

FR: RP Working quickly but I'm in uncharted territory

September 18, 2018 | 8 upvotes | by [HornsOfApathy](#)

I'm in a bind and honestly don't know what to do. I'm a mere week out of taking RP and fuck - it's insane. Currently reading MMSLP and have finished NMMNG. I can't read fast enough before the next shit hits. Before MRP and reading here I never realized how fucking stupid I've been. I've spent countless hours on self help books that have produced shit.

RP works guys - i can't believe it. It's blowing my mind.

I've already fucked up one marriage before this one. About 8 years ago my first bitch fucked a Chad, then another, then another - all on craigslist. I sat by in my stoic white knight castle as she ran all over me - typical drunk captain. Very typical. She lost all respect for me, then it's the same story with my current marriage - but this time I didn't stick my dick in crazy (previous marriage) and have to marry that one (white night blue pill bullshit amirite?).

My first marriage was one in which we met in college and like all drunk captains type 1 - I definitely was the alpha then. Highest leadership in my frat. I hazed little bluepill bitch boys. Did my best to show them the ways of RP way of dating (although I was a bluepill bitch once in a relationship) although I never knew this existed. I was an amateur, but it got me pussy... lots and lots of pussy... but when I entered serious relationships I always seemed to lose my frame.

Anyways - back to marriage 1: She fucked Chads. I was needy. I wanted to fuck, but didn't want my loving caring i'llthinkofyou dick as I climbed the corporate ladder and didn't OYS. She was a SAHM who shit and comfort tested me all the time. I failed every fucking test DEER my way out of it. Fucking shit. As i look back, I realize the failure of my marriage was entirely my fucking fault. I blamed her, Chad, Chad, Chad, whatever... but the reality is I was a weak little pussy who would take shit from her and well... that's how marriages end.

Shortly after my 1st wife moved out on me, I went into an almost hysterical panic. Doped up on meds, drinking, fucking, whatever - I was in a wild spiral. Eventually I managed to read enough helpful sidebar material to get my ass back on my feet and OYS. I remember reading through RP and implementing it's recommendations on reading and such, but it didn't stick like reading all the stories and helpful comments people have made here on MRP.

I got my shit together after that around 2011 - and was back to my old form. Fucking everything I wanted, doing what I wanted, hanging with the boys, playing sports, going to the gym. SMV 8. Killing it - then I met my current wife.

I got married to her after 3 years of dating. I vividly remember on our honeymoon her saying to me: "All you want to do is take me upstairs and fuck me on our honeymoon", to which I replied "Yes, I do.". We fucked like crazy for years leading up until our pregnancy about a year after getting married.

I started being a pussy. She got pregnant and I wanted to be the best loving understanding husband ever. It all began there. She quit her job for me to be the breadwinner, and I did, very successfully. But at the same time I let all my shit fall apart again as the drunk captain. She started taking over duties that she shouldn't have to as the first officer. Before long until a few months ago - she was doing almost everything house related. She constantly nagged, and complained about nagging. She is/? depressed and has been taking a litany of drugs to deal with it, but now I'm questioning if it was me all along being a

bitch and not leading her when she actually needed me most to lead - not be a whiny loving bitch.

I realize now that I have seriously fucked ALL this up on my own. She just needed to be lead.

My wife is a strong willed and independent woman, or so I thought until I swallowed RP. Fuck was I kind of wrong? I'm kind of lost on who my wife is at the moment because either I've gone Rambo or she's a submissive. She does anything I want when I tell her to.

I started a week ago – I began STFU, AA, AM – which I'm not so bad at after all these years of no practice. It came extremely naturally to me because of my success professionally. It felt pretty easy just to follow the rules. The results were instantaneous. I am better, higher, more confident and loving life moreso than ever as I remember my old self. All the projects around the house that I wanted done? I'm done with them ALL. Fuck yes. The only place though up until now that I OYS was at work.

