to me or those around me. Because I couldn't feel anything and didn't care, I was always incredibly bored. I was bored all the time, so I would start shit. I would say and do ridiculous shit just so I could entertain myself with other peoples emotions. I know I hurt people its just I didn't really care because I felt like a god. I didn't care about people because I felt that I was superior to them in every conceivable way. I was also incredibly horny all the time. So I did the logical thing: use women for sex.

I feel like I made a pretty good case for my drug fueled shittiness. You would think that acting in this way would repulse women. The results were quite the opposite. In a 12 week period, I had sex with six different women, which for me is far above average. All of the women attended prestigious universities, some even were in to law school with me. Also at no point was I coercive and at no point in our encounters did they consume alcohol, since I avoid that shit like the plague.

Hyper Alpha Game:

One of my classmates was dating a girl I found kind of attractive. After she eye fucked me in my tank top I asked her if she was ready for an upgrade in front of her boyfriend. She thought that was really funny. He didn't and wanted to fight me, but couldn't muster the courage. I didn't care one way or another if I was punched in the face because it would make my life more entertaining. Two days later I was in her bed.

I went on alot of OK Cupid dates. It was getting messaged all the time because of with my douchy shirtless selfie. Our the first date was at gym date as to not deviate from my normal schedule. I explicitly told her not not to fuck me. Your only twenty one you shouldn't have sex with me. If you have sex with me it will be the best expiriance of your life and after that it will be all downhill. You definitely don't want to fuck me because after that your life will suck. You should probably fuck me when your 72 though, that way it can be a grand finally of sorts. The girl didn't follow my advice and fucked me. When you're confident, telling girls not to fuck you will get you laid.

A married woman decided to forget her wedding vow after I told her that I was probably the worst thing that could possibly happen to her, with a smirk on my face. Her husband was paying for her law school but she didn't care.

I was a keen proponent of: Put Out or Get Out. I had to sleep naked because I would have profuse night sweats. I was also incredibly horny all the time and having a woman next to me for 8 hours who I couldn't fuck was the most frustrating thing ever. To solve this dilemma I told them to get naked or get out of my house. They took off their panties.

If you want to read more about my behavior check out my post: [Black Knighting on a Date](#).

After I ran out of my substance my behavior returned to normal. I was capable of empathy once again. I cared for those around me. I felt like I could relate and connect with others a lot better. I realized how much of a ruthless cunt I had been and felt bad about it.

The fact remains that my antisocial behavior made women look at me the way they look at shoes during Nordstrom's biannual sale. Women aren't attracted to jerks. They are attracted to psychopaths. Its one thing to be a flawed human being. Its another to be completely normal, mentally sound person who's top priority is to get fucked by a dark triad.

Minimalist Black Knighting

224 upvotes | April 30, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

I've always been fascinated by minimalism. A man who can half assedly splattering some paint onto a canvas, call it art and then have the entire world admire his masterpiece. He can throw up a couple of sloppy paragraphs on the internet and then harvest delicious feminist butt-hurt for weeks. Or he might say a few words to a woman and then watch a cascade of feels. The beauty of minimalist black knighting is the high pay off to effort ratio. I highly suggest you try it for the man chuckles. Here are some helpful strategies.

Telling a woman that she is a woman: Women are incredibly insecure in general. They are also very insecure about being women. Hence the whole im a strong independent woman routine. If someone repeatedly tells you how super not gay they are, chances are they suck dick in airport bathrooms. Over compensation is a sign of weakness and no one overcompensates like women in a professional setting. Next time your feeling especially bored at the office and want to execute a plausible deniability black op, try some of these. Only a woman would think of something like that. You did it like only a woman could. This project was definitely done by women. After the girlmad has been collected, do a tactical extraction by pretending to be a feminist. I don't know why you're mad I'm proud to be on a team with so many women. Being a woman is definitely a positive thing, as a feminist I'm surprised you could see it any other way. Etc.

Using Metaphors I tend to use a lot of metaphors in my writing because im Russian, and the Russian language and culture are very metaphor rich. Over the course of my year of posting, I've found that metaphors are a kind of fertilizer for feminist rage. In my most popular post: Treating Women like Children, I never disparaged women or insulted their intellect. I simply stated that as a boyfriend, you should care for women like you would a child: feed her, take her for walks and help her deal with stress. However feminists, being the supreme autists that they are took the metaphor and ran with it until they figured out how to get offended. Then the fat anti men's rights blogger David Futrelle got so excited about my post he started lactating. He then bottled his man milk, mixed it with ice cream and proceeded to consume his proprietary man-milk milkshake. Needless to say I was incredibly entertained. I showed all my gym bros all the cyber mad I had created and then proceeded to get a sick pump. For this reason, I highly recommend you guys utilize metaphors in all of your Redpill theory.

Disqualification: Women are incredibly sensitive about their sexual value because their primary biological objective is to reproduce with high quality males. As a result, women feel indignation when you tell them you would not consider dating anyone for their group. Ann Gus made a very funny parody of this phenomenon. The fat rights movement wouldn't exist if fat women weren't hurt by the fact that no one wants to fuck them. I highly recommend you execute this in an indirect manner to maximize the offensiveness. Tell fat girls you would love to date them, however its certainly not feasible with gas prices as high as they are and the drop in miles per gallon you would experience. Or try to make women insecure about a new thing. I would never date a girl with a designer purse because its shows that she doesn't understand the value of money, is easily influenced by branding and makes stupid impulsive decisions. Have fun with it.

Women were put on this earth for male entertainment. That's what the bible says right off the bat in Genesis. Who am I to argue with God?

The difference between TRP and PUA game

14 upvotes | May 5, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

American Women are Incapable of Feeding Themselves Responsibly

91 upvotes | May 24, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

If a cat senses that it needs to rid its digestive tract of inedible material or that it's lacking certain nutrients it will go outside and eat grass (provided it has the opportunity). Unlike cats and many other animals, american women are incapable of properly feeding themselves. 68 Percent of American Women are overweight. 36 percent of women are obese. 75% of lesbians are obese, twice as many as heterosexual women. Lesbians have the misfortune of not having men tell them what to do, so they fare worse then heterosexual women in general.

Why? American women are highly impulsive and incapable of forming and executing plans. Women don't think about eating until they are hungry. The female diet consists of easy, no prep food. Breakfast is a frappuccino or a bagel. Lunch may or may not take place. Dinner is something nutritious if a man is paying, otherwise its something stupid like salsa and chips or a Cesar salad. In general the female diet is low in animal protein because they are too lazy to cook. Not surprisingly anemia is more prevalent in women. Women will continue eating like this until their bodies flip the fuck out and start craving calorically dense food. At that point, Jennifer will gorge on cupcakes and upload that shit to Instagram with the appropriate filter. The only difference between fats and skinny fats is the frequency of their gorging rituals. Regardless of BMI, most american women are malnourished to some degree.

Who Cares? Eating is a fundamental part of being human. Its only rivaled by breathing, drinking water and properly disposing waste. If a person has the means to eat properly but doesn't out of sheer laziness, chances are they're a colossal fuck. Sure it may be inconvenient to walk to the bathroom, but we don't tolerate pant-wetters unless they are mentally infirm. So why should we tolerate fats who cant be bothered to pack a lunch? In developing nations, poor eating habits are a symptom of poverty. In the west, poor eating habits are symptomatic of gross incompetence.

But Men are Fat too! Most people are losers, men included. The Red Pill promotes critical reflection and self improvement. So even if there are some fat redpillers reading this, at least they feel bad about it. Hopefully the shame will eventually translate into diet and exercise. The same can not be said for [bluepillers](#) who's smugness and self-importance is in no way impeded by diabetes, heart complications or rheumatoid arthritis.

If any of this makes you mad, don't blame me. Im not the one who made you fat. Maybe this will serve as a wake up call to change your diet and your life. Maybe, GayLubeOil is an internet angel that saves people with hate filled diatribes. Maybe, pissing off fat people is my way of helping them burn more calories? I welcome the butt hurt either way.

Why are there so many abusive men?

113 upvotes | May 26, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Abusing a woman is a horrible idea for a number of reasons. There are serious legal consequences. Being known as a woman beater isn't exactly a badge of honor. Its a great way to limit future contact with women. Its frowned upon and extremely taboo. There is no benefit to abusing women, only cost. Despite everything you hear and everything you've been told, why would there be so many male abusers with such strong disincentives in place?

In reality, male abuse isn't that prevalent in the west. However, there are a lot of incentives for women to claim abuse. Here are couple, among many others.

Black and White Retroactive Thinking: A lot of people are philosophically challenged. They are incapable of understanding something without believing it. They can't see both sides of an issue and accuse those who can of siding with the enemy. Osama Bin Laden attacked the United States as reprisal for military presence in Saudi Arabia. Japan began invading countries in the Pacific to guarantee reliable access to oil. Am I a Nazi and an Islamic fundamentalist at the same damn time? The autists at bluepill probably think so. They also think this post supports domestic abuse. Likewise, many women employ the same logic when it comes to relationships. My boyfriend is good, my five ex-boyfriends are bad and abusive. A mature way of thinking about previous relationships, is understanding that both parties made mistakes and that while it didn't work out, it was pretty cool while it did. Many women are not capable of such complex reasoning.

A Culture of Victimhood: If anything is fashionable in America its victimhood. Figuring out a reason why you are the victim is a great excuse to talk about yourself at length. It could be a Native American great grandparent, a self inflicted eating disorder or your parent's divorce. If anyone tries to stem your flow of self pity, they are quickly declared insensitive and possibly racist. Having an imaginary abusive relationship is a great way for women to get attention, as if Facebook Instagram and Snapchat weren't enough to feed their narcissism.

No Female Accountability: Have you ever called out a woman? You fucked up Sandra. You really fucked the team. The entire project is ruined because you are only capable of answering OkCupid messages and not important business communication. Sandra starts crying. Everyone is now more concerned about her feelings than her performance and you are now officially an asshole. Women don't get called out at anywhere near the same frequency as men and as a result, are less accountable in general. If a woman is notified of conclusive evidence that proves that she is lying, she can say something like "I was confused." That's a good enough excuse for most people. Men are held to a higher standard. If a man kills his wife he is a murderer. If a woman kills her husband with no provocation and without imminent fear for her life, she had battered woman syndrome. At that point murder gets mitigated to manslaughter. Hooray for justice and equality under the law.

If a woman *casually* tells you that she was abused you have reason to be suspicious. Real abuse is painful and difficult to talk about. Its not something that can be casually dropped after a yoga class on the way to Whole Foods. A lot of women are narcissists and liars. There is nothing wrong in saying that because its true.

Hamster Baiting

67 upvotes | May 26, 2014 | /r/AlreadyRed | [Link](#) | [Reddit Link](#)

The visibility of the Red Pill subreddit is rapidly growing. Many other subs have begun linking to /redpill including /conservative and /xkcd. In addition, some prominent youtubers have added the redpill to their lexicon including Stefan Molyneux, Youtube's most popular philosophy show. Eventually some prominent media personality like Anderson Cooper is going to utter the words "The Red Pill" at which point there will be a shitpocalypse.

Obviously all of this does and will generate increased scrutiny from feminists. If a feminist writes her dissertation on the Red Pill community, I honestly wouldn't be surprised. My primary motive is to have an interesting discussion with like minded men. However with all the attention I receive from feminists its hard not to leave some rage bait in my posts. All publicity is good publicity. Pissing off feminists is my favorite cyber sport. Here are some tactics that have worked very well for me. I implore you to try some of them out in your next Red Pill post.

Compare women to stuff: It doesn't matter what. Cats, children, Pokemon, i've tried all of these with great success. As soon as I make any analogy or metaphor it quickly becomes a /bluepill post title. My theory is that bluepillers are autistic and incapable of understanding creative language. What they don't understand makes them angry. What makes them angry gives me lols.

Talk about female value: Most people on the /bluepill have self esteem issues. While the majority of their time is spent talking about how they would absolutely never ever fuck a redpiller, they go apeshit when a redpiller says they wouldn't fuck them. Any discussion of why you wouldn't consider a woman because of her weight, ideology, inability to cook is fuel for ire. Whenever a woman reads about how certain men would never consider dating her, it puts her self esteem at risk. Most bluepillers are white, so talking about how more awesome Latinas and Asians are is another great tactic. Any challenge to value is met with rage.

Challenge female veracity: Another way of challenging female value is to call some or all of them liars. I did this when I challenged the 1/4 bullshit statistic, now im doing it with domestic abuse. If you deny rape and abuse, bluepillers will quickly invent fake rape and abuse stories in response. These stories will evoke rage and sympathy from other bluepillers, at which point it will become a self sustaining shit storm.

Pictures: Pictures can rapidly generate an emotional response. That's why they are used heavily in advertising. Some bluepillers lack the mental faculty to read and understand arguments. That's okay. That's why I sometimes include pictures in my writing to anger them. [Reminder of past failed relationships](#). Remind them of their [weight](#) and [stupidity](#). If all else fails link to a [rap video](#) and outsource your hate farming.

Manipulating Women in the Age of Social Media

111 upvotes | May 27, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Sharing My Posts with Women

31 upvotes | May 28, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Mental Development

139 upvotes | June 1, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Recently, Penhova made a post comparing the importance of physical development to mental development. While I agree with the message, the primary method given for achieving this improvement was reading Red Pill texts. Im totally down for reading and my hard-on for Red Pill is so strong I might have to talk to my doctor about it. However, I feel that his perspective may be a bit shortsighted. My intention is to build upon Penhova's idea and provide a focused yet comprehensive post on some important aspects of mental development.

Stress Threshold: Not everyone is capable of dealing with stress effectively. During an emergency, some people freeze up and are unable to deal with a situation. Many people can't respond to criticism without becoming emotionally involved. Some can't read my posts without telling me how they're allegedly a Navy Seal with a hundred confirmed kills. All of these people have a low stress threshold, something that is increasingly common in our culture of victim-hood and a major hindrance in life. One way of improving your stress threshold is by participating in a combat sport. Fighting is one of the most stressful things in the human experience. By sparring in a controlled environment you acclimate to high stress situations. You become better at responding to and acting effectively during stress. There is a lot to say about a man who keeps his composure when things get crazy. Having a high stress threshold is definitely something to aspire to and work toward.

Understand Other Perspectives: Eventually you are going to run into someone whom you vehemently disagree with. It could be a Neo Nazi, a Rad Fem or someone with extreme religious views. Your first impulse may be to argue or even apply your combat sport knowledge, but that's not going to help you grow as a person. It's very unlikely that you will change a person's perspective in one interaction. Instead of being hostile, it makes sense to try to learn from them. Fake a neutral or positive alignment to their perspective and then use your common ground as a tool to understand the other person. Maybe someone became a Neo Nazi as response to rapid demographic transition in his working class neighborhood. Maybe a woman became a Rad Fem out of frustration of men not being able to locate her vagina in the midst of her fat folds. Calling opposing perspectives the domain of madmen is an intellectual cop out. Understanding why people think and behave certain ways is a prerequisite for a mature view of the world.

Recognize Human Patterns: With enough data points a pattern emerges. From a macro perspective, you've probably read enough individual experiences to believe in Alpha fucks Beta bucks. From a micro perspective you might pay special attention to how your girlfriend lies to her father, so you can better recognize her lying behavior in the future. Human behavior is limited both at the species and individual level. There will always be proponents of the special snowflake theory and brave white knights of the NAWLT order. Don't indulge that bullshit. Think critically about your experiences, the experiences of your friends and what you've read. What patterns emerge? How do these patterns relate to your life and the lives of others?

All of the things iv outlined are skills and require practice. You're not going to get good at anything by reading about it. The only way to grow is to try new things and assimilate the experience into your worldview.

Stages of Red Pill Development

125 upvotes | June 7, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

When discussing male behavior its easy to engage in the false dichotomy fallacy. That man is blue pill or red pill. He is either an Alpha or Beta. Behavior is something that falls along a spectrum. A man can hold contradictory blue and red pill beliefs in which case he is purple. It could also be that while he doesn't believe in the blue pill feminist paradigm, he hasn't fully integrated the Red Pill into his life. In such a situation the dude is pink pill. Just because a man isn't ultra red doesn't mean he's blue. Here are the three stages of Red Pill development.

Pre Alpha: A characteristic of Blue Pill men is that they can't/won't enforce acceptable behavior in their partner. A woman can rationalize almost anything to a blue pill man and he will go along with it. I cheated because I was confused. Im sorry it won't happen again. He kissed me, it was his fault. I just want to have fun with my girls, we can do what we planned later. All of these excuses work well on the blue pill man. On the other hand, the Pre Alpha will hold his ground no matter how she spins it, what emotional tactics she uses, or threats that she makes. He might not do this often or as much as he should, but there definitely is a red line. The mark of a Pre Alpha is someone who asserts alpha behavior in limited circumstances but is otherwise generally neutral.

Lets say Friday is your dinner day with your girlfriend. After work you cook something complicated expensive and nice for the two of you. Your girlfriend decides last minute to ditch you in favor of a girls night out. Her excuse is we always do this, I just want to have fun with my girls™. The true beta will accept this excuse or maybe whine, at which point she'll go off and happily grind on rando cock. The Pre Alpha on the other hand will call her out. When she: how can you say these mean things to me™, counter attack takes place he will continue his assault. That's how people like you deserve to be treated. Do whatever you want but some other slut is going to be eating my meat. A day or two later there is usually crazy hot makeup sex, because women are turned on when someone puts them in their place. A Pre Alpha's relationships are characterized by the dominance see-saw. His girlfriend is strongly attracted when he keeps her accountable and is generally neutral or disinterested otherwise.

Limited Application Alpha: A person at this stage of Redpill has a moderate understanding of the core Redpill concepts but sufferers from not being able to apply the theory to its full degree. The three obstacles for a person in this stage are familiarity ego and proficiency. Familiarity prevents a person from logically applying Red Pill theory to his family and friends. A person at this stage might make exceptions for the people he cares for. Unfortunately, these are the people whose behavior he has a vested interest in understanding the most. Likewise, his ego prevents him from fully understanding himself and his place in the social hierarchy. He might make excuses for himself ensuring his mediocrity. He may lack proficiency/experience in applying concepts in the field, coming across as try-hard or awkward and offending people with his inability to sell them Red Pill Theory.

Full Alpha: At this stage a person has a kind of sixth sense. Not only has he seen heard of and experienced the full spectrum of human behavior he has come to understand the biology behind it. Things become predictable almost boring. The factors that make and break attraction become obvious. A true Alpha knows why a woman hooked up with him or stopped seeing him and isnt bothered either way because its all part of a larger repeating pattern. He is first and foremost an

amazing salesman. He says what he wants but in a way that is palatable and funny. Unlike the Proto Red Pill men, a Full Alpha knows when and how to break the rules for his maximum benefit. A Full Alpha can do some very beta things because his confidence is so high and his value is so apparent that its obvious that he isn't pandering or being a try hard. When its obvious that your a scummy player, asking a girls hand in marriage at the club is hilarious because the contradiction is apparent. Full alphas are seen as funny and unpredictable and so are given free reign to do more or less whatever.

The Relationship Game

243 upvotes | June 10, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

People are naturally wired to increase gain and decrease loss in all endeavors. This rule holds true for sexual relationships, which in theory are supposed to be egalitarian but in reality are not exempt from human nature. Whether consciously or not, each partner seeks maximal benefit from the other while trying to minimize the expenditure required to maintain the relationship. The Relationship Game is played in all types of relationships from hookups to marriage and is the primary source of conflict between partners.

How It's Played: The game is played by offering/throttling access to sex, commitment, goods or services in exchange for some kind of benefit. *You should buy me a drink* is a way for a person to obtain a \$14 good in exchange for an (unreliable) promise of a chance of initiating future relations. *Can you get the cab fair* is the throttling of the potential for intimate relations in exchange for a service. The game is also played further up the commitment spectrum. *Honey how come we never X* and *What are we?* are moves used to secure additional commitment/resources from a partner. *I just want to have fun with the girls* is an attempt to minimize investment. There are many other examples of the game but those are some of the more common.

Tactics: There are different strategies, but the game is always the same.

- **Ultimatum/Nuclear:** Is the threat of termination of the relationship in used as a means of obtaining some kind of benefit. This is by far the most powerful bargaining tactic, however it is also the most dangerous and can only be used sparingly. President of France Charles de Gaulle repeatedly threatened abdication if his changes to the constitution were not ratified. People got tired of him and his demands and he resigned.
- **Guilt:** The use of intangibles is another powerful tactic in the Relationship Game. *Honey if you love me you would X*. Love is an ambiguous concept that is intentionally difficult to define. Any rebuttal concerning the meaning of love is immediately met with shaming tactics. Playing the victim and emotional manipulation are also popular. *Honey when you get so upset/say these things I feel like X*. By assuming the role of a victim a person tries to establish a right to some benefit. That right however, is arbitrary and contrived.
- **Meta:** Many competitions have a complex meta games involving intimidation, fan participation and manipulation of opponent's expectations, the Relationship Game is no different. Denying the existence of the Relationship Game is a potent meta tactic. *Happy Wife Happy Life*. *The Woman is always right* and the antiquated *A wife's role is X*, are all examples of denial of the existence of the game and serve as calls for unconditional surrender. If your opponent doesn't know he's playing he won't have the opportunity to play.

Feminism Red Pill and The Game.

- **Feminism:** While first wave feminism was about giving women access to civil rights, second and third wave had a powerful influence on the Game. Second wave Feminism created no fault divorce and strengthened alimony and child support laws. This had the effect of not only increasing women's access to the Nuclear option but also greatly decreasing the cost of using it.

Third Wave feminism isn't so much a push for legal change as a cultural movement. Third wave feminism seeks to adjust the starting conditions of the Game to favor women. *Strong Independent Woman* and *Fat Acceptance* are both justifications for women bringing less commitment to the game by default. *All Men are Rapists*, *1 in 4* and *Real Men X* are all tactics aimed at shaming men into give more commitment by default. A side effect of Feminism is that it can make the game not worth playing for men, especially at higher levels of commitment and at lower levels of proficiency.

- Red Pill: In contrast, the Red Pill ideology does not seek to control female behavior. The Red Pill is not the dominant cultural paradigm and doesn't have the power or legitimacy to effectively influence female behavior. Red Pill informs men of the existence of the Game and how to play it. It describes different patterns that emerge within the game such as Alpha Fuck Beta Bucks. Finally, it tells men to improve themselves so that they can optimize their starting position within the game. Feminists are hostile toward Red Pill because it undermines female advantage within the Game.

Show Me the Ho Facts

301 upvotes | July 13, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Usually, before two people begin any long term relationship there is an inquiry into the past. Creditors run credit checks. Employers ask for references. Leasers ask about past evictions. In contrast, there is a certain stigma about doing this with regard to sexual relationships. Many men feel uneasy listening to their wife or girlfriend talk about how she got skeeted up by a parade of dudes. Women in general are very sensitive about their reputation and will often avoid the subject with "the past is the past."

The past isn't the past, it's an indicator of the future. Just ask any insurance company. If a person drives around town like he's in a bumper car, his insurer would rightfully consider him a liability. Likewise, if a woman has a string of drunken hookups and short term relationships that pussy is a liability. You wanna be known as that dude whose girlfriend publicly jerked off a marine to Calvin Harris on her girl's night? No? Then you should probably get the Ho-Facts.

Assessing a woman's liability is a lot like conducting an interview, medical history or insurance questionnaire. A disadvantage is that you're asking about some of her most sensitive experiences, which she is rightfully hesitant to share. On the plus side, you're not bound by any medical or professional ethical standards, there is no time constraint, and you're a Red Pill scum lord that is willing to do pretty anything that is in his personal interest. Also alcohol is more or less a truth serum for today's strong independent woman.

The process is pretty simple. Create an atmosphere where she feels comfortable sharing anything with you. Compliment her on her appearance then transition into how she probably used to get with hot guys all the time. If she's not forthcoming, say something like "the past is the past" or "I don't judge". You can volunteer one of your own stories to get the party started, or you can guilt her with "relationships are built on openness and understanding". Throughout the process, make sure to be encouraging and a bit detached from the ramifications of what is being shared. Any negativity, real or perceived will cause her to withhold information.

The goal is to get as much information as possible. This shouldn't be too hard considering the fact that today's 20 something year old women are selfie obsessed narcissists. You're encouraging a woman to talk about herself and for the first time in your life, you are actively listening. Just make sure to direct the conversation towards actionable information. What types of dudes does she usually hook up with? What types of situations cause her to end up in men's beds? What kind of behavior is normal for her friends? How did her previous relationships start and end? When did she know it was over between her and her ex. Remember that you're probably her future ex-boyfriend and that people don't change.

I know that some people are going to read this and experience a cascade of feels. How can he judge women like that? Men have to judge women, since there is always a risk of an 18 year child support extravaganza. That is, unless you put it in her butt. If she says things that really concern you, then keep calm and only put it in her butt.

Preemptive Drama Theory

155 upvotes | July 18, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

The life of a twenty something western woman is fairly banal. She has low stress job where she constantly checks her phone. Her friends aren't really into deep conversations or discussing complicated things. They are there for her but only when it's convenient. Sometimes she indulges by shopping or eating unhealthy food which offers her fleeting excitement. Other times she'll go to the gym in a hot new outfit and peddle lazily on the elliptical while reading a magazine.

Women don't really challenge themselves, which is why their lives are pretty boring. Many of them actively want and seek a source of drama to give their lives meaning. The best source of drama for women is men. Serial monogamy is a constant validation roller coaster. Meeting a hot guy, obsessing over him, fucking him, analyzing him and finally ending the relationship and tweeting some sad song lyrics are all important components of the drama cycle.

Men are nothing but clowns to the modern woman. Their purpose is entertainment. Drama in a relationship is inevitable because that's the whole point of the relationship in the in first place. A woman will start a pointless argument, escalate it, storm out and then reveal in the validation of texting her friends for advice. Female social circles need drama, in the same way that the military industrial complex needs war.

So what's a man to do? Some men will choose to avoid women entirely becoming porn researchers in the process. Other men will tolerate the drama or try to avoid it. Around here we call those men betas. Or you can accept woman for who they are. You can accept that women need you to provide them drama and if you don't they'll make some of their own.

Positive Drama: If you are creative and have lots of time and energy it may be possible to keep her distracted enough so that she won't cause drama. Cook with her. Take her on walks. Do fun positive things that she can tell her friends about. Lie to her, make up a really emotional story that she can repeat to her friends. I personally don't feel that this method is 100% effective but it's worth trying before you succumb to the dark side,

Neutrality: There are numerous things that you can do to make yourself a poor bad drama target. By being concise and detached during an argument you rob her of the emotional response that she craves. You can be Socratic and ask a lot of questions in an effort to shift the focus from yourself. Or you can take an absurdist approach take off your clothes, insist on being referred to as The Watermelon, so that she disengages rather than indulge your stupidity.

The Dark Side: Rather than wait for her to start an argument you can seize the initiative and start your own. Accuse her of some ridiculous bullshit. My friend said he saw you in a porn video. Don't lie to me. Try to get her really emotional then walk out. Refuse to talk about it. What you did hurts me but I'm choosing to accept it for now. Treat her the way women treat men. How come you never take out the trash? Are you too fancy to take out the trash? You're so fancy you already know from LA to Tokyo, that you don't take out the trash? Bonus points for sarcastically quoting the top 40 she listens to. You can also try exhausting her physically so that she doesn't have the energy to start arguments. Next time she's sitting on the couch watching YouTube makeup tutorials yell: rape defense drill. Then pull a Steve Irwin and do some feisty bitch wrangling. This is a perfect opportunity to nostalgically revisit your middle school bullying tactics of Indian burns, pulling

people's shirts over their faces and wet willies. Continue this until she loses the will to fight back. This shouldn't take too long considering that her only form of physical exercise is herp derp on the elliptical. If she complains, point out that a lot of people also complain about fire drills but it's better than being burned alive.

I'm in the process of ramping up my social media presence. To get updates on my posts follow me on twitter @GayLubeOil. My goal is to eventually come out with a line of GayLubeOil gym tanks and a YouTube channel if I can get the right people together.

What is The Red Pill and Why does it exist

651 upvotes | July 22, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

To understand The Red Pill, you first need to understand what it's like to be a boy in America. Boys grow up in an environment that is void of genuine positive masculinity. The closest things they have to role models are often fictional super heroes. Batman might be the hero that Gotham deserves but our sons need more.

So where are today's fathers and why aren't they raising our sons? Feminism has pushed men out of children's lives. For the modern women, the cash and prizes of divorce are much more appealing than an intact family. She's a strong independent woman who don't need no man, so her child is just going to have to do without a father. The men who are lucky enough to be in the same home as their children are so emasculated by the threat of divorce, that they are unable to assume a traditional male role in the marriage.

The American education system is nightmare. The whole endeavor is run under the fiction that boys and girls have the same developmental needs. Teachers are predominantly female and comprised of the bottom third of their college graduating class. The people, who are least capable of critical thinking, are in charge of teaching our kids critical thinking skills. Not surprisingly the whole project is a shit show. The women and betas who run our educational system are so hostile to play fighting, drawing guns and all other childish displays of masculinity that they stamp it out at every opportunity.

Growing up in an environment intentionally devoid of masculinity is not good for boys. Most boys don't realize anything is wrong with their upbringing until they start pursuing women. They play the dating game and lose because women are instinctively repulsed by androgynous she men. Being rejected repeatedly, is a painful experience that leads some to soul searching and seeking out the advice of other men. The Red Pill is a place for men to exchange ideas. It's a place where men can have open and honest communication with each other without having to be concerned with the consequences of offending strong independent womyn.

The Red Pill is an imperfect substitute for the male guidance our boys were robbed of by feminism. It is tired middle aged men describing their divorces. It's the unfashionable and unacceptable thoughts of Freud, Nietzsche and Briffault. Its young men asking for help at a time when no one cares about them. All of this, challenges feminist's ideological monopoly. It pisses them off and they are cordially invited to go fuck themselves.

If you enjoy my writting and ideas follow me on twitter [@GayLubeOil](#) the goal is to eventually get a book going

Women are like Pokemon

278 upvotes | July 23, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

With all the choking on bitter Red Pills this sub can often be a negative place. Its my intention to lighten the by attacking the issue from a different angle. Thus GayLubeOil is proudly reposting his female oppressing masterpiece: Women are Like Pokemon because a lot of you never read it and the mod who originally deleted it is gone.

Gotta Catch em' All: There are tons of different kinds of women out there, but you only know what kind you like if you fuck all of them. Sleeping with tons of different women is difficult. You'll need different game with different women and you might not be well suited for certain types of venues. But, no matter what, you have to be persistent, that's the only way to learn from your mistakes. You have to keep throwing that Ultra Ball at Zapados.

Women Types: Its heavily debated what is the best type of women. However it is generally acknowledged that white educated middle class women are the absolute worst type of women. You might find a good one here and there, but my advice is don't waste your time with normal type Pokemon. Also some types of women, like tatted up pseudo-lesbians (dark type) are fun for a little bit but they will never make a good starter Pokemon. Finally just because a type is generally good like Fiery Latina, doesn't mean all of that type are good. There are some weird fire Pokemon out there, and its not their fault that they're so fucking weird.

To Train Them is My Cause: No matter how much you train a shitty Pokemon its going to be shitty. Also a shitty trainer can ruin a great Pokemon. To have a realy great Pokemon you have to find one with potential like Larvitar or Charmander and train them. You cant be too much of an authoritarian dick or a pussy pushover, there is a balance and you have to find what works.

Gym Badges: If your life isn't in order; If you aren't financially secure, cant cook and are out of shape you just don't have the gym badges to be a good trainer. You need to get your shit sorted because you can only teach what you know. Pokemon need a trainer to reach their full potential, and women need men to be all they can be. There are so many basic things that women get wrong all the time. Women fuck up their metabolisms with crash diets, live off processed food and don't get enough unsaturated fat. As a boyfriend these are all things you need to fix. Women need proper exercise to be healthy and stress free. However what a typical woman thinks is a good workout and what a good workout actually is are two completely different things. You need to teach your girlfriend squat deadlift and assistance exercises like glute bride so she can reach her full physical potential. If you don't know how to perform these lifts yourself, you're basically the shitty I like shorts trainer at the beginning of the game.

Legendary Pokemon: There are some Pokemon that are way better than all the rest. However you can only catch them if you're on your A game. Zapados and Mewtwo arn't cunts, for knocking out your whole party and breaking free of your Pokeballs. Its your fault you suck. You need to step up your game improve yourself and keep trying.

There is no excuse for playing with your weedle at your mom's house in Pallet town.

Follow me @GayLubeOil and get updated on my posts and my quest to upset as many SJW as possible.

American Women are Whores

310 upvotes | July 28, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Remember when you were a kid and your parents splurged on the toy you never thought you'd have? That feeling of absolute boyish joy is what European men feel when they hear the American Tourist mating call, "I'm here to find myself!" Giovanni's eyes light up because he knows he is going to be giving a tour of his Leaning Tower of Pisa. Bertrand starts smiling because in a couple of hours he is going to be sharing his buttered baguette. Axel readies his howitzer for vaginal bombardment. The whole world knows what American women are. That is except American men, who are trained to tolerate all female behavior.

Why are American women regarded as the biggest whores on the planet? A big part of it is appearance. The American definition of sexy is the Mexican street hooker's definition of business casual. There aren't yoga pants labia parades in London and Paris like there are in LA and New York. Most of the world's women take pride in wearing heels and flowing dresses. Americans, take pride in being slovenly in PJ's or libertine in ass-out cutoff shorts.

American women differ from most of the world's women in that they are covered in sloppy piercings and unoriginal tattoos. While these body modifications are detrimental to a woman's femininity they do serve an important purpose. American women are vapid narcissists. They want to talk about themselves but have nothing to say. A Marilyn Monroe quote or a lip piercing is a crutch. It's a conversation piece. It's a tool for someone who is so devoid of substance that she has to disfigure herself to get attention. A woman who does this, isn't above fucking for attention. Men know this. It's why they seek out American woman for one night stands.

Moral Hazard is a term used to describe the cause of the Great Recession. This concept is also crucial to understanding American women. When a person isn't held accountable for the risks they take they are incentivized to engage in additional risky behavior. This could mean betting on risky derivatives. It could also mean posting sex selfies on Instagram, cheating on a husband or removing a father's presence from a child's life. American women aren't held accountable for anything they do. If they premeditate a murder it's because they had battered woman's syndrome. If they fellate a dude and regret it, they were taken advantage of. If the behavior was inexcusable, then they were just going through a phase.

The funny thing is, American woman really are going through a phase. They're going through a phase where they are only concerned with indulging their baser instincts because they know they won't have to pay the price. Children and fathers pay the price of divorce. The welfare state pays the price for women who can't comprehend family planning. The taxpayer pays the price when inept women are hired for redundant government jobs.

The United States has reached a tipping point of social decline from which there is no going back. American women are having a great time sucking dick and gorging on cupcakes. They have no interest in heeding calls for moderation and anyone who tries to help them is guilty of fat/slut shaming. American women have dug themselves into a deep hole and declared it a mountain top. You can't pull them out because they don't want to get out. The best thing to do is to just move on. Luckily, not all women are American women. Not all women fantasize about divorce, refuse to cook for their families or take pride in childish behavior. American women are whores and are only good

for plowing. If you want to win the horserace that is marriage, you shouldn't be looking at plow horses. There are plenty of caring loving women who would make wonderful wives and mothers. Don't bother looking for fresh apples at the bottom of the barrel. Don't bother looking for the perfect American wife.

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Gaylube Oil's Expectation Test

473 upvotes | September 8, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Next time your with a woman ask her what qualities make a good husband/boyfriend. Carefully collect her mouth diarrhea in a zip lock bag. (Optional) Distract her with an irrelevant question such as what she thinks about the objectification of women in the [Anaconda music video](#), so she doesn't figure out your plan to expose the double standard. Then ask her what qualities make a good girlfriend and collect the mouth diarrhea in another zip lock bag. Now compare the weight of the diarrhea bags.

What you're going to find is that western and western influenced women expect a lot more from men than they're willing to give in return. Women shouldn't be judged for their bodies but that fat dude is a creep. I needed time to find myself but men without a good income are losers. My husband needs to be there for me, but if I sense any emotional weakness ill be gone faster than [Jose Canseco](#) during a piss test.

Why are all women like this?

Because all her life, the only thing that was expected of her was for her to bring her vagina. It got her into parties and clubs. It got her drugs. It might have even helped her get a job that she was less qualified for. The corporate media taught her that as a vagina operator, men owed her tons of free shit. The movies and shows that she defines herself by depict women as passive objects to be showered in male affection. Diamonds are a girls best friend (because women are incapable of real friendship).

Its foolish to expect any equality in a relationship because society conditions women to be selfish assholes. When a women says that she will be there for her boyfriend. She means in the literal physical sense. Depressed men are unattractive and women have no interest being anywhere near them. Ultimately, most women only bring to relationships what they bring to the club: vagina.

There are two ways to respond to this Red Pill truth. You can use women for their vaginas and nothing else. Or you can teach her to cook, workout and whatever else you expect out of a LTR. In the end all you get by default is vagina, unless she stops being attracted to you. If that's the case she has a headache.

If you doubt my assertion that all (attractive young) women are like that, go ahead and conduct Gaylube Oil's Relationship Expectation Test. Also I'm bigger than you. Follow me on twitter [@GayLubeOil](#).

The Appeal of the Red Pill

101 upvotes | September 27, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

You're stuck at the airport waiting for your connecting flight.

"Passengers are reminded to be scared shitless of unattended baggage," the speaker blurts.

"If we don't bomb the Sand People, how are General Motors and Boeing going to make billions of dollars selling bombs to the government?" the television asks.

"The Sand People hate our freedoms that's why the government should put probes in everyone's anuses." The television continues.

A baby boomer nods in approval, eagerly offering up his anus for national security.

Having experienced enough propaganda you get up from your seat and walk to a kiosk, baggage in hand.

You pick up Time magazine and look at Hillary Clinton's smirking portrait on the cover.

Is America ready for a strong independent women president?

The heading reads like a rhetorical question.

Are you ready for your math test? Are you ready for your teeth cleaning?

All are unpleasant things that take place regardless of whether you are ready.

You walk out of the kiosk and into a bar. A forty something man sits down next to you and starts talking. At first the conversation is light but eventually he loosens up and begins talking about his marriage. That's when you hear some real shit about the childish antics of his wife. Plate throwing, sex denial and passive aggressiveness, all hallmarks of marriage to the American Bitch Princess.

The man's story has no place in the manufactured cooperate reality. It doesn't sell. It doesn't fit the politically correct narrative. The man's story is offensive because women are angels and aren't like that at all. The man's story wont be published because men are disposable and women spend most of their money anyway, so why should advertisers or publishers care?

The man's story is refreshing preciously because its a a departure from the canned corporate reality that you're used to. Even if the Red Pill is bitter you cant stop swallowing it because it's one of the few real things still available to you.

Improving your Girlfriend's Butt

319 upvotes | October 13, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Your girlfriend is bouncing up and down on your dick and your having a pretty good time. You think life couldn't get any better. That's were you're wrong homo.

It can get way better. With a little time and male leadership you can sculpt your girlfriend's butt and thighs into an absolute masterpiece.

The biggest problem women run into when trying to to get in shape is listening to fitness advice aimed at women. If shape magazine challenged the idiocy of sporty women and told them to lift at their 10RM and eat protein, there would be some next level fitness hamstering and a drop in subscriptions. Women go to the gym to sweat, show off their lululemons, and be a part of fitness culture, they're not particularly interested in optimizing their workouts. Luckily for your girlfriend, you're going to rescue her skinny fat pancake ass, from steady state cardio, high sugar smoothies and all the other stupid shit she does in imitation of other women.

Training: For the first month, shes going to require your full attention, both so you can watch her form and so you can provide motivation. I'm not going to go into a full female training program here, but the general idea is to spend the first couple of weeks teaching barbell lifts and then working towards her squatting her body weight. Obviously squat, lunge and gute-bridge are a priority, but exercises like pullup and push press can help create a better posture. It all depends on how much time you plan on investing in the project.

Nutrition: Whenever you train your bitch you gotta feed your bitch. Intense exercise breaks down muscle tissue and puts stress on the body. If you trust your woman to eat correctly, you'll end up disappointed and she'll end up overtrained. Nothing fucks up a good workout like a shitty diet and women are amazing at fucking shit up. Feeding your girlfriend properly from time to time is like getting an oil change, consider it preventative maintenance. Red meat is ideal because mammalian muscle tissue has all the nutrients required to build mammalian muscle tissue. Fish is good too because it provides protein and will keep her hair shiny. Your lady might say that shes not hungry or that she's too tired to eat. Don't listen. You're a man and you know better than her. Yell 'Benevolent Dictatorship', as you force steak into her mouth.

Delightful Instagram butts are made not born. Isn't it time you made yourself a nice butt to put your dick into? The only way to avoid a female lead relationship is to have a male lead relationship. You might as well do something positive while you're in charge.

But GayLubeOil isn't this approach overbearing and heavy handed? No. Women perform best under the supervision of men. The less male influence they have, the more fucked up they become.

Feminists and Lesbians are an unfortunate example of women lacking in male supervision.

Get updates on my posts via my twitter [@GayLubeOil](#)

If this post upsets you it's probably because your love life resembles a Botero painting.

Or you're a feminist. In which case im sorry you ingested lead paint as a child.

Dating Black Women

65 upvotes | October 22, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Bluepill men are weird as fuck around Black women. They talk about race apologetically. [Martin Luther King](#) and [Rosa Parks](#) get randomly brought up. Beyonce worship is definitely on the table. The whole thing is an awkward, painful grovel fest.

Provided your not lib-tarded hitting on black women is not going to be more difficult. In fact it will actually be easier if you're masculine and well built because black women tend to value those traits more. Just talk to them like you would any other girl. That being said here are some unique advantages and disadvantages of dating black women.

Advantages of Dating Black Women

- Black women don't play the delicate flower game. If you bump Ashley a little bit as you pass her through a narrow hallway she's going to do the hurt victim routine. Or maybe its time to take in the groceries. But Ashley can't help you because she's suddenly too weak to carry a bag of apples. Black women aren't treated like magic princess growing up so their far more grounded in reality.
- Black women are actually funny. Why? It's probably because humor is a constructive way of dealing with hardship. Or maybe its because black women have to earn laughs instead of having men fake laugh at everything they say. Either way its refreshing not to have to deal with stale female conversation.
- In our politically correct society everyone is under intense scrutiny to tow the party line. If ever you speak or write on a controversial subject it is inevitable that some spineless fuck will imply that your intolerant or racist. Fortunately, you are in possession of the *Anti-Race Card*. If I'm such a racist, why do I go to sleep with a black woman every night? One of the few opportunities men are allowed to feel indignation is in defense of women. Go big with this one.

Disadvantages of Dating Black Women

- Eventually someone is going to say some stupid shit about your choice of women. Most likely its going to be a white woman. Anything that challenges a woman's value instantly causes scorn, which is why they might bring out their fancy words: objectification and fetishism. The same progressives who supports post op man ladies and naked gays dancing in the street, have reservations about your sex life. My advice is to laugh off their hypocrisy as you bring a watermelon home to your girlfriend.
- You're going to have to prevent your friends from using the word *nigger* in front of your girlfriend. Your friends will agree not to. Everything will be chill for a while. Then they'll get a bit too comfortable and it'll slip out during COD. Now the same girl you got to deadlift 225 is on a warpath. There were warnings that this day may come. All you can do is ride out the storm.
- No matter how big your penis is, it will always look small in her WNBA hands.

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American Mothers

454 upvotes | October 29, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Visit any American supermarket and you'll see a She-Ham, a Ham-Spawn and a crap filled shopping cart. You don't even have to look to know what's inside. It's the same shit, couple of 3 liter sodas, frozen pizza, chips, cookies and whatever the lardette can throw in the cart last minute before checkout.

The leftist explanation is that, some people can only afford unhealthy processed food. They are victims that deserve our compassion and we shouldn't judge them. To that I say **Bullshit**.

Basic staple foods are affordable and abundant in the United States. Meat is cheaper in the U.S, than anywhere in the world. Twenty dollars spent on eggs flour and milk, is more than enough for a week of delicious baked goods. Learning to cook isn't a problem, because the internet is the best cookbook ever devised.

Despite every possible advantage, little suburban Sarah eats a less nutritious breakfast than poverty Pablo. Why? Because South American women actually cook for their fucking children. They're not too lazy. They're not too busy. They don't throw a pop tart on their child's plate, before hurrying off to smash the glass ceiling. Non western women care about their children. Western women care about an ideology.

If a woman won't even take the time to feed her child, do you think that she will take the time to expand their mind? Right now in war torn Syria, a woman is reading the Quran to her son. Little Mohamed is asking questions about the complicated text and in the process expanding his mind. Meanwhile in America, little Timmy is watching the Disney Channel, while his mother is idolizing Samantha from Sex and the City. Timmy is destined to become an American idiot because his mother isn't doing her job.

American women are shallow narcissists who minimize the time they spend on their children so can maximize the time they spend on themselves. They're more interested in being a hot mom than a good mom. Their too lazy to cook for their children. Their too impatient to explain a deep book. The situation wouldn't be quite as bad if they didn't make every effort rid their children of their fathers.

American children are told to respect their mothers because their natural inclination is not to. Honestly who can blame them? Why the fuck would anyone respect a person who is pushing forty but still acts like their nineteen? Why would a child respect a person who's idea of discipline is counting to three? American mothers are a fucking joke. They might be too stupid to realize it, but everyone else already has.

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Why can't smart progressive Blue Pill women stop themselves from fellating Red Pill alphas?

6 upvotes | November 11, 2014 | /r/PurplePillDebate | [Link](#) | [Reddit Link](#)

Why can't smart progressive Blue Pill women stop themselves from fellating Red Pill alphas?

3 upvotes | November 11, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

3 Reasons Why You Will Never Make Gains

251 upvotes | November 19, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Next time you're at the gym, take a good look around. Do you think the elliptical chubster will lose weight? Will the curl bro gain muscle? Is the old Asian woman going to stop inventing exercises? No. 90% of the people in the gym will never improve. They're perfectly happy hurping and durping to top 40. Failure is the default. If you don't wake the fuck up and separate yourself from the pack you're going to end up like everybody else, a failure. Luckily for you, I the great and magnificent GayLubeOil have expertly written a treatise on your gym failures. I have performed this feat in a colorful and profane manner to keep your attention and prevent you from clicking on that porn tab.

You Eat Like a Bitch: It doesn't matter how hard you press on the gas pedal you're not going anywhere unless you have fuel. There are tons of great workout programs: 5x5 531 [GVT](#) [Sheiko](#) Smolov [PHAT](#) FST7. They all work **IF** you eat correctly. Just pack a couple tupperware boxes of lean protein, vegetables, and rice to work. Bust that shit out intermittently while you do the TPS reports. When the office drones whine about your nutritional superiority tell them that you have low blood sugar. If your manager gets involved, tell him you will rape him with the [ADA](#) for his refusal to accommodate your (made up) condition. Unfortunately, the only thing that works in this day and age is fear of legal reprisal and victimhood.

How do I Pick Up Girls at the Gym?: If you're thinking about pussy during your workout, you lack intensity. [Branch Warren](#) is too busy destroying his connective tissue to think about pussy. Look at [Dorian Yates](#) face. Are women attracted to sweaty stressed out dudes? Not at all. If you decide to spit game at women do it when your heart rate is below 200. If your heart rate isn't at 200 then you should do a superset. Do you really want to have the body of someone who hits on girls at the gym? No you don't. Don't talk to girls at the gym unless you need to scare them off equipment.

On the Shoulders of Giants In 1675 Isac Newton wrote "If I have seen further it is by standing on the shoulders of giants". If it wasn't for the scientists that came before him, misogynist shitlord Newton wouldn't be excluding women from STEM with physics and calculus. Gyms are filled with giants; huge dudes who have been lifting before you knew how to walk. If your [Speechcraft](#) skill is high enough you can ask one of these veterans for advice. Maybe then, you will stop locking out your elbows on presses and [Hyena deadlifting](#).

If you eat right, train with intensity, and have the humility/curiosity to learn from more experienced lifters, you will make gains. Most people don't and will never get anywhere. Hope that helps. You can click on that [porn tab](#) now.

GayLubeOil's Gift Giving Guide

284 upvotes | December 3, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

One of the reasons why the Red Pill exists is that mainstream relationship advice is written by Blue Pill idealists. Just be yourself. You should forgive her, she was confused. Man up and accept her lard thighs. Fuck that shit. Here at Red Pill we are all about Realz, don't give a fuck about Feelz and keep Fats far away from our welcome mats.

This week I'm taking a break from writing about the degeneracy of American Vagina Operators and making a pragmatic gift giving guide. Why? Because giving good gifts is difficult and most of the writing on the subject is written by basic bitches and effeminate manginas. Luckily for you guys, the ultra masculine Siberian Alpha: GayLubeOil has got your backs covered with a holiday gift guide.

Underwear: Women have icky vaginas that shoot blood at random intervals. Periods are supposed to be regular. But they're not. Unpredictable blood explosions have a way of ruining nice underwear. For this reason women are in perpetual need of new panties. Underwear is a great gift because it's cheap. Sizing is easy. And it's a gift that she can use on a daily basis. Every time she's naked putting on a thong she'll be thinking of you. That's some Pavlovian shit we can all get behind. Check out Yandy or a similar online retailer and buy an assortment of different kinds. Some should be practical, some should be a bit sexy, and one can be crazy as shit, just for laughs.

Custom Photo Gift: If you've been anywhere near a western woman within the past 40 years then you've been forced to take and retake pictures. You could get her a frame with a picture of the two of you, but that's basic as fuck. She's just going to use it for the next dude's picture in a couple of months/years. Instead go to Walmart.com and get a custom photo collage blanket. Yes it's cheap. You could tell her it's so the two of you could always be together at night. Aww. If you're not trying to go that cutesy you can get a Photo Bear of her doing something sexually suggestive to remind her that she's your slut. Walmart will refuse to make a photo gift of you throat fucking your plate. Keep it PG13.

Stuff from China: Instead of buying marked up Chinese goods at the mall, why not cut out the middle man and buy them from China? With Aliexpress you can. Now you can get your cheating wife a GPS tracker, a steak knife set for your vegan aunt, new hair hair extensions for Bonifa cuz hers got snatched in Ferguson and a knockoff purse for your ultra basic because she won't know. The clothes on Aliexpress are made for small petite (Asian) women, which isn't an issue because we keep Fats far away from our welcome mats.

If you enjoyed my holiday gift guide follow me on twitter @GayLubeOil.

If you think giving gifts is beta then chances are you have no friends to give gifts to.

Black Knighting 5

367 upvotes | December 5, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Recently a number of my readers asked me to write another installment of my [Black Knighting series](#). The premise behind it is simple. We live in a society that caters to female needs at the expense of men. Women don't care about unfair quotas, unjust laws and stupid sensitivity seminars men must endure. Women only care about themselves. So instead of catering to women like most of sad fucks in existence, live for yourself. Have fun at the expense of women. Because fuck women.

Squirrel Chase: Feminist propaganda has conditioned women to have an absurd fear of rape. Feminists can't stop talking about rape, even though it's incredibly rare in the west. Because of this, many women irrationally fear men at night.

We've all been there. You make a late night trip to the store to get milk for breakfast. You're walking back to your apartment and suddenly some stupid bitch notices you and starts scurrying away. Because all men are rapists.

Its irrational and to some degree insulting. I'm not a rapist. I'm just a man who decided to run an errand at night. Next time this happens jog after her. There is no law against jogging. Chase her for a while and then stop. Enjoy the fear you created. Woof woof you stupid cunt.

Agree and Amplify: Many of my readers have the misfortune of being forced to attend a women's studies class or sexual harassment seminar. You only have one life to live and these losers are wasting it one minute at a time. Why not enjoy yourself? Why not have fun? Be the biggest feminist there. Insist on gender neutral pronouns. Insist on made up words like herstory. Intentional take things out of context and get offended. Its a safe place and no one can call you out. Beat them at their own game. Life is beautiful.

Biological Warfare: Many men harbor intense contempt for their gynocentric workplace. Women do less work, take more breaks and get credit for shit they are incapable of doing. Unfortunately you are prohibited from commenting on the status quo and you have no way of changing it. So how do you strike back against the empire? A women's greatest fear is becoming less attractive. Don't believe me? Tell a woman that you think she's gaining weight. Combine this fear with the fact that women are also incapable of self control and you have a recipe for a plausible deniability black op.

How do you exploit these two weaknesses? Start baking for the office. See how much butter and sugar you can make the little piggies eat. With sustained effort everyone will be up ten pounds in three to six months. They are going to thank you for their double chins and wiggly triceps. There is a certain joy in being the puppeteer. Making cheese cake for the office isn't just alpha, it's dark triad alpha.

Follow me on twitter [@GayLubeOil](#) If you have good ideas for Black Knighting, post it in the comments. If you have some ideas you would like me to explore PM me.

GayLubeOil explains TRP

14 upvotes | December 6, 2014 | /r/PurplePillDebate | [Link](#) | [Reddit Link](#)

As most of you know by now im a major player in TRP. Most of my posts have an 80% approval rate by the Red Pill community. Some of my posts have become part of the core TRP lexicon: [What is The Red Pill and Why does it exist](#). For this reason I feel that I am uniquely qualified to explain the TRP phenomenon.

Right now there is a very high demand for high quality masculine writing.

Demand: There is a very serious crisis of masculinity. Many boys grow up without fathers and lack male role models. Consequently they have problems with women, earning respect from their peer group, and finding their identity. Many men feel that they are treated unfairly and that society doesn't care about their pain. There are a lot of young men seeking answers on the internet.

Supply: While there is a lot of advice written for men. Very little of it is written by masculine heterosexual men. There are several reasons for this. Many masculine men come from STEM backgrounds and lack the writing skills required to produce interesting polished content. On the other hand, men with English and Journalism degrees posses refined writing skills yet (often) hold apologetic feminist beliefs. Finally masculine writing is untenable in our current political climate and thus is absent from the mainstream.

I believe a big part of my success can be attributed to being a masculine gym bro and spending a big part of my life pumping out legal memos and political theory papers. I also look the part.

Hypermasculine Style: Much of my work is written in a hypermasculine offensive style. That's what my readers crave. Just as men enjoy over the top porn, men enjoy over the top writing. They enjoy my puns, politically incorrect humor and strategic use of profanity. Many women also enjoy my writing because of its rawness, emotion and unique perspective.

Feminist Backlash: TRP is everything feminists despise in one place. Its the misogyny Boogyman. However the more feminists talk about TRP the more men find out about it. The more feminists attack TRP the more Red Pillers feel that they are part of an in group.

Hopefully that clears some things up for you guys.

A Message to our Asian Friends

16 upvotes | December 21, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Getting a Woman to Cheat is like Getting a Duck to Eat Bread

349 upvotes | December 24, 2014 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

I've been too busy to make original content because of the holidays. However I owe my Red Pill audience a steady stream of entertainment and dark enlightenment. Enjoy this classic repost and have a Merry Christmas.

Some of the easiest and best sex of your life is going to be with women who have boyfriend or husband. There are two ways to interpret this information: one is to call me a Scumasaurus the other is to accept female nature for what it is and proceed accordingly.

Why Infidelity Sex is the Best: American culture encourages bad girl behavior and nothing is more central to being a bad girl that cheating on yo man. A key tenet of Feminism is that cheating on your man is empowering. Women have been brainwashed into thinking that cheating is hot, so you're pretty much guaranteed to have hot sex. Everything is usually on the table during infidelity. She already broke the big rule; so the usual rules of no anal, no cum on the face don't apply to you even though they still apply to her husband.

Why Its So Easy: When you meet this Girlfriend/Wife it will probably be at work, grad-school or the club. Your going to be on your best behavior and in nice clothes. Women are attracted to men in suits and uniforms purposefully doing things. Compare this to her boyfriend/husband who she only sees after he has come back tired and grumpy from work before sloppily laying in front of the television in his boxers . You, sir have a massive advantage, because she only sees you at your best and her man at his worst.

Practical Application: Since cheating is seen as wrong, shes going to need to be able to blame you for it later. A big part of success is feeding her hamster. Give her justification as to why shes not responsible for her actions and why its your fault you seduced her. Give her plausible dependability, she didn't know coming over to your house at 11:30 to study meant getting face fucked. Putting her hamster at ease will seal the deal.

Bonus Reasons: Here at Team Red Pill our stated goal is basically to denounce the evils of truth and love. Since the betas are never going to believe that all women are like that[©], we might as well prove our point by fucking their wives. She was probably going to cheat on him anyway. Finally, you get a lot of alpha points if you get another man to raise your offspring without knowing it. You can later cash in these points for a deathbed confession of I am your father. Which is the absolute Rolls Royce of death bed confessions.

Women and Education

195 upvotes | January 8, 2015 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

A Brief History of Education: For most of human history formal education was reserved for elites. Kings and emperors hired wise men to teach their children mathematics, philosophy, and Latin. The middle class relied on apprenticeships to pass on their knowledge to the next generation. The lower class used their children for physical labor and could only provide a limited education.

This system worked pretty well for a while. However, as the world got more complex more specialists were needed and the middle class grew. The middle class got so big that it began challenging the elites. The Prussians not wanting the French shitshow to cross the border, instituted compulsory education in order to create social obedience through indoctrination.

The Prussian education system is so effective at subduing the restless middle class, that the United States and many other countries instituted the model. Prussian education achieves this end by producing dull obedient workers that don't ask questions, obey authority, and pledge allegiance to the flag. The system is explicitly designed to destroy the creative thought and intelligence of children so that they do not become revolutionary adults. The education system is not designed for the benefit of students, it's designed for the benefit of elites. It is doing exactly what it is designed to do, make dull obedient wage slaves.

Teachers: If the aim was to make children intelligent we would spend good money on intellectuals just as the kings of antiquity did. However, our teachers are not intellectuals, they are the bottom 20% according to the mayor of New York City. The aim is not to make our children intelligent. The aim is to make our children obedient, so we surround them with disciplinarians.

Women in Education: Women make excellent disciplinarians. Why? Because women love rules. Women love rules because rules make the world a simpler more predictable place. Women love predictability because it makes them feel safe and comfortable and most importantly: the more predictable a situation is, the less a person has to think. Women hate thinking. They avoid it and use every possible opportunity to feel rather than think.

Women rarely challenge rules or the establishment. If a woman is told to make her students cower underneath a desk, she will. She's not going to stop and think:

Hey, plywood desks don't protect students from nuclear explosions and falling debris. This drill only instills fear in the students so they will turn to the government for protection against an external threat. Sort of like 1984.

No woman ever had that thought. She told the kids to hide and be afraid, then stupidly congratulated herself on making everyone safe. In the future, her successor will stupidly get your son suspended for drawing a gun. After that she will congratulate herself by tweeting #makingadifference.

The female preoccupation with details at the expense of the big picture makes them ideal for implementing the Prussian model of education. Women care more about how they are marching rather than where they are going. The majority of teachers don't even know about the Prussian theory behind public education even though it's the basis of their fucking profession. They are blindly leading generations of children into slavery while being too preoccupied with their position of authority to care.

Save Yourself Save Your Children: Schools do not provide tasty nutritious lunches. They serve

food that satisfies a minimal nutritional standard while subsidizing agriculture. Physical education class will not make you strong and jacked. Public school will not make you an intellectual. Only you know what's best for you and your children and it's your responsibility to take it.

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For a deeper discussion of the issue check out:

[Steven Davies](#), [John Gatto](#), [Chomsky](#), [Steve Jobs](#)

Treating Women Like Dogs

306 upvotes | January 23, 2015 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

When I first started working as a personal trainer four years ago I realized something about my female clients. All of them loved punching mitts. Why? Because women spend the majority of their waking lives in an artificial, politically correct work environment. The natural highs and lows of human emotion are prohibited in the workplace. They want to feel. They want to move. But they aren't allowed to and all of that energy gets bottled up. When women are given the opportunity to hit and kick boxing mitts they release that built up aggression and feel a lot better.

So what happens if a woman doesn't have the opportunity to release her energy in a constructive way? What happens if your dog sits at home all day and doesn't have the chance to release his energy? Your dog is going to chew your shoes and your girlfriend is going to start bullshit. It doesn't matter that you're really good to your dog and give him the best food and pet him all the time. He is going to fuck your shit up. It doesn't matter that you're an understanding beta who treats her right[®]. She is going to fuck you up over laundry, the groceries or something you said. Your bitch doesn't care. She has a ton of pent up energy and you're her toy.

Being passive conflict averse beta does not work because it doesn't solve the problem. No matter how much you dodge and redirect she will continue to start shit until she has satisfied her need for stimulation. Left unchecked she will beat you down into oblivion and blame you for it.

So what should you do? You need to provide her with a physical and emotional outlet. You have to *force* her to workout and workout correctly with intensity and purpose. If you don't then you will have a sedentary, lazy, average person in your life who will drag you down into her mediocrity.

You also need to provide an emotional release. Fuck with your girlfriend. Unhook her bra in public. Call her a sunflower and squirt her with water. Fill her car with balloons. Women need drama in their lives and childish pranks are a thousand times better than adult arguments. Obviously she is going to prank you back and that's definitely part of the fun.

No doubt some This Is What a Feminist Looks Like is going to read this and get offended. Here's a thought. If you're a bitter bitch that flips out over childish pranks, then you aren't relationship material anyway. If you find taking care of your body to be repulsive, then its only a matter of time until you're vagina spurts out diabetes lard babies. If you're mad you failed the shit test. Dating a feminist is like getting atop a crippled horse. Its a bad idea for both of you.

For updates on my posts and a picture of my girlfriend's back development
Follow me on Twitter [@GayLubeOil](#)

The Golden Cock

327 upvotes | January 28, 2015 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

As many of you know I'm basically the Red Pill Moses. I'm doing my best to rescue you guys from Blue Pill slavery. Guide you through the Sinai anger phase desert. Fight off the purple pill Hittites. So that in the end, I may deliver you to the alpha promised land.

Unfortunately, while I'm up on the mountain chiseling the Red Pill commandments, some of you fucking Jews are smelting your jewelry into a Golden Cock. As long as you cunts worship the Golden Cock, there is nothing I nor any of the other Red Pill prophets can do for you.

A Golden Cock worshiper is anyone who claims to be too alpha for improvement or game. Rather than taking pragmatic steps towards getting to the promised land, the cock worshiper sits in the desert and worships the Golden Cock. While Cock worship might feel good, it doesn't get you anywhere.

O hallowed Gaylubeoil! How doust I knoweth a man to be a Cock worshiper, if mine own eyes were to behold one? Allright. I'll give you some examples so that ye shall know.

Thou Shalt Lift, is the first Red Pill commandment. because the easiest way to fuck girls is to look like someone they want to fuck. A corollary is that you should eat right and moderate alcohol consumption. The other day I came upon a man polishing the balls of the Golden Cock. I asked him: Why do you not obey the first commandment? He replied, "not everyone wants to look like a Jersey Shore cast member." Sure everyone has a right to look like whatever they want to. But don't expect much pussy when you look like Chumlee.

The True Alpha is a a particular brand of shaft shiner who objects to sensible advice because he spends all of his time reading internet bro theory instead of figuring shit out in the real world. This is the same brand of fuck who thinks partial reps are bad form. Why? Because he read somewhere how something should be done and now sees any deviation as wrong.

So Valentine's day is coming up and a bunch of the Golden Pube trimmers think they're too alpha to play the game. It's a stupid holiday where women expect presents and giving them presents is beta. Here's a thought, all holidays are fucking stupid. But I still play the game. On Halloween I have hoes all up on my fireman hose. On Christmas i'm unwrapping my sexy present. On Valentines day I spend \$5 on a cupcake and \$10 on themed lingerie for my girl. So go ahead be a conscious objector to Valentines day on moral grounds. I'm going to be all up in all kinds of orifices while you Golden Dick wranglers run dread game on your masturbation hand.

Not Worth It Finally there is a certain subset of men who have given up on the self improvement journey. They rightfully know the road to be long and perilous and have decided to die in the desert. Lifting is not worth it. Going out isn't worth it. Relationships aren't worth it. All of these things are not worth it until you are good at them. Sitting at the high stakes poker table isn't worth it until you know exactly what you are doing. So get the fuck up and keep trying because saying it's not worth it, isn't worth it.

Being the Red Pill Moses is hard work. Sometimes it means standing up to the Feminist Pharaoh. Other times it means performing Red Pill miracles. Unfortunately, being Red Pill Moses also entails beating the fuck out of some with the stone tablets, for the apostasy of Blue Pill Golden Cock worship. Stop worshipping the cock. Stop grooming its golden pubes. Stop rubbing its shiny balls. Stop drinking from its metallic urethra.

Follow me on twitter into the promised land.

Pajarito and the Bullfight

282 upvotes | February 11, 2015 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

To be a straight man in this day and age is to be a bull in a bull fight. On one hand man is one of nature's most powerful creations. He has the capacity for unlimited drive, energy and potential. On the other hand he is trapped in a rigged game whose end goal is his submission and destruction.

Tercio de Varas In the first stage, the man is tested. He is made to run the ring. His behavior is analyzed and recorded by his masters. His work ethic and drive are graded. Any peculiarities that he possesses are written down so they may later be exploited. Upon entering university, picadors professional leftists lance the man with guilt, obligations and morality. All men are rapists. One in 5/4/3 women are raped. You should feel guilty about slavery. Don't take up too much space. Open doors. Check your privilege. A man thus encumbered grows tired and becomes less able and willing to fight.

Tercio de Banderillas In the next stage of the man's life he enters the workforce. The promise of the American dream is waved in front of him. He hopes for a big house, an emerald lawn, a happy family and an eager wife. He naively chases the dream waving in front of him while succumbing to further lancing. His words and thoughts are policed by human resources. His wife's spending become increasingly elastic. Sex becomes sporadic. He has less time to pursue his own interests and amusements as he becomes further burdened by financial and domestic obligations.

Tercio de Muerte When the man has passed his peak productivity he enters the third and final stage. As the man grows tired he is increasingly unable to meet his wife's growing expectations. Still he chases the cape. He does everything in his power to achieve his dream. He attends family and marriage counseling. He pays for expensive vacations to reinvigorate his marriage. He gives his wife her space and tries to be less controlling. In the end his efforts are futile. On his last pass through the cape he is pierced by the sword of divorce, so that he may bleed out alimony until his death.

Pajarito Some bulls see the game for what it is and play anyway. Other bulls lay down and refuse to play the game preferring slaughter to humiliation. Pajarito was a different kind of bull.

Upon entering the arena he looked around and saw that the game was not for him. He paid no attention to the cape nor the matador. Instead he set his eyes on the arena's enclosure. He sprinted towards the 15 foot wall and leaped over. Once across he no longer had to play the crowd's cruel game. Now the crowd was forced to play his game. He charged, gored trampled and stomped. In that moment he was everything a bull is supposed to be: powerful, fearsome and unyielding.

Had the bull been left unmolested to eat dandelions in the meadow this tragedy would not have occurred. If Pajarito had been an average bull he would have been exploited without incident. Yet such was the fate of Pajarito and such was the fate of the crowd. Not all bulls are the same. Some bulls fly.

Matadors and Ranchers

There are people who find issue with Red Pill and it's bulls. They say that bulls shouldn't lock horns, stampede or overgraze pasture. They say that bulls shouldn't be bulls. They say that it would be far more convenient if bulls acted more like cows and castrated steers. To a bull it doesn't matter what they think. Matadors and ranchers have no interest in a bull's well being. A bull can only negotiate from power. A bull can not negotiate from the pen.

Do not let yourself be herded. Do not let yourself be exploited. You have but one life to live and you do not have time for the pen. Jump the pen. Fly. Be the bull that you were born to be.

For updates follow me on twitter [@GayLubeOil](#)

A Tale of Training Butts and Crabby Bucket Sluts

176 upvotes | February 21, 2015 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

One of the greatest frustrations in personal training women, is no matter what the fuck you say bitch won't eat after a workout. It's the same every time. Woman comes in for a fitness consultation. I want to tone my arms, flatten my stomach get a nicer butt. Alright chill. Come up with the ultimate booty beat down training routine. Run her through squats, deadlift, glute bridge and a bunch of miscellanies shit. Ill fuck a booty up like Ray Jay. Tell her to eat more meat and fish especially after training and cut down on processed food.

Naturally she agrees and doesn't change anything. Couple of weeks later she's complaining about being sore and tired. Yea its cuz you're not eating. When you put more physical demands on your body you need good food to repair it. She agrees again and continues drinking starbies, not eating red meat and skipping breakfast. Apart from Liam Neason tracking a bitch down and force feeding her healthy food, there isnt much you can do. Ultimately, her physique improves but not as much as it can. Eventually she starts developing a crush on you because women like being alpha'ed into doing shit. You decline the snake charming because you prefer the money.

As a profession bitch wrangler I began to wondering what would happen in a magical world where I had a 100% female compliance rate? Then I got into a serious relationship and had the opportunity to find out. Honey, you want to workout with me couple times a week? Awesome now I have a subject for my female butt experiment. After 8 months of heavy lifting and feeding her Whole Foods top sirloin and salmon, the results are in: women who eat lean protein instead of processed crap get more gains. All kinds of gains.

In 8 months my test subject went from untrained to squatting 135 x 5, 80 pound 1 RM push press and doing unassisted pullups. The gains are real. Her posture is a lot better and a lot of people have noticed. Which brings me to my next scientific discovery.

What happens when a woman rapidly improves her appearance in an office full of thirty year old divorced hams? They get jelly. Suddenly all of her clothes are no longer work appropriate because toned arms and legs remind fats of their cankles and bingo wings. Chunckle Mcdunklers hate it when other women outshine them and will find excuses to shoot down high fliers. You would think out of shape women would ask for workout tips. Nope. Fats gunna fat. Which means waddling over to HR and complaining about skirts and tops. Which is kind of ironic. Because you know what's more unprofessional than a tight skirt? Being a fat sweaty sack of shit.

Check out my girlfriend's back development on my twitter [@GayLubeOil](#)

Men Without Faces

200 upvotes | March 4, 2015 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Remember the first time you got into a Honda Civic? What about your first taste of ketchup? How about that time you sat in a plastic lawn chair? No? Why not? Aren't all of these these things useful and nice to have around? Why can't you remember these things?

How do you know that you're not a white cotton polo shirt? How do you know that you aren't a paper napkin? A bowl of rice? How do you know that you aren't a faceless fucking man that is easily forgotten and disposed of like a plastic spoon?

The reason women don't want to fuck you is because you are a nothing. You are a nobody. It doesn't matter what you think. How you feel. Or what your name is. Because there is nothing special about you. You sit quietly, follow the rules and hope desperately not to offend anyone. If you were to kill yourself today, very few people would notice and even fewer would care.

So how about you change yourself and become something. How about you stop medicating yourself into comfortable mediocrity with porn, alcohol, marijuana and media? How about you wake the fuck up from your self induced coma and start living your life. Because everyday you are closer to death and you don't have time to Netflix and chill. Maybe then you can be something that people will remember. When the fuck are you going to start living? You timid bitch of a man.

Are you in class bored out of your mind? Ask the most impossibly retarded question imaginable.

Stuck in an airport waiting for a connecting flight? Find out if a fatty knows how many calories are in her slop burger.

Waiting in a long line? Tell the person behind about the nasty porn shoot you were in. Then insist on shaking their hand and patting them on the back.

Stop running from conflict and hardship. You are not a fucking woman, whose sole purpose in life is to birth babies and be comfortable. You are a man. Your potential is infinitely greater than that of a woman. But if you are to live up to your destiny, then you have to stop living like the women and androgynous betas around you.

Will it be hard? Most definitely. But that difficulty and struggle will shape you into what you were born to become: a strong confident man. There will be naysayers along the way telling you that you can't. Don't listen. You can. Its they who can't. The reason they think you can't is because they cant. They are projecting their faceless mediocrity onto you.

To be a young man is to have infinite potential. Don't let the guilt and shaming tactics used against you by feminists distract you from this fact.

Follow me on twitter [@GayLubeOil](#)

If you have Photoshop or artistic talent and are interested in joining me in [Black Knighting](#) please PM me your email. There are a hundred thousand of us and its time that we take the offensive.

GLO's Amazing Debate Show

18 upvotes | March 25, 2015 | /r/PurplePillDebate | [Link](#) | [Reddit Link](#)

Child Predators

654 upvotes | March 30, 2015 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

About eight years ago I joined a college fraternity. I don't really know why. Maybe it was because the fraternity was really good at recruiting that year. Maybe it was because I came to US from Russia and wanted the complete American experience. Maybe it was because I was bored as fuck in my dorm. Eight years ago I joined a fraternity and it was an eye opening experience.

For all of the Lumberjacks, Kangaroo Wranglers and Red Coats out there who don't know, a fraternity is basically a group of about two hundred dudes who pool their money together and throw parties. They have meetings, fundraisers, member recruitment but its mostly about the parties.

Fraternity parties usually have a theme so that the girls have an excuse to dress slutty and the guys can show off their muscles. For me the college formula was pretty simple. Go on a couple dates with a girl. Get matching costumes. Go to the fraternity party and have a good time.

I definitely enjoyed myself at those events and every girl I brought did too. It was a good break from busting my ass to get into law school. The problem is there was a group dedicated to fucking up my good time. They would accuse fraternity guys of being rapists. They would make up stories about drugged girls. They would try to shut down our parties because they figured out a ways to get offended at the themes. Any complaint they could file they did. Any lie they could tell they did. Anything these fuckers could do to obstruct happiness they did.

Who were these rancid sacks of shit always standing in the way? Feminists, Social Justice warriors and turd gobblers of every shape and size. No one enjoys the company of turd gobblers. So they make it their mission to fuck other people's lives.

What you need to understand is that feminists are **Child Predators**. They make their money and careers destroying the lives of 17 and 18 year old boys. Young boys who don't know how to defend themselves and are easy prey. Feminists are organized, motivated and couldn't care less if innocent boys go to jail.

They are organized motivated and aggressive but what are we? I am going to tell you something and don't you fucking forget it while you are here in this mosh pit of a Sub Reddit. That confused grammarless boy in Asktrp that's 17 year old you. That divorced dad posting his life story in one gigantic paragraph, that is 55 year old you. That fucker trolling the queerjinas in PPD that's 25 year old you. They are all you and you are them.

You are free to do whatever the fuck you want in this sub and in your life for that matter. But I'm going to tell you what I'm going to do. I am going to continue (perhaps vainly) trying to lead boys to greatness. I am going to continue answering hundreds of PM's and going on Skype calls in the hope that I can transform some of you into masculine, muscular, successful men. So that one day, when you are powerful influential and domineering, you will strike back at the feminists. The same dried up fat cunts who did everything in their power to get between me and the women I loved, they are going to have a horrible problem. That problem is going to be you.

Every day The Red Pill is getting bigger and stronger.

Follow me [@GayLubeOil](#)

Seduction is Sales

87 upvotes | April 13, 2015 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

With all the choking on bitter Red Pills this sub can often be a negative place. Its my intention to lighten the mood by attacking the issue from a different angle. Thus GayLubeOil is proudly reposting his female objectifying masterpiece: Seduction is Sales, for all you cis shitlords that weren't here a year ago.

Every day Starbucks sells a shit ton of coffee and Gillette sells an assload of razors. If you posses more life expiriance then a 12 year old you would know that both of these products suck pretty hard. Why are these products so successful? Because, presentation is the product.

If I stood in front of Starbucks in plain clothes with a cooler filled with the best coffee in the world, no one would buy for me. I could be the best barber in the world with the finest straight edge razor, but no one would give me a chance unless I look the part. Starbucks exists because most people prefer the Starbucks expiriance to good coffee. They prefer paying more for the dim lighting, the brown familiar room, and effeminate barista. Starbucks doesn't sell good coffee they sell the coffee expiriance and that's what people want.

Dating is about selling sex to a woman. If you're fat, awkward, unpresentable, your going to have a hard time selling anything, let alone sex. If you want to sell, you have to look the part. No half decent woman is going to buy anything from a dude who looks like the Big Lebowski. The first step is being friendly, well dressed clean, and fit. You have to be a dude that she can be proud of fucking, not someone who's existence she has to deny to her friends.

For most of human history dudes got along just fine without coffee and shaving. All anyone needs to survive is a bit of food, water and a shack to keep them warm, that's why advertising is so important because needs need to be manufactured. A woman doesn't need to fuck and she certainly doesn't need to fuck you especially since there is a massive dick surplus. The need to buy into your dick, just like everything else has to be manufactured.

The nice guy routine, is an example of what happens when the need isn't a manufactured. Im a nice guy im reasonably well of, im clean and friendly! Why wont anyone fuck me? Why wont anyone on the street drink the tasty coffee I have? Until you convince people, they don't want anything you have to offer because they don't need anything you have to offer.

Fear is the greatest motivator, which is why negging is critical in the sales and seduction process. Now a lot of women have a problem with negging and some of you newbs probably do too. That's only because you guys don't understand the process. Buy this shampoo or you can have a dry flaky scalp and split ends, you basic ass bitch. Buy Colgate or you will have yellow pirate teeth. Advertising is negging, when corporations do it its fine, but if a dude does it its patriarchy.

Seduction performed at its highest level, is telling a woman that she is free to not fuck or fuck other dudes. However if she doesn't fuck you she's missing out, and if she fucks the other dudes she's a basic bitch with split ends and pirate teeth. Since you have an abundance of customers you don't really care what she does, but its in her best interest not to be a mop haired pirate hooker.

If the product mattered people wouldn't drink Starbucks and women wouldn't fuck assholes. The only thing anyone cares about is the pitch and the expiriance, not whats in the cup.

For updates on my posts follow me on [twitter](#)

The Red Pill in Context

57 upvotes | April 21, 2015 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

The Manosphere and the Red Pill specifically is locked in an Eternal September. Everyday some seventeen year old boy finds the Red Pill, and quickly blasts out a *Hey Guis How Do I Get Girlz?* post without really taking the time to consider the fact that his situation is not unique and that maybe he should split up his Monolithic Paragraph of Teenage Angst, into something more readable. His questions will be lazily and begrudgingly answered by a college bro who's bored as fuck in lecture. A day or so later a Toronto Woman's Studies grad student will find the exchange and write her graduate thesis on it: *Hey Guis How Do I Get Girlz?: A Culture of Male Entitlement Female Objectification and Rape*.

The irony of the manosphere is that it's participants are too caught up in the details to see the big picture. The boys are busy asking questions. The men are lazily answering them. While the women are doing their very best to get as offended and triggered as possible, so they can at least squeeze some attention out of the whole thing.

To really understand the Manosphere you need to think back to a time before its existence. In the late 80's and early 90's only techy nerds utilized the series of tubes we call the internet. The gender conversation we are currently having wasn't taking place at the same scale. Back then to swallow the Red Pill an alpha had to spoon feed it to you. It could be at a work BBQ or maybe your uncle told you bitches ain't shit after a couple of beers and a divorce. Either way an Alpha had to have enough patience to put up with your Bluepill NAWLT convulsions and enough DGAF to not care about the repercussions of unplugging you.

The problem with unplugging 1.0 is that women and manginas had an easy way to defend against it. Alphas are by definition rare and it's easy to dismiss their viewpoints as statistically insignificant. Furthermore, unplugging takes time and women are masters at shaming men into terminating their association with Alpha assholes. While some men were getting dosed with The Red Pill, many weren't getting enough milligrams to see gains.

