

Riding the wave

February 28, 2015 | 6 upvotes | by [theultmatecad](#)

I was PM ing with a couple other men about the length of time that can possibly last when "things are good" in the marriage or LTR.

I mean after your in good shape with new clothes. Shit tests drying up and are actually amusing. Sex on demand etc.

Its like surfing and riding a wave. Lasts as long as you can hold the edge.

Its actually impossible to hold an edge of a wave forever. You get tired or the energy runs out and bam...she topples the board!

Now we know what to do when that happens right?

In my current situation I had a professional setback in Jan. I am sorting it and holding incredible frame but still..its stressful and I can feel the board slipping out from under my feet.

How can I tell? Shit testing ramps up from wife. Plate slow to return texts. My workouts are a bit shorter and im skipping parts I dont enjoy. Even my paelo diet went from 90 to 65 percent.

Today I begin a two week clean eating diet. Gym every day. No excuses. Ignoring plate. Mostly ignoring wife.

When they ask whats wrong. "Im busy"

Sexwill still initiate and be powerful. But little talking.

I wish I could just count on support from women when I need it. But I cant. I know this now and have learned the right thing to do is bootstrapping and ignoring them while I sort my own issues.

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Comments

BluepillProfessor • 5 points • 1 March, 2015 04:54 AM

This is the most fundamental finding of The Red Pill that women literally abandon their men when they most need the emotional and psychological support. Women become immediately unpleasant and unsupportive when a refuge and some support is most needed. They will cut of sex IMMEDIATELY with a man who most needs the touch and support of his woman. Death in the family, lose your job, get depressed- count on it. This is not a bug, it IS the programming.

[deleted] • 2 points • 2 March, 2015 12:29 AM

Tell me, do you think it's possible to have an emotional support woman in your life? I dont mean your LTR/wife . a sort of emotional "plate".

As I understand it, many men would have multiple women in the past, some to fuck, some to raise their kids. In " the good earth" the protagonist had a beautiful woman to fuck (a concubine) and a his first love (a sturdy woman from a farming community). He lusted after the first. He respected the latter(because she raised his children).

Maybe we're wired for that.

BluepillProfessor • 4 points • 2 March, 2015 04:43 AM

Yes we are wired for sexual relationships and emotional relationships with women. Sexual relationships are what we talk about on MRP. Emotional relationships are typically mother/child.

However, until about the 20th century, men would always have a strong, knowledgeable woman available because they lived in multi-generational homes.

So sure, men can have older women, relatives, and so on as emotional supporters.

Nobody is saying women can't show emotional support. We are saying they can't give very much emotional support to the men they WANT to fuck. Women are not wired to do that and men need to know how it works.

[deleted] • 2 points • 3 March, 2015 06:48 AM

Ok, thats super clear. Thanks.

[deleted] • 2 points • 2 March, 2015 01:39 AM

Women can't deal with a man's weakness and needs.

Well...one woman can....your mommy.

Too many men (me once upon a time too) confused our wives/Ltr with our mommies and we repulsed them.

[deleted] • 2 points • 1 March, 2015 03:19 PM

I wish I could just count on support from women when I need it. But I cant. I know this now and have learned the right thing to do is bootstrapping and ignoring them while I sort my own issues.<

This is still the hardest part for me. I find myself getting discouraged when all my lifting, improved appearance, snappier style and better frame are knocked out from under me. At times it does feel exhausting, that's where I'm

at, wondering if it's all worth the effort.

[deleted] • 3 points • 1 March, 2015 05:55 PM

You do these things for you. Thus, they can't really be on knocked out from under you unless you are doing these things for a single woman who didn't provide validation for these efforts.

Read up on oneitis and forge ahead

[deleted] • 2 points • 2 March, 2015 06:03 PM

Bingo! I was doing them for her. Lately, I've been getting myself into the "selfish" mindset where everything is for me. My needs come first. The surprising thing is that my wife is supportive of me getting out with buddies, new hobbies etc. Perhaps I was being a smothering little bitch!

[deleted] • 2 points • 2 March, 2015 07:47 PM

Good for you . The truth hurts.

Now stop smothering and be an independent leader

strategos_autokrator • 2 points • 1 March, 2015 08:50 PM

We choose to be men. We choose to go to be men and do the other things, not because they are easy, but because they are hard, because that goal will serve to organize and measure the best of our energies and skills, because that challenge is one that we are willing to accept, one we are unwilling to postpone, and one which we intend to win, and the others, too.

(yup, i just lifted that from JFK and edited it a bit)

Professional setbacks are the hardest to recover because they threaten a lot in the ship. Good job at focusing on the other stuff while things fall into place. Captains captain *through* the storm.

Redneck001 • 2 points • 1 March, 2015 09:05 PM

I have surfed my entire life. Good surfing, IMO, is best defined as "grace under pressure."

Be graceful under pressure. Great surfers are relaxed as chaos ensues around them. They look like they've been there before.

And if you eat shit on the takeoff and take a beating, just count to 10 in your head to prevent a panic attack. By the time you get to 10, your head is up again and you can take a deep breath of air.