

High SMV hobbies for teens

October 25, 2018 | 73 upvotes | by [3w4what](#)

I kinda feel like a dork with math and physics and Latin club, and I don't even enjoy them anyways. Looking to get into some cooler hobbies that'll raise my smv. I know, I know, do what you love. But I have no idea what hobby to pursue, so a list would be nice.

For the record, I lift multiple times a week. I'm on top of my homework. I wanted to play a sport or martial art, but my parents say no. What other hobbies will raise my smv?

Archived from [theredarchive.com](https://www.theredarchive.com)

Comments

ReefaShark • 100 points • 25 October, 2018 11:04 PM

You need to talk to your parents about being less controlling before you resent them for the rest of your life. Ask to talk to them and say you know they make restrictions to help guide you, but you need a chance to make your own decisions.

SilkTouchm • 55 points • 26 October, 2018 01:34 AM

Can confirm. My parents were really controlling and I hate them. At least that made me a libertarian.

look_good • 36 points • 26 October, 2018 02:26 AM

knowing oppression also made me appreciate liberty

imtheoneimmortal • 4 points • 26 October, 2018 05:25 AM

Just explain that they can't controll, if you want smoke a cigarette you will, if you want to go gym you will do it no matter if they watch you 24/7

lastdumra • 3 points • 26 October, 2018 07:12 AM

That's a funny one. I had abusive parents, beyond controlling, and that made me very distrustful of authority, not only politically but in life in general, which eventually lead me become a libertarian, even when it took me a long part of my life to get there.

I do believe that if something in your life or for whatever reason, you have a tendency to distrust authority (which is very healthy IMO) you'll end up as a libertarian.

3w4what 1 points 25 October, 2018 11:15 PM **[recovered]**

I've been trying for 4 years: showing them facts, getting them to talk to experts and coaches, telling them how I feel. They didn't budge.

OneHandToFapThemAll • 5 points • 25 October, 2018 11:18 PM

How old are you?

3w4what 1 points 25 October, 2018 11:22 PM **[recovered]**

14

Deathrow22 • 3 points • 28 October, 2018 08:24 PM

The fuck foreal? This dude hit the jackpot with trp at 14 lol

OneHandToFapThemAll • 4 points • 25 October, 2018 11:10 PM

This^

dukes1998 • 36 points • 25 October, 2018 11:15 PM

You are a dork because of the latin, math and physics clubs, but if you're going to be in them, make it fun and be the coolest guy in the room. If you can't do that then the problem isn't that your hobbies are uncool.

Other than sports in HS the only other "hobby" the kids you want to hang out with have is most likely smoking

pot and drinking. If you decide to dabble do so with caution and don't get too into it.

Also tell your parents that you have perfect grades, are in lots of other clubs and want to meet new, cooler people. Be direct and honest and tell them you think it would be good for you physically and socially. If they still don't bite tell them that their being controlling is only going to make you that much more wild when you go to college and are on your own and see how they react lmao.

3w4what 1 points 25 October, 2018 11:21 PM [recovered]

If they still don't bite tell them that their being controlling is only going to make you that much more wild when you go to college and are on your own and see how they react lmao.

Dad just said that he doesn't care when I'm in college, but as long as I'm in their house, I do what I'm told,

downvotesanimals • 25 points • 26 October, 2018 01:24 AM

Own the dork shit kid. That shit will make you a winner in real life.

dukes1998 • 8 points • 25 October, 2018 11:42 PM

Sounds like my parents. Except when you get to college and go completely wild, suddenly they do care
□ who would've thought.

How old are you? My parents were incredibly controlling even when I was like a junior in HS and it really didn't prepare me for the real world well. Not allowing me to fail or make my own decisions so that I could see the outcomes of said decisions affected my confidence and my ability to deal with difficult situations, although pledging fixed the latter pretty quick.

3w4what 1 points 26 October, 2018 12:25 AM [recovered]

I'm 14. any other advice?

dukes1998 • 16 points • 26 October, 2018 12:34 AM

Lmao bruh if you're in like 9th grade then chill out because you're actually gonna have to work hard if you want to go to a good college, which should be your goal. In the meantime keep lifting and try to make friends in your classes and by junior or senior year you'll be where you want to be.

3w4what 1 points 26 October, 2018 01:11 AM [recovered]

I've tried making friends, but people just don't take me seriously and tend to laugh at me.

dukes1998 • 9 points • 26 October, 2018 01:23 AM*

Learn how to play it off when kids give you shit. If it seems like you care what they're saying they'll pile it on. If its obvious you don't care and can play it off they'll respect you more. Ex: if someone says "oh dude youre a fucking nerd" you can reply with something like "yeah dude its great you should see the bitches in latin club they're fire" in a joking manor.

I'd recommend reading no more mr nice guy (download it on your phone and read it when you have free time), get hip to popular music (Get spotify and listen to the rap caviar playlist as well as lil wayne, travis scott, kayne, drake etc you may not like it at first but its a good way to relate to people) and start dressing well (which doesn't mean wear preppy shit but if you wear good fitting nice clothes you'll look a lot better than your peers who probably wear basketball shorts and t shirts everyday). Listen to how the "cool kids" talk

and relate to each other and use that as a starting off point.

Everyone in HS is super insecure and desperately wants to be cool, even the kids who are cool and seem super self assured. So relax and realize that if you make yourself into a genuinely cool person everything will fall into place. I was a nobody until senior year and now as a sophomore in college the same kids who didn't give me the time of day suck me off because in college the genuinely cool kids will be popular and have a ton of friends whereas the kids who were only cool because they were on the football team will be shit out of luck and wondering why people don't like them as much in college. So keep lifting, do the things I recommended to you and realize that everything will be ok, even if highschool seems like a huge deal right now.

look_good • 1 point • 26 October, 2018 02:37 AM

Work on your physical health (lift, get good at a sport). Your dad sounds like he wants you to succeed. Do that. Easiest way to do that while boosting your SMV is taking care of your physical self. There's a lot of good shit on youtube, learn to take advantage of that platform early.

3w4what 1 points 26 October, 2018 02:42 AM [recovered]

How can I get good at a sport when my parents prohibit me from playing?

look_good • 1 point • 26 October, 2018 03:35 AM

I just saw where your school has shitty athletics. Ok, in that case joining a shitty team might be a waste of time anyway. You're young as fuck dude, nobody can give you any practical advice you can take advantage of yet. One thing you can work on is *talking to people*. Learn to talk to everybody. You're still in the training stage in life. Look at everything as practice.

3w4what 1 points 26 October, 2018 04:05 AM [recovered]

Thank you. I'll take notes and analyze when talking to people.

noPTSDformePlease • 1 point • 26 October, 2018 03:35 PM

That's because your 14 and they are 14. Play sports, get athletic, and be social. You'll make friends soon enough if you keep trying.

3w4what 1 points 26 October, 2018 03:52 PM [recovered]

But a big part of my post is that my parents won't help me play sports.

noPTSDformePlease • 1 point • 26 October, 2018 04:04 PM

A big part of growing up is doing it in spite of your parents

kelticslob • 2 points • 26 October, 2018 02:43 AM

Keep up the kick ass attitude.

alaskanarcher • 1 point • 26 October, 2018 08:54 PM

And he isn't wrong. But don't be discouraged. You just need to be more creative in your relationship with your folks. When you get a no, you need to find out why before you can have any hope navigate the no.

Here are some things to keep in mind when finding out the why's behind your dad's no.

Consider that asking why directly can be perceived as a challenge of his authority. You are going to need to make him feel respected and heard if you have any hope of getting down to his real reasoning.

Along the same lines, don't argue, don't take it personally, don't get offended, instead just keep asking sincere questions about what he thinks. This should be coming from a place of wanting to understand your dad. Not challenge him. You can change his mind later, but it will unlikely happen through a direct logical argument.

He wouldn't be saying no for no reason. He has reasons. The reasons probably have less to do with the specific activity and probably have more to do with some concern, fear, emotion that you aren't aware of. Look at it as a puzzle and you need to get to the bottom of, and don't try to solve it in one conversation. When you run out of questions say okay thanks for sharing and move on. Revisit it later when you have more questions.

When you do think you have identified some of his reasoning, just repeat it back to him. "it seems like you are concerned about x because y. Is that about right?" He'll probably expand on it further giving you even more information to work with.

When you have labeled the concerns and particularly the EMOTIONS that are underpinning his answer you can validate his point of view. "I can see how this would be a concern for you considering x y and z". This isn't you saying. "yes you're right. I shouldn't pursue this further" you are simply showing him that you understand the concerns. This is the basis for him gaining the confidence in you to be able to pursue things while being conscientious of his concerns.

Good luck. Have patience.

JarHeadJoseph • 1 point • 26 October, 2018 07:37 PM

There's MMA. That's outside of school

3w4what 1 points 26 October, 2018 09:53 PM [recovered]

True. How much does it cost to train, though?

