LTR GF Lying about Vacation (X-Post from askTRP) - Update + Need Advice

June 27, 2016 | 6 upvotes | by trp-throwaway-vacay

This is a cross-post/follow up from a thread I created 2 days ago on askTRP.

https://www.reddit.com/r/asktrp/comments/4ppnoh/emergency_trp_ltr_advice_needed_gf_planned_a_we/

I've gone through the advice on there and after some back and forth PM's with one of the responders, he highly suggested I cross-post it here to get some other perspectives. I'm looking for actionable, specific, mature advice. I will give some cliffs on the back story, some cliffs on updates since posting, and some cliffs on me and our relationship:

Cliffs on backstory:

- 4 1/2 year LTR. Girl in mid twenties, myself in late twenties.
- Good sex life even to the day. Never been a problem in this area.
- GF left her laptop open when I was visiting her house couple weeks ago. It was on Southwest searching for flights across the country.
- Gf never mentions looking into flight, weeks go by, we go on a vacation I paid for.
- Get a text last friday "omg found out something crazy today my head is spinning and I need to decide what to do." I talk to her a couple hours after because I'm finishing up work. Her "So this is crazy but, [her slutty friend] is giving me this amazing opportunity with her to go [cross-country on exact dates she had been looking into]. I try to be non-reactionatory about it. Do not confront her but just probe for all the details she will give me.
- Gf has an ex-bootcamp instructor who lives out in that area now. He's in low 40's, nice guy I've met him before. Has kind of annoyed me how much shed talk about him and how funny he is gonna miss him, the nicknames and teasing hed do to her which she may have picked up on a while ago. That being said I know shes kept in contact with him and will probably meet up with him. It wouldn't bother me as much, because I know she will meet up for lunch or whatever, if she was more upfront about it. When probing her about "what shed like to do" while she was out there, "I know [family] and [guy i was talking about] live out there so maybe meet up with them"... So that's another detail about the secrecy of this trip that obviously doesn't sit well with me

Updates since post on trp

- You can read the thread and my (definitely emotional) responses for more insight or we can start a new discussion here but
- We've hung out twice. Each time has been intermittent between acting normal and eventual arguments of her trying to figure out "why I'm being so distant" "why im being so weird/sketched out" "whats wrong" etc. Same with phone calls we've had. I'm trying to act "normal" as I figure out my course of action, but it is VERY hard. So far I have not disclosed what I know.
- Sex maybe 4-5 times while hanging out since then (normal not out of the ordinary in either direction). We always do it unprotected (shes on the pill). Have been this way our whole relationship.
- Have had some conversations with a trp and mrp member. It's helped me bring up and discuss some red flags I've seen with her and my own insecurities.

<u>www.TheRedArchive.com</u> Page 1 of 15

Red flags:

- Sketchy about phone. Turning it on permanent silent when shes around me. Always having it facing the other way depending on what side I'm on from her. Turning to face me when texting so I cant see the screen. Hiding it when she goes to shower. Etc.
- Sketchy social media activity. Snapchat friends with a bunch of dudes. Some who I know are trying to hit her up (past coworkers) and some I suspect are old flames. Always adding certain guys first (suspected past hookups) when getting a new app such as twitter, instagram, etc.
- We've had maybe 3/4 "pseudo" break ups. In the past one, I know she got bumble (tinder alternative). But I don't think she was happy there probably did it on recommendation of a friend, she wanted to get back together the whole time we were on this pseudo breakup I don't blame her for it because I initiated the breakup (she'd later show up at my door). No reason to believe she hooked up with anyone or dated during that time.
- High partner count mid-teens by the time she was 19. Some other, we'll call it promiscuous, acts I know about.
- Not a lot of girlfriends. Seems to have trouble keeping them. Connects well with slutty girls. Her "best friends" are pretty much whores.
- Always complaining about things ("lack of sleep", this hurts, that hurts, this is going on). Health is a huge downside lots of problems there. Very sensitive body constantly sick/hurt/recovering from an injury.
- Has a very hard time accepting blame or putting it on herself.
 Her mom's thought process/the way she speak has always not settled well with me. It's like shes scattered brained. I also learned from my mom that her grandmother killed herself. She has never mentioned that to me.
- She literally never offered to pay for anything until it finally boiled over and I let off on her about it one day about 3 months ago. Since then, she has been perfect with knowing when she should be expected to pay her part (Im mainly talking about food here) and when I'm treating her. It just has always bothered me that I needed to tell her how it should be. That being said, she has always made an effort to bake for me, get me gifts on holidays, anniversaries, etc. So I've been happy with that.
- Extremely insecure about other "girl" friends I might have. For instance, I took her to a work happy hour and she met a girl I'm friends with there (girl is in a long term relationship, moved cross-country for her bf). Really, really down to earth, was completely chill and cool to my girlfriend as we talked. Not even a week after that and shes FREAKING out about her. Saying crazy things like "i feel like you have some kind of connection with her" "you open up to her" just nuts shit idk how she would think that after one 20 minute conversation. Later on she would flip out on me over her texting me or why she was even in my phone... I've lost a lot of college "girl friends" that I've had by simply not communicating with them any more because I don't want it to be a thing (she has it in her head that I've hooked up with like all of them.. shes never said that but I know thats what she thinks)
- Doesn't drink which could probably be a good thing.

