

MRP hazard: When IDGAF becomes too real

62 upvotes | 14 November, 2016 | by spexer

Sometimes the Red Pill still leads to the end of your marriage, and not because you can't fix it.

There is a real danger after your transformation where you honestly are no longer interested. You now can have sex whenever you want, and she is the one making moves on you because... your passion and desire for her...is not there.

I have witnessed posters here share their surprise at this unforeseen result, and others who either stop trying because they don't care, or stop giving a fuck and take on plates and other high risk behavior. Often this leads to the same result - divorce.

So be aware this might be on your path. I have recently found myself on this trail, and I welcome feedback on how to captain out of these waters.

Many factors that I see that lead MRP'ers such as myself to this place of disillusionment:

- After the pill dissolves and you see women for how they really are, there is a loss of attraction as the mystery disappears. Too much time in the manosphere might turn you even more bitter, encouraging an even more pessimistic view of females. This hurts your natural attraction to them.
- as you let go of the beta blue perspective, and realize there is no true love, and that AWALT - your blue heart breaks and your bond with your woman weakens.
- as you silence your emotional outbursts, and stop sharing your innermost fears and failings to instead be the strong silent oak the family needs, your connection to her becomes weaker. Any emotional codependency also dissipates.
- After doing the work (lifting, reading, working on social skills, flirting, gaining confidence, getting shit done and becoming alpha) you see your SMV skyrocket, and as you look down at hers, there is a loss of attraction.
- After year+ effort into your transformation and taking responsibility for the problems between the two of you, It becomes more and more difficult to not see the remaining issues to be problems with her, or to grow increasingly frustrated with where she still resists the corrections you are implementing. This builds resentment and clarifies her flaws that you cannot change. Your attraction and interest in making this work takes another hit.
- with your higher SMV you find yourself with ample opportunity to have something with other women. These other women suggest an easier answer for short time fulfillment. They also reveal that you could have a fresh start with someone better. And if you end up plating one of these, then returning to the less fulfilling sex with your wife is not appealing.

Those are a few thoughts on the routes that get you to I DONT GIVE A FUCK ANYMORE- WHY AGAIN MAKE THIS WORK?

I personally have had great success with MRP.

Finding myself here at IDGAF Avenue could be as simple as finding the strength and discipline to do another workout set after a year plus at the iron temple. Maybe it is just a momentary case of being burned out.

Or it could be a more complex philosophical quandary of how to find and maintain love, passion and purpose in marriage when you refuse to wear rose colored (blue?) glasses.

thoughts?

Comments

[deleted] • 14 points • 15 November, 2016 12:40 AM*

Here is my convoluted take on this conundrum:

Once we become red pill aware, we still have to conquer our blue pill desire that we have previously acquired for; unconditional love, and, the "disney" life of comfort. AKA the RP aware with a BP mindset.

As the blue pill desires(mindset) are S-L-O-W-L-Y filtered out by the continued awareness to RP, a void is created where the BP dream once resided.

Since our LTR partners were the primary object of this BP mindset, the void that is created implies a failure on the part of the partner, that is not really their failure, but is instead just our sense of loss. Thus the constant statements here that "I no longer feel the same.....etc" Of course you don't. You have changed, thankfully.

The partner did not cause that since of loss, we did by becoming RP aware and losing the BP dream. Looking to the SO as the cause is imperially wrong. The constant posting here about this situation, is because of the partial realization that there is something wrong with our feeling of disconnectedness from our SO's. Further, it is assumed that our SO's will not or cannot also improve, and, I believe wrongly so.

Based on my biased world views, I think that this may be the key to the often poor reception that u/TheFamilyAlpha sometimes gets on this sub. His personal improvement we seem to handle just fine, BUT the continued improvement of his SO seems to just gall us here. We that have so much trouble just getting control of OURSELVES, that we find his combined success for himself and his SO, to be just too much to bear. Maybe this speaks to an ego investment of many of us in the inability of our SO's to improve.

Just some thoughts for your consideration.

[deleted] • 1 points • 15 November, 2016 04:21 PM

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[deleted] • 2 points • 15 November, 2016 04:41 PM

I think most wives will follow to some extent. Some more than others. Some can only follow so far.

I agree. That the wives do actually follow is tantamount to my point. The potential of wife improvement is more important to my statement than the degree of it.

My point is that so many posters are **assuming** that their wife either cannot, or, will not improve. This is the fallacy that increases the void left by the death of the blue pill fantasy.

[deleted] • 1 points • 15 November, 2016 04:51 PM

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[deleted] • 1 point • 15 November, 2016 04:56 PM

Thanks, I just edited it for clarity.

[deleted] • 23 points • 14 November, 2016 04:44 PM*

Our wives are a reflection of our performance and leadership up to this point.

If you were a 'bp' schmuck for years, you ~~need~~ *may want to consider* providing her w/ some time to catch up to the new you.

Remember, you led her to where she is at. Whether you lead her out of that abyss or leave her there as a broken bitter woman, it's up to you.

[deleted] • 17 points • 14 November, 2016 05:00 PM

Normally I agree with you 100%, but here I am only going to agree 90%. Some women are just terrible fucking human beings that will never improve themselves regardless of the leadership you provide. BP Oneitis can blind you to that during the courting stage and this reality will not become apparent until after you as a RP man internalize the material, lift, go through the stages of dread, etc. OP is not wrong in his assessment but the mistake I see new dudes here making is thinking they've reached the correct conclusion that their wife is no longer a suitable partner for them when they have not put in the right amount of time and effort to give her a chance to catch up as you say. Still, there's some bitches that will never catch up, and to them we say "NEXT!!"

[deleted] • 7 points • 14 November, 2016 05:02 PM

I agree with you, it's such a personal decision that I usually default to *you do you* as there is no way in hell I can tell if there is potential in a woman without interacting with her IRL.

FlapjackUniverse • 2 points • 14 November, 2016 05:20 PM

But if there was a way to tell, a checklist of 'worth it' qualities, might be an invaluable resource for this community.

[deleted] • 11 points • 14 November, 2016 05:43 PM

It would vary from man to man - significantly.

The universal traits are obvious.

Is she willing to submit

Does she *want* to improve

Is she against everything you represent or does she see the mission & vision you are painting

Does she recognize a problem or does she feel everything is alright

Has she already checked out and found lawyers etc.

Is she someone you find value in

Chinchilla_the_Hun • 3 points • 14 November, 2016 08:54 PM

Looks like you've got the table of contents for a book there..."To dump or not to dump?: TFA's guide to vetting your S.O."

[deleted] • 8 points • 14 November, 2016 08:58 PM

If I turn it into an ebook I will give you a personal shout-out

[deleted] • 8 points • 14 November, 2016 09:02 PM

Or

"Thinking deeply while starrng at the mirror and drinking"

[deleted] • 3 points • 14 November, 2016 10:19 PM

i vote for this one

drty_pr • 1 point • 14 November, 2016 10:41 PM

I turn into a narcissist while doing this.

enfier • 3 points • 15 November, 2016 02:34 AM

I struggle with this myself. The answer to most of those questions is negative. I'm not really sure what benefit I get out of being married. I didn't sign up to come home every day to a stressed out, overweight wife who provides me with zero support. It's a constant drain and the fact that I'm strong enough to keep myself positive doesn't mean that it's an acceptable way to live my life long term.

Maybe my leadership is shit, but I've been doing my best to move my wife in a productive direction and it's just isn't working. The problems that plague her are simple and obvious, but she doesn't follow through no matter what technique I use. She's stuck in some version of playing "Harried" and she just won't let go of it.

alphabet49 • 1 point • 14 November, 2016 06:00 PM

Not sure if this is what OP meant, but I don't think it has anything to do with her checking items off the list. My wife could be the perfect female, do everything I want, submit to my leadership 24/7, etc etc etc... and the fact that I can't go out and conquer will still grate on me. So at this point, and where OP is, its not about whether or not she's stepping up her game. Its whether or not I want to continue playing.

[deleted] • 5 points • 14 November, 2016 06:03 PM

Its whether or not I want to continue playing.

Then I'd advise the guy to choose and stop sitting on the fence.

Decide and take action, life is too short to pussyfoot around big decisions.

BobbyPeru • 4 points • 14 November, 2016 08:07 PM*

Its whether or not I want to continue playing. Then I'd advise the guy to choose and stop sitting on the fence. Decide and take action, life is too short to pussyfoot around big decisions.