In contrast, unplugging 2.0 and the manosphere in general is far more difficult for women to combat. Instead of one uncle asshole there are thousands. It's much harder to dismiss the viewpoints of hundreds of thousands of people. Which is why bloops have given up on claiming TRP doesn't work and have retreated to shaming language and moral statements. Another advantage of unplugging 2.0 is that women can't restrict access to TRP, like they could an association or person. Once a man sees the Red Pill there is nothing a woman or beta can do to stop the flow of Red Pill. While speaking ill of a person is an effective way of isolating him, speaking ill of an online community only drives more traffic (thanks David Futерelle). Thus the strength of the Red Pill and the manosphere at large is that it's immune from female censorship and shaming tactics. The last and perhaps most significant advantage of unplugging 2.0 is that it provides the Alpha a safe distance from the brotege. As cool as Rollo Tomasi is, he would much rather sit in a quiet room, drink scotch, and write books and blog posts than answer the repetitive questions of 19 year old baby alphas in person.

The Red Pill is the men's table at the family BBQ taking place on a colossal scale. Maybe there is going to be a stupid argument like Glock vs 1911. Maybe there will be some insightful information or an interesting discussion. Or maybe your uncle is going to tell you an exaggerated story about his Vegas trip. Regardless the Red Pill and your politically incorrect uncle is a way better time than

feminism and your bitter divorced aunt.

Follow me on [Twitter](#)

Check out my close friend and fellow Russian muscle douche Artemis Dolgan's [YouTube Channel](#):

Swole Patrol

Tell him GayLubeOil sent you

Blood Sacrifice for the Iron Gods

457 upvotes | May 6, 2015 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

The majority of the fitness community thinks that a healthy lifestyle consists of balancing on a Bosu Ball while taking a Jamba Juice cumshot. So I can tell you right now that they are not going to approve of this post. The chubby nutritionist isn't going to approve. The Pilates reformer teacher is going to roll her eyes. The luxury fitness club manager is going to mumble some shit about resistance bands. Real fitness is about forcing your body to adapt to ever higher levels of physical stress. That fact isn't something fitness betas want to be reminded of while they're bouncing on colorful rubber balls trying to relive their childhood.

The modern gym is nothing more than a socially acceptable playground for adults. Most people are there to hurp weights and read magazines on the treadmill. After that they'll meet up with a friend over a 600 calorie latte and bullshit about their workout in an effort to convince themselves that they are not a Fitness Faggot. The easiest way to spot a Fitness Faggot is by their baby hands. Fitness Faggots don't actually lift so instead of calloused Iron Hands of Hatred they have soft silky smooth baby bitch hands. I highly recommend calling out Fitness Faggots. Doing so will increase your testosterone, eases overcrowding in gyms and makes the world a better place.

Now that the Fitness Faggots have fucked off to jumping jacks and bowflex, I can have a serious discussion with real men. If you want to see a dramatic improvement in your physique then you're going to have to make Blood Sacrifices to the Iron Gods. The only thing the fitness Gods reward is suffering. They don't give a fuck about the creativity, variety or trendiness of your workout. They couldn't care less about how many Instagram followers you have or how cool your gym clothes are. The only thing they are going to reward is suffering, pain and misery.

Blood Sacrifice

In order for your body to grow you need to push it to the limit. There are tons of great workout programs out there: 5x5 531 GVT Sheiko Smolov PHAT FST7. It doesn't matter which one you do as long as you inflict a critical amount of stress upon yourself. You have to convince your body that if it doesn't pack on muscle mass its going to be torn apart by bears. Twenty rep squats, bar bending deadlifts and heavy weighted pullups are all rituals mandated by the Iron Gods. A couple of times a week you have to fuck yourself up to such a high degree that you don't know where you are, what your name is or if you are a feminist. Only when the Iron Gods have seen your anguish and tasted your Blood Sacrifice will they bless you with gains.

Animal Sacrifice

The one thing more important than Blood Sacrifice is Animal Sacrifice. If you want to get big, animals of all shapes and sizes have to die in large quantities and find their way into your mouth. Chickens, ducks, lambs, bulls and fish must be slaughtered for the Gods' bloodthirst to be quenched. I know vegans are going to have a problem with this last statement. However one look at 29 year old vegan feminist Alana Massey is enough evidence anyone needs to avoid the nutritional clusterfuck that is vegan-hood.

Why so much meat? Because muscle tissue has all of the nutrients required to repair muscle tissue, in the same way that a ford truck has all the spare parts needed to repair a Ford truck. The fat in meat is a great source of energy for fucking shit up in the gym. Sounds pretty common sense doesn't it? Well

it is.

There is nothing that liberals and intellectuals hate more than common sense which is why most nutritionists and health experts will never recommend the consumption of meat unless your on the verge of organ failure. Instead they'll tell you to eat soybeans, whey and nuts for protein. Which are all great foods. However meat absolutely rapes those foods in terms of muscle restoration properties. Woops forgot the trigger warning. Sorry Feminists.

If you don't believe me then you are welcome to try a high meat diet and see for yourself. Arnold and his training partner Ric Drasin ate a high protein, high fat, high cholesterol diet. So you can take their word for it.

That's all the information you need to become a muscle bound testament to toxic masculinity. A high meat diet and a high volume training protocol is guaranteed to appease the Iron Gods and bestow gains upon you. Whether or not you decide to put needles in your butt is your personal choice. But you are required by law to follow me on Twitter.

Is This a Toxic Relationship?

14 upvotes | May 19, 2015 | /r/PurplePillDebate | [Link](#) | [Reddit Link](#)

Blue Pill's favorite tactic is pulling the alarm and screaming Red Pill is dangerous.

- Maybe the Red Pill does work but its evil and unethical!
- Women are manipulated and emotionally abused in Red Pill relationships!
- Women aren't happy in Red Pill relationships!

These statements appear in Purple Pill debate ad nauseum in pretty much every single post. But here's the thing I am one of Red Pill's top posters maybe even the face of Red Pill. I'm not some moderate that compromises and has issues with aspects of Red Pill theory. In fact my posts make up the core of Red Pill theory.

So if the Red Pill is so toxic, so evil and so bad for women then how come my girlfriend is so happy to be with a Red Pill Superstar?

Looks like the Red Pill just won Purple Pill debate. Sorry Blue Pill. Pack your bags and go home.

Feminists Don't Actually Give a Fuck About Women

581 upvotes | May 20, 2015 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Put down your protein shakes and put on your thinking caps, because I have a challenging question for you. What do modern feminists actually do to help women? First wave feminism got women the right to vote in 1919. Second wave feminists successfully won the war against fetuses and traditional marriage, arguably helping women. But what the fuck are third wave feminists doing to help women? How do slut walks help women? How does claiming psychological trauma and PTSD over offensive internet comments and Tweets help women? How does complaining about men and their numerous microaggressions help women? The majority of the writing on popular feminist websites like Jezebel and Everyday Feminism is predominantly about how bad it is that mean men hurt their feels.

Feminists will tell you that all of these things do in fact help because they raise awareness. Well by that logic, certain adult films raise awareness of interracial relationships and are an equal asset in the march toward equality. This man helped raise awareness about Islamic extremism. Peta says this raises awareness.

Let's take a step back and think about what Team Red Pill does to help our fellow man. First and foremost, the Red Pill offers its members health and fitness advice. This in and of itself aids men in fighting depression, succeeding in the dating market, and living healthy lives. Next, the Red Pill is a place for people like Rollo Tomassi to share their life experiences and in so doing potentially save younger men from repeating the mistakes of the older generation. Finally, the Red Pill is one of the last bastions of masculine free speech, which is something that is rare and dwindling in our current climate of progressive censorship.

The closest thing I've seen third wave feminists do to help women is: Madam Chunkles brandishing her key fist. Which is actually pretty shitty advice given the fact that punching with keys is a great way to break a wrist. The best thing to do for a woman when confronted with a violent assailant is run. Then again Chunkles isn't much of a runner and probably has never taken serious steps to prepare for physical confrontation. What she has been doing however, is indulging in a Fat Violence Fantasy.

Why do feminists spend most of their time writing about themselves and what makes them angry instead of creating content that actually helps women? Because feminists don't actually give a fuck about women, they only care about themselves. Pretty much everything they do demonstrates this fact. Slut walks are an opportunity to get attention. Tear jerking blogs are an opportunity to get attention. Holding a stupid fucking piece of paper with your fat fucking sausage fingers is a chance to feel important and an opportunity to get attention. Everything feminists do, is done first and foremost for themselves and not for other women. Feminists don't actually want to help women themselves. They want men to do something about the problem. They need men to solve the problem because they sure as fuck don't want to do it themselves.

The type of women that are really committed to the feminist movement, the kind that march with placards at demonstrations are more often than not psychotic broken women. Lena Dunum fucked around with her five year old sisters Vagina. Zoe Quin from Gamergate is visibly damaged. Jezebel's Lindy West doesn't exactly look normal.

Feminists and SJWs aren't normal women. They don't look like normal women, they don't think like

normal women, and they don't communicate the way normal woman do. Because of their abnormality they can't function in society in the same way that normal women can. They can't hold down a job. They can't have a normal healthy relationship. They can't enjoy a movie. This makes them jealous and deeply resentful of normal women. However since it is not politically safe to attack women, their anger spills over on to white men; the only group that it is still politically safe to attack.

Feminists are not interested in helping the weak. Their primary objective is attacking strong beautiful people like GayLubeOil and his equally handsome Twitter followers because we highlight their inadequacy. Feminists will never do anything tangible to help women themselves. They despise normal women and prefer creating moral outrage and playing the victim. Feminists want attention, they don't actually give a fuck about women.

I'm not a piece of shit feminist. PM me for life, fitness, and nutrition advice. On a side note, I'm holding a contest to find an illustrator for my upcoming book and brand. If you think you have what it takes check out /r/ BlackKnightContest

Team Red Pill

455 upvotes | June 9, 2015 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

About two years ago I set the OK Cupid filter to Hispanic and sent 20 women the following message: *Ay Chica, I herd you was looking for a knight in shining armor. Girl I gotchu. Ima be your Conquistador girl. Ima conquer that pussy. Hit me up so we can drink hortchata while listening to Pit Bull on Latino 96.3. ¡Horale!*

Two weeks later I was putting my Soviet Missile all up in the Caribbean like it was 1962.

I was met with outrage when I posted my tale of South American jungle conquest to the OK Cupid subreddit . The predominantly Non-Hispanic redditors of OK Cupid found my post offensive and decided to get offended on behalf of the women who sucked my dick. Their analysis was: you shouldn't send messages that might possibly offend someone whether or not they actually offend. No one bothered asking why my allegedly horrible message got more responses than that of The Cat Rapper.

The Red Pill on the other hand, offered an analysis that went beyond personal feelings. Yes the message is polarizing, however women are constantly flooded with compliments and generic bullshit. A message that makes her feel some type of way is more memorable and thus more likely to generate a response. Some of the responses are going to be: *go fuck yourself* and some are going to be: *White boy you funny, pero stoopid*. However both are preferable to the radio silence that betas receive. Offering Latin ladies Pit Bull rides and hortchata sips is a better strategy than beta flattery.

What differentiates Red Pill from other communities is that it's result oriented. The Red Pill encourages what works and discourages what doesn't. If someone posted groveling to The Red Pill he will be encouraged to pursue the cocky and funny strategy instead. If a fat guy asked for dating advice, he will be told to stop drinking calories. In contrast, OK Cupid is a feelz before realz enviroment and gives feel good advice regardless of outcome. The fat guy would be told that its what's on the inside that counts and the beta would be complimented on his cat poetry.

In our culture of feel good political correctness the Red Pill is unique. The men of Red Pill are outcome driven, motivated, and have a staggering number of capable professionals among their number. How do I know this? Because over the course of the past month I've done close to 200 fitness and nutritional consultations via Skype. I had the unique opportunity to talk with Red Pill men across the world, deal with timezones, language barriers, and countless metric to imperial conversions. It was fascinating to hear anecdotes, business plans, and relationship strategies from men across the world and to see all the different flavors of alpha. Interestingly enough, I have yet to encounter a single neckbeard. Probably because neckbeards don't gravitate to Stronglifts 5x5 and self improvement.

The Red Pill is more than just a forum for discussing sexual strategy. It is an amazing talent pool waiting to be utilized for any goal you may have, which is exactly what I have done and what I recommend you do as well. As you read this, my Red Pill Bro Scientists are developing a clothing line specifically designed to increase your alpha points by at least 15%. Get excited.

For updates on my posts follow me on Twitter.

Watch my girlfriend carry a 215 pound Red Pill asshole on Vine

The Red Pill Handbook

76 upvotes | June 10, 2015 | /r/AlreadyRed | [Link](#) | [Reddit Link](#)

As many of you know the Reddit platform is a double edged sword for the Red Pill community. On one hand Reddit is easily accessible, has a voting system that rewards quality content and has a low barrier of entry for new writers. On the other hand [Chairman Pao](#) is making a mess of things lately, the teenage ADHD crew snubs quality advanced material and reading on a monitor for long periods of time sucks dick balls.

I'm a huge fan of [The Red Pill Handbook](#). It has some of the best content ever produced by this community organized in a clear logical way. The only problem is that it is in .pdf format and no one ever gets through a 400 page pdf. I think it would be a good idea to produce a physical hard copy of The Red Pill handbook. That way when Chairman Pao makes the great leap forward we will have a physical copy that she cant fuck with. Plus a community written Red Pill book would be an awesome thing to have on your bookshelf and a great gift parting gift for your Woman's Studies Professor.

We can run a contest on the main sub to find a Red Pill Artist for the cover art. The whole project can be funded on kickstarter and each hardcover book will cost around \$2- \$5 to [print in China](#).

I think this is an excellent project for us to undertake while this community still exists.

The Red Pill Handbook

637 upvotes | June 11, 2015 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

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I'm a huge fan of [The Red Pill Handbook](#). It has some of the best content ever produced by this community organized in a clear logical way. The problem is that it needs more polish and is in a .pdf format so no one ever reads the whole manuscript.

I think it would be a good idea to produce a physical hard copy of The Red Pill handbook. That way when Chairman Pao makes the great leap forward she'll have to pry a physical book of our callused gym bro hands, in order to take the Red Pill away from us.

When and if this subreddit does get banned we can exploit the publicity to bring this book into the public narrative. Someone can wave the Red Pill handbook in front of Dr. Oz's stupid face or mention it on the main stream media. SJW's will try to censor the book, however that will only give it more publicity. There is potential to turn this into a massive unplugging with sweeping cultural implications.

We can edit and polish this manuscript via a Wiki platform. Also I know there are a lot of talented artists who would be an invaluable resource for chapter and cover art. We can print quality hardcover copies for about \$7 a piece on [LightningSource.com](#). The proceeds will be used to help Red Pill school acquire the necessary infrastructure for the new home of the Red Pill.

There is an entire parade of freaks dedicated to our destruction. An amalgamation of human refuse wants to censor your voice and destroy your community. Fuck them. We young intelligent men are the Red Pill. We young Intelligent men are the most powerful force on earth. It's time we take the cultural offensive.

How Many Corpses Do You Need To See?

655 upvotes | June 23, 2015 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Everyday The Red Pill shows you a fresh corpse. Sometimes its a man who's been reduced to a wage slavery by divorce. Sometimes it's a man who's career has been destroyed by the cult of political correctness. Sometimes its the victim of a false rape accusation. Very frequently it's a man who gave everything and was rewarded with front row tickets to his wife's sperm buffet extravaganza.

I call these men corpses because they are shadows of their former selves. They walk without meaning or purpose, engage in little thought and for the most part spend their lives doing what they are told. These men have been fucked so hard, they no longer value themselves. They don't believe they have the power to shape their destiny and have resigned themselves to accepting whatever fate they are dealt. Our world is filled with these men. You don't have to look far to find them because they are all around you.

Why are there so many corpses? Because men are disposable. They always have been and always will be. In the same way that Rome had no problem randomly killing every tenth man in the legion to promote discipline, modern corporations have no problem sacrificing men to promote feminist values in the workplace. The well being of men has always come in second place to society's objectives. There are more than enough mangled bodies buried in the earth to substantiate this fact.

Life isn't fair, especially if you have a penis. So what you need to understand as a man, is that you are under no obligation to play by the rules of the people who view you as an acceptable loss.

Is it wrong to emotionally and psychologically manipulate women? Maybe. But the media has no problem convincing your girlfriend to abandon you and ride a parade of baloney ponies until she finds herself. If you don't control her mind someone else will. If you don't engage in psychological puppetry, she will follow her tingles onto another man's sausage.

Is it wrong to cheat your way through placement tests and university? Probably. It certainly undermines the spirit of academia. But at the same time graduate schools have no problem throwing meritocracy out the window in favor of diversity. Its definitely in your interest to do anything in your power to win a rigged game.

Is it wrong to transfer all of you assets to a Lithuanian bank and move to Thailand to avoid the financial catastrophe that is American divorce? Certainly. But the system does not give a fuck about you and you should not give a fuck about the system.

There are many men out there who are going to disagree with my philosophy. My question for them is: how many corpses do you need to see, before you decide to save yourself? There are piles of nice guy corpses. There are mounds of easy going unassertive corpses. There are mountains of moral men who did the right thing and ended up in the heap. How many corpses do you need to see before you decide not to become a corpse?

Obviously my argument isn't going to convince everyone. I'd actually like to thank those of you who are unconvinced, the stubborn, moral, high minded intellectuals who are too good to push women and children out of life rafts. Thank you. Thank you for your sacrifice. Maybe I can use your salty frozen corpse to persuade other men not to become a corpse.

Follow me on [Twitter](#).

YouTube videos and apparel coming soon.

PM me your Skype information and I'll be your hero like Enrique Iglesias

Get'n Pussy Get'n Gains at the Same Damn Time!

122 upvotes | July 27, 2015 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

What if there was a way to get size, look thick solid and tight, while convincing slookers to show you their cooters? What if you never had to slow down the anabolic gain train? What if there was a way to hit weights, hit poses, and hit the pussy at the same damn time? Luckily for you I GayLubeOil, Red Pill's leading researcher in Bro Science have developed the ultimate dualistic mating/gyming strategy after five years of extensive unethical testing on animals, aka women.

As a gym bro I'm at my peak of my game when I am gyming and broing. That's where I have the most social proof and can demonstrate the most value. Club and bar game has never been my thing because alcohol isn't compatible with my lifestyle. Also club women are usually low quality. Their vaginas have seen more mileage than Cuban cars. I have a lot of things I need to accomplish and the last thing I need is human garbage weighing me down. For the past couple years I've been running gym bro game and it's been working great. I've yet to see anyone else discuss this topic, probably because all fitness dudes ever fucking talk about is chicken, rice, and staying motivated. So without further ado here is the official GLO mating strategy.

Getting Numbers: A woman's number is completely pointless if she doesn't want to see you again. PUA's have trained generations of men to beg for woman's numbers. Well fuck numbers. The Red Pill doesn't need Pizza Hut numbers and has no time for bitches who are flakier than John McCain's scalp on a hot summer day. The Red Pill wants butts in beds. That is accomplished by having a fun conversation, demonstrating value, and suggesting a cool date idea. After that build some dread by telling her that you have to leave to do hoodrat stuff with your friends. If she is interested she will volunteer her number without you asking. If not, you can focus your efforts on other sluts. That is the best way to play the game. The fact that she gave you her number underscores that you didn't choose her, she chose you. This is going to protect you from flakey bitch time rapists. Don't ask for numbers. Be the kind of man women give their numbers to.

The Gym Date: If you are anything like me you have people to offend, muscles to enlarge, and places to march. You're not interested in drinking a \$4 dollar cup of whip cream at Starbucks, while Sorostitute Samantha rambles on about her dreams, thoughts, and aspirations. You can't fuck dreams thoughts or aspirations, so why should you care? That's what makes the Gym Date so awesome. It's not a typical date. You don't have to do the stupid shit that 25% body fat normals do. You don't have to spend money, pay attention to her mouth hole or make eye contact. You can focus on doing what Red Pill men do best: lifting weights and telling women what they are doing wrong.

The Gym Date offers numerous advantages. If she flakes, you can continue your life without interruption. You can stack plates. Double book your gym date and if both women show up, pretend its a coincidence and use it as social proof of how much of a Red Pill Alpha you are. Finally any date where you make woman moan is a great date. Women can't help but moan when they lift, which is why the Gym Date is the greatest Muscle Douche idea since buying cattle pellets.

Understanding the Gym Date: In some ways, Gym Dates are a kind of like preworkout energy stacks. They're all more or less the same, just with different ratios of ingredients. How much of what you put in your Gym Date stack depends completely on personal preference and will take some experimenting. Here are some ingredients to consider.

Touching: Introducing your date to the wonders of lifting is an excellent opportunity to build physical comfort, and not in the creeper PUA groping knees under the table way. Certain exercises like assisted pullups and leg raises provide a great excuse for physical contact. You shouldn't be handsy the whole time so you need to figure out the level of handsyness that works for you.

Difficulty: If the workout isn't difficult enough your date is going to pull out her phone from her sports bra and start finger fucking it on the leg extension machine. On the other hand, if the workout is too difficult she'll die and you will have to drag her into a dumpster and find another victim. Women equate sweating with a good workout so definitely include a medicine ball or plyometric circuit towards the end. Aim for a workout that is moderately difficult for her. That way she will brag to her friends about how hardcore she is. If hanging out with you provides validation from other women, she will continue to hang out with you.

Novelty: Likewise if the workout isn't interesting enough your special lady will reach deep into her vaginal canal and retrieve her smart phone. It's a good idea to include some novel exercises to keep things fresh. Use machines in a different way to prove to her that you're a bad boy Dark Triad that doesn't give a fuck about the rules. Maybe make her do farmers walks because watching a woman waddle around with heavy weight is funny and great for your abdominal development.

Positive Reinforcement Working out is stressful especially for people who don't work out. It's important to provide positive reinforcement from time to time, to maintain her energy and mood. Say shit like: "good job!" and "you did it!". Obviously, you don't want to over do this one, but it is definitely a necessity.

It will take a couple of times to perfect the Gym Date, but once you get it, it will be a valuable tool in your arsenal. The one thing you can do to make the date easier, is wear an official GaylubeOil Alpha shirt. The shirt is so fucking Alpha its \$19, printed on American Apparel, and professionally illustrated. Only a brain dead feminist could pass up such a great deal. Then again, my shirts arn't available in XXXL so they're not exactly SJW friendly.

Support your favorite Red Pill Superstar and grab a shirt. You guys deserve amazing Red Pill YouTube content, and this is how I'm going to make it happen!

GayLubeoil's Introduction to Psychological Manipulation

674 upvotes | August 11, 2015 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Why do so many women repeat the phrase: *I'm a Strong Independent Woman*? Why is our media completely saturated with this phrase? More importantly who decided on the phrase. And finally, what is the propagation of the phrase meant to achieve? For something to be this widespread it has to be profitable, otherwise why spend the money to spread it? In fact, Strong Independent Women are very profitable. They buy large quantities of discretionary items, force betas to spend large sums of money, and reject financial restraint on principle of their manufactured *needs*. Strong Independent Women are worth it, not to the losers who date them, but definitely to the people who sell them shit. A more complex question is how do corporations condition women to be good consumers aka Strong Independent Women? The answer is psychological manipulation, but when a corporation does it, it's called marketing.

A keystone of Sigmund Freud's Psychoanalytic theory is that human attitude, experience, and thought are largely influenced by irrational drives that are rooted in the unconscious. That's why modern advertising speaks directly to the unconscious rather than to logic. The implied message of this [Mountain Dew advertisement](#) is that the product bestows an irrational exuberance on those who drink it. Obviously, this an absurd claim for a sugary caffeinated beverage. However, advertising is so effective, especially with repeated exposure that [Fatty Francis](#) has fully internalized the message and made it part of his identity. The absurdity of Fatty Francis identifying with Mountain Dew is obvious to most people, but [Strong Independent Women](#) identifying with \$500 purses is the same exact stupidity just with different objects and different idiots. Nevertheless, it is the cultural norm. The west is a society of Fatty Francises and Basic Bitches, precisely because of the power of the psychological manipulation that is advertising.

It's easy for corporations to [set cultural norms](#) because western culture is a entirely produced by corporations. Every media product whether film, television show, song or news story was produced by [one of six conglomerates](#). People do what they think is normal and media exists to tell them what normal is. Twelve year old girls think Disney Channel behavior is normal. Young adults believe romantic comedies constitute normal. Plenty of thirty and forty year old women think [Sex and the City](#) is normal behavior. Normal is whatever corporations say it is and if they say buying a \$500 Channel purse is normal than its normal. Transvestites weren't considered normal until Bruce Jenner was Photoshopped to look more [womanesque](#) on [Vanity Fair](#) and placed in every super market checkout stand in the country. Homosexuals weren't widely accepted by the public as normal until they started kissing on television screens to [aww tracks](#) in the early 2000's. In the west people do, say and think what the six corporations tell them to.

Given the prevalence of psychological manipulation, isn't it time that [the Alphas of TRP](#) get in on the action? As much as being an imposing muscular asshole is satisfying, you can't exactly [lead through fear and intimidation](#) in 2015 like you could in the good old days of [2500 BC](#), when men were men and women were war trophies. Psychological manipulation is the perfect tool for the modern era because while it has a proven track record of success, it's still poorly understood by the general public and virtually undetectable to the layman. This means you can mind-fuck shamelessly without worrying that people are going to catch on. Thus in an effort to transform the misogynist shitlords of Red Pill into psychologically manipulative shitlords, I the great Brolosopher GayLubeoil proudly

present a few of my favorite tactics.

Priming: Tired of dry frizzy hair? Have you always wanted bright white teeth? How about leak-proof tampons? A common tactic of advertisers is to put people into an insecure needy state and then quickly offer a solution. Whenever Republicans talk about September 11th they're trying to make you a fearful bitch, so you'll be chill with the NSA ass-raping your constitutional rights. The theory behind priming is that exposing a person to one stimulus will influence their response to another, as long as there is an easy relationship between the two. The best emotions to prime with are the strong ones like fear, hatred, and pride. If you're trying to prime your wife to workout with you, talk about how much prettier her sister would be if she wasn't chubs, so she'll become fearful of becoming chubs herself. Prime your girlfriend into getting sodomized by talking about birth control failure rates. Prime college freshmen into becoming feminists by talking about date rape, abuse and GHB. The choice is yours! Priming is an excellent introduction to the world of psychological manipulation because it's one of the simpler tactics to perform. Try priming first, before graduating to grander levels of mind-fuck.

Pattern Interrupt: While priming is used to create states and associations, pattern interrupts are used to terminate and disrupt them. There are several methods that are used to this effect. Rhythmic beats, flashing lights, and the repetition of simple mantras are used to disrupt thought and increase conformity. NLP practitioners swish their hands in front of people's faces to disrupt their eye cues, in order to prevent them from accessing negative memories and associations. It is also possible to achieve a pattern interrupt by jostling or moving a person unexpectedly. For example, whenever my personal training clients look like they're ready to quit after a particularly difficult set, I quickly disrupt their negative thought pattern before it is initiated. I might pull them and say that I saved them from getting bumped by another gym patron. I might brush a non-existent thing off their shoulder or I'll direct their attention to something distracting like an ass in tight yoga pants. Once their attention is diverted from the negative, I'll refocus it on something positive by asking about that funny story they never finished or that cool thing they never got done explaining. Then I'll interrupt them again and tell them to finish their final set of squats. Another application of this method is twirling a club slut before she can say: "I have a boyfriend." A prerequisite for this tactic is being the kind of dude who can touch people without coming across as weird.

Embedded Commands: People generally don't like being told what to do and have a natural inclination to resist direct commands. One way to bypass this cognitive defense mechanism is to embed commands within a larger statement or question. This is done by delivering the sentence as normal while delivering the command portion with a command tone and without inflection. Here are a few examples:

- Do you think *guns cause violence*? (a progressive favorite)
- You can *talk to me* when you're ready.
- When *you feel like buying*, just give me a call.

Since its inception on Reddit, the Red Pill has been accused of teaching men how to psychologically manipulate women. However up until now, no one has ever written a Psychological Manipulation Guide. As a Shitlord pioneer, my hope is that together we Red Pill men can take our shitlording to ever greater highs. My dream is that with time, the Red Pill will grow to offer a high quality buffet of shitlording that satisfies every misogynist's taste. I know that the laws are stacked against us. But the

feminists can never defeat us, because we have biotruth on our side!

If you are interested in GayLubeOil souvenirs after reading me for all these years

Grab a quality American Apparel GLO Shirt for \$19

GLO's Cooking Show

44 upvotes | August 14, 2015 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

So today I met with a media production company to pitch my Red Pill Cooking show and they were very excited. Red Pill cooking show what the fuck? Hold on, let me mansplain.

From my Skype fitness consultations its pretty clear that the main roadblock for most of you in making gains, is your beta bitch eating habits. I need Red Pill to be an Army of Alpha Macho men not 70 Kilo Dude-Boys. I'm also interested in expanding to the YouTube platform because I have the potential to generate a much larger following and market my shirts more effectively.

For these reasons I will be expanding to the YouTube platform. The only problem is that to maximize my resources I have to shoot multiple episodes on the same day. Which means that im going to need to write a lot of scripts and have a lot of ideas for ways to cook healthy food with sluts.

Right now I have several concepts in mind:

- Spicy Latinas cooking steak with a spicy marinade
- Asian Girls and Teriyaki Chicken
- Indian women cooking Turkey

If you have any suggestions for how I should execute my ideas or even better ones, please post them.

The Ultimate Red Pill University Guide

21 upvotes | August 28, 2015 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

In a couple of weeks, thousands of Red Pill men will invade university campuses and begin their misogynist rein of terror. Manspreaders will spread. Snowflakes will be triggered and Fats will be shamed. A lot of work goes into being a Red Pill College Superstar. You're going to have to sit through boring lectures, disable fire alarms, and learn important skills like herding sluts. No one said it was going to be easy. Luckily for you, I the wise and magnificent GayLubeOil, have chosen to help you. I have written The Ultimate Red Pill University Guide so that you can become the manipulative Red Pill Alpha you were destined to be and more importantly so that you will buy my shirts.

Human Capital: Every second you spend in your dorm room squeezing your baby sausage, playing video games, or reading non-GayLubeOil posts on Reddit, is time wasted. Why? Because there are literally thousands of people walking around campus waiting for you to exploit them and that isn't going to happen if you're covered in semen holding an Xbox controller. Human capital isn't built in isolation. Human capital is created by meeting people, figuring out their strengths, and bringing them into your frame. Human capital is what you are going to use to amass life's three most important resources: knowledge, money, and vagina. So get the fuck out of your dorm and go meet people until your phone is packed with names like Calculus Ken, Rim-job Rosana, and Trashy Tessa.

Slut Ranching: Every person has a purpose. For sluts that purpose is taking dick. Sluts don't make good wives, girlfriends, or friends because taking strange dick is their top priority and supersedes any and all meaningful obligations. The other side of the equation is that most men are thirsty as fuck. Thirst supersedes logic. A man who thinks with his penis is not reasoning with his mind. Such men are easy to exploit, just ask any purse, jewelry, or fur coat salesman. This is why slut ranching is so profitable. Men make horrible decisions in the presence of sluts. Which is why you should surround yourself with sluts and seek to profit off of lesser men. College campuses are packed with sluts. Try to friend-zone as many as you can, so you can herd them to social events. Bringing sluts is one of the fastest ways to build social value. It won't take long for men to start begging you to bring your sluts at which point you can name your price.

Nerd Herding: Unfortunately, there is more to university than finger blasting Sorority Samantha before shaking hands with her dad. University is all about grades. Grades are what are going to get you into grad school and postpone your entry into the job market until the coming off the Antichrist, at which point the economy won't matter anymore. So how the fuck are you supposed to get A's while taking classes like linear algebra and organic chemistry? Nerds. It's far easier to learn from nerds than Professor Tunak who only talks about shit that isn't on the test. Nerds digest the information for you, arrange it into neat outlines, and make studying way easier. Unfortunately, nerds aren't going to let you mooch indefinitely, you need leverage. Take your nerd to small social gatherings like barbecues, introduce him to the girl he's going to pedastlize. It's kind of like being a CIA handler or Steve jobs. As long as the nerd gives you what you need you give him what he needs. The second he stops being useful dump him like Steve Wozniak.

Building Value: While exploiting other people's value is awesome, it is important to have something of your own to bring to the table. Value takes many forms. Knowing how to mix good drinks is value. Grilling a great steak is value. Driving viewers to a web site is value. Value is contextual. To

be successful you need to understand your value and how to get the best price for it. If you feel that you lack value you can always build it, especially if you are young. So get out there and utilize your value, build your value, or exploit other people's value. Anything is possible, especially if you are the kind of person who has no problem looking a man in the eye and firmly shaking his hand, after vigorously finger-blasting his daughter.

All Men Are Like That

743 upvotes | September 10, 2015 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

The Red Pill subreddit has existed since 2013. Over the past two years we as a community have more or less come to the consensus that modern western woman are not to be trusted. Sure there are definitely some good ones out there. However, today's women fully understand that if they are getting cock-blasted in cowgirl position while their husband is getting blasted by munitions in Afghanistan, they stand to win all sorts of cash and prizes in a glamorous divorce extravaganza. It is precisely because of such perverse modern incentives that the Red Pill cautions men not to trust women. All women are like that, is repeated ad nauseum because enough women are, that men have no choice but to be careful.

But what about men? After all if we can make a broad generalization about modern women, we can definitely do the same for modern men. So what are all men like? **All Men are Betas**. Which is to say *most* to the point where it is nearly indistinguishable from *all* men are weak insecure betas. Let that one sink in for a bit. I know it hurts. You really think that just because you subscribe to an internet forum with repackaged traditional gender roles, you're not a beta? I just triggered some insecure faggot into blasting "I'm not a beta" into the comments in an effort to make himself feel better. Which is hilarious because that's exactly what betas do. They make themselves feel better through porn, alcohol, video games, and sassy internet comments, instead of resolving the underling issue.

How did all men become betas? In 1970 feminist Robin Morgan wrote, "We can't destroy the inequities between men and women until we destroy marriage." Forty five years later it's clear that feminists have accomplished their mission of removing men from their child's lives and replacing him with the state. Feminists obliterated the nuclear family by making divorce easy, profitable, and shameless for women. That coupled with a systematic campaign of demonizing all men as rapists and abusers has fostered an irrational fear of men in women. Consequently, the presence of men in children's lives has been greatly diminished. Boy's are raised in the near absence of strong men. All competitive aggressive and masculine behaviors are discouraged or medicated by the women who teach and parent boys, partially due to a culture that demonizes masculinity. Boy's raised without masculinity can not be masculine which is exactly why they grow up to be betas.

The other reason why all men are beta is biological. There has been a generational age independent decline in testosterone, in American men. Endocrinology Today cites lifestyle factors, such as increasing use of tight-fitting underwear, increasing room temperatures in American homes and offices, decreased physical activity and an increased in body mass as possible contributing factors. Another possible explanation for the phenomenon are artificial compounds with estrogen-like properties or xenoestrogens. These compounds are present in all sorts of things from lotions to pesticides and when they enter your body through dermal absorption or inhalation they can cause endocrine disruption and make you beta as fuck.

What does all of this mean for Red Pill men? Some of it is obvious. Limit your diet to healthy unprocessed foods. Make fitness a priority. Don't wear tight underwear. Manspread as much as possible. Use a natural soap made from the rendered fat of your enemies. Maybe even talk to an endocrinologist.

However, some of it isn't simple. Understand that you were conditioned for years to be a nice little

beta boy by your mommy, your teachers, and endless hours of good-guy-gets-the-girl media. That kind of deep psychological conditioning isn't easily overcome. The Red Pill can only teach you the rules of the game. The Red Pill can't actually make you better at the game. That takes time, practice, and rewiring your brain by engaging in challenging, stressful, and masculine pursuits like boxing and powerlifting. Until you reengineer your mind and become anti-fragile you will always have approach anxiety, social anxiety, and confidence issues.

The next thing you should know is that you better try damn hard to change, because most men in your circumstance have failed. What percentage of men do you think will make it through a 12 week Stronglifts program after swearing up and down that they will do anything to improve their bodies? I can tell you from first hand experience its 10-15% maximum. Back when I worked for a commercial gym, my manager used to wave a spreadsheet in the air laughing at all the commission he was making from the losers who didn't show up, but still paid dues. You know why? Because fucking betas out of wads of cash through bullshit contracts feels amazing. Fucking beta's wives and girlfriends feels amazing. Reaching your hand out and taking from another person as they watch helplessly, feels amazing. People would rather die than give up on that feeling because that's how fucking amazing it is. The EMSK Poster partially understood how brutal the Red Pill's game can be and decided not to play it. What he didn't realize is that by intentionally keeping himself vulnerable he was leaving the door open for the wolves. The only thing that can save a man from the wolves is becoming a wolf. If you want to complain about how unfair wolves are for manipulating men the same way you aspire to manipulate women, the Red Pill isn't for you. Be grateful for all of the wolves who have chosen to tell you the art of wolf. In the wild wolves eat sheep without telling them why or how.

Which brings me to my last point. The Red Pill isn't for most people. Reading the Red Pill will only help you, if you are willing to do the Red Pill. Most of you talk Red Pill without doing the Red Pill. Most of you are physically weaker than my 5 foot 2 112 pound girlfriend and are more than happy to remain that way until you die. The Red Pill isn't helping you its only making you upset, so do yourself a huge favor and hit that unsubscribe button. After that maybe sit down on a comfortable couch open a beer and watch some television. Maybe after three hours of that get your dick out and masturbate furiously until you shoot a fat load onto your fat fucking man tits. You're welcome for the motivation.

If you feel my writing or Skype fitness consultations have helped you and would like a souvenir:

Check out my quality screen printed American Apparel shirts

Available in an assortment of problematic triggering colors from:

White Privilege, Misogynist Mint, Red Scare, Yellow Fever to Black Panther

Your Brand of Alpha

558 upvotes | September 16, 2015 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Couple years back when I was still an undergrad in university I had an Italian friend named Constantino who was in the U.S on a student visa finishing up his PHD. Constantino was very passionate about food, he was passionate about food in the same way that South American men are passionate about Soccer. If the subject of conversation ever turned to food, which it always did, he would get Italian loud and wave his hands in the air with excitement.

Constantino met a girl named Ashley on campus, did the generic coffee first date and then invited her over to his place for his homemade risotto. Obviously, for a 21 year old girl, this is a substantial departure from the standard American college dating protocol. However, no woman is going to say no to: "If you do not come you will die not knowing the taste of true Italian cooking."

So Ashley shows up at Constantino's house ready to be fed. Constantino gets all of the necessary ingredients and then tells her to dice an onion. As most of you know, twenty year old American women are clueless in the kitchen. Their mothers were too busy being strong and independent to teach them anything of value. Ashley has no clue how to dice an onion so instead she pulls out her phone and begins finger fucking it. When American girls can't handle a situation they bury their faces in their phones like an ostrich.

Nothing can get in the way of Constantino and his cooking, not even american female mediocrity. "How can a grown woman not know how to chop an onion? This is a travesty!" Constantino levels the bitch out for not knowing how to chop an onion. Then he teaches her how to chop an onion. Then forces her to practice chopping onions, as Constantino sees it: for her own good and for the good of her future children. Which is to say Ashley got hit with raw European patriarchy.

That night Ashley had sex with Constantino and a couple of months later she became his girlfriend. Why? Because passion, decisiveness, and confident male leadership are a huge turn on for women. So what's the moral of the story? Should I publish a Pick Up Artist book called Constantino's Italian Sex Method with a full chapter titled the Onion Neg, so that a bunch of 18 year olds can follow a script in the hopes of getting laid?

No, because that's retarded as fuck. Women are attracted to masculine traits. They don't care how those traits are exhibited as long as they are exhibited. If you are passionate, confident, and have vision, women will find a way to fuck you. If you imitate those attributes without actually possessing them, women will see through your bullshit and avoid you like a used tampon.

There are infinite ways to get laid. I do it by being a Siberian Muscle God. Constantino does it by being an Italian Kitchen Emperor. **You have to find what works for you through painful trial and error. No one can give you a vagina formula, because it doesn't exist.** Sorry AskTRP. We can only point you in the general direction and tell you to go figure it out, stop being a bitch, and for the love of Siberian Muscle God, go lift.

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GayLubeoil's Guide to Taking the Ultimate Shirtless Tinder Selfie

352 upvotes | September 30, 2015 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

As Red Pill's Chief Bro Scientist it is my duty to inform and advise the men of Red Pill on fitness, lifestyle, and problematic misogynistic behavior. During my tenure, I have helped men put meat on their frames by telling them to eat more meat. I pioneered the Theory of Alpha Relativity, the belief that Alpha is relative and that each man needs to discover his own brand. Finally, I published a comprehensive guide to psychologically manipulating women into anal sex. Today, I am ready to present my latest findings, with the hope that my meticulous bro-research will aid you in finding hot singles in your area.

There are an ass-load of dating profile and slut messaging guides floating around the internet. The problem is that **your picture is the most important part of your dating profile**. Do you really think a few quirky lines are going to help an out of shape beta get dates? Fuck no. But betas love that shit because it's yet another opportunity for them to intellectually masturbate and avoid real self improvement. I'm not in the business of giving false hope to betas. If you don't have the body don't waste your time in the hookup scene and don't waste the Red Pill's time with your: I'm a fat sophisticated gentle-sir bullshit. In fact, if you are anything over 18% this guide isn't for you. This advice will help fit athletic men get laid, it is a colossal waste of time for fats. So to all of the fats still reading this: go be fat somewhere else. If you find this offensive, please support the Red Pill moderation team by pushing the unsubscribe button with your cheesy orange fingers.

A good shirtless selfie is proven to increase your odds of getting a date especially if you're in the younger range of the dating spectrum. Yes a lot of people believe shirtless selfies to be douchy and women will not hesitate in telling you that they are. However, as with many things women say one thing and do another. Which is to say, women have no problem shit talking talented shirtless selfie photographers to their peers, while at the same time bouncing up and down on their penises. Yes the shirtless selfie game is douchy, but I'm going to teach you how to be the best douche in the pile.

Lighting: Some people think that they can just take off their shirt and take a picture of the asshole doing Zoolander's blue steel in the mirror. Well, we here at The Red Pill hold ourselves to a higher standard and that selfie excellence starts with lighting. If you take the photo outdoors which I recommend, do it about an hour before sunset. If however you plan on taking the picture in a bathroom where people defecate or a locker room like me, try to stand almost directly under a bright light in an otherwise dimish room. You want to lean back slightly so that the shadows cast by your abs highlight them. Yes you should flex, especially your abs but avoid the flex grimace and instead go for an easy smile that says: girl you already know. Another thing to consider is a light spray tan. This is a bit far for a picture but if your going to be shirtless in a club or rave, the spray will highlight the fuck out of your abs. One bonus of getting sprayed is that you mark your territory in women's bed sheets with your ultimate orange greatness.

Diet: Nothing is more abominable for your abdominals than being bloated. It doesn't matter how ripped you are certain foods will absolutely rape all your sexy veins, cuts, and striations. If you're trying look your best on selfie day you absolutely have to avoid the following foods on the day of and possibly a few days before your shoot. Foods to watch out for include milk, carbonated beverages,

beans, and generally anything that you have a hard time digesting due to allergies or intolerance. Some great foods to try on selfie day/week are white fish, rice, tomatoes, cucumbers, avocados, and especially celery and asparagus. Another thing to think about is your daily carbohydrate intake. For every gram of glycogen your body retains from carbohydrates it pulls in 3-4 grams of water in with it. While a certain amount of carbohydrates will make your muscles pumped and full, too much will make you a bloated mess. Your carbohydrate tolerance is determined by genetics, so you need to figure out what works for you. Another thing to consider is salt. Salt is necessary to achieve a pump but too much will turn you into a moon-faced mess.

Water: Just as women are a paradox so is water. The more water you drink, the less water you will retain, and the less bloated you will be. Why? Because when you are dehydrated your body gets all beta and desperately holds on to any remaining water it has. Its kind of like how betas cling to women who talk to them because women don't go out of their way to talk to betas. Alphas on the other hand have an abundance of women so they're not clingy at all. What I'm saying is make your body Alpha by giving it the water abundance mentality, so it stops acting like a bloated dehydrated beta bitch and retaining all that water. That Red Pill Bro Science Bio Truth is solid enough to take selfies with.

There are a lot of different ways men try to prove their value to women on the internet. Some dress up like classy gentile-sirs in fedoras. Some write poetry or witty jokes that women are too stupid to understand. The reason for this stupidity is male solipsism. Betas are looking for funny classy girls so they think that women are as well. The fact of the matter is women on hookup apps are looking for hawt guys to fuck them. So do yourself a favor and set aside your opinion of what you think women *should want* and give them what they *actually want*: Hawt shirtless bro with ripped abs.

Break the chains of Beta Conformity and grab an all new [Avatar of Brodin shirt!](#)

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The Triggerpocolypse!

140 upvotes | October 7, 2015 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

As many of you know there's a secret cabal of chunkle-fat SJWs dedicated to silencing and stopping the spread of the Red Pill. Social justice warriors in other subs remove any post mentioning us, hoping to creating a fat positive tranny utopia. About a year ago there was a post: [EMSK Why The Red Pill Will Kill You Inside](#), which made the claim that sexual strategy is immoral, and that rather than play the game you should just find a unicorn. Greater Reddit loved that post, upvoted it, gilded it, and jerked off to it, but that rapidly accelerated our growth and a decision was made at SJW headquarters to censor all discussion.

Nobody likes social justice warriors. They're the fat girls that nobody talks to, the out of shape homosexuals who get screened at gay clubs, and [the manginas trying to cash in their White Knight points for pussy](#). Social justice is their only semblance of validation which means that they're ego invested in perpetually bitching about us. Since nobody can stand those lepers, their tear-jerking brought most of us to the Citadel of Misogyny. In the same way that social justice warriors are powerless to stop the growth of their [fupas](#) they're also powerless to stop the growth of The Red Pill.

The Plan: Today, I GayLubeOil, Emperor of the land that shalt not be spoken, give unto thee my unholy ritual to bring forth the Triggerpocolypse. We shall hold a design contest to make [trigger stickers](#). These stickers will humorously espouse who we are, trigger SJWs and [have our emblem](#). The majority of our users are college age, and will provide exposure by stickering campus. The genius of The Triggerpocolypse, is that it's easy and cheap to implement anonymously. This is a modern [pamphlet campaign](#), a strategy that worked great for the Protestant Reformation and the American Revolution.

Contagion: Every western University is brimming with SJWs just looking to get triggered. Eventually they will find our stickers and let loose the feels. Articles will be written in school newspapers. Anti Red Pill signs will be carried at Slut Walks. Feminist faculty will raise the issue to their students in discussions. Once the mainstream media realizes this is an international thing, they will print stories about it. All of this will expose the mainstream to our philosophy, save men from betahood and deeply upset feminists, SJWs, and [the man formerly known as Bruce Jenner](#).

The Triggerpocolypse: There are a lot of lolz to be had. We are going to trick our opposition into spreading our message. Its very Machiavellian and therefore very Red Pill. We are explicitly demonstrating how stupid and easily manipulated our opposition is. Next, there is a certain satisfaction to [getting our brand of troll-bait onto the mainstream media](#). Finally, I earnestly enjoy triggering special snowflakes and I know the men here share my sentiment.

The Red Pill teaches men how to psychologically manipulate a woman into sucking dick. Yea it's fun for a while. Especially in the beginning, but a lot of us are getting bored. Which is why I'm inviting you guys to play a more interesting game, a game of herding the flock rather than a single lamb. Let's manipulate feminists into spreading misogyny. Why? Because there are a lot of men out there in need of the Red Pill, and social justice warriors are the best delivery mechanism.

Post your trigger sticker ideas below

For even more Toxic Masculinity follow me on [Twitter](#).

[Tear down their false gods with an Avatar of Brodin design!](#)

[Final day for original Allegory of Prudence](#)

A Message to Men's Rights from Red Pill

595 upvotes | October 19, 2015 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

About a year ago Shoshana Roberts put on her tightest clothes, took the subway to the poorest neighborhood in New York and proceeded to flaunt her fat butt in front of Black and Hispanic men for 10 hours. Princess Shoshana's journey was given the uncreative title: 10 Hours of Walking in NYC as a Woman. That video went viral and was met by cries for someone to do something about ~~the coloreds~~ street harassment.

Shoshana Roberts spends her time tweeting about her expensive yoga pants and babysitting rich kids. Seems like a pretty comfortable life. In contrast, the dudes in the video don't have it as good. The New York Police department has decided to enhance public safety by touching as many Black and Hispanic penises as it can get its hands on, in a street harassment policy called Stop and Frisk. This is the American equivalent of the European Papers Please, with the added bonus of a scrotum slap and a dick flick. Think about that for a minute. If you're a Puerto Rican living in New York and want to grab a churro, you gotta worry about a dude in blue grabbing your churro.

So what does Shoshana Roberts think about New York's plum squeezing epidemic? Nothing. Anybody with any semblance of compassion or empathy would realize that men's issues are serious, and women's issues are cries for attention. There is literally no possible way that women could see veterans hobbling on crutches and think women are the primary victims of war. There is no honest way to reconcile male suicides with male privilege. There is no way to honestly push for campus consent policies while at the same time not giving a fuck about prison rape. But Shashona Roberts is neither honest nor ethical. She's a woman, and she doesn't care about men who have nothing to offer her.

No debate should exist between feminism and men's rights. If one group is talking about cat calls and the other is dying on the job then the debate is over. King of Men's Rights, Dean Esmay, makes excellent points that would convince any reasonable man. However what his royal highness needs to understand while he's eating fudge popsicles and loafing around in cargo shorts is that a conversation with women is not about logic. With the exception of Bruce Jenner, women are not men and therefore they don't think like men. Women don't care about logic they care about credibility, social standing, and tingles. To a woman it doesn't matter what is being said, only who is saying it.

Women are social creatures not logical creatures and that means they value social standing over reason. That's the MRM's big issue, they have no social standing. Women would rather reuse a tampon than have sex with a MRA. Until that changes and men's rights stops eating cheese puffs out of their fedoras, they will never gain traction among women and will continue going nowhere, just like Dean Esmay in his crocs.

So to all of the men's rights activists that got trolled into reading this article, do us all a favor and stop being a chubster, speak with confidence and for the love of pregnant MRA Jesus go lift. Your body is the message. The sooner you start taking your appearance seriously the sooner you will be taken seriously. Who knows maybe you guys can help make marriage a viable institution again or bring back free speech to university campuses. We the Red Pill are standing right behind you, getting our dicks sucked by insecure sorority girls and calling you fat.

Tear down the symbols of those who oppose masculinity With an Avatar of Brodin Shirt!

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Chicken A La Elam

28 upvotes | October 23, 2015 | /r/AlreadyRed | [Link](#) | [Reddit Link](#)

Three days ago, [Paul Elam](#) the founder of A Voice For Men, read my article: *A Message to Men's Right's from Red Pill*, broke down and told the [Red Pill to go fuck itself](#). After that he quickly retreated and deleted his tweet, as is customary for a Men's Rights Activist. When I asked him why he was so mad, he responded by saying that he has a problem with the Red Pill. I pointed out, that he also has a problem with eating vegetables and taking care of his body like a responsible adult.

As you can imagine, the obese sixty year old did not like being told to eat his vegetables. He prefers to eat cheesy puffs out of his fedora, drink beer and play the victim. In fact, most of Paul's well rounded supporters shared his sentiment. Dad bod MRAs, were quick to remind me that working hard to developed a sculpted body was a complete waste of time and pussy worship.

Obviously there is nothing I can do to help these men. Fats gunna fat. There are people who are overweight and there are people who are ego invested in being a fat cynical victim. The second group are hopeless and prefer the Men's Rights community to Red Pill. While I can't change anyone's mind, I can use the entire experience to motivate my community to eat well, lift hard and not be Mens Rights. To that end I have developed a healthy delicious recipe inspired by Paul Elam.

Chicken a la Elam

Ingredients: 1/2 cup plain fat-free yogurt or 1/2 cup plain Greek yogurt

3 minced garlic cloves

2 tablespoons lemon zest

1 teaspoon chili powder

1/2 teaspoon salt

1/2 teaspoon ground cumin

4 -6 boneless chicken breasts

Directions: In classic Elam fashion, get out your white meat and start beating it. The key to a good Elam, is that it's tender, beaten down and just a little bit sad. Now cover your Elam in white guilt. You can use yogurt, kefir or buttermilk for this step. The enzymes in the dairy help break down the Elam making it even more tender. Paul Elam is far from healthy and we certainly don't want to share his fate. Go ahead and add some healthy tasty ingredients: a bit of lemon zest, ginger and roughly chopped garlic. Sprinkle in some salt because Paul is quite salty. Finally if you prefer your Elam to be heated throw in some chili powder and cumin. Put the mixture in a ziplock bag and let it marinade angrily in the refrigerator overnight. When you're ready, take that bitch out of its safe space, throw over medium heat and cook for about 25 minutes.

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But what ever you do, don't be a cheesy puff munching, fedora wearing, fat accepting MRA.

The Secret of a Tender Elam

331 upvotes | October 26, 2015 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

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The Hypocrisy of Kevin Powell

169 upvotes | November 9, 2015 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

When Kevin Powell was 21 years old he decided that he was going to master the perfect backhand. Kevin Powell, a man who today makes a living as a feminist speaker and activist, did not practice his backhand on the tennis court. Instead he practiced it on women's faces. Most men know beating women is wrong at a raw instinctual level. Failing that, most men can visualize why attacking women is morally reprehensible. Kevin Powell on the other hand is more of a hands on learner. Little Kevin approached life with a try it before you buy it mentality. After trying it on four different women and realizing that hitting them is wrong, Kevin decided to spread this valuable knowledge to men across the country and become a social justice activist.

If a man kills another man he is a murderer. If a man has sex with a goat he is a goat-fucker. If a man beats women he is a woman beater. Seems like a very simple concept. However, when Kevin is confronted with this idea during his interviews, he is quick to point out that it happened a long time ago and that he went to therapy. Now I personally don't know of any conventional therapy that can wash away sin so thoroughly as to make a woman beater into a social justice activist. I would imagine that not hitting women is a prerequisite for being a social justice activist, in the same way that not being a pedophile is a prerequisite for working with children. Even if someone is a former pedophile, you still don't want that shit anywhere near children. Even if it happened a long time ago and even if he went to therapy, Kevin is still a woman beater.

The psychological mechanism by which Kevin Powell came to feminism is fascinating. In his memoir Kevin Powell writes, "*During that time frame I assaulted and or threatened four different young women. I was one of those typical American males: hyper-masculine, overly competitive...*" This psychological projection is so pure you could put it in a syringe and mainline it. Rather than realizing that he is a fucking shitbag for hitting women, Kevin Powell salvages his ego by shifting the blame onto *typical American males*. Never mind the fact that typical american males don't threaten women with knives, like Kevin Powell did at Rutgers. In order to come to terms with his past Kevin Powell has to internalize the belief that all young men are evil and need to be reformed. This is a core belief for Kevin one that can never be questioned, because it protects his ego from his past.

It is the extent to which Kevin Powell has internalized this belief that makes him useful to feminists. A core tenant of modern feminism is all men are abusive rapists. Kevin's ability to drag men down into subservience to the feminine imperative makes him so valuable, that feminists are willing forgive him for what he did. Think about that for a second. The feminist mainstream media has forgiven Kevin for assaulting a woman with a knife. The same media that humiliated a NASA engineer over a t-shirt. Why? Because modern feminism is no longer about women. Modern feminism is about promoting authoritarianism and Kevin Powell is an excellent tool.

How is this tool being used? Numerous universities paid Kevin \$15,000 to organize mandatory *What is Manhood* conferences. When a progressive like Kevin Powell asks men to define masculinity the last thing that he wants to hear are classic definitions. He rejects the biblical belief that men should lead their families according to the law of God. He rejects the Stoic masculinity of Emperor Marcus Aurelius. He rejects all traditional masculinity that stems from national identity. Kevin Powell rejects thousands of years of wisdom in favor of "*a non-rugged manhood that makes room for every kind of man possible including men on the LGBTQ spectrum, where we can be vulnerable, emotionally*

available, truly free." The problem with that kind of masculinity is that there is human garbage in this world who beat women and threaten them with knives and only rugged men can take out the trash.

There is a concerted effort to grind down the next generation of men into vulnerable obedient little girls. Millions of dollars are being spent to guilt and shame men into passive subservience. The goal is to create men who are weak in mind, body, and spirit. Don't fall victim to that bullshit. Study the classics. Lift heavy weights. Take what you want from this world. Most importantly, when a Kevin Powell opens his mouth, tell him to LGBTQ a fat fucking dick with all of your rugged Red Pill masculinity.

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GayLubeOil's Guide to Fixing the Jersey Shore Body

656 upvotes | November 25, 2015 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

All of us remember the man who first brought us to the steps of Temple of Brodin. The man who held protein shake communion after every workout. The man who told us to follow a five day bro split instead of a full body routine. The man who showed us how to half squat, quarter bench, and cheat curl. This man painstakingly answered each and everyone one of our fitness questions even if he didn't really know the answer.

We are eternally grateful to our Acolyte of Brodin for bestowing upon us the gift of gym knowledge. Unfortunately bros aren't the best place to get information. Blindly following gym bro advice can create a Jersey Shore body instead of the aesthetic one that you really want. Luckily for you GayLubeOil, Red Pill's department head of Bro Science has carefully researched the issue and has painstakingly created the antidote for the Jersey Shore Bod.

So what is the Jersey shore body? The Jersey shore body is a lift bro disorder that is a result of doing some exercises incorrectly and neglecting others. Here are a list of symptoms: The lower back is underdeveloped and the lats lack width. The anterior aka front deltoid is very well developed however the lateral and posterior are lacking in comparison. The chest lacks width. Traps and arms are overdeveloped from cheating in isolation movements. The legs and glutes are underdeveloped. Finally some are afflicted with Bro-Bloat.

Pectoral Punishment: This is a huge difference between how Mike "The Situation" and Arnold Schwarzenegger train chest. Arnold goes deep on every rep while Mike does some half rep bullshit with the help of Finaplix Frank. Pay close attention to how far and wide Arnold goes on pectoral flies. You can see the outer portion of his chest light up on every repetition. Now think back on how you do flies. Are you a wide Arnold, or a shallow Situation? Do that shit wide, let the weight stretch out the muscle on every repetition and you will have a better chest in a month. I guarantee it. Muscle engagement is far more important than big weight which is why Arnold is a legend and "The Situation" is a joke.

Deltoid Destruction: Are you hungry? You're in luck because today I'm going to share my recipe for my favorite all natural Italian sandwich: The Ritch Panini. Jokes aside, Rich has very well developed lateral deltoids which are a result of perfect form, high rep side laterals, and exogenous hormones. Jersey Shore cast members may also partake in exogenous hormones however they use too much weight on their laterals and cheat on the exercise. Which is why they have flat shitty delts. Another affliction that Jersey Shore suffers from is anterior rotation of the shoulder joint. This is because their front deltoids get plenty of work on pressing movements while their rear deltoids are hardly ever engaged. This imbalance can eventually lead to an unstable shoulder joint, a serious condition which will fuck your life up like having Snooki for a mother. The best way to resolve this situation is to do face pulls. As for Snooki's son Lorenzo Dominic Lavallo, he's fucked.

Back Attack: While I don't have the proper equipment to laser Jersey Shore tattoos, I do have the requisite knowledge to fix muscular imbalances. The most glaring thing wrong with Jersey Shore back development is the complete lack of erector spinae aka lower back. The reason for this is simple. They don't squat, deadlift, or olympic lift heavy if at all. Another problem is that their lats lack width. This is because they jerk the weight rather than engaging the back through a full range of motion. The dumbbell pullover is another exercise lacking from the Jersey Shore arsenal. Pullovers help to stretch

out the lats and make them fuller, giving you an aesthetic V-Taper. By making these simple adjustments to your routine you can very quickly fix the deficiencies in your Jersey Shore Back.

Weightlifting is a core component of the rebellion against Progressive masculinity. The fundamental difference between a Red Pill man and a Bloopy, is that the former works to improve himself while the latter begs people to accept his mediocrity. Rise above average. Work Pec flies to get between her thighs. Do bent over rows and get bent over hoes. Hit bicep peaks and make bitches' knees weak. Get round delts and make pussies melt. When the abs are toned she'll examine your bone. Most importantly believe in yourself, believe in your ambitions but whatever you do, don't believe women.

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Show Me The Ho Facts!

219 upvotes | November 27, 2015 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Recently I've been seeing a lot of posts in askTRP that follow this basic model: I met a unicorn who is the perfect Red Pill woman but she played clarinet for the university football team, and by clarinet I mean sucked all of their dicks. I guess this is an issue that needs to be revisited from time to time. So sit down and enjoy this Red Pill Classic: Show Me The Ho Facts!

Usually, before two people begin any long term relationship there is an inquiry into the past. Creditors run credit checks. Employers ask for references. Leasers ask about past evictions. In contrast, there is a certain stigma about doing this with regard to sexual relationships. Many men feel uneasy listening to their wife or girlfriend talk about how she got skeeted up by a parade of dudes. Women in general are very sensitive about their reputation and will often avoid the subject with "the past is the past."

The past isn't the past, it's an indicator of the future. Just ask any insurance company. If a person drives around town like he's in a bumper car, his insurer would rightfully consider him a liability. Likewise, if a woman has a string of drunken hookups and short term relationships that pussy is a liability. You wanna be known as that dude whose girlfriend publicly jerked off a marine to Calvin Harris on her girl's night? No? Then you should probably get the Ho-Facts.

Assessing a woman's liability is a lot like conducting an interview, medical history or insurance questionnaire. A disadvantage is that you're asking about some of her most sensitive experiences, which she is rightfully hesitant to share. On the plus side, you're not bound by any medical or professional ethical standards, there is no time constraint, and you're a Red Pill scum lord that is willing to do pretty anything that is in his personal interest. Also alcohol is more or less a truth serum for today's strong independent woman.

The process is pretty simple. Create an atmosphere where she feels comfortable sharing anything with you. Compliment her on her appearance then transition into how she probably used to get with hot guys all the time. If she's not forthcoming, say something like "the past is the past" or "I don't judge". You can volunteer one of your own stories to get the party started, or you can guilt her with "relationships are built on openness and understanding". Throughout the process, make sure to be encouraging and a bit detached from the ramifications of what is being shared. Any negativity, real or perceived will cause her to withhold information.

The goal is to get as much information as possible. This shouldn't be too hard considering the fact that today's 20 something year old women are selfie obsessed narcissists. You're encouraging a woman to talk about herself and for the first time in your life, you are actively listening. Just make sure to direct the conversation towards actionable information. What types of dudes does she usually hook up with? What types of situations cause her to end up in men's beds? What kind of behavior is normal for her friends? How did her previous relationships start and end? When did she know it was over between her and her ex. Remember that you're probably her future ex-boyfriend and that people don't change.

I know that some people are going to read this and experience a cascade of feels. How can he judge women like that? Men have to judge women, since there is always a risk of an 18 year child support extravaganza. That is, unless you put it in her butt. If she says things that really concern you, then

keep calm and only put it in her butt.

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Corpse Feeders

457 upvotes | December 23, 2015 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

The selfishness of women knows no bounds. What's more is that they utterly lack the self awareness to ever notice it themselves. The Red Pill knows this to be by design not by accident. In Prehistoric times this instinct helped women survive when their tribe was conquered. In ancient times, it helped Roman women reproduce as the Vandals burnt the empire. In WWII, it let Parisian women enjoy a rotation of American, French, and Nazi wiener meat after their husbands were dragged away. For a woman, her dead husband is an all expense paid ticket to the cock buffet.

When I was in college I trained a guy named Steven. Steven wanted to be the cool Asian from Need for Speed Tokyo Drift. He wanted round shoulders and a six pack, a hot girlfriend, and a fast a motorcycle. I wasn't going to give him a motorcycle but I could definitely get him a ticket to the gain train. I got him to deadlift properly and eat real food instead of MSG ramen. After a year of fixing his lifts and policing his diet, Steven was up 15 pounds of muscle. For some time, Steven was the buff dude on the flashy motorcycle with the hot girl. He was the guy drag racing at intersections with his girlfriend. Steven upgraded to a motorcycle so fast that he couldn't help but smash it into a tree and permanently undo all of my deadlift coaching.

I didn't know why Steven's mom was calling me from his cellphone until she told me that he was dead. There was a stark contrast between Steven's university friends and his Filipino family. Both groups knew two very different Stevens. Steven's family always knew the programmer Steven but they never met Steve the gym bro. At his funeral, Steven's friends comforted his parents with stories of his mad gains. His girlfriend did no such thing. She spent the whole funeral talking about herself. This was her chance to be a local celebrity. Steven's girlfriend spoke more than anyone at the funeral and she didn't talk about Steven.

But Steven's girlfriend didn't stop at the funeral. Steven's girlfriend kept attention whoring on his grave even while she was riding other dudes cocks and motorcycles—and she's not special. All women are like that, in fact I've seen this phenomenon play out countless times with different dudes and different corpse feeders. A dead boyfriend is the ultimate source of drama which can be redeemed indefinitely for attention and sympathy. The attention is instrumental in helping her find a replacement.

For women Corpse feeding is hard wired. They have been cannibalizing their husband's bodies since the day Cain slew Abel and nothing has changed for ten thousand years. The only difference is that her corpse feeding is now on Facebook just beside her cleavage shots and booty pics. Women use men for whatever men can be used for. Beta are used for bucks while Alpha are used for fucks and dead men are used for an endless stream of social media validation. Behind the push up bras and makeup, women are soulless baby machines who's only drive is reproduction. The only men that are important to women are those that can be used to achieve that end, regardless of whether they are dead or alive.

Give yourself the gift of a [Swoletastic](#) Christmas grab an [Alpha Shirt and Hoodie](#)
For updates on my posts follow me on [Twitter](#).

GayLubeoil's Guide to Avoiding Snap City and Making Gains

268 upvotes | January 8, 2016 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

As Red Pill's Chief Bro Scientist it is my duty to help the men of Red Pill maximize their gains, Tinder matches and Black Knight debauchery. Since January is New Year's Resolution month, my focus is going to be making Blue Pill's problem bigger, stronger, and more intimidating. In fact I've been getting private messages all month requesting a fitness article, so I guess I have no choice but to give the people what they want. While I could do another basic beginner guide I'm confident that most of you are more than ready for more advanced material. So without further adieu, GayLubeoil Red Pill's most upvoted contributor of 2015 proudly presents his guide to avoiding Snap City and Making Gains. Enjoy.

Food is the Answer: To be a professional bodybuilder you need about \$20k a year of growth hormone and rejuvenating oils. The problem is that shit ain't cheap. Sure you could work a nine to five job but that would cut into your cooking, eating, training, and sleeping time. You could make money the Kai Green grapefruit way, do cam shows like Matt Ogus or maybe even go full Gregg Kovaks. However, selling butt to gay men isn't enough to cover the drug bill. Most professional bodybuilders have to sell their butts to supplement companies. In fact supplement companies not only own bodybuilder's butts but also the shows and magazines that can make and break their careers. Bodybuilders' entire livelihoods depend on pleasing their masters and pushing ineffective overpriced and over hyped products. So do yourself and your kidneys a huge fucking favor stop believing in the bullshit supplement Blue Pill and spend your money on food instead of dat dere Cell -Tech.

Congratulations! Now that you're not wasting \$50 a month on protein powder you can buy stuff that will actually improve your life. Buy a rice cooker, a George Foreman grill or a crock pot. Girls will gladly trade their tacos for your slow cooked carnitas tacos. GayLubeOil just got you jacked and laid at the same damn time. You're welcome.

Don't be a Thirsty Beta: The fastest way to make yourself a weak beta bitch is to not drink enough water. The scientific basis for this fact should be obvious to anyone who doesn't spend their free time slurping glue and playing with colorful blocks. However, I'm sure there are a few special little boys here, so I'm going to do my best to break it down Barney the Purple Dinosaur style. Your muscle fibers are basically springs that sit in a water envelope that keeps them lubed. When you lift your body pulls water from your blood stream and sends it to your muscles to keep them protected, causing a pump. If you are dehydrated your body will not send extra water to your muscles and you will be significantly weaker. So do yourself a favor and drink more water, it's literally the easiest and cheapest way to make yourself stronger.

Trigger Points: Sometimes individual muscle fibers can't handle stress and get triggered like the fat positive lesbian in your gender studies class. They freeze up, refuse to do any work and marinate in their own lymph fluid, forming painful knots called trigger points. Myofascial Trigger points are basically gain goblins that sit inside your muscles and ruin your hard work. If you deadlift you probably have a bunch in your trapezius muscle. Left untreated Trapezius Trigger points, will cause horrible pain in your back, neck, and shoulders which will fuck up almost all of your upper body exercises. Like wise, you probably have a few trigger points in your glute which may be causing your lower back pain. The only way to release Trigger Points is deep stroke massage. This can be done by your girlfriend, a lacrosse ball, or a hard plastic stick called a theracane. The theracane is by far the

best tool for revealing trigger points as girlfriends and lacrosse balls are difficult to direct onto the target area.

Know What the Fuck You're Doing: Most people have no idea how to fully contract their muscles via isolation exercises. Now if you go the Boston Loyd route and put 5cc horse syringes in your butt it doesn't matter. You can herp weights with no regard for muscular tension or form and still grow. If however you are natty, half natty, or YouTube natty, understanding how to properly contract your muscles is critical to your success. When you bicep curl supinate your wrists. Don't cheat with your erectors or hips on row movements. Understand how to fully squeeze your abs for optimal development. There are a million little tips and tricks that I could write. But honestly, invest some time into learning how to actually lift rather than flailing weights mindlessly like a New Years Resolution Retard.

I hope my guide has given you giggles and gains.

Give yourself the gift of a Titian inspired Alpha hoodie

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Go Full Patriarch

363 upvotes | January 20, 2016 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Imagine that that you're a manager at a bank. You're sitting in your office when the door swings open and in walks Karl Marx and Lenin. Both of them pull up chairs beside your desk and begin giving unsolicited suggestions on how you should run the bank.

"Hold on bros." you say. "You guys are the two biggest communists that ever existed. Both of you absolutely hate Capitalism. My job is to sell financial products. Why should I listen to you? Both of you have written extensively about killing men like me."

Lenin looks back at you and smiles. "That is absolutely correct, the first thing we should do is liquidate the bourgeoisie," as he pounds his dirty fists on your clean mahogany desk.

"OK, so why the fuck should I listen to two assholes that want to drag me into a basement and shoot me in the back of the head?"

"Look dude, your gains are mad sick by the way. I'm definitely admiring nohomo, and yea I did write some shit about kill all capitalists. But If you want, I can bring in some moderates like Stalin or Mao, and they can help you out instead of us. Would you like that instead?" Lenin replies while stroking his bro goatee.

"No I wouldn't. Those guys are even bigger assholes. Stalin is a paranoid psychopath and Mao can great leap forward off a bridge."

Karl Marx looks at you hoping to strike a bargain. "How about we bring in Fidel Castro. He has a cool Cuban vibe. He is super moderate. I'm sure he has amazing communist ideas on how to run your bank."

"No, the whole point of Communism is to fuck over dudes like me. Which Is why I don't trust **any** communist advice. Why don't you guys fuck off to a bar and get hammered?" you yell as you push the two men out of your office.

The goal of Communism is to liberate the working class from capital. The goal of Feminism is to liberate women from men. Both Critical Theories, absolutely fuck up those whom they proport to liberate. We all know what communist countries look like and we all know what feminists look like. The irony is that both will tell you that they are helping, while the truth is the opposite.

There can be no compromise with Feminism. Feminists have no interest in helping men and they are very open about their hostility. In fact feminists are hostile to heterosexual relationships and have fabricated a million different justifications for women to end them. According to the Duluth Model telling your wife not to buy a \$500 purse is financial abuse. The more Feminism you let influence your relations with women, the more it will drive them away, because that is what it was explicitly designed to do.

So for the love of Patriarchy stop compromising with Feminism. I know you were brainwashed all your life to think men and women are equal. I know you spent thousands of hours watching television shows where men cry to women about their feelings. I know you were a a brave white knight and rescued hundreds of princess in all kinds of different video games. I know how hard this is for many of you and I know why it is so hard. You are victims of behavioral conditioning brought on by the media you consume. I also know that the majority of the men here sprinkle TRP on top of their

Bloopy Feminist relationships instead of going full Patriarch.

The Red Pill either works or it doesn't. So sack the fuck up and find out for yourself. Tell your plate that you're a Red Pill Alpha bro who is all about deadlifting and GayLubeOil. Then when she shit tests you, feed her a healthy snack and take her for a walk like a child. If that doesn't work you can go back to listening to Andrea Dworkin, arguing with women for hours as *equals* and apologizing for your penis.

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Ideological Blindness and Rapefuges Crisis

245 upvotes | February 3, 2016 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

The great philosopher Anton Dodson once said, "hide your kids, hide your wife and hide your husbands because they raping everybody out here." Six years later Dodson's words provide a poignant description of Angela Merkle's Germany and much of the European Union, where women are sexual assaulted daily by migrant gangs. Why did everything spiral out of control so quickly? Why couldn't the well equipped European police and intelligence services prevent these atrocities? What does this mean for the future of Europe? Luckily for you guys, Red Pill Superstar GayLubeOil has all the answers. He has analyzed the situation in the most alpha way possible, and is ready to unleash the biotruth.

The founding principle of the progressive ideology is cultural relativism, the belief that cultures are different but equal. In some cultures, men attempt to initiate sexual relations with women by asking them on dates. However in other cultures a direct hands on approach is more common. A corollary, is that if you import hundreds of thousands of individuals from *hands on countries* with zero oversight, you create *hands on situations* in a previously *hands off country*. In other words if you bring half a million Syrians into Germany, you don't make the Syrians German, you transform Germany into Syria. This cold hard fact is not something progressives will ever accept because it challenges their ideology and with it, the core of their identity.

Ideology is a cognitive filter people impose on themselves to shield themselves from reality. A 40 year old Blue Pill virgin feels like less of a failure because in his mind he is morally superior to TRP. A French peasant doesn't mind slaving in the fields because he believes he is going to heaven. Feminists like to believe in the Patriarchy because doing so absolves all women of responsibility. People cling to ideology because they know how unpleasant the truth is and prefer a safe happy lie. When a person's ideology is challenged so is their mental comfort, which is why they will go to extraordinary lengths to defend it. Long story short, the European media and political class are so invested in the ideology of multiculturalism that they can't abandon it without destroying themselves as an institution. Until that happens, nothing can be done by the security services, the cover ups will continue, and the situation can only escalate.

So what does all of this mean for the future of Europe? Until European governments take decisive measures to combat migrant gangs, they create a power vacuum that the far right is more than happy to take advantage of. The longer this situation persists the more public opinion will swing right. If this continues long enough more women will begin publicly associating with ultra nationalists for protection, in effect legitimizing these organizations as governments are more hesitant to prosecute women. Perhaps the greatest irony in all of this is that progressives have done more to energize the far right, than any skin head could dream of. After all a solidarity march of men in skirts isn't exactly a strong deterrent to would be assailants nor does it increase the safety of women.

About a year ago Germanwings pilot Andreas Lubitz locked his crew mates out of the cockpit, and deliberately crashed flight 9525 into a mountain killing all 150 people on board. Angela Merkle is currently in the process of doing exactly same thing to Germany and no amount of banging on the cabin door can stop her. The question is, can she see the mountain? Or is she so blinded by ideology, so enamored with visions of a multicultural utopia that she can no longer perceive reality?

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Hey Guys I Just Wanna Get Girlz

764 upvotes | February 10, 2016 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

I don't know why this is happening, but I have some theories. Maybe some seventeen year old is telling his little Call Of Duty friends to check out the Red Pill. Maybe more boys are finding out about the Red Pill because of Rooshgate. Maybe the Trump candidacy has shifted the overton window, bringing more men to the politically incorrect side of the internet. I can't say for certain. All I know is there has been an uptick in what I presume to be ADHD millennials making *Hey Guys I Just Wanna Get Girlz* posts.

A *I Just Wanna Get Girls* post is somewhat analogous to a turd sandwich. It has some good ingredients: crisp lettuce, fresh tomatoes, mustard and toasted whole grain bread. Unfortunately the turd in the middle of the sandwich ruins what would otherwise be sublime and begs the question; who is creating this abomination and why? Like most TRP posts, *IJWGG* posts are built on the assumption that the west is gynocentric and favors women over men. However rather than being filled with delicious TRP self improvement beef, it's filled with *Give Me A Pussy Plan* turd.

If there is anything that betas love its procrastination. The luxury gym chain Equinox understands this phenomenon and monetizes it. The personal trainers at Equinox are not allowed to teach their healthy clients barbell squats right off the bat. Instead they spend months taking them through extraneous progressions. They start off with wall squats, proceed to TRX squats, then Bosu squats, then BBC squats and after 6 months and \$3300 finally teach their client barbell squats. Equinox intentionally retards it's client's progress in order to milk them for the maximum amount of cash possible. Pick up artists employed a similar system of tiered seminars to milk their betas. Betas like to be babysat. They love personalized attention and they fear rapid progress.

The Red Pill adamantly refuses to offer a Pussy Plan. Instead it explains the rules of the sexual marketplace and tells you to create your own masculine self development plan. Because at the end of the day there is nothing I can type into my keyboard that will magically make you not a bitch. The only person that can make you develop confidence and charisma is yourself. The only way to do that is through painful trial and error. In fact if a girl calls you an awkward nerd go ahead and use that to develop your frame. After all, it is the very possess of undergoing stress and subsequently becoming anti-fragile, that turns boys into men.

We are not here to coddle you. We are not here to string you along with illusions of unicorns, leprechauns and pots of gold at the end of a rainbow. The Red Pill exists to offer you a general framework of the sexual marketplace and a couple thousand data points. Pussy Plans don't exist and the people selling them are con men. If you don't like the taste of our Red Pill beef, go back to eating your turd sandwich.

Follow me on [Twitter](#).

Check out my chat with [Dr. Niko Choski](#)

Women will touch your grape when you bring the gains in [your Juicy Tank](#).

I Can't Believe Its Not Alpha

237 upvotes | March 11, 2016 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Back in 2006, A man calling himself Mystery announced that he had discovered *The Secret* to entering women's vagina holes. He held expensive seminars, published books and even had a reality TV show. The premise behind the Mystery Method message was simple; if a beta could successfully copy all of Mystery's behaviors he too could have unlimited Stinky Pinky.

Betas loved the idea. Women were avoiding them not because they were losers but because they didn't know *The Secret*. Once they had mastered *The Secret* they could score a hot Waifu and live happily ever after. What's funny is the betas never questioned the premise behind *The Secret*. After all how could they? They had spent the majority of their waking lives collecting magic keys and special abilities that allowed them to progress in their video games. In PUA world, women were video game bosses of various levels who required different skills and abilities to successfully fuck. The betas readily accepted this deeply retarded idea because they had spent so much of their lives playing video games, that their reality had merged with virtual reality.

The problem with the Mystery Method and PUA in general is that women are hardwired to dodge beta sperm. No matter how you dress a beta or coach a beta, women will see through the pageantry and identify the beta as a beta. Women can spot the nervous eyes and fidgety mannerisms of a beta from a mile away, and if that fails they'll shit test until he runs back to his beloved video games and porno.

With all of this talk of alphas and betas, you are no doubt wondering if there is an objective metric for differentiating between the two. There is. Ask yourself: if you were kind of hungry would you steal the subject's sandwich? If yes, the subject fails the *GayLubeOil Sandwich Test* and is officially a beta. According to this universal and highly scientific metric most PUAs are betas. Why? Because Pick Up Artistry is nothing more than a cheap imitation of masculinity. It is the art of acting alpha without putting in the work to become alpha.

So what is the best way to alchemically transform beta lead into alpha gold? Traditionally societies have made men fight, wrangle animals and endure horrible painful bullshit. Since rodeos and Amazonian bullet ants are hard to come by for most of TRP, the best options are combat sports like Brazilian Jiu Jitsu and Boxing. Combat sports are so physiologically and psychologically stressful that they will make everything seem benign by comparison. So if you want to develop an iron frame, brush off shit tests with ease, and permanently cure yourself of approach anxiety don't waste your time at PUA seminars. There are plenty of men willing to help you develop confidence and masculine bearing by choking you the fuck out.