Cliffs on myself:

- Believe fairly good looking.
- Have lifted on/off for the past 10 years of my life. Just pr'd on squat on stronglifts 5x5 mid april then pinched a nerve in my neck and was off for a bit. Just got back into it last week, coincidentally. I've done madcow, starting strength, and SL each a couple times.

<u>www.TheRedArchive.com</u> Page 2 of 15

- Very good career. Make good money to most relative my age. Not crazy higher but I'd say out of 10-15 of my closest friends in the top 3.
- Pursuing MBA. Try to stay socially active with friends. It can get hard in a new city (her city) but I have made some good connections. Unfortunately 3 of my separate closest ones have all moved out (work related). Makes me feel back at square 1 some times.
- Don't think I'd have a problem if I'd have to go at it single again. I know I need to adopt an abundance mentality but I worry about regret ("sellers remorse") and making the wrong decision.
- "Late bloomer" in terms of sexual activity and finally "getting it" with women. Did nothing in high school and had to really really work on myself in college to get to a good point. I've had irrational confidence and insecurity issues in the past for no reason. When I reached my apex, right out of college, is when we met/connected/talked and she fell hard for me ("everything about you just said "success" to me"). I feel I have "relapsed" (not in all areas) but definitely in some over the course of this relationship. It is my first relationship, if I haven't mentioned that.

Ok, anyway enough cliffs. I've narrowed down my course of action to I think two actions. I welcome advice on them, or any separate ones you guys might have.

- 1. Continue to "Try" to act normal till shes on her flight back from her trip (I dont want to be the asshole to ruin her trip by texting her the second she takes off... I believe that will just make her extremely vengeful). Drop off her shit at her moms, change my locks, block on all social media, and text her something like "I know you've been planning this trip for weeks. I tried to act "normal" so you could enjoy your trip you've always wanted to go on... obviously that was hard for me. I've left your stuff at your moms, dont worry about the key. Thanks for the last four years, seriously. Please don't try to contact me." While this has been the main advice over on asktrp, i almost feel like its a cop out/juvenille and immature thing to do. I honestly don't know if it's the right thing or not. It's either my gut saying it's not, or my insecurities saying its not (and its what I should just do) and I'm having a really fucking hard time figuring out which.
- 2. As I mentioned, she's been prying me to open up to her about why I haven't been myself... at all. My plan here would be to ask her over after work and talk to her about it. Not confrontationally... but something like "look we need to talk" kind of attitude. Just putting it out there like "I know you've been planning this trip for weeks. The other week you had me go get the dog blanket upstairs and your computer was wide open searching for this flight date and time you mentioned your friend just "out of nowhere" called you up about." See how she reacts. Try to understand why this is how she approached it to bring it up to me. In all honesty, I think she just wants to go on this trip and felt like she couldn't bring it up to me a normal way and just tell me how she was planning. To me, it always seems like shes been pretty deathly afraid of losing me. In our past pseudobreakups (all initiated by me) one of the times her mom called me up and started crying like "I know she loves you, even when she doesnt act like it to you."

Anyway, I need honest, mature, and possibly kick-in-the ass advice. I welcome all your responses no matter what you want to say. I want to better myself from this whether thats with her in my future or on my own. I honestly believe that will happen. In the mean-time, it's time for my gym break and I will get working on the side bar. I'll be checking back in.

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<u>www.TheRedArchive.com</u> Page 3 of 15

Comments

[deleted] • 17 points • 27 June, 2016 04:38 PM

Their advice was spot on. Stop being a faggot Here.

Don't tell her you know. Just leave. Don't do things to ruin her vacation either. Just be gone.

Best case here, you say (with frame) proper women in an Ltr don't go travelling with their promiscuous friends across country, alone.

And never another word on it. She can go, and you text her where her things are, never look back.

She can stay, some girls just need to be told "no". But in that case, if you have to constantly tell her not step over your boundaries, is it worth it?

If you can dark triad, then say nothing, plate her.. Most can't, because they keep forgiving women and hamstering bullshit.