JarHeadJoseph • 1 point • 27 October, 2018 08:55 AM

It can be expensive depending on the school. I got a pretty good deal where I live and I do favors for the owner so I get a discount.

trizzletrazzle808 • 64 points • 26 October, 2018 01:54 AM

Learn to play guitar. It's a ridiculously efficient pussy magnet.

dream-hunter • 26 points • 26 October, 2018 06:16 AM

Lol wtf? Spend so much time and money just to impress girls? Why not just find a hobby that you enjoy instead of finding a hobby to impress girls?

TheBushidoWay • 5 points • 26 October, 2018 01:32 PM

how bout to become a more well rounded individual, and the pussy is nice too

trizzletrazzle808 • 1 point • 26 October, 2018 11:51 AM

Because maybe he wants to make girls a hobby, kinda like what spinning plates is supposed to be?

3w4what 1 points 26 October, 2018 02:00 AM [recovered]

Where would I perform? In a band?

trizzletrazzle808 • 28 points • 26 October, 2018 02:05 AM

Parks, commons areas, hanging out with the homies. If you're interested in playing in a band, get some friends together, make sure you don't suck, and find house parties to play at.

But first things first, dont take your practice out of your room until you can at least play a few familiar tunes girls can sing along too. Bob Marley's Redemption Song is a good one. Dave Matthew's and Jack Johnson work too, but take that bit with a grain of salt. I'm 34.

3w4what 1 points 26 October, 2018 02:32 AM [recovered]

Lol. Most kids my age only listen to rap, but I see your point. Most of my current 'friends' are kinda weirdos I don't like much anyway, so I'll go solo for now.

[deleted] • 22 points • 26 October, 2018 02:40 AM

So learn a post Malone song. A lot of rap songs are easy to translate over to guitar. Also learn how to produce music. If your computer has GarageBand it's built in and free

3w4what 1 points 26 October, 2018 02:43 AM [recovered]

Yes, that's a great idea!

_PM_ME_YOUR_GOALS_ 1 points 26 October, 2018 03:32 AM [recovered]

FL Studio 12.4 Producer Edition is the last edition of FL that can be cracked with a reg key. It's fairly comparable to the most recent versions.

I'll let you do what you want with that information. I don't condone piracy or anything.

3w4what 1 points 26 October, 2018 04:09 AM [recovered]

Haha, of course not.

Zafer66 • 2 points • 26 October, 2018 02:37 PM

or maybe get an amp with a "free" version of an daw, like the yamaha thr5 which comes with cubase le

imtheoneimmortal • 1 point • 26 October, 2018 05:26 AM

i already produce, make beats and singing, kinda playish electric guitar times ago but now not anymore

trizzletrazzle808 • 3 points • 26 October, 2018 02:33 AM

That's the spirit.

CodWhisperer • 3 points • 26 October, 2018 07:31 AM

You'll never regret picking up the guitar! I'd pick up a used western guitar - you can def a decent one for around 200\$. I wouldn't go too much below this. If you need need teaching and tutorials - go to justinguitar.com and follow his beginners course. That's whereI started my guitar journey :)

TheBushidoWay • 1 point • 26 October, 2018 01:35 PM

you'd be surprised how much pop and rap can transition to guitar. If you think about it loops or hooks are simple and repetitive. you gotta go on youtube and look for it. your only really limited by your imagination and talent

trizzletrazzle808 • 3 points • 26 October, 2018 02:06 AM

Honestly, in my hometown, you can acquire a street performer license and turn it into a side hustle, too. Also learning a slick classical piece will impress girls with your dexterity. They love to watch the hands do their thing.

hamsterbator • 7 points • 26 October, 2018 04:25 AM

once you get to college this skill will pay dividends when you play in your room with the door open.. pussy magnet

jrr6415sun • 3 points • 26 October, 2018 03:19 AM

you can perform solo in front of a tree and girls will line up

3w4what 1 points 26 October, 2018 03:28 AM [recovered]

Will they really?

wallabala • 11 points • 26 October, 2018 04:15 AM

Well. They might. Quite a bit more likely they will over you doing Physics under a tree.

I've been 14 before... and been into Physics. You'll get rejected. Most people who are smart like you tend to overthink to the point of sensitivity. Learn not to. Now. It'll help later.

trizzletrazzle808 • 2 points • 26 October, 2018 12:49 PM

Truth

dukes1998 • 1 point • 26 October, 2018 10:15 PM

College is completely different than HS in all the best ways

Thizzlebot • 1 point • 26 October, 2018 05:18 PM

Don't worry about performing just focus on having fun then you will see a guitar at a party or something then it will be your time to shine

TheBushidoWay • 3 points • 26 October, 2018 01:29 PM*

great answer, I think every young man should learn an instrument. Also, piano is good (ask Billy Joel) and saxophone, though its kinda cliched

edit: what about DJing?

trizzletrazzle808 • 1 point • 26 October, 2018 01:41 PM

DJs and bartenders fuck. Alot.

TheBushidoWay • 1 point • 26 October, 2018 01:53 PM

word

3w4what 1 points 26 October, 2018 04:40 PM [recovered]

Could I combine DJing and guitar somehow?

trizzletrazzle808 • 1 point • 26 October, 2018 04:45 PM

You could, but maybe you shouldn't get ahead of yourself.

3w4what 1 points 26 October, 2018 05:02 PM [recovered]

True.

trizzletrazzle808 • 1 point • 26 October, 2018 05:03 PM

I'd say figure out which is more appealing, and start there.

imtheoneimmortal • 1 point • 26 October, 2018 05:27 AM

what about singing? is for losers yikes

[deleted] • 1 point • 26 October, 2018 06:58 AM

Where would you recommend starting to learn guitar? In a similar situation as OP, I bought a guitar to learn but I have no idea where to start

BringThePayne420 • 2 points • 26 October, 2018 09:34 AM

YouTube, search for guitar lessons of songs you like

trizzletrazzle808 • 2 points • 26 October, 2018 11:52 AM

This. I'm self taught, played in a few bands, yadda yadda. Also learn to read guitar tabs. Easier than sheet music. Just do you a Google.

TheBushidoWay • 1 point • 26 October, 2018 05:31 PM

is there a guitar center near you? I recommend them

LiftMeditateApproach • 0 points • 26 October, 2018 07:23 PM

Imao... recommending a guitar in 2018 when everyone listens to rap, electronic, hip-pop...

its nothing more than an autistic hobby at this point.

trizzletrazzle808 • 2 points • 26 October, 2018 07:34 PM

You mean like how more girls are picking up the guitar than ever before? Yea, you definitely know what you're talking about.

LiftMeditateApproach • 1 point • 26 October, 2018 07:53 PM

are you indian?

trizzletrazzle808 • 1 point • 26 October, 2018 07:49 PM

Or, how about the fact that picking up the guitar will separate him from the pack and distinguish him from every other dork like you out there and will therefore jack that SMV up to that of God of Fuck level most never even catch a whiff of.

You don't what you're talking about. Maybe you should meditate on that.

Rollo_Mayhem3 • 28 points • 25 October, 2018 10:55 PM

So no sports? What about how to build car/motorcycle engines or to rebuild them. Autobody.

Btw, tell your parents to fuck off, what about swimming or track, low impact sports?

3w4what 1 points 25 October, 2018 10:57 PM [recovered]

Nope. Their logic is this: sports are only useful if you get recruited. The school I go to is trash at sports, therefore I will not get recruited. So I shouldn't play any sports and focus on school and clubs to get into college.

How would I get started with rebuilding cars?

jrr6415sun • 11 points • 26 October, 2018 03:20 AM

colleges look at if you play sports, even if you're not good it builds leadership and team skills, so your parents don't know what they're talking about.

3w4what 1 points 26 October, 2018 03:28 AM [recovered]

You're right about leadership and team skills.

My parents want me to get a full ride to the state school, which doesn't take extracurricular activities into consideration unless you're being recruited.

lastdumra • 8 points • 26 October, 2018 07:14 AM

My parents want me to get a full ride to the state school

What do you want?

TheBushidoWay • 1 point • 26 October, 2018 01:44 PM

this

Rollo_Mayhem3 • 4 points • 25 October, 2018 11:02 PM

Buy magazines and read blogs, youtube videos on the topic and see if it appeals to you. If you're good, it can be lucrative, nice side hobby, promotes self independence...can convince your parents it takes math and engineering, etc...

I think there are vocational classes in some school districts, volunteer at your local bmw or Porsche dealership if u can or befriend a mechanic...work your way...but find a car or engine you can passionate about. GL

3w4what 1 points 25 October, 2018 11:18 PM [recovered]

Thanks, Any recommended blogs?

JoesIcedTea • 1 point • 26 October, 2018 09:50 AM

Hoonigans for the hype definitely.

koppok • 2 points • 26 October, 2018 07:11 AM

It seems like your parents are focused a lot on studies. Going to college and getting a job must be the top priority. Tell them that the more exercise you get, the more your brain becomes sharper. There are many studies that have been conducted around this and there are lots of videos on youtube discussing this.

Try to show a BJJ video, the Gracy videos should work great. They show the artform in a new light. Show them that learning martial arts is not about beating other people up, its about developing discipline

and progressing (getting better) with hardwork. This is one thing that will help you later in your no matter what you do.

Atheist_Utopia • 3 points • 26 October, 2018 11:42 AM

Logic doesn't work with controlling parents. Don't bother.

