

# How to lead a wife that doesn't let you

March 25, 2015 | 112 upvotes | by [strategos\\_autokrator](#)

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I've seen a lot of posts here of men saying "I can't lead because my wife is too strong/too smart/too bossy/too powerful/doesn't like it/is a feminist/doesn't give me a captain's hat". Sometimes this is hamstered differently "What books I can give my wife so she trust my captaining?". These are all just versions of the following [BP thought pattern](#): "I want wife to authorize me to lead." In this post I'll discuss some ways you can start changing to become that leader your woman wants to follow.

Leaders don't need permission to lead. They just lead, period. Those that like your vision follow willingly. Those that don't, well, they are useless to your vision, so you won't miss them when they stay behind. It is that laser-beam focus of the vision of the leader and doing whatever takes to get to the goal what inspires others to follow. Thinking others have to follow so you can lead is having it all backwards, and this backward thinking is *why she doesn't trust you to lead*. Thinking you can't lead because she doesn't let you is like thinking you can't be a man until she gives you your balls. It isn't she doesn't want to give you the balls, it is that she doesn't have balls for you, your balls are right there between your legs and have always been. Stop the Freudian bullshit, and just act like a man.

Leading is an action on itself, independent of followers. A samurai leads his life always, even while he trains in the woods alone. He doesn't need students to be a leader. However, often, students will come looking for him to lead them. Was the samurai a leader only when the student showed up and begged to train under him? Of course not. The student came because the samurai was always a leader.

When we are not leading our life, we can't lead our family. And when we aren't leading our family, we are just [a drunk captain](#). Many of us that find MRP found ourselves realizing this, and want to captain right away. Some here argue with their wives telling them they have to follow their lead. This doesn't inspire leadership or trust, in fact, it erodes it. Think of any boss you have had that is bitching that employees don't follow his orders: that only makes you respect and trust him less. If your wife is not following you, it isn't her fault, and words won't change that. It is *your* fucking fault, and only actions you take will change it.

Leading is the hardest job. Everyone in the ship can bitch about their hard work *except* the captain. If you are bitching about how much work you have, you aren't acting like a leader. The captain is responsible for *everything* in the ship. He can't say "It is the navigator's fault that I sunk the ship." even if the navigator did plot the wrong course that led them to a reef. All the captain can do is fire the bad navigator, but the captain still takes responsibility for the fucked up ship. Blaming others is irrelevant.

The leader takes responsibility *for* his vision, not *from* the vision of others. If you are in a situation where you are used to your wife telling you which chores you need to do, and you bitch back at her saying "I'm not in the mood, I'm playing X-Box", well, you are not leading because you are acting like a child, so *you have forced her to lead like a mom*. No wonder she isn't attracted to you sexually, it is your own fault. Man up.

Transitioning from the frame where she is the mother and you are the child is disruptive *because* the only way to do is without her approval. Think about it, if she has to approve it, it means she is still leading. Leading is not achieved with verbal arguments so she recognizes your leadership. That is like the teenager that is pissed at his mom for telling him to clean his room saying "I hate you! I'm not a child anymore". The way you start to lead is to *take more responsibility following your vision*. Nobody can stop you from doing this except yourself. The more you do this, the more you will start to understand your vision. Vision is something you can't explain with words, but with your actions.

Here are some ideas of shit you can do to start taking more responsibility and leading:

- Wax her car regularly without telling her or asking for her permission. You budget the time for that according to your priorities, and if she wants to you to do something else, just say you are now waxing the car. No need to explain anymore. The same goes for other manly responsibilities: fix the house, mown the lawn, change the oil in the car, install furniture, fill out the taxes, all that. The more responsibilities you take of this kind, the more you are leading.
- Regularly scan the house for things that need to be fixed and done, write them down as a to do list. Write down what you need to buy to do them, and go get the things, and do it. Prioritize the list according to your vision. Do the things.
- When you do stuff that needs to be done, *never* proudly show it to her. That is seeking for approval “Mommy mommy look, i cleaned my room”. The job itself is its own reward because it contributes to your vision. She won’t notice 90% of them, but what matters is you know what is the maintenance the ship needs and you do it. That is what makes you the captain.
- If wife tells you to do something, think about it, and if it makes sense, decide you are responsible for it. Don't register her nagging, because leaders don't have time for that, they solve problems. Listen to her request, and prioritize it according to your vision, not to her emotions. Just saying “Babe, I got it.” and ending the discussion is enough. No need to say “I have so much to do, it will have to wait, blah blah blah”. The leader *always* has too much to do and he doesn’t need to explain his reasons for prioritizing. This changes the dynamics from her bossing you around to you listening to her suggestions, and all that you had to do it was to take responsibility. By doing this consistently she will learn that nagging only wastes her energy, and when you say you will do something, you do it.
- Stop playing video games, watching TV, being on reddit when shit needs to be done around the house. Men prioritize. You can only demonstrate this with actions, bitching how you are tired from the long day and want to watch Game of Thrones is what a teen would do. Just accept the leader works harder than anyone else, go unplug the kitchen drain now, and only after, watch half an episode.
- Plan a vacation/family activity. Don’t consult her if she would like it before hand, just plan it saying you want to do this, and inform her of the logistical details. Then carry out the plan. And if something doesn’t work out well, don’t bitch, it is your job to manage the problem and fix things. You will do this because this is part of your vision for the family, and you don’t need her to approve your vision. If you need, start with something small, an afternoon hike or something, this will help your confidence and will help you fine tune things. And if you forgot to bring water for everyone, it is your problem to solve, don't bitch about it.
- Take care of yourself without seeking approval. Make time to lift regularly, and have guy friends. If you can’t budget time for the captain’s table, then, you aren’t leading, period. If you think you are too busy, well, that is just an excuse. Vladimir Putin is busier than you and he works out every day. An essential part of leading is to being able to prioritize responsibilities and allocate resources, and then not bitching about your choices. The only person responsible for your body is you, so if you can’t manage that, then, why do you think others will trust you lead with stuff that affects them? Instead of bitching about what you don’t have time to do, accept that you chose to prioritize, and you have done all you could do. And a leader is always looking for more stuff that needs to be done, so always think hard and change priorities according to your vision.
- Stop fighting with her. Focus on problem solving. If something doesn’t affect concretely the

problem, change the topic to the concrete problem. If she is bitching about you not cleaning the garage because you chose to build the new shelves, instead of pointing that out, just say “I’m responsible for the garage. Don’t worry about it.” and ignore the rest. You prioritize your way, and you show it with actions, not words.

After a few weeks of doing this regularly, you will start to trust your vision. And by acting on it, she will start to trust it too, and you will see she pushes back less. She will start doing her chores better as part of your vision. The reason why this works is that, since assuming responsibility is so much work, almost everyone prefers not to take responsibility. All you have to do to lead is be the person that assumes more responsibility, and others will follow you only because it is easier for them.

Is this more work? Fuck yeah. But that is what makes you the man and the leader. Stop bitching and just do it. And when she is PMSing and angry, just budget more tasks for those days. Instead of engaging her hamster, just do productive shit. That is why you lead: you work harder for your clear vision.