Not sure if I agree here. Sometimes, you need to sit on the fence to decide which side do you want to jump onto. That time on the fence is always different; sometimes short, sometimes long.

With OP's specific situation, He is coming on here asking for guidance, so he is confused.... So, I assume he needs more time on the fence to figure it out. It's never good to make a decision in a state of confusion or anger

bogeyd6 • 1 point • 15 November, 2016 05:25 PM

Kind of feels weird to keep reminding people of the iron rules. Time and effort are always better spent developing. NEw relationships than trying to save failed ones. Once you become a high value man it's time to take a side.

[deleted] • 1 point • 15 November, 2016 07:02 PM

Probably the reasons I'm starting to take a more whinomoreplease attitude

towards this lately.

Essentially one of the first things a guy should be reading here, and so many can't get that far.

Why should anyone else give a shit, clearly they don't

[deleted] • 1 point • 15 November, 2016 07:05 PM

shortly , the fence digs into your ass and where are you then?

Fucked by a fence, thats where.

BobbyPeru • 2 points • 15 November, 2016 07:17 PM

I don't disagree with that. My point is that he shouldn't make A decision until he gets out of the anger and confusion. "Short" and "long" are relative terms.

[deleted] • 2 points • 14 November, 2016 07:17 PM*

I think the toughest part is splitting that hair between "I haven't lead her to doors well enough" and "well maybe if I do this and that she'll change how I want". It's the conversion between continuing to invite her along on your journey, and starting to convince her to come along.

alphabet49 • 2 points • 14 November, 2016 07:45 PM

take action, life is too short

Agreed

spexer[S] • 1 point • 14 November, 2016 09:10 PM

damn it.

[deleted] • 2 points • 14 November, 2016 09:16 PM*

~~You too,~~ **but that's it** disregard

McLuhanSaidItFirst • 1 point • 14 November, 2016 09:29 PM

<https://www.reddit.com/user/TheFamilyAlpha>:

I don't understand your comment: "You too, but that's it"... what do you mean?

[deleted] • 1 points • 15 November, 2016 04:35 PM

[permanently deleted]

[deleted] • 2 points • 15 November, 2016 04:43 PM

If a man reads what I wrote and thinks for a second my advise was to make a rash decision, he deserves to have his life implode.

JizzWall • 1 point • 15 November, 2016 05:31 PM

This is gold. Exactly where i am at.

[deleted] • 0 points • 15 November, 2016 04:25 PM

[permanently deleted]

[deleted] • 2 points • 15 November, 2016 04:40 PM

With this said, why is it a problem now?

[deleted] • 3 points • 15 November, 2016 04:49 PM

[permanently deleted]

[deleted] • 2 points • 15 November, 2016 04:50 PM

Ok, so let her know that she can't satisfy what you need in life and because of it you are going to move forward with divorce or she is going to have to be open with a side chick.

[deleted] 15 November, 2016 04:54 PM*

[deleted]

[deleted] • 1 point • 14 November, 2016 07:12 PM

Jacktenofhearts would tell you the objective is to get beyond keeping a scorecard/checklist. Every man who took the pill also surely has a good sense of introspection. If you feel there's that nagging feeling that you haven't lead well enough...then as a RP man you know to keep improving. Ignoring that feeling and DEERing yourself to eject anyway is the mark of BP.

[deleted] • 4 points • 14 November, 2016 07:09 PM

Perfect reflects my continued iteration. My wife is introverted and non-adventurous. I idiotically married her. While it is my job to lead her to doors to actually be a part of my fun life, it is not my job to make her walk through those doors. Somewhere down the road though I know there is a time where I have iterated enough to come to the conclusion "you're boring, I'm done". But currently I feel I have not put in enough effort to show her doors to walk through. So until that feeling changes, I need to keep improving and leading.

spexer[S] • 1 point • 14 November, 2016 09:12 PM

good point, and a good reminder to soldier on.

My situation is very similar.

MRPguy • 0 points • 15 November, 2016 06:37 PM

Some women are just terrible fucking human beings that will never improve themselves regardless of the leadership you provide.

That's why he said "Whether you lead her out of that abyss or leave her there as a broken bitter woman, it's up to you." Some women are broken and bitter regardless of what a blue pill captain has done to them or failed to do for them.

spexer[S] • 3 points • 14 November, 2016 05:56 PM

I agree with what you are saying, but want to put the context back on us.

A side effect (or main effect?) of implementing the pill is that you might find yourself challenged to still care.. the blue-pill brainwashing on love wont be there to drive you. The oneitis fear of being alone will not

be there to keep you marching forward.

How do you champion forward in your marriage, when you DGAF?

[deleted] • 6 points • 14 November, 2016 06:02 PM

How do you champion forward in your marriage, when you DGAF?

Like a masculine man.

You do your job and create standards and enforce them. Boundaries are set, expectations are held, and roles are filled.

Your marriage improves because you no longer accept a sub-par marriage.

I want my marriage to succeed, obviously. *But*, if it fails I'd survive and be ok with that as well - so it goes.

If you **truly** don't give a fuck about remaining married to your wife, then move on - don't prolong the inevitable.

Here's the thing, 90% of guys *do* give a fuck and they should. You created lives, you are responsible to them. You led this woman to a shitty place, you may feel responsible to helping her out of it.

IDGAF what other guys do, *truly* I don't. I do give a fuck what **I** do, and that is try to be the best me and make my family the best they can be as well.

McLuhanSaidItFirst • 9 points • 14 November, 2016 09:36 PM*

Speaking as someone whose dad bailed because his wife was unsatisfying, I'd have to say: my brothers and sister and I lost almost all respect for him. All he had to do was live up to his commitment for another 5 years (I was 12, the youngest, and I went on active duty at 17).

Left us with a woman who had a personality disorder but she tried like hell to overcome it. Poverty. Multiple moves. Chaos and grief, the kind that makes a child get the 1,000 yard stare. To this day my brother is unable to discuss that time. The judge gave us each the choice but he was such a prick none of us wanted to go with him. As it turned out, I should have gone with him but I had gotten so accustomed to him pushing me away and putting me down, it never entered my mind.

u/TheFamilyAlpha : "90% of guys do give a fuck and they should. You created lives, you are responsible to them." Yeah.

He was pretty successful with women. Good for him. Nobody can stand him now. He's old and lonely.

[deleted] • 7 points • 14 November, 2016 10:03 PM

I'm glad you shared that, it's an important perspective that not many can provide us.

McLuhanSaidItFirst • 6 points • 15 November, 2016 01:49 AM*

Glad you think it's important, u/TheFamilyAlpha.

u/GargantuaBlarg29 : "He is not required nor encouraged to ...stick around no matter what because he had kids. "

I get it that TRP skills are amoral and therefore his comment is not out of bounds here.

It seems preposterous and monstrous to me, though. I wonder what the dads on /r/marriedredpill think?

The ugliness and pain left behind by people who think like u/GargantuaBlarg29 is on the news every evening: fatherless boys trying to become men with violent and soul killing results.

"if you get any kind of karma or feel good off this thought (and my money is that you do) then let it go."

-From someone who doesn't know the first thing about parental responsibility [i.e., one must exercise it] or me, and presumes to know my mind and advise me. And then writes a whole bullshit intellectualizing post inspired by my comment about my family:

<https://www.reddit.com/r/marriedredpill/comments/5cz0m8/karma/> based on a completely mistaken assumption.

I like learning about TRP; but is this a school for sociopaths? I know that moralizing and shaming comments are not allowed; however, if /u/Countpudyoola can talk about sociopaths not owning their shit, dumping women and blaming the women, is that shaming and moralizing? If /u/Countpudyoola can say it's sociopathic to dump a woman and then blame her for your shit, can I say it?

For the record, the comment about my father being lonely in his old age was painful to write because I love him. I visit when I can, but he's lonely and sad. I mentioned it in the hope that it would wake up some guy who may be contemplating driving his (and his kids' and wife's) life over a cliff because he hasn't made MarriedRedPill work for him, *yet*.

I am positive that these principles will resurrect marriages, because I tried them in my own but gave up because I didn't have this resource, didn't know that I was on the right track. To the extent that I used these principles when I stumbled on to them, they worked like magic. If I could save one guy from doing something horrible to his wife and children through impatience or *destructive influence* such as was offered by u/GargantuaBlarg29, then it was worth the pain to write about it.

