

"You're a pervert"

April 25, 2018 | 9 upvotes | by [mundocorde](#)

Hello, brothers.

Several times I have said "OK, I will write this for askMRP today", only to self-sabotage myself and not do it. Today I am finally giving the step. This is loooong: there is lots to say and I do want to say this. And I am cutting oodles!! This is not even an accurate summary!

The goal of this post is to hear your advice regarding how to enhance my sex life. My wife despises me and won't have sex with me because, in her words, "I am a pervert".

If you don't want to read lots of (real) cringy stuff given for context, please, please, just jump to the "AND FINALLY..." section at the end. I still think the rest of the story is kind of entertaining, though.

Context:

I will tell you a bit about my past. This is lots of blue pill stuff that is super-cringy. The only goal is to give context. After I swallowed the red pill, I am not who I once was. Stil, this happened:

So I have had this "problem" with fapping and porn since I was 13 (I am in my early 40's now). I won't dwell in it now. Suffice to say I have "tried" everything (12 step groups, praying, meditation, therapy, etc.). Something finally is kind of working, but this post is not about it.

When I started dating my current wife, I was (supposedly) living as a committed Catholic, holy, good guy, and beta AF. I was going to Mass frequently, yet I was confessing my sins every week (sometimes 2 times in the same week): porn and masturbation. I was living a double life... and I was a slacker at work.

Enter my wife (then girlfriend). She was 22, and a virgin. I was her first kiss. The first weeks were magical. Of course no sex, but infatuation and touching here and there. Then, after several months, she found out I was watching porn (I stupidly left a browser window open). Then I "confessed" her that I was watching porn, so she started "helping me" not to by monitoring my web activity (I told you, this is cringey).

Anyways, long story short, she didn't continue doing this stupid monitoring stuff (I was finding out other ways to watch porn anyways). Months later, she caught me again, and slowly but surely I started "eroding" that image of the good guy I had at the start. At the same time, though, our relationship was a lot of erotic touchy-feely and sex talking. We had lots of "almost-sex", which I enjoyed a lot. What was my illusion? That she gave me a blowjob. She never did. She never really has (oh, my God, how I hate this).

Anyways, 2 1/2 years later, we got married. During the honeymoon I had PIED (specifically, retarded ejaculation) and we couldn't have satisfactory sex. One complete week of trying to have sex and being unable to. Imagine. Finally, we were able to have "complete" sex a good month after the wedding.

Four months later, we got pregnant. Sex started to be more and more rare (2-3 times a month) and my secret PMO continued.

Then my daughter is born... and as it was a C-section. Then my wife started denying sex, in the (supposed) fear that we got pregnant again and her innards broke or something if we got pregnant again. A solid 9 months we didn't have sex. And we started having real issues and fights. Guys, I didn't know the red pill: I was a screaming beta loser and she was shit-testing me by the minute. Something that I want to mention is that she despised that I would get from work to have sex with her. I would be there "waiting for her to finish browsing Facebook" or whatever she was doing, in order for us to have duty sex. She absolutely hated this. She would raise those bitch walls to amazing heights whenever I said I wanted to

have sex at night. Unbelievable. At this moment we were having sex about once every two months. And I was PMO'ing like crazy.

Then I lost my job. And we decided to go live with her parents in order to save money. Although I am and will always be infinitely grateful to her parents for taking us, I realize now this was not an intelligent decision. Our fights escalated now even more, now that we didn't have privacy. Her mom got involved. My mom got involved. My siblings got involved... She also started going to the university again (as, she said, this marriage could be over any minute and she didn't want to depend on me). Of course, by this moment we have not been sleeping together. She's downstairs with the baby and I am upstairs by myself in a room full of clutter.

And then, when she was shit-testing me the most, guess what, she "catches" me watching porn again.

Then she slaps me, and tells me that I am betraying her.

She doubles the shit-testing, now mistreating me with words and actions, extremely annoyed at anything I do, bitching like never. By then, she had lost all admiration she had had for me. I was lost, totally lost. I was angry, sad, humiliated and unemployed. At least, I wasn't homeless. But I was contemplating suicide.

Then, one day, after talking with a reactionary Catholic friend he told me "leave her".