This works *independent* of how strong/bossy/smart she is. In fact, I think that the stronger a woman is, the more she wants the man to be strong to submit her. It is your job to be that strong man. Leading strong people is more useful than leading weak people anyway. So become that leader that your strong wife wants to follow, and she will want to add more to your life. As you start leading this way there is a good chance she will respond better to you and will start requesting clarifying information because she wants to contribute to your vision. However, that comes *after* she trusts your leadership, and this only will come *after* you have lead successfully for a long time.

If you think the problem is she doesn't let you lead, you aren't leading because you are being a punk-ass lazy teen. Man up and do your work. That is the way to lead.

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## Comments

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hemptruth • 11 points • 25 March, 2015 12:24 PM

I'm newly married to a very headstrong woman. Reading this article was exactly what I needed. Getting more shit done in alignment with my own vision.

strategos\_autokrator[S] • 10 points • 25 March, 2015 12:29 PM\*

Chose ONE thing you will do this week towards your vision. And go do it without asking for her permission or telling her. Then look at the labor of your work, and smile, and open a nice beer to celebrate your good work.

Next week, chose two things. The week after, you won't have to choose three, 10 things will have found you. The week after you will be very busy, and you will feel like The Man Of The House. And then you just have to do this all the time for the rest of your life.

[deleted] • 1 point • 25 March, 2015 12:48 PM

What if you have a wife who gets upset because you're making decisions without consulting her first? For instance, wife wants (well I do too) cabinets painted white. I take my happy ass to the hardware when it was convenient for me and buy the stuff without her. I come back to a ration of shit about her not being part of the process. I told her, you gave me the requirement so let me execute it my way. "How would you feel if I went out and did?" I said, "You did, you bought the baby's stroller without me." She hates that example btw. But now the expectation is, I should consult with her first.

strategos\_autokrator[S] • 12 points • 25 March, 2015 12:54 PM

Why do you care about her being upset? How does that affect the problem of painting the cabinet?

Focus on solving the problem, painting the cabinets. Ignore the rest. Don't bring up old fights about times she took the lead because it makes you sound you aren't leading from your vision, but to get back at her.

I would have said "What is important to me is to paint the cabinets. I know it is for you too, so I'm going to focus on that." and ignore the accusations of having her tag along to the hardware store. Let her fume, and I paint the cabinets. Her hamster will do the work for me, and probably, she will offer me a beer as a token of peace later.

[deleted] • 8 points • 25 March, 2015 01:05 PM

I have so much to learn. Thanks.

I made the mistake of showing her all the work I had done so far, expecting some sort of appreciation and she didn't give a shit. Actually she wanted to hire someone to do.

strategos\_autokrator[S] • 12 points • 25 March, 2015 01:11 PM\*

What matters is that you know how much work you have done so far, and that you set up higher standards than the pro would. Then, do the fucking work, and it will speak for itself. She can bitch all she wants, but in the end, what matters for you is the very nice cabinets you painted. When you are done she will feel stupid because all her bitching was trying to put obstacles in your way, instead of aiding your vision.

Nothing feels worse for a wife than to see her man succeed in spite of her bitching. It makes

her feel deflated because she internalized she isn't adding to your life. So ignore her bitching and do the work, let the hamster work for you.

LifeChoiceReflector • 4 points • 25 March, 2015 04:26 PM [recovered]

I can't underscore /u/strategos\_autokrator 's point about not showing off your work. I've always experienced that I get the most satisfaction and happiness for the things I don't show off/brag to her. I modified my frame of mind to "there's nothing to show off. These are stuff that are the characteristics of a good leader." Ever since, whenever I do stuff, I'm happy that I'm a good leader. This behavior has leaked into my work at office as well, and it is doing wonders to my career.

vox\_veritas • 7 points • 25 March, 2015 09:31 PM [recovered]

Absolutely. Wife and I had been talking about repainting the trim around the front door for a while. Last weekend, she went out to get lunch with her mother and visit a family member who had come into town. As soon as she left, I went to Lowe's, bought the paint, came home, and painted. It wasn't until she had been back home for several hours that she went back outside to grab something from her car, then came back in with a confused look on her face.

Her: "Did you... It looks like you painted the trim." Me: "Yeah, I told you I was going to do it." Her: "It looks really good!" Me: "Thanks, I thought so too."

We had good sex that night and the next morning. Contrast that to when I've overtly shown her the work I've done. Her response is usually like, "Finally!"

strategos\_autokrator[S] • 9 points • 26 March, 2015 08:17 AM

Great Example. The thing is that the captain that is most respected is that one that is so good at his job nobody really can understand how he does it, or all the unnoticed stuff he must do only to set up the stuff that people do notice. He is so good at his work that it seems like he has some magical powers of some sort, when in reality, the magic is all that hard work others don't see.

[deleted] • 2 points • 25 March, 2015 04:48 PM

Last night's preview of the cabinet work just solidified this point for me, ten fold. I think why I'm conditioned this way is because my gf prior to my wife, (~5 year relationship), loved when I did this kind of home improvement stuff. Unfortunately her SMV was lower and I wasn't truly physically attracted to her. My wife's is about equal with me, well I know mine should be higher now since we're both mid-30s (post wall for her). Thinking about it now I'd probably be happier with the lower SMV girl.

strategos\_autokrator[S] • 4 points • 25 March, 2015 08:17 PM

The problem is not their SMV difference. Is that you are looking for approval for women. Work on that.

Maybe the one with the low SMV might have given you more approval, but it was still wrong you requested it, and given time, that beta behavior would have corroded the relationship anyway.

NotABibleScholar • 1 point • 25 March, 2015 05:39 PM

This is a topic I try to regularly teach men. Let me add some thoughts, did you know your wife wanted to be part, and is there a reason you didn't want her? If I were you and you know she likes this stuff, I'd told her I'm going to the store, this is what I'm doing do you want to come.. That's it, if she does great if not great. Now, if you have reasons not to, great otherwise its not less alpha to invite her along. Your wife is pecking at you because of what she sees as a weak display, that is seeking her validation for a decision you made without her, in other words getting her blessing after the fact. In didn't need it to go, you didn't need it for the finished project. This could be avoided by inviting her, soliciting her opinion and trusting her ability to help. However, this doesn't work in all situations you know your wife. Your work is your reward, a job well done or sometimes not so well done but hey you did it. If she shows appreciation for it great, if not well it wasn't about her anyway. It is my belied that as a man you were created for work, its a part of your ultimate purpose in life, embrace it and excell at it.

[deleted] • 0 points • 25 March, 2015 06:14 PM

You pretty much nailed what happened. I was near the store for something unrelated and made the decision to buy it all.

BluepillProfessor • 3 points • 25 March, 2015 06:35 PM

showing her all the work I had done so far, expecting some sort of appreciation

Covert Contract. Get rid of them.

vox\_veritas • 2 points • 25 March, 2015 09:54 PM

Absolutely. I think this is the basis of a lot of butthurt associated with men doing home maintenance, and I certainly have been guilty of it in the past.

Sepean • 7 points • 25 March, 2015 01:08 PM

I got the exact same crap from my wife. Just hold frame. It's a shit test, nothing more. You will never convince her that you did the right thing by arguing with her. But if you just do it and don't argue, she'll *feel* you did the right thing.