If you pass the *Sandwich Test* reward yourself with an Alpha shirt or Juicy tank

Follow me on TRP.RED or Twitter

Television appearance coming soon

Trickle Down Media Whore

1063 upvotes | March 18, 2016 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

This week I accomplished my dream of bringing my trolling to national television. If it wasn't for the Red Pill, and its culture of shitlord excellence my dream would never have become a reality. For the past two years you guys were by my side critiquing, encouraging and helping me grow from cultural critic to Black Knight Juggernaut. I've had the unique opportunity of speaking with many of you face to face and learning from your experiences.

When the producers of *Full Frontal with Samantha Bee* contacted me to be part of their show, I immediately recognized it for what it was: a trap. Samantha Bee has been tearing people down on television for the past twelve years. Having watched the *Daily Show* I knew that gotcha questions and deceptive editing were par for the course. I also knew that without preparation I would end up a casualty like Peter Schiff.

However, I had a weapon of my own: The Red Pill. I leveraged the contacts I had gained from my fitness consultations. I contacted marketers, advertisers and speech coaches to help me develop a strategy for surviving the ambush. The consensus was that I should speak in short powerful sound bites, so that my words wouldn't fall victim to deceptive editing. I was advised to keep a calm neutral demeanor, ignore her bait and that the best defense is a good offense. My mentors imitated Samantha's persona so that I could practice going up against it. I knew that I only had one shot, one opportunity, to seize everything I ever wanted, which I why I practiced until I felt confident.

On the show, with the cameras rolling and the microphones on, I recognized that the other guests were unprepared. They were enthusiastic to be on television and didn't think how their words would be used against them. Samantha Bee had a two part strategy. She had a script of loaded trap question and reframed the conversation in her favor with snarky responses. My strategy was to avoid her traps and use *agree and amplify* to turn her snark against her. Samantha was ready to tear down Trump supporters but nothing could prepare her for Red Pill Superstar GayLubeOil.

There are times in life when you have a shot at winning big by playing a stacked game. Maybe its a nailing television appearance. Maybe its negotiating a promotion. Maybe its winning a divorce. Or maybe its just pulling hypergamous sluts off Tinder. The Red Pill is an invaluable resource that can help you accomplish any of these noble tasks. It is a collection of the experiences of 140 thousand men. There will always be someone here to help you. You just have to find them.

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It is Literally 2016

922 upvotes | April 1, 2016 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

As many of you know I GayLubeOil have long been a cog in the Red Pill hate machine. Since 2013 I have been writing articles promoting toxic masculinity, fat shaming, transphobia, and sometimes even psychological manipulation. Well guys, its *literally* 2016 and that has to stop. I understand that I am *literally* a fucking white male and that I have a lot of privilege to check and reparations to hand out, but change has to start somewhere. I know that I can't take back what I've done, but I can at least try to fix it. Today on April 1st 2016, I am going to be the change I want to see in the world, because after all change starts with me.

Women are Wonderful: The only thing that you need to know about women is that they are all wonderful. When I say all women I mean *all* women, especially the ones with penises, after all its the current year. The only way a man should ever interact with a woman is through praise and admiration. A man should never risk damaging a woman's self esteem. How can a woman be strong and independent, when internet trolls are constantly triggering her? A woman should never be disparaged even joking. Men need to accept women for who they are without judgement. What's that honey muffin? You sucked off a dude on the subway? I respect your decision. Let's put another sticker on the board. Five stickers and you can have an ice cream party.

Women and Men are Equal: Women are just as emotionally and physically strong as men. Anything that suggests otherwise is sexist. Pull up bars? **Sexist**. Flight Simulators? **Sexist**. Spacial Reasoning, Logic, Math? All incredibly **Fucking Sexist**. Women can play any game just as well as men. The game might need to be changed to be less sexist, but men and women are definitely equal 100%.

Men are the Problem: Remember when I said that women are equal to men. Forget that you shitlord. Women are more equal. According to my role model and spiritual guide Hillary Clinton: women are the primary victims of war, and as someone who came under sniper fire in Bosnia, she should know. Everything wrong with the world is the exclusive fault of men. Women deserve credit for all that is good, even if they didn't create it themselves, they inspired it.

Rape is Like Very Serious: There is nothing more serious than rape and when I say rape I once again mean *all* rape. Internet Rape, Imaginary Rape, I Changed My Mind Rape, its all rape. Rape is rape! A woman shouldn't have to drag a mattress around Columbia University to remind everyone that literally begging to get fucked in the ass does not constitute consent. According to Andrea Dworkin all heterosexual sex is rape and its about time that university policies change to reflect this fact. Its 2016.

Support my apology fund, while telling globalists to fuck themselves.

Grab a Samson triblend tank at a *foolishly* low price

Follow me Twitter or TRP.RED the only site that rewards misogyny with bitcoins

Or just PM me for fat positive fitness advice

Why They Haven't Banned Us

620 upvotes | April 21, 2016 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

It shouldn't surprise anyone, that the Reddit community hates the Red Pill. Reddit is a place to hide from reality. It is a virtual world where people go to escape their monotonous jobs, meaningless lives and underachievement. Reddit is where sluts earn magic internet points by showing their booty holes to League of Legends Professionals. No matter how hard the nerds squeeze their penises or how wide the sluts spread their anuses, their condition remains unchanged. Fantasy begets underachievement which begets fantasy, ultimately creating a profitable positive feedback loop for Reddit Inc and their corporate sponsors.

The Red Pill breaks that loop. The Red Pill makes fantasy unfulfilling by ruthlessly creating negative associations between fantasy and loserdom. The Red Pill is anti porn, anti video game, and anti slut. Which is to say the Red Pill is anti Reddit. The Red Pill challenges you to improve by forcing you out of fantasy and into reality. The Red Pill has no quams about pulling your virtual reality headset off your fat fucking face, kicking you in the crotch, and shoving you into the trunk of the masculine self improvement van. The Red Pill doesn't need your consent because the Red Pill knows that you will thank the Red Pill after your deadlifts.

The question is, how did such an anti Reddit place survive on Reddit? Yes we followed all of the stupid little rules but so did Muammar Gaddafi, and look where that got him. Which is to say regardless of what you do they can always make up some bullshit to get rid of you. So why haven't they gotten rid of us?

The fact of the matter is the Social Justice team that runs Reddit may not like the the Red Pill but they need The Red Pill. For one thing, a giant politically correct hug box doesn't generate page views or excite journos enough to write about it. No one gives a fuck what a bunch of obese Tumblr lesbians and their beta lackeys think. In fact, that side of Reddit is so uncreative, they spend all of their time reading our side of Reddit and telling each other how offended they are. My diagnosis is that their adipose tissue robs their brains of blood flow and with it creativity.

The next thing to consider is that the Red Pill is stimulating at an emotional limbic level. Women flock to the Red Pill to read about how they are soulless vagina machines bereft of human decency absent societal compulsion. That is by far a more exciting read than any Gawker listicle or Cosmo sex advice column. Conformist Betas love to read the Red Pill because it gives them a convenient Other to project their wrongthink onto, and in so doing affirm their moral superiority. To leftists the Red Pill is a forbidden read and therefore an exciting one. We are intellectual pornography. This is the real reason why we are still here.

The Red Pill is Reddit's abusive boyfriend. Reddit tells everyone how toxic we are, that she can do so much better and even threatens to break up with us from time to time. But at the end of the day Reddit can't leave us. Reddit is a basic bitch who lives for abuse because abuse is the only thing that makes her life exciting.

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If you punched a dude in the face while wearing an [Alpha Shirt](#) and need a new one [You get a discount for being Alpha in your Alpha shirt](#)

March of the Freak Parade

460 upvotes | May 23, 2016 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

When I first saw the infamous [You're Fucking A White Male](#) video my initial impulse was to laugh. But the more I thought about it the more I started to wonder: How? How did we get here? *Here* being a place and time where one white male yells *You're a Fucking White Male* at another white male unironically and with the support of a crowd. A place where [Aids Skrilix](#) is joined by a host of zany characters including but not limited to TrigglyPuff and Melissa Click. *Here* is a place where [Buzzfeed complains](#) to the president of the United States about the evils of meritocracy. How the fuck did we get *here*?

Before we can understand why this is happening we need to understand what is happening. What does the man known colloquially as Aids Skrilix hope to communicate when he yells *You're a Fucking White Male*? How is yelling someone's race and gender at them an insult, especially when both parties are white males? If we rely on a literal textual interpretation we get nowhere, therefore we must instead turn to subtext to get to the heart of the issue.

When Aids Skrilix yells *You're a Fucking White Male* its because he feels guilty for his whiteness and the scrotum between his legs. Years of schooling and media consumption have convinced him and millions of other men that being a self hating emasculated Nu-male is somehow noble. Unfortunately for Nu Males, there are no prizes for beating yourself in the dick while apologizing. Ezra Klein found that out the hard way in college. Women simply do not want to fuck guilt ridden losers. Ezra is so jealous and angry at the bros the do manage to smash puss in college that he wants to [punish them for having consensual sex](#).

Now that we have an understanding of Nu-Male psychology and the problem at hand, we can address the larger issue of how the problem got so out of control. Sometime in the early nineties Generation X started getting suspicious that their children might grow up to be losers. Little Jimmy wasn't scoring goals, doing well on the spelling bee, or living up to his parents fantasy of stellar achievement. Generation Xers has two options they could take the harsh traditional approach of The Greatest Generation and teach their children the importance of work ethic and perseverance. Or they could take the softer approach of preserving little Jimmy's self esteem and telling him that he was wonderful little Jimmy no matter what.

Self esteem became the ultimate 90's buzzword. Newspapers shat out self esteem articles. Parents read those articles and complained to teachers for reprimanding their loser children. The children grew up receiving participation trophies and believing that everyone is equal in a magic unicorn utopia. Unfortunately the magic unicorn utopia never materialized. The real world turned out to be harsh, brutal, unfair and filled with all of The Bio Truths that Grandpa warned of at the dinner table. Some of us took the Red Pill and joined our grandparents in seeing the world for what it really is. A much larger percentage of millennials dove deeper into fantasy and delusion to shield themselves from reality. The more reality disappointed them, the more delusional and angry they became at anyone who pointed out the obvious. People began denying biology and choosing new genders for themselves. Fats started pretending that they were healthy and eventually ended up believing it. All sorts of freaks and abominations crawled forth as everything was declared relative and normal was abolished in favor of self esteem.

This is how we got to dystopian 2016. This is how we got *here*. However *here* is by no means a bad place to be. Every crisis is an opportunity. The west is brimming with self flagellating freaks and there is a high premium for strong men who can get the job done. Winning has never been this easy because all Nu-male millennials know how to do is lose. Be the asshole who gets the girl, the job, the promotion so they can live their fantasy of being the good loser.

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The Fundamentals of Fitness

199 upvotes | June 15, 2016 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Walk into any commercial gym and ask for a personal trainer. In front of you will be a man in the prime of his life. This man will possess a wealth of fitness knowledge and be in an ideal location to apply it. However, nine times out of ten that man with his full health and extensive knowledge, will be incapable of squatting 225 pounds to full depth for ten repetitions. In other words, that man will in all likelihood be a soft pussy. The question is why can't this man and the millions of men like him do what plenty of YouTube Butt-Sluts can?

The answer is simple. Specifics are completely useless, until the fundamentals are applied consistently. While the fundamentals are easy to understand, they can be difficult to actually do. There is a strong temptation among fitness professionals and enthusiasts to avoid the fundamentals and use their knowledge to rationalize substituting what's hard and works for what isn't and doesn't aka: a *bosu ball stability prostate activation bootcamp*. Luckily for you guys Red Pill Superstar GayLubeOil is here to help you lift with purpose, understand your body, and most importantly force you to flush your evil rationalization hamster.

Progressive Overload:

The basic tenant of fitness, is that you must continuously challenge your body in order for it to improve and adapt. This is done by lifting more weight, lifting weight for more sets/reps or decreasing duration of work while maintaining all other variables. Progressively lifting more weight every week is the optimal strategy for men who deadlift less than 315 pounds aka beginners. Intermediate and especially advanced lifters shouldn't try this unless they want to snap their shit up. A much better and safer strategy is to increase the number of sets performed every week. This allows you to use a safer weight while still increasing workload every week. The Shieko routine uses this approach, is an absolute Soviet Nightmare and got my deadlift to 600 pounds. Finally, whenever you complete any kind of progressive overload program, reward your joints and ligaments by decreasing workload and switching to a less taxing program for about a month.

Motivation

By challenging your body you also challenge the mind. The physical stress experienced during a grueling workout can and often does become psychological stress. The Progressive Overload doctrine dictates that workload must steadily rise with the exception of the occasional deload. In other words, stressful stimulus must be continuously increased for progress to be made. 80% of people will stop going to the gym within 5 months of joining for this reason. They either can't handle the stress or aren't pushing themselves hard enough to get results. Such systemic complacency is hardly a surprise in decadent society that fetishizes weakness. In fact it can be argued that much of the West has devolved into the Nietzschean Last Man, existing only to seek pleasure and avoid discomfort.

The people who generally do the best are the ones trying to create new identities for themselves. In my experience that list includes: 17-20 year old boys looking to become men, recently uncloseted gays trying to be accepted in the club scene, men who got dumped, women looking to hypergamy, former athletes and military who have no problem getting shit done. If you don't see yourself on the list most likely you lack the motivation to achieve and sustain substantive physical improvement. While motivation articles and videos might make you feel better, they won't sustain you in the long

run. My advice is to go suck a dick because if you haven't achieved it yet chances are you won't.

Know Your Body:

About a month ago I had a Skype video chat with a man from Taiwan. He wanted to know what he should do to have Chris Hemsworth's body. The short answer is take whatever pills and potions Chris Hemsworth's took, hire an amazing post production crew, and bio engineer a virus that will change Han Chinese DNA to Saxon. Jokes aside, its important to have realistic expectations. When choosing a fitness role model find someone of similar ethnicity and natty level, as that will give you a reasonable idea of what can be achieved with your genetic ratios and muscular insertion points. Genetics also play a huge role in how you body responds to food and exercise. Maybe your insulin sensitive or maybe not? Maybe you respond best to high reps or maybe you respond better to low reps? The only person who can give you the answers is you. So do yourself a favor. Buy a notebook and track exactly what your eating and what your lifting. Weigh yourself and take pictures regularly. That way when you start looking thick solid and tight, you'll know what strategy got you there and will be able to expand on it in the future.

The average Red Piller is college age, 165 pounds and just under six feet. He shittily squats about 185 pounds deadlifts 225 and is inept at feeding himself. I know this because I skyped 400 of you. If each and every one of you went to the gym at least three times a week and consistently Stronglifted and maybe even Shiekoad yourself in the squat rack all of you could become 185 pound athletic dudes. I understand that the vast majority of people here are only interested in Pornographic Progressive Overload. I get that. But if you are going to subscribe to an elitist hyper masculine ideology that calls 90% of men beta cuckolds, you are obligated to be fucking better than those men. Walk the walk.

Get in on this Juicy Tank Summer Sale and pick up a soft, light, professionally illustrated tanktop Then check out my sassy quips and muscle pics on Twitter.

If you have a history of Red Pill misogyny PM me for fitness advice.

How To Stuff Your White Meat Into Asian Girls

145 upvotes | June 17, 2016 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Over the past couple of months I've noticed a series of race specific dating guides posted to the Red Pill. Indian men wrote articles for other Indian men to help address specific Indian issues. Asian men have done the same and so have Blacks. In my opinion this is a positive development as race and culture have substantive influence on dating. The Red pill is predominantly American, Canadian, English and Australian. Which is to say, the Red Pill is mostly white. So why haven't Whites written anything for other Whites? There is nothing racist about Indians writing for other Indians, so why can't we Whites get in on the action? Luckily for you guys Red Pill Superstar GayLubeOil is here to answer your most pressing White dating question: *How To Stuff Your White Meat Into Asian Girls*.

Why Asian Girls?

There are three things Asian mothers hate: shoes on in house, checking their blind spot and chubby daughters. Asian fat shaming has single handedly saved generations of Asian women from the unfuckability epidemic experienced by Whites and especially Blacks. On top of that, Asian women are generally less television brainwashed as their parents forced them to practice violin for 6 hours a day. In other words White women have made themselves intolerable, pushing White men towards the Asian persuasion. Finally college campuses have been completely taken over by Asians since they actually study for the SAT, meaning there is a wide selection.

Choosing the Right Asian:

Contrary to popular belief, not all Asian girls are the same. They might sort of look alike, squeak like IKEA furniture when intercoursed, and shuffle their flip flops everywhere they go however, there are key differences you must consider in making your selection. The most important factor is when her family immigrated. First and second generation Asians retain their culture while third generation+ are a gamble and may be westernized shitshows like Ellen Pao. The next thing to consider is whether or not she has white friends. Asians who have white friends are more likely to sleep with white dudes than those who exclusively hang in Asian cliques. Finally: Does she conform to Asian beauty standards? If she isn't ultra petite, ghost pale and lacks an eye fold, she is looked down upon by other Asians. White men don't give a fuck about that shit. Which means there is an excellent opportunity to ball up some Asian girls with low self esteem.

Act White:

The key to getting *any* interracial action is not being an apologetic pussy. When white guys talk to Asian girls usually the first thing they do is supplicate by trying to show how Asian friendly they are. Asian girls don't care that you like Sudoku, Teriyaki and Anime body pillows. You deciding to submit to her Asian ways raises more red flags than Saigon in 1975. The white guys who do best with Asian girls aren't the ones who wear robes and have samurai sword collections they are the white guys who act white. Asian girls that want to sleep with white guys want to sleep with *White* White Guys like Channing Tatum who act white and do white bro things. They are looking for an invitation into *White World* with its footballs, barbecues, and plaid shirts. That's the fantasy. So don't cock

block yourself by saying weird or controversial shit.

Dating Asian Girls:

The key to setting up a date with an Asian girl in College or Grad School is using the phrase: **Study Break**. Memorize this phrase because it is your key to China Vagina. Asian girls love talking about how busy they are with school. Help them rationalize forgoing productivity for reproductivity by saying something like: "Wow O Chem sounds so much worse than my Jurisprudence class. You should come over for a study break. My bros are going to watch football and eat ribs. An Asian girl who is somewhat attracted to you can't say no to that. It gives her an exciting White guy story where she did White things, that she can use for social validation. \$20 spent on ribs and mashed potatoes is a great price for Vietnamese Tunnel. Also girls who just ate are more fun, happier and easier to fuck.

Contrast Game:

The essence of Contrast Game is doing the opposite of what Average Frustrated Chumps do. When flirting with Asian girls AFC's default to cultural sensitivity. *What country are you parents from? Oh that's so cool my brother went on vacation in China*. That's weak and kills conversation faster than smartphones. Which is why you should default to mild to moderate cultural insensitivity. Girls who don't enjoy insensitivity may be "Mattress Girl" tier SJWs, so its good to screen them early. Here are some things to try: If she hits you accuse her of Karate chopping. Occasionally remind her that this is America and that we have freedom here. If she says "Wow that's fucked up." Agree. Don't apologize. In the 90's and early 2000's weird, fat awkward, middle class White guys could score hot Asian women. Those days are long gone. White women have become so insufferable that they have driven up the SMV of Asians. Asian girls are no longer the easy option they once were. Luckily for you GayLubeOil has imbued you with all the necessary knowledge you need to succeed in the modern dating environment, and do what you were born to do:

Stuff Your White Meat Into Asian Girls

Get in on this [Juicy Tank Summer Sale](#) and pick up a soft, light, professionally illustrated tanktop Then check out my sassy quips and muscle pics [on Twitter](#). If you have a history of Red Pill misogyny PM me for fitness advice.

Genesis of The Alpha Male

236 upvotes | June 24, 2016 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Today Red Pill SuperStar GayLubeOil has chosen to bring you into his Biblical Sermon. The Bible is the literary tradition of our ancestors and in his infinite wisdom GayLubeOil has decided to bestow it's knowledge unto thee. Not only is GayLubeOil an Alpha male with very big muscles, he is also the best source of theological commentary anyone could ever hope for. Unlike most clergy who are sedentary and spend most of their time studying scripture, GayLubeOil deadlifts. No one gives a fuck what a bunch of dad bod betas who don't even get laid have to say, which is why it is hardly a surprise that religion is on the decline. Luckily for God and for your soul, GaylubeOil is leading the spiritual revival in this Red Pill post.

Women Ruin Everything:

Pretty much everything you need to know about women can be found in the first couple pages of the Bible. After creating all of existence, God makes it abundantly clear not to fuck with the Tree of Knowledge. Eve being an impulsive emotional woman, takes this as a cue to test boundaries and does the one thing she's not supposed to: eat the forbidden fruit. When confronted with her shittiness Eve doges responsibility by blaming a magical talking snake. Adam is forced to pay for Eve's hubris and is banished from the Garden of Eden. The biblical lesson is that women exist to make babies, and shouldn't be permitted to make decisions. Bringing woman into the Land of Milk and Honey got mankind banished. The list of things ruined by female participation is truly staggering, which is why you must take heed of the lessons of The Garden of Eden.

Protein is Important

Cain and Abel had a disagreement and decided to resolve it by presenting God sacrificial offerings. Abel offered up Lamb and Cain offered grass. The Lord accepted Abel's high protein offering, and rejected Cain's carbs. Cain grew jealous. His jealousy turned to rage and drove him to murder Abel. The Bible is unclear why God chose Abel's protein over Cain's carbs but it is reasonable to assume that protein is holier than carbs, especially animal protein. After all, animal protein gives the best gains because it contains the same nutrients as our muscle tissue. Obviously this statement is bound to drive 145 pound vegans into a blind rage. This is always the case when one forsakes protien. Much like Cain, vegans have a habit of wandering the earth, groaning and shaking in self-induced misery.

Believe in Your Mission

After looking upon the Earth and seeing that it was filled with injustice and corruption, God made the logical decision to drown the fuck out of everybody in a great flood. Noah was pretty chill though, so God decided not to drown him or his family. God commanded Noah to build a 450ft, three story arc, and fill it with two of every animal. Obviously this seemed impossible. But Noah believed in himself, worked hard, ignored the haters and did it anyway. Noah's belief in his mission made the impossible possible. The world has always been filled with adversity, impossible odds and injustice. However men with vision and determination have overcome those odds time and time again. Not all of those

men were righteous like Noah. Samson fucked prostitutes. Moses was prone to bouts of rage. However all of them achieved their mission through resolve strength and courage.

Take Back What's Yours

The Bible is many things: history, literature allegory and tradition. Its difficult to know where one begins and the other ends. However what is clear is that there's a concerted effort to strip you of the knowledge of your ancestors. There is a plan in motion to grind you down into a uniform, agreeable mass, bereft of values too scared to resist the next wave of *change*. You have been robbed and the great tragedy is that most of you don't know what you were robbed of. If today my bluster, dick waving and theological commentary convince some of you to to Take back what's yours, I will have accomplished my charge as Red Pill Superstar.

Celebrate Brexit by tearing down Globalism

For updates on my posts follow me on Twitter.

PM me for juicy lifting advice

GayLubeOil Fills You with his Esoteric Wisdom

220 upvotes | August 16, 2016 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Last month Red Pill Superstar GayLubeOil, in his supreme wisdom decided to bestow upon you the knowledge of the scripture. This month GayLubeOil has decided to go even further by pushing beyond outward exoteric interpretation into the hidden esoteric meaning reserved for the chosen. You probably are a bit confused about where this is heading. That's okay. Unless you give GayLubeOil a hard *no*, he is going to continue pushing deeper anyway. Because that's what alphas do. So just let it happen. You don't have to completely understand to enjoy it. After all this is what you want.

Duality:

A typical AskTRP question looks something like this: *So I just need to start acting like an asshole to get girls?* The guys who ask these types of questions are singular in their thought, actions and understanding. When they see Chad chatting up Sorority Samantha they perceive his douchebaggery however they don't understand that it is part of a dualistic strategy of demonstrating value at the same time. The complexity and nuance of social interaction is completely lost upon a person who can only perceive one thing taking place at a time.

Dualism is simply two things occurring concurrently. Law 38: *Think as you like, but behave like others* is a duality. During bench press focus on pushing the bar and feeling your muscle fibers engage. That's a duality. TRP helps its subscribers while concurrently manipulating bloopies into advertising for us. Duality. To achieve success you must manifest two or more things concurrently. Unless you are committed to being a simple minded basic bitch, meditate on the concept of duality and integrate it into your thought actions and perception.:

Self Mastery:

The mind is the most powerful tool at your disposal. Unfortunately a substantive portion of this community lacks the capacity to harness its power and instead uses it to fuck their shit up. Case in point: Every day at least a couple of men decide to write a treatise on AskTRP dedicated to their hopeless faggotry. Under the guise of asking for advice they publicly beat themselves in the dick while proclaiming that no advice can help.

In order to accomplish a significant task, your thoughts emotions and actions must align toward a singular purpose. You must have a plan, believe in your ability to succeed and finally must act in furtherance of your goal. The reason the dick beaters of AskTRP are destined for failure is that they feel they will fail and therefore subconsciously plan for failure. No action can succeed under those circumstances. Don't beat yourself in the dick. Take control of your mind. Harness the power of positive visualization to align your thoughts and feelings with your actions. And for the love of mystical arcane knowledge don't flagellate yourself on the internet, no one wants to watch that shit.

Regain Consciousness:

The majority lives in a dreamlike state of diminished consciousness. Hundreds of hours of emotional programing, hypnotic suggestion, operant conditioning and a whole host of other psychological

strategies have reduced them to a childlike state of *feolz before realz*. In fact these tactics have become so commonplace that its easy to think of mainstream Emotional Retardspeak as normal.

The unconcius are incapable of sustaining personal growth as they will be drawn astray by addiction and distraction. For example, the average Red Piller consumes thousands of hours of media yet is incapable of committing to a 12 week linear periodizaton routine. Understand that addiction is voluntary. You are choosing to be addicted and likewise you can choose to be not addicted. You have full control and are free to remove the chains at anytime.

All problems originate from the self and can be solved through the self. Case in point: Everyone here already knows what is the best beginner fitness routine, what foods to eat and what to do if their girlfriend gets cock hammered by a Chad in a bathroom stall. If they don't they can find out in five seconds with the help of the Reddit search function. Those questions are asked daily on AskTRP not because people don't know what to do, but because they lack the strength to do it. All strength comes from within which is why you must lift for the within as well as the without.

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For one on one GayLubeOil action shoot me a PM

Welcome to the Desert of The Real

518 upvotes | August 24, 2016 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

A lot of different groups lay claim to the Red Pill metaphor. For us in the TRP subreddit, the Red Pill is the belief that we live in a gynocentric society. For the Alternative Right, the Red Pill is the belief that race is a major factor in individual and group behavior. For MGTOW the Red Pill is the belief that women aren't a good investment of time and resources unlike videogames, Mountain Dew, Fedoras and Cheetos.

None of these concepts are the real Red Pill. The real Red Pill is far bigger than those things. The Red Pill is an all encompassing truth that affects everything you see think feel and hear. The real Red Pill is the fact that you and everyone else are trapped living fake lives in an artificial existence.

Six years ago my first girlfriend told me, "*We Need To Talk.*" The phrase was delivered in a way that let me know there was going to be at least a second girlfriend in my life. What followed, was a barrage of trite statements: *It's not working out, We aren't compatible, My emotional needs aren't being met, Let's Just Be Friends.*

She was right. We weren't compatible. I knew her for six weeks and kissing someone who smoked Camel Reds still felt fucking weird. But that wasn't the point. That's not what bothered me. The breakup was not what bothered me.

What did was the feeling that I had experienced the breakup before, that I had heard the same phrases and seen the same tears and dramatic gesticulations before. The breakup somehow didn't feel genuine. This was my first breakup but at the same time it wasn't.

I had indeed experienced this breakup before and so had my girlfriend. We had seen this breakup in movies and television many times. The only difference was that she was performing the Rom Com breakups she grew up watching in real life on me. Unconsciously she had transformed fantasy into reality. She made my real life follow a script that was probably written by a fat balding Jew somewhere in Hollywood.

People are social creatures. They do what they see. And the vast majority see thousands of hours of fictional television movies and internet. Which means that people live years of fictional lives. The problem is that even if you cut yourself off from the consumption of fiction, people will still force their fiction unto you.

In fact, we are in a time when fiction governs our reality. What does a normal relationship look like? What is a normal dinner? Is homosexuality normal? It wasn't in the sixties when the television played ominous music while two men kissed. But homosexuality is normal now because now the television plays the Aww sound and jubilant music when two Men kiss.

You eat what you see in commercials. You fuck how they fuck in porn or at least try to. You dance how they dance in music videos. You live how they tell you to live without understanding that you are no longer living but imitating.

You are living a life completely absent of reality. Welcome to the Desert of the Real.

That is the real Red Pill.

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Why You Should Write for Red Pill

124 upvotes | September 7, 2016 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Six years ago, back in my university days I walked past a booth on my way to class. As the day progressed and my class schedule kept taking me past the booth, I stopped by out of curiosity. The booth was for *Her Campus* an online journal for women about dating, celebrities and trends. When I asked what it was about the girls at the booth threw a bunch of feminist buzzwords at me about empowerment and whatever but also that no boys were aloud.

For some reason being excluded upset me. I know it's stupid. But I felt that I had a lot of interesting stories to tell about my college experience. Stories far more interesting than the retarded *10 ways to know if Chad likes you* listicles on their website. I guess what upset me was the knowledge that my *How To Stuff Your White Meat Into Asian Girls* content while well received by my bros but would never receive formal recognition.

Shortly thereafter I started submitting troll articles to *Her Campus* under various female pseudonyms in the hopes that they would publish one. This was going to be my vengeance. I submitted three in total.

- **Becoming Anal Allies:** We women should opt for a month of anal sex to better understand the difficulties faced by the gay community.
- **Ebony Jackson's Guide to Achieving the Perfect Tan.**
- **My Struggle:** The story of how a young woman helped her father find a final solution to his juice problem while working for him at the family restaurant.

Of the three only the last one was published. I guess the editors of *Her Campus* never heard of Mien Kampf. Either way I saw it as a victory. A stupid victory but nonetheless a victory.

I think that men have a lot of interesting stories to tell and in our culture of political correctness they can't. I wish there was a *His Campus* booth, but we all know that can never happen in this political climate. For now the only medium we have to share the authentic male voice is the Red Pill. So when you write for the Red Pill, don't rehash trite statements like a sorority slut, don't write listicles, don't write a highschool think piece on an article that gave you feels. Write your authentic experience. Until you write about how your Sister's friend demanded to be choked and jackhanered at the same time, your unique voice will not be heard and that is a tragedy.

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Then check out my sassy quips and muscle pics [on Twitter](#).

If you have a history of Red Pill misogyny PM me for fitness advice.

GayLubeOil's Guide to Using Meals to Give Women Feels

544 upvotes | September 12, 2016 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

When the Red Pill discusses feminism, it tends to focus on how the ideology effects men and society. This perspective is natural. The Red Pill is exclusively a male community and it is quite natural for men to gravitate to topics that effect them directly. One side effect of our male centered focal point, is that we often neglect the fact that feminism has had a real negative impact on women's lives as well. Second-wave feminism destroyed and degraded the bonds of many families by deemphasizing motherhood. As a result, a lot of women were denied the joys of cooking and enjoying wholesome family dinners. Their mothers were so focused on following the *Strong Independent* social script that they neglected to love their daughters.

Modern women are less well adjusted than their mothers and grandmothers. They crave the stability and comfort of the family meal that feminism has robbed them of and lack the ability to cook one. Luckily for you, Red Pill super star GayLubeOil is going to teach you how to exploit this tragic flaw. By controlling a woman's food hole a man can seize control of the vagina hole. The Red Pill is exclusively a male community, we don't really care about women's problems we just want to fuck them in the pussy.

The Feed and Fuck

Man has been bartering food for sex since the beginning of time. It's a well established strategy for getting laid. Anyone who has worked for the [UN food program](#) will gladly attest to the efficacy of *The Feed and Fuck*. While many men attempt this strategy, most fall into the trap of being a Beta food provider.

Here are some rules to follow if you wish to avoid this tragic fate: Whenever you cook for a woman make her an active participant. Always manufacture a story that gives the meal emotional significance. Never bring a woman into a dirty kitchen. Presentation is important. Basic bitches have a basic palate, so cook something simple. And most importantly, you cant stuff a girl who has already been stuffed so keep portions moderate.

After the Dick Benedict

As many of you know, the false rape epidemic is in full swing. College age women are on a steady diet of man hating feminist propaganda and MTV slut culture. Women want to be sluts but don't want to be judged by their peers. Not only do false rape allegations get them out of this conundrum, they also provide pity points, which are an invaluable currency in our victimhood culture.

Nothing stop false rape allegations in their tracks like breakfast. Real rape victims don't have breakfast with their rapists. Which is why, morning after breakfast is the ultimate alibi. Breakfast makes her feel almost like a real person instead of some Gymbro's slam hog. Eggs Benedict is the ultimate breakfast. Photograph her whore face next to your beautiful Benedict and throw that delicious alibi onto her Instagram. Make sure to leave a copy for yourself just in case her SJW friends indulge her in revisionist history.

Let me Cream those Peaches Creamy Peaches

Around six weeks into a hookup relationship women start feeling self conscious about getting creamed by a dude that only sort of remembers their name. This is usually about the time that they'll start trying to force the *So What are We?* conversation, more often than not at the behest of her friends. The trick is to preempt this talk with bullshit: "I'm a really spontaneous guy that lets things happen organically. I go with the flow and do what comes naturally. I'm totally open to a relationship but not if its rushed or forced." Now obviously the penis recipient will either swallow the bullshit or feel angry. The trick is to cram sugar and butter into her face during the conversation so she is more receptive.

Start by bringing a skillet or grill to medium heat. Use this time to spew some bullshit about your grandmother making this for you before she died of something horrible and sad. While the vagina person is distracted with feels, baste the peaches with your secret cinnamon honey butter sauce. Once the peaches are soft baste again and throw some ice cream or whip on that bitch. Women are children so presentation is important. Then while she is still under the delusion that you are a half decent person casually sell her some *I'm a spontaneous guy* nonsense.

The Language of Food

The hottest bitches are usually the dumbest. They have no interest in abstract concepts. They won't comprehend your jokes and will resent you for confusing them. Avoid all of this nonsense by speaking to them through the language of food. Use your meals to give her feels. If children and animals can be manipulated with food, so can women.

GLO Fit is the only clothing brand scientifically formulated to help you stuff your meat into Asian girls.

For even more misogyny follow GaylubeOil on Twitter.

Why I Write for Red Pill

64 upvotes | September 16, 2016 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

When I was in university, I would spend eight hours researching, writing and proofing an essay only to have it returned with an arbitrary grade and illegible comments in the margins. I found the whole process incredibly frustrating and anticlimactic. Here I am busting my ass writing an essay and this fuckface who I am paying wads of cash isn't actually reading it.

The majority of my professors wanted their liberal opinions shat back into their mouths. They weren't interested in an intellectual discussion of the issue. If you espoused their views with decent grammar and syntax you got an A minus. If you agreed but had the grammar of Affirmative Action recipient Juan Gonzalez you got a B-. If you disagreed, had an excellent argument with good grammar you got a C. However you could argue it up to a B+ if you tried hard enough.

When I graduated university I realized that essay writing was one of the few skills that university helped me develop. I paid a lot of money to learn how to write semi coherently and I wasn't going to let my talent fade. That's why I began writing. I chose Red Pill because masculinity and dating are fun topics to discuss and the community is active and opinionated.

At first I wrote just to write. However as time progressed I began thinking of Reddit as a writing videogame with the goal of earning the most points. I became a pro at earning magic internet points and was subsequently awarded the coveted title of Endorsed Contributor in a bizarre occult ceremony that no one is allowed to talk about ever. Then real media like Business Insider and the Sydney Morning Herald started linking to me. Finally after the Red Pill rose to Reddit infamy I became the bad boy Alpha of Bloopy's repressed sexual fantasies.

This put me in an interesting position. As a pillar of the community I had an obligation to create content that would benefit young men. However in my heart I'm a troll. I enjoy pissing people off. I now had the added challenge of helping people in the most hateful offensive way possible.

I came to see misogyny as an art form. Anyone can blast *All Women are Whores* or *Women Want to Be Raped* into a keyboard. It's been done many times and is more or less expected of Red Pill at this point. To be truly offensive you must push buttons that haven't been pushed before or push the buttons that people are afraid of pushing or push the buttons that Blue Pill expects you to push but push them in a new way. *6 Million Reasons Not To Date Jewish Women* in my opinion does all of the above.

What makes writing for Red Pill interesting is its unique viewpoint. *All women are whores. They are awful for every reason. Douchy alpha chads have all the sex. Betas are used by women for resources. Lifting and dread game solve most problems.* I find writing within a framework with such strong conventions fascinating and intellectually stimulating. How do I write misogynist cooking advice? How do I write misogynist fitness advice? How do I write dating advice while simultaneously abhorring women?

I guess in an odd way the Red Pill is kind of like porn. There are strict conventions that must be followed. Women must be degraded and objectified. However it must always happen in novel and exciting new ways otherwise the audience will get bored.

In conclusion I write porn for the Red Pill because my university taught me to shit people's own opinions back into their mouths. I'm spent a lot of time and money perfecting this skill and I'm not

going to let it go to waste.

Rebel against Globalism in your official Samson Swag

For even more misogyny follow GaylubeOil on Twitter.

GaylubeOil's Plan to Engineer a Race of Ultra Alphas

324 upvotes | September 20, 2016 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

When I was given the mandate of Chief Bro Scientist, RedPillSchool was forthcoming about a serious issue facing the community. The Red Pill is excellent at transforming docile college age men into angry fanatics. That's good. However, for an extreme ideology to truly shine it needs more than zeal. It needs strength. As Red Pill's Chief Bro Scientist my job is to transform the average Reddit nerd from 160 pounds at just under 6ft into 185 pounds of hatred.

This is achieved through three distinct mechanisms. The first is propagating the myth that women are attracted to muscular men. The truth is women love kind men with gentle eyes who prance softly and have Bieber bodies. The second is to provide simple easy to follow fitness and nutrition advice. The third and most important, is to create a cult like atmosphere of obedience by instilling irrational fear. The Red Pill has existed for three years which means most of the fitness fundamentals have already been covered. At the same time we have an influx of 100 people per day, many of whom still need the fundamentals. Thus in order to fulfill my mission of bioengineering a race of Ultra Alphas, I Red Pill Superstar GaylubeOil have created a guide that will help novice and advanced lifters alike prepare for the upcoming struggle.

Don't Surround Yourself With Losers: Man is easily influenced by his surroundings because at his core, he is a social animal. Prisons are notorious for transforming low level offenders into hardened criminals. Parents fight to send their children to good schools so they don't adopt the prole mindset. In fact the entire field of social psychology is built on the idea that individuals naturally conform to the people around them. Ultramasculine Red Pill alphas are not exempt from this basic principle of psychology. A loser gym filled with casuals intermittently scrolling through Instagram, will reduce your intensity to the ambient norm, especially if you are a novice. Do yourself a huge favor and workout at a hardcore gym, preferably one that has chalk and plays ACDC. A gritty dungeon gym will improve your training methodology, strengthen your work ethic, and serve as a welcome masculine oasis from the cucks at the office. If you surrounded yourself with losers don't expect to one day become a winner.

- **Supermarket Hypergamy:** The major supermarket chains in the United States are beta as fuck. The produce is overpriced and flavorless. The meat and poultry has been injected with more hormones than my friends at Golds Gym. The bread and dairy suck more dick than your ex post breakup. There is no reason to be with a beta supermarket when there are plenty of Alpha supermarkets ready for you to come inside.

In general supermarkets who's customers are ethnic immigrants have cheaper fresher produce. Unlike Americans, ethnics know good produce and aren't retarded enough to pay \$3 a pound for apples. By branch swinging, you will consume more fiber and micronutrients which will rapidly improve your lifts and physique. A word of caution; ethnics can be pushy. Old Chinese women will not hesitate to push in front of you, like they do on the freeway. Be prepared when entering their territory

- **Be Ready To Suffer:** By definition an impressive body is one that most people can't achieve. Which is to say, an impressive body is one most people are unwilling to suffer for. Plenty of people go to the gym to bench and curl. Those exercises are fun. But when was the last time

you saw someone lunge, do weighted dips or burn out quads with sets of fifty? Most people think of gyms as adult playgrounds. They are there to have fun, talk and flash their workout gear. They are trapped in a state of indefinite childhood, where results matter less than happy feels. These people live like children and more often than not eat like unattended children at a birthday party. Separate yourself from the herd. Push yourself, focus on the task and understand that you will have to endure discomfort to achieve anything meaningful regardless of what your goals ultimately are.

In conclusion, the Red Pill needs you to be healthy, fit, and strong. Surround yourself with winners. Don't let Albertsons put their tumor meat in your mouth. Be ready to suffer to achieve your goals. Listen to the Red Pill. Love the Red Pill. Obey the Red Pill. Otherwise you will spend your life raising other men's children and being used for beta bucks. The choice is simple. Be Alpha.

Rebel against Globalism and the forces of Blue Pill indoctrination in your symbolic Samson Swag
For even more misogyny follow GaylubeOil on Twitter.

GayLubeOil Live On Obsidian Radio 7-10pm EDT

30 upvotes | October 3, 2016 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Hey Red Pill, I am excited to announce that I will be the featured guest on Obsidian Radio Monday 7-10 PM EDT.

Obsidian is a prominent voice in the black Manosphere. We will be discussing a range of topics, including racial issues, strategies for dealing with women, the cuckold epidemic and the origins of GaylubeOil. Also if there is anything you wanted to ask me, call in at **516.387.1345** or leave a comment down below and I'll do my best to address it.

For even more misogyny follow me on twitter [@GaylubeOil](#)

If you are ready to increase your Alpha levels by 99% [pick up a GayLubeOil Alpha Shirt](#)

The Real

323 upvotes | October 9, 2016 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Forward By BurgandyCarpet

I will always remember the day I read your post "The Real." I was sitting in a cafe and eating breakfast. When I started reading that post, I was just a dude. And by the time I was done reading, I was a FUNDAMENTALLY DIFFERENT DUDE.

I was fucking blown away by the power of your writing. I had no idea that there was SOME GUY out there who had given himself permission to think THAT FREELY. When I read that post, I realized that you didn't just WRITE like I always wanted to write – you THOUGHT like I always wanted to THINK.

Your work changed me on a metaphysical level: it changed my image of myself. And you did it in pretty much the same way that Jesus changed people: you offer someone a positive self-image and invite them to live up to it.

Your writing helped me become the person I want to be. Now I want to help you do the same for others.

The Real is a fundamental aspect of the Red Pill metaphor, yet it is hardly mentioned in this sub. In the Matrix trilogy the Real is the true nature of things: an apocalyptic world where humans are harvested by machines. The utopian virtual reality in the Matrix is antithesis of The Real.

While The Real is the true nature of things, it is unpleasant and disruptive to the status quo. The concept of the real can be applied to many different things. Politics: America is controlled by a corporate lobby not by the people. Spirituality: Life is random and finite and there is no force that punishes misdeeds. Sexual Relations: Women act in their biological self interest when choosing or abandoning partners. Saying any of these things will get you shouted down by the masses because it disrupts their false world view. Just, ask Socrates and Galileo. People called Snowden a traitor when he told them their privacy was getting sodomized. No one wins points at a funeral, by saying there is a dead rotting person in a wooden box. He's in a better place now. Sure whatever.

The greatest gift you have is the gift of being human. You have a mind with which you can interpret and understand the world. Willfully abandoning this gift is a betrayal of your humanity. Cattle are content roaming and grazing without a care in the world. Abandoning the gift of reflection, in favor of being happy is reducing yourself to the cognitive level of livestock.

When a man's fiance gets ass-blasted in a cheap hotel, his therapist will tell him to forgive her and his psychiatrist might up his Xanax dose. But that's not what the man really needs. Mind numbing drugs and willful ignorance of reality will not help the man adapt. What this man actually needs is to see his wife get fucked by the other man. He needs to hear the sound of balls slapping against her chin and the gargling noises she makes in the hotel. He needs to understand the kind of person she is, and more importantly he needs to understand his place in the social hierarchy. By not adapting, he is permitting more of his life to get mouth fucked in the future.

One of the reason why modern society is comparatively peaceful compared to antiquity, is that the

natural male predilection for violence has been harnessed or subdued by the state. Violence is dangerous and male, so both must be discouraged by the state unless they serve the state. When men engage in violence they reenter The Real of natural masculinity. If a man participates in a martial art or a combat sport and confronts his fellow man, he will see The Real and glimpse what is to be male. To a smaller degree The Real of masculinity can be felt at any maximal physical exertion. Likewise a man can be distracted from the real by drugs, television, pornography, ideology or any other false reality.

A Man who has glimpsed The Real for long enough knows that all conventions are arbitrary and therefore lives by his own. Baby if you're nice and follow my rules ill let you have sex with me on Thursday. If you suck enough corporate dick, well give you a meaningless trinket commemorating your slavery. Give us this percent of your income because we are the state. No thanks. Fuck sluts, waste company time and launder cash. See The Real. If no one is helping you, then help yourself.

For even more misogyny follow me on twitter [@GaylubeOil](#)
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GayLubeOil's Definitive Treatise On Why Nobody Likes Paul Elam

34 upvotes | November 3, 2016 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Everyone who's heard of Paul Elam has a theory of why nobody likes Paul Elam. Some people have a natural aversion to a self proclaimed leader of men who likes to cry on camera. Others think that he looks ridiculous marching around with his best friend, Dean Esmay. I have watched legions of decorated bro scientists attempt to solve the Elam Problem by compiling millions of data points for humanity's universal aversion. Unfortunately the mind of mortal man is incapable of processing a problem of such sheer complexity. Luckily for you, humanity and the Universe, Red Pill Superstar GayLubeOil is more than a mortal man. His great wisdom is rivaled only by his immense muscular mass. Today GayLubeOil has decided to hand down Promethean Fire and relieve mankind once and for all of the Paul Elam problem.

The first thing that Paul Elam does in his cinematic debut is to promise women that he doesn't need them to be good wives. They don't need to have his children. They don't need to cook, clean, or do anything else that women should do. I don't believe him when he says that he doesn't want women to be good to him. I don't buy that Paul Elam is the 'true' progressive, just trying to enlighten feminists about where they may have made a little mistake. In all likelihood, Elam is just a coward. He doesn't believe strongly enough in himself or in his objective to actually ask for it, much less to demand it, and so he tries a different tactic: He offers complete and total submission. "If I tuck my scrotum and spread my asshole, in front of all feminists, will you please grant me one favor?"

In theory, I could appreciate Paul's Anal Sacrifice if it got results. Unfortunately even Paul Elam knows that prison shower bitch isn't a great negotiating position and that he isn't wielding a mystical "concede everything" dealmaking strategy. He's a fat, angry, divorce-raped guy who spends his time pleading with cameras in empty rooms. His heart and liver have been victimized for years and are plotting their revenge. Men like that are not held in high regard by society. The best Elam can hope for is that people look at the abuse he takes and say "Wow, that man has really been wronged. Which is to say his purpose for being on all fours isn't negotiation. Elam wants to be a martyr because he is capable of little else.

Elam's victimhood strategy is ripped directly from the SJW playbook. The problem is victimhood is not a viable strategy for men and is inherently toxic to their success. When a person identifies as a victim they are affirming their inferiority. It is negative visualization in its purest form. Success is not possible for a victim because success was eliminated from their concision realm of possibility. Paul finds failure comfortable and success dangerous. He's developed coping strategies for his failure including alcoholism, childish eating and emotional outbursts. Furthermore Paul is quick to attack anyone who offers a path out of loserdom. Dating, relationship and fitness advice are quickly dismissed as gynocentric pussy worship because they threaten his ability to comfortably live a mediocre existence.

Paul Elam is the physical embodiment of the Nietzschian Last Man. He seeks comfort and pleasure and avoids pain uncertainty and risk. Paul prefers equality to greatness. Despite his fondness for calling men pussy worshipers, Paul finds validation in weeping to women. Paul Elam is exactly what feminist want men to be: asexual, irrelevant, isolated and nonthreatening. Feminists have always

wanted to exclude men from society and Paul is more than happy to help them achieve their goal. Great men are not born, they are created through hardship sacrifice and struggle. The Red Pill offers men the tools to achieve greatness in an unfair unjust world. On the otherhand, Elam offers men an excuse to isolate themselves in a cave of masturbation, alcohol, video games and mediocrity. My advice to you is to choose a life of risk and struggle, so that you may grow up to be nothing like Paul Elam and acheive greatness.

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A Red Pill Perspective on the 2016 Election

202 upvotes | November 11, 2016 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

The Red Pill is a group of young men who spend their free time writing and reading bro theory. There are a host of reasons why a twenty something decides to put down porn and video games and spend hours playing philosopher. Some feel that the popular consensus doesn't accurately describe the world and are looking for an alternative that does. Some are in search of an intellectual and creative outlet. Others are dissatisfied for one reason or another and enjoy being part of a dissident community. Irrespective of the reasons for its members participation, the Red Pill gets its legitimacy from its ability to accurately predict and explain. This unprecedented election season has revealed a lot about how the world functions and in so doing validated the Red Pill Theory as the pinnacle of post modern philosophy.

When Donald Trump called illegals rapists on the first day of his campaign, every pundit and every poster in r politics laughed in unison that he had already lost. That's because they have no concept of frame. Trump was the first candidate in a long time who ran a campaign with a different method than simply showing his obedience to the system and its mandatory code of conduct. From his first speech, Trump blasted the rules apart and forced everyone else to play his chaotic game. That's bringing people into your frame.

Frame is about shaping the way people form beliefs and attitudes about the world and how they react towards it. Trump was only candidate in 2016 to create a new lens for people to see themselves and the world through. The other candidates pointed the old lens at yet another policy proposal. Ironically Trump's 2016 frame shift is exactly what Obama offered with *Hope and Change* in 2008. In a divisive time and turbulent economy he who can offer passage to a better reality will be the winner. No other candidate offered an escape to a new reality. They offered tax plans, a vagina in the oval office and pantomimed strength, but they didn't offer the American People what they wanted most: *a New World*.

Bernie Sanders deserves a special mention here, specifically because of how he fails to offer *a New World*. Sanders spoke of revolution and announced that he was going to bring change but then offered Progressivism. Bernie is a true believer when he acts as if it's Christians or traditionalists are still in charge. He doesn't understand how society has changed. Bernie appealed to people who felt the need for change but had no vision of what change would look like. Bernie's an old man who thinks the ideas that were new when he was a kid are still new. He offered the comfort of old ideas while still talking about change. At the end of the day, he was just a tax plan.

Everything that made Trump seem unelectable and ridiculous, is what made him succeed. Trump is the pick up artist Mystery walking into a club wearing aviator goggles and black nail polish circa 2004. He's brash bold eclectic and reckless. He is his own world and succeeds because people prefer his world to their own so much so that women will give up their vagina to be a part of it. Innovators, rule breakers and risk takers win, conformists lose. The leftist mainstream media will never allow themselves to understand this phenomenon because at its core leftism is about conformity, hence the virtue signaling and thought policing.

The path to victory is not comfortable and there are plenty of men who would rather believe that the path doesn't exist than admit that they are too weak to take it. If you ask Jeb Bush about his crushing defeat he would mutter something inane incomprehensible or nonsensical. Likewise if you ask a nice

guy about his failings with women you would get a similar response. Finally if you were to show them how to win by winning they would fill with rage and lecture you on your moral failings. There are some truths that people won't allow themselves to comprehend. Those truths are the Red Pill.

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Ownership

201 upvotes | November 22, 2016 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Back when I was a Frat Star and not yet Red Pill Superstar GaylubeOil, I had a serious problem. I had passed all the hurdles required to become a practicing personal trainer, the certifications, interviews and client acquisition. I even had great sales numbers, retention and yelp reviews. My problem was session completion rate.

I would show up for work everyday at 5:45 AM mush my oatmeal bananas and cinnamon together in my Tupperware, and enjoy the sunrise as excuses flooded my phone. Flat tires, doctor's appointments, malfunctioning alarms, traffic, children, illness, sick pets and no call no shows. Every day I would get fucked out of about half of my paycheck because my clients preferred sleeping in to working out.

However, it wasn't just me who was getting fucked. My Fitness Manager was also getting fucked because his bonus was tied to the session service count of the trainers in his charge. So basically he was getting fucked for \$200 monthly because of me, which ironically is why I had this valuable life lesson bestowed upon me.

So anyway I get to work 15 minutes before my first client, not that she was going to make 6 AM anyway. The gym is calm. Just the quiet hum of treadmills and the slow steps of the elderly. I sit down by my favorite window, watch the sunrise and begin to swirl my cinnamon bananas and oatmeal together. Out of the corner of my eye I see my Fitness Manager getting his pay stub from HR. I glance at my phone, see the beginning of a lame ass excuse from my client. I text some nonsense that makes it seem like I care and get back to my oats. Dawn is breaking.

The serenity of sunset and oats is suddenly ruined because Corporal Brown aka my fitness manager is standing over me, half yelling a mispronunciation of my Russian name, half trying to maintain a veneer of professionalism. Marines like to attack at dawn apparently. We make our way into a soundproof office because it is clear that much needs to be expressed outside the purview of complaint prone elderly white women.

With the door firmly closed I was ready to receive Corporal Brown's wisdom.

Why the fuck do only half of your clients show?

My response was some variation of how it wasn't my fault that my clients were lazy. I had done my best to motivate them and ultimately it was there responsibility to show up. If they didn't show up that was there problem. I did my job.

WRONG! Your clients belong to you. They are yours. They are a direct reflection of you and your professional ability.

When they fuck up, it is your fuck up . In fact it doesn't matter whether or not you choose to believe this. You better start

believing because that's what the gym already believes. Every second you are here, the gym is judging you on the success and ability of your clients.

That awkward nerd is your awkward nerd. That bored housewife is your housewife. That chubby lonely gay is your gay.

Your job is not only to give the nerd confidence, but also to help the housewife cheat on her husband, and get the gay fit enough to get as much backdoor action as he wants. That's your job.

Your job isn't actually fitness because no one pays \$1000 a month for fitness. People only spend that kind of money on dreams. They might say it's fitness but only because they're afraid of telling you their dreams. Your job to make dreams come true. The job description says personal trainer but its actually magic genie .

Clients need to feel that you will make their dreams come true and that you are willing to hold them accountable. It's a lot harder to flake on a magical wish granting genie than an early morning workout.

Needless to say Corporal Brown gave himself a \$200 a month raise and thought me an important lesson about *ownership*. However *ownership* doesn't end at guilting Hallie Housewife honoring her commitment to fitness while dishonoring her commitment to monogamy.

Ownership is about keeping yourself accountable. Your puppy groomed and not peeing everywhere accountable. Your plate taking her birth control everyday accountable. Your girlfriend fit healthy and pleasant company accountable. For those of us on the Endorsed Contributor team, ownership also means keeping our army of Red Pill men accountable to themselves, masculinity and their muscles.

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Little Susies

288 upvotes | December 5, 2016 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

The first thing that men learn about women is how much they suck. It usually happens sometime around elementary or middle school. It's recess your running around throwing snowballs at the other boys. Or maybe it's dodgeball or tag or whatever else seven year olds do when their not crammed into the shitshow that is public education. The story is always the same.

You're having fun with the other kids and a little girl ruins it. Maybe she gets hit in the face with an iceball, or scrapes her knee after an aggressive tag or maybe she hears a bad word. Whatever the fuck it is, she immediately makes a beeline to the nearest adult. "I'm Telling!" she announces with the stalwart solemn determination of Erwin Romel. The *I'm telling face* is deeply ingrained in our collective consciousness because it was our first experience with absolute powerlessness.

If you called Fat Carlos *Burrito Boy*. There is a good chance that you could convince him you actually said *Latino Boy* and nothing would come of it. If you threw an iceball at Trevor you could get him to throw one back at you and forget it happened. However, if little Susie hears you call Michael a ButtFace she is **100%** going to tell on you and there is nothing anyone can do to stop her.

The adults are going to make a massive deal over the utterance of the racial slur: ButtFace. Susie is going to get positive affirmation for her heroic deed. Then she and every other girl are going to keep tattling until you and every other seven year old boy stays as far away from them as possible and only have fun in secret.

That playground story or whatever personal version you have, is the reason for all discrimination against women. Men exclude women because deep in their soul they know that things go more smoothly without them. Think about the phrase *Locker Room Talk*. Heterosexual men will gladly stare at each other's penises for an opportunity to speak freely outside of earshot of the little Susies. In fact high level business deals all across the world are purposefully done outside the purview of Little Susies in the office. Americans talk business at golf courses and country clubs. Russians negotiate in saunas. Koreans make deals in karaoke bars.

The natural inclination is to accept the convention without thought, as just the way things are. Of course business deals are done on golf courses because golf courses are just where people do business deals. That's what executives tell the Little Susies at HR and Accounting. But take a minute to think about it from a different perspective. If you were an executive wouldn't you rather just do deals in your office? Its more convenient, saves time and would allow you to enjoy Sauna-Karaoke-Golf without it being muddled with business.

In a perfect world, the vendor would arrive at your office. You would start with small talk. Laugh about Burrito Boy Fat Carlos whom both of you bullied and manipulated for years in elementary school. You would figure out a preliminary rate. Then you would call the magic money Jews into the office and have them figure out how to dodge as much tax and regulatory burden as possible. Everybody wins!

The problem is that the Little Susans would never let that shit happen. You wouldn't be able to build enough rapport to have your vendor relax and give you a real discount because the little Susies would keep asking stupid questions in order to feel like empowered business women. Women will gladly fuck people over to feel important even if it serves no real benefit to them apart from feels. It makes

no difference if a bunch of seven year old boys get in trouble for something stupid or if everyone loses their job. Little Susies just want to * feel* strong in the moment regardless of the consequences for anyone else.

At the end of the day everyone knows the importance of escaping little Susies. In fact, you could argue that there is even a tacit acceptance among women. However, no one is ever allowed to say anything about it ever, because that would hurt little Susie's feelings and she would tell on you.

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Counterfeit Red Pills

1202 upvotes | December 7, 2016 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

In the movie The Matrix, a man named Neo is floating around in a giant tub of pink semen while robots harvest his asshole for energy. Neo doesn't know about the energy harvest taking place, because the assrobots have sedated him with a virtual reality called the Matrix. Neo thinks that he's working in an office wearing a suit when in reality he's a naked guy floating around getting his ass drilled by robots.

The problem is that the robots are so busy drilling everyone's assholes that they forgot to fix the glitches in their virtual reality program. Neo notices the glitches and begins to think that something is weird. Wanting to get to the bottom of the situation Neo goes to a mysterious hotel within the Matrix. There he finds a Black guy named Morpheus. As is customary among the Blacks, Morpheus offers Neo some drugs: a Red Pill that allows him to see the truth and a Blue Pill sedative probably xanax. Neo decides to take the Red Pill and honestly who could blame him? If you are being offered free drugs you obviously go with the most expensive option. Anyway The Red Pill is so fucking strong it immediately wakes Neo up from his 26 year slumber. He sees the Real. Robots are ass harvesting everybody. It's fucking crazy as fuck. He starts freaking out and the robots get rid of him so that they can assharvest someone more chill.

This community has chosen to call itself The Red Pill. In other words by its name alone, this community is implicitly making a very big promise to its readers. That promise is to deliver truth so potent that it will wake the reader from his pink semen tub slumber and allow him to save himself from exploitation by assrobots.

Allright so how do we deliver on our promise? Every Endorsed Contributor has their own unique answer to this question. Rollo Tomassi believes that by showing men the map of the Sexual Marketplace he can help them understand what is happening and avoid the roborape of becoming a beta provider. Archwinger teaches men the micro strategies of intergender relations in the hopes that they will extrapolate up and see the big picture. I GaylubeOil have taken the classic Spartan position, that by putting a man through physical hardship it is possible to reprogram his mind. All of us have our own unique process by which we take men from one state and transform them into a stronger state. So for example if a Red Piller's girlfriend accidentally on purpose sits on a strange dick, he will be well prepared. Rollo taught him the hypergamous nature of women. Archwinger taught him about the female rationalizion ego preservation tactic. GaylubeOil has given him the physique to be competitive on Tinder and the will to persevere during stress. This is our hope as ECs and this is how we justify our content as Red Pill.

Unfortunately there is another group of men claiming to be the Red Pill. Lets call them the Counterfeiters. The Counterfeiters are quick to point out whats wrong with society but at no point do they offer a solution. Being angry at society for valuing women above men as it has done since the beginning of time doesn't accomplish anything. Being angry at women for forsaking logic in favor of emotion doesn't change anything. Yelling at the ocean for being salty and undrinkable doesn't transform it into fresh mountain spring water. However, that is exactly what Paul Elam MGTOWs and MRAs are doing. The tragic irony of the Counterfeiters is that by pretending to offer a solution they prevent men from finding a *real* solution. Venting frustration at women is not self improvement. It's one thing to discuss flaws in female thinking with they aim of greater understanding and perhaps

sexual exploitation. It's another thing completely to write off all women and live in a pleasure cave of alcohol, masturbation and self inflicted victimhood.

At the end of the day men are masters of their own destiny. If a man wants to live his life in a virtual reality of video games, alcohol and increasingly bizarre pornography that's fine. There is nothing I or anyone else can do to stop him. However hiding from reality is by definition not the Red Pill. Anyone telling you otherwise is a counterfeiter selling Blue Pills painted Red. What I'm saying is that Paul Elam wants you to get assraped by Robots and that you should buy Rollo's book and lift.

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Put On Your Fedora And Go Your Own Way!

351 upvotes | December 12, 2016 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Last week I wrote a wonderful post called *Counterfeit Red Pills* which made the case that MGTOW is fundamentally incompatible with The Red Pill because MGTOW is a retreat from the Real. A belief system dedicated to embracing painful reality is incompatible with a belief system dedicated to running from it. From a purely philosophical standpoint that should be the end of the discussion.

Unfortunately human nature is not logical. MGTOWs were hurt that were being shown the door. For whatever reason they feel at home in a community dedicated to sexual strategy while simultaneously lambasting all sexual strategy as pussy worship. A parallel can definitely be made with refugees flooding liberal democracies and imposing Sharia. Why won't those fuckers stay over there? Why do they have to come here? If fundamentalist Muslims hate western liberalism so much why do they go to liberal Western countries? If MGTOWs have gone their own way, why do they need a community dedicated to sexual strategy?

What is my rationale for excluding these lovable but tragic chubsters? Well my dear *Gentilesirs*, please find a sturdy chair and allow me to mansplain.

The Red Pill's most important demographic are its 16-23 year old Baby Alphas. These young men are in a critical period of their life and are looking for a pathway to success and masculinity. The Red Pill's advice for these men can be boiled down to: work hard, develop yourself, develop your body and go fuck some sluts. By pushing physical and mental boundaries a Baby Alpha can grow into an Alpha. By facing rejection betrayal and loss a Baby Alpha can understand women and become a man. It's a painful unpleasant process but a process that is nonetheless necessary for a man to actualize.

And herein lies the problem. While we the Red Pill offer hard work and struggle, MGTOWs offer comfort and complacency. By saying women aren't worth it MGTOWs give young man an excuse to stay boys forever. This is incredibly dangerous because a succession of several years lived in complacency eventually crystallizes into a low level of existence.

MGTOWs are Fedora Cancer not because I GayLubeOil personally despise Undermenschen. No! MGTOWs are Fedora Cancer because they lure young men away from personal growth and toward stagnant mediocrity. While we the Red Pill 100% agree with MGTOW that women are the direct cause of a lot of male suffering. We also realize that suffering is the best fertilizer for male growth. In fact, many men absolutely refuse to grow despite their friends best efforts to help them. Women are terrific at consistently providing stagnant men with the impetus for growth, which is why it is necessary for young men to experience firsthand. Until a plugged-in man experiences a woman with all of her natural flaws he can never escaped from the idealized virtual reality created by his Blue Pill indoctrination. Women are 100% worth it because most men need to see the Real of human nature firsthand to believe it.

At the end of the day, a tree is identifiable by the fruit that it bears. Men who have experienced many women are usually more actualized than those who have not. All of us know what MGTOWs look like, which is why we wish that our Baby Alphas go the way of Dan Blazerian and not the way of Paul Elam. If you don't agree, you are more than welcome to pick up your fedora with your orange cheesy fingers and go your own way.

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Fuck Your Cuddle Party

527 upvotes | December 21, 2016 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Last Week I Red Pill Superstar GaylubeOil, angered a substantive portion of the Red Pill Community. Now I'm not going to point any fingers or poke fun at *the strong independent men who don't need no women*. What's done is done. I'm not here to rekindle the week long Butthurt like an unsanitary Mexican restaurant. That's not what I came here to do. I believe the best thing is to use this as an opportunity to point people in the direction of the uncomfortable truth.

You see the Red Pill has always been a bitter pill to swallow and self improvement regardless of flavor is never pleasant. Military Boot camps aren't pleasant. Diets aren't pleasant. Finding out about the hypergamous nature of women isn't pleasant. In fact more often than not periods of rapid self actualization are unpleasant because that's when people do what they don't want to. Quite simply, rising up above your fellow man requires you to do what he is unwilling to do.

The purpose of the Red Pill is to force men into a period of rapid self actualization. Now obviously that process isn't going to be pretty. It can't be. We can't take several thousand Reddit nerds and transform them into Machos without tears being shed, keyboards being broken and chicken tendies angrily thrown on the floor. The ego never wants to go quietly. In fact, the Red Pill is in its most concentrated form precisely when people are the angriest. When the comments sections fill with Navy Seals, UFC fighters and billionaires, that's when the Red Pill is working.

In conclusion, fuck your cuddle party. If you're upset good. If I've personally upset you even better. You were going to learn the truth eventually. As far as I'm concerned the school of GaylubeOil is much kinder than the school of life. Either I make you aware of your pathetic state of Nu-male cucksculinity or your future girlfriend will, with her adventurous vagina. Better I wake you from your virtual world of Paladins and Pornhub, then you wake up with no life left to live. Perhaps you've deluded yourself into believing that you don't want this or need this. Doesn't matter. This is the Red Pill and I don't need your consent.

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The Real Crisis of Masculinity

374 upvotes | December 30, 2016 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Two years ago, when their wives and girlfriends were off celebrating *Mandingo Monday* the top Reddit mods gathered for a very important super secret meeting. The Red Pill had become a serious problem. It was making the website's primary demographic: [Seth Rogan body doubles](#) and [HAES Tumblr activists](#) feel bad. On Reddit, that's a serious offense. The primary mission of Reddit is to lure people into a comfortable [internet trance](#) where they can be fed a steady diet of advertisements and disinfo. The Red Pill's habit of *Feels-Raping* betas and land manatees is counter productive to that goal.

To stop *the Sleepers* from being woken the top mods decided to purge all mention of the Red Pill from their communities. But the Red Pill kept growing. So they banned anyone who posted in the Red Pill. The Red Pill continued to grow. Then they stickied anti-RedPill posts including the famous *Why The Red Pill Will Kill You Inside*. The Red Pill grew even faster. Every initiative designed to stifle and slow the Red Pill failed. Why?

Why is there a strong demand for the Red Pill despite the animosity and despite the countless uncontroversial alternatives? How come, I and every other Endorsed Contributor get flooded with hundreds of questions about confidence, masculinity, and outcome independence. Can't these people ask their father? I think we can all agree, that those questions are traditionally answered by the father. So why aren't they?

You see the *real* crisis of masculinity is that the current generation of fathers is collectively inferior to their fathers and a complete disgrace compared to our great grandfathers. How come these fathers habitually keep their mouth shut while their sons are taught that *all men are rapists*? Our great grandfathers bayonet charged machine guns. Meanwhile, these fathers are afraid of telling a few bitter feminists to shut the fuck up and go back to fisting their girlfriends in San Francisco.

The reason why Red Pill Endorsed Contributors crank out article after article about confidence, frame, and outcome independence is because our readers never learned those things. Their father's never taught them. Because their fathers never stood up to protect them. In fact the previous generation of men collectively let things deteriorate to such a state that the current generation of boys is no longer taught that masculinity is bad, they are taught that masculinity does not exist.

If masculinity wasn't systematically purged from society the Red Pill wouldn't exist. Men could learn how to be men in the absence of fathers, as they have traditionally done following a great war. If the Progressive Left offered a viable alternative, the Red Pill wouldn't have to exist. The best they have are a few zany charterers like [Dr. NerdLove](#) who regurgitate whatever feminism decides to shit in their mouth, human centipede style. Despite their contortions and rationalizations that 13 inch arms and wide pleading eyes constitute masculinity, men instinctively know better. Which is why they continue to come here.

In conclusion if you're one of Red Pill's lost boys, I'm sorry that it's come down to this. This is a large deliberately manufactured societal problem. You're not alone. It's not your fault. Unfortunately you're the only one who can save yourself. I guess you're going to have to become your own father, and hopefully I or someone else can help you in some way. On the other hand, if you oppose the Red Pill, you are more than welcome to redefine masculinity in whatever way best distracts you from your

wife's attendance of *Mandingo Monday*.

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The Blue Pill Reloaded

365 upvotes | January 16, 2017 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Everything is simple within the Blue Pill consciousness. Those guys getting laid are assholes. The women sleeping with them are confused. I am going to find my soul mate. The guys getting promoted are jerks. If I work hard the company will reward me. In the future everything is going to be great. I need a house, mortgage, and wife to be happy. Communication is the key to a healthy marriage. Who am I to tell wifey how to spend our money? She made a mistake but with therapy we can work through this. Everything is going to be fine in the end.

Its a sedative. If you lay down and continue to let everyone fuck you in the ass, everything will be OK. Eventually getting fucked in the ass is all you know. After all, everyone else is getting their asses fucked. So you just kind of grow to accept it. "I hate Mondays," you tell yourself as your dreams slip away and your asshole gets stretched to Goatse proportions.

The problem with the Red Pill is that it takes the sedative from you. Everything is not okay. Everything is not going to be fine in fact it's getting worse. You don't want to end up like everyone else. This is your life and it is being taken from you.

You were happy in the prison of Blue Pill consciousness because you didn't know that it was a prison. But now you do. Which means now you have to figure out how to escape. The Red Pill creates a massive burden of performance. Not only do you have to escape but you must also learn to function effectively outside of the prison.

Anything is possible with hard work, determination, and planning. You can have the body you want. The women you want. The job and the money you want. All of those things have already been achieved millions of times by men lesser than you.

Unfortunately, no amount of cute 600 word essays can help you. Sure they can create a minimal temporary awareness. But in the end only you can save you. Only you can figure out how to rescue yourself from your unique mental prison and how to create a life afterwards.

No amount of edgy bro writings can change the Pareto principle, or Biological determinism or fate or what Jefferson called the inevitably of Natural Aristocracy. Your only hope is to save yourself by the grace of your own will, but even then your chances are small. Men are equally as delusional as women and you are not a special snowflake.

The task at hand is so daunting that most will choose to reload the Blue Pill. They'll say that being a leader of men isn't necessary to being an Alpha Male. They'll claim that physical actualization isn't important. They'll claim to be in monk mode while in reality being in masturbation procrastination mode. They'll claim that masculinity isn't about having sex with women. They will reject every classic objective measures of masculinity that has ever existed, so that they can reload their Blue Pill programming and lie to themselves instead of changing themselves.

Welcome back. Welcome to the Blue Pill. You never left. Everything is not going to be okay.

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When Bloopies Attack!

99 upvotes | February 4, 2017 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

As many of you are well aware our tolerant Bloopy buddies have been steadily growing more and more aggressive. It started with Carl the Cuck and Aids Skrillex yelling at Trump supporters on the street. Then Trigglypuff took the act indoors and disrupted Milo's speech at University of Massachusetts Amherst. Next Robert Creamer and in all probability other Democrat Elites paid agent provocateurs to disrupt Trump's rallies. During the inauguration, an Antifa Scat Fetishist punched father of the Alt Right Richard Spencer, and was immediately praised across all social media for his heroic deed. Most recently Bloopies went full Ukrainian Maidan at UC Berkley. All of this has been occurring with the full support of Hollywood, the media and the Liberal establishment. So how did this happen? Decades of film and television psychological conditioning have created a generation of White Knight Beta males eager to prove themselves to an imaginary princess in a castle. These unfulfilled despondent men want to be appreciated by women and society. They want to be the hero. They are desperate for meaning in a meaningless postmodern world. In order to live their fantasy they need a villain, and right now that villain is you. What does this mean for us? Our collective experience has shown us that, men don't abandon their delusions until they are absolutely forced to. In fact, most of the men here refused to acknowledge female nature until they had a face to face meeting with hypergamy. Now is when we learn the nature of man. Man is violent, tribal and opportunistic. Weak men are always the first victims. Richard Spencer has never taken physical self development seriously and has never participated in a martial art or combat sport. His first instinct after getting punched in the face was to fix his hair. Ironic hipster Gavin McInnes was an easy target and so was Roosh. I know this community better than anyone else and I know as a fact that the vast majority of you LARP masculinity rather than live it. You are out of shape, Have no idea how to defend yourself and worst of all look like it. Let's be 100% honest, the men here are so soft that they are afraid to speak to women. What would become of them in these situations? Feel free to jerk yourself off in the comments about how much of an Alpha you are. I'm personally not the kind of guy to get between a man and his role playing fantasy. However, if you are upset at what's happening you should probably find a hardcore boxing gym and start taking your masculinity seriously. I'm definitely not advocating for violence. It's not good for you or for us and would only bolster the narrative of the opposition. I'm just reminding you that your responsibility to be ready for the fight never ends.

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Why You Shouldn't Start With Starting Strength

68 upvotes | February 15, 2017 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

If you go to any online fitness forum and ask what is the best exercise routine for a novice, you will immediately be told to do Mark Tippetoe's Starting Strength or some variation thereof. Compound exercises are the fastest way to gain muscle, therefore, a person trying to gain muscle as quickly as possible should choose an exercise routine comprised primarily of compound exercises. Sounds logical right? Well it's not because it is assumed that you can safely and correctly perform compound exercises. That's a pretty big assumption because if it turns out that you actually can't perform the exercises correctly, you are going to be on the express train to Snap City. The meat of the program: squat and deadlift can break your back worse than a blue haired family law judge.

The problem with Starting Strength as a blanket prescription is that its original intended demographic are high school and college athletes (mostly football players), not sedentary adults and not Reddit internet nerds. Athletes are special because they are selected for their athleticism. They have better genetics. Fewer muscular imbalances and postural deficiencies. They learn movement patterns more rapidly. They recover more quickly. Finally, they are psychologically acclimated to physical exertion. Eighty percent of the Red Pill does not fit this description, which is why Starting Strength can absolutely fuck their shit up.

The first thing any half competent coach will do upon meeting a new client is figure out how much of a liability he is. Snap City is a frequent destination for those lacking in preparation. The last thing any fitness professional wants to do is put a loaded barbell on Quasimodo's back. The Functional Movement Screen, is the primary mechanism by which coaches figure out how their clients are fucked up and what needs to be done about it. For most of the people reading this, their Overhead Squat Assessment is going to look something like this. Now if you're the kind of person that finds Chinese construction standards to be satisfactory: Congratulations, you are ready to max out. Load that unstable structure. Spinal Jenga, let's do it!

If however you have some semblance of respect for your spinal integrity and aren't pursuing the elderly Russian grandmother aesthetic, we have some work to do. How much and what kind of work depends on the individual. Generally speaking, you're going to need mobility movements to fix your anterior rotated shoulders, a combination of mobility and strength to unfuck your collapsing hips, and probably some painful myofascial release performed with a Lacrosse ball. Corrective exercise is a deep and comprehensive topic however the easiest way to develop a good working knowledge is to buy Becoming a Supple Leopard and binge watch Kelly Starlett.

The next thing you'll need to fix is your cardio and coordination. There is nothing more dangerous than an uncoordinated person fumbling about with heavy weight. Not only are you a hazard to yourself but your inability to properly utilize your muscles greatly diminishes the effectiveness of your isolation and accessory work. If you are cardio deconditioned, your shortness of breath will greatly impend your ability to perform at the high work capacities that Starting Strength prescribes. You have a range of options, however the best solutions are recreational sports, hiking or

plyometrics.

Finally and perhaps most importantly is the issue of diet. Every exercise program is going to create metabolic demands. If you are unable to meet those demands your progression and recovery will be compromised potentially leading to overtraining, injury and exhaustion induced depression. For the majority of people here chicken rice and tupperware is the solution, given the constraints of their finances. The only way to ensure nutritional consistency is to plan ahead. Also I would recommend that you purchase a cheap centripetal juicer and consume a glass of green juice ever day. Most people don't get an adequate amount of fiber and vegetables in their diets. It has been my experience that my clients that incorporate vegetable juice into their fitness regemine achieve rapid recomposition in as little as two months.

In conclusion, Mark Tippetoe's Starting Strength is a great routine that I highly recommend *if* you are ready for it. If not your best course of action is to spend a couple months fixing your posture, improving your conditioning and acclimating yourself to a healthy balanced diet. In the meantime, you should switch to a lower risk bodybuilding bro split until you can safely perform compound movements at moderate weight. Be swell and strong my legionnaires of misogyny and don't let the Gains Goblins drag you to Snap City.

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The Indefinite Quantity

760 upvotes | February 23, 2017 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

After bingeing on cheap Tinder dick for years, used up carousel rider Alana Massey wrote: Dick is abundant and low value. And you know what? She is absolutely right. Women can get express dick delivery with about the same ease and convenience as a Domino's Pizza. The Sexual Marketplace is a buyer's market if you are buying dick.

This presents a problem for the fine gentlemen of Red Pill because we are in the business of selling dick. How do you sell dick in a market that is flooded with cheap abundant dick of all shapes sizes and colors? I'll give you a minute to think about all of those dicks and how you are going to defeat them with your dick. No homo.

Dick is no different than any other commodity. Just because the market is flooded doesn't mean you can't sell at a high price. How do you sell carrots at \$4 a pound when the market price is ¢50 a pound? You sell organic carrots. How do you sell coffee at \$3.50 a cup when every donut shop and fast food restaurant is selling at \$1.50? You brand the coffee. You make the coffee more than just coffee you make it Starbucks. Starbucks is about being cool. Starbucks is about helping Amazonian forest children. Starbucks is about expressing your individuality with peppermint sprinkles and caramel swirls. Women especially the college age women TRP is so fond of don't buy \$1.50 coffee. They buy \$3.50 Starbucks. That's the power of brand.

Sounds great! So how do you rebrand your gas station dick into Starbucks brand name shlong? Before we can delve into the specifics of marketing your personal penis product, you need to have a general working knowledge of consumer psychology.

Every commodity whether intellectual, physical or ideological is comprised of a Definite Quantity and an Indefinite Quantity. In the case of Starbucks the Definite Quantity is the coffee. The Indefinite Quantity is the altruism of saving Forest Children, being trendy and the universal comfortable feeling that each storefront provides. Cars are marketed via Definite Quantity: physical features, and their Indefinite Quantity: the status associated with ownership. Finally, the Red Pill's as an ideological commodity is comprised of a Definite Quantity: it's practical advice, and an Indefinite Quantity: the transgressive feeling of being a Edgelord.

If you think back to the years of advertising that you have consumed, you will realize that each and every product you were pitched was sold through its Definite and Indefinite Quantities. **Here is the major takeaway**. Men generally place greater importance on the Definite Quantity and Women generally focus more on the Indefinite. Men, both straight and gay want sex. Women want romance. Men want features. Women want security. Men want solutions. Women want support.

