

Let my story be your lesson

September 19, 2017 | 66 upvotes | by [fx20greg](#)

This is my first time posting, I have been here and at married red pill reading and learning for over a year. It has taken me a year of hard work, self-evaluation and red pill awareness to realize I am and have been a pussy of epic proportions my entire life. Think about that, how far down does one need to be that after a year of daily reading, researching, and just plain “figuring shit out”, that he is only to the point of realizing that he is a pussy and just beginning to understand what might be required to build himself into the person he wants to be. The cool part, “I’m pretty excited to be where I am today.”

This has been a long two year process since the beginning of the end of my marriage. I’m pissed because looking back, I wish I didn’t waste the two years but I really think the process of the hurt, anger, loss, realization, and learning must take place to get to this point. I have been married 15 years, with her for 17. We have no kids of our own. She had a son from a previous marriage who was 8 when I met her and I have tried to raise him and love him as my own. He is now 26 years old and we have an amazing relationship, I am and will continue to be his dad and his son’s grandfather. Nobody gets to take that from me. Before shit went sideways, I thought I had the perfect marriage, we used to make fun of our friends to ourselves because of their shitty marriages. We had what they could only hope for. Yep, unicorn city! I will list some of the highlights as bullets to shorten this up.

- After 15 years of marriage and never going out or drinking, girls night out with suspect single and separated coworkers is reason for alarm. I was a pussy.
- Catching her sneaking clothes out of the bedroom before she thinks you’re awake and putting them in the car before work is a sign. I was a pussy.
- My lovely wife made me cupcakes for our anniversary and pulled two out of the batch to take to the girls at work. I woke up in the night looking for something to eat, when I opened the fridge I found the cupcakes that were in a plain bag for the girls were now in a Victoria Secrets bag with I love you wrappers. I was a pussy.
- After watching the super bowl last year I checked emails and noticed an email hung up in the sent folder. I opened it up and found a picture of him and her together with a reply, “no I love you more.” I was a pussy. Of course this was one week after I asked her if she was seeing someone and she told me I was crazy to suggest it.
- When I tried to reason with her for months that she was making a mistake, hurting our marriage, we can fix this. I was a pussy.
- When I took her on romantic weekend get-a-way with hundreds of dollars of roses waiting for her in the room when we arrived. I was being a pussy.
- I took her to a nice restaurant that night a got down on my knee in front of all to propose my love to her again. She said yes but her fake smile and look of disgust told me her true feelings. I was a pussy.
- When she took a two day away job interview but then never mentioned the results of the interview. It was supposed to be 3.5 hours away, she doesn’t realize I checked her cars mileage before she left and she either stayed somewhere close or rode with someone else. I was a pussy.
- When she took a weekend hiking trip with a girlfriend but somehow forgot to get any pictures of the girlfriend. I was a pussy.
- A good friend of mine passed away quickly and unexpectedly and I spent day after day in the hospital with him alone because she couldn’t be bothered to go and she was too busy to attend the funeral. At the

funeral, his daughter from out of state said she needed my address because her dad had some things he wanted me to have. I told my wife about it and she asked if it was money to which I said no. Two weeks later I get a text from her saying I opened your mail by mistake. I replied what mail with no response. When I got home I found the opened envelope with an awesome letter his daughter wrote me about how much my friend cared for me, etc. At the bottom it said my dad wanted you to have this....it was a check for \$10,000. My wonderful wife was standing behind me and leaned in and said, you know half of that is mine, its marital assets. I gave her \$5,000. I'm such a pussy...

What is not listed is the hours upon hours of crying, begging, fighting that I have gone through. This process has been going on close to two years, my wife has not shed one tear. It doesn't talk about that fact that I just accepted that she didn't want any more kids even though I did and somehow that got turned into my decision and my fault. What's not listed is all the shame and guilt that is put on me every time she opens her mouth and I never realized it...until now. Not listed is how all of this has been turned around to be my fault, I am the reason for all of this. I was told I was crazy for so long I believed it to the point that I was close or as close as I ever want to be to suicidal. We went to marriage counseling, she never went back after the first time. I went for months. I became angry and yelled and even added two nice holes to the sheetrock which I'm not proud of.

