

"Wisdom" from theultmatecads wife

January 7, 2016 | 0 upvotes | by [theultmatecad](#)

"The most important thing we can teach our children is to respect their spouse"

.

What I thought:

.

No bitch, the most important thing to teach our kids is to respect THEMSELVES. That's some bluepill bullshit you are peddling. Nice try, I used to believe those whoppers and man did I suffer for it. You came ahead nicely though. Can't blame you for trying again.

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What I said:

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That's sweet, did your parents tell you that when you were little? I bet they did babe.

.

Then..

.

"No I'm tired and don't want to have sex. And I am still mad that you belittled me in front of the kids yesterday. They don't listen to me like they listen to you because they see how you talk to me"

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What I thought:

.

You will fuck me tonight. If you don't, you won't see me for 5 combined minutes til Sunday. I won't answer a single text, email, or call as I'm going to be really really busy. I will workout two hours each day, I'll be very early to the office, and I most certainly will look to fuck someone else. Hopefully one of your friends. Maybe the marketing girl at my new client. And correcting you for screaming at them to do their homework (which was already done) isn't belittling you. You see, respect is earned and the kids see you are practically speaking... a 12 year old.

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What I said:

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They really don't listen do they? I'm going to put them through a wall next time they speak like that to you. Take off your pants, good girl....

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Archived from theredarchive.com

Comments

jacktenofhearts • 20 points • 7 January, 2016 08:14 AM

You will fuck me tonight. If you don't...

Oh I know the answer to this one! It goes: "... *I'm just going to do other shit, since I have other shit to do anyway.*"

You will fuck me tonight. If you don't, you won't see me for 5 combined minutes til Sunday. I won't answer a single text, email, or call as I'm going to be really really busy. I will workout two hours each day, I'll be very early to the office, and I most certainly will look to fuck someone else. Hopefully one of your friends. Maybe the marketing girl at my new client.

Wait. What?

As you phrased it, your wife is still essentially dictating your behavior. You describe re-arranging your entire schedule for the week entirely in response to being denied sex, once. That seems pretty "outcome dependent" to me. Clearly your wife denying you sex, and giving you hamstered reasons for doing so, is annoying. So I'm not questioning that you'd start to shift your attention to things that aren't annoying, that goes without saying. But as written, I'd pretty much paraphrase your thoughts as this: **Do you truly DEIGN to reject ME, WOMAN!? Are you THAT IGNORANT of the MASSIVE DELTA in our RESPECTIVE SMVs!? No? Well perhaps a DEMONSTRATION IS IN ORDER! I shall make you feel DREAD the likes of which NO WOMAN HAS EVER FELT DREAD BEFORE!**

Presumably you would do all this as Dread, to generate the Pavlovian responses in your wife's hamster to realize denying you sex has dire consequences. But let me ask you this: is it your wife's that's in the role of Pavlov's dog, or you?

[deleted] • -1 points • 7 January, 2016 12:42 PM

Isn't his approach to play DT, exactly like your suggestion in our last 911 post, with the expat and the psycho wife who pulls disappearing acts?

jacktenofhearts • 7 points • 7 January, 2016 12:58 PM

Yes, but, DT towards the desired outcome: divorce with a minimum financial penalty and full custody of the kids.

Despite what the Red Pill will have you believe, men can play dirty in divorce and win. Most dont, because they're beta losers, and their wives stop fucking them, then they cheat and get caught, and end up giving up everything out of guilt.

But you can find ways to shelter financial assets, document time spent with kids that makes your wife look irresponsible, etc. Move your family to a state with "at fault" divorce, Encourage her to go out for GNO, wait for her to eventually fall for some slimy beta.

Now those would be some fucking fascinating FRs to read. But Cad's wife yelling at him and fucking him, again, is pretty good read too, I guess.

innominating • 2 points • 7 January, 2016 01:30 PM

Define DT. Thanks.

[deleted] • 1 point • 7 January, 2016 01:40 PM

dark triad.

Machiavellian, psycho, socio

[deleted] • 1 point • 7 January, 2016 01:07 PM

I wonder then. my impression was that /u/ultimatecad decided it would be better for his kids to have a mom in the house, regardless if shes cheated/low quality. and so to play nice until they hit 18 and are out of the house, and then sign papers the next day. I would be curious about his thoughts on all those options you laid out, and had just assumed he had gone through them already, what with you OMG's being the ones I've looked up to since my start.

And as for divorce, I'm canadian common law, even before the manosphere, I saw my moms two divorces, and most of my friends parents, and realized it wasn't for me, playing in that sandbox doesn't interest me, but you're right, it would be a great read.

Off topic question though. The "I guess" | "but you do you" | "but what do I know, I'm not navy red" type ends to most of your posts, is that just IDGAF, or is there a subtext I'm not reading?

[deleted] • 3 points • 7 January, 2016 01:36 PM

Off topic question though. The "I guess" | "but you do you" | "but what do I know, I'm not navy red" type ends to most of your posts, is that just IDGAF, or is there a subtext I'm not reading?

He does that with the more senior guys or when the story isn't clear. It sounds like he's acknowledging that he doesn't have all the information or all the answers.

[deleted] • 2 points • 7 January, 2016 01:39 PM

I figured as much, too hard to read nuance with text.

guess my OWS about needing more reading in the afternoons was on point

jacktenofhearts • 4 points • 7 January, 2016 08:10 PM

/u/irateMD is mostly right. In general you may notice I actually use very few declarative statements in my writing. And when I typically do so, **I'll put them in big-ass bold letters.**

Hell, just parse out the last few sentences I wrote. "Mostly right"; "in general"; "very few"; "typically."

