

Are any of you voluntary celibates?

4 upvotes | 10 July, 2018 | by light-----dark

How has it influenced your journey navigating TRP?

What influence can TRP have on those who are voluntarily celibate?

Certainly becoming the best man one can be, but are there any perceived downfalls to being voluntarily celibate from a TRP perspective?

Let loose.

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Comments

CrazyHorseInvincible[M] [score hidden] 10 July, 2018 06:11 AM stickied comment

No polling.

vandaalen • 5 points • 10 July, 2018 05:23 AM

are there any perceived downfalls to being voluntarily celibate from a TRP perspective?

vs

The Red Pill: Discussion of sexual strategy in a culture increasingly lacking a positive identity for men.

light-----dark • 1 point • 10 July, 2018 05:51 AM

Didn't consider this - thanks for sharing.

Perhaps celibacy is not the correct term insofar as it encompasses all sexual relations, and I'm thinking about sex in general.

[deleted] • 4 points • 10 July, 2018 04:57 AM

No, but I go through stages.

Some weeks I'll fuck a new girl every other night and some weeks I just won't care and focus strictly on myself and be very introspective.

So hints of voluntary celibacy?

Not sure if that's what you were looking for but that's one way to do it

light-----dark • 1 point • 10 July, 2018 05:06 AM*

Interesting.

Do you feel better one way, or the other? Or do you feel best balancing both?

Why do you think it is you feel whichever way?

[deleted] • 2 points • 10 July, 2018 05:19 AM

I feel more alive/happier while going on pussy benders, my mood is noticeably better and translates into more positive reactions in my every day life. I feel a sort of bleakness/depression during an introspection phase but it is during those times where my mind is expanded and I have major perspective shifts, I always come out of it better than I was before.

I see benefits in both.

I don't really have a rhyme or reason to this either, it just seems natural to me. Too much time in pussy/party mode and I lose touch with the real world. Too much time in introspective/philosophical mode and I become a major curmudgeon.

This is all while single by the way. In LTR's I just become another cog in the machine, going through the motions of life. Doesn't mean I don't still improve or progress but it's at a substantially lower rate than when I am single. TRP has helped with that quite a bit but when you go from just focusing on yourself 100% to focusing on yourself 75%ish and giving that 25% to someone else any major leaps in life will not be as dramatic or fast as if you were solo.

[deleted] • 2 points • 10 July, 2018 05:40 AM

Yup, right here.

I abstain from sex (not intimacy entirely) during semesters in order to transmute my sexual energy into my grades (see: r/semenretention). I'm pretty high smv (6'0" 200lbs lean) so I'm certainly not an involuntarily celibate. I've experienced both times of fucking a new girl every week and times where I've gone months without ejaculation. What I've learned is that sexual energy is a very powerful thing and can be harnessed and used to create the reality you desire for yourself if not ejaculated into a condom or tissue.