

45 Days Later

October 26, 2016 | 67 upvotes | by [ReddJive](#)

So my sweet little 11 year old girl, full of smiles and braces, has become yet another angry child in the house. The first morning it started I was at the table having come home from the gym and a 12 hour shift at the jail. the 11 year old has flown into a rage over every thing, and I could hear her and her mom getting into it over everything. Ahhh the joys of pre-teens.

My youngest kids, boy and girl (7 and 6) came plodding down the hall.

Them: Jackie's (name changed) angry again.

I nodded

I could have decided then and there to wade in like a general on the battlefield. Separate the two and find out what was the cause. And like a good diplomat solve the situation and get the things moving again. That really wouldn't have solved anything but got me embroiled in the emotional turmoil going on. Like wrestling with a pig. Pig's happy, I'm dirty.

What would I be instead? The calm one. The rock. Against all the emotional storms raging around me I am the one unmoved. I sat there and engaged the littles. I asked about the day they were about to have, what they were looking forward to and some how got roped into promising to take them to a haunted house this weekend. All the while down the hall way a war was being waged. Yet things in Switzerland were fine.

Soon the wife came down the hall. Looking hot as fuck. Woke me up better than coffee. I sat back. She was angry as hell. I don't think I've ever seen that anger before. To be honest it was kind of hot.

Me: hey sexy.

Wife: Don't sexy me. What are you going to do about your daughter?

Me: She deserves a spanking.

Wife: You can't Spank an 11 year old. I can't believe your are being obtuse about this (obtuse is her favorite word).

Me: I wasn't talking about her.

And I reached out and smacked my wife's ass....hard.

She yelped. The littles laughed seeing their mom get spanked. The youngest daughter even remarked that "dad spanked you". As for the wife there was a mix of looks. Incredulous, shock, and yes...happiness. I shit you not a smile briefly crossed her face. It was like a reset, the anger was gone but she tried to pretend it was there. Never ceases to amaze that a smack on the ass can do that.

Wife: I can't believe you did that. Jackie is out of control and all you can think about is my ass.

Me: Pretty much. What else am I going to think about? It's a nice ass.

Wife: How about dealing with your daughter? She won't dress appropriately for the weather and refuses....

I raised my hand like a traffic cop and stopped her from talking.

Me: I'll take them to the bus. You go to work.

She tried to draw me in more with how Jackie can't be this way, what bill needs to be paid, basically giving me a list of shit to do. I sit there and make funny faces at the littles.

Wife shuffles off, no longer angry but certainly bratty. I like bratty girls.

I pack the littles up easily. Jackie is another story. I let her behavior happen parallel to me. What she said or did was not important. Like she was on the outside of the house and we were inside. I did set the standard with her. She was to be ready, eat breakfast, the car leaves on time.

She did none of it. Arguing with me the entire time, though I wasn't arguing. Other than maturity I was literally watching my wife in miniature form.

When time came to leave Jackie was still arguing, not dressed right, a piece of toast in her hand, three steps behind everyone else. The car was backing up when she appeared. The bus stop isn't far, but far enough to be a chore. The wife likes to do it and engages the other moms there. I had another plan.

Jackie runs to me as I am backing pulling out and drive away. I watch in the review as her angry little self stomps down the sidewalk. For you SJW out there the bus stop is 4 blocks, and straight down the road. And there are several other kids that are walking to the bus.

She eventually makes it. Humble, cold, I let her in the car to wait the last few minutes for the bus.

Her: I'm sorry dad.

Me: For what?

Her: I was mean to mom and you.

I look at her. She had been crying but there was still some defiance in her. I knew this wasn't over, she was more sad about not getting her way than truly sorry for what she had done, but now wasn't the time.

Me; You need to stop otherwise you are going to be in the cold a lot more often.

She nodded but not truly understanding other than her current feelings. That's fine. This is a long game. I've got time.

The bus came and left. I returned home. Sitting here I thought about what Epictetus said.

