

How do I believe I have any worth in the SMP?

1 upvotes | 12 October, 2017 | by empatheticapathetic

Usually I make a post asking how to deal with low self esteem, but in reality I don't have low self esteem anywhere in my life except regarding my worth in the SMP.

The only redeeming thing I can ever think of is I can sometimes be funny. But other than that I internalised a long time ago that I don't have any value to a woman.

I'm working on lifting and fitness which has given me some worth in myself regarding attractiveness but I'll still always be an ugly dude. I'm not short which is something that matters.

Basically an adult virgin. Any tips to working on my mindset? Cheers

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Comments

Pluglord • 2 points • 12 October, 2017 09:16 PM

It's not something you can just magically "believe". You have to make an achievement. Until then, you have to do everything you can to put yourself in the position of a guy who gets pussy. Brutal truth: No one gives a fuck about your low self esteem.

All you need is a dick to have worth in the marketplace. Read sidebar.

empatheticapathetic[S] • 1 point • 13 October, 2017 02:10 AM

What kind of achievement?

I know no one gives a fuck and they shouldn't. I just don't know how to tackle it from my end.

Dick is worthless on the SMP, I've read that plenty of times in the sidebar. What do?

dammit_redskins • 1 points • 13 October, 2017 03:10 PM **[recovered]**

You aren't worthless. You are too hard on yourself. I'd recommend reading up about positive thinking, it can do wonders for your self esteem.

As far as women. You have to create value. Lift. Groom. Get a good job. Make lots of friends. Read books. Practice your wit by joining an improv group and watching stand up comedy. If you can be a witty asshole, it doesn't matter as much what you look like. Witty assholes are hot. Watch the show "califorication" and imitate Hanks wit, be a funny asshole with a devil-may-care attitude. It may take time to develop but worth it.

empatheticapathetic[S] • 1 point • 17 October, 2017 10:48 PM

Cheers for your reply. I wrote a response but never posted it.

The issue is believing myself that I have value towards women. I can lift and be interesting, have friends but none of it crosses over into 'deserves pussy'. It never has been a relevant cross over for me.

I'm definitely the witty asshole, that's something I am pretty proud that I can own. But it doesn't extend beyond that.

Do you have any specifics to go to for positive thinking stuff? Most stuff I've read doesn't convince me, it's just "don't worry be happy" type shit. It's fluffy and does provides nothing concrete.