FelipeAngeles • 1 point • 26 October, 2018 01:42 PM

It is not about being a professional sports player. It about what your learn in sports.

gringlemcingleberry 1 points 26 October, 2018 01:02 AM* **[recovered]**

Few things since you're 14:

1. Begin working every summer. You'll become more mature, learn the value of money, and stand out during college apps (and in the future). Good jobs, apply yourself, try to get office-level work with your skills.
2. Prioritize school, read constantly, blah blah.
3. Build rapport with others in your class, get into a leadership position (esp during Jr, Sr year). This is to help you with college apps.
4. Think in the longterm. That alone will differentiate you from 90% of your peers.
5. Keep lifting. Don't focus too much on girls (for LTRs, have fun with the squeeze), esp at your age.

As for your current dilemma, you could try a musical instrument. I personally like to fingerpick on my guitar during free time, but choose something that you enjoy.

Another hobby to potentially take up is business ownership. This is high value in two ways: monetary and intrinsic. You learn new things and get some cash off of it. I started my first "business" when I was the ripe age of 13, built computers. I ended up losing money in it, but now I run a very profitable sneaker business at 17 (clothing brand under works, I just bankroll and run operations, don't handle product - not my style) and it's yielded me some nice returns in life outside of just the money.

Carry yourself with poise to convince your parents that they aren't as necessary. Prove yourself too. Don't do dumb shit like self-sabotaging with your grades.

That shows a lack of maturity and fails to demonstrate that you know what is beneficial for yourself. You must become more independent in every regard.

dm me jf you have any questions.

3w4what 1 points 26 October, 2018 01:14 AM **[recovered]**

For leadership positions, as of now, I'm not respected enough to get any leadership positions. How can I gain more respect?

gringlemcingleberry 1 points 26 October, 2018 01:22 AM **[recovered]**

Get in better shape, carry yourself well, remove any weird 14 year old habits you have. You also have to give off a specific vibe to be respected.

Public school is a rat race at times. Don't get too involved in it. Just socialize and don't be a sperg, be good at something. It's as simple as that. It also helps if you can work preselection in your favor.

3w4what 1 points 26 October, 2018 02:47 AM **[recovered]**

What does a high SMV male dress like?

3w4what 1 points 26 October, 2018 01:25 AM [recovered]

I already have a pretty good body- better than other freshman.

What vibe do I need to give off specifically?

gringlemcringleberry 1 points 26 October, 2018 01:32 AM [recovered]

Stop comparing yourself to others, you'll feed into the rat race. Get better.

Your vibe needs to reflect reality, but let me detail the way it goes for me:

I'm already self-actualized, so I don't care about other's thought processes on me (although, I'm also sure it's positive, bringing me to my second point).

Be confident in yourself completely. You drip of insecurity by comparing yourself to others or being concerned by their thoughts on you.

Do what you like, fuck trends.

Be straightforward and self-entertained.

Make yourself comfortable wherever you are. Always be "in the moment".

3w4what 1 points 26 October, 2018 01:34 AM [recovered]

How do I stop comparing myself and become more confident?

gringlemcringleberry 1 points 26 October, 2018 01:36 AM [recovered]

... stop fucking comparing yourself lol, start altering your cognition to reflect a more confident mindset.

3w4what 1 points 26 October, 2018 01:46 AM [recovered]

That's the hard thing, no matter what I try, I always think these guy is better than me.

Is accomplishing my goals a good way to not see myself as so inferior?

gringlemcringleberry 1 points 26 October, 2018 01:55 AM [recovered]

No, either stop looking at the other guys or learn to have faith in yourself. You'll never have control over your life without that mindset.

You know why horses wear blinders? Because they get spooked when they see things near them in their peripheral vision.

Don't be a fucking horse. Be a man.

CalvinRichland • 6 points • 25 October, 2018 10:53 PM

They say you can't play any sport?

3w4what 1 points 25 October, 2018 10:55 PM [recovered]

Yeah. I've been trying to convince them for 4 years to let me play a sport, but they don't budge. I've had them personally talk to coaches. Nope.

CalvinRichland • 8 points • 25 October, 2018 10:56 PM

That's pretty shitty. Not even track? Are your grades good?

3w4what 1 points 25 October, 2018 10:58 PM [recovered]

Not bragging, but yeah, I'm honestly on track (pun not intended) to be valedictorian.

My dad's logic is this: sports are only good for getting recruited to college. The school I go to is trash at sports, so I won't get recruited. So I'm not going to play sports.

CalvinRichland • 16 points • 25 October, 2018 11:01 PM

Ok so basically they are assholes. That sucks man. Would they let you do a bouldering gym?

My honest advice is to let them know you earned the right to play a sport and its for leadership and team work development not a scholarship.

Also, i'd make clear plans to get the fuck away from them as an adult. I don't say that lightly.

3w4what 1 points 25 October, 2018 11:17 PM [recovered]

They don't want me doing anything that they see as a waste of time. I could do bouldering gym if and only if I convince them that it somehow helps my college application.

CalvinRichland • 12 points • 25 October, 2018 11:18 PM

Yeah good colleges dont just look at gpa. They want sports and other too. Your parents are toxic get away. Go to the furthest college possible.

3w4what 1 points 25 October, 2018 11:25 PM [recovered]

True. But they don't want me to go to a top college, since it's expensive and we're too well-off for financial aid, but get a full ride to the local state school. They say that since these scholarships are based on academics alone, I should focus only on school and clubs that help with school.

CalvinRichland • 12 points • 25 October, 2018 11:27 PM

They want to control you,that simple this is crazy.

3w4what 1 points 25 October, 2018 11:30 PM [recovered]

Yeah. But I can't get away from them for 4 more years. And I feel like trying to make the best of the situation.

[deleted] • 2 points • 26 October, 2018 05:03 AM

are you by chance asian american?

frequentlywrong • 1 point • 26 October, 2018 07:57 AM

You can do bodyweight training by yourself.

nebula79283 • 6 points • 26 October, 2018 01:05 AM

Are you Indian

3w4what 1 points 26 October, 2018 01:14 AM [recovered]

Yes, why'

nebula79283 • 8 points • 26 October, 2018 02:53 AM

The people in the comments don't quite understand how to deal with indian parents. Using a western approach is only going to destroy any family connection you may have (depending on who you are, 10 years from now you may regret it/not regret it) I was in the same exact boat as you. Pm me

3w4what 1 points 26 October, 2018 03:19 AM [recovered]

I'll pm you tomorrow.

SKRedPill • 1 point • 26 October, 2018 01:40 PM

Take a look at my post.

[deleted] • 4 points • 26 October, 2018 03:40 AM

You should mention this in the post. Only other Indians like us will be able to advice you the right way. Trust me, Indians live in a different world. PM me and we can talk.

3w4what 1 points 26 October, 2018 04:03 AM [recovered]

Alright. I'll pm you as well in the morning.

philltered • 3 points • 26 October, 2018 07:20 AM

I responded to one of the other comments but I can relate to your situation as well with this added context.

Eat good clean food, apply sunscreen, participate in performing arts - debating, dramatics, dance, music, etc... That builds a lot of confidence at the school level and gives you hobbies for life.

And win competitions since that is in line with your parent's viewpoint as well. Participate in as many talent search competitions, science fairs, robot wars, makerfares, Olympiads, etc... All that academic awesomeness also grows you as a person and your SMV (especially among nerdy girls, which could perhaps be your thing as you grow up).

It's important for you to meet more awesome peers who are willing to bro up with you and participate in competitions. Teamwork teaches a lot of things.

As an Indian who discovered TRP this early you have the added benefit of juxtaposition since being buff and multi-faceted in fields other than academics isn't what the world really expects of indians. Work on yourself, and get out in the field, SMV follows. Don't lose yourself to comparisons and hormonal influences.

Instead of PMing others, post your learnings here. All the best lil bro!

GayLubeOil • 14 points • 26 October, 2018 12:55 AM

Everyone here is going to give you conventional normi advice. Like seriously scroll through the comments and ask yourself if you anticipated that response. Of course you did.

Anyway I'm a Red Pill Alpha Genius, very unconventional out of the box guy.

High SMV hobby in highschool: Airhorn musician.

Randomly blow an Airhorn in class, especially of she's saying some gay Feminist shit. Tell her your an airhorn musician and that's what you do.

Get in trouble.

Get blowjob for being high SMV alpha bad boi.

3w4what 1 points 26 October, 2018 01:12 AM [recovered]

What do you get out of being sarcastic?

GayLubeOil • 7 points • 26 October, 2018 01:36 AM

Apparently it's news to you that dudes who disrupt class get blowjobs in hs. Like that's a completely originally concept that you are somehow unaware of in 2018....

3w4what 1 points 26 October, 2018 01:44 AM [\[recovered\]](#)

Not really, all the popular kids in my grade, who actually are getting blowjobs, are rich, preppy, get top-notch grades, and excel in more than one sport.

GayLubeOil • 14 points • 26 October, 2018 01:46 AM

Got it. So your sticking with the highschool musical model of masculinity. Cool. Never thought that diagnosing this one would be so easy.