It hit me one day after she said, our marriage is where it's at because of both of us." That is when I realized everything bad I had done (angry, yelling, etc) was because I was afraid of losing her and everything she had done bad (see above) was because she was not afraid of losing me.

So now I sit in my apartment that is barely furnished while my wife is at our lake home as I try to navigate the end of this marriage with the least amount of loss possible. The weird thing is, not all the time or not every day but some of the time, I'm happy!! Like really happy. My mind and emotions are at rest. The shame and guilt for not meeting unattainable expectations are not chipping away at me piece by piece. I don't have to actively watch my wife cheat on me. I am making decisions for me and with my best interest in mind for maybe the first time in my life. Things like confidence, self-esteem, drive, passion are entering my body and mind and those are feelings that I have not known in a very long time if ever.

The things that matter to me now.....my son and grandson, my lifting and fitness, building my mind to become unstoppable in anything I want to accomplish. Building my personal wealth so that I will do everything in life that I want to do. Living life for me and being absolutely okay if someone else doesn't agree with how I do that. I am fairly confident that I will not marry again and that is okay.

In the beginning I said let my story be your lesson, so what is that lesson? I don't really know but....if any of my story can shed light, open eyes, or help in any way possible, than use it as your lesson and know that this process can have a positive ending. My story will not end on a bar stool, or with suicide, or severe depression. My story will end with me grinding every single day to better myself for me and it has taken over a year to get to today. For the first time I don't feel so much like a pussy.

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Comments

[deleted] • 28 points • 19 September, 2017 06:18 PM

that kind of made me tear up a bit. not gonna lie

trp_dude • 14 points • 20 September, 2017 06:11 AM

It didn't tear me up, but it pissed me the fuck off. Societal BP programming and its aftermath.

OP, you need more than MRP. Go to survivinginfidelity.com.

Yours is a classic story. CC riding chick gets pregnant, looks for betabux to support her. Gets him to raise someone else's child, while blocking him from having his own kids. Once the kid is grown, ditches him.

...but you know what else is classic? Guy finds MRP. Gets his shit together. Gets fit. Finds out he could do a lot better than his ex once he gets his act together. He was HB6 when he got married at 29, but finds that he's HB8 at age 44.

On the other hand, his ex, who had delusions that she was still hot, finds that post-wall, post-divorce life sucks. Her BF ditches her. She goes from one loser to the next. She sees her ex with a hot, younger new GF.

Celebrate. This is the beginning of a better new life. I guarantee it.

unitedmrp • 3 points • 20 September, 2017 04:28 PM

Yeah, the two unusual parts are

1) She couldn't/didn't hook a betabux until the kid was 8 2) She didn't have the exit affair until the kid was 26

This means either that she's a pretty low SMV woman or OP is a pretty high quality guy. Either way, it bodes very well for OP's future success with women, now that he's found MRP.

bogeyd6 • 3 points • 21 September, 2017 03:43 PM

You are exactly right. Once she is available and no longer married, the bf will exit stage left quietly. She will go out and find many men who can fill the hole between her legs, but not the one in her heart.

Meanwhile, he can rebuild.

fx20greg[S] • 2 points • 21 September, 2017 05:52 PM

I will not stop working until that story becomes a reality!

Rian_Stone • 5 points • 19 September, 2017 09:58 PM

Better late than never.

Nec_sorte_Nec_fato • 18 points • 19 September, 2017 06:17 PM

That's the most painful thing I've read in a long time.

My story will end with me grinding every single day to better myself for me and it has taken over a year to get to today. For the first time I don't feel so much like a pussy.

And you shouldn't. Grind that motherfucker out every day.

fx20greg[S] • 6 points • 19 September, 2017 06:23 PM

Thank you

Persaeus • 12 points • 19 September, 2017 07:09 PM

Don't know why but the cupcakes is the rawest part.

Good luck in your much better future life.

[deleted] • 12 points • 19 September, 2017 07:10 PM

the whole thing is raw. like, why is she in the lake house.

fuck

Persaeus • 4 points • 19 September, 2017 07:14 PM

Andy Dufrane level

fx20greg[S] • 3 points • 19 September, 2017 07:24 PM

It was my choice while we are separated. In the end I don't want it. It's a big house and a lot for one to handle and that is where my family was supposed to be. She can have it and deal with everything that comes with it. I will have my own house on the lake soon and it will be just the way I want it. Thing is, she allowed us to buy this house last year while this was all going on and mostly behind my back at that point. I knew we were having some troubles but.....

