

She tells me how difficult her job is. I get stressed too, but it's just getting having her to be validated but how long can we even keep up with this?

October 25, 2021 | 0 upvotes | by [lemachman](#)

I feel the need to always give advice or just say obvious things for her to do. I hold back because she doesn't ask for advice, rather, would just chit chat about her daily thing at the job. I like to listen, but sometimes it can become too much and it's stressful hearing about it too.

Why do we feel the need (as men) to fix it, or advice for it?

Does it really give them validation, to have an open ear?

And even if they ramble for hours on end. I have had women who can just talk, and talk and TALK AND TALK for 2+ hours... How do we even survive with this LOL

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there doesn't seem to be anything here