First say to yourself what you would be; and then do what you have to do

Epictetus is asking who would you be. What sort of man are you? If you are called to action do you have a plan? Do you have the ability to handle the situation you are about to get into? Are you prepared? I dare say all men are able to handle these situations, but we forget, we hide, and are ashamed to be the one unmoved by the events around us. The Blue Pill desire to appease takes over and we want to be liked, fucked, and happy. You want revenge or want someone to understand so deeply why they failed and why you are right, that you are willing to do anything to prove this.

Stop. Decide who you are. Does the rest of that matter? We forget that all those things are up to us. How we handle events and that we don't need to lower ourselves to that degrading level of validation. Life goes on and it is up to us to make that happen regardless of what goes on around us. Does the argument really matter?

Determine who you would be. MRP gives you that path to discover this. Decide this then do what you have to do.

Acting from emotion is fine. emotion is what gets you into action. Anger, fear, hunger, horny, all these things cause an energy surge of one sort or another and spur you to act. The problem lies when they guide you, take control, and become the only reason you act or think.

Your actions should be measured. Energized by emotion but not guided nor clouded by them. When her emotional storms rage it is not your decision but it is yours to decide how you deal with it. I am repeating MRP teaching but it is important to remember it is a subtle difference.

She can rage all day about one thing or the other. Though you must listen for the underpinning causes of

this storm, your action is still the same. Don't deal with emotion, they are merely signs of something greater. She needs to be fucked, comforted, or to know that you are in charge of everything. You need to show her you are. That you are indeed in control and master of not only of the ship, but of yourself.

Seneca gives the best advice, perhaps boils MRP down to one simple sentence.

| | Step back some distance and laugh.

Later that afternoon kids came home happy and bright. Though Jackie still had (and does have) moments, they are containable and a lot less explosive as that first one. It's a process.

That night I had sex with a very bratty girl.

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Comments

UEMcGill • 12 points • 26 October, 2016 06:04 PM

As a caution to guys just stretching their legs beware of becoming the enforcer. In my house it's my call, but if my wife comes to me to unstir a pot of shit she stirred up, she's on her own.

Now there's times when I have to, as the first officer has endangered the mission. When I do it's painful to all. Hopefully this was a teaching moment to your wife also. What did your wife own out of this?

maxofreddit • 2 points • 26 October, 2016 06:36 PM

Would like to know this as well...it seems that often my wife is the one who's stirring the pot (as opposed to the kids), almost like it's her default setting.

ReddJive • 1 point • 26 October, 2016 07:15 PM

Through your actions you have to demonstrate your ability to calm any situation. Once she sees this she will come to you and ask what she is doing wrong. Even if she doesn't believe you she will start mimicing you. It takes time. you can't rush this and just dive in telling her you will show her how it's done. Just do it. She will notice.

There have been other moments where the wife has told me she did things she heard me say or do. She'll come up and tell me about this co-worker and she did what I was telling her I did with an employee of mine.

Give it time. It will happen. Wait for your moment.

maxofreddit • 2 points • 26 October, 2016 07:23 PM

I feel you...I've noticed that she's starting to take that approach with the kids more often now. For example - I tend to get the kids moving (like off to school) through fun instead of yelling. She's still got that default setting of yell first, but I see her at least try to throw in a joke, or a little fun more often.

Funny enough, when I first met my mother-in-law, she actually said out loud to me, with the wife present, "Wow, you're the only one I've seen that knows how to handle her." Over the years, I've had to remind myself that it's THAT guy that I truly am, not something else that society/feminism/my wife's fits wants me to be.

Thanks again for the post ;)

ReddJive • 2 points • 26 October, 2016 07:08 PM*

Funny you asked.

She did come to me later and ask me what I did.

The discussion took some time. her ego is strong. After our talk She understood that engaging in the argument only flared it more.

Tit for tat as it were.

She doesn't understand why I won't make our daughter admit to being wrong. She did admits I am right that exacting a pound of flesh isn't the thing to do but her desire gets the best of her at times and a firefiight ensues. I don't often step in, but I when i do it means the trains weren't going to run on time.

But the blow ups have lessened. I don't step in very often.

drty_pr • 2 points • 26 October, 2016 08:28 PM

Your daughter won't admit she is wrong, your wife won't admit she is wrong, because women don't admit when they are wrong. Lol.

