

Update: "Wife addicted to weaponized sex"

November 27, 2017 | 24 upvotes | by [herp_a_merp](#)

Previous post: [Wife addicted to weaponized sex; impending divorce](#)

Recap: wife kept weaponizing sex even after DL 10, we agreed on a ~3 week time to reconsider

TL;DR: I ended it, told the children we're separating

I asked for any last minute tips in my previous post. I went with a solution where I both upped the comfort in the form of more mindful family time and attention for her, but made it clear that sex is non-negotiable for me.

We had sex twice and I got a period blowjob (that I had to ask for), but once the deadline came she said she needs time and we need to hold off on sex because she can't do it, when she doesn't feel "emotionally connected". And we need to "work on the relationship".

That was a hard boundary for me at this point, so I told her about what comes next in terms of divorce logistics and that we need to tell the children. She wants to turn this into some sort of trial separation, but after this long, I find that idea surreal.

I considered it likely that this would happen. I do think she's addicted to weaponizing sex. My current reading of our history right now that she accumulated her indignation for months and years and made me responsible for not untangling them *without* making any of them explicit. Much like a female Nice Guy's covert contract: *"I expect you to do something. But I won't tell you about it, because you should know, but I'll get pissed, turn self victimization to 11 and go ice queen if you don't do it."* So from my perspective, she would start randomly crying for half a day in the middle of the coolest vacation because of sth I might have done months before (that she can't explain in words btw).

After 2 years of therapy this was still a thing. I couldn't fix her feelz for her.

And/or I wasn't ripped enough.

Telling my 11 yo daughter that we're separating was the hardest fucking thing in my life. I'm not proud of it, but seeing what it did to my daughter wrecked me mentally. I might have to swallow my pride and consider finding a therapist to deal with this myself. I can't afford this to affect my job performance right now.

I'm looking for an apartment in the area. It's a very tough market and it looks like I'm going to need a temporary solution before I find a decent one. I'm moving out end of next week in any case. (We rent, so moving out is not as a huge deal in terms of divorce as a house would be.)

Gym time was one highlight in the past weeks, 3x a week, every week, sticking to the schedule to the minute. Changed the routine and no new injuries (so far). Dialed in the diet too.

Making my way through the divorce and building up my new life as a coparenting dad is my new big project. Any good pointers on post-divorce parenting are welcome.

Archived from theredarchive.com

Comments

BobbyPeru • 21 points • 27 November, 2017 06:41 AM*

Any good pointers on post-divorce parenting are welcome.

1) Keep focusing on being the best version of yourself

Sidebar, lift... etc.

2) Always do what's best for the kids

It's very easy to convince yourself you're doing things for the kids while using them as a pawn against your ex. Always keep that thought conscious.

3) Remember you can only control yourself

Your ex will do things you don't approve of and she will intentionally do things to piss you off. Stay focused on being the best you and what's best for your kids.

See number 2

4) Choose your battles wisely

See number 3

5) Never talk bad about your ex within earshot of your kids

It only hurts the kids

6) Promote a cooperative co-parenting environment

If she's not a willing cooperative co-parent **see number 3**

Basically, focus on your home being peaceful and conducive to your kid's happiness, growth, and success.

Did I mention see number 3 yet?

herp_a_merp[S] • 7 points • 27 November, 2017 07:38 AM

Appreciated. Thanks.

mountainbiker178 • 5 points • 27 November, 2017 03:30 PM

You'll get through this and end up being better than ever. I divorced a year ago and beat myself up for waiting as long as I did because life is so much better now. Listen to the advice here. Kids are tough and will bounce back as long as you remain a rock. Be the best you and everything else will fall in line.

albus_scirocco • 3 points • 27 November, 2017 03:40 PM

This is great stuff, but I would add: no relationships for at least 18 months. This is time to focus on fixing/improving you. Spin plates all you want, but next them at the first hint of anything that resembles a relationship.

[deleted] • 17 points • 27 November, 2017 09:07 AM

The dread ladder is at its' heart a decision engine.

The reason to progress through the dread levels is to determine if you, the man, are at fault for your own situation by becoming a complacent fat beta slob that no woman in her right mind would want to fuck.

Because we usually are. (Cue Disney theme music.)

However, at the end of the road, when we can truly say we've done everything possible to ensure we are the best motherfucker she's ever been with...

then there's only one other brightly shining possibility...