This past weekend my best friend called me and asked if we'd come over (wife + kids). I said yes, we agreed on a time the next day. And then I told my wife. She got upset and went "and you just arranged this without asking me?" I just said "yes" and she looked at me for a few seconds, and then that was that. No more arguments, and she's happy. If I had argued she'd gone on how I've stopped respecting her blah blah blah.

strategos\_autokrator[S] • 2 points • 25 March, 2015 01:27 PM

But if you just do it and don't argue, she'll *feel* you did the right thing.

This is so insightful.

Also, women don't love like men do. Women don't love who we are, they love how we make them feel. So every time I don't argue and act and make my wife feel I did the right thing, she is more in love.



jerpta • 7 points • 25 March, 2015 08:12 PM

"How would you feel if I went out and did?" I said, "You did, you bought the baby's stroller without me."

**NEVER** ever under any circumstances engage a woman who's picking a fight.

What do I mean by engage?

I mean respond directly to questions or accusations.

As soon as you do that, you lend a certain degree of legitimacy to her complaint. She didn't listen to the wording of your response, she listened to the fact you engaged with her - and in so doing tacitly admitted it had legitimacy without apologising or taking responsibility for your action.

The way you let that conversation continue, she'll keep on manipulating you - (a common tactic of manipulative people is to ask questions that only have one answer, which is exactly what she was trying to do with "How would you feel if....?") - and you're going to keep granting her manipulation legitimacy. Sooner or later you will wind up apologising just to shut her up.

Go read WISNIFG. You'll find it very helpful.

[deleted] • 0 points • 25 March, 2015 08:09 PM

"How would you feel if I went out and did?"

I'd say: "Delighted, it's about time you got off your ass and did some work around here" :)

RedPillJohnny • 0 points • 25 March, 2015 02:55 PM

I am considering buying a motorbike without her permission...not a 100\$ family item...but a fucking motorbike for *me* to ride and to take *my* wife for a ride when she behaves herself.

alphabet49 • 0 points • 25 March, 2015 03:45 PM

I just did this! Going to pick it up on the 9th. Good luck man. Go do it.

/r/theveneration if you're interested.

RedPillJohnny • 0 points • 25 March, 2015 04:02 PM

Thanks man. My wife shit bricks when I wrote out a 3 paragraph half-legal "will" and didn't include her in the discussion! Despite the fact that I designated in the will that she and the kids get everything! 3 hour fight broke out and it ended in her being butthurt about it and I could care fucking less.

And I rode dirt bikes back in the 80s, back when I gave zero fucks and the only responsibilities I had was a paper route that earned me money to buy more gas for my motorbike! It was the best time of my life and despite the short season for motorbiking where I live I cannot wait to taste the freedom of the road on a motorcycle!

This is also a way to raise the stakes and give the wife something to go nuclear on if she wants to go down that road.

alphabet49 • 0 points • 25 March, 2015 04:10 PM

I wrote out a 3 paragraph half-legal "will" and didn't include her in the discussion!

Super RP of you. :) Would you mind PMing me that "will"? I want to write something up like that, but don't know where to start. I'm also going to be taking out a decent sized term

life insurance policy because we have a decent chunk of mortgage left as we as some student loans that I wouldn't want her to be burdened with.

I know you didn't ask, but the bike is a 1979 cb750 in pieces that I'll be resto-modding into a cafe/brat. Super excited about it, I don't have a ton of riding experience but I'll learn. Can't wait.

This is also a way to raise the stakes and give the wife something to go nuclear on if she wants to go down that road.

Its almost like a shit test of our own, except we're not doing it for that reason. If she takes the bait and decides to issue any sort of ultimatum or give a stink about the bike, I'll know where she *really* stands.

Getting a motorcycle, to me, means an ultimate claim to the freedom that I deserve and need. It embodies what it means to be a guy: strength, speed, adventure, risk, freedom.

RedPillJohnny • 0 points • 25 March, 2015 09:29 PM

I sent it to you. It is pretty simple but it is better than nothing...I am going to escalate the will situation with the wife into something more official later but at least I have acted first and in the best interest of my family (wife included! ha ha!) and it is done! A task both of us were waffling about doing forever now!

That bike looks super cool. The pleasure and rewards given from fixing up an old motorbike ...I don't have words to describe the awesomeness! I had a 1980 Honda XR100 when I was a youth...it was so much fun...and the freedom. Oh the freedom!

And it is almost like a shit test, the difference being I am not inspired to buy a bike simply to shit test her...I am buying a bike for the reasons you listed...speed, strength, adventure, risk, freedom. Watching her reaction and gaining information about where she stands, will just be a bonus.

But she is going to get bent out of shape because I made a major expenditure without consulting her as she sees the money I make (and the money she makes) as OUR money and I have been trying for years now to straighten that out. I tell her that when I work and earn money it is my money...that I choose to share with her and I choose to pay the bills and house and car payments before anything else (and I would fully expect her to get pissed off and even divorce me if I was to hold out on the money or be a dick with it...but I don't hold out on her nor am I a dick about it but she never fails to mention that possibility!)...and I expect that she will do the same with the money SHE earns...although I still do not expect her to pay the bills, the mortgage and the gas for the vehicles...and still she thinks it is not fair! It makes no sense. Ideological feminism coupled with a woman's inability to recognize her own cognitive dissonance is simply an insult to a healthy conversation.

alphabet49 • 0 points • 25 March, 2015 10:13 PM

I got it, thanks.

This is the inspiration. *man swoon* I can't wait. The catalyst was sitting on the back of my brother's '07 cbr600rr going 145mph.

And it is almost like a shit test, the difference being I am not inspired to buy a bike simply to shit test her...I am buying a bike for the reasons you



listed...speed, strength, adventure, risk, freedom. Watching her reaction and gaining information about where she stands, will just be a bonus.

Exactly this. It'll give me some concrete evidence as to her attraction to/respect for me. However, I think that after getting my bike, the juices will naturally flow more. Just like coming home smelling like pipe tobacco made my smoke-hating harpy wet.

If you have the money and aren't being irresponsible, do it. I'm using a small portion of our tax refund, so there's no harm. (An interesting point she brought up last night was that I bought a motorcycle but I'm still complaining that I can't afford to go to the doctor and take care of some shit. Oops. I'll be scheduling an appointment soon.)

Fortunately I think my wife is *very* slowly starting to understand that I make the money and deem her fit to benefit from some of it. Both our attitudes have become more realistic in that sense, with me being proud of my provision and her recognizing it. We'll see how that changes once I finish building the home gym and she starts personal training. Her income will be about half what mine is, and she's already shown resistance to putting some of it towards "regular" costs like food and internet service.

RedPillJohnny • 0 points • 26 March, 2015 02:13 AM

concrete evidence as to her attraction to/respect for me

I really wasn't considering the side effects of such a purchase. I have given up being hopeful about her reactions to anything I do. I am so used to her bad attitude that I forgot that she *should* be turned on by me getting a motorbike if I do it like a man. I just expect her to be a cunt about it until she gets over it. You are probably not aware of my situation but I think it is time to implement dread on her if she doesn't fall into line as I can't take it any longer (the strong, independent busy body wife of mine is so occupied with her in-derp-ence that she neglects the kids, the house, and our relationship to the point that I think life would actually be more enjoyable *without* her around, divorce rape included) so part of my purchasing a motorbike is to start doing some things for myself, stop giving a fuck about what she thinks and waiting for her have an attitude adjustment. I am becoming the man I need to be, with a lot of thanks to TRP, and if she starts to demonstrate attraction then I'll take it. So thanks for the reminder. And I hadn't considered the attitude shift that it will give me either. Getting off the bike after a ride and feeling pumped and alive! Fuck me.

