I'm really glad to see this reach the front page of Reddit! Far too often, men's issues are reduced to feminist platitudes of "men just need to open up more", but the author of this paper looks more into deeper societal reasons for it.

May 30, 2021 | 312 upvotes | by 2717192619192

Crosspost "Men die of suicide much more often than women. This is commonly blamed on men's unwillingness to seek help and talk about their problems. This paper disputes the conventional view, emphasizing instead socio-economic issues and obstacles to health care access" from /r/science:

Posted by vtj | 29 May 2021 | Link

Archived from theredarchive.com

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Comments

Hey itsmeguys • 72 points • 30 May, 2021 04:38 AM*

Finally, not more victim blaming!

Edit: And still in the comments, there's people going, "This is because men don't want to seek help. They want to keep their emotions to themselves." Ugh.

LettuceBeGrateful • 42 points • 30 May, 2021 04:55 AM

And then because it's the *that* sub, they're nuking comments of men sharing their own personal experiences on this topic.

I can't stand the moderation there. Not every comment needs to be a scholarly abstract to add to the discussion.

Carkudo • 21 points • 30 May, 2021 05:59 AM

It would be far better if every comment did need to be a scholarly article. As it stands now they're simply censoring since groups while letting others speak freely.

RStonePT • 3 points • 30 May, 2021 01:09 PM

If you think citing sources will fix the problem I don't know what to tell you.

Carkudo • 3 points • 30 May, 2021 02:37 PM

Um, what?

RStonePT • 3 points • 30 May, 2021 03:26 PM*

You're mistaking logical arguments for emotional ones. You cannot beat arguments that came from emotion with logic.

Edit. All arguments stem from emotion. Even the ones without self awareness.

In fact this whole argument stems from someone calling the people here mean words and people responding to a perceived threat to their reputation.

Doesn't get more emotional than that

Col-D • 1 point • 22 July, 2021 07:07 AM

Emotional logic isn't logic

UnHope20 • 6 points • 30 May, 2021 07:20 PM

Yeah I never go there. They are all pretty much radical feminists who hate talking about men's issues to begin with.

TheLWMA • 19 points • 30 May, 2021 05:04 AM

At least most of the comments acknowledge that the answer to male suicide isn't as simple as "open up more".

PARAN01D_R1GHT01D • 24 points • 30 May, 2021 06:46 AM

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"Guys. Open up more. Be vulnerable. It might take a lot of hard work, but we're all better off when you challenge your toxic masculinity."

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TheLWMA • 28 points • 30 May, 2021 08:02 AM
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"And makes sure you share the stuff we want you to share. Your emotions can make people uncomfortable."

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xarexen • 6 points • 31 May, 2021 06:11 AM
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And unsafe. Because you're inherently violent.

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RStonePT • 14 points • 30 May, 2021 01:10 PM

Most men tried that and got nothing but disdain.

Every guy whose been around knows that while his emotions are fine, most people dont care to receive them.

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petrol sexual • 8 points • 30 May, 2021 02:16 PM*

Don't forget the "but women attempt more often. So they need more help" comments. Thankfully that doesn't seem to be the major theme of the comments and most seem to be taking the idea seriously.

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Oncefa2 • 8 points • 30 May, 2021 05:20 PM
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It's also been debunked like a thousand times.

I mean for starters if you try and succeed that's just 1 data point compared to someone who may have tried and failed 3 or 4 times.

And that's really just the beginning of a long list of problems with that logic.

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xsplizzle • 4 points • 30 May, 2021 06:17 PM
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Its mainly been debunked because reporting on all self harm from women is listed as a suicide attempt but, for example a man punching a wall isnt

```
pandaappleblossom • -1 points • 1 June, 2021 01:56 AM
```

No it's not. Self harm is not reported as a suicide attempt.

xarexen • 3 points • 31 May, 2021 06:12 AM

>It's also been debunked like a thousand times.

Debunked? It's never been proven enough to be debunked.

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pandaappleblossom • 1 point • 1 June, 2021 01:57 AM
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Yes it has?

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xarexen • 1 point • 4 June, 2021 11:00 AM
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It needs to be a valid argument before it can be bunk. To be lie it must be comprehensible.

