

So. I made a thing some people might find useful. Is this the right place for it?

July 29, 2022 | 9 upvotes | by [SaltyGeekyLifter](#)

Why here? Because RP knowledge is applicable beyond merely wife/girlfriend. It is literally reading the matrix (or in my head, the metadata) of social interactions.

There will be guys on the MRP forum who are dads of daughters in this scenario. In fact this is likely the *only* place such guys will gather. Dads who aren't redpilled will not be interested. Redpill guys with no kids will not be interested. If there is a better place for this, (does [r/redpilldads](#) exist?) I'm all ears. Mods please point me in the right direction - genuine MRP question: is this the right place for this sort of thing?

Background: My eldest daughter, now at university, is beginning to display mild feminist tendencies. I have yet to see a boyfriend (or girlfriend) myself, but was worried she'd fall prey to hookup culture. AFAIK she hasn't yet. So I have resolved to try to give her the knowledge to help avoid that trap.

She's clever, knowledgeable, scientifically literate and articulate, so if I was to win any arguments (soft-feminist, remember) I needed to prepare. I made some notes so that I had everything straight in my head. Then I drew a few diagrams, so that I would be able to draw those same diagrams again in front of her if I needed to. I'm still grinding through the sidebar (probably about halfway) and I realised I had to go in to depth. the notes grew and grew. Eventually I ended up with the presentation attached (no, I have not "given a presentation" to my daughter!). I anticipate delivering this knowledge in chunks, as the opportunity presents itself.

Yes, I know I should have set a good enough example of positive masculinity that this scenario didn't arise. But I'm not there yet, I haven't internalised nearly enough and I'm out of time if I am to guide her life choices. A contingency plan is needed. Having a cringe-inducing dad-chat, or series of them, is the only option I see.

But even though I'm only part of the way through the sidebar I am beginning to see benefits. No, I haven't done an OYS yet: I have a lot more reading to do. The application of RP knowledge is good stuff, and I am tremendously thankful for it - to the authors of the books and the contributors to these fora. So, having tried to apply that knowledge in my own life by writing these notes (and given them a bit of a polish once I thought I might put them here), if there are any others like me out there who think this would be useful - feel free to use. Also if I have missed anything, or got anything wrong, I'm keen to hear it. Constructive criticism is welcome. I can always start another set of notes...

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PS: if anyone wants to offer comment and criticism I am of course open to it - but please make sure you have at least read page A. I have necessarily had to do a lot of generalisation.

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Comments

[deleted] • 16 points • 29 July, 2022 06:57 PM

Can I get her number?

[deleted] • 19 points • 29 July, 2022 06:11 PM

I know I should have set a good enough example of positive masculinity

If you wanted to "red pill" your daughter, you should have done that through your actions consistently while you were raising her.

But you didn't and that's why you're here with a set of alphabetically listed retarded cards, asking the sub if they might be helpful in White Knighting your daughter and steering her away from feminism and the cock carousel. Or from being a lesbo.

Bit late for that, Buddy. She's already got Daddy Issues - don't make them any worse.

[deleted] • 8 points • 29 July, 2022 08:07 PM

The ones with Daddy issues fuck the best. Hands down.

SaltyGeekyLifter[S] • 0 points • 29 July, 2022 06:12 PM

Helpful...

Praexology • 5 points • 29 July, 2022 08:44 PM

Stupid reply. Nobody is obligated to give you valuable responses and petty remarks like this only further illustrate how entitled you believe you are to other people's consideration.

Plus the "are you a dad too"? Comment, it's plain as day what you're trying to do. You're hoping he doesn't have kids so you can wear a special badge of "you couldn't possibly understand what fatherhood is like."

SaltyGeekyLifter[S] • -2 points • 29 July, 2022 10:14 PM

More muscle-memory TBH. Nobody on here owes me anything, or vice versa.

But the dad thing is more an attempt to understand perspective - not that you'll believe that (but I don't care - voices on the internet). Dads do have a different perspective to non-dads when it comes to children, do they not?

Praexology • 5 points • 29 July, 2022 10:39 PM

More muscle-memory TBH.

