

New or Newish to MRP? Frustrated? Here is a flowchart to troubleshoot ...

February 15, 2017 | 22 upvotes | by [mrprider](#)

I had a flowchart image but cannot get imgur to work, so here is a text flowchart ...

Edit: [Imgur Link](#)

start - I am unhappy in my marriage

#1

Do you have ALL aspects of your life on improvement trajectory ?

A) Career & Personal Finance

B) Leading Family, and being Fun

C) Physical fitness and Meditation

If your answer is No? Go to #7; else proceed down.

#2

Are you observing progress? With more focus on weakest areas while milking the best areas as much as possible?

If your answer is No? Go to #7; else proceed down.

#3

Have you given at least 1 month per year of relationship to improvement already?

Ex: 7 years of marriage => Min 7 months of continuous progress on all fronts

If your answer is No? Go to #7; else proceed down.

#4

At the start of this relationship, were you the AF?

Or you started off as a BB provider?

If your answer is AF? Go to #7; else proceed down.

#5

This is the hardest relationship to turn around.

If you were to be single right now, could you get laid in next 24 hours, with a woman of equal or higher SMV than your SO?

(Basically, Are you hot, attractive and fun to be around?)

If your answer is No, Go to #7; else proceed down.

#6

Quit and file for divorce

#7

a. Lift

b. Read

c. Plan

d. Track

Now, I don't claim to know everything there is. But hopefully this helps someone.

Veteran MRP people like bogeyd and stone might remember me, and I owe them an update on my situation. That will be a separate thread, soon. In short, I am at #5 and almost ready to smoothly hop over to #6.

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Comments

bogeyd6 • 8 points • 15 February, 2017 02:26 PM

The concept is great, but this is possibly the worst flowchart I have ever seen written.

mrprider[S] • 1 point • 16 February, 2017 06:05 AM

I know! I thought I really outdid myself by creating this text monstrosity. Not that visual one is better by any means. Hahaa!

ReddJive • 1 point • 15 February, 2017 10:58 PM

Some guys came in pitching Lean Six Sigma to improve the place I work at. A lot of money spent, time, resources,...in the end it failed.

Know why? Processes like this can't manage people. Doesn't work. Sure it's a great idea to help organize thought, understand third and fourth order events, but at the end of the day people have their own minds.

Suck less. Do better.

mrprider[S] • 1 point • 16 February, 2017 06:00 AM

Might be incorrect application of LSS. I am a certified Master Black Belt at my company, and we have successfully used it for improving manufacturing efficiency.

I know what you are talking about. People just hear the buzzword and try to superficially apply it. Just like we say here, you cannot sprinkle alpha. Similar.

ReddJive • 1 point • 16 February, 2017 01:45 PM

you can't apply LSS to a prison extraction/swat team

just doesn't work.

discobolus_ • points • 16 February, 2017 03:37 PM **[recovered]**

5

If you were to be single right now, could you get laid in next 24 hours, with a woman of equal or higher SMV than your SO?

I see a lot of this around mrp/askmrp - lots of "Walk out the door and I'm swimming in poon". Yet accomplished PUAs consistently say "For every 50 approaches, I might get 10 numbers. Of those 10 numbers, only 1 or 2 turn into dates" And a similar portion of those dates end up in sex."

If step 5 on the flow chart is walking out the door and being in some quality strange within 24 hours, and guys who have effectively mastered pickup don't claim to be able to do this, how is a dude who has been married for 15 years and going to reach that level in the first 24 hours?

I'll readily admit that I haven't traveled down this road much at all, so the extent of my knowledge here is just book learnin'. But there seems to be a high degree of [Dunning-Krueger]

(https://en.wikipedia.org/wiki/Dunning%E2%80%93Kruger_effect) effect among Merps when it comes to this.

That chick smiling at you and passing her number is just step 1.

Now, if the point of step 5 is to spin plates, and have someone ready for you if you were to decide to make your move...fair enough. But that doesn't seem to fit how step 5 is framed.

mrprider[S] • 1 point • 17 February, 2017 01:36 PM

Yes, it is a bit of hyperbole to be able to get laid within 24 hours. The idea is that if you are that confident and hot, (and doing everything a good captain does), then just quit the marriage.

