

"Convinced" into marriage at 23; now don't know what to do... (story & questions)

April 22, 2018 | 5 upvotes | by [marriedyoung2929](#)

// throwaway since my wife knows my main reddit account

Hey MRP,

I'm a 24M married for around a year. While we get along well overall, I now feel increasingly emotionally/sexually unsatisfied in the marriage, and sometimes I can't help but dread that the marriage will forever preclude me from going "back into the game" (unless I divorce/cheat), so I'll live the rest of my life like a monk without getting to enjoy my "manhood". I'd really appreciate some guidance from fellows MRPs on what I should do with my life.

Some quick facts about me:

- 24M from Asian family with controlling parents; not really confident about myself for most of my life;
- Fairly accomplished in my career but feel that my life is lacking something and that I'm "settling down" too early;
- Married for around a year; still a virgin...

More details on my past / our timeline (sorry for the wall of text):

- We **knew each other from high school** (mid-2010) and were each other's first SO. Since high school, we had been in an on-and-off LDR up until May/2016 (when I graduated from college). We went to college in different countries, and then she moved to the US in a different state, so we got to meet weekly when I greyhound five hours every week.
- I'm from a **traditional and emotionally dysfunctional Asian family**, and my parents have absolutely disapproved our relationship from the start. In high school when I still lived at home, I suffered from** regular-ish emotional abuse from my mom (**who was going thru PMS**) **due to the relationship, while I don't usually see my dad a lot due to his business travels. Once I came home 30 minutes late, and heard my mom on the phone with dad screaming "that witch is stealing our son away!!! he's been hypnotized and used by her!!!" Due to our emotionally dysfunctional family**, I think I've been low-confidence and a beta Male for most of my lif**e, and probably from the start with my SO.
- In May/2016, I told my parents again that we were together, and they were absolutely unhappy and used various tactics to defame her. I got convinced and **broke up with SO, then moved to a new city for my new job.**
- **At the new city, I met another girl in my high school class** who I had always admired, and we started from casually catching up and getting coffee without further intentions. While hanging out (and then dating) with her for a few times, it was pretty much** the first time I see myself "glowing with male attraction**", where I feel that a girl really appreciates me and wants me. **I fucking absolutely loved the feeling**, and I still remember the constant smile I had on my face. At the same time,** I started lifting and running casually, and my self-confidence boosted quite a **lot.
- The reason why **me and the second gf broke up in only two months** eventually was kinda

interesting... other than me having to travel regularly for work, so one is that** she wanted to get married **within a year (when I had no idea what my life would like); the second is that** I caved into my beta personality again -- **since she will earn 200K+ out of school, I felt insecure and told her** that I felt insecure about our socioeconomic ma**tch (huge mistake)...

- I was depressed for a while after the breakup, and then **one day happened to know that my first gf is also in the same city.**** Due to the recent break up, I reverted to full Beta and really **"appreciated how good she was since she never dumped me", and we moved in soon after. Things were pretty smooth, and then** in early-2017, she started to bring up marriag**e since her US visa was gonna expire later in the year and my work visa + marriage would allow her to stay longer.
- At first, I rejected the idea of marriage immediately since I never intended to get married till late 20's, but then she pressed and asked "what would you lose if we are together anyways... marriage surely doesn't make a difference?"
- Eventually, **I conceded, and we got married a year ago** -- only one witness from her side; my parents still don't know I'm married at all; I only told three of my closest buddies in college.
- Looking back, **I don't think I'm ever really satisfied with the relationship** since she moved in.** I started to flirt with strangers online and exchanged nudes, and I still think about my second gf all the time. **Our sex life has pretty much been limited to hands (we're still both virgins), and my several attempts resulted in her curling in the bed because the insertion was painful.** I think I now have PTSD with sex, and usually I just masturbate once/twice a week, and we do handjobs for each other probably twice a month?

Recently, I learnt about TRP and stumbled on MRP and realized that I need to face my relationship issue head-on. However, I don't know where to start...