[deleted] • 6 points • 19 September, 2017 07:36 PM

As long as she is paying for it

fx20greg[S] • 5 points • 19 September, 2017 07:47 PM

That will be part of the divorce agreement. I have some pretty expensive toys that are paid off that will come with me and she will get the house. I know I'm losing some but I also know I'm not getting killed either. I have a very solid income and will recover any small losses I take pretty quickly.

fuckmrp • 12 points • 19 September, 2017 08:06 PM

I know I'm losing some but I also know I'm not getting killed either

Brother you need to work on self-worth and being assertive. This women was a cancer in your life. You cut out the tumor but you're treating it like it wasn't trying to kill you. Righteous indignation is yours, use it.

fx20greg[S] • 2 points • 19 September, 2017 08:13 PM

Point taken and understood. Thanks

[deleted] • 3 points • 19 September, 2017 07:57 PM

as long as you aren't laying down just to get out

fx20greg[S] • 2 points • 19 September, 2017 08:04 PM

No, I went to a lawyer and made sure everything was split equal. Prior to saying anything to her I split the savings account 50/50. That was a melt down that could become its own post. For another day. I really just don't want to be in the house and I feel we may have over paid for it during the purchase so as far as investment, I think I win by not having it. I

just want to go build my own castle that she has no part in.

Persaeus • 3 points • 19 September, 2017 08:38 PM

toys depreciate a lot faster than real estate. what was paid doesn't matter.

fx20greg[S] • 1 point • 19 September, 2017 08:46 PM

I do agree with that but plan to make those toys liquid almost immediately which will pad my savings allowing me to build whatever future I decide to build. I know what the current value is on everything compared to the home equity.

fx20greg[S] • 7 points • 19 September, 2017 07:31 PM

Yea those cupcakes fuck me up too. I remember we were arguing that night, nothing big but not getting along. Then she gets nice all of sudden and says she's got a surprise for me for our anniversary tomorrow. Ruthless shit, at the time I was so happy she was being nice to me. lol. What a fool, never again.

470_2_700_nm • 2 points • 20 September, 2017 12:03 AM

Oh brother... when they are in this mode, ruthless isn't strong enough. There is no low they won't stoop too. Let that fact sharpen you.

stonewall1979 • 2 points • 20 September, 2017 12:37 PM

I have a new appreciation for Louis CK's bit about the difference between men fighting and women fighting. Sure a man will take a swing maybe you exchange some punches, next day, you're good. Buy a 6 pack, go split it and you're friends again.

A woman's fight isn't physical, it's to crush your spirit and soul. To reach into your intimate places and destroy all that she can. Once you're a broken shell of a man, she'll feel satisfied.

drty_pr • 2 points • 21 September, 2017 12:50 PM

It's so raw, because even something she was supposedly doing for him, ends up being for the other guy. I could only imagine the sting of that. Not to mention her leaving it in the fridge, knowing damn well he may find them? What a horrible human being.

I don't believe in karma, but people who treat people as this cunt has treated OP tend to be the type of people who make really poor life decisions; ultimately ending up wasting away at a bingo hall, only to go home and drink a box of wine with her cats.

For fear of sounding like a broken record, I have know many women who have done this sort of vile shit to their men. Men usually just want more pussy, so they go get it. That's why red pill is such a beautiful thing. If your wife did some shit like this to you, you wouldn't be blind sided and know exactly how to own it.

matrixtospartanatLV • 11 points • 19 September, 2017 07:33 PM

That's pretty rough, man, and yes, you couldn't have owned much more of your shit in your post. Good on you. Life has kicked me in the nuts a few times, and it hurts like a bitch. Your post is a painful reminder...

I'd like to offer you this...

You are kind of at an end, a middle, AND a beginning. Don't waste any more time spinning your wheels, get it together and lay it all out for yourself. I was thinking about what I would do in your situation right now.