I am leaving for business for about 15 days in about a week, and my wife is going nuts. She's never done well with my travel (misses me when I don't call regularly – then gets bitchy and shit tests me and I fail). I'm not really sure how to handle this one because I've never been this long away from her internationally and I'm for certain going to want to do my own shit while traveling and better myself. At the same time, the changes I've made have been sudden. She's already noticed some key things even though I haven't said a fucking word about fight club. She's been fucking me everyday, and for the first time in a year we fucked in the daytime (OMG WOW.. pussy). I've held frame on all but 2 occasions over the last week – to which she fucking nailed me down on in a hurry but I was able to AA/AM them away. She's been asking to spend time with me beyond belief in the YEARS I've bene with her, but I'm too busy OYS. She notices that for sure, but in the same way how the fuck can she complain when her semi-drunk captain is starting to get off the booze.

I know I should watch what she does and not what she says. But tonight I heard in a massive shit test:

- You are doing something different I don't know what it is but I don't like it. (She begs to spend time with me though. Constantly comes and initiates conversation when I'm busy OYS)
- You have been sexually aggressive for the last week and it makes me uncomfortable. (Her pussy is fucking drenched every time. I haven't had this wet this consistently in years once we get going. She's typically not wet at the beginning until I get about 10 strokes into pounding that pussy)
- You don't spend time with me (comfort test – passed)
- When we do spend time, you don't talk with me (again comfort – but I am STFU, I feel like a shit test comes all the fucking time and I'm not experienced enough yet to AA/AM and am trying to just STFU)
- I'm going to bed don't try and have sex with me I'm going to sleep.
- BEST ONE: "I liked it better the other way"

So, guess what I did? She went to bed, I was busy working on some shit, got a shower, went to bed and initiated. Got my first hard no. So instead I decided to say fuck that to see if I could pass a hard no at this point – which in hindsight I'm having a hard time deciding if it was a good call for myself this early. I told her after the no that I needed to cum, and I was going to cum all over her. Stuck my dick in her mouth to gauge her interest and she complied. Cleaned her up good and I rubbed her tits and she moaned, and cuddled up against her since she's been a good girl to me lately. But then:

- Her: I told you I didn't want to do that. You need to listen to me. Now it's late and what time is it?
- Me: Pretty late! About 12. (we've been fucking til 12 all week, and she got a 3 hour nap today)
- Her: Why did you do that? (I'm read this as a shit test)
- Me: Your body is hot. You make me horny. Are you going to go get those pictures made we talked about?
- Her: haha.... Yes.
- Her: I feel like the only emotion you've been using is sexual.
- Me: (trying to STFU) Hmmm. Well, you're hot. I like your body. I'm going to go have a cigarette, want to go with me?
- Her: Hahah – no I'm too sleepy.
- Me: Ok see ya later!
- Her: I'm so frustrated, I don't understand

Happy to provide more context but this is the deal: I'm getting laid, and laid better than in years. Mindblowing. It's like a flipped a switch on my wife, but the frame I'm holding is in jeopardy with my next trip. I've always been a little pussy and called her every night

Sidenote: I'm internally angry. I don't want an angry frame so I'm internalizing the best one can but I'm sure some bleeds out. My wife is noticing. I often sit in silence and STFU with her because I'm the worst beta ever when it comes to failing shit tests. I want to talk and talk and talk after years of bad training.

So I'm leaving my wife behind for 2 weeks. How do I handle this with her given I'm angry, horny, and feeling genuinely like I'm hurting someone that I truly do love that i also have a small hate streak for?

Go ahead and tear apart my pussy gents. Need some of it, along with sage advice.

Archived from theredarchive.com

Comments

simbarlion • 10 points • 19 September, 2018 03:43 AM

I'm a mere week out of taking RP and fuck - it's insane

Imagine your wife comes home one day new clothes/hair/makeup looking 2 points higher on smv.

You will love it, heck, its awesome...! and after that first week or two you will start to wonder if she is really going to stick with this new look, or, is she just flashing what might have been? Is this just a short term thing? Is it a front?

As time goes on, you will be excited and suspicious about what the changes are for. Are they for you? are they for chad? And how does she explain looking all sexy and hot during the day but back to granny undies at night?

You will be a mixture of excited, confused, anxious and pleased.

And your suspicion will not go away until she has demonstrated that this new hot thing is really here to stay.

And that my friend, takes quite some time.