I was amazed that my ultra Catholic friend was giving me this advice. His rationale was that her behavior was offending God, so I should leave in order to prevent that sin from happening. Accurate way of thinking, actually. So after a particular evening in which she was telling me "she was going to make my life a living hell" (literal words), I said: "I cannot stand this. Tomorrow I am leaving.". She just scoffs at me.

Following day, after her parents have gone to work, I take my car keys and my passport and I say "I am leaving. Bye.". Then... Ohhh boy, she starts yelling and screaming "IF YOU LEAVE YOU WILL NEVER SEE YOUR DAUGHTER AGAIN! IF YOU LEAVE WE WILL GET DIVORCED!!". I just turn around and take my car and leave her.

All the car drive to my friends' house where I was going to stay was rid with phone calls, SMS and voice messages of the "OH, I AM SORRY, I AM SO SORRY, MY LOVE!! PLEASE COME BACK! JUST COME BACK, LET'S TALK FIVE MINUTES... BUT PLEASE COME BAAAAACK!!!" type. I didn't.

Looking back, I think this was the most Alpha moment I had without the Red Pill. Anyways, I told the situation (by phone) to my mom, dad, and siblings. I was lost, what can I say.

Then my wife and I talk that very night I "left" her. And then the next day at morning. This was so fucking stupid. I should have waited longer to talk again. In any case, I decide I would return a couple days later. My mom tells me I was making a mistake.

When I came back, that night was the one and only night in which told me that she wanted to give me a blowjob. Can you believe it? She kind of did.

Although problems continued and the shit-testing continued, things started getting a bit better when I got a job. And picture this, it was far from her: I would work Mon-Fri in an area kind of far away (I was renting a little room) and then I would drive back on Friday night to be with her, to stay with her Sat and Sun, and then drive back. She still didn't want to have sex, or would give me starfish every now and then.

As PMO continued, and I was not sure I wanted to continue my lifestyle of not sleeping with my wife and being with my daughter every day (for what it was worth), I started going to a male counselor. He insisted I should go to meetings of SAA (Sex Addicts Anonymous). I started going, but I still keep PMO'ing.

And then, you guessed it, my wife found out I was going to the meetings. By this moment she thinks I am

a full-blown pervert.

So I lost that job again... and I stopped going to the meetings (not that they were really working anyways).

AND FINALLY,

last week my wife tells me that she had "found out" that I was still in a WhatsApp group for SAA. I had simply forgotten to leave that group. "Here, I am leaving it" I replied, and I did leave it, in my phone. She says "You're a pervert. You're meeting with pedophiles. I don't know what you have been doing. I don't want to have sex with you. And I also want you to do a full STD check".

I had been listening about Red Pill (honestly, it's all I do), so I knew I had to project a strong, secure aura and not be a stressed bitch. I very calmly reacted like this:

Me: "I am not going to the meetings anymore. I am not a pervert. And I am not doing any STD test."

She: "OK, then I am not going to have sex with you".

Me: "OK."

She: "Yeah, you're a pervert."

Me: "No. And, oh, by the way, every time you deny sex to me, kick me or disrespect me in bed, you are being unfaithful to me. We got married to have sex."

She: "Yeah, but I don't have sex with you because I cannot trust you. I don't know about your secret life."

Me: "OK, cool. I cannot control you. I am working on being the best man I can be. We'll see what happens."

And... we had sex that night.

So, in this conversation was I the alpha I could have been?, HELL NO, but it's amazing how I have changed. Before, I would have been and screaming, whining, supplicating bitch. Now I don't care.

MY PLAN: Currently I am in Dread 3, and looking forward to getting an amazing job. I am going back to the gym. I went for 2 months straight, but stopped.

I have that Beta monster ingrained in me, and is my default. I am fighting, every day, to change context, to be alpha, to know that I AM THE PRIZE, to stop giving OH SO MANY FUCKS.

And I also want to stop PMO but not for her but because of ME. I have had amazing steps towards this. Instead I want to start having real passionate, extreme, porn-like sex!! This will happen!! I'm reading SGM and BPP's book now.

Anyways, thanks for reading. Comments and roasts appreciated.

Edit: Minor edits.

Archived from theredarchive.com

Comments

SBIII • 26 points • 25 April, 2018 05:39 PM

You're actually worse off than the Wank Sock guy I wrote about.

And he was made up.

mundocorde[S] • 4 points • 25 April, 2018 05:55 PM

Ugh. Thanks, I guess.