- I don't feel that I'm "wanted" by my wife, and our life is very routine and bland. When I go to work and talk about, say, weekend plans, I'm starting to feel "I'm old" because of my wife and our marriage. (She's super laid-back, never been to bars/clubs, and the most exciting plan from her is probably a double-date playing board game and Nintendo Switch.)
- I think our sex life is a huge problem, but she gets sensitive whenever we talk about it, so I'm avoiding this type of talk altogether.
- **I want to get out of my beta Male mindset but the marriage is very limiting** -- I'm afraid that whatever progress I make during the day will be undone when I get home.

Fellow MRPs, what should be my next actions at this point? I'm reading NMMNG and really love it so far, but where can I apply it in my daily life given that I'm already married? Also, does a divorce or affair make sense in my current situation? Is there anything else you would recommend?

Thank you so much in advance! Really appreciate any insights...

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Comments

BirdManBrrrr • 20 points • 22 April, 2018 08:09 AM

Married a year, still a virgin...her expiring visa

Dude, you got played. Big time. You need to accept you got played and move on.
Lift, sidebar, and lawyer.

BlindNowhereMan[] • 4 points • 22 April, 2018 11:57 AM

I'm not so sure. They try to have sex and it hurts her, she seems to want to, and will do others things for him.
(and im guessing shes a virgin too? the op is sure she is)

This girl suck with him though high school dispite his parents hateing her guts and now tolerates him
keeping the marriage secrets.

She should see a doctor for the pain issue. I see nothing wrong with this relationship otherwise. Op is
frustrated sure... but there may be a relatively simple fix.

[deleted] • 2 points • 22 April, 2018 01:52 PM

With all the sarcastic posts lately I can't tell what this is.

the_grizzlebee • 1 point • 23 April, 2018 02:06 PM

Right? I am still squinting at it.

weakandsensitive • 3 points • 22 April, 2018 12:58 PM

I see nothing wrong with this relationship otherwise.

The relationship is a dumpster fire. The girl might be fine.

The guy needs to go out and do his own thing. Going through life living like a bitch is detrimental
personally and professionally in the long term.

Get a divorce, notify USCIS about Visa fraud, continue on with life.

MrChad_Thundercock • 0 points • 22 April, 2018 02:00 PM

It's "painful" for her with him. Bet she would be face down ass up with Chad.

BluepillProfessor • 6 points • 23 April, 2018 01:34 AM*

Not always the first time. The difference is that even if she cries, Chad knows when to push through
and pound it home. This guy never learned and has no idea what a woman is capable of being once
she passes

The Rubicock:

(<https://heartiste.wordpress.com/2015/06/26/the-rubicock>]

I am betting she has not entered that state of debauchery that breaks the snatch seal, causes her womb
to tremble, and the four horse cocks of the apocalypse pour molten semen into her damaged psyche.
There is only one horse cock that she needs. OP needs to step up to the plate.

chachaChad • 2 points • 26 April, 2018 02:45 PM

Cheating isn't the answer. It's an accommodation for her dysfunction. That's no way to go through life. As tough as this is to hear, BirdManBrrrr is exactly right. You fucked up now you have to fix it.

Cloudsurf89 • 9 points • 22 April, 2018 09:03 AM

I have very little knowledge of the legalities but is there potential for divorce on your terms due to being 'exploited' for a visa? (The no sex may actually go in your favour).

Also - sidebar, lift, raise SMV - make her WANT to jump on you everytime she sees you. If it improves to the point of you genuinely wanting to stay then do, if not then divorce. This is about what YOU want, not her or either of your families. It's your life to live not theirs

marriedyoung2929[S] • 3 points • 23 April, 2018 05:40 AM

Sounds like a plan!

From other comments in the thread, I agree that I have allowed my SMV to go to shit for my whole life, and I'm taking immediate actions to get outta that sinkhole. After my RP self-improvement, I'll see if she desires me and whether I like how it works; and if not, divorce is certainly an option for me (even though I don't wanna take it lightly).

