

Kill The need for sex

6 upvotes | 24 June, 2018 | by FoxShitNasty83

I am a man, I need sex to be in a relationship. It's been 4 years since my wife gave me the favour of her body.

I have been on this program for 6 months and I have worked the levels of dread. I have changed a lot others have noticed and I have had a number of ioi's. The wife hasn't noticed and stands proudly on the i don't give a fuck about you podium.

The thing is I want sex that is clear, I game her, I slap her ass (she has told me to stop, I carry on) I am funny cocky and work on myself.

She will not let me lead, but it dosent stop me doing anyway and not giving a fuck.

"She says" her issues are hormonal and that she is going through "early menopause" that its not her fault and that she has "nothing for me"

My life is ticking away, minute by minute. The one thing I struggle with is that I'm needy for sex and I have trouble killing this. I initiate but it's like poking a brick wall with a banana (I'm sure there is a better analogy for this)

Does anyone have any recommendations on specifically removing the need for sex? When do you know you have done enough that it's time to kill the puppy?

Or more of the same, carry on stfu lift and more stfu. Thanks in advance pricks.

Archived from theredarchive.com

Comments

SteelSharpensSteel • 11 points • 24 June, 2018 10:32 AM

First question, are you still a female dog?

The reason why I ask this is important. If you are still at dread zero, if your SMV sucks, if you're not owning your shit, if you are not attractive and still being unattractive, well, seems like you have some work.

I've been following your OYS threads with interest from the beginning. You have some major problems. But I still see you doing stupid stuff. You've mentioned specifically your lack of game early on. That's fine, but if you choose not to game, well, what do you expect. You've also jumped quite a few dread levels in a shorter than recommended time. I don't think you are where you say you are, given your actions.

Four years is a long time. Let me ask you this. Are you happy? Is she even happy? It sounds like you are in a hell of your own making.

Removing the need for sex is bullshit. Sex is right up there with sleeping and eating. What you really need to do is stop being a female dog with your codependent behaviours. Every time you whine about sex, every time you initiate night after night about sex, every time you bitch about it, well, that's **surely** going to make her want you more.

Your lack of self esteem is showing. Fix that first, and stop being a codependent.

FoxShitNasty83[S] • 0 points • 24 June, 2018 10:43 AM

First question, are you still a female dog?

No: i am no-ones bitch

The reason why I ask this is important. If you are still at dread zero, if your SMV sucks, if you're not owning your shit, if you are not attractive and still being unattractive, well, seems like you have some work.

I am owning my shit, I fix, i clean, i sort the kids, i am not a gamer nor do I watch TV.

I've been following your OYS threads with interest from the beginning. You have some major problems. But I still see you doing stupid stuff. You've mentioned specifically your lack of game early on. That's fine, but if you choose not to game, well, what do you expect. You've also jumped quite a few dread levels in a shorter than recommended time. I don't think you are where you say you are, given your actions.

Any specific recommendations on game?

Four years is a long time. Let me ask you this. Are you happy? Is she even happy? It sounds like you are in a hell of your own making.

We are both unhappy, yes I created this hell. I admit if I remove the wife from the equation I still have a lot of work to do on me.

Removing the need for sex is bullshit. Sex is right up there with sleeping and eating. What you really need to do is stop being a female dog with your codependent behaviours. Every time you whine about sex, every time you initiate night after night about sex, every time you bitch about it, well, that's surely going to make her want you more.

I never whine about anything to my wife, she whines i dont.

Your lack of self esteem is showing. Fix that first, and stop being a codependent.

Agreed

SteelSharpensSteel • 3 points • 24 June, 2018 02:05 PM

So when you say "I still have a lot of work to do on me", expand on that. What things do you still need to do to become attractive enough, in your mind.

And for game, I wrote a post that is on the sidebar that can help you. But realistically, work through your levels of dread, and don't forget to actually have fun and spend time with your wife... if she is worthy of your time.

FoxShitNasty83[S] • 2 points • 24 June, 2018 02:54 PM

Remove the codependency, give less fucks. Stop validation seeking behaviour. Lead my family, learn game. Up my smv and continue to work map. Be more fun

Rian_Stone • 6 points • 24 June, 2018 03:48 PM

Those are vague and easy to bullshit. Be specific

Also, I can solve your sex problem. Go fuck someone else.