Mrp isn't some way to use adult, mature magic to turn girls proper, it's just trp with financial and custody ramifications.

Nut up, or tattoo cuck on your ass. Time to decide buddy

druganswer2 points 27 June, 2016 05:20 PM* [recovered]

I sent him here to get an alternative to the askTRP teenagers. His situation is weird IMO, in that he has evidence that she is making shit up about the trip, but he does not have any evidence besides the city that they're going to that she's fucking this 40 year old dude. I was expecting a mixed bag of responses to be honest because half of his issues seem to be steeped in his own insecurities.

This may sound like calling you out and maybe to a degree it is, but I am positive that you remember our discussion on your wife's Mexico trip. Are you trying to say that his situation is that much different than yours? Or have you since changed your opinion on that subject? I am pretty sure you're not trying to tell me that just because you're married you have to be more accepting of this kind of behavior.

The biggest red flags to ME were the hiding phone, social media, and tinder shit. It screams that she is higher than AWALT in the need for validation and well... we know the ramifications of that on an LTR.

BUT OP says she is enthusiastically fucking him, doesn't mention that she is overbearing in most of the ways you hear about from guys in marriages or longer LTRs, in fact the only real "anger" type thing he posted about her was her being jealous of other girls... which to me triggers "she's extremely insecure" and OP has some sort of built in dread... with a possible side of she's projecting her cheating ways onto OP, if that's the case.

I find OP has the classic oneitis that every guy here starts with but I am wondering how you jump immediately to flushing the LTR when half of the red flags are him hyperanalyzing things that he is clearly overthinking and insecure about.

If you didn't dig into the thread too much, my opinion (pre the red flags list) was to call her out on lying about the trip popping up and deciding further course depending on if she confesses "I thought you would be upset" or gaslights him "I never looked up this plane ticket."

"I lied because I thought you would be upset" is an easy segue into "If you felt you had to lie about it, it clearly is not something that is proper in an LTR."

I'm not saying that insta next is definitely the wrong move, I just think we're missing something here. Mostly

<u>www.TheRedArchive.com</u> Page 4 of 15

due to the fact that none of his post at all mentioned she is less responsive emotionally, physically, anything... except he's insecure about a ton of shit, she is sketchy with her phone, and she trolled the internet for validation (possibly dick) during a quasi breakup.

I'm not looking to argue either side here, but am interested in hearing more opinions on it.

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[deleted] • 5 points • 27 June, 2016 07:21 PM
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Also, he could call her out on lying... but to what end? She will either learn to hide better, or lie again.

I suppose if he wanted to confirm her hamster, he could... Chances are he already knows, and has to bullshit himself into believing otherwise. He knows what he wants to do, the trick is getting out of her head when he does it.

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druganswer3 points 27 June, 2016 08:12 PM* [recovered]
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Because I see a girl planning a trip with an insecure boyfriend thinking this is a great tactic to make him not cry about her going. It screams AWALT to me...

Now is him calling her out and her choosing to double down on her lie AWALT? Maybe, maybe not. I see a world where she tries to explain that she was worried he would be upset about it. I also see a world where she says "that's not true you must have seen something else." World 1 maybe there is a lesson in here for her, you're the container and all. World 2 is where you next and don't look back.

The other red flags notwithstanding and all...

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[deleted] • 1 point • 28 June, 2016 01:22 AM
Fair point
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SexistFlyingPig • 3 points • 28 June, 2016 01:53 AM

There is nothing weird about his situation. His girl is going to go to another city where she's going to meet a guy who makes her wet, and then things are going to happen.

She's made her decision. There's nothing that your friend can directly do to change her mind. He could be a better man and she could realize that if she jumped the dick in a different city that she was throwing away the best thing that had happened to her, but this isn't going to happen. He is who he is and she is who she is. He can either put up with her fucking different guys or not. He can't prevent her from doing it. He can't confront her in self-righteous drama and expect some kind of positive outcome. She's going to do what she's going to do, and he should plan accordingly.

They've been together for 4 1/2 years, so it's going to hurt, but the relationship is over and it's time to move on. Maybe focus some of that rage into lifting.

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[deleted] • 2 points • 27 June, 2016 05:35 PM
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Sketchy about phone

Sketchy social media activity

Snapchat friends with a bunch of dudes

Connects well with slutty girls. Her "best friends" are pretty much whores

Always adding certain guys first

What else is there to say? He sounds like he has a lot going for him and could do a lot better.

