

# Time Management Strategy Question

March 24, 2017 | 4 upvotes | by [nooomaam](#)

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Howdy, y'all.

I've been noticing recently that if I don't get out the door on time in the morning, somehow I end up with morning duty, and then not getting to the office until 9:30 or 10.

When I came home around 6, I discovered a covert contract that I would be "done" and on my way home in the 5 o'clock hour.

So with that in mind, a few questions:

1. Does anyone set boundaries about being "home" at a certain time? Or is it covert or expected?
2. If you basically say, I'll be done when I'm done, did you notice that your wife wasn't ready at first?
3. Do you strive to maintain a share of the domestic load, like bed time, bath, and clean up? Or do you strictly set off to separate your schedule and needs from that of the family?

Thanks

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## Comments

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ReddJive • 4 points • 24 March, 2017 05:28 PM

What?

You need to start this program for real. Try reading the sidebar doing some research, post your one free victim puke and move out, draw fire.

These simple questions are answered this way.

Start separating your time, and you clean because you're a man and you don't live in filth.

That simple.

Less talk. More work.

nooomaam[S] • 1 point • 24 March, 2017 07:46 PM

I agree with this concept. It's what I've been instilling at home with the kids and my wife, so they understand that we won't leave to go fun things unless the house is in order.

My point is more about the time management, sussing out a covert contract I found, and establishing the appropriate frame, not just helping out.

Thanks for calling it out.

[deleted] • 1 point • 24 March, 2017 08:26 PM

I agree with this concept. It's what I've been instilling at home with the kids and my wife, so they understand that we won't leave to go fun things unless the house is in order.

so they put you to work on it.

anythinginc • 3 points • 24 March, 2017 08:21 PM\*

Left unsaid: Wife is SAHM

if I don't get out the door on time in the morning

This whole post is based on the premise that you mess up sometimes, and will continue to mess up. That is not very promising.

Let's assume you are going to keep slacking and potentially end up with morning duty.

Don't get involved. Kids go to school dirty or without lunches? Not your problem. Your problem is getting to work on time.

Or get up earlier so you can handle everything and resent your wife more.

1) Does anyone set boundaries about being "home" at a certain time?

Odds are you found MRP because you are home TOO much and/or your wife doesn't value your time at home.

Lets assume the first one and talk about the second. Why wouldn't your wife value what you do? Because either you suck at it or she takes you for granted or both. How do we stop being taken for granted? Well, let me just click on the first couple google links since being here for a year hasn't helped.

<https://pairedlife.com/etiquette/How-to-stop-being-taken-for-granted>

Say No

Don't Be Nice All the Time

Face the People Who Take You for Granted

Don't Show Up: Let Your Absence Speak for Itself

Stop constantly putting yourself in other's shoes

Make Good Decisions That You Will Stand By

Introspect.

So, basically NMMNG and WISNIFG in a nutshell.

For the purposes of this post I'mma highlight the one we're talking about here and MRP loves...

## Let Your Absence Speak for Itself!

What you fear is that you only have value as a beast of burden, not as a lover, partner, parent, captain, male, etc...How do we fix that? By fixing ourselves. By being valuable. By being attractive not unattractive. Basically just the MRP program.

So that is "1," but after answering that I feel like 2 and 3 answer themselves.

[deleted] • 2 points • 24 March, 2017 06:18 PM

Had similar issues at some point.

told her when I would be home, on average, and have dinner almost ready or ready. In fairness I told her that if I was going to be significantly late, I would let her know. She doesn't need to know why per se, but if you have a history of fucking around at work and not getting shit done then staying late, cant blame her.

It took a some fine tuning to work out detials/

3- I think this will be different for everyone.

Specifically - I do "my share" by providing the resources for her to be able to not go to a job She can do the rest. If I do not like the results, I will fix them to my liking. If I have to keep fixing them to my liking, she will either learn or she won't have me for a husband.

[deleted] • 2 points • 24 March, 2017 06:46 PM

I see that you are new so ill go easy on you.

I help out @ home because Im needed to do so. Same with work. Its me and me alone who determines which get my attention on what days and if asked why I am late I say something came up. Same answer when i leave early: I have shit to do

nooomaam[S] • 1 point • 24 March, 2017 07:48 PM

I have shit to do

Best answer yet.

milkywayer • 1 point • 24 March, 2017 07:55 PM\*

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[deleted] • 1 point • 24 March, 2017 08:01 PM

Id tell her I need to go save the world

if she threw a tantrum, id tell her when the world is safe ill be looking for her replacement so don't wait

up

[deleted] • 2 points • 24 March, 2017 08:17 PM

looking for her replacement

bwahaha

why aren't there a few candidates lined up

[deleted] • 1 point • 24 March, 2017 11:57 PM

put it this way

yes, but if i became ACTUALLY available then I wonder of their eagerness would be tempered

[deleted] • 1 point • 25 March, 2017 09:40 AM

Not at first. Would take a few months

BobbyPeru • 2 points • 25 March, 2017 03:37 AM

Sidebar. ASAP

UEMcGill • 2 points • 25 March, 2017 04:19 PM

Is your wife a SAHM? Because of this shit is going on and she is, you need to learn to just walk away.

Redpillbrigade17 • 2 points • 24 March, 2017 05:31 PM

Not only you should be careful not to get "morning duty" but you should strive to hit the gym early and THEN go to work or go to work from gym. What are your life's priorities? Do you work out at least 4- times per week? Get that in your schedule first Mr. Nice Guy. Of course you'll have household "chores" (you're not a dick) but they will come from a place of strength. Of confidently having taken care of your shit first and foremost.

Good luck.

nooomaam[S] • 1 point • 24 March, 2017 07:50 PM

I'm about half way through NMMNG.

Between that, /u/thefamilyalpha challenging me during the month of march, and growing my biz, I may have to re-visit NMMNG, because I didn't even put my post together with what I just read until you said that.

Thanks dude.

[deleted] • 1 point • 24 March, 2017 06:03 PM

#3. you need to make these the same thing, and set your own schedule. If she wants them faster, she can do them.

Last time I asked 'how high' was in BRT. I sure as shit won't do it in my own house