Cloudsurf89 • 1 point • 23 April, 2018 11:51 AM

Best of luck amigo

The_Litz • 7 points • 22 April, 2018 11:13 AM

There is no way coming up from this dark dank hole.

Divorce - Your wife

Divorce - Your family

Decide how you want to live your life going forward.

Start lifting. Build muscle and mental frame. Read read and read.

Godspeed young man.

weakandsensitive • 8 points • 22 April, 2018 01:00 PM

Divorce - Your family

+1. This is key.

marriedyoung2929[S] • 1 point • 23 April, 2018 05:37 AM

By that, I assume you both mean "stay distant from your family", correct?

weakandsensitive • 2 points • 23 April, 2018 05:58 AM

By that I mean remove anyone who is toxic from your life permanently.

Are you really that stupid that you can't parse sentences? Or are you that insecure that you're so afraid of getting the parsing wrong? It doesn't matter - either way, it wrecks of you being a weak, insecure little man. Sack up and fuck up.

You're like a little 24 year old man baby that needs his hand held all the time. When it's time to make a move on a woman, are you going to ask her for the proper way to make the move too? Of course

you are, that's why you're so fucking thirsty.

marriedyoung2929[S] • 1 point • 23 April, 2018 06:02 AM

Noted!

My interactions with family are mostly just courtesy as I'm already financially independent. No way I'll let their blue pills beta-fy me or sway my motivations again.

weakandsensitive • 1 point • 23 April, 2018 06:04 AM

Don't care what reasons you have. I'm sure you'll have many.

My interactions with family are mostly just courtesy as I'm already financially independent.

Clearly not since they dominate your mindset. How many times have you used them as justification throughout this thread?

marriedyoung2929[S] • 1 point • 23 April, 2018 06:18 AM

I honestly think I have largely moved away from their influence on my mindset, and when I bring up my family, I mean to mention the supposed reason/history for my beta Male mindset at the first place, which I'm trying to abolish.

But yes, I'll really keep my guard up and man the fuck up. Totally admit that I'm a weak and insecure person, and hence I'm here to work it out!

weakandsensitive • 2 points • 23 April, 2018 06:24 AM

You seem like a try hard people pleaser too. Good luck.

and when I bring up my family, I mean to mention the supposed reason/history for my beta Male mindset at the first place, which I'm trying to abolish.

Look up DEER.

marriedyoung2929[S] • 1 point • 23 April, 2018 06:37 AM

Just looked it up in TRP, solid read.

rojapildora • 5 points • 22 April, 2018 12:02 PM*

She is not your wife (marriage was never consummated) this is the mother of all friendzones. As the upvoted comment said you got played for the Visa. There is not amount of lifting or reading that is going straight a ship that never sailed, avoid the sunken cost fallacy, cut your losses, lawyer up yesterday! before she sniffs that you would leave and her frigidity miraculously resolves just long enough to extract a child. Or remain celibate while basking in the warm glow of her annihilating sexual contempt while she drains your resources, time and affection and you having to take your sexuality "on your own hands".

Godspeed.

2ndal • 4 points • 22 April, 2018 02:37 PM

i think you meant "consummated"

and the law doesn't give a fuck whether you've had sex or not

but i am guessing you meant it in sentiment

which i agree with

rojapildora • 1 point • 22 April, 2018 03:34 PM

You are completely right, edited now, thanks for the correction.

Sentiment or not if she never gave it up before getting commitment and no even pity, starfish ever since what is the hope... no even the bluest of minds would call this a marriage but a business arrangement between roommates

marriedyoung2929[S] • 1 point • 23 April, 2018 06:08 AM

Yeah, deep down that's how I really feel about our marriage (business arrangement between roomies), but then I'm actually kinda "okay" with it as we get along okay, can do some fun things together, and encourage each other to do well in life.