A bunk answer to 'Why did the chicken cross the road' is 'chickens like crossing infrastructure my uncle's a chicken and he told me', 'cakes are fruit on sunday' is not bunk, it's irrelevant.

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UnHope20 • 6 points • 30 May, 2021 07:25 PM

Yet we're the ones who get accused of making whataboutisms. I wonder if they know how poisonous their rhetoric is or if they genuinely think that they are helping society by derailing convos about mens issues.

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xarexen • 3 points • 31 May, 2021 06:14 AM
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If you replace 'men' with 'blacks' you can't find a difference between most modern feminist literature and 'race realist' literature.

xarexen • 2 points • 31 May, 2021 06:12 AM

'But women...'

Yeah, that makes it okay.

It's not a fucking competition.

```
petrol_sexual • 4 points • 31 May, 2021 11:20 AM
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Exactly. Women have it plenty bad and deserve most the systems that have been developed lately to help them. (things like the deluth model, though, that shit is insidious) The only thing is that men also deserve support. Not that women should lose it.

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Grow_peace_in_Bedlam • 5 points • 1 June, 2021 11:32 PM*
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Exactly! I don't want to make women as lacking in support as men, I want men to have the same access to support that women have.

BCRE8TVE • 43 points • 30 May, 2021 05:51 AM*

AAaand now it'S been deleted from r/science. Bloody fantastic.

Can't let people peek behind the curtain and see that the feminist perspective might actually not be a perfect reflection of reality, now can we?

EDIT: Oh hey it was reinstated!

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2717192619192[S] • 17 points • 30 May, 2021 05:51 AM
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Wow, of course it was removed. At least the original article is still up...

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BCRE8TVE • 9 points • 30 May, 2021 02:53 PM
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Apparently it's been reinstated now!

Throwaway895423 • 14 points • 30 May, 2021 11:17 AM

Their bot claims it was removed automatically as a duplicate of a two year old post (for reference, this research was published last month).

The same bot normally takes 10 to 15 minutes to detect a duplicate and issue a removal, but in this case it took 6 hours. Food for thought.

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BCRE8TVE • 7 points • 30 May, 2021 02:50 PM
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To be fair, reddit changed something in their structure so that bots can't perform multiple actions at the

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same time, and have to queue their actions one at a time like everyone else. That can and has slowed down bots.

However, the excuse of removing a "duplicate" from two years ago is awfully convenient, when it's a brand new research publication...

EDIT: Oh hey it'S been reinstated now!

xarexen • 2 points • 31 May, 2021 06:15 AM

>Their bot claims it was removed automatically as a duplicate of a two year old post

Ah yes, the bot that operates through the Star gate.

xarexen • 1 point • 31 May, 2021 06:15 AM

Science is misogynist though.

BCRE8TVE • 2 points • 31 May, 2021 03:43 PM

Oh how I hate that nonsense.

Forgetaboutthelonely • 26 points • 30 May, 2021 05:10 AM

Funny. The comments on the original post are already being nuked. How unsurprising.

2717192619192[S] • 17 points • 30 May, 2021 05:50 AM

It's sad. But to be expected.

Edit: aaaaand it's been removed completely by their mods.

Forgetaboutthelonely • 6 points • 30 May, 2021 06:01 AM

Yup. just noticed that myself.

manbro7 • 14 points • 30 May, 2021 01:14 PM

We tried. We were told it was "male tears, mansplaining, male fragility, toxic masculinity, weakness," then you have non-existent mental health spending, discriminated actively to help women instead, massively accepted and normalized misandry and so much more.

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xarexen • 1 point • 31 May, 2021 06:21 AM
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Not to mention regular welfare tends to favour women overwhelmingly more than men. More men are homeless for a reason, despite the suicide rate being so much higher.

AmericanBoy505 • 14 points • 30 May, 2021 06:04 AM

Exactly! I'm so sick and tired of the view that men are responsible for their own problems since they built the system. Seriously, people love to victim blame men.

```
xarexen • 6 points • 31 May, 2021 06:19 AM
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>I'm so sick and tired of the view that men are responsible for their own problems since they built the system.

No offence, but this framing is drinking so radfem kool-aid. We didn't build this system, other men did, and

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they had plenty of female input.

