

Be less shit

February 2, 2022 | 93 upvotes | by [threekindsoflucky](#)

The way you guys are writing about your sex life with your wives is turning to shit again. There are a number users approaching their sex life as if they are victims. Here's a handful of examples from this week.

[/u/theCrimisomLine](#)

3 initiate and got 3 rejections. I did notice that the rejects are have moved from what I would call disgust, to "A. You have been too mean to me and dont deserve it" or "B. Its always about sex for you". My answer for B, is always "Yes, absolutely" my answer for A is STFU, I just don't know what to say really.

[/u/JoeJericho](#)

Shark week for half the week, so no initiations most of the week... until last night. I initiated, got a no, and then made the stupid mistake of asking "then when are we going to have sex?" This let to a downward spiral of me running my mouth saying crap about how I want sex, that I didn't sign up for this, and other DLV. I also said "it seems our intimate life has come to an end" and received a response of "what are you trying to say?" I guess I was implying I want a divorce but didn't have the balls to actually say it.

[/u/ the improving man](#)

Last weekend, in the bathroom after she got out of the shower, she is naked, I am dressed. I thought I was escalating by placing her hand on my erection through my pants. Her response "... it just makes me feel tired, as another job I have to do".

[/u/rather_empty](#)

It's shark week, but two days ago after we'd had a few glasses of wine I went to get a shower then came back to the lounge, picked my wife up, sat her on my lap and told her I wanted a blowjob. This provoked a thunderstorm in which I was told she wasn't my whore, and I should go get a girlfriend for that.

I think some doubt or hesitancy had crept in - I certainly didn't feel confident in the moment. I left her to stew and went to bed. Frankly, I struggle initiating with total commitment, as I saw The_Red_Letters recently phrased it. The wife decamped to the guest room and moved all her stuff there. Still, I'm glad I initiated - I've never received a blowjob while she's on her period, but I'm going to make it clear through initiating that I've got needs.

[/u/LiftDriveRock](#)

My wife still won't fuck me. Last time I had sex was in early August last year. Sunday was funny in this respect, because it was so transparent. She sensed an initiation about to come and decided to thwart it by picking a fight about something that had absolutely no base in reality. The second she got started, I knew exactly what she was doing. I could see it in slow motion. So again, no sex this week.

In every example you write as if your wife is the gatekeeper for sex. She is the gatekeeper for sex with

her. Only her. And in every case, you're the poor victim who is being treated unfairly by your wife.

You've made the choice that your wife is the only person you're going to have sex with. You have to deal with the consequences of that choice. You don't get to come on here week after week and complain about that choice. You made the decision, you have to own it.

Most of you are doing 'self improvement' with the intent of increasing the chance your wife will want to have sex with you. It has been made clear that MRP is not about your wife. That is why we have Rule 9. And this bullshit process that you're attempting will not work. [There's a reason it's been given it a name.](#)

Your wife is free to choose to do whatever the hell she wants. You don't get to decide what she does. You do get to decide what you do, and it's the only thing you have control of.

There's a term to describe doing things in the hope that someone will respond in the way you want. Might be in the first book of the sidebar, who knows. Now, reading and adopting the tools of MRP may lead to you becoming attractive enough that someone else might have sex with you. That's a choice you get to make, and you get to own that choice as well.

To be fair though, that probably won't be the case for most of you, as the shitty, scarcity mindset you adopt will be inherently unattractive.

I am not breaking any new ground here. [It's been said more eloquently before](#), but you guys don't seem to be able to grasp it. And as outlined by WNS in that post, and highlighted here just so it's crystal clear:

Again, just so we're very clear, MRP is not a program that will get your wife to fuck you. And this is especially true when you continue to have a shitty mindset.

Do better.

Archived from theredarchive.com

Comments



[deleted] • 99 points • 2 February, 2022 12:04 PM

If you're hungry, the first place you look for food is the fridge. If there's no food in the fridge, what do you do? Have a discussion with the fridge about the lack of food it has for you? Sulk at the fridge for not having any food? Look up videos of food on the internet and pretend that you're eating it?