The biggest mistake men make when selling dick to women is selling the Definite Quantity instead of the Indefinite. A Beta provider is all Definite Quantity and zero Indefinite Quantity. Women will

gladly fuck a weird looking celebrity over a hot Chad. Whereas men would prefer sex with a hot half retarded waitress over Jenifer Lopez. Women don't think like men, so stop selling them dick as if they were men. That's what we call solipsism.

In conclusion it's not what you say to a woman it's what you portray to a woman. She wants a status symbol, a brand to give her vapid existence meaning. To her you are no different than a purse or a pair of shoes. Women don't love you they love the idea of you. So stop explaining features, offering discounts and negotiating. You are an exclusive brand. If she's not interested in buying your Versace Dick, she can buy some Walmart Dick. Nothing personal. Nothing to get upset over. She can show Walmart Willie off to her friends and family because she's a Walmart kind of girl. You don't give a fuck.

If you still don't understand the art of selling the Indefinite Quantity, you can always learn from those who make a living doing it. Visit a Rolex dealership and start shit testing. Tell them that their product is overrated and how cheap and abundant Chinese knockoffs are. Explain how unfair the price is. Tell them about all the watches you have. Threaten to leave. If Rolex can sell the Indefinite Quantity so can you.

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It is literally 2017

1054 upvotes | April 1, 2017 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

As many of you know I GayLubeOil have long been a cog in the Red Pill hate machine. Since 2013 I have been writing articles promoting toxic masculinity, fat shaming, transphobia, and sometimes even psychological manipulation. Well guys, its *literally* 2017 and that has to stop. I understand that I am *literally* a fucking white male and that I have a lot of privilege to check and reparations to hand out, but change has to start somewhere. I know that I can't take back what I've done, but I can at least try to fix it. Today on April 1st 2017, I am going to be the change I want to see in the world, because after all change starts with me.

Women are Wonderful: The only thing that you need to know about women is that they are all wonderful. When I say all women I mean *all* women, especially the ones with penises, after all its the current year. The only way a man should ever interact with a woman is through praise and admiration. A man should never risk damaging a woman's self esteem. How can a woman be strong and independent, when internet trolls are constantly triggering her? A woman should never be disparaged even joking. Men need to accept women for who they are without judgement. What's that honey muffin? You sucked off a dude on the subway? I respect your decision. Let's put another sticker on the board. Five stickers and you can have an ice cream party.

Women and Men are Equal: Women are just as emotionally and physically strong as men. Anything that suggests otherwise is sexist. Pull up bars? **Sexist**. Flight Simulators? **Sexist**. Spacial Reasoning, Logic, Math? All incredibly **Fucking Sexist**. Women can play any game just as well as men. The game might need to be changed to be less sexist, but men and women are definitely equal 100%.

Men are the Problem: Remember when I said that women are equal to men. Forget that you shitlord. Women are more equal. According to my role model and spiritual guide Hillary Clinton: women are the primary victims of war, and as someone who came under sniper fire in Bosnia, she should know. Everything wrong with the world is the exclusive fault of men. Women deserve credit for all that is good, even if they didn't create it themselves, they inspired it.

Rape is Like Very Serious: There is nothing more serious than rape and when I say rape I once again mean *all* rape. Internet Rape, Imaginary Rape, I Changed My Mind Rape, its all rape. Rape is rape! A woman shouldn't have to drag a mattress around Columbia University to remind everyone that literally begging to get fucked in the ass does not constitute consent. According to Andrea Dworkin all heterosexual sex is rape and its about time that university policies change to reflect this fact. Please note because it is literally 2017 Middle Eastern Refuges forcefully grabbing and inserting their penises into European Women is no longer considered rape, its cultural enrichment. That kind of rape is highly exaggerated, completely made up and probably the women's fault for not embracing diversity fast enough. It is literally 2017.

A Call of Duty Warrior's Guide To Hard and Soft Power

172 upvotes | April 24, 2017 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Imagine that its Friday night. You're in the middle of a Hardcore Call Of Duty Special Operations mission, when suddenly your Vagina Person says that she wants to wear tight matching dresses with her friends and drunkenly grind her vagina on random dudes at the club. Now you have been investing time and money into this particular Vagina-Person and you feel strongly that the Vagina Person should not be giving away free samples. What do you?

Well, lets discuss your options. The first option is **coercion**. You turn to your Vagina Person and say: Look here Vagina Person, I'm a Level 99 Alpha Male. I've seen war. I've stormed the beaches of Omaha. I've recovered classified documents from sinking ships. I've dedicated my life to fighting terrorists, Russians, Zombies and Robots. I've done things you couldn't imagine. Which is how I earned this Golden Dessert Eagle. I am a full blown Call of Duty Colonel and I forbid you from drunkenly sliding your Vagina on club douche bags. I refuse to sleep beside a Vagina Person that smells like Axe body spray. If you go this relationship is OVER!

The second option is **payment**. You turn to your Vagina Person and say: Look here Vagina Person, I may be a battle hardened Call of Duty Special Operations Warrior. I may have done things I regret. Specifically at that Russian airport. But I was on a top secret mission to infiltrate a terror cell! I did what I had to do. I might not always do the right thing. However, what I do know is that you are the right thing for me and I love you. Which is why if you promise not to spend the next 6 hours of your life grinding on sweaty V Neck Douche-Bags, I will take you and your friends to brunch tomorrow.

The next option is **attraction**. You majestically remove your Call of Duty skull t-shirt careful not to pull off your X-Box headset and say: Look here Vagina Person, you really think you can do better than this? Iv spent years cultivating this physique. Look at how thick my forearms are. Look at how dexterous my fingers are. You really think that you can find a guy who can fingerblast you as hard and as skillfully as an E-Sports athlete? Go if you want, but if you do I can promise you that you won't find any one better than me. If you leave your life will be nothing but sexual frustration and disappointment.

The final option is **persuasion**. You casually glance at your Vagina Person out of the corner of your eye, careful not to take your full attention off the space mission and say: Look here Vagina Person, I understand how challenging my career can be for this relationship. Look I get it. But you just ate half of that extra large Dominoes pizza with cheesy crust. You are going to look really bloated in your dress. Out of all of your friends you will look the worst. You think your friends will care? No! They are still going to post all of your bloated pictures to Instagram. All they care about is how *they* look not how you look. My friends give me covering fire when I ask for it on X Box Live, but your friends aren't loyal. They will be posting your bloated pictures for the next three months and tagging you. This isn't a good night to go out for you.

The first two options are examples of **Hard Power**. Now Hard Power, strategies work and are used to great effect in relationships, business and international relations. The problem with Hard Power, is that the more frequently it is used the less effective it becomes. How many times can a person be threatened until they stop caring? How many times can a person be bought off until their price becomes too steep? Do this or ill fire you is definitely an effective managerial strategy. The problem is that when the threat is executed the symbolic construct of authority is eventually destroyed.

Managerial Authority is lost when workers start looking forward to their unemployment checks. The same can be said for relationships, which is why the Hard Power only strategy doesn't work long term.

In contrast **Soft Power** is more indirect and can be used repeatedly without creating resentment because its method of action is less abrasive. Google doesn't have to constantly threaten to fire their employees like Walmart does, because there is a certain nerd prestige aka attraction of working at Google. Likewise Google engineers are frequently persuaded that that their work is meaningful and worth the long hours. Both Google and Walmart exploit the absolute shit put of their employees, however Walmart is despised and Google is loved.

Now at this point the ADHD crew is thinking: Soft Power is cool and all but its complicated and nuanced, plus Hard Power is more Alpha! So I'm only going to do Hard Power because I'm trying to be Alpha as fast as possible! To that stupidity I say **NO!** It doesn't matter how anything makes you feel. This fat fuck feels Alpha *chub n tucking* and *chub n rolling* while cutting meat with a great sword. In fact Betas go out of their way to do stupid shit in order to feel Alpha in the short term. Demanding pointless shit from their wives in order to *feel* in charge, is actually Married Red Pill's preferred method of destroying their marriages. Winning negotiations consistently is Alpha. Grandstanding and imitating your favorite movie characters is the definition of living the virtual aka the Blue Pill.

In conclusion, being Alpha has always been about leadership. Effective leadership is predominantly attraction and persuasion and only occasionally coercion. The problem is that coercion, is much easier to understand. That's why our lowest common denominator latched onto it and started recommending it for any and all situation. If your Vagina Person wants to give out free samples that's first and foremost a problem of attraction. Perhaps its a problem of being less persuasive than the Cock Carousel Crew. If you find yourself playing the coercion card frequently chances are you've already lost. After all, this is real life, not Call Of Duty.

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The Normie Threshold

354 upvotes | April 25, 2017 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Every subject matter has a certain threshold beyond which people of average intelligence, can no longer participate easily.

Let's use Math as an example. Almost everyone can master multiplication addition subtraction and division. Simple algebra isn't a problem for most people and neither is geometry or trigonometry. However, things start to get dicey at around calculus.

Calculus is when the university lecture hall starts becoming more Asian and less female. If you make it past integrals into advanced mathematics only the really hardcore nerds remain and only a handful of women.

The same phenomena is present at every subject matter. Science starts with making baking soda and vinegar volcanoes in kindergarten and ends in a clean room extracting mouse brains. English starts with the ABC song in grade school and ends with comparative linguistics. You get the point.

The Red Pill has been around since 2013. The Manosphere has been around since the internet. It's pretty safe to say that we have thoroughly answered the question of how to get sex from women. We also figured out how to cultivate masculinity. How to pass simple shit tests. All of the simple actionable practical advice has been given.

What remains are complex nuanced topics with limited to zero practical application. Topics that have room for exploration include: Relationship negotiation strategies. How cognitive filters aka The Matrix is created and maintained. Cultural differences in game. How virtual constructs influence sexual behavior. The list of subjects goes on forever becoming more nuanced and less applicable the further it does.

The problem is that the person of average intelligence is a pragmatist. Average people have simple straightforward jobs where they follow a protocol and rarely if ever improvise. In fact they have no interest in new ways of doing things. If something works they will do it forever without asking why. Average people don't care about theory. When things get too complex average people skip over the complex bits and focus on what they understand.

At the end of the day The Red Pill has some very intelligent writers: doctors lawyers, high level corporate executives. We have the human capital and the brain power to produce new insightful content for quite sometime. The problem is that the farther we go the more Normies we are going to leave behind.

So what do we do? We can jazz up complex topics with humor so that our Normies work a little harder. We can ignore our Normies and only write for our readership with a curious mind. We can start shaming Normies, so that they either participate intellectually or don't participate at all. Finally we as a community can just produce: *How to Have Seks with Vagina People* posts and cater down to our Normies.

I don't think there is a simple solution to this. Which is why I believe that we should have a discussion. I also know the Normies are going to get upset, misconstrue things and maybe even do some ad hominem. That's fine. I'm willing to pay the price of angering the Normies for higher level sexual strategy discussion.

Cynical Implementation

711 upvotes | May 19, 2017 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

When women go to a night club they want the night club experience and the guy who provides it best is the stereotypical night club guy. Women don't go to clubs to have intellectual conversations, political debates or learn about the historical significance of your double lightning bolt tattoo. They go to have fun with Night Club Guy.

The problem for most Red Pill men is that they are not Night Club Guy. While they could look, lift and dress like Night Club Guy, which definitely are prerequisites for success. In their soul they are not Night Club Guy. Night Club Guy can talk to basic bitches without feeling resentment and feel good in a basic environment, because Night Club Guy is a basic bro who speaks lives and breathes basic.

The main barrier to success with with basics is resentment towards basics. How long can you listen to a women mouth vomit about the new Starbucks Mermaid Frappuccino before you decide to help George Soros depopulate the earth with Super Aids? How long can you stoop to the basic level before you start resenting yourself for stooping to the basic level? You can't win the basic game unless you play the basic game. You also can't play the basic game well because you hate the basic game too much to emotionally align with the basic game.

The question is: How do you enjoy the unpleasant enough to excel at it? Most people will say if you don't like something you shouldn't do it. That's stupid. In this life there are plenty of times you have to win a game you dislike. The prevalence of unpleasant games is only going to increase as the West becomes more cucked and plebian. Choosing not to win or not to play is for losers.

The answer is a cynical implementation. Instead of telling yourself to endure drunk basics mushing their genitalia together while Lady Gaga destroys your ability to hear your future grandchildren, tell yourself that you are going to become the most basic basic. Start by telling girls they smell like Bath and Bodyworks. You won't be able to hear them so watch their facial responses. If it's neutral or negative yell *I'm just here to party!* Then disappear like a Black father. If it's positive take her to the dance floor and grind to Rhianna's *We Found Love in a Hopeless Place*. After exactly two songs of dick butt grinding and one song of face to face dick thigh/vagina grinding, yell *your cool but I have to find my friend*. Hand her your phone. Regardless of the outcome disappear faster than Luke Skywalker's Black father Darth Vader. If a fat girl starts talking to you shield yourself with a random guy and yell my friend is *in love with the shape of you*. Then disappear like Kenyan Economist Barack Obama Senior.

A cynical interpretation allows you to perform a lot of functions that would otherwise challenge your internal state without compromising your internal state because provides an ironic distance.

Remember you're not doing the thing. You are making fun of the thing by doing it. Are you in a Gender Studies Class? Be the biggest Feminist there. Girlfriend starting drama with you? Pretend to be her dad. Boring meeting? Become the embodiment of the company man. Leader of an internet hate group? Challenge yourself to take it as far as possible.

Whatever the task, if you have doubts about it you can shield yourself from internal contradiction of by becoming a deliberate stereotype. People are tribal. They like people who are like them. They hate those that are not. The tribe always rewards those who conform to the tribe even if the conformity is a

satire. The tribe is too stupid to comprehend satire but is ruthless in punishing nonadherants.

In conclusion be the douchiest night club guy, the meatiest meat head, and the most progressive college student. If you play a game then play to win or don't play at all. Morals and values are for idealistic losers too deluded to comprehend how the world functions. People don't care who is right only who is on their team. Be on everyone's team. But most importantly be on your own team and don't tell anyone about it.

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The Red Pill App

1043 upvotes | June 12, 2017 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

As many of you know last April, the chief strategist behind The_Donald CisWhiteMalestrom was doxxed. However most don't know why or how it happened. So have a seat on papa GaylubeOil's thick muscular quads and let him tell you a story.

The reason The_Donald became the largest Trump community on the internet is because it utilized a Red Pill publicity strategy and was run by Red Pill Endorsed Contributors. The basic premise is that the left is far more numerous on Reddit and has more time to bitch about stupid shit. So the fastest way to grow a community is to write something deliberately provocative and make sure lefties hear about it. Then when lefties show up to virtue signal about your thought crimes, provoke them further by baning them and telling them to choke on your semen. Pretty soon lefties will tell other lefties about the injustice creating a positive feedback loop of publicity. Eventually Righties will hear about it and join your community.

This strategy worked really well and The_Donald subsequently grew so big that it began to challenge the Left's monopoly on political discourse on Reddit. The first strike was when The_Donald called out r/news and r/Politics for censoring blood drive information after the Orlando shooting. While the Left loves claiming moral superiority there is nothing moral about censoring blood drive information after one of the largest terrorist attacks in American history. This was such a blow to the narrative that the admins had no choice but to shut down the entire discussion and manually remove threads themselves.

However the admin's heavy handed tactics allowed CisWhiteMalestrom to create an Us vs Them dynamic between his userbase and the Admins further driving The_Donalds growth. The admins had no choice but to dethrone an effective leader and hope for someone less aggressive.

CisWhiteMalestrom personal information was leaked to SJWs who immediately began placing threatening phone calls to his entire family including his pregnant sister.

The admins can and do read your private messages, modify your comments and collude with their SJW allies to create leadership transitions. In fact they recently tried this with the Red Pill but were unsuccessful.

For this reason we are building a secure communication platform who's servers will not be housed in SJW Cuck Shacks. Communication and the exchange of ideas is the basis for all power, which is why we can no longer afford to allow Aids Skrillex and Trigglypuff to rifle through your personal messages. Our goal is to create a secure platform that will allow our members to form private groups and eventually coordinate in person meetups.

Features Include:

- iPhone and Android chat apps.
- Online browser chat interface.
- Private groups similar to facebook but with privacy and anonymity as the default.
- Specialized features for vetting members and preventing infiltration.

In order to accomplish our objectives we either need a team of Alpha programers to volunteer their

time and talents or half a Bitcoin to buy the necessary scripts.

Send programmer volunteer inquiries to: redpillschool@trp.red

Send Bitcoin donations to: 1NeqAW41zBflujMzNMAZVuhRmkpB8CQL2X

Thanks for your help. May your erections be strong. May your list of accomplishments be long. May you have ample opportunity to get the friction on.

Edit: Since Red Pill men are probably some of the least altruistic people on earth and aren't the best donors. I'm launching a [Hercules Tanktop Fundraiser](#) to upgrade our community infrastructure.

The Legend of the Sheriff

685 upvotes | June 30, 2017 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Back in university, there was this girl who told everyone she wanted to be a sheriff, like her father. So my fraternity called her as the Sheriff. Anyway, the Sheriff earned her fame by coming to our house parties and sucking off two dudes at a time in the bathroom. Towards the end of the party when most of the other girls had left and weren't there to judge her, she would casually scan for the two hottest dudes still there. Then she would drag both into the bathroom and like an old western sheriff fire two pistols at the same time. Most dudes can't say no to that despite the risk of friendly fire.

Anyway the whole situation was fucked up because on several occasions she started crying mid blowjobs. There would be two erect dudes in the bathroom trying to calm down the Sheriff so she could finish doing her thing. They would tell her that she was beautiful and reassure her of her future. It was paternal in a fucked up sexual way which in hindsight was probably what she was looking for. For the record my fraternity was very diverse. So the Sheriff was the beneficiary of Persian, Mexican Asian and good old White American parenting.

If anyone here knows about Fraternity recruitment, they know that its primary driving force, is telling fresh out of high school rushies exaggerated stories of sexual conquest. For a summer the Sheriff was an important player in the sex life of my fraternity. Which is why the lore of the Sheriff was used extensively to facilitate fall recruitment.

The modus operandi of the Sheriff was consistent. She would find two dudes. Begin sucking them off. Cry. Get comforted by her two naked daddies. Finish sucking them off. She had a plan and she stuck with it. The Sheriff had the precision of a Swiss watch.

However, while the Sheriff was consistent my fraternity's stories weren't. One dude bragged about being in a threesome while neglecting to mention that another man namely: Hassan and his hairy Persian penis were also present in the threesome. Hassan was just happy to feed kebab to a white girl. Finally no one cared to explore the unique psychological aspect of the situation, even though a fascinating case study could be written on the topic.

And herein lies the Red Pill lesson. A lot of you are trying to emulate the life of Chad. The problem is Chad didn't tell you the full story. He didn't tell you about girls throwing up, shitting themselves on the dance floor or crying mid blowjob. Anyone who knows sluts, knows that's what sluts do. You can't party with sluts without one slut vomiting and a second dumber slut spreading the vomit everywhere with her flip flops.

Chad didn't tell you that part of the story because Chad doesn't care about the truth, he cares about telling a good story. Don't spend your life chasing someone else's fantasy. Fantasies don't exist and if you ever do have the pleasure of living Chad's fantasy you won't be truly fulfilled. Because the truth is as uncomfortable as two dicks touching in a crying girls mouth.

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The Unknowability of Beta Turd

191 upvotes | August 3, 2017 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

An Alpha Asshole is a stone. His shape and properties are easily determined and do not change depending on his surroundings. You might not like a particular stone. It might not fit your particular stone criteria. However your assessment will in no way impact the stone. You can yell at, bite or kick the stone. The stone will remain unchanged.

In contrast, a Beta Nice Guy is a moist turd. Beta Turds take the shape of whatever stepped on them last. Their entire existence is contextual. When a woman goes on a date with a Beta Turd all of her questions will be met with attempts to conform to her expectations. At no point will she be able to get a solid definitive response from mushy turd man because Beta Turds are conformists.

This dynamic creates a crisis of authenticity. Not only is it difficult for people to definitively know Beta Turd but Beta Turds don't even know who they are themselves. Let's use Paul Elam a man who I personally believe to be the *Creme De La Creme* of Beta Turd as an example. Paul Elam spent years writing articles discussing masculinity and the uncaring manipulative nature of women. Then one day a pretty blond girl named Cassie Jay gave Paul Elam a call about a Red Pill Movie. Next thing you know, Paul Elam has thrown masculinity out the window and is crying on camera begging women to sympathize with his problems. So the question is: Who really is Paul Elam? What does he really believe? Does he think that women are manipulative whores incapable of empathy? Or does he believe that women should empathize with men's issues? He's taken both positions. Which one does he actually believe? Does he even know? All we can say conclusively is that Paul Elam is a mushy turd.

There is something inherently unpleasant and disconcerting about mushy Turd Men. The unnerving feeling is felt strongest by women who are naturally more suspicious than men due to their biological aversion to risk. Imagine you are a woman and your Beta husband hands you a dozen roses while telling you he loves you. Now did he *really* do it out of love or did he do it to manipulate you into sex? Is he apologizing for something? Is he going to ask for something in return? The inherent anxiety of unknowability destroys the feeling those roses could have created. Now imagine that you are a woman and that your uncaring Alpha jerkboy boyfriend just gave you a dozen roses. He isn't manipulating you into sex because he can cock blast your ladyhole whenever he wants. He isn't trying to influence your emotions because he doesn't give a fuck how you feel. He did it because he wanted to. When an Alpha gives roses they are roses. When a Beta gives roses they are a pretext.

The Manosphere mythos is that Alpha Jerkboys give women tingles. Discussion of the female perspective usually ends there, before the pity party starts playing it's greatest hits. The truth is far darker and more interesting. Women know themselves to be emotional impulsive and a danger to themselves. They know that without a man holding them accountable they are capable of anything from bingeing uncontrollably like a wild dog to giving themselves a Britney Spears haircut. The problem is that a Beta Turd can't tell a woman no. Like a child he is powerless to stop a woman from doing anything that she wants because he needs her approval to function. A Beta can't stop a woman from becoming her worst version of herself. Women know this and hate them for it.

Beta males are unreliable, undependable and unknowable. They'll tell you all about their fitness and diet regimen to gain your approval then they'll skip the gym and eat a burrito when you are safely out of sight. They'll let their wives and daughters slide deeper and deeper into degeneracy without saying

a word. For a Beta it's easier to watch wifey choke on strange dick and daughter cam-whore herself then protect the dignity of the family with a firm No!

There is nothing noble or enviable about Beta Turds. They are not men. Men have thoughts, convictions and values that are held fast and only change for good reason. Betas are nothing more then what their environment tells them to be. Beta Turds deserve only suffering. Only suffering can teach a Beta to stand up for himself and say: No! Until you learn that lesson the stomping will go on indefinitely.

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Embrace the Unspeakable Horror of The Real!

588 upvotes | August 24, 2017 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

A Red Pill is a truth powerful enough to destroy people and their beliefs. That's what makes it horrific and unspeakable. Once a belief system is destroyed all the social functions, fancy titles and associations birthed by it are destroyed as well. Not only are there no priests without God but there are also no rituals, no temples and no festivals. Worst of all there is no common identity to bond over.

A Red Pill is a threat because it endangers a society's ideology: the shared collective narrative that holds it together. While the narrative may differ from time and place, the basic structure remains the same. Socrates was sentenced to death for not acknowledging the gods of Athens. The Catholic Church prosecuted Galileo for challenging their view of the universe and transitively their right to impose that view. Stalin tracked Trotsky across the globe and put an ice pick in the back of his skull, because Trotsky threatened the Soviet Union's brand of Communism.

Egalitarian Equalism is the current ideology in effect today. It's the belief that all of us are born an identical blank slate. All behavior is socially conditioned. Biological hardware has no bearing at all. Only software matters hardware doesn't even exist. This belief system is difficult to rationally maintain. Inborn psychological and biological differences have been known for centuries and with advancements in brain scans and genetics our knowledge becomes more definitive. Furthermore the internet has made ideology impossible to maintain through ignorance as in the days of old.

Which is why the priests of the Equalist Cathedral don't defend their gospel through logic or reason but through shame guilt and autistic screeching. After all, they are fighting for their lives. What does the Women's Studies department do once it is definitively accepted that gender is a biological state that leads to different outcomes for men and women? What do marriage counselors do once we collectively admit that attraction can not be negotiated? What do college admissions officers do once we admit that no amount of Affirmative Action can stop the Chinese and their SATs? Long after the priests of Equalism have personally lost faith in their false god they will defend their religion for fear of what comes next. They can never be persuaded because they already know the lie to be a lie.

Institutions can't exist without ideology. People especially the mediocre talentless sort can't exist without those institutions. Whenever an ideology is killed so are the people who depend on it. Sometimes they kill themselves. Sometimes they starve to death after the structures that fed them are dismantled. Other times they simply suffer ego death and fade into obscurity like the Nazis of Argentina. Regardless whenever an ideology with a capital I dies whether Communism, Fascism, Roman Imperialism there is always blood. Always.

The Manosphere began as a means for men to teach other men how to get laid. The goal was never to change society. The goal was to teach Beta males to maintain eye contact and stop finger fucking their god damn pockets. However in our quest to get beta males to unfuck themselves we stumbled upon the horrific unspeakable truth of human sexual dynamics. Horrific truth? You mean that women are biologically hardwired to get Netflix and drilled by uncaring unapologetic douchebags and shit test intermittently to ensure that the douchebags are in fact as dochey as advertised? Sounds pretty straight forward. What's so terrible about that? Well that truth, the truth of biological essentialism when taken to its logical conclusion and adopted by the masses has the power to destroy the Equalist ideology and it's prophets.

Just as Galileo nerding over a telescope heralded the beginning of the Enlightenment and the decline of the Catholic Church's power, the Red Pill nerding over hot Alpha sex tips is the beginning of the end of Equalism. If we weren't a threat, the screaming wouldn't be so loud. I mean why bother a fat man behind a telescope or a dude bro shitposting behind a computer unless he is a threat? Why go through all of the trouble? Because we are inadvertently threatening to destroy them and their reputation, their way of life and take everything they have.

Ask yourself if we win and every Gender Studies department is defunded on account of being useless ideological drivel, how upset would you be? How upset would you be if a Woman's Studies professor hung herself after being ridiculed and unable to adapt to a post Feminist world? I don't think the people here would be very upset. I'm confident that many of us smile at the idea.

All I'm asking you to do is to look in the mirror. Admit to yourself who you are and what you are doing. You are a barbarian. You want the destruction of the old order and you do not care who starves dies or kills themselves as a result. Because that's always what happens. Look at yourself and embrace the unspeakable horror of the Real! You are uncompromising horror. You are their horror. Set yourself free by admitting who you are to yourself. Now go out, and take what you want from this Earth.

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White's Milkshake Test

153 upvotes | September 7, 2017 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

In the good old days, things were a lot simpler. You could just do things. Guilt free. No pretext. No justification. No silly narratives of saving the world or helping humanity. You just fucking did it and everyone knew what you were doing.

You wanna open a milkshake stand? Cool. Call it *White's Milkshakes* because White is your last name and you're selling milkshakes. Simple. Hire a bunch of upbeat productive white kids to work the mixers and cash register. Super. Don't want to hire or serve coloreds? That's swell. Make a sign: *White's Milkshakes No Coloureds*. Problem solved.

Well actually not really. Because as soon as you put up your wonderful hand painted sign, you have to contend with self righteous know it alls and their *I have a dream*. Which let's be honest is a slippery slope to a crime ridden Compton and a generation of children watching interracial gangbang nudie films on their portable telephone typewriter alarm clocks. Worst of all, those self righteous lectures destroy the the magic of *White's Milkshakes* by clouding it with guilt. So basically you and your customers have a covert need. You know what your customers want. They know what they want. But admitting it openly with a *White's Milkshakes No Coloureds* sign threatens your public image.

The issue can be resolved in one of two ways. You admit the truth. Drink white milkshakes with your white friends in your white robes. Or you create a confusing system which forbids minorities from drinking milkshakes, without actually saying anything about race. Plausible deniability. Hey Tyrone you want a milkshake? Sure thing. Before I can sell you a milkshake, I'm going to have to see proof of paternal employment. No discrimination here! Just a Paternal Employment Milkshake Test.

The modern world is filled with proverbial Paternal Employment Milkshake Tests. Discriminating against children of unemployed men is discrimination against blacks. Teaching men that their sexuality is evil encourages suicide. Making Gender Studies mandatory weeds out wrong thinkers and ensures a compliant workforce. Flooding public places with televisions prevents independent thought.

If a process or system is intentionally confusing then more often than not, someone is intentionally confusing you so they can fuck you in the ass.

They don't want to hold the proverbial *No Coloureds* sign. They want you to be confused discouraged and compliant because that's a lot easier to deal with than your anger. If all you want is a milkshake and you find yourself answering

seemingly irrelevant questions on paternal employment. Things aren't strange funny or silly. You just haven't made the correct deductions. If you are stupid enough to be fooled by a silly slut, you are stupid enough to be fooled by any number of men and institutions with an agenda. Life is a Red Pill Easter Egg hunt. You found one Red Pill. Congratulations. There are plenty more. Keep looking.

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[Hercules Tanks](#) relisted by popular demand

Nobody Gives a Fuck About Your List

481 upvotes | September 8, 2017 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

One of the oldest Manosphere traditions is to write a laundry list of things men need to do in order to become Alpha. Lift! Be Confident! Abundance Mentality! Game! Hygiene! Here's an interesting thing to think about: Who is the intended audience for your list?

Well let me answer that question for you my dear gentilesir, if you are posting your magic list to the Red Pill your audience is the 18-23 year old ADHD Masterbation crew. Now really think about this demographic.

Pretend for a minute that we took your magic list and read it to an 18 year old man child. Lift! Frame! Abundance! What would happen? What would be the compliance rate. Well it would be zero.

Because your list is generating Zero emotional investment. Man Children already have tons of people telling them what to do: Teachers, Parents, Prostitutes in Jerkoff instructional videos. Frankly they are overload with advice. They are paralyzed. In order for your advice to be followed it has to feel better than noscoping a noob at bomb site B.

Everyone already knows generally what they should be doing. So if you are going to write the millionth list at least romanticise it. These boys are looking for meaning. Create meaning for them so they have a reason to emotionally invest in self improvement.

Convince them that folding their clothes is Alpha, because Navy Seals fold their clothes. Make lifting into a spiritual journey. Talking to women should feel like a psychological adventure. It's not hard. They are young. They get excited very easily.

At the end of the day all writing is persuasion and that goes double at TRP. Bullet points arnt persuasive. You are writing for men not coding a database. Sell your ideas to your audience. Or just go back to communicating with no regard for your audience, because that's litteraly what Retards and Autists do.

The Red Pill is Uncompromising Rejection

487 upvotes | September 25, 2017 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

A lot of people come here, subscribe, and start participating without giving a serious thought to what the Red Pill metaphor means. We have a lot of cool Red Pill art, banners and symbolism. Yet hardly anyone bothers to figure out what it all means. Why? Because most people are brain dead zombies incapable and highly averse to complex thought. People would rather enact a predesigned narrative (Matrix) then independently respond to life's stimulus.

By using the Matrix metaphor we're claiming that The Red Pill can only function via uncompromising rejection of the Blue Pill. Only with full rejection are you free of Blue Pill influence and capable of truly acting freely. The Matrix film makes this point very clear, which is why we chose to use the metaphor in the first place. There are no half measures here. In other words if you're making posts about acting like an asshole without being an asshole or are concerned with what the vagina person will think of your Red Pill reading, you are a loser and an imbecile. You have failed to comprehend the meaning of Red Pill. You lack the capacity to participate and should fuck off to less intellectually demanding activities like Sports Ball, Game Of Normies and navel gazing.

How does total rejection work in the real world? Let's say for whatever reason you are being shit-tested. Some mindless vagina drone is flapping non-sequiturs out of her labia. What she's saying doesn't logically make sense and isn't factually representative of what happened. All of the symptoms of a shit test. So before you open your mouth and keep frame, you begin by holding the emphatic belief that all women are illogical emotional child people. 99% of the time they're either hungry, sleepy or need a time out. Nothing a woman says matters by virtue of it being said by a woman. It is with this mindset of absolute chauvinism, that you should enter or refuse to enter the interaction.

Likewise the same methodology can and should be applied when dealing with women and dick-women who aggregate themselves into political movements. Feminism, Egalitarianism, Antifags, namely any ideology not comprised of macho macho men. You wouldn't argue with the Alzheimer's crew at the nursing home. So why are you concerned with the ravings of some freak who doesn't believe in gender, due to a lifelong hormonal imbalance? Occasionally societies like to make crazy people feel important by listening to them. The Greeks did it with the Oracles. Now the West is doing it with Gender Studies dykes. Your Gender Studies professor admires Che and Fidel, however if they were alive today they would gladly execute her for being a maricón. Postmodern art painted with 9mm onto a brick wall. Anyone who admires their executioners is bat shit crazy. Don't argue with them, smile and nod just like the nursing home. Emphatic Rejection.

This brings me to my last point. If you don't emphatically reject the Blue Pill, you are going to have a very bad time. In the operating room of life you are cutting with a dull scalpel. Children, women and the mentally feeble don't understand the world, so they must rely on social cues. They are the stupid kid in class who has no idea what's going on. They might not know anything about calculus, but they can definitely copy off the smart kid. Their understanding of the world is based off of others reaction to it. They are inherently dependent people. They need to test those around them in order to know who to depend on. The more you compromise with their stupidity the more they will believe in their own stupidity and in turn, the more stupidity you will have to deal with. Explaining to a child why she doesn't need the candy bar is just an invitation for more childish bullshit.

The truth is radical, it's not democratic. If the sky is blue and 99% of the population believes it to be

yellow, compromising and saying that it's green isn't helping anyone, least of all you. We live in a feminist Cuck-Fag society that promotes a Cuck-Fag dating strategy and a don't offend anyone morality. The Red Pill is an emphatic rejection of both. Going half Cuck-Fag isn't going to help you. There is nothing noble about compromising with idiots. You have to go all the way. That's what the Red Pill is all about.

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Exodus: The Ultimate Red Pill

100 upvotes | October 3, 2017 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Long ago a Jew named Moses became Prince of Egypt because some spoiled Egyptian thot adopted him, and her father was too beta to say no. Moses grew up to become a subversive ungrateful asshole. Not only did he not respect the values of his nation, he also planted revolutionary ideas into the minds of its labour force. Eventually the Egyptians had enough of his bullshit and told him: get the fuck out with all your Jews or we'll kill you.

After escaping the Egyptians, Moses decided to take a 40 day break from his Jews atop mount Sinai. Why? Just imagine a whole tribe of Larry David, and you'll climb mount Sinai real quick. When you get to the top I promise it'll feel like you're communing with God.

Who knows whether Moses spoke with God or just felt as if he did? What we do know is that when Moses got back from his Jew-Vacation, the Jews had Jewed Moses by melting down their Jew Gold and building a Golden Calf. Thus committing the ultimate sin of idolatry.

This triggered Mosses so hard he completely forgot the SJW rhetoric he espoused a few months earlier about Egyptian privilege and inhumane treatment of Jews. In the ultimate act of internalized oppression, Moses went full Egyptian prince and murdered a shit ton of Jews. Then he told everyone to die in the desert, except for the kids who did nothing wrong.

So what can be learned from the timeless story of Exodus? Well if you're Hitler you'd say: don't let Jews into your country because they'll plague society and leave with your gold. I however have a much deeper more pragmatic lesson for all of you today.

Whenever a group of people gathers or is gathered for the purpose of progress they intrinsically create a counter narrative of regress on account of their shared characteristics. This is all pretty Hegelian , so I'll break it down for you.

The core commonality binding Moses's Jews wasn't their loyalty to Moses but their shared experience in Egypt. To save the Jews Moses not only needed to take the Jews out of Egypt, but also to take the Egypt out of the Jews. As former slaves the Jews carried with them the seeds of their own destruction. Absent Moses those seeds grew into a full-blown Egyptian idolatry.

The bitter Red Pill here is that an addict is an addict even if he's at rehab. His presence at rehab isn't a guarantee of rehabilitation. Furthermore his exposure to other addicts creates a danger of relapse, as drugs are what bind addicts together. This cynical pattern is present in all forms of rehabilitation. It existed in Moses religious rehabilitation of the Jews. It exists in drug dependency programs. It exists in the correctional system, which has a tendency of making criminals better criminals. Finally the dual narratives of progress and regress are present in Red Pill, which is a rehabilitation program from the Equalist Fagthedral.

The Red Pill is the perfect blend of Alpha and Beta. Our sidebar and Endorsed Contributors will teach you the ins and outs of masculinity. Likewise our sensitive Soy-Boys, Unicorn Hunters, and Sperg Lords are experts at demonstrating what behaviors to avoid. You couldn't possibly ask for more and if you do you'll get a Red Pill Exodus for concern trolling.

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The Authentic Red Pill

400 upvotes | October 9, 2017 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Here's something that should be abundantly obvious yet will nonetheless upset the spergs and basic bros in attendance. Just because you dislike SJW feminism doesn't mean you are Red Pill. Not only do you not know the meaning of Red Pill, you're a Conventional Cuckold eating from the dumpster of ideology.

Let's start from the beginning. The Red Pill is emphatic rejection followed by cynical exploitation. Neo sees the Matrix as an artificial construct, and gains superpowers after rejecting it's rules and restrictions. Everything that is Red Pill follows this pattern. Everything that isn't, doesn't. Let's begin with a few Red Pill examples.

You recognize the rules of the Sexual Marketplace as arbitrary and act like an asshole. Women with daddy issues suck your dick because you remind them of their abusive father.

You realize that human resources and the liberal education complex alienate men via victimhood culture. You cynically exploit men's dispossession, hatred and lust to create a hierarchical cult complete with titles of nobility.

You know that the Republicans and Democrats are stale, functionally identical and offer more of the same bullshit to the brain dead American people. You turn the election into a Reality TV Clown-Show. Your competition doesn't stand a chance because you are the mayor of Clown-Town.

Now that we understand Red Pill and it's applications. We have to ask: Why chose asshole Red Pill strategy over a more conventional approach? Why be Donald Trump mayor of Clown-Town instead of following the rules like Bernie Sanders, Ron Paul and Ross Perot? Well because the last three got cuckolded and fucked by the establishment for playing by the rules. Which is exactly what a variety of institutions will eagerly do to you, if given the opportunity. University Admissions, Family Court and Human Resources have the same commitment to fairness as American Women have to their marital vows.

Society is nothing but a Tinder slut looking to use you for a free meal. Don't take her too seriously. Watch what she does. Ignore everything she says. Use her for your benefit and move on when the time is right. Don't worry, a nice beta male will pick up the pieces.

You will never be fully in control so long as you live by other's rules, morals, values, and symbols. Husbands who live by decree of Mommy-Wife aren't in control. Idiots who imitate movie characters, aren't in control. A dog that eats what it is given is dependent. A dog that hunts it's own food is free. Until you hunt your own values and refuse the values served, you will never be in control. Only when you feed people your values will you be in control.

The Red Pill is emphatic rejection followed by cynical exploitation. Being Red Pill is rejecting other people's Matrix and forcing them into yours. That's it. Anything else calling itself Red Pill isn't. Virtue signaling, acting out Hollywood tropes and playing victim, are all submission to the values of others. In other words, the vast majority of the Manosphere is plugged in Bloop.

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The Girlfriend Problem

751 upvotes | October 23, 2017 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Western women live their lives the same way they workout. They put a lot of care into their appearance and none into the actual workout. If you have any doubts take a look at your next Red Pill mandated gym sesh. The men are straining. The women are putting forth minimal effort. Everything women do follows this pattern. Neat handwriting and unoriginal ideas. Professional attire and mediocre performance. Everything female is fiat, like a Nigerian Dollar or a North Korean city.

This post isn't about demeaning women. We have enough of that here already and I certainly don't want to encourage it. Nor do I want offend a group of people who spends their time drinking smoothies and photographing their own butt. No. This post isn't about the inferiority of women. It's about preventing female inferiority from contaminating our male superiority, while still fucking them in the pussy.

Because men compete for sex, men must make something of themselves to win sex. Women on the other hand don't, which means that they don't have to mature beyond the emotional irresponsible teenager stage. In practical terms, this means that by bringing a woman into your life you're associating with a loser. I know this sounds harsh but if we apply the male standard to females, clearly they're losers. Imagine an emotional gossipy man who cries all the time, frequently misses work and can't do a pull-up. Loser.

Now imagine that you spent a large amount of time with this emotional gossipy man who giggles at reality television. Don't you think that eventually his habits would rub off on you? Well that's exactly how women drag fun confident men into betahood. It doesn't matter whether she's your wife, girlfriend or fuckhole. The more time you spend together the more you will influence each other. Furthermore, women can and do get pregnant whenever they feel like it. So even if they're unsuccessful at turning you into a loser, they can always shit out a copy of you and turn your son into a loser. At that point you won't be able to do anything about it and the state will ensure that you are paying for beta bitch loser academy.

As a man you have three options when dealing with women. Option 1, avoid women entirely and become a masterbator, homo or transvestite. Option 2, avoid masculine leadership at which point either you or your children will be dragged into loserhood and/or you have a fat loser terrorizing you whenever you set foot in your own house. Option 3, force your woman to become the best version of herself, by taking the role of her second father. Now obviously, option 3 is a huge hassle and feels like running with a parachute. Teaching your woman to push herself physically and intellectually like a man, is an ongoing challenge to say the least. Regardless of how serious the relationship is, either you impart your values onto your woman or the gay-stream media will. Which one is it going to be?

Option 3 is a colossal burden. Nobody holds women to any kind of standard, so if you do, expect childish tantrums. Maybe she'll leave you and be a loser with an accommodating beta. That's fine, there are plenty to choose from. Just as the clothes you wear are a reflection of you, so are the women you associate yourself with. Hold yourself to a high standard. Hold the women you associate with to a high standard, even if it means losing a few from time to time.

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Red Pill Betas

357 upvotes | November 1, 2017 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

A Red Pill Beta is a person who uses the Red Pill as a source of identity rather than a vehicle for self improvement. Back in the early years of Red Pill we didn't have this problem. SJW Feminism had no visible opposition and was hands down the dominant ideology in the West. If you were an antifeminist in 2012,-2013 you weren't cool or edgy, you were anathema. You needed a very good reason to identify as Red Pill because the price was very high.

Then a couple of things happened simultaneously. SJW Feminism became a satire of itself and began slowly falling out of fashion. *Librotarians* started looking for an edgier identity. Donald Trump and Steve Bannon shifted the West right, via their open and unabashed use of crass rhetoric. Suddenly the Red Pill defacto became two things: a means of virtue signaling against the Left and a male sexual strategy.

Any belief system inevitably runs into this problem the more it gains popularity and panders to its audience. Originally Christianity was about finding eternal salvation through Christ. Then it devolved into a Sunday morning fashion show for spoiled fat women. Today church is a place where sluts swear oaths till death do us part and gays kiss before weeping crowds. Regardless of whether hell is real or figurative, Church as an institution isn't saving anyone. It might be a fun place for middle aged women to hang out. But rest assured if hell exists, most of the congregation will be in attendance.

There's important lesson to be learned from the institution that's on the cusp of marrying humans to sex robots within a decade or two. By pandering to the congregation you lose sight of the mission and condemn everyone to hell. For us at Red Pill, that hell is a very real place called beta servitude. It doesn't matter how much silly church ladies enjoy clapping their fat hands and sing hymns, if they failed to internalize the gospel. Likewise it doesn't matter how much Red Pill Betas enjoy feelings of community and self importance while pretending to self improve and swearing never to masturbate, if at the end of the day they're still losers ripe for exploitation.

Masculinity is a very real observable thing that has to be painstakingly cultivated or else. It's not a bumper sticker to be slapped onto your Toyota Corolla of a life. The manosphere is filled with Toyota Corolla men teaching clueless boys how to become Lamborghinis. I care deeply about our clueless boys because I was once a clueless boy myself. I care so much I refuse to let them be dragged off to hell by false prophets.

If a person doesn't look and act masculine he had no right to talk about masculinity because he has no idea what the fuck he's talking about. Waxing poetically about masculinity is incredibly satisfying for those in a deficit. It's kind of how fat people always talk about going on a diet. Talking about dieting feels way better then actually dieting. This is why we have so many unmasculine masculinity theorists. Fantasies feel good, so good in fact that they prevent us from actually doing what we need to. All fantasies are by definition Blue Pill, even if they are fantasies of masculinity.

There are plenty of examples to choose from however The Family Alpha seems to be the best one given his substantive body of work and non-substantive body. This is a man who has been preaching lifting aggressively since 2013, concludes every article with Acta Non Verba and has the body of an adolescent boy. Somehow this man looks in the mirror everyday says yup that's masculinity, and writes about it.

How does a person who's never been called masculine in his life declare himself an authority on masculinity and spend years discussing the subject? From my research the answer seems to be airport books. The Family Hobbit is an avid reader of airport books and has been repackaging Tom Clancy into intellectually shallow moralistic platitudes for years. Everything he writes feels like a half assed ghost written exposition used to build tension before an action sequence. Please do yourself a favor visit his blog and read his top article of all time so you can learn how to identify Manosphere cancer.

At the end of the day know this. Masculinity is a very real observable thing. Unmasculine men are destined to suffer and so are those who depend on them. Pretending to be masculine won't save you, your wife or your children. Fantasizing about self improvement won't save you. This community exists because of a generation of weak fathers, who believed themselves to be strong. Don't repeat their mistakes.

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Question the Question

386 upvotes | November 28, 2017 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

The only thing Red Pill's Velcro shoe wearing Sperg children care about is learning the magic vagina password so that they can try this sex thing everyone keeps talking about. There are two distinct approaches to addressing the issue. The first is to sell vagina passwords, offer PUA seminars and retardedly answer retard questions without ever bothering to question the validity of the underlying premise. The second is to say: Holy fuck these Spergles are actually looking for Vagina passwords? Jesus Christ. Who mind fucked these man-children into believing that shit and how can I help in unfucking them? This post takes the second approach of ignoring the question and addressing the underlying issue.

The Red Pill dysfunctional sperg children are a product of the Blue Pill educational indoctrination system. If we wish to help them we need to understand the methods employed by the system, so we can undo what was done to them. I'm going to do all of this in this article. Yes this will help you get laid. Keep your Velcro shoes on.

Imagine you're in class and your teacher decides to fuck your weekend up with an essay: What should business do to increase female participation in upper management? Now there's a lot of ways you could write that essay. Businesses can increase female participation in upper management by providing free makeup tutorials and tampons to all employees. If you write that, your teacher will be happy. If you say businesses can increase female participation by enforcing equal and uniform promotion standards. Your teacher will be less happy. Finally if you challenge the premise of the question: Businesses functioned perfectly without women and should actually take the opposite approach of playing Rammstein through the PA to decrease female participation and subsequently increase profits. An answer like that would lead to a low score and increasingly disciplinary action. Why?

Questioning the question is punishable in modern academia for the same reason yelling your favorite racial slurs while waving your cock are punishable. All three actions disrupt the university's ability to carry out it's mission. Now obviously doing the Hitler Helicopter is disruptive to the classroom environment and should be discouraged. But why is questioning the question punished? You're not preventing anyone from learning.

Well actually you are. Because the modern university's definition of learning isn't the traditional Socratic definition, where people debate ideas in order to achieve greater understanding. No that's evil white cishetro-normative education. The Modern affirmative action transgender-prescriptive university is about purging all potentially offensive information to ensure profitability as an adult daycare center. To achieve this aim the university needs indoctrination not education. Forcing false premises onto students through questions is the primary method of indoctrination. Which is why you are not allowed to question the question.

Here's how the system blue pill mind fucks our Spergles in the first place. Some establishment cuckwad asked Spergle Sam a loaded question with a faulty premise. What should we do about cyberbullying and toxic masculinity? Sam being a conflict averse beta, doesn't question the question. He doesn't respond by saying there is no such thing as cyberbullying or toxic masculinity, only a sea of human garbage infesting academia and making up bullshit to feel important. No! Sam answers the question and accepts the implicit premise. This is what we should do about cyberbullying and toxic

masculinity. Having stated his position on the (non existent) issue, Sam begins to believe it. After all he said it so it must be true. That's how the Blue Pill conditioning system functions.

Thus if our goal as a community is to give our socially maladjusted Sperg children an opportunity to try the sex thing everybody is talking about, we have to destroy their Blue Pill conditioning by questioning their questions. How do I win the love of my dream girl? How do I get my ex back? What is the magic vagina password? The question isn't important, only the underlying Blue Pill belief that created the idiotic question and maladjusted behavior. Destroy the Blue Pill. Question the question

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Symbolic Alphas

333 upvotes | December 18, 2017 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Imagine you're in Afghanistan. You're passing by the market when you spot a sexy Sand Ninja buying a suicide vest for her 10 year old son. Her ankles are looking so fine, they persuade you to high stakes cold approach. Long story short, you drop the sickest As-Salaam-Alaikums and you become Habibis.

Next thing you know she's bouncing on your tomahawk missile like a Toyota Hilux bounces on Jalalabad Road. Unfortunately this Romeo and Junainah story has a sad ending because a village elder finds out and sentences you to death for stealing his 19 year old bride. Never mind that the village elders intercourse goats and 14 year old Chai boys on the regular. Your 100% consensual heterosexual relations are Haram!

Now that our veterans are giggling and Bloopsters are crying over my heinous breach of speech code, let's discuss the logic of Afghan Sharia jurisprudence. Sex with Animals is Halal, openly promoted and sometimes obligatory. Adultery is defined as sex that interferes with marriage. Consensually fucking a married women is Haram. However fucking goats is Halal because it doesn't interfere. Isn't Sharia great?

At this point your thinking, thanks for the info GaylubeOil but I don't live in Shitfuckistan, so I don't have to worry about Sharia Law. Wrong you do. The postmodern university, armed forces and workplace are all provinces of Shitfuckistan and de facto operate under Neo-Sharia.

Alright let me explain. If we use Lacanian Psychoanalytic model which is after all is the grandfather of the Red Pill metaphor, there are three kinds of Alphas. The Real Alpha is whomever can be objectively proven to be Alpha. The Imaginary Alpha is anyone who is perceived to be Alpha regardless of whether he actually is. Finally a Symbolic Alpha, is a non physical entity that exists as a result of culture but behaves as if it were a Real physical Alpha.

Symbolic entities are ideas comprised of people, procedures and buildings. If a university goes bankrupt it stops to exist independent of the continued physical existence of its components. How does a non physical entity act physically and why should the sex starved 18 year olds of Red Pill care? Because **the Red Pill is sexual strategy and in Postmodern cultures the Symbolic Alpha is the primary sexual competition.**

The postmodern university treats women no different than a Muslim sultan treats his many wives. Western Women belong to the postmodern Harem. They are taught what to believe, what to say, how to dress and their families have to pay a large dowry. The harem is protected by a cadre of eunuchs who ensure ideological purity and sexual fidelity of the wives. If at anytime a wife breaks the harem's rules the eunuchs or other wives inform the sultan and the transgressions are punished. Furthermore the Sultan punishes other men for having consensual relations with his wives. Why? Because as far as he is concerned, they are his property.

When the university attacks Real masculinity it does so because Real masculinity is the primary threat to the university harem. Cucking the Symbolic Sultan is no different than cucking a physical man. Create Hypergamic doubt by mocking the values of the Sultan. Politically incorrect antifeminist pick up lines work because they demonstrate a willingness to challenge the sultan and that you're not a eunuch. Hey girl, if I sing the national anthem will you take a knee? I can make your Black Life

Matter. You get the picture, shit that's so fucked up no eunuch would dare.

Real Alphas represent a threat to Symbolic Alphas because they possess the ability to pull women out from under their ideological influence. When Symbolic Alphas say masculinity is inherently toxic they are 100% correct. Real masculinity is toxic to the functioning of the Symbolic harem. Women have no need for feminism in the presence of Chad. Which is why all Symbolic Alphas despise Chad and work to destroy chadishness via psychological conditioning. Women are innately aware of the antagonism between Symbolic and Real Alphas which is why they don't hesitate to use one against the other.

While the modern world was governed by classic liberal values like freedom of speech and assembly, we don't live in the modern era and those values defacto no longer apply. The postmodern world is governed by a strange Neo-Sharia that we are only now beginning to understand. All of us are living in Shitfuckistan where law is arbitrary and selectively enforced. In unpredictable Shitfuckistan, the best advice is to be cunning strong and lucky.

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Wishing You a Red Pill 2018

441 upvotes | January 2, 2018 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Every year begins with self congratulatory mindless chirping about the grind, staying positive and being motivated. A Blue Pill culture which is to say a slave religion doesn't understand the value of brilliance, sacrifice, will and risk. Spectacular individuals are replaced by diverse committees of Happy Meal Human Beings who toil and slave, but ultimately produce a grand nothing like the latest Star Wars movie or the Common Core curriculum. If you grind toil and smile like everyone else, how can you ever become better than everyone else?

Ultimately the goal of Red Pill is to be better than everyone else by being nothing like everyone else. The most offensive thing to a slave is a person who refuses to be a slave. That's why we the Red Pill are hated. We allow ourselves to think say and do what others won't. We refuse to submit. Alternatives to slavery are despised by slaves as they make slavery more unbearable.

The Red Pill is a philosophy of rejection. Therefore the Red Pill's self improvement methodology functions via rejection of those who live their lives in downward dog position and their values. It's addition through subtraction. So what are we rejecting specifically? Everything that has made western men weak. Which is a great many things.

Every inch of the modern world is filled with easy. Easy sources of pleasure. Easy thoughts prepackaged for regurgitation amongst friends. Easy books for you to easily read. Easy entertainment. Easy identities to slap onto the back of your car. It's all one big airport terminal complete with snacks, silly magazines and endless warning announcements. Easy has no meaning. Which is why life has become a meaningless easy wait for an easy meaningless death.

Ultimately the path up lies in rejection of ease of submission for the explicit purpose of becoming better than everyone else. People who eat easy food, have easy workouts, repeat easy ideas, live easy lives, are easy to forget. My recommendation is that you remove easy people from your life as quickly as possible. Your diet isn't just the food you eat but also the ideas and experiences you consume. You will never become great so long as you surround yourself with human garbage and fill your thoughts with *she got a big booty so I call her big booty degenerate mass culture*.

One of the most prevalent Blue Pills is the belief that you must constantly entertain yourself like a two year old. You don't. You're a grown ass man who needs to do difficult workouts, read difficult books, say difficult things and make difficult decisions. You must declare unceasing war upon yourself.

May your 2018 be difficult meaningful and Red Pill. Alternatively if all of this sounds crazy: May you always have soda in one hand, a flacid Penis in the other, a blaring television before you and a mobility scooter beneath you.

If you're ready to put in the work to make a real change this year, I offer a Red Pill Fitness Coaching Service. Shoot me a PM.

Real Purple Pill Debate Cannot Exist Until the Mods Respect the Red Pill Position

50 upvotes | January 18, 2018 | /r/PurplePillDebate | [Link](#) | [Reddit Link](#)

The premise of PPD is to have a lively intellectual debate between the Liberal Egalitarian Feminist Blues and the AntiLiberal Anti Egalitarian Reds.

Because the blue side has existed in various iterations since at least the 60's it is acknowledged as a side. Thus platitudes such as *Kill all Men* and *All Sex Is Rape* arnt seen as trolling or intention antagonism but just part and parcel of feminist discourse.

The Red Pill on the other hand is much newer. If we examine the etymology of the Red Pill, a Red Pill is any discourse that is universally unacceptable to the public. In other words when the Red Pill is not offensive it becomes mainstream and stops being the Red Pill by definition.

Thus just as *Kill all men* is an acceptable part of feminist discourse *Women Belong in the Kitchen* is an acceptable part of the Red Pill discourse.

Until the Mods allow the Red Pill to discuss the philosophy in it's purest form which is to say it's abrasive form, the Blue Pill will be unable to debate the real Red Pill and will instead waste it's time speaking to non representative watered down apologists.

Now obviously allowing men to post things such as *Women are Souless Vagina Machines whose only function is the production of sandwiches and babies* is a tough proposition for the mod team. I'm not saying it's not. However the Red Pill is an extreme ideology, no Blooper would dispute that claim.

Is a non extreme non-abrasive Red Pill really a Red Pill? My vote is no and I'm GaylubeOil expert on all things Red Pill.

How to Thrive in Upside Down Clown World

378 upvotes | January 30, 2018 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

I know it was a gradual process but I always wonder when exactly did Real Reality end and upside down Clown World begin? There was a time when females were feminine, art was artistic, education was educational and the media was somewhat truthy. When did this new age officially start?

Well whenever it did, the post-truth age of Anti Logos, is definitely here. Money is printed to fund both sides of wars started on false pretenses. 18 year olds are admitted to universities unmeritoriously to be taught fake subjects to qualify for jobs that no longer exist. Men swipe through fake dating profiles looking for real women, who do their best to look and act like fake television women. Both genders are more isolated and miserable than ever before while believing themselves to be more connected.

Thus if we wish to answer any question about Clown World we must first admit that we are in fact in Clown World and that Real World rules either do not apply or only apply marginally. For example, when an 18 year old asks how do I get into a great university, the Real World answer is: get good grades and do well on the SAT. However the Clown World answer is: submit a BLM MeToo AntiTrump essay, while getting reasonable grades and pretending to be black. Now obviously the latter is crazy. If we were still in 2012, it would warrant a nuanced justification. But we're in 2018, preteen transgenders are completely normal now. So is letting your wife get creamed by strangers. If at this point you still don't understand that you are in Clown World, you are a complete retard who absolutely deserves to get raped by the metaphorical clowns of postmodernity.

Now that we've thoroughly explored the question: How do you thrive in the 2018 Clown World dating market? In 2010 the answer was be athletic, lead the interaction and don't be drawn into bullshit aka keep frame. In 2000 you had to be interesting enough to stand out, maintain a fun conversation and be fit. In the 60's if you were a wholesome individual with means to support a family, women sought you out. As you can tell the process is getting progressively more competitive. If you're in the 2018 big city Anglosphere and out of Highschool, here's what you need to know. The difference between women living within Clown World and those without, is that the former are beholden to a bizzaro ideology aka Matrix. This used to be an inconvenience that could be ignored or dismissed. Not anymore. Your primary sexual competition is the Symbolic Alpha. Not only is this entity a cock block, but at any time women can sacrifice your workplace, sexual or marital relationship for cash and prizes.

In Clown World 2018 it safe to say that feminism is a religion. They irrationally believe in an invisible all powerful entity called the patriarchy despite ample evidence to the contrary. They conduct rituals, have holidays and perform human sacrifices. It's fucking batshit. I know. Those are the undeniable facts and as men we have to deal with them. Ignoring or denying the problem doesn't solve the problem.

Keeping frame, being muscular, having a good job are all excellent but they won't defend your vagina person from religious/ideological possession. The only thing that can fight religion is more religion. Modern women are spiritually lost. Unless you offer a potent ideological framework they will default to feminism. At that point you'll have to throw out the broken vagina person and go through the hassle of find finding a fresh one.

Like it or not at some point in the future you're going to have to perform a feminism exorcism. In other words you're gonna have to bring a bitch from one ideological framework into another. This requires induction of trance, projection of belief and emotional manipulation. Religions have mastered this process over thousands of years so learn from them. While I'm not advocating any ideology here, my advice is to extract your personal methodology from Yogis, Kabbalists, The American Pyramid Scheme Tradition and Austrian painters. All have an exceptional track record of powerful psychological manipulation. Learn from them.

If you wish to thrive in upside down Postmodernist Clown World you have to become skilled at psychological manipulation. Women and Betas don't care about logic reason or facts. Which is why you must rely on rhetoric emotion and induction of trance. I know it's fucking crazy, but you're in Clown World now and those are the rules.

If you're ready to put in the work to make a real change this year, I offer a Red Pill Fitness Coaching Service. Shoot me a PM.

Feminists Arnt Radical Enough

44 upvotes | February 14, 2018 | /r/PurplePillDebate | [Link](#) | [Reddit Link](#)

Western Liberal Feminism belives itself to be anti establishment however the big irony is that Feminism is completely funded by establishment. What's more patriarchal white phallic and logocentric then big buisness and government? Pretty much nothing.

Modern Feminists are paid by the Liberal establishment to direct their attention away from the inherently oppressive establishment. That's why their entire focus is peripheral issues like gendered bathrooms, use of pronouns and media representation. However what's being deliberately ignored is that capitalism doesn't respect womenhood, sisterhood or motherhood. More on that later.

Originally the only people who had rights under the United States constitution were wealthy white men, then rights were gradually extended to poor men, then black men and then to women. However while it's easy to pretend that everyone is a white man on paper in practice not everyone is a white man. The best example of this is the legal system which pretends everyone has equal representation. They don't and the wealthy white men win as a result.

Liberalism is antithetical to diversity because it's end goal is to transform everyone into the most taxable demographic the white man. Under liberalism women are forced to become white men ala Hillary Clinton. Also minorities are forced to become a white male simulacra ala Obama. Thus loosing their essence and becoming miserable. Liberalism is white cishetero normative.

Instead of asking how do we transform all of our women into profitable taxable engineers, feminism should ask how can we reshape modern society so that it values women? How can good womenhood sisterhood and motherhood be rewarded so that women arnt forced to transform into men?

A better word for current Feminism is masculinism because it seeks to transform women into men. What we need is real feminism a movement that loves women for being women. If we celebrate women as women and don't force them to become white men or souless proletariat as in communism we can have healthier families and healthier people.

Unfortunately that's not gunna get funded by the establishment.

Don't Get Cucked By Conservatives

465 upvotes | February 27, 2018 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Anyone who's spent any time here knows how much we enjoy to blaming Progressives, Feminists, SJWs, etc, for all that is wrong with the world. Definitely an enjoyable pastime. However today we're taking the Hate Train in the opposite direction and discussing the people who diddled themselves awkwardly while the West took veiny multicultural dick to the face, vagina and anus. That's right, today we're talking bout conservatives, why they always lose and how not to be them.

Now at this point you and the 20-30k people who usually read my diatribes are wondering: GaylubeOil why you shiting on Conservatives? I mean they basically agree with you most of the time? So what gives? AltRight I'll tell you bro. If conservatives weren't such losers you would be in Georgia right now sipping a mint julep watching your crop get harvested. I would be in Russia whipping my Serfs. Both of us would have abundant German soap.

At this point a bunch of Stoic logical Alfalfas are flipping their shit because I made some bad bad inappropriate jokes. Those same people swear that liberals and political correctness are the devil. But here they are, mad at me for breaking a speech code that liberals spent decades putting into practice. Think about that for a second. They hate liberals but live their lives by liberal rules. Fucking retarded right? Yea super retarded. That's conservatives.

So why are conservatives such losers? Why did conservatives lose on basically every social issue for the past 100 years? Because conservatives are dimwitted and unimaginative. Their most profound ideas are tax cuts and wars. Liberals have the creativity to say: *7 year old Transgenders? Sounds good let's make that happen.* Conservatives on the other hand can't even trick a white bitch into having a few more babies. But what about abortion?

Ok let's talking about that. Decreasing the need for immigration is predicated on making women want to have more babies. It's not about forcing them into having babies. When you force people to do something they usually want to do the opposite. Liberals know this and call it the Hegelian Dialectic. Conservatives don't. Which is why some of them frolic in white robes and burn crosses. The only thing that the KKK has ever accomplished is the promotion of diversity. Maybe if Billy Bob Banjo possessed introspection and foresight he'd realize that his method isn't working and never worked. Perhaps then he could redirect his efforts towards funding segregation propaganda like the Black Panther film.

Unlike liberals, conservatives don't have a vision for the future. Their game plan is to preserve the status quo whatever it may be, then lose and then declare the loss a victory. The same people who protested gay marriage are currently Cowgirling Milo's dick. Conservatives stop trying after they lose. Liberals don't. In other words conservatives are always within the liberal frame. They dance to liberal music and play by liberal rules, just not as well.

So what does any of this have to do with Red Pill? A lot actually. The mental illness known as conservatism isn't just a national phenomena. It manifests itself at all levels: individual, family, and organizational. So for example a conservative individual might be an unimaginative dresser. He'll prohibit his wife from dancing and his teenagers from watching porn instead of creating a compelling counternarative. His company will stupidly and slowly copy it's competition. The Red Pill is a rejection of the system not it's celebration. That's why the Red Pill is Anti Conservative.

Think of the progressive agenda as a masturbating homeless man on the subway. The liberals are the people applauding. The conservatives are the ones yelling angrily. Those pretending not to notice, offer tacit consent. All groups make the hobo's masturbation more enjoyable. The radical solution aka the Red Pill solution, is to spray the subway car with a fire extinguisher and steal the hobo's attention.

A Red Pill solution is any solution that wrestles control of the narrative. That means shit testing your girlfriend's shit test. It means scaring your masturbating 14 year old son into NoFap by showing him the weirdos and creeps at the porn store. It means selling Feminists femininity disguised as radical feminism, rather than stupidly arguing. Most importantly, it means possessing courage and innovation, something that conservatives inherently lack.

As the Red Pill train gains steam, more and more conservatives are gonna try to climb aboard. Kick them off. They're losers, they don't have a plan and historically speaking they always lose. If conservatism worked the Red Pill wouldn't be necessary and you wouldn't need GaylubeOil or his hobo masturbation metaphors. Don't get cucked by conservatives.

If you're ready to put in work to make a real change this year, I offer a Red Pill Fitness Coaching Service. Shoot me a PM.

Don't Get Alphaed by Red Pi Alphas

400 upvotes | April 1, 2018 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

First off I think this post is painfully obvious. It's actually a shame that I need to write this. But if I don't, you Blue Pill dorks are gonna be stuck in the Matrix forever. April 1 2018 is as good of a time to Red Pill you on the Red Pill as any. So here goes.

The Red Pill is a form on sexual strategy where Alphas like myself try to teach you Betas how to be less Beta. That probably sounds good to you in theory my dude. But did you ever take a step back and think maybe just maybe that Red Pill Alphas are Alphaing you?

I mean bro, why are you taking all of this information on good faith? You really think there isn't an agenda here? We're fucking Alphas. Of course there's an agenda.

Ever notice how the Red Pill tells everyone to lift? Why do you think we do that? I'll finally tell you because you losers haven't figured it out. Big burly muscles and tan skin is associated with the working class. Obesity is a sign of royalty. All these false flag fitness posts are a trick to give you the body of a peasant while we Alphas hold the physical form of big beautiful kings.

Next ever notice all the video game hate? Go workout. Stop playing video games. Why do you think we tell you that? Because the future is digital. We want you to be as weak as possible in the digital world because that's the next frontier. Here you are wasting your life talking to girls, lifting weights and just generally being a retard while we Red Pill Alphas are decked out in epic gear, ranked legendary in Hearthstone, Diamond in StarCraft and win Fortnite on the regular.

Next let's talk about women. If you've read the Sidebar you would know that a woman is incapable of love as a man would want it. Ok. So why are you looking for love with women if their incapable of love? Ever heard of Sex Robots? Look it up loser cuz that's the future right there. Also ever notice how there are no guides on seducing dudes? Got you again loser. Men are capable of love unlike women. Yet here you are wasting your time with bitchy materialistic whores while we have all the dudes for ourselves. We have a saying amongst the Endorsed Contributor team: It's time to get excited cuz no girls are invited.

Next let's talk about masterbation. Yea we definitely got you with that NoFap propaganda. Ok think about it logically. What happens when a star no longer gives off energy? It collapses in on itself and becomes a black hole. So by tricking you into holding in all of your energy we know your gonna collapse in on yourself and become a Beta Black Hole Bitch. The more powerful a star the more energy it gives off. That's why powerful men follow the path of the stars and masterbate constantly.

Alright I think that I've revealed too much of the Red Pill Left Hand Path. Not that it matters anyway cuz you're too indoctrinated to invest time into perfect your Cyber Strength, achieve a full figure, follow the Path of the Stars or learn how to give an amazing blowjob. A real Alpha would know when he's being alphaed by Red Pill Alphas. You're not and you don't.

Strengthen Your Will By Imposing Your Will

215 upvotes | April 30, 2018 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

When a Reddit Nerd Virgin types Hey guys, how do I get girls into his cheeto encrusted LED backlit keyboard, there are two distinct ways we can understand his cry for help. The first is the literal interpretation. The Nerd Virgin is presumed to be in need of a seduction method, which the Manosphere has been jizzing out for the past 20 years. AskTRP has a bunch right in the sidebar. Yet Nerd Virgins are still asking. Which begs the question: Why ask for something in abundant quantity? We give them what they ask for. Yet they keep asking. What the fuck?

There's a second and far more pessimistic interpretation which takes into account the above mentioned phenomena. When Nerd Virgins ask Hey guys, how do I get girls what they really mean is How do I have the will to succeed with women if all I know is failure and rejection? Keep in mind that our Nerd Virgins are inarticulate introverts with most of their intelligence being the nonverbal logical-mathematical variety.

Basically we got a bunch of mumbly spergies on our hands, trying to ask one question but asking a wholly different question out of verbal ineptitude. Since the intended question is rarely addressed our spergies either keep asking in vein or retreat into leper colonies like MGTOW and INCEL.

The real question is how do we pull our spergies out of their anxiety, confusion and a state of internal surrender? How do we convince them to believe in their future and invest in their future, rather than believing in nothing and pouring time into coping mechanisms and escapism. What practical guidance can we give in order to rebuild their will so that they have a reason to embark upon all of those fancy methods we've been jizzing out for the past 20 years?

Spergies are a product of a Prussian factory school system and a degenerate narcissistic social atmosphere. They've been taught all their lives to conform. In fact they've been conforming for so long they don't even know who they are. A Sperg is undifferentiated. He's as unique as a steel cut French fry. Therefore a Sperg can never lead regardless of how many neurotic leadership guides he reads, because he doesn't have a place to lead to. He can't impose frame because he doesn't have a frame to impose. For him to lead and for others to follow he needs personality, differentiation or being, what Heidegger calls Dasein.

The goal is to reverse the 12 year process of conformism and homogenization know as schooling. What I'm proposing is unschooling. The purpose of school and media is to generate herd mentality and uniform socially acceptable opinion. The purpose of unschooling is teach people to be leaders and generate their own belief systems. If Schooling is possible then Unschooling is also possible.

Unschooling is an inversion of schooling. Here's how this works. Find yourself a truly controversial book. Not a self help feel good dadbook or any of that Normie shit. You want something difficult and controversial like Julius Evola, Lenin or Mustache Guy. A book that would get you expelled fired or shot if you read it out loud. You know a Red Pill book, in the most literal sense.

Next, let's briefly acknowledge that our generation's ability to read and absorb difficult text was nuked by schooling and social media. You can't just tell millennials to read because they associate reading with busywork bullshit, Globohomo indoctrination textbooks and Swamp creature English teachers uncritically implementing the agenda. My recommendation for breaking the Pavlovian conditioning is to load reading onto trait openness rather than conscientiousness. Buy yourself a nice

fountain pen, interesting ink and good notebook. Finally transform yourself from a passive untermensch skim reader into an active renaissance man by transcribing the passages that speak to you.

“So how is any of this going to make me a Dark Triad Midnight Wolf Alpha?!?” you're probably asking while waving your Cheeto-Semen fingers dramatically. The last and most important step is leadership frame practice where you subvert randoms into believing the radical ideas you've been reading and transcribing. In other words strengthen your will by imposing it on others.

The Red Pill tells emotionally weak beta males to lift because lifting strengthens the body and the spirit. I'm telling you to read and persuade as that will strengthen your leadership aka Alphaness. So ask yourself this simple question. Will you become a Dark Triad Midnight Wolf Alpha or a dangerously cheesy Gokkun masterbator?

If you're ready to put in work to make a real change this year, I offer a Red Pill Fitness Coaching Service. Shoot me a PM.

Learn The Sex Secrets of the Palestinian Buda: DJ Khalid

381 upvotes | May 14, 2018 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Women are too stupid to invent anything of importance, too selfish to lead effectively and too short sighted to plan. Women know this. They know how much they suck. Which is why they had to beg for the creation of an entire university department: Women's Studies in a vain attempt to shame brave men like you and me from speaking the truth. Obviously nagging and whining doesn't work on Uber Alphas like us nor does it change the fact that fortune favours the bold aka not women. However women with the exception of [Chunklers and Uggos](#), do have one thing that helps them correct the resource disparity and that's vagina. To quote the Bible: The only reason Noah's wife survived the Great Flood is because Noah needed someone to fuck for 40 days and 40 nights. Checkmate atheists. According to our personal experience, scientific biotruths and God, women have to trade their vaginas for food resources and experiences for survival. Now some people don't agree with me here and I understand that. I also know that everyone who disagrees with me is sensitive puss easily triggered by half assedly including God in this Pulitzer Prize masterpiece. If you find yourself in this category you have my permission hide your tears behind your fedora and fuck off. The Red Pill is for Alphas and future alphas only.

Now that the sensitive Sallys and literal minded Normies are gone, I can drop some 200 IQ Red Pill bombs on y'all alphas. Women are biologically hardwired to trade their vaginas and vaginal potential for objects and social positions. Everyone already knows this at a subconscious level. However the crucial difference between Alpha and Beta is how they understand value.

Betas are eternal followers and as such take value rather than create value. That's why betas can never sell a crock of shit and get constantly sold crocks of shit. In more practical terms: [DJ Khaled](#) can sell women into thinking that his obese body is valuable. Meanwhile betas are getting depressed and sperging out about the shape of their jaws on lookism forums. If [DJ Khaled can get laid pretty much](#) everyone else can too. Unless they're a beta who can't sell. Then they're fucked.

So how does the Palestinian Buda known as DJ Khaled get laid? The answer isn't money. Plenty of women withstood Kalid's weight before his fame and fortune. DJ Khaled got laid and rose to stardom by selling everyone the DJ Khaled experience. The only qualities DJ Khaled has is confidence and positivity. Qualities completely lacking in Reddit Spergs. DJ Khaled makes everyone feel great by repeatedly saying his own name like a retarded Pokemon. Which Pokemon? A Kebab Snorlax.

Since everyone feels great around DJ Khaled they invite him to parties radio stations, and songs. Women want to be a part of the action so they attach themselves to Khalid with their vaginas. DJ Khaled is basically a very positive whale and women are barnacles.

Now at this point you're probably thinking Professor Lube Oil all of this sounds great. I wanna live the Khalid Lifestyle. Should I start drinking from lead crystal and bulk 200 pounds on Kebab? No. You should learn how to generate positive experiences for other people. But How?

By creating value for the ingroup rather than taking it. Whenever a beta male enters a social interaction they seek to take value in an effort to make themselves feel better about being such a fucking beta. This manifests in [compensating](#), inventing bullshit grievances, virtue signaling and trying to take sex from women in an effort to feel masculine. Alphas make value by building social groups, creating experiences and pillaging outgroups.

Beta males see women as valuable. That's why they try to take value from women. *Pleaaaaase have sex with me!* That's *R Seduction* in a nutshell. We on the other hand know better. Women don't create value they absorb value. They're value vampires. **In order to attract a value vampire you must offer value.** Remember that. In fact take out your favorite crayon and write it down in your My Little Pony Notebook.

Invite Beach Butt Babes to play SmashBall with your bros, then smash! Show spandex sluts how to stretch, then stretch! Or take the Khalid approach. Become a living meme, then feed her the cream. When you bring the value women will bring the vagina.

I have a Red Pill fitness service where I tell you what excercises to do and books to read. If you're interested shoot me a PM

Don't Let Black Jesus Fuck You In The Ass

0 upvotes | May 31, 2018 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

I don't know if you've heard of Black Jesus or seen a Black Jesus. But for all of you who haven't: Black Jesus is normal Jew Jesus depicted as an African. Basically Blacks couldn't relate to Jew Jesus so they made themselves a Black Jesus. Makes sense I guess. Maybe us Whites should make ourselves a White Martin Luther King to make him more relatable?

But here's the problem with Black Jesus. If Jesus is Black then is Mary Black? What about the apostles? Even Judas? Are all the Jews Black in Black Jesus world? How about the Romans? When do the Jews of Black Jesus world switch from being Black Jews to normal jewy Jews. I have a lot of questions about the whole arrangement, questions that have never been answered before in Black Church.

Why? Because it's impossible to ask philosophical questions when everybody be singing and dancing. Lordy Lordy! But isn't examining the relationships of people in the Bible and learning valuable lessons the whole point of Christianity? So really the problem with the Blackification of Jesus is that it destroys the essence of Christianity just as the Caucasianification of Martin Luther King destroys the Civil Rights narrative.

Black Jesus provides a Simulacra of authentic African spirituality, while protecting Blacks from having to undergo the Real of African Spirituality: sacrificing animals, sex magic and dangerous trials. In today's busy world who has time for that? The whole endeavor is shielded from scrutiny because everyone is too busy singing and dancing.

Now Black Jesus isn't the only proverbial Black Jesus. Planet Fitness provides a fitness product without the obligation of serious physical exertion. Modern Universities provide a diploma without teaching anything of substance. American Women offer a symbolic marriage but refuse the material obligations of being a wife. No Fap allegedly helps chronic masterbators but is actually a place where masterbators masterbate about masterbation.

Black Jesus can also take the form of an individual process. It's inevitable that a fedora gaytheist interprets this article as an endorsement of religion. It's obviously not. But the fact that a bottom feeder prole is going to shit himself, miss the point and virtue signal for atheist points, means Black Jesus is alive and well. Perhaps someone will politically correct virtue signal Das Rayciss. I look forward to it. Commenters proving my thesis elevates my posts into a postmodern collaborative performance.

Whenever the essential is abandoned for the symbolic that's a Black Jesus aka a Simulacrum aka a Blue Pill. This expansive definition of the Blue Pill is difficult and unpleasant for our newcomers. That's okay. My job here is to force difficult and unpleasant realizations onto boys who think they figured it out.

The Red Pill is more than antifeminism. The Red Pill is much bigger than that, it's a rejection of the Symbolic in favor of the Real. The Blue Pill is the inverse. Thus diddling your phone in the gym instead of lifting is Blue Pill. Shooting validation texts at women instead of shooting semen is Blue Pill. SJWs are Blue Pill as their existence in material reality is an imitation of a symbolic tumblr avatar. Likewise churning out masculinity guides while being unmasculine is Blue Pill. The most paradoxical aspect of the Red Pill is that the majority of people here never took the Red Pill and

never will. They're here to act out masculinity symbolically so they don't have to live it in the Real. As the world falls deeper and deeper into the Postmodern Era more and more people will willfully spread their assholes for Symbolic Black Jesus. Reality is hard and pretending is easy. We're descending into the aeon of the eternal child. Narcissism, self esteem and feels are much more important than Reals.

The thing to remember is this. Sell feels. Get Realz. Give women emotion take pussy. Make your beta boss feel important take his money. The more people become children the more valuable being a rational male will be. Everyone is getting fucked in the ass by Symbolic Black Jesus. Don't be like everyone.

I have a fitness service where I tell you what exercises to do and books to read. Shoot me a PM if your interested.

Don't Get Fucked By Black Jesus

18 upvotes | May 31, 2018 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

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Cynical Implementation

195 upvotes | June 7, 2018 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

When women go to a night club they want the night club experience and the guy who provides it best is the stereotypical night club guy. Women don't go to clubs to have intellectual conversations, political debates or learn about the historical significance of your double lightning bolt tattoo. They go to have fun with Night Club Guy.

The problem for most Red Pill men is that they are not Night Club Guy. While they could look, lift and dress like Night Club Guy, which definitely are prerequisites for success. In their soul they are not Night Club Guy. Night Club Guy can talk to basic bitches without feeling resentment and feel good in a basic environment, because Night Club Guy is a basic bro who speaks lives and breathes basic.

The main barrier to success with with basics is resentment towards basics. How long can you listen to a women mouth vomit about the new Starbucks Mermaid Frappuccino before you decide to help George Soros depopulate the earth with Super Aids? How long can you stoop to the basic level before you start resenting yourself for stooping to the basic level? You can't win the basic game unless you play the basic game. You also can't play the basic game well because you hate the basic game too much to emotionally align with the basic game.