Awesome post though man. Needed this after this morning. I swear to god, clothing appropriate to the weather is beyond taxing when your 5 year old boy only wears shorts! There was fuckin frost on the ground!

Need to get on top of this situation. Really the only time I ever lose any frame. Wife is no better though. To have a child who is picky about clothes is real tough.

[deleted] 27 October, 2016 03:54 AM*

[permanently deleted]

drty_pr • 2 points • 27 October, 2016 03:53 PM

It's an issue with the school now. The teacher has informed us that pants are now a must. We let it ride as long as we could. I figured he would get too cold and decide to wear pants. Negative. We have elected to let him wear pajama pants to school now. Lol

Persaeus • 2 points • 28 October, 2016 12:37 PM

I have a friend that has kid with same tactile issues. They have found it is a vitamin B deficiency. She takes vitamin B injections and it has been a wonder drug. I will get some more information, and PM you next week.

ReddJive • 2 points • 27 October, 2016 11:16 AM

They will admit it through thier behavior. For some stupid reason women won't come out and say it. But when they know they are wrong they will change thier behavior and hamster is something else totally different.

A truly repentant woman will say your're right, then do what you recommended or said to do....but never openly admit she is wrong.

It's fucked up...but...that's the game.

drty_pr • 1 point • 27 October, 2016 03:55 PM

Mine changes the subject to something more pleasant. Thats her way of saying she was wrong.

[deleted] • 1 point • 28 October, 2016 01:49 PM

It's how I think of it, as an extention of 'don't listen to what they say, watch what they do'

If you're getting them to do what you want, why the fuck do you care what they say?

drty_pr • 1 point • 28 October, 2016 07:19 PM

"don't listen to what they say, watch what they do" is making so much sense. Not only in my wife, but all women in general.

[deleted] • 2 points • 28 October, 2016 07:27 PM

It's a nuance that a lot of people don't understand, glad to see you get it

[deleted] • 1 point • 27 October, 2016 12:41 PM

I cant tell you how many times my wife has needed bailing on a situation she created. Or needs someone (me) to push things over the finish line on something she started.

My general rule, as you said, is to let her solve her own problems. But, if its a matter of her needing me to take responsibility for an outcome or some kind of accountability issue then Ill do it

Persaeus • 7 points • 26 October, 2016 04:28 PM

Step back some distance and laugh.

Epic bro, nothing to add.

bogeyd6 • 3 points • 26 October, 2016 05:42 PM

| some how got roped into promising to take them to a haunted house this weekend.

Kids have an innate ability to break your frame. Nice job.

ReddJive • 3 points • 26 October, 2016 06:00 PM*

The littles are good at that.

We are talking about Halloween, what the neighbor kids are doing....next thing I know I am agreeing how fun it would be to go to that haunted house in town. Damn sneaky.

rpnw • 2 points • 26 October, 2016 10:26 PM*

This is pretty great.

Other then maturity I was literally watching my wife in miniature form.

So much truth here in both how kids pick up the worst of their parent's behavior leading us (as parents) to have to go the extra mile to train them in our good qualities, and also seeing your wife as the oldest teenager. Good stuff.

It was like a reset, the anger was gone but she tried to pretend it was there

"Listen to what she does..." My wife (who HATES when I smack dat ass) has the exact same reaction. It's almost the same as when someone tells a funny racial joke, but you are trying not to laugh because your friend who's mexican is there. You are trying to say, "Oh how shameful that joke is, bad form" buy your face is unfortunately communicating how hilarious you find it. Eventually once she gets in control of herself she'll say, "Stop it, I HATE that!", and turn around and smile. I've caught her in the mirror before.

Step back some distance and laugh.

Not to beat a dead horse, but this is one of the qualities that /u/thefamilyalpha 's wet dream Jocko calls detachment. Detachment is important for careful analysis of a situation, but also totally necessary in order to truly enjoy your life.

[deleted] • 1 point • 26 October, 2016 10:55 PM

Not to beat a dead horse, but this is one of the qualities that /u/thefamilyalpha 's wet dream Jocko calls detachment.

Lol

BadMoles • 2 points • 27 October, 2016 08:35 AM

Your post says you work at a Jail, I'm assuming as a guard - do you find that monitoring and dealing with prisoners is similar in many ways to dealing with adolescent children and therefore get to apply/practice your people management skills at work as well as at home? Just curious.

