

# Do you guys have dreams with other women? Should I be worried about it?

0 upvotes | 19 February, 2016 | by IASGame

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It may be a bit off-topic but I think it is a good place to ask.

I sometimes wake up and still remember having dreams with other women, where there is some interaction that is close to or beyond the border of being platonic. Hand holding is a frequent example (and demonstrates my adolescent social skill set, even in dreams)

<http://therationalmale.com/2012/07/09/the-adolescent-social-skill-set/>

I used to get these for a woman I have had kind of platonic oneitis for (at the same time I had/have oneitis for my wife), but to my relief it stopped after I learned about Red Pill.

Now I got one just yesterday for a different woman that I interact with in my sports club, which is slightly worrying. Am I catching oneitis for her?

Suggestions, or should I not worry about it?

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Archived from [theredarchive.com](http://theredarchive.com)

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## Comments

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[deleted] • 7 points • 19 February, 2016 12:24 PM

Dude, I don't think you're being honest with yourself **or** us.

You're thinking of this chick during the day, your fantasizing about this chick and possibly beating off to her. Maybe I'm way off target here, but it seems this chick is on your mind a lot and it is transferring to your sleep. The issue here, you're letting your mind wander outside of reality, to a place where you won't get rejected and you're 'the man'. What's the point of that?

As men we think about sex all the time. I've thought of fucking my wife, the waitress from a few nights ago, and Shakira all before lunch. The difference between you and I is I'm not posting about it, worrying about it, or thinking it 'means' something - because it doesn't.

What am I doing? Fucking my wife like a champ and living my life. there is no need to worry about your dreams or to waste any more time wondering if it's a 'sign' you should initiate with this woman.

You need to stop looking at these women and fantasizing about the life the two of you could create together.

IASGame[S] • 1 point • 19 February, 2016 09:21 PM

I don't know what counts for being on my mind a lot, possibly so with this recent instance, certainly so for the previous case which was probably oneitis to some extent.

*Consciously...* I find them attractive and pretty, but beyond that I don't think about them sexually on a deeper level, and I believe I'm being honest here. Which is probably why the dreams are about hand holding and similar stuff rather than wet dreams.

*Subconsciously...* Who knows. Which is why I worried about this, furthermore I dream about with women I know, unlike you. I have very little experience so I wanted to ground myself in the realities of others.

[deleted] • 7 points • 19 February, 2016 02:25 PM

want a hug?

[deleted] • 3 points • 19 February, 2016 11:48 AM

Romeo-"I dreamt a dream tonight."

Mercutio-"So did I."

Romeo -"Well, what was yours?"

Mercutio - "That dreamers often lie."

Unless your dreams are rage fueled, violent, and happen every night I don't think you need to give them another thought.

[deleted] • 3 points • 19 February, 2016 12:02 PM

I've had dreams about the same woman every night for the past couple of nights. Don't read too much into it. It's what you do while you're awake that matters. Freud said, "Sometimes a cigar is just a cigar."

[deleted] • 2 points • 19 February, 2016 12:26 PM

Ha! There you have it. Art and science. You're a doctor, I'm an attorney.

Trekneck • 2 points • 19 February, 2016 12:37 PM

Going to have to agree with /u/TrainingTheBrain here, you're likely leaving out some info and have been focusing on this woman to the point that she's showing up in your dreams.

The bigger concern here though, is that your rattled so badly by your dreams. What it sounds like is that you're beginning to have thoughts of other women, and that the veil of reality is sinking in, you're realizing there are other options out there and you're not sure how to handle it.

Dreams are just dreams. A few nights ago I dreamt of a threesome with some girls I knew over a decade ago. The night after that I dreamt I was working for Pablo Escobar, after binge watching Narcos... Neither of these has taken my focus off of reality or my pursuits (although I am slightly concerned over what it'd be like to wind up in jail now). Abundance exists for me should I want it. The options are there, I recognize it and it's not something that distracts me. This seems less of a sign of oneitis for your new found crush, and more of a sign of oneitis for your wife in that you're afraid of developing an abundance mentality. To the point that dreams of other women are an issue for you.

Men think about sex all the time. We think about girls we'd like to have sex with all the time. It's when you let these dreams become a distraction from daily life that they become a problem. Unless you intend to take action and plate one of these women, you need to stop allowing yourself to disconnect from reality and fantasize about these women, it will ultimately prove to be a problem.

[deleted] • 2 points • 20 February, 2016 11:54 PM

I'm going to give you the benefit of the doubt just because this is askmrp and not mrp, and not berate you for how childish this post sounds. So here's the fluffy answer.

It's a dream, it doesn't mean anything with respect to your current reality. Any feelings you or her have in that dream are not the feelings you or her have in real life.

Do you have oneitis for her? How are we supposed to tell from that limited amount of information? It's like having an addiction...if thoughts you're having (when you're awake) are interfering with your normal life, yeah you probably do have it.

Should you be worried? What is your current plan. If you're looking to spin plates then getting her spinning would be a challenge to meet so that wouldn't be worry. If not, can you not control yourself? If your willpower is at a level where you should worry that a woman is derailing your MAP, then yeah you should worry...but not about her...about yourself and how you lost your way.

Go dunk your face in ice water and wake up for real. Get a hold of yourself because with all this Disney handholding and debating what dreams with another woman mean it sounds like even if you did make a move you would likely make a fool of yourself.

[deleted] • 1 point • 20 February, 2016 04:52 AM

I have often, HALF ASLEEP, started making out with my wife while in bed, fully dreaming it is another woman. I wake up at some point and realize it is my wife.

Thank god I don't talk in my sleep.

mediamole • 1 point • 1 March, 2016 11:57 PM

Dude, it's a dream.

I once dreamed I banged Hillary Clinton and *trust me* that was not something I had fantasized about. Ever.