SteelSharpensSteel • 17 points • 25 April, 2018 05:33 PM

You need more STFU in your diet.

Stop talking. Lose the dad bod. Read up on frame. Ditch the porn. Stop being weak and start going back to the gym. Your job is to get to 15% BF. That is your job.

FoxShitNasty83 • 5 points • 25 April, 2018 05:40 PM

This bloke is sound, so take the same advice he gave me. Get on with it, like right fucking now!!!

mundocorde[S] • 6 points • 25 April, 2018 05:55 PM

Yeeeeeah. I am such a talking bitch. I am STFU now and doing my stuff. For real. Thanks.

Persaeus • 13 points • 25 April, 2018 06:41 PM*

Something finally is kind of working

crack heads don't get to just get a taste of crack once in awhile. this entire post is about you being an undisciplined piece of shit. see if you can stop touching yourself as a demonstration of some discipline.

also, how much time do you spend under bridges?

mundocorde[S] • 1 point • 27 April, 2018 01:18 AM

Yep. Discipline.

Didn't understand the "bridges" comment, but thanks anyways.

matrixtospartanatLV • 12 points • 26 April, 2018 01:27 AM

Thank you for making me feel better about myself.

Like most, I have low moments when I feel down, even a bit depressed, and then I read something like what you wrote because, NOT ON MY WORST FUCKING DAY, EVER!!!

Listen up you useless, worthless, piece of fucking shit.

You are in your early forties?

You have a daughter?

Your wife is mid/late 20's?

Fuck.

You talk too much. You think too much. You wrote too much. And you...

DO TOO FUCKING LITTLE.

I wish my life was as fucked up and simple to fix as yours.

Heroin addict: Stop injecting. Get a job.

Alcoholic. Stop drinking. Get a job.

Thief. Stop stealing. Get a job.

Porn addict. Stop fapping. Get a job.

Fuck.

Your marriage is over.

If it survives it will be a Catholic miracle close to the level of the immaculate conception.

Your life is NOT a fucking video game where you get to respawn and start over.

Every single day you are given 86,400 seconds to spend as you wish.

The exact same 86,400 seconds given to the likes of Bill Gates, Steve Jobs, Tom Brady, the list goes on and on and on.

Every second you waste is gone forever.

Every day you live is one more closer to death.

Not for your wife, or even your daughter, although that should matter to you, but for fucks sakes, for YOUR sake,

GET YOUR SHIT TOGETHER!

Fuck.

You are one depressing little bitch.

If I could know what I know right now, I'd trade places with you today and get 15 years of my life back, and make some MAJOR FUCKING CHANGES.

You are about to throw it all away.

You are about to fuck it up beyond repair.

You are the model your daughter will use to find a man in her life. Do you really want her to find....

You?

I don't what else to say to you.

Go to the sidebar.

Lift. Read. STFU.

Become a fucking MAN.

Not some plugged in beta bitch, a slave to betadom serving the gynocracy who can't let go of his dick long enough to lift weights and learn something.

Yeah.

You're fucking done.

Go to the OYS thread posted yesterday on r/marriedredpill, and read every fucking comment.

Then go to the one posted on 4/17/18 and read every fucking comment.

Then go to the one posted on 4/10/18 and read every fucking comment.

These are real men, fixing their shit.

You haven't matured since you were 13.

Fuck.

Stop fucking masturbating, literally and figuratively, and FIX YOUR SHIT.

Now GET TO FUCKING WORK.

OR get the fuck out of here.

mundocorde[S] • 2 points • 27 April, 2018 12:34 AM

Instead of replying, I'll STFU and internalize what you say.

Thanks for your reply.

awyden • 7 points • 25 April, 2018 05:41 PM

1. STFU.
2. Numbers in the Gym? BF%?
3. stop watching porn.

mundocorde[S] • 1 point • 27 April, 2018 12:37 AM

1. Yes.
2. S:110 OH:70 DL:125 BR: 90 R: 80 BF:16%.
3. Yes.

gettingmymojoback • 7 points • 26 April, 2018 10:43 AM

MRP is the gift that keeps on giving. Every time I think I've seen the low point, a new posts comes out and resets the bar.

