

Do you apologize

December 28, 2018 | 5 upvotes | by [Madpuffin](#)

Working through the sidebar with NMMNG and MMSLP, but am in a situation where I need an answer on how to move forward with something and am not sure how to proceed?

I messed up and got caught in a lie with my wife over something stupid. I spent money on something for myself and she found the receipt. To make matters worse being the typical nice guy I tried to lie about it.

It basically ruined Christmas, we have not really spoken to each other since Sunday. I don't want to give in and hand her all the power back, honestly I make good money and we are not struggling financially I should be able to spend my money on myself If I want, but the cover-up and lying made the situation worse.

Do I apologize for the lying or just continue to wait her out? I know I was wrong but don't feel sorry. I know thy lying was wrong and not helpful to the situation but I want to avoid losing more face or doing anything further to make her feel in control.

I am sure I will get destroyed posting this but any advice however harsh will be appreciated.

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Comments

SeamusAwl[] • 23 points • 28 December, 2018 04:38 PM

Do I apologize for the lying or just continue to wait her out? I know I was wrong but don't feel sorry. I know thy lying was wrong and not helpful to the situation but I want to avoid losing more face or doing anything further to make her feel in control.

Here is how you apologize...

"We need to talk. I was wrong to lie about buying XXX. As a result I ruined our Christmas and that is not something I wanted to do."

This signifies that you are a man, you understand you fucked up, and are owning up to it. And it is significantly better in her eyes than...

"I am sorry I am a liar and bought xxx. Can you please forgive me?"

Terminal-Psychosis • 9 points • 28 December, 2018 05:19 PM

He in no way ruined Christmas. She did that.

I'd not apologize. At most, say something like "Next time I won't hide it from you." - like how to move forward, not supplicating about the past.

SeamusAwl[] • 3 points • 28 December, 2018 06:48 PM

He in no way ruined Christmas.

He said he did and I agreed with him. Regardless of her reaction, his Nice Guy white lie led to a different outcome then what he planned on having for Christmas..

I'd not apologize.

Did you see an actual apology in my recommendation? You shouldn't, just an acknowledgement that he fucked up. He doesn't have to tell her that he will do better next time. He should learn this lesson and just do better next time.

Madpuffin • 3 points • 28 December, 2018 07:57 PM

thanks i think this is the approach to take. I can follow up afterwards in case anyone is interested. I am sure most don't give a shit but this ass beating has been helpful.

Madpuffin • 3 points • 28 December, 2018 04:44 PM

thats what I will do. Thanks. I am sure she will want to pile on after that but I will sftfu and tell her I am done talking about it.

mindfulbutgutless • 7 points • 28 December, 2018 07:08 PM

I will sftfu and ~~teH~~ **that will show** her I am done talking about it.

FTFY

BostonBrakeJob • 10 points • 28 December, 2018 05:10 PM

Understand this, she's not mad you lied. She's mad she married a big ol bitch that can't buy himself a box of stogies without feeling like he did something wrong. That's too scared to make some waves by owning it.

BobbyPeru • 5 points • 28 December, 2018 07:01 PM

I will sftfu and tell her I am done talking about it.

Which one are you going to do?

A) STFU

Or

B) Tell her you are done talking about it

Acta Non Verba... actions, not words

MrChad_Thundercock • 1 point • 28 December, 2018 05:21 PM*

Of course she will. You need the Red Pill.

red-sfpplus • 8 points • 28 December, 2018 04:32 PM

Do I apologize?

Only if I get it in her hair.

hack3ge • 6 points • 28 December, 2018 04:59 PM

You don't make her say thank you?

MrChad_Thundercock • 10 points • 28 December, 2018 04:28 PM*

"I ~~should~~ will ~~be able to~~ spend my money on myself If I want.."

"but the cover-up and lying made the situation worse."

Stop being a bitch.

What's the root problem here? Don't want to make mommy mad? Being a nice guy™ all the time? Mommy has you on an allowance?

Are you fucking her?

This should be your wake up call faggot. Do you want to continue living as a bitch your entire life?

red-sfpplus • 11 points • 28 December, 2018 04:33 PM

Dude, it was a fleshlight. We all know this....

MrChad_Thundercock • 2 points • 28 December, 2018 04:39 PM*

Ha i think you're right.. I totally missed that. Fleshlights can ruin Christmas.

Madpuffin • 1 point • 28 December, 2018 04:36 PM

Cigars, lol

red-sfpplus • 4 points • 28 December, 2018 04:37 PM

Wow, even more gay than a fleshlight.

