

Tried to have sex. Failed hard

June 21, 2018 | 12 upvotes | by [ParaXilo](#)

God fucking damn it. Couldn't think of any other flair.

Not sure what happened. Had been wanting to have sex. We started I went straight for trying to fuck after we laid the baby down.

Not sure if I got over anxious since it's been almost 3 months or if I was thinking too much about the baby waking up. Not sure if it was because she kept saying it hurt and just wouldn't relax. Or probably the consensus I'm a beta bitch and should give one of ya'll my wife's information (that's usually the response it seems but not what I'm looking for because I'm legitimately trying to get my shit together.)

Guess I should have done foreplay instead of just going for pound the pussy approach but wasn't trying to play pussy hero 4 because that's what it always is. Pussy hero 4 then I flop around on a fucking starfish.

The baby got fussy and we had already stopped because I told her we can stop. Just wasn't into it because it was duty sex. No desire. Nothing. I DEERed like a weak mother fucker. She fed the baby. I got dressed and went to do laundry. When I did speak to her she said, "that was weird." I DEERed and said, "yeah that was all me. Got inside my head I think. Was feeling rushed." She said, "I felt rushed. That was a bad experience." I told her, "we can try later or another time." (Wrong response.) She said, "we will see." I said, "That's ok. I'm going to go finish Laundry." I exited.

Posting this doing laundry. Expecting shit tests to follow due to my broken frame.

I'm 3 weeks into this so of course my SMV sucks. Just started lifting. So that's low. Everything about me reeks of beta bullshit.

Question is what's the best approach now?

Stfu, pass shit tests, and lift? Try again later.

May be jumping the gun posting this. I'll post my stats in a little bit once I clear my head.

Archived from theredarchive.com

Comments

resolutions316 • 31 points • 21 June, 2018 01:00 AM

Just stop.

Take a breath.

You're so far up your own ass and pitying yourself that you can't see the forest for the trees.

Your wife isn't the problem. Your self pity, and lack of confidence, is.

Start slow.

I see a lot of people mocking the "lift" advice in here. Those people are fucking morons.

The reason "lift" is the advice is NOT because you need to be a hulking man beast to get laid.

The reason "lift" is the advice is that it builds MOMENTUM.

Making a plan. Executing the plan. Tracking your progress. Overcoming pain and adversity. Proving to yourself that you can do it. And finally, seeing the results.

It's a process 100% outside of your marriage, outside of fucking, outside of what your wife thinks of you.

It's is FOR YOU. Accomplished BY YOU.

The only way so many of us can start to build a sense of self.

You're hurt, desperate, lonely, needy, codependent. I know because I was, too.

All you need to do now is take the L, and refocus on yourself.

Work on yourself. On owning your shit. On improving your health. On understanding who you really ARE.

Everything in between now and then is just noise.

MrChad_Thundercock • 10 points • 21 June, 2018 01:11 AM

"NOT because you need to be a hulking man beast to get laid."

Amen.

Chads who live in that paradigm are miserable and feelz that they can never win. Always someone else out there bigger and stronger.

Lift to build momentum, maintain discipline, and stay in shape -don't be a Fat fuck.

ParaXilo[S] • 2 points • 21 June, 2018 01:16 AM

don't be a Fat fuck.

Basically.

BobbyPeru • 1 point • 21 June, 2018 04:16 AM

Where are you getting 26% BF?

5'5", 170? I doubt it. What are your lifts?

ParaXilo[S] • 1 point • 21 June, 2018 06:23 AM

Why do you doubt it? Thinking more? Less? I have a buddy that says he thinks it's less. I got it from the Fitbit scale. Need to get calipers and measure that way.

Haven't tested my 1RM yet. Guess I can give it a shot tomorrow.

BobbyPeru • 2 points • 21 June, 2018 06:35 AM

What's your current workout for BP, OHP, squat, DL, row, curls... etc

(Not 1 rep). Just whatever you are currently doing (weight and number of reps). That will give us an idea of your BF

ParaXilo[S] • 1 point • 21 June, 2018 06:46 AM

Doing Greyskull Phraks variation

Bench 2x5, 1x30 - 80lbs

Barbell row 2x5, 1x15 80lbs

Deadlift 1x20 105lbs

OHP 2x5, 1x16 65lbs

Squat 2x5, 1x22 95lbs

I only started lifting last week and following this program last week. Weight feels way too light and considering increasing it more.

creating_my_life • 2 points • 21 June, 2018 06:54 AM*

Do not EVER miss a fucking workout for the next YEAR.

