

Trouble deciphering shit test/comfort test

May 5, 2018 | 10 upvotes | by [MRPRhyno](#)

Wife is consistently saying she can't tell if I love her or just want to fuck her. She also routinely says that she "needs" to feel love to have sex.

I'm sure I'm still struggling a bit to find balance, but don't feel like a kid with napalm burning shit down for fun, not do I feel like Im back to my old beta ways.

However I do know I'm back after a hiatus, I know I can no longer coast off of the reading and lifting I've done.

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Comments

Alphaphux • 8 points • 5 May, 2018 09:26 AM

She needs to feel tingles to have sex. You're not attractive to her, whether its physically or mentally you're not alpha enough for her, but that's her problem not yours. Yours is your MAP

Keep your foot on the gas

BluepillProfessor • 8 points • 5 May, 2018 03:22 PM

It's a shitty comfort test, often thrown at your peak of sexual arousal and designed to throw you off balance so she can slot you into the Beta plowhorse role and doesn't have to put up with your yucky sexual advances.

Pick her up in your big strong arms and just tell her of course "I love you" and then when she relaxes and says "Awww" pull away and look her in the eye and inform her: "I love to fuck you."

Then grin from ear-to-ear while her hamster tries to process that. Don't get into an argument or discussion about it; just give her plausible deniability.

Her saying "I need to feel love to have sex" is total and complete bullshit. She needs to feel tingles to have sex. She may WANT a strong emotional connection to have sex but she certainly doesn't NEED it. What she is doing is pure manipulation and toying with your emotions. Don't take her seriously and if she wants to play the emotional hostage/hide the slot game then feel free to toy with her right back. Have fun with it!

[deleted] • 4 points • 5 May, 2018 11:57 AM

I'd describe this as a shitty comfort test. It's one of those questions/comments where no matter what you say, it's the wrong thing to say (in her pathetic mind).

So the best thing to say is nothing. STFU. She's noticed something different about you and she's poking to see if this change is real.

The old you would either blow up angrily or get defensive. Don't do either of those things, no matter what foul darkness comes out of her mouth.

crimson_chris • 5 points • 5 May, 2018 04:13 PM

She does not care if you actually "love" her, she wants to feelz loved.

My wife used to talk about not feeling loved or secure/safe. For women, "love" is the byproduct of being with a high value man who has his shit together. Combine that with dread and she will feelz "loved" by you rewarding her with your presence.

My wife kept coming up to me this morning and giving me these long hugs. She said, "I want you to know that you stepping it up for the last few weeks has not gone unnoticed". She is back in school so I have been picking up a ton of slack at home and with the kids - without saying a word/seeking validation. I have also been her OAK through her many tantrums (she's really stressed). Through my actions she feelz "loved". Demonstrate high value, be attractive, OYS and she will feel "loved" by your presence.

The_Litz • 3 points • 5 May, 2018 01:26 PM

The question is meaningless. It is not about a shit test or comfort test.

You made progress and started coasting.

The hard part of MRP is that there are no days off. There is no hiatus. Keep up the work, give her both tingles

and fuzzies.

crimson_chris • 1 point • 5 May, 2018 07:24 PM

100% agree here.

crimson_chris • 3 points • 5 May, 2018 05:23 PM

Oh...also the worst thing you can do is start to become the man you can be, and then stop. You have basically proven to her that you were a fraud.

That "better" version of you was not real. She got her hope up, opened up to you - but only to be disappointed. It sucks but the grind never stops. Your value is always relative to your best. If you slip, it will be noticed. That being said, be your own judge, but be objective. I had a year of gains (life was great) followed by about 5 months of slacking (life was going downhill). My life overall is picking up again because I am putting in the work. The grind never stops brother.

SteelSharpensSteel • 1 point • 5 May, 2018 01:01 PM

You're looking at this wrong. You need to view this from both a power dynamics and "the medium is the message"/actions not words perspective, and calibrate from there.

InChargeMan • 1 point • 5 May, 2018 04:38 PM*

"I love you.....when you suck my cock" ass slap, end scene

Another option:

"Yep"

LBEB80 • 1 point • 5 May, 2018 05:13 PM

Sounds like you need to game her more.

[deleted] • 1 point • 6 May, 2018 07:52 PM

your wife is full of shit. and this is a shit test

women are happiest when treated like sexual objects. all women are. the less you respect her and the more you just want to abuse her body the happier she'll be

mabden • 1 point • 7 May, 2018 04:06 PM

>she "needs" to feel love to have sex.

Translation - She does not love you enough to have sex with you.

ReddJive • 1 point • 9 May, 2018 04:07 PM

lazy git. Took me longer to do the this post than find all this information.

here's your guide.

Newbies: No, your wife doesn't "comfort test" you.

Comfort tests and attachment theory

How to distinguish between a shit test and comfort test.

Bluepillprofessor's 5th Video/Podcast: Comfort Tests, Alpha, Beta, Omega and Oaks

My first comfort test that I knew was real

Theory The Shit-Comfort Continuum

