

# A list of things every man should be able to do

February 27, 2017 | 33 upvotes | by [DDM201](#)

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This is a very basic list of some of the many skills a man should look to acquire and develop. This is by no means a complete list, as each man is his own nation. This is also not a checklist that once complete warrants you a "man certificate". But as we know, men are held to an objective standard of quality, and I believe these are some competencies that will build you as a well rounded individual. Ask yourself the following:

- Can I change a tire?
- Can I drive manual?
- Can I start a controlled fire?
- Can I do routine house maintenance?
- Can I cook a steak to medium-rare without cutting into it?
- Am I physically fit? (Bench > 135, 20 pushups sequential, 30 situps sequential, run for longer than 20 mins straight)
- Am I athletically competent? (Able to throw/catch a football or baseball, properly golf, skate well etc.)
- Can I tie a Windsor knot on a tie?
- Can I tie a bowtie?
- Can I fight and defend myself if necessary?
- Am I financially literate? (See below)
- Can I understand a stock quote?
- Can I read and analyse financial statements?
- Do I file my own taxes?
- Can I name 3 books I have read in the past year?
- Is my GPA over a 3.0? (If applicable)
- Am I up to date with current events?
- Can I hold a conversation on political/ economic policy?

So that's it. As a disclaimer, I myself do not meet all of these metrics.

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## Comments

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zerohistory • points • 28 February, 2017 09:07 AM [recovered]

Not exactly the most up to date list of skills.

ability to learn new skills while maintaining full time work

ability to program in one scripting language and one compiled language. (The world is computers not camping)

ability to understand advanced concepts in philosophy, economics and politics

ability to understand the role of tort, tax and corporate law

can create a company that hires 5-7 people within one year (learning to delegate is a damn good skill).

being able to meet anyone you need to meet. Learning to get warm introductions.

being able to tell stories without lying.

being able to manage down time without resorting to substances. I.e. Reading vs drugs or alcohol.

not running away from problems but knowing who to ask for help. When to get a lawyer. When to get an accountant. When to get specialists.

understanding how travel works and how to hack it. You shouldn't be paying full price.

how to protect yourself online. Right passwords. Right systems. Right level of security.

learning how to cook at least one style of food.

top skills in Xbox. Great way to relieve stress when tired.

ability to finish. Finish a book. Finish work. Finish a workout. Just finish. Learn not to start a thing you can't finish

All I can think of right now. But I bet there are hundreds more.

carlosvives • 3 points • 28 February, 2017 04:39 PM

How do you learn to "hack travel"? I'm a student who doesn't have much financial wiggle room at the moment but will in the foreseeable future( training to be an engineer, good internships and job offers already in place with ~1 year left in school). Additionally, what if you like to smoke a joint/have a drink while reading a book when you have down time? Is this bad? I feel like learning to not do these things in excess is the key. Thanks for the post!

thebrandedman • 3 points • 28 February, 2017 07:04 PM

Hack travel was certainly easier in Europe. The trains and air services made it a cheap and easy thing to do. In my current position in bumfucknowhere, USA, it's much harder. The problem here is density and land size. It can still be done, it's just tougher.

As for the joint/drink while reading, go for it. Hell, I try to grow my own, just for the sake of self sufficiency and knowing that it's all clean. Nothing wrong with savoring a small vice while enjoying a book.

Bascome • 2 points • 28 February, 2017 01:41 AM

All but one.

In addition I can make my own beer and spirits and I can build a house or a boat and fix a car.

I am working on that last one I am missing though, good list. I might add to the list "seduce a woman".

Saturns\_thegn • 1 point • 19 June, 2017 03:04 AM

I'll add these:

Can I fix a car/motorcycle?

Can I use a gun?

Can I make homemade weapons (bombs/ firearms)?

Can I climb buildings?

Can I drive a motorcycle?

Can I create/fix simple electronic devices (Let's assume that you want to send an SOS signal or contact someone using something like this simple .FM transmitter

Casper3 • points • 28 February, 2017 04:59 AM **[recovered]**

Real men can bench waaaayyy over 135 homie

krick3t • 1 point • 28 February, 2017 05:25 PM

I hit 250 on Saturday. I think a real test of strength is a deadlift. There's not a more brutal lift.

erictron • 1 point • 28 February, 2017 06:37 PM

More dependant on form too. Your form for a dead better be perfect or you'll blow out your back.

Source: Had to take time off work before because I couldn't walk after a decline. Wasn't rolling my shoulder far enough back.

thebrandedman • 1 point • 28 February, 2017 07:07 PM

*taps out*

Yeah, I broke my back and right arm in a vehicular incident, so I'm not exactly balanced at the moment, as my right arm is still suffering from some nerve damage and weakness. And all my lifts suffered as a result.