Some people think this overly-qualified way of writing makes it weaker. But a lot of my sentences have qualifiers because I think sentences that are purely strong declarative statements are like a scene with a gunshot going off in a movie. A piece of writing with a few declarative statements will make them individually stronger.

Think about the first Godfather movie, the dramatic tension as Michael goes to the bathroom, gets the gun, and shoots those two guys in the restaurant. Compare that to say, "Rambo 3," where Stallone basically explodes half of Vietnam, or Afghanistan, or wherever the fuck that movie take place. Which movie had more gunshots? And which is the stronger movie?

That being said, naturally I'm more inclined to qualify anything I write to an experienced MRP poster. Although sometimes it's just snark. I typically like to end anything I write

with a profound idea. Usually if I can't do that, it means whatever I'm writing doesn't really have much of a point, and I need to revise or just chuck it out. But sometimes that's too much work, especially for a Reddit comment, so I'll just take the easy way out and wrap it up with some "but what do I know, you're clearly the man!" snark as a finishing thought.

[deleted] • 1 point • 7 January, 2016 09:50 PM

I like that approach, I may steal that.

Though I disagree on Rambo III being better than the godfather. I've watched one no less than 100 times, and the other one is the godfather.

Also, Afghanistan, and the biggest thing missed with the new rambo movie was not having the villains as the boys from Rambo III, which would be al quaeda now... But I wager you don't care.

[deleted] 7 January, 2016 05:31 PM*

[permanently deleted]

[deleted] • 2 points • 7 January, 2016 09:56 PM

I'm the only navy red. BPP jabbing me a little bit I assume. the mods notice threads, and flair appropriately.

I like how theres a great diversity in approaches and viewpoints in here. I like when you see a popular thread, and it's attacked from 10 different angles from 20 different people. And someone always catches a nuance or point that I completely missed. It's how I learn, and I remember that pig headed confidence in ones path is why I got here in the first place.

[deleted] 7 January, 2016 10:00 PM*

[permanently deleted]

[deleted] • 2 points • 7 January, 2016 10:33 PM

Embracing the suck, checking the ego, and getting the job done.

[deleted] • -3 points • 7 January, 2016 02:13 PM

Or it is feminized conditioning leaking through. The old talk with your feelings instead of with facts.

[deleted] • -3 points • 7 January, 2016 01:45 PM

Yelling?

[deleted] • -5 points • 7 January, 2016 11:21 AM*

Gosh you are so dramatic!

I wouldn't call a five minute LMR a "refusal of sex", I think all women play games with sex. It's the basis of TRP:

For one's sexual strategy to succeed, the others must fail. Rollo.

The schedule I laid out IS my schedule, I would have just spend more time at what already am doing- I don't

know where you got "re-arrange" whole schedule.

jacktenofhearts • 12 points • 7 January, 2016 12:37 PM

I don't know where you got "re-arrange" whole schedule.

Er... probably from your FR where you did exactly that?

Look, man. I could really give two shits if you're in the "anger phase." It's not very hard to see you're always going to have some level of resentment of your marriage, because you're essentially stuck with this situation where you can't divorce your wife without paying heavy financial penalties and exposing your children to her unmitigated bad parenting. You seem to readily admit that and say you use that to fuel your motivation in other areas of your life, so, great. You do you.

In any event, I know you've historically gotten defensive whenever I comment and interrupt your weekly *"my wife acted like a cunt and I didn't give a shit and then we had sex!"* weekly FR that you seem to think MRP needs, so I'll be on my way.

[deleted] • 4 points • 7 January, 2016 01:42 PM

nah nah nah. stick around. I've always liked your posts for that.

No matter how 'on point' any of us are, you are always there, in the background, with a well thought out kick to the stomach. They always give me pause, and time to reflect on the numbers.

You're my(and others) sober second thought jack, and I wouldn't have it any other way

sexyshoulderdevil • 1 point • 10 January, 2016 05:15 AM

Here here. Well put summary of his contributions here...

[deleted] • -6 points • 7 January, 2016 01:40 PM

I think the "problem" here is that once again, I posted and you wrote volumes of subpar advice (even though you dont give shit) to someone who wasnt soliciting your counsel. If you offer bad advice, ill call it.out

Is this Askmrp?

[deleted] • 6 points • 7 January, 2016 05:05 PM

You're quick to lash out at others, no matter the thread or topic. Most of the sub seems to agree with jacktenofhearts, so a second look at things might be warranted.

[deleted] • 2 points • 7 January, 2016 09:59 PM

I had the same issue with the last FR... If there isn't a question mark at the end, it's not asking for help, it's laying out a FR for others to dissect and grab value from.

[deleted] • 2 points • 7 January, 2016 10:08 PM

Sometimes I'm wrong, sometimes you're wrong. Sometimes a FR has bad information in it. When flaired or valuable members of this sub point something like that out in a reasoned way, it's probably worth a second look. It's childish to lash out and attack people when receiving any sort of criticism.

[deleted] • 2 points • 7 January, 2016 10:19 PM

frame is important, youre right on that

[deleted] • -1 points • 7 January, 2016 05:12 PM

There is nothing to agree or disagree with. I posed no questions, sought no advice, achieved exactly what I wanted

[deleted] • 3 points • 7 January, 2016 05:19 PM

There's what Jack said about your post, that's what I'm talking about the sub agreeing with. You demonstrated that you're still controlled by your wife's denials of sex. Stop letting your ego get in your own way, at home or here with other guys.

[deleted] • 0 points • 7 January, 2016 10:00 PM

There's thousands of subs here, and 13 votes. That is not a consensus.