ParaXilo[S] • 1 point • 21 June, 2018 06:56 AM

Wasn't planning on it. This is a linear progression program that you add weight to each workout in increments of 5lbs-10lbs.

I'm gonna add more tomorrow. They've been too easy and only the AMRAP at the end gives me issues.

wildnight98 • 5 points • 21 June, 2018 11:53 AM

You need to work through the light weights. Don't skip. There are supporting muscles that are weak and need the time. And you need to learn good form on the lighter weights. Don't feel like you have to throw heavy weights around to impress anybody. Follow the program.

ParaXilo[S] • 1 point • 21 June, 2018 06:31 AM

According to the personal training coach app these are my projected 1RM based on the 5 workouts I've done. Might test them out tomorrow just to see.

Barbell row 120lbs Bench 160lbs Deadlift 175lbs OHP 100lbs Squat 165lbs

BobbyPeru • 1 point • 21 June, 2018 08:21 AM*

Talk to your trainer and make sure he's spotting if you are going to do that. I don't recommend trying max 1RM's after 5 workouts. It's a good way to get injured before you barely got started. But based on those numbers, I'm thinking you're higher than 26% BF.

Here's some BF pics

bourbonhipster • 1 point • 21 June, 2018 11:35 AM

Whenever dealing with internet strangers beginning a program I just account for their original estimate +5-15% depending on additional info. People don't have the tools to estimate this accurately, and who wants to admit they are an extra 5-15% pure fatter than they thought they were?

ParaXilo[S] • 1 point • 21 June, 2018 04:10 PM

I mean navy method and fitbit scale measured 26 and 27%. Regardless I want to be 15% or less.

ParaXilo[S] • 0 points • 21 June, 2018 10:02 AM

I'm not sure the how relevant that is when it doesn't matter if it's 25 or 30%. I have work to do either way.

BobbyPeru • 2 points • 21 June, 2018 10:18 AM

It matters a lot. You'll want to set goals based on your real body composition. I'm guessing you're closer to 35%. Google the navy method for calculating BF. It's usually pretty accurate unless you are really thin boned or the opposite, thick boned.

ParaXilo[S] • 1 point • 21 June, 2018 10:22 AM

Lol 27%

ParaXilo[S] • 1 point • 21 June, 2018 10:27 AM

Regardless, I have my goals and know where I want to be.

ParaXilo[S] • 2 points • 21 June, 2018 01:16 AM

Everything you said made sense and hit him. I got this.

weakandsensitive • 4 points • 21 June, 2018 01:35 AM

5'5" 170? Fuck.

ParaXilo[S] • 1 point • 21 June, 2018 01:39 AM

I know. I know.

matrixtospartanatLV • 11 points • 21 June, 2018 02:19 AM

Fuck, do I feel sorry for you autistic fucking retards that come bumbling in here for the first time like freshmen in a high school locker room before football practice.

Someone shoves a playbook (sidebar) into your chest and screams, "READ IT!!" And so you dutifully look at a few pages before running out onto the field (of your life), and you get fucking slammed into the ground. Hurts like a bitch, don't it?

You've been here 3 weeks. 28 years old, in a 9 year relationship with a new baby.

For the record, I would trade places with you in a heartbeat. After a year I'd have her asking me which hole I wanted to fuck tonight. Your shit is FIXABLE.

Quit fucking around and GET WITH THE PROGRAM. The metric says 9 months. Plan on a year, to start. Then plan on the rest of your life. Because if you're not committed to making these changes and continuous improvement for the rest of your life, then quit right now. Give up. And go away.

You're still here?

"Question is what's the best approach now?"

Aren't you EMS?

Isn't STABILIZING the patient pretty early on in the process?

Start over. Stabilize. You skipped some shit due to ignorance. You got a couple classes out of order. You're trying to insert an IV before you read about vascularity and how to find/pick the right vein. (Run with it. I'm a fucking truck driver.)

Start here.

<https://illimitablemen.com/understanding-the-red-pill/red-pill-constitution/>

Now go to the mrp sidebar; Guide for Beginners. Read all FOUR scenarios. Which drunk Captain are you?