If it's not you...

It's her.

Not surprising really... most of us entered our relationships with our eyes firmly glued shut, believing we'd found a unicorn who, if we could only treat her right enough, all our dreams would come true....

<record scratch>

Fuck that. Women are broken as much, if not more, than men are. Chances are your decisionmaking skills were not as honed back then as they are now.

Not surprising that you might have picked a defective girl, because you didn't know what that was back then.

Dread... fix you. Now that you know it's not you... well, it's her. Bye, Felicia.

Enjoy the rest of your life, OP.

ReddJive • 14 points • 27 November, 2017 11:39 AM

The emotionally connected comment is merely a method of control. It's a magical checklist of things you will never truly know. And you have to pay attention because the requirements will change. My suggestion to any man facing this comment is to ignore it immediately and realize you are facing a daunting task. Your shrew is rooted in her ego and feminist ideals. It'll be hard to change it unless you not only hammer the gas down but put your foot through the fucking floor.

Your story is similar to mine. Started day one and I was too stupid to see it. Now it's just become a joke. The reasons I stayed this long were to keep the path as MRP defined it. Trust the process right?

At DL11 and made the call this weekend to end it.

DL12 won't solve it.

FlyingSexistPig • 1 point • 27 November, 2017 01:56 PM

My response to the "I don't feel emotionally connected to you" is to end it as quickly as you can. Clearly she was connected to you, and that's why you got together in the first place. What changed? It wasn't you. She's just fucked in her head.

ReddJive • 3 points • 27 November, 2017 02:53 PM

What changed? It wasn't you. She's just fucked in her head.

There were a lot of changes. Slow progression based on what a lot of men get caught in. Amazing sex while dating then the sudden rapid stop....then forever chasing the pussy.

Her fucked in the head?

Probably. In fact most likely. Thing is though men today think they should be honorable and never look at other women. That they should be focused on the one.

Now I am not going to say don't be loyal to the girl you choose, assuming platting isn't your thing (It isn't mine). What I am going to say is that you need to be clear that women are like that. The things my shrew would do, say, and come up with I have learned were/are deplorable and nothing more than narcissistic control.

I've also learned my shrew is what they call a "Closet Narcissist". An interesting thought...is the

"emotionally connected" line reserved for women that lean more towards the narcissistic disorder (as compared to just being selfish).

Any case, doesn't matter. I made my decisions she made hers. I corrected and will correct mine.

ImSteveMcQueen • 3 points • 27 November, 2017 03:59 PM

I've also learned my shrew is what they call a "Closet Narcissist". An interesting thought...is the "emotionally connected" line reserved for women that lean more towards the narcissistic disorder (as compared to just being selfish).

Is your STBX a closet narcissist or a covert narcissist ?

Your situation smells of covert narcissism from every angle. She was testing you to see if you are still a good narcissistic supply.

ReddJive • 4 points • 27 November, 2017 04:00 PM

covert narcissism

That's the term. Blanked while writing it and went with closet.

Taipanshimshon • 4 points • 27 November, 2017 04:23 PM

covert narcissism

dude. that just diagnosed mine.

ReddJive • 2 points • 27 November, 2017 04:24 PM

I felt the same way when I learned about covert narcissism.

Game changer.

ImSteveMcQueen • 2 points • 27 November, 2017 06:28 PM

There are a ton of resources about narcissism on Youtube. If she is a narcissist, chances are you are codependent. You have some learning and healing ahead of you.

My ex is a covert narcissist. I just went through this process. PM me if you have questions.

ReddJive • 1 point • 27 November, 2017 07:00 PM

chances are you are codependent.

It's a fair point but the marriage was marked by arguments and frequent fights. My beta days mimicked alpha behavior in that I would, as an example, come home when I wanted but as a passive aggressive response. Those times I would goof off. I would stop by a park and take a nap....ugh. The behavior was appalling. Before know of RP i was LARPing the behavior. Hence why I know the behavior is exactly the same but it's mindset, intent that matters.

I wasted so much time in those years. Time I now use to push my mission forward and create a better life. Not time I would use in childish or lazy ass pursuits.

I am interested in what makes up a narcissist. Doesn't always seem to fit every dynamic. I hesitate to jump on this, but the evidence mounts. Mainly I feel that reading a webpage list of traits isn't a true diagnosis but like i said...evidence

mounts.