I believe the reason why I'm even "okay" with this bullcrap is that I've been beta for my whole life and rarely ever developed my male sexuality, and instead simply settled on being a beta provider role. And, that's why I'm gonna go into full RP mode and dig myself outta that shithole.

[deleted] • 5 points • 22 April, 2018 12:54 PM

Get rid of her.

Distance yourself from your family.

Use that space to fix you.

Nothing here was done to you, you did it all to yourself as an adult.

Now be an adult and take care yourself by working on your needs, not everyone else's needs.

READ NNMNG 5 TIMES - SLOWLY.

Pray she does not get pregnant "accidentally".

One more thing.... Good Luck, I think you are going to need it.

marriedyoung2929[S] • 3 points • 22 April, 2018 05:56 PM

I have distanced myself from my family for a long time — since we're in different countries, they now have little leverage on me, and we only communicate by email occasionally.

I have also come to the full (and painful) realization that I fked up my life so far, and I'm reading NMMNG (highly relevant) and learning to focus on **my** wants.

Before actually separating/divorcing from my wife, I plan to first work hard on self-improvement (lift, read, improve SMV) and secretly hope that my next project will be travel-intensive so I have more breather without her around me.

mattizie • 3 points • 23 April, 2018 02:00 AM

No, you idiot. Divorce her asap. Run out of class right now and lodge the papers. Don't talk to her, just do it. The longer you stay married, the more she gets or is entitled to after your divorce. God forbid you actually "have sex" and it turns out she's pregnant.

How long are you going to work on self improvement? How long do you think it takes to get a decent body from working out in the gym consistently? For gym, the answer is three years. You're going to stay with her and this is your excuse to allow it to happen, and **you've only got yourself to blame**.

No wonder your parents were against it they could see right through you, and knew that you'd fuck over your life for the first bitch who let you touch her tits.

BobbyPeru • 3 points • 22 April, 2018 04:55 AM

Height, weight, lifts?

Sidebar?

You have to do the prerequisites before we can help you. That looked like a bunch of victim Mumbo Jumbo- please put a bandaid on wall of crap

marriedyoung2929[S] • 3 points • 22 April, 2018 05:17 AM

5'11", 150lb, haven't lifted for a while and my upper-body is pretty weak.

I have read WISNIFG in the past and am reading NMMNG right now -- I'm finding the latter highly relevant for me.

I will sign up for a gym next month after we move, and before that I'm just doing endurance cycling right after work.

Recently it has come to me that I've fked up my life so far, and I'm going hard-core redpill to get it back on track!

BobbyPeru • 3 points • 22 April, 2018 05:20 AM

I will sign up for a gym next month after we move, and before that I'm just doing endurance cycling right after work

So you're just going to get skinnier and more unattractive in the meantime.

Lifting is step one. There's no excuse you can't start immediately. Get off the bike and lift.

marriedyoung2929[S] • 1 point • 22 April, 2018 05:53 AM

Got it! Tomorrow I will sign up for a gym membership next to my work and plan to lift every morning before work.

I didn't know it had to be lifting and thought other physical activities aldo sufficed, so thanks for pointing that out!

FoxShitNasty83 • 4 points • 22 April, 2018 07:41 AM

Lifting will help keep that victim puke firmly embedded in the depths of your asshole where it will never see the light of day.

marriedyoung2929[S] • 1 point • 22 April, 2018 07:59 AM

awesome, that's exactly what I need

Chump_No_More • 1 point • 22 April, 2018 02:47 PM

A concept you need to internalize is "The 'stay plan' is the same as the 'go plan'".

Whatever path you choose for your own personal fulfillment is independent of your wife. You do it for you.

It's okay to say "I don't know if I will be with my wife tomorrow/next week/next year"

If you work to become more attractive with the covert contract of having desirous sex with your wife, you will likely be very disappointed. If your wife has medical issues (Vaginismus, in

particular), you will not fix this.