Next, go to the Wiki. Scroll down to 'Misc' and read "The 12 Levels of Dread." This is your outline and pacing metric for the first year of MRP. It is what and when to do.

This should help you avoid any more moronic autistic retarded fucking moments.

And for fucks sake, give yourself some time.

Would you want to be worked on by some jackass who thought he learned all he needed to know in 3 weeks of EMT school before getting in the truck?

Now, if you have a question, about something you've actually read or something you've (mis)applied, askMRP.

Otherwise; Be attractive, don't be unattractive.

Lift

Read

STFU

Seriously.

Stop posting and..

GET TO FUCKING WORK.

ParaXilo[S] • 5 points • 21 June, 2018 03:18 AM

Good analogy with the IV.

10-4 You came across loud and clear.

RedPillCoach • 5 points • 21 June, 2018 04:15 PM

Love the analogy. Good work. The Freshmen always get hazed by the older guys as well. They often leave the locker room in a huff but the guys who stay are the guys we can work with and who post around 4-5 months in about how MRP and RP actually works.

Stick around. It is just about to get good and this was just a minor setback.

[deleted] • 3 points • 21 June, 2018 05:14 AM

Former EMT here: the first thing we always do is check the ABCs. Airway, Breathing, and Circulation. Sounds like OP has none of those, so it's time to start chest compressions on his marriage. Best case scenario is that it's brain dead and will be on life support indefinitely.

RedPillCoach • 2 points • 21 June, 2018 04:16 PM

The old marriage is dead.

The point of MRP is to create a new marriage that is much, much better than the dead old one.

ParaXilo[S] • 1 point • 21 June, 2018 04:12 PM

Calling it too soon.

[deleted] • 2 points • 21 June, 2018 04:13 PM

Then get your shit in order, son.

PuppetAndTheDwarf • 1 point • 21 June, 2018 04:18 PM

I disagree, he can turn it around. Nothing is permanent with women, it's all feels.

matrixtospartanatLV • 2 points • 21 June, 2018 04:36 PM

I agree except if she has cucked him.

She's already a disloyal bitch, but if she's been unfaithful, he needs to terminate the marriage with extreme prejudice.

PuppetAndTheDwarf • 2 points • 21 June, 2018 06:24 PM

Either way he comes out better on the other side. He can definitely turn himself around. Turning your marriage around might end up meaning moving on from it.

johneyapocalypse • 8 points • 21 June, 2018 12:45 AM

Question is what's the best approach now?

A glass of bourbon, neat.

ParaXilo[S] • -7 points • 21 June, 2018 12:49 AM

I got whiskey and gin. I'll go with the gin.

[deleted] • 7 points • 21 June, 2018 02:37 AM

Mother fucker, did he stutter? BOURBON

ParaXilo[S] • 0 points • 21 June, 2018 03:11 AM

Going to the liquor store tomorrow.

creating_my_life • 3 points • 21 June, 2018 06:53 AM

at 5-5 and 170, that's the last place you need to be going.

ParaXilo[S] • 1 point • 21 June, 2018 06:56 AM

I already don't drink except maybe 3 times a year. So that's not the problem.

TheVitaminD • 3 points • 21 June, 2018 12:50 AM

I get not wanting to play pussy hero, but it's pretty fucking clear that she doesn't enjoy sex with you and you're not doing anything to change that.

If she doesn't enjoy fucking, she's not going to choose to fuck. God knows you gave away your say in the matter.

man_in_the_world • 2 points • 21 June, 2018 01:05 AM

You went "sexual Rambo" and it didn't work out; are you surprised? Is anybody surprised?

This is a long-term, gradual process of becoming a better man. Don't go Rambo, sexually or otherwise.

ParaXilo[S] • 1 point • 21 June, 2018 01:15 AM

Don't go rambo period. Got it.

MindfulStoic • 2 points • 21 June, 2018 01:34 AM*

Kind of hard to believe you've read all that you've claimed based on that description of events and behavior. If you did read it you obviously did not internalize any of it. Stop posting.

MrChad_Thundercock • 1 point • 21 June, 2018 02:21 AM

Yeah something doesn't add up. Might be a lost cause or simply a retard.

A bro-chat might fix it.

ReddJive • 2 points • 21 June, 2018 01:46 AM

Tomorrow is another day.

Wipe the slate clean. Start again.

The only real failure was not having tried. Despite your setbacks you did what 90% of the men in your position dont bother doing.