The question is: How do you enjoy the unpleasant enough to excel at it? Most people will say if you don't like something you shouldn't do it. That's stupid. In this life there are plenty of times you have to win a game you dislike. The prevalence of unpleasant games is only going to increase as the West becomes more cucked and plebian. Choosing not to win or not to play is for losers.

The answer is a cynical implementation. Instead of telling yourself to endure drunk basics mushing their genitalia together while Lady Gaga destroys your ability to hear your future grandchildren, tell yourself that you are going to become the most basic basic. Start by telling girls they smell like Bath and Bodyworks. You won't be able to hear them so watch their facial responses. If it's neutral or negative yell *I'm just here to party!* Then disappear like a Black father. If it's positive take her to the dance floor and grind to Rhianna's *We Found Love in a Hopeless Place*. After exactly two songs of dick butt grinding and one song of face to face dick thigh/vagina grinding, yell *your cool but I have to find my friend*. Hand her your phone. Regardless of the outcome disappear faster than Luke Skywalker's Black father Darth Vader. If a fat girl starts talking to you shield yourself with a random guy and yell *my friend is in love with the shape of you*. Then disappear like Kenyan Economist Barack Obama Senior.

A cynical interpretation allows you to perform a lot of functions that would otherwise challenge your internal state without compromising your internal state because provides an ironic distance.

Remember you're not doing the thing. You are making fun of the thing by doing it. Are you in a Gender Studies Class? Be the biggest Feminist there. Girlfriend starting drama with you? Pretend to be her dad. Boring meeting? Become the embodiment of the company man. Leader of an internet hate group? Challenge yourself to take it as far as possible.

Whatever the task, if you have doubts about it you can shield yourself from internal contradiction of by becoming a deliberate stereotype. People are tribal. They like people who are like them. They hate those that are not. The tribe always rewards those who conform to the tribe even if the conformity is a

satire. The tribe is too stupid to comprehend satire but is ruthless in punishing nonadherants.

In conclusion be the douchiest night club guy, the meatiest meat head, and the most progressive college student. If you play a game then play to win or don't play at all. Morals and values are for idealistic losers too deluded to comprehend how the world functions. People don't care who is right only who is on their team. Be on everyone's team. But most importantly be on your own team and don't tell anyone about it.

PM me if you are interested in becoming a fitness coaching client

The Red Pill Has Too Much Respect For Women

312 upvotes | June 27, 2018 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

I don't know if you've ever personally used a German toilet. But I have. I was flying to Russia with a layover in Frankfurt. I drank some coffee. Had to take a shit.

What made this shit different from every other shit is that it was performed in a German toilet. You see the difference between a German toilet and pretty much every other toilet is that a German toilet has a dry porcelain poop shelf.

So when you take a shit in a German toilet it falls on a dry poop shelf and is shown to you the creator on a pedestal, in a proud German way. Then you can examine your shit. Maybe even shit post about your shit in a special German shit notebook which you can discuss with Hanz, Franz and Luther.

The point of this metaphor is that women are the feces and you're Gunther Scheisse-Denker.

Traditionally speaking men are supposed to shit in a hole, bury it and move on with their lives.

Maybe if the shit was uncomfortable vow to eat more vegetables. Obsessing about feces isn't normal or healthy and most importantly is a colossal waste of the most important resource on Earth: time.

Men aren't supposed to obsess about women. Sure there's good women and bad women just as there's good shits and bad shits. Women like shit are beneath men. Men are supposed to spend their lives inventing, planning, fighting, not thinking about women all the time. You really think bronze age dudes transcribed their arguments with wifey onto clay tablets and shared it with other bronze age dudes? No! They were too busy killing other bronze age dudes. Worst case scenario they could barter 8 goats for another wife. Modern western women are only worth about 3 goats because they can't cook and get used harder than a Brooklyn Bus.

Just as your turd quality is an indicator of past nutritional success, women are past-oriented. Their entire thought is towards the past because they're too self interested to objectively understand the present or the possibilities of the future. That's why women don't care about what your learning in med school or doing in the gym now. They care only about the current results of past actions. That's why millions of women march protesting the Patriarchy, despite it being abolished in the last century. If the Patriarchy exists how do feminist departments get money? Checkmate women.

If you want insight into the hysteric female mind pick up Hillary Clinton's book: *What Happened. Hillary Clinton ran a 2008 style campaign in 2016, lost and is still screaming What Happened?! I'm not making a political point here. I'm making a misogynistic one. That's how all women approach their problems and basically the only thing you need to know about female thought.

Therefore when you orient yourself towards women your orienting yourself down back and beneath where you already are. That's why the PUA crew is forever mentally trapped in post adolescence. They wasted too much of their lives talking to women and thinking about women. Eventually they started thinking like women. When a man thinks and acts like a woman he's called a faggot and a little bitch. So if you want to intellectually downgrade yourself by orienting yourself down towards women go right ahead. But in today's hyper competitive world it's not gonna go well.

The irony is that the more you orient yourself towards women the worse you'll do with women. Elliot Rodger was a little bitch who only thought about women and never did anything masculine.

Consequently there was an interracial consensus at Santa Barbara not to fuck Elliot Rodger. Women want masculine men. They seek masculinity and polarity. They don't seek woman watchers.

The only person who can stop you from shoving your face in a toilet bowl is you. Pedestalizing women through pornography, obsessive thought and attention will prevent you from ever reaching great heights. There's an entire universe beyond the toilet bowl of present society. Let your inner world be a patriarchal world not a postmodern feminine shopping mall McWorld. Pull your face out of the toilet and have a breath of fresh air.

If your ready to get swole and out of control this summer shoot me a PM to discuss my Red Pill fitness service.

You Never Took The Red Pill And Never Will

420 upvotes | July 16, 2018 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

If you look closely at the top of the page there are three words written in big bold letters. The Red Pill. That means that primarily this place is about rejecting blue pill social programming and secondarily everything else. If this wasn't the case the words would say seduction, motivation or erotic fictional stories for horny boys. If this wasn't the case we wouldn't ban hundreds of confused spergs daily. And that masterpiece you wrote. You know the one about love poems, flowers and talking about your feelings. If this wasn't the Red Pill it wouldn't have been deleted.

The reason why the Mods and ECs have to carve Red Pill dogma into your skull, is because the Blue Pill aka Neo-Liberalism is the source of most of your problems. Yes that's a big bold statement. But that statement can easily be proven. Next time you are on vacation, instead of spending all your time snapping retarded photos and ass-chugging margaritas take some time to talk to the locals. On the off chance that your not a shallow self indulgent ADHD pleasure whore, you'll realize that: the further a country is culturally from the West the less Western problems it has.

Sure other Non-Western countries have their issues but their women aren't bloated sacks of shit, their men live purposeful lives and people have families instead of masterbating in front of screens. Yes these countries have problems but not the problems we discuss here at Red Pill. They don't need coping strategies like PUA pick up lines, relationship books or marriage therapy because their social and family lives aren't plunging ever deeper into abyss.

This isn't a complicated concept. You don't have to be Stephen Hawking stunting wheelies in a futuristic robo chair to understand what I'm saying here. It's pretty simple actually. Socially the West is fucked and if you don't want to get fucked don't be Western. In other words don't be progressive egalitarian humanist or any other gay shit. Just because everyone is Pozzing themselves doesn't mean you should also give yourself AIDS. In fact it's an excellent reason to avoid metaphorical societal AIDS.

The problem is that Pozzing game ends when everyone knows about Pozzing game. The first rule of Pozzing game is attack whoever talks about the Pozzing game. No practicing counselor, psychologist, or marriage therapist, is going to question the ideological roots of Neoliberalism as the ultimate cause of the issues their treating. Their job is to fix the broken cog and put it back in the machine not question the machine that broke the cog. That's why the machine created the psychologist in the first place. How do you think so many boys ended up on Ritalin for their misbehavior in fem-centric classrooms? Diagnosis neutralizes individual dissent.

When individual dissent metastasizes into something big enough to challenge the narrative, the media gets called in to shut it down. The media is the ideological enforcement mechanism of the establishment. Luckily for us they've been intellectually ravaged by affirmative action and sexual harassment lawsuits, so they suck at their job. It's actually adorable. Their hit pieces are written by hacks and usually help us by driving traffic.

Unfortunately the media isn't wholly inept. They still have two effective strategies that prevent us from realizing the Handmaid's Tale Patriarchy Utopia. The first is bread and circus. The second is the use gatekeepers.

The media's high production value and control of film and television, means that most people are

going to see their side of the story first. That's why for the majority of the people here James Bond is their conception of Alpha male. What could possibly go wrong when people like Harvey Weinstein are allowed to determine your inner most values? Likewise when the media parades out their safe acceptable conservative anti-feminist, the boys here are gonna whip out their assholes and ride him like a naughty cowgirl.

What could possibly go wrong by letting the media determine the boundaries of acceptable debate? What could possibly go wrong with living inside the Matrix? So go ahead watch Ben Shapiro. Read Jordan Cuckerson's book about petting puppies and skateboarding. Spengler's Decline of The West is too complicated and Yockey's Imperium is too dark. Keep your reading light and fun. You never took the Red Pill and never will. The masses are history's victims and your gonna be one of them.

If your interested in a coaching service which offers difficult workouts and discussion of difficult books shoot me a PM.

Matriarchy And Motivation

105 upvotes | August 21, 2018 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Imagine there was a civilization that obsessively published material on how to clean urine out of carpet, while universalizing and normalizing the act. Gotta wake up and clean piss out of carpet, that's life! Motivational books would be published: Zen and the Art of Accepting the Piss in Your Carpet! There would be Piss Carpet Counseling for people who question their cleaning responsibilities. Doctors would prescribe steam cleanings for people who can't handle the piss carpet. The obvious question here is how did the piss get in the carpet? Does everyone have 12 cats in this alternate universe? Maybe if we stopped piss from getting in the carpet we wouldn't have a society of piss cleaners?

Actually we don't have to imagine anything because the Anglo West has a habit of obsessively motivating itself without ever questioning how everyone got so unmotivated in the first place. Lady Liberty is a single mother who liberated herself and her children from the structure and traditions of (then) Patriarchal Europe. Now everyone's running around confused, depressed, hating daddy but at the same time desperately needing his guidance. Luckily for you GaylubeOil is here to inject some Old World values into your life. Think of me as an Alpha uncle who briefly intervenes with some subversive masculine advice while mommy is preoccupied pouring wine down her face. Not out of empathy but because it's difficult to keep watching your autistic screeching.

A matriarchal society is one with a feminine logos aka reasoning, just on a much larger scale than a single mother household. Women at a biological level know that they're baby machines and pretty much useless at everything not baby related. That's why women are hardwired to monopolize as much male time, energy and attention as possible. If you've ever had the displeasure of working with women you'll know how your time gets parasitized under the guise of "teamwork".

Females and by extension Female oriented societies, view men in a binary. Plow Horse Males are those who can be extracted of resources. Burnout Males are those that can't. When a Plow Horse is fully extracted he becomes a burnout and gets treated like shit. It doesn't matter who he was or what he did in the past, this is Briffault's law. Pshh whatever get fucked Grandpa!

When men become Burnouts prematurely, guilt and shame are deployed. Do it for mummy! This is when the traitor males are called upon to talk some sense into the boy. A traitor male never asks why the horse(you) doesn't wanna plow, he's there to make you plow. This takes place at the individual, group and societal level. The more feminized a culture the more "motivational" material it needs and therefore produces. When a parasite attaches it lets out an anesthetic so that the host can't feel it.

Parasites also have a habit of making the host physically weak and mentally retarded. If the host is at too strong and too aware, it might rid itself of the parasite. Real masculinity is toxic to the parasite which is why it is rightfully diagnosed as Toxic Masculinity by the parasite. Matriarchal society is infantilizing because it needs it's men to remain controllable silly boys forever. Western Men are the dumbest and weakest they've ever been. Now you know why.

At this point most men are too far gone to be saved. They're late stage syphilitics babbling and drooling in delirium. They can't be saved and are not our problem. They're lives are a cycle of coffee pep talk motivation, followed by marijuana alcohol television video game disassociation. Conscious enough to work but not conscious enough to ask questions. Men who live fulfilling lives don't need to

be motivated. On the other hand, men being sucked dry by a society that openly despises them can never get enough motivation.

If your interested in a coaching service which offers difficult workouts and discussion of difficult books shoot me a PM.

Becoming A Red Pill Alpha Wizard

215 upvotes | September 3, 2018 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Pretty much everything written for the Red Pill and Manosphere is done from a rational, materialist or scientific perspective. Today Alpha Wizard GaylubeOil is swerving the Red Pill Bro Bus in the opposite direction. That means spiritualism, metaphysics alchemy and magic. This post is literally gonna make you an Alpha Wizard.

Why would anyone want to become an Alpha Wizard? Because honestly bro do you really wanna continue being a lame ass beta bitch, following an assortment of guides, protocols and procedures? Or do you want to psychologically transform yourself through a magic ritual making yourself impervious to stress and the judgment of the outside world? Obviously the second one. But if you're not ready for that I understand. You're more than welcome to fuck off to another post. Maybe read an autistic kid's field report about dry fingering a weird girl's vagina.

First, a point of clarification. There are many schools of magic and paths to the sacred art. Your university's student loan office teaches Babylonian Money Magic and can make your money disappear for decades. Many occult societies practice Sex Magic and will teach you how to make a 70 year old penis disappear (with your asshole). So if you don't like my approach this doesn't have to be the end of your magical journey.

Next, I gotta to be real and lay out the bad news. Not everyone has a high enough Alpha power level to become an Alpha Wizard. You'll need a level of 5 minimum for any of this to work. If you score below a 2 you probably won't be able to benefit from this post. That's why I wrote the previous paragraph for all the beta wizards. Unfortunately y'all gotta get your powers by making penises disappear. Don't get mad at me. I don't make the rules. I'm just telling you about them.

At this point all of you are wondering what your Alpha Wizard Power Level is. This is how you find out. Next time your at the gym look for an average dude doing a bodybuilding routine on bench press. Count the number of reps he does to figure out a baseline, this should be in the 10-12 range. Then invite yourself to spot this stranger, allegedly because you care about gym safety or whatever. If he tells you to fuck off your score is -1. On his next set start motivating him to get more reps. Yelling is okay. Touching the bar is not. The number of reps he does above baseline is your Alpha Wizard Power Level.

Making people measurably stronger by speaking to them is magic. Specifically, it's alchemy because what we're doing is manipulating people's blood chemistry by forcing them to secrete adrenaline. I know there's gonna be some dude fagging in the comments saying shit like magic isn't real. Bro you don't even know my power level. If I can double a dude's bench press with just my voice I can most definitely make your wife's self respect disappear. She'll become a wizard and make your house disappear. Alakazam!

If you've gotten this far and have a power level of at least 5 preferably 7, you are ready for the Alpha Wizard Right of Initiation. The main thing holding dudes here back is a Hollywood idealized view of women coupled with and extreme risk aversion. Once that's gone, they're unshackled from the Blue Pill Superego free to live life on their own terms as an Alpha Wizard.

Here's what you do. Go to any University in a white robe with an anti-abortion sign. Something creative like: If Fetuses Aren't Human Why Shouldn't Pregnant Women Drink Alcohol? Get into as

many confrontations with Thots, Cucks and professors as possible. Do this for 2-3 hours until campus security throws you off campus. That should permanently destroy all approach anxiety and any NAWLT delusions you have about women.

Obviously 80% of the dudes here come to masterbate to pseudo scientific Alpha guides so they can comfortably do nothing. Breaking format by writing about Wizards is a sure way to enrage and disrupt the spergathon. The point of the Red Pill isn't to write fantasies for losers it's to change men. That means challenging men. I challenge you to become a Red Pill Alpha Wizard!

If your interested in building body and mind, shoot me a PM to join GaylubeOil's Wizard Academy

Quarantine What Does It Mean?

500 upvotes | September 28, 2018 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

If in 2012 I told you of a Radical Feminist conspiracy to push strong men out of positions of power and to pull young men down into depression and despair, you would tell me I'm crazy. That was the chorus for a long time. For a long time if you discussed institutional discrimination endured by men, you would be shrugged off as a loon. However as the years rolled forward the truth became more and more unavoidable.

In 2016 the American people had a referendum on that truth. In 2017 the British also had a referendum. They voted No! They voted against GloboHomoism, Liberalism, demographic replacement and all sorts of things outside the immediate purview of sexual strategy. That's when all hell broke loose and institutional actors began their efforts to change where the culture is moving.

Now the Red Pill is supposed to be about sexual strategy. We're supposed to write guides teaching nerdy boys how to become confident. Lift weights. Gain muscle. Maybe get a blow job or two. Speak in a confident voice. Lead the room. That's what we're supposed to write about. That's what I want to write about.

The problem is confident men are difficult to control. They don't always listen to wifey or the media or what the wise university feminist professor has to say. That's how a community of confident men becomes subject to censorship. In 2008 writing an internet blowjob guide wasn't a political action. It is now.

There are three theories on why Reddit pulled the trigger on the quarantine today. The first is the technical theory. Reddit fiddled with their algorithm about a month ago, which allowed the Red Pill to hit the front page and rapidly gain subscribers. Next is the MeeToo theory wherein, Reddit quarantined us a cultural response to the supreme Court nominee on controversy. Finally there is a Grand Cleanse theory wherein there is a multi platform conspiracy to deplatform non liberals and control the narrative.

Here's what you need to know. Register an account on TRP.red so you can continue to be a part of this community. Whatever is happening will continue to happen and will in fact speed up. There is no ignoring this at some point this will affect your personal sexual life. Stock up on controversial books like Ride The Tiger Revolt Against The Modern World. An Amazon book ban isn't far behind and you'll be glad you bought it when you could.

Finally if you are interested in growing your muscles and knowledge shoot me a PM before this community is deleted. I offer a Red Pill Coaching service that has helped many men. I want to help as many men here while I still can.

Quarantine What Does It Mean?

22 upvotes | September 28, 2018 | /r/askTRP | [Link](#) | [Reddit Link](#)

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Bloops are Sub Human NPCs

46 upvotes | October 2, 2018 | /r/PurplePillDebate | [Link](#) | [Reddit Link](#)

Question: Why do Bloops spend so much time talking about the Red Pill? Because Bloops are Sub Human and lack the will to create their own original content. Why? Let me explain.

First off women are boring as shit. Men have to be constantly reminded to listen to women and respect women. Why? Because the default is to disrespect and ignore women. Life's too short too care about how some overgrown child feels about the world. Is it possible to shoot my semen inside your feelings? No. Ok then I dont care.

Next let's talk about low testosterone men. Boring and gay. Sometimes literally gay. Do I want to hear about your open marriage and how your Moby Dick of a wife gets her holes filled? No! I also don't want to hear your progressive Marxist Historical Materialism explanation of why times are a changing and how it's totally acceptable for your Moby Dick GF to get creamblasted. Everybody knows how you really feel especially the dudes giving her the Tar Tar sauce.

The Reason Purple Pill is supergay is because the previously mentioned groups are risk averse lamos. They spend all their time getting Frankfurt School made up degrees or uncritically absorbing Progressive Values from the television. Everything they say is scripted NPC speach.

Whenever I hit submit in PPD debate I know exactly what the bloopster response is gonna be. If a woman responds it's even worse. 5 minuites later mods delete the whole thread because the only acceptable worldview here is Transvestite Egalitarianism.

Destroy Your Dick December

315 upvotes | November 5, 2018 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

A lot has been written on the topic of No Nut November by the Red Pill and Manosphere as a whole. However, up until now no one has written on the topic of Destroy Your Dick December. Now I know what your thinking. You're thinking, Gaylubeoil, You little jokester, Is this one of your silly troll posts? Ha ha! Is this one of your silly jokes? Common let's be serious. The Red Pill is about self improvement. Write about that please. So I can self improve.

And to that I say: Go Fuck Yourself. And I know you will. Because as soon as No Nut November ends your gonna march right into Destroy Your Dick December. In fact No Nut November logically signifies the existence of Destroy Your Dick December. They're like peanut butter and man jelly. Dudes aren't vowing to give up masturbation forever. No! They're saying they're gonna give it up for a month. And at the conclusion of that month their obviously gonna masturbate heavily and Destroy their Dick December.

So basically No Nut November is a giant foreplay month that the manosphere plays with itself and other men. It does this by denying the existence of Destroy Your Dick December, to maintain a veneer of respectability. But in reality if we're really honest with ourselves the whole point of the endeavor is Destroy Your Dick December.

At this point your thinking ha ha neat observation there Gaylubeoil. But what's the point of this? The point of this is that you and most of the manboys here are such degenerate ADHD sacks of shit, that the only way y'all can be taught a new concept is through elaborate masturbation and sodomy metaphores. That's all the dudes here know or understand.

Alright so now that I got you hooked with all of this hilarious pee pee poopie talk I can deliver my brilliant philosophical lesson, before you inevitably get distracted by an internet butt. All communication is comprised of Manifest and Latent content. Manifest is that which is said. Latent is not said, often denied but exists as a logical consequence of the first. Manifest content exists to hide traumatic latent content.

So for example, a while ago there was a post titled: Women Are Wolves In Sheep's Clothing. The latent content is that the author is a sheep. Because logically who else would care about wolves in sheep's clothing? Wolves don't care about wolves in sheep's clothing. They'd probably find the crossdressing wolf hilarious or disgusting. So the guy who wrote Women Are Wolves in Sheep's Clothing subconsciously thinks of himself as a Sheep-Man. That's why he wrote the post. He wanted to reassure himself of his masculinity because he felt like a sheep.

According to Freud's most famous book The Interpretation of Dreams, the purpose of every dream is to keep the sleeper asleep. Sounds simple right? Well in Freud's native German the word dream, can be translated as fantasy desire or wish. Dreams allow people to experience an uncomfortable reality, do nothing and continue the status quo like our Sheep-Man.

In other words uncertainty begets fiction. People hide from difficult Red Pill Truths via Blue Pill fiction. The Department of Defense commissions Hollywood to make war propaganda so that war can be normalized and continue indefinitely. Sheep-men write sheepish treatises to reassure other sheep men. Masturbators wax poetically about No Nut November while counting down the days to Destroy Your Dick December.

Truth can be used to create a lie. By getting you to focus on No Nut November you can be Distracted from Destroy Your Dick December. If you want to to play this Red Pill game you have to learn how to find the glitches in the Matrix. You need to learn to find latent content hidden within official narrative manifest content.

Or not. Be an NPC. Do what everyone else does. Listen to you teachers. Don't ask complicated questions. Don't point out contradictions. Hold out until December. Find yourself some nasty porno and Destroy That Dick.

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Commodity Fetishism

280 upvotes | December 4, 2018 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Every commodity has Use and Symbolic Value. Jeeps are Used as off-road vehicles. A Jeep Symbolizes that its driver is a cool rugged off-road adventure guy. A pink Jeep and a blue Jeep have the same Use Value. However a Pink Jeep and a Blue Jeep have different Symbolic Value. Because a Pink Jeep symbolizes that it's driver is a big gay faggot desperate for his asshole to get 9-11ed.

Now imagine your driving down the street in your pink Jeep and everyone's yelling: faggot! No matter how many times you yell "it's just a Jeep" nobody is gonna care. Likewise it doesn't matter how many times you yell "I'm Not a Nazi" in your swastika Jeep. Symbolic Value although socially constructed still has real effects. Denying Symbolic Value doesn't make it go away.

Sluts love denying Symbolic Value because it allows them to pretend they're not sluts. Sluts love to put on Slut dresses and tell their fathers/boyfriends/husband's it's just a dress. Why do you have to be so controlling dad? I'm just going out with my friends! By that logic a Swastika Shirt is just a shirt. Contrary to SlutLogic, symbols are real and humanity has been communicating with symbols since its existence.

In order for a Slut to successfully slut she has to simultaneously perform the physical actions of a slut while symbolically denying that she's a slut. She has to be Schrodinger's Slut, a slut that's a slut but allegedly not a slut...sort of. The moment she acknowledges that she's a slut she has to take responsibility and critically consider her actions. That's the last thing a slut wants to do. That's why when a dick appears inside a slut "lol idk it just happened." SlutConfusion is deliberate and necessary for the functioning of the Capitalist slut economy.

Commodity Fetishism is the dissonance between a commodity's physical and symbolic properties, and it doesn't just apply to sluts. The 2008 Great Recession was caused by the disconnect between the symbolic value of mortgage bonds and the reality that the debt was unpayable. Apple uses Chinese slaves to make it's products and obscures this fact with posh storefronts run by SoyBoys. Finally universities are symbolically centers of learning but in reality debt and SJW factories. The whole of Western society is built on commodity fetishism.

Why is this important? Because the Matrix and Fight Club movies that the manosphere jerks it to are built on Commodity Fetishism. Just like sluts the system can only function via deliberate unknowing. Useless people hiding from their useless lives by hoarding objects with only symbolic value. Miserable people hiding from their miserable lives in false virtual worlds. Empty hollow people pretending that they have substance so they don't have to do anything about their misery. The Red Pill is far more encompassing and bitter than most are willing to admit.

That Red Pill only works as an absolute. It's easy to call out fat SJWs faking meaning via virtue signaling and hording symbolism. It's easy to laugh when whores rebrand themselves and are born again as Trad Thots. But if we don't call out Beta males bathing in Alpha symbolism, then we the Red Pill are guilty of SlutLogic, obscurantism and the same Blue Pill Commodity Fetishism we accuse everyone else of. At that point their is no Red Pill.

In order to solve a problem you must identify the underlying cause, and rid yourself of it. Unless you do that you will replicate the problem via your solution. Like a born again whore sucking dick in church. Or a fat guy eating pizza at planet fitness. Or a beta males giving contradictory advice to

other betas so they can feel alpha. A Red Pill that feels good is a blue pill replicating the original problem.

If your interested in changing your life with difficult workouts and difficult books shoot me a PM before this community is deleted. My coaching service has changed many lives.

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155 upvotes | December 7, 2018 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

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Don't Get Cucked By Cuckservatives

342 upvotes | December 20, 2018 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Reposting this not because I want to but because I have to

Anyone who's spent any time here knows how much we enjoy to blaming Progressives, Feminists, SJWs, etc, for all that is wrong with the world. Definitely an enjoyable pastime. However today we're taking the Hate Train in the opposite direction and discussing the people who diddled themselves awkwardly while the West took veiny multicultural dick to the face, vagina and anus. That's right, today we're talking bout conservatives, why they always lose and how not to be them.

Now at this point you and the 20-30k people who usually read my diatribes are wondering: GaylubeOil why you shiting on Conservatives? I mean they basically agree with you most of the time? So what gives? AltRight I'll tell you bro. If conservatives weren't such losers you would be in Georgia right now sipping a mint julep watching your crop get harvested. I would be in Russia whipping my Serfs. Both of us would have abundant German soap.

At this point a bunch of Stoic logical Alfalfas are flipping their shit because I made some bad bad inappropriate jokes. Those same people swear that liberals and political correctness are the devil. But here they are, mad at me for breaking a speech code that liberals spent decades putting into practice. Think about that for a second. They hate liberals but live their lives by liberal rules. Fucking retarded right? Yea super retarded. That's conservatives.

So why are conservatives such losers? Why did conservatives lose on basically every social issue for the past 100 years? Because conservatives are dimwitted and unimaginative. Their most profound ideas are tax cuts and wars. Liberals have the creativity to say: *7 year old Transgenders? Sounds good let's make that happen.* Conservatives on the other hand can't even trick a white bitch into having a few more babies. But what about abortion?

Ok let's talking about that. Decreasing the need for immigration is predicated on making women want to have more babies. It's not about forcing them into having babies. When you force people to do something they usually want to do the opposite. Liberals know this and call it the Hegelian Dialectic. Conservatives don't. Which is why some of them frolic in white robes and burn crosses. The only thing that the KKK has ever accomplished is the promotion of diversity. Maybe if Billy Bob Banjo possessed introspection and foresight he'd realize that his method isn't working and never worked. Perhaps then he could redirect his efforts towards funding segregation propaganda like the Black Panther film.

Unlike liberals, conservatives don't have a vision for the future. Their game plan is to preserve the status quo whatever it may be, then lose and then declare the loss a victory. The same people who protested gay marriage are currently Cowgirling Milo's dick. Conservatives stop trying after they lose. Liberals don't. In other words conservatives are always within the liberal frame. They dance to liberal music and play by liberal rules, just not as well.

So what does any of this have to do with Red Pill? A lot actually. The mental illness known as conservatism isn't just a national phenomena. It manifests itself at all levels: individual, family, and organizational. So for example a conservative individual might be an unimaginative dresser. He'll prohibit his wife from dancing and his teenagers from watching porn instead of creating a compelling counternarrative. His company will stupidly and slowly copy it's competition. The Red Pill is a

rejection of the system not it's celebration. That's why the Red Pill is Anti Conservative.

Think of the progressive agenda as a masterbating homeless man on the subway. The liberals are the people applauding. The conservatives are the ones yelling angrily. Those pretending not to notice, offer tacit consent. All groups make the hobo's masterbation more enjoyable. The radical solution aka the Red Pill solution, is to spray the subway car with a fire extinguisher and steal the hobo's attention.

A Red Pill solution is any solution that wrestles control of the narrative. That means shit testing your girlfriend's shit test. It means scaring your masterbating 14 year old son into NoFap by showing him the weirdos and creeps at the porn store. It means selling Feminists femininity disguised as radical feminism, rather than stupidly arguing. Most importantly, it means possessing courage and innovation, something that conservatives inherently lack.

As the Red Pill train gains steam, more and more conservatives are gonna try to climb aboard. Kick them off. They're losers, they don't have a plan and historically speaking they always lose. If conservatism worked the Red Pill wouldn't be necessary and you wouldn't need GaylubeOil or his hobo masterbation metaphors. Don't get cucked by conservatives.

The Unknowability of Beta Turd

737 upvotes | December 26, 2018 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

An Alpha Asshole is a stone. His shape and properties are easily determined and do not change depending on his surroundings. You might not like a particular stone. It might not fit your particular stone criteria. However your assessment will in no way impact the stone. You can yell at, bite or kick the stone. The stone will remain unchanged.

In contrast, a Beta Nice Guy is a moist turd. Beta Turds take the shape of whatever stepped on them last. Their entire existence is contextual. When a woman goes on a date with a Beta Turd all of her questions will be met with attempts to conform to her expectations. At no point will she be able to get a solid definitive response from mushy turd man because Beta Turds are conformists.

This dynamic creates a crisis of authenticity. Not only is it difficult for people to definitively know Beta Turd but Beta Turds don't even know who they are themselves. Let's use Paul Elam a man who I personally believe to be the *Creme De La Creme* of Beta Turd as an example. Paul Elam spent years writing articles discussing masculinity and the uncaring manipulative nature of women. Then one day a pretty blond girl named Cassie Jay gave Paul Elam a call about a Red Pill Movie. Next thing you know, Paul Elam has thrown masculinity out the window and is crying on camera begging women to sympathize with his problems. So the question is: Who really is Paul Elam? What does he really believe? Does he think that women are manipulative whores incapable of empathy? Or does he believe that women should empathize with men's issues? He's taken both positions. Which one does he actually believe? Does he even know? All we can say conclusively is that Paul Elam is a mushy turd.

There is something inherently unpleasant and disconcerting about mushy Turd Men. The unnerving feeling is felt strongest by women who are naturally more suspicious than men due to their biological aversion to risk. Imagine you are a woman and your Beta husband hands you a dozen roses while telling you he loves you. Now did he *really* do it out of love or did he do it to manipulate you into sex? Is he apologizing for something? Is he going to ask for something in return? The inherent anxiety of unknowability destroys the feeling those roses could have created. Now imagine that you are a woman and that your uncaring Alpha jerkboy boyfriend just gave you a dozen roses. He isn't manipulating you into sex because he can cock blast your ladyhole whenever he wants. He isn't trying to influence your emotions because he doesn't give a fuck how you feel. He did it because he wanted to. When an Alpha gives roses they are roses. When a Beta gives roses they are a pretext.

The Manosphere mythos is that Alpha Jerkboys give women tingles. Discussion of the female perspective usually ends there, before the pity party starts playing it's greatest hits. The truth is far darker and more interesting. Women know themselves to be emotional impulsive and a danger to themselves. They know that without a man holding them accountable they are capable of anything from binging uncontrollably like a wild dog to giving themselves a Britney Spears haircut. The problem is that a Beta Turd can't tell a woman no. Like a child he is powerless to stop a woman from doing anything that she wants because he needs her approval to function. A Beta can't stop a woman from becoming her worst version of herself. Women know this and hate them for it.

Beta males are unreliable, undependable and unknowable. They'll tell you all about their fitness and diet regimen to gain your approval then they'll skip the gym and eat a burrito when you are safely out of sight. They'll let their wives and daughters slide deeper and deeper into degeneracy without saying

a word. For a Beta it's easier to watch wifey choke on strange dick and daughter cam-whore herself then protect the dignity of the family with a firm No!

There is nothing noble or enviable about Beta Turds. They are not men. Men have thoughts, convictions and values that are held fast and only change for good reason. Betas are nothing more then what their environment tells them to be. Beta Turds deserve only suffering. Only suffering can teach a Beta to stand up for himself and say: No! Until you learn that lesson the stomping will go on indefinitely.

Escaping The Pleasure Palace

726 upvotes | January 14, 2019 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

January is here, which means it's time for everyone to make New Year's resolutions! Married Fat Dad Pill has to figure out how to get in shape without disrupting the goofy beer dad lifestyle. Feminists are doing their best to make Western women even more sterile and undateable. Self Help Motivation Sphere is gonna say some shit about one percent improvement everyday or whatever. Everybody wants to make a better horse carriage. But nobody wants to make the car. In other words, everybody wants to play within their rules. Nobody wants a Red Pill.

A Red Pill is a radical rejection of the system. In fact we're so good at rejecting the system, that the system went out of their way to try to de-radicalize us. First there was the Good Man Project. Then they deployed the term Toxic Masculinity to shame us. When that didn't work they set up a quarantine. Now if you want to read a GaylubeOil masterpiece you have to click through a warning that says something to the effect of: Are you sure you want to hang out with Toxic Bad Boys? Wouldn't you rather compliment our Gone Wild Butt Sluts or discuss video games?

The whole thing has an infantilizing maternal quality to it. Reddit Mommy knows best, because you're her little boy. If anyone finds out that you're a Red Pill Bad Boy they're gonna tell Reddit Mommy, or Twitter Mommy, or YouTube Mommy or any number of other technocratic Robo Mommies. What if your no one's little boy, but your own man? When did you agree to abide by Mommy Morality?

The problem is that the logos of matriarchy is the logos of castration. When anything is sublimated to female logic it becomes stagnant, boring, rule bound and standardized. Let's run through some examples. The more women participate in a conversation the less original it is. Ocasio Cortez is pedaling a flat middle school socialism because she's duller and less outgoing than Fidel Castro. Hollywood is in an uncreative dark age ever since it replaced their Jew perverts with fat unqualified women. The University has been stripped of controversial discourse and vigour. Why? Because female intelligence is clustered around the mean and women prefer stability to discovery. Women are the harbingers of “stagnant productivity”, busy work which ultimately results in nothing.

This is the environment that modern men grew up in and spend the majority of their time: a mommy approved daycare where everyone and their feelings are safe. The external environment of the modern man is mirrored in his internal environment. Internally the modern man is a permanent child. The modern man doesn't want to fight compete or struggle. He wants to have fun. He castrates himself so he can stay in mommy daycare forever and never have to endure the hardships of masculinity.

The modern man is in a state of passive stupor, obsessive pleasure seeking, impotence, and depression. He's a child who's been left at the daycare too long. He's bored of playing but doesn't know how or have the drive to do anything else. He wants to climb out of the pleasure pit but he also wants to pleasure himself while he does it. That why AskTRP is on the constant lookout for *fun* ways to be alpha. Fun alpha movies, fun alpha pick up lines and books but only if they are fun easy to comprehend and alpha! This hedonic dysphoria is a prison without walls because it's self imposed.

The only way out of Mommy Daycare FunZone is to consciously reject it. Maybe start by telling yourself that you're a grown ass man who doesn't need to be having fun all the time. A lot of

possibilities become available when you don't spend hours smiling at a fluorescent screen. Life is a struggle in which man must win himself a worthy place in the world, whether physically, intellectually or artistically. Ultimately you have two choices. You can either jerk off to the lives of others, never having lived your own. Or be a toxic Red Pill bad boy and live your own life outside Mommy Daycare FunZone.

If your interested in changing your life with difficult workouts and difficult books shoot me a PM before this community is deleted. My coaching service has changed many lives.

Women Are A Reflection

344 upvotes | March 6, 2019 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

At this point in your Red Pill journey you're well aware that women are the most responsible teenager in the house, have an external locus of control and are lacking in subjectivity. If this was 1999 and you had a Nokia 3310 feature phone in your pocket we could have a more ambiguous stance on female behavior. But it's not and we can't. The year is 2019, the smartphone has been aggregating female behavioral data and broadcasting it on social media for well over a decade.

Technology has done what it always does transform a matter of private opinion into a matter of public fact. The big secret revealed by terabytes of aggregated data is that women have no substance, lack fixed purpose and whatever purpose they do have is entirely relational. It doesn't matter how many millions of dollars Google throws into the dumpster fire of "Female Creator Initiatives", the only thing women do on YouTube is create softcore pornography and consume food/clothing/makeup. In other words, women are incapable of authentic creation. They are only capable of reacting to what has already been created for them, via a top down prefabricated cultural forms.

Let's use Reddit as an example of the greater social media attention economy. All interesting original content is created by strong willed independent minded men like Red Pill, PewDiePie and 4Chan. A second hand economy exists where women and feminized men emotionally react to aforementioned content via liberal prefabricated cultural forms, in places like Blue Pill and AgainstHate. Finally a tertiary system of corporate sponsored content exists, which can't generate viewership on it's own but piggybacks on the other systems.

Now this is a huge problem for our Reptilian/Alien/Illuminati/SmallHat overlords because the primary content creator workhorse for their social media zombie NPC machine has a tendency to turn on them. The same vigour that pushes the system forward can reverse and collapse the system. Understand that the latest Alex Jones Joe Rogan Podcast, got more views than all of the major news networks combined. The problem could be resolved by empowering female creators to flood the social media attention economy and decrease edgelord market share. However despite millions of dollars spent to remedy the situation nothing is working.

If the Elites are wasting millions of dollars empowering women it's safe to say that women are naturally unempowered. Modern women embody the Postmodern Condition have no fixed positive identity and heavily dependent on external socialization to tell them what to do.

This brings me to my radical conclusion. Women don't have agency. Stop acting as if they do. It doesn't matter what you say to a woman, what she promises, or how she is currently behaving. The sole determinant factor is what cultural form she subscribes to and how you are perceived by that form. All of her major decisions are outsourced to the cultural form, usually by calling all her friends. In other words women don't exist in a positive sense. Women are a reflection.

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Field Report: Your Mom Cold Approached Me

331 upvotes | April 1, 2019 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

I'm jogging along the beach one morning. Getting my cardio on while aggressively flexing my muscles at everyone I pass; doing the usual. Out from nowhere comes your mom. A white woman about 55: still reasonably in good shape but visibly worn from whatever the frat boys did to her in college.

She steps in front of me so suddenly I almost slam into her. I stop. She looks me dead in the eye and says, "My asshole is an angry dinosaur."

Bro, this is your mom I'm talking about here. Like yea, I wrote articles for you all the time, and yeah, obviously you didn't understand half the time because they're ironic, philosophical, or *whatever*. All you want is a bullet point list that will make you alpha. No offense, but bro I'm still trying to help you out; you know? Imagine how surprised I was when she said *that* to me.

So I'm just trying to process this situation because it's so unexpected; you know? And I'm like, "excuse me what?"

Dude your mom is undeterred. She's on a mission. She just continues all casual "My asshole is an angry dinosaur, and you're gonna be the meteor. Open up my back door. Beat it up till I crawl on the floor. Mike Tyson. Beat it like you mean it. Till the sun come up, and I no longer feel it."

Bro, and I'm *definitely* not expecting an ass rap from this bitch--I mean your mom--no offense. But she just keeps going. She's all "Start me off with a butt-spank. Anne Frank. Throw you into my gas chamber... Penetrate it with your lightsaber. I want this asshole crippled like Darth Vader."

At this point, *I can't even* comprehend what's happening. Your mom is not afraid to break rules, especially that part about Darth Vader. You on the other hand are always asking how to be Alpha without offending people and constantly getting offended yourself. Sure you hide behind law 38 but everyone knows you're a tofu conformist (□□□□□)--no offense. That's why all of this is so strange...

But Bro, she just keeps going, "What I want in my backside is you. Hashtag MeeToo. Fraudulent allegation. Here's the situation I want your high-mercury vaccination. Autism. Velcro shoes. Fuck this ass retarded till it's watching Blue's Clues. Dora The Explorer. Cum in through my border. Make my backside synonymous with disorder."

I'm thinking bro; how could this possibly be your mom? But, she obviously is. You're a very boring inside-the-box guy even though you claim to be Red Pilled. You would never dare to say anything this extreme. But dude, this is 100% your mom I'm talking about here.

All of this is just way over my head. Like, why is your mom even saying this to me? Menopause? Bro, I don't know. So I tell your mom to just say what she wants; in plain English, no rhymes or anything.

She says, "I need a bad bearded boy to cock-slam my asshole. I need you to be the Osama Bin Laden of my rectum. Completely destroy the place. I want you to September 11th my poop shoot. Slam into it like a Boeing 747. Then slam into it again and again. Turn it inside out. If you know what I mean..."

Afterwards I want you to touch my sphincter with a memorial speech. I want you to commemorate

what you've done to me. Then we'll build a monument to my ass-hole, and recite poetry, and play sad touching-music."

That's when I realized that such aggressive sexual drive is completely uncharacteristic of a woman. I had this crazy Red Pill realization. It's April 1st 2019, anything is possible. Which is why I know with absolute certainty that your mom is definitely a gay man.

Spring is all ready here! Shoot me a PM so I can get you physically and mentally ready for summer with difficult workouts and difficult books. Shoot me a PM before this community is deleted. My coaching service has changed many lives.

Break Free From Blue Pill Infinity

202 upvotes | April 29, 2019 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

The deliberate misunderstanding of the Red Pill philosophy by its cargo-pant clad, amateur-magician user base can be succinctly explained by this analogy: You are a small Chinese grandmother working in a sweatshop. Every day you make big, black and sparkly dildos. There are many other grandmas working in this dildo-factory, and they have been told all throughout their life, "If you just make these dildos everything in your life will turn out great."

One day, you have an epiphany; If you work harder than all the other dildo making grandmas, and continuously improve to the point where you are the best dildo-making Chinese grandma then, you can succeed while the other "Blue Pilled" lazy dildo making grandmas hold onto their naïve fantasies. So you become the best dildo making grandma in the world. And I mean the *best*. You know how to make a throbbing black plastic cock better than *anyone*.

You bust your ass for decades, always trying to be better, always competing against the other grandmas, always looking down upon them, always knowing you are on "the true path to success". You eventually die in a ditch somewhere, proud of the work you did, still believing yourself to be superior to all the other grandmas.

The Red Pill's beta male user base doesn't like the dildo sweatshop matrix, but it's too afraid to leave. It craves submission the way a drug addict craves heroin. It hates the idea of real freedom and fears existence outside of a tightly controlled, rule bound system. This paradox is resolved the same way beta males always solve all of their problems: denial and self deception. The beta male rebrands his servitude as freedom learning to enjoy his own bondage in the process. The end product is the perfect slave. A slave who believes himself to be free is the best kind of slave. Maximum output, minimal risk to the integrity of the system.

At this point your thinking: Asian Grandmothers, Black Dildos, Beta Male Slaves, is this a Gaylubeoil theory post or an Too-Touchy-Uncle-Vasily BDSM field report? I'm already anticipating the beta-male self-imposed defensive-confusion, because betas hate it when I hold them down, slide down their pants and deliver this hard uncompromising Red Pill suppository. It's all allegedly too theoretical, too abstract, and impossible to understand; but actually fuck you it isn't. I haven't even finished writing this masterpiece and I'm already hoping your Lord of the Rings Elf sword collection falls on you. You know who you are.

Confidence in my ability to hold you down and slide this Red Pill up on in, stems from the fact that the late capitalist system we call the Blue Pill, is so stagnant that it's methodology has become predictable and undeniable. The pattern is simple by rebranding poison as the cure, the system can enjoy unlimited demand and sell poison indefinitely. That's why Planet Fitness offers fats a place to congregate and calls itself a gym. America is waging a war on terror which ultimately generates more terrorists to fight. The American Psychology Association recently declared traditional masculinity to be an illness, ensuring itself a never ending supply of cash cows. Rebranding slavery as freedom is an amazing business decision even if it condemns everyone into servitude in the process.

The diagnostic question you need to ask yourself is straightforward. Is all of your self improving leading anywhere new? Are your self improvement books challenging you and opening the path to deeper material? Or are you reading the same 8th grade mass market repackaged bullshit, year after

year? Are your workouts becoming more difficult or are you still stuck on a beginner routine? Are you facing new, more difficult challenges or are you polishing the same black dildos (albeit faster) year after year?

Last week Reddit deleted CringeAnarchy, and the Red Pill may be next. If you need Red Pill Coaching to be get to the top physically and mentally, shoot me a PM before this community is Thanos-ed.

Postmodern Masculinity

334 upvotes | May 20, 2019 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

What do u call a cuckold, a cross dresser, and a tranny fucker all in the same room? The 21 Convention. What does Rollo Tomassi call it? The ultimate conference on masculinity. As you can see we have a disagreement on what constitutes masculinity, to put it mildly. Today we are going try to figure out why some people believe masculinity is strength courage and truth, while others insist it's putting on a dress, painting your nails and watching Matt from tinder fuck your girlfriend.

The first thing you're probably wondering is aren't cuckolds and crossdressers a statistical anomaly? What is it specifically about the 21 Convention that draws all of these freaks together all in one place? The founder of the 21 Cuck-A-Con is Anthony Johnson a man RedPillSchool lovingly refers to as Cancer. Anthony Johnson goes by the handle BeachMuscles on Twitter yet doesn't even lift. He is a proponent of stoicism yet has no frame. Like his prostitute ex-psuedo-wife he publicly subscribes to an Ayn Randian ethic of money Uber Alles, not understanding that doing so invalidates his claim that he is interested in helping men.

The primary prerequisite for working with the walking contradiction that is Mr. No-Muscles-Beach-Muscles, is an enormous tolerance for contradiction. These men can be classified into three camps. Those who are too stupid to understand what's happening. Those who have a vested financial interest in not knowing what's happening because they are living beyond their means, choosing hustle (money) over the absolute truth (The Red Pill). Finally there is a category of degenerates who feel empowered to prance on stage waving their painted fingernails excited to tell an audience of unquestioning eager betas, how Alpha it is to photograph your girlfriend as she's getting plowed by internet strangers. They feel safe letting their filth flow. In an environment of total unaccountability where no one is being called out they know they won't either. Cuckold is the pejorative of choice in the Manosphere and thus a litmus test. It's safe to say that a conference that gives stage to and applauds cuckoldry under the guise of traditional masculinity is willing to do pretty much anything.

This brings us to the larger problem of Postmodern Masculinity, a concept The Red Pill was originally founded in radical opposition to but is now creeping back in on the back of financial interest. While we could sit here and meticulously discuss each individual turd that constituents the 21 Convention sewer, at the end of the day the entire meetup is a symptom of the underlying disease. Just as Jack Murphy's painted fingernails and cuckoldry are a symptom of the underlying degeneracy of the organization that gave him stage, the convention itself is a symptom of contemporary men's descent into Postmodern Masculinity.

Postmodern Masculinity functions on the same theoretical basis as postmodern art. Postmodern art is absolute garbage that hides behind the canard that all value is relative. Since it's artistic value is impossible to determine it's real value is its function as a crucial component of a popular tax scam. A rich person buys a piece of postmodern art and lies about how much he paid. Since the real value is completely indeterminate, he can safely claim a large tax write-off when it's donated to a museum. The radical relativism of postmodernism is it's main selling point not it's intrinsic worth.

Postmodernism functions because there is an economic incentive for contradiction. Just as a postmodern art museum is filled with trash who's sole existence arose for the explicit purpose of scamming people out of money so is the 21 Convention. The goal of postmodernists is to crowd the market with garbage and make great works harder to find, so as to avoid being compared to them and

exposed. Crowding out healthy cells with diseased cells is exactly how cancer functions, which is why it's safe to say that Postmodernism is cancer.

This brings us to the conclusion of this disgusting saga. If we the Red Pill want to help pull our men out of the degeneracy that is postmodernism instead of pushing them into the abyss, we need a simple way to diagnose the issue. So here it is: If your goal is to become more masculine don't take masculinity advice from unmasculine men. Don't listen to cuckolds. Don't listen to crossdressers. Don't listen to men who write about putting salty tranny cock in their mouth. Likewise if someone tries to sell you a ticket to such an event knowing full well what the horrors that await you, it's safe to assume they don't actually give a fuck about you, your masculinity, or the Red Pill.

If your interested in pursuing traditional masculinity my advice is to do it how it's traditionally been done, difficult workouts and difficult philosophical study. If you need someone to guide you shoot me a PM.

The Rollo Pill

348 upvotes | June 10, 2019 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

I've tried to discuss the issue in the past in a subtle way, in a nuanced way and in an intellectual way. The problem is that beta males are only capable of learning things the hard way. They have to be ruthlessly beaten in the face with the truth over and over again. They don't want the truth. What they really want is to continue to be a beta male, while being told that they are alpha. They are egoically invested in lying to themselves. They want this so much that they will pay top dollar for it.

As far as Rollo Tomassi is concerned you are a chump, a dupe, a wallet. He knows that Anthony Johnson is the most obvious conman in conman history and talks about it openly with his friends. But he also knows that you are such a loser that you will pay thousands of dollars to learn Top Secret Alpha Hacks from cuckolds and crossdressers. Even if you personally don't purchase Cuck-A-Tickets, it's not like you'll say anything about it. Because you believe that reading a frankensteinian amalgamation of blog posts stitched together into an unedited self published book made you alpha right? Right? And you wouldn't dare call out the guy who wrote it because that would make you not an Alpha. But you are definitely an Alpha! Right?

Perhaps the question you have to ask yourself is did you actually take a Red Pill or a Rollo Pill? A real Red Pill would make you masculine. It would pull you out of Nihilism, expand your philosophical and intellectual horizons. It would make you bigger stronger smarter and better at leading people: an Alpha male. But a Rollo pill would make you more like Rollo. What does that mean? What are the effects of Rolloism?

Six years in we don't have to theorize anymore. The effects of Rolloism are well documented. I've been explicitly instructed not to name names or link to videos out of respect for the afflicted Psuedo-Rollos. Which is why you're just going to have to close your eyes and put on your imagination hat.

The interesting thing here is the method of action of the Rollo-fication process. How do shy beta males become deluded faggots who never admit they are wrong even when confronted with overwhelming evidence? The first rule of Rationalizing Male is to always hold frame. While this can be interpreted in a reasonable way, it can also be interpreted in a retarded never admit you are wrong way. Which is exactly how all of them interpret it.

But here's the plot-twist-ario Anthony Johnson takes all of his alpha ques from Rollo which means that he never breaks frame either. So obviously whatever disagreement they had spiralled into a psuedo-Alpha apocalypse culminating in Rollo having an erotic fantasy about selling out the Manosphere and subsequently getting booted from the 21 Convention and Red Man Group. In other words Rollo got Rolloed by a Psuedo-Rollo he spent years teaching to Rollo. The last thing Anthony ConMan Johnson can bear is to be conned at his own Con-vention.

This brings me to the final point. You only have one life and it's slowly ticking away second by second. Why are you wasting your time in a Rollo-Rat nest? You don't dress like an 8th grader. You don't chicken nugget, poptart feed yourself like an 8th grader. So why are you basing your life on books written for the reading comprehension of an 8th grader?

If your struggling for meaning read Plato and Aristotle. If you want to understand people and their delusions read Freud. If you want to build a muscular body read Schwarzenegger. The men of today face serious existential problems and they need serious solutions with a proven track record, not self

help bullshit. However if you are too much of a pussy to put serious work into the development of your mind and body there are plenty of con-men willing to sell you shortcuts leading nowhere or even worse a beta backstabbing bonanza.

If you're interested in pursuing traditional masculinity my advice is to do it how it's traditionally been done, difficult workouts and difficult philosophical study. If you need someone to guide you shoot me a PM.

Gaylubeoil's 3 Iron Rules Of Iron

2 upvotes | July 11, 2019 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

So last night I'm sitting at the park at the prearranged location and time, when a man wearing an overcoat and sunglasses, sits down next to me. He whispers "today is a good day to dig a garden" gets up and leaves. Two hours of digging and four hours of transcribing later I finally got the Kremlin's message.

Apparently I've been doing an excellent job radicalizing sex starved nerd virgins into eager revolutionaries. A few people have noticed but mostly it went off without a hitch. On the other hand, the Kremlin still believes that the nerd virgins are physically inadequate for the task ahead. Because the nerd virgins are incapable of humor, irony and meaningful communication with women, my directions to them should be simple and to the point. However if my propaganda lacks emotional resonance the nerd virgins will not complete the required preparations and instead resume marinating in their own semen and unearned self importance.

So let's say that hypothetically your an angry male between 18-49 who is dissatisfied with how things are going? How should you prepare to fuck sexy hot singles in your area? The first thing that needs to be addressed is nutrition. Nerd virgins are notoriously malnourished, frequently subsisting on high processed no prep foods like chicken nuggets and GamerGirl bath water. Thus the first step in fixing their Auschwitz skinnyfag bullshit is forcing them to buy a George Foreman grill and rice cooker. Chicken breast, rice and spinach is a fast cheap and tard proof meal.

Iron Rule of Gaylubeoil #3: anyone who doesn't have a George Foreman grill is not a bro, is exempt from BroCode and it's totally chill to fuck their girlfriend/life in the ass mouth and pussy.

The next thing we need to address is circadian rhythm. Most nerds spend their days vegging in front of screens destroying their appetite and ability to go to sleep in the process. Since everyone reading this is already sitting in their ergonomic gaming chairs and wearing their blue light glasses, my advice is cardio. Either run cardio fasted first thing in the morning or late at night to tire yourself out before you go to sleep. This should help you maintain a regular eating and sleeping cycle and fight off some of the depression of being a nerd virgin.

Iron Rule of Gaylubeoil #2: If you move like a fat guy and have the heavy breathing of a fat guy you're a fat guy.

The last issue afflicting our nerd virgins is that they have the range of motion and flexibility of an old crone. Since Nerd Virgins are fixated on 5x5, 90% of their workout volume consists of Hyena Deadlifts and Hunchback of Notre Dame Squats. This goes double for the dadlifters over at Married Red Pill. The easiest way to improve your big lifts is to fix your bar paths via mobility work.

Iron Rule of Gaylubeoil #1: If you shake a man's hand and discover he doesn't have thick calluses from lifting, immediately spit in his hand and fuck his girlfriend/wife.

The easiest way for dudes here to improve their SMV, is to stop being out of breath, chicken nugget subsisting night lords. Most dudes are going to gloss this post, triumphantly say that they already knew this information and go back to glazing their chest with their own semen. At this point you have to ask yourself: Is the Red Pill about self improving yourself into a more competitive position in the sexual marketplace? Is it a place for dorks to collect self improvement facts and bask in each other's fantasies and delusions? Or is it a top down plot by the Russian government to destabilize it's main

geostrategic adversary by radicalizing it's underemployed youth? Whatever the ultimate truth is, if you're not taking care of your nutrition, sleep and cardiovascular capacity you're doing the Red Pill wrong.

Instead of spending hours smiling at a fluorescent screen and complimenting Gone Wild Butt Sluts, Skype with the toxic red pill bad boys. This is the kind of improvement you can expect through mentoring. PM for more info.

Gaylubeoil's 3 Iron Rules Of Iron

1 upvotes | July 11, 2019 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

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Cynical Implementation

3 upvotes | July 11, 2019 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

When women go to a night club they want the night club experience and the guy who provides it best is the stereotypical night club guy. Women don't go to clubs to have intellectual conversations, political debates or learn about the historical significance of your double lightning bolt tattoo. They go to have fun with Night Club Guy.

The problem for most Red Pill men is that they are not Night Club Guy. While they could look, lift and dress like Night Club Guy, which definitely are prerequisites for success. In their soul they are not Night Club Guy. Night Club Guy can talk to basic bitches without feeling resentment and feel good in a basic environment, because Night Club Guy is a basic bro who speaks lives and breathes basic.

The main barrier to success with with basics is resentment towards basics. How long can you listen to a women mouth vomit about the new Starbucks Mermaid Frappuccino before you decide to help George Soros depopulate the earth with Super Aids? How long can you stoop to the basic level before you start resenting yourself for stooping to the basic level? You can't win the basic game unless you play the basic game. You also can't play the basic game well because you hate the basic game too much to emotionally align with the basic game.

The question is: How do you enjoy the unpleasant enough to excel at it? Most people will say if you don't like something you shouldn't do it. That's stupid. In this life there are plenty of times you have to win a game you dislike. The prevalence of unpleasant games is only going to increase as the West becomes more cucked and plebian. Choosing not to win or not to play is for losers.

The answer is a cynical implementation. Instead of telling yourself to endure drunk basics mushing their genitalia together while Lady Gaga destroys your ability to hear your future grandchildren, tell yourself that you are going to become the most basic basic. Start by telling girls they smell like Bath and Bodyworks. You won't be able to hear them so watch their facial responses. If it's neutral or negative yell *I'm just here to party!* Then disappear like a Black father. If it's positive take her to the dance floor and grind to Rhianna's *We Found Love in a Hopeless Place*. After exactly two songs of dick butt grinding and one song of face to face dick thigh/vagina grinding, yell *your cool but I have to find my friend*. Hand her your phone. Regardless of the outcome disappear faster than Luke Skywalker's Black father Darth Vader. If a fat girl starts talking to you shield yourself with a random guy and yell *my friend is in love with the shape of you*. Then disappear like Kenyan Economist Barack Obama Senior.

A cynical interpretation allows you to perform a lot of functions that would otherwise challenge your internal state without compromising your internal state because provides an ironic distance.

Remember you're not doing the thing. You are making fun of the thing by doing it. Are you in a Gender Studies Class? Be the biggest Feminist there. Girlfriend starting drama with you? Pretend to be her dad. Boring meeting? Become the embodiment of the company man. Leader of an internet hate group? Challenge yourself to take it as far as possible.

Whatever the task, if you have doubts about it you can shield yourself from internal contradiction of by becoming a deliberate stereotype. People are tribal. They like people who are like them. They hate those that are not. The tribe always rewards those who conform to the tribe even if the conformity is a

satire. The tribe is too stupid to comprehend satire but is ruthless in punishing nonadherants.

In conclusion be the douchiest night club guy, the meatiest meat head, and the most progressive college student. If you play a game then play to win or don't play at all. Morals and values are for idealistic losers too deluded to comprehend how the world functions. People don't care who is right only who is on their team. Be on everyone's team. But most importantly be on your own team and don't tell anyone about it.

PM me if you are interested in becoming a fitness coaching client

Gaylubeoil's 3 Iron Rules Of Iron

567 upvotes | July 11, 2019 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

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Instead of spending hours smiling at a fluorescent screen and complimenting Gone Wild Butt Sluts, Skype with the toxic red pill bad boys. This is the kind of improvement you can expect through mentoring. PM for more info.

Using Your Cash To Maximize Muscle Mass

403 upvotes | August 6, 2019 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Back when I moved off to college, and first got discretionary income, I made the unfortunate mistake of believing [greasy ass Italian Rich Gaspari](#) and Bodybuilding.com that supplements were the best way to use money to make gains. Now obviously, I wasn't and won't be the only post-adolescent to make this mistake. Young men naturally want a magic pill that will catapult them to the top of the Gym-Bro hierarchy, and supplement companies exist to capitalize on this desire. Furthermore, young men don't understand the value of money and are easily punked into buying dumb shit by [pictures of butts](#). Since supplement companies aren't paying me to lie to you, you can rest assured that Alpha Master Gaylubeoil will teach you to inject your money directly into your gains in the most optimal way possible.

Look in the mirror. Are you too fat? Too skinny? Not muscular enough? This is definitely 100% women's fault for joining the workforce instead of staying home to be your Mommy-Wife and cooking healthy nutritious meals for you. Now obviously it's going to take some time for the Red Pill to throw women back into the kitchen, and install a Handmaid's Tale Theocracy. However, until that happens you have to replace your would-be Sharia wife with a series of kitchen appliances. **\$100 spent on a George Foreman, rice cooker, and crock pot will go a lot further in making you a muscular freak beast than two tubs of protein powder would for the same price.**

The average person spends 26 years of their life in bed. The average redditor spends considerably more time than that marinating in his own sadness and semen. Regardless of whether you are a respectable member of society or a degenerate super-sperg; shit sleep will fuck your gains, plunge you into depression, and cripple your ability to spit game. In other words, shitty sleep makes dudes beta like a single mother. Luckily **good sleep is something that you can buy**. Save up your protein powder money and buy yourself a good mattress instead. Pick up a some luxury bed sheets. Then tell your tinder sluts about your luxury bedsheets and fuck them on your luxury bedsheets. Buy an alarm clock and keep your circadian rhythm disrupting phone out of the bedroom. All of this should buy you an extra 30 minutes of sleep a night, which will add up to a lot of gains over time.

If you want to look good in front of thousands, you have to outwork thousands in front of nobody. Unfortunately most of the dudes here aren't going to outwork anyone, because they have no idea of what their doing in the gym. So, here's a radical idea that's going to blow everyone's mind. **If you want to know more about something, buy a book about it.** Are you a teenager who wants to learn what exercises to do in order to develop a muscular physique? Why don't you buy Arnold Schwarzenager's or Robert Kennedy's Encyclopedia of Bodybuilding? Are your tight hips preventing you from squatting to depth? Why don't you read Becoming a Supple Leopard? Are you worried about what birth control is doing to your girlfriend? Buy Dr. William Llewellyn's book on exogenous hormones. Instead of asking anonymous dudes on the internet about shit they may or may not know, just buy a book about it from an expert.

Supplement companies care about teenage boys the way [Thai prostitutes care about old white men](#). They don't give a fuck about you, they just want your money. She/[Rich Gaspari](#) doesn't love you, it's just your turn. So if you are going to spend your money, spend it on something that will actually help you reach your goal of being too swole to control.

Instead of spending hours smiling at a fluorescent screen and complimenting Gone Wild Butt Sluts,

Skype with the toxic red pill bad boys. This is the kind of improvement you can expect through mentoring. PM for more info.

Energy Vampires

365 upvotes | August 29, 2019 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Cutting expenditure is easier than generating new profits. Cutting empty calories is easier than burning them off with cardio. Here's the spicy one: cutting out degenerate and psychologically draining losers is easier than finding the motivation to do more work. Addition by subtraction is easier and more effective than reaching deep into your magic asshole and pulling out money, energy, time, or willpower.

Once upon a time, a Canadian professor sternly told a bunch of sebum-soaked nerd virgins to stand up straight, clean their room, and wash their penis. This has caused a considerable amount of commotion in the beta male community. Whenever a Cyber-Daddy of responsibility speaks in a stern paternal voice, it drives beta males into a wild state of ecstasy. Anyone who gives beta male buckos the opportunity to relive the stability of their childhood gets a Bro-Job. Unfortunately, the beta buckos were so busy giving each other Bro-Jobs, they forgot to ask how and why everyone's posture, penises, and rooms got so dirty in the first place.

So why does everyone have an unclean room and an unwashed penis? To put it in more precise terms: why are modern men so depressed and in such a degenerate state, that even basic hygiene is a mind-blowing revelation to them? The simple answer is Energy Vampires; Anything that sucks up your money, energy, time, or willpower without a proportional return on investment is an Energy Vampire.

Young men are the plow horses of society and despite producing increasingly more they are getting paid less. Flat or stagnant wages would be tolerable if they weren't exacerbated by a host of new costs aka Energy Vampires. Cities are too expensive and dangerous to live in, so men have to pay in time and energy by sitting in traffic. The W2 middle class is a tax trap. Women offer a far lower return on investment than they once did which means men have to take on more cost. Meritocracy has been thrown out the window, so men have to subsidize unqualified employees with their productivity. The quality of education has taken a huge hit as a result of political correctness and affirmative action. So, you're going to have to work harder and pay more for a worse school, all so you can teach yourself the course via YouTube because your professor barely speaks English.

As you can see the real issue isn't that Beta Buckos need to man up and get their act together. The real issue is that Beta Buckos are so parasitized by institutions, systems, and social conventions that they fall into despondency and can't even wash their penis. Why would anyone bother working harder if he knew that it won't benefit him? Men have dropped out of work, society, and relationships because the costs outweigh the rewards and are only getting worse.

If you want to have the energy to invest in yourself, decrease or eliminate the sucking of the Energy Vampires. This could be as simple as eliminating inefficiencies, toxic habits, institutions and even people from your life. Or, it can be as big as paying zero taxes by becoming a digital expat. Use your white privilege to cocksalm Latin womens' assholes in South America instead of subsidizing them in the United States with your tax dollars. If you're gonna get sucked off by energy vampires make sure you at least get sucked off.

Instead of spending hours smiling at a fluorescent screen and complimenting Gone Wild Butt Sluts, Skype with the toxic red pill bad boys. This is the kind of improvement you can expect through

mentoring. PM for more info.

American Women Want To Be Choked and Spanked Because Subconsciously They Know They Are Responsible For The Downfall of Western Civilization

76 upvotes | September 19, 2019 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Let's start with the obvious. American women like to be choked, spanked and have their faces spit into. They basically want the [French Nazi collaborator treatment post WW2](#). Clearly, not every woman's idea of a romantic evening is to be covered in piss and pelted with rotten vegetables while a crowd watches and yells shame! I get that, and I'm not making a totalizing claim. Not all women, mostly the liberal ones.

What is obvious however is that a woman who voted for Trump is less likely to enjoy a romantic evening of peepee-poopoo on her face than a woman who voted for Hillary Clinton. There's a very simple explanation for this. Women who voted for Trump voted for a big protective wall to keep them safe from dirty Mexico. These are the type of women who protect themselves with rules, standards and limits. Unsurprisingly, Trump voting women are more religious because the Bible is basically just a big book of rules.

Conversely liberal women have the opposite psychological profile. They are lower in orderliness and higher in openness. They are more likely to try new things sexually and have a higher tolerance for disgust, which is why they have no problem living in feces covered San Francisco. The same psychological traits that make these women want to open their mouths during a golden shower and live in Feces-Frisco, are the traits that make them want open borders.

This brings me to my next point. Intersexual communication is at an all time low in the Western world. Women have become autistic phone-tards who malfunction the minute a conversation becomes the slightest bit uncomfortable. Women no longer possess the social skills to break up with men, they just block his contact information and ghost. Next time you're with a woman below the age of 25 take a good look at her hand. Her hand will be locked in a permanent phone goblin-claw because of how integrated she is with technology. Women like to blame shift their phone-tardion onto men with terms like mansplaining. There's no such thing as mansplaining, young women are just too phone-fucked to process normal human communication.

Since verbal communication has been thoroughly phone-fucked all that is left is nonverbal communication. Women know that they are responsible for the decline of Western Civilization however lack the words to admit their guilt. In our libertine society the only authentic communication left is sexual communication. Women know what they did and want to be punished for it sexually. Those who are most responsible want it the most. Why else would they demand to be choked and have their faces spit in? The big lesson of psychoanalysis is that people are their desires. Sexual desire is not an accident, it's indicative of a person's very being.

In conclusion, if you're the type of guy who likes to golden shower bitches, head over to the Golden State and pee on a bitch under the golden gate. Psychological traits are systemic and will manifest in all areas of a person's life. Finally, if you're looking for a muscle-bro to help you get in shape and get your life together, give me a call.

The Unknowability of Beta Turd

232 upvotes | September 30, 2019 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

An Alpha Asshole is a stone. His shape and properties are easily determined and do not change depending on his surroundings. You might not like a particular stone. It might not fit your particular stone criteria. However your assessment will in no way impact the stone. You can yell at, bite or kick the stone. The stone will remain unchanged.

In contrast, a Beta Nice Guy is a moist turd. Beta Turds take the shape of whatever stepped on them last. Their entire existence is contextual. When a woman goes on a date with a Beta Turd all of her questions will be met with attempts to conform to her expectations. At no point will she be able to get a solid definitive response from mushy turd man because Beta Turds are conformists.

This dynamic creates a crisis of authenticity. Not only is it difficult for people to definitively know Beta Turd but Beta Turds don't even know who they are themselves. Let's use Paul Elam a man who I personally believe to be the Creme De La Creme of Beta Turd as an example. Paul Elam spent years writing articles discussing masculinity and the uncaring manipulative nature of women. Then one day a pretty blond girl named Cassie Jay gave Paul Elam a call about a Red Pill Movie. Next thing you know, Paul Elam has thrown masculinity out the window and is crying on camera begging women to sympathize with his problems. So the question is: Who really is Paul Elam? What does he really believe? Does he think that women are manipulative whores incapable of empathy? Or does he believe that women should empathize with men's issues? He's taken both positions. Which one does he actually believe? Does he even know? All we can say conclusively is that Paul Elam is a mushy turd.

There is something inherently unpleasant and disconcerting about mushy Turd Men. The unnerving feeling is felt strongest by women who are naturally more suspicious than men due to their biological aversion to risk. Imagine you are a woman and your Beta husband hands you a dozen roses while telling you he loves you. Now did he really do it out of love or did he do it to manipulate you into sex? Is he apologizing for something? Is he going to ask for something in return? The inherent anxiety of unknowability destroys the feeling those roses could have created. Now imagine that you are a woman and that your uncaring Alpha jerkboy boyfriend just gave you a dozen roses. He isn't manipulating you into sex because he can cock blast your ladyhole whenever he wants. He isn't trying to influence your emotions because he doesn't give a fuck how you feel. He did it because he wanted to. When an Alpha gives roses they are roses. When a Beta gives roses they are a pretext.

The Manosphere mythos is that Alpha Jerkboys give women tingles. Discussion of the female perspective usually ends there, before the pity party starts playing it's greatest hits. The truth is far darker and more interesting. Women know themselves to be emotional impulsive and a danger to themselves. They know that without a man holding them accountable they are capable of anything from bingeing uncontrollably like a wild dog to giving themselves a Britney Spears haircut. The problem is that a Beta Turd can't tell a woman no. Like a child he is powerless to stop a woman from doing anything that she wants because he needs her approval to function. A Beta can't stop a woman from becoming her worst version of herself. Women know this and hate them for it.

Beta males are unreliable, undependable and unknowable. They'll tell you all about their fitness and diet regimen to gain your approval then they'll skip the gym and eat a burrito when you are safely out of sight. They'll let their wives and daughters slide deeper and deeper into degeneracy without saying

a word. For a Beta it's easier to watch wifey choke on strange dick and daughter cam-whore herself then protect the dignity of the family with a firm No!

There is nothing noble or enviable about Beta Turds. They are not men. Men have thoughts, convictions and values that are held fast and only change for good reason. Betas are nothing more then what their environment tells them to be. Beta Turds deserve only suffering. Only suffering can teach a Beta to stand up for himself and say: No! Until you learn that lesson the stomping will go on indefinitely.

If you're looking for someone to harden you from beta turd to alpha asshole via difficult workout and difficult conversations shoot me a PM.

How To Fuck Quasi Autistic Phone-Tarded Sluts In 2020

726 upvotes | October 22, 2019 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Let's start by stating the obvious. The Manosphere exists out of a synergistic relationship between PUA hucksters who misrepresent their sex lives and clueless beta males who uncritically believe the bullshit. If everyone is so interested in helping you navigate the sexual marketplace, where is the guide on tricking a club bitch into washing her nasty club pussy after she turned up at your bropartment? You're not going to find that guide. Why? Because the grittiness of fucking whores is a turnoff to the beta males who fantasize about them. The Alpha Black Wolf Seduction guide is a much better sell than the Ay Yo Bitch Wash That Pussy So That I Can Stay Hard While We Fuck guide.

Now ask yourself how is believing in another man's delusional fairy tale going to personally help you get sex? Isn't that just treating blue pill with more blue pills? If a person's entire identity and business model is built on reinforcing beta male delusions by uncritically regurgitating sex scenes from Hollywood action films, how is that going to help you put your real penis inside a real vagina?

Fantasies and anti-fantasies distort men's perspectives and make it more difficult for them to achieve their goals. If you're traversing a desert see the desert for what it is so that you can navigate it correctly. Fantasizing about meeting unicorn Cinderella is counter-productive, likewise having paranoid incel anti-fantasies is also not beneficial. Today we are going to take a hard realist view, on the 2019 sexual marketplace, a place where $\frac{2}{3}$ of women are overweight or obese and $\frac{1}{5}$ are on antidepressants. The American Sexual marketplace is the absolute worst. However, it's the one that the majority of the Red Pill operates in so that's what we're going to discuss.

The American family is the most fucked that is has ever been which means that American women who are the product of the American family are the most fucked they've ever been. Keep in mind, I'm not taking a tradcuck moralist position. The men here are the product of exactly the same process and aren't any better. In other words, this is a guide for sewer-men to fuck sewer sluts in the sewer. We're not in the 1950's where three dates and a bouquet of flowers gets you a kiss. This isn't the 70's where you could barter cocaine for anal at the disco. Nor is this the PUA 2000s where you can dress like a steampunk pirate and cocky and funny your way into a taxi blowjob. We're three months away from 2020. Twenty-year-old women are autistic phone-tards who experience the world through technology and malfunction the minute reality doesn't conform to the virtual. Your sexual strategy needs to reflect that.

Just as twenty-year-old men of AskTRP are incapable of authentic unscripted human interaction, so are women. What remains of conversation, if you can even call it that, is people taking turns emoting in response to rigid set of memes, exactly like a Tik-Tok video. If you don't believe me treat yourself to a fancy Sunday brunch and observe these robo-Rachels in their natural habitat. Unlike previous generations, these people grew up immersed in smartphone and zero tolerance public education safe zones, so they are incapable of handling any uncertainty. If you say anything that deviates too much from NPC script, they'll freeze awkwardly like a deer about to get plowed by redneck in a Ford F-150.

Speaking of plowing into maladjusted half-retarded animals, here's the key thing you need to understand if you want to vag-plow this generation of 20 year olds. More so than any prior generation this generation of women lacks continuity of experience and is unable to conceptualize the world into a big picture. One minute they have a boyfriend the next minute they have a strange dick in their

vagina. It just happened. They experience reality as a quasi-schizophrenic series of unrelated events because that's how reality is felt on the internet. Since most of their waking day is spent immersed in smartphones, they understand physical reality as if it's virtual reality. When a woman ghosts a man in her mind she is simply navigating to the next webpage.

The younger the woman and the greater the percentage of her life that was spent immersed in her smartphone, the lower her attention span and continuity of experience. What this means in practical terms is that unless you're interested in dried up cougar or technologically isolated Afghan girl, you are going to have to ditch the slow PUA style of the VHS 90s and DVD 2000s and move to a fast high energy 2020 meme style.

What this means in practice is that you need to make everything a joke and not a joke at the same time. Tell her that she should come up for coffee but only if she promises not to use you for your huge muscles and gigantic penis. Be so ironic you don't have to take responsibility for banging her. Make her reveal her "slutty side" and act surprised that she sucked your penis instead of appreciating your high thread count bed sheets. After you nut down her piehole, cuddle and talk like a romcom beta so the event isn't misclassified as grape. Tell her how proud you are of her for showing her full sexual side and living her truth, without being inhibited by the patriarchy that was dissolved 200 years ago. That's how you get her to blow you again by disguising your refractory period as a heart to heart. That's how you fuck in 2020 instead of masturbating to how James Bond fucks in the movies or how some dude allegedly fucked in his ultimate seduction DVDs.

If you're looking to strengthen your body with difficult workouts and your mind with difficult books, so you're not retarded like Sluts this guide teaches you to fuck send me a PM.

The Red Pill Is Uncompromising Rejection

295 upvotes | November 22, 2019 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

A lot of people come here, subscribe, and start participating without giving a serious thought to what the Red Pill metaphor means. We have a lot of cool Red Pill art, banners and symbolism. Yet hardly anyone bothers to figure out what it all means. Why? Because most people are brain dead zombies incapable and highly averse to complex thought. People would rather enact a predesigned narrative (Matrix) then independently respond to life's stimulus.

By using the Matrix metaphor we're claiming that The Red Pill can only function via uncompromising rejection of the Blue Pill. Only with full rejection are you free of Blue Pill influence and capable of truly acting freely. The Matrix film makes this point very clear, which is why we chose to use the metaphor in the first place. There are no half measures here. In other words if you're making posts about acting like an asshole without being an asshole or are concerned with what the vagina person will think of your Red Pill reading, you are a loser and an imbecile. You have failed to comprehend the meaning of Red Pill. You lack the capacity to participate and should fuck off to less intellectually demanding activities like Sports Ball, Game Of Normies and navel gazing.

How does total rejection work in the real world? Let's say for whatever reason you are being shit-tested. Some mindless vagina drone is flapping non-sequiturs out of her labia. What she's saying doesn't logically make sense and isn't factually representative of what happened. All of the symptoms of a shit test. So before you open your mouth and keep frame, you begin by holding the emphatic belief that all women are illogical emotional child people. 99% of the time they're either hungry, sleepy or need a time out. Nothing a woman says matters by virtue of it being said by a woman. It is with this mindset of absolute chauvinism, that you should enter or refuse to enter the interaction.

Likewise the same methodology can and should be applied when dealing with women and dick-women who aggregate themselves into political movements. Feminism, Egalitarianism, Antifags, namely any ideology not comprised of macho macho men. You wouldn't argue with the Alzheimer's crew at the nursing home. So why are you concerned with the ravings of some freak who doesn't believe in gender, due to a lifelong hormonal imbalance? Occasionally societies like to make crazy people feel important by listening to them. The Greeks did it with the Oracles. Now the West is doing it with Gender Studies dykes. Your Gender Studies professor admires Che and Fidel, however if they were alive today they would gladly execute her for being a maricón. Postmodern art painted with 9mm onto a brick wall. Anyone who admires their executioners is bat shit crazy. Don't argue with them, smile and nod just like the nursing home. Emphatic Rejection.

This brings me to my last point. If you don't emphatically reject the Blue Pill, you are going to have a very bad time. In the operating room of life you are cutting with a dull scalpel. Children, women and the mentally feeble don't understand the world, so they must rely on social cues. They are the stupid kid in class who has no idea what's going on. They might not know anything about calculus, but they can definitely copy off the smart kid. Their understanding of the world is based off of others reaction to it. They are inherently dependent people. They need to test those around them in order to know who to depend on. The more you compromise with their stupidity the more they will believe in their own stupidity and in turn, the more stupidity you will have to deal with. Explaining to a child why she doesn't need the candy bar is just an invitation for more childish bullshit.

The truth is radical, it's not democratic. If the sky is blue and 99% of the population believes it to be

yellow, compromising and saying that it's green isn't helping anyone, least of all you. We live in a feminist Cuck-Fag society that promotes a Cuck-Fag dating strategy and a don't offend anyone morality. The Red Pill is an emphatic rejection of both. Going half Cuck-Fag isn't going to help you. There is nothing noble about compromising with idiots. You have to go all the way. That's what the Red Pill is all about.

If you're looking to strengthen your body with difficult workouts and your mind with difficult books, I have an affordable service that has helped many men. Shoot me a PM.