I like, a lot, the recent stickied post by /u/Countpudyoola

<http://archive.is/bAidd>

that emphasizes the importance of working and taking responsibility to fix what a man can about his marriage:

"[NOT] OWN[ING] YOUR SHIT. It is no coincidence it's the first place we encourage newbs to post progress. YOU are in charge of this process and YOU are responsible for the direction it is going. Yes. After a lot of effort, and testing every facet some women get left as a guy progresses. There are guys who post about certifiably insane and damaged women. ... any point she's weighing her choice to stay or go based on your SMV. That can disappoint some *sociopaths* [emphasis added], and we can't really help you. YOU are the problem. "

How does that recent stickied post by /u/Countpudyoola square with the comment below from /u/GargantuaBlarg29 that counsels giving up when children are involved? Not my idea of manhood.

/u/Countpudyoola doesn't leave a lot of wiggle room between sociopaths who desert and won't own their shit and men who work as hard as possible to save their marriage.

My \$.02

edited: syntax, punctuation, pared down wall of quoted text to the relevant passages

alphabeta49 • 2 points • 15 November, 2016 11:03 PM

I'm a mod at redpillfatherhood, I have a 4 year old and a 2 year old. Your comment

describes exactly why I'm not divorced. Yet.

For me, having kids throws a wrench in the works of the red pill improvement path. I cannot truly give no fucks, because I always have to consider the well being of two little ones who are dependent on my support, financial and emotional.

But that's me. My wife is a good woman, and I've done enough improvement to see a future with plenty of happiness. I can completely understand how another man with a less-than-amazing woman would be *better off* divorcing than sticking around for the kids. The whole "better to have happy separated parents than miserable married parents".

Again, to each their own.

Side note: I think this conversation is an important one. As the manosphere carves its ideology out of the collective experiences of its patrons, issues like this are enthusiastically welcome. I'm glad there's so much interest.

I mentioned it in the hope that it would wake up some guy who may be contemplating driving his (and his kids' and wife's) life over a cliff because he hasn't made MarriedRedPill work for him, yet.

I'm that "some guy", so truly, thanks for that comment. I've weighed out the consequences of cliff diving and decided to hold off until a better time. I'm not prepared financially, and my kids aren't old enough (not sure if I'm going to wait until they're 18 though). I appreciate your perspective. I'm wondering if your dad's situation is projection at all. Has he verbally told you he regrets his choices? Either way, there's enough anecdotal evidence on both sides of the aisle to call it a wash. But that great unknown - will I regret it? - is the only thing that gives me pause.

ex_addict_bro • 2 points • 15 November, 2016 10:31 AM

u/GargantuaBlarg29 : "He is not required nor encouraged to ...stick around **no matter what** because he had kids. " I get it that TRP skills are amoral and therefore his comment is not out of bounds here. It seems preposterous and monstrous to me, though. I wonder what the dads on /r/marriedredpill think?

The key is "no matter what".

I don't think that you're obligated to fuck up your own life no matter what because you have kids.

I told my kids numerous times. I needed to get out and regroup or else I would be a crazy and sick person now. Or dead (that's the part I'm not telling them). And if they hate me for that, now or in the future, that's all right, because I can handle their hate and that's okay by me.

Yes, they're left with one parent who's probably sick in the head. Maybe she will recover. But - they have another parent, who's recovering. That's me.

For me, it sounds like a deal. When you're in an airplane, you put the oxygen mask yourself first.

I like learning about TRP; but is this a school for sociopaths?

"The Nine Laws" by Throne. What's wrong with sociopathy, man. As long as it allows me

to reach my goals, what's wrong with that?

I know that moralizing and shaming comments are not allowed; however, if /u/Countpudyoola can talk about sociopaths not owning their shit, dumping women and blaming the women, is that shaming and moralizing? If /u/Countpudyoola can say it's sociopathic to dump a woman and then blame her for your shit, can I say it?

I think that deep inside you're hurt and your looking for compassion. Guess what, the world does NOT care. Get a shrink, get a good counselor, leave mods alone. Count and others laid enough concrete base in the past, so we both can improve upon that.

You don't want sociopathy in your red pill implementation, you don't do it. It's that simple.

For the record, the comment about my father being lonely in his old age was painful to write because I love him. I visit when I can, but he's lonely and sad.

That was his conscious choice as an adult human being. I think you could use some help from Adult Children of Alcoholics or similar groups (do they have Adult Children of Divorced in where you live?)

If I could save one guy from doing something horrible to his wife and children

You're codependent, man.

You pedestalize women. Like she did nothing wrong. If she did nothing wrong, why the hell did he left. Why did he HAD to choose.

"[NOT] OWN[ING] YOUR SHIT. It is no coincidence it's the first place we encourage newbs to post progress.

If you state that your father did not owned his shit, it means that you are not owning yours. And especially in this situation, it's father-like-a-son, no biggie.

How does that recent stickied post by /u/Countpudyoola square with the comment below from /u/GargantuaBlarg29 that counsels giving up when children are involved? Not my idea of manhood.

You aren't in GargantuaBlarg29 shoes and neither am I.

I'd read his posts and get every single valuable thing you see there and can use for your own good... or use "block user" option. Really.

It is really easy to judge.

Persaeus • 0 points • 15 November, 2016 12:47 PM

And if they hate me for that, now or in the future, that's all right, because I can handle their hate and that's okay by me

keep being the rock bro. i hated my dad for a year too, then I loved him again. i respect him and his decisions ever more now

[deleted] • 2 points • 15 November, 2016 05:01 PM*

Branching off your story of a changed mindset. My wife's father, right about the time the wife and I got married and the FIL's son was of age, divorced. Blue pill me went nuts. To quote: "The disrespect he's showing at a time when I'm entering

a marriage with his daughter is staggering." My MIL is such a nice woman too. But she's BORING. She NAGS. And as much as I don't like to think about them banging, they very likely didnt.

And about 5 years later, the time I found NMMNG and TRP, with a wife who I was beginning to resent (due to my failures), I could actually look at his situation and give him credit for sticking around and taking care of his kids, but ultimately doing what he wanted to do. Edit: and what did he get from the world for the extra years he stuck around? An eventual head nod from me, and kids who didn't understand and we're angry with him anyway).

So not to harp on it /u/McLuhanSaidItFirst, because the flaired have eloquently said what's needs to be said in the most clear and level way as possible, I have seen both sides of the coin. I know *why* the father can become hated, vilified, etc. And I know also *why* he did it, and that it's not a black and white decision, and how with a solid MAP, he can even be *right* for doing so...even without sticking it out til the kids are 18.

ex_addict_bro • 1 point • 15 November, 2016 10:40 AM

I just saw your post history.

You spend time giving advice to red pill women.

You're codependent as fuck. Get help if you want to improve.

Are you male? Don't post there. Are you female? Don't post here, stop concern trolling.

[deleted] • 1 point • 15 November, 2016 04:17 PM

Hmm. I feel like I should make some demonic wail as if summoned from a pentagram with all the mentions.

There are things that are being true to yourself and goals and things that are reactionary to the selective way we choose to view the world.

I'm for self honesty. I'm for balance. I definitely don't think blaming others for how one reacts and feels is a good base for building who they are and what they want to be.

Me, personally? I feel like bailing on children when you can spend extra effort to try to right a ship you chose to get on is a failure on some intrinsic level that projects negative baggage right onto the next generation.

But in no way do I feel like some situations don't warrant it. I also think everyone has to pick their own path. If someone takes the time to try, change, make a map, live up to their oaths taken or implied through bringing a life into this world and then is met with nothing? There are worse things than having parents who love you but live separately.

Total bail? See you next lifetime? While I can't imagine a scenario where that makes sense to me in my world...I'm not going to assume the situations don't exist, but like math I like to hope that averages out to such a small percentage that it's not statistically worth dwelling on or catering to. Again, this is my own perception and bias.

I really don't read into /u/GargantuaBlarg29 that he feels any different so what am I missing?

IMO taking any DGAF to the extreme equates a disconnect from being human. I happen to encourage less giving of fucks because most of the time we give too many. Entirely too many. So many that one could strive for giving none and there never be the actual possibility of them reaching...absolute zero of fucks.

