

# If you put her on a pedestal then she has no choice but to look down on you

May 3, 2017 | 73 upvotes | by [88Will88](#)

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This topic has been well and truly covered before but it is a reminder of a fundamental red pill truth, and some instruction on what to do if you still have this tendency. **This post is for newbies and those who are yet to fully swallow the pill.** Search yourself for these behaviours, and be honest.

I would not even post this in here except for the recent field report dealing with going back to an ex. That post was upvoted so it is a sign that there are many in here who have forgotten fundamentals.

Pedestalising women is one of the most beta, repulsive, vagina drying things that a man can do. Seriously if you are more into a girl than she is into you, then just walk away, or alternately grow a fucking pair. If you are looking up to a woman then mentally, physically and metaphorically, she has no choice but to look DOWN on you. It is entirely your fault, do not blame the woman for treating you like a lap dog bitch, you put yourself into that position 100%. I will break this down into three categories:

1. You like a girl you are not having sex with. This is the worst case scenario. You think about her before sleep and as soon as you wake up. Your balls tingle while you visualise her. You get butterflies in the stomach when you think about her. You dream of a life together. If the above Disney movie description of your fee fees is accurate, do not feel too bad, we have all been there (except Chad). However we at the red pill are here to wake you up. Seriously if this is you then I wish I was in the room with you right now so I could slap you upside the head and tell you to fucking grow a pair. Women are repulsed by this behaviour and rightfully so. Your options are either: A - sidebar, man up and initiate kino the next time you see her or B - just forget about her. You repulse her and she is busy getting railed by Chad while you are at home crying into your pillow.
2. You are in a sexual relationship with a woman and you think she is great and you are in love. If you love her more than she loves you do not ask me how you can tell this, if you are unsure, then you definitely love her more than she loves you. You do shit like text her then worry when she doesn't text back, you accept her bullshit excuses as to why she is late or cancels a date (do you think she is slow to text Chris Hemsworth or she cancels dates with him?), you miss her a lot when you have not seen her for a while. You have two choices here, A - walk away or B - flip that shit. The second option will not be easy, I give you at best a 25% chance, after all she already knows you are pissweak. So if you are foolish enough to try option B then head to the sidebar and read it again because if you are in this position, you have not swallowed the pill. Cancel the next date you have with her, go to the gym, go out with your boys, visit your family, fuck another girl who likes you more than you like her. Just know that you need to be ready to lose her. She already thinks that you are a weak little bitch, so changing her mind is going to be hard work.
3. You are either married, in an LTR of several years or more, and maybe have kids. Now as pathetic as category 1 is, your situation is almost as bad. Either you started alpha and went beta, or you were always beta. The signs and symptoms in this case: you are scared to lose her (not scared of losing your kids and money - that is a different and reasonable fear), you buy her expensive gifts and she does not reciprocate, her SMV is higher than yours, she speaks to you or treats you disrespectfully. If this is the case you need to do one of two things, A - GTFO of the relationship (especially if there are no kids, seriously just run, you cannot fix that shit and even if you make it better it is not worth

it). or B - Read Rollo's "The Reconstruction" ten times, then start the long, difficult, painful but ultimately rewarding path laid out on the MRP sidebar.

This stuff is so basic it should not need to be written down. Search your feelings, are you more into her than she is into you? If yes or you are unsure then you are pedestalsing her, fucking stop it. If you put her up there, then no wonder she is pissing on you from a great height.

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## Comments

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creating\_my\_life • 19 points • 3 May, 2017 03:47 AM

I've heard it said before:

"The one less in love is more in control".

Same idea.

drty\_pr • 10 points • 3 May, 2017 12:52 PM

MRP helps rewrite how you view love. Once you realize that her love isn't the kind of love that is going to give you a hug to make you feel better, things get easier.

BluepillProfessor • 5 points • 3 May, 2017 10:16 PM

So many guys these days go into marriage thinking that the wife's job is to reassure you and make it all better. We could not have been more wrong.

drty\_pr • 6 points • 3 May, 2017 10:45 PM

I have a friend of a friend who recently went to splitsville. He has anxiety, so he can't work. He cries about how the world has wronged him constantly on FB. No doubt he whines to her as well. Ask me how I knew this day was coming...

Flathatter45 • 4 points • 4 May, 2017 01:31 AM

There but for the grace of God go ...

[deleted] • 1 point • 11 May, 2017 09:02 PM

It has been a recurring issue in my life to continue to look for a new mommy in my LTRs. Something I am working through with TRP.

DonaldBaelish • 5 points • 4 May, 2017 02:17 PM

"The less we love her when we woo her, The more we draw a woman in,"

— Alexander Pushkin, Eugene Onegin

InChargeMan • 6 points • 3 May, 2017 09:59 AM

Your first love should be to yourself, after that everything works itself out. i.e. I want myself to be happy with a pleasant and satisfying marriage. I love you, but I love myself more, so if you can't give these things to me I'm moving on.

redsprinklersystem • 6 points • 3 May, 2017 12:40 PM

Holy fuck. I think I may have finally swallowed the pill.

in this case: you are scared to lose her (not scared of losing your kids and money - that is a different and reasonable fear)

Reflecting on this, I realised that its not actually her as a person I fear losing. Its simply that our lives are so enmeshed after this long, it would fuck up most/all other aspects of life.