What stops you from doing that? Go work on that

FeralRed • 4 points • 24 June, 2018 07:09 PM

Go fuck someone else.

End thread.

Rian_Stone • 4 points • 24 June, 2018 07:32 PM

Almost. When he argues why that's not an option, you'll see his real problem.

FeralRed • 1 point • 24 June, 2018 08:07 PM

If you're not willing to walk away, then you've already lost.

But fuck me... after a few weeks you could use me as an avalanche control cannon.

this guy

Rian_Stone • 1 point • 24 June, 2018 09:34 PM

Ha!

InChargeMan • 1 point • 24 June, 2018 08:08 PM

Yep

SteelSharpensSteel • 1 point • 24 June, 2018 03:23 PM

And get first to 20% BF, then 15%. So you have a plan. Now get to work.

One thing you're missing is that you have to be the leader of your family, which includes your wife. If your wife has health or mental problems... what would the captain of the family do.

FoxShitNasty83[S] • 3 points • 24 June, 2018 03:35 PM

Get her to the doctor's sharpish

Rian_Stone • 3 points • 24 June, 2018 03:50 PM

My advice that you won't want, or heed? Consider your marriage dead, act like you were single in 12 months and want to be on your best footing.

All I read here is doing shit and wondering why people aren't responding like the internet told you they would

FoxShitNasty83[S] • 3 points • 24 June, 2018 04:20 PM

Understood

InChargeMan • 3 points • 24 June, 2018 08:12 PM

This is such bullshit. It has nothing to do with a doctor. I guarantee whatever comes from that will be some version of validation that she has a medical condition and you are a bad person for trying to force a poor woman with a medical condition into having sex. Bad Man!

4 years is a fucking (or in this case, not fucking) eternity. 4 days and I'm about to pop. How can anyone consider you a man worthy of sex if you have gone 4 years without?

Even if for some magical reason her vag doesn't work for you, and she has zero sexual drive, she can sure as hell suck you off weekly. I don't get horny when I take out the garbage, I just do it and get it over with because I know it needs to be done. At the very least she would do this.

SteelSharpensSteel • 2 points • 25 June, 2018 03:04 PM

Honestly, I agree with this, and it's worse even then you say, due to the cultural lining here.

My gut reaction was similar to most folks here... "Damn, 4 years? Jesus. That's nuts. 4 years is a damn long time. Divorce-worthy." But then I think of WNS's post... what if that guy was such a beta bitch that she didn't have much choice here. Why SHOULD she have sex.

The key is that the OP has a covert contract with his marriage. Reasonable access to resources vs reasonable access to sex. But that wasn't called out early on. He just accepted and accepted less and less, till it dwindled down to nothing.

Dude has no boundaries and frame to handle that situation, which is why I posted my initial comment.

But 4 years isn't as bad as the one Taipan comment where he was talking to a guy who didn't have sex with his wife for 15 years. Damn.

FoxShitNasty83[S] • 1 point • 25 June, 2018 03:15 PM

This is bang on

InChargeMan • 1 point • 25 June, 2018 03:53 PM

It's kind of crazy how sex has been put on some pedestal like it is somehow abuse if a wife isn't excited to do it. Jesus, the guy can't even get a handjob?

Could you imagine the hens clucking about a beta bucks who refuses to give his

wife a foot massage or something? Would it be abuse if they guy did it because his wife said she would divorce him otherwise?

It's just a dick, stroke it a bit, make it squirt, and get back to eating ho-hos and watching The View. Not that this is the way of the RP man, but think of all the trouble these women could avoid by putting in the smallest bit of effort to keep her guy trapped in the matrix.

robertwservice1974 • 2 points • 25 June, 2018 04:20 PM

I get your point. But what if what she really wants (subconsciously perhaps) is for him to escape the matrix and be a man?

Not saying that happened here; 4 years is a long time to wait for him to figure his shit out....

wild_deer_man • 5 points • 24 June, 2018 10:59 AM

I'm needy for sex and I have trouble killing this.

The fact you even say something like this means you don't really get it yet. You can kill it together with hunger, sadness and the need to pee.

Not all MRPs succeed! You say that if you take a drastic enough measure like "killing your sex drive" it might, but that only shows how desperate you are and I have hunch that deep down you know this will not work out.