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[deleted] • 2 points • 27 June, 2016 05:42 PM*
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www.TheRedArchive.com Page 5 of 15

Yeah, I said exactly what I said here, and the issue was dead ever since. We've hit Greece in the meantime, huge move to a new city. That was a moment of insecurity on my part, so when it doubt, go with what I know. Say I'm comfortable (or not) and enforce a boundary.

The post here was a reflection of my killing some more BP mentality, IRL conversation was much less 'talk', and much better context.

You're right about the other 7 flags too. one trip in isolation is a different situation than that. Had it been phone hiding, Ex who lives in that city, slutty co workers, and the other flags he's recieved, that OYS post would have been a lot different than it had been.

The fucking just means he is attractive. the trust is different IMO.

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trp-throwaway-vacay[S] • 2 points • 27 June, 2016 06:08 PM*
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What is with that shit? "women in an Ltr don't go travelling with their promiscuous friends across country, alone."

I've read that 100 times in some of the other vacation threads. How does that make sense? So if you're an attractive, high-value guy (which a lot of the guys here believe that frame) you can never has a gf that likes to go on a "girls-only" trip? How does that make sense if you're the guy she loves to fuck and fawns over. Why would she jeopardize that?

Bull shit. How can I be expected to go on guys trips with my friends if I bar her from doing it? I've gone to Vegas, visited back home, and done a couple other things with just guy friends. Sometimes I enjoy being alone and out with my boys. She's been understanding of that and even those theres been slight insecurities that seem to bubble up (never a fight or anything, but i can tell she would rather me stay than go, obviously) I've always gone on them because she's known that i WILL and idgaf whether she cares or not so she might as well just accept it.

In the same sense how would I rationalize holding her back when she wont do it to me? Sorry but I've been extremely confused by this trp view. That view is a double standard or, if its not, then don't plan on going on any "guys only trips" unless you're a hypocritical asshole. Fuck that. I like my guys only trips.

Edit: As I've mentioned, I've been more disturbed about the fact that she felt like she had to get permission to go on this trip by bringing it up to me as a "spur of the moment opportunity" rather than just fucking saying that she wanted to go on it and was planning it. Had that been the case, yeah I'm sure maybe my insecurities would have come out, but in the end, rationally, since I've done plenty of guys trips myself I could probably come around to letting it happen. She was probably scared of me getting mad at her for wanting to plan this so decide to play it like this so if I wasn't happy for her and her "opportunity" i'd be being "selfish"... unfortunately for her she left her laptop open scanning for flights and here's where we are.

IF, on the other hand, she'll never admit that she was planning this trip and was afraid to bring it up... then Im fucking over it and she can take her stuff and hand over the key.

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[deleted] • 3 points • 27 June, 2016 06:54 PM

Just read rollos post on GNO. I'm not here to argue. You asked, you have your answer. Good luck

trp-throwaway-vacay[S] • 1 point • 27 June, 2016 06:55 PM

Thanks. I'll search for it.

trp-throwaway-vacay[S] • 1 point • 27 June, 2016 07:09 PM
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<u>www.TheRedArchive.com</u> Page 6 of 15

I read the post you were talking about (8/27/2012 TRM blog?) From the post -

"The girl still wants to go to Vegas even if her man were to give her an ultimatum, and in addition he comes off as an optionless, possessive chump. I realize the idea is that if he's uncompromising and she magically respects him she'll develop a real interest level in him because he put his foot down as a "real man", but the damage is still done. Her desire isn't for him, it's for Vegas, even if she says "OK honey, you win". It's not genuine."

This is what I was getting at. Sorry for sounding confrontational but I just don't understand it. How can you make demands about your girl not going on a GNO without seeming (or actually being) insecure.

[deleted] • 3 points • 27 June, 2016 07:15 PM

it's not a demand, you can't tell her what to do, how to act. She wouldn't listen to you anyways.

All you can do is lay our your boundaries, what you will, and won't accept in a relationship. After that, you have to enforce them, or it's just whining.

In my case that was discussed, it was the SO taking some work girls with her to Cabo. I could hamster all kinds of legitimate reasons. she was born there, etc. etc.

End of the day, it's not something that made me comfortable, simply said, as I put in my post. "I don't see it as appropriate for someone to go to Cabo in the summer with her single friends" and left it at that. No talk, no justification. She was welcome to do whatever. In my case, a lot of the guys here rightfully said there was 0 in the way of red flags in context. Gives me her phone if I need it with no hesitation, no hiding of things, perfectly happy...

Had it been like I read in that post, with all kinds of red flags... I would assume it's not just something that she 'kind of sort of' wanted to do, but a genuine attempt to get cucked, the reaction would have been different.