Thanks for the perspective. Its given me a new direction to work on (more independence, rearrange long term financials etc). I can foresee that it would feel a lot better to have that plan b ready just in case shit ever goes south.

RuleZeroDAD • 9 points • 3 May, 2017 01:21 PM

At first glance, it all looks like unbaking a cake.

You know your eggs are in there, and RP is a strategy to identify and pull them out.

[deleted] • 8 points • 3 May, 2017 01:46 PM

That is why we tell guys to start doing things as if they were single. To figure out what life is about for YOU, not for YOU TWO.

Redpillbrigade17 • 3 points • 3 May, 2017 05:09 PM

Yep. Have that plan include meeting with an attorney just in case, so you're educated on the implications of you/her filing. Many a good intended man have been completely shocked by legal implications of unraveling a marriage. It should be freaking mandatory training in high school or something, or as part of govt issuing marriage license. It's like sheep to slaughter how many folks get married these days drinking the kool aid of all the wedding magazines ... last time I looked are Barnes and noble they're like 8-9 monthly publications on weddings alone.

It's part of being prepared. The strongest position is being able to walk away and mean it.

[deleted] • 2 points • 4 May, 2017 09:45 AM

Glad to help, the pill is bitter, jagged and large, it takes all of us a long time to swallow.

Aechzen • 3 points • 4 May, 2017 10:10 AM\*

the recent field report dealing with going back to an ex. That post was upvoted

I upvoted it because it was yet another piece of data in AWALT and in that regard it was a great post. I also suspect the woman is post-wall and learning for the first time the limits of what her hypergamy can do for her. She tried to branch swing and crashed into a tree.

OP really did learn some RP, even if his application was incomplete. And I commented about how he had more things to learn.

[deleted] • 3 points • 4 May, 2017 10:41 AM

Yes OP had come a long way but he made it clear that this was the only woman he could think about. That is pedestalsing a woman and failing to swallow the pill. Like Rollo says it is going through the garbage. I call it a dog going back to eat it's own vomit. The OP needed some stern words more than he needed encouragement, I think his attitude was very purple pill ie: trying to use the red pill to achieve a blue pill goal.

Aechzen • 1 point • 4 May, 2017 10:45 AM

Somehow I sensed a deeper commitment to RP than others did. Go back and read his post to me; he gave an update to the FR.

Persaeus • 2 points • 3 May, 2017 11:45 PM

You nailed these simple concepts, and I think it is a great reminder to all. To me the punchline is "if your not

sure". A man always has to be cognizant of his ego. If your not sure where you stand , chances are your bullshitting yourself . Just stop it

JDRoedell • 2 points • 6 May, 2017 01:13 PM

Thanks. This clarified for me what it started to realize over the past several months. I'm more scared of losing the life I have with my kids and half my paycheck... not her so much.

[deleted] • 1 point • 7 May, 2017 04:01 AM

Divorce is a brutal and painful experience, but so is basic training and mma drills, at the end of the day you end up stronger and better for it. If you want advice on divorce prepping let me know

JDRoedell • 1 point • 8 May, 2017 12:13 PM

Thanks for the offer. I'll keep it filed away for if it comes to that. At this point, I'm considering doing a few consultations with attorneys just to get an idea of what I'd be looking at, worst case. Not because I'm on the verge of dropping the DL10 on her but because if things head that way quicker than i expect or out of my control, I want to be ready.

I make about 70% of our income. She works 3 days a week but could work full time (imputed salary is higher). 2 kids 7 and under. Own a house together. No significant assets other than my retirement. She has her own Roth IRA that we contribute to monthly so that would theoretically lessen the chunk taken out of mine. I would want joint custody, am happy to pay child support and a reasonable amount of alimony for a reasonable amount of time (this last point is where the uncertainty comes in and is why I want legal advice now.). I'm willing to trade some things for others like giving up house sale profits to keep my retirement in tact. Thanks again

asguiltyashell • points • 7 May, 2017 10:08 PM **[recovered]**

"...not scared of losing your kids and money - that is a different and reasonable fear." To quote Colonel Kurtz, "like I was shot with a diamond... a diamond bullet right through my forehead." The whole idea of separation was a tangled mess. I conflicted my wife as a person and my life with her (kids, business, money, house) and felt both were the same thing. They're not. They're intermingled and woven together, but they're two very different things. Pull them apart, mentally, and it feels clearer. Thanks.

[deleted] • 1 point • 8 May, 2017 08:07 AM

It is easy to conflate the fear of loosing your kids and lifestyle with a fear of loosing a wife. When I went through it I was well aware of the fact that it was the kids and business I was worried about, not her. It made my divorce less painful than most.

anythinginc • 1 point • 3 May, 2017 10:03 PM

I don't have anything to say to this. Perfection.