I'd work down to <20%BF, immerse myself in TRPs sidebar, read The Rational Male, Way of the Superior Man,

Bang, Day Bang, and The Game, and I would absolutely start slaying/destroying pussy.

In The Rational Male, I want you to pay close attention to the treatise on your legacy. Great perspective.

I look at the Beta failures in my life spanning decades, and were it not for getting kicked in the nuts which drove me here, I would have died someday wallowing in my own mediocrity.

It's all good, man.

It's ALL good.

Keep grinding.

fx20greg[S] • 6 points • 19 September, 2017 07:53 PM

Doing what you have suggested is what has gotten me to this point. I continue to re-read all the above and every time it pulls me a little bit farther out of the hole and makes a little more sense. Thank you for your words!

redbeaux • 1 points • 19 September, 2017 10:13 PM **[recovered]**

Been there homie. It gets better, if you get better. A couple of points of advice from someone who is a few years removed from a similar situation.

Be ruthless. Don't consider her feelings at all.

Save every bit of communication and always know that any form of communication can and will be used against you if possible.

Don't worry about *any* pussy right now. Make all of your plans about you. (Easier said than done when you no longer have a leash).

Apathy is the opposite of love, not hate. Strive for apathy when it comes to her. It makes getting over the bitch much easier when you truly don't give a shit.

Take joy in the fact that you'll be slaying young pussy soon and you're no longer tethered to this ho.

You're not alone. This was the hardest thing for me when mine went down. I felt super isolated and alone, and that can lead you to some dark places. My dark place was the bottom of a bottle and to this day I'm still climbing out of that hole.

Hope this helps. Cheers to you and your new found freedom!

fx20greg[S] • 1 point • 20 September, 2017 02:22 AM

Thank you. Trust me, I have been to many dark places as well, I fully understand and value your words of advice. Good luck with your climb.

[deleted] • 6 points • 19 September, 2017 06:20 PM

Light at the end of the tunnel!

Thanks for posting. Couldn't have been easy. But putting all of that down helps solidify the "never going to be that guy again" mindset.

Best of luck going forward.

You couldn't have "owned more shit" than that.

cholomite • 4 points • 19 September, 2017 06:31 PM

Good on you brother, congrats for not being a pussy anymore. Embrace the struggle and enjoy the rewards.

platewrecked • 5 points • 19 September, 2017 07:09 PM

i'll mirror u/Nec_sorte_Nec_fato "That's the most painful thing I've read in a long time."

Every day is a good day to stop being a pussy.

[deleted] • 5 points • 20 September, 2017 02:01 AM

You have done great to look back and see that you were the problem all along. That does not mean your soulless whore cunt of a wife gets a pass. She is a piece of shit, always remember that she took advantage of you, used you, abused you, broke you down. She cucked you and got you to put your life into raising another man's DNA. (Good on you for being a real man and a good dad though, she can't take that away). I am not saying this to hurt you, I am saying it because it is true, she is a vile fucking wretch and if I believed in hell, that is where that cunt belongs.

You have every right to your anger phase, do not blame this 100% on yourself. Yes you were a nice guy, you drank the coolaid and did what society told you to do. Then she used you and manipulated you. Use that anger to make gains at the gym, learn to accept it and forgive her, not for her but for you.

You can have two books for your life. The first book was about a nice guy who did what he thought was right and helped another male to a good life on this planet. The sequel will be an amazing read. The story of the new guy who emerged from the cocoon of your old self, a phoenix who rises from the ashes. The guy who plates and dates hot women a decade or so younger than himself. The guy who looks down at the stunner he just bedded and shakes his head, thinking did I really just do her? Life is here to be lived. Go hard and live it. Sometimes I think TRP and MRP is a life saver, in your case we have the proof. Enjoy my friend.

fx20greg[S] • 2 points • 20 September, 2017 02:45 AM

Thank you my friend.

youmolide • 1 points • 19 September, 2017 07:23 PM **[recovered]**

I'm happy for you brother - 15 years here too, down the drain when she walked out the door. My difference is I've been thru shit like this before when I was younger and KNEW there was no point in fighting to keep her.

I have to say, it is almost amazing how nice it is to be alone again - all those things you used to have to worry about, based on HER FEELZ - thats irrelevant now.