And I love irony: I actually haven't been around a lot, because really, my give a fuck o-meter was so low and practiced that it caused problems and started dismantling what I had fought so hard to work for improving and keeping. I got unbalanced. My wife so much as sniffed in the wrong direction or disagree and I was using every excuse to go. >I< brought us back to a main event, and now from the other side. And I had to ask myself if the direction I was going in was fitting my map or just lazy. Some harsh introspection on myself indicated I was choosing an easy path I didn't really want the outcome of.

/Side bar One theory of why so many dentists commit suicide is because they are always seeing people at their worst. They are leery of what they are going to be told. An overall cloud of problems. The dentist still helps, still wants to help, but if he doesn't step away from all the river of problems he'll get caught up in it and start having it carry him away.

I think, the mods, vets and regulars here are taking on a big chunk of problems in the spirit of trying to pay it forward and help others. Hopefully they are also stepping out and shaking it off every once in a while in order to not get caught up.

end sidebar/

In the end, I'll never know how much of a situation I really know about without being in that dude's shoes. We're here to help men and usually in turn that helps their family...usually. I may discourage outcomes if I get a whiff from that person that it doesn't appear to fit what they are aiming for and usually that involves things like not ditching their kids or marriage that they fucked up. I'm essentially speaking to the flavor of >me's< that are here (no special snowflakes) sometimes. And in those moments...I'm really going off subject sometimes with regards to rp. And the world is RIFE with people who have no concept of personal responsibility or ownership with regards to how they behave.

RP is a tool. As moral as $2+2=4$ or that if you push a ball downhill it rolls.

You can use it for any purpose, we're just here to make sure you know how and why it works. And then we'll give our opinions on the finer points. And we can all jaw on with how you should use a hammer, and disagree why or when, but no one is going to disagree: IT'S A HAMMER. Only so much needs to be said on how to hold it or what it's made out of so that's where we get into the grey areas.

In the end we all have to live with ourselves, no matter how we choose to use it.

I think a lot of confusion comes from trying to compartmentalize all of the new information of what is reality with what is a SHOULD or AUGHT.

u/GargantuaBlarg29 may have stuck some negative chords with you in light of your upbringing. But try to separate the men from the message and audience. GB preaches a lot of strength. There's a lot of pussified men out there needing an injection of fortitude. I find people in the midst of being driven inspiring. GB: "The second you walk your own path, the second you don't care what path anyone else takes, is the same second the world opens up to you." I totally agree with the paradox of giving no fucks. Time and again I have gained what I wanted because I genuinely didn't care that I got it. The secret it it controls YOU and your ability to project power onto another who holds the want. So what's true

vs. what you do with it are up to you. Some people need a little nudge, some need a lot.

You say:

I am positive that these principles will resurrect marriages, because I tried them in my own but gave up because I didn't have this resource, didn't know that I was on the right track. To the extent that I used these principles when I stumbled on to them, they worked like magic.

I'd stop there, you then focus on GB as "doing something horrible to his wife and children". If I get my wife to shake her mindset, by giving absolutely no fucks about divorce, she feels it....and then we finally meet somewhere that works for us both, does that make the pain evil? Sometimes the ends justify the means if the pain of the mean is outweighed by the pain of the negative future.

Tools from methods. TAKE what works and what fits. Experiment. Decide what you want. Engage internet strangers if you want. Disengage if it affects you negatively. Make sure to separate people from projections. Sometimes we have to wrap ourselves up in a cocoon of ngf's so we can have time to heal and come out better. Disagree with someone here? Why? Try to dissect that in order to learn. Did they make you think? Do they have points that if you take out some personalized style resonate with you?

TL/DR: I guess I'm saying don't throw the baby out with bathwater. Don't get caught up in what you disagree with and focus on what works for you. I really feel sorry for any kid whose dad abandons them and >from a personal non-rp societal standpoint< wish for future stability over current peace. But I have no place to choose who gets the short straw. I hope in every instance when it's in the man's control to make a good life for his kids he always picks that choice. BUT. Some situations are not salvageable, either through others unwillingness or the limits of a man's abilities. Not everyone here can be a cad. Not everyone here should be. Not everyone wants to be. (Note: am always and will be a big vicarious fan of cad or his current persona). Same for GB, same for you. No one HERE needs "saving" from RP advice. They may need instruction on how to use it for their own map, but other than that... they're all good tools. Maybe once you're in a good place you could help balance by helping guys who have forgot how to give fucks...give enough to not succumb to apathy?

I'm ramblin: It's a big ocean with a lot of ships in it. Find a calm patch and start from there. Help others who see the world through the same lens as you and speaks your same language. I'll descend now back into the aether....

Persaeus • 1 point • 15 November, 2016 12:44 PM

Dude from divorced parents here (age 11). Sorry to hear it sucked for you and your bro; but understand this is more a result of just having shitty people as parents.

My dad was a serial cheater for several valid and several weak reasons. Mom kicked him to the curb. However, both were good parents and in the end it was better for everyone involved.

You sound deeply wounded to this date; and now you're projecting onto other men. Get help and own your shit.

[deleted] • 1 point • 14 November, 2016 10:52 PM

You created lives, you are responsible to them

Not sure TFA means you are stuck no matter what. I don't know your parents' situation but if your dad improved and your mom just wasn't following...he has the right to let her go. He is not required nor encouraged to fall on his sword and stick around no matter what because he had kids. The caveat is that he improved and lead her to enough doors to realize the fault was not on him anymore, it was her that just wouldn't follow.

He's old and lonely

And if you get any kind of karma or feel good off this thought (and my money is that you do) then let it go.

ex_addict_bro • 1 point • 15 November, 2016 10:21 AM

Hey man, as a divorced guy with kids, I'm interested in hearing more of your story so I'll know what to avoid. I am preparing myself to hear how lousy dad I was, how lousy person I was and all that stuff, but in general, I want to take care of the REAL shit, like the shit you mention. Like money and logistics and stuff.

Left us with a woman who had a personality disorder.

Check.

Poverty.

Owned for now. Giving her 1/3 of my post-tax income and still buying kids some shit from time to time. I'm extremely sensible about this, perhaps even too sensible, because of my own experience of living in a form of poverty.

Multiple moves.

Owned for now. Left the kids where they are now. I had a lot of grief and planned to kick her ass of the co-owned flat, but every time I tried to arrange meeting with my lawyer, every single time I thought about my kids. OK, I will kick her out WITH THEM and what's next. Where are they going to live. She has proven numerous times she's a lousy decision maker. I will hurt my kids if I do that.

So, for now, they never moved.

The judge gave us each the choice but he was such a prick none of us wanted to go with him.

I am getting ready to support my kids as the law says, until they're 25. I am preparing myself to live with my sons if they're old enough, maybe 14, maybe 16 yo.

As it turned out, I should have gone with him but I had gotten so accustomed to him pushing me away and putting me down, it never entered my mind.

You sound victim here. I'm not here to judge if and how much were you hurt, but this is MRP. Byron Katie's The Work (thework.com) helps with such mindset. I've read her book, she once made a holocaust survivor drop his victim mindset, so this shit is really powerful.

IASGame • 0 points • 15 November, 2016 08:28 AM

It is possible to bail on a wife that is unsatisfying without bailing on the kids.

Your dad apparently did both.

McLuhanSaidItFirst • 2 points • 15 November, 2016 09:46 AM

/u/IASGame : "It is possible to bail on a wife that is unsatisfying without bailing on the kids."

/u/IASGame : I disagree. Breaking up the family because the *man* is *unhaaaaappy* with her has a super negative effect on the wife, which deprives the kids of the best level of effective parenting from her. There's no way sharing parenting from two different places is as good as a secure home life with a mother and father who visibly love and partner with each other and model commitment. It creates chaos and insecurity for the children when the family home is broken. They're called homewreckers for a reason. Maybe there are some guys who screw it up less than others, but it's never (as far as I have ever seen) anywhere near as good as making it work and succeeding at the marriage commitment. The feeling of being held in a trustworthy safe place (physically and emotionally) by a mother and a father is irreplaceable. Kids need the freedom to just be kids and spend their physical and emotional energy on developing their own lives, not having to cope with the logistical and emotional fallout of their parents' failure to create a stable home.

"/u/Countpudyoola doesn't leave a lot of wiggle room between sociopaths who desert and won't own their shit and men who work as hard as possible to save their marriage."