3w4what 1 points 26 October, 2018 01:48 AM [\[recovered\]](#)

Hey, if being a disruptive idiot instead of learning in class is your idea of being a man, that's kinda sad.

GayLubeOil • 4 points • 26 October, 2018 01:54 AM*

Look at this adorable Slave Morality. How cute. If you were actually getting an education and weren't at an indoctrination center you would know about the master Slave Dialectic. Education was good before it became public education.

[deleted] • 22 points • 26 October, 2018 05:21 AM

You're arguing with a 14 year old kid about how he should be disrupting class to get laid and how the education he's getting is useless. Regardless of whether or not you're joking, know when to quit man. Jesus christ.

GayLubeOil • 8 points • 26 October, 2018 06:05 AM

The kids is being used to advance an important line of dialogue. I'm using him the same way I use everyone on AskTRP. It's Socratic.

A lot of people read my comments in leu of the subreddit.

ScratchinCommander 1 points 26 October, 2018 10:20 PM [\[recovered\]](#)

This and the main sub are getting filled with fucking insecure pussies... I miss 2014 before we hit 200k, those were the good old days.

3w4what 1 points 26 October, 2018 01:58 AM [\[recovered\]](#)

I totally agree. Just because school isn't to your liking, you should disregard grades and worry about being the class clown. After all, who needs college or a job?

GayLubeOil • 2 points • 26 October, 2018 02:04 AM

Tell me how you need approval of authority figures.

3w4what 1 points 26 October, 2018 02:35 AM [\[recovered\]](#)

If I get good grades, that increases my chances of going to a good college. If I go to a good college, that increases my chances of getting a good job. If I get a good job, then that increases my chances I won't be poor. If you need me to explain why I don't want to be poor, then you are truly dumb.

Anyway, I digress. How the hell do you think I'm going to get good grades to

begin with, if I spend class mouthing off and annoying the teachers?

jrr6415sun • 1 point • 26 October, 2018 03:22 AM

you're cool

clavabot • 1 point • 26 October, 2018 03:17 PM

What I think the real message is, Stick out, by playing devils advocate, the sense of individuality [Key is to be unapologetic, and buy 100% into whatever you say] will part a few points to your SMV, raises social value, and will give you blowjobs, if you play your cards right.

Ie blow the metaphorical Airhorn, and metaphorical ' Tell her your an Airhorn musician and that's what you do.'

GayLubeOil • 3 points • 26 October, 2018 03:24 PM

Or just blow a real Airhorn

clavabot • 1 point • 26 October, 2018 05:49 PM

Yes sensei

SmackinDatAss • -1 points • 26 October, 2018 03:38 AM

Airhorn is TOTALLY alfa!!!!

Where can I get airhorn lessons?

propranolol22 • 2 points • 26 October, 2018 01:07 AM

You mentioned in another comment: "4 years of being unpopular"

This points out a greater issue than your parents. High SMV means not giving a shit about whether your popular or not. It means doing whatever the fuck you want and not giving a shit about what other people think. Joining a sport is good, but doing it because you hope it will make people like you more is going in the opposite direction of where your trying to end up.

My advice? Read. Fiction, nonfiction, all of it. Books let you become more aware of the world around you, give you new ideas, accumulate knowledge. You're young and you haven't had enough experience in life to decide your hobbies? Develop a love for reading and get ideas for hobbies from that. Plus, I doubt your parents will become so oppressive as to keep you from reading, and thus continuing to learn and better yourself.

But seriously, stop trying to be 'popular'. It's idolized a lot. Parties aren't THAT fun unless your extraverted, which it sounds like your not. I have met plenty of 'popular' kids that never got laid either, on the contrary, I have met very introverted kids who have high SMV in their own, quiet-suave kind of way. Dont try to change yourself to fit a literal culture meme.

Lift, read, keep getting good grades. Doing all those things consistently will push you ahead of 95% of the other guys. Trust me, most of the ones you idolize now will be earning US average income in a decade.

3w4what 1 points 26 October, 2018 01:18 AM [recovered]

Im actually extroverted, but due in part to being nerdy and because I don't play any sports, I have no popularity. Is it low SMV to want to have more friends?

propranolol22 1 points 26 October, 2018 01:24 AM [recovered]

Just make more friends in class, sports is not a prerequisite for friends, nor is a club, it's just common ground.

When you talk to people, does it energize you or do you need a break after a couple hours by yourself?

3w4what 1 points 26 October, 2018 01:29 AM [recovered]

It energizes me.

I've talked to people in class, and based on body language and verbal cues, I can tell they usually like me. But they don't invite me to hang out outside school, presumably because of low SMV despite lifting.

propranolol22 1 points 26 October, 2018 01:33 AM [recovered]

Just make it easy on yourself, start a conversation with the kid who doesn't talk to many other people. There's a very high chance he wants a friend to do shit with. Invite him to do stuff outside school. Work your way up from there.

It sounds like your social skills need some work. Read Dale Carnegie's *How to win friends and influence people*.

trpthrowaway2003 • 2 points • 26 October, 2018 01:28 AM

This question, has been asked in the same form, multiple times in the past week.

I smell a troll.

[deleted] • 1 point • 26 October, 2018 05:18 PM

Ya think?

In his history, he claims to have slept with 100 girls, goes to a big college, played soccer and basketball in the past, does TaeKwonDo now.

ryeprotagonist • 2 points • 26 October, 2018 01:32 AM

Guitar. Motorcycle. You're welcome.

[deleted] • 2 points • 26 October, 2018 05:05 AM

You're 14. Tell them that it's your own life and you have a chance to figure out your own shit before you enter into this nasty loophole. You will make mistakes along the way, but it will feel better than your parent babying you every step and ending up in a place you hate, even if they meant well.

Uberfeedus • 2 points • 26 October, 2018 05:41 AM

any art. get in touch with your creative side.

3w4what 1 points 26 October, 2018 04:54 PM [recovered]

Filmmaking?

Uberfeedus • 1 point • 26 October, 2018 05:46 PM

Literally any art. I personally am a photographer, play drums pretty well, and dance.

Creativity allows me to think outside the box all the time because there are no rules. It's also a huge confidence booster because I have something I am extremely proud of. I love showing my photos and surprising people.

If you learn guitar, play fkn trumpet, or are given a phone and really know how to take a photo, people LOVE it. Because you create it has an endless amount of potential giving power.

44361066 • 2 points • 26 October, 2018 06:47 AM

Photography. Learn it

3w4what 1 points 26 October, 2018 04:54 PM [recovered]

Why photography?

44361066 • 1 point • 26 October, 2018 04:57 PM

I've been involved with photography since my teenage years and nothing else made me meet more interesting people, skill attracts. Buy a used full frame DSLR with 50mm 1.8 lens and start the journey. Canon 5D classic would be a perfect deal.

3w4what 1 points 26 October, 2018 05:05 PM [recovered]

Ah, okay. Similar to photography, what do you think of filmmaking as a hobby?

44361066 • 1 point • 26 October, 2018 05:25 PM

It requires more time, dedication and money

3w4what 1 points 26 October, 2018 06:00 PM [recovered]

True. But it combines a lot of my interests. I guess I'll look around to see if anyone has a camera to borrow.

44361066 • 1 point • 26 October, 2018 06:30 PM

Just don't waste time hoping to get into something big one day and not doing anything about it. Start by small steps and the rest will follow. Photography is a great hobby and skill, and you'll need fundamentals for a future regarding video.

wawakaka • 2 points • 26 October, 2018 12:39 AM

listen to your parents.

learn music like the guitar, drums, or singing. tell your parents music improves the brain function

<https://www.inc.com/john-rampton/the-benefits-of-playing-music-help-your-brain-more.html>

3w4what 1 points 26 October, 2018 01:12 AM [recovered]

Hmm. They don't trust statistics or facts, but I'll try.

[deleted] • 1 point • 26 October, 2018 03:36 AM

They don't trust statistics or facts? I feel like I'm reading about my own parents.

I feel you. Mine are the exact same and I thought turning 18 would change everything - they can't control me once I'm legally an adult, right? Nope. They still find ways, trust me. They will control the fuck out of you till you die. Your only escape plan is to literally escape the minute you're 18 - run away, far far away and minimise all kind of contact and ties to the bare minimum.

3w4what 1 points 26 October, 2018 04:04 AM [recovered]

How do they still control you?