Or do you go out and grab something to eat?

Basic fucking needs. If you can't look after your own basic needs, you're a fucking child asking to be mothered. A retard staring at an empty fridge expecting to be fed.

Good luck with that.

UsefulWalk4 • 14 points • 2 February, 2022 06:36 PM

SBIII, we need more of your comments. That's the second funniest thing I've ever read on here. I think you know what the funniest was. I'm going to go yell at my fridge now cause it's lunchtime.

[deleted] • 4 points • 9 February, 2022 11:32 AM

Or do you go out and grab something to eat?

I'd say it's not a good metaphor for a healthy faithful marriage

[deleted] • 12 points • 9 February, 2022 12:24 PM

You're in the wrong sub, pal.

[deleted] • 1 point • 9 February, 2022 12:33 PM

why do you say that?

[deleted] • 5 points • 9 February, 2022 01:21 PM

What do you think this sub is about?

[deleted] • 1 point • 9 February, 2022 02:28 PM

Keeping your wife and try being happy with her?

[deleted] • 11 points • 9 February, 2022 02:30 PM

LoL.

[deleted] • 1 point • 9 February, 2022 06:27 PM

What's the joke? I am newbie here

threekindsoflucky[S,M] • 7 points • 9 February, 2022 11:28 PM

This isn't the place for you.

Mrmlap • 2 points • 9 February, 2022 01:33 PM

Hell yes.

[deleted] 2 February, 2022 08:30 PM*

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UsefulWalk4 • 5 points • 3 February, 2022 08:01 PM

Also, IVE SAID IT BEFORE STFU has more to do with you not saying stupid shit.

Couldn't agree more!

Impossible_Beat8086 • 1 point • 13 February, 2022 03:24 AM

Maybe I'm missing something. But that analogy makes it sound like you should go to the fridge and get what you want. Maybe some aren't assertive enough and getting shot down because sex is a low priority.

KirthWGersen • 24 points • 2 February, 2022 08:14 AM

Why do men stay in these relationships?

Is it a misplaced sense of duty? Fear of being alone? Fear of the financial consequences of divorce? Fear of not being able to find someone who wants to have sex with them?

I really don't get it.

People get divorced all the time. Life goes on and people rebuild their lives and find happiness. So why do they torture themselves?

Tyred_Biggums • 14 points • 2 February, 2022 07:14 PM*

So why do they torture themselves?

They *need* to be miserable and blame others (their wife) for their misery. The alternative is accepting *they* are 100% accountable for their own life. That's a scary thought to a lot of men. Because if you're 100% accountable you have to own the failures as being your fault. Some cannot put the ego aside and accept this. So it is easier in their life to continue to be miserable and blame their frigid/harpy/nagging/BPD/bipolar/narcissistic wife.

KirthWGersen • 3 points • 2 February, 2022 09:43 PM

Sadly, that makes a lot of sense...

JPEG_Nationalism • 25 points • 2 February, 2022 11:55 AM

I think men know that divorce is an option, but, if you're married AND have children it can be very complicated and damaging to all involved. Now, it doesn't have to be **as** damaging as some people think, but there's still a huge messy risk regardless.

I don't disagree with anything OP has written btw, and I think most men think about it, but obviously they try to avoid it if possible. Sometimes they can't, but sometimes they can.

Plus, and this is a question every married man needs to ask, what other elements of the relationship act as a counterbalance?

For example, is your wife a good mother? Is she fairly emotionally stable? Does she provide benefits in *other* areas? By asking this, a man has to then weigh up the importance of sex in his relationship. If it comes out on top (and trumps the other things), then he has a decision to make.

AlphalfaSprout • 11 points • 4 February, 2022 07:01 PM

I think you misunderstand the premise to the point that I think its worth breaking it down to a the most fundamental point:

Shitty men with shitty mental models stay in shitty relationships because that's the best they can do.