Quit trying to justify it. This is how derivative you idiots get. "It wasn't me. It was my brain" It's still you. If you're going to comment on it just say "yeah, my b, that was a lame thing to say." Instead of coming up with these limp wristed reasons why you might be wrong but YOU technically arent.

But the dad thing is more an attempt to understand perspective

No. It isn't. You showed your ass when you commented "helpful . . ." You've already approached your interaction in bad faith.

What you did was an intersectionality argument. You're trying to delegitimize criticism on the basis that because someone isn't in your exact position their critique of you isn't valuable. Stupid. I don't need to have lived and worked and raised and screwed the exact same way you have to tell you when you're doing something wrong.

Dads do have a different perspective to non-dads when it comes to children, do they not?

No. They do not.

SaltyGeekyLifter[S] • -1 points • 29 July, 2022 10:48 PM

Interesting. You're right in that I was/am aiming this at beginner-MRP fathers of older children.

So there's no difference between dads and not-dads? Fatherhood has no impact?

Praexology • 4 points • 29 July, 2022 10:59 PM

So there's no difference between dads and not-dads? Fatherhood has no impact?

No. I know several parents who hold the near to the exact same beliefs on child rearing as non parents. It might give you more grace for parents but certainly doesn't give you any more credibility unless your *outcomes* are markedly different.

[deleted] • 7 points • 29 July, 2022 06:15 PM

Exactly what your daughter's gonna think when you go full retard on her.

SaltyGeekyLifter[S] • 1 point • 29 July, 2022 06:18 PM

I'm not planning on sitting her down in front of a computer.

Interested - do you have any experience of this particular problem? Are you a dad yourself?

[deleted] • 11 points • 29 July, 2022 06:28 PM

Do you know what the particular problem actually is?

I'll give you a clue - it's a three letter word which starts with 'y' and ends with 'u'.

SaltyGeekyLifter[S] • 0 points • 29 July, 2022 06:59 PM

I know that. I have internalised enough of the material to understand that I am the core of my own problems.

The thing is, this forum's comfort zone is reacting to OYS by getting guys to admit that.

Ideally, I would love to have been completely red-pilled twenty five years ago. Then I wouldn't have this particular challenge to face.

But that's not where I am now. A key part of solving problems like this is an honest understanding of the current situation. Only then is it possible to chart a path forwards.

There's an old joke on this side of the pond, of a tourist who is lost in rural Cornwall, and asks a farmer for directions. The response:

“Wahl. Oi wouldn't start from 'ere if Oi was ee...”

Accurate advice, but not particularly actionable.

Like I said in the post above: I am out of time if I want to have a chance of guiding her through life decisions in the next year. This is what I am doing NOW.

I notice you didn't say if you were a father yourself...?

[deleted] • 6 points • 29 July, 2022 07:28 PM

A key part of solving problems like this is an honest understanding of the current situation.

Then you need to be honest here - you're too late to do anything about fucking up how you reared your daughter and you - panicking about it in the last few minutes before she leaves home - isn't going to change any of that. In fact, it will only make it worse.

You're looking for a band-aid to fix a broken arm. Sorry snowflake, that ain't gonna work.

The only way you can lead anybody is by first leading yourself and then allowing them to choose to follow. There is no other way. Doesn't matter how many cards you print up or how many words you mouth - unless you have proven that you are capable of leading consistently for a long time, anything that dribbles out of your gob is just hollow words.

I notice you didn't say if you were a father yourself...?

I didn't because this isn't about me. The sooner you let that sink in, the better.

SaltyGeekyLifter[S] • -2 points • 29 July, 2022 07:34 PM

I know it's about me - full well.

Like I said, above and below, though, this isn't about seeking advice per se. It's about offering something to those who find themselves in the same situation, beyond what you are saying: "*I wouldn't start from here if I were you*"

It's fairly obvious you aren't in anything like the same situation - therefore this post isn't really aimed at you. Simple.

UEMcGill • 13 points • 29 July, 2022 07:46 PM

Yes, r/redpillfatherhood is a thing. But it's been dead for years. Officially I'll allow it.

