

# Why we do this for ourselves....

April 20, 2018 | 10 upvotes | by [hack3ge](#)

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There have been a bunch of posters recently asking will MRP work on my wife or how can I fix my marriage so I wanted to post this as it took me a long time to get past this when I started and maybe I can help some of them.

I had read the Reconstruction series on Rational Male when I first found MRP and to be completely honest I couldn't internalize some of things he said because I had a huge covert contract that despite thinking I was doing this for myself that I was really still doing it to fix my marriage.

There is a section that keeps coming to mind when I see these new posts about fixing your marriage and why its important to wipe out this covert contract:

"Hypergamy doesn't care when a woman's lasting impression of a man is his Beta status. How a man's Red Pill awareness and the changes it brings in him will be accepted depends largely on his predominant condition. What husbands want is a sea change in their wives' impression of them once they adopt a Red Pill / Game aware way of life. Most husbands have to weigh their emotional and personal investments in their wives with the reality that their wives' impressions of them may simply never change. Becoming Red Pill aware forces husbands into a position of having to judge whether their marriages are even worth the considerable effort of trying to improve."

My wife has no idea how differently I interpret the world now, how I view myself, how I see her and she never will. But at the same time I must recognize the same is true for her - I very well may always be her supplicating beta bitch.

If I was still doing this for her I would be stuck still hamstering why she isn't coming around and seeing the changes in me and how much work I have put in. It would erode my frame, affect all of my decisions, make me DEER, change my MAP and stifle progress.

That is why we do this for ourselves - for the clarity of knowing who YOU are, what YOU want and how YOU get there.

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## Comments

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matrixtospartanatLV • 4 points • 21 April, 2018 02:56 AM

You'll know you are getting closer to internalizing all this shit and becoming self actualized with it, when you can write a post about YOU that does not mention HER or your marriage.

InChargeMan • 2 points • 20 April, 2018 09:15 PM

Is this for the reader's benefit or for you? It feels like you are trying to talk yourself out of some doubts you've been having by parroting back what you think you are supposed to think.

From what I can tell you've been at this for a very short amount of time. Your last post 3 weeks ago (later deleted) was a bit of a dumpster fire.

Not trying to shit in your cornflakes, but I'm guessing I'm right here.

SBIII • 1 point • 20 April, 2018 10:27 PM

Maybe so, but he still has a point

crimson\_chris • 3 points • 20 April, 2018 10:53 PM

Meh. I call bullshit. Changes = behaviors, not thoughts.

If you truly turn it around from Red to Blue she will be on board and submit or the marriage will eventually blow up.

We tell guys here to STFU, but I overtly set communication boundaries with my wife about 6months into MRP (she basically referred to me as her third child). But, that was preceded by 6months of behavior changes. I overtly let her know that shit was changing (again, paired with actiin). If you are truly RP, how the fuck can you stay with a woman treating you like a beta bucks? I don't see how that works. Maybe you have not changed as much as you think.

Do shit. Set your boundaries. The rope will tighten or one of you will cut it.

MRP is not about validation. It's about you making changes. Either she will notice or another woman will. Or maybe.....you are still a bitch.

Captain\_Obvious2017 • 3 points • 20 April, 2018 11:30 PM

Actions without thoughts (belief) = faking it; actions + thoughts (belief) = making it; thoughts but no actions = you are still a bitch.

SteelSharpensSteel • 1 point • 20 April, 2018 11:41 PM

Aka dread 0. So many people need dread 1.

hack3ge[S] • 2 points • 21 April, 2018 01:19 AM

Open to feedback - why dread 0?

I am open to the idea that I am missing something. Everything above in my post is legit - my biggest weakness is game and perhaps that's why I am getting no results.

She sleeps on the couch, has issues with any kino so I have been working mostly on verbal game. She said she wanted a divorce twice but has not filed. Like I said I'm pretty sure she was so far checked out she wasn't coming back when I found MRP. BPP said my relationship

didn't look like it was something that was salvageable.

[deleted] • 1 point • 21 April, 2018 02:07 AM

Even with basic respect she would still lay next to you in bed with her legs crossed and back to you to avoid sex. It sounds like you are more bitter room-mates.

"Becoming Red Pill aware forces husbands into a position of having to judge whether their marriages are even worth the considerable effort of trying to improve." Not sure where this came from, but it's easy to interpret as improving for her sake and not your own. Once you get your act together and give her to time to decide to follow you or not, then you need to assess if she is still bringing value to your life.

She may have decided she doesn't want you still, but is to chicken to pull the trigger herself. One boundary you need to set is the "D" word. Don't say it unless you are going to do it- find other ways to discuss/argue things. If you are still falling for the "D" word power play, then are not yet at a point where it really doesn't matter if she stays or goes.

hack3ge[S] • 0 points • 21 April, 2018 02:34 AM

She can't even say the D word - the only thing she told me was she wanted me to help her unwind our life together. She's never said divorce and won't even when provoked. Not sure if that is her being to scared to pull the trigger or not actually wanting it and looking for me to take action.

