

# To demote or just ditch this girl?

March 8, 2018 | 1 upvotes | by [AwakenedSovereign](#)

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Some of you read the first part of my miniseries the other day about St. Paddy's Slut.

I'll keep this brief.

This girl has followed my lead on everything for 5 months. I established we would be nonmonogamous early on. I outvalue her and she knows it.

But old habits die hard, and I now find myself over invested because I spent too much time with her and let feelings develop for a girl I never intended to promote past FwB/plate/poly.

So do I demote or ditch? The big rub is she has been telling me she loves me, that she's content, and not seeing anyone else. I invested behind those statements. This contradicted my intended course of action.. the failure of leadership is mine.

I don't see her as doing anything "wrong" necessarily, other than feeding my desire for romance and then exercising her agreed upon nonmonogamous freedoms.

She told me about this trip weeks in advance and also that it was just her and a friend, and her friend wasn't bringing any guys. She was honest.. I just don't like the truth.

Maybe she shouldn't have said she loved me, but neither should I have.

A hard next is the only guaranteed fix.

But if I can hold my shit together, get my head around this, and pick up some new plates.. she could still be an excellent little slut.

What do? I could talk to her and say I want space. I could mention or not mention why.

I could not talk to her but act like everything is fine (it isn't, but that's on me). Isn't it my responsibility to fix my own headspace?

Or not talk to her, back off anyways, and see what happens.

Or just hard next and waste a likeable female, chalking it up to a learning experience (over investing / catching feels for a plate).

What would Chad do?

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## Comments

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fnordsnord • 1 points • 8 March, 2018 07:00 PM [\[recovered\]](#)

Okay, first off, never ask for "space." That's a woman thing. Just quit calling her, or call her a lot less. TAKE the space you need.

Yes, it's your responsibility to clean out your own attic.

Start opening other girls NOW, not later. When she's on her slutcation, make SURE you have plenty to do and plenty of women to see. Then see them.

Become MUCH less available to her, especially while she's on travel.

AwakenedSovereign[S] • 1 point • 8 March, 2018 07:59 PM

Fucking thank you. This is what I needed.

On the one hand it feels "passive aggressive" to say nothing to her.

On the other I could just sense that having a serious talk to "take space" would be laughably awkward and terrible.

Silent Demotion. Thanks

MrGoodStuff05 • 1 point • 8 March, 2018 06:44 PM\*

Is English your first language? Because I'm not sure I understand what's the problem. Tell me if I'm wrong: **you** established yall would be monogamous, then you contradict yourself by saying you never intended to go past plate which you did, and now you want out because she's been doing exactly what you wanted her to except for the fact she's going on a trip with a girlfriend?

Where are they going? Vegas or camping? Partying or exploring? This makes all the difference to me.

At the end of the day, whichever girl you get isn't going to be chained to you 24/7. You can't and shouldn't mateguard. If this is an innocent trip, let her go and go out with your boys and have fun. If you sense something fishy is up, next her.

AwakenedSovereign[S] • 1 point • 8 March, 2018 06:50 PM

From the outset I did not want monogamy with this girl. Red flags revealed early on further cemented this fact.

However, what I actually DID was act all BF/GF despite my tough talk. This is an old blue pill habit that dies hard for me. Each iteration shows progress but I still over invest or invest too early with most girls. I overindulge in one girl and end up catching the feelz.

The trip is very not innocent.

My mental loop is that she is technically obeying the verbal bounds of our relationship, but harshly violating the "vibe" that we had set up, and contradicting her own statements about what she wants (surprise surprise).

AkA I unintentionally created a covert contract and am now feeling emotional about her ignoring it.

[deleted] • 1 point • 8 March, 2018 06:52 PM

There is important info left out here. Trip?

BeeBopJoe • 1 point • 8 March, 2018 07:42 PM

You are very contradicting, you are saying that you want her to be your "plate" but to me it sounds like your just butt hurt that shes going on some kind of vacation without you. You CLEARLY have oneitis.

Did she invite you to the vacation?? Is she doing anything else that is making you suspicious??

Two\_kids\_in\_a\_coat • 1 point • 9 March, 2018 09:53 AM

I'm missing something. Too many words without saying anything. What did she do? She's planning on going away for a bit with a friend, was that it?