I find that RP men are all too quick to throw out "she's narcissist" just as quickly as "next the bitch".

Rian_Stone • 3 points • 27 November, 2017 07:04 PM

Look past the specifics. Dependant and narcissist is the spectrum, only difference is the levels are healthy, or not healthy.

When RP writes about frame, it's essentially talking about this spectrum. The fights were just how they would manifest. 2 narcissists can't co exist for any length of time. 2 dependents are just lost (see, lesbian bed death). Everything else is a jockeying for position.

There's a reason it's always thrown out. Narcissism and BPD are extreme versions of male-female personality traits, and when borderlines don't have a narcissist to attach their identity to, they create their own narcissism. hence, women becoming men, because strong men no longer exist (read: closet narcissists and men developing borderline qualities).

I haven't gotten enough together on the subject to speak of it well, but it's seriously there...

ImSteveMcQueen • 2 points • 28 November, 2017 05:50 PM

There is narcissism the personality trait, ie vanity, and then there is Narcissistic Personality Disorder. NPDs HAVE TO BE IN CONTROL. They cannot tolerate anyone else being better/stronger/faster than them. When you up the dread with someone who is vain, they think great, my husband is hot. When you up the dread with someone who is NPD, they go nuts because they are losing control of their partner.

NPDs display red flags fairly early in the relationship. A normal person won't get into a relationship with an NPD because they make terrible partners. Only codependents are "blind" enough to put up with an NPD person.

Marcus_Aurtrillius • 1 point • 27 November, 2017 10:40 PM

Pretty sure this just diagnosed my wife as well...

Fuck, I'm screwed...

FlyingSexistPig • 6 points • 27 November, 2017 01:54 PM

"She wants to turn this into some sort of trial separation..."

It is clear that she wants to see if she can get a better guy. When last she was on the dating scene, there were lots of tall guys who were in shape and wanted to buy whatever she was selling. Her dream is that there's still one or more of these guys out there. So she's going to branch swing up during the trial separation. If it doesn't work out, she can always just settle for you.

What she doesn't realize is that her goods have expired and that the kind of guy she is looking for is looking for the girl she was 20 years ago. All the guys who are not married in her desirable age range are totally fed up with her brand of bullshit and much more interested in something younger, tighter, and less drama driven.

So, advice moving forward. GET A GOOD LAWYER. There are lots of really bad lawyers out there who just want to settle and not go to trial. They will take your retainer, bill you for hours spent reading email, do nothing, and when you want them to do something, they will withdraw from the case.

Don't rub your ex's nose in your good life. Focus on your daughter.

drty_pr • 3 points • 27 November, 2017 10:38 PM

It is clear that she wants to see if she can get a better guy. When last she was on the dating scene, there were lots of tall guys who were in shape and wanted to buy whatever she was selling. Her dream is that there's still one or more of these guys out there. So she's going to branch swing up during the trial separation. If it doesn't work out, she can always just settle for you.

This can't be stated enough. Hypergamy is what it is. It's an unpleasant truth for a man who hasn't spent a good year of his life really processing this information, but a truth he must accept. Especially now that shit is getting real.

OP, everything this pig has said is exactly what you should do.

UEMcGill • 4 points • 27 November, 2017 04:29 PM

She wants to turn this into some sort of trial separation, but after this long, I find that idea surreal.

You need to steal your resolve and use whatever tactic you have available to you. I suggest using Law 22 the surrender tactic. Give her what she wants.

"Sure, let's use this as a trial separation. We'll draw up divorce papers and if we have to we can always undo them. We should even try going to couples therapy after."

Then do everything you can to get 50/50 child care and no alimony.

She wants a way to save face in front, likely to save face in social pressure. She can tell her girlfriends and mom "We tried!".

Your goal is to use whatever strategy you can to get the best outcome for you. Period. Don't play honorably, play to win.

Rian_Stone • 3 points • 27 November, 2017 04:52 PM

why does everyone go for 50 50? Wouldn't it be more prudent going for 100%?

Haven't seen anyone good at negotiation suggest starting from your minimum best outcome. Always aim high, walk it back when offered something of value

UEMcGill • 1 point • 27 November, 2017 05:13 PM

Agreed. I'm thinking of end goal.