SeamusAwl[] • 2 points • 28 December, 2018 06:53 PM

Wow, even more gay than a fleshlight.

Depends if his wife is Monica? Then he can enjoy them even more.

wkndatbernardus • 1 point • 29 December, 2018 04:59 AM

My name is Bubba and I approve this message.

Madpuffin • 1 point • 28 December, 2018 04:43 PM

ouch, lol.

red-sfpplus • 11 points • 28 December, 2018 04:50 PM

I dont even know where to fucking start with you.

First, control the finances.

Second, I have socially smoked my fair shit of stuff in my days. Guess what? I got into fitness and realized that 1) tobacco stinks 2) so does weed 3) weed makes you dumb 4) tobacco stinks 5) its addictive in bad ways

If that is your vice, fine. But I wouldn't want to be in a LTR or married to a person who is a full time smoker. I suppose a case could be made of firing up a cigar when you are at the casino or Vegas or something, but otherwise it is kinda gay.

Wanna know who smokes cigars regularly? Overweight neckbeards who also love bourbon as well. I have tons of friends on FB who post up about who has the longest "ash" and what kind of bourbon they are drinking while they proceed to kill themselves and make themselves smell like a trash dumpster.

Sounds to me that you know that smoking is gay, and rather than owning your disgusting habit you lie about it like a little bitch.

Why? I am sure your wife can smell the stench of tobacco on you after you smoke.

Stop being a bitch. If you want to smoke fine. If you want to spend money on yourself fine.

But stop being a fag.

Fag.

Madpuffin • 4 points • 28 December, 2018 04:42 PM

the root problem is my nice guy behavior and giving a fuck about pleasing her. I should have said yeah I bought a box cigars, if you are worried about money than just work full time.

MrChad_Thundercock • 4 points • 28 December, 2018 04:49 PM

Sad.. just sad. Cigars ruined Christmas?

Don't apologize for being a man.

Does she fuck ?

mindfulbutgutless • 18 points • 28 December, 2018 05:26 PM

Haven't seen a cigar this destructive since the Clinton administration.

Monsieur-Incroyable • 2 points • 28 December, 2018 05:31 PM

Take my upvote.

Madpuffin • 2 points • 28 December, 2018 05:31 PM

you guys are killing me.

MrChad_Thundercock • 1 point • 28 December, 2018 06:42 PM

You're being a pussy. Man the fuck up. Read the ==>

Madpuffin • 1 point • 28 December, 2018 05:05 PM

she does fuck

red-sfpplus • 7 points • 28 December, 2018 07:19 PM

Trust me. I know. □□□□

weakandsensitive • 1 point • 28 December, 2018 08:23 PM

hahahaha +1

Persaeus • 1 point • 29 December, 2018 02:13 AM

if you're worried about money....

This tit for tat framing is gay as fuck and really shows what a nice guy you are. Correct answer to her questioning your decision is to simply state.

I bought myself cigars. Any further inquisition should be met with fogging , amused mastery, and agree and amplify while sexualizing her criticism.

cholomite • 4 points • 28 December, 2018 07:23 PM

How has no one posted the Arnold stogie interview yet?

<https://youtu.be/DklAU4GNpxA>

mrpthrowa • 6 points • 28 December, 2018 08:22 PM

How do grown ass man end up in a situation where spending their own money is a sin?

jimmy_thetulip 1 points 28 December, 2018 04:31 PM* **[recovered]**

Lying about it was stupid, typical nice guy behaviour. You need to work on frame as clearly you have none.

Own you shit. Tell her you bought something that you wanted and that you decided not to tell her the price because she'll get upset it about it. The stfu and move move to something more productive.

Madpuffin • 1 point • 28 December, 2018 04:37 PM

100% agree, that's the direction I have been planning, anything more than this causes me to continue being a beta bitch.

[deleted] • 4 points • 28 December, 2018 05:10 PM

I don't want to give in and hand her all the power back

Ask yourself: if you had any power in the relationship to hand back, would you be on this sub asking this question?

You're completely in her frame and it's spelled out all over this post...

I spent money on something for myself and she found the receipt.

I should be able to spend my money on myself If I want, but the cover-up and lying made the situation worse.

Do I apologize for the lying or just continue to wait her out?

The common theme across all of this is that you're letting her feels dictate your life. Why? Cigars didn't ruin Christmas, and her bitching about cigars didn't ruin Christmas. Your refusal to own your shit (i.e "I wanted some cigars so I bought some") ruined Christmas. Keep working through the sidebar. WISNIFG is going to be good for you. It's the most tedious book you'll ever read but it will show you exactly how to handle these situations.