If you don't want to sound insecure, don't tell her what to do, and don't be buttmad over it. Think of it like she drank your favourite scotch at home. Would you live if she did? of course. Do you want someone in your house to chug a \$80 bottle of it for fun on a weekend? Not really.

that help?

trp-throwaway-vacay[S] • 1 point • 27 June, 2016 07:31 PM

It did actually, and I'm glad I asked you for more about it. It may be something I have to put out there as well. Thanks.

druganswer2 points 27 June, 2016 08:06 PM* [recovered]

Well, one thing you're doing is assuming that guys and girls are equal. I don't meant that to be sexist, but in the terms of going and blacking out in Vegas etc. a guy for the most part just has to not try to pull a chick. And maybe if some chick that happens to be hot enough to meet his standards goes 100% on trying to pull him he has to fight the urge.

A female doing the same thing has a totally different experience. Oh, she's with 4 of her single slut friends? Well then they're definitely going to be sitting at a table. Paid for by? A group of

<u>www.TheRedArchive.com</u> Page 7 of 15

guys actively trying to get them drunk and fuck them. Oh, one of them has drugs/alcohol/a sick penthouse suite? Guess who just got peer pressured to go back to the room and keep partying? Your GF. "Just take a pill!" "Just snort a line!" "We won't tell your bf! If he would be mad about this he's controlling anyway." The seed has been planted. How hard do you think the most angelic girl is going to be to pull in this situation? This is how easy it is for it to "just happen." It's not insecurity or even a lack of trust, it's just reality. Welcome to the red pill. This is one of the main reasons I said that your girl not drinking is a green flag.

If you don't believe the above to be true then yeah I guess it is a double standard and it makes you a hypocritical asshole. So, if that's how you feel, don't hold your girl to that standard.

Stay in your frame and don't worry about what your girl, her best friend nancy, the world, etc. is going to think. Be your own judge.

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trp-throwaway-vacay[S] • 1 point • 27 June, 2016 08:10 PM
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Yep. And what seems like almost every time we're out at a club together if I go to the bathroom and she's waiting outside when I come back some guy is hitting her up or just tried to lol. It's just the way the world works in terms of "who approaches who" when out in the nightlife. Thanks for the insight I've had this thought before but for some reason it didn't come up when thinking about this.

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Chump No More • 1 point • 27 June, 2016 09:10 PM
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I will take what /u/druganswer said one step further.

Men & women are not equal, shouldn't be treated as such, and I could care less if it's considered sexist.

Men & women have very different biological imperatives and hormonal responses. As we all know, women love very differently and women respond very differently to oxytocin.

The playing field is not level and there is much more at stake for a man with regards to monogamy. As a result, women should and must be held to a higher standard in order to be rewarded with a man's commitment.

You can set boundaries and you can state expectations with your GF, and that's as far as it goes, but if she goes on this trip there will be consequences for her behavior... she will *never* be 'wifed up'. Stay in a LTR with her until something better comes along, demote her to being a plate, or ghost her with zero explanation and ZFG, but *never* marry her. She failed the 'Wife Test'.

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trp-throwaway-vacay[S] • 1 point • 27 June, 2016 09:14 PM
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I have felt that way about the "wife test" for maybe a year or so now (based on red flags before this) but have never been sure how to handle it. Do you or anyone else have any readings or posts for this type of "talk" it's been bothering me because I feel it's coming as she approaches her mid-twenties, her friends all start getting married, and I get asked where I see this going as I approach my 30's...

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Chump_No_More • 2 points • 27 June, 2016 09:20 PM
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LOL, it's funny that you ask this because Ian Ironwood's 'Wife Test' series of blog posts will give you the answers you need.

Here, I did the hard work so you don't have to...

<u>www.TheRedArchive.com</u> Page 8 of 15

An Introduction

Attractiveness

Intelligent Women Pick Winners

Loyalty

Red Pill Alerts

These are absolute gold, read every one of them. They will literally save your life. They may also provide some context to your particular situation.

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trp-throwaway-vacay[S] • 1 point • 27 June, 2016 09:23 PM I will read every word. Thanks a lot man.
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[deleted] • 1 point • 27 June, 2016 07:05 PM

I understand that you are trying to be fair with the whole vacation thing. She should have just brought it up. Asked your thoughts, etc.

Did you go to Vegas with "Bad influence "guys (guys that would lead you to a bad place by association) I doubt it.

Oh, and the whole sickly thing-- stay away. She will be to tired to fuck YOU relatively quickly after any kind of commitment.

trp-throwaway-vacay[S] • 1 point • 27 June, 2016 07:12 PM

- 1. Yes agree, she should have brought it up.
- 2. Ummmmmmm.... yes probably. One of them was also in LTR so that did help.
- 3. I consider that in terms of thinking of getting married. It scares me for sure. But we have been in a "commitment" (over 4 years of LTR). Sex has never slowed down even when sick or after she got surgery she expressed how much she wanted to get back into it for the whole 2 months she was out of comission.