ParaXilo[S] • 1 point • 21 June, 2018 01:54 AM

Tomorrow is another day.

Wipe the slate clean. Start again.

I agree. Gonna need to internalize that.

Despite your setbacks you did what 90% of the men in your position dont bother doing.

What's that.

ReddJive • 2 points • 21 June, 2018 01:55 AM

You executed.

Badly but you acted. Most men freeze whimper wonder what do?

Next time suck less. Do better

Sepean • 2 points • 21 June, 2018 06:20 AM

You just started college and you're going to a job interview. There's just no fucking way to ace that when the education isn't done. Stop focusing so much on what to say in the interview and instead build the skills and qualities needed for the position.

Keep studying, keep improving, you'll be able to land an internship a few months. In 6 months or a year, you can get a real job.

ParaXilo[S] • 1 point • 21 June, 2018 06:27 AM

That's a good way to look at. I'll keep that mindset.

Sepean • 1 point • 21 June, 2018 08:22 AM

This is just like everything else you've ever been good at. Your job, a sport, a game, doing handstands. It's fucking hard in the beginning, you're conscious about everything you're doing, you're slow and clumsy. But with practice and experience, one day it's in your muscle memory and it is fucking easy.

RelativeJellyfish • 2 points • 21 June, 2018 01:01 PM

Start reading the Book of Pook. It's good that you know to STFU, lift, pass shit tests (clearly not ready). But you are missing a big piece and that is Frame. Frame can be all too encompassing, but more than anything else it is the jackpot. STFU, lifting, passing shit tests are all tools for improving your Frame (in a fake it till you make it sense).

But back to the Book of Pook. The book is a huge reminder that you must be FUN. Fun is the way into any girls panties. Getting butthurt and losing Frame means you are not FUN.

Life (and getting sex) is very hard after having a baby. But this is a long game. Your wife is probably exhausted and you are probably driving her crazy with orbiting until the baby goes down. You need to back off. Give her mind a break from the exhaustiveness of baby care, your only interactions with her should be FUN... whether that is teasing, joking, a tiny bit of kino.

You have a long way to go, so start slow and get busy with doing other things when you cannot have a positive interaction with your wife. I know it is tough, it is very tough to be Fun when you are sad, disappointed, mad, but you have to try to correct your attitude.

ParaXilo[S] • 1 point • 21 June, 2018 01:31 PM

Going back through MMSL then I'll go through Book of Pook. I had started it but didn't finish it.

Thanks.

wildnight98 • 1 points • 21 June, 2018 12:02 PM **[recovered]**

The bad news is *your wife doesn't find you attractive. She does duty sex to get through it.* There. The band aid is ripped off now.

The good news is you can fix this problem, faster than you think in some ways, slower in others. But you are going to start feeling better about yourself soon regardless of whether your sex life improves that fast.

You've been given the gift of desperation, which is what fuels massive change and self improvement. Lifting is the first step. Make it your own. If initiating is making you fuck up, stop initiating for a while. It's ok.

For now, frame means being happy regardless of what your wife does. There's more to it, but this is enough for now. Start building your frame.

Finally, post your progress weekly on Tuesdays on the OYS thread in r/marriedredpill. You'll get discrete feedback and suggestions there on a weekly basis and profit from reading the other comments.

It gets better! If I can do it anybody can.

ParaXilo[S] • 1 point • 21 June, 2018 12:14 PM

I appreciate the constructive feedback. Today is a new day and I'm definitely going to Reset and get on with it.

MrChad_Thundercock • 2 points • 21 June, 2018 12:30 AM

“Or probably the consensus I'm a beta bitch“

You forgot “faggot” too.

ParaXilo[S] • 2 points • 21 June, 2018 12:33 AM

Yup that too. Working on that. All of that. 28 years of faggotry and weak minded bullshit is going to take time to break. Add the 9 year relationship and 5 years of marriage that's at least 15-27 months of applying all of this and rewiring myself from being a bitch.

MrChad_Thundercock • 6 points • 21 June, 2018 12:40 AM*

Step the fuck down soldier. I got you beat mother fucker.

Prior mrp: 36 year old faggot, 10 years of deadbedroom marriage.

You can change to become a physical specimen like myself in about 2 years. Your whole life will change. You'll be getting so much pussy you won't think it's real. This rabbit hole runs deep. Just scratching the surface. You're not special.

Until then. Get to work faggot.

