

This sub works wonders for a PUA, but what about someone who wants to have a long, happy, healthy, and loving relationship? How can this knowledge be applied to make that happen?

4 upvotes | 29 January, 2014 | by ioncehadsexinapool

/r/TheRedPill/comments/1wg963/this_sub_works_wonders_for_a_pua_but_what_about/

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Comments

The_CEO_of_Beta[] • 6 points • 29 January, 2014 08:44 AM

The knowledge in this subreddit is also great for keeping and maintaining relationships that you genuinely want to keep.

I can tell you right now that if you follow the blue pill ideals in a relationship such as you and her being 50/50, or that she can go be the breadwinner while you be a stay at home dad, that the relationship will fail.

[deleted] • 3 points • 29 January, 2014 12:12 PM

<http://marriedmansexlife.com/>

It's RP softened up and made to work for a marriage.

By a male nurse, no less, so by a naturally compassionate and caring nice guy, so it is not just a way to rationalize his inborn harshness but the other way around, he had to teach himself to be able to behave tougher.

Wolfwood • 3 points • 29 January, 2014 03:25 PM

The pick-up community has always been invested in maintaining healthy relationships. It's the obvious next step and the reason why every PUA forum has a relationship section.

There's a big difference between getting a girl and maintaining a relationship with a girl. Getting a girl is easy.. anybody can learn to fake being an alpha male / social robot for a date or two or three. Becoming the guy who can rock a sustainable drama-free relationship, on the other hand, requires most guys to overcome the social conditioning they have been indoctrinated with from a very young age. That's not so easy.

Some things I've learned from the pick-up community that have helped my relationships immensely (Obviously, there are no magic bullets. Everybody's situation is a little different, but here's advice that has helped me, specifically):

- 1) Learn to screen. Personally, I like the "Freaks, Hoes and Good Girls" classifications that have been around for awhile. Different women look for different things in relationships. Learn how to spot the different types of girls and treat them accordingly. Don't try to have a serious relationship with a freak unless you really know what you're doing.
- 2) Learn how to lead. Be confident and make decisions whenever possible. Most girls are indecisive and hate being the ones to make decisions in relationships. Submissiveness is a feminine trait and being in a submissive role makes most girls feel sexy. Don't argue with your girlfriend. Guys handle conflict logically while women handle conflict with their emotions. Arguing doesn't work and it only rewards bad behavior by giving her your attentions (which is what girls want most). Either change her emotional state (ideally, by having sex with her) or, if she is in the wrong, leave or ignore her until she cools down. Never accept ultimatums.
- 3) Be congruent. Know what you want and act accordingly. Set up your expectations early and stick to them. If a girl is a FB, then don't treat her like a girlfriend. Don't lie. Lying is beta behavior. Don't promise monogamy if you don't intend on being monogamous.
- 4) Know that nothing lasts forever. Monogamous relationships are mostly set up to fail. When we first meet somebody who we are attracted to, our bodies release strong hormones / endorphins when we are around them. However, this effect mellows out over time. The strong reaction lasts a good 2-3 years.. more if you have kids (think "seven year itch"). Sure, some people get passed it and have life-long marriages, but it typically isn't their sexual passion keeping them together (it's common bonds and comfortableness.. you see this work really well

with 2 people who are equally co-dependent). Be prepared.

5) Always bring your A-game to the bedroom.. always try and keep sex passionate, interesting and frequent. Mix it up as much as you can. Be dominant and don't be afraid to treat her roughly.. most girls love that stuff. Get toys and restraints and anything else you can think of to add some variety to your sex life. Do some research and learn how to make a girl squirt. Learn how to properly introduce and perform anal sex. Talk to her about sex and learn about her fantasies. Be the guy that allows her to fulfill those fantasies. Touch her all the time.. as often as possible.

6) Don't fail shit tests! Don't ever show jealousy (and/or just don't get jealous of other guys.. that's beta). Don't tolerate or reward bad behavior. Giving her attention when she acts out or picks a fight is BAD. Do, however, reward good behavior (this is part of leading well). Don't be that pussy-whipped guy who can never hang out with his friends. Don't be her psychologist or the one she constantly complains to (that's what her female friends are for). You should be the guy who makes her forget all the bad stuff.. a vacation from the troubles in her life. Avoid being around her when she's in a negative state and refuses to get out of it.

I hope some of that stuff helps (and answers your question).

BruceIsTheBatman • 2 points • 29 January, 2014 09:47 AM

I think the idea is that the woman in question will never be fully in love with you, but you can keep her interested for extended periods of time by maintaining frame, etc.

frazzleddd • 2 points • 29 January, 2014 06:22 PM

Married man sex life. Invest in the married man sex life book and read that. Basically mellowed out trp from a reformed beta

[deleted] • 1 point • 29 January, 2014 12:43 PM

Yes, and many of the same techniques used to pick up a girl are used to maintain interest.

Just understand that marriage isn't a popular concept here at TRP, and there won't be as much help for LTR. It's on you to adapt the knowledge for your uses.

Also, to play the devil's advocate, make sure you control your woman. If you're not dominant, I'll bet my hunting bow she'll cheat on you.

GayLubeOil • 0 points • 29 January, 2014 08:31 AM

Let this video guide you.

FortunateBum • 0 points • 29 January, 2014 10:25 PM

I use it in my LTR every fucking day.

Here's a post with a great anecdote from an LTR.