I hope the analogy is clear to you.

HornsOfApathy[S] • 2 points • 19 September, 2018 05:01 AM

Very clear. Thank you.

My gut tells me that this isn't necessarily about the changes being made (she has been super appreciative for all the extra work) and whether they'll stick but rather her utter fuxking confusion with Rambo.

lololasaurus • 8 points • 19 September, 2018 03:48 AM

This reads like a bouncing turbo Chihuahua on red bull telling you about their day.

Bro. Calm down and stop going Rambo.

Other than that I'm not sure what your question is.

MrChad_Thundercock • 5 points • 18 September, 2018 10:13 PM*

“then it's the same story with my current marriage”

The new wife fucked Chad too?

Slow your roll bro. Of course she doesn't want it to change. Why would she want competition anxiety -Dread- ?

You were her beta provider but she can now sense a disturbance in the force.

Stay the course. Don't act like a fucking retard though. Communicate normally -not your normal- on your trip.

[deleted] • 7 points • 18 September, 2018 10:19 PM

Upvote for *not your normal*

HornsOfApathy[S] • 1 point • 18 September, 2018 10:37 PM

She hasn't fucked Chad yet. I was smart and aware enough to see the same shit happening and found MRP after months of searching.

MrChad_Thundercock • 6 points • 18 September, 2018 11:53 PM

WTF

You start off by saying you're only a week in... but then you say you dabbled in the sidebar in 2011...
Smell a troll.

HornsOfApathy[S] • 1 point • 19 September, 2018 12:09 AM

I was married before. When it went to shit around 2010 I read quite a bit of the sidebar without knowing about RP.

Now I'm awake

Pepethe1stofHisName • 5 points • 19 September, 2018 02:33 PM

how did you find the sidebar in 2010? Did you just find books in the self-help section?

ahackercalled4chan • 1 point • 19 September, 2018 06:17 PM*

[redacted]

HornsOfApathy[S] • 1 point • 19 September, 2018 10:52 PM

Agreed. I am ADD as fuck but I own it. Trying to calm that inner voice.

Pepethe1stofHisName • 1 point • 21 September, 2018 08:22 PM

I read the book Healing ADD by Dr. Amen and it really helped
biggest thing for me is avoiding sugar/carbs in the morning

hystericalbonding • 6 points • 19 September, 2018 02:34 AM*

comfort test

It's not a comfort test.

Chill out and read Pook before you blow shit up. She has gone from womanese to blunt speech in a week. That's a last resort for women - a sign that you're being a retard.

Don't act like a thirsty beta during your trip. Read Bang.

rocknrollchuck • 5 points • 18 September, 2018 10:33 PM

You are doing something different I don't know what it is but I don't like it.

STFU.

(She begs to spend time with me though. Constantly comes and initiates conversation when I'm busy OYS)

"If you behave, we'll spend some time together later after I finish (whatever it is you're doing). If you *misbehave*, I might be able to "work you in" sooner."

You have been sexually aggressive for the last week and it makes me uncomfortable.

"You're welcome."

I'm going to bed don't try and have sex with me I'm going to sleep.

"Okay, see you when I get back!" Then leave and shut off your phone. Take a shower as soon as you get back.

BEST ONE: "I liked it better the other way"

STFU.

I'm going to go have a cigarette

You should quit ASAP. One more way to OYS.

Her: I'm so frustrated, I don't understand

"I know, right?"

So I'm leaving my wife behind for 2 weeks. How do I handle this with her given I'm angry, horny, and feeling genuinely like I'm hurting someone that I truly do love that i also have a small hate streak for?

Texting, a phone call every few days (if you feel like it), and no contact most of the rest of the time. Give her some comfort if you feel she deserves it, and let the hamster run in the meantime. Be the one to end the phone calls, and don't respond to texts right away. Remember the 2/3 rule.

coachdad8 • 2 points • 19 September, 2018 01:22 AM

"If you behave, we'll spend some time together later after I finish (whatever it is you're doing). If you misbehave, I might be able to "work you in sooner."

Took me minute to get it. Solid gold. Stealing this tomorrow.