For fucks sake, somewhere deep inside you is a more assertive and confident person. Start acting like it. Right now, you're a babbling sit-com dad.

You are the Prize.

Read ==>

ParaXilo[S] • 1 point • 21 June, 2018 12:42 AM

Yup. I know I have a lot of work to do.

For fucks sake, somewhere deep inside you is a more assertive person. Start acting like it.

You're absolutely right.

creating_my_life • 1 point • 21 June, 2018 12:40 AM

"that was weird."

"Yeah, it was. I'm going to run to the store for a rubber ducky, two avocados, and some perler beads. I have an idea. be right back."

You lack confidence. She wants a man who's confident in her life. A man who owns his shit. Who's running the damn house as a new baby fucks everything up. An oak.

Question is what's the best approach now?

Read everything on the sidebar twice. Read the top rated posts. Develop an action plan. Act. This will take years.

Stfu, pass shit tests, and lift? Try again later.

Shit tests? That's when she's qualifying you to fuck. You're lucky she threw you a pity fuck tonight. At least she's trying. You should have played pussy hero 4 like you loved it. Nothing wrong with that where you are right now.

There's a new baby in the house. Her life is fucked up. Are you owning your shit and being the Oak, or are you another baby for her to take care of?

ParaXilo[S] • 1 point • 21 June, 2018 12:44 AM

Shit tests? That's when she's qualifying you to fuck. You're lucky she threw you a pity fuck tonight. At least she's trying. You should have played pussy hero 4 like you loved it. Nothing wrong with that where you are right now.

Gonna get back after pussy hero 4 and take what I can.

There's a new baby in the house. Her life is fucked up. Are you owning your shit and being the Oak, or are you another baby for her to take care of?

Oak. Getting shit done on house work. Cleaning up. Just checking off things I used to say I would do and didn't.

ChokingDownRP • 2 points • 21 June, 2018 01:30 PM

There's a fine line for noobs when it comes to owning your shit vs doing choreplay and expecting something (sex, appreciation, cookies, trophies) in return. You do things because you want them done and you're not waiting on someone else to do them. Women talk, men do!

I have young twins. The first several months were hard (sexually and otherwise) . Don't go Rambo and expect porn star sex - your wife is focused 100% on the baby...assuming her potential as a mother is one reason you married her? Use this time to improve yourself, make real & permanent changes. Lead your family.

Bottom line, you tried to fuck her when she was worn out, the baby interrupted, that doesn't work. Arrange a sitter, send her out of the house for several hours, let her sleep in some days (without making a big deal out of it)... do something to relax her FFS.... Women don't want to fuck when they're stressed, anxious, worried...a new baby drains them physically, mentally & emotionally...she probably wouldn't have fucked Brad Pitt under the circumstances you described (late night, expecting an early morning, stressed, etc).

Just focus on unfucking yourself and make your house run smoothly, the rest will take care of itself.

ParaXilo[S] • 1 point • 21 June, 2018 02:21 PM

Well said.

Taipanshimshon • 1 point • 21 June, 2018 12:42 AM

So wait. She was ok with trying but it hurt so you did what exactly ?

quentinthequibbler • 1 point • 21 June, 2018 01:05 AM

If it hurt well FFS you were doing it wrong. Get some skills. They don't come from porno.

Taipanshimshon • 1 point • 21 June, 2018 01:14 AM

Did you mean to reply to me ?

quentinthequibbler • 1 point • 21 June, 2018 01:15 AM

No. Shoot.

MrChad_Thundercock • 0 points • 21 June, 2018 01:14 AM

You're watching the wrong pornos....

quentinthequibbler • 2 points • 21 June, 2018 01:15 AM

Faggot. They're not instructional videos.

ParaXilo[S] • 0 points • 21 June, 2018 12:45 AM

We kept trying. I got limp dick. Turned off by it all.

Taipanshimshon • 2 points • 21 June, 2018 12:49 AM

Next time plan something. Not romantic. Kino her throughout the day. Tease her.

Be her exciting boyfriend. Slowly and not all at once.

Also foreplay. Arousal is psychological. Enjoy her body. Play with her. Tease her.

Sounds like she was down to try.

Get that pussy wet and enter slowly. Tease her with your Eyes. With your hands. With your dick.