Additionally, if she did in fact push you to marry to solve her visa woes, you've consigned yourself to a lifetime of contempt. How will she ever respect a man who's options were so shitty that would marry a woman who will not have sex with him?

marriedyoung2929[S] • 1 point • 23 April, 2018 05:26 AM

Really appreciate the concept you pointed out! I originally thought that I would need to commit myself towards divorce/separation when I practice RP self-improvement, and now I understand that I'm doing it purely for myself and for my own self-improvement, regardless of the marriage/sex.

Also, I now can see that marrying her to help solve her visa issue is a totally my beta Male showing, but at the time I felt 'manly' that I was able to solve her 'life crisis' with marriage, which kinda confuses me.

At this point, I have brought up the topic of sex multiple times, but her attitude has pretty much been like 'yeah babe I'm sorry but it's painful for me, and I did buy the dilator as you suggested...' (even though she only used it five times in the past month). Regarding her lack of interest in sex, I'm fairly certain that it's because I'm not Alpha enough to get her to want me and desire me, so yes I'll get into a lifting routine, improve my SMV, and see if there's any improvements!

[deleted] • 1 point • 22 April, 2018 03:06 PM

And pick a lifting plan and stick to it. Lots of resources in posts here, in r slash fitness and r slash weightroom subreddit sidebars. Starting strength, 5/3/1, PPL, anything will work for a beginner. Don't just show up, do some bicep curls, and wonder what the fuck else to do for an hour. A decent plan includes emphasis on all the major areas of your body. You set goals, struggle to reach those goals, and watch your progress. You get a rush when you hit a new record, you learn the discipline of sticking with your sets even when you feel a bit tired or de-energized. You learn proper form, pushing yourself to achieve better and better performance at a technical challenge. These are all positive benefits that energize all aspects of your life, above and beyond the simple experience of looking good. And the simple pleasure of having a woman smile and run her hands over your muscles with her eyes closed while you're fucking her. And at 150 lbs you're going to have to learn to eat more so the wind doesn't blow you away, and get 150g of protein a day.

lololasaurus • 2 points • 24 April, 2018 05:55 AM

This. Download stronglifts 5x5 on your phone and go forth and lift heavy things. Once you start to plateau and find it hard to make gains, download Five3One and do that instead.

But STFU and lift. And if you've never consummated your marriage, you don't have a marriage. You do you, of course, but by my standard, a marriage is covenant and sexual union. You have half of that.

marriedyoung2929[S] • 1 point • 25 April, 2018 03:26 AM

I started my first 5x5 stronglift session today! Total noob though so Squat 55lb, Bench 45lb, and tried to Row 65lb before a trainer saw my bad form and recommended a machine nearby targeting similar muscle group.

I'll keep following through this program and do 5/3/1 after plateau -- thanks for the pointer!

lololasaurus • 1 point • 25 April, 2018 03:45 AM

Go watch videos and correct your form, hire a trainer if necessary. Don't mess with the machines, you'll build the target muscle without the support muscles and get injured when you try to transfer to the barbell.

Get the form right before you start adding a bunch of weight but it shouldn't take you long to accomplish this.

I'm sure there are way stronger fellows here that can give more advice, but I've gone from where you're at (though I could have started with more) to 1RMs of 345DL, 191 bench, 324SQ, and 126OHP in... I guess 5 months. Oh and although I'm still a fat fellow, I'm the lightest I've been since I was 14, going from ~240lb when I started to my new low today of 204lb. I'm 5'10" so I've got a ways to go but I'm still on the accelerator and being consistent. I've now entered the stage where other dudes are constantly asking me what I'm doing to lose weight and look so muscular. It'll be nice when that extends to women, lol. Anyway, using the app will help about f-ing around at the gym, going to curl a few reps and then not quite knowing what to do next.