BobbyPeru • 1 point • 21 April, 2018 05:51 AM

Not sure if that is her being to scared to pull the trigger or not actually wanting it and looking for me to take action.

Women speak covertly. She told you she wants a divorce. If you don't kill the puppy, she will make your life more miserable until you do. She told you she's done and it's not repairable.

hack3ge[S] • 1 point • 21 April, 2018 01:54 PM

There are men here who have been on the brink of divorce and it turned around - what makes this different? Granted I think you are right.

DanG3 • 1 point • 21 April, 2018 01:50 AM

Well ... I can't imagine any man who is the Man you say you have come to "know" putting up (action) with her shit. Likely, that is her litmus test as well. So far, she only/still "knows" you by your talk (dance). To get results (with her or another) you need to **"BE the change."**

hack3ge[S] • 2 points • 21 April, 2018 02:32 AM

100% - you guys were right I need action not thought and talk. Thanks for calling me on my bullshit.

First time in months I escalated on her - light kino on arm, rubbing her leg under the table, playing with her hair and putting my arm around her on the couch, teasing her and some negging, etc. I'll be damned if her words said no you are annoying me but she never got up and walked away until the very end and then she seemed to have had enough.

And you are right, to be honest I won't put up with her shit and just ignore it. I'm going to actually take

action and AA/AM. I've done a lot of improving myself but been slacking in the fun/sexual department because I was scared she would leave me but fuck I might as well practice if it's gonna get blown to hell anyways.

You were right Dan in your last PM to me Acta Non Verba.

DanG3 • 2 points • 21 April, 2018 02:55 AM

"her words said no you are annoying me but she never got up and walked away until the very end."

Really? So hard to imagine! She's been a bitch for ?????. Then she threw you a few chicken bones (as a test of how desperate and mailable you are), which you happily gobbled up - from the penultimate bitch. Who's Gaming who?

hack3ge[S] • 1 point • 21 April, 2018 01:55 PM

She's not gaming me - I wanted sex so I tried to initiate and got a no. No butthurt just continued doing what I was doing.

DanG3 • 1 point • 21 April, 2018 02:08 PM

She most certainly is gaming you - testing to see how much rudeness, disrespect and infidelity you will put up with yet still find her attractive enough to sniff around her bratty pussy. It's only a pussy, for God's sake!

DanG3 • 1 point • 21 April, 2018 02:10 PM

She's thinking: 'Why the fuck would ANYONE be so desperate as to want sex from someone who acts like me?! This guy is pathetic!'

hack3ge[S] • 1 point • 21 April, 2018 02:38 AM

She also did shit test me during the kino and I think I did okay with them. One about pulling her and me saying something like of course you don't like it just like none of the little girls on the playground liked it when we were kids some things never change.

wildnight98 • 1 points • 23 April, 2018 12:20 PM **[recovered]**

been slacking in the fun/sexual department **because I was scared she would leave me** but fuck I might as well practice if it's gonna get blown to hell anyways.

This OP. Once you stop being worried she's going to get mad about whatever you do or say, you can start taking risks and having more fun with your map--even in the face of the constant rejection. There are two stages to this. It's hard at first because you're unwinding years of bad strategies and fear, but since she pretty much gets mad at whatever you do so you can just say fuck it--what's she going to do, divorce me?--and take the risk. But when she starts to respond, and you know sex is on the table for tonight, that's when it gets hard again because you start to be afraid you'll screw up your chances of getting laid. Then you realize that your OI wasn't completely OI and you begin work on a deeper foundation.

tl;dr. Take some risks while it doesn't matter since she gets mad at everything you do anyway. Kino, teasing. Be fun.

hack3ge[S] • 1 point • 23 April, 2018 08:29 PM

Thanks for the advice - I realized that's where I was going wrong. I focused too much on me and

didn't just game her through her bullshit. I don't think it would have mattered anyway.

That being said I killed the puppy - she was going to do it anyway I found out and I'd rather be in control than not. I got a lot of work to do on myself still so I'll be sticking around here and posting in OYS still. Im not getting divorce raped - it's funny she actually is and she doesn't even want a lawyer. Paperwork is being written up as we speak.

ReddJive • 1 point • 22 April, 2018 12:49 AM

The day I realized I had accepted all Red Pill had to offer is the day I realized hypergamy, solipsism, AF/BB, IOIs, LMNOP, all of it...

was bullshit. Yeah yeah yeah I get it. But I also don't care. I am moving that way. She can follow or not. Doesn't change a thing.

Laugh at her Make fun of myself It's all bullshit in the end.

hack3ge[S] • 1 point • 22 April, 2018 01:14 AM

Fuck I can literally see how fucking unplugged you are just from that one post. That gives me some serious shit to think about.

Neo: What are you trying to tell me? That I can dodge bullets? Morpheus: No, Neo. I'm trying to tell you that when you're ready, you won't have to.

RedPillCoach • 1 point • 24 April, 2018 04:06 PM

The key and first question in any Coaching Conversation is: What do you want? This is always the first step in any process of change, figuring out what you want and then designing the steps to get you there.