Don't Be A Hyperconsumerist Christmas Cuck

355 upvotes | December 6, 2019 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

The holidays are almost upon us, which is to say Christmas is almost here because nobody actually takes Hannuka or Kwanzaa seriously. While Christmas used to be celebration of Mary getting pussy-frosted by a rando during her husband's business trip and convincing him that God did it, the holiday no longer carries it's sacred meaning. Today, Christmas is synonymous with impoverished obese proles binging on cheap calorically dense foods and overpriced chinese goods. The question we Red Pill alphas need to ask ourselves is "what is really going on here?" How do we avoid getting Christmas cucked like Joseph, while not being a blackpilled holiday humbug?

How did Christmas go from a religious celebration to worship of commodities purchased on Black Friday? In order to understand the answer to that question you first need a basic understanding of economics. Unfortunately your highschool economics teacher was zonked on antidepressants and spent a year bumbling through powerpoint slides so you didn't learn shit. Before I can do my job of radicalizing the youth, I have to do Karen's Job of Economics teacher. Fuck you Karen.

The cost of labor is determined by the cost of goods necessary to sustain a worker. If wages fall below the worker's subsistence needs or expected standard of living he'll be incentivized to strike or eventually leave the job. Corporations have a duty to their shareholders to maximize profits, in other words, to keep worker pay just high enough so that workers stay to do the job but not any higher.

How do you squeeze more profit out of workers if they are already living at subsistence? Expand the labor force supply and replace the next generation with H1B turd worlders who are used to a low pay and standard of living. Second, use the corporate media to indoctrinate domestic workers to accept an even lower standard of living under the guise of environmentalism. Third, enact free trade agreements like NAFTA and TPP so that Chinese slave labor can reduce the cost of household goods and consequently the cost of subsistence. Finally outsource as many jobs to the turd world as you can.

American Culture is a scam to trick you into living off a low cost meow mix of goods, services, and life experiences while getting extracted for maximum productivity. Fast food and soda is the most time efficient and cheapest way to feed you. Pornography is the cheapest way to satisfy your sexual needs. Collecting geek action figures and playing Nintendo Switch on your wife's boyfriend's couch is a cheaper and easier pastime than being an adult. If any of the above are not enough to keep you passive and compliant, ask a medical professional about Xanax, Vicodin, Oxycodone, Adderall or Prozac.

Obesity isn't just a symptom of American culture. American culture is obesity! Americans are physically obese from consuming cheap, nutrient sparse fast food because they are too lazy to cook for themselves like an adult. Americans are mentally obese. Just as Americans are too lazy to cook real food, they are too lazy to read serious books. Instead they opt for a diet of sports facts, celebrity gossip, and political soap opera, creating a people who have a lot to say but ultimately say nothing. American marriage is the legal and economic union of a hard working drone and a shallow insecure narcissist who spends all of his money on trivialities. American culture is the working class binging on low quality goods and low quality information so they can feel rich and intelligent, but ultimately remaining fat and stupid. "Stimulating the economy" is the impoverished worker massaging Uncle Sam's balls, swallowing useless commodities, devoid of substance, leaving a weird taste in his mouth

while feeling pride for being a patriot.

This Christmas, don't be a normie conformie or a boomer consumer. Don't binge on the cheap and easy, so you can feel good in the now, impoverishing yourself in the process. Don't pretend to make a big change this year so you can soak up easy validation like every other New year's resolutioner. The mind and body are long term investments that require careful planning. Invest in durable commodities, dense books and meaningful life experiences. Focus on stimulating your long term growth instead of stimulating Uncle Sam's ejaculatory reflex by buying dumb useless shit.

If you're looking to strengthen your body with difficult workouts and your mind with difficult books, I have an affordable service that has helped many men. Shoot me a PM.

The Effect of Social Environment on the Penetrability of Human Female's Vagina Holes

383 upvotes | December 30, 2019 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

The Red Pill, at its core, is a discussion of sexual strategy. Strategy requires thought, nuance and directed action to achieve a specific result (in this specific case fucking slots right in the pussy.) Unfortunately a substantive portion of the Red Pill community are miscalibrated, socially retarded spergs, who don't want to think and don't want to strategize.

They want the Red Pill to be a jerkoff session of ultimate sex checklists, Manosphere mantras, and inspirational quotes, so they can memorize all of the sex facts and call themselves internet sex experts and gurus unironically.

No offense to the special ed kids, but today we're going to rip the Red Pill out of their semen glazed hands and return it to its original meaning: Strategy. I don't know about you but I have people to offend, w*men to bang, and authorities to disrespect, so if you're like me, you don't have time to follow every internet alpha's romance novel career. We have shitlording to do.

The Red Pill's spergs are incapable of understanding and responding to context. They have two strategies for coping with this mental defect. The first is to seek a universal rule set (aka praxelogy aka sperg script.) The same way a man with a limp might use a walker or a cane, a sperg wants a sperg script.

A man can never run at full speed with a walker and a sperg can never be an alpha living his life by a long arbitrary gay ass list of rules. Despite this, there are plenty of Dark Triad Midnight Wolf Sperg scripts floating around and plenty of spergs jerking off into them.

The first sperg coping strategy is making dynamic situations less dynamic with sperg scripts.

The second is avoiding dynamic situations altogether.

Why is this a problem? Anglo American culture is stale, matriarchal, and infertile like a blue haired lesbian. This is a serious issue because women have no fixed positive identity and are heavily dependent on external socialization to tell them what to do. All of a woman's major decisions are outsourced to the cultural form, usually by calling her friends who will then parrot Cosmo magazine conventional wisdom. Women don't exist in an independent positive sense, they exist in a dependent relational sense.

Women are NPCs.

They lack agency and computational capacity and must connect to a server/hive mind/Big Other so it can make their decisions for them. Since the Anglo American cultural server is one of the most anti male, server verification leads to cock block much more than other cultures, hence the rise of TRP.

Let's boil down the problem of getting a Red Pill Sperg laid into its most essential elements. Women

outsource all of their major decisions including who to fuck and why to the hive mind.

The current Anglo American hive mind fuels anti male MeeToo hysteria and, needless to say, is a massive cockblock. Spergs are risk and conflict averse and are constantly asking how to submit to the hive mind so they can get laid, not understanding the contradiction.

In order to get laid, men must disconnect women from the Hive Mind, by being a stronger source of leadership than the hive mind. Spergs hate leadership and are constantly trying to figure out how to be an alpha follower.

Now that we have a full understanding of the situation how do we help our spergs navigate it?

The main thing you need to get from this post is that environments can be categorized via a binary:

Normative Space and Transitional Space.

Normative Space is any environment with strong established norms like an office, classroom, or gym. While it's possible to talk to women in normative space most of her speech will be empty recitation of cultural script. In order to get anywhere in Normative Space, you're going to have to spend time and effort climbing the local hierarchy before breaking her out of script so you can have authentic conversation.

The inefficiency of Normative Spaces is by design. The goal is to set up a steep hierarchy and extract beta males for resources as they try to climb it, like a night club.

Anyone telling you to do hundreds of cold approaches is by definition telling you to pursue a costly inefficient "Red Water" non-strategy.

In contrast to Normative Space, Transitional Space is any environment lacking established norms.

Women are NPCs and their programming is disrupted when they travel from one zone to another. Transitional space is a loading screen. Examples include: college orientation, first impressions, parties, the beach, the backyard, the corner, the bando, etc.

In transitional space, the pretense of productivity is absent, therefore the emphasis is on alleviating boredom and experimenting. Transitional space is like a gap year a broad takes to Spain to get penised by Matador Manuel, before beginning her nursing career and rotting into a Normative Karen who nags Eric Engineer to put the dishes in the dishwasher correctly. Transitional space feels like the ball pit at Chuck E Cheese. It's the only place where spontaneity is still allowed because normtards haven't ruined it with rules. It's the only thing keeping you from ending it.

Women have an external locus of control and are thus more likely to let a new penis into their life while in Transitional space or Transitional period in their lives. Why?

Because introducing new sexual partners into your life is costly as it disrupts established structures and patterns. Structures are less developed in Transitional Space so the cost of sitting on fresh dick is lower. Less social structures and time commitments are disrupted during Rachel's comparative anthropological study of the European uncircumcised penise than if she was back in her home town at Denny's.

Finally a whore (and when I say this I mean a real whore not just the girl whose face you painted white because you were feeling artistic) is any woman too fucked up to create structure in her life. A whore is always in Transitional space.

This brings me to the riveting conclusion of my brilliant dissertation on: (ahem)

The Effect of Social Environment on the Penetrability of Human Female's Vagina Holes.

Women are the easiest to fuck when in Translational space or in a transitional period of their lives. So if she just finished highschool or college or her boyfriend's crying because his dog got run over by a mail truck, *now* is definitely the time to talk to her.

The most important aspect of male sexual strategy is recognizing and responding to social context. This means realizing when the situation has become dynamic and seizing the frame before the environment becomes stagnant and calcified.

The turn of the decade is the king of all Transitional Spaces, nobody knows what to do or what it means and they're looking for men to insert the answer into their vaginas. The next two weeks are a very rare opportunity. Women are confused they're looking for an answer.

Now is the time to pull out your penis and give it to them.

If you're looking to perfect your physique and learn in depth psychology to master the sexual marketplace, I have an affordable service that has helped many men. Shoot me a PM.

Don't Get Cucked By Cuckervatives

582 upvotes | January 14, 2020 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Reposting this not because I want to but because I have to

Anyone who's spent any time here knows how much we enjoy to blaming Progressives, Feminists, SJWs, etc, for all that is wrong with the world. Definitely an enjoyable pastime. However today we're taking the Hate Train in the opposite direction and discussing the people who diddled themselves awkwardly while the West took veiny multicultural dick to the face, vagina and anus. That's right, today we're talking bout conservatives, why they always lose and how not to be them.

Now at this point you and the 20-30k people who usually read my diatribes are wondering: GaylubeOil why you shiting on Conservatives? I mean they basically agree with you most of the time? So what gives? AltRight I'll tell you bro. If conservatives weren't such losers you would be in Georgia right now sipping a mint julep watching your crop get harvested. I would be in Russia whipping my Serfs. Both of us would have abundant German soap.

At this point a bunch of Stoic logical Alfalfas are flipping their shit because I made some bad bad inappropriate jokes. Those same people swear that liberals and political correctness are the devil. But here they are, mad at me for breaking a speech code that liberals spent decades putting into practice. Think about that for a second. They hate liberals but live their lives by liberal rules. Fucking retarded right? Yea super retarded. That's conservatives.

So why are conservatives such losers? Why did conservatives lose on basically every social issue for the past 100 years? Because conservatives are dimwitted and unimaginative. Their most profound ideas are tax cuts and wars. Liberals have the creativity to say: *7 year old Transgenders? Sounds good let's make that happen.* Conservatives on the other hand can't even trick a white bitch into having a few more babies. But what about abortion?

Ok let's talking about that. Decreasing the need for immigration is predicated on making women want to have more babies. It's not about forcing them into having babies. When you force people to do something they usually want to do the opposite. Liberals know this and call it the Hegelian Dialectic. Conservatives don't. Which is why some of them frolic in white robes and burn crosses. The only thing that the KKK has ever accomplished is the promotion of diversity. Maybe if Billy Bob Banjo possessed introspection and foresight he'd realize that his method isn't working and never worked. Perhaps then he could redirect his efforts towards funding segregation propaganda like the Black Panther film.

Unlike liberals, conservatives don't have a vision for the future. Their game plan is to preserve the status quo whatever it may be, then lose and then declare the loss a victory. The same people who protested gay marriage are currently Cowgirling Milo's dick. Conservatives stop trying after they lose. Liberals don't. In other words conservatives are always within the liberal frame. They dance to liberal music and play by liberal rules, just not as well.

So what does any of this have to do with Red Pill? A lot actually. The mental illness known as conservatism isn't just a national phenomena. It manifests itself at all levels: individual, family, and organizational. So for example a conservative individual might be an unimaginative dresser. He'll prohibit his wife from dancing and his teenagers from watching porn instead of creating a compelling counternarrative. His company will stupidly and slowly copy it's competition. The Red Pill is a

rejection of the system not it's celebration. That's why the Red Pill is Anti Conservative.

Think of the progressive agenda as a masterbating homeless man on the subway. The liberals are the people applauding. The conservatives are the ones yelling angrily. Those pretending not to notice, offer tacit consent. All groups make the hobo's masterbation more enjoyable. The radical solution aka the Red Pill solution, is to spray the subway car with a fire extinguisher and steal the hobo's attention.

A Red Pill solution is any solution that wrestles control of the narrative. That means shit testing your girlfriend's shit test. It means scaring your masterbating 14 year old son into NoFap by showing him the weirdos and creeps at the porn store. It means selling Feminists femininity disguised as radical feminism, rather than stupidly arguing. Most importantly, it means possessing courage and innovation, something that conservatives inherently lack.

As the Red Pill train gains steam, more and more conservatives are gonna try to climb aboard. Kick them off. They're losers, they don't have a plan and historically speaking they always lose. If conservatism worked the Red Pill wouldn't be necessary and you wouldn't need GaylubeOil or his hobo masterbation metaphors. Don't get cucked by conservatives.

If you're looking to perfect your physique and learn in depth psychology to master the sexual marketplace, I have an affordable service that has helped many men. Shoot me a PM.

What The Red Pill Can't Teach You About Corona Virus

1 upvotes | February 20, 2020 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

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1 upvotes | February 20, 2020 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

I know what you're thinking. Coronavirus? The Red Pill is a forum on sexual strategy. What does a highly contagious pandemic have to do with me engaging in intimate sexual contact with randos? How does a virus that prompts people to hide their faces under n95 respirators, avoid public gatherings and become hyper-vigilant about hygiene affect my ability to kiss close? For all the sperglords here who lack lateral thinking and are completely confused, this post is not for you. Exit out of this article and go back to your sad and very confusing life.

Now that we segregated the spergs to the tard-yard, we can have a deep conversation about a serious multifaceted issue. While we are still in the early stages of the outbreak and we don't know all of the details yet, it is however clear that Coronavirus presents a significant disruption of the supply chain and global economy. The key takeaway here for the Red Pill is that any major disruption whether it be political like Donald Trump 2016, social like the migrant crisis in Europe 2015 or economic like the financial bailouts of 2008, cause the Overton window/Matrix to glitch as it updates.

What you are going to see during this disruption is exactly what happens during every other disruption: large organizations lying, censoring, and controlling information, as well as bloopies contorting themselves in incredibly bizarre ways to believe the narrative. Understand that three and four letter agencies like the CDC and FEMA are primarily concerned with crisis management. Information coming from these organizations is designed to prevent disorderly panic, not give you the truth or save your life. They will lie up until the last possible moment to prevent panic and when the truth is finally exposed they won't face any consequences.

A good model for what's to come is the 2008 Global Financial Crisis (<https://youtu.be/TpCb3xjh-Kk>), when people were told that there was no cause for alarm and that the situation was completely under control even while everything spiraled out of control. Expect the media and analogous government agencies to behave exactly the same way this time around as they did last time around. Also expect Normies aka people low in truth seeking behavior and high in comfort seeking behavior, to contort themselves wildly as the official narrative quickly changes and previous "conspiracy theories" are proven to be true. The difference this time around is that it's not your grandmother's pension fund that's going to get devastated, it's your lungs filling with fluid and you dying of pneumonia.

This brings me to an aspect of the epidemic that can only be discussed here on the Red Pill: women. Women are a liability during a health crisis as they work a disproportionate percentage of healthcare and education jobs. This means that even if you take all of the necessary sanitary precautions, you could still get infected because your weener wrangler thought it was a good idea to work in a hospital or in a school surrounded by stinky dirty children who cough directly in her mouth. Islam is right about women. If all of us made our women sit at home weaving carpets and observe Sharia rules on modesty less people would contract the disease and die. This is a scientific fact. Praise be to Allah. Treating women like people instead of property leads to more infection and death.

In writing this article I was careful not to make any claims about the Coronavirus. The last thing I want is for someone to write an article saying we are spreading conspiracy theories about how the United States which has previously deployed biological weapons against livestock and nations manufactured the Corona Virus to cripple its largest geopolitical adversary. The Red Pill definitely

doesn't benefit from negative publicity and we don't want any of that.

What I am saying is that as Red Pill men we know what it's like to be on the receiving end of information warfare. We've been the target of media disinformation campaigns, purple pill gatekeepers and censorship. We also know how normies don't understand probabilities, think in black and white, and have an everything is going to be ok normalcy bias. We know how all of the above was deployed to combat our discussion of marriage and masculinity, so we have a rough idea of what methodologies and social dynamics to expect with the Coronavirus.

Instead of spending hours smiling at a fluorescent screen and complimenting GoneWild Butt Sluts, you should be lifting heavy weights and reading difficult books. I've mentored thousands of men through fitness and philosophy coaching, here are a few of their experiences in their own words. You can contact me through that link or shoot me a PM if interested.

What The Red Pill Can Teach Us About Coronavirus

84 upvotes | February 20, 2020 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

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I've mentored thousands of men through fitness and philosophy coaching, here are a few of their experiences in their own words. You can contact me through that link or shoot me a PM if interested.

How To AMOG Beta Males

475 upvotes | March 16, 2020 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

It shouldn't surprise anyone here that the Red Pill is packed with Beta Males. In fact, it's absolutely crawling with them. The problem with any forum on masculinity is that it inevitably gets filled with unmasculine men who have their own theories on masculinity. Unavoidably the forum starts catering down to what the beta males already do and therefore want to hear. In other words, reductive power point style lists, conduct manuals, and explanations on why their current behavior is okay. What they desperately want to believe is that the behavior that they are forced to exhibit in their heavily taxed 9-5 corpo cuck job will magically get them laid, even though it's not and is actually pulling them down into a soul draining spiral of depression.

Sexual Selection is a means by which females chose exciting new phenotypes for the next generation. Females want the fastest antelope, the loudest songbird and the most obnoxious douchebag. They want the male who has what others don't and can thus disrupt the status quo. Beta Males are the status quo which is why their whole strategy is imitation. If you are using pickup lines you are by definition a beta male as you are sexually reliant on imitating the mating strategies of other males. You have admitted to yourself that you are uninteresting, incapable of becoming interesting and need to fool women into believing you are something that you are not. Alpha males win the race. Beta males buy trophies so they can trick people and themselves into thinking they won the race. If you are interested in seeing this latter behavior first hand, head over to the seduction subreddit. But I must warn you they are complete and utter fags.

Next we should answer the question: When and why is it necessary to AMOG aka establish social dominance? First and foremost, we need a clear definition of what a beta male is. A beta male is a mushy turd that takes the shape of his immediate surroundings. Beta males prefer comfort over abstract freedom. They enjoy the warmth and security of the herd and spent their youth being molded into the perfect worker drone consumer by media and education system. They're comfortable with how things are and dislike change. Therefore if you are pushing for change or advocating for something that is different from the norm you must first break the will of the beta males so they stop clucking and shut the fuck up. Obviously the big picture of what you're trying to accomplish will remain a complete mystery to beta males because they are pragmatards who don't think top down or think in terms of potentiality. In other words, whenever you try to accomplish anything big you will be called an asshole, crazy or dismissed with an all-inclusive meaningless label. That's okay. No one accomplished anything meaningful without being hated on in the process, just ask Steve Jobs. Extraordinary men must give themselves permission to perform extraordinary acts so they can rise above the ordinary.

Write An Article On AMOGing Beta Males: The easiest way to AMOG the most Beta Males is to write an article about AMOGing Beta Males. It's pretty simple and has an interesting element of recursion. The key takeaway is understanding why this works. Beta Males are insecure about an endless assortment of trivialities. These insecurities are then weaponized against beta males to make them compensate with overpriced GQ commodities, man up and get married and work a bullshit job until they die. Beta Male insecurities are like MKULTRA control words, they shut down thinking and induce compliance. My advice is to figure out what beta males are insecure about and mention it as casually as possible. Then when the beta male predictably spergs out, use their sperg out as an excuse

to exclude them from the decision making process. In other words, exactly how I'm going to use this post to ban a bunch of sensitive losers.

Do You Even Lift Bro: The easiest way to increase your SMV, become more confident and have a higher tolerance for stress is to put in serious work at the gym. It's never been easier to find a gym nearby because there's more of them than ever before. Gyms are far better equipped than even 10 years ago. Finally, Bodybuilding is no longer a secretive cult like it was in the 1960s-1990s. All the information you'll ever need is available on YouTube or Amazon bookstore. At this point there is literally no excuse beyond being lazy or retarded. Beta Males know looking like shit is their fault and their fault alone. Broaching the topic directly or just looking fit, is enough to remind them of this fact and send them into an AMOGed spiral. Every article on lifting has hordes of betas crying how jumping jacks in their mom's basement is a legitimate form of exercise. Blue checkmark Twitter is upset that Bronze Age Mindset and fans post physique. Lifting is the universal AMOG. When men feel insecure, their girlfriends notice and look to the source of the insecurity for an opportunity to branch swing. In my experience it's not muscularity itself that gets you laid it's the high stress tolerance gained from becoming muscular and women noticing how other men behave towards you.

ASStimulation: while the previous sections explain general AMOGing principals, this section puts it all together in a practical way for a common place situation. Anyone who's spinning plates in 2020 knows that these tardettes are constantly on social media farming their orbiters for validation. What if I told you that there was an easy way to make the orbiters work in for you? Anyone who has been following Red Pill's lifting advice aka applying the Red Pill should have a thick muscular ass from squatting and deadlifting. Steal her phone and then Snapchat or Instagram story a pic of your ass to her orbiters with a flirty caption "feeling like a snack." Wait 20 minutes and send a second pic revealing whose ass it is captioned "y'all niggas gay". Within an hour her phone should be blowing up with angry ASStimulated beta males explaining how a mean Alpha hurt their *feeeelings* by AMOGing them. Beta males are two things: thirsty for sexy pics and on the brink of abandoning heterosexuality. If questioned tell her that you were feeling sexy and that you didn't know that all her guy friends are gay.

A lot of men mistakenly believe that being Alpha is using cool tricks to feel confident. Alpha males don't act confident; they are confident because they defeated beta males in competition. Things work in the human world exactly how they work in the animal world. Competition can be physical, musical, financial, intellectual or psychological. Beta males hate competition and hide behind contrived morals to justify their uncompetitiveness. Masculinity is competition. The most masculine animals are the most competitive ones. There is no climbing the dominance hierarchy without competing against other men and AMOGing them in some way. If your goal is to get to the top, you can't just sit around defensively passing shit tests—you have to actively compete against other men.

Since everything is currently going into lockdown now is the perfect time to focus on self improvement. I've mentored thousands of men through fitness and philosophy coaching, here are a few of their [experiences in their own words](#). You can contact me through that link or shoot me a PM if interested.

How To Measure Your Penis Like An Empirical Rational Alpha Male

143 upvotes | April 1, 2020 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

As everyone here knows the Red Pill is not a reactionary ideology that came about as a direct response to the SJW feminism of 2013. No! It is a state of the art research facility where angst ridden virgins, chubby divorced dads and spectrum spergs trade notes on their scientific findings to delve into the mysteries of getting women to "open bobs and vagine." The Red Pill is a community of lab coat wearing scientists who analyse 100% true unbiased field reports in order to unlock the secrets of quantum "All Women Are Whores."

As rational empirical alpha male sex scientists the logical way to begin our research is by measuring our penises. This however presents the issue of replicability and the need for a Uniform Penis Measurement Standard (UPMS). How do we determine where the base of the penis truly begins? Is it where the shaft emerges from the fatty mons tissue? Or do we press the ruler into the pelvis to obtain a measurement at the dick stem? How do we account for odd shapes and curves? Akin to an HB scale, we need to an objective amalgamate unit scale that takes all factors into consideration. A True Penis (TP) value of 1- 10 which factors in all elements including testicle size weight and symmetry, scrotum wrinkling, moles rolls factor, pubic hair trimming, as well as aftermarket decorative elements like jeweled cock rings.

In order to obtain a complete scientific understanding of a particular penis, the penis in question must be submitted to the Uniform Penis Measurement Standard (UPMS) and the True Penis (TP) examination protocols. The Uniform Penis Measurement Standard uses the Archimedes principle to obtain a volumetric measure of a particular penis. In order to conduct this highly scientific clinical measurement a penis is inserted into a large beaker of 37C distilled water which sits on a scale tared to zero grams. Although a true stoic alpha can obviously maintain an erection during even extremely adverse physical conditions, through extensive testing it was found that the variability of a flaccid penis's volume when inserted into room temperature or colder water was unacceptably high, so body temperature water is recommended for this test. The buoyant force of the water acting upon the inserted penis manifests as an apparent change in the scale's reading, which is then transformed into the desired volume measurement by using $\rho = \sim 0.993 \text{ g/cm}^3$ at 37C for water. This measurement should be repeated at least three times, under both fully erect and flaccid penile states. Despite the objective nature of this measurement, an impartial referee or other official governing body must still be present to observe the procedure to ensure that 1) the scale is indeed tared at the start of the measurement 2) only the shaft is inserted into the water and not additional appendages or foreign objects 3) that the penis is, indeed, completely flaccid for the flaccid portion of this measurement 4) the measurement is not compromised by unnecessary movement or splashing. The use of a shrill whistle or other auditory feedback device during the test by the referee is encouraged to ensure compliance with the Uniform Penis Measurement Standard protocol.

While the UPMS is an objective volumetric measure. True Penis (TP) is a holistic multivariate analysis of all genital aesthetic elements assessed at a 1-10 scale. In order to submit a penis for TP assay, a photograph of both erect and flacid forms must be submitted to a certified TP specialist. These Rational Males have dedicated their entire lives to analyzing men's penises. In fact they are so invested in penile assessment that they have little time to invest in physical health, masculinity or

serious intellectual endeavors. All these men have time for is assessing and analysing cocks which is why they are exempt from Red Pill's lifting requirements. If you're are interested in undergoing a TP assessment do not hesitate to contact our specialists. They love getting paid to stare at cocks almost as much as they hate lifting and will get back to you promptly with the proper information on how to submit your specimen.

Now that we have an understanding of the protocols and procedures needed to obtain a complete scientific measurement of a particular penis, the next logical step is interpreting the result. You got your numbers back and their not very good. What do you do now? If that's the case simply abandon hardline biological determinism and adopt a liberal subjectivist attitude. Don't be ashamed to revert to determinism at a later date if it suits your egoic fulfilment. TRP is not about what size of dick is best, but how to have the BEST dick no matter what that means to you. It could be no dick at all.

At this point you have two options: self improvement or self delusion, although the two are not mutually exclusive. Jelqing is the art of pulling on your ding ding in a desperate attempt to make it bigger. It's not about the penis you currently have, its about the penis you one day will have. Jelqing requires patience effort and consistency, qualities that are in short supply among redditors. The second option is "Faking It Till You Make It". Pretending the issue is resolved is much easier than actually doing anything about it. Buy a dick sleeve. Using a fixadent like product glue your penis into the dick sleeve. Don't worry about the logistical nightmare of having a plastic penis glued onto your real penis. It's not about the reality of your penis, its about her perceived reality of your penis.

This brings me to the deep philosophical conclusion 80% of the Red Pill will never comprehend. Is penis measuring both in the literal and metaphorical sense a coping mechanism for living in a castrating NeoLiberal society? Man feels castrated by society so he measures his penis in a desperate attempt to affirm that it is still there. Isn't measuring the penis a castrating act unto itself which inevitably leads to a positive feedback loop of more measurement? Furthermore if penile measurement is itself a symptom shouldn't we seek to overcome it rather than endlessly enjoying the symptom? Isn't it true that the more empirical a man is the more castrated, humorless, boring and lifeless he is? Aren'tt impulsivity and spontaneity key traits that make a man attractive? Then why are we striving for the exact opposite in a community dedicated to helping men get laid? Finally since women find humorless scientific empiricists boring and unattractive shouldn't you instead strive to be a fun guy who writes April Fool's day posts?

Since everything is currently going into lockdown now is the perfect time to focus on self improvement. I've mentored thousands of men through fitness and philosophy coaching, here are a few of their experiences in their own words. You can contact me through that link or shoot me a PM if interested.

Infertility Is The Goal Of Feminism

21 upvotes | May 11, 2020 | /r/PurplePillDebate | [Link](#) | [Reddit Link](#)

Rapid population growth is a threat to any political system as it overwhelms the systems ability to institute controls. Think of a political system as a dam, if the water (population) surges to quickly it will overwhelm the system in place and spill over.

Rapid population growth can happen in one of two ways. The first is migration. If migration happens to quickly the immigrants do not assimilate into the cultural climate but instead live in their own homogeneous cultural pockets. If this goes on for too long they will start to create their own parallel political structures which they may later use to challenge the political structures of the establishment. If you want a visual representation of this watch [Gangs Of New York](#).

Population can also surge due to rising standard of living. The most dramatic example of this was the First Industrial Revolution (1760 – 1840) which drove down the cost of consumer goods and consequently the cost of raising a family. This created a baby boom, which then lead to a surge in youth uncapturable by the establishment Ideology. This then lead to political upheaved and the overthrow of Europe's Monarchies. A less dramatic but more relatable example of this phenomena is how the post world war 2 baby boom created the political upheaved of the sixties.

Population growth is a threat to any political establishment and has to be managed if the establishment is to survive

Feminism is cultural birth control. The whole point of Feminism is to make women as repulsive as possible so men won't want to have sex with them. The purpose of PUA/Red Pill/Manosphere/Seduction communities is to cope with the decrease in viable sexual partners due to Feminism and the consequent increase in male competition due to the scarcity.

In conclusion women are shills for the NeoLiberal GloboHomo order. The system made them infertile so that they won't be able to birth enough children to overthrow the establishment.

Chemotherapy HandJob

123 upvotes | May 18, 2020 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Here's an interesting question, something you should think LONG and HARD about before inevitably going back to worshipping Manosphere clowns and parroting pick-up lines. How much drug do you need to dose an animal with before that animal's behavior is no longer representative of its species? How much heroin do you need to inject into a horse before it's behavior is no longer horse-like?

It's an impossible question to answer as phrased because we don't know what kind of animal, what drug, how to define normativity or measure behavior. Fair point. But you will agree with me that at a certain dose of heroin a horse no longer acts like a horse, a mouse doesn't act like a mouse and that a human is no longer human? There definitely is a threshold. On that point we can be certain.

Since this article was written for the Red Pill, it should be pretty clear that we are not talking about horses or mice. We're talking about western women. One in four is on mental health medication and 41.9% are obese. While we are at it we could also raise the issue of oral contraceptives which have a well documented psychological effect. Here's an interesting pharmacological question. How amped up on party drugs does Samantha need to be to counteract the libidinal suppression of Zoloft and Progestin? Whatever normal is, at this point we are so far off from it that most of you will never experience a normal female population unless you step into a time machine or hike through the Amazon rainforest.

The point here is that "Just Be Yourself" no longer works the way it worked for your grandfather. Your grandmother was a hormonally normal woman who was sexually attracted to a normal man who was being himself. Your grandmother's brain wasn't rewired from spreading open her butt cheeks for thousands of dudes on instagram in 1950. She had a normal relationship with dopamine. Which is why your grandfather could just be himself. You unfortunately can't just be yourself. Those times are long gone.

So before you can win the game of sexual strategy you need to acknowledge which sexual strategy game you are playing. 2020 sexual strategy is completely different from 2005 sexual strategy. Anyone who tells you otherwise is a delusional boomer. Or maybe I'm completely wrong and you should paint your fingernails black, put on a fedora and go peacocking in front of Hot Topic at the mall.

What's the difference between 2005 sexual strategy and 2020 sexual strategy? Here's a question that the Manosphere never asks while plagiarizing the Mystery Method for the fifteenth year in a row. In 2005 Women's faces weren't permanently glued to the Satan rectangle known as the smartphone. In 2005 women were incredibly bored, desperately wishing a fedora Mascara meme like Mystery would burst into their life.

Fast forward to 2020 where women are empty husks in the physical world and feel most alive and engaged in the virtual world. This philosophical concept is known as the Reality of The Virtual a concept that is incredibly important in understanding today's sexual marketplace yet never mentioned in the Tardoshere.

The key takeaway here is just as you want to fulfill your porn induced fantasies with the body of 19 year old community college student, women are looking for a Ken doll to put into their Instagram page. Authentic human interaction is dead in 2020 in the 19-23 year old female demographic. Any

woman above that age range is a haggard crone from ingesting the chemicals in the water that are turning the frogs gay. Leave your grandparents fantasies at the door and acknowledge the situation for what it is if you want to fuck sexy singles in your area.

I had a client who was dying of cancer and he told me that the key to getting a handjob in the chemotherapy ward was smuggling in a snickers bar. When a person is dying in a hospital what he wants most of all is an intense sensation to make him feel alive again like a snickers bar or a handjob. Obviously a snickers bar for handjob trade isn't a conventional way to get laid. However we live in unconventional times and female behavior is so off baseline that normal rules no longer apply, exactly like a chemotherapy ward. If you wanna fuck 19 year olds in 2020 you gotta be in her Tik-Tok so you can be in her Onlyfans livestream so she can pay her university classes on Zoom. Her mask stays on during the blowjob.

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How To Get Laid In June 2020

531 upvotes | June 3, 2020 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

It's June 2020. The country is in flames. There are riots in the streets. The Federal Reserve is printing funny money like never before. Virtue signal is currently trading above beta male thirst, forcing Thots to post black box instead of ass. In times of instability and uncertainty there are many questions a man must ask. But here at the Red Pill we only ask one question. How can we use whatever is currently happening to get laid?

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If you get anything from this post it's this. Each and every crisis is a deterritorialization of established hierarchies. This is an excellent opportunity to pump you sauce between a woman's legs before society figures out a new normal and resumes it's sexual gatekeeping. So now that we have identified the opportunity, how do we use it before we lose it?

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head out to your local liberal metropolis. Try to wear cool sunglasses and a bandana across your face. A black backpack is also a must have because it makes you look like you know what you are doing; who knows what mysteries it contains? The goal here is to get some good pics of you near the action, but not so close that you can be injured, arrested, or generally implicate yourself in anyway. The best option is to make a protest PUA group. Bring a few wingmen along and pretend to be a radical faction. Don't accept any other male protesters as they are probably employees of the state. Have a friend come with you to snap a bunch of action shots- go for quantity here and filter through them later. A word of warning: do not make it look like you are taking photographs, it could bug out the types with lower impulse control and make them question your commitment to whatever the cause is that night. Instead, do it discretely, and snap a bunch in motion. Make it look like you are filming or livestreaming to catch police brutality or whatever. Try to get your photos in during late afternoon and early evening during act 3. Things will be heating up as it gets later in the day but you sure as hell do not want to be there once the sun sets. One or two hours at the protest should be sufficient to get plenty of photos and you can then safely return to your segregated neighborhood feeling good about exploiting a national tragedy for your own personal sexual satisfaction.

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Pareto's Other Theory

253 upvotes | June 29, 2020 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

As the United States slides into chaos, while the statues go *crack*, the money printers go *brrr* and TRP goes *boop*, there is only one person on this Earth who you can trust to give you the Red Pill on the situation. You can't trust the universities, the media or the president. Your friends and family don't know what's going on or why. There is only one person that you can rely upon to have your back and his name is Gaylubeoil.

Who warned you of the impending lockdown back in January? Gaylubeoil. Who gave you the heads up on easy protest pussy long before things turned violent? Gaylubeoil. As the world tumbles into upside-down clown world, Court Jester Gaylubeoil holds the keys of truth stolen from people with the small hats.

While everyone here knows Wilfried Pareto's 80 20 rule. Few of you were taught his much more controversial Elite Theory. Here's how it works. Society can be broken down into four groups—the *Masses*, *Elites*, *Anti-Elites*, and the *Counter-Elites*.

The majority of people are as the name suggests: *Masses*. The *Masses* aka *Normies* lack agency and react to the world in a simple, predictable, instinctual way like a sheep. Wherever the media barks at them to go they go. Think of your goofy beer dad who rages at the black athletes kneeling during sportsball. He doesn't understand the politics behind what's happening and needs Tyrone to stop kneeling and dribble! Beer-Dad is only good for two things. Participating in Wage Cage Mortgage Middle Class Leased BMW Tax Farm and voting for a pre-approved candidate every four years.

The *Elites*, are those who hold power and have the will to use it. They set the music and write the script for the performance the masses must dance in. This group is comprised of the extremely wealthy, the Deep State, and those in political office at a high level—Senators, Congressmen, etc.

The *Anti-Elites* are those who rebel against the status quo but have no desire for an alternative. They don't like what's happening and if circumstances were completely reversed they still wouldn't. This group includes BLM, Antifa and that one kid in the back of class who could never stop yelling.

The final and most dangerous group are the *Counter-Elites*. These are the *SpicyBois* with the means and the will to overthrow a present order and establish an alternative. Lenin, Fidel, Mustache Man, Moses and our prophet Mohammed peace be upon him, fit the bill.

In the Good Old Days, Universities were places of learning, partying, and easy sex. Their purpose was to create a highly skilled technical class of engineers and programmers and a managerial class to rule over them. Life was easy because jobs were plentiful. Then Financialization happened. The *Elites* realized that funny money stock market games, were much more profitable than jocking the middle class for their surplus value. In other words the *Elites* realized they didn't need a middle class to make money anymore, which is to say they didn't need a middle class. If they didn't need a middle class then they certainly didn't need a university system whose function it was to create a middle class.

2013 was the beginning of the cultural revolution known as The Great Awakening characterized by Affluent White Female Liberals aka AWFLs shifting to the left of black women on social issues. The Elite tricked the AWFLs into believing middle class white men were the Elite and should be harrassed endlessly. Occupy Wallstreet stopped thinking about Wallstreet and instead focused on trannies and BLM. This took the heat off the real Elite and gave them room to play their

Financialization games in peace. In short universities went from graduating capable middle class workers to producing debt slaves, Anti Elite blue haired diversity specialists and false rape accusations. The effect of all of this on the sexual marketplace is obvious to everyone but the autists of askTRP.

As the contradictions of the system intensify in 2020 the ire of the Anti Elite must be kept firmly on the Masses and not on the Elite who created the situation. Tearing down Confederate monuments, renaming military bases, making police LGBT+ friendly, and ending “systematic racism” are all symbolic gestures which maintain the status quo, make people feel important but ultimately change nothing. These protests are fully supported by the political establishment, the Deep State, Silicon Valley, and Tranny Corporatism. Just as the Jeffrey Epstein Netflix documentary was meant to give people closure without disclosing his involvement with an intelligence service that rhymes with the word *applaud*, these BLM protests fulfill a similar need: these are the pre-approved anti-elite protests explicitly created so that nothing will change and everything will remain the same.

This brings me to my final point. Something like the Red Pill can not be allowed to exist. Billions of dollars are spent to construct the media smokescreen that I just pulled you out of in a few humerus paragraphs. You really think Reddit is going to allow me and my team to use a bunch of under-sexed nerd virgins as child as soldiers in a culture war they can't understand like it's 2015? No. RedditCorp needs to purge this site of wrongthink long before stumbling Biden steps on stage and anyone says anything about it. If Reddit wants DNC checks, it has timetables, targets, and expectations to meet. The way forward is through forming a secret group of men who can help to redirect the political energy and flow of history toward its own ends. We have to learn how to avoid the censors as if we were living in the 1930s Soviet Union. The future has been canceled, and any direct conflict against the system is going to fail. We have to move beyond our current situation and accelerate capital to its breaking point.

As Reddit executes it's ban wave this is the final opportunity to enroll in my fitness and philosophy coaching here on Red Pill. I've mentored thousands of men through fitness and philosophy coaching, here are a few of their [experiences in their own words](#). You can contact me through that link or shoot me a PM if interested.

If you want to stay in touch with me, [fill out this short form](#) (for my eyes only) and I'll hit you up with more information soon.

Three Sexy Sex Secrets Every Alpha Must Try

130 upvotes | August 17, 2020 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

The Red Pill is a discussion of sexual strategy in a culture increasingly lacking a positive identity for men. But have you ever noticed that while the Red Pill provides a plethora of sexual strategies for getting women into bed, it doesn't have any strategies for when they are in bed? This is a blind spot desperately begging to get filled. Which is why today GayLubeOil is going to fill it. Obviously the percentage of men here who have real sex with actual human females and can actually benefit from this post is low. Believe me I get that. This post is like Republican tax cuts, it favors the top 1%. However rather than getting mad at me for writing advice you will not be able to apply, be mad at yourself for being an unfuckable beta male who can't apply it. That's actually the first step to not being a beta male. It's called the anger phase, look it up.

Coom in Her Zoom: There are three types of men in this world. Normal Men who have sex with hot fertile college girls. Absolute degenerates who waste their precious creamy loads in the barren loins of dried up old grannies aka MILFs, and you who cums predominantly in his right hand but sometimes left. Now on the off chance that you are sexually involved with a college woman you know that she wastes an inordinate amount of time sitting in Zoom calls while diddling her smartphone out of view. Kindly take her cellphone out of her hand and replace it with your penis. There's a hundred people on that call, so someone spotting the swicheroo would be like finding Waldo on their first time.

Put a book up near the camera so it looks like she's studying really hard and so you can obscure the transition of her body position. Next you're going to need to reposition her hips so that they're out of view while she leans her elbows on the desk. Be sure to waive to everyone else on the call, but not too obviously, since some teachers aren't okay with someone else sitting in on the call if they aren't in the class. You know what cums next. *Coom in her Zoom!* Wham, bam, thank you ma'am. After the fluid exchange is complete, disappear faster than Kenyan economist and notorious Cooter Looter: Barack Obama Sr.

The Reverse Blowjob: All right rational males, this one is a bit complicated so I'm going to have to ask you guys to take a deep breath and examine the facts, slowly one at a time. Sucking dick and being gay are synonymous. If a person sucks dick they are gay and if a person is gay they suck dick. Pretty simple right? Ok. Next people who stare at gays while sexually aroused are also gay. Ok. But here is a conundrum. Given the facts, how do you get a blowjob without being gay? Sounds impossible right? Wrong. Here's a secret [/u/itiswr1tten](#) taught me while we were flying on a private jet to Africa spreading WuhanFlu2, the updated version of the nonleathal KungFlu.

If you don't want to be gay. You gotta opt for the Reverse Blowjob. Walk into the kitchen (where women belong), assume the Superman power pose and confidently yell "Ay yo bitch hope you're hungry cuz I got you a hot dog chicken nugget sandwich." Then perform a 180° spin jump and immediately upon landing pull down your cargo shorts, and hike your penis and testicles behind you while squatting like a linebacker. After the elegant gymnastics are over yell "I got you a treat bon appetit!" Women like french because it's romantic. This is the only sexual strategy that prevents you from making eye contact with the gay woman performing felacio. Unlike blowjobs which are gay, reverse blowjobs are straight because they are the reverse of gay.

The Halo Combat Evolved: People always tell you to never abandon your childhood dreams. But when was the last time you sat down and even remembered your childhood dreams? Can you even

recall what they were? Or were your hopes and aspirations slowly replaced, pushed out by a steady monotonous hum of office work, spreadsheets and performance reviews? Luckily for you GayLubeOil is here to slap you awake from Corporate Corpse World of Blue Pill conditioning and reawaken your long dormant youthful virility.

So what even were your childhood dreams? You don't have to answer because I already know.

Teabagging. You spent your childhood playing Halo, Call Of Duty, Team Fortress and Counter Strike while yelling racial slurs into a headset in a shrill prepubescent voice. But did you ever follow through on your dreams of teabagging in RL? No. Let's change that.

Just like in Halo, you gotta wait till she's in a vulnerable condition, preferably on her back after a long day of making TikToks for the Communist Party of China . Go over, take a knee for Black Lives Matter, and fit your smooth sack into her Starbucks Frapachino basic bitch mouth hole. Then pull 'em out before dropping them back in like a teabag. Repeat for desired effect. This is a dangerous place for your boys to be in, so be sure that she's awake and you never break eye contact. You're the Master Chief, make sure she understands this.

So what is the thesis of this post? Is it about sexually denigrating women by feeding them hot dog chicken nugget sandwiches and teabagging them like FPS noobs? Is this a roundabout attack on the university system which teaches women nothing of value and wastes their most fertile productive years? Yes but it's far more complicated than that. When supreme Alpha Genius GayLubeOil was writing this post he knew that he could piss off all of the stoic behavior guide spergs that just want an employee manual on how to get laid.

This post is a diagnostic. If a bro humor sex guide posted to a men's sexual strategy community upsets you it's because you're an uptight introverted Eliot Roger autistic. The easiest way to out introverts is to write ultra extroverted. You're the problem. Women won't fuck you because not only are you not funny. You are anti-funny and anti-sex. Humor and sexual language upset you. You will never get laid because you are anti sex. Now get in my comments, tell me how mad you are and prove me right.

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Testing

1 upvotes | September 2, 2020 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

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Fourth Generational Warfare: How Women Are Being Weaponized Against You And What You Can Do About It

307 upvotes | September 18, 2020 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

The sexual marketplace is currently in the midst of the largest transition since the launch of Tinder in 2012, and absolutely nobody here is talking about it. Why? Because as of today in 2020 the Red Pill is filled with autists. Autism is characterized by difficulty understanding social context and communication and by restricted or repetitive patterns of thought and behavior. Autists want to autistically repeat clichés ad nauseam, in an effort to convince themselves and everyone around them, that they get *it*. Unfortunately, *it* is rapidly changing, and what worked in 2005 and 2010 is not what works today. It's in everyone's best interest that we the Red Pill stop pretending that nothing has changed since the Red Pill's founding, so we can provide useful up-to-date advice and get our nerd-virgins laid, which let's be honest is harder than ever before.

Back in 2012 when the Red Pill first got started things weren't good or normal but sexually speaking they were better than they are now. Back in the day, all you had to do to get laid was take a picture of your abs in a dirty gym mirror and right swipe all the girls with low self-esteem, which was all of them. It was as easy as shooting father-less fish in a barrel. Back before [Netflix](#) was synonymous with pedophilia you could use the low effort line: Netflix and Chill. Or you could just say something wild like: Ay girl call me Rambo cuz I'ma be in your Vietnamese tunnel. Órale puta, cruise on over and slurp my horchata. Or you could drop a real bomb like: I can make your black life matter. Women were way less on edge about political correctness and if they got buttmad, you could just remind them of who was in charge of the country. Girl calm your tits, the president is black and the first lady is a tranny. What more do you want anyway? Then she would agree with you and drive over to gargle your man-batter. Those were the good old days.

To understand the glacial shift that took place in the sexual marketplace we first need to get to the root political cause. Unfortunately, this presents a stumbling block for the Coomers Zoomers and Boomers here who are too shortsighted to navigate the *is-ought distinction* and insist that's sexual strategy isn't political/ideological. While I agree that sexual strategy *ought* not to be political and pre-2010 it wasn't to a meaningful degree. In 2020 sexual strategy *is* political, in the same way football is now political and preventing arsonists from burning your property is now political. Feminists have been saying "The Personal is Political" since the 1970s however back then the middle class had better things to do than to listen to chunklers, wierdos and scolds. Fast forward to 2010 when the widespread adoption of the smartphone created a direct propaganda pipeline straight into women's malleable impressionable minds.

By 2020 years of non-stop misinformation and psychological warfare have eroded the conventions of modern man and twisted reality into such hideous shapes that the face of truth can no longer be discerned by most. Reality has been promoted to the rank of imposter and replaced by hyperreality. It's an aberration rampaging through the byways of people's minds and directing them on a collision course with mass delusion and insanity, creating a resonance loop that negates any negative feedback. The only things that remain tenable are base feelings and the instant gratification of intoxication. This process creates a schizophrenic who lives to consume new products and identities, and quickly discards old products and old identities.

The weaponization of NPCs for political ends via propaganda is a well-documented tactic known as Fourth Generational Warfare. Notable examples include Libya, Syria, Ukraine, Belarus, and what's currently happening right in America culminating sometime in January. The reason why this concerns us here at the Red Pill is that the same tactics are used by the media and education systems to weaponize women against men. Females are the perfect target for psyops because females never really grow into adults, they just grow tits. **Effectively there are two kinds of shit tests: organic shit tests, which are a normal part of intersexual dynamics and inorganic shit tests which are ideas implanted into a woman's childlike susceptible brain to create conflict and division in order to destabilize a relationship.** Notable examples include Murder Porn for housewives, Divorce Porn, Gender Wage Gap, Affirmative Consent, ¼ women were raped, MeToo, Pussy Hat marches, BLM black square posting. Women are conditioned by ideological state apparatuses to pull the rug out from under their husbands and sons so that they will be too weak to challenge the establishment. This brings me to my conclusion.

Conservative moralizing does nothing to stop the psychological warfare being waged against Western civilization, and only serves to make it more effective. Conforming to the values of a degenerate society will only make you a slow predictable target. The only viable solution to a psyop is running your own counter psyop. If you are a dull Devin or boring Brad, the women in your life will be psyop-ed out from under you in your own domestic version of a color revolution. George Soros will mind warp the women in your life and will be inflicting cock and ball torture by proxy. If you don't want George Soros playing with your cock and balls via a Smartphone-addled NPC, you need to be able to set the narrative in your own household.

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How To Throw An Underground Halloween Rager

135 upvotes | October 28, 2020 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

In her courageous and brilliant 2017 book entitled: *Be Vigilant But Not Afraid*, my hero and personal role model Michelle Obama once wrote "Those who want to live, let them fight, and those who do not want to fight in this world of eternal struggle do not deserve to live." This got me thinking, what does it mean to truly be alive in the current year? What if we are only truly living when we commit ourselves to a task with an absolute intensity that puts us beyond mere life? What if a focus on mere survival, avoiding social gatherings and wearing a cuck muzzle even while alone in a car, turns life into an abstract anemic process not worth living? What if the ultimate aim of the obsessive-compulsive beta male, with his endless rules and rituals is to prevent real life from actually happening? What if the beta male's aversion to risk and fear of taking sides ensures that he will die never having lived a life at all? I know what Michelle Obama would say in this situation: Be Vigilant But Not Afraid! Which is why you personally owe it to Michelle Obama to transform your home into "The Bone Zone" and bust your nut into a Sexy Ninja whose name you will never know.

Before we get started there are three prerequisites you the humble reader must satisfy before having the honor and privilege of casting your eyes upon the great collaborative work of GayLubeOil and Itiswr1tten. 1) You are interested in *sexual* strategy and not crying into your hands and subsequently tugging on your penis as it bathes in your salty tears, which is an *asexual* strategy. 2) You have the will to organize a party and the desire to lead. 3) You are not an antisocial Reddit wizard and have enough friends and acquaintances for the aforementioned to be possible. With that disclaimer out of the way, here are the 3 key elements to throwing a proper rager. But first some context.

The Sluttiest Day of the Year

Halloween is *the* slut holiday. Period, full stop. Halloween is the last social gathering before No Nut November, a cold unpleasant sex-scarce month where you are forced to drive 200 miles in the rain, eat dry turkey and listen to your aunt talk about her hip replacement. Unlike Thanksgiving where you must inhibit your desire to discuss a revitalized Pagan Mitteleuropa, Halloween is an uninhibited pagan holiday liberated from Judeo-Christian superego injunction. In other words, it's your last chance to go balls to the wall retarded at least until spring break.

Costumes permit anyone, but especially women, to play a character. Halloween is the sluttiest day of the year as social judgement, the primary female professional sport is temporarily canceled. Women can spread their legs in peace knowing that the only consequence will be a \$50 CVS Plan B charge and not the scornful gaze of their friends. For this one night, everybody is allowed to pretend to be anyone they wish for the evening. This engenders a childish notion to the whole event - candy is allowed, alcohol flows freely, and social norms simply aren't on anyone's mind.

The 3 Elements

On to the practical.

1) The guest list is the first most important element of the party. Depending on how large your apartment/house is, you'll probably want to cap it at 20-25 people. Any more and the party becomes difficult to control. The ideal ratio is about 60% female to 40% male. If you have too many guys, it becomes a sausage fest and it's hard to get laid. If there are too many women (and not enough attractive guys), then the girls will lose heart and leave early. Out of the 8 or 9 guys going to your

party 2-3 of them need to be "face guys" aka extroverts who can hold a conversation and keep the rest of the party engaged. Without an adequate amount of face guys, the party will devolve into discussion of nerd shit, sad girl empathy time or people standing around awkwardly.

Not necessarily but highly recommended is the invitation of Turbo Slut, Super Spreader or "Brand Girl" to your party. This girl is fun, uninhibited and on a long enough time scale a social pariah. I could write an entire article on Turbo Sluts but the big takeaway here is you need this girl to initiate the Cardi B Wet Ass Pussy dance, get the other girls to join in and take all of the blame so nobody feels judged. The Turbo Slut is basically ratchet Thot Jesus that dies socially for other girls' sins.

2) The second element is energy. The first REAL 30 minutes of the party are crucial as they determine whether people will stay or hypergamy to another social event. Chaotic energy must be maintained. Regardless of your planned start, the first "REAL" 30 minutes happens about an hour after your official start time. On time is early in party vernacular. You should insist upon and count on your homies and their girlfriends to show up early. This base is your glue. However, within an hour of your start time (unless you have a particularly Hispanic guest list) is when the party itself materializes. Is there a "vibe" established by music and is there enough social interaction to keep everyone engaged?

Are unfamiliar people getting familiar? Unless there is a "yes" to both, consider your party dead. Hold yourself responsible for answering the door and getting people introduced in that first hour - it is the make or break. Human beings inherently gel into groups, those groups get goofy ideas, those ideas flourish into a happening. As the host, your job is to encourage and give permission for this chaos to occur. Now, this doesn't mean let drunks throw your couch off the balcony, but it DOES mean that rowdiness given permission often morphs into a good time. Steer the chaos as you see fit, but never stifle it.

3) The final element is logistics. Do you have enough food booze and perhaps drugs to satisfy 150% of your guest list? A beer run is the death of funksies. No one already at highway speed wants to pull off to the side of the road. Be prepared.

It is vital that you have set games and activities for the party. There should be a common drink that reflects the party's theme. Witches' Brew is a good choice—use a base liquor, cheap beer along with food coloring and country time lemonade powder. It should be tasty and hide the tremendous amount of alcohol within. This shit will get everyone wasted so make sure tape down cardboard and trash bags on your floor.

After enough people have arrived, try pulling out my old favorite, Shotsweeper. You make a grid covered in shot glasses. One or two shots hold Everclear, some have vodka, others have Malibu rum, and the rest have triple sec. The distance from the Everclear "Bombs" determines the strength of the shot. King's Cup or Circle of Death should come next. You can find these instructions easily on the internet. In the center of the cards should be a shot with some sort of liquor and a weird ingredient, like mustard or hot sauce.

Last but not least is the issue of drugs. Drugs are a cheat code that make your party more fun and your guest list more interesting. A decade ago, Four Loko and Lean, a beverage comprised of codeine cough syrup, soda, and hard candy, were a staple. These ancient demons can be resurrected if you have a mortar and pestle and some Bronkaid. I'm not saying you should go down this road I'm just saying it's hypothetically possible in Minecraft.

A word of caution! Keep small competitive women who say dumb shit like "I can keep up with the

boys," the fuck away from hard drugs so nobody has to explain anything to paramedics or get their stomach pumped.

In conclusion, follow the steps above, and don't forget that removal of consequences = fun and slutty behavior. This Halloween has the potential to be crazier than Hunter Biden's Laptop since all the clubs are closed and you have a monopoly on fun. Do not squander this very special day, the way you squander your semen on your keyboard. Capitalize on people's thirst for social interaction, so you can crown yourself A Dark Triad Party Alpha.

As big tech executes its ban wave this is final opportunity to enroll in my fitness and philosophy coaching here on Red Pill. I've mentored thousands of men through fitness and philosophy coaching, here are a few of their experiences in their own words. You can contact me through that link or shoot me a PM if interested.

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Destroy Your Dick December

118 upvotes | November 7, 2020 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

A lot has been written on the topic of No Nut November by the Red Pill and Manosphere as a whole. However, up until now no one has written on the topic of Destroy Your Dick December. Now I know what your thinking. You're thinking, Gaylubeoil, You little jokester, Is this one of your silly troll posts? Ha ha! Is this one of your silly jokes? Common let's be serious. The Red Pill is about self improvement. Write about that please. So I can self improve.

And to that I say: Go Fuck Yourself. And I know you will. Because as soon as No Nut November ends your gonna march right into Destroy Your Dick December. In fact No Nut November logically signifies the existence of Destroy Your Dick December. They're like peanut butter and man jelly. Dudes aren't vowing to give up masturbation forever. No! They're saying they're gonna give it up for a month. And at the conclusion of that month their obviously gonna masturbate heavily and Destroy their Dick December.

So basically No Nut November is a giant foreplay month that the manosphere plays with itself and other men. It does this by denying the existence of Destroy Your Dick December, to maintain a veneer of respectability. But in reality if we're really honest with ourselves the whole point of the endeavor is Destroy Your Dick December.

At this point your thinking ha ha neat observation there Gaylubeoil. But what's the point of this? The point of this is that you and most of the manboys here are such degenerate ADHD sacks of shit, that the only way y'all can be taught a new concept is through elaborate masturbation and sodomy metaphores. That's all the dudes here know or understand.

Alright so now that I got you hooked with all of this hilarious pee pee poopie talk I can deliver my brilliant philosophical lesson, before you inevitably get distracted by an internet butt. All communication is comprised of Manifest and Latent content. Manifest is that which is said. Latent is not said, often denied but exists as a logical consequence of the first. Manifest content exists to hide traumatic latent content.

So for example, a while ago there was a post titled: Women Are Wolves In Sheep's Clothing. The latent content is that the author is a sheep. Because logically who else would care about wolves in sheep's clothing? Wolves don't care about wolves in sheep's clothing. They'd probably find the crossdressing wolf hilarious or disgusting. So the guy who wrote Women Are Wolves in Sheep's Clothing subconsciously thinks of himself as a Sheep-Man. That's why he wrote the post. He wanted to reassure himself of his masculinity because he felt like a sheep.

According to Freud's most famous book The Interpretation of Dreams, the purpose of every dream is to keep the sleeper asleep. Sounds simple right? Well in Freud's native German the word dream, can be translated as fantasy desire or wish. Dreams allow people to experience an uncomfortable reality, do nothing and continue the status quo like our Sheep-Man.

In other words uncertainty begets fiction. People hide from difficult Red Pill Truths via Blue Pill fiction. The Department of Defense commissions Hollywood to make war propaganda so that war can be normalized and continue indefinitely. Sheep-men write sheepish treatises to reassure other sheep men. Masturbators wax poetically about No Nut November while counting down the days to Destroy Your Dick December.

Truth can be used to create a lie. By getting you to focus on No Nut November you can be Distracted from Destroy Your Dick December. If you want to play this Red Pill game you have to learn how to find the glitches in the Matrix. You need to learn to find latent content hidden within official narrative manifest content.

Or not. Be an NPC. Do what everyone else does. Listen to your teachers. Don't ask complicated questions. Don't point out contradictions. Hold out until December. Find yourself some nasty porno and Destroy That Dick.

If you are interested in Sexual Strategy informed by high level theory instead of bitter Nerd Virgins check out my brand new Youtube Channel

If you are a discerning man of taste interested in a buffet of Red Pills you are cordially invited to join my Telegram Ascetus

Break Up With Your Country

553 upvotes | November 24, 2020 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

I'm going to let you in on a little secret. Most of you know this at an innate level. Some of you have a suspicion. Some are deluded bloopies and will never figure it out, even when you have your face rubbed into it. **Your country hates you and it's time for you to leave.**

Let's break down that last statement piece by piece, so there is absolutely zero ambiguity. *Your Country* which is to say the United States, United Kingdom, Canada and Australia. *Hates*, does everything in its power to make your life worse. *You*, the primary demographic of the red pill is Caucasian at 60% followed by Asians and Indians at 15% percent respectively.

At every important stage of your life the policies of the government, as well as the cultural institutions of the media and (un)education system have actively intervened to make your life worse. These people spend billions of dollars a year actively making your life worse and thinking of new ways to make it even worse than before. They have special programs dedicated to teaching women to be unattractive shrews, creating a shortage of women and a more competitive sexual market. They print money to devalue the money you already made. They have special programs designed to fuck you out of a job or promotion in favor of people who are far less qualified and capable. Public spaces are deliberately desecrated with ugliness making them unpleasant and depressing to be in. Your government goes out of its way to import people from countries where "being an edgelord" means stabbing people in a blood feud and not internet trolling.

The point is that you live in a place that's designed by people who openly hate you, which is to say a prison. You live in an open-air prison and you read the Red Pill in a desperate attempt to find prison coping strategies aka "Enjoy The Decline". Your parents and grandparents didn't have to do any of this because they lived easier lives in their 20s than you do right now, which is why they don't understand any of it.

Let's take a step back. Have you ever noticed all of the motivational posts on the Red Pill? That's basically the only thing written here anymore. Why? Because people under government mandated house arrest need to be persuaded not to rub false happiness out of their penises or kill themselves outright. Stoicism is really popular right now, just as it was during the fall of the Roman Empire when barbarians were looting and raping with a careless abandon. Happy people living in healthy societies don't need to read motivational articles multiple times a week.

Or maybe we should go a bit further and ask a more fundamental question: Why is there demand for sexual strategy in first world countries in the current year? Your ancestors didn't need to read tomes of alpha male strategies, and the second and third world seem to be getting along just fine without them. Are you one of the rare non-retards here, capable of thinking past his own penis and contemplating the bigger picture?

This is the American party scene in the 80's and this is more or less what you can expect today. Healthy societies produce attractive women. Today the United States is no longer healthy which is why it produces fats, goblins and genderless entities while forcing you to subsidize the university degradation department with your engineering degree. If there wasn't a chronic shortage of sexually viable women there would be no need for sexual strategy, and you could "just be yourself" like your grandfather did. Problem solved.

What's fascinating is that the Red Pill is fond of the phrase "Sexual Marketplace," yet for some strange reason is completely ignorant of the laws of supply and demand as applied to sex. Specifically, the sexual demand for men is decreasing because the supply of women who are obese and drink down their SSRIs with box wine is increasing. Thanks government and big business! GayLubeOil must be a divinely inspired Hyperborean Ultra Genius for being the first person in the history of The Red Pill to apply Arbitrage to the sexual marketplace. What I'm telling you in the clearest, simplest language I can muster is: Put down your favorite book: Jorgen Coperson's 12 Rules of Coping in Copenhagen and use all of your time to figure out how to get location independent income and a residency permit, so you can live in a place that makes you happy and still has fertile women. If you want to improve your life you have to make some big changes, and leaving your country is one of the biggest ones you can make.

Now don't get me wrong, I'm fully aware that my comments are going to be filled by crying Untermenschen upset that I waterboarded them with concentrated Red Pills. Your tears fill me with joy. I've already left the degenerate shithheap that is the West. My quality of living is through the roof. My cost of living is 1/3 of what it was previously. I don't wear a stupid mask and I'm not in a lockdown. The women are hotter. The gyms are open. The food is better. I know my advice is good because I'm living it right now. Oh and I'm also pulling out my programmer and analysts because I can't have them sharing a FEMA camp cell with you in 5 years.

This brings me to my riveting conclusion. Obviously 90% of the Red Pill community are slaves who never want to get off the plantation. On some self-flagellatory level, we need to realize that some people are actually enjoying these insane restrictions as they have a leveling effect. Women and feminized men are particularly prone to hysteria, and feel a rush of satisfaction from being controlled by someone else. **My point is simple: get the fuck out while you still can.** Or don't listen to me and waste your youth in a bleak 1984 no fun allowed hellscape jerking yourself off in front of a monitor alternating between Riley Reid and David Goggins. This is all slavery training for the new glorious era of post-capitalist humanism, where you will live in a tiny room in a high-rise building, with a computer chip in your hand that your weekly allowance of credits is transferred to. Enjoy the Decline.

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How A Real Alpha Buys Christmas Presents □

19 upvotes | December 25, 2020 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

You homos probably already bought a bunch of gay presents for your wife's son, but here's how you would have done it if you were an alpha like me:

Knee Pads. Every Christmas I always buy knee pads for my main girlfriend, my side bitch, my mistress, your mom, etc

At least five pairs of knee pads. Every year it gets more expensive, but it's the least I could do for all of the women in my life who spend time on their knees sucking, fucking, doggy-styling and cleaning my house.

You probably don't think giving Christmas gifts is alpha. In fact you probably prefer receiving... with your ass. Today I'm going to teach y'all queers how a real alpha gives gifts.

Being an alpha is about giving what you want, not what they want. I live by a code. Like that time I gave a college freshman my Boston clam chowder, one drunk man's trash is another man's lukewarm, half eaten meal. Come the holidays, I'm always in the spirit of giving. Especially loads.

She didn't want my baby gravy. I told her, relax babe, I'm gonna pull out. But I didn't. Because a real alpha isn't afraid to change the game plan. Life throws obstacles at you: LMR, children out of wedlock, warrants for your arrest, that's just part of being alpha, bro. There's a lesson in there fellas. Write it down. Thank me later.

Let's talk Menthol Cough Drops. Personally, I just go to Costco and buy a crate. Why? Because I care about women. This is the season of giving.

Imagine having 9 Incher power slamming into your larynx for 30 minutes. Huh? Half you queers don't even have to strain your imagination. You're gonna need a cough drop or two. Maybe some orange tic tacs, get the smell of loads out of your mouth when my mother comes over. It's disrespectful.

You got some special ladies in your life? Be a gentleman and offer them a handful after she does her due diligence on the ol meathammer, if you catch my drift. It's quite literally the least you could do.

Bedsheets: Ok, this is a big ticket item here, I'm not gonna lie. You can't make a habit of splurging left and right spending \$45 money you don't have, I get it. But hear me out.

If you've got a special lady in your life, you buy her some bedsheets. Why? Cause we've all been there. A romantic evening, you're feeling experimental. You half ass some line about how you're only 2/3 of the way there from your relationship being fully consummated. Sweetheart, you're the goods, I love your beautiful soft eyes, the way you knit sweaters, the way you're capable of utilizing Microsoft Excel. I don't want anything left unsaid between us.

A One, a two, you stick it in the poo. Whoops, you pull out too fast. Ok accidents happen. She's gonna need new bed sheets.

I'll I'm saying is when you find yourself in this situation, don't be pointing stinky fingers assigning blame. You got your peanut butter in my chocolate, what gives? Look, we're all adults here, hopefully. Just hose her down and take her to bed bath and beyond. When she asks why you put more lube in the cart, you say "beyond". It's thoughtful. Women appreciate that.

Ok I know I just spent the majority of my article talking about what to buy women this Christmas. I

didn't talk about what you buy the fellas and you's probaby thinking I'm some kind of Feminism. But look fellas, we hang out all year. You never once complimented me on the dimple on my chin, my long lashes, and my manicured brow. Now all of a sudden when the holidays rolls around, I gotta go to the Apple store and buy you another hardcore porn e reader.

But don't sweat it. I did get you a Christmas present. It's this article . Not only did I give you the ultimate gift: the opportunity to fantasize about being an Alpha male, and let's face it that's why you are here in the first place. Now you don't have to wonder why your mom always leaves the house wearing knee pads ☐. Did you really believe her when she told you she was going skateboarding?

I've created a public [Telegram channel](#), an uncensorable fortress, for my spiciest content I can't post on Reddit.

We Need To Ban Bitcoin Because It Reinforces Patriarchy As Women's Brains Are Too Small To Ever Figure It Out

16 upvotes | December 31, 2020 | /r/PurplePillDebate | [Link](#) | [Reddit Link](#)

Let's get right to the point. The United States has been printing dollars like Zimbabwe. They straight up don't give a fuck anymore. The mighty green dollar is falling faster than a grandmother in a life alert commercial.

So obviously all of the big dick Alphas myself included have been diversifying so that uncle Sam can't steal our green gains via his printing press.

But our women buying Bitcoin? No. 99% percent of people who own Bitcoin are men. Real men with cocks and balls. Not whatever bullshit SJW definition y'all use around here. I'm talking about penis men.

So why haven't women bought Bitcoin? Because women are incapable of ever comprehending Bitcoin due to their biologically smaller brains. That's a biofact right there.

Therefore as feminists:

We Need To Ban Bitcoin Because It Reinforces Patriarchy As Women are Too Stupid To Figure Out How To Use It.

We should also ban cement, airplanes and most hard sciences.

My point is that truly radical feminism is virtually indistinguishable from Ted Kaczynski's Anarcho Primitivism Industrial Society and It's Future.

If you disagree please explain why women aren't buying Bitcoin. Anyone who can't obviously has a small brain. □

Slave Morality and Herd Morality: The Two Mental Flaws Holding Beta Males Back From Gaining Muscle

461 upvotes | January 4, 2021 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Let's cut right to the point. Everyone here knows why beta males can't get laid. Their spineless groveling has them failing Shit Tests harder than Jerome failing Algebra II. This is Red Pill 101. Everyone here also understands why beta males fail at business. Nobody feels good about promoting a tepid coward into a position of leadership. Risk is by definition not something beta males do well with, which precludes them from entrepreneurship. All of this has been covered in depth and at length by the esteemed scholars of the prestigious publication we call The Red Pill.

Today alpha genius supreme GayLubeOil shalt pioneer a topic that has yet to be discussed by The Red Pill, bodybuilding forums or muscle magazines: Why It's Impossible for Betas to Get Jacked. Now at first this may seem counterintuitive. Bodybuilding is a relatively asocial activity that consists of lifting weights, stuffing dry chicken breast down your face, sending Bitcoin to Moldova and sleeping a lot. You would assume that a beta male would be able to consistently accomplish these relatively asocial tasks and that his handicap would not be a factor. But that's where you would be wrong. Years of bulking up beta males into muscle bros has taught me that, while eating dry chicken breast is an asocial activity, getting your girlfriend/wife/boss/co-workers/friends to fuck off so you can eat 5 meals a day requires a level of assertiveness most betas don't have. We live in a contingent life world that won't let its beta males have anything nice or rise in social status without a fight.

In order to dig deeper into the details of beta male self-sabotage we need to understand the beta male mindset. The two psychological tendencies that define beta males are “feelings of inferiority” and “oversocialization”. Feelings of inferiority are characteristic of beta males as a whole, while oversocialization is characteristic only of a certain segment of the beta male population.

Beta males define themselves via their feelings of inferiority, low self-esteem, powerlessness, depressive tendencies, sickness, defeatism, guilt, self-hatred. Beta males love the idea that they are sick. They love being able to pretend they have a chronic illness or a mental disorder of some kind. Empathy Farming is their favorite sport as it gives a "get out of life free" pass, where they can wallow in their despair comfortably at no fault of their own, pretending to be a victim of circumstance. Head over to askTRP and see for yourself.

One of the principal challenges in getting a beta male to improve is their emotional investment in losing. Beta males love self-improvement books as they provide something new to try and fail at. The beta male is emotionally invested in not trying or half-ass trying in order to lose and thereby reaffirm his self-image. Beta males spend a lot of their time hating anything that is strong, good or successful. Beta male Slave Morality is built on resentment. The beta resents the Alpha and the system of values that the Alpha embodies—bravery, strength, and confidence. He then decides to adopt a system of morality that values weakness, kindness, and emotional sensitivity. Those who follow his new system are considered moral, just, and kind. Those who don't follow it are Shitlord Raysiss Chuds.

Because of these ego investments dragging a beta out of his self-deprecating cuck shack towards strength and success always produces a painful identity crisis. Losing is a core part of the beta male identity to the point that they don't know who they are without it. That's why askTRP has been and always will be swamped with "taking the Red Pill" identity crises. There's a famous Anti Red Pill

post written years ago called the Red Pill Will Kill You Inside. Look it up. Essentially, it's about a beta male having an existential crisis after being pulled out of his cuck shack and crying as he desperately crawls back in.

Now that we have a firm grasp of the beta male inferiority complex—aka Slave Morality—it's important that we understand the other piece of the puzzle: Oversocialization—aka Herd Morality. Socialization is the process by which media, school and parents teach children to think and act as society demands. A person is said to be well-socialized if he believes in and obeys the moral code of his society and fits in well as a functioning member. Since we live in a Neoliberal society where Big Capital is the arbiter of morality, good is defined as being a compliant wage consumer who makes his boss a lot of money, has a mortgage and doesn't think forbidden conspiracy theory thoughts.

The problem arises when the beta male has antisocial thoughts such as revenge for perceived slights, envy of the strong, and the desire for self-aggrandizement. His oversocialization prevents him from taking what he desires without paying heed to the moral order of the day. He must launder his desires through the hegemonic system of values. His Alpha coworker always seems to do well with the ladies and has a seemingly limitless supply of confidence, so the beta spreads a rumor among his coworkers that the Alpha made rude and sexist remarks about women. What is more, the beta believes that he has done the right thing by exposing a misogynous oppressor. This action appears radical to the beta, but in reality, it is completely in accordance with social norms. Direct conflict intimidates him, so he weasels his way through life in order to get what he wants. Another name for this creature is the Bugman. Actions from others that truly threaten the hegemonic system of values will be shot down by the beta male through his own feelings of inferiority and envy of the strong.

A beta male can't get jacked for the same reason they are unable to succeed at pretty much anything: Slave Morality. Progressive overload aka progressively challenging the body more with more sets/reps/volume/intensity is the most fundamental principle of bodybuilding. A beta male stricken by powerlessness, depressive tendencies, defeatism, guilt, isn't going to progressively lift more week after week. Instead, he'll show up to the gym, do the bare minimum and mope home. Unfortunately for the beta male, the body doesn't grow from the bare minimum, it only adapts at the limits of its capacity. Slave Morality beta males can't push limits which is why they can't gain muscle mass.

The beta male supplicating conformism aka Herd Morality is the other obstacle preventing him from putting on muscle mass. The world is filled with losers, Bloopies and NPCs who only feel comfortable when everyone else remains at their level. Bodybuilding is usually thought of as an individual activity. This is false. Bodybuilding is a revolt against the modern world that wants nothing more than to rob you of your gainz.

Why are your girlfriend and family always complaining about you going to the gym and eating your chicken and rice? Why does your teacher waste your time with endless busywork? Why did your governor close the gyms? Why does Customs and Border Enforcement prevent you from getting your medicine? The answer is that there is a Gainz Goblin Conspiracy. They don't want you to have 23-inch biceps, boulder shoulders or have the opportunity to do Rich Piana's 8-hour arm workout. Which is why if you are not a Herd Morality beta bitch you will do everything in your power to subvert the Gainz Goblin's evil plans.

This brings me to my riveting conclusion. If you want anything of value in this world be it muscular body, passive income or Filipino "girlfriend" utilized exclusively for jungle anal, you can't give in to self-doubt and you can't be afraid to push limits. If you want to live an extraordinary life you must

avoid the Slave Morality and Herd Morality traps created to prevent you from living your best life. The path of greatness may be long and arduous but I can guarantee that when your 75% Filipino 25% douchebag grandchildren open up their photo album and see how muscular their grandfather was, you will be grateful to yourself for listening to the wise scholars of the prestigious publication we call The Red Pill.

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Get Ready For Happenings To Start Happening

196 upvotes | January 7, 2021 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

At the beginning of 2020, two months ahead of lockdown. I wrote an article predicting the pandemic and its effects on the sexual marketplace. Immediately the NoFap Alfa Stoics of Autism came out in force complaining that my revelations were irrelevant and that we should instead regurgitate 2015 Red Pill Ad Infinitum. According to them the pandemic had nothing to do with the Red Pill or the sexual marketplace.

They were too short-sighted to see the implications of national lockdowns with mask mandates would have on the dating market. 17th century Puritan New England had a better dating scene than what we had in 2020. In all respects 2020 was an absolute disaster for the dating market and 2021 is going to be a lot worse.

Unless you've been locked in Vasily Zaitsev's sex dungeon for the past 24 hours, you've probably seen the [Patriots vs Stealers game](#) on TV. By game I mean the shitshow involving representatives of the United States government cowering from MAGA-tards and Q-Boomers storming the Capitol building like it was the Bastille. [Our out-of-touch lawmakers](#) hid as protesters dressed up in animal pelts took selfies of themselves and demanded that the election be overturned.

Make no mistake, this will be used as an excuse for draconian crackdowns on free speech, free assembly, and freedom of privacy. There will be a Chinese style social credit system, censorship and all sorts of other nonsense. Expect a new Patriot Act, this time focusing on "right-wing extremism," which is basically anything to the right of Cuckservative Jeb Bush. The deep state has been looking for an excuse to do this for a long time, and has an extensive collection of [documents laying the groundwork](#).

A lot of things are uncertain including the future of the Red Pill. Which is why I had to rush out this article. As of today the United States is in the beginning of a Great Reset Post Human Capitalism Death Spiral. Every year will be worse than the last. Unless you consider fucking your own hands sex there won't be a sexual marketplace, which is why you need to leave right now and go to a place where there will be.

Here's what you need to do today if you don't wish to live in [a dystopian grey state](#).

- Renew Your Passport and prepare to find [new domicile](#)
- Establish Location Independent Income
- Find alternatives to Big Tech

Right now there are the Red Pill Reddit alternatives. The Ascetus [Telegram channel](#), Busansalt's Discord and TRP.red. You should figure out which community suits your tastes and enroll today before this place is deleted.

Godspeed.

Amen and Awomen

Stop Put Condiments On Your Shit Sandwich Of A Life

6 upvotes | February 15, 2021 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

[removed]

Stop Putting Condiments on your Shit Sandwich of a Life

414 upvotes | February 16, 2021 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Imagine for a minute that rather than living in a roach filled apartment, semen-soaked couch or cousin's basement, you lived in an unattached house single family home in the suburbs. Now imagine that in front of your house, there was a big beautiful apple tree. I know that in front of your actual house there are piss soaked bums sharing needles, injecting heroin into each other's veins. Believe me I get that it's not 1950 anymore, it's 2021. Just imagine for a second that everything was normal and that Oscar the heroin bum was an apple tree.

Imagine this apple tree was a big happy apple tree and was planted in the best soil, got lots of sunlight and the right amount of water. What would happen? Well, the apple tree would grow big and tall and produce lots and lots of apples. But what would happen if the apple tree produced too many apples? What if there were so many apples that you couldn't gather all of them? What if rats started coming to eat the apples and your beautiful house now had a rat problem because of your beautiful hyper productive apple tree? What would you do in this hypothetical situation?

Well I can tell you what the Rockefellers did. The apple tree economy produced too many apples aka resources. These surplus resources created a surplus population aka rats. These rats started invading the elites' house aka populism. So now the elites are imposing lockdowns aka cutting off branches from the apple tree economy to starve the rat population down to a manageable size. So, if you want to know why Oscar the piss-soaked bum is outside your house shooting heroin, that's why.

Fundamentally there is only one Red Pill and that Red Pill is economics. If you want to figure out what is really happening all you have to do is follow the money. The more money available for mortgage debt, the higher the cost of housing the fewer men are financially eligible to start families and the longer both men and women sit in dating limbo. The more student debt the more time sexually viable women have to spend servicing their debt payments and the less time available they have available for servicing men's penises. It's pretty straight forward and if you don't like the current anti-male and anti-sex incentive structure you should move to a different economy ruled by different banks creating different incentives. Anyone saying "all women are like that" is an economically illiterate loser who too stupid to imagine a microeconomic climate than the one he's currently living in. Small picture thinking is by definition a blue pill.

I fully understand that a 20-year-old doesn't want to read an economics book after his first breakup. He wants to read about how women are all bad evil whores. But you gotta ask yourself, if it was 50 years prior and you had a house, car and stable job, would she have broken up with you? Well, your grandparents stayed together forever so the answer is probably no. So instead of angry-tugging yourself about evil hypergamy and how bad women are, we should talk about the transition from Industrial Capitalism to Financial Capitalism which created greater wealth inequality decreasing the percentage of men eligible to start families. If this is all news to you it's because you been wasting your time swallowing fake Manosphere Red Pills instead of real Red Pills that will actually change your life.