Also I am a firm believer in squatting at like 50% 1rm 5 sets of 10 every time I go to the gym except on squat day, where I'm doing the boring but big addition to the main 5/3/1. Can't possibly squat enough.

marriedyoung2929[S] • 1 point • 23 April, 2018 05:57 AM

Don't just show up, do some bicep curls, and wonder what the fuck else to do for an hour.

^ sounds like exactly me in the past, so this time I'm gonna follow a beginner's lifting plan for the first time in my life! Thankfully my diet is already pretty good (low carb, 100+g protein per day), so I'm feeling good about achieving good results if I follow through.

And speaking of having woman appreciating the muscles, my wife isn't a big fan (she says she somehow doesn't find the muscular Alpha Males attractive??); however, I do remember when I was making out with my *second* gf, she was touching my body here and there and was feeling my muscles (that was when I casually lifted two years ago). I need to get back to even more hard-core than that and blow my SMV thru the roof!

[deleted] • 1 point • 23 April, 2018 11:56 AM

she says she somehow doesn't find the muscular Alpha Males attractive???

LOL. So at the risk of beating what should already be a dead horse to you: 1) you got where you are today by listening to and believing that the words and advice given to you by women were true, 2) women will say this in order to avoid sounding shallow, 3) if your wife asked you "do these pants make me look fat", would you say to her "Yeah hun, I find slim women more attractive, you could lose a few pounds"? Pretty sure Rollo has a blog post on this topic somewhere.

As far as training, if you can get a free introductory session with a trainer at your gym, or even pay for a couple of sessions, they can show you a few things. Although keep in mind that trainers are not really that knowledgeable, for the most part they've taken maybe a weekend course and generally do not understand the Big Three (deadlift, squat, bench) the way a real powerlifting coach does. But it's a place to start. Immerse yourself in youtube tutorials for learning proper form. Check out Allan Thrall, Mark Bell (supertraining06),

Omar Isuf, Jeff from Athlean-X, Calgary Barbell. I'll vouch for all those. Even Mark Rippetoe has been on a couple Art of Manliness videos explaining basic lifts pretty well. Best of luck with it.

marriedyoung2929[S] • 1 point • 23 April, 2018 03:18 PM

Ahh yeah, I really do often take her words for it by face value, which is stupid on my part lol.

And yes, I'll get some intro sessions with a trainer at the gym and then jump into Youtube tutorials. Thank you!

ex_addict_bro • 1 point • 24 April, 2018 11:08 PM

y wife isn't a big fan (she says she somehow doesn't find the muscular Alpha Males attractive???)

Fuck that shit, don't listen to the bitch mate. Unless you're a bitch yourself. But it looks like you don't want to be a bitch. Do you look like a bitch?

INTPJJonny594 • 3 points • 22 April, 2018 12:47 PM

I'd take a look at the MMSLP by Athol Kay as well (it's less than 10 bucks for the kindle version). While I'm not about to disagree with the comments that you got played for a visa (because it may very well be true), it sounds like it's possible that you still have the ability to really step up and lead your wife in this marriage to what it should be.

If your other option is to simply divorce (and you're not sure you want to) why not give it a shot? Worst case scenario, you learn and practice implementing the RP mindset and approach while you find out if this marriage can be (and you want it to be) salvaged. If not, you're in a better place post divorce than you will be if you do nothing.

marriedyoung2929[S] • 1 point • 22 April, 2018 05:45 PM

Thanks for the suggestion — I'll give both NMMNG and MMSLP a good read!

I agree that I had been so blue-pilled in my past life that I do have huge room to work on myself regardless whether I decide to keep the marriage, and the added value can be used towards my self-enrichment in any scenario.

BluepillProfessor • 1 point • 23 April, 2018 01:41 AM

I do have huge room to work on myself regardless

There you go! Do you think any other woman is going to be different? You got a virgin this time and in many ways got lucky. An experienced woman would never put up with this nonsense.

marriedyoung2929[S] • 1 point • 23 April, 2018 05:07 AM

Yeah, me at the current fked up state can't get anything from any other women, and I fully acknowledge that.