And I am trying to re-polarize the relationship and a motorbike will definitely help that and I never considered that thought before I decided to buy one.

Yes. Be responsible with the money. That's a good reminder too. Money is fuck hard to deal with some times but the best advice is to be responsible with it and not spend what you don't have.

And that Honda brat action is fantastic. Woah. Your gonna build that out of the old '79?

[deleted] • 13 points • 25 March, 2015 11:53 AM

"I can't lead because my wife is too strong/too smart/too bossy/too powerful/doesn't like it/is a feminist/doesn't give me a captain's hat"

In as much as desire can't be negotiated, leadership can not be negotiated either.

Excellent post.

strategos\_autokrator[S] • 11 points • 25 March, 2015 11:56 AM

In as much as desire can't be negotiated, leadership can not be negotiated either.

I've never thought about it, but this summarizes my post better than anything I said.

A good corollary is "When men lead, they are more desirable to women". This is why leading your life is so crucial to all aspects of marriage.

[deleted] • 2 points • 25 March, 2015 12:27 PM

I had typed out a similar corollary, but deleted it, figured less was more as far as an analogy.

I think that what you posted needed to be put up in it's entirety, some good examples and excellent points.

Inspirational, thanks.

strategos\_autokrator[S] • 7 points • 25 March, 2015 12:21 PM

This post of your really has me thinking now.

Men come here because their wives don't desire them, don't follow their lead and/or don't respect them. All those things, desire, leadership, respect, are things that cannot be negotiated. In fact, trying to negotiate them only makes you lose them more.

However, all those things can be inspired on her only is you acquire them without her. If you respect yourself and act to remove disrespect, she will respect you. If you lead your life with actions, she will follow you. If you spend time on your SMV, she will desire you more because she understand your SMV.

Sepean • 6 points • 25 March, 2015 12:03 PM

I'm going through the process of taking charge of the family, and part of my wife is fighting it. She sort of tries to argue against it, but it feels like token resistance, or a habit from the old days, or maybe it is just a regular serving of shit test. As long as I don't take her bait, she goes along with it and she seems much happier. Sometimes she'll even seem flirty while telling me I'm "stupid for not listening to her" with a tone of voice like a told a silly joke. Women are fucking strange.

Don't listen to what she says, just do it, she'll like it.

strategos\_autokrator[S] • 7 points • 25 March, 2015 12:11 PM\*

Don't listen to what she says, just do it, she'll like it.

And listen to what she *does* after.

I was fixing and installing some old curtains, and had to use the glue gun for a part that had fallen off. I fixed the part in place with tape while the glue cooled off. Wife comes to bitch about the tapes "I don't like those things there, what are they are? You have to taken them off, they look terrible. Why did you put them there? I don't understand why you put them there.". Before, I would have gotten angry at her micromanaging me,

and gotten defensive saying "You are just talking because you don't understand what I'm doing. I have to wait before I take them out. You have to trust me I can do this. The tape is to hold that in place while it glues, i'll take them off later, I don't need you to tell me that". This time I just looked at her, chuckled, said "Sweetie, I got it." and that was all. She got the point her comments were unwelcomed and unhelpful, and irrelevant to what was important for me to do. We didn't fight about it. I just took responsibility knowing that when done, it would be perfect according to my standards, which is what matters, because i have very high standards.

A few hours later, we had a lot of fun in bed.

[deleted] • 4 points • 25 March, 2015 04:22 PM

My favorite out of that BP/RP list:

BP: Wife doesn't know what she wants. I must figure what she wants so she is happy!

RP: Wife doesn't know what she wants. Therefore, it can't be very important. I don't waste time.

Apply this to all of you who have a wife who never asks for anything during sex... if she doesn't ask, then it's *not that important to her*. Fuck her any way you want.

TheGreasyPole • 2 points • 25 March, 2015 11:42 AM

Great stuff,

Is this more work? Fuck yeah, it is hard work. But that is what makes you the man and the leader. Stop bitching and just do it.

This in particular. No-one EVER told you this would be easy. This is hard work. YOU are going to have to do that hard work IF you want the results.

It's like lifting. There is no other way, no cheat sheet, no alternate path. You want muscles ? You lift heavy things. *There is no other way, this is the ONLY way.*

You want respect ? You earn it through the hard work of being a better man. *There is no other way, this is the ONLY way.*

Just as there are no body builders who didn't put in hard work to get where they are. There are no men who didn't put in hard work to get where they are either.

**This place (MRP) ain't the gym.**

We're the "body building info site". We stand in relation to being a man the same way r/fitness stands in relation to being fit.

The gym is your own life, and you need to put in the actions/hard work there. We can tell you how...But you have to action that yourself.

Reading and not doing gets you precisely nowhere.... Just as a man reading r/fitness but doing nothing about it gets him precisely nowhere.

strategos\_autokrator[S] • 4 points • 25 March, 2015 11:45 AM

We do this *because* it is hard work. That is what makes it manly.

Don't try to cheat out of the heavy load you have to carry. Just go to the gym and build strong shoulders to carry it.

crayonsred • 2 points • 25 March, 2015 12:59 PM

This is excellent.

Read 2x. Will come back again and review later.

lefthandedporker • 2 points • 25 March, 2015 02:46 PM

Great post. I'm new to trp and I'm about half way through the MMSLP. I've been starting my journey and in just a week she ask my last night if I was "ok" I seem "more distant" I said "im fine" then went back to reading. Are you guys seeing a lot of this in the beginning and what are some good responses?

[deleted] • 0 points • 25 March, 2015 04:43 PM

"I'm fine." is a fine response. Remember, as RP, you have to apply TRP philosophy to others: if you asked her what was wrong and she says "I'm fine." You don't read into that or look for subtext. She said "fine" so she is fine, as far as you are concerned. If she has a problem, she'll tell you, if she doesn't, she's handling her shit; same as you would do to her.

My wife asked me why I seemed to aloof, lately about 2 weeks ago. I said, "do I? okay."

lefthandedporker • 0 points • 25 March, 2015 07:10 PM

Sorry for the confusion. She said "you seem distant" "you ok" I said "I'm fine" she said "you sure" I said "yeah" was this the right move?

[deleted] • 2 points • 25 March, 2015 07:21 PM

Basically. yes. It doesn't hurt to pull her into your frame as well:

"Are you alright?"

"I'm fine." *pull her closer to you, 90%, what for her to close the 10%. Kiss* "But I'm much better now. How about you?"

"Yeah, I'm good."

"Good. Later tonight we'll make each other feel *much* better."

Or whatever fits your circumstances.

lefthandedporker • 0 points • 25 March, 2015 07:44 PM

Good shit.

