

# Advice

August 11, 2018 | 2 upvotes | by [Youngyoda89](#)

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## Comments

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Chad1738 • 8 points • 11 August, 2018 05:03 PM

Come on. One rejection from a chick who is at work and it kills your confidence. No frame. Work on that. Pm, pic if you want an accurate analysis of your looks.

Youngyoda89 1 points 11 August, 2018 05:05 PM **[recovered]**

K I will. I already know I need to lose body fat.

It wasn't the fact that it was a rejection it was the fact that I believed she was giving me the green lights.

Chad1738 • 1 point • 11 August, 2018 05:16 PM

Take it as a win. You are back in the game, you approached, got rejected, and now you won't waste any more time on her.

iLLprincipLeS 1 points 11 August, 2018 07:58 PM **[recovered]**

Female working at the super market smiled at you and you thought you'll just ask her number and she'll get on her knees and suck your dick? Yeah, not unless you look really good.

Youngyoda89 1 points 11 August, 2018 08:19 PM **[recovered]**

It wasn't JUST a smile but yea that's pretty much what I thought.

iLLprincipLeS 1 points 11 August, 2018 08:27 PM **[recovered]**

Why did you leave it at "have a nice day" tho. You come here hamstering and surely you thought about it before. Why not escalate and avoid future self questioning? I doubt the female was out of your league, it's not like she was seeing some Hollywood producer after work. Should have asked why she can't give her your number and go on and game her.

Youngyoda89[S] • 1 point • 11 August, 2018 09:01 PM\*

I didn't say have a nice day she did. I just said ok that's cool and left.

What do you mean by continue to game her? What else could I have done? I mean out of my league in terms of attractiveness. She really had a nice face (Ariana grande) slim petite body with a little bubble ass.

What do you mean by escalate? As in try to kiss?

EDIT: I didn't expect that she would reject me but if she did (like she did) I wanted to show her that I didn't give a fuck by not getting angry or sad and just saying ok and walking off.

In reality, based on how she was staring at me (unless it was all in my head) she probably took pleasure in rejecting me.

light-----dark • 3 points • 11 August, 2018 04:50 PM

There's so much context missing here.

How did you approach her? Was it natural? Were there multiple interactions prior to (i.e did you build the fire before cultivating it)?

The way I read this is: you broke up with your former partner, and pounced on a woman that had smiled at you

by asking for her number.

Was there at least an initial conversation? Did she seem interested?

You may need to work on your game a bit, it sounds like. . If you just got out of a relationship, you're probably rusty. . Keep exploring to get lubed up, but don't let the outcome keep you from moving forward.

Youngyoda89 1 points 11 August, 2018 04:55 PM **[recovered]**

Yes I made small talk with her. One time I said you look cute today she blushed and said "you look nice too". Yes there were multiple interactions where I thought she was interested.

Today the conversation went like- hey! You not a cashier anymore? She said no, smiled bla bla. I said whats your number? She said my number? I can't give it to you. Sorry. I said ok cool.

Yes I've been in a relationship for a few years. Game is mad rusty. But I thought I could get by on looks alone. Apparently not lol.

adeptintact • 3 points • 11 August, 2018 07:32 PM

From CH's Poon commandments, two that you should work on:

"X. Ignore her beauty

The man who trains his mind to subdue the reward centers of his brain when reflecting upon a beautiful female face will magically transform his interactions with women. His apprehension and self-consciousness will melt away, paving the path for more honest and self-possessed interactions with the objects of his desire. This is one reason why the greatest lotharios drown in more love than they can handle — through positive experiences with so many beautiful women they lose their awe of beauty and, in turn, their powerlessness under its spell. It will help you acquire the right frame of mind to stop using the words hot, cute, gorgeous, or beautiful to describe girls who turn you on. Instead, say to yourself "she's interesting" or "she might be worth getting to know". Never compliment a girl on her looks, especially not a girl you aren't fucking. Turn off that part of your brain that wants to put them on pedestals. Further advanced training to reach this state of unawed Zen transcendence is to sleep with many MANY attractive women (try to avoid sleeping with a lot of ugly women if you don't want to regress). Soon, a Jedi lover you will be.

XI. Be irrationally self-confident

No matter what your station in life, stride through the world without apology or excuse. It does not matter if objectively you are not the best man a woman can get; what matters is that you think and act like you are. Women have a dog's instinct for uncovering weakness in men; don't make it easy for them. Self-confidence, warranted or not, triggers submissive emotional responses in women. Irrational self-confidence will get you more pussy than rational defeatism."

voxigs • 3 points • 11 August, 2018 04:58 PM

Nothing to really add here except I came out of an ltr and it took allot of hard work and months before I was comfortable gaming and being successful at it. Without the frame, for some men, the gym won't alone get you laid

[deleted] • 2 points • 11 August, 2018 06:18 PM

You ever seen Ducktales where Scrooge is diving into ans swimming through his mast vault of coins? Imagine if Scrooge one day realized he had lost a single one of those coins out of his many billions. He got upset and started pondering if he was really cut out to be a trillionaire. All because he lost one coin.

Now translate those coins to vaginas, of which there are billions in the world. Don't cry over the one that closed its flappy lips to you; move on. Ignore her. She'll probably come back to you any way when you withdraw attention.

[deleted] • 2 points • 11 August, 2018 08:10 PM

You dont need advice.

Youngyoda89 1 points 11 August, 2018 08:27 PM **[recovered]**

WhT do you mean by this

[deleted] • 2 points • 11 August, 2018 08:28 PM

Side bar. The purpose of the red pill is info not advice to help you. You have to use the info.