IASGame • 0 points • 15 November, 2016 11:20 AM

I don't think a man has any obligation of sacrificing his own happiness for the sake of anyone else. Even his own kids. What do you think of the concept of a man having himself as his Mental Point of Origin?

Furthermore, a man that sacrifices his happiness for his wife or for his kids is probably doing a disservice to them and to himself in the long run.

You say the unhappy man leaves and that has a super negative effect on the wife, which deprives the kids of the best level of parenting from her.

I'm considering a situation where the man stays, and that has a super negative effect on the man, which deprives the kids of the best level of parenting from him.

In your case, your dad didn't even provide parenting. That is different. Your traumatic experience is affecting your objective view of things, you are almost defaulting on the BP view that the woman is always right.

spexer[S] • 2 points • 14 November, 2016 06:06 PM

thanks. strong guidance.

PurpleVeteran • 4 points • 14 November, 2016 06:28 PM

If you have lost all attraction and connection, then the only thing left in your marriage is obligation -- does she offer enough value to you to offset the costs and rewards of divorce? This seems like a utilitarian way to plot your future, but if you truly DNGAF, then it should be a straightforward decision. Surely you can find plenty of RP hero stories on life after marriage, if you need encouragement.

But there are folks like TFA and SPT who find enough reason to stay with their wives. My wife still brings plenty of value and companionship to my life, even after the pill. Hell, I still actually *love* her (heresy, I know). Could I do better? Probably, but my life is very good and I've put a lot of work to get where I am.

So, is the problem here hers or yours? Is she dragging you down, or do you just not care to lead? Because

if you would prefer to cash in your new SMV for some easy, younger plates, or trade your wife for a more submissive LTR, then go for it.

What I'm asking is, how many fucks do you really give?

[deleted] • 0 points • 15 November, 2016 12:17 PM

Two things:

If you have lost all attraction and connection, then the only thing left in your marriage is obligation

What are your thoughts on losing attraction and connection, but still seeing *potential*. It's almost a cover-all-your-bases potential because the thought process is: "well I haven't improved enough and lead her to all the doors to join my fun life...so in essence she hasn't shown that she's *not* willing to improve *yet*". As I've said in past posts my wife is almost *too* submissive...there's no fire there for life, adventure, anything. But I haven't done a good enough job yet leading her into my fun life. So the potential is still there.

This seems like a utilitarian way to plot your future,

Is this not the most logical path though? NGAF I always took as opening your mind fully to leaving being a possibility...not fearing that path anymore. But did not take it as far as NGAF whether you've done everything you could first.

PurpleVeteran • 2 points • 15 November, 2016 05:33 PM

What are your thoughts on losing attraction and connection, but still seeing potential.

I should have put a big disclaimer that guys early in their MAP should avoid nuking their marriage while they are still stuck in the anger phase or before she's had a chance to recognize and catch up to your improvements. Of course, most of the folks who come asking these type of questions ("I've lifted for 3 months, but my wife is still fat" or "I hit dread level 9 yesterday and DNGAF, but she's still a bitch to me") aren't really as far along as they think.

But as for potential, absolutely... don't drop her before giving her a chance to catch up to your improvements. If it takes you months to achieve your initial goals for fitness, diet, finances, etc, you still need to invite her into your frame and give her time to make improvements. It's *your* wife, so you know best what she has to offer and whether she's making progress.

Is this not the most logical path though?

While lots of the advice offered on RP is based on game theory and evolutionary biology, we're still talking about people here. It's frequently said that RP is amoral, but these are people's lives. If you literally don't care for her at all, and no longer give a fuck about what happens to her or your family, then you're probably so alpha (or dark triad) that you don't need our validation anyway. But if you *are* here asking for advice or support, then it's more likely that you're going Red Pill Rambo and just nuking things left and right in a fit of self-righteous pique.

The men who come here have needs for companionship and respect that are currently unmet. They find stories from MRP contributors whose wives are/were resentful harpies or black holes of validation, that exist only to please themselves. But we also have members who get real value from their wives, and not just because she cleans, raises the kids, or spreads her legs. These men actually care about their wives, and even if they decide that divorce is the best option, would still feel the loss in their lives.

opening your mind fully to leaving being a possibility...not fearing that path anymore.

Absolutely. You need to get to the point where you see the consequences of each path, but if you ignore the emotional impact of your decision on your wife or family, then you're no better than Red Pill Rambo. If she's an emotional drain on you, then leaving is a healthy choice, but if she's a decent person that you're just no longer attracted to, then why shit on her as part of your improvement process?

[deleted] • 1 point • 14 November, 2016 05:51 PM

Well, you don't *need* to do fuck all. I'd wager this is a good time to start objectively assessing her potential. Iron rule #7 gains some impressive depth once you get to the point OP discusses.

https://www.reddit.com/r/TheRedPill/comments/5cn64q/you_owe_women_you_just_met_absolutely_nothing/

I found this one particularly enlightening to dealing with the 'lag' between a complacent woman, and a generous high value man offering commitment while she hobbles back up to par.

[deleted] • 3 points • 14 November, 2016 05:57 PM

You're right in the verbiage, it isn't a **need** as much as my personal opinion on how guys should look at it. Life is short, if a dude gets awesome and his chick wants to mope behind, fucking move forward.

I feel there is potential in these women and if the dude wants her then there's a chance. But like I said elsewhere, it shouldn't take much effort for her to begin to follow suit.

Once a dude starts working out, his wife should begin to do so as well, or at least begin showing interest in improving her physique.

[deleted] • 2 points • 14 November, 2016 06:35 PM

or learning to suck dick like a vacuum. Most guys i've talked to said fat women are the best at it, some kind of mate retention strategy

[deleted] • 7 points • 14 November, 2016 06:36 PM

Their strongest muscle is their mouth

ex_addict_bro • 2 points • 15 November, 2016 10:13 AM

"Remember, nobody's going to suck your dick like another man" -- a bisexual friend of one of my friends, who probably did something with that guy. True story.

drty_pr • 1 point • 14 November, 2016 10:46 PM

Most guys you've talked to ah...

alphabet49 • 14 points • 14 November, 2016 05:57 PM

TFA missed the point.

It sounds like you're saying that, even when we get things all dialed in, we're improving, she's following and the sex life is rocking - or could rock, if we cared enough to invest in it... that we can realize that it's not what we want anymore.

I'm at this crossroads, or perhaps a little past it. In my experience it's just a *choice*, neither right nor wrong.

If you want to, you could *choose* to believe that marriage is the highest achievement of a fully realized man, that

anything else is disgracefully taking the easy way out.

Or you could *choose* to accept that as a man you are not designed to stay with only one woman, that freedom and ultimately autonomy is the best path.

Now that you know how to play the game, you get to *choose* what character you are.

Ironical, isn't it? How the better we become, the less we want to be married. Sort of a catch 22 for MRPer's. That's why it becomes a *choice* to stay married. It's not longer the obvious default or our unfortunate reality.

EVERYTHING is up in the air, and marriage can appear to hold you back if you *choose* to think that way.

I'm personally choosing to go down the divorce/freedom road, but only after I get things settled financially and pick the least-damaging time for the kids. It might be years from now, but I already know I've checked out. It's RP business as usual until then, building my career, savings account, confidence, muscles, etc. I've realized that as hard as my wife works to keep me, I'm just not as interested as I am in having my freedom.

Aaren_Augustine • 3 points • 14 November, 2016 06:11 PM

Would there have been something she could have done to keep you? Or is it just a reminder of a beta past the harder she tries and the less you try...or more about a future you want that you know marriage can't fit into?

Very interesting response either way.

alphabet49 • 5 points • 14 November, 2016 07:43 PM

There was one and only one time when I was COMPLETELY content being married. I had my game buttoned down tight, I was on a life high, really not investing much into the relationship at all (DNGAF works). She had a really randy ovulation, so we had sex six days out of 7, mostly her initiation. I thought, I could live with this.

The reason I am where I am right now is twofold.

First, when we started dating, I was squarely in the blue pill box. She very obviously saw me that way. Thanks to some insecurity on her part, I can't go full alpha like I want to. There will always be resistance because she hates change and has resisted my change every step of the way. It's the reason "Don't Root Through Garbage" is true, and why TRP advocates for starting fresh rather than trying to convince an old girlfriend that you're so alpha now.