For every guy benching 250 for reps, making six figures a year, being his own mental point of origin, being devoid of covert contracts and nice guy behaviors, and generally being a fun, attractive man with options, there are 99 guys that put in the least amount of effort possible, can't stfu and have no idea about how to be attractive, let alone not be unattractive, saying "Gained 1.2 lbs this week (235 lbs, 23% bf mirror test), I initiated 3 times this week, rejected 2 times, 1 time starfish sex, I'm going to tell her fuck you or fuck me next time I get rejected."

They are just as shitty as their shitty relationships.

RStonePT • 18 points • 2 February, 2022 02:01 PM

It's not really the issue. We had dudes on here who divorced as soon as they 'red pill'd' themselves. The next girl they got together with ended up being identically miserable to the last one.

Iamstevemcqueen showed exactly how well 'next' works. You'll kick the can down the road and be in the same situation next time.

As for the rationale, it's complex. partially the result of failed parenting strategies aka promise keepers partially environmental aka the industrial revolution and fathers in the home partially thirst

but does it really matter? Everyone has the same solution, rational egoism. no two ways about it

[deleted] 2 February, 2022 08:40 PM

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RStonePT • 5 points • 2 February, 2022 08:42 PM

I don't find it productive to assign blame or fault. It's a problem, solve it.

because no one else will do it for you

[deleted] 2 February, 2022 09:49 PM

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RStonePT • 3 points • 2 February, 2022 10:07 PM*

reported for harassment, eh?

business-__-travel • 1 point • 3 February, 2022 12:13 AM

Learn what the fuck youre talking about.

His wife is the one who brings home donuts ☐ for him.

[deleted] 2 February, 2022 08:37 PM

[permanently deleted]

KirthWGersen • 5 points • 2 February, 2022 09:47 PM

Sounds like you are under the thumb ☐

My experience has been that divorce has been great, not only for my kids, but also for my relationship with their mother, and the extended family. The experience of friends of mine is similar.

But it does mean you have to take full responsibility for everything.

omured • 31 points • 2 February, 2022 06:12 AM

It took me moooooonths to make clear in my mind what you state :

1.that my needs are my responsibility

2.that my wife is a free person

Once it clicked, I saw:

1. i was being manipulative,
2. I was using anger to manipulate
3. I was full of shame

And actions taken were (are):

1. Deal with shame (accept myself)
2. Deal with anger (accept others)
3. Be assertive

The effects are reverberating all around me: at home, at work, with friends, family,.... All around. Still work to do, but man, it provides peace!

Tyred_Biggums • 13 points • 2 February, 2022 07:09 PM

Again, just so we're very clear, MRP is not a program that will get your wife to fuck you. And this is especially true when you continue to have a shitty mindset.

Sex is easy. Low hanging fruit. Hell, you can go buy it if necessary.

Your wife is not preventing you from having sex. You are preventing you from having sex. So why are you being butt hurt by something in your control?

What's in your control?

Lifting

Reading and internalizing the sidebar material

Shutting your damned teapot mouth

Going out and having fun

Not masturbating and looking at porn

Buying an escort (looking at you /u/itsunclejerry)

Flirting/talking/sleeping with other women

Creating an online dating profile and finding other women

Divorcing your wife

Being clear on what you want and relentlessly going after it without reservation

If you do open your mouth owning what you say

Let's look at some of these retards:

Its always about sex for you

"What's wrong with that?"

asking "then when are we going to have sex?" This led to a downward spiral of me running my mouth saying crap about how I want sex, that I didn't sign up for this, and other DLV. I also said "it seems our intimate life has come to an end" and received a response of "what are you trying to say?" I guess I was implying I want a divorce but didn't have the balls to actually say it.

Begging for sex and then being a passive aggressive bitch. *This* is the mental model that sucks. STFU is definitely important but so is owning your life. *What are you trying to say?* You opened your bitch mouth and then backed down. Why? Because you were *scared* of her response if you said "I need sex in my life". JFC

I thought I was escalating by placing her hand on my erection through my pants. Her response "... it just makes me feel tired, as another job I have to do".

Clearly this guy is unattractive. STFU or "that's unfortunate" and walk away.