ReddJive • 1 point • 27 November, 2017 07:12 PM

Depends on where you live..at least here in the US.

Each state hell each county and municipality FUCK even Judge have their own views on the subject. The advice I was given was find a lawyer. Form a plan, then find out the judge and adjust from there.

SorcererKing • 3 points • 27 November, 2017 05:49 PM

Don't play honorably, play to win.

This should be the motto of MRP. Maybe that would stave off moralizers...

BluepillProfessor • 2 points • 30 November, 2017 05:41 PM

Honor and dignity in an empty bucket is worth the bucket.

wildnight98 • 4 points • 27 November, 2017 07:12 PM

we need to hold off on sex because she can't do it, when she doesn't feel "emotionally connected".

Ugh. This is depressing. I've been hearing the same dumb excuse for the last few years while I've been white-knighting it like crazy (pre-RP). Plus mine's a women's studies major from college... (rookie mistake)

What drives me crazy about the "emotionally connected" excuse is its failure to explain one-night stands, impulsive bar liaisons and spring break f!cks that the hamster can rationalize away in milliseconds.

straius • 1 points • 27 November, 2017 07:33 PM **[recovered]**

Novelty sex + hornies

Not the same beast as LTR fucking. Lot more input of relationship context in LTR fucking.

Emotional connection is not an excuse, it's a real necessary component for female sexuality, often really means you're not giving tingles either because conflict is dominating her mental space or drunk captain too long, etc...

Let the words be a cue to watch her behavior if u need to diagnose. She's probably telling the truth. Sex is always rock bottom for women in LTRs when they lack confidence/security in the relationship.

GL with that women's studies major.

crimson_chris • 3 points • 27 November, 2017 09:26 PM*

I can confirm this. I have heard the "emotionally connected" thing from my wife. They can't always articulate what they want but it is confidence/security as u/straius stated.

As the relationship and our "emotional connection" has improved, the quality of sex has improved. If your wife tells you that she is not "emotionally connected" - she's telling you that you are a drunk captain and she is not on board with your vision (if you have one).

You don't have to worry about this with a ONS, but - your issues will continue to fuck your relationships if you don't fix them.

Marcus_Aurtrillius • 2 points • 27 November, 2017 11:07 PM

I'm in the "Weaponized Sex" group. This is a really good rundown. Would be nice to have a Sidebar breakdown somewhere.

Wife actually said "I'm not having sex with you because of XYZ." I replied with "I don't need sex" and a few hours later she initiated with some Starfish. I refused.

The conflicts are obviously still there in her head. I guess it's all about patience.

BluepillProfessor • 1 point • 30 November, 2017 05:44 PM

Emotional connection is not an excuse, it's a real necessary component for female sexuality

For a Beta. For an Alpha at the right time of month they bend over happily and spread their ass cheeks for a good fucking after becoming "emotionally connected" for an hour.

Don't be fooled by her manipulative word games. This same woman who gladly denied her husband all those years will fuck the shit out of a random guy the first time she tingles.

straius • 2 points • 30 November, 2017 06:03 PM

Not that you're wrong outside the context of an LTR. Or that a cheating wife will do the same, but that's largely a function of novelty/sexual tension produced by the novelty taking over.

The husband of 10 years doesn't benefit from that therefore emotional investment/connection is necessary. The dead bedroom exists because that connection (in addition to attractiveness) was disrupted.

This is where all the beneficial side effects of OYS comes from. This is why her having confidence in a man's leadership opens the pussy and the inner whore.

Novelty sex and LTR sex are not the same beast. The unfamiliarity during dating is largely why the sexual tension gets an inherent bump and why plates are always easier to game and engage in kink.

I was responding to why there's a difference between the two. Not that women won't cheat or won't fuck differently if you're being a better man.

The whole reason there's any appeal to cheating for anyone in the first place is what the novelty offers.

A woman's confidence in her man = safety = inner whore can come out = kinky sex. THEY will describe it as being emotionally connected.

Replace confidence with novelty and u get the same end result. But the dynamics involved are not identical even though the same woman is capable of kink in both scenarios.

BluepillProfessor • 3 points • 30 November, 2017 10:18 PM

You may be right in this instance, but in general, women are not physically turned on by feeling "emotionally close." They are turned on by danger-excitement-adventure and physical attraction.