ReddJive • 2 points • 27 October, 2016 11:12 AM*

The only skill I find that has any use between them is my ability to calm a situation either by presence or word. There was a time I didn't see it this way. at work I could walk into a room and dissolve a situation. My reputation and my physical presence just has that effect. Years of work and cultivation.

When I got home I thought of that place as my refuge. Where I can relax and unwind. Well....I turned into a pussy there. The teachings here at MRP helped me deal with that. I am the same either place. The kids and wife are in utter turmoil and with a word or just walking in the argument or chaos is over.

I am my peace and I can project when and where I need to.

sven0341 • 2 points • 29 October, 2016 12:28 PM

I just found TRP and MRP tonight, and have been glued all night. I realize i've been doing it all wrong this whole time with my life at home. I felt like commenting on this, instead of lurking a little longer, because like you I am a supervisor at a jail and always felt like when i got home that was mm y yime to relax, unwind, and has turned me into a pussy in my own house. I hate how my house is run, and my relationship/sex life (or lack of) with my wife. I control our budget, but after after a night of making decisions that effect everyone's life at work i would try to push stuff onto her. Which naturally her answers were "i dont know" or "i dont care"....after reading here tonight i know now i should just be taking control of these situation and just making a decision in the first place. Her saying IDK or IDC is her natural way of puting it back on me. Today is going to be the first day of what will probably be a long hard road, but i think this i what i need, and it is definately who i want to me.

[deleted] • 3 points • 26 October, 2016 04:26 PM

Looks like you're enjoying the ride well done man.

maxofreddit • 1 point • 26 October, 2016 06:33 PM

The problem lies when they guide you, take control, and become the only reason you act or think.

This right here...man I'm so realizing this lately, emotions are fuel, and perhaps decide which way your going to steer the ship, but they are useless for making decisions in the moment.

Your actions should be measured. Energized by emotion but not guided nor clouded by them.

Solid post.

paulwalkr • 1 point • 26 October, 2016 09:42 PM

She nodded but not truly understanding other then her current feelings. That's fine. This is a long game. I've got time.

This post is full of gems, this was just one of them I liked.

crimson_chris • 1 point • 26 October, 2016 10:00 PM

|She needs to be fucked, comforted or know that you are in charge of everything.

Well said. Knowing the rules of the game makes it so much easier to play. It's still mind boggling how differently women and men communicate.

My goal is to be able to read my wife like I can read my 7yr old daughter. The game is different (comfort, discipline) but all communication is indirect.

[deleted] • 1 point • 27 October, 2016 02:16 AM

I enjoyed reading this. Two terms kept popping up in my mind as I read it. Maintaining Frame and Amused Mastery. Your behavior 100% encapsulates those concepts. I love the ass smack. It's one of my favorite tools in the toolkit. My wife knows I want to fuck her 24/7 so I can always use it as a way to shut off her hamstering.

ReddJive • 3 points • 27 October, 2016 11:24 AM

Fuck the tools.

She has a nice ass. I like smacking it

Boogy03 • 1 point • 26 October, 2016 05:09 PM

You have a way with words, no doubt 'bout that.

BobbyPeru • 1 point • 26 October, 2016 09:09 PM

Slapped her ass , and then the whole house knew who was in charge.

Nice

IASGame[] • 0 points • 26 October, 2016 05:51 PM

Well done. Not just on handling the kid, mostly on handling the mom, and not just the "on-screen" part displayed here, but also the "off-screen" part that ensured she let you handle the kid.

Many moms wouldn't have let their husbands teach the lesson, even if the dad knew what to do.

ReddJive • 2 points • 26 October, 2016 06:02 PM

Exactly. Then I would be dealing with the shit test of how she was late for work (or school) because she is the only one that can deal with the kids.

Took time and patience to get that mindset out of her.

[deleted] • 0 points • 27 October, 2016 12:11 AM

You dropped the mic and picked up the reigns. Nice one.

Be sure to let Jackie continue to feel the consequences of her choices. It will help prevent her making the wrong ones down the road when the stakes are much higher.