Second is what you mentioned. What I want, the way I visualize my ideal life, doesn't include marriage. Plain and simple. It was a huge weight off my shoulders when I admitted that to myself.

My only problem is that now we have two kids together. It adds a whole dimension of difficulty. Marriage can be undone. Conception cannot.

[deleted] 14 November, 2016 10:52 PM

[deleted]

drty_pr • 2 points • 15 November, 2016 12:03 AM

One of the truest principles of MRP

MindfulStoic • 8 points • 14 November, 2016 05:46 PM

Man, this post hit home for me.

I'm putting in all this effort to self improve (diet/exercise, spiritual growth, learn new hobbies/skills, etc.). She goes to work and comes home to drink wine, play on her phone and talk about how tired she is.

Turns me off to her.

[deleted] • 3 points • 14 November, 2016 09:36 PM

If that's really how it's going, chances are you've got a lot more work to do. Or she's just that way. Before you say it's the latter, are you really so awesome and she's just worthless?

MindfulStoic • 3 points • 14 November, 2016 10:05 PM

I was bitching in that post, but truthfully I have a lot of work to do. I have not lead her consistently for long enough to bitch like this. It's on me.

She hasn't shown herself to be completely worthless yet, so that's not fair of me. I am fucking awesome, just probably haven't been awesome for long enough to make these complaints.

[deleted] • 1 point • 15 November, 2016 05:36 PM

I'm with you. I could have written your same response about 9 months ago. Lately I've been shocked just how much value she's bringing. Keep trudging.

InChargeMan • 5 points • 14 November, 2016 07:58 PM

Sometimes I find that the IDGAF attitude bleeds over as anger, preventing me from practicing a significant amount of game if there is any resistance. i.e. soft no shouldn't be taken at face value, but, sometimes it is an instant turn-off, where I'll default to "fuck you, I've got better shit to do" mode.

I'm trying to improve that.

[deleted] • 4 points • 14 November, 2016 10:29 PM

I get what you're saying. Wife shit tested me the other night while we were having sex. I don't remember what she said but it really pissed me off. I almost walked away and slept in the basement. But I just pounded her hard to "punish" her. Better than hitting her and she was satisfied too. She cuddled up close and apologized. Amazing what STFU and sticking to my plan can do.

RuleZeroDAD • 7 points • 14 November, 2016 06:36 PM*

A man has to desire to improve himself for his own sake.

I've asked this before rhetorically, but can a man be happy without validation from some source? Internal or external? Someday I'll write about it, but it might be a book.

It seems that the plateauing effect combined with the perception "lag" from one's SO gives great consternation, because of the unknowns. First, a man perceives (and probably overstates to some degree) his changes in real time. Second, his SO, a reflection of him with feelz-fueled memory of every small thing he's ever done to cause her or her children pain, has confirmation bias that skews toward NOT trusting these changes as real or permanent.

So it all boils down to value and patience.

Does the man give his very best to provide value to his SO (and children if applicable)? Does he truly NGAF about getting value in return? Does his SO give value back out of genuine desire and not fear or coercion? Is the value given enough to satisfy the man and help his "happiness?" A man judges himself and answers these for himself.

Finally, how long is a man willing to wait on a sunk cost before he decides that the value he gets back at his best is unsatisfying? Again, every man is different, but I would posit that a naturally impulsive person will initiate divorce sooner.

If a man does his absolute best and is miserable with a woman, he can certainly be miserable alone. Hope

springs eternal that change will result in happiness, but Caveat Emptor.

ford_contour • 3 points • 15 November, 2016 01:46 AM

If a man does his absolute best and is miserable with a woman, he can certainly be miserable alone.

Yes.

This is the bit a lot of guys don't get when they're still improving.

I've seen guys in here saying "She's a shrew who ruins the mood everywhere she steps; but I'm working on me, to improve my marriage."

And I've seen guys, who thought "She keeps the house decently, brings in some extra money, mostly keeps the kids out of trouble, has a pretty tight body, and fucks in a casual but satisfying way...but she just hasn't given me exciting tingles lately. Maybe it's time to move on."

In the former case, all of the dudes friends are thinking the dude ought to give up sex rather than come home to that.

In the later case, the dudes friends probably fantasize about his lady. And they can look her on the eye, only because they have no idea what kinds of weird stuff she'll get up to in bed when asked, because she's a little bored too a lot of the time.

To any man here who has that second type of wife: she may or may not be your perfect destiny; buy try resetting your perspective - how is she as a short term fuck buddy? How is she as a room mate? How is she as a house keeper? How is she as a companion traveler?

Keeping an eye out for the perfect score may be dandy, but of you're not also fucking the perfectly good HB7 you share a bedroom with, you better believe someone else will be willing to. :D

RuleZeroDAD • 3 points • 15 November, 2016 03:26 AM

It's the self-awareness and truthfulness to say "I still kinda suck, maybe she doesn't suck so bad."

Persaeus • 0 points • 15 November, 2016 01:20 PM

I think you and FireTempered nail it. Presuming you did not marry batshit crazy, you're in know position to make the stay or go decision until you are completely centered in your own frame and killed the myriad "perfect woman" fantasies. For me, the hardest one to kill is "taking my woman fishing".

For me, stepping out last winter really proved the folly of:

Keeping an eye out for the perfect score may be dandy

Same shit, just different flavors.

Chump_No_More • 3 points • 14 November, 2016 05:43 PM

Good post.

I went went through exactly this and left my previous marriage... not because IDNGAF but because I embraced abundance and my real value.

When you live abundantly and respect your value, you become able to **objectively** and **dispassionately** evaluate the value your relationships return to you and cost benefit of maintaining those relationships.

Sometimes those relationships don't make the cut and ending them is in your enlightened self-interest. Even when it's you wife. 4 years ago I reached that decision point, trusted my gut, walked away and made an awesome life for myself.

Note that the key words are objective and dispassionate. This requires time and a thoughtful knowing of one's self. This is a mindset that can not be reached while still working through the stages of grieving or in a place of fear or anger, the emotional products of scarcity.

[deleted] 14 November, 2016 06:04 PM

[deleted]

drty_pr • 1 point • 15 November, 2016 12:06 AM

If I was Dana, I'd wait til he fought Khabib before I was too concerned.

BluepillProfessor • 3 points • 15 November, 2016 01:27 AM

My Book has the following paragraph in Chapter 3:

I've mentioned that Dread is especially dangerous for your marriage, and I want to clarify the two distinct dangers. First, it is dangerous because when you use Dread, you assume that your wife cares enough to be affected. You must be showing high value and leading her for a time period before you begin to implement very high levels of Dread, or else, she is likely to cheat on you, or simply leave because you will make her give up on the low value "you" before you show her the high value "you." The second reason Dread is dangerous is that YOU might give up. The point may come sooner, but it will certainly be tested when you are learning pickup artistry and how to approach and talk to pretty women. There is ALWAYS a test when a man begins to improve and become a better man, where he must decide between another woman who is showing interest and his wife, who has not shown interest for a very long time. Don't fail "The Test" by cheating because you will lose all the gains you have made and most likely your marriage as well. Your goal at those stages is to build a mentality of abundance, of being a "man in demand." Falling for the first woman who bats her eyes at you will be a big personal failure that rarely works out for the best. Work on your marriage first!

Aechzen • 1 point • 17 November, 2016 04:52 AM*

Have the book.

Read this passage at least twice before I moved on from it.

First, the advice came too late for me to take it. I was already having sex outside my marriage before I found this place.

Second, I think taking action rather than just equivocating forever is better. I was having something of a midlife crisis, and I really needed to prove to myself that better sex was out there. Finding it and getting it really reset me, and convinced me I can stay and work on my marriage rather than live in existential panic that my life will never get better and the sex will always be both rare and meh.

That's a long-winded way of saying sex outside my marriage helped me strengthen my resolve to stay and try to save it. You can call that ex-post-facto hamster, but I don't think it's the end of the world to admit the sex sucks, and I sure don't think it's the end of the world to act on that knowledge.

Don't fail "The Test" by cheating because you will lose all the gains you have made

Not sure I agree. I'm stronger than when I started. I'm getting better at game. I'm working on me.

and most likely your marriage as well.

Completely possible, but I have been comfortable with that at least since a year ago when I read MMSLP and got comfortable that I can improve but it might not do anything to save my marriage. There were

problems for a long time before I was even willing to admit them. I'll do just fine if my marriage ends and I thank you and several other manosphere icons for helping me realize it.