We are speaking two languages. Women think "emotionally close" means a bloody tampon/girlfriend who they can dump vomit, hot blood, and raw emotions on while men views "emotional closeness" as a strong embrace and warm eye contact while you listen to her prattle.

The problem is that THE BEST WAY for a man to be "emotionally close" is to hold your lover AFTER sex. That is probably also the best way for a woman to feel emotionally close. So them making it a prerequisite of sex is just a game detached from reality. The entire paradigm should be demolished and destroyed with nuclear and biological weapons (and Dread game).

straius • 1 point • 30 November, 2017 10:28 PM

Yes, I'm using "her" words, but not leaping to the conclusion that comfort leads you to her definition of "emotional closeness."

Main point is that LTR sex and ONS are different beasts even when the woman is the same because one has a relational contextual input that is built over time (LTR) and the other does not.

A woman isn't going to be receptive to behaviors that introduce risk until she "feels" that emotional bond. She gets there by the guy following their program and her faith in the man increasing.

For a ONS or cheating encounter, relational context doesn't mean shit due to the lack of familiarity and you get most of sexual tension for free due to that vacuum of information.

This is also applicable for men in marriages where the wife really hasn't tapped into her kink before. Have seen that story here as often as not and when it comes to breaking down those barriers in an LTR, that "emotional closeness" aspect becomes critical to her willingness to

pushing her boundaries (and the man being worth the effort).

Cue dread, lifting and frame as the mans route to get there. No guarantees, but we know the capability exists in all women.

Comfort and catering to her feelings for her to reach that place, we know is a doomed strategy.

Westernhagen • 1 point • 1 December, 2017 07:58 PM

Emotional connection is not an excuse, it's a real necessary component for female sexuality

This is why it is totally, completely, 100% un-possible to go to a bar tonight, pick up a woman who doesn't even know you, and fuck her. The emotional connection is so necessary that she will refuse sex without it.

straius • 1 point • 1 December, 2017 08:13 PM

Read my thread with bluepill, your missing the full picture. He had the same misunderstanding.

I am describing the differences between ONS and LTR sex and why they're not contradictory when a woman in an LTR uses the phrase "emotional connection."

It's not an argument or rationale for coddling her feelings or chasing her with BP strategies, it is why ONS and this phrase are not contradictory because the dynamics involved are different. Even for the same woman in both situations.

Novelty vs. familiarity and historical context makes these two different beasts. It's a dialectic truth. Ie... these two scenarios seem contradictory but they are both true, for different reasons.

Rian_Stone • 3 points • 27 November, 2017 07:42 PM

Womaneese - *The correct collection of words to elicit the desired action from a man. While the truth is nice to have, is not neccisary in order to achieve*

Emotionally Connected - *Don't touch me.*

BluepillProfessor • 5 points • 30 November, 2017 05:37 PM

She wants to turn this into some sort of trial separation

Typical. She doesn't have her monkey paw on the next branch so she wants to keep a firm hand on the first branch.

After 2 years of therapy this was still a thing. I couldn't fix her feelz for her.

And/or I wasn't ripped enough.

Sure, ask Brad Pitt how being ripped helped him with Angelina. Getting ripped helps a LOT. It is not the final solution, however.

I might have to swallow my pride and consider finding a therapist to deal with this myself.

There is nothing wrong with this. Divorce is one of the hardest things a man does in his entire life.

I'm looking for an apartment in the area.

Why are YOU moving out of your home? This makes no sense. Move into the basement if you must but don't leave your home. I would put the rent into a secret account until the court orders you to move.....

BluepillProfessor • 4 points • 30 November, 2017 05:39 PM

BTW, be prepared for a shit storm when you get a girlfriend. Suddenly the wife will want to fuck all the time and the sexual passive aggressive games will magically disappear.

It's a little to little it's a little to late.

I'm a little to hurt and theres nothing more that I have to say.

AustralianArm • 5 points • 27 November, 2017 06:47 AM

Rule 1) Don't weaponise the kids against the ex.

Rule 2) See Rule 1

wekacuck • 3 points • 27 November, 2017 02:22 PM

This. I hope OP didn't tell his daughter because he's unable to (or avoiding) making it clear to his wife. Personally, I think the transition to divorced should be announced to the kids "as a team".

snatch_haggis • 1 point • 27 November, 2017 07:28 AM

Amen brother. My MIL did that and it righteously fucked up her kids, including the one I married.