It's actually kind of relieving to realize that I am the source of problem, and that there're lots of things I can work on thanks to MRP.

sjwsam • 1 point • 22 April, 2018 06:46 PM

You're incredibly lucky because you learned the hard lesson twenty years earlier than most guys do.

Depending on where you live, you could probably get an annulment, because it sounds like your marriage is a fraud (nonconsummated, visa, etc).

marriedyoung2929[S] • 1 point • 23 April, 2018 01:00 AM

Haha yeah, it seems like I'm learning important life lessons early in the hard way, but I'm not complaining.

I wouldn't say the visa situation is fraud since we were both fully aware of the situation and I willingly made the choice; however, I will leave annulment as the last option when I'm outta my beta mindset and things still don't work out.

sjwsam • 1 point • 24 April, 2018 01:53 AM

You're not wanted by your wife and you don't think much of her either. Stop wasting your time and do better. See a lawyer about an annulment immediately.

nastynickdr • 1 point • 23 April, 2018 12:47 AM

AFAIK it should be rather easy to get an annulment on your wedding if you two havent had sex yet.

marriedyoung2929[S] • 0 points • 23 April, 2018 12:56 AM

Didn't know annulment is an option for me — I'm planning to focus on self-improvement in the next 6-month first, and will seriously consider that route if things still don't work out by then.

BluepillProfessor • 1 point • 23 April, 2018 01:45 AM

Self improvement is great but you are not going to be able to use Dread Game with your virginal wife to make her play hop on pop. You are the man and you need to take charge of the situation. Get medical help if you can't figure it out.

If you really, really want to avoid "hurting" her (although let me protest that you don't know what you are missing :) then I suggest you start tonight using one finger deep inside her, then 2, then after a few weeks, 3 fingers. The use of ones tongue on the affected area is optional but highly recommended during this procedure. After that maybe next time you can find something slightly bigger to put in there?

marriedyoung2929[S] • 2 points • 23 April, 2018 05:11 AM

We have previously tried out the "fingers" thing several times, but I guess I just never tried hard enough / got "frustrated" by her avoiding it too easily (again, beta Male traits).

I believe it's essential for me to get into a lifting routine, boost my testosterone level, and get that sissy-self out of me, so I can man up and stick it in there!

weakandsensitive • 1 point • 23 April, 2018 06:06 AM

You need to get your marriage annulled before she meets the 2 year mark for conditional residency and is able to divorce you and claim 1/2 your assets.

self-improvement in the next 6-month first,

If you want to set yourself up to be a victim.

at the very least, you want to talk to an immigration lawyer about being scammed.

Married for around a year; still a virgin

This guy doesn't have the record but he is close. What the ever living Hell.

Fellow MRPs, what should be my next actions at this point?

I would take care of that virginity thing one way or another. You don't have a marriage if it was not consummated. You can man up and take what is yours or get an easy annulment but drifting in limbo? That is Blue Pill retard level 10.

Due to our emotionally dysfunctional family, I think I've been low-confidence and a beta Male for most of my lif**e, and probably from the start with my SO.

Yah, get in line. The end forms around the block and down the alley.

my several attempts resulted in her curling in the bed because the insertion was painful.

Lube it up and jam that fucker in brah. All the way. Pound her hard until you are done. Yes it can hurt the girl slightly the first time. So does maxing out at the gym and from what I hear it is nothing like having a baby. Pain can hurt so good. Trust me.

I don't feel that I'm "wanted" by my wife

Since you have not done anything to make her "want" you this is not exactly a riddle. You have spent your time whining about your wife not putting out and she has tried and tried. She needs her husband to take her by the hand and show her the pleasures of the flesh. If you can't pass this basic test then all is lost.

the marriage is very limiting

Horseshit! YOU are very limiting. Your wife sounds like a virgin, inexperienced bride who is desperately hoping to be lead to a good place. I bet she will follow you eagerly if you are willing to lead.