LifeChoiceReflector • 3 points • 25 March, 2015 04:20 PM **[recovered]**

Excellent post! This is one of the most important things that turned around my marriage. Whenever she was cooking, she always got mad when I was watching tv or browsing reddit. She'd order me to do some stuff, and I'd feel upset/disappointed/angry/passive aggressive because she stays at home all day, and I come home from work and she doesn't even let me relax.

Then I realized that as long as I was not doing something productive and she was, she was always going to be the one in charge. I've started doing more things around the house, mostly without her asking me to do, and I can really see the difference. There are times when I'm slacking off, and she'll ask me to do stuff. My Nice Guy jerks his knees with rage, but I slap him on the face and take charge.

I still have a very long way to go, but making myself a better person is what I had to do to 'get my wife to be the way I like'.

Nowadays I think back to those early pseudo RP days when I told my wife that I was the Head of the Household, and she should follow me, I cringe so hard.

alphabet49 • 2 points • 25 March, 2015 04:21 PM **[recovered]**

Nowadays I think back to those early pseudo RP days when I told my wife that I was the Head of the Household, and she should follow me, I cringe so hard.

Right?!

strategos\_autokrator[S] • 2 points • 25 March, 2015 08:14 PM

I cringe so hard.

I also look back at my victim pukes and my anger phase and feel ashamed. I wish I hadn't done them, it hurt me, her and the relationship so much. I can't change the past, all I can do is work hard to be a good man for all of us.

RedPillJohnny • 2 points • 25 March, 2015 09:38 PM

I've recently figured this out too...the wife doesn't give me tasks to do if I am engaged in doing *anything* around the house that doesn't involve me sitting on my ass and enjoying myself...even if I am simply engaged in fixing a shovel or setting up the kid's pool or sweeping the sidewalk, as long as I am occupied with something "productive" she leaves me alone and doesn't assign me tasks (although she is a *task dispenser* type as well as a *busybody*, but that's for a different post). I still tell her I am head of the household but only to tease her...but I should just shut the fuck up about it and DO stuff...I talk to much and I should just *do*!

Risky\_Clicks\_NSFw • 2 points • 26 March, 2015 07:34 AM

"The Shepard never asks the sheep for directions"

rediscover03 • 1 point • 25 March, 2015 01:53 PM

Excellent post - thank you. Love the Vladimir Putin badass reference.

RedPillJohnny • 0 points • 25 March, 2015 02:53 PM

It is an excellent post...but I hated the Putin reference. That man is a fucking world class criminal and has probably strangled children to death with his own hands in front of their parents. Remember he is ex KGB (if you actually *can* be ex KGB and still be alive!). It's one thing to admire a fictional alpha gangster but Putin, even if he can kick Obama's ass with one hand tied behind his back, is abona fide cold blooded murderer and a swine.

rediscover03 • 3 points • 25 March, 2015 03:22 PM

Ah, without a doubt. Every nation has the leader it deserves. So he is a complete cold blooded ruthless killer, in charge of an oppressive government full of crooks and corrupts. Russia is a tough place, man. And he is one tough MF to be in charge of it for so long and to puppeteer others under his command with an iron fist. So from that standpoint, I do admire him and his longevity in power. Purely from a cold, outcome-based Robert Greene's 48 Laws of Power, standpoint.

RedPillJohnny • 0 points • 25 March, 2015 04:04 PM

...and lastly he is a politician. Which means when his lips are moving he is lying and his PR people made sure to strongly implant in his very RP people's minds, that he is ALL man. I don't buy it. But I will digress and buy into Vlad's "show" that he puts on, but there is no fucking way that is real.

strategos\_autokrator[S] • 1 point • 26 March, 2015 07:43 AM\*

I chose him as an example because from all the world leaders I could think of he is the most

famous that openly brags about working out, so the reference is clear. Saying he works out and is busy does not constitute an endorsement to his politics. If the image of Putin working out is discouraging because of his politics, just visualize Angela Merkel lifting and use her as your motivation. If you dislike her politics, well, imagine the Dalai Lama lifting. And if you are from the Zhongnanhai and hate him, well, come up with your own example, and share it.

RP doesn't give a shit about the morality of political leaders.

RedPillJohnny • 0 points • 26 March, 2015 02:46 PM

I guess...if you consider cold blooded murder a *morality* issue.

strategos\_autokrator[S] • 0 points • 26 March, 2015 02:51 PM\*

RP doesn't help at all to stop James Bond villains. Only to get the girls.

RedPillJohnny • 0 points • 26 March, 2015 04:08 PM

I don't understand that but that's ok. Great post anyway...it got me thinking. And don't take my Putin criticism as a post criticism. It would be more fun to argue this with you over a beer and maybe ending up with a fight after!

strategos\_autokrator[S] • 2 points • 26 March, 2015 04:13 PM

I think over a beer I would end up defending Putin as the best James Bond villain EVER.

strategos\_autokrator[S] • 1 point • 25 March, 2015 06:30 PM

He is all that. And still finds time to lift. Think about that!

RedPillJohnny • 2 points • 25 March, 2015 07:39 PM

"After hand dispatching some of my political opponents, state dissidents, and rival gang bangers I too enjoy a good hard work out! Lifting really helps shake loose the screams of mercy that are still echoing through my head."

strategos\_autokrator[S] • 1 point • 25 March, 2015 08:09 PM

Plot twist: When Roosh wrote Bang Ukraine he was secretly working for Putin.

alphabet49 • 1 point • 25 March, 2015 03:53 PM

Thanks strat, great post.

When u/thegeasypole was posting about intermediate RPerS, I thought maybe I was there. But posts like this set my feet firmly back on earth. I'm certainly still a beginner, and I'm very much ok with that.

The down side is that I already do lots of work around the house. I don't play video games or watch too much tv. I read. I work outside. Fuck, I'm building us a fucking awesome standalone home gym practically from scratch by myself. So increasing my work around the house can only happen if I encroach onto her responsibilities.

BUT, there's tons of other ways to up the ante. I like your ideas for organizing trips and hangouts. My kids desperately need other kiddie friends, and my wife has sucked at setting up playdates. Looks like a great area where I can lead.

AZTRP • 2 points • 26 March, 2015 12:01 AM



I've had the same problem. I do a lot of work around the house. Much of the time she's sitting there fucking smoking and drinking beer while fucking around on facebook or some shit.

That changed when I started assigning her tasks, she just needed direction. Sometimes perspective.

strategos\_autokrator[S] • 1 point • 26 March, 2015 08:30 AM

It sounds like you have a good leadership foundation, she was just lazy, and you use your leadership to get her in line. Fucking awesome example of how working harder automatically empowers you to lead.

strategos\_autokrator[S] • 0 points • 26 March, 2015 08:28 AM

If you are already doing a lot of the things I suggest there, you have a solid foundation for leading. Keep slowly taking more responsibility for everything. For example, even if wife is good at doing the laundry, if she doesn't have time, instead of bitching about it, just ask her for your shirts, when she bitches she was too busy, instead of brow-beating her, just go and wash them yourself. This shows her both that you are disappointed at her performance, but that it is your responsibility because what matter is just that the shirts are washed. With time, you have become the leader in those chores, and will have the high ground to correct behavior.

trendynamergoeshere • 1 point • 17 May, 2015 05:51 PM

Good lord bro, you are like 3 months too late for me. I am sure this will help some new guys. I have deliberately figured this out on my own and it makes a huge difference. Home Example: all the bulbs blew out in the lights in the dining room but it is well lit enough from kitchen lights. In the same day i realized that the master bath shower needed a good bleaching (military in me thinks everything needs it from time to time). I prioritized that the bathroom was more important because i would feel dirty after a shower if it hadnt been hardcore ocd military sanitized. Handled that in the A.M. then fixed the lighting and stuff in the afternoon while she was at gym. When she got home she didn't notice til that evening when her family was there. It was a great feeling to get this: Mrs.Trendy: "did you fix the lights in the diningroom?" Me: The lord said let there be light! <smirking in front of her parents>

Work Example: I started tracking all of my prospects to this insane level of detail such that my managers instituted a system that all of my coworkers have to do a similar system.