I'm only up to the DL5 chapter in your book, and reading pre-requisites before I move forward, so maybe you justify this better as I get further in the book.

palaceposy6706 • 3 points • 15 November, 2016 02:53 AM

After the pill dissolves and you see women for how they really are, there is a loss of attraction as the mystery disappears. Too much time in the manosphere might turn you even more bitter, encouraging an even more pessimistic view of females. This hurts your natural attraction to them.

Oof, this hit home. This happened to me before my separation and divorce. Trouble was already well afoot, but it just made me lose all attraction for her, and really women in general. Still sexually attracted, but as far as putting in the work to build a relationship and 'bonding' with them? Feels like that old saying "play stupid games, win stupid prizes".

[deleted] • 2 points • 14 November, 2016 05:43 PM

When you realize you do not need something, at it is not a used up commodity, after a while it becomes
blah...

nicer car that you worked for with all the new toys... bla

its that kind of thing with her ... ya got what you wanted... and now... now you don't even care because you know you can go out and get another car. Maybe lease, maybe trade it in....

The one thing I would encourage you to do is find a way to let her become your muse again. Assuming that was even a thing...

At some point, you liked talking to her... you liked interacting with her... she brought a smile to your face.

Encourage (lead) her to make herself interesting again. Maybe she can.

spexer[S] • 3 points • 14 November, 2016 06:03 PM

The one thing I would encourage you to do is find a way to let her become your muse again.

Gong to put together a getaway with her. She is a great wife and mother to our kids. I am not done by any means.

But a lot of the effort, even in bedding her, is a mental challenge. It is like I am doing the duty sex now.
who would of thought?

[deleted] • 5 points • 14 November, 2016 06:07 PM

well in all honesty, she had the same problem when you were a schmuck.

ymmv

spexer[S] • 3 points • 14 November, 2016 06:46 PM

very true... now I know how it feels.

[deleted] • 3 points • 14 November, 2016 11:23 PM

Hypothetical ladder:

You were on level 1, and she was on level 2.

You moved to level 3.

Can she move to level 4? If not, Why not, you improved?

Could you then get to level 5, 6, 7 ?

Is this the essence of TFA's actions?

[deleted] • 1 point • 8 March, 2017 07:00 AM

Thank you for writing this.

ford_contour • 2 points • 15 November, 2016 12:19 AM

For me IDGAF was a phase I grew out of. Your mileage may vary.

I recommend not making any drastic relationship changes until you're feeling personally centered.

Put another way: just be sure you're hearing your own true inner voice, not just your own exasperation with the effort needed to change, before making irreversible changes.

spexer[S] • 1 point • 15 November, 2016 03:12 PM

good advice. when you feel rudderless it is not the time to get paddling. Taking my time on this one.

batfish55 • 2 points • 15 November, 2016 12:06 PM

I'm single now, but was LTR for a long time. Marriage was kind of on the horizon, but...long story.

While we were still honeymooning, she admitted she was curious about girls. After a while, I/we started looking for a third. We were still good, fun, etc, but the new car smell had worn off. But at this point, it was like we were a team hunting down unsuspecting (?) prey. It became a new thing for us to do. And for a while, we had a girlfriend. Her admitted impulse was to experiment (in an environment I made damn sure she didn't feel judged...except to be judged damn sexy), my impulse was to complete most guys' fantasy.

But it had an unexpected side effect: bringing a third person into the bedroom brought a *new* person, which brought back that new-car excitement. Made it new and fresh and exciting for a while. A long while.

Food for thought.

Addendum: What Went Wrong - The only real flaw was our choice. Our girlfriend was sweet, kinda quiet, but kind of adventurous. She had been in a very controlling relationship when I met her. The three of us began hanging out friendly-style when she broke up. When that happened, her schedule opened up wide, and we made our move. And it was great. And like any honeymoon phase, you try to spend as much time together as possible. But you just can't get together daily. So she made the most of her new freedom and went out....and was completely blown away by the attention young, hot, bangable chicks get in public. It didn't take long before she got attention-spoiled, went high maintenance, and we both kind of got tired of it.

[deleted] • 3 points • 14 November, 2016 05:15 PM

This is where I'm at now. My wife is actually great, I have nothing to complain about with her. She treats me great, sex whenever I want, makes me lunch, takes care of the house, and works building my business.

However I know I can get hotter women, but I don't want them? They are no real fun, just good looking. I'm kind of disillusioned with women in general, even my own mother, who is still talking shit about my dad and he's dead 3 years. The last thing he said on his deathbed to me (and he was NOT an emotional man) was "Tell your mother I loved her". The same dad who never did anything much wrong apart from going out once a week for beers with his buddies, and invited her on several occasions to no avail. I'm kinda MGTOW with the redpill self improvement at this stage.

The only woman I'm not disillusioned with so far is my 18 yo daughter, she is kick ass, owns her shit and does

her own thing. Probably the last bastion of oneitis. I have no answer for you.

spexer[S] • 2 points • 14 November, 2016 05:58 PM

Good to know I am not alone. I definitely have no desire to get into another relationship with another woman.

Plating could be fun, but I know it would just be escapism.

hot-breakfast • 1 point • 15 November, 2016 05:25 PM

My father is a saint. He is a constructive, benevolent, kind, and humorous influence in every life he touches. I have never heard him say a single negative thing about my mother. My mother is STILL trying to "fix" him after 40 years of marriage--and she is probably the best woman I've ever meet.

I have learned long ago that complete fulfillment does not lie in any single relationship. I do not believe complete fulfillment is possible in this life. There is only the climb.

[deleted] 14 November, 2016 07:58 PM*

[deleted]

[deleted] • 6 points • 14 November, 2016 10:32 PM

If it's working for you and you're happy, enjoy the ride dude. Just be warned that most girls will bend over backwards (and forwards and sideways and threeways) just to please a man while they're dating. That ring changes things

[deleted] 14 November, 2016 10:39 PM

[deleted]

gettingmymojoback • 4 points • 15 November, 2016 01:12 AM

My wife was the exact same way.....when dating, and for about a year after marriage.

Things are just now starting to come back around to that.....18 years later.

[deleted] 15 November, 2016 01:45 AM

[deleted]

gettingmymojoback • 5 points • 15 November, 2016 03:04 AM

I was basically the poster child for Alpha while dating turning to Beta after marriage.

When I first met my wife I was the definition of Alpha, 5'10, 180lbs, full six pack and ripped. I had a steady diet of 2-3 plates at a time, in fact I had met my wife because I was plating her best friend at the time. Worked as a DJ, and could not give less fucks.

All that changed with her, she was my unicorn. I swallowed the Disney fairytale hook, line and sinker. Gave up all the things that she was attracted to, thinking that I was doing what needed to be done to make her happy. Slowly devolved into a supplicating, needy, whiny, Beta bitch whose identity was tied to keeping her happy. The entire "happy wife, happy life BS". Oh ya, and I gained 60lbs of fat and stopped worrying about my appearance, I mean what did I need to worry about? I already had a wife that "loved me for me".

General advice I'd give to a younger me after swallowing the pill and working like a bastard to get back to that starting point, don't change a fucking thing. Stop trying to make her happy all the time. It's ok if she's pissed off sometimes, that's why she fucks so good. The emotions give

her the tingles.

Don't let yourself go. Keep lifting. No matter what. Keep your wardrobe up to date. Look good. Be attractive. Don't take her so serious. Have fun with her, and don't change the way you treat her because she's your wife now. The Blue Pill is a fucking lie.

It's not rocket science. I just needed a bunch of strangers on the internet to point out that all I needed to do was go back to the guy I was when I first met her, and she couldn't wait for a chance to try and steal me from her friend. Be that fucking guy.

man_in_the_world • 0 points • 15 November, 2016 03:18 AM

Read Deep Conversion.

weakandsensitive • 3 points • 14 November, 2016 08:59 PM

If you don't see any value in her - get rid of her. Simple.

But ask yourself whether you're actually just skirting responsibility, whether it's your failure to motivate and inspire.

[deleted] • 2 points • 14 November, 2016 07:09 PM

When Alexander saw the breadth of his domain, he wept for there were no more worlds to conquer.

