

Initiating when injured?

October 25, 2016 | 1 upvotes | by [Coniferous_88](#)

BLUF: I sustained an injury that temporarily prevents me from being able to physically lead/be dominant during sex....need advice on how to handle LTR during recovery.

About me: Mid 30's. LTR with no kids. Swallowed the Red Pill about 8 months ago. Read the side bar and recommended books. Life long lifter and fitness enthusiast. Into adventure sports and have a decent social life.

The LTR: Typical story, began as alpha and suffered the beta regression we read about so much. Since finding RP, I've been using STFU, DNGAF, OI, AA, & AM to handle shit tests and have seen excellent results- arguments have basically gone away. Running light dread but need to keep pressure on myself to move that up a notch or two. Sex has been more frequent but still get the starfish every so often.

The Problem: So I have injured myself doing one of my hobbies and while temporary, I'm not in any condition to be physically dominant with the GF until I heal. This is only like a month long problem, but I'm unsure how to handle things. Like others have observed, she shit tested the piss out of me when I first injured myself. I handled that and she toned it down. Now, I know from my reading that she can be a mother or a lover but not both and that if she sees me a burden it destroys the tingles. This is the tricky bit since there are some things around the house I simply cannot do right now that will fall on her...tingles gone, vag dry. Got it. When it comes to sex, as I mentioned, things have been improving but it still falls on me to initiate (I know that's my job), get her ready, get me ready, be dominant and assume the more physical end of things. I don't get much effort from her- in other words, unless I put in all the effort and make things happen, it doesn't happen...she's happy to lay there or let me move her around but doesn't bring much to the table otherwise. I understand this since I assume that she probably wasn't/isn't as attracted to me as she used to be and I'm working on fixing that. Now the problem is that during my recovery, I physically can't do all those things so if I initiate sex, I wouldn't be able to take that dominant role....So, my question is should I go into "healing monk mode" and focus on myself, PT, nutrition, etc. and forget about initiating? Or, if not, what advice can you offer on how to handle things, hold frame, initiate, and not risk her viewing this as a beta-backslide?

TLDR: I'm injured and can't assume the dominant sexual role that the GF is accustomed to. For the next month should I even bother initiating or just focus on getting better?

Archived from theredarchive.com

Comments

bangorlol • 3 points • 25 October, 2016 04:44 PM

You can be dominant in the bedroom without being physically dominant. Tell her to blow you. Tell her to get on top. Don't let her orgasm. In my personal experience, the sex women love the most is when they have the least amount of control over the situation. Remove the control and you establish power. Power = dominance. You can lay on your back the entire time and walk away with her in a position of sexual servitude.

[deleted] • 2 points • 25 October, 2016 02:54 PM

You don't have to be Tarzan in the bed every time. I mean, you can, but you don't have to be. If you're playing the long game, then a month of no Tarzan is fine, especially if you doing well in the other areas.

As for the dead fish sex... try working on your foreplay. I've noticed there is a direct correlation of my wife's enthusiasm to my level of foreplay. It's not a hard and fast rule, and maybe it's just my wife, but when there is good foreplay she gets very aggressive.

Coniferous_88[S] • 1 point • 25 October, 2016 03:26 PM

Agreed- Tarzan doesn't have to show up every time...but if I initiate, then I'm going to have to coach her into taking a more active role that she usually doesn't want to take...that is mainly where I'm asking for advice. To your point on foreplay- good suggestion, will apply more effort there.

cholomite • 1 point • 25 October, 2016 05:02 PM

My LTR broke my dick right as I was starting to get good at sex after reading sex god method. I basically had a limp fish dick for 3-4 months. My girl felt bad but still shit tested as expected. I couldn't bang her well so I bought some toys. One of those vibrating wands and some other stuff. It took the pressure off of my dick while still letting me control her pleasure and boss her around. I'd tell her I'd use the wand on her but only while my dick was in her mouth, and other fun stuff. My girl is pretty shy about sex, so she would never use this stuff on her own so it was pretty easy to stay dominant because she would be begging me to use them on her.

My dick eventually got better and we're back to banging like we did before, but now she's more into toys and kinky shit. It went from a negative to a positive experience overall.

[deleted] • 0 points • 25 October, 2016 03:29 PM

Pussy - you think this is *just* physical?

Coniferous_88[S] • 1 point • 25 October, 2016 05:22 PM*

No, not at all...The physical component is off the table right now, which is why I'm asking for advice on how to remain mentally dominant of the situation while being forced to assume a physically weaker position. I think this could be a great learning experience...if...I do it right.

[deleted] • 1 point • 25 October, 2016 05:46 PM

Be a man, remain irrationally confident. You don't have to be a dick, just act like, *yeah, you're wounded, so what, you're still the King*