[deleted] • 1 point • 26 October, 2018 05:24 AM

VERY good question.

dt Tyler86 • 2 points • 26 October, 2018 01:07 AM

Fuck SMV.. you're 14 dude. Have fun, let women fuck your life up later on. Frankly, I'd honestly say TRP isn't even good for you till you have the slightest clue who you are. Obviously knowing what you're up against is great, but other than being independent, fun, smart, fit-all things you can do now-who cares? Girls aren't lining up to bang at your age anyway

3w4what 1 points 26 October, 2018 01:21 AM [recovered]

Have fun how? About girls lining up to fuck me, the popular guys at my school has already started getting blowjobs and in some cases, even having sex. It kinda makes me feel pathetic that I'm just sitting alone doing jackshit while like 20 guys my age are going around having the time of their lives.

allo_pyaz • 1 point • 26 October, 2018 02:09 PM

No, absolutely no. At your age, you should focus on studies and getting good grades which you mentioned in one of a comment that you are successfully doing. It implies that you are sharp at studies or hardworking, anyone. So please do one thing and try to widen your knowledge on different subjects. Work on your speaking skills and social skills. Try to interact and make rapport with elder and cool peoples around you. And keep lifting. Use sunscreen and try to find a hairstyle which suits you the most Don't get carried away by seeing other guys fucking a thot. And this is coming from a fellow indian.

dt Tyler86 • 1 point • 26 October, 2018 01:30 AM

The guys that were banging chicks when I was 14 are roofers, servers and plumbers now. Maybe just a coincidence, but the "nerds" I used to skate with, play indie rock and metal with, get high with; we all have and had fulfilling lives because we did what the fuck we wanted. Doing what it takes to get laid is sort of like working in reverse. Being honest to myself, doing what made me happy (making music and skateboarding) made me comfortable with who I am. As an adult, no one can fuck with that or take that away from me and it has translated into some intense, high volume sweet nasty sex. Trust me.. those other dudes are probably pretty insecure, half-retarded and looks/physique are all they have going for them. Don't worry about them, worry about you and the friends, women will come. In fact I always invested in my network in high school. When I got to college it occurred to me none of my friends Fucking knew anyone. That made me the defacto party king because I had a wide network of friends. That my friend, gets you laid.

3w4what 1 points 26 October, 2018 01:42 AM [recovered]

The problem is, my friend group is kinda lame. I never really liked them, but they were the only group totally accepting of me anyway. But my personality clashes. I'm ambitious, I want to ride in status. They just wanna sit around on weekends and play video games.

And by this point, cliques have already formed, and I'm seen as a member of the loser clique, so it's hard to get better friends.

dt Tyler86 • 1 point • 26 October, 2018 01:56 AM

I definitely understand your point. Some of my closest friends were in totally different cliques. As lame and Hollywood as it sounds, you can really sort of become a different person overnight at that age. So many people do. I literally watched some nerdy kid in my class turn into this fucking

vampire a golf overlord by the end of high school and he and I still remain close friends from when we used to just joke around in math class. I was friends with some dorky girls that went on to become super sorority chicks in college but when we hung out alone they were still very down to earth. A lot of people put on for Saad because they want to be excepted into a group that is it naturally the people they gravitate towards them it's normal. My advice in retrospect? Don't fear rejection, don't try too hard, but make a point to hang w as many people as you can. I remember the days of recording some awful rapper in my home studio. He sold my friends some weed. Next thing we're doing to his "homegirls" party. It's the like the hot ass girls that never talked to me. I show up, he's been playing his terrible rap demo and bragging about how sick his producer (me) is. Shit like that comes out of left field like you can't even imagine. But get out there, find opportunities, don't drown with those video game loving dudes: those guys almost never change. My band was all "gamers". They still are dating the same girl they lost their virginites to. They bicker with them, they're out of shape, they're broke..

chazthundergut • 2 points • 26 October, 2018 01:31 AM

You dont play sports or martial arts because your mommy and daddy won't let you?

You want pussy? Wanna raise that SMV? Grow some balls and grow up.

RRBeachFG2 • 1 point • 25 October, 2018 11:59 PM

Lol my parents said no, 404 Alpha not found

stylesm11 • 3 points • 26 October, 2018 01:19 AM

Honor thy mother & father, even if they betafy you

snowie42 • 1 point • 25 October, 2018 10:59 PM

Same, I am not sure what kind of hobby to do

3w4what 1 points 25 October, 2018 10:59 PM [recovered]

Let's hope we get lots of good answers then.

Corvette14 1 points 25 October, 2018 11:15 PM [recovered]

Buy a punching bag (Amazon or Dick's Sporting Goods) and get into MMA or something.

3w4what 1 points 25 October, 2018 11:19 PM [recovered]

But doesn't MMA require techniques and stuff you have to learn beyond just punching?

Corvette14 1 points 25 October, 2018 11:21 PM [recovered]

Yes, but you have to start somewhere.

3w4what 1 points 25 October, 2018 11:27 PM [recovered]

True. But punching a bag for 4 years might get tedious.

Corvette14 1 points 25 October, 2018 11:54 PM [recovered]

You can join a class or something

2000inchbiceps • 1 point • 26 October, 2018 01:15 AM

Just get really jacked.

3w4what 1 points 26 October, 2018 01:22 AM [recovered]

I have a better body than any other guy my age, since nobody else lifts. But the popular guys have already started getting laid.

2000inchbiceps • 2 points • 26 October, 2018 01:36 AM

Keep lifting and getting bigger. Legit work mostly on your biceps and chest. Stay in your hobbies. When girls start to notice you start talking to them.

StandardDeparture 1 points 26 October, 2018 01:22 AM* [recovered]

If they're all about college admissions, talk about the leadership experience that captaining a sports team will bring your application, or the determination and willpower that a black belt in a martial art will show.

They're hindering you while trying to help you, but you'll probably have to speak their language for the next four years before you can legally make all of your own decisions.

3w4what 1 points 26 October, 2018 01:25 AM [recovered]

They just pointed out that no captain of any sports team has gotten recruited in the past 10 years.

StandardDeparture 1 points 26 October, 2018 01:29 AM* [recovered]

That may be true at your specific school but there are vast benefits of playing sports and especially leading the team besides a rare athletic scholarship. The skills and traits you develop are what you can talk about in college / scholarship interviews.

If they still don't listen, just continue killing it in school and lifting, reading, etc. The four years will fly by - if you lift for four teenage years and continue on track like you said to be valedictorian or close with clubs to boot, you'll be ripped and set up for an incredible college experience.

3w4what 1 points 26 October, 2018 01:38 AM [recovered]

Yeah, and I know it sounds pussy as shit, but it's incredibly hard to go through school knowing that people don't invite you to stuff and that people don't like you much.

StandardDeparture 1 points 26 October, 2018 01:44 AM* [recovered]

It's rough at the time, true. Most of my social interaction in high school was on World of Warcraft, Counter-Strike, or an occasional in-person LAN party. Be grateful you're doing productive things for now, at least.

You've got men on here finding the red pill for the first time in their 50s or beyond. At 14, the world is your oyster, even if you've got to deal with some BS for the next four years. In the long run, you'll likely only keep in touch with maybe one or two people from high school regularly.

Keep up the lifting and studying, do what you can to try to meet people but don't beat yourself up about it if you don't make a ton of connections.

screw56 1 points 26 October, 2018 01:47 AM [recovered]

Model United Nations/ Debate or any club that does public speaking

3w4what 1 points 26 October, 2018 01:53 AM [recovered]

I'm in debate as well.

screw56 1 points 26 October, 2018 01:55 AM [recovered]

I'd pick a language start learning it, not only is it a great ice breaker with girls but it's insane for your cognitive function and future job applications.

Try to pick something with a lot of international reach like French or German

3w4what 1 points 26 October, 2018 01:59 AM [recovered]

I do Latin and French.

screw56 1 points 26 October, 2018 02:09 AM [recovered]

Okay well ur 14 so first off take it easy. You don't need to be getting banged at 14, come back when ur 25 cuz that's when its MAYBE an issue.

Although I can guarantee you that if u lift properly for 11 years there isn't a chance in hell you wouldn't have been laid by then.

Keep it simple. I'd say prioritize in this order. I'm 19 and in a pretty solid premed program so I'm not just talking gibberish, I've been there.

1. Discipline. Weekend or weekdays wake up at the same time etc. It's a basic building block to any future success you will have. Embed it in your skull now.
2. Study (As much you as can, if the school doesn't give you work buy AP books and study those)
3. Lift (You can figure this out yourself but just make sure you're doing compound movements)
4. Presentation (learn to dress well, find your own style and groom urself consistently). Buy a nice cologne and wear deodorant.
5. Cut down your interests into just a few and master those. You don't need to be a part of 100 clubs. Just do two or three things do em right.
6. Do not worry about girls. Treat them like humans they're not aliens. It will come naturally. Also, idk if you can do this yet but eventually due to your lifting and overall presence expand ur social circle. Most common way people meet is through mutual friends.

Spilledmychips • 1 point • 26 October, 2018 01:48 AM

Wtf? Physics, Latin and math are high smv skills. You need to apply the physics/math into a hobbies.

But you can't replace biological attraction, so you just get in shape.

3w4what 1 points 26 October, 2018 02:00 AM [recovered]

I already lift. I have a better body than any other freshman.

And those skills aren't that high SMV in high school.

Spilledmychips • 1 point • 26 October, 2018 02:02 AM

Lmao. Highschool is 4 years. And will never matter after. You are the bottom of the totem pole, women only date up.

Find a senior to learn from and a junior to befriend. By the time you learn game the junior will be a

senior and the senior gone.

But seriously if you want to win now, do anything to get in with the top dawgs, like their homework, chores, whatever. The rewards will outweigh the suffering.

3w4what 1 points 26 October, 2018 02:41 AM [recovered]

Okay, thank you. I'll post stuff on Snapchat like 'HMU if you want the homework answers' or shit like that.