ReddJive • 3 points • 19 September, 2018 12:10 PM

That was some victim puking there. Barely made it past the second paragraph. Had to stop.

All I can say is stop thinking. Doesnt do any good. It's just the way it is.

Women are like buses. Always another one coming.

CaptJohnLukeDiscard • 3 points • 19 September, 2018 03:06 PM*

First, calm down. Focus on you. Give yourself 90 days to not even notice her or pay attention to what she is doing. She blows you? Great! Now go lift while listening to a podcast that will improve your mindset. She ignores you? Great! Now go lift and plan on how to improve your finances. She bitches and moans? Great! Now go lift and read some more sidebar. She does all the crazy kinky stuff you always wanted? Great! Now go lift and iron out your MAP. In other words, you are not affected positively or negatively by her actions or attitudes. That also means you don't get butthurt by her actions or attitudes. You are you and she can't change that.

Second, get on a lifting program that emphasizes the big compound lifts (squats, deadlift, bench, OHP, row, etc.). Eat clean but eat big. 6'0 at 155 is basically lean chick territory. Add some muscle. Aim for 1.5g of protein per day of body weight, or somewhere north of 220g for you. That's a lot of food so plan ahead and get it done. Limit carbs to clean stuff like quinoa and sweet potatoes. Fats are great but need to come from nuts, avocados, etc.

Finally, quit smoking. It's expensive, sloppy, lazy, nasty, and immature. It's no damn different than a 700lb hambeast shoveling a burger and fries down their gullet. You know that feeling of pity / grossness you get when you see some massive person with food stains and sweaty rolls chowing down at some buffet or something? Yep, that's what normal healthy people see when they watch a dude taking years off his life and thousands out of his bank account because he can't own his own habits. Grow the fuck up.

HornsOfApathy[S] • 2 points • 19 September, 2018 09:35 PM

Quitting smoking is in my goals. I've done it before, can do it again.

Wife smokes too. It's interesting in that she constantly tells me "I'm going outside" inviting me. I've used this to my advantage in that I will a) say no I'm busy with OYS, or b) go but finish before her and just walk away with more shit to do and not hang around before she finishes.

She would absolutely go nuts if I did quit. And I want to. And I would raise my SMV.

CaptJohnLukeDiscard • 3 points • 19 September, 2018 09:56 PM

Shut the fuck up and just do it.

SBIII • 2 points • 18 September, 2018 09:47 PM

What are your stats?

HornsOfApathy[S] • 1 point • 18 September, 2018 10:00 PM

6'0. 155lb. Down from 176. No idea on BF but it must be sub 20%. Started running months ago but need to lift MORE!

SBIII • 5 points • 18 September, 2018 10:28 PM

You're too skinny. You probably lost a lot of fat from running. Now you need to put the weight back on as muscle. You need to eat more and lift like fuck.

I was in the same situation as you in January. Check out my last thread. It applies to you.

https://www.reddit.com/u/SBIII?utm_source=reddit-android

HornsOfApathy[S] • 2 points • 18 September, 2018 10:50 PM

Thanks man. Good advice. I read through it - you're 100% right. I'll restart with SL 5x5.

As a sidenote: wife is 6'0 - 125lb. Always said she loves skinny guys but... that's what she SAYS

SBIII • 4 points • 19 September, 2018 09:45 AM

I used to think my wife liked skinny guys too. Then I'd wonder why she had a thing for Tom Hardy or why she'd sit through an action movie with Jason Statham in it, even though she doesn't like action movies.

If you're a skinny fuck, your wife isn't going to tell you she likes muscly men, but women don't like skinny guys any more than men like women with pimple tits.

As an aside, the last time I watched a Statham flick with the missus was about 2 months ago.

When he inevitably ripped off his shirt, I said - "There it is.. the money shot - the bit you've been waiting for". She threw me a look of disgust, then smiled to herself when she thought I wasn't looking.

AWALT, dude.

