

IVF medications

October 16, 2018 | 6 upvotes | by [jupe](#)

Wife has been on progesterone and estrogen drugs related to her IVF treatment. She is now pregnant but will continue to take the medications for another month.

Things are usually fine, but once in a while she suddenly gets in a dark mood and sleeps for hours in the middle of the day. This is related to the medications she is taking, since it never occurred before taking them. Not really sure the best strategy to deal with that, whether I ignore it and let her recover on her own, or compel her to get more active (basically would have to lift her out of bed). Dr. just said 'people can get moody'.

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Comments

[deleted] • 15 points • 16 October, 2018 05:39 PM

Let her rest man. Is this first pregnancy?

It's going to be all about her for 9 months. And that's okay. Just roll with it, let her rest when she needs rest. Mood swings are usually not personal, her hormones are wild right now.

jupe[S] • 2 points • 16 October, 2018 05:46 PM

First pregnancy for her, yes.

I have children from a previous marriage. Didn't see this kind of thing before.

[deleted] • 4 points • 16 October, 2018 05:59 PM

Every woman is different.

We had our first child in July. It helped me to remind myself that my wife is literally growing our child. Her body is changing. Her hormones are fluctuating. If she was grumpy one day, or extra tired another...I would remember what she's doing for us. And it made the moods and everything else seem trivial.

If it was me, I'd let her rest, and then see how things are in a month after the medication is done. We didn't need IVF, but my wife still needed a daily nap of 1-3 hours because of all the things that were happening to her body.

chessnotcheckers • 5 points • 16 October, 2018 08:29 PM

I would say let her rest, but do agree with the other comment, to learn the difference between that and a habit.

We're going through IVF right now so I know what you're talking about with the medications. My wife's been pretty good about recognizing the affects but sometimes I'll tease her or call her out about them. Being in similar a situation as you, I would caution on the side of comfort in the short term.

Red-Curious • 4 points • 17 October, 2018 01:07 AM

You have better things to do with your time than to boss her around. If and when she's ready to follow you in doing stuff besides sleeping, she will. If not, she won't and you do your own thing. If she's legit screwed up from pregnancy and meds, this attitude saves you a lot of trouble and butthurt. If it's not legit and she's just not interested, do you think forcing her out of bed to do your bidding is going to be more helpful?

bogeyd6 • 3 points • 17 October, 2018 03:22 AM

Let her work out the drugs in her system. You chose to go the IVF route, its time to suck it up and deal with the problems you created. She is pregnant... You won. Why dig through the weeds? Often times for a man you never really learned how to deal with success.

For instance, you know what a navy seal does when he completes BUD/S? Sleeps for three days and is pumped full of medications. He completed the hardest training of his life, and yeah there is some recovery to be done.

ReddJive • 3 points • 16 October, 2018 07:16 PM

I don't know fertily that well but what I can tell you is that while it is true the hormones will do all sorts of things. It can also become habit.

Learn the difference.

jupe[S] • 2 points • 17 October, 2018 03:48 AM

Thanks all.

RedPillCoach • 2 points • 17 October, 2018 05:28 PM

I hold a Masters Degree in physiology from a medical school and I have no idea. This is a complicated medical question that even a General Practitioner physician could not answer. Consult with the person prescribing the IVF meds or a psychologist/nurse who works with that person. Your wife might also have some input- when she is not bedridden you should talk to her about it.

I think it is certainly reasonable to take a person by the hand and have them stand up and move around several times a day. My son was recently in the hospital and after surgery they threatened to give him a shot with a blood thinner unless he got out of bed and took 5 walks every day. It worked.

people can get moody

This is a screw off I don't want to deal with this issue answer you were given. You don't have to accept this answer. I would demand more information.

[Takes wifes hand]....Yes doc, we know that people get moody, so what can we do? What can I do as a husband to help her with this? Do I get her out of bed and take her out for dinner? Do I let her sleep as long as she wants? Can I leave her alone while she is asleep like that? Should I roll her over ever few hours to prevent bed sores?

DrPillPopperMD • 2 points • 17 October, 2018 06:36 PM

My wife is pregnant after having tried for a year, and having to abort a baby - my advice from what I've gathered here mirrors the above, this is about her for 9 months. Extra comfort and if ur going through dread stages, stop wherever you are, don't go to the next steps Bc from what I've read it usually doesn't go well.

Sex can be hit or miss now, she's going to be tired a lot - so it's not really an excuse, she's growing a baby, so just be cool with it and roll with the punches.

Hormones are going to swing without any action needed by you, she'll be mad and then be happy, without you even reacting. Just hold frame and don't become too deep into the beta side Bc it'll be hard to get back after the baby is born.

My rule of thumb is to just hold where I was in my journey and it's served me well.

Also - CONGRATS!!

jenkstom • 1 point • 18 October, 2018 05:56 PM

Did IVF three times. Let her rest.