This prioritization is key to proving to yourself that you can handle it. I have noticed in my work with the military and my normal civilian job that proper tracking and prioritization is PARAMOUNT to being a leader in life and in a professional setting.

[deleted] • 0 points • 25 March, 2015 06:18 PM

Beautiful

[deleted] • 0 points • 26 March, 2015 02:36 AM

very well said.

jivehonky • 0 points • 26 March, 2015 05:11 AM

Excellent post. Where did you get that samurai bit? I would love to read that book.

strategos\_autokrator[S] • 0 points • 26 March, 2015 08:06 AM

Nowhere in particular, it a standard trope of the student that searches for the bad-ass hermit. It is in most martial arts movies, even repeated several times in Star Wars.

snowedinind • 0 points • 26 March, 2015 10:06 AM

Great post. You're pretty familiar with my situation, but let me highlight a recent detail that seems to, on the surface anyway, be an exception: *My wife says I'm too mean to lead*. I get work done (never been an issue), I only take leisure time when there aren't major things to do, and I am slowly but surely increasing my SMV (and she's noticing). The thing I can't do right in her eyes is take care of her [stunted] emotions. Therefore, she openly, vocally stands in the way of my leading. Perhaps getting things done isn't all that it takes, all the time? Or, maybe it's that I'm not as far along as I think I am, and that's the source of her leadership blocking. This may be a completely different subject, so forgive me if I'm off base.

Again, great post.

strategos\_autokrator[S] • 0 points • 26 March, 2015 10:56 AM\*

Read my post again you missed the main point. Leadership can't be blocked. Leadership is independent of others. If others don't follow, they don't add to your vision, so don't care for them, they will stay behind as you succeed.

Saying she blocks you is just paraphrasing that she is too strong/too smart/too bossy/too powerful/doesn't like it/is a feminist/doesn't give me a captain's hat. I was going to edit the post to add your "contribution" but I think it isn't needed, you get the point.

I'm not sure I understand *how* she blocks you. My wife can talk all she wants about how I'm mean or not doing things the right way, but unless she yanks the ladder from under me, I'll still ignore her and install those curtains. She can't block me. Is she physically blocking you? Hiding away tools? How is she blocking you? When you say she stands in the way, what do you mean? Does she barricade you in a place blocking your path? How does her emotions get in the way of your vision? Her emotions are an abstraction inside her head, how can that have power over you?

My wife says I'm too mean to lead.

It sounds like the issue is not her blocking you at all. It is that you want her approval for leading. Why? Read my post again, it was written for people just like you. But the problem is not her emotions, is that you are afraid of them. Women are emotional, accept that, and hold frame anyway.

snowedinind • 0 points • 26 March, 2015 10:30 PM

Saying she blocks you is just paraphrasing that she is too strong/too smart/too bossy/too powerful/doesn't like it/is a feminist/doesn't give me a captain's hat. I was going to edit the post to add your "contribution" but I think it isn't needed, you get the point.

I think I get you--in other words, it's an excuse.

Is she physically blocking you? Hiding away tools? How is she blocking you? When you say she stands in the way, what do you mean? Does she barricade you in a place blocking your path? How does her emotions get in the way of your vision? Her emotions are an abstraction inside her head, how can that have power over you?

She has physically blocked me before. Yes, it's happened. The norm, however, is that she manipulates me. Here's an example regarding a common theme, our collective lack of sleep:

**Me:** OK, it's getting late. I'm going to get ready for bed. [...So that I can get some rest, perform well at work, be healthier overall, feel rested, etc. None of this is said.]

**Her:** I hope that we can spend some time together tonight. [Just talking and staring at each other. Not to have sex. Because this is one of her expectations/desires that I must fulfill or I'm the uncaring, selfish

husband she thinks I am.]

**Me:** [Falling for it.] It's late. We have been over this a million times: I don't sleep enough. If you desire time together in bed, you should say so earlier in the evening...

But the problem is not her emotions, is that you are afraid of them.

I certainly project this. I am going to read your post again right now.

strategos\_autokrator[S] • 1 point • 27 March, 2015 07:42 AM\*

Reread what you just wrote. She didn't block you. She didn't manipulate you.

You *imagined* what was going on in her mind. You decided to not do what you wanted to do. All because you were afraid of *imagined disapproval*. She didn't say she disapproved of you. You imagined it. You are afraid of her disapproval. You are so scared that you are scared of even imagined disapproval. Review NMMNG and do all the activities. The problem is NOT her blocking you nor is her manipulating you. The problem is you are afraid of not having her approval. Until you overcome this, you won't lead. The shepherd is not afraid of his sheep crying.

This issue about sleeping at a reasonable time has nothing at all with what she thinks of you or her behavior, and all with the fact you don't have boundaries. Work on having good boundaries and enforce them.

The problem is not her, it is 100% you. Stop blaming her for your lack of leadership. Man up and start to lead now.

I'm harsh because I was exactly like you a few months ago. Read my posts and you will see. And I turned things around and we are both happier.

snowedinind • 0 points • 27 March, 2015 11:07 PM

Thanks. Your input is helping me to figure this out. I fully realize that I have to do it, whether or not we end up divorced.

strategos\_autokrator[S] • 1 point • 30 March, 2015 08:15 AM

It will take time before you see improvement, because first, it will take a lot of work to change your behaviors, and then it takes longer to change your mindset (but it will follow). And the whole time she will push back and test, it might seem like she hates your changes, but in reality, it is her way of testing if they are for real or not.

Your woman wants you to be a strong leader *independent* of her emotions. It seems weird, as you start enforcing your needs and vision, she will get more emotional, which makes changes harder for you. But keep going.

Think of it this way: she wants an unbreakable wine glass. So you get her one. Guess what is the first thing she will do with it? Drink wine? Of course not! Throw it to the floor, try to break the stem, all that. Why? Because how else would she understand it is unbreakable? It might seem like she hated the gift because she is throwing it over and over to the floor very hard, but in reality, she is enjoying the gift. Only after she internalizes the glass is unbreakable, she might actually pour wine in it and drink it.

RedPillJohnny • 0 points • 26 March, 2015 04:05 PM

This thread has some really important stuff in it for married RP dudes with a strong, independent, career minded wife. Thanks for posting it.

