

# She knows something's up

October 24, 2018 | 6 upvotes | by [cognitopito](#)

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About 1 week ago I fell on a blog post from married man sex life. It talked about how the person who cared less had more power in the relationship and I realized that my wife had taken the dominant role as I begged and pleaded for sex. We have sex pretty frequently, but the quality has been lackluster, so I tried to talk to her about it. We ended up fighting, and went to bed frustrated. The next day she left for a weekend at home to visit her family that had been scheduled for months. During that break I read more and more and realized I had broken one of the major rules. I began implementing the stages of dread, and since I picked her up last night I've seen incredible success. She's showing me more affection, and begging me to come to bed. However, she has asked me what theories I'm up to now, What tests am I running, etc. I've told her that I've just started focusing more on me and that includes gym time and focusing more on my work and passion projects. However, she keeps persisting. What do I do? What do I say? I know I can't take back that mistake. Anyone else have any experience with accidentally divulging the secret?

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## Comments

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[deleted] • 16 points • 24 October, 2018 02:54 AM

She leaves for one weekend, you apply dread and when you pick her up at the end of the weekend she notices you are a changed man and is begging for you to come to bed? Please teach me your ways.

simbarlion • 8 points • 24 October, 2018 04:26 AM

I think he is a subscriber of the fraternity of excellence.

[deleted] • 2 points • 24 October, 2018 04:35 AM

Shit sign me up

SteelSharpensSteel • 1 point • 24 October, 2018 01:58 PM

\$40 bucks a month!

[deleted] • 2 points • 24 October, 2018 05:08 PM

Small price to pay to get my wife to fuck me

RedPillCoach • 1 point • 26 October, 2018 02:40 AM

This guy took the Red Pill. That is what the wife is seeing. She knows he is on to her now. Some guys accept this readily. Some take years of struggle. Most never make it and turn into Cyphers.

It wasn't the "Dread" it was the resolution and determination. It was the energy change and she is just figuring out the best way to exploit it.

Two\_kids\_in\_a\_coat • 13 points • 24 October, 2018 02:33 AM

There is nothing up. You're just not being a total faggot like usual. Keep your mouth shut and lift heavier shit and you'll do alright.

red-sfpplus • 20 points • 24 October, 2018 02:21 AM

She's showing me more affection, and begging me to come to bed.

So STFU and go to bed faggot. And keep your fucking mouth shut moving forward.

I've told her that I've just started focusing more on me and that includes gym time and focusing more on my work and passion projects.

Be a broken record. Just say this over and over again. Say it with a smile and move in for a kiss.

How fucking complicated do you need to make it?

simbarlion • 6 points • 24 October, 2018 04:24 AM

good work.

It is common to have some quick results, the hard work proving you really are different follows. All you have done is presented yourself as a slightly less unattractive husband. She is having a hypergamous mental orgasm over your new you-ness

To answer your question sensibly, just say without being cagey that you've been busy. Keep it super open. I

would not even mention the gym or anything. The hamster runs its best with little to no food. You have a lot of shit to do etc.

There is literally no way through this except to play the long game. Any 'short game' has a negative impact on the long game, most of the time

Sepean • 3 points • 24 October, 2018 05:18 AM

What do I do?

Keep on doing what you're doing, except stop worrying what your wife thinks.

What do I say

Nothing, or AA.

SorcererKing • 3 points • 25 October, 2018 04:55 PM

Just for follow-up reading, here's how to operationalize all this to your advantage.

[deleted] • 1 point • 25 October, 2018 04:59 PM

Such good stuff, and you just gave it away, for free. Seems altruistic.

SorcererKing • 1 point • 25 October, 2018 06:10 PM

As I've said before, living in a world where more guys are unplugged benefits me.

[deleted] • 1 point • 25 October, 2018 07:56 PM

more guys are unplugged benefits me.

Agree. Just poking the bear.

Aechzen • 2 points • 24 October, 2018 01:15 PM

You didn't say anything about your lifting, bro.

That's the part of Fight Club you can talk about with your wife.

Hit the gym, and talk about your next workout. If she goes along and gets hot too, bonus.

BobbyPeru • 1 point • 24 October, 2018 04:51 AM

She says I'm acting different and she doesn't know what's changed about me but that I'm different. I've told her that I've just started focusing more on me and that includes gym time and focusing more on my work and passion projects

RP101 here, read your basics. WISIFG tells us we do not owe an explanation. STFU. Use A&A or AM

[deleted] • 1 point • 24 October, 2018 12:44 PM

anyone else have experience accidentally divulging the secret?

Yeah, I left MRP subreddit open on my phone when I first discovered it, back when I didn't understand the potential consequences at all. She saw it via snooping, called me out on it next morning, and ranted a bit about its toxicity. I just played dumb and said something to the effect of "oh that's interesting, I didn't see it that way. But I'll read whatever I like thanks" and left it at that.

What's hilarious is how supportive she is about RP concepts in conversation. Give it a label though and it's "bad".

TLDR: chicks like sausage, but they don't want to know how it is made.

Aechzen • 2 points • 24 October, 2018 01:16 PM

change your phone password, and set an auto-lock countdown so you can't leave it open for more than a minute or two in the future.

UEMcGill • 1 point • 24 October, 2018 01:29 PM

Embrace the mindset of not giving a fuck.

It bothers you that she's asking questions not because they make you uncomfortable, but because you want to please her. You don't want her mad at you.

Read When I Say No, I Feel Guilty.

Her feelings are hers, yours are yours and only you can judge your actions.

RedPillCoach • 1 point • 26 October, 2018 02:41 AM

Some guys need to take it to the edge of divorce before the wife even notices anything is happening.

Some guys read a post and a light clicks on and the wife is suddenly worried sick.

I'm acting different and she doesn't know what's changed about me but that I'm different.

This calls for Amused Mastery. She can smell her little Beta Boy slipping away from her power. Have fun with it.

ChokingDownRP • 1 point • 26 October, 2018 03:19 AM

My guess is that she fucked another guy when she went away for the weekend. Her inviting you to bed is her version of hysterical bonding. I'm kidding, but you never fucking know. Just keep working on you FOR YOU and the rest will work out fine.

friendandadvisor • 1 point • 29 October, 2018 02:05 AM

However, she keeps persisting. What do I do? What do I say? I know I can't take back that mistake. Anyone else have any experience with accidentally divulging the secret?

Well, the thing to do is to tell her everything, or else, she'll just keep on persisting.

That, or, just stop being a faggot.

If she asks what 'tests' your doing, tell her 'gynecological', grab her and fuck her silly.

Redpillbrigade17 • 1 point • 24 October, 2018 09:02 AM

"Babe, you know I've been thinking, and had an epiphany. It hit me like a ton of bricks that an amazing woman like you deserves nothing but the very best version of me. Now scooch over here and give me a kiss. Those luscious lips look so delicious from here. You sexy little devil you."

BarracudaRP • 2 points • 24 October, 2018 08:31 PM

Too many words