I was thinking about this with my buddy. He's become insanely rich and successful. But his wife has definitely lagged behind. He doesn't know about red pill, but is a natural alpha. He left his wife for a while because she wasn't providing any value to his life. Then he went back because he wanted his kids to have a nuclear family. He kept some plates on the side just so he could fuck once in a while. And he threw his energy into ventures that he was genuinely interested in. Work, politics, business, kids, philanthropy etc.

He doesn't GAF about women in general and his mission is focused on what makes him fulfilled. Not happy, fulfilled.

I think about this in my own life. I've started focusing more on what truly makes me fulfilled. I'm happier. My wife is more relaxed and happy because I share my masculine energy with her. I stopped focusing so much on sex and try to cultivate value in my life.

Right now my wife provides a ton of value. But that may change and I may do MGTOW when my daughter is old enough. Or I may spin plates. But I won't stop looking for fulfillment.

Soberskipper • 1 point • 15 November, 2016 02:01 PM

Great post. This is exactly where I'm at right now. Nearly a year in, great rises in smv, Ltr finally started to mirror my actions at about 7 months and became submissive instead of always challenging my ideas etc. Family was functioning better, kids seem happier....but sex was still really dry sex from her. Everything is the bare minimum like a labourer at work who's getting paid less than minimum wage. But I plodded on. In August we come back off a holiday and since then she has kind of just shut down. No exercising, bad diet, shouting at the kids for stupid stuff. Meanwhile I've upped my gym programme and have been given more responsibility at work aiming for a payrise in the new year. I've slowed on initiating sex..coz she's overweight and is now a size 14-16. She was an 8-10 when we met. I can't help it but I literally hate fat women...and she knows this. I'm getting loads more attention from females in general and it kind of bruises your ego especially when you know you haven't seen a decent pair of tits in the flesh for nearly 8 years. But I will keep on plodding along focusing on my mission, which is to create an environment where my son can flourish into being a masculine man naturally. Thanks

spexer[S] • 1 point • 15 November, 2016 03:05 PM

focusing on my mission, which is to create an environment where my son can flourish into been a masculine man naturally.

This is a good reminder of the other missions in our life. thanks- I needed to be reminded of this.

Soberskipper • 1 point • 15 November, 2016 04:30 PM

Your welcome bruv. Sometimes it's easy to get wrapped up in our own missions and goals. We all do it.

[deleted] • 1 point • 14 November, 2016 07:01 PM

Really really pertinent post to my situation. I personally would add a point to your list that: now that I'm challenging myself in all aspects of my life to root out weakness, and I revel in the opportunity to pass a challenge, that the challenge of going out, overcoming approach anxiety, cold opening, gaming, and closing is much much more exciting to me than the "challenge" of gaming a complacent wife. So the IDGAF comes from the success with the wife not being exciting enough.

Of course I realize that this behavior is also a convenient buffer because gaming and flirting with a wife after being a beta for 10 years is game on hard mode...but there has to be some balance point between "I'll put more effort into gaming the wife" and "wow wife, you really are that complacent and won't change...time to move on". I don't know where it is yet so I continue to iterate and improve. But I did marry an introvert so I am very aware that the end result just may be "time to move on".

Red_Invictus • 1 point • 14 November, 2016 08:49 PM

Quick question on this - I subscribe to the view that our women are reflections of us. At the same time, I'm only responsible for my *own* actions.

Quick situation - I have been with my LTR for going on 5 years now, the first year I was reasonably alpha (early 20's lucked out a bit but was completely BP inside), 2-3 years before discovering TRP I let everything slide. I've been working my ass off for the past one year, and I find myself growing beyond impatient, thinking that she'll never change.

At what point do you stop giving a fuck if she picks herself up or not? At what point is it "still my fault" that she's been this way, or what if she was this way in the beginning (I was higher value, let myself go due to BP societal default conditioning, then found my way here).

Great post, in that it's given me a lot of food for thought.

spexer[S] • 3 points • 14 November, 2016 09:08 PM

If you look at my posts, you can see I am a strong believer that you take the responsibility for everything. However at some point, it comes down to who she is, and who she is willing to be.

For your situation, I definitely would not go from LTR to marriage. Perhaps up the dread some.

For my situation - my wife is amazing and does SO much for me and the family. She wants to please me, but does have a few quirks I do not like, is a little pissy in attitude at times, and has never been a passionate lover.

The IDGAF crossroads is not whether she is my ideal choice - it is whether I have still have the desire to put in the effort to make this work.

ford_contour • 3 points • 15 November, 2016 12:25 AM

You just described my wife during my own IDGAF phase.

Read Sex God Method, if you haven't yet. Reading it coincided, for me, with the realization that I could have whatever I want in bed, if I got my game in place (which I did).

Persaeus • 1 point • 15 November, 2016 01:07 PM

could have whatever I want in bed, if I got my game in place (which I did).

Have you already posted on this? If not, would like to hear more if you are so inclined.

Aaren_Augustine • 1 point • 15 November, 2016 01:25 PM

I'm with /u/Persaeus on this. Lots of posts about the IDGAF phase, or at least I'm in it and these comments really do stand out.

spexer[S] • 0 points • 15 November, 2016 03:12 PM

yeah, I skimmed it- I should give it another read. Really need to find an audio book version. Issue with my girl is that there is no destination to get back to - she has always been blase about sex. I can do most things with her (except anal), and she does things to make me happy - but there is something about getting a girl horny crazy that I just haven't ever had with her.

bogeyd6 • 0 points • 15 November, 2016 05:31 PM

Similar place myself almost a full year later went from starfish sex or worse and ended up at a place where she gets wet just from gaming her. SGM really solved a lot of the little sex problems we had and now it's more like what I envisioned it should have been.

[deleted] • 2 points • 14 November, 2016 10:35 PM

You gotta look at what value she adds to your life. Was she fat and lazy when you met her? Chances are she'll always be fat and lazy.

Personally, I think it's best to move on if your SMV is high enough. If you're still in your 20s don't stick to one chick

ex_addict_bro • 1 point • 15 November, 2016 10:06 AM

There is no way back to the matrix.

I'm reflecting recently a lot about my past life and the numbness of today's. Seeing women for what they are is one thing. Having better shit to do is another.

There is no getting back to the matrix for you man.

I wonder what the life will bring. Perhaps this is something I never experienced, I think. Perhaps this is living on a different level. A next level, so high that you ditch reddit and aren't available to comment on such posts like yours or comments like mine.

I'm going with the flow. Whatever life brings. I remember loosing attraction to video games some time ago. Then buying shit stopped being attractive. Now I have lost attraction to easy pussy. While doing that, I kept improving in my life, better relations with kids, less money spent, more work done, cleaner flat, more exercise.

Results? Last plate literally all I had to do was to text her to come to my place. Yes, I know, she has an agenda, I had fun with her, I am bored already.

That's just how things are.

Give the old lady some time to catch up but honestly I wouldn't expect too much from other people. Anyway it's your life. If you came here to get validation for cheating on her, well, I don't care what you do, it's yours.

Aaren_Augustine • 1 point • 15 November, 2016 12:05 PM

Having better shit to do is another.

MRP basically says make your mission your target; never women.

If we've solved our addictions. Solved getting pussy. Solved our childishness. What then? Go with the flow? No, fight against it. I know what I want to achieve. Idle, bored minds destroy everything for a fix, a simple rush that took little effort for quick gratification.

Grab a beer or Ivan the shit out of it and grab a pussy in under 60 minutes. Different act. Same mindset. Same high. Same chase for a quick rush with no great hunt in sight. And the numbness is still there awaiting your return.

Then there is the madness some of us must manage. I don't think it can go with the flow; too busy finding things to numb itself, but testing the furthest reaches as if an automatic response. Tortured artist have a knack for dying young because they didn't figure it out. Oh they reached their greatest height, sat back and let their ego enjoy the flow. That's when they get lost and the numbness took them.

Big_Daddy_PDX • 0 points • 16 November, 2016 10:58 PM

I was at that point and ended up cutting the cord. While I grew to understand the RP path, I also realized that when I chose my wife, I was a different person and so was she. I wanted it to work, but she could never get out of first gear. And alternatively, with her abusive family life, she gets triggered by dominant behavior. I knew it was over when the daily great sex and blowjobs and regular threesomes weren't enough.

To go back you have to want her. You have to want her as she is today, not as who she could be. You have to respect her and be proud of her. If you can't force yourself to do any of those things, then you have only one play to make.