As a kinder gentler man than u/SBIII (you fucking savage, we can always count on you!). I'll offer this advice.

Your failure in any of this is you are trying to prepare to communicate reason and facts to your daughter.

Presumably she started out with a vagina, and from that she has been imbued with all that a woman is gifted with. She communicates through feelings and approaches her social position and hierarchy as a woman would.

She's gone off to college and got fucked down a couple of times. She's hanging with her friends and they are spewing third wave feminism, and Marxist theories on classlessness, etc. Maybe she'll go to some poetry readings and start dating a black dude from "the black Panthers" because you know, white guilt and trying to reverse colonialism.

Why is this you ask? Because she's got a mild case of feminism? No it's because she's spreading her wings (and legs) because mom and dad failed to deliver and instill values, this is what u/SBIII was saying to you.

Now if you really wanted to "convince" her that becoming a pass around chick for the local chapter isn't going to open up her future, *you need to be willing to walk the walk*. Be the highest value man in her life. Be consistent in your message. Maintain your boundaries and treat her like any other woman in your life.

When you talk to her about her new found feminist ideals instead of trying to convince her *get her to convince*

you. Use the Socratic method and ask questions that are designed to create conflict in her reasoning. Remember she's conveying *how she feels* first. So give her a place where she can resolve conflict. Otherwise trying to talk her down and put info in her brain will just push her into rebellion even further.

"Oh dad, I'm a feminist now!"

"Great, me too! Where's your tuition money you strong empowered woman!"

PS - I loved feminist chicks in college, they would do the most degrading things.

SaltyGeekyLifter[S] • 0 points • 29 July, 2022 07:57 PM

This - this is actionable advice. Many thanks.

I think what I'll do is probably treat those notes as my own flash cards. TBH writing them up really helped me to get the info in to my head, and think through a lot of the nonsense she's likely to face in the future.

Might also pick through that old sub, if it is still accessible. IMHO the fatherhood aspect feels like its largely neglected in favour of maximising sex with the wife. Fairly sure there is more useful advice out there than "just be the best man you can be" - that isn't really useful to those starting out, looking to address the biggest Red areas first.

UEMcGill • 3 points • 29 July, 2022 08:20 PM

The Red pill provider is the pinnacle of father hood. I think Roll coined that.

GasOrdinary1237 • 6 points • 29 July, 2022 06:10 PM

It will be a waste of your time if you try to redpill your daughter by showing her these.

SaltyGeekyLifter[S] • -2 points • 29 July, 2022 06:11 PM

I'm not planning on showing them to her. They started life as notes so I could get my head straight before having the conversation.

GasOrdinary1237 • 6 points • 29 July, 2022 06:32 PM*

You can't redpill anyone if they're not ready. They either find it on their own or have naturally internalized it i.e. your daughter will make good decisions bc she saw you with solid frame while growing up.

Your hamster is either overly paranoid or you're scrambling/throwing a hail mary in over-time trying to correct years of bad frame by creating redpill flash cards.

SaltyGeekyLifter[S] • 0 points • 29 July, 2022 07:00 PM

Your second paragraph is entirely correct, many thanks.

muzzy_W0e • 4 points • 29 July, 2022 06:11 PM

Well, this is the retard playpen after all

resolutions316 • 8 points • 29 July, 2022 07:16 PM

Are you....*literally* substituting advice from a bunch of internet retards for your *own* fatherly advice?

Seriously, dude. I'll take this post in good faith and assume you really want to have a positive effect on your daughter.

1.) You can't "red pill" anyone else. So don't try.

2.) You need to fix *yourself*. And the fact that you're even thinking like this is proof that you haven't done that. OYS is thatta way, bub

SaltyGeekyLifter[S] • -2 points • 29 July, 2022 07:28 PM

Thanks for your reply.

To answer your question: No I am not. If anyone has anything to add, or tell me is wrong *with those notes* from a factual / theory perspective, fine. I'm not after advice beyond that - I *know* that the best thing I could have done was to have started down this road decades ago. The fact is I didn't. Internet retard commentary here is expected.