HornsOfApathy[S] • 2 points • 19 September, 2018 12:23 PM

I figured this just like you, but thanks for laying it out like that. Makes tons of sense. Time to LIFT

JudgeDoom69 • 2 points • 19 September, 2018 05:19 PM

d). Going to the gym gets you out of the house for a few hours a week and stops you lurking around behind your wife trying to Kino her, fog her or whatever the fuck else you're trying to do with her that she doesn't want you doing to her.

d). Muscles

Why is there two d)? Are they of equal importance?

hack3ge • 2 points • 20 September, 2018 05:16 PM

Gotta give her extra D ya know? I like his style.

[deleted] • 2 points • 18 September, 2018 09:58 PM

You are currently passing through Ramboville. Population: You.

We've all visited this place before. Just keep driving and don't stay for too long.

HornsOfApathy[S] • 2 points • 18 September, 2018 10:02 PM

What if ramboville is approximately 3 continents away from wife for 2 weeks? How should I communicate from there?

[deleted] • 4 points • 18 September, 2018 10:15 PM

Expect comfort tests. Provide comfort. Then tell her to send nudes. Text game for feelz. Once you're back at home, leave the texting for logistics.

HornsOfApathy[S] • 2 points • 18 September, 2018 10:35 PM

Pointers on text game or further reading? I had already planned on nudes by simply texting: "send me a picture".

She's probably done so 6 times in our 5 years.

I'm doing OK at comfort tests but giving her a dominant hug and sometimes a kiss. But how the fuck do I text that other than "if I was there I'd hold you right now"

Does that shit work?

[deleted] • 5 points • 18 September, 2018 11:19 PM

You're overthinking it, man. If she says she misses you three times, say it back once. Enjoy your free time away and stop acting like you are playing a game of chess with her. *If I do this, she'll do that*

You aren't playing a game of chess with her. Instead you are the chess board that you so graciously allow her to play on.

If I was there I'd hold you right now.

Haha what a fag

HornsOfApathy[S] • 2 points • 19 September, 2018 12:10 AM

Thanks dude. Solid. I'm just worried about a comfort test coming when I'm not physically there

hystericalbonding • 2 points • 19 September, 2018 02:37 AM

Then your best bet is to STFU and not throw text game into your manic behavior.

simbarlion • 2 points • 19 September, 2018 03:45 AM

if you identify what she is worried about with you being away, you will be better able to pass the test, as well as work it to your advantage

HornsOfApathy[S] • 1 point • 19 September, 2018 05:03 AM

In the past? She gets upset when I dont call every night. I was able to deduct through many times of this that she misses me / wants to know "I'm ok". How can I use this info?

My guess is she feels dread ? I do tend to stay out and such while traveling. Last time her words were: "you're not there to relive your frat days"

wkndatbernardus • 2 points • 19 September, 2018 12:30 PM

You sound like Frank the Tank in Old School. When does the streaking happen?

HornsOfApathy[S] • 2 points • 19 September, 2018 09:30 PM

Whenever I need to up the dread level... lol!

Seriously though, I was never Frank the tank, but close. Tons of fun and banging everything I wanted to.

simbarlion • 1 point • 19 September, 2018 06:47 AM

Last time her words were: "you're not there to relive your frat days"

As I thought.

So you can dread or you can comfort.

Personally I would alternate

FlyingSexistPig • 2 points • 19 September, 2018 12:42 AM

Too long. Didn't read.

coachdad8 • 5 points • 19 September, 2018 01:23 AM

TL;DR: 1st wife cheated on him. New wife now, he became beta bitch. Found red pill and getting laid again. Needs strategy for 15 day work trip.

2ndal • 1 point • 19 September, 2018 03:18 AM

is there a question in there?

screechhater • 1 point • 19 September, 2018 09:38 AM

I won't tell you that you should lift. But you should.

Lifting seriously snd religiously slows your hamster down and creates an ability to focus on tasks at hand including interactions with others.

Go to for all conversations, reactionary thoughts is STFU in a split second, contemplate the respond

HornsOfApathy[S] • 1 point • 19 September, 2018 12:25 PM

I am convinced to lift more now. The hamster being subdued is fucking key.... forgot that part and that's what

I need to stop going Rambo and retard

juliusstreicher • 1 point • 17 October, 2018 05:57 AM

It's not "our pregnancy" it's "her pregnancy". That's all I got.