The research shows that kids from amicable divorces with caring parents turn out just fine. Stick them in the middle of a warzone and it's a different story.

Westernhagen • 3 points • 27 November, 2017 01:19 PM

The bad news is you do not control whether or not it's amicable. Takes two to decide to have peace, but one alone can decide to go to war.

AustralianArm • 1 point • 27 November, 2017 08:04 AM

The research shows that kids from amicable divorces with caring parents turn out just fine. Stick them in the middle of a warzone and it's a different story.

Kinda unsurprising, really.

[deleted] • 2 points • 27 November, 2017 10:03 AM

Around 50% of western kids are forced to deal with divorce. It is either that or a long miserable life for you, your ex and maybe the kids. Humans are not monogamous, just put your kids first. Try and be friends with the ex if that is possible but do not open the door for a reconciliation.

JudgeDoom69 • 1 point • 27 November, 2017 03:48 PM*

I'm sorry to read you're going through this.

Any good pointers on post-divorce parenting are welcome

There is a free online co-parenting class at:

<http://www.uptoparents.org>

There are plenty of good tips in there geared toward minimizing the trauma to children during a separation or divorce.

I'm not proud of it, but seeing what it did to my daughter wrecked me mentally.

Agreed, this is the very worst moment in the process. The good news is that you are past that now.

I might have to swallow my pride and consider finding a therapist to deal with this myself

Do it. I found this to be very helpful. A good therapist will ask the right questions to make you stop and look at yourself. It can only help you.

Gym time was one highlight in the past weeks, 3x a week, every week, sticking to the schedule to the minute.

Keep it up, you'll be ready when it's time to Next the frigid bitch and upgrade to something much better.

straius • 1 point • 27 November, 2017 07:43 PM

I see a lot of red flags in your post about

- 1) Your preparedness and commitment to divorce.
- 2) Properly integrating RP tools to diagnose your inputs.

Didn't you just post last week looking for input on how to break that cycle? Or am I combining two different people's posts in my head? If not, it's only been a week. You can't even have tested much yet.

This feels like a move born of frustration and just throwing it away from an emotional place instead of a calculated decision.

Obviously, I can't tell you what the right move is, but I will say what I read sounded like someone who angry and frustrated and feeling trapped deciding to burn it down because you think you're cornered.

If you go through with it, godspeed, be decisive. Know what you want.

Unless there's a strong legal strategy behind it, do not separate. She gains advantage, you gain nothing. Sure as shit she won't be the one to volunteer to leave the house and kids.

All I see separation do is give her time and additional motive to fuck around or branch swing. Pay heed to others advising that. Once you're separated, there's no reason for her to put faith or hope in things magically "working out."

crimson_chris • 2 points • 27 November, 2017 09:16 PM*

Remember your value. Man = Commitment. Woman = Sex. With a separation she still has your commitment while she explores if she wants to fuck other guys. Seems like a bad situation for you.

Marcus_Aurtrillius • 2 points • 27 November, 2017 11:17 PM

Man = Commitment Woman = Sex

This is a main tenet of RP, and I agree with it, but after you're married they've got the Commitment while they still weaponize Sex. Feels like a one-legged man in an ass-kicking contest. All our leverage is literally gone. I don't know wtf to do.

I guess time/attention = commitment but it doesn't feel the same.

Alphaphux • 2 points • 27 November, 2017 11:52 PM*

Commitment = no ability to next, giving too many fucks.

If you could trade her in for a younger model easily and you don't give a fuck about her shit you are displaying that you only have commitment while she plays her part. You are there because you want to be there not because you feel obligated to honor some bullshjt contract. Internalize DGAF and she will pick up on it

Marcus_Aurtrillius • 1 point • 28 November, 2017 12:08 AM

I see what you're saying. I'm pretty high on the DGAF scale. But she probably doesn't believe I can/will move on or do better than her. That's what I need to change. But I'm still pretty early into this so trying to take it slow and be patient. Maybe I'm going too slow. But I don't wanna go Rambo.

straius • 2 points • 1 December, 2017 01:45 AM

The only too slow is not progressing at all.

Other than that, don't force it, it's not a race. Just be consistent. Consistently making improvements will take you a long long way after a year if you just stay consistent.