Get her to beg you to Fuck her. Then proceed. Remind her body and mind that sex with you is rewarding

ParaXilo[S] • 1 point • 21 June, 2018 12:51 AM

So the basic shit and don't go full autistic. Appreciate the response.

Taipanshimshon • 1 point • 21 June, 2018 12:52 AM

Yes it's basic to me now. Make it basic for you.

She wasn't denying you. You just got to be a better boyfriend.

ParaXilo[S] • 1 point • 21 June, 2018 12:53 AM

Yup. You're right.

MrChad_Thundercock • 2 points • 21 June, 2018 01:03 AM

Become the person who she would cheat on you with...

ParaXilo[S] • 1 point • 21 June, 2018 01:07 AM

Well that made it click. Muscles aren't sore enough gonna need to add some extra exercises.

MrChad_Thundercock • 2 points • 21 June, 2018 01:12 AM

extra ~~exercises~~ weight.

ParaXilo[S] • 1 point • 21 June, 2018 01:15 AM

Been just following greyskull phrak variation and following the weights. Not even sure of my 1RM. Very low I'm sure. I'll start bumping 10lbs instead of 5.

classicthrowaway86 • 1 point • 21 June, 2018 01:26 AM

You're a weak piece of shit. You just made things worse.

Slow down. Forget about sex for now, because she isn't attracted to you. With you jumping at the offer of a bite of cookie you're rushing it and therefore flustered and your mind is elsewhere. If you've been watching porn in the last 3 months that wouldn't have helped either, quit that shit.

Your best approach is yes, STFU, pass shit tests, lift. I wouldn't even bother trying again later. Stop being dependant on her for sex. Work on yourself. While you're getting your body in shape you can get your mind in shape with sidebar and good audiobooks while at the gym. This is going to take a while to fix, but atleast you're on the right track with concepts like DEERing, getting our of her frame and fixing your body.

ParaXilo[S] • 1 point • 21 June, 2018 01:30 AM

Luckily I stopped porn and compulsive/chronic masturbation a little over 4 months ago because I didn't want

to be that kind of man/Father for my son.

Gonna rewind, reread, continue to lift. Continue to build me.

Fritz_Frauenraub • 1 points • 21 June, 2018 09:46 AM [recovered]

Like to fuck, do you? Then having a kid probably wasn't the best idea; on top of being a chubby manlet.

At least you found this place early and you're puking your victim pukes here instead of all over the wife like I did when my daughter was 9 months old. Think getting in shape is hard? Try digging your way out of the hole created by full-on grovelling and sulking for sex.

You're at the beginning of a long process, but at least you're in the game. I consider you lucky.

ParaXilo[S] • 1 point • 21 June, 2018 10:17 AM

Then having a kid probably wasn't the best idea

Would you change anything about having your daughter? Cause I wouldn't change anything about having had my son.

You're at the beginning of a long process, but at least you're in the game. I consider you lucky.

Realizing that now. Getting back to work.

Rian_Stone • 1 point • 21 June, 2018 02:38 PM

Why did you give Permission to stop fucking you? Isn't that her job?

ParaXilo[S] • 1 point • 21 June, 2018 03:21 PM

Umph. Can't even answer that.

Rian_Stone • 1 point • 21 June, 2018 03:38 PM

It's funny how much bulls hit we do without thinking

RedPillCoach • 1 point • 21 June, 2018 04:09 PM

duty sex. No desire. Nothing. I DEERed like a weak mother fucker

That's not DEER-ing!

That's ok. I'm going to go finish Laundry

That is DEER-ing!

what's the best approach now

Get out of your head and stop worrying. By definition, 50% of sex is in the bottom half of your experiences. If you try something new it is a much greater chance that it will be in the bottom half. Same answer if you haven't done anything for 3 months.

pussy hero

You don't have to go for the high score but a bit of lubing up behaviors before you go for the deep pussy pounding is not a bad idea. Try a little bit of that next time.

Expecting shit tests to follow

No doubt they are locked and loaded and ready to come for you. What are you going to do about it? Are you going to handle them like a boss- or a bitch? If you can laugh about your shitty sex and play it off as no big deal then guess what? It is not big deal. This is a way you can draw your wife into your frame or you can be butthurt and screw it up. I hope you remain OI, smile, and tell your wife something along the lines of 'we will get it right, we just need more practice.'