I can't change the past. All I can do now is triage the damage and start doing the rest of the work.

The point of the post is really to try and help other people *who are at my point in the journey, and who have the same problem*, which is that they are just starting MRP, but have a twentysomething daughter to worry about. Something tells me that's not a big subset of the AskMRP readership (for example - are you a dad yourself?), but like I said in the opening paragraph of my post, this is the place that those people who *do* share that problem are likely to be.

resolutions316 • 6 points • 29 July, 2022 08:05 PM

you are completely missing the point.

for one, if you ain't worth shit, why would your fucking advice be worth anything to anyone?

for two, you are ego-protecting so fucking hard it's embarrassing. THIS is why you keep bringing up people "not being dads" (news flash moron, most of us are).

for three, you are escaping from the existential responsibility of *developing your own frame* by substituting some bullshit you found online. You're fucking around with "theory" and "facts" instead of doing the hard work in your own life. Those who can, lift. Those who can't, theorize (and I should know - I did this shit myself).

Look - this is my two cents. You can ignore it if you want. You don't have to explain shit to me, and you don't need my approval.

But, for my money? *If you want to strengthen your relationship with your daughter, get the fuck out of your head and into OYS.*

p.s. and just so you know, I have *paaaaaaggeees* of notes on all this bullshit. So I know this particular hamster when I see it

SaltyGeekyLifter[S] • -1 points • 29 July, 2022 08:30 PM

Many thanks. Actionable.

So, my reading this far indicates that those who haven't yet worked through the sidebar shouldn't be OYS. That seems to be the standard response to those who post an OYS without having worked through the whole thing.

Or do I have that wrong?

resolutions316 • 1 point • 31 July, 2022 12:28 AM

You have it wrong.

bussiinesstravel • 3 points • 29 July, 2022 08:11 PM

I think you are having a tough time over the fact you were shit for the longest time in your life and your daughter

is about to be sitting on multiple cocks on the carousel.

The amount of hamstering going on in your post is unbelievable...

RStonePT • 3 points • 30 July, 2022 01:02 PM

The last guy to have oneitis for his daughter and go all covert contract was trusatness.

Stop making powerpoints, they are hiding the obvious from you and are your crutch.

SaltyGeekyLifter[S] • -1 points • 30 July, 2022 02:40 PM

Oneitis for your children is an interesting concept.

I'm not planning on powerpointing anyone: these are merely my notes. I am where I am with regards solving this problem. Not where I would like to be.

Remington-Holmes • 2 points • 30 July, 2022 02:04 PM

Just go and have an argument with a woman, you'll surely convince her with logic and a good poster.

All that intersectionality rubbish is just like a shit test. If you take it seriously, you validate it. Frame, respect and congruence alwith amused mastery and with roaring laughter is what's called for. This should have been in place well before she was an adult. Were you worried your little girl would call you an asshole?

dust2dust45 • 1 point • 2 August, 2022 05:17 PM

It's a good question - how to keep a daughter from a triple digit notch count by age 21.

What if you are sending her far away from your home, only seeing you a few times per year, away from her family where most social rules are practiced. You'll pay nearly 100k or more for her to have no responsibilities, other than dragging her ass sit in a chair by 10am a few hours per week.

Then she's with thousands of similar idiots on basically a sex island where she'll be brainwashed to hate her parents, her family, her country, and herself with the only escape being drugs and fleeting sexual endorphins. The consequences aren't immediate, but probably permanent for her life.

All the for the career goal of a senior business analyst that can afford rent and go to Vegas with her friends once per year.

If your lucky she'll get married to a decent man that will have to suffer the consequences for the time he's with her.

Great red-pill parenting.

SaltyGeekyLifter[S] • 1 point • 2 August, 2022 05:23 PM

You missed the gold rush buddy. Nor did you actually read the post properly. Or any of the responses.

You're just a douche attempting to be nasty.