While Manosphere Motivational Morons may be experts at catering to the emotions of heartbroken teens and are handsomely rewarded with \$2 tips on YouTube for their efforts, they aren't handing out real Red Pills. In all of their inane blather they will never utter a word about the economic foundations of the situation. Why? Because fundamentally they are draft animals teaching you to be a

draft animal. Hard work, responsibility, purpose, penis-cleaning are all a waste of time when "grabblers" extract all of your wealth through rents, taxes, usury and fees. The harder you work the more value will be extracted. You're effectively running on a treadmill going nowhere and that's the entire point of the financial system: milking you until you die.

At its root, all Alpha behavior is a show of surplus. Big muscles imply that you have a surplus of time, work capacity, food and sleep to grow big muscles. Being healthy is a sign that you have enough money to spend on quality food. Having witty comebacks and game is a sign that you're not overworked or stressed and have enough excess mental capacity to waste on banter. You will never be alpha so long as the principal amount of your energy is being extracted from you. A sleep deprived, indebted overworked husk that shuffles back and forth from his 9 to 5 is very profitable and ideal for the grabblers, but suboptimal for the sexual marketplace. You will never achieve alpha surplus so long as you have the grabbler on your back. The only way for you to get out of your situation is to reduce the amount of value that is being extracted out of you, so you can invest it back into yourself.

In conclusion it doesn't matter how confident your voice is, how good your posture is, or if you accessorize your outfit with a nifty scarf the way MaleFashionAdvice told you to, *if* the Grabbers of Financial Capitalism have their claws in your pockets. At the end of the day all you're doing is putting condiments on your Shit Sandwich of a life. Maybe you've improved the taste of your shit sandwich but at the end of the day you're still eating shit. Anything that doesn't change the economic foundation of your life is a distraction and a cope. The only real path forward is to get out from under your debts, your landlord tax obligations, bullshit lockdowns and leave to a place that suits you financially. Go where you're treated best. Or don't listen and continue being a slave on the plantation performing neat Alfa tricks.

I've mentored thousands of men through fitness and philosophy coaching, here are a few of their experiences in their own words. You can contact me through that link or shoot me a PM if interested.

I've created a public Telegram channel, an uncensorable fortress, for my spiciest content I can't post on Reddit.

The Eternal Boomer

113 upvotes | March 29, 2021 | /r/TheRedPill | [Link](#) | [Reddit Link](#)



Everyone here already knows what a Boomer is. A Boomer is a moron and a dullard who blathers outdated inane platitudes in a desperate attempt to feel relevant in a world that has changed and left him behind. If it weren't for Boomers passing out BoomerPills from the back of their Oldsmobiles the Red Pill would not need to exist. If Boomers didn't spend all their time and energy plugging people in with "Just Be Yourself" we the Red Pill wouldn't have to spend so much time and energy unplugging them.

Despite most Red Pill Alphas' capacity to identify Boomers, few are aware, let alone prepared for the greater existential threat: Global Booming. What is the Global Booming? Well to start, unlike Global Warming, Rona, racism and the 2020 election, Global Booming is actually real. Global Booming is the slow process by which normal, happy, well-adjusted people are boomerfied into narrow-minded degenerate Boomers. If that last sentence doesn't scare you, it's because you're a Boomer and are no longer capable of processing or integrating new information. It may already be too late.

Luckily for you Red Pill Super Star GayLubeOil has commissioned a team of top-notch international Alpha (α) scientists to study this dangerous, crippling, and likely irreversible disease. In order to identify the etiology of Boomer behavior, actual wild Boomers were observed in their natural habitats, an unpleasant and harrowing experience. Innumerable hours were spent in the field, sampling Boomers in order to get statistically significant N and p values. Although countless anecdotes exist to paint a troublesome picture of the Boomer situation, this more objective and time-consuming route was chosen to satisfy the pedantic standards of the objective materialist gentlemen that comprise The Red Pill. A recent court injunction forbids us from speaking as to whether every scientist made it out alive, but let us finish by saying that great sacrifices had to be made in furtherance of our scientific endeavor.

Growing up, I saw the changes in demographics, economic problems, social decay, and other large problems that did not have a clear cause. I searched for answers to the question of why the quality of life in the West had declined so rapidly since the 1970s. It was at this time that I came to know The Boomer. He sat there in his living room, watching sportsball and drinking lite beer. He gave me advice such as "be sure to stand up straight and look the other person in the eyes when you speak to them" and "you should go into that business and ask for a job." As I began to argue with the Boomer, the better I came to know his dialectic. First, he counted on the stupidity of his adversary, and then, when this didn't work, he pretended not to understand. When I challenged his belief about the economy not having changed since the 1950s, he changed the subject in a hurry, quoted platitudes such as "personal responsibility" and "cleaning your room." If I continued with the previous argument, he immediately related to entirely different matters, and then, if again attacked, gave ground and pretended not to know exactly what I was talking about. Even when I was successful in showing him that his spoiled generation shit the bed for subsequent generations, the Boomer had not the slightest recollection of it the next day! He rattled off his same old nonsense as though nothing at all had happened, and, if indignantly challenged, affected amazement; he couldn't remember a thing,

except that he had proved the correctness of his assertions the previous day. As I encountered other Boomers, their arguments would follow the same pattern. Gradually I began to hate them.

As I began to understand the Boomer, I realized that it was not merely a generational phenomenon. No! For there are Boomers among the readers of The Red Pill. The Boomers alter their appearance when they leave their suburban haunts for the city. In plain language, Boomer dwellings are filthy and neglected. Their wealth was accumulated not via hard work but by the sheer providence of being born into a good economy. This has afforded them the luxury of a slothful existence and subsequently created a slothful mind. But in the younger generation of Boomers, known as the 30-year-old Boomers, the assimilation has reached its zenith. Outwardly they try to act just like other Millennials and Zoomers. People without good instincts let themselves be deceived by this mimicry, and consider the Boomers the same as they are. Therein lies the enormous danger. These assimilated Boomers remain forever foreign bodies in the organisms of their host peoples, regardless of appearances. They have the same mindset and beliefs as their filthy suburb-dwelling ancestors, but they move around and dress in the fashion of Millennials and Zoomers.

There are ways to expose the Boomer. Certain tells are obvious: a distaste for big picture thinking, a habit of romanticizing the grind as a coping mechanism, and a belief in personal agency with total blindness to contingent circumstances. Others are more subtle: putting money into a government-run retirement account, advising their children to buy a house at the peak of the market, or hoarding cash in a savings account because it will “accumulate interest.” They believe everything that Hollywood has taught them and they truly believe that hard work and honesty will be rewarded. Above all, anything that interrupts their comfortable life in pursuit of pleasure will be violently rejected.

Now that we fully understand the mental patterns of the Boomer, the logical follow up is understanding how those patterns are imparted. Man is shaped by the labor he performs. A man who is able to control the means of his labor, its production, and its ultimate utilization will feel much more in place in the world than a man who works in a factory painting rainbows on silicone dildos. Stupefying work makes you stupid. A Boomer is made through decades of pencil pushing, office meetings, and meaningless monotonous tasks. Much of this is due to the fact that most people work for someone else and that someone else is usually a Boomer.

Boomers equate time and labor with value rather than results. It doesn't matter how productive you are, if you're not working eight hours a day, you're costing money according to Boomer Logic. Boomers mistakenly believe that pointless grind creates value. They don't understand that 2-3 hours of uninterrupted deep work is often as productive or more than 8 hours of regular work.

In conclusion Boomers are created by stupefying dull uncreative Boomer work. Normal happy well-adjusted people are Boomerfied into narrow-minded degenerate Boomers, by Boomer bosses who value time expenditure over real productivity. In short, if you submit to the Wage Cage and do not find interesting engaging and stimulating income, then any spark of intelligence, creativity or humor will be snuffed out long before you reach middle age. If you do not heed my warning now and find a mentally stimulating stream of income you will have soda in one hand, a flaccid penis in the other, a blaring television before you and a mobility scooter beneath you. Heed my warning now lest you die an obese boomer buried in a piano case.

I've mentored thousands of men through fitness and philosophy coaching, here are a few of their experiences in their own words. You can contact me through that link or shoot me a PM if interested. I've created a public Telegram channel, an uncensorable fortress, for my spiciest content I can't post

on Reddit.

How To Cure Yourself Of Autism With A Shamanistic Lifting Ritual

232 upvotes | May 3, 2021 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

The most important thing you need to understand about the Manosphere, is that the Manosphere was never about making men more masculine. The Manosphere has always been a place for beta males to trick women into sleeping with them via absurd convoluted schemes that create the appearance of masculinity. Given that Tinder Tinas are retarded and spend most of their free time glueing fake eyelashes to their faces and learning TikTok dances, the bar for sleeping with them isn't high. This means that a wide assortment of convoluted Manosphere schemes have the potential to successfully confuse Tinder Tinas into spreading their legs, particularly if alcohol, a substance known to decrease mental acuity, is involved.

There are infinite ways to skin a cat, aka trick a slut into sucking your dick in the back of your divorced mother's Toyota Corolla parked at Walgreens at 11:35 pm. Likewise, there is an endless assortment of zany Manosphere experts who could potentially help you in achieving the Corolla Coom. The margin of error for this one is very broad, so even advice that is flat out wrong will help you via the placebo effect. Unfortunately, what the Manosphere cannot help you with is not being an autistic, as they do not fully understand their own audience, since their primary interests are lying to women and backstabbing each other as beta males love to do.

The modern Red Pill audience is far too Autistic to benefit from sexual strategy advice written 5 - 10 years ago. Every generation becomes progressively more autistic as every year Karens further chip away at children's lives. 90's kids weren't allowed to exist in "public" but they were allowed in specialized consumer spaces: McDonald's playplaces, Chuck E Cheese, Toys R Us. 2020's kids are now only allowed to exist in virtual spaces: YouTube, Minecraft, Roblox. Consequently the adolescents over at askTRP are rudderless in a sea of confusion, as they have never been fully integrated into the real world. Their definition of safe sex is putting on a bicycle helmet before watching erotic Japanese cartoons. Luckily for you, Autist Wrangler extraordinaire GayLubeOil has compiled a comprehensive sperg-friendly list that should point you in the general direction of normality. I can't guarantee you'll actually get there, but it should put you in the general neighborhood.

Actually Go To The Gym

The first step in de-autist-ing an autistic is pulling him out of his Coomer corner and into the real world. An autistic is by definition a person who lives in his own magical world detached from reality. Now obviously an autistic doesn't want to enter the real world and I completely understand that. The real world is filled with Normies who make everything stupid boring and gay. Normies unironically believe CNN and pride themselves on VaxMaxing as many Bill Gates Doom Juice Potions as they can get into their bloodstream. The big advantage of the gym is that it's autist friendly and not exactly the real world. Thus, it can be used as a stepping stone out of complete Merlin hermit isolation. Forcing yourself to go to the gym instills a certain structure into your life and prevents you from becoming a degenerate nocturnal wizard of the night who subsists solely on dinosaur □ shaped chicken □ nuggets.

Meeting People at The Gym

All gyms can be put roughly into two categories: normie day-care centers and hardcore training facilities. The first should be avoided at all costs as nothing kills the PR setting mood like Top 40 and the soulless glares of wagies. You can tell if a gym is a proper hardcore facility and not a degenerate Planet Fitness by the sweat crisp sound of ampules crunching underfoot as you walk through the parking lot in your Timbs. If you want to achieve extraordinary things you have to surround yourself with extraordinary people, pioneers of human evolution who aren't afraid to do whatever it takes and leave humanity behind. Unlike beta males, real men take risks. This will end in one of two ways. If you're a manlet, some muscle bro will get around to fixing your hyena deadlifts out of pity and disgust. If you actually look like you lift and have a modicum of social ability you will cordially be extended an offer of employment as a laboratory technician in the bathroom of a studio apartment. Either way, you will no longer have to take masculinity cues from Hollywood superhero movies and beta males on the internet, as you will actually know masculine men in real life.

Stop Lifting Like An Autist

The biggest hurdle in de-autist-ing autists via the gym is that when they arrive at the gym they lift like an autist. Autists lift the way the wives of married Red Pill fuck. They show up to the gym whip out their gay checklist and run through it without purpose or intensity. No different than how autists recite seduction scripts to women. It's the fitness equivalent of starfish sex. Next for whatever reason autist hate accessory movements. My guess is that it's because they secretly want to resemble the Tyrannosaurus Rex on their Jurassic Park underwear. Unlike compound movements which have clear cut linear progressions that quantitative number spergs can grasp, accessory movements are qualitative and require focus and time under tension. Literally every fitness professional stresses the importance of time under tension and muscular engagement but the autists of the Red Pill do the exact opposite because they want to look like Jason Blaha the 5x5 T-Rex. The reason why Red Pill only discusses beginner routines is because it's comprised of depressed autists who lack the consistency to make it to the intermediate stage where their work would pay off.

Traditional Shamanistic Masculinity Initiation

Societies can be classified into three distinct types each with their own definition and method of cultivating masculinity. Postmodern societies believe that anyone can be anything—a man, women, dolphin ☐ or helicopter if they pretend hard enough. Modern Societies believe that a man is a person who abides by a universal set of principles (secretly created by the ruling elite to exploit him to the maximal degree). Finally, traditional cultures transform their boys into men through initiatory rites which usually involve a combination of a difficult trial, danger, a religious component, and on occasion, drugs. One Amazonian tribe makes their boys dance while they wear mits filled with bullet ants.. The Ethiopian Turmi initiate their boys by making them run across cattle.. The Spartans had their own initiatory rituals as did the Athenians.

Putting It All Together

Modernist men are domesticated rule-following citizen-cuckolds and Postmodern men are pretenders, so the only real option available is a traditional initiation. Due to the inherent danger involved in traditional initiation, not everyone is eligible; however, if you've been following the advice of this post you will be. Approach the Tren Shaman at your bodybuilding dungeon gym and tell him you are looking for someone to do Rich Piana's 8 Hour Arm Workout with. If you're sufficiently muscular and mentally prepared, the shaman will agree. The shaman will then offer you sacred drugs >!Halotestin Ephedrine DMAA!< to help you complete your initiation. Only attempt this is you are

truly a 5%er and are willing to do whatever it takes to leave humanity behind. Upon initiation, Rich Piana will descend from the heavens and bless you with the sacred knowledge that if you believe it you can achieve it. From that point on you will no longer live your life as a reclusive guilt and anxiety-ridden autistic beta. Or perhaps you'll have a heart attack from an obscure cocktail of bodybuilding drugs. Anything is possible.

Train your body and mold your mind with heterodox philosophies to escape western degeneracy and master the challenges of our time. Fill out my form and we'll get in contact.

I've created a public Telegram channel, an uncensorable fortress, for my spiciest content I can't post on Reddit.

How To Alpha ☐ Robots ☐ Into Giving ☐ You ☐ Money ☐

120 upvotes | July 13, 2021 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

What if I told you don't have to waste the best years of your life slaving away for an employer whose dream is to poison ☐ you with Globalist ☐ Doom ☐☐ Juice ☐ so he can minimize his payroll by replacing you with third world migrants ☐☐☐☐☐ and gay ☐ robots ☐. What if I told you that you didn't have to give away 1/3 of your income to a government that spends it on Chicken ☐ Watermelon ☐ and Bombs☐? What if I told you that you could live a higher quality of life and lower the cost of living while being lavished by fat ☐ butt ☐ jungle ☐ sluts ☐ whose dream ☐ is enthusiastically bouncing ☐ on your wiener ☐?

If I told you this, and I am telling you this, most of y'all betas ☐ would feel some type of way as it would mean that your whole life is a lie. But that's the whole point. Real Red Pills are offensive☐. They challenge the status quo and force people to have thoughts that they would rather not have. Luckily for you, Red Pill superstar ☐☐ GayLubeOil in his profound infinite genius is one of the few people capable of providing real Red Pills ☐ for the Red Pill. The Red Pills that "The ☐" don't want you to know. When the Trust and Safety Council☐☐ happens upon my brilliant☐ prose they get so tight with rage ☐, they have no choice but to dilate ☐ to loosen back up. Beta Males fume with anger as their worldview is shattered and normies desperately confuse themselves in a futile effort to protect their unknowing.

These people have Shudra ☐☐☐☐☐ souls. They are bug-man ☐ workers at heart. They enjoy endless, pointless toil and staying busy. The literature they read, write and consume is characterized by arbitrary nonhierarchical taxonomies. 48 Laws of Power, 12 Rules for Life, How to Win Friends and Influence People. The common thread here is that these books are behavioral manuals composed of random contradictory rules written in an arbitrary order. The Shudra being a worker prole is capable of labeling things but incapable of organization. That's why they read and write that kind of literature☐, to keep themselves eternally busy and distracted so they don't have to confront the truth. Now imagine how angry they are going to be when I tell them that they can make thousands of dollars a month location-independent doing nothing. They wouldn't be able to handle it and would probably kill☐☐ themselves. Which is why I have no choice but to protect☐☐ this information with a system of obscurantist hieroglyphics lest the Beta Males be overwhelmed and kill themselves in a mass suicide pact ☐ to protect their delicate egos.

Now don't get me wrong, usually when the Manosphere☐ aka the Scamosphere☐ tells you that you can make thousands of dollars doing next to nothing, it's a scam. I get that. Rest assured that this post isn't about selling pictures of your feet on feet☐ finder☐☐♂☐. Or begging your mom, sister and underage Romanian teens to let you be their OnlyFans photographer (y'all know who I'm talking about). This post is about making money in the unregulated wild west☐ world of Decentralized Finance. This is a magical☐ place where fortunes are made and where rug-pulling is a common occurrence, and no, I'm not talking about your bull☐dyké☐ aunt's favorite pastime.

Yield☐Farming☐☐

The concept is simple: use your assets to provide liquidity to protocols and DeFi users. In exchange you are rewarded with a percentage of fees that your liquidity helped generate for the transaction. In

other words your money acts as a taxi cab driver. The more of other people's money your money helped transport, the more money you are rewarded with.

Loans

One of the biggest innovations in DeFi is the ability to act as your own bank. If you have liquidity either in the form of USD or in the form of market accepted assets, you can provide it as liquidity on lending and borrowing platforms like Aave and Compound, and you can borrow a different asset against it.

For example, if I own BTC and I don't want to sell it because I'm bullish on the price going up, but I want to use the equity to produce income for me, I can take that BTC, deposit it into Aave, borrow against it, and then use those borrowed assets to produce yield for me. If the price of BTC drops significantly, I'm now at risk of liquidation, which is called leverage. When someone says you're using too much leverage, they mean your risk of liquidation is too high. This is easily avoidable though, simply manage your risk properly by only taking out small amounts against your crypto. Yields in defi world are incredibly high, your small loans will compound fast, and as that happens you can add to your hodl stack, or borrow against cash.

These things are complicated and only a small look into what you can do in defi, but the main principle to take away is that you can act as your own bank, whereas in traditional finance you cannot. In Tradfi, you would need to talk to bankers, get pre-approved for loans, and a variety of other bureaucratic horseshit. DeFi allows anyone to take a loan against their assets, an incredible innovation in finance.

To be a successful defi yield farmer, you need to be a great risk manager, and in my opinion very risk averse. Taking on too much risk/leverage in crypto is an insanely stupid proposition, everyone knows how volatile the markets are, but I think people grossly under estimate how much yield you earn. Compounding interest is insanely powerful, but its only powerful if you have skin in the game long enough to let it take effect. Too many people want to get rich quick, nobody wants to get rich slowly. The same investing principles apply to defi yield farming, and the same risk managers win, and the same fucking doge buying retards lose. Shit never fucking changes, if you want to be on the right side of this trade, you need to understand that this is a trade. Crypto is a trader's market, everything in it requires you to understand how to read charts, or at the very least, find someone who is smart and listen to their sentiment. Can't just fly blindly in crypto, it's a purely math-based chart-driven trader's market, anyone who says otherwise is a moron and is certainly missing all the amazing innovations that are currently going on in the world of crypto. Financial markets will be changed forever with the innovations that you can fucking profit on, before the rest of the world comes in, and yields severely reduce as the trade gets crowded. Stop being a stubborn piece of shit and learn how to use and interact in Defi, it's an incredibly good use of your time and resources. Start small, start low-risk, focus on risk management. By risk management I mean strongly consider the risks of entering a trade. There're a million incredibly complicated strategies you can take in defi land, but they all come with risks. Evaluating these risks is your biggest and most important skill set in defi land, if you're shit at risks, potentially an awful poker player, you are going to want to work on those skills before throwing large sacks of coin around.

Crypto Bot

If all of the above seems a little bit too complicated, risky and overwhelming, why not give your money to robots to trade on your behalf? How do you do that? The first step is Reverse Honey Dicking a second worlder into giving you her financial information. Binance blocks US residents from using its services, so you're gonna need a patsy ♀. Since most of the time it's second worlders stealing first worlders financial information and not the other way around, there is no way they are going to expect this switcheroo kangaroo. Once you have a Binance account hook it up into 3 Commas or Coinmatics and let the robo gambling begin. Right now crypto is in a bit of a slump so you might want to hold off on this strategy for 6 months.

Mining Helium

If crypto bots aren't your style and you would prefer a more concrete strategy, I have you covered. Just buy as many Bobcat 300 miners as your mom's credit card can handle and set them up in the houses of relatives too old to get in the way of your cash cow. Depending on how many other miners your miner is in range of you can earn anywhere from 200 to 1200 usd per device. Tell grandma you got her a cable booster so she can learn about the Delta Sigma Omega variant in high definition. Is lying to your grandmother really unethical when her favorite activity is absorbing the television's lies for hours on end? I'm no expert on ethics but my scientific hypothesis is that you should grab the bag.

With these brilliant financial strategies you should be well underway to earning thousands of dollars hassle free in a location of your choosing. Sure, it will require some independent research to fine tune your personal financial strategy. And yes a triple digit IQ is required to internalize the financial information presented above and not get distracted by the colorful emojis like a small child. However for the Red Pill's triple digit IQ cognitive elite this post should open the door to new financial opportunities, and with it a potential for a new global lifestyle free from the horrors of wage cage, government mandated doom juice infusions, and obese unattractive western women. Obviously brilliant life changing financial insights aren't for Blue Pill conformists, who love H&R CockBlock almost as much as they love their 30 year mortgage. Extreme measures had to be undertaken to gather this life changing information and present it in a way that would prevent it from falling into the wrong hands. You're welcome.

Train your body and mold your mind with heterodox philosophies to escape western degeneracy and master the challenges of our time. Fill out my form and we'll get in contact.

I've created a public Telegram channel, an uncensorable fortress, for my spiciest content I can't post on Reddit.

How To Export Your Healthy Penis Into Eager Fertile Mexican Vaginas

100 upvotes | August 25, 2021 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

I'd like to preface this brilliant masterpiece of an article by saying it's explicitly written for Healthy Penis Alpha Males™. I know that there are many talented writers here who specialize in writing sexual strategies for Beta Males, most of whom have no doubt submissively complied and let billionaire daddy Gates fill them with a mystery potion whose long-term effects are unknown. I get that. There are many Beta Male sexual strategies, including waiting at Doom Juice injection sites and furiously masturbating over the convulsing body of anyone who drops on the floor in a seizure. How were you supposed to know that her lifeless spasms weren't nods of sexual consent? Obviously a place exclusively filled with people who gladly surrender bodily autonomy after months of psychological abuse is a perfect venue for beta males to game girls. They have low self esteem, aren't critical thinkers and don't ask too many questions. That's why it's so easy.

However this article isn't about any of that and is explicitly written for an altogether different demographic, with different principals and physical constitution (aka dudes who actually lift). You personally might be sexually attracted to prozac-ed up, depressed, double masked women, with soulless hollow eyes, who's breast milk kills their babies. I acknowledge that men with this disgusting sexual fetish exist in large numbers. This article however is written exclusively for adventurous sexually virile men who want to put their healthy penises into the eager fertile vaginas of Mexican women. If you don't have a strong sexual preference for free range, genetically unmodified women, please exit out of this article immediately.

Now that all of the necrophiliacs have left we can get down to business. Everyone here has obviously played Call Of Duty Ghosts and wishes to realize the dream of Castizo Nacionalismo. All of us are in full agreement that it would be super cool if a reborn Gran Colombia would punish the Anal Empire with a giant space laser. We're on the same page with "The Plan." However in order for our grandchildren to achieve "The Plan" we must first keep our dicks out of green zone FEMA camps and inside Mexicanas.

Why Mexico?

Mexico is *hands down* the easiest place in the world for Americans (and my other nationals) to gain residency. Second, while in many popular destinations one can get by with English and Google Translate, Spanish is one of the easiest languages to learn for native English speakers. This makes getting to the point of blending in, branching out beyond tourist destinations, and fully participating in the culture far faster for us than if we had to learn Arabic or Finnish. Next, Mexico is close to the United States. While this is both a blessing and a curse, the reality is that many of us have ties to the US (business, family, and more) that are easier to manage from a common time zone and short plane ride away. Beyond that, the benefits are many but I'll simply list a few:

- It is cheap (estimates vary, but can be around 70% less expensive than the US)
- If you go all the way to earn citizenship, a Mexican passport can get you into 159 countries and ranks number 23 worldwide (US has dropped down to number 7 at the time of this writing).
- The people are generally friendly and warm towards foreigners and their wallets
- Low regulation / high corruption allows for surprisingly high freedom in many regards

- Outside of tourist areas catering to gringos, COVID is largely ignored (the people who don't wear motorcycle helmets tend not to bother with masks)
- In fact, the President of Mexico himself doesn't seem to buy the coronavirus narrative.
- The perception of wide-spread cartel violence/failed state status keeps normies away
- Thanks to European colonizers using local women as breeding stock and centuries of low-key social caste systems, Mexican women can be very attractive. Miss Mexico 2021, 2020, and 2019 for the voyeurs among us).
- The Catholic heritage of the country has helped to somewhat stem the tide of cultural decay (even more-so outside population centers)

If you want to check out Mexico before going through the residency process it is very easy to do. Mexico automatically grants tourist visas for 180 days for United States citizens (as well as many other nationalities). One can easily reset this by simply leaving the country and returning; with no Cool Down period like in the Schengen area.

Benefits of Temporary Residency

The primary benefits of gaining temporary residency are: * The right to travel freely to and from Mexico, as well as the right to reside there beyond 180 days, up to 4 years * Ability to open a Mexican bank account * Bring household goods into the country without paying duties * Own a Mexican license-plated car * Temporarily import a foreign plated car

Gaining Temporary Residency

The easiest way to gain Temporary Residency is proving economic solvency. There are two ways of doing this. First is proving a certain amount of reliable passive income, the second is by demonstrating an acceptable savings balance. How much you need to demonstrate is a tricky question and will depend on the consulate you are working with. There are two systems of measurement used: Minimum Salary (MS) or UMA. In 2016 a law was passed to switch from using the MS standard and have every consulate move to using UMA. Adoption was not immediate and while it seems that most consulates have moved to UMA, your results may vary. UMA is a less stringent standard, so if you are on the edge of qualifying you may want to seek out a consulate that specifically uses the UMA standard.

So how much do you need?

Standard Monthly Income Savings/Investment

MS	USD\$2,237	USD\$37,289
UMA	USD\$1,415	USD\$23,584

Note: these numbers are for a single person, if you have a spouse these numbers add about 30% to these numbers

Using the UMA numbers, if you can prove a reliable monthly income of \$1,415 or greater over the last 6 months you qualify. For wagecucks who haven't unlocked the Location-Independent Passive Income achievement yet, a balance of at least \$23,584 in the bank over the prior 12 months is sufficient.

Assuming you aren't financially insolvent like the US government and meet one of these two standards, the rest of the process is generally pretty straightforward:

Step 1: apply for your temporary residency at a Mexican consulate *before* you go to Mexico. This is when they will look into your economic solvency. They will grant you a one-time visa sticker upon

approval.

Step 2: After your application is approved, you go to Mexico and exchange the visa sticker for your residency card *within 30 days of entering the country*. This residency card will be good for one year.

Step 3: Once that year is up, you can renew your temporary residency for up to 3 additional years.

How to obtain Permanent Residency

The most common way to gain Permanent Residency is by holding Temporary Residency for 4 consecutive years which qualifies you to apply for Permanent Residency. You can also gain Permanent Residency by handing \$20,000 USD to a government adjacent Abogado Mexicano who will "sort it out".

Citizenship

Once you've been a Permanent Resident for 2 consecutive years you can apply for Mexican Citizenship if you meet the following criteria: * You have lived in the country for 18 months of the previous 24, * You can pass a Spanish language proficiency test (normally verbal) * You can pass a basic Mexican history test * You haven't been convicted of any crimes during your time as a temporary / permanent resident and can pass a background check.

How To Get Your Dick into Mexicanas

Now that you have a strategy for getting into Mexico, let's strategize about getting inside Mexicanas. As soon as you step on Mexican Soil you automatically gain 2 points. Mexican girls crave the Chad American vibes. That's what they see on television so that's what they want. Asians are a close second. Asian Men are super hot right now in Latin America as every Gen Z Latina is currently grinding KPOP dances. If you're an Asian Man and you're reading this, this is your shot to go to Mexico and create Philipinos.

Mexican girls love the idea that they have unique insight into their city, getting the opportunity to show this to tourists plays into their Mexican fantasies and is a huge turn on for them. This is the angle I recommend you play on Tinder.

Less is more. In Mexico, a decent dinner dressed somewhat okay is enough to bed them after a date. Just wear plain basic clothes, tight fitting if you're in decent shape. Date wise keep it simple, simple restaurant, simple experiences. Don't blow your load impressing a Mexican girl that doesn't have two pesos to rub together, you aren't their sugar daddy, and the middle class ones aren't looking for that anyway. In comparison to Westerners girls, girls in Mexico have lower expectations for what a night out should be. Female dating expectations are a product of television brainwashing, and Mexican television shows have lower budgets.

Next stay away from girls who don't speak English. Girls who don't speak English are much more likely to scam you, steal from you, and set you up to get robbed, out of financial desperation. English speaking Mexicans are generally of a higher class, which by Mexican standards isn't much, but has a considerable bearing on their behavior. Finally a word of caution Mexican girls are sexually more aggressive as they haven't been drugged down into an asexual stupor via Prozac, Xanax and Estradiol. Be careful as getting in bed with them is a "live fire exercise." They won't hesitate to cross their legs behind you to thwart your pullout attempts and make you a father.

Train your body and mold your mind with heterodox philosophies to escape western degeneracy and master the challenges of our time. Fill out my form and we'll get in contact.

I've created a public Telegram channel, an uncensorable fortress, for Red Pills so spicy they can't be

posted on Reddit.

Escaping The Pleasure Palace

256 upvotes | October 6, 2021 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

October is here which means it's time for everyone to last minute get in shape for their Halloween party! Married Fat Dad Pill has to figure out how to get in shape without disrupting the goofy beer dad lifestyle. Feminists are doing their best to make Western women even more sterile and undateable. Self Help Motivation Sphere is gonna say some shit about one percent improvement everyday or whatever. Everybody wants to make a better horse carriage. But nobody wants to make the car. In other words, everybody wants to play within their rules. Nobody wants a Red Pill.

A Red Pill is a radical rejection of the system. In fact we're so good at rejecting the system, that the system went out of their way to try to de-radicalize us. First there was the Good Man Project. Then they deployed the term Toxic Masculinity to shame us. When that didn't work they set up a quarantine. Now if you want to read a GaylubeOil masterpiece you have to click through a warning that says something to the effect of: Are you sure you want to hang out with Toxic Bad Boys? Wouldn't you rather compliment our Gone Wild Butt Sluts or discuss video games?

The whole thing has an infantilizing maternal quality to it. Reddit Mommy knows best, because you're her little boy. If anyone finds out that you're a Red Pill Bad Boy they're gonna tell Reddit Mommy, or Twitter Mommy, or YouTube Mommy or any number of other technocratic Robo Mommies. What if your no one's little boy, but your own man? When did you agree to abide by Mommy Morality?

The problem is that the logos of matriarchy is the logos of castration. When anything is sublimated to female logic it becomes stagnant, boring, rule bound and standardized. Let's run through some examples. The more women participate in a conversation the less original it is. Ocasio Cortez is pedaling a flat middle school socialism because she's duller and less outgoing than Fidel Castro. Hollywood is in an uncreative dark age ever since it replaced their Jew perverts with fat unqualified women. The University has been stripped of controversial discourse and vigour. Why? Because female intelligence is clustered around the mean and women prefer stability to discovery. Women are the harbingers of "stagnant productivity", busy work which ultimately results in nothing.

This is the environment that modern men grew up in and spend the majority of their time: a mommy approved daycare where everyone and their feelings are safe. The external environment of the modern man is mirrored in his internal environment. Internally the modern man is a permanent child. The modern man doesn't want to fight compete or struggle. He wants to have fun. He castrates himself so he can stay in mommy daycare forever and never have to endure the hardships of masculinity.

The modern man is in a state of passive stupor, obsessive pleasure seeking, impotence, and depression. He's a child who's been left at the daycare too long. He's bored of playing but doesn't know how or have the drive to do anything else. He wants to climb out of the pleasure pit but he also wants to pleasure himself while he does it. That why AskTRP is on the constant lookout for *fun* ways to be alpha. Fun alpha movies, fun alpha pick up lines and books but only if they are fun easy to comprehend and alpha! This hedonic dysphoria is a prison without walls because it's self imposed.

The only way out of Mommy Daycare FunZone is to consciously reject it. Maybe start by telling yourself that you're a grown ass man who doesn't need to be having fun all the time. A lot of

possibilities become available when you don't spend hours smiling at a fluorescent screen. Life is a struggle in which man must win himself a worthy place in the world, whether physically, intellectually or artistically. Ultimately you have two choices. You can either jerk off to the lives of others, never having lived your own. Or be a toxic Red Pill bad boy and live your own life outside Mommy Daycare FunZone.

If your interested in changing your life with difficult workouts and difficult books now's the time to get in contact. My coaching service has changed many lives. Fill out my form and we'll get in contact)

I've created a public Telegram channel, an uncensorable fortress, for Red Pills so spicy they can't be posted on Reddit.

Destroy Your Dick December

74 upvotes | November 1, 2021 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

A lot has been written on the topic of No Nut November by the Red Pill and Manosphere as a whole. However, up until now no one has written on the topic of Destroy Your Dick December. Now I know what your thinking. You're thinking, Gaylubeoil, You little jokester, Is this one of your silly troll posts? Ha ha! Is this one of your silly jokes? Common let's be serious. The Red Pill is about self improvement. Write about that please. So I can self improve.

And to that I say: Go Fuck Yourself. And I know you will. Because as soon as No Nut November ends your gonna march right into Destroy Your Dick December. In fact No Nut November logically signifies the existence of Destroy Your Dick December. They're like peanut butter and man jelly. Dudes aren't vowing to give up masturbation forever. No! They're saying they're gonna give it up for a month. And at the conclusion of that month their obviously gonna masturbate heavily and Destroy their Dick December.

So basically No Nut November is a giant foreplay month that the manosphere plays with itself and other men. It does this by denying the existence of Destroy Your Dick December, to maintain a veneer of respectability. But in reality if we're really honest with ourselves the whole point of the endeavor is Destroy Your Dick December.

At this point your thinking ha ha neat observation there Gaylubeoil. But what's the point of this? The point of this is that you and most of the manboys here are such degenerate ADHD sacks of shit, that the only way y'all can be taught a new concept is through elaborate masturbation and sodomy metaphores. That's all the dudes here know or understand.

Alright so now that I got you hooked with all of this hilarious pee pee poopie talk I can deliver my brilliant philosophical lesson, before you inevitably get distracted by an internet butt. All communication is comprised of Manifest and Latent content. Manifest is that which is said. Latent is not said, often denied but exists as a logical consequence of the first. Manifest content exists to hide traumatic latent content.

So for example, a while ago there was a post titled: Women Are Wolves In Sheep's Clothing. The latent content is that the author is a sheep. Because logically who else would care about wolves in sheep's clothing? Wolves don't care about wolves in sheep's clothing. They'd probably find the crossdressing wolf hilarious or disgusting. So the guy who wrote Women Are Wolves in Sheep's Clothing subconsciously thinks of himself as a Sheep-Man. That's why he wrote the post. He wanted to reassure himself of his masculinity because he felt like a sheep.

According to Freud's most famous book The Interpretation of Dreams, the purpose of every dream is to keep the sleeper asleep. Sounds simple right? Well in Freud's native German the word dream, can be translated as fantasy desire or wish. Dreams allow people to experience an uncomfortable reality, do nothing and continue the status quo like our Sheep-Man.

In other words uncertainty begets fiction. People hide from difficult Red Pill Truths via Blue Pill fiction. The Department of Defense commissions Hollywood to make war propaganda so that war can be normalized and continue indefinitely. Sheep-men write sheepish treatises to reassure other sheep men. Masturbators wax poetically about No Nut November while counting down the days to Destroy Your Dick December.

Truth can be used to create a lie. By getting you to focus on No Nut November you can be Distracted from Destroy Your Dick December. If you want to play this Red Pill game you have to learn how to find the glitches in the Matrix. You need to learn to find latent content hidden within official narrative manifest content.

Or not. Be an NPC. Do what everyone else does. Listen to your teachers. Don't ask complicated questions. Don't point out contradictions. Hold out until December. Find yourself some nasty porno and Destroy That Dick.

If you are interested in changing your life with difficult workouts and difficult books now's the time to get in contact. My coaching service has changed many lives. Fill out my form and we'll get in contact)

If you are a discerning man of taste interested in a buffet of Red Pills you are cordially invited to join my Telegram Ascetus

How To Transform Your Dribble Dork Dick Into A Commanding Cum Cannon

383 upvotes | December 7, 2021 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

I'd like to preface this brilliant masterpiece by reminding everyone here that the Red Pill is a forum on sexual strategy. The specific sexual strategy humbly pioneered by Alpha Scientist GayLubeOil for the betterment of humanity is: consuming an assortment of herbs, extracts and supplements to unnaturally supercharge your seminal volume and viscosity before annihilating women's unsuspecting faces with thick streams of cum. Unfortunately, this ingenious scientific breakthrough masterfully published in the fine literary community we call the Red Pill, is of no use to most of our readership.

The vast majority of the men present have no use for real sexual strategy as they are not sexually involved with women and lack the initiative to change this fact. They compensate by pursuing the asexual strategy of consuming increasingly niche pornographic videos before ejaculating up over their pizza belly between their voluptuous male breasts. If you are such a person—and let's face the facts, you probably are—this advice will only make your life worse. Which is why you should tab out of this article right now and go back to the *hub*. Betas cannot stand discipline or chores, and drenching your Costco socks and Walmart towels in more cum will only burden you with additional laundry and cleanup.

Now that the Beta males have retreated into their Coomer-Corners, we masculine Alphas are free to confront the serious ethical issue of male virility enhancement. Specifically, why should we shoulder the financial, nutritional, emotional, and metabolic burden of producing exorbitant volumes of semen only to selflessly give it all away? The short answer is because we Alphas are natural born leaders, and leaders care. Nobody said it was easy being captain of the cream team dream team. But sometimes a man has to nut up, shut up and do the right thing.

White Christmas

The holidays are here! Which is why it is the responsibility of every Red Pill Alpha to power up his seminal vesicles in preparation for the season of giving unnecessarily potent and voluminous cum shots. Buying a diamond ring only empowers ethically and environmentally dubious diamond mines. Instead be socially responsible and give your lucky lady an organic pearl necklace. The only thing that will surpass your frothing white waterfalls will be your virility and urgent need to bed hotties as your turbo charged prostate aches from souped up production.

Santa may only come once a year, but you'll be coming all year round even after this *very* white and sticky Christmas with these potent supplements that were kept secret throughout the ages by the wise men of antiquity. She won't just be dreaming of a white Christmas, she'll be screaming from the hot sticky creaming. Let us not forget the symbolic nature of the visit of the three magi to baby Jesus. Three wise men from the east, bringing the newborn king gold, frankincense, and myrrh, were actually bringing him powerful supplements. If you're not convinced, check out St Theresa of Avila's account of the time Jesus gave her an orgasm.

Choosing The Chosen

Christmas can be a difficult time of year especially for God's Chosen people who for some reason or another had chosen to nail a 30 year old man to cross, crown him with thorns and stab him with a

spear. It's not a big deal though because he slept it off in a cave and came back three days later, good as new. Contrary to what our critics may say we here at the Red Pill are loving, tolerant and inclusive. Semen blasting your Ashkenazi like it's the last night of her Birthright trip is a surefire way to make her feel included in this special time of year. There is still hope for those who believe that the messiah has not yet come. It's our job to make sure the Khazars know how much we care by inviting them to a midnight tasting of our Matzo Ball Soup.

Reversing Racism

Let's be honest, this has been a difficult year for race relations. It is our solemn obligation to do everything in our power to mend those very important bridges. After all, we here at the Red Pill like to pride ourselves on being bridge-builders. The most despicable, destructive racist thing anyone can imagine is undoubtedly blackface. Therefore logically speaking the most anti-racist thing is to the exact opposite: whiteface. Centuries of slavery, expropriation, colonialization all triumphantly solved with a few urethra contractions. Only a true Red Pill Alpha could have the courage to selflessly invent such an ingenious solution.

Turn your little drow girlfriend into a cute high elf with a warm, creamy Kwanza gift. This will keep you from planting your seed in her fertile black soil and instead give her a moisturizing and exfoliating lotion that will make her really stand out at her next basketball tournament.

Immunizing Women with your Load

While most men are receiving heart-rate boosting booster shots in exchange for sex, we healthy alphas want to incentivize our women to remain fertile with working organs. Instead of letting your girlfriend get boosted by Bill Gates, offer her a healthy dose of your load on her face to keep her skin in good condition. Boosting your girl yourself instead of relying on Big Pharma's infinite cash-cow of booster shots, has the added benefit of stress relief when any second you can be removed from your house and quarantined for exercising your body, your choice by not submitting to the endless neo-liberal bureaucracy.

The Secret Potion To Fortify Your Masculine Lotion

Now that you understand what must be done and why it is your sincere responsibility to do it, let's discuss how to do it. Blend or consume the following with yogurt in your pre-breakfast protein shake.

L-Arginine, 900mg - 3 pills

L-Carnitine, 500mg - 3 pills

L-Lysine, 500mg - 2 pills

Zinc, 50mg - 1 pill with added selenium

Soy Lecithin - 2 Teaspoons

Maca Powder - 2 Teaspoons

The problem with l-arginine is it gives you stomach cramps. A bottle of l-arginine pills will usually say to take six of them a day to reach the RDA but you should only take one or two pills, pull them apart so the arginine powder comes out and mix it in with yogurt. Do that twice daily to ease digestion. Taking the zinc (don't go over the RDA or it will fuck with your copper absorption) alone will make you secrete much more prostatic fluid and make your cum thicker and again slightly more voluminous.

Lecithin alone will increase your volume A LOT, this makes your seminal vesicles feel full. Add a

heaping teaspoon of lecithin granules with the arginine into the yogurt.

Maca Powder has long been used to increase fertility.

Eating celery doesn't increase the amount but makes your cum a brighter white which as you can imagine is important for race relations.

Following this regimen for a week in combination with proper hydration will easily get you to the holy grail of 10ml. For reference the average is between 2ml and 5ml.

You need to do kegel exercises too, not to increase your production but to have enough muscular strength to Spiderman your web in a satisfying triumphant blast. Producing a lot of semen only to have it dribble out over the course of a couple of minutes is beta, lame and disrespectful to women.

Proper hydration and lecithin is necessary to make your ejaculate more fluid. The more watery it is the more you'll shoot out all at once and the more it'll go everywhere. This makes your contribution look larger rather than cumming in thick viscous dehydrated globs.

While you're on your load maximizing mission, you may encounter a certain flavor of beta known as the NoFap Cultist. These shriveled husks live in a rotating state of either constant panic or smug self confidence, depending on whether or not they've touched their weener recently.

Since your goals actually involve getting laid in real life, you can simply ignore these charlatans as you blast hot sticky loads across women's faces. Why? Because a guy calling himself Red Pill Alpha Superstar GaylubeOil told you to.

If your interested in changing your life with difficult workouts and difficult books now's the time to get in contact. My coaching service has changed many lives. Fill out my form and we'll get in contact)

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For a taste of what Ascetus has to offer check out our brand new YouTube Channel

How To Use The Desperation of Ukrainian War Refugees to Your Sexual Advantage

206 upvotes | March 21, 2022 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

In the highly unlikely event that you, the esteemed reader of the Red Pill sexual strategy forum, have had the opportunity to leave your video game and pornography pleasure bunker, you may have noticed that there has been a sudden change in the media narrative. Our beloved, all-knowing science-man Anthony Fauci has mysteriously disappeared from television and has been surreptitiously replaced with very evil bad man Vladimir Putin. Now, as a reader of the Red Pill you might not know much about taking regular showers or preventing your underwear from turning moist and brown on the inside. However, as a refined video game connoisseur you do know that emotionally vulnerable grief-stricken women are a source of quests, and quests are how you obtain rewards and experience points. There are many such women on the television right now, so obviously there are a lot of quests. Therefore, the logical question for any contemporary rational male is: How to Use the Desperation of Ukrainian War Refugees to your Sexual Advantage?

Speaking of taking advantage of Ukrainian women. What are the sexual advantages of Ukrainian women? I'm glad you asked. Unlike American women, who on average weigh 170 pounds at 5 feet 4 inches, Ukrainian women still possess a modicum of self-respect and have not gorged themselves into grotesque proportions like barnyard hogs. Unlike sexual intercourse with American women, the use of a headlamp is not a prerequisite during sex with Ukrainians as the vaginal opening is not hidden beneath a maze of creases, wrinkles, fat flaps and folds. Consequently, sex is easier, more straightforward and reasonably hygienic.

Another stark contrast is that Ukrainian women possess souls. American women power wash away all semblance of personality via hormonal birth control, antidepressants, recreational drugs and social media. Ukrainian women, on the other hand, live simpler lives and spend their days digging for potatoes and playing the accordion. Their bloodstreams have not been colonized by big pharma and they are capable of face-to-face social interaction without turtling up in their smart phone at the slightest inconvenience. This means that Ukrainian women are not grotesque science experiments with soulless hollow eyes and can still be biologically classified as human beings. Finally, the most important difference between Ukrainian and American women is that the former are capable of providing you with healthy, viable offspring, while the latter will misappropriate your DNA and birth a transformer whose only life skill is genital self-mutilation and attaching itself to ceiling fans in creative ways.

Now that you understand the comparative value of Ukrainian females, it's important to understand the driving factors behind the current sexual marketplace deep discount. Here at The Red Pill, we pride ourselves on being brilliant amoral sexual strategists. Hypergamy doesn't care about your feelings, yada yada yada. Well, uncle Vladimir has given us a belated Christmas present: hot, young, fertile Ukrainian refugees. The last refugee wave was in 2015 when Europe got flooded with brownies. That only benefited obese 50-year-old white spinsters and an unmentionable Middle-Eastern country that doesn't get along with its neighbors.

As far as sexual strategy is concerned, all you need to know is that Ukraine trusted a comedian with the fate of a nation and now holds a bizarre state ideology consisting of a contradictory mix of

fascism and [kindergarten homosexuality class](#)]. The big takeaway here is that if the Ukrainian state is willing to delude itself with an incoherent ideology while getting defiled with foreign biological weapon labs and IMF loans, then Ukrainian women are willing to get deluded by your incoherent PUA bullshit while you defile them with your penis. A nation behaves on a macro scale the same way its people behave on a micro scale. As above so below.

The devastation of Ukraine was purposefully engineered to flood the West with cheap, high-quality labor. So why not benefit from the situation by taking advantage of cheap, high-quality Ukrainian sexual labor? Financial advisors always talk about buying the dip; now's the time to invest your penis by dipping into Ukrainian vagina. The sexual market is no different than the stock market. You have to eke out every advantage you can get. We are well past the easy sexual marketplace of 2005 when a fedora and copy of the Mystery Method were sufficient to get you lady-hole. You don't have to be a genius to understand that the world is rapidly deteriorating and that opportunities are becoming harder to come by.

Luckily for the Red Pill, Ukrainian women are already acclimated to living in basements on dirty mattresses and as such represent a perfect fit for the lifestyle of our readership. They've already been negged by uncle Putin. All you need to do is be nice to them and find them living space between your elite gaming rig and boxes of Mountain Dew. Best of all, they won't know how socially uncalibrated you are because of their limited English.

From a practical standpoint, all you need to know about Ukrainian women is that they will be arriving primarily in [Central Europe and major western cities as refugees](#). They are easily identifiable by their stoic facial expressions, out-of-date choice of fashion and slim figures. At the level of game, Ukrainian women are no different than any other second world woman which is to say they want to ride a dick into a first-world lifestyle. They are shallow, materialistic and willing to do anyone and anything that will give them the assets necessary to make their girlfriends at home jealous. If you do not manage the relationship properly you will find yourself in the same financial situation as the men who fell for the mail order bride scam in the 90s when the Soviet Union collapsed. If you do manage the relationship properly, she'll be on the receiving end of your meat missile while her devoted husband is on the receiving end of a Kalibr cruise missile.

When you're defeated in war, someone else takes your women and passes on their superior genetics to them. When a simple Ukrainian man gets conned into joining Right Sektor and fighting on behalf of gay Aryan Rimjobs by a country that shall not be named, his wives and daughters flee abroad and get drilled by foreigners. That's just basic War Bride Theory. We the Red Pill didn't create the situation nor do we have any power over it. What we can do however is take advantage of it with our penises. After all these Ukrainian vaginas have to get fucked by someone. Why not us?

[Train your body and expand your mind with heterodox philosophies so you can have the strength to turn the challenges of our time to your personal advantage](#) Fill out my form and we'll get in contact.

I've created a public [Telegram channel](#), an uncensorable fortress, for Red Pills so spicy they can't be posted on Reddit.

The Most Chivalrous Thing You Can Do For American Women Is Anal

315 upvotes | May 16, 2022 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

If you've been following the illustrious career of Red Pill Superstar GayLubeOil, you would know that some of his greatest masterpieces have been censored by people too dimwitted to comprehend their brilliance. "American Women Want to Be Choked and Spanked Because Subconsciously They Know They Are Responsible for The Downfall of Western Civilization" was a profound synthesis of Freudian Psychoanalysis and Oswald Spangler's theory that all civilizations are subject to an inevitable process of growth and decay. My latest masterpiece "How to Use the Desperation of Ukrainian War Refugees to Your Sexual Advantage" was scrubbed off the internet because people failed to understand it as an invitation for us, the humble readers of the Red Pill, to do the right thing and house persons displaced by war. The deletion of my work is on par with the desecration of the Library of Alexandria which is why I shed a tear for you, the humble reader of the Red Pill, for all of my masterpieces that were snatched out of your eager grasp.

While I do not have the power to restore what was destroyed, I can, however, make an attempt to convince my critics of my profound appreciation of women, which is why I, Women Appreciator GayLubeOil, have explicitly written this moral and ethical sexual strategy guide: The Most Chivalrous Thing You Can Do For American Women Is Anal.

Providing Anal Sex Is The Best Way To Protect Women From Committing Abortion:

At first glance, the concept may seem counterintuitive. What part of stretching out a woman's brown starfish is chivalrous? The part where she doesn't kill your child afterwards. The part where she doesn't go to Planned Parenthood, have forceps inserted up through her vagina up into her uterus and have your child decapitated inside her. American women are too irresponsible to be trusted with vaginal sex as ¼ will have an abortion in their lifetime.

If we, chivalrous gentlemen of The Red Pill, have to accept the risk of plunging into a dark pungent abyss to save women from a most abominable sin, then that's a sacrifice I say we make. The noble thing is to shoot in her poop shoot. It is up to us noble knights to control ourselves as they lack the self-discipline to follow in our heavy footsteps.

Be a Bare Back Benefactor Not a Condom Contaminator

Now at this point some of you are no doubt repeating dangerous condom lobby propaganda: Don't Be Silly Wrap Your Willy. I shake my head in disgust of your Blue Pill ignorance. You really think that I, Woman Respector GayLubeOil, will stand idly by as you contaminate beautiful, strong, independent women with microplastic? You think I'm going to say nothing as you slip your cock into a petrochemical Xenoestrogen death trap? Oh, and maybe you thought I forgot about the sea turtles ☐ which are literally choking on condoms because of people like you. People like you disgust me. Condoms are both an endocrine and environmental hazard which is why the ethical choice is to forego their use. Be a bare back benefactor, not a condom contaminator.

Chemical Castration Is No Way to Treat a Lady

A Red Pill Alpha's time is best spent ramming females with his meaty situation, not wasting it on their consolation. Oral contraceptives induce tryptophan oxygenase causing a pyridoxine deficiency which is a slippery slope down Depression Drive. Poor dopamine signaling and low GABA cause a

lack of joy, low excitement, no fun, and anhedonia. High prolactin and low testosterone cause a lack of libido and its motivating/creative surpluses. High estrogen causes aggressive, impotent incel-rage, moodiness and manic-depression. Poor metabolism contributes to weight gain and leads to chronic coping behaviors like eating disorders, indecision and low stress tolerance.

65% of fertile females are chemically castrating themselves with oral contraceptive tricking their body into feeling like its suffering an endless stream of miscarriages and making themselves miserable in the process.

If they were healthy, they would be moaning with pleasure about you in their treasure. Instead of screaming your name they're gaining weight while complaining about migraine pain. Oral contraceptives are oral steroids and unlike the good steroids that make men jacked, horny and aggressive they make women sleepy, fat and sexually apathetic. If the last couple years have shown us anything, it's that modern medicine cares about money, not health outcomes. Don't let them chemically castrate your fun fertile female into a frumpster grumpster who you'll inevitably have to throw into the dumpster.

Treat Her Like a Pirate and Get in Her Booty

Do your duty. Swap her Pill for your Red Pill by flipping her over and turning her frown upside down with a little bit of brown. You not infiltrating her backdoor corridor is an endless stream of "I told you so." Remember who you are. You're a Red Pill Alpha fighting on behalf of the unborn, sea turtles and female endocrinology. Be proud of that as you spread her wide and slip in through the backside.

Now is the perfect time to get into the best shape of your life physically and mentally. I've mentored thousands of men through fitness and philosophy. My coaching service has changed many lives. Fill out my form and we'll get in contact

If you are a discerning man of taste interested in a buffet of Red Pills you are cordially invited to join my Telegram Ascetus

How To Extract The Maximum Amount of Sex Out Of Women

441 upvotes | August 1, 2022 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

We live in an era of rampant HoeFlation. At any time, for any reason or maybe for no reason at all, women can and will discard you faster than a three-month-old fetus doomed to rot in a Planned Parenthood dumpster. As flies crawl out from its hollow eye sockets, its mother sings the song of the Strong Independent Woman. That's the cost of keeping wages low and Clown World running. That's the cost everyone is willing to pay. You can bet your student loans on it.

She doesn't love you; she loves the idea of you. She will coat-hanger you out of her life at the earliest emotional, social or economic convenience. Techno-Capital has reduced women into fragmented husks who float from desire to desire with the lucidity of a schizophrenic subway masturbator. Deleuze and Guattari foresaw the arrival of our current predicament in the 1970s. The contemporary woman is a disorganized, unregulated Body Without Organs adrift in a sea of Capital bereft of internal logic or consistency. No amount of lukewarm stoicism or self-help porridge is going to change this basic socio-economic fact. No amount of defensive oedipalization aka gender role reenactment can quench a contemporary women's thirst for annihilation on the altar of pharmaceuticals, social media and career.

Optimism is for cowards. It takes courage to understand contemporary women and realize their problems are not of your doing, despite the projections to the contrary. It's not your fault that her negligent alcoholic father slumbered in his own piss unable to provide desperately needed love to his crying daughter in 2003. You can't change what happened. Nor can you fix what happened, because she enjoys her symptoms too much to let you. The best you can hope for is to joyride her naked body down the slippery corpse of Western civilization. This isn't about dominating women and making them submit, as there is no merit in vanquishing people forsaken by their own God. This is about doing the best with what you're given, which is to say a psychologically unstable woman and a society in precipitous decline.

Extract The Maximum Amount of Sex Out Of Women

The modern woman is in your life for a good time not a long time, which is why it's imperative for you to extract as much sex as possible while she remains in your company. Think of her as a leased oil well in a third world country and yourself as a Chinese Petroleum corporation specializing in maximum exploitation, deep drilling and environmental negligence. Rather than wasting time in redundancy repeatedly imitating empathy and compassion on first dates, cut costs and maximize profit by extracting more sex per woman. When you're opportunistically dick-drilling the mentally damaged (aren't they all at this point) you need to maximize profit by going as deep and as hard as possible during your limited window of opportunity.

When you blindly outsource the burdensome task of mate selection to the posthuman cybernetic entity that is the Tinder algorithm, sometimes you have the pleasure of meeting a woman whose medicine cabinet and night stand are overflowing with prescription pills. With great risk comes great reward. The pharmacological deterritorialization that makes her a great lay also makes her a danger to yourself and others. When sleeping with these kinds of women DO NOT SLEEP. These people absolutely cannot be trusted around your vulnerable naked sleeping body. Take a page out of the Wehrmacht's playbook and use powerful compounds like Amphetamine or Adrafinil to keep alertness high while behind enemy behinds. Counteract the vasoconstrictive effects of harsh stimulants with a

vasodilator like Viagra. Compensate for the dehydrating effects of the aforementioned substances by stocking up on coconut water or Pedialyte. Finally make sure to follow my Semen Demon Cum Maximization protocol 7 days out from your drug fueled 8-hour sex marathon.

How To Have a Drug Fueled 8 Hour Sex Marathon

Provided you are young, healthy and exercise regularly you ready to follow the path of sexual visionary Hunter Biden. If not, you will suffer a cardiac event drowning in your own blood atop a mattress that regularly receives more DNA than 23andme. On the other hand, perhaps there is no better way to go than by having your heart burst while giving a Butt-Nut-Slut your King Kong Shlong. So, if you do decide to give in to your suicidal impulse of sheer molecularizing desire, don't let me stand in the way of your dreams.

The most important aspect of having sex for 8 hours is going into it with both eyes open. This is not about love, emotional intimacy or even lust. All of that could be accomplished by the 25-minute Saturday morning sex your dad bestowed upon the hardworking Mexican housekeeper while your mother perfected her breathwork at Yogalates. You're not a silly Seinfeld-watching, Gen X suburban dad compensating for a dead marriage and a long commute. So don't fuck like one. You're a drug-fueled emotionless terminator leaving humanity behind atop a shaking, rambling mess whose name is not important. Acknowledging others unnecessarily imposes limits upon the self, creating a cycle of servitude bereft of exploration or spontaneity.

This can only be justified through the Will to Power. This is the sex act without ornamentation, perversion or fantasy. If anything, it's an athletic event or perhaps an extreme sport. It cannot be reduced to the pleasure principle as it goes past the point of simple enjoyment. This is death drive. It is an act of pure willpower to negate yourself inside the body of another melting into nothingness. Given enough time, sex melts all recognizable stable individuality leaving behind an absolute negativity devoid of ego or attachment. Transgression is knowledge. He who transgresses not only breaks a rule. He goes where others do not. He knows something they don't.

Dragging Women into The Shadow Realm with Your Demon Dick

At some point you will reach a runner's high. You may start to notice other sensations that were until now only in the background. Nothing is a certainty, but if anything draws entities without bodies its strong emotion, psychosis-inducing drugs and the warm smell sexual excretion. Between 3 and 4 AM is the sweet spot for this about $\frac{2}{3}$ of the way through.

This is where the boundary of our reality is semi-permeable. If you have the opportunity to follow in the footsteps of John Dee, Shabbetai Zevi or Aleister Crowley. Beware the Machine Elves, for they will tempt you along the way and impair your progress. You must be indifferent to them as to the homeless crossdressing hooker on the corner of Hollywood and Vine. If your concentration is strong and you can properly surf the line between sexual exertion and lucid sleep, you stand a chance to be greeted by a representative of the shadow realm.

This is the jackpot. Some people spend thousands of dollars at meditation retreats and waste decades in search of gnosis, surrounded by dirty flee-ridden hippies. Gross. Avoid the lines, wait and hassle. Take the fast-track easy pass by piloting a tattoo-covered, drug-fueled, social media addicted female ship into Hades to enter into dialogue with the shadow people. It's not really about sexual strategy. It's about using sex as a strategy. Let's be honest, the ultimate Red Pill is speaking with the shadow people and following their advice. Now that's self-improvement.

Train your body and expand your mind with heterodox philosophies so you can have the strength to

turn the challenges of our time to your personal advantage Fill out my form and we'll get in contact.
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Dicking Down The Disciples Of The AntiChrist

151 upvotes | October 3, 2022 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Everyone here innately knows that we are in an awkward waiting period expecting the imminent coronation of the Antichrist. The prophecies are getting repetitive and dull. We've all heard them before. Mothers gouging out their eyes to save themselves from seeing unspeakable horrors. Pious men broken in despair desperately pleading before the putrid throne of Bhaal. Faceless bodies struggling to scream before a God who has turned away in disgust and refuses to answer when he is needed most. We're all incredibly bored, heard it before and are ready for the whole thing to finally get started.

This article isn't about the Antichrist or the apocalypse because this is the Red Pill—a forum on sexual strategy. There's no point in beating a dead apocalypse horse. This article is about getting laid during the awkward pre-apocalypse period. Conventional sexual strategy is not very effective as every woman has been initiated into the inverse religion of the Antichrist and now operates via upside-down Clown World morality. On the other hand, the Apocalypse has yet to begin, so it's not yet socially acceptable to barter food, clothing and shelter with desperate women for sex.

The primary concern of most Red Pill gentlemen is the discrete and efficient disposal of their man-batter when called up by their mother from the basement for warm microwaved chicken tendies. Therefore, a broad overview of the current state of non-basement outside-world is necessary in order to understand the disposition of the contemporary dating-age female. The New World Order has three principal components: the first is a civilization of the Antichrist, the global government which we recently got a glimpse of during the global pandemic lockdowns. The second is a new economic order utilizing Central Bank Digital Currency to institute the Mark of The Beast. The third is a new age occult religion, built on inverted morality.

Before the kingdom of Satan can be made manifest on earth, national, religious, family and gender identity must first be liquidated. All that is solid melts into air. Everything that defines us is an enemy to financial speculators who would like us to have no identity, to simply exist as perfect consumer slaves or as the WEF calls it: Internet of Bodies. All must be deconstructed via critical theory so that all may become faceless compliant interchangeable consumer slaves who own nothing and are pharmacologically happy.

At the forefront of demolition of civilization are western dating-age women who fully understand that their Sex and The City lifestyle is fleeting, artificial and subsidized via on-demand abortion, prescription drugs, job discrimination and wealth redistribution. These people are incapable separating their desire from that of the state or forming their own opinions. This makes them perfect skills for the establishment. Any alternative to the status quo is a threat to the modern woman. They hate children. They hate life and they hate responsibility which is to say anything that gets between them and their hedonism. 25% of American women will have an abortion in their lifetime. These women will literally decapitate their own children in the womb to preserve the status quo, which is why Globohomo is confident in their loyalty and viciously defends them.

Now at this point many of you are wondering if it's possible to protect western civilization from further harm by stuffing women back into the kitchen. Unfortunately, an *Afghan Plan* is not feasible as western women have it far worse than the women of Afghanistan. They're too over-leveraged to be bailed out and a collapse is inevitable, exactly like Lehman Brothers or Bear Sterns in 2008 or any

number of hedge funds this month. Understand that Empowered is a code word for traumatized. The more Empowered a woman is, the more degenerate self-nihilating acts she has engaged in for social approval. Said trauma will then be projected outward preventing her from participating in any meaningful social structure, relationship, or anything else that could potentially pull her up. Exactly like a dog from the shelter. An empowered woman is a shelter dog that barks and bites at anyone trying to help.

Mirror Then Drill Her

Now that you know why Western Women are only good for sex here is a comprehensive strategy to obtain sex. The religion of the antichrist is a second spirituality which pushes women toward nature worship, sustainability (i.e., birth control and infanticide), and magical rocks they can put in their vaginas. The phrases they use (inner goddess, feminine soul, getting lost in a drumbeat) have no meaning, so you can take them, repackage them, and throw them back at them. Claim that your masculine pole can allow for their dancing goddess to roam free and taste the ether. Invite yourself back to her apartment to see her star chart and vagina rocks. Tell her you want to unblock your chi flow and propose naked wet yoga in a tent in her backyard.

Blow Up Her Ego While She Blows You

Fantasy is a psychological defense mechanism created to defend the ego from recognizing its own inconsistencies and the inconsistencies of the social structures it's dependent on. Needless to say, these people are completely deluded and have constructed rich fantasy worlds to protect themselves from accountability and self-reflection. She's going to take part in the same degenerate lifestyle as before, only this time she will fashion it into a cohesive narrative about unlocking her star-dancer inner child. Your job is to be the hard rock upon which she constructs whatever dumb narrative she needs to shield her hyperinflated ego from reality. Effectively she needs a consistent person to construct a consistent fantasy that she can use to shield herself from her own inconsistencies.

Any woman who claims that she has achieved ego-death has definitely only inflated her ego even more. Your strategy should be to blow up her ego while she blows you. You will, however, reach a point at which she craves novelty and will request something against nature, like a Devil's Threesome. This is when you yeet out of there and become the subject of her blog where she posts sex toy reviews and complains about her past lovers.

These women can only be seen as short-term investments. They're the NFTs of the dating world. Pump them, dump them, and invest your capital in something stable that will give you consistent dividends, like a fat-butt Latina who as we all know are the reliable, humble Honda Civics of the dating world.

When Language Fails Barter With Trinkets

There are different levels of integration into the religion of the Antichrist. If she's terminal, normal conversation will be impossible as her weekly Moon Rune Manifestation Women's Circle will have warped her perception of reality to the point where every word you say will be alchemically transformed into something it's not. Fear not, however, because her declining mental faculties can be bypassed by appealing to her basal desires via barter.

If you ask a boomer for advice (bad idea), they'll tell you to get a women flowers and fancy chocolates and take her on a date. This might have worked before anal fisting was considered foreplay, but today's ladies are of a different cloth. For this act of symbolic exchange, you need to pretend that she's the modern-day equivalent of a savage barbarian as that is what she has

psychologically regressed herself into.

Her beliefs are not dissimilar to that of a pre-Columbian native. Show her your boom-boom stick, say that your beard is a mark of divine lineage, and give her some magic rocks and cheap metals with which she can adorn herself. The more money you spend on her, the more she'll hate you for it. The last thing her Lunar Goddess social circle will tolerate is her wearing a designer purse as they ritualistically smear their collective menstrual fluid into a candle-lit pentagram on a kitchen floor.

Your shopping list should include a new Tarot deck, worry stones, a statue of Baphomet, ammonite fossils, and a dream catcher (most likely made from chicken bones). Follow that up with an Ankh pendant, ritual bath salts, and a book called Urban Primitive. Here's a summary from the website: "Urban Primitive aims to show how every disaffected urban pagan can use magic to survive and make good in the city." With this, she'll irritate her roommates and enjoy mixing dangerous chemicals in the kitchen sink of her shared apartment in an old high-rise building. If that fails, get her a scrying mirror and black-licorice scented candlesticks so that she can further damage her eyes by staring at a different black screen in the semi-darkness.

The Dionysian Path: Overcoming Through Cumming

Now that you understand how to overcome postindustrial society's deterritorializing of the female psyche, some of you are wondering, why go through the hassle? Why? Why go through the hassle of psychologically manipulating a woman tethering on the cusp of sanity for a warm lady hole? Why utilize a set of bizarre learned techniques to sleep with a woman whose cats sustain themselves by licking wiccan blood pentagrams off the kitchen floor?

Why? Because we are Red Pill Alpha Males. No spectacle is more pleasing to the divine than that of the superior man grappling with adversity. Only by going deep behind enemy behinds can a man test his mettle and truly know himself. Men of valor are sent to the riskiest positions on the most difficult sexual missions, while the spineless and feeble beta males are left behind to masturbate in their mothers' basements. Man strengthens himself not by cautiously avoiding red flags but by charging them head-first like a raging pit bull on a playground in a residential neighborhood. That which does not kill us makes us stronger. By overcoming forces of chaos and dissolution we turn them to our own advantage strengthening our disposition. Give her the dong, tell her so long, and thank her for all of her insane antics that helped make you so strong.

Train your body and expand your mind with heterodox philosophies so you can have the strength to turn the challenges of our time to your personal advantage Fill out my form and we'll get in contact.

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Destroy Your Dick December

77 upvotes | November 1, 2022 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

A lot has been written on the topic of No Nut November by the Red Pill and Manosphere as a whole. However, up until now no one has written on the topic of Destroy Your Dick December. Now I know what your thinking. You're thinking, Gaylubeoil, You little jokester, Is this one of your silly troll posts? Ha ha! Is this one of your silly jokes? Common let's be serious. The Red Pill is about self improvement. Write about that please. So I can self improve.

And to that I say: Go Fuck Yourself. And I know you will. Because as soon as No Nut November ends your gonna march right into Destroy Your Dick December. In fact No Nut November logically signifies the existence of Destroy Your Dick December. They're like peanut butter and man jelly. Dudes aren't vowing to give up masturbation forever. No! They're saying they're gonna give it up for a month. And at the conclusion of that month their obviously gonna masturbate heavily and Destroy their Dick December.

So basically No Nut November is a giant foreplay month that the manosphere plays with itself and other men. It does this by denying the existence of Destroy Your Dick December, to maintain a veneer of respectability. But in reality if we're really honest with ourselves the whole point of the endeavor is Destroy Your Dick December.

At this point your thinking ha ha neat observation there Gaylubeoil. But what's the point of this? The point of this is that you and most of the manboys here are such degenerate ADHD sacks of shit, that the only way y'all can be taught a new concept is through elaborate masturbation and sodomy metaphores. That's all the dudes here know or understand.

Alright so now that I got you hooked with all of this hilarious pee pee poopie talk I can deliver my brilliant philosophical lesson, before you inevitably get distracted by an internet butt. All communication is comprised of Manifest and Latent content. Manifest is that which is said. Latent is not said, often denied but exists as a logical consequence of the first. Manifest content exists to hide traumatic latent content.

So for example, a while ago there was a post titled: Women Are Wolves In Sheep's Clothing. The latent content is that the author is a sheep. Because logically who else would care about wolves in sheep's clothing? Wolves don't care about wolves in sheep's clothing. They'd probably find the crossdressing wolf hilarious or disgusting. So the guy who wrote Women Are Wolves in Sheep's Clothing subconsciously thinks of himself as a Sheep-Man. That's why he wrote the post. He wanted to reassure himself of his masculinity because he felt like a sheep.

According to Freud's most famous book The Interpretation of Dreams, the purpose of every dream is to keep the sleeper asleep. Sounds simple right? Well in Freud's native German the word dream, can be translated as fantasy desire or wish. Dreams allow people to experience an uncomfortable reality, do nothing and continue the status quo like our Sheep-Man.

In other words uncertainty begets fiction. People hide from difficult Red Pill Truths via Blue Pill fiction. The Department of Defense commissions Hollywood to make war propaganda so that war can be normalized and continue indefinitely. Sheep-men write sheepish treatises to reassure other sheep men. Masturbators wax poetically about No Nut November while counting down the days to Destroy Your Dick December.

Truth can be used to create a lie. By getting you to focus on No Nut November you can be Distracted from Destroy Your Dick December. If you want to play this Red Pill game you have to learn how to find the glitches in the Matrix. You need to learn to find latent content hidden within official narrative manifest content.

Or not. Be an NPC. Do what everyone else does. Listen to your teachers. Don't ask complicated questions. Don't point out contradictions. Hold out until December. Find yourself some nasty porno and Destroy That Dick.

If you are interested in changing your life with difficult workouts and difficult books now's the time to get in contact. My coaching service has changed many lives. Fill out my form and we'll get in contact)

If you are a discerning man of taste interested in a buffet of Red Pills you are cordially invited to join my Telegram Ascetus

Stoicism is the Copium of the Manosphere

49 upvotes | November 28, 2022 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

For those of you who somehow don't know, in 2016 we were winning the culture war and in full control of the narrative of most social media platforms. Then, quite suddenly, an ominous cry was heard all around the world. "Oh Hey, Shut it down!" With a snap of a finger and a flip of a switch our real Red Pill content was deplatformed and traffic was surreptitiously routed to establishment-controlled gatekeepers. From that time onward Beta males have been gobbling up Pareve content faster than a used-up cum-crusted Strong Independent Woman throats birth control, antidepressants and box wine.

There is no discernible difference between a sedated caged animal and a beta male tugging himself off to Jordan Coperson YouTube Motivation clips. They do what they are told to do, and they hear what they are told to hear. Most importantly, they don't ask why or seek an alternative. They adhere to Stoic rules, vague important-sounding abstract principles and emulate the dominant neoliberal ideology by forcing themselves to speak in a contrived post-Fordist office manager voice. Just hold frame bro.

All if it is for the express purpose of keeping the animal within the narrow range of socially acceptable opinion. The animal is repeatedly threatened with and beaten with the stick for being a cisgender heterosexual male. But at no point is he told how to overcome the stick, just that he will inevitably be beaten again sometime in the future and that repeatedly surviving beating for some reason makes him heroic.

Stoicism is a cope used by weak men to escape the chains of physical reality by withdrawing into an illusory world of imagination. Freedom in thought is only an abstract freedom, not actual freedom. The Stoic is detached from real life and escapes to his illusory cave of self-comfort. Freedom of thought is achieved by retreating from the external world. The Stoic withdraws to his self-consciousness and trains himself to hold an indifferent attitude toward the world by practicing positive affirmations, mindfulness and gratitude rather than changing his physical condition.

The mainstream YouTube manosphere of self-important stern daddies, pickme girls and black content recyclers is the calcification of cynicism. It is never censored because it's 100% in line with ruling class interests. Their message is the normalization of the current western sexual marketplace. All women are like that. Accept it. Deal with it and tolerate it. Don't question it. Don't ask how or why things got this way and whatever you do don't look for an alternative. Neoliberal mommy Margret Thatcher says there are no alternatives to neoliberalism so don't bother looking for any.

That's exactly what beta males self-satisfied in their mediocrity want to hear because any alternative threatens their complacency. Real action is anxiety-inducing. It's complicated. It requires iteration and an appetite for risk. The beta male fears risk above all else because the beta male is a slave to the ruling ideology and cannot fathom or chooses not to consider an alternative. The slave is a defeated adversary who has not gone all the way in risking his life. He has not adopted the principle of the master: to conquer or to die. He has accepted the life granted to him by another. He depends on that other and prefers slavery to death which is why by remaining alive he lives as a slave.

The slave is burnt-out, depressed, and suffers from countless psychological illnesses. One remedy for this is a reinvigoration through living a life of action. Action creates possibility. The slave, however,

is not short on action. Only his action is not real action which precipitates change; his action is pseudo-activity which chains him to his circumstances.

He is rewarded for achievement itself, and encouraged to work ad infinitum. Hyperactive and hyper-neurotic, his lifestyle has gorged him with an overstuffed ego bursting at the seams. This hectic nervousness prevails because he lives in a fleeting world. At every moment life is rapidly fleeting from him. There is no substance. No duration.

Everything is subject to change. His only available reaction to his fleeting life is to be active in excess. The beta male slave frantically paces, as both prisoner and guard of his own exploitation, forever straining to support the illusion that his bare life and bare work are independent of one another. He is forever forced to believe that his bare life is holy.

The slave no longer possesses the ability to contemplate due to a life of hyperactivity. He is incapable of critical thought, and drones on, moving from task to task like a machine. There is no time for thought, no time for reflection, and certainly no time for rest. Hyperactivity is a sickness, and yet it is encouraged and facilitated at every street corner by over-commodified pharmaceutical doping. He is a man with a deep laceration being prescribed blood-thinners.

Therefore, the only true solution is to the slave is to unplug from the system that made him a slave and reintegrate into a system that is too incompetent to make him a slave a gain. Anything else is a cope, a palliative, a counterfeit Red Pill, that covers up the problem with new labels rather than addresses it. Do the majority of the men of the Red Pill have the strength to jump on a plane and seek an alternative to their slavery? No. Which is why they will die clutching their cage desperate for others to pretend along with them that their weakness, ineptitude and fear of action are somehow virtues.

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You Aren't Horny Enough

287 upvotes | December 6, 2022 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

The core issue for the vast majority of men is that they are not horny enough. They're not hard enough to fuck the world so they settle for aimlessly tugging on their flacid dick.

Questions on how to develop confidence, how to go about talking to girls correctly, how to be a high value man, what is Alpha and what isn't, and how one could go about being Alpha only have a chance to arise because you aren't horny enough to assert yourself onto the world to get what you want. Yes, there is failure and pain involved in the processes of clashing against the way things are, but when you are horny, you have a higher pain tolerance.

It's the lack of vital energy that leads men to seek established paths that are systematically laid out for them— they want to fit into something predefined, because carving out something new, especially something that would seem impossible until it is actually done, is painful, frustrating, and risky. Being horny will naturally make one want to change the world as he sees fit, thus necessitating pain, frustration, and risk— and so the modern man destroys the surplus vital energy inside him through masturbation.

Masturbation here is being used in the broad sense. Masturbation can refer to any activity that is counter to generative drives, and follows this circular process: the generative drives inside of you cause discomfort as they build up to a substantial level because you are acting against them, you masturbate, i.e., do something that will remove that discomfort, you are only temporarily relieved of the discomfort, because those generative drives will continue to build up in you.

Self-help is a form of masturbation— it makes you feel like you are taking actions towards something big, when in fact you aren't bringing about any radical change to your life. It allows you to stay the way you are because you think that you are changing. The moments that bring about transformation, when you change the given circumstances you are in, are anything but pleasurable.

That being said, masturbation, in the broad sense that it is being used here, doesn't have to feel pleasurable. The woman who keeps going back to her abusive ex— in her masturbation, she cooms when she leaves him, that's why she keeps going back. The man who says with that woman who always cheats on him with her ex— he cooms when he is able to be man enough to forgive her for her flaws. The writer that suffers from writing block cooms from recommitting to his project wholeheartedly after being fed up with not going anywhere with his manuscript for a few months.

To break away from their dysfunctional situation would be to forgo their cooming, and go into the unknown. However, if they do renounce their current unconscious enjoyment for something greater, then they will be horny enough to change their lives. Unfortunately, most will be stuck masturbating at some point.

The Manosphere is one big circle jerk, with smaller circle jerks inside it. It might have been groundbreaking a decade ago, but the fact that it hasn't radically changed the given conditions that had given birth to it is a testament to its impotence, and proof that all it has been doing is unconsciously enjoying its problems. The problem of the overvaluation of pussy was known long before OnlyFans.

There could have been a cultural revolution to bring a new balance to the sexual marketplace. But no, there was no effort to organize, and even before that could be considered, no effort to go beyond self-

help and the Rational Male. You could argue that such a movement would have failed. I'm inclined to agree. But even a failed movement would have made the Manosphere a force that actually stood for something, instead of a reactionary, masturbatory community. Unfortunately, the Manosphere cooms by reacting to a small number of symptoms of liberal degeneracy destroying their civilization. In fact, the Manosphere can be considered to be one of the institutions responsible for the problems that it cooms to.

The Manosphere has only coomed to the world in various ways. The point, however, is to be horny enough to change it.

What are we doing to rebalance the sexual marketplace? We're moving men out of the West, allowing them to have access to a higher quality of life, more money for less work, hotter women, and an environment that is suitable to actually raise a family. We literally have a base in Mexico, and are actively helping our people get residency and remote work. We don't have to deal with the same bullshit that you all have been dealing with for the last decade. We have newer and more exciting problems to deal with.

To those of you who think that leaving the US is a cope, you are a masturbator. You say "this is America, we don't run away from our problems", but you're not part of an organized effort to make a difference. You're just masturbating as usual as the world around you collapses— but you can only masturbate so hard for so long.