Are you being butthurt when she doesn't want sex?

For me the moment I knew I must kill the puppy was when I realised that she is a certain kind of person, she will never change being who she is, and who she is wasn't enough for me. A year later I have not regretted that decision once, I enjoy life and meet many women.

TurdDoctor • 6 points • 24 June, 2018 11:04 AM

I have been thinking recently about the need for sex, mostly due to my personal lack of fulfillment. Sometimes I entertain the line of thinking like you, in a stoic way "if I could diminish my need for sex, things will be better". Like conquering anger or fear in your head, what if you could conquer the need for sex. Is this similar to how you are thinking?

This line of thinking is flawed and if pursued will just result in unhappiness. The need for sex comes from our DNA and is hardwired so deeply into our brains that you can't just repress your desires and still be healthy (physically, psychologically, emotionally).

My suggestion is to follow other's advice about unfucking yourself, and you will know when it's time to kill the puppy. In the mean time, have sex in whatever form available (porn, plate, hooker) to get your needs met and don't depend of your wife as the only source of sex. She can only prevent you from have sex *with her*.

Dude, you're only 6 months in, you have alot more work to do.

gave me the favour of her body

That sounds gay as hell. Why not say "has been lucky enough to get the D". You have a shit ton more to do son. Back to work.

FoxShitNasty83[S] • 1 point • 24 June, 2018 06:43 PM

Yes that was my line of thinking, agree it's flawed. Lots of work to do

TurdDoctor • 1 point • 24 June, 2018 10:04 PM

This line of thinking is counterproductive and works against your mission. You understand this so good on you, you're on your way.

Taipanshimshon • 3 points • 24 June, 2018 10:57 AM

It's too early to be trolling

SteelSharpensSteel • 3 points • 24 June, 2018 02:05 PM

At least the dude has been consistent in his OYS threads. I'll give him that.

Taipanshimshon • 2 points • 24 June, 2018 02:09 PM

Thought I recognized him. Maybe it was too early for me to be reading

thunderbeyond • 3 points • 24 June, 2018 01:32 PM

I'm going to answer your question about removing the need for sex.

Does anyone have any recommendations on specifically removing the need for sex **with my wife**

FTFY

You ought to be a fucking virile fucker by now. I'm sure your SMV is way above hers. And yet, you still let her control sex? You need to advance.

My wife is a fucking straight-out stone-cold can't-be-fucked. Dread isn't working on her (today when I joked about getting a "sexy massage" she said that "you know you could get it for free") that's another story... but the point is that if I can't fuck her, I fuck my plates.

GO FUCK STRANGE.

^ answer.

heliken79 • 1 points • 24 June, 2018 03:39 PM [recovered]

The turning point for me in this journey came when I internalized not seek validation through sex. You're letting her control how you feel about yourself. Read Passionate Marriage and David Deida's work.

FoxShitNasty83[S] • 2 points • 24 June, 2018 03:44 PM

Thank you

Persaeus • 3 points • 25 June, 2018 11:16 AM

Does anyone have any recommendations on specifically removing the need for sex?

funny, this is the very Google question that lead me to TRP/MRP almost three years ago.

the short answer: SSRI reduce libido, there are other chemical solutions, or you could get your balls cut off . . . that works.

you're being told by a lot of bros . . . stick to the rules don't go rambo. IMHO this applies to guys that are at least getting some drip feed duty sex.

you DEADBEDROOM faggots . . . fuck that, your morals, and your cunt wife . . . you get the ABUSE you're willing to accept

go fuck a woman. you don't owe anyone anything.

man_in_the_world • 2 points • 24 June, 2018 10:21 AM

Do other women desire you? If you think so, prove it!

FoxShitNasty83[S] • 1 point • 24 June, 2018 10:26 AM

Met another woman out socialising she is hotter and younger than my wife. She has my number and actively flirts with me and sends nudes. Knows I'm married and is explicit about her need for the Dick in her arse and wants to be spanked. I admit I led her on a bit but I won't follow through as married. This is the second time since April but the other one was a much older.

man_in_the_world • 9 points • 24 June, 2018 11:59 AM

I won't follow through as married.

Interesting. Is there *anything* your wife could do, or refuse to do, that you would consider undeclared abandonment of your marriage negating your obligations?