What I have discovered in relation to my marriage is that my wife likes to do more things than me. This puts me in the beta position because I am not as motivated as she is. And I truly am not. I work all day and at the end of it I have already gotten up at 6 in the morning, worked a 7.5 hour day and worked out for one hour. I made money and I bettered my health and I am now ready to be present to my family's needs. By the time I arrive home I am not spent but I want to relax, unwind by doing some chores around the house, use my hands instead of my head to accomplish things, have a shot of whiskey, have some dinner, play with the kids and hit the hay.

My wife does the "man" thing...she neglects the kids to pursue her hobby career *and* work on a volunteer basis on two "boards". She "mentors" people for free as well.

Typically a "man" with their own business would do this...neglect the kids and the wife because he is bringing home the bacon and "taking care of business". She is constantly emailing or talking on the phone or attending meetings when she is not doing some night work. Her priorities are work. I come last. The kids come before me but second last still. She always bitches at us about housework and how much she has to do regardless of the fact that she stayed up until 1 in the morning emailing or organizing a bunch of stuff that doesn't make us money.

I have passions and projects that I want to work on as well but lately I feel that the kids are being neglected due to my wife's extra "work" so I have started to look after them more. I would stop doing this if my wife even for a second considering slowing down her stuff to spend time doing her motherly duty but it never happens. The kids always pay for my wife's extracurricular activities.

My wife's ambition and drive to work is more motivated than mine. But hers is not to make money, this makes a fucking huge difference in the conversation as she is *spending* time and resources instead of *acquiring* them, her time is spent pursuing altruistic goals instead of earning cash, which I would much rather she do if she is choosing to spend less time with the kids and me.

But regardless of earning and expense this puts her in the less feminine, more masculine category, as her goals and the way she achieves, them are exactly the way a man would pursue them. She has also made it clear that her priorities are not what I think they should be. If confronted she would say that the children and family are her first priority and if someone reminded her she might even say her husband is up there too (maybe!) but her actions betray that.

So OP's observation here is absolutely correct. If you don't want your wife to lead then take over and lead better and more often and you have to outstrip her.

It is slowly dawning on me that my wife lacks feminine essence and our so called "balanced" relationship is what she is consciously seeking even though it has brought no happiness to my life or hers. I also fear that I am in the category of RPer's that are NOT going to get their wife to fall in line because some of these bitches will never get it even if dread is applied. I only fear this because I am trying to make this relationship work but the wife is not responding in any meaningful way. I think if I became a workaholic and spent every waking hour earning money she would see it as justifying her volunteer work because we can afford it.

I think the only answer here if you want to save the marriage is to out-DO your wife. I think OP is correct and if your wife is like this then you have to beat her at her own game...but...at the end of the day...the only victims will be the children who end up watching their spastic parents work themselves to death and never stop and rarely have moments to "smell the roses".

strategos\_autokrator[S] • 0 points • 26 March, 2015 04:18 PM

the only victims will be the children

I disagree. A way to beat her is to follow your vision. If you think children need more time with you, well, you do it, and enforce it. Make family activities where she has to come. This might mean that you have to change your schedule, but if kids are important, then do it. You lead by example. Stop trying to change her

and YOU change and with you, you change the dynamics.

Just because her vision is less time for the kids, it doesn't mean that you have to accept that vision and beat her at it. NO. You win by working hard for *your* vision. Eventually she will join it. Don't accept her vision, work for your vision. If you think the kids need more time with the parents, make it happen. Plan activities. Just lead for that.

The problem is not her drive to her vision. Is that you are not working for YOUR vision, so her vision is the one leading the family.

Relationships work in polarities. The way to make women more feminine is for you to be more masculine. The way to make them submit is for you to lead more. If the family dynamics are not what you want, lead the family towards what you want.

RedPillJohnny • 2 points • 26 March, 2015 04:56 PM

Excellent advice. And thanks for pointing out the flaw in my thinking...which is not to out DO the wife but to out VISION her...which ultimately lends itself to my LEADERSHIP and not in competing for who can be *busier*. My thinking tends to get compartmentalized (beta trait) and I am trying to expand it rather than classify it.

But I still think that dread needs to be applied in terms of her behavior changing because it IS her behavior that I want changed and it IS her behavior that fucking up the marriage...but what I am hearing you say is to make that change happen in myself and do less talking about it (perhaps NO talking about it) and that it what will bring the desired behavior change...or it won't and then I can move on.

snowedinind • 1 point • 26 March, 2015 10:34 PM

do less talking about it (perhaps NO talking about it) and that it what will bring the desired behavior change

I agree. This part is very difficult. I myself am slowly getting it: thinking/pondering more, doing/executing more, talking aloud about it less.

strategos\_autokrator[S] • 0 points • 27 March, 2015 08:09 AM

As BPP has defined Dread, it doesn't work for behavioral modification. Dread is for increasing attraction to have better sex.

However, I think that you can really change the issues you want just by being a firm solid leader and acting. Plan family activities, and if she is too busy, leave her behind. She will learn in no time that she lines up with the family you want or is left behind.

RedPillJohnny • 0 points • 27 March, 2015 03:18 PM

Solid advice. My wife is actually away right now and I am fully in charge of the family. I am using this opportunity to establish my *vision* and my frame around how the family operates and I intend on keeping it that way when she returns.

And that is interesting about dread and behavioral modification. Of course it is only for attraction. I have all but given up on any behavior changes in her instigated by me but I have not given up on being the leader and telling her how it is.

And after reading over all the comments on this post I have decided to tell her that she needs to drop one of her volunteering "jobs". If she kicks up a fuss I'll drop it and start doing family things without her and let her go ahead and operate without my involvement. But I have been working on her for a long time so she already *knows* that I am sick of it and that she is neglecting the family

over it...her being away right now will accentuate that.

She'll get the picture sooner than later but in the mean time I will be maintaining frame, improving my SMV and spending fun time with my kids.

Thanks for all the wise words Strat.

cegh • 0 points • 27 March, 2015 01:18 PM\*

It looks like you have a long way to go.

But if you want an example on what you should do and how it works successfully. Search the username "Fing\_farted\_on\_me" on reddit and you will find his story told over 5 months. That's is the most useful information I can give you.

BTW if you give your wife money for her non profit career, stop it. If she can't be assed to look after the kids while you do all the work, take that shit away from her. Her ambition and drive isn't more motivated than you, hell if you were in reversed roles, I'm sure you wouldn;t give a crap setting up a non profit motor cycling club while using her money to fund it and having the time of your life. The real world isn't easy, you need to find a job/make business to make money to support. If you manage to find something you really enjoy that's a bonus.

I hope you are at least getting sex.

Take the kids outs without her, stop being apart of her life until she wants to start being apart of yours and make her work for it too. She can't have fun with you and the kids unless she puts her hard work on looking after the kids too.

None of this bullshit about beat her at her own game. You raise your kids how you want to, she just happens to not be apart of it. If I were in your shoes I would continue with what you do: working, weights, looking after kids. But on top of that, start taking your kids out. Be a family without her. If she wants to be up til I am planning her business. You make sure you get enough sleep so you can have a fun time with the kids.

I promise, if you act like your wife is FWB ie. no kissing, hugging, no talking or listening to her crap. Use her only for sex(you cum, don't pleasure her) and get out of bed as soon as you've done. Things will change. Her hamster will start spinning that you will finally meet someone better than her.