Peace is a great thing :)

fx20greg[S] • 2 points • 19 September, 2017 07:26 PM

Truth

screechhater • 4 points • 19 September, 2017 09:07 PM

Man, I feel for you

But, you are right, the grandson and your son are golden

fx20greg[S] • 1 point • 20 September, 2017 02:29 AM*

Agreed

BluepillProfessor • 4 points • 20 September, 2017 01:12 AM

Double space after the bullet points.

half of that is mine, its marital assets.

Done. Marriage over.

my wife has not shed one tear.

Your wife hates you. She is begging you to kill the puppy. This marriage would be toast without the affair. The good news is you are free!! Take advantage of your freedom.

everything bad I had done (angry, yelling, etc) was because I was afraid of losing her and everything she had done bad (see above) was because she was not afraid of losing me.

Very profound discovery right there my friend.

For the first time I don't feel so much like a pussy.

Fear is the real enemy. Or put another way: Its only when you lose everything that you are free to do anything.

fx20greg[S] • 2 points • 20 September, 2017 02:42 AM

Thank you. Much respect to you, your words have helped me many times.

donedreadpirate • 3 points • 19 September, 2017 11:42 PM

God man... I'm no fucking Angel and I do a lot of shit people would say is horrible and I just can't imagine this. This is the perfect example of why it's different when men have extramarital sex and when women do. With women it's fucking personal. I'm happy for you to be moving on. Good luck to you in your new life.

fx20greg[S] • 3 points • 20 September, 2017 02:33 AM

Thank you. It really has been unreal. I couldn't figure out who she was, like a completely different person.

470_2_700_nm • 3 points • 19 September, 2017 11:59 PM

Hey mother fucker I'm glad you are out.

I'm glad you are owning your part of this.

I'm glad you are putting a strong front forward.

I hope you are 12% body fat or less with some lean muscle mass and have developed some game. If so you won't be down long. And if you are not put the work in.

I want you to re-evaluate your targets for divvying up your shared net worth. Set your sights as much as possible on coming out of it with EQUAL or better net worth as hers. The time to liquidate the toys is now, not after. Toys are usually not liquid in the way we like to think they are.

I want you to re-read the last paragraph and bring this up right away with your layers ASAP.

Finally. Tell yourself this: you are not the first, nor the last man to go through this. You will not let this define you as a man.

Gods speed.

fx20greg[S] • 1 point • 20 September, 2017 02:36 AM

Not at 12% but working hard and fully committed to getting there. Probably at 20% and dropping quick. I'm a past athlete so the weight is coming off fast and currently building muscle.

Thank you for the financial advice. I will take it seriously.

gvntr • 3 points • 20 September, 2017 12:47 AM

BOTTOM LINE: "He is now 26 years old and we have an amazing relationship, I am and will continue to be his dad and his son's grandfather. Nobody gets to take that from me."

[deleted] • 2 points • 19 September, 2017 08:45 PM

What a gut punch of a read that was. I'm only commenting to say thanks for sharing and congrats on finding your way through to the other side.

fx20greg[S] • 1 point • 20 September, 2017 02:29 AM

Thank you

dontbedenied • 2 points • 19 September, 2017 09:21 PM

I'm really proud of you man. I really admire your positivity in the face of all this. I'm not married but I love this sub from the knowledge I get from you guys. I have beaten myself senseless for being such a pussy my whole life with women. It came to a head after my most recent breakup and my anger phase has been hardcore, but like you said, I had to go through this shit to get to this point.

fx20greg[S] • 2 points • 19 September, 2017 10:07 PM

Thank you.

dontbedenied • 2 points • 19 September, 2017 11:05 PM

Thank you, man. And may your wife rot in hell.

izual19 • 2 points • 20 September, 2017 12:11 AM

Fuck. Your marriage sounds even more screwed up than mine was. Happy you are getting out of it man! Keep lifting, keep improving, go for 10 years younger.