Appreciate the comments.

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[deleted] • 1 point • 27 June, 2016 07:19 PM
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of LTR). Sex has never slowed down even when sick or after she got surgery she expressed how much she wanted to get back into it for the whole 2 months she was out of comission.

3- it will

[deleted] • 1 point • 27 June, 2016 07:10 PM

Simply put - more women tend to have "accidents" where they just "happened" to meet someone and ooops.

trust your woman, don't trust your woman, the results are on YOU.

SexistFlyingPig • 0 points • 28 June, 2016 01:59 AM

How can I be expected to go on guys trips with my friends if I bar her from doing it?

www.TheRedArchive.com Page 9 of 15

You can't. You can't bar her from doing anything. You can only control you. You can't control her.

You know she's going to sleep with this guy. It's what she wants to do. You can't say anything to convince her otherwise. Confronting her will just make her lie and cheat, instead of just cheating.

You can choose to do whatever you want to do, but you can't change her behavior. You can be okay with her behavior. You can lie to yourself about her behavior and make excuses for it in your own mind. Or you can decide that you deserve better and move her stuff into storage while she's gone. Text her and let her know that the relationship is over if you want to, if that will somehow give you closure. But the relationship is over. Time that you used to spend with your girl is now time that you're going to spend at the gym.

After you've given yourself time to get over her, you'll find someone new and better and you'll be a happier man for it.

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KyfhoMyoba • 1 point • 4 July, 2016 01:02 AM

You know the phrase "going ghost?" You are in the wind, bro. Gone, never to be seen again.

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[deleted] • 6 points • 27 June, 2016 07:31 PM*

Your recounting of her delivery and revelation to you about this 'amazeballs-trip-opportunity with my slutty friend that ends up near where a higher branch lives" speaks volumes.

So do you with trying to generalize and apply "healthy relationships can do x" hamster. Fuck that.

We're not biologically the same. We don't same-sex friend vacation the same.

Your gut is telling you something. Your brain is rationalizing why your gut is wrong.

When you have to take this many bullet points to try to rationalize why not vs. the ONE unspoken why wouldn't she... come on.

She's bucking for a demotion.

Girl in mid twenties, myself in late twenties.

Plate.

This isn't about holding her back. This is about you losing your SMV to a point where she does this. Plans this ahead of time and lies-by-omission with the sale on the trip.

IF, on the other hand, she'll never admit that she was planning this trip and was afraid to bring it up... then Im fucking over it and she can take her stuff and hand over the key.

So she's already sending up red flags and failed an honesty test and you what... just need one more test to confirm?

Another flag: Extremely insecure about other "girl" friends I might have.

Regular insecure=ok, extremely insecure and it indicates projection.

Sketchy about phone. Turning it on permanent silent when shes around me. Always having it facing the other way depending on what side I'm on from her. Turning to face me when texting so I cant see the screen. Hiding it when she goes to shower. Etc.

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www.TheRedArchive.com Page 10 of 15

Sketchy social media activity. Snapchat friends with a bunch of dudes.

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Not a lot of girlfriends. Seems to have trouble keeping them. Connects well with slutty girls. Her "best friends" are pretty much whores.

You trolling us, right? You know this is all textbook "Things a cucked guy notices too late"

And the kicker

one of the times her mom called me up and started crying

Who knows her better. Who knows what she's really up to. Why would a sane mother, vested in wanting grand-kids, have this reaction unless she likes you and thinks you're a good potential lifetime provider for her daughter. And knows that her daughter is repeating some pattern recognizable enough to send her to tears.

You're late 20's, why are you so invested in her other than sunk cost?

Why do I know so much about her?

Fuck it. Don't get mad... get happy, you're about to be able to upgrade as well. Stop fighting it. Listen to your gut. Prepare her an exit. Watch her fly off down the runway. Some girls just aren't relationship material. Maybe she tried to be, maybe you thought she could be. Maybe she's just good for rotating fun and A LOT LESS emotional commitment and investment.

Although you don't have to just drop her.

Just be a man of mystery and that you're reevaluating a lot of your life choices and have decided that things would be better if you two stop living together (if you were? Sorry I wasn't clear on that. If not then just "so much time together" (which is why all her shit is at her moms). You'll be in touch. Give it until she contacts you. If she doesn't, then she wanted out anyway.

If she's blowing up your phone after a day or so. (still let it go a day or so after) Then you meet up for a date. MAINTAIN ALOOFNESS, CRYPTIC-NESS. Be upfront that you're going to start dating other people. You'd like to still hang out with her, but you understand if that's not something she could do.