Better luck next time. Hope you didn't take too long typing that out.

dust2dust45 • 1 point • 2 August, 2022 06:05 PM

Man who "worried she'd fall prey to hookup culture. AFAIK she hasn't yet. So I have resolved to try to give her the knowledge to help avoid that trap." and wants to help others avoid their daughters becoming feminist whores but paid to send her to the feminist whorehouse is now butthurt - I think that's the proper summary.

My mild assessment of college and response to you wasn't nasty whatsoever, and I encourage you to do the work and cure your ignorance- no need to add to your unending list of worries and failures by

thinking of me. And good luck with your next kid.

SaltyGeekyLifter[S] • 1 point • 2 August, 2022 06:34 PM

□ uh huh.

React harder. □

SnooLobsters8922 • 4 points • 30 July, 2022 07:46 AM

Most advice in the comments here is drinking from the source of “red pill military humiliation”, which is a cute cult-like tactic of breaking people down and becoming their own beam of light, but I’ll just give you constructive advice instead. To me (as a dad of two boys and a manager of seven grown men), the one who gives destructive advice (as “there’s nothing to do now”) has failed to provide constructive advice.

So here it goes. People rarely react well to “unsolicited advice”. But they do react well to questions that bring to surface their own plan for the situation.

Sit your daughter down for a rational, business as usual talk. Your strength is rationality, so play it. Define a time, go someplace, get some notes and set an agenda. “We’ll cover five points that affect your mother and my life with you leaving”. (You’re not being nosy, this is *your* life affected by her). Provided you have financial leverage (and of course emotional leverage) you can push this without problems.

So, 1) Unplanned pregnancy. What’s your idea on that? What happens if it happens? What’s your take on avoiding it?

Remember you both have the same end goal, so conflict is avoidable.

Then, hear her answer and do not counter her reasoning. Instead, inquire it interestedly to understand her logic and validity of her plan. Don’t antagonize. Coach her.

Lastly, use the Mynto Pyramid to structure your final comment to the inquiry. First, state your conclusion. Then, give some reasoning. LASTLY, the data that backs it up (from your notes on evolutionary biology).

Hope this helps. And sorry to see all the berating comments that add not much value. It’s cute to see boys coming of age, but often their hubris and the freedom of commentary in the sub tend to waste everyone’s time.

SaltyGeekyLifter[S] • 0 points • 30 July, 2022 08:03 AM

Really useful. Many thanks for taking the time. □

I was thinking along these lines, but was having trouble really working out delivery for some reason. This stuff isn’t easy to discuss. You have crystallised my thinking and I am thankful.

As for the others - they’re just voices on the internet. MRP is not used to considering fatherhood, I think, so the knee-jerk was to treat this as an OYS and try to subject me to the normal soviet-style “struggle session”. Their core message (“should have done this years ago”) is correct, but doesn’t offer anything actionable. I am where I am.

I’m going to try and pick through r\redpillfatherhood to see if there is anything there that would be useful.

Thanks again.

[deleted] • -1 points • 30 July, 2022 01:17 PM

It’s a nice change to see somebody giving constructive non judgemental advice here.

ragnar_Daneskjold • 5 points • 29 July, 2022 10:19 PM*

Some of your flashcards make me think you have a bad madonna/whore complex and what you really want is to

ask your daughter for some hair to do a 23 and me.

On a serious note, if you really want to teach a girl about the red pill, the best way to do it is to demonstrate it.

SaltyGeekyLifter[S] • 1 point • 29 July, 2022 10:23 PM

Well... I have the coffee thing down pat. That's a start! ☐

ragnar_Daneskjold • 3 points • 29 July, 2022 10:39 PM

The best time to plant a tree is 20 years ago. The second best time is today.

SaltyGeekyLifter[S] • 1 point • 29 July, 2022 10:41 PM

Truth accepted!

PutABabyInThat • 3 points • 29 July, 2022 11:32 PM*

First off... you're retarded. It's obvious to us from this one post... so it's going to be very obvious to your daughter after having tolerated you for so many years. Would you follow the advice of a retard?

Secondly... most of what kids learn from parents comes from what is modeled for them.