If you were the President of the USA and North Korea exploded a nuclear weapon in Anchorage *but did not declare war*, would you choose not to retaliate because you were not formally at war?

If you had an exclusive contract with a grocer to deliver weekly fresh milk, eggs, and vegetables to your home, but they had refused to deliver vegetables for the past four years, would you continue to accept this? Would you go completely without fresh vegetables in your diet because the grocer was supposed to supply them?

Taipanshimshon • 9 points • 24 June, 2018 10:59 AM

So you are fucking up your own mentality. Sounds like you don't want to want to have sex.

This isn't the sub for that.

DanceMonkeeDance • 3 points • 24 June, 2018 01:37 PM

OP, understand that RP is a **sexual** strategy, not a fix-your-marriage strategy. You have a massive covert contract.

InChargeMan • 2 points • 24 June, 2018 08:16 PM

You are married? Prove it. I contest that you have a roommate with a shared bank account.

FoxShitNasty83[S] • 1 point • 24 June, 2018 08:33 PM

Yeah it's true

318jimmynow • 1 point • 24 June, 2018 04:33 PM

Congratulations, you have killed of your need for sex.

Unless of course it was not really a NEED in the first place.

InChargeMan • 2 points • 24 June, 2018 08:14 PM

No woman wants to have sex with a man who hasn't been laid in over 4 years.

Mull that over for a bit.

FoxShitNasty83[S] • 1 point • 24 June, 2018 08:34 PM

Yeah you maybe right

screechhater • 1 point • 24 June, 2018 11:32 AM

Four years ?

She is with a pack of the herd listening to others on how to blow up a marriage with menopause as the excuse, how much do you weigh ?

Do you lift ?

FoxShitNasty83[S] • 1 point • 24 June, 2018 11:34 AM

70kg / 5' 6"

Yes, I lift.

screechhater • 1 point • 24 June, 2018 06:34 PM

Does 70kg equal fat ?

Why state it as a favor of her to give you her body ?

Four years ?

Did you ever think this is not healthy in the marriage ?

Your only option is dread. Dread.

FoxShitNasty83[S] • 1 point • 24 June, 2018 06:40 PM

It's not healthy but up until 6 months ago I didn't know what action to take other than bitching about it. 22% fat, still work to do.

screechhater • 1 point • 24 June, 2018 07:16 PM

Well, my I ask, What the fuck do you want out of life ?

So here it is, you've done the time, she won't fuck you, and you are blaming it on menopause do you think a serious look in the mirror or a study of your past actions warrant an examination ?

You honestly think it's menopause ? Can you fuck another woman if you left her today, tonight ?

You should have two in the kitty @ all times.

FoxShitNasty83[S] • 2 points • 24 June, 2018 07:24 PM

no... Menopause sounds bollocks especially at 38. If she carries on blowing that trumpet every time I look at her she can get down the dr's and get herself sorted.

I know I created this hell, and yes if I wanted to I could fuck someone else tonight. I need to work on the second one.

rocknrollchuck • 1 point • 24 June, 2018 02:33 PM

She will not let me lead, but it doesn't stop me doing anyway and not giving a fuck.

These two statements are not congruent with each other. You need to have The Captain's Mindset.

Does anyone have any recommendations on specifically removing the need for sex?

The Stoic Approach to Sexual Denial in Marriage

FoxShitNasty83[S] • 1 point • 24 June, 2018 02:57 PM

Thanks, reading

Floaty_McBoatface • 1 points • 24 June, 2018 02:49 PM [recovered]

Does anyone have any recommendations on specifically removing the need for sex?

No, healthy humans have healthy sex drives: As a living organism, you are driven to seek reproduction.

FoxShitNasty83[S] • 1 point • 24 June, 2018 02:52 PM

That explains the raging hard on

weakandsensitive • 1 point • 24 June, 2018 02:51 PM

Jesus. Didn't I post this before?

Go fuck some other bitches before you decide to pull the trigger.

Have you fucked anyone else yet? Pretty sure you haven't.

FoxShitNasty83[S] • 1 point • 24 June, 2018 02:56 PM

Yeah, but I'm still a pussy and will feel bad about it.

weakandsensitive • 3 points • 24 June, 2018 03:08 PM

So you're going to pay \$50,000 to get laid instead of \$200?