If she contacts you again you're still aloof, but more interested in showing her a good time and having some fun. So you go out to a club. You close the deal. You send her home again.

Sow the fucking seeds. Watch them sprout. Play the field. Get better options. LOTS of guys, who have resolve and try, can bump a girl back to plate.

My dating mantra also was that no girl under 26 was any type of ltr candidate anyway. No wall...no end to the partying and upheaval.

Final blurb emphasis:

In general: if your aloofness is getting some reaction, then let it do it's thing. STFU.

For some reason I sense you undercut your own dread a lot. To make her feel more at ease. A girl too much at ease gets bored and has time for all these shenanigans.

trp-throwaway-vacay[S] • 3 points • 27 June, 2016 07:44 PM

Thanks. Thanks. Thanks.

You're the first one to touch on the mother crying thing. That always weirded me out and it makes more sense with your comment on it... I've absolutely shown both her and her mother I'd be an AMAZING provider (stable job - I get promoted fast at work and bosses love me, good education (halfway through mba now), doing thoughtful things for her (flowers, all that kind of shit), vacations paid for, etc.). We were

www.TheRedArchive.com Page 11 of 15

already fucking like rabbits before I showed her any of this and became and LTR. Her mom went through a divorce when gf was 16. Don't think I mentioned that it adds some added perspective.

We don't live together (good thing) she just has some minor bathroom stuff over my place. We have lived together in the past. Don't want to get into details.

You could say I "plated her" during our pseudo breakup between around thanksgiving of last year and mid february. Did it all wrong (communicating with her daily, etc.) really set no boundries on that and we just ended up back together. I didn't take advantage of it either and didn't go looking for anything else. Yep, I'm mad at myself for it. I hadnt discovered TRP back then.

Thanks again for the comments. Really good stuff.

Chump_No_More • 3 points • 27 June, 2016 09:47 PM

Young man, you are getting gold from /u/Countpudyoola and others too many to mention.

Another thing that strikes me by reading your 'personal cliff notes' is that you have an air of 'Good Guy' about you, not to be confused with Nice Guy (tm).

You have a list there which screams for validation as to why you're a 'good catch' for this woman and why she should be loyal, appreciative, and aroused by you.

You're still very steeped in your blue-pilled narrative of how the world works and it will be your downfall and lead you to misery.

I know we're loading you down with reading material but you have a lot of catching up to do.

Here's another... The Myth of the 'Good Guy'

From the post, this is the money quote to where your narrative must become...

There is no Alpha with a side of Beta, there is only the man who's genuine concern is first for himself, the man who prepares and provisions for himself, the man who maintains Frame to the point of arrogance because that's who he is and what he genuinely merits. There is only the Man who improves his circumstance for his own benefit, and then, by association and merit, the benefit of those whom he loves and befriends.

That's the Man who Just Gets It.

[deleted] • 3 points • 27 June, 2016 04:18 PM

Save yourself. Bail. You already know nothing good is going to come of this. You listed 9 red flags. How many does it take? You don't need some cinematic break up. Just get your shit together and tell her so long.

trp-throwaway-vacay[S] • 2 points • 27 June, 2016 06:30 PM

Thanks, I appreciate the advice.

[deleted] • 1 point • 27 June, 2016 06:40 PM

I don't give that advice blithely like I'm suggesting that it's akin to tossing out a pair of shoes. Look, you are a young guy and from your narrative you have a lot going for you and the potential for even higher achievement. Just the things that you mentioned about her (despite the steady sex and fawning on you etc..) are problematic. Believe me I get that social media is the third leg that makes every relationship a love triangle for your generation. You can talk yourself into and out of just about anything if you try hard enough.

Also, I am a big proponent of separate vacations and interests but you yourself said that her friends are

www.TheRedArchive.com Page 12 of 15

basically whores. Not the ideal kind of travel companions that you'd want for your GF are they? (Cuz who misses a slice off a cut loaf right lol)

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trp-throwaway-vacay[S] • 1 point • 27 June, 2016 06:55 PM
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I appreciate it. And really when I say thanks and everything (to everyone I responded to) I really do read and consider all of your advice. It means a lot to get that from everyone on here because everyone who even takes the time out of their day to comment or post, on my stupid situation, is helping me out or at least giving me different perspectives than racking my own head for hours.

The social media sucks. The way my generation has been raised dependent on social validation fucking sucks. But it also has it's merits if you want to fuck a lot of chicks (and are single). Whether things work out or not, it'd take a lot for me to get back into another LTR.