And even if it was, feel free to read alpha-as-wolfs last post. See what MAP via consensus gets you

[deleted] • 3 points • 7 January, 2016 10:12 PM

Never said it was. The votes can be an indicator, but here I'm leaning on the comments (and who is commenting what) to draw my conclusion.

[deleted] • -1 points • 7 January, 2016 05:23 PM

Jack described the situation incorrectly, that was my comment.

This isn't a debate sub. It's a place where men come to share advice. Jack doesn't like my advice? Fine. Don't take the advice, fine by me

Jack is ignoring that my game is wildly effective.

And that's all that matters

[deleted] 7 January, 2016 06:18 PM*

[permanently deleted]

[deleted] • -7 points • 7 January, 2016 06:32 PM

Lizards are gay

[deleted] 7 January, 2016 06:40 PM*

[permanently deleted]

BluepillProfessor • -6 points • 7 January, 2016 09:28 PM

Oh you two. Both outing yourselves in one thread. Get a room faggots.

[deleted] 7 January, 2016 09:36 PM*

[permanently deleted]

[deleted] • 6 points • 7 January, 2016 10:02 PM

NO FUCKING ORGIES IN MRP!

How many times do we have to get the hose out?

[deleted] • 10 points • 7 January, 2016 05:42 PM

It's hilarious to me how many Red Pillers hate being "cucks" but they are sucking u/theultimatecad's dick.

Here's a guy who is cheating on his wife, not because he has any evidence she cheated, but because she went on luncheons with a colleague a few times. Stronk evidence.

Yeah, I'm ready for all the comments that I shouldn't be writing in your safe male space. I follow r/redpill because I like the self-improvement philosophy and emphasis on lifting (and I like to laugh when someone refers to three plates as a heavy deadlift).

He's already fucking other chicks and justifying it, so why would his inner temper tantrum be any different?

[deleted] • 3 points • 7 January, 2016 08:55 PM

I like to laugh when someone refers to three plates as a heavy deadlift

I'm sure you've seen the meme:

Deadlift: Somewhere there is a girl warming up with your max.

[deleted] • 1 point • 8 January, 2016 02:09 AM

Haha, yes! Not that I can deadlift 3 plates, but I do 2 plates. My boyfriend and I do powerlifting, and he DLs 600. 3 plates is considered a beginner deadlift for a male.

Redneck001 • 2 points • 8 January, 2016 07:39 PM

Do you pin him, or does he pin himself?

[deleted] • -1 points • 7 January, 2016 10:06 PM

Pretty much, just remember,

He, His, and him... not much room for shaming and indignation. I don't know his wife, I don't know how strong his evidence is. I do assume he knows more than I do, and that just because she's a woman and a mother, doesn't mean she's the poor victim here.

Men don't just fly off the handle... Though I can't dead 3 plates either, so you may be more on point.

[deleted] • 4 points • 8 January, 2016 02:08 AM

That's a reasonable response--thanks for not calling me out.

Maybe his wife did cheat. I have no idea, but it doesn't seem that he does either. Thus, I deny his claim to the mantle of victimized husband who is tearfully banging side chicks.

Frankly I'm glad RedPill has Jacknheart. He's the common sense, not UC or BPP.

[deleted] • -3 points • 8 January, 2016 03:55 AM

For anyone following along, TRP was born when u seduction allowed women to "enter the safe space" and it changed for the worse.

[deleted] • 2 points • 8 January, 2016 06:36 PM

I'm not offering you advice on how to fuck chicks. That's not hard.

I was calling you out on cheating on your wife without evidence, presenting yourself as some badass, and giving inaccurate nutrition information.

[deleted] • 1 point • 8 January, 2016 06:46 PM

Damn, I always could use chickfucking pointers

[deleted] • -4 points • 8 January, 2016 11:31 AM

Now I'm calling you out little girl. This ain't your Dr phill , go deadlift a dick

[deleted] • 2 points • 8 January, 2016 06:35 PM

Lol.

[deleted] • 1 point • 8 January, 2016 07:29 PM

indeed

[deleted] • -7 points • 7 January, 2016 05:59 PM

Kate, thats the best trolling you can do?

Yesterday someone wrote me a private message that I was likely raising a future mass shooter.

Last week some blooper told me im a horrible husband and she was gonna dox me and tell my employer and family all about me.

Even in this thread where last night where I expertly defused some LMR and made a sad woman happy, jackofhearts said I did it wrong.

Then you come out with redpillers blowing me while I tantrum. That's it? Dig deeper.

[deleted] • 7 points • 7 January, 2016 06:11 PM

Nah, I don't have the luxury of spending too much time on you.

It is amusing you're considered some r/redpill star when all you've really done is cheat on your wife and fuck a few chubby soccer moms.

Pro-tip: I've read your "nutrition" pieces. You need to read some Alan Aragon and Lyle McDonald. Gary Taubes and his "carbs are fattening" stance has been debunked since, eh, 2009ish. You are behind the curve.

[deleted] • 4 points • 7 January, 2016 06:41 PM

It may be trolling, but going through your post history is entertaining. Seeing you call internet alphas out on their shit has me cracking up today.

What do Aragon and McDonald say about nutrition that stands out from others? I looked up Aragon, but most of his stuff seems to be behind a paywall.

[deleted] • 2 points • 7 January, 2016 06:51 PM

I'm glad to entertain :D.

Basically, Taubes contends that a calorie is not a calorie, and that carbs are uniquely fattening. AA and LD show through evidence (metabolic chamber studies) that when protein and calories are equalized, both low fat and low carb diets result in equal weight loss.

If you're interested I can send you a few links.

The reason I pointed this out in particular, other than UltimadCad being wrong on the science, is that I'm a former "Taubestard" myself ;).