Mahameghabahana • 2 points • 3 June, 2021 09:04 AM

Men didn't build the system but biology and lack of technology did. Watch a pack of lion or a pack of heyena.

Oncefa2 • 13 points • 30 May, 2021 12:03 PM*

26% of suicides in men are from intimate partner violence.

Men are 40% more likely to kill themselves after their children have been taken away from them by an institutionally sexist family court system.

Social isolation due to the stigma that single men must be incels or rapists is a huge cause of mental health problems in general in men, including depression and suicide.

But no let's just say it's because men don't cry enough.

FinallyReborn • 5 points • 30 May, 2021 04:29 PM*

Men are 40% more likely to kill themselves after their children have been taken away from them by an institutionally sexist family court system.

Social isolation due to the stigma that single men must be incels or rapists is a huge cause of mental health problems in general in men, including depression and suicide.

Can you send a citation for these two points?

Oncefa2 • 3 points • 1 June, 2021 03:05 PM

Here's an article talking about social isolation:

https://www.psychologytoday.com/us/blog/talking-about-men/202102/the-mental-health-struggles-single -and-divorced-men

Some quotes in the comments here:

https://np.reddit.com/r/malementalhealth/comments/n5k0xb/the mental health struggles of single and/

And the 40% stat comes from here:

https://www.reddit.com/r/rbomi/wiki/main

There's actually a new study that put that number at 36%:

https://documents.manchester.ac.uk/display.aspx?DocID=55305

And for partner abuse there's this study:

https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6420923/ (26%)

And this study:

http://europepmc.org/article/PMC/4967366 (17%)

drew9779 • 12 points • 30 May, 2021 05:22 AM

love seeing this type of content on subs that aren't primarily focused on gender bc I can go in and just block absolutely everyone who shames men in the comments. knowing I will never have to see another word written by those people is a form of sweet peace

ZookeepergameSuper70 • 11 points • 30 May, 2021 04:07 AM

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Awesome!! So glad to see people actually starting to care

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plitox_is_a_bitch • 6 points • 30 May, 2021 01:12 PM
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Aaaaaaaaaand /r/science deleted it. Go figure.

```
mcmur • 6 points • 30 May, 2021 06:48 PM
```

Wow this is great.

I had a feminist therapist that I know give me the "toxic masculinity and men not talking about their problems is to blame for higher suicide rates among men" speech the other day.

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xarexen • 3 points • 31 May, 2021 06:22 AM

Ironically putting that thought into a man's head would be an example of toxic masculinity.
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Weary-Invite1606 • 6 points • 30 May, 2021 06:13 AM

It's getting a LOT better and we're getting more conscious of it

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StorkReturns • 2 points • 30 May, 2021 07:51 PM
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It's worth pointing out that this paper does not invalidate the issues men have with "opening up". The discussion shows that men indeed have trouble with talking about their own problems. But it's pointing out that this step is just one of the many hurdles men face and men's mental problems will not be solved if men just open up more if other issues (like access to help or to social services) is not improved.

```
TheQuestioner235 • 2 points • 30 May, 2021 04:11 PM
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Well, it's more a combination of both. But the lack of openness about issues is more often something more to do with how society treats masculinity than an active choice to not be more open.

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Oncefa2 • 1 point • 30 May, 2021 05:24 PM
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I'm not against "telling society" to take men seriously when they open up, but it needs to be done in a respectful way that doesn't insinuate that men are the problem.

Also I think at this point we need to acknowledge that even if that does play a part, it plays a very small part, and is used as a scapegoat or a dog whistle more often than not.

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Wheatbelt_charlie • 1 point • 30 May, 2021 10:04 AM
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r/science is a bit of a joke, it doesn't actually stand for science, it stands for politics.

It's full of moronic vegans and other such detritus so it's no wonder that this challenges their world view.

```
plitox_is_a_bitch • 6 points • 30 May, 2021 01:13 PM
Should be called /r/Ifuckinglovescience.

xarexen • 1 point • 31 May, 2021 06:22 AM
>moronic vegans

Redundant.
```

UnHope20 • 1 point • 30 May, 2021 07:21 PM

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r/Male_Studies please...

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