This provoked a thunderstorm in which I was told she wasn't my whore, and I should go get a girlfriend for that.

"Ok"

My wife still won't fuck me. Last time I had sex was in early August last year.

Wow... that's a long time. I'd have been looking for another woman in September.

itsunclejerry • 9 points • 3 February, 2022 12:00 AM

I don't know. I just work here.

Lon_Dep_Man • 7 points • 22 February, 2022 09:29 PM

What these men are allowing in their lives is absolutely pitiful. I have been married for over 30 years, my wife started the same shit several years ago with denying intimacy. I played the poor, poor me card for about a year and then got fed up.

I sit her down and let her know what I needed and ask if she thought she change, she gave me the I'm not sure answer. I immediately let her know we would be divorcing, that I would not be wasting any more years with her and that she would be moving into a spare bedroom until we each found our own place and sold the house.

This went on for about a week, until she realized I was serious and interviewing lawyer, then guess what, she wanted to change. We've had several talks and I let her know I was done living the way we had been for many years.

She is free to only have sex when and with who she wants, but I was free to take care of my needs as I see fit, if that means finding several FWBs.

This went on for about a week, until she realized I was serious and interviewing a lawyer, then guess what, she wanted to change. We've had several talks and I let her know I was done living the way we had been for many years. s back to the way it was, I will be out the door.

Men, life is too short, if your woman is not giving you what you need in life, look at yourself, become the MAN you are supposed to be, and if you are doing that and she is not making you happy, leave and find somebody else. DO NOT EVER BE ANOTHER PERSON'S DOORMAT.

PBL89 • 14 points • 2 February, 2022 04:57 PM

I'm convinced this is just a low tier men's therapy subreddit. How the actual fuck do people put up with this?
WHY ARE YOU ASKING FOR SEX.

Its the same as saying "Honey, can you give me a compliment?". Sure you'll get one but it doesn't mean a fucking thing.

Its either this bitch behavior or some absolute psychopath taking redpill to the extreme and coming on here and telling his "boys" about his weekly report. Who cares?

All the guys in the middle that have taken what they need from pages like this are are living good lives are all gone from here now. Keep that in mind.

Dunlop60 • 5 points • 7 February, 2022 09:05 PM

Nothing turns a woman off more than viewing sex with her as something that you "get."

ChakraSandwich6245 • 7 points • 2 February, 2022 04:24 AM

The last attempt at making the world smooth. Find control stick or die trying.

“You get control by surrendering, that doesn’t make any sense!”

“Not everything does. Not everything has to”

red-sfpplus • 5 points • 2 February, 2022 02:24 PM

Dance Monkey Dance.

[deleted] 2 February, 2022 06:57 PM

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Elegant-Landscape894 • 2 points • 7 February, 2022 07:45 PM

Why is it a daily battle to have sex with your wife??

Dunlop60 • 2 points • 7 February, 2022 09:03 PM

The sex isn't the battle, it's maintaining the assertiveness. You can never let off the gas or slack off. The cost of good, strong, stable leadership is constant effort.

JortsShorts • -11 points • 2 February, 2022 02:28 PM

I just follow this sub for shit & gigs but are you boys not fucking your wives on their periods? LOL. Someone is.

PuiPuiAdagio • 1 point • 3 February, 2022 02:02 AM

I feel like I am in the opposite camp. I dont want anything to do with it.

_the_improving_man • 1 point • 3 February, 2022 09:36 PM

As one of the aforementioned offenders - thank you for the kick up the bum - message received.

At the moment my head is spinning, so I will focus on getting my weekly actions done with a sense of faith that the personal development growth will come.

[deleted] • 1 point • 14 March, 2022 04:02 AM

Has anyone ever recommended the book codependent no more? The wife is the exclusive drug dealer [pussy] and co-creator of a codependent relationship. All of these guys sound like the wives of abusive alcoholics with

their codependent thinking. Has anybody ever mentioned the karpman drama triangle here? All of you guys need to take about three giant fucking steps away from your wives emotionally and probably need some real time away to reduce psychological dependence.