

RP Early Days: How to initiate morning sex in bed

July 28, 2016 | 4 upvotes | by [platypus987](#)

Just took the RP last week, and I'm looking for some concrete advice on initiating morning sex in bed (details below).

I'm already RP in some areas, my marriage is good, and sex can be excellent. However, I want more sex, and I'm doing a bad job of initiating when my wife and I wake up in bed. My wife acts passively in this situation, and my beta self-doubt can't handle this.

Thoughts appreciated, and go easy - I'm only a week in!

Details

I want sex some mornings, but I'm bad at initiating when my wife and I wake up in bed.

We sleep naked. We're generally spoon cuddling when we wake up, with me on the outside. I gently stroke her arms / tummy, and kiss the top of her back. She'll make the occasional contented noise, and that's it. Then my beta self-doubt kicks in, and I don't initiate further. I alternate indecisively between doing nothing, or stroking her arms / tummy. I must be sending mixed signals to my wife at this point. Then she gets up for work. Sucky start to the day for me, and probably her too.

I guess I'm not initiating further, as:

- I've historically only escalated sex if I know wife wants it too (she's responding to mouth kisses, stroking me, grinds my butt back into me, etc). In this waking-up situation it's hard to tell, as she's passive. She can be enthusiastically submissive during sex, so I wonder if she's waiting for me to escalate.
- I'm unclear how to escalate from this passive spooning position. Should I physically roll her over and start kissing her breasts? I realise I could just grow a pair and do this, but it would be good to know the options :-)

Thoughts appreciated, particular on the escalation from spooning position.

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Comments

ecrasez • 8 points • 28 July, 2016 08:02 AM **[recovered]**

In Mark Mansons' book *Models* he says to 'polarise early' when meeting new women you're attracted to. The idea being you present yourself very early on as someone who is interested in a romantic/intimate relationship rather than pretending to be a platonic friend and getting all butthurt when things don't go how you want.

A lot of the advice given here for initiating inside a long term relationship goes along the lines of 'caveman' - just pile in there, and go for it. I believe the two things are related.

Women find the half-hearted "begging without speaking" approach to be a turn-off. If we communicate directly, make the proposition clear, they appreciate the directness, and a lot of time and frustration is saved all round.

[deleted] • 7 points • 28 July, 2016 12:57 PM

Women find the half-hearted "begging without speaking" approach to be a turn-off.

Good way to phrase this.

[deleted] • 2 points • 28 July, 2016 10:41 AM

they appreciate the directness

OP, hope you don't focus on this part though, because /u/ecrasez presents good information in context. If it ain't a hard no, you do what you want.

NevrEndr • 2 points • 28 July, 2016 03:36 PM

Yes - Caveman Law in this context.

Just put your fingers on her clit and start rubbing. Everything else will fall in place.

The_Litz • 9 points • 28 July, 2016 12:08 PM

Should I physically roll her over and start

Works. You get a hard no or you fuck. Take charge.

[deleted] • 9 points • 28 July, 2016 01:22 PM

Try putting your dick in her vagina. That usually works.

sexyshoulderdevil • 3 points • 28 July, 2016 03:12 PM

The fact this guy gets any sex at all makes my mind explode. He's not sure how to initiate morning wood sex while his wife is already naked and cuddled up to him? Jesus Christ. He says they're already having plenty of sex...she must just fall on his dick accidentally a lot... I'm not getting a lot of these new guys. Their problems don't seem like problems.

platypus987[S] • 6 points • 28 July, 2016 03:30 PM*

You're right - I've got it good. That comes with a mind-set of continuous self-improvement. It's worked for me for 10+ years. In that time, I independently discovered and successfully applied Stoicism, a paleo diet, body-weight exercises, and a long-term goal of financial independence. So my marriage is damn good already because I worked at improving myself. I just discovered No More Mr Nice Guy, and then

the Marriage Red Pill. My self-improvement spider-sense triggered, so I'm doubling-down on marital areas where I could do better. I can skip a bunch of areas because I'm strong there already. But there's always room for improvement. Your Future Self should always be better than the Current You.

Everyone, thanks for the feedback. Looking forward to applying the suggestions!

jigglydee • 1 point • 28 July, 2016 11:18 PM

Lol good chuckle....

IASGame • 3 points • 28 July, 2016 09:37 AM

You just need to get over your ego and initiate.

Assume you won't get rejected, and if you do get rejected, suck it up. It is not that big deal. And given the situation you already have something else to do if she gives you the hard no - get up and have breakfast.

You are too worried about your ego, and you don't want more sex enough to get over that.

SteelToeShitKicker • 3 points • 28 July, 2016 11:57 AM

I think you have fewer problems with the logistics than fucking your wife if she isn't 100% into it. This one used to be a big one for me.

You have to realize that you aren't going to have above average sex all the time. Also, you should accept the gift that is your wife fucking you when she is tired, not completely into it, etc. If your wife wants to fuck you enough to not say "no" then enjoy it for what it is. **Your wife wants to please you.** Accept it and enjoy the fuck out of it. Use her body for your pleasure.

Read MMSLP asap.