JDRoedell • 2 points • 20 September, 2017 01:41 AM

Thanks for sharing. You've identified your mistakes and know how not to repeat them. Get in the gym, get a mission and move on. Lots of doors can open for you if you make the most.

tacko276 • 4 points • 19 September, 2017 06:23 PM*

I think we have a few solid examples of rp truths here. I think the over riding principle that frame is everything. You where a total blue pill pussy butch. Lords knows I've been there. thus she had no respect for you. Girls hate guys who are pussy's Second your ex wife wasn't afraid of being your ex wife. But you where afraid. Great example of why abundance mentality is so important. Also the stay plan and the go should always be the same plan. You where a useless pile of shit so hypergamy kicked in and she naturally sought out Chad. Don't feel to bad about that tho you can be the fucking oak tree hypergamy will always be the son of a bitch woodpecker the slowly but inevitably pokes holes in the tree till it dies. Finally, all there really is in life is the quest to be the most awesome mother fucker that you can be

I'm probably missing some shit but I'm sure guys will fill in the blanks All in all you are in a better spot and you've earned that. Rock the fuck on!

MRP-Sucker • 1 point • 19 September, 2017 08:09 PM

Tough to read through that without red flaring out my nostrils. Awful stuff to go through.

fx20greg[S] • 2 points • 20 September, 2017 02:29 AM

Its such a mind fuck to have the anger that this has brought me while still trying to love her and fix the marriage. For me it took close to two years for all of this (and more that wasn't listed) to force me to bottom out and now begin the climb back up. I can remember not sleeping for two days straight while maintaining a professional upper management position. I would spend weeks in the red at a time.

Arabian_Wolf • 1 point • 19 September, 2017 09:22 PM

Many life lessons in what you experienced.

May I ask how old are you?

fx20greg[S] • 2 points • 19 September, 2017 10:05 PM

44

Arabian_Wolf • 2 points • 19 September, 2017 10:09 PM

Still fresh, eat healthy, lift hard and don't overstress yourself mentally.

RPJMRP • 1 point • 19 September, 2017 11:26 PM

Sonofabitch...freedom ain't free. That was rough, glad it's winding down. Stay above the fray emotionally in communication, but stay aggressive as fuck in negotiations. Good luck

fx20greg[S] • 1 point • 20 September, 2017 02:30 AM

Thank you

vorverk • 1 point • 19 September, 2017 11:32 PM

Welcome to a new life. Never look back again. I wish you all the best.

fx20greg[S] • 1 point • 20 September, 2017 05:19 PM

Thanks sir

zeteomegaleio • 1 point • 20 September, 2017 01:59 AM

Congratulations. You are getting away from that. I know when I finally let go and walked away from a marriage to my psycho ex-wife, it was one of the happiest times of my life. No more caring, no more stress, I was free. And I decided to start taking on challenges and get better at life.

Some setbacks along the way including what brought me here, but regardless, that doesn't change that directly after that event led to so much growth and happiness, and so I'm happy for you. It's awesome that you are happy, it's awesome that you're owning your shit, and it is awesome that you are away from her and get to create a new and much better life. Now you've learned from your mistakes and know what not to do next time.

You've got money, you've got fitness, you're gaining confidence, and you've got a blueprint here on how to design an awesome life. Get after it and grab life by the pussy.

fx20greg[S] • 1 point • 20 September, 2017 02:43 AM

I appreciate that.

smokecheck1976 • 1 point • 20 September, 2017 03:38 AM

Well man, that's rough. She went full narcissistic sociopath on you, and if you think back as far as you can, she probably has done so even before she decided to start getting her tonsils bruised by some other guy.

There is some good news to be had though. First, since you were aware of it for a while, you have probably had more time within the marriage to process through the stages of grief over it ending. Second, it's unlikely she will want to draw things out, so you can terminate as fast as you would like. Third, you have your freedom while you are still relatively young.

If I were to take a lesson away, it would be that you don't get smoke without fire, and catching evidence of her adultery should have led her ass to being out the door, not yours.

As to you...take a little time. Find or renew a hobby. Take care of yourself. Take yourself on a short vacation. Talk things out with a counselor. Everything that you wanted is still out there. That includes the chance to have children of your own.

fx20greg[S] • 1 point • 20 September, 2017 05:19 PM

Thank you

[deleted] • 1 point • 20 September, 2017 02:33 PM

Damn dude, she was blatantly cheating.