Don't get me wrong, I haven't had sex outside my marriage either - but I'm also not complaining here.

justpickanyusername • 2 points • 24 June, 2018 04:31 PM

Where are you at in the levels of dread? If you don't go all the way like weakandsensitive suggests you at the very least should consider practicing catch and release. It will give you a better idea of how attractive you really are and what kind of women you can pull.

FoxShitNasty83[S] • 1 point • 24 June, 2018 04:39 PM

I would say coming up to DL9

SteelSharpensSteel • 3 points • 24 June, 2018 05:03 PM

DL9 in a six month journey = Rambo.

FoxShitNasty83[S] • 2 points • 24 June, 2018 05:32 PM

Slow the roll, got it

justpickanyusername • 2 points • 24 June, 2018 09:19 PM

I think you are in negative numbers as far as dread is concerned. Even faggot betas will get some duty sex now and again. Women know the need for maintenance sex. You have instilled zero dread regardless of what level you think you have reached.

Your wife isn't stupid. She knows your need for sex. And.... she hasn't given you anything for four fucking years? She doesn't give a shit about you. Maybe because you are not worth it.

Maybe because she is fucking someone else. Maybe she is just a cunt. Maybe she wants you to kill the puppy.

Regardless, you are not powerless. You might not be able to change her mind or her feelings about you. But, you can certainly choose your own path. Figure out what the hell you want.

ParaXilo • 1 point • 24 June, 2018 03:06 PM

4 years is 3 years too long.

[deleted] • 1 point • 24 June, 2018 04:46 PM

You say you've been applying dread for 4 years, but what level are you on right now? Four years is about 3 years past fuck me or fuck you territory.

FoxShitNasty83[S] • 1 point • 24 June, 2018 04:52 PM

No sex for 4 and working dread for 6 months

[deleted] • 2 points • 24 June, 2018 05:40 PM

Derp... apparently I can't read

What level are you on now? And more importantly, are you prepared to get your needs met elsewhere if she won't do it?

Women are incredibly intuitive, so if you won't at least entertain the idea of fucking other women then dread most likely will not work (no matter how well you fake it). I get that you want to honor your vows, but is she honoring hers?

FoxShitNasty83[S] • 2 points • 24 June, 2018 05:49 PM

Good question, I would rather unfuck myself to the best of my ability then kill the puppy. Then go on a spanking spree then after some very careful consideration I would want an ltr but I won't marry again.

ChokingDownRP • 1 point • 24 June, 2018 07:56 PM

4 FUCKING YEARS? AND YOUR SOLUTION IS TO KILL YOUR SEX DRIVE? Even before discovering MRP, I'd have taken drastic measures to correct this. If you have other women interested in you, you should act on it. She has made it clear through her actions that she doesn't give a fuck about your needs. You're giving commitment without getting sex. How long are you willing to continue like this? Literally set a date when you will say "fuck me or fuck you" to her... and mean it. Get prepared for divorce, practice gaming women, continue lifting and get your body fat % down. Fuck her, or move on... the menopause excuse is complete bullshit!

FoxShitNasty83[S] • 1 point • 24 June, 2018 08:10 PM

Cheers, needed to hear this

ilfj • 1 point • 24 June, 2018 11:34 PM

You can't kill it. You need to get it from elsewhere.

[deleted] • 1 point • 25 June, 2018 07:06 AM

Does anyone have any recommendations on specifically removing the need for sex?

what in the actual fuck motherfucker? leave that cunt

bob13bob • 1 point • 25 June, 2018 08:17 AM

4 years!!!. You've fulfilled your vowels. Get strange or massage shop asap. Start examining divorce. You can only fix yourself, not the marriage.

31Olives • 1 point • 25 June, 2018 12:41 PM

Kill the need for sex? No. Kill the neediness. Go fuck someone else. If you are not having sex with your wife, there is no marriage. Marriage is by definition a sexual relationship. What do you owe this person after four years?

quentinthequibbler • 1 point • 24 June, 2018 05:19 PM

Your wife might need some leading in this area if it's truly medical. Get her to the gym. Make sure everyone is eating healthy. Make doctor and acupuncture appointments for her.

And become a man whose wife wants to suck his cock.