Marcus_Aurtrillius • 1 point • 1 December, 2017 02:03 AM

Someone posted a Stan Efferding video on one of my replies and the vid he mentioned Consistency as very important. Could have been you lol but I don't remember and won't look it up right now.

I've probably been inconsistent on kino cause of our talks. She responded, then shut down, then we had talks, and no sex, and then and then and then... So I gave up on kino/sex/initiating until I have a six pack. Everything else (frame, cocky & funny, being a fun guy) always came naturally so that has been consistent. Going to maintain all of that. Consistently consistent.

straius • 1 point • 1 December, 2017 02:08 AM

Eh, everything's messy until you're a practiced hand no matter what area of life you apply that to.

There were weeks where I wouldn't initiate cause I was just disgusted with her. Things don't see/saw much anymore though, even if an issue arises.

Marcus_Aurtrillius • 1 point • 1 December, 2017 02:17 AM

I'm there now. She Weaponized Sex. Then recently Weaponized Kid. She's just Evil and I don't wanna see her right now, let alone reward her with my dick.

But I'm in this for the long haul and I'm gonna turn it around.

crimson_chris • 1 point • 28 November, 2017 01:12 AM

Taking me a long time for this to become a natural thought process for me, but that is where Dread comes in. Be awesome for yourself, but being awesome produces Dread that you may leave her. That is your leverage.

Sex is pretty easy for a woman to get. Commitment from a quality man is not.

straius • 1 point • 1 December, 2017 01:47 AM

Having hobbies and a social circle that takes you out of the house is an important component of passive dread. Demonstrating independence is what reduces her certainty you'd never leave. Having belief in you as an independent person who happens to CHOOSE being in the relationship, who could just as happily exist without it, is where you want to be.

Marcus_Aurtrillius • 1 point • 1 December, 2017 02:07 AM

I do have hobbies, and a very large social circle. I think the problem is I've invited her into these

circles before MRP.

For instance, I play softball in two leagues. "I want to go to your games!" I let her come. My friends have shit. "Can I come?"

She literally has no friends other than me and the baby. I'm such a bitch for feeling bad for her. If I don't take her out, she has NOTHING to do. All her friends live out of state, or they fell out over the years. I need to fix this somehow...

straius • 2 points • 1 December, 2017 02:12 AM

Can't fix that for her. She just needs to make her own friends. Had an ex like that, excuses out the ass, would cancel on ppl all the time, not make an effort then complain she didn't have a lot of friends.

It's always your prerogative to go solo. Just let your desire be the guiding principle there. Suck it up and let her be upset if you really would rather do something solo.

That's where your independence lies.

Marcus_Aurtrillius • 1 point • 1 December, 2017 02:23 AM

Appreciate the advice. Your ex sounds just like my wife.

Thing I've been fighting back like a herd of zombies is her inviting herself to shit. I realized the way I was phrasing it was open ended. Now she has to ask to come instead of saying "OK that's fun, I'm there."

Was too much of a bitch to say no before but NMMNG has taught me differently.

Wolveryn • 0 points • 28 November, 2017 06:26 AM

Ok what precisely is the definition of 'weaponised sex' ? Anyone?

BluepillProfessor • 5 points • 30 November, 2017 05:49 PM

One time of "I am tired tonight, let's put it off to tomorrow" is normal and fine. Night after night of "I am tired" and "I am not feeling emotionally connected to you because you need to do XYZ first" followed the next night by "I am not feeling emotionally connected because you need to do ABC first" is NOT normal. It is extortion, and manipulation.

It is really nothing but a form of dishonest prostitution. I would start treating my wife like the filthy whore she is if she acted like this. Negotiate the price for BJ, what you have to do for a complete BJ, how much for P n V. She will get pissed and that is the time to laugh in her face. Don't make it clear what you are doing. She will get it and she might even begin to understand.

Persaeus • 3 points • 28 November, 2017 06:10 PM

i was going to tell you to google-fu; but google comes up with the "gay bomb" and sterilizing pollen . . . huh see this link

now IMHO, a woman in a LTR withholding sex once in awhile in an otherwise sea of fuckery is not necessarily shit testing you because they're are many reasons she might not want to fuck RIGHT NOW.

basically, it is any woman that is OVERTLY extorting you for goods/services/feelz in exchange for sex.