[deleted] • 1 point • 21 June, 2018 01:41 AM

Sounds like you lacked dominance in the sack. Caveman the starfish and show that pussy who's in charge and she will want more.

peaceful_strong_man • 0 points • 21 June, 2018 12:33 AM

Inb4 “just lift more, bro. How much is your bench? Increase it a little and that’ll definitely solve the problem of you being a beta cuck.”

ParaXilo[S] • 1 point • 21 June, 2018 12:34 AM

Basically. Also have you read the sidebar. Yes I'm reading and still reading.

peaceful_strong_man • 1 points • 21 June, 2018 12:33 AM **[recovered]**

Posting this doing laundry Why isn't she doing the laundry? Dude, get a second wife or five he ran ultimatum. What's with this beta behavior?

dandar4600 • 6 points • 21 June, 2018 12:44 AM

He's 3 weeks into it and you want him shooting ultimatums? He needs to work on himself, lift and learn what's in the sidebar. Ultimatum is a position of weakness and if you can't follow through you're worse of than you started.

ParaXilo[S] • 1 point • 21 June, 2018 12:38 AM

She's feeding the baby and I needed to find something to do. MMSL said work the laundry so I usually do.

MrChad_Thundercock • 2 points • 21 June, 2018 12:59 AM

Mmslp is fucking awesome- first book I found. Do the damn chores because they need to be done. You are a man who takes care of his shit around the house while she has the baby.

Not giving you an out, but you're in a tough phase with a new baby - ONLY because you are going INTO this phase of life as a supplicating beta. For 14 years, you trained your wife that it's perfectly ok if she doesn't put out.

And you rewarded her with all your beta caring qualities, comfort, love, support, you probably come home from work not a minute past 5:00 pm, if you are running late you probably call to say I'm sorry. Probably pick up milk on the way home too. These things all are good, but they don't create attraction. Only comfort. But Comfort doesn't get you pussy.

All these years you gave her everything while you got NOTHING in return.

The time is now mother fucker to change all this. Limp dick is the least of your worries.

Mmslp should have given you a good start, wtf happen?

ParaXilo[S] • 2 points • 21 June, 2018 01:04 AM

9 years total together. Not any better but not 14.

Mmslp should have given you a good start, wtf happen?

Need to reread. Been on TRM. Been in the anger phase about it. Gonna pause and go back through the basic shit.

MrChad_Thundercock • 2 points • 21 June, 2018 01:18 AM

You said 9 year dating and 5 year marriage... 14 years. Don't correct me faggot.

Sometimes all the theory can cloud your vision until you internalize and reflect on it. Don't forget the tactics and what your goal is.

ParaXilo[S] • 1 point • 21 June, 2018 01:21 AM

Dating since 2009. Married in 2013. Together 9 years. I was not clear.

Don't forget the tactics and what your goal is.

Gonna reevaluate and go.

peaceful_strong_man • 1 points • 21 June, 2018 12:38 AM **[recovered]**

Wtf is MMSL? Does your wife have a career? The problem starts there. Household chores are her job.

ParaXilo[S] • 1 point • 21 June, 2018 12:40 AM

Married Man Sex Life. Side bar prerequisite. She does have a career and is on maternity leave at the moment.

peaceful_strong_man • 1 points • 21 June, 2018 12:43 AM **[recovered]**

How can any true man who considers himself the head of his wife/household let her have a career? Especially when she just had a baby. Maternity leave isn't enough time to take care of a child. She should quit her job. If I were you, I'd get a second wife. MMSL is pretty much a mantra for monogamous man sex life. When fornicators are "single" they're polygynous, which changes when they're married. What's the point of monogamy and having your wife control you to the point where she doesn't put out for 3 months and has you do the laundry?

MrChad_Thundercock • 3 points • 21 June, 2018 12:48 AM

wtf

ParaXilo[S] • 1 point • 21 June, 2018 01:01 AM

Throwing ultimatums and women don't work. Sounds like a 1-800 overseas line inquiring about my telephone service.

ParaXilo[S] • 2 points • 21 June, 2018 12:48 AM

6 complications end of pregnancy. 6 weeks of no physical activity.

She just had a baby.

How can any true man who considers himself the head of his wife/household let her have a career?

Because she loves what she does and is good at it? What kind of stupid shit is that? Also getting divorce raped if it ever came to that after being a SAHM is not fun.

MrChad_Thundercock • 2 points • 21 June, 2018 01:06 AM

Ignore that troll.

Post your stats.