

Why do people like feeling sorry for themselves?

December 23, 2017 | 1 upvotes | by [empatheticapathetic](#)

We all know women live for validation. The easiest way to attain that is through sympathy for the 'bad experiences' they've been through. The attention is literally what gives them a reason to exist.

That dynamic doesn't exist for guys. People hated the incel posters for example. Women hated them because they were low value men rejecting the orbiter position, so they were useless. But men disliked them because they were whiners and overly pessimistic (generally).

The dudes had a sense of community and shared seemingly justified dislike for women and society. (Nothing bonds people more than hate and struggle).

But theses dudes loved to complain. Speaking from experience, I get a sick satisfaction when I think about my problems and how I can't compare to people more successful than me (in the things that I give a shit about).

It's a better reaction than sadness definitely, but what exactly is it? Why does it satisfy me? I don't get the validation that women get for complaining, so what am I getting out of it.

(Ftr I never complain about shit IRL and hate complainers. Only shit I get frustrated about still is pussy and I'm still working on that for as long as it takes).

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RedSkeller • 1 point • 23 December, 2017 02:43 AM

When someone is feeling sorry for themselves it flips the narrative from "wow you really fucked up" to "cheer up life's not so bad". Essentially you skip the part of getting beat up by your peers in order to be built up by your peers - something women absolutely thrive on. "Oh Chad pumped me and won't return my texts!! Why am I such a slut?" "Don't worry Jen, he's just an asshole!!!"

empatheticapathetic[S] • 1 point • 23 December, 2017 03:59 AM

Women get validation and comfort. Question was what do men get from complaining?

RedSkeller • 0 points • 23 December, 2017 04:15 PM

Nothing, they think it's worth venting or that people care but it's lip service.

Smigg_e • 1 point • 23 December, 2017 11:41 AM

It flips the script so they can justify what's happening to them.