

Just imagine them in their underwear

9 upvotes | 15 January, 2014 | by Archwinger

A little analogy for you guys today:

Many individuals who are called upon to deliver a speech stumble due to nervousness and anxiety. It's a disaster. One tried and true technique that used to be promoted by public speakers and speaking coaches throughout the world to help such individuals sounds a little silly, but it works: Picture the audience in their underwear. When you do this small mental exercise from the podium, your entire perception changes. You're no longer standing in front of a room of critical minds judging you and watching your every move and breath, as you nervously try to win their approval. You're standing in front of a group of fools in their underwear, telling them how it is. Your confidence shines through, your speech is better and more controlled, and you can have fun with it, which everyone enjoys.

"But Archwinger! That's just plain not true! Your logic is flawed and you didn't cite any peer reviewed scientific articles on this. Nobody in the audience is actually in his or her underwear. In fact, here's a link to a study concluding that only 0.05 percent of speech attendees forget to put clothes on. And here's another study that says that picturing the audience in its underwear doesn't work for everybody all the time. So it's a logical fallacy to talk about this like it's true if it's not true for everybody all of the time."

Don't care. It works for me. One hundred percent of the time, I deliver a better speech.

"But Archwinger! It's offensive and unhealthy to assume something about your listeners that makes them seem foolish and inferior to you. It's not the picturing them in their underwear that's working for you, it's the confidence, and you could have gotten that confidence in a lot of other ways besides thinking something inferior and hateful about the listeners!"

Don't care. It works for me. One hundred percent of the time, I deliver a better speech.

"But Archwinger! What you're doing demeans the audience and is hateful. Why don't you just speak the way you used to speak? Eventually, if you keep at it for a long time and put up with a long string of failure and rejection, you'll find a group of people who likes your awkward and insecure style."

I'd rather be successful now. Thanks.

"But Archwinger! You can't have a healthy relationship with your audience if you're thinking something negative in your head about the listeners! And why are you so hung up on fulfilling the role of speaker anyway, while relegating the audience to the role of listener? Everyone in the audience has a mouth and a voice, just like you, and is just as capable of being a speaker as you are. If you really want a healthy relationship with the audience, you should scrap the idea of giving a speech altogether and engage the audience in an open conversation. I know that this diverges from the traditional roles of speaker and listener and that the audience didn't prepare on this topic or expect to have to speak about it today, while everyone was expecting you to prepare, be knowledgeable on the topic, and deliver a capable speech, but the fact that you'd be treating the audience like equals, deferring to their thoughts, and listening to them is definitely going to outweigh the fact that you will look completely unprepared and non-knowledgeable about the topic and won't have delivered what was expected of you."

Every time I give a speech, listeners line up afterward to shake my hand. They love it.

"But Archwinger! Those are just dumb people. Most of the people who hear you speak when you're picturing them in their underwear think you're an asshole."

When I picture the audience in its underwear, I dominate the room. I own it. Everybody – the other speakers at the event and countless listeners – comes up to shake my hand and complement me on my

speech. Half of the people don't even have anything intelligent to say and just want to hang out next to me. I'm invited to speak at subsequent events without fail every time I do this.

“But Archwinger! You're just going from speaking even to speaking event, traveling around the country, living from day to day, when your goal is supposed to be a steady daily office job in a cubicle. If you really want a steady regular job, you have to stop doing this.”

I'm happy. I like traveling, meeting different people, and attending different events. I don't need a steady office job to be happy and fulfilled.

“You're full of shit, Archwinger! This doesn't work. You're just an internet virgin neckbeard loser spreading lies about public speaking! Why do you hate the audience so much just because you sucked at speaking when you were younger? Nobody listen to Archwinger!”

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Comments

FugitiveAlpha • 5 points • 15 January, 2014 08:15 PM

The fact that we're wanting to talk to them means we have already imagined them in heir underwear :)

Edit: or imagined their underwear on the floor next to our bed :)

Archwinger[S] • 4 points • 15 January, 2014 08:55 PM

Analogy, people. Analogy.

What if we took this one step farther, since I'm posting this on The Red Pill which isn't really a subreddit about public speaking?

Like, what if we replaced the concept of picturing audience members in their underwear in the context of delivering a public speech, above, with the concept of recognizing/assuming some other truths about our target audience, i.e., women, in the context of an encounter with them? Then, what if we took all of those quotes complaining about the concept of picturing people in their underwear, which sound a lot like some of the things someone might say if they were complaining about the TRP, and chuckle a little?

It actually gets a little more interesting then, if you really take a second to think about it. It almost doesn't matter if The Red Pill really was a bunch of bullshit like its detractors claim. It still works. Because assuming certain things going in puts you in the right frame of mind to be successful. It's just gravy that a lot of the inconvenient truths put forth by the Red Pill also happen to be pretty darn accurate.

whiskey_bearfist • 1 point • 15 January, 2014 07:23 PM

did this during a recent job interview. had an easy grin goin the whole time. im waiting to hear back after they finish interviews next week.

[deleted] • 1 point • 15 January, 2014 08:25 PM

You don't imagine them in their underwear. You'll get a boner.

You imagine that they are retards and that they believe all of your bullshit. Also find someone in the audience that looks like he/she's agreeing with you and focus most (not all) of your attention on that person.

cravatepliee • 1 point • 15 January, 2014 10:57 PM

Brilliant analogy.

PoopSmearMoustache • 1 point • 16 January, 2014 02:59 PM

Spoken like a king!

I've concluded women think any mans mental improvement with the aim of increasing sexual value (without also increasing actual social value) is immoral.

I think they have a preference for naturals with supposed inherent 'talent' because they want to keep their own inherent measure of success of his genes, combined with his family's genes influences, as accurate as possible.

And perhaps too it's partly because she doesn't want to believe or spread rumours about a possible shortcut that bypasses the shit test generator and allows beta-sperm to get anywhere near her without paying full price for worn goods.

Villaintine • -1 points • 15 January, 2014 04:31 PM

While walking around with an erection is good advertising, I'd rather not do it all the time. So thanks for the advice, but nope.