Spilledmychips • 2 points • 26 October, 2018 03:09 AM

Nah, walk the line bro, don't publish yourself out for everyone. Your deals with alpha have to be undercover, otherwise they have to tell everyone "he's my bitch." Rather than you having the advantage of your skill.

Closed doors on alpha meetings man. Dude tells anyone you're his bitch and you stop doing shit for him.

3w4what 1 points 26 October, 2018 03:21 AM [recovered]

I see. How would I offer my homework to the alpha kids exclusively? Walk up to them and offer to do their homework?

Spilledmychips • 1 point • 26 October, 2018 05:21 AM

Don't get stuck on homework. Bring them lunch, etc.

Do a search on how to get in with the boss at an office.

Google scratching backs.

Read about monkeys social bonding while they pick each other's ticks off.

Focus on articles that satisfy our animalistic nature, then come up with what might fill the need.

Like home cooking meals for people will make your worst enemies become your friends. Safety/food/shelter.

Figure out where people are on mazlowss chart(learn mazlows chart) pyramid* fill needs based on where they are.

Rent an Airbnb house and tell the seniors it's yours if you want to throw a party, guarantee someone does the rest for you.

flashcash12 1 points 26 October, 2018 02:30 AM [recovered]

What's so dorky about being part of those clubs. I was a three sport athlete in high school and took AP Calc AB, BC and AP Physics C Mechs, E&M. Just be glad you're smart.

3w4what 1 points 26 October, 2018 02:41 AM [recovered]

Yeah, but you also played 3 sports, so you're a smart athlete. Speaking of, which sports?

flashcash12 1 points 26 October, 2018 02:47 AM [recovered]

Football, Golf, Lacrosse

3w4what 1 points 26 October, 2018 02:58 AM [recovered]

Ah, okay. Any other advice?

flashcash12 1 points 26 October, 2018 03:32 AM [recovered]

Be social, do well in school and tell your parents you're playing anyways. When are you graduating?

3w4what 1 points 26 October, 2018 04:08 AM [recovered]

As for defying them, I'm trying to think of ways around them.

Last time I defied them, they prohibited me from lifting and basically took away any contact from the outside world.

Also, you need a parent signature to play. I was thinking of just forging their signature, but the coaches (who I got to talk to my parents about the benefits of sports, to no avail) know my parents would never sign me up.

Any ideas on how to sidestep this would be greatly appreciated.

flashcash12 1 points 26 October, 2018 05:50 AM [recovered]

You shouldn't really even start lifting at 14. I did but it was with a world champion lifter who was our strength and conditioning coach for football. I'd just do push ups and pull ups now and start when you're 16.

Are you asian btw? My mom forced me to go outside and go to the gym when I come home.

Go play golf. I'm sure your parents would be fine with that. It's safe.

Fuck I feel old. 14 on trp. Wow. You'll graduate college when I'm 30.

3w4what 1 points 26 October, 2018 04:58 PM* [recovered]

I am Asian.

As for golf, I tried convincing them it's good for meeting the rich and influential. They just said nope, if you want to play golf play it when you're in college.

flashcash12 1 points 26 October, 2018 05:16 PM [recovered]

I'll be 22 in a few months.

Sports play an integral part in your development. You'll lag behind your peers if you don't play. You probably already do because you haven't played soccer, basketball or baseball growing up like I did since I was 5.

You can't pick up golf in college or really any sport. Golf is the hardest sport in the world and if you start now, you'll be really good and might be able to play on the college team.

Tell them if you don't play a sport you won't be as popular in high school and it will help you get into college.

3w4what 1 points 26 October, 2018 05:20 PM [recovered]

They say friends and popularity only distract from your studies, and that these facts and statistics about the benefit of sports are bullshit, but I'll try. Thank you.

Theguygotgame777 • 1 point • 26 October, 2018 02:39 AM

Try Theatre. It's a good way to practice charisma, there's always more cute girls in it than guys (most of whom are gay) and if you're good you get a lot of recognition. It's a place where you can really take the lead.

streetlecture • 1 point • 26 October, 2018 02:54 AM

Get huge in gym. All will solve itself.

PepeInfiniti 1 points 26 October, 2018 03:02 AM [recovered]

Start an online business

3w4what 1 points 26 October, 2018 03:22 AM [recovered]

Why will that help? And where would I get the revenue?

PepeInfiniti 1 points 26 October, 2018 03:35 AM [recovered]

I'm 16 got a loan from my parents. It's awesome making sales while you're asleep (i won't make profit for a while though)

3w4what 1 points 26 October, 2018 04:04 AM [recovered]

Nice. What's your opinion on the stock market and investing?

PepeInfiniti 1 points 26 October, 2018 11:51 AM [recovered]

It makes money once you're already wealthy. Nobody has ever gotten rich from investing nothing, and it's also a gamble. Make money through a business then invest it.

joefromjersey • 1 point • 26 October, 2018 04:16 AM

Good sports/physical activities to get into if you want to meet chicks: volleyball (can join rec leagues in college and as an adult), rock climbing (a lot of chicks), yoga, gymnastics, CrossFit (although I don't agree with their training methods), swimming/life guarding, basketball (less).

3w4what 1 points 26 October, 2018 05:06 PM [recovered]

I'll try to join some rec leagues in college. What do you suggest doing now?

joefromjersey • 1 point • 26 October, 2018 06:08 PM

If your parents don't let you out the house much you can try working out at home (bodyweight exercises, yoga, etc.). Learn about nutrition and sleep right so you can keep growing because height is something you want to maximize for SMV. Improve your personal grooming & style/fashion to maximize looks. Start thinking about your future by figuring out what career you're interested in that will also make you a lot of money. From there you can decide what to major in. Learn about personal finance and investing so once you finish college you can pay off your loans and start accruing wealth as quickly as possible. Don't worry about any pick up bullshit right now, work on improving your social skills in general.

3w4what 1 points 26 October, 2018 06:09 PM [recovered]

Thank you. Any other advice for height?

joefromjersey • 1 point • 26 October, 2018 06:18 PM

Honestly a lot of it is genetic but eating right (getting the necessary amount of macronutrients) and sleep never hurts. I've heard of stretching to improve height but I've never personally tried it.

joefromjersey • 1 point • 26 October, 2018 06:22 PM

Another thing that's really important is networking. So things you can do right now to network and expand your social circle are: find mentors (People who you want to be like that can help guide you.), volunteer, join after school clubs, meet kids from different schools and backgrounds, go to summer camps, do an internship, befriend guys that naturally get a lot of girls, etc

3w4what 1 points 26 October, 2018 06:23 PM **[recovered]**

Any tips for befriending these guys who naturally get a lot of girls? Usually, the guys who play sports, get girls, and are popular hang out with other popular guys. How can I, so to speak, break into their group?

joefromjersey • 1 point • 26 October, 2018 06:36 PM

Yea high school cliques are hard to navigate. Really the only way to get in with the jock types is to join the school sports teams. If that's not an option try to think of people you already know that gets girls or knows a lot of girls and hang out with them more. You can also go to co-ed summer camps where you can meet people outside your town. PM if you have any other questions.

Dr_Yttrium • 1 point • 26 October, 2018 05:53 AM

If you've got whitewater near you, train to raft guide or take up kayaking. Experience talking, you'll be drowning in pussy without trying. Shit is interesting and niche

slaterhuckle • 1 point • 26 October, 2018 06:52 AM*

I think math and physics are pretty cool, latin is also badass. Once you are older like in college and you have those skills you will get way more pussy by being smarter than everyone else. People in highschool might think "oh you speak latin thats so gay" but trust me dude when you get into college if you can speak latin or are like a math tutor or something girls will be like "holy shit he can speak latin i'm SO wet right now". Because most guys can't or are retards when it comes to physics. Having that knowledge will make a world of difference, as long as you are social and not a shut in nerd that just plays video games and never parties. I knew a guy in the math tutoring center at my college who was a scrawny little bitch, and he used to get laid a lot just because he met a bunch of girls who needed help with math and he was smart. He would fuck hot girls too, like ones that wouldn't even talk to me (and I'm swole as fuck and good looking) simply because he was really good at math. In my opinion you should keep lifting, learn guitar or something (its really easy to play basic songs if you can know a few simple chords) but don't give up on your academic skills. If anything become more dedicated to them. High school is your chance to make good grades and score high on your SAT and get a scholarship so you don't get fucked in the ass with debt later in life going to college. Make the most of it and do as well as you can because life sucks a bag of dicks once you are on your own and 90% of your time is spent working just to pay to live. You ever watch glee? Those glee kids are super dorky right? Well I bet they got laid more than the normal guys in school. Girls like guys who are passionate about stuff and those extra things you bring to the table are going to be what sets you apart later in life. Don't think of them as dorky. People might think you are lame in high school because you like math, but in 10 years you are never going to see them again, and those skills are extremely valuable. Trust me dude I partied way too much in high school if i could go back in time I would be in all those clubs and not give a shit about what anyone said.

NexusReflexX • 1 point • 26 October, 2018 08:12 AM

Alright brother, check this out. Im seeing 100+ comments in this thread and i doubt youll actually read this. I hope you do.