Of course, one could quit early as well. I believe in the school of thought where you give in your best efforts before quitting and moving on.

SeamusAwl • 0 points • 15 February, 2017 11:25 AM

Why is this not on the main MRP sub?

[deleted] • 3 points • 16 February, 2017 08:03 AM

Because faggoty spreadsheet man exists

weakandsensitive • 2 points • 16 February, 2017 12:21 PM

i think the question of whether flowcharts and UMLs are autistics as spreadsheets is worth a good hearty discussion.

bogeyd6 • 2 points • 16 February, 2017 01:41 PM

I'm even on the fence of tracking her cycle. On one hand its useful to track so you know when to initiate and expect things. On the other hand you should be far enough along that sex and shit tests are non-issues.

Would you track the temperature of your ice box if it is working correctly?

mrprider[S] • 2 points • 17 February, 2017 01:43 PM

Do you read alphabet everyday? Does a child learn and repeat alphabet everyday?

Either you guys were natural alphas (sailors, right?) or had strong alpha figures around or just real smart on picking up. Rest of us *faggots* come here as career betas. Whatever structured reasoning we can find is helpful.

Around 10-12 months ago, when I first arrived at MRP I could never even have understood these flowcharts/schematics. But, if these were available it would have helped me understand things much faster. Since a lot of MRP *faggots* come from STEM background, they are used to understanding graphs and charts faster than words and paragraphs.

Now after almost an year of unplugging (still long way to go) I don't need any of these charts or schematics or checklists. By sheer practice and discipline they are now my intuition and reflex. But I do realize what my starting point was, and how confusing the first few months were.

Anywho, I am in process of combining the three things into single MRP post that is comprehensive, and has meat - i.e. post walks the reader through details just like I would do if I were to present these to an audience. Yeah, I am a STEM background in Sales now.

bogeyd6 • 1 point • 17 February, 2017 02:15 PM

That may be true, but as long as everything is in nice charts, graphs, and step by step guides then you end up with an overall lower quality. You said it yourself. You were given all the manuals, knowledge, tutoring, but in the end you had to figure it out for yourself and that's how these things start clicking.

Learning to MERP, as it were, is a lot like learning to fly an airplane. There are tons of concepts, lots of math, lists, manuals, but even if you mastered all those things you still couldn't even taxi a plane. You have to get behind the controls with people who can help you learn the automatic muscle movements, eyeballing, and instincts. They just take practice and experience.

Contrary to popular comments on here, you are in fact given the first starting points and an extremely detailed first 90 days here. Lift, read, stfu. That simple. You see all the vets here, including yourself, starts at the gym. Simultaneously you need to stop fighting/failing tests. Read when you can, I am the reading in the truck guy when wife was going bat shit.

You know what, scratch all that. /u/SorcererKing already made a post https://www.reddit.com/r/marriedredpill/comments/4duudk/why_youre_lost/ explaining what I am trying to say here.

mrprider[S] • 1 point • 17 February, 2017 02:20 PM

True. I started off that 90 day plan as well. And the rigor of reading, questioning and implementing it helped make it clear. No point to serve it on a platter to someone who is not hungry.

bogeyd6 • 1 point • 17 February, 2017 02:21 PM

I like those posts you made on the main sub, looking forward to seeing people weigh in on them.

Yesterday_2_Tomorrow • 1 point • 22 February, 2017 04:01 AM

which post is the 90 day plan? I looked on this sub and couldn't find it.

InvincibleKraken • 0 points • 15 February, 2017 12:49 PM

Nice flowchart; looking forward to your next post.

Coniferous_88 • 0 points • 15 February, 2017 01:59 PM

Excellent post...maybe even sidebar material. I certainly wish this was available a year ago when I began my journey.

[deleted] • 0 points • 15 February, 2017 06:04 PM

I remember you...looking forward to the update.

mrprider[S] • 1 point • 16 February, 2017 06:04 AM

I have been quite slow in digesting the red pill as compared to reports I read here. But I am inching bit by bit. Thanks bro.