

So TRP theory is saying I should invite women to join my frame - I'm too busy to go out with you but you can join me in going... gym, for instance. Which is great, cuz you're doing that anyways, if she says no. What are other examples of activities, besides gym, to which you can invite them?

November 24, 2017 | 0 upvotes | by [Eclectiqque](#)

/r/asktrp/comments/7fac9v/so_trp_theory_is_saying_i_should_invite_women_to/

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Comments

SirKolbath • 16 points • 24 November, 2017 09:48 PM

I am definitely not going to invite a woman to the gym. I'm not there to date. I'm there to work.

watermelonicecream • 1 point • 24 November, 2017 10:11 PM

I wish I could upvote this twice.

NazoXIII • 1 point • 24 November, 2017 09:33 PM

Anywhere really, I can see the gym not going well because, quite frankly a lot of women are lazy, the very few that do devote the time to go there are merely there for the attention, or in pursuit of garnering attention at a later date.

If you have anything interesting going on, invite her. "This band I like is playing at X on Y, let's/we should go", simple

Eclectique[S] • 1 point • 24 November, 2017 09:41 PM

so what if there's no event? i can't say i'd be going for drinks alone so she could join

and if i say "hey i'm going for a walk u could join if not i'm going to do that anyways" i think it's obvious it's a half-assed excuse to have a safety net

i feel like i'm looking at the situation the wrong way. can someone fix my vision?

NazoXIII • 2 points • 24 November, 2017 09:51 PM

If there's no event make one, but chances are, there has to be something of interest going on in your local area, you just aren't looking hard enough, if at all.

Also drop the "you can join" as well as the "if not", you never phrase it as a suggestion, or a question.

"I'm gonna take a walk through the park to unwind and have a little fun, come on", as said earlier, if there's truly no event going on, make one. Grab a coffee, sit on a bench and people watch, have a picnic, it's entirely up to you, your ability to turn something so simple into something fun will be conveyed. The worst thing she can say is no, but even then, that's not world ending, you can still go for a walk and use the added freedom of going solo, to approach, there are literally no downsides.

However, if you think you can swing turning the gym into a fun outing, go for that too.

vandaalen • 1 point • 24 November, 2017 10:41 PM

No. That whole invite thing is PUA bullshit. Do you want to become her animator or her fucker? 1st date coffee, 2nd date either her or your place. Escalate, fuck.

RedPilledRoaster • 1 point • 25 November, 2017 07:30 AM

I invited a girl to the gym once. Was fun but didn't get anything done, never did it again.

[deleted] • 0 points • 24 November, 2017 10:26 PM*

Never take a girl to the gym unless you're a top 5% Chad. Even then it's not a good idea.