Terminal-Psychosis • 2 points • 28 December, 2018 05:21 PM

WISNIFG

This is a really excellent book for learning how to ground out manipulation.

Good assessment there too, Mr. Title.

Madpuffin • 1 point • 28 December, 2018 05:24 PM

that's next going to get the audible version this weekend.

Terminal-Psychosis • 3 points • 28 December, 2018 05:15 PM

Her making a huge fuss about it ruined X-Mass, not you.

I'd say next time just own up to buying whatever. Your money.

Don't apologize. Next time just be up front and make her deal with it.

Also, don't give in to her terror now. If she can't behave like an adult, she needs a time out.

Madpuffin • 1 point • 28 December, 2018 05:28 PM

the more i think about it this might be the way to go, wait her out and make changes moving forward.

I am ok with admitting I was wrong if that will help, but I am not going to apologize. Will have to figure out if I admit I was wrong or just STFU.

toothdude 1 points 28 December, 2018 10:34 PM **[recovered]**

I don't think there is a single thing wrong with admitting that you did not handle the situation very well. But then I'd leave it at that. If she wants to pick at the carcass, keep your top lip firmly in contact with

your bottom lip.

Madpuffin • 2 points • 29 December, 2018 12:25 AM

well its done, said my piece and buttoned my lip and went to workout.

just gotta move forward and learn.

jdogworld • 3 points • 29 December, 2018 02:49 AM

This is a perfect time to STFU. Move on. Don't mention it. Light up a cigar on the back patio while she's home and chill like you don't have a care in the world.

nantucketghost • 2 points • 28 December, 2018 06:09 PM

I love cigars. But you need to own up to it.

The short answer is yes. Apologize for the deceit. Tell her you were just trying to avoid a conflict (such as what you're having) and it not only was bad judgement but backfired.

Tell her you won't lie again (and seriously don't, there is absolutely no need to ever do that), but that you ARE going to spend some money on your hobbies you enjoy.

So yes, apologize (it says that you understand you were wrong). That's not giving her power, just stating a fact. Then say that you will be buying things for yourself once in a while - you still have the power and that you don't want to hear any complaining from her.

You only got there because you didn't want to hear her complain. Now, she gets to hear about what you're buying and you won't be hearing her complain.

Wait? Since Sunday? Damn brother. Then tell her you consider this matter over. Her being silent and you letting her is her exerting her power over you. No, she does not get her way on this one.

If she doesn't consider it over, tell her there is the door and go open it.

sars445 • 2 points • 28 December, 2018 06:33 PM

When you actually fuck up, you apologize.

red88lobster • 2 points • 28 December, 2018 09:08 PM

After you have read the sidebar maybe you should read Jordan Peterson's 12 rules for life. Lying is bad num nuts.

Two_kids_in_a_coat • 1 point • 28 December, 2018 06:43 PM

You'll get different answers. Generally RP is against apologizing, however I believe you should own your mistakes and if you hurt someone you should apologize. A red pill man has no reason to lie. You own your actions and it's up to your wife to accept them. Lying shows you're weak and need her approval. The damage is done, and you need to own it, own the lie, and show you're better than that. "Wife, I lied and you deserve better than that. Sorry. It won't happen again". Then drop it. Don't ask for forgiveness, give her time to get over it and don't do it again.

SeamusAwl[] • 1 point • 28 December, 2018 07:17 PM

Lying about cigars is not something that he should apologize for, instead it should just be an acknowledgement of his mistake.

Two_kids_in_a_coat • 2 points • 28 December, 2018 07:19 PM

Yes and no. He should not apologize for buying cigars. He should apologize for lying.

SeamusAwl[] • 1 point • 28 December, 2018 07:24 PM

Why? She isn't upset that he lied. She is upset that he couldn't even own up to buying something so small. She is pissed she is married to a pussy.

Two_kids_in_a_coat • 1 point • 28 December, 2018 07:29 PM

Lol, truth to that. But lying is what made him a pussy not buying the cigars.

SeamusAwl[] • 1 point • 28 December, 2018 07:35 PM

yup. I have never said otherwise.

Madpuffin • 1 point • 28 December, 2018 07:19 PM

meant tell her i am done then stfu.

either way stfu

Madpuffin • 1 point • 28 December, 2018 07:36 PM

yeah that interview is priceless. Also points out my exact problem.

Madpuffin • 1 point • 28 December, 2018 10:38 PM

obviously

z2a1-9 • 1 point • 29 December, 2018 05:10 AM

Don't apologize, OYS and move on!!! Man up buttercup!