

Feeling depressed

March 2, 2022 | 3 upvotes | by [micewars](#)

Because I don't have any intimacy in my life, I just want someone to cuddle with and go to the movies with and have sex with. I haven't had a sex life my whole life. I've been going to the gym for 5 years and have an online business I grind on all day every day. I'm just fucking sick and tired of being lonely and want someone to be intimate with and it fucking sucks. My whole life I haven't had any intimacy and I just want someone in my life for once, I don't care if I have a rotation of women. Idk where to meet women, if I go to the bar, all of the women are low quality trash.

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Comments

IntelligenceLtd • 6 points • 2 March, 2022 05:42 PM*

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bro what are you judging this on youve never had sex in your life, forgive me if im wrong but it sounds like you arent native english speaking If not then you might have to adjust to cultural differences of what you would and wouldnt consider trash or try dating within your culture, its true the women you meet at the bar (at least the regulars) are often less likely to be relationship material but that doesnt mean there arent those who occasionally party and have different priorities. Im gonna go out on a limb here judging from experience and what you said about how much you work and go to the gym you dont have a wide social circle and if you do it might be quite stagnant (large family and the same friends from school who never go out doesnt count even if its large)

The fact you already go to the gym and have a business is a good start so what id say is firstly get rid of your ego about "trash" women whatever that means there are women out there without a super high body count even in this day and age and make every effort to completely flush out your neediness - easier said than done - its one of the biggest turn offs for women ever and it always shows through.

As someone whos been thorough promiscuity, LTRs self inflicted and inadvertant dry spells and everthing inbetween youre not really missing out by being on your own but you should to get yourself out there. hire a photographer to take some good natural shots and Get an OLD profile. work on your look not just gym but care routine and style, keep your health start cold approaching women outside but not in a bar setting youre gonna get rejected a lot but if the women arent too far out of your league physically (and even sometimes if theyre are because thats my type haha) then if theyre receptive the will reciprocate the confidence (never get disheartened though because you dont know the situation and most women a very wary of this)

I feel you bruv, ive been there, Im there now (although its mainly because im in the process of judging what standard i should have and improving my look) I will be there again no doubt Trust me do this and get back to me in 3-6 months

micewars[S] • 1 point • 3 March, 2022 08:12 AM

Thank you. I've Cole approached plenty of women, I've gotten plenty of numbers. But yeah, I'm gonna start going out to the bars and utilize my great social skills I have and pull some pussy like I have brfore

Dazzling-Importance1 • 3 points • 2 March, 2022 12:05 PM

Seems like you have high standards. If everyone is trash. Either lower them or die alone. Everyone has to make compromises

Imann81733 • 3 points • 2 March, 2022 05:21 PM

If you don't meet women in your dtd or through your social circle, you have to take the initiative to meet them. Your options are online dating, bars, or another social activity that has girls in it (e.g. social dancing) If you're good looking it will be easy and if you're not it'll be harder, but it'll work out eventually.

I'll add, there are certainly reasons to not enjoy the bar scene, but I wouldn't write it off because there are only "low quality" girls there. All kinds of girls go to bars, not just sluts.