I now actually do a high carb diet and powerlifting and I'm leaner than I've ever been (about 19-20% as a female).

[deleted] • 2 points • 7 January, 2016 06:59 PM

I remember that "nutrition guide" from Cad recently. I thought it was terrible for the same reasons. A calorie isn't a calorie? Total bullshit.

Sure, send me some links. I'm always trying to learn more about nutrition and the science behind it.

My wife bought into the whole "carb calories" fad a few years ago. She counted carbs like crazy and lost the weight she wanted to. It was working! Because she was counting carbs and calories, and eating less of both. She added carbs back in and stayed on the track she wanted to, keeping the calorie count low. It's anecdotal evidence, sure, but that's what finally sold me on calorie = calorie.

Carbs make you happy and give you energy anyway, who wouldn't want either of those for themselves?

[deleted] • 1 point • 7 January, 2016 07:04 PM

Fantastic! I'll get those links to you soon.

I must say, it is great to have a conversation with someone on r/redpill who can talk to me like any other human. Just because I'm a female doesn't mean I'm opposed to many red pill philosophies.

[deleted] • 1 point • 7 January, 2016 07:10 PM

Thanks!

I picked up on that from your post history. My theory is that there are some here that would have their ego popped if they admitted a woman had something worthwhile to contribute. I mean... oh no it's a woman in my safe space!

[deleted] • -2 points • 7 January, 2016 06:23 PM

Too busy to spend time on me yet you are familiar with my writing, roger that Kate.

Admit it, you want me

BluepillProfessor • -2 points • 7 January, 2016 09:35 PM

Kate, thats the best trolling you can do?

Watch me White Knight: I don't think she is a troll because you are right- I get better trollllllolololzzzz in my inbox almost every day. She is just an asshole with an opinion and you know why assholes are like opinions.

jackofhearts said I did it wrong.

Now watch me blow Ultimatecad: I don't think he criticized the result, but your attitude. I have been hit with that several times and I always respond the same way. Of course, I love my wife. Own it!

[deleted] • -4 points • 7 January, 2016 09:46 PM

Ohhhhhh attitude! Concern troll!

"Well, there is an element in manosphere that will tell you that the only real form of Game, the only legitimate, measure of Game is how many women youve successfully banged in your pursuit of perfecting Game for yourself.

I agree with this assessment.

The real measure if Game is only truly TESTED by how well it gets you laid"

Rollo

PS how r the new workouts coming? I was gonna also suggest switching to medium weight and 8 reps. Its helped me alot

Redneck001 • 1 point • 8 January, 2016 07:47 PM

80% of 1rm max X 8 works well. But you'll need to switch up your rep scheme every couple of months (at least I do).

[deleted] • 1 point • 8 January, 2016 08:06 PM

I just realized I meant 8 sets, 20 reps medium weight

BluepillProfessor • 1 point • 8 January, 2016 03:45 AM

I was thinking about working up a post on my new workouts but I got dropped with 6 chapters of the book today.

Yesterday I did supported dips and supported pullups- 3 X 10 to exhaustion (actually more like 10 - 7 - 4) and it was AWESOME! Really, and totally awesome. I felt like leg day after doing presses.

[deleted] • 8 points • 7 January, 2016 12:47 PM

I haven't figured out if the attitude is showing off for the newbies or if it's how you feel.

If it's showing off then fine, maybe include a little motivational message at the end next time.

If it's how you feel then I'm inclined to agree with /u/jacktenofhearts that it's passive aggressive and in her frame. Your participation in /r/femalehate makes me think this is the case. Usually only someone you have loved and trusted can make you that hurt and angry. WISNIFG resonated with you and helped you to start advocating for yourself. I re-read it recently and found it worthwhile. You might consider doing the same.

[deleted] • -2 points • 7 January, 2016 01:36 PM

Love that book.

[deleted] • 8 points • 7 January, 2016 03:00 PM

I sense you're working on a companion book:

IASNAWTFITGT by ucad

(I ALWAYS say no , and what the fuck is this guilt thing?)

[deleted] • 2 points • 7 January, 2016 10:03 PM

Well played

[deleted] • 2 points • 7 January, 2016 03:23 PM

I just spit out coffee on my keyboard.good one

dfgts1 • 5 points • 8 January, 2016 06:51 AM **[recovered]**

My father was a cheating asshole who had little to no respect for my mother other than thinking she was his maid and sex toy. All of his kids hate him and now that he is suffering with terminal illness he has no one to look after him.

Yeah he use to be all scary alpha bullshit and now hes weak and old with no one in the world who cares 2 shits about him. Good luck when your kids get old enough to see how much of an asshole you are and cut you out completely

[deleted] • 1 point • 8 January, 2016 12:20 PM

To be fair, we really know nothing about his wife. /u/theultmatecad is a guy who found himself in theredpill because he felt betrayed, had a hard time being assertive and advocating for himself, and felt that he was doing all the heavy lifting in the relationship. She may be a selfish, nasty person and a terrible parent. From his perspective, the kids need his influence and need to have hers minimized, so he stays married.

The kids may develop bad relationship skills through exposure to their dysfunctional sham of a relationship, but from his perspective things may be worse with a divorce. Many of us disagree, knowing the studies done on the subject or having personal experience, but we don't know the details of his situation.

The femalehate thing is a problem for me, since this is marriedredpill and not theredpill or MGTOW, but that's just my interpretation of the tone of this sub. If hating women becomes the norm, then most of the subscribers will be out of here.

[deleted] • 2 points • 8 January, 2016 01:19 PM*

Hating women pushes the WOMEN out of here, that's the point.

Do you know why thats so important?