Well, at least you woke up. I'm interested in hearing about you leaving? Was there a main event?

fx20greg[S] • 1 point • 20 September, 2017 04:44 PM*

Many main events. She would just (obviously) never give me any hope so I would put the tail between my legs and take more pain. Can't tell you how many times I threatened divorce. I wasn't ready and she knew it. Two things that stand out as the things that opened my eyes -

1. The deal with my friend that died and what she said. I'm pissed about the money a little, mostly because he would never want her to have a cent of it but the biggest thing to me was she couldn't even give me 30 seconds to digest the words on the paper, I mean I had just gone to my friends funeral and I was reading a letter about how much I meant to him. I had goose bumps on goose bumps reading that and she took it all away in a second to get her hands on some money. At least give me a couple of minutes to understand it before dropping the hammer. The money didn't mean shit to me, it was the letter that had meaning. At that point I wasn't sure what she was, but I knew she was not good for me.
2. An incident occurred that I didn't mention in this story (many things have not been mentioned) where I was getting the feeling that I was being set up for a possible fake assault charge. She basically told me she could have me removed from my home if she really wanted too. I was spending some nights at my buddies camper just to stay away and safe. I was leaving the house and of course we were arguing about something. I told her to fuck off on the way out the door and all hell broke loose. She was screaming to "get the fuck out of my house" and locked all the doors behind me. I needed to get back in but was smart enough to not enter alone. I called the cops. They spoke with me first, I gave them the 10 second story and one was all shit man, I'm going through the same thing, blah, blah, blah. The other was just a dick. Long story short, after they talked with her and they were all smiling and she was joking and touching one on the arm (her brother is a state trooper) I knew this was fucked. My body was trembling because my world was crashing down and my wife was enjoying herself. They came back to me, puffy chested this time like I had done something wrong, I'm the one that called. She was standing behind them waving to me and blowing me kisses while they were talking to me. I believe that is when I finally bottomed out and started getting my balls back. I can vividly remember the feeling of, oh my god, I'm really loosing my wife and at the same time thinking, fuck you, I never want to be around you again.

[deleted] • 1 point • 23 September, 2017 05:18 AM

Damn dude AWALT. She did you a favor by getting you pissed enough to get your balls back. Never forget that moment

trensomneeyuh • 1 points • 20 September, 2017 03:55 PM **[recovered]**

OP - get your Testosterone checked. Your personality screams of low T. There are websites like directlabs.com where you pay by CC to get a requisition for LabCorp or Quest for bloodwork. Do that and see what your T levels are. If they're low, seek out a MALE Urologist or Endo to see about getting on Test Cypionate injections. Don't mess with any of those cheesy "boost T" supplements.

fx20greg[S] • 1 point • 20 September, 2017 05:18 PM

I actually had a friend suggest the same exact thing today on the T levels. I just had my yearly a week ago and waiting for blood work to come back. Thanks man

trensomneeyuh • 1 points • 20 September, 2017 05:20 PM **[recovered]**

No problem. I made a seperate post here in askmrp regarding TRT if you want to read it.

fx20greg[S] • 1 point • 20 September, 2017 05:42 PM*

Read it, I too have started to use some (different) help and am just starting to see some positive results. Should have started 10 years ago.

[deleted] • 1 point • 20 September, 2017 06:10 PM

That's a good story.

bogeyd6 • 1 point • 21 September, 2017 03:42 PM

Keep working on you, meet a young woman and start a new family. Don't give up your dream of children if that is what you want in life. Just don't get married again ffs.

Wolveryn • 1 point • 11 November, 2017 11:51 PM*

What is the lesson?

Don't be a pussy for one thing, but yea obviously don't ignore signs that your wife, your partner, your spouse, your companion is shitting down the face of your soul in front of you... blatantly... and don't do it for years and years and years...

Good luck on your journey moving forward, may it be one of building solid self respect and confidence.

I feel like given my own life experiences, I would have tried to vet out her shitty personality before getting seriously involved with her... failing that I would have nipped the c__nty behaviour in the bud early or simply left her as soon as humanly possible with minimal dialogue and no second chances...

But then again I would never have gotten involved with a women who already had a child... not to discredit the admirable life choice you made to be the father of her child.