

My Dad Needs TRP badly...

February 27, 2016 | 6 upvotes | by [slick99999](#)

So in December, me and my dad went on a father son trip across country for a week, on which he ended up, unsolicitedly, spilling the beans about his marriage with my mother. Being TRP-ified myself, it wasn't all very shocking.

Basically my dad is a pussy beta and he doesn't know it. My Uncle (my dad's brother) is a single guy, always single, like Leonardo DiCaprio (pretty much same hair too...). He's the fun alpha bartender, loads of cash on him at all times. My dad on the other hand, as much as I love him, is boring as fuck. Saves every penny with Mom, does just about nothing exceptional bar one beach vacation a year (that Leo will join in on).

Dad starts going off about how he's just started realizing, now going back through his life, all of the inappropriate shit my mother has done, just shit she's said to him, and the way she's acted with my Uncle, we'll call him Leo.

Basically, Mom wants to be with Leo. Every year she dresses to the 9's when my uncle takes her out on her birthday dinner date. Dad says she NEVER puts that effort in for him. Another time, when she was hammered at a bar with friends (rare occasion for them, again, they're boring as hell) my mom wrapped her arm around Leo and started sensually kissing his cheek, while my Dad stood silently behind fuming, not saying anything.

He also recalled a time when my Mom was explaining to my Dad how her sister use to hit on her former boyfriend at the time, and how much that annoyed her. My Dad said he felt the same way about his ex-gf and Leo hitting on her. Instead of Mom feeling any sort of remorse, she immediately replies, "Well, why doesn't Leo hit on me?"

Best one: My parents had a summer party one time with friends and family. A friend of the family, we'll call him Chad, was there. Chads a tall, super muscular dude. Mom was playing 1on1 basketball with him in the driveway for an hour. Dad didn't think anything of it, just a bit annoyed. Later on after the party, Mom and Dad are knocking boots, Dad climaxes, pulls out, and Mom yells...."Ohhhh Chaddddd!".....this is a true story, ladies and gentleman.

I ask Dad, "?!?! Well, what the fuck did you say?!" to which he replied "I was in shock. I didn't know what to say." and Mom just played it off like it was nothing, "Oh that funny Chad guy..."

The reason I give you these stories is to show the amount of help he needs. I know if I was in his position I'd straight up get the papers ready. But Dad's plan is that he's going to bring this all up to her soon. About how inappropriate she's been in the relationship. Aka he's going to beta whine and make my Mom respect him less and want Leo or any other dude more.

Knowing my dad, I think what he would want is just for Mom to respect him, love him, and just not be a whore (over divorce).

I've tried dropping some truths but they didn't stick. Essentially, I understand TRP, but I'm not great at explaining it. I need one article, one book, that'll just explain everything that's happening. The beta bucks husband situation he's in. That will show him that he needs to work on himself and be stoic and less emotional (he's way more emotional and sensitive now...).

Since my dad is technologically retarded and ADD, is there one article, one book, that I could print or buy him, that will make everything click, and prevent the disaster that will ensue very soon?

Thanks

Comments

[deleted] • 9 points • 27 February, 2016 05:09 AM

Your dad is so early in the process of assessing his relationship with your Mom, you need to be careful not to push or pull him.

He might just be doing what a lot of old guys do, complaining about his wife. Someday, that may never come, he is going to TELL her that she has treated him badly (Beta) and SHE needs to change. Wish him luck, cause we all know how that's going to go. He could be more unhappy than he is now.

Do you want to be remembered as the son that basically told him he needs to change, to man up and stand to to his whore wife? Don't plan on your share of the family fortune.... :)

Yes, standard phrase, you can lead a horse to water

but if you force his head into the water, he might drown, or,
he might kick you in the face.

But if the horse really wants to, he might drink it.

Your dad has lived with all this for a very long time, be careful of interfering. On the other hand, HE could improve his life, but always at the risk of a divorce. But if it all goes south, maybe he could live with you?

bogeyd6 • 1 point • 28 February, 2016 03:46 AM

As said in a previous submittal and what you say rings 100% true. The best thing you can do with wisdom is part with it, and no one will take it.

[deleted] • 1 point • 28 February, 2016 04:45 AM

Free advice reminds me of a huge yard sale we had years ago. When it was over there was some stuff left over; a couch and chair and a bike. We were tired, so we put them next to the road with a FREE sign. Next morning, they are all still there. Wife went and put \$5 sign on each one. Next morning, they were gone. Go figure...

yungwarthog • 3 points • 27 February, 2016 03:42 AM

Did you read the sidebar? The very top section has two highly recommended books for this exact situation (NMMNG and WISNIFG).

Big_Daddy_PDX • 3 points • 27 February, 2016 07:46 PM

Never talk about TRP. One of my favorite sayings is "never want it more than they do" because it teaches you that other people need skin in the game or they won't see the value in the thing you're doing for them.

All you can do is drop some confident breadcrumbs to get his brain back to being engaged in what it's like to be the captain of his ship.

cj_aubrey • 2 points • 27 February, 2016 04:46 AM

I would explain to him that you know of a community of men who once had his problems and solved them. They have an approach that reestablishes a wife's respect and desire that has worked for 100s of once beta men like him. They can show him how to do the same if he is willing to learn and work. Then have him read a sidebar post about shit tests. That will be something that's very real and tangible to him. He will probably immediately see the truth in what's written there and want to know more. But beyond that, you can lead a horse to water....

BluepillProfessor • 2 points • 27 February, 2016 04:09 PM

Get him the sidebar books and answer any questions he has. Don't sit with him and tell him how he fucked up his life and wife by being a pussy.

Once book for your dad? No More Mr. Nice Guy- but that is not going to be enough. He needs to read and understand all the sidebar books.

bogeyd6 • 1 point • 28 February, 2016 03:48 AM

Maybe he could also learn by osmosis?

[deleted] • 2 points • 28 February, 2016 04:57 AM

Dammit- good pic. Now to clean the bourbon off my keyboard.

[deleted] • 1 point • 27 February, 2016 04:57 AM*

He needs to dread her desperately, but he doesn't have the basics in place to do that.

The thought of making himself attractive to other women probably pains him, and I can guaranty he hasn't lifted a weight since OP was a child.

Start with WISNIFG, but it's not "easy reading" for someone with ADD. Friends? Hobbies? Some way to withdraw affection?

EDIT: Just caught this on second glance. WTF is this Uncle Date shit? How was this made OK?

Renaissance__Man • 1 point • 27 February, 2016 06:43 PM

Just bought the hardcopy versions of these books, I'll have to take my father on a trip (good idea!) or something so he can read them because he's historically incapable of hiding anything.