Shit like this is what makes it so easy to be great if you just put in any effort at all.

mundocorde[S] • 1 point • 27 April, 2018 12:55 AM

Well, in my defense (although I don't want to DEER nor I am interested in anyone's approval), I have changed a lot, for the better, since I started this RP way. I would have been a disgusting crying bitch if I had had that "pervert" conversation I mention at the end of my post, 2 years ago. So there has been change.

The story I told happened a few years ago. There has been change. And the change will continue.

ImSteveMcQueen • 6 points • 25 April, 2018 05:46 PM

I didn't read all that. But I have some advice anyway.

- 1) You are not a pervert. You a human being that needs sex. Sex is a basic human need. Do not ever be ashamed to say you need it. Own it. Tell her "I am a horny fucking man, not a pervert. And that is a good thing." Don't DEER it. Ever. She either gets that and becomes your sex supply or she doesn't. Leave her make that choice.
- 2) STFU. You will never change the mind of a woman by debating her. NEVER. So why do you try ?
- 3) Your masturbation probably isn't about sex. You are actually fantasizing about having a relationship with a woman that will fulfil your sexual needs. Two different things.

It is a soothing behaviour because you obviously aren't getting what you need in real life. To make your real life work, you are resorting to fantasizing about what you should be getting. It is like people who drink in order to feel better. They can't deal with things IRL, so alcohol becomes the crutch that lets them feel the way they need to in order to get by. This is why masturbation and porn are for you a crutch.

There are two problems here. First of all, your crutch is interfering with your real life. Second, your reliance on

your crutch is preventing you from facing the real problem - you have no outlet for your sexual needs and you are not getting the feelings of acceptance, love and whatever else you feel when you experience good sex in real life.

mundocorde[S] • 1 point • 27 April, 2018 12:41 AM

- 1) Yeah, I've been DEERing like a bitch. I was a pitiful begging faggot before. Now I only DEER. Still, bad.
- 2) 100% agree. Not only that: arguing makes things worse. It's fucking unattractive.
- 3) Yeah, 100% agree here, too. There's more: what I am looking for in porn is not only big tits, but approval. I basically fantasize about an obedient, generous wife. And that crutch is interfering with real life., because it should be like that in real life.

mrpthrowa • 10 points • 25 April, 2018 05:44 PM

Jesus shut the fuck up dude. You need to tattoo Acta non Verba on your forehead so you see it every morning in the mirror.

Also you fucked this up pretty badly. Honestly my view is life is too short to fix this much of a fuck up. Go start your life again, but write off this women. Treat her as "friend" - your daughter's mom, but go build yourself up and eventually fuck other woman. The sight of a woman eager to please you is something every man should experience, and you ain't getting it from this woman, ever.

Also, 100% she has fucked someone else or she has a side emotional story. That might be the bit that makes you do the above.

Also, pretty sure you're a landwhale. Lose the fat, lift.

bowhunter6 • 5 points • 25 April, 2018 06:24 PM

This right here. Eventually the juice is no longer worth the squeeze. Start over with a new one.

mundocorde[S] • 1 point • 27 April, 2018 12:44 AM

I am working on myself first. When I am attractive enough, we'll talk (more like "I'll consider") options.

mundocorde[S] • 1 point • 27 April, 2018 12:43 AM

> Jesus shut the fuck up dude.

You made me spill my drink. Yeah, I talk a lot.

Just want to say this:

- 100% she hasn't fucked anyone else.
- 100% I am not a landwhale. See my numbers in a reply above.

And I agree with everything else you say.

I'll go work on myself and STFU. Thanks for your reply.

cholomite • 4 points • 25 April, 2018 07:52 PM

Being called a pervert is just a shit test. Own it, agree it, and amplify it. Just avoid pedo shit and hookers, they tend to stir up the wrong kind of emotional response in women.

mundocorde[S] • 1 point • 27 April, 2018 12:44 AM

Yeah, it is a ST.

[deleted] • 4 points • 25 April, 2018 07:52 PM

I'm a pervert and proud of it. You like to fuck. And you like women who like to fuck. So you watch porn to get your fix. Stop denying and hiding it. It doesn't sound like you have a porn or sex addiction. It just sounds like you are really deprived. Your only problem is that women who do like to fuck (obviously, not your wife) wouldn't fuck you with a stranger's pussy. Porn isn't your problem. It's your utter lack of attractiveness.

mundocorde[S] • 1 point • 27 April, 2018 12:56 AM

Yep.

redesquire • 4 points • 25 April, 2018 09:14 PM

This post is worse than cringe worthy. Fuck. There is so little substance I don't even know where to begin.