[deleted] • 3 points • 8 January, 2016 04:58 PM

Women change the tone of the sub and dilute the information. Some people don't speak their minds with women present, even if they're just pixels on a screen. Having a psychotherapist in the family, I have been reading about psychology since I was a child. Believe me, I understand the impact and understand why it's more profound here, with a group of guys who need the red pill.

But I don't believe your anger is some kind of act to drive women away. You're angry. I didn't say you shouldn't be, only that you are. Our situations are vastly different, but at no point have I said that your way is wrong. Remember, I've called you in to help guys in situations where your mindset works. I'm not your enemy. That being said, we all have room to improve. It should be patently obvious that people are generally happier when they aren't angry. I was very angry a year ago, but am much happier with the resentment removed. At this point things just don't get me down any more, not my wife, work, stress, the blue pill, crazy family members of patients, or assholes on the street. The anger doesn't linger any more. I get upset, then it's over. I hope you get there some day.

[deleted] • 2 points • 8 January, 2016 05:52 PM

If I werent angry then thebluepill couldn't have my life to endlessly think about

[deleted] 8 January, 2016 06:19 PM*

[permanently deleted]

[deleted] • 1 point • 8 January, 2016 06:22 PM

You can sort my top submissions and see if the community agrees they are shitty.
Or...write your own and be the change you want to see

[deleted] 8 January, 2016 06:36 PM*

[permanently deleted]

[deleted] • 1 point • 9 January, 2016 01:22 AM

Does he even get starfish from the chubby soccer moms?

[deleted] • 1 point • 8 January, 2016 06:41 PM

You're a celebrity! Not as hated as ciswhitemaelstrom, but still definitely one of their favorites.

They used to piss me off, but now I find it amusing. I even tried my own hand at a satire post inspired by recent rants about Star Wars. OmLaLa joined a thread a while back and took everyone to school. With the exception of GLO, people in the Red Pill subs often seem to take things way too seriously.

[deleted] • 2 points • 8 January, 2016 06:45 PM

I have competing t shirt line in production now

Stay tuned

[deleted] 8 January, 2016 05:49 PM*

[permanently deleted]

[deleted] • 1 point • 8 January, 2016 05:58 PM

That's not consistent with my request to mods to ban all women.

[deleted] 8 January, 2016 06:07 PM*

[permanently deleted]

[deleted] • 1 point • 8 January, 2016 06:18 PM

Your frame is top shelf bro

[deleted] 8 January, 2016 06:22 PM*

[permanently deleted]

[deleted] • 1 point • 8 January, 2016 06:26 PM

That makes no sense. Look, fair disclosure. I have to go so no matter what ink you spill next I wont be responding

BluepillProfessor • 0 points • 9 January, 2016 06:01 PM

When you expect privileged treatment and unconditional love and respect no matter what you do then equal treatment seems unfair and a sexual strategy that prioritizes men getting laid using accountability feels like hate.

[deleted] • 1 point • 9 January, 2016 08:18 PM*

To an outsider it may seem that way about many of us. What I see in this situation, assuming it's not all embellishment and fantasy, is persistent feelings of resentment. Alas, men have hamsters too.

I thought I was being charitable. If I start getting nothing but "you go girl" in response to my posts then what good are the responses? I'm here for self-improvement, not validation. You renewed your focus recently, and you've written sidebar material. Let's raise the bar for all of us.

Edited for clarity

[deleted] • 1 point • 8 January, 2016 11:08 AM

Maybe they will do it sooner, too bad your dad had to wait so long

[deleted] • 1 point • 8 January, 2016 05:54 PM

Stays for the kids. Hopes the kids will abandon him. Makes sense.

[deleted] • 1 point • 8 January, 2016 06:00 PM

Oh fuck. is it disagree and amplify or agree and amplify?????

[deleted] • -1 points • 8 January, 2016 06:04 PM

Keep trying honey. Meanwhile, I fuck my girlfriend when my wife is two rooms away (and if I play my cards right, I also get to fuck my girlfriend's 20 year old blonde girlfriend). You can do it! Keep that sneaking!

[deleted] • 2 points • 8 January, 2016 06:19 PM

Do a FR about it. Id like to read it

IASGame • 4 points • 7 January, 2016 09:23 AM

Hilarious. That said, jacktenofhearts is on spot, there is some "anger phase" stuff transpiring from your reported inner thoughts.

Is your wife shit testing you more for whatever reason or is she usually this bitchy even though your SMV is so high? From previous posts I think you would next her if it weren't for the kids, which I guess accounts for a bit of the anger.

Thelyckyfrour • 0 points • 7 January, 2016 10:40 AM

Yea, he is forcing himself to stay with a wife who possibly cheated on him. Each day he gets closer to his objectives. He is longing for the days when all of his kids become old enough to get out of his house and head off to college. This will liberate him from being forced to continue this farce of playing family with a woman he can't 100% ideally bring himself to love.

I think he is playing this out fantastic so far. Good luck, OP.

[deleted] • -1 points • 7 January, 2016 11:27 AM

Nicely put except no woman ever again will ever have 100 % of my love, and its not because I'm bitter.

It's because women treat me better that way

[deleted] • 0 points • 7 January, 2016 02:27 PM

Obviously don't know your legal situation, and only mildly acquainted with your home life. However, most of the US courts allow the children to have a significant voice in their custody arrangement. Child support is typically doled out based on time with the kids.

Could you wrangle the situation where you get majority custody, on request from the kids? This raises the question of who raises them while you win the bread, and perhaps the alternative is worse than your wife, Idk. You are already seek to censor the influences in their life, and I wonder if that avenue would increase your influence or ultimately be counterproductive.

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[deleted] • -1 points • 7 January, 2016 11:25 AM*

I've thought about it and Id say I still retain some anger somewhere deep. I kind of like it now, it's motivating. I won't be anger shamed!

There is a mistaken idea that any anger is wrong and a "phase" to be worked thru with you understanding of TRP principles. That's what jackhearts jumped on and missed the whole point:

When she is argumentative then just agree and spout out whatever comes to mind. It's not going to be a productive conversation anyway. Oh, and get your dick wet for the trouble

[deleted] • 0 points • 7 January, 2016 12:39 PM

Got to remember to, as I've seen it, his situation is:

1. he has built himself back up
2. she hasn't bothered to come along, low quality woman with no self awareness
3. he's stuck, as she will take his kids away if he leaves/they need stability etc. similar to our 60 year old MRP
4. so he truly DGAF, and has demoted her to plate/babysitter

I haven't got the impression he cares to lead her anymore. He will have the reasons, but she is basically a lost cause, and he's making the best of his situation, hence the plates, and his utter disdain for comfort with her.

correct me if I'm wrong

[deleted] • 6 points • 7 January, 2016 01:59 PM

I am obviously not in much of a position to give advice to people "ahead" of me, however, he is not stuck.

he chooses to be.

yes the fall out would be bad, financially difficult, hard on the kids.

but there has got to be some way as recommended multiple times on here in various threads to document shitty parenting skills.

so in the end, he is not stuck. he made a choice. Whether he is still in intermittent anger phase or not, is not truly the question (although relevant with that u/jacktenofhearts was talking about).

the point is that he made a choice he has to live with, but just from the sound of his "inner thoughts" he is not really ok with being "made" to make that choice.

I don't know if I am explaining what I mean as well as I could, so if anyone disagrees, tell me.

[deleted] • 3 points • 7 January, 2016 02:21 PM

Unfortunately, poor parenting that has been shown by multiple avenues of research to fuck up your kids isn't admissible in court. Neglect, abuse, and other indicators of being unfit to parent are, but these don't typically include yelling or irrational behavior unless it is pervasive and can be shown to have immediate mental health consequences. Being a shitty mom won't stop her from collecting her cash and prizes.

I went through a divorce during my first aborted attempt at RP, and all I could manage was a no fault 50/50 costudy arrangement. I did manage to dodge paying out, but only because I brought her on board. In retrospect, I could've salvaged the marriage with a serious application of the praxeology, but I've found I benefited greatly from meeting and upgrading.

[deleted] • 2 points • 8 January, 2016 12:59 AM

Right on! If you're freed up, then go for an upgrade.

[deleted] • 2 points • 7 January, 2016 02:18 PM

I'm with you, it's just not often we get to have these high level discussions on things. I have a friend in a similar situation to this, except his decision was just to play nice while he waits out the clock, basically a 18 year rope-a-dope.

Plus, 60_still_alone[mind blank on the username] is this in 20 years, and he's probably the poster I look up to the most right now, but not for the obvious reasons.

[deleted] • 1 point • 8 January, 2016 04:32 AM*

Yes. Yes. Yes.

Not stuck, but a choice that is carefully weighed, made and implemented over many years.

How can a man ever be happy as hell about that set of choices? At least u/theultmatecad still enjoys sex with the demon.

For my (similar-not same) situation, there was anger with an acceptance of the betrayals. After that, absolute IDGAF, that can often APPEAR to be anger. In fact, I ceased to game her for sex at all. I had lost desire for her. When we did have sex, she initiated and seduced when I was drunk and horny.

Some of the posters see elements that I just don't think are there. He's just IDGAF and making nice outwardly to get to the end of the contract.

[deleted] • 0 points • 7 January, 2016 02:29 PM

You are very clear and correct. Im not stuck at all. This is the hand I was dealt and im playing it

Long term greedy

Redneck001 • 2 points • 7 January, 2016 02:02 PM

I'll let you guys (jack and cad) debate where each other is on the MRP spectrum. That said, this quote caught my

eye:

I'm going to put them through a wall next time they speak like that to you.

I'm not a fan of solving my woman's problems. Direction and advice offered when asked. But from your report, she didn't ask.

[deleted] • 1 point • 7 January, 2016 02:29 PM

Seems like a&a to me.

[deleted] • -1 points • 7 January, 2016 02:23 PM

Oh, I am the REAL Alpha. He is the beta fo sure dawg

I am endorsed and slaying poon left and right. Nuff said.

Seriously though, putting kids through a wall was a quote bill burrs netflix show. She actually was asking me to discipline kids because they dont respect her as much as me. She wants what I have and was trying to make it my problem.

Agreed and amplified.

Redneck001 • 3 points • 7 January, 2016 02:49 PM*

I get what you're doing. Different ways to skin a dawg.

I have this same problem in my house. And I see it everywhere. Moms (and dads) yelling at and arguing with kids. My wife and daughter do this shit. Way too much.

I've brought it up to my wife. But never tried to solve *her* problem. Not even jokingly. Mom and daughter were so proud to tell me their New Years resolution was to respect each other. Time will tell.

I'd have fogged the hell out of your wife's statement, but its your dawg.

Edit: the more I think about it, it was a shitty comfort test.

[deleted] • 1 point • 7 January, 2016 03:24 PM

Could have been.

Results speak for themselves though

RPcoyote • 2 points • 7 January, 2016 10:31 PM

So what did you say or do to her in front of the kids that she took offense to? Sometimes my wife does shit I don't agree with and I have to correct her right away. For example she acts like she's the mother of all of us and would correct me on something I say to kids. I nip that in the bud right away or right after when in private as it obviously undermines my authority and it's poor parenting.

[deleted] • 2 points • 7 January, 2016 10:49 AM

Interesting... very covert attempt by the wife to tell you to show her more respect in front of the kids. That covert communication failed to register. She then switched to overt communication to directly state the problem, and issued a threat of no sex if her request was not responded to in a way that at least addressed her concern.

If this was a comfort test, then you passed because you offered her support with the kids, but it was also a opportunity to teach her how to be a better parent. It's apparent the kids don't respect her or want to listen to her because of her yelling leadership style. I gather your approach with them must be less abrasive.

[deleted] 8 January, 2016 12:45 AM*

[permanently deleted]

[deleted] • 0 points • 8 January, 2016 01:30 AM

I would venture the demoting was and has been self-appointed. My only advice was to suggest counseling the "baby-sitter" on how to be a more effective parent to his kids instead of trying to get some.

[deleted] • 1 point • 7 January, 2016 12:36 PM

I thought the no sex line was his, not hers

BluepillProfessor • 1 point • 7 January, 2016 09:40 PM

I gather your approach with them must be less abrasive.

You definitely read this different than me. I gathered it was Cad who was the abrasive one.

[deleted] • 1 point • 7 January, 2016 11:30 AM

Kind of, the quote wasn't the lead in to the interaction.

It just flowed better as a story that way. I don't guide her parenting enough, you are right. Too frustrating, she is all emotion and not bright.

MRPguy • 1 point • 7 January, 2016 03:06 PM

"The most important thing we can teach our children is to respect their spouse"

A huge lie. Respect is earned, not deserved.

[deleted] • 0 points • 7 January, 2016 03:23 PM

Yes, its an attempt to control your behavior

shadowz151 • 1 point • 10 January, 2016 03:25 PM

Enjoyed reading this. Demonstrates action V.S. reaction in the face of diversity. Men fall victim to immediate responses even if it's detrimental to their overall goal or well being. Take care brother and keep posting.

[deleted] • 1 point • 10 January, 2016 03:58 PM

Thanks for the note

zachart000 • 1 point • 27 January, 2016 12:32 AM

You know why she thinks the most important thing to teach your kids is that they have to respect their spouse? It's because you disrespect her so much that it has become the biggest problem in her life.

I agree that you need to teach them to respect themselves and by showing someone else so much disrespect you are disrespecting yourself. Especially because she is your wife and should be one of the most important people in your life.

Grow up

[deleted] • 1 point • 27 January, 2016 12:42 AM

Your right, I feel awful and am going to throw myself in the river.

[deleted] 8 January, 2016 02:42 PM

[permanently deleted]

[deleted] • 1 point • 8 January, 2016 03:43 PM

As the keyboard Knight reaches his hand out to the fair maiden. Imagining if he's just a little more chivalrous he might actually get laid this time. Maybe ...just maybe he thinks

AK27ABROAD • 1 point • 9 January, 2016 02:32 AM

I'm pretty sure that's a woman. the tuebluethruandtrue poster

[deleted] • 0 points • 8 January, 2016 03:47 PM

Send that cash to me, ill make sure she gets it

BluepillProfessor • 1 point • 7 January, 2016 04:53 PM

MRP Porn brought to you by /u/theultimatecad

New guys and old guys take note:

1. THIS is what OI looks like.
2. THIS is how you handle a sexually withdrawing wife.
3. THIS is how you maintain frame in the face of denial.
4. THIS is the precise thought pattern that goes through your mind.

On /u/jacktenofhearts 're-arranging your entire schedule for the week entirely in response to being denied sex, once' I respectfully disagree. Yes, in effect totally buying into MRP praexology looks an awful lot like "giving in" to your wife and "changing your schedule" because of her. However, you are NOT changing your schedule to benefit her but rather to achieve a goal. Notice that once you get good at it, you rarely actually have to rearrange your schedule. You just have to project that outcome independent/IDGAF attitude.

[deleted] • 1 point • 9 January, 2016 01:25 AM

BPP, are you the power bottom with u/theultimatecad?

BluepillProfessor • 1 point • 9 January, 2016 02:39 AM

You guessed it! Topping from the bottom is my entire strategy...

[deleted] • 1 point • 9 January, 2016 03:49 AM

Hey, just finished my workout and wanted to share. It's not the actual excersizebck as much as the spirit that I think you will find interesting.

Stretch 15 mins Run 1.5 miles, warm-up. Six sets of box jumps (a bench) 20 reps per set Walking lunges 100 with 25 pounds. Repeat with 30 pounds 100 chinsup (if it's ten then all sets of 5.....so be it) 200 situps

Very different than five by five or the high school football team lifts but it lets you keep muscle and trim down

BluepillProfessor • 1 point • 9 January, 2016 05:49 PM

I am hard, but not as hard as you.

[deleted] • 1 point • 9 January, 2016 07:42 PM

Not yet, fuck liposuction, you got this

[deleted] 8 January, 2016 03:49 AM*

[permanently deleted]

BluepillProfessor • 1 point • 8 January, 2016 04:39 AM

I often think that maybe people should supplement Stoicism with a significant dose of secular Buddhism.

Give us a post on that topic with some links. You can bring TBP along to make it interesting.

I often thought that Jesus may have trained in secular Buddhism during the missing years (the Bible skips Jesus life from 12 - 30).

Does /u/theultimateCad need to purge himself of the anger before his journey is done? Do I need to do the same thing? Probably. But is that the purpose of the journey? I thought this was "Married Red Pill" which is male sexual strategy in marriage and the purpose of our sexual strategy is to get laid and stay married. Cad is married, check. Cad is getting laid, check.

Does the anger interfere with his ability to get laid? I think it is quite the opposite. If he suddenly drops the anger and is happy and satisfied, what do you think would happen to his ability to get laid?

Do Buddhist monks get laid?

[deleted] 8 January, 2016 05:33 AM*

[permanently deleted]

[deleted] • 0 points • 8 January, 2016 11:37 AM

Oaks are not anything. They are trees. This is a subreddit where men get together and discuss what works, what doesn't as far as implementation of their sexual strategy. We are not a group who recruits and share common interests other than successful pursuit of one's goals particularly as it pertains to sex.

I know it's the internet, anyone can say anything, but I am (now) wildly successful doing just that.

Doesn't matter if someone thinks I should be over anger to wife 1 the time. Doesn't matter if someone thinks cheating is wrong. Ditto if I "emotionally abuse" someone to get my way.

When you are "hawt", you get away with anything you want

[deleted] 8 January, 2016 12:37 PM*

[permanently deleted]

[deleted] • 1 point • 8 January, 2016 01:18 PM*

Look, anger isn't a phase like you imagine. As a newcomer you should be using anger to motivate the change in behavior that you want. Not looking to shed the emotion that is a natural reaction to injustice.

Here we accept anger as a legitimate male emotion. It's not a phase, it's a response

If you want to make peace with the world around you, great. Congratulations. But be wary that there is a difference between acceptance of reality and being passive.

Dont be angershamed nor fall into subconscious trance of doing same to others.

This is paraphrased from TRP founder redpillschool

[deleted] • 8 January, 2016 02:12 PM*

[permanently deleted]

[deleted] • 1 point • 8 January, 2016 03:46 PM

I lay down with several women and am not mad at any of them for being women. I am angry at one woman but discarding her today does not suit my mission even if it makes no sense to you.

[deleted] • 8 January, 2016 03:53 PM*

[permanently deleted]

[deleted] • 0 points • 7 January, 2016 05:07 PM

If I left out my thought bubbles and just detailed the actual encounter then everyone would do backflips over my frame.

This is why you dont talk publicly about the red pill. People just want results.

[deleted] • 1 point • 7 January, 2016 09:42 PM

people want the intellectual wank and mental gymnastics. you don't see many guys focusing on getting the results they want. they wax philosophical before accomplishing the goal.

[deleted] • 1 point • 8 January, 2016 02:00 AM

I won't go so far as "the sub sucks..blah blah"

But, it's much more purple then 12 months ago

This thread alone has folks agreeing that women have a place here and can sometimes offer valuable advice.

Achieving your goals doesn't matter as much as "your feelings" when you are actually succeeding.

I won't even start on the folks who say I am wrong, know nothing, am not worth their time yet they reference shit I wrote six months ago. And still debate it.

[deleted] • 1 point • 8 January, 2016 03:58 AM*

Yup. I have been lurking and then formal commenting for over a year.

When I first started, it was really nice having an open honest red pill space for men. But alas , the minute pussy pranced across the stage, the white knighting and beta bullshit began. The fact that most high quality comments get 0 points while those that are total shit -get up voted to the stratosphere - ,is all the proof I need to know its a hollow shell of its former self

shadowz151 • 2 points • 10 January, 2016 06:57 PM

Agree 100%. Left TRP for MRP for a mature RP perspective. Instead it evolved into females, WK , and SJW getting upvoted.

[deleted] • 0 points • 8 January, 2016 04:01 AM

I like the mods here but they have a different policy and goal then TRP.

Main sub is as pure now as the beginning

[deleted] • 0 points • 8 January, 2016 02:23 AM*

of course this sub sucks now. it's an increasing echo chamber of blue pill thought. live and let die. where die = apply a combination of random bullshit to ruin marriages, to r/tbp's schadenfreude. you don't have anyone who understands the application of core concepts... and those who do are drowned out to the blue pill echo chamber (see: thread, this).
no point teaching people who don't want to be taught.

BluepillProfessor • 1 point • 9 January, 2016 05:55 PM

As you know short of getting ban happy we can't control the bp's who come here much and we can't control the up /down votes at all.

If somebody needs to be banned speak up!

We do have a variety of voices but if you want just red pill opinions then just read the flaired poster comments.

[deleted] • 1 point • 9 January, 2016 06:52 PM

if useless drivels were equal to achievement, i'd just go to ppd. my suggestion, start getting ban happy and kill the purple tint. almost all of the comments in this thread as concern trolling/emotionally based disdain, i.e. useless, inactionable b.s.

BluepillProfessor • 1 point • 9 January, 2016 07:14 PM

Working on it. This thread hardly illustrates the entire sub and obviously is filled with TBP bullshit. As you know, they target certain threads and outnumber us by quite a lot....

[deleted] • 1 point • 9 January, 2016 09:25 PM*

There's a handful of vocal mrp posters that post purple tinted stuff. It's not tbp. I read their posts. They're pretty funny. But honestly, I've mostly made it not my fucking problem at this point. I have no problems letting purple flounder. Still, I'd say the time to get ban happy is long past.

BluepillProfessor • 1 point • 9 January, 2016 09:46 PM

We want to avoid PPD but I can't resist a good debate so I get drawn in. A couple times I have drawn in TBP deliberately just for shits and giggles. Your objections are noted and the mods are working on it and talking about additions to the mod staff. Any nominations from our emeritus mod?

[deleted] • 1 point • 9 January, 2016 07:45 PM

It has gotten harder to help men in this sub and you pointed out the reasons why.

shadowz151 • 1 point • 10 January, 2016 07:06 PM

That's exactly what this board needs. Any strawmanning WK SJW moral police or females should be banned. The noise has drowned out the signal and it's up to the MODS to clean up so the message is heard.

