

# How did things change for you?

2 upvotes | 14 January, 2019 | by badcredit690

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I've been a part of the redpill community for about six months now but have been aware of the manosphere since I was about 20 years old (i'm 28 now). Funny thing is I've always complained about not being able to lock down an LTR (with girls I actually wanted to date) and endlessly have just been spinning plates ever since I left high school which I understand was/is the smartest thing to do. I'm no chad but I'm not disappointed with my notch count at this point. If I had to be completely honest..personality traits aside...I would just like a girl who isn't pushing 25% + body fat and takes health and fitness seriously as do I...

At this point I've pretty much decided I'm not going to entertain any LTR's until at least 30 unless I feel very strongly about it otherwise. In the mean time just working to refine my body, increase my wealth and advanced my career.

My question I guess would be directed more towards the alumni's of the redpill, for a man who can fuck thin/healthy women but not keep them around is it more related to my game or is it because I'm not in the provisioning stage of my life (beta bucks) where I am making more money from an advanced career standpoint? How did things change for you from your late twenties to mid thirties in terms of the attractiveness of women in your life?

Also most of my game knowledge came from Carlos Xuma (who'm I think in retrospect is pretty redpill). His stuff is pretty old though, does anyone have any suggestions for learning more modernized gaming techniques?

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## Comments

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FuckMichaelMcCoy • 1 point • 14 January, 2019 10:19 PM

You sound pretty desperate “I would be happy with a girl under 25% body fat” etc

That’s not abundance. You are in the field tho so you prolly have experience and some game under your belt. Sounds like you need to looksmax hope you’re not neglecting the gym. And dieting

badcredit690[S] • 1 point • 14 January, 2019 10:33 PM

Not neglecting the gym but would like to be bulkier which is tough for me at 6'2. I've picked up kickboxing as a competitive sport since i've been redpilled also, but at this point only about 185 lbs, would like to bump that up to at least 200 lb. I can honestly say that it's probably my looks that have gotten most of my lays. My game isn't shit but I do have a harder time maintaining frame with better looking women.

[deleted] • 1 point • 14 January, 2019 10:42 PM

I've been getting my dick wet everyday bitchh

chadchadovsky • 1 point • 14 January, 2019 10:34 PM\*

Drastic change. Be realistic, right now you can't get a "healthy female with BF below 25" do you think in a year your SMV will increase by 2% 5% 10 %? How much change do you need to go from shitty girls to mid-top tier? A LOT.

Most guys here are still in the beta mindset where they worry about health and doing things in moderations... If you really want the results hit the steroids, get plastic surgery, get tattoos, work 16 hours per day, drop a bank on car/place/clothes and most importantly put yourself in seriously uncomfortable situations every day. I did most of these things and I really didn't need to (6'2, naturally pretty good looking). How you gonna compete?

Average guy here goes to gym 4x per week and thinks he is THE MAN when he chats sexy waitress in front of GF. Fuck that. You want extreme change in your results? Put in the extreme work.

volvastupidshit • 2 points • 14 January, 2019 11:31 PM

And start your own business. Does not matter how small it is, just start something.