I'm sure this isn't the first dad chat you've had with your daughter over the course of her life... what do you think you've been modeling with lectures like these?

I'll give you a hint, she's learning something but it isn't what you've been trying to teach.

Spoogetew • 1 point • 30 July, 2022 02:00 AM

I thought what you wrote was pretty interesting and true. I will share it with 2 young women.

SaltyGeekyLifter[S] • 2 points • 30 July, 2022 07:04 AM

Thanks buddy. Let me know how it goes.

nikfury69 • 1 point • 31 July, 2022 05:07 PM

Qualifier: 7 daughters.

1 - Late 30s, raised by my ex. Cheated w/a married guy, that she then married, then cucked and kept the kid.

2 - Early 30s, raised by me, in church, semi rural. Married a lib weak manlet.

3 - Early 30s, raised same as 2. Married a redneck boy, good worker, not my choice, but he's good.

4 - 18, headed to college this fall. Has a mini chad boyfriend. Butts heads with her dad a lot lately.

5,6 - middle/high school. Under my influence.

No slides, simple guidance for my kids.

My house, my rules. Choose carefully.

Good grades or no tuition.

Move in with another man, he can pay from then on. No boomerangs.

Guidance for you.

Don't try to save-a-ho. Never works. Not even your daughter.

I didn't read the slides. Females don't do logic. Not even your daughter.

At this point its too late.

WHEN, the shtf (AND IT WILL - AWALT!) you can TRY to provide words of wisdom. Meanwhile work on the next kid(s). AND work on your self.

YOU are the only one YOU CAN CHANGE.

Be A Better YOU.

SaltyGeekyLifter[S] • 1 point • 31 July, 2022 05:22 PM

Thanks. Useful info and context.

The slides are more for me than her. I made them to help get my head straight before having any chat with her about stuff, but your points - all of them - entirely taken.

Her younger sister (by seven years) is a different prospect entirely. I have more time.

cre4mpuffmyf4ce • -1 points • 29 July, 2022 08:42 PM

Absolutely do NOT listen to most of these fucking morons in here when it comes to raising children. They WILL steer you wrong.

Most idiots here function with paradigms that simply result in them getting laid. NOT paradigms that create healthy and well-adjusted children.

I'm giving this advice not as a redpill but as someone who's studied and experienced this field, and has a deep interest in it:

Stop trying to mold them. That happened earlier. That stage is over now. They are not 12 anymore. They are 20+ now. Take the opposite approach. Encourage their personality to grows and morphs and digest the world. Seek to understand them. Without judgement or prejudice.

At this point your responsibilities as a parent lie in giving her as much love as she needs to feel whole and confident, even if you disagree with who they are becoming.

It's now the time for you to step out of their way and just be supportive. Be the backdrop of support they can count on to always love them.

That's your job as a parent now and onward. The moulding happened way earlier.

You'd shoot yourself in the foot by trying to mold her in your image now. It subliminally teaches the child that they are incapable of navigating their own being; I, the parent, must do so for you. This hits hard and deep. Wrong message to send.

Encourage them, go with them, support them. Let them make their major decisions. This sets them up for self-trust, stability, and emotional strength throughout their 20s, 30s, and beyond.

And read a fucking parenting book.

muzzy_W0e • 5 points • 30 July, 2022 02:59 AM

So, what everyone everyone else has been saying

SaltyGeekyLifter[S] • 0 points • 29 July, 2022 09:11 PM

Thanks. And all noted.

[deleted] • 0 points • 30 July, 2022 01:11 PM

If You Are Not a Liberal at 25, You Have No Heart. If You Are Not a Conservative at 35 You Have No Brain : winston Churchill maybe

When at uni age people tend to be more liberal when they have no kids/property. By the time they do their views change it's just normal, don't sweat it and don't force things let her live her life and concentrate on being at your best.

SaltyGeekyLifter[S] • 0 points • 30 July, 2022 02:41 PM

Appreciated. ☐

kungfuchelsea • 1 point • 9 August, 2022 03:07 PM

If anyone is gonna fuck her is gonna be you, eh? Fucking weirdos all of you.