

Before and now... small things that I'm doing better thanks to MRP

February 11, 2017 | 9 upvotes | by [sven_igortsen](#)

I've noticed a few smaller things that are different in my life now that I'm working on my MAP and practicing learnings from the sidebar.

Before RP || After RP

Would buy pricey clothes that didn't fit well || Paying \$10 to get an existing shirt tailored is better than buying a new shirt that doesn't fit well

Would plan my social calendar around whatever I was invited to || I plan what I want to do and invite people to go with

I'd know what I'm doing tomorrow || I've got the whole month planned out

I'd play video games on my phone whenever I had down time || I'm learning languages on DuoLingo

I used to think my parents should stay together forever || Now I think my Dad deserves his happiness and to get laid wherever he wants

I used to think my being fat was ok because some of my friends are fat too || I feel disgusted at my friends who are being lazy shits about their bodies

I used to laugh at "Dad is stupid" jokes on sitcoms || That shit is overplayed

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I've got more I've noticed but have forgotten. What are some of the smaller things you've noticed that changed in how you live?

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Comments

InvincibleKraken • 2 points • 12 February, 2017 01:36 AM

Thanks

The_Litz • 1 point • 12 February, 2017 08:31 AM

Welcome to your new reality Neo

resolutions316 • 1 point • 12 February, 2017 01:26 PM

I second the thing about noticing other people's bodies. I make a point to check out other men my age and it both terrifies and motivates me (I look a lot better but have a ways to go).

But one of the more fascinating, unexpected parts of this has been my changing view of my parents relationship. My dad has since passed, but I see so many parallels between their marriage and my own. They split when I was a kid, and I would bet money a dead bedroom was at the heart of it.

jerpta • 2 points • 12 February, 2017 10:11 PM

Are you my brother ;) ?

MRP is chock-full of men who are essentially recovering second generation BPers. It's terrifying; if my dad had had someone to give him the kick up the arse he needed in the 1980s, he'd still be alive today.

resolutions316 • 1 point • 13 February, 2017 10:29 AM

ABSOLUTELY. Mine was just starting to lose weight when his heart attack got him. He even got to preface me by avoiding marital conflict through video games (he discovered that Zelda on our first gen NES was fun for adults as well as kids and spent hours hiding in there).

Thinking about how he never got to meet my sons keeps me motivated. He also told me to forget about my oneitis...the one I eventually married....sooo....