

# CMV: Casual sex isn't about sex it's about glorifying pump and dumping

November 7, 2022 | 11 upvotes | by [grassknight76](#)

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Couples have sex more frequently than singles so I don't think casual sex is about sex rather the pleasure comes from dumping people ie leaving them. Society seems to have glorified divorce and break ups because they are too pessemitic that things can change things. Casual sex is product of alienation and the economic crisis caused by capitalism.

But the issue is that we are social animals who love forming attachments with each other. There seems to be hatred of emotions, attachment, and empathy in modern society as well as the believe that we have to go at it all alone and no one will help you because relying on others and asking for help is seen as weakness. But here is the thing we are social animals and we evolved to be social a long time ago. There is evidence that ancient synapsids we're social and father hood existing for dicynodonts which all existed before dinosaurs. So why should we mimic jaguars and bears. Social animals are not inferior to solitary animals and in fact social mammals evolve faster.

<https://phys.org/news/2022-10-social-mammals-evolve-faster-solitary.html>

There is an agenda out there to make us lonley so it's easier for them to exploit us. The divide us with gender wars and other bs. It's time we fight back

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## Comments

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NotARussianBot1984 • 6 points • 8 November, 2022 01:13 AM

Casual sex is fun! Dating is fun, new people are fun (when you find a good one), trying new bars and drinks is fun, flirting is fun, escalating/teasing/making her want you is fun.

What is this post? Have you had a great casual sex experience OP? I'd imagine most men don't.

[deleted] • 4 points • 8 November, 2022 01:27 AM

Bro it's not even worth responding to you lmao

RatDontPanic • 2 points • 8 November, 2022 02:41 AM

LTR sex is better because you get to know your partner and that makes sex better over time, especially if you learn how to pleasure your partner.

NotARussianBot1984 • 4 points • 8 November, 2022 03:56 AM

The sex is, but nothing beats the first while. flirting, exploring, excitement. NRE is a great drug tho.

SwimmingTheme3736 • 3 points • 8 November, 2022 03:14 AM

I absolutely is better but not everyone is ready or open to it at all stages of their lives. It also takes time to find someone who is a good match

RatDontPanic • 3 points • 8 November, 2022 04:55 AM

It's the obsession and excessive indulgence in casual sex that is the problem, just like any other form of gluttony.

SwimmingTheme3736 • 2 points • 8 November, 2022 05:02 AM

So it's not casual sex that's the problem but too much

RatDontPanic • 3 points • 8 November, 2022 05:10 AM

And the pumping and dumping also drives men to see women as cheap and expendable. Doing that in excess damages men, too, and it doesn't take many of those to be excessive. Sometimes doing it once to a woman either damages him or, more likely, it is a sign of pre-existing psychological damage.

RatDontPanic • 3 points • 8 November, 2022 02:40 AM

I once wrote an article about the mathematics of why casual sex culture is bad for men

[deleted] • 3 points • 8 November, 2022 02:41 AM

Thank you brother or sister ☐

RStonePT • 2 points • 8 November, 2022 02:37 PM

so ... casual?

There is an agenda out there to make us lonely so it's easier for them to exploit us.

the trick to emergent strategies is that it looks like someone planned things, when it's actually people adapting to things.

alienamongnormies • 4 points • 7 November, 2022 06:12 PM

I agree that casual sex is over-rated. I recently got ghosted by a FWB I had a fling with in September. It started with just sex but then things progressed into a more romantic direction. This was after my leanmaxxing and gymcelling journey. I used to be 160+ lbs for almost all my adult life. Now I'm very lean. Weighed in at 132 lbs yesterday. We hooked up five times. All that effort and investment in someone just for five lays? Really? Don't even get me started on the one-night stands I've had and how empty they were.

Sometimes I wonder if I ever really meant anything to my FWB. She talked about how our third night together was so romantic. We made love, kissed and cuddled almost all night. I stayed over and slept with her. We showered together. She held my hand, cuddled and kissed me after I had an anxiety attack on our third date. She told me that she cared about me. She left an imprint on me because as an autistic anxious ex-incel I don't have a huge body count and I haven't given my heart to many women. Was I just another cock in the cock carousel to her? I had really liked her. She worshipped me in the beginning. I saw the way she looked at me. I saw the hunger for me in her eyes. She made me feel like a Chad. I thought that she might be The One. She was the first woman to make me forget about my ex in years. She eventually wanted me to take her out to dinner and I agreed because I *liked* her. I treated her on dates. It went beyond being FWBs. She talked about all the activities she wanted me to do together in the future. Only for her to ghost me and disappoint me.

I don't mourn her. I mourn the idealized version of what I thought she was. I mourn the fact that it's so hard to find love with online dating in 2022. She creeped my dating profile last week, two weeks after I tried reaching out to her on WhatsApp where she left me on read then. So she still thinks of me. But am I just some guy that now she wants to go back to after she enjoyed some other Chad dick, does she actually care about me? Was I just another shiny new toy that she got bored with after playing with it a few times? Is she too proud to reach out to me after ghosting me? Even if she did swallow her pride and reached out to me, I don't think it'll ever be the same for me because I will be guarded around her and be hesitant to open up my heart again to her. Casual sex and ghosting people you fuck is toxic. My heart is black after dealing with all this shit from women over the years.

I know I sound like a chick revealing my desires for romance and affection like this. And talking about how I caught feelings for a thot who ended up ghosting me. But I don't think I can just sportfuck women. Sex without emotion feels empty to me.

RatDontPanic • 3 points • 8 November, 2022 02:43 AM

I know I sound like a chick revealing my desires for romance and affection like this.

No you don't. You sound like a man with a healthy range of emotions and a healthy outlook on relationships.

Odd-Luck7658 • 1 point • 23 November, 2022 08:51 PM

Casual sex is sex.