After I swallowed the red pill, I am not who I once was.

This doesn't tell us shit about you. When did you "swallow the pill" and how have you changed? What sidebar materials have you read and what are your stats? Since you didn't provide this information, I'll assume you've read practically nothing, and you're a fat fuck, both of which are evident from the context of your post.

Your first step should be to shut your fucking mouth and read No More Mr. Nice Guy ("NMMNG") as many times as it takes for you to internalize it. You use porn and fapping to escape/cope and have been doing it for 30+ years. And you've been doing it in secret, so mommy won't find out and get mad at you. Any of these sound familiar?

*Nice Guys are dishonest.

*Nice Guys are secretive.

*Nice Guys are compartmentalized.

*Nice Guys are manipulative.

*Nice Guys are controlling.

*Nice Guys give to get.

*Nice Guys are passive-aggressive.

*Nice Guys are full of rage.

*Nice Guys are addictive.

*Nice Guys have difficulty setting boundaries.

*Nice Guys are frequently isolated.

*Nice Guys are often attracted to people and situations that need fixing.

*Nice Guys frequently have problems in intimate relationships.

*Nice Guys have issues with sexuality.

*Nice Guys are usually only relatively successful.

Like looking in the fucking mirror, right?

As others have already advised, your sexuality is nothing to be ashamed about. But try to see yourself through your wife's eyes. She has fucking caught you in the act watching porn and jerking off how many times??? In her eyes you're a fucking pussy sneaking around like a fucking 13 year old hiding from his mommy.

The issue isn't that you're a "pervert." Its that you're unattractive. And you likely won't be attractive in her eyes for a long fucking time. Killing this relationship won't do shit. You'll still be the same pathetic fucking man-boy secretly watching porn and jerking off, no matter who you're with. So start building yourself into a man. A real

man, not a child stuck in an adult's body, which is what you are right now. [Formatting edit]

mundocorde[S] • 1 point • 27 April, 2018 12:48 AM

Thanks for the awesome reply. I mean it.

> When did you "swallow the pill" and how have you changed?

I have been reading about RP for about 2 years.

> What sidebar materials have you read and what are your stats?

I've read the whole fucking sidebar. I just finished TRM-Preventive Medicine and am reading SGM and BPP's book. I am in DL3 (or so I want to believe).

My stats are in some reply above. I am not fat at all.

You are dead right on your assessment, which I read in its entirety. Back on making myself attractive.

Yeah, and may read NMMNG again.

I am STFU now.

Thanks.

weakandsensitive • 4 points • 26 April, 2018 12:31 AM*

My wife despises me and won't have sex with me because

Okay - so which that is up next?

Just imagine, if you had a that up next, this wouldn't even be a post and I could have 10 seconds of my life back.

I will tell you a bit about my past.

Who fucking cares?

Edit: Skimmed the whole thing - gayer than expected. Probably gayer than wannabe dick sucker SteveMcQueen.

mundocorde[S] • 1 point • 27 April, 2018 12:56 AM

Don't know what to say, but thanks for your reply.

ReddJive • 4 points • 26 April, 2018 10:05 AM

I don't normally come out of the gate and say this....

but this isn't going to end well. I know because your shrew is just like mine. I don't have the same issues as you, not even close, but mine has wrapped her belief in how a marriage is supposed be that she can't even see reality any more.

The hysterical bonding you are creating is temporary. At some point she will stop even that and someone (her mom, a friend) will tell her to stand her ground. I guarantee she has a cheerleader rooting her on. You are not going to win this fight.

You have already seen her at her best. That is as good as it will ever get. There is also another rule that Red Pill doesn't explicitly say, but you are looking at how she handles stressful times. If that is what you want at your side when you have a medical issue, or some other catastrophic event, by all means continue.

You are fooling yourself.

mundocorde[S] • 1 point • 27 April, 2018 12:52 AM

You have already seen her at her best. That is as good as it will ever get.

Well, she was pretty fucking awesome when we started our relationship. These are the memories I cherish and that make me continue with her. She's awesome in many ways. It's just the sex thing.