Anyway, no, not ideal travel companions. And I guess I don't know enough about her newish family friend to really call her a whore... but I will bring up the fact that my gf has called her a "slut" (her words not mine) and "goes through guys like water" (her words not mine). She'll shoot back at me that some of my friends I go on guys trips on are "players, single, and fuck different girls all the time" (true) and I wont have much to say back at that lol.

Either way I pretty much know nothing about breaking up, if that's what I need to do. I worry about the fallout. It could be an irrational worry. Any resources you could point me towards on breaking up without your life imploding, I would appreciate.

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mrp_throwaway • 2 points • 27 June, 2016 07:50 PM*
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Advice for breaking up and not imploding? Tell her you're done, separate your stuff, stop living together and stop talking to each other. Spend your extra time and money on things you like. It's simple if you aren't married and don't have kids. Don't over think it.

Also it's not the vacation that's the problem it's all the rest of the context you put around it. That context applies to everything she does, not just going on a vacation. The reason you should leave her is because she's a sketchy girlfriend, not because she's going on vacation.

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Chump_No_More • 1 point • 27 June, 2016 07:26 PM
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As an 'old guy' who has some experience in this... In all cases, your life will implode only because you allow it to.

Self-love, self-respect, Frame, abundance mentality... these are all choices, they all require mindful intent and a force of will. You do what is right for *you* because nothing less will suffice. And they're all inter-twined... you can't have one without the others.

And you, yourself, admit that you have problems with abundance... You've been weighed, measured, and found wanting.

Your course is clear and your resources can be found on the Sidebar.

Simpsondimsum • 2 points • 27 June, 2016 03:23 PM

She has a high N count, a weak immune system and you fuck her without a condom? Get tested.

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trp-throwaway-vacay[S] • -2 points • 27 June, 2016 06:30 PM
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We've been together for 4.5 years my dick hasnt fallen off yet.

blarggggggggg • 2 points • 27 June, 2016 06:13 PM

www.TheRedArchive.com Page 13 of 15

The first step towards unhealthy Nice-Guy style codependency is not trusting your gut, trying to spin a narrative to yourself that your feelings are wrong because of X and Y, because you are afraid of conflict, change or being alone

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trp-throwaway-vacay[S] • 1 point • 27 June, 2016 06:29 PM
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I agree with that. I confuse myself at times not knowing if my gut is right or if I'm being insecure. Appreciate the comment.

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[deleted] • 2 points • 27 June, 2016 11:39 PM
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Keep her. Buy her nice stuff. She will make a great soccer mom someday.

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screechhater • 2 points • 28 June, 2016 04:30 AM*
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She is not high quality by your description and you are waisting your time. Her high output of sex is about control of you. Put a ring on her and you are fucked.

I bet she cries and then states you are it doing enough to please her sexually, like oral.

Next.

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fuckmrp • 1 point • 27 June, 2016 07:53 PM
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She's lying and trying manipulate your perception of events. Do you really need to find her with a cock in her mouth to prove she is low value?

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[deleted] • 1 point • 28 June, 2016 12:00 AM
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lol if you have to think this hard dude shes cheating, if not shes causing you enough emotional distress, just peace out. what the fuck is wrong with you. you sound like you're losing your mind.

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SexistFlyingPig • 1 point • 28 June, 2016 01:06 AM
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You can't mate-guard. It will just make her lie and cheat on you, instead of just cheating on you.

You only have power over you. You don't have power over her. She can do whatever she wants to do, and you can decide what you are going to do.

Given that, do you want to stay with her if she's fucking other guys, or do you want to find someone else?

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WhiteTrashKiller • 0 points • 28 June, 2016 03:47 PM
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I don't believe in the next, no contact at the drop of a hat. Communication is key here. You need to let her know that you knew she has been planning this trip for a while. She deliberately chose to deceive you by lying about it.

That being said, this type of behavior is not something you'd want from an LTR. You know her plans for the trip, the people she is going with and you are completely ok with it. Tell her you want her to have a guilt free conscience during her vacation so you are ending your relationship. Accept no rebuttle, she has given you the road map as to what is going to happen.

Young man, make no mistake as to what will happen. She will slip, trip or fall on this guys dick. She may be devious enough to hide it forever, she may trickle truth you if guilt sets in, obvously drinking will be the cause(since she doesn't drink).

You don't get more Alpha than a DI or DS. Especially since you only see them at their peaks, not at home when they are all bitched up with their fat harpy hambeasts......

She is not LTR material, if my SO even hinted at this she would be gone and she knows it & I have so much more invested than you......

www.TheRedArchive.com Page 14 of 15

Good Luck

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www.TheRedArchive.com Page 15 of 15