Edit: Before anyone thinks I'm saying accept the gift of sex as "alms for the poor" you need to think of it more as "tribute for the king".

UEMcGill • 3 points • 28 July, 2016 12:23 PM

We sleep naked

Dude, that's half the battle. Your problem isn't your wife, don't put this on her. Your problem is confidence.

Go search the main sub and read some of the higher posted topics, find the one about "She chose you". You already have a healthy sex life, she doesn't have anti-sex pajamas on so you appear to be in good shape.

I'm unclear how to escalate from this passive spooning position. Should I physically roll her over and start kissing her breasts? I realise I could just grow a pair and do this

Yes. I love morning sex. I initiate often, and other than the occasional "mmm, no kissing..." (my wife hates morning breath) she hardly says anything.

IASGame • 1 point • 28 July, 2016 04:40 PM

Why not have some mints near the bed (together with the condoms if you use them)?

I don't wish my problems were this simple, I wish I was better... But still!

[deleted] • 3 points • 28 July, 2016 10:03 PM

oh god grandpa's nightstand stash of mint lifesavers i used to raid ... i'm so dumb

rocknrollchuck • 1 point • 1 August, 2016 02:53 PM

I spit coffee all over the table when I read that! I could just imagine your face when the realization hit you.

[deleted] • 2 points • 28 July, 2016 07:59 AM

So, too much external validation. A.K.A. Will mommy give me permission to fuck.

If she isn't giving you a hard No, continue. Roll her over, lift one of her legs up, draw her a diagram on a flash card and show her; who cares.

Just continue.

[deleted] • 2 points • 28 July, 2016 02:03 PM

Dude, for perspective, lets trade problems.

Your wife would get fucked every morning.

and

For all you know, you may be leaving her with the equivalent of a girl blue balls every morning.

Why are you giving your wife a soft no? It's kind of like the male version of ASD --- Anti Rapist - Defense... or something

A_Rex • 2 points • 28 July, 2016 08:36 PM

Good point. There's been an uptick in faggotry around here lately with guys being too damn timid to escalate with their wives.

Central to RP - assume the sale (fuck). Don't say "no" for her.

BluepillProfessor • 2 points • 28 July, 2016 02:56 PM

Take that morning wood and enter her from behind before she is awake. Much better than an alarm clock.

Also, sex God method.

allberkleee • 2 points • 29 July, 2016 02:13 AM

Gently stroking and kissing is not going to do it. To her, that is the same thing as her laying there passively is to you. SHE is thinking the same thing you are: "I could go for sex if it's going to be hot." You are both waiting to see if the other is going to make it hot or if you are just going to cuddle and be friends for the morning.

She is not necessarily shit-testing or anything, she just isn't so horny that she is going to take the lead and give you a pornstar performance while you sit back. It's a stalemate: BOTH of you are interested in sex, but only if the other is going to be into it and make it hot; otherwise, you're BOTH overtly content with the gentle tummy rubs, although you are SECRETLY unhappy with it because of a covert contract.

It should be clear whose responsibility it is to break this stalemate. You are responsible for the sexual health of your marriage, whether you like it or not. However, if you accept and embrace this, you can be her Chad, and you will be surprised how differently she treats Chad.

SDSAM21 • 2 points • 29 July, 2016 01:30 PM

It's taken me some MRP work and wife conditioning. But, now when we are sleeping if she feels morning wood against her she rolls on her back and opens up.

[deleted] • 2 points • 28 July, 2016 11:47 AM

Do your thing and then make the transition. For me, we have 2 kids so either her or I will get up, walk to the

door and lock it. We both know what that *latch* sound means, it means game on and we do our thing.

For you, condition her to *something* maybe as your spooning you say, *let's start this day off right*, then you roll her over and escalate tot fucking.

Then, from now on when you say, *let's start this day off right* she'll know what it means and she can use it too.

Then, when you are out at a party or at a fancy dinner, you can say, *Let's start this afternoon right, or start this night out right* it should be fun, maybe an inside joke you use - **whatever**

The purpose is to just fucking do the thing and if you want it to be clear to her that you plan to fuck her brains out, make it fun and like Pavlov's dogs, find a signal.

this doesn't mean **always** do this (or say that thing) as that is predictable and she will become desensitized to the joy and *FEELING* over time. So mix it up.

Recently, with the door open (kids still asleep) I rolled her over, made out a little then I slid myself between her legs and we did our thing, when she said we would wake the kids I clamped my hand over her mouth, smiled, and fucked the shit out of her without letting her make a noise, it was sexy as fuck and she loved it, then I hopped out of bed and told her to dress herself as she looked like a slut leaking my seed.

Solid start to my day - now get your's.

SorcererKing • 1 point • 29 July, 2016 01:44 AM

Give fewer fucks, do what you want. Repeat as needed.

nopeToThe43rd • 1 point • 29 July, 2016 07:39 PM

Another way to phrase what /u/The_Litz said here:

https://www.reddit.com/r/askMRP/comments/4uzjcn/rp_early_days_how_to_initiate_morning_sex_in_bed/d5ubgve is you either get the fuck that you wanted, or end up where you have in the past, so you've nothing to lose, and morning sex to gain - is the risk worth the reward for you?