Her bitching subsided a lot when I left and came back. I am working on myself, in order to be an attractive man with options. I'll make decisions once I get to the right point in my life, if she still hasn't changed.

Don't know about me fooling myself. Perhaps. In any case, I am STFU and working in myself for now. Thanks.

ReddJive • 2 points • 27 April, 2018 12:55 AM

You need to keep studying. You'll find this is typical behavior.

You're nothing special.

WhatsyourDaytoDay • 1 points • 25 April, 2018 06:01 PM **[recovered]**

You're a long way from being the prize but you got to start somewhere. First step of a thousand mile journey and all that bullshit. If you have to watch porn do it on your phone ffs.

mundocorde[S] • 1 point • 27 April, 2018 12:55 AM

Yeah. 100% this. Thanks for the cheers. I mean it.

simbarlion • 3 points • 26 April, 2018 01:25 AM

here you go:

stop mixing and matching MRP ideas.

No one has said this yet - MRP is about fixing the man, not your retarded relationship - Your relationship is retarded because you are.

For fucks sake, grow up. Seriously. Grow the fuck up. Get a job. Get some hobbies, preferably with older Men so you can see what a real man looks like. And then introduce the best one to your wife and see the reaction.

Lets recap;

Wife wont have sex

no job

OD's on porn

Lives at MIL

Its people like you that make me embarrassed to be a Man

mundocorde[S] • 1 point • 27 April, 2018 01:00 AM

Well, thanks. I am STFU and working, and I won't get anything from crying over spilled milk. So, yeah.

youcantdenythat • 3 points • 26 April, 2018 01:02 PM

You have issues.

Your wife has issues.

Guess which issues you can work on? Only yours.

Get yourself together. Stop living in her frame. Stop DEERING.

Even when you do get yourself together, she probably won't. This relationship is basically over. She will always use sex as a weapon.

If it were me, I would put 100% into losing fat, getting in shape, and getting everything else worked out for you.

If she comes around, cool, but she probably won't.

Tolerate her as long as you can. You will do better in court trying to get time with your daughter if you are good looking and healthy.

There's a good chance that she doesn't want sex with you because you are unattractive. It has nothing to do with trust or being a pervert. Those are her hamster rationalizations.

There's also a good chance she will never find you attractive no matter what you do.

Again, if it were me, I would get myself together, then get a divorce, then find a chick who hasn't seen your weak bitchy side.

mundocorde[S] • 1 point • 27 April, 2018 01:04 AM

There's also a good chance she will never find you attractive no matter what you do.

Man, I truly thank you for your reply. Makes a lot of sense.

Yeah, so if she doesn't find me attractive after I have a decent profile, I'll see what I do.

I am following your advice 100%. But I will STFU. men do, women talk.

Thanks.

SeethingLlama • 3 points • 26 April, 2018 01:37 PM

You don't need TRP, you need a divorce. Married a Catholic virgin who put her pussy on a pedestal; yeesh. Working out and dieting does not change her views on "porn-like sex". In fact I don't care if you're beta or not, marrying a woman who doesn't let you test drive is simply ridiculous in the 21st Century. Sexual compatibility is an absolute must. So get the job then find an attorney and free yourself of this bullshit. Yeah, yeah "b-b-but I'm Catholic!!! Divorce!!!!" End it on your terms or continue to be fucked by this woman in the worst possible ways.

mundocorde[S] • 1 point • 27 April, 2018 01:06 AM

Damn, man, this is a little extreme. I mean, her chastity was a virtue I appreciated, despite me living a double life... Anyways, I'll continue working on myself and then we'll see.

BobbyPeru • 2 points • 25 April, 2018 09:48 PM

They should rename Chad Jesus, cuz Jesus is the master cuck.

Persaeus • 2 points • 25 April, 2018 10:15 PM

Close . Jesus is the bull. Followers are the cucks

BobbyPeru • 1 point • 26 April, 2018 03:12 AM

Ya know, I'm a men's coach. It's the men who think that god is "punishing" them that are the toughest.

Nope, if a woman cheated on you or whatever, that was her choice, not Gods.