Everything your parents are doing. Everything they're forcing you to do. Everything they're disallowing you to do.

Own it. Own it like you have no say in the matter, because reading your comments and post, you don't.

A man faced with adveristy deals with it head on. Not by breaking the rules. Not by trying to find a loophole.

You're forced to take latin classes? Be the best fucking latin dancer out there (you're 23 yr old self will thank you.)

3w4what 1 points 26 October, 2018 05:08 PM [recovered]

Don't worry, I read all the comments.

As for Latin, I meant the language, bot the dancing, lol. But I see your point.

NexusReflexX • 1 point • 26 October, 2018 05:22 PM

Oh true.

Another thing i just thought of, find out what your parents think are not a waste of time. Learning a skill is good. Learning how to dance could find you a partner for marriage that your parents would approve of.

Obviously, dont get married, but if you remember the law "think as you like but talk like other" (something like that) it may change their view. You dont need to convince them to allow you to do something, you need them to convince themselves ots not a waste of time.

3w4what 1 points 26 October, 2018 06:00 PM [recovered]

Are you referring to the 48 laws of power?

NexusReflexX • 1 point • 26 October, 2018 06:18 PM

Yes, cant remember what number it is

Joeboard • 1 point • 26 October, 2018 11:19 AM

Ive always always been attracted to the adrenaline rush of action sports. Motocross, fast cars, snowboarding, hiking, rock climbing, etc.

3w4what 1 points 26 October, 2018 04:11 PM [recovered]

Motocross sounds fun. How can I convince my parents it'll look good on college apps, though?

Joeboard • 1 point • 26 October, 2018 04:14 PM

It wont. Its purely for entertainment (and also a killer workout). When I was your age, id get together with a few of my buddies every weekend and we would spend hours riding.

Bikes / gear / parts are expensive, but ive never met a girl who didnt atleast seem somewhat interested when I tell her I used to race.

[deleted] • 1 point • 26 October, 2018 12:17 PM

Find a way to get into sports at all costs. I was in math league and president of the Latin club when I was a senior, but I also was a varsity wrestler for 4 years and had a great body. Bitches loved me in HS

3w4what 1 points 26 October, 2018 04:09 PM [recovered]

I've been trying to convince them for 4 years, including having them literally talk to coaches. They don't believe facts or statistics, either. What is there to do?

[deleted] • 1 point • 26 October, 2018 06:41 PM

What is their argument against it?

3w4what 1 points 26 October, 2018 06:44 PM [recovered]

I have to preface by saying I've shown them multiple studies and stats and even got coaches to talk to them. They don't believe the stats. I even tried to forge their signature to get into sports, but by this point the coaches knew that my parents would never let me play sports and called my bluff.

Anyway, their argument: 'Sports are only useful if you get recruited to colleges. The school you go to is bad at sports, and nobody from it has gotten recruited for the past 10 years. Since you can't get recruited, it's a waste of time'.

[deleted] • 1 point • 28 October, 2018 02:22 PM

Sounds like your parents are losers and want you to be a loser. I'm really sorry man. You've been dealt a shitty hand. Call up an MMA or jiu jitsu school near you. Get a part time job to pay for the classes and just lie to your parents and tell them you're at work whenever you're at mma class.

morgandavies834 • 1 point • 26 October, 2018 12:25 PM

Photography and guitar will make you a snatch magnet.

3w4what 1 points 26 October, 2018 04:09 PM [recovered]

Why photography?

morgandavies834 • 1 point • 26 October, 2018 04:58 PM

Photography game is mad, look it up. One of the the regular guests on the redman group wrote a book on it. The basic jist is to go around taking photos then say to a random goodlooking girl hey i like your style im doing a series of blablabla on women in insert coty name and then take a photo get their details then ask for a date

3w4what 1 points 26 October, 2018 05:09 PM [recovered]

Ah, okay. That makes sense. Related, what about filmmaking?

morgandavies834 • 1 point • 26 October, 2018 05:30 PM

Cant say I know but I can see it being again very cool if you make it cool

Really depends on how you play that one where as its very hard to make yourself less sexy with guitar, photography, martial arts.

Another good one is free running but doubt you parents will allow it

3w4what 1 points 26 October, 2018 05:58 PM [recovered]

True, thank you.

morgandavies834 • 1 point • 26 October, 2018 06:00 PM

How did you find the redpill so young btw?

3w4what 1 points 26 October, 2018 06:01 PM [recovered]

I mean, I found reddit a while ago, mostly just messing around with it until I found this sub.

morgandavies834 • 1 point • 26 October, 2018 06:17 PM

Read the rational male series?

3w4what 1 points 26 October, 2018 06:17 PM [recovered]

I have not. Should I?

maningreenshirt • 1 point • 26 October, 2018 12:38 PM

I understand you may not enjoy maths and physics clubs, but if you're good at maths (and especially computer science!) and stick with it you can have a really fulfilling and rewarding career - and that'll give your SMV a massive boost!

me314 • 1 point • 26 October, 2018 01:08 PM

I would personally talk to your parents to persuade them to allow you to take up an impact sport. As far as high SMV goes in England at least it would be rugby, rowing and track. To maximise SMV pick a sport that is most popular at your school and begin to assert social and dominance within that group

3w4what 1 points 26 October, 2018 04:08 PM [recovered]

Hmm. I have two questions:

1. I've been trying to persuade them for years with stuff that includes even talking to coaches. But they don't believe statistics or facts, so how would I convince them?
2. The most popular sports where I live are really skill-based (soccer, football, baseball, lacrosse), and the kids one them have been playing for years. However, I could probably get into sports like track, cross country, or swimming. But they're not the most popular at my school. Is it still worth it?

me314 • 1 point • 26 October, 2018 04:13 PM

1. Try to see what it is that is stopping them from allowing you that freedom and focus on that root issue
2. In an ideal situation you would go for the sport with the most social cache but if you doubt you would do well socially and physically in that domain become totally dominant in the arena in which you would succeed

SKRedPill • 1 point • 26 October, 2018 01:33 PM*

My advice here is for the next few years of your life till you graduate from college and land a job kid :

Play a few sports, popular ones in your country. So you're Indian huh, Indian schools have poor or non-existent sports in general - they are just devoted to manufacturing nice beta nerds in the factory. In spare time, learn to play cricket or soccer or badminton, those are popular ones.

Get a hobby in men's fashion and style - all occasions, all weather and the like. No dork glasses please - first fix

THAT if you're a nerd. Start for your age appropriate and build up. At least learn to select a good looking T Shirt to a good pair of jeans. Learn to style your hair. At least wear a good belt and pair of shoes for your school uniform!

Seriously, learn interior style and design - everything from the furniture to the appliances to the wall paint. You'll thank me down the road.

Learn how to fix your car, even if you're too young to learn how to drive.

Definitely learn how to fight, a martial art and how to use a gun when you're old enough.

Learn to play a guitar, and play stuff that people know and swoon over.

Learn yoga and meditation. At this age, your capacity for learning is at it's raw maximum - learn techniques to improve the way you learn.

Learn to talk about anything OTHER than math and physics and never talk nerd to anyone uninterested - seriously, be what you want in your room, outside, learn to fit in. Never talk anything irrelevant.

Learn to cook - a lot of healthy food and recipes.

Go watch some good movies with high SMV alpha characters -- it'll teach you a lot about what makes men attractive. Confidence, competence, badassery, intellect, situational awareness, speaking, body language.

Learn how to invest your money and what money basically is (it's debt).

Start building stuff with your hands - work on some projects. Try robotics. Hey, no one knows anything in the beginning

Learn to code - seriously, learn to code.

Get a motorcycle when you're old enough for a license and learn how to drive it. Get a cruiser if you can.

Shave your armpit hair. Learn to smell good naturally. Wash your face. Get some men's perfumes - it's a hot and humid country, and most people of your age won't even have the will power to take a bath daily.

Learn how to talk and speak in public - get into debates. Learn how to talk impressively even in a casual conversation.

Time to learn how to talk to girls and just be attractive as you walk into a room, without even needing to do anything.

Don't make close friends with Low SMV losers with bad habits and attitudes. You can help them out and be friendly, but that's it. You're the average of whoever you're with.

Learn to swim.

DO NOT DO ANY OF THESE AT THE COST OF YOUR ACAD WORK. In your country, that's the doorway to Ivy League colleges - most other 2nd or 3rd tier ones are shit. At this age, get your priorities right, and play only after your main work is done. Your next 2-3 years matter more than you can think. Do what the situation needs. Use those vacations after your exams are done.

NO LTRs or even girlfriends in your country right now kid. Your best investment is yourself.

Do not waste your college years (coming up). Learn to be productive. I repeat, do not waste your time simply shagging off 10 times a day, playing games, watching youtube and netflix for anything not relevant, getting hangovers and feeling like crap. It'll make you better than 99% of the competition.

Dude, being an adult is so much more than being a teenager wanting independence. It's about showing that you can stand on your own legs, do an awesome job at whatever's thrown at you, own your shit and start being responsible for others as well. **You create and attract what you are.**

Being smart and an athlete are not mutually exclusive. Sports teach you discipline, team work, confidence. Math teaches you how to think and solve problems. Having a strong athletic foundation along with good academics is a great foundation to have for the rest of your life. Tell that to your parents. Let them listen to Angela Duckworth on Grit on NPR. <https://www.npr.org/2016/05/01/476346709/forget-talent-success-comes-from-grit>

Sports teach you grit.