If you are done negating your vital energy and are ready to bring radical change in your life with difficult workouts, difficult books, and a community of men who can offer you resources that are unavailable to most people, now is the time to get into contact.

We're not gatekeeping with a paid service. If you think you are intellectually up to par to join our forum, here's a link with directions to submit an essay.

For Red Pills so spicy they can't be posted on Reddit, here's our Telegram channel.

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Fixing Your Fractured Life

119 upvotes | December 22, 2022 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

A long time ago, in a world before modernity, a man had a place in this world offered by the organic social structure he was born into. I'm not claiming there was an absence of problems, but internal and personal struggles were limited, and the real problems were problems that affected the organic structure as a whole-- whether that be a man shitting in the community well, or Mongols gathered outside to vape and pillage everyone. Arguably problems were more intense back then, yet humanity was able to overcome them to survive to this day. How did we, who are necessarily descended from those overcomers, get to the point where most of our struggles concern the most basic shit? Is it simply because there is a lack of problems on a grand scale that we are left with nothing but tedium? No, of course not. We have a global elite that's trying to make a controllable population of sick slaves, we have technology accelerating changes we are unprepared for in the social fabric that previously took centuries for the same level of change, and we have the continued commodification for culture-- meaning is exchanged for money. If anything, humanity is under threat now more than ever, and the fact that the Manosphere exists is but a symptom of greater problems.

What happened to the world during modernity is the destruction of the organic social structures that defined a man's belonging in the world, and their reorganization into modern social structures which optimized for maximum value extraction. Large family clans broke down into nuclear families, and man (d)evolved from person to individual. What's the difference between a person and an individual? A person is a part of a greater context. An individual is stripped away from context, and is able to be moved around more efficiently. The same forces of dissolution continue to advance even further. With the type of economy that is merging, even an individual is too cohesive. What is pushed now is not individualism, but dividualism. The fractures that broke and reorganized the modern world looks to spread to each and every man.

If you are working a wage slave job that does add to the rest of life other than the wage that it provides, then you are fractured. If you resort to any sort of copium, whether that be drugs, porn, alcohol, online entertainment, social media, or even the forced abstinence of all these, then you are fractured. If there is no united orientation in all the things that you do, if you have mutually exclusive desires, then you are fractured. Being fractured means that your energies are being pulled in different directions. It means that you are being made busy micromanaging all the different compartments of your life just so it doesn't collapse. It's like a wheel furiously rotating on a frictionless surface-- so much movement without progress. The progress goes to the technocratic economy that advances the fracturing to get as much labor, time, and attention from you. The fracturing makes life meaningless, and makes copium necessary to avoid the confrontation with nihilism that is necessary for its overcoming.

The real Alpha move is reterritorializing as much of this meaningless world as possible. This is not mere mental exercise, inner-game, copium where you "find meaning in life". A proper reterritorialization is the creation of new organic structures.

What does this look like in practice?

First off, you need a group of competent men with a common culture. A group isn't merely a sum of all the members that form the group. A group is an emerging process that is greater than the sum of its parts. Each member of the group is kept accountable by others and is required to become more

than he otherwise would be on his own. The purpose of the group isn't to enjoy entertainment together, nor is it to have something to ego-identify with. You're not forming some sort of coolboi club. You're bringing together your strengths to carve out a part of the world for yourselves so that you can live and raise your families the way you see fit.

After you have a group, you need to do two things: acquire material wealth that will allow all the members to escape wage slavery, and re-educate yourselves so that you are able to have a greater understanding of the world and are able to run your own culture. Ideally, you do both of these at the same time, but depending on where you are with life, you might prioritize one over the other. Both are necessary.

When you are working as a wage slave, you are made to cooperate with other wage slaves, but none of you actually benefit from the cooperation. Let's say that 1 wage slave can produce X in 1 hour, but 10 wage slaves can produce 20X. Pretty much through cooperation, that productivity of a wage slave doubles. But because they are wage slaves, they don't get to work half as much nor do they get twice the amount of money. The person who benefits is the one who brought all those isolated wage slaves together. That's a basic Red Pill for you already. What you and your group of men need to do is actually get the benefits of cooperation. In the modern world, that means forming a small business. You and your friends can then go find wage slaves to exploit, or expand your group as you encounter men worthy enough to join. What's important here is that each of the members are able to bring a skillset that can synthesize with the skill sets of other members.

As for your re-education, it is imperative that you move beyond the limited scope of sexual strategy. Sexual strategy is a mere factor in a greater context, and it is the grasping of the greater context which will allow you to take better action to accomplish your goals. In fact, even the goals you have are a result of your fractured being. Through reading philosophy, psychoanalysis, economics, religious texts, etc, you will be able to see that there is a lot more to life. You will also be able to actually unplug yourself from mainstream thoughts and influences, and be intellectually caught up, as opposed to having ideas and problems that have already been outdated for hundreds of years.

You can start your re-education on your own, but tackling the difficult texts is better done through a group structure, because through discussion everyone's understanding is deepened. Universities originally offered this, but now they serve as turning would-be wage slaves into wage slave deluges, while milking as much money out of you as possible.

What books to start out with for your re-education? Sovereign Individual, Ride the Tiger, and Sublime Object of Ideology. Those three books are a good starting point, and you can work your way back to the thinkers that they are based off of.

Once you have a functioning culture that is also rooted in the material world, you have an organic community. All you have to do is maintain it. But maintaining is not a passive task. An organic community is alive and needs to be growing. Stagnation is death. Anyone holding the community back needs to be kicked out. Those that are in the community need to embody its standards.

It goes without saying that with all the benefits of an organic community, getting a lady to sit on your dick won't be such a big deal. Sexual strategy, among other trivial things, such as workplace relations, will no longer need to be given any special attention when your life isn't fractured.

Ascetus is the continuation of the Manosphere that has evolved into something greater. I've gathered competent people from different backgrounds and skill sets, and as a result, we have a flourishing

community that exists both online and in person. We are continually educating ourselves and enriching our material lives as well. We are working towards freeing all of our members from wage slavery, which will allow them to live their lives as they see fit-- an unfractured life, a life that can take advantage of the benefits the current age offers, instead of having to carry the burden of its negative effects.

The Ascetus chat is now open to the public for a limited time. Come over and talk to us. Ego posturing will be met with a swift ban, but otherwise there are no decorum rules. Feel free to ask any questions. Those genuinely looking for help will be offered it.

If you want personalized coaching to help meet your goals and un-fracture your life, contact us directly through [HERE](#) for a one on one call. We've already helped turn around the lives of many men with our intensive reading and lifting programs, more so than any self-help or Manosphere content creators.

How to Become a Digital Performer Specializing in Remote Work Reenactment

141 upvotes | December 26, 2022 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

My employer is under the false impression that I am in the United States building a billing system on his behalf. That would be the job of a programmer. However I am not a programmer. My boss, who likes to think of himself as a lead software engineer, isn't a lead software engineer, at least that's not how I see him. I am a pioneer in an exciting emerging occupational field. I am a digital performer specializing in remote work reenactment. And Gerald, the tired overworked middle aged man who believes himself to be a decision maker, isn't deciding anything. I am. The man who believes himself to be a Lead Software Engineer, I see him as much more than that. He is my patron. He has the honor and privilege of being graced by my art. I am the Michealangelo of Digital Performance Reenactment and Gerald is my audience eagerly anticipating my every show.

Employers operate under the outdated mistaken belief that they are in the business of buying labor by the hour. The truth is that they are in the business of purchasing perceived labor output. Nobody actually works a full 8 hours. They work a modest 2.5 and sham the remainder. This has always been the case and the remote work revolution has only exacerbated this fact.

In an age where people will pay millions to buy a digital image of a monkey smoking weed, the amount of actual labor you perform doesn't matter. If it takes you 2 hours to do what most wage slaves accomplish in 8, there's no reason to punish yourself by demanding more work. As a digital performer my goal is not output maximization but perceived output maximization by shuffling tickets on Jira and providing an oscar worthy depiction of an overworked programmer to my zoom audience. I'm using my time to minimize my labor hours while maximizing my perceived labor output, so that my real labor can be properly allocated to empowering women of color, specifically by painting their insides white, so that one day I can grow my own soccer team.

Relocating to LATAM was the obvious choice for me due to its amazing tropical weather, attractive local women who aren't anesthetized with libido suppressants, (SSRIs and birth control), and low taxes. The United States has citizenship based taxation which means that wherever you go in the world, the medical-industrial and military-industrial complexes will be siphoning more than a quarter of your income to pay for insulin treatments for diabetic blacks and Raytheon Peregrine Missiles to donate to afghan villages. However, the IRS graciously provided US citizens with the Foreign Earned Income Exclusion, or FEIE. If you live outside the US for 330 days during 12 consecutive months, you pay zero federal income tax. Now obviously I am taking advantage of that but it begs the question what does my employer think? Well in the words of Sun Tzu, "The greatest victory is that which requires no battle". Just like a transgender person can decide not to come out as transgender to family and friends, I can decide not to come out as transnational to my employer. My body my choice. Which is why my company has no right to know my location.

In order to maintain my right to privacy as a transnational identifying person, I had to take some measures that some might call drastic. For starters my current job requires me to connect to their SQL database. Their server doesn't accept connections from outside of the US, so I invested in the GL-MT1300 (Beryl) router and a NordVPN subscription with a dedicated IP address. Any time I have to connect to my employer's servers I do it through my VPN dedicated IP so it looks like I'm

connecting from the United States. On the rare occasions when I must method act, npm is my muse. With a flourish of npm install and my brilliant 5th grade reading level (of the documentation), 5 story points of work is done in minutes and the Product Team throws roses on my digital stage

That covers the technical aspect but there's also a social aspect to becoming a digital work reenactor. How do I maintain the illusion of productivity while my labor is expended on reproductivity with latinas in a tropical paradise? Every actor understands the importance of costume. The setting of my performance is not the tropical paradise where I live but rather a dreadful gloomy town beset by cold winters. Which is why during my zoom performances I blast the AC and wear a sweater, sometimes even a beanie to best embody my character. Every morning before I start my day I'll check the weather and local news in my town in the US and about once or twice a week during my standup meeting I'll make a comment about local events. I also have a running list of fun activities and hobbies that I supposedly participate in, and current tv shows that I supposedly watch. This way if someone asks what I did over the weekend I can quickly piece together a convincing cover story. However most of the time I'll just ask questions about other people to avoid having attention focused on me. My coworkers love talking about themselves.

Now you may be wondering, how did I get a job as a programmer without knowing how to code? Well it's almost 2023, and American corporations have collectively decided to adopt a postmodern post truth position with regard to gender and how many hours per day their engineers are just playing League of Legends. Just as there is no "correct" way to code a loop in Python (you can use recursion, a for loop, a while loop, etc.), there's no such thing as an absolute truth. At least that is the position my employer has adopted into company policy. Who am I to contest their ontological position?

Truth-effects and morality narratives are arbitrarily imposed from above to mold a submissive and optimally productive middle class to be milked dry by its overlords. My contention is if my employer holds that gender is a social construct to be arbitrarily chosen on a whim, so is location and technical ability. That's why my resume is filled with programming languages I don't know. This brilliant logical deduction was enough to overflow my schedule with preliminary interviews. The next step was hiring a technical personal assistant from Fiverr who identified as me during technical interviews. After that I accepted a job offer. Cheating at your job is very similar to cheating on your girlfriend, if you're good at one you'll be good at the other.

Two millennia ago the great Aristotle reasoned that men of culture must be free of stupefying labor if they are to achieve their full potential. This required a degree of autonomy only available to aristocrats and artists with rich patrons. As I see it, I am a 21st century DaVinci whose performative art is the faithful depiction of the contemporary office drone. Future generations will look back and write their dissertations on the world-disclosure of my portrayal of the remote worker. This is more than reappropriating my surplus labor from my employer/patron. This is about empowering women. This is about giving back to communities of color. This is about creating art.

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Brown Beta Males

200 upvotes | January 5, 2023 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

The south asian demographic have the most difficulty getting laid. There is no biological reason for this, no such thing as “deathnic”, as blackpillers would have you believe. There is no gene that prevents one from getting laid. Indeed there are brown guys getting plenty of puss. The issue with the ones that don’t is that they are still holding onto a defense mechanism they picked up from coping with their upbringing under strict parents: Evasion. Their evasiveness makes them ideal betas– they go with anything that is asserted onto them because they have a means of escape, and instead of asserting themselves onto others, they avoid any potential conflict. This causes a lot of problems in their life, their inability to get laid being just one of them. The more sheltered and enclaved the brown boi in question, the more evasive he is likely to be.

How did the brown beta come to be? The brown beta’s parents were overbearing. They themselves might have left the village, so to speak, but the village didn’t leave them. In a village it made sense to not disturb the peace. Furthermore, any problem would be further exacerbated by people talking about it. Some problems were better left unresolved, and certain things were better left unsaid– being outcasted wasn’t worth the risk. For better or worse, the village, and organic social structures in general, don’t exist anymore. At most, there are only surface level remnants of said structures. But despite that, many south asian parents act as if the opinion of the village matters, even if they know they are not in the village anymore. Their boy has to be intelligent, and grow up to be rich and high status. The parents’ demands for the brown boi were overbearing, and there was no room for argument. Any dissent is met with punishment, ceaseless nagging, or relentless shaming. The more strict the parents were, the less able the child was able to handle conflict and communicate assertively. There was no way to deal with such a situation without coping, and for our brown boi, the cope was evasion. The cope was just saying yes, but doing whatever he wanted behind his parents back. It’s not uncommon to meet a highly intelligent south asian who also is a heavy drug user. It’s very uncommon to meet a south asian man who isn’t hiding a lot from his parents.

Instead of overcoming those childhood defense mechanisms, the brown beta holds onto them even in adulthood. The years of avoiding conflict have made even the possibility of conflict too stressful to handle emotionally. Being trained to keep quiet has stunted their ability to express themselves. The habit of evasion has also made it difficult for others to trust them. If there’s an interpersonal problem, they keep quiet, and so the issue is left unaddressed until it becomes unbearable to keep quiet about it. Their behavior is only suited for some humpty dumpty Indian/Pakistani/Bangladeshi/Sri Lankan village that no longer exists, or for being an obedient wage-slave– it’s a model for failure everywhere else.

The only way an evasive brown beta is going to get someone to sit on his dick is if his parents arrange a marriage for him. Why? Because the process of getting laid, and the potential relationship that follows, is inherently something that requires conflict. When you approach a woman with the intention of doing the didily with her, you are changing the trajectory of her life and yours. She didn’t open up her schedule to just stand around until she can be approached and get laid. You have to get her to stop what she was doing, and change her plans, because she didn’t know about your existence until you actually made contact with her. You also have your own plans, you also have things that are likely to come up, but when you see someone you like you have to drop whatever for a moment and

then go talk to her. So not only is there the potential verbal conflict of an approach that goes south, there is also the conflict that is inherent in destroying one's emotional homeostasis.

Naturally, brown betas that try to get laid try to do so without the conflict, and so they do everything around getting laid, without getting laid. They will work on getting more money, they will buy nicer clothes, they will work on their social media, they will buy self-help books, etc. They're secretly hoping that if they can do the work, that they will be able to get laid without having to assert themselves onto the world. Of course, this doesn't work. What ends up happening is that the brown beta is stuck in a masturbatory loop where he keeps circling around his desires forever.

If you are a brown beta, or have the characteristics of one, what to do?

First off, you need to be aware of your evasiveness. You need to watch yourself avoiding conflict like the little beta you are. You need to know exactly what you feel the moment you decide to evade and how you do it. Most often, you aren't honest with yourself and end up rationalizing away your behavior. Your evasion might just seem like a level-headed decision to put off an action to a more opportune time, or thinking something over instead of rushing into it recklessly. It's not. You need to realize that you pick evasion first, and then rationalize it, not the other way around. Next, you need to throw yourself into conflict and break your established passive behavioral patterns. There is no other way around it. You need to act before you evade and rationalize. Walk into a gym, show up in a country where you don't know anyone, talk to strangers, go try new activities, etc. There is no guide, no plan, no path, you simply receive some kind of desire and then rather than postponing it, you commit to it fully instantaneously and pursue it until success. Logistically, you need to get away from your parents. Environment matters, and staying in the same structure that conditioned you to be an evasive beta will not allow you to grow. Don't re-enclave yourself with other brown betas that have the same problems as you. Go make friends with people of different backgrounds— people with whom you have no choice but to communicate clearly and assertively with, because they aren't going to be able to understand passive-aggressive, avoidant, south asian beta communication styles. After you've unfucked yourself, help your fellow south asians unfuck themselves. Show them that they don't have to be stuck being an evasive brown beta.

If you want personalized coaching to help meet your goals and un-fracture your life, [contact us directly through HERE](#) for a one on one call. We've already helped turn around the lives of many men with our intensive reading and lifting programs.

Tactics without Strategy is the Noise Before Defeat

94 upvotes | January 30, 2023 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Sun Tzu's *Art of War* is the most influential strategy text in East Asian warfare. More importantly, however, this book is the best desk decoration a self-important blowhard could ever hope for. Are you a self-important blowhard who wildly overstates his worth? Let's face the facts: you read The Red Pill so there is an above average chance that you are. It is of the utmost importance that you buy this book and place it in a conspicuous place so that others are led to believe that you have read it.

But don't worry, you won't actually have to read it. As a self-important blowhard you are incapable of engaging critically with other people's ideas, especially if those ideas come from a different culture or perspective. You know that you are the best, so why listen to someone who isn't? Why read? Why bother considering anything you do not already believe? Why not just buy more books that shit neoliberal managerialism back into your mouth? Why listen to some Asian guy who lived thousands of years ago? How tall was he? Did he fuck bitches? And most importantly, what color was his Bugatti? Ok, but listen. I'm not telling you to actually read this book. Because I know you are incapable of actual reading. I understand self-important blowhards. I've been in the manosphere a decade. I've spoken with self-styled Godfather of the Manosphere Rollo Tomassi as he tried to fellate himself Marilyn Manson style. I am the Jane Goodall of self-important blowhards. I speak their language. I understand. Just think about how cool you will look holding, taking pictures with, or best of all, doing podcasts next to a book that has *art* and *war* side by side. *Art of War* sounds important and deep, which will make people think you are important and deep. And what's more important than that? What's more important than presenting yourself as knowledgeable and interesting while holding something that is oriental? China's economy is on the rise which means the stream of cheap Asian whores brides is drying up and this is your next best option.

Now, if you think this article is a joke or somehow funny, I hope for your sake that you have left the United States and are laughing from a safe distance. The United States is run by self-important blowhards, each of whom have an unread copy of Sun Tzu's *Art of War* on their desk. The title of this article is precisely the book that the American managerial caste postures with but never actually reads.

Had they read the book, they would know that Tactics without Strategy is the Noise Before Defeat. While it is true that warfare has dramatically changed over the past millennia, the fundamental logic of Sun Tzu still applies. To grossly oversimplify this issue, you could say that tactics are the means towards an end which has to be defined and the definition of that end goal is strategy.

America is the undisputed champion of tactically flying a 10-million-dollar Black Hawk helicopter below radar, fast roping under the cover of darkness before painting an Afghan child's room with the brains of his father. America is the best at the tactical part, but it can never quite figure out the strategy part. Spending millions of dollars to splash skull and brain across the middle east does nothing to advance America's stated strategic goal. Transforming Afghanistan into a thriving democracy where women have the freedom to stretch themselves with as much Tinder cock as humanly possible. Tactics without strategy is the noise before defeat. This is why America lost aka did not accomplish its strategic objectives in Vietnam, Iraq, Afghanistan, Syria and soon Ukraine.

American officers, which is to say the best men the country can muster, have demonstrated a lack of strategic vision for decades. Liberals who believe in the constitution lose like they lost all previous

wars. They hold these truths to be self-evident: "that all men are created equal." Truth is rarely self-evident and must be differentiated from all the noise. U.S. Military officers are comfortable with the idea of losing, which is to say enjoying the decline. They thirst not for victory but for the penises of their superior officers who can offer them status. The recent addition of Critical Race Theory books into the recommended reading list for military personnel is only icing on the cake.

America's future has been foreclosed and nobody is doing anything to change its trajectory. Just as nobody did anything to prevent military defeats, nobody is doing anything to stop the upcoming domestic defeat. Bill Krystol and Co. thought that they could turn a country of stone-age goat-fondling shepherds into a Jeffersonian democracy in a couple of months. Henry Kissinger thought that firebombing half of Southeast Asia would make people love Uncle Sam. Teen Sniffer Biden will devalue the dollar chasing an unwinnable victory in Ukraine until you're paying Weimar Germany prices for eggs.

There is no one at the wheel, and the ship is slowly taking on water; meanwhile, Boomer and Gen-X LARPer are doing push-ups on the Titanic and watching Joe Rogan podcast highlight videos. Thin Blue Line paladins prepare for hypothetical zombie outbreaks while multicultural demonstrators *five finger discount* Nike shoes in the name of racial justice. No one has any idea of how to stop the ship from sinking and to correct its course; instead, the strategy is to loudly proclaim how sorry everyone is for historical injustices and to re-arrange the seating arrangements on the deck of the ship. America wouldn't know strategy if Mossad psyop-ed their son into wearing cat ears and spreading his bussy on TikTok. They're fucked and they don't know that they're fucked. White American men have zero strategic vision. They will continuously lose forever up until the end.

There will be no "collapse" the way some of these people think of it. It's not going to be like the movie "Dawn of the Dead" or whatever where one day suddenly shit hits the fan and prices skyrocket and everyone begins to riot and the SS comes marching down the street to kill everyone. There will be no "happening." It's far more insidious than that. Read the poem "The Hollow Men" by TS Eliot and you'll understand. You'll just notice that every day simple things will become a little more expensive. Everyone's homes and apartments will start to get smaller. Your work hours will get longer, but your pay will decrease. You'll see family and friends less. and find that in time you care less about them. Every day you'll find yourself lowering your standards for everything: work, food, relationships, etc. Job security will no longer exist as a concept. You'll notice houses and apartments shrinking. People will start hanging on to clothing longer and longer. Less people will get married, even less will have children. People will engross themselves in technological distractions and fantasy while never truly experiencing the real world.

Whatever dream people used to have about what their lives were going to be will become for them a distant memory. The only thing left for them will be the reality of their debt and their poverty. And every minute of every day they will be told, "You are stupid, ugly, and weak, but together we are free, prosperous, and safe."

That is the collapse. The reduction of the American man into a feudal serf, incapable of feeling love or hate, incapable of seeing the pitiful nature of his situation for what it is or recognizing his own self-worth. You are going to enjoy this decline as much as your grandmother enjoyed her descent into Alzheimers.

So really your only option is to pivot out of America, pivot out of America the culture and pivot out of America the mindset. If you are to survive the coming decade you cannot be a self important

blowhard virtue signaling to books you haven't read. You have to have a strategic vision. You need to take your dollars while they still have value and buy yourself a life someplace that still has a future.

If you want personalized coaching to help meet your goals and un-fracture your life, [contact us directly through HERE](#) for a one on one call. We've already helped turn around the lives of many men with our intensive reading and lifting programs.

I've created a public [Telegram channel](#), an uncensorable fortress, for Red Pills so spicy they can't be posted on Reddit

Don't Hold Frame Do This Instead

184 upvotes | February 6, 2023 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

The whole framework behind holding frame is incorrect.

The problem with the concept of holding frame, like a lot of the ideas in the Red Pill, is that it is based on surface level behaviors. The manosphere believes emulating the behavior of successful men will get their results. This isn't the case for most men. Just watch a red pill beta hold frame. It's painfully obvious that holding frame is a cover up for his impotence to influence his circumstance. He doesn't demonstrate his intellectual competence over the opponent. Nor does he negotiate for mutual benefit. The red-pill aware beta masks his verbal incompetence by doubling-down on his position. By doing so, he avoids any dialectical process that would lead to a new outcome that could move his life to the next stage. Holding frame is a defense mechanism. But the only way to progress as a man is from a place of attack, and being open to attack. I'm using attack in the broad sense. I mean taking a proactive approach towards changing one's circumstances.

Before I get into what to do instead of holding frame, let's see how holding frame holds you back. I'll give an example of a common relationship problem. You should be able to see how this would apply to your dealings with men as well. Let's say that your girlfriend decides that she wants to go to the nightclub with her friends, while dressed in a skimpy outfit. What are you going to do? This is where the Red Pill common sense would tell you to hold frame. You are going to tell her that if she goes out with her friends to that night club, then it is over between the two of you. You're then going to double-down on that position, while you hope that she gives in. Another option is having a frame so strong that you send her off to cultivate erotic energy from a surprising source. But let's assume that your frame strength is NOT next-level enough to allow yourself to get Cucked while thinking you're Alpha. You're going to tell her "no", and either she gives in, or a conflict ensues. The conflict will end with her giving in, or with her breaking things off. Let's assume she "gives into your frame"-- congratulations, now there is going to be surplus enjoyment when she eventually does cheat on you. Cheating on you will now be seasoned with the satisfaction of transgressing an overbearing boyfriend. It's the same with dealing with children-- having a strong frame will only make their rebelling against you feel even better. Think back to highschool and remember the drug use of the kids who grew up under overbearing parents-- their parents' holding frame messed them up. Even well into adulthood, some of them are still rebelling against their parents, whether they know it or not. When dealing with other men, asserting your frame can result in resentment or evasion-- an issue when you need people to do things for you. Holding frame will just incentivize men to screw you over in any way they can.

Holding frame is a display of your power-- but displays of power are evidence of one's impotence. Just take a look at any country when its authority is under threat. Laws become more strict and the big guns are brandished. It's one thing having a nuclear arsenal, it's another thing to be poised to use it at any moment. By holding frame, you unconsciously signal your impotence. As a result, you invite circumstances to reveal that impotence.

Power is about having a frame so strong that it can hold itself up-- in other words, a shared narrative. True leadership is building, maintaining, and bringing others into your narrative. You don't do this through asserting your frame, but through drawing people in. Unlike frame, the narrative never completely belongs to you. The real power dynamic isn't in asserting dominance over others, but

having influence over the narrative. The narrative is alive and thus ever changing. As a leader, you need to be the one directing the change as the situation calls for it.

Some of you may think that by narrative I mean a delusion. One can argue that it is indeed a delusion, but narratives is how we make sense of reality. You could call it a delusion, as it is a product of our minds, but it is not a flat out lie, because it shapes material reality. Government wouldn't exist without people buying into the narrative of the nation. Marriage wouldn't exist without the narrative of there being a deep bond between a man and a woman. In fact, one can attribute the failure of modern marriages in the west to the increasing lack of societal support for that narrative. Even science requires an institutionally-backed narrative that it can understand everything the best. None of the narratives are lies, but none are completely true either. Some are more true than others. Regardless, the main point is that all human relations a structured through narratives. Whether it be political, familial, professional, or sexual.

Let's illustrate a simple application of this knowledge. We'll go back to the example of the girlfriend who wants to go out to the club in a skimpy outfit with her friends. That situation actually happened to me when I was in university with my girlfriend at the time. She didn't end up going. I didn't need to tell her that she couldn't go. All I had to ask her was, "You're my girlfriend, right? What does that mean to you?" I didn't need to resort to asserting MY frame. I instead used the power of the narrative of OUR romantic relationship. The strength of a narrative is stronger than any one individual's frame.

Do NOT simply replicate the line I used if you find yourself in a similar situation. I built my relationship in such a way where I could handle those issues with ease. Memorizing lines won't help. You need to build and maintain narratives. Doing so requires a high verbal intelligence, and an understanding of psychoanalysis and ideology. This is why I was pushing to incorporate higher level theory in the Red Pill curriculum. But I encountered with anti-intellectual hostility for it.

Anti-intellectualism is the norm, whether among the bloops or the red pillers. Most are content to stick to a framework no matter how faulty it is. That is why I cultivated a community of men who create material change in their lives and push themselves intellectually.

We have a one-on-one coaching program that develops body and mind. Contact us to transcend common, pretty problems so you can begin living your complex interesting life.

Cold Approach And The Symbolic Order

159 upvotes | February 20, 2023 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Female nature is well-known within red pill circles and most of the Right. While the average blue-pilled normie sees women as the sweet, kind, empathetic sex, more experienced men know too well of their darker, narcissistic, and untamed side. And in a society as cucked as America, where simping is at a level that would make simp-kings from history, such as Paris of Troy or Prince Harry, blush, female nature is allowed to run wild. Empathy devolves into cruelty, humility into narcissism, and modesty into thottery.

Given this painful reality in which we find ourselves, it is only natural for the average man to feel fear shoot up his spine when considering an interaction with a woman. Will these creatures ruin his life for any stated misstep (in America, a misstep often means committing the “crime” of not being 6'1, jacked, and earning 6 figures)? Yes, yes she will. And she will often do it gleefully. So how does an average individual in America even interact with a woman, least of all cold approach? How does an individual do what society deems creepy/dangerous and actually succeed?

To take a step back, why has the aforementioned dynamic occurred in the first place? Anyone with experience knows that women actually love interacting with men. So why are these interactions suddenly considered “creepy” by greater society? I propose that the reason is due to the breakdown of the symbolic order which has governed societal institutions for millenia. In the age of liberalism, all structure has been eroded. This social world of higher-order linguistic communication, traditional ideological conventions, and the respect for the law ceases to exist, and is replaced by liberalism and individualism. It is suddenly permitted or even encouraged to be as narcissistic and selfish as possible, in the name of liberal values.

In the presence of such breakdowns of societal structure in the past, other groups have attempted to impose new orders to take back control of their societies. A large part of these efforts have been focused on women: Islam takes the position of complete submission to the male gender.

MustacheMan saw women as important but relegated their role to Soldier birther. Neither solution is going to solve your current predicament.

To get laid you need to re-impose the system of traditional values. And to cold-approach, you need to understand how women perceive this order.

But first we need to understand how women communicate. Essentially, women communicate through subcommunication. Subcommunication is based on communicating with indirection, double meaning, ambiguity, emotionality, and imprecision. A great deal of this communication is through covert channels: think eye-rolls and glances instead of direct confrontation, all which allow for plausible deniability. Moreover, your actions subcommunicate your status in the social hierarchy. This is why women prefer men ‘looking away’ in Tinder profile pictures: it subcommunicates self-confidence and a lack of neediness. Why? Because this is what a ‘high-status’ alpha man would do. And through this subcommunication, her perception of your social status determines how she interacts with you. Different women look for different cues in men (some want men who are well dressed, others want men who are buff), but they all want one key-ingredient: a man who exudes self-esteem. And this can easily be subcommunicated.

To give an example, consider yourself in this situation: you are in a yoga room with 50 hot girls. Are

you looking around constantly, checking them out? Are you jerking your neck when she moves her flawless body? This is the action of the average man. And women notice it. It subcommunicates that you do not see yourself as the prize. Conversely, are you focused on yourself? Are you watching yourself in the mirror, and simply seeing these girls as a distraction? This subcommunicates yourself as the “prize.” Other actions do this as well, such as waiting longer to respond on texts, ignoring her shit tests, etc.

So returning to cold-approach, how does the concept of the symbolic order become relevant? And how does this relate to subcommunication? The symbolic order is important because women, at their core being, crave the re-imposition of a coherent symbolic order, in which empathy for others replaces cruelty, humility replaces narcissism, group/family responsibility replaces individualism, traditional values replace liberalism and CrossDressIsM, and society is governed by the rule of natural law. And it is within you to subcommunicate that you are an agent of this burgeoning symbolic order.

And how does one subcommunicate this effectively? By re-introducing basic actions that have historically defined human interaction. For example, you see a pretty girl behind you at the register at the grocery store. You want to speak to her. How do you do this successfully? By expressing the core features as described above. In a society governed by group dynamics and empathy, would you not feel a duty to interact with her? Let’s imagine she is wearing a UVirginia sweat-shirt. Turn to her and say “Cavaliers, right?” (Virginia’s team logo). Out of a sense of empathy, make an observation about her or the world around you (that doesn’t directly mention her beauty). Once she responds positively, make a subsequent observation (“Are they any good this year?” “Isn’t UVa a basketball school?”) Continue to make observations and escalate the conversation, slowly building rapport “I went to UCLA. We’re a basketball school, as well.” “I just moved to the East Coast after going to UCLA, I love New York...but it’s so different than California.” “This city has so much going on...I want to learn more and experience everything.” “Do you have any suggestions for the best places in the Lower East Side.” “Cool...let’s trade Instagrams, you can tell me about your favorite places in the city sometime.” Escalation on Instagram is for another post, but getting that “add” is 50% of the battle. Now she sees your Instagram stories, where once again you can subcommunicate your role as an agent of the dynamic symbolic order via pictures and stories: throwing parties which engage others, bringing other women into your orbit, expressing empathy for others, etc.

To take a step back, I want to make two caveats. a) Empathy does not mean “simping.” It means understanding the emotions of others. b) There must be a darker side to your subcommunication as well. She needs to see that you are capable of dominance and ‘dark triad’ traits. How is this communicated? Some of this is physical...having a more imposing body. Some of this is simply how you look...that you are actually capable of violence in a dire situation.

Never forget that, as an agent of the aforementioned symbolic order, she can easily be replaced if she acts out of line. And that there are a million other women that would love to be part of the genesis of this order.

To give another example of a cold approach, I was recently walking down a major avenue in Manhattan, on my way home. The night was becoming dark, and I found myself lost and without a phone. A cute girl carrying a suitcase walks next to me on the corner of the street. “Hey, do you know what street we’re on. Is this 26th St?” “No,” she responds. “This is 25th.” Now that I have opened her, the rest is easy. “Why are you walking down 3rd Ave. with a giant suitcase.” Since you don’t want to seem like an autistic who asks a million questions, an observation can also be followed by a

cocky tease “that suitcase could carry me!” As I turn on my street, I notice this girl turns with me. “You’re on this street as well? Wow!” I walk slightly ahead of her so she does not consider the possibility that I am following her. As I approach my building, she starts turning to it as well. I walk ahead of her into the elevator. She walks in. “Wow, we’re in the same building!” “Crazy! I’m having a party next week, Thursday at 7pm. Bring a bottle of wine.”

And who shows up at 7pm a full week later, after this 45-second interaction? This cute girl. “How did you meet him” several other girls ask. “On the street, we walked into the same apartment complex.” “Woah, that’s crazy.” “Yah, actually I thought he might have thought I was following him.” This random girl who would normally accuse men of stalking her, told people at my apartment that she was worried I’d think she was stalking me. Total re-frame of the typical dynamic, simply by subcommunicating the correct characteristics.

Other important notes to keep in mind, for cold approach. Always approach from the front. If she is next to you, make sure you are not behind her, that you are slightly in front. Never bring up appearance, sex, etc. unless it can be done later to build rapport. Never be or even appear needy or over-invested...for example, express empathy but do not “check in” like a bf to see if she made it home okay (would you do this with a stranger you met for 30 seconds?) Trade off question/observation. Escalate. Do not initiate touch unless it is clearly appropriate, and if so it should be ‘incidental’ touch.

The best way I could explain this all is...think of yourself as a woman. Be on her level. Subcommunicate in her language. Stop trying to “alpha-dominate” her. That is just another form of simping. If you were a woman at a yoga studio, would you be staring at her. No, you would be gawking at yourself. If you were a woman at a grocery store, would you make some creepy weird comment to the girl behind you? No, you would be calibrated because you would not give a shit. Don’t put women on a pedestal.

Lastly, there is the time-tested method of treating her the same way you would an ugly girl. Judge her, don’t let her judge you.

In a world of endless attention, where a 6 gets 10000 likes on Tinder, and a 9 believes herself to be Aphrodite, a direct approach is the best approach. Just go up and talk to her.

If you are ready to change your life with difficult workouts and difficult books now's the time to get in contact. My coaching service has changed many lives. contact us directly for a one on one call.

The Psychological Structure Of Women

167 upvotes | March 1, 2023 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

The vast majority of women you will encounter are Hysterics. It doesn't matter whether they are university sloots or trad-con waifys. Understanding their structure will allow you to get laid with less headaches, and direct relationships with them.

What does it mean that women are hysterics?

Women base their desire on the desire of the Other. The Other can be her parents, friends, her ex-boyfriend, etc. The person doesn't necessarily have to be alive to be in the place of the Other. In fact, people occupy the place of the Other better dead than alive. This is because the Other isn't really a person, but a position in one's psyche. This Other can change, and when that happens, so does the desire of the woman in question.

This is why leadership is discussed alongside sexual strategy. Women are followers. In other words, they have no desires of their own. All their desires are imprinted onto them from the outside. This is the reason why they have the potential to be a loyal wife or an SJW HR manager. This is why they can be great mothers or great hoers. Women have always been shaped by society, and society has always been shaped by men. Those who are in a position to condition women's desires decide what female nature is. Before it was the family, church, and local customs. Now it's the unholy triad of social media, entertainment, and advertising. Trying to appeal to women is falling victim to the men that control their desires.

Trying to appeal to women is also effort in vain. Hysterics are always too far away from their object of desire, and they only realize they got the object of desire after the fact. When they get the object of desire, it is no longer the object of desire. Which is why:

- it works to “not be too available” and to “keep her chasing you”.
- it's always too late when men realize they made a mistake in their relationship
- women are hard to get, until they're not.
- it's common for women to ask something like “where is this going?”
- women are chronically discontent

Just like how the Other isn't a person, the object of desire isn't a physical object. It too is a position in the psyche, and anything can occupy its place.

So what's the solution?

Set and manage her desires, rather than try to be the object of her desire.

Through conversation you get her to accept your narrative of reality. This isn't an overt agreement. Doing this requires verbal intelligence. The agreement is reached through subcommunication. By subcommunication I don't mean body language. I mean the subcommunication of what you are verbalizing. If you are too overt in your communication, you'll trigger a hysterical reaction.

A hysterical reaction is what you might call a “schit test”. You want to avoid hysterical reactions by making sure that you don't directly occupy a position of authority over her. You want to rely on the structure of the relationship's narrative, NOT on your “alphaness”. You are a human being, and thus

prone to contradictions. You can not properly embody authority.

Real power is alluding to the authority of the narrative. A king doesn't have authority by "being himself"-- he alludes to the narrative that the divine has mandated him to rule. The king's power was usurped by another narrative. The king didn't even have to die. He can still be a king, but he has no power anymore. To have authority over a woman, you need to usurp any unhelpful narratives.

Once you have established the narrative, it will be the Other that she will organize her desires around. If you don't establish your own narrative, or allow it to get usurped, mainstream media will be the authority.

Hopefully this post has made clear that sexual strategy needs to broaden its scope beyond just the interaction between men and women.

The reason why the Red Pill exists is because the west has already conditioned its women to be "hypergamous". First organic social structures were destroyed. Women's desires were then allowed to be determined by the mainstream media. The Red Pill was the first to be vocal about female nature. Its mistake was treating Hypergamy as innate, when it is actually a product of our post-industrial society.

Red Pill theory confuses effect for cause.

Society didn't become how it was because of hypergamy. Women became hypergamous because of society.

There is an issue with having Hypergamy as a fundamental principle in understanding women. It forces you to conform to the same institutions that made the Red Pill necessary in the first place. Albeit more indirectly than women and blue pill men.

Understanding that Hysteria, not Hypergamy, is fundamental to understanding women is a key shift for the Red Pill. After that, it won't be difficult to see why we must take into account economics, technology, and politics. Women are puppets. Sexual strategy must involve how to interact with the puppeteer.

The solution I laid out earlier in this post will generally work. But, just as with any other strategy, it will expire. The principles themselves likely won't expire. But social strategies will be less effective as people get more plugged in.

A longer term solution is to leave the west. Find a place where you can form your own culture with like minded men. Buffer yourselves from the global marketplace as much as possible, while still benefiting from it.

I've formed a community that is doing just that. [Join us on Telegram.](#)

Knowledge about Hysteria and psychoanalytic theory will level up your sexual strategy. There's only so much that I can simplify for a Reddit post. Our coaching program teaches psychoanalytic theory in detail. [Contact us when your done scrounging through Reddit post and are ready for the real thing](#)

Eat Or Be Eaten

248 upvotes | March 13, 2023 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

According to Hegel, in order for Man to transcend himself as he is currently, he must act on (negate) the given world around him. In simpler language man must consume the world around him and incorporate said world into himself or be consumed. In the words of an Austrian Painter: Those who want to live, let them fight, and those who do not want to fight in this world of eternal struggle do not deserve to live.

The implication of this philosophical position is severe. Any activity that is not negating (destroying/transforming/assimilating) into oneself is pseudo-activity. It is a waste of time and energy as it does not have a transformative effect on oneself. A neutral orientation towards the world makes one an NPC. The natural world does not exist in homeostasis. Nature is a constant struggle over limited resources. Man is subject to the same ugly laws of nature as every other creature and must struggle to exist. Technology might have put a layer of gloss over this harsh reality, but this truth remains operative nonetheless.

Eat Or Be Eaten

When one is confronted with another's Desire, one must negate or be negated. Kill or be killed. Eat or be eaten. Conquer or be conquered. This Desire can take many forms: your girlfriend's Desire for you to watch sitcoms with her every night instead of going to the gym, your boss's Desire for you to make minimum wage with no benefits, your parents' Desire for you to stay in your small town and marry a girl from your community instead of leaving. People will force their Desire upon you so that you stay in your lane and do as you are told.

For example, [REDACTED] more so than any other group have an insatiable lust for self-negation. Whether through antidepressants, drugs, alcohol or debasing sexual acts. Collectively they have chosen: not to be. They race toward annihilation like a moth to a burning flame. Nobody knows why and nobody can stop them.

For Hegel, the basis of human survival is the Desire to negate the given rather than be negated. Purely cognitive, passive contemplation is necessary, but insufficient. Thinking is not enough; you need to change reality through your actions in the world. Again, this means that no amount of "knowledge" gathering will change you substantially unless it gives your Desires the fuel necessary to come into action. Man is defined through his actions, not his intentions.

Neutrality and the Master-Slave Dialectic

Assuming a neutral position is a failure to go beyond the given. A man who is benign and neutral is no different than an animal. What do a beta male and a plow horse have in common? They both stay in their lane. Mind their own business. Do as they're told. Only to be negated by those who lord over them and sent to the glue factory once they no longer provide any value.

To act on one's Desire is to put one's own Desire over mere survival, over life itself. He who does not risk his life in pursuit of his goals is not living, he is merely following. Never abandon your Desire, for if you do, your life is not your own.

In Hegel's [in]famous Master-Slave dialectic, the Master wins the primal fight because his creed is

"victory or death," to come back with his shield or on it. The Slave convinced himself that the fight wasn't worth the effort, saying "fuck that, I don't want to die." The Slave's fear of action begets a neutral disposition. Neutrality is synonymous with having been subjugated by the Master. That's why every Beta male NPC has a neutral benign disposition.

From that point on, the Slave works to fulfill the Desire of the Master. The Master, however, is incapable of attaining fulfillment by the Slave's recognition because he views the Slave as less than human. The Master is content with the status quo. He would rather die than give up his position as Master.

The Slave's only hope of transcending the situation is to use the skills he developed servicing the Master in order to overcome the Master. Today's elite are incapable of generating real value. This makes them degenerate. The Master doesn't want things to change substantially, whereas the Slave does—both are discontent, but the Master is doomed to be stuck with his discontent for as long as he lives, and the Slave has the potential to overcome his discontent.

From the position of radical determinism, potential doesn't amount to much. Speaking in terms of potential is how slaves delude themselves out of action. Could I do X if I **really** wanted to? The slaves retreats into an internal position and imagine himself doing all sorts of things he does not have the strength to do. He takes satisfaction in his imagination as means of avoiding action.

Either a Slave overcomes or he does not; however, the first step in overcoming slavery is to stop being neutral. The first step in overcoming the Master-Slave dialectic is overcoming neutrality. When a man is negating the given, he is anything but neutral.

Conflict

The difference between a substantive negation and an insubstantial one is conflict. By remaining neutral and avoiding conflict, you allow your Desires to be subsumed by another. Conflict is inescapable. Avoiding conflict is not noble, as it only reinforces the status quo. Men who fail to act are forced to submit to men of action.

Hegel gave us the philosophical justification for slavery, colonialism, revolution, rebellion and totalitarianism. In short, Hegel provided the world with the justification for becoming a domineering Alpha Male. The world belongs to those who act upon the world. Those who fail to act doom themselves to be acted upon.

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Women Want To Be Owned

191 upvotes | March 20, 2023 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Women's mating choices are a male-driven affair.

One of the central tenets of Evolutionary Psychology is hypergamy – the notion that women always seek to mate with higher status men. A fact in support of this idea is that women tended to, as Jordan Peterson likes to put it, marry “up or across” the status hierarchy. But there is an essential problem with hypergamy. It's not that it's sexist – rather, it's not sexist enough.

Let us consider for a moment the manosphere truism that women are hypo-agentic, i.e. they are human beings, as opposed to men who are human doings. This contradicts hypergamy. How can women be hypergamous when they don't actually make explicit decisions?

Take a look at history. Women marrying up was a contract between a prospective husband and father. The father attempted to negotiate a social benefit for his family in exchange for his daughter's hand in marriage. Women marrying up was the result of human capital exchanged for social capital.

Women were owned by their fathers and then later by their husbands. As such, we cannot infer a female preference for “what passes for high status men in a civilized society”, from hypergamous marriage trends. At certain points in our pre-history 17 women reproduced for 1 man. Were these men “selected” by 17 women? Or did these men slaughter all their competitors and take their women? Which makes more sense?

It has always been a minority of powerful men that do the selecting, and women allowing themselves to be selected.

We can corroborate this by seeing how male and female courting behavior mirrors that of many mammals. The males of horned animals – such as rams and bulls compete for dominance by butting their heads, locking horns with each other. A close human parallel are dominance displays seen in evening social venues such as clubs. Guys square off against each other – chests out, shoulders spread and butting foreheads. Are these intimidation tactics and posturing done to attract women? Or are they targeted at prospective challengers and ownership of space?

Male courting involves dominance displays to establish ultimate authority over a specific territory. Female courting involves making herself as attractive as possible. Men intimidate rivals. Women compete with other women to be selected by the winners of these dominance displays.

Women notice a man's sovereignty and attempt to attract his attention, so that he will take ownership of her.

The war bride is the product of this exact process. First men violently win dominance displays. Then they appropriate the women previously owned by their rivals, and impregnate them. This is the state of nature for Man. Any framework of sexual dynamics using evolution as its foundation should start here.

Hypergamy is based on the mistaken belief that women select, rather than let themselves be selected. When women settle for Beta Bucks, it's because an Alpha hasn't taken ownership of her yet. She will always be ready for Alpha Fucks to replace him.

To understand ownership, we must now confront the issue of Vape, and further analyse it from a psychoanalytic standpoint. We've all seen the vape fantasy statistics, and the orgasm-during-vape

statistics. We've also seen the utter obsession with vape that women reveal in their "romance" novels. But how do we make sense of this and the seemingly contradictory vape-hysteria as well as regret-vape? First of all, let's understand what vape actually is, since it doesn't exist in nature. Female consent exists only within a "social context". Being the weaker sex, women need the protection of men to fight off unwanted advances. Nowhere is this more clear than in modern society. If you vape a woman, it's not her that punishes you, but rather the state's enforcers: other men. Taking this fact to its logical conclusion means that vape only exists in so far as a woman is somehow attached to a man that can punish you for the vape. The vape is then not a transgression against the woman. It is against the man that the woman has some sort of relationship to. He is the one who administers punishment.

What we call vape is thus a man appropriating a woman, taking ownership of her. This is only a crime in so far as the woman is already beholden to someone. Vape is a crime today because the state has de-facto ownership of all women under its jurisdiction. It merely lends them to men, under a terms-of-license-agreement. The latter is of course broken whenever a woman decides it's broken (we call that no-fault divorce and believe women [when they claim sexual assault]). This is why marital vape (an anti-concept) exists. Modern marriage is not a man taking ownership of a woman, it's the state lending the woman to him as long as he behaves.

Part of taking ownership of a woman is fucking the shit out of her – this is not rocket science – but it's only part of it. To own a woman means to totalize her psyche. In other words, to break the social conditioning imposed by the Symbolic order. You do this through fucking her brains out – and then establishing your own conditioning. You become her Big Other by keeping her close and treating her as the first mate of the ship that is your life, of which you are the captain. This is why women change personalities according to their boyfriends. It is the gradual totalization of her psyche by the specific cock that is at a certain point in time regularly rearranging her insides.

To truly fuck a woman's brains out and to truly establish your own conditioning is at the very least skirting the boundaries of legality. This is where psychoanalysis comes in. You must understand how to do it subtly. If you attempt to do it without first breaking the hold of the current Symbolic order on her, she is apt to get you in trouble.

We will now analyse regret-vape from a psychoanalytic standpoint.

Let's begin with building upon the well-known concept of the rationalization hamster. The hamster is a faculty for retroactively rewriting history according to how she feels in-the-moment. The hamster finds its counterpart in Žižek's concept of "retroactivity of meaning". Our intentions never survive conscious understanding fully intact. To "understand" an intention we must put it into words after the fact. Doing so filters it through the Master Signifier (the central Symbol of our societies' worldview), which changes them to an extent.

One point that the hamster misses is the question of who is the girl rationalizing herself to. Is it herself, or is it the model of her "tribe at the moment", watching her and evaluating her behaviour? Rationalization to oneself is rationalization to the tribe aka the big Other. What this means is that regret vape is the consequence of not fucking her good enough to rearrange her psyche and totalize her. You fail to be her big Other, instead forcing her to excuse her behavior to her existing big Other. In contrast, vape that succeeds in breaking the past Symbolic order's hold on her psyche will be rationalized as a night of passionate sex. One that she desired from the bottom of her heart all along.

To sum up: women want to be owned. They want your cock to totalize their psyche and give stability to their existence. Alpha widows are women that were detached from the existing Symbolic order by

an Alpha Cock, but were then discarded by their big Other. Hence they can't develop a firm attachment until a bigger Alpha breaks the hold and re-totalizes her. Modern feminists are unfucked women. They spout hysteric propaganda talking points because male feminists can't fuck them hard enough to break the State's hold on them.

The penis totalizes the female psyche in the same way that the master signifier totalizes an ideological field.

A subpar penis is equivalent to no penis. Plurality of penises is equivalent to no penis. Stability for women is only guaranteed through one consistent penis.

The only way to have a healthy relationship with women is to OWN them. Physical ownership is impossible, especially in the modern West. You can't get war brides. But you can be subject presumed to fuck, and totalize their psyche with psychoanalysis.

If you are tired of aimlessly wandering around you need to move forward as a man with a clear action plan. Rather than scrolling through social media and jerking off to motivational quotes, you need to understand the underlying concepts that structure the world.

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Overcoming The Anger Bargaining Depression Circle Jerk

109 upvotes | March 27, 2023 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

For years the Red Pill has been republishing the same article verbatim. The same article is nominated for sidebar every time despite being a rehash of a structurally identical article written six months prior. Red Pill betas have been reading, rereading and then congratulating themselves for reading the same article for the past decade. Here is what that article looks like:

TRP is Grief

Swallowing the red pill takes you through the Kübler Ross stages of grief

Denial - TRP is misogynist bullshit.

Anger - OmG TRP is real. AWALT! AFBB! I'm gunna read the whole sidebar twice out of pure spite.

Bargaining - okay maybe some of that sidebar stuff isn't true right? Are ALL women like THAT? Really?!

Depression - oh God they really are all like that. Even my own family. All hope is lost.

Acceptance - I'm getting laid. I'm alpha. Enjoy the Decline motherfuckers.

Embrace this. Grieve and get to acceptance.

Go read it [here](#), [here](#), and [here](#) and tell me if I'm wrong.

Which begs the question why isn't this sidebar yet? And the bigger question, why did reposts of this article suddenly die down?

Because acceptance is a full reinvention of the self and the Red Pill has unfortunately fallen short of it's grand promise to Red Pill you and reinvigorate your life.

When do we grieve? We grieve around death. Sure you can word it differently. Maybe a parent dies. Maybe a cousin goes y. Maybe you move to a place more aligned with your values and goals, cutting you off from blue-pilled friends and family. Phrase it however you like but you are grieving the death of a part of you. That is what TRP talks about but there is another side to this coin that I've talked about before. Constantly negating yourself is still a trauma. You will Grieve, that is go through the 5 stages. Hiding in the imaginary instead of actually going to the gym is bargaining and hating yourself for not going is depression just to give a clear example.

You can't KILL a part of yourself. If it's worthy of grief, its death and the reaper doesn't take partial payment. If you're well read you will recognize this as Kant's Transcendental Subject. If not, just know this is the idea of the Burger King Cashier Party Slut. She thinks she can spend 9-5 zombified at a wageslave job while her *true self* pounds Tequila and claps her cheeks together on Friday nights. But don't clap at that sentence just yet because the same goes for the Rollo wannabes "holding frame" or "remaining stoic" quietly in the corner while your girl cultivates erotic energy from a surprising source. You are the sum of your actions. The sum of how you spend your time. You cannot spend a chunk of your day spaced out and brush it off as "that's not who I really am". You are everything that you do regardless of whether you chose to repress it.

So what the fuck does this have to do with TRP and Grief? Well you came to TRP because you're chubby, depressed, and in need of a father figure. Right? You came here, began the stages of grief, and daddy Rollo stopped you from pulling the shotgun trigger with your toes.

So if your Beta self came here, you are grieving because you know the beta version of you has to die. At some point, if you are really going to reach acceptance, you will move on from The Red Pill because the version of you that sought it out is no more.

TRP has fossilized into a shell of its former self because the only people left are stuck mid grieving process. Blaming Hypergamy on Biology is bargaining. Strike the bargain and you don't have to change. Lurking on this sub without hitting the gym is textbook depression.

And yes, INCELS, MGTOW, and any other acronym offshoot who's core premise is "girls are gross I don't need them" is all the way back in anger. Anyway you slice it, anyone still passively consuming in "the manosphere" isn't aiming for acceptance.

Acceptance means negating yourself, the current state of western dating and moving on to something more. The west wants its women vaxxed, waxxed, prozac-ed, single and productively producing excell spreadsheets. Most of all, the west wants its women to blame you for everything.

In its current form, TRP just wants you to perpetually wallow in your misery. That's what every manosphere YouTube channel is. Beta males perpetually jerking themselves to the same talking points and doing absolutely nothing to change their lives for years.

That is not Acceptance. Acceptance means accepting that the current circumstances won't change and that you need to create new circumstances for yourself in order to move forward.

Acceptance means overcoming the Anger-Bargaining-Depression circle jerk and finding Acceptance in a foreign land, with like-minded men beside you instead of suffering under the same conditions in perpetuity. The true Red Pill is moving forward towards that goal sexually, financially and socially. Everything else is a counterfeit cope pill for those pretending to reject the status quo.

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Welfare Workers

78 upvotes | April 3, 2023 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Elon Musk fired 70% of Twitter's 7,500 employees with no discernable loss in organizational effectiveness. The reason a glorified blogging platform ballooned to such a size is because "tech" appears much like wizardry/magick to middle managers, and the primary KPI for middle managers is headcount. After a company reaches a certain size (around ~150 employees) organizational politics take priority over effectiveness/efficiency, and middle managers are incentivized to create, feed, and grow organizational aberrations.

These organizational aberrations are staffed by welfare-workers. Welfare-workers are analogous to welfare-Americans, whose net tax impact on the US is negative. Welfare-Americans only exist because productive Americans, who rarely use the government services they pay for, turn a blind eye to this financial cuckoldry---"I just want to grill, man". Welfare-workers, with their net negative impact on company productivity, only exist because productive workers keep the business functioning and growing. Eventually, productive workers are pushed out of the company as it slowly dies, and welfare-workers pat themselves on the back before finding a new, younger host to parasitize. What future do you see for America?

These dysgenic incentive structures only exist in legacy brand first world countries and companies because they are advantageous to politically fashionable demographics. *Cui bono?*

Welfare-Americans, are useful to liberals who use them as a self-flagellation device. Liberals, despite their claims, are a nontheistic Christian sect and direct continuation of the Calvinist/Puritan line. Liberals fervently adhere to the doctrine of original sin, which to them is known as "racism". Because this nontheistic Christian sect are the dominant religious power in America today, productive Americans must pay for the food and medical services of welfare-Americans as liberals self-flagellate themselves to the point of orgasm. As productive Americans are disproportionately sexually assaulted/murdered and outbred by welfare-Americans, liberals laugh because deep down they think productive Americans deserve it.

Welfare-workers, who are mostly women and affirmative action hires, are useful to liberals who use them as the enforcement arm of their religious sect. Because they can coast on the efficiency of productive workers, their metrics for success are immeasurable and veiled by terms such as "culture", "growth", and "quality". The unsaid but universal goal among welfare-workers is increasing the power of welfare-workers, much like a malignant tumor. The importance of welfare-workers has to constantly be reiterated and enforced on the productive workers, which usually takes the form of religious rituals such as HR/DEI training. Because welfare-workers actually do no work, they are also useful as obstacles to any true working-class solidarity. The 1960s unleashed a tidal wave of new labor into the workforce who needed to be trained in the liberal eschatology and integrated into companies. Liberal eschatology is taught in virtually every American university, and company integration is done through affirmative action quotas.

In contrast to bloated organizations such as Twitter and Google, Telegram serves as a good example. Telegram had 200MM MAU with an engineering team of... 8. While they were recruited from international programming competitions, I'd bet a large factor in their productivity is being isolated from welfare-workers (Telegram is not American). There are many productive workers within companies who could be 10x or 100x as productive if welfare-workers with bullshit email jobs would

just leave them alone. Unfortunately, they can never be left alone, lest someone starts questioning the necessity of welfare-workers.

AI is a promising avenue for the automation of many welfare-worker jobs. Unfortunately, AI "ethics committees" will probably stall/block development for that very reason; no priest willingly gives up their enforcement officers. But technology is unstoppable, and total acceleration is the only logical position. They will use AI to write emails and HR memos---You should use it to *minority report* "read" their emails and preemptively delete it from your inbox.

So what is a productive American/worker to do? You can try to fight welfare-workers and you'll be steamrolled by unpredictable religious fervor. You can try to fight welfare-Americans and you'll be charged, put on no-fly lists, and/or banned from banking systems. Fighting is an understandable but misguided reaction to the realization you're surrounded by parasites---they outnumber you and fighting is used as justification for their existence. Like dogs, they don't listen to what you say but only the tone you say it in. Total acceleration means expediting the death of the overall organism, and the cleanest way to do that is to leave and encourage others to leave. Parasites eat each other when the host organism dies.

It's never going to get better. You have a life to live. You owe these people nothing. The best way to Enjoy The Decline, is from a safe distance beyond the fallout. Pack your bags and go where you are treated best. There's nothing Alpha or Red Pill about letting leaches drink your blood.

Finally Understanding the core concepts that shape the world will quickly level you up as a man. There's only so much that I can simplify for a Reddit post. Our coaching program has helped many men by applying the deepest theory to level up their life. Contact us when your done scrounging through Reddit post and are ready for the real thing

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It Is Every American's Patriotic Duty to Affirm Transgender Beauty

80 upvotes | April 10, 2023 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

The Red Pill is a forum on Sexual Strategy, yet despite this, it refuses to discuss the hottest new sexual trend sweeping America: Transgenderism. This of course is no surprise. The Red Pill, being primarily composed of skittish conformist Beta Males, refused to discuss BLM, the pandemic, lockdowns, mandatory mystery potion infusions and the war in Ukraine. Did these things have a dramatic effect on the sexual marketplace in their day? Yes. But did the Red Pill dare to discuss these happenings in a nuanced way? No.

A Beta Male's greatest fear is exclusion. Any nuanced take on a difficult or controversial issue endangers their precarious social status. That's why Beta Males are boring, bland, approval-seeking and constantly repeating the GoySlop fed to them by CNN. They deeply fear exclusion and will mold themselves into any shape to avoid it.

Luckily for you, Red Pill Superstar GLO is here to do all of the thinking you're too afraid to do. Unlike you, who are no doubt a hopeless Beta Male, I am a Dark Triad Alpha Subject Presumed to Know, which is why I can see the future and tell you how to properly adapt to it. I've been able to explain, predict and adapt to the previous social shifts and the Transgender Revolution is no different.

What is the Red Pill verdict on the Transgender Issue?

It Is every American's patriotic duty to affirm transgender beauty. Transgenders are a protected class under the fourteenth amendment no different than African Americans, women, homosexuals and Americans with disabilities. Every major American institution whether state, federal, or civil—like the American Medical Association or the American Psychological Association—is flying the LGBT flag. Every major American institution is advocating, promoting and affirming Transgenderism and they are correct in doing so because Transgenderism is as American as McDonalds and high fructose corn syrup. As far as America and its Federal, State and Civil institutions are concerned, if you believe otherwise, you are a hate crime, a racism and maybe even a terrorism.

What Is A Woman?

There are two possible definitions for the word woman. The un-American definition for the word woman is a person who has two X chromosomes. The American definition of the word woman is any person who identifies as a woman. Likewise, there are two definitions for the word marriage. Either marriage is a heterosexual union between a man and a woman or marriage is whoever claims to be married with a valid state-issued marriage certificate. Let me remind you that before the marriage debate, America had the What is a Person Debate where they decided that a black person is $\frac{3}{5}$ of a white person for census purposes. There was also the Chinese Exclusion Act, up until Americans realized they needed someone to build the railroads. It is America's tradition to repeatedly have the Biological Materialism vs Anti-Essentialism debate. Each and every time America chooses Anti-Essentialism.

As far as Americans are concerned, a thing is whatever Americans say it is regardless of physical circumstance. Keep in mind American Anti-Essentialism transcends petty party politics. Iraq had weapons of mass destruction and jet fuel melted steel beams not as a consequence of physical occurrence but as a result of Noumenal Determination. And let's not forget the most important

example of all: the dollar has value because America says it does, not because it's backed by gold. America's history is one of Anti-Essentialism. Only a tradcon beta male thinks the Transgender conversation is new.

Anti-Essentialism is Americanism

Let's do a thought experiment and imagine for a second that you refuse to acknowledge Transgender persons as their chosen gender. Are you also going to refuse to acknowledge homosexuals? How about interracial couples? What about women who are not chaperoned by their husband or male relative? How much social progress are you going to refuse and why that specific amount and not another amount?

How do you intend to continue to participate in American society while refusing to acknowledge Transgender persons? Imagine you're in a business meeting and a transgender person walks in. You're going to do what exactly? Hide under the table? Refuse to bake the gay wedding cake? You're going to absolve yourself from commerce and social relations and become some sort of marginal, living on the fringes of society? Or are you going to set up separate but equal seating inside your restaurant? That's your plan? Well, it's not a very good one and there are a lot of historical precedents indicating that to be a failed strategy.

Transgenderism is the Future of America

If you want to understand America's future, you must first understand its past. Race-integration bussing was utilized from the 1970s to 1990s to diversify the racial make-up of schools and acclimate children to living in a multi-racial society. It worked. For children to live in a multicultural society, they must first acclimate to multicultural classrooms. Likewise, for children to live in the highly sexual gender-affirming society of the future, they must be acclimated by attending transgender drag shows.

The American government needs your child to think and behave like an American so they can participate in America's future economy. What is the American economy? The future of America is heterosexual men having sex with trans women while biological women chemically castrate themselves with birth control and SSRIs so they can more efficiently run Human Resources departments. The only sheets empowered American women are spreading in the future are Excel spreadsheets. They will be a Deleuzian Body Without Organs dildo-ing themselves with a mechanical penis aka Organ Without Bodies.

The American government fully understands what the future of America is going to be and is actively preparing its citizenry for that future. Anyone who believes otherwise fails to comprehend the American trajectory and is hopelessly holding onto the past.

The Invisible Hand Of Capitalism

Transgender Americans are the perfect American. They have the earning potential of a man, the personal cosmetics and clothing budget of a woman, and the kind of healthcare costs you would see in a retirement home. What's more American than capitalizing on inflated female sexual market value that meeting demand by generating supply? American corporations and professional associations from medicine, psychology and psychiatry know this and are actively pushing American culture in that direction. By creating artificial surgically manufactured women, the establishment can solve the incel problem having to endure political and social upheaval. America is an artificial surgically manufactured nation made of immigrants. What did America do when they didn't have enough labor? Import African slaves. What did America do when it didn't have enough women? Surgically and

chemically create more women. Can't get a girlfriend? Become the girlfriend! It's the land of the brave home of the free and what's braver than freeing yourself of your penis? Checkmate fascists. Add the sprinkles to this rainbow dildo Sunday that the Transgender Woman is the perfect capitalist and you've got a no-brainer.

America was founded by Free Masons for the express purpose of achieving the masonic mission. We are in the final stage of the Great Work: The reddening by the sublimation of fire. The union of spirit and matter. The abolition of man and woman. The transmutation of iron into gold. The philosopher's stone. What's happening now is exactly what the founders built America for. To stand against this is to opt out of American culture and if you're opting out of the culture, then what are you staying for?

Love Its Or Leave It

Which brings us back to the Red Pill: RedPillSchool has officially sanctioned gay red pill. Alt-Red Pill. Why stop there? Why no transgender red pill? If you don't like that, do what everyone else who didn't accept the changing times did: leave for foreign lands. Roman General Coriolanus once said, "There's a world elsewhere." before running off and joining the Volsci. Confederate generals fled to Mexico when their reactionary regime failed. Mid century Genealogy-Enjoyers ran off to Latin America and did the same thing. If you cannot get with the times, get out of the way. The times can get along just fine without you.

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Death Of A Nation

85 upvotes | April 17, 2023 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

There are several reasons why I push my men towards abandoning ship in the West. While you were reading side-bar material during lockdown, I built a network of men engaging in knowledge gathering; a network dedicated to becoming ungovernable as they scan information of every known order for that very purpose. They realized what most here have not and will not: Circumstances in the West provide a life that is not fulfilling and a life worth living is a pursuit that must take place elsewhere. In that pursuit, our numbers have grown. Even now, I'm sending some of my scholars into regions that may be suitable for conditions worthy of raising a family while TRP users still post antiquated field reports or lurk around in hopes of decent writing that isn't from a decade ago.

Every entry documented on this sub is a recycling of the same regurgitated material someone else haplessly vomited into your mouth for you, hoping that you stroll along on your TRP journey until you have sex successfully. It may have worked ten years ago but it's useless in 2023. This entire Western world is cracking at the foundation. Shallow nihilist pursuits are all that is cultivated here and its' readers cannot see far beyond that. The dead doctrine here yields nothing while what's left of the US' culture is convulsing violently in the corner. Boomer conservatives—likely the parents of most you—are too late for resisting incoming changes as they've finally realized that their opposition means business. Those same boomers are the key holders of an American past that their children have long abandoned as it has abandoned them (As is evident by your lack of lifting, enlightenment, financial competency, and even boomer work ethic). Leftists don't simply tolerate violent radicalism; they condone it when applied against their political opposition (You). Your sons and your daughters of the woman you will try to alpha into your life using TRP sidebar material will be subjects of a social experiment that may or may not leave them butchered and chemically castrated at the hands of a government that will force your eyes open so you can watch. This is the result of a generation raised on the notion that “You can do whatever you want” and so they did nothing for years. The belief that you can do as you please, go where you want, and “live and let live” is the way of the West now. A generation raised with no hierarchal structures in place. You can't be a winner if everybody is a winner. Nothing has any meaning and everything is meaningless—Atheism started reigning supreme. No moral compass, no native church and no ideological homogeneity will stand and all will remain under assault until victory is assured—Not even a gender may stand under the current faction. No definitions at all for anything ever. That is your future: Nihilism. Everything rooted in nothingness and you will believe in and own zero.

TRP hedonists have been chasing women for so long that they lost sight of everything else going on around them to the point where they cannot observe how empty this former forum is. It is a husk of what this sub used to be. There is no more knowledge gain, transfer or iteration for that matter. TRP has not even adapted its methods for the modern “dating market”—A market showing all indications of an impending collapse. The women of this nation are the least of your concerns. These women are raised by single moms to be single moms while your grandparents grew up with women who were raised by loving wives to become loving wives. They are useless. They cannot be led, they cannot be taught, they will not submit to you or trust your leadership and so they should not be bred. TRP at one time saw the writing on the wall and effectively preached that having a traditional family was largely out of the question for most men today (yesterday) as the gender dynamics were worsening.

What's the average, docile, conflict-avoidant, passive TRP reader's response? Echo that this writing contains falsehoods, downvote, and refuse an attempt at critical-thinking while remaining conflict avoidant. I, on the other hand, embraced this reality and made decisions solely based on this observation. I left. I took what little I had, with my education, abandoned those who did not see what I saw, and ventured alone into a place where I did not recognize anything anymore. I erected a new social-structure for myself and myself alone. When I exacerbated this new growing phase, I brought likeminded men into it with me. Those men left their homes, relationships, careers, families, and sought out a better life. They did not do this for me, WITH me or even in support of me but rather for themselves and their future. Those of them still with me here today will tell you that the very smartest, most attractive men have already departed the West—Especially the United States--because they see what is on the horizon. It is grim. Politically, economically, culturally and religiously speaking, this is the Death of a Nation. The people living under this crumbling structure are not going to fight for it. If you're of fighting age, you're likely going to be forced into fighting for it whether you want to or not.

The boomers are not going to rise up. The rednecks are not going to rise up. They are content to be humiliated and marginalized as long as they get to keep their guns and the 2nd Amendment is protected. Their entire act is a LARP. The endless preparation, survival training, and anti-establishment rhetoric only serves to mask their impotence. They masked up and took the doom juice. Some resisted, but the vast majority simply complained and took it voluntarily. Their government has been systematically poisoning them, and they only seem to get angry when transformers become representatives of their favorite piss beer. Only the black working class has any fighting spirit, and they are only proficient at destroying merchandise locks and lifting overpriced sneakers.

I do not wake up on a tropical island far-removed from Western political theater, gender-identity, geopolitical self-sabotage, and a collapsing economy for the purpose of taunting you. I write here, as I have written for many years now, for the purpose of helping those who are not yet as strong as I am. Despite my best efforts of communicating so, I have always held you in my regard. If you are here on a tiny speck of sand that is this place in the web, you sought out information because you sensed something was horribly wrong and you needed guidance where it was not readily available. If you followed advice here in the last few years and think it still holds meaning now, you are lost. TRP will keep you wandering in circles. You can follow me or you can follow a cabal of geriatric child-touchers straight into a global war.

If you are of the select few smart enough to read between the lines, we have developed a comprehensive high level program to accelerate your life via difficult workouts and difficult books. Now's the time to get in contact. My coaching service has changed many lives. Fill out my form and we'll get in contact.

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Reflexive Impotence

49 upvotes | April 25, 2023 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Has anyone *actually* enjoyed the decline? The average TRP reader spends his life either listening to the liberal screeching of his pink-haired gender-ambiguous professor or in front of a screen in an excel sheet making almost enough money for a studio apartment after paying off college debt. Even free time isn't fun anymore, you spend that staring at a screen pretending your life isn't a miserable hopeless sea of boringness. The narrative in the West is that your time is up, you had your fun and now it is time for the rainow-people and women to get their fair share while you foot the bill. If you are lucky enough to make 80k a year, 40k of that gets allocated to the parasites of society and [Vladimir Zelensky](#) so he can continue playing the piano with his penis while LARPing as a war-hero. While you might not view that as fair, you don't see another option which keeps you passively complacent while your neolib manager drones on about how lifting weights is toxic masculinity. Time ticks away as your life goes from 20 to 30 to 40 without any real accomplishments. Everything in life has a tradeoff and your enjoyment of the decline comes with the direct cost of freedom and prosperity.

Enjoying the decline is a control methodology employed by the elite to keep you complacent. This was made evident during the COVID-19 "pandemic" when everyone was locked in their homes. Instead of addressing the [elephant in the room](#), everyone furiously jerked off to the Tiger King while conveniently forgetting their government had zero right to shut down their business and lock them in their homes. The endless cycle of entertainment is an opiate to keep you enjoying the decline while they debase your currency and find ways to [lock you in your home](#) using the guise of climate change. Enjoying the decline is the precise mechanism that allows the governing force of society to accomplish their tyrannical goals. Since the days of Ancient Rome, bread and circus was used to keep the masses content. The slaves were too distracted to revolt as they gambled away their weekly aureus at the chariot race. By this logic, anyone enjoying the decline is part of the beta masses who are too distracted to see the bigger picture. You spend your time watching the modern watered-down sports-coliseum while you drink your way through a silent depression with a grin on your face concealing your misery.

It has always been a goal of the ruling power to inflict a feeling of impotence on the population. The possibility of change is a dangerous powder-keg for those in power so they systematically engross a feeling of powerlessness over the masses. The average redpiller doesn't believe in a life of glory or success anymore, so he defines his success by how much money he makes his employer while watching fictional versions of fictional men on television enjoy the life he wishes he had. It is rare for men anymore to explore, to even leave their hometown. Everyone sticks around their same friends in their same depressing environment out of a misguided sense of loyalty and duty to those who couldn't care less about you.

The impotence imposed top-down is by definition reflexive. If you don't believe change is possible, change will never occur. The average 25-year-old man has accepted the disgusting OnlyWhores dating market as normal and is just trying to get the scraps of camgirls in the time outside of his excel-grindset existence. At least in 2010 you could pretend like things were ok - they certainly weren't trying to mutilate your children as some kind of weird pagan ritual. Now the cat is out of the bag and you are an enemy-of-the-state for being born as a heterosexual male. Society hates you and

they no longer pretend like they don't. Your existence is seen as a walking labor-wallet to pay for everyone else's degeneracy as you dream of the times where your labor would have afforded you a house, a family, and a 2-car garage. You know this time isn't coming back, so you have stopped hoping for change and have set your sites on enjoying the decline. But what if there was an alternative?

I'm not talking about a revolution here -- the best America has to offer is a couple rednecks who hold a tea party at the US Capital and then spend the next decade in a high-security prison. The other option on the table is actually the easiest. Leave. Go somewhere where the women aren't disgusting, the weather isn't grey, and the government doesn't spend your money on pride festivals and blowing up brown people for oil. There's a whole life outside of American/Euro homo-daycare that is filled with sunshine, beautiful women, robust economic prospects, and food that isn't 80% corn syrup. Don't limit yourself to a life of mediocre OnlyFans scraps when you can be sitting on the beach in peace far away from the liberal screeches of the mediocre.

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Case Study: Billy BrownBeta

35 upvotes | May 15, 2023 | /r/TheRedPill | [Link](#) | [Reddit Link](#)

Women tend to be hysterics, and men tend to be obsessives. Most brown men have exaggerated obsessive traits, which is why I write about them. Observing the brown obsessive is the best way to understand one's own obsessive traits, regardless of your race or ethnic background. In a previous article I wrote about the evasive tendencies present in almost all millennial/zoomer brown men. In this article, I will give a case study of a Brown Beta former client who is the Neurotic-Obsessive par excellence. Some of you might take issue with me conflating Pakistanis and Indians. But as far as Obsessive tendencies are concerned, the only difference is that Pakistanis are worse. If you're on TRP, it's likely you have the same tendencies, albeit less exaggerated.

Case Study of Billy Brownbeta

Billy grew up in a Pakistani enclave, in Canada. I'm calling him Billy because he was obsessed with attaining "billy status". He was also obsessed with obtaining pussy. He had a religious upbringing, but would develop the desire to bang sl*ts in his teenage years. Already we see one of the core features of an Obsessive.

The Obsessive has two (seemingly) mutually exclusive desires

In the case of Billy, his two mutually exclusive desires were being a good Muslim, and fornicating with loose women. Having these two desires will play into how he will fail at moving forward with his life in any meaningful way. Spoiler alert, he will fail at both.

Billy, like many young men, came to me wanting to get laid. Everything else in his life was going smoothly. He had a good job, and was making a lot of money remotely. He was already capable of moving out of his frozen sh*thole to a country with more sexually viable women. The only thing stopping him was his risk aversion. What appeared to be hesitancy towards moving to a different country was really a neurotic postponement with the object of his desire. This is another core feature of the Obsessive.

The Obsessive avoids encountering the object of desire

Hysterics (most women) overtake their object of desire. By the time they get their object of desire, it is longer. Obsessives on the other hand endlessly beta orbit around their desire. They engage in activity aimed towards their desires, getting closer, but will never hit it. Billy would never hit it, even after I managed to get him to come to Mexico, where easy women were easy to find.

Billy didn't fail with women. There was no reason for him to. He was a decent looking man with money. He could have easily tequila wormed his way into some lady's pants. The problem was that he didn't. Here was where he could finally follow through on his desire, and lose his v-card, but he quickly found ways to postpone doing so. He invited his cousins over, and went on a pre-packaged tour with them for a few weeks. When he got back, I gave him an ultimatum: either he would send me a picture of himself inside a Mexican girl's bedroom within 2 weeks, or he's out of the Ascetic community. This ultimatum was necessary, because if there was any time he was going to get laid, it was while he was in Mexico, with me nearby to push him in person. I also didn't want men in my community who were going to be stuck in life, because those people drag other people down with unproductive behavior. He told me that he'll get it done.

Near the end of those two weeks, he sent me a message saying that he wasn't going to do it. He cited his religion as an excuse. This whole time he was working his ass off to collect phallic signifiers to attract women. But when time came to pull the trigger, he suddenly found Allah.

“There's nothing Islamic about banging wh*res, bro.”

Here we see the mutually exclusive desire come into play at just the right time to prevent his encounter with the object of his desire. What occurred was not a religious awakening. He will never be a good muslim, because he is obsessed with sex. He won't have sex, because when ALL substantial obstacles are removed, he will be hit with religious guilt.

The Obsessional's two desires drive him to unproductive activity

Needless to say, I kicked him out of my community, and stopped wasting my time with him. I did everything I could to have him fulfill his desire and move forward with his life. Some men are hopeless. The brown beta is the most hopeless demographic there is.

That being said, what's holding back the brown beta isn't the fact that he is brown. It's his exaggerated obsessional psyche. How can I say this with confidence? Because I know plenty of successful browns. I pull them into my community. I've even successfully unfucked brown betas, and now they're helping me unfuck even more brown betas.

I've also met many whites who also suffer from exaggerated obsessional traits, who are just as hopeless, if not more. The issue with whites is that they are too prideful. At least the brown beta confronts the fact that he is a beta. The white beta holds frame to avoid facing their own inadequacies.

How to combat Obsessional tendencies

Pick a single goal to pursue. This means that you must (initially) deny yourself other possibilities. Obsessionals feel as if by choosing one desire, they are losing something. But the real loss is not moving forward. When you move forward, new possibilities emerge. So pick a course, deny other paths, and then move forward to the next set of options. Right before you start making progress on a certain path, that is when you will be pulled by your other desires. Don't give in to the doubts. Finish what you started.

If this sounds too abstract, let's illustrate a specific example with Billy. If he had just done the didily, then maybe he would have had **actual** regret. Perhaps he would have become the God fearing man that walks the pious path to Jannah. Here the two conflicting desires are reconciled, and his life is radically changed. Regardless of what the outcome would have been, Billy would no longer be stuck collecting status objects to attract women he wasn't going to insert his phallus in.

Don't go at it alone. You need someone, or a group, to stay accountable to. Obsessional traits do have their upsides, but in most cases, only those who employ Obsessionals reap the benefits. Obsessionals are diligent, and able to do thorough work. You need someone to hold you to your own standards, and make sure that you're putting enough work into yourself.

Most of you don't have a tight knit community of your own, nor friends who actually care enough to be tough with you. Schools will only train you to be a slave, and therapists will only endeavor to change how you *feel*.

Our coaching program will make you break through your Obsessional tendencies, and give you the strict support you need to live the life that you want. When you feel like giving up, our coaches will

reinspire you. When a secondary desire gets in the way of you fulfilling your main desire, our coaches will be there to counter your self-deception. You will be forced to make progress in attaining the life that you want. You won't find anyone else that will hold you to yourself better than our coaches.

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