Then there's the guys who get chronically cheated on by their wife, and the wife ghosts them. Suddenly, the wife pops out of nowhere months later saying she wants to work it out. I'm not anti-religion or antything, but I see so many guys cuck their self this way. Then, when she comes back it's because their "prayers to change her heart" worked. It couldn't be that Chad dumped her, right?

screechhater • 2 points • 25 April, 2018 10:39 PM

So apparently, you guys are still shacking full time @ MIL ?

Leave the dumb bitch again and maintain radio silence, this time

If not pack that dumb cunt off and drop her off at the curb of MIL

If in fact you are attending SAA, keep going Stop the fapping.

The biggest problem you have is the lack of respect from her and self respect of your own. Your friend was right, leave the bitch

Keep lifting, never stop, and above all else make you your mission

Sidebar read it fucker

mundocorde[S] • 1 point • 27 April, 2018 12:58 AM

Leave the dumb bitch again and maintain radio silence, this time

Working on myself first. Once I am an attractive man with options, we'll see.

Also, I'm working on my MAP. Mission 1: get a fucking job.

Thanks for your reply.

Sepean • 2 points • 26 April, 2018 06:26 AM

My wife despises me and won't have sex with me because, in her words, "I am a pervert".

Ok, let's read further down and see how we can fix this...

She: "Yeah, but I don't have sex with you because I cannot trust you.

Well that sounds like typical bullshit, girls have no trouble fucking untrustworthy men

And... we had sex that night.

Oh, you already fixed it.

It's about looks, frame and game, that's it. What she says about your perversions or whatever, you know what we say, don't listen to what she says.

mundocorde[S] • 1 point • 27 April, 2018 01:02 AM

And... we had sex that night.

Oh, you already fixed it.

Thanks for your reply.

So, I didn't quite "fixed" it, but yesteryear I would have been a crying bitch. This time I was able to handle the situation like a man. Or close, dammit. And it worked out, so there has been some good change. Tiny, but something.

Yeah, and "don't listen to what she says" is good advice.

Thanks.

creating_my_life • 1 point • 25 April, 2018 06:30 PM

all those words, and no height, weight, bodyfat, and lift numbers.

"pervert" isn't about the words. It's about the man saying them. Chad saying something is "funny and sexy", dadbod saying THE EXACT SAME THING is perverted. Internalize this.

mundocorde[S] • 1 point • 27 April, 2018 01:07 AM

all those words, and no height, weight, bodyfat, and lift numbers.

I gave them above. Suffice to say, I am not fat at all.

"pervert" isn't about the words. It's about the man saying them. Chad saying something is "funny and sexy", dadbod saying THE EXACT SAME THING is perverted. Internalize this.

100% agree. Thanks.

creating_my_life • 2 points • 27 April, 2018 02:48 AM*

S:110 OH:70 DL:125 BR: 90 R: 80 BF:16%.

110 squat is weak. Overhead press of 70 is weak. deadlift 125 is pathetic. 16% bodyfat doesn't matter when you're incredibly weak. Guessing from those numbers, without height and weight, you're skinnyfat.

You need to lift big and eat big like it's your religion.

Steve_rebooting • 1 point • 25 April, 2018 07:19 PM

I'm new to this and climbing the mountain but i'd be very surprised if you are even Dread 1 (let alone your self prescribed Level 3)

Seems like you haven't even started the gym or fully developed frame

Levels of Dread:

https://www.reddit.com/r/marriedredpill/comments/2lpafb/the_12_step_plan_of_dread_book_excerpt_from_my/

mundocorde[S] • 1 point • 27 April, 2018 01:10 AM

I'm new to this and climbing the mountain but i'd be very surprised if you are even Dread 1 (let alone your self prescribed Level 3)

I am taking 1 month per level. But maybe I should take more. I don't know. Anyways, more than patching myself, I require a change of mentality.

Seems like you haven't even started the gym or fully developed frame

I have started gym. Numbers above. Working on my frame. Still a looong way to go.

Levels of Dread:

Thanks for the link, Steve. I am reading the book. I hadn't seen this particular entry.

Lep2170 • 1 point • 25 April, 2018 11:53 PM

Your wife sounds like a miserable person to be with. Read the sidebar, lift, build a solid frame, and stop trying to cherry pick the RP concepts.

You know what's wrong with yourself. Raise your SMV and if your wife is still a miserable cunt at least you'll be ready for single life.

mundocorde[S] • 1 point • 27 April, 2018 01:10 AM

Yesss. This 100%. Thanks.