[deleted] • 1 point • 26 October, 2018 01:51 PM

Hip-hop dancing. I got girls and they dance. No boys in the ballet, jazz classes, but the hip-hop get some boys in them. You can become one of those U-tube dance poster doing the Fortnite dances!

the-elixir • 1 point • 26 October, 2018 02:08 PM

You're 14 dude, you have so much time. I wish I knew the things I knew now when I was 14. Your heart is in the right place, just keep doing what you're doing. I lived in a typical white suburban neighborhood where everyone championed the athletes and wore the same clothes, and the things that people call "lame" in high school are just things that are considered outside their realm of "normal" which, in my town, "normal" was playing lacrosse and wearing vineyard vines everyday.

Ohboohoolittlegirl • 1 point • 26 October, 2018 02:20 PM

Extremesports.. Skateboarding, longboarding even.. stuff like that.

I used to skateboard and got shitloads of attention cause of it. Also a good date where you can show value by teaching them something new, have kino and easily charm them.

CaptainSupream • 1 point • 26 October, 2018 04:16 PM

Do something art related. Music is good, drawing is my preference and advice to you. Because of social media drawing is a huge pussy magnet. Girls love the idea of being a talented artists muse. Suddenly they're a model and an inspiration, then you draw them well = feels for days.

In the eyes of your parents it can be seen as high culture, sophisticated, magic, extraordinary. Plus you can do it even if they don't approve.

3w4what 1 points 26 October, 2018 04:30 PM [recovered]

How about filmmaking? Always something I've been interested in.

CaptainSupream • 1 point • 27 October, 2018 12:24 AM

Yes filmmaking is good too, and if you're interested even better.

FrgElder 1 points 26 October, 2018 04:26 PM [recovered]

I wanted to play a sport or martial art, but my parents say no.

This by and far seems like your biggest issue. It's really shitty because your parents are likely just trying to protect you and raise you how they see fit but they're doing you a tremendously terrible disservice by limiting you like this. Parents don't know everything, hell most of them know next to nothing. Don't take your parents word as the be all and end all of something, do what's right for you.

Ideally you need to convince your parents to let you do what you want and make them realize the benefits of training and competing in sports. There is immense value to what sports give you mentally, team sports especially are essential in developing a well rounded person. They are so important for socializing children that if I had to choose between putting my kids in team sports and putting them in school I would opt for the sports

instead and then home school them.

Failing that, you need to do what's right for you and ignoring your parents wishes by any means possible.

3w4what 1 points 26 October, 2018 04:33 PM [recovered]

I've really tried everything to convince them, they don't care. I needed their signature to play, so I just tried to forge it to get in. But all the coaches knew my parents wouldn't let me play, so they called me on my bluff.

FrgElder 1 points 26 October, 2018 04:52 PM [recovered]

Have a heart to heart with one of the coaches and see if they'll let it slide after you explain the situation. Since it's likely a liability issue that probably won't work but it's worth the shot.

You could also sign up for a sport outside of school. Like an MMA or BJJ gym. I think those require waivers to be signed as well but you could get an older friend to pose as your parent/guardian.

You could give your parents an ultimatum and start ditching classes until they let join a sport you want. Knowing your dad's type (control freak, like mine), he'll probably threaten to kick you out of HIS house. This will lead into an arms race of threats, but it's likely all a front and we'll see how he feels when your first F comes in. After a few huge fights you can start levelling with him until you get some leeway.

Being a man is about standing up for yourself and pursuing what you believe is right and worthwhile. You're 14, so as you get older you'll notice more and more things that you'll be clashing with your father on. My dad is a great guy but stubborn as hell and a gigantic control freak, so we clashed heads all the time on minor things. I inherited his stubbornness and we would fight so much we'd get into physical altercations over small things (like me buying something for myself with my own money). We're perfectly fine now that I live on my own, but it got really bad for a while. You can't keep two bulls in the same pen.

Strikingable • 1 point • 26 October, 2018 04:29 PM

Woa, I have good answers. Go pick up skateboarding or bmx, just be rad bro. Back in highschool 9s were always hitting on my buddy just cuz he was very good at bmx. They said shit like, "oh can you jump with it, can you spin it??" They guy did a bunnyhop with that handle spin(dunno whats the real name is) and girls went crazy.

Strikingable • 1 point • 26 October, 2018 05:33 PM

So your main problem is getting more independent from your parents. I feel you had the same type of controlling parents you do. First of all. How good are your grades? If they get better your parents will be more flexible to you. You should be acting more independent, be more social to them. Talk to them, ask their advice. Dont let them decide instead of you, ask their advice on things they have no control over. They will trust you more and let you act more freely. If you pass their test they will let you do your own shit.

runes18 1 points 26 October, 2018 07:17 PM [recovered]

How do your parents let you lift heavy weights, but not do any other sports? What sort of logic is that?

Anyways, if you want to have some cool skills get into music or try adding bodyweight skills to your lifting routine, in example the planche or the handstand. I'm not sure if you'll increase your SMV, but atleast you'll be able to do some cool skills.

UpperRedSide • 1 point • 27 October, 2018 01:30 AM*

- 1: Lifting. Assuming you lift. Wait, you don't fucking lift?
- 2: Axe-throwing. It's fun and it looks badass as fuck. Need I say more.
- 3: Hiking. Nature is lovely. Also, it keeps your cardiovascular health in check.
- 4: Photography. Plus side of you get into portrait photography and fill up your Instagram with hot girls, generating some mad social proof.
- 5: Auto Tech. Fixing cars is fun. It's also a great way to not look like a little bitch when shit happens to your vehicle. I always feel bad for guys who aren't good with their hands.
- 6: Music. I'm a singer/songwriter and I front an alt rock band. Girls, at least the ones that aren't fucking strange, will literally worship you. Especially if you're a performer who frequently walks a stage.
- 7: Also, fuck your goddamn parents. It's sad that these kinds of parents don't know what they've done to their relationship with their kids.

My parents were religious extremists who used to beat my siblings and I with all kinds of apparatus, leaving bleeding welts on our butts and thighs. They'd make us fast for three days at a time, spend six hours in a shithole church where everyone screamed and shouted and spoke in tongues, and kept us out of school, always at home, and never allowed us to interact with the neighborhood kids.

And they wonder why, as an adult, I hate their fucking guts.

3w4what 1 points 27 October, 2018 01:31 AM [recovered]

In photography, how would I go from starting out to regularly taking pictures of hot girls?

UpperRedSide • 1 point • 27 October, 2018 01:38 AM

"Hey, can I take a picture of you?" Girls are vain. Of course they'll say yes.

Also, models on Instagram have their contact details for a reason. They want to be contacted by a photographer and get pictures taken.

3w4what 1 points 27 October, 2018 01:39 AM [recovered]

Ah, okay.

Is there a way to spin filmmaking in a similar way? Like 'hey, you want to be in my short film?'

UpperRedSide • 1 point • 27 October, 2018 01:42 AM

Absolutely.

Nocryingok • 1 point • 5 November, 2018 12:58 AM

1. Gymnastics, slacklining, parkour,
2. Drumming (or bongos if your parents don't wanna buy you drums)
3. Cooking (then you can prepare healthy meals for yourself),
4. Standup comedy or writing or singing skills

derrtderr • 1 point • 25 October, 2018 11:25 PM

Threaten to start flunking unless they let you be free.

3w4what 1 points 25 October, 2018 11:29 PM [recovered]

Tried that at the beginning of the year. They just took away all my stuff, didn't let me go anywhere except school, and didn't even let me lift.

derrtderr • 7 points • 25 October, 2018 11:32 PM

They called your bluff and you folded. Should've flunked a math quiz. Fight the power.

3w4what 1 points 25 October, 2018 11:33 PM [recovered]

I did. I started failing all my classes, they took away my stuff. I didn't like not being able to lift or contact the outside world.

derrtderr • 6 points • 25 October, 2018 11:40 PM

Oh shit! Respect man.

You're a straight up prisoner. Probably have to wait until you're 18 on this one bud.

3w4what 1 points 26 October, 2018 12:25 AM [recovered]

Oof. That'll be 4 years of being unpopular, then.

derrtderr • 1 point • 26 October, 2018 01:03 AM

Sorry man. I don't see another way out. They're the gatekeepers.

3w4what 1 points 26 October, 2018 01:12 AM [recovered]

It's alright, thanks for the advice bro

derrtderr • 1 point • 26 October, 2018 01:30 AM

The nuclear option is to claim abuse and emancipate yourself. Don't take that lightly though.

3w4what 1 points 26 October, 2018 01:34 AM [recovered]

True. It's an option, but a last resort type of thing.

[deleted] • 1 point • 26 October, 2018 03:44 AM

Yeah, that's what happens when you use fucking western strategies with Indian parents, they will fuck you up without a second thought.

NiceTryDisaster • 0 points • 26 October, 2018 05:27 AM

How old are you?