As a leader, if you want her to look after the kids more, you tell her what she needs to do to make up her part of the role. If she doesn't do it, fine, you do it and lead how it's meant to be done. BUT this is where you retract certain things from the relationnship from what I mentioned above ie no kissing or hugging less etc. Until it gets to the point where she gets nothing. And if she doesn't improve then you divorce if you're still not happy.

RedPillJohnny • 0 points • 27 March, 2015 03:38 PM\*

I will look up the unfortunately named user Fing. Thanks for that. Eventually I will make my own story more available but not until I have reached the end of my KILL THE BETA phase.

I don't give her money for her career, in fact she does earn some money at it and does contribute to the household income, but it is the time she spends at it that is not acceptable. Time that she could be spending on her kids, on the house, on me! But instead she is a SJW with a mission, which she approaches like a man (which is actually merit worthy because that is the only way to get a project done!, but certainly detracts from any attraction that I can muster for her) and then sacrifices the things that are important to her to get a wider altruistic project accomplished. Ie. not one that directly benefits the family or our relationship.

I do get sex and it is not bad but it is nowhere near satisfying. Weekend PIV sex is not something to brag



about and lately I have become less and less interested in it and her. I have tried cumming first and her not at all and was quite surprised at how well it actually worked for future sex and attraction, but she cums super easily and it is hard to get there first. I used to assume that she came so fast because of me but I don't think this anymore. She is one of those girls who cum quickly and then wants to be done. I have tried to get her deeper involved. I have tried the Sex God Method. She won't even let me kiss her anymore. Just PIV. So lame.

My more realistic theory ( am idealistic to a fault) is that my past beta actions have completely ruined her attraction to me. Because it was bad...I broke all of Tomassi's Iron rules...all of them (cringe)! But now I am not relying on her to feed my personal view of my SMV nor am I looking to increase my SMV for the purpose of increasing attraction from her...I am doing it because I am a man who needs to be fit and healthy to function and not a lazy neurotic slob. I also am a man who is *correcting his mistakes* and realize that it will take a little time to do so and that the mistakes made may very well be *uncorrectable*.

I have been getting looks from girls in the street now because my posture and my weight and my entire demeanor but I don't think there is any way I can gain back that attraction from her. And considering her treatment of me in the past I too have trouble with my attraction to her...the write phrase spoken to me from my sarcastic harpy is enough for me to throw my hands up in disgust and walk away, but I can't yet. So I have completely thrown out any goal that relates to relying on her attraction to me to give me anything. I'll take it or leave it.

An yes...the next time she stays up until 3 in the morning doing her volunteer shit I am getting up early and taking the kids out for breakfast without her. Or to the pool or wherever. Thanks for taking the time to give me advice.

cegh • 0 points • 30 March, 2015 01:58 PM

The fact that she doesn't kiss you yet cums quickly is strange. Are you sure she isn't faking orgasms quickly so you hurry up and finish?

Try the 10 second kiss a day, but start at a few seconds and work it up. Don't ask her for a kiss, go up and kiss her. If she moves away, grab her neck and pull her to you and forcefully kiss her. If she shoves you away, give her a WTF look as if she killed a kitten and she gets nothing from you. That is a huge deal breaker for me. I don't know how you can handle not kissing your own wife and even worst that she is the one who doesnt want to kiss you.

I suggest not giving up until you have become higher SMV than her. Her drive and passion for her career doesn't make her attractive to men. Her looks do, so don't think her SMV is higher than you because of that.

You know what makes you unhappy which is good. Now you need to act on it to solve those issues.

Remember not to use covert contracts. State what you want ie more time together, but for sexual stuff you have to just do it without talking about it and punish if she doesn't give it you instead of talking about that.

RedPillJohnny • 0 points • 30 March, 2015 03:57 PM

If she shoves you away, give her a WTF look as if she killed a kitten and she gets nothing from you.

I have been doing this for a long time now. I ask her to kiss me. I try to surprise kiss her. I try it in bed. Before she goes out the door. I corner her and try to kiss her. She won't have it. I simply cannot believe her when she says, "I don't like to kiss like that anymore." I have then tried to "punish" her and she won't have that. We have to talk about it. And I end up saying that I was

only trying to kiss you why don't you want to kiss me and she says I don't like to kiss like that anymore and then we are back in the bullshit loop.

And no she isn't faking orgasms. I wish she was, then this problem would start making sense to me. She has always orgasmed easily but strangely enough never have I given her multiple orgasms...even when we were younger. I have tried but she pushes back and says she is done. I try again and then she gets mad.

And I used to kiss her while we were having sex and she loved it without a doubt and even told me that kissing me makes her cum faster...and that was one of her reasons that she said we shouldn't kiss!...but now she won't even kiss me in bed.

As a recovering AFC I have put up with a lot and still do so my benchmark for normal behavior is a little fucked up. But the kissing thing has been on my radar for 5 years now and I am convinced that it is indicative of other larger issues...issues beyond simple attraction.

I have tried the Sex God Method as well and she won't let me lead. I have given up in the past because of the rejection I felt when attempting all of these techniques recommended by TRP, and that is why I think the only solution is dread. But as a huge former AFC this is of course a challenging line of action for me...which I am up for...and I need to actually be ready to leave for it to work...not to mention the small detail that it will never work if there is NO attraction...which I think is the biggest problem...is that she has seen me at my chumpiest beta blue pill worst and she can't unsee what she has seen. And my wife is so fucking stubborn and reacts so pig headedly to being told what to do, even if it is right, so I would put my money on her putting up a fight and letting me walk out just because she doesn't want capitulate.

I have dropped covert contracts for 6 months now so I am keeping an eye out that old beta behavior popping back up.

But outcome independence is allowing me to focus on myself and keep improving. My SMV has gone up. My attitude, confidence, and even the way I stand and walk has changed. My wife has only noticed that I am becoming an "asshole" which I could accept if she demonstrated some form of increased attraction to me, but nothing.

So thanks for your comments. I am 98% convinced that I am going to have to enact dread on her to straighten out this mess. Her father was the king of AFCs and her mother was a real live first wave feminist. I think she is so brainwashed by the feminist bullshit inflicted on her by her "modern" parents coupled with her stubborn and masculine behavior and supported by every one of her friends, that this is lost cause. But I am determined to try because we have kids and I need to be a man for my kids sake as well as my own.

RedPillJohnny • 0 points • 27 March, 2015 05:20 PM

Fing\_farted\_on\_me's story was very helpful to read as I am looking to do *exactly* that if things don't change. A few months ago I would not consider it an option...but I can't continue to live like this.

I do not want an ex wife. I do not want my daughter being exposed to my wife's bullshit without me around to temper it. I do not want my daughter to have a step dad.

But I am absolutely tired of having a room mate that I rub genitals with. I am tired of not being desired. I am dead tired of the rejection that I used to experience when initiating and now I never initiate. I am hugely patient with bitches bullshit and I find it hard to be selfish but after reading No More Mr Nice Guy and Deida's Way of the Superior Man I am convinced that my life's